

On Top of the World NEWS

Where the News is Always Good

Folks showed up in all kinds
of attire at the Happy Hour
Sock Hop, Page 17.



Vol. 19, No. 8 • February 2006



Photo by Larry Resnick

Dancers took the Ballroom floor on New Year's Eve.

NEW YEAR'S EVE CELEBRATION

Ballroom Decorated in Style

By LARRY RESNICK

How do you celebrate the arrival of the New Year in On Top of the World? Some of us went to house parties, some of us stayed at home and some of us went to various parties and dances at the Arbor Center and some of us went to the Health & Recreation Building Ballroom dance and celebration. Whew, this place is certainly an active adult community with all that to choose from.

Upon entering the Health & Recreation Ballroom, you couldn't miss the decorations. Really imaginative! Strung across the room almost ceiling height were lots of very large balloons that were all just like world globes. Also along the foot of the stage were these same globe balloons.

Also along the foot of the stage was "2006" in lights, while up on stage were the settings for the band that was scheduled to play there that evening. Off to one side at the foot of the stage was a nicely decorated arbor archway that was used for picture taking by lots of the partygoers. And why not, after all most everyone was dressed for party time as well as ready for some fancy high-stepping dance steps.

The music for the evening was provided by a group named The New Rhythm Kings Band who started their playing promptly at the scheduled time of 8:30 p.m. The Ballroom filled quickly with all the dance and partygoers. There was not an empty seat in the room. Another sellout event

by the On Top of the World Dance Committee. On each table were noisemakers for all, New Year's Eve headwear and lots of snacks to munch on, which were replenished frequently as the evening went on. The band played all the popular dances and the dance floor was filled for just about every one of the dance numbers. Quite a few line dances were played as well as many Latin beats, some soft rock, jazz, waltzes, polkas, jitterbug, and of course lots of slow stuff to snuggle close to your honey with.

Champagne bottles were passed around to all tables a little prior to midnight and just before the midnight hour was reached there was the traditional countdown to the New Year, and then 2006 had arrived. Lots of hugging and kissing between friends and neighbors and champagne toasts to the New Year were made by many. It was truly nice and very enjoyable.

Coffee and doughnuts were served shortly after midnight and the dancing continued on. After most had their fill of coffee and doughnuts the ranks of the partygoers started to thin out. Another New Year was greeted in, and a great time was enjoyed by most all who attended and now they were looking forward to the On Top of the World Dance Committee's next scheduled event which is the Sweetheart Dance on February 18 in the Health & Recreation Ballroom.

So we look forward to our next Ballroom event by the On Top of the World Dance Committee. I bet you will have another sellout crowd for the Sweetheart Dance. Thanks, guys.

The Pub Reopens!

By TONI TAYLOR

Back by popular demand! On Monday, February 6, The Pub will reopen to On Top of the World residents and will be serving lunch only, Monday through Saturday, from 10:30 a.m. to 3:30 p.m. with a new menu, new staff and new atmosphere.

The Pub will be operated and managed by the Hospitality Division of On Top of the World Communities, the all new management team that joined the company within the last two months and that also oversees operations at Candler Hills Restaurant.

The menu at the Pub will differ from that of Candler Hills Restaurant in that it will offer a lighter faire, such as a variety of salads, hot/cold sandwiches, hamburgers, hot dogs and soup, along with dessert selections as well. Although the new menu choice is of a lighter nature, it will be prepared by an experienced chef. Chef David Pigeon, along with his staff, will oversee food preparation and service. Menu prices range from \$2.25 to under \$7.

Dining atmosphere in the Pub is casual. No reservations are needed; the restaurant is walk-in and self-seat. Wait-service will extend from inside the Pub to the covered terrace just outside the facility in the pool pavilion area. No food or drink will be served on the deck area surrounding the pool itself. The full-service bar will also be open during regular restaurant hours.

For more information or to make party arrangements call the Hospitality Division's Food and Beverage Manager, Denise Fuqua, at 861-9188.

The Pub is back and it's better than ever! Lunch anyone?

Get Tickets Soon for Entertainment

Variety Show

On March 11, the Health & Recreation Ballroom will again be the scene of the On Top of the World Variety Show.



Participants in last year's Variety Show strut their stuff.

These entertainers are all your friends and neighbors. Come out and enjoy their efforts. As always this show is performed for various charities.

Tickets will go on sale Monday, February 13, from 8:30 to 10 a.m. in the Ballroom. Sales will continue every Monday, Wednesday and Friday until show day.

Show time is 7 p.m. on March 11. Don't be left out. Come out and see all the action. There will be dancers, singing, comedy and much more. See you there. General tickets are \$5 and reserved are \$7. Shirley Shopf

New Pretenders

The reserved seats for the New Pretenders Show, on February 10 and 11, sold out on the first day.

A few general admission tickets are still available. They will be gone by show time, so please hurry and buy your tickets soon.

Ed Morgan

Community News & Update

By Kenneth Coleen
Publisher

FLOOD-PRONE AREAS UPDATE: To recap from my previous article and refresh the background information, FEMA first defined the flood-prone area maps in response to a request from 89th Congress. The Geological Survey (USGS) used readily available information to develop the flood-prone areas map. Large areas of the state are currently classified as flood-prone as a result of that methodology, even though there may be no evidence to support that designation or have the requisite "1 in 100 chance on the average of being inundated in any year."

The current initiative to reclassify large areas of the state that have never experienced flooding is driven by the recent experience of multiple hurricanes in close proximity to each other. They are taking a course of extreme caution.

Under current design standards, all storm water management is designed to 100-year, 24-hour events (approximately 11 inches of rain in a single event). The Southwest Florida Water Management District (SWFWMD), at the urging of FEMA, is attempting to impose a more stringent design requirement of a 100-year, 96-hour storm (approximately a 15-inch storm) event stacked on top of a mean annual event of 2.33 inches (a typical afternoon shower) with no account for infiltration or percolation into the sandy soils (that is why it's called "drainage"). Effectively, this supposed 17.33 inches of water that sits and doesn't drain means considerably larger and deeper retention ponds. This proposed requirement may be warranted in certain areas of Florida already prone to flooding, but not in this region. As evidenced by back-to-back hurricanes, the storm water management system in On Top of the World performed as designed and recovered capacity generally within three to seven days after the second storm.

Many of the maps that both the Southwest Florida Water Management District (SWFWMD) and FEMA are using to

define flood-prone areas reflect pre-development conditions dating to 1980 and, in some cases, may be as recent as 1999. This old information does not correctly represent current conditions. Additionally, the model that the agencies use to determine storm event behavior does not include pond recharge or recovery. This is a critical omission given the sandy soils and rapid infiltration rates typical of this area of the County.

On Top of the World Communities, through a consulting engineer, submitted information that is very site specific and included all post-development conditions, such as retention ponds designed to accommodate the 100-year storm events, current soil borings, percolation tests, and other relevant information that supports the process of a Letter of Modification Revision (LOMR) and exemption from being considered a flood-prone area. SWFWMD engaged the services of Watershed Concepts for the analysis (which included the On Top of the World property). Watershed Concepts completed their portion of the work and then Dewberry Engineering created the revised panels that will be used in the flood-prone area determination.

At the present time, the new topographic model cleaned any potential areas, resulting in smaller, more accurately defined floodplain regions confined to water retention areas designed for that exact purpose. One potential area identified in Candler Hills resulted from the District consultant lacking the grading plan for the golf course. Again, this is a case where storm water runoff activity is confined to the designed water retention areas.

For all practical purposes, no areas in On Top of the World Communities are expected to be designated as "flood-prone" once the District and FEMA adopt the final revised maps.

HERE WE GROW: As our company has grown and expanded over the past couple of years, it has become apparent

that for the day-to-day operations of the various departments that directly serve the needs of our residents and community that the time has come to add the position of Operations General Manager.

I am pleased to announce the appointment of Lynette Vermillion to that position, with her first day being January 16, 2006. Lynette will be responsible for the overall appearance and working conditions, including but not limited to buildings, equipment and infrastructure. She will oversee the daily operation of the management company, customer service and SCA. Lynette's background includes more than 25 years with Florida Power (later becoming Progress Energy Florida) and strong management and accounting skills.

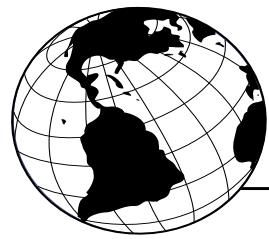
LIVE TO LEARN: The "Master the Possibilities" sign-up for classes is doing very well! In February we have more opportunities than any other month: Bird-watching/identification, Economics, Literature, CPR, Computers, Stress Management, and Dr. Lane's lectures on Animals! We also have free presentations: Florida Lawns and Gardens, Marion County—A User's Guide, Preventing Identity Theft, and the Book Club. Once you take a class or attend a presentation, I think you'll have a new appreciation for education here in our community (and this is just a start on what we have planned in our Circle Square Commons).

TREE TRIMMING: December to March is the time the Management Company runs through its cycle of tree



Lynette Vermillion

► Continued on Page 5



On Top of the World NEWS

Where the News is Always Good

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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Golden Oldies Humor

by Stan Goldstein



"LAST NIGHT MY WIFE SAID 'LET'S GO UPSTAIRS AND PLAY ARABO BUT I TOLD HER I COULDN'T DO BOTH!!'

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Entertainment Group Presents Classic Pizzazz in February

On Saturday, February 25, Sullivan Cadillac-Pontiac-GMC presents Classic PIZZAZZ! This event, at 7:30 p.m., stars Brian Gurl from the Gurl and Girl Revue and Lenny Ski. They are two incredible artists in one incredible show.

Pianist and entertainer Brian Gurl joins forces with world-class violinist and fiddle virtuoso, Lenny Ski, together backed up by a dynamic rhythm section, Classic PIZZAZZ. This is a powerful show featuring music from classical to pop, jazz, and even comedy when Jack Benny meets Liberace, and a ventriloquism routine performed by Lenny and his sidekick, Blunoza.

From Ave Maria to the Orange Blossom

Special these two will delight and dazzle you with an evening long remembered.

Thanks to our friends at Sullivan, ticket prices are \$6 general and \$8 reserved for this fantastic show. Tickets are on sale Mondays, Wednesdays and Fridays from 8:30 to 10 a.m. in the Health & Recreation Ballroom.

As usual, a limit of four tickets per purchase and are for On Top of the World residents and their houseguests. No tickets will be available at the door.

Last but not least... save your ticket stub. It is worth \$2 off the price of any lunch or dinner entree at the new Candler Hills restaurant. ☺

Who in the World!
BY PAT WELLINGTON

Clue
Years later, she was voted best dressed in high school. See answer on Page 14.

-Reedy-

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On Top of the World Bus Schedule

PICK-UP	ROUTE	TIME
Crescent Ridge 1&2	97 th Lane – 99 th Ave. – 96 th St.	9:02 a.m.
Americana Village	89 th Ct. Rd – 85 th Terr. Rd.	9:10 a.m.
Friendship Village	96 th Lane – 84 th Terr. – 93 rd St.	9:13 a.m.
Friendship Colony	83 rd Terr. – 90 th St. – 87 th Ave. – 97 th St.	9:18 a.m.
Friendship Park	97 th St. – 94 th Lane	9:21 a.m.
Friendship Village	89 th Ct. Rd. – 92 nd St. Renaissance	9:23 a.m.
Williamsburg	90 th St. – 91 st Cir. East – 91 st Cir West	9:26 a.m.
Providence	90 th St. – SW 96 th Terr. – SW 92 Pl. Rd	9:30 a.m.
Exit Community		9:45 a.m.

OCALA RUN – TUES. WED. TH. FRI. ARRIVE PICKUP

Lowe's	9:45 a.m.	11:30 a.m.
Paddock Mall	9:50 a.m.	11:40 a.m.
Wal-Mart Superstore	10:00 a.m.	11:40 a.m.
Target	10:15 a.m.	11:40 a.m.
K-Mart	10:15 a.m.	11:45 a.m.
Gaitway Plaza	10:27 a.m.	11:45 a.m.
Paddock Mall	11:50 a.m.	
Wal-Mart Superstore	11:55 a.m.	1:40 p.m.
Target	12:00 p.m.	1:40 p.m.
K-Mart	12:00 p.m.	1:40 p.m.
Gaitway Plaza	12:00 p.m.	1:40 p.m.
Paddock Mall (Final Pickup)		1:45 p.m.

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**From
Debbie's Desk**
Debbie Clark

First and foremost I would like to thank all of the club presidents or coordinators who have handed in their Facility Request Forms for the January through December 2007 season. Theresa has been very busy entering these into the system. For those of you who have not handed your forms in for the 2007 season yet please remember the rooms are on a first-come, first-serve basis and they are filling up fast.

While I am on the subject of Facility Request Forms and Rooms, it has been brought to my attention on numerous occasions in the last few weeks that people are just going up to the Arbor Conference Center during the course of the day or evening and if they find a room is not being utilized they are just going in and having their meeting or get together.

First, just because that room is empty at the time you walk in does not mean that there is not someone else scheduled for that room during the course of your meeting, and you will be asked by the persons who have gone to the trouble of following the proper procedures and reserving that room for their function to vacate the room.

Second, if the room is left not the way you found it I have no recourse as to having the room put back into its original state. Which brings me to the last item: I will have the room schematics completed by February 28 and they will be posted in all of the suites at the Arbor Conference Center so if anyone has a question as to how a room should look after their function you will

have a schematic to go by.

OK, enough of that ... on to the fun stuff. Right out of the gate for the month of February we have a **Super Bowl Tailgate Happy Hour** on Friday, February 3. This should prove to be as much fun as being in the parking lot at a stadium, so come on out and root for your favorite team. As I write this, I do not know who that will be but I can say GO PATRIOTS.

On Saturday, February 4, the **West Port High School Drama Club** will perform for us at a dinner theater. This event is a fundraiser for the drama club. The name of the show is "Murder at the Karaoke Café," which from my understanding the kids are working very hard on bringing us a high quality show. This is taking place at the H&R Ballroom and the doors open at 4:45 p.m. with dinner being served at 5:30 p.m. The ticket price is \$17.95. Please call the Activities Office for availability of tickets.

The themed Happy Hour for the month of March will be a **Mardi Gras Happy Hour** and this will be taking place on Friday, March 3. So let's get ready to party the way they do in New Orleans. Bring your beads and let's have some fun.

Another event I would like to bring up is in April. On Monday the 17th we will be going to the T.D. Waterhouse in Orlando to watch the **Orlando Magic** play the Chicago Bulls. Ticket price is \$35 per person and this will include your round-trip transportation and entry into the game. We will leave On Top of the World at 3:30 p.m. and will arrive back sometime after the completion of the game. If interested in attending this event please register at the Activities Office Monday through Friday, 8 a.m. to 4 p.m.

I am also starting to work on some old ideas which had been phased out of the activities schedule. I am looking at bringing back the **High Teas**, which in the beginning will only be scheduled for once a quarter until I see that participation warrants a High Tea every month.

The second activity will be on the lines of a **newcomers welcome** and this will be strictly for new residents. I will be coordinating this event with the club presidents. I am also looking at having this once a quarter. Please stay tuned to Channel 19 and my articles for further information on these two activities as I have more information available to pass on to you.

So as I always say let's go out and have some fun! ☺

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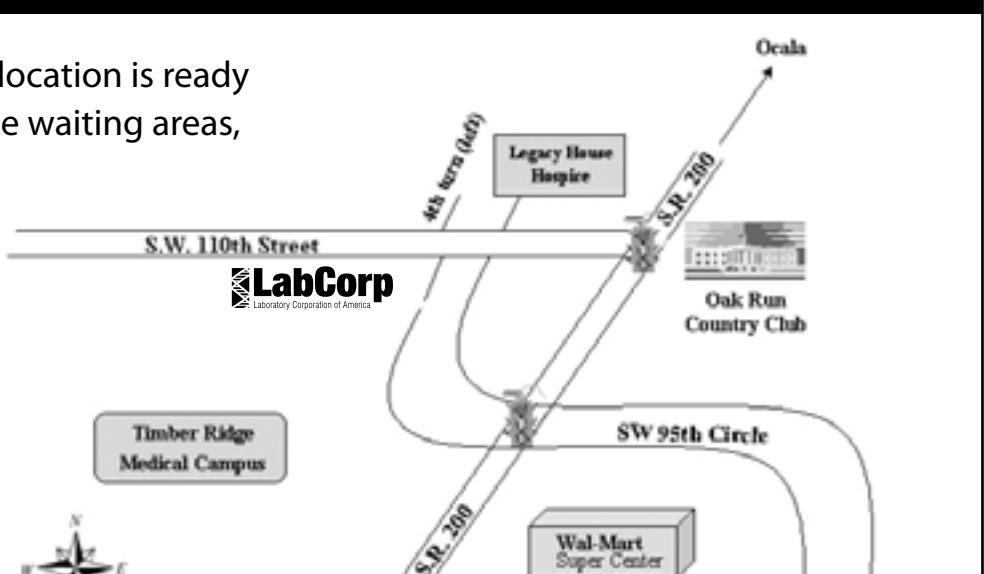
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Irene Plow
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64th Anniversary



Elaine & Frank Staley
48th Anniversary



Bill & Jo Swing
Newlyweds



Sharon & Fred Tarolli
New Residents & 25th Anniversary

Community News & Update

By Kenneth Coleen
Publisher

◀ Continued from Page 1

work. Good progress has been made in following up on the numerous requests for tree trimming submitted by owners in 2005. As noted at the annual meeting, tree work is not being taken in order of service request submittal. Parkway is using a special motorized high-lift platform for the safest way possible to perform the tree pruning. Please use caution around the work crews. You may see them but they may not always be able to see you.

Regarding requests for tree removal, not all trees requested for removal are diseased or otherwise in a state warranting removal. Trees that are otherwise healthy will not be removed. Work crews have reported that most trees are in a healthy condition and require only corrective work to remove limbs overhanging buildings or to "balance" the growth.

COLD AND SHRUBBRY: The original plantings installed in your neighborhood at the time of construction were selected for their cold and drought hardiness. Sudden and severe cold, such as we experienced in late December, have caused some plants to brown and leaves to curl. This is not unusual; it is more likely we've all been spoiled by the mild winters of the past few years.

Do not rip out plants affected by the cold just yet. They will surprise you with their recovery. Neither should they be pruned back until mid-March. There may be several more weeks of cold and possible frost. Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-March to consider any pruning of owner-added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter, so be advised.

SAFETY TIP: February is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 30 minute load!). Even more to the point, collected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace the vent hose entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning.

Welcome to On Top of the World

Raymond and Joan Elise Wells, 9273-B S.W. 97th Place
Joseph and May Grigni, 8533-S.W. 92nd Street
Donald D. and Maralyn D. Trott, 8640-D S.W. 94th Street
Alton John and Sarah R. Richwine, 9440 S.W. 93rd Loop
Sharon J. Burgess, 8471-B S.W. 91st Street
Spencer G. and Margaret E. Corkum, 8974-A S.W. 97th Street
Eugene K. and Evelyn J. Ward, 8582-C S.W. 90th Place
Albert S. and Helen Giulietti, 8710-F S.W. 91st Street
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Heide C. Burnett, 9530 S.W. 93rd Loop
John M. and Ravenna Joyce Gysen, 8061 S.W. 81st Loop
David W. and Betty L. Pipkins, 8884-D S.W. 91st Place
Fred A. and Joan H. Mills, 8464-F S.W. 91st Place
Anthony and Robin Misterly, 9640-A S.W. 92nd Court
Thomas F. and Paula F. Smith, 8547-C S.W. 90th Lane
Lee Ann Oliver, 9490-C S.W. 85th Avenue
Doris P. Snable, 9825-D S.W. 90th Ave
Diane Gravel, 8887-C S.W. 95th Lane
Roland and Ora M. Houde, 8420-E S.W. 93rd Lane
Raymond E. Foresman, 8885-C S.W. 93rd Place
Jerry R. and Susan E. Dunn, 9441-D S.W. 85th Terrace
Annette W. Garmon, 8686-D S.W. 97th Lane Road

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100 Grandparents

Barbara Greenwood

Thursday, January 12, the day of last month's visit to Romeo Elementary School in Dunnellon. A day that we, all 44 of us, had been looking forward to. There we were, standing together in the parking lot of the Health and Recreation Center, awaiting the arrival of the school bus that would get us to the school. We assembled at 9:15 a.m. hoping that the bus would arrive early, getting us to our destination sooner, so that we could have more time with the children.

Twenty minutes passed, no bus. Concern is building. Did they forget about us? A telephone call is made to the school. "Where's our bus?" The answer on the other end of the line, "Are you saying the bus is not there yet? I called the barn early this morning to confirm, it should be there."

Anxiety is setting in. Some of our volunteers think "Maybe we should drive ourselves there. If we wait any longer for the bus we'll get there too late, the children will be going to lunch. We'll have no time with them." Thus, some of our group piled into a couple of cars and drove off in the direction of the school. The rest of us waited.

Finally, the bus arrived. It's a different driver named Doug. There was a misunderstanding of the pick-up time. However, we are now on our way. He took us on a different route, the scenic route. By going this way, we not only avoided the road construction crew on 80th Street, we got to see the beauty of some large horse farms. We even passed a farm that had two dromedaries standing under a tree. We want to call them camels, but they only have one hump.

We've arrived at the school. "Grandparents" scattered in different directions heading to their assigned classrooms. It's almost 10:30. The younger children go to lunch at 10:30. No time to read. Just enough time to get some welcoming smiles and big hugs, and accept the pictures and cards made for us by the children.

Doug has assured us that this won't happen again. He says he'll be our driver for the rest of the school year, and he promises to pick us up by 9:30 a.m. at the latest.

Back in the Media Center, everyone has gathered together. Janet Williams, principal

of Romeo, shared with us the events that will be taking place in February. It's that time of the year again when the FCAT testing begins. On February 7 and 8, the fourth grade students will take their writing tests.

The 9th of February will be our return trip to read. On the 16th, three classes of first grade children will be taking a field trip to Munroe Regional Medical Center. They will be given an orientation program where they'll be shown around the hospital. They'll get a look at the emergency room, an operating room, recovery areas, etc. No school on February 20, President's Day. Then, on the 27th of the month, two weeks of solid FCAT testing. Whew!

We welcomed a new reader, Patricia Pringle, and thanked Beverly Baird, John Heinlein, Joyce Lebo, Al Savage and Mary Wittmer who filled in the vacancies of "grandparents" unable to attend. Also we welcomed Carol Ulbert back from her summer retreat.

We had a little history discussion too. It was realized that it has been 10 years since the beginning of the "100 Grandparents" group. This program was established to enrich and reinforce the children's language skills, enhance their thinking skills and encourage reading. Paul Zamarra was the coordinator, and the group traveled to different schools each month. Also, it wasn't just residents of On Top of the World, but people from Pine Run, Oak Run and other corridor communities. Mr. Zamarra realized in the 1999-2000 school year that our community had grown. The decision was made to visit the same school each month with residents from our community only, and the school they chose to visit was Romeo Elementary School. "Grandparents" Elliott Barbour, Pat Benson, Bertha Carlson, Ida Carlson, Lillian Chadwick, Florence Dittrich, Helen Eshbach, Ruby Murray, Jeralie Walters and Gene Waters have continued in this project from the earliest trips to today's visit. They have shared some wonderful memories.

We are so pleased with the response from everyone regarding the backpack program. This is an ongoing project that provides food for Marion County school children in need. The individual-sized cans or cups of fruit, soups, tuna fish, or pasta and the cheese or peanut butter crackers that you have so generously given feed youngsters who without this program might go hungry over the weekend. All residents in On Top of the World may help by purchasing one or two of these items when they do their grocery shopping and delivering it to Elliott and Marilyn Barbour's house, 8680-H S.W. 94th St. There is a tote on their porch where you can place your donation. Thank you.

And, we are still taking the Campbell soup and General Mills labels for education to Romeo. The school receives 10 cents per label that is used for the sole purpose of a child's needs. Thank you for taking the time to clip them and deliver them to the Red School House located in the Health & Recreation lobby, under the stairs.

Our next visit is February 9. For further information, call Barbara, 873-2819. ☺

carry around in our pockets and purses? You don't know when you may need some of those items.

Our next meeting will be on February 12, from 2 to 4 p.m.

Please come early and enjoy visiting with old and new friends and guests. From 2 to 2:30 p.m. you can visit, and then from 2:30 to 3 p.m. you can enjoy the refreshments served by Kay and her crew. From 3 to 4 p.m. a short business meeting is held followed by the entertainment.

Wear your dancing shoes at the next meeting: Kay and Ray will provide the entertainment.

The Friendship Club membership is open to the residents of all On Top of the World communities.

Annual dues are \$7 per person, from July 1 2005, to June 30 2006.

Call Mary Carol Geck at 854-8996 to report the illness of a member, or the loss of a member's loved one.

Call Wanda at 291-1074 if you have any questions or suggestions. You can e-mail me at cws45@cfl.rr.com. ☺



Friendship Club

Wanda Simpson

At the January Friendship Club meeting, members and guests started the New Year off to a great start. Everyone played "pick a pocket." Isn't it amazing what we

carry around in our pockets and purses? You don't know when you may need some of those items.

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Candler Hills

Joan Smith

These are exciting days for Candler Hills residents as we watch our new neighbors move into their homes. Community spirit abounds as we each welcome our latest neighbors and offer a helping hand. Our community only has a handful of residents, which has given us the opportunity to establish new friendships, answer any questions and fill them in on any information they may need.



Indigo East

Allie Gore

It is February 2006 already, how time flies! As 2006 approached it seemed that everyone we greeted said something about time flying by. I became acutely aware that there is nothing more precious, to each of us, than time. Each day, a new beginning, filled with the seconds, minutes and hours that make up the currency of our lives...our time. Just as January 2006 is gone from us forever, each day that passes is gone from us...forever! I am more and more aware that my time, my life's currency, once spent cannot be reclaimed. There are some days when I am glad that that particular day is gone forever! However, there are many more days when, as night falls, I am grateful for the day I had and I look forward to the next day. I wonder if I (or you) would use each day differently if, like checking a bank balance, I could check my life's "time bank" balance to know how much time I have left. In reality I, like you, can only count on having the present moment.

