

On Top of the World NEWS

Where the News is Always Good

Summer is here and so are
the grandchildren!
Please review
H&R Pool Rules
on Page 10



Vol. 19, No. 12 • June 2006

Community News & Update

By Kenneth Colen
Publisher

EDUCATION UPDATE: The entire On Top of the World community has really embraced the new courses in our Master the Possibilities catalog.

Our spring season continues in June and there are still some opportunities to learn and grow with others who share your interests! With the summer (July, August, and September) quarter approaching, we will have even more choices - look for them in the Master the Possibilities catalog contained in our July World News. You continue to show us that quality education is part of an active and involved lifestyle!

BURROWING OWLS & WILDLIFE UPDATE: Of late I have received several letters from residents concerned about nesting Burrowing Owls. These are the ground-nesting owls that can be seen in open fencerows and old pasture. Currently, we have two active burrows in the Candler West area. Previously, On Top of the World set aside 25 acres in the Candler Hills East neighborhood for nesting habitat and the owls have put that to very good use. Additionally, supplemental burrows have been created along fairways and high berms of water retention areas for nesting habitat. These are ideal areas as the owls favor foraging and nesting in open areas (360° view). Burrows may not be disturbed during the nesting season (March through June) and otherwise require a setback of a 50-foot radius. Subject to obtaining a permit and providing supplemental habitat areas, the State of Florida will allow the closure of nests after the breeding season.

On Top of the World Communities, Inc., is fully compliant with all requirements of both the Florida Fish & Wildlife Service and the U.S. Fish & Wildlife Service for activities that may affect native species, including the gopher tortoise, burrowing owls and other species of special concern. Prior to pursuing development activities, agency permits are obtained to pursue mitigation of any protected species or species of concern that may be in the work area.

Although On Top of the World is permitted to "entomb" gopher tortoises, it has been our practice to trap and transfer the tortoises to protected habitat areas on the property prior to commencing any site development.

Ever aware of the responsibilities of land stewardship, On Top of the World Communities, Inc., has set aside large tracts of land totaling more than 440 acres on the Circle Square Ranch property for the preservation of native plant and wildlife habitat areas (including Florida scrub jay, burrowing owls, eastern indigo snake, kestrel, gopher tortoise and other native species), including the set-aside for the Longleaf Pine Trail established by the On Top of the World Native Plant Club.

Additionally, we successfully completed a multi-year effort to relocate juvenile Red-Cockaded Woodpeckers (RCP) to the Ocala National Forest to establish six new breeding colonies. In the process of that private-public agency effort, we funded studies of the RCP population that yielded entirely new discoveries about the RCP social order, fledgling populations, and means to enhance survival of the species.

The history of the Circle Square Ranch has been one of continuous transition and development. From the late 1800s and into the first part of the 20th century, this land was clear-cut for timber resources. Later the live oak was harvested for its valued wood. Much of the timbered land was allowed to re-grow into the current upland habitat areas while other portions of the land were planted in pasture for cattle grazing. The Tung oil trees that were planted in the 1920s were done and gone by the early 1970s. Once again, the land is transitioning from pasture and uplands into a residential environment. Throughout these transitions, native animals adapt and even thrive. It is notable that Florida scrub jays, gopher tortoises and Sherman's fox squirrels thrive along the Links and Tortoise & Hare golf courses in established corridor transition areas.

LANDSCAPE UPDATE: Lately, your Association has found itself in the position of needing to pursue actions against several residents for violation of rules relating to landscape modifications. Notably, the residents have removed trees without obtaining the Association's approval or replaced trees that were removed with plant stock not on the Association's approved plant list.

In all cases except one, the Association has been able to obtain a settlement from the resident that put them into compliance with our standards. This has not been without additional cost to the violators. In one case, we expect to pursue litigation to bring the owner into compliance. One way or the other, violation of the rules will cost an owner time, aggravation and money.

Owners must remember that landscape modification, just like any modification of the structure, must receive prior approval from the Owners' Association. I am mentioning this in my article in the hopes that we can all avoid unnecessary consequences of flaunting the Rules and Regulations and Covenants of what is, after all, your Association. The application process is very simple, and there is no fee involved. You may obtain an application for modification from the Customer Service Department. Return it with a detailed description of the work requested and a dimensioned drawing of the affected area. A representative of the Association will inspect the area and advise the owner of approval, approval with modification or denial.

STORM PREPAREDNESS: June is the start of the hurricane season and the time to start thinking
➔ **Continued on Page 2**



Photo by Larry Resnick

Steve Kallas signs a copy of 'Served With Honor' for resident Diana Morgan at the book signing reception on May 17 at the Arbor Club Ballroom.



Photo by Lynn Stock

William Eberle



Photo by Larry Resnick

Joe Novatnack

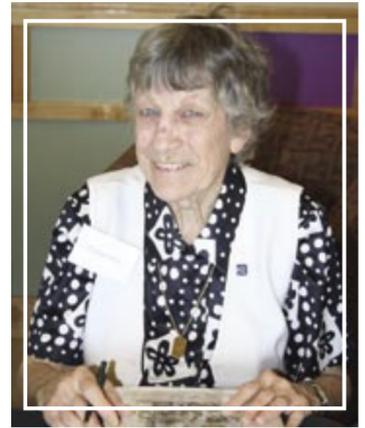


Photo by Kathy Bowes

Frances Davis

Served With Honor

By LYNN PEITHMAN STOCK

Decades after On Top of the World veterans served their country in the military, they sat at cloth covered tables and proudly signed the new book, "Served With Honor."

Thirty-two of the 40 veteran authors were present to autograph copies of the book.

On Top of the World President Ken Colen addressed the group. "These men and women made us what we are today," Colen said at the book signing

reception on May 17. "These are the faces of the men and women united by a common cause."

"What's different about this book is the authors live among us right here in the On Top of the World community."

Hardcover copies are available for \$25; softcover, \$15. See Page 14 for book ordering information.

Copies are available at the Marion County Library to check out. Also, every public middle and high school received a copy of the book. 🌐

Volunteers of the Year Named at Annual Luncheon

By DEBBIE CLARK

The annual volunteer luncheon was held on April 25 at the Arbor Club Ballroom. In attendance that day from management was Lynette Vermillion, Operations Manager for On Top of the World, along with 80 volunteers from the Volunteer Service Program. We had a wonderful lunch provided by Carmichael's Catering.

Keeping with tradition we named the volunteer of the year at the luncheon. This past year was a very difficult year to be able to name only one volunteer of the year as two names kept on popping up in my head. So for this year's volunteer of the year I was able to name two people, and they are Lolly Foss and Ernie LaDuke.

Lolly has been a tremendous help this past year with keeping the volunteer program alive and running. She always makes sure that there is a smiling face at the information desk every single morning to make sure that you receive your phone books along with having all of your questions answered. She also volunteers her services in the recreation office to help with the phones and the registrations for Master the Possibilities and to assist Theresa and me with any projects that we may have. Last but not least is the job that she does with organizing the volunteers for the larger events that I hold.

On to Mr. Ernie. He is a joy to have around. He is always there if we need him even if he is not scheduled to be at an event. First thing in the morning, he is there to help me and the vendors with the many tasks that are involved with setting up an expo, from bringing out extra tables if we need them to helping the vendors carry their exhibits to their appropriate tables. Ernie is a unique individual who is always willing to help with anything that we ask of him.

To Lolly and Ernie, great job and congratulations! Also to



Lolly Foss and Ernie LaDuke, On Top of the World Volunteers of the Year.

the many other volunteers I would like to say thank you from the bottom of my heart. You are just terrific people and if it were not for you I think I would be at a loss when it comes to bringing the community quality events that you all will enjoy. I would also like to thank the librarians and the Native Plant Club — they are all members of the Volunteer Service Program.

Once again to all of the volunteers, thank you very much for your help and support this past year. I look forward to working with you in the upcoming year at the many events that I have planned. 🌐



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Golden Oldies Humor

by Stan Goldstein



Does it take you two tries to get up from the couch, too?

Community News & Update

By Kenneth Colen
Publisher

← Continued from Page 1

seriously about dealing with the risk and inconveniences that may be encountered during and immediately after a storm. Your Association makes every effort to prepare for storm events by securing potential hazards, protecting buildings and Association related assets, and making sure we have an updated recovery plan. Key personnel are on-call before and after a storm. Water and wastewater personnel are moved onsite to make sure that essential utility services are protected and the chance of interruption is minimized. Tarps (in limited supply) are kept on hand to secure homes in the event of roof damage.

Despite all of our efforts, much of your own safety and comfort depends entirely on you. To that end, I am reprinting key points to help you prepare for a storm event:

- Designate as a "post-disaster contact," a relative or friend who lives outside the danger zone. Make sure each family member has been given this person's address and phone number, and agrees to contact him or her following the hurricane.

- Keep on hand at least one week's supply of bottled water and nonperishable food items. You should also have available a manual can/bottle opener, a flashlight, and a battery-operated radio or television (with an extra set of batteries for each). Make sure these items are readily accessible, so that you can quickly pack and evacuate.

- Maintain an up-to-date inventory of everything in your home. Taking photos and/or making videotapes of these items may

help support the value you place on them. Also, consider storing valuable items at a secure location away from the house.

- Remove furniture from porches or patio and secure hoses so that these objects do not become dangerous or lethal projectiles during a storm.

- Stock up on items you may need to protect your home or to prevent it from being further damaged after the storm has passed. These items may include, but are not limited to, tarps or plastic, hammers, nails and plywood.

- Make sure your family is trained on how to turn off damaged utilities.

- At least once per year, review your insurance coverage to make sure it is adequate and up to date.

When a hurricane threatens, immediately take these steps:

- Refill prescriptions.

- Make sure your car has a full tank of gas, as power outages may force gas stations to remain closed for several days following a hurricane.

- Store important documents and other valuable items in waterproof bags.

- Bring inside any loose items that can be found around the home. Firmly tie down loose items that cannot be brought indoors.

- Tape, board or shutter windows.

- Have enough cash on hand to last at least a full week. Banks and ATMs may be closed for several days following the storm.

Here are some suggestions on what to do during a hurricane:

- Stay tuned to a battery-operated radio or television for weather bulletins and important information.

- Follow the orders of local authorities.
- Stay indoors in an interior room without windows (even if you have evacuated, inland locations may still be at risk). If conditions worsen, take shelter in a closet or bathroom and use mattresses to protect yourself.

- Don't assume the hurricane is over when the wind subsides. The calm may be the eye of the storm, and the worse part may still be on the way.

If the electricity goes out

- Use a flashlight — not a candle or match. You do not want to take the risk of igniting gas from a broken line.

- Open your refrigerator only when absolutely necessary. This will help keep food fresh for as long as possible.

After the hurricane has passed

- Don't venture outside until local authorities have issued an "all-clear."
- Continue to check the radio or TV for post hurricane updates.

- If you have evacuated, don't return until authorities re-open your area. Remember, you may need proof of residency to return.

- Use a flashlight to look at damage. Allow only those people who have been trained, to turn off damaged utilities (e.g. gas) and disconnect damaged appliances.

- Beware of downed power lines and other debris.

- Wear sturdy shoes and clothing to protect yourself. People are oftentimes hurt more frequently after the hurricane than during it.

- Use only bottled water. Unless otherwise advised, assume tap water is contaminated and sewer lines are out of order.

- If electrical power was lost during the hurricane, be extremely careful before consuming food taken from your refrigerator.

When in doubt, throw it out.

- Use the phone only for emergencies.
- Conserve water! DO NOT WASH DRIVEWAYS OF DEBRIS. If the power is out and you still have water pressure, it is only because the water plant is running on auxiliary power.

Proper insurance coverage can help reduce the financial burden you may suffer as a result of a hurricane. Here are some additional tips that will make the claims process easier for you and your claims adjuster.

- Don't alter the condition of the damaged property. Take whatever steps are necessary to protect your property from further damage.

- Contact your insurance agent as soon as possible. Provide your agent or insurance carrier all information pertaining to your claim.

- Make a list of damaged or destroyed property. Your adjuster will be able to work more quickly, if he or she has a written list to work from. Photos of damaged property may also be useful.

- Keep records and receipts for ALL expenses you incur. Supplies purchased to protect damaged property or the costs incurred while staying at a hotel, while your home is being repaired, may be recoverable.

- Try to be patient. Once you report your claim, your claims adjuster will respond as quickly as possible. Delays may be likely, as hurricanes often uproot signs and deposit debris on highways, severely impeding traffic.

Additional Resources

- National Hurricane Center: www.nhc.noaa.gov

- Hurricane & Storm Tracking for the Atlantic & Pacific Oceans: <http://hurricane.terrapin.com>

- The Weather Channel: www.weather.com

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**From
Debbie's Desk
Debbie Clark**

We are into the month of June; I hope everyone had a wonderful Memorial Day. As I stated in my May article, I owe you all an overview of the basketball game and of the event that took place after my article was submitted for the May edition.

First, the Mini Food Show was a huge success. Everywhere I go all of you are still raving about it. Many kudos to our own Hospitality Division, as this event was brought to you by them to show you what type of food and service you could expect when utilizing Carmichael's Catering for your events.

The Senior Art Exhibit, which took place on May 24, was a very nice evening. The artwork was unbelievable by seniors from West Port High School. The pieces could actually be compared to art that was completed by college-level students.

On to the basketball game: this was quite an evening. It was my first professional basketball game, and I have to say that I enjoyed it a lot. It was quite different from

what you see on TV. Unfortunately, the Orlando Magic did not beat the Chicago Bulls, but they gave it their all as in the last few seconds of regulation game time when they tied it up and they had to go into overtime.

Please keep your eye out in my articles for future basketball games once the regular season resumes.

Also in May we had the all age art exhibit, which proved to be a huge success. The students of West Port High and I appreciate all of the residents who came out to meet them at the open reception, which was held on May 1.

On to the month of June: as we start into the summer season, things will slow down just a bit here at the Recreation Office. As you are all out enjoying the sun and the pools and have company down from up North or are traveling home for the summer, there are only a few items on the calendar. If I do add more I will keep you informed by Channel 17 and by posters.

Keeping with tradition, we will have our Patriotic Happy Hour on Friday, June 30. Happy Hour is from 5 to 8 p.m., and the bar opens at 4:30 p.m.

In line with patriotic activities, we will have our annual Fourth of July celebration in the Health & Recreation Ballroom on Tuesday, July 4, from 10 a.m. to 3 p.m. We will play bingo again along with the traditional chicken luncheon and entertainment after lunch. Tickets are available at the Health & Recreation Office, Monday through Friday from 8 a.m. to 4 p.m. Please stay tuned to Channel 17 for the cost per ticket and who the entertainment will be. Also there will be posters with all of the information in the H&R Building and the Arbor Club.

Just to give you a peek into the month of August, we will be going to watch the Tampa Bay Devil Rays vs. the Boston Red Sox on Saturday, August 5. The bus will leave from the RV Parking Lot at approximately 3:30



Photo by Larry Resnick

Zoe and Thalia Sifnakis join their grandparents, Sue Pietrantoni and John Zanazzi, in Karaoke at the Arbor Conference Center in May.

p.m. and we will return about two hours after the game. Game time is 7:15 p.m. The cost for this event is \$35 per person and this includes round-trip transportation and your ticket into the game. You may sign up at the Health & Recreation Office Monday through Friday, 8 a.m. to 4 p.m.

Also, later in the month, we will have our annual ice cream social, where you can make your own sundaes, and there will be live entertainment.

Whew. I guess I had a lot more to inform you about than I thought. With all of that said, let's go out and have some fun. ☺



**Food &
Beverage
Denise Fuqua**

As we approach those hot summer days, please remember to beat that Florida heat by keeping yourself hydrated and remember to wear your sunscreen while enjoying outdoor activities.

Speaking of outdoor activities, the Hospitality Division has geared up with the Golf Department to bring you some new and exciting events that you won't want to miss. Jeff McDonald, Director of Golf, and his respective staff are looking forward to hosting our Friday Night Mixers; so be sure to inquire within the Golf Shop for further details regarding these upcoming golf outings.

Candler News

Please note that, beginning June 1, Candler Hills Restaurant will begin our summer hours of operation. Please note the following hours of operation for June 1 through September 30:

- Mondays through Thursdays, 8 a.m. to 6 p.m.
- Fridays and Saturdays, 8 a.m. to 8 p.m.
- Sundays, 8 a.m. to 5 p.m.

Candler Hills Restaurant staff would be happy to assist you with reserving a table for parties of six or more for any lunch or

dinner, so please call us at 861-9720 ahead of time, and we'll have your table waiting for you when you arrive.

Catering News

I am pleased to announce that we have booked some exciting events for the summer months at the Candler Community Center, and we look forward to a great time at our first Hawaiian Luau Dinner Dance being held on Saturday, July 15.

That's right — the Catering Department along with the staff at Candler Hills Restaurant are teaming up to bring you the first annual Hawaiian Luau Dinner Dance at Candler Community Center.

Candler residents may make reservations by calling Linda Tiffany at 861-9188 to reserve your table for this fun-filled event by June 15. Reservations will be open to all residents after that date if spots are still available. We have planned a party of parties, and you won't want to miss out on all the fun; so be sure to call early, as seating is limited for this event. Cash bar begins at 5:30 p.m. with a buffet dinner to follow at 6 p.m. and music, dancing and contests from 7 to 10 p.m.

Hawaiian Luau Buffet

- Fresh Pineapple Fruit Salad · Cole Slaw
- Roasted Whole Pig
- Pulled Pork with Kaiser Rolls · Assorted Condiments
- Chicken Kabobs
- Cranberry Rice Pilaf · Sweet Yams
- Corn on the Cob
- Assortment of Desserts: Lemon Meringue Pie, Key Lime Pie, Coconut Cake
- Coffee, Iced Tea
- Cash Bar: 5:30 till 10 p.m.
- Indoor/Outdoor Events
- Music & Dancing provided by Johnny, the DJ from Port Richey, Fla.
- \$30 inclusive per person
- Call Linda Tiffany at 861-9188 to reserve your table.

A non-refundable deposit is required to hold your reservation at the time of booking. Please call 861-9188 by no later than July 6 to make reservations for this event.

Also, please note that the Catering/Hospitality Office has now relocated into the new Customer Service Building in the Friendship Commons. I am also pleased to announce the addition of our newest staff member to catering. Please join me in welcoming Wanda McDougall as our Catering Sales Manager.

We are delighted to have Wanda on our team, and I know you will find her a pleasure to work with when planning your next catering event. Wanda can be reached by calling 861-9188 in the office or feel free to reach her on her cell phone at 266-5571. Please leave a message for her, if she is not available, and she will gladly return your call at her earliest convenience.

Wanda's office is located in the new Customer Service building; so please stop by and introduce yourself when you have time and don't forget to call on your catering department to service your next event. Wanda comes to us with over 20 years of food and beverage experience and is looking forward to providing you with a level of service that far exceeds your expectations; so please give us a chance to show you what we enjoy doing the most: making people happy!

Pub News

We have had a great response since opening the Pub back in February, and we would like to keep that trend going throughout the summer months. So please note the summer hours of operation for the Pub:

- Mondays through Saturdays, 11 a.m. to 3 p.m., lunch.
- Tuesdays and Thursdays, 3 to 5 p.m., Happy Hour, 2 for 1 Well Brands.
- Wednesday Bingo, 3 to 5 p.m.
- Closed Sundays.

