

# On Top of the World NEWS

Where the News is Always Good

R/C Flyers present their  
annual Fly-In.  
See Page 16.



Vol. 19, No. 4 • November 2005



Photo by Larry Resnick

## Rags to Riches Sale

Does this hat suit me? Shoppers galore turned out for the semi-annual Rags to Riches sale on Oct. 19 in the Health & Recreation Ballroom.

## Medicare Expert to Give Talk on New Prescription Coverage

By ADELA ANDERSON

Last January, Dr. Tom Kickham came from Washington, D.C., to On Top of the World to speak about the new changes in Medicare. We will be having Dr. Kickham come again on Thursday, Dec. 1, to speak about Medicare's Prescription Drug Coverage.

Thomas M. Kickham, Ph.D., is director of the Beneficiary Services and Partnership Group, a division of the U.S. Department of Health and Human Services.

His topic will be: "A Conversation On Medicare's Prescription Drug Coverage: What Are The Facts, What's Covered, And How Do I Choose A Plan."

He will speak from 10:30 a.m. to 12:30 p.m. on Thursday, Dec. 1, in the Health & Recreation Ballroom. Dr. Kickham wants to help residents make the right choices regarding enrollment in Medicare's new prescription drug coverage. The coverage will begin on Jan. 1. Time will be left open to answer attendee's questions.

Please call the Activities Office in the H&R Center to sign-up: 854-8707.

Dr. Kickham is the director of Beneficiary Services and Partnership Group in the Centers for Medicare & Medicaid Services (CMS), the U.S. federal agency that administers the Medicare program, and together with state governments oversees the Medicaid program.

Dr. Kickham's group is the focal point within CMS that provides information and assistance services to 41 million Medicare beneficiaries either directly or in partnership with other public and private organizations and agencies. He is responsible for coordinating community-based outreach and education to the persons with Medicare including those who may have difficulty obtaining information from Medicare on language, literacy, location, or culture. In addition, Dr. Kickham leads the agency efforts in developing and implementing in-person and web-based training programs on Medicare and related issues for partners and information intermediaries who assist beneficiaries.

Dr. Kickham is the son-in-law of our residents, Eleanor and Walter Krowka. ☺

## Quilted by Hand

Photo by Larry Resnick

Marcy Askenase shows off the On Top of the World Stitch Witches Raffle Quilt. The queen-size quilt was hand-appliqued and hand-quilted by various members of the group. Raffle tickets are \$1 each and may be obtained from any member of the club or call Betty Pettit at 854-8076. The quilt will be raffled on December 6. Profits will go to the group's Charity Relief Fund.



## Community News & Update

By Kenneth Colen  
Publisher

November usually means that most of our "snowbirds" are back at On Top of the World. We are glad to see them back with us and hope they had a good summer with family and friends up north. We are also glad that fall weather is upon us with warm afternoons and cooler nights.

**Invasive Plants:** If you are considering adding to or changing landscaping, please check the www.OTOW-info.com Web site for a revised listing of approved plant selection options. The palette is very broad and brings in a great deal of color, but is also focused on native plants or plants known to be drought tolerant and cold hardy.

If a plant isn't on the list, there is a very good reason it was omitted. In some cases it is because a plant is known not to be vigorous enough to thrive in our Central Florida environment. In other cases, some shrub or tree species are known to be invasive. Plants that are invasive have no natural enemies to limit their growth and prevent them from running wild over native species and altering the habitat.

Invasive exotic species are plants introduced into an area either purposefully or accidentally. Indigenous pests and weather conditions (drought, cold) help keep native plants in check by not allowing them to out-compete and displace other native species. Invasive exotic species interrupt and out compete the native plant species by either not having any native pests or not being influenced by local climates.

The Florida Exotic Plant Pest Council has produced a Web site containing plants that are considered invasive exotics and should be reviewed prior

to making any landscape modifications. The Web site is [www.fleppc.org](http://www.fleppc.org).

This Web site lists category I and category II invasive plants. Category I invasive plants are plants that have been found to be altering native plant communities throughout Florida and also wreaking havoc on the ecological systems surrounding those plant communities. Category II invasive species are plant species that have increased in abundance but have not yet been found to alter Florida ecosystems. These plants are reviewed yearly by the Florida Exotic Plant Pest Council and can be placed on the Florida Invasive Exotic Species list at any time. Here at On Top of the World Communities, Inc. we employ good stewardship practices by not allowing the planting of these invasive plants.

One such invasive species is the "Golden Rain Tree" *koelreuteria elegans*. Besides growing out of control vertically and spreading like a weed, the roots can interfere with plumbing and building foundations causing substantial damage. Also the fruit produced by this tree has been found to be highly reproductive and damaging to near by roofs. If you are contemplating planting this beast, don't! If you have one, it should be removed and the stump should be chemically treated to prevent re-growth.

**DEVELOPMENT UPDATE:** In the next 60 days, we hope to begin construction on the new neighborhood of Windsor in the Colonnades area. Specifically, this neighborhood is south of Southwest 94th Street and north of the Links golf course. It is bounded on the

➤ Continued on Page 5



Photo by Lynn Peithman Stock

## Candler Hills' First Residents

Tom and Joan Smith and their real estate agent, Vaughan Atkins, get ready to enter the Smiths' new Candler Hills home.



## On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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### From the Pressroom

By Lynn Peithman Stock  
Editor

Quick—if you forward this e-mail, Bill Gates and Microsoft will give away cash.

Penny Brown, a sweet auburn haired 9-year-old girl, is missing.

Add your first name to this list for a teacher's daughter's science fair project.

If you have e-mail, you've probably encountered one or all of these. And each one is on the top 25 false e-mail urban legends on the Web site, Snopes.com.

And now there's an e-mail circulating that a common cleaning agent is causing liver damage in pets. I even received a note from a resident with the e-mail printed out, suggesting that we print it in the *World News*.

Yes, I agree that such news should be shared—but only if it were true. As a journalist, I am skeptical about everything I read, especially forwarded e-mails. I was trained in journalism school to get at least three sources for every story. (My husband, a TV investigative journalist, is the same way; I tease him that he had to have three confirmed sources before he believed me when I said, "I love you.")

This latest "urban legend" contends that a neighbor's 5-year-old German Shepherd was put down because of liver failure. The dog was kept inside, so the neighbor went through all of the items in the house. "When he got to the Swiffer WetJet, he noticed, in very tiny print, a warning which stated 'may

be harmful to small children and animals.' " The neighbor claims to have learned from the Swiffer company that one of the contents in the cleaning agent is antifreeze. He concluded that the dog walked on the floor, licked its paws and ingested enough of the solution to destroy its liver.

Whenever I receive a forwarded e-mail such as this that I am dubious about, I check its veracity at [www.snopes.com](http://www.snopes.com). This is the grandfather of urban legend-busting. This Web site's authors take care to research such an e-mail's origin as well as its truth. The authors also check with those in the know, in this case, the product itself and the corporate office of Procter and Gamble, the manufacturer of Swiffer products.

First, no names are used, thus the story can't be verified through its author. Second, the Web site says, the cleaning solution that Swiffer WetJet contains "is not propylene glycol (the antifreeze agent) itself, but propylene glycol n-propyl ether, an ingredient found in many, many different brands and types of household cleaning products. If this compound truly posed a significant risk of causing fatal liver damage in cats and dogs, we should be hearing about many more pet deaths associated with cleaning products other than the Swiffer WetJet."

If you'd like to read more about the Swiffer WetJet e-mail, visit [www.snopes.com/critters/crusader/swiffer.asp](http://www.snopes.com/critters/crusader/swiffer.asp).

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Monday, November 14th – 9 a.m.-3 p.m.  
Monday, November 21st – 9 a.m.-3 p.m.  
Monday, December 5th – 9 a.m.-3 p.m.  
Tuesday, December 13th – 9 a.m.-3 p.m.  
Monday, December 19th – 9 a.m.-3 p.m.

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**From  
Debbie's Desk**  
Debbie Clark

Oh my goodness, it is November. One more month and it will be Christmas. Where does the time go?

Here at On Top of the World you know where the time goes because you are just so busy it is unbelievable. While I am sitting here typing this article I realize I cannot give you an overview of the Craft Fair/Quilters Show that took place on Oct. 22 or the Halloween Happy Hour that took place on Oct. 28. I will try and give you all a brief synopsis of these two events when I write my December article.

I can report on the Meet the Photographers Reception that was held on Sept. 29. It was a very nice evening. All the photographers were present to explain their work and for those residents who did attend I would like to thank you. Catering by Carmichael's provided the hors d'oeuvres and wonderful pastry trays. All of the photographers were able to sit and discuss their works and mediums. There was even talk of maybe starting a photography club.

On to the month of November: On Saturday, Nov. 5, the R/C Flyers will hold their annual Fly-In out at the Fly-In field, which is past the Arbor Club. The flying for this event begins at 9 a.m. Catering by

Carmichael's will cater breakfast and lunch. I attended this event last year and let me tell you it was very interesting. With all of the different styles and sizes of radio-controlled planes it can prove to be a very enjoyable afternoon.

On Saturday, Nov. 12, your own Dance Committee will have a **Tropical Nights Dance** with music provided by the Northern Sounds Band. The dance is being held in the H&R Ballroom and tickets can be purchased in the Ballroom Mondays, Wednesdays and Fridays.

On Monday, Nov. 14, we will provide you with our monthly trip to the **Seminole Hard Rock Hotel and Casino**. The cost for this is \$35 per person and includes round-trip transportation, \$20 in free play along with a plated lunch. So if you are interested please sign up at the Health & Recreation office Mondays through Fridays.

Nov. 18 and 19, our own On Top of the World **Theatrical Group** will present a play entitled "Playtime." You may purchase your tickets for this event in the ballroom Mondays, Wednesdays and Fridays. Also taking place on Friday, Nov. 18, will be the **Thanksgiving Happy Hour** from 5 to 8 p.m. Also please mark your calendars, there will be **NO HAPPY HOUR** on Friday, Nov. 25, due to the holiday weekend.

Basically that is all that is happening for the month of November. I would like to take this time to inform everyone that the painting of the Health & Recreation building will be happening during November. We are going to try and make this project as painless for the residents as possible. There will be announcements made on Channel 19 with the schedule as to what sections of the building will be painted during specific times. Please keep in mind that when we close an entrance to the building be it the lower level front, the upper level ramp or the back of the building, we are doing this for your own safety and we would hope that you will adhere to these closures, so that the painters can work and be able to finish painting the building in a timely manner. Thank you for your cooperation in this matter. Now let's go out and have some fun. ☺

## Flashback

Compiled by Joe Novatnack

**20 YEARS AGO:** Scheduled for Nov. 24, the Morey Amsterdam Show ... Ken's comments: "On Top of the World is a community unique among retirement communities. What sets us apart is not necessarily the scope of facilities; rather this community has been founded with a philosophy. On Top of the World is committed to active retirement." ... Hobby/Craft Show scheduled for Nov. 17. ... Singles Club Nov. 8 meeting entertained by the Theatre Group with a presentation of "The Apple Tree" or the "Diary of Adam and Eve According to Mark Twain." ... Humor at the Get Acquainted Coffee Nov. 8: One particular lady wanted all to know her name was not Mable, Marge, Martha, Merriane but MARTA. Everyone

understood. So Mr. Wise Guy stood up and said: "O.K. Mary" and the group broke up.

**10 YEARS AGO:** November Profiles Ann Harris, founder of the Theatre Group, who in 1990 rounded up a small cadre of fellow theater buffs and began treading the boards on the On Top of the World stage ... Southern Club covered dish meeting with 61 attendees. ... The On Top of the World Tennis Association tournament played in delightfully cool weather brought out the best efforts of 38 players.

**FIVE YEARS AGO:** Shuffleboard courts sporting a new appearance with a wall installed along the two boundaries that was bordered by vegetation plantings and it now shelters the courts from blowing leaves and other debris. The next undertaking will be resurfacing the courts. ... The On Top of the World Lions Club sponsoring the third Veteran's Day USO Show. The Pretenders putting together an all-star cast. The Lions Club also accepting donations to benefit the Center for the Blind. ... Christmas tree decorating for the season located in the Ballroom and at the Arbor Conference Center. ☺

## Welcome

### to On Top of the World

Kazuko Bauer, 9840-J S.W. 88th Court Road

Allan F. & Annunziata Belden, 8702-E S.W. 93rd Lane

William F. Jr. & Marianne W. Boone, 8682-C S.W. 93rd Place

Jimmy V. & Barbara A. Broadbent, 9065-D S.W. 82nd Terrace

Edward C. & Joyce E. Burk, 8850-B S.W. 97th Street

Bettie J. Bryan, 8365-A S.W. 90th Street

Alice M. Connors, 9529-E S.W. 85th Ave.

Leo D. Coutts, 8868-C S.W. 97th Lane Road

Jesse Cunningham Jr. & Beverly Cunningham, 9585-B S.W. 85th Terrace Road

Dorothy J. Ford, 9758 S.W. 97th Street

James W. & Wilma G. Foreman, 8707-A S.W. 88th Court Road

Loretta A. Frontin, 8653-B S.W. 95th Lane

Jacqueline Goodman, 9729 S.W. 99th Avenue

John A. & Louise W. Green III, 8875-C S.W. 97th Lane Road

Paul & Lynne Hahn, 9025 S.W. 91st Circle

Henry L. & Harriet T. Hawkins, 9208 S.W. 91st Circle

Henry W. & Marlene R. Kaiser, 8854-B S.W. 91st Place

Herbert Klein, 9380-B S.W. 84th Terrace

Bobbie F. & Alice O. McDaniel, 9656 S.W. 92nd Place Road

Elizabeth M. Metz, 9585-E S.W. 85th Terrace Road

Ralph & Bonnie Mills, 9235 S.W. 90th Street

Leland D. & Irene Moran, 9181 S.W. 91st Circle

William J. & Emily Newman, 9368-A S.W. 82nd Terrace

Thomas E. & Marie R. Norwood, 9200 S.W. 92nd Place Road

Paul E. & Isabel D. Oxley, 8794-A S.W. 90th Street

Patricia L. Redeker, Rebecca Redeker & Fern A. Peters, 8801-C S.W. 92nd Street

Joseph C. & Sarah J. Snell, 8560-E S.W. 90th Street

Frances I. Stevens, 9300-C S.W. 85th Terrace

Walter & Gladys L. Telly, 9390 S.W. 90th Street

David H. & Shyvonne D. White, 8831-G S.W. 94th Lane ☺

## Super Bingo!

Attention Bingo Players:

Mark Your Calendar  
Wednesday, November 9

Health & Recreation Ballroom • 6:30 to 9 p.m.

Doors Open At 5 p.m. • (No Cards Sold After 6:15 p.m.)

17 Games \$50 Per Game

3 Jackpots \$250 Per Game

3 Cards For \$5

Maximum Of 3 Cards Per Person

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## LifeSouth Bloodmobile Visits November 7

By DIANA MORGAN

Please plan on giving at the next bloodmobile, which will be from 8 a.m. to 4 p.m. on Monday, Nov. 7.

LifeSouth Bloodmobile will be in the Health & Recreation Building parking lot. Bring your photo ID and donate to help save a life. You will receive valuable cholesterol screening for your gift of life and a thank you gift from LifeSouth.

For information, call LifeSouth at 622-3500 or visit [www.lifesouth.org](http://www.lifesouth.org). ☺

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Photo by Larry Resnick

Girls just want to have fun ... as these ladies did at the Sept. 23 Happy Hour at the Arbor Club.

## On Top of the World Crafters Offer Handmade Treasures

By BETTY THAYER

Every Tuesday from 9 to noon in the Health & Recreation Ballroom a group of talented crafters display and sell their handmade creations. Each of these ladies offers a unique type of crafting. As their ad on channel 19 says "why fight traffic on 200." These crafters bring individualized gifts as close as your golf cart.

This group started more than 10 years ago and usually has from 10 to 12 people displaying their items every Tuesday. Rene Beck invites anyone interested in joining to give her a call at 854-4918.

Dot Tripp makes snowmen pins and tote bags, which are ideal for your workout stuff. Lois Powers is nicknamed the "this and that lady." She has nightlights and wine charms, and for those grandkids, a very unique tooth fairy pillow. She also has a wide variety of stocking stuffers for the holiday season.

Frances Hansen has revived the art of "tattooing" with her doilies, bookmarks and snowflakes. Just picture a very special dinner with those doilies placed under the desert dishes making an elegant statement for guests. Loretta Troutman is the "towel lady." She has towels for every member of the family and for every type of activity. She also has children's books, baby blankets, and (for the men in your life) aprons.

Cheryl Turnbow is an artistic jewelry de-

signer whose creations are breathtaking. She has designed beautiful wearable art out of clay which are truly one of a kind. She also has grandmother bracelets with birthstones and a wide variety of gorgeous pieces. Gail Gero has plants galore, from orchids to houseplants. In addition, Gail has dish and aloe plants. Why make a trip to the nursery when we have Gail? She will give you advice on caring for your orchids even after the sale.

Rene Beck is the "stain-glass queen" and once you've seen her work you'll know why. Rene not only does sun catchers for windows, she can also do windows, lamplights and even side door panels. Rene will do special orders and help with the customization. Grace Hansen makes quilted lap throws, children's quilts, table runners and place mats.

Edna Oplinger grows and presses her own flowers in unique floral pictures. Mary Sparrow shows off her counted cross-stitch items. Jan Kaske displays fine figurine ceramic items.

There is a wide variety of items for sale, a bit of something for everyone. These ladies sell only to On Top of the World and have unbelievable low prices. So if you find yourself in need of some truly unique gifts, visit this wonderfully creative group each Tuesday at the H&R ballroom from 9 a.m. to noon. There's a good chance you will not leave empty handed. ☺

### Decorating Committee Offers Holiday Wreaths

By SHIRLEY SCHOPF

It's almost time for all clubs and organizations to pick up their Christmas wreaths to decorate.

All clubs and organizations at On Top of the World are invited to pick up their wreaths on Wednesday, November 2, and Thursday, November 3. They are to be finished by Friday, November 25.

For further information, please contact Shirley Schopf at 854-0975 or Kay Chandler at 237-3139. ☺

### Community News & Update

By Kenneth Colen  
Publisher

► Continued from Page 1

east by the Health & Recreation complex and on the west by the Arbor Club.

We are very excited about opening this newest neighborhood. Plans will include our Classic and Premier series of homes with both golf course and non-golf sites.

Besides Windsor, another neighborhood in Candler Hills composed of courtyard homes will be opening for sales very soon. These homes have been very well received and the first neighborhood of 80 homes sold out within four months of opening.

**GOLF COURSE UPDATE:** We are moving into the home stretch on selecting a new golf course superintendent. As you may imagine, it takes a very special person to supervise 54 holes of golf. We have been very fortunate and have attracted a very fine field of candidates.

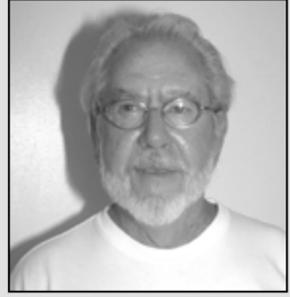
During the interim period, the three assistant superintendents, Juan Lopez, Romauldo Flores and Jim Battista have all done an outstanding job of keeping the courses in top shape and getting ready for the winter. What we do now on the golf courses greatly affects the outcome in the spring as the courses emerge from dormancy. ☺

## Congratulations

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Eva & Leonard Giglio  
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Ed Betts  
Birthday



Pat Betts  
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**Is It Legal?**  
Gerald Colen

**Q.** I have four children but have had no contact with one of them—my oldest son—for more than 20 years. I really don't know why and wish that I did, but by now I have to accept the fact that he does not want to have any contact with me at all for his own reasons. Do I have to leave him anything in my will? I heard that I should leave him at least \$500 dollars.

**A.** The State of Florida does not have what I would refer to as "forced heirship." That is, you are not required to leave anyone anything, with the exception that a spouse has certain rights to property if not relinquished by a valid pre- or post-marital agreement; and minor children also have some rights. So, in the situation as you presented it, you do not have to leave him anything. If you do decide that you will not leave him anything, I would suggest that you have your attorney include language in your will to the effect that you intentionally make no provision for any child or relative other than those persons specifically named in the will.

**Q.** I have two children and I am mad at both of them. I understand that I can cut them out of my will entirely but do I have to leave them my home? My son says that I have no choice and must leave it to him and his sister.

**A.** Your son is not correct. So long as you are not survived by a spouse or minor child you can leave your home to whomever you choose.

**Q.** What do I do if a hurricane is coming? What would you do?

**A.** Well, I don't know about you, but I'd get the heck out of the way. Quickly. But in the event you want to know about what documents you should protect, I would

suggest that you take the latest statement for each bank or stock brokerage account, your durable power of attorney and living will with health surrogate provisions and any other documents that you feel are critical and that you did not bother to put in a safety deposit vault at a bank. Oh, and I'd take a key to your home 'cause you'll need that when you come back.

**Q.** My husband is 73 and I am 68. We are both still working. My husband has been told that we can no longer make contributions to our IRAs since he is over 70-1/2. Is that true?

**A.** It's probably true for him. It's probably not true for you. As a general statement, persons who are not yet 70-1/2 can make contributions to a traditional IRA. Since you are not yet 70-1/2 you can still contribute. If you have a Roth IRA then contributions can be made by persons over 70-1/2.

**Q.** Where do you get the questions for your newspaper column?

**A.** (Note to my readers: This was asked me several years ago. Now, I routinely put this in the paper every now and then in order to let everyone know how I obtain questions.) I get them by regular mail. I get them by e-mail. I get them asked to me by a client or acquaintance and think it's an interesting question and so I put it in the column. And sometimes, something will come up that I think is important enough to be in the column even though no one's asked about it and so I make up a question. If someone emails me or writes to me and I use that question, I always destroy it after I use it and I do that on purpose so that no one ever has to worry that somehow or other someone might find out that he/she wrote to me. A column usually gets printed long after I've written it so truth be told, I, myself, might never know how I got a question once it's been printed.

*Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 - Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World, in Clearwater, Fla. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his Web site at [www.gcolen.com](http://www.gcolen.com). Or e-mail him at [Jerry@gcolen.com](mailto:Jerry@gcolen.com).*



**Republican Club**  
Tony Tortura

Plan on going to the Larry Cretul Holiday Social on Friday, Nov. 11, at 6:30 p.m. in the Arbor Conference Center. Tickets are \$13 per person and seating is reserved. Dinner will be served promptly at 7 p.m.

Pat Gabriel, president of the SR 200 Coalition, will address the club at the December meeting. Pat keeps a close eye on the growth and potential growth along and around the 200 corridor.

Attorney Michael Takac has been invited to speak at the January meeting. More information to come in the future.

Early in my formal education, I learned that there are three independent branches of our government. These are the administration (president, White House staff), legislature (Senate and House of Representatives) and judicial (Supreme Court,

Justice Department). Each branch has specific duties, authority and responsibility unique to that branch and distinct from the others. While the administration and legislative branches are subject to election by the citizens, the judicial branch (Supreme Court) is subject to nomination by the president and confirmation by the Senate. It is a very simple and fair system that has protected the stability of our government for more than 200 years. Understanding the basics, the question must be asked "Why all the fuss over Harriet Miers?" A near perfect nominee for the Supreme Court is a person who has an extensive knowledge of constitutional law, who has experience in the business of government and who has not declared a position on any legal matter that might come to the court's attention. Harriet Miers meets that criteria. Several Senators are reluctant to accept Miers because they do not have control if they do not know her inner thoughts. They want a Supreme Court Justice who will be a "yes" person to their ideals. Doesn't that betray the idea of three distinct branches of government? One branch should never control any other branch.

The confirmation process is designed to insure the qualifications of the nominee. It was put in place to introduce the nominee to the Congress and the public and to allow time for possible disclosure of any disqualifying facts to be made known. It was not intended to determine the nominee's political ideology or religious beliefs.

Harriet Miers is qualified to serve on the Supreme Court, has been properly nominated, and, assuming a successful confirmation process, should be approved by the Senate to be seated on the Supreme Court. ☺



**Democratic Club**  
Lee Wittmer

Please mark your calendars twice—first, for the On Top of the World Democratic Club general meeting on Tuesday, Nov. 15, in Suites E and F of the Arbor Conference Center.

We will begin the evening with an ice cream social at 6 p.m. for all members and guests who have an interest in becoming a member. Our speaker will be Sue Lyon who will speak to us about the Patriot Act.

Secondly, the Marion County Democratic Executive Committee will hold a Fall Fundraising Dinner with the theme entitled "As We Celebrate the Individual." It will be held on Saturday, Nov. 19, from 6 to 10 p.m. at the Ocala Shrine Club on Maricamp Road. Honored Democrats will speak and there will be a silent auction, 50/50 raffle, other surprises and a special "one of a kind award." For more information please contact Eugenie Martin at 854-8589 or call the Marion County Democratic office at 407-9494.

Again we are pleased to report that for the second month in a row we had several folks who attended our meeting and became new members of the On Top of the World Democratic Club. Come and look us over. It's a good place to say what you think and learn about the issues that concern all of us.

The United States Constitution provides that every citizen shall have the right to vote. Since we have a government of the people for the people and by the people it is intended that every citizen's ballot have the same force and effect.

Gerrymandering is the dividing of a voting area to give one political party a majority in as many districts as possible. When in power, it has been a practice of both major parties.

The result of such activity is that there is no value to the ballots of many voters. We may have an opportunity to correct this situation. Hopefully, it will be on the ballot in the forthcoming election. If you agree that this proposed amendment is necessary then the first matter of business is to obtain signatures of a sufficient number of voters to be on the ballot. Secondly, do everything you can to obtain enough votes for its passage.

Proud to be a Democrat! ☺

#### World News on the Web:

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4	Primary Care Physician Name: _____ Phone: _____
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**Computer Club**  
Sherry Surdam

In October, the Central Computer Club held its annual breakfast. Those of us attending enjoyed a wonderful buffet catered by Bruce. We had some lovely door prizes and from comments made, everyone had a good time.

In November we will continue with our fall schedule of classes and entertain nominations for replacements of outgoing board members of the club.

On Saturday Nov. 5, Bob Gale will give a presentation on Using Instant Messengers (postponed from an earlier date). Those of you interested in learning how to use them safely and would like to enhance your own personal messaging experience, please come. We focus on the two most popular messaging programs, AOL Instant Messenger (aka AIM) and Microsoft Messenger.

On Saturday, Nov. 12, Don Sommer will give his always-popular presentation on maintaining A Healthy PC. This class is es-

sential to keeping your computer running smoothly and trouble-free.

And, with the holiday season rapidly approaching (does it seem possible Thanksgiving is just around the corner, followed closely by Christmas?) yours truly will give a class on creating personalized greeting cards using the popular and extensive Hallmark Card Studio 2005 program. Even if you use a different greeting card program, this class will no doubt help you navigate the many screens and options of your own program.

Please note the club's computer lab will be closed on Friday, Nov. 25, and there will be no meeting on Saturday Nov. 26, giving us all a long Thanksgiving weekend.

As usual, you will find PDF files of our classes on the Web site. Please visit the site at [www.cccocala.org](http://www.cccocala.org) and click on the link, PowerPoint Presentations. You do not need PowerPoint in order to view them.

All meetings and classes are held each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Conference Center from 9 to 10 a.m. All members are welcome and encouraged to attend. If you have questions, there is always someone there with an answer!

Be sure to check the calendar on our Web site frequently for the dates of our classes and for any scheduling changes that are inevitable. The Web site also has many hyperlinks to OTHER sites you might find interesting or helpful. In particular, please be sure to visit Gordon Burnham's Web site [www.yourinfosrc.com](http://www.yourinfosrc.com). He is a very knowledgeable computer user who has spent a great deal of time researching various software programs available for download—many of them free!

Please come join us! Dues remain at a low, low \$10 per person or \$15 for a couple.

Until December, Happy Computing! ☺



**View from the Library**  
Donna O'Neil

"An Ocean Apart," 1999, by Robin Pitcher is a story that is interesting and enjoyable.

At the age of 43, David Corstorphine, son of Lord and Lady Inchelvie, has been marketing director of the prestigious Glendurich Distilleries LTD of Scotland. The company was founded in 1852. Through the years the family had been granted a peerage. David's father has been retired for 10 years, leaving David to run the business.

David had been happily married to his beloved Rachel. They have three children, Sophie, Charlie and Harriet. When Rachel is diagnosed with cancer, David decides to stay home with her. It is a very difficult time for everyone involved.

Rachel dies and David is left emotionally unable to return to work. Indeed, he finds some helpful therapy in gardening at his parents' estate. His father hires a marketing director, Duncan Caple, and he himself

returns to run the business.