Good reason, I believe, to thoughtfully consider how to spend our time...our life's currency. Consider spending some time, this year, involved in our community. Many of these suggestions require a relatively small investment of time for a potentially huge return. Volunteer, take a walk, invite a

We have already shared Thanksgiving dinners together and had our first community get together for the Pioneers of the Hills December 29, hosted by Charley and Marylyn. Charley is an accomplished chef and provided an exceptional fare.

We shared our experiences and hobbies and enjoyed each others' company so much we have agreed a monthly social gathering will continue the community spirit. We will be gathering at the Candler Hills Community Center the last Thursday of each month starting in February as we are growing by leaps and bounds. Our goal is to have a close knit community so we may enjoy each others' company and the wonderful amenities in On Top Of The World. ☺

friend to walk with you, support our state parks by visiting them, save a manatee, join a group with similar interests, join a group with dissimilar interests and keep an open mind, take care of yourself, give blood, improve your fitness, spend time with a child, undertake something challenging to learn, socialize, watch birds, plant a tree, read a book, adopt a pet, spend time quietly, introduce yourself to someone new, visit a nursing home, have fun, laugh, share a kindness, be honest, do something for someone less fortunate, say what you mean and do what you say.

Bottom line: do whatever gives you the satisfaction of knowing, at the end of the day, that you spent your life's currency as you intended.

By the time this paper is in your hands, we residents of Indigo East will have spent time together at our first "Get to Know Your Neighbor" gathering at our community center. Thanks to neighbors Mercia Lampert, Henrietta Westlye, Maria Fried and Sharon Sells for their time and effort to make our first social a success! More on that next time.

Contacts for opportunities to get to know your neighbors: Ed at 237-4242 to arrange a golf game with neighbors and learn about golfing opportunities at On Top of the World. Lynn, 237-4242, will arrange a Texas Hold 'em event (no real money involved). Interested in a non-denominational Christian prayer fellowship once a month, call Cookie at 854-5603. Interested in Mexican Dominoes? Want to learn or already know how to play, contact Jim or Jan at 873-9123. Enjoy games (board games, Scene It, etc.), call Cookie at 854-5603. Have you noticed neighbors walking almost every evening? Love to have you join us. Pets are welcome.

If you have an activity you want to get others involved in let me know, 861-4564 or Rrlgore@aol.com.

Newsletters and resident directories can be picked up at the Indigo East community center.

Till next time, enjoy life; this is not a dress rehearsal! ☺

judicial system and how they are appointed or elected.

In February we will hear from Brenda Williams of Prestige 55, an organization founded by the Marion Regional Medical Center for senior participation.

The annual pizza party will be in April.

Dues of \$5 for 2006 are due and payable at the next meeting or by mail to: Tony Tortora, 8563-G S.W. 93rd Lane, Ocala, FL 34481. Please include your telephone number and e-mail address if you have one.

The question for this month is "why are we planning to build SW 95th Street from State Road 200 to I-75 with an intersection at I-75?"

The common answer would be to provide an easy way to get from the SR 200 area to the southeast side of Ocala thereby relieving the SR 200 traffic problem. Sounds good but really doesn't cut it. At this point, get out your county map and follow along. Most of the traffic on SR 200 is from Citrus County and from the continuing large development along the 200 corridor. No matter what development you live in, if you are traveling south, the shortest route is southwest along SR 200 to either 80th Avenue or SR 484. If you want to go north to Gainesville or north Ocala, the most direct route is north on SR 200 or north on 80th Avenue and then east to I-75. Oh, but we need a better route to get to Shady Lane. Then let's use 66th Street. One side of the street is no longer scenic since all you can see is the development at Heath Brook. Widen the street and the I-75 overpass and provide connectors to the side streets. Also provide turn lanes at Shady Lane and turn signals and perhaps recapture the road between 66th Street and 60th Avenue. This seems to be a satisfactory solution at a much lower cost. It should also be easier to sell to the Feds than a new intersection. Unfortunately, less money will be made by the developers who are planning service stations and hotels at the 95th Street intersection with I-75. At least we won't destroy the beautiful horse farms along Shady Road.

As a by-product of this solution, I suspect the proposed increase in sales tax can be set aside. Republicans have a moral obligation to support less taxes and less government; or did that change while I was playing golf? ☺



Republican

Club

Tony Tortora

The Republican Club met at the Arbor Conference Center on January 13. Michael Takac, a local attorney, was our guest speaker.

He spoke about legal issues that are important to seniors such as wills, power of attorney, bankruptcy and trust funds. He also spoke about the different levels of the

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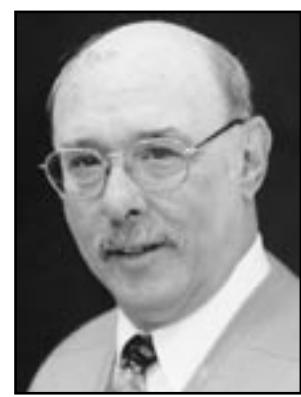
near On Top of the World entrance

**8441 SW State Road 200
Ocala, Florida**

Next Publication

March issue

Published on Thursday, March 2



Is It Legal?

Gerald Colen

NOTE TO MY READERS: I recently read an article in "The Elder Law Advocate" which is an arm of the elder law section of the Florida Bar Association. The article I read pointed out that a national poll commissioned by Stetson University College of Law's Elder Consumer Protection Program, showed that nearly 10 percent of elderly Americans over the age of 65 have been the victims of consumer scams. To put that in perspective, 10 percent of the folks residing at On Top of the World in Clearwater would mean that approximately 1,000 folks have been victimized.

How can you protect yourself from such scams? Well, you can certainly do that by just exercising skepticism about any—I said ANY—phone call, e-mail, regular mail or other communication with you where you have to send money. AND, that includes—it ABSOLUTELY includes—those communications to you where you are told that something is free.

There is no free lunch, no free dinner, no free money, no free contests, no free anything. If you do not already have an answering machine, go out and buy one and then get Caller ID so you can screen your phone calls. If you don't know how to use them, have a child, relative or friend come over and show you. Then, when a phone call comes, do not answer it on the first ring but wait to see who is calling. If you don't know the name or if you don't recognize the phone number on the caller ID screen, or if it says "Caller Unknown" or if it says "Private Number," do not answer the phone—just let it ring. Then, you can listen to your messages and call back the person who called if you know who it is. If the caller does not leave you a message, you know that it was probably some type of advertising or solicitation call or a scam call. Don't fall for lottery schemes where you are a "big winner" if you will just send in some money to claim your prize. That's always a clue that it's a scam.

Q. Have the requirements for Medicaid been changed?

A. By the time you read this they will have changed radically and obtaining Medicaid benefits in the State of Florida and elsewhere will become excessively more difficult and the application process much more complicated. One example: The 36-month look-back period is now 60 months.

Q. Can you give us a brief explanation of the federal estate and gift tax laws?

A. Nope. I don't know anyone who can give you a brief explanation of those laws and if anyone says they can, you might oughta leave him/her in your dust. Here are a couple of points, though: Estate tax exemption for the year 2006 is \$2,000,000 per person. The gift tax is as follows: Lifetime gifts are limited to \$1,000,000 and after that, there's a gift tax to be paid. In addition, however, a donor can give \$11,000 to any donee without having to file a gift tax return. (NOTE: IRS rules of practice require me to inform you that to the extent this message contains tax advice, the U.S. Treasury Department requires me to inform you that any tax advice in this correspondence is not intended or written by our firm to be used, and cannot be used by any taxpayer, for the purpose of avoiding any penalties that may be imposed under the Internal Revenue Code. Advice from me or my law firm relating to Federal tax matters may not be used in promoting, marketing or recommending any entity, investment plan or arrangement to any taxpayer.)

Q. Who should pay for title insurance: the seller or the buyer?

A. It's difficult to answer that. The fact is that it depends on a few factors. The best thing I can say is that having title insurance is very important and it does not matter who pays for it as long as you have it.

Q. My daughter is 58 years old and is single. She wants to move in with me but I would continue to pay the condominium expenses. My questions are: Do you think it makes legal sense? Is there a legal reason why I should pay the expenses if she is living with me? Should I permit her to do this?

A. Nope. Nope. Nope. (Sigh.)

Q. I attended a seminar a while ago and was told that folks who purchase the right kind of variable annuity are guaranteed not to lose any principal. So, what's wrong with that?

A. Well, I suppose that's true but so what? You won't—make that you can't—live to know if it's true since you have to die before the guarantee comes true. In other words, if the value of your annuity drops, you cannot just pick up the phone and call the annuity company and tell them to ante up and bring your annuity back to where it

was when you bought it. Nope! That's not the way it works. The way it works is that if you purchase an annuity for, say, \$50,000 and it drops in value to say, \$35,000, that's all you get if you want to withdraw your money. It's only if you die that your heirs or beneficiaries will get the entire \$50,000 (minus any previous withdrawals you might have made). You see, that's where the life insurance you purchased with the annuity comes into play—and yes, you did purchase some life insurance with the annuity, believe it or not. So, keep that in mind when you go to the "free" lunch or dinner seminar and are told that your principal is guaranteed.

Q. At a seminar on annuities (note this is part of the same question that's above) I was told that there are tax-free ways to get out of a bad annuity and into a better one and I would like your thoughts.

A. My real thoughts are unprintable in a family newspaper such as this. However, I'll stay calm, cool and collected and merely say that in my considered opinion exchanging one annuity for another, even though it is "sold" to you as a tax-free exchange, is almost always a mistake and should not be done. Tax-free does not mean cost-free. One reason is that annuities have penalty periods (usually substantial ones) and also some may have what are known as "back-end" fees for when you cash them. If you have had an annuity for any length of time, you have probably used up much of the penalty period; but when you exchange it, you will go right into a new penalty period (also called surrender charge). As for "back-end" fees, these are charges that sometimes an annuity company imposes on you at the time you terminate it. Also, keep in mind that there are substantial income tax consequences to owning annuities and even though exchanging one annuity for another may not be a taxable event at that time, it in no way means that you won't have income tax to pay at some time in the future—either you will have to pay it or the annuity beneficiary will have to pay it. So, what could happen might be that your annuity worth, say, \$100,000 might be exchanged and the new one might actually be worth substantially less when you take into consideration the various charges, expenses, etc. Plus, on the old annuity, you might have recouped much of or all of the sales charges you paid when

you bought it. (Oh, yes, you DID pay sales charges and I don't care what the salesperson said.) With a new annuity, you will now have to suffer the new sales charges.

Q. What about fixed annuities instead of variable annuities?

A. Do not take this out of context: Basically, there are two kinds of fixed annuities—a fixed immediate and a fixed deferred. In the immediate one, you buy it and payments come to you within a month or so. In the deferred, you buy it and do not draw anything until some time in the future. It's my opinion that folks are served better with fixed than with variable annuities because when you purchase a fixed annuity you are buying a stream of income that is promised to you for the term of the annuity. However, you have to pay for all of that and at prices far in excess of what you could get just in a certificate of deposit that is insured or a no-load income mutual fund. And yeah, I know that the "hook" on fixed annuities is the high interest rate for the first year but guess what: you are gonna pay for that high rate, too. In order to know if a fixed annuity is for you, it's wise to "do the math" and compare results to results. In other words, you need to figure out what your total return would be with a CD vs. a fixed annuity and also, what your total return would be if you just purchased a no-load income mutual fund. For my dough, you are always going to be better off with the no-load income mutual fund, first, the CD second and the fixed annuity a distant third.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, title insurance, and simple and complex estate planning. This column does not, nor is it intended to, provide legal advice. You should always consult your own attorney for legal advice. Mr. Colen's law office is at 7243 - Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 He also meets clients at On Top of the World, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his Web site at www.gcolen.com. Or email him at Jerry@gcolen.com.

er Lions Club members to go down to Palmetto, Fla., just south of Tampa. We visited the Southeastern Guide Dog facilities where they teach and train dogs and puppies to become seeing eye dogs for the blind.

It was a great opportunity to see this. If you can go, it is open to anyone. Just go look and see what goes into training these dogs. Take a tour of these buildings it is fascinating to look at.

As usual we had to frisk Estelle before we got back on the bus to come home to make sure she did not have a puppy somewhere on her to take home.

At the start of this month tickets go on sale in the Ballroom for the Prom. Tickets are \$25 per person. Only 220 tickets will be sold. There will be an awesome swing band. Mark your calendars today and get your tickets early.

If you would like to join the Lions Club, call Estelle Clark, membership chairman.



Lions Club
Dianne Lovely

On January 14, the Lions Club took a busload of our Lions from the Health & Recreation parking lot and picked up oth-



Democratic Club
Lee Wittmer

The general meeting of the On Top of the World Democratic Club will be held at the Arbor Conference Center in Suites E and F at 7 p.m. Refreshments will be served starting at 6:30 p.m.

As of this writing we do not have a response from our planned Speaker. Please watch Channel 19 for this information.

The question is this: At the present time and into the future, what is and will continue to be the biggest threat to the United States? We feel certain you had a distressing problem making a selection.

The answer is energy. Our government has no energy program except more drilling.

It was almost unbelievable to hear our president commencing a speech a few months ago in Milwaukee, Wisc., by stating he understands that we do not like the high price of gasoline, that he does not like it either, but there was nothing he could do about it.

Oil is a depleting asset and the future purchase and demand by more countries will make oil more competitive. The cost could rise well above \$60 a barrel.

Our energy gluttony fosters and strengthens various oil producing regimes, namely in Russia, Venezuela, Nigeria, Sudan and

Central Asia. It also empowers Islamists in Sudan, Iran and Saudi Arabia. It even helps Cuba, which survives today in part thanks to cheap oil from Venezuela.

We need a real energy policy with long-term incentives for renewable energies—wind, solar, ethanol and bio-fuels, rather than the welfare of oil companies and special interests that masqueraded last year as an energy bill.

John Bunyan, an Englishman, (1628-89) wrote a book entitled, "Pilgrim's Progress." In Pilgrim's Progress, the man with the muckrake could look no way but down, with the muckrake in his hand. In the story he was offered a celestial crown for his muckrake, but he would neither look up nor regard the crown he was offered, but continued to rake to himself the filth of the floor.

President Theodore Roosevelt in a speech to the U.S. House of Representatives on April 14, 1906, implemented the story of the muckraker. He stated that the man who never does anything else but rake to himself the filth of the floor, never thinks or writes save of his feats with the muck-rake becomes not a help to society, not an incitement to good, but one of the most potent forces for evil.

The President in his speech sets forth some of the people and acts that should be exposed and prosecuted: Politicians who betray their trust; indiscriminate assaults on character; and businessmen who make or spend their fortunes in the illegitimate ways.

The thoughts in the last two paragraphs of his speech are perhaps the most important, namely, the development of the broadest sympathy of man for man, the welfare of the wage worker - upon which depends the welfare of the entire country, and lastly, that we should strive to secure a broader economic opportunity for all men, so that each shall have a better chance to show the stuff of which he is made.

We need to take back our government; to again make it a government of the people, by the people and for the people. We need to rid ourselves of the best government money can buy. Proud to be a Democrat. ☺

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INTERNATIONAL FOOD FESTIVAL FEB. 4
ADULT BIBLE STUDY Thursday mornings



Fitness Happenings

Adela Anderson

It certainly is great to see so many of you back in the gym and taking different fitness classes. You know that it takes commitment and persistence to see results. Sometimes you would like to see spontaneous results and when you do not see them, you get discouraged and quit exercise altogether.

Instead of focusing on how many pounds you have lost, concentrate on the internal benefits that your body is getting with exercise: a stronger heart, lower blood pressure, reduction in LDL cholesterol levels, bigger lung capacity, stronger immune system, increased self-esteem and a better outlook of life. After all, staying healthy should be your priority. Many people quit exercising before they start feeling better. Have patience, be consistent and you will see and feel the difference.

Gym Cybex Equipment Use

As our community grows, more residents are utilizing the Cybex equipment in the gym. As we all know, it is important to perform slow and full-ranged repetitions, but if you are resting in between sets on the machine, most surely there is someone behind you waiting to use the same piece of equipment you are using. Please be considerate of others. If you are planning to use the machines to do two to three sets, please move on to the next machine after your first set is completed. When you are finished with your first set with all the machines, you can then go back to the first machine and get started on your second set. This will certainly help keep everyone moving. Thank you.

Lost And Found

Our Lost and Found has many items that have been lost but their owners have not been found. We have shoes, a cell phone, prescription glasses, dark shades, keys, chains and jewelry. We will be keeping the articles until the end of February. After that, they will be donated to charity. If you have lost something during this past year, please check with the gym attendants. If what you lost is jewelry, keys or ID cards, please check at the H&R office or call 854-8707.

Step Classes

Step aerobics was innovated by Gin Miller in the 80's. It is a great fat-burning form of aerobic exercise and is still very popular. Step aerobics uses a platform, which enables you to get a more vigorous workout. Are you willing to try a step aerobic class but feel intimidated with "the step" and the choreography that goes with it? If you are interested in learning the basics, please call us at 854-8707 so we can arrange to have a beginner step class.

Bicycle Club

Since the weather has been pretty cool in the mornings, our Wednesday rides will be-

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci	Condition and Stretch Fusion Lorraine	Cardio Burn & Firm Traci
8:00 H&R Parking lot			Bicycle Club		
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci/Adela	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci
10:15 Aerobics Room		Beginners Tai-Chi* Shannon		Beginners Tai-Chi* Shannon	
10:30 40 Min Ballroom	Intermediate Aerobics Kitti		Intermediate Aerobics Kitti		Intermediate Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Lyn		Beginners Aerobics Traci		Beginners Aerobics Lyn
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybex Orientation Lyn				Cybex Orientation Lyn
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
6:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	
7:30 Aerobics Room	Callanetics* Lorraine		Callanetics* Lorraine		
Saturday					
12:15 Oxycise (20 Min.) Aerobics Room	Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required. Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required. Condition & Stretch Fusion: Warm-up, strengthening and stretching exercises Mat required. Cardio, Step & Sculpt: Warm-up, basic routines using step, strength training and abdominal work. Mat and step required. Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and stretching. No floor work. Intermediate Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work. Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body. Aqua Yoga: The flowing movements of yoga will help your balance, flexibility, strength and promote relaxation. (Spring & Summer Months) Ai-Chi: Simple, fluid and relaxed movements using the arms, legs and torso. Ai-Chi is like a beautiful dance in the water. (Spring & Summer Months) Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights. Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly. One-on-One Personal Training: Fee based instruction with certified instructor. Callanetics: Exercises that isolate muscle groups using small, precise movements. *Asterisk denotes a fee Based class. See instructor for information.				
10:00 – 11:00 a.m. Yoga Class Sholom Gardens Dec 3, Jan 7, Feb. 4, Mar. 4, Adela					
10,000 Steps at Sholom Park 2 nd & 4 th Mon. Dec, Jan, Feb, Mar. 4:00 p.m.					

gin at 9 a.m., instead of 10 a.m. Get your bicycles ready and join us for leisurely bicycling throughout our various neighborhoods. We meet at the H&R parking lot, Wednesdays at 9 a.m.

Fun In The Water

If you are a swimmer and love the water, come and join Beverly on Fridays from 2 to 3 p.m. in the Arbor Club indoor pool. You will learn new strokes, water patterns and enjoy getting together with a group that plainly likes to have fun.

For information, call Beverly at 873-6787.

Please feel free to contact me at 854-8707, if you need orientation or tips on how to start an exercise program. Remember that your health comes first; take care of it by exercising regularly. We want to help you be successful in achieving the results you want.



Questions and Answers on the Health of Your Bones

BY ADELA ANDERSON

What is osteopenia?

Osteopenia refers to a mild bone loss or low bone density. Osteopenia is the term used for bones that have become somewhat less dense than normal. People with osteopenia are at an increased risk of osteoporosis. The causes of bone loss are many but the leading one in women is a decrease in estrogen due to menopause. The leading causes in men are deficiency of testosterone and the use of certain steroid medications.

What is osteoporosis?

Osteoporosis means "porous bones." Bones are less dense and more fragile. People with osteoporosis are at a greater risk for fractures. It often affects bones in the hip, spine and wrist. Osteoporosis causes the bones to become weak and brittle. Severe cases of it will cause fractures when a mild stress is put on the bones like bending over, lifting a vacuum cleaner or coughing. Bones weaken when you have low levels of calcium, phosphorus and other miner-

als in your bones. Often it is thought as a women's disease, but it affects a significant number of men as well.

What are risk factors for osteoporosis?

The greatest bone strength is around ages 20 and 35. After that, bones become weaker as you get older. The risks of osteoporosis increase with age. Osteoporosis is most common in women after menopause, between the ages of 45 and 55, when there is less production of estrogen.

The disease is most common in white and Asian women, especially in slender women, but it can touch any race. In any ethnic group, older women have about twice the risk of osteoporosis as older men. If there is family history, chances are greater to get it.

How can exercise help?

Physical activity is an essential factor in bone health at any age. Exercise will not only improve your bone density, but it also will increase muscle strength, coordination, balance, helping in the prevention of falls and leading to overall health. Active postmenopausal women tend to have greater bone density than sedentary postmenopausal women. Activities that are weight bearing, such as walking, jogging, stair climbing, tennis, pickleball, racquetball, dancing, weight training and low impact aerobics can help offset age-related bone loss. Weight-bearing exercises should be resumed and maintained after a prolonged period of bed rest or immobilization. Always remember that if you have osteoporosis, it is important to consult with your physician to learn which activities are safe for you.

What else can you do to protect your bones?

- Eat a nutritious diet that includes low fat dairy products and green leafy vegetables.

If you are not getting enough calcium, take supplements. The recommended daily intake for men and women 50 and older is 1,200 to 1,500 mg.

- Obtain between 400 and 600 IU of vitamin D each day. The best source is exposure to sunlight. Vitamin D is vital for calcium absorption.

- If you have not had a bone density test, talk with your physician to have one.

- If you need to improve bone density and stop bone loss, talk with your physician about the possibility of beginning an FDA approved medication for osteoporosis.

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K.L.

"I now have confidence! Since coming to Town & Country Physical Therapy, I am steadier on my feet than I have been in years."

M.H.



Kitti's Corner

Kitti Surrette

Myth #4

"Fat-Free Foods Are the Secret to Fat-loss Success"

"Fruits and Vegetables Make Up a 'Healthy' Weight Loss Plan"

"I Can't Eat Healthy, I Eat Out All The Time"

"Fat-Free Foods Are the Secret to Fat-loss Success"

There are three primary challenges with an attempt at eating fat-free foods. First the body does require some fat. An attempt to maintain a truly fat-free eating regimen can only result in compromises in health, performance and immunity.

Second, the labels can be very deceptive. The FDA label laws state that if a food has less than one-half gram of fat in a serving, that food can be labeled fat-free. The FDA, however, is a bit lax when it comes to regulating serving sizes. By using a serving size of 0.2 grams or 0.4 grams, a food manufacturer can actually label pure fat as fat-free. This is common in the labeling of cooking sprays and butter substitutes. Look at the ingredients. If a food contains any sort of oil, it is not fat-free, and if oil is the primary ingredient, you are likely looking at a high-fat food, regardless of the big bold print on the label.

The third challenge lies in believing that fat-free cookies, cakes, pastries and ice creams are actually supportive foods. While these foods may, in fact, be very low in fat, they almost always include sugar as their primary ingredient. Sugar calories are easily converted and stored as fat.

Fruits and Vegetables

Good things about fruits and vegetables, high in fiber, loaded with antioxidants and valuable phytochemicals, they can certainly provide fuel for energy. Reliance, however, on "fruits and veggies" often puts dieters into a caloric deficit. Because fruits are so water dense and most veggies aren't very high in calories (relative to animal foods, nuts, dairy products, etc.), weight loss is usually imminent, but short-lived. Like any calorie restrictive diet, the "healthy fruits and veggies" idea can lead to loss of lean body mass and a deceptive water loss. The minimization of complete proteins in random vegetarian diets often leads to further muscle catabolism (the body begins to feed off of muscle tissue for fuel) and over time energy and metabolism decline. I'm not saying fruits and vegetables are not good, they are very healthy! It's just that it's far simpler to get all of the valuable nutrients for optimal metabolic function, cell growth, muscle

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 a.m. Specialty Class* Indoor Pool		Aquacise* Shallow water Lyn		Aquacise* Shallow water Lyn	
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please call for appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Lyn	Total Core & Body Strength* Adela	Deep Water Aquacise* Lyn	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Lyn		
10:30 a.m. Specialty Class* Ballroom		Latin/Cardio* Traci		Latin/Cardio* Traci	
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Yogacise* Adela		Yogacise* Adela	
11:45 a.m. Arbor Club Fitness Room		Arthritis* Foundation Ex. Program Adela		Arthritis* Foundation Exercise Program Adela	
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Lyn		Shallow Water Exercises* Lyn
Saturday	Sunday				
Open Swim	Open Swim				

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.
Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.
Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.
Yogacise: "Hatha Yoga" postures combined with breathing will work on body's strength and flexibility. Mat required.
Pilates: Mat exercises using Joseph Pilates fundamentals. Will train the core and back muscles.
Latin Cardio: A mixture of Aerobic dancing that includes: Cha-Cha-Cha, Salsa, Meringue & Samba
Arthritis Aquatic Class: Specialized aquatic class for individuals with arthritis. Exercises will increase joint range of motion and flexibility. May - September
Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May
Water Walking: Part of the 10,000 Steps program. Learn how to use the water resistance to make aquatic walking more effective. May - September
One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.
***Asterisk denotes a fee-based class. See instructor for information.**

maintenance and energy when meals contain a supportive balance of proteins and natural complex carbohydrates.

