

On Top of the World NEWS

Where the News is Always Good

D'Clowns continue to have fun during the summer, Page 14.



Vol. 20, No. 2 • August 2006

Community News & Update

By Kenneth Colen
Publisher

CIRCLE SQUARE COMMONS UPDATE: Work is winding down on the Encore Learning Center at Circle Square Commons. We are planning the first event in the coming days. Watch for details. The Master the Possibilities programs that have been running so successfully will be expanded and move to their new home at the Encore Learning Center. We are staffed with a fulltime director charged with running the numerous programs and to develop new courses of relevance and interest. Stay tuned for the latest schedule of classes and programs offered by the Master the Possibilities staff.

The Circle Square Cultural Center is over the hump and is anticipated to be delivered in mid-November. The Ranch Fitness Center & Spa is on track for an October opening. We will keep you updated with new developments as they occur.

The facilities at Circle Square Commons will be open to all On Top of the World Communities' residents and we certainly will encourage broad participation in many of the programs.

MASTER THE POSSIBILITIES: August is hot — especially when it comes to our educational opportunities here at On Top of the World Communities. If you haven't experienced our classes, this is a great time to start. If you are already one of our "students," you will have wonderful new offerings to experience. August has 19 different classes/lectures/presentations; 13 of these are free; 15 are brand new! We believe that if you try it once, you will certainly come back for more. It's a "cool" way to experience our summertime!

INSURANCE UPDATE: Following my recent letter to members of the On Top of the World Central Owners' Association we have had many inquiries regarding both the ability and inability to bind additional loss assessment coverage. It appears that both the Hartford and Nationwide will write up to \$50,000 in loss assessment coverage (at very nominal costs), while Allstate and several other companies will only write \$1,000.

There may be a possibility that your carrier will offer a product called "extended protection" that in effect offers another layer to loss assessment coverage. It was pointed out to me by a local insurance agent that all the insurance company may require is a letter from the Association stating that there are "no losses, unreported losses, and ongoing repairs" currently pending. We have drafted such a generic letter entitled "Association Letter Verifying No Losses" and will post it to www.OnTopoftheWorld.info. You may print this letter and provide it to your local agent.

The point of my recent insurance update letter was first to inform residents of the state of property insurance markets in Florida. The second point was to provide ideas for a strategy for individual owners to possibly mitigate some of the uncertainty we are all left with when insurance markets are in turmoil. If you can get higher limits on loss assessment coverage, that is good. If you are not able to obtain a higher limit of coverage, no harm is really done either.

GOLF CART RULES: See Lynette's article for an update on the golf cart registration process. This is nothing new as we have rules currently in place. Our purpose is to make residents aware of the importance of responsible operation of these "alternative" vehicles. Particularly, we are interested in nipping in the bud the practice of allowing underage drivers to operate golf carts.

LINKS COURSE UPDATE: We have begun the process of altering the 17th fairway on The Links course. It should be a beneficial change for any player that favors a slice (or as one resident called it, a "power fade"). The plan is to move quickly and minimize disruption of play. The green will be double sprigged for a rapid grow-in.

SCAM UPDATE: It seems the latest scam is telemarketers calling residents and identifying themselves as being a representative of the "On Top of the World Water Plant." Nothing could be further from the truth!

No representative of any entity involved in delivery of water services, either CSW Management Company or the Bay Laurel Center Community Development District, will ever call you for marketing or sales purposes.

We attempted to make contact with the company making the calls but were unsuccessful. We can assume that the point of the calls was to sell residents water treatment devices or services. Certainly this type of marketing is deceptive and may even be illegal.

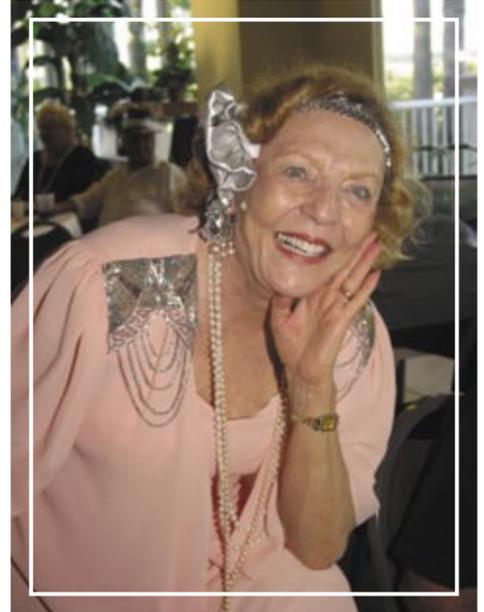
If you are contacted by telemarketers purporting to represent any company affiliated with or doing business with On Top of the World Communities, please report it promptly to our Customer Service representatives. If you can, obtain the company name and number and a contact person.

Before you make any appointment for a sales call, make sure you thoroughly investigate the

➔ Continued on Page 7



Adoring flappers Marie Monroe, left, and Helen DeLuca greet Ken Colen.



Jeanne Stanley gets into character.

Photos by Larry Resnick

HAPPY HOUR BRINGS BACK THE ROARING 20'S

By DEBBIE CLARK
ACTIVITIES DIRECTOR

You all made this themed Happy Hour such a huge success it will be on next year's calendar. Lisa and I cannot believe the number of residents who dressed for this event.

A big thank you to all of you who dressed up and also to all of you who attended this Happy Hour. We were entertained by the sounds of the Mitchell Jazz Quartet who brought us the wonderful sounds of jazz. Our own Friendship Catering served a wonderful meal of tossed salad, boneless short ribs, mashed potatoes, mixed vegetables and a decadent chocolate layer cake. Kudos to Chef David, Chef Greg and staff.

During the evening we had a costume contest and the winners for the best costumes were Kenneth and Sandra Cox. After this we had a traditional Charleston contest and the winners for our first ever Charleston contest were Smokey and Gloria Wist. Congratulations to all of you.

Last but not least what would a speak easy be without being raided, and raided we were by our own resident officials headed up by Joe Berger, and of course they arrested the owner of the establishment which just so happened to be Mr. Kenneth Colen, I hope the fines were not too expensive.

Please watch my article and the Happy Hour posters for more of our themed Friday evenings. We have a themed Happy Hour once a month and the next one will be on Friday, August 18, which will be Woodstock Revisited. I hope to see you there. 📍



Elliott Barbour, Fred Schultz, Ken Colen, Joe Berger and Jim Miller dress the part.



Candler Hills residents enjoy a summer social gathering.

Photo by Larry Resnick

First Candler Hills Summer Fling A Success

By DEBBIE CLARK
ACTIVITIES DIRECTOR

I am happy to say that the Candler Hills Summer Fling was a huge success!

There were 83-plus residents in attendance and a good time was had by all. Entertainment for the evening was provided by DJ Robert Arthur who played a wonderful assortment of music. We even had line dancers and polka dancers on the dance floor. Hopefully the next time more

people will get up and dance. This first summer fling was more or less a chance for all of the residents to meet their neighbors and have a good time.

Our own Friendship Catering did a wonderful job providing the food for the evening. The menu included such items as carved ham with honey mustard, scallops wrapped in bacon, chicken wings and many assorted trays of veggies, fruit and cheeses. The dessert for the evening was a fabulous and wonderful pound cake

topped with strawberry syrup and strawberries and whipped cream. Thank you, Friendship Catering and staff.

In closing I would like to thank the many Candler Hills residents who attended this event and I hope to bring you more of these types of events in the upcoming months. Please read my articles for more information as it becomes available and also there will be posters announcing dates and I will also have it listed on Channel 19. 📍



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

(352) 854-0248 • Fax (352) 237-5224

The *World News*, On Top of the World Communities, Inc.
9850 SW 84th Ct., Suite 300, Ocala, FL 34481

Publisher: Ken Colen

Editor: Lynn Peithman Stock

Production Staff:

Photographer:

Larry Resnick

Distribution:

Ray Utiss

Proofreaders:

Margaret Adams

Gitte Agarwal

Margitta Claterbos

Maxine Rosenberg

Jerry Thompson

Typists:

Ruth Barnash

K. Bauer

Sherry Surdam

The *World News* is partially subsidized by advertising, and advertisers appreciate your patronage. Management of *On Top of the World News* does not endorse or sanction any product or service by advertisers contained within this publication. Management reserves the right to accept, deny or edit content of ads and requests for advertising space by advertisers. For advertising rates, please call 854-0248. Fax: (352) 237-5224. E-mail: otownews@otowfl.com

Download a PDF of the World News at www.OnTopoftheWorldInfo.com

Golden Oldies Humor

by Stan Goldstein



"I married my wife for her looks ... but not the ones she's been giving me lately!"

POET'S CORNER

Poetry from On Top of the World Residents



Trust In Our Lord

By HAZEL EHLE

How wonderful our savior
Watching us from above
He does have times of sadness
When we doubt his love.

He is always with us
And hears us when we pray
How great is his love
When we pray each day.

Dear Lord and master
We need you by our side
Your strength sustains us
Giving faith, hope and pride.

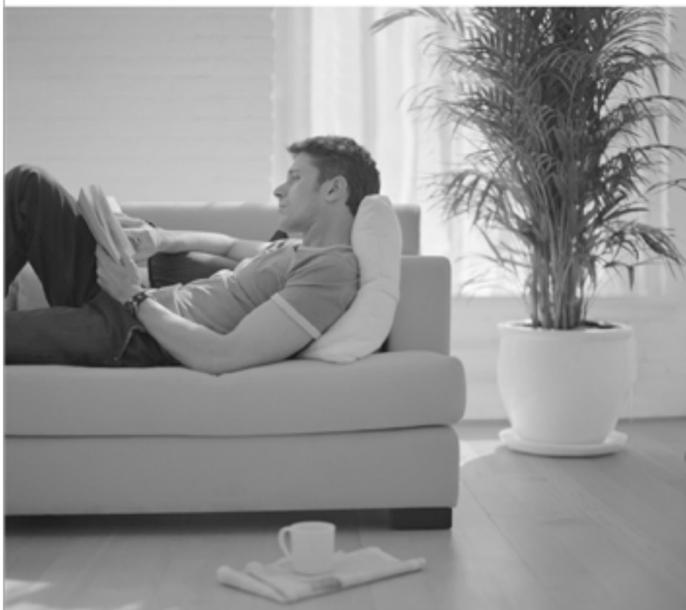
How blessed is our Lord
If we should go astray
Always so forgiving
When turning to him and pray.

Striving to do our very best
Praising the Lord each day
Knowing his love and compassion
Will show us the right way.

When we look toward heaven
Then kneel down in prayer
Feeling so safe and blessed
For god is always there. ☺

Expect More
From Your
Independent Trane dealer.

The system you choose for your home comfort will no doubt be influenced by the dealer you choose. That's why it's important to look at your dealer's credentials. A/C Trends are Trane Comfort Specialist—the highest standing you can earn as a Trane dealer. It means that we meet Trane's strict standards for customer service, system knowledge and continuing education. When you expect more you get more. It's that simple.



Learn how much you could save every month.



www.trane.com

CMC066801

Save up to 59% on cooling cost
with a TraneXLi systems.

Get Comfort Now and Pay Later!

No Money Down

No Payments for 36 Months

Payments
as low as
\$1.80
per day



Money Isn't All You're Saving

854-7664



36 Month Deferred Payment 36 Equal Payments Annual Percentage Rate 11.9% Minimum Finance Charge \$2.00. 49% and Minimum Finance Charge Multiple Year to come dates. Terms subject to change without notice. Subject to credit approval on American Dream Home Improvement Account (available in most states). Finance Charge accrues from the date of the sale unless the terms of Cash Advance are paid in full prior to the terms of Cash Advance. Regular credit terms apply after the terms of Cash Advance expire. See agreement for complete information and important disclosures. Offer open end and closed end credit plans may be available. See dealer for details. All credit plans subject to normal credit review. \$1.80 per day payment is based on a \$1,000 loan. 2.0% fee for late payments and 1% fee for returned payments. © 2006 Trane. All rights reserved.



New Location



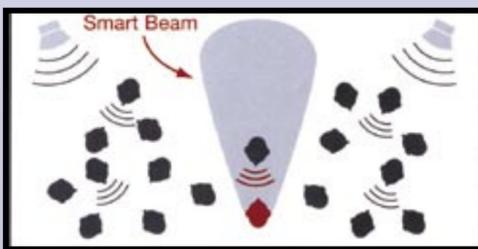
Gary Tweten
Nationally Board Certified
Hearing Instrument Specialist

New Ocala Office
9590 S.W. SR 200, Suite 12
(Oakridge Plaza, in front of
the Super Wal-Mart)
2 miles west of
On Top of the World



Clear Communication

Missing words during conversation can be frustrating and make you feel left out. Background noise can be overwhelming, even when someone is speaking right in front of you. Beltone One's Smart Beam™ and Speech Spotter™ technologies help solve this annoying problem by letting you focus in on what you want to listen to in practically any situation. Any extra noise you might still hear is then dramatically reduced by its amazing new Sound Cleaner™ noise absorption system.



These unique Beltone One features help you reconnect with others around you:

Smart Beam: Targets what you are listening to within different environments.

17 Digital Channels: Designed to imitate the way the human ear processes sound, while keeping loud sounds comfortable.

Sound Cleaner: Noise-absorption feature that helps you hear speech clearly, even in the presence of background noise.

Speech spotter: Microphone system that automatically switches from an omni to a directional mode, depending on your listening situation.

BATTERY SPECIAL

FREE 4-Pack of Beltone Premium Zinc Batteries

Limit 1 per person. No mail or phone orders.

Beltone

NOT TO BE COMBINED WITH ANY OTHER OFFER OR COUPON. PREVIOUS PURCHASES EXCLUDED. EXPIRES AUGUST 31, 2006

Expires August 31, 2006

Beltone
Hearing Centers of Florida, LLC

PAY TO THE ORDER OF:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; background-color: #c00; color: white; padding: 2px;">DOLLARS</td> <td style="width: 50%; background-color: #c00; color: white; padding: 2px;">CENTS</td> </tr> <tr> <td style="text-align: center; font-size: 24px; font-weight: bold;">\$1500</td> <td style="text-align: center; font-size: 24px; font-weight: bold;">00*</td> </tr> </table>	DOLLARS	CENTS	\$1500	00*
DOLLARS	CENTS				
\$1500	00*				

THE SUM OF: **FIFTEEN HUNDRED DOLLARS AND 00/100**

Michael A. Andreygo
President

* Towards the purchase of One or Ling Premium Digital Hearing Aid System. Not to be combined with any other offer. Previous purchases excluded.

THIS IS NOT A CHECK

CALL TODAY FOR AN APPOINTMENT!

GIFT CARD

With the purchase of a One, Corus or Ling Digital Hearing Aid System, your name will be entered in a monthly drawing* for a \$100 Simon Visa Gift Card. This gift card may be redeemed within any Simon Mall or anywhere Visa debit cards are accepted.
* One drawing per month

OCALA

9590 S.W. SR 200

(Oakridge Plaza)

(352) 291-9427

Hearing Tests are given for the purpose of selection and adjust. The patient and any other person responsible for payment has a right to refuse to pay, and within 72 hours to the advertisement for the free, discounted fee, or reduced fee service, examination or treatment.



On Top of the World Central
Lynette Vermillion

Golf Cart Registration

We will begin registering golf carts August 3 and 4 at the Candler Community Center Parking Lot. The cart rules are a revision of the previous rules. They are being modified to keep pace with the increased ownership and use of alternative vehicles and to ensure that residents are familiar with safe operation requirements.

Cart rules will be provided to each cart owner when the cart is registered and a cart permit applied to the cart. Residents will be asked to bring proof of insurance and any resident who plans to drive the cart will be asked to sign a release to operate the cart within the community. Should a resident not be able to register on either August 3 and 4, we will be registering carts based on the first letter of the last name during the month of August. Please check the bulletin boards or community TV for the assigned date available to you. Starting in September, any resident that has not been able to register may drop by Customer Service to obtain a cart permit. Those residents desiring a handicap sticker for the cart will be required to comply with Section 320.0848, Florida Statutes. You may refer to the following website for more information or drop by Customer Service for a copy of the information: www.hsmv.state.fl.us/forms/handiform.html

All of our golf cart drivers are asked to obey the Florida driving handbook rules. Your safety is of the utmost importance.

Traffic Control

We have had a number of letters from residents regarding speeders within the community. Just a reminder to all of our drivers to observe the posted speed limit and traffic signs: the Marion County Sheriff's Office will be patrolling our streets and issuing tickets to traffic violators.

Water Bill Auto Debit

We are in the process of setting up automatic debit for your water bill. We are taking information now; however, the first draft to your account will not occur prior to September. You may drop by Customer Service or go to www.ontopoftheworldinfo.com/water for the necessary form and instructions in setting up automatic payment.

Lawn Irrigation

Many residents are asking about the right amount of water to apply to their lawn. For most Florida soils, an average of one-half to three-quarters of an inch per application is enough to replenish the grass, saturate the root zone, then let the soil dry to encourage healthy root growth. Here is one way to determine how long you should run your sprinkler: place five to seven empty cans, similar to a tuna can, at different distances from the sprinkler. Run the sprinkler for 15 minutes and measure the water collected in each can. You can calculate an average water depth and determine how long it will take to apply one-half to three-quarters of an inch of water. Follow local watering re-

strictions and water during the cool, early morning or late, evening hours to minimize water loss by evaporation.

Water Conservation

Water is one of our most precious resources. When we waste water, we are pouring water and money down the drain. Leaks are the biggest water waster. Even a small faucet leak can waste 300 or more gallons of water per month. Leaks inside your toilet can waste up to 100 gallons per day. If your toilet is leaking, you may want to try to adjust the water level in the tank. It should be about one-inch below the top of the overflow tube in the middle of the tank. If water will not shut off at all, you may want to check the float, chain, or flapper located in the tank to make sure they are working properly.

You can check your residence to find out if you have a leak by taking these three easy steps. 1) Turn off all faucets and water-using appliances. 2) Go to your water meter and look for leak indicator. It is the small red, triangle or silver star located on the face of the meter. 3) Observe the leak indicator (triangle or star) to see if you see any movement. If no movement is observed, you do not have a leak.

Gate Operations

All residents entering On Top of the World without a vehicle decal will be asked to show their resident identification card. The On Top of the World Communities vehicle tag is no longer accepted as identification to allow access.

All guests of residents are allowed entry. The driver will be asked to provide his/her name, license plate number, and the name of the resident they are visiting. Residents expecting guests after 6 p.m. must notify the gate attendant, otherwise the guest will not be allowed in the community.

The gate attendant will not accept any notes or messages to service department employees. There is a drop box at the Customer Service office in Friendship Commons for all messages to the service department.

Mowing

The summer rains have brought a greater increase in the growth of grass. Rains bring much needed relief of water for grass and lawns; however, they do negatively impact our mowing schedule. Our crews are working hard to keep the community well groomed.

Modifications

Any changes to the exterior of a dwelling including the lawn or landscaped areas require an "Application For Approval Of Request For Modification" prior to any work being done. Forms may be requested through Customer Service, and after review by the Architectural Review Board, all approvals or rejections are provided in writing. The intent is to promote and assure that all improvements are aesthetically compatible and reflect the quality and permanence of a premiere residential community. Most applications are reviewed within two business days.

RV Parking

The RV Parking area gate has been locked. Residents renting spaces should have received a letter with the access code to the gate. To enter the RV parking area, you will enter the code followed by the star key on the key pad at the gate. To exit, please press the remote key on the key pad. Contact Customer Service should you desire further information or instruction.



Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.



From Debbie's Desk
Debbie Clark

Hello everyone! I am off and running trying to get organized for the upcoming fall season and also trying to keep up with everything that is going on to date. I really do not have an overview of the events that took place in the month of July as I have written quite a few articles covering each event specifically, so let's get onto the month at hand.

I do want to mention one event that is taking place on Sunday, July 30, which is a free event and is taking place in the Health & Recreation Ballroom. The Central Florida Symphony Orchestra will be providing the Symphony Quintet along with Dr. James Plondke, conductor/music director. Also on the program for this day will be solo works by Alan Clark, the 14-year-old pianist who won this year's Young Artist Competition.

The door to the ballroom will open at 2:30 p.m. and the performance will begin at 3 p.m. Please come out and bring your friends and neighbors. RSVP's appreciated but not required to attend this event.

During the Happy Hour on Friday, August 4, we have a new group performing and they are known as Papa Sass. They were written up in the Leader a few months ago and Lisa jumped all over it and was able to book them for the Happy Hour. They are a blues and jazz band from Dunnellon. This should prove to be a very enjoyable evening.

On Saturday, August 5, we are going down to Tropicana Field to see the Tampa Bay Devil Rays take on the Boston Red Sox. This is an evening game and we will be departing from On Top of the World at approximately 3 to 3:30 p.m. and not returning until sometime after the game. If you are interested in attending this trip please see me no later than Wednesday, August 2. The cost of the ticket and bus ride is \$35 per person and I will require cash only.

On Thursday, August 10, from noon to 3 p.m., we will be holding our annual ice cream social in the Health & Recreation

Ballroom. Tickets are now on sale in the Activities office Monday through Friday 8 a.m. to 4 p.m. The cost for this event is \$6.50 per person. Entertainment for the day will be provided by Johnny the DJ, who comes very highly recommended. For those of you who like to line dance there will be plenty of that going on. This event is open to residents of On Top of the World and Candler Hills. Friendship Catering is providing ice cream and fixings and rumor has it we will even have good old-fashioned root beer floats this year.

There will also be an ice cream social on Tuesday, August 15, for the residents of Indigo East. The cost per person will also be \$6.50, with entertainment and ice cream and the fixings being provided by Friendship Catering.

On to Friday, August 18, Lisa will once again be bringing to you the wonderful era of Woodstock, and from what I heard it was awesome last year. She is already working on bringing you some new surprises for this year's event.

Looking ahead into the month of September the calendar is quite full already. I am going to schedule a trip to the Sterling Casino for Tuesday, September 12, so for those of you who like to get up with the birds we will be leaving early to spend a day out at sea. Stay tuned to Channel 17 for the price per person.

Then we have the High Teas resuming in September and they will be held as follows:

· Tuesday, September 19: On Top of the World

· Wednesday, September 20: Indigo

· Thursday, September 21: Candler

The cost per person will be \$5.

Also for all you avid Yankee fans we are once again going to Tropicana Field to watch the Tampa Bay Devil Rays take on the New York Yankees. This is an evening game and we will depart On Top of the World approximately between 3 and 3:30 p.m. We will not return until sometime after the game. Cost per person is \$35 and this covers round trip transportation and your ticket into the game. On a special note regarding this game, this is a Win the Shirt off of the Players Back Night.

Last but not least we will also be bringing back the Happy Hour Dinner Theatre and this will be held on Friday, September 29. Please stay tuned to the bulletin boards and Channel 17 as more information becomes available on this event.

Whew! That is just what I have on the calendar so far. There will be more. Believe me, my brain has been working overtime. So let's all get out there and have some fun.



Suncoast Dermatology & Skin Surgery Center

■ Ralph Massullo, M.D., F.A.A.D. ■ William A. Welton, M.D., F.A.A.D.
■ Michael B. Wartels, M.D., F.A.A.D.

Board Certified American Board of Dermatology, Fellow American Society for Dermatology Surgery, Member American Association of Facial Plastic and Reconstructive Surgery, Fellow American Society for MOHS Surgery

■ Skin Cancer ■ Laser Surgery ■ MOHS Surgery ■ Phototherapy
■ Facial Rejuvenation ■ Acne ■ Rashes ■ Sclerotherapy

Medicare, PPC & Blue Cross Participating

TimberRidge Medical Complex

9401 SW Hwy 200 • Ocala, FL 34481

(352) 873-1500

Reedy

CARPETS OF OCALA

SERVING CENTRAL FLORIDA FOR 42 YEARS

"WITH YOU EVERY STEP OF THE WAY"

★ REEDY HAS IT ALL ★

NOW CELEBRATING 42 YEARS

CARPET - VINYL - WOOD - LAMINATE - CERAMIC

OUR QUOTED PRICES ALWAYS INCLUDE:

- LOWEST PRICES
- FREE ESTIMATES
- OUR OWN EXPERT INSTALLERS
- INSTALLATION WARRANTY
- NEVER UNDERSOLD!

- BEST PAD ALWAYS INCLUDED
- FREE REMOVAL OF OLD CARPET & PAD
- FURNITURE MOVED AT NO EXTRA COST
- LARGEST SELECTION 1ST QUALITY CARPET
- NO EXTRA CHARGES



"FAMILY OWNED & OPERATED"

6 MONTHS SAME AS CASH
NO INTEREST
NO PAYMENTS

NEVER
UNDERSOLD!

SHADY OAKS PLAZA
S.R. 200-OCALA
NEAR KMART & BEST BUY
237-0880
FINANCING AVAILABLE

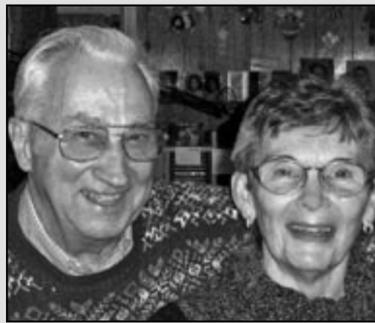
OUR 42ND YEAR
MON.-FRI. 9-5:30
SAT. 9-4:30
CLOSED SUNDAY
EVENINGS BY APPT.

Congratulations

Anniversaries • Birthdays • New Residents



Yvonne & Tom Bednar
42nd Anniversary



John & Fran Boardway
53rd Anniversary



William & Bessie Chase
50th Anniversary



Linda & Ed Hein
8th Anniversary



Suzi & Harrie Burdan
New Residents



Ron Broman
Birthday



Ed Hein
Birthday



Rae Magaraci
Birthday



Sue Moody
Birthday



Gracie Raymond
Birthday



Pat Schroeder
Birthday



Lois Uzzell
Birthday



Steve Zrowka
Birthday



Food & Beverage
Denise Fuqua

The dog days of summer are upon us and with this time of the year comes the afternoon thundershowers and high dew points to add to the already escalated humidity levels. With all of these conditions combined, we ask that you please remember to hydrate yourself when enjoying outdoor activities and be cautious of overheating.

The Hospitality Division has been busy designing new menus for Candler Hills Res-

taurant, working on the Grand Opening of Sid's Coffee Shop in the Town Center educational building and updating the menus for Friendship Catering, formerly known as Catering by Carmichael's. In the near future, you should begin to see the billboards around town changing over to reflect the new name for our catering department. We are very excited about all of the changes that are happening and hope you are taking full advantage of all of the offered amenities that Mr. Colen provides to the residents of On Top of the World Ocala.

Candler Hills

Please take note that effective August 1, we will begin new operating hours in addition to our dinner hours throughout the week. Please note the hours of operation are as follows:

- Monday through Saturday, 8 a.m. to 8 p.m.
- Sunday, 8 a.m. to 5 p.m.

Of course, we will continue to offer our Early Bird Specials from 3 until 6 p.m., Sunday through Thursday. Friday and Saturday evenings have been set aside to debut our full dinner menu. Happy Hour will run from 3 to 6 p.m. Monday through Friday every week and we will continue to have two Fridays a month set aside for special events.

Join us on Friday, August 18, for our

Birthday/Anniversary Night by calling 861-9720 to make advanced reservations and be sure to include the names of people celebrating a birthday or anniversary in the month of August. Announcements will be made at approximately 7:15 p.m., followed by free cake and coffee with every meal.

Also, Friday, August 25, we will host our "All You Can Eat" Fish Fry at Candler Hills Restaurant. Again, advance reservations are highly recommended for all of our special events or parties of eight or more.

Chef Wes has been busy this past month planning for the new menus that should be complete by the time you are reading this article. If you haven't been to Candler lately, please stop in to see the new features we have to offer.

The Pub

As the heat continues to entice your visit to the pool at the Health & Recreation Building, we ask that you please remember the dress code while dining at the Pub. Shirts and shoes are required when entering the Pub. Even if you are just placing an order to take poolside, we ask that you please remember to wear your shoes and have a cover-up over your bathing attire. Your assistance is greatly appreciated.

Also, please remember that we would be happy to have your lunch prepared for you upon arrival by simply calling 854-0761 ahead of time. And, please remember to stop by the Pub on Tuesday and Thursday afternoons from 3 to 6 p.m. for our Happy

Hour, two-for-one drink specials. In addition, Chef David has some new appetizers to please your palate to enjoy while sipping on a refreshing beverage.

Friendship Catering

It's that time of the year again to begin your seasonal plans for the 2006-07 season. Wanda is busy planning several Christmas parties and we encourage you to start your planning ahead of time as well. She will be happy to work with you on designing a menu to fit your needs while working within your budget. Please call her at 861-9130 or feel free to speak with Linda Tiffany, who will take all the necessary information from you and forward this to Wanda for her to follow up.

The catering department is also busy planning the first New Year's Eve party to be held at Candler Community Center. We will be hosting a first-class event for you on December 31. Look for further details in the months to follow. Of course, Candler Hills residents will be given the first opportunity to join in the festivities before we will open the reservations to the community. Mark your calendars, gather your friends, and plan on attending a wonderful event.

Until next month, beat the summer heat and join us for a refreshing beverage at one of our great locations. Again, thank you to all who attended the Luau Dinner Dance. We trust that you had as much fun attending as we had hosting this evening for you. Bon appétit. ☺

Solar Energy is Free

- Tubular Skylights
- Solar Attic Fans
- Solar Water Heating
- Solar Pool Heating

www.solarlightsinc.com OPEN M-F: 8-4 p.m.

Solar Lights & More

Sales • Installation • Service OCALA, FL

Call 690-9664 OR 1-800-347-9664

QUALITY SINCE 1996 • CWCA22619 • LICENSED & INSURED

Angelina Limlingan, M.D.

Circle Square Center
7651 SW SR 200, Suite 208
Ocala, FL 34474

OFFICE HOURS Monday-Thursday 8:30 A.M.-5:00 P.M.	TELEPHONE 854-7900 854-7901
--	-----------------------------------

Candler Hills • Indigo East • Candler Hills • Indigo East



Candler Hills & Indigo East
Lynette Vermillion

We hope many of you were able to enjoy the Summer Fling at Indigo and Candler Community Centers and meet many of your neighbors.

A number of the residents have had questions about modifications and other rules and regulations. I am going to discuss two this month:

Modifications

Any changes to the exterior of a dwelling including the lawn or bed areas require an "Application For Approval Of Request For Modification" prior to any work being done. Forms may be requested through Customer Service, and after review by the Architectural Review Board, all approvals or rejections are provided in writing. The intent is to promote and assure that all improvements are aesthetically compatible and reflect the quality and permanence of a premiere residential community. Most applications are reviewed within two business days.

Rentals or Resales

No residential unit may be occupied, leased or sold without the prior written approval of the occupant, lessee or new owner by the Association. The Association has the right to deny approval of any pro-

posed occupancy, lease or sale if, following the taking of the proposed occupancy, making of the proposed lease or closing of the proposed sale, the residential unit will not be occupied by at least one (1) person who is fifty-five (55) years of age or older. However, no person shall be denied the right to purchase, lease or occupy a unit because of race, religion, sex, national origin, marital status, sexual orientation or handicap.

As a condition precedent to consideration for approval, each prospective occupant, lessee and purchaser must inform the Association in writing whether the residential unit will be occupied by at least one (1) person who is fifty-five (55) years of age or older and each proposed occupant, lessee and new owner shall appear for an interview with a designated representative of the Association.