A problem with a distributor in the United States occurs and Duncan Caple insists that David should go to New York to solve it. David's father has great misgivings about David taking on this responsibility but David does make the trip.

This episode has deplorable results. Once again David turns to gardening. He takes employment as a temporary handyman for general garden work at the Long Island residence of Jennifer and Alex Newman. He does not reveal his true identity.

When David arrives for his first day of work, he meets the housekeeper, Jasmine, a black woman who befriends him immediately. Jennifer and Alex are highly successful business people. She is with an advertising company in Manhattan and he is with a computer company. Benji, their rebellious 11-year-old son, is at first skeptical of David but over a very short period of time David wins him over and they become very close friends. Benji's behavior improves.

The weeks David spends with this family helps him heal. Eventually he reveals his true identity to them. He invites his own children to come to Long Island for a visit. This is a very happy time for all.

A second tragedy happens. David and his family immediately return to Scotland. However, by now David is well on his way to recovery and is able to face what has happened.

This story takes many twists and turns. Robin Pilcher is an excellent storyteller. He is the son of Rosamunde Pilcher, a very successful author. Robin started to write as a hobby. "An Ocean Apart" was his first novel. "Starting Over," 2002, his second novel, made the New York Times Bestseller list. He has written another novel, "A Risk Worth Taking," 2004. ☺



**Lions Club**  
Dianne Lovely

The Lions did it again ... the Tacky Tea has come and gone with great success. As usual, we had a sell-out crowd. In less than a month we were sold out. We thank you all very much. All proceeds of the ticket sales went to help Hurricane Katrina victims rebuild. Thanks also go out to Peggy Bradshaw at Second Chance Consignment Shop in Jasmine Square for providing the clothes

and accessories for the Tacky Tea.

Thanks also go to models Jan Parsons, Pat Wellington, Heidi Biederman, Carole Dymond, Marilyn Nielson and Kay Smith. Lions Club members once again want to thank Runway Hostess and Commentator Jewel Heffner and Estelle Clark for describing the clothes as our models strutted their stuff. Thanks also goes out to the gentleman who literally bought the dress Estelle Clark was wearing off her back for \$100. Miss Estelle took the dress off right then and there. Don't worry, she had a bathing suit on underneath.)

A new flag is in the process of being purchased by the Lions Club for the front of On Top of the World communities.

A big reminder: don't forget your emergency light switches. This could save your life. The front porch light blinks outside so it is easy for the emergency medical technicians to find you in case of an emergency. Get in touch with Jim Miles for more information at 873-1954.

It really is a wonderful thing to be able to help those who have trouble seeing or hearing. Become a Lion today. For more information, contact Estelle Clark, membership chairman. ☺



**Women of the World**  
Betty Thayer

Our Women of the World October meeting benefited Rape Crisis Center. Thanks so much to our wonderful members for all the supplies you donated for this group.

Joe Pine from Crime Prevention was our guest speaker and his combination of humor and fact made this an informative presentation. Joe pointed out the need for a

"life saver" in every home. This is a magnetic item that is placed on your refrigerator and contains all your medical information in one place. This makes it easy for your spouse or paramedics to bring your medical history with them if you need to go to the hospital.

Catherine Smith, one of our members, is chairing our November charity, Little Fuzzies. Catherine has been involved with Little Fuzzies for many years and this group counts on Women of the World to donate baby items, such as blankets and layette items for newborns.

Our speaker for the Nov. 4 meeting will be Patricia Woodbury from the Arthritis Foundation. In addition, our holiday party is Dec. 17 and tickets will be available at the November meeting for members and then available Monday, Wednesday, and Friday in the Health & Recreation Ballroom. Watch Channel 19 for more information. Our holiday party supports the Salvation Army so remember to bring your four non-perishable food items per attendee.

Women of the World is a service organization and we invite all On Top of the World ladies to join us on the first Friday of every month at 1 p.m. in the Arbor Conference Center suites. ☺

## 6th Annual Holiday Song Program Set for December 14 in Ballroom

On Top of the World residents and management cordially invite you to participate in our annual holiday song program on Wednesday, Dec. 14, in the Health & Recreation Ballroom. It is free.

On Top of the World management has arranged for Showtime Music to perform for our enjoyment. Our own Bob O'Neal will emcee this program which includes a holiday music sing-a-long and our traditional 12 days of Christmas (southern style) headed by Yvonne Bednar and Peggy Campbell. The Friendship Social Club will provide coffee, hot chocolate and essentials for the evening festivities. Donated cookies (homemade or store bought) are needed for this event.

From 2 to 4 p.m. on Dec. 14, there will be a golf cart parade throughout the community. Three Red Hat Queen Mothers have volunteered to organize this part of the daily activities. Interested golf cart participants are to contact either Mary Curry at 237-5515, Gail LaRue at 861-1583 or Betty Thayer at 854-8462. You do not have to be

a Red Hatter to participate.

The annual visit to On Top of the World housebound resident(s) will take place one week later on Wednesday, Dec. 21, from 3 to 5 p.m. A group of resident carolers will sing a variety of holiday songs and present the housebound resident(s) with a poinsettia plant donated by the Entertainment Group. If you have any questions regarding this program, please call Mary Ehle at 873-7507.

Sign-up sheets for cookie donations and golf cart participants for December 14, along with carolers and housebound resident names and addresses for the 21st, are located behind the information desk at the Health & Recreation Building.

For further details, please call Lolly Foos at 861-2165. ☺

 **The next World News will be published on Thursday, December 1**

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## AARP Needs Volunteers for Tax Program

Tax time is fast approaching, and again this year the AARP Tax-Aide Program in conjunction with the IRS will be offering tax preparation and information at the Ocala West United Methodist Church.

We are seeking volunteers to help their neighbors in filing their federal and state tax returns. No experience necessary. We will train you.

Returns will be computer prepared and e-filing is available. If you are not computer oriented, we also need checkers and screeners.

To volunteer, please contact Paul E. Wilson at 854-8878. We are open two days a week, although it is not necessary to work both days. ☺

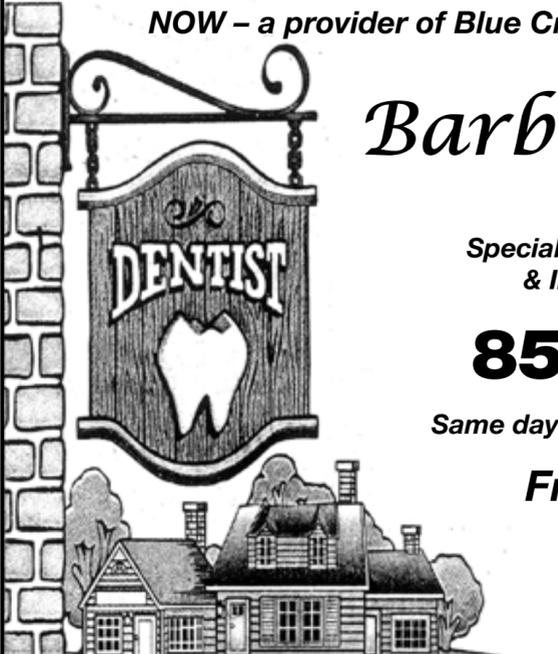
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### Fitness Happenings Adela Anderson

Happy Thanksgiving! All fitness classes will be cancelled and the Gym will be closed on Thanksgiving Day. Please notice that the Yoga classes on Monday, Nov. 21 and Tuesday, Nov. 22, will be cancelled.

The Arthritis Foundation land-based exercise class will be cancelled on Tuesday, Nov. 22. All fitness classes will resume the day after Thanksgiving. Holidays are upon us and it is the time of the year when social engagements become more frequent. This is also the time of the year when it is easier to distance ourselves from the gym and ingest higher caloric meals and drinks. If we do not want to gain few extra pounds during the holidays, we need to keep moving!

#### Racquetball

Ladies, have you ever tried to play racquetball? It is a fun sport that certainly will help you burn those extra-unwanted calories. We are looking for ladies to form a team. If you are interested, come to the Health & Recreation racquetball courts on Wednesday, Nov. 9, at 3 p.m. or give us a call. Group lessons are also available.

#### Softball

The field is in great shape and the players are getting in great shape as well. Join the team by contacting Nick at 854-9768. Ladies and gentlemen are welcome.

#### Healthy backs

As we age, ligaments and tendons shorten and joint range of motion decreases. The discs of the back lose their ability to absorb shock and the muscles weaken. The holidays can bring a lot of stress to our backs: Some will be traveling long distances and will be sitting in a car or plane for long periods of time. Also, when poor posture is used to walk, stand, sit and carry objects, it can contribute to weaker back muscles.

#### Yoga

Learn how to use Yoga For Back Care. Yoga lengthens connective tissues, helping range of motion. Yoga improves posture and can protect you against back injury. Join us for a free class on Friday, Nov. 4, at 10:30 a.m. in the Arbor Club exercise room. This class is for all levels.

#### Bicycle Club

Thank you Gary Rodoff for helping us trace the 5-mile path! Our first ride was a great success. Before start, we had a mechanic available from a bicycle shop in town to help the riders adjust their bikes and get them ready for the trip. Everyone is welcome to join us ride around On Top of the World on Wednesdays at 8 a.m. Meet us at the H&R parking lot.

Bicycle riding will get your heart in shape. It is a great way to have fun with family, friends and enjoy the outdoors. Many of us do not know much about bicycle maintenance. Dan and Carrie Miller will come to give us a free lecture titled "Everything you need to know about bicycle care." This will take place at the Arbor Club Ballroom on Tuesday, Nov. 8, at 1:30 p.m.

#### Badminton anyone?

If interested in playing, please join the group that meets every Tuesday at 1 p.m. at the H&R racquetball courts.

#### Afternoon classes

There have been requests for afternoon classes. In order to see if it is worthwhile to arrange classes in the afternoons, we need to know how many of you are interested.

## RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Traci/Adela	Condition and Stretch Fusion* Traci/Lorraine	Cardio Burn & Firm Traci/Adela	Condition and Stretch Fusion* Lorraine/Traci	Cardio Burn & Firm Traci/Adela
8:00 H&R Parking lot			Bicycle Club		
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Tai-Chi* Shannon	Cardio Step & Sculpt Traci/Adela	Tai-Chi* Shannon	Cardio Step & Sculpt Traci
10:15 Aerobics Room		Tai-Chi* Shannon		Tai-Chi* Shannon	
10:30 40 Min Aerobics Room	Beginners Aerobics Lyn Intermediate Aerobics Kitti		Beginners Aerobics Lyn/Adela Intermediate Aerobics Kitti		Beginners Aerobics Lyn Intermediate Aerobics Kitti
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybox Orientation Lyn				Cybox Orientation Lyn
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
6:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	

Saturday	Sunday
12:15 Oxycise (20 Min.) Aerobics Room	12:30 Open Play Table Tennis Aerobics Room
10:00 - 11:00 a.m. Yoga Class Sholom Gardens Nov. 5, Dec. 3 Adela	
10,000 Steps at Sholom Park 2 <sup>nd</sup> & 4 <sup>th</sup> Mon. Oct.-Nov.-Dec. 4:00 p.m.	

**Oxycise:** Deep breathing and stretches. Seated and Floor exercises. Mat required.  
**Cardio, Burn & Firm:** Warm-up, low impact aerobics, strengthening and stretching Exercises. Mat required.

**Condition & Stretch Fusion:** Warm-up, strengthening and stretching exercises Mat Required.

**Cardio, Step & Sculpt:** Warm-up, basic routines using step, strength training and Abdominal work. Mat and step required.

**Beginner Aerobics:** Warm-up, simple aerobic choreography, strength training and Stretching. No floor work.

**Intermediate Aerobics:** Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.

**Tai Chi:** A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.

**Latin Cardio:** Is a mixture of aerobic dancing that includes Cha-cha-cha, Salsa, Meringue and Samba.

**Aqua Yoga:** The flowing movements of yoga will help your balance, flexibility, strength and promote Relaxation.

**Ai-Chi:** Simple, fluid and relaxed movements using the arms, legs and torso. Ai-Chi is like a beautiful

Please call the H&R office to give your name, phone and the class that you would be interested in taking.

#### Hospice

We all know how wonderful this entity is to our community. As a public service, they will be coming to explain more in detail what Hospice is all about and to make available at no cost the "Five Wishes" document. No matter what your age, to share your wishes in a living will to your family, friends and medical professionals is of utmost importance. Natasha Allen from Hospice will be coming to share information on this matter on Tuesday, Nov. 15, at 1:30 p.m. at the Arbor Club Ballroom. Please call the H&R office to sign for this very important presentation.

#### Light the Night

The Leukemia and Lymphoma Society appreciates very much all the support On Top of the World gave to this worthy cause. The lighted balloons illuminated the Ocala Square and the evening walk was delightful. Thanks again!

#### Questions

For any questions or help in regard to fitness activities and classes, please contact Adela at 854-8707. ☎



### Kitti's Corner Kitti Surrette

#### Aerobic Exercise Is the Secret to Fat Loss

It is accurate to believe that when the body is in an aerobic state, it can burn fat as fuel. However, it has another option. If aerobic exercise is pursued beyond the body's ability to supply fuel from ingested nutrients, there is yet another fuel source available. It can also burn sugar as fuel.

The human body does a neat little trick where it converts amino acids into sugars

to meet energy demands. Where does it get the amino acids? As in the case of calorie deprivation, it breaks apart muscle tissue. Thus, when over-aerobicizers note the changes in their bodies, while pounds may be shed, the loss of muscle prevents them from ever developing a lean, toned look.

Let's look at the times when you are in an aerobic state ... you won't believe this. Aerobic, by definition, suggests that you are meeting oxygen demand. That means any time you are meeting the demand for oxygen you are capable of burning fat. Are you meeting oxygen demand when you drive your golf car? Yup. When you read? Uh-huh. When you sleep? You know it! If you learn to balance out supportive eating with result-oriented exercise, you can shift your body into a state where it is slowly releasing and burning fat literally all day long!

Exercising beyond your body's momentary ability to supply fuel can actually result in a loss of muscle and a metabolic slowdown. If you've been on a strictly aerobic program, and neglected the resistance training (this subject will appear in Myth No. 5, don't miss it) or supportive eating, it's no wonder you feel as if you failed to get the results you're seeking. Aerobic exercise is good because it is vital for enhancing the function of the heart and lungs and for better delivering nutrients to every cell in your body. It's just that it should be viewed as a piece of the overall puzzle, not the solution in and of itself. A slight modification in any exercise program is usually enough to turn this mistake around so improvement is constant and ongoing.

What does this all mean? Moderate aerobic exercise along with resistance training and supportive eating leads to consistent and ongoing fat loss and a lean, toned body.

Stay turned for fitness myths part 3. ☎

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**Health & Fitness**  
Traci Rivera

### Healthy Holiday Helpers!

It's that time of year again. ... The holidays are fast approaching and we have to start our shopping and our planning of Thanksgiving and Christmas dinners. We always seem to gain weight during the holidays and then work so hard at the beginning of the New Year to eat healthy again and exercise like crazy people to get the weight (plus some) back off.

There are all kinds of information from magazines, books, TV programs, not to mention the Internet on getting healthy recipes for our holiday feast. For myself, I just can't resist smoked turkey, honey baked ham, sweet potatoes, green bean casserole, corn casserole, rolls, and of course, pumpkin pie! Makes me hungry just writing this article. ... Is it Thanksgiving yet?

If you are like me and love the holiday dinners, but don't like all the calories and fat grams that go along with it, then keep reading the rest of this article.

- Don't diet during the holidays. Just work on maintaining your current weight.

- Portion control: Pay attention to how much is being put on your plate and how many times you get more food.

- Don't stop your exercising program just because it is holiday time. Not only does it help keep off those extra calories, it also helps with added holiday stress!

- Eat slowly. If you are a speedy eater, your stomach does not have enough time to let you know that you have had enough food. Slower is better.

- Make substitutions when you can on some of your holiday recipes.

Here are a few ideas that I got from [www.mealtime.org](http://www.mealtime.org)

- Applesauce or Plums: Substitute canned applesauce or plums in your holiday cookie, cake and pie recipes as a healthier alternative to butter and oils.

- Pumpkin: Canned pumpkin makes more than just great pies. Instead of using heavy cream or butter in your mashed potatoes, mix in a can of pumpkin filling and a few dashes of your favorite herb.

- Broths: Instead of sautéing your meats and vegetables in oil, try steaming them in a 1/2 cup of canned vegetable, chicken or beef broth. Not only a healthier alternative, but tastier too! Canned chicken broth also can be used in place of butter to moisten the mashed potatoes on your holiday dinner table.

- Cranberry Sauce: Go easy on the gravy



**Fitness by Lyn**  
Lyn Laverty

As a personal trainer, the question that is asked most frequently is—"How can I reduce my abs?"

Unfortunately the answer to that question is: There is really no such thing as "spot reduction."

The only way to rid the body of fat (regardless of where it is located) is through a planned program of healthy eating and exercise in which you burn more calories than you take in.

This means at least 20 minutes of cardio training in your target heart range three to five times per week minimum. Cardio training could be on the treadmill, bike, doing aerobics on land or in the water, running, etc.

There is a formula to determine your target heart rate. It begins with subtracting your age from 220. Take that number and subtract your resting heart rate. Multiply that number two times; once by 65 percent and once by 85 percent, then add your rest-

and opt for canned cranberry sauce on your turkey for a nutritious and fat-free option.

- Vegetables: Replace some of the bread in your holiday stuffing with canned chestnuts - a nutritious and different alternative. And to lighten your stuffing and add valuable nutrients, use lots of canned, chopped vegetables.

- Cocoa: When holiday baking recipes call for chocolate, you can substitute three

ing heart rate back into both figures. The two numbers will give you your target heart range.

For instance, a 60-year-old person with a resting heart rate of 55 would have a target heart range of 123 to 144. You can find your resting heart rate by taking your pulse for 1 minute in the morning before you get out of bed. Take that number for three days and average that number.

When you perform cardio training in your target heart range for at least 20 minutes you will burn off that fat surrounding your abs. Stop by and ask me to work out your formula for you. All I need is your age and your resting heart rate.

It is important to not eat a diet full of fat from sugar foods and junk food. These foods will increase the layer of body fat. This will cause an increase in both muscle and body fat, which will increase your measurements.

OK, now we are eating the proper amount of healthy proteins, carbs and fats. We are performing our cardio regularly. What is the best way to accomplish our goal of having well toned flat abdominals?

- Do not over do it. Three times per week is ample.

- Train your abdominals at the end of your session.

- Don't go overboard with repetitions. Work harder and smarter.
- Learn how to do basic crunches properly.
- Learn crunches on the ball—they can be more effective than crunches on the floor.

- Learn Pilates-based, core exercises including the very effective roll-up.

- Stand tall, engaging your abdominals to maintain posture and balance. (All the time, not just when you are working out).

Great results are never easy. They are always achieved out of hard work and determination. ☺

## ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 a.m. Specialty Class* Indoor Pool		Aquacise* Shallow water Lyn/Adela		Aquacise* Shallow water Adela/Lyn	
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Lyn/Adela	Total Core & Body Strength* Traci/Adela	Deep Water Aquacise* Lyn/Adela	Total Core & Body Strength* Traci/Adela	Deep Water Aquacise* Lyn/Adela
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Adela/Lyn		
10:30 a.m. Specialty Class* Fitness Room		Yogacise* Adela Latin/Cardio Traci		Yogacise* Adela Latin/Cardio Traci	
11:45 a.m. Arbor Club Fitness room		Arthritis* Foundation Ex. Program Adela		Arthritis* Foundation Exercise Program Adela	
12:30 p.m. Specialty Class* Indoor Pool/Fitness Room		Ballet Barre* Lyn 90 minutes			
1:30-2:15 p.m.. Specialty Class* Indoor Pool	Shallow Water Exercises* Lyn/Adela		Shallow Water Exercises* Lyn		Shallow Water Exercises* Lyn
2:00 p.m. Specialty Class* Fitness Room					
6:30 p.m. Arbor Club Ballroom (Tu)& Fitness Room (Th)		Belly Dancing* Lorraine		Belly Dancing* Lorraine	
7:30 p.m. Arbor Club Fitness Room	Callanetics* Lorraine		Stretching* Lorraine		

Saturday	Sunday
Open Swim	Open Swim

**Shallow Water & Aquacise:** Warm-up, cardio, strength training using equipment and stretching.

**Deep Water Exercises:** Warm-up, no impact aerobics, strength training using equipment and stretching.

**Total Core & Body Strength:** Warm-up and total body resistance training using free weights and varied equipment.

**Yogacise:** "Hatha Yoga" postures combined with breathing will work on body's strength and flexibility. Mat required.

**Pilates:** Mat exercises using Joseph Pilates fundamentals. Will train the core and back muscles.

**Parkinson's & Movement Disorder:** The program includes water walking, balance, upper and lower body exercises. During cold or rainy weather, classes are held in the Arbor Exercise Room.

**Synchronized swimming:** Basic water-ballet strokes, front crawl, back crawl and sculling. Swim to music for fun.

**Ballet-Barre:** Ballet based workout consisting of barre and center floor exercises. Conditioning of body

tablespoons of cocoa for every one ounce of chocolate.

- Evaporated milk: Substitute 1/2 cup of canned evaporated milk plus 1/2 cup of water when recipes call for one cup of sweet milk—an easy way to make your holiday baking a little bit healthier.

- Yogurt: To top off your holiday pies, try using frozen or low-fat yogurt instead of whipped cream or ice cream. Also, when your holiday hors d'oeuvre recipes call for sour cream, use plain yogurt instead to create holiday snacks that are delicious and healthy.

Hopefully some of my tips will be good for some to use, I know that I will be making our holiday feast a healthier one ... Happy Holidays!

### Helpful books

- "Healthy Holidays, Total Health Entertaining All Year Round, by Marilu Henner
- "The Almost No-Fat Holiday Cookbook: Festive Vegetarian Recipes," by Bryanna Clark Grogan
- "The Diabetes Holiday Cookbook," by Carolyn Leontos, MS, RD, CDE, Debra Mitchell, CEP, and Kenneth Weicker, CEC

### Helpful Web sites

- [www.mealtime.org](http://www.mealtime.org)
- [www.healthcastle.com](http://www.healthcastle.com)
- [www.foodnetwork.com](http://www.foodnetwork.com)

### Helpful magazines

- Health
- Healthy Living
- Cooking Light ☺

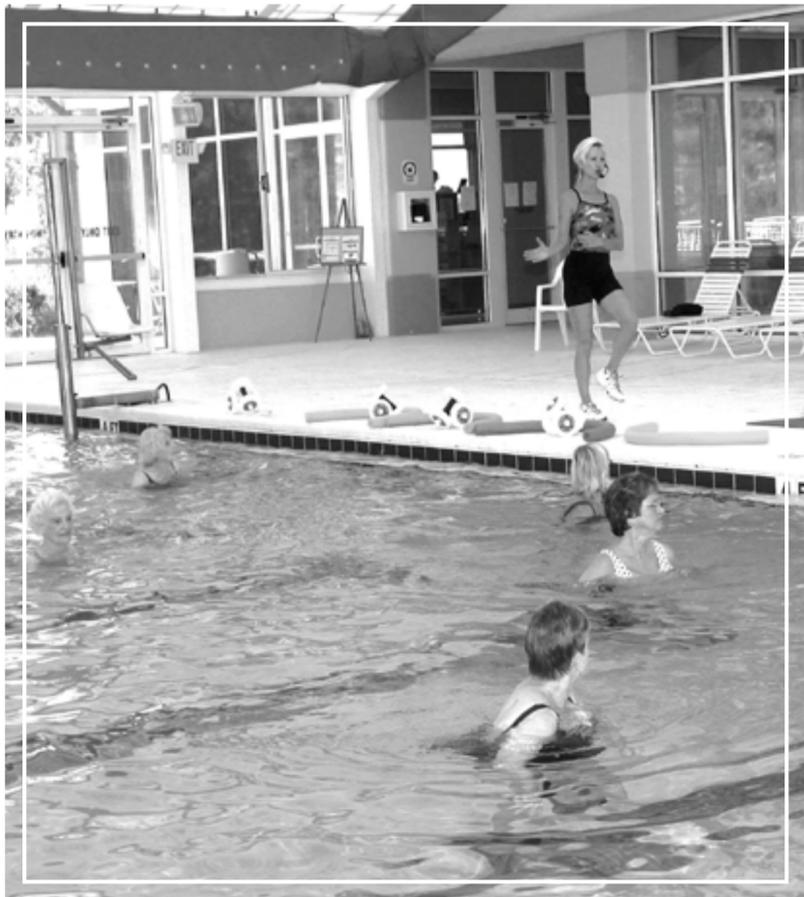
## How many of these common hearing loss symptoms do you experience?

- Is it hard to follow conversations in noisy environments like parties and restaurants?
- Do you often ask people to speak slowly or repeat things for you?
- Do others complain that you have the TV or radio turned up too loud?
- Do you get frustrated because you have trouble understanding what others are saying?
- Does everyone seem to mumble?
- Do you keep hearing a ringing or hissing background noise?
- Do you seem to hear better with one ear than the other?
- Do you avoid social situations because it's too hard to communicate?
- Do people say you're shouting when you talk to them?
- Do you have trouble hearing a noise if you're not facing the direction it's coming from?
- Do you miss visitors or telephone calls because you can't hear the doorbell or the phone?

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## Water Is Not Just For Drinking

By ADELA ANDERSON

Water is not just for drinking. It is an incredible place for relaxation and working out.

Years back it was believed that exercising in the water was the easiest form of exercise. In a way it is true because the water eases pressure on the joints. It is easier for people who have back conditions, balance problems, joint problems or are recovering from an injury.

However, when adding intensity and acceleration, exercising in the water can be intense and challenging. Everyone can benefit from working out in the water. The same program can be made easy for some and can be transformed to a high-intensity program for others.

During this past summer we added new specialty workouts for our residents: Water Walking, Ai-Chi and Water Yoga.

Water Walking is an easy, fun way to condition the heart, lungs and strengthen the muscles. Walking in the water is great for people who are overweight because the buoyancy of the water supports the weight and reduces the stress on the weight-bearing joints. The resistance of the water as you push your way through gives all of the muscles in your body a great strength-training workout.

You can make it easy by going slow and using less resistance when you walk. On the other hand, you can make it harder by walk-

ing in the water overloading your muscles by using the water resistance. You also want to add speed, acceleration and resistance to make your walks more challenging.

Ai-Chi is an aquatic program that will increase your energy, make you feel better without causing any strain on your muscles and joints.

For this class the water temperature has to be warmer. Warm water is beneficial for anybody who wishes to improve flexibility. Ai-Chi includes simple aquatic exercise and relaxation techniques that combine deep breathing and slow movements of the arms, torso and legs. This class is perfect for adults who rarely exercise, are under stress, are recovering from an injury, suffer pain or have asthma.

Aqua Yoga is an excellent water-based program that includes slow, fluid movements and static stretches in the water. The class starts with a warm-up and continues with asanas or postures that help strengthen and stretch the body. The class ends with stretches, relaxation and meditation. Yoga will not only benefit your body and mind but it will help you bring peace and calmness to your life. For people who have difficulty practicing yoga in land, the water makes it easier to move freely and improves range of motion.

Look for these three programs returning in the spring of 2006.

Photos by Larry Resnick

Adela Anderson teaches an indoor water class this summer at the Arbor Club pool, above. At top left, Adela leads another water walking class outdoors at the Arbor Club.

### On Top of the World Bus Schedule

PICK-UP	ROUTE	TIME
Crescent Ridge 1&2	97 <sup>th</sup> Lane – 99 <sup>th</sup> Ave. – 96 <sup>th</sup> St.	9:02 a.m.
Americana Village	89 <sup>th</sup> Ct. Rd – 85 <sup>th</sup> Terr. Rd.	9:10 a.m.
Friendship Village	96 <sup>th</sup> Lane – 84 <sup>th</sup> Terr. – 93 <sup>rd</sup> St.	9:13 a.m.
Friendship Colony	83 <sup>rd</sup> Terr. – 90 <sup>th</sup> St. – 87 <sup>th</sup> Ave. – 97 <sup>th</sup> St.	9:18 a.m.
Friendship Park	97 <sup>th</sup> St. – 94 <sup>th</sup> Lane	9:21 a.m.
Friendship Village	89 <sup>th</sup> Ct. Rd. – 92 <sup>nd</sup> St. Renaissance	9:23 a.m.
Williamsburg	90 <sup>th</sup> St. – 91 <sup>st</sup> Cir. East – 91 <sup>st</sup> Cir West	9:26 a.m.
Providence	90 <sup>th</sup> St. – SW 96 <sup>th</sup> Terr. – SW 92 Pl. Rd	9:30 a.m.
Exit Community		9:45 a.m.

