

On Top of the World NEWS

Where the News is Always Good

Bowlers take to the lanes.
See Page 17.

Vol. 19, No. 7 • January 2006



Celebrating the Holidays

Photos by Larry Resnick

The Glitz Gals chapter of the Red Hat Society leads the way for the December golf cart parade.

Holiday Parade, On Top of the World Style

By BETTY THAYER

Santa came to On Top of the World on December 14 via the holiday parade. Forty beautifully decorated golf carts dashed through the streets of our community spreading holiday cheer. If you missed the parade then you missed golf carts decorated so elaborately you would have thought you were watching a Macy's parade.

All the carts assembled at the Health & Recreation parking lot to divide into two groups, each group going to their designated areas within On Top of the World.

Our own On Top of the World Red Hat ladies came out in style. There were carts with crowns, giant red hats, and wrapped packages adorning the roofs. Every participant did a marvelous job of decorating their carts in unique holiday styles. Music was playing and the spirits of all were high as the ooh's and aah's were heard when the carts came into the parking lot.

Completely assembled, it was time to begin dashing through the streets. With lights flashing, music booming and horns honking, each group proceeded on its

Holiday Songs: Making Music Together

By CONRAD H. MASSA

About 250 people arrived at the Health & Recreation Ballroom on the evening of December 14 to discover that the Decorating Committee had done its usual splendid job of providing a beautifully decorated space for the sixth annual Holiday Song Program.

The tall elegant tree surrounded by holiday gifts and symbols provided a focal point at the pool side of the Ballroom. A huge wreath hung center stage, and around the other two walls beautiful large wreaths reflected the nature of each of the many On Top of the World clubs which had created a wreath: Arts and Crafts, Crescent Ridge, Friendship Park, Great Lakes, Friendship Club, Italian-American, Lady Birds, The New Pretenders, Square Dancers, Southern Club, and an individual creation by Rita Miller.

The evening was a community-produced event which actually began with the now famous Golf Cart Parade led by the Red Hatters and escorted by our Community Patrol. Lolly Foos, the overall director, and Kay Chandler of the Friendship Social Club were effusive about the extent of con-



Mrs. Claus and Santa Claus (Joan Bolling and Richie Roskowsky) already had a red golf cart, of course.

► Continued on Page 14

Publication of 'Served With Honor'—Let Us Know Your Preference!

By TONI TAYLOR

The collection of resident memoirs, "Served With Honor," is pending being printed. In order to have an accurate computation on the amount of books we need to order, and know which type of cover is most popular, we would like to hear from those who are interested in obtaining the book as to how many of you are interested in purchasing it, and what your preference is on the type of cover; either a hard-cover or soft-cover rendition.

"Served With Honor" is a compelling compilation of war-related stories submitted exclusively by On Top of the World residents. These stories commemorate their personal experiences; in battle or on the homefront, military service or civilian during World War II, the Korean conflict or Vietnam. Sometimes heart-wrenching, sometimes humorous, the book is always enthralling—cover to cover.

The hard-cover rendition of the book will be available for purchase at \$25 (tax included) and the soft-cover version of the book will be available for \$15 (tax included).

Let us know how many books you would be interested in purchasing, and whether you would prefer a hard-cover or soft-cover rendition by sending in the form on Page 2, contacting Toni Taylor at 854-9488, Ext. 12, or e-mail toni_taylor@otowfl.com no later than Friday, January 13. ☺

SERVED ★ WITH ★ HONOR



A PERSONAL COLLECTION OF WAR EXPERIENCES AUTHORED BY RESIDENTS OF ON TOP OF THE WORLD COMMUNITIES IN OCALA, FLORIDA

Community News & Update

By Kenneth Coleen
Publisher

The Annual Meeting was well attended and the questions submitted were well thought-out. The practice of submitting written questions assures an orderly means of addressing all matters that were raised. Many of the questions dealt with traffic and speed control, lighting at specific points within On Top of the World, use of recreational facilities, and general questions relating to operations. More than 60 questions were submitted.

Historically On Top of the World has never been a community with layers of committees, subcommittees and bureaucracy between residents and your Board. Your Board listens to and responds to residents. Some ideas are very practical and bring broad benefits to residents. Many activities and programs have been resident initiated. Your Board is always open for ways to improve delivery of services and programs. One important aspect is consideration of the impact of new programs and services on the community services fee.

INSURANCE: Several questions at the annual meeting were focused on insurance. It is worth additional discussion in this article. Clearly, recent losses by carriers have put even more pressure on insurance companies coping with high claims, low investment returns and a new threat of future losses. Insurance companies mitigate possible risk by reducing limits of coverage, raising premiums, and creating certain "carve-outs" for high risk underwriting. With over \$250,000,000 in insured value, the On Top of the World Community represents a significant book of business.

Under the present policy, each owner now has an out of pocket expense of 2% of the cost of the home in the event of wind loss. On a \$100,000 property, this is an additional \$2,000 deductible for which the owner is now responsible. Each owner has the option to purchase additional windstorm coverage through their individual policy carrier.

The Association has in place a \$2,500 deductible for any occurrence other than wind or hail damage. The Association's insurance does not cover the contents of your home. All owners must have an HO6 Unit Owners policy (or similar) with \$2,500 in coverage for deductibles or loss assessments by the Association. Residents are advised to consult their insurance agent for specifics regarding the \$2,500 and windstorm deductible. This non-windstorm deductible applies to any damage to a single dwelling, or multiple dwellings, and is based on each occurrence of damage.

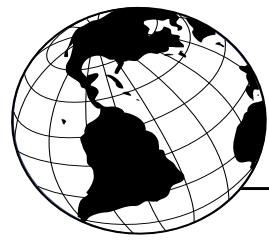
It is a good idea to make sure your insurance carrier has what is called "loss assessment" coverage which may pay in the event of a special assessment by the Association. In the event an association were to levy a special assessment and assess an owner for damage to a dwelling, the owner's carrier would pay a set amount to offset that special assessment. Many policies automatically include loss-assessment coverage of \$1,000. To consider a hypothetical example, using the assumed value of \$200,000 on a home, in the event of wind damage within this community, the Association's policy would not cover the first 2% of value on that home. The Association would then levy a special loss assessment for repairs not covered by the Association policy against the affected property. The property owner would be responsible for a \$4,000 deductible (2% of \$200,000), but could be able to recover up to \$1,000 of that special loss assessment from the owner's insurance carrier provided their policy covers special loss assessment.

In any case it is a good time to speak with your agent and review your insurance limits.

WINDSOR: January will see the start of the Colonades' newest neighborhood of Windsor. Windsor is a distinctive community fronting on two golf courses and "book-ended" between the two recreation centers. Windsor consists of 248 home sites in the first phase.

This newest neighborhood will not impact either the Tortoise & Hare or the Links courses to any appreciable degree. Several cart paths along the first

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On Top of the World NEWS

Where the News is Always Good

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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Golden Oldies Humor

by Stan Goldstein



"THE ONLY REASON I WOULD TAKE UP
JOGGING IS SO I COULD HEAR HEAVY BREATHING
AGAIN"

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POET'S CORNER

Poetry from On Top of the World Residents



January Ruse

HAZEL EHLE

So beautiful the sky today
The sun is shining bright
It's like the first day of spring
Something's not quite right
Icycles now starting to melt
Hear them drip from the eaves
This day is very strange
Some warmth in the breeze.

The temperature is mounting
Could be 60 degrees or more.
A sound like birds chirping
Too nice to be indoor.

How can this be January
That brings snow and cold
As this day is like magic
Really something to behold.

Knowing it has happened before
So much like a flaw
At least a change from winter

And is called "January thaw."

Winter has six more weeks
Before the birds take wing
More blizzards and bitter cold
Then some signs of spring.

My Wish For You

ANNETTE SHARPE

I wish you the spirit of a bird in flight,
The peace of a starlit night,
Hope with each dawn, sweeping the
sky
With beauty at day's first light,
The warmth of the sun,
Renewal with rain,
Gentle grace, like dew on a rose,
Compassion, like a tree with sheltering
arms,

Sharing blessings as it grows.
Wishing you happiness, health and
harmony,

As life's seasons come,
Contentment as each season goes,
A year, sparkling bright,
As the stars of night,
And good fortune
'Til your cup overflows.

Happy New Year.

Rhyming Sins

JOE MADDOX

I have no doubts that my editor dole-
fully grins,
At the jumbled words I spatter.
Hopefully she'll forgive my rhyming
sins,
The other kind don't matter.

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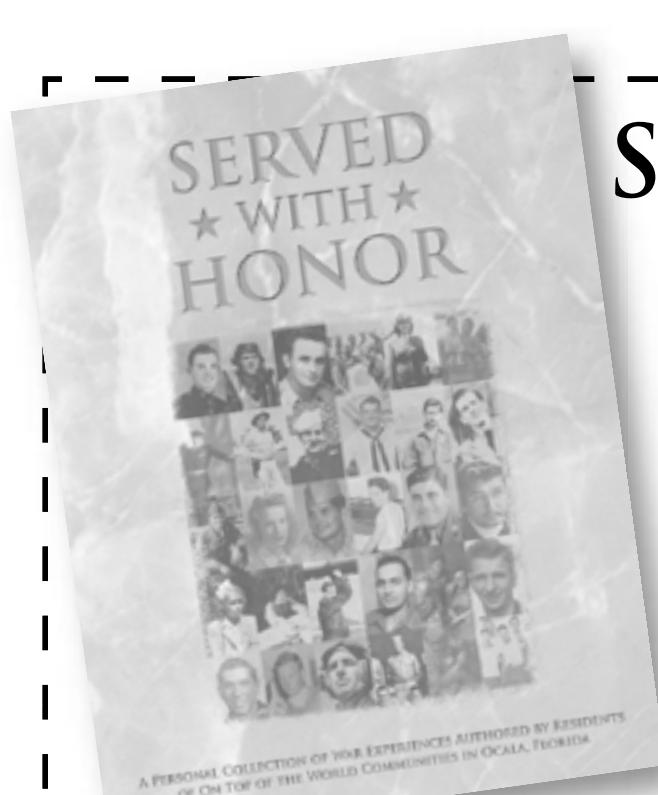
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No payment is necessary at this time. Please return reservation slip to the Health & Recreation Center Help Desk, call Toni Taylor at 854-9488, ext 12 or email her at toni_taylor@otowl.com.



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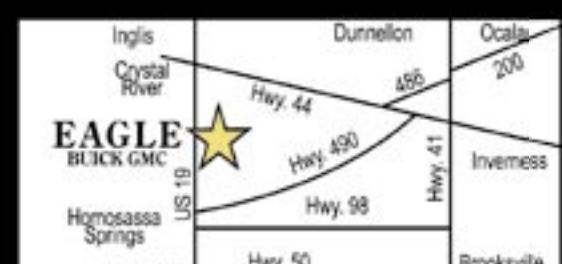




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**From
Debbie's Desk**

Debbie Clark

Another year has come and gone. Happy 2006 to all!

I would like to take a few minutes to reflect on the past year. First, many thanks to all the volunteers who helped with the many events and with manning the information booth here at the Health & Recreation Building. Also a special thank you to the many residents who graciously give up their rooms at the Arbor Conference Center when we hold expos in that building. If I have forgotten anybody I apologize. Maybe I should just say a "big thank you to everyone in the community. You are all such wonderful people and I enjoy being here to work with every one of you." We had a lot of good events this past year and I look forward to bringing you many more in the 2006 season.

Now on to the business at hand. First, it is a new season and for any club that has not turned in its facility request form for the 2006 season, please make sure you do this as soon as possible. Also we are now accepting your request for 2007 as we are trying to get your room reservations on a calendar year basis, which would be January through December. I realize for some clubs this may be a little difficult as you actually do not run on a calendar year, but if

we could at least get your facility request forms handled this way it would make room reservations run a lot more efficiently.

For the month of January we have on the calendar the **Sock Hop Happy Hour**, which will be on Friday, January 13, from 5 to 8 p.m. This is the happy hour which it seems you all enjoy the most as you can come dressed up in the days of poodle skirts and saddle shoes along with the blue jeans and the T-shirts rolled at the sleeves. So grease back those DAs and do up your best ponytail and come and dance at the Hop.

On the calendar for Saturday, January 21, we will be holding our annual **Health and Wellness Expo** at the Arbor Conference Center from 10 a.m. to 2 p.m. This year the main sponsor is Munroe Regional Medical Center. MRC will have 15 tables at this event along with many other facilities and doctors' offices in the medical profession. This event always proves to be a huge success and for the many new residents it is an opportunity to ask questions of the participating doctors, eye doctors and other health care facilities to help you make those tough decisions as to what doctors to choose for all your health care needs.

Just touching upon a few of the events on the calendar for February, we will have a **Super Bowl Tailgate Happy Hour** on February 3, and there will be a **Volunteer 200 Expo** on the 17th of February.

In regards to community and facility issues there is one item that I do need to mention. In the H&R Ballroom it has been brought to my attention that some residents are either placing powder on the ballroom dance floor or on the bottoms of their shoes. Unfortunately we cannot allow this practice to continue. I realize that it helps you slide and glide across the floor a lot easier, but the powder wears the finish right off of the floor. I really did not believe that this could affect the finish when I was first made aware of this, but I have seen the results and I can see everyone's feet patterns on the floor. I apologize for any inconvenience that this creates, but if you could kindly accommodate this request it will be greatly appreciated.

Now let's go out and have some fun. ☺



Submit Articles by E-mail
to otownews@otowfl.com



Photo by Larry Resnick

The men belt out a tune at the December Karaoke.

Karaoke Becoming Popular Here At On Top of the World

By LARRY RESNICK

Karaoke evening is becoming one of the more popular monthly activities here in On Top of the World Communities.

The December meeting and singing, or should I say songfest, was played to a full house at one of our Arbor Conference Center meeting rooms.

Judy Furfaro and George Quaranta, resident organizers of this activity, report a need for more space for all those wishing to attend, so the January Karaoke songfest will be held in Suites E and F of the Arbor Conference Center on the second Thursday of that month which happens to be January

12 from 7 to 9 p.m.

All residents are welcome to attend; there is no charge or fee and all will be given the opportunity to sing from the vast library of karaoke CDs that are available.

This is truly a fun event. Each time this reporter attended this event for the purpose of reporting about it and photographing it for the World News I get to see and hear a whole lot of entertainment and laughter and appreciation from all those attending. We have a whole bunch of very talented people here in On Top of the World, so come on down to see some of them. You will be surprised, and you will enjoy. ☺

Welcome to On Top of the World

Raymond and Joan Elise Wells, 9273-B SW 97th Place
Matthew J. and Florence C. Nazarian, 9701 SW 89th Loop
Donald A. and Patricia F. Dertien, 9631 SW 90th Street
Michael A. Shapiro, 8681-A SW 93rd Place
Jack C. and Geraldine F. Nardella, 9702 SW 89th Loop
Thomas F. and Carmella Martin, 9485 SW 92nd Street Road
Joseph C. and Sarah J. Snell, 8470-C SW 92nd Lane
Fred A. and Claudia D. Robinson 8437-A SW 90th Street
Jeanette K. Moon-Pease, 8880-E SW 94th Street
Edward C. and Carol L. Willis, 8653-C SW 96th Street

Mary Vedder, 8900-H SW 97th Lane Road
Thomas G. Naessig, 9023-C SW 96th Lane
Virginia R. Stefan, 8760-B SW 98th Street Road
John Pukala, 9662-C SW 95th Court
Joseph and Marianne Scanze, 9157 SW 91st Circle
Joyce E. Petherwick, 8459-B SW 92nd Street
Johnnie Ray Kizer, Jr. and Patricia T. Kizer, 8719-C SW 92nd Lane
William and Joanne E. Carlock, 9659-C SW 95th Terrace
Ines Eddelman, 8450-A SW 90th Place
Barbara C. Bergin, 9121-A SW 83rd Court
Mary L. Nealy, 9053-A SW 83rd Ave.
Shirley Vandall, 8801-B SW 92nd Street
Harold J. and Lilia S. Huddleston, 8582-B SW 90th Place
Madeline Lepore, 9368-D SW 82nd Terrace

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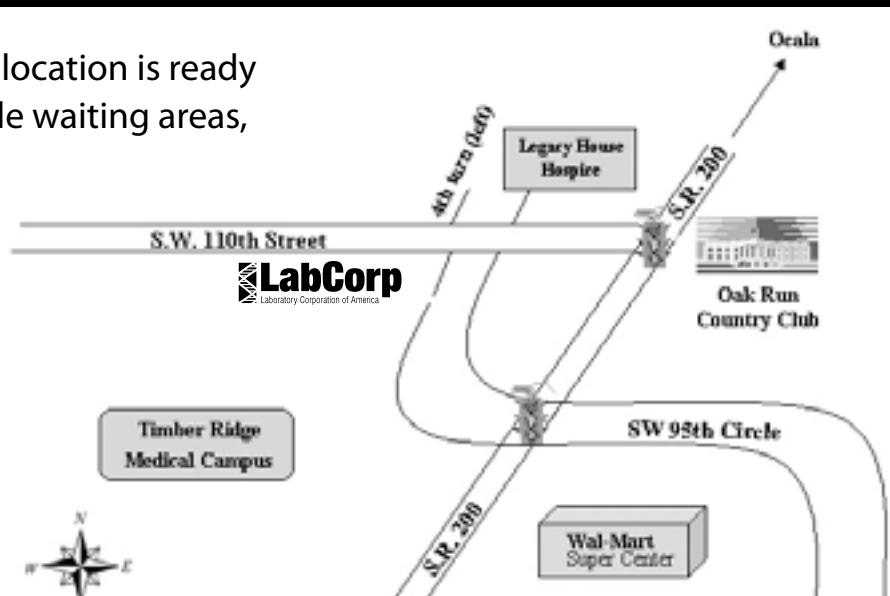
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Community News & Update

By Kenneth Coleen
Publisher

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and 18th fairways will need to be located. The other concern voiced was storm water. The majority of run-off will remain internal to Windsor with only those homes adjacent the 18th fairway contributing minimal flow to the existing pond.

During construction, every effort will be made to not interfere with play. We ask for your patience should it be necessary to close the course for a brief period of time while utility connection is made. Beyond this limited interruption, we do not anticipate any closure or limitations on play (only the weather!).

NEW ADDITIONS: With the Candler Hills golf course growing in very nicely, we are welcoming our new golf professional, Jeff McDonald, and golf superintendent, Andrew Jorgenson. Both are a great addition to the golf program at On Top of the World.

January also is the first anniversary for the new Candler Hills golf course. The fairways and tees and greens have been over-seeded to make them lush and green during the cooler months. This "world class" course was designed by golf course architect Gordon Lewis. We have been overwhelmed by the positive reception this course has received in its first year.

EDUCATION UPDATE: Once again I want to call your attention to our educational programming. With this paper, you will find the latest edition of Master the Possibilities. Please look it over carefully. In it you will find almost all new offerings. We have topics that came from you. We have new faculty who are well qualified and enthusiastic. All we need is you to take advantage of these wonderful opportunities.

We also have a new option for classes—you can "charter" one for your group, club or neighborhood. Just like a Burger King—you can have the class "your way." If you would like one of our courses exclusively for your group or if you would like us to develop a new course to meet your needs and interests – we can do it! There is more information regarding this option in Master the Possibilities.

GROUNDS UPDATE: The mid-fall weather has been so delightful and it's a welcome change from the late summer. The trimming of dead hanging branches is begin-

ning again and will continue through the winter months. The tree crew will also be taking down branches that may be overhanging dwellings. Although you may have put in a service request for tree trimming, the requests are not being taken in order of service date. The process is being done one street and neighborhood at a time simply because of the logistics involved (the scaffold lift has a forward speed of 2 mph!). It makes very good sense and at the end of the process, the management company will have take care of all reported requests.

The Water Management District restrictions on lawn sprinkling allow lawn watering of two days per week. Please, no supplemental watering of lawns outside of that. Should aquifer levels drop, or we go into a prolonged dry spell, the District will reimpose restrictions on use. Conservation of water is still the general order. Washing driveways definitely constitutes a waste of water resources! If you truly feel compelled to wash your driveway, resist the urge and go buy a small electric blower at Lowe's or Home Depot; they cost less than \$30. Or better still, wait a short while and allow the maintenance workers to blow it off for you.

Now would be a good time to check for leaky commodes or faucets. Thirty drops per minute waste approximately 54 gallons per month! That may not sound like much, but with more than 3,400 homes in the community, it can add up quickly. Please be water wise. ☺

On Top of the World Bus Schedule

PICK-UP	ROUTE	TIME
Crescent Ridge 1&2	97 th Lane – 99 th Ave. – 96 th St.	9:02 a.m.
Americana Village	89 th Ct. Rd – 85 th Terr. Rd.	9:10 a.m.
Friendship Village	96 th Lane – 84 th Terr. – 93 rd St.	9:13 a.m.
Friendship Colony	83 rd Terr. – 90 th St. – 87 th Ave. – 97 th St.	9:18 a.m.
Friendship Park	97 th St. – 94 th Lane	9:21 a.m.
Friendship Village	89 th Ct. Rd. – 92 nd St. Renaissance	9:23 a.m.
Williamsburg	90 th St. – 91 st Cir. East – 91 st Cir West	9:26 a.m.
Providence	90 th St. – SW 96 th Terr. – SW 92 Pl. Rd	9:30 a.m.
Exit Community		9:45 a.m.

Ocala Run – Tues. Wed. Th. Fri. Arrive Pickup

Lowe's	9:45 a.m.	11:30 a.m.
Paddock Mall	9:50 a.m.	11:40 a.m.
Wal-Mart Superstore	10:00 a.m.	11:40 a.m.
Target	10:15 a.m.	11:40 a.m.
K-Mart	10:15 a.m.	11:45 a.m.
Gaitway Plaza	10:27 a.m.	11:45 a.m.
Paddock Mall	11:50 a.m.	
Wal-Mart Superstore	11:55 a.m.	1:40 p.m.
Target	12:00 p.m.	1:40 p.m.
K-Mart	12:00 p.m.	1:40 p.m.
Gaitway Plaza	12:00 p.m.	1:40 p.m.
Paddock Mall (Final Pickup)		1:45 p.m.

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Saturday 10 a.m. to 4 p.m.

873-1003

Marion Chamber Music Society Sponsors Recital

The Marion Chamber Music Society features Guy Saint Clair in a solo piano recital on Sunday, January 8, at 3 p.m. at the Queen of Peace Catholic Church, 6455 SW State Road 200.

For further information call Irene Plow at 873-6274. ☺

Community Patrol Marks Its First Anniversary

BY LARRY RESNICK

The On Top of the World's Community Patrol program celebrated its first anniversary at its December meeting in the Arbor Conference Center.

Besides most of the patrol members there to celebrate this event, also in attendance were Marion County Sheriff Ed Dean along with quite a few very high ranking officers of his department and On Top Of The World developer and CEO Ken Colen, who sponsored this particular event.

Sheriff Dean and Mr. Colen as well as several sheriffs' officers gave high praise to On Top Of The World Community Patrol Chairperson Joe Berger for helping to organize this group that now enjoys more than 80 members. They were also praised for their activities and dedication to the services



View from the Library

Donna O'Neil

"Wish Come True," c. 2003 by Eileen Goudge, is the story of the three Vincenzi sisters who were raised in a home with an abusive, alcoholic father. Beautiful Monica, who was the oldest, left home at an early age. She changed her name to Monica Vincent. She became glamorous, rich and a famous movie star. However a boating accident has left her paralyzed from the waist down. Monica is an alcoholic.

Anna, who was big and overweight as a child, suffered many taunts about her obesity. Even as an adult she still remembers an incident in sixth grade when she was unable

they all perform.

To help celebrate this first anniversary there was a very large sheet cake and chicken dinner for all to enjoy. There were lots of accolades spoken to some of the membership individually and as a group by chairperson Joe Berger and by the sheriff and by Ken Colen that was much appreciated. It was recognized that unpaid volunteers who chose to "give something back to their community" staff the On Top Of The World Community Patrol.

In other words, good people helping their neighbors by providing additional capabilities to help reduce crime in neighborhoods without replacing the normal activities of the sheriff's department.

Keep up the good work guys. Your neighbors do notice what you are achieving. ☺

to pull herself out of the swimming pool and her classmates nicknamed her "Moby" as in Moby Dick. Now as an adult she is still very heavy in spite of trying many diets to lose weight. Anna is a shy person but ever so loving and kind to others. She had left college to stay with her mother when her father died. Now she has been at her sister Monica's side since the boating accident.

Liz, the youngest of the three girls, had left home, married, had a boy, Dylan now age 8 and now is divorced. She is not very close to her family but she loves Anna.

As the story opens Anna has just been accused of Monica's murder. Those who know and love Anna know this just can't be true.

You'll meet Laura Kiley, Anna's next door neighbor and best friend, Finch, Laura's 16 year old adopted daughter, and Dr. Marc Raboy, the handsome, attractive, very kind and understanding group leader. Anna meets Marc at Pathways the rehab center where Monica has been staying because of her problem with alcoholism.

These characters and many others greatly enhance the story. Finding the murderer of Monica Vincent proves to be a most interesting tale.

Author Eileen Goudge has become more and more popular with our readers. Several of her books have been on the New York Times best selling list. There are more than 3,000,000 copies of her books in 24 languages around the world.

Why not try one? ☺

We have tried to reach everyone living in Indigo East with a simple form, which requires some information. This info will be used to add new residents to our resident directory, as well as make certain you receive the newsletter discussed below. The completed form can be returned (via e-mail or mail, or drop it off) to Roger at 8096 S.W. 81st Loop. The Indigo East Gazette, our Indigo East newsletter, is designed to provide useful information and a chuckle to Indigo East residents. Contact our editor, Roger, at schwartz8096@earthlink.net or phone at 861-4774 with your input. You can pick up the data form and newsletter in the front lobby of the Indigo East Community Center.

Mark your calendar! You are invited to our first "Meet Your Neighbors" social gathering January 29, at 3 p.m. at our community center. Bring a finger food, to share, along with your choice of liquid refreshment and meet your neighbors! Paper plates, napkins, ice, glasses and coffee will be provided. There are no facilities for heating food so please keep it simple.

Have an idea, activity or other suggestion for our neighborhood? Contact me via e-mail, Rr1gore@aol.com, or phone, 861-4564, and I will put your suggestion here.

