

On Top of the World NEWS

Where the News is Always Good



It's butterfly time!
See Native Plant Club on Page 14.

Vol. 19, No. 3 • September 2005

Community News & Update

By Kenneth Colen
Publisher

You can bet it is a slow news day when the local paper picks up a story on golf carts. On Top of the World Communities, Inc. has been negotiating a provision with the County Commission for the better part of eight months and when it finally got put on the commission agenda, I only found out about it from a reporter! At least things are moving forward.

The purpose of the ordinance is to not only affirm that golf carts may operate within the On Top of the World properties, and goes farther to adopt a standard to allow golf carts to cross roadways owned by Marion County. The operative wording in the Section 2 of the ordinance is as follows: "...Golf carts operated on public roads dedicated to Marion County shall be on a separate golf cart path and may cross such public roads only at intersections that have either a traffic signal containing Stop Lights or an intersection with stop signs posted at all intersecting roads."

As the community of On Top of the World continues to expand, there will be multiple County-owned roads that will cross through the community, S.W. 80th Street for example. This ordinance is necessary so residents may safely and legally cross those streets in a golf cart as they move between recreational and shopping facilities and their neighborhoods.

We ask you to contact the County Commission and express support for this ordinance. Their address is: Marion County Commission, 601 S.E. 25th Avenue, Ocala, Fla. 34471. The full text may be found on the community Web site: www.OTOWinfo.com.

It remains illegal for vehicles capable of speeds less than 19 mph to operate on state or county roads and rights-of-ways, including pedestrian pathways such as sidewalks. This is why you may just get a warning ticket if you drive over to the Publix in your golf cart.

NEWS ON THE PUB: As yet a date to reopen the Pub has not been established. Judging from the letters there has been a fair amount of anticipation. When it is reopened, it will be for special events and catered events only. Debbie Clark will be working with Chef Neverman to create some interesting dinners coupled with entertainment. After the "Woodstock" happy hour anything is possible!

I would like to correct some misinformation that was circulating and that related to the ban on BYOB events. Your Board recognizes that this is unpopular with many residents; however, it relates to a point in the state liquor laws and club licenses. Specifically, Florida Statute 364.02(4) states in part "...A club obtaining such club license shall not purchase any beverage herein defined from anyone other than a distributor or vendor licensed under the Beverage Law; nor shall such club dispense or serve any beverage defined herein unless such beverage has been purchased by such club from such distributor or vendor; nor shall the club dispense or serve any such beverage on which tax is required by the Beverage Law unless such tax has been paid as required by that law."

Because the club licenses are address-specific, they cover the entire premises of the Health and Recreation Center, the Arbor Club, and Candler Hills Golf facility. A call to the Department in Tallahassee affirmed their interpretation of this law and its intent.

COLLECTING STORIES AND MEMOIRS: The project of collecting the memoirs for the book Served With Honor is rapidly coming to a conclusion. In some respects, the project has come together quicker than I'd have expected. We gave residents a six-month window in which to submit stories. That's when the fun began. Thanks to Pat Wellington, Jim Chandler and Margitta Clatterbos, the editing, re-editing, and re-re-editing was completed and the final stories made the cut. Toni Taylor was the overall coordinator of this effort and she has done a remarkable and fine job.

Very shortly, the final document will be sent to the publisher for printing and binding. Every contributor and participant will receive a book. Copies will be donated to Marion County middle and high schools.

HURRICANE PREPAREDNESS: I'm reminded that it is just a year since Hurricanes Francis and Jean visited us. Although this community experienced significant damage to the landscape, residential damage was very limited. We were able to get most repairs done in the first month following the storms. That said, it is worth reviewing preparedness measure as we move into the main part of the current storm season.

- Before a storm:
- Designate as a "post-disaster contact:" a relative or friend who lives outside the danger zone. Make sure each family member has been given this person's address and phone number, and agrees to contact him or her following the hurricane.
 - Keep on hand at least one week's supply of bottled water and nonperishable food items. You should also have available a manual can/bottle opener, a flashlight and a battery operated radio or television (with an extra set of batteries for each). Make sure these items are readily accessible, so that you can quickly pack and evacuate.
 - Maintain an up-to-date inventory of everything in your home. Taking photos and/or making videotapes of these items may help support the value you place on them. Also, consider storing valuable items at a se-

► Continued on Page 5

A reminder:
Large trucks and semis cannot go through the front gate on 99th Street Road. Residents should advise delivery people to use the construction entrance on 80th.

Woodstock Happy Hour

Photo by Larry Resnick

Two On Top of the World residents get groovy, man, during the Woodstock-themed Happy Hour at the Arbor Club on August 19.

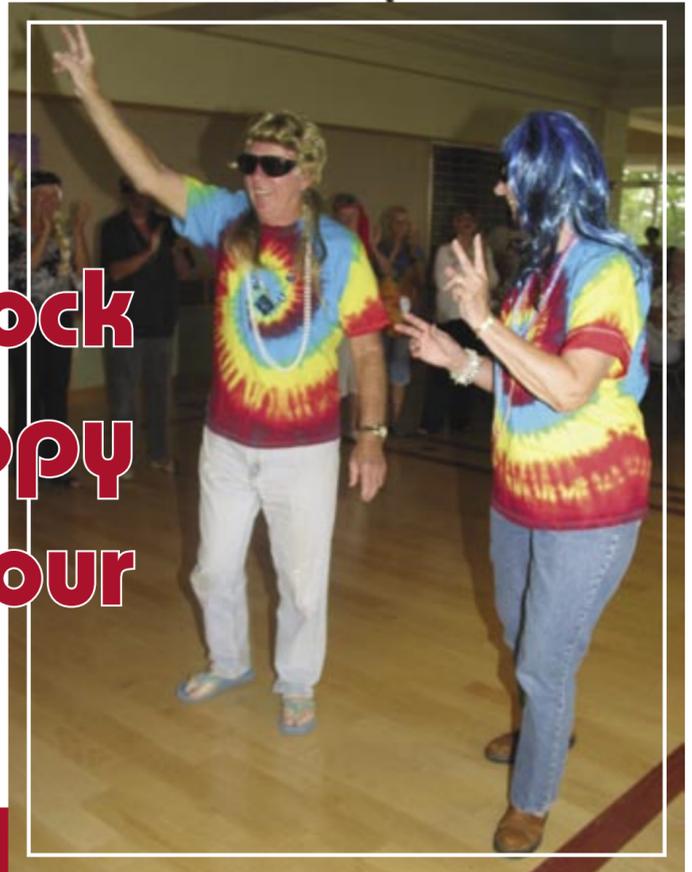


Photo by Larry Resnick

Representatives from a variety of tourism opportunities met with prospective travelers at the Travel Expo in August. Even scaly and feathery friends from the Tampa Bay Zoo were on hand to entice future visitors.

Travel & Tourism Expo

By BETTY THAYER

The Travel and Tourism event was held on July 30 and if the visitor comments were any indication this was the best one yet. There was something for everyone. Whether you were new to the area or have lived here for a while, this event showcased all types of travel opportunities.

The Bahama House in Daytona offers a wonderful relaxed atmosphere for when you just want to get away. Spring Lake Golf Resort in Sebring is an all-inclusive get away: a location with multiple diversions from 36 holes of challenging golf, to horseback riding, and boat rentals. Resident Joe Furfaro says you can do it all, eat, play and sleep at Spring Lake.

The Pirate's Dinner Adventure in Orlando offers a unique dinner show with total guest involvement, a perfect fit for a one- or two-day getaway.

Closer to home the Dunnellon Area Chamber of Commerce showcased its area, which is only 20 miles from On Top of the World. This area offers a small-town atmosphere with a lot to do. You can tour historic Dunnellon or go tubing on the beautiful Rainbow River. Captain Mike's Lazy River Cruise takes you on a trip to the past down the Withlacoochee River in a 24-foot pontoon boat. With a departure area behind Stumpknockers Restaurant, this makes for a (dare we say) Southern romantic way to spend a day.

From Tampa Bay, the Lowry Park Zoo brought two of its residents to visit, an African Millipede and a Skink. You probably would not want to run across them in your garden, but they were very interesting to see and learn about.

On Top of the World's Travel Toppers introduced their new line-ups of trips. They have exciting and fun entertainment planned. Audrey Mangan and Marilyn Vernier were busy answering the questions about their agenda.

American Travel Services offered everything from day cruises to Alaskan adventures, and for those who are allergic to the sea, trips to Las Vegas and anywhere in-between. Peter and Beverly Van Arsdale like to travel so they were checking cruise prices. Grace and Buddy Raymond, while waiting for their home to be completed, were gathering information and then going home to sort it all out. Buddy saw

some great cruises that interested him, while Grace is ready to go anywhere!

Janet Abrahamson was looking for information on a European River Cruise, and Princess Cruise Lines had all the information for her. Janet is impressed that On Top of the World presents this event. Among those seeking inspiration were Linda and Gary Uhley. Linda is trying to get hubby Gary to take her anywhere. Gary who thinks a trip is taking out the trash may find a different experience in their future.

Cecile Marsh was here to learn about her new adopted state. Cecile and Bob moved here a year ago from Long Island and are anxious to explore Florida. Cecile is thankful On Top of the World puts this event on because it is so convenient to get information in one spot. Betty and Tom Frostig just hopped in their golf cart and came. Betty and Tom were checking out Plantation Inn and Golf Resort. Bill and Ida Carlson have been to several On Top of the World travel shows and always find someplace new to visit.

Once you were done perusing the exhibits you could have lunch catered by Carmichael's. The smell of hamburgers and hot dogs being grilled by David intertwined with the easy listening music provided by WRZN radio station. Debbie Clark, Activities Director, was pleased with the turnout and with the vendor participation. Debbie would like to thank all the volunteers who helped keep everything running so smoothly, and all the residents and guests for attending. Door prizes provided by the vendors were a big hit as always. May Jo and Bill Taylor, yearly attendees, were excited that they won a striped tiger, which they plan to give to their new great grandbaby.

The big door prize winners were:

- Paul and Therese Bell: a three-day, two-night stay at Mission Inn Resort.
- Charlotte Erickson: a three-day, two-night stay at Bahama House of Daytona.
- Jeannie Nicholls: four tickets to Silver Springs.

If you missed this year's Travel and Tourism Expo you missed a great, well-planned, opportunity to explore travel opportunities within Central Florida, and beyond.



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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From the Pressroom

By Lynn Peithman Stock
Editor

"Third time's the charm?" asked Sara Sommer, the receptionist at the Sales Center. She was referring to our trying home delivery of the *World News* once again with the Septemer issue.

Or it may be "three strikes and you're out." We are giving home delivery a go one more time. The *Star-Banner* has promised that the kinks have been worked out. We all hope so!

Many snowbirds have asked to subscribe to the *World News* during the months they are away. We are not able to do that at this time, but offer the next best thing. The *World News* is available in a PDF version on our community Web site, otowinfo.com. You will need the free software Adobe Acrobat Reader to view this computer file.

On a more fun note, my husband's months of planning resulted in a memorable 20th-anniversary vacation. Providence provided great timing when James Taylor scheduled a concert in Charlotte, NC, the first Saturday of our vacation, which had been set several months ahead. When my husband and I were in college, our first official date was to a James Taylor concert. And my parents live outside of Charlotte, so attending the concert sans son was quite convenient.

We then spent a few days in Kiawah Island, S.C., and then at the Casa Monica Hotel in St. Augustine. ☺

Movie Club Presents Film About Singer Bobby Darin

By MARY EHLE

The movie for September will be "Beyond the Sea," starring Kevin Spacey.

This film is about the life and career of singer Bobby Darin. He was married to Sandra Dee who is portrayed by Kate Bosworth. This is listed as a musical drama. If you liked the singing of Bobby Darin I am sure you will enjoy this film.

The movie will be held in the Ballroom on Sunday, September 11. Please note that all the movies will now start at 6 p.m. This is open to all residents and their house guests. The cost for non-members is \$2, payable at the door. Bring yourself some popcorn and come and join us. ☺

Monday Line Dance Classes Begin on September 12

By SHERRY ASHENFELTER

Guys and gals, newcomers and experienced dancers, are invited to join Monday line dance classes, which resume Monday, September 12, in the Health & Recreation Ballroom. No partner is required.

The Beginner Class meets from noon to 1 p.m.

The Intermediate Class meets from 1:15 to 2:15 p.m.

Newcomers are invited to the H&R Ballroom on Saturday, September 10, from 5 to 6 p.m. to meet the instructors and to receive information about Monday Line Dance.

Questions? Phone Sherry and Jack Ashenfelter, instructors, at 873-9440. ☺

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Red Hat
Society
Vivian Brown

As I travel around the community I am seeing the great tans, the happy faces and lively steps of our ladies. No doubt most of this is due to the wonderful vacations they had and being able to spend time with family and friends this summer. So the upcoming busy fall schedule will be a piece of cake for most of us.

Ladies please don't forget The Red-iculous Fashion Show on Tuesday October 25 in the Arbor Club at noon. Queen Mums, please contact Mary Curry at 237-5515 for information.

The Light the Night Walk in Ocala on Thursday evening October 27 for the Leukemia/Lymphoma Society. QM's should contact Adela at 854-8707, she will have a bus going, for those who want to walk.

We are planning a Red Hat Society Night at the Civic Theater in December for the Nutcracker Ballet again this year. Date and price will come later. Please keep this in mind as a December outing for your chapter.

To be a great Red Hatter, you must have the right "Hattitude," to live it up, laugh it up and love each other. Keep smiling and pass those smiles along. Till next month God bless, Vivian

THE RAZZLE-DAZZLE RED HAT DAMES celebrated our third anniversary on July 15, and looking back over these years I chuckle and laugh at the good times we have had, the places we have been and most of all the ladies who I have had the pleasure to know and love. From time to time the faces change, some leave and some new ones take their places. The reasons are varied, but they are never forgotten, for they all become like family. This is sooo important when family is far away like New York or Salt Lake City. This Queen Mother wants

to thank all of my ladies, past and present, for adding so much joy, happiness, excitement, enthusiasm and love to my life. I look forward to each day and always wear a smile for I really am happy. This month we have a couple new members and they will take the Red Hat oath and all our members will receive the new membership cards, and we will plan our outings for the year ahead. Hope to see you all in September! Hugs and Happy Hatting. *QM Vivian Brown.*

THE RED SHADY LADIES had a wonderful luncheon in July at El Taxco Mexican Restaurant. It was a little far to travel for Mexican food but all agreed it was very good. We all enjoyed the fun and good conversation. We had our monthly drawing, pulled by our QM, and Carol Kameswaran was the July winner. Shirley Bower celebrated her birthday in July and all joined wishing her a "good one." The third Tuesday in August we held our luncheon at the Copper Pot, located on Silver Springs Boulevard. *QM June Laurin*

THE GLITZY GALS met for lunch in July at the Thai Ruby Restaurant. Hostesses were Maria Breedan and April Pollard who provided little red treat bags for everyone. There were no July birthdays. Plans are being finalized for the Red-iculous Fashion Show on Tuesday, October 25, at noon in the Arbor Club. Fashion Show tickets will be going on sale the second week of September and all the Queen Mothers will have all the information by then. *QM Mary Curry by Janet Wahl.*

THE CRIMSON CUE-TEES enjoyed a wonderful buffet at the Bamboo Cafe Restaurant, located outside our main entrance. Although we didn't wander far from home, the lovely ladies, decked out in purple and red, certainly had a wonderful time. We celebrated two birthdays in July, Polly Farineau and Penny Wilson. The occasion was highlighted with "snowball" cupcakes and singing accompanied by noise makers. We all enjoyed our day out, as well as our twice weekly gathering around the billiard tables. We eagerly anticipate next month's "Coronation Of The Princesses." Until next month, stay safe. *QM Shirley Impresa*

THE CRESCENT RIDGE RED HATTERS celebrated their third birthday with a luncheon at Queen Mother Anne Seales. The tables were covered with purple cloths and decorated with red hats and confetti. We even had red hat after-dinner mints. After lunch came our disorganized meeting where we made great decisions for the coming year. We've decided to keep on having fun! The dessert was a birthday cake decorated with red and purple flowers. After blowing out our three candles, we sang Happy Birthday to ourselves. We're looking forward to another year. *QM Anne Seales*

other year. *QM Anne Seales*

THE COOL CATS IN RED HATS A hot July found our Cool Cats in some interesting places, thanks to Alice Stewart our head cat for the month. Our first stop was the Ocala Civic Theater. Once there, Ken Noble took our ladies on a grand tour of the theater. We went backstage out to the wardrobe department and in the dressing rooms. As we walked across the stage we all took our bows. Ken told us the meaning of "break a leg" and why you must not whistle in the theater. Take the tour and find out!

Our next stop was to the library on Silver Springs Boulevard. Do check that wonderful place out. Our guide there was Leonard Kransdorf, and he explained all that is offered to the public. Then off we went to the new El Taxco Mexican Restaurant for a delicious lunch. Next stop Bealls' Outlet for a little shopping and then home. Birthday gals were Gwen Champlin and June Schmidt. June is back with us after having major surgery and doing well. *QM Janet Fragaqane*

THE DIVINE DIVAS July luncheon was a delightful experience at the Candler Hills Restaurant hosted by Jill DeStafano. We had a lovely guest for the afternoon. Judy Labeledz brought her granddaughter Ashley. In August, we took a boat trip down the Rainbow River in Dunnellon after an early dinner at Carmela's Restaurant. Our Fall Hoot is on Monday, October 17. Last year everyone had a super fun time and we are anxious to repeat this event.

Queen Mother Gail LaRue is working hard on our scrapbook with help from Lolly Fooks, Roberta Knarich and Chris Guidas. She asked for some additional hands and there were several eager volunteers. The list of our royal titles is almost complete. We have every possible assortment of royalty imaginable. Each title seems to be a perfect fit. Happy Hatting. *QM Gail LaRue by Bunny Barba*

THE SCARLET FOXES, after taking the month of July off, descended on the Copper Pot Restaurant for our August outing. Hostesses Judy Long and Joleen Brummer made this outing special by selecting a great place to dine. They also provided Red Hat kazoos to all of us. After some practice time, it's hum not blow, we were all able to serenade our calendar girls: Janet Abrahamson, Vi Dubay and Marie Kearney, with a rendition of "Happy Birthday." We will get better with practice, but what fun we and the other patrons had. Joleen (Lady Shy) won our contest and got to eat free, now that's a deal! Vi and her husband Frank were also celebrating 50 years of wedded bliss. Congratulations Lady Bingo!

The design house of Lou is busy putting on the final touches on our creation for the

Red-iculous Fashion Show and we are getting ready to strut our stuff on the catwalk. Till next month. *Betty Thayer*

THE HAPPY ATTITUDES will recap the past few month's activities. Hostess Lois Reisinger choose Too Jays Deli in the Villages for our luncheon site. We had a delightful lunch followed by some ladies browsing a few of the shops on Main Street. Marion Wade was our hostess of the month and she made arrangements for our lunch at Candler Hills Restaurant. It was an excellent lunch followed by a delicious dessert at Marion's home. Next month Mary Black was our hostess and Mary arranged for our lunch at the Verandah Gallery. Lunch at the Verandah is always a nice experience and we enjoyed it very much. Our August hostess was Romayne Johnson and she chose the Gazebo at Oak Run followed by dessert at her home. Don't we love those desserts! We feel very fortunate to have been able to partake in all these great outings with such a great group of ladies. We are also very happy to have a new member join our chapter. Georgia Adams is new to On Top of the World and she and her husband are awaiting their new home to be built in Avalon. We welcome them to On Top of the World and Georgia to our chapter. Wishing everyone happy and healthy Red Hatting. *QM Arlene Adams*

Please send your chapter's news by the seventh of the month to Vivian Brown, vivjcb@aol.com or phone 291-0246. ☺

Dance Committee Presents A Country Western Dance

By LARRY RESNICK

Our On Top of the World Dance Committee is back from its vacation and is now back in action, and action is the key word here. They are as busy as bees getting ready for their next ballroom dance.

They booked the Silver Star Band for the next dance, which is scheduled for Saturday, September 24, in the Health & Recreation Ballroom from 7 to 10 p.m.

There are going to be snacks, door prizes, lots of fun and decorations. The dance committee has titled this shindig as the Country Western Ramble.

Tickets for this dance go on sale on Monday, September 26, from 8 to 10 a.m. in the H&R Ballroom and are only \$5 per person. Tickets will also be sold on future Mondays, Wednesdays and Fridays at the same times and place until sold out.

So, put on your dance shoes, become a twinkle toe person and come and enjoy. If you are new to the neighborhood, try it. You just might like it. ☺

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**From
Debbie's Desk
Debbie Clark**

The dog days of summer are finally passing. The way I can tell this is that I am starting to see a lot of the familiar faces around the community again. Welcome back.

Into the month of September, we are now accepting registrations for the Rags to Riches sale, which will be held on Thursday, October 13, in the Health & Recreation Ballroom from 9 a.m. to noon. Tables will be \$5 apiece and you may register at the Health & Recreation Office.

On September 6, our own Arts & Crafts group will be back in the H&R Ballroom.

They are in the ballroom every Tuesday from 9 a.m. to noon, so if you are in the area please go up and browse and maybe get in some early Christmas shopping for those people that are on your list that are hard to buy for. I personally know there are some very nice items up there every week.

We have two events that are completely closed at this time. They are the baseball trip to Tropicana Field to see the Tampa Bay Devil Rays play the New York Yankees on September 13 and the Mystery Dinner Theatre on September 16. Thank you to all of you who purchased tickets to either of these events. Without your support activities like these would not be possible.

Next on the list during the last week of September is our Resident Photography show at the Arbor Club. The photos will be on display from Monday, September 26, through Friday, September 30. There will also be a reception on Thursday, September 29, at the Arbor Club from 4 to 7 p.m. where you will have a chance to meet the photographers and discuss their work with them. Light hors d'oeuvres, pastries, coffee and a cash bar will be available. The only thing that I request is that if you plan to attend this event please RSVP at 854-8707 so that I may plan accordingly.

On Wednesday, September 28, the On Top of the World Circle Square Dancers will be in the Arbor Club Ballroom from 6:30 to 8:30 p.m. This is a free fun night with an introduction to square dancing. Refresh-

ments are served and everyone interested in square dancing is welcome.

In line with this on October 5, classes for square dancing begin. The first three weeks are open to anyone who would like to take square dancing lessons. If you would like more information on square dancing please contact Caroline Smith.

Looking ahead into the month of October we have a quite a few events on the books. First off on October 3 there will be a Flu Vaccine Clinic at the Arbor Conference Center in Suites G and H. This service is being brought to you by Maxim Healthcare Services. The cost is \$25 for the flu vaccine and \$35 for the pneumonia vaccine and as always if Medicare Part B covers you, Maxim will bill them directly. Registration for this event will begin on Tuesday, September 6, at the Health & Recreation Office. If for some reason you cannot make this date, please do not be alarmed. We will have one more Flu Vaccine Clinic in the month of November.

There will be the bi-annual Rags to Riches sale in the H&R Ballroom. Then on Tuesday, October 18, in the Arbor Club Ballroom we will have the event Meet the Director at 2 p.m. We are bringing to you from the Ocala Civic Theatre the director of the upcoming play "Harvey."

We will also be hosting the Third Annual Craft Fair in the Arbor Conference Center on Saturday, October 22, from 10 a.m. to 2 p.m. In line with this event our own Stitch-

with Quilters will be in the Arbor Club holding their annual Quilting Show. Stay tuned to Channel 19 for more on these two events.

There is more on the calendar but I want to make mention that on Friday, October 28, we will host our first ever Halloween Happy Hour. Costumes are preferred and we will be giving each resident that shows up in costume one free drink and also prizes will be awarded for the best costumes.

In regard to community news I have to bring up two items.

Effective September 1, there are new hours at the H&R pool for children under the age of 15. Children under 15 will swim from noon to dusk. As always, Monday, Wednesday, Thursday, Friday, Saturday and Sunday the pool will be open from 8 a.m. to noon for anyone over the age of 15. On Tuesdays, the pool is open from 9 a.m. to noon for anyone over the age of 15. Also please remember that the H&R pool is closed on the last Wednesday of the month for cleaning.

In line with pool news it has been brought to my attention that On Top of the World Communities residents were utilizing the pool at Candler Hills. This pool is strictly for the use of CANDLER RESIDENTS. On Top of the World residents will no longer be able to gain access to this area as the card readers are now functioning.