For parties of six or more, please call ahead to have your table ready when you

arrive. Call Rhonda or Chef David at 854-0761 for any upcoming luncheons; and they would be happy to assist you with your next event at the Pub. Again, thank you for your continued support that you have shown, and please don't hesitate to call ahead for carryout or poolside service.

Remember to look for details regarding our First Annual New Year's Eve Bash at Candler Community Center. The On Top of the World Hospitality Division is proud to bring you a first class, fine dining event that you will definitely want to attend. As usual, seating will be limited for this affair, so be sure to plan ahead and reserve your seat at the New Year's Eve Bash. Look for further details to follow in the months ahead. And until next month, remember the first rule is to have fun!

From all the Hospitality Staff, Happy Father's Day to all! Join us at Candler Hills Restaurant on Father's Day to enjoy some great Chef's Specials prepared especially for you. The restaurant will be serving until 5 p.m. that day and would be glad to accept advance reservations.

Please call 861-9720 to make reservations. ☺

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Pat Wellington, Moderator
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Held In The Candler Community Center
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**The Master The Possibilities Book Club continues.
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"The Yearling,"
by M.K. Rawlings.



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discuss and socialize.
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Congratulations

Anniversaries • Birthdays • New Residents



Sylvia & Edward Mark
64th Anniversary



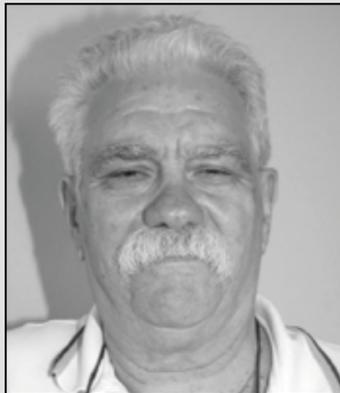
Janet & Jack Senci
50th Anniversary



Wanda & Charles Simpson
61st Anniversary



Jerry & Carolyn Slovitz
7th Anniversary



Mort Meretsky
Birthday



Mary & Jerry Semerad
New Residents

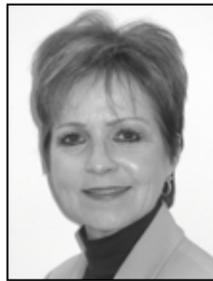


Jack & June Doyle
New Residents

Welcome to On Top of the World

Jose L. Martinez & Celeneida Martinez
8526-E S.W. 91st Street
Richard L. Happ & Elizabeth J. Happ
9073-D S.W. 82nd Terrace
Vincent Minniti & Diane Minniti
9490-B S.W. 85th Avenue
Ellie R. Cyr
9385 S.W. 92nd Place Road
Lois M. Reisinger
8555-A S.W. 96th Lane
Roger A. Palmer & Theresa A. Kelly
9697-B S.W. 94th Court
Robert A. Melnick & Diane E. Melnick
8350-D S.W. 93rd Lane

Mary E. McKeen
9277-C S.W. 83rd Avenue
Jerome L. Asner & Diane Asner
9270 S.W. 92nd Place Road
Gustavo Monsanto
8620-F S.W. 94th Street
Donald L. Sorensen
9741 S.W. 97th Lane
Joan Elise Sigafoos
8526-D S.W. 91st Street
Florence Giblin
9660-C S.W. 92nd Court



Director of Operations
Lynette Vermillion

Customer Service at Friendship Commons is now open Monday through Friday from 8 a.m. to 4 p.m. You may also reach us via OTOWservice@otowfl.com or fax 854-8688. After hours, you may use drop boxes available at Customer Service or Health and Recreation.

We will be fertilizing lawns Monday, June 12, through Friday, June 23. Please garage your vehicles, store any lawn decorations that could be harmed, and keep all outside doors closed during this time. Also, please take care to keep your pets inside during this week. If you do not want your lawn to be fertilized, please let our Customer Service Department know by June 9.

We are in the process of building a new post office location in Avalon where resi-

dents will also have access to a trash compactor and recycling boxes. Construction has begun and completion is a few weeks away.

As promised, a fenced area by the recycling boxes has been provided at the 90th Street Post Office location, to drop items not appropriate for the trash compactor or recycling boxes. The location will be open for use only on Tuesday and Thursday mornings. Please hold these type items until that time.

On Top of the World Central Residents have the following locations to recycle and drop off trash:

Compactor and Recycling Boxes

Newspaper, mixed paper, cardboard and aluminum cans

- 84th Terrace Post Office, Friendship Village
- 90th Street Post Office, Friendship Colony
- 96th Avenue Post Office, Crescent Ridge

- Compactor Only: 94th Street, Colonnades
- Dumpster Only: Americana Village

As I travel the community and come to a stop at the 90th Street and 99th Street Road intersection, I can't resist looking over at the dog park and enjoy watching the dogs of all sizes play. As we take our animals to and from the park, please remember to pick up after them; this includes all common areas and the golf course.

Thanks to all of our residents for helping keep On Top of the World beautiful and enjoyable for all.

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POSSIBILITIES
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Next Publication
July issue: Published on Thursday, June 29

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Candler Hills • Indigo East • Candler Hills • Indigo East



Candler Hills & Indigo East
Lynette Vermillion

Effective June 1, the Candler Gate will be staffed by a gate attendant 24 hours, seven days per week.

Also effective June 1, we will begin curbside pickup of household trash twice per week, Monday and Thursdays, in Candler Hills. Please place standard size (55-gallon) trash container curbside no earlier than 7 p.m. the evening before pickup and remove empty container by 4 p.m. day of pick up.

We are also adding curbside recycling twice monthly in Indigo East and Candler Hills on the first and third Thursdays beginning July 1. Containers will be provided for recycling prior to July 1. The following items qualify for recycling in Candler Hills and Indigo East.

- Aluminum cans.
- Steel cans: soup, vegetable and pet food cans.
- Plastic: containers marked with either 1 or 2 on the bottom.
- Newspaper only (no mixed paper).
- Glass: Brown, green and clear. You can

also recycle jars.

Customer Service at Friendship Commons is now open Monday through Friday from 8 a.m. to 4 p.m. You may also reach us via OTOWservice@OTOWFL.com or fax 854-8688. Requests for new home warranty work, building and landscape modifications, and other association questions may be initiated at customer service.

The Community Centers in Indigo East and Candler Hills are for use by residents of those communities. Event and room reservation must be made in order to avoid scheduling conflicts. Visit Debbie Clark or her staff members at the Health & Recreation Building and complete a Facility Request Form or through Hospitality at Customer Service. The rooms are available to residents as long as they are not already requested. Our Catering Department will help make every event a success, and they may be reached at 861-9130 to help plan the menu. When the community center is in use, the pool remains open to the residents. We are in the process of posting the events planned for the day at each community center. By making arrangements for use of the facility ahead of time, we will make sure the room is ready for your arrival.

Also for your convenience we have now added a microwave to each kitchen area at Candler and Indigo, and placed vacuum cleaners and cleaning supplies in the closet for your use.

Watch www.OTOWInfo.com Events Calendar for a notice of a meeting planned for June 8, 2 p.m., at the Candler Community Center, and one June 15, 2 p.m. at the Indigo Community Center. Our activities director, Debbie Clark, and fitness director, Adela Anderson will discuss the benefits of aquatic exercise and gauge the interest among our residents in participating in a class to be held at each center. We are working to develop other opportunities and programs for our residents. ☎



Indigo East
Allie Gore

I have now witnessed the migration which I had only heard about before moving to Florida. Neighbors have headed north or west for the summer. We will miss them and look forward to their return in the fall. However, the fun must go on! Activities in Indigo East continue with our twice-monthly game nights, our Newcomers Group and our Bicycle Club, our Memorial Day Social and chance meeting of neighbors at the pool.

If you are a longtime resident (let's see that would be just over a year) or new to Indigo East, mark your calendar with the following dates. Community socials are scheduled for July 23, September 24 and December 3. These are opportunities for our neighbors to come together and socialize. Each event will be planned and carried out by volunteers who, like you, are interested in getting to know neighbors and are willing to volunteer a little time. Your ideas and participation are welcome.

Game nights are held at the community center on the second Tuesday and fourth Thursday each month at 6 p.m. Card games,

board games, marbles, Mah Jongg and dominos have been enjoyed. Bring your game of choice and join us. We have been enjoying a light meal (pizza or sandwiches) so it is necessary to RSVP if you plan to join us. I hear we have a few folks interested in poker so if that is your game let us know, and we will get you poker players together. See you there!

Indigo East Ladies Newcomer's Group meets at our community center the last Friday each month for a light lunch and conversation. April's luncheon, hosted by Joyce Gysen, Miriam McNeilly and Helen Boros, was great fun. We enjoyed meeting new neighbors and getting to know each other better. We would love to meet you. Join us June 29. Call Cindy LaFrance to let her know you are coming 861-4289. Thanks!

Our Indigo East Bicycle Club had its first ride and planning meeting on May 18. Our goal is to work up to riding ten miles and we go as fast as the slowest rider. We enjoyed social time over breakfast at Candler Hills Restaurant after the ride. Bring your riding helmet, water and be certain your tires are in good shape and join us. Call Bernie Goldhill for details 854-9762. Happy safe riding!

If we do not have your e-mail address, or if your information has changed or you are not getting the information you want or you do not want to get the information we send out, please e-mail indigo8062@earthlink.net or call me 861-4564. I maintain the events and activities e-mail list, Michael and Nancy Ludvik maintain our directory and Roger Schwartz is the editor of our newsletter. We share resident information to keep our databases current and to keep you informed about what is going on. Join in and help us build a community where through shared experiences relationships are developed and everyone shares a sense of belonging. Until next time, remember, enjoy life — this is not a dress rehearsal! ☎

Indigo East Internet Interruption

Apologies to Indigo Residents for their recent Internet service interruption on May 16 and 17. The interruption was due to maintenance work by AT&T. Unfortunately, this information was not relayed to DCM Cable until after the fact and brought all of our Indigo subscribers down as well. DCM Cable worked as quickly as they could to restore all the lost routing sequences on their servers.

Once the problem was corrected, DCM contacted residents to let them know the problem was finally fixed at 12:40 p.m., May 17.

DCM thanks you for your patience through that technical difficulty. ☎

DCM Cable Update

Ken Colen

Recently we have received inquiries from residents regarding a switch over to a digital format. While I am no expert in the matter by a long shot, I put the question to our cable and Internet guru, Jim George. He answered me with the following comments.

"The choice of interdiction for off-premise addressability was made in order to keep the resident from having to have a set-top converter on each TV and end up paying for rental on these, plus the added disadvantage of having a remote for their TV and a remote for their set-tops (unless the TV is already fully digital compatible). Our focus groups and after sales meetings with the residents showed they preferred not having additional set-tops, even those that record. Customers wanting digital services in the future will be required to have a set-top decoder, unless their TV units are truly state-of-the-art digital compatible.

"Using interdiction allows us to offer 135 channels with some 22 channels of Pay-TV. We reiterate that digital is the wave of the future, but that the FCC has postponed twice and put off making a decision on the de facto scheme to use for digital.

"COX uses HITS, COMCAST uses Motorola

digital MUX and DE-MUX, while Brighthouse uses Scientific Atlanta priority system. The FCC will make their final decision at the end of 2007 and, although they are being petitioned by all the large systems, have said they will decide on this and Cable Labs offer to make OCAP (open cable application protocol) the de facto standard. The open access will allow any company to write an application that can be used by any cable company since they are using, let's say, Microsoft. The problem is, some use LINUX and some use ORACLE and some use something else. So in effect, there will still be priority system. We have held off because of this and because Cable uses MPEG 4, while IPTV uses MPEG 2.

"We will be researching IP6, the faster Internet, also IMS (Internet media services), IPCC (Internet protocol cable consortium) and digital. You were correct in waiting until this standard is set.

"In one recent article in "multi-channel news," two FTTH systems in Colorado have major problems: because they chose a system by, let's say, vendor A, and vendor A didn't get enough sales, went out of business, and these developments are without a basic way to expand their systems or find products that are compatible.

"By On Top of the World providing structure wiring all the homes, when a de facto scheme is chosen by the FCC, each home will be wired to accept whatever protocol is developed. We presently offer 256 x 256, 756 x 256 and 1.2M x 256. In fact, you have

'future proofed' your customers' homes for whatever possibilities lie in the near future.

"Regarding higher speed Internet services, we have the capability right now of offering 6M by 756. We are designed to offer 40Mbps with our new CMTS DOCSIS 2.0 and could offer 100Mbps with DOCSIS 3.0. You're right in that these speeds will cost more.

"Sorry to be so technical, but I think the residents would have fewer concerns, if they knew we are on top of these various offerings and DVR, PVR and HDTV." ☎



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Is It Legal?
Gerald Colen

Q. As a lawyer, what do you recommend for yourself to do between having just a will or having a living trust? I was told to ask you that question.

A. It's interesting that you were "told" to ask me that question but you did not say who "told" you to ask it. Well, I guess it doesn't matter. My answer is simple. What is good estate planning for me may not be good estate planning for anyone else, so the question is pointless. However, to make a happy camper out of whoever "told" you to ask me, I will tell you. I happen to have a living trust. (Note: My home is not in trust because I do not believe it is wise to put one's home into trust.) Does that mean that anyone reading this should do the same as I just because I feel it is the best estate planning option for my wife and me? No, no, no! I believe that each person ought to ascertain his/her/their estate planning needs based on an individualistic analysis of his or her or their specific needs and goals. Generic estate planning is for the birds. You oughta spend the bucks to go to an estate planning attorney and discuss things with him or her. You can get some information at seminars — every now and then it might even be good information so long as the speakers are not trying to sell living trusts or annuities or anything else; although I think it's best to take classes rather than attend a "free lunch" seminar. (Disclosure: I would say that it's better to take classes since I will be teaching three classes in Ocala the month of May — although they'll probably be over by the time you read this). In brief: The estate planning that I do or that anyone does, should be totally irrelevant to the estate planning that you should do.

Q. Elections are coming up and I wonder if you will give us some idea of what you think of the candidates.

A. No, I don't think so. I shall not do any "electioneering" in this column. I want everyone to read and enjoy this column without any concerns that I am trying to influence anyone to vote for any particular candidate or to vote any particular way. Of course, I also want everyone to exercise his or her right — make that obligation — to vote; but I don't care who anyone selects. What I am trying to do in my column is to provide good information to all my readers in an interesting and informative format. And anyway at this time, I only know of one person who is running for anything (in this case, it's for circuit court judge) and you can go to his Web site and learn about him for yourself and make whatever decision you think is best. He's at www.Martin4judge.com. Go look at his Web site and decide for yourself. If I learn about other folks running who have Web sites, I'll try to pass along that information if I can. For those of you who don't have computers, I earnestly suggest you seek to educate yourselves on the various candidates.

Q. How old are you?

A. (Giggle) I'm old enough to remember bottled ink in inkwells and to have dunked some pigtailed into them. I'm old enough to remember Kate Smith singing "God Bless America," Milton Berle's TV show, "The Shadow," John Cameron Swayze, Jack Benny, Arthur Godfrey, Eddie Cantor, Jimmy Durante, the Korean War, the firing of General MacArthur. Heck, I'm even old enough to remember Sidney Colen when he had hair on his head. BUT ... I am young enough to love life and the people I meet along the way.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, title insurance, and simple and complex estate planning. This column does not, nor is it intended to, provide legal advice. You should always consult your own attorney for legal advice. Mr. Colen's law office is at 7243 - Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 He also meets clients at On Top of the World, in Clearwater, Florida. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. Visit his Web site at www.gcolen.com, or e-mail him at Jerry@gcolen.com.



View from the Library
Donna O'Neil

It was a Friday night. Hank Coulter sat in Chaps, the most popular country and western night club, in Crystal Falls, Ore., chugging beer with some of his buddies. He spotted Carly Adams sitting at a table alone and thought she was the most beautiful girl he had ever seen. After an evening of dancing and far too much drinking, a dreadful incident occurred that changed the lives of both Carly and Hank. Their story is told in the book, "Blue Skies" c. 2003 by Catherine Anderson.

Carly, who was 28 years old, had been blind since birth. Just recently she had partial vision restored through eye surgery. Hopefully through future surgery her vision would become even stronger. Because of her handicap she had never had much experience in the "nightclub" life. Hank, who would soon be 32, owned and operated a

ranch with his brother. Hank was fun loving and out for a good time that Friday night. When each one finds out that Carly is pregnant with Hank's child their troubles seem insurmountable.

Carly, who had been teaching visually disabled children for two years, had planned on starting her master's degree in special education in a couple of months. She had been sharing an apartment with her best friend, Bess. She wants to raise her baby on her own and have nothing to do with Hank. This would be a tremendous undertaking for Carly.

Hank Coulter wants desperately to marry Carly and bear full responsibility for her and the baby. There are many ups and downs in their relationship. After awhile Hank falls deeply in love with Carly. She feels that she couldn't live as easily on Hank's ranch as she could in the city although she does have deep feelings for Hank. A terrible accident happens on the ranch and Hank is left devastated. However, he does come up with a solution to the problem, albeit a very expensive one.

I feel the story line in this book isn't strong but I strongly feel the author has great talent and understanding when it comes to describing her characters and their feelings. As a reader you can truly feel their joys and their sorrows, their fears and their misgivings.

Catherine Anderson is an award-winning author of 20 published works. This story, "Blue Skies," has a disabled heroine as does her book, "Phantom Waltz."

She has received many letters from her readers, some of whom have physical handicaps, saying that they would like more love stories about women who are physically challenged. ☺



Lions Club
Dianne Lovely

On Top Of The World Lion's Club would like to welcome four new members, Diana and Hector Rocafort and Ralph and Bonnie Mills. We welcome you all.

They were installed at our installation dinner in May along with Fred Lang, who I mentioned last month. Our vice district governor, Rocky Fowler, inducted all five of these Lions. Congratulations to all who were installed as new board members as well as those who are resuming their positions. We thank you.

Thanks also go out to Lion Peggy Trousil for helping get the night off with great success. We were enlightened with a wonderful talk from Debbie Bergman from Habitat for Humanity. Habitat is building homes in Proverb's Landing in Ocala. These houses just the ladies will build. The men will cook for the ladies. Oh, all right men you can help build.

I understand these homes are stick houses and Lowe's is donating the materials.

I myself would like to say a special goodbye. After five years Estelle Clark will no longer be writing any Lion's Club or other news in the On Top of the World section of the Citizen Newspaper.

Please do not forget we have the Lion's Limo up and running for all clubs wanting to use it. If you are having a function in the Ballroom at the Health & Recreation Building and would like to use the Lion's Limo to help people up and down the hill, call chairman Carole Dymond at 291-7670 for details.

As always if you would like to become a member of the On Top Of The World Lions Club we would love to have you. Call Estelle Clark, membership chairman. ☺



USPO Advisory Council
Ray Utiss

I will answer some questions about our post office in Friendship Shopping Center. It is called Countryside Post Office. It is a contract station. Their rates are the same as any other post office.

They are open some holidays the other post offices are closed. You can mail on these days but the mail will not be dispatched until the next regular working day. They are open later during the day, but the last mail pick-up is 4 p.m. Mail dropped off after that will not be picked up until the next regular working day. The clerks are very helpful and if you have any questions about their service, just ask them. The manager, Paul, is a helpful man.