Finally, as we begin 2006 let's remember those in harm's way in foreign lands as well as those who have experienced loss during this past hurricane season. Happy New Year! ☺

Indigo East

Allie Gore

Happy, healthy, safe 2006 to all! Our community is fast becoming home to folks from all over the country. We also have many residents who are moving here from other places in Florida. Most of us are full time residents so far.

By the end of this year phase I of Indigo East will be completed and we will be home to more than 100 new neighbors. Join in as we begin the process of developing relationships and building community spirit through shared experiences.

Where else to begin but with the game of golf. We have ladies and gentlemen who play golf at all levels. If you are a golfer and are interested in meeting fellow Indigo East golfers to play local courses, contact Ed at 237-4242.

Now to other fun endeavors. How about a game of Hand and Foot? Don't know how to play? We'll teach you. We have some folks interested in forming a group to enjoy this canasta-type card game. Interested persons can contact Roger or Betty at 861-4774. Maybe you are a poker player. Anyone interested in playing Texas Hold 'em may contact Lynn at 237-4242.

Would you like to join the ladies for a cup of coffee and some good conversation one morning a month? Contact me at 861-4564 or by email at Rr1gore@aol.com.

As folks move into Indigo East it would be nice to have an established (established means you have more boxes unpacked than remain packed) resident or residents to visit them. A welcoming neighbor would make a quick visit to give information, answer questions and generally welcome our new neighbors into our community. Can you find time to welcome new neighbors? If so call me.

Next Publication

February issue

Published on Thursday, February 2



100 Grandparents

Barbara Greenwood

It was a rainy and damp morning on the 8th of December, but that didn't stop 42 of the best group of volunteers from On Top of the World. Everyone piled onto the bus when it arrived, and everyone was carrying shopping bags filled with treats and gifts for the boys and girls of Romeo Elementary School in Dunnellon. For all of us, the excitement of the morning had begun.

Upon arrival, Kathy Hultman, assistant principal, greeted us with a great big smile and hugs all around. She led us to the Media Center where a lovely table of goodies was set for our arrival. That hot cup of coffee or tea warmed us up quickly.

The call was made that we had arrived and the children came two by two and took us to their individual classrooms. To see their smiling faces, full of anticipation and expectation when we reach each destination, is the best gift any of us could receive. I've said it before, and I'll say it again, I don't know who gets more pleasure out of this experience, the children or the "grandparents."

In most of the classrooms the teachers provide the reading material. However, there are some "grandparents" who bring their own creative materials.

On this trip, two that I am aware of did just that. Elliott Barbour, who reads to Mrs. Holland's third grade class, took a book about a little broken jug that became a piñata. He also took a piñata. Everyone in the class went outside under the protection of a covered roof. With assistance from Mr. Bennett, the dean at Romeo, the piñata was held above the heads of the students. The first four children flailed at it. It didn't break. The next group swung at it with gusto, and it still didn't break. They returned to their classroom, and eventually were able to break through. Then they heard the story about the little jug. It sounds like these kids really enjoyed this visit from "Grandpa" Barbour.

Margitta Claterbos read to Mr. Peterson's fifth grade class. She shared the well-known

poem, "Twas the Night Before Christmas," written by Clement Clark Moore. The poem had been modified a little to include some text in Spanish. She had a copy for each student. Margitta divided the class in half, having one side of the room read one line, then the other side read the next line until they had all read through the poem. This gave the children some practice in reading it in the modified version. Margitta encouraged each child to take their copy home and read it to their family.

We are continuing our project "Food for Kids." It is a wonderful way to help the children in the Marion County School District. Each Friday, a number of students who might go without a meal, take home an extra backpack that contains enough food to feed them for two days. If any of the residents in On Top of the World would like to contribute to this very worthwhile project, you may deliver the following suggested food items: individual-sized pop-top cans of tuna fish, Spam, spaghetti and meatballs or any of the many selections you will find on the shelf in your food store. Other items like individual packaged fruits, or peanut butter and crackers are also appreciated. Elliott and Marlyn Barbour have volunteered to deliver all donations to Interfaith Emergency Services. You will find a bin on the front porch of their home, 8680-H SW 94th St. to place your donations.

As always we continue to collect Campbell soup labels with the picture of the Campbell soup kid, and General Mills products that have "Labels for Education" or "Box Tops for Education" printed on them. Each label is worth 10 cents when redeemed, and the money that Romeo receives from these labels goes into a fund to be used for students needs. Thank you for taking the time to clip and deliver the labels to the "Red School House" located under the stairs in the lobby of the Health & Recreation building.

There is always the possibility that one or more of our regular readers will be unable to attend one of our monthly visits for various reasons. Those "grandparents" always let me know in advance, giving me time to find a replacement. We are so fortunate to have a group of people we can draw from who have offered to fill in on those occasions. Hal and Chris Stanley and John Heinlein saved the day by answering our call this month. Our appreciation and thanks go out to these three volunteers. We were still short one reader for a kindergarten class, but Mrs. Hultman came to the rescue to fill in that spot. If any residents living in On Top of the World would like to be one of those "grandparent" rescuers, please call me, and we'll be happy to add your name to our list.

Our next trip will be January 12. We meet in the corner of the Health & Recreation Center parking lot at 9:15 a.m. If you are interested in our group, please call Barbara at 873-2819. ☺



Lions Club

Dianne Lovely

Happy New Year from the On Top of the World Lions Club. Have a happy and healthy 2006.

Two new ladies joined the Lions Club and we would like to welcome them: Norma Swift and Doreen Burosh. We already have these ladies hard at work.

The Lions Club would like to thank Ken Henzel for taking over as treasurer for the

club at the last minute, and also Al Hoffman for taking over the duties as Lion Tamer. We thank you both for doing this on such short notice.

We collected more than 1,200 pairs of glasses in a two-week period. All these glasses that the Lions collect get cleaned and sorted. They are given to people in other countries and in the United States who can't see and can't afford the glasses.

Don't forget January 21 is the annual Health Fair at the Arbor Club. The Lions will do eye testing so come by and have your eyes checked out; you will be glad you did.

Join the Lions Club today and see the difference you could make in a person's life. Call Estelle Clark, membership chairman. ☺

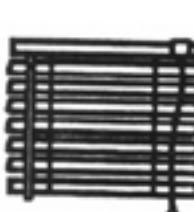


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January 2006

The World News®

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**Is It Legal?**

Gerald Colen

Q. With oil at such a high price, do you think it is safe to invest money in oil company stocks?

A. First of all, I give legal advice and I do not give investment advice. And if I did give it, you'd be wise to disregard it entirely. I will only add this: I think that senior citizens who are retired should try to stay conservative in their approach to investing funds.

Q. What is the difference between a living will and an advance directive?

A. A living will is an advance directive. Essentially, an advance directive is a document in which you state how you wish to be treated in the event you are incapacitated and do not have the capacity to provide "informed consent" to some form of treatment. Advance directives became more important than ever, in my own opinion, ever since the fiasco that surrounded Mrs. Terri Schiavo.

Q. Who should pay for title insurance—the seller or the buyer?

A. It's more a matter of contract than anything else. That is, it is up to the seller and buyer to agree on who pays for it. However, it's my view that it's probably a good idea for the seller to pay for it since title insurance does, indeed, protect the seller from any claims against the title that might arise in the future. Example: Suppose there were a forged document in the chain of title, or possibly a lien that was missed but was clearly valid. The seller who conveyed his/her/their property by a warranty deed is technically still responsible to resolve those kind of problems. However, when there is title insurance, then that obligation now belongs to the title insurance carrier. Title insurance is a terrific vehicle for protecting oneself.

Q. If I have no relatives at all and wish

to leave my property to some friends and some charities, should I not name one of my friends as the personal representative of my estate? Same for my living will and durable power of attorney?

A. When you name someone on your living will or on your durable power of attorney, you are not giving that person an honor. It is a burden. The same is true if you name that person as the personal representative of your estate. I really believe that. Also, I believe in using professionals—that is, I believe in using folks who are trained professionals and know how to administer an estate and know what needs to be done to take care of someone who may need help. So, no, I do not feel you should name a friend, just because he or she is a friend. One exception: When you have loved ones who are to receive the entire estate, then it does make sense to name one or more of the persons who will receive the entire estate.

Q. I live (in a northeastern state) and am going to move to Florida. What should I know about dealing with moving companies?

A. First and foremost, it is my opinion that you should never deal with a broker to find the moving company. Usually, the broker finds a moving company and then you are left on your own to make sure your goods are delivered on time and in the same condition in which they were picked up. Second, I would deal directly with the larger moving companies—although they can give you as much aggravation as any smaller company and I readily admit that. Third, take photographs—and date them—of the goods you will ship. Next, be prepared for broken goods and inflated weights and lost items and refusals to correct the problems. I would suggest that you never, ever send keepsakes unless you have worked out some special arrangement with the moving company.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 - Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his website at www.gcolen.com. Or email him at Jerry@gcolen.com

**Republican****Club**

Tony Tortura

The 2006 officers for the club were elected at the December meeting. Jerry Cauda will continue as president and Ida Lee Chadwick will continue as vice president.

Plans for the January 13 meeting include an address by Michael Takac, a local attorney who was a candidate for judge last election.

In February we will hear from Brenda Williams of Prestige 55, an organization founded by the Munroe Regional Medical Center for senior participation.

March is still in planning with a possibility of having County Commissioner Jim Payton as our guest. The annual pizza party will be held in April.

The speaker at the December meeting was Pat Gabriel, president of the State Road 200 Coalition. She outlined the status of building in our area, both residential and commercial. She also spoke about the road building plans. The number of residential units being planned and built within a 7-mile circle centered around On Top of the

World is in the thousands. Commercial building includes Bealls Department Store just southwest of Wal-Mart. Also a Dillard's is planned south of and next to Sullivan's Cadillac. These ventures will undoubtedly attract Macy's and others to move from the Paddock Mall, which would then become a ghost town. By the end of 2006, State Road 200 will be a nightmare. Plans such as building another overpass for Interstate 75 and creating a by-pass for State Road 200 are in the works but will take years to complete. More hotels are also planned for State Road 200 as far south as the JB Ranch area. Traffic on State Road 200 continues to increase with no control in sight. And you thought you retired to the Florida countryside with horses grazing along the roadway. All city and county planners as well as councilmen and commissioners should be required to drive from 441 to 484 and back to 441 on State Road 200 at least once every working day as part of their training for responsible leadership.

Kudos to Libby Leknes, a long time member of our club, for her most recent letter to the editor of the Star-Banner. The subject is "Christmas 2005." Libby writes directly to the point with integrity and honesty and generally presents the truth in the American tradition that I was raised to appreciate. Thank you Libby from all of us.

The race for governor is heating up. Charlie Crist and Tom Gallagher are running neck and neck in fund raising while Crist is well ahead in the polls. Also, 35 members of the state legislature recently endorsed Crist for governor.

Dues of \$5 for 2006 are due and payable at the next meeting or by mail to: Tony Tortura, 8563-G SW 93rd Lane, Ocala, Fla. 34481. Please include your telephone number and e-Mail address if you have one.

I hope you all had as great a Christmas celebration as I had and wish you all a very happy New Year. ☺

**Democratic****Club**

Lee Wittmer

forcement officers. Its programs are designed to provide citizens with valuable and lifesaving information, to assist people to be proactive against crime and to take the simple precautions that will enhance their personal safety.

The meeting is at 7 p.m. with refreshments at 6:30. We welcome any folks who have an interest in our club to join us and we also urge all members to attend.

All at the Democratic Fund Raiser had a wonderful time on November 19 honoring Sheriff Ed Dean. There were more than 200 people in attendance. Sheriff Dean rendered an inspiring speech encouraging the Democratic Party to get back to looking out for everyday citizens in our society.

A large part of the future success of the Democratic Party depends upon the filling of precinct committed positions. All volunteers will be given a short training period, which will enable them to contact Democratic voters and enable them to get out the vote.

Carl Sandburg in 1936 wrote:
"Who shall speak for the people?
Who has the answers?
Where is the sure interpreter?
Who knows what to say?"

The questions asked in Sandburg's poem are certainly relevant today. Thus, we ask why so many Americans are living below the poverty level and without health care?

Why are workers who toiled for years for corporations losing promised pensions and health benefits? Why is our educational system producing graduates who are inferior to the majority of students in other countries? Why does our Congress produce a pork bill of billions of dollars? Why did our president sign the bill into law? Why should millionaires get tax cuts? ☺

official greeter. With these dedicated "computerphiles" on hand, 2006 promises to be a very good year!

During January we will be holding only two classes: January 7—Backup or Die!, presented by Don Sommer and January 21—Burning Discs Part I, by yours truly, followed by a special interest group on Family Tree Maker. Anyone interested in investigating his or her ancestry might want to stick around and see what's what.

January 14 is our Installation Luncheon so there is no meeting. If you think you'd like to check us out, you might want to come to the luncheon. All are welcome. Tickets are \$8 and are available at any of our meetings, Tuesday, Thursday and Saturday at 9 a.m. in Suites B and C of the Arbor Conference Center.

Last, but not least, we have an outside speaker on January 28. A representative from Metro Crime Prevention will explain how we can best protect ourselves and our valuables.

As usual, you will find PDF files of our classes on the Web site. Please visit the site at www.cccocala.org and click on the link, PowerPoint Presentations to see them. You will need Adobe Reader to view them and there is a link to that file if you don't already have it.

All meetings and classes are held each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Conference Center from 9 to 10 a.m. All members are welcome and encouraged to attend. If you have questions, there is someone there with an answer!

Be sure to check the calendar on our Web site frequently for the dates of our classes and for any scheduling changes that are inevitable.

Please join us! Dues remain at a low, LOW \$10 per person or \$15 for a couple. Until next time, Happy Computing! ☺

**The next World News will be published
on Thursday, February 2**

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**Computer****Club**

Sherry Surdam

Can you believe it's the New Year already? I can't! I have no idea where 2005 went—it seems I was just getting used to putting THAT date on my checks and now I have to start all over!

December was a short month for the Computer Club. We ceased having classes and meetings for the last couple of weeks due to the holidays. Since most everyone is very busy preparing to either visit people or to have visitors, we generally take a break. However, during December we had club elections and following are the officers for 2006: Sherry Surdam, president; Joe Castellucci, first vice president; John Coffman, second vice president; Genevieve Garman, secretary; and Bob Gale, treasurer. The board of directors is comprised of Fanny Baldacchini, Maybelle Barber, Gordon Burnham, Ray Christian, Bobbi Dawson and Don Sommer. Bailey Coffman continues as our mascot (lifetime privilege!) and enthusiastic



Fitness Happenings

Adela Anderson

Happy and healthy new year! On January 1, the gym will be open from 9 a.m. to 6 p.m.

This is a good time to set your goals and get back to the gym. If you want to learn how to use the Cybex equipment, join our orientations, which are being held on Mondays and Fridays at noon. Please call our office at 854-8707 to sign up.

If you need motivation and assistance to create an exercise plan just for you, Traci and Lyn, our nationally certified personal trainers, are ready to help you get in shape. Just call our office at 854-8707 to have a free consultation with one of them. Our personal training sessions will be 10 percent off for the month of January.

January is a very special month. We will be dedicating the week of January 16 to the 21 to health and wellness. Our On Top of the World instructors want to invite you to celebrate health with us.

We will be offering FREE specialty classes, from January 16 to 20. On the 20th we will be having a master exercise class with On Top of the World instructors. The week will end with the **Health and Wellness Expo** on Saturday the 21st.

Healthy Week

· Monday, January 16, 1:30 p.m., Shallow Water Aerobics (with Lyn and Adela)

· Tuesday, January 17, 2 to 4 p.m., Living with Arthritis Seminar, presented by the Arthritis Foundation and the Fitness Department of On Top of the World.

For this seminar we will be having the following speakers: Introduction by Patricia Woodbury, Arthritis Foundation; Living with Arthritis by Dr. Crane Couch, orthopedic surgeon; Diet and Arthritis by Carol Clark, registered dietitian; Exercise and Arthritis by Adela Anderson, On Top of the World fitness director; Arthritis Support Group by Phyllis Silverman, support group leader.

If you are planning to come to our Living With Arthritis seminar, please call the H&R Office to sign up. Thanks.

· Wednesday, January 18, 3 to 4 p.m., Pilates with the Ball, H&R (with Lyn and Adela).

· Thursday, January 19, 10:30 a.m., Latin Cardio, Arbor Club (with Traci).

· Friday, January 20, 10:30 a.m., Master Class, H&R (with On Top of the World's instructors).

Come out and work out with our instructors! Everyone is cordially invited to participate in the Master class, which will be full of spice and energy. The class will be for all levels of fitness.

· Saturday, January 21, 10 a.m. to 2 p.m., Health And Wellness Expo.

At the Expo our team of instructors will be demonstrating personal training by Traci; Pilates by Lyn; Latin Cardio Aerobics by Kittie; arthritis exercises by Pat; yoga by Adela; and tai chi by Shannon.

For those who work or have more energy at night, we are offering Callanetics And Stretching with Lorraine. Please notice that the classes will be held at the H&R exercise room at 7:30 p.m. Lorraine's Belly Danc-

Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.

RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci	Condition and Stretch Fusion Lorraine	Cardio Burn & Firm Traci
8:00 H&R Parking lot			Bicycle Club		
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci/Adela	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci
10:15 Aerobics Room		Beginners Tai-Chi* Shannon		Beginners Tai-Chi* Shannon	
10:30 40 Min Ballroom	Intermediate Aerobics Kitti		Intermediate Aerobics Kitti		Intermediate Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Lyn		Beginners Aerobics Traci		Beginners Aerobics Lyn
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybex Orientation Lyn				Cybex Orientation Lyn
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
6:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	
Saturday					
12:15 Oxycise (20 Min.) Aerobics Room	Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required. Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching Exercises. Mat required. Condition & Stretch Fusion: Warm-up, strengthening and stretching exercises Mat Required. Cardio, Step & Sculpt: Warm-up, basic routines using step, strength training and Abdominal work. Mat and step required. Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and Stretching. No floor work. Intermediate Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work. Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body. Aqua Yoga: The flowing movements of yoga will help your balance, flexibility, strength and promote Relaxation. (Spring & Summer Months) Ai-Chi: Simple, fluid and relaxed movements using the arms, legs and torso. Ai-Chi is like a beautiful Dance in the water. (Spring & Summer Months) Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights. Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly. One-on-One Personal Training: Fee based instruction with certified instructor. *Asterisk denotes a fee Based class. See instructor for information.				
10:00 – 11:00 a.m. Yoga Class Sholom Gardens Dec 3, Jan 7, Feb. 4, Mar. 4, Adela					
10,000 Steps at Sholom Park 2 nd & 4 th Mon. Dec, Jan, Feb, Mar. 4:00 p.m.					

ing class will continue at the Arbor Club on Tuesdays and Thursdays at 6:30 p.m.

Softball

On Top of the World's first softball game will be held on Saturday, January 7, at 9 a.m. On Top of the World will play against Beverly Hills. Come to On Top of the World's field to encourage and cheer our team. For more information, call Nick at 854-9768.

Yoga

Yoga At Sholom will be on Saturday, January 7, at 10 a.m.

10,000 Steps

Our 10,000 steps program will be on Monday, January 9, and Monday, January 23, at Sholom Park at 4 p.m.

Pickleball

Everyone can play this game. Do you want to learn? Bill Daugherty will be giving free lessons every third Saturday of the month at 2 p.m. on the third and fourth H&R Tennis courts. For more information, call Bill at 854-2751.

Racquetball anyone?

Here are some tips from Marty: Racquetball has become a very popular sport in the U.S. since the early 1970s. It's a fast game, which requires quick reflexes and skilled motor activity. Approximately 500 calories are burned in an hour of racquetball.

The rules are similar to that of handball and squash. There are singles (two opposing players), doubles (two opposing sets of players), and cutthroat (not played in tournaments) in which three players take part. You have to score 11 or 15 points to win a game.

Racquetball tips

· "Players have to move out of hitters' way so that he has a clear shot at the front wall, straight in or cross court."

· "Servers watch the ball come off the hitters racquet. This is to shield their faces from getting hit with the ball and it enables them to move out of the way."

Lessons are available upon request. For information call Adela at 854-8707. ☺



Diabetes Support Group

Lennie Rodoff

I hope that everyone had a wonderful holiday season, spent with family and friends.

Now that the New Year has begun, we need to take a look at where our group is going. We are having a business meeting on January 24 to discuss our plans for the coming year. Please bring your ideas and suggestions on how to make our group better for everyone.

As of now, we have a speaker for February on diabetes and your eyes.

Our meetings are on the fourth Tuesday of the month, at 4 p.m., in Suite D of the Arbor Conference Center.

If you have any questions, please call me at 291-7508. ☺

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AARP Driver Safety Program

January 2 and 3

February 6 and 7

MR3 8 a.m. to noon

\$10 per person to register

Call Bob, 854-4859,

or Sherry, 873-4488

AARP Driver Safety Program

January 2 and 3

February 6 and 7

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January 2006

The World News®

9



Health & Fitness

Traci Rivera

Hello there! It's that time of year again to set those New Year's resolutions and follow through with them. Becoming a little bit healthier is hard enough, however with all the extra-added stress of the New Year and not wanting to fail in keeping those resolutions... it's just tough! Here are a few tips that I received through a Mind, Body, and Spirit newsletter from Stevia.com

- Enjoy an outdoor workout. At least once a week, go outside to exercise (walking, running, cycling and swimming, anything ...). The varied terrain will challenge your body in ways that a treadmill (or other indoor machines) can't; the fresh air will feel good in your lungs; and if it's chilly, your body will probably burn extra calories just trying to keep warm.

- Ignore the scale. Is dropping those extra holiday pounds your exercise incentive? Do yourself a favor and stay off the scale for three weeks to give yourself time to actually lose a pound or two.

- Hire a personal trainer for one hour and discuss short-term and long-term goals. It'll give you a good place to start, it'll give you a plan, and it'll motivate you to get moving again.

- Keep an exercise journal so you can reflect on what you've accomplished and write down your new exercise resolutions (goals).

- Exercise with a friend: a partner will keep you company and keep you motivated.

- Eat well. You may be anxious to lose those extra holiday pounds pronto, but good food will give your body the nutrients and energy it needs.

- Focus on what's working now. It's true, there are lots of changes that happen to your body when you work out, but many of them won't happen right away. Look for the changes that you will notice immediately: more energy, a better ability to handle stress, more willpower, and the ability to get a better night's sleep.

- Eat less more often. Adopting a pattern of eating smaller, more frequent meals provides a number of benefits to both your health and weight loss goals. You're less likely to overeat, and you'll have a regular influx of energy to help keep you active. All the while your body will be burning calories more efficiently.

Making changes one small step at a time, you will achieve more than just throwing yourself into an exercise program. Accomplishing the smaller goals will leave you with a more immediate feeling of success. Change your new healthy lifestyle for you and not anyone else. Remember, you are the person in that body with those feelings,

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 a.m. Specialty Class* Indoor Pool		Aquacise* Shallow water Lyn		Aquacise* Shallow water Lyn	
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please call for appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Lyn	Total Core & Body Strength* Adela	Deep Water Aquacise* Lyn	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Lyn		
10:30 a.m. Specialty Class* Ballroom		Latin/Cardio* Traci		Latin/Cardio* Traci	
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Yogacise* Adela		Yogacise* Adela	
11:45 a.m. Arbor Club Fitness Room		Arthritis* Foundation Ex. Program Adela		Arthritis* Foundation Exercise Program Adela	
12:30 p.m. Specialty Class* Indoor Pool/Fitness Room		Ballet Barre* Lyn 90 minutes			
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Lyn		Shallow Water Exercises* Lyn
6:30 p.m. Arbor Club Ballroom (Tu) & Fitness Room (Th)		Belly Dancing* Lorraine Kay		Belly Dancing* Lorraine Kay	
7:30 p.m. Arbor Club Fitness Room	Callanetics* Lorraine		Stretching* Lorraine		
Saturday	Sunday				
Open Swim	Open Swim				

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.
Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.
Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.
Yogacise: "Hatha Yoga" postures combined with breathing will work on body's strength and flexibility. Mat required.
Pilates: Mat exercises using Joseph Pilates fundamentals. Will train the core and back muscles.
Callanetics: Exercises that isolate muscle groups using small, precise movements.
Latin Cardio: A mixture of Aerobic dancing that includes: Cha-Cha-Cha, Salsa, Merengue & Samba
Ballet-Barre: Ballet based workout consisting of barre and center floor exercises. Conditioning of body While dancing.
Arthritis Aquatic Class: Specialized aquatic class for individuals with arthritis. Exercises will increase joint range of motion and flexibility. May - September
Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May
Belly Dancing: It is a fusion between aerobic exercises and movements of belly dance.
Water Walking: Part of the 10,000 Steps program. Learn how to use the water resistance to make aquatic walking more effective. May - September
One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.
*Asterisk denotes a fee based class. See instructor for information.

you know what needs to be done.

Well, I hope this helps get you on the right track. So get out there and get healthy in the New Year. It's a great lifestyle to have ... happy 2006! ☺

Volunteers Needed for the 2006 Arthritis Walk

The Arthritis Foundation will have its first annual Arthritis Walk in Ocala on May 20 at the Silver Springs Nature Theme Park.

The walk is designed to raise awareness and funds for the Arthritis Foundation and the millions of men, women and children who live with this disease.

The Arthritis Walk is a national event that takes place from coast to coast each May, kicking off National Arthritis Month.

The Foundation office seeks volunteers who can attend monthly meetings and assist with volunteer recruitment, sponsorships, public relations and event logistics.

The first planning committee meeting will be on January 5.

If you would like to attend this meeting or any future meetings, contact the Arthritis Foundation office by January 2 at 861-6155. ☺



**Kitti's
Corner**
Kitti Surrette

Myth #3 You'll Lose Pounds and Inches with Handy Workout Devices

Turn on your television any weekend morning and you're bound to see them—infomercial offers. They offer devices promising to "reduce" the belly, buns or thighs. Let's think about these devices (a bit of common sense is needed). Infomercials may in fact be selling potentially valuable products, but by making claims that suggest results will be quick, will be easy and will be miraculous, they almost always cross the lines of truth and journey into hype and wild exaggerations.