Household Garbage Pickup for September

Waste Management will not pick up household garbage on Monday, September 4, Labor Day. The next pick up will be the following Thursday, September 7.

Water Bill Auto Debit

We are in the process of setting up automatic debit for your water bill. We are taking information now; however, the first draft to your account will not occur prior to September. You may drop by Customer Service or go to www.ontopoftheworldinfo.com/water for the necessary form and instructions in setting up automatic payment.

Gate Operations

All residents entering Candler Hills without a vehicle decal will be asked to show their resident identification card.

All guests of residents are allowed entry. The driver will be asked to provide his/her name, license plate number and the name of the resident they are visiting. Residents expecting guests after 6 p.m. must notify the gate attendant; otherwise the guest will not be allowed in the community.

The gate attendant will not accept any notes or messages to service department employees. There is a drop box at the cus-

tom service office in Friendship Commons for all messages to the service department.

Water Conservation

Water is one of our most precious resources. When we waste water, we are pouring water and money down the drain. Leaks are the biggest water waster. Even a small faucet leak can waste 300 or more gallons of water per month. Leaks inside your toilet can waste up to 100 gallons per day. If your toilet is leaking, you may want to try to adjust the water level in the tank. It should be about one-inch below the top of the overflow tube in the middle of the tank. If water will not shut off at all, you may want to check the float, chain, or flapper located in the tank to make sure they are working properly.

You can check your residence to find out if you have a leak by taking these three easy steps. 1) Turn off all faucets and water-using appliances. 2) Go to your water meter and look for leak indicator. It is the small, red triangle or silver star located on the face of the meter. 3) Observe the leak indicator (triangle or star) to see if you see any movement. If no movement is observed, you do not have a leak.

Many residents are asking about the right amount of water to apply to their lawn. For most Florida soils, an average of one-half to three-quarters of an inch per application is enough to replenish the grass, saturate the root zone, then let the soil dry to encourage healthy, root growth. Here is one way to determine how long you should run your sprinkler: place five to seven empty cans, similar to a tuna can, at different distances from the sprinkler. Run the sprinkler for 15 minutes and measure the water collected in each can. You can calculate an average water depth and determine how long it will take to apply one-half to three-quarters of an inch of water. Follow local watering restrictions and water during the cool, early morning or late, evening hours to minimize water loss by evaporation.

Golf Cart Registration

We will begin registering golf carts August 3 and 4 at the Candler Community

Center parking lot. The cart rules are a revision of the previous rules. They are being modified to keep pace with the increased ownership and use of alternative vehicles and to ensure that residents are familiar with safe operation requirements.

Cart rules will be provided to each cart owner when the cart is registered and a cart permit applied to the cart. Residents will be asked to bring proof of insurance and any resident who plans to drive the cart will be asked to sign a release to operate the cart within the community. Should a resident not be able to register on either on August 3 and 4, we will be registering carts based on the first letter of the last name during the month of August. Please check the bulletin boards or community TV for the assigned date available to you. Starting in September, any resident that has not been able to register may drop by Customer Service to obtain a cart permit. Those residents desiring a handicap sticker for the cart will be required to comply with Section 320.0848, Florida Statutes. You may refer to the following website for more information or drop by customer service for a copy of the information: www.hsmv.state.fl.us/forms/handiform.html.

All of our golf cart drivers are asked to obey the Florida driving handbook rules. Your safety is of the utmost importance.

Traffic Control

We have had a number of letters from residents regarding speeders within the community. Just a reminder to all of our drivers to observe the speed limit posted and traffic signs: The Marion County Sheriff's Office will be patrolling our streets and issuing tickets to traffic violators.

RV Parking Area

The RV Parking area gate has been locked. Residents renting spaces should have received a letter with the access code to the gate. To enter the RV parking area, you will enter the code followed by the star key on the key pad at the gate. To exit, please press the remote key on the key pad. Contact Customer Service should you desire further information or instruction. ☺



Candler Hills
Mary Pat Giffin

Most residents moving into Candler Hills chose this retirement community over countless others because they wanted the amenities On Top of the World has to offer, from golf and recreation to restaurants and shops. So, it comes as no surprise to see neighbors quickly forming friendships.

John and Diane Podkomorski moved into their Candler Hills home in March. They, along with several others, are developing a "neighborhood club" to disseminate information to make it easier to become part of the Candler community, discuss neighborhood issues and to help identify Ocala resources. With "accurate, timely and complete information," John hopes to reduce the complexity and stress of "moving in."

Diane, for example, plans to create a "welcome" packet, which will include approved plants for Candler and other pertinent information. She welcomes your suggestions.

To improve communications among residents, John is building an e-mail list, and

developing a Candler resident directory. So, if you are moved into Candler, or will be moving in, please send your e-mail address to him and he'll keep you posted.

If you have any questions concerning the association, rules, etc., please contact Customer Service.

Fortunately, the Podkomorskis have some assistance in their efforts. Ray Cech, Ed Wilson, Tom and Joan Smith are also active in communicating with Candler Hills residents. These people volunteer their time to help neighbors and deserve a round of applause.

If you'd like to be kept informed or help out, please contact John. His e-mail address is john@podspad.us

Golf League Forming for Men

Until last month, Dave Masaschi and Gary Gerlach golfed several days a week with an informal group at Candler Hills Golf Club. Now, they've formed a men's league, which tees off on Thursday mornings starting at 7:56 a.m. All are welcome to play for \$4 plus applicable golf fees. To date, a dozen men are signed up.

"The format will be two best balls of the foursome," says Bob Hughes, first assistant golf professional, "until they have officers and association fees. Prize money is awarded in shop credit." Sign up by Tuesday at 5 p.m.

This isn't all that's evolving at Candler Hills Golf Club. There's a men's scramble on Tuesdays at 5 p.m.; and women's scramble on the third Wednesday of the month at 5 p.m., which includes dinner for \$25.

This column is for and about Candler Hills residents. Please call or e-mail me with comments and suggestions. Keep in mind this column is to keep you informed, not answer construction questions or communicate complaints. Find the appropriate department for those issues. You can e-mail me at bryantmarypat@bellsouth.net. ☺



Indigo East
Allie Gore

Hope you are enjoying your summer! There are lots of things going on in our neighborhood and you are invited to participate. If you are new to the community, we look forward to meeting you and invite you to join in! We now have a bulletin board in our community center so that is a good place to look to learn about events and activities going on in all communities. Indigo East events and activities are e-mailed to residents who have given us their e-mail address.

If you are new to Indigo East and have not yet sent or given your contact information to Roger Schwartz, this is a reminder to let us hear from you. It is from this information that you are added to our directory, newsletter and events and activities lists.

Game nights are great fun! You are invited to join us on the second Tuesday and fourth Thursday 6:30 p.m. for card games, board games and nickel/dime poker. Bring your own beverage and a snack to share and enjoy! We have received a request to meet for game playing weekly. If this interests you, let me know what day and time is good for you.

Bicycle riders have been meeting on Thursdays at 8 a.m. for an easy, fun ride.

Bring your water, wear a helmet and join us for a ride. If you have any questions about the ride, contact Bernie Goldhill at goldhillw@aol.com or 854-9762.

If you are interested in forming a Red Hat Ladies Group this fall, contact Vivian Cayia at vtaxlady@yahoo.com or 291-2260. The last Friday of the month is Newcomer's Ladies Luncheon at 11:30 a.m. at our community center. Thanks to Cindy LaFrance, Vivian Cayia, Joanne Demarais and Debbie Partin for hosting our successful June luncheon. The next luncheon is scheduled for August 25. It is always necessary to RSVP so the appropriate amount of food can be provided. Look for an e-mail as to who will receive your RSVP for the August gathering.

This column has to be submitted before two fun activities scheduled for July. On July 18, On Top of the World hosted a Summer Fling for Indigo East residents. I expect there were lots of neighbors enjoying heavy hors d'oeuvres, entertainment and neighborhood camaraderie. The July event planned by neighbors was our first annual (depending on response) Ice Cream Social. July 23, found neighbors at the community center enjoying ice cream and sugar free yogurt with lots of toppings. Ice cream, music and conversation beside our pool, what fun!

Remember there are exercise classes being held at our community center. Check the bulletin board, in the community center, to find out date and time for more classes.

If you have suggestions for this column, community activities and/or want to join our social planning committee let me hear from you, at indigo8062@earthlink.net or 861-4564.

Roger Schwartz, our newsletter editor, welcomes your items and input into The Indigo East Gazette. Contact him at schwartz8096@earthlink.net.

Do you need a directory or need to make a correction and/or an addition to the directory? Contact Michael or Nancy Ludvik at mnludvik@earthlink.net. Until next time, remember to enjoy life, this is not a dress rehearsal! ☺

Upcoming Publication Dates

- **September issue:** Thursday, August 31
- **October issue:** Thursday, September 28
- **November issue:** Thursday, November 2



Magic Touch Salon

Lisa
Debbie
Michele
Judy
Alice
Teresa
Suzie
Lisa Kay
Nancy
Beverly

**Call Susan
for an Appointment**

PAUL MITCHELL
PRODUCTS SOLD HERE

Friendship Center
at OTOW Entrance **854-2111**

Custom window coverings to fit your style!



Check out our great selection of styles including:

Shutters • Draperies • Wood Blinds
Honeycomb Shades • Roller Shades
Vertical Blinds • Silhouettes
Woven Wood and more!

Professional Measuring & Installation

867-1625

**FREE In-Home Consultation
& Estimates**

Each Franchise Independently Owned and Operated
www.budgetblinds.com

**Budget
Blinds**

a style for every point of view™



Is It Legal?
Gerald Colen

Q. I recently received some information in the mail from a law firm and one thing that jumped out at me was a statement that many trusts fail. I have a trust and want to know if it's true that many fail and if so how or why?

A. Yeah, well, many trusts fail; BUT most do NOT fail. Also, you have to know what the word "fail" means in the context of a trust. That's really important, since the word "fail" can mean different things in regard to a trust (or in regard to anything at all, I suppose.) For this discussion, let's

assume that the word "fail" means that a particular trust either does not distribute assets as you thought they would when you signed the trust in the first place; or it does not "do" what you thought it was supposed to do. So, a trust might fail because it was not properly signed by the grantors or by witnesses. Or it might fail because you wanted it to distribute some assets to someone who is now deceased or is no longer capable of handling funds or of taking care of himself or herself. Or it might fail because you were led to believe that the trust was an asset protection device, when, in fact, a living trust is not an asset protection device. Or it might "fail" because you were told it would protect you or your spouse or your heirs from the multitude of issues that arise in the face of long term nursing care or in the face of needing Medicaid. What is there to do about these possible — "failings?" Well, you should do what I have been recommending that folks do for years and years. You should assess what your particular goals are and then you should sit down with an elder law attorney or an estate planning attorney, either of whom might very well be the attorney who prepared your trust documents in the first place. I, personally, would not rely on the advertisements you get in the mail or read in the newspapers, though. I'd rely on my own

thoughts and wishes and then I'd meet with my attorney to see what, if anything need to be done or changed.

Q. Do I need language in my trust that deals with the Health Insurance Portability Act?

A. The Health Insurance Portability and Accountability Act (HIPAA) is a comprehensive federal act with one provision relating to the privacy of health care provider's records and record keeping. I think that language about it better belongs in two documents — a well-drafted durable power of attorney and a well-drafted advance directive. I suppose you could also include such language in a living trust, but I don't know why you would need to do that if it's in both the durable power of attorney and the advance directive

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, title insurance, and simple and complex estate planning. This column does not, nor is it intended to, provide legal advice. You should always consult your own attorney for legal advice. Mr. Colen's law office is at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114. He also meets clients at On Top of the World, in Clearwater, Fla. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his Web site at www.gcolen.com. Or e-mail him at Jerry@gcolen.com.



Republican Club
Tony Tortora

The annual pizza party will be held on August 18 at the Arbor Conference Center. Many of the Republican candidates are expected to attend. If you are not up to speed on who they are, this is your last chance to meet them before the primary election.

As of July 10, the following candidates have filed for office and are expected to be on the primary ballot:

- Adm. LeRoy Collins, Ret. USN, vs. U.S. Representative Katherine Harris for the U.S. Senate seat occupied by Bill Nelson.
- Charlie Crist vs. Tom Gallagher for governor.

The following races are considered non-partisan and will decide the final winner on the primary ballot:

- Scott Wynn vs. Michell Morely for circuit court judge.
- Robert Landt vs. Sarah Ritterhoff Williams for Marion County judge.
- Kurt Kelly vs. Parnell Townley for School Board District 3.
- Sue Mosley vs. David Alvarez for School Board District 4.

· Ron Crawford vs. Joyce Romanski for School Board District 5.

There are other political races going on but, at this time, they will be decided in November.

Many years ago I was at lunch with one of the Republican leaders of Marion County, Harvey Klein, and we were discussing the future of the party. Republicans had always been the minority party and all elected local seats were occupied by non-Republicans until Roy Abshier won a seat on the county commission. I made a comment that the party was growing in the county and before long we would be in the majority. His reply was to be careful what we wish for. As the minority party we were able to pull together to win elections. As a majority party we would soon consider the other party no threat and we would start to run against ourselves. Some would try to win simply to have the power of the office and not necessarily for the good of the party.

We are seeing his predictions come true today. Some incumbent Republicans are not happy with the decisions their fellow Republicans make and try to encourage and support like thinking friends to run for office. The school board races are a good example. All three incumbents are being challenged by other Republicans. The motivation that the challengers have may be an honest effort to improve what they believe to be less than acceptable. However, it is fair for the electorate to suspect a more personal motivation.

We are seeing a growing number of voters registering to vote as Independent Party or as NPA (no party affiliation). These voters can vote in the non-partisan races.

What are they saying about Republicans? Go to www.politicallyhomeless.blogspot.com.

This is an example and there are others. Your vote is important so be sure to be registered and to vote in the primary on September 5. ☺



Democratic Club
Lee Wittmer

The general meeting of the Democratic Club will be on August 15, in Suites E and

F of the Arbor Club Conference Center. The meeting is at 7 p.m. with refreshments at 6:30 p.m. We welcome any folks who may have an interest in our club and we urge all members to attend.

Mark your calendars! On Tuesday, October 7, the club will have a barbecue dinner. More information will be forthcoming in the World News and also on our TV channels.

Voting is easy! The Marion County Supervisor of Elections office has advised that for the primary election to be held on September 7. Absentee ballots can be ordered at the present time. They can be ordered by calling their office at 620-3290. The ballots will be delivered by mail three weeks prior to the election date.

Early voting will commence on Monday, August 21, and be available thereafter Monday through Saturday for the next two weeks. Voting in our area will be at Freedom Library with four other locations available throughout the county. Any questions, call the Elections Office at 620-3290. ☺

Community News & Update

By Kenneth Colen
Publisher

← Continued from Page 1

company. A quick name search through the Secretary of State, Division of Corporations, can be done at www.MyFlorida.com or ask for their occupational license number and call the Clerk of the Courts of Marion County to verify the company's existence. If you get no verification of the company's legitimate existence, you may wish to contact the Marion County Sheriff Office at the non-emergency number and report the event as a possible fraud.

Even if the company checks out, that is no guarantee that you will be dealt with honestly and fairly. Before you make any commitment, ask for a list of customers who have purchase similar items or services and call them. Remember, once the check or charge has cleared, it is too late to call it back.

While I'm on this general topic, please note that Attorney General Charlie Crist issued a consumer alert encouraging military veterans to take necessary precautions to protect their identities following the Department of Veterans Affairs' recent announcement of the theft of personal information on millions of military veterans. Crist urged potential identity theft victims to take advantage of various new services being provided to monitor credit reports and stop identity theft from occurring.

The federal government will provide free credit monitoring to the millions of veterans whose personal information was stolen in May. The Department of Veterans Affairs will also hire a data analysis company to look for possible misuse of the stolen personal information. So far, officials say there have been no reports of any identity thefts stemming from the burglary in May.

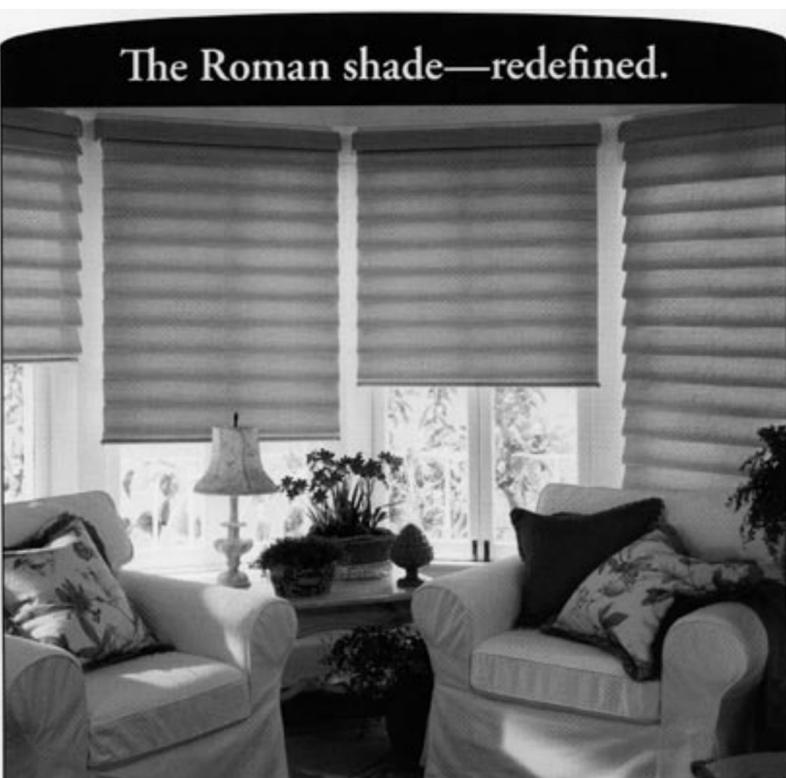
In addition to the services being offered by the federal government, Crist

urged Florida veterans who believe they may be among those whose information was stolen to take the following steps to avoid becoming victims of identity theft:

- Find out if your personal information has been compromised by contacting the hotline set up by the Department of Veterans Affairs at 1-800-333-4636 or by checking online at www.firstgov.gov.
- If your information has been compromised, request a copy of your credit report. By law, you are entitled to receive a free credit report every 12 months from each of the three major credit bureaus, Equifax, Experian and TransUnion. Obtain the free reports by calling toll-free 1-877-322-8228 or by logging on to www.annualcreditreport.com.
- Cancel or change any accounts that may have been compromised. Request that a fraud report be placed in your credit bureau file. Dispute any errors or unauthorized uses of your credit, in writing, through the credit bureau where the error appears.

If you feel you have been the victim of identity theft, file a report with your local police department. Making a report will make it easier for you to be released from liability for charges you did not incur. You should also contact the Federal Trade Commission toll-free at 1-877-438-4338 or online at www.consumer.gov/idtheft. Additional information on how to protect yourself from becoming the victim of identity theft is available through the Attorney General's Web site at www.myfloridalegal.com/identitytheft. The Attorney General also has a brochure on Identity Theft, produced in conjunction with the Florida Department of Law Enforcement, available at: <http://myfloridalegal.com/identitytheft.pdf>.

This forgoing information was downloaded from <http://myfloridalegal.com/newsbrie.nsf/OnlineAlerts>. ☺



The Roman shade—redefined.

Sleek and sophisticated, Vignette® Modern Roman Shades consistently present a clean, neat appearance. Beautifully designed front and back without gathers, cords or grommets. Experience the ultimate in window coverings. Stop by today!

Castle Carpets & Interiors

6715 SW SR 200, Ocala
4 miles West I-75 • 5 miles East CR 484

Hours: Mon.-Fri. 9-5

854-3939

www.castlecarpetsandinteriors.com

HunterDouglas

VIGNETTE
Modern Roman Shades

©2006 Hunter Douglas Inc. ®Registered trademarks of Hunter Douglas Inc.

Struggle to Bathe?
WALK-IN BATH TUB

COMFORT
DIGNITY
SAFETY
INDEPENDENCE



Many Sizes and Models to Fit Anywhere and Compliment Any Decor



- ♥ Built-In High Seat ♥ Anti-Slip Floor
- ♥ Full Soak
- ♥ Heated Infinite speed Hydro-Therapy
- ♥ 23 Jets ♥ Therapeutic ♥ Relaxing
- ♥ Helps Pain, Circulation & Joint Movement
- ♥ Foot Massager & Bidet
- ♥ Hand-held and Wall Mount Shower Head
- ♥ Lifetime Guarantee: Will NEVER Leak
- ♥ Grab Bars ♥ Custom Colors ♥ Self-Cleaning
- ♥ Installation Available in All 50 States
- ♥ Local Family Owned & Operated
- ♥ Made in USA
- ♥ FDA & ADA Listed: May be Tax Deductible

Guaranteed Lowest Prices!
FOR RECORDED DETAILS OR LIVE OPERATOR CALL 24 HRS A DAY!
1-888-253-1234

119949



Fitness Happenings

Adela Anderson

Lifestyle choices are responsible for a better quality of life, living longer and healthy aging:

- Exercise regularly at least three times per week

- Decide to be healthy and not to be thin. Do not get obsessed with your weight and make your goal to learn and practice healthy eating.

- Learn how to deal with stress.
- Socialize. Socialization builds positive and healthy emotional relations.

Abdominals On The Ball
Do you want to add more abdominal exercises to your exercise routine? Learn how to train your abdominal and core area more efficiently. The fitness ball is a great tool to help you reach those stubborn areas.

The class is held at 3 p.m. Tuesday, August 8, in the H&R exercise room and is taught by Adela.

This specialty class is free. Please call the H&R at 854-8707 to sign-up.

Fun In The Water

You will have a lot of fun using balls, hoops and boards. You will learn new strokes, improve your swimming skills and you will do a lot of laughing. Come and have a blast!

The class is held from 2:15 to 3:15 p.m. on Fridays at the Arbor Club indoor pool and is taught by Beverly. This class is free. You just need to show up!

Yoga in the Water

Get away for an hour, stretch your muscles plus enjoy the outdoors and the calmness Yoga will give you!

The class is offered at 4 p.m. on Tuesday, August 15, at the H&R outdoor pool. This class is free. No sign-ups are necessary, just come and enjoy!

10,000 Steps in the Water

Get your walking in the pool the second and fourth Mondays of the month. Learn new walking techniques and how to burn calories more efficiently.

The class will be at 4 p.m. August 14 and 28 at the Arbor Club outdoor pool. This class is free. Join us!

Equipment Orientations

If you need help on how to use our Cybex machines in the gym, please come to our free orientations, which are held on Mondays and Fridays at noon. Howard will be teaching you how to properly set the machines. Please call the H&R at 854-8707 to sign up.

Indigo East Water Classes

Indigo East residents, we have scheduled a water fitness class for you, which will be held every Thursday at 4 p.m. at the Indigo East pool. This class will include cardiovascular work, strength training and stretching. There is a minimal fee. If you are interested, just come or, if you need more information, please call Adela or the H&R Center at 804-8707.

Candler Hills

Have you tried Pilates? Do you know what Pilates is all about? We scheduled a special class for you on Thursday, August 10, at 2 p.m. This class is free. It is not necessary to sign up; just bring your mat and water bottle. We will see you there! ☺



Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.

FIRST CONGREGATIONAL UCC

7171 SW State Road 200
Ocala, Florida 34476
(352) 237-3035



Sunday Worship
10:30 a.m.

Rev. Rainelle Kimmel
Interim Pastor

"We have that home town church family feeling"

RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci
10:15 Aerobics Room		Beginners Tai-Chi* Shannon		Beginners Tai-Chi* Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Traci		Beginners Aerobics Traci		Beginners Aerobics Traci
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybex Orientation Adela				Cybex Orientation Adela
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
6:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	

Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required.

Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required.

Condition & Stretch Fusion: Warm-up, strengthening and stretching exercises. Mat required.

Cardio, Step & Sculpt: Warm-up, basic routines using step, strength training and Abdominal work. Mat and step required.

Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and stretching. No floor work.

Intermediate Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.

Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.

Aqua Yoga: The flowing movements of yoga will help your balance, flexibility, strength and promote relaxation. (Spring & Summer Months)

Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights.

Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly.

One-on-One Personal Training: Fee based instruction with certified instructor.

*Asterisk denotes a fee-based class. See instructor for information.

Saturday
12:15 Oxycise
(20 Min.)
Aerobics Room

Sunday
12:15 Oxycise
(20 Min.)
Aerobics Room

Fun in the Pool: Warm-Water Exercises Can Help Improve Arthritic Joints

By ADELA ANDERSON

Arthritis is a general term that covers more than 100 different conditions that cause pain, stiffness and often inflammation in one or more joints. When pain is present in the joints, the common reaction is to hold the joints still because movement can cause pain. However, the more we learn about arthritis, we find out that immobilization can cause weakness in the joints, ligaments and muscles. Joint immobilization will also cause loss of range of motion and shortening and tightening of the muscles. This will only cause more pain and stiffness.

Proper and regular exercise is very important to improve arthritic joint flexibility, mobility and muscle strength and to help prevent joints against further damage. Exercise will also help nourish cartilage, ease stiffness and will promote better coordination and balance helping perform daily ac-

tivities with more ease.

Before engaging in a water class, make sure you check with your doctor. You might need to avoid certain movements, especially if you have had joint replacement surgery. Make sure the class you are selecting is the appropriate one for your level of fitness and ability. Come and watch a class before and make sure the class you want to choose is the right one for you.

The Arthritis Foundation has developed a water exercise program designed for people with arthritis and related conditions. Classes are conducted twice a week, on Tuesdays and Thursdays at 11:45 a.m. in the Arbor Club outdoor pool. These classes give you the opportunity to exercise in warm water (83 to 88 degrees) with the guidance of a certified arthritis aquatic instructor. This class is a great alternative for participants who want to exercise but cannot tolerate traditional aquatic classes.

The classes start with a warm-up, which consists of walking exercises. Classes continue with a complete workout of gentle exercises that include the neck, jaw, trunk, shoulders, elbows, wrists, fingers, hips, knees, ankles, toes, the lower extremities and the abdominal muscles.

The water is a safe and ideal environment to relieve arthritis pain and stiffness. Exercising joints that are affected by arthritis in warm water is particularly helpful. The buoyancy of the water supports and lessens the stress on the joints and encourages better range of motion. The water will act as resistance to help build muscle strength. Warm water helps muscles become more relaxed. Relaxed muscles can create an overall feeling of comfort.

If you need more information about our aquatic arthritis program or any other aquatic classes, please do not hesitate to contact Adela at 854-8707. ☺

"There Really Is A Difference in Salons ..."

Experienced Staff of 16 Professionals



Hair

- Color/Hi-Lites
- Relaxers
- Perms
- Cuts
- Extensions
- Medical Restoration

Nails

- Acrylics
- Manicures
- Fills
- Wraps

Massage Therapy

- Therapeutic
- Relaxing

- Free Manicure with any perm or color
- ALTERNA products
- Walk-ins & Appointments Welcome

MAKING WAVES
Salon & Spa

6160 S.W. SR 200, In the Jasmine Plaza

854-6531



Kitti's Corner
Kitti Surette

Tidbits

Serving Size Vs. Portion Size

- 1 cup of cooked pasta = A tennis ball
- 3 ounces of meat = A standard deck of cards
- 1 ounce of hard cheese = 4 stacked dice
- 3 ounces of fish = A check book
- 2 tablespoons of salad dressing = A shot glass
- 1 tsp of butter or margarine = 1 dice

Cut An Onion Without Crying

Goggles are one option. Ha, ha. OK, the other is to choose a type of onion with low sulfur content, such as Vidalia, Texas or Maui. White and Spanish onions are fairly packed with the stuff, but if you're set on using a bad-boy variety, minimize sulfur release by chilling the onions in the fridge for at least two hours. Then cut the onion in half vertically and lay each half flat on a cutting board. Peel back the skin, keeping the root intact so the onion is easier to cut and less sulfur enters the air. Then start chopping.

BONUS TIP: Expect your hands to be kissed after dinner? Rub them on a stainless-steel mixing bowl. The onion smell will vanish. Source: Chef Peter Kelly

Running Downhill

When running down a steep grade, the tendency for most people is to lean back and over stride, landing hard on the feet and risking injury. Instead, assume a mini squat position: Drop your hips two inches, bend your knees slightly, and lean forward a bit from the waist. Raise your elbows just a little wider and higher than normal for more stability.

BONUS TIP: Tucking your chin in toward your chest will keep you from tightening your abs, which can help prevent side stitches. And don't lock your knees.

Monitor Your Heart

Monitoring your heart will give you the best cardio and fat-burning benefits. But tackling those percentages can turn off all but the most diehard athlete. If you absolutely don't want to deal with the math, you can buy a monitor that automatically calculates your best heart rate zones using a simple formula based on your age.

However, you'll end up with a more accurate number if you follow this 20 minute cardio workout: Start out slow and easy and increase your pace every two minutes, checking the monitor regularly to make sure that your heart rate is increasing in a steady line. During the last two minutes of the routine, push yourself as hard as you can, looking at the monitor every 20 seconds to check your peak, or highest, number. You might have to round off, but essentially that's your maximum heart rate.

BONUS TIP: To prevent overtraining and possible injury, never exercise at more than

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please Call for Appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Adela		
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Hatha Yoga* Adela		Hatha Yoga* Adela	
11:45 a.m. Arbor Club Walking Pool		Arthritis Aquatic* Class Adela		Arthritis Aquatic* Class Adela	
11:45 a.m. Arbor Club Fitness Room		Arthritis* Foundation Ex. Program Adela		Arthritis* Foundation Exercise Program Adela	
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Adela		Shallow Water Exercises* Adela
4:00 p.m. Arbor Club Walking Pool 2 nd & 4 th Mondays of the Month	10,000 Steps (Free)				

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.
Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.
Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.
"Hatha Yoga" Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.
Pilates: Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.
Arthritis Aquatic Class: Specialized aquatic class for individuals with arthritis. Exercises will increase joint range of motion and flexibility. May - September
Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May
Water Walking: Part of the 10,000 Steps program. Learn how to use the water resistance to make aquatic walking more effective. May - September
One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.
***Asterisk denotes a fee-based class. See instructor for information.**

95 percent of your maximum heart rate (60 to 85 percent is a good range). Source: Roy Benson

Note: Working with a trainer can help you become your own expert when it comes to your heart rate.

Nuts For Olives

A lot of diets advise snacking on nuts, but what if you're allergic? Are there any good substitutes, you might wonder?

Here's the answer: Try olives (eight large), avocado (two tablespoons) and pumpkin or sunflower seeds (one tablespoon), all good healthy-fat nut replacements. Each serving has about five grams of unsaturated fat and 45 calories. Protein- and fiber-packed roasted soybeans or dried plums are good portable substitutes.

Cool The Pain

Some asked, "Will a hot bath help prevent muscle soreness after a workout?" Cold water is a better bet, says Marty Jaramillo, C.E.O. of the I.C.E. Sports Health Group. "Immersing yourself in chilled water is like an ice pack for your entire body,"

he says. When you exercise, your blood vessels open wider and stay that way for at least an hour afterward. Soreness occurs when waste products like lactic acid settle in your muscles through these dilated vessels. Colder temps constrict vessels, limiting the amount of waste product that accumulates, explains, Jaramillo. If you're feeling brave, really brave, fill your tub half-way with cold water and add a bucket of ice cubes. Brrrrrrrrrrrr. Gradually submerge your body into the water to your waist. Important: Do not submerge your chest: the extreme temperature could cause injury. Work up to soaking for 30 seconds to one minute (a cold shower won't yield the same results, but it will get you to stop fantasizing about your favorite movie star in a bathing suit).