#### OCALA RUN – TUES. WED. TH. FRI. ARRIVE PICKUP

Lowe's	9:45 a.m.	11:30 a.m.
Paddock Mall	9:50 a.m.	11:40 a.m.
Wal-Mart Superstore	10:00 a.m.	11:40 a.m.
Target	10:15 a.m.	11:40 a.m.
K-Mart	10:15 a.m.	11:45 a.m.
Gaitway Plaza	10:27 a.m.	11:45 a.m.
Paddock Mall	11:50 a.m.	
Wal-Mart Superstore	11:55 a.m.	1:40 p.m.
Target	12:00 p.m.	1:40 p.m.
K-Mart	12:00 p.m.	1:40 p.m.
Gaitway Plaza	12:00 p.m.	1:40 p.m.
Paddock Mall (Final Pickup)		1:45 p.m.

The New Dawn Singers

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**Friendship Club**  
Wanda Simpson

Welcome to the new members and guests who attended the September 9 meeting in the Health & Recreation Ballroom. We hope you enjoyed the refreshments and dancing to the music by the Mel-O-Tones.

Next month the Chicago Live duo will keep you entertained. Thanks to Margaret Orlando, our entertainment chairperson.

Thanks also to Shirley and her crew for the refreshments and decorations. They are of dedicated volunteers who come early and stay late to help make our meetings run smoothly. Let Lolly or any officer know if you would like to be a part of this crew.

The Friendship Club membership is open to the residents of all of the On Top of the World communities. Annual dues are \$7 per person from July 1, 2005, to June 30, 2006. The meetings are held on the second Sunday each month from 2:15 to 4 p.m. The friendly people at the ballroom entrance are always helpful, can provide you with a nametag and answer your questions.

Come early and visit with your friends, guests and new members.

Call Mary Carol Geck at 854-8996 to report the illness of a member or the loss of a loved one, as she is the nice lady who sends cards for the Friendship Club.

Call Wanda at 291-1074, or e-mail at cws45@cfl.rr.com if you have any questions or suggestions. ☎



**Singles Club**  
Garda Facci

I have finally arrived to substitute for Mary Ann as the Singles Club's news reporter. However, Mary Ann has graciously volunteered to return whenever I am unavailable unless someone else wishes to volunteer.

Mary Ann served for eight years in this capacity. The Singles Club greatly appreciates her wonderful dedication. Our October meeting was a birthday luncheon celebrated at Juliette's in the Rainbow Springs Golf and Country Club. Peggy Campbell played the background music. It was soothing and enjoyable. Everyone enjoyed their meal and the quiet and efficient service. Birthday cake and ice cream were served for dessert. There were approximately 48 present. Coming events

Our regular monthly meeting will be held Thursday, Nov. 10, at 2 p.m. in the Arbor Conference Center, Suites G and H. In addition there will be cookies, homemade brownies, tea and coffee. Entertainment will be bingo with prizes.

**Mid-Month Activities**

Wednesday, Nov. 16, at 10:30 a.m.: A lunch and tour of the Culinary School at the Withlacoochee Tech. Institute in Inverness. We will car pool and a \$2 donation goes to the driver. Tickets can be acquired by phoning Virginia Casey at 854-3014.

Our December meeting will be on Thursday, Dec. 8, at the Candler Hills Community Center. It will be our Christmas luncheon, catered by Carmichael's. The menu includes of ham steak, roast turkey and baked Tilapia fish. Tickets are \$15 and can be purchased at the Nov. 10 meeting or before Dec. 1 from Virginia Casey at 854-3014.

There will be an exchange of Christmas presents in the form of a Yankee Swap. The cost of gifts should be \$5 or more. Peggy Campbell will be playing the background music.

Have a great year and God Bless. ☎

**Marion Chamber Music Celebrates 25 Years**

The Marion Chamber Music Society is celebrating 25 years of great music in Marion County.

The musicians are mostly local talents (Marion, Citrus and Gainesville). These concerts are strictly by voluntary contributions and free to the public, although the musicians receive compensation.

Superb programs are scheduled for this season. The first concert will feature flute and harpsichord by Kristen Stoner and Laura Ellis. It is at 3 p.m. on Sunday, Nov. 6, at St. Matthews Lutheran Church, 3453 N.E. 10th St., Ocala. You will be treated to music of Bach, Handel, Telemann and much more.

Please come and bring your friends and hear that Ocala has great music to offer!

For further information, please call 873-6274. ☎



**Diabetes Support Group**  
Lennie Rodoff

Our September meeting was well attended, with lots of information given out by the Freedom Health HMO representative.

Our "field trip" to Lombardo Shooz on October 17 was extremely interesting. Mr. Lombardo told us quite a bit about holistic treatments for various ailments. He also showed us various foot castings and photos of what can happen if you don't take care of your feet. He then showed us some of the newer diabetic shoes, explained the differences and passed them around so we could examine them first hand. The attendees then got a chance to try on some of the shoes in the shop, and were pleasantly surprised at how well they fitted! It was a wonderful 3 hours, and the members that were unable to attend really missed something special!

Our meetings are the fourth Tuesday of the month, at 4 p.m. in Suite D of the Arbor Conference Center. If you have any questions, please call me at 291-7508. ☎



**100 Grandparents**  
Barbara Greenwood

For the 17th straight year, local members of Altrusa International have spearheaded the Altrusa Read-in, a community celebration of reading and storytelling aimed at exposing youngsters to the joy of reading. Teachers in each elementary school selected a book to be read aloud in their class by a member of the community.

Our 100 Grandparents group participated in this rewarding experience on Sept. 22 at the Romeo Elementary School in Dunnellon. Forty volunteer "grandparents" from On Top of the World took part: John Baker, Elliott Barbour, Pat Benson, Ann Berger, Jeanetta Calvert, Linus and Bertha Carlson, Lillian Chadwick, Nancy Delp, Florence Ditrach, Helen Eshbach, Paul Fyfe, Kathleen Gormley, Doug and Barbara Greenwood, John and Bonnie Heinlein, Delma Hofer, Glo Hutchings, Donna Ireland, Mary Kay Knapp, Cecily Lucas, Jim Mahoney, Millie Mobley, Mary Anne Nabet, Jeanne Nichols, Jim and Kathy Oakes, Nancy Parker, Alice Quaranta, Diana Riegler, Isabel Savage, Lynn Sherwood, Jerry Thompson, Max Volgler, Jeralie Walters, Gene Waters, Doris West, Verna Wilson, Mary Wittmer and Helen Young.

Also attending were State Representative Larry Cretul from the 22nd district, Brian Marcum, Safe Schools Supervisor for Marion County, and Sarah Ritterhoff-Williams, Assistant State Attorney and in charge of Romeo Altrusa Read-in. We are so proud that Romeo was an A+ school last year.

Our aim is to try to have one "grandparent" for each classroom on all of our trips. For various reasons, it doesn't always turn out that way. This year, with the help of

Beverly Baird, Bertha and Linus Carlson and Bonnie Heinlein, we did meet that goal for this visit. Thank you so much for your assistance in bringing out John Baker, John Heinlein, Isabel Savage, Max Volgler and Mary Wittmer. These wonderful people filled in where a reader was needed, and we are very grateful to them.

We sure surprised our new bus driver Ron when he arrived and saw the number of people he was delivering to Romeo. He is going to be our driver for this entire school year, and he promises to bring one of the bigger, air conditioned buses from now on.

Elliott Barbour brought to my attention a very worthwhile article in the *Star-Banner*. Interfaith Emergency Services has a project called "Food for Kids." On Fridays, a number of students take home an extra backpack loaded with food—enough to last for two days. The food donated through Interfaith Emergency Services helps school-age children who might go without a meal over the weekend. Suggested donations are individual sized pop-top cans, such as tuna, ham, Spam, chicken, Beef-a-roni, ravioli, soups, fruit, or crackers, peanut butter, breakfast bars and small cereal bars (low sugar).

Mr. Barbour has volunteered to collect and take the food items to Interfaith Emergency Services for distribution. Our "grandparent" group is going to take part by bringing suggested food donations to the school bus with them on our monthly visits. Residents of On Top of the World who would also like to help may take any of the suggested food products to Mr. Barbour's front porch, 8680-H S.W. 94th St. There will be a container provided. We plan on continuing this project throughout the entire school year.

Thank you everyone who has brought their Campbell soup and General Mills product labels to the little "Red School House" located under the staircase in the Health and Recreation Center lobby. Your kindness has provided monies that are used for underwear, socks, and other necessities for the Romeo school children only.

You will be reading this article after our Oct. 13 visit and our participation in the Romeo Round-up held Oct. 28. Many of our "grandparents" and members from the Ocala Clown Express will have attended, and as always, we know we will have just as much fun as the kids if not more.

Our next visit to Romeo will be Thursday, Nov. 17. If you are interested in learning more about our group, call Barbara at 873-2819. ☎



**Clue**  
This glamorous Southern Belle was one of the first residents in On Top of the World and lives in Americana. See answer on Page 27.

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### Nature Around Us Marion-Alice Burke

Did you go to the Master Gardeners Fall Gathering on Oct. 8 and take advantage of the many bargains that were available?

I saw two beautiful rosemary bushes that I knew I absolutely HAD to have. They were really quite large, but my hands were full with two other items that needed to be put into my car.

When I went back to get one, guess what? RIGHT! They both were gone, in all of 10 minutes. I have problems growing rosemary into a large bush because I keep it either too dry, or too wet, and also, because the only ones I see available usually are the small four-inch pots of really small specimens. I'll keep trying, though.

Before I go any further, I must thank all

of you great folks out there for your phone calls and caring thoughts about me and my snakebite. I still have a problem with my poor old thumb but we are showing improvement. We're still hunting the little monster, but most importantly, we (Amelia and I) are very, very careful to bang the ground, make noise, rattle leaves with a stick and do anything else we can think of, to scare that little fellow into going away. I'm not afraid of snakes, I just want to see them first!

Now for the good news!

In spite of the extreme heat, too much rainfall, too little rainfall as well as the snowbirds missing, we still have a nice selection of winners in our Back Yard Beauty Contest. The judges requested that they not have their names mentioned but here are the names of the winners: Joe and Marcia Askenase, Joan Bolling, Jean and Vito Chieco, Margitta and Hank Claterbos, Carole Dymond, Bob Hurst, Jerry Kitchell, Doris and Tom Lindsey and Shirley and Charles Snyder.

These ambitious persons are listed alphabetically, not necessarily in order of beauty or prize. One winner is a new resident and hasn't worked on the back yard as yet, but their efforts in front of their house were really great.

The Lindseys were very proud of their Bluebird family, which in the opinion of all of the judges, certainly merited "Back Yard Beauty" classification. Those babies were adorable, and the family unit of love and caring for these beautiful little fellows was heart-warming.

The Snyders' backyard involved very

impressive and creative construction of fences, feeders, gates and all hand-made. If Charlie ever hired me, we'd all be in line waiting for his ideas. I'm sure you all know of the work Joe puts into his park gardens, which we have enjoyed for many years.

Margitta is well known for her outstanding efforts with native Florida plants, and her efforts with the Native Plant Club and their outstanding members.

Bob's front and back yard were absolutely beautiful and well planned. Jerry Kitchell's Candlestick Assias were gorgeous specimens. Carole is forever putting in her back yard to our great pleasure, which fact prompted me to start this contest.

The Chiecos' gardening efforts show that learning the Southern methods of gardening and following information gleaned from newspaper articles and the Master Gardeners' office, is the right way to go.

The prizes will be gift certificates from various nurseries that I love, and also melaleuca mulch. The prizes will be awarded the end of October and listed in the December issue of the World News. Thank you all so much for phoning me and giving suggestions and names for front and back yard judging. I have always believed that folks who care for life and all the beauty and kindness that can be shared with others, by feeding birds and supplying them with clean water, planting flowers and herbs for butterflies, giving extra thoughts and consideration for their neighbor's happiness, are a special kind of person. Don't you agree?

The moral of this contest is that when people consider the happiness of others, by having a lovely, neat back yard, respecting

nature and all it offers, all of us are winners!

The Florida Farm Bureau publication, Florida Agriculture (The Voice of Agriculture in Florida) had an interesting article about George Anderson, who was told many years ago that macadamia trees cannot grow well in Florida. Has he ever proved them wrong! Even though he wasn't a plant scientist or farmer, he developed a thriving demonstration macadamia grove on 10 acres near LaBelle in Hendry County.

Now how does that help us? Think back to when the citrus canker almost ruined too many citrus growers here in Florida, presenting slim profits for their produce, but also, when infected trees had to be destroyed, the growers were not allowed to replant new trees for at least two years.

This new interest in growing these nut trees can help the citrus grower branch out and add this new farming to help fill in their business.

Macadamia nuts are low in sodium and saturated fat. Air-drying, roasting or coating with delicious toppings, cookies, cakes and salad dressings are just some of the tasty uses of this healthy nut. This nut is a native of Australia and there are no insects or diseases that seem to affect it here in Florida.

Mr. Anderson said that he hasn't used an ounce of insecticide in the nine years he has been growing them. This information was written in a recent issue of the above-mentioned publication.

Have a healthy, happy Thanksgiving with your family and friends and be kind to each other. ☺



### Native Plant Club Ron Broman

Living on the edge: What does that conjure up in your mind?

Bungy jumping in New Zealand?  
Climbing Kilimanjaro?  
Riding an elephant in Thailand? (I don't think so. We just did that and we don't live on any edge, man).

Well, Cardinal flower, Lobelia cardinalis,

lives on the edge. According to Floridata (1) it is threatened in Florida. But Cardinal flower seems to "prefer" living on the edge. You might say it's very adventuresome. "Cardinal flower grows in moist meadows, bogs and along stream banks [from the northern United States—south to Central Florida." It can tolerate flooding but not drought. If you decide to grow it in your garden the caution is that it must be watered regularly.

I decided to give one a try. Instead of planting it in the part of our teaching garden that gets watered once or twice a week, I took a chance and planted it half way down the retention pond, the area that gets no water except when it rains. I watered it in when I remembered. It rained a bit and that helped. Then we went away, first to the Baltic and Norway for a month.

We returned in August. Lobelia looked a little sad, but was still surviving. We went away again, this time to Seattle and then with our kids and family for a week in Alaska to celebrate our 50th anniversary. When we returned to Seattle, we flew to Thailand, with a side trip to Cambodia, for two and a half weeks.

Lobelia cardinalis was not really on our minds. We were considering Bangkok and

Buddhist temples, Angkor Wat and Asian food, friendly people and frisky elephants. Then we returned.

Learning is good for one's body and soul. It keeps one awake; from getting run over by a tuk-tuk; or from falling off an elephant.

Did you know that "despite the fact that Native Americans used infusions and decoctions of Cardinal flower to treat all sorts of real and imagined afflictions, such as epilepsy, fever sores, parasitic worms, typhoid, witchcraft or grieving sickness, the plant contains poisonous alkaloids and ingestion has caused deaths in humans." In other words unless you are a Native American with epilepsy, fever sores, parasitic worms, typhoid, witchcraft, or grieving sickness don't eat one. (Just thought I'd throw that in.)

Voila! Lobelia was not only surviving; she was in full beautiful bloom and probably tempting to the insects, especially the cruising Monarch butterflies; but "since most insects find it difficult to navigate the long tubular flowers, cardinal flowers depend on hummingbirds, which feed on the nectar; for pollination." (2)

I heard that while we were enjoying our 15 modes of Thai/Cambodian transportation in mostly warm humid weather, Lobelia cardinalis was staying put, helped to survive by the warm, humid weather plus frequent showers.

If Lobelia survives she will have to live on the edge because there won't be extra water. The "experts" say, however, that "Cardi-

nal flower is a short-lived perennial." (1) I'm counting on her desire to live by sending by-now tenacious roots down to the edge of the retention pond. It's really not that far.

She's beautiful. "No wildflower is brighter red" (1)

☺

For our October meeting Tom Miller shared his passion for insects. Tom, a recent addition to On Top of the World, has his master's degree in environmental science from Clarion University in Pennsylvania; but he was "bitten by the bugs" long before his graduation. He has been collecting, teaching and sharing his love and fascination for insects with anyone patient enough to listen.

We sure were patient and warmly receptive to his message. Now, are all bugs insects; and are all insects bugs? Before you go buggy, you might better ask Tom.

We'll be together again as a Native Plant Club on the second Wednesday in November (Nov. 9), at 2 p.m. in Suite H of the Arbor Conference Center. Our speaker will be arborist Betty Young with the Division of Beautification of the Marion County Parks and Recreation Office. Betty will share with us some important ways we can be sure we keep these largest of our plants healthy.

Come join with us as we continue to Grow Native.

(1) Floridata

(2) Lady Bird Johnson Wildflower Center

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### USPO Advisory Council Ray Utiss

This month, I will write to ask all residents to help each other. Please do not talk to our mail carriers. No, it is not rude to not

talk to them. If you choose to talk to them, two things can happen. First, it can hold them back from getting the mail "up." This will not only take them longer to put your mail "up," it will take them longer to put your neighbors' mail "up." The other possibility, if the carrier talks to you while they are sorting, some mail could go astray.

We all receive important mail and all residents appreciate having their mail in the correct boxes. I am sure you all know of a resident who has had a hard time trying to get a copy of a lost letter. Then, there are some things that cannot be duplicated. I could talk for hours about the horror stories I have been told. Let's all be considerate of our neighbors. This article is purposely short to get this one point across. DO NOT TALK TO THE MAIL PERSON.

If you want to e-mail me, my address is grandmaandraisin@cfl.rr.com. You can reach me at home, 9274C S.W. 97th Lane, Ocala, Fla. 34481. Happy mailing! ☺

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# Activities November

## Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness	AC
	Orientation	
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cybox Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Shuffleboard	CTS
	Bridge	CR
	Synchronized Swimming	AC
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	
	Exercises	AC
2:00	Rug/Latch Hooking	Art
	Rummicube	CC:E&F
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:45	Euchre	CC:H
7:00	Wood Shop	WW
	Sunshine Singers	BR
7:30	Callanetics	AC

### 1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
8:00	AARP Safe Driving	MR3
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC: B&C
1:30	D'Clowns	CC: B & C
2:30	Readers' Theatre	CC: D
3:30	Comp. Handicap	CC: H

### 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D
3:00	Community Patrol Prog.	CC: B&C
4:00	10,000 Steps at Sholom	Park
6:30	International Club	Art

### 3rd Week

2:30	Readers' Theatre	CC: D
1:30	D'Clowns	CC: B&C

### 4th Week

4:00	10,000 Steps at Sholom	Park
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## Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:15	Aquacise Shallow	
	Water	AC
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Tai-Chi	H&R
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Stitch Witches	Art
	Harmonichords	AC
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC

9:15	Total Core & Body	
	Strength	AC
9:30	Pinochle	MR3
10:15	Tai-Chi	H&R
10:30	Yogacise	AC
	Latin Cardio	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Foundation	AC
	Exercise Program	
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Bridge	CR
	Ballet Barre	AC
1:00	Singin' Swingin	CC: D
	Mah Jongg	CC: A
	Badminton	H&R
	Shuffleboard	CTS
1:30	The New Pretenders	HR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	CC: B
6:00	Pinochle	MR3 & Art
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR
	Belly Dancing	AC
	Table Tennis	HR
7:00	Mixed Poker	CC: H
	Pattern Dancing	BR

### 1st Week

8:00	AARP Safe Driving	MR3
	Men's 9 Hole Golf	PR.
3:00	Great Lakes Club	BR
7:00	Billiards	CC: D

### 2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC: E,F&G
	Response Team	
12:00	Visually Impaired	CC: H
	Support Group	
	Ham Radio Club	CC: F
3:00	Nutrition Discussion	CC: B&C
3:30	Alpha Investment	Art

### 3rd Week

1:30	Unique Birders	CC: H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC: E&F

### 4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC: E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC: D

## Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
	Bicycle Club	H&R
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Shuffleboard	CTS
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Beginner Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC: C
	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Shuffleboard	CTS
	Bocce League	BCTS
1:30	Shallow Water	
	Exercises	AC
2:00	Pickleball	CTS
3:00	Dance Committee	CC: B&C
4:00	Softball Practice	SBF
5:00	Square Dancing	AC
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bingo	BR
	Pickleball	CTS
	Duplicate Bridge	CR
7:00	Poker	MR3
	Square Dancing	AC

7:30	Stretchin Class	AC
	<b>1st Week</b>	
10:30	Travel Toppers	CC: A
1:30	Stamp Club	Bank
3:00	Italian/Amer Club	BR

### 2nd Week

1:30	Alzheimer's Support	CC: G
2:00	Native Plants	CC: H
3:00	Pennsylvania Club	CC: E

### 3rd Week

1:30	Stamp Club	Bank
	4th Week	
1:30	Alzheimer's Support	CC: G

## Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:15	Aquacise Shallow	
	Water	AC
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	Tai-Chi	HR
	Bus Ocala Run	
	Miniature Golf	MGC

9:15	Total Core & Body	
	Strength	AC
9:30	Shuffleboard	CTS
10:00	Advanced Square	CC: E&F
	Dancers	
10:15	Tai-Chi	H&R
10:30	Yogacise	AC
	Water Walk	AC
	Latin Cardio	AC
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Arthritis Foundation	AC
	Exercise Program	
12:00	Lap Swimming	AC
	Advanced Square	CC: E&F
	Dancers	
	Mah Jongg	CC: A
	Oxycise	H&R
12:15	Sewing Bees	Art
12:30	Theatre Group	BR
	Mah Jongg	CC: A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Badminton	H&R
	D.B.D.	CC: E&F
2:00	Pickleball	CTS
2:30	Jazz Club	CC: D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC: A
	Card Game	CC: B
	Miniature Golf	MGC
6:00	Sequence Game	Art
	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
	Belly Dancing	AC
7:00	Poker	MR3
	Mixed Poker	CC: H
	Shuffleboard	CTS

### 1st Week

1:00	Bunko Dice Game	MR3
	Opera Appreciation	CC: C
5:30	Southern Club	BR

### 2nd Week

1:00	Opera Appreciation	CC: C
1:30	Singles Club	CC: G&H
2:00	NARFE Chapter 2279	CH
6:30	German Club	CC: E&F
7:00	Karaoke Night	CC: G

### 3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Bunka Dice Game	MR3
	S.P.C.A.	CC: H

## Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R

	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	

9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC
	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Circle Square Dancers	H&R
	Ladies Poker	MR3
	CYBEX Orientation	GYM
	Mah Jongg	CC: A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Table Tennis	H&R
	Open Games	CR
1:30	Shallow Water	
	Exercises	AC
	Shuffleboard	CTS
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Oxycise	H&R
	Nickel Nickel	MR3
6:30	Advanced Bridge	CR
	Full Gospel Bible Study	CC: A
6:45	Euchre	H&R

### 1st Week

1:00	Women of the World	CC: E
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### 2nd Week

9:00	RC Ladybirds	CC: A
2:00	New England Club	CC: E
7:00	Republican Club	CC: E,F&G

### 3rd Week

2:00	Blackjack Poker	CC: E
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### 4th Week

12:00	High 12 Club	TBA
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## Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC: B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
5:30	Open Mah Jongg	CC: A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

### 1st Week

10:00	Yoga in The Park	Sholom
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## Sunday

8:30	Racquetball	HR CTS
9:00	Miniature Golf	MGC
12:00	Mah Jongg	CC: A
12:15	Oxycise	H&R
2:00	Pickleball	CTS
5:30	Mah Jongg	CC: A
	Miniature Golf	MGC
6:30	Pickleball	CTS
7:00	Mixed Poker	CC: H

### 1st Week

6:00	K-9 Social Club	CC: D
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### 2nd Week

2:45	Friendship Club	BR
6:00	Movie of the Month	BR

### 3rd Week

2:00	American/Jewish	CC: E,F & G
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### 4th Week



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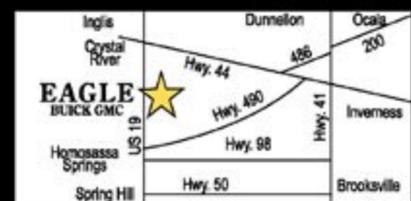
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**Genealogical Society**  
Helen Grollmusz

Among the members of the On Top of the World Genealogical Society, we have many backgrounds. It is interesting at our meetings to hear the true-life experiences and family histories that are shared. We have several Ocala Chapter DAR members. They include Jeane Burditt, June McDonald and Libby Leknes. Julia Hendrick will become a member in October.

Since Libby Leknes was recently accepted into DAR (Daughters of the American Revolution), I asked if she would share her story and she sent the following.

A fifth great-grandfather on my paternal side, Benjamin Cummings, was my entree into the DAR. He was born in Dunstable, Mass., in 1757. While still a small child the family moved to an untamed and unsettled area of New Hampshire where they helped found the town of Hollis. At the age of 18 he became a Minuteman at Bunker Hill. He was in Capt. Reubin Davis's Company, Col Wm. Prescott's regiment, from Hollis, N.H., and marched to Cambridge, Mass., on April 19, 1775 and later at the battle of Bunker Hill, lost his knapsack and Turpline(?). He was registered as 5'11" high and of light complexion. He was in the first New Hampshire regiment during the New York campaign of 1776 and in the New Jersey campaign of 1777, at Princeton and Trenton, N.J. His sister probably attained more fame than he did. After hearing that there were men in Hollis who had become spies for the British, she organized the area women into an army dressed in men's clothing and with nothing more than pitch forks they marched forward to capture the dreaded spies. Two turned out to be their older brothers and two others were their next-door neighbors. These men were evicted from the town and probably lived their lives out in Canada. Thank you Libby.

Also, one of our new residents, June McDonald, who with her husband Jerry Mc-

Donald, are now members of the On Top of the World Genealogical Society, is sharing the following family story with us.

I can remember my mother telling me, as a child, that I could be a member of the DAR. As most women between raising children and working outside the home, I never found the time to do the research. Finally retirement and wanting to leave a legacy to my children and grandchildren, I took the two years' time it took to complete my papers and became a member in 2001.

We do take our freedoms lightly when I think of this young man, Benjamin Rosenberger of Bucks Co., Penn. He was already the fourth generation to be in America and the third generation to be born here, leaving his family farm. He probably carried his musket that he used to hunt pheasant and rabbit to provide food for the table. Most likely he fought for the freedom his family knew and had been accustomed to here in this great country. Thank you June.

Julia Hendrick contributed the following: One result of studying genealogy could be that an ancestor is found who served our country as a patriot during the American Revolution. If that is the case and you are a female who can prove your lineal descent, you may be eligible to become a member of the Daughters of the American Revolution, also known as DAR.

Next month, Julia will share more about her connection to the American Revolution through her ancestor, Abijah Joslin, who is her fourth great grandfather. She has a most unusual treasure with a letter written by Abijah Joslin to his wife in 1776.

Thank you, Julia. We will look forward to more information about Abijah Joslin.

The following is from "Genealogy Today" by Ruby Coleman who is a genealogical author, professional researcher, lecturer, instructor and free-lance writer who graciously gave me permission to use excerpts from her article that follows. Using DAR Resources, by Ruby Coleman [www.genealogytoday.com/roots/xweb.mv?xc=Send.Message&mp;xn=-1&xd=25291](http://www.genealogytoday.com/roots/xweb.mv?xc=Send.Message&mp;xn=-1&xd=25291),

In 1890 the Daughters of the American Revolution was founded as a volunteer women's service organization, headquartered in Washington, D.C. The purpose was and continues to be to promote patriotism, preserve American history and secure the future through better education for children. As a genealogical society, they have 3,000 chapters with approximately 170,000 members. Membership can be obtained by any woman 18 years of age or older who can prove lineal descent from a patriot of the American Revolution. This is available regardless of race, religion or ethnic background.

The DAR National Headquarters is located at 1776 D Street N.W. in Washington,



**These Genealogical Society members are also in the Ocala chapter of Daughters of the American Revolution. From left, standing: Julia Hendrick, Mary Nadel and Jeane Burditt; sitting, Libby Leknes and June McDonald.**

D.C. They have an extensive genealogical library plus a large concert hall, collection of pre-industrial American decorative arts and an extensive college of manuscripts and imprints.

For the genealogist, accessing their records and library is of utmost importance. The DAR Patriot Index consists of names of Revolutionary patriots (men and women) who provided service and assistance between 1775 and 1783 during the Revolutionary War. The information in the index consists of names, dates and places of birth and death, name of spouse, rank, type of service or assistance, and state where the patriot lived or served. If the patriot applied for a pension, this information is noted.