Well that is all for now so let's go out and have some fun. ☺



**Association
News
Janet Colacone**

As Mr. Colen has mentioned in his article, we are coming into the middle of the active part of the hurricane season and it has come to the attention of the Association that several residents are installing various hurricane shutter systems without the proper approval. As an example, the systems that are constructed of corrugated plastic and marketed as hurricane protection ARE NOT approved protection at this time. The company that markets and sells these corrugated plastic panels has not supplied the Association specifications that prove they are in compliance with the Metro Dade Standards for withstanding sustained wind speeds in excess of 120 mph. The Association's goal is to protect the residents of the community by requiring manufacturers to supply proof they meet with these standards. Certainly, any prudent owner wants to purchase a system that will do what it is supposed to do and is in conformance with regulatory standards.

Please be diligent when shopping for storm protection. If the supplier cannot provide the proper specifications to the satisfaction of the Association, their storm systems may not be adequate protection. It would be imprudent to spend money on a product that does not deliver the level of protection that is required. We thank all the residents who have complied with the

requirement that they obtain approval before installing any exterior modification.

On an unrelated note ... anyone who has traveled to the more scenic areas of the United States has seen them. Whether you are visiting the Smoky Mountains, the Grand Canyon or the Florida Keys, you will see touring motorcyclists, and, if you look closely, often you will see gray hair and bifocals.

Motorcycling has been part of leisure and recreation in America for nearly a century, but it was overwhelmingly a young person's activity that people were supposed to grow out of. More Americans are riding motorcycles than ever as aging, affluent baby boomers recapture the "Easy Rider" dreams of their youth. In 2003, the median age of all motorcyclists in the United States was 41, according to the Motorcycle Industry Council. In 1985, the median age was 27. In most cases, retirement has been a positive influence on the older motorcyclist. Baby boomers are returning to motorcycling. Maybe they rode when they were young and single but traded their motorcycles for minivans as they raised families. Now the kids are gone, and they can return to riding. Also, older adults typically have more time and money to spend on recreational activities such as motorcycling.

For the past year, your Board has allowed motorcycle owners to use the rear entry gate to drive their bikes to and from the RV storage area on Southwest 90th Street using that area for parking and storage of their motorcycles. This has been very successful.

With the changing trend in the active adult lifestyle, your Board felt it was time to revise their policy. Homeowners with motorcycles will now be allowed on the streets of the community. The Association's Board requests that motorcyclists respect their fellow homeowners by obeying the posted speed limit and keeping the noise level to minimum, especially during the late evening hours. Who knows, we may soon have a "motorcycle enthusiast" club to add to the many interest groups here at On Top of the World!

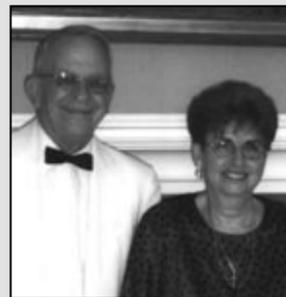
Janet Colacone is the Executive Administrator for On Top of the World Communities, Inc.

Congratulations

Anniversaries • Birthdays • New Residents



**Phyllis and Heineman
48th Anniversary**



**Dick and Mary Ann Rohde
50th Anniversary**

Flashback

Compiled by Joe Novatnack

20 YEARS AGO, 1985: Vol. 1, No. 10, 12 pages ... Labor Day Picnic in the Ballroom ... Big Sun Senior Games events for 19, 20 and 21 ... Bingo Wednesday evenings, jackpots growing and attendance increasing every week ... A meeting for organizing a Literary Club about book reviews ... Ross Martino reports on Thursday Night Bridge.

15 YEARS AGO, 1990: Installed at the softball field is a new backstop and fencing ... Get Acquainted Coffee for the season with a capacity attendance, the largest ever at this monthly event ... On Top of the World summer season softball players wearing Winn-Dixie team colors, racked up 11 wins and three losses of a 14-game series.

10 YEARS AGO, 1995: 1995-96 Saturday

evening season dances sponsored by the On Top of the World Dance Band ... All of the "state" clubs gearing up for the upcoming meeting ... Profile of Liz Waters, "The Lady Called Liz," many times when things need to get done ... The On Top of the World Central Computer Club held its first computer conference in the Ballroom; an estimated 200 attended the display.

5 YEARS AGO, 2000: A photo of a windmill by woodcrafter Walter Kirchner displayed on the front lawn. ... Baking Soda Tip: Remove your grandchild's crayon art from washable walls by scrubbing gently with a damp sponge sprinkled with baking soda. This will also remove grease, pencil and marker art works. ☺

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EVENINGS BY APPT.

Community News & Update

By Kenneth Colen • Publisher

► Continued from Page 1

cure location away from the house.

- Tie-down or take lawn furniture and other yard items indoors so they won't become lethal projectiles during a hurricane.

- Stock up on items you may need to protect your home or to prevent it from being further damaged after the storm has passed.

- Make sure your family is trained on how to turn off damaged utilities.

- At least once per year, review your insurance coverage to make sure it is adequate and up to date.

When a hurricane threatens, immediately take these steps:

- Refill prescriptions and life critical supplies (oxygen, batteries, etc.).

- Make sure your car has a full tank of gas as power outages may force gas stations to remain closed for several days following a hurricane.

- Store important documents and other valuable items in waterproof bags.

- Bring inside, any loose items that can be found around the home. Firmly tie down loose items that cannot be brought indoors.

- Have enough cash on hand to last at least a full week. Banks and ATMs may be closed for several days following the storm.

Here are some suggestions on what to do during a hurricane:

- Stay tuned to a battery-operated radio or television for weather bulletins and important information.

- Follow the orders of local authorities.

- Stay indoors in an interior room without windows (even if you have evacuated, inland locations may still be at risk). If conditions worsen, take shelter in a closet or bathroom and use mattresses to protect yourself.

- Don't assume the hurricane is over when the wind subsides. The calm may be the eye of the storm, and the worse part may still be on the way.

- If the electricity goes out:

- Use a flashlight - not a candle or match. You do not want to take the risk of igniting gas from a broken line.

- Open your refrigerator only when absolutely necessary. This will help keep food fresh for as long as possible.

After the hurricane has passed:

- Don't venture outside until local authorities have issued an "all-clear."

- Continue to check the radio or TV for post hurricane updates.

- If you have evacuated, don't return until authorities re-open your area. Remember, you may need proof of residency to return.

- Use a flashlight to look at damage. Allow only those people who have been trained, to turn off damaged utilities (e.g. gas) and disconnect damaged appliances.

- Beware of downed power lines and other debris.

- Wear sturdy shoes and clothing to protect your self. People are oftentimes hurt more frequently after the hurricane than during it.

- Use only bottled water. Unless otherwise advised, assume tap water is contaminated and sewer lines are out of order.

- If electrical power was lost during the hurricane, be extremely careful before consuming food taken from your refrigerator. When in doubt, throw it out.

- Use the phone only for emergencies.

Proper insurance coverage can help reduce the financial burden you may suffer as a result of a hurricane. Here are some additional tips that will make the claims process easier for you and your claims adjuster.

- Don't alter the condition of the damaged property. Take whatever steps are necessary to protect your property from further damage.

- Contact your insurance agent as soon as possible. Provide your agent or insurance carrier all information pertaining to your claim.

- Make a list of damaged or destroyed property. Your adjuster will be able to work more quickly if he or she has a written list to work from. Photos of damaged property may also be useful.

- Keep records and receipts for ALL expenses you incur. Supplies purchased to protect damaged property, or the costs incurred while staying at a hotel while your home is being repaired, may be recoverable.

- Try to be patient. Once you report your claim, your claims adjuster will respond as quickly as possible. Delays may be likely, as hurricanes often uproot signs and deposit debris on highways, severely impeding traffic.

Additional Resources

- **National Hurricane Center**
<http://www.nhc.noaa.gov/>
- **Hurricane & Storm Tracking for the Atlantic & Pacific Oceans**
<http://hurricane.terrapin.com/>
- **The Weather Channel**
<http://www.weather.com/index.html>



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- Admission to the castle of the Butlers in Kilkenny, Ireland's finest medieval town
- Admission to Waterford Crystal factory
- Admission to Blarney Castle to kiss the stone
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- Admission to King Ludwig's famous castles
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Welcome to On Top of the World

- James W. and Jane N. Entinger, 8723-D SW 93rd Lane
John J. Kennedy, 9260-A SW 90th Court
Erlene M. Stephenson, 8707-F SW 88th Court Road
Henry and Rafaella Romanowski, 9051-C SW 96th Lane
Wilda J. Croak and John F. Kyle, 8319-A SW 90th Street
Thomas P. and Nancy M. Butler, 9815-B SW 89th Terrace
Ronald J. and Marion W. Jobin, 9121-A SW 83rd Court
Edwin J. and Winifred G. English, 8742-D SW 92nd Place
Guy A. and Linda L. Bruno, 9050-C SW 82nd Terrace
Suzanne Allaway, 8725-B SW 95th Street
Joann and Fritz Daugherty, 8563-A SW 93rd Lane
Carrie E. and Richard H. Beisler, 8639-A SW 95th Lane
William H. and Marjorie Wolf, 8710-D SW 91st Place
Donald N. and Myra R. Noel, 8900-D SW 97th Lane Road
Anthony S. and Wanetta G. Jarvis, 8749-A SW 92nd Lane
Robert R. and Ruth Falla, 8854-C SW 91st Place
Mary E. Dawley and Kenneth C. Morey, 9631-B SW 95th Court
Carl Hesch and Melanie R. Lauer, 9115 SW 90th Street
Charles A. and Mary M. Brauer, 8552-D SW 93rd Place
Maurice A. and Edith A. Blackwell, 8430-A SW 90th Lane
Louis S. and L. Colleen Granata, 8888-D SW 95th Lane Road
Arlene M. Holliday, 8745-B SW 92nd Place
Darlene A. Sehres, 9051-A SW 96th Lane
Alma L. Huckel and Myrl Cunningham, 8547-D SW 92nd Place
Bernard R. Spiegel, 9815-D SW 89th Terrace
Stephanie Chabau, 8677-A SW 97th Lane Road
Mary K. and Dennis A. Comeau, 8887-D SW 95th Lane
Edward A. and Kathleen Kostishon, 8526-C SW 91st Street ☎



Meeting the Neighbors

BJ Leckbee

Gail LaRue Military Wife, Designing Woman, Queen Mother

While Gail LaRue declares, "I've never lived in a place I didn't fall in love with," she has decorated her home with items she made or purchased in Okinawa, where husband Gary was assigned for three years. Okinawa consists of a group of small, lush, hilly, tropical islands located between Japan and Taiwan, where the climate, Gail advises, is similar to Ocala. As Gary went about the business of doing what a Chief Master Sergeant in the Air Force does, Gail absorbed the culture of the country in which they lived.

She made sure her children did the same. Each summer the family hosted an exchange student from one of the outer islands in their home. The pre-teen girls they hosted, Gail says, "were very shy, didn't speak English, had not been exposed to Americans, and didn't know what a hamburger was." The experience was a cultural eye-opener for all parties.

On the main island, where the military base had long been established, things were different. There's a lot of traffic, and most people speak English because it's taught in the schools. The locals are used to Americans and have adapted to their presence. Gail couldn't help but notice, however, "there are still hurt feelings that America allowed Japan to control Okinawa. And there's some resentment that the Americans are still there." Nevertheless, she interacted with the citizens whenever possible and became good friends with some. "We visited each other's homes," she says.



Photos by BJ Leckbee

Gail LaRue shows off a kimono, which despite its size was made for a young girl. It is embroidered with bright gold and red thread.

The NCO Wives Club gave Gail unique opportunities to mingle with Okinawans and absorb some of their customs. She joined the NCO Wives dance group and was one of 60 military wives who learned native dances and performed them at local events while wearing native costumes that were made for them in Kyoto.

Her penchant for creating and designing led her to new hobbies. She took a class to learn to make artificial bonsai trees that look like the real thing. She also learned to make Japanese dolls using cork for the bodies and colorful fabric for the kimono that covers these six-inch tall ladies from neck to foot. The heads and hands are manufactured. The end result is a colorful and cultural reminder of where Gail and Gary spent some of their children's growing-up years.

Another reminder is a real kimono the LaRues brought back with them. Although it was made for a young girl, it weighs several pounds and is approximately eight feet in length. The wearer would lift the excess length and tie the kimono around the waist, draping it loosely over the upper body, and then use a decorative obi to finish the look. This particular kimono depicts the four seasons and was hand-sewn with fine embroidery using bright red, blue, green and gold threads on a white fabric. "It's big enough to be a sleeping bag!" Gail declares.

While the LaRues explored Japan and

Okinawa, they also used the opportunity to travel to China, the Philippines, Hong Kong and Korea. "Korea is a beautiful country," Gail says. Twice a year they were able to travel using military transportation. "We didn't spend a lot of money, and the kids were good travelers. They thought a box lunch was first class," Gail says, laughing at the memory. "When we took 'hops' on military planes as available, we never knew where we'd end up."

By the time Gary retired after 30 years in the Air Force, the children were grown and gone, and Gary and Gail settled here. But Gary hasn't really retired yet. He now works six days a week selling cars, leaving Gail free to pursue her creative interests.

For starters, she looked

around their newly acquired house and decided to make some changes. She painted and trimmed the kitchen cabinets. This project started with the knobs. She found them, and decided that additional trim was needed. Then the paint color took form, and she got to work. The window treatments weren't to her taste, so she redesigned them. Meanwhile, she began decorating houses for other people, too. "I've done some in Oak Run and Silver Springs," she reports. She works with the homeowners and has figured out where to get the best prices for the items they need. She collects samples and lets the homeowners make the choices. Then she puts it all together.

She's an active member of Beta Sigma Phi sorority and was selected Woman of the Year last year. One of the things she did was to run in the Relay for Life in support of the American Cancer Society.

In her "spare time," Gail serves as Queen Mother of the Divine Divas, one of the first Red Hat groups formed here at On Top of the World.

Got the picture?

Gail does. That's another thing. She's also taken up photography as a hobby and recently took photos at a friend's wedding, which she'll present to them for their wedding album. She's not satisfied with the software she's using for this type of project and is shopping around.

Recently Gail filled out an application for employment. A friend needed help in her store, and Gail thought she'd really like the job. Then she checked her calendar and realized she just didn't have the time to do it.

Maybe later. Maybe. ☺



Gail repainted the kitchen cabinets, adding trim and decorative knobs.



Is It Legal? Gerald Colen

Q. Do you have any opinion regarding what the state of Medicaid is in Florida?

A. I think that, in general, applying for Medicaid benefits for long-term nursing home care is becoming increasingly more complicated. This is probably due to a plan—unstated as it may be—by the folks who administer Medicaid's Institutional Care Program to make it more and more difficult to obtain such benefits. It has become a frustrating situation and one where it is now harder than ever to predict the outcome of an application for Medicaid benefits (known as a Request For Assistance). I think many attorneys may agree with what I am

about to write, whereas, many other attorneys will disagree; but I think it is wisest to have an attorney prepare the Medicaid plan and the strategies for obtaining Medicaid, but to then have the nursing home actually apply for it. I know that sounds strange but my reasoning is simply that nursing homes may have more "clout" than do individual folks living in the nursing homes have. But that's just my opinion and you should definitely speak to your attorney about it because he or she may hold a different view than I do and anyway, it is always necessary to examine the specific facts of each case to determine what is best to do.

Q. My uncle died and left me and my three sisters and one aunt the entire estate, which is about \$125,000 plus the value of his apartment. I am the personal representative of the estate. I spoke to one attorney who quoted me a fee of about 3 percent of the entire probate estate. That seems high to me when you consider that the bulk of the estate, besides the apartment, is in stocks with a broker and two CDs. I have read up on the probate system and it seems simple enough—just follow the forms and the time requirements. So I think I can actually do everything by myself and without an attorney and wonder what you think.

A. First of all, I don't think you can do everything by yourself because the probate system is not simple even though you might think it is. Second, you have responsibilities just because you make an appearance in the

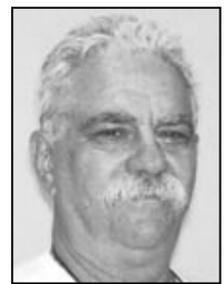
probate case and this appearance immediately slaps duties and obligations upon you. If you don't complete the case properly, the court has the right to impose sanctions on you. Those sanctions can be anywhere from a small fine, to a larger fine to removal as personal representative to a finding of contempt of court with attendant punishments. So, although technically, you may—I said, "may"—have the legal right to file a probate case on your own, it's simply not a wise idea in my opinion. But look here! I believe in employing professionals and having them perform those tasks that are appropriate to the particular matter. Yes, you have to pay for it—but so what? You pay for what you get and if you employ a good professional, whatever the cost (within reason, of course) you will get value over and above that cost and by a long shot. If you have a legal matter: hire an attorney. If you have a problem with your foot: go to a podiatrist. If you have a tax or accounting matter, hire a CPA or other qualified accountant. If you want to sell or to buy real property, go to a real estate broker. That's what I think.

Q. I heard there was some rule in Florida that if a person is over 75 years of age, they have to have their contracts for many things, such as home improvements, or real estate contracts, also signed by a close relative or an attorney; in fact under a durable power of attorney. I can't believe how far things have got nowadays.

A. Yeah, well, they've gone far, but not

that far—not that far at all and they ain't gonna go that far either. There is no such law and there never was. It would be a clear and obvious violation of federal and state anti-age discrimination laws for such a law to exist. Of course, if someone has been adjudicated incapacitated, then the guardian would have to sign contracts and documents but that's an entirely different situation.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, asset-protection planning, business law and simple and complex estate planning. This column shall not be construed as providing, nor is it intended to provide, legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his website at www.gcolen.com. Feel free to email him at Jerry@gcolen.com.



Social Club Mort Meretsky

Our annual Christmas in Biloxi trip is in the works. It runs from December 23 through 26. We will stay at the Isle of Capri in Biloxi. There will be one breakfast and one dinner at the hotel. There will be four casino visits: Grand, Gulf Port, a buffet breakfast; Beau Rivage, \$15 in free play; Palace, \$5 in coins; and Grand, Biloxi, \$5 in slot play. The cost is \$159 per person (double occupancy) or \$248 per person (single occupancy). It is an additional \$30 to stay and play. To make a reservation or to get complete information contact Oh-Marie at 873-8525.

Our next poker/blackjack is on Friday, September 16, from 2 to 4 p.m. at the Arbor Conference Center.

If you're a new resident and you would like to find out more about our club come on over on the 16th or you can contact Bob Tarpley, our executive-governor of memberships, at 854-4027. See y'all on the 16th. ☺

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Republican Club
Tony Tortura

The Charlie Stone picnic is to be held after the submission of this column so I cannot report on the great time that I am sure everyone will have. As of this writing, more than 70 tickets have been sold.

The September meeting will be held on our usual date, which is the second Friday of the month.

The 2006 election is rapidly approaching. Campaign teams are starting to form and several candidates are starting to stomp. Charlie Crist and Tom Gallagher are the Republican candidates for governor with Toni Jennings possibly entering the race. State Senator Tom Lee has declared his candidacy for state financial officer. Congresswoman Katherine Harris is the only candidate for the U.S. Senate seat presently held by Democrat Bill Nelson. Rep. Harris is a seasoned campaigner who has served the people of Florida very well for many years.



Democratic Club
Lee Wittmer

The general meeting of the On Top of the World Democratic Club will be at 7 p.m. on Tuesday, September 20, in Rooms E and F of the Arbor Conference Center. Refreshments served at 6:30 p.m.

Our speaker will be Eugene Poole. A veteran himself, having served in the United States Army Medical Corp, he will speak to us about "The Plight of the Veteran."

In 1970 Mr. Poole graduated from the University of South Florida with a bachelor of arts degree in health and physical educa-

Despite the concerns of some senior party leaders, Rep. Harris can win with a strong grass roots Republican effort.

Locally, the Marion County school district is getting lots of attention. Using the major portion of your property tax, the district is the largest employer in the county. All of the monies received from local property tax, state and federal funding are used for operational costs and capital improvements. The exception is the voter approved one half cent sales tax over the five year-period beginning in 2005. Those funds are dedicated to the building of six schools as defined in a resolution passed by the school board, ratified by the county commission and published to the public to get their approval. Since the last election, the financial predictions have changed dramatically. Building and renovation costs have risen to unexpected levels. An elementary school estimated to cost \$12 million in November is now estimated to cost \$15 million. The board has a serious financial problem.

Potential solutions include canceling needed renovations and/or construction, borrowing the necessary funds and redirecting the sales tax monies. The first solution is not acceptable since the student population continues to grow and schools continue to age. Borrowing money is always difficult because of the interest cost. Redirecting sales tax money would be a betrayal of the voters intent.

The sales tax program looks good. Although the estimated cost of each of the six schools will probably rise, so too will the expected receipts from the tax. There is already evidence of this in the current receipts. This program should continue to be held aside from all of the other woes of the District and not be added to the mix of financial problems faced by rising costs.

tion. His work experience includes 24 years of service in the Florida Correctional System. At the time of his retirement in 1995 he was Superintendent of the Florida Correctional Institution at Lowell, Fla.

More than 200 Democrats attended the July 30 Marion Shrine Club. It was a wonderful evening. We extend our thanks to Eugenie Martin, the lady who initiated the fundraiser party and worked long and hard to make it a success. We would be remiss if we did not also thank the many folks who contributed their time and efforts to this endeavor.

We are pleased to report that we have added a number of new members to our club roster. We are certain that many people living in On Top of the World would like to learn more about the Democratic Party and our club. We want to reassure these folks that first of all, they are indeed welcome. Also, that if they do become a member of our club they can be as active as they wish.

The On Top of the World Democratic Club meetings are held on the third Tuesday of every month at the Arbor Conference Center. The meeting lasts about an hour and commences at 7 p.m. with refreshments at 6:30 p.m. The Democratic Party has long been called the "Party of the People." Join us; you'll be proud to be a Democrat.



In the Spotlight
Pat Wellington

Hildegard and Doc Soucek

On recent Friday nights at the Arbor Club's Happy Hour, attention has turned to a striking pair of dancers—On Top of the World newcomers Hildegard and Dennis "Doc" Soucek.

The couple performs with such style and fluidity and sometimes flamboyance that many have mistaken them for dance instructors, which also happens when the pair go on cruises.

Arbor Club's Lisa Anspacher is so impressed with the Souceks that she's asked them to teach dancing once they've settled in to their new Providence home, and they've agreed to.

A few years ago they were on a cruise and the ship's dance instructor failed to reset his alarm for a scheduled class the next day even though they were headed for a new time zone. The Souceks showed up, taught the class and were praised for the fine job they did.

Hildegard and Doc met 10 years ago at a singles' dance in Cleveland, Ohio. One evening when the event turned to Ladies Choice, Hildegard asked Doc to dance and they've been a team ever since.

Raised in Austria, Hildegard grew up on Viennese waltzes but Doc prefers American style. And although spectators see only a radiant, smiling couple on the dance floor, the two are often whispering cues to each other such as "flounce your skirt a little" or "do something with your right arm."

As a teenager Hildegard never lacked for dance partners as she had three older brothers and a gaggle of male cousins,



Photo by Larry Resnick

Hildegard and Doc Soucek take to the dance floor at a recent Happy Hour at the Arbor Club this summer.

many of whom were excellent dancers. Doc, on the other hand, was leafing through an adult education catalog one day looking for a cooking class when he stumbled on ballroom dancing and opted for that instead. At the end of his first course, the instructor asked him to be her assistant.

Doc is not only a third-generation dentist but also has uncles and a brother who are dentists as well. All were dubbed "Doc." One day with a house full of family, Doc's mother called out, "Doc, bring in some firewood," and four males arose.

It's hard to find more enthusiastic newcomers to our community than the Souceks. Doc says, and he means it, "Our faces will be well known." He's already playing bocce ball, pickleball, poker and badminton in addition to the dancing. Hildegard uses the pool regularly and paints in many different mediums, including charcoal, ink, acrylic and oils. She grows prize-winning orchids and hopes to teach others how to grow them.

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Fitness Happenings Adela Anderson

Would you like to find which fitness program is the right one for you or have you reached a plateau and need guidance for a more challenging workout? Our team of personal trainers, fitness instructors and gym assistants work together to give you the best in orientations, exercise variety, weight training and are here to help you reach your fitness goals. After all, fitness gets personal and you are the one who needs to make the selection of the programs you like and that work well for you.

To become "fit," you need all the components of fitness, which are: Cardiovascular fitness, muscular strength and endurance and flexibility. With these components you will be able to achieve your ideal body composition, increasing your lean body mass and decreasing your body's fat composition. We offer a well-rounded fitness program from which you can select, mix and match to cross train and become fit.

For cardiovascular fitness, choose from our aerobic programs (Cardio, Burn and Firm, Beginner and Intermediate Aerobics or Latin Cardio) 10,000 steps walking programs, treadmills, stationary bicycles, step aerobics or our Sit and Be Fit aerobic program.

For strength and endurance training, you can work on the Cybex machines or with the free weights at the gym, take a yoga, Pilates, total core and body strength, ballet-barre or water fitness class.