You don't need any infomercial product. In fact, anything you can buy from an infomercial can be found, perhaps under a different label, in other forums where honesty is more likely to be an instrument in the sale. I know it's often tempting to believe. The "shows" are very well produced, but without some "over the top" hype and a very carefully designed enticement known as "call to action," there's no way a product can sell in that forum. Contact a certified fitness professional to guide you in making wise fitness purchases.

Now, back to the common sense; if you were to do curls to "work" the biceps, what would the end result be? Larger biceps! If you "target" the thighs with a thigh exerciser, you run the risk of increasing muscle mass and ultimately, increasing overall girth!

That doesn't mean you shouldn't use the machines that work those troubled areas. It just indicates that this is simply another piece of the puzzle. Resistance exercise can lead to the addition of muscle, and since muscle is, as you're now aware from myth No. 1, the location where fat is burned, even a slight muscle increase makes the body more efficient at burning fat.

The body loses fat proportionately from all over the body. The only effective way to reduce and tone a body part is to use moderate aerobic exercise and resistance exercise, not only for the troubled area but for the entire body. Over time, the metabolic boost will result in greater fat-loss ability and more definition and leanness. Wherever you have the greatest fat accumulation is where you'll note the greatest reduction.

Stay tuned for Fitness Myths Part 4. ☺

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M.H.



**Arbor Club
Tennis**
Jorge Privat

First, and on behalf of our tennis community, I wish to extend our appreciation and thanks to Les Saunders, who until now has been writing this column. He will now have a little more time to work on his backhand and his topspin serve.

Personally, I would like to thank everyone at the Arbor Tennis Club for giving me their warm welcome and cooperation as the new tennis director for On Top of the World. My thanks as well to Hans Westerkamp for devoting a great deal of his time organizing and getting the Monday and Wednesday Round Robin program started.

It is with enthusiasm that I look forward

to raising the level of tennis in our community so that everyone can understand and enjoy this beautiful sport a little better, and hopefully, in the near future, we can field a couple of teams to participate in a USTA league.

Big kudos to our On Top of the World management for resurfacing the courts at both facilities; at the Arbor Club and at the Health & Recreation sites. I hope that residents will come to look at our much-improved facilities and decide to join us.

Unfortunately, the scheduled Christmas dinner was cancelled due to the fact that many of our members had prior commitments on their agendas.

Don Shaner shares the results from the men's matches against Ocala Palms: Saul Braverman and Jorge Privat won 6-2, 6-3, Don Firkins and Hal Stanley lost 3-6, 3-6, Ralph Bromund and Oscar Fernandez won 6-1, 6-2, and Dan Bub and Don Shaner won 6-2, 6-3. Don also said that Chet Rickett and Jerry Foster were supposed to play opponents who did not show up.

Don Firkins reports that on November 8, the On Top of the World's men's teams fielded by D. Bub/H. Stanley, O. Fernandez/R. Bromund, D. Firkins/C. Rickett and D. Paige/J. Lyman, were all winners against Oak Run.

And lastly, now ... that the New Year is here to stay, I look forward to seeing more eager faces, ready to burn some calories on the tennis courts and learn a few new things along the way.

Happy New Year everyone! ☺

Tennis Association H&R Center Courts Schedule

Saturday & Monday 8-noon: Mixed Doubles
Tuesday & Thursday 8-noon: Men's Doubles

All Resident Tennis Players Welcome.



**Square
Dancing**
Ellen Everhart

Your Circle Squares Dance Club has been busy with Thanksgiving and Christmas activities this past month. Some of us went out of town for Thanksgiving but we had the opportunity to dance wherever we went. My spouse and I were in Hilton Head for the holiday and sure enough, the local club there was having a Thanksgiving dance with a turkey meal and all the trimmings. One thing about square dancing is that you can find a club most any place you go and people are always friendly and welcoming.

Many of us attended the Christmas party and dance at Oak Run. They had a full dinner of roast beef and roast pork with all the extras and wonderful desserts. The dinner was well attended and the dance afterward was even better attended. The Orchid Club was beautifully decorated as well.

Our Christmas Ball at the Health & Recreation Ballroom was on December 10. We had a huge turnout of people for the delicious finger foods and our three callers and cuer. People came from all the surrounding clubs here in Ocala and some from as far away as The Villages. The dance was wonderful and we had up to 18 squares on the floor at one point. That's 144 people dancing at the same time! We all had a great time!

We had our special Christmas party on December 14 for our new class of dancers. We are blessed with a large and good class full of wonderful people. They learned quickly and we look forward to their graduating. This was followed by our regular dance.

Friday, December 30, will be our Pre-New Year's Dance. Again, expect an especially good dance with munchies for all. See you at 7 p.m.

Several of our members will be attending a New Year's Eve square dance at the Friendly Squares near Belleview. They always have a good dance and the food is great as well. Our own Lon Ligon will be calling there also.

February 15 will be our Valentine's Dance at the Arbor Club and at the same time. Invite your special Valentine for a sweet valentine's experience.

Don't forget to consult our Web site, www.lonligon.com, to find out all about current events at our club. Go to the page for the Circle Squares. You will find the latest newsletter with all our planned dances and special activities there. Any changes to the above mentioned schedule of dances and lessons should be listed there.

Happy Squares to each of you and keep on dancing! ☺

Give Your Fitness Program a Check-Up to Help With Your New Year Resolutions

By ADELA ANDERSON

Have you made the same New Year fitness resolutions year after year? Have you been able to keep them to the end of each year? If you haven't, what can you do to be able to be successful in carrying on your resolutions? Why not give your wellness/fitness program a check-up? Evaluate and analyze your fitness plans and goals and make them work for you.

Did you know that adherence to exercise is lowest in the initial stages of starting a new exercise routine? More people drop out of an exercise program during the first few months than at any other time. How to stay motivated to exercise year after year?

One way to stay motivated is to bring along a friend or a neighbor. Once you start exercising, you will make more friends in the gym and in the classes you attend, making it easier for you to come back day after day. When you find a buddy to exercise with, you will be more motivated to go to the gym. The camaraderie will make your commitment much easier. If you are bashful to get started, get a personal trainer who can guide and help you get the results you want and will give you the confidence to do it on your own.

The primary reason given for not exercising is lack of time. Is your exercise program time effective? Think which is the best way for you to incorporate physical activity into your day. Plan to dedicate one hour of your day to exercise. If it works better for you, schedule two 30-minute sessions.

Your health is of utmost importance to you. Schedule, write down and treat your workouts as a doctor's appointment.

Are your yearly fitness goals realistic? Make sure you set short-range achievable goals: Aim to lose 25 to 30 pounds instead of 100. Instead of getting on a strict diet, watch your food portions and make sure your daily food intake is balanced and nutritious. Consider making wise decisions each time you purchase groceries, choose your daily menus or when you go out to eat.

Is your exercise routine varied and fun? If boredom is the problem, revive your program by mixing a new sport or activity with your current ones and most importantly, make sure you are having a good time.

Are you suffering from overuse injuries like tendinitis or shin splints? You might be overloading your muscles too much or using the exercise equipment improperly.

Consider adding an activity that is different from the one you currently are doing and learn to stretch your muscles after each workout. Regardless of the activity you choose, make sure to progress gradually. If an injury is keeping you from your favorite activities, exercise in the pool.

Keep your heart and muscles challenged and exercise at least three times per week to minimize the detraining effects that come when you stop or take a long break from your exercise routine. Be faithful and follow your fitness plan. Keep moving and surround yourself with positive people who make good choices. ☺



Fitness by Lyn
Lyn Laverty

Pilates

What is Pilates? (pronounced "pill ah-tees")

You have seen the movie stars do it. You have seen commercials on television advertising its benefits. But, just what is it?"

The name "Pilates" comes from its creator, the late Joseph Pilates. He created a body conditioning and body rehabilitation program in the early 1900s in Germany. He immigrated to New York City in the 1920s. He and his wife, Clara, opened a studio using his own apparatus, which he invented and patented. His system was extremely successful within the dance community. George Balanchine and Martha Graham were great followers, as were many ballet and modern dancers. His "method" was mainly used for specialized conditioning and rehab.

Joseph Pilates died in 1967. Throughout the decades since his death, Pilates studios have been popping up all over the world. It has been in the last 10 years that Pilates has entered into the fitness arena.

The very strict trademark restrictions of the past have been lifted allowing many organizations and individuals to develop, train and expand the original method.

Now Pilates is everywhere. One of the most fundamental principles of Pilates is that the core or powerhouse is the center of all movement. The abdominal muscles work with the spinal muscles to develop and "strengthen the core." Breathing is important along with concentration to successfully train in this method. It is believed, in the medical and rehabilitation worlds, that working from the core is the most effective and safest way to exercise the body.

There are many ways to train in the Pilates method. There are exercises to be done on the various apparatus. These need to be done with a Pilates trainer specializing in the needs of the individual. These private lessons are not available to everyone.

What is available for everyone: mat classes.

There are about 40 mat exercises developed by Pilates. They are performed sitting, standing, lying supine, prone or sideways on a mat. Some mat classes today include props such as bands, balls and light weights. Some include yoga. Most mat classes last for 45 to 60 minutes. You will find that with two classes a week you will feel stronger and your stomach will appear flatter. You will develop flexibility, balance and coordination. You will feel taller and more confident. Mat classes are for beginners, intermediate and for the more advanced.

We are all fortunate for the life and gifts of Joseph Pilates. ☺

Arthritis Support Group Sets First Meeting

The first meeting of the Arthritis Support Group will meet at 2 p.m. on Tuesday February 7, in Suite G of the Arbor Conference Center.

For more information, please call Phyllis at 854-2592 or Pat at the Arthritis Foundation 861-6155. ☺

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Major Chris Flanagan of the Salvation Army accepts a donation from CERT and Caroline Scott, CERT leader, left, and Norman Scott, CERT trainer.



Citizens Emergency Response Team
Caroline Scott

On Top of the World's Citizen Emergency Response Team felt strongly about the job of the responders after Hurricane Katrina. They realize the monumental task of helping all those people who were in need.

As a team, who certainly would have been overwhelmed if it had happened here, they felt that the only way they could help was to donate money. Recently checks in the amount of \$700 were collected from the team members and donated to the Salvation Army to help their efforts in making the disaster victims' lives just a little bit easier.

Major Chris Flanagan accepted this donation with the many thanks and prayers of the entire Salvation Army organization.

I know that all of our residents realize the lasting devastation that has been hurled upon the South this season with all the hurricanes and storms. As a resident and a member of our CERT team, I can only be thankful that it did not happen here. Last spring I noted in a speech by Max Mayfield, director of the National Hurricane Center, that there was a prediction of many storms and some of those storms would be very strong hurricanes.

Well, his prediction came true. The worse news in his speech was that this trend will probably continue for another 10 years or more.

I can't emphasize enough the need for



USPO Advisory Council
Ray Utiss

When you read this article, I hope that all your holiday mailings were sent and received in a timely manner. If you went to our contract station to do your mailing, I am sure you saw the long lines. This is a very busy time of the year for everyone and all the delivery systems.

If you had a problem with your mail,

Fellowship Bible
Alice Geyer

Our class leader, Kurt, had to be absent for a day this past month. After we decided that we did not want to cancel that class, Kurt asked one of the group to lead the study. He provided some suggestions and material. It went well.

"Joy to the World," "Come Ye Merry Gentlemen," "As With Gladness Men Of Old" ... we have been singing through the Christmas season. Our wish for you all is joy, merry hearts and gladness throughout this New Year.

We meet for one hour every Monday at 3:30 p.m. in the Crafts Building Room 3.

For more information call Mabel Johnson at 873-0642 or Alice Geyer at 237-3059.



Singles Club
Garda Facci



Friendship Club
Wanda Simpson

Our December meeting was the Christmas party held at the Candler Hills Community Center.

As I was unable to attend I phoned several people for their impressions.

All greatly appreciated the Christmas atmosphere created by Peggy Campbell's lovely background music, which along with the Christmas presents for the Yankee swap and the festive attire of the members and guests created a joyful Christmas theme.

The Yankee swap was a great success with the chocolate liquor and other especially nice gifts being the center of attention.

You don't want to miss our next monthly meeting, which will feature a fashion show sponsored by Stein Mart, and with our very own members being the glamorous models. It will be lots of fun and will be held on January 12 at 2 p.m. in the Arbor Conference Center, Suites G and H. Come and bring a friend. There will be a short meeting and refreshments before the show.

Our mid-monthly activity will be a tour of the courthouse on January 19 at 9:30 a.m. and will probably end around 11:30. It is suggested that you park in the enclosed parking off Pine Street. Parking is free. Afterwards will be a luncheon at Felix's, Dutch treat. Any additional information can be had at the monthly meeting or by phoning Genny Keebler at 854-3948.

May this New Year be a wonderful, happy and healthy year.

Friendship Club members and guests enjoyed an afternoon of music presented by the On Top of the World Happiness Is group. Our community has many talented people, and we thank you for bringing to us such professional entertainment to add to our Christmas program.

The refreshment crew did a great job of preparing and serving the special treat to help celebrate the Christmas program, thanks to all of you.

Congratulations to those who were celebrating birthdays and wedding anniversaries this month.

Next month Lolly and her board have plans for more activities to start the New Year, we will play Pick A Pocket: bring something unusual in your pockets or purses. The table having the most items will receive a prize. Watch Channel 19 for more information regarding entertainment.

The Friendship Club membership is open to the residents of all On Top of the World communities. Annual dues are \$7 per person, from July 1, 2005 to June 30, 2006.

Our next meeting will be January 8. Refreshments are served between 2:15 and 2:30 p.m. and the meeting is held at 3 p.m., followed by the entertainment.

Call Mary Carol Geck at 854-8996 to report the illness of a member, or the loss of a member's loved one.

Call Wanda at 291-1074 if you have any questions or suggestions; you can e-mail me at cws45@cfl.rr.com.

American Jewish Club
Erwin Fluss

all important actions.

This is a perfect metaphor for our hopes for the New Year.

The American Jewish Club will meet on Sunday, January 15, at 12:30 p.m. This will be our annual potluck brunch. The club will furnish plenty of bagels and lox. This event is for members only.

Our information and goodwill lady, Dorothy Bresky, invites all calls for club information (after 4 p.m.) at 854-0284.

We invite all members of the Jewish community and their spouses to become members.

To all of On Top of the World, we wish a very happy, healthy, peaceful New Year.

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**Nature
Around Us**
Marion-Alice Burke

My wish for my faithful readers is to have a very safe, healthy and happy New Year!

Thomas Paine, who wrote "Common Sense," was born in England in 1737 and then became an American Revolutionary patriot and writer. He said, "I love the man that can smile in trouble, that can gather strength from distress and grow brave by reflection."

I'm sure that quite a few of us could stop and consider those words, find something of true meaning in them, and then put their

shoulders back, their head up with a smile on their face and get a good start for the New Year.

Also, my sincere thanks for everyone phoning or e-mailing me to name someone for the Backyard Beauty Contest. A few people have asked me how the nursery prizes were chosen and did the nurseries donate the gift certificates for the contest.

The answer is definitely NO! No nursery was asked to donate and all the prizes, except one, were bought and donated by ME. The one exception was the donation of the melaleuca mulch, which Kathleen Patterson offered as prizes for each winner. Kathleen's efforts throughout Marion County to inform everyone regarding right plants, right places and their proper care have been monumental in making our surroundings as beautiful as they are. If there are any other questions about the prizes, please let me know.

Now, let me introduce you to a newcomer to our midst, but certainly NOT a newcomer to proper gardening and all it entails. This lady will be alternating with me in the monthly column and I hope to have one other volunteer to be a third writer. This way my writing won't bore you and you can read another point of view from someone else.

Doris Mauricio came from Grosse Pointe, Mich., 11 years ago living in Citrus County for 10 years and now residing here at On

Top of the World (lucky for us.) She has three daughters and three granddaughters in Michigan. She was a Master Gardener for nine years there and also actively volunteered in the Senior Program in Citrus County, working diligently with the Nature Coast Volunteer Center. Now she is busy in the Native Plant Club here at On Top of the World, working with the Propagation Committee in the Master Gardeners program and answering the phones in the Master Gardeners office. Doris is also training in the On Top of the World Clown group. She has a Pointer named Beau and also a Siamese cat named Max who was a rescue kitty. She's my kind of lady and I'm looking forward to her articles.

The month I write, I'll discuss Florida agricultural business, regarding imports of fruits and vegetables, laws being put before our governing bodies in Tallahassee, fishing and other important environmental issues. Perhaps a few other interesting facts of nature will find their way into my articles also.

Don't hesitate to call or e-mail me to let me know how you feel about these new changes. I still hope to have one more writer so that neither one of us will run dry for new information.

The 2006 Master Gardener calendar is now available through the Native Plant Club and remains priced at \$5. This outstanding group of our own dedicated club members

uses the sale of the calendar for costs of planting various areas (have you seen the circle on 94th Street?) and refurbishing the Nature Trail as well as other good things. Please contact a member and get yours before they run out.

The State of Connecticut (from whence I cometh) has passed a tough new "distracted driver" law. Motorists there now face a \$100 ticket for doing ANYTHING at the wheel (eat, yak on a cell phone) besides drive. A few months ago I was nearly rear-ended by a man in a large pickup truck talking on his cell phone. I was stopped at the red light under Interstate 75 with a few other cars and he came roaring up behind me before he saw the light, but fortunately, there was no traffic in the turn lane on his left so he was able to avert a serious accident by steering quickly into that empty lane.

I now leave you good friends in the hands of that nice lady Doris Mauricio. If you have any thoughts on these changes, please call me at 854-1896 or 239-1467.

Be good to each other, keep your bird feeders full and the birdbaths clean. Remember to break up any ice that may form when it gets really cold.

The hummingbirds are expected back by the middle of February. I'm anxious to see how many of those little beauties have survived the hurricanes in the Yucatan Peninsula. I can't help but worry about them!

was on a birding trip to Dauphin Island, Ala. Its range is mostly in the southern half of the United States, then migrating to Mexico and Cuba for the winter. It is in the northern half of Florida from April through October and September through April in the southern half.

The Blue Grosbeak is fairly common, especially in hedgerows. Our only other blue bird with a conical bill is the Indigo Bunting. Both birds are frequently seen on roadside wires.

Note the much heavier beak, broad rusty wing bars and, in the male, the deeper, almost violet blue of the Grosbeak. Seen singly or in family groups, watch for the occasional tail flicking. Its habitat consists of mesic hammocks, mixed pine and hardwood forests and agricultural environments. The Grosbeak's song is a rapid warble; short phrases rising and falling. Note is a sharp chink.

The January 17 meeting will be in Suite H of the Arbor Conference Center. For further information, call Roberta Campbell at 854-4814, or me, at 861-2983.



Clue
She's still serving. See answer on
Page 25.

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Annual Camellia Show To Be Presented End of January at Pioneer Garden Club

The Annual Camellia Show, presented by the Ocala Camellia Society, will be held Saturday and Sunday, January 28 and 29.

The show is open 2 to 5 p.m. on Saturday and 1 to 4 p.m. on Sunday.

It will be held at the Pioneer Garden Club at the Appleton Cultural Complex, 4331 East Silver Springs Boulevard (State Road 40).

There is no admission charge, and all are invited to the two-day showing.

Weather permitting, 2,000 camellia blooms are on display and judged in competition.

Numerous awards will be given to those having selected flowers.

Camellias are native to the Orient and have become the Southern belle of flowering shrubs.

The two most common types are Camellia japonica, the best known of the Camellias, which blooms generally from November through March, and the Camellia sasanqua, which blooms from October through December. There are thousands of varieties.

The public is also invited to enter their best blooms in the show, and entries are accepted from 7 to 10:30 a.m. on Saturday, January 28.

All flowers entered must conform to American Camellia Society show rules, and Camellia Society members will be on hand to assist those who have never entered a flower before.

Anyone interested in entering flowers can call Ocala Camellia Society member Patrick Andrews at 595-3365 (e-mail patrickandrews@att.net) for more information.

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Activities January

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness	AC
	Orientation	
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Bocce League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cybex Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Synchronized Swimming	AC
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	
	Shuffleboard	CTS
	Exercises	AC
2:00	Rug/Latch Hooking	Art
	Rummicube	CC:E&F
2:15	Deep Water Aquacise	AC
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:30	Euchre	CC:H
7:00	Wood Shop	WW
	Sunshine Singers	BR
7:30	Callanetics	H&R

1st Week

Marion Blood Bank
(All Even # Months Only)

AARP Safe Driving
Life South Blood
(All Odd # Months Only)

RC Flyers Club
D'Clowns

Readers' Theatre

Comp. Handicap

2nd Week

Genealogical Society
Theatre Group

Community Patrol Prog.

10,000 Steps at Sholom

International Club

3rd Week

Readers' Theatre

D'Clowns

4th Week

10,000 Steps at Sholom

Tuesday

Lap Swimming

Oxycise

Travel Reservations

Condition & Stretch

Men's Tennis

Clogging

Aquacise Shallow Water

Women's 18-Hole

Racketball

R.C. Flyers Club

Tai-Chi

Computer Club

Hand & Foot Canasta

Stitch Witches

Harmonichords

Woodworking

Arts & Crafts

Bus Ocala Run

Women's 9-Hole

Horse Shoe League

Miniature Golf

9:15	Total Core & Body Strength	AC
9:30	Pinochle	MR3
10:15	Tai-Chi	H&R
10:30	Yogacise	AC
	Latin Cardio	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Foundation	AC
	Exercise Program	
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Bridge	CR
	Ballet Barre	AC
1:00	Singin'Swingin	CC:D
	Mah Jongg	CC:A
	Badminton	H&R
	Shuffleboard	CTS
1:30	The New Pretenders	HR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	CC:B
6:00	Pinochle	MR3 & Art
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
8:00	AARP Safe Driving	MR3
	Men's 9 Hole Golf	P.R.
3:00	Great Lakes Club	BR
7:00	Billiards	CC:D

1st Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC:E,F&G
	Response Team	
12:00	Visually Impaired	CC:H
	Support Group	
	Ham Radio Club	CC:F
3:00	Nutrition Discussion	CC:B&C
3:30	Alpha Investment	Art
8:00	Unique Birders	CC:H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC:E&F

3rd Week

1:30	Unique Birders	CC:H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC:E&F
8:00	Lions Club	Pub
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:D

4th Week

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
	Bicycle Club	H&R
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
9:15	Deep Water Aquacise	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Beginner Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Intermediate Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
	Bridge	CR
	Japanese Emb	CC:C
	H&R Exercisers	AC
	Mah Jongg	CC:A
1:00	Shuffleboard	CTS
	Bocce League	BCTS
1:30	Shallow Water	BR
	Exercises	AC
2:00	Pickleball	CTS
2:15	Deep Water Aquacise	AC
3:00	Dance Committee	SBF
4:00	Softball Practice	SBF
5:00	Square Dancing	AC
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bingo	BR
	Pickleball	CTS
	Duplicate Bridge	CR
7:00	Poker	MR3
	Square Dancing	AC
7:30	Stretchin Class	AC

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
	Bicycle Club	H&R
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
9:15	Deep Water Aquacise	Art
9:30	Pinochle	



Photo by Larry Resnick
Lolly Foos, right, leads the cookie brigade at the Holiday Song Program.

Thank You to All Who Helped With the Holiday Song Program

By LOLLY FOOS

We started this fun-filled day with a golf cart parade throughout the community. Forty carts were beautifully decorated; a must-see. Several On Top of the World Red Hat chapters organized the parade and did a wonderful job. Thank you, Betty Thayer, Mary Curry, Gail LaRue and Judy Labedz for your time and effort. Thanks to all who participated: carts, clowns, Santas, convertibles, bullhorns (CERT) and Community Patrol (Joe Berger).

Approximately 300 residents and participants joined in the evening program at the Health & Recreation Ballroom. Bob O'Neal and Peggy Campbell entertained us with a holiday sing-a-long and vocals. Yvonne Bednar and Dot Muller (Kitchen Kutups) gathered a group of residents for our traditional audience participation on the "12 Days of Christmas (Southern Style)." The program ended with Bob O'Neal and all the volunteers, along with Peggy Campbell, singing "We Wish You a Merry Christmas."

Many contributed donations, time and effort for the success of this program. On Top of the World Management, Friendship Social Club, Bingo, residents (cookie donations), Debbie Clark, Gary and his maintenance staff, Kay Chandler and her refreshment committee, Porky Schopf and his Sound and Lights Crew, Mort Meretsky and Ernie LaDuke (room setup and take down).

A special thanks to all of you and other contributors for your support.

On December 12, a group of residents gathered, and coordinated by Mary Ehle, visited housebound residents via the On Top of the World bus driven by David Breitenbecker. The group sang a few holiday songs and presented the residents with a beautiful poinsettia plant donated by the Movie Club/Entertainment Group. Thank you, Mr. Colen, for the use of the bus.

Everyone had a good time.
Happy New Year! ☺

Holiday Parade

◀ Continued from Page 1

journey. Many residents came out of their homes to see this display. Clowns tossed candy canes, Santa ho ho ho'd and many cameras clicked away. It truly was a sight to behold as the parade made its way down one street and up another.

The parade was just the opening act to a very festive day. As the parade wound down the delivery of cookies at the H&R began. Dozens and dozens of cookies appeared (as if by magic, or maybe elves) to be served to all participating in the evening sing-along.