We are supposed to have a new postmaster in May. I have talked to the candidate and I think it is a very good choice. I will report on this in my next article.

New residents are requested to go to their mail center and tell the carrier they are now in residence. This will help to have your mail delivery started in a timely fashion.

If you want to e-mail me, my address is grandmaandraisin@cfl.rr.com. You can reach me at home, 9274-C SW 97th Lane, Ocala, Fla. 34481.

Thank you for taking the time to read this article.

Happy mailing! ☺

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Fitness Happenings

Adela Anderson

Since the days that swimming pools were used for swimming and for recreation purposes and the days of Jane Fonda's high impact aerobics, there have been great changes in the fitness industry.

As instructors, we constantly keep abreast of them and stay focused on new developments. As the fitness industry keeps researching on exercise and its benefits, with the new advances in medicine, plus the new information available to us through the media and the newspapers, we are able to have more knowledge and be able to take better care of ourselves.

One of the latest trends in fitness programs is multi-mode training. This multi-mixed system includes variety and changes in our day-to-day and weekly fitness programs. With the numerous and diverse programs at On Top of the World, you are able to accomplish this.

Ball/Pilates Class

If you want to learn how to condition your abdominal area and back muscles, come to our special class on Tuesday, June 6, at 3 p.m. in the exercise room at the Health and Recreation Center. This is a free class! Come and learn great Pilates techniques that really work!

Tai Chi Fitness Class

Shannon will be introducing a new way to Tai Chi. Anybody can participate in this class. Experience is not required. Shannon will work with you giving you plenty of review. She will also practice breathing and stretching techniques with you.

Location: H&R Aerobic Room
Days: Tuesdays and Thursdays
Time: 10:15 am

You do not need to register, just come!

The advanced class will continue on Tuesdays and Thursdays at 9 a.m.

Aqua Yoga Is Back!

Everyone is welcome! Join us every third Tuesday of the month during the summer months at 4 p.m. at the H&R pool for a great outdoor aqua yoga class. You will be able to find calmness, stretch and strengthen your muscles. This class is free!

Aquatic Arthritis Classes

If you have arthritis, the water is the perfect solution for you and your joints. Our Aquatic Arthritis classes follow the guidelines of the Arthritis Foundation and are in full swing on Tuesdays and Thursdays from 11:45 a.m. to 12:30 p.m., in the Arbor Club outdoor walking pool. In case of rain or a thunderstorm, we will go indoors to follow the land-based Arthritis Foundation program. Our aquatic sessions will continue until September.

Are You A New Resident?

For many, retirement in Florida means dressing comfortably, learning new skills and staying active and in good physical shape. We would like you to learn about our fitness programs and classes. Please call us to schedule a free appointment with Adela at 854-8707. We want to make sure you choose the fitness classes that you like and suit you best.

A Few Reminders

- While you workout on the Cybex machines in the gym, please remember to be considerate of others and circulate to the next machine after finishing your first set. Sitting on the machine resting for your next set, will slow down other residents. Let us keep the rhythm going at the gym. Thank you for respecting others.

- For your convenience, there is anti-bacterial spray and paper towels to keep the germs out of the gym. We know that sweating is part of working out, but please remember to wipe your equipment after you have used it.

- If you are ready to start weight training in the gym and need advice on how to use the equipment, please call at 854-8707 to sign-up for a free orientation on Mondays or Fridays at noon.

Variety is what makes your workouts interesting and makes you want to come back for more. Why not spring into action and try a new class! ☺



Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.

RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci	Condition and Stretch Fusion Traci	Cardio Burn & Firm Traci
9:00 60 Min Aerobics Room	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci	Advanced Tai-Chi* Shannon	Cardio Step & Sculpt Traci
10:15 Aerobics Room		Beginners Tai-Chi* Shannon		Beginners Tai-Chi* Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Traci		Beginners Aerobics Traci		Beginners Aerobics Traci
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym	Cybex Orientation Adela				Cybex Orientation Adela
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
6:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	

Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required.
Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required.
Condition & Stretch Fusion: Warm-up, strengthening and stretching exercises. Mat required.
Cardio, Step & Sculpt: Warm-up, basic routines using step, strength training and Abdominal work. Mat and required.
Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and stretching. No floor work.
Intermediate Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretch. No floor work.
Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.
Aqua Yoga: The flowing movements of yoga will help your balance, flexibility, strength and promote relaxation (Spring & Summer Months)
Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights.
Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly.
One-on-One Personal Training: Fee based instruction with certified instructor.
***Asterisk denotes a fee-based class. See instructor for information.**

Saturday
12:15 Oxycise (20 Min.)
Aerobics Room

Sunday
12:15 Oxycise (20 Min.)
Aerobics Room

Abdominal Muscles Support Every Move

By ADELA ANDERSON

The abdominal region is made up of four muscle groups. These muscles control the movement of the body to allow it to bend right and left, side to side and to lower and raise the torso. The abdominal muscles are a part of almost every move you make. They are the core of your strength and power and are essential to keep your good posture. These muscles give support to your back preventing lower back problems.

The rectus abdominis is the muscle that runs the length of the central abdominal area from the pubis and connects to the sternum. The rectus abdominis pulls the torso toward the hipbone.

The external obliques run diagonally down from the lower ribs and connect to the front top of the pelvis and the pubic bone. The external obliques help in twisting the trunk.

The internal obliques lie underneath the external obliques and run diagonally in opposite direction of the external obliques. They run from the top of the hip lumbar region and connect to the lower ribs. Internal obliques help in twisting the trunk in the same direction as the side they are on. The left internal oblique twists the torso to the left. When the left internal oblique works, the right external oblique works at the same time to twist the torso left.

The transverse abdominis is the muscle that runs horizontally across the abdominal wall underneath the external and the internal obliques. This muscle runs from the top of the hip lumbar region, across the pelvis and connects to the pubic bone. The Transverse Abdominis pulls the abdominal wall inward, forcing expiration. It is the deepest of your stomach muscles. This muscle is the key to a strong abdominal region and the one that you will find the most difficult to train.

A few of the most frequently asked questions to an instructor are:

- How can I get rid of the fat around the abdomen area?
- What is the best way to condition my abs?
- How can I get rid of the fat around the abdomen area?

When you are less active, your body will deposit the excess fat that is not burned. Genetically, you are predisposed to store it in certain areas. If you decide to exercise the abdominal area to reduce the fat, it will not work. There are no "spot reducing" exercises for the abdominal region.

What should you do then to reduce the fat covering your middle area? Two things: Eat a balanced diet and exercise. Anything you eat in excess will be stored as fat; there-

fore, portion control and healthy eating are crucial to help you keep your middle abdominal region lean.

As to exercise, what should you do? To burn stored fat, it is recommended to engage in a regular, moderate aerobic exercise program that lasts at least 30 minutes, three to five days per week. Remember though, that you need to burn more calories than you ingest.

- What is the best way to condition my abs?

When using the machines in the gym or performing traditional crunches, you tend to exercise the abdominals in one fixed direction. This is not very functional. In daily motion your body curls forward, extends out, bends sideways and rotates. Traditional exercises strengthen mainly the outer layer of the body, the rectus abdominis. But what about strengthening the other abdominal muscles you have?

Rectus Abdominis work.

Sit-ups vs. crunches

Traditional sit-ups emphasize in sitting up, rather than pulling your sternum down to meet your pelvis. Sit-ups primarily engage the psoas muscles, which run from the lower back around to the front of the thighs; therefore, sit-ups are inefficient exercises for your abs. Abdominal crunches are more efficient to condition your abs. To perform a good crunch, you should lie on your back with your knees bent and feet flat on the floor. Place your hands behind your head, only to support it. Elbows stay wide, your neck relaxed and the head should not be pulled forward. There should be a distance of a fist between your chin and your chest. Slowly raise your shoulders off your mat and try to bring your breastbone to your pelvis, breathing out as you lift-up your body.

External and Internal Obliques

An exercise that will work these muscles is the cross-knee crunch. Like the abdom-

inal crunches, lie on your back with both knees bent and feet flat on the floor. This time crunch diagonally so that you try to touch each shoulder to the opposite hip alternately.

The Transverse Abdominis

The transverse abdominis is the muscle of respiration.

Feel that your belly is a balloon. Take a deep breath lifting your chest. Fill the belly with air and contract your pelvic muscles. Breathe out, scooping the abdomen by pushing the belly button into your spine. The belly deflates.

Exercising the abs is not about moving from point A to point B. It is about contracting and using the abdominal muscles. When working out the abdominals, it is necessary to concentrate and have total control over every inch of movement. This is what is going to make the difference to tone the abdominal structure of your body.

There are many other ways to train your abs. You can use a fitness ball or a smaller ball, the water resistance or practice "Pilates" techniques.

For people who have limitations and cannot perform traditional abdominal exercises in land, the water is a great option. In the water, the core is constantly engaged in every movement. Try some of our deep or shallow water fitness classes!

Another great way to train your abs is by learning Pilates. Pilates exercises will definitely help you strengthen your core and especially the Transverse Abdominis, which is the most difficult abdominal muscle to reach. Learn more about Pilates by participating in our workshop:

Pilates On The Ball

Tuesday, June 6, H&R Exercise Room, 3 p.m. Please call the H&R office at 854-8707, to register.

For any questions on abdominal training, please feel free to contact Adela at 854-8707. ☺

Driver Safety Program

June 5 and 6

July 10 and 11

MR3 • 8 a.m. to noon

\$10 per person to register

Call Bob, 854-4859,

or Sherry, 873-4488





Kitti's Corner
Kitti Surette

Making Fitness Fun

People who manage to keep exercising day after day and year after year have developed ways to find immediate gratification from their exercise time. What does this mean? While a lifetime of regular physical activity offers many future health benefits, making time to exercise is easier when you get some of the rewards today.

The knowledge that exercise is helping to prevent obesity, heart disease, high blood pressure, osteoporosis and other health problems may not always be enough motivation to get you away from the demands of your day and into your sneakers. On the other hand, knowing that you are just one workout from feeling great can help you make daily exercise a priority. Here are suggestions for getting more stress relief and more fun out of your exercise program.

Consider exercise multitasking

Sometimes you can combine your goal to be physically active with other goals that are important to you. For example, are there people in your life that you would like to spend more time with? Perhaps your husband or wife, grandchildren, pets. How about going for a walk or riding a bike. Here's a thought — come to exercise classes together (not with your pets, sorry) or join a recreational sport activity like pickleball.

Don't overlook opportunities

I know there are many different clubs at On Top of the World. Could you transform your indoor meeting to a walk and talk discussion? Walking is a great way to stimulate creative thinking.

Pursue a hobby

Cultivate a garden. Digging, planting and weeding can be great calorie burners. Go on garden tours that require walking. How about bird watching? Join a club that goes out for weekly nature hikes or bicycle rides. Maybe you would like to learn a new activity or revisit one you used to enjoy. Many outdoor activities are a great way to enjoy nature, get fresh air and spend time with interesting people. You might even forget you are exercising!

Go dancing!

Whether it's square dancing, line dancing, Latin cardio, or rocking it out at a club,

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please Call for Appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Beginner Mat Pilates* Adela		
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Hatha Yoga* Adela		Hatha Yoga* Adela	
11:45 a.m. Arbor Club Walking Pool		Arthritis Aquatic* Class Adela		Arthritis Aquatic* Class Adela	
11:45 a.m. Arbor Club Fitness Room		Arthritis* Foundation Ex. Program Adela		Arthritis* Foundation Exercise Program Adela	
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Adela		Shallow Water Exercises* Adela
4:00 p.m. Arbor Club Walking Pool 2 nd & 4 th Mondays of the Month	10,000 Steps (Free)				

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.

Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.

Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.

"Hatha Yoga" Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.

Pilates: Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.

Arthritis Aquatic Class: Specialized aquatic class for individuals with arthritis. Exercises will increase joint range of motion and flexibility. May - September

Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May

Water Walking: Part of the 10,000 Steps program. Learn how to use the water resistance to make aquatic walking more effective. May - September

One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.

*Asterisk denotes a fee-based class. See instructor for information.

dancing is great exercise and a lot of fun. Consider joining the tap class, line dancing group, or the clogging group (they did an excellent job at the Women of the World gathering).

Try sports

Is there a sport you used to love? Try training for an event, whatever appeals to you most. Find a group with the same love and skill level and have fun! Or try a new sport. Check out the opportunities at On Top of the World and consider taking

a class to help you get in shape. You may even enjoy some coaching to improve your skills.

Enjoy walking

Walking is the easiest and most accessible form of exercise for many people. Maximize your walking enjoyment by finding interesting routes and fun people to walk with. If you like walking with a group, start your own walking group.

Find a distraction

Keep your brain busy with interesting

diversions while you exercise. Distractions are especially great if you are using exercise machines. Let your body use the machine while you read, watch TV, listen to your favorite music or do crossword puzzles.

I hope this will help you get started on your own exercise program. At On Top of the World there are various opportunities to try new things. Try one, see if you can make it your own, have fun with it, invite a friend to share in the fun!

See you in class! 🌍



Bocce
Bob Woods

Well the summer bocce season has started and a lot of our players who are "snowbirds" have departed the On Top of the World area for cooler northern temperatures.

Monday's summer league has started with a bang with all four courts filled and no one, so far, has been turned away. As you all remember, only the first 32 players can play at start time of 8:30 a.m. or earlier. Some Mondays last season started shortly after 8 a.m. as 32 players were on hand.

Wednesdays are a different story. At this time as I sit at my PC not too many folks are turning out for Wednesday's game. The start time is the same, at 8:30 a.m. Opening day we utilized only two courts while the second play day saw three courts being used with each team walking.

There were only three players to a team as only 18 bocce players showed up. If you would like to join us for summer bocce, by all means come on up to the courts either day and join us. You never know whom you might meet or whom you will be playing with or against. The main idea is having a chance to play where scores do not necessarily count. If you win, then that is an added plus. If you lose, who cares, there is always next week. The idea is to get out

and play at the same time getting a little exercise and having fun.

We are going to need players come this fall when fall bocce begins. How about you players recruiting your friends, neighbors or someone you just became acquainted with. Remember, bocce is open to all On Top of the World residents.

I see all kinds of people playing on the courts in the evening and sometimes during the day when I attend something at the Arbor Club or the Arbor Conference Center. I just hope some of these folks are new and plan to join our league. If anyone needs help learning the game, by all means give me a call. I will gladly meet you at the courts and help with instructions to play the game.

Basically, it will take only a few minutes to explain the game, a little more time with the rules. With a little practice new players will fit right in amongst those playing for years. I personally have seen many newcomers to the game, those who said they can't play games, especially bocce, and within a few

games are amongst the best. Look at me, I have been playing for a couple of years and it seems every opponent I come in contact with out-does me. Some I win, some I lose, but I have fun and enjoyment, which is the most important item. Besides, I am with my neighbors who all have one thing in common — we are retired.

I would like to thank Bob Bussinger along with Marilyn and Don Cernearl who filled in running Wednesday summer bocce while Bev and I are gallivanting around the country. For those who have questions and for those newcomers to the game of bocce who would like to participate in this great sport, call me at home at 854-0702. If there is no answer, leave a message when the electronic dummy tells you to. I promise to return your call, whether I have an answer or not.

This is the time for all league representatives and team captains to get their respective teams and leagues in order for fall play. Don't wait until the last minute.

See you all on the bocce courts. Keep those balls rolling. 🌍

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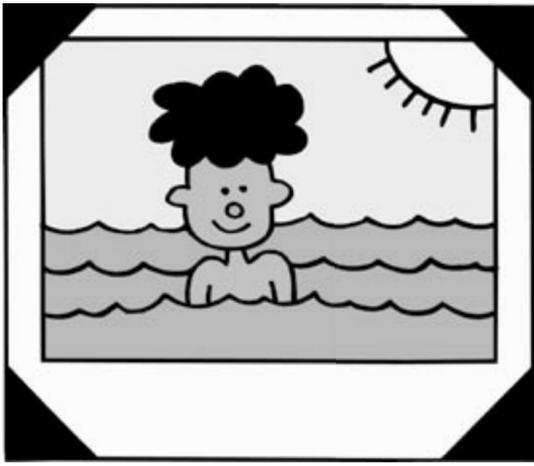
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Health & Recreation Pool Rules

On Top of the World Management and the Pool Monitors have established the following rules.

Swim At Your Own Risk • There Is No Lifeguard On Duty

Effective June 1, 2006

Pool Hours: 8 a.m. to dusk

Tuesday Hours: 9 a.m. to dusk

LAST WEDNESDAY OF THE MONTH THE POOL IS CLOSED

- One lane open for dippers, exercisers, etc., until 10 a.m.
- Other lanes open for LAP SWIMMING ONLY
- After 10 a.m. allow POOL WALKERS TO WALK in shallow end
- Aquacise Classes meet on Mondays, Wednesdays, and Fridays for one hour from 11 a.m. to noon, May through September. Please be courteous use other end of pool.
- Open Swimming to all residents from noon to closing.
- **GUESTS UNDER 15 ARE PERMITTED TO SWIM FROM NOON TO DUSK:** Must be accompanied by RESIDENT OR PARENT
- **HOLIDAYS AND HOLIDAY WEEDENDS:** There are no time restrictions for guests under 15 – must be accompanied by RESIDENT OR PARENT
- No littering, running, jumping, diving or horseplay.
- No rafts, inner tubes or large toys. Noodles and water wings are allowed.
- Diaper age children must wear leak proof swimwear.
- **PLEASE SHOWER AND RINSE OFF ANY LOTIONS OR OILS, AS THIS DISTURBS THE PH BALANCE OF THE POOL.**
- No Smoking, food, cans or animals in pool or pool deck areas. Water bottles are allowed as long as they are plastic.
- **NO GLASS PERMITTED IN AND AROUND THE POOL AREAS AND VERANDA.**
- Food and drink (no glass containers) are allowed on the Veranda

PLEASE EXIT POOLS DURING THUNDERSTORMS

In case of medical emergency, if at all possible, please use cell phone to contact 911. If no cell phone is available call 911 on phones under Veranda or Pro Shop.

Also in case of emergency please notify the Recreation Staff. We are available Monday through Friday 8 a.m. to 4 p.m. If we are not available please see gym attendant and they will be more than happy to assist you.

These rules are for your benefit and safety;

Non-Compliance will result in loss of privileges.

THANK YOU FOR YOUR COOPERATION



**Arbor Club
Tennis**
Jorge Privat

On April 29, the members of the Arbor Club enjoyed friendly competition at the Mixed Doubles tournament. Cooperation and good spirits on the part of all participants was great. However, on the day before the tournament I called every one to confirm their participation, and found out that some players were not going to show up. Fortunately, other members were very gracious to fill in at the last minute, and saved the day.

Next time, I would appreciate it very much, if someone cannot play, please let me know at least four or five days in advance. Other than that, we all had a terrific day. A bit breezy, but good.

There were some very close matches, and the competitive spirit was evident in every court. In the main draw, Tony Maiorino and Betty Bussinger, overcoming heat, humidity and wind were able to win over Don Shaner and Jeralie Walters in the finals. In the consolation group, Oscar Fernandez and Rosemarie Huber finished ahead of Hal Stanley and Pam Haig by one game.