While browsing the DAR web pages, be sure to check out their Online Library Catalog: [www.dar.org/library/onlinlib.cfm](http://www.dar.org/library/onlinlib.cfm). Researchers will find published DAR Patriot Indexes in library collections, but the information is also available through the DAR. To inquire about an ancestor that you feel may be listed in the index, check out their Web page at [www.dar.org/natsociety/pi\\_lookup.cfm](http://www.dar.org/natsociety/pi_lookup.cfm). Fill out the request form, submit it and volunteers at the DAR will check at no charge for this information. Women who have applied for membership in the DAR fill out application papers, which contain extensive information proving their lineage to a Revolutionary War ancestor. The papers of active, resigned, dropped or deceased DAR members are held by the DAR. Their staff will search and copy an application for \$10. The fee is nonrefund-

able, thus it is important to be sure your ancestor is listed in the DAR Patriot Index. The web page at [www.dar.org/natsociety/content.cfm?ID=146&hd+n&FO=Y](http://www.dar.org/natsociety/content.cfm?ID=146&hd+n&FO=Y) contains directions for ordering application papers. While browsing the DAR Web pages, be sure to check out their Online Library Catalog at [www.dar.org/library/onlinlib.cfm](http://www.dar.org/library/onlinlib.cfm). This can be searched by title, author, subject, and combinations of all three, plus by "anything" and "notes." Information is displayed regarding the book or item that matches your search parameters. From this you can locate the book if you are visiting the DAR headquarters in Washington, D.C., or you can inquire about having copies made of specific pages from the book. Keep in mind that many of the books fall under the copyright law.

The genealogical possibilities of the Daughters of the American Revolution are unlimited. Even if you have no Revolutionary War ancestry, it is worth your research time to check out what is available in their extensive and valuable collections. My sincere thanks to Ms. Coleman for the very useful information. As always we are here to help you get started in your genealogy research. If you have made some strides in your family research we look forward to your sharing the results with our genealogy group. Our meetings are held the second Monday of each month at 10 a.m. in Meeting Room 3, in the Crafts Building. If you have any questions, please e-mail me at: [handlova2@aol.com](mailto:handlova2@aol.com) Thank you. ☺



**Red Hat Society**  
Vivian Brown

By the time you read this, the RHS Esteemed Vice-Queen Linda Murphy will have reigned over the Red-iculous Fashion Show and the lucky winners will have received their prizes.

The details will have to wait till next month, but I am absolutely sure, there will be plenty of fun things going on to report to you all.

Remember we are planning a Red Hat Society night at the Ocala Civic Theatre in December to see the Nut Cracker Ballet again this year. I hope to have details soon and will get them to you.

As the holidays approach, and I see all the misery and suffering around the world, I realize how lucky I am, and I thank God everyday for his generosity in giving me this home here at On Top of the World in Florida in the USA, the closest thing to heaven here on earth. I want to wish you all a Happy Thanksgiving and for this holiday I plan to donate food to the Salvation Army so those less fortunate will have a hot meal.

Don't forget our RH "Hattitude" to Live it up, Laugh it up, and Love each other and always pass those Smiles along. Till next month God bless.

**THE RAZZLE-DAZZLE RED HAT DAMES** went to Candler Hills Restaurant for our luncheon, hosted by yours truly Queen Mother. The food was delicious, the service excellent and the companionship without a doubt the finest. We welcomed a new member, Meridel Jellifer, who fits in beautifully. Our birthday gal for October was Betty Broman. Since we recently had a few new members join us, we each gave a condensed story of our lives so we could all get acquainted. It was interesting and I learned a few things I did not know or was aware of. We discussed plans for our luncheons, shows, travel. We have a very busy year coming up, but that's what keeps us young. We welcome back our snowbird Louise Zoccoli. Happy Thanksgiv-

ing ladies. Hugs and Happy Hatting ... *QM Vivian Brown*

**THE QUEEN BEE AND HER HONEYBEES** gathered for a luncheon meeting at Candler Hills Restaurant in September. There were 13 and we relaxed, enjoyed our lunch and discussed plans for our Red-iculous fashion show. Our hostesses Jinny Adolph and Ruthann Briggs asked each of us to bring a picture from our childhood. It was quite a challenge trying to identify everyone and the gals who guessed the most were rewarded with prizes. Happy Hatting to all. ... *QM Betty Tesmer*

**COOL CATS IN RED HATS** celebrated Midge Dinsler's birthday and she picked the place for our monthly meeting. Midge picked the White Swan restaurant. All who attended had a wonderful time helping her enjoy her party. We will be going to Belk's in Gainesville for Red Hat Day in the store. They will be serving all the ladies lunch and all Red Hatters will have a free makeover. Prizes will be given out. This is a yearly happening at the store and a fun day for all Red Hatters. We have space in our group for a few more ladies who would like to kick up their heels with us. ... *QM Janet Fragapane*

**THE CRESCENT RIDGE RED HATTERS** enjoyed their September outing at the Bed Restaurant in Dunnellon. The menu offered a large selection of lunch and breakfast items. A special treat was having all our beverages served in Red Hat glasses. Our talented chapter hostess, Hazel Radabaugh, made each of us candy favors wrapped in purple net and red roses. After lunch we decided to get our exercise shopping in the gift shops in Dunnellon. The next week our chapter got together at our QM home to plan our outfits for the coming fashion show, which sounds like great fun. ... *QM Anne Seales*

**THE CRIMSON CUE-TEES** welcomed two new members in September. Queen Mum Shirley Impresa hosted a coronation luncheon for Florence Binder and Barbara Young to welcome them into our chapter. Also in September all our members participated in the On Top of the World ladies billiard tournament. Additional meetings were held to polish our part in the October luncheon/fashion show at the Arbor Club. Until next month, may all your new hats be red. ... *QM Shirley Impresa*

**THE CRIMSON BELLES:** Our newest chapter had an organizational meeting in May and decided to wait until September for our first official outing. We have 11 members and Barbara Pisani hosted our first get together. Barbara chose the Olive Garden and afterward we went to her home for dessert, drinks and getting acquainted with one another. Plans were discussed for future events. We all are looking forward to Red Hat events with other chapters. ... *QM Joan Motchkavitz*

**THE SCARLET FOXES** had a great time in September at HOPS Restaurant. Our host-

esses, Deni DeHart and Rolla Geiser (Lady Bones and Lady Par), had Red Hat bookmarks for each of us. The food was good and the company even better. In October we dined at Candler Hills, courtesy of our hostesses B.J. Leckbee, Phyllis Kaump and our Queen. Lunch was delicious, especially the "Red Hat" drink. After lunch we went to the Queen's house for a fun afternoon of Bunko. There were prizes for the game and a few wild gifts! Happy birthdays were sung to Lady Giggles (Betty D), Lady Bones (Deni) and our Queen. Patty Corden (Lady Lucky) won our lunch game and also at Bunko. We welcome two new Foxes, Mike Beyer and Ruth Koch, to our group. Next month they take the Red Hat Initiation. Welcome ladies. Till next month. ... *QM Betty Thayer*

**THE RED SHADY LADIES** had a great group of Shady Ladies turn out for a wonderful time at the Gazebo at Oak Run. The food was delicious and the service just couldn't have been any better. Sally Aherns won the mystery prize this month. It is nice that someone different seems to win each month. Bus trips were discussed. Tarpon Springs and the Singing Christmas Trees in Orlando were at the top of the list. Both will be a fun trip. We will catch up on the final decision with our ladies in a few weeks. ... *QM June Laurin*

**JOY'S HAPPY HATTERS** have had a great time this month shopping! We heard about the needs of the people devastated by Hurricane Katrina and felt we could help. So away we went to the stores and the result was awesome. Our pastor Ed Holloway had a van loaded to the brim with our gifts that he delivered to Soul Harvest Church at Silver Spring Shores. Since we all like to shop and have fun, the Happy Hatters challenge our sister chapters to do likewise! To celebrate our undertaking we went to see "The Mikado" at the Ocala Civic Theatre, a comic musical. The music was great, especially the wonderful sopranos. We have also welcomed two new sisters into our chapter, Helen Schroeder and Evelyn Prescott. Until next time. ... *QM Jennie Halvorsen*

**THE DIVINE DIVAS** give a big thanks to Bev Nelson the DingBat Duchess for a wonderful time as she hosted our September luncheon at Eastern Buffet. October found our group at Reno's on the downtown square courtesy of Myra Post and Jo Ciserano. In October, we continued with the tradition of last year by having our Fall Hoot with decorated golf carts, noisemakers and a traveling dinner at various homes. Following right on the heels of this fun time was the Red-iculous Fashion Show on Oct. 25. Some of us are thinking of going back to work for a rest. At the September luncheon the Diva scrapbook was unveiled. It was magnificent and clearly showed all the hard work and love that went into its creation. Gladys LaDuke

will be the keeper of the book. A speedy Get Well Fast wish to our Lady Forgetful, Judy Labeledz from the Divas and all the Red Hatters. ... *QM Gail LaRue by Bunny Barba*

**THE JOLLY RED GEMS** found the summer months were long, hot and very busy for our happy group. We had two game/card parties, which were lots of fun. The first was hosted by Pauline Dawson and Pat Fell and the second by Clair Steers and Linda Hein. We plan to do more of them in the future. We lost a dear member, June Harrer, who moved closer to her family. We'll miss her a lot but hope she'll be happy. The good news is that we have a new member, Arlene Holiday, and she is lots of fun. As well as being new to our group she is also new here at On Top of the World. We're all looking forward to sharing happy days with her. We enjoyed a great dinner at Carrabba's to celebrate two birthdays, Pat Fell and Linda Hein. We're looking forward to some cool weather, some new, exciting activities and a major birthday bash. More on that next month. ... *QM Anna Schwartz*

**THE GLITSY GALS** went to Crystal River and enjoyed an airboat ride. Afterward we went to Margarita Grill for lunch. Of course most of us had to have one of the margaritas, which was super good. We all talked about our most fun thing we did this past summer. Nancy Cochran won the prize of the day as she had the most pennies in her purse. In October, we attended the Tacky Tea sponsored by the Lions Club. We also traveled to Gainesville and attended the Red Hat Day at Belk's at the Oaks Mall. They treated us to lunch and entertained us by introducing Ruby Red and showing us some great fashions. We met at our Queen Mary's home to finalize everything for the Red-iculous Fashion Show. We welcomed a new member Marie Johnson to our group and she took her Red Hat oath and is now Mademoiselle Marie. Queen Mary and Vice-Queen Bea joined by Betty Tesmer and Gail LaRue attended a gathering of the West Coast queen moms council at St. Petersburg Yacht Club in St. Petersburg. In the meantime keep smiling. ... *QM Mary Curry*

**THE NIFTEE NINE** had a busy summer traveling. Mary Skennon was in Greece, Marge Bellew went to Hawaii, Arlene Jackson went to California and Connecticut, Judy Heller went to Ohio and Pennsylvania and Ann Connolly took her daughter and grandchildren to Disney World for several days. We did manage to have a luncheon at Nancy Lopez. Our group collected a considerable sum of money for the victims of Hurricane Katrina, and we purchased some necessities for them. Liz Waters had a cocktail and card party for the ladies and all had a fun time. This past year the Nifty Nine lost three members. It looks as though we may have to change our name to The Sexy Six!? ... *QM Marge Bellew* ☺



**R/C Flyers**  
Jim Lynam

Have you had enough of trick or treat? The On Top of the World R/C Flyers wish to treat you to all the tricks that can be performed by remote control aircraft.

The date is Saturday, Nov. 5, from 9 a.m. to 4 p.m. Get ready for one of On Top of the World's most marvelous and amazing annual events! It is "the happening" that will bring more than 100 magnificent model aircraft to On Top of the World's flying field. These models will run the gamut from huge 1/3rd scale giants with over 15-foot wingspans to miniature planes that could be held in the palm of the hand. The event is the On Top of the World R/C Flyers Annual Fun-Fly!

The aircraft will represent the history of aviation from replicas of early flight, military planes from World War I and World War II, through civilian passenger planes and modern day aerobatic and stunt planes.

Pilots from throughout Florida and the Southeastern United States will be on hand to display and fly their fantastic aircraft. The flying skills of these pilots and the maneuvers of the planes will just make everyone say, "Oh wow!"

Each year the Fun Fly generates more enthusiasm and is a Must See event for all



Here is a sampling of radio-controlled airplanes that may take to the skies at the annual Fly-In on Saturday, Nov. 5.

On Top of the World residents. Catering by Carmichael's will provide food. So, on Saturday, Nov. 5, tell all your friends, relatives and neighbors to bring folding chairs to the flying field and be ready for one of the best events of 2005!

The On Top of the World R/C Flyers would like to welcome Jerry Asner, Richard Nace, and Vernell Shellman as our newest Model Residents at On Top Of The World. The club wishes the best of Lifestyle with Altitude to these members.

The club's Christmas party has been set for Sunday, Dec. 4, at 5 p.m. at the Health & Recreation Ballroom. Tickets are on sale from Bob Trebilcock and Glenn Angle.

All members of the R/C Flyers and spouses are invited to attend the breakfast being held at the 105th St. Methodist Church on the first Saturday of each month at 8 a.m.

The most recent field news is that additional safety fencing has been installed to the spectator area. The field is looking really great, thanks to all the hard work provided by Jim Ellis, Bob Vance and the rest of the volunteers. They have helped haul and spread sand on the low spots, fertilize and mow the field every other day, and are helping with the fencing and other tasks required to keep the field in top condition.

Any members who are interested in joining the IMAA should contact Doug Ensley for an application. Further, a reminder to all R/C members that dues for 2006 are due by Dec. 31.

All On Top of the World residents are always welcome to visit our new R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the

Arbor Club at the end of SW 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meet the first Thursday of each month (Nov. 3) at 9 a.m. in the Arbor Conference Center, Suite A.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident! 🌍



**Birders' Beat**  
Jane Callender

The Unique Birders first program of the year was "Birds of New Zealand." Carole Rau did an excellent presentation. We learned many different things about New Zealand birds and the efforts being made to keep various species from extinction. Since many of our snowbirds had not returned, I hope Carole will do a repeat program.

Isabelle Moller hosted the Paynes Prairie field trip. She also found us a good place to have lunch in Micanopy! Our guide was Earl "Bubba" Scales from Wild Birds Unlimited in Gainesville. Bubba has been our excellent guide for many trips since 1999. It is amazing how he can identify a bird by its song!

Roberta Campbell hosted our October meeting. Polly Farineau led the October field trip. This was a trip on the Withla-

coochee River with Captain Mike. A more detailed report on these activities will be in the December *World News*.

Our next meeting will be Tuesday, Nov. 15, at 1:30 p.m. in Suite H in the Arbor Club Conference Center. For further information call Roberta Campbell at 854-4814, or me, at 861-2983.

The bird of the month is the elusive Hooded Warbler (*Wilsonia Citrina*). This warbler was our primary reason for visiting Paynes Prairie. (We also saw four deer.) I say "elusive" because some of us saw the flitting bird and some didn't. But, we all heard its ringing song—weeta. weeta. weeta-o.

The hooded warbler is olive green above, with yellow cheeks, large black eyes and yellow under parts. The adult males ex-

hibit a distinctive black hood that extends from the top of the head to the throat. The female is similar but lacks the hood. Both sexes have white tail patches that they flash as they move about.

This species usually ranges at a low level, rarely 10 feet above the ground. Like most members of its family, it is adept at fly catching.

In Florida the Hooded Warbler inhabits swamps and moist pinewoods in the panhandle and northern peninsula south to Ocala. Eggs numbering three to four are white splotched with gray and brown. Laying takes place from May to July. During fall migration they are seen from July through October, and mid-March to April in the spring. They winter in Central America. 🌍

When You Need Healthcare,  
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Our full-service emergency department is open 24 hours, seven days a week, providing medical treatment fast and effectively. **Offering the latest in medical technology**, we have built new operating rooms, so we can help more patients. In addition, West Marion Community Hospital is the leader in performing da Vinci® robot prostate surgeries.

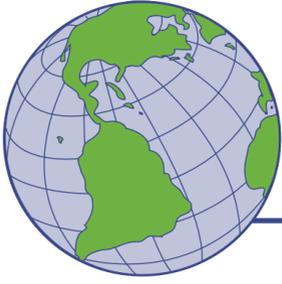
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# On Top of the World NEWS

Where the News is Always Good

Everyone's favorite poet  
turns 100. Page 25.



Section 2

Vol. 19, No. 5 • November 2005



Jacquie Page



From left, Pat Schroeder, Herb Schroeder and Dobie Phillips



Joe and Marge Nuzzi

Photos by Larry Resnick

## A BOOT-STOMPIN' GOOD TIME

### Country Western Dance a huge success

By LARRY RESNICK

If you didn't know better you might have thought you were way out west and expect to see cowhands with lassos roping steers and such.

I'm talking about the On Top of the World Dance Committee's Country Western Dance that was held in September. Upon entering the Health & Recreation Building's Ballroom, all you saw were cowgirls and cowboys, lots of 10-gallon hats, lots of western boots, large belts and buckles, and western garb of every description and color and size.

And why not, this was the first of the new season dance. It was billed as a "Country Western Ramble" and it featured the Silver Star Band which is always an On Top of the World crowd pleasers.

The joint was packed as usual with not a spare seat to be had. This dance was a sellout on the first day that tickets went on sale. This crowd was there to show off their western get-ups and for some serious dancing.

And dance they did, every kind of dance there is, from lindy hops, cha chas, line dances, twists, soft rock, and polkas and on and on. The floor was just about filled for every one of the dance numbers.

Lots of new residents saw for themselves just what these themed dances are all about, and of course many long-time residents know how great these dances always are. Lots of twinkle-toe residents reside here in On Top of the World.

During the band's breaks the dance com-

mittee awarded quite a few door prizes to lucky seat holders and refilled several snack bowls that were set on all the tables for this dance.

This truly was a fun time that was enjoyed by most as evidenced by the large number of cowpokes who stayed right up until the last dance was played by the band.

Now the On Top of the World Dance Committee has set this high standard for this season's upcoming dances, we have a lot of good stuff scheduled.

In November, the dance is scheduled to be a Luau theme, a New Year's Eve bash for December, followed by a February Sweetheart Ball, and then a April Spring Fling.

Wow, let the good times keep on rolling!



Photo by Larry Resnick

### Bicycle Ride

Dozens of residents took advantage of free bicycle tune ups before a fall morning bike ride with Adela Anderson in October. Nick Irwin, left, in green shirt, of the Ocala Bicycle Center, checks out a resident's bike. In November, Dan and Carrie Miller from the Ocala Bicycle Center will give a free lecture titled 'Everything You Need To Know About Bicycle Care.' This will take place at the Arbor Club Ballroom on Tuesday, Nov. 8, at 1:30 p.m.

### Fill The Pantry Food Drive Begins

By ROBERT COLEN AND BONNY MILLER

FILL THE PANTRY, CO-CHAIRS

For the holiday season, On Top of the World Communities, Inc., will be working with the non-profit organization Interfaith Emergency Services to help those less fortunate in the Marion County area. We hope that you will join together with your neighbors in donating canned food, toiletries and snack foods for hundreds of underprivileged school children.

Interfaith Emergency Services raises money and collects supplies to help feed hundreds of hungry elementary school children with their "Back Pack" program. This successful program feeds children who would normally go hungry during weekends and non-school days.

Interfaith is hoping to receive diapers, toiletries (shampoo, toothpaste, soap), canned meats and jellies, and snack foods (pudding cups, apple sauce, juice boxes, cereal, macaroni and cheese, raisins).

Starting in November collection sites will be set up around the community for you to drop off supplies that you can share. Tentatively scheduled drop locations will be:

- The Health and Recreation Building
- The Arbor Club
- Candler Hills Club House
- Indigo East Community Center
- The Accounting Office
- The Sales Office

Other locations may be announced later.

If you are interested in volunteering, please email us at [volunteers@otowfl.com](mailto:volunteers@otowfl.com).

We look forward to a successful and rewarding drive to help those less fortunate in Marion County.





### Men's Golf Association Paul Del Vacchio

Congratulations to Calvin Apperson and Jim Keller on their re-election to the board and also to Gordon Blanchard being elected 9-hole representative. You can now pick up your application for the 2006 GHIN handicap and MGA membership. The cost is the same as last year, \$30. Pick up the application in the white handicap box at the clubhouse by the back door.

These fees must be paid by Dec. 31 or you will have to pay late fee. THIS WILL NOT BE MAILED TO YOU; YOU MUST PICK IT UP AND SUBMIT IT WITH YOUR CHECK.

While we're on the GHIN system, let me remind you that everyone who plays the game should post a score. You can play 9 holes and post a score for 9 holes; you can play 13 holes and post a score for 13 holes. How do I do that, post a score for 18 holes when I only play 13 or more but less than 18? You simply check the scorecard, take your current handicap and see how many strokes you would be given on the final holes. If your handicap is 18 you would have a bogey on each of the remaining holes, therefore your score would be whatever it was at 13 plus the last five holes with bogeys.

Can someone give you a putt and can you post your score? Yes, you can! Though I advise you to putt out everything. Don't forget to count that gimmie as 1 shot.

There is a saying I've heard a lot around many golf courses; and the saying goes, "that women play by the rules of golf and men play pick-up." And then we wonder why we can't play to our handicap when we lay the ball down and putt everything into the hole. If we play pick-up golf we're not being fair to ourselves but that's your

choice. If you have any questions on how to post a score, feel free to give me a call, I think I can help.

Why do we play so many individual events? Why don't we play more team events?

The board of directors tries to make it fairly equal in playing the number of team and individual events. We've been running into a problem when we play a team event. It seems that some of you, when you don't play too well, get annoyed and stop participating; that is not being a team player. Put yourself in the A players position, he may have the lowest handicap in your group but he is not a member of the PGA. I have noticed that some A players put so much pressure on themselves when they play in a team event they play the worse golf they ever play because they are over trying to hold up their end and it gets pretty ugly sometimes. So the next time we play a team event they don't want to sign up.

Also, it has come to my attention that some of our members have forgotten the etiquette of the game. One of my pet peeves is someone walking on my line to finish their putt. They don't just finish their putt, they make a circle around the hole then they expect me to make the putt to save the hole for them. A different complaint I've heard

is players standing too close to the person getting ready to take the shot, being in his sight. Another breach of etiquette is using the head of the putter to remove the ball from the hole. Refer to Rule 33-7 in your USGA rules book "Disqualification Penalty; a penalty of disqualification may in exceptional individual cases be waived, modified or imposed if the committee considers such action warranted. Any penalty less than disqualification must not be waived or modified. If a committee considers that a player is guilty of a serious breach of etiquette, it may pose a penalty of disqualification under this rule."

So, guys, let's start being considerate of our playing partners before someone calls this penalty on you. And remember, nobody here can make the PGA, we're all trying to do our best whether we're an A, B, C or D player and some days we just don't have it.

Your officers for the year 2006 will remain the same as your officers for 2005 with the exception of Gordon Blanchard, the 9-hole director. Any questions see your handbook.

#### Words of Wisdom

"A great handicap for some golfers is honesty." Harvey Mackay  
See you around the golf course. ☺



### Mini Golf Jack Coyle

#### Thursday Mini-Golf September 15

**Ladies:** 41—Dori McConville 45—Emmy Ricciardone 47—Marilyn Cernecarl 50—Florence Soens Tie at 58—Marge Saxon and Bernadette Jacobson 71—Paulette Orscher

**Men:** 40—Don Cernecarl 41—Joe McConville Tie at 42—John Ricciardone and Dick Soens 50—Oliver Aube 53—Glenn Saxon

#### September 22

Rained Out

#### September 29

**Ladies:** 44—Florence Soens 45—Dori McConville 49—Bernadette Jacobson 50—Emmy Ricciardone 51—Eleanor Krowka 53—Jennie Griglio 64—Marge Saxon 67—Paulette Orscher

#### October 6

Rained Out

#### Sunday Mini-Golf September 18

**Ladies:** 43—Florence Soens 44—Marilyn Cernecarl Tie at 48—Emmy Ricciardone and Marge Saxon 50—Dori McConville 53—Chris Resta 60—Paulette Orscher

**Men:** 37—Ben Resta 41—Dick Soens 44—Joe

McConville 46—Oliver Aube 48—Glenn Saxon 49—John Ricciardone

#### September 25

**Ladies:** 41—Dori McConville 45—Marilyn Cernecarl 47—Florence Soens 50—Bernadette Jacobson 52—Jennie Griglio Tie at 54—Eleanor Krowka and Emmy Ricciardone 58—Paulette Orscher

#### October 2

Rained Out

#### October 9

**Ladies:** 42—Marilyn Cernecarl Tie at 47—Eleanor Krowka and Cris Resta Tie at 49—Florence Soens and Dori McConville 50—Emmy Ricciardone 52—Bernadette Jacobson 57—Jennie Griglio 60—Marge Saxon

**Men:** 38—John Ricciardone Tie at 42—Ben Resta and Dick Soens 45—Joe McConville 46—Don Cernecarl 47—Glenn Saxon 49—Oliver Aube 55—Joe Griglio

#### Providence Putters September 20

**Ladies:** 48—Inge Vogt Tie at 53—Sandra Ensley and Dori McConville 55—Emmy Ricciardone

**Men:** Tie at 41—Joe McConville and John Ricciardone 42—Kurt Vogt 45—Doug Ensley 47—Bob Maxwell 50—Oliver Aube

#### September 27

**Ladies:** 47—Dori McConville 49—Inge Vogt Tie at 52—Jennie Griglio, Sandra Ensley and Emmy Ricciardone

**Men:** 39—John Ricciardone 42—Joe McConville 44—Doug Ensley

#### October 4

**Ladies:** 46—Dori McConville 48—Emmy Ricciardone 49—Inge Vogt

**Men:** Tie at 42—Bob Maxwell and Kurt Vogt 47—Oliver Aube 49—Doug Ensley

#### October 11

**Ladies:** 43—Dori McConville 45—Emmy Ricciardone Tie at 46—Inge Vogt and Sandra Ensley

**Men:** 37—Bob Maxwell 40—John Ricciardone 44—Oliver Aube ☺



### Handicap Committee Patricia K. Del Vacchio

Here we go again. What a great day for the Scotch Twosome. I can't speak for any of you ladies but I saw less of the rough than I usually do when we play this game.

My new husband actually kept the ball in the fairway more often than not. We had a group of 76 players and paid 75 percent of us. Not too shabby.

Don and Margie Hink were the big winners with a net 59. Round of applause! J. Pachin and C. Smith had a net 61 followed by the Chases' with 63. Four teams tied for fourth with 64's: Dumeer, Rosinski, Sohler and Penas. Five teams tied for eighth with 65's: Bervinkle, Del Vacchio/Donnelly, Arnold/Jarskey, Miller/Phillipson and Kellers. In 13th place with 66's: Bextermueller/Klodzen, Norris/Page, Gray/Overbo and Apperson/Culp. Nicholas, Shirley and Drivers tied for 17th with 67 and last but not least D'Addio and Wades tied for 20th with 68.