December 14 was the day holiday spirit soared in On Top of the World. While many dream of a white Christmas, here we had a beautiful day to spread holiday wishes to one and all. ☺

Holiday Songs

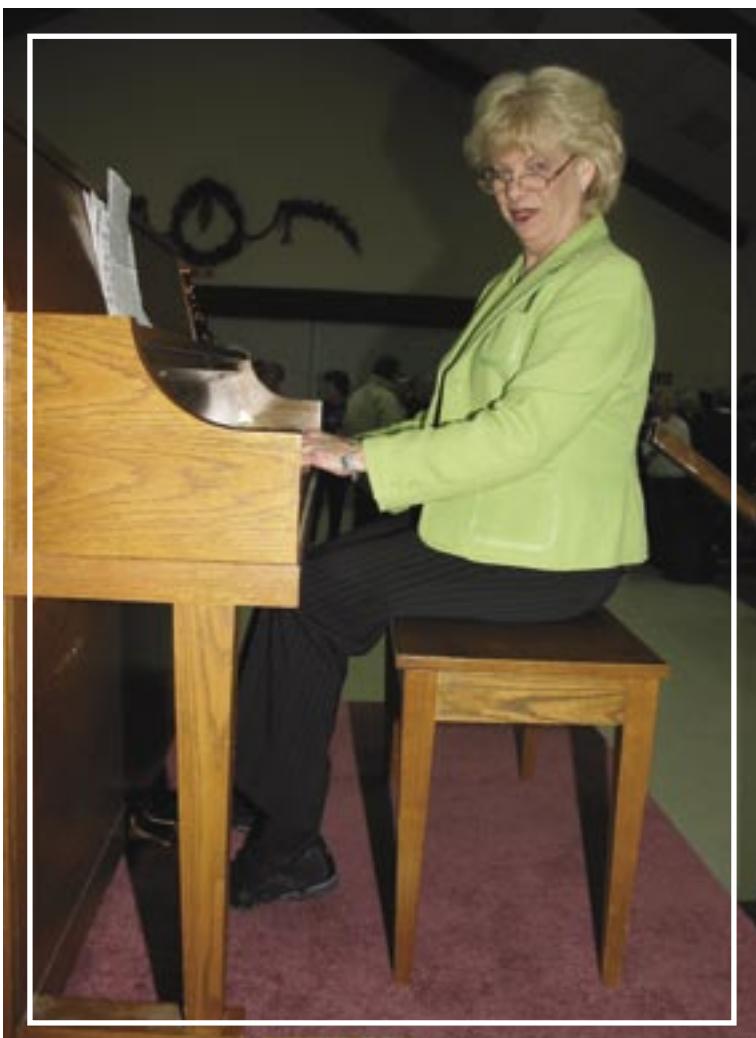
◀ Continued from Page 1

tributions of cookies, coffee, hot chocolate and money from many residents and from management.

The whole day led up to the music and song program. The congenial Bob O'Neal was emcee for this part of the evening. Peggy Campbell, who played piano music during the cookie and chocolate early evening, was the pianist for the sing-a-long. A series of Christmas carols and holiday songs was sung by the assembly — some vigorously and some tenderly. Bob O'Neal sang a plaintive and moving song, "When a Child is Born."

The evening had a raucous climax with the now traditional "Twelve Days of Christmas (Southern Style)," which Yvonne Bednar orchestrated, bedecked in a Santa Clause hat. The participants at each long table rose to present their day from "bluebird in a pine tree" to "12 collard greens" with "four catfish jumping" and "nine hush puppies" in-between. Each table made a vigorous presentation but the crowd bellowing an extended "five bowls of grits" was the rowdiest.

We all left with smiles on our faces and in our hearts. Dot Calbeck, an 18-year resident of Friendship Park, expressed it best when she said how much she enjoyed being among beautiful decorations, sharing delicious refreshments with neighbors who enjoy making music together. ☺



Photos by Larry Resnick
Peggy Campbell leads the Holiday Song Program, top left.

Penny Wilson puts finishing touches on her golf cart before the holiday parade, top right.

Holiday golf cart parade participants went above and beyond to decorate their carts, at left.

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Genealogical Society

Helen Grollmusz

As I am recording my family history for future generations, and going through the many pictures and papers that I have, I came across this card of the ship "Bremen." It is from my mother-in-law, returning from one of her trips to Germany.

Born in a small town in Slovakia, she went to Bratislava, the capital, to train in the hospital there to become a midwife.

Going back to her hometown she delivered many babies, since she was the only midwife available and people could not afford to go to the hospital to have their babies.

It was not a rare occurrence for women to go out in the fields to work at the time of harvesting crops, even when they were expecting. When it was time for the baby to be born, they had no assistance. They would then wrap up the baby the best they could and walk back home.

When it was time for delivery and they were at home, it was a blessing for the



A postcard from Helen Grollmusz's mother-in-law when she traveled on the ship the Bremen (pictured) in August 1965.

young women to have a midwife to attend to them. In the late '20s and early '30s and '40s, my mother-in-law delivered most of the babies.

It was in 1953 that she came to the United States to stay with her son (my husband) and me. It was on the ship, S.S. United States. She made trips back to Germany where her other son and his family were living. The accompanying card is from her trip in August 1965 on the Bremen. I'm happy that I have cards from these ships.

This brings to mind Ellis Island. I have touched on this previously and also Castle

Garden. However, there have been times when it's been said, "I know that my family members came to Ellis Island, but I can't find them."

It may be because they died in quarantine in either of two hospitals located in Hoffman and Swinburn Islands in Staten Island in Richmond County, N.Y. Most of these individuals were new immigrants en route to Ellis Island and, since they were ill with contagious diseases, they were transferred to these two hospitals.

Their families would likely have continued on to Ellis Island where they were prob-



Red Hat Society

Vivian Brown

Well, ladies, where oh where did this year go! It seemed like I just blinked my eyes and it was history. Of course that isn't true, but every year seems to go faster and faster.

Nevertheless here I am making out my New Year's resolutions list: exercise daily, sensible eating, spending more time with my family and doing some charitable work for those in need. It gets harder and harder to keep the first two, but I keep trying.

But as a Red Hatter I intend to keep the Red Hat "Hattitude" to laugh it up, live it up and love each other every single day. There is so much beauty in the flowers, trees, sunrise, sunset, and the birds' songs, you just have to greet your friends and neighbors with a smile.

Remember the West Coast Gala Luncheon on March 25. Contact your Queen Mothers for more information.

Also, there is a Mardi Gras Day in Dunnellon in February. Please check with your Queen Mothers for details. Also, our Annual Red Hat PJ Party hosted by the Queen Bee and her honeybees will be on February 26. Details later. Till next month keep passing those smiles along. God bless, Happy New Year everyone! Vivian

THE RAZZLE-DAZZLE RED HAT DAMES had a really Super Progressive Luncheon. It started out at Jackie Randolph's house for appetizers, and what an array of them. There was shrimp to scallops wrapped in bacon, bowls of fresh fruit, platter of raw veggies, a bowl full of punch, hot coffee and tea. Her Christmas tree and decorations were beautiful. From there we went to Betty Broman's for salad. We had a wonderful cranberry Jell-O salad with all kinds of fruit and cream on top. She read us "Christmas Tree Memories" and gave us a copy. It brought tears to my eyes. Joan Bolling, one of our new members, played on the antique organ and we sang "Silent Night" and "White Christmas." It was just great. For our main meal we went to Jean Stanley's, which was homemade roasted turkey over dressing and green bean casserole. It was scrumptious and Jean's home is always like stepping in the picture of a magazine, oh so very beautiful! On to Helen DeLuca's for a nostalgic presentation of desserts, like tiramisu, individual cream puffs, Red Hat Cake, cookies, etc. Your choice of after dinner drinks, coffee and tea. Then on to my home for some Christmas fun and gift exchange. There is always one gift that everyone seems to set their eyes on, so a set of Red Hat wine goblets passed through a few hands. It was fun and there were some really different gifts this year. We sang some other Christmas songs. I want to thank all our wonderful hostesses for doing a terrific job on the food and their homes were spectacular. We also attended "The Nutcracker" at the Ocala Civic Theater. Next month, Helen DeGraw is our hostess

and we are going to the Culinary Institute in Inverness. Happy New Year, ladies. I love you all. You are the greatest. God bless ... QM Vivian Brown

THE COOL CATS IN RED HATS were on the go with the fall weather. First was the Fashion Show in Dunnellon for "Shoes for Tots." There was a nice lunch and lovely fashions, all for a good cause. Janet Hartshorn picked the Olive Garden for lunch. We had three new ladies join our group, Geraldine Centofanti, Jackie Lolondi and Shirley Sherman. Next was Travel Toppers' bus ride to Ellenton Mall. It was a pretty day just right for shopping. Off again to the Ocala Hilton for breakfast and the Festival of Trees. ... QM Janet Fragapane

THE CRIMSON BELLES had our November 29 outing hosted by our Shirley Killpatrick. She had planned on taking us to Dunnellon for lunch and a pontoon ride but due to the weather we went to the Mason Jar for lunch and then back to Shirley's home for dessert and drinks. She presented all of us with a beautifully red-framed poem that inspired the Red Hat Society. Our thanks to Shirley for a job well done and appreciated by all. Charlotte Hancock presented Queen Mother with a beautiful Queen Christmas stocking. Thank you, Charlotte. We looked forward to "The Nutcracker" on December 15 and we had a discussion about the February 26 Pajama Party. We all look forward to future events. Hope all have a happy holiday season. ... QM Joann Matchkavitz

WEDNESDAY'S WILD WOMEN In November, we went to Bentley's in Dunnellon. All the girls had great food and fun. Of course shopping in the historic district came afterward! We had a great time at the Festival of Trees breakfast. The speaker, Haywood Smith, was very entertaining and funny. Most of us had her sign her book afterward. Now we're getting ready for the golf cart parade by decorating them in the Red Hat attire. Our Christmas party and gift exchange is the same day. Luv ... QM Sue Moody

THE CRESCENT RIDGE RED HATTERS have had a wonderfully busy month. We had great fun planning our costumes and attending the Red-iculous Fashion Show; next it was to the Hilton for the Festival of Trees luncheon. It was amazing to see so many beautiful Red Hat outfits in one room. Margie Saxon was our hostess for our annual Christmas luncheon and gift exchange at Ruby Tuesday's. Lunch was delicious and the service outstanding. Margie had lovely Christmas favors for each lady and surprised us by giving the musical table centerpiece to one lucky winner. Some of us planned to attend "The Nutcracker." We look forward to the New Year and more

Happy Hatting. ... QM Anne Seales

THE DIVINE DIVAS wish all the Red Hatters and residents of On Top of the World a very happy and healthy New Year. November Luncheon found 20 Divas at Shell's with Harriet Brower and Bunny Barba as hostesses. Thank you both for a lovely time. December 12 was our Holiday Party at the Mason Jar with our own Queen Mother Gail LaRue and Marilyn Rose doing the honors. At that time we revealed our secret sister for 2005 and found out the name of our new sister for 2006. Our plans are in the works for the PJ Party and rehearsals will begin shortly. Divine Diva theme for 2006 is to remain secret until that time. Happy Hatting to all. ... QM Gail LaRue by Bunny Barba

THE GLITZY GALS thank Carol Cecala and Aldona Sachs who hosted our November outing at Logan's Steakhouse. They placed a Red Hat angel ornament by each of the settings, The Birthday Gals, Aldona Sachs and Mary Curry, were serenaded by kazoos and voices. The Gals gave their Queen Mother a beautiful glittery state pin of Florida to put on her sash for her birthday. Thanks gals! After a short quiz Bea Maxwell had the most points and won a prize given by Mary. Carol and Al had a special prize and Sara Riehm was the winner of that. Afterwards we all enjoyed the Red Hat sport which is shopping. We attended the Festival of Trees at the Hilton. We had decorated a tree to be sold with the money going for Public Education. Thanks Janet for doing a great job. The lunch was great and the trees were beautiful. We are getting a box of Red Hat items ready to send to a chapter in Biloxi, Miss. Fourteen of the 24 members all lost everything they owned during Hurricane Katrina. Hopefully we can bring them a little Christmas cheer. For December we planned a progressive Christmas luncheon, attended the ballet and joined the golf cart parade. More details next month. We wish everyone a wonderful and healthy New Year in Red Hat spirit ... QM Mary Curry

THE RED SHADY LADIES What a wonderful time we had at the Candler Hills Restaurant. Fourteen of our ladies attended and we all had great food. I had the crab cakes on English muffins and it was out of this world. We have never had such good service or food. They even made a special "Red Hat Drink" that a few of us decided to try. Yummy! We were anxious for our annual Christmas party at the Arbor Club. It was a covered dish with special "grab bag" that floats around until the right word is said and then you get that gift. It was a blast last year. We continue to discuss bus trips that we may be able to take in the near future. It should be fun. We have many wonderful ideas and now to make the decision which ones we should

ably detained while awaiting the sick relative. Eventually, their families would have been released from detention and traveled on to their new homes, never knowing where their children or other family members were buried.

This information is from the Web Site <http://freepages.genealogy.rootsweb.com/~quarantine>.

The Forgotten Of Ellis Island Deaths—In Quarantine, 1909-1911

This excellent article with much information was written by Cathy Horn who is constantly working on this list.

Quoting her: "To compile this list I reviewed the Death Certificates from November 1909 through June 1911 registered in Richmond County (Staten Island), N.Y., for those deaths having occurred on either Hoffman or Swinburn Island. Also included on the list are two or three deaths registered as having occurred on either the quarantine landing or the health officers' boat."

There is also: "A Short Bibliography For Quarantine And Ellis Island."

This lists some books and periodicals, which relate to both quarantine at New York Harbor and Ellis Island.

We have other information on Ellis Island in our On Top of the World Genealogical Society inventory. That as well as other books, tapes and articles of genealogical information are in our cabinet in Meeting Room 3 in the Crafts Building. Members can sign out for what they wish to study and return items at the following meeting.

We welcome all who are interested in genealogy to join us.

We can learn from each other.

Any questions, please feel free to email me. Helen Grollmusz handlova2@aol.com

Thank you.

From all members of the Genealogical Society, we wish you a happy New Year!

take. The Red Shady Ladies hope that you have a wonderful holiday season and your New Year will be a healthy and happy one. ... QM June Laurin

JOYS HAPPY HATTERS enjoy shopping and don't have to be asked twice. A few of us went with Travel Toppers from On Top of the World to the Ellenton Outlet Mall. It was a fun place to shop and we came away from there quite satisfied. The plus was that it was a bus trip so no one had to drive. We also attended the Festival of Lights at the Hilton. A delicious brunch was served (too late to call it breakfast!). We had a very animated talk by Haywood Smith, a best selling author of three Red Hat books. She certainly had an interesting life. She autographed the books for us with a flourish. Then we enjoyed walking around the halls which were decorated in different themes. We did notice there were four with a Red Hat theme. We also saw a gingerbread village and a train display. Of course there were Red Hat jewelry and other items for sale. Outside we saw impressive sand sculptures with the Santa theme. Stay well and God bless. ... QM Jennie Halvorsen

THE CRIMSON CUE-TEES November started with our monthly luncheon at Ruby Tuesday's in Ocala. Princess Barbara Young hosted it. She presented each member with a lovely billiard pin that was so appropriate, given that our chapter is composed entirely of lady billiard players. After lunch we gathered back at Barbara's lovely home for the coronation ceremony of our two new members Rena Glennester and Ruthie Malmon. With these additions, we now have eight sisters in our chapter. Our birthday sister for November is Princess Florence Binder. Her celebration was received with cake singing, kazoos and much laughter. Queen Shirley with Vice-Queen Penny Wilson and Princesses Polly Farineau with Florence Binder have been very busy planning and making decorations for their participation in the upcoming Christmas parade. Many of us are traveling this time of year and I wish you all a safe and Happy Holidays. Until next month let your Holiday colors be purple and red. ... QM Shirley Impresa

Please e-mail your chapter's activities by the ninth of the month to: vivjcb@aol.com or phone 291-0246.



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Native Plant Club

Ron Broman

Lately, "Have a Happy Holiday" pushes our buttons one way or another. Maybe this will push them somewhere else.

Ilex cassine is a Florida native evergreen tree. It does well in almost every county. Historically it inhabited the coastal plain, interior cypress ponds and flatwoods depressions; but its smooth gray bark, bright red berries and essentially spineless leaves have moved it inland and upland.

"It is rarely recognized as a holly, [but] it is used so widely during the holiday season that it is commonly called Christmas berry."

If you're looking it up, try Dahoos; but don't expect to learn what that word means, or where it comes from, because its origin seems to be unknown. But there are speculations:

"The word sounds African to me and I'll

just bet that long ago some African shaman saw its red fruits and tropical-looking evergreen leaves and thought it looked enough like something from 'back home' to be called by a name he or she remembered. So, that name, like the shaman, may have survived passage in the stinking anguish-filled hold of a slave ship crossing the Atlantic."

Another source states, "The common name (dahoos) is apparently of native American origin."

Nobody knows. At least they're not telling. Maybe you have the answer.

The botanical name is a different story. "Ilex was the Roman name for the European holm-oak and applied to the hollies by Linneus, [and] according to the 1889 Century Unabridged Dictionary, the species epithet, cassine, derived from the Italian casino meaning a country house."

The Dahoos is one of the hollies in America used in the "black drink" ceremonies of the Calusa, Seminole and other "early people." (World News, February 2005). Ilex contains caffeine and certainly did the trick of cleansing the body (if not necessarily the spirit) of the warriors.

In the Civil War, Dahoos was also popular as a tea, replacing the blockaded China tea (*Camellia sinensis*), and was known as cassina or cassena. (I guess it kept them going.)

What keeps me going is sharing what an appropriate addition Dahoos is to our modified sandhill community.

You may remember that back in July the leaders of Ocala Pride in Bloom honored the Native Plant Club and Sholom Park. Our club was recognized in the category of environmental awareness for our work on the Longleaf Pine trail and the circle at 94th Street and 89th Court Road. With the award we



Photo by Hank Claterbos

Members of the Native Plant Club and Phillip Hisey, in blue shirt, left, pose with some of their green thumb handiwork.

received a \$100 certificate from The Briar Patch nursery. It was decided to purchase a Dahoos to add more focus to the circle; so on November 30, several members of the Native Plant Club, with the very able direction of Phillip Hisey, On Top of the World Communities' Commercial Area Landscape Superintendent, planted the holly tree in the circle.

Ilex cassine "can be used in woodland plantings or wet areas (near the edge of lakes or streams)." It is drought tolerant and suitable for xeriscaping (planting in groups according to water needs). It does best in full sun to partial shade. Its almost inconspicuous white blossoms appear in mid-winter along with its profusion of red

berries.

One needs to be aware, however, that hollies are "dioecious (separate male and female plants). Only females have berries, and a male pollinator must be within range for bees to pollinate them."

Not only for our pleasure, but the berries are "vitally important to migratory birds wintering in the southern states."

With this addition to the 94th Street circle, we all, everyday, can Have A Happy Holly Day! — Dahoos, that is!

On December 14, Claudia Larsen, senior biologist in the Environmental Horticultural Department at the University of Florida, presented members and friends of the Native Plant Club a program entitled Seed Propagation of Florida Wildflowers. She demonstrated how to collect, clean and sow seeds of common wildflowers. She also shared how to store the seeds and how to break their dormancy. Claudia is a past president of the Paynes Prairie chapter of the Florida Native Plant Society in Gainesville and is owner and operator of Micanopy Wildflowers Nursery in Micanopy.

The Native Plant Club begins our new year with a PowerPoint presentation on Wednesday, January 11, at 2 p.m., "Landscaping and Gardening with Florida Native Plants." It was developed by the Pinellas chapter of the Florida Native Plant Society and the St. Petersburg Audubon Society.

In addition to defining native, naturalized and exotic plants, the program briefly describes the major Florida habitats and gives clear examples of landscaping techniques. It should be a very interesting program. We meet in the Longleaf Pine Center, room H, on the second Wednesday, of each month, September through May at 2 p.m. Please join us and experience the joys of Growing Native! ☺



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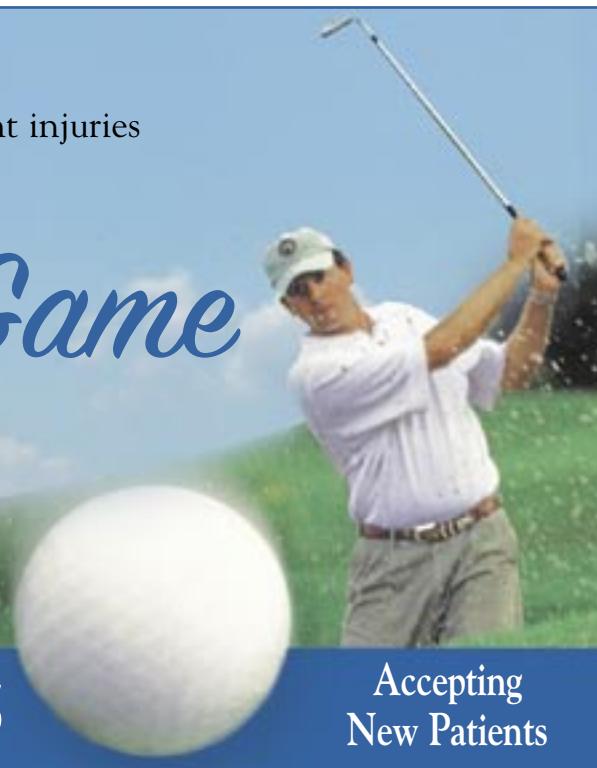
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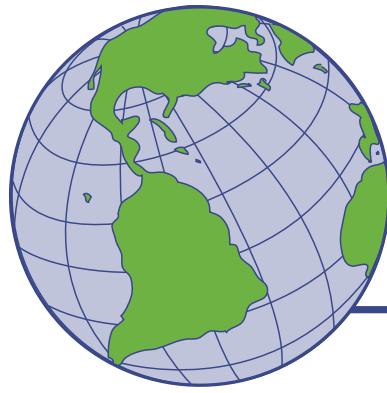
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On Top of the World NEWS

Where the News is Always Good

D'Clowns help Santa entertain children, Page 22.

Section 2

Vol. 19, No. 7 • January 2006



Photo by Larry Resnick

Lou Borders gets ready to bowl during an On Top of the World bowling league.

Bowling Can Make You The Star Of The Moment

By LARRY RESNICK

Bowling is fun, bowling is exercise, and bowling is a social sport. On Top of the World residents have two leagues, one that bowls on Mondays and another that bowls on Thursdays. This reporter is more familiar with the Thursday league.

There are 22 four-person teams. Each team has a name and collectively they call them selves the "Western Stars." Now, do the math: 22 teams at four persons per team, that's 88 people, right? Can you imagine the fun and socializing going on with this group of On

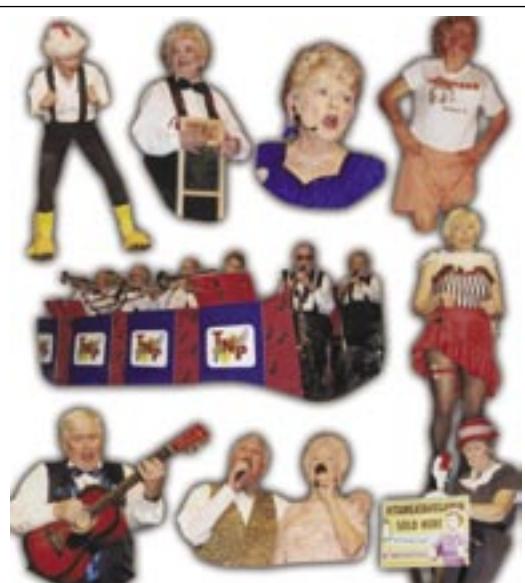
Top of the World residents and neighbors?

Don't get me wrong. There are quite a few very serious bowlers. Many over 200 scores are seen and heard about every week. Sometimes there is even close to a near 300 perfect game.

With this league fun and fellowship is the game plan of the day and that's what we get. Hopefully our bowling averages will improve and every once in awhile we all get an outstanding game or we make a spectacular shot and we become the star of the moment. High fives are given, shouts of joy and congratulations are

given and heard and then the next bowler is on the alley.

After the weekly three games or lines are bowled you hear many of the foursomes and neighbors making plans to go to some of the local restaurants to do some more socializing and feed the appetites that were worked up. After an afternoon of fun and exercise these bowlers aren't quite ready to call it quits. It's a lot of fun and as most of you know, we live in an active adult community and this is what most of us came here for: active adults having lots of fun. ☺



New Pretenders Take to the Stage

The NEW Pretenders will be in concert Friday, February 10, and Saturday, February 11, at 7:30 p.m.

The show's theme is Do You Remember ... Memories." A cast of 21, including their nine-piece band under direction of Lou Maire, will bring back memories of songs you sang and danced. Some you never have heard before and probably will never again.

There will be the usual glitz costumes and then there are some far from being glitz.

There might even be a special guest from the past making an appearance.

Wherever they perform, the cast has as much fun as the audience. In fact the FUN never sets.

Tickets go on sale January 16 from 8:30 to 10 a.m. and every Monday, Wednesday and Friday thereafter. Ticket prices are \$5 general and \$7 reserved and are for residents and their houseguests. No tickets will be sold at the door.

Last year they played for more than 800 people for their two performances. Get your tickets early as each show will probably be a sellout as in the past.

Last but not least: Save your ticket stubs for \$2 off any lunch or dinner entree at the NEW Candler Hills Restaurant. ☺

The Littlest Post Office in the U.S. is Small in Size, Big in Service

By BOB WOODS

Sometimes great things come in small packages. This is what my wife, Bev, and I found out while traveling in the Everglades section of Florida as we cruised along on the Tamiami Trail (Route U.S. 41). I saw a large dirt area with a shack located in the middle of it at the same time flying the American Flag. With a closer look, to my surprise, I saw the sign stating this shack was a U.S. Post Office. This shack looked nothing like a post office but resembled more or less a roadside outhouse. Since I was doing the speed limit in the 50s I went past this catchy building slowing down at the same time watching for wildlife as I entered the shoulder to turn around. I couldn't believe my eyes when we pulled into the parking area which was of enormous size compared to the little building spouting the U.S. Postal Office sign and zip code on the roof as there is no room to hang the sign on the shack's front.

I carefully read a short notice on the outside of the front door stating the door is split in two and each side slides outward. There is no room for the door to open inward and once the door is open it allows only one person inside out of any weather. There was a postal employee sitting at a small cramped desk inside this air-conditioned post office, which by the way even had a telephone.

During a brief conversation with the postal employee, I jokingly asked how many people this post office served. I found out this little post office serves around a 1,000 habitants of the area including members of Seminole and Miccosukee Indians living in the local area. The postal employee told me this adding that this little post office is "the smallest post office in the United States" and also serves many tourists like myself who stop and ask questions and those who want postal cancellations from this post office.

She also added that tour buses stop so those on tour can see, purchase stamps and get a cancellation stamp from the "littlest post office in the country." I thanked the young lady wearing her postal uniform leaving her to her postal chores and tasks.

The size of the post office is 7 foot three inches by 84 inches. Before I left the postal lady told me the "post office also serves as a ticket station for Trailways bus lines."

I found out after digging for a little information on the Ochopee Post Office that the present shack was an irrigation pipe shed belonging to a tomato farm. It was pressed into service after a fire destroyed Ochopee's general store



The littlest post office in the United States is located in Ochopee, Fla., on the western end of the Tamiami Trail (U.S. 41).

and post office in 1953. The present post office has been in continuous service ever since servicing residents in a three-county area.