All in all, the tournament was a success. We had great prizes (if intention counts) and every one had a good time. Congratulations to the winners, and thanks to all participants for your fine spirit of friendly competition.

We will be holding our next tournament on June 24. Information will be available at the Arbor Club soon with all pertinent details.

Tennis Tip of the Month

As part of a series of articles touching on the different strokes in tennis, I will start out with the most important, and most difficult shot.

The Serve

Attending the Dennis Van der Meer Tennis Academy, years ago, they emphasized the following guidelines, which I found very helpful.

BEGINNER: Some players try to hit ace right from the start. The important thing at this level is understanding the fundamentals of the serve, such as developing a good throwing motion, and a consistent ball toss.

If you don't have experience in a sport that requires throwing, you should learn this. Also, remember that your serve can only be as good as your toss. If your toss is poor, you will have to bend and swing your racquet awkwardly to hit the ball. A poor toss also makes it virtually impossible to develop a steady and effective service rhythm.

Stand on the baseline, your non dominant shoulder pointing at the net, one leg forward, one leg back. Using your dominant hand, throw the ball into the service box. Rotate your shoulders and allow your back leg to follow through. After 20 repetitions, use the same motion as you serve with the racquet, only this time, instead of throwing the ball, you will be (like) throwing the racquet to the ball.

The Toss: Hold the ball with the tips of your fingers and lift and release the ball, just to the right side of your body and ap-

Tennis Association

H&R Center Courts Schedule

Saturday & Monday

8-noon: Mixed Doubles

Tuesday & Thursday

8-noon: Men's Doubles

**All Resident Tennis
Players Welcome.**

proximately an arm's length ahead of you. The toss should be a little higher than the top of your reach when your arm is fully extended. The higher the contact point, the more leverage you will have, and, as you develop a consistent ball toss, this will enable you to have a more natural and smooth service motion. You also need to develop strength in your arm and shoulder. It will be helpful as well, to practice throwing a ball just like a baseball pitcher does, adding a little snap as you release the ball.

INTERMEDIATE: At this level, you should be able to put the serve into play more consistently, develop a reliable second serve, and move the first serve around in the service box.

The best way to improve and obtain a dependable second serve is by adding spin on the ball. This will allow you a larger margin for error, help you avoid double faults, and make it more difficult for your opponents to be aggressive on the return. In order to achieve this, you should practice tossing the ball above your head, or slightly behind you, and brush up the back of the ball upwards to create topspin.

Start hitting first serves with topspin to enhance your doubles play, and in serve and volley situations. One way to improve your second serve motion, is to go behind the back fence and spin balls over the fence and into the court.

Moving the first serve around in the box prevents you from becoming predictable to your opponents. Pick specific targets within the box and from the service line hit 10 serves across, then 10 down the line, and 10 in the center. Step back three steps and repeat the serves until you get to serve from the baseline, making accuracy and consistency your goals.

ADVANCED: At this level, you don't want to rely only on your consistency and accuracy. In addition, you need to have power in order to make your serve a weapon. Most players at this level are good returners, so you need to count on adding velocity to your serves under pressure situations.

Winning big points, especially in big matches, depends on hitting your best serves under pressure. Hitting your targets in practice doesn't mean much if you cannot hit them during a match.

Develop a ritual, as tour players do. Bounce the ball a certain number of times, take deep breaths, focus on your objective, and try to deliver each serve exactly the same way. This will build your confidence. Also, adding power, spin and placement will turn your serve into a difficult shot to handle.

The key to hitting power serves is in maintaining your body very relaxed, and bending your knees to explode upwards, reaching high and in front of your body. The higher the contact point, the more effective the serve.

Combine your practice hitting flat, twisting kick serves and hard slice serves. ☺



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Republican Club
Tony Tortora

The next meeting of the Club will be on Friday, June 9, at 7 p.m. in the Arbor Center meeting room. Our guest speaker will be former Congressional Representative Bill McCollum, candidate for the Florida State Attorney General.

In July we will have a presentation by Kurt Kelly, a school board member who is running for re-election. Our annual Charlie Stone Pizza Party will be in August when we can expect most of the Republican candidates to attend.

Since this is an election year, we have an opportunity to express our concerns and desires to candidates for state and local government.

We should all make an attempt to attend one of the many functions where they speak so we will be able to make an informed decision in the voting booth.

It is helpful to listen to all candidates from all parties to fully understand the issues. In doing so, we must be wary of the rhetoric that is often delivered as opposed to realistic analysis of the issues and possible solutions.

The "Sly Fox" candidate campaigns by giving only negative presentations. They can find everything wrong with their opposition and the present government. They do not present a viable solution and sometimes no solution at all. This candidate has an agenda and has a position on each issue. They will not announce it because they fear it may not be popular. Be wary of the "Sly Fox."

The "My Way" candidate has an answer for every issue that is a sure-fire cure. They insist that everyone else is wrong because "you do not understand the problem." They tend to create issues where there are none in order to appear to be wiser than their opposition. Be wary of the "My Way."

The "Every Body" candidate will agree with you no matter what position you take on an issue. You are right all the time. They get their votes by being agreeable and not stating their position. Be wary of the "Every Body."

The "Truly Honest" candidate will listen to your concerns. They have spent some time studying the issues and analyzing possible solutions. They will act in favor of all the voters and not just those who support them. They will stand tall and tell you where they stand and they will do the right thing when decision time comes.

We have Republican candidates that fall into the "Truly Honest" category and you can pick them out during the primary and general election campaigns. Give them your vote. ☺



Democratic Club
Lee Wittmer

The General Meeting of the Democratic Club will be Tuesday, June 20, in Suites E and F of the Arbor Conference Center.

The meeting will commence at 7 p.m., with refreshments at 6:30 p.m. Our speaker will be Hank Whittier, Executive Director Of Veterans Helping Veterans, Inc.

Important! It won't be long until the November election! It is the opportunity to elect leaders that will do the work of the people.

Candidates and offices sought:

Federal

· U.S. Senator Bill Nelson, seeking re-election

- David Bruderly, U.S. Congress
- State**
- Alex Sink, Chief Financial Officer
- Eric Copland, Commissioner of Agriculture
- Ed Jennings and Perry McGriff, Senate
- Bonnie Burgess and Charles E. Chestnut IV, Congress

Local

- Barbara Fitos, Brandy Williams and Darlene Weesner, each in separate districts for the office of Marion County Commissioner.

If you are a Democrat running for office in 2006, please call Stephanie Miller at 402-9494 or visit the Marion County Democratic Headquarters at 3391 E. Silver Springs Blvd. Your name will be added to the Marion County Democratic Candidate Web page.

In 1992, President Bill Clinton denounced the economic policies responsible for the middle class squeeze and he championed the people who suffered from it. During his campaign for the presidency he spoke often of jobs, health care and education. Mr. Clinton stated in his inauguration address:

"This beautiful capital is often a place of intrigue and calculation. Powerful people maneuver for position and worry about who is in and who is out, who is up and who is down, forgetting those people whose toil and sweat sends us here and pays our way. Americans deserve better. Let us resolve to reform our politics, so that power and privilege no longer shout down the voice of the people. Let us give this capital back to the people to whom it belongs." ☺



Friendship Club
Wanda Simpson

Thanks to Kay and her crew we all enjoyed the Mother's Day cake, tea and coffee, and each lady received a carnation. Doug was appreciated back on the coffee urn, and if you need to know, he does serve decaf coffee.

The Harmonichords were appreciated. They are a group of locals that we always enjoy and then look forward to another show. Thanks, neighbors.

At the June 11 meeting the following officers will be installed: president, Lolly Foos; first vice president, Pat Utiss; second vice president, Margaret Orlando; treasurer, Dick Wolfe; and secretary, Mary Ehle.

"BART" will provide music and singing of the '50s and '60s meeting on June 11. Wear your dancing shoes and come early to visit with your friends, old and new. Refreshments are served at 2:30 p.m. Lolly will conduct her short business meeting, and then we can enjoy BART.

A reminder: dues will be collected at the July 9 meeting. Membership is open to residents of all On Top of the World communities.

Dues are \$7 per person annually, from July 1 to June 30, and held the second Sunday of each month in the Health & Recreation Ballroom.

Happy Father's Day to all the men at On Top of the World.

Mary Carol Geck will send cards from the Friendship Club to members who are ill or have lost a loved one. Call her at 854-8996. You may call me at 291-1074 if you have any questions or suggestions, or e-mail me at cws45@cfl.rr.com. ☺



Citizens Emergency Response Team
Caroline Scott

month, Mary Lou and Rob Caruana took over the meeting (and did it to perfection, I might add).

Rob enlightened our members on verbal first aid. This is another process that we all must have some knowledge of to help in times of great stress.

Verbal first aid is based on the fact that there is a profound body-mind connection demonstrated by what is known as the placebo effect. (A substance given by an authority figure will have the effect on the body which he says it will have). Medical science has documented that some of the functions which can be affected by verbal therapy are pain, heart rate, respirations, blood pressure etc. These are all conditions we might encounter after any traumatic event. Rob then explained the requirements and procedures for establishing the necessary rapport, and procedures for giving verbal first aid for bleeding, breathing and asthma emergencies, heart attacks, pain, and suicide attempts.

We certainly appreciate Rob for educating us on this very valuable and useful information.

Being a CERT member is more than being there after storms and traumas. We also help with many community events. Last month, Norman Scott, Ruth Goldstine, Muriel Marucci, Judy Shuster and I set up a first aid station at the Amazing Steel Drums Concert in Shalom Park. On that same day, Norman Scott and Judy Shuster monitored the walkers in the March of Dimes Walk in Ocala. All of these things provide a very valuable service to the community.

Our meetings are 9 a.m. the second Tuesday of each month in Suite E of the Arbor Conference Center. Please take the time to join us. ☺

I want to remind everyone of the seminar coming up on Friday, June 2, at 9 a.m. in Suites B, C, and D of the Arbor Conference Center. This seminar will be led by Tom Gofforth, Emergency Management Coordinator in the Marion County Sheriff's Department. Tom has extensive experience in helping Marion County residents get through, and cope with, any disasters that come our way. He will explain what is expected of you, and how to do it.

Please come and enjoy learning how to be a better neighbor. There will be refreshments and door prizes.

Carol DeYoung and Pat Reideman are two more residents who have taken the initiative and gone through and graduated from the CERT course. We welcome them to our team.

While Norman and I were away last

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Volunteers Keep Sound and Light Group Going

What is this Sound and Light Group? It is a group of volunteers dedicated to providing the residents with sound and/or lights for the various clubs and shows that take place in the Ballroom and also the outside events.

These fellows are all volunteers. They give of their time each week and receive no remuneration for their time. They are not connected with the management company in any manner. The money they get from the shows and the clubs go to replacing items such as batteries and other electronic de-

vices used in the running of the programs. A good example is the new microphone system they recently installed at no cost to the residents or management.

It is very important that if you are planning any event that will require sound and/or lights you should notify this group at least six weeks in advance. When you book or reserve the Ballroom for your affair you must also notify the sound people. The Activities Office does not take care of this. You must do this yourself. Since we are volunteers we need to keep a calendar in advance to allow us to cover the event.

The men need to plan. We are sure you understand all about retirement and keeping a calendar "since retiring is so dull." We would not want to disappoint you and not be able to take care of your event. Thank you for understanding who and what we are. We are volunteers working for the betterment of all the residents of On Top of the World. ☺

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Red Hat Society
Vivian Brown

As all you ladies who attended our Red Hat Day Celebration know, what a great, fun filled afternoon we had! It is especially nice when all our RH Chapters here at On Top of the World get together in fun and fellowship. We just keep growing and it is wonderful.

Speaking of growing, at the last Queen Mothers meeting, we discussed all the new ladies moving into On Top of the World who would like to be Red Hatters.

With so many of our existing chapters being at full capacity we thought it would be a good idea to have a recruiting meeting. We invite any ladies who might be interested in the RH Society or being a Queen Mother, to a recruiting meeting at the Arbor Club Ballroom on Monday, June 12, from 1 to 2:30 p.m. Please mark your calendar, I know you'll just love it.

We also ask any QM's who are looking for ladies to let me know when they send in their chapters article, Right now, The Red Hat Dollies Chapter has several openings. If you are interested please contact QM Connie at 873-4154.

I would like to give a special thank you to Betty Thayer, QM of the Scarlet Foxes. She has graciously volunteered to preside over all the QM meetings, take minutes and e-mails copies and reminders to us. She is the central figure who keeps it all working so well and we truly appreciate all her endeavors.

For all those who will be traveling have a safe and happy summer. Til next month ladies keep that Red Hat "Hattitude" and pass those smiles along. God bless, Vivian

THE RAZZLE DAZZLE RED HAT DAMES had a great showing at the Bunko Games in the ballroom on National Red Hat Day. There were 15 ladies in attendance and I believe at least five won prizes. I'm so proud of you gals, even though I didn't win a thing. We went to the Spruce Creek Preserve for our monthly outing and our charming Southern Belle Jean Stanley was our hostess. The food was excellent and the service great. Our Birthday gals were Connie Forte and Idalee Chaddick. These gals seem to get younger looking every year. Way to go girls! When we get together we really keep that Red Hat "Hattitude," to live it up, laugh it up and love each other. Hugs and Happy Hatting. ... *QM Vivian Brown*

THE CRESCENT RIDGE RED HATTERS had a delicious lunch at the Sandwedge Cafe in Spruce Creek Preserve prior to all the festivities for Red Hat Day. Our food was delicious and the service excellent. What a wonderful time at the Red Hat celebration! Bunko was great fun and those desserts — who could resist? It is so nice to get together with the other On Top of the World Red Hat chapters. ... *QM Anne Seales*

THE SCARLET FOXES had a delightful lunch at Shell's, thanks to our hostesses Pat DeCosta and Patty Corden. Our birthday gals,

Mike Beyer and Helen Hess, were serenaded in true Red Hat style — they were kazoo'd! Linda Heenan won our "guess who" game and BJ Leckbee won our monthly drawing; congratulations Foxes. We had a great time at National Red Hat Day and thank all the Queen Mothers for arranging it. For those Foxes going North for the Summer, Have a happy time. ... *QM Betty Thayer*

THE GLITZY GALS were at Candler Hills with Nancy Cochran as Hostess everyone brought something for Show and Tell. Nancy Cochran, our birthday gal for May, was serenaded with kazooos and voices. Our group attended the National Red Hat Day celebration and enjoyed all the delicious desserts and Bunko. Thank you to all who worked to organize this event. Six of us are getting our Red Hats ready and purple outfits ready for the National Red Hat Society Convention in St. Louis in June. More about that next month. Until next time, happiness is a purple dress and red hat. ... *QM Mary Curry by Janet Wahl*

THE DIVINE DIVAS did not have the normal fun luncheon this month but we were not inactive. Time was spent planning and conjuring for events to come. Also from May 2 to May 4, several gals went to the annual Daytona Beach trip, where they turn from Divine Divas into Bahama Mamas. It'll take Daytona a while to recover from the visit. Happy Hatting. ... *QM Chris*

THE CRIMSON BELLES opted to have their pictures taken, but did not participate in the festivities at the Ballroom, since National Red Hat Day fell on our usual meeting day. Audrey Donnelly was the hostess for the day and we had lunch at the Pub and went back to Audrey's for delicious dessert, coffee and our meeting. At our meeting we learned one of our ladies will be leaving and moving away. Barbara Pisani will be greatly missed by all of us. We all wish Barbara lots of luck in her new home. Barbara said she will continue being a Red Hatter in Sebring. ... *QM Joan Matchkavitz*

THE COOL CATS IN RED HATS had a wonderful outing on a lovely Spring day. Thanks to Evy Stewart's work, the cats found themselves at the Rainbow Spring Sate Park. Once there, we were given a very informative tour of the park by the ranger. As always, the park was filled with flowers blooming and birds singing. It was a nice place to be. After our walk in the park we went to Bentley's for a delicious lunch. What a perfect way to round out the day. Our next outing was at the H&R Ballroom National Red Hat Day Celebration party. We had only six members that were able to attend this party, as some of our snowbirds have already headed north for the summer. We wish them a happy, healthy summer and look for their return in the fall. We enjoyed all the delicious desserts and playing Bunko. ... *QM Janet Fragapanne*

WEDNESDAY'S WILD WOMEN had a very exciting month. Judy Long's High Tea turned out to be very classy. We were all dressed in our finest attire, high heels and of course boas and our prettiest red hats. Our hostess with the mostess served fine teas, finger sandwiches and desserts on fine china. We really tried to stay sophisticated, but once the birthday celebrations started (Bobby Roeder and Luz Leon) with our singing balloon, cake, wine and Bunko — that was all she wrote. Later her neighbors said they could hear us all the way down the street! Judy had prizes for the players and there was picture taking and great camaraderie had by all. National Red Hat Day was really fun too, wasn't it girls. Thanks for all the help from everyone. We couldn't have done it without you. One of our girls won at Bunko. Congrats, Marlene! Our special thanks to Gail LaRue and her Divine Divas

for decorating our Red Hat statue and sending us our pictures. Love 'n kisses. ... *QM Sue Moody*

EIGHT DIAMONDS IN THE ROUGH believe if you missed National Red Hat Day Festivities you missed a lot of fun. There were lots of delicious desserts and the Bunko playing brought a lot of laughs and some pretty good scores. What a great way to get so many Red Hatters together, so they can get to know each other. Nancy Berish was our hostess for our April lunch at the Kotobuki Japanese Steak House. It was a delicious lunch and so much fun watching our lunch being cooked right in front of us. This is a keeper and I'm sure we'll return, sometime in the future. Pat Utiss was our hostess for our May Luncheon. We are all excited about our upcoming brunch at Jumbolair. Maybe we will see someone really exciting, you can never tell. Remember we are all responsible for making our own fun and enjoying life to the fullest. ... *QM Lois Powers*

THE QUEEN BEES AND HER HONEYBEES, along with many pals, neighbors tap dancers and pool buds recently took off to Port Canaveral to board the luxurious Royal Caribbean, Mariner of the Sea Cruise ship heading to the Western Caribbean Islands. There were 58 of us, headed by Larry and Chris Resnick, the leaders of our pack. There were three very special wedding anniversaries to celebrate during our cruise, Gordie and Dodie Phillips 58 years, Herb and Pat Schroeder, 50 years, Gene and Lois Miller, 44 years. There were also many birthdays at each table. One of the highlights of the trip was our own Red Hatters, Ruthanne Briggs and Ginny Adolph, who believe it or not, were seen by all parasailing high above the ocean on one morning and if that wasn't scary enough they were spotted a day or two later scuba diving and some people think Red Hatters are old fogies. Not true. Anyone who has ever been around at onetime or another knows for sure they are happy, kind, adventurous and extremely busy individuals. Of course our Queen Mum was everywhere to be seen all over the ship at all times of night and day and always with a smile on her face. Remember our Red Hat sisters have a reputation to keep up, enjoy, enjoy, enjoy. Our big thank you to Larry Resnick. He was like a mother hen hovering over our On Top of the World travel group. Have a happy. ... *QM Martha Evans by Pat Schroeder*

THE RED HAT DOLLIES want to tip their Red Hats to Gitte. She did a great job planning our April outing. It was an enjoyable trip down the Withlacoochee with Capt. Mike. His knowledge of the river and Florida nature was very informative. We were able to see many creatures such as snakes, turtles, alligators, hawks and many other bird species. After making landfall, we proceeded to the On Top of the World Pub and had a lovely lunch. Carol, Gitte, Peggy and Connie/QM attended the Red Hat Day Celebration held in the Ballroom. After picture taking and a dessert buffet, we played Bunko. We didn't win but had fun visiting with all our Red Hat sisters. Several of our members attended the beach trip at the Bahama House in Daytona. I know they had a good time! Come join the fun! Become a member of the Red Hat Society. The Red Hat Dollies have several openings. We meet the third Friday of the month. If you are interested, call Connie at 873-4154. Until next month, make every day a Red Hat Kind-of-Day. ... *QM Connie Cameron*

JOY HAPPY HATTERS decided that we should go out to lunch to start the new year off. We really had a good time at the Golden Corral where we can enjoy all our favorites and we sure did. The pajama party was probably was the best we have had. The food was plentiful and delicious. A big thank you to Martha and her helpers. I want to thank our girls who "Hoofed it for Hospice" and their terrific contribution. Sister Gloria invited us all to her clubhouse in Oak Run for a luncheon in April and we had a really good turnout. As we enjoyed our meal we met some of the Oak Run Red Hatters of course we are easy to spot in a crowd with our lovely hats and elegant outfits. Til next time, happy hatting. ... *QM Jennie Halvorsen*

Please send your chapter's activities by the eighth of the month to Vivian Brown, e-mail: vivjcb@aol.com or phone 291-0246 Thank you. ☺



Wood Shop
Ray Utiss

Here are a few messages from our president, Gordon.