For flexibility, you can participate in the following classes: Stretch fusion, ballet-barre, yoga, Ai-Chi in the water, Agua-yoga or Tai-Chi.

In addition to the components of fitness, we need to work on our balance and coordination. As we age or have physical limitations, we need extra assistance in these specific areas. Tai-chi, yoga, the arthritis programs or working-out on the fitness balls, can help tremendously.

Fitness Ball Workshop

Many have asked about our fitness balls. The fitness balls were originally used for therapy and are an effective way to improve your balance and coordination. Are you one who would like to exercise on the fitness balls but are not comfortable enough to do it on your own? Would you like to learn how to use them? We will be having a free **Fitness Ball workshop** on Wednesday, September 14, at 1:30 p.m. in the Health & Recreation aerobic room. See you there!

For you that are more team sport oriented, why not participate in one of the many **On Top of the World** sport opportunities?

Pickleball

On Wednesdays and Sundays at 6 p.m. (H&R tennis courts) and on Tuesdays at 6:30 p.m. Bill Daugherty will be teaching free lessons on Tuesdays, by appointment only. If you are interested to learn how to play or get better at it, call Bill at 854-2751. Great news! Bill has been selected as the area representative for the United States of America Pickleball Association (USAPA).

Softball

Sign-up sheets are available in the gym and the information desk to be part of our softball team. The official opening season will be on October 8, at 9 a.m. at the field.

Racquetball

Private lessons available. Call Marty at 237-2050.

RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Lorraine	Condition and Stretch Fusion Traci	Cardio Burn & Firm Lorraine	Condition and Stretch Fusion Traci	Cardio Burn & Firm Lorraine
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Tai Chi* Shannon	Cardio Step & Sculpt Traci	Tai Chi* Shannon	Cardio Step & Sculpt Traci
10:15 60 Min Aerobics Room		Tai Chi* Shannon		Tai Chi* Shannon	
10:30 40 Min Aerobics Room	Beginners Aerobics Lyn Intermediate Aerobics Kitti	Latin/Cardio* Traci	Beginners Aerobics Lyn Intermediate Aerobics Kitti	Latin/Cardio* Traci	Beginners Aerobics Lyn Intermediate Aerobics Kitti
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybex Orientation Travis				Cybex Orientation Lyn
12:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
3:30 3 rd Tues of Mth – H&R Pool		Aqua Yoga/Ai- Chi Adela/Lyn			
6:15 20 Min Aerobics Room	Oxycise Video		Oxycise Video		Oxycise Video

Saturday
12:15 Oxycise (20 Min) Aerobics Room
9:00 – 10:00 Yoga Class Sholom Gardens July 2, Aug 6, Sept 3 Adela
Sunday
12:15 Oxycise (20 Min)

Oxycise: Deep breathing and stretches. Seated and floor exercises. Mat required.

Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required.

Condition & Stretch Fusion: Warm-up, strengthening and stretching exercises. Mat required.

Cardio, Step & Sculpt: Warm-up, basic routines using step, strength training and abdominal work. Mat and step required.

Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and stretching. No floor work.

Intermediate Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.

Tai-Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.

Latin Cardio: Is a mixture of aerobic dancing that includes Cha-cha-cha, Salsa, Merengue and Samba.

Aqua Yoga: The flowing movements of yoga will help your balance, flexibility, strength and promote relaxation.

Ai-Chi: Simple, fluid and relaxed movements using the arms, legs and torso. Ai-Chi is like a beautiful dance in the water.

Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights.

Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly.

Badminton

On Tuesdays at 1 p.m.

Table tennis

Tuesdays at 6:30 p.m., Wednesdays at 7 p.m. and Fridays at 1 p.m.

Wallyball

On Tuesdays and Thursdays at 11 a.m.

Bicycle Club

Are you a bike rider? How would you like to cycle around On Top of The World to get in shape? We are planning to form a **Bicycle Club** and take cycling into another level! If you are interested, come to our meeting on Tuesday, September 27, at 1:30 p.m. in the Arbor Club Exercise Room.

Water Fitness

Reminder: mark your calendars for **water walking**, on Mondays, September 12, and 26 at 4 p.m. at the Arbor Club and **Ai-Chi**, Tuesday, September 20, at 3:30 p.m. at the H&R pool. Rain day for Ai-Chi is Wednesday, September 21, at 3:30 p.m.

Tai-Chi

Due to the popularity and to ease the overflowing participation of Shannon's 9

a.m. classes on Tuesdays and Thursdays, she will be adding two more classes in the H&R exercise room. The new classes will take place right after her regular classes end, on Tuesdays and Thursdays from 10:15 to 11:15 a.m. Please choose which time is suitable for you and register. The gym attendants will have sign-up sheets available.

A Caregiver's Lament

Everyone is invited to this free lecture by Lyn Hill on Tuesday, September 20, at 1:30 p.m. at the Arbor Club Ballroom.

Our afternoon 2:15 deep-water classes and Synchronized Swimming classes at the Arbor Club have been cancelled until further notice.

If you have specific or general questions concerning fitness, would like some advice and how to start an exercise program, need directions on performing certain exercises, need to learn how to use the aquatic equipment or water walk, please feel free to contact me at 854-8707. I will be glad to meet and assist you. Our goal is to guide you in the right direction so you can make your personal fitness choices. 🌍



Diabetes Support Group Lennie Rodoff

I need to apologize for the mix-up for our July meeting. I thought I would be here, and didn't arrange for anyone to run the meeting. I understand that there were several new people there, and I hope they come back to give us another chance. Several members reported that there was a lengthy discussion amongst the people in attendance, and I was glad to hear that.

Our September 27 meeting will have a guest speaker, Clayton Ellsworth, who will give us some insights into a new HMO for those that are Medicare eligible.

Hope to see you in the fall! 🌍

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Upcoming Publication Dates

October issue
Thursday, September 29

November issue
Thursday, October 27

December issue
Thursday, December 1



Kitti's Corner
Kitti Surrette

While many make the attempt, an overwhelming number of Americans fail to achieve the fitness results they seek. We all know we must exercise and eat right, but the continuous marketing of products and the abundance of conflicting information finding its way to us through TV, radio, books and magazines leaves many of us confused as to what "exercise and eat right" really means.

When people fail to achieve a fitness or weight-loss result, it's almost always because of some false belief —misinformation perceived as truth. The old myths such as "weight training will make you muscle-bound" or "no pain, no gain" are being pushed aside as educated fitness professionals enlighten their clients. Still, myths and misinformation abound.

We will be looking at some myths that have infiltrated the belief systems of far too many of us and have sabotaged our hopes of achieving the results we desire. The good news? If we understand what they are, myths, our fitness program can be modified to deliver virtually any fitness result we desire.

Myth No. 1: Eat Less To Weigh Less

For years, the diet pushers have been shoving the word calorie down our collective throats or, more accurately, have been teaching people to fear and avoid calories. Interestingly, while everyone knows the word calorie, its exact definition eludes many dieters. They believe it to be a measure of food. In reality, a calorie is a measure of heat. It's the amount of heat required to raise one kilogram of water 1 degree Celsius. What in the world does that have to do with food?

Right now, your body is performing a multitude of actions to maintain a temperature somewhere near 98.6 degrees. Every time you move, every time muscle tissue contracts, additional heat is generated. You have to think of food at some level as fuel. Muscle fuel. Metabolic fuel. Strength fuel. Power fuel. Your body is ingenious at keeping you alive, but it doesn't quite understand what you're trying to do when you severely restrict calories. When you attempt to lose weight permanently by putting your body in a calorie-deprived state, shifts take place, prodding your body to protect its stored fuel, to hold on to body fat.

The initial weight loss on any low-calorie diet is usually water loss, and while some fat might be released in order to slow metabolism and allow the body to sustain on fewer calories, muscle tissue is broken down and utilized to meet fuel demands.

If you get on the scale after losing water and muscle, the scale will lead you to believe "the diet's working." What the scale fails to indicate is that the pounds disappeared due to muscle loss. Muscle is actually where the fat is burned. If you lose weight, and any portion of that weight is muscle, it's as if

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 a.m. Specialty Class* Indoor Pool		Aquacise* Shallow water Lyn		Aquacise* Shallow water Lyn	
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Lyn	Total Core & Body Strength* Traci	Deep Water Aquacise* Lyn	Total Core & Body Strength* Traci	Deep Water Aquacise* Lyn
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Adela		
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Pace Aqua Class* Pat Yogacise* Adela		Pace Aqua Class* Pat Yogacise* Adela	
12:30 Specialty Class* Indoor Pool/Fitness Room		Ballet Barre* Lyn 90 minutes			
1:30-2:15 Specialty Class* Indoor Pool	Shallow Water Exercises* Lyn		Shallow Water Exercises* Lyn		Shallow Water Exercises* Lyn
2:00 Specialty Class* Fitness Room		Pace Class* Adela			Pace Class* Adela
4:00 Outdoor Pool	Water Walking 10,000 Steps Program Adela				
6:30 Arbor Club Ballroom		Belly Dancing* Lorraine Kay		Belly Dancing* Lorraine Kay	

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.

Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.

Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.

Yogacise: "Hatha Yoga" postures combined with breathing will work on body's strength and flexibility. Mat required.

Pilates: Mat exercises using Joseph Pilates fundamentals. Will train the core and back muscles.

Parkinson's & Movement Disorder: The program includes water walking, balance, upper and lower body Exercises. During cold or rainy weather, classes are held in the Arbor Exercise Room.

Synchronized swimming: Basic water-ballet strokes, front crawl, back crawl and sculling. Swim to music For fun.

Ballet-Barre: Ballet based workout consisting of barre and center floor exercises. Conditioning of body While dancing.

Pace Aqua Class: Specialized aquatic class for individuals with arthritis. Exercises will increase joint range of motion and flexibility.

Pace Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion.

you've taken your body's fat-burning machine and destroyed it.

There's another great word, like "calorie," that everyone knows but few understand. The word is "metabolism." Everyone knows someone (and we hate them) who can eat anything and not gain weight. We attribute their leanness to a "fast metabolism," as if metabolism is a gift some people are awarded while others are not.

The reality is, we are not victims of our metabolisms but rather the creators. Metabolism, by definition, very simply answers the question, "How quickly does your body burn through food?" If you understand that starving the body slows metabolism, conversely you should understand that if you want to boost metabolism, you have to increase your body's fuel-burning efficiency. By consuming balanced meals every

three to three and a half hours throughout the day, you stoke your metabolism, putting the body in a state where it's willing to release fat and keep it off!

Please don't tell me you are taking pills advertised to help you lose weight. The pharmaceutical companies love you! They are making a few billion, yes billion, dollars from you. These companies are trying to create something that appears to aid in weight loss. Actually not one of them has had any releases that make an impact on reducing obesity. Some releases have resulted in deaths or side effects. It would be excellent to talk to your doctor about any diet pill that you are thinking of putting in your body.

I'm happy to hear some of you saying, "I don't take any pills to lose weight." I just weigh myself every day. ... How intelligent

is your scale? I believe we give it too much power.

We may be building muscle and our weight hasn't changed or it might have gone up. Or our weight has gone down but we are losing muscle, which in turn will slow down our metabolism. I like to judge progress by how my clothes fit. A good friend of mine gave me this suggestion: hang a pair of jeans on your door that are too small for you right now. At the beginning of your new way of life try them on, see how they fit. Wait two weeks, and then try them on again. Are you closer to being able to snap them up? Keep doing this process until you can wear these jeans comfortably. If you are at your goal of enjoying the jeans, if you have more to go, get the next size down and go for it again. It does work!

Stay tuned for Fitness Myths Part 2. ☺



Water Aerobic Exercise
Adela Anderson

The Overweight And Deep Water Aerobic Exercise

To lose weight is a life-long goal for many of you. Losing weight is a difficult task, but maintaining this weight off can be the real challenge. Body fat loss can be achieved by adhering to a healthy diet and increasing the activity level. By achieving a negative balance between calories consumed and calories burned, you will be able to lose weight.

Research has proven that regular cardiovascular (aerobic) exercise promotes burning calories. Aerobic exercise uses the large muscles of the body in a continuous manner for a prolonged period of time. Overloading the cardiovascular system and increasing the duration and the intensity will expend more energy. For a person that is overweight, to achieve aerobic training on land can mean low back pain and impact stress to the knee and ankle joints. Deep

water aerobic exercise can often alleviate these conditions.

Deep water exercise can become an essential factor to keep striving toward your weight loss goal. This mode of exercise gives the overweight individuals freedom of movement and it also is non-intimidating (because the body is submerged). Deep water exercises are performed in a non-competitive environment and in terms of risk-injuries, are much easier on your body.

Workouts in deep water will not only improve your aerobic capacity, but also your strength and flexibility. To workout in the deep, it is necessary to remain vertically suspended, in an upright position, and for this, you need to have additional flotation attached to your body. A flotation device (belt) should give you enough buoyancy to keep the water line at the collar bone. If you are not a good swimmer, or feel uncertain about deep water, you may begin exercising in water that is neck-deep, or where you can still touch the bottom.

Extra body weight can signify increased health related conditions, which include cardiovascular disease and diabetes. Obesity has been designated as one of the most important public health threats. Let's do something about it!

You can utilize the water resistance as a great tool to get in shape and burn unwanted calories. It is important to realize that with your life-long goals you need to adhere to a regular life-long exercise program. This will be the secret of your personal fitness success. Aquatic fitness can make a positive difference in your health and well-being, especially if you are not able to participate in other forms of exercise.

Come and try one of our deep water classes, which are held on Mondays, Wednesdays and Fridays at 9:15 a.m. For any assistance, please call me at 854-8707. ☺

Munroe Regional Medical Center Presents Health Topic Seminars

By DEBBIE CLARK

On Friday, September 30, at the Arbor Conference Center in Suites E through H from 2 to 4 p.m. Dr. Harvey Taub will be giving a seminar on The Da Vinci Robot: How It Is Changing Prostate Surgery and Helping Urological Problems. In this seminar the discussion will be how prostate surgery is seeing major changes and how the new Da Vinci robot is helping make it all possible.

Dr. Taub will talk about the robot, what it does and how it helps make surgery better. He will also discuss ways to treat many urological problems such as prostate, bladder control, incontinence and impotence.

This seminar is free to all On Top of the World residents. The only thing that I ask is please RSVP at 854-8707 so that I may plan accordingly for the refreshments.

I would like to thank the residents who

came out to the first seminar that was held in July on Understanding the Emergency Department. The second in our series on the New Technologies in Orthopedics that was scheduled for August had to be postponed to a later date due to scheduling issues with the doctor presenting the seminar.

Here in the Health & Recreation office we are working very hard with Ryan Gerds who is the Community Relations Director for MRMC and working together we will be offering many other seminars through the Master the Possibilities program. If you have any special medical interest that you would like to see covered in these series please feel free to call me at the recreation office and I will be more than willing to listen to your suggestions and pass them on to the hospital to see if we cannot offer a seminar on your concerns. ☺

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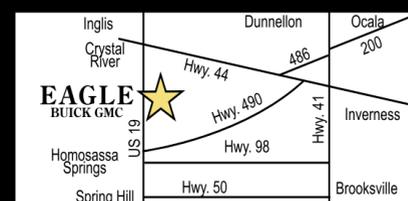
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Health & Fitness

Traci Rivera

Who holds the title for "The Fattest Nation?" ... The United States, of course.

According to statistics from the American Obesity Association, there are about 127 million overweight Americans; 60 million are obese and 9 million who are "severely

obese." Obesity doesn't get choosy on who will become obese and who will not. Sixteen percent of active-duty military forces are obese and even 16 percent of children are becoming overweight and obese. This is a sad situation that this nation is in.

We all need to become accountable and aware of what we are putting into our bodies. Parents, grandparents, teachers and even politicians need to be good examples of healthy eating habits for these children. Children as young as 2 years old are becoming obese. We have got to do something!

About 400,000 Americans will die from obesity-related illnesses this year alone. We spend so many dollars on treatment every year on illnesses that are directly linked to being overweight and obese (about \$117 billion annually). Health problems include diabetes, high cholesterol, high blood pressure, heart disease, cancers, and the list goes on.... These problems then lead into more and more health problems. Diabetes is now the sixth leading cause of death in America. When one out of every three children will develop Type 2 diabetes and is increasing every year.

Developing healthy eating habits seems

to be very hard to do when everyone is always on the go; we don't have time to prepare healthy meals and snacks, and just about on every street corner is some type of fast food choice with a drive-through. How convenient is that? We can now inhale our food on the run like a Hoover vacuum. Our busy lives don't seem to stop; however, we need to become more aware of what we are eating and how much of it we consume.

I admit that I am one of those who have said PLENTY of times that I just don't have time to cook a dinner so we just go through a drive-through or even order a pizza. Well, I have had a real eye opener. After seeing the documentary "Super Size Me" by Morgan Spurlock and reading his book "Don't Eat This Book," I definitely don't want any fast food for a real long time and when I do, I will be very choosy. It doesn't matter how much I exercise, with what I have been eating lately, all the weight (fat) I have lost is starting to come back. I can tell it in my clothes.

I came across a couple of Web sites that can help with getting to know the nutrition facts on your favorite restaurants. I chose a couple of my favorites:

- Dairy Queen's Chocolate Chip Cookie Dough Blizzard: 319 grams; 720 calories, 250 calories from fat; 28 grams fat, 14 grams saturated fat; 50 milligrams cholesterol; 105 grams carbohydrates.

- Baja Beef Chalupa from Taco Bell: 153 grams; 430 calories, 250 calories from fat; 27 grams fat, 8 grams saturated fat; 30 milligrams cholesterol; 32 grams carbohydrates.

Can you just imagine how much exercise that I will have to do to burn off this bad food? TOO MUCH! Especially if I were to eat this way every day. I along with my family will not be eating any fast food more than once a month and we will start making more home cooked healthy meals. Exercise without healthy eating habits means nothing.

Here is a list of some Web sites for you to go on and look at your favorite fast foods:

- www.dietfacts.com
- www.fastfoodsource.com
- www.fastfoodfacts.info

I hope that the information that I have given you helps with developing better eating habits; it sure has helped me make some changes.

Have a wonderful September! ☺



View from the Library

Donna O'Neil

The Forrester women, Claire, Paige and Gwen, had forgiven Mariel Lancaster for what she had done a generation ago. What had Mariel done that had caused such sorrow to these three women?

"The Other Twin." c. 2003 by Katherine Stone, tells the inspiring story of Claire Forrester, a wealthy and reclusive widow; her daughter, Dr. Paige Forrester, an oncologist; and Gwen St. James, a makeup artist for a local TV station. Both of these girls are 31 years old. The lives of these women were greatly affected by a decision Mariel Lancaster had made so long ago.

Paige and Gwen meet at the Pacific Heights Medical Center where Paige is on staff. Gwen has come to help a patient. Paige and Gwen soon become best friends. At the hospital Gwen also meets Dr. Cole Ransom to whom she is immediately attracted. When Paige's mother, Claire decides to renovate her home she hires Jack Logan, owner of Jack Logan Building and Remodeling. Paige had met Jack in college and had fallen in love but nothing had come of this relationship. Now they renew their acquaintance.

This story takes a lot of twists and turns. It is very enjoyable. The characters are very human. The author, Katherine Stone, is a physician who now writes fulltime. Her medical background is greatly reflected in this story. ☺



Lions Club

Dianne Lovely

We all remember last year around this time when we had several hurricanes come through Ocala. Please remember to help family and friends if this happens to us this year.

The On Top Of The World Bright Yellow Limousine Golf Cart is up and running. This golf cart is for functions for the different clubs that want to use it to take people up the hill to the ballroom from the parking lot. Many thanks go out to Pat and Ray Utiss for donating the golf cart to the On Top of the World Lions Club. Also thanks to EZ Go Golf Carts for refurbishing, painting, new tires ... the list goes on. Thanks go to all the different people who made it all happen for us.

Lion President Sue Veres is going to start a Lions Clown group. She attended a workshop on July 29. There will be more about it in my next column.

The Tacky Tea will be held on October 3 instead of October 4, as was previously written. Tickets are on sale now. On August 17, a bus will be going to Jacksonville Arlington for a Lions Club cabinet meeting. Several of our Lions will be attending.

The Lions meet every second and fourth Tuesday of the month at the Pub. For more information contact Lion Estelle Clark, membership chairman. ☺



USPO Advisory Council

Ray Utiss

This month, I will report on our own personal mail. We were gone for a while and had our mail delivery put on "hold." The hold mail started on the correct day and terminated on the correct day. Our "hold mail" was ready for pick up on the day we returned. "Thanks" to our carrier for doing a great job. I like to report positive things and do not really like to only report negative things. Following through on "problems" is the only way to get things improved.

I did visit post offices up north, and saw some real problems they have and we do not have. I guess we are unique, but not that unique.

I did not receive any complaints this past month, so on that pleasant note I will say goodbye.

If you want to e-mail me, my address is grandmaandraisin@cfl.rr.com You can reach me at home, 9274-C S.W. 97th Lane, Ocala, Fla. 34481.

Thank you for taking the time to read this article. Happy mailing! ☺



Women of the World

Betty Thayer

Get ready for a very exciting and rewarding year with Women of the World.

For those who are new to the On Top of the World Communities, Women of the World meet the first Friday of every month. We have fun and informative speakers plus we provide needed items for local charities, donated by our members. Women of the World has been around for 17 years as a service-based organization.

Membership dues are \$7 per year. So if you want to do something for others while having fun, join us on September 2 at 1 p.m. in the Arbor Conference Center, Room E.

Here are two upcoming events: Sept. 2: Griffins Home decorating; and Oct. 7: Crime Prevention.

Our adopted charity for October will be Rape Crisis Center so clip coupons to purchase shampoo, combs, hand lotion, razors, wash cloths and feminine products. Rape Crisis Center is so thankful.

If you would like information, call Heidi at 237-2123. We hope to see you at the September 2 meeting. ☺



Friendship Club

Wanda Simpson

Whistling Bob entertained the Friendship Club on August 14. Many enjoyed dancing to his music.

Many members are yet on their summer trips, but a large crowd included 17 new members. Welcome to all of you.

Lolly thanked the volunteers who volunteered to help register new members and to serve at the refreshment tables. If any of you want to become a part of this dedicated group of people call President Lolly at 861-2135.

The next Friendship Club meeting will be held on September 11. The membership dues are \$7 per person, for 12 months from July 1, 2005 to June 30, 2006. Meetings are from 2:15 to 4 p.m.

If you know of any member who is ill or has lost a loved one call Mary Carol Geck at 854-8996, she is the nice lady who sends cards for the club.

If you have any comments or questions you may call Wanda at 291-1074, or e-mail her at cws45@cfl.rr.com. ☺

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Friendship Amateur Radio Club Ed Brendle

The Friendship Amateur Radio Club held its monthly meeting on August 8, with Dave Delie, NA8S presiding. After the usual introductions and committee reports, several issues were discussed.

The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes.

The FARC's Club Call is K4FRC. Discussions also took place regarding a change in the meeting place. It was decided that we should hold our meetings, at the same time, at the Sheriff's auxiliary station on west SR200. The meetings there will begin with

the September 12 meeting.

Recently, Arnold Hansem, W3BPP, presented a program involving repeaters. His program was partly with excerpts from the ARRL literature along with general information on the "how to's" when working the repeaters. His computerized projection presentation was much appreciated and was followed with a question and answer period.

The next formal meeting is scheduled for September 12, to be held at the Sheriff's Auxiliary Station on West State Road 200. John Wolter, KE4RRM, has a TenTec Radio station for sale. Anyone interested may call him at 854-3988. The club is open to all members and guests. All members are urged to attend and to bring a guest. The FARC is open to all "Hams" and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching both Morse code and theory to help you earn your license.

The FARC meets at the West State Road 200 Sheriff's Auxiliary Station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☎



Nature Around Us Marion-Alice Burke

First of all, I must apologize for not getting out and taking pictures of gardens that have been recommended for our backyard beauty contest.

Having unexpected surgery, though minor, kept me from doing any running at all, and limited me from doing any time on my feet or in any garden.

Everything is fine right now and as I write this, I plan to call these outstanding green thumb gardeners and make dates to take pictures that will be displayed as soon as possible for the enjoyment of everyone.

They'll be on display, then voted for first, second and third prize in a few months. Please hang in there with me, folks, and we can have some good fun. One of the unexpected pleasures I received was that so many people called with nominations as well as many more who called to say what a good idea it was. Frankly, I had no idea that so many of you even read my article. Thank you.