Get Off The Phone Easily

When cell phones came out everyone wanted to be talking on their phone. Mmmmmmm ... were they really talking all that time or did they just want to look cool. ... OK, let's move on ... The next time someone

calls you, resist the screening urge. Instead, answer with "I'm glad you caught me. But I only have a few minutes." That way there'll be no surprise a few minutes later when you interrupt them to say, "Oh no, I'm late! I really have to go. I'll talk to you soon." If you can't set a time limit at the beginning of the conversation, say their name, which makes people pause. Then jump in with, "Oops, forgot to tell you, I have to run. It was great talking to you. We'll talk again." You're home free, and there are usually no hard feelings.

BONUS TIP: After you say goodbye, add, "And thanks for calling!" for extra damage control. Source: Barbara Pachter, etiquette expert.

Have you ever thought about doing Hip Hop?

No? Why not? This is not just for the young. You can also do this type of exercise. Come to the Latin Cardio and have fun learning to Hip Hop in the August class.

See you there! ☺



Arbor Club Tennis
Jorge Privat

Although some of the Arbor Club members are out of town visiting friends and relatives, or simply taking a vacation to see other places, I must congratulate those of you who stayed here, and have not been discouraged by the weather, which has been unseasonably hot right from the start of spring. Mornings and evenings are of course the best times to get out and enjoy a game of tennis, so try to stay away from the afternoon sun.

On June 24, we held a ladies doubles and a men's doubles tournament. It was a success, thanks to all of you who, in one way or another, participated in it and enjoyed a friendly competition. On the ladies side, Maria Fried and Pam Haigh were the champions, while Norma Higgins and Irene Moran came in second place, after a very close match. On the men's side, Dick Dzik and Jerry Dennis, came in first place over Ralph Bromund and Peter Page.

Also, I would like to mention that our On

Top of the World team participating in the USA Senior Mixed Doubles league, hosted a team from Citrus Hills, making a very good showing, winning their first meet two matches to one, and I know they are really looking forward to their next meet, at Citrus Hills.

Please, mark your calendars for the Annual Gainesville Senior Games, to take place October 19 through 22. If you wish to participate in it, visit the Web at www.gsoc.com or contact Alex Alston at 352-338-9300, or e-mail him at aalston@gsoc.com.

As we announced, we had a Demo Day on July 14. It was very successful, and we will have it again possibly in the fall or the spring, when most of the members are here, in town.

I would like to thank Chigozzi, form Top Seed in Ocala, and the representative of Price Racquets, Ray, for coming to On Top of the World with a heavy load of racquets for us to test. Also, thanks to all of the Arbor Club members who came out to try different racquets. Many good questions were asked about sizes, weight, stiffness, grip types, etc., and hopefully, all of them were answered to everyone's satisfaction. If you have any further questions, please, do not hesitate to ask me, or talk to Chigozzi, at Top Seed.

Tennis Tip of the Month
The Backhand

The stance is the same as for the forehand (feet separation, about shoulder width apart, etc.) and just as with the forehand, remember that the very first thing (actually two things) you do is, turn your body sideways and pull your racquet back, at the same time. This will give you the necessary leverage to strike the ball with sufficient power. Once you "read the ball" (determine the speed, height, and the distance between you and the ball), quickly take the neces-

sary adjusting steps and make a decision as to whether to hit the ball with top-spin, under-spin or flat.

If you decide for top-spin, drop the head of the racquet below the contact point, in order to have the ability to brush the back of the ball upward, holding the racquet with an Eastern backhand grip.

If you decide for under-spin, raise the head of the racquet above shoulder level, so you can brush the ball on a downward and forward path, giving the ball a reverse rotation. For this stroke, hold the racquet with either the Continental or the Eastern backhand grip. If you opt for flat, your back-swing should be somewhere between the top-spin and under-spin and you should hold the racquet with the Eastern backhand grip.

One-hander or two-hander backhand? One difference between the one-hander and the two-hander is upper body rotation. With the one-hander, you stay mostly sideways through contact and separate the arms for balance, while the two-hander requires turning into the ball as if you were hitting another forehand with your left hand (right for the lefties). For both, backhand and forehand, I would like to place emphasis on early preparation. Move quickly into position, in plenty of time to get your feet set and your weight loaded on your back or anchor leg. Turn your shoulders and pull your racquet back, and be ready to transfer your weight forward toward the incoming ball. And, by all means, avoid getting too close to the ball, which is a very common problem among beginner and intermediate players.

Those of us who followed Wimbledon agree that there were some terrific matches, right to the end, but Roger Federer was just better than the rest of the field. Unfortunately for the British, Gentleman Tim (Henman) didn't make it to the semis. And, it appears that on the grounds of Wimble-

Tennis Association

H&R Center Courts Schedule

Saturday & Monday
8-noon: Mixed Doubles

Tuesday & Thursday
8 a.m.-noon: Men's Doubles

Wednesday & Friday
8 a.m.-noon: Ladies' Doubles

All Resident Tennis Players Welcome.

don, the "Henman Hill" has been renamed as "Murray Hill" in hopes that the young Scott will one day win the "Big One" for the Crown. ☺



Red Hat Society
Vivian Brown

I wanted to tell you after about eight months of planning with my family; we will all be together in Myrtle Beach at the end of July. My oldest daughter Cindy and her husband are flying in from Salt Lake City, Utah, and my youngest daughter Suzanne and her family are driving down from Kingston, N.Y., and we are driving up from Florida. It sounds so simple but you all have no idea how much time and effort I have put into making this happen. Nevertheless I am so excited and looking forward to having a wonderful time and enjoying every minute we're together. I still pray every night for good weather and that everyone stays well.

The On Top of the World Queen Mothers are planning a fall event: Red Hat Witches Coven on October 29. All wear witches outfits but with a red hat. Each chapter will boil a proclamation for fun in the cauldron. We will have hot dogs, chips, salad for food and fun contests and prizes. There will be a nominal fee to attend (this will pay for the stuff).

Please mark your calendars, ladies. As the summer starts to fade remember our Red Hat "hattitude." Live it up, laugh it up and love each other. So keep smiling and pass those smile along! Till next month, God bless, Vivian.

THE RAZZLE-DAZZLE RED HAT DAMES attended the Mad Hatter Tea Party at the Hilton in Ocala on June 21. We all had a fun time. The games were great fun; the Red Hat contest was spectacular, beautiful, funny, crazy and charming. The prizes were very pretty and plentiful. Our ladies who attended had a wonderful time. Carrying on with their crazy antics, they entertained the other Red Hatters at our table and upon leaving, they thanked us for making it an enjoyable afternoon. Next month we are planning on going to Posh 27 in Ocala. It is a really different kind of restaurant! Our hostess is Helen DeLuca and I will tell you all about it next month! Hugs and happy hatting. ... *QM Vivian Brown*

RED HAT DOLLIES: Looks like summer is here! The temperature tells me so. I know everyone is trying to keep cool! Thanks to Ann who stepped in and planned our June outing which was at the Olive Garden. Two new gals joined us — welcome to Sandy Voight and Shirley Dawson. We left "stuffed" and had a good time getting to know Sandy and Shirley. Until next month, I know you will make every day a "Red Hat



The Glitzy Gals Dot Hinde, Nancy Cochran, Janet Wahl, Mary Curry, Carol Cecala and Bea Maxwell at the Red Hat Society International Convention in St. Louis.

Kind-of-Day." ... *QM Connie Cameron*

THE DIVINE DIVAS are "cooling it" for the summer. Our Queen Mom is vacationing and while we won't have our regular luncheon meetings, don't forget we'll be meeting for lunch/gab time at the H&R pool on July 10 and August 14 at 12:30 p.m. Hope to see you there. ... *QM Gail LaRue*

THE GLITZY GALS' June outing was at the home of our hostess Maria Breeden. Six of us went to St. Louis for the 2006 "Gateway to Glitz" International Convention. Some of the events we attended were the Gateway Arch Riverboat Dinner Cruise and Entertainment, a tour of St. Louis, "Meet Me in St. Louis" welcome reception and opening ceremonies, an afternoon tea, a banquet with a Roaring 20's theme and attire, a pajama breakfast and a remake of the 1904 St. Louis World Fair Red Hat Society style. Next month we will share more details with you. ... *QM Mary Curry by Janet Wahl*

COOL CATS IN RED HATS were off to the Ivy House Restaurant in Williston for their monthly outing. Midge Dinsbier picked this delightful place for us. We were seated in our own private "Red" room (what else) for lunch. With that arrangement we were able to talk and joke without interfering with other guests. When these Cool Cats get together we do talk and carry on as we do enjoy each other. Elinor Hoffman's teenage granddaughter joined us. I wonder what she thought of all her grandma's Red Hat

friends. ... *QM Janet Fragapane*

WEDNESDAY'S WILD WOMEN had a wonderful outing in June. Carla Magri planned our dinner at Stumpknocker's followed by a river cruise down the Withlacoochee River. The weather couldn't have been any better. We laughed and joked on our boat ride. We even saw some baby alligators! Love and kisses ... *QM Sue Moody*

JOY'S HAPPY HATTERS: We decided to go and see the exhibition of "Visions of Faith" at the Appleton Museum. The write up in the papers was so interesting and we were not disappointed. Jessica Aiken, a graduate student of the museum studies program at the University Of Florida, had organized this exhibit and it was her thesis project. We saw some ancient Egyptian statuary, a Buddhist statue, masks and a prayer rug. An ivory carving of Christ represented Christianity. Items like coins, that maybe only a few people study, had images of gods on them. There was also a picture of Marilyn Monroe as an example of how the public follows celebrities and almost worships them. Jessie was well informed about her subject and we all felt we had learned a great deal about the nature of "spirited art." Then Ted, another student, took us on a tour of the museum and we had a wonderful and interesting time. Afterwards we went to The Gazebo in Oak Run and over a delicious lunch we talked about our experience and enjoyed each others company,

as we Red Hats always do. So till next time, happy hatting. ... *QM Jennie Halvorsen*

THE NIFTEE NINE: Before Judy Heller set sail on her birthday cruise with her whole family, we celebrated both her and Arlene Jackson's belated birthdays with a luncheon at Royal Oaks. We had a great afternoon and ended the day with our weekly card game. Summer finds us all going in different directions ... Arlene to Connecticut and San Francisco, Judy to the Bahamas and I'm about to leave for New York, for a family reunion. Ann Connolly's all arrived from New York and Colorado for her grandson's graduation. We look forward to seeing each other in August. ... *QM Marge Bellew*

Please send you your chapters' activities to Vivian Brown by e-mail to vivjcb@cfl.rr.com or phone 291-0246 by the 8th of the month. Thank you. ☺

HOUSE & PET SITTER
Need Someone Reliable to Watch Your Home
Or Care For Your Pets While You're Away?
CALL SUE OF:
PET LOVE & CARE II
352-598-0245
LICENSED — BONDED — INSURED
Guaranteed Personal & Professional Service

Arthritis Support Group Meets in September

What is an Arthritis Support and Education Group? It is a group in which people share a common concern and meet together in order to help themselves and each other. It is a group that meets in an environment that sets the stage for mutual encouragement, support, comfort and positive feedback. It becomes educational as accurate information is reported and shared.

A support group can be all these things if the members work together to facilitate the personal growth of the group. Studies have shown that support groups are beneficial to many people living with chronic illnesses.

If you would like to participate in such a group, please contact Pat at 861-6155. Meetings would begin Tuesday, September 12, at 2 p.m. in Suite H of the Arbor Conference Center. ☺



Buy 1 tube, get 1 tube free

Valid on in-stock only,
value not to exceed \$5.99
Not valid on repair fee

Must present coupon. Expires September 1, 2006.

Under new ownership.
Formerly Xtreme Bike & Skate

2801 SW 20th Street, #203
Next to Too Your Health SPA

(352) 291-5268
OCALABICYCLECENTER.COM

EXPERIENCED • PROFESSIONAL • THOROUGH • OLD FASHIONED SERVICE •

Prompt Primary Care
of Ocala

OPEN SATURDAYS

New Patients Accepted • Walk-Ins Welcome



Dr. Adam Alpers
Board Certified



DOT Physicals
FAA Cert. Pilot Physicals
Immigration Physicals
Diagnostic Ultrasound
& X-Ray on Premises
ADMISSIONS TO
LOCAL HOSPITALS

Providing Old-Fashioned Service in Today's Busy World

Family Practice
861-5444

Open: Monday thru Friday 8:30 am to 5 pm • Saturday 9 am to 1 pm

103rd St. Plaza • 8602A SW Hwy 200, Ocala

Across from Publix, Next to Big Lots

MEDICARE • BC/BS • AETNA • CIGNA • TRI-CARE • UNITED • AND MOST INSURANCES

EXPERIENCED • PROFESSIONAL • THOROUGH • OLD FASHIONED SERVICE •

PROFESSIONAL • THOROUGH • OLD FASHIONED SERVICE • ATTENTIVE • STATE-OF-THE-ART

Welcome to On Top of the World

Louis and Jeanette K. Oswald, Friendship Village, 8653-D S.W. 95th Lane
 Stephen F. and Margaret M. Hanrahan, Providence, 9363 S.W. 90th Street
 Earl R. and Patricia Ann Hancock, Crescent Green, 9661 S.W. 92nd Court
 George A. and Ruth E. King, Crescent Ridge, 9361-B S.W. 97th Street
 James Alvin and Beverly Ann Cushey, Indigo East, 8006 S.W. 81st Loop
 Harrie G. and Susan J. Burdan, Friendship Village, 8658-B S.W. 95th Lane
 Roland Gerry and Mary Connie Combs, Avalon, 9119 S.W. 102nd Circle
 Douglas and Barbara Ross, Friendship Colony, 8650-C S.W. 92nd Place

Harry L. and Patricia S. Clark, Friendship Colony, 8721-B S.W. 90th Street
 Jonathan G. and Nancy L. Burchill, Providence, 9125 S.W. 96th Court Road
 Joan M. Bolling and Scott A. Roskosky, Friendship Colony, 8712-E S.W. 92nd Pl.
 Roger A. and Bonnie L. Leclerc, Friendship Colony, 8841-E S.W. 91st Street
 Neal K. Tiffany and Wendy R. Phillips, Friendship Colony, 8884-E S.W. 93rd Lane
 Neal K. Tiffany and Wendy Phillips, Friendship Colony, 8836-B S.W. 90th Lane
 James C. and Joan T. Moran, Friendship Village, 8703-E S.W. 94th Lane
 Lois V. Nix, Americana Village, 9820-D S.W. 89th Terrace ☺

Steve Grindle Retractable Screen

- Operated like your electric garage door in a track system by remote control and/or push button.
- ONLY garage screen door that can be manually operated in a power failure.
- Mesh has **80% UV blocking** to help reduce the heat from your garage, with the added benefit of privacy.



This magnificent door allows **air flow** into your garage, helps **prevent** unwanted pests from entering your garage, blocks UV rays to assist in controlling heat in your garage, and acts as a **privacy screen**, too!

Why wait? Call TODAY. Ask for Steve: 347-9198

Community Patrol Joe Berger

Captain Burton has said that if anyone has any concerns, he would be willing to speak to them. Remember, rumors can be very alarming to our residents that live alone and we should be careful about spreading them.

On June 26 the Community Patrol was very fortunate to have Sarah Ritterhoff Williams of the State Attorney's Office at our monthly meeting. She gave an overview of her office and then answered questions. Our thanks for a job well done.

I have recently been informed that anyone driving any vehicle (golf cart, auto, scooter, etc.) in an intoxicated state, whether on private property or on state roads can be arrested under section 316.193 of the Florida State Law. Please keep this in mind. Golf carts can do serious damage to the individual driving or to other innocent victims.

Wishing all our members who are snowbirds a happy summer. We look forward to your coming back.

Anyone interested in joining our Community Patrol can call Jim Miller or Joe Berger. ☺

United Way 2-1-1 Needs Volunteers

The United Way of Marion County has started a volunteer-operated resource and referral program. Called 2-1-1, this service is the single information source for Marion County residents seeking human services help. It has been helping Marion County residents for more than 13 years.

With a fully implemented computer program, volunteers need only supply the incoming client calls with up to date information on various services available.

Peter Foy, the United Way manager in charge of 2-1-1, asks that volunteers be able to devote up to a four-hour period a week to the position. The hours would be from 8 a.m. until 5 p.m. Monday through Friday. Holidays would not be included. Hours can always be shifted to best accommodate the individual schedules.

Contact Peter Foy at the United Way at 732-9696 or by e-mail at pfoyl@uwmc.org. ☺



Lions Club
Dianne Lovely

Once again the On Top Of The World Lions Club is proud to announce that a patron of the Lions Club has donated \$350 to send a child to camp from Hillcrest School. Hillcrest School is a school for the mentally and physically disabled. We are also proud to announce that we have enough money to send two children this year to their camp.

After seven years as Sunshine Chairman, Herm Bennett resigned his position. We are happy to say that Bonnie Mills will assume responsibility for this job.

All the glasses that get collected that you put in the eyeglass box get sent to foreign countries. It is illegal to give them to people in the United States. Americans get brand new glasses.

Estelle Clark walked two miles and was able to earn \$800 in pledges for the Conklin Center. The Conklin Center is a facility that we at the On Top of the World Lions support that trains the blind and multi-handicapped people to learn to live on their own.

Walt Krum was our speaker at the end of the month. Walt is one of the head gentlemen of the Reclamation Center. This is a center that distributes the eyeglasses that you put in the boxes. He has asked for volunteers to come sort out and clean the glasses. He has thousands that he needs help with. They are open Monday through Thursday from 8 to 11:30 a.m. If you would like to help, contact Estelle Clark for further details. Glasses that the Lions can't use go to the other organizations such as Feed the Children. All glasses are sent to Third World countries.

The On Top of the World Lions take time to have a little fun in between their charitable work. The Lions celebrated the 4th of July with a cookout at Estelle Clark's on July 1. Herm Bennett turned 93 so the Lions surprised him with a cake on the 4th.

As always, if you would like to join the Lions Club, call Estelle Clark, membership chairman. ☺

Wynn on Election Day!

We, the citizens of the Fifth Circuit, ask for your vote for Scott Wynn for Circuit Judge on Sept. 5. With your vote, we will *Wynn on Election Day!*

<p>CLARK YANDLE (MARION) JOE ZUYUS (HERNANDO) HON. KURT & SALLY KELLY (MARION) TOMMY BRONSON (HERNANDO) DEBORAH FAUNCE (CITRUS) PAUL SULLIVAN (HERNANDO) MIKE & DEBBIE LANGLEY (LAKE) MARK TAYLOR (HERNANDO) JAMES & GINA KORP (HERNANDO) MAC & GLADYS KUHARKE (LAKE) PAUL & KELLEAN TRUESDELL (MARION) CHRIS GANGLER (CITRUS) HON. KEITH MULLINS (LAKE) LOIS WILBUR (HERNANDO) JOHN & EILEEN O'BRIEN (MARION) CLYDE & GWEN PURYEAR (LAKE) HON. ROGER & LINDA PROFFER (CITRUS) GLADYS L. ZOELICK (HERNANDO) JOHN L. & MARIE MILLER (LAKE) CORDELL MCVAY (HERNANDO) HON. JOHN & SANDRA TAYLOR (MARION) LONNIE & RACHEL EMBRY (HERNANDO) RICK & MARGARET ENGDALH (LAKE) BOB & PAT SABBO (MARION) CHARLES R. HAFFENDEN (CITRUS) MICKI BLACKBURN (LAKE) BILLY & LYNDA MCMURPHY (LAKE) DUDLEY HAMPTON (HERNANDO) HENRY LEE & SANDY LANGER (LAKE) CALVIN & THELMA RICHIE (MARION) WILLIAM & SUSAN O'DELL (LAKE) ANGIE BOYNTON (MARION) HON. FELIX RAMIREZ (LAKE) DONALD & ELLEN GEORGE (SUMTER) ROBERT & RUTH LACHANCE (MARION) CATHERINE HOWARD (CITRUS) GLENN & JOAN JONES (LAKE) REV. PAUL CLEMONS (HERNANDO) ROBERT & EVELYN GADDIS (CITRUS) ANTHONY & IRENE TORTORA (MARION) ANN DUPEE (LAKE) DAVID P. LEWIS (CITRUS) FRANK LOVEJOY (LAKE) MICHAEL SMALLRIDGE (CITRUS) JEFF & KATHY KOPP, SR. (CITRUS) TOM & HOPE LAMB (LAKE)</p>	<p>HON. CHARLIE & MICHELLE STONE (MARION) JOHN & JAMIE KOLLEY (CITRUS) HON. SUSAN & MICHAEL KIRK (CITRUS) CHARLES CASTLINE (HERNANDO) BONNIE TAYLOR (CITRUS) PAT GABRIEL (MARION) LYN SERIANNI (CITRUS) HON. NANCY H. FULLERTON (LAKE) DAVID & BEVERLY THOMPSON (SUMTER) RICHARD & CLEO ERWIN (LAKE) MONTY & GLORIA EASON (MARION) HON. KENNETH GREEN (LAKE) WILL PRUITT (LAKE) LEO & RITA BLUMENTHAL (MARION) RICHARD & IDA BRADLEY (CITRUS) BAXTER & GLADYS STINSON (MARION) H.S. "ROCK" & DEB GIBBONEY (MARION) PHIL & GAIL JANNARONE (CITRUS) JOHN & ANN GOLD (MARION) ESTHER DE PEDRO-PRIETO (LAKE) OLIVE INGRAM (LAKE) JACK SGAMMATO (LAKE) VINCE VANNI (HERNANDO) HUNTER & PEGGY ROBINSON (LAKE) TOM CORKERY/MARY ANN KAPINOS (CITRUS) SKIP & SHADY KEENER (MARION) HON. SANDRA & NICK NICHOLSON (HERNANDO) ROBERT & DORIS HOENECKE (SUMTER) HON. STEVE HERING, SR. (MARION) ROCKY & NANCY STACY (MARION) DR. ROBERT & SARAH BLACKBURN (HERNANDO) ROBERT & PATTI LYLES (LAKE) HON. JOHN H. CHRISTIAN, II (LAKE) GARY SCHRAUT (HERNANDO) DR. ADEL EL DIN (HERNANDO) TESS SMAXWELL LIVERMORE (CITRUS) DR. MARY ANDERSON (LAKE) JAMES & LAUREEN HOLDER (CITRUS) JAMES & CAROL FUSSELL (SUMTER) WILLIAM & MARLENE CONNERY (CITRUS) LAWRENCE CIMER (MARION) VIRGIL & FRAN SPADACCIA (HERNANDO) RICK & LINDA WEBER (LAKE) HON. STAN & MARILYN BAINTE (LAKE) GUS GUADAGNINO (HERNANDO) RON & BONNIE RUGE (HERNANDO)</p>
---	--

POLITICAL ADVERTISEMENT PAID FOR AND APPROVED BY SCOTT WYNN, NON-PARTISAN, FOR CIRCUIT JUDGE



**Chris ... Helene ...
Gordon ... Joyce ...**

Are you prepared?

Ontopoftheworldinfo.com has a Hurricane Preparedness section with links to printable tracking maps and preparedness checklists and other handy information.




Beth Pantages
PT
Clinical Director

Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

- ◆ Aquatic Therapy
- ◆ Orthopedic Conditions
- ◆ Stroke Rehabilitation
- ◆ Balance & Fall Prevention
- ◆ Back & Neck Pain
- ◆ Fibromyalgia
- ◆ Sports Injuries
- ◆ Motor Vehicle Accidents
- ◆ Joint Pain & Stiffness

**7860 SW 103rd St. Rd.,
Building 100
Suite 2
Ocala, FL 34486
(352) 854-3424**



Birders' Beat
Jane Callender

The Unique Birders will not meet in August. Come join us on September 19 at 1:30 p.m. in Suite H of the Arbor Conference Center. For further information call Roberta Campbell at 854-4814 or me at 861-2983.

No picture was available for the "Bird of the Month" so I decided to use one that ev-

eryone recognizes — the American Crow. They can be annoying, but every creature has a place in the universe. This common permanent resident is unmistakable — entirely black, large heavy bill and a familiar call — a repeated caw. Loosely constructed nests usually are located high in a pine or tall hardwood tree. Crows' habit of "mobbing" secretive birds of prey (i.e., hawks) save many smaller birds.

American Crows have earned a reputation as crop destroyers. Their diet, however, is predominately a variety of insects, young rabbits, snakes, rodents and the eggs and the young of reptiles and birds. They have often been seen dipping large pieces of bread into birdbaths when people have tossed out (unwisely) large pieces of bread in their yards.

Until my daughter moved south, a crow was a crow. Then, commenting on the strange voices of crows in Brandon, she learned there is a fish crow. It is named the "Uh Oh" bird due to its hoarse, nasal voice. Slightly smaller than the American Crow, its diet includes many wetland foods such as crabs, mollusks and crayfish. ☺



Nature Around Us
Doris Mauricio

One of the fears I brought with me from up North was a fear of snakes. My first encounter with a snake took place only two weeks after moving into my new home. I was walking back from the mailbox scanning my mail, and looked up to see a long black snake stretched out in front of me sunbathing on the sidewalk. I screamed and waved my arms in fear. The snake raised its head in fear, and we both took off in opposite directions. The next year, after completing the Florida Master Gardener course and learning that the majority of snakes are harmless, my unfounded fear of snakes disappeared. Of the 45 species and 44 sub-species of snakes found in Florida, only six species are venomous.

All snakes are carnivorous predators that feed on a variety of small preys. For example, corn snakes, rat snakes and pine snakes eat rats and mice; water snakes eat fish and frogs; hognose snakes eat toads; green snakes and earth snakes eat insects; ring-neck snakes eat earthworms; king snakes and scarlet snakes feed on lizards and other snakes. They are most abundant where their prey is abundant and do not live where they cannot find food. If you have rats or mice around your house, one of the best things you can do is welcome any rat snakes you might find in your garden or backyard.

Master the Possibilities Course Correction

By DAN DOWD
DIRECTOR OF EDUCATION

There is a course correction from the Summer Master the Possibilities. Please note that Lyn Hill's first class entitled "Reducing Pain and Increasing Quality of Life" has the following description:

When a large part of your stress is caused by pain or the pain of someone you live with, there are mechanisms you can use to minimize the impact of functional loss on your lives.

Lyn Hill will suggest some simple techniques that will improve comfort level and can save you time and frustration. Pain limits your involvement with others and cuts down on the fun in life.

Reducing the pain and the impact of pain will allow for a more balanced lifestyle. ☺



Citizens Emergency Response Team
Caroline Scott

Oops! Last month I stated that Tom Go-forth, Emergency Management Coordinator, felt that our homes here in On Top of the World would withstand a category hurricane 3 with winds from 111 to 130 mph. Let me correct this error on my part. Tom stated that our homes could probably withstand a category 2 with winds from 96 to 110 mph. I am sorry if I misled anyone.

Last month, Alberto came and went very peacefully for which we are all glad, but it got me to thinking about more severe storms. Since we only have 29 members, it would mean that in the event of a serious storm, these members, in theory, would be

responsible for helping approximately 241 residents each! Those numbers can only mean one thing. That each of our residents will have to take it upon themselves to take care of their own families first.

This means preparing by having a disaster kit on hand with the items you would need for a week. (It used to be three days, but the ones in the know predict stronger and more storms this season.) Also keep all important documents in a waterproof safe place, preparing for being without electricity and water, making sure you have any medications on hand. There is a good chance that pharmacies will not be able to open right away. Think about keeping some cash in small denominations in your home because the ATMs and banks may not be able to operate. There are so many other items to remember but each family has different needs so you have to determine what is best for you.

We certainly want to thank all the residents that have very generously donated monies to the CERT Team by donations and buying tickets to our Sunday afternoon dance. Just like everyone else, we are always in need of funds to function to the best of our abilities. Thanks — thanks — thanks to Lolly Foos, Margaret Orlando and Mary Ehle without whose help we couldn't have done it.

Remember for any information you feel you need, you are welcome at any of our meetings held the second Tuesday of each month at 9 a.m. in Suites E, F and G of the Arbor Conference Center. ☺

As the story unfolds Justine and Daniel and at times Duncan are searching for Justine's great-uncle and Daniel's half brother, Caleb Peck. Caleb had vanished from the family scene 60 years previously. The search includes lots of travel and disappointments for Justine and Daniel.

Because Duncan changes his "career" ventures frequently the family moves very often. At first this nomadic life involves just Justine, Duncan and Meg. Eventually, however Justine's grandfather comes to live with them and shares this unconventional lifestyle. Most of their rented homes are dilapidated and worn down.

This doesn't bother Justine, as she possesses only two saucepans and one skillet. Justine doesn't like to cook. She owns a broom and a sponge mop but no vacuum cleaner, no squeegee or scrub bucket. Justine doesn't like to clean either.

You will laugh at the many humorous episodes of this group.

However, there are many times of sadness in this book. You will feel sorry for Meg Peck. She marries fairly young to escape this extraordinary lifestyle only to find herself once again surrounded by "odd" people.

In 1988 Anne Tyler won the Pulitzer Prize for her book, "Breathing Lessons." This book was made into a movie. She has written many popular novels. ☺



View from the Library
Donna O'Neil

If you have read books by Anne Tyler such as "Breathing Lessons," "Saint Maybe" or "A Patchwork Planet," you will know that she writes about interesting, down to earth and often offbeat characters. Anne Tyler's book, "Searching For Caleb," 1975, contains some very such characters.

Meet Justine Peck, sometime fortuneteller, Duncan, her erratic husband, Meg Peck, her 17-year-old daughter, and Judge (former) Daniel Peck, her aged grandfather.

Jeffrey Dee Fleigel, M.D., F.A.C.S.

Suzanne S. Fleigel, M.D.

Board Certified American Academy of Otolaryngology

- Ear, Nose, Throat, Head & Neck Surgery
- Allergy Blood Tests Available
- Removal of Facial Spots
- Facial Plastic Surgery

Blue Cross & Blue Shield Providers
Medicare Participating

1400 South Magnolia, Ocala, FL 34471

732-8171

By Appointment



GOT CLASS!

Take Master the Possibilities' hot summer classes (in air conditioned comfort!)

FERO & SONS
Insurance
"Personal Service Since 1954"

Auto • Boat • Business • Commercial Auto • Flood • Health • Home Life • Medicare Supplements • Motorcycle • Motor Home & Mobile Home

Grand Opening

Friendship Center at On Top of the World

8441 SW SR 200, Suite 117

Ocala, FL 34481

Fast, competitive rates. Please call

352-351-3111

www.feroinsurance.com

Travelers of Florida • Florida Family • Tower Hill • & Others



You are always welcome at Countryside Presbyterian Church. We invite you to come and join us in worship.