If you did not receive an e-mail about our picnic, he does not have your correct e-mail address. Send it to him at ednagordo@aol.com. Gordon also notes, if you have borrowed a wood clamp, please return it to the Wood Shop. Other members are waiting to use them.

Other picnic news: Thank you to Paul Bronsard for shopping and cooking. Vince "Jimmy" Mazzotta also helped with the cooking. Jim Horler and Vince came in early to wash the tables and chairs. Many members contributed items for show and tell, and items for the raffle. Also, members brought a good selection of food. Last, but not least, the helpers for putting things back were appreciated.

Jim Horler has given a pen turning demonstration and will do a bowl turning demonstration, in the future. ☺

**Landscape Debris
Curbside Pickup Schedule**

Monday
Americana Village; Friendship Village; Friendship Park

Tuesday/Wednesday
Friendship Colony

Thursday
Williamsburg; Providence 1 & 2

Friday
Crescent Ridge 1 & 2; Avalon

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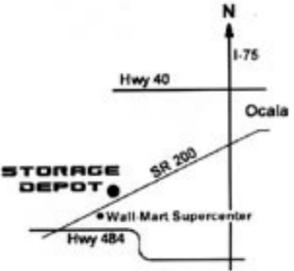

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Activities June

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
8:30	Aqua & Fitness Orientation	AC
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Cybex Orientation	GYM
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Rug/Latch Hooking	Art
	Rummicube	CC: E&F
2:45	Beg. C-W Line Dance	BR
3:15	Bible Class	MR3
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW

1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
8:00	AARP Safe Driving	MR3
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC: B&C
1:30	D'Clowns	CC: B & C
2:00	Bocce	CC: H
2:30	Readers' Theatre	CC: D
3:30	Comp. Handicap	CC: H
*6:30	Fab 50's Bracelet 6/5	CC: E&F
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D
4:00	10,000 Steps	AC
6:30	International Club	Art

3rd Week

2:30	Readers' Theatre	CC: D
1:30	D'Clowns	CC: B&C
7:00	Sunshine Singers	BR

4th Week

10:00	Williamsburg Social Club	ACC-H
3:00	Community Patrol Prog.	CC: B&C
4:00	10,000	AC

Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Women's 18-Hole Raquetball	GC
	Raquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Tai-Chi (Advanced)	H&R
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Stitch Witches	Art
	Harmonichords	AC
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC

9:15	Total Core & Body Strength	AC
9:30	Pinochle	MR3
10:15	Tai-Chi (Beginners)	H&R
10:30	Hatha Yoga	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Awuatic Class	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Bridge	CR
1:00	Singin' Swingin	CC: D
	Mah Jongg	CC: A
	Badminton	H&R
	(Racquetball Cts)	
	Shuffleboard	CTS
1:30	The New Pretenders	HR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	CC: B
6:00	Pinochle	MR3 & Art
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR
	Table Tennis	HR
7:00	Mixed Poker	CC: H
	Pattern Dancing	BR
	1st Week	
8:00	AARP Safe Driving	MR3
	Men's 9 Hole Golf	P.R.
*1:00	Italian Culinary Presentation 6/6	H&R
3:00	Great Lakes Club	BR
7:00	Billiards	CC: D

2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer. Response Team	CC: E,F&G
12:00	Ham Radio Club	CC: F
*1:00	Basic Computer 6/13	HR
1:30	Visually Impaired Support Group	CC: H
3:00	Nutrition Discussion	CC: B&C
3:30	Alpha Investment	Art
6:30	German Club	CC: E,F&G

3rd Week

1:30	Unique Birders	CC: H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC: E&F

4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC: E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC: D

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC: C
	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Shuffleboard	CTS
	Bocce League	BCTS
1:30	Shallow Water Exercises	AC
3:00	Dance Committee	CC: B&C
4:00	Softball Practice	SBF
5:30	Square Dance Class	AC
	Bingo	BR
6:00	Poker	MR3
6:15	Oxycise	H&R
6:30	Duplicate Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Square Dancing	AC

1st Week

10:30	Travel Toppers	CC: A
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1:30	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR
2nd Week		
*1:00	Basic Computer II 6/14	HR
2:00	Native Plants	CC: H
3:00	Pennsylvania Club	CC: E

3rd Week		
1:30	Stamp Club	Bank PAB

Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	Tai-Chi (Advanced)	HR
	Bus Ocala Run	
	Miniature Golf	MGC
9:15	Total Core & Body Strength	AC
	Shuffleboard	CTS
9:30	Round Dance Class	CC: E&F
10:00	Tai-Chi (Beginners)	H&R
10:30	Hatha Yoga	AC
	Water Walk	AC
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Arthritis Aquatic	AC
	Class starting 5-23	
12:00	Lap Swimming	AC
	Advanced Square Dancers	CC: E&F
	Mah Jongg	CC: A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC: A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing DBD	CC: E&F
2:30	Jazz Club	CC: D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC: A
	Card Game	CC: B
	Miniature Golf	MGC
6:00	Sequence Game	Art
	Poker	MR3
6:15	Oxycise	H&R
6:30	Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Mixed Poker	CC: H

1st Week

10:00	NY/NJ Board Meeting	CC: H
12:30	Rubber Stamping Cards	CC: D
1:00	Bunko Dice Game	MR3
	Opera Appreciation	CC: C
5:30	Southern Club	BR

2nd Week

*1:00	CPR 6/8	CC: D
1:30	Singles Club	CC: G&H
2:00	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC: E,F&G

3rd Week

9:00	Hand & Foot Canasta	CR
12:30	Rubber Stamping Card	CC: D
1:00	Bunka Dice Game	MR3
	S.P.C.A.	CC: H

*1:00	CPR 6/15	CC: B&C
*7:00	Florida Lawn & Garden 6/15	CC: B&C

Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Cardio Step & Sculpt	H&R
	Computer Lab	H&R
	Woodworking	WW

* Advance registration and fee may be required. Please check in advance.

	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC
	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Round Dance Class	H&R
	Ladies Poker	MR3
	CYBEX Orientation	GYM
	Circle Square	H&R
	Mah Jongg	CC: A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Table Tennis	H&R
	Open Games	CR
1:30	Shallow Water Exercises	AC
2:00	Fun In The Water	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Oxycise	H&R
	Nickel Nickel	MR3
6:30	Advanced Bridge	CR
6:45	Full Gospel Bible Study	CC: A
	Euchre	H&R

1st Week

1:00	Women of the World	CC: E
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2nd Week

9:00	RC Ladybirds	CC: A
10:00	Reiki Circle	CC: G
2:00	New England Club	CC: E
7:00	Republican Club	CC: E,F,&G

3rd Week

2:00	Blackjack Poker	CC: E
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4th Week

12:00	High 12 Club	TBA
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Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC: B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
5:30	Open Mah Jongg	CC: A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

1st Week

9:00	Yoga in The Park	Sholom
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2nd Week

7:00	Northern Lights	CC: B&C
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3rd Week

2:00	Pickleball	CTS
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Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
12:00	Mah Jongg	CC: A
12:15	Oxycise	H&R
5:30	Mah Jongg	CC: A
	Miniature Golf	MGC
6:30	Pickleball	CTS
7:00	Mixed Poker	CC: H

1st Week

6:00	K-9 Social Club	CC: D
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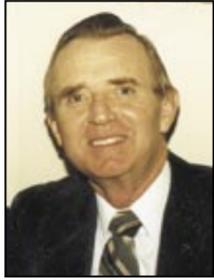
2nd Week

2:30	Friendship Social Club	BR
6:00	Movie of the Month	BR

3rd Week

2:00	American/Jewish	CC: E,F & G
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4



Native Plant Club
Ron Broman

NPG IS COMING!
"Here's a plant you might like to try," she said with a smile.
We were buying plants from Guda Taylor, co-owner with her husband, David, of Taylor Gardens Nursery. Our plant palate for the 94th Street Circle had been committee-determined. It was time for our Native Plant Club members to put the shovel to the soil.
Itea virginica was not on our short list. It wasn't even on the long list. For some reason it had been overlooked in our search for plants appropriate to a site with modified sand and once-a-week watering. Sweet Spire was a complete unknown — then — but not now.
It's been 14 months since the circle was planted; ample time to get settled in. Virginia Sweet Spire is supposed to be decidu-

ous (losing its leaves in the winter's cold), but ours in the circle never completely lost them, quickly recovering and blossoming as we write.
The flowers are "white, small with five small petals and sepals, borne in showy, elongated clusters from the ends of the branches, appearing April to June." (1)
Another source states: "Summer is an uncommon time for many shrubs to flower, but Itea virginica puts on white flowers from June to July." (2)
"Sweetspire has the double benefit of fragrant summer flowers and dazzling autumn color."
"When all other plants are bare in winter, you can count on Itea virginica to hold its foliage."
Though native to moist areas, it has been reported to be significantly drought tolerant. It can establish in a landscape with only one year of supplementary watering.
Flowering is best if the plant receives full sun for at least part of the day.
Itea virginica is called by many common names: Sweet Spire, Sweetspire, Virginia Willow, Virginia Sweet Spire, Tassel White.
Early this spring, Monarch butterflies returned to cruise our Garden of Weedin'. The first flower they visited for a spring toddy was Tassel-white dressed in exquisite attire and wafting her finest perfume.
We are indebted to you, Guda Taylor, for introducing us to Virginia Sweet Spire. We tried it and we certainly do like it!
NPG is coming. Watch for it, (but not in this space).
Looking for a relaxing walk? Try the Longleaf Pine Trail. It's a one-half mile loop trail beginning at a wooden sign 45 feet to the west of Suite H of the Arbor Conference Center.

Thanks, Bela Mandl, for lifting up our sign, making it more visible!
NPG is coming! Watch for it. (First find the Longleaf Pine Trail).
Our May Native Plant Club meeting was a hoot. Millard (Bill) Davis presented us with a theme: Unity; then, assisted by his wife, Carol, proceeded to present us with many variations. Insects, birds, other animals, and plants all cope with challenges of survival and reproduction often in amazingly similar ways. You've seen ducks carrying babies on their backs. You ought to see how a water beetle copes with parenting.
Our next Native Plant Club meeting will be Wednesday, September 13, at 1:45 p.m., in Suite H of the Arbor Conference Center. Until then, join us each first and third Wednesday at 8 a.m. at the Longleaf Pine



Photo by Ron Broman
Itea virginica, Virginia Sweet spire, Tassel-White — it's all the same: beautiful long clusters of flowers (racemes).

Trail for a leisurely walk, helping to keep the trail in tip-top condition and seeing what nature has to teach us.
There's absolutely nothing like GROWING NATIVE!
(1) *The Shrubs and Woody Vines of Florida* by Gil Nelson, Pineapple Press, Inc., Sarasota, Florida, 1994
(2) Web site: greenbeam.com — Thursday's Plant — Itea virginica

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Birders' Beat
Jane Callender

The Unique Birders host for the April meeting was Carole Rau. Her program was a fascinating film on winged migration. The numbers of birds involved are unbelievable.
Raindrops were falling (we were happy to see them) on the Unique Birders' April field trip. All the courageous members with their umbrellas hiked the trail to Johnson's Pond Overlook. The water birds were on the pond, but the other birds sought shelter in the brush like people under the umbrellas. When the weather cleared, some birds were seen, and Norm Lantz identified many by their song. After the hike, the group had brunch at the Sand Wedge Café.
Margitta Claterbos was host for the May meeting. Lunch was at Candler Hills Restaurant, followed with a program by the photographer and environmentalist Don Browning.
Since May is usually too hot for a field trip, we will have lunch followed with a discussion on birding areas suitable for the handicapped. A report on the above activities will be in the July issue of The World News.
There will be no meetings in June, July and August. For more information, call Roberta Campbell at 854-4814 or me at 861-2983.
This month's bird is the snowy egret.



Photo by Lynne Callender Murray
Jane Callender's daughter photographed this Snowy Egret at Tarpon Springs in March.

The accompanying picture was taken of the bird standing on the side of a boat in Tarpon Springs. It was busy diving for fish for lunch!
The snowy egret is a small white heron with a slender black bill, black legs and yellow feet (a strange combination). In the breeding season, it has long lacy plumes on its back. Its nest is a platform of sticks in a bush or reed bed, with three or four pale blue eggs. It is often in colonies with other herons.
During the 19th and early 20th centuries, snowy egrets were slaughtered for their fine plumes to be used to decorate hats. Fortunately, complete protection has enabled them to increase their numbers. Snowies are agile, often seen sprinting about in shallow water to seek small shrimps and minnows. On a trip to Lake Weir last year, we were privileged to see an island just covered with nesting great white egrets, snowy egrets, great blue herons and smaller birds. 🌿

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Keeping It Green
Phillip B. Hisey

Now that we are hopefully out of the dry season and approaching the wetter summer months, watering your lawns should be easier on your wallets. With any luck, our summer months will be packed with daily showers that will sustain the water requirement needs for your lawn.

The purpose of this article is to not only inform as many residents as I can about being water-conservation-minded but to also offer a few tips in keeping your lawns green and fungus-free over the summer.

First, you need to adjust your irrigation timers to twice a week to meet the current watering restrictions. These are set as follows:

- Even-numbered addresses may water on Thursdays and/or Sundays.
- Odd-numbered addresses, or where no address can be determined, may water on Wednesdays and/or Saturdays

Notice I said "and/or:" if your yard does not look like it needs to be watered, more

than likely you can skip that watering day.

Secondly, water your yards before 10 a.m. and after 4 p.m. Watering before and after these established times could help increase the amount of water that is absorbed because the higher temperatures evaporate the water off of your lawns much faster.

Thirdly, adjust your irrigation timers on your turf zones to apply one-half to three-quarters of an inch of water per application. To do this you can go buy a rain gauge or make your own by placing tuna cans in your yard to measure the water applied. Run your irrigation system for 15 minutes and check the cans. Typically, 15 to 20 minutes for "pop-up" spray heads is enough time to achieve one-half to three-quarters of an inch. On the shrub zones, adjust your timers to water the shrub areas for 20 to 30 minutes.

Lastly, have your rain sensor checked annually. Each house has been equipped with an automatic rain shutoff device that basically interrupts the irrigation timer in the event of rain. This rain shutoff device will shut your irrigation system down until the device has had enough time to dry out. The rain sensor is located on the same side of your home that the irrigation clock is located on; it is outside and on the drip edge or eve of the roof.

If you have any other concerns regarding the irrigation times and proper watering schedules, you can visit the Southwest Florida Water Management District Web site at www.swfwmd.state.fl.us to review all of the current watering restrictions and other guidelines. If you have concerns about your irrigation system, you can call any licensed irrigation contractor or you may visit manufacturers' Web sites at www.rainbird.com or www.hunterindustries.com to review their product line.

Have a great summer and thanks for the cooperation. ☺



Just Us Gals
In May, 34 gals from On Top of the World and 19 friends and family cruised on Carnival's Fantasy, reports resident Dorothy Bresky.



Computer Club
Sherry Surdam

As so many of our residents and club members are headed, or have already gone, north for the summer, the Computer Club is suspending the official class schedule until September. We may, of course, have a presentation or two, as some of us are working on new classes for the fall session. When a new presentation is ready we will send an e-mail to members to let them know when it will take place.

Question and Answer sessions will continue at their usual time through the summer. In addition, the Digital Photography Q&A's will most likely be suspended as our two experts do a great deal of traveling during the summer months. Members, if you do have questions about digital photography, come to any of the Q&A sessions. There are always some of us there (expert or not) and we may surprise you and have an answer!

Can you believe the year is nearly half over! With that in mind, it may be time to considering cleaning up and defragmenting your computers. Over time our computers acquire orphan files and hundreds of other temporary files that are created when we download and install software. These temporary files are supposed to disappear when the installation is complete but it does not always happen that way!

To clean these files from your computer — left click on Start, and then open "My Computer." Right click on the icon representing your hard drive (usually "C") and select "Properties" which you will find at the bottom of the drop down menu. The screen will open at the "General" tab. Mid way down you will see a colorful graph in pink and blue — hopefully mostly pink as

that indicates you have plenty of space on your hard drive! If it is mostly blue you really need to clean out old documents and software! Anyway, next to the graph will be a button labeled "Disk Cleanup." (You can reach the same place by clicking on Start, All Programs, Accessories, System Tools, Disk Cleanup.) Left click Disk Cleanup to open a screen with several check boxes for the files you wish to clean out. It takes a few moments for your computer to determine what files can be cleaned safely, so be patient while the program searches. It is safe to put check marks in the following areas: "Downloaded Program Files," "Temporary Internet Files," "Microsoft Office Temporary Files" (if you have Office on your computer), "Office Setup Files" (again if you have Office), "Temporary Files" and "Web Client/Publisher Temporary Files."

You can also elect to have the Recycle Bin emptied but there are many who prefer to leave their deleted files in the bin so they can recover them if need be. Exercise extreme caution if you decide to select any of the other boxes. These are not for the faint of heart (or inexperienced!).

In addition to the temporary Internet files, when we uninstall a no longer-needed program, the uninstaller does not always uninstall ALL the files associated with that application. To clean these orphaned files takes a little more doing. If you are comfortable searching for and deleting these files yourself you can do so.

However, a wonderful program called "Registry Mechanic" can do a much easier and more thorough job. There is a cost for the software, but it is well worth the \$29.95 price tag. It cleans, repairs and optimizes your registry for you. You'll find it toward the bottom of the page at the Web site given here: www.pctools.com. PC Tools offers to do a "free" scan of your computer but in order to have it clean and repair the registry you are required to purchase it.

Next month we will talk about checking your disk for errors and defragmenting.