Now, for some of nature's interesting tidbits. Are you ready ... be brave ... I'm going to write a little about some of my favorite things! Yes, SPIDERS! Don't kill them; don't brush down their webs. Take the time to watch as they spin their beautiful webs that are so beneficial in catching mosquitoes, wasps, gnats and other small insects. With all the rain we've had, just imagine how beneficial their webs can be in catching all those pesky (and dangerous) mosquitoes. There are some spiders of course, that are poisonous. However, if you don't pester them or mess with their web or eggs, they won't go after you. Just be knowledgeable regarding those particular ones so that you can identify the bad guys right away and keep away from them.

In my back garden I have three very

large webs that house Golden-silk Spiders. Their web is gold colored and very sticky. I brushed against one last year and the yellow web was very uncomfortable to feel on my arm. They and the Crablike Spiny Orb Weaver are my favorites. The orb weaver can bite if provoked, but is not poisonous. This one spins a new web every night, and stands head downward near the center of the web.

Another beautiful spider is the Black-and-yellow Argiope. Their web consists of criss-cross white lines that are quite intricate. Other interesting spiders are those that don't spin webs, but live in burrows, which they line with silk. According to the Audubon Society Field Guide to Insects and Spiders, "all young spiders and in some species, adult males release long silken strands, which they use like a parachute to ride the wind to other areas. This process is called ballooning." If you have the time and interest, and have a computer, go on the Web (no pun intended) and bring up Google, then go to spiders. What a wealth of information you can glean in just a short time!

Our hummingbirds will start tanking up after the middle of September, readying for their fantastic trip to the Cancun Peninsula and South America. If you see a few hanging around in October, they might be the young and inexperienced ones. So be sure to keep at least one cleaned and filled feeder handy for them for at least another month. A fellow Master Gardener friend of mine had one male that stayed around the overhang of his porch all winter and was there to greet his buddies the middle of February when they returned.

Keep those birdbaths clean and remember to remove spent blossoms from your pretty butterfly-attractor plants. Not only will your garden look more attractive but also you can get more blooms if you trim the plants properly.

Be sure to make a trip to the traffic circle on 94th Street and 87th Court Road to revel in the beautiful display donated for everyone's pleasure by the Native Plant Club. It's truly magnificent, believe me, and definitely worth the trip!

It's not too easy to shorten my articles when I get wrapped up in some of my favorite subjects but I know I must try. If you have any particular subject you would like me to write about, please let me know and I'll do my best to research and spread the information for all to enjoy.

Dogs know that you can buy them if you have enough money. It will take more than money, however, to buy the wag of their tails. Many thanks to so many of you for your kind phone calls and your interest.

Area Blood Banks Need You

Florida Blood Centers

By MARY EHLE

Wow people, you really did a good job. Of the 40 people who volunteered to donate, we were able to give 37 units of blood!

What a great job, but hopefully we can do better. (The three people who could not donate for various reasons are to be commended for at least trying.) So thank you for your efforts, let's try harder next time in October.

By then snowbirds should be coming back and hopefully we can give more. At any rate, thank you again and keep up the good work.

LifeSouth Bloodmobile

By DIANA MORGAN

The LifeSouth bloodmobile will be in the On Top of the World Health & Recreation parking lot on Monday, September 5 (the first Monday of the month) from 8 a.m. to 4 p.m.

You will receive a cholesterol screening and a free T-shirt.

One good reason to be a blood donor is because you want to help others. And you will! Check in at the bloodmobile if you want to know if you qualify. They will need a photo ID.

For information, call 622-3500 or visit www.lifesouth.org. ☎

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- Do you keep hearing a ringing or hissing background noise?
- Do you seem to hear better with one ear than the other?
- Do you avoid social situations because it's too hard to communicate?
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Activities September

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness	AC
	Orientation	
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	CTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Bocce League	CTS
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cybex Orientation	GYM
12:15	Oxycise	H&R
12:30	Shuffleboard	CTS
	Bridge	CR
1:00	Bocce League	CTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Exercises	AC
	Rug/Latch Hooking	Art
	Rummicube	CC:F
3:00	H&R Exercisers	AC
3:15	Bible Class	MR3
5:30	Poker	MR3

6:15	Oxycise	H&R
6:30	Bridge	CR
7:00	Wood Shop	WW
	Sunshine Singers	BR

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
8:00	AARP Safe Driving	MR3
9:00	Life South Blood	PL
	(All Odd # Months Only)	
1:30	D'Clowns	CC: B & C
2:30	Readers' Theatre	CC: D
3:30	Comp. Handicap	CC: H
6:30	Euchre	CC: H

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D
6:30	International Club	Art

3rd Week

2:30	Readers' Theatre	CC-D
1:30	D'Clowns	CC: B&C
6:30	Euchre	CC: H

4th Week

7:45a.m.-5:30	Seminole Hard Rock	
	Casino Bus Trip	H&R

Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:15	Aquacise Shallow	
	Water	AC
9:00	R.C. Flyers Club	Field
	Tai-Chi	H&R
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Stitch Witches	Art
	Harmonichords	AC
	Woodworking	WW
	Racquetball	CTS
	Arts & Crafts	BR
	Bocce League	CTS
	Bus Ocala Run	
9:15	Total Core & Body	
	Strength	AC

9:30	Pinochle	MR3
10:30	Yogacise	AC
	Pace Aqua	AC
	Latin Cardio	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
	Bocce League	CTS
11:30	Lap Swimming	AC
11:45	Parkinson Exercise	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
12:15	Oxycise	H&R
12:30	Quilters/Stitch	ART
	Bridge	CR
	Ballet Barre	AC
1:00	Singin' Swingin	CC: D
	Mah Jongg	CC: A
	Badminton	H&R
	Shuffleboard	CTS
2:00	Pace	AC
5:30	Mah Jongg	CC: B
6:00	Pinochle	MR3
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR
	Belly Dancing	AC
	Table Tennis	HR
7:00	Mixed Poker	CC: H

1st Week

8:00	AARP Safe Driving	MR3
3:00	Great Lakes Club	BR

2nd Week

8:00	Lions Club	Pub
8:00	Disaster Prep	CC: E,F,&G
1:30	Visually Impaired	CC: F
	Support Group	
	Ham Radio Club	CC: F
3:00	Nutrition Discussion	CC: B&C
3:30	Alpha Investment	Art

3rd Week

1:30	Unique Birders	CC: H
2:30	NY/NJ Club	BR
7:00	Democratic Club	CC: E

4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC: E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC: D

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Taps on Top	BR
9:00	Cardio Step & Sculpt	H&R
	Men's 9 Hole	Golf
	Men's 18 Hole	Golf
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art

1st Week

9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Shuffleboard	CTS
	Crafty Ladies	CR
	Billiards 101	PI RM

2nd Week

10:15	Beginner Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Miniature Golf	MGC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
12:30	Bridge	CR
	Japanese Emb	CC: C
	H&R Exercisers	AC
	Mah Jongg	CC: A

3rd Week

1:00	Line Dance Class	BR
	(except 1st)	
	Shuffleboard	CTS
	Bocce League	CTS
1:30	Shallow Water	
	Exercises	AC
4:00	Softball Practice	SBF
5:00	Square Dancing	AC
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Bingo	BR
	Pickleball	CTS
7:00	Table Tennis	H&R

	Poker	MR3
	Square Dancing	AC
	1st Week	
10:30	Travel Toppers	CC: A
1:30	Stamp Club	Bank
3:00	Italian/Amer Club	BR
	2nd Week	
1:30	Alzheimer's Support	CC: G
2:00	Native Plants	CC: H
3:00	Pennsylvania Club	CC: E
6:30	S.P.C.A.	CC: H

3rd Week

1:30	Stamp Club	Bank
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4th Week

1:30	Alzheimer's Support	CC: G
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Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:15	Aquacise Shallow	
	Water	AC
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Racquetball	CTS
	Bocce League	CTS
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	Tai-Chi	HR
	Bus Ocala Run	
9:15	Total Core & Body	
	Strength	AC
9:30	Shuffleboard	CTS
10:30	Yogacise	AC
	Water Walk	AC
	Pace Aqua	AC
	Latin Cardio	AC
11:00	Walleyball	CTS
	Bocce League	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Parkinson Exercise	AC
12:00	Lap Swimming	AC
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Bridge	CR
	Mah Jongg	CC: A
1:00	I Got It Card Game	MR3
	Bocce League	CTS
	Badminton	H&R
2:30	Jazz Club	CC: D
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC: A
	Card Game	CC: B&C
6:00	Sequence Game	Art
6:15	Oxycise	H&R
6:30	Bridge	CR
	Belly Dancing	AC
7:00	Poker	MR3
	Mixed Poker	CC: H
	Shuffleboard	CTS

1st Week

8:30	Friendship Pk. Bkfst	BR
9:00	R.C. Flyers Club	CC: A
1:00	Bunko Dice Game	MR3
5:30	Southern Club	BR

2nd Week

1:00	Opera Appreciation	CC: C
1:30	Singles Club	CC: G&H
2:00	NARFE Chapter 2279	CH
2:30	Jazz Club	CC: H
6:30	German Club	CC: E&F

3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Bunka Dice Game	MR3

Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Happy Losers	AC BR
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	CTS
	Bus Ocala Run	

1st Week

9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	CTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Circle Square Dancers	H&R
	Ladies Poker	MR3
	CYBEX Orientation	GYM
	Circle Square	H&R
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Ballet for Adults	AC
	Mah Jongg	CC: A
1:00	Table Tennis	H&R
	Open Games	CR

2nd Week

1:30	Shallow Water	
	Exercises	AC
	Shuffleboard	CTS
2:00	Pace	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Oxycise	H&R
6:30	Advanced Bridge	CR
	Nickel Nickel	MR3
	Bible Study	CC: A
6:45	Euchre	H&R

3rd Week

1:00	Women of the World	CC: E
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4th Week

9:00	RC Ladybirds	CC: A
2:00	New England Club	CC: E
7:00	Republican Club	CC: E,F,&G

1st Week

2:00	Blackjack Poker	CC: E
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2nd Week

12:00	High 12 Club	TBA
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3rd Week

1:00	Women of the World	CC: E
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Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC: B
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
5:30	Open Mah Jongg	CC: A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

1st Week

9:00	Yoga in The Park	Sholom
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Sunday

12:15	Oxycise	H&R
6:30	Pickleball	CTS

2nd Week

2:30	Friendship Club	BR
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3rd Week

2:00	American/Jewish	CC: E,F & G
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4th Week

1:30	Circle of Friends	CC: E,F,G, & H
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Location Codes

AC	Arbor Club	H&R CTS	Tennis Courts
AC CTS	Arbor Tennis Courts	H&R	Health & Rec Bldg
ACIP	Arbor Indoor Pool	HRP	H&R Pool
ACOP	Arbor Outdoor Pool	MGC	Miniature Golf Course
Art	Art Studio	MR1	Meeting Room 1
BR	Ballroom	MR3	Meeting Room 3
BCTS	Bocce Courts	PL	H&R Parking Lot
CC	Arbor Conference	PLR	Poolroom
	Center	PR	Pressroom
CR	Card Room	SBF	Softball Field
FF	Flying Field	WS	Wood Shop
GC	Golf Course	3rd	Third Floor
HR	H&R Exercise Room		



Native Plant Club
Ron Broman

It's butterfly time again!
Spring and fall seem to be the best seasons to enjoy the frantic antics of these flamboyant flutterbies. Fortunately some species of native plants are coming into flower just in time to serve up their special brand of tasty pollen to these beauties.
Ironweed is one of those benefactors (another one of those names with "weed" attached). The name ironweed probably derives from the tough stems that remain upright through the winter.
The more we dig into the names of plants the more fascinating information we discover.
In 1696, three botanists, Hugh Jones, David Krieg and William Vernon, were sent to Maryland to collect and identify plants growing in the colonies. The business of plant hunting had been going on at least since 1530 when explorer "Jacques Cartier detailed many of the natural products of the New World."(3)

Among the 650 plants they eventually discovered was one in the aster family whose flowers resemble those of liatris or blazing star (you remember the liatris article); but are on individual stalks or pedicels. In time the genus for the new discovery was named Vernonia, for William Vernon. (I wonder if the other guys had plants named for them as well).
The two species of ironweed that perform in our area are Vernonia gigantea, Giant Ironweed (it can grow to 4 or more feet tall) and V. angustifolia, Mohr's Ironweed, Tall Ironweed or the name I like best, Narrow-leaf Ironweed, because the leaves are very narrow.
"For a tall perennial with rich reddish-purple flowers, Ironweed cannot be beat."
(1)
It's one of our most common roadside or moist old field plants, blooming in the late summer and early fall. The flowers are tubular, containing rich nectar. It's no wonder bee keepers value ironweed as a source for honey.
Planted in your garden or natural area it would probably show best in the center of a 360-degree area or in the back of a garden viewed only from one side. It needs some moisture and full sun. At this time of year, when the multiple stalks of purple blooms are at their peak, the butterflies (monarchs, skippers, swallowtails, fritillaries, sulfurs, etc, etc.) seem truly to "freak out." If pure joy is a thing with butterflies, Ironweed appears to be one fine genesis.
The Native Plant Service Directory (2), lists two Native Plant Nurseries in Florida that carry Vernonia species:
· Green Images in Christmas, Fla., off of Highway 60 between Orlando and Titusville, lists V. angustifolia. Their phone number is (407) 568-1333.
· Cypress Acres in Lutz, near Tampa, also has V. angustifolia. The number there

is (813) 404-0946.
· In addition, Micanopy Wildflowers, in Micanopy, about 35 miles north of Ocala, east of Interstate 75, may have a limited supply of V. gigantea. The phone number is (352) 466-3880.
It really is butterfly season; and if you want to view them up close and personal, a garden of native wildflowers that includes Vernonia makes mighty good sense.
However, it's not just butterfly time. It's time for a brand new year for the Native Plant Club of On Top of the World. Wednesday, September 14, at 2 p.m. in Room H of the Arbor Conference Center will feature a warm, infectious welcome and a fantastic program by David and Guda Taylor of Taylor Gardens Nursery in Sparr.
On Wednesday, October 13, our speaker will be retired engineer and member of a number of bromeliad societies, George Aldrich. His topic, which should prove very interesting, will be "Plants and Things."
Come join us as we begin our sixth season of Growing Native.
(1) Sunlight Gardens (an internet wildflower site



Photo by Ron Broman
A Giant Ironweed, left, and Tall Ironweed provide sustenance for a female Tiger Swallowtail.

on the web via Google)
(2) The Native Plant Service Directory 1-877-352-2366 www.afnn.org
(3) Plant Hunters of the Northeast (William Vernon English Botanist, via Google).



Birders' Beat
Jane Callender

The Unique Birders will resume their regular meetings on September 20 at 1:30 p.m. Carole Rao will present a program about birds of New Zealand.
The September 29 field trip will be a visit to Paynes Prairie, hosted by Isabelle Moller.
Our meetings are held in the Arbor Club Conference Center in Room H. We meet at 1:30 p.m. on the third Tuesday of each month. Our field trips are usually the last Thursday of the month.
To learn more about our club call our president, Roberta Campbell, at 854-4814 or me at 861-2983.
September's bird is the White Ibis. Many of us have seen the mature ibis in its "white dress" with black wing tips, reddish orange legs and bill. The downward curved bill is the only identification of a juvenile White Ibis. Its plumage is chocolate brown, white under belly with tan legs and bill.
The ibis's habitats are marshes, mudflats,

lagoons and swampy forests. They nest in colonies, in stick nests high in tree branches over water. White Ibis gather at dusk with long lines of birds streaming in from all directions. This makes a spectacular roosting sight!
Around their colonies, ibises eat crabs and crayfish, which devour quantities of fish eggs. By keeping down the numbers of crayfish, the birds help increase the fish population. In addition, their droppings fertilize the water, greatly increasing the growth of plankton, the basic food of all marsh life.
Another unusual sighting was in the temporary (due to heavy rain) pond on the left going toward the Arbor Club. Bill Forrest saw a White Ibis and a juvenile Roseate Spoonbill. This was approximately the third week in July, and he would be interested to hear if anyone else saw the birds.
Join us on September 20. We are a mixed group of experienced or neophyte bird watchers. ☺



Photo by Lynne Callender Murray
This photo of an ibis was taken at Eureka Springs Park in Hillsborough County.

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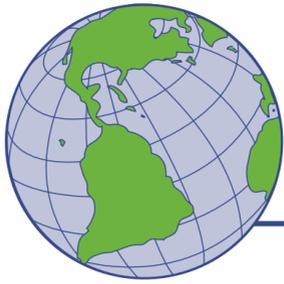
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See Europe In Your Own Car



Frankfurt Old Town with barge traffic on Main River.

Photo by Hank Claterbos

The Travels Continue: Container Land To The Rheingaugebirge

By HANK CLATERBOS

Our hostess, Sigrid of Meckelfeld, was true to her word. She autoed us to the Bahnhof and shepherded us aboard the train to the harbor center where we caught a double-decker bus occupied only on the top deck. Off we went on this hot Sunday afternoon passing the stark remains of the St. Nikolai Church, a remnant of World War II and memorial to those persecuted by the Third Reich. Crossing many canals and through the construction destined to create a new Harbor City; we finally entered the secure realm of the container port.

Last year seven million containers entered/departed the Hamburg port.

Assuming equal numbers of 40- and 20-foot containers, end-to-end they would reach around the world more than one and a half times. As it is they smother Hamburg Hafen's every nook and cranny — mountainous stacks, traveling on trailers or being unloaded or loaded onto ships. The most recent segment of container-land is now completely automated — an awesome display of things to come. "Look, no hands!"

We had arrived in Germany at Spargel (asparagus) time, which seems to require every restaurant,

grocery store, roadside stand and hostess to proclaim his or her participation in this rite of early summer. Locally, as in most of Europe, Spargel is grown underground which results in a white, more tender stalk. Some stores offer the green variety as a novelty. Not to be left out of the ritual, following the port tour we each ate a pound apiece at home for dinner!

Then came the rain — another Hamburg specialty that we had hoped to avoid. Much like the Sword of Damocles, it was omnipresent, but not always falling. Fortunately, most of our obligations and activities

➤ Continued on Page 19



Dancers swirl across the dance floor during a square dance.

Discover Square Dancing at September Open House

By CAROLINE AND MERRILL SMITH

Mark September 28 on your calendars, as you don't want to miss out on a fun night at the Arbor Club.

This is a free fun night to introduce newcomers into the world of square dancing. Lessons will begin on Wednesday, October 5, at the Arbor Club. Come and join neighbors, friends, and family for laughter, exercise and an evening of great inexpensive fun. Dress is casual.

Square dancing has physical benefits, including:

- It keeps you healthy while you exercise and have fun at the same time.
- It keeps your circulatory system (including your heart) working better.
- It helps lower blood pressure.
- It helps recovery from acci-

dental injuries.

- It helps recovery from crippling diseases (strokes, arthritis).
- It tones up your muscles.

Best of all, it is aerobic and more fun than a lot of aerobic exercises.

This type of dancing has emotional benefits as well:

- Emotional benefits are gained from the fellowship of making friends.

• Square dancing gets you out of the house with your partner doing something together.

If you have any questions please feel free to call or contact Caroline and Merrill Smith at 291-1274 or Toba and Joe Hackett at 237-2972.

Look forward to seeing you on September 28!

Caroline and Merrill Smith are presidents of On Top of The World Circle Squares.



Photo by Larry Resnick

Pitcher Tony Murrizzi tosses a ball during a game against Oak Run.

Softball Team Wins Large

By LARRY RESNICK

One Friday evening in early August I received a telephone call from my friend Nick LaGattuta asking me what I'm doing early the next morning. Now if you know Nick, this is not a casual question, it's a question you respond to CAUTIOUSLY. My response was "it all depends on why you want to know."

Nick replied, the On Top of the World softball team is playing a game the next morning here at their newly refurbished softball field with the champion neighboring Oak Run softball team and could I please be there just before game time to get some photos

and perhaps do a story. Nick is a hard guy to refuse.

Early the next morning I showed up at the ball field, which by the way looked real good. It has new fencing around the field, new fenced-in dug out areas for both the visiting and home teams, and a good-looking infield and outfield.

Upon arrival I noticed a bunch of people there throwing softballs, practicing batting and catching and pitching and also doing a lot of kibitzing. They all had their own baseball gloves, most had baseball hats and all appeared to be really into this sport. I noticed that special

➤ Continued on Page 19

The On Top of the World Communities management would like to remind all homeowners that the facilities in Candler Hills and Indigo East, including the swimming pools, are for Candler/Indigo resident use only.



Golf Superintendent
Jimmy Murphy

Hello again. We hope everyone is doing well. We would like to welcome all of our new residents and golfers.

I am sure most golfers are aware by now that we have started putting in some new cart paths on the Links Golf Course. We are planning on putting in wall-to-wall cart paths on holes No. 1, No. 2 and No. 18 on the Links Course. We are also going to put one in on the 18th hole of the Tortoise and Hare Golf Course. We apologize for the mess. We will get it cleaned up as soon as possible. We are also still planning on rebuilding the fifth green on the Links Golf Course.

We will be constructing the comfort station on the ninth hole of the Tortoise and Hare Course. We will be fixing the cart path, which was damaged from the construction of the Avalon neighborhood as well.

We have resodded the seventh and fourth tees on the Links Course. We will be laying sod in some worn areas as we can. We laid some of the sod on the ninth fairway of the Tortoise and Hare Course in hopes of getting the hole open sooner.

We hope everyone finds all of this infor-

mation exciting. I know you have waited patiently, and we appreciate it.

The summer rains have the grass growing in abundance. We have done a good job keeping up with the growth. We would like to get it mowed twice per week. Sometimes, Mother Nature doesn't cooperate. We are doing our best.

With all of these evening storms, there has been a lot of lightning. Please be careful during these storms. The following are some helpful tips during this type of inclement weather:

Things to Avoid

- open areas
- water
- wire fences
- overhead wires, power lines
- isolated trees
- elevated ground
- maintenance machinery
- golf carts

Things to Seek

- shelter
- clubhouse
- maintenance building or course building
- automobiles
- when none of the above is available, seek dense woods and low lying areas.

Please remember that raising golf clubs or umbrellas into the air increases your chances to be struck.

You should discontinue play as soon as you hear the thunder or if you see the weather coming in. The weather storms usually come in from the west. Please be safe!

We will be aerifying the greens this month as well as verticutting and top dressing. We will keep you informed of our schedule.

We would like to congratulate Paul Del Vacchio, who made a hole in one on the 4th hole of the Links Golf Course. Patricia Donnelly witnessed it. This was Paul's second hole in one on the same hole. His first was on October 5, 2000. Paul, we wish you would quite picking on this little ol' par three. Great job Paul! 🎉



Men's Golf Association
Paul Del Vacchio

Do you have some idea you'd like to share? Don't like the way some things are run? Think you have a better way of doing things? Now's the time to step forward.

This September posted on the bulletin board in the Club House is a sign-up sheet for any member who would like to run for the board of directors. We have two 18-hole openings and one 9-hole opening on the board. For all you nine holers out there it is time for at least

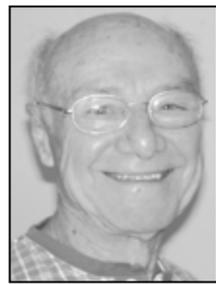
one of you to step up to the plate and do your share for your nine hole members. Vince Paglia, director of golf, has informed me that he is working on getting us new cart paths, relieving the rope problem and having our greens cut six days a week. He has also informed me that they are going to start refurbishing our greens starting with No. 5 on the Links.

A gentleman that I really don't know very well but am very impressed with has been on the board of directors at least the last five years that I know of and probably longer. He has done a fine job because we never get any complaints from the nine holers. Whenever we ask him to do anything for us he never says no. He organizes the nine holers quite well and nobody that I have known has ever said a harsh word about Ronnie Smith. Thank you, Ronnie, for taking time out of your retirement to give back to your fellow golfers.

There's not much going on this summer. We're just all trying to keep cool. I'm going to keep this article short. I'll see everyone on September 7 for our Chicken Luncheon.

Words of Wisdom: The many lessons of golf. Golf teaches that even though the best golfers have the most chances to win, the other golfers have the most chances to improve. Rabbi Marc Gellman, PhD; and Monsignor Tom Hartman.

See you around the golf course. 🌐



Billiards
George Tookmanian

if the gals wear their red hats while playing eight ball! A new game could come out of this, since the three ball is red. It could be substituted for the eight ball and called "Red Hat 3-Ball," using the same rules as 8-ball. Have fun ladies, you are a great bunch!

Last month I received some trivia about pool and billiards incorporated in the column, and no one complained so here are some more tidbits for you. Try this some time: a guy named Harvey Hendrickson used to tour the country amazing people with his ability to pick up and hold 15 billiard balls at once using one hand. Doesn't seem possible.