On Saturday, Nov. 5, we will have a Two Drive Traditional Scramble hosted by Dodie and Gordie Phillips. This scramble means that everyone will have to have TWO (2) of their drives used so I guess I'll see all of you at the driving range. Right! In November we will rally at 8:30 with play beginning at 9. See you at the flags. ☺

## MGA Results

#### 9-Hole Individual Net September 21 • Tortoise & Hare

36—Dick Rohde; 40—Mike Sica; tie at 42—John Gartung and Fred Wallen

#### Scotch Twosome by Flight September 21 Net

**A Flight:** 60—Rick D'Addio, Leslie Finney; 61—Roy Goszewski, Millard Sadler; tie at 66—Frank Smith, Charlie Strauss; and Raymond Beloin, Wes Dumeer

**B Flight:** 60—Richard Beury, Ronald Wilson; 63—Paul Del Vacchio, Charles Mattingly; 64—Bud Harris, Don Scott; tie at 67—Bill Bervinkle, Tom Deegan; Dan Carty, Clifford Jones; Don Guymon, Bev Seal; Dick Grimm, Ron Thompson; and Ron Cleveringa, John Pachin

**C Flight:** 60—Jack Gegarty, Kas Kaske; tie at 61—Bill Drusen, Richard Schiller; and Tary Bole, Hira Roy; 62—Ed Beck, Vince Nucaso; 65—Mike Driver, David Miller; tie at 67—Bill Hawk, Wally Schilf; Harry Brower, Carl Larsedn; and Joe Morea, Paul Stone

**D Flight:** 65—John Newell, Frank Palotta; John Matay, J.R. Roosa

#### 9-Hole Team Stableford September 28

**Tortoise & Hare • Team Net**  
57—John Gartung, Mike Sica, Roland Smith and Guy White; 53—Rick Benzing, Dick Rohde, John Ricciardone and Fred Wallen; 39—Zane Barnett and Gordon Blandchard

#### 18-Hole Team Stableford September 28 Team Net

165—Dick Norris, Jack Ashenfelter, Phil Johnson and J.R. Roosa; 152—Ronald Wilson, Art Broman, O.J. Wagner and John O'Neil; 149—Bill Bervinkle, Dick Grimm, Beale Kinsey and Eugene Auckerman; 148—Wes Dumeer, Bud Borders, Frances Caprez and Jose Cura; 147—Frank Smith, Bob Kendrick, David Miller and Bob Graff; 146—Dan Carty, Joe Cameron, Mike Driver and Ed Desmarest; 145—Lee Goodman, Bob Cates, Roland Schwab and Frank Palotta

#### 9-Hole Scramble Chicken Day October 5

**Tortoise & Hare • Team Gross**  
37—Roland Smith, Rick Benzing, Dick Rohde and John Ricciardone

#### Scramble October 5

##### Links • Team Gross

63—Rocky Grooms, John Hall and Frances Caprez; tie at 64—Dan Carty, Joe Cameron, Dick Fields and Bill Hawk; Roy Goszewski, Bill Carlson, Bob Cates and Al Briguera; 66—Johnny Gill, Don Gjuymon, Carl Arnold and Jack Border; tie at 67—Bob Barnes, Bob Bell, Mike Driver and Jack Hegarty; Bob Cronin, Steve Gregely, William Flannery and Harry Hower

#### Scramble October 5

##### Tortoise & Hare • Team Gross

Tie at 63—Leonard Ruble, Alan Mudie, Jack Martin and Joseph Wilssens; James Keller, Bill Howe and Bud May; 65—Carl Zeiler, Charles Mattingly, Kas Kaske and Dave Knauss

#### Individual Net October 12

##### Tortoise & Hare

**A Flight:** 61—Rick D'Addio; 62—Johnny Gill  
**B Flight:** tie at 63—Larry Chase, Bill Carlson; tie at 64—Joe Cameron, Art Buecher; tie at 66—Ron Cleveringa, John Pachin and Dan Carty

**C Flight:** 55—Jack Martin; 57—Ed Beck; tie at 60—Bill Krusen, Bud May; 62—Beale Kinsey; tie at 65—Tom Deegan, Rick Mallardi  
**D Flight:** tie at 66—John Newell, Frank Palotta; 68—Eugene Auckerman; 69—Joe Morea

#### Individual Net October 12

##### Links

**A Flight:** 67—Roy Goszewski; tie at 69—Leslie Finney, Frank Smith

**B Flight:** 62—John Hall; tie at 63—David Suver, Bev Seal; 67—Steve Gregely; 68—Kenneth Vanderkolk; 70—Paul Stone

**C Flight:** 65—O.J. Wagner; 66—Robert Giljohann; tie at 68—Richard Schiller, Dick Fields; 69—Jerry Segovis; 70—William Flannery

**D Flight:** tie at 68—Jack Hegarty, Armando Pena; 71—Arlo Janssen; 72—Joe Sinsky; 73—Jimmy Johnson

#### 9-Hole Individual Net October 12

##### Tortoise & Hare

31—Guy White; 36—Fred Wallen; tie at 37—John Gartung, Gordon Blanchard, Dick Rohde

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**Ladies 18-Hole Golf**  
Mary Sohler

It is sooo good to be back golfing with the 18 holers! Our Kickoff Scramble was great fun, the lunch was delicious and we have lots more of the same to look forward to in the coming months!

If you want to keep informed of all the events we have coming up, be sure to check the bulletin board in the Pro Shop on a regular basis so you won't miss anything. Sometime this month the sign-up sheet will go up for the Christmas luncheon, which will take place on Wednesday, Dec. 7. You won't want to miss it so keep checking. You'll also find lots of useful information in your handbook, so don't just stick it in a drawer and forget about it!

Reminder: you must sign up on the computer by noon on Monday if you're planning to play that Tuesday.

If you signed up for the Rally for a Cure on Tuesday, Nov. 8, we'll be meeting at a dif-

ferent time and place that day. We'll gather at the Pro Shop at 7:40 a.m. Last year's Rally was a big success and a good time. Don't forget that team captains will be collecting \$2.25 that day, as they do for regular play.

If you ever have a question about your handicap, call Wes Dumeer and he'll be happy to answer it.

We have four new members in the 18 holers: Carolyn Cummings, Phyllis Parker, Phyllis Gaddy and Patty Bourgault. Welcome! Hostesses for November: Ginny Huckel, Linda Dumeer and Dot Muller. Please get a sub if you can't be there.

Something to ponder: A 2-foot putt counts the same on the scorecard as a 2-foot drive.

**Team Shamble**  
September 20

108—Beverly Ovrebo, Glenna Swank, Phyllis Jarskey, Florence Foley  
115—Joan D'Addio, Phyllis Parker, Agnes Lindley, Laura Teyral  
116—Sandy Chase, Jo Apperson, Norma Cleveringa, Marjorie Myhr  
117—Karen Hendricks, Margie Hink, Rose Hoover, Helen Foskett  
Chip-ins: Linda Bervinkle

**Individual Stableford**  
September 27  
Net

**A Flight:** 40—Gretchen Normandin 34—Sandy Chase tie at 33—Linda Bervinkle, Beverly Ovrebo, and Laury Hall.  
**B Flight:** 38—Glenna Swank 35—Helen Bextermueller 34—Angelita Pena 32—Lou Borders 31—Louise Suver  
**C Flight:** 32—Marjorie Myhr 31—Jackie Page tie at 26—Helen Foskett, Lena Sneed and Florence Foley

**Chip-ins:** Jan Juhlin, Bev Ovrebo, Jackie Page, Lou Borders and Margie Wade

**Low Gross/Low Net**  
October 4  
Low Gross

**A Flight:** 82—Beverly Ovrebo 86—Jerry Gill 87—Janet Juhlin 92—Joan D'Addio  
**B Flight:** 93—Doris Holman 95—Mary Driver 101—Harriet Brower 109—Glenna Swank  
**C Flight:** tie at 98—Helen Bextermueller and Lou Borders 102—Fran Griswold 104—Georgette Perrault  
**D Flight:** 107—Helen Foskett 109—Lena Sneed 114—Jackie Page 118—Ruth Border

**Low Net**

**A Flight:** 67—Gretchen Normandin tie at 69—Sandy Chase and Linda Bervinkle 70—Laury Hall  
**B Flight:** 67—Louise Suver tie at 74—Jean Culp and Phyllis Parker 75—Margie Hink  
**C Flight:** 64—Marie Marquis 69—Carolyn Cummings 71—Angelita Pena 73—Dea Johnson  
**D Flight:** 70—Peggy Grady 74—Florence Foley 78—Mary Skennion 82—Laura Teyral  
Chip-ins: Mary Skennion, Phyllis Parker, Margie Hink, Louise Suver, Marie Marquis, Helen Bextermueller, Velma Rose, Laury Hall, Catherine Becraft, Jackie Page

**Scramble**  
October 11  
Team scoring

75—Janet Juhlin, Fran Griswold, Angelita Pena, Laura Teyral  
76—Jerry Gill, Georgette Perrault, Catherine Becraft, Blind  
Tie at 78—Beverly Ovrebo, Marilyn Rose, Mary Sohler, Ruth Border; Joan D'Addio, Flo Emanuel, Andrea Flannery, Mary Skennion; and Karen Hendricks, Margie Hinks, Lou Borders, Sylvia Mark

**The Travelors**  
Jo Apperson

Daytona Beach was the destination for the Travelors' three-day fall outing in September.

Challenging golf and good times were on the agenda for 28 members and guests. Due to unexpected circumstances, our hosts, Georgette and Paul Perrault, were unable to participate in the golfing but they still were able to ensure that everything ran smoothly.

The LPGA International Legends course was the first day's venue and the game was two best balls. Closest to the pin honors were won by Joan D'Addio and Bob Carter. The team winners were: first, Chuck and Nancy Nicholas, Bill and Andy Flannery; second, Johnny and Jerry Gill, Bob Carter, Mary McAtee; third, Gene and Mary Sohler, Art and Barb Buecher; fourth, Don and Margie Hink, Cal and Jo Apperson.

A bramble scramble was the game played on the second day, which was played at the Turnbull Bay Golf Club. Elsie Calabrese was closest to the pin for the women and Rick D'Addio took the men honors. The team winners were: first, Johnny and Jerry Gill, Dick Hess, Elsie Calabrese; second, Bill and Andy Flannery, Carl Arnold, Phyllis Jarskey; third, Rick and Joan D'Addio, Paul Del Vacchio, Pat Donnelly; fourth, Jack and Ruth Border, Bob Carter, Mary McAtee.

The site for our final day of golf was the LPGA Champions course. The game was 1 on par 5's, 3 on par 4's and 3 on par 3's, Pat Donnelly and Gene Sohler were the winners of closest to the pin. The team winners were: first, Bill and Andy Flannery, Cal and Jo Apperson; second, Rick and Joan D'Addio, Gene and Mary Sohler; third, Jack and Ruth Border, Don and Margie Hink; fourth, Paul Del Vacchio, Pat Donnelly, Dick Hess, Elsie Calabrese.

Our annual membership meeting was held in October. Our new officers for the coming year are Chuck Nicholas, president; Art Buecher, vice president; and Connie Shirley, secretary/treasurer.

Joan and Rick D'Addio will host our October outing at Candler Hills Golf Course. Our annual Christmas party will be held at the Arbor Conference Center on Wednesday, Dec. 7. Margie Hink, Nancy Nicholas, Jean Culp and Georgette Perrault are hosting this event.

**Patriotic Veterans Concert to be Nov. 13**

By HARRY G. PLOW  
COORDINATOR VETERANS AND FAMILY SERVICES

On Sunday, Nov. 13, at 2 p.m. at the old Forest High School, we will present our third Patriotic Veterans Concert.

Les Muncaster and the Kingdom of the Sun Concert Band will perform.

Several veterans' posts will post their colors. The young Marines will perform a flag folding ceremony at the end of the program.

Since this is 60 years after World War II's end, youngsters from the Marion County School District will sing songs.

We have now two detachments from the Ocala region. We hope to have the program videoed so that the men and women in harm's way may see that we have not forgotten them.

The concert is free, but non-perishable food donations are welcomed for needy veterans.



**Ladies 9-Hole Golf**  
BJ Leckbee

Four of our players arose early on Oct. 6 to participate in Spruce Creek South's invitational, with Deni DeHart's team placing third. Way to go, Deni! Mike Beyer got lucky and won a putter—didn't she win an 11 wood last year? Jean Flynn and I had a good time, too.

At our October meeting the membership voted to play the 5th hole on the Tortoise course as a par 5 during league play. Last season we played it as a par 3.

Tournament Chairwoman Lucy Quaranta wants to remind everyone to meet at the flags instead of the pro shop on Tuesday, Nov. 8. This will allow the 18-hole league to gather for their Rally for the Cure on that day.

Our Christmas luncheon will be at Rainbow Springs on Wednesday, Dec. 7. Please check the bulletin board for sign-up and payment information.

The board requests that all members pay their dues for next year no later than November. Each paid member will then receive a membership book. Until then, here's the play schedule for November:

Nov. 1 Scramble, Links, business meeting; Nov. 8 Low Net, T&H; Nov. 15 Putless Golf, T&H; Nov. 22 Ironing Day, T&H; Nov. 29 Three Blind Mice, T&H, followed by Executive Board Meeting.

Side comment to the mystery player who suffered a brain-dead moment and teed up her ball on the 16th fairway during the scramble: Betcha most of us never saw that before!

**Low Gross**  
September 20  
Tortoise

**A Flight:** 47—Grace Bock; tie at 48—Marie Greco and Ellie Rapacz  
**B Flight:** Tie at 53—Vi Sica and Donna Swiger; 55—Lois Tatonetti  
**C Flight:** Tie at 54—Marlene Floeckher and Marge Warren; 55—AJ Smallwood  
Chip-ins: Marlene Floeckher and Mary Hart

**Low Net**  
September 27  
Tortoise

**A Flight:** 34—Agnes Tetti; 36—Pauline Beloin, Carol White; 37—Marie Greco, Ellie Rapacz and Mary Hart  
**B Flight:** 35—Gretchen Saker; 38—Vi Sica and Lois Tatonetti; 40—Mary Carson, Dot Wagner and Millie Nucaso  
**C Flight:** 36—Marlene Floeckher, 38—Thelma Smith; 39—Fran Mencher  
**D Flight:** 36—Therese Bell; 37—Carol Bell; 39—Virginia Hawk

**Team Gross**  
October 4  
Links

**East Course:** 42—Grace Bock, Joyce Auckerman, Millie Nucaso, and Thelma Smith; 43—Agnes Tetti, Darlene Clark, Gretchen Saker and Phyllis Smith; also Mary Hart, BJ Leckbee, Dodie Phillips, and Lucy Quaranta  
**West Course:** 46—Marlene Floeckher, Bo Wadsworth, Sharon Bailey and Helen Bailey; 49—Judith Kane, Helen Degraw, Rolla Geiser and Carol Bell

**Low Gross**  
October 11  
Tortoise

**A Flight:** 51—Virginia Blanchard; 52—Agnes Tetti; 53—Grace Bock; tie at 54—Ellie Rapacz and Deni DeHart  
**B Flight:** 48—Dawn Hagberg; 53—Lois Tatonetti; tie at 55—Judith Kane and Marilyn Rowe  
Chip-in: Thelma Smith

**Low Gross**  
October 11  
Hare

**A Flight:** 53—Helen Degraw; tie at 54—June Tassinary and Marlene Floeckher; 55—Virginia Henry  
**B Flight:** 59—Evy Stewart; 60—Mike Beyer; 66—Ruth Koch; tie at 67—Helen Bailey, Eleanor Ford and Marge Warren



**Pickleball**  
Betty Thayer

If you've been looking for us on the courts, our hours of play have changed.

Now that fall is here we play at 2 p.m. on Sunday, Wednesday and Thursday. It's exciting to see so many new people out on the courts.

Pickleball is the fastest growing sport among seniors and On Top of the World has its share of enthusiasts for this game.

Welcome back to our northern (snow-birds) players, we missed you.

**Tip for the month**  
Practice serving.

Your serve must land deep, as close to your opponent's base line as possible.

Come join us on the courts. Everyone is welcome.

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**Billiards**  
George Tookmanian

About 20 to 22 members attended the Billiard Club meeting in October.

Efforts had been made to obtain some of our members' names to be placed for nomination to fill the offices of president, vice president, secretary and treasurer. Esther Lang has offered to continue on as secretary, but there were no others to accept a nomination bid. We are still looking for a member to step up and agree to run for the various offices.

Art Wilson, treasurer, reported we have 105 members in good standing. We need you. If this appeal prompts someone to come forth, contact Ray Stover, Vern Uzzell or George Tookmanian. The following lines were submitted by Penny Wilson (aside to Penny, thank you for your fabulous baked treats at the meeting!)

"The lady members participated in their first closed tournament on Sept. 26. It was so much fun and everyone seemed to enjoy the games. You don't have to be a pro, just come and have a fun day with your friends. The results of the ladies double tournament were as follows: first place went to Penny Wilson and Barbara Young. Second place had Ruth Lynch and Carol Bell, and Dottie Metcalf and Marie Munroe captured third place. Congratulations to the winners and thanks to all who participated in the tournament. A special thanks to the Bamboo Cafe for the \$15 gift certificate to the winners. I



**Ladies who participated in a recent billiards tournament include Ruth Lynch, Carol Bell, Penny Wilson and Barbara Young.**

am sure the lunch/dinner will be enjoyed. Also a big thanks to Kathy Lorenzo. She worked so hard putting this tournament together. Hope to see you ladies Monday."

Thank you, Penny! At the membership meeting Penny told me they had taken on the ladies of the Cherrywood pool players, and won over them by a score of 17-10. This was on Oct. 3. Nicely done, gals!

One of the most legendary figures to execute a stroke on a pool table is Willie Mosconi. This man was just about invincible in the contest known as straight pool or 14-1 and for that matter I believe in any game you wanted to play. If one looks at the record books you will see he was the worlds champ during the 40's and 50's for three, four or five years consecutively. There was a year Irving Crane won and a year Jimmy Caras won, but Willie came right back and won again for a few years. In fact after 1956, there were no matches for the championship until 1963 when Luther Lassiter became champ for a number of years. You may like to know Willie held a record run of 526 balls in an exhibition. He was a 7-year-old prodigy with the cue. At 20, he went on a tour with his idol Ralph Greenleaf, then the world champ, and at the height of his game. The score ended with 57 wins for Greenleaf and 50 for Mosconi. Besides his skills on the pool table he was a first class person and a credit to the game. Some of this info has been gathered from the official rulebook. 🌐



**Bocce**  
Bob Woods

Bocce's fall session started one week late due to renovations to the bocce courts. At the last minute, the Friday before our starting day our bocce leaders were notified as the sideboards were removed. It will take almost the entire week to get the courts back in playing order with a brand new look including carpeting and boards with some bounce to them.

Sorry for any inconvenience. Any updates and changes will always be posted at the court's bulletin board.

All team captains and league reps are encouraged to eliminate forfeits by getting those missed games, for whatever reason, rescheduled for make-up. This was brought to the attention of those officials and players attending the general bocce meeting held in September. Those who missed the meeting should contact their respective team captains.

Before I continue I would like to present all players with a problem that arose during the summer league. Even I was wrong and had to look up the incident in the regulations.

Both teams are in the middle of the game and some team balls from both teams have been rolled. One player rolls his team ball a little on the hard side creating a sandwiching effect with those balls already played and the pallina goes flying out of the court. What is supposed to take place?

Also, let's change the scenario and let's say one of the team balls flies out of the court. What is supposed to happen in this situation?

I will tell the answers at the end of this article.

On Top of the World hosted the Senior Games in bocce on Oct. 26.

New tapes will be on hand and also brand new scoreboards have already been screwed into place. This time they are metal and not a fiber substance that strong winds can destroy. They look good and without any glasses I can see the numbers from the opposite end. I had to squint a little, but I could see the numbers plainly. Thanks to whoever ramrodded that project.

If any person would like to play or learn the game of bocce who is not already assigned a day and time and team, please call Bob Orr, our bocce president, at 861-0053.

Now if anyone would like to be a substitute also call Bob Orr and tell him what days and time frame you are available.

Remember, league play is Monday through Friday with three time slots starting at 9 a.m., 11 a.m. and 1 p.m. There is no excuse for late sleepers as well as those early birds.

Team rosters and sub lists were handed out through the league reps and team captains just before play began on Oct. 17. If you did not receive your copy, please see or contact your team captain. Everyone should have copies now. The reason for waiting until the last minute, people were still making changes to the team roster and additions were being made to the sub list.

Now for the answers to the rules or regulations problem I stated in the article's beginning.

If the pallina is knocked out of the court during play no matter who has any points or who is ahead, the ENTIRE FRAME MUST BE REPLAYED.

If a team ball is bumped out of the court then that ball becomes a dead ball and placed out of play.

When this situation was presented to me on what would I do? I got the first part wrong, the second part right.

What is your score?

See you all on the bocce courts. 🌐



**Arbor Club**  
**Tennis**  
Les Saunders

Hans Westerkamp was invited by the Tennis Committee to meet with them and discuss the possibility of Hans becoming a member of the committee. He agreed to serve on the committee and to be the volunteer Coordinator of Organized Activities until On Top of the World management has employed a new director of tennis.

Hans also volunteered to assist Lisa Anspacher with the Senior Games in October. Details of that event will be published next month along with results of the On Top of the

World Tournament that was delayed by rain. The Tennis Committee invites members of the club to attend the first 20 minutes of its regular monthly meeting to contribute ideas for the good of the club. Those who wish to meet with the committee will please sign up in advance at the Arbor Club office. The meetings are held on the first Wednesday of the month at 11 a.m.

This writer notified the Tennis Committee in October that he resigns from writing this monthly column. It has been a pleasure to report the activities of the Arbor Tennis Club for nearly three years with only a brief interval, but now another volunteer may carry on with it. The weekly schedule of organized activities is as follows:

- Monday: 8:30 to 11 a.m., round robin, all five courts.

- Tuesday: 8:30 to 10 a.m., clinic, court No. 1; 4 to 7 p.m. interclub matches when scheduled, all five courts.

- Wednesday: 8:30 to 11 a.m., round robin, all five courts.

- Thursday: 4 to 7 p.m., interclub matches when scheduled, all five courts.

- Friday: 8:30 to 10 a.m. clinic, court No. 1.

Members wishing to participate in the round robins will be required to sign up at the Arbor Club up to two weeks in advance, but not later than 5 p.m. on the day before each round robin. As a reminder, the rules and regulations for

the Arbor Tennis Courts are as follows:

- The Arbor Tennis courts are for the use of the members and their guests.

- A guest may use the court only if accompanied by the member. Guest fees (\$5 per guest) must be paid in advance of play at the Arbor Club Pro Shop.

- At any given time, court use is restricted to one court for a member and guest(s).

- Tennis sneakers must be worn by players at all time.

- Any suitable attire is acceptable; however, players must wear shirts at all times.

- Club events take priority, should be scheduled at least two weeks in advance and will be posted on reservation sheets.

- Court sign-up:

- Courts may be reserved for one hour for singles and two hours for doubles. Two names must be listed for singles and four names for doubles on the sign-up sheet.

- Reservations may be made two days in advance by signing up on the reservation sheet posted at the Arbor Club. Reservation sheets will be available at 8 a.m. Telephone reservations will not be accepted.

- No name may appear twice on the daily reservation sheet.

- The names of all guests must be on the reservation sheet.

- Reservations are forfeited 10 minutes after the start of the reserved court time for non-appearance of at least one of the players. Players are urged to cancel in advance

when possible. Non-appearance three times in a calendar year will result in the loss of rights to reserve courts for the remainder of that year.

- When players are waiting for courts, unreserved play is limited for one hour for singles and one and one half-hours for doubles. Waiting players are permitted to ask players who have occupied the courts beyond these times to relinquish the courts.
- Court use is limited to four players at one time.

- Pets and non-playing children are prohibited from the fenced court area.

- No alcoholic beverages or breakable materials are permitted within the fenced area.

- Trash must be placed in the appropriate receptacles.

- Smoking is prohibited on the grounds of the tennis courts.

- The Tennis Committee or the manager reserves the right to ask anyone to leave the courts for infractions of any of these regulations. 🌐

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### Travel Toppers

Eileen K. Vanderbosch

Many thanks to all who went to the dance, had a great time and helped both Bingo and Travel Toppers with finances.

A better than anticipated crowd danced to great music, cost underwritten by Big Sun Realty. There were couples, singles (special tables for them), line dancers, you name it, they were doing it. The crystal pendant necklace, donated by Lemieux Jewelers, was won by Neal Tiffany.

Our next fundraiser dance will be on Sunday, Nov. 20, from 2 to 4 p.m. in the Ballroom. Please bring your own non-alcoholic beverages, glasses, etc. We will provide light snacks. We are hoping this one will be as successful as the first.

Tickets are \$3 per person and will be on sale Monday, Wednesday, and Fri-

day, 8:30 to 10 a.m. in the Ballroom or call a Travel Toppers officer, or Lolly Foos and Margaret Orlando for them. There are still some seats available for the Sterling Casino Cruise, and for Ellenton Mall.

The Roy Clark show is Thursday, Jan. 19, which is the correct date and the deadline for reservations is Monday, Dec. 12.

Speaking of reservations, we are pleased that almost everyone has been able to accept our new pre-reservation policy. If there are any questions, call one of the officers. Please take special note in the brochure as to what date and time the coordinator will take calls for reservations. These are volunteer workers who work very hard for the trips and we hope all residents will have the courtesy to abide with the date and time of reservations.

The picture raffle will have taken place after this goes to press and we will notify you about the winners in the next edition of the paper. We are grateful for all the residents who took picture changes and hope you like whatever one you won.

The upcoming trips are the Ice Festival, Thursday, Dec. 1, cost \$38; on Sunday, Dec. 11, the trip is to First Baptist Church of Orlando to see the Singing Christmas Trees. For those who cannot climb stairs, there will be reserved seats on the first floor, just tell the coordinator your choice of seating.

The board is already working on the next brochure, so stay tuned to Travel Toppers and travel with us for the best trips at best price. ☺



### International Club

Bill Shampine

For many people, traveling overseas is an often-expressed goal for their retirement. It is a chance to see the world that they only had the time to read about while working for a living.

Having had the good fortune of living overseas (Saudi Arabia for six years) and traveling overseas extensively for the last 11 years of my career, I wholeheartedly support this goal. Spending time visiting, or better yet being immersed in, another culture is a very broadening experience. Americans typically are a bit narrow in their global outlook, and those who ignore the rest of the world truly are missing a great deal. For those of you who are considering a trip abroad, or those with limited overseas experience, here are a few personal experience comments about some travel logistics for you to consider.

Where should I go? The potential is limitless, and is bounded only by your imagination, interest and pocketbook. For many of us, the question really is not where, but where first! There are many travel agents, brochures, newspaper and magazine articles and well-traveled friends that can offer suggestions to help you decide on a locale that can excite you! In addition, you always can come to our club meetings and talk to people who were born in countries other than the United States, people who have lived overseas for several years, and people who have traveled extensively. We all will be happy to talk about our experiences.

What should I take? You should check the weather in advance of your trip to make sure you have the appropriate level of clothes with you. This can be done by going to the Internet at [www.weather.com](http://www.weather.com). That site has a section called "Plan a Getaway" where you can specify a city and it will tell you the weather at that city for multiple time periods ranging from today up to a month in the future.

Once you decide that you need short sleeves, coats or rain gear, you can begin to select your wardrobe. When it is time to pack, it is suggested that you put everything you plan to carry on the bed before you pack anything. Then, you need to put about HALF of the clothes you selected back in the closet! Most people carry far too much, and end up carrying clothes they never wear. When you are traveling it is NOT necessary to wear different clothes every day. Shoes eat up a lot of space in a suitcase, so these should be considered carefully. It is critical that you have a comfortable pair of walking shoes. Other than that, it is recommended that you take no more than one other pair of "nice" shoes to wear on an evening out. Don't forget to pack socks, underwear or other small stuff inside your shoes to help conserve space.

these matches. The shirts are available in a number of colors. Information on the shirts can be gotten through the club captains.

Ten-pin play was resumed on Thursday afternoons. It is available to all. Come enjoy the fun and sharpen your game with this interesting format of play. All are welcome.

John Mataya with the able assistance of Tony Manzo, Joe Szabo and Frank Dubay conducted a clinic in September. About 24 showed up for the session. The instruction covered basic rules and fundamentals, techniques of play, strategy such as the Tampa and St. Pete block, kitchen shots, scoring, etc. John is working on a series of three such clinic sessions, which would improve one's play and enhance the enjoyment of the game. These sessions are available to all, new players and old hands. Information is available from the club captains.

The general membership meeting is scheduled for Thursday, Nov. 3, at 11 a.m. It will be followed by a catered luncheon.

#### Winners for September

##### Men

**Monday a.m.:** Bob Schuck

**Monday p.m.:** John Mataya

**Tuesday p.m.:** Joe Chancey

**Wednesday p.m.:** Tony Manzo

**Thursday a.m.:** Paul Wharen

**Friday a.m.:** Don Hood

##### Women

**Monday a.m.:** Patsy Schuck

**Monday p.m.:** Jean Chieco

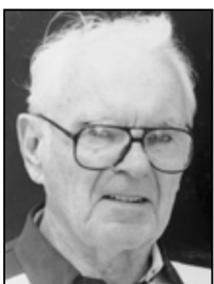
**Tuesday p.m.:** Betty Cheetham

**Wednesday p.m.:** Helen Martinez

**Thursday a.m.:** Delores Bilello, Mary Ciavanti,

Carol Lopez, Helen Monsees

**Friday a.m.:** Elaine Austin ☺



### Shuffleboard

Joe Tuohy

During September our local club played host to Oak Run in a series of friendly matches. Sixteen men and women made up the visiting contingent. Twenty-four games were played, On Top of the World winning 16.

Congratulations to the men and women who so well represented the On Top of the World club. A special thanks to J.C. Brown who does such a good job in arranging these inter-community games. We look forward to similar exchange meets with some of our sister communities.

The club is in the process of setting up a traveling group consisting of those men and women who would like to participate in future inter-community events. Those interested should give their names to their team captains.

Some of our players proudly wore their new On Top of the World club shirts during

### Fellowship Bible

Alice Geyer

Our current subject of study is the book of Daniel in the Old Testament. Leader Kurt Klein is always prepared to take us to other books in the Bible which correspond to the particular verses we are studying for the day.