I did find out one interesting little tidbit. It seems this

► Continued on Page 29



Director of Golf

Jeff McDonald

First let me start by saying that I am so glad to be here. Thank you for being so kind and I look forward to learning your names to put with your faces.

We have ordered some shirts, hats and visors for you, which should be here soon. I am trying to work on remodeling the Golf Shop a little so I am not going to load the shop up until we finish. Please remember that when you need any golf items that I would be honored to order it for you. Please give your Golf Shop a chance.

I am excited to inform you that on Thursday, January 12, Nike will be hosting a Demo Day at Candler Hills from 9 a.m. until 2 p.m. It will also be held on Thursday, January 19.

Cobra will do the same. So make your plans now! Come out and try the latest greatest in technology. Call either golf shop for details.

Thank you for understanding that in order to create more pride in our club we need to adhere to the following dress policy.

Men, when we go into the Health & Recreation Building or the Pub, please remove your head wear, i.e. hats or visors.

Men must wear shirts with a collar or a mock turtleneck. (No T-shirts)

Ladies may wear a shirt with sleeves and no collars, or a shirt without sleeves and with a collar.

No denim of any kind, for men or women.

No swimsuits in the Golf Shop or on the course.

No cut-offs.

No jams.

No tank tops or muscle shirts.

No cargo pants.

The Golf Shop will be enforcing the dress code policy starting February 1. Thanks again for your support.

Keep checking with the golf shop staff to see what's going on next.

Have a great New Year! ☺



Words from the Pro

Stan Brion

We hope 2006 is a storehouse of good times out on the courses. For some it will be their first hole in one, for others it may be the first time to break 90. For others, they may break 70 for their very first time. But whatever you do, enjoy it. Have fun playing golf.

At this time, we would like to thank all of those who have implemented the new handicap rules for driving your golf carts. We hope this has helped to make your round a little easier. This was addressed in last month's article. If you have any questions about this new ruling, ask our Pro Shop attendants.

This month's topic to be addressed is "slow play". It is amazing to see groups that have become two to three holes behind in a shotgun start when they all are starting out at the same time. Part of the game of golf is playing it within a limited time frame so others can play too. Men and women both have been guilty of this. Here are some tips to make your round enjoyable and somewhat faster:

- Limit your time looking for your ball to only 5 minutes. (Not 10 minutes looking for a lost ball.)

- When you see that the group in front of you is getting farther away, pick up your

pace.

If you're having trouble seeing your ball flight or your shot is going towards the sun, ask your group or someone in the group to watch your shot.

Ball hawking is not permissible. Do not waste other golfers' time while you look for golf balls.

Be ready when it's your turn to putt on the green. Many minutes can be lost because players aren't ready.

I hope these tips will make your game more enjoyable and fun for all.

Now on the fun side, it seems that Joe Rosinski is at it again. On November 12 on the No. 9 hole on the Links, he hit his 3 wood and then his second shot with a hybrid iron right into the hole. Joe was playing with his wife Cindy and Jim and Sylvia Jordan.

Jim's name appears again this month. This time he is requesting a replay as he was behind the green looking for his ball and missed Joe's eagle shot. Nice going Joe. What's next?

On November 14, Bill Lorenz had a hole in one on the 14th hole of the Links using a 6 iron. He was playing with Ed Darichuk, Fred Moody and Ed Barkholz. Nice going Bill!

On November 11, on the Tortoise and Hare, Ron Wilson used a 5 wood to make his hole in one. He was playing with Glen Swiger, Bill Hawk and Fred Lang. Nice going Ron!

While playing golf with Linda Bervinkle, Jean Culp and Gene Sohler, Frank Smith eagled the No. 7 hole on the Links. Paul Del Vacchio said that he is glad he wasted it on them and not on him. Nice shot Frank! Keep up the good work.

On the 29th of November, Tom Konop had a hole in one on the 14th hole of the Links. Tom was playing golf with Charlie Waugh and Gary DeHart. Charlie told me that since the Pub is closed, he will take his drink in cash.

It seems that it's been pretty busy out there with all those hole in ones and eagles. This year may be your year!

The Pro Shop staff would like to extend to all a healthy and happy New Year 2006. ☺



Men's Golf Association

Paul Del Vacchio



Photo by Larry Resnick

Men's Golf Association's Paul Del Vacchio presents a check of \$1,000 to Suzanne K. Reynolds, director of development for Hospice of Marion County, Inc., that was raised by members of the association at their regular Wednesday luncheon in December just prior to Christmas.

Rohde, tie for 3rd place.

Thanks to all who participated.

Please make note that we will start our President's Cup Match Play, with tee times, on February 8. Just for an update, this is a single elimination match play tournament using 80 percent of the MGA handicap. Players are divided into flights and all play from the white tees except the Championship Flight, which will play from the blue tees. Please consult your MGA 2006 Booklet for further direction on how this game will be conducted.

Just a reminder: Don't forget to pay your computer fees and MGA fees for the year 2006. There is a \$3 charge to reinstate you if you have forgotten!

Words of Wisdom: "Ways to enjoy your golf. 1. Hit your favorite club off the 1st tee. 2. Decide to let nothing bother you for the 18 holes." Mark and Chrissy Donnelly

(Patty keeps trying to get me to follow through on No. 2 but I just can't seem to make myself do it!) See you around the golf course. ☺

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Upcoming Publication Dates

February issue

Thursday, February 2

March issue

Thursday, March 2

April issue

Thursday, March 30



Golf Tip

of the Month

Nick Montanaro

If you have ever played golf, you have no doubt heard, "keep your head down!" For most golfers, this is useless advice and creates more problems than it solves. Once a golfer has the proper address position, it is important to keep the tilt of the spine angle throughout the swing. The more centered the body turns around the spine, the more consistent your ball contact will be. Finally, always remember keeping your head down is a false statement. Knee flexion controls the up and down movement of the body and will prevent you from topping the ball.

Have a great 2006 on the fairways!

The Monthly Rules Corner

January's Rules Corner Question

Q. A player plays a stroke at his ball, which is lying out of bounds. What is the ruling?

Read Nick's golf tip of the month in February to find the answer and a new question.

Nick Montanaro is the Assistant Golf Professional

January 2006

The World News®

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Ladies 18-Hole Golf

Mary Sohler

Happy New Year! I hope your holidays were wonderful and that you're looking forward to another great year! The Christmas luncheon at Rainbow Springs was very nice—great food, lots of prizes and a good time all around. Thanks to the committee for a great job! Our next luncheon is coming up quickly, January 10, so be sure to sign up on the bulletin board in the Pro Shop.

Hostesses for January are Marge Myhr, Andy Flannery and Mary Driver. If you cannot be there, please get a substitute.

I'm finding it's as easy to lower your handicap as it is your weight! I should probably be putting both of those on my list of resolutions!

Low Gross/Low Net

November 15

Low Gross

A Flight: 80—Jerry Gill, 81—Karen Hendricks, 89—Janet Juhlin, 90—Beverly Ovrebo

B Flight: 98—Agnes Lindley, 102—Velma Rose and Flo Emanuel, 106—Doris Holman

C Flight: 104—Margie Hink, 105—Norma Cleveringa, 107—Dea Johnson, 110—Mary Alice Narwold

D Flight: 111—Marie Marquis, 116—Lena Sneed, 119—Elsie Calabrese, 130—Laura Teyral

Low Net

A Flight: 69—Gretchen Normandin, 71—Betty Gustafson and Margie Wade, 72—Sylvia Keller

B Flight: Harriet Brower 72, Georgette Perrault 73, Glenna Swank 75, Louise Suver and Patty Bourgault 77

C Flight: 72—Deb Phillipson, 74—Jeanne Rice and Mary Sohler, 75—Esther Lang

D Flight: 77—Ruth Border, 78—Mary Skennion, 79—Florence Foley, 92—Catherine Becroft



Handicap Committee

Patricia K. Del Vacchio

The Straight Scramble, or as I like to call it "the A Players' Scramble," was held on a beautiful sunny day, December 3. I was privileged to play with three really nice people and my A Player was very generous and allowed us to all play. We had some really great shots but just couldn't seem to complete the hole ... I'm beginning to think it's me. Looking back over my notes for past scrambles the persons I played with are all winners, hummm!

Seventy-nine golfers played. There were 10 teams and 50 percent of those teams were paid.

First place was a tie with a 66: R. D'Addio, D. Scott, L. Dumeer, D. Phillipson and L. Hoefer, N. Darichuk, H. Howe, M. Floeckher.

67 was the winning number for the four teams in second place: R. Goszewski, C. Arnold, D. Hink, M. Marquis; D. Suver, L.

Turkey Shoot
November 22
Gross

A Flight: 43—Sandy Chase, 45—Beverly Ovrebo, 49—Linda Bervinkle

B Flight: 49—Norma Cleveringa, 51—Jo Apperson, 53—Janet Kingsley

C Flight: 53—Helen Bextermueller, 57—Mary Sohler, 58—Jeanne Rice

Net

A Flight: 33—Jean Culp, 36—Ginny Huckel, 38—Betty Gustafson

B Flight: 36—Margie Hink and Angelita Pena, 38—Phyllis Huntington

C Flight: 36—Connie Shirley, 38—Florence Foley, 39—Marie Marquis

Chip-ins: Velma Rose

November 29

Cancelled

4 Clubs and a Putter

December 6

Gross

A Flight: 89—Linda Bervinkle, 92—Sandy Chase, 93—Beverly Ovrebo

B Flight: 93—Louise Suver, 100—Harriet Brower, 103—Norma Cleveringa

C Flight: 99—Helen Bextermueller, 104—Jackie Page, 106—Jeanne Rice

Net

A Flight: 67—Marilyn Rose, 70—Linda Dumeer, 72—Kathy Hoefer and Jean Culp

B Flight: 67—Angelita Pena, 69—Phyllis Jarskey, 72—Agnes Lindley

C Flight: 65—Esther Lang, 69—Virginia Broman, 71—Marjorie Myhr

Chip-ins: Linda Bervinkle, Mary McAtee, Jeanne Rice, Bev Ovrebo, Agnes Lindley, Esther Lang, Florence Foley

Low Gross Low Net

December 13

Gross

A Flight: 1st Bev Ovrebo, 2nd Gretchen Norman din, 3rd Jerry Gill

B Flight: 1st Marilyn Rose, 2nd Mary J. McAtee, 3rd Jean Culp and Flo Emanuel (tied)

C Flight: 1st Dea Johnson, 2nd Margie Hink, 3rd Helen Bextermueller

Net

A Flight: 1st Ginny Huckel, 2nd Sandy Chase, 3rd Nancy Nicholas and Mary Driver (tied)

B Flight: 1st Louise Suver and Harriet Brower (tied), 3rd Agnes Lindley

C Flight: 1st Esther Lang, 2nd Mary Skennion, 3rd Deb Phillipson

Chip-ins: Ginny Huckel, Harriet Brower, Jean Culp



Photo by BJ Leckbee

Brenda Smith, left, and Gretchen Saker sign in golfers during the Rally for the Cure Tournament on November 15. The Ladies 9-Hole Golf League raised \$870 for the event. The league has participated each year since the rally's inception 10 years ago.

them; however, checking the bulletin board is the best way to be sure you're aware of them.

There's a new golf game in our book and we'll be playing it in January. It's called a Ribbon Tournament and it means you'll be playing your own game, but not every score will count. Check page 14 of your league booklet for details.

Rally for the Cure

November 15

Net Scores by Flight

A Flight: 31—Grace Bock, 33—Marie Greco, 34—Darlene Clark, 36—Arloa Vanderkolk and Millie Nucaso

B Flight: 30—Marlene Floeckher, 33—Virginia Blanchard, 35—Pat Kizer, 36—Mary Carson

C Flight: 34—Sharon Bailey, 37—Ruth Mitchell, 40—Carol Bell and Helen Bailey

Chip-ins: Linda Heenan, Pat Kizer, Phyllis Smith, Tommey Vogt

Ironing Day

November 22

Net Scores by Flight

A Flight: 42—Deni Dehart and Ellie Rapacz, 43—Millie Nucaso and Lois Tatonetti

B Flight: 35—Marlene Floeckher, 37—Pat Kizer, 41—Joan Moore

C Flight: 36—Carol Bell, 41—Marge Warren and Ruth Koch

Chip-ins: Carol Bell, Joan Moore, Millie Nucaso

Three Blind Mice

November 29

Cancelled—Weather

Team Scramble

December 6

Links East: 41—Dawn Hagberg, Jean Flynn, Pat Kizer; Pat Black; 43—Agens Tetti, Jean Gilmore, Joan Krajcovich, Michael Beyer; Tie at 44—Ellie Rapacz, Marlene Floeckher, Bernice Michaelson, Frances Cimini; and Mary Hart, Deni Dehart, Donna Swiger, Virginia Hawk

Links West: Tie at 47—Millie Nucaso, June Tas-sinary, Thelma Smith, Marilee Dam; and Tommey Vogt, Beryl Leckbee, Therese Bell, Ruth Mitchell

Net Scores by Flight

December 13

A Flight: 33—Jean Gilmore, 34—Marie Norwood and Dorothy Wagner, 35—Dodie Phillips and BJ Leckbee

B Flight: 28—Bernice Michaelson, 31—Michael Beyer, 33—Carol Bell, 37—Pat Black

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The Travelors

Jo Apperson

On December 7, the Travelors' annual Christmas party was held at the Arbor Conference Center. The committee of Margie Hink, Jean Culp, Nancy Nicholas and Georgette Perrault did an outstanding job. Everyone enjoyed the wonderful buffet and great music along with having the opportunity to be with good friends.

Harbor Hills Country Club was the site of our December golf outing. Bev Ovrebo, Flo Emmanuel, Marilyn Rose, Barbara Paterson, Arlo Jansen, Bob Carter and Marlene

and Don Floeckher were our guests. The course was excellent but the weather was not very cooperative. Forty-four members and guests braved the rain. Phil Shirley and Bev Ovrebo were the winners of closest to the pin honors.

The team game for the day was two best balls and the winners were:

1st—Rick and Joan D'Addio; 4th—Calvin and Jo Apperson; Don and Marlene Floeckher; Bob and Jan Kingsley; 2nd—Phil and Connie Shirley; 5th—Art and Barb Buecher; Carl Arnold and Phyllis Jarskey; Dick Hess and Bev Ovrebo; 3rd—Don and Margie Hink; 6th—Bill and Jean Culp; Arlo Jansen and Betty Gustafson; Bill Daugherty and Barb Paterson.

Our next outing will be on January 13 at Citrus Springs. Our hosts will be Carl Arnold and Phyllis Jarskey.



Mini Golf

Jack Coyle

Providence Putters Mini-Golf

November 15

Ladies: 42—Inge Vogt; 45—Dori McConville; 46—Emmy Ricciardone; 56—Jennie Griglio
Men: 37—Bob Maxwell; 38—Kurt Vogt; 42—John Ricciardone; 43—Sal Tarallo; 53—Joe McConville; 60—Joe Griglio

November 22

Ladies: 41—Emmy Ricciardone; 43—Inge Vogt; 50—Jennie Griglio; 59—Dori McConville
Men: 37—Sal Tarallo; 38—Bob Maxwell; 45—Kurt Vogt; 48—John Ricciardone

November 29

Rained Out
December 6

Men: 39—Joe McConville; 40—Sal Tarallo; tie at 44—Ben Resta and Sam Ferlanie

December 13

Ladies: 48—Emmy Ricciardone; 49—Dori McConville; 52—Inge Vogt
Men: 43—Kurt Vogt; 46—Joe McConville

Sunday Mini-Golf

November 13

Ladies: 43—Eleanor Krowka; 45—Emmy Ricciardone; tie at 47—Florence Soens and Rena Tarallo; tie at 49—Jennie Griglio and Dori McConville; 50—Maria France
Men: tie at 38—Joe McConville and Sal Tarallo; tie at 40—John Ricciardone and Dick Soens;

53—Joe Griglio; 58—Oliver Aube

November 20

Ladies: 48—Emmy Ricciardone; 50—Rena Tarallo; tie at 53—Jennie Griglio and Florence Soens
Men: 35—Sal Tarallo; 38—Dick Soens; 43—John Ricciardone

November 27

Ladies: 40—Dori McConville; 45—Emmy Ricciardone; tie at 49—Maria France and Eleanor Krowka; 68—Jenny Griglio

Men: 42—John Ricciardone; 44—Ray France; 45—Joe McConville 46—Bob Meier; 48—Joe Griglio; 53—Dean Priest

December 4

Ladies: 41—Emmy Ricciardone; 47—Florence Soens; 50—Eleanor Krowka; 54—Jennie Griglio
Men: 34—Sal Tarallo; 35—Dick Soens; 46—Ben Resta; 48—Bob Maxwell 54—Oliver Aube; 59—Joe Griglio

December 11

Ladies: 44—Dori McConville; 45—Florence Soens; tie at 47—Eleanor Krowka and Emmy Ricciardone; 48—Chris Resta; 49—Elaine Sirny; 54—Jennie Griglio

December 11

Men: 34—Ben Resta; 46—Joe McConville

Thursday Mini-Golf

November 17

Ladies: 45—Florence Soens; 46—Maria France; 48—Marilyn Cernecarl; 49—Rena Tarallo; 55—Marge Saxon; 56—Jennie Griglio

Men: 37—Glenn Saxon; 38—Sal Tarallo; 44—Ray France; 45—Don Cernecarl; 47—Dick Soens; 51—Oliver Aube; 57—Joe Griglio

November 24

Rained Out

December 1

Ladies: 41—Emmy Ricciardone; 42—Florence Soens; tie at 49—Maria France and Marge Saxon; tie at 50—Chris Resta and Eleanor Krowka; 54—Rena Tarallo; 56—Jennie Griglio

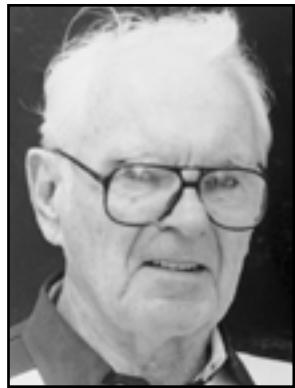
Men: 35—Sal Tarallo; 38—Dick Soens; 41—Glenn Saxon; 42—Ben Resta; 44—Ray France; 58—Joe Griglio

December 8

Rained Out



On Top of the World residents Joan Dudek, Antonio Manzo and John Mataya participated in the final rounds of the shuffleboard competition of the Senior Games in December.



Shuffleboard

Joe Tuohy

room.

Following the meeting there will be a pizza and ice cream lunch. Tickets for the lunch are \$3 for members and their guests. Tickets are available from the team captains. Tableware, ice and cups will be provided but attendees should bring their own beverage. Bingo games with cash prizes follow the luncheon.

A welcoming committee has been formed with purpose of contacting new residents and familiarizing them with the shuffleboard program and inviting them to join the club. Connie Marley is heading the committee. All members are asked to help promote new memberships. Those joining after January 1 will pay reduced dues of \$3 for the balance of the season.

John Mataya will head a training program scheduled for Saturday January 14, at 9:30 a.m. This is open to all residents interested in learning shuffleboard and is an excellent opportunity to learn strategies and techniques to improve one's game.

Winners for December

Men

Monday a.m.: Bob Schuck, Wolfgang Piaszkowsky

Monday p.m.: Hank Hilovsky, John Mataya

Tuesday p.m.: Paul Agarwal, Dick Beury

Wednesday p.m.: Joe Szabo, Tony Manzo

Thursday a.m.: H.C. Weldon

Friday a.m.: Frank Chamberlain

Women

Monday a.m.: Betty Cullum

Monday p.m.: Helen Foskett

Tuesday p.m.: Margot Thomas

Wednesday p.m.: Agnes Hickman, Daisy Rowell

Thursday a.m.: Dorothy Link

Friday a.m.: Mary Lu Chamberlain

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January 2006

The World News®

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Bocce
Bob Woods

Happy New Year to all Bocce players from myself and all the officers of Bocce.

First on the agenda is a congratulations to the Sandbaggers who are on the 1 p.m. Monday league and wound up being the fall session's "Best of Bocce" team. The Sandbaggers defeated the Four I's who were the runner-up team. Congratulations to both teams who after defeating many league winning teams made it to the finals.

As you all know, or at least I hope you all do, the Winter Session of Bocce starts Monday, January 9. Hopefully, everything will run smoothly and there will be no misunderstandings. Players, if you have any questions concerning your team please contact your team captain, who in turn can contact your league representative. The Bocce board meeting will be held January 2 at the Arbor Conference Center. Same time, same place.

There has been some discussion between members concerning individual bocce instead of teams. To let you all know, the board is going to look into this matter to see if it would be feasible. There will be no changes in the present schedule and no decisions would be made without first having a general meeting so all players would get information first-hand and also a chance

to express their opinions or thoughts. If by any chance you have any ideas on individual bocce instead of team play, pro or con, please inform your team captains so they can pass the comments onto their league reps.

I have had many players asking me about the recuperation of our bocce president, Bob Orr. I spoke to Bob just before this deadline and he is progressing favorably each and every day. Bob said, "I see improvement every day."

Last month I published two questions concerning problems or responsibilities trying to refresh your minds on our bocce league rules.

As you remember, the first problem was during measuring to see what team's ball were closest to the pallina, some balls were inadvertently moved when there was one ball yet to be played and those doing the measuring could not remember exactly where those removed balls were originally located.

What should have been done?

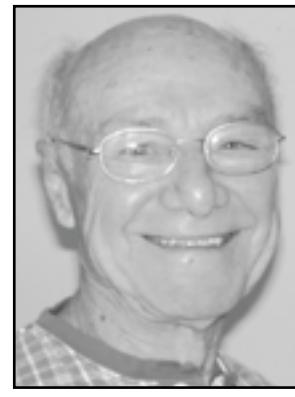
The answer is quite simple. The balls should be placed back to their original position or as close as possible. If this was not acceptable by either team captain, then the frame should be played over. If any dissension still occurs, the league representative should make the final decision.

The second question concerned the responsibility of measurements on all questionable distances for team balls from the pallina. The responsibility solely lies with the team captain. The team captain can direct a member of his team to do the measuring but he is the responsible person, just like a captain of a ship.

I have two questions that are related to each other. Who is responsible to ensure team members are present and on time for league play?

The second question, who is responsible for obtaining substitutes for team members unable to attend a scheduled match? Answers will be in the February column.

See you all on the bocce courts ... keep the balls rolling. ☺



Billiards
George Tookmanian

The following message is from Richard Impresa to all members and residents. He and a new executive board are taking office in January, and I think it is fitting and proper to relay his greeting to all. So without missing a beat, here is what Richard has to say.

"The new board members of the billiards club are asking for the help and support of all On Top of the World billiard players. Anyone who uses the billiards facilities benefits from the contributions and actions of the club. Currently the annual dues are \$5. A strong, united voice should represent the interests of the billiard players to the developer in requesting future improvements and/or purchases. We would like all billiard players to join the club to strengthen that voice. In case you didn't realize it, the dues helped pay for equipment repair/replacement (e.g. new racks, sticks, tables, etc.), table maintenance (e.g. new cloth), and accessories (e.g. chairs, lights, etc.)

"Many of us weren't residents when the bar tables were the only equipment here. Past board and club members should be applauded for the improvements we currently enjoy. If not for their efforts we would probably still be playing on that original equipment, with the original cloth and sticks.

"The new board would welcome your input on any billiard related issues. We believe that a first class billiards facility will be a strong selling point for the developer as well as an asset to the community and we are currently working with the developer through Deborah Clark, On Top of the World Program Director, who is researching options to include new equipment in next year's On Top of the World budget.

"Starting in January, the club will meet on the third Monday of every month in the ceramics/art room of the Hobby Center from 4 to 6 p.m. and we welcome your participation and ideas. You can pay your dues to any board member, or by dropping it in the box located in the billiards room, along with your name, address, phone number and e-mail address. Please make checks out

to either Ray Stover (treasurer), or Richard Impresa (president). Thank you, R.I."

A very nice message from our new president. I know the new officers will have the support and cooperation of the current membership (123), as interest in learning and playing the game is steadily increasing. As Richard noted, we need a strong united voice to be heard, so get down to the dues box and sign up!

The meeting held on November 6 had 24 members attending. John Dieckman chaired the meeting in his capacity as the "veep" and did a great job! On behalf of the outgoing executive board he expressed his warm thanks to all for the cooperation received in the past year. If the club will allow me a word here, I would say on behalf of the club, "Thank you, for your efforts in the overall betterment of the pool room, you folks have done well, KUDOS!" Executive Board!

The ladies of the club displayed the trophy they had won in their competitions against some of the ladies in our area. I know we have gals that have displayed considerable skill pocketing an 8-ball, and the best is they keep getting better! So congratulations to all you ladies, we are proud of you!

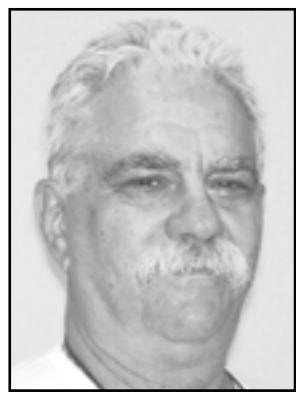
Also our ladies are well represented at club meetings. Seems to me more and more gals are getting their own cue sticks.

A word of encouragement, if I may. This is not an easy game to play. Allison Fisher makes it look easy on TV. Forget about that; besides her natural talent, it took years to get where she is. So, keep up with practice, try to develop a clean smooth stroke, observe how the balls carom off the next ball, what speed does, and if you can apply some of what you have observed you will sink a ball or two, but, have fun. I know, because, in competition I hate to lose and I can forget I'm supposed to be having fun!

Now all you folks playing pool remember simple courtesy around the pool table; think about it, it will make for a pleasant experience.

We have two groups of men's teams at On Top of the World, the "A" and "B." If one looks at the standings in the league you will see the "A" gang on top and undefeated as of November 6 and you will see the "B" bunch on the bottom (supporting the league) with one win. "B" played "A" on November 6, looking to turn the tables on the top team, but was soundly trounced 27-9. With Ray Stover and Fred Adolph running the rack in 8-ball, we were outplayed. Wait until next time! Well done, "A"!