Sunday Worship 10 a.m.
Child care available
Pastor Gary O. Marshall
7768 SW Highway 200
(352) 237-4633

Activities August

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness	AC
	Orientation	
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Bocce League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cybex Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Rug/Latch Hooking	Art
	Rummicube	CC:E&F
2:45	Beg. C-W Line Dance	BR
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC:B&C
10:00	Recasting Retirement 8/7	CC:G
1:30	D'Clowns	CC:B & C
2:00	Bocce	CC:H
2:30	Readers' Theatre	CC:D
3:30	Comp. Handicap	CC:H
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D
4:00	10,000 Steps (Water Walk)	AC
6:30	International Club	Art

3rd Week

2:30	Readers' Theatre	CC:D
1:30	D'Clowns	CC:B&C
4:00	Billiards Club	Art
7:00	Sunshine Singers	BR

4th Week

10:00	Williamsburg Social Club	ACC-H
3:00	Community Patrol Prog.	CC:B&C
4:00	10,000 Steps (Water Walk)	AC

Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Tai-Chi (Advanced)	H&R
	Computer Club	CC:B&C
	Hand & Foot Canasta	CR
	Stitch Witches	Art
	Harmonichords	AC
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:15	Total Core & Body	AC
	Strength	MR3
9:30	Pinochle	MR3
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Aquatic Class	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3

12:15	Mah Jongg	CC:A
	Oxycise	H&R
12:30	Bridge	CR
1:00	Singin' Swingin	CC:D
	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Shuffleboard	CTS
1:30	The New Pretenders	HR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	CC:B
6:00	Pinochle	MR3 & Art
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
	Table Tennis	HR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR

1st Week

8:00	Men's 9 Hole Golf	P.R.
2:00	How to talk with a Lawyer 8/1	CCC
3:00	Great Lakes Club	BR

2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC:E,F&G
	Response Team	

10:30 Lies, Damn Lies and Statistics 8/8

12:00	Ham Radio Club	CC:F
1:30	Visually Impaired	CC:H
	Support Group	
3:00	Nutrition Discussion	CC:B&C
3:30	Alpha Investment	Art
6:30	German Club	CC:E,F&G

3rd Week

*10:30	Southeast Asia Part I 8/15	CC:D
1:30	Unique Birders	CC:H
1:30	Culinary: Healthy Cooking 8/15	BR
3:00	NY/NJ Club	BR
4:00	Aqua Yoga	HRP
7:00	Democratic Club	CC:E&F

4th Week

8:00	Lions Club	Pub
*10:30	Southeast Asia Part II 8/22	CC:D
1:00	Scan/American	CC:E
2:00	Book Club 8/22	
	"Prodigal Summer"	CCC
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:D

5th Week

1:00	Current Economy 8/29	CC:B&C
------	----------------------	--------

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Taps on Top	BR
	Men's 18-Hole	Golf
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
	Ladies Poker	MR3
12:00	Oxycise	H&R
12:15	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	H&R Exercisers	AC
	Mah Jongg	CC:A
1:00	Shuffleboard	CTS
	Bocce League	BCTS

1:30	Shallow Water	AC
	Exercises	AC
3:00	Dance Committee	CC:B&C
4:00	Softball Practice	SBF
5:30	Square Dance Class	AC
	Bingo	BR
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Square Dancing	AC

1st Week

*7:45	MOSI Trip (Bodies Exhibition) 8/2	TBA
10:30	Travel Toppers	CC:A
1:30	Stamp Club	Bank PAB
2:00	Marion County History 8/2	CC:H
3:00	Italian/Amer Club	BR

2nd Week

*11:00	Austin Carriage 8/9	CC:H
	Museum Presentation	
*1:00	CPR 8/9	CC:G
2:00	Native Plants	CC:H
3:00	Pennsylvania Club	CC:E

3rd Week

*9:45	Austin Carriage	
-------	-----------------	--

1:30	Museum Tour 8/16	H&R
	Stamp Club	Bank PAB
	4th Week	
9:00	Florida Lawn & Gardens 8/23	CC:E, F G
1:30	So What's Normal	CC:H
	Anyway? 8/23	CC:H
*3:00	Dog Day 8/23	CC:B&C

5th Week

1:00	Shakespeare 8/30	CCC
*3:00	Cats Too! 8/30	CC:B&C

Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC:B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E&F
	Hand & Foot Canasta	CR
	Tai-Chi (Advanced)	HR
	Bus Ocala Run	
	Miniature Golf	MGC
9:15	Total Core & Body Strength	AC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E&F
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Water Walk	AC
	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Arthritis Aquatic	AC
12:00	Lap Swimming	AC
	Advanced Square Dancers	CC:E&F
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing DBD	CC:E&F
2:30	Jazz Club	CC:D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
	Sequene Game	Art
	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Mixed Poker	CC:H

1st Week

10:00	NY/NJ Board Meeting	CC-H
12:30	Rubber Stamping Cards	CC-D
1:00	Identity Theft 8/3	CC:B&C
1:00	Bunko Dice Game	MR3
	Opera Appreciation	CC-C
5:30	Southern Club	BR

2nd Week

*1:00	First Aid 8/10	CC:D
1:30	Singles Club	CC:G&H
*2:00	Reducing Pain & Increasing	
	Quality of Life 8/10	CC
2:00	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F&G

3rd Week

9:00	Hand & Foot Canasta	CR
12:30	Rubber Stamping Card	CC-D
1:00	Bunka Dice Game	MR3
	S.P.C.A.	CC-H
*2:00	Love Life Changes 8/17	CCC

4th Week

1:00	The Scopes Trial 8/24	CCC
------	-----------------------	-----

5th Week

11:00	Pathways 8/31	CCC
*1:00	From Page to Stage	CCC
	Ocala Civic Theatre 8/31	CCC

Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS

8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC
	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Round Dance Class	H&R
	Ladies Poker	MR3
	CYBEX Orientation	GYM
	Circle Square	H&R
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Mah Jongg	CC:A
1:00	Table Tennis	H&R
	Open Games	CR
1:30	Shallow Water Exercises	AC
2:00	Fun In The Water	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Oxycise	H&R
	Nickel Nickel	MR3
6:30	Advanced Bridge	CR
	Full Gospel Bible Study	CC:A
6:45	Euchre	H&R

1st Week

1:00	Women of the World	CC:E
------	--------------------	------

2nd Week

9:00	RC Ladybirds	CC:A
10:00	Reiki Circle	CC:G
2:00	New England Club	CC:E
7:00	Republican Club	CC:E,F&G

3rd Week

2:00	Blackjack Poker	CC:E
------	-----------------	------

4th Week

12:00	High 12 Club	TBA
-------	--------------	-----

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxyc	



D'Clowns
Paula Magen

August — from the Roman Emperor Augustus; the eighth month of the year and we are fully into summer. August means grand and magnificent, which D'Clowns are having performed in spite of very warm weather. Our smaller group has been faithful participants and I am so proud of them. We await the return of the rest of D'Clowns.

While our activities have been winding down we are still performing at Summer-ville's memory support unit every month. We just have so much fun with the residents tossing balloons, catching touchable bubbles, doing the Hokey Pokey, Chicken Dance and YMCA. They have been more comfortable joining us and participating in the action. Reading and telling jokes along with demonstrating balloon sculpture were new activities they enjoyed.

For the second year the annual Bikes, Blues and Barbeques and Hog for Hope events benefiting ARC Marion were held. D'Clowns were there, adding color and humor to a rainy day. The event is coordinated by Heart of Florida Hope Foundation and \$100,000 was raised. The funds go to support the construction of new buildings and infrastructure for ARC Marion. How wonderful!

Our two sessions of clowning for six- and seven-year-olds went very well. Much preparation went into the construction of clown faces on a stick as individual packets of clown face parts were given out to each child. The results were terrific. The youngsters were bright and energetic and loved doing YMCA, the Chicken Dance, Limbo Rock and tightrope walking while holding a small clown umbrella. We did tattooing and Sunflower applied clown makeup to a few of the children. Wigs completed the look.

August will find D'Clowns at the Appleton Art Museum. The museum will host an "Elephants' Homecoming." Many have asked about the missing elephant sculptures from the fountains in front of the museum. A conservator has been working on restoring and preserving them. This will be the theme of the afternoon. D'Clowns expect many children for whom they will be making balloon elephants, doing tattoos and face painting. A special elephant stamp has been ordered to put on the children's

hands as a memento of the day.

Did you know that there is a group called Clowns Without Borders? This is similar to the better-known humanitarian organization Doctors Without Borders. Founded in 1982 in Spain, Clowns Without Borders go to the most troubled parts of the world to bring laughter rather than medicine. The American branch has been expanding. Among other places the more than fifteen clowns plan to visit the U.S. Gulf Coast areas affected by Hurricane Katrina. How humanitarian!

D'Clowns are a fun group. We enjoy a variety of activities and people to entertain and bring laughter to. Come to our meetings on the first and third Monday of each month at 1:30 p.m. in Suites B and C of the Arbor Conference Center. We welcome new clowns and we know you are out there. We will help you with all the aspects of clowning. For info call Paula at 873-3433. ☺

D'Clowns Ellen Richards and Katherine Anshewitz ham it up at the ARC Marion fundraiser.



BLINDS

CALL TODAY AND SAVE ON NEW
BLINDS, SHUTTERS, DRAPERIES AND MORE!

FREE IN-HOME ESTIMATES
INSTALLATIONS
TEMPORARY SHADES

Trust Joy's for all your window treatment needs

- Wood Blinds
- Faux Wood Blinds
- Luminettes
- Silhouettes
- Cellular Shades
- Roman Shades
- Plantation Shutters



Your Quality Window Treatment Professionals

11799 SE US Hwy 441 Bellview, FL 34420

CALL 1-800-737-9404



SUMMERTIME AND THE LEARNING IS EASY!

Join others and find out what new classes are being offered through Master the Possibilities this summer! It's a great time to learn and have fun!

August Has Never Been
HOTTER
(For Classes That Is).....



Free Classes!

How to Talk With a Lawyer
Marion County History
Identity Theft
Recasting Retirement
Healthy Cooking
Lies, Damn Lies, and Statistics

Pathways Book Club
Florida Lawns and Gardens
What's Normal, Anyway?
The Scopes Trial
Current Economy
Shakespeare

Tuition Classes!

CPR and First Aid
Reducing Pain and Life Changes
Dog Day
Cats Too
International Studies: S.E. Asia
From Page to Stage: My Favorite Year

Learn and Go Trips!

Museum of Science and Industry — Bodies Exhibition
Austin Carriage Museum

Catch The Fever! Register Now! Call: 854-8707

Having A Party?

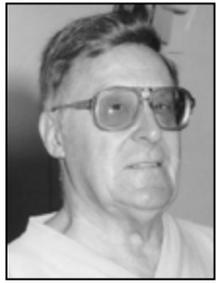
The On Top Of The World Hospitality Division
Will Make Your Event Extra Special.

- New Management!
- Exciting Chef-Created Menu Selections!
- Great Service!
- Decorations, Linens, Theme-Planning!

Perfect Party Planning Is Only A Phone Call Away.

861-9130





Friendship Amateur Radio
Ed Brendle

The Friendship Amateur Radio Club held its monthly meeting on July 10 with Ken Simpson, W8EK, presiding. After the usual introductions and committee reports, several issues were discussed. There were 31 in attendance.

The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes.

The FARC's Club Call is N4FRC. The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, remains in the club's treasury awaiting disposition. At the July meeting, an antennae construction project took place, all 2M. Several models were constructed within groups. As a mobile unit, these antennae will provide the necessary transmission and reception during any disaster, which may require vital communications.

Glen Lucas, W1GFX, assumed the treasurer's position, which was held by Jim Hatfield, W3FJF, since the club's inception. Thanks were given to Jim for his long and loyal service.

The next meeting is scheduled for August 14 at which time the club will tune the 2M antennas. Members should bring the necessary tools in order to accomplish this. All Hams are invited and members are urged to attend and to bring a guest.

The FARC is open to all Hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching both Morse code and theory to help you earn your license.

The FARC meets at the West State Road 200 Sheriff's Auxiliary Station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities.

In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☎



Genealogical Society
Helen Grollmusz

On June 12, the following members of the On Top of the World Genealogical Society had the pleasure of taking Adeline Dunn to lunch at the Pub: Rene Beck, Dick Belz, Diann DeBari, Libby Leknes, Helen Grollmusz, Jeane Burditt, Miriam Boyd, June Lachler, Julia Hendrick, Jean Larlee, June McDonald and Nancy and Ray Dhue. We were all pleased with the food and service at the Pub.

We wanted to let Adeline know that we appreciated all that she has done for our club. She was head of the Genealogical Society from 1997 to 2001. As a token of our appreciation we presented Adeline with a plaque of pressed flowers that was crafted by Edna Oplinger. Since we had a smaller group of members at that time, we didn't have a slate of officers. As more people become interested in their family history, the Genealogical Society has grown and officers were elected.

At our July meeting we welcomed two new residents to On Top of the World Genealogical Society. They are new to genealogy, too. Since we have all started from a blank piece of paper, we know the feeling and can help them get started. They will be free to take out any of the books or tapes for the particular area that they need to research. They may benefit as well from advice from our knowledgeable members, each having a particular area of expertise.

The following information is from Genealogical Society member Carole Kameswaran.

Genealogy research aid: This article is written for those of you who are doing genealogy research, have a computer and are using some sort of software program to record your research.

For those of you who travel from library to library and courthouse to courthouse, you know how much "stuff" you take with you. This article will tell you about a tool that can eliminate most of that "stuff." The tool is a PDA (personal digital assistant).

My PDA is made by Palm but other brands are available. Palm makes several models ranging in prices. However, even the least expensive model will perform the tasks necessary for your research. In addition you can store appointments, addresses, memos



Photo by Rene Beck

Adeline Dunn, left, is honored by the Genealogical Society at a farewell party. Also pictured are Helen Grollmusz and Dick Belz.

and your to do list right at your fingertips. Not to mention cool stuff like games, photos, music, and videos. Does this seem complicated? It's not! Your PDA can even be backed up on your computer or you can enter data on your computer and then put it on your PDA by performing an operation called a hot sync. You just push one little button and the computer does the rest.

The PDA is also very small. They weigh from three to five ounces and measure approximately 3 inches by four inches by half an inch and are much more convenient than a laptop or a three-ring binder.

After purchasing your PDA (remember you already have a computer and your genealogy software program) you need a software program that works on your PDA.

There are several programs available but I will only cover one in this article: My Roots. My Roots claims they have the most powerful genealogy application available for Palm OS handhelds. With My Roots, you can stay organized and work more efficiently whether you're at a courthouse, library or family reunion.

The program works with Family Tree Maker as well as several other similar programs. After the program is installed on your PDA, you create a Gedcom (Genealogical Data Communication) file using Family Tree Maker (or your program of choice) Then the file is converted and downloaded to your PDA and you're ready to go.

On your next trip to the library just take your PDA, a pencil, a notebook and, of course, change for photocopies. That's all!

Note: Go to the following Web site to find out a lot more about My Roots and see actual screenshots: www.tapperware.com/MyRoots/index.html. You can even get a free trial download. The trial version of My

Roots will let you create or import only 20 people.

Ron Chard, a new resident of On Top of the World and a recent member of the Genealogical Society, is sharing the following information.

Allen County Public Library (APCL) located in Fort Wayne, Ind. www.acpl.lib.in.us. On this Web page click on Search Catalog to identify if they have book(s) you are trying to locate. You can also access their genealogy department web page by clicking on Genealogy from this page to see what the library's genealogy department offers.

The Federation of Genealogical Societies and the Allen County Public Library conference that I mentioned, in 2007 has a Web page addressing the conference: www.fgs.org/2007conf/FGS-2007.htm. As I mentioned, APCL library expansion will be completed prior to the conference and the library is located a block from the Grand Wayne Center where the conference will be held. The conference Web page will be updated as more specifics are made available. As I mentioned, I did attend their last conference five years ago and found it very informative. It is geared for the beginner to advanced genealogy research. I lived in Fort Wayne, so this library is very familiar to me. I have visited the LDS library in Salt Lake City, and I can tell from firsthand experience, the APCL library has, by far, more volumes of books on display than the LDS library. A little tip that I will give anyone that plans on visiting any genealogy library: take advantage of a library's online searching prior to making your trip. This makes better use of your time when you arrive at the library. This keeps you more focused and you will know what books are available and their OCLC number for locating the book (s) once you arrive at the library.

The site to access Brigham Young University (BYU) collection of Family History books can be accessed at www.lib.byu.edu/fhc. This page is similar to Heritage Quest Web site and has currently 4726 books available for genealogy research. Like the Heritage Quest Web site, you can enter a search, i.e., county, state, surname, etc. in their search engine. Also like Heritage Quest, you can download page(s) that you would like for our file.

The final web page that I mentioned is a LDS project where they are digitizing some 20 billion (that's right, 20 billion) and are asking for volunteers to do the indexing for them. Once these records are indexed they will be making the results available free of charge on the Family Search Web site. The Web page to access the indexing Web site is www.ldsindexing.org/eng/default.htm. If one wanted to be a volunteer, click on Register Here on this Web page. There is an article that appeared in the November/December issue of the Family Chronicle pertaining to this project. This is a great project that each of us can volunteer for and spend as much or little time as we would like to.

Our sincere thanks to Ron Chard and Carole Kameswaran and Rene Beck for sharing their expertise.

If you have information that you would like to share, you are welcome to join our meetings.

If you have any questions, please e-mail me, Helen Grollmusz, at handlova2@aol.com. Thank you. ☎

Elect a proven leader for the important business of educating our children!

"None of our current board members has ever held a leadership position within a large corporation or entity."
Ocala Star-Banner, April 30, 2006



Dave Alvarez has proven corporate leadership experience – as president of L-3 Communications/Microdyne

Dave Alvarez has proven his commitment to excellence in our schools – as a School Advisory Council President, District Code of Conduct Committee member, and in numerous volunteer roles

Dave Alvarez will maintain the highest standards of ethics and integrity – On the Florida Education Practices Commission, Dave helps set standards for educators statewide

To contact Dave – (352) 694-3727 or dave4schools@aol.com

Dave Alvarez
for Marion County School Board, Dist. 4

Political advertisement paid for and approved by Dave Alvarez, non partisan candidate for Marion School Board, District 4

Vote Sept. 5!

Mid-Florida PHYSICAL THERAPY

Welcomes...

Andrew McNally, MPT
Physical Therapist

Special interest in:

- Orthopedics
- Sports Injuries
- Athletes and Active Adults
- Foot & Ankle Rehab

On Top of the World Friendship Commons
(352) 237-5669

Medicare Certified • Freedom Health Provider • Most Insurances Accepted
www.midfloridapt.com



Photo by Ron Broman

The first of the new and long-awaited trail signs.



Native Plant Club
Ron Broman

"This Longleaf Pine Trail circles gently for about half a mile through a sandhill habitat, home to many native plants and animals. Signs offer opportunities for learning and reflection."

Three guesses where to find these words, and the first two don't count.

No, it's not in the Ocala National Forest, our beautiful neighbor to the east; and no, it's not along the Withlacoochee River as it winds its way to the Gulf. Would you believe its right here in our own On Top of the World!

As you promised yourself, one day you'll drive to the Arbor Conference Center; park

on the right side as you face the building; walk the 72 steps toward the back and to the right and voila! You read the old, beat up sign telling you you're about to have a real experience!

Wrong!

The post is there, but the sign is a brand-spanking-new, eye-catching red one.

Why have signs along a stretch of natural beauty? Won't they detract from the experience? Can't I just enjoy this place without having someone else's challenge attempt to influence me? Can't it just remain natural?

These are questions members of the Native Plant Club have been tackling. What is the purpose of the trail anyway?

The dichotomy is obvious: The habitat can remain totally natural and nobody will know it's there; or humans can impact the habitat and the natural isn't natural any more. What is a fair and healthy compromise?

In the natural world, if we don't know it's there, don't know what depends on it, or what it depends on, then how can we care for it?

I'm a teacher; have been for at least 40 years. Once a teacher, always a teacher.

The Longleaf Pine Trail is a perfect opportunity for teaching and learning. Now the question becomes: How can we establish a process that will enable those who walk on the trail to engage, to mentally as well as emotionally and spiritually engage?

The presence of an actual leader is preferred; but the next best thing is some form of written or auditory stimulation — infor-

mation and questioning — open-ended is preferred.

"Let's get grounded! How would you describe the soil here? What color is it? Is the soil well drained, sticky, or crumbly? Do you think it is more acidic, basic or neutral?"

Why in heaven's name would a trail sign, and a brand new one at that, present such questions? What is so important about soil? After all, it's just dirt — right?

Yes and no. It's dirt all right, but not just dirt. It's made up of some very important ingredients; and just what they are determines what will and will not grow there. With tools, some simple, some not so simple, you can make some intelligent predictions, which can lead to some intelligent actions. That's what science is about, is it not?

Signs present on a trail, although they may detract from the natural environment, may help keep the habitat healthy and more

natural than if they were absent. We hope these signs will help us use our best intelligence so that this beautiful place continues to be beautiful and healthy for those that follow in our footsteps.



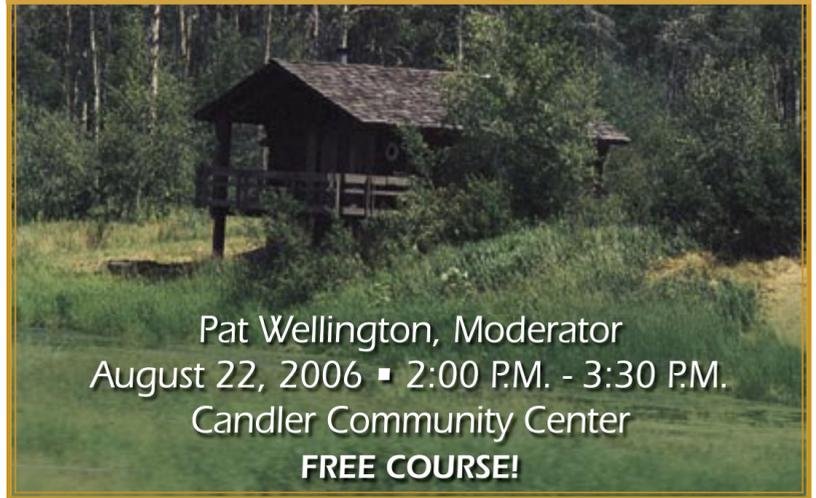
The next meeting of the Native Plant Club will be Wednesday, September 13, at 1:45 p.m. in Suite H of the Arbor Conference Center.

Guda and David Taylor, owners of Taylor Gardens Nursery in Sparr, will share their excitement, experience and expertise as well as some real, honest-to-goodness plants native to where we live. Come join with us and feel the feel of Growing Native!

* There are 10 concept signs now, and soon many smaller signs will identify the individual plant species. ☺

BOOK CLUB

"Prodigal Summer,"
by Barbara Kingsolver



Pat Wellington, Moderator
August 22, 2006 ■ 2:00 P.M. - 3:30 P.M.
Candler Community Center
FREE COURSE!

"Hip and knee replacements are among the most important surgical advances of this century."

THE
JOINT CARE CENTER
WEST MARION COMMUNITY HOSPITAL

Free Yourself.
From the limitations of chronic joint pain

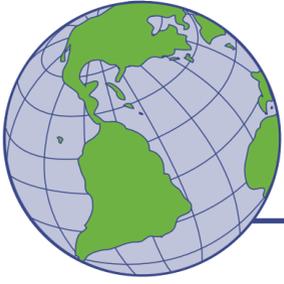
While minor stiffness or occasional inflammation can occur after exercise or injury at almost any age, chronic, debilitating joint pain does not have to be part of the aging process. Helping individuals live active lives free from nagging pain is a priority at The Joint Care Center at West Marion Community Hospital.

The Joint Care Center at West Marion Community Hospital is staffed by a team of experienced orthopaedic surgeons, nurses, case managers, physical therapists and volunteers. From evaluation through surgery and post-op therapy, these experienced professionals are dedicated to bringing the highest care and quality of life to each patient.

To find out if you are a candidate for knee or hip replacement, call to attend our next class. The Joint Care Center at West Marion Community Hospital.

352-291-6401
www.WestMarion.com
4600 SW 46th Court • Ocala, FL 34474





On Top of the World NEWS

Where the News is Always Good

Residents show true colors for the 4th of July, Page 24.

Section 2

Vol. 20, No. 2 • August 2006



Photo by Larry Resnick

Wendell and Joanie Christ enjoy the Fourth of July Celebration in the Health & Recreation Ballroom.

Celebration Draws A Crowd

By DEBBIE CLARK
ACTIVITIES DIRECTOR

Once again this year we celebrated the Fourth of July with our annual Bingo and Chicken Luncheon in the Health & Recreation Ballroom. There were 325 residents in attendance for this year's event and everyone had a good time.

We started this year's event off with bingo, which began at 10 a.m. There were seven regular games with a lot of them being single winners. The last game was a winner takes all coverall with one winner and this lucky person won \$150.

We took a small intermission after bingo and drew a few door prizes, which consisted of gift certificates to local area restaurants and a few from some of the surrounding attractions.

After intermission, our Friendship Catering chefs and staff, along with our own volunteers, served lunch. Lunch consisted of barbecue chicken, potato salad, coleslaw, rolls, cookies and ice tea. Thank you, Chef David and Chef Greg. You did an outstanding job.

Once lunch was finished we were then entertained by Diana & Mitch, "The Big Little Band," who were brought to us by the wonderful people of Munroe Regional Medical Center. Diana and Mitch were once again great and they changed their act around so we were not listening to the same music from last year except for HOT! HOT! Our own J.C. Brown was once again brought up on stage to play the congo drums, and then quite a few of our residents were brought up to play the rest of the percussion section and form a congo line. Also, when Diana & Mitch took a small intermission, we were able to go outside and watch for the shuttle launch. Unfortunately, due to the cloud cover we were only able to see the smoke tail of the shuttle. When we all resumed back inside Diana & Mitch closed their show with the traditional "God Bless America."

We also were able to give away three wonderful grand prizes this year, which I did at the conclusion of the festivities. The first give away was a three-day, two-night stay at the Aku Tiki Inn at Daytona Beach and Willa Ryan won this. The second grand prize was a \$75 gift certificate to J&J Jewelers who are located at Jasmine Plaza and Gladys LaDuke won this. Last but not least was another three-day, two-night stay for the Bahama Beach House in Daytona Beach, which Barbara McDonough won.

At this time I would like to thank all the volunteers along with the light and sound committee. As always, if it was not for you wonderful residents who give so freely of your time, I would not be able to bring these types of events to your wonderful community. Also, I would like to thank our sponsor once again, Munroe Regional Medical Center, and the three establishments, which donated such wonderful grand prize drawings. Last but not least, thank you to all the wonderful residents who attended this year's event. I hope to see you next year. ☺

Jamboree Tickets on Sale Aug. 28

By MARILYN ROSE
DANCE COMMITTEE

A Country Western Jamboree will benefit the Marion Therapeutic Riding Association. Sponsored by the Dance Committee, the dance will be Saturday, September 23, from 7 to 10:30 p.m. in the Health & Recreation Ballroom.

The popular Silver Star Band will provide the music. Admission is \$6 per person and \$12 per couple. Dress is country western or casual. A singles table will be available.

Tickets will go on sale on Monday, August 28, from 8 to 10 a.m. in the H&R Ballroom. They will be available every Monday, Wednesday and Friday until all tickets are sold. There will be no refunds.

There are a few things that we need to tell anyone that is planning to attend this dance. It is a benefit. We will have a limit of four tickets per person. Please have full names available for each ticket you purchase. You will need your On Top of the World ID. Remember that only On Top of the World residents and their overnight guests can attend.

A Dance Committee member will make up a sign up list at 6 a.m. on Monday, August 28. Do not do this before that time. If you need more information, contact Gordy at 854-7981. ☺



Photo by Larry Resnick

Hawaiian Luau

Wanda McDougall, Catering Sales Manager for Friendship Catering, gets ready to serve mouth-watering temptations at the Hawaiian Luau in July.

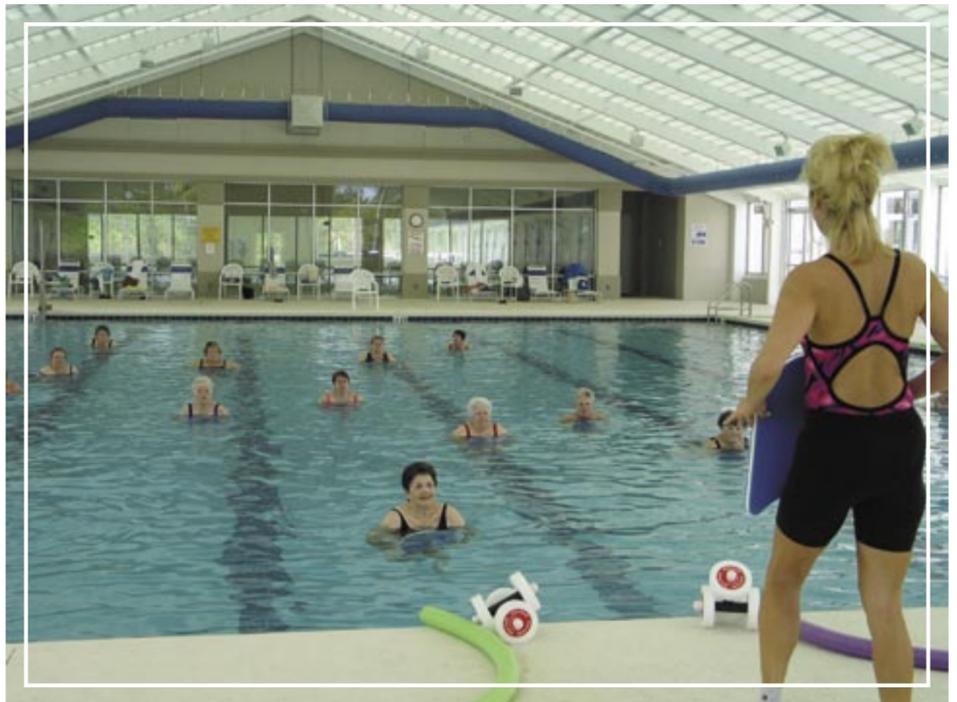


Photo by Robert Krames

Adela Anderson leads a Deep Water Aerobics Class at the Arbor Club.

Making Waves

By MARY PAT GIFFIN

Cross-country skiing, jogging, bicycling, twisting, jumping jacks — these are just some of the activities that participants perform in Adela Anderson's Deep Water Aerobics Class at the Arbor Club. "Pedal, turn to the right, one leg only, open and close," Adela instructs the class as she circles the pool, demonstrating the exercises.

Students splash and swish continuously as they create waves in the clear blue water without their feet ever touching the ground. But don't think you have to be able to swim because it's not a prerequisite. Most of the students wear a floatation device, which helps them keep their heads above water and their bodies upright.

They don't perspire profusely and grunt with every move like many fitness aficionados at the gym and aerobic classes.

"It's an intense workout because water offers at least 12 times more resistance than air, strengthening your muscles," Adela points out. Statistics show that you burn about 135 calories walking on land and 264 deep water walking during a 30-minute workout: jogging for the same time, burns 240 calories on land and 340 calories in deep water.

Sandra and Larry Norton, for example, have lost more than 16 pounds each since taking deep-water aerobics. It's an ideal exercise for them because Larry has arthritis in his knees and Sandra has problems with her feet. An added bonus for Sandra is that her cholesterol has dropped 95 points since

starting the class a year ago.

"It's one of the best things you can do for your body," says Lynn Hill, who has been doing water aerobics for 10 years, five days a week. If it weren't for water, Lynn said she wouldn't be walking because she also suffers from arthritis. She is also one of the few participants who doesn't wear a belt.

The buoyancy of water supports your body and reduces stress on your weight bearing joints, according to Doreen Stiskal, M.S., P.T., a physical therapist at Seton Hall University. With the water supporting your joints it is easier to move freely improving your range of motion.

Pat Quinlan, who bicycles to and from class, "wouldn't give it up (deep-water aerobics) for anything." She wanted to do step aerobics but she has shoulder problems, bursitis, and arthritis. "Big, heavy impact sports are out as we get older."