What is billiard cloth made of? The main component has been the same for the last 400 years. Wool was used in the 1500's and remains the fabric of choice to this day. Of course, there have been refinements such as wool/nylon blends. Before the invention of celluloid and other new age plastics, billiard balls were made of ivory. The average tusk yielded only three or four balls since they were cut from the dead center of the tusk. So you can see this introduction of new materials saved a lot of elephants. Then someone took out a patent in 1903 for a coin operated billiard table. The cost to play on the first pay for play table was a penny! Last bit that I have is this. The world's largest billiard hall was built during the 1920's and named The Recreation, in Detroit. There were 103 tables, 88 bowling lanes, 20 barber chairs, three manicuring stands, 14 cigar stands, a lunch counter on each floor with seven floors in the building, a restaurant that could seat 300, and an exhibition room with theater seating that could accommodate 250 spectators. Those motor city folks sure knew how to live it up. Awesome — 103 pool tables! I can just hear "8-ball side pocket." 🎱

There was no meeting in August as the meeting was cancelled. However, I believe there will be a meeting in September, probably on the 6th, at the usual time and place, 7 p.m., Arbor Club, Room D. May I suggest that one should check the usual posting on the door to the pool room or the "menu" on Channel 19. Hope you can make it!

If you read the August issue of the World News, you may have come across the news about a new chapter of the Red Hat Society that has been formed by some of the ladies who like to play pool. They are called the "Crimson Cue-Tees" and are they cute or what!

Shirley Impresa is the Queen Mum and she may be contacted at 873-8247. C'mon gals, if you like to play pool, you are welcome to join these ladies and have some fun.

A thought just crossed my mind as I'm putting this column together. Monday mornings at the pool room will be quite colorful



Handicap Committee
Patricia Donnelly

All those in favor of a round of applause for Linda Bervinkle for changing the format for the August 6 Scramble, raise your hands. As hot as it's been, the modified scramble moved much faster than the scheduled 1, 2, 3 format. We'll save that for cooler weather.

I was unable to be there but I understand it was somewhat "soupy." My guy said it was actually dripping inside the golf cart. Wow! That humidity must have been nasty.

A smaller group of 62 played in August; the numbers will increase as the weather cools and the "snowbirds" return.

Sandy Chase, Wes Dumeer, Don Floecker and Florence Foley took first place with a gross 69. A mighty threesome of Dick Griswold, David Miller and Jackie Page grossed 70 and took second. Four groups tied for third at 71. Linda Bervinkle, Rick D'Addio, Marlene Floecker and Roy Myhr. Bud Borders, Elsie Calabrese, Paul Del Vacchio and Cindy Rosinski. Dick Hess, Cliff Jones, Marge Myhr and George Youmans. Fran Griswold, Don Hink, Sharon Leff and David Suver. Alone in 7th with a 72 was Bob Carter, Joan D'Addio and John Hodd. Congratulations to all the winners and better luck next time to everyone else.

September is to be a Shamble. Everyone drives, picks the best drive and everyone holes out from that spot, keeping individual scores.

Paul and I will be hosting so we'll see you at the flags September 3. 🌐

MGA Results

18-Team 2 Best Ball

July 20

Team Net Scoring

Tie at 117—Tom Paszek, Vince Nucaso and John Pachin; and Glen Swiger, Art Broman, Tom Deegan and Jack Martin. Tie at 120—Larry Chase, Rocky Groomes, Frances Caprez and Richard Hess; and Paul Stone, Bev Seal, Lane Milde and Don Floecker.

Nine-Hole Team 2 Best Ball

Tortoise & Hare

July 20

Team Net Scoring

56—Roland Smith, Guy White and Rick Benzing; 59—Fred Wallen, John Ricciardone and Sy Mencher; 67—Gordon Blanchard, Mike Sica and Peter Paulus.

Nine-Hole Individual Net

Tortoise & Hare

July 27

29—Rick Benzing; 30—Gordon Blanchard 31—Roland Smith; 33—Fred Wallen; 36—Sy Mencher

18-Hole Individual Net Winners

July 27

Flight A: 66—Paul Perrault. Tie at 67—Paul Del Vacchio and Johnny Gill. 68—Tom Paszek.

Flight B: 63—Frank Smith. 65—Ron Thompson. 66—Steve Gregely. 67—Charles Mattingly. Tie at 69—Clifford Jones and Beale Kinsey. Tie at 71—Philip Shirley and Paul Stone.

Flight C: 62—Richard Schiller. 67—David Miller. Tie at 69—Jimmy Johnson and Don Floecker. Tie at 71—Rick Mallardi and Joe Chavka. 72—Bill Krusen.

Flight D: 69—James Kniss. 70—Frank Palotta. 73—John Calella. 75—John Newell.

18-Hole Team Shamble

August 3

Team Net Scoring

Tie at 246—Paul Perrault, John Pachin, Bill Howe and Joe Morea; and Johnny Gill, Guy Russell, Carl Larsen and Bob Beale. 251—Rocky Groomes, David Suver, Irvin Gackowski and Richard Hess. 255—Richard Beurly, Philip Shirley, Bud Borders and Dick Rohde. 256—Dick Gray, Steve Gregely, Vince Nucaso and Don Floecker. 258—Tom Paszek, George Youmans Jr., Ross MacDonald and Fred Lang; and Don Guymon, Clifford Jones, Jack Hegarty and Graham Patterson.

Nine-Hole Individual Net

Tortoise & Hare

August 3

32—Rick Benzing. 33—John Ricciardone.

Nine-Hole Individual Stableford

Tortoise & Hare

August 10

Individual Net

19—Guy White. Tie at 18—Fred Wallen and Gordon Blanchard. Tie at 17—Zane Barnett and Mike Sica. 🌐



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Ladies 18-Hole Golf
Mary Sohler

Here we are, almost at the end of summer. Hard to believe, isn't it? We'll be heading back to On Top of the World before too long and I'm looking forward to the "good life" once again!

We have two new members in the 18-holers group: Phyllis Parker and Anna-Jill Smallwood. Welcome!

Best wishes for a speedy recovery for Mary Huegli who is in the hospital and to Margie Yarski who has had back surgery.

A piece of good advice I try to follow (without much success): Never try to keep more than 35 separate thoughts in your mind during your swing.

Have you ever noticed: Shots that finish close to the pin are never as close when you get there; ball marks on the green always deflect away from the hole—never toward the hole; if there is one solitary tree on a fairway, your ball will find it with unerring accuracy!

I'm sorry I don't have the names of those who have birthdays in September, but hap-

py birthday to all of you who are celebrating birthdays this month!

Hostesses for September are Dea Johnson, Margie Hink and Jo Apperson. If you can't be there, please get someone to sub for you.

Golf can kill you! No, not really. But it's never too late for a refresher course on the perils of summer heat.

Dehydration can be avoided by drinking small but frequent doses of water before, during and after the round. Do not wait to feel thirsty before drinking, because you are already on your way to dehydration at that point. Remember a two to three percent loss of body weight as the result of sweating can decrease performance of athletic activities by 10 percent.

Too much sun is a golfer's biggest enemy—whether it leads to skin cancer or painful sunburn. Wear protective clothing and accessories (brimmed hats, sunglasses, etc.) and use sunscreen.

Lightning strikes the same place more than once. Did you know that five percent of all lightning deaths in the United States were on a golf course? If you see a flash, do not hesitate, head straight for the clubhouse. Your life is more important than golf.

Fred Funk, on the 14th tee to Tiger Woods after Woods drove the 322-yard hole at Warwick Hills: "Are you gonna mark that?"

Four Clubs and a Putter
July 19

Flight A Net: 68—Mary McAtee; 69—Betty Gustafson; 70—Sandy Chase; tie at 75—Sharon Leff and Margie Wade.

Flight B Net: 67—Mary Driver; 72—Agnes Lindley; 73—Doris Holman; 75—Phyllis Parker.

Flight C Net: 71—Angelita Pena; 77—Deb Phillipson; 80—Helen Foskett; 82—Laura Teyral.

Chip-ins: Mary Driver, Florence Foley, Catherine Becraft.

Low Gross/Low Net
July 26

Flight A—Low Gross: 81—Jerry Gill; 86—Mary Lyon; 93—Joan D'Addio.

Flight A—Low Net: 68—Beverly Ovrebo 68; tie at 74—Gretchen Normandin and Betty Gustafson.

Flight B—Low Gross: 93—Mary McAtee 93; 99—Margie Wade; 104—Laury Hall.

Flight B—Low Net: Tie at 76—Sharon Leff and Phyllis Jarskey; 77—Jo Apperson.

Flight C—Low Gross: 97—Agnes Lindley; tie at 107—Georgette Perrault and Dea Johnson.

Flight C—Low Net: 72—Helen Bextermueller; 74—Angelita Pena; Deb Phillipson.

Chip-ins: Sophia Burnett, Jerry Gill

Two Best Balls
August 2

Tie at 132—Jerry Gill, Marg Mens, Georgette Perrault, blind; Mary Lyon, Rose Hoovler, Fran Griswold, Laura Teyral; 134—Ginny Huckel, Laury Hall, Esther Lang, Marie Marquis; tie at 135—Bev Ovrebo, Marilyn Rose, Agnes Lindley, Florence Foley; Joan D'Addio, Mary McAtee, Helen Bextermueller, Betty Crippen.

Chip-ins: Mary Lyon, Georgette Perrault, Angelita Pena, Linda Dumeer

Blind Holes
August 9

Flight A Gross: 45—Linda Bervinkle; 47—Sandy Chase.

Flight A Net: 35—Ginny Huckel; 40—Margie Wade.

Flight B Gross

48—Georgette Perrault; 57—Helen Bextermueller.

Flight B Net: 37—Mary McAtee; 43—Flo Emanuel.

Chip-ins: Betty Gustafson and Gretchen Normandin. ☺

August 11

Ladies: 44—Dori McConville; 45—Eleanor Krowka; 46—Emmy Ricciardone; 52—Florence Soens; 53 Chris Resta; 56—Marge Saxon.

Men: 41—John Ricciardone; 44—Joe McConville; tie at 45—Dick Soens and Ben Resta; 47—Glenn Saxon.

Sunday Mini-Golf
July 17

Ladies: 40—Eleanor Krowka; 44—Florence Soens; 47—Marilyn Cernecarl; 48—Emmy Ricciardone.

Men: 38—Dick Soens; 41—Bob Maxwell; 45—Don Cernecarl; 46—Joe McConville.

July 24

Ladies: Tie at 43—Dori McConville and Marilyn Cernecarl; tie at 48—Chris Resta and Florence Soens; 49—Emmy Ricciardone.

Men: 42—Don Cernecarl; 43—Joe McConville; 45—Ben Resta; 48—Dick Soens; 49—John Ricciardone; 58—Oliver Aube.

July 31

Ladies: 42—Eleanor Krowka; 44—Florence Soens; 50—Marilyn Cernecarl; 52—Chris Resta; 57—Emmy Ricciardone.

Men: 36—Ben Resta; 42—Dick Soens; 44—John Ricciardone; 47—Don Cernecarl; 54—Oliver Aube. ☺



Mini Golf
Jack Coyle

Providence Putters
July 19

Ladies: 53—Dori McConville; 55—Emmy Ricciardone.

Men: 36—John Ricciardone; 39—Joe McConville; 48—Oliver Aube.

July 26

Ladies: 40—Dori McConville; 49—Emmy Ricciardone; 51—Inge Vogt.

Men: 38—Kurt Vogt; tie at 47—John Ricciardone and Oliver Aube; 48—Joe McConville.

August 2

Ladies: 49—Dori McConville; 50—Inge Vogt; 51—Emmy Ricciardone.

Men: 40—Joe McConville; 41—John Ricciardone; 50—Kurt Vogt.

August 9

Ladies: 45—Dori McConville; 52—Inge Vogt; 55—Emmy Ricciardone.

Men: 36—Kurt Vogt; 50—John Ricciardone; 51—Oliver Aube.

Thursday Mini-Golf
July 14

Ladies: 45—Emmy Ricciardone; 47—Dori McConville; 50—Marilyn Cernecarl; 52—Eleanor Krowka.

Men: 42—Joe McConville; 43—Don Cernecarl; 47—John Ricciardone.

July 21

Ladies: 45—Dori McConville; 47—Florence Soens; 49—Marilyn Cernecarl; tie at 50—Eleanor Krowka and Chris Resta.

Men: 41—Ben Resta; 44—Don Cernecarl; 45—Dick Soens; 47—Joe McConville; 57—Oliver Aube.

July 28: Rained Out;
August 4: Rained Out



Pickleball
Betty Thayer

We welcome our new players Doc and Grace to pickleball play.

Gosh, are we already at 50 players!

If you want to play, never fear: there is plenty of room since we've expanded to Thursday evenings at 6:30 p.m. Yes, this group of enthusiasts plays three times a week: Wednesdays at 6 p.m., Thursdays at 6:30 p.m. and Sundays at 6 p.m.

So come join us. For those of you who want to try it we have paddles available for your use. Just remember to wear tennis shoes suitable for play on the tennis courts. We will also have another introduction orientation in September, so watch the TV for details.

We are contemplating putting together a tournament with other communities, west of I-75, in the fall followed by a covered dish supper. This promises to be an exciting event.

While pickleball is a doubles game we have been trying our hand at "cutthroat" when we have odd numbers of players. This

is played between three players and is a real workout!

Standings for the first two weeks of August are:

Bill 10 wins; Peter 5 wins; Betty 5 wins; Doc 4 wins; and Sumi 4 wins.

This month's tip: Talk to your partner. Make sure both of you agree on who is go-

ing to cover the centerline. This avoids the "deer in the headlights" look as the ball goes past both of you.

Want some lessons? Call Bill at 854-2751 for Tuesday night instructions.

If you have any questions regarding our club, please call Luke at 291-8625 or Adela at 854-8707. ☺



Ladies 9-Hole Golf
BJ Leckbee

Remember that our first meeting of the season will follow play on October 4. Start looking in the closet for your blue shirt and join us to welcome back the players (and officers) who spent their summers elsewhere.

Donna Swiger recently announced our first tournament invitations for the fall and winter season.

One is a scramble format at Spruce Creek on Thursday, October 6. The other is a two-best-balls format at Hacienda Hills on Wednesday, October 12. Cost for each is \$30 and includes lunch. Interested? Sign up and pay by September 6.

Tortoise & Hare
Low Net
July 19

Chip-ins: Evy Stewart 2, and Marlene Floeckher

Birdie: Mary Hart on 8

Flight A: 34—Thelma Smith; 35—Grace Bock; tie at 36—Mary Hart and Ellie Rapacz

Flight B: 31—Millie Nucas; 32—Vi Sica; 34—Darlene Clark; tie at 36—Phyllis Smith, Pauline Beloin and Virginia Keuvelaar

Flight C: tie at 31—Marlene Floeckher and Virginia Hawk; 33—Marie Palombo; 34—Carol Bell

July 26 Tortoise

Low Gross

Chip-in: Agnes Tetti

Flight A: 45—Grace Bock; 46—BJ Leckbee; 48—Agnes Tetti; 49—Mary Hart

Flight B: 48—Pauline Beloin; 55—Jean Flynn; 56—Donna Swiger; 60—Phyllis Smith

Tortoise & Hare
August 2
Team Scramble

40—Agnes Tetti, Pauline Beloin, Helen Degraw, Virginia Hawk

41—Ellie Rapacz, Millie Nucas, Ann Hetzel, Marilee Dam

Tie at 42—Carol White, Thelma Smith, Rolla Geiser, Therese Bell, and Mary Hart, Virginia Keuvelaar, Sumiko Bridges, Evelyn Stewart

Tortoise & Hare
August 9
Low Net

Chip-in: Marlene Floeckher

Flight A: 34—Darlene Clark, 35—Agnes Tetti, 36—BJ Leckbee

Flight B: 33—Marlene Floeckher, tie at 36—Marie Palombo and Virginia Henry ☺

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EVENINGS & WEEKENDS



**Arbor Club
Tennis
Les Saunders**

Support your Arbor Tennis players' inter-community matches! Because of possible changes, please check the schedule listed at Arbor Court No. 2.

- Ocala Palms, September 1, 8 a.m.
- Spruce Creek Preserve, September 19, 4 p.m.
- Oak Run 3.0+, September 20, 4 p.m.
- Oak Run, September 29, 4 p.m.

We welcome Johan Westerkamp from Connecticut, our newest member. Johan has been playing tennis for 50 years. He recently had knee replacements that slowed

him down a bit but he is gradually working his way back into the game.

Johan has invited everyone to address him as "Hans." Hans was born in Indonesia and spent three and a half years of his early youth with his parents in a Japanese concentration camp. He is a citizen of the Netherlands but resides in the U.S.A. as a permanent legal resident.

Hans' educational background includes doctorate degrees in pedagogy (the art of teaching) and physical education. He specialized in the biomechanics of movement, was a tennis professional in the Boston area, Rhode Island, Connecticut and Vermont, and was a faculty member of the sociology department of Boston College.

The membership of the Arbor Tennis club continues to grow and with that comes some growing pains.

It may be time to reconsider the decision on court reservations. Many members have discovered that court No. 1 is reserved for a small group of players who regularly play together exclusively. Some are questioning the number of monthly inter-community matches. Some are asking if more courts are needed.

Don Shaner reported that the Ocala Palms men's team sent only three teams for the match on July 21. Arbor Tennis members who participate in this match are selected exclusively by Saul Braverman. Len Denerstein and Ralph Bromund won; Chet Rickert and Dan Bub won; and

Don Firkins and Saul Braverman lost. The Oak Run 3.0+ players were great opponents on July 22. Norma Higgins reported that June Elting and Don Shaner won, 6-1, 6-4. Carol White and Jerry Foster won 6-4, 6-0. Irene Moran and Richard Marshall lost 6-1, won 6-4, and lost the tie break. Norma Higgins and Jerry Dennis lost 6-1, 6-1.

Lucy Davis chose her words thoughtfully when asked about the Arbor Tennis match with Oak Run on July 29. She said, "We all lost with honor. Oak Run teams won every match." The Arbor Tennis team partners were Joanie Crist and Chet Rickert, Terry Stein and Ray Brittingham, Marilyn Barbour and Rosemarie Hueber, Kathy Mullen and Les Saunders, and Janet Abrahamson and Cliff Aldrich. Every team did their best against more skilled opponents.

The two inter-community matches with Oak Run were played at 8 a.m. rather than 5 p.m. during July and August. After Labor Day, they returned to their 5 p.m. schedules on September 20 and September 29.

Our heartfelt thanks to Lucy Davis for directing the Monday and Wednesday Round Robins during the absence of Len Denerstein, our director of tennis. She did an excellent job of assigning partners and the courts in which to play.

Len flew to Hawaii at the invitation of his daughter and son-in-law, a naval officer. He showed him the beautiful sights of Hawaii and took him "shark diving." However, what Len enjoyed most of all were the

beautiful Hula dancers! In an e-mail to this writer he wrote, "the women are WOW!"

Norma Higgins and Chet Rickert were the "star" players in the Ocala Palms Mixed match on August 4. Don Firkins, liaison, reported that Norma and Chet won 6-4, 6-2, Maria Fried and Don Firkins lost 6-0, 6-2, June Elting and Don Shaner won the first set, 6-0, lost the second set, 7-5, and lost the tie break, 10-5, Rosemarie Hueber and Dale Paul lost 6-2, 6-3, and Betty Bussenger and Gene Hueber lost 6-4, 6-2.

Tennis Tip of the Month from Rosemarie Hueber: Get in shape! Good muscles and good tennis skills are essential to a good game without injury!

The On Top of the World Tournament for all resident tennis players will be held on the Arbor tennis courts beginning on Wednesday, October 12, with a singles match; men's doubles play on Thursday, October 13; ladies doubles play on Friday, October 14; mixed doubles play on Saturday, October 15.

Participants who register for this event will be rated by those in charge as either A or B players; each division will play in their own tournament.

Those who are interested in participating may register at the Arbor Tennis court No. 2 or the Health & Recreation courts. The warm up time for all matches is 7:30 a.m.; the games begin at 8 a.m. A potluck dinner will be held a week later and winners of the tournament will be honored. 🌐



**Bocce
Bob Woods**

This portion of the article is for those bocce players who are assigned to a league team. All team captains should have already checked with their team members to insure they are playing in the fall session. Team captains should contact their league representatives on their team's status. League representatives should call Bob Orr to relay this information. Last year when the team roster was typed out just before league play there were 50 changes to the roster in one day. Don't wait until the last minute. Call Bob if your league has changes or remains the same.

For all new players who have not been assigned a team or time slot, call Bob Orr at 861-0053. League play is five days a week at three different times, starting at 9 a.m., 11 a.m. and 1 p.m. Those who wish to play on more than one team are welcomed. Also,

if you would like to be a substitute on days your team is not playing, there are players who substitute and play on two teams on different days.

An important reminder. The first board meeting will be held at 3 p.m. on Monday, September 12, in Rooms G and H at the Arbor Conference Center and then the first Monday of each following month. The general meeting for all bocce players, team members, substitutes and those who would like to play will be held at the Arbor Conference Center, at 3 p.m. on Monday, September 26, in Rooms G and H. Put these dates on your calendar now as you read the World News. The bocce fall league session starts Monday, October 10.

The summer bocce session has been a great success thanks to Don and Marilyn Cernecarl and other volunteers who help get the courts ready for arriving players. Many players have been turned away as only the first 32 players who sign the roster can play. Summer play will continue until and including Monday, September 26. Since this summer has been a complete success, volunteers will be needed next year to have the summer bocce sessions extended to more than just Mondays.

If anyone has any questions concerning bocce, please give Bob Orr a phone call at 861-0053 or even call me at 854-0702. If no answer, leave your name and phone number and we will get back to you.

I understand there have been a few folks seen practicing at the bocce courts in the early morning and late evening hours. Remember, practice makes perfect. See you all at the September meetings and at the bocce courts. 🌐



**R/C Flyers
Jim Lynam**

Labor Day... the oxymoron of living in a retirement community such as On Top of the World! Labor Day is just another day here in the community. Isn't it awesome that the only "labor" that has to be performed each day is walking out to the driveway to get the paper or going to the post office to get the mail? Yes, let's celebrate Labor Day every day!

The most recent field news is that additional safety fencing has been installed to the flight line. The field is looking really great, thanks to all the hard work provided by Jim Ellis, Bob Vance and the rest of the volunteers. They have helped haul and spread sand on the low spots, fertilize and mow the field every other day, and are helping with the other tasks required to keep the field in top condition.

The On Top of the World R/C Flyers wish to congratulate John Mataya for earning his wings and becoming a new solo pilot.

The On Top of the World R/C Flyers club is continuing to grow in membership. The roster currently stands at 107 members. More and more of our members are selecting electric powered aircraft since the performance of the electric power systems continues to increase. Be sure to browse the catalogs to view the enormous number of aircraft that are now available.

12 Rules of Model Aviation

1. Perfection in model building is a desirable goal, unless completion of the airplane within your lifetime is important.

2. Airspeed is life to your model; altitude is life insurance.

3. Always fly your airplane with your head, not just your hands. Never let your airplane go where your brain didn't go 5 seconds earlier.

4. The probability of model survival is equal to the angle of arrival.

5. Flying a model airplane is not dangerous; crashing it is dangerous.

6. Good judgment comes from experience and experience comes from bad judgment.

7. There are three simple rules for making a smooth landing. Unfortunately, no one knows what they are.

8. It's a good landing if you can bend the landing gear back to normal.

9. A fool and his money are soon flying a more aerobatic model.

10. The nicer an airplane looks, the more likely it is to crash.

11. If God meant for man to fly helicopters, He'd have given him more money.

12. If it isn't an OS, it soon will be.

The regularly scheduled Thursday pilots' breakfast at the Pub has been cancelled for the summer and will resume in October. Further, the regular monthly meetings are suspended for the summer months. The next scheduled meeting is on October 6.

All On Top of the World residents are always welcome to visit our new R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft.

The field is located past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors. Club applications are available at the flying field or from any club officer.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area.

Remember: Safety is No Accident! 🌐

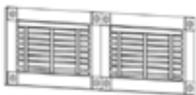
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International Club
Bill Shampine

Although we are not holding our meetings during the summer some of our members still are traveling. And now in their own words, this is one of their stories.

Armed with a new digital camera, club members Dick and Mary Hendrickson embarked on an East European trip. First stop was Bucharest, Romania, where they were greeted by a Grand Circle program director and transported to the Hotel Stoifel. They

enjoyed a welcome drink followed by an excellent dinner and entertainment at a local outdoor restaurant. A morning city tour covered the Arc de Triumph (World War I), Victory Square (World War II) and Revolution Square where the late Dictator Nicolae Ceausescu was overthrown. Included too, was a visit to the Palace of Parliament—the world's second largest building after the Pentagon!