All club meetings and presentations are held from 9 to 10 a.m. each Tuesday, Thursday and Saturday in Suites B and C of the Arbor Conference Center. All members and their guests are welcome and encouraged to attend.

If you have questions, there is always someone there with an answer!

Be sure to check the calendar on our Web site frequently for the dates of our presentations and for any scheduling changes that are inevitable. Until next time, happy computing! ☺

'Family Stone' visits Movie Club

By MARY EHLE

The movie for June will be "The Family Stone." This is light comedy and stars Craig T. Nelson, Diane Keaton and Sarah Jessica Parker. It is a story about a big family and all the problems, but funny, as they all come together for Christmas.

The movie will be preceded by a potluck supper served in the Ballroom. The club will provide hot dogs, rolls and sauerkraut. We will also have the mustard and relish. It is now your job to provide all the rest of the goodies. Bring a dish, with food in it, to pass and don't forget your table service and beverage. If you are not a member

come anyway. Bring your food and \$2 and join us. The movie will be on Sunday, June 11. The hot dogs will be served at 5:30 p.m. and the movie will begin at 6 p.m. Hope to see you there.

The event is for all the residents of On Top of the World so come on out and join us. You will be home before dark. ☺

Florida's Blood Bank Returns in June

By EILEEN K. VANDERBOSCH

June will be our next blood drive and the first time I will not be able to cheer you all on in the bus. Because of my physical problems Don Pixley has agreed to take over this job and I know he can count on everyone to do their best and donate blood to save lives. He is a good choice and will be able to make the On Top of the World Blood Bank a great one.

Thanks to everyone who helped me along the way. I made lots of new friends and treasure all of you. Just remember the life you save may be your own or a close relative. ☺

Arthritis Support Meets June 2

The Arthritis Support Group met on May 2 and discussed the importance of exercise and non-prescription drugs in the treatment of arthritis.

The next meeting will be Tuesday, June 13, at 2 p.m. in Suite H of the Arbor Conference Center. For further information, contact Pat at 861-6155. ☺

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**Nature
Around Us**
Doris Mauricio

Of the many beautiful lilies we can grow in Central Florida, I have the most fun with daylilies. Many varieties of Florida daylilies are evergreen and can provide a brilliant display of blossoms from late spring through fall. These large, lily-shaped flowers, in various colors, from pale yellow through orange, apricot and deep red, are produced on long stems projecting above clumps of narrow, pale green foliage. These hardy perennials will tolerate Florida's poor soil and hot summers.

Daylilies can be used as ground cover, borders, mass plantings and in butterfly gardens. While daylilies are available in many local nurseries, it can be a whole lot more fun visiting a Florida daylily farm where your eyes can be delighted by a multitude of rows of daylilies ranging in colors from white to black. Some have stunning single colors, while others have two or three colors. Some have fat faces while others long



Photo by Doris Mauricio

This daylily grows in Doris' backyard. She brought it with her when she moved to On Top of the World and she purchased it at a daylily farm in Hernando County.

Florida Lawns and Gardens (What You Need to Know)

**Arbor Conference Center
Instructor: Kathleen Patterson**

FREE!

Thursday, June 15 – Suites B & C, 7:00 to 9:00 p.m.

Whether you are new to On Top of the World Communities, or just want to expand your knowledge of gardening in Florida, these workshops are for you. Kathleen Patterson is the Program Coordinator for Florida Yards and Neighborhoods in Marion County. This program is part of the University of Florida Extension Services. Workshops will provide you with practical methods of managing your Florida landscapes. There will be ample time for questions and answers.

Registration Required, Call Health & Recreation 854-8707



dangling pedals. They all are beautiful. Daylilies can range in height from one to three feet and will spread one to two feet.

Daylilies multiply very nicely and, every few years, can easily be dug up and divided. Propagation is by division of clumps, by seed or by small "plantlets or pups" that sometimes form on the flower stalks. The seeds are easy to germinate taking 20 to 25 days outdoors or in a cold frame. I grow them in a container the first year as they are tiny and easily lost.

Full to half-day sun works fine. Planting daylilies under tall pine trees is OK as long as there is filtered sun. Daylilies thrive with one to two inches of water per week during the growing season. Mulching with oak leaves and pine needles will keep them cool during the summer, help retain moisture and improve the soil. Fertilize in the spring and fall. A time-release fertilizer works best.

Daylilies seldom die from insects or disease and when they do, it is usually because the plant was weak or stressed. Pesticide spraying is not needed. This thinning procedure will help ensure continued flowering. There are many, many hybrid cultivars

available, with more appearing all the time. Prices for clumps of quality daylilies range from \$5 to \$100, depending on when the cultivator was introduced.

Are you ready for butterfly season? My garden is all set with pentas, Mexican sunflowers, zinnias, buddleja (butterfly bush), milkweed and four types of sages. So far, I have seen a few Monarchs and a couple of Swallowtails. Looking out my back window last summer, was like looking into paradise. I'm hoping to be blessed again this year.

The Marion County Extension Office Master Gardeners are on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@atlantic.net. I will do my best to assist you with your concerns.

The On Top of the World Native Plant Club meets September through May the second Wednesday of the month at 1:45 p.m. at the Arbor Conference Center. Come and join us. Take time to walk the nature trail located behind the Arbor Center.

Happy Gardening!

Doris Mauricio is an On Top of the World resident and Master Gardener.



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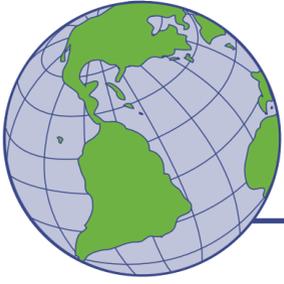
The Joint Care Center at West Marion Community Hospital is staffed by a team of experienced orthopaedic surgeons, nurses, case managers, physical therapists and volunteers. From evaluation through surgery and post-op therapy, these experienced professionals are dedicated to bringing the highest care and quality of life to each patient.

To find out if you are a candidate for knee or hip replacement, call to attend our next class. The Joint Care Center at West Marion Community Hospital.

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High Teas are Back



Photo by Larry Resnick

On Top of the World residents sample the goodies at a High Tea May 9 sponsored by the Activities Department.



Photo by Lynn Stock

Vivian Cayia and Donna Sayers get their tea cups ready at the May Indigo East High Tea.

Residents Bring Tea Cups, Stories to Social Event

H BY DEBBIE CLARK

High Teas are back once again here at On Top of The World Communities and were held at the Health and Recreation and Indigo East. The Candler High Tea was canceled due to no registrations.

First, for those ladies that missed it I must apologize for the short notice of these teas, I wanted to get at least one tea in for each community before we were into the summer season. I have already scheduled teas for all of the communities for the fall. I will list all of the dates at the end of this article so that you can post them.

First was the On Top of the World High Tea on May 9 with 31 ladies present. We had assorted herbal teas and Earl Grey along with regular tea and from judging at how many cups of tea were consumed I believe the Peach Orange and the Summer Berry were the big hits of the day. The ladies were served chicken salad sandwiches and assorted desserts provided by Catering by Carmichael's.

The highlights of the afternoon were the stories behind the teacups that I had asked everyone to bring. I believe the oldest teacup making an appearance this day was from 1815 and was used by Helen Deluca. She purchased this lovely cup at a tag sale for 35 cents and it included the saucer with it. The most interesting thing about

High Teas

As promised, here are the dates for the upcoming teas in the fall. All teas are from 1 to 3 p.m.:

- **September 19:** On Top of the World Ladies at the Arbor Club
- **September 20:** Indigo Ladies at Indigo Community Center
- **September 21:** Candler Ladies at Candler Community Center
- **November 14:** On Top of the World Ladies at the Arbor Club
- **November 15:** Indigo Ladies at Indigo Community Center
- **November 16:** Candler Ladies at Candler Community Center

this set is that it was used by Napoleon himself and that is written right into the bottom of the saucer.

Everyone there had such lovely teacup sets. Patricia Mattison was drinking from a teacup that was part of her china set, which is 50 years old and it came from Okano. Sandy Schubert was drinking from a lovely teacup that was purchased at Yours Truly for \$5 and she purchased

this specifically for the High Teas but she was only able to utilize this set once as the High Teas were put on hold for a while.

One interesting story was that Phyllis Krauss had a lovely flowered tea mug that she used while she was a psychologist working in a prison and the flowered mug would cheer her up every morning.

These are just a few of the stories behind the teacups and there were many others that I will keep on file and bring up in future articles on High Teas.

The High Tea for the Indigo East community was held on May 10 with an elite group of seven ladies who are now the charter members of the High Teas. We had a wonderful afternoon and I was able to meet some very interesting ladies who reside in our community of Indigo East. We were also served the wonderful assortment of herbal teas, chicken salad sandwiches and assorted desserts provided by Catering by Carmichael's.

I would like to thank all of the ladies who were present at both teas and I hope you enjoyed yourselves as much as I did. If any of you have any ideas of what you would like to see at future teas please write them down and drop them off at my office and I will be more than happy to take your suggestions into consideration. ☺

Emergency Preparedness

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Concert in the Park

Photo by Tom Jellifer

Members of the Amazing
Steel Drum Band perform
during the second
performance of The Concert
in the Park—Sholom Park
Series on April 29.





During the Candler Hills May golf tournament, Janet and George Mulley won the use of a 2006 Buick LaCrosse from Eagle Buick, GMC Trucks, Inc. for six months. The Mulleys just happen to be the first golf member to join Candler Hills.



**Director
of Golf**
Jeff McDonald

It is so exciting to watch things happen! Nick is doing a great job. I trust that all of you feel the same. Nick encouraged many of you to play in our first nine-hole mixer, with more than 100 for golf and dinner. He had great prizes to give away and he was like a kid at Christmas passing out the presents.

Denise and her staff prepared a great dinner for us, and it seemed as if everyone had a wonderful evening. Thank all of you for participating!

The golf course is starting to make the transition from the Rye Grass to the Bermuda Grass. Andy and the guys will get us through as quickly as possible.

The monthly mixer will be held on the third Friday of every month. Join all of your friends and don't miss out on the fun.

In the next letter I hope to share information concerning the great time we had at the Memorial Day Golf Event.

Candler Hills Golf Club

Wow! We had an awesome time with the

members on May 7. Regretfully only a few of you played, but we had a great event. The members and I played an 18-hole scramble at Candler in the morning and we had a super dinner in the restaurant that evening.

I would like to share with you who won the prizes.

- Paul Moltisanti: Dinner for two at Candler Hills Restaurant
- Diane Hamments: One pair of Nike shoes
- Garry Gerlach: One shirt and wind shirt from Ahead
- Bob Cowie: Dinner for two at The Melting Pot
- John Langville: One shirt and pair of shorts from Boast
- Michael Hamments: One shirt and pair of shorts from Page & Tuttle
- Maureen Brooks: One shirt and pair of shorts from Ashworth
- James McGrath: One dozen Foot-Joy gloves
- Marge Cowie: One pair of Foot-Joy shoes
- Joan Smith: A \$150 gift certificate for merchandise only in Candler Hills golf shop courtesy of Vaughn Atkins, sales consultant of On Top of the World Communities
- Marvin Brooks: 12 Dozen Pinnacle Hot Shot golf balls
- Tom Smith: One G5 Ping driver
- Judy McGrath: 2007 one-year range club membership
- Janet Mulley: One set of Cobra Irons 4-W, GW
- George Mulley: 2006 Buick LaCrosse, courtesy of Russ Baldner, general manager of Eagle Buick, GMC Trucks, Inc. (for six months)

It was fun watching the Mulleys as they won the two grand prizes. The Mulleys just happen to be the first golf member to join Candler Hills. Thank all of you for participating and we look forward to next year.

Remember! Check in with the golf shop staffs to find out the up coming events. 📞

MGA Results

Individual Net April 19 Tortoise & Hare

Flight A: Tie at 64—Ed Klodzen and Paul Perrault; tie at 65—Roy Goszewski and Johnnie Kizer; 67—Carl Zeiler

Flight D: Tie at 64—Tary Bole and Roland Schwab; tie at 65—Armando Pena, Joseph Bologna and Fred Rodriguez;

Flight E: 62—Archie Pollard; 64—Norm Lallier; tie at 65—Nick Zoccoli and Gene Lindley; 67—Ken Cotte

9-Hole Individual Net April 19

32—Zane Barnett; 33—John Ricciardone; tie at 35—John Gartung and Roland Smith

MGA Individual Net April 19 Links

Flight B: 62—Ed Noe; 63—Dick Norris; 64—Glen Swiger; tie at 65—Joe Rosinski, George Blankenship and Jack Ashenfeter

Flight C: 61—Tom Deegan; 64—Leonard Ruble; tie at 65—Jerry Segovis and Barry Barringer; 66—James Keller

MGA Low Gross April 26 Links

Flight A: 75—Garry Gerlach; 76—Dick Gray; 77—Rick D'Addio; 79—Roy Goszewski

Flight B: 81—Bill Steinmuller; tie at 83—Dick Norris, David Suver, Rex Gaddy and Art Buecher; tie at 84—Ed Noe, Ron Thompson and Leslie Finney

Flight C: 83—Bob Hugely; 84—Norm Lantz and Ronald Wilson; 85—David Miller, Jerry Segovia; tie at 86—Beale Kinsey, James Keller and Calvin Epperson

Flight D: 85—John Bauer; tie at 86—Steve Becker and Paul Bell; 88—Bob Kendrick; 89—Stanley Stein

Flight E: 91—Fred Rodriguez; 92—Jimmy Johnson; 94—Nick Zoccoli

MGA Low Gross April 26 Tortoise & Hare

Flight E: Tie at 96—Richard Hess and Armando Pena; 97—Ralph Schmidt

9-Hole Individual Gross April 26

48—L.J. Patterson; 50—Guy White; 51—John Gartung

MGA Chicken Day May 3 Tortoise & Hare

62—Dick Gray, Dick Grimm, Tom Deegan and Joe Groomes

64—Rick D'Addio, Tom Fragapane, Bill Culp and Irvin Gackowski

Tie at 66—Lee Goodman, John Hall, Don Guymon and Ken Cotte; Roy Goszewski, Art Broman, Donald Delp and Bob Graff; Steve Gregely, George Blankenship, Joseph Bologna and Bill Hawk; John Bennett, Rex Gaddy, Chuck Doyle and Richard Hess; Larry Chase, Jack Ashenfelter, Douglas Coleman and Dan Bellefontaine

MGA Chicken Day May 3 Links

Tie at 65—Ed Noe, Bud May, Philip Merchant and Gene Lindley; Charles Senci, Don Scott, Don Hink and Jimmy Johnson

Tie at 66—James Jordan, Jerry Segovia, Roland Schwab and Fred Rodriguez; Carl Zeiler, Clifford Jones, Bob Selmon and John Newell

9-Hole Individual Net May 10 Tortoise & Hare

Tie at 33—Gordon Blanchard and Roland Smith; tie at 35—Mike Sica, John Gartung and Rick Benzing

MGA Individual Net May 10 Tortoise & Hare

Flight A: 64—Larry Chase; tie at 66—Ed Klodzen and Rayond Beloin; tie at 68—Paul Perrault, Garry Gerlach and Dick Griswold

Flight B: 60—Marvin Brooks; 64—Bob Bell; 66—Bob Cronin; tie at 67—Dan Carty, Jack Ashenfelter and Michael Krajkovich

Flight C: 63—Richard Schiller; tie at 64—Clifford Jones and Doug Graham; 66—Leonard Ruble; 67—Tom Fragapane

MGA Individual Net May 10 Links

Flight D: Tie at 66—Hira Roy, Howard Sale, David Miller, Bud Borders and Bob Kane; tie at 67—Gerry E. Salsbury and Joseph Bologna

Flight E: 62—Ken Cotte; tie at 66—Tony Magri, Jimmy Johnson and John O'Neil; tie at 67—Bill Hawk, Bob Graff, Fred Rodriguez, Jack Hegarty and Ralph Schmidt 📞



**Men's Golf
Association**
Paul Del Vacchio

Chicken Day cancelled! June 7 Scramble and Chicken Day are cancelled.

The Board of Directors has chosen to cancel June's Chicken Day because of the closing of the Tortoise & Hare Golf Course. We apologize for the misinformation given at May's Chicken Day.

The following questions have been brought to my attention and to the best of my ability I would like to address them.

Apparently there is some confusion about the individual gross we played April 26. We will be playing this again June 14, August 23 and Sept. 20. And why are we playing this game? The Board of Directors has heard complaints from the individuals with lower handicaps that have a hard time competing when we play individual net by flights; so we installed the game individual gross by flights this year. Can a person with a higher handicap in this flight win this event? And my answer is yes. None of

us plays to our handicap every day and if we're having a good day we can compete with anyone in our flight, gross.

Is it possible that members can change flight categories weekly? The flight categories are designed each week by the number of participants who sign up to play that week; so therefore you can be an A player one week and a B player the next week with the same handicap and so on through the flights. Can a golfer win one week with a 95 in the C flight and win the next week with a score of 98 in the D flight? Yes, it's possible. It all depends on his fellow competitors and the way they play and how many signed up to play that event.

How often does the handicap change? Our handicaps are adjusted every two weeks in our prime season and three weeks the rest of the year. We post the updates by our computer.

I notice we now have a flight E. Is this a formal classification or a temporary add-on? Flight E has been added to keep the handicaps within four (4) strokes of each other in most of the flights. Again it all depends on who signed up to play that event and what the handicaps are. The tournament directors try to keep most of the flights within 4 strokes of each other. It is impossible to keep the A flight and the lowest flight within this 4 stroke criteria because of the disparity of the handicaps in those two flights.

I know I went over this at the luncheon but for the benefit of those unable to be there I wanted to repeat this so everyone would be able to understand what's going on.

Words of Wisdom: "If you hit a bad shot, just tell yourself it is great to be alive, relaxing and walking around on a beautiful golf course. The next shot will be better." Al Geiberger.

See you around the course. 📞



**Golf
Tip of the Month**
Nick Montanaro

and right forearm over left to accomplish the same objective.

I want to thank everybody for participating in our first monthly mixer. We had 110 participants and a lot of fun! We hope to see many new faces next month.

Accomplishment Acknowledgements

- Dick Gray eagled #13 on the Tortoise and Hare
 - John Gayso eagled #7 on the Links
 - Norm Lantz eagled #11 on the Links
 - Joe Rosinski eagled #9 on the Tortoise and Hare
 - Rudy Normandin eagled #5 on the Tortoise and Hare
- Congratulations to Dan Eddy for his career low round of 74!

Peace out, love you all, DADDY NICK. 📞

Failure to Release

One of the most common errors related to release is lack of it. "Blocking a shot out" — leaving the ball out to the right for a right handed player because of the failure to square the clubhead — is one problem that can be solved by having a better release.

"Blocking" is the basis of the slice for many golfers, and results in compensations such as bad grip and worse swing path.

Two common causes of the "block out" are:

1) tightness in the forearms which destroys the freedom to let the arms, hands, and clubhead "go" or rotate along with the body. Furthermore, two ways to release the golf club are with either body rotation or turning the hands over. Failing to do either will result in a dreaded slice. Blocking stems from trying to hit hard and squeezing the grip too tightly. Also remember, grip tension should be around 5 on a 1-10 scale.