The club will have the third annual installation luncheon at the Bamboo Cafe in the Winn Dixie Plaza, on January 10 at 1:30 p.m. Sign-up sheets are posted on the bulletin board in the poolroom. The cost is \$8.50 per person, which includes buffet, beverage choice, tax and gratuity. Checks may be made out to Richard Impresa or Ray Stover. ☺



Social Club
Mort Meretsky



Wood Shop
Ray Utiss

I would like to wish all of our members a happy and healthy New Year.

The board would like to thank all of our volunteers who have worked to make 2005 a successful year for the club. Without our dealers we wouldn't have a club.

Our next poker/blackjack day is Friday, January 20, from 2 to 4 p.m. at the Arbor Conference Center. This is also a good time for anyone who would like to join to come on down and sign up.

Our yearly dues are only \$10, so come and see our membership guru, Bob Tarpley. Bob can also be reached at 854-4027, if you have any questions.

Our annual Super Bowl extravaganza is on Sunday, February 5, starting at 5:30 p.m., at the H&R Ballroom. The cost is still only \$2 for members and \$5 for guests. We will again have fried chicken.

Please let Anne know by the 20th of January if you're planning to attend. Anne can be reached at 237-7185. Anne needs to know so she and Marie will know how much to cook.

Happy New Year and I'll see y'all on the 20th. ☺

I hope all of our members paid their dues during the month of December. If you did not pay your dues in December, please contact an officer to see when you can pay.

The Annual Membership Meeting will be a breakfast on January 7 at 9 a.m. in the Arbor Conference Center. Advance tickets are required, so I hope you have your tickets. I hope all of our members can attend and get to meet our directors.

I was at the Wood Shop a few times in December and I did not see a lot of activity. This tells me you got your Christmas projects done in plenty of time. If not, now is the time to start for next year. You will have plenty of time.

Monday night classes have resumed. This is definitely a good time to go over your skills and receive some safety training. From the time you enter the Wood Shop until you leave, think "safety."

I hope everyone has a happy and joyous holiday season. ☺

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D'Clowns

Paula Magen

Wishing y'all a happy and healthy New Year from D'Clowns! As you can imagine December was a busy month. We did our monthly show for the Alzheimer's wing at Summerville (formerly Park Place). We have such a good time there and the residents are appreciative. Holiday songs were an addition to our skits, magic and fun things.

How nice it was to see the colorful Halloween picture of our clowns with Deputy Pogue in the South Marion Citizen paper. We also received a lovely letter of gratitude from Sheriff Dean for our participation in the Halloween extravaganza—a first for the State Road 200 Sheriff's Division.

On December 10, we participated in Breakfast with Santa at Blessed Trinity, clown Rosey's church. There was a huge crowd and more than 100 children. Everything was beautifully decorated and break-

fast was delicious. D'Clowns led the holiday songs, painted faces, did balloons and tattoos and were a big hit with the kids. Can't wait to see the nine of us with our picture taken with Santa. We were graciously thanked and will be invited back next year.

Just a few days later D'Clowns visited the Hampton assisted living residences on Route 484 to greet the holiday with songs and cheer. From there we visited Abby Roche, a former On Top of the World resident who has been at Palm Gardens.

The Italian American Club has invited our group to provide entertainment for them at their first meeting of the New Year. We look forward to that and as such are hard at work practicing our skits, etc for the show.

D'Clowns have a new member. Ellen Richards is our Clown of the Month. She chose "Ellie" as her clown name. She is a delightful addition to our group who showed up in full clown dress for the first time out ready to go!

Ellen has lived in the Providence section with her husband Marshall for a year. They have three sons and a grandson. The Richards have an RV and recently traveled to California. They drove through 22 states ending up in New Hampshire where Ellen is originally from. Ellen enjoys stamping, line and ballroom dancing. A hearty welcome to you, Ellen.

During January we plan to visit other assisted living residences. In addition, Brian LaPalme of Publix has graciously volunteered to do a workshop for us. Members of D'Clowns have expressed an interest in clown makeup and other aspects of clowning. Brian is a professional makeup artist, magician and ringmaster. We are happy



D'Clowns volunteered Saturday, December 10th, at Blessed Trinity Church in Ocala for their "Breakfast with Santa" party. We entertained 115 children and their parents with songs, balloons, face-painting and tattoos.

and excited to have this talented gentleman work with us.

D'Clowns are a fun group who enjoy bringing smiles and laughter to all ages. We know there's a clown inside you just bursting to come out. We will help you with all

aspects of clowning and you will love it. Join us at our meetings on the first and third Monday of each month. We meet in Suites B and C of the Arbor Conference Center at 1:30 p.m. For additional information call Paula at 873-3433. ☺



Great Lakes Club

Aleta Klaras

The Great Lakes Club celebrated in December with a Christmas party at the Arbor Club. Eighty-four members were served a delicious dinner by Bruce. Following dinner there were drawings for many door prizes.

The Summerspring Chorus entertained us and presented an excellent program. Most of the ladies in the group are members of Sweet Adelines who formed their own local chorus. The excellent harmony was most enjoyable.

In January, we will meet at our regular time again: 3 p.m. January 3 in the Health & Recreation Ballroom. Our entertainment will be Leonard from the Ocala Storytelling Club. Michigan members will be honored. See you there. ☺



Irish American Club

C.M. Casey

Hope you all had a wonderful holiday and are looking forward to the New Year.

Our Christmas Event is happening just as this article is going to press, with ticket sales higher than we anticipated; I know a good time is in store. ... More on that social event will appear in the next issue.

Since the time is going by so quickly I ask that you mark your calendar for March 9. This will be our St. Patrick's Day celebration. More about what is planned will be re-leased in the upcoming issues.

For those who may be new to the community or are not familiar with the Irish American Club, we are a social club that meets four times a year and as it is, those four times are always parties. New members are always welcome. Please do not hesitate to contact our president, John Dieckman, our vice-president, Marge Moore, or our treasurer, Joe O'Brien, or myself, if you are interested in becoming a member.

To all our members and all our friends at On Top of the World we extend a special wish for the New Year:

"May there always be work for your hands to do, may your purse always hold a coin or two."

May the sun always shine on your windowpane, and may a rainbow be certain to follow each rain.

May the hand of a friend be always near, and may your heart be filled with gladness and cheer."

Slainte! Good health! ☺



Clown Express

Ferrell Van Horn

Shady Acres Independent Living is a great place for young adults who need a little help with the activities of daily living. They each have their own small apartment on acres of beautiful land. We gathered one night to give them a little show. Our skirts, bells, stickers and one-on-one with them was such fun. They seem to really enjoy having us and we plan to return.

Marion County Adoption Agency had a large turnout for its Fair on the Square. Booths were set up with all sorts of information. Fun things for the children to participate in and of course Ocala Clown Express was there to paint faces, apply tattoos and give out stickers and balloon art.

We continue to go to Munroe Regional Medical Center to participate in Pediatric Orientation each Thursday morning. This year we have added one more thing to our class. We have a small skit on "Not Talking to Strangers." "Dotsy" has Priscilla the little girl puppet and "Cricket" has Dom (dirty old man), the puppet that tries to lure the children. All of the first graders really do get into the act. It is so much fun and we hope that the message gets across to each child.

One afternoon after our regular meeting we met to try to learn how to face paint. Yes, you are right. This is about the third time that I have tried, but some of our newer clowns really did catch on quickly. Of course we learned what type of paints

should be used and things like washable magic markers should never be used on the body. It would make it so much easier if we could use them, but that is not what they are meant for. Children can have some terrible reactions from them and we don't want to take any chances.

Oakhurst Assisted Living Facility held its Fall Festival outside on the lawn of the facility. So many fun things going on at one time and Ocala Clown Express was there to help bring the residents outside and then to face paint, apply tattoos and do balloon art. We were a bunch of busy clowns, but I am sure that we made the day for so many wonderful people.

The Bark on the Farm Dog Walk was held at the 4-H Farm to benefit the Marion County 4-H Farm and the Marion County Katrina Relief Fund. What a fun day for all. They had a Pooch and Smooch contest, dog training and a dog walk for all the children and their dogs. All types of things were available for purchase for their animals. Ocala Clown Express was there to face paint and help out where we might be needed. We even had to baby sit dogs while their owners had their faces painted. What a great day with all the children and their dogs.

Festival of Trees was held again this year, but this time at the Hilton. This festival benefits the Public Education Foundation of Marion County. The annual display of beautifully decorated trees, wreaths, a historic Ocala gingerbread village and a 100-ton holiday theme sand sculpture were just some of the hits of the 10-day festival. Ocala Clown Express was there for Kids' Day and the Family Festival Day. Our big day was on Saturday when we face painted, tattooed and gave out balloon art to more than 400 children. Our three hours went by quickly. What a beautiful place with all the trees, the train room and choirs. We truly enjoyed the two days and hope to return again next year.

If you would like to join our group or just check us out, just give "Dotsy" aka Carol a call at 873-9223 and she will be more than happy to fill you in on clowning. Ocala Clown Express hopes you had a wonderful holiday season and wishes you the very best in the coming year. Happy New Year.

Keep Smiling, "Cricket." ☺



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Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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January 2006

The World News®

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New York/ New Jersey

Terry Zarrella

This month's column will be dedicated to all the board members of the club. Next month we will start the new year with our "special" member of the month. However, this is a good time to thank everyone on the board who contributes so much of their time and effort. Many members think that our club meetings just appear magically each month when in fact, so much is done in advance to make our club enjoyable.

The Christmas party preparations, for example, Gloria Aiello contacting Bruce, getting prices, asking for dishes to please our members and deliberating what pies to serve and making sure everyone will be satisfied. Danny Collara was in charge of decorations this month and always surpris-

es us each year. He goes out of his way to please. Carol Berta (in whatever spare time she has) bought all the gifts and wrapped them herself. To Bob Berta who printed out all of our tickets ... thank you. If you were a lucky ticket holder you will be surprised at her ingenuity, taste and flair to please the members.

Of course, we cannot forget Santa (Frank Palotta). Each year he attends our meetings and hands out our lucky ticket holders' gifts. To the board members who sold tickets for the party I thank you. Fanny Baldacchini who sold out on our Tampa Bay Downs trip ... hurray! Two buses filled. She is taking a waiting list.

Thank you to Glo Hutchings for getting our music for our Christmas party and co-chairing entertainment with me and for volunteering her time when needed. Thank you to Gladys Bevalacqua, our Sunshine Lady and Badge Lady, for making sure our badges are returned at the end of our meetings and sending cards to our members in need of a lift.

To Carol Toye, in charge of membership, making sure our members have renewed and are entitled to attend our wonderful meetings and join in the fun of our activities. To Liz Ettell, who helps Carol Toye and has been instrumental in selling tickets for Tampa Downs ... thank you.

Next month I will talk about our Christmas party. Since this column is submitted by the 13th of the month, I will know more after the party. All the board members hope you had a very Merry Christmas and we wish you a very "Happy New Year" full of health, love, joy, peace and happiness. ☺



Pennsylvania Club

Pat Utiss

The Christmas party of the Pennsylvania Club was held December 14 at Golden Corral. From comments I heard, I think all had a good time. There was plenty of food and prizes. Jim Chesney won the main door prize, a basket of Pennsylvania prod-

ucts. Hazel and Elmer Radabaugh collected the products donated by all members and packed the beautiful basket.

A game of scrambled Christmas words was played and John Dieckman and Jane Rickett won boxes of Christmas candy. Five poinsettia table centerpieces were also given away along with many other door prizes. The favorite part of the Christmas party for many members, is the traditional reading of "The Visit of St. Nicholas" by Santa Claus. This year's reading was just as confusing and different, as usual.

The January meeting will be held on Wednesday, January 11, at 3 p.m. The place will be the Arbor Conference Center, Suite E.

Along with the meeting and refreshments; we will be having a speaker from Metro Crime Prevention of Florida. Dues of \$5 will be collected at this meeting. We hope to see everyone there.

As you read this, it will be the close of another year. All of the Officers and Members of the Pennsylvania Club wish all residents of On Top of the World a very blessed New Year. ☺

Cakes and brownies for the chorus.

Our table decorations were so pretty this year with garland and the berry cone shaped trees. The Santa/snowmen figurines were a delight and these along with the trees were the door prizes.

To all our Southern Club members who may be ill in the hospital or at home this holiday season, we wish you a speedy recovery and hope to see you soon.

God bless all the children and their families who have been affected by the hurricanes this year.

We hope the memories of holidays past will sustain you through this holiday season and may your New Year be a bright and happy one. ☺

Begin 2006 by Giving Blood; Bloodmobile Visits January 2

By DIANA MORGAN

Here is a great way to start the New Year ... donate blood to save a life.

We will be in the On Top of the World Health & Recreation parking lot from 8 a.m. to 4 p.m. on Monday, January 2.

There is always an ongoing need for blood donations. For an answer to your questions or for more information, call Life South at 622-3544. ☺



Southern Club

Charlotte Hancock

The Southern Club Christmas dinner was great. There was ham, chicken and all the great dishes the members cooked.

Our club members brought gifts for the needy children who live in the Ocala National Forest. Mike Connolly has been so helpful year after year in collecting these items and taking them to the Forest for distribution.

We were entertained by the West Port High School Chorus.

Thanks to all the members of the Southern Club who brought extra cookies, cup-



Photo by Larry Resnick

Among the On Top of the World volunteers who attend an appreciation luncheon by Munroe Regional Medical Center were, from left, Mike Lankenau, Lee Lankenau, Frank Picciurro, Nick Zoccolli, Janice Picciurro, Marge Nuzzi, Chris Resnick, Joe Nuzzi, Arola Vanderkolk, Ken Vanderkolk.

On Top of the World Volunteers Honored by Munroe Regional

BY LARRY RESNICK

Munroe Regional Medical Center is a hospital that is always in need of volunteers.

On Top of the World Communities residents have always helped to fill that need. Every time this reporter has visited some hospital-bound friend, I usually saw a neighbor or friend volunteering, moving about or at the gift counter or transporting someone in or out. Whenever these volunteers are interviewed for a story I always ask the question "why do you volunteer at Munroe." Invariably I receive an answer something to effect of "I like to help someone in need, and, I get more out of volunteering here than I put into it."

And Munroe Hospital lets these vol-

unteers know how much they are needed and appreciated. They have a very lively program and lots of activities for their volunteers and periodically have dinners and parties for them.

In December, there was a very large number of On Top of the World residents who attended the latest appreciation luncheon.

This is just another example of what great neighbors and residents reside in On Top of the World.

Whenever anyone asks me "where do I live," I am always proud to say, On Top of the World, and this volunteerism is one of the reasons that I am proud of that fact: active adults who are helping their community. ☺

Square Theatre Presents Two Plays in One Evening

What could be better than enjoying an evening out and taking in a show? Taking in two shows in one night! Square Theatre is proud to present two one-act plays by playwright, director and educator Kent R. Brown.

The plays will be presented, January 7 at 7:30 p.m., January 8 at 2 p.m., January 12 at 7:30 p.m., January 13 at 7:30 p.m., January 14 at 7:30 p.m., January 15 at 2 p.m., January 19 at 7:30 p.m., January 20 at 7:30 p.m., January 21 at 7:30 p.m. and January 22 at 2 p.m.

Tickets are \$20 for adults and \$18 for students and seniors. For tickets or more information, please call (352) 622-6418 or visit www.squaretheatre.org. ☺

AARP Needs Volunteers for Its Tax Program

Tax time is fast approaching, and again this year the AARP Tax-Aide Program in conjunction with the IRS will be offering tax preparation and information at the Ocala West United Methodist Church.

We are seeking volunteers to help their neighbors in filing their federal and state tax returns. No experience necessary. We will train you.

Returns will be computer prepared and e-filing is available. If you are not computer oriented, we also need checkers and screeners.

To volunteer, please contact Paul E. Wilson at 854-8878. We are open two days a week, although it is not necessary to work both days. ☺

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Meeting the Neighbors

BJ Leckbee

Bob Trebilcock: An R/C Flyer's Experience

On a bright August morning, Bob Trebilcock joined several other members of the R/C Flyers on the flying field. After 25 hours of assembly effort, he had already flown his plane, a Stinger, almost 30 times. Weighing almost eight pounds and with a wingspan of 60 inches, it was a beauty.

Unfortunately, on the third flight that day, something went wrong. While Bob was controlling it to turn downwind in preparation for landing, the Stinger began doing a loop, then another and another. It had stopped responding to the controls.

Several other flyers witnessed Bob's problem and checked their transmission frequencies to be sure they weren't interfering with his flight. No problem there. Bob tried another transmitter. It didn't matter. The plane continued looping its way toward the nearby woods. Bob and his companion flyers helplessly watched it spin downward into the woods and heard an ominous thump.

"My heart sank," Bob says.

Other R/C flyers on the scene sighted the crash location based on tables and chairs located at the scene. Setting their compasses on north based on the furniture mentioned gave them the degrees to determine the direction of the crash.

Bob drove a car onto the construction road that runs parallel to the flying field to mentally mark the line of the crash. Unfortunately, the search and recovery effort had to be put on hold for several weeks due to Ocala's daily summer thunderstorms.

When the weather improved, Bob and fellow flyer Jim Ellis used the compass sightings to hike into the woods to try to find the plane.

"We took snake sticks, wore rubber knee-high boots, long-sleeved shirts and lots of insect repellent," Bob remembers. At early daylight one day the two went in using the compass setting and walked 25 yards apart from each other in the direction of the



Photo by BJ Leckbee

Bob Trebilcock and his ill-fated Stinger.

crash. The underbrush was so dense, and fallen logs so prevalent, they couldn't walk in a straight line. Walking a crooked path caused them to constantly check their compass readings. They were constantly on the alert for snakes.

The two searchers never saw any snakes, but encountered many spiders. "Huge ones," Jim Ellis recalls, "and at eye level. We walked into more than one web strung between trees. The woods were so thick we couldn't see out. We could have gotten lost in there easily."

But they didn't. They also didn't find the plane. In order to find their way out, they checked their compasses and walked 180 degrees in the opposite direction.

Bob's wife Barbara tried to help. She took a ride in a powered parachute over the area at approximately 300 feet above tree level. She never did see any sign of the Stinger. But, hey, she enjoyed trying!

Another R/C flyer, Jim Snapp, said, "I think I can find it." He grabbed Charles

Wells and a handheld GPS device, set the GPS to the crash coordinates, and walked into the woods. The two men found the going as tough as Bob Trebilcock and Jim Ellis had found it earlier.

"It's hard in dense woods to follow a straight path," Jim Snapp says. "GPS kept us oriented." They found themselves south of the GPS point, corrected their path and found it! One wing was still on a tree. On the ground, the body of the airplane was shredded, but the propeller wasn't damaged. The plane had landed nose-first in soft sand, with the trees possibly slowing its descent. After weeks of rain, there was no water in the engine, the fuel tubes or the muffler. All were intact and reusable, as was the tiny inanimate pilot.

This successful search was done at Jim Snapp's initiative and without Bob Trebilcock's knowledge. Bob became aware of it when Jim arrived at his house on a golf cart that held several garbage bags. Inside the bags were the various pieces of the plane.

The Stinger was destroyed, but Bob is putting the engine into another Stinger; the radio, too. The transmitter and receiver were both tested and both were pronounced functional. As the FAA doesn't get involved in model crashes, Bob and his fellow flyers have determined the cause of the crash. Diagnosis: Possible battery failure onboard the aircraft—that is, malfunction of the battery on the plane that powers the radio.

By way of thanking Jim Snapp and his brother-in-law for their search and recovery efforts, the Trebilcocks prepared a special dinner for them. On the menu were such items as Swamp Canapes and Snake Steak with Local Mushrooms.

Apparently if you're an R/C flyer here at On Top of the World, you've got to have a sense of humor. And a huge appreciation for the willingness of other flyers to take the initiative to help one of their own who has run into a bit of trouble. Oh, and it helps if you know how to use a compass and have access to a GPS device. ☺



In the Spotlight

Pat Wellington

The Rev. E. McKinnon "Mac" White

If many Americans found the 1960s disturbing and turbulent, the Rev. E. McKinnon "Mac" White saw them as an interesting and exciting time to be a minister.

To be sure, he was in the thick of things in 1964 when pastors of all denominations across the country were invited to go to Jackson, Miss., and join the protest against the governor's calling a special legislative session to undercut the provisions of the Civil Rights Act.

Mac was assigned to help ensure the safety of local pastors—who had been asked to leave the city on the day of the march. But on the afternoon he planned to fly out of Jackson, a protester put a huge sign in his hand and he found himself marching. Soon after, he and scores of others were jailed for three days until a federal court released him.

Back in South Providence, R.I., where he was pastor of the Washington Park United Methodist Church, which was flanked on one side by the largest African-American population in the city, and on the other side by the white suburban community of Cranston, the integration of public schools was not going well because the burden of busing rested entirely on the African-Americans who were boycotting the efforts. Once again he was asked to stand with the protest, which he did even when two busloads of school children were sent to his church and he was asked to welcome a Freedom School to be taught by hastily recruited students from Brown University and other nearby colleges. It happened so quickly that he had only time to notify his director of Christian education and his lay leader. To



The Rev. E. McKinnon "Mac" White at the Washington Park United Methodist Church in Providence, R.I.

day, he says he was proud of his congregation, which not only stood by his decision but even applauded him.

When asked how he got into the ministry, White insists that he more or less "muddled" into it. At age 9 he overheard his mother tell his father that she believed Mac would grow up to be a minister, something he'd never thought about.

Some time later, his much-admired pastor, the Rev. J. Manley Shaw, asked him to address a youth group. When Mac asked for advice, his father told him to select some verses from scripture and explain to the children what they meant to him. Rev. Shaw soon became Mac's model and mentor who guided him for years, and insisted he get a broad liberal arts education before thinking about the seminary. He has always been grateful for that sage advice.

After graduating with a liberal arts degree, he entered Boston University Seminary in 1950 and graduated in 1953, the same year he was ordained as an elder.

Growing up as a farm boy in the Dighton-Taunton, Mass., area, Mac's life, like that of his parents, was centered in family and church. Then his morals and values were seriously challenged in April 1945 when at

18 he was called into service by the United States Army Air Force Reserve. His father, knowing the risks of going out into the world, reminded Mac that all that he had become could be lost in moments. And, indeed, he was challenged but managed to walk his own path and keep his values intact. And as a trained airplane mechanic, he discovered his interest in working both with things and with people.

White has received kudos for his broadcasting and television services and a Boston University School of Theology Distinguished Alumni Award. In addition to his many accomplishments in the ministry, he has an impressive command of geo-political issues, which he articulates with great clarity.

And though a registered Democrat, he is objective about politics in general. During the John F. Kennedy/Richard M. Nixon televised debate, he saw a significant sea change in politics because, to his mind, Nixon won the debate, but Kennedy won the audience. In 1970 as a delegate from Rhode Island to the White House Conference on Children and Youth, White had seen Nixon perform well without a microphone or glaring TV lights and impress a largely critical



Mac today in On Top of the World

audience.

About Democrats today, Mac says, "At last they're taking back their responsibility to represent the people, and that's a healthy sign." ☺



International Club

Bill Shampine

The International Club was fortunate to have Margaret Orlando come to our meeting on November 14 to talk about a fascinating cruise she took to ports in China, Korea, Russia and Japan. Because she took so many photographs, we decided to limit her talk to the China portion of the trip. She did a great job and we thank her very much for sharing her trip with us. Margaret was even kind enough to bring a couple of mementos from her trip to serve as door prizes!

Much of Margaret's time in China was spent in Beijing, the capital city of China. The history of Beijing can be traced back about 700,000 years, to the Peking Man in prehistoric times! Its history of being the imperial capital, however, began from 770 B.C. to 476 B.C.

Beijing is a study in contrasts between the historic and the modern. World-class treasures like the Forbidden City lie next to a sparkling metropolis with modern skyscrapers, shopping malls and a whole bunch of traffic. Margaret's pictures included both of these extremes as well as a number of candid shots of the populace going about their daily lives. Bicycles used to be the primary mode of transportation, but cars and buses are beginning to take over. Regardless, you still see many people peddling along, including some using their bicycle as we would use a small truck.

The Forbidden City, dominating the heart of the city, is a range of well-preserved palaces from the Ming and Qing Dynasties. The original palaces were constructed during the Ming Dynasty (1368-1644) and the present complex was the result of several extensions completed during the Qing Dynasty (1644-1911). As shown by Margaret's pictures, the architecture, surrounding artwork and interior decorations truly are beautiful.

Another classic excursion from Beijing is to the majestic Great Wall of China! Truly a site to behold, it is the greatest ancient military fortification in the world. Construction began in the Spring and Autumn Period (770 B.C.-476 B.C.) and extended through the Ming Dynasty (ended in 1644). The wall experienced continuous extensions and restorations throughout the 2,000-year history of Chinese feudal society. Neither rain, nor sleet, nor snow, nor dark of night (in this case—snow!) prevented Margaret from visiting the Great Wall. As proof, she showed us a picture of her and friends on top of the wall, in the snow, with water dripping off their raincoats!

Another excursion out of Beijing was to the Summer Palace, which is located in the northwestern suburb of the city, and is reputed to be the best preserved museum of Imperial Garden architecture in China. Originally built in 1750, the imperial garden complex has experienced several restorations. The garden buildings present were completed in 1902. Like much of the



Margaret Orlando (right) and Mao Sunthorn (left, Margaret's sister) in the snow on the Great Wall of China.

ancient architecture of China, the Summer Palace strove to blend the functionality of living into the natural environment. The palace buildings, temple structures, pavilions, pagodas and other garden structures were worked with the natural mountains and lakes into a whole experience to create a splendid paradise. Margaret's pictures of the area were stunning, particularly those of what is known as the Long Gallery, which winds its way along the scenic Kunming Lake and connects various scenic spots. The color paintings on the gallery beams depict natural scenes, flowers, animals and heroes in traditional Chinese legends and folklores.

No visit to Beijing would be complete without going to Tian'anmen Square. Who can forget the classic photograph of the protesting student standing in front of the

tank! Tian'anmen Square is the largest public square in the world, covering an area of nearly 100 acres! Tian'anmen, which means "Heaven Peace Gate," originally was the main gate into the Forbidden City. It also is where Chairman Mao declared the establishment of the People's Republic of China on October 1, 1949. Because of its historic and cultural importance, there are a number of memorials and museums located in and around the square and thousands of people visit every day.