It should also be noted that while fruits are indeed healthy, the sugar content can alter blood sugar and decrease the likelihood of fat release. When fruits are ingested with proteins and essential fats, the release of sugars into the bloodstream is slowed. To be a vegetarian (which is healthy) you just have to be a bit more educated in how to get the nutrients you remove from your diet when you give up animal foods. Consult a highly qualified nutritionist to design a program for you. Bottom line ... fruits and veggies are not likely to be the mainstay or foundation of a successful weight loss pro-

gram, although they can certainly be an integral and valuable part of it.

"I Can't Eat Healthy, I Eat Out All The Time"

When I was in the corporate world, I sometimes spent two weeks on the road and more than half of my meals were in restaurants. Restaurants usually are happy to prepare non-marinated chicken breasts if requested, if baked potatoes aren't available, sliced tomatoes can always serve as a starchy carb, and the vegetable selections can usually be found between choices of fresh salad veggies or steamed side dishes. Egg white omelets are available any place they crack eggs to make breakfast. Oatmeal is a great side. All fine restaurants will grill

or broil fish at your request. Once you learn how to order, you can get supportive meals anywhere. With some careful study of the menu and salad bar, you can even get a decent meal at Wendy's!

Here's another thought: next time you're eating out, use visual cues to remind yourself what a serving size equals.

For example, a serving of meat is about the size of a deck of cards. A tennis ball is about the size of one serving of cooked vegetables. A computer mouse is the size of a small baked potato. And a good rule of thumb is to eat half of the food on your plate while eating out and bring the rest home for leftovers.

Coming in March: Myth No. 5



Arbor Club Tennis

Jorge Privat

This is February 2006 ... are we having fun yet?

Due to weather conditions and other minor setbacks, half of December and part of January have been a little frustrating for the Arbor Club players. And, although we reopened the courts for play in December, the formal activities and regular groups were disrupted, which in turn could have caused atrophy in some bodies due to lack of exercise. Fortunately, the courts by the Health & Recreation building were available, and informal play shifted to these courts.

The good news is we are getting practically brand new courts, and will have no excuse not to exhibit our best tennis. We are now renewing our activities, and starting some new ones, such as a 3.5 Senior Men's team that is participating in a USTA league. Our captain for this team is Peter Paige. We will start a ladies' group tennis on a trial basis and hope that it will be a success. We are also planning a doubles tournament for the last weekend in February. Sign-up sheets will be available at the Arbor Club Pro Shop.

I am also starting a new monthly topic as part of this column, that I have named "Tennis Tip of the Month."

Tennis Tip Of The Month

Physical Conditioning

Looking back at 1981 when Bjorn Borg retired from tennis in the prime of his career, many fans as the years passed wondered "What if...?" Apparently, Borg too, was asking himself the same question. Then he decided to return to the tour. In 1991, still with his characteristic headband and a wood racquet in hand, he played in the opening round of Monte Carlo and lost to an unknown Jordi Arrese 6-2, 6-3. He entered 11 other events in the ensuing two years, but did not win a single match. The 34-year-old phenom proved that he was just another mortal like the rest of us, and, that time does not pass by without leaving a mark. He thought he could compete at the same level without proper preparation.

Agassi on the other hand, after going through some personal problems of his own, and letting his ranking plummet to no better than 130, decided to make a real come back. He trained with renewed interest and conditioned himself in such a way that he regained his spot in the top five in

the world.

Admittedly, we all lose a step or two over the years. Nevertheless, I encourage you all to maintain a healthy life style and condition yourself physically on a regular basis if you wish to enjoy, maintain and improve your tennis for as long as you can play it.

Among other nice things we have in this great community is a well-equipped gym with qualified trainers who can help us design an exercise routine that can improve our movement and coordination around the tennis court.

Remember that sound footwork is the foundation of good tennis. If you cannot move your feet in order to position yourself to hit the ball properly, or to give direction to the ball, you simply will not be able to do what you would like to do with the ball.

In my next column I will talk about Equipment."

At this time, I would also like to acknowledge Beverly and Tony Maiorino, Cynthia Paige and Dick Dzik as new members of the Arbor Club, and welcome them into all our activities. They are all a great addition to the tennis community. ☺

Tennis Association

H&R Center Courts

Schedule

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Tuesday & Thursday 8-noon: Men's Doubles

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Square Dancing

Ellen Everhart

If you ever wanted to square dance you should have attended our Pre-New Year's Eve dance with our own Don and Loretta Hanhurst calling and cueing.

The dance was quite well attended with lots of our own folks and several visitors from the surrounding area clubs. The snacks and finger foods were great. The floor at the H&R Ballroom was almost filled to capacity.

Also, many of us went to a New Year's Eve dance at the Friendly Squares Club near

Belleview. There was a big catered meal. The food was delicious! Then both R. J. Hogan and our own Wednesday night caller Lon Ligon called a spirited dance until midnight. Then we celebrated New Year's and continued dancing for a short time afterwards.

Now that the big holiday season is past we are back to our regular dance schedule of Wednesdays at 7 p.m. and Fridays at 2:15 p.m. Both are preceded by the usual class schedules.

February 2, 3 and 4 will be the last Annual Florida Sunshine Festival in Lakeland. This has always been a premier event with many nationally known callers and cuers. Many of our members are going down for the weekend and others are going down for just a day or two. This should be a great dance.

February 15 will be our Valentine's Dance at the Arbor Club. Invite your special valentine for a sweet valentine's experience. Please plan on dressing accordingly and bring finger foods appropriate to the season.

Don't forget to consult our Web site, www.lonligon.com, to find out all about current events at our club. Go to the page for the Circle Squares. You will find the latest newsletter with all our planned dances and special activities there. Any changes to the above mentioned schedule of dances and lessons should be listed there.

Happy Squares and keep on dancing!



Computer Club

Sherry Surdam

Do you know the best, most courteous way to forward e-mails? Do you wonder why you get viruses or junk mail? Do you hate it? Well, here's how it works.

Every time you forward an e-mail there is information left over from the people who got the message before you, namely their e-mail addresses and names. As the messages get forwarded along, the list of addresses builds and builds, and all it takes is for someone to get a virus, and his or her computer can send that virus to every e-mail address that has come across his computer. Or, someone can take all of those addresses and sell them or send junk mail to them in the hopes that the recipient will go to the site and he will make five cents for each hit. That's right, all of that inconvenience over a nickel!

How do you stop it? Well, there are two easy steps: (1) When you forward an e-mail, DELETE all of the other addresses that appear in the body of the message. That's right, DELETE them. Highlight them and delete them, backspace them, cut them, whatever it is you know how to do. It only takes a second. You MUST click the "forward" button first to have full editing capabilities against the body and headers of the message. If you don't click on "forward" first, you won't be able to edit the message at all.

(2) When you send an e-mail to more

than one person, do NOT use To: or Cc: for adding e-mail address. Always use the Bcc: (blind carbon copy) column for listing the e-mail addresses. This way, the people you send to see only their OWN e-mail address. If you don't see your Bcc: option click on where it says To: and your address list will appear. Highlight the address of each address you want to forward the message to and choose Bcc: (You'll have to do each one separately) and that's it, it's that easy. When you send to Bcc: your message will say "Undisclosed Recipients" in the To: field of the people who receive it. If you prefer not to have "Undisclosed Recipients" in that field, put your own e-mail address. Either way, the recipient will not have to scroll through dozens of headers to see the message you intended them to see.

So, if you want to stop the junk mail and potential virus infection, try these suggestions. Let's stamp out the spam!

We will talk about the best way to forward an attachment at a later time.

For those of you who would have attended our presentation on Burning Discs Part I, it was cancelled due to the Health Expo. We will present it during the next series of classes, probably in April or May.

February brings us Space, Speed & .com's on the 4th, MS Works on the 11th, The Start Button-The Basics on the 18th, and Inside Windows Explorer on the 25th. You will find PDF files of these and other classes on the Web site. Please visit www.cccocala.org and click on the link, PowerPoint Presentations to see them. You will need Adobe Reader to view them and there is a link to that file if you don't already have it.

All meetings and classes are held each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Conference Center from 9 to 10 a.m. All members are welcome and encouraged to attend. If you have questions, there is always someone there with an answer!

Be sure to check the calendar on our website frequently for the dates of our classes and for any scheduling changes that are inevitable.

Lastly, it is time to renew your membership if you have not done so already. Yearly dues are \$10 for one or \$15 per couple.

Until next time, Happy Computing!



View from the Library

Donna O'Neil

Jeffrey Archer, one of our popular authors, was educated at Oxford University. He became the youngest member of the House of Commons in 1969 and was elevated to the House of Lords in 1992. All of his novels and short story collections have been international bestsellers.

"Sons of Fortune," c. 2003 by Jeffrey Archer, is the story of two men whose lives were truly interwoven. They were born in the late 1940s in Hartford, Conn.

As young successful men they knew of and had great respect and admiration for each other.

Nat Cartwright was the son of Susan, a schoolteacher, and Michael, an insurance

salesman. Nat was a very good and bright child. He attended a private high school on a scholarship. While in college he was very well liked and became involved in school politics. However, while still in college he received his draft notice. He decided not to seek a deferment and served in Vietnam. He became a war hero. After he returned home he finished college and went to Harvard Business School. After that he entered the world of banking and investments.

Fletcher Davenport was the son of Ruth, a society wife, and Robert, a millionaire. Fletcher was a very good and bright child. He attended a private high school. He became involved in school politics. Fletcher went on to Yale and received a law degree. He married Annie Gates, the daughter of Democratic Senator Harry Gates of Connecticut. Eventually, Fletcher was elected to the state Senate when Harry Gates retired. Once when reading about Nat Cartwright and his heroic deeds in Vietnam, Fletcher realized that he had been born on the same day, in the same town and in the same hospital as Nat.

During the story, Fletcher successfully defends Nat when he has been accused of murder. Nat saves Fletcher's life by donating blood after Fletcher had been involved in a serious accident.

Finally, Nat as the Republican candidate and Fletcher as the Democratic candidate for governor of Connecticut have a secret revealed to them.

This is a long book but very well written. The last line on the last page is truly a thought twister.

Two very important events are happening in February: first there is Ground Hog Day. According to legend, the ground hog awakens on Feb. 2 and sticks his head out of the ground. If the sun is shining and he sees his shadow it may mean six more weeks of winter. Here we don't care too much, but up north, oy vey!

Then there is Valentine's Day and the ladies are all atwitter. The old English believed that was the day when birds chose their mates. In the 1700's some women

wrote men's names on scraps of paper, rolled them in clay and dropped the balls into the water. The first paper to rise was supposed to be their true love.

What has that to do with the Jewish club? Nothing, but hey, got to say something.

We will have our next meeting on Feb. 19 at 2 p.m. with refreshments. There will be a speaker on home health care (Medicare).

We have other great news: we have new board members from Providence filled with refreshing new ideas for the club, so we look forward to future planned fun activities.

Our information and goodwill lady Dorothy Bresky again invites all calls for club info (after 4 p.m.) at 854-0284.

We invite all members of the Jewish community and their spouses to become members.

Happy Valentine's Day.

American Jewish Club

Erwin Fluss

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873-1003

Free Tax Preparation Available

Once again this year, the AARP Tax-Aide program, sponsored by the AARP Foundation in conjunction with the IRS, will offer free tax preparation.

The service will be available beginning February 3 and continuing every Tuesday and Friday through April 11, with the exception of February 28 and March 3. The tax preparation will be at the Ocala West United Methodist Church, 9330 S.W. 105th St. from 9 a.m. to 1 p.m.

For information, please contact Paul E. Wilson at 854-8878.

This year, we will be only e-filing returns using PINS, (personal identification numbers) for signatures.

We will continue to do other computer returns, but it will be the responsibility of the taxpayer to mail their return.

Please bring your copy of your 2004 tax return.

For a joint return, both persons need to be present. We will NOT stock any forms for personal filing of your return.



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USPO Advisory Council

Ray Utiss

Mis-delivery of mail is a problem again. A resident called to say someone found a box of medicine outside of the mailboxes. This eventually found its way to the correct person. Another resident sent me a letter, describing the various mis-delivered mails he encountered.

If you get some "junk mail" that is not yours, you may not think of it as a big deal. Later on, you may be expecting some important mail, and it may be in an incorrect

mailbox. Just think of all the important mail you could be waiting for. It could be medicine, checks, tax forms and the list goes on. If you ever had to get a replacement form in the past, you know what is involved.

The point I am trying to make is, if you receive someone else's mail, this is what the postmaster wants you to do. Call the Paddock Branch Post Office at 861-8188. They will send out someone to retrieve the mail. This is the only way the situation is going to be corrected. I know you may think it is easy and polite for you to re-deliver it. That does not get the problem solved permanently.

Once again I will ask all of you, please do not talk to our mail carriers. You may have been taught it is nice to talk to everyone you meet. You may not think it distracts or slows them down. I can guarantee you, it does. I said this in the past, but when I go to pick up our mail, people are still talking to the carriers. You are familiar with the late delivery of our mail; this is one problem we can correct.

If you want to e-mail me, my address is grandmaandraisin@cfl.rr.com. You can reach me at home, 9274-C S.W. 97th Lane, Ocala, Fla. 34481.

Thank you for taking the time to read this article.

Happy mailing! ☺

quality and price of Steinmart's line of items and collections.

Afterwards Steinmart gave each person a \$20 coupon to spend in their store.

The girls were wonderful and we thank them for their participation.

Our next monthly meeting will be at 2 p.m. on February 9 in Suites G and H of the Arbor Conference Center. There will be refreshments and Fletcher Music.

Our mid-month activity will be at 9:30 a.m. on February 16. We will have a tour of the new Marion County Public Library on Silver Springs Boulevard. Lunch will be dutch treat at Harry's in Ocala with car-pooling.

Have a great New Year and God Bless. ☺



Citizens Emergency Response Team

Caroline Scott

We hope everyone has had very happy holidays and are gearing up for a very happy and healthy new year. Isn't that what we all want?

Norman and I represented our CERT team at the fifth annual CERT Conference in West Palm Beach Gardens in January. We attended classes that all of us, as a CERT team, have had before but we always learn something new to take back.

Besides attending two days of classes, we were safety officers at a search and rescue drill held in a very dimly lit movie theater that will be torn down shortly. This theater had debris all over which made the drill more realistic. Local teenagers were the trapped victims and they always play their scenarios to the hilt.

About 60 CERT members from all over the state participated and did a great job.

It is very important that we all practice our skills and keep current of the procedures that may be needed in any disaster.

At our January meeting we welcomed a new member, Helen Simmons. Helen, after retiring as a nurse, now volunteers at the State Road 200 Sheriff's office. She will be a valuable member of our team.

We also welcomed back Diane and Mark Hopper who due to personal problems had to move to northern Alabama last year, but are back now and are able to rejoin our group.

Thanks to all the On Top of the World members who gave me suggestions as to what they feel we need to practice. This is extremely helpful and will make planning our future meetings easier.

As always everyone is invited to join our group. We meet the second Tuesday of each month at 9 a.m. in Suite E of the Arbor Conference Center. ☺



Singles Club

Garda Facci

Viola Horton, our president, presided over our January meeting. She extended an invitation from Marion Landing for a pot-luck luncheon on January 25.

Ruth Goldstine spoke about the sixth annual Hoofin It For Hospice, which will meet at the recreation center on February 25 from 8 to 9 a.m. There will be an easy two-mile walk, rain or shine. Come join us. It will be lots of fun.

Ruth stressed that all donations should indicate from On Top of the World as we are credited for our donations, which have been very considerable from the various On Top of the World clubs over the years. Everyone agrees it is a fabulous organization well worth our wholehearted support.

After the 50-50 drawing, refreshments were served followed by a fashion show, sponsored by Steinmart with Joyce Thompson as commentator.

Our models were Helen DeGraw, Diane Kirol, Eileen Karonis, Sally Kohl, Virginia Casey and Shirley Coe. Each person modeled two outfits—the first was casual wear and the second more dressy outfits. These outfits included accessories such as purses, jackets and matching jewelry. Joyce commented on materials, colors available and price, etc. It gave us all an idea of the styles,

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Nature Around Us

Doris Mauricio

Many Americans, when they picture Florida in their minds, see luxurious palm trees blowing in the wind and want to add them to their landscape when they relocate in Florida. Not all palm trees will tolerate the cold spells we have in Ocala. Unless you enjoy running out with blankets and heaters, or don't mind seeing your beloved palm die from cold damage, you would be wise

to pick a palm suitable for North Central Florida. Other concerns are space available, pruning needs and soil requirement.

I was thrilled to find a Pindo Palm growing on my front lawn at the On Top of the World villa I purchased last year. My experience with Pindo Palms is that they are healthy, tolerate the cold very well and are not fast growers. The Pindo Palm is not a native and consequently will require good palm fertilizer three or four times a year. You can easily prune this palm yourself with good quality loppers. Of course, look up before you plant, and don't plant too close to a tree that will grow large. You don't want an oak tree towering over your palm.

The Cabbage Palm or Sabal Palmetto is native to Florida. Once established, this is the healthiest and best-suited palm for North Central Florida. It can handle whatever weather Mother Nature deals us and requires no additional fertilization. The big disadvantage is that while this palm will not take up much room, it will grow quite rapidly. Pretty soon you will not be able to prune it yourself (unless you are very brave and not afraid of heights) and you will have to call in a landscaping firm to do this task for you.

At my previous Florida home, I was blessed with a European Fan Palm. This palm

is low growing and shaped like a bush. Each frond looks like an open fan on a stick. This palm is very hardy. When trying to identify it, I discovered a Web site in Oregon hailing this palm as ideal for their climate. As long as you fertilize properly, this palm will give you many years of happiness.

Many people enjoy having Sago Palms. The Sago is actually a cycad, but its growing habits and care are similar to palms. Many of the Sago Palms in South Florida have perished due to infestation by pink mealy bugs that leave a pinkish white coating on the fronds. So far we have been free of this problem here. This cycad does require regular fertilization. If we have brutally cold weather, you probably should cover the Sago with a sheet or old blanket. It will survive but lose a few fronds.

If you would like a patio (container) palm, there are a number of small palms (Chamaedorea or parlor palms) that will do just fine. These are definitely not cold hardy palms. Don't spend a lot of money on them so if you forget to cover you won't be so upset at losing them, but they are beautiful and will look great on your patio.

All palms grow from their center. If this area is damaged, they will die. Palms can be transplanted any time of the year, but will establish themselves much quicker and

with fewer problems if set out in spring or early summer.

To establish a palm rapidly, fertilize with a good slow release granular fertilizer with a 3-1-3 ratio of nitrogen, phosphorus and potassium applied every four months. Do not plant too deeply. You could suffocate the roots and invite root diseases. As a general rule, plant at the same depth as it was initially grown. Watering for the first several months is critical.

Marion County Master Gardening Guides are available in the Master Gardeners office Monday through Friday between 9 a.m. and 4 p.m. This guide provides monthly tips on what to plant and what maintenance to perform. Master Gardeners are on duty in the office to answer your gardening concerns. You can call them at 671-8400.

Mark your calendar for the March 11 and 12 Spring Festival. You can reach me at 237-3595 or dmauricio@atlantic.net. I will do my best to assist you with your concerns.

On Top of the World Native Plant Club meets the second Wednesday of the month at 2 p.m. at the Arbor Conference Center. Come and join us. Take time to walk the nature trail located next to the center. Happy gardening!

Doris Mauricio, *On Top of the World* resident and Master Gardener



Northern Lights Club

Patty Bourgault

The Northern Lights Club brought the New Year in with great style with its first all-community party—a Hawaiian Style New Year's Eve Bash held at the Arbor Club Conference Center. The glittering dance floor and brightly decorated tables attested to the creativity of Ruth Kuntar and her decorating committee.

The sell-out crowd danced the night away to the music sung by Roger Bourgault and welcomed the new year with a champagne toast at midnight followed by coffee and pastries.

Lots of goodwill was apparent from all the smiling faces and it was a wonderful opportunity to visit with neighbors from various On Top of the World communities.

Door prizes were awarded throughout the evening and partygoers enjoyed hot and cold hors d'oeuvres catered by Carmichael's. All those that attended would no doubt agree that the party was a great success and everyone is looking forward to more events.

President Patty Bourgault and social chairperson Gigi Petta coordinated the event and many thanks from party attendees have inspired us to start thinking about plans for the next fun event. Please stay tuned.

The purpose of our club is to meet new people and just have fun. Our next meeting will be February 27 at the Arbor Club Conference Center, Suite G. Everyone is welcome and the dues are \$5 per person per year. Our year runs from November to November.

Some of the events that we now have are shuffleboard on Saturdays at 6:30 p.m., bocce on Sundays at 3 p.m. and mah jongg on Mondays at 1 p.m. in Suite G. You just need to show up, no calling ahead or reservations needed as long as you pay your dues.

Please call Patty Bourgault at 861-9773 or Gigi Petta at 237-8873 if you are interested in joining or have any ideas as to what you would like to see happen in the future.

Hope to see you at our next meeting. ☺

grated onion, served on English muffin pieces. They also prepared a fresh vegetable dip.

Ceci and Bob Marsh brought a Liverwurst Pate, shaped as an igloo with cream cheese, decorated with sliced green and black olives accompanied by Melba crackers.

Kathy and Luke Mullen prepared peppers Palermo. Roasted peppers were sautéed in olive oil with rosemary. The peppers Palermo was served with melted provolone cheese.

Sylvia and Oliver served hot cocktail meatballs in sauce and guacamole with Mexican chips.

Mary and Bob O'Neal brought both an hors d'oeuvre and a dessert. The hors d'oeuvre was an artichoke dip. The delicious dessert was rum pecan balls. They were great.

Jean and Joe Breslin made a chocolate éclair dessert. It consisted of graham crackers, vanilla pudding, cream cheese, whipped cream with unsweetened chocolate frosting.

Midway through the party the group sang various Christmas songs to mark the holiday spirit. Following the scrumptious "meal," club members participated in a grab bag/swap. Here each couple brought a wrapped \$10 hospitality gift. Each participant selected a wrapped gift and swapped them with others until all felt they had optimized their selection and all gift exchanges were exhausted! A fun filled night was had by all.

If you like to cook, enjoy entertaining small groups in your home and want a fun activity to look forward to each month, consider joining our club. For information about our club, please call Luke at 291-8625 or contact any of your participating club neighbors. ☺

Favorite Recipes Dinner Club

Luke Mullen

What a wonderful time club members had at our pre-Christmas hors d'oeuvres party! This party, which was hosted by Sylvia Andrews and Oliver Aube, was held at their home on December 17.

The idea of the hors d'oeuvres party was to have as many club members that were available attend one gathering rather than have individual dinners in the busy holiday season. Sylvia and Oliver graciously volunteered to host this special end of year event. Eighteen members were present to enjoy the holiday spirit.

Upon arrival, members were greeted with various aperitifs and the sounds of Christmas music in the background. As guests quickly found out, it was also Oliver's birthday that was being celebrated at the same time. Everyone sang an appropriate rendition of "Happy Birthday" to Oliver. Many different types of hors d'oeuvres and desserts were available for all.

Ann and Conrad Massa brought a delicious spinach dip—a scooped out round of rye bread. The bread she removed was cut in pieces and used for dipping. Ann also provided imported cheeses from Canada: Mon Desir Brie (double crème) as well as a full round of Gouda cheese with assorted crackers.

Gitte and Paul Agarwal prepared two appetizers. One was Chicken Tandoori, an Indian marinated boneless chicken breast recipe. The other was a Mushroom Pate, a Danish recipe consisting of mushrooms and other delicious ingredients.

Marlys and Wayne Bielunski prepared a layered Stilton and Cheddar cheese that was served with crisp apple and pear wedges and succulent grapes.

Helene and Al Sternberger brought hot crab canapés, "crab munches" made with crabmeat, old English cheese, butter and

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Doris Mauricio, *On Top of the World* resident and Master Gardener

POET'S CORNER

Poetry from On Top of the World Residents



The Sky Was Gray

BY CATHY HANSEN

The sky was gray with the gray of dawn
As I walked the beach alone;
Heavens dark canopy drawn back
Where earlier stars had shown.

The salt breeze tugged at my trailing hair
And a lone gull followed me

While the crested waves along the shore
Rolled up from a gray-green sea.

Vast was the water's wide expanse
Yet vaster still the sky
And I wondered that God might choose to redeem
So small a crumb as I.

My Dream Poem

BY JOE MADDOX

I sit and stare, and think and dream,
But nothing comes to mind.
To pen that Pulitzer winner,
With inimitable words that rhyme.

I've scoured Thesaurus, Coleridge,
Webster,
Service, and noted bards galore,

But few are the words that are left,
That haven't been metered before.

My floor is sheaved deep with scrawls
Of nothings from my comatose wit,
But maybe tomorrow I will awake
With words that flow like, "Hamlet."

Exotic Flowers

BY HAZEL EHLE

I walked around my garden
Now all covered with snow
Where colorful flowers bloomed
Not so very long ago.

They were so gorgeous
Such beauty should stay
To help endure winter
With so many dismal days.

Then dreams like magicians
Wave their magic wand

Behold the lovely flowers
Now back from beyond.

Next morning looking out
No beautiful flowers there
It must have been a dream
The snow still everywhere.

When the snow melts away
Feeling warm breezes once more
Then colorful flowers come
We all have been looking for

Snowy Night

BY ANNETTE SHARPE

The moon made a silver path
Across the silken snow,
And, layered with white
The evergreens stood
Basking in its glow,
While barren trees,
Encapsulated in frost,
From icy weather,
Gathered, sparkling, drooping low,
And huddled close together.

Not many folks would venture out
On such a wintry night,

But frosted windows
Can't reveal the splendor
Of this sight.
There's nothing quite as peaceful
Or as beauteous as snow,
Blending purity with moonlight
For an extra special glow.
The only sound was snapping
From the woodlands close by,
And the silver moon was awesome
In the velvet winter sky.