Next, following an excellent lunch, they caught a train for Constanta, a Black Sea port, where they boarded the River Harmony, a river cruise ship. The following morning they toured the city and then the river cruise commenced. The ship cruised the Black Sea and entered the Black Sea Canal connecting the Danube River. The canal is an engineering marvel and employed prisoners of war, political prisoners, and draft labor during its construction. They soaked up the scenery along the Danube.

Ruse, Bulgaria, was the next port of call. The following day they indulged in some Romanian wine and cheese as they entered the Iron Gates. Serbia was the next country. A tour of Belgrade included the late Marshall Tito's Memorial. The ship continued up the Danube to Novi Sad, a lively university city known for the Petrovaradin Fortress. Constructed between 1690 and 1776, it features an Alsatian clock tower installed

by Empress Maria Theresa of Austria, in addition to approximately 10 miles of tunnels, corridors, and caves carved underneath. Vukovar, Croatia was the next port. The scars of the recent four years' independence war with Serbia remain. They enjoyed a dinner and visit with a local family.

The cruise ended the next morning at Budapest. They thoroughly enjoyed the cruise. The ship was spotless, and the crew, service, food and entertainment excellent. Included tours, guides, and Program directors were interesting and informative.

Budapest, Hungary, straddles the Danube. Buda is the right bank in the west and Pest the left bank in the east. It is a lovely city. The Chain Bridge is worth crossing by foot. A visit to a diamond cutting facility was included. Dick kept moving Mary along. She was not in a hurry. She just "loved" the displays. The Parliament Building is massive. Heroes Square with its monuments to Hungarian Kings is impressive as is Hungary's "Statue of Liberty."

A bus ambled through Slovakia, with a brief tour of its capital Bratislava as it journeyed to Prague, Czech Republic. Prague, too, is a beautiful city. The Charles Bridge, with its Baroque statues, was crowded with pedestrians. The Prague Castle, St. Vitus's Cathedral and St. George's Basilica were impressive. The Old Town Plaza was crowded.

Its famed 15th Century astronomical clock is a definite plus. Dick and Mary brought us a recipe for Hungarian Goulash.

Hungarian Goulash

2 tablespoons all-purpose flour
½ cup reduced sodium beef broth
1/8 teaspoon salt
1 tablespoon tomato paste
1/8 teaspoon pepper
1 garlic clove minced
¾ pound boneless beef round steak, cut into 1-inch cubes
1 teaspoon paprika
1/8 teaspoon dried marjoram
½ cup coarsely chopped onion
1/8 tsp caraway seeds
1 teaspoon butter
1/8 teaspoon lemon juice
1 teaspoon canola oil
hot cooked noodles (optional)

In a large resealable plastic bag, combine flour, salt and pepper. Add beef cubes and shake to coat. In a skillet, cook beef and onion in butter and oil until onion is tender. Stir in broth, tomato paste, garlic, paprika, marjoram, caraway seeds and lemon juice. Bring to a boil. Reduce heat; simmer 1 to 1 ½ hours or until meat is very tender. Serve over noodles if desired. 🍴

Softball Team Wins Large

► Continued from Page 1

umpires were in place just for this game, Joe Nuzzi behind the catcher at home plate, and Ernie Barba at the infield. This promised to be a serious game.

The teams finally settled down and it was time to play ball. WOW, these people are good. I saw one guy hit a home run right over the left field fence. I saw many double base hits. I saw a lot of double plays. Don't get me wrong; I saw plenty of strikeouts and people walked on base and all the stuff that makes for a good ball game. These people

love this stuff and it shows.

Now, on this day the On Top of the World team was playing this particular game under a lot of pressure as I was advised the Oak Run softball team was good, really good, and they looked good to this reporter.

This game ended with a score of 16 to 3. And guess what, the On Top of the World softball team were the winners. These guys were proud, very proud. I know a few that went home bragging about their win to their spouses. Good game people, keep on having fun. 🍴



Travel Toppers
Eileen K. Vanderbosch

The new brochure is out, and I hope you have gotten a copy. We continue to have good response to our new system, which seems to be working well.

Couple of items for your attention: We have room on "Best Little Whorehouse in Texas" at the Show Palace, Hudson, on Wednesday, October 12, matinee. Also we need more people for Kenny Rogers. In addition, we have a correction: The date on the Roy Clark show should be January 19, so please correct your copy.

In an attempt to replenish our operating fund, we are having two separate events for which we really need your help. First: As mentioned in our last month's column, we have finalized the raffle for the paintings. We have nine oil paintings and two small wall hangings. Some of the frames on these pictures are worth more than \$100; some have extensive matting. Two small paint-

ings will be offered as one prize, 10 winners total.

Chances are \$1 each. Tickets are already on sale on Mondays, Wednesdays and Fridays at the Health & Recreation Ballroom, 8:30 to 10 a.m. Winners will be drawn at the Trash and Treasures event on October 22. Here is your chance to get a beautiful item for your home or a gift for someone for a small fee. These are very lovely paintings, which you are sure to like. Photos of the paintings at our September meeting as well as tickets.

The second event will be a dance, proposed by Margaret Orlando to benefit not only Travel Toppers, but also Bingo (they need new cards). This will be on Sunday, September 18, from 2 to 4 p.m. in the Health & Recreation Ballroom. Music will be furnished by Roger Bourgault, a new resident, who made such a hit with members of the Friendship Club at their last meeting. Dress is informal. Music will be for couples, singles, line dancing and audience participation. Cost is \$3 and tickets are already on sale in the H&R Ballroom, 8:30 to 10 a.m. Mondays, Wednesdays and Fridays.

We need help to sell tickets for both events. This is an inexpensive way to help both causes, enjoy a Sunday afternoon with friends and have fun. Two great projects to help two good groups financially and we hope for a good response from everyone.

We want to continue to offer good entertainment for your benefit and hope you will want to help us do that. By the way, we wanted you to know that the monies for the canceled Mother's Day trip were refunded on August 3 and we thank you for your patience in this matter. 🍴

POET'S CORNER

Poetry from On Top of the World Residents



The Sun

CATHY HANSEN

The sun has his agenda—
He opens up the day
With a choir of songbirds
And a splendid light display.

He summons farmers to their fields,
The laborers to the mills,
The children to their classes,
For math and reading drills.

The women to their varied tasks
And all those words impart—

That myriad of little things
That give the home a heart.

And when the hours have been enough
He gathers up the light
And leaves his charges to their rest
And to the starry night

While with his light secured he slips
Beyond the sea and sand
To open up a new day
In another land.

A Summer Place

ANNETTE SHARPE

A summer place is nice,
A simple, cozy, home.
It need not be a castle,
Or, a villa built in Rome.
It might have large wheels
To take you here or there,
To sights you've never seen,
To live life with some flair.
Perhaps a cottage small,
A cabin on a hill,
A quiet country setting
Where cool brooks ripple still.
If it be at lakeside,

Or by the ocean's tide,
Bringing peace to your soul,
That's where you might reside.

A summer place is special,
If mountains you would view
To appreciate God's beauty,
Your spirit to renew.

A special get-away
Is all we may desire,
To soak up beauty
Like a sponge,
In settings that inspire.

Just Growing Old

HAZEL EHLE

He says I am growing old
My hair is now all gray
Not able to walk as fast
And stumble more each day.

My eyes are growing dim
Don't hear good at all
So hard to get around
Afraid that I might fall.

The signs say old age
Bend over when I walk
Am getting so forgetful
And mumble when I talk.

Now use a cane to get about
Not wanting to leave my chair
How good to just sit
And not go anywhere.

Old age does come along
And lets us know when here
Even though we shake our head
Just does not disappear.

Hearing about the golden years
Am wondering what it means
It's supposed to bring comfort
Which is only in our dreams.

See Europe In Your Own Car

► Continued from Page 1

were indoors so that a birthday luncheon, a visit to the shopping center, several visits to Margitta's former home and a trip to see the nephews and new niece were not spoiled. After 10 days in the "hometown," a non-Spargel dinner with Sigrid, at El Limone, a local Italian restaurant, became the final activity before heading south toward the Rhine.

Intermittent showers, a slight detour to the Warsteiner Brewery (closed for lunch) and a hearty schnitzel for lunch in a nearby landgasthof preceded our arrival at the Pension Köster in Eslohe, which had been our asylum two years ago. A short hop away lay Bonn and a mother's-side cousin we had not seen since our last time through the hills leading to the mighty Rhine. We joined people of many nations for lunch in the cafeteria of the new headquarters of Deutsche Welle — the home base of the German TV we have been viewing these many years.

It was a rather hazy day when our tracks re-crossed the Rhine to have coffee and cake high above the river in the Grandhotel Petersberg, Königswinter. This internationally famous four-star hotel and conference center was once the showplace of the Allied occupation forces. Unfortunately, the rain and haze persisted and dimmed the normally spectacular view of the Rhine, the river traffic and the rolling hills to the west. All was forgiven the next morning with Sol in all his splendor for our next leg to Frankfurt.

Had we been on the Main Tower? No, then let's go. Home of the Landesbank Hessen-

Thüringen, the Tower is located in the center of the financial district and looks down on the Frankfurt Börse (Stock Exchange). This combo residential/commercial skyscraper rises 650 feet above the street topped by a television spike. The view from this height is fabulous even with the summer haze that engulfed the landscape. We could track the arriving and departing jets, identify Seligenstadt on the border of northwestern Bavaria and spot the communication towers on Grosser Feldberg a good 10 miles to the north. The Main River barge traffic was at our feet passing under the Alte Brücke connecting the old town to Sachsenhausen. An exhilarating experience 200 meters above the city — as good as flying, but ever so much more stable. Friday, Störche (storks) were on the schedule in Schierstein on the Rhine near Wiesbaden. Lo and behold, atop a small factory chimney, rigged with a small platform for the nest, there arose Mama stork and two young 'uns. We wondered, have you? "Who brings storks to storks?" With this mystery in the far reaches of our minds, we wound through the small villages and vineyards of the Rheingaugebirge to find Schloss Vollrads rumored to serve fine wines and repast to match. We substantiated the restaurant's fame at lunch — the bread and wine were superb.

Our departure early next morning for France had a dual objective — first, find my cousin and his boat, Quintus, and second, fulfill a long overdue promise to visit a former Duke University student and her parents in Boissy-la-Rivière, south of Paris. The fabulous but expensive French Autobahns made it easy. Learn how next month. 🍴

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Genealogical Society Helen Grollmusz

We, the members of On Top of the World Genealogical Society, received many favorable comments about Julia Hendricks's story in the August column of the World News. We are fortunate this month to have Janet Fragapane's story of a bit of history of New York in which she has a piece of wire that remained after the explosion of Flood Rock. She is honoring her grandfather and uncle by telling this true story and her nephew who took the time to explore the facts of this momentous event. The following is her contribution.

Working on one's family history is like a puzzle or a mystery. When you know who someone was, and then to have something they held, makes that person more alive.

I never knew my grandfather Theron Augustus Bingham or his brother Lloyd, they died before I was born. I have a tintype photo of them. What I know is that Theron was a successful businessman in Manhattan and that he lunched with the mayor. Lloyd was a Broadway actor, married to actress Amelia Smiley Bingham. Amelia had her own theater company.

In my glass-front china closet I have a small coil of wire, with some dried out crumbling insulation on it. Attached to it by

a cotton cord is a business card of a real estate with a E.125 Street, NYC address on one side. On the other side is the reason I kept this odd item. Written there is:

"Wire used in explosion of Flood Rock. On Saturday October 10th 1885. Taken by myself just 20 minutes after explosion from vein 20." Theron A. Bingham and Lloyd M. Bingham signed it. Having a card that my grandfather and uncle had in their hands and signed was enough for me.

My nephew Michael Breen from Oneonta, N.Y., was vacationing at Anna Marie Island, Fla. Finding that he would be only three hours south of us, Michael took the time to visit and stay over night. Michael noticed the wire and asked about it.

I could not add any more information of what Flood Rock was. He took down the information on the card and upon returning home looked up anything he could find on the date and anything about a Flood rock. At first he sent information on the computer about a mine blast in Utah with the two Bingham brothers. I told him, "No, that could not be it. As a businessman and an actor they would not have been in Utah. Whatever happened had to do with the New York area."

A few days later, "BINGO." Mystery solved by Michael, hunting. Our people had been witnesses to history. We held a piece of that history.

In the East River between Manhattan Island, Ward's Island and Long Island is a passage called by the Dutch settlers, "Hell Gate." It was so called because of the reef at low tide that caused whirlpools and eddies, rendering navigation dangerous, and having claimed one out of every 50 sailing vessels attempting to go through Hell Gate.

In 1851, Congress appropriated \$20,000 to clear the rocks. Work was started with surface blasting. That did not work to clear everything. In 1866 a survey saw that drilling was needed to be done. In May 1871 work was still being done. Dredging and grappling to the depth of 26 feet at low water. Hallet's Point Reef took place Sept. 24, 1876, and was followed by energetic work on Flood Rock or Middle Reef as it was

'The Last of Flood Rock,' a painting that depicts an event in 1885 in New York. The painting tells part of a story that Janet Fragapane and family members have tracked down about their ancestors.



also called. Twenty-one thousand feet of tunneling had been constructed and holes aggregating 113,192 feet had been drilled. Three-hundred thousand pounds of explosives were set. The result of the explosion that took place October 10, 1885, provided a channel of uniform depth of 26 feet through Hell Gate.

No photographers were around then. But Charles Graham painted the event in a piece entitled "The Last of Flood Rock." I now have a copy of that painting with a view from 87th Street. Mystery solved! Reading all this and that wire gave life to my grandfather and uncle. To know that they were there to see an important happening in the life of the City of New York.

Thank you Janet for sharing this great true story with us.

Since many of our ancestors came to America and arrived in New York, we have researched Ellis Island.org. I received a lovely e-mail from Polly Piskos in which she said that after reading our genealogy column, she checked out Ellis Island and found records for her husband's father, uncle and grandfather from Greece in the early 1900's. The last name was "grossly misspelled" (Polly's words), but she persevered. Thank you, Polly, for sharing the re-

sults of your hard work.

Since the Ellis Island records are from 1892 to 1924, people researching before that time period were not able to find what they were looking for. Records were kept in Castle Garden from 1820 through 1892, but were previously not available online.

Rene Beck let me know of know of Castle Garden's new Web site. She received this from her Clarion County, Penn., newsletter.

On Aug. 1, 2005, New York State's first immigration processing center, Castle Garden, will celebrate its 150th birthday. To celebrate this special occasion, the Battery Conservancy will launch its new Web site, www.castlegarden.org, where researchers can do online searches of the expansive database of Castle Garden passenger lists. This information was discussed at our August genealogy meeting.

Castle Garden first opened its doors on Aug. 1, 1855, and would see 8 million immigrants pass through her doors in her 34-year reign. The historical records used by Castle Garden.org are on microfilm and are held by and available for research at the U.S. National Archives and Records Administration, New York City.

Thanks to members for sharing. We'd be happy to hear your story, too. ☺



D'Clowns Paula Magen

While many of D'Clowns are still vacationing those at home took the opportunity to meet for a fun lunch at Candler Hills. We looked funny out of clown costume ... now, that's a laugh! It was neat catching up with vacation and travel stories and just each other.

July was our last clown outing and it was a blast. It's always fun to entertain children. They are adorable and spontaneous. D'Clowns performed for an hour and a half at College Park Elementary School summer session. There was JoJo (Jo Ciserano), BB (Betty Lehair), CoCo (Nancy Schilf), Rosie (Doris Mauricio) and Sunflower (Paula Magen) and they were in rare form. We did it

all for these well behaved terrific kids: Limbo Rock, the Chicken Dance, magic tricks, paper plate clown face crafts, tattoos, etc.

What was particularly hilarious was when Sunflower face painted six of the children to look like clowns and gave them clown wigs to complete the picture. Were they ever thrilled. Many snapshots were taken and an album was made for the teacher. D'Clowns have a duplicate album to share with members of the club. In exchange we received a thanks in the form of a laminated page with all the children's names. We hope to be there again next year.

It's already getting busy. Our first meeting is planned for September 19. In October we will be face painting at Lite the Nite Walk in the downtown square. We have participated every year in this worthwhile and successful cause sponsored by the Leukemia and Lymphoma Society. On October 31 there will be a Halloween party for kids at the Sheriff's office. We will be there for the kids with our face painting, tattoos and balloon sculpture. D'Clowns will also be scheduling shows and walk-arounds at the local nursing homes and assisted living residences. We enjoy being clowns and bringing laughter and smiles to all ages. We know there's a clown in you just bursting to get out ... so join us. You will get help with every aspect of clowning. Come to the meetings on the first and third Monday at 1:30 p.m. at the Arbor Conference Center in Rooms B and C.

For information call Paula 873-3433. ☺

Greetings again from the Ocala Clown Express ghost writer. This will be my last opportunity to share our experiences with you. Not only has Crickett returned, but also my clown hubby and I are moving back north. Our timing is strange: we'll stay here long enough to complete the hurricane season and get back north in time to meet the snow. Oh well, we're clowns!

To start off the month, we hitched up the little clown mobile, decorated it with polka dots and participated in a Fourth of July golf cart parade at Palm Cay. Sweet Pea fastened herself in the back and blew gigantic bubbles while Little Mo and Ho Lot Mo sat in front and kept the clown mobile from running over the curbs, lawns and spectators. It was great fun and we think we've found the perfect summer clown gig.

Soon thereafter, a larger group of clowns supported the Marion County Health Fair at the livestock pavilion. Although hot, the Southeastern Livestock Pavilion provided enough protection and the clowns were able to provide face painting, balloons and tattoos to all the children present.

The next week, the clowns who thought it was hot at the pavilion discovered what hot and steamy really meant. They joined the fire department and police at a special day for foster children at an outside event

with no cover. The clowns did their best to work their magic in the extreme conditions. The police brought their canine partners and demonstrated training methods for the kids. However, the most welcome treat was from the fire department — they sprayed the kids down with fresh water. What a relief on a hot day!

As a change of venue the clowns welcomed a new type of "gig." They celebrated the opening of the new Bob Evans Restaurant by having clowns in attendance for all three meals. The clowns greeted guests, entertained with table side magic, provided balloon creatures and hats to both customers and staff, and had good time as well themselves.

Last, but not least, four of our clowns supported the Marion County Children's Alliance on the square in downtown Ocala. The report is that there were "oodles" of children who scurried for tattoos, face painting and balloons.

This is a slow time for clown gigs, but the Ocala Clown Express is busy preparing for the upcoming fall events. They're focusing on a new program for the Munroe Hospital pediatric orientation, which provides hospital orientation and safety courses for first graders of Marion County.

There's always room for more clowns. If you would care to join us, please give Carol "Dotsy" White a call at 873-9223. During slow time, we use our time to prepare skits and upgrade skills, so it's a great time to join. ☺



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Don Sebastian will perform on September 25 at 3 p.m.

Comedian Kicks Off Entertainment Group 2005-05 Season

Ocala Regional Medical Center and the West Marion Community Hospital kick off the Entertainment Group's 2005-06 Show Series on Sunday, September 25, at 3 p.m.

Michelle James opens the show as she presents her cabaret-style musical revue. Michelle is well known to her audiences through her long association as one of the Walt Disney entertainers.

Opening the second half of this twin bill is Don Sebastian, a man of many faces and talents, and an entertainer and comedian par excellence. He has an uncanny way of keeping audiences in stitches and is a master storyteller who loves ethnic humor. His forte is his way with dialects. He is a truly great performer.

It was at the urging of a few residents who have seen Sebastian perform for the group to book his act. Tickets are on sale in the ballroom from 8:30 to 10 a.m. on Mondays, Wednesdays and Fridays. Thanks to the support of the Ocala Regional Medical Center and West Marion Community Hospital tickets are \$5 general and \$7 reserved. As usual, a limit of four tickets per purchase and are for residents of on Top of the World and their houseguests.

Due to limited seating no tickets will be available at the door so mark your calendar for sale dates. ☺



Theater Group Vivian Brown

Our first meeting of the 2005-06 year will be held at 2:30 p.m. on Monday, November 12, in Room D at the Arbor Conference Center.

This will be an open house and we invite all our members and any On Top of the World resident interested or would like to join our Theater Group to attend. You do not have to act or perform, there are many other important jobs behind the stage. Our dues are \$5 per year and they are due and payable at this time.

Even though our show is not until November, there is a great deal happening right now. Phyllis Huntington, our play director, at 854-7655, will have a tryout for the one-act play, "Selling the House Will be No Problem" by Bob O'Neal on Friday September 2, in Room D of the Arbor Conference Center at 1 p.m. We need three gentlemen and eight ladies. Here is your chance to become a star.

Jim Miller and Paul Muncy are busy moving, repairing and painting the screens for our backdrops. By the way, these are two really great guys. Barbara Mitola will then sketch the scenes on them and the rest of us will complete the painting of them.

All our musical review performers have been practicing diligently under the cheerful guidance of Jean Muncy, the director. I am amazed, impressed and thrilled at the skill, patience, commitment, time and devotion this talented woman puts into this show every single day. As president I want you to know, we are seniors and we are not professionals. We are your friends and neighbors, but we are working very, very hard to be the best we can be. So please mark your calendar and come see our show on Friday and Saturday evenings, November 18 and 19, in the Ballroom at 7 p.m.

Tickets will be sold Mondays, Wednesdays and Fridays in the Ballroom from 8:30 to 10 a.m., starting October 3. Reserved seats are \$6, and general admission is \$4 per person.

For ticket information, call Harry at 237-4721. No matter how hard we work, without you, our audience we are nothings. We are truly depending on you all to come. ☺



Bandstand Showcase Dean Gilchrist

Bandstand Showcase Announces Program For The Coming Season

It's not too early to think about the musical entertainment that will be available to you this coming season and I'm eager to tell you what Bandstand Showcase has arranged for 2005-06.

We ended last season with a full head of steam and proceeded soon thereafter to finalize contracts with a variety of really outstanding musicians.

For the opener, on Nov. 6, we will welcome back virtuoso clarinetist Allan Vaché and his jazz quintet from Orlando. We missed Allan last season and are glad to have him back.

On December 18, you'll be treated to a holiday concert given by conductor Grat L. Rosazza and the wonderful voices of The Marion Civic Chorale. This will be our third annual community-based concert. Admission is free, although we will ask for voluntary donations to benefit the Chorale's Music Scholarship Fund.

On January 29, we let out all the stops with "Sophisticated Swing," a 10-piece band from Jacksonville featuring vocalist Lisa Kelly. Lisa is a five-time Down Beat Magazine vocal soloist award winner. They will perform many of your favorite big band hits and also have a little fun with their Dixieland band within the band. Most of these musicians are employed or in some way connected to the University of North Florida College of Jazz Studies. They recently returned from a two-week concert tour in China.

March 3, 2006, will bring us a traditional Dixieland concert, but it will carry an international flair. "CanAmGer," an internationally based Dixieland band, will feature musicians from Canada, the U.S. and Germany. They played the Munich and Berlin Jazz festivals last year and you will find them very entertaining.

The season closer on April 16 will fea-



The 10-piece band Sophisticated Swing will perform big band hits January 29.

ture The Lenny Wilson Trio and vocalist Jymie Charles.

After last year's concert, I received an overwhelming number of e-mails, phone calls and comments insisting they come

back, making this an obvious choice.

That's not all the good news!

The prices for these concerts will remain the same as last year (\$5 for general admission and \$7 for reserved seating), thanks to the generosity of some outstanding local businesses.

Without help from the Barbara J. Young State Farm Insurance Agency, E-Z Ride Golf and Utility Vehicles, Ocala Carpet and Tile, Mike Scott Plumbing, Ocala Regional Medical Center and the West Marion Community Hospital, we could not offer you these outstanding values.

Except for Friday, March 3, 2006, at 7:30 p.m., all of these concerts are on Sunday afternoons at 2:30 p.m.

Now would be a good time to pull out your calendar and fill in your dates with Bandstand Showcase.

Dean Gilchrist is chairman of Bandstand Showcase and may be reached at 854-1440 or by e-mail at deanotow1@earthlink.net.

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Breakfast \$1.50 OFF Per Person <small>Minimum purchase of \$4.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/9/05 – Thurs. 9/22/05.</small>	Lunch \$2.00 OFF Per Person <small>Minimum purchase of \$5.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/9/05 – Thurs. 9/15/05.</small>	Dinner \$2.50 OFF Per Person <small>Minimum purchase of \$7.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/9/05 – Thurs. 9/15/05.</small>
Breakfast \$1.50 OFF Per Person <small>Minimum purchase of \$4.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/16/05 – Thurs. 9/22/05.</small>	Lunch \$2.00 OFF Per Person <small>Minimum purchase of \$5.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/16/05 – Thurs. 9/22/05.</small>	Dinner \$2.50 OFF Per Person <small>Minimum purchase of \$7.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/16/05 – Thurs. 9/22/05.</small>
Breakfast \$1.50 OFF Per Person <small>Minimum purchase of \$4.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/23/05 – Thurs. 9/29/05.</small>	Lunch \$2.00 OFF Per Person <small>Minimum purchase of \$5.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/23/05 – Thurs. 9/29/05.</small>	Dinner \$2.50 OFF Per Person <small>Minimum purchase of \$7.50 per person required with coupon. May be used for up to 2 people. Offer good from Fri. 9/23/05 – Thurs. 9/29/05.</small>

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**Irish
American Club**
C.M. Casey

Phrase: Cead mile failte romhat!
Pronounced: kade meela fall-cheh row-itt.