It is said that Scripture explains itself. Quite true. Parts of the Old

Testament are sometimes difficult to comprehend. Through the Gospel we find new understanding (enlightenment). It can

be like being in a dark room and turning on the light!

Many people have questions, uncertainties, about what God is saying to us in this present age. This class could help. Would you like to visit? We meet every Monday afternoon from 3:30 to 4:30 p.m. in Meeting Room 3 in the Craft Building.

For more information call Mabel Johnson at 873-0642 or Alice Geyer at 237-3059. ☺

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**The Amazing Steel Drum Ensemble returns to On Top of the World Thursday, Nov. 5, at 7 p.m. in the Health & Recreation Ballroom. The concert is presented by the Southern Club. All residents and their guests are invited.**

### Amazing Steel Drum Ensemble Returns

Those of you who enjoyed the Amazing Steel Drum ensemble's concert in Shalom Park last April will want to hear them again. Anyone who missed that concert will now have an opportunity to come and enjoy this wonderful ensemble.

This ensemble of young people and adults is sponsored by the Good Spirit Foundation of Citrus County. The Good Spirit Foundation is a not-for-profit charitable organization that works with young people and their families through a variety of services including a summer camp, family and individual counseling, performance opportunities in the steel band, job opportunity program and scholarships for education. This group is worthy of your support.

There is no charge for this concert but a donation will be appreciated. The ensemble will have CDs and tapes available.



**Southern Club**  
Charlotte Hancock

The potluck dinner was great. We had such a variety that it was hard to say which one was the best. The tables were decorated with fall garland. The Halloween tubs of candy became snacking food prior to their being used as door prizes. There was a large scarecrow on the podium that was the prize for the best costume. However, the presi-

dent of the Southern Club won, as she was the only one in a costume of sorts with her bright orange shirt and witch's hat.

The Southern Club welcomed Dr. Reddy from the Marion Cardiovascular Institute. He spoke on a new program called "Enhanced External Counter Pulsation System." This is for heart patients and involves strapping blood pressure cuffs on both legs to pulse blood more efficiently through the body.

In November, we are having turkey, dressing and gravy provided by the club. Each member is asked to contribute \$1 toward the overall fee. Club members are asked to bring a covered dish in keeping with the holiday tradition of Thanksgiving. Our dinner/meeting will be held on Thursday, Nov. 3, at 5:30 p.m.

Also on Nov. 3, at 7 p.m., we will welcome back the Amazing Steel Drum Band. The Southern Club would like to welcome all On Top of the World residents and friends to attend at no charge. This band is from the Citrus Youth Foundation and truly is an amazing group of young people.

We are looking forward to seeing our current members and welcome all new Southerners to our club. ☺



**Great Lakes Club**  
Aleta Klaras

At the October meeting of the Great Lakes Club, the New York and Pennsylva-

nia members were the first to be served refreshments. The members from both states introduced themselves, told where they were from and how long they have lived at On Top of the World.

President Mary Jo Hammond gave us the information on our Christmas party, which will be held at the Arbor Club on Tuesday, Dec. 13. It will be catered by Bruce with great entertainment and door prizes. Tickets will be \$11 and will be for sale at our November meeting.

Gloria Hilt, our treasurer, introduced the new members joining us. At the November meeting, we will honor members from Minnesota and Ontario.

We were entertained by the Ocala Clowns Express with skits, jokes and songs. The precious little dog riding in its wagon was a definite showstopper.

Join us in November when our entertainment will be "Live from Chicago." ☺



**Clown Express**  
Ferrell Van Horn

October has started out with a bang. Two wonderful things have happened to Ocala Clown Express. Ho Lot Mo and Little Mo changed their minds and are now staying in Ocala. The thoughts of all of that cold weather got to them. Sparkalena, our Mama clown, is moving back to Florida and will be joining us again. Just don't understand why anyone would want to leave all the wonderful weather, such as tropical storms, hurricanes and pollen! At least we don't have to dig out of the snow or have slick icy sidewalks, plus we have sunshine 99 percent of the time. Anyway, whoope! We have our clowns back.

This year we have changed the program for the Munroe Pediatric Orientation. Of course we are doing some things the same, but we had a request to add "Not Talking To Strangers." So—along comes Priscilla and Dom. They are two puppets that interact with their handlers and the children. I'm sure you know what DOM stands for? It is "Dirty Old Man." He hides behind a fence and comes out to talk with the children. Priscilla is the star of the show and really sends the message home to the children.

TimberRidge was a blast. We had a bigger group than usual and they were all ready to do all the things that we had up our sleeve. Boy, do they love our new magic tricks. I guess we will have to learn more. Now that we have so many bells and symbols we can accommodate more than 50 residents. They are getting so good that we could give a concert. We did a few quick skits, gave out stickers and then visited with all who attended and a few that were not able to leave their rooms.

The SECA Convention was the best yet. I have never laughed so much or for so long—ever. Our classes were well organized and the teachers gave us more information than we can use this year. Our last day was such fun. It just so happened that we chose two of the best classes I have ever been to. We were housed at the Radisson in Augusta, Georgia. Wow, clowns have never been treated so great and the hotel was wonderful. We even had doormen greet us. As we departed some of the staff said that the last four days were the best time they had ever had while working there. Says something for clowning. Hawthorne Inn at Surrey Place was really jumping with magic, bells and skits. They really did enjoy all of the tomfoolery with the clowns and joined in with the bells. Of course we gave all the residents, guests and nursing staff one of our special stickers. Our skits were a big hit and the magic was the star of the day.

The Bridges Nursing Home asked us to come and entertain their group and we were more than pleased to do so. Our six skits were a big hit and they really seemed to enjoy themselves. When we started with the bells, not only were they terrific, but we had one man that sang a solo as the bells rang. It was one of the best days for us and we hope that they left feeling as good as Ocala Clown Express.

Druid Hills Methodist Church asked for five clowns to come to its ice cream social and mill around with the group while they waited for their ice cream to be served. Everyone took pocket tricks and stickers and we really did have a great time. This was the second time that we have been to Druid Hills so it was like old home week getting to see and visit with some of the members again.

Hospice held their "Flutterby" again this year. Children from the local schools were bussed to the Hospice Center. From the beginning to the end of the life of the butterfly was explained to the children. This was held from 8 a.m. until 2:30 p.m. During this period more than 500 butterfly tattoos were applied by the clowns. What a fun day for the children and the clowns.

As you can see we are a busy bunch of clowns. If you would like to join us or just drop by to check us out we would be happy to see you. We have almost anything that you can think of that would or could keep you busy. Just do what fits into your plans. If you need more information just call "Dotsy" aka Carol at 873-9223. ☺



**D'Clowns**  
Paula Magen

Can it really be November already? October was a fun month! D'Clowns started our shows at the Park Place Alzheimer's section. We will perform there every month and look forward to it.

They are a fun loving group, who enjoy our antics, which include songs, music, skits, magic and jokes. Clown Rosey gave clown stickers out. A few enjoyed ringing bells, clapping tambourines and rattling maracas to music. They loved to "guess that tune." Lovely beads were distributed. Staff and residents participated in our hilarious "Hats Off!" skit.

We also did our first show at Quiet Oaks and had an opportunity to try out new skits

and jokes for this "with it" group.

As of this writing we are looking forward to participating at the Halloween party for Saddlewood Elementary School children. This will be a first time event given by the Sheriff's Department. We will paint faces, do tattoos, make balloon animals and enjoy the variety of costumes the youngsters will be wearing.

Three days earlier we will be at the downtown square for the Light the Night Walk sponsored by the Leukemia and Lymphoma Society. It is a most worthy cause that D'Clowns participate in every year. We are there to entertain kids of all ages.

Tuesday, Nov. 1, will be our second show at Park Place and we look forward to it.

As the weeks progress we will schedule more gigs and Walk-a-Rounds. Thanks to clown Rosey (Doris Mauricio,) our song sheets are now in large print, illustrated and organized. How nice they look!

This clown will be heading north the beginning of November to visit two sets of grandkids and for a family function ... can't wait!

Don't forget to honor our Veterans, and also enjoy Thanksgiving! We are a fun group of clowns who enjoy bringing smiles and laughter. We just know there's a clown inside you just bursting to come out. We will help you with all aspects of clowning. Join us at our meetings on the first and third Mondays at 1:30 p.m. at the Arbor Conference Center, Suites B and C. Call Paula Magen at 873-3433. ☺

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**Italian American Club**  
Fran Kostnik

October proved to be a memorable one for our club. The Columbus Day Dinner/Dance was a fabulous night of dining and dancing. The excellent meal was prepared and served by Carmichael's Catering. Tables were decorated with picturesque Italian place mats, stoneware candleholders, china dishes, silverware, large green cloth napkins and a glass of iced water at each place setting.

Under the tutelage of David Armstrong, dinner was served to the attendees by the On Top of the World staff nattily outfitted in white jackets and black pants lending an air of class and elegance to the party. The meal consisted of green salad, chicken in a lemon-caper sauce, roasted red bliss potatoes, glazed carrots, string beans with pearl onions and bread. After a dance interlude, coffee and desserts consisting of petit

fours, éclairs, strawberry filled torte, decadent chocolate cake and cheesecake squares were served. Music was by Anthony Rando and Co. and many stayed and danced until the last note was played for the evening.

During a half hour interlude, new president Mike DeBari disbursed 14 door prizes donated by local merchants as surprise gifts (never advertised in advance) to the attendees. The main raffle consisted of 28 baskets filled with wine and Italian foods. These baskets were filled with items donated by our members and we thank all of them for their generosity.

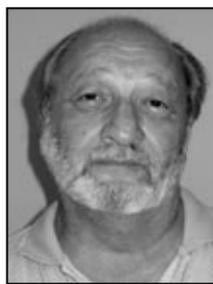
We must also thank everyone who came to my home to assemble and wrap them up for this evening. These include Fanny Baldacchini, Rose Bambino, Carol Berta, Diane DeBari, Judy Dunn, Joan and Ron Motchkavitz, Diane Rocafort and Annette Van Tronk.

Special thanks to Jerry Cauda for chairing this event, Joan Motchkavitz for supervising ticket sales, Ann Todaro for securing the door prizes and Pat and Tony Manza for booking the music.

The people who helped both set up and clean up after the party deserve a round of applause for their contribution to this fantastic evening.

The next meeting will be on Wednesday, Nov. 2, at 3 p.m. in the Ballroom. At this time, tickets for the Dec. 3 party will be on sale. Unfortunately, there is no menu or price available as we go the press early in the month. I would suggest bringing your checkbook or extra cash to the meeting. Watch Channel 19 for additional information.

Anyone of Italian heritage and his/her partner are welcome to join the club. Membership dues of \$10 per person for next year will also be collected. Ciao. ☺



**Scooter/Motorcycle Club**  
Richard Impresa

Do you want to lower your gasoline bills but don't want the expense and bulkiness of golf cart? Why not try a motor scooter? Scooters are an inexpensive and economical mode of transportation.

By definition, they have a floorboard and automatic transmission, and the engine is mounted on the rear wheel so you can "step through" the vehicle to sit down on the seat instead of having to swing your leg over it. A new basic 49cc engine scooter can be purchased for about 1/3 the price of a golf cart and does not require a registration or special license. It can easily fit in a one-car garage (with the car) and should get about 80 miles per gallon of gasoline. These scooters can be driven throughout On Top of the World, including the Winn Dixie plaza.

Larger, more powerful scooters and motorcycles have engines from 50cc and up. These vehicles require a registration and their operators must pass a one-time written test as well as a road test, which includes



turning, braking, obstacle course, etc. This test is conducted by the State of Florida Department of Motor Vehicles.

Local companies offer private safety training courses for a fee. These classes usually include administering the written and road tests as part of the course. Check with the individual school for details. After successful completion of the tests the operator will get an addendum to their license, which allows them to ride on all roads. When people see my scooter in parking lots they ask me how much noise it generates. The best way to answer is to start it up and let them hear it run. My scooter has a 500cc motor and is designed and manufactured to emit 80 decibels or less of sound, which is in the same range as a gasoline engine golf cart. This meets all of the regulations issued by the Environmental Protection Agency regarding noise abatement and control. As a comparison, the Congressional Report for the E.P.A. (RS20S31) shows that an average lawn mower is twice as loud and a garbage truck or chain saw is four times louder than my scooter.

So instead of starting up the car and wasting that precious gasoline, strap on your helmet and take a fun ride to the Health & Recreation Building, Arbor Club, etc.

Anyone interested in joining a motor scooter/cycle club can contact Richard Impresa at 873-8247. ☺



**Pennsylvania Club**  
Pat Utiss

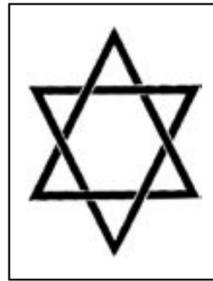
At the October meeting of the Pennsylvania Club, we played the "Not-so-Newlywed" game. It was amazing to note how well several couples guessed each other's answers. It was equally amazing, how little other couples seemed to know about each other. For the sake of our marriage, it was a good

thing this writer was the scorekeeper and the club president was the emcee. We may have embarrassed ourselves by not getting any questions correct.

The winners of the game were Don and Joann Oakes and Florence and Dick Soens. Each of these couples got six of the 10 questions correct. Eileen Kreps won first prize in the audience participation part and Dot Hinde was second.

The November meeting will be on Wednesday, Nov. 9. It will be our annual Thanksgiving covered dish dinner. Members attending will bring a covered dish to share and their table service (plates and silverware). Coffee and cold drinks will be provided. As usual, this meeting will be at 3 p.m. at the Arbor Conference Center, Suite E.

At the November meeting, tickets will go on sale for our Christmas party. This year, the Christmas party will be held at Golden Corral on Wednesday, Dec. 14, at 5 p.m. Tickets are \$10 per person and must be purchased in advance. If you cannot come to the November meeting, tickets will be on sale in the ballroom, watch Channel 19 for dates of the ticket sales. You can also call me at 861-2831 and we will see that you get tickets. ☺



**American Jewish Club**  
Erwin Fluss

The club wishes to extend a warm welcome to all new and returning members, and we invite all of the Jewish community and their spouses to join us.

During our September meeting we were

entertained by fine dancing presented by our own On Top of the World Circle Squares. You were simply great. Thank you.

For a special treat, on Oct. 2 we enjoyed a delicious Rosh Hashanah dinner catered by Blessing Table. It was a delightful evening and many thanks are due to the hard work of Terri Stein and Ruth Barnash for coordinating the whole affair. To add a touch of holiday flavor, Stanley Stein blew a traditional Shofar. Thanks to all who helped.

Marilyn and Jerry Golub announced that Rabbi Berman has started conducting a Torah topic study program monthly. The first session was at their house on Oct 22. Please call them for information at 291-1626.

We will have our next regular meeting on Sunday, Nov. 20 at 2 p.m. Experts on crime prevention will get us up to date. This meeting should prove very interesting and informative.

Our information and goodwill lady, Dorothy Bresky, invites you to call her for any questions, but please only after 4 p.m. at 854-0284.

Until next time, happy, healthy, peaceful, new year to all. ☺



**New York/New Jersey**  
Terry Zarrella

It's so difficult to write a November column when the date is only Oct. 2. The "Saint," a/k/a my husband Andy, and I are leaving for New York on the 6th and if you know me well enough, I never shirk on my duties and try never to disappoint anyone. That being said I hope everyone enjoyed October's entertainment by the Dazzlers.

Tickets were sold for the Feb. 7, 2006, Tampa Bay Downs trip at our October meeting. If anyone wasn't prepared to buy tickets that day, they can be purchased by calling Fanny Baldacchini at 873-4255 or myself at 861-4947. Tickets also will be sold in the

Health & Recreation Ballroom for all On Top of the World residents starting Wednesday, Nov. 2, from 8:30 to 10 a.m. Price of the tickets is \$35 per person. There will be two buses so first come first served.

Our "Member of the Month" is Gladys Bevelacqua. Gladys and her husband Philip have resided at On Top of the World for 11 years and have been members of the New York/New Jersey club for the same amount of time. She is a valued member of the club and holds two positions as our "Sunshine Lady" and is in charge of our badges. She volunteers at Munroe Medical Regional Center and is a "Fuzzie" member. She always has a great joke and lifts everyone's spirits. Her husband Phil is a Lion member and is involved with the American Legion. Gladys happily volunteers for the many areas of need in our club and is quite appreciative of the efforts by many of our board members.

At our November meeting, Joe Askenase will hold our annual "Horse Racing Event." It is a popular meeting and we all look forward to his efforts to have fun and perhaps win a dollar or two or three. The date is Tuesday, Nov. 15, at 3 p.m.

Also at the November meeting, tickets will be sold for our Christmas party, which will be held on our regular December meeting date of Dec. 20 in the Ballroom.

We look forward to any new residents from the New York/New Jersey area to join our club. If you have any questions please do not hesitate to call me. Until next month stay well. ☺



**Irish American Club**  
C.M. Casey

The seemingly long hot summer has come to a close and fall is here with just a bit of changing weather for us to enjoy.

Coming up quickly are the holidays and

entertaining, but please mark your calendar for Friday, Dec. 9. That evening we will celebrate our Gala Christmas Event, which will be held in the Health & Recreation Ballroom.

Entertainment for this event will be the world-renowned entertainer, Michael Funge. He is well known in the United States and abroad and has played at Carnegie Hall. Tickets for this event will go on sale for members on Monday, Nov. 28, from 8:30 to 10:30 a.m. in the H&R Ballroom. This event is open to all residents of On Top of the World and tickets will go on sale Wednesday, Nov. 30, and Friday, Dec. 2, from 8:30 to 10:30 a.m. in the H&R Ballroom. Ticket prices for this event will be announced later. Please come join us for a fun-filled evening.

Our Gaelic phrase of the month: saol fada chugat. Pronounced: sail fod ah cugat. Meaning: long life to you.

I would like to wish all our members who are celebrating anniversaries and birthdays this month the very best.

Until next time, "May your troubles be few and your blessing be more." ☺

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Photo by Larry Resnick

### The 'Wolverine' Robot

Marion County Sheriff's Deputy Randy Scheib demonstrates the department's robot to the On Top of the World Community Patrol. This robot is used for bomb removal, entering buildings that might be contaminated with gasses or poisons and taking air samples, opening dangerous entry doors and accessing containers or buildings ... just about anything that might be very dangerous for a human to do. Community Patrol chairperson Joe Berger is at left.



### In the Spotlight Pat Wellington

#### Connie and Harold Mitchell

Since joining Countryside Presbyterian Church, Connie and Harold Mitchell have been tireless volunteers, involving themselves in the church building program (now completed), and co-leading a study of Rick Warren's "The Purpose Driven Life" for the Adult Sunday School class. Additionally, Connie has coordinated the Caring Caller Ministry and served on the Stewardship Committee. And Harold was recently ordained as an elder.

Despite these heavy commitments, they set aside plenty of time for family. In fact, the Mitchells are all about family—all four children and their spouses, eight grandchildren, several great-grands, and Connie's very social mother who at 102 still lives in her own house in Oklahoma City. This large clan comes together at reunions at least once a year.

The Mitchells are natives of Oklahoma and, not surprisingly, tall Harold played basketball for the University of Central Oklahoma. During World War II the U.S. Army assigned him to the 4th Repo Depot (no rhyme intended) in Zama, Japan. After the war he launched what would be a 34-year career with Glenbrook Labs of Sterling Drug Inc. in New York City. Today as a retiree he still enjoys playing golf and tennis. Connie says that she followed a traditional homemaker's path before launching her own career once children Mike, Kathy, Ron and Carol left the nest. She then be-



The Mitchells on a recent cruise.

gan studying with the well-known teacher of Interior Design, Doris Tyson of Atlanta. After graduating, Connie decorated a home shown in the Atlanta Parade of Homes. And in the 1980s she designed the couple's retirement home in Big Canoe, Ga.

Connie's hobbies include researching her family history, which has in the past had her traveling back and forth across the country. In Oklahoma she's done tombstone rubbings and become a member of the Twin Territories. Another of her hobbies is creating exquisite miniature rooms. She remembers being inspired by the miniature Thorne Rooms, created by Mrs. James Ward Thorne, located in the Art Institute of Chicago in the 1950s. Once, entirely from memory, Connie reproduced the kitchen of her childhood and presented it to her delighted mother.

The Mitchells are such a close couple they seem welded and it's obvious they're each other's best friend as well as longtime marriage partner. And both seem to enjoy surprises. One year on Harold's Sept. 29 birthday, Connie, knowing how much Harold loves getting presents, showered him with a present for every day of that month so far—29 presents in all!

## The Exterior of the Health & Recreation Building Will Be Painted During the Month of November.

The building will be painted in stages to minimize any inconvenience. Please note areas that will be closed off and park in designated areas. Your patience and cooperation will be greatly appreciated.

### On Top of the World Communities

Please check [www.otowinfo.com](http://www.otowinfo.com) for an up-to-date schedule of closings.



## Entertainment Group Brings Back the New Dawn Singers

The Entertainment Group's second matinee will be Sunday, Nov. 27, at 3 p.m.

One of the most popular acts to appear, the New Dawn Singers, will return with their holiday show, presented by Deluca Toyota. This is an all new production.

This is the New Dawn Singers' third appearance at On Top of the World, and each time has been a sell-out. The audience has given the cast of young people, who have fantastic voices and high energy, standing ovations. They absolutely entertain from their opening number on. There is really no show like the New Dawn Singers.



The New Dawn Singers return Nov. 27.

Tickets are on sale from 8:30 to 10 a.m. Mondays, Wednesdays and Fridays in the Health & Recreation Ballroom. Thanks to Frank Deluca, ticket prices are \$5 general and \$7 reserved. There is a 4 ticket maximum per purchase for On Top of the World residents and their houseguests.



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Photos by Hank Claterbos  
**Bride and groom saw a log in a small courtyard in in the former East German village of Poehla.**



**On Top of the World resident Hazel Ehle turns 100 years old on Nov. 11.**

## See Europe In Your Own Car

### Munich To Augustusburg

By HANK CLATERBOS

I have not checked the Guinness Book of Records, but I believe that Munich is vying for possession of the world's largest parking lot! When we arrived from the clock museum late Thursday afternoon our hostess informed us that she had no place for the Volvo and we would need to park curbside near her flat—at a price.

It seems the city fathers, like most worldwide, are hard up for Euros to keep the city solvent. Parking coupon vending machines, once only in the center of town, are now located in the suburbs. Paying hours are from 7 a.m. to 11 p.m. without a parking permit at a Euro an hour.

Fortunately, a vacationing neighbor came through and we enhanced the city coffers with only five Euros. By morning, the rains departed, the sun shone and off we went to explore die Roseninsel (Isle of Roses) in the Starnberger See (lake) about an hour south of Munich. It seems that King Ludwig II and his favorite cousin, Sisi, Queen of Austria, often met on this small island fitted with a Casino (royal villa) built by Ludwig's father. Refurbished recently by the Bavarian government, the islet is accessible by outboard-powered scow, and true to its name, a large and varied rose garden fronts the diminutive country house. Bright sun, puffy clouds and a cool breeze accentuated the beauty and serenity early in the day.

Next day the "girls" ventured forth in "on-again-off-again" rain to BUGA 2005—the annual German Garden Show—held in Munich this year. Complete with a portable aerial tram and buildings, the latest and greatest in German garden craft was presented to the airborne as well as the sloggers.

Northwestern Bavaria boasts one of Germany's largest completely walled cities, Rothenburg ob der Tauber. This former Franconian Imperial Free City is a working town of 12,000 people where heritage, historic preservation and modern life have achieved a profitable equilibrium in spite of an annual influx of 2.5 million tourists. With our friend from Erlangen, we strolled the undulating, cobblestoned and mostly car-free streets peering at medieval buildings perched high above the River Tauber—a perch never successfully scaled in war. Sitting in the Reichsküchenmeister garden restaurant under the spreading chestnut trees we achieved relief from the glaring sun to quench hunger and thirst with local beer and brats.

Refreshed, we remained in the agrarian Middle Ages by enjoying the Franconian Fieldmuseum in nearby Bad Windsheim. This collection of displaced and reassembled buildings from regional farms and villages represents the architecture and lifestyle of several hundred years past. It was only fitting that we had dinner outdoors within the confines of an ancient barnyard sporting antique farm implements and an enormous barn whose timbers dated from the 13th century.

Almost 15 years ago one of the first villages we visited was Iphofen, southeast of Würzburg, and itself a small

walled city dating from 1293. Our previous Gasthof was filled, but we found the Winzerhof (vintner's house) Johann Arnold had guest rooms even more accommodating and comfortable. Iphofen's cobblestone streets were less demanding and shorter than Rothenburg's but the equally well-kept buildings reflected the industry and pride of the townsfolk. We could not resist the temptation of a Dutch flag at the entrance to a local restaurant advertising fresh herring where we shared a table with Bavarian RVers from Garmisch-Partenkirchen. By chance we reinforced our friendship after dinner at the local ice cream stand in the marketplace and visited their RV for wine and conversation. They confirmed what we had observed on our trip so far—tourism is down to match the economy.

This was even more evident when we arrived the next day at our favorite Gasthof in the former East German village of Poehla. The normal summer weekend guests were few and the dining room was sparsely filled. We found that our veterinary host had the duty on Sunday, but Saturday was set aside to visit the Augustusburg Palace, built in 1568-72 by August I, elector of Saxony. Prominently ensconced on a high hill, the palace/castle can be seen long before encountering the steep, narrow streets to the drawbridge. Before crossing the now fixed bridge, and looking into the former moat we saw the falcons and their falconer preparing for a demonstration later in the day.

Upon entering the large courtyard we noted several vehicles in wedding attire. It soon became apparent that this was wedding day for many couples with the best to come later as we entered a smaller courtyard opposite the main gate. In Germany a couple must be joined in a civil marriage—a church wedding is icing on the cake. In a chamber of the palace opposite a carriage museum in the backcourt, the local city clerk had set up shop and it was here that the marriage ceremony took place in private. All of a sudden eight men dressed in traditional carpenter regalia appeared and placed themselves outside the door to the civil wedding. They were four to a side and at the end a sawhorse holding a small log and a two-man saw started into the log.

What next? The newlyweds exited the building through the ranks of carpenters to the log and saw. They obviously knew what was expected and immediately attacked the log using the rusty saw with a very dull blade. The beautiful bride really worked hard creating a stream of perspiration, which ran down her face. What an exhibition of marital cooperation!

Homeward bound from the castle we entered Chemnitz passing the Tierarztschule (school of veterinarian medicine) where our host had studied and into the somewhat deserted center of town largely rebuilt since the fall of the wall. Sunday we relaxed while the vet's phone rang for dogs, cats, rabbits and a suffering pregnant sow. Sausages and steak grilled to perfection was our farewell dinner to prepare us for the morning's journey to Leipzig and the site of the largest battle of the Napoleonic Wars. See you there. ☺

## Hazel Ehle Becomes Centenarian

By BJ LECKBEE

Hazel Ehle was the 11th child in her family. She was born during the 11th hour of the 11th day of the 11th month in 1905.

At that time, Theodore Roosevelt was beginning his second term as president of the United States. She married a man from her hometown of Fort Plain in New York, population approximately 1,500.

After marriage, Hazel's life was that of wife, homemaker and mother to her only son, Craig. She remained in Fort Plain after her husband passed away, until nine years ago, when Craig and his wife, Mary, asked her if she wanted to move with them to Florida. She said "yes," packed her bags, and she's been here at On Top of the World ever since.

While Hazel now needs a cane to get around, she doesn't need help to write poetry each month for this paper, and she takes only two prescription medications. On Nov. 11 she'll celebrate her 100th birthday with an open house at the Ehle residence. Son Craig says, "Everybody is welcome to stop by any time on that day to wish her well." ☺

## As Life Goes On

By HAZEL EHLE

While sitting in my easy chair  
 The lights turned down low  
 Just thinking of days gone by  
 and those I used to know

I do enjoy these quiet times  
 How good to reminisce  
 Bringing back fond memories  
 Of times that are so missed.

Tomorrow will be a busy time  
 with laughter, love and cheer  
 The great-grandchildren will visit  
 Such joy to have them here.

These times do take me back  
 When my children were small  
 Then their little ones came  
 So good to remember all.

How wonderful these memories  
 They make my days complete  
 Better yet when the children come

That's when my life is sweet.