Activities February

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness	AC
	Orientation	
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Bocce League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cyber Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Rug/Latch Hooking	Art
	Rummicube	CC:E&F
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:30	Euchre	CC:H
7:00	Wood Shop	WW
	Sunshine Singers	BR
7:30	Callanetics	H&R

1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
8:00	AARP Safe Driving	MR3
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B&C
1:30	D'Clowns	CC:B & C
2:30	Readers/Theatre	CC:D
3:30	Comp.Handicap	CC:H

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D
3:00	Community Patrol Prog.	CC:B&C
4:00	10,000 Steps at Sholom	Park
6:30	International Club	Art

3rd Week

2:30	Readers/Theatre	CC-D
1:30	D'Clowns	CC:B&C

4th Week

4:00	10,000 Steps at Sholom	Park
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Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:15	Aquacise Shallow	AC
	Water	GC
8:30	Women's 18-Hole	HR CTS
	Raquetball	
9:00	R.C. Flyers Club	Field
	Tai-Chi	H&R
	Computer Club	CC:B&C
	Hand & Foot Canasta	CR
	Stitch Witches	Art
	Harmonichords	AC
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC

Wednesday

9:15	Total Core & Body Strength	AC
9:30	Pinochle	MR3
10:15	Tai-Chi	H&R
10:30	Yogacise	AC
	Latin Cardio	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Foundation Exercise Program	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Bridge	CR
1:00	Singin'Swingin	CC:D
	Mah Jongg	CC:A
	Badminton	H&R
	Shuffleboard	CTS
1:30	The New Pretenders	HR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	CC:B
6:00	Pinochle	MR3 & Art
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
	Table Tennis	HR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR

1st Week

8:00	AARP Safe Driving	MR3
	Cyber Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Rug/Latch Hooking	Art
	Rummicube	CC:E&F
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:30	Euchre	CC:H
7:00	Wood Shop	WW
	Sunshine Singers	BR
7:30	Callanetics	H&R

4th Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC:E,F&G
	Response Team	
12:00	Visually Impaired	CC:H
	Support Group	
	Ham Radio Club	CC:F
3:00	Nutrition Discussion	CC:B&C
3:30	Alpha Investment	Art

3rd Week

1:30	Unique Birders	CC:H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC:E,F&F
8:00	Lions Club	Pub
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:D

2nd Week

12:00	Bunko Dice Game	MR3
	Opera Appreciation	CC-C
5:30	Southern Club	BR
1:30	Singles Club	CC:G&H
2:00	NARFE Chapter 2279	CH
6:30	German Club	CC:E,F&G
7:00	Karaoke Night	CC:H

1st Week

1:00	Bunko Dice Game	MR3

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**In the
Spotlight**
Pat Wellington

Larry Resnick

It's hard to imagine soft-spoken photographer, Larry Resnick, as a tough kid growing up in the Bronx, Fort Apache actually, his wild behavior curbed only by his adoptive father and an uncle. The latter introduced him to machine shop work but Larry, being an outdoor person, found it boring and confining.

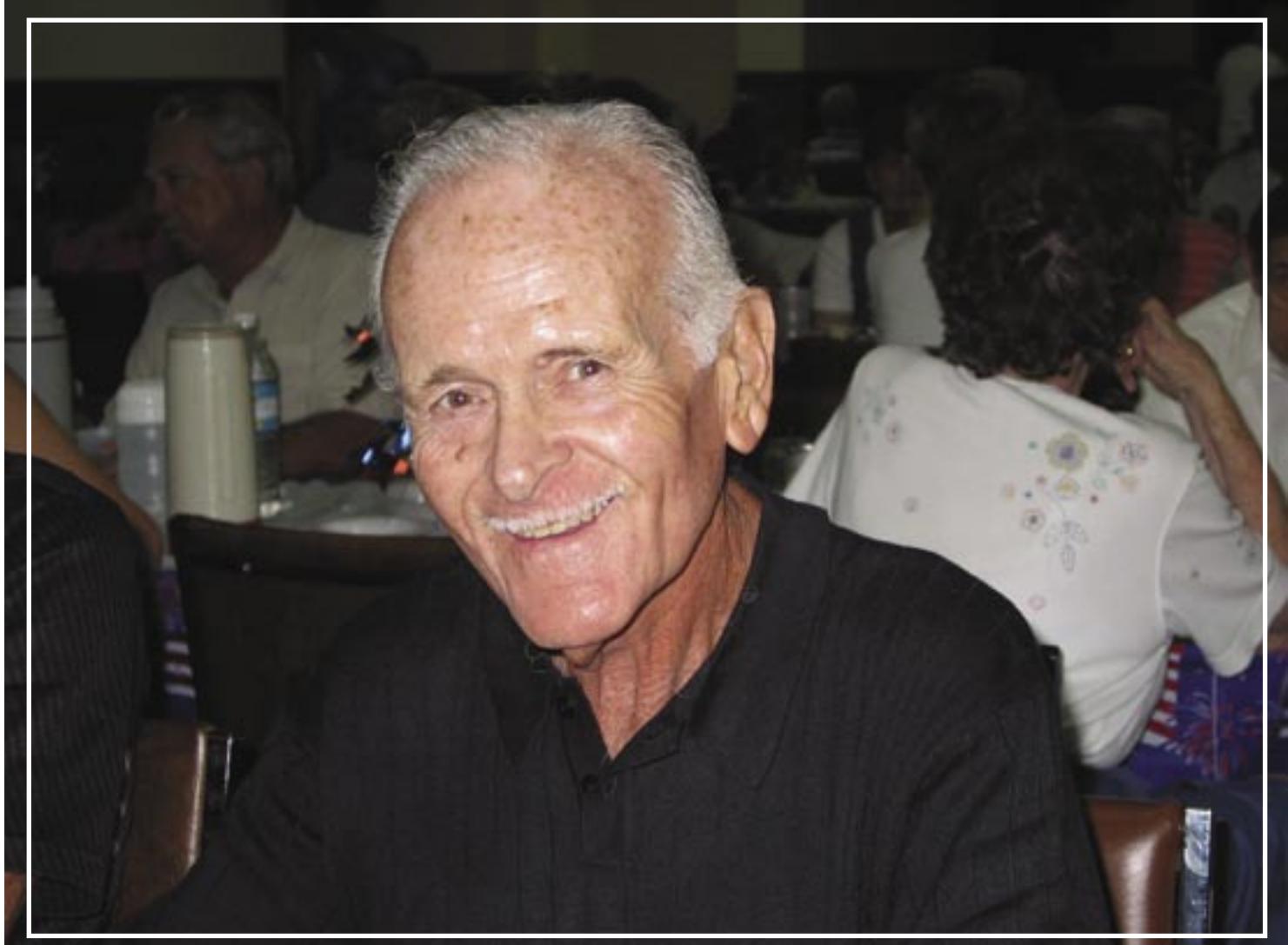
In the Army he studied cryptography with the goal of eventually working in an embassy but that plan was scuttled when he was ordered to Korea where he earned four medals and two Bronze Stars.

Before he returned stateside, he remembers having a dream that he was driving down a highway in a Cadillac and he was very rich.

In Rhode Island he started making that dream come true—first as a self-taught housing developer, then as a real estate broker and insurance agent, accomplishments for which he was written up in "Who's Who in New England" in the early sixties.

But his success had a price. A bitter divorce with his first wife dragged on for seven years over how much of his wealth she was entitled to. The contentious battle affected his relationship with his two children, one of the few regrets in his life.

Before retiring at age 50, Larry studied law in Rhode Island and continued his law studies at Nova University in Davie, Fla. Then 10 years ago, in a Vero Beach swimming



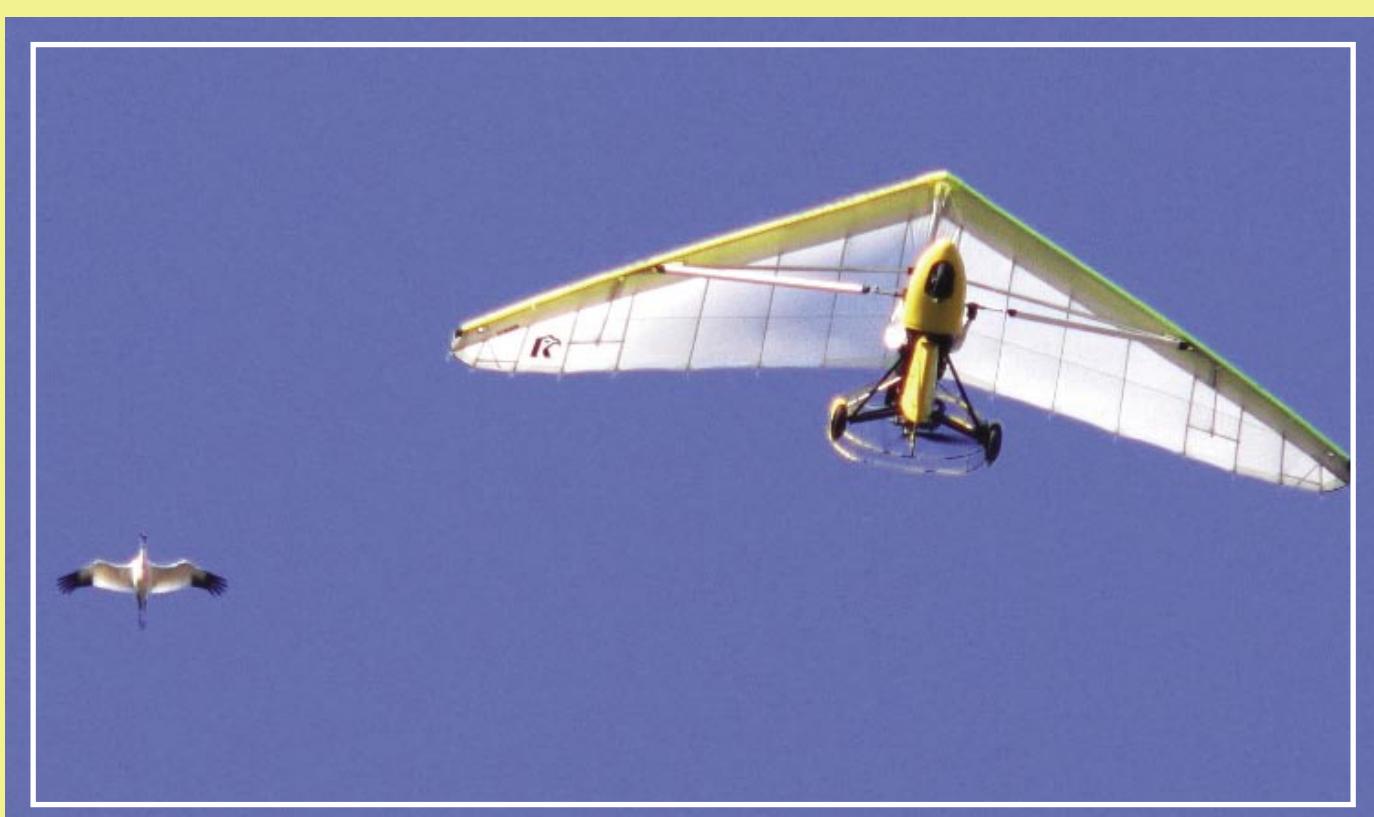
A rare portrait of the man who is usually behind the camera, not in front of it.

pool he met Chris, his current wife. They will celebrate their anniversary on a Royal Norwegian Line ship, the Mariner, this April. Larry will be leading an On Top of the World group on the Caribbean cruise and promises that there isn't a dullard in the bunch.

Ubiquitous Larry, the On Top of the World News staff photographer, can be seen snapping photo after photo at every major function in the community. So how did his in-

terested in photography begin, I asked. He said that as a youth he accompanied his uncle on photo shoots of nude models. "Hey," he says, "I was a teenage boy."

Today Larry involves himself with digital photography, computers, the theater group (for which he writes screenplays), bowling, newspaper writing and reporting, legal aid to friends and financial markets worldwide. "I love life," he says, "and I'm having a ball."



Learning to Fly Solo

On Top of the World resident Hank Claterbos captured this from-the-ground view of a lone whooping crane flying along a glider at the Dunnellon Airport in December.

Who in the World!

By PAT WELLINGTON



From Page 2: Terry Zarrella

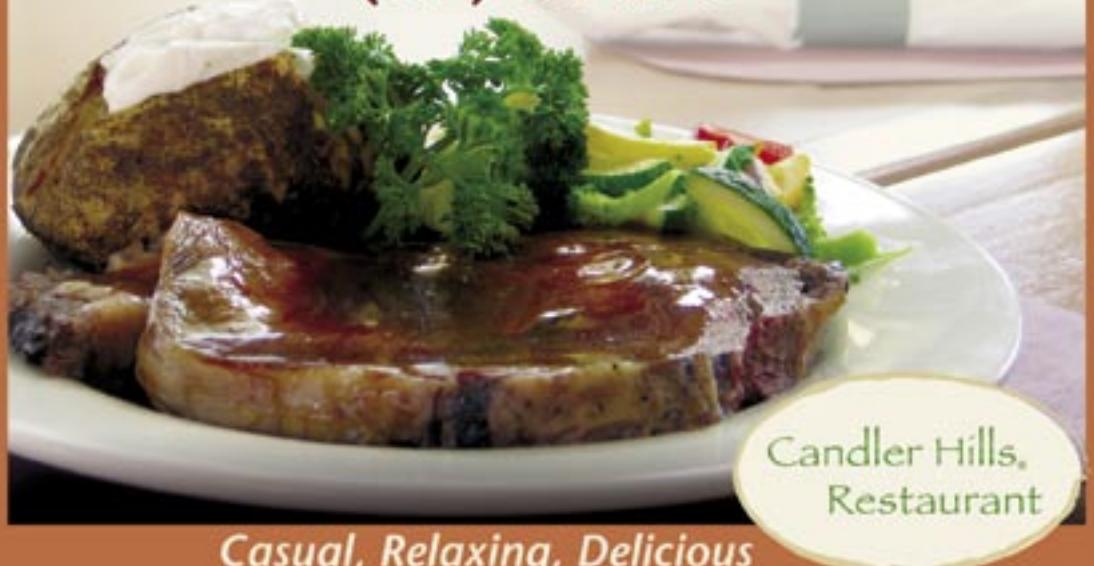
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GOT CLASS?

As you know, we are developing an outstanding education program here at On Top of the World Communities. We would like your help. I will be hosting an "open classroom" to listen to your ideas and suggestions.

Four sessions will be held in the Arbor Conference Center on:

February 23 and March 23
at 10:00 a.m. – 11:00 a.m. or 7:00 p.m. – 8:00 p.m.

Our success can only be heightened by your participation and support. Join me to discuss plans and express your ideas. We are listening, and you will see results! Can't make any of the "open classroom" meetings? Feel free to call me anytime – we want your input!

Dan Dowd, Director of Education
(352) 861-9188



Genealogical Society

Helen Grollmusz

Now that the New Year is here and you have made your resolutions, how about one more? This is not only for genealogists. Go through all the boxes of "stuff" and take out all your pictures. Are they dated and are the people identified? If not, this is a good time to get started. The holidays are over; the dining room table is empty again. It's a great place to start sorting out all your pictures.

It took me forever to get my pictures in order, and I have two pictures from overseas that I have still not identified. You can be sure that now every picture that comes into my hands is marked with the date, place and the people's names.

A formidable task, it's true, but just think how happy you will be when the job is completed. Not to mention that your children and grandchildren will not have to guess who that pretty lady is. "Why that's Mom when she was teen-ager!"

Janet Fragapane told us at one of our genealogy meetings about a friend of hers. She was going through old photos, looking for family faces. She was checking all of them for clues for names and history. None of them were marked as to who the people were and where and when the photos were taken. Coming across a group photo, she turned it over and there was writing. Yes, an answer finally.

However, it read: "The group of us last Sunday," nothing else. We can all sympathize with her.

The vice president of the On Top of the World Genealogical Society, Dick Belz and his wife Barbara, recently went to a family reunion in Germany. The following is in Dick's own words.

"Since the last Belz family reunion in



Collection of Helen Grollmusz

This postcard shows the main airport in Frankfurt, Germany, at least 50 years ago.

Germany was five years ago, Barbara and I were looking forward to our trip in September. We arrived in Frankfurt and were met by cousin Horst, who had made all the reunion arrangements. We followed him in our rental car to a small hotel near their home, checked in, visited with him and his family, ate, visited another first cousin, the 84 year old patriarch of the family and his wife, and ate some more.

"The next day it was off through Frankfurt, onto the Autobahn and then across the mountains to the tiny village of Sindeldorf. Sindeldorf has a small restaurant, a small guesthouse, a bakery and a small church. That's it, no post office, no gas station or anything else. Think of a very small Micanopy.

"We checked into the guesthouse with some other relatives and did some more visiting with the members of the family who still live in the village. The next day was the reunion in the restaurant, which the fam-

ily took over for the day. Sixty-two family members showed up, ranging in age from six months to 84 years old. Lots and lots of first, second and third, etc., cousins. My German isn't the greatest but there was always an English-speaking cousin around when we needed a translator—thank goodness several of them are engineers and are proficient in English.

"The village is too small to have a resident priest anymore, but one of my first cousins is a priest and he conducted Mass on Saturday night. Everyone from the village attended and the church was packed. The next day we said goodbye to everyone, returned to Frankfurt, checked in our rental car and were off to Switzerland by train. We saw Interlaken, Lucerne and Lugano, and rode lots and lots of cable cars, funiculars and cog railways. While in Lugano we took a boat ride along Lake Lugano to Morcote, where my mother's older sister had been born and where my grandfather's brother

had been married.

"Too soon, it was time to take the train to Zurich and the long flight to Tampa by way of Newark, N.J. We came home with lots of memories and hope there will be another reunion before another five years."

The Genealogical Society has videos, books and information of just about everything relating to genealogy. Everything was purchased with dues collected from members.

If you have questions about how to get started with your family tree, start with what you know, your birth date and place of birth. Then your siblings, and what information that you have about your parents. Write it down!

Let us know how we can help you. One of our knowledgeable members will try to get answers for you.

If you have any questions please e-mail me, Helen Grollmusz, at handlova2@aol.com. Thank you for your interest.



Red Hat Society

Vivian Brown

Ladies, it's only been a couple of weeks since the busy holidays and we already have a full schedule of events, with no time to unwind. We are scurrying to find our entertainment for our annual PJ Party on Sunday evening, February 26.

On Saturday, February 25, there is the Hoofin' It For Hospice walk, and donations to be gotten from neighbors and friends. Also there is an upcoming walk for the Arthritis Foundation; details later.

The Queen Mothers have planned activities for National Red Hat Day, April 25; more details next month.

Keeping all this in mind it is even more important that we remember what our Red Hat Society "Hattitude" is to "live it up, laugh it up and love each other." We should find time every day to stop and smell the roses! This is our time to have fun, so keep smiling and pass those smiles along. God bless, Vivian

THE RAZZLE-DAZZLE RED HAT DAMES had a wonderful holiday season. We are looking forward to our luncheon at The Culinary Institute. We will let you all know how it was! I had been to one back in New York and it was sensational. If this is only half as good it will be a memorable experience. Our hostess is Helen DeGraw, and she has done a great job making all the arrangements. We want to welcome two new members, Margaret Edmiston and Joanie Bolling. They are a great addition to our group and will take their Red Hat vows at our next meeting.

Finding the perfect entertainment for the PJ Party hosted by the Queen Bee and her Honeybees has not been easy, but I think it will be good. You gals are the greatest and you always do your best for me. Thank you and God bless ... QM Vivian Brown

THE QUEEN BEE AND HER HONEYBEES have unanimously voted in Martha Evans as the new reigning Queen for 2006, and we feel fortunate to have such a lovely and pleasant head of our gals. In the last days of December, Jean Pigott and Martha Evans put together a great Christmas gathering to end the previous year. They were the hostesses with the mostess, putting into motion a terrific Cookie Exchange for all our Red Hat Gals at the home of Jean and George Pigott. Anyone knowing Jean can just imagine the holiday decorations. They were absolutely beautiful and so festive for the occasion. We ate, drank and were merry. What an event. Thanks to Jean and Martha for all their time and effort. In January, Queen Martha hosted a lunch at Candler Hills for the specific intention of firming up all the plans for the upcoming Red Hat Pajama Party on February 26, being held in the Health & Recreation Ballroom this year. Remember all you Red Hatters to plan your entertainment soon, because we know how quickly time can pass. Happy New Year to all. ... QM Martha Evans

COOL CATS IN RED HATS were all in the holiday spirit the month of December. Some of our Cats were on the Travel Toppers bus ride to see the ice carving in Orlando. Bundled up in the parkas that were supplied by the exhibitor, we pulled on our gloves and started off. It was beautiful, with life size carving of people, animals, bridges and slides. We had a wonderful time walking through that wonderland.

Another day again with Travel Toppers found several Cats at the Singing Christmas Trees. It was a wonderful show and the last one, with the trees, after 25 years. The church will be doing something different next Christmas. Our Christmas party was great. Everyone was at my home. We had lots of delicious finger food that our Cats supplied. Evy made a fruitcake that was out of this world. Thank you all. We OK'd games and won candy canes. We had a grab bag drawing with lovely gifts. Earlier in the year we had made a trip to the Christmas House, where this Queen Mom found ornaments of cats in red hats with purple scarves. Perfect for my ladies. May Holtz has had an exciting

year. She rode a camel in Egypt, and went to Wisconsin and Arizona. Right now she is recovering from a fall she took in Tennessee where she broke her hip. Get well quick May so we can hear first-hand about your adventures. ... QM Janet Fragapane

THE DIVINE DIVAS on December 12 celebrated their holiday party at the Mason Jar with QM Gail LaRue and Marilyn Rose as hostesses. January found us at the Olive Garden courtesy of Pat Hood and Jean Zrowka. Rehearsals will begin shortly for the PJ Party, which will be held on February 26. Several of our members attended the Festival of Trees Red Hat lunch and QM Gail LaRue decorated a tree in pink, keeping with the Breast Cancer theme. The tree sold for \$100. Let's go girls. Remember Hoofin' It For Hospice is on February 25. We expect a great turnout. Happy Hatting. ... QM Gail LaRue by Bunny Barba

THE CRIMSON CUE-TEES found December turned out to be the busiest month in what was a very busy year for them. The holiday spirit was evident at our monthly meeting. We combined our meeting with a Christmas luncheon at my house complete with gift exchange. Throughout the month

Penny Wilson and I, along with Florence Binder and Polly Farineau, worked on the golf carts for the Red Hat Christmas Parade. Our cookie committee consisted of Barbara Young, Ruth Gretchen, Rena Glennester and Ruthie Malmon, all of whom were in the baking spirit for the holidays. Their efforts helped make the Christmas party a success. Many residents and their guests enjoyed the party held in the H&R Ballroom. Also during the month we were part of a sea of purple and red at the Ocala Civic Theatre for a special Red Hat performance of the Nutcracker Ballet. I would like to take this opportunity to say thank you to all my Red Hat sisters who worked so hard organizing not only the Christmas Parade but the social later that evening. Until next month, may all your skies be blue and all your hats be red. ... QM Shirley Impresa

THE RED SHADY LADIES had a wonderful time at our Christmas Potluck at the Arbor Club. Wow, we really do have a group of great cooks. Since we meet so late in the month it seems like we are always behind on our article. Nevertheless we always have a super time. Queen Mum played Santa as she handed out gifts to each Red Hatter. Mary Sickle won the mystery prize again. She is one lucky Red Hatter. Will have to sit next to her the next meeting. We are really looking forward to the upcoming PJ Party. It is

always so much fun and we have a great time watching all the skits. Can't wait to see what some of the groups have up their sleeves this year. We met in January at the new Logan's Roadhouse. If you haven't tried Logan's you really need to stop by and give it a try. ... QM June Laurin

THE GLITZY GALS had a very busy December. For our Christmas we had a progressive meal with hostesses QM Mary, Janet

Wahl, Dottie Hinde and Sara Riehm. All others helped one of the hostesses. Then we went back to Mary's place and had a gift exchange. Mary read a Left and Right story and when the last left or right was read that person got the gift they had in their hand.

A couple of days later came the golf cart parade. We are proud to say we had six carts in the parade plus our Nancy drove Santa around in her convertible. What fun that was parading around the neighborhood with our carts all decorated. The next day six of us went to Thai Ruby for dinner and on to see the "Nutcracker." To our disappointment we didn't get to see the second half because of technical problems. Nevertheless we didn't let it ruin our evening out. We stopped at the downtown square and walked around and enjoyed the beautiful lights. What a fun week we had. Now we look ahead to 2006. We met at Mary's place the first week in January to make plans for the upcoming year and plan our entertainment for the PJ Party. We also celebrated our first year anniversary with champagne and a special candle lighting ceremony. Remember the one who laughs ... last. ... QM Mary Curry

THE SCARLET FOXES had a wonderful holiday luncheon at Logan's, where we were all treated as queens. There were gifts galore to be exchanged amid much laughter. Our Kazoo rendition of "Happy Birthday" to Phyllis Krause, BJ Leckbee and Alice Connors brought down the house. Actually we believe the wait staff locust had invaded the restaurant. January found us dining at Bella Luna to celebrate the New Year. Hostesses Mike Beyer and Ruth Koch know how to pick a restaurant. Muy Bella! Linda Heeman won our raffle; this makes two in a row! Pat DeCosta was serenaded for her birthday—oh, those kazoo! We are planning our entertainment for the PJ Party and this is hard work! Happy New Year to all Red Hatters. ... QM Betty Thayer

THE NIFTEE NINE had a dinner party hosted by Arlene Jackson over the holidays. We were greeted at the door by our hostess, who was wearing an apron that said, "You can never be too rich or too thin." Isn't that the truth! Needless to say we paid no attention to the apron; we ate to our heart's content. Marge Bellew also entertained the group and other guests at a Christmas party. It was a festive event. We are looking forward to a luncheon at Anne Connolly's next month. It appears our group prefers to entertain at their homes rather than restaurants. I guess we all like to show off our culinary expertise! Girls, we are proud that we not only had fun times but as a group we generously contributed to Hurricane Katrina victims, food for the poor and Food for Kids. We enjoyed year 2005 and look forward to 2006. ... QM Marge Bellew

Please send your chapter's activities to me by the eighth of the month. E-mail vivjcb@aol.com or phone 291-0246. Thank you, Vivian Brown.