Meaning: A hundred thousand welcomes.

You are invited to attend the Irish-American Club's first social meeting of the 2005-06 season. This social event will take place on October 20 in the Health & Recreation Ballroom. This date has been selected with you in mind. It is our hope that all our neighbors will have returned from traveling and will be looking forward to a night of fun and cheer.

The food will be catered by Bruce. Tickets for this event will be going on sale for members on October 10 from 8:30 to 10:30 a.m. in the H&R Ballroom. This event is open to all On Top of the World residents and

tickets will go on sale on October 12 and 14 from 8:30 to 10:30 in the H&R Ballroom. Ticket prices and entertainment for the event will be announced later.

Come join us for fun filled evening!

Our new slate of officers for this season are: John Dieckman, president; Margaret "Marge" Moore, vice president; and Joe O'Brien, treasurer. At this time our membership is 200 strong. What a goal for our new officers to increase the membership for the year! If you are a new resident and would like more information about our club please contact John or any of our officers.

Now for a few news clips from Ireland, compliments of www.ireland-information.com.

As we all know the 2012 Olympic games have been awarded to London and there is a possibility that golf will be included as an event. If this happens Ireland is well positioned to take advantage of the number of competitors and tourists alike who would use many of the top Irish golf courses.

A. Fianna Fail, T.D. (a member of Parliament) wants all cars to be fitted with "Alco lock" devices. These devices will not allow a car to be started unless the driver is under the legal alcohol limit for driving.

The Irish economy is continuing to flourish and should grow 6 percent by the end of 2005.

The Web site used for this information is informative and quite interesting and I would highly recommend it.

Before closing I would like to wish on all of our members who are celebrating birthdays and anniversaries this month the very best.

Until next time, "May your troubles be few and your blessings be more." ☺



**Italian
American Club**
Fran Kostnik

The fall season is opening for the club on Wednesday, Sept. 7, at 3 p.m. in the Ballroom. As our new president, Mike DeBari, takes office, we are extending a welcome back to former members and inviting new residents who are of Italian descent and his/her partner to join the club. Each month there is coffee, cold drinks and doughnuts plus entertainment or a speaker for the members to enjoy and yearly there are several different parties. Come give us a try.

The kick-off event will be the Columbus Day Dinner/Dance on Saturday, Oct. 8, in

the Ballroom. Food will be served from 6 to 7 p.m. and dancing to The Paul Luciano Band from 7 to 10 p.m.

The On Top of the World Hospitality Division is catering this affair. There will be a cash bar open for dinner and until 9 p.m. As a convenience for our gathering, a bottle of wine may be ordered in advance and will be placed chilled on your table. A bottle of white Zinfandel, Merlot or Chardonnay will be \$12.78 each. Wine tickets can be purchased when buying dance tickets at \$17 per person with eight at a table. Of course, you can purchase drinks and wine by the glass on the night of the party.

Tickets will be sold at the September meeting for members and starting on Friday, Sept. 9, through Friday, Sept. 30, every Monday, Wednesday and Friday in the Ballroom from 8:30 to 10 a.m. The affair is open to all On Top Of The World Residents and their guests.

There will be a raffle of baskets filled with wine and Italian products at three tickets for \$5. A reminder to members to please bring any baskets or Italian goods you wish to donate to the September meeting. Everyone seems to enjoy this activity.

That's all for this month. Remember tickets are \$17 per person and will be on sale at the meeting with eight people per table. Advance wine tickets are \$12.78 per bottle.

Any questions please call Fran at 873-4104.

Ciao. ☺

Stephanie's Computer Tip for September

By STEPHANIE ROHDE

"Prt scr" is also known as a screen *shot, capture, or dump*. It can be a snapshot of the entire computer screen, or just a part of it — like a current "active window" or a dialog box. When you press the "PrtSc" key, the image copied to the clipboard is the entire screen *as is*. When you hold down the ALT key and then press the PrtSc key, only the active window or current dialog box is copied onto the clipboard. Consider practicing between [PrtSc] and [ALT + PrtSc] and pasting into WordPad or your favorite word processing program. This is a very useful tool to copy portions of the entire computer screen.

This tip brought to you by End The Clutter ETC
www.endthec clutter or call Steph at 873-2100



**New York/
New Jersey**
Terry Zarrella

Is everyone nice and rested after a summer of vacations and fun? I certainly hope so because our first meeting of the New York/New Jersey Club will be Tuesday, September 20.

Don't forget it is renewal time so bring your checks (or cash) on that day. The fee will be \$10 per person. Please try and come early for refreshments and have time to renew and get acquainted with our new residents and past members. The time is 2:30 p.m. This will give you ample time to social-

ize, have a cup of coffee and dessert.

This month we celebrate our Couple of the Month, Frank and Jackie Palotta. Frank has been president of our club and has accomplished many enjoyable events (he's great for delegating) and I learned so much from him. He's a pleasure to be around and his wife Jackie is one of the warmest women I've met in a long time. This couple is so unpretentious, happy, loving and giving. They are a pleasure to be around, not to mention Jackie's desserts. You will note that my hips are the results of her great baking.

The dress code for our meetings is quite casual so don't be thinking by looking at their picture (taken at one of our more dressier dances) is our way of attending our club meetings.

We invite all new residents from New York or New Jersey to join us in September. Our loyal members who enjoy a great day out with lots of fun and laughter cordially invite you to join us. We have already lined up our new season's schedule of entertainment. Tickets will be sold for our Tampa Bay Downs Trip at our October meeting. The tickets go fast so start saving your pennies now for this popular day trip in February.

November our tickets for the Christmas party will be sold. The entertainment featured this coming season will include some of your favorites and some new. Until next month ... stay well. ☺

OTOW Computer Classes

September — October

Course	Day & Time	Dates	Place	Instructor
Basic Computer	Tuesday 1-2:20 p.m.	10/11	Health & Recreation	Stephanie Rohde
Basic Computer II	Tuesday 1-2:20 p.m.	9/13	Health & Recreation	Stephanie Rohde
Basic Internet	Monday 1-2:20	10/10	Health & Recreation	Stephanie Rohde
Basic Word Processing	Thursday 1-2:20 p.m.	10/13	Health & Recreation	Stephanie Rohde
Computer Purchasing	Wednesday 1-2:20 p.m.	10/12	Health & Recreation	Stephanie Rohde
Computer Maintenance	Friday 1-2:20 p.m.	10/14	Health & Recreation	Stephanie Rohde
Outlook Express 1	Friday 1-2:20 p.m.	9/16	Health & Recreation	Stephanie Rohde
Outlook Express 2	TBA 1-2:20 p.m.	TBA	Health & Recreation	Stephanie Rohde
Outlook Express 3	TBA 1-2:20 p.m.	TBA	Health & Recreation	Stephanie Rohde

BASIC COMPUTER [For individuals new to computers and/or those considering the purchase of their first computer system] — introduces hardware, software, and Windows Operating System terminology. Learn to choose the best Internet Service Provider (ISP) for you. Learn to play Solitaire. If you have never used a computer mouse, this course is for you.

BASIC COMPUTER II — learn the difference between: CD-ROM, CD-R, CD-RW, DVD-ROM, DVD-R, DVD rewriteable, discs and drives; Word Processing, Spreadsheets, and Databases and how they interact with each other.

BASIC INTERNET [For individuals who are already familiar with a computer and mouse] — learn: the difference between e-mail, instant messages (IM), chat rooms, newsgroups and Web surfing; the meaning of browsers, favorites, bookmarks, and search engines; how to explore various kinds of Web sites and how to make a safe on-line purchase; how "on-line banking" and "bill-paying on-line" differ.

BASIC WORD PROCESSING — basic word processing via Microsoft Word. Opening, closing, "save" vs. "save-as," new, cut, copy, paste, shortcuts, views, page set-up, print preview, print, clipboard, headers and footers, fonts, page numbers, page break, symbols, bullets, numbered lists, tables, table of contents, and more.

COMPUTER PURCHASING [For individuals who are familiar with a computer and mouse] — Purchasing tips regarding what and why to buy, how and why to buy, and where and why to buy. Introduces the concept of connecting computers together (aka Networking).

COMPUTER MAINTENANCE [For individuals who are already familiar with a computer and mouse] — learn how to keep your computer working well for 5-6 years rather than only 2-3 by performing routine preventative maintenance. Learn daily, weekly, and monthly PC maintenance relative to the Windows Operating System you are using.

OUTLOOK EXPRESS 1, 2, and 3 [For individuals who are already familiar with a computer and mouse] — is an E-mail management software program. This course is not for Juno, AOL, CompuServe, or Wal-Mart Connect users. Please take these classes in sequence for optimal learning of the Outlook Express program.

- OUTLOOK EXPRESS 1** Learn how to: keep your Outlook Express program up to date; customize your main screen view and toolbar; create e-mail accounts; create computer user identities; use the windows Address Book — enter & edit contacts, create groups, backing up, organizing, printing electronic business cards.
- OUTLOOK EXPRESS 2** Learn how to: send respectful e-mail; customize your e-mail message screen view and toolbar; use the Drafts folder; use message priority; use plain and rich text; change fonts, styles, size, effects, and color; how to block, select, or highlight text; attachments & insertions.
- OUTLOOK EXPRESS 3** Learn how to: receive safe e-mail; create folders for e-mail organization; block senders; reply and forward respectful e-mail; open, save, and print attachments; understand e-mail message icons; use keyboard shortcuts.

The cost is \$25 per class per resident.

To register, visit the Activity Office in the OTOW Health & Recreation Center. Fees due upon registration.



**Pennsylvania
Club**
Pat Utiss

I hope you all had a great summer. It is hard to believe it will soon be September and the Pennsylvania Club will begin meeting again. The summer has gone so fast, but then again, when you reach our age, time always goes very fast.

Since our picnic was just about rained out

in May, we decided to complete the picnic in September. There will be two differences. No. 1, most of the picnic will be indoors. We will not worry about Mother Nature. The other difference is, no need to bring food. The club will supply hot dogs and drinks.

This will all take place at our regular meeting time and place, Wednesday, Sept. 14, at 3 p.m. at the Arbor Conference Center, Room E. We hope all of our members will be able to attend. We will be playing bingo, and if weather permits, our regular picnic outdoor games will be played behind the building.

This is also an open invitation for all new residents to come and learn about our club. We are the Pennsylvania Club, but being born in Pennsylvania or previously residing in Pennsylvania is not a requirement for membership. Some of our members have relatives from Pennsylvania, or spent summers in Pennsylvania, or just like our group. We welcome everyone, with our Pennsylvania Dutch hospitality. ☺



Harmonichords
Betty Barney

Another month and hopefully we will start to cool down. I will have been up in Connecticut visiting family by the time this World News is published and hope I have enjoyed cooler weather. One good thing about Florida and summertime is that everything is air-conditioned and we learn how to deal with it.

The Harmonichords will be starting up with our Tuesday morning practice and have a busy season ahead of us. We are getting ready for our concert in 2006. Keep checking Channel 19 for time and date.

Have you played the harmonica in the past or have you always been interested in learning? Come join us at our practice sessions and we know you will have an enjoyable time. ☺

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K.L.

"I now have confidence! Since coming to Town & Country Physical Therapy, I am steadier on my feet than I have been in years."

M.H.



Singles Club
Mary Carol Geck

I am still writing the Singles column as Garda Facci is on vacation until October. I don't think I mentioned in any of my last articles our new officers, so here they are: Viola Horton, president; Diane Karol, vice president; Helen De Graw, secretary; Carlie Cavanaugh, treasurer; and Ida Rosendahl, membership.

That is an awesome list of new officers and we should have a wonderful year of interesting, exciting, entertaining and diversified meetings and activities under their direction. Plan to pay your dues (\$8) at the September meeting, if you want your name to be in our



Southern Club
Charlotte Hancock

Hello all you southerners! It has been a long hot summer and hope everyone is well and raring to go for another year of food, fun and entertainment.

Our first meeting will be getting to know new members, catching up on news of the old members.



Computer Club
Sherry Surdam

During August we presented two new classes, to try them out and correct any defects before the official "season" began. The first class, "Mysteries of the Control Panel," ended up being so extensive that it required two sessions to complete! The control panel is one of the most interesting (and baffling) places in Windows XP. It can be a challenge to learn what each of the applets offers and we've attempted to give a little insight into the various functions.

The second class, created at the request of club members, was "Advanced Customization of the Start Menu." In it we explain

West Virginia Club

Carole Kameswaran

The West Virginia Club will hold its next meeting on Thursday, October 20, at 5:30 p.m. in Suites E, F and G of the Arbor Conference Center.

See the October newsletter for more details.

New England Club

Earle Fennessey

The first meeting, October 8, will be our yearly covered dish. Members will be called and asked what they would like to bring, so put your thinking caps on and surprise us.

If you haven't joined us before and are new to On Top of the World, we hope you will come also. We meet at the Arbor Conference Center on the second Friday of each month at 2 p.m.

We have high hopes for a great year. For information, call Earle Fennessey at 237-6092 or Marge at 291-2415.

yearbook. I have heard that the mid-month activity people have put together an interesting list of things for us to do. I am anxious to hear about them and all the Singles Club plans. So, please attend our September meeting and hear all about the exciting club news and greet old friends and meet new friends.

Coming Events

The September meeting will be at 2 p.m. Thursday, September 8, at the Arbor Conference Center. We will have two interesting speakers: one on Crime Watch and another on Leukemia and Lymphoma. The officers and board members will supply refreshments.

Our October birthday luncheon will be Thursday, October 13, at Juliette's in the Rainbow Springs Country and Golf Club. Time and price are pending. So, attend the September meeting for all the information. Tickets will be on sale at that meeting. This sounds like a real spiffy affair.

Mid-Month Activities

Thursday, September 20: a trip to the Ivy House and Boutique Lunch is Dutch treat. We will be car pooling and leaving at noon. A \$2 donation goes to the driver.

Thursday, October 20, there will be a boat trip on Captain Mike's River Cruise. The price is \$10. The cruise is from 2 to 4 p.m., then, Dutch treat dinner at Stumpknockers. We will be car pooling and a \$1 donation goes to the driver.

We will have our first pot luck supper of the season so dig out your best southern recipes and let's get cooking.

Our new officers are Charlotte Hancock, president; Jeannie Stanley, vice president; Joan Motchkavitz, secretary; and Arne Neilson, treasurer.

Catherine Brower contributed the recipe below.

Vegetable Salad

- 1 cup chopped onion
- 1 cup chopped green pepper
- 1 cup chopped celery
- 1 can LeSuer peas
- 1 can Shoepeg corn (Green Giant)
- 1 can French style green beans (cut green beans in 3 sections)

Dressing:

- 1 cup sugar
 - 3/4 cup white vinegar
 - 1/2 cup oil
- Cook until sugar dissolves and pour over vegetables. Drain vegetables. Refrigerate overnight.

how to make the start menu more organized by the use of subfolders under main category-type folders. We gave a few additional tips on how to further customize the start menu.

Both classes will be added to our website as PDF files when we're satisfied with them. Please visit the site at www.cccocala.org and click on the link, "PowerPoint Presentations" to see copies of all our classes.

Well, it's now September and the beginning of our fall/winter schedule. All meetings and classes are held each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Club from 9 to 10 a.m. Classes will be held most Saturdays during this period. On September 3, we will have "Out of the Box," a novice class. September 10 brings us "I Have a Computer - Now What?" presented by Maybelle Barber; "Accessing and Surfing the Internet Safely" will be held September 17 and Don Sommer's popular class on "Viruses" will take place on November 24. All members are welcome and encouraged to attend. If you have questions, there is always someone there with an answer!

The remaining meetings are Q&A and we welcome any and all questions. There is no such thing as a silly question. We've all been there and are happy to help.

Be sure to check the calendar on our Website frequently for the dates of our classes and for any scheduling changes that are inevitable.

Please join us! Dues remain at a low, LOW \$10 per person or \$15 for a couple.

Residents' Dance Club Hosts Gatherings

By MARY EHLE

There are a few interested people who think it will be fun to get together on a Sunday afternoon, for two hours, to listen to music and dance. These people want to raise funds to help the Travel Toppers and the Bingo Club. Both of these groups do things for all the residents of On Top of the World. These clubs have had some problems and the Travel Toppers seem to have had more than their share of troubles all of which were beyond their control.

The Bingo group needs new cards. The old ones are in bad shape and it is very costly to replace them. You can't just get a few. We have all the wonderful and very welcomed new residents and they need cards to play. The cards need to be purchased in a pack because if you don't then you have a lot of duplicate cards. These cards are very

expensive. The Bingo club is restricted as to how much money they can keep. They give back, to the players, all the profits and so they need help with big expenses.

This dance will be held five times this season. It will be on the third Sunday of September, November, January, March and April. The dress will be casual and the time will be 2 to 4 p.m. There will be something for everyone, singles and/or couples. Music will be provided by Roger Bourgault. He made his debut at the July Friendship meeting and he was super. There will be ballroom dances, line dances and fun dances. There will be fun for all. Everyone can do the Macarena or the chicken dance and who knows what else Roger might have for us.

Tickets are on sale in the Ballroom on Monday, Wednesday and Friday mornings from 8:30 until 10 a.m.



Square Dancing
Ellen Everhart

Your Square Dance Club has been active all summer with lots of special events and activities. For those of you that are new to On Top Of The World and are looking for a fun activity and a good way to meet friendly people, think about joining us.

If you think you might be interested we will have a free "Fun Night" open house coming up on September 28 from 6:30 to 8:30

p.m. at the Arbor Club. If you don't know how to square dance come anyway and get a feel for the fun we have. We plan to begin lessons for new dancers in October.

Our club made a banner raid to Oak Run recently and we had a great time there. Our ice cream social was a big success and we all had more than enough ice cream.

Several of our members have been traveling and attending dances as far away as Georgia and Tennessee. One thing about square dancing is that you can find a dance most anywhere you go. My spouse and I recently returned from a tour and cruise of Alaska. While we were in Fairbanks we were invited to attend a square dance there. Some of our members have danced in foreign countries and, although the language may be different, square dances calls are always in English. So you can dance anywhere in the world once you have had lessons.

For those of you who have just moved here we do a workshop on Wednesdays from 6 to 7 p.m. and then dance from 7 to 9 p.m. at the Arbor Club. We also dance on Fridays at the Health & Recreation Ballroom from 2:15 to 4:15 p.m. Our summer schedule for Fridays is over and we will be dancing every Friday beginning September 9. Come join us! Happy Squares to each of you and keep on dancing!

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Card Clubs & Games

Monday Afternoon Bridge

Lothar Lack

We have a friendly bridge game going on Monday afternoon and invite anybody who likes to play bridge to join us. For information call 237-0965.

July 18

1. Betty Morris & Fran Griswold. 2. Nel Bosschaart & Ruth Christman. 3. Sara Anderson & Gar Terheide. 4. Joni Jarvis & Mary Carol Geck.

July 25

1. Betty Morris & Fran Griswold. 2. Myrna Butler & Carol Thompson. 3. Sara Anderson & Gar Terheide. 5. Ruth & Lothar Lack.

August 1

1. Marie White & Ruth Christman. 2. Joni Jarvis & Mary Carol Geck. 3. Shirley Stolly & Esther Lang. 4. Agnes LaSala & Lynn Dietz.

August 8

1. Ruth Christman & Dolores Conrad. 2. Joni Jarvis & Mary Carol Geck. 3. Phyllis Bressler & Carol Thompson. 4. Geri Cassens & Joan Lord.

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

July 5

1. Eleanor Giardino, Phyllis Bressler 2. Myra Butler and Carol Thompson 3. Sara Anderson and Helen DeGraw 4. Marce Guerrein and Lee Sheffner

July 12

1. Shirley Johnson and Gar Terheide 2. Ida Rosendahl and Eleanor Giardino 3. Ruth Christman and Ellen Horman 4. Lynn and Ray Dietz

July 19

1. Gar Terheide and Mildred Lane 2. Phyllis Bressler and Eleanor Giardino 3. Betty Barney and Myra Butler 4. Ruth and Lothar Lack

July 26

1. Agnes La Sala and Lois Morton 2. Ruth and Lothar Lack 3. Lynn and Ray Dietz 4. Betty Barney and Myra Butler

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873.0073. Last month's winners are listed below

July 12

1. Ernie Lord & Doug Miller, 2. Marjorie & Bruce Benton 3. Ida & Bill Carlson

July 19

1. Ida Rosendahl & Dorie Swanson 2. Marjorie & Bruce Benton 3. Ernie Lord & Doug Miller 4. Edith & Bill Hunter 5. Liz Milleson & Jean Vaughn

July 26

1/2 (Tie) Joni & Ted Jarvis and Ida & Bill Carlson 3. Betty & Bill Raines 4/5 (Tie) Liz Milleson & Jean Vaughn and Doris Keathley & Mary Carol Geck 6. Doug Miller & Ernie Lord

August 2

1. Ernie Lord & Doug Miller 2. Liz Milleson & Jean Vaughn 3/4 (Tie) Ida & Bill Carlson and Joan Lord & Betty Raines 5. Dorie Swanson & Ida Rosendahl

August 9

1. Joan & Ernie Lord 2. Dorie Swanson & Ida Rosendahl 3/ 4 (Tie) Ida & Bill Carlson and Doris Keathley & Mary Carol Geck

Wednesday Afternoon Bridge

Fran Griswold

Our newest player to join us, Faye Shimpine, is probably as close to a native Floridian, as we shall see for a while. It is always a pleasure to welcome smiling faces to our group. Another smiling face was Mrs. Frost, the charming niece of our May Holtz, a summer resident of Wisconsin.

Wednesday Bridge and The Rape Crisis Abuse Center are most fortu-

nate to have V.B., one of the most generous and compassionate. V.B. are the initials for perhaps the very best. We meet each Wednesday at 12:30 p.m., and welcome all On Top of the World residents and their guests.

July 13

1. Esther Lang-5410 2. Phyllis Bressler, 3. Mildred Lane
Cons. Elsie Morick

July 20

1. Betty Morris-4910 2. Marion Wade, 3. Mildred Lane, 4. Stinson Frantz
Cons. Betty Frantz

July 27

1. Helen DeGraw-5290 2. Shirley Stolly 3. Mildred Lane, 4. Betty Frantz
Cons. Carol Thompson

August 3

1. Betty Frantz-4810 2. Marie White 3. Stinson Frantz 4. Fran Griswold
Cons. Pat Goltart

August 10

1. Barbara Mundeloh-4560 2. Connie Goss, 3. Aleta Klaros
Cons. Betty Morris

Wednesday Night Duplicate

Doris Keathley

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 851-9141.

July 13

1. Dorie Swanson & Bruce Benton 2. Joni & Ted Jarvis 3. Ida & Bill Carlson 4. Joan & Ernie Lord 5. Betty & Bill Raines

July 20

1/3 (Three way tie) Joan & Ernie Lord, Ida & Bill Carlson and Edith & Bill Hunter 4. Doris Keathley & Dorie Swanson

July 27

1. Dorie Swanson & Doris Keathley 2. Mary Carol Geck & Doug Miller 3. Joan & Ernie Lord

August 3

1. Margie & Don Hink 2. Joni & Ted Jarvis 3. Ida & Bill Carlson

August 10

1. Ida & Bill Carlson 2. Doris Keathley & Ida Rosendahl 3. Margie & Don Hink



Thursday Afternoon Bridge

Elsie Helwig

July 7

1. Annette Van Tronk 2. Betty Legg 3. Ruth Christman

July 14

1. Marion Turbin 2. Agnes La Sala 3. Ellen Horman

July 21

1. Dolores Conrad 2. Arline Duggan 3. Ellen Horman

July 28

1. Ruth Christman 2. Phyllis Bressler 3. Arline Duggan



Tuesday Night Pinochle

Viola Horton

On July 5, two new people joined the single deck players - Marge Cordas and Phil DeVito. Welcome. Join us if you like to play pinochle. We meet

at 6 p.m. Tuesdays in the ceramic room of the craft building.