Margaret also visited the city of Xi'an while she was in China. Although Beijing currently is the Imperial capital of China, it did not become the capital until 770 B.C. (and we think Washington, D.C., is old!) Prior to that, Xi'an was the capital for more than 1,000 years and 12 dynasties. With such a rich history, Xi'an has more than

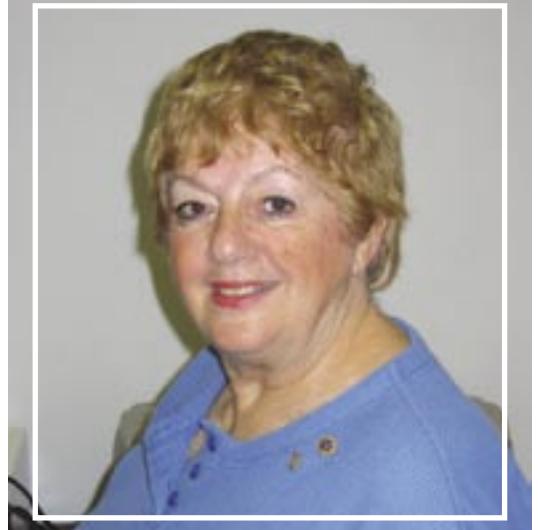
4,000 historical sites.

We want to thank Margaret for sharing her trip with us, and solicit input from any of you who would be willing to share your trip with our group. If you would be interested, please call Bill Shampine at 873-0753.

Our meeting on January 9 will include a talk by John and Jane Bauer about their trip to the Glacier National Park in Alberta, British Columbia. On February 13, John and Valerie Woods will tell us about their trip to northern England. On March 13, Luther and Joni Deese will tell us some about the many years they lived in Taiwan. ☺

Who in the World!

By PAT WELLINGTON



From Page 12: Estelle Clark

Travel Toppers

Eileen K. Vanderbosch

We hope you will find many trips of interest to you in our new brochure, which is available at the Health & Recreation Building and some mail locations.

Pick one up right away because a new offering has a January deadline. It is direct from Broadway—the musical "Little Women" starring Maureen McGovern.

As this goes to press, we have some openings for "Cabaret" at the Show Palace Dinner Theater on Friday, February 3, the Steve Lawrence and Eydie Gorme show on Tuesday, February 7, and Patti Page on Monday, February 27.

We would like a waiting list for the Roy Clark show on Thursday, January 19, and

"In the Mood" on Tuesday, January 24.

At the November benefit dance, Angelica Lankenau won a beautiful Swarovski pendant. Lemieux Diamond Co. and the entertainment by Big Sun Realty donated the pendant. Our thanks go to them for these donations and to Margaret Orlando who arranged for them and to all who attended. Your support is greatly appreciated.

The next benefit dance for Travel Toppers and Bingo will be held on Sunday, March 19, in the Ballroom from 2 to 4 p.m. Tickets will go on sale in February. We hope to have enough people volunteer so that each one would only sell on one day from 8:30 to 10 a.m. If you can help please call Audrey Mangan at 854-7074.

Everyone is welcome to attend our meetings the first Wednesday of the month in the Arbor Club Conference Center, Suite A, at 10:30 a.m. We welcome your suggestions and comments. ☺

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R/C Flyers
Jim Lynam

Happy New Year! Every New Year is always celebrated with mixed emotions of sadness for another year's passing, yet at the same time it is always exciting with the hope of new beginnings and resolutions.



R/C Ladybirds
Carolyn Millard

The Ladybirds have been busy enjoying the Christmas season with spirit and fellowship.

Forty-five Ladybirds attended the annual Christmas luncheon and gift exchange. The highlight of the luncheon was the Chinese auction. One gift, a beautiful white Santa, exchanged hands at least five or six times, and it is a mystery as to which one of the Ladybirds left with him. Some lucky Lady-

Saying good-bye to the old year includes recognition of the 2005 officers. The On Top of the World R/C Flyers wish to thank our officers for all of their service and dedication to the members of the club. Thank you to: president Lester LeBlanc; vice president Chuck Frederick; secretary Bob Emery; treasurer Stan Stein; safety officer Jay Hartz; field marshal Jim Ellis; directors Glenn Angle and Gene Twigg. Thank you so much gentlemen!

In addition to the New Year, January also brings the On Top of the World R/C Flyers' new officers into position.

Serving as the newly elected president for 2006 will be Bob Vance. Continuing as incumbent officers are vice president Chuck Frederick, secretary Bob Emery, treasurer Stan Stein, safety officer Jay Hartz, and field marshal Jim Ellis. Glenn Angle will be joined by Herb Brokhof on the board of directors. Congratulations to all of the officers and directors who will be guiding the club through the New Year.

The On Top of the World R/C Flyers wish

to thank all of those who helped organize the Christmas party. More than 100 members and guests enjoyed the festivities.

Speaking of congratulations and new beginnings, Larry and Betsy Richl were married on November 19, 2005. What a great New Year it will be for them!

The On Top of the World R/C Flyers would like to welcome Frank Presti as our newest Model Resident at On Top of the World. The club wishes the best of Lifestyle with Altitude to Frank. The "prestigious traveling trophy" was presented to Glenn Angle for the month of December.

All members of the R/C Flyers and spouses are invited to attend the breakfast being held at the 105th St. Methodist Church on the second Saturday of each month at 8 a.m. Nick Sciluna continues to investigate a location to schedule the pilots' breakfast on the third Thursday of each month.

A reminder to all R/C members that dues for 2006 were due by December 31.

All On Top of the World residents are always welcome to visit our new R/C Model

Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of SW 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers' next meeting will be on Monday, January 9, in the Arbor Conference Center, Suites E, F and G. All future meetings will be held on the first Monday of each month at 9 a.m. in the Arbor Conference Center, Suites B and C.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident! ☺

birds also brought the centerpieces home.

The cookie exchange held on December 18 was a success. There were many cookies shared among the Ladybirds and we all had a chance to chat, relax, eat and drink on a Sunday afternoon. Thank you to our hostesses: Sandi Owens, Peggy Trousil and Lorraine Brokhof.

Jim Payton, Marion County Commissioner for District 2, spoke to the Ladybirds at our monthly meeting. His topic was "Corridor 200, the Growth and Enhancements to our Community." His talk was interesting and informative.

January is shaping up to be a busy month for the Ladybirds with a visit to the Butterfly Rainforest at the Museum at the University of Florida in Gainesville along with lunch at the Ballyhoo Grille. Also in January a visit to the Ivy House, a Victorian house converted to a restaurant in Williston is on the agenda. There are also many shops to be visited there.

For February a Valentine party is planned.

Many thanks to all the Ladybirds who have participated in any way in the planning of the events for the year 2005.

Our wishes to all for a happy, prosperous and active 2006. ☺



**Friendship
Amateur Radio**
Ed Brendle

The Friendship Amateur Radio Club held its monthly meeting on December 12 with Don Tucker, president, KG4GST, presiding.

After the usual introductions and committee reports, several issues were discussed. The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes.

The FARC's Club Call is K4FRC. It was noted that the FARC's scholarship fund, initiated by Don and Elizabeth Hatfield,

KE4PMB, needed some refinement regarding specifics, and were addressed and resolved.

The FARC held its annual Christmas luncheon on December 13 at Bella Luna. Discussions took place regarding a member's equipment problem and it was addressed by the membership.

John Wolter, KE4RRM, has a TenTec Radio station for sale. Anyone interested may call him at 854-3988.

The next scheduled meeting will be January 9. All members are urged to attend and bring a guest. Discussions will involve the Web site access and its contents.

The FARC is open to all 'Hams' and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching both Morse Code and theory to help you earn your license.

The FARC meets at the West State Road 200 Sheriff's Auxiliary Station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☺

Photography Club For All Skill Levels

Residents—amateurs or professionals—anyone interested in participating in a newly formed Photography Club may contact Gary Uhley at guhley@cfl.rr.com or call 854-8536.

Future plans include meetings to discuss photography basics, such as images, composition, framing, shooting fundamentals, terminology and camera selection.

We intend to invite guest speakers to keep things interesting. Field trips are possible.

We don't care if you use a Brownie 620 or a Nikon digital. This will be a club for all skill levels and people interested in having fun! Learn to shoot pictures of grandkids, flowers and animals and convert them into screensavers for your computer.

Interested in computer-enhanced photos? We're your club! Come join us!

Join us and help set the ground rules—let your voice be heard!

We're looking for someone to set up a Web site for our club. Please call the number above. ☺

German Club

Ruth Felschow

We met at our December meeting for a Christmas sing-along. The tables were adorned with Christmas centerpieces and handmade ornaments made and donated by various members. We also had an adorable Pfefferkuchenhaus and a couple of gifts to raffle off.

All enjoyed the potluck dinner and the selection of delicious desserts was out of this world. Thank you all, we had a great time.

Our January meeting might be changed to the second Tuesday of the month.

Please check the community channel for further announcements.

The program for the next meeting will be a slide show "Germany off the Tourist Track," presented by Hank Claterbos.

We hope that you will join us for a fun-filled evening. ☺

Stephanie's Computer Tip for January

By STEPHANIE ROHDE

Medicare Part D Information

"If you get your Prescription Drug Coverage through TRICARE (Military retiree benefits), Department of Veterans Affairs (VA benefits), or FEHBP (Federal employee retiree benefits) it will almost always be to your advantage to keep your current coverage without any changes. However, if you have limited income and resources, you may qualify for extra help from Medicare. If you decide to make changes to your current coverage, you should first contact your benefits administrator or your FEHBP insurer. You can contact them by calling TRICARE (1-888-363-5433), VA (1-877-222-8387), or FEHBP (1-888-767-6738). If you lose your TRICARE, VA, or FEHBP coverage and join a Medicare drug plan after May 15, 2006, in most cases, you won't have to pay a penalty, as long as you join within 63 days of losing your TRICARE, VA, or FEHBP coverage."¹

"TRICARE is considered creditable coverage, meaning it pays on average as much or more than a standard Medicare prescription drug plan. If TRICARE-Medicare beneficiaries decide not to enroll in a Medicare drug plan during the open enrollment periods, but change their minds later, they may do so without paying the late enrollment penalty."²

(Footnotes)

¹ www.medicare.gov/MPDPF/Public/Include/DataSection/Questions/MPDPFImpIntro.asp

² www.tricare.osd.mil/news/2005/news0543.cfm

To view available plans by state please visit:

www.medicare.gov/MPDPF/Public/Include/DataSection/Results/ListPlanByState.asp

For a PDF file format of the plans available in Florida, please e-mail me at: endtheclutter@cfl.rr.com

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OTOW Computer Classes

January — April 2006

Course	Day & Time	Dates	Place	Instructor
Basic Computer	Monday 1-2:20 p.m.	Jan 9	Health & Recreation	Stephanie Rohde
Basic Computer	Tuesday 1-2:20 p.m.	April 18	Health & Recreation	Stephanie Rohde
Computer Maintenance	Tuesday 1-2:20 p.m.	Jan 10	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	Jan 11	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	April 19	Health & Recreation	Stephanie Rohde
Computer Purchasing	Monday 1-2 p.m.	Feb 13	Arbor Club (Room TBA)	Stephanie Rohde
Basic Internet	Wednesday 1-2:20 p.m.	March 1	Health & Recreation	Stephanie Rohde
Basic Word Processing	Thursday 1-2:20 p.m.	March 2	Health & Recreation	Stephanie Rohde

BASIC COMPUTER — If you're new to computers, want to begin a fascinating journey or have never purchased a computer, this first class is perfect for you. In a very understandable fashion, you'll be introduced to hardware, software, and terminology that will allow you to speak the language. You'll learn exactly what you need - equipment and connections (ISP). Find out what the computer can do for you. Informative, understandable, interesting, and fun. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC COMPUTER II — Know the basics? Now continue your journey. Distinguish among CD-ROM, CD-R, CD-RW, DVD-ROM, DVD-R, DVD-RW, disks and drives. Sound confusing? Then take this class. You'll learn about word processing, spreadsheets, and databases — what they are, how they interact with each other, and most importantly, how they can make your life easier. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC INTERNET — This course is designed for those who are familiar with a computer and mouse. Learn how to differentiate an e-mail from an instant message (IM), about chat rooms, newsgroups and Web surfing. Learn the meaning of browsers, favorites, bookmarks, and search engines. Explore various web sites and how to make safe on-line purchases. Know how "on-line banking" and "bill-paying on-line" differ. Minimum 6 students, Maximum 8 students; \$25 per person.

BASIC WORD PROCESSING — Via Microsoft Word teaches you opening, closing, save vs. save as, views, page set-up, shortcuts, print and print preview, clipboard, tables, table of contents, fonts, headers and footers, page numbers, page break, symbols, bullets, numbering lists and more. Your computing becomes more advanced, efficient and actually simpler. Minimum 6 students, Maximum 8 students; \$25 per person.

COMPUTER PURCHASING — This class is designed for individuals who are familiar with a computer and mouse especially if you are planning on buying a computer soon. You'll learn purchasing tips on what, how, why and where to buy the items you need to become "computer savvy." This class will also introduce you to the concept of connecting computers, better known as "Networking." By being an informed computer consumer, you'll save time and money. Minimum 6 students, Maximum 8 students; \$25 per person.

COMPUTER MAINTENANCE — Learn how to keep your computer working well for 5-6 years rather than 3 years or fewer by performing routine preventative maintenance. Instruction on daily, weekly and monthly PC maintenance relative to the Windows Operating System is covered. This class is for those who are familiar with a computer and mouse. This is that "ounce of prevention" that saves a lot. Minimum 6 students, Maximum 8 students; \$25 per person.

To register, visit the Activity Office in the OTOW Health & Recreation Center. Fees due upon registration.

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January 2006

The World News®

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**Theater Group**

Vivian Brown

As I write this column, my heart is so full of thanks and gratitude for all the residents of On Top of the World for their overwhelming support, wonderful comments and re-

ception of our show.

Although there were times when so many things went wrong and everything needed my immediate attention, I wondered if it was worth it all! I now know because of you all it was all very, very worthwhile.

Now we are starting to prepare for our spring show, so mark your calendar. It will be Friday, March 31, and Saturday, April 1, in the Health & Recreation Ballroom at 7 p.m. More details will be available later next month.

Our next meeting is January 9 at 2:30 p.m. in the Arbor Conference Center, Suite D. All members are requested to attend as we will be discussing and making plans for the upcoming show. New members are always welcome.

Our dues are \$5 a year and you must be a member to be in the show.

I want to wish everyone a happy New Year filled with good health, happiness and love. Till next month God bless, Vivian. Any questions or info, call 291-0246. ☺

**Harmonichords**

Betty Barney

We are coming to the end of a very busy and successful year and hope to carry on into 2006 with the same enthusiasm we always feel.

**Opera**
Tony Donato

On December 1, Opera Appreciation Class VIII held its first session of the season. The class viewed a video of Verdi's "Aida," starring Placido Domingo and Mirella Freni. The group enjoyed this work and it is easy to understand why, since it is as popular today as it was in 1871.

In our second session on Thursday, January 5, we will present a video of Jules Massenet's "Manon" starring Renee Fleming and Marcelo Alvarez. Massenet wrote 25 operas but is best remembered for Manon, Werther, Thais and Don Quichotte. As a composer, Massenet enjoyed setting his operas in exotic locales, and wrote with an eye on box office appeal rather than follow his own particular artistic beliefs.

In many of his works Massenet showed such a deep sensitivity to his women characters that many musicians and critics consider him as the French counterpart of Giacomo Puccini and Richard Strauss.

Jules Massenet was born in Montaud, France, on May 12, 1842, the youngest of eight children. His father started and managed an ironworks. On February 24, 1848, Jules' mother gave him his first piano lesson. That day shots were fired and the Revolution of 1848 broke out. The lesson was

interrupted, the ironworks was closed and the family moved to Paris where it lived in poverty. Jules' mother gave piano lessons to neighborhood children to provide most of the meager income for the family. At age 10, Jules entered The Paris Conservatory.

Ambroise Thomas, composer of Mignon and Hamlet, inspired the lazy lad to work harder. Shortly after, Jules was winning prizes in piano playing, and in 1863 he received the Prix de Rome for a cantata.

During his three years in Rome, Jules began to live. He enjoyed happy walks and talks with several outstanding musicians, painters and sculptors. His talent impressed Franz Liszt.

One day he sent him a young girl who wanted piano lessons, Louise-Constance de Gressy. Jules fell in love with his pupil and married her on October 8, 1866.

After returning to Paris, Massenet began writing music with the speed that marked his entire career. Thomas, his former teacher, arranged for his one-act opera, "La Grand'Tante," to be performed at the Opera Comique in 1867. In 1873 Massenet wrote "Elegie" for piano and cello, one of his most popular works. After two outstanding oratorios, "Marie-Magdeleine" in 1873 and "Eve" in 1875, and with the opera "Le Roi de Lahore" in 1877, Massenet became famous throughout France. He was made a member of the Legion of Honor in 1876 and in 1878 he became the youngest member (36) ever elected to the Academie des Beaux-Arts. Between 1880 and 1900 he produced the operas that were to immortalize him: "Herodiade," "Manon" (his greatest), "Le Cid," "Werther," "Thais" and "Sapho." "Don Quichotte" in 1910 was his final opera.

Puccini wrote his Manon Lescaut (first success) in 1893, nine years after Massenet's Manon. Both works were based on Abbe Prevost's novel, "L'Historie du Chevalier des Grieux et de Manon Lescaut." Massenet's Manon is generally considered superior in many ways to Puccini's Manon Lescaut. Jules Massenet died in Paris on August 13, 1912, at the age of 60. ☺

The movie will be held at 6 p.m. in the Health & Recreation Ballroom on January 8.

New memberships are available at the door for \$8. If you do not wish to purchase a membership then you can still come at a cost of \$2. The movie is open to all residents of On Top of the World and their overnight guests.

Hope to see you all there on the 8th. ☺

Join the Movie Club on 'The Wedding Date'

By MARY EHLE

The movie for January will be the light-hearted romantic comedy, "The Wedding Date."

It stars Debra Messing and Dermot Mulroney. It is about a girl who needs a date for a special family function and she gets the best man that money can buy. From then on the fun begins.

The movie will be held at 6 p.m. in the Health & Recreation Ballroom on January 8.

New memberships are available at the door for \$8. If you do not wish to purchase a membership then you can still come at a cost of \$2. The movie is open to all residents of On Top of the World and their overnight guests.

Hope to see you all there on the 8th. ☺

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Appointments Preferred

**The band Sophisticated Swing returns to On Top of the World on January 29.****Bandstand Showcase**

Dean Gilchrist

Bandstand Showcase goes Big Band

It's coming! Sophisticated Swing, the 10-piece band from Jacksonville, will be here on Sunday, January 29, to play your favorite swing and Latin tunes from the big band era. The concert will begin at 2:30 p.m. in the H&R Ballroom. Tickets are still \$5 general admission and \$7 for reserved seating and will be on sale in the Ballroom Mondays, Wednesdays and Fridays from 8:30 to 10:00 a.m. beginning Wednesday, January 4. Our hats go off to the West Marion Community Hospital for providing financial support for this event. This is the first of two concerts they are sponsoring this season!

"Sophisticated Swing" is an energetic, versatile group of musical heavyweights focused around the University of North Florida College of Jazz.

The band consists of alto, tenor and baritone saxophones, trumpet, trombone, piano, guitar/banjo, bass, drums, and vocalist Lisa Kelly. Lisa is a winner of five Downbeat Magazine performance awards, is a graduate of the University of North Florida and now teaches applied voice at UNF and lectures on jazz vocal evolution and musical styles. She has performed at the Montreux Jazz Festival (Switzerland), the North Sea Jazz Festival (Holland), the Savanna Jazz Festival, the Walt Disney World Jazz Festival, the International Association of Jazz Educators' Convention and at many other well known venues. She was the principal vocalist for the UNF Jazz Ensemble for six years, and just last summer completed a

two-week tour of China with that group.

A few years back, Lisa teamed up with J.B. Scott and Don Zentz to organize Sophisticated Swing. Some of the band members also play with J.B.'s "Swamp Dog Jazz Band" thereby offering the additional flexibility of a little toe-tapping Dixieland as an addition to their show. J.B. started his career after high school playing with the Jimmy Dorsey Orchestra. After further study and earning his masters degree in music education, he became musical director and trumpeter for the Dukes of Dixieland and toured with them for three years. Currently, he is assistant director of Jazz Studies at UNF. He has recorded extensively and performed with Skitch Henderson and the New York Pops at Carnegie Hall, and at just about every jazz festival you have ever heard of.

Don Lentz earned his stripes as leader of Sophisticated Swing with his 12-year tenure at UNF as director of the Jazz Ensemble, with which he won several National performance awards. Don has also received several teaching awards and has performed with Natalie Cole, Ray Charles, Doc Severinson, Dave Brubeck and the Jacksonville and Valdosta Symphonies, to cite just a few of his accomplishments.

I know this is a long article and a lot about the band, but if you got down this far, I'm hoping you'll realize why you don't want to miss this concert. It will undoubtedly be our biggest event of the season.

All of the musicians are experienced professionals who know what their audiences want to hear and know how to present it. We are so lucky to get musicians of this caliber to entertain us right here at home.

One of those who retired to Jacksonville about four years ago and now does guest lectures and appearances at UNF is none other than Dave Steinmeyer, the trombone virtuoso who directed the renowned U.S. Air Force Airmen of Note in Washington, D.C., for 10 years. Dave has played for seven U.S. presidents and recorded several nationally known CDs. I am really looking forward to his appearance.

Having said all that, my effort will be wasted if you miss this concert.

There is NO FOOTBALL on Sunday, January 29! It will be the perfect time to get out of the house and enjoy some top-quality refreshing music. We hope to see you there.

Dean Gilchrist is Chairman of Bandstand Showcase and can be reached at 854-1440 or by e-mail at deanotow1@earthlink.net.

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Card Clubs & Games

Monday Afternoon Bridge

Lothar & Ruth Lack

We have a friendly bridge game going on Monday afternoon and invite anybody who likes to play bridge to join us. For information call 237-0965

November 14

1. Sara Anderson & Gar Terheide. 2. Ruth Christman & Cleona Redman. 3. Ellen Hormann & Mazie Millward. 4. Mary Carol Geck & Jayne Kaske.

November 21

1. Virginia Blanchard & Dick Mansfield. 2. Shirley Stolly & Esther Lang. 3. Ruth & Lothar Lack. 4. Sara Anderson & Gar Terheide.

November 28

1. Shirley Stolly & Esther Lang. 2. Mary Carol Geck & Jayne Kaske. 3. Sara Anderson & Gar Terheide.

December 5

1. Mazie Millwood & Mary Rose Jansen. 2. Edith & Bill Hunter. 3. Ruth & Lothar Lack. 4. Esther Lang & Shirley Stolley.

December 12

1. Sara Anderson & Gar Terheide. 2. Agnes LaSala & Kay Woods. 3. Betty Morris & Fran Griswold.

Monday Night Bridge

Shirley Johnson

November 14

1. Eleanor Giardina. 2. Agnes Weber. 3. Ray Dietz. 4. Carol Thompson. Cons. Helen DeGraw.

November 21

1. Gitte Agarwal. 2. Ray Dietz. 3. Jack Kyle. 4. Jan Moon. Cons. Paul Agarwal.

November 28

1. Florence Penn. 2. Phyllis Bressler. 3. Helen DeGraw. 4. Jim Mahoney. 5. Tie Carl Woodbury & Bert Moseley. Cons. Shirley Johnson.

December 5

1. Mildred Lane. 2. Ida Rosendahl. 3. Ray Dietz. 4. Gitte Agarwal. 5. Jan Moon. Cons. Lynn Dietz.

December 12

1. Shirley Johnson; 2. Jack Kyle; 3. Jean Vaughn; 4. Phyllis Bressler; Cons. Jim Mahoney.

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

November 8

1. Carol Thompson & Lee Sheffer, Geri Cassens & Eleanor Giardina. 2. B.H. Hunter & Edith Hunter. 3. Agnes LaSala & Carl Woodbury.

November 15

1. Kay Wood & Elsie Helwig. 2. Ruth & Lothar Lack. 3. Agnes LaSala & Carl Woodbury. 4. Geri Cassens & Eleanor Giardina.

November 22

1. Geri Cassens & Eleanor Giardina. 2. Ruth & Lothar Lack. 3. Marce Guerren & Lee Sheffer. 4. Carol Thompson & Myra Butler.

November 29

1. Lee Sheffer & Bob Buchen. 2. Betty Morris & Shirley Stolley. 3. Geri Cassens & Eleanor Giardina. 4. Ruth & Lothar Lack.

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073. Last month's winners are listed below.

November 15

1/3. (Tie) Betty & Bill Raines, Ruth & Harry Tindall & Margie & Bruce Benton. 4. Charles Slupe & Joe O'Brien. 5. Ida & Bill Carlson.

November 22

1. Charles Slupe & Dick Mansfield. 2. Doris Keathley & Mary Carol Geck. 3/4 (Tie) Ruth & Harry Tindall & Marjorie & Bruce Benton. 5. Marjorie & Don Hink.

November 29

1. Ida & Bill Carlson. 2. Doug Miller & Ernie Lord. 3. Ida Rosendahl & Dorie Swanson. 4. Charles Slupe & Dick Mansfield. 5. Marjorie & Bruce Benton. 6. Ruth & Harry Tindall.

December 6

1. Betty & Bill Raines. 2. Ida & Bill Carlson. 3. Doug Miller & Ernie Lord. 4. Margie & Don Hink. 5. Charles Slupe & Dick Mansfield. 6. Marilyn Beardsley & Mary Kalda.

Wednesday Afternoon Bridge

Fran Griswold

Babs Marsten is the latest to join our group. It is always our pleasure in having a new face join us in our favorite card game.

Our inner club tournament is over. The Blue Team captured second place. All Red Team members looked forward to a lovely lunch hosted by the Blue Team ... individual winners for this six-week tournament were: Phyllis Bressler 1st place with a score of 20, 620 Carol Thompson second with a score 20, 540. Flo Penn third place score of 20,500 and consolation Elsie Morick.

I think the Christmas spirit captured so many this year. Our Wednesday group, with the help of others, made it possible for us to take more than \$200 in gifts of turkeys, diapers and other useful items to the Rape Crisis Abuse Center. Shirley Johnson and Sara Anderson joined us in this endeavor. As the items were delivered to the center, many thank yous were heard.