Upcoming Publication Dates

March issue

Thursday, March 2

April issue

Thursday, March 30

May issue

Thursday, April 27



On Top of the World
NEWS

Where the News is Always Good



**Native Plant
Club**
Ron Broman

Our friend Margaret Edmiston just called. She has something for us. It's a picture of a Red Maple tree on the Rainbow River. What a gift for the New Year!

Margaret has an artist's view: seeing rainbows when others see only primary colors; patterns when others are confused; harmony while others only melody; hearing music, others only noise. Guess it's in the genes; I don't know, but once in a while I feel it too, don't you?

Red Maple, Acer rubrum, is a favorite tree of mine; but I have many favorites. It's native all the way from South Newfoundland to South Florida; but in Florida, at least, something special happens right now.

Treat yourself to a little ride and/or walk for a close up of Acer rubrum. At first you may wonder if I have truly lost it. What's to see in midwinter besides bare limbs, a few leaves still wearing 2005 green, but mostly crinkly, wind blown stragglers that have forgotten to fall?

But look more closely. Appearing at the ends of the branches, tiny, fuzzy, red umbels are getting the jump on the rest of the forest. On one tree, all at the same time, are a few green leaves, a few more colored leaves, bare branches and new flowers! Then you realize: In this one Red Maple tree, in late January, you're seeing the end of summer, all of fall, winter's dormancy and spring's new hope!

By March the flowers have turned to conspicuous red clusters of hanging two-winged samara (winged fruit). Even the tips of the brand new unfolding leaves are red.

Soon, if you're still watching, you may enjoy the scene the equinox brings: light filtering through papery helicopters as they shuttle precious seed cargo to their new homes.

By summer, most of the three to five lobed leaves have become a silvery green. With new growth continuing its reddish tinge it maintains its dual color.

If you are of a mind to propagate seeds, this is the time to collect and simply push them gently, wings up, in a container of potting soil. Water them a little every so often and stand back. Before you can say, "Johnny Maple leaf," you'll have Red Maple seedlings; and by Christmas you'll be sharing small, native Acer rubrum plants with friends.

The tree grows to about 60 to 90 feet tall and 35 feet



Photo by Margaret Edmiston

The Red Maple shows off its colors in December along the Rainbow River in Dunnellon.

wide in the best conditions; so plant it where there's plenty of room. It prefers a moist habitat; so it will do well in areas that receive supplemental watering and at the edges of water retention ponds. The leaves are small and break down easily, making good food for next year's plants.

Thank you, Margaret, for your gift of an artist's eye and your beautiful photograph of a Rainbow River Red Maple.

Bromeliads anyone? In the September 2005 article, I briefly mentioned the speaker for October, but was wrong. (I guess that was my first mistake for the year.) Now, however, we can introduce him properly as he will be bringing us our February program.

George Aldrich was born and raised in Ocala. He worked as an engineer with the Florida Department of Transportation for 32 years before retiring. His passion, at least one of them, is bromeliads.

Ever since that fateful day in 1987, when his wife brought home Neoregelia spectabilis, things in the Aldrich household have never been the same. I'll let him tell you the rest of the story as our Native Plant Club meets in Suite H of the Arbor Conference Center at 2 p.m., Wednesday, February 8.

Join us as we learn about bromeliads, native and perhaps exotic (non native), and much more. You may find yourself "getting hooked" on Growing Native. ☺

Ann and Conrad Massa were hosts for the Unique Birders January meeting. Their program was "Fascinating Facts about our Feathered Friends." Since this article goes "to press" before the meeting, the next issue of World News will explain the need for a pencil!

Our January field trip was led by Pat Woodbury. We went to the Chassahowitzka National Wildlife Refuge for a ride out to "Dog Island" on pontoon boats. This also came after press time, so watch for a report in the March World News.

Since February is a short month our regular meeting and field trip will be in the same week. February 21 is our regular planning session. It is surprising how many interesting places are suggested each year! If there is a specific place you would like to visit, please come to the meeting with your idea.

We meet in Suite H of the Arbor Conference Center at 1:30 p.m. the third Tuesday of each month. To learn more about our club, call our president, Roberta Campbell at 854-4814, or me, at 861-2983.

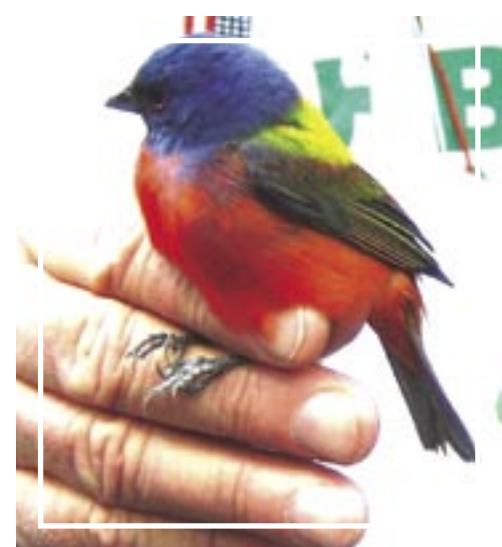
The bird of the month is the Painted Bunting. (*Passerina ciris*). The Painted Bunting is one of Florida's most colorful birds. The male has a blue head, red undersides and rump, greenish yellow back and dark wings and tail. Females are dull yellow below and green above.

First-year males look similar to females. The song is a high-pitched, varied warble.

A wonderful bird of back yard gardens, woodland edges and along bushy roadways, it will visit feeders in wooded yards.

It breeds from northern Brevard County northward along the St. Johns River and the Atlantic coastal counties. Nests are cup shaped, made of grass lined with animal hair: often in a tangled mass of vines, or at the end of a branch in Spanish moss. The eggs (three to five) are pale blue with brown markings. Males and females build the nest and the female incubates. They have one to two broods per year. Foods are primarily seeds but may include small fruits and insects.

Although numerous birds winter over in South Florida, most Painted Buntings leave the state for Central America by late October. Spring migrants begin their return in mid-April. ☺



The Painted Bunting.

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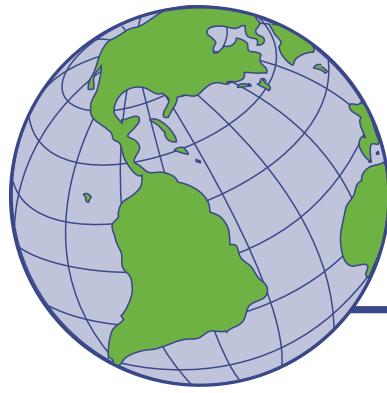
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On Top of the World NEWS

Where the News is Always Good

We don't have mountains like these. See views from Alaska, Pages 24 & 25.

Section 2

Vol. 19, No. 8 • February 2006



Jim and Florie Atista



Sandy Martin



Dave Guildford

Photos by Larry Resnick

Sock Hop: They Twisted the Night Away

BY DEBBIE CLARK

On January 13, the Arbor Club was alive with the sounds of the fabulous era of the '50s, which we all love to relive.

Ray & Kay were there spinning those oldies for us and everyone was loving it. The dances that you loved to do back then were once again being done on the dance floor. We had the twist and oh yes the stroll, and I hope everyone had a good time.

The food was provided by Catering by Carmichael's and we had Chef David at the grill cooking up hamburgers and hot dogs along with

those traditional favorites. Everyone enjoyed pasta salad, potato chips, corn on the cob and for dessert there was homemade apple pie.

Once dinner was completed, we had our annual hula-hoop contest. There were four contestants and the last one still twirling the hoop was the winner. This year's winner was Sandy Martin. She did a great job of keeping the hula-hoop twirling, and we hope you enjoy your gift certificate to Little Joey's.

I would also like to thank the other three participants—all of you did a great job. ☺



Helen DeLuca



Barbara Trebilcock



Nancy Butler



Pitcher Bob Monsees sends the ball to home plate.

Photo by Larry Resnick

Players Enjoy the Game

BY LARRY RESNICK

These guys are diehard ball players. It was an unusually cold windy January Saturday morning here in On Top of the World but you can't hold good men down from the sport they love.

Softball baseball was the game of the day. The team for On Top of the World to beat was from Beverly Hills. Well, it wasn't meant to be. Let's blame it on the cool windy weather that these guys are not used to here in sunny Florida.

The final score was On Top of the World at 8 runs and Beverly Hill at 14 runs. They played their hearts out but like I said, just not meant to be that day.

The pitcher for On Top of the World was Bob Monsees. Our On Top of the World heavy hitters had two over the fence homerun hits by Roger Anderson and Bill Eaton who also had three hits for four times up at bat and was MVP (most valuable player) for the day.

Other On Top of the World softball players who gave it their best shots were Larry Masotti, who played left field and batted two for three, and Paul O'Hara who played right field and also batted two for three.

There was Harold Brouillard who hit two for three and Andy Zarrella who loves this game. Now here's a guy, Andy Zarrella, who after some big time back surgery was running bases just like a deer. Kenny Volk was the scorekeeper for the day. I have been advised that even though our home team lost this game they said there's always the next time. These guys just love the game. ☺



Director of Golf

Jeff McDonald

Wow, What a great year we are going to have. January was a great month even with all the cold weather. I can't thank you enough for being so supportive and providing me with such a warm reception.

When you receive this letter, I will hopefully have moved into the Golf Shop at On Top of the World. Andy and Mary will be relocating to the new Maintenance Facility. I know that I am not as nice looking as Mary, and you will surely miss her, but I will try hard to accommodate your golfing needs. I hope some progress has begun in the remodeling of the Golf Shop at On Top of the World. In any event, the merchandise I have ordered should be arriving soon.

We have unfortunately had two employees choose to move on. This is regrettable in one respect, but we hope they enjoy themselves as they take advantage of retirement, and play lots of golf as members.

Please welcome and greet Nick Montanaro as your First Assistant Golf Professional. Nick has played on several different tours such as the Canadian, Nike and others. He played collegiate golf at Western Kentucky, where his team was the Ohio Valley Con-

ference Champion three out of four years. He will bring a nice blend of experience and enthusiasm into the golf shop. Nick has more love for where he works and passion for what he does than any employee I have ever met. I am confident you will enjoy his presence in the shop. We both look forward to assisting you and playing golf with you on a regular basis.

You will also notice a young man named Bret Baliszewski working at both clubs. Bret is looking forward to entering the PGA Apprentice Program. He is very knowledgeable and has worked in a golf outlet store for two and a half years. Please join me in welcoming him to our staff, and don't hesitate to take advantage of his skills.

Bob Hughes is your new First Assistant at Candler Hills. Bob is from Philadelphia, and loves the game of golf. He is a great young man and you will be proud to have him represent you as one of your golf professionals.

Candler Hills will be selling all golf bags at a 10 percent discount, and all outerwear at a 30 percent discount for the month of February. Please understand that this applies to in-stock items only. Thank you!

I am so glad to be here at On Top of the World and look forward to establishing many relationships and having a great time together!

It is exciting to expose you to an environment that will make your golfing experience both satisfying and memorable.

Upcoming Demo Days at Candler Hills

• Thursday, February 23: Ping, 9 a.m. to 2 p.m.

• Tuesday, February 28: Cobra, 9 a.m. to 2 p.m.

You guys have been awesome in supporting the demo days. Keep it up, because you know I love you. Everyone is welcome, so come on out and try the latest and greatest technology. Don't let your buddy get the upper hand.

Special message: Frank Nazzaro is in TimberRidge. He would love to see or hear from friends. ☺

Let me remind you again about the President's Cup. It is a match play event that will start on February 8 with tee times. After the first matches are played winners will have one week to play the next round and so forth until the end of the tournament. It is the responsibility of the person whose name is on top to contact the person he is playing to set up a play date. If either of the players is unable to play within the week, that person forfeits.

There has been some confusion about what to do with the "plastic walls" around some of the holes. As for now it is played as ground under repair, which entitles you to a one club free drop, no closer to the hole.

Our first Chicken Luncheon of the new year will be held on February 1. As we all know golf is a gentlemen's game; we do not have any referees. I do not want to become a referee at our Chicken Luncheon meeting. Please raise your hand if you have a question or comment, NO catcalls, and please be willing to listen to everyone's viewpoint, even if you disagree. If you get an answer to your question and you are unhappy with it, please handle your disappointment with dignity and class.

I want to extend a very grateful THANK YOU to all of you that play every week, and you know who you are. Without you we wouldn't have much of a golf association.

I got this really neat book for Christmas, "The Secret of Golf" by George Peper. The only problem is they have 47 secrets of golf. I'm having a problem picking out just one; those of you who know me understand that sentence. This is something I found in the book and will help you with speed of play. "By the time you get to your ball, if you don't know what to do with it, try another sport." Julius Boros

See you around the golf course. ☺



Men's Golf Association

Paul Del Vacchio

I would like to correct last month's results for the Memorial Tournament. Somehow I forgot to include the winners of the C Flight third place. They were tied: Frank Palotta and Bob Selmon, according to the Tournament Directors' report.

If you did not get your 2006 MGA Handbook please see one of the officers. We'll be glad to give it to you.

Another reminder: if you wish to play in the Club Championship which begins on March 15 and is a three-day event with tee times YOU NEED TO HAVE COMPETED IN FIVE MGA EVENTS BETWEEN JANUARY 1 AND MARCH 8. Please see the MGA Handbook.

The Tournament Directors request that you rally at the flags on Wednesday events. Too many people are coming up to the clubhouse and it has become unnecessarily crowded, according to them.



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Words from the Pro

Stan Brion

Another month has come and gone. It seems that the months go faster and the days just seem to slip by. Maybe it's a sign of getting older, maybe not.

I would like to quote straight from the Rules of Golf this month.

Unlike many sports, golf is played, for the most part, without the supervision of a referee or umpire. The game relies on the integrity of the individual, to show consideration for other players and to abide by the rules.

All players should conduct themselves in a disciplined manner, demonstrating courtesy and sportsmanship at all times, irrespective of how competitive they may be.

This is the spirit of the game of golf.

If we all examined this paragraph, everything here would take on a whole new meaning if it was read between the lines. This would mean being more attentive to other players, those with you, those in front of you, and people behind you.

Did you look too long for a lost ball lately? Sometimes we forget if each person in a group saved one minute a hole you could save one-half hour per round.

Did we remind those playing with us to repair divots on the fairway, and fix ball marks on the green.

Common etiquette: did we hit too soon, not waiting for the group in front of us to get out of the way? It is easier to be safe than sorry. Lives have been lost out on the course by not using good judgment. Did you yell FORE? The hardest thing to say is sorry, next to accepting an apology. Sometimes it is easier to let the faster group behind us through, than to try and keep up with the group in front of us.

These are just the simple everyday parts of a golfer's game on a golf course, so if we took care of our fellow players and respected the rights of those fellow golfers, what a wonderful day will be had by all playing real golf.

The highlights of the month include: Roy Goszewski eagled No. 16 on the Tortoise and Hare, witnessed by Charlie Strauss and John Gaysko. Roy used a driver and a 3 wood to shoot his 76 for the round. Nice going, Roy!

Have a great month, enjoy the round, and may the spirit of the game be with you. ☺

MGA Results

18-Hole Individual Net

December 21 • Links

A Flight: 67—Art Buecher; 70—Millard Sadler; tie at 71—Ed Darichuk and Johnny Gill

B Flight: 67—Frank Smith; 69—Dick Grimm; 70—Ron Thompson; tie at 71—Bob Kendrick, Jack Ashenfelter and Richard Beury; 72—Beale Kinsey

C Flight: 68—Norm Lantz; 69—Calvin Apperson; 70—Bill Howe; 71—Bud May; tie at 72—Mike Driver, Vince Nucaso, J.R. Roosa, Irvin Gackowski and Paul Bell

D Flight: tie at 69—Jimmy Johnson and Dick Fields; 71—Joe Morea; tie at 72—Norm Lallier and John Newell

9-Hole Individual Net

December 21 • Tortoise & Hare

31—Mike Sica; 34—Bill Hunter; tie at 37—John Gartung and Gordon Blanchard

9-Hole Individual Stableford

January 4 • Net

19—John Gartung; 18—Gordon Blanchard; tie at 17—John Ricciardone and Bill Hunter

MGA 1 & 2 Individual Stableford

January 4 • Tortoise & Hare

Net

A Flight: 41—Marty Goet; tie at 38—Lloyd Hoefer and Rick D'Addio

B Flight: tie at 41—Steve Gregely and Dan Carty; tie at 40—Dick Griswold and Joe Cameron; tie at 38—Lew Berry, Doug Graham and Bill Bervinkle; tie at 37—Bob Bell and Rocky Groomes

C Flight: tie at 41—Mike Driver and Don Hink; 40—Frances Caprez; tie at 37—Douglas Coleman and Tom Deegan; 36—William Flannery; 35—Mike Flynn

D Flight: 40—Barry Barringer; 39—Jack Border; 38—Bob Beale; tie at 37—Harry Brower and Dan Bellefontaine

MGA 3 & 4 Individual Stableford

January 4 • Links

A Flight: 43—Ed Kłodzen; 38—Millard Sadler; 37—Charlie Strauss; 36—Tom Samith

B Flight: tie at 39—Kas Kaske, Dick Norris and Kenneth Vanderkolk; tie at 38—Paul Stone, Bill White and Leonard Ruble; 37—Joe Rosinski; tie at 36—Frank Smith, Alan Mudie and Charles Mattingly

C Flight: tie at 40—Wally Schilf and Bill Howe; 39—Ross Macdonald; 38—Don Scott; 37—Norm Lantz; tie at 35—Richard Schiller and Joe Michaelson

D Flight: 44—Ralph Schmidt; 38—Frank Palotta; tie at 36—Gordon Phillips and Roy Myhr

2 & 4 Team Best Ball

January 11 • Tortoise & Hare

117—Dick Gray, Ed Darichuk, Don Scott and Gordon Phillips; 118—Roy Goszewski, Rocky Groomes, Bill Howe and Ralph Schmidt; 119—Lloyd Hoefer, Ron Thompson, Don Hink and Fred Rodriguez; tie at 121—Millard Sadler, Steve Gregely, Jerry Segovis and Bob Selmon; and Joe Quaranta, Dick Grimm, Kenneth Vanderkolk and Richard Hess

9-Hole Team Best Balls

January 11 • Team Net

65—Roland Smith, Albert Novotny and Bill Hunter; 67—L.J. Patterson, Gordon Blanchard and John Gartung

1 & 3 Team Best Balls

January 11 • Links

Tie at 117—Joe Cameron, Jack Ashenfelter, Ed Desmarest and Chuck Doyle; and Ron Cleveringa, Charles Mattingly, Bill Krusen and Barry Barringer; 118—Rick D'Addio, Bob Cates, Mike Driver and Al Briguera; tie at 120—Larry Chase, Ed Kłodzen, Frances Caprez and Joseph Bologna; and Bob Bell, Alan Mudie, Tony Capillo and Armando Pena ☺

Landscape Debris Pickup Schedule

Curbside Pickup

Monday

Americana Village
Friendship Village
Friendship Park

Tuesday/Wednesday

Friendship Colony

Thursday

Williamsburg
Providence 1 & 2

Friday

Crescent Ridge 1 & 2

Avalon

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March 4

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Golf Lesson Tee

Nick Montanaro

This month's column will focus on the rhythm and tempo of the golf swing. Mechanics are important, but relaxation and flow are vital in achieving a solid swing.

The next time you head out to the range, instead of hitting balls, try to think about swinging the club. Take a few practice swings feeling a nice pendulum type motion. Resist the urge to hit at the ball. With this new mindset, set up to the ball and take a nice smooth comfortable swing. Maintain good balance throughout your swing. If you lose your balance you are swinging too hard.

Establishing good crisp contact is more important than swinging hard. Only after you consistently strike the ball should you attempt to hit it farther. Swing the club without anxiety and you will be surprised where the ball goes. ☺



Golf Rules Corner

Bob Hughes

January's Question & Answer

Q. A player plays a stroke at his ball, which is lying out of bounds. What is the ruling? Rule 15-6

A. A ball lying out of bounds is no longer in play and thus is a wrong ball. In match play, the player loses the hole. In stroke play, he incurs a two-shot penalty and must proceed under Rule 27-1, incurring the additional one-shot penalty prescribed in that Rule.

February's Question

Q. A player marked the position of his ball with a coin, lifted the ball and pressed down the coin with the sole of his putter. He walked to the edge of the green and then noticed that the coin had stuck to the sole of the putter. What is the ruling? ☺



Handicap Committee

Patricia K. Del Vacchio

Due to the cold weather on January 7, our Scramble was postponed until January 14. As of this writing I have no idea if the weather cooperated that day or not. I'll fill you in next month.

I would like to take this opportunity to pass along some information concerning the Tortoise and Hare Course. Hopefully most of you know this but for those that don't ... do you know there is a sign to the right of the computer telling you how to score the Tortoise and Hare if that course has been shortened?

If we have had rain and the No. 5 and or No. 10 hole is shortened to a par three (3), this sign tells you what to do so you can put your score in the computer for handicap purposes. It's very simple. Take a look when you're at the clubhouse. Personally, I love that course and find it very female friendly. It's a shame not to play just because of two holes. Anyway, take a look at the sign.

Wes Dumeer, treasurer for the Handicap



Photo by Larry Resnick

Denise Fuqua, left, Hospitality Division Food and Beverage Manager, Jeff McDonald, On Top of the World Director of Golf, and Bob Hughes, First Assistant Golf Pro at Candler Hills, address the 18-Hole Ladies' Golf Luncheon attendees in the Health & Recreation Ballroom in January.



Ladies 18-Hole Golf

Mary Sohler

What a gorgeous January we had here at On Top of the World—a great way to start the New Year! February brings us a special event: the nine-holers' invitational to be held on February 14. This will be a scramble followed by a luncheon. Watch the bulletin board for details. Note that if you are paying by check for this event, the check should be made out to the 18 holers as usual.

Looking ahead to March, the Member-Member will be held on March 14 so find yourself a partner and plan on a fun round of golf! There will also be a luncheon following golf. The championship tournament is also in March. If you are hoping to play in this event, check page 15 of the Handbook for information about eligibility.

We're happy to welcome four new members to the 18 holers: Jackie Rose, Tish Dertien, JoAnn Roney and Kathy Hoefer. It's great to have you with us!

Committee, is a fountain of information. He recently gave me a sheet with information from the USGA Handicap Manual regarding: Unfinished Holes and Conceded Strokes

A player who starts, but does not complete, a hole or is conceded a stroke must record for handicap purposes the most likely score he/she would have made. The most likely score may not exceed the player's Equitable Stroke Control limit. The most likely score should be preceded by an "X" on the scorecard.

Holes not Played or not Played Under the Rules of Golf

If a player does not play a hole or plays it other than under the Rules of Golf, the score recorded for that hole for handicap purposes shall be par plus any handicap strokes the player is entitled to receive on that hole. This score, when recorded, should be preceded by an "X".

Equitable Stroke Control

All scores for handicap purposes are subject to the application of Equitable Stroke Control (ESC). This mandatory procedure reduces high hole scores for handicap purposes in order to make handicaps more representative of a player's potential ability. (If you don't know your ESC check the chart posted above the computer in the clubhouse).

If anyone has any question regarding the information above, please talk to Wes or contact your handicap committee representative who probably doesn't know and will refer you to Wes anyway. (Tee hee.)

On February 4, we'll play a Scotch Two-some. A quick refresher: each player hits his partner's drive and you then pick the best shot to alternate shots into the hole. Be sure and sign up and remember rally time is 9:30 a.m. and we shotgun at 10 a.m. Here's hoping for a little warmer weather, sunshine and a chance to play a better round of golf than I have been! See you at the flags. ☺

On January 12, Ginny Huckel hit a hole-in-one on No. 6 on the Links course. This exciting accomplishment was witnessed by ranger Frank Cipolloso, as well as the others in her foursome. Nice going, Ginny!

Reminder: our Tuesday morning start time is 9. Please don't start before that time; it only clogs up play and causes frustration for other players.

Have you ever wondered who should replace the pin after everyone has finished putting? The first person to hole out should be ready to put the pin back in the cup. If this is done, players can move more quickly to the next hole and this should help to speed up play.

THOUGHT FOR THE DAY: Honest criticism is hard to take, particularly from a relative, a friend, an acquaintance or a stranger.

December 20

Cancelled

January 3

N.C. Scotch Twosome by Flight
Gross by flight

A Flight: 81—Gretchen Normandin and Margie Wade 82—Linda Bervinkle and Beverly Ovrebo
B Flight: 90—Kathy Hoefer and Louise Suver 95—



Ladies 9-Hole Golf

BJ Leckbee

February 14 will be our chance to mingle with the 18-hole ladies. That's the date we've invited them to join us for play. We'll be meeting at the flags at a special time—8:30. Each player will be able to buy a muligan and teams will consist of players from both leagues. It's a scramble, and prizes will be awarded for closest to the pin and closest to the line. If you sign up for lunch afterward maybe you'll be able to find out how the other teams did.

Carol Bell and Darlene Clark are accepting prize donations for our annual invitational. The prizes can be golf-related or not.

Harriet Brower and Ginny Huckel

C Flight: 95—Carolyn Cummings and Doris Holman 103—Margie Hink and Georgette Perrault

D Flight: 97—Helen Foskett and Jeanne Rice

99—Andrea Flannery and Marjorie Myhr

Net by flight

A Flight: 62—Sandy Chase and Joan D'Addio

64—Nancy Nicholas and Valerie Smith

B Flight: 62—Carol Johnson and Marg Mens

67—Agnes Lindley and Velma Rose

C Flight: Tie at 69—Norma Cleveringa and Angelita Pena, Rose Hoovler and Dorothy Muller

D Flight: 61—Ruth Border and Jackie Page 61—Esther Lang and Connie Shirley

January 10

Scramble

Team Gross

71—Sandy Chase, Phyllis Jarskey, Rose Hoovler, Deb Phillipson; 72—Beverly Ovrebo, Norma Cleveringa, Lou Borders, Catherine Becroft; 73—Linda Bervinkle, Janet Kingsley, Andrea Flannery; three-way tie at 74—Velma Rose, Jean Culp, Helen Bextermueller, Helen Foskett; Janet Juhlin, Laury Hall, Fran Griswold, Sylvia Mark; Phyllis Gaddy, Georgette Perrault, Jeanne Rice ☺

The best guideline is to give something you wouldn't mind getting yourself. We'll host members from various leagues in the area and hope to make this a memorable event for them. This is our chance to showcase our home course and to host some of the leagues who've hosted us in the past. Many of our members are working hard to make this event one we'll all be proud of. Continental breakfast, golf, lunch, prizes—does it get any better than that?