Don't be fooled into believing you need to be arthritic, recovering from a knee replacement or suffer health ailments to reap the benefits from deep-water aerobics. Sandra Chase started taking it in February with two friends, Linda Bervinkle and Nancy Nichols. Following the class on Monday, you'll find the three of them teed up for a round of 18 holes at the golf course.

Pat MacMurray, another avid golfer, has been doing it for about six weeks. "I love it," she says. "The instructor is great. The course varies. It's refreshing. I feel like I'm ready for the day." ☺



**Director
of Golf**
Jeff McDonald

On Top of the World

The courses have responded great to all the things Andy and the staff are doing out there. I anticipate so much more attention to details when Andy finds enough help to keep all the equipment operating at the same time.

Andy is working on plans to upgrade our driving range tee and short game area. When the changes are complete we will also have new range balls and introduce a range program to you. I am sure that most of you will find the new program very exciting and

as we get closer to completing the changes we will share all the details with you.

Nick and his staff have made super changes in the new members' lounge. We hope that you are pleased with how it turned out. The Golf Shop should be finished soon.

We are going to play a two-day event for Labor Day. The first day will be at Candler and the second day will be on the Links. The dates are Saturday, September 2, and Monday, September 4. Lunch will follow golf each day and I know we will have a great time. A sign-up sheet will be at each club. The first 72 players from each club will be the maximum. Don't miss the fun! All players are welcome.

Candler Hills

The golf course continues to improve and is becoming popular in the Ocala area for the greens. Andy and staff are once again doing a great job.

Attention: All Candler Hills Golf members! I would like to invite you to meet with myself at the clubhouse at Candler Hills on August 8 at 5:30 p.m. I hope to share some information with you that can settle some questions that some of you seem to have and I would simply like to spend some time with you.

The men have now started a men's league on Thursdays. All On Top of the World residents are welcome; please call the Golf Shop for the details. I look forward to getting the ladies off and running as well.

Stay cool and keep swinging. ☺



**Men's Golf
Association**
Paul Del Vacchio

Congratulations to Ed Klodzen for making a hole in one at the sixth hole on the Links Course June 21. Ed probably doesn't know this but in September we will award him a \$50 cash award for having a hole in one on an MGA event day. Remember all members are entitled to this award if they have a hole in one on our game day.

A milestone birthday for one of our own! Gordon Brown, a faithful MGA player until a few years ago, has celebrated his 100th birthday on July 21. We have invited Gordon to be our guest at Chicken Day in Sep-

tember to celebrate his special day with us. Happy birthday, Gordon.

While talking about our members, one man comes to my mind. This man can be perceived as cantankerous, stubborn and thickheaded. He has devoted at least two terms that I know of on the MGA Board. When I first got on the board of directors, my first inclination was to butt heads with him and the more I sparred with him about how to do things the more I found he was right. I'd like to thank Bill Carlson for volunteering his time and efforts to the MGA and I always welcome any comments he has because I know they are made with the utmost good intentions. Thank you, Bill.

It is early July as I write this and the Links Golf Course has never looked better to me. Thanks to Jeff and Andy and Nickie for giving us a quality golf course.

Now for my pet peeve. If all the golf members at On Top of the World would only hold their club in their hand and get in their golf cart and put it in the bag at the next shot or next hole, we would save some wasted time. Why is this so hard to do? Please try it and you will appreciate when the people in front of you do it also.

Words of Wisdom

"Golf teaches that both success and failure are temporary. Golf also teaches that success is a lot more temporary." Rabbi Marc Gellman, PhD, and Monsignor Tom Hartman

See you around the golf course. ☺

MGA Results

Nine-Hole Two Best Balls June 21

67—Albert Novotny, Zane Barnett, Rick Benzing and John Gartung

Scotch Twosome by Flight June 21

A Flight: Tie at 64—Jay Borden and Steve Gregory; Art Buecher and Ed Noe; Jack Ashenfelter and Gerry Gerlach. 65—Leslie Finney and Ron Thompson.

B Flight: 62—Bill Howe and Paul Stone. 67—Douglas Coleman and Don Hink. 68—Bob Cates and Philip Shirley.

C Flight: Tie at 59—Frances Caprez and Bill Krusen; Tony Magri and Alfred Wells. 62—Bill Hawk and Ralph Schmidt. 65—Tom Deegan and Jack Hegarty.

D Flight: 64—Jimmy Johnson and Joe Morea. Tie at 69—Bob Graff and Fred Rodriguez; Dan Bellefontaine and Frank Palotta; Ed Benz and Phil Johnson; William McGarry and Joe Sinsky.

Individual Stableford by Flight Net June 28

A Flight: 44—Tom Smith. 43—Roy Goszewski. 42—Wes Dumeer. 40—Tom Paszek. 38—Leslie Finney.

B Flight: 44—Paul Stone. 42—Jack Ashenfelter. Tie at 39—David Suver and Clifford Jones.

C Flight: 40—Bev Seal. Tie at 38—Roland Schwab and Richard Schiller. Tie at 37—David Miller, Doug Graham, Douglas Coleman and Mike Driver.

D Flight: 41—Ross MacDonald. Tie at 40—Bob Hoehn and Frances Caprez. 39—Bob Kane.

E Flight: 44—Bob Graff. 43—Peter M. Peterson. 42—Tony Magri. 41—Ed Benz.

Nine-Hole Individual Stableford Net June 28

Tie at 23—Albert Novotny and Zane Barnett. 21—Gordon Blanchard.

Red, White & Blue Scramble July 5

Tie at 66—Bob Righter, Barry Barringer and Fred Lang; Dick Gray, Willie Schneider, Steve Gregory and William McGarry. 67—Tom McHaffie, Bob Cates, Jim Blandina and John Newell. Tie at 68—Joe Cameron, Don Scott, Bob Selmon and Tony Capillo; Dan Carty, Rocky Groomes, Bill Krusen and Phil Johnson; George Blankenship, Bill Howe, John Doyle and Fred Rodriguez.

Individual Net by Flight Links July 12

A Flight: Tie at 66—Jay Borden and Ed Noe. Tie at 69—Roy Goszewski and Ed Klodzen. Tie at 71—Rudy Normandin, Wes Dumeer and Raymond Beloin.

B Flight: 67—Bill Carlson. 69—John Podkomorski. Tie at 70—David Suver, Bob Huegeli, Joe Cameron and Don Guymon.

C Flight: 64—Ross MacDonald. 65—Glenn Pecor. 67—Bob Cates. 69—Charles Mattingly. 70—Douglas Coleman.

D Flight: 60—Tony Magri. 62—Tony Capillo. 63—Bill Krusen. 64—Alfred Wells. 65—Frances Caprez.

E Flight: 63—Joe Sinsky. 64—Ed Betts. Tie at 67—Phil Johnson and John Newell. 69—Peter M. Peterson.

Nine-Hole Individual Net July 12

Tie at 32—Guy White and Rick Benzing. 34—John Ricciardone. 35—Gordon Blanchard. ☺



**Summer Golf
Course Conditions**
Sally Collins

With the advent of the summer rains, the golf course conditions may change from the fast, dry fairways of the spring days. Roughs are now three to four inches in length, the fairways are much softer and the grass around the greens is longer.

Often times golfers reach for the same club regardless of the lie of the ball. With the roughs being longer, the golfer must be certain to get his or her ball back in play. The long grass will wrap around the hosel of the club - this grass causes the clubhead to close near impact therefore reducing the effective loft of the club. This means a 7 iron may actually turn into more of a 4 or 5 iron. For a right-handed golfer, the ball often will fly low and left, while the left-handed golfer tends to see a low, right ball flight.

The golfer needs to select a more lofted club and hold the club a bit tighter than usual. Accept the fact that you may not be able to reach the green in regulation and get the ball back into a position where you can get up and down. The hybrids and lofted fairway metals are great tools for the deep rough lies.

If the fairways are saturated after a quick afternoon shower, you may have more success off the tee using a three wood rather than a driver. This is due to the fact the higher loft will give you more carry and ultimately, more distance.

The longer grass around the greens may call for shot creativity as you approach the hole.

If the ball is nestled down in the grass, play the shot as you would a sand explosion shot.

You will actually aim about an inch and a half behind the ball and explode the grass - allow the ball to go along for the ride. This is a shot that requires some practice, so don't try it for the first time in the finals of the club championship!

Most golfers do not practice these trouble shots - when you go to the practice tee, put your ball in some of these more problematic situations. You will have many more shots to draw upon when you are on the golf course in less than ideal conditions. ☺

Decals Issued

Fridays, 10 a.m. to noon
Arbor Club • Fountain Circle

Bring your car, ID card, auto registration and pieces of old decal.

If it is raining, try another Friday.



**On Top of the World
Golf News**
Nick Montanaro

It is with great pleasure that I announce the opening of the lounge. It is located in the old Pressroom, which has been refurbished, and is located adjacent to the Golf Shop. It contains all pertinent golfing information including the GHIN Handicap System and all bulletin boards. This is where golf scores will be posted and tournament sign-ups will take place.

I'm sure many of you have noticed the construction in and around the Golf Shop. I would like to thank everyone who contributed to the project. I hope you stop by to check out the relaxing atmosphere, along with the new 42-inch plasma television, provided for your viewing pleasure.

We have many new and exciting plans with regard to the golf courses, and you have already begun to see some of the changes. Andy and his staff have really done a great job! I am excited about the future, and hope many of you feel the same.

The intent of our efforts has been to boost the overall morale at On Top of the World, and I am thankful for the support that I receive from so many of you. It has been a blast establishing relationships with you all and I look forward to the months ahead.

Accomplishment Acknowledgements

- John Gayso, hole in one, No. 15 Tortoise and Hare
 - Ed Klodzen, hole in one, No. 6 Links
 - Roy Goszoloski, eagle, No. 7 Tortoise and Hare
 - Bob Huegeli, shot 78 at age 84
- Congratulations! ☺



Candler Hills Golf News
Bob Hughes

I have really enjoyed building relationships with those of you frequenting the golf course. The encouragement and support you have demonstrated keep me excited and motivated as we move forward together.

The creation of both a men's and women's golf group has sparked interest at the club. While still in its infancy, it offers a unique opportunity for friendship, camaraderie and a little fun-loving competition. The men play on Thursday mornings, with tee-times beginning at 7:56 a.m. The sign-up sheet is in the Golf Shop, and the entry deadline is Tuesday at 5 p.m. Please don't hesitate to call the Golf Shop with any further questions.

The women are set to play on Wednesday mornings, and specifics are still being worked out. I will provide information next month once the details are set.

I hope everyone is having a good summer!

Accomplishment Acknowledgements

- Gary Gerlach fired a 71! Great round, Gary!
- Candler Hill's Schedule of Events
- August 4 Mixer, 9 holes at 4 p.m.
- August 14 and 15 aerification (course closed)
- August 23 Ladies Night Out, 9 holes at 5 p.m.
- September 2, Labor Day event, 18 holes at 9 a.m. ☺

**Call the Pressroom at 854-0248
to schedule your anniversary,
birthday or new resident photo.**

Friendship Center Golf Cars

(352) 854-2060

Authorized Club Car Dealer



Hot Deals in August

2006 Precedent Club Cars

\$100.00 Free Accessories

Need a Tune Up?

Factory-Trained Mechanic

Professional, Fast & Courteous

\$30.00 + tax

SALES * SERVICE * ACCESSORIES

**Visit us in Friendship Center Plaza, next to Winn-Dixie
8441 SW Highway 200**

Golf Cart Batteries

We Do Repairs & Service At Your Home

6 Volt Batteries & 8 Volt Batteries

Best Prices / Call Us Last

Motors Too

804-0722

* Plus tax & EPA

Delivered & Installed Free

We also sell preowned golf carts & tires





Photo by Larry Resnick

Red, White & Blue

Among those participating in the Ladies 18-Hole Red, White and Blue event on July 4 were, from left, Shirley Smagner, Jacquie Page, Debbie Phillipson and Tish Dertien.



Handicap Committee

Patricia K. Del Vacchio

And the big winner is ... Jimmy Johnson. He was the only one to make it to the No. 2 green. A big round of applause! Bob Carter stood alone in the No. 2 fairway.

C. Arnold, M. Floeckher, I. Gackowski and D. Hink all holed No. 1. B. Bervinkle, J. Borden, R. Border, A. Broman, F. Cipollosio, B. Crippen, C. Jones, B. Keatley, D. Miller, G. Pecor, A. Pollard, R. Schiller, P. Shirley and G. Youmans were all on the No. 1 green.

J. Bennett, M. Driver, F. Griswold, D. Hess, D. Holman, D. Johnson, A. Mudie, P. Peterson and D. Suver were in the No. 1 fairway. Holing No. 18 were A. Buecher, B. Buecher, D. Clark, J. Cleveringa, J. D'Addio, M. Driver, T. Magri, M. McAtee, P. Perrault, M. Rose, J. Rosinski, and G. Russell.

On the 18th green we had C. Apperson, L. Bervinkle, H. Brower, D. Coleman, P. Del Vacchio, G. Gerlach, D. Gray, S. Gregely, B. Gustafson, M. Marquis, B. Ovrebo, R. Randolph and R. Thompson.

Congratulations to all the winners and also to the rest of us that were out there

in the wet early morning and then the hot afternoon. We did have a good time though, didn't we?

When I was first taking up the game I think I was taught more on courtesy and ethics than the swing. I remember being told that you should be at the course before your tee time. This way you don't feel rushed, your partners wouldn't be waiting on you and if there was a cancellation you may be able to get out earlier. Here at On Top of the World we seem to do everything early. Being that we normally don't have tee times but just arrange to meet our partners at the Pro Shop and then play we don't really have any problem, but on Saturday we did have tee times and Paul and I want to thank all of you for being early. We were able to get groups going a little sooner than expected and by all of you being there we could keep the flow moving. And we were able to get off earlier also; it had been a long, hot morning by the time we teed off. So, once again, thank you!

Linda and Wes Dumeer will be hosting the August 5 Scramble. It will be a traditional scramble. Everyone hits and you take the best ball, then everyone hits again and so forth through the hole. Rally at 8 a.m.; see you at the flags. 📍

Just Us Girls Golf

A Just Us Girls Wednesday evening 9 Hole Scramble and dinner will be at Candler Hills Golf Club with 5 p.m. shotgun on Wednesday, August 23. Dinner follows golf.

The \$25 entry fee includes golf, cart, dinner and prizes. You may make your own foursome or the Candler Pro Shop will pair you up.

Call the Candler Hills Golf Club at 861-9712 to sign up. Space is limited to the first 64 lady golfers. 📍



Ladies 9-Hole Golf

BJ Leckbee

Have you seen our bulletin board, now that it's been moved to the new room? Olive Eick painted the lovely and restful backdrop depicting a perfect day for golf here in Ocala. Please try to take a moment to enjoy it next time you're in the golfers' computer room, and let Olive know how much you appreciate it.

The tournament committee has posted the play schedule on the bulletin board for the months of August and September. As is our custom during the summer months, three weeks of each month will be either low gross or low net. Bring your water and sunscreen!

Low Net June 20

Chip-in and Birdie: Olive Eick; Chip-in: Pauline Belloin, Marie Palombo

A Flight: 34—Agnes Tetti, 35—Beryl Leckbee, 37—Mary Hart

B Flight: 36—Betty Tully, Tie at 39—Joyce Auckerman, Carol White

C Flight: 34—Ruth Koch, 38—Olive Eick, 39—Virginia Keuvelaar

D Flight: 34—Judy Garrett, 35—Linda Heenan, 36—Sumiko Bridges

Low Gross June 27

A Flight: 44—Darlene Clark, 46—Grace Bock, 47—Dawn Hagberg

B Flight: 46—Marlene Floeckher, 50—Mary Carson, 53—Carol White

C Flight: 50—Ruth Koch, 51—Sharon Bailey, 54—Ann Hetzel

D Flight: 55—Helen Degraw, 58—Sumiko Bridges, 59—Laura Jean Teyral

Scramble Tortoise July 4

39—Beryl Leckbee, Millie Nucaso, Helen Degraw, Pat Black

40—Agnes Tetti, Marlene Floeckher, Laura Jean Teyral, Linda Heenan

41—Darlene Clark, Carol White, Carol Bell, Lucy Quaranta

Low Net July 11

Chip-in: Millie Nucaso

A Flight: 36—Darlene Clark and Mary Hart; 38—Dawn Hagberg

B Flight: 34—June Tassinary; 36—Mary Carson, Jan Moon, Betty Tully

C Flight: 35—Jean Flynn and Carol Bell

D Flight: 32—Rolla Geiser; 33—Helen Degraw; 37—Fran Mencher 📍



Ladies 18-Hole Golf

Mary Lyon

Welcome to our three new members: Diane Hamments, Carol Joseph and Pat MacMurray and congratulations to Margie Wade for three chip-ins on July 4.

We played a new game called Goofy Team Scramble. It lived up to its name. A worker who watched us teeing off from in the middle of trees probably thought we were goofier than the game. He must have been sure of it when he saw us teeing off from the middle of a sand trap, without tees, of course. Thanks to Nick and Linda for setting out the new "tees" and most of all, for telling us where to look for them.

Sign up for next week in our spacious new computer room, the old Pressroom. It is going to be very nice when it is finished. We appreciate the dressing room in the expanded Pro Shop so we can try on our new duds.

Congratulations to our winners:

TnF by Flight-Net June 20

D Flight: 35—Helen Foskett; 36—Euny Moore; 38—Betty Crippen; 39—Lena Sneed

C Flight: 34—Shirley Smagner; 35—Tish Dertien; 36—Mary Alice Narwold; tie at 38—Dea Johnson and Esther Lang

B Flight: 34—Angelita Pena; 37—Agnes Lindley; 38—Jo Apperson; 41—Louise Suver

A Flight: 34—Nancy Nicholas; tie at 35—Sandy Chase and Nancy Zielinski; 37—Mary Jane McAtee

Chip-ins: Margie Hink, Mary Lyon, Angelita Pena, Sandy Chase, Agnes Lindley

Goofy Team Scramble Gross June 27

63—Linda Bervinkle, Pat MacMurray, Connie Shirley

64—Valerie Smith, Angelita Pena, Dea Johnson, Deb Phillipson

Tie at 67—Sandy Chase, Phyllis Jarskey, Margie Hink, Euny Moore; Nancy Zielinski, Harriet Brower, Helen Foskett; and Beverly Ovrebo, Jo Apperson, Mary Alice Narwold, Shirley Smagner

68—Nancy Nicholas, Velma Rose, Fran Griswold, Ruth Border

Red, White and Blue July 4

A Flight Gross: 83—Jackie Rose; 89—Linda Bervinkle; 93—Beverly Ovrebo

Net: 71—Sandy Chase; 74—Joan D'Addio; tie at 75—Betty Gustafson and Nancy Nicholas

B Flight Gross: 95—Marilyn Rose; 99—Glenna Swank; 102—Margie Wade

Net: 73—Angelita Pena; 75—Louise Suver; 76—Diane Hamments

C Flight Gross: 106—Dea Johnson; 109—Deb Phillipson; 115—Tish Dertien

Net: 73—Shirley Smagner; 79—Mary Skennion; 85—Jackie Page

D Flight Gross: 114—Carolyn Cummings; tie at 122—Esther Lang, Helen Foskett and Elsie Calabrese

Net: Tie at 78—Betty Crippen and Ruth Border; 95—Catherine Becraft

Chip-ins: Margie Wade (3), Betty Gustafson (2), Marilyn Rose, Diane Hamments, Linda Bervinkle

Low Gross/Low Net July 11

A Flight Gross: 88—Mary Lyon; 89—Gretchen Normandin; 90—Nancy Zielinski; 91—Beverly Ovrebo

Net: Tie at 73—Phyllis Gaddy and Joan D'Addio; tie at 74—Sandy Chase and Nancy Nicholas

B Flight Gross: 91—Betty Gustafson; 100—Linda Dumeer; 102—Pat MacMurray; 107—Mary Driver

Net: 76—Mary Jane McAtee; 78—Velma Rose; 81—Marilyn Rose; 85—Glenna Swank

C Flight Gross: 97—Harriet Brower; 101—Diane Hamments; 106—Angelita Pena; 108—Louise Suver

Net: 73—Marg Mens; 75—Helen Bextermueller; 76—Tish Dertien

D Flight Gross: 114—Helen Foskett; 119—Ruth Border; 120—Deb Phillipson; 121—Esther Lang

Net: 78—Euny Moore; 80—Betty Crippen; 81—Lena Sneed; 91—Catherine Becraft

Chip-ins: Joan D'Addio, Linda Bervinkle, Harriet Brower, Deb Phillipson, Margie Wade, Nancy Nicholas (2), Lena Sneed 📍



The #1 Golf Car in the World

Authorized Dealer



GOLF & UTILITY VEHICLES, INC.

- Batteries
- Tires & Wheels

- Complete Paint Jobs
- Parts Catalog Online

NEW • USED • REMANUFACTURED

WE HAVE A COMPLETE SERVICE AND PARTS DEPARTMENT FOR ALL MAKES & MODELS

861-7433

8820 SW Hwy 200, Ocala • www.E-ZRide.net

CLASSES AT ON TOP OF THE WORLD COMMUNITIES!

Over 1,200 served this year! Join the learning community!



Bocce
Bob Woods

Many of the regular players and some of those who are new to the game at On Top of the World have asked when the fall session will begin. The fall session will begin Monday, October 9. I hope to attend the start time each session to answer any questions that might arise. By starting on the 9th I hope it will alleviate some of the problems we had last year at the beginning of the season. No matter what time we start the fall session it won't be convenient to some.

I realize that by starting on this date that would put the Best of Bocce on the Monday of Thanksgiving week. I have heard some disagreement with that but if the fall session started earlier there will be less people back from the north. Last year we had many teams that had to make up games and then there were some that just forfeited the games missed. My hopes are that if a game has to be made up that those teams involved will do so.

The start time may or may not be convenient to some of the players but I am trying to make the entirety of bocce sessions run a little smoother with everyone's help and understanding.

I have contacted all the league representatives that I could and have phone num-

bers regarding the forms to be filled out by the reps after contacting their team captains. These forms contain the names and phone numbers of each team player, plus the captain of that team. We need these forms filled out ASAP as it takes time to complete our master team roster and I don't want to wait until the last minute before completing that roster.

To let everyone know, summer bocce is doing just great. We could use a few more players in both the Monday and Wednesday sessions. Most of the time we could have used a few extra players and there have been only a few days that the courts were full. Remember, those who sign in first get to play — the first 32 players, that is. I would suggest you get to the courts on or before 8 a.m. I know it is early for some but if you want to play then get there way before 8:30 a.m. The main reason for starting early is to beat or at least try to beat the day's heat.

Summer bocce will continue until the last week of August. That means Monday, August 28, and Wednesday, August 30, will be the end of summer bocce. I will admit that it has been a lot of fun and the fun is still continuing. If you wish to join us, then by all means show up at the designated time and day. That goes for those of you reading this article who have never played before. We will teach and it is all free and fun.

I would like to take this opportunity to announce that the first bocce board meeting will take place the second Monday in September (September 11) in the Arbor Conference Center, Suite H, 2 p.m. I realize the meetings are regularly planned for the first Monday of the month which it will be from now on, but the first Monday in September is a holiday, Labor Day. I believe some people will be out of town or at least somewhere celebrating the long weekend.

I hope all of you are enjoying your summer. I see a lot of grandchildren visiting us senior kids and hoping the youngsters and oldsters are having a good time. Until I see you all on the bocce courts, keep those balls rolling. ☺



Shuffleboard
Claude Servais

The first order of business is to conduct a bit of housecleaning.

In last month's column, I mentioned that Joe Szabo would be the captain of the new Thursday afternoon team. I also listed his telephone number. Unfortunately, it was the wrong number.

If anyone is interested in playing Shuffleboard on Thursday afternoon, please call the correct number, which is 291-1145.

Also, I mentioned that Al Rommel would start a new team, on Tuesday morning and gave his telephone number. Unfortunately, a few days after publication, Al informed me that he had to go out of town for a while.

A list has been posted at the court for your signature if you are interested in Tuesday morning or you can contact me at serc@aol.com and I will collect the information for Al.

Please note, if you contact me by e-mail, use the word "shuffleboard" in the title, as like everyone, I delete a lot of spam without reading it.

Now to serious business.

At the executive meeting of September 6, it was decided to raise the membership fee to \$7 per year, per person, from the present \$6. It would be greatly appreciated if these dues were paid the first week of the year, which begins on September 3.

The following is a list of the projected captains and time of play for the upcoming season. Captain is listed first, followed by co-captain.

MONDAY 9:30 A.M.: Tom Cullum, Bob Schuck

MONDAY 9:30 A.M.: John Mataya*, Lou Fisher

TUESDAY 9:30 A.M.: Al Rommel, open
TUESDAY 1 P.M.: Joe Veres, Jim Lynam
WEDNESDAY 1 P.M.: George Hajjar, Vito Chieco

THURSDAY 9:30 A.M.: Jack Smith, Frank Dubay

THURSDAY 1 P.M.: Joe Szabo, Tony Manzo
FRIDAY 9:30 A.M.: George St. Denis, Elaine Austin

* John Mataya has been good enough to take over the Monday a.m. captain slot on a temporary basis. Anyone interested in taking over the Monday a.m. captain's position, should contact either John or Joe Veres.

It may be useful to review some of the violations and penalties imposed on players according to the Florida Shuffleboard Association, Inc.

Shooting opponents disk: -10 points
Discs not in starting area: -5 points
Played disc touching front or back line: -5 point

Played disc touching side of triangles: -5 points

Player straying on or over baseline or extension of baseline while in the act of executing a shot: -10 points

Player must not stand or step on adjoining court: -5 points

One of the most important rules, and the one most violated is Rule 11. This rule states and I quote "Players must not talk or make remarks to disconcert opponent's play. Penalty: -10 off."

Rule 12 states, "Any remark or motion to partner which indicates coaching his/her play is prohibited." -10 off.

Of course, there is no one in our league who would dream of breaking these rules. ☺



Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.



Mini Golf
Jack Coyle

Providence Putters Mini-Golf

June 20

Ladies: 45—Inge Vogt. 57—Emmy Ricciardone.
Men: 36—Kurt Vogt. 44—John Ricciardone. 50—Oliver Aube

June 27

Ladies: 46—Emmy Ricciardone. 50—Jennie Griglio
Men: 44—Ben Resta. 46—Joe Griglio.

July 4

Lady: 52—Emmy Ricciardone.
Man: 46—Oliver Aube.

July 11

Ladies: 46—Emmy Ricciardone. 53—Sandra Ensley.
Men: 43—John Ricciardone. 44—Doug Ensley. 50—Oliver Aube

Sunday Mini-Golf

June 18

Ladies: Tie at 49 Eleanor Soens and Florence

Krowka - 60 Jennie Griglio.

Men: 36—Dick Soens. 43—Oliver Aube. 56—Joe Griglio.

June 25

Rained Out

July 2

Ladies: 43—Chris Resta. 44—Emmy Ricciardone. 50—Eleanor Krowka

Men: 40—John Ricciardone. 44—Bob Maxwell. 45—Ben Resta. 51—Oliver Aube

July 9

Ladies: 46—Chris Resta. 49—Marilyn Cernecarl. 50—Florence Soens. 54—Emmy Ricciardone.

Men: 39—Dick Soens. 43—John Ricciardone. 45—Ben Resta. Tie at 47—Bob Maxwell and Don Cernecarl. 59—Oliver Aube.

Thursday Mini-Golf

June 15

Ladies: 39—Emmy Ricciardone. 47—Florence Soens. Tie at 52—Marilyn Cernecarl, Jennie Griglio.

Men: 40—Don Cernecarl. 43—Dick Soens. 47—John Ricciardone. 48—Oliver Aube. 49—Joe Griglio. 51—Bob Maxwell.

June 22

Rained Out

June 29

Ladies: 50—Emmy Ricciardone. Tie at 51—Florence Soens and Marge Saxon. 59—Jennie Griglio

Men: 39—John Ricciardone. 40—Dick Soens. 44—Bob Maxwell. 47—Oliver Aube. 49—Glenn Saxon. 59—Joe Griglio

July 6

Ladies: 47—Chris Resta. 48—Florence Soens. 50—Marge Saxon. 54—Emmy Ricciardone.

Men: Tie at 38—Dick Soens and Ben Resta. 39—Glenn Saxon. 44—John Ricciardone. 46—Oliver Aube ☺

Golf
Rules Corner
Bob Hughes

The Travelors
Jo Apperson

Thirty-two golfers traveled to Rainbow Springs Golf and Country Club on June 9. Ed Noe, Bob Carter, Bev Ovrebø, Mike and Nancy Zielinski and Marvin and Maureen Brooks were our guests for this outing. Mike and Mary Driver, our hosts, chose 3 best balls for the game.

Art and Barbara Buecher won closest to the pin honors on the eighth hole. Team winners were: first, Art and Barb Buecher and Marvin and Maureen Brooks; second, Bill Daugherty, Mary Lyon and Paul and Georgette Perrault; third, Johnny and Jerry Gill and Mike and Mary Driver; fourth, Dick Hess, Bev Ovrebø, Bob Carter and Mary Jane McAtee; and fifth, Bill and Linda Bervinkle and Mike and Nancy Zielinski.

Our fall three-day outing will be held at Orange County National Golf Center on September 11 through 13. For more information, contact Mary McAtee, our hostess, at 873-3285. ☺

July's Question and Answer

Q. A player holds the flagstick with one hand and holes a short putt, gripping the putter with his other hand. Is this permissible?

A. Yes, provided the flagstick has been removed from the hole and the ball therefore does not strike it. If the ball were to strike the flagstick, a breach of rule 17-3a would occur.

Match play - loss of hole stroke play - two strokes

August's Question

Q. You have hit your ball off of the teeing ground and are unable to find it. How should you proceed? ☺

Deadlines:

Classified ads: 13th of the month
Articles: 14th of the month

Vas Murthy, M.D.
Friendship Family Practice

- Board Certified American Board of Family Practice
- Certified in Geriatrics (Elderly) Medicine
- Medicare Assignment Accepted
- On Staff at Munroe Regional & Ocala Regional Hospitals
- Cigna, BC & BS PPC

Medical Park West

8150 SW SR 200 Suite 100
Ocala, FL 34481-7756

873-1010

Hours: Mon.-Thurs. 9 a.m. to 5 p.m. • Fri. 9 a.m.-noon

Appointments Preferred

NOW - a provider of Blue Cross/Blue Shield



Barbara Bucy,

D.M.D.

Special Interest in Cosmetic & Implant Dentistry

854-6633

Same day emergency appointments usually available

Friendship Center Dental Office

Located in Friendship Center
near On Top of the World entrance

8441 SW State Road 200
Ocala, Florida



JOY
Evangelical
Lutheran Church

joyocala@earthlink.net

June-August Schedule

Sunday Worship: 10 a.m.

Wednesday Evening Worship: 6:30 p.m.

Nursery Provided

Edward Holloway, Senior Pastor

Sean L. Forde, Associate Pastor

7045 SW 83rd Pl., Ocala

(352) 854-4509



Billiards
George Tookmanian

First of all, I wish to thank Richard Impressa for the great column he wrote in last month's issue of the World News, in my absence. Cathy and I had gone to New York and New Jersey to visit family and celebrate a wedding and two graduations. (Somehow that sounds like a movie title). Our granddaughter Caitlyn graduated from James Monroe University in Virginia, and our granddaughter Denni from Carmel High School in New York. The wedding was in Buffalo, and reception held in Niagara Falls. What a trip! We were lucky to have

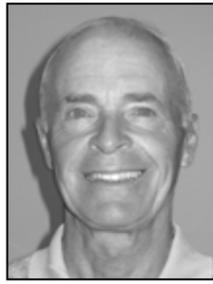
gone when we did as some of the roads we traveled on became impassable a week later on, in New York. As every one here, in On Top of the World has no doubt experienced, it is great to see the family, but it is great to get home!