2) moving the swing center ahead of the ball so that the arms, hands and clubhead cannot square up or release in time is another common cause of "blocking a shot out." In summation, you must have rotational torso movement through your golf shots, and if you experience flexibility limitations you can resort to releasing with your hands



**Golf
Rules Corner**
Bob Hughes

May's Q&A

Q. A movable artificial object lying out of bounds interferes with a player's stance. May the player remove it?

A. Yes. Rule (24-1)

June's Question

Q. A player's ball starts moving during his backswing and he strikes the ball while it is still moving. What is the ruling? 📞

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Photo by Larry Resnick

Volunteer residents Dick Soens, Bob Maxwell and Don Cernicar repair the On Top of the World miniature golf course.



Handicap Committee

Patricia K. Del Vacchio

Anyone besides me notice that our courses are getting busier? Several weeks ago Paul and I were out playing by ourselves, not really a good thing as you sure do have to wait a lot, and as we approached the first tee, there were three twosomes in front of us. I suggested to Paul that we ask the couple in front of us, who we didn't know, if we could join them; he said it was up to them to ask us and guess what, they did. We met a very nice couple and had a great round of golf without all the waiting. My point is, when you are out there as a twosome or single and you're waiting and trying not to hit into the foursome in front of you, make friends with the couple or single behind you and be sure to get their phone number; this way you'll have someone to call when you're going out to play. We'll all have more fun!

May 6 was a gorgeous Florida day; I'm not mentioning the wind that kicked up toward the end of play (but that did help keep the love bugs at bay). The "2 Drive Scramble" had 76 players or 19 teams and 68 percent were paid. There were three teams tying for first place: L. Hoefler, M. Driver, MJ McAtee, M. Marquis; B. Ovrebo, P. Shirley, I. Gackowski, D. Phillipson and G. Sohler, A. Broman, G. Perrault, A. Pena.

Three ties also for fourth place: E. Klodzen, D. Scott, J. Apperson, M. Sohler; R. Carter, P. Gaddy, J. Sinsky, H. Bextermueller and D. Griswold, L. Bervinkle, K. Hoefler, G. Lindley.

Two ties for seventh: R. Goszewski, D. Hink, B. Culp, E. Calebrese and J. Rosinski, C. Jones, J. Zeller, L. Borders.

In ninth place we had five teams: P. Perrault, M. Driver, A. Pena, B. Leckbee; E. Noe, B. Bervinkle, N. Cleveringa, C. Shirley; J. D'Addio, L. Berry, J. Johnson, S. Smagner and R. Gaddy, L. Suver, J. Moon, J. Hodd.

Our congratulations go to everyone who participated and a little more applause to those winning teams.

June 3 we will be playing the ever-popular Scotch Twosome, hosted by our handicap president, Phil Shirley and his lovely wife, Connie. I know I'm getting repetitious but for those who are new and haven't played this with us, the basics are: Man, woman team ... each drives then he hits her drive, she hits his drive and then you pick the best shot and alternate shots through the hole. On par 3's each drives then pick the best shot and alternate through the hole. I love this scramble best, because still being a newlywed I like playing with my husband!

Don't forget 8 a.m. rally and 8:30 a.m. tee off. See you at the flags. ☺



Ladies 9-Hole Golf

BJ Leckbee

Twelve of our members recently participated in Pine Ridge's invitational, where Pat Kizer's foursome took first place, Sharon Bailey's foursome won third place, and BJ Leckbee (that's me) won closest to the line. This was a lunch-first, golf-later event ... something different. Others vying for prizes were Carol Bell, Mike Beyer, Marlene Floeckher, Jean Flynn, Millie Nucaso, Vi Sica, Donna Swiger, Betty Tully and Carol White.

We're so fortunate to have Donna Swiger coordinate the invitationals for us. During this past season she coordinated our participation at the Links of Spruce Creek, Ocala Palms, Pine Ridge, Rainbows End, Seven Rivers and Williston. Our league sent 39 players to these events. Our own invitational in March brought 13 clubs to On Top of the World. Fifty visiting players represented Citrus Hills, Continental, Country Club of Ocala, Eagle Ridge, Hacienda Hills, Links of Spruce Creek, Oak Run, Ocala Municipal, Ocala Palms, Pine Ridge, Rainbow Springs, Rainbow's End and Williston.

Do you know someone who has talked about joining our league but is hesitant to do so? Tell them to check out Channel 17 or to call Lucy Quaranta. The board has decided to allow potential members to play one or two games with us this summer prior to officially joining. Lucy has the details.

The season-ending luncheon at Juliette's

honored our past presidents, with Gretchen Saker reading a 20-year history of the league that was prepared with much help from past president Jo Gardner. Officers were officially installed by Millie Nucaso, and Lucy Quaranta presented birdie pins to those who earned them during season play. The "centerpiece-go-round" at the end of the luncheon broke up the room. There was nothing to do but go home after that and look forward to next season.

Summer play will be mostly low gross and low net, with no meetings until the fall. There will be at least two weeks when we will be assigned tee times. Yes, tee times. Please check the bulletin board for specific dates so you're not surprised. Details will be announced prior to play.

Three Clubs & Putter

April 18

Low Net

Chip-in: Rolla Geiser; Birdie: Rolla Geiser

Flight A: 35—Mary Hart and Pauline Beloin, 38—Pat Kizer

Flight B: 35—Mary Carson, tie at 37—June Tassinari, Donna Swiger, Marie Palombo

Flight C: 33—Ruth Koch, 36—Laura Jean Teyral, tie at 37—Marge Warren, Carol Bell, Helen Bailey

Flight D: 32—Kathy Bologna, 33—Ruth Mtchell, 34—Rolla Geiser

Team 1-2-3

April 25

50—Darlene Clark, Ruth Koch, Lucy Quaranta, Betty Tully

55—Kathy Bologna, Sumiko Bridges, Jan Moon, Donna Swiger

58—Pat Black, Mary Carson, Marie Norwood, Thelma Smith

59—Michael Beyer, Marilee Dam, Marie Greco, Joan Krajcovich

Florida Scramble

May 2

38—Tie: Marie Greco, BJ Leckbee, Ruth Koch, Marilee Dam, and Deni DeHart, Pauline Beloin, Marlene Floeckher, Kathy Bologna

39—Mary Hart, Millie Nucaso, Rolla Geiser, Judy Garrett

41—Grace Bock, Judith Kane, Ida Rosendahl, Gretchen Saker

May 9

Rain ☹



Ladies 18-Hole Golf

Mary Sohler

The Awards Luncheon for 2005-06 was held at Rainbow Springs on May 3. Championship tournament trophies were presented to Gretchen Normandin (club champion), Mary Driver (Flight A), Phyllis Jarskey (flight B), Angelita Pena (flight C) and Dot Muller (flight D). The award for most improved player went to Flo Emanuel. Congratulations, all, for a job well done!

Among the many door prizes given were several beautiful silk floral arrangements made by Nancy Nicholas and her "staff." Thanks to all who donated prizes and to the committee who organized the beautiful luncheon: Virginia Broman, Connie Shirley, Nancy Nicholas, Lou Borders, Louise Suver and Mary Sohler.

The Handicap Committee presented \$500 to the WGA 18-holers to be given to a charity of their choice. Members attending the luncheon voted to donate the \$500 to Legacy House Hospice.

Thank you to Jean Culp, outgoing president, for her leadership of the 18-holers these past two years. She did a superb job! Jean passed the gavel on to our new president, Beverly Ovrebo.

Note: during the summer months the 18-holers will play the Links course every Tuesday, as was done last year.

One more piece of advice to speed up slow play: When possible, park your cart midway between the two balls and both golfers can walk to their balls. Take more than one club with you if you're unsure of what you'll need. Always play ready golf!

Three Best Balls (Team A, B, C, D)

April 11

1st place: 191—Maureen Brooks; D (blind 2); Kathy Hoefler; Doris Holman

2nd place: 196—Angelita Pena; Jeanne Rice; Louise Suver; Nancy Zielinski

3rd place: 198—A (blind); Helen Bextermueller,

Agnes Lindley, Mary Skennion
Chip-ins: Angelita Pena, Nancy Zielinski, Jeanne Rice, Fran Griswold, Helen Foskett, Vel Rose

Low Gross and Low Net

April 18

Low Gross

Flight A: 83—Joan D'Addio, tie at 85—Gretchen Normandin, Beverly Ovrebo

Flight B: 88—Louise Suver, tie at 97—Glenna Swank, Jean Culp

Flight C: 97—Angelita Pena, 98—Harriet Brower, 100—Agnes Lindley

Flight D: Tie at 102—Marjorie Myhr, Jackie Page; 105—Virginia Broman

Low Net

Flight A: 65—Sandy Chase; tie at 68—Betty Gustafson, Mary Lyon

Flight B: Tie at 65—Kathy Hoefler, Marilyn Rose; 73—Mary Jane McAtee

Flight C: 66—Margie Hink, 68—Dea Johnson, 70—Maureen Brooks

Flight D: 66—Helen Foskett, 71—Ruth Border, 72—Mary Skennion

Chip-ins: Catherine Becraft, Ruth Border, Carolyn Cummings, Jean Culp, Carol Johnson

Any Best Nine Holes by Flight

April 25

Flight A: Tie at 25—Sandy Chase, Jean Culp, Velma Rose; 26—Mary Lyon; tie at 28—Joan D'Addio, Linda Dumeer, Ginny Huckel

Flight B: 21—Agnes Lindley; 23—Carol Johnson; tie at 26—Louise Suver, Glenna Swank

Flight C: 23—Dea Johnson, 25—Dorothy Muller, 26—Fran Griswold

Flight D: 26—Mary Skennion; tie at 27—Esther Lang, Jackie Page; 28—Deb Phillipson

Chip-ins: Dea Johnson, Ginny Huckel, Bev Ovrebo, Mary Lyon, Phyllis Carty, Vel Rose, Maureen Brooks, Agnes Lindley, Sandy Chase

Scotch Twosome • A and C, B and D

May 2 • Gross

Flight 1: 82—Mary Lyon and Shirley Smagner; 91—Joan D'Addio and Esther Lang; tie at 92—Bev Ovrebo and Deb Phillipson, Harriet Brower and Ginny Huckel

Flight 2: 95—Norma Cleveringa and Lena Sneed; 96—Fran Griswold and Jackie Page; 97—Sylvia Mark and Louise Suver; 101—Doris Holman and Mary Skennion

Net

Flight 1: 65—Lou Borders and Glenna Swank; tie at 66—Dorothy Muller and Valerie Smith, Helen Bextermueller and Sandy Chase; 67—Andrea Flannery and Nancy Zielinski

Flight 2: 61—Phyllis Carty and Betty Crippen; 63—Helen Foskett and Carol Johnson; 66—Peggy Grady and Phyllis Jarskey; 69—Ruth Border and Flo Emanuel

May 9

Rain cancellation ☹

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The Travelors

Jo Apperson

In April, 48 members and guests of the Travelors enjoyed challenging golf and great times with good friends.

Our hosts, Andy and Bill Flannery, did a wonderful job planning and organizing this annual three-day spring outing. Inn on the Lake in Sebring was our home base. Bev Ovrebo, Bob Carter, Carl and Judi Zeiler were our guests.

The south course at Highlands Ridge was the course we played on the first day. Carl Arnold and Connie Shirley won closest to the pin honors. Our game for this day was 1 best ball on par 5's, 2 balls on par 4's and 3 balls on par 3's. The team winners were:

1st: Roy and Marge Myhr; Carl Arnold, Phyllis Jarskey; 2nd: Larry and Sandy Chase; Mary Lyon, Bill Daugherty; 3rd: Paul and Georgette Perrault; Paul and Pat DelVacchio; 4th: Andy and Bill Flannery; Bob Carter, Mary McAtee; 5th: Bill and Linda Bervinkle; Bev Ovrebo, Dick Hess; 6th: Cal and Jo Apperson; Mike and Mary Driver; 7th: Chuck and Nancy Nicholas; Fred and Esther Lang

On April 11, the game was Net Team Points, which was played on the North course of Highlands Ridge. The winners of the closest to the pin were Paul DelVacchio and Phyllis Jarskey. The team winners were:

1st: Paul and Pat DelVacchio; Phil and Connie Shirley; 2nd: Cal and Jo Apperson; Bev Ovrebo, Dick Hess; 3rd: Art and Barb Buecher; Mary Lyon, Bill Daugherty; 4th: Bill and Andy Flannery; Roy and Marge Myhr; 5th: Bill and Linda Bervinkle; Mike and Mary Driver; 6th: Carl and Judi Zeiler; Carl Arnold, Phyllis Jarskey; 7th: Rick and Joan D'Addio; Doug Coleman, Elsie Calabrese

2 Best Balls was the game we played on our final day at the River Greens Golf

Course. Closest to the pin for the men was won by Paul Perrault and Linda Bervinkle and Joan D'Addio shared the honors for the women. The team winners were:

1st: Art and Barb Buecher; Doug Coleman, Elsie Calabrese; 2nd: Bill and Linda Bervinkle; Cal and Jo Apperson; 3rd: Art and Virginia Broman; Fred and Esther Lang; 4th: Rick and Joan D'Addio; Bev Ovrebo, Dick Hess; 5th: Carl Arnold, Phyllis Jarskey; Mary Lyon, Bill Daugherty; 6th: 6th- Larry and Sandy Chase; Andy and Bill Flannery; 7th: Roy and Marge Myhr; Mike and Mary Driver

Our next outing was at Lakeside Country Club on May 12. Art and Virginia Broman were our hosts.

Our annual fall three-day outing will be at Orange County National Golf Center on September 11 through 13. For further information contact our host, Mary McAtee.

Bob Carter, Bev Ovrebo and Ed Noe were guests of the Travelors on May 12. It was a beautiful day to be playing golf and Lakeside Country Club provided a great course and excellent food for all 40 golfers. Bill Bervinkle and Valerie Smith were our winners for closest to the pin on hole number 2 and the game for the day was 1 ball on par 5's, 2 balls on par 4's and 3 balls on par 3's. The team winners for the day were:

1st: Paul and Georgette Perrault; Ed Noe and Valerie Smith; 2nd: Phil and Connie Shirley; Don and Margie Hink; 3rd: Art and Virginia Broman; Gene and Mary Sohler; 4th: Bill and Linda Bervinkle; Larry and Sandy Chase; 5th: Cal and Jo Apperson; Doug Coleman and Elsie Calabrese

6th: Rick and Joan D'Addio; Mike and Mary Driver.

Our next outing is on June 9 at Rainbow Springs Country Club with Mike and Mary Driver being our hosts.

Remember to contact Mary McAtee for information on our annual fall three-day outing on September 11, 12 and 13 at Orange County National Golf Center. ☺



Shuffleboard
Claude Servais

Another year of league shuffleboard is over. A year in which we have met new people, made new friends and hopefully improved on our game.

For some of us, shuffleboard was a new experience. One that hopefully proved enjoyable. Some of us have made great strides, while some of us are barely showing signs of improvement.

But the aim of the game, while of course trying to improve, is to enjoy ourselves, the company we enjoy playing with, and get great exercise.

It is refreshing to see the camaraderie that exists within teams.

To that end, the Tuesday P.M. Team had 26 members attend a luncheon in April at the Golden Corral. The occasion was to celebrate the end of a fun year of play and socialization with fellow residents.

Certificates were presented in a number of categories, such as days attended, games played and games won.

One exceptional player being a good sport was honored as the "Having the lowest average percentage per games played." Needless to say, he will remain nameless in this article.

We all had fun, and the reunion ended by "ALL" signing up for next September.

On the same note, the Wednesday P.M. Team had a lunch party at the Olive Garden in May.

This event was attended by 25 people, representing 100 percent of the team, along with their significant others.

Fortunately, the other patrons of the restaurant did not know who we represented, so the noise generated will not reflect adversely on the Shuffleboard League.

Now that the official year is over, we should not forget that there is still shuffle-

board playing time during the summer.

There is still semi-organized play on Tuesday at 9 a.m., Thursday at 6 p.m. (10 pin with George Hajjar as coordinator) and Thursday a.m.

Anyone interested, just show up and enjoy.

Last month, I promised to talk a bit about the rules and etiquette of the game.

Although some players may think they can play according to their own rules, it is important to note that there are official rules sanctioned by the Florida Shuffleboard Association Inc.

During the summer months, I will review some of these rules for our better understanding of the game.

It is also noteworthy to note that this association was formed on December 12, 1928, at the Mirror Lake Club, St. Petersburg.

This month, we will review Rule #1

1.) Players who play the first game with the Yellow discs, will change color and play the second game with the Black discs. If a third game is played,

1a.) Before practice round begins, each player may shoot two (2) discs only to check the speed of the court.

1b.) Two full rounds of practice on your assigned color are allowed before the first and second games, and no practice allowed before the third game.

1c.) In doubles, partners shall play on the same color at both ends of the court.

1d.) In doubles, players may change once immediately at the conclusion of the practice rounds, before the first game begins. Team assigned to the Yellow discs must decide first whether to change ends or not, and the decision stands for the match, after which the team assigned to the Black discs must decide whether to change ends or not, and the decision stand for the match.

These notes were taken from a pamphlet published by the Florida Shuffleboard Association, Inc., adopted March 1999.

These rules apply to tournaments and of course also serve as guidance for all club play.

Next month, we will review additional rules, along with violation penalties.

The winners for the month of April were:

Men

Monday a.m.: Bob Schuck

Monday p.m.: Vito Chieco

Tuesday p.m.: Joe Veres

Wednesday p.m.: Tony Manzo and Joe Szabo

Thursday a.m.: Larry Chadwick

Friday a.m.: George St. Denis

Ladies

Monday a.m.: Helen DeGraw

Monday p.m.: Mary Gackowski

Monday p.m.: Vito Chieco

Tuesday p.m.: Eleanor Krowka

Wednesday p.m.: Elaine Servais

Thursday a.m.: Helen Monsees

Friday a.m.: Eileen Kreps and Lela Manross ☺



Artistic Crafts & Gifts
Loretta Troutman

We're on the countdown now. By the time that you read this, our Tuesday mornings in the Health & Recreation Ballroom will be over for the summer. We will return on Tuesday, September 5, from 9 a.m. until noon. Be assured that over the summer our crafters will be looking for new ideas for your shopping pleasure.

You will want to be sure to come and see our newest crafter. Beads of My Heart by Elizabeth designs beautiful jewelry with crystal and opalescent beads. Her workmanship is outstanding.

Have a wonderful summer. We'll see you in September! ☺



Photo by Larry Resnick

Community Patrol Wants You!

Ann Berger and Jacquie Page pose with the Brian Litz memorial at the SR 200 Sheriff's Department substation. if you would like to volunteer with the Community Patrol, call Joe Berger at 237-7185.

DRINKING WATER NOTICE

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of daily monitoring are an indicator that our drinking water meets health standards.

What This Means

During March 2006 we did not complete all monitoring for coliform bacteria. There is nothing you need to do at this time. The table below lists the contaminant(s) we did not properly test for, how often we are supposed to sample for it, how many samples were supposed to be taken, how many samples were taken, when samples should have been taken, and the date on which samples were taken.

Contaminant	Sampling Frequency	When all samples should have been taken	Number of samples that should have been taken	Number of samples taken	When samples were taken
Coliform Bacteria	Monthly	March 2006	7	3	February 28, 2006

Steps We Are Taking

Four (4) Samples were taken February 28, 2006, and submitted for testing March 1, 2006. This was intended to meet the requirement of the first cycle of compliance testing for March 2006. In the future, all samples taken will be tested during the same month.