January 3

Team Gross

Links East: 40—Deni Dehart, Nancy Booth, Therese Bell and Pat Kizer; 43—Sumiko Bridges, Helen Degraw, Marilee Dam and Michaela Beyer; also at 43—Pauline Beloin, Ann Hetzel, Carol Bell and Olive Eick

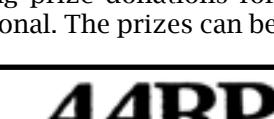
Links West: 43—Ellie Rapacz, Phyllis Smith and Sylvia Willoughby; 44—Carol White, Bernice Michaelson, Donna Swiger and June Schmidt

January 10

Ribbon

Team Gross

Chip-ins: Carol Bell, Michaela Beyer, Marilee Dam, Jean Flynn, Bernice Michaelson, Marilyn Rowe Tie at 52—Carol White, Bernice Michaelson, Helen Degraw, Michaela Beyer; Lois Tatonetti, Beryl Leckbee, Ann Hetzel Tie at 53—Marie Greco, Dorothy Wagner, Marlene Floeckher, Laura Jean Teyral; Grace Bock, Mary Carson, Marie Palombo 54—Millie Nucaso, Violet Sica, Jean Flynn, Rolla Geiser ☺



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February 6 and 7

March 6 and 7

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The Travelors

Jo Apperson

On January 13, 44 members and guests traveled to Citrus Springs Golf Course. Our hosts for the day were Phyllis Jarskey and Carl Arnold. Doris Holman, Bev Ovrebo and Don and Marlene Floeckher were our guests for this event.

The game for the day was two best balls and the winners were:

1st—Bill and Andy Flannery and Don and



Mini Golf

Jack Coyle

Providence Putters

December 20

Ladies: 41—Dori McConvile; 54—Emmy Ricciardone

Men: 46—Joe McConvile; 51—Ben Resta

December 27

Cancelled

January 3

Ladies: 45—Emmy Ricciardone; 55—Dori McConvile

Men: Tie at 39—Sal Tarallo and Bob Maxwell;

44—John Ricciardone; 45—Joe McConvile; 47—

Oliver Aube

January 10

Ladies: 44—Dori McConvile; 45—Inge Vogt;

46—Emmy Ricciardone; 47—Sandra Ensley

Men: 38—Kurt Vogt; 42—Oliver Aube; tie at 45—

Joe McConvile and John Ricciardone

Sunday Mini-Golf

December 18

Rained out

December 25

No Games

January 1

Ladies: 41—Dori McConvile; 42—Eleanor Krowka; 44—Florence Soens; 49—Emmy Ricciardone

Men: 36—Sal Tarallo; 42—Dick Soens; 45—Oliver Aube; 49—John Ricciardone

Marlene Floeckher; 2nd—Paul and Georgette Perrault, Dick Hess and Bev Ovrebo; 3rd—Cal and Jo Apperson and Phil and Connie Shirley; 4th—Chuck and Nancy Nicholas, Doug Coleman and Elsie Calabrese; 5th—Jack and Ruth Border and Bill and Jean Culp; 6th—Art and Barb Buecher, Roy Myhr and Doris Holman

Our next event will be at Silver Springs Shores Golf and Country Club on February 10. Our hosts for the outing will be Ed and Nancy Darichuk.

Bill and Andy Flannery will be handling our annual three-day spring outing in Sebring on April 10 through 12. More information will be e-mailed to members in the near future. ☺

January 8

Ladies: tie at 43—Emmy Ricciardone and Eleanor Krowka; 47—Florence Soens; 50—Chris Resta; tie at 52—Rena Tarallo and Jennie Griglio

Men: 38—Ben Resta; 41—Sal Tarallo; 43—Dick Soens; 49—Oliver Aube

Thursday Mini-Golf

December 15

Ladies: 47—Rena Tarallo; 48—Maria France; 50—Florence Soens; 52—Dori McConvile

Men: 39—Sal Tarallo; tie at 41—Dick Soens and Joe McConvile; 44—Ray France; 56—Oliver Aube

December 22

Ladies: 41—Eleanor Krowka; 43—Florence Soens; 48—Emmy Ricciardone; 49—Dori McConvile

Men: 41—Sal Tarallo; 46—Dick Soens; 49—Joe McConvile

December 29

Ladies: 43—Dori McConvile; 44—Florence Soens; 45—Eleanor Krowka; tie at 48—Chris Resta and Marge Saxon; 50—Emmy Ricciardone; 52—Maria France

Men: 39—Dick Soens; tie at 40—Ben Resta and Sal Tarallo; 43—Glenn Saxon; 48—Joe McConvile

January 5

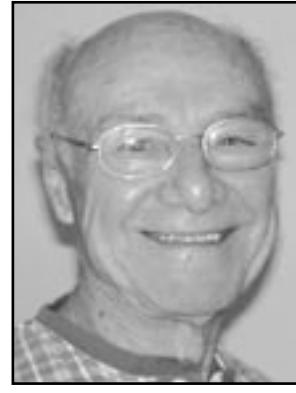
Ladies: tie at 39—Florence Soens and Eleanor Krowka; 44—Emmy Ricciardone; 47—Maria France; 51—Chris Resta

Men: tie at 39—Ray France and Ben Resta; 40—Sal Tarallo; 42—John Ricciardone; 46—Dick Soens; 51—Oliver Aube

January 12

Ladies: 41—Emmy Ricciardone; 45—Chris Resta; 47—Eleanor Krowka; 48—Maria France; 49—Dori McConvile; 52—Florence Soens; three-way tie at 54—Jennie Griglio, Rena Tarallo and Bernadette Jacobson; 55—Marge Saxon

Men: 32—John Ricciardone; 39—Sal Tarallo; tie at 44—Jo McConvile and Glenn Saxon; 45—Oliver Aube; 46—Ray France; 47—Ben Resta; 48—Dick Soens ☺



Billiards

George Tookmanian

On January 10, your club met at the Bamboo Cafe to honor the outgoing officers and welcome the new officers and to enjoy the fine buffet luncheon that was on the menu. President Vern Uzzell thanked his staff and members of the club for a very successful two years in office. John Dieckman was lauded for his efforts toward putting on a very fine fund raising show and filling in for Vern at various times. Art Wilson was thanked for his very fine work as our treasurer, as was Esther Lang for her efforts as our secretary. Of course, Vern recognized Penny Wilson's excellent hostessing over the past couple of years. Last but not least, Vern recognized our "elder statesman," Peter Paulus, for his contributions to the advancement of our club. He then introduced Richard Impressa, our new president, by turning over the "gavel" to Richard. Richard then listed his executive board as follows; Kathy Lorenzo, vice president, Penny Wilson, second vice president, Ray Stover,

treasurer, Esther Lang, recording secretary.

So, fellow members your officers are installed, eager to do a good job; why not support them and pay up your dues? If you have not done so, and let's get on with making our facilities and club the best in this "neck of the woods."

Before I forget, you should know that meeting dates and times and location have been changed. May I suggest you check the doors to the poolroom, as a notice will be posted there. The new location will be the Ceramic Room, the large room at the opposite end of the poolroom. See you there! This paragraph is from Richard Impressa to all members and interested parties, so please read and give some input, OK? Your new officers would like to know what is of interest to you as members of the On Top of the World Billiards Club. We believe the club should perform to the benefit of its members. If you have any ideas for improving the billiards experience in On Top of the World (more tournaments, prizes, picnics, potluck dinner meetings, better facilities, newsletter, etc.), fill out one of the suggestion forms next to the suggestion box and drop it in the box. We will review and discuss the feasibility of these suggestions at the next scheduled meeting. You can also drop off your dues for 2006 in the same box if you haven't paid them yet.

As of this writing, the "A" team is undefeated in tournament play, but I believe one of their opponents tied them. The "B" team, however, is a more sociable bunch. We don't like to have our opponents to be disappointed. We have only one win! Maybe we should light some candles or bring some rabbit's feet. No doubt we gotta PRACTICE! As for the ladies, they get better and better, winning at the start of the New Year. Keep on stroking ladies! ☺

Florida and Arizona are particularly active in shuffleboard. Retirement communities are especially active in shuffleboarding. Here at On Top of the World we have facilities and courts that rate with the best in the area. The club is open to all residents.

At a recent community breakfast we were talking about the club's beginnings and Helen Eshbach was telling of the days when Jack Huard and other dedicated residents were collecting aluminum and paper to help fund equipment and material for organizing the shuffleboard club (in the mid-80s). Jack used to store the scrap in his garage. The beautiful magnolia tree at the courts is in memory of Jack.

At the membership meeting in January some of the members expressed an interest in playing on other days in addition to their regular team play. A show of hands indicated a general interest.

It was agreed the prospect would be considered at the next executive board meeting and the outcome will be presented to the general membership at the March meeting.

At present there is open play on Thursday afternoons. This is primarily Ten Pin Shuffling. But there is no reason standard play could not take place as long as courts were available. This is available to all residents.

The January meeting was followed by a luncheon of pizza and ice cream, then some fun play at Bingo. This function was very well organized and conducted by Helene Sternberger and her staff. A well done and thanks to all. The next general membership meeting is scheduled for the second Thursday in March.

Despite the chilly and windy weather a shuffleboard clinic was held on January 14. This was aimed at beginners and those interested in improving their skills and learning game strategy. John Mataya, Tony Manzo and George Hyja conducted the clinic. It is strongly recommended that more members take advantage of these clinics. They will improve skills and increase one's enjoyment of the game.

Winners for January

Men

Monday a.m.: Bob Schuck

Monday p.m.: Bob Eberly

Tuesday p.m.: Stan Magen, Richard Miles

Wednesday p.m.: Tony Manzo

Thursday a.m.: Bob Harrsch

Friday a.m.: Frank Chamberlain

Women

Monday a.m.: Betty Cullum

Monday p.m.: Penny Luetkemeyer

Tuesday p.m.: Paula Magen

Wednesday p.m.: Agnes Hiskman

Thursday a.m.: Evelyn Wharen, Carol Lopez

Friday a.m.: Mary Lu Chamberlain ☺

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Meals on Wheels Needs Volunteers

Volunteers are needed to help with the Meals on Wheels program at On Top of the World. The time required is two hours a month every other month. Substitutes are available if needed.

While nutrition is the prime objective, personal contact is also very much appreciated by many of these homebound people.

Contact Stan Magen at 873-3433. ☺

Champion Woman Bowler Here At On Top of the World

By LARRY RESNICK

Bowling sure is a popular sport and pastime for many On Top of the World residents. Recently, while checking bowling statistics, such as scores and averages and game results, one particular name grabbed my attention.

Among the women bowlers of the Monday and Thursday On Top of the World leagues, Jacquie Page's name stood out with records of highest single game, highest score series, highest average, highest handicap game, but not highest handicap series where she holds third place at this writing. These statistics are quite an accomplishment and I thought this deserved some recognition, which triggered my interview with Jacquie.

What impressed me even more upon interviewing Jacquie was her ability to achieve these remarkable bowling standards after suffering some very serious debilitating medical problems back in 1994.

Jacquie states that she first bowled at age 16 back in Chicago and the very first ball that she threw got her a strike, which means she knocked down all 10 pins, for those not familiar with bowling. She reports that it went downhill from that great start. She couldn't bowl much back then because money was kind of tight for her.

At about age 50 Jacquie picked up on bowling again. Her husband became a bowling instructor and was about to turn professional but never quite took that step. She relocated to Clearwater, Fla., in 1976 and was bowling about three times per week by then. She says that she just loved the game and became proficient at it. Eventually she moved to the Crystal River area and became a bowling instructor there for about 10 years, working mostly with seniors who she says are a joy to work with.

Jacquie now bowls twice per week most weeks, has a 160 pin average score and says she enjoys bowling in the league with her teammates. When asked about how many marks (all pins knocked down in a single frame) she makes per string or game, she

said seven or eight, which to this reporter seems terrific.

Jacquie wears a very special leather wristband almost up to her elbow and states that she has a very weak wrist and this wristband helps give her lift for the ball she rolls. When asked how any of us become really good bowlers, she advises to take a few lessons. She says practice does not make perfect as you only practice the bad habits that you developed. Jacquie now helps many league members with lessons and tips on bowling and states that most people have the ability to become good bowlers and that she never met anyone that she couldn't help their average score by at least 10 pins.

Jacquie's highest score in tournament bowling was 278 and second highest was 245 pins. She belongs to the 600 club, which means she scored at least if not over 600 pins in a three-game series. She says that when she has a real good game going there is a lot of pressure near the end of the game to make a good finish, and that causes her to over-compensate her efforts.

She says that she is a better bowler than golfer because she beats herself up mentally at golf with club selections and distance estimates, but loves both sports passionately.

Jacquie recommends that when purchasing a bowling ball that you have a professional drill the ball for your finger holes and not just for the size of your hand.

She says that if anyone ever wants some help with their bowling just to ask her when she is at the bowling alleys on Mondays and Thursdays. This reporter did just that some time ago while bowling against her team and she helped a great deal, improving my bowling average by about 10 pins. That also helped trigger this interview and story. Jacquie says she can't wait for the proposed new bowling alleys to be built in the new Town Center that is going to be part of the On Top of the World Communities.

Isn't it great to have interesting and friendly neighbors like Jacquie Page? ☺



Photo by Larry Resnick

Jacquie Page holds records of highest single game, highest score series, highest average and highest handicap game in the Monday and Thursday leagues.



Friendship Amateur Radio

Ed Brendle

At the January meeting of the Friendship Amateur Radio Club it was noted that the FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, needed some refinement regarding specifics, and these were addressed and resolved. A demonstration of Echolink took place, illustrating how the ham radio, computer and an antenna can provide the tools necessary to communicate anywhere, anytime. There are many modes available utilizing this kind of

communication.

A slate of officers was presented to the club by KE4PMB, Don Hatfield, for the year: president, Ken Simpson, W8EK; vice president, Doug Hawkins, W3HH; secretary, Terry Sparks, KI4HUK; and treasurer, Jim Hatfield, WA3FJF. Installation of these new officers will take place at the February 13 meeting.

Members were reminded that the annual dues will be due on March 1. The next scheduled meeting will be February 13 and all members are urged to attend and bring a guest. Discussions will involve the Web site access again and its contents.

The FARC is open to all "hams" and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching both Morse code and theory to help you earn your license.

The FARC meets at the West State Road 200 Sheriff's Auxiliary Station the second Monday of each month. Members offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz. The FARC's club call is K4FRC.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☺



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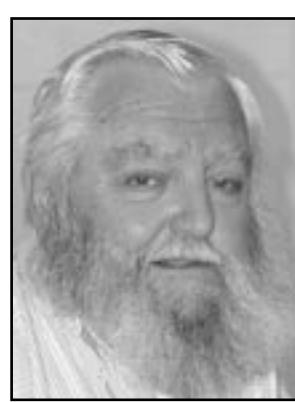
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Bocce
Bob Woods

Important notice and I mean important. There will be a general bocce meeting for all—I said all—players of bocce to be held at 3 p.m. at the Health & Recreation Ballroom on February 6. The main topic of discussion will be the future of our bocce league, or if you wish, our way of playing bocce.

If you want to find out and have something to say about our future, then by all means please attend this meeting.

The winter session opened January 9 and only two leagues were all present and got off to a great start as well as did other leagues throughout the week.

It was decided to try a new line of play for those incomplete leagues on opening day so each player would and could play bocce even though there was no league. A league, by the way, consists of four teams with four players on each team. A total of 16 players, no more or less, is needed to have a complete league.

The new way of playing that On Top of the World is experimenting with is used in other local 200 corridor communities. It was decided by the board to give it a try so

members of incomplete leagues would have a chance to play.

The entire concept of bocce playing will be discussed at the special general meeting that I mentioned above.

Some players will not play if it is too cold even though they said they would be there at a certain starting time. Some have made other arrangements during bocce time slots.

By not showing up for scheduled play times, players do not realize they are placing an inconvenience to their own team members, the opponent team as well as their league.

Now for some pleasant tidbits: I see and have been told by many players in the past few days that our courts are getting a little better. The carpeting nap is getting a little flatter, making the ball roll a bit faster and many comments state that the courts look a lot better.

Last month's column asked two questions, the first being who is responsible to ensure team members are present and on time for league play.

The second question asked who is responsible for obtaining substitutes for team members unable to attend a scheduled match.

The answer to the first question is the team captain and the answer to the second question is that the team member is responsible for obtaining a substitute.

Questions for next month are: what happens in mid-frame when a team player rolls a ball that results in a tied ball with their opponents and the second questions related to the same problem is what happens after the frame is completed and a tied ball situation after measurement occurs?

Answers will be in the March column.

Hopefully we will see you all at the special general meeting; if not, see you all on the bocce courts.

Keep those balls rolling. ☺

Thanks to Mike DiBari for coordinating, Craig Ehle on audio and Stan Magen, stage manager.

We are looking forward to a workshop on clowning and makeup with Publix's Brian La Palme. He is a talented magician, ringmaster and make up artist. D'Clowns are grateful to him for taking the time to work with us.

Additional visits and shows will be planned for assisted living residences and nursing homes in the area. We look forward to having Fay Alton (FiFi) return to the group as well as our other clowns who have been away for the holidays.

We wish to thank the following who responded to our request for Mardi Gras beads that we give to people in the residences: the Acres, the Mullarkeys, Fran Mencher and Charlotte Rother. Our cup runneth over!

D'Clowns and their guests will enjoy our annual "thank you" dinner at the Olive Garden on February 12. What a large group that will be. Don't forget a grab bag gift!

Hopefully at this reading the cold temperatures will have passed and we can enjoy warmer weather. We'll be watching that groundhog on February 21!

D'Clowns are a fun group who enjoy bringing smiles and laughter to people of all ages. We just know that there's a clown inside you bursting to get out. We will help you with all aspects of clowning.

Please free to visit us at our meetings on the first and third Mondays of the month in Suites B and C of the Arbor Conference Center at 1:30 p.m.

For additional information, please call Paula at 873-3433.

Happy Valentine's Day! ☺

Additional visits and shows will be planned for assisted living residences and nursing homes in the area. We look forward to having Fay Alton (FiFi) return to the group as well as our other clowns who have been away for the holidays.

We wish to thank the following who responded to our request for Mardi Gras beads that we give to people in the residences: the Acres, the Mullarkeys, Fran Mencher and Charlotte Rother. Our cup runneth over!

D'Clowns and their guests will enjoy our annual "thank you" dinner at the Olive Garden on February 12. What a large group that will be. Don't forget a grab bag gift!

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Happy Valentine's Day! ☺



Clown Express
Ferrell Van Horn

Ocala Clown Express held its annual Christmas Party the first week in December. We had such a good time. Each person brought a gift for exchange. Numbers were given out to each clown and guest and when your number was called you would pick a gift. The only thing about doing it that way was the next person could take your gift and then they would pick again. Some of the things kept exchanging over and over again. What a fun time. "SweetPea" really worked hard getting it all together. "Rosey Nosey" jumped in and helped with the numbers and handing out the gifts. Plus, the food was wonderful and plentiful. Thanks for all your hard work.

Eighth Street Elementary school asked us to join them during the holiday season. Off we went to do skits that would get their attention and leave them laughing. It is always so much fun to be around young children, especially during the holiday season. Of course stickers were given to each child, you know how the little ones love stickers.

Boggy Creek Camp for severely ill children held a huge Christmas Party this year. Ocala Clown Express was there to join in the fun. We had our own area where we face painted, did tattoos and just clowned around. We had well over 200 children. We always feel so good after we leave Boggy Creek. It is such a loving and well cared for camp.

The Red Hatters held their first Golf Cart Parade. Some of us that are Red Hatters joined the group in costume and as we

drove through the community we handed out or tossed candy canes (provided by Lolly Foos) to all those that came out to see us. We were sort of Santa clowns. What fun. We had 21 carts in our group that covered Americana Village, Friendship Village and Friendship Park.

Another 21 carts covered Crescent Ridge, Williamsburg and Providence. This group also had clowns. If you didn't see us you really did miss a treat. The Red Hatters outdid themselves. Most of the carts were decorated so cutely and it must have taken days to get them ready. Ocala Clown Express was pleased that we were asked to join. Way to go Red Hatters.

The Foster Children's Christmas Party was held at the Wings of Faith Church this year. The crowd wasn't as large as it was last year, but we all had a great time. Being a foster parent is really rewarding. These children are so lucky to have someone who loves them like these parents do. Ocala Clown Express was busy doing our thing and the children really enjoyed having us around. It makes our Christmas to see that the children are doing so well.

As Christmas drew near it was hard to find a clown who could spare some extra time to do a gig, so our own "Dotsy" said "no big deal," she could do it. After all it was only for 2- and 3-year old children at Kangaroo Day Care. Well, she did it all right and found out that they can be a handful, especially around the holidays. Hats off to you, "Dotsy." You made their day.

As you must have read, Ocala Clown Express was on hand for the first picnic in Liberty Community Park. Two of our face painters were really busy painting faces while others tried to keep all the little ones in line so they wouldn't miss getting their faces painted. Hot dogs and hamburgers were a big hit along with all the neat equipment for the children to play on. What a great asset for the 200 corridor. You see we really do have children in our area. They still need more equipment and, hopefully, the community will come together and make sure the park is fully equipped.

If you have spare time or would like to see what we are all about, just give "Dotsy" a call for more information at 873-9223. If you get her machine, just leave a message and she will get back to you.

Keep smiling, "Cricket." ☺



D'Clowns
Paula Magen

Now that the holidays have passed, D'Clowns can get down to some more "serious" clowning.

We are still reeling from December's Breakfast with Santa at Blessed Trinity. What a party that was! Fortunately, there were nine of us for more than 100 children for whom we did balloons, face painting and tattoos. How nice it was to see our picture with Santa in the *World News*.

In December we also visited both Hampton Manor assisted living homes on Route 484. It was such fun and they enjoyed joining us in singing holiday songs.

Getting ready on fairly short notice to do a show for the Italian American Club was no easy chore but D'Clowns were terrific! Our skits went over well including one new one. We really enjoyed performing. Our new clown, Ellie, did a super job as announcer.

D'Clowns and their guests will enjoy our annual "thank you" dinner at the Olive Garden on February 12. What a large group that will be. Don't forget a grab bag gift!

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Happy Valentine's Day! ☺



Wood Shop
Ray Utiss

If you attended our annual meeting/breakfast, I am sure you had a good time. There was a large turnout of members and guests. The buffet was well done, as was the short business meeting.

I want to thank our president, Gordon Cich, and his helpers. Nick Zoccoli made the catering arrangements. Paul and Carol Bronsard and Paul Triolo worked to make the event run smoothly. There was a 50-50

raffle; Carmel Whetzel won it. The highlight was the fact that he donated his share back to our Wood Shop. Thank you.

Another thing to plan for is our spring picnic. The date will be announced later. There will be a novel feature at the picnic. It will be a member "show and tell." Each member can bring something they made to show others. Start thinking now about what you want to show other members. Watch this column and the bulletin board at the Wood Shop for the date of the picnic.

Monday night classes have resumed. This is definitely a good time to go over your skills and receive some safety training. From the time you enter the Wood Shop until you leave, think "safety."

I hope everyone had a happy and joyous holiday season. ☺

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EVENINGS & WEEKENDS

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The New York/New Jersey board members attend the Christmas party. From left are Danny Collara, Gloria Aiello, Liz Ettel, Terry Zarrella, Gladys Bevalacqua and Glo Hutchings. Sitting on Santa's (Frank Palotta) lap is Carol Berta.



New York/ New Jersey

Terry Zarrella

Our club received many kudos for the Christmas party. Many members thanked us at the party and I received many calls at home saying how much you enjoyed the party. The food was excellent, the decorations outstanding and the music was fantastic. Santa and his gifts topped off the meeting and everyone had a great time.

Now you may be wondering: "How do I get to join in this fun?"

If you are a new resident in On Top of the World, we welcome you to join us at our meetings held the third Tuesday of every month in the Ballroom at the Health & Recreation Center. The meeting starts at 2:30 p.m.

If you have any questions do not hesitate to contact me at 861-4947.

Tampa Bay Downs trip on February 7 was a sellout. Two buses will be leaving the RV parking lot promptly at 9 a.m. Be sure to be there by 8:45 a.m. We all look forward to this trip and I wish you good luck on that day.

Our "Member(s) of the Month" starting the New Year are Glo and Sherm Hutchings. This couple has been residents of On Top of the World almost 12 years. They have been members of our club for the same amount of time. Sherm will soon be back to golfing, his favorite pastime, and as for Glo I would need a whole page to tell you what she's involved in. There is so much to do at On Top of the World and Glo is involved in almost everything, including vice president of this club, 100 Grandparents, Theatre Group, The Singing, Swinging Seniors, ceramics, bowling, Meals on Wheels ... I could go on and on. She is one heck of a lady always with a smile, a warm heart and volunteers whenever and wherever needed. We are often mistaken for one another (we can't figure out why as I am the shy one!) but I'm often hugged and kissed in Publix by people I don't even know because they think I'm Glo! So I'm not lying when I say she is loved and cared for by many, including me.

We have great entertainment lined up for the rest of the year. Mark your calendars for February's meeting when we will have our quiz show on "Entertainment—Past and Present." Until then, be well, stay safe, laugh often and dance as if no one else is watching. ☺

50/50 drawings.

We were entertained by Donald Leonard, a storyteller with some serious and many funny stories.