The club currently has at least 150 members in good standing, which is a tribute to the leadership of the club and the many who do the little things to promote the billiard club. To wit, a pizza party on July 17 had a goodly number of folks signed up. One must realize to put on an affair of this kind takes some planning and a lot of willing hands. If one belongs to other clubs and they host such affairs, then please be appreciative, and support and help out where and how you can. We have a number of great citizens who do just that!

Coming up, on September 9, the club will be holding a sale of various items (no clothing). If you have articles that you care to donate, please call Richard Impressa at 873-8247 for pickup. Thanks!

I should tell you the sale will be in Suites E and F of the Arbor Conference Center.

We haven't had too much opportunity to play pool, but the Monday night guys had an opening for me, and it was good to get back to "strokin'." Very nice, friendly group to play with, and very skilled. Thanks guys; I enjoyed myself. I will try to have more pool tidbits next column. ☺



Pickleball
Luke Mullen

This past month we have had more fun on the pickleball courts. Of course we have also had some warm evenings while playing. One nice thing that has been happening regularly is that new people have been dropping by to see how the game of pickleball is played. Everyone is always invited to come and observe how we play and become familiar with the game. For those who may not have ever played a racket/paddle type of game, it might be best to watch actual play for awhile. However, we have paddles and balls available, at no cost, for any residents to borrow that would like to try their hand at this fun game.

The Pickleball couple of the month is Dorothy and Mario Migliaccio.

This month we decided to recognize some of our dedicated players. They are Dorothy and Mario Migliaccio. They have been playing pickleball from the onset of the game here at On Top of the World. They have lived here for two years, coming from Westchester, N.Y. Besides pickleball, the couple square dances and also belongs to the Shuffleboard Club. While both golf, Dorothy plays in the Ladies 9-Hole League at the Candler Hills Golf Course. Mario is an avid gardener and has a plot at the 90th Street garden. He also is a member of the Woodshop.

They have been married for 52 years. They describe pickleball as great fun, good exercise and nice people.

Along with new participants getting the basics from more experienced players we also have improved our own way of ensuring that all players have a fun time playing different participants. Recently our method of play reached a new level. With 14 players on a recent Sunday night our group of players experimented and developed a new method of playing and rotating participants through the evening that provided all with a thoroughly enjoyable pickleball experience.



Mario and Dorothy Migliaccio

With help from suggestions from one of our new players, Jack Fey (who recently moved to On Top of the World from Highland Lakes in Leesburg and played pickleball there), along with others, the new system of how to rotate players into other games made sense.

One of the goals of our pickleball group is for all participants to play as many different players as possible as well as many matches. This gives new players the chance to play with more experienced players as well as allowing the better players to help new players improve their game.

The system that we used for rotating players was not always successful using our initial efforts. What the new system did, which Jack had already experienced before, was to allow a uniform system of rotation so that different players got to play each other. The way it works is two teams of two play each other. The winners of this match play again but not on the same team. Two new players play the next match with these winners. The losers of the first game then sit out until it is their turn to play another match. When enough players participate, an individual should not play more than two consecutive games on the same court. After an individual plays two games that person leaves the court along with the team that lost the second match. Then, three people come in to play the next game. This system allowed the rotation of players to ensure that all players have a chance to play many different players of varying abilities throughout the evening. This system helped participants have a fun night of pickleball!

If you would like to try pickleball you can just show up at our current scheduled times of 6:30 p.m. on Sunday, Wednesday and Thursday evenings or for more information about the game please contact Luke at 291-8625. ☺

On Top of the World Bus Schedule

PICK-UP	ROUTE	TIME
Crescent Ridge 1&2	97 th Lane - 99 th Ave. - 96 th st.	8:57 am
Americana Village	89 th Ct. Rd - 85 th Terr. Rd.	9:02 am
Friendship Village	96 th Lane - 84 th Terr.- 93 rd St.	9:05 am
Friendship Colony	83 rd Terr. - 90 th st. - 87 th Ave.- 97 th St	9:05 am
Friendship Park	97 th St. - 94 th Lane	9:07 am
Friendship Village	89 th Ct. Rd.-92 nd st. Renaissance	9:10 am
Williamsburg	90 th St.-91 st Cir. East-91 st Cir West.	9:10 am
Providence	90 th st. - SW 96 th Terr. - SW 92 nd Pl. Rd - 96 th Ct. Rd.	9:15 am
Exit Community		9:25 am

OCALA RUN: TUE,WED, TH, FRI.	ARRIVE	PICKUP
Lowe's	9:45 am	11:20 am
Paddock Mall	9:50 am	11:40 am
Wal-Mart superstore	10:00 am	11:40 am
Target	10:15 am	11:40 am
K-Mart	10:15 am	11:45 am
Gaitway Plaza	10:27 am	11:45 am
Paddock Mall	11:50 am	
Wal-Mart Superstore	11:55 am	1:40 pm
Target	12:00 pm	1:40 pm
K-Mart	12:00 pm	1:40 pm
Gaitway Plaza	12:00 pm	1:40 pm
Paddock Mall (Final Pickup)		1:45 pm
Publix (Final Stop of the Day)	½ hour	
Thursday Grocery Run		4:00 pm
Sam's Club 3 rd Friday of the month.	1:00 pm	2:30 pm
Down Town Square Ocala 1 st Fri. of the month	1:00 pm	2:30 pm



Pickleball Tip
Bill Daughtery

Let's talk about the serve this month. Put your serve into the correct service court. I cannot stress enough the importance of doing this.

Pickleball is different from tennis in this regard. You don't get a second try, and most serves, no matter how good they might be, are returned.

Don't try to "ace" the serve. Your serve can be slow, high or otherwise less than stellar, but, if it lands in the serve court, you

are that much closer to making a point.

Have fun but play hard. If you miss the service court, your attempt at the point is lost.

Call the score just before you serve — not while you're serving and not too far ahead of the serve. Call the score — then leave a few seconds for any questions or corrections before starting the serve. Doing this alerts all the players that you are preparing to serve the ball. Calling the score while you serve is distracting to you and your opponent and is considered to be poor etiquette on the court. You'll find that anything occurring while you serve will cause you to serve out of bounds, into the net, or otherwise serve poorly.

Vary your serve. If you serve deep before, try a short serve to throw your opponents off guard.

Try deep serves to the baseline. Players can sometime be caught "creeping" into the court area and, because they must play off the bounce, they'll have trouble doing so if they are too close.

Serve to your opponent's backhand. Most players are weaker on the backhand side, and their reach isn't as long, so this is typically a good strategy.

Serve low since these serves are generally harder to return hand high floaters.

Play hard but have fun.

Mr. Bill ☺

Re-Elect Kurt Kelly A PROVEN LEADER WITH A MIND FOR BUSINESS AND A HEART FOR EDUCATION

SCHOOL BOARD Dist. 3

A successful businessman with a Masters Degree in education.

A visionary, raising our schools to an A-District.

Championed the naming of our newest SW school after Marion County's Medal of Honor recipient, Hamett Bowen Jr.

A recognized leader in curriculum and the award-winning MTI (Marion Technical Institute) Vocational Programs.

American Value, Virtue and Character

Kurt Kelly believes we must, "Secure the blessing of Liberty to ourselves and our posterity."

Political advertisement paid for and approved by Kurt Kelly, NP for School Board Dist. 3.

Are you prepared?
Ontopoftheworldinfo.com has a Hurricane Preparedness section with links to printable tracking maps and preparedness checklists and other handy information.

A-CUSTOM BLINDS

Ocala Rep
352-425-4799

- WOOD BLINDS
- VERTICAL BLINDS
- BAMBOO
- VERTI-SHEER

Call Mike

Our Showroom Comes To You



International Club Bill Shampine

The International Club does not hold meetings during the summer, so this article will be devoted to a general international theme rather than a description of a specific club meeting.

Let's talk about money, a topic of interest to most of us! When traveling abroad, you have to be able to understand, and make fiscal sense of, a plethora of currencies. The advent of the use of the Euro as a common currency among the countries of the European Union certainly has simplified currency issues relative to travel throughout much of Europe. Nevertheless, a traveler may encounter euros, pounds, marks, francs, pesos, yuan, shekels, lira, baht, dinar, rupees, rubles, krone, pula, and many, many more (not to mention the group of coins that are derivatives of this imposing list of "dollar" bills!)

Although the variety of currency is enormous, you should not let it be daunting. A little advance preparation will go a long way toward making your trip abroad a bit easier, and the Internet is a great source of information.

Current exchange rates for the currencies of the world are available at many sites on the Internet. If you don't already have a favorite site (mine is www.xe.com), you can go to www.google.com and search on "currency exchange," which will provide you with a list of many choices. Any of these sites show you the current exchange rate in units per U.S. dollar and U.S. dollars per unit.

Owing to the economic conditions of a country, there can be a very large difference in the value of the U.S. dollar among the many currencies of the world. For example, on July 7 you would only get 0.289 Kuwaiti dinars for 1 U.S. dollar, but you would get 27,891 Romanian lei for 1 U.S. dollar! Some countries, such as Romania, have pretty severe inflation issues that lead to some outlandish financial situations. For example, in 2002, this author had the good fortune to host a group of Middle Eastern colleagues for dinner in Istanbul, Turkey. Unfortunately, Turkey had the highest inflation rate in the world at the time — about 1,200 percent per year. The dinner bill for a modest meal for the 12 of us totaled more than 1,200,000,000 lira! At the time, \$1 equaled about 1,624,000 Turkish lira (the rate literally changed by the minute!) Since a one million lira note was worth about 61 cents, we all returned home as "millionaires." Many of us also made "millionaires" of several friends!

When traveling abroad there are several options available to handle your financial needs.

Cash is one, but you really should not carry large amounts of cash with you. There are a lot of professional thieves out there looking to help lighten your load. Traveler's checks are the traditional way to carry your money abroad and they do have one distinct advantage — they are replaceable if lost or stolen. However, this author never uses Traveler's checks any more because of two bad experiences. First, a bank

in Virginia once refused to cash an American Express Traveler's Check in spite of my having with me my passport, driver's license (with photograph), and an official U.S. Government Identification badge (with photograph). This author was not a happy camper! Second, overseas banks often will charge you a significant fee in order to cash the check. Although this author has no personal experience with it, it is my understanding that AAA has available some type of prepaid travel card that could be used in lieu of traveler's checks. This is something that you can evaluate at the local AAA office on State Road 200.

The use of credit and debit cards are very common today, and a good way to go. They both work well, but, in this author's opinion, you should avoid taking and using a debit card. Debit cards do not have the same level of loss protection available with a credit card. Credit cards typically have a maximum loss risk of about \$50, whereas a debit card has no limit and your entire bank account could be emptied out if someone stole your card number! You also should contact your credit card company prior to going abroad and let them know you probably will be using your card overseas. Otherwise, a series of overseas purchases may set off a red flag in the company's computer suggesting your card has been stolen, which could result in your card being frozen.

A third alternative to get local currency is to use an ATM machine. These machines give you local currency and it saves you the trouble and risk of having to carry large sums of cash. To minimize your transaction cost, however, you should use machines at a bank or a reputable hotel instead of some of the independent machines commonly scattered around the city.

The next question is where do you acquire the foreign currency necessary to meet your immediate needs upon arrival at your destination? There are several options, including at your bank in Ocala, at

your local AAA office, at your departure airport in the U.S., at the arrival airport at your destination, at your destination hotel, or at a bank or money changer at your destination. Please remember that changing money with Joe Whatshisname on the street at your destination is NOT an option, even though he is offering you a great rate! We all have our personal preferences, but this author never buys foreign currency in the U.S. because the exchange rate typically is very poor. There simply is not enough foreign exchange taking place in the U.S. for a local bank to warrant the expense of having thousands of dollars tied up in foreign currencies. This author always buys enough currency at one of the currency exchange booths in the destination airport to pay for immediate expenses such as a taxi, tips and meals for a day. This covers your immediate cash needs while giving you time to buy any additional local money you might need at a destination bank or money changer, both of which will give you a better rate than you can get at the airport or your hotel. You should avoid buying things at local retail stores with your U.S. dollars as they may knowingly or unknowingly shortchange you on the foreign currency exchange rates. Currency exchange is not their business; they probably are not as up to date on the rates as a bank, and they will protect themselves rather than you.

It usually is not an issue, but if you are visiting one of the truly under-developed countries in the world, it is very important to check to make sure that the country you are visiting will allow you to sell back any excess local currency you have when you are ready to come home. Some countries, particularly in Africa, will not buy back their local currency! You do not want to get stuck with many dollars worth of some currency you cannot spend.

Finally, leave at home all unnecessary credit cards and other items you normally carry in your wallet or purse. Once you have streamlined the "stuff" you are carrying you should make a list of everything you are carrying in your wallet or purse. Keep that list in a safe place OTHER than in your wallet or purse in case it is lost or stolen. Be sure to include on your list the contact information for your credit card(s) and bank just in case you have an emergency and need to contact them.

The next scheduled meeting of the International Club is September 11. The featured speaker is Sumiko Bridges, who will talk to us about Japan. Sumiko was born and raised in Japan, and she and Richard (her husband) regularly visit her many family members who still live there. You do not have to be a member to attend the meetings, so please join us. Wouldn't you like to learn something about Japan?

Have a good summer. ☺



Travel Toppers Jo Swing

Effective June 1, 2006, the board of Travel Toppers has adopted a new policy regarding requests for friends to sit with each other at the various events.

Each twosome (either a couple or two singles) may only request to sit with two other people. This policy will be fair to all participants and will apply to all Travel Topper officers and volunteers as well as residents. Travel Topper volunteers will be seated first, then others will be seated in order of registration. No request for friends to be seated at a nearby table will be accepted. For any questions or comments about this policy, please contact Audrey Mangan, president of Travel Toppers.

The July 1 trip to see "Menopause, the

Musical" was greatly enjoyed by the 94 residents of On Top of the World who went. Everyone agreed that this was a hilarious and fun show. There was much congestion around Tampa due to a concert at the stadium and a convention of 300,000 Shriners whose headquarters is off Interstate 275 west of our meal stop at WestShore Plaza. In spite of all these circumstances we were still able to make our meal stop in a timely fashion. "Menopause, the Musical" was a very popular event with residents and had a long waiting list. If more people want to see the show, Travel Toppers will arrange another trip in late August or early September. Please call the coordinator, Audrey Mangan at 854-7074 to indicate your interest in attending.

Reservations for the September 28 Cypress Gardens trip begin on August 10. The coordinator is Pat Hood at 237-8533; please call between 9 a.m. and 7 p.m. only. Reservations for the October 19 shopping trip to St. Augustine Outlet Mall will start on August 22. The coordinator for the shopping trip is Irene Plow at 873-6247 between 9 a.m. and 7 p.m. only. There are a few vacancies for the trip to Helen, Ga., in October. Please contact Marilyn Vernier, 237-9108 for further information.

There will be no meeting in Travel Toppers in August.

We will see everyone Wednesday, September 6, at 10:30 a.m. in Suite A of the Arbor Conference Center. Until then, happy travels. ☺

Planning a Trip?

By AUDREY MANGAN

Parking for bus pickup is in the Travel Toppers designated area, located in the RV/Boat area behind the 90th Street Post Office.

Travel Toppers, H&R trips, On Top of the World clubs and other individuals planning trips must use this area. Therefore, it is necessary for groups and individuals to contact the Travel Toppers president before you book your trip, to insure that the area is available.

Depending on the size of each group, it may be possible for more than one group to use the area on the same day. Then each group must be made aware of exactly how and where they should park so no one will be blocked in when they return.

Travel Toppers paid to improve the area and pays the monthly electric bill. Years ago management gave Travel Toppers permission to charge others using the area.

It is a nominal amount per bus and should be paid before the trip.

Management plans to activate their gate to the area. When this occurs Travel Toppers will provide the code and all needed information to the people arranging the trips.

We look forward to working with all of the On Top of the World community so our combined use of the area will go smoothly. Please contact Audrey Mangan at 854-7074 before you book your trip. ☺

DR. HARTER & ASSOCIATES



We Provide

- Comprehensive Care
- Custom Dentures
- Cosmetic Dentistry

Call for an appointment today

8602 S.W. S.R. 200 (Near On Top of the World
Across from Publix)



873-1335



or toll free 1-888-873-1335



www.harterdental.com

49 YEARS OF FEELING RIGHT AT HOME

We Leave Your Home Pest Free With Environmentally Safe Solutions

RESIDENTIAL • COMMERCIAL

PEST CONTROL

- Once A Year Fleas
- Once A Year Roach & Pest (Also Monthly & Bi-Monthly)
- Ants
- Rodent Control
- Mosquito Control

LAWN SPRAYING

- Insects • Fungus • Weeds
- Dry Fertilizer • Trees & Shrubs

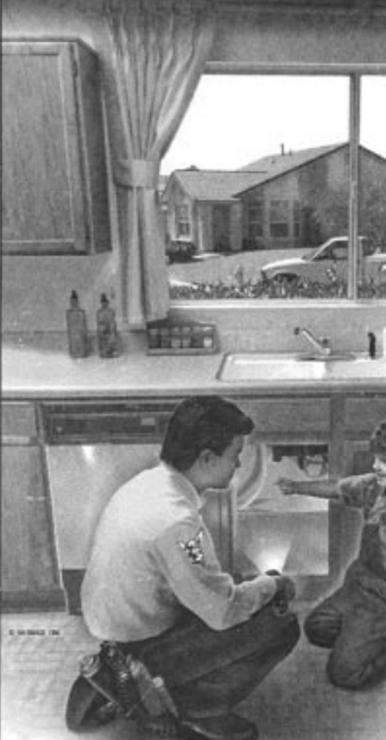
TERMITES

- Pre-And Post-Construction Treatment
- (New Foam Method Available)
- Real Estate Inspections

LOCALLY OWNED & OPERATED

FREE INSPECTIONS & ESTIMATES

Serving Marion, Alachua & Citrus Counties Since 1946



FICA Tom Peek - Certified Operator
Bonded & Insured

2612 N.E. 24TH STREET
OCALA, FL 34470

EVENINGS & WEEKENDS

PEST CONTROL

732-7280



Computer Club
Sherry Surdam

The time flies by so quickly! Here it is, time to turn in my column and I have writer's block! With Computer Club classes on hiatus, I don't even have a class schedule to

give you. So, rather than babble on about nothing, I wish you all a happy August and will try to have something interesting and/or helpful for you next month. I'll have a tentative schedule for you in September's issue.

If you have a topic you wish addressed in this column, please e-mail me at OTOWCCC@cfl.rr.com and we will attempt to tackle it for you. Some topics may be too lengthy to handle in one column but we will do our best to accommodate you! All suggestions are welcome.

All club meetings and presentations are held from 9 to 10 a.m. each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Conference Center. All members and their guests are welcome and encouraged to attend. If you have questions, there is always someone there with an answer!

Be sure to check the calendar on our Web site at www.cccocala.org frequently for the dates of our presentations and for any scheduling changes that are inevitable

Until next time, happy computing! ☺



Bloodmobile
Don Pixley

Florida Blood Centers, formally known as Marion County Blood Bank, will visit On Top of the World on Monday, August 7, at 7:30 a.m.

Interesting facts about blood donations: 60 percent of our population is eligible to donate blood. Five percent actually do.

On Top of the World communities now boast a population of nearly 10,000. Sixty percent of our population is 6,000. Five percent of our population is 300. The last visit of the big Red Bus registered 32 donors.

We have hundreds of volunteers that render countless hours assisting others. Why have we lagged so far behind in the mat-

ter of donating blood to save human lives? Lack of awareness of the need, the facilities available to donate and perhaps a bit of fear may cause some reluctance to participate.

The procedure is almost painless, takes about an hour and you will be given a mini physical and a cholesterol reading!

The Big Red Bus parks conveniently in the H&R parking lot the first Monday of each month.

Our blood bank is the sole provider of blood products in Marion County hospitals.

Won't you please mark your calendars now and help to save lives!

Any questions, call Don Pixley at 861-0321.

The following residents registered at the last visit, June 5.

The following registered to donate blood June 5.

Wayne Anderson, John Ashenfelter, Donald Cernecarl, Gordon Cich, Margitta Clatterbos, Joyce Conway, Ethel Cusick, Michael Driver, John Elfring, Rosalie Fridell, Clayton Hargrove, Sharon Hemmen, John Hodd, Jimmy Johnson, John Johnson, Billy Jones, David Knarich, Audrey Mangan, Lorraine McSweeney, Jeanne Nicholls, Michael Norton, Leona Phillips, Donald Pixley, Patricia Russell, Patsy Ann Schuck, Thomas Seitz, Victoria Seitz, Shirley Shellman, Florence Soens (10-gallon donor)*, Harold Stanley, Joan Stenson and Jodi Szmanski. ☺



R/C Flyers
Jim Lynam

The 4th of July brought nearly 60 members, spouses and guests together for a patriotic picnic at the field. David Serra contributed toward the purchase of the hamburgers and hot dogs, while Mary Jo Wiley and Rene Beck, members of the On Top of the World Ladybirds, were chairpersons for the event. Our outstanding cooks Bud Albert and Bela Mandl prepared the burgers and dogs. Perhaps On Top of the World should recruit them for a chef's position at Candler Hills or the Pub. The wives and guests also prepared many wonderful covered dishes. How many of you were actually able to witness the space shuttle launch at 2:36 p.m.? What a fitting tribute to our nation's birthday celebration!

The awning that Tropical Storm Alberto confiscated has been replaced just in time to provide the needed shade from the hot summer sun. The On Top of the World R/C Flyers would like to welcome Stephen Sauger as our newest Model Resident at On Top Of The World. The club wishes the best of Lifestyle with Altitude to Stephen. The Golden Key Award is presented to Dick Nace for making the pilgrimage to the oak tree to retrieve his plane.

All On Top of the World residents are always welcome to visit our R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of S.W. 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meetings have been suspended for the summer and the

next meeting is scheduled for October 2. As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!

The following information is included courtesy of the AMA National Newsletter.

Windy Weather Flying

All too often, on an otherwise nice but windy day, folks just don't fly. Obviously, for a beginner, that's common sense — but for someone who has some experience, the wind can be a challenge that adds some spice to flying.

While it's easy to see that a flyer's experience level has a lot to do with how much wind is tolerable, the type of model can have a great effect on the ability to handle winds and the resulting turbulence.

SIZE: In general, the larger the airplane, the better it will handle winds of all kinds; large models don't "flop around" as much!

DIHEDRAL: The more dihedral in a model's wings, the more they are going to be affected by crosswind gusts.

WING LOADING: The higher the wing loading, the less an airplane will be affected when hit with a gust.

ASPECT RATIO: Lower aspect ratio (stubby) wings will be less bothered by gusts; there is less leverage for side forces to upset the airplane, and lower aspect ratio wings have a greater tolerance to changes caused by gusts.

POWER: Having the power to overcome the force of wind is necessary.

LATERAL CONTROL: Ailerons are beneficial in crosswind landing and takeoff phases. The ability to dip a wing into a crosswind without changing heading is essential, as is the ability to rudder the airplane parallel to the runway heading while keeping wings level with aileron while landing.

LANDING GEAR: Models with tricycle landing gear are easier to land and take off in a crosswind than tail draggers; in addition, the wider the spread on the main gear, the better.

WING MOUNTING: Generally, a low-wing airplane will handle crosswinds better. This is because the center of gravity of the airplane is nearer, in a vertical sense, to the aerodynamic center of the wing. Therefore, a side gust does not roll the model as easily. Moreover, by mounting the main landing gear on the low-wing model, they can be spread wider. It's unfortunate that almost every item above is in direct opposition to the characteristics found in many popular trainers. Confucius' only known saying about RC flying: "To learn to fly in wind, one must fly in wind!" ☺

Movie Club Shows 'Eight Below'

By MARY EHLE

The movie for August will be entirely different from what you have been used to seeing.

"Eight Below" is a remarkable adventure about a friendship between eight amazing

sled dogs and their guide. It is the perfect movie for the hot humid days of August. It takes place in Antarctica.

To witness the devotion of these dogs to Jerry the guide and to see his devotion to the dogs is wonderful. How the dogs learn to help each other to survive and how they seemingly know just what needs to be done is truly incredible.

All you animal lovers will like this and so will those who just like a really good movie. You can bring your grandchildren to see this movie without any concerns.

Hope to see you all there on Sunday evening August 13.

The movie is shown in the ballroom and starts at 6 p.m. The movie is open to all residents of On Top of the World and their houseguests. \$2 is due at the door for non-members. Hope to see you all there. ☺

Illinois Club
Marlene Kaiser

Illinois Club welcomes WRZN Radio with Don Bruce and Gene Martin on Sunday, August 6, from 2 to 5 p.m. in the Health & Recreation Ballroom for your dancing and listening pleasure. Come listen to the sounds of the Big Bands and meet with Don and Gene.

Everyone is welcome. Admission is free and the Pub will be open for your beverages. We will provide table snacks.

Also, the Illinois Club will have a bus trip to Helen, Ga., for its annual Oktoberfest October 9 through 11. The cost of \$250 per person includes round-trip motorcoach, two nights in a hotel, two dinners, two break-

fasts, the festival at the fest hall, a guide and tour of Helen, shopping and free time.

This trip is open to everyone. You don't want to miss this beautiful, quaint town in Georgia. You will truly enjoy all of it. We welcome everyone to join us for this great fun time. Contact Marlene Kaiser for more information and reservations at 369-3341.

The Illinois Club invites anyone who has just moved here or lived here for years to join our fun group, which has just started a few months ago. It is a social group with couples and singles. We would love to have you join us. You might even find some people you know or are from the same town you lived in Illinois as we have.

See you soon. ☺

Upcoming Publication Date
September issue: Thursday, August 31




Lawson Tile
Floor Tile • Wall Tile
Bath Remodelling • Back Splash
Quality Work • Reasonable Rates

Alan Lawson 465-1405
27 Years Experience Cell: 209-3360

The Austin Carriage Museum Experience

Presentation: August 9th • 11:00 a.m. to 12:00 p.m.
Arbor Conference Center — Suite H
Trip: August 16th • 9:45 to 3:00 p.m.

One of the area's most outstanding attractions here in "horse country" is The Austin Carriage Museum. The museum has the largest privately held collection of carriages available to the public. With over 170 European and American carriages, you'll be fascinated by the rich history of wheeled transportation and its influence on civilization. This program includes a pre-tour presentation, bus transportation from On Top of the World, admission, lunch and guided tour of this unique facility. (The galleries are climate controlled for your comfort.) Don't miss this unique program! Giddy-up, giddy-up, giddy-up, let's go!

\$30.00 per person. Includes lunch, tour and transportation.
Pre-payment required.
To register: Call Health and Recreation @ 854-8707



Ask about Our Senior Discount

FLORIDA SECURE STORAGE

Residential & Commercial Storage

352-867-8282

State-of-the-Art Security Systems

5030 S.W. 60th Avenue
(Airport Road)

Ocala
(Next to Seco Electric & Post Office)

Each Unit Door Alarmed
Free Disc Padlock
Always Very Competitive Pricing



Lolly and Roy Foos enjoy a Red Hat Society Divine Divas party.



In the Spotlight
Pat Wellington

Lolly Foos

The way On Top of the World volunteer Lolly Foos keeps popping up across the community, you might think some serious cloning is going on. There's Lolly at the H&R office, officiating with Mort Meretsky at weekly bingo, attending steering committee meetings for Sholom Park, hosting the Sunday afternoon Friendship Social Club—just to mention a few of her activities. Is it any wonder she was voted On Top of the World Volunteer of the Year?

Nine years ago when she and husband Roy came to On Top of the World, the moving van had barely cleared the back gate when Lolly was dishing up barbecue at the Fourth of July festivities. From then on the volunteering was non-stop.

Lolly comes well equipped for assisting events because in California she became the No. 1 buyer of entertainment tickets, booking huge stars like Willie Nelson and Frank Sinatra as well as sporting events and tours. It all started at First Interstate Bank in California (now Wells Fargo) where she worked her way up from administrative assistant in operations to the coveted job of employee recreation activities coordinator. So multi-tasking and attention to detail are second nature to her when assisting concert planning in Sholom Park.

Her laid-back attitude serves her well when occasionally encountering residents who want to save more than one seat at bingo or bring in forbidden wine or beer. At such times Lolly takes them aside and quietly reasons with them, offering some sort of compromise. But she's diffident about



Lolly Foos and Mort Meretsky pose during a themed Happy Hour at the Arbor Club.

accepting a lot of credit, insisting, "What I do wouldn't be possible without the wonderful people I work with." Since volunteers receive no payment, a Valued Service Program was formed that she's involved in. Limited, modest rewards are offered — a dinner for two at a local restaurant perhaps — as acknowledgement of their hard work. Mostly, though, the rewards, Lolly says, are the satisfaction of serving the community and the shared respect for each other.

Whether entertaining prospective buyers or spending time with family — sister Toba, brother-in law Joe Hackett, and mother Blanche Harne, who are all residents of On Top of the World, Lolly Foos seems to enjoy her life.

"My philosophy is simple," she says. "I try to live by the Golden Rule." ☺

Residents Show True Colors for July 4th

By Bob Woods

Thanks to residents of On Top of the World, or I should say thank you to those who displayed our flag proudly celebrating our nation's birthday, the 4th of July.

Riding around some of the neighborhood streets I saw our national emblem being flown. Some were hanging from porch ceilings while others were on all type of poles.

There were some folks who did more than fly the flag. They did a little decorating, which looked very nice.

As a 20-year Navy veteran, a life member of the Veterans of Foreign Wars, a life member of the Old Antarctic Explorers Association and a member and now president of the Fleet Reserve Association, I would like to thank, and I am sure I speak for all veterans, all those who flew our American flag to help celebrate our nation's birthday.

That flag you flew in your front yard is the symbol of this country, the symbol all veterans and those on active duty today have fought for and defended. Thank you.



Photo by Bob Woods

An On Top of the World home sports a patriotic flair.

Attention Dogs & Cats Who Reside At On Top Of The World Communities: Have Your Humans Check Out These Great Opportunities To Learn More About....You!

Dog Day

Arbor Conference Center, Suites B & C

Instructor: Dr. Tom Lane

August 23, 2006 • 3:00 p.m. – 4:00 p.m.

If you share your life with a dog, this is a great way to get information and insights about your companion. Join Dr. Tom Lane for a short presentation followed by a question/answer segment. This is an opportunity to get information from a wonderful veterinarian and share experiences with others!

E-Z Registration, \$5.00 per person

Cats Too!

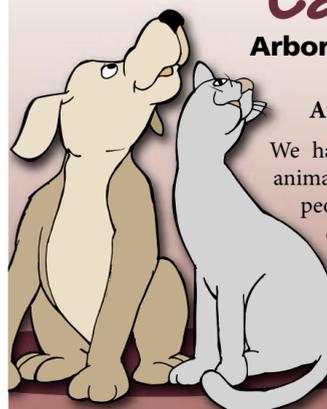
Arbor Conference Center, Suites B & C

Instructor: Dr. Tom Lane

August 30, 2006 • 3:00 p.m. – 4:00 p.m.