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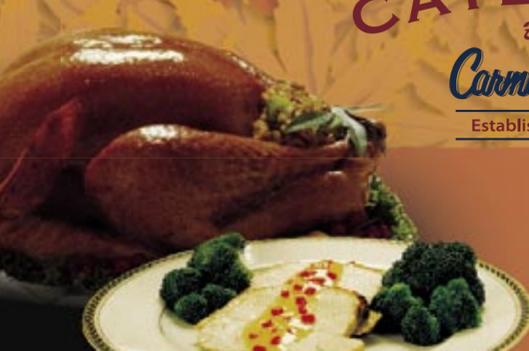
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**Citizens Emergency Response Team**  
Caroline Scott

At our last meeting, we were instructed by Art Del Zotto, who is a training instructor with the Emergency Management Depart-

ment of the Marion County Sheriff's Office, and also the Safety Engineer for On Top of the World, on the basics of fire safety in our homes.

It was extremely informative and reminded us of some of the hazards that we overlook in our day-to-day lives.

Did you know that you should give your fire extinguishers a tap on a monthly basis to keep the powder in them from settling into a hard mass, thus rendering that extinguisher useless in case of an emergency?

I went home and inspected the two we have, one in the kitchen and one in our garage. The one in the kitchen is a B-C, which means that it is for oil, grease, gasoline and live electrical fires. I checked the pressure gauge and found this one to be in good working condition. But, when I checked the garage extinguisher, the powder had settled into "that hard mass" and the pressure gauge read that the time for use had expired.

Believe me, the next day we purchased

a new one, and this was an A-B-C, which means that in addition to the above hazards, this one can be used on wood, paper and trash.

You don't have to remember all these letters. On the extinguisher itself it is explained along with very clear instructions for its use and safety precautions. If you do not own an extinguisher, I strongly recommend that you purchase at least one for the protection of your home and property.

Art also reminded us of the dangers of any spray container whether it is a cooking oil spray, hair spray or bug spray. These types of cans are combustible and can explode if they reach a high source of heat, and using the spray near heat can also catch on fire.

Be careful of their use and be sure to use them and store them properly.

An example that brought this close to home was a story that actually happened when he was a fire fighter. A woman had sprayed her hair with hair spray and then

checked on something in the oven. When she leaned over, the heat from the oven caught her hair on fire. Tragically she did not survive.

As a CERT team we are privileged to be able to have these instructors at our meetings to help us hone our skills, whether it is CPR/AED, fire safety, search and rescue or first aid. On the 200 Corridor besides Art Del Zotto, we have Norman Scott and Rob Caruana from On Top of the World, Paul Hunt from Pine Run and Bob Conn from Palm Cay. These men give constantly of their time and knowledge to help all of us. They are to be congratulated for their dedication.

We are in desperate need of new members. There are only about 25 of us to help almost 7,000 residents in case of any emergency. Do the math, and you can see how thin we are stretched.

You are invited to attend on the second Tuesday of each month at 9 a.m. in Suites E, F and G, the Arbor Conference Center. ☎

## Paws & Claws SCPA

Genevieve Mallardi

### Tips for traveling with your pets

#### Flying

· See your veterinarian. Vaccinations must be kept up to date 10 days before your trip.

· Tell airline employees. Should snags or delays occur, they can help.

· Carry a photo. If a pet escapes, it'll prove invaluable. An ID tag and collar (non-choke) is also a must.

· Use a crate. Should be large enough for your pet to stand and change positions. Write "LIVE ANIMAL" in large lettering on top and sides. Also tape a photo and destination inform.

· Bring extra food. Tape to the outside of crate (just in case) and add a bowl of frozen water inside. It will melt providing a refreshing break.

#### By Car

· Feed lightly two to three hours before travel. Don't feed in a moving car.

· Bring along basics: food, water, leashes, a waste scoop, plastic bags, medicines and a first aid kit.

· Extras such as treats and a favorite toy or pillow.

· Identify your pet with home phone numbers and address.

· Keep heads inside car for safety's sake. Hanging the head outside a moving vehicle can lead to injuries from flying objects, inner ear damage and lung infection.

#### Meeting

On Sept 13, the S.P.C.A. held its first monthly meeting after a long summer vacation. It was good to be back to discuss ways to help our animal friends.

Becky Scott, who is a volunteer with Meals on Wheels for many years, visited us. She asked us to help in a "wheels on meals for pets" of these same people. Many cannot afford pet food and share their human food. After much discussions, a vote was taken and approved to join Becky in this endeavor. The S.P.C.A. will purchase food and the members will then bag it for individual use. Becky will see to the delivery of it. It is another wonderful way of helping animals.

#### Old Humane Society Shelter

We have visitors at the old Humane Society Shelter; you know, the four-legged kind who were brought down here from the catastrophe of Katrina. They will need foster and permanent homes. If you have thought about helping, why not visit and take home a furry friend. Perhaps while there you could walk a dog or feed a dog or cat. Please call them at 694-1117.

#### Animal Control

It seems animal control got a bad name. Many, including myself have thought they were the "kill" organization—not true. They save many animals and hold them for adoption. Got this from the horse's mouth.

#### Feeding Animals

Last year the S.P.C.A. provided more than \$11,000 to various charities for food for cats and dogs. We may not have a shelter but we do find ways of helping.

#### November Meeting

The next regular meeting of S. P.C.A. will be at 1 p.m. on Thursday, Nov. 17, in Suite H of the Arbor Conference Center. ☎

vice president; Dee Runge, secretary; and Carol Kehoe, treasurer. The board of directors includes Gigi and Julio Petta and John Runge. Estelle Clark was made an honorary member of the board as thanks for her hard work in getting the club started.

Future meetings will be on the first Sunday of the month at 6 p.m. in Suite D of the Arbor Conference Center.

During the second meeting, members decided to change the original name of the club from the Dog Park Club to the Canine Social Club for both the dogs and their owners. Dues were also set at \$5 per family and may be paid to Carol Kehoe. ☎

## Canine Social Club

The Canine Social Club that has been formed for the dog owners who bring their pets to the Dog Park has had two meetings. The park is at the corner of 90th Street Road and 90th Street.

During the first meeting in August, about 20 people organized the group and elected officers: Paul Knight, president; Betty Spurr,

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## Who is the Entertainment Group?

The Entertainment Group consists of five residents whose mission statement is to bring professional entertainment for the residents to enjoy for the price of a box of popcorn and ticket to a first-run movie.

This is made possible by the support of their show sponsors. These five residents sign the contracts for each show. At the conclusion of their current Show Series, a reserve is set aside for the next year's series.

They then finance what they call "put backs" into the community for all to enjoy. Some of these "put backs" are: the dressing rooms in the ballroom, colored stage light-

ing for the stage, a new floor for the stage, upgraded sound equipment, lighting for the miniature golf course, and scoreboard at the soft ball field.

They furnished the valance over the pool-side window in the Ballroom and were a major contributor for funding a new stage curtain. They have also supplied new benches at the basketball court.

They have also made sizeable donations to Hospice and The Center For The Blind when there are no "put backs" needed.

Everything is done with the thought of making On Top of the World a little bit better place to call home. ☎

## The Movie Club Presents 'Monster-In-Law'

By MARY EHLE

The movie for November will be "Monster-In-Law."

This is a comedy starring Jennifer Lopez and Jane Fonda. It is a movie we can all identify with.

It will be on Sunday, Nov. 13, in the Health & Recreation Ballroom.

The show starts at 6 p.m. and is open to all residents and their houseguests. The cost is \$2 for non-members and is payable at the door. Hope to see you there. ☎

## Stephanie's Computer Tip for November

By STEPHANIE ROHDE

#### Free Legal Forms

Many believe that we must hire an attorney to provide various forms we may require throughout our lifetime; not necessarily so. Sometimes all that is needed is the appropriate form, some witnesses, and maybe a notary.

The Web site below can be very helpful for those who desire to create or update their Living Will, Health Care Surrogate, Durable Power of Attorney, and their Last Will and Testament documents for example. Many of these forms can be "state-specific" so it is important that your documents match the current laws and statutes of the state in which you predominantly reside. Different states for example have different names for living wills; and in Florida a medical power of attorney is called health care surrogate.

If you are comfortable with blocking text, copy and paste, you can obtain just about any form you need without payment: [www.ilrg.com/forms/index.html](http://www.ilrg.com/forms/index.html). If you are more comfortable hiring an attorney by all means please do. Use any and all information at your own risk.



This tip brought to you by End The Clutter ETC  
[www.endtheclutter.com](http://www.endtheclutter.com) or call Steph at 873-2100



## OTOW Computer Classes

November — December

Course	Day & Time	Dates	Place	Instructor
Basic Computer	Tuesday 1-2:20 p.m.	Dec 6	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	Nov 9	Health & Recreation	Stephanie Rohde
Basic Internet	Monday 1-2:20	Dec 5	Health & Recreation	Stephanie Rohde
Basic Word Processing	Thursday 1-2:20 p.m.	Dec 8	Health & Recreation	Stephanie Rohde
Computer Purchasing	Wednesday 1-2:20 p.m.	Dec 7	Health & Recreation	Stephanie Rohde
Computer Maintenance	Friday 1-2:20 p.m.	Dec 9	Health & Recreation	Stephanie Rohde
Outlook Express 1	Thurs 1-2:20 p.m.	Nov 10	Health & Recreation	Stephanie Rohde
Outlook Express 2	TBA 1-2:20 p.m.	TBA	Health & Recreation	Stephanie Rohde
Outlook Express 3	TBA 1-2:20 p.m.	TBA	Health & Recreation	Stephanie Rohde

**BASIC COMPUTER** — If you're new to computers, want to begin a fascinating journey or have never purchased a computer, this first class is perfect for you. In a very understandable fashion, you'll be introduced to hardware, software, and terminology that will allow you to speak the language. You'll learn exactly what you need - equipment and connections (ISP). Find out what the computer can do for you. Informative, understandable, interesting, and fun. Minimum 6 students, Maximum 8 students; \$25 per person.

**BASIC COMPUTER II** — Know the basics? Now continue your journey. Distinguish among CD-ROM, CD-R, CD-RW, DVD-ROM, DVD-R, DVD-RW, disks and drives. Sound confusing? Then take this class. You'll learn about word processing, spreadsheets, and databases - what they are, how they interact with each other, and most importantly, how they can make your life easier. Minimum 6 students, Maximum 8 students; \$25 per person.

**BASIC INTERNET** — This course is designed for those who are familiar with a computer and mouse. Learn how to differentiate an e-mail from an instant message (IM), about chat rooms, newsgroups and Web surfing. Learn the meaning of browsers, favorites, bookmarks, and search engines. Explore various web sites and how to make safe on-line purchases. Know how "on-line banking" and "bill-paying on-line" differ. Minimum 6 students, Maximum 8 students; \$25 per person.

**BASIC WORD PROCESSING** — Via Microsoft Word teaches you opening, closing, save vs. save as, views, page set-up, shortcuts, print and print preview, print, clipboard, tables, table of contents, fonts, headers and footers, page numbers, page break, symbols, bullets, numbering lists and more. Your computing becomes more advanced, efficient and actually simpler. Minimum 6 students, Maximum 8 students; \$25 per person.

**COMPUTER PURCHASING** — This class is designed for individuals who are familiar with a computer and mouse especially if you are planning on buying a computer soon. You'll learn purchasing tips on what, how, why and where to buy the items you need to become "computer savvy." This class will also introduce you to the concept of connecting computers, better known as "Networking." By being an informed computer consumer, you'll save time and money. Minimum 6 students, Maximum 8 students; \$25 per person.

**COMPUTER MAINTENANCE** — Learn how to keep your computer working well for 5-6 years rather than 3 years or fewer by performing routine preventative maintenance. Instruction on daily, weekly and monthly PC maintenance relative to the Windows Operating System is covered. This class is for those who are familiar with a computer and mouse. This is that "ounce of prevention" that saves a lot. Minimum 6 students, Maximum 8 students; \$25 per person.

**OUTLOOK EXPRESS 1, 2, and 3** (For individuals who are already familiar with a computer and mouse) — is an E-mail management software program. This course is not for Juno, AOL, CompuServe, or Wal-Mart Connect users. Please take these classes in sequence for optimal learning of the Outlook Express program. Minimum 6 students, Maximum 8 students; \$25 per person.

- OUTLOOK EXPRESS 1** Learn how to: keep your Outlook Express program up to date; customize your main screen view and toolbar; create e-mail accounts; create computer user identities; use the windows Address Book — enter & edit contacts; create groups, backing up, organizing, printing, electronic business cards.
- OUTLOOK EXPRESS 2** Learn how to: send respectful e-mail; customize your e-mail message screen view and toolbar; use the Drafts folder; use message priority; use plain and rich text; change fonts, styles, size, effects, and color; how to block, select, or highlight text; attachments & insertions.
- OUTLOOK EXPRESS 3** Learn how to: receive safe e-mail; create folders for e-mail organization; block senders; reply and forward respectful e-mail; open, save, and print attachments; understand e-mail message icons; use keyboard shortcuts.

To register, visit the Activity Office in the OTOW Health & Recreation Center. Fees due upon registration.



**Square Dancing**  
Ellen Everhart

The Circle Squares Dance Club had our big "kick-off" dance for the beginning of the 2005-06 dance season with an open house with lots of snacks and good times in September. We had a large number of visitors and new dancers who have moved into our community recently. The dance went on until 9 p.m. We were all pleasantly tired and refreshed at the same time.

In addition to the lessons for new dancers on Wednesdays from 5:30 to 7 p.m. with Lon Ligon as teacher/caller, we will be of-

fering lessons in Advanced-1 and "Dancing by Design" square dancing. These classes will be every Thursday from 10 a.m. to noon (Advanced-1) and 1 to 3 p.m. (Dancing by Design) in the Arbor Conference Center. Don Hanhurst will be the teacher/caller for these advanced dance lessons.

Several of our club members will be coming back from a Square Dance Weekend in Gatlinburg, Tenn., while this goes to print. Our own Lon Ligon will be one of the callers at this national event.

Remember our Big Christmas Ball on Saturday, Dec. 10, from 7 to 9:30 p.m. at the Health & Recreation Ballroom. Callers will be Don Hanhurst who calls our regular Friday dances, Lon Ligon who calls our regular Wednesday dances, and R.J. Hogan, a guest caller from the Friendly Squares Club near Belleview. Round Dance Cues will be Loretta Hanhurst who cues our regular Friday round dances. Come dressed in your square finery to welcome in the Christmas season.

Consult our new Web site (thanks to Lon Ligon). You can find out all about current events at our club by logging on to www.lonligon.com and going to the page for the Circle Squares. You will find the latest newsletter with all our planned dances and specials activities there. Any changes to the above mentioned schedule of dances and lessons should be listed there.

Happy Squares to each of you and keep on dancing! ☺



**Bandstand Showcase**  
Dean Gilchrist

**Bandstand Showcase Presents Season Opener**

Virtuoso clarinetist Allan Vaché returns to the On Top of the World Ballroom at 2:30 p.m. on Sunday Nov. 6, for yet another afternoon of great music.

There is still time to get your ticket, but don't delay, especially if you want to reserve your seat. Tickets will be on sale this Monday, Wednesday and Friday at the ballroom from 8:30 until 10 a.m. If you get really stuck for time, give me a call at 854-1440 or call Jeannie Maire at 291-2680. We will make sure you get a ticket, and don't forget—you may invite personal guests from outside On Top of the World as long as you notify the gate in advance of their arrival.

Tickets are \$5 for general admission and \$7 for reserved seating.

It is my pleasure to tell you this outstanding concert will be brought to you by Ocala Carpet and Tile, E-Z RIDE Golf and

Utility Vehicles, and the Barbara J. Young State Farm Insurance Agency. Their financial support is essential to the success of our program and the continued appearance of top-quality musicians.

Allan Vaché is among the elite jazz clarinetists in the world. In my column in last month's World News, I gave you a summary of his vast experience and credentials, and I also told you about the other outstanding musicians in his quintet. If you come to the concert, you'll have proof of what I'm making noise about.

Are you making plans for the Christmas holidays? The Marion Civic Chorale will be warming up the ballroom on Sunday, December 18, at 2:30 p.m. as they present our next (free) community-based concert. The program will include some of your favorite Christmas carols and other holiday inspired music. Grat L. Rosazza, conductor, has been leading this outstanding group since 1987. A native of Virginia, Mr. Rosazza earned a bachelor of arts degree from Lynchburg College and a master's degree in choral conducting from Westminster Choir in Princeton, N.J. As a member of the Princeton Symphonic Choir, Mr. Rosazza performed with the New York Philharmonic, the Philadelphia Symphony and the National Symphony in Washington, D.C.

There will no admission charge for this concert, but we will ask for voluntary donations to the Chorale's Music Scholarship Fund, for this concert, Ocala Carpet and Tile will again be a sponsor and will be joined by Mike Scott Plumbing. A portion of the sponsor's contributions will be donated to the scholarship fund in their names. We hope to see you on Nov. 6 and Dec. 18. Dean Gilchrist is chairman of Bandstand Showcase and can be reached at 854-1440 or by e-mail at deanotow1@earthlink.net. Your comments and suggestions are welcome. ☺



**Theater Group**  
Vivian Brown

Soon, the curtain will be going up on our show which is Friday and Saturday, Nov. 18 and 19, at 7 p.m. in the Health & Recreation Ballroom.

Thanks to Jim Miller, Paul Bender and Paul Muncy, we now have movable flats and thanks to two special ladies, Barbara Mitola and Shirley Coe, our scenery is beautiful. They told me I could paint but I was very skeptical. Under their guidance I was able to do it; so were other ladies and gents.

The cast members who needed costumes

spent several hours at the Ocala Civic Theatre where Bridget, the costume mistress, directed us through rooms and rows of costumes. When we left we were satisfied and happy with our selections.

Of course there could be no show without practice, practice and more practice. Our one-act play, "Selling the House Will be no Problem," directed by Phyllis Huntington, and "A Musical Revue of Broadway Composers," directed by Jean Muncy, and all the cast members are working very hard putting the final touches on our show. We want our audience to have an enjoyable evening. Also working behind the scenes are prompters, person in charge of props and stage managers.

Our thanks to Dottie Berkowitz in charge of advertising, and a big thank you to our ticket chairpersons Harry and Liz Ettell who are new members and took on a big job and did it very, very well.

They will be selling tickets in the Health & Recreation Ballroom from 8:30 to 10 a.m. Mondays, Wednesdays and Fridays through Nov. 16.

Reserved seats are \$6 and general admission is \$4. We want to tell you how much we need and appreciate your support. Hope to see you all there. If you have any questions or would like more information, call me at 291-0246. God bless. ☺



**Sunshine Singers**  
Betty Barney

Over the summer we sang for five assisted living facilities and nursing homes. We also entertained at the On Top of the World Ice Cream Social.

We are now 30 members strong and have room for only two more. After that we will start a waiting list.

Rehearsals are on the first and third Monday of the month in the Health & Recreation Ballroom at 7 p.m. Residents are welcome to stop in and listen to our rehearsals.

We have entertained at several On Top of the World social clubs over the past two years.

If your club is looking for entertainment, contact Dick Rohde at 861-1104.

We sing a cappella and you do not have to read music, just carry a tune and enjoy music. We have no dues.

In October, we played for the residents of Quiet Oaks. ☺



**Wood Shop**  
Ray Utiss

This month I am writing to remind all members that now is a good time to use your Wood Shop. I have been to the Wood Shop several times recently. You will not find a lot of activity there. You can get a head start on those Christmas projects. If you wait too long, the Wood Shop will get crowded, and you may have to wait to use a certain tool.

Another reminder, please clean up when you are finished using the Wood Shop. It will only take you a few minutes, and the next member will find the Wood Shop as clean as you found it.

There are lists of directors responsible for equipment, so if you find something needing attention, call a director so they can keep our shop in tip-top shape. Remember to mention your Wood Shop to all new residents. If you have a comment on this article, you can e-mail me at grandmaandraisin@cfl.rr.com. ☺



**Harmonichords**  
Betty Barney

We are still meeting on Tuesday mornings at 9 a.m. at the Arbor Club Ballroom. We still love entertaining at nursing and assisted living facilities. In October, we played for the residents of Timber Ridge.

We do have some new members and would welcome all who wish to join us. If you are a beginner or an experienced player we want you.

We enjoy playing and the residents of these facilities seem to enjoy listening to us. They especially love to hear the old familiar songs and also the hymns that they remember from childhood, as much as we enjoy playing them. They do bring back pleasant memories.

So come join us, Tuesday mornings at 9 at the Arbor Club Ballroom. We look forward to seeing you. ☺



From Page 11: Ida Lee Chaddick

**Town & Country PHYSICAL THERAPY**

**Beth Pantages**  
PT  
Clinical Director

Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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**(352) 854-3424**

**On Top of the World NEWS**  
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**Deadlines:**  
**Classified ads:**  
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# Card Clubs & Games

## Monday Afternoon Bridge

Lothar & Ruth Lack

We have a friendly bridge game going on Monday afternoon and invite anybody who likes to play bridge to join us. For information call 237-0965.

**September 19**  
1. Joni Jarvais & Mary Carol Geck 2. Ellen Horman & Mazie Millward 3. Ruth & Lothar Lack 4. Phyllis Bressler & Betty Morris

**September 26**  
1. Ruth & Lothar Lack 2. Ida Rosendahl & Carol Thompson 3. Betty Morris & Fran Griswold 4. Sara Anderson & Gar Terheide

**October 3**  
1. Sara Anderson & Gar Terheide 2. Mickey Martin & Phyllis Bressler 3. Ruth & Lothar Lack 4. Esther Lang & Shirley Stolly

**October 10**  
1. Gerri Cassens & Eleanor Giardina 2. Betty Morris & Fran Griswold 3. Esther Lang & Shirley Stolly 4. Ruth & Lothar Lack

## Tuesday Afternoon Bridge

Agnes LaSala  
& Shirley Johnson

**September 6**  
1. Mildred Lane & Gar Terheide 2. Ruth & Lothar Lack 3. Marce Guerrein & Lee Sheffer 4. Eleanor Giardina & Dick Mansfield

**September 13**  
1. Shirley Stolly & Betty Morris 2. Ernie Lord & Eleanor Giardina 3. Ruth & Lothar Lack 4. Mildred Lane & Gar Terheide

**September 20**  
1. Ray & Lynn Dietz 2. Betty Barney & Myra Butler 3. Ruth & Lothar Lack 4. Geri Cassens & Eleanor Giardina

**September 27**  
1. Shirley Stolly & Betty Morris 2. Mildred Lane & Gar Terheide 3. Ellen Horman & Ruth Christman 4. Geri Cassens & Eleanor Giardina

## Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073. Last month's winners are listed below

**September 13**  
1. Ida & Bill Carlson 2. Joni & Ted Jarvais 3. Jean Vaughn & Liz Milleson 4. Doris Keathley & Mary Carol Geck 5. Doug Miller & Ernie Lord

**September 20**  
1. Doris Keathley & Mary Carol Geck 2. Betty & Bill Raines 3. Jean Vaughn & Liz Milleson

**September 27**  
1/2 (Tie) Betty & Bill Raines & Dorie Swanson & Ida Rosendahl 3. Marjorie & Bruce Benton 4. Doug Miller & Ernie Lord

**October 4**  
1. Ida Rosendahl & Dorie Swanson 2. Betty & Bill Raines 3. Marjorie & Bruce Benton 4. Ida & Bill Carlson

**October 11**  
1/2 (Tie) Jayne Kaske & Ted Jarvais and Betty & Bill Raines 3. Ida Rosendahl & Dorie Swanson 4. Ruth & Harry Tindall 5. Doug Miller & Ernie Lord

## Wednesday Afternoon Bridge

Fran Griswold

A special "thank you" to people reading this column, who are donating items for the Rape Crisis Spouse Abuse Center. They may not play bridge with us, but are truly caring and compassionate people. It would be our

pleasure to have them in our group. We are proud of you.

It is always nice to see some former members of yesteryear make their way back to join us. This last month, we are enjoying the company of Clair Shea, a recent bridegroom. We will be starting our inner six-week tournament this month with Pat Goltart and Fran Griswold as captains. The winning team will be entertained for a special event, hosted by the losing team.

A Happy Thanksgiving to all, as we join together in a prayer for all mankind.

**September 14**  
1. Carol Thompson, 4940 2. Esther Lang 3. Flo Penn 4. Betty Morris- Consolation-Renee Cahill

**September 21**  
1. Shirley Stolly 4980 2. Bill Mahoney 3. Mary Culberson 4. Ann Mahoney  
Cons: Barbara Mundeloh

**September 28**  
1. Jayne Kaske 4790-2. Clair Shea 3. Mary Culberson 4. Phyllis Bressler-Consolation-Louise Brady

**October 5**  
1. Elsie Morick 4980 2. Clair Shea  
Cons: Marlene Floeckher

## Wednesday Night Duplicate

Doris Keathley

**September 14**  
1. Bill & Betty Raines 2. Joni & Ted Jarvais 3. Don & Margie Hink 4. Ernie & Joan Lord

**September 21**  
Doug Miller & Mary Carol Geck 2. Joni & Ted Jarvais 3. Ernie & Joan Lord 4. Don and Margie Hink

**September 28**  
1. Bill & Betty Raines 2. Nel Bosschaart & Margorie Benton 3. Doris Keathley & Ida Rosendahl

**October 5**  
1. Doug Miller & Mary Carol Geck 2. Hazel & Phil Merchant 3. Bill & Ida Carlson



## Thursday Afternoon Bridge

Elsie Helwig

**September 1**  
1. Arline Duggan 2. Ginie Barrett 3. Mazie Millward

**September 8**  
1. Delores Conrad 2. Shirlee Wolcott 3. Kay Wood

**September 15**  
1. Kay Wood 2. Lois Morton 3. Mazie Millward

**September 22**  
1. Marcie Guerrein 2. Claire Burgin 3. Ellen Horman

**September 29**  
1. Ginie Barrett 2. Ellen Horman 3. Delores Conrad

## Friday Advanced Bridge

Ernie & Joan Lord

**September 9**  
1. Helen O'Brien 2. Dick Dakin 3. Betty Barney 4. Eleanor Giardina 5. Erwin Fluss

Grand Slam: Helen O'Brien & Joe O'Brien

**September 16**  
1. Agnes Weber 2. Myra Butler 3. Joe O'Brien 4. Phyllis Bressler 5. Shirley Ebert  
Cons: Fay Rumens  
Grand Slam: Agnes Weber and Myra Butler (75)

**September 23**  
1. Betty Barney 2. Eleanor Giardina 3. Agnes Weber 4. Geri Cassens 5. Don Hink

**September 30**  
1. Nel Bosschaart 2. Mickey Martin 3. Erwin Fluss 4. Betty Barney 5. Phil Merchant  
Cons: Arline Duggan



## Tuesday Night Pinochle

Viola Horton

A new player joined the single deck group in September, Don St. Clair. Welcome. Hope you become a regular player. We do need single deck players. It was great to see Ruth Christman and Art Netto return this month to Table 1 after a long recovery from operations.

Returning after a long summer hiatus were Pat and Carl Goltart, Irene Pisani, Marilyn Vernier and Jean Breter.

If you play pinochle single/double/triple deck do come and join us on Tuesdays at 6 p.m. in the Art Room of the Craft Building.