Let's all join together in prayer for our world leaders and our service men for a better 2006. Merry Christmas and a happy and blessed New Year.

November 16
1. Clair Shea 5460 2. Mildred Lane 3. Pat Holmes 4. Helen Eshbach. Cons. Marion Wade

November 23
1. Phyllis Bressler 5340 2. Carol Thompson 3. Marion Wade 4. Pat Golgart Cons. Carol Johnson

November 30
1. Phyllis Bressler 2. Barbara Mundeloh 3. Fran Griswold 4. Marlene Floeckher Cons. Helen Eshbach

December 7
1. Mary Culberson 4910 2. Marion Wade 3. Betty Morris 4. Louise Brady Cons. Stinson Frantz

Wednesday Night Duplicate

Doris Keathley

November 16
1. Bill & Ida Carlson. 2. Harry & Ruth Tindall. 3. Doug Miller & Mary Carol Geck.

November 30
1. Bill & Betty Raines. 2. Nel Bosschaart & Margorie Benton. 3. Bill & Ida Carlson.

December 7
1. Doug Miller & Mary Carol Geck. 2. Harry & Ruth Tindall. 3. Bill & Betty Raines. 4. Charles Slupe & Ida Rosendahl.

Thursday Afternoon Bridge

Elsie Helwig

November 3
1. Dolores Conrad. 2. Ruth Christman. 3. Pat Holmes.

November 10
1. Elsie Helwig. 2. Dolores Conrad. 3. Ruth Christman.

November 17
1. Virginia Henry. 2. Mazie Millwood. 3. Kay Wood.

Thursday Night Bridge

Betty Barney & Helen DeGraw

November 17
1. Eleanor Giardina. 2. Fran Griswold. 3. Myra Butler. 4. Edith Hunter. 5. Geri Cassens. Cons. Bob Buchan.

November 24
Thanksgiving

December 1
1. Dick Mansfield. 2. Fran Griswold. 3. Agnes Weber. 4. Myra Butler. 5. Phyllis Bressler. Cons. Charlie Slupe.

December 8
1. Carl Woodbury. 2. Phyllis Bressler. 3. John Mataya. 4. Shirley Ebert. 5. Jan Moon. Cons. Dick Mansfield.

Friday Advanced Bridge

Ernie & Joan Lord

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

November 4

1. Ernie Lord. 2. Jack Martin. 3. Helen Eshbach. 4. Geri Cassens. 5. Bill Raines.

November 11

1. Ruth Tindall. 2. Myra Butler. 3. Lynn Dietz. 4. Ray Dietz. 5. Shirley Ebert. Cons. Phil Merchant

November 18

1. Eleanor Giardina. 2. Bill Hunter. 3. Dick Mansfield. 4. Phil Merchant. 5. Natalie Fluss. Cons. Nel Bosschaart

November 25

1. Nel Bosschaart. 2. Don Hink. 3. Natalie Fluss. 4. Betty Barney. 5. Jan Moon. Cons. Lynn Dietz GS Phyllis Bressler & Nel Bosschaart (7D)



Saturday Night Singles Bridge

Elsie Helwig

November 5

1. Jo Birnberger. 2. Lucille Perry. 3. Billy Swing

November 12

1. Betty Ruf. 2. Ruth Christman. 3. Viola Horton.

November 19

1. Dottie Findlay. 2. Harry Harrington. 3. Anne Jagielski.

November 26

1. Ruth Christman. 2. Charles Slupe. 3. Anne Jagielski.



Tuesday Night Pinochle

Viola Horton

Welcome back to Mary Lou and Frank Chamberlain. John Berish & Jo Birnberger had an unusual event. Both had double runs in the same suit. Wow! Jenna Purdin joined the single deck game this month. If you want to play single deck pinochle, contact Pat Corden at 291-9441. She is looking for two players to make up a table with 2 people who want to play. It is a fun evening so come and join us.

November 1

Single Deck Winners

1. Carole & Joe Lacker. 2. Audrey Bartolotta & Millie Ferrell.

Double Triple Deck Winners

Table 1. Art Netto. 2. John Berish. 3. Dick Beury & Harry Harrington. 4. Ray Bock & Virgil Taylor.

November 8

Single Deck Winners

Tie: Audrey Bartolotta & Millie Ferrell. Lois & Vernon Uzzell.

Double/Triple Deck Winners

Table 1. Ruth Christman & James Nottingham.

2. Irene Pisani Jo Birnberger & John Berish. 4. Ray Bock & Virgil Taylor. 5. Bill Hansen & Vi Horton.

November 15

Single Deck Winners

Tie: Jenna Purdin & Al Novotny, Carole & Joe Lacker.

Double/Triple Deck Winners

Table 1. Art Netto. 2. Lucille Perry, John Berish & Billy Swing. 3. Dick Beury. 4. Ray Bock & Virgil Taylor.

November 22

Double/Triple Deck Winners

Table 1. Wanda Hansen, Ruth Christman & Alberta Sarris. 2. Billy Swing. 3. Dick Beury & Harry Harrington.

November 30

Single Deck Winner

Jenna Purdin & Al Novotny.

Double/Triple Deck Winners

Table 1. Ruth Christman & Alberta Sarris. 2. Betty Ruf, John Berish & Billy Swing. 3. Carol Polanowski & Harry Harrington. 4. Ray Bock & Virgil Taylor.

Friday Night Euchre

Joe Askenase

November 18

Four Handed Game

1. (Tie) Phyllis McLeod; Virgil Taylor. 2. (Tie) Zane Barnett, Richard Miles. 3. (Tie) Carol Polanowski, Paul Agarwal. 4. (Tie) Dorothy Weber, Joseph Weber. 5. (Tie) Genny Brenner, Ray Bock, Diana Riegler. 6. Maria Marquis. 7. (Tie) Maria Trance, Dolores Barnett, Pat Snable. 8. Nancy Kowsky.

November 25

Four Handed Game

1. Bill Eberle. 2. Pat Snable. 3. Shirley Coe. 4. Mary Nichols. 5. Carol Polanowski. 6. Marcy Askenase. 7. Diana Riegler. 8. Russ Riegler. 9. Richard Miles. 10. Genny Brenner

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Mah Jongg
Mary Ehle

This is the last call to sign up for the mah jongg lessons that will begin on January 4. The class will be held on Wednesday at 12:30 p.m., in Suite G, at the Arbor Conference Center. It will continue until the second Wednesday in February. The class lasts two hours and the cost is \$10.

Please give me a call to sign up. Everyone is welcome. I need to know how many people are planning to attend so that I can be prepared with enough teachers to help you. It is a wonderful game and almost everyone

who has learned has loved it. It is great to keep your mind active and enjoy the time spent with friends. I am sure that you will have a good time. I know because it will be fun or we won't do it.

I remind all the players of the tournament for this spring. The date is March 4. Send in your checks for \$20. Please make them payable to me, Mary Ehle. I encourage all those who play and can play four games in under an hour to come and play. It is a great day of fun. Don't forget to help us with snacks and/or door prizes. Remember this is not a time to clean your closet but a time to give a nice gift that you yourself would like to have. These are your friends. Keep that in mind when you are making your door prize selections.

It seems like everyone is making the big hand. Some of the latest people to make the hand are Dougie Ruble, Marilyn Valchon, Jean Zrowka and last but not least Margaret Orlando finally made that hand. I have never made that hand and I wonder how many of the rest of you have yet to make it.

All these people are making it now and when the tournament comes no one can bring it home. This will be the eighth time it has been up for the taking and no one has been successful. That is when it really counts.

Till next time, Jokers to you. ☺



Bingo
Bunny Barba

There is something very strange going on here at On Top of the World. Since December 1, I have noticed people walking around talking and mumbling to themselves. Listening closely, I hear them saying, "I-23, G-48, O-74," etc. They have a lost look on their faces and keep staring at the H&R building. The doctors are mobbed with requests for tranquilizers and even the happiest couples are snipping at each other. One resident actually just came and sat in the ballroom every Wednesday staring at the stage.

Well, cheer up, Bingo is back. On Wednesday, January 4, at 5 p.m., the doors of the H&R Ballroom will open and Bingo will resume for the next 11 months.

However, there will be something different. The new bingo cards are here.

Yes, after almost four years of intensive efforts by Lolly Foos, Mort Meretsky and the rest of the bingo committee, we have raised more than the \$3,000 necessary to purchase sorely needed new bingo cards. This money was accumulated from sales of the 70/30 tickets, donations from individual residents and finally achieved by holding dances to benefit Bingo and Travel Toppers. A big thank you to Lolly and Mort for all your hard work and to all the players who helped.

These cards grow more expensive every year; therefore we are asking the players to please refrain from defacing the cards in any manner. Please do not write comments on the cards or mark them up. Just because you didn't like the numbers on the card, next week someone else may just get lucky.

For those 268 players who came to bingo the last two weeks in November, I hope you noticed that we now have an official Bingo Dunce Cap donated by our own gorgeous gourmet Pat Schroeder. Guess who wore it for the first time? Our own caller Hank Kolb who managed to call N's in a game where we couldn't use them. Hank is one of our new callers and he is really doing a great job.

Once again a happy and healthy and lucky New Year to all.

If you have any money you want me to have, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com.

May the wizards of bingo bring you good luck always in all ways. ☺

dessert, which was a devil's food cake frosted with vanilla pudding and topped with cherries and a dollop of whipped cream. The superb meal concluded with coffee and friendly discussion.

Our second host couple was Helene and Al Sternberger. This meal began with a collection of marvelous appetizers made by Marlys and Wayne Bielunski. These were a delectable crab-filled endive, proscuitto wrapped asparagus and pickled mushrooms.

Helene and Al then proceeded to serve the entrée. This entrée was chicken Polynesian. This scrumptious dish was composed of baked chicken with shrimp, pineapple pieces, onion and green olives in a smooth tomato and pineapple sauce. Accompaniments complimenting the entrée were fried wild and white rice with almonds, as well as baby and snow peas in a butter sauce. Also highlighting the entrée was a coleslaw dish accompanied by a lime and honey dressing.

Ceci and Bob Marsh made the dessert that topped off this great meal. This was a wonderful New York style cheesecake. All participants enjoyed the good food, good conversation and had a very nice evening.

If you like the idea of sharing one of your favorite recipes with fellow residents and would enjoy good food and good friends sharing an evening together, consider joining our club.

If you want to start off your New Year with a monthly fun activity call Luke at 291-8625, or contact any of your participating club neighbors. ☺

Littlest Post Office

◀ Continued from Page 17

little building was moved from its original location next to the road but when the Tamiami Trail was widened, the post office was moved back on a wheelbarrow to its current location. I got to thinking, how many post offices can boast that fact?

I was intrigued with this little post office so when I returned home I made a phone call. I caught the postmaster, Nanette Watson, sorting mail for the rural delivery person.

I guess that old saying about "great things come in small packages" holds true, at least concerning the smallest U.S. Post Office in the United States, the Ochopee Post Office, Zip 34141. ☺

Sylvia Andrews and Oliver Aube brought

Ho, Ho, Ho Happy Hour



Photos by Larry Resnick

A pair of residents' grandchildren get some one-on-one time with Santa at the Ho Ho Ho Happy Hour in December.



Photo by Larry Resnick

The Ho Ho Ho Happy Hour Santa (Gary Uhley) may have a bit of competition from Bob Woods, right.



Photo by Larry Resnick

Owners Association Meeting

Ken Colen addresses the annual meeting of the On Top of the World Central Owners Association on December 19.



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Bed: \$140. Brand new. Orthopedic queen pillow-top mattress set. Never used! Still in plastic. King set \$195. Can deliver. 861-9469

Bedroom set: \$395. Brand new, 6 pieces! Still in boxes. Includes headboard, nightstands, dresser, mirror, etc. 291-1731

Bicycle: Glacier 26" Point 12-speed magna with Dekra caliper brakes. \$50 firm. 237-5659

Bicycles: Men's 5-speed and women's 10-speed, lightweight. Both excellent condition with manuals. \$45 each. 291-2052

Breadmaker: Regal Kitchen Pro, like new, used six times. Original carton and instruction manual. Original \$98, sell \$40. 861-2540

Dinette set: \$125. 5-piece set. Brand new! Still in boxes! Can deliver. 873-8753

Estate Sale: Furniture, small appliances, house-hold items, TV, rug, Ekornes chair/ottoman, etc. January 20 and 21, 9-4, 8878B SW 90th Lane. 291-2139

Furniture: 42" round glass top dinette set, natural bamboo, 4 side chairs with padded seats in wheat, like new, \$275. 291-2139

Furniture: Living room swivel low back chair, rose/mauve with fleck pattern, excellent condition, \$75. Will deliver. 291-2139

Furniture: 42" round pedestal table with 4 chairs. Unusual feature - table converts to a coffee table with flip lever. \$125 complete. 854-0320

Furniture: Loveseat recliner. Kept covered, mint condition. \$250. 873-0303

Gas Grill: Advantis by Festa, with side burner, \$35. 237-0656

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 8700 SW 99th St. Rd., Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (on east side of the Golf Pro Shop) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Hot Tub: Loaded! Never used. Waterfall, therapy jets, LED lights, cupholders, 110v energy efficient. With warranty. Free delivery. 854-0980

Magnifier: Dazor with floating arm on floor pedestal, circle light around magnifier, very good condition, \$100. 854-8528

Misc. Items: Bruno scooter life, \$150. Various R.C. airplane engines, gas and glow. 237-1082

Misc. Items: Motorola cable modem and DSL modem for Sprint, \$20 each. Both have cables and software. Frigidaire freezer, chest type, 5-6 cubic feet, excellent condition, \$75. 237-4242

Misc. Items: Dell computer and many accessories - please call for details. Also, lumbar chair on rollers and 6' desk. 854-6710

Misc. Items: Brother word processor and monitor, \$250; Brother 5-in-1 multi-function center; Realistic FM wireless intercom, \$25; 1 pair table lamps, \$20; rolling bi-fold garment bag, \$40; 101 Dalmatians barking hand puppet, \$9. 873-2943

Misc. Items: Large beach umbrella with 2 beach chairs, 2 tennis rackets and balls, black bowling ball, 2 sets of 12 each Ty Beanie Babies. 854-5645

Misc. Items: 42" dinette table with 2 leaves, 4 upholstered chairs, \$99; 30" white GE gas range, self-cleaning oven, like new, \$250. 237-7758

Misc. Items: Skil reciprocating saw with 7.5 amp motor, \$50; Sharp microwave, \$40; Viewsonic flat screen computer monitor, \$65; Brother word processor/typewriter, \$50; Wilson golf club set, \$90. 690-3069

Misc. Items: Framed canvas print, "Bellingsgate Gardens" by Richard Earl Thompson' frame size 42"x30," \$300; 32" JVC L'Art, flat screen, stand alone cabinet, less than 2 years old, will deliver. \$250. 291-2139

Moving Sale: Furniture, etc., all in very good condition. 854-9505

NASA Memory foam mattress set: As seen on TV! Brand new, 20-year warranty. 854-0980

Organ: Lowrey, model Holiday-350 with bench. Excellent condition. Best Offer. 854-4365

Pool table: Gorgeous brand new 8' all wood table. Leather pockets, Italian 1" slate nicely carved legs. Still in crate! Can deliver. 291-1731

Printer/Scanner/Copier: Hewlett-Packard, in perfect condition, \$55. 873-3433

Tools: Delta 16" variable speed scroll saw, table, auxiliary light, large assortment of blades, \$125. 237-6088

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Caregiver/Health Aide: 13 yrs. exp. On Top of the World resident. Full/part-time. Personal care, errands, chores. Exc. ref. 873-4761.

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Pedicures: Do you need your toenails trimmed? Have a pedicure in your home. Call Janet at 390-3156. On Top of the World resident. Licensed.

Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Pressure Washing: Driveways, walkways and porches. Make them look neat and clean. Free estimates. 20 years experience. On Top of the World resident. 873-6225

Residential Cleaning: Licensed, insured and bonded. Free estimates. On Top of the World references available. Call Connie at 454-8593.

Sewing Machine Service & Repair: Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

Steve's Repairs: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation by Bill: Dependable driver to medical and hospital appointments. Call Bill, On Top of the World resident, 854-7516

Transportation by Helpful Hand: Transportation to and from local destinations - doctor, grocery shopping, airports, etc. Call Diane at 237-8077

Transportation: I'll drive you to local appointments, grocery shopping, errands & more. Joan at 237-8240

Wanted

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

Collector paying top \$ for pottery and stoneware - Weller, Shawnee, Hull, Roseville, Fulper, Rockwood, etc. 873-2118

Guns & Knives: On Top of the World resident interested in buying guns & knives, any condition. 854-2555

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

Local Accounting Firm looking for mature, organized office help. Some bookkeeping experience appreciated. Ideal part-time office work. Good working environment. Call Russell at 369-1120

Meals on Wheels: In need of a few good men and women, 2 hours a week every other month. 873-3433

Moving in or moving out? Grandmattress will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junque. Susan or John, 873-9796

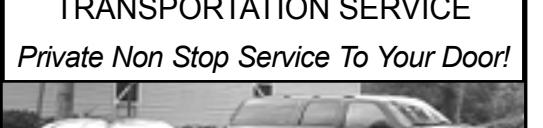
Wanted: Your unwanted Mardi Gras beads for Assisted Living residents. Call Paula (D'Clowns) 873-3433

Lost and Found

Lost: Golf clubs, 3 Taylor Firehole and 11 Titlist irons. Anyone with information call Det. Ed Mobley, 402-6060.

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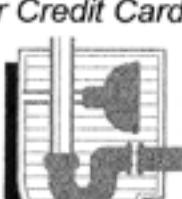
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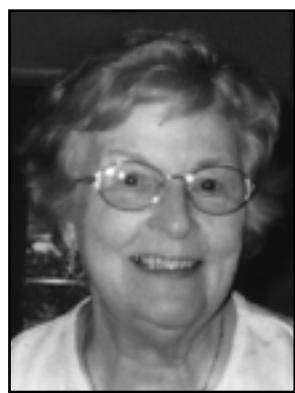
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January 2006

The World News®

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Artistic Crafts & Gifts

Loretta Troutman

Yes, we are the former Arts and Crafts, who meet in the Health & Recreation Ballroom every Tuesday from 9 a.m. until noon. We have a new name and are already listed in the On Top of the World directory. We will continue to offer all the lovely handmade items our ladies prepare for your home decor and gift giving. If you haven't yet visited us in the H&R Ballroom, you will be surprised at the variety of items that we present.

Our members reported a good turnout at the annual Craft Fair in November. Sales were great. This is, of course, inspiring. We all talked about having to restock for the Christmas rush.

We wish to thank our loyal friends who continue to select their gifts from our crafters. We are pleased to offer outstanding workmanship and value in the articles our ladies create.

We wish all of you a healthy and prosperous New Year for 2006. ☺



Sewing Bees

Eileen Vanderbosch

With great teamwork and lots of hard work, the "Bees" completed their Christmas project.

A total of 24 quilt kits with stuffed toys and 52 stockings (made and stuffed by the "Bees") were divided and distributed to Ocala Regional Medical Center, Kimberly's Cottage, Pediatric Team of Florida, Guardian Ad Litem and Munroe Regional Medical Center for the children to enjoy. Thanks, "Bees," you did a tremendous great job.

In January we are working on placemats and will also host the sewing group from Oak Run. Other projects are up and coming and will be published shortly.

If you like to sew and want to join our interesting group, please come to our business meeting the last Thursday of each month at 1 p.m. ☺



Taste Buds

Marcia Miller

Hope everyone is having a great holiday season and ready to start another year. This, however, will be my last column. I have been writing this for more than eight years and it's time I took a break. Hopefully a new food column will appear in the future under a new name and with a new columnist. I have enjoyed writing this column, gathering food information and poring over my many cookbooks and clipped recipes.

Since this column will be out in time for New Year's parties, I thought I'd share a few recipes for party type snacks. Happy eating and happy New Year.

Sweet Minglers

This one is easy and delicious. I made it last year and probably ate more than my share.

1 package (6 ounces or 1 cup) semi-sweet chocolate morsels

1/2 cup peanuts (optional)

1/4 cup peanut butter

6 cups Crispix or Chex cereal

1 cup powdered sugar

In large microwave bowl, melt chocolate for 1 minute. Stir and heat 30 seconds longer until completely melted when stirred. Stir in peanut butter and peanuts. Gently stir in cereal until evenly coated. Place powdered sugar in 2-gallon plastic bag. Add coated cereal and close bag. Shake until mixture is evenly coated. This is a great job for kids if they are handy. Store in airtight container in refrigerator.

I haven't personally tried this fudge, but I know many in the exercise classes here



Crafty Ladies

Dot Tripp

From the comments heard, compliments given, and the smiling faces all around the tables, it can be said that our Christmas luncheon was a huge success. Success requires a great deal of help, which we had. Our volunteer cooks brought candy, cakes and cookies. Other members donated tablecloths, napkins, cups and tableware. Many thanks to the well-organized cleanup crew, and a special thanks to Jean P. ... couldn't have done it without your help, Jean. Everyone was so great. All of you deserve to wear a star on your forehead for at least a week.

Before eating, we did some quiz competitions. One was a Yuletide Quiz, which was won by Edith J. Another quiz, won by Arlene K., was to name as many crafts as you could think of. And Theresa J. won the prize for finding additional words in a Yuletide greeting sentence. After the games were played, we got down to the joy of eating. What a fun time!

Back to the business of crafting. Hope everyone has finished those Christmas projects, 'cause it's too late for 2005. Hope, also, that all of you had a very merry Christmas and are looking forward to a wonderful new year.

If you are looking for something new to do in the new year, come join us some Wednesday morning between 9:30 to 11 in the large Card Room in the Arts & Crafts Building, or call Dot at 854-4913 for information. Talk to you next month ... in the meantime, do your best to keep happy, healthy and "crafty." ☺

Japanese Bunka Embroidery Classes To Begin January 11

By PAULINE UPCHURCH

There will be Bunka classes starting January 11 from 12:30 to 3 p.m. in the Arbor Conference Center, Suite C.

Pauline is a certified instructor since 1991 and loves to teach others to do the beautiful art of Bunka Japanese painting. It is pronounced boo-ka. It is an art, not a craft. It is three-dimensional thread art (painting with thread) that looks like an original oil painting. It has to be framed.

Both men and women are invited to come and see on January 11. All previous students are also welcome.

The class will be taught by Pauline Upchurch, certified instructor, a member of the Japanese Bunka Embroidery Association of the United States of America.

For more information, call Pauline at 854-8598 or sign up at the Activities Office. ☺



Sunshine Singers

Betty Barney

We have presented our Christmas program to many groups and enjoyed so much playing for them and feeling their enjoyment in listening to the old familiar songs.

Now we are entering 2006 and hope to begin going full force into the future.

have and report it's great. And according to Traci, it's extremely easy. Check with her at the fitness center for more details.

Traci's Fudge

1 package morsels (any flavor, chocolate, peanut butter)

1 can creamy icing (choice of vanilla or chocolate)

Melt morsels. Stir in icing. Pour into pan and place in refrigerator until set. Nothing could be easier.

Flavored Popcorn

Coffee Crunch

1/4 cup packed brown sugar

1/3 cup butter or margarine

3 tablespoons light corn syrup

2 tablespoons instant coffee crystals

1/4 teaspoon vanilla

1/4 teaspoon baking soda

8 cups popped popcorn

1 cup peanuts

Butter sides of 1 1/2 quart saucepan. In it combine sugar, butter, corn syrup, coffee crystals and 1/4 teaspoon salt. Bring to a boil and cover over medium heat for 5 minutes, stirring occasionally. Remove from heat. Stir in soda and vanilla. Pour over popcorn and nuts in a 17-inch by 12-inch baking pan. Stir to coat. Spread evenly in pan. Bake at 300 degrees for 15 minutes, stir and bake another 5 minutes. Stir before serving.

I have made this one and it is really good.

Nacho Popcorn

1/4 cup butter or margarine, melted

1 teaspoon paprika

1/2 teaspoon each: crushed red pepper, ground cumin

10 cups popped popcorn

1/3 cup grated Parmesan cheese

Stir spices into margarine. Toss with popcorn. Sprinkle with cheese and toss again.

Fudgy Popcorn

This one I'm going to have to try since I love chocolate and it is really easy.

Toss 8 cups popped popcorn with 1/3 cup melted butter or margarine. Sprinkle with 6 tablespoons instant chocolate pudding mix. Toss to coat well. ☺

I am looking forward to Christmas in Connecticut with the family and hope that Mother Nature is kind while I am there. Actually, being with your children, grandchildren and two great-grandchildren is worth Jack Frost pecking at your nose.

We have had a very successful year and hope to continue it on into the coming year.

We went, along with other volunteer groups, to the breakfast at Timber Ridge on December 13. This was a lovely way for them to thank all who entertain their residents. We enjoyed entertaining as much as they enjoyed listening.

I did not have the correct name of one of our members who did a beautiful rendition of the "Star Spangled Banner" at the Veteran's Day program. It was Tony Donato. Sorry Tony, well done.

We meet at 7 p.m. the first and third Monday of the month in the Ballroom of the Health & Recreation building. Come join us. All you have to do is carry a tune and we have no auditions. Just come and enjoy.

Hope you all had a very Merry Christmas and will enjoy a happy and healthy New Year. ☺

CFCC Foundation Presents Eighth Annual Dinner Theater

Enjoy an evening of entertainment and dining when the Central Florida Community College Foundation presents its eighth annual dinner theater production "Self-Help," by Norm Foster, Wednesday, January 25 through Sunday, February 5.

Matinee performances begin with dinner at 12:30 p.m. and show at 2 p.m. Evening performances begin with dinner at 6 p.m. and show at 7:30 p.m.

Tickets are on sale now at the CFCC Foundation, located in the Enterprise Center at 3001 S.W. College Road. Tickets are \$45 each or \$360 for a table of eight.

The first \$10,000 raised will create a Dental Assisting Endowed Scholarship.

Dinner theater patrons can stroll through the CFCC Webber Center Gallery, enjoy a complimentary glass of wine and feast on a professionally catered buffet.

"Self-Help" is the hilarious story of Hal

and Cindy Savage, two struggling actors who reinvent themselves as self-help gurus. Seven years later, much to their surprise, they become the world's most revered relationship experts.

For more information or for tickets, call Barbara Griffin at 873-5808, Ext. 1416. ☺



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