We haven't forgotten the most popular companion animals in the United States! Now it's time for the cat people to converge on Dr. Lane. He will supply lots of useful information and, most importantly, answer your questions. This is a *purrfect* class!

E-Z Registration, \$5.00 per person



SIZZLING Summer Savings!

Residents take advantage of GREAT savings on demo clubs at the Candler Golf Shop in August. Choose from Ping, Callaway, Nike and Cobra. Clubs at demo prices... this sale won't last long. Offer is available on a first come, first serve basis while supplies last.

HURRY IN TODAY!



Candler Hills Golf Club

Contact the Golf Shop for Information: **352-861-9712**

PRIME ATMOSPHERE! PRIME LOCATION! PRIME RIB!

Saturdays - Prime Rib Special \$13.99*

Daily Early Bird Dinner Specials

Summer Hours of Operation:

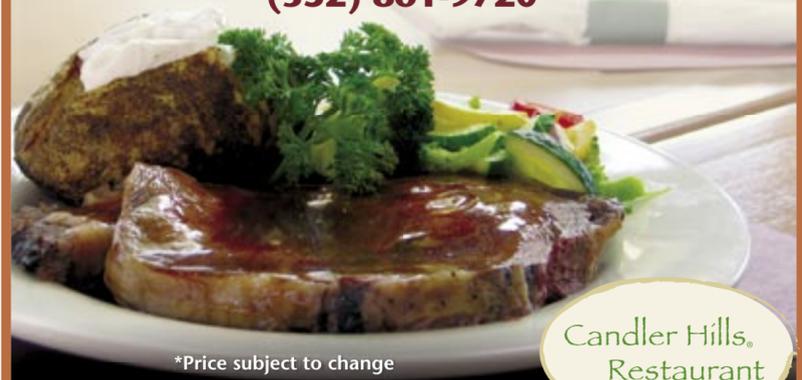
Monday - Saturday 8:00 a.m. - 8:00 p.m.

Sunday 8:00 a.m. - 5:00 p.m.

From I-75 Take SR 200 West & Turn Right on SW 80th Avenue

8139 SW 90th Terrace Rd. Ocala, FL 34481

(352) 861-9720



*Price subject to change

Candler Hills Restaurant

Casual, Relaxing, Delicious



#1

VOLUME DEALER IN THE NORTH SUNCOAST

THE ALL NEW 2006 BUICK LUCERNE

INNOVATION & ELEGANCE? EXACTLY!



Come in Today For Best Selection

- ✓ More Volume Means More Savings To You
- ✓ Highest Trade-in Values Anywhere
- ✓ World Class Service ✓ Exceptional Savings
- ✓ North Suncoast's Fastest Growing Dealership

2006 Buick
RENDEZVOUS



2006 GMC
ENVOY



2006 Buick
RAINIER



2006 GMC
YUKON DENALI



2006 Buick
LACROSSE



2006 GMC
SIERRA EXT. CAB



ONE OF THE TOP 10 BUICK DEALERS IN THE STATE OF FLORIDA

CHECK US OUT ON THE WEB! WWW.EAGLEBUICK-GMC.COM



352-795-6800 888-745-2599

1275 S. Suncoast Blvd. • Homosassa, FL 34446



Mon-Fri: 8:30-8 • Sat: 8:30-6 • Sun: 11-3



**Friendship
Social Club**
Wanda Simpson

Please note: this is the same club. We are a social club open to the residents of all On Top of the World communities.

Thanks to Mary Ehle for the larger hand lettering of our nametags. She is a very talented member who is always there to help improve our organization.

Friendship Social Club: Who Are We?

By LOLLY FOOS

The Friendship Social Club is a group of approximately 300 residents from all On Top of the World communities including Candler Hills, Avalon and Indigo East, and Gateway Pass members. We are the only club that meets year-round on the second Sunday of each month from 2 to 4 p.m. At 2 p.m., we gather in the Health & Recreation Ballroom to chitchat and say hello to our fellow residents. At 2:30 p.m., Kay Chandler and her volunteer staff provide various refreshments for our enjoyment. We also provide beverages and sugar-free snacks. At 3 p.m., there is a short meeting to keep you updated on our doings and goings on

Our meetings are held the second Sunday of each month. Come early and visit with your friends. Refreshments are served at 2:30 p.m. Lolly will have a short business meeting at 3 p.m. followed by the entertainment.

Again, Kay Chandler and her crew outdid themselves with the refreshments. We all enjoyed the grapes, cheese and crackers.

We do appreciate our local talent. Thanks to the Readers' Theatre group for their afternoon entertainment. Sunday's group included Sandy and Dottie Berkowitz, Ron and Betty Broman, Marcia Miller, Bob O'Neal and last but not least the talented man on the piano, Walter Koeing. We look forward to seeing this wonderful group again.

The August entertainer will be our very own Judy Furfaro, AKA Patsy Cline and the Coal Miners' daughter. She will be singing other oldies but goodies and from the Big Band Era.

If you know of anyone who is ill or has suffered the loss of a loved one, please contact our Sunshine Lady, Mary Carol Geck at 854-8996.

For comments or questions you may call me at 291-1074, or send an e-mail cws45@cfl.rr.com.

within the community. After the meeting, you will be entertained by various individuals and groups to round out the afternoon. We are usually finished around 4 p.m.

Our dues are \$7 per person (12-month membership). Our membership runs from July 1 through June 30. This amounts to approximately 58 cents per month. What a deal.

Come join us for an afternoon of camaraderie and fun.

Friendship Social Club officers are: Lolly Foos, president; Pat Utiss, first vice president; Margaret Orlando, second vice president; Mary Ehle, secretary; and Dick Wolfe, treasurer.



S.P.C.A.
Genevieve Mallardi

Our meeting in June was a short one, with a picnic lunch following. Some of our friends from the dog park group joined us. We plan to work closely together for the benefit of animals. Our mascot was also there and sat at the head table.

Because April Pollard had a birthday party, her invited guests brought pet food at her request. April donated it to the S.P.C.A.

for Companion Pets. Thank you, April, for caring. The pets thank you too.

We did it again. Another stray dog has found a permanent home because of the work of the S.P.C.A. This little guy was found running on State Road 200. He was then taken to the "beauty parlor" and to the vet. Calls to local vets looking for the owner went unanswered. We then put him up for adoption. He is now in a permanent home. We had nicknamed him "Lucky" as he sure was that having survived his run on SR 200.

There is always a checkup after the pet has been adopted and we are happy to say, all our adoptees are doing fine.

We do not have a shelter. We are a small group but we do manage to do good things for the betterment of animals.

There will be no meeting in July and August, but we will continue the work for the Companion Pets and other problems that may occur.

We will be back the third Thursday in September in Suite H of the Arbor Conference Center at 1 p.m. Won't you join us? We need your support and ideas.

Remember your donations for Companion Pets.

Humane Society Needs Volunteers

The dogs and cats at the Humane Society of Marion County need volunteers to give a little of their time. Volunteers are needed to help the animals at the shelter or to assist at the Thrift Shop, the major financial support of the Humane Society.

For those who are currently pet owners, you understand how important kindness and a loving touch can be. Others who can no longer be a pet owner can fill up that empty feeling you get when you think about the pets that you have loved in the past. Sharing some time to walk or play with the animals can go a long way toward helping you and the animals have a healthier and happier life.

If actually being with the animals is not what you prefer, the Thrift Shop is in need of volunteers to help sort and price items. And for those who like to "tinker," there are always things that need a little fixing.

Call Lejuanna Willis at 873-PETS to become a volunteer today.

German-American Club

Ruth Felschow

Our next meeting will be on Tuesday, September 12, in Suite G of the Arbor Conference Center at 6:30 p.m. This will be a good time to visit with friends, old and new.

The club is open to all On Top of the World residents. For more information, call Ernie Liebow at 854-5679.

Download a PDF of the World News at
www.OnTopoftheWorldInfo.com



**Irish
American Club**
C.M. Casey

Greetings! I hope you all are enjoying the summer and the beautiful weather. Our afternoon rain showers have certainly made it beautiful in our community.

In one of my previous articles I wrote about the club's origin and all the initial people involved.

Unfortunately I left out a person who was very instrumental in transforming the club's parties and dances into something special. That person is Eula Cleary, who was often referred to as the "The Master of Creative Centerpieces."

Not only was she recognized for dedication and service but I recently I found out that Eula also had the distinct honor of being "Our Honorary Irishwoman." What a gal!

If you have not already done so please mark your calendar for October 14, the beginning of the Irish calendar at On Top of the World.

Until next time "May your mornings bring joy and your evenings bring peace."

Italian-American Club

Jerome E. Cauda

The club is still looking for a reporter.

There is no meeting in August. The next meeting is scheduled for the first Wednesday in September, September 6, at 3 p.m. in the Ballroom.

Tickets will be on sale for the Columbus Day Dinner Dance, which will be at 6 p.m. Saturday, October 7, in the Ballroom. Tickets are \$17.

The club still needs volunteers to handle several openings on the board. There is an immediate need for a treasurer and two board members. If you interested, please contact Mike or any member of the board.

The need exists for members to volunteer for next year's slate of officers.

As an interesting part of my trip to Italy, this year was a journey to a seldom-visited section of the country, the valley of the Torrente Belbo. This river flows from Cuneo to Asti and continues along the Upper Monferato hills to Allessandria. The distance between the various towns is small and the whole area can be covered in two or three days.

In this region one is introduced to the various language dialects and foods that are distinctly different from the ones that normally associated as Italian. The hills are dotted with historical castles, wine cellars, small farmhouses and vineyards. This is the area devoted to the age-old heritage of vine growing that produce the Noble Moscato D'Asti grape. This is the grape used to produce the sparkling Asti Spumante and the aromatic Moscato D'Asti wine. The two-day detour through the valley and the trip to the Cinque Terra were the high points of this year's trip.

Stephanie's Computer Tip for August

By STEPHANIE ROHDE

Uninterrupted Power Supply (UPS)

Many individuals have surge protectors for their computer systems — a device that can look just like a power strip, but does more; it protects sensitive electronic equipment from receiving damage due to fluctuations in power, like surges and spikes. Surge protectors are not helpful in the case of a complete power outage, however, and this is where a UPS comes in very handy. A UPS uses a battery for power and is extremely useful during brief power outages — those that are often less than a second, but long enough to take your computer system down instantly, without warning. This battery backup usually lasts at least 10 minutes or more allowing the computer to remain functional if the power goes off briefly. Additionally, if the power goes off and stays off for an extended period of time, the UPS battery backup gives the computer user enough time to save, backup, close all work and shut the system down. A UPS is not going to help if you are away from home and the power goes off, so please consider turning off all computers when you leave your home.

Enjoy!

This tip brought to you by End The Clutter ETC
www.endthec clutter.com or www.lulu.com/endthec clutter



OTOW Computer Classes

September 2006

Course	Day & Time	Dates	Place	Instructor
Google It! ^{NEW} (\$25)	Tuesday 1-2:20 p.m.	Sept 5	Health & Rec	Stephanie Rohde
iTunes ^{NEW} (\$25)	Tuesday 1-2:20 p.m.	Sept 12	Health & Rec	Stephanie Rohde
Why Stuff Happens ^{NEW} (Free)	Wednesday 1-2 p.m.	Sept 13	Arbor Club Suite G	Stephanie Rohde

GOOGLE IT! — When you want to get information on the internet, you want it done correctly and efficiently. Learn how this works, what a search engine is and what it can do for you. Discover how you can narrow your search with a few keystrokes and get what you want — fast! This "how to" approach will save you time and cut down on frustration. E-Z Registration \$25 per person.

ITUNES — You will learn how to download ITUNES software (free) in order to organize your audio files. In this way, your selections are at your fingertips and available for your listening pleasure! Bring one favorite CD to class and you'll learn how to transfer those files to the ITUNES software. You'll be able to set preferences, understand play lists, smart play lists, and learn how the ITUNES Music Store works, and what an iPod is and can do. A great opportunity to begin to master a technology that will enhance your life! E-Z Registration \$25 per person.

WHY STUFF HAPPENS — Ever wonder why some people are successful, others not? Why some have wealth, while others struggle to make ends meet? Are issues of health and wellness, and loving and caring relationships important to you? Consider coming to this unique introduction to "physics wave theory", developed by Stephanie Rohde. Her insights into life and living will allow you to ponder....."why stuff happens". E-Z Registration - FREE!

Our Patients say it Best!

Town & Country
PHYSICAL THERAPY

854-3424

7860 SW 103rd St. Rd.,
Building 100, Suite 2
Ocala, FL 34486

"My doctors wanted me to try physical therapy in the past but I did not think it would help me. Boy was I wrong!! I can now walk better & longer than I had ever imagined! Thanks Town & Country!"

M.M.

"I am able to do my everyday chores at home that were nearly impossible before coming to Town & Country Physical Therapy."

K.L.

"I now have confidence! Since coming to Town & Country Physical Therapy, I am steadier on my feet than I have been in years."

M.H.

Are Dark Rooms A Problem?

THE SOLAR GUYS

FEATURING

SOLATUBE
The "Moose" Light!

Bring beautiful, natural light to any dark room in about 2 hours.

- Bathe your home in sunlight
- Reveal your home's true colors
- Increase the energy efficiency of your home

13624 S. US Hwy. 441
Summerfield, FL 34491
One Mile South of The Market of Marion

Mon - Fri • 8:30am - 4:30pm
TOLL FREE 1-866-767-6527

Ocala 352-307-7077 www.TheSolarGuys.com
License #CC057208



Photos by Andy Zarrella

What is Johnny Paolucci dishing out to Fanny and Tess? (Glo Hutchings plays Fanny Sapperstein, Bill Shampine as Johnny Paolucci and Terry Zarrella plays Tess LaRuffa in the Theater Group's November play.)



Theater Group
Terry Zarrella

The Theatre Group does not meet during the summer months; however, the cast members for November's play, "The Bermuda Avenue Triangle," have been very busy. Many promotional pictures have been taken to acquaint you with the actors and actresses who star in this comedy. Most of us are getting our costumes together and set design is in the works also.

This month I would like to introduce Bill Shampine who will have the male lead as Johnny Paolucci. This will be his first act-

ing part in a play at On Top of the World's Theatre Group. However, you probably have seen him in one of our musicals.

If you will take note of the picture of Johnny featured this month, one might ask: "What is Johnny dishing out to Fanny and Tess?" (played by Glo Hutchings and Terry Zarrella, respectively). The only way to find out is to mark your calendars for Friday, November 10, and Saturday, November 11, and come see our two-act play, "The Bermuda Avenue Triangle." I will not give away the plot but I will say it's a very funny comedy that will keep you in stitches. It was written by Joseph Bologna and Rene Taylor. The play was on Broadway and Nanette Fabray played the lead at the time.

Many new residents have moved to our community recently and we hope, you too, will join our Theatre Group. As a start you can familiarize yourself with what it takes to put on a production before you endeavor to try out for a part. That's how most of us started, i.e., set design and painting, prompter, ticket sales, prop people, stage manager and assistants and make-up.

If you have a flair for acting or working behind the scenes, join us on the second Monday in September at 2:30 p.m. at the Arbor Conference Center, Suite D. If you have any questions, please call me at home; my phone number is in the book. ☎



Square Dancing
Nancy Clerke

I have just returned from a six-week stay up North and now resume my writing duties.

Just prior to my departure, On Top of the World Circle Squares members decided on some major changes to our dance programs. We eliminated our Friday afternoon square dance, continuing with a regular dance on Wednesday evening only. In addition, our caller for that dance is now Don Hanhurst. We have also added Round Dancing on that night, with Don's wife Loretta

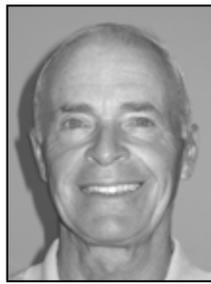
doing the cueing. The changes have had a positive impact on the membership and the dances, which have shown improved attendance. We all feel invigorated and energized with our new direction.

Our Square Dance new dancer classes continue throughout the summer on Wednesdays prior to the dance. Round Dance lessons and the DBD class on Thursdays will be suspended for the month of August, to resume in September.

Summer dancing continues to give us all huge smiles and the camaraderie only square dancers enjoy. If you're not one of us, you don't know what you're missing. Come join the club in the fall for the best, most fun times you've ever known. (And by the way, it's the most painless exercise you've ever experienced.)

In December, Circle Squares is having its first time ever Beginner Ball so our students won't have to wait for the end of their lessons to experience a real dance. The ball will be just for them, with steps called at their level of expertise. They'll have the fun of dancing a whole evening without working on a lesson. It should be great fun and we're all excited to be including our new dancers on the floor.

That's it for August. Look for us next month with our schedule of new classes. "Yellow rocks" to all. (That's a square dance secret code — to decipher you have to come dance.) ☎



Favorite Recipes
Dinner Club
Luke Mullen

The Favorite Recipes Dinner club has suspended our regular monthly dinners for the months of June, July and August. This is because some members have headed north for the summer as well as others have travel plans over the summer months.

As such I would like to describe our club more fully and answer some questions I have been asked by members of the On Top of the World communities.

The purpose of the club is for members to meet new people who share the fun of entertaining people in their home and also enjoy eating dinners at different homes while contributing to the meal creation.

The club is not a gourmet dinner club. The idea is for members to prepare their favorite recipes for others to enjoy. If a member wants to prepare a favorite recipe that happens to be a gourmet type meal, they are always welcome to do so. However, doing this does not mean that those hosting another meal should feel the need to "outdo" past meals. We all have a favorite recipe. Whether we prepare it ourselves or eat it at a restaurant is each individual's choice. The purpose of the club is for members to have fun and create and prepare their favorite recipes to make an enjoyable fun evening

for all dinner participants.

So how does it all work and what is the process of how members get started?

If you are interested in finding out information about our club, call me. I would answer all of your questions you might have initially. I would describe various activities and ask you a few questions e.g., telephone number, e-mail address, etc. I would then describe some responsibilities about the host, i.e., if you were to host a dinner at your home (after you have attended at least one dinner as a guest). You would be responsible for asking guests if they have any allergies and also you would tell your guests what the main entrée that you would be preparing. You would then provide them with what type of accompanying dish you would like them to bring to the dinner.

If this type of arrangement sounds good to you so far, I would then provide you with a copy of our club's guidelines. These outline the basics of what you can expect about how the club operates. These are guidelines and not rules. After reviewing these guidelines, if these items answer all questions or concerns about how the club operates, and you decide to join, let me know of your interest. I would then assign you a two-digit number. With the number I take your name, address, and telephone number, etc. Additionally, I would also ask you to decide your ideal, maximum and minimum number of people you would like to have at your home, including yourself. For many, the selection here is for an ideal of eight, maximum of eight and minimum of six. Others have their selection for an ideal of six, maximum of six and minimum of six. There are also many other combinations chosen. This is up to each individual participant.

When you join, I send an e-mail to all club members indicating that you have joined, add your name to the roster, and also the house guest accommodations list with your preferences for the amount of guests you would like to have at your home.

If you would like more information, call me at 291-8625. ☎



Cookin' On Top of the World
Chef David Pigeon

There's often a gap between what we want to do, and what we actually do. Remember those New Year's resolutions six months ago?

A recent survey aimed at baby boomers noted, "90 percent believe healthier eating is a primary way to promote healthy lives ... but 40 percent are confused about how to do it." Sometimes our intentions are admirable but our ability to follow through is lacking.

In August I will be doing a presentation on "Eating Healthy." Rather than go through a vast amount of literature, I would like us to focus on a few strategies we can employ easily in our daily cooking routines. Gradual substitution, for me, anyways is the best and most effective way to modify diet. Drastic changes in diet are often times short-lived and always frustrating.

No salt, low fat, high protein, low carbs ... the list goes on and on. We will focus on a few strategies and share experiences. If you would, please bring a recipe that you have modified in a healthy way. Let's share knowledge this time. Thanks and bon (healthy) appétit! ☎



Dish & That
Recipes
Jean Breslin

Well, how is your summer going? Are you in the mood for a cool and delicious salad? This is a perfect salad to use with leftover chicken or roast beef and the dressing is truly different.

Mandarin and Broccoli Salad

- 4 servings
 - 4 cups broccoli, cut into small pieces
 - 1/2 onion sliced thin
 - 2 (11-ounce) cans mandarin oranges, drained
 - 1/2 cup raisins
 - 2 cups leftover chicken or roast beef
- Place all ingredients in a bowl. Cover and store in refrigerator until ready to use.

Scrumptious Dressing

(Try it; you'll like it. Use it on any salad.)

- 1 1/2 teaspoon cornstarch
- 1/4 cup balsamic vinegar
- 1/2 cup sugar
- 1/4 cup water
- 2 eggs one whole, one yolk (beat together well)
- 3 tablespoons butter
- 1/2 cup mayonnaise

In a medium saucepan stir together the first four ingredients. Then stir in eggs, mixing well, over medium heat. Cook mixture until thickened and begins to boil. Remove from heat and add 3 tablespoons butter and 1/2 cup mayo, mix well and set aside to cool at room temperature.

When ready to serve, pour over salad and really enjoy this delicious meal.

Here's a recipe for a wonderful hors d'oeuvre, sent to me by Ceci Marsh.

Bleu Cheese Spread with Walnuts

- 12 walnut halves chopped
 - 1 pound tub soft cream cheese
 - 5 ounces crumbled bleu cheese (room temperature)
 - 1 tablespoon chopped chives
 - 2 teaspoons cognac (optional)
- Salt and pepper to taste
- Chop walnuts and set aside. Combine, with a fork, cream cheese and blue cheese. Add cognac and salt and pepper to taste. When the mixture is smooth, add the walnuts and chives. Enjoy!

You may e-mail me at JeanDishRecipes@aol.com or you can call me at 9024-C S.W. 96th Lane, Ocala, Fla. 34481. ☎

Join other satisfied residents with quality products, service & installation.



Redesign your old verticals and save money!

We bring our showroom to you.
Horizontal & vertical blinds, cellular shades, shutters & more.



AAA Blinds
Ron Reddish

352-622-0041



Card Clubs & Games

Tuesday Afternoon Bridge

Agnes LaSala
& Shirley Johnson

June 6

1: Eleanor Giardina and Geri Cassens. 2: Kay Wood and Maizie Millward.

June 13

1: Mildred Lane and Eleanor Giardina. 2: Shirley Stolly and Betty Morris.

June 20

1: Sara Anderson and Ray Dietz. 2: Mildred Lane and Eleanor Giardina. 3: Shirley Johnson and Gar Terheide.

June 27

1: Shirley Stolly and Betty Morris. 2: Myra Butler and Betty Berney. 3: Kay Wood and Elsie Helwig.

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073: Last month's winners are listed below.

June 13

1: Ida and Bill Carlson. 2: Doug Miller and Ernie Lord. 3: Joni and Ted Jarvis. 4: Marjorie and Bruce Benton. 5: Doris Keathley and Mary Carol Geck.

June 20

Tie at 1: Betty and Bill Raines and Marjorie and Bruce Benton. 3: Margie and Don Hink. 4: Ida and Bill Carlson. 5: Doug Miller and Ernie Lord.

June 27

Tie at 1/2: Ida and Bill Carlson and Marjorie and Bruce Benton. 3: Doug Miller and Ernie Lord. 4: Doris and Bill Keathley. 5: Joan Lord and Nel Bosschaart. 6: Margie and Don Hink.

July 4

1: Betty and Bill Raines. Tie at 2/3: Helen Eshbach and Liz Milleson and Doug Miller and Ernie Lord. 4: Doris and Bill Keathley.

Wednesday Afternoon Bridge

Fran Griswold

Shirlee Wolcott, our latest first time player for Wednesday Bridge, won first place on July 12. It was certainly not her first attempt at the game. We continue to collect items even in summer for the Rape Crisis Spouse Abuse Center. We invite all bridge players to join us for an afternoon of fun in a very nice cool room. Grab a quarter and come up for a few minutes before 12:30 p.m. to be sure of getting a front row seat.

June 14

1: Dick Mansfield, 4850. 2: Shirley Stolly. 3: Phyllis Bressler. Consolation: Marlene Floeckher.

June 21

Helen Eshbach, 6799. 2: Dick Mansfield. 3: Shirley Stolly. Consolation: Marlene Floeckher.

June 28

1: Elsie Helwig. 2: Pat Goltart. 3: Esther Lane. Consolation: Janet Becker.

July 5

1: Shirley Stolly, 3590-2: Bill Mahoney. 3: Mary Culberson. Consolation: Jan Moon.

Wednesday Night Duplicate

Doris Keathley

Due to the lack of players, the Wednesday night Duplicate Bridge Session will be terminated during August and will be resumed the first Wednesday after Labor Day in September.

June 13

1: Bill and Ida Carlson. 2: Mary Carol Geck and Joan Lord. 3: Nel Bosschaart and Marjorie Benton.



Thursday Afternoon Bridge

Arline Duggan

June 1

1: Marion Wade. 2: Elsie Helwig. 3: Agnes LaSala.

June 8

1: Mazie Millward. 2: Ginnie Barrett. 3: Marcie Guerrein.

June 15

1: Shirley Wolcott. 2: Mazie Millward. 3: Marion Turbin.

June 22

1: Agnes LaSala. 2: Dolores Conrad. 3: Marion Wade.

June 29

1: Ruth Christman. 2: Kay Wood. 3: Shirlee Wolcott.

Friday Advanced Bridge

Ernie & Joan Lord

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

June 2

1: Mickey Martin. 2: Dick Dakin. 3: Dick Mansfield. 4: Erwin Fluss. Tie at 5: Harry Tindall and Helen DeGraw. Tie at consolation: Ray Dietz and Jack Martin.

June 9

1: Betty Barney. 2: Hazel Merchant. 3: Jack Martin. 4: Mickey Martin. 5: Bill Hunger

June 16

1: Edith Hunter. 2: Paul Agarwal. 3: Shirley Ebert. 4: Don Hink. 5: Jan Moon

June 23

1: Hazel Merchant. 2: Betty Raines. 3: Bill Raines. 4: Catherine Edwards. Tie at 5: Myra Butler and Betty Barney.

June 30

1: Ernie Lord. 2: Eleanor Giardina. 3: Erwin Fluss. 4: Agnes Weber. 5: Jan Moon. Grand Slam: Erwin Fluss and Ernie Lord



Cribbage

Dorothy Skillman

June 16

1: Greg Skillman "0 score." 2: Sheila Howell. 3: Wade Underwood. Consolation: Ruth Earlewine

June 23

1: "Rusty" Underwood. 2: Gar Terheide. 3: Margie Saxon. Consolation: Elsie Helwig.

June 30

1: Ed Fullmer. 2: Gar Terheide. 3: Richard Beisler. Consolation: Margie Saxon.

July 7

1: Gar Terheide. 2: Dorothy Skillman. 3: Lois Hoepfner. 4: Margie Saxon. Consolation: Glenn Saxon.



Friday Night Euchre

Joe Askenase

Many, many thanks to Dolores and Zane Barnett for running the Euchre Club during my absence.

June 16

Four-Handed Game

Tie at 1: Genny Brenner, Zane Barnett. 2: Hank Kolb. 3: Irene Pisani. 4: Bill Eberle. Tie at 5: Shirley Coe, Joe Scrivo, Clarence Lietzow. Tie at 6: Helen Foskett, Nancy Kowsky, Marie Marquis. 7: Dolores Barnett. 8: Edith Kolb. 9: Joann Shea

Five-Handed Game

1: Virgil Taylor. 2: Ray Bock. 3: Vi Horton. 4: Lee Morgan. 5: Maria France.

June 23

Four-Handed Game

1: Hank Kolb. Tie at 2: Genny Brenner, Helen Foskett. 3: Billy Swing. 4: Bill Eberle. 5: Shirley Coe. 6: Edith Kolb. 7: Zane Barnett. 8: Jo Swing. 9: Dick Torzewski.

Five-Handed Game

1: Lee Morgan. 2: Marie Marquis. 3: Richard Miles. 4: Joan Sigafous.

Six-Handed Game

1: Maria France. 2: Virgil Taylor. 3: Marcy Askenase. 4: Ray Bock. 5: Vi Horton.

June 30

Four-Handed Game

1: Russ Riegler had a perfect Euchre score of 60 points. 2: Irene Pisani. Tie at 3: Dolores Barnett, Helen Foskett, Don Crawfis. 4: Hank Kolb. Tie at 5: Billy Swing, Clarence Lietzow. 6: David Engelhardt. 7: Diana Riegler. 8: Marcy Askenase. Tie at 9: Jo Swing, Dick Torzewski. 10: Genny Brenner

Five-Handed Game

1: Ray Bock. 2: Maria France. 3: Lee Morgan. 4: Virgil Taylor.

July 7

Four-Handed Game

1: Dolores Barnett had a perfect Euchre score of 60 points. 2: Edith Kolb. Tie at 3: Irene Pisani, Pat Snable. 4: Billy Swing. 5: Clarence Lietzow. Tie at 6: Genny Brenner, Zane Barnett. 7: Jo Swing

Five-Handed Game

1: Rich Miles. 2: Hank Kolb. 3: Helen Foskett. 4: Dick Torzewski

Six-Handed Game

1: Ray Bock. 2: Virgil Taylor. 3: Lee Morgan. 4: Maria France. 5: Marcy Askenase.



Tuesday Night Pinochle

Viola Horton

We welcomed one new person in the single deck game, Kay Wood. Hope she will become a regular. Playing pinochle is a good way to spend any evening. Enjoy!

June 6

Single Deck Winner

Audrey Bartolotta and Millie Ferrell

Double/Triple Deck Winners

Table 1: Vi Horton. 2: Lucille Perry and Ray Bock. 3: Margaret Sciarino and Virgil Taylor.

June 13

Single Deck Winners

Tie: Audrey Bartolotta and Millie Ferrell; Vernon Uzzell and Clarence Lietzow.

Double/Triple Deck Winners

Table 1: James Nottingham and Vi Horton. 2: Lucille Perry and Ray Bock. 3: Carol Polanowski and Elsie Helwig.

June 20

Single Deck Winners

1: Greg Skillman. 2: Joe Lacker

Double/Triple Deck Winners

Table 1: James Nottingham and Vi Horton. 2: John Berish and Billy Swing. 3: Harry Harrington and Al Novotny.

June 27

Single Deck Winners

Greg Skillman and Ed Fuller

Double/Triple Deck Winners

Table 1: Alberta Sarris, Margaret Sciarino and Vi Horton. 2: John Berish. 3: Elsie Helwig and Al Novotny.



Saturday Night Singles Pinochle

Elsie Helwig

June 10

1: Albert Novotny. 2: Harry Harrington. 3: Ed Fullmer.

June 17

1: Harry Harrington. 2: Millie Ferrell. 3: Ruth Christman.

June 24

1: Ruth Christman. 2: Viola Horton. 3: Elsie Helwig.

July 1

1: Jo Swing. 2: Albert Novotny. 3: Dottie Findlay.

July 7

1: Gene Hubbard. 2: Jo Swing. 3: Greg Skillman.



On Top of the World
NEWS
Where the News is Always Good

Submit Articles by E-mail
to otownews@otowfl.com

MEDICAL BILLS PLUS

CONFUSED AND FRUSTRATED WITH YOUR MEDICAL BILLS?

(or just don't want to be bothered with them)

LET ME HELP YOU UNDERSTAND AND ORGANIZE YOUR HEALTHCARE BILLS ALONG WITH THE INSURANCE EXPLANATION OF BENEFITS.

I HAVE OVER 8 YEARS EXPERIENCE IN BILLING AND COLLECTIONS AT A LOCAL ORTHOPAEDIC SURGEONS OFFICE.