**September 6**  
**Single Deck Winner**  
Tie: Lois & Vernon Uzzell; Carole & Joe Lacker

**Double/Triple Deck Winners**  
Table 1. Alberta Sarris & Dick Beury 2. Jo Birnbryer 3. Harry Harrington & Donald Richards

**September 13**  
**Single Deck Winner**  
Three-way tie: Millie Ferrell & Clarence Lietzow; Lois & Vernon Uzzell; Carole & Joe Lacker

**Double/Triple Deck Winners**  
Table 1. Alberta Sarris & Ray Bock 2. Jo Birnbryer & Billy Swing 3. Dick Beury & Harry Harrington 4. Jean Breter & Carl Goltart

**September 20**  
**Single Deck Winners**  
Tie: Millie Ferrell & Clarence Lietzow; Lois & Vernon Uzzell

**Double/Triple Deck Winners**  
Table 1. Alberta Sarris & Art Netto 2. John Berish 3. Carol Polanowski & Harry Harrington 4. Jean Breter & Pat Goltart

**September 27**  
**Single Deck Winner**  
Lois & Vernon Uzzell

**Double/Triple Deck Winners**  
Table 1. Ray Bock, Art Netto & Vi Horton 2. Lucille Perry 3. Dick Beury & Virgil Taylor 4. Pat & Carl Goltart



## Friday Night Euchre

Joe Askenase

**September 16**  
**Four-Handed Game**  
1. Bill Eberle 2. Shirley Coe 3. (tie) Marcy Askenase, Dottie Findlay, 4. Marie Marquis 5. Mary Nichols 6. David Engelhardt 7. (tie) Pat Snable, Helen Foskett, Marie McNeil 8. (tie) Diana Riegler, Carol Polanowski 9. Russ Riegler 10. Lee Morgan

**Five-Handed Game**  
1. Ray Block 2. Marie France 3. Vi Horton 4. Pat Luis

**September 23**  
**Four-Handed Game**  
1. Clarence Lietzow 2. Dolores Barnett 3. Carrie Beisler 4. (tie) Carol Polanowski, Mary Nichols 5. Zane Barnett 6. (tie) Paul Agarwal, Gitte Agarwal 7. (tie) Constance Manley, Pat Snable, Ginny Brenner

## Five-Handed Game

1. Billy Swing 2. Richard Beisler 3. Marie McNeil 4. Jo Birnbryer

## Six-Handed Game

1. (tie) Marcy Askenase, Virgil Taylor. Both had perfect scores. 2. (tie) Bill Eberle, Lee Morgan 3. Diana Riegler 4. Pat Luis 5. Maria France 6. Helen Foskett

## September 30

### Four-Handed Game

1. Paul Agarwal 2. David Engelhardt 3. (tie) Jo Birnbryer, Pat Snable 4. (tie) Dolores Barnett, Billy Swing 5. Rich Miles 6. Jenny Brenner 7. Helen Foskett 8. Zane Barnett 9. Gitte Agarwal 10. Clarence Lietzow

### Six-Handed Game

1. (tie) Shirley Coe, Vi Horton 2. (tie) Maria France, Virgil Taylor 3. Marcy Askenase

### October 7

### Four-Handed Game

1. Diana Riegler 2. Marie Marquis 3. Marcy Askenase 4. Bill Eberle 5. Pat Snable 6. (tie) Dolores Barnett, Carol Polanowski, Russ Riegler 7. (tie) Genny Brenner, Rich Miles 8. Zane Barnett 9. David Engelhardt

### Six-Handed Game

1. Shirley Coe 2. Lee Morgon 3. Maria France 4. Virgil Taylor



## Saturday Night Singles Pinochle

Elsie Helwig

We are looking for single deck players. Call 854-6539.

**September 17**  
1. Carol Polanowski 2. Lucille Perry 3. Harry Harrington

**September 29**  
1. Lucille Perry 2. Anne Jagielski 3. Elsie Helwig

**October 1**  
1. Betty Ruf 2. Lucille Perry 3. Carol Polanowski

**October 8**  
1. Carol Polanowski 2. Viola Horton



## Cribbage

Dorothy Skillman

**August 19**  
1. Anne Jagielski 2. Doris Terheide 3. Glenn Saxon  
Cons: Ruth Christman

**August 26**  
1. Margie Saxon 2. Ed Fullmer 3. Ray Bock  
Cons: Alberta Sarris

**September 2**  
1. Sheila Howell 2. Elsie Helwig 3. Gar Terheide  
Cons: Ed Fullmer

**September 9**  
1. (tie) Doris Terheide, Elsie Helwig 2. Gar Terheide 3. Sheila Howell  
Cons: Anne Jagielski

**September 16**  
1. Anne Jagielski 2. Elsie Helwig 3. Alberta Sarris 4. Margie Saxon



## Upcoming Publication Dates

**December issue**  
Thursday, December 1

**January issue**  
Thursday, December 29

**February issue**  
Thursday, January 2

## New Canasta Club Starting

By RENEE FILZER

The Canasta Club, the old fashioned way, will be starting on Friday, Nov. 4, in the Arbor Conference Center, Suites B and C, from 1 to 4 p.m.

If you know canasta but haven't played in many years ... if you would like to learn, please call me to register.

There is no charge and I will be happy to teach any who would like to learn.

Call Renee Filzer at 861-0047.



**Mah Jongg**  
Mary Ehle

The tournament is over and all the players are back to their regular games, some with many reasons why they didn't win and others with reasons why they did win.

I just don't know why no one seems able to take home the prize for the special hand. It will be eight tournaments next time and no one has won it. Guess I will have to play and take home that prize. Who am I kidding; I have NEVER made that hand even in regular play.

Mamie Panzera walked away with the first prize and to say she was happy would be an understatement. Thrilled is the better word. Second prize was a tie with Myra Post and Marlyn Valchin sharing the winnings. Jo Apperson won fourth place. She is always a big help and also a very aggressive/defensive player.

Pat Utiss walked off with fifth place. Pat was leading the pack at lunchtime but the other girls got a second wind when they ate

and moved out ahead of her. Lolly Foos captured sixth place. She really moved up from her last tournaments. Seventh and eighth was another tie. Mary James came in the winnings again the year and she was joined by a new player, Joan Newell. Joan was a little nervous in the morning but she really came through after lunch.

It is always a pleasure to see first time tournament players win. Ninth place went to Roxy Brady. Roxy is always a contender for the money. Tenth place was another tie and was won by Marilyn Wilensky and Elaine Hersh. Good job ladies and keep on playing. I would like to say to Bunny that, yes, I realize how many of the winners came from her group but I think she counts up how many came from the girls that play in Suite A. Both groups made a fine showing.

Pat Griffith did another fine job with all the decorating. I can always count on her doing a beautiful décor. Pat also prepares most of the breakfast snacks. It was a pleasure this year when some of the ladies took over getting and preparing the fruit. That is a big job and it certainly was appreciated to help lessen Pat's load.

The On Top of the World Hospitality did a great job with lunch and the coffee. I want to thank everyone for their participation, the people who brought food, set tables and helped setting up Friday night, and also cleaning up on Saturday. We could not have a tournament if it were not for all your help.

The next tournament will be the first Saturday in March 2006. Mark your calendar and sign up early. I would love to have 60.

The new classes for learning Mah Jongg will start in January, the first Wednesday of the month at 12:30 p.m. Call me to reserve a space. My number is 873-7507. ☎



**Taste Buds**  
Marcia Miller

The holiday season is fast approaching and many of us enjoy family gatherings this time of year. Here are some recipes to add some spice to such gatherings.

**Double Cheese and Mashed Potato Pie**

- 3 cups firm mashed potatoes; instant is fine (already made)
- ½ cup each finely diced mozzarella cheese and sharp cheddar cheese
- 3 eggs, well beaten
- 2 teaspoons parsley flakes
- Black pepper to taste
- ¼ cup sliced or slivered almonds or other nuts chopped
- Garlic salt
- Butter or margarine

Combine first six ingredients and mix well. Spread in 9-inch pie pan and sprinkle with nuts. Sprinkle lightly with garlic salt and dot with margarine or butter. Bake at 400 degrees for 15 to 20 minutes or until puffy and golden brown. Serves 8.

**Curried Pumpkin Soup**

- 1 small onion, chopped
- 1 teaspoon vegetable oil
- 2 cups low-sodium chicken broth
- 1 ½ cups canned pumpkin
- 1 tablespoon lemon juice
- 1 teaspoon curry powder
- 1 teaspoon sugar
- ½ teaspoon salt free seasoning blend
- Dash of pepper
- ½ cup evaporated skim milk
- chopped fresh parsley for garnish

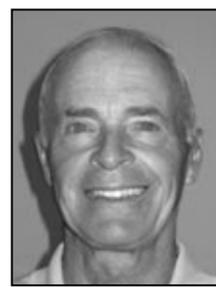
In saucepan over medium heat, sauté onion in oil until tender. Add broth, pumpkin, lemon juice, curry powder, sugar, seasoning blend and pepper. Bring to boil. Reduce heat, cover and simmer for 15 minutes. Stir in milk and heat through. Garnish with chopped parsley.

**Ginger Carrot Bisque**

*Don't want pumpkin soup; try Ginger Carrot Bisque instead. This recipe came from Bob Bowersox on QVC.*

- 2 pounds carrots, peeled and thinly sliced
- 2 large onions, finely chopped
- 5 cups chicken broth
- 1 tablespoon fresh ginger, grated
- ½ teaspoon ground coriander
- 2 teaspoons grated orange peel
- 1 ½ teaspoons salt pepper to taste
- 1 cup half and half (for creamier bisque use heavy cream)

Sauté carrots and onions in butter until soft. Add half the chicken broth and bring to simmer for 6 to 8 minutes. Working in batches, puree soup in blender or food processor and return to stockpot. Add remaining chicken broth, spices, orange peel, salt and pepper and half and half or cream. Heat through, do not boil. ☎



**Favorite Recipes**  
**Dinner Club**  
Luke Mullen

Exquisitely prepared meals coupled with exuberant fun was the order of the month for our September diners. This month we had two separate dinners, one with Marlys and Wayne Bielunski and the other with Ceci and Bob Marsh.

The first dinner at Marlys and Wayne's home began with two delightful appetizers brought by Oliver Aube. The first appetizer was a savory tomato basil cheese served on crispy toast rounds. The second was mini-smoked sausages simmered in barbeque sauce flavored with a secret ingredient—bourbon.

Barbara and Joel Haag brought Italian bread for dipping. Accompanying the bread were two flavored oils. These tasty dipping oils were seasoned Italian herbs and Parmesan cheese.

Marlys and Wayne created the main entrée. This spectacular dish was grilled herb-rubbed tri tip roasts surrounded by wedges of roasted red onions, red and yellow peppers, and potatoes. The savory rub of oregano, thyme, garlic, black and red pepper

complimented the robust flavor of the beef. The accompanying vegetables were tossed with balsamic vinegar, garlic and olive oil. The potatoes were topped with shredded Parmesan cheese.

Following this scrumptious meal, Gitte and Paul Agarwal provided the dinner's finale. This was a delectable Mazarin Tart. The tart recipe, native to Denmark, is a delicious flavor blend of butter, sugar, eggs and ground almonds. All had a wonderful meal and an enjoyable time.

Our second dinner was a Mexican Fiesta Dinner hosted by Ceci and Bob. The dinner began with hors d'oeuvres prepared by Valerie and Dean Bard. This was a wonderful platter of refried beans with melted cheese and sour cream with tortilla chips.

Ceci and Bob made the first course as well as the main entrée. The first course was avocado, with shrimp and lobster chunks on a bed of minced greens with a lime cilantro (garlic) dressing. The main entrée was mild enchiladas served with Mexican rice.

Jean and Joe Breslin brought a fascinating Mexican salad. It was a colorful combination of black, red and white beans, diced cucumber, and corn niblets, red onions and black olives. All of these ingredients were marinated in balsamic-sun dried tomato vinaigrette and placed on a bed of greens, topped off with slivers of fiesta cheese.

Mary and Bob O'Neal made the surprise dessert. It was a bean pie! The surprise was that it looked like a pecan pie but you couldn't see the pecans! This was a first for many participants. The bean pie ¡Esa es una genial idea!

To top off the evening, hosts Ceci and Bob presented each guest with a Mexican key chain as a remembrance of the evening. Everyone enjoyed the delightful food and conversation.

If you like to have fun and entertaining is something you enjoy doing, you can call Luke with any questions at 291-8625. Also feel free to contact any of your participating neighbors with any questions. ☎



**Bingo**  
Bunny Barba

It looks like many of our snowbirds have returned from wherever it is they go to get away to a place where they don't play bingo, they don't have tennis, they don't have great clubs, or restaurants, or grass and trees and beautiful pools and a physical fitness center, etc. You get the picture? I can't figure out why they go in the first place. They are almost all back and several have told me they are not going again. Let the kids come here. Meanwhile you can play bingo.

The prize payoff for each game is growing. On Oct. 12, \$44 was paid out for each of 18 games with \$75 awarded for two big coveralls. Don't get technical; we all know that one of the big games is a coverall minus one.

Many winners the past four weeks, included Judy Fufaro, Don and/or Pat Hood, Lil Lawrence, Janet Rubin, Lolly and Roy Foos, Sue Meretsky, Ernie Barba and Mike Ciscerano. You either got the numbers or you ain't so don't go blaming the bingo

workers if "your numbers" are not called.

Once again we ask that you call bingo loud and clear. The caller cannot hear your giggle, snicker or mumble with the machine going. It would help if those in front of the tables would raise the fly swatters. They are not for flies (we don't have any) but by raising the swatter it makes it easier to locate a winner. Please help by keeping the talking to a minimum while the runners are checking the cards. With close to 300 players all chatting about how close they came to a win, it is very hard to verify the numbers.

Now for the really big news. Wednesday, Nov. 9, is Super Bingo Night. There will be 17 games played for a prize of \$50 and three coverall games for a whopping prize of \$250 each. As usual we expect a very large crowd. Cards will be sold beginning at 5 p.m. There will be three cards allowed per person at a cost of \$5. After every one has been accommodated, if there are any cards left, you can buy an additional 3 cards at the same price of \$5. Remember this event is limited to residents only and you MUST show your ID card.

One of our bingo groups headed by Gene Yarsky and starring Josephine Ciscerano and Bunny Barba has decided to give another group a chance. Gene Yarsky was one of the original founders of Bingo in On Top of the World together with his late wife, Fran Yarsky. He has been a great group leader and will be missed. Thank you to Gene, Jo and Bunny for all your hard work.

Never fear, due to popular demand yours truly will continue to write this column.

If you have any money you want me to have, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com.

May the wizards of bingo bring you good luck always in all ways. ☎



**On Top of the World NEWS**  
Where the News is Always Good

**Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.**



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352-732-8520  
Monday - Friday 6:30 AM – 3:30 PM



www.LabCorp.com

## For Sale

**Collectibles:** 40 to 50 Jim Beam collectible bottles, \$150 for all. 873-0303

**Computer Items:** CRT monitor, 15" screen, good condition. \$20. 237-4270

**Estate Sale:** Full house of furniture, 8719-C SW 92 Lane, October 28 and 29, 9 a.m. to 4 p.m. 854-7858

**Exercise Equipment:** Sears "Cardio-Fit" total body workout stationary bike, \$100. 873-2338

**Furniture:** Two La-Z-Boy recliners, like new, \$200 each. 873-8462

**Furniture:** Deluxe lift chair, light blue, 1 year old, like new; black TV stand, 34" across, enclosed bottom. Reasonably priced. 854-8239

**Furniture:** Electric lift chair, 4 months old, like new, \$450. 854-0920

**Furniture:** French Provincial table and 6 padded chairs, large hutch with beveled glass doors. \$400 each. 854-1965

**Furniture:** Glider rocker, natural oak with dark green velour cushions, like new. \$100. 854-1816

**Furniture:** Mahogany leather rocker/recliner by Lane, never used, cost \$546, sell for half price. 854-3973

**Lawnmower:** Black & Decker electric lawnmower with 60" cord, excellent condition. \$75. 854-7516

**Magnetic Mattress Pad:** Baron style, premium king size, originally \$269, asking \$150 obo. 873-2100

**Misc. Items:** Adult 3-wheel bike, like new, \$200 obo; Kenmore sewing machine, all attachments, \$50. 854-4989

## Classified Section

**The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.**

**SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 8700 SW 99th St. Rd., Ocala, FL 34481.**

**DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (on east side of the Golf Pro Shop) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.**

**Misc. Items:** Battery operated pencil sharpener, voltage tester, all hazard radio alert, calculator printer display, stereo amplified listener. 873-6336

**Misc. Items:** Computer desk, light oak, 23-1/2" x 46", \$50; 1 set of men's and 1 set of women's golf clubs, new bags, asking \$100 each. 854-4902

**Misc. Items:** Double mattress and box springs, excellent condition with new metal frame, \$100; extra-large Vari-Kennel, airline approved, 27x40x30, \$50; 2 porch rockers, white wood, \$20 each/\$30 both. 873-3145

**Misc. Items:** Roadmaster Eagle tow bar for towing cars or trucks. Rate 10,000 lbs. 861-9395

**Refrigerator:** New, GE side-by-side, too big for my kitchen. In-door water and ice dispenser, only 4 months old, 8 months left on warranty, sacrifice price. 854-4508

**Step:** 39" long x 14.5" wide for step aerobics, very good condition. 861-0753

## Services

**Alterations** by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

**Amway Products** come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

**Avon Products** by On Top of the World resident: #1 in county in sales & service. Stocks popular products at lowest \$\$\$. Quantity discounts available. Call Jill DeStefano, 854-6365

**Caregiver:** 16 years experience, excellent references, light housekeeping and errands. Call Nancy, 368-9745

**Caregiver:** CNA/HHA desires p/t. Quality personal care, errands to doctor, etc. Call Wanda at 854-1664

**Caregiver/Health Aide:** 13 yrs. exp. On Top of the World resident. Full/part-time. Personal care, errands, chores. Exc. ref. 873-4761.

**Cat Boarding & Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

**Computer Instruction** in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endthelutter.com

**Computer Setup & Training:** At home service. Senior rates \$20 per hour! Have fun & learn! Call Kathy at 861-7719

**Computer Solutions by Phillip:** Trouble-shooting & upgrades. On site service & training. Low rates. Microsoft Certified Tech. Lic. & Ins. Call Phillip, 368-5882

**Custom Window Fashions:** Stylish valances - energy-efficient balloon - Roman shades - duvet covers. Call Connie, 854-5572. Designer and fabricator since 1983

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**Hair Just for You:** Confined to your home? Hair care in your home. Call Paula, 390-3273. Licensed. OTOW resident. 45 years experience.

**House Cleaning by Evelyn Lee:** I do windows, deep cleaning and moveouts. Licensed & insured. 629-0855

**Mobile Notary Public:** On Top of the World resident and commissioned FL notary public comes to you. Bonded and insured. Call Richard at 362-6465

**Murals by Faye:** Handpainted murals, stenciling and much more. Call for free estimates. Faye, 245-9737

**Painting by Frank the Painter:** Quality service at affordable prices; free estimates; On Top of the World res. 30 years exp. 237-5855

**Personalized door-to-door transportation** to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

**Residential Cleaning:** Licensed, insured and bonded. Free estimates. On Top of the World references available. Call Connie at 454-8593.

**Sewing Machine Service & Repair:** Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

**Steve's Repairs:** Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

**Transportation by Helpful Hand:** Transportation to and from local destinations - doctor, grocery shopping, airports, etc. Call Diane at 237-8077

**Transportation:** Will drive you to airport, doctor's appt., etc. 854-8708

**Transportation by Jan:** Let me fight the traffic: stores - doctors - hospitals - personal shopping. Jan. 854-0491

**Transportation:** I'll drive you to local appointments, grocery shopping, errands & more. Joan at 237-8240

## Wanted

**Coin collector** wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

**Moving in or moving out?** Grandmattic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

**Guns & Knives:** On Top of the World resident interested in buying guns & knives, any condition. 854-2555

**Items for Pick-Up:** Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

**Guitar:** Does anyone have a guitar just collecting dust? Would you like to see it put to good use by a student I mentor at Westport? 854-7214

**Icelandic Translator:** To translate occasional articles on an Icelandic web site. 854-9954

## Free

**FREE ...** Plenty of Kodak Carousel 35mm slide trays and a couple of 35mm covered metal slide storage trays. Bob Woods at 854-0702

## Lost and Found

**Lost:** Man's gold Cladiah ring, locker room at H&R Center. 873-2670

## Typist Wanted

To volunteer to help type articles, golf scores, for On Top of the World News  
Call Lynn, 854-0248

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Leather Sofa Cleaned & Conditioned .. \$49.95

Expert Ceramic Tile Cleaning

Vinyl Floors Cleaned & Restored

13 Years Experience

**854-8978**



**Stitch Witch Quilters**  
Ann Weldishofer

During our October meeting, we welcomed new member Harriet Park. Betty Pettit gave a report on the Oct. 22 Quilt Show. Raffle tickets for the lovely quilt are going well. We will continue to sell tickets until the quilt is raffled at our Dec. 6 holiday luncheon. So, if you're just getting back from your summer up north, see a Stitch Witch Quilters member and get in on this rare opportunity to win such a beautiful hand-made quilt!

Our holiday luncheon will be Tuesday, Dec. 6, and we will meet in the parking lot and carpool to The Veranda. We decided there will be a gift exchange, so if you're interested, bring a gift, and you will get one! Leader Ann asked the members to be thinking beyond the October quilt show to the end of this year, and into 2006. Most of our efforts have been toward the Show for the past year, so we would like everyone to be thinking of ideas, directions, activities, classes, and workshops ... in general, what would you like your Quilt Club to be like in the future?

We have a lot of talent in our own midst, and might bring in outside presenters to show us new and different techniques and ideas. Put your thinking caps on, and we will gather the ideas together and come up with great meetings! We want your club to reflect your interests, and be the meeting you just don't want to miss!

Since I know the show was a huge success, I want to thank all of the members who spent so much time and effort to make it so! We do a great job!

For anyone interested in the old art of quilting, we meet every Tuesday in the Art room of the Arts and Crafts Building. The first Tuesday at 1 p.m. is our business meeting and we often have workshops in the mornings on other Tuesdays. We welcome one and all! ☺



**Arts & Crafts**  
Loretta Troutman

October was a busy month for us. Not only did we assemble every Tuesday morning in the Health & Recreation Ballroom, but we also had tables set up at the Rags to Riches sale and at the Fall Craft Sale at the Arbor Conference Center.

We are happy to have Edna Opplinger and Mary Sparrow back with our group. Edna presses flowers from her own yard and frames them with messages of affection. Her decoupage vases are done in a variety of colors. In some, she enhances their beauty with a lighted candle.

Mary Sparrow keeps her sewing machine humming while she makes placemats, aprons and tabards. They are those great coverups, front and back, that tie on the sides. She also has items for children. When not at the sewing machine, she enjoys doing items that are decorated with counted cross-stitch.

We marvel at how Gail Gero manages to transport so many plants in her golf cart. There are times when she not only brings in potted plants several feet tall but other blooming plants such as orchids and African violets. She often has some interesting info regarding their care and growth to share, which may help you maintain their "green thumb" appearance.

All in all, we are proud of the quality and expertise our Crafters show in their works. We enjoy hearing the "oohs and ahs" as visitors look over our tables and we are delighted with the laughter heard from Lois Powers collection of novelties.

Come up and visit us every Tuesday morning from 9 a.m. until noon in the H&R Ballroom. Your gift buying will be simplified as you will be saving time as well as gas, not needing to travel into town to shop.

If you are a crafter and interested in joining our group, please call Rene Beck at 854-4918.

We wish each of you a Happy Thanksgiving Day. ☺



**Crafty Ladies**  
Dot Tripp

We had a most unusual meeting in September. We don't normally have a speaker at our meetings, but one of our members had heard Ruth Kinney speak of her experiences as a volunteer in Hurricane Katrina recovery, and suggested that she speak at our meeting.

Ruth went to Mississippi with a church group, which was one of the first groups to arrive. She was assigned the job of feeding the workers. Luckily, someone donated several boxes of Duncan Hines Pancake Mix, and that is what was served until it ran out—bet they won't want pancakes for a while.

Ruth spoke about the many acts of kindness shown one another. If a person had something that another could use, it was given to them. People refused water and food if they had enough to survive, and asked that it be given instead to someone more needy. With all the negative publicity we heard through the media reports, it warmed our hearts to hear that there are still folks who care. Thank you, Ruth, for coming and sharing your experiences and the photos you took while you were in that devastated area.

A vote was taken and the results were that we will have a Christmas luncheon after all. It will be held in our meeting room at our usual meeting hours on Wednesday, December 7. The food will be purchased at Publix, plus a few extras thrown in by members. This is a Crafty Ladies affair, and only members are invited.

An On Top of the World resident asked a friend what he could do with his wife's craft supplies. She told him that she knew exactly who could use them, so they packed them up and delivered them to Dot's house. These many and various items will keep our "give-away table" well supplied for months. Thank you, Pauline, for thinking of us.

If you are interested in crafts and would like to see what we are all about, come join us some Wednesday morning between 9:30 to 11 in the large card room in the Arts & Crafts Building, or call Dot at 854-4913.

Talk to you next month. In the meantime, do your best to keep happy, healthy, and "crafty." ☺

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**Sewing Bees**  
Eileen Vanderbosch

All the Bees keep buzzing along on projects. Cut out quite a few felt Christmas stockings for under-privileged children. Now to sew them and fill them with various kinds of toys like crayons and coloring books, little cars, head ribbons, cards, etc. Whatever will fit into the stocking. The

Bees go to the dollar stores and try to stock up on items, since we fill about 60 stockings. Any contributions from anyone will be gladly accepted and we will buy the toys for you.

And, speaking of contributions, once again we want to send a heartfelt thanks to Diane and Russ Riegler for their latest donation to help us. They contribute regularly and we are very grateful for it.

Marcy and husband Joe made another delivery of quilts, totes and animals to Munroe Regional Medical Center, which were gratefully received. Workshops coming up are for small quilts, tote bags, finish the felt stockings, etc., so that will keep us busy until the holidays.

Our Christmas luncheon will be on Thursday, Dec. 15, at 11:30 a.m. at the Hilton and we hope all the Bees will attend.

We are nearing the end of the year and all the Bees can be proud of the great work accomplished this year, both with personal projects and workshops. Led very ably by Marcy Askenase, we really had needle and thread helping us to buzz around. Keep up the good work, you are appreciated. ☺



**Rug & Latch Hook**  
Yvonne Bednar

On Oct. 10, the Happy Hookers descended upon El Taxco Mexican restaurant for our luncheon. It was an enjoyable afternoon out with a group of 14 of us.

Our next luncheon will be Monday, Dec. 5, at the Hilton on State Road 200. At present, I don't have the final details. If you have any questions, contact Carol Toye at 873-1646 or Carol Berta at 861-4585. Since December is the holiday month, I'm sure the Hilton will be extra special with its decorations.

Just to keep you up to speed on the projects that are in the works, they are: Hilda Woodcock is knitting headband ear muffs to donate to school children, Kaye Kazan is knitting many sweaters, hats and scarves for the Seaman's Church Institute of New York, Cecily Lucas's granddaughter will receive a "grandma" sweater, and Carol Toye has completed the most cozy, fuzzy lap cover for some very lucky nursing home patient. Mary Lou Walsh is helping the needy with knitted hats, Carol Lopez is hard at work trying to finish a latch hook rug, Angie Gravano found a beautiful pattern for a chenille scarf, and Jackie Pallotta's fortunate son will be getting one of his mom's knitted sweaters. As always, Elaine Fitchpatrick is forever finding something new to try. This time she's creating beautiful colorful beaded necklaces and making her own greeting cards.

We have three members who are hooked on embroidering pillowcases: Maureen Wolfe, Rita Kennedy and Pat Wallace.

So as you see, we do not have idle hands and we just don't knit one, purl two, etc.

Judy Dunn and Vicky Seitz have checked us out and are going to try crocheting.

We are in the Ceramics/Art Studio on Mondays from 2 to 3 p.m. Come on in and visit any time. We have no dues, minutes to read or stress; just lots of gabbing, laughs and help with your project if you need it.

Wishing one and all a Happy Thanksgiving and "Happy Hooking." ☺

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Wishing one and all a Happy Thanksgiving and "Happy Hooking." ☺

**Ocali Country Days Bring History Alive**

Ocali Country Days will be held Saturday, Nov. 12, and Sunday, Nov. 13, at the Silver River Museum.

Visitors can tour the Silver River Museum, step back in time in our Florida "Cracker" homestead staffed with living history reenactors, enjoy old time music and folk tales, and visit the many arts and crafts vendors. Admission is \$4 per person with kids 5 and under free.

View traditional craft demonstrations such as sugarcane syrup making, blacksmithing, quilting, woodworking and more.

An auction will be held Saturday at 1 p.m. Hours are 9 a.m. to 4 p.m.

Activities include:

- Meet reenactors and learn about life in the 1800s.

- Blacksmith demonstrations
  - Sugar cane grinding and syrup making
  - Cowboy lasso and bullwhip shows
  - Civil War Encampments (North and South)
  - African American History
  - Florida Trapper Camp
  - Native Americans
  - Flint knappers
  - Cracker Cow Hunter Camp
  - Candle making
  - Clowns and face painting
  - Old time music
  - Horse drawn wagon rides (\$1 children, \$2 for adults)
  - Storytelling
  - Folk crafts and food for sale
- The Silver River Museum is located within the Silver River State Park near Ocala. The park entrance is about 2 miles south of SR 40 on Baseline Road (CR 35). Call 236-5401 for more information or directions. ☺

**POET'S CORNER**  
*Poetry from On Top of the World Residents*

**A Thankful Heart**  
ANNETTE SHARPE

Corn shucks bundled in a row,  
A chilling wind, a little snow,  
And, it's time for turkey with all the trimming,  
A special time for thanks giving.  
As I travel on life's journey,  
I'm thankful for everything,  
Though I may not have a mansion  
Or the treasure of a king.  
I'm thankful for my home,  
And for my daily bread,  
Also, for peace of mind;  
And rest where I lay my head.  
I'm thankful for good health,  
And, also, for love.  
I appreciate God's goodness  
And His blessings from above.  
I cherish great friendships  
May we never drift apart,  
While I travel on life's journey  
With Thanksgiving in my heart.

Ocala On Top of the World resident

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