In February, we will meet on the 7th at 3 p.m. in the Health & Recreation Ballroom. It will be a Valentine's Day theme. Illinois members will be honored and our entertainment will be the Songbirds from Cherrywood. ☺



Irish American Club

C.M. Casey

On December 9, the Irish American Club celebrated its gala Christmas party. Oh what a night it was, with good food, good friends, singing and laughter. As with most of our events, our industrious members transformed the Health & Recreation Ballroom into the theme of the party. Red, green and white were the predominant colors, with sparkling lights everywhere, and Christmas plants with little decorations. With these decorations in mind one could almost imagine a wee bit of snow on the ground.

As our members and friends began arriving you could tell the party was going to be

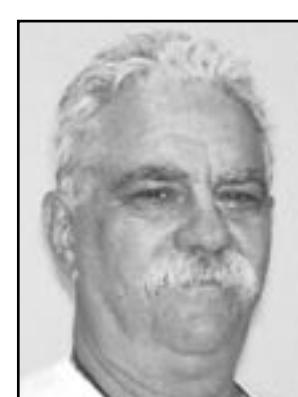
pretty special. You could feel the cheerfulness in the air as members greeted one another or introduced themselves to guests. Our dinner was catered by Rainbow Restaurant and all will agree it was quite tasty. As we finished our dessert, John Dieckman, our president, in his usual gracious way thanked everyone responsible for making the party a success.

Our entertainment for the evening was the world-renowned entertainer, Michael Funge. Before Michael took the stage, our own Bob O'Neal and a Madrigal group comprised of Carol Slimm, Don Slimm, Joan Granser, Bill Shampine and pianist Nancy Muncy entertained us with beautiful Christmas songs. They were a very together group and we look forward to hearing from them again.

Michael Funge, an entertainer who knows all the Irish folk songs and ballads, had the guests and members singing along and thumping their hands and feet to the music. What a wonderful time we all had.

Before we know it St. Patrick's Day will be upon us. Mark your calendars now for March 9. Our Irish festivities will be held at the H&R Building. As part of our entertainment we will have Irish step dancing, a piper and of course Irish songs. A traditional Irish meal will be served. Tickets for On Top of the World residents and guests are on sale February 3 from 8 to 10 a.m. We hope to see you there.

Until next time, "May your troubles be few and your blessings be more." ☺



Social Club

Mort Meretsky



Pennsylvania Club

Pat Utiss

Well, it's Super Bowl time again. This year I'm picking the Indianapolis Colts. Remember, I'm making the pick before the playoffs. Our annual Super Bowl party is on Sunday, February 5, beginning at 5:30 p.m., at the Health & Recreation Ballroom. This is always a great party, and it's only \$2 for a member and \$5 for a guest. I hope everyone called Anne so she and Marie would know how much chicken to cook. I want to remind everyone that they are free to bring their own snacks and drinks, however, nothing alcoholic. Remember to bring dollar bills.

Because February has our Super Bowl party, there isn't any poker/blackjack this month.

On Top of the World has many new residents who may not be aware of our club. If you're reading this for the first time and are interested in joining, call our Commanding Officer in charge of membership, General Bob Tarpley at 854-4027. He will be able to answer any of your questions regarding the club. See y'all at the Super Bowl Party. ☺

For personal reasons, I must write this before the Pennsylvania Club January meeting. A speaker was scheduled on crime prevention. Because I have seen the program in the past, I am sure everyone will learn a lot.

The February meeting will be held in Suite E of the Arbor Conference Center at 3 p.m. on February 8.

After a short business meeting, Roger Bourgault will perform for our listening and dancing pleasure. Roger is an On Top of the World resident. Anyone who has seen him at other functions, will know they are in for a treat.

If you didn't pay your dues at the January meeting, they will be collected in February. The dues remain \$5 per year. ☺



Beth
Pantages
PT
Clinical
Director

Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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This past summer, Hank and Margitta Claterbos traveled to Alaska. Here are a few of the sites they visited.
Photos by Hank Claterbos.

◀ Sea lions bask in the sun atop a channel marker buoy in Prince William Sound outside Valdez, Alaska.

↓ The Sentinel Range reflects in Muncho Lake, British Columbia, Canada, about 400 miles southeast of Whitehorse, the capital of The Yukon Territory.



Attention: OTOW DOGS!

Let me introduce myself - I am Dan and I have been putting together some courses for humans. I figure the best way to get your human's attention is to go through you.

We are going to have a lecture series given by a great veterinarian. His name is Tom Lane, and he's going to speak about the Animal-Human bond, Dogs and Cats, and Horses in Ocala. Your human can get more information about the lectures in the Master the Possibilities catalog, by calling me at 861-9188 or by e-mailing me at dan_dowd@otowfl.com.

Well, enjoy your day! Please let your human know about this and put in a good word. I know they are a lot of work, but to see them happy is great. If only they had tails...

Thanks,
Dan



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- St. Patty's Day
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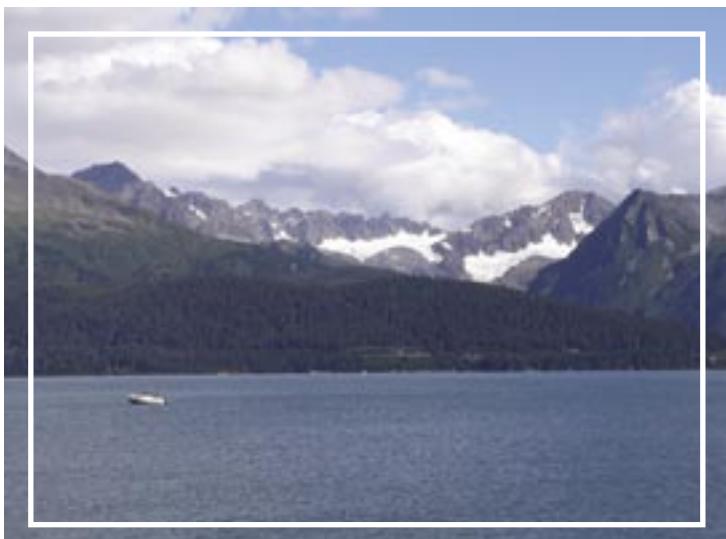
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► The fall colors of the aspen, other trees and shrubs from Highway 4 north from Valdez, Alaska to Delta Junction.

↑ On the southeast side of Alaska's Kenai Peninsula, this is a view looking across Resurrection Bay, the entrance to Seward, Alaska's harbor. Note the two small glaciers in the mountain valleys.

↓ Close view of the Columbia Glacier on Prince William Sound, Alaska, entrance to the port of Valdez.



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R/C Flyers

Jim Lynam

Newly elected president Bob Vance began his duties with the January meeting. His motto for the coming year for the club is to "Fly Safe and Have Fun!"

Activities for the New Year are already being formulated. Improvements to the field will include smoothing the runway and refurbishing the starting and work tables.



R/C LadyBirds

Carolyn Millard

After a brief business meeting in January, the LadyBirds enjoyed lunch at Rafferty's in Gainesville and visited the Butterfly Rainforest at the Florida Museum of Natural History. The walking trail of the 6,400-square-foot screened outdoor enclosure provided the opportunity to walk among tropical trees, plants and hundreds of living butterflies. Several other exhibits offered insight into our past and featured

A new activity within the club that is gaining popularity is pylon racing. The On Top of the World R/C Flyers have invited clubs within the area to compete Saturday, February 18. All residents and guests of On Top of the World are invited to stop by and feel the excitement similar to the Cleveland air races of the 1930s. Registration is at 8 a.m. for participants and the racing heats begin at 9 a.m.

If you thought that the previous November fun fly was spectacular, wait until you see the "Big Birds" show that is being scheduled for April 1. The event is an IMAA official meet that requires the aircraft to be very large: minimum 80-inch wingspans for monoplanes and 60-inch for biplanes. Participants have been invited to attend from throughout the Southeastern United States and, of course, Florida. So, mark your calendars on April 1 to come and see the "Big Boys" fly!

Another new activity that several On Top of the World residents enjoy is kite flying and stunt-kite flying. The On Top of the World R/C Flyers wish to invite any persons interested in this hobby to use the club's parking area for flying. Persons do not have

to be members of the R/C Flyers to fly, but the club asks all flyers to not interfere with model aircraft in the air.

The club presented Lester LeBlanc with a plaque recognizing his dedication and leadership for presiding as president for the past four years. Thank you, Lester!

The On Top of the World R/C Flyers would like to welcome Hud Huddleston and Bill Boone as our newest Model Residents at On Top Of The World. The club wishes the best of Lifestyle with Altitude to Hud and Bill. The On Top of the World R/C Flyers wish to congratulate Dick Nace and Bob Mircacky for earning their Solo Pilot award and wings. The "prestigious traveling trophy" was presented to Lester LeBlanc for the month of December. A new award known as The KEY was established and presented to Dave Serra, while the other new award, the Gorilla Glue Plaque, was presented to Jim Ellis.

All members of the R/C Flyers and spouses are invited to attend the breakfast being held at the 105th St. Methodist Church on the second Saturday of each month at 8 a.m.

All On Top of the World residents are al-

ways welcome to visit our new R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meetings will be held on the first Monday of each month at 9 a.m. in Suites B and C of the Arbor Conference Center.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!

The On Top of the World R/C Flyers wish everyone a happy Valentine's Day and Presidents' Day in February! ☺

Taste of Ocala Hosts 40 Eateries

The 18th annual Taste of Ocala will feature more than 40 restaurants on Sunday, February 26, when the Taste is celebrated in Southern style at the Paddock Mall.

Several new restaurants have signed on for this year's event, which will be held from 7:15 to 9:15 p.m.

Proceeds from *Taste of Ocala* go toward endowed scholarships for local students at Central Florida Community College.

Various entertainment groups will perform Southern-inspired acts throughout the evening on a centrally located stage and as strolling entertainers both inside and outside the mall.

For even more entertainment, a silent auction will offer exciting and unique items that will tempt all bidders.

Advance tickets are now on sale for \$30 each at various locations, including J.C. Penney and Macy's in the Paddock Mall, any AmSouth Bank Marion County branch location, or Chicken Time Restaurant in Belview.

Tickets also may be ordered online at www.cfccfoundation.org. Tickets sold at the door will cost \$40 per person.

Restaurants are encouraged to participate in the Southern motif with decorations and epicurean delights the likes of which can be found throughout the South. The new layout has improved crowd flow during the event. Strollers will not be permitted, and tickets will be exchanged for wristbands as ticket holders enter the mall. Restaurants will serve only those patrons who are wearing wristbands. ☺



Southern Club

Charlotte Hancock

The Southern Club members shared a wonderful buffet dinner. They talked about where they spent their Christmas holidays, the great food they had and their families. We now have 101 members and growing.

Mike Connolly collected 83 gifts from the Southern Club along with gifts from the Lions Club and other groups. They supplied 56 families living in the Ocala National Forest with clothing, toys and food for the holidays. We thank Mike for all his help in distributing these items to those families.

The next meeting is February 2. We will have our usual potluck dinner buffet at 5:30 p.m. Our entertainment will be the Honey School of Dance Cloggers. Please invite all your friends and neighbors to come and see the cloggers at 7 p.m. There is no charge.

One of our club members, Bill Howe, entertained us with his performance of stories and jokes. We want to thank him for the laughter and fun. ☺

Stephanie's Computer Tip for February

By STEPHANIE ROHDE

Free Directory Assistance

Charges for telephone directory assistance calls can be legally out of control in many circumstances; but sometimes paying the fee may be warranted.

Before accruing outlandish fees on your home or cell phone try dialing 1-800-373-3411 (1-800-FREE-411) and see if you can obtain the telephone number you desire. This process begins with a computer voice but if difficulty arises, you are quickly referred to a human (this was my experience).

Additionally, you can search for telephone numbers of individuals, businesses, and even do a reverse search (if you have a telephone number and want to know who called you for example) by visiting: www.free411.com

For additional verification please visit: www.snopes.com/inboxer/nothing/free411.asp



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OTOW Computer Classes

February — April 2006

Course	Day & Time	Dates	Place	Instructor
Basic Computer	Tuesday 1-2:20 p.m.	April 18	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	April 19	Health & Recreation	Stephanie Rohde
Computer Purchasing	Monday 1-2 p.m.	Feb 13	Arbor Club – Suite H	Stephanie Rohde
Basic Internet	Wednesday 1-2:20 p.m.	March 1	Health & Recreation	Stephanie Rohde
Basic Word Processing	Thursday 1-2:20 p.m.	March 2	Health & Recreation	Stephanie Rohde

BASIC COMPUTER — If you're new to computers, want to begin a fascinating journey or have never purchased a computer, this first class is perfect for you. In a very understandable fashion, you'll be introduced to hardware, software, and terminology that will allow you to speak the language. You'll learn exactly what you need - equipment and connections (ISP). Find out what the computer can do for you. Informative, understandable, interesting, and fun. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC COMPUTER II — Know the basics? Now continue your journey. Distinguish among CD-ROM, CD-R, CD-RW, DVD-ROM, DVD-R, DVD-RW, disks and drives. Sound confusing? Then take this class. You'll learn about word processing, spreadsheets, and databases – what they are, how they interact with each other, and most importantly, how they can make your life easier. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC INTERNET — This course is designed for those who are familiar with a computer and mouse. Learn how to differentiate an e-mail from an instant message (IM), about chat rooms, newsgroups and Web surfing. Learn the meaning of browsers, favorites, bookmarks, and search engines. Explore various web sites and how to make safe on-line purchases. Know how "on-line banking" and "bill-paying on-line" differ. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC WORD PROCESSING — Via Microsoft Word teaches you opening, closing, save vs. save as, views, page set-up, shortcuts, print and print preview, print, clipboard, tables, table of contents, fonts, headers and footers, page numbers, page break, symbols, bullets, numbering lists and more. Your computing becomes more advanced, efficient and actually simpler. Minimum 6 students, Maximum 8 students; \$25 per person.

COMPUTER PURCHASING — This class is designed for individuals who are familiar with a computer and mouse especially if you are planning on buying a computer soon. You'll learn purchasing tips on what, how, why and where to buy the items you need to become "computer savvy." This class will also introduce you to the concept of connecting computers, better known as "Networking." By being an informed computer consumer, you'll save time and money. Minimum 6 students, Maximum 8 students; \$25 per person.

COMPUTER MAINTENANCE — Learn how to keep your computer working well for 5-6 years rather than 3 years or fewer by performing routine preventative maintenance. Instruction on daily, weekly and monthly PC maintenance relative to the Windows Operating System is covered. This class is for those who are familiar with a computer and mouse. This is that "ounce of prevention" that saves a lot. Minimum 6 students, Maximum 8 students; \$25 per person.

Call 854-8707 for E-Z Registration or to "Charter a Class."

COMING SOON... The Physics of Money....The Physics of Health & Body Weight... The Physics of Relationships...

Happy New Year to all.

The first meeting in 2006 was on January 11. We had a very good attendance of members. We were fortunate to have a slide show of Germany, thanks to Hank and Marigitta Claterbos. It was most interesting and informative. The slides were not what is seen by most travelers, but of some unique

places. Many thanks again to Hank and Marigitta.

The next meeting will be at the Arbor Club on February 14, St. Valentine's Day.

Starting in March, the meetings will be in Suites E and F of the Arbor Conference Center. The club meets on the second Tuesday of the month at 6:30 p.m.

We extend our welcome to all who have interest in German culture, fun and food. So come on over and have a good time.

At the March meeting we will have a Hummel presentation.

For any information regarding the club call Ernie Liebow at 854-5679. Auf Wiedersehen. ☺

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Bandstand Showcase

Dean Gilchrist

International Dixieland

On Friday, March 3, the West Marion Community Hospital will bring us a seven-piece Dixieland band unlike any we've heard before.

They call themselves "CanAmGer" for the Canadian, American and German players in their ranks, and while you will probably recognize many of the tunes they select, you may have trouble with their accents or the language!

The concert will begin at 7:30 p.m. in the Health & Recreation Ballroom. Tickets are on sale in the Ballroom every Monday, Wednesday and Friday from 8:30 to 10 a.m. Prices are \$5 for general admission and \$7 for reserved seating.

The band was first assembled for a special festival held in Munich, Germany, in November 2004. It was a byproduct of earlier tours the Toll House Jazz Band of Columbus had taken in Germany and the Charivari band from Munich had taken in the U.S. The mix and variety of musical backgrounds resulted in an exciting blend of traditional Dixieland styles and it was so much fun they decided to do it again in the U.S. as soon as they could.

Their members actually represent four well-known Dixieland bands, and they were

unable to clear their calendars until this spring. Their tour will include appearances in Indiana, Illinois, Ohio and Florida. (Venice, Fla., got our usual Sunday afternoon time.)

The people to watch in this band will be cornetist Christian Doering from Munich. He has led the Charivari Jazz Band since its beginning and they recently celebrated a 25-year-long engagement at a hotel in Munich. In between their steady gigs they have played at many jazz festivals in Germany and Italy and have taken two tours in the U.S. Christian will be singing some German jazz tunes in German.

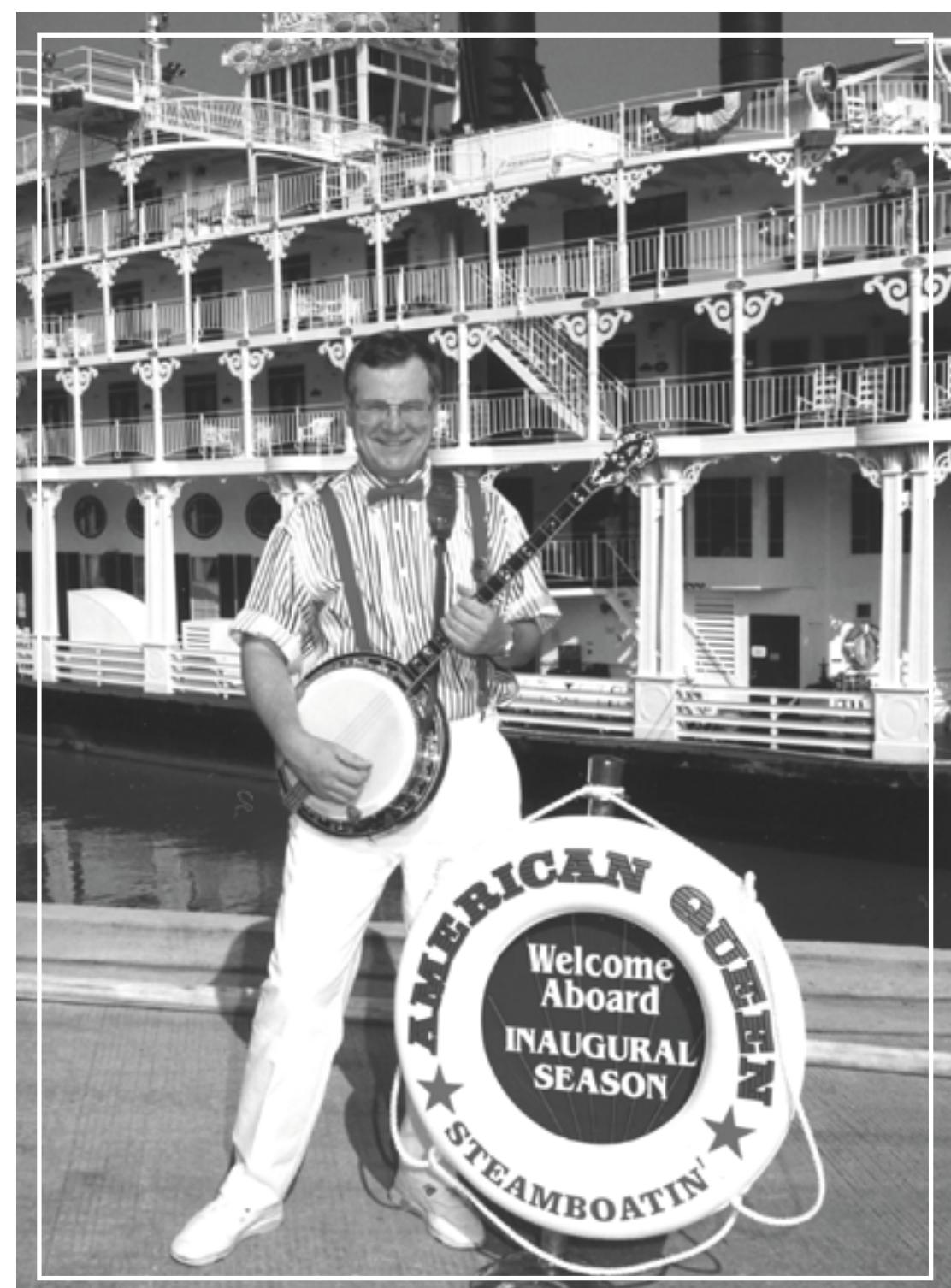
Jim Armstrong, from Victoria, British Columbia, is a multi-talented trombone/trumpet player with a beautiful tenor voice. He sings in French on a few tracks he recorded with CANUS (a Victoria group) and is also a frequent sideman with the Grand Dominion Jazz Band.

Leader Mike Evans plays banjo, does vocals and some nice harmonies with Jim. Mike is also the leader of the Toll House Jazz Band from Columbus, Ohio, a veteran of the Mississippi river boats, and has taken his band on four tours to Germany. When not fussing with the banjo, Mike earned his Ph.D. in biology, and after 30 years on the Ohio State University faculty, still maintains a research laboratory on the OSU campus (part time) and is busy working on experiments for NASA.

Phil Stone, the tuba player, is also a vocalist. (A Dixieland band with four vocalists? ... this concert will definitely not be boring.) Clarinetist John Skillman, presently from Chicago, and for 27 years with the famous Buck Creek Jazz Band from Washington, D.C. (a college pal of Mike's) has played at major jazz festivals across the country.

The more I write about this, the more curious I become. I've listened to each of these musicians playing with their home-based bands and they are all excellent players, but what will they do together? Come on out on Friday, March 3, and find out. I think you will be pleasantly surprised.

Dean Gilchrist is chairman of Bandstand showcase and can be reached by phone on 854-1440 or by e-mail at deanotow1@earthlink.net. ☺



Professor Mike Evans, leader of the CanAmGer Band



Harmonichords

Betty Barney

We have just started back after a summer hiatus and had a nice turnout for our first get together of the coming season.

We welcome our newest member, Lorraine Paszek, along with her accordion. A wonderful addition.

Jane and Roger Williams have invited

us to attend the 25th wedding anniversary party in honor of their son and daughter-in-law. We look forward to playing at this wonderful event.

Not much to report at this writing but hope to have much more in the next issue.

John Dieckman will no longer be our leader and we are hoping someone will volunteer to fill his shoes—which will not be an easy job.

Bill and Charlie will do the set up for our performances. Go guys.

We do have a gig at TimberRidge coming up soon and always look forward to entertaining there.

I was in Connecticut for Christmas and there is nothing like a white Christmas. We all remember the beautiful snow-laden hills but are always happy to return to Florida. No matter what the temperature, it is always warm when you are with your family.

Happy New Year to all and hope many of you will consider joining us at our weekly practice at the Arbor Club on Tuesday mornings at 9 a.m.

Try us; you just might like it. ☺



Opera

Tony Donato

On January 5, our Opera Appreciation Class held its second of five sessions. We viewed a video of Jules Massenet's Manon starring Renee Fleming (soprano) and Marcelo Alvarez (tenor). The class enjoyed the fine, inspired performances of the two artists who are, in my opinion, among the top three or four in their category. To me, Manon is the third after Carmen and Faust.

Our third session will take place on February 2 when we will present The Art of Franco Corelli, Renata Tebaldi and Robert Merrill. To make this video, I took clips from The Voice of Firestone, The Telephone Hour and The Ed Sullivan Show. In this video the three artists sing 24 selections from 12 operas.

Franco Corelli (1923-2003) was the Met's leading tenor from 1961 to about 1971. The tall, handsome divo from Ancona, Italy, had limited formal training and was mostly self-taught. Franco made his opera debut in Spoleto in 1951 and joined La Scala in 1954. In 1961 Franco and Leontyne Price made their debut in Il Trovatore at the Met. It was a huge success for both singers. Franco quickly became the Met's most popular tenor and male singer.

Corelli left the Met after 15 seasons in 1974 and 365 performances. While there was some diminishing of his power and skills, it is generally believed that he retired early because of nerves. Rudolph Bing, the Met general manager, had to encourage and coax Franco continuously before many performances. If it hadn't been for Corelli's great drawing power, Bing probably would have fired him because he required so much personal attention.

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Renata Tebaldi (1922-2004) was a lyric-dramatic soprano who was greatly admired by opera fans worldwide. She was born in Pesaro, Rossini's hometown. Renata made her debut in Rovigno in 1944, in Boito's Mefistofele. Arturo Toscanini selected her for the concert opening of the restored La Scala in 1946. The Maestro said Renata had "The voice of an angel." Soon critics, colleagues and audiences agreed with that assessment. The beauty of her large and gorgeous voice won a huge following for her, but her acting and stage movements were uninspiring.

Renata Tebaldi made her debut at the Met in Otello in 1955. In her 17 seasons she gave 210 performances in 14 roles (36 as Tosca). She retired from opera in 1973 and concert singing in 1976. During her career, Renata Tebaldi was the most popular and beloved soprano with the possible exception of Joan Sutherland.

Robert Merrill (1917-2004) was born in Brooklyn, N.Y., and studied voice with his mother, a concert singer. He was a radio and concert singer before he won a Met audition competition.

Robert made his Met debut in 1945 in La Traviata. During his early years of his career he became the finest American lyric baritone of his generation. In his 30 seasons with the Met he gave 551 performances in 21 roles. Merrill also sang 200-plus times on the annual tours. Robert Merrill was a remarkably consistent performer; his melodic voice was evenly and effortlessly produced, he was appreciated more for his fine singing than for dramatic acting.

The remaining two sessions are:

- March 2: Don Giovanni by Wolfgang A. Mozart (video)

- April 6: The Merry Widow by Franz Lehár (video)

Our class meets the first Thursday of the month in Suite C of the Arbor Conference Center from 1 to 3:30 p.m.