WENDY BOWEN (352)572-4429

Licensed, Bonded & Insured

SUN-X OF OCALA

WINDOW TINTING
RESIDENTIAL • COMMERCIAL

REDUCES
• ENERGY BILLS
• HEAT
• GLARE
• FADE

SAFETY & SECURITY FILM
COMMERCIAL GRADE FILMS
FACTORY BACKED WARRANTY



SERVING MARION CO. SINCE 1971
FREE ESTIMATES • NO OBLIGATION

236-3728

SOLAR GUARD DEALER



Mah Jongg
Mary Ehle

Exciting things happen when people try. Barbara McArdle and the ladies of the Northern Lights Club wanted to try to host a mah jongg tournament. They wanted it to be special and to be a practice for the upcoming October tournament. They decided to see if they could play and keep up to the pace of four games an hour that is required for tournament play.

On June 26, 20 ladies, all beginners, gathered to try their skills. No one had played longer than one year. They played a mini tournament with three rounds in the afternoon. What a great time they had. It was more fun than they imagined possible.

At the end of the afternoon, Gigi Petta was the winner with a score of 210 points. That is very good for three rounds. Sec-

ond place went to Jeanne Wells and third was taken by Ann Ellis. Fourth and fifth place went to Rena Glennerster and Nancy Grabowski. I was told that Ginny Stefan also won a beautiful necklace. You will have to ask her about it.

Thanks go to Faye Shampine and B.J. Leckbee for all their help. I want to compliment the Northern Lights girls for stepping out and attempting to do this. I love to see people learn the game and then go on playing. I love it and I really want people to have fun. After all that is what retirement is all about. Living, loving, laughing and enjoying life to the fullest.

Now I am sure that we will have the biggest tournament ever on the first Saturday of October. All you regular players will now face some new and excited people who are going to be in for taking the prizes. Maybe one of the new people will walk away with the big prize. After all, it has been sitting there for eight tournaments untouched.

You may start sending me your reservations for the October tournament. It will be on October 7. The lunch choice will be chicken salad, ham, turkey or tuna and will be served on a croissant roll. Bruce will again be catering for us. The entire cost of \$20 includes lunch.

There are also some new things regarding door prizes. Bring a gift-wrapped prize of \$5 value. If you bring something you will be given a ticket so that you will get a door prize. No ticket, no door prize. If you have questions please call me at 873-7507. Jokers to you. ☺



Bingo
Bunny Barba

It's July and the only people happy in July are the air conditioner service people, the electric companies and those who manage

to stay in the pool most of the day. Well! I know another bunch of happy people. They are the more than 200 residents who come to the Health & Recreation Ballroom every Wednesday to play bingo.

This month has been remarkable for the number of players who have won several times in one night. Gene Yarsky, Pam Mindle and Stan Monaco are just a few who hit several times in the same evening. Joan Cummings and Grace Tiernan were two of our \$75 jackpot winners and our own Mae Adams hit a bingo.

Denise Johnson was our group leader in June and Audrey Mangan took over in July. More important, did you know that Jimmy Johnson (Denise's husband), one of our favorite callers, is also a super chef? His cookies and cakes are better than anything you have ever bought in a bakery or baked at home. If anyone dares to dispute this fact just bring in cookies for the entire bingo gang and we will compare.

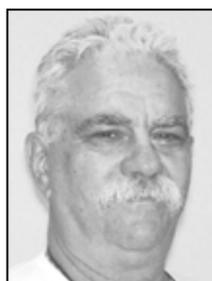
Next month I will make the big announcement about Super Bingo Night.

Question of the month: If we are not allowed to save seats, how come everyone is always sitting in the same seats every week?

May the wizards of bingo bring you good luck always in all ways.

Thank you to those who have taken the trouble to tell me they like my column.

If you have any money you want to donate to me, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com. ☺



Social Club
Mort Meretsky

I hope everyone who is intending to go to the picnic has contacted Margaret. She's started to make the potato salad; however, there's still time to let her know if you're going, since she hasn't yet started to fry the chicken. You can contact her at 854-7306. The date is August 18 from 1:30 to 4 p.m. at the Arbor Conference Center and the cost is \$2 for club members and \$5 for guests.

Don't forget the trip to Branson, Mo., scheduled to leave On Top of the World on November 14. The trip is for seven nights. It includes eight tours and shows and 14 meals (seven breakfasts and seven dinners). The cost is \$689 dollars per person (double occupancy) and insurance is available. To make a reservation or to get more information contact Joe or Anne at 237-7185.

We will be back with poker and blackjack in September.

See y'all at the picnic. ☺



Harmonichords
Betty Barney

Bernice Palazzo, historian for the Harmonichords, submitted the following bits and pieces from the past.

The Harmonichords had its beginning from the enthusiasm of their organizer, Rev. Raymond Schember, in October, 1991. The "original five" harmonica players were Arthur Eyring, Jack Ferguson, Jack Long, Wayne McCoy and David Taub. They were accompanied by Barney Duncan on the piano and Joseph Novatnack on the guitar.

In a little more than a year's time, the Harmonichords grew from five to 25 players with added member Arnold Bender and also Bill Eberle as emcee. This group presented their first concert on January 17, 1993. The Tampa Harmonica Club plus players from Jacksonville and Ft. Lauderdale made it a splendid and unique concert, which was a sellout with a waiting list.

After the 1993 concert, Pat Bachofner was elected director of music.

The quote for the day for the Harmonichords was, "Having a harmonica in your pocket is like having a pocket full of music."

We are not practicing for the summer but will be back in September at the Arbor Club on Tuesdays from 9 to 10 a.m. Come join us. ☺

Entertainment Group Sets Show Series Dates

The Entertainment Group announces its 2006-07 Show Series.

- The opening show, Saturday, September 30, features a very talented vocalist, Jeanne Alexis. The second half of this twin-bill is comedian David Glickman.

- Saturday, October 28, is another twin-bill. Opening the show is the Valerie Snead Show. Comedian Bruce Smirnov rounds up the evening.

- Saturday, November 25, brings back The New Dawn Singers.

- On Friday, January 26, "Branson Meets Nashville" show starts its one-week tour of Florida.

- Saturday, February 24, has the Marlins, a family of professional musicians from Indiana.

- A favorite performer returns to On Top of the World, Saturday, March 24: Cahal Dunne along with his Irish dancers.

- Saturday, April 28, closes the Show Series for 2006-07 with another double feature. Opening the show is vocalist Dominic, bringing his unique and interpetive stylings to the music made popular by great artists such as Frank Sinatra, Englebert Humperdink, Tom Jones and Neil Diamond, just to name a few. Closing the show we will have Crazy Gugenheim, Johnny Cash, Liberace and Benny Hill all on stage as impres-

sinist, comedian and singer Don Richards brings his hilarious routine to On Top of the World. ☺

Swingin' Singin' Seniors

Dottie Berkowitz

The Swingin' Singin' Seniors are alive and well, and looking forward to their sixth season of musical fun.

For those of you new to the community, and for those of you who haven't noticed, we are now an "all girl" group. Like all other groups, we are looking for new members. Anyone who can sing and "move" is welcome to come to our rehearsals and see if she wants to "fit in."

We are an entertainment group and we look forward to performing for your club and showing off our stuff. We sing show tunes and old favorites. Every year we change our program and include some comedy numbers, parodies, fugues and the like.

We meet on Tuesday afternoons from 1 to 3 p.m. in Suite D of the Arbor Conference Center.

If you have any questions, please call Dottie or Sandy at 861-2226. Our next rehearsal is Tuesday, September 5.

Hope to see you then. ☺

Home Repair Plus
"Superior Services With a Woman's Touch"

Licensed, Insured
References **352-266-6993**

Trial Experience Counts!

SARAH RITTERHOFF WILLIAMS
for Marion County Judge, Group 2

Sarah is Endorsed by the:
Fraternal Order of Police #529
and
Professional Firefighters of Ocala #2325

Please vote Sarah Ritterhoff Williams on Tuesday, September 5th!

Paid political advertisement, Paid for by the Sarah Ritterhoff Williams campaign, approved by Sarah Ritterhoff Williams

STORAGE DEPOT

Rent any unit for a year and get ...

1 Month Free!

Limited Time Offer! Call 629-7160 for more info.

- Several Unit Sizes
- Regular or Climate Controlled
- Boat, Trailer and RV Storage
- Full Video Surveillance
- Residential & Commercial
- Convenient Location

629-7160

Storage Depot - 9085 SW Hwy 200 - Ocala, FL 34481



Crafty Ladies
Dot Tripp

For some reason, most of the Crafty Ladies seem to have slowed down or stopped working on crafts this summer. Guess it's the heat and humidity. Who wants to work on something that will keep you warm in the winter but makes you sweat to work on it in the summertime?

However, Louise is working on her nee-

dlepoint picture, Ruth Mc is still working away on her needlepoint project, while Ruth W. is trying to master Swedish weaving. One thing for sure — the chatter has not slowed down. We really enjoy each other's company.

We recently received a request for fabric donations from a member of the Lions Club. The fabric is used by the Center For The Blind to teach the blind how to sew. Isn't it wonderful what these physically challenged people can do? Now that the Crafty Ladies have been advised of this need, don't be surprised, Estelle, if you receive a phone call in the near future to arrange for pickup or delivery of donated fabric.

Summer can be pretty boring sometimes, so why not think of sitting in at one of our meetings. You'll find that we are far from a boring group. We meet all year round, every Wednesday morning from 9:30 to 11 in the large Card Room in the Arts & Crafts Building. (That's the building across the street from the water tower).

Have any questions? Call Dot at 854-4913.

"Til next month, do your best to keep cool, happy, healthy and "crafty." ☺



Ceramics
Terry Zarrella

It is my pleasure to introduce Wannetta Clouse who runs the ceramic classes every Monday and Wednesday from 9 a.m. to 1 p.m. at the workshop building situated right behind the baseball field. Many of the On Top of the World residents know Wannetta and her ceramic classes because she has been doing this since 1986 in our community. I, on the other hand, just joined her lovely group.

Wannetta is very knowledgeable and patient and has a vast variety of greenware and bisque pieces just waiting to be worked on. If you are new to ceramics she will teach you how to work on your project ... now don't say: "I'm too nervous to do ceramics;" that's a lame excuse. It happens to quiet your nerves. Take it from me, as I'm the perfect example of how comforting it is to work at this craft.

Today's picture of Pinocchio was done by moi. It took only two sittings and the cost was minimal. I have been doing ceramics for almost 30 years and I'm still not tired of making pieces for both inside and outside my home.

To all the new residents that have moved to our lovely community, stop by, and hopefully, you too, will find this type of activity rewarding. If you want further information, do not hesitate to call me. My number is in the phone book.

Also, I might add, besides all of Wannetta's regulars who attend classes, recently several new residents have joined the group. It's a great way to make new friends and socialize while you work. Some of us bring lunch or snacks and find ourselves learning from one another besides enjoying the wonderful world of ceramics. ☺



Rug & Latch Hook
Yvonne Bednar

The Rug and Latch Hook group, also known as "The Happy Hookers," continues to meet on Mondays from 2 to 3 p.m. in the Arts/Ceramic Room, working on various projects of crocheting, knitting, needlepoint and embroidery, either for themselves, gifts to family members, blankets for new babies coming, or to donate.

In last month's article, we were brought up to speed on what everyone has been working on, so this month's article will be short.

Our August luncheon will be held on Monday, August 7, at noon (note the change in time) and we'll gather at On Top of the World's Pub in the Health & Recreation Building. Hope to see you there. Contact Geri Elliott at 237-6747 or Carol Toye at 873-1646 if you plan on attending. Call as soon as possible so they have a head count and can prepare for us.

To our readers, just a friendly reminder: if you have any unwanted yarn, please consider donating to our group. We have several masterful women who can do wonders with knitting needles and a crochet hook; they turn yarn into lap blankets for patients at TimberRidge Rehab.

Anyone new or not so new to On Top of the World is welcome to stop by on any Monday, except August 7, our luncheon day, and see what we are all about. If you have any questions, give Pat Utiss a call at 861-2831. We have no dues, no minutes, no meetings and you don't have to come every Monday. Come on up when you can and join a fun group of women.

Till next month, knit one, purl two. ☺



Clogging
Betty Thayer

Clogging is a truly American dance form that began in the Appalachian Mountains and now enjoys widespread popularity. The word "clog" comes from the Gaelic and means "time." Clogging is a dance that is done in time with the music to the down-beat usually with the heel keeping rhythm.

In April 2004, a group of six started the Fun Time Cloggers here at On Top of the World and they have been clogging every Tuesday and Thursday since.

Vee Firkins, director of the group, originally danced with the Tappers but was drafted into becoming the coordinator/teacher for the clogging group and as they say the rest is history.

In January 10 new students joined the group. Most had never clogged before, and the Fun Time Cloggers became a 16-woman dance troupe. (Vee points out that men can

also clog and she would like to have a couple of guys join.)

This lively group got so proficient that performing at various events was the next step. Amid some nervousness they have performed at: Oak Run, Cherrywood, On Top of the World's Great Lakes Club, The talent show, and for On Top of the World's Women of the World. The toe tapping and hand clapping music gets the audience involved and energized.

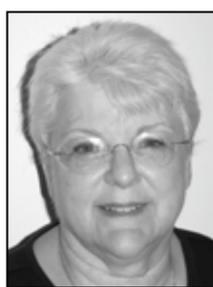
Clogging is great fun and good exercise. Vee teaches the dance steps with an emphasis on soft knees and overall body development. Bobby Roeder, one of the more advanced dancers, joined the group because they were having so much fun and has found that learning new steps helps keep the mind active as well.

The group is on vacation for July and August and will resume in September. Advanced and intermediate classes will begin on September 5. Beginners' classes will begin on Saturday, September 9.

Interested beginners should call Vee Firkins (237-0791) or Sue Cottrell (861-1878) to sign up. All classes are held in the Health & Recreation Ballroom starting at 9 a.m.

Beginners will learn the basic steps of clogging and move on to dancing to such songs as "Louisiana Saturday Night," "Old Time Rock and Roll" and "Sweet Georgia Brown." The advanced and intermediate groups will be learning "Volcano," "Mr. Sandman" and Vee's big surprise "Lord of the Dance" (Oops! Not a surprise any more.)

So if you are looking for a fun time and have a little bit of DIVA in you call Vee or Sue and join the Fun Time Cloggers. ☺



Shutterbugs Photography
Marilynn Cronin

On the third Tuesday in August, Tom Frostig will present "Why Can't I Just Point and Shoot?"

Yes, most cameras are made to just point and shoot, but there is so much more to getting really good pictures, and some cameras make it easy to get better shots. Learn about ISO, white balance, depth of field, scene modes, exposure value and more.

During the meeting on the third Tuesday

in September, Tom will speak on "The Art of Photography: Tips for Taking Pictures" — how to frame your subjects, how to get the best focus on your subject, using flash in bright daylight (fill flash), be a straight shooter including foreground objects and much, much more.

Classes on PhotoShop Elements and other member-directed topics will begin in October and November. Would you like to learn how to touch up that good vacation photo or grandchild's photo and make it a great photo? Come join Shutterbugs and get help.

Shutterbugs members' first photo exhibition will be held November 6 through 10 at the Arbor Club, with a Meet the Photographers Reception on Tuesday, November 7. Judging will be in eight categories: touched up and untouched photos in amateur, intermediate, advanced and masters, in both black and white and color. Ribbons will be awarded in each category at the Friday night Happy Hour.

All On Top of the World residents at all skill levels are welcome to join. If you are interested in learning how to take "better" photos of your grandchildren, pets, landscapes, etc., or would like more information about Shutterbugs, please contact Gary Uhley at 854-8536 or e-mail at guhley@cfl.rr.com. ☺



**New York/
New Jersey**
Terry Zarrella

Our club held its end of the year party in June. Judy Furfaro hosted the karaoke music and asked members to come up and sing. Several members (after some coaxing from Judy) got up and they seemed to truly enjoy themselves.

At the party we served Quizno subs, chips, soda, tea and a beautiful sheet cake with the caption "Have a Great Summer." This was our treat to all our "loyal" mem-

bers. There wasn't one dandelion attending the party and all we heard were raves from our members for such a treat!

We installed our members for the following year: Terry Zarrella, president; Glo Hutchings, vice president; Frank Palotta, second vice president; Gloria Aiello, secretary; and Carol Berta, treasurer. Continuing as Sunshine and Badge lady is Gladys Bevalacqua. Danny Collora will continue to do refreshments with the help of Ernie Barba.

Andy Zarrella will hold the 50/50 for next season and Glo Hutchings will be in charge of entertainment. Next year Myra Post will take on membership and she will be assisted by Bunny Barba.

Instead of a member of the month this issue, I want to acknowledge all the board members and all the special people listed above whom make our club run smoothly. Everyone works so diligently and they volunteer their time and effort every month. Everyone gets along fabulously and it is a pleasure to be part of this group.

During our respite this summer, until we meet again in September, I wish you all a great summer full of health, happiness, vitality, peace and joy.

Our motto of the month is: "Trouble is a sieve through which we sift our acquaintances. Those too big to pass through are our friends," credit to Arlene Francis. ☺

Bowlers Needed for Mixed League

If you are interested in bowling in the evening then the following should interest you.

Vince and Barb Bonomo are trying to put together a bowling league for the winter season, September to April or May. The location is AMF Central on Silver Springs Boulevard on Thursdays, 7 p.m.

We would like to have a mixed league (two men and two women on a team). AMF Central has told us that right now we can have from 10 to 20 lanes if necessary, but we need to reserve the lanes as soon as possible to secure them for our league.

If you are interested in having fun, please call Vince or Barb at 873-9303. ☺

Thank You, July 4th Event Volunteers

By LOLLY FOOS
VSP VOLUNTEER COORDINATOR

Thank you, thank you, thank you ... you did an outstanding job:

Bunny Barba, Jim and Kay Chandler, Joanie and Wendell Crist, Helen DeLuca, Judy Dunn, Roy Foos, Charlotte and Gerald Hancock, Frank Jennings, Gladys and Ernie LaDuke, Mort Meretsky, Claudette Moher, Jeanne Nicholls, Dodie and Gordy Phillips, Charlie and Shirley Strauss, Herb and Pat Schroeder, Jodi Szymanski, Ray Utiss, Larry Wilver and Bev and Bob Woods. ☺

Keith Henderson

Floor Covering Services, Inc.

LOCALLY FAMILY OWNED & OPERATED

DON'T LIVE WITH WRINKLES!

Across from Pine Run at the light

Kingsland Plaza

8810 St. Rd. 200, #121

Ocala

854-2392

STILL PERSONALLY INSTALLING AFTER 20 YEARS.

- Wood
- Carpet
- Tile
- Vinyl
- Laminates
- Restretches
- Backsplashes
- Countertops



For Sale

Bicycle: Men's Roadmaster MTN Sport SX, over 15 speeds, mint condition, \$40. 873-0303

Bicycles: Woman's Mt. Fury, 15-speed, Man's Huff, 18-speed; new cushioned seats, excellent condition. \$60 each or both for \$100. 291-1415

Computer Equipment: 17" Gateway monitor, \$35; Epson Stylus 400 color inkjet printer, \$25. 873-0250

Computer Monitor: Dell model E773c, black, perfect condition, \$75. 873-9729

Comforter: Queen size, rose pattern, with two standard pillow shams, two small pillows, bed skirt, waste basket and small tissue holder, \$50. 351-4448

Exercise Bike: Power Rider, \$25. 854-1996

Estate Sale: 8 a.m. September 23-24. Household items, pictures, etc. 8782-C S.W. 90th Lane.

Furniture: Coffee table, imported from Italy, dolphin pair poured concrete base with oval beveled glass top. Will sacrifice. Must see to appreciate. 861-2345

Furniture: 42" round table with two 12" leaves, walnut color with four upholstered chairs, \$199. 237-7758

Furniture: Pine coffee table with drawer and top section for magazines, good condition, \$30. 854-7563

Garage Sale: Household items, tools, chair, table, etc. Saturday, August 5, 9 a.m.-noon, 9686 S.W. 96th St., Crescent Ridge II.

Golf Cart: Club Car, electric with charger, very good condition. Rebuilt 1996, new batteries 1998, 3-1/2 hp motor, sheepskin seat covers, lights, horn and rain curtains. 854-3116

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Pressroom door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Men's lefthand golf clubs, putters, woods, irons and wedges. Will accept reasonable offer. 291-7515

Miscellaneous Items: GE 18 cubic foot refrigerator, \$65; counter-top 800 watt microwave, 10 power levels, turntable, \$25; 41" glass top patio table, \$25; patio reclining chair with ottoman, \$15. 237-0276

Miscellaneous Items: Kenmore washer and dryer; electric scooter lift for rear of car; almost new wheelchair. 861-0313

Miscellaneous Items: Queen size futon with extra-thick matt, \$200; 19" color TV, \$50; Eureka upright bagless vacuum, \$50. 854-2151

Miscellaneous Items: Matching western shirts; cowboy hat, \$5; men's warmup suits, \$10 each; lighted makeup mirror, \$10; two tennis rackets, tennis balls, \$10; two large turkey platters, new, \$5 each. 854-5645

Miscellaneous Items: Quasar counter-top microwave oven, \$25; towbar for motor home, motor home mount, \$300; SMI Plug and Go Brake system for towed car, \$400. 873-0250

Penta purified drinking water delivered to your door. Liter case (12 pk) \$37 each, .5 liter case (24 pk) \$39 each. Minimum order 4 cases. 873-2100

R/C Model Airplane Transmitters: Airtronic, "vanguard" with radios and servos; 43 freq. ch., 55 freq. ch., \$50 each. 854-3116

Sale by S&R: Friday, August 25, 9 a.m.-2 p.m., and Saturday, August 26, 9 a.m.-1 p.m., 9669-D S.W. 94th Avenue, Crescent Ridge I.

Saw: 8-1/2" Delta Compound Power Miter, \$40. 861-0608

Treadmill: Sportcraft TX200, \$95. 854-2451

Two wingback chairs: Like new. Two for only \$250. Cream background with maroon and blue flowers. 237-9785

TV: 13" Admiral color TV \$30 OBO. 867-0771

Wall Unit: With Sony big screen TV. 873-7315

Washing machine in excellent condition. \$50. Call 861-6508, keep trying.

Services

Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

Alterations: "We come to you." Fittings/pickup/delivery at your home. Professional workmanship. On Top of the World resident. Call Dix's, 854-5572

Amway Products come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

Caring Home Health Aide Available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

Sue's Painting
(352) 237-0892
Licensed & Insured
References & Virtual Tours at
SuesPainting.com

Cat Boarding & Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Computer Instruction in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

Computer Solutions by Phillip: Repairs—upgrades—sales. PC and MAC. Data recovery. Microsoft Certified Systems Engineer and Apple Certified Technician. Licensed and insured. VISA/MC, ON-SITE SERVICE. Mobile: 804-8713

Sewing Machine Service & Repair: Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

Experienced compassionate and loving caregiver. Expert housecleaner. Excellent references from On Top of the World residents. Gloria, 237-4793

Extend life of water heater to ensure hot water. Internal cleaning, draining and flushing. Call Ron, 895-7733

Free Appraisals on musical instruments, vintage and current — guitars, banjos, mandolins, amps, etc. 40 years experience. On Top of the World resident. 237-8072

Got pain? Get relief! Michel's Magnetic Therapy & More. Attractive and affordable magnetic bracelets, necklaces and more! Friday 9 a.m.-2 p.m., Saturday-Sunday, 9 a.m.-4 p.m. Located at I-75 Flea Market (Exit 354N). Booth A15. On Top of the World Resident. Bring this ad for 10 percent off.

Home Health Care: Companion, housecleaning, errands and appointments. Esther Blank, 502-9701

House Cleaning by Evelyn Lee: I do windows, deep cleaning and move outs. Licensed & insured. 629-0855

Jewelry Repair: Cheryl Turnbow, OTOW resident, offers jewelry repair, redesign of your older jewelry, classes. 861-8014 or e-mail: ctreiki@yahoo.com

LPN Available for homecare: Able to provide personal care, flexible hours, treatments, ambulation. Flexible hours. Florida license and CPR. Call 861-8804.

Painting by Frank the Painter: Quality service at affordable prices; free estimates; On Top of the World resident. 30 years experience. 237-5855

Paint'n the Town: Candler Hills husband and wife team. Professional interior painting, custom color assistance. Consistently exceeding customers' expectations. Licensed and insured. 209-3504

Steve's Repairs: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Stop gaining body weight with true food, pure water and basic physics. One-on-one private consults. 873-2100

Transportation: Call Bill, On Top of the World resident, for transportation to doctors, hospitals, shopping. Dependable, safe driver. 854-7516

Transportation: Will drive you to airport, doctor's appointment, etc. 854-8708 or cell 207-8237

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Window Fashions: Swags, pillows, valances, etc. Professional workmanship. On Top of the World resident. Call Dix's, 854-5572

Wanted

Dog sitter wanted for very obedient five-pound Yorkie last two weeks of August in your home. Pat, 861-0664

Want go buy sturdy electric wheelchair. Call 873-4264

French tutor: I need to update my French prior to a trip to Paris this fall or "April in Paris," as the song goes. Call 291-1793

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

Moving in or moving out? Grandmattic will purchase one piece or entire estate; jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

FAMILY
F
F
A
I
R

Pressure Washing & Window Cleaning
Specializing in "Vinyls"
Window Tracks & Screens Cleaned "FREE" with service

Family Owned and Operated

FREE ESTIMATES
Licensed & Insured **362-6895** ask for Charlie or Danielle

Plumbing Troubles?

24 HR EMERGENCY SERVICE

We Repair All Plumbing Fixtures

We Install:

- Laundry Tubs
- Disposals
- Water Softeners
- Water Heaters
- Toilets
- Sprinklers
- Faucets

All Major Credit Cards Accepted

Mike Scott Plumbing
10988 SW 94th Court • Ocala, FL 34481
237-2888

29 Years Experience
Licensed & Insured

RENEWED ♦ SURFACES
Division of R.C. Cohn Construction

- ♦ Driveways
- ♦ Patios
- ♦ Garage Floors
- ♦ Pool Decks
- ♦ Entrance Ways
- ♦ Walk Ways

We Make YOUR Concrete Look Good!

- ♦ Crack Repair
- ♦ Easy to Keep Clean
- ♦ Many Colors
- ♦ Non-Skid Protection
- ♦ Many Designs
- ♦ Rust & Holes Repaired
- ♦ Resists Most Chemicals

Over 30 Years of Experience at Work For You!
ALSO: Pavers Cleaned & Sealed
Long Lasting Paver-Saver
♦ FREE Estimates ♦

Licensed **237-2796** Insured

Barney's
Garage Door & Opener
Sales & Service

All Makes & Models
Maintenance & Repair

(352) 595-5041

Water Heaters Sales & Service

Schedule Your Spring Maintenance Tune Up

Patrick's
Heating & Air Conditioning, Inc.

Air Conditioning / 6 Months Same As Cash
Ask About Progress Energy Rebates

TECO Gas Advantage Partner • Gas lines, generators & barbecues
We honor all manufacturers' warranties • We also offer FREE second opinions

QUALITY INSTALLATIONS BACKED BY QUALITY SERVICE
WE SERVICE ALL MAKES AND MODELS

State Certified License # CAC1813636 **Family Owned & Operated** Bonded & Insured Credit Cards Accepted
30 Years Experience

(352) 236-0400

Gators Barber & Style Shop

- Flat Tops
- Regular
- Styles

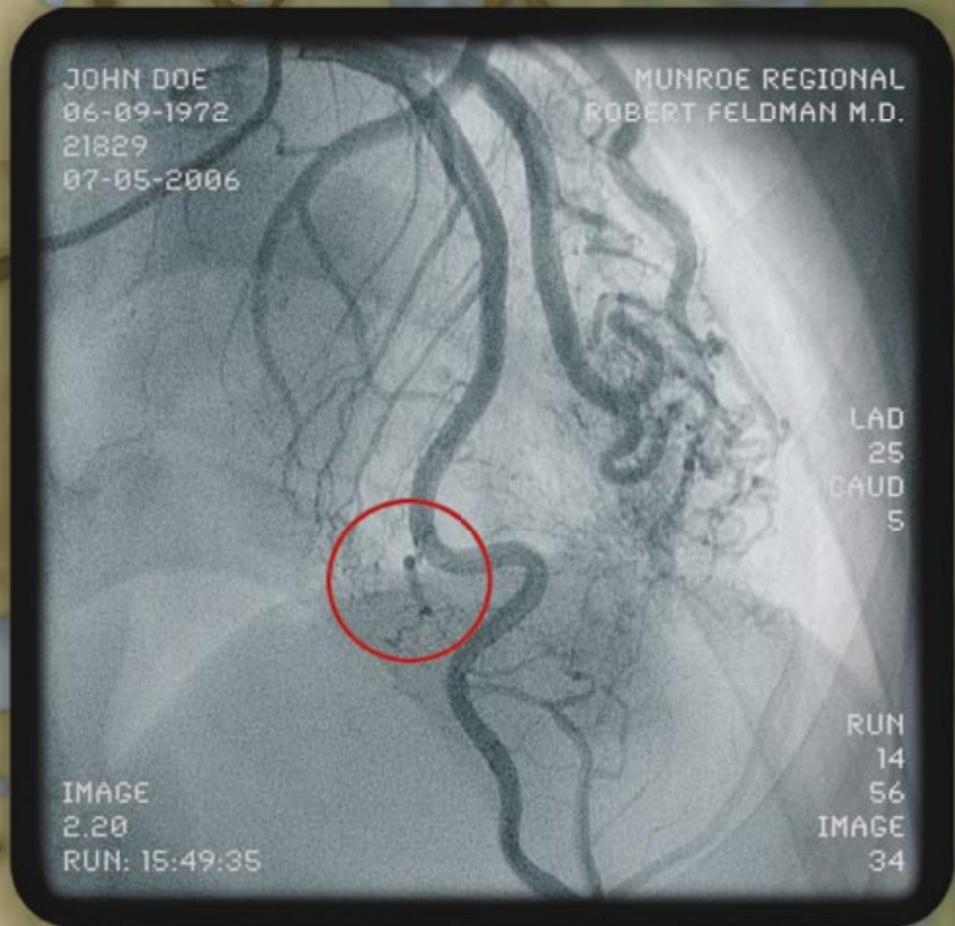
Hours: 8:30 to 5:00
861-3000
Carriage Plaza
6855 W. Hwy. 40

House Cleaning • Spring Cleaning
Move Out Cleanings
Windows, Inside & Out
Tracks Cleaned
A & C
Residential Cleaning Service
489-9592

To On Top of the World Residents Only
A local business for 18 years
Insured & Bonded
References of Request

10% discount on first time cleaning to new customers.
Call for a free estimate and schedule your first cleaning.
Please show this card upon receiving your estimate.

You can find things in Marion County you can't find anywhere else.



Actual Shimadzu Safire scan of the left coronary artery

© 2006 Munroe Regional Medical Center

Right here in Marion County you'll find one of America's Top 100 Hospitals for Heart Services – Munroe Regional. And here you'll find Florida's only cardiac catheterization lab equipped with Shimadzu's Safire Technology. This lab provides digital images of your heart and vascular system so detailed that your doctor might be able to find and treat potential problems early. So if you're looking for the most progressive, compassionate, cardiovascular care, you'll find it at Munroe Regional.

Please call 352-867-8181 today or log on to www.MunroeRegional.com to schedule the next FREE Heart & Vascular Center tour.