June 28

Single Deck Winners

Lois and Vernon Uzzell

Double/Triple Deck Winners

Table 1. Alberta Sarris, Art Netto, James Nottingham
Table 2. Elsie Helwig, Dick Beury and Harry Harrington

July 5

Single Deck Winners

Millie Ferrell and Clarence Lietzow

Double/Triple Deck Winners

Table 1. Alberta Sarris Table 2. Ray Bock and Billy Swing Table 3. Carol Polanowski

July 12

Single Deck Winners

Carole & Joe Lacker

Double/Triple Deck Winners

Table 1. Alberta Sarris and James Nottingham Table 2. Marguerite Cox, Ray Bock and Billy Swing Table 3. Harry Harrington

July 19

Single Deck Winner

Carole & Joe Lacker

Double/Triple Deck Winners

Table 1. Alberta Sarris Betty Ruf Dick Beury Marguerite Cox and Ray Bock

July 26

Single Deck Winners

Carole and Joe Lacker

Double/Triple Deck Winners

Table 1. Ruth Christman Table 2. Ray Bock and John Berish Table 3. Dick Beury



Saturday Night Singles Pinochle

Elsie Helwig

We are looking for Single Deck Players.

July 2

1. Elsie Helwig 2. Harry Harrington

July 9

1. Carol Polanowski 2. Billy Swing 3. Jo Birnbryer

July 16

1. Ruth Christman 2. Anne Jagielski 3. Viola Horton

July 23

1. Carol Polanowski 2. Elsie Helwig 3. Betty Ruf

July 30

1. Billy Swing 2. Ruth Christman 3. Carol Polanowski



Friday Night Euchre

Joe Askenase

July 15

Four-Handed Game

1. Zane Barnet did it again, another perfect score of "60" points 2. (tie) Dave Engelhardt, Hank Kolb, Dick Torzewski 3. Pat Snable 4. Clarence Lietzow 5. Mary Nichols 6. Bill Eberle 7. Dick Beury 8. Carol Polanowski 9. Helen Foskett 10. (tie) Edith Kolb, Jerry Pinter

Five-Handed Game

1. Pat Luis had a perfect score 2. (tie) Vi Horton, Lee Morgan 3. Ray Bock

July 22

Four Handed Game

1. Clarence Lietzow was unbeatable and gathered "60" points 2. (tie) Zane Barnett, Jerry Pinter, Billy Swing 3. Mary Nichols 4. (tie) Rita Pinter, Carol Polanowski 5. (tie) Marcy Askenase, Pat Snable 6. Joe Birnbryer Six-Handed Game

1. Lee Morgan was perfect! 2. Virgil Taylor 3. Diana Riegler 4. (tie) Pat Luis, Rich Miles 5. Hank Kolb 6. Jay Hartz

July 29

Four Handed Game

1. Helen Foskett 2. (tie) Pat Snable, Billy Swing 3. (tie) Carol Polanowski, Jay Hartz 4.

Edith Kolb 5. David Englehardt 6. (tie) Genny Brenner, Clarence Lietzow, Jerry Pinter 7. Jo Birnbryer 8. Richard Miles

Five-Handed Game

1. Maria France 2. Vi Horton 3. Lee Morgan 4. Pat Luis

August 5

Four-Handed Game

1. Billy Swing 2. Clarence Lietzow 3. Hank Kolb 4. Marie Marquis 5. Richard Beisler 6. Gitte Agarwal 7. Rita Pinter 8. Mary Nichols 9. Helen Foskett 10. Carrie Beisler

Five-Handed Game

1. (tie) Edith Kolb, Dick Beury 2. Marcy Askenase 3. Bill Eberle

Six-Handed Game

1. Richard Miles 2. Maria France 3. Virgil Taylor 4 (tie) Ray Bock, Lee Morgan



Cribbage

Dorothy Skillman

July 15

1. Gar Ferheide 2. Walter Eremich 3. Luke Mullen 4. Herb Pastin, 5. Margie Saxon Consol-Doris Ferheide

July 22

1. Dorothy Skillman, 2. Ed Fullmer, 3. Gar Ferheide, Consol Elsie Helwig

July 29

1. Sheila Howell, 2. Doris Ferheide, 3. Alberta Sarris, 4. Judy Ovrebo
Cons. Ruth Christman

August 5

1. Luke Mullen, 2. Margie Saion, 3. Anne Jagielski, 4. Ruth Christmann
Cons. Sheila Howell

August 12

1. Glenn Saxon, 2. Anne Jagielski, 3. Margie Saxon & Luke Mullen
Cons. Ruth Christman



Mah Jongg

Mary Ehle

The fall tournament is almost here. It will be on Saturday, October 1. It is an all day affair beginning at 8:30 a.m. and gets over about 4 p.m. It is a day of fun. Lunch is included in the price of \$20. You need to choose ham, turkey, tuna or a chicken salad sandwich. These are all served on croissants. Be sure to make your selection when you sign up. Please don't wait until the last minute because there are a lot of things involved.

As always I would like to see a bigger crowd each year. Round up all your friends and come and play for the day. You won't be sorry.

Remember we can always use snacks for the dessert table and/or the breakfast table. Pat Griffith is taking unwrapped gifts for the door prizes. Just give them to her or to Margaret Orlando and she will get them ready. Looking forward to seeing you all.



Driver Safety Program

October 3 and 4

November 7 and 8

MR3 8 a.m. to noon

\$10 per person to register

Call Bob, 854-4859, or Sherry, 873-4488



Taste Buds
Marcia Miller

I collect recipes. And I find them in some of the most unlikely places. A free paper called the Country Register features quilt shops, needlework shops and stamping. It also includes recipes. This month's recipes are all from past issues of this paper.

Baby Food Sheet Cake

3 eggs, well beaten
1 ¼ cups oil
2 cups sugar
1 teaspoon salt
2 teaspoons baking soda
2 teaspoons cinnamon
2 cups flour
1 jar each of baby food apricots, apple-sauce, carrots

Frosting

3 ounces cream cheese
½ cup butter
1 teaspoon vanilla
2 cups powdered sugar
Mix all ingredients for cake together, place in sheet cake pan and bake 30 to 35 minutes at 350 degrees. Cool on rack. Cream ingredients together for frosting and spread on cooled cake.

Tropical Drop Cookies

¾ cups sugar
¾ cups Crisco
2 eggs
¾ cup brown sugar
¾ cup shredded carrot
¾ cup raisins
¾ cup drained canned crushed pineapple
1 cup flour
½ cup coconut (optional)
½ cup star fruit, chopped fine
1 teaspoon baking powder
Pinch of salt
2 cups Basic 4 cereal, crushed
1 teaspoon nutmeg
1 teaspoon cinnamon
1 teaspoon crushed cloves
1 cup rolled oats

Mix sugar, Crisco and eggs. Mix all dry ingredients and gradually add fruit. Mix well. Drop by spoonfuls onto ungreased cookie sheet. Bake at 350 for 8 to 10 minutes.

Note: if you can't find star fruit, just use a little more of the other fruits to make up the difference.

French Toast Croissants

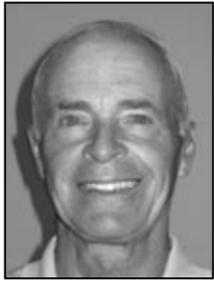
I found this recipe in the Country Register. It is compliments of the Azalea House B & B in Palatka. This is a make-ahead recipe. It needs to sit overnight before baking.

6 croissants
Cream cheese
Orange marmalade
5 eggs
1 cup half and half
1 teaspoon almond extract

Glaze

¼ cup orange juice
¼ cup orange marmalade
Cut open croissants and spread with cream cheese. Spread each with 1 tablespoon orange marmalade. Place upside down in a baking dish. Beat together the eggs, half and half and almond extract. Pour over croissants. Let soak in and turn over.

Place in refrigerator over night. Bake croissants at 350 for 15 minutes. Prepare glaze by mixing orange juice and marmalade in small saucepan and heat till orange juice reduces and glaze becomes thick. Pour glaze over croissants and bake 10 minutes more. Top with sliced almonds if desired.



Favorite Recipes
Dinner Club
Luke Mullen

Dizzily delicious menus! These are some of the words that could be used for the planned meals greeting the July 30 Dinner Club participants. Additionally, this month marked the first time that two concurrent dinners were held. Jean and Joe Breslin and Aldona and Norbert Sachs were our hosts for the last Saturday in July.

The first hosted dinner was held at the home of Jean and Joe Breslin. The evening began with a selection of hors d'oeuvres created by Ceci and Bob Marsh. They included stuffed mushrooms with breadcrumbs and dried sausage, prosciutto ham and cream cheese; deviled eggs topped with black olives and stuffed mushrooms with spinach and feta cheese.

The meal began with a delicious beet salad on a bed of greens sprinkled with almonds, which was made by Barbara and Joel Haag.

After the salad, the entrée was served. At this point Jean and Joe Breslin prepared and served an entire ethnic Polish dinner. The first delicious dish was Pierogi. It is made up of potato and cheese encased in a light dough, sautéed golden brown and then served with sour cream. Accompanying this was Golombki, which is made with rolled cabbage that has been stuffed with ground beef, pork and veal and then baked in fresh tomato sauce. Kielbasa served with horseradish was mixed with Kapusta. Kapusta is sauerkraut cooked with salt pork, onions and fresh cabbage. Kura was the final dish for this entrée. Kura is baked chicken in a creamed mushroom sherry sauce.

Dessert, which was brought by Kathy and Luke Mullen, was a delicious chocolate cake. The Breslins added chruchiki, a light cookie and a homemade Polish cordial called Wisniak.

The second hosted meal of the evening was held at the home of Aldona and Norbert Sachs. This wonderful meal was kicked off with an array of hors d'oeuvres made by Gitte and Paul Agarwal. They included roasted almonds and piggyback ham, cheese and olives served on a toothpick. An appetizer of roasted peppers with feta cheese was served on toasted baguettes. Aldona and Norbert next served a scrumptious iceberg lettuce salad with carrots.

The main entrée followed the salad. Aldona and Norbert created a Hungarian Goulash. The German homemade noodles called spaetzle highlighted this dish. The Hungarian Goulash, which was beef stew with paprika and sour cream, was then served over the spaetzle. Aldona and Norbert served a vegetable dish of sweet and sour red cabbage with this entrée.

Following the meal, Sylvia Andrews and Oliver Aube provided the dessert. This was a Key Lime Pie served with a dollop of whipped cream accompanied with a Persian lime garnish. After coffee a cordial of Underberg was also served.

If you have any questions or would like to join our Club, please call Luke at 291-8625 or contact one of your participating neighbors.

Resident to Give Talk on Spain at Appleton on October 2

Norman Berdichevsky, an author and part-time resident of On Top of the World, will present a talk on Spain at the Appleton Museum of Art on Sunday, October 2.

"Spain's Remarkable Cultural Diversity of Peoples and Regions" will be from 2:30 to 3:30 p.m. The lecture is free with museum admission. Museum members get in free and admission for seniors age 55 and over is \$4.

Berdichevsky has written several books, including "Spanish Vignettes" about the culture, society and history of Spain.



Photo by Larry Resnick

Joe Berger, On Top of the World resident and chairperson of the all-volunteer Community Patrol group, is shown above in a Marion County Sheriff's Patrol cart. Community Patrol needs more volunteers. Their next meeting September 12, at 3 p.m. in Suites B and C in the Arbor Conference Center.



Citizens Emergency Response Team
Caroline Scott

Last month our team practiced out in the field finding addresses and relaying any damage back to the Incident Command Center. This month we followed up by holding a very important drill at the Arbor Club, reviewing our skills in first aid.

Ten safety officers from the Sheriff's Medical Strike Team observed and were there to assist, if necessary, 25 volunteer

"victims" from On Top of the World and surrounding developments, and two artists. These "victims" were made up to resemble medical problems such as stroke, shock, serious head wounds, bruised elbows, broken legs with bones exposed, screws going through hands, and many various deep cuts on faces, legs, and arms. These are the types of problems that would be encountered in the aftermath of any disaster.

Our team had to assess each injury and treat each "victim" accordingly. They performed this task with accuracy and precision.

On Top of the World residents should thank the CERT team for the dedication and concern they show for their families and neighbors' welfare by learning all these skills and keeping their knowledge honed and current.

Special thanks goes out to the 25 "victims" who came and gave of their time to help and make the drill more realistic with their moaning, crying and screaming. I suspect that they had a lot of fun doing their part.

You are always welcome to attend our meeting on the second Tuesday of each month at 9 a.m., Room E at the Arbor Conference Center.



Bingo
Bunny Barba

What do you know! Bingo has a new "caller," none other than that famous showman and entertainer Hank Kolb. In spite of a tough crowd Hank did a great job and we thank him for volunteering. We know he forgot to drop the number balls once, big deal.

All our bingo callers work very hard and many players blame the caller for not picking out their numbers. Well, it is not his fault if you have lousy cards.

As a matter of fact, Bingo does need new cards urgently. Cards are very expensive

and right now the committee is trying to raise money several different ways. There will be a dance on September 18 to help raise money for Travel Toppers and Bingo. In addition there will be a box located on the stage Wednesday evenings for anyone who cares to make a donation.

Remember all the money charged for each card is given back to the players. Funds for equipment and cards must be raised from additional sources. Help out if you can.

Wednesday, July 21, was Ernie Barba's 81st birthday. We all sang Happy Birthday but he didn't win anything so I bought him a present.

One of our new residents, Jeanne Stanley, managed to win twice at bingo for a grand total of \$111 and get herself engaged to be married.

Cathy Grzeszczak baked her own birthday cake for the gorgeous gourmets and shared with whoever stopped at the table.

Did you know there are no "N" s in the letter N bingo game and you can't make a block of nine without a free space?

Next month I will bring you a complete history of the Origins of Bingo. Stay tuned.

If you have any money you want me to have, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com.

May the wizards of bingo bring you good luck always in all ways.

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By Appointment



For Sale

Annual Garage Sale: Saturday, Sept. 17, 10 a.m. to 3 p.m. Rain backup: Saturday, Sept. 24. Yard tools, office odds/ends, kitchen stuff, collectibles, and miscellaneous treasures. Friendship Village, 8832-A SW 94 Lane.

Expensive Runner: 10-by-3-feet, gray and mauve. Cost \$500. Call 854-0708.

Furniture: 42" round dinette table with 2-12" leaves, 4 upholstered chairs, \$199; 30" gas self-cleaning range, like new. 237-7758.

Furniture: 4 kitchen bar stools with backs. Beige print. 237-5957.

Furniture: Pipe porch lounge, chair and ottoman. \$50 or best offer. 237-4721.

Furniture: Double bed with new Hollywood frame, rarely used, \$100 or best offer. 873-3145, leave message.

Golf Balls: Like new condition. Nike, Titleist, Calaway \$8 dozen; Topflight \$7 dozen, assorted \$6 dozen. Lou at 854-8425.

Lawn Mower: Less than 1 year old, used 5 or 6 times. \$50. 854-7568.

Luggage: Tumi, 29", wheel-a-way wuiter (used two times), will sacrifice. Perfect for long trips. Cost \$400. Call 854-0708.

Magnifier: Dazor with floating arm on floor pedestal, circle light around magnifier, very good condition. Cost \$395, sell \$189 or best offer. 895-0893

Misc. Items: 6' wood ladder, \$5; ladies Schwinn bicycle, 18 speed Crossfit, used very little, \$125. 854-5535.

Misc. Items: Telesensory magnifier, executive desk chair with arms, adjustable, blue tweed; musical bears; various music boxes, Hummels and Disney figurines, brass India bells and elephant bells, needlepoint pillows. 854-5805.

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 8700 SW 99th St. Rd., Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (on east side of the Golf Pro Shop) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Moving Sale: Living room, dining room, bedroom furniture and other miscellaneous. Golf cart, barbecue. 291-2500 any time up to Sept. 8.

Pet Carriers: one medium-large \$12, one small \$8, crinkle tunnel \$7, fabric dome collapsible tent with bright cat print \$12, 854-4508.

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Transportation by Bill: Dependable driver to medical and hospital appointments. Call Bill, On Top of the World resident, 854-7516.

Transportation by Helpful Hand: Transportation to and from local destinations - doctor, grocery shopping, airports, etc. Call Diane at 237-8077

Transportation: Love to help with your traveling needs to airports, appointments, errands. References. Call Betty 861-1163

Transportation: Will drive you to airport, doctor's appt., etc. Available after August 17. 854-8708

Transportation by Jan: Let me fight the traffic: stores - hospitals - personal shopping. Jan. 854-0491.

Wanted

Banjo/Uke lessons. 861-187.

Coin collector wants to buy old coins, gold and proof sets. OTOW resident. Ted at 861-6964.

Moving in or moving out? Grandmatic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Call Susan or John, 873-9796.

Guns & Knives: On Top of the World resident interested in buying guns & knives, any condition. Call 854-2555.

Wanted to buy: Slide projector in good working order. 873-3945.

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. Call 873-0303.

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Stitch Witch Quilters
Ann Weldishofer

August 8 was a very busy day for the OTOW quilters! We began at 9:30 a.m. with a workshop making quilted Christmas stockings for our Quilts Alive in 2005 quilt show boutique. Ruth Kenney taught this workshop, and the results were great. Several of the ladies will be making more stockings at home, now that we have the technique down, so there will be a good selection at the boutique.

Our monthly meeting began at 1 p.m.

The beautiful raffle quilt is finished, and we have primarily Betty Pettit, Virginia Braun, Grace Hansen, Mildred Ford, Hilde Kollar, Dottie Hinde, and Ruth Flack to thank for all the appliqué and hand quilting that went into it. All the ladies are to be thanked for making the pieced blocks and the other work they added, too. It was truly a group effort.

The raffle will take place at our December 6 Christmas luncheon, and the quilt will be on display at the October 22 Quilt Show.

Tickets will be sold at that time, too.

Betty announced the intention for all of us who work at the Quilt Show to have matching nametags, so attendees will know who to direct questions or comments to, and also who are workers at the boutique.

Betty also informed us that Tekla Krause, who had been working as co-chair of the show, had an accident, and while she is on the mend, will be unable to do much for some time. We all wish her a speedy recovery.

Dot Hinde gave us information on our options for the Christmas lunch, and is waiting for the details from one or two places. The decision was deferred until the October meeting.

However, it will be on December 6.

Remember, October 22, in the main building at the Arbor Club, from 9 a.m. to 3 p.m. for our Quilts Alive in 2005 show.



Crafty Ladies
Dot Tripp

Last month our home computer developed an illness and didn't survive, so I wasn't able to write a column. We now have a new computer and can submit our club news using modern techniques. Due to the generosity of Edna, Dorothy, Edith, Jennie and others who did not give their names, our "giveaway table" has been a very busy place this summer. Thank you, one and all, for your donations. Every time we receive a box or bag, it's like Christmas morning — you don't know what's in the

package but you know it's going to be something wonderful and useful.

Two of our Crafty Ladies members also participate in the Tuesday morning Arts and Crafts sales group. They have been busy all summer preparing for the fall opening of that weekly sale, which will start on September 6 at 9 a.m. in the Health & Recreation Ballroom. Fran is tating away, making doilies and many other lovely tatted items. Dot is sewing potholders of different colors and prints. She was never able to find a potholder that was flexible enough to securely wrap around the handle of a pot, so she decided to make her own. Then she thought that if she herself felt that way, other folks might feel the same, and has made and sold her potholders ever since. Our knitters are still knitting for charitable causes — headgear for children, scarves and hats for merchant seamen, lap robes for nursing home residents, little hats and blankets for preemies, etc. We are a busy and productive group. If this sounds like something you'd be interested in doing, join us on a Wednesday morning in the Card Room of the Arts & Crafts building. We meet from 9:30 to 11 a.m. year-round. For more information call Dot at 854-4913.

Talk to you next month — in the meantime, do your best to keep happy, healthy, and "crafty."

During the summer we searched the Bible for references to the Holy Spirit. There were many, and they were found in the Old Testament as well as the New.

In August we began examining St. Paul's letter (epistle) to the Ephesians.

The average summer attendance has

Fellowship Bible
Alice Geyer

been about eight per week. There will be no class Monday, September 5, Labor Day. Resuming September 12, we expect the annual return of vacationers to begin. Welcome back everyone!

New members and guests are always welcome. Come when you can. We meet Monday afternoons from 3:30 to 4:30 p.m. in Meeting Room 3 in the Craft Building.

If you forget to bring a Bible, our leader, Kurt Klein, usually has an extra to share.

For more information call Mabel Johnson at 873-0642 or Alice Geyer at 237-3059.



100 Grandparents
Barbara Greenwood

Summer break has ended, and the children are back in school. On September 22, we will be back to school also. We will be at Romeo Elementary School in Dunnellon for the annual Altrusa read-in.

From talking with many of the volunteer "grandparents," we are ready and looking forward to it with much enthusiasm. It's an exciting occasion for us. There will be new faces, some new teachers as well as many we have already had the pleasure to work with, the wonderful staff and great books to read. The majority of our "grandparents" will be returning to the teacher they were with last year, but some changes have been made.

Our main goal is to make reading exciting and interesting. We encourage the children to choose a book from the Learning Center that piques their interest and take some quiet time each day and read.

The dates for this 2005-06 school year are, and please mark your calendar: Sept. 22, Oct. 13, Nov. 17, Dec. 8, Jan. 12, Feb. 9, April 13 and May 11. Remember, there is no visit to the school in March because of FCAT testing.

We'll meet in our usual place, by the tree in the Health & Recreation Center parking lot at 9:15 a.m. We depart as soon as the

school bus arrives.

Please keep clipping those Campbell soup labels with the picture of the Campbell soup kid, and the part of the General Mills product that says "Labels for Education" or "Box Tops for Education." You will find them on General Mills cereal boxes, Pillsbury and Betty Crocker products, V8 Juice, and Green Giant products, just to mention a few. We very much appreciate the time you take to do this and deliver them to the "Red School House" located under the stairs in the H & R Lobby. Our group delivers them to Romeo, and the school receives 10 cents per label, which benefits the students. Thank you everyone for supporting this project.

For further information, please call Barbara at 873-2819.



Wood Shop
Ray Utiss

This month I am writing about a crew that does not get the attention they deserve. In the past, I discussed the items the directors have done. Now I will discuss a new group.

The clean up crew is made up of all volunteers and some members may not even be aware of their work. They are called and asked to come in and clean up the shop. This is a weekly process and the calls are made on a rotating basis. When you are called to help, please say yes, and show up. It is not a time consuming job, and you can actually have a good time. When you are finished, you will have a feeling of accomplishment.

The clean up chairman has been doing a very good job of calling and getting helpers. He personally checks our Wood Shop seven days a week, in order to keep it looking as nice as it does. It would be greatly appreciated by them if all members clean up after they are done using the Wood Shop. If we all do our share, we will continue to have a great Wood Shop. If you are able to spend more time, to help clean the shop, please let it be known to the clean up committee. I do have some insight into the goings on, and I will just say "Thanks, Vince."

Remember to mention your Wood Shop to all new residents. If you have a comment on this article, you can e-mail me at grandmaandraisin@cfl.rr.com.

We look forward to a good year of friendship, harmony and activities. Welcome back to all who vacationed away.

American Jewish Club
Erwin Fluss

Our September 18 meeting will feature Toba Hackett, who will present a square dance program. We'll meet at 2 p.m. in the Arbor Conference Center. Refreshments will be served. Please bring your \$5 membership dues for the year.

Reserve Sunday, October 2, for a holiday dinner. Look for details at our next meeting. This will be instead of the normally scheduled October meeting, due to the high holidays. Members and their guests are invited.

We invite all members of the Jewish community and their spouses to join our club. For club information, Dorothy Bresky, our sunshine lady, invites your call 854-0284.



Sewing Bees
Eileen Vanderbosch

Hopefully by the time this hits the newspaper, the long hot summer will have cooled down somewhat. Hope some "Bees" on vacation will have picked up some interesting items for us to consider.

Our first seasonal meeting will be September 1, including social, with dues of \$7 to be collected. Our first project in September will be a puppet workshop, with a prep class for Marilyn's Christmas table runner. Hope all the "bees" will come "buzzing" around for the September 1 get together.

As a reminder of our sort of "sister club," the On Top of the World quilters will present a quilt show on October 22 at the Arbor Club, not to be confused with the Trash & Treasures show at the Arbor Conference Center. They will have the large room at the clubhouse available with quilt items on display including the raffle quilt as well as a boutique where you can contain some beautiful hand made items for gifts (Christmas is not that far away). So, don't forget to visit the clubhouse as well as the Conference Center. You will be very glad you did.



Arts & Crafts
Loretta Troutman

Once again, we're back in the Health & Recreation Ballroom every Tuesday morning from 9 a.m. until noon with our hand-crafted items.

Over the summer, we've all worked to complete new items in our individual crafts. Each of us will set up our display of an assortment of whimsical, beautiful or practical items for your household or gift giving. Come get acquainted. If you are a crafter and would like to join our group, please call Rene Beck at 854-4918.

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