For further information, call Tony Donato at 861-4211. ☺

Italian American Club

Jerome E. Cauda

In the absence of a regular correspondent, this is a quick recap of club activities.

During the January meeting, club officers gave summary reports of the plans of what we can expect for the coming year. The treasurer gave a complete year-end financial report. The club enters the New Year solvent. A great entertainment program was provided by "Sunflower" (Paula Magen) and the troupe of D'Clowns.

The February meeting will be on the 1st at 3 p.m. ☺



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Theater Group

Vivian Brown

Ladies and gentlemen, our upcoming production will be a "Musical Theatre Potpourri." Enthusiasm and excitement filled the air as tryouts were held and rehearsals got underway with Dottie Berkowitz as director and Sandy as her assistant.

Our last show was a great success, thanks to you, and we will try very hard to make this as good or even better. Again the show

will be complete with costumes and scenery.

Please mark your calendar for Friday and Saturday evenings, March 31 and April 1, at 7 p.m. in the Health & Recreation Ballroom. Tickets cost \$7 per person for reserved seats and \$5 per person for general admission.

Tickets will be sold Mondays, Wednesdays and Fridays in the H&R Ballroom from 8:30 to 10 a.m. through Wednesday, March 30.

Our ticket chairpersons are Liz and Harry Ettell, 237-4721. They did such a great job the last time, and they agreed to do it again.

Hope to see you all there. We appreciate and need your support.

Remember, our next meeting will be Monday, February 13, at 2:30 p.m. in Suite D of the Arbor Conference Center. All members please plan on attending as we have many things to discuss in regard to the show.

I want to remind everyone that you must be a member to be in the show. Our dues are only \$5 a year. If you have not paid, please do so. Any question or for information call 291-0246. ☺

The Movie Club Presents

'The Perfect Man' in February

By MARY EHLE

The movie for February will be a comedy entitled "The Perfect Man."

It stars Heather Locklear, Hilary Duff and Chris Noth. It is about a girl who plays cupid for her mom but has to invent the right man to woo her in this comedy. We all know how important it is to have the "perfect" man.

This month there will be a potluck. The club will be providing meatballs and you bring the rest. Bring a dish of food to pass, your table service and your own drink. The potluck will be served at 5:15 so please try

to come by 5 p.m.

The movie will be held at 6 p.m. in the Health & Recreation Ballroom, on February 12. New memberships are available at the door for \$8. If you do not wish to purchase a membership then you can still come at a cost of \$2. The movie is open to all residents of On Top of the World and their overnight guests.

Hope to see you all there on the 12th of February. You do not have to be a member to come and enjoy the potluck. Just bring some food and your \$2 and come and enjoy the fellowship. ☺

Card Clubs & Games

Monday Afternoon Bridge

Lothar & Ruth Lack

We have a friendly bridge game going on Monday afternoon and invite anybody who likes to play bridge to join us. For information, call 237-0965.

December 19

1. Edith & Bill Hunter. 2. Ida Rosendahl & Carol Thompson. 3. Eleanor Giardina & Geri Cassens. 4. Betty Morris & Fran Griswold

December 26

1. Ida Rosendahl & Carol Thompson. 2. Sarah Anderson & Gar Terheide. 3. Eleanor Giardina & Phyllis Bressler. 4. Edith & Bill Hunter

January 2

1. Ellen Horman & Mazie Millward. 2. Sara Andersen & Gar Terheide. 3. Esther Lang & Shirley Stolly

January 9

1. Esther Lang & Shirley Stolly. 2. Fran Griswold & Betty Morris. 3. Eleanor Giardina & Geri Cassens. 4. Edith & Bill Hunter

Monday Night Bridge

Shirley Johnson

December 19

1. Gail Tirpak 2. Phyllis Bressler 3. Myra Butler 4. Dick Mansfield
Cons. Jim Mahoney

December 26

1. Eleanor Giardina 2. Gar Terheide 3. Carol Thompson
Cons. Shirley Johnson

January 2

1. Gitte Agarwal 2. Phyllis Bressler 3. Louise Brady 4. Shirley Johnson
Cons. Myra Butler

January 9

1. Flo Penn 2. Norman Lallier 3. Mildred Lane 4. Betty Morris
Cons. Lynn Deitz

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

December 6

1. Geri Cassens, Eleanor Giardina 2. Ruth and Lothar Lack 3. Marce Guerrein, Lee Sheffer 4. Kay Wood, Mary Rose Jansen

December 13

Ruth and Lothar Lack 2. Lynn and Ray Dietz 3. Kay Wood, Elsie Helwig 4. Shirley Johnson, Gar Terheide

December 20

1. Shirley Johnson, Gar Terheide 2. Shirley Lane, Dick Mansfield 3. Betty Morris, Shirley Stolley 4. Mickey Martin, Myra Butler

December 27

1. Betty Morris, Shirley Stolley 2. Lynn and Ray Dietz 3. Marce Guerrein, Lee Sheffer 4. Mickey Martin, Myra Butler

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073. Last month's winners are listed below

December 13

1. Ida & Bill Carlson 2/3 (tie) Betty & Bill Raines and Marjorie & Bruce Benton 4. Doug Miller & Ernie Lord

December 20

1. Marilyn Beardsley & Mary Kalda 2. Ruth & Harry Tindall 3. Betty & Bill Raines 4. Doug Miller & Ernie Lord 5. Marjorie & Bruce Benton

December 27

1. Doris Keathley & Mary Carol Geck 2. Ruth & Harry Tindall 3. Doug Miller & Ernie Lord 4/5 (tie) Marjorie & Bruce Benton and Betty & Bill Raines

January 3

1. Liz Millison & Jean Vaughn 2. Ruth & Harry Tindall 3. Margie & Don Hink 4/5 (tie) Marjorie & Bruce Benton and Ida Rosendahl & Dorie Swanson

January 19

1. Betty & Bill Raines 2. Ida Rosendahl & Dorie Swanson 3. Doris Keathley & Mary Carol Geck 4. Ruth & Harry Tindall 5. Margie & Don Hink

Wednesday Afternoon Bridge

Fran Griswold

As we continue in the New Year, many of us are progressing in our efforts to keep our resolutions. Perhaps the best one we as bridge players can make is that no matter what our partner does, we simply smile and say let's play another hand. Most likely, we will make an equally bad mistake. We should always remember, bridge and golf are a game. We play games for fun, and they should not be stressful.

We were most happy to have May Holtz back from Tennessee and Wisconsin. Remember, we play each Wednesday at 12:30 p.m. and we welcome you all to join us.

December 14

1. Helen Eshbach 4320 2. Marion Wade 3. Phyllis Bressler 4. Jane Frost
Cons. Flo Penn

December 21

1. Phyllis Bressler 4080 2. Dick Mansfield 3. Helene Sternberger 4. Betty Morris
Cons. Louise Brady

December 28

1. Carol Johnson 4950 2. Dick Mansfield 3. Shirley Ebert
Cons. Helene Sternberger

January 4

1. Fran Griswold 4450 2. Louise Brady 3. Shirley Stolly 4. Ann Mahoney
Cons. Pat Golgar

January 11

1. Dick Mansfield 4350 2. Gar Terheide 3. Betty Fantz 4. Betty Morris
Cons. Pat Golgart

Wednesday Night Duplicate

Doris Keathley

December 14

1. Doug Miller & Mary Carol Geck 2. Harry & Ruth Tindall 3. Bruce Benton & Dorie Swanson 4. Nel Bosschaart & Marjorie Benton

January 4

1. Harry & Ruth Tindall 2. Ted & Joni Jarvais 3. Charles Slupe & Mary Carol Geck

January 11

1. Bill & Ida Carlson 2. Harry & Ruth Tindall 3. Doug Miller & Mary Carol Geck 4. Doris Keathley & Ida Rosendahl

Thursday Afternoon Bridge

Elsie Helwig

December 1

1. Phyllis Bressler 2. Marion Turbin 3. Ginnie Barrett

December 8

1. Ruth Christman 2. Arline Duggan 3. Marion Turbin

December 15

1. Phyllis Bressler 2. Mazie Millward 3. Dolores Conrad 4. Mary Rose Janssen

December 22

1. Marion Turbin 2. Kay Wood 3. Shirlee Wolcott

December 29

1. Elsie Helwig 2. Ginnie Barrett 3. Marion Wade

Thursday Night Bridge

Betty Barney

& Helen DeGraw

December 15

1. Dick Mansfield 2. Myra Butler 3. Phyllis Bressler 4. Lynn Dietz 5. Edith Hunter
Cons. Paul Agarwal

December 22

1. Sara Anderson 2. Jean Vaughn 3. Phyllis Bressler 4. Eleanor Giardina 5. Phil Devito

Cons. Gar Terheide

December 29

1. Ida Rosendahl 2. Jan Moon 3. Betty Morris 4. Betty Barney 5. Geri Cassens
Cons. Gitte Agarwal

January 5

1. Phil Divito 2. Bob Buchan 3. Shirley Ebert 4. Jan Moon 5. Betty Morris 6. Gar Terheide
Cons. Helen Degraw

January 12

1. Bob Buchan 2. Ida Rosendahl 3. Tie Helen DeGraw & Dick Mansfield 4. Bill Hunter 5. Carol Thompson
Cons. Geri Cassens

Friday Advanced Bridge

Ernie & Joan Lord

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

December 2

1. Myra Butler 2. Phil Merchant 3. Ruth Tindall 4. Eleanor Giardina 5. Catherine Edwards
Cons. Shirley Ebert

December 9

1. Bill Raines 2. Fay Rumens 3. Dick Mansfield

4. Margie Hink 5. Jayne Kaske

December 16

1. Hazel Merchant 2. Ruth Tindall 3. Jayne Kaske 4. Jim Spector 5. Phil Merchant

December 23

1. Ernie Lord 2. Nel Bosschaart 3. Myra Butler 4. Phyllis Bressler Grand Slam: Myra Butler & Phyllis Bressler (75)

December 30

1. Ida Rosendahl 2. Carol Thompson 3. Phyllis Bressler 4. Ernie Lord 5. Bill Hunter
Cons: Lynn Dietz

Grand Slams: Peggy Bucci & Phyllis Bressler (7H) & Harry Tindall & Phyllis Bressler (7NT)

Kudos to Phyllis Bressler for three Grand Slams for the month of December!

December 10

1. Elsie Helwig 2. Lucille Perry 3. Viola Horton

December 17

1. Carol Polanowski 2. Harry Harrington

January 7

1. Ruth Christman 2. Harry Harrington 3. Ann Jagielski

Friday Night Euchre

Joe Askenase

Marcy and I thank the Euchre Club for their very generous gift.

December 16

Four-Handed Game

1. Zane Barnett did it again with a perfect score of 60 points 2. Helen Foskett 3. Bridget Hughes 4. David Englehardt 5. (tie) Jane Lahman, Mary Nichols 6. Marge Fisher 7. Pat Snable 8. Dolores Barnett 9. Edith Kolb 10. Glenda Lins

Five-Handed Game

1. Hank Kolb 2. Lou Fisher 3. Richard Miles 4. Bill Eberle

Six-Handed Game

1. Lee Morgan 2. Virgil Taylor 3. Shirley Coe 4. (tie) Marcy Askenase, Ray Bock

December 23

Four-Handed Game

1. Dot Weber 2. Mary Nichols 3. (tie) Bridget Hughes, Russ Riegler 4. Zane Barnett 5. Ian Craig 6. Joseph Weber 7. Dolores Barnett

Five-Handed Game

1. Bill Eberle 2. Diana Riegler 3. Helen Foskett 4. Richard Miles

Six-Handed Game

1. Ray Bock 2. Maria France 3. Virgil Taylor 4. Marcy Askenase 5. Shirley Coe 6. Ken Brown

December 30

Four-Handed Game

1. Helen Foskett 2. Dot Weber 3. (tie) Marcy Askenase, Shirley Coe 4. (tie) Richard Miles, Billy Swing 5. Joseph Weber 6. Bill Eberle 7. Russ Riegler

Six-Handed Game

1. Maria France 2. (tie) Ray Bock, Lee Morgan 3. Pat Luis 4. Kenn Brown

January 6

Four-Handed Game

1. Zane Barnett 2. Phyllis McLeod 3. Marge Fisher 4. Mary Nichols 5. Lou Fisher 6. (tie) Betty Legg, Clarence Lietzow 7. (tie) Gitte Agarwal, Paul Agarwal, Dot Weber 8. Joe Scrivo 9. Constance Marley 10. (tie) Dolores Barnett, Hank Kolb

####



Mah Jongg
Mary Ehle

I remind all the players of the tournament for this spring. The date is March 4. Send in your checks for \$20. Please make them payable to me, Mary Ehle. I encourage all those who play and can play four games in under an hour to come and play. It is a great day



Bingo
Bunny Barba

Bingo is back! On January 4, after an entire long endless month, Bingo returned to On Top of the World. Two hundred sixty-five frantic bingo maniacs jammed the Ballroom, eager to see friends and play their favorite game. Bingo returned just in time as many players were beginning to suffer severe withdrawal symptoms.

Mort Meretsky welcomed back all the players and wished everyone a happy and healthy New Year.

Finally, after literally years of waiting we had our new bingo cards. As usual, there were some players who were not happy, mainly because they did not win, but the majority appreciated the new cards and the efforts of Lolly Foss, Mort Meretsky and the entire bingo committee for all the work that



International Club
Bill Shampine

For the December meeting of the International Club the members chose to have a special Christmas potluck dinner. The club provided the meat and drink and the members brought food (boy, did they bring food!). Irene Plow graciously accepted the responsibility for organizing the event to help make sure we ended up with a balanced meal. She did a wonderful job and we were able to enjoy a wide variety of goodies—salads, meats, vegetables, and desserts! We had a very nice evening reveling in the pleasure of good food and good company.

Several of the club members have been asked if it is necessary to have been born overseas in order to join the International Club. The short answer is no; we have no restrictions on membership. While it is true that some of the members were born overseas and some of us have lived overseas for a time, it also is true that some of us simply are interested in international travel or the international community.

Book Club to Discuss 'Gilead'

The Pulitzer-Prize winning novel, "Gilead," by Marilynne Robinson will be the first book for discussion when the Book Club meets on Tuesday, February 28 at the Arbor Conference Center, Suite D, from 7 to 8:30 p.m.

The novel is part memoir, part spiritual journey, and part newsworthy history covering three generations. It has received rave reviews and was excerpted by the New York Times.

Some hardcover copies may be available in the library, but paperback copies are very reasonably priced, particularly through Amazon.com where used copies sell for just a few dollars. ☺

of fun. Don't forget to help us with snacks and/or door prizes. Remember this is not a time to clean your closet but a time to give a nice gift that you yourself would like to have. These are your friends. Keep that in mind when you are making your door prize selections.

It is a pleasure to announce that Bruce will again cater our lunch. Your choices are turkey, ham, chicken salad or tuna served on a croissant roll. We will have potato salad. Let me know if there is anything special that you would like to fix.

Ray Utiss and Pat have been kind enough to offer to help make coffee in the morning. I hope that everyone will be patient with us but I am sure we will be ready when you arrive.

We will be sitting up the tournament on Friday evening at about 4:45 p.m. Any help will be greatly appreciated.

I hope that time you read this you have sent me your check for \$20.

Remember that this is the eighth time that the big hand is offered and no one has connected with it yet. ☺

went into this endeavor. Please cooperate by not marking up the cards in any way.

The following week was one of the strangest bingo nights in this writer's experience. Mort Meretsky was the caller. We had a near record turnout of 285 players and the games were interesting but not particularly complicated. So tell me why did we have three people in one game call bingo in error? Why did Mort get so discombobulated that he called N's several times in a game where there were no N's.

In addition, many of the winners just raised their hands or mumbled something or other instead of shouting out BINGO loud and clear. If the caller does not hear you, you don't have bingo. Also the fly swatters in the front of the tables are not for flies! (We don't have flies in Ocala because the geckos eat the flies and then go on television.) When someone in your row of tables has bingo, please raise the swatter in order that the floor runners can locate the winners. The bingo committee thanks you, your fellow players thank you and the callers certainly thank you.

Don't forget our own Jeanette Volk will be Hoofin' It for Hospice on February 25, sponsored by all of the bingo players. There is a basket up front just waiting for your donations to this worthy cause. Come on winners share!

If you have any money you want me to have, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com.

May the wizards of bingo bring you good luck always in all ways. ☺

We would love to have you drop by some of our meetings and see what you think. The club meets in the Art Studio Room A at 6:30 p.m. on the second Monday of each month from September through May. We do not meet in June, July or August in order to accommodate personal schedules of much of the membership.

Typically, we will have two or three pot luck dinners during the year and a speaker for the other meetings. Speakers usually talk to the group for 30 to 45 minutes about one of their international vacations or their life experiences if they happened to have lived overseas for a time.

We try to get speakers from within the On Top of the World community who are willing to share their travel experiences with us. If you have taken a trip overseas somewhere we would love to have YOU address the group! If you are interested and it would be helpful to you, some of the club members would be happy to help you set up any audiovisual material you might have available. We can, for example, digitize prints or 35mm slides in order to be able to project them onto a screen. If you are willing to talk to the club one evening, please contact Bill Shampine at 873-0753 or by email at fabls62@cfl.rr.com.

Our upcoming meeting agenda includes:

- February 13: John and Valerie Woods will talk about their trip to Northern England.
- March 13: Luther and Joni Deese will talk about Taiwan (they lived there for many years).
- April 10: This meeting will be a potluck dinner.
- May 8: Merrill and Caroline Smith will talk about their Trans Canada train trip. ☺

Put On Your Walking Shoes for Hospice

The sixth annual Hoofin' It for Hospice will be from 8 to 9 a.m. on February 25 at the Health & Recreation Building.

Join us for fun while you help raise funds to support Hospice of Marion County. A donation is required to participate.

This is an easy two-mile walk, rain or shine.

Call Ruth Goldstine at 854-1128. ☺



Judy Furfarro, center in white shirt, leads a group in singing at Karaoke at the Arbor Conference Center.

Karaoke Continues to Draw Large Crowds

By LARRY RESNICK

Karaoke night has really blossomed here in On Top of the World, so much so that larger meeting space was required. This is a fun time, and you can't beat the price, zero, nada, nothing. No wonder there is so large a turnout. This reporter never realized there were so many songbirds amongst our neighbors.

And every individual has his or her own style and flavor he or she likes to sing, which makes it all the more entertaining.

Judy Furfarro and George Quaranta who run this karaoke monthly fun event invite all On Top of the World residents to come and participate or just sit back and be entertained by friends and neighbors. They have a large library of discs to play and sing to and a large size TV monitor to read from, which makes it all so easy, or so it seems to me.

Remember, karaoke night is held in the Arbor Conference Center, Suites E and F, on the second Thursday of every month from 7 to 9 p.m. Come have some fun. ☺

Travel Toppers

Eileen K. Vanderbosch

Well, the new brochure is out and there are a lot of good trips coming up. Hope you got a copy and have marked those you are interested in.

We want to tell you about a brand new great trip coming up.

There will be a cruise to Bermuda from April 15 to 22, 2007, on the Costa Magica, a new ship which only goes to Bermuda for two weeks each year. Prices are by category: categories 1 and 2, \$959, double occupancy; categories 3 through 5, \$1,009, double occupancy; Ocean View categories 6 and 7 \$1,159 double occupancy; categories 8A-10 balconies \$1,359 double occupancy. These prices are firm until December 1, 2006. Due to popularity of destination, space is expected to fill quickly so get your reservations in early. A deposit of \$250 per person is due with reservation; second deposit

of \$400 due October 2, 2006; final payment February 2007. Audrey Mangan, 854-7074, is taking reservations, so call her if you are interested.

Our next benefit dance is Sunday, March 19, in the Ballroom, from 2 to 4 p.m., \$3 per person. Bring your own non-alcoholic beverage and utensils. Door prize by Lemieux Diamond Co. The entertainment will be underwritten by Big Sun Realty. We hope for a good attendance to help our finances.

Although a trip may be filled, if you are interested, please call the coordinator to get on the waiting list, because lots of times things happen and you may be able to go.

On the Epcot trip, the flowers are an added attraction that they have every year so all the exhibits are available to see.

Audrey Mangan, 854-7074, needs volunteers from 8:30 to 10 a.m. on Mondays, Wednesdays and Fridays to help sell tickets for the dance.

Lots to tell you this time, hope you will continue to support us and keep traveling with Travel Toppers for good trips at good prices. ☺

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"Presenting the Classic Pizzazz Stage Show Saturday, February 25, at 7:30 p.m. is our way of saying thanks to our many On Top of the World customers!"



Richard Gruber, General Manager
Sullivan Cadillac



Frieda Fennington, General Manager
Sullivan Pontiac-GMC



For Sale

ABLounge2: With a 2-hour workout video and exercise and nutrition guide. Excellent condition. \$35. 873-4479

Bedsheet: Hand crocheted King size, mixed color with white border. Good quality. \$125. 861-2540

Books: 16 new and like-new woodworking books, most by Spelman. \$150. 854-2973

Computer: New, will sacrifice. \$200 firm. 854-8079

Electric Impact Wrench: Craftsman double insulated, reversible; variable torque with 1/2" sq. drive. Includes impact chuck and bit set. \$25. 873-2133

Estate Sale: February 3 and 4, 9 a.m. to 4 p.m., 9460-A SW 84 Terrace. Furniture and household items, all in very good condition. 854-9505

Furniture: Approximately 2 years old; sofa sleeper, \$300; TV cabinet and 19" TV, \$100; La-Z-boy leather recliner, \$250; wrought iron patio table with 4 chairs, \$100; bakers rack, \$75. All good quality. 622-4540 or 208-2008.

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 8700 SW 99th St. Rd., Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (on east side of the Golf Pro Shop) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Golf Cart: Club car with headlights, full side cover and charger. 861-0066

Golf Cart: EZGO electric, green with white canopy roof, charger included. 873-0102

Highback chair: Lumbar support. Hardly used. 237-9466

Misc. Items: Mid-size Emerson microwave, good condition, \$25; ladies bicycle, excellent condition, \$50. 237-8864

Misc. Items: Portable Garmin 2610 Street Pilot. Includes accessories, door to door directions, many extras, used once. Stainless steel 2-bowl sink, faucet with sprayer, like new. 237-3347

Misc. Items: Boy's polyvinyl brown winter jacket, sheepskin collar, size 18-20, new; clothes hamper, cranberry color, 25" h x 20" w; ladies Dexter bowling shoes size 7-8; 2 twin-size bedspreads, pumpkin color; king-size bed rail, steel frame. 873-4289

Patio Items: 48" round glass with 4 white swivel chairs, like new, \$125. 2-seater PVC glider, new, \$100. 237-2577

Sports Equipment: 2 bowling balls with bags, \$20 each; set of graphite shafts, 1-1/2 dozen balls, \$60; 3 wood drivers, several left hand clubs, \$10 to \$20; several hundred nearly-new golf balls, all brands. 873-1610

Services

Alterations: by appointment only, 50 years experience. A Pine Run resident. Call Betty at 237-9909

Amway Products: come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

Avon Products: by On Top of the World resident: #1 in county in sales & service. Stocks popular products at lowest \$\$s. Quantity discounts available. Call Jill DeStefano, 854-6365

Caregiver: CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda at 854-1664

Caregiver/Health Aide: 13 yrs. exp. On Top of the World resident. Full/part-time. Personal care, errands, chores. Exc. ref. 873-4761

Cat Boarding & Sitting: provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Computer Instruction: in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

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Computer Setup & Training: At home service. Senior rates \$20 per hour! Have fun & learn! Call Kathy at 861-7719

Computer Solutions by Phillip: Trouble-shooting & upgrades. On-site service & training. Low rates. Microsoft Certified Tech. Lic. & Ins. Call Phillip, mobile: 804-8713

Free Appraisals: on musical instruments, vintage and current — guitars, banjos, mandolins, amps, etc. 40 years experience. On Top of the World resident. 237-8072

Handyman: Carpentry, electric, custom work. Licensed and insured. No job too big or too small! Quality work. References. Serenity Homes, 615-5177

House Cleaning by Evelyn Lee: I do windows, deep cleaning and move outs. Licensed & insured. 629-0855

Income Taxes: CPA. Experienced. Pick up and deliver. Call 369-5702.

Interior Painting & power washing: driveways, mobile homes, aluminum siding and trim, electrical fan installation and exterior lighting. Ron at 291-2396 or Okey at 237-6637

Lose excess body weight: with true food, pure water and basic physics. One-on-one private consults. 873-2100

Mobile Notary Public: On Top of the World resident and commissioned FL notary public comes to you. Bonded and insured. Call Richard at 362-6465

Murals by Faye: Handpainted murals, stenciling and much more. Call for free estimates. Faye, 245-9737

Painting by Frank the Painter: Quality service at affordable prices; free estimates; On Top of the World res. 30 years exp. 237-5855

Pressure Washing: Driveways, walkways and porches. Make them look neat and clean. Free estimates. 20 years experience. On Top of the World resident. 873-6225

Residential Cleaning: Licensed, insured and bonded. Free estimates. On Top of the World references available. Call Connie at 454-8593

Steve's Repairs: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation by Bill: Dependable driver to medical and hospital appointments. Call Bill, On Top of the World resident, 854-7516

Transportation by Helpful Hand: Transportation to and from local destinations — doctor, grocery shopping, airports, etc. Call Diane at 237-8077

Transportation: I'll drive you to local appointments, grocery shopping, errands & more. Joan at 237-8240

Transportation: Personalized door-to-door transportation: to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Wanted

Coin collector: wants to buy old coins, gold and proof sets. Want good investment coins? Let's trade! Buy-sell-trade. On Top of the World resident. Ted at 861-6964

Collector: paying top \$ for pottery and stoneware — Weller, Shawnee, Hull, Roseville, Fulper, Rockwood, etc. 873-2118

Electric Lift Chair: Large size needed, reasonable. 873-4264

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

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