For more information, please contact Randy Schommer at (352) 854-0844.

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Billiards
George Tookmanian

The Billiards "A" team captured the trophy for first place in the Marion County Men's Traveling Pool League for the 2005-06 season, and there are a couple of plaques on the wall near the bulletin board that will record their achievement.

We all congratulate team captain Ray Stover and his "merry men," Ralph Costa, Fred Adolph, Arno Scheider, Rich Impresa, Gene Hueber and Sam Todaro. These men played superbly. They had to because they beat out some talented players on the opposing teams. Yes, there were players of extraordinary ability on every entry, and you can bet they were after our "A" team, including our "B" team. I know, because, we on the "B" team were trying our best to upset them when we took them on.

The "B" team finished next to last; however, we showed up on time, engaged in some close matches and never gave up even when outclassed by some of the "pros." We want to thank Uncha Yoo for excellent work keeping score at most home games, a tip of the hat to you, Uncha!

The league held a meeting recently, and made plans for the 2006-07 season. I'm sure the "A" team will be an entry, but the "B" team entry is questionable. We'll see.

Penny Wilson has informed me the results of the April 17 Ladies Billiard Tournament.



Kathy Lorenzo and Evelyn Wharen won first place in the April 17 ladies billiard tournament.

ment. Kathy Lorenzo and Evelyn Wharen took first place; Penny Wilson and Judy Perry, second place, and Polly Farineau with Ruth Lynch were third. Nice "cueing," ladies. You keep getting better all the time, so keep up with the practice!

I cannot report the outcome of the mixed doubles event as that takes place after the deadline for the submission of this column. Perhaps in next month's issue. This is open to all residents and promises to be a fun event. If it goes over, we'll do it again.

The reader may contemplate the following to become an enlightened billiard nut, ahem! When the player goes to make the 8-ball to close out a contest, strange things happen! Sure the talented players "sink" the black sphere easily, no sweat, but where does that leave the less skilled player who misses the shot or other misfortunes befall the hapless shooter, such as scratching, wrong pocket, following the 8-ball into the same pocket, etc., etc.

I'll tell you some reasons why: the 8-ball moved, my cue stick is warped, I did not chalk up, I got cheap chalk, I over cut the stroke, or undercut the stroke, why did I take up this game? Anybody wanna buy a cue stick?

I guess I did not practice enough. OK, as soon as I finish this sentence it's off to practice! Keep your tip chalked up! ☺

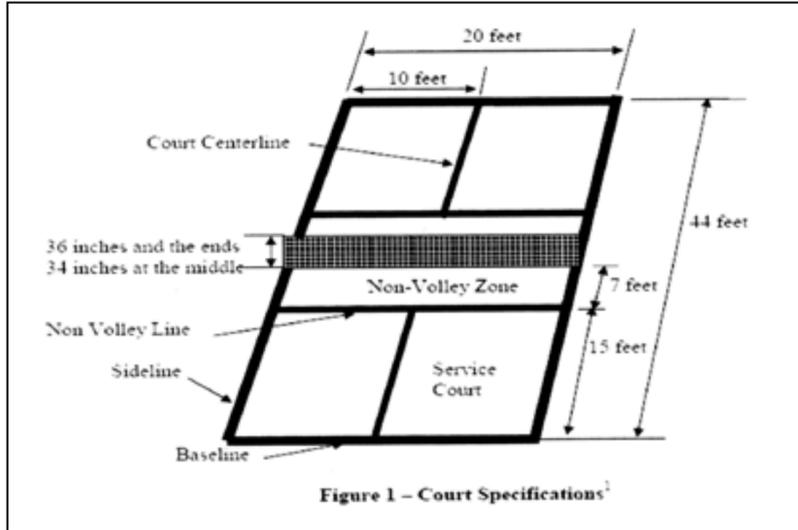
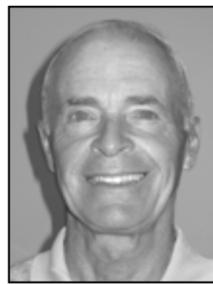


Figure 1 - Court Specifications¹

From 'The Official Pickleball Handbook' by Mark Friedenberg



Pickleball
Luke Mullen

Pickleball is growing here at On Top of the World! It may be because of the new and additional resurfaced courts, new hours for summer time play, or the possible use of playing under the lights in the evening on court No. 1 and No. 2 at the Health & Recreation courts.

The results are that more new players have shown interest in playing pickleball. These include both new residents as well as current residents. This fun court game as was described in last month's pickleball article is played with a ping-pong type paddle. This paddle is a solid paddle (as opposed to a string type racket) and comes in three types of construction. They are wood, composite and graphite materials. These paddle types vary by weight, size and cost.

Here at On Top of the World we have wooden paddles available for people interested in trying pickleball out for the first time. These paddles are available free for your use. If the game is something you would like to take up and play, guidance on selection and costs for your particulars needs to be available. The actual pickleball is a plastic sphere about 3 inches in diameter and numerous perforated holes. The balls come in different colors with the most common colors being white and yellow. We have many yellow balls at the courts that can be used by all participants or can be ordered separately for your own personal use.

In order for potential players to appreciate the pickleball game, the size of the pickleball court is shown in Figure 1 above.

Here at On Top of the World we have four pickleball courts. The markings for the pickleball courts are superimposed on the tennis courts. This allows the four courts to have multifunctional usage. Additionally, the tennis and pickleball players utilize the brand new tennis nets that were included in the recent upgrade of the facilities. The pickleball net size depicted in the court shown below may not be exact as the On Top of the World courts that were created utilizing the tennis court nets.

There are many different ways of playing pickleball. There are singles, doubles, two against one, and cutthroat as well as different court and handicap methods. We mostly play doubles or some type of two against one or cutthroat. Each is easy to play once you are shown how and become familiar with the rules. Current participants will gladly introduce new players to the methods of playing the game.

Next month we hope to cover the basics of the game. Beginning this month we plan on providing a Tip of The Month from our resident expert, Bill Daugherty.

If you would like to try pickleball you can just show up at our current scheduled times of 6:30 p.m. on Sunday, Wednesday and Thursday evenings or for more information about the game please contact Luke at 291-8625. Recent members joining our pickleball group were Jack Fey and Margaret and Steve Hanrahan.

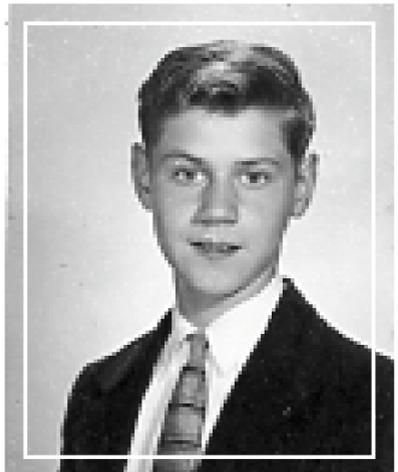
Pickleball Tip
Bill Daugherty

In doubles, the two players on the serving team and the opponent receiving the ball usually start at the baseline. Why? To accommodate the double-bounce rule and enable all three of these players to retrieve a deep shot. The forth player who is not receiving the serve should position himself close to the non-volley zone since that is the strongest position. It is assumed that the receiving partner will move up to the non-volley zone as soon as possible after hitting the ball.

When playing doubles, you can stand close to the centerline or in the center of your half of the court, whichever you prefer. In fact, it can be a good idea to change your serving position frequently, varying the look and angle of the serve to keep your opponent off guard.

Play hard but have fun. Mr. Bill ☺

Who in the World!
By PAT WELLINGTON



Shutterbugs Photography Club
Marilynn J. Cronin

The Shutterbugs had interesting and educational speakers last month. Jools of Ritz Camera spoke about photo files: file saving, sharing, pixel sizes, and e-mailing. At another meeting, Paul and Ruth Felschow, who live in Providence, gave us wonderful matting and framing ideas that will help us to display our photos to their best advantage.

Our members attended the First Annual Cool Springs Ranch Balloon Classic and Celtic Festival in May. We are working out the details of a "shoot" at Dr. Thomas Lane's Equine and Small Animals hospital and/or his ranch; a visit to Homosassa Springs; and a clogging exhibition.

The Shutterbugs' first photo exhibition and reception will be the week of November 5 through 11. There will be member photos grouped according to different skill levels and events—something for everyone—so mark your calendars and come out to vote for your favorites.

Our bi-weekly meetings will continue throughout the summer with educational classes on subjects such as nature photography, still posing, etc., given by guest speakers, professionals and owners. Shutterbugs prides itself on the sharing of knowledge that goes on in our meetings. We are all taking better photos and look forward to continually learning new photo tricks and techniques.

All On Top of the World residents at all skill levels are welcome to join. If you are interested in learning how to take "better" photos of your grandchildren, pets, landscapes, etc., or would like more information about Shutterbugs, please contact Gary Uhley at 854-8536 or e-mail at guhley@cfl.rr.com. ☺

Clue

He sang his way to the top of the world. See answer on Page 27.

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100 Grandparents
Barbara Greenwood

Another school year has come to a close, and we "grandparents" are truly sorry to see it end. Our last visit on May 11 was just wonderful. There was a lot of excitement, and the children seemed to be bursting with enthusiasm. As I am writing this, the children only have five more days of school, but those five days are filled with activities that the students are looking forward to.

Because some of our group have returned north for the summer, we had many openings to fill to ensure a "grandparent" in each of the 43 classrooms. But, we did it. Our May newspaper article brought two new readers: Jane Geary and Mary Hord. Margitta Claterbos invited Mary Hensley and Betty Broman. Verna Wilson recruited Jean Flynn and Barbara McArdle. Nancy Mudge heard the plea at Mah Jongg and volunteered to come. Helene Sternberger answered a very early morning call and agreed to fill in. Gwyn Champlin and Bill Shampine, who helped out last month, returned for a repeat performance. Wow! Thank you all so much. You've made our visit a success.

Janet Williams, the principal of Romeo,

is retiring, and we will miss her very much. Over the past five years that she has welcomed the "grandparents" to her school, we have come to learn a little about her and have seen her always-gracious style. She has been employed for 35 years with the Department of Education. When you see her performing her job, you see a person who is caring, considerate and loving to all of her students.

We are very happy to tell you that Mrs. Williams' successor is Kathy Hultman who has been serving Romeo as assistant principal. With her warmth and enthusiasm, her diligence and determination, we see Romeo continuing on as a top-notch school. She truly deserves and has earned the title of principal. The "grandparents" are looking forward to the new school year with Mrs. Hultman at the helm.

Much has been achieved because of you, the On Top of the World residents, who have been so kind and generous in your support of our goal to encourage children to read so that they may see there is a whole world out there for them to explore. Your donations of food for the backpack program, the labels for education, pencils, books, underwear, socks, knitted hats and mittens have contributed to the betterment of these young children's lives. Add that to the volunteers who go out to Romeo and share their love and talents by interacting with, reading to and sharing many laughs all around. You have a positive, wholesome effect on futures of the students. Thank you, On Top of the World residents. You're the best.

Please continue to bring your Campbell soup and General Mills labels for education to the Health & Recreation Center, and put them in the "Red School House" under the stairs in the lobby, and we'll continue to collect them and deliver them to the school.

If you would like to learn anything more about the 100 Grandparents, call me at 873-2819. We will be back in school in September. Have a wonderful summer. ☺



Outgoing Travel Toppers officers Esther Reichel and Eileen Vanderbosch were honored at a May ceremony.



Travel Toppers
Jo Swing

Officers for the 2006-07 year were elected at the May meeting of the Travel Toppers. The officers are Audrey Mangan, president; Joan Connolly, second vice president; Richard "Pete" Peterson, treasurer; Paul Wilson, assistant treasurer; Jo Swing, recording secretary; Arlene Holliday, brochure secretary; and Jerry Thompson, publicity secretary.

There was a short ceremony during the meeting honoring two of the outgoing officers: Esther Reichel, treasurer, and Eileen Vanderbosch, secretary. Due to health con-

siderations both longtime members are stepping down. The president, Audrey Mangan, presented both women with framed certificates of appreciation for their many years of unselfish service to Travel Toppers. In addition to the framed certificates each was presented with a special gift. Eileen Vanderbosch was given a lovely silk flower arrangement and Esther Reichel received a gift certificate to The Mason Jar restaurant.

The summer brochure is available now at the Health & Recreation Building and at the various neighborhood mail box locations. A new brochure will be issued in the fall. All snowbirds and vacationers please note, if you want the next brochure mailed to you, please give a Travel Toppers officer a self-addressed stamped envelope with the time period you will be away written on the inside flap.

Many fun events with Travel Toppers are coming up for the summer, including a trip to the Tampa Bay Performing Arts Center on July 1 to see "Menopause, the Musical;" on August 17 the musical revue "The Fabulous 50's and 60's;" and a shopping trip to International Mall in Tampa on August 29.

If anyone is interested in the Father's Day on the Rivership Romance Cruise on June 18, call the coordinator, Irene Plow at 873-6274 to check if space is available. ☺



International Club
Bill Shampine

Periodically the International Club will host a potluck dinner as the primary activity for one of its monthly meetings. Such was the case in April. It was a wonderful event with lots of food — all delicious! The food brought by the members truly was outstanding and, as the evening progressed, the air was filled with groans of gastronomical fulfillment and many calls for recipe exchanges. We all enjoyed the outstanding food and, more importantly, the opportunity to share good times with friends.

Not having a featured speaker at the April meeting, however, left a void of discussion points for this article. After much thought, this writer decided to write a short article on Iceland. A close friend thoroughly enjoyed a visit to Iceland a few years ago, so it seemed like an opportune time to alert you to possibilities beyond the more common trips to the Caribbean, Mexico and Europe. It also is gaining in popularity as a tourist venue. Much of its popularity is due to its natural features, which include glaciers, hot springs, geysers, active volcanoes, portentous peaks and vast lava deserts. In addition to its expansive and intriguing landscape, it has a rich history and folklore tradition.

Iceland is located in the North Atlantic Ocean just south of the Arctic Circle. It is about halfway between Canada and England and is considered part of Europe. It was settled by Norwegian and Celtic (Scottish and Irish) immigrants during the 9th and 10th

centuries A.D. After 300 years of independence, Iceland subsequently was ruled by Norway then Denmark. Limited home rule from Denmark was granted in 1874, and complete independence was attained June 17, 1944. It is a small island, about the size of Kentucky, with a population in 2006 of 299,323 people. A reflection of modern days is the fact that in 2004, there were 290,100 cell phones on the island, essentially one for everyone!

Iceland, the country with the chilly name, may not be as cold as you might suspect. Warm Atlantic currents keep the harbors from freezing and help give the land a green cover of moss, grass and shrubs most of the year. The land is a splendor of natural beauty. Because it is on an active geologic fault zone, there are many volcanoes and geysers (an Icelandic word) present, and significant portions of the land literally steam with multitudes of hot springs. The widespread availability of geothermal power and the numerous rivers and waterfalls that are harnessed for hydropower, provide residents of most towns with hot water and home heat for a very modest cost. In spite of the massive heat sources on the island, one eighth of the land mass still is covered by glaciers.

Reykjavik is the capital of Iceland and is the northernmost national capital in the world. Almost two thirds of the population live in Reykjavik, with most of the rest of the people living along the coast. The coast is a popular place to live because much of the interior is marginally inhabitable plus living along the coast facilitates support of the huge fishing industry, the major industry of Iceland. Iceland's literacy rate is among the highest in the world, and the love of literature, art, chess and other intellectual pursuits is widespread. Culturally, Icelanders are very independent and self-reliant. They are proud of their Viking heritage and language, which remains close to the Old Norse spoken in the Viking Age! As a society, Iceland also is very "women friendly," with many women in leadership positions in government and business. Women retain their name after marriage.

The International Club will not be meeting during the summer. Our next scheduled meeting is September 11, the second Monday of the month. Have a good summer. ☺



Ocala Clown Express
Julia Brandt

Greetings from the Ocala Clown Express' newly appointed press secretary. As many of you know, this article has been written for some time by our dear Cricket, Ferrel Van Horn. We owe her a great big clown hug and many thanks for a job well done. We will miss her, but "we'll keep the light on" just in case she wants to resume her spot.

Ocala Clown Express has finished up another year of conducting the safety instruction for the Pediatric Orientation Program for MRMC. Classes are conducted on Thursdays throughout the school year for Marion County first graders. The children are such a treat and it is so rewarding to participate in the program. However, it takes a dedicated core of clowns to keep the program running for the entire school year. Our hats off to Dotsy, Patch, Checkers, Sweet Pea, Cricket, and (back again!) Sparkalena. This core of clowns ensured that the "show went on" every week for the entire school year.

During April, Ocala Clown Express was quite busy. Starting off the month a few of our clowns performed skits and sculptured balloons at Marion Landing for a 90th birthday celebration. On April 7 we really had to spread ourselves thin (don't we wish) to cover three "gigs" in one day: The Storytelling Festival for the Marion County School District, Relay for Life at Trinity School, and an Easter party at the Moose Lodge. Whew. But fun!

On the 15th of April we participated in another Easter celebration at the Fore Ranch and on the 22nd we joined others at the Flutterby (oops!) the Butterfly Festival tattooing and ballooning. We rounded out April on the 29th at the Trinity Lutheran Church face painting, tattooing and ballooning.

Again in May our skills in face painting, balloon sculpting and skits have been requested for a number of celebrations and get-togethers — but more about those next month. I'm just getting my feet wet and trying to fill those big clown shoes of my predecessor.

Now that the weather is starting to steam up the clowns are looking forward to some R&R with a lighter schedule throughout the summer months. Needless to say, during the hot weather we're especially fond of indoor, air conditioned engagements. We won't remain idle though during these upcoming hot months. We'll still be getting together to handle our funny business and participate in "professional training." We have a number of new clowns who are eager to clown around and we are tickled pink to have them join us.

Until next month, remember if you would like to join us — now is a really good time because we're training new members — we would welcome you. Please contact Carol "Dotsy" White at 873-9223. ☺



D'Clowns
Paula Magen

D'Clowns are still reeling from Eggstravaganza, Signature Brands annual children's Easter event. It's one of the biggest events that we do each year. Would you believe that we face painted, tattooed and made balloons for hundreds of kids! Katherine Anshawitz, aka "Skittles," made her debut with D'Clowns. "Ellie" looked terrific with her new green Afro wig. "CoCo" was most attractive with her clown Easter accessories and "Nelly Belly's" floppy hat was a hit. "Sunflower" (me) was made up with a bunny face and rabbit ears. "Sparkles" not only looked terrific but also did a super job face painting for the first time. She also made up Skittles' face.

We continue to do shows for Summer-ville's memory support unit and they would like us to continue through the summer months. They look forward to seeing us, hearing our songs and participating with us. They love tossing balloons with us and have gotten good at it. They never seem to get tired of our skits, new and old. Last time we celebrated four birthdays. D'Clowns enjoy the residents and enjoy the continuity of monthly visits.

When we visited beautiful Marion Woods, an independent living residence, we performed in the dining room and were then invited to join them for a delicious lunch. It was neat getting to chat with the residents

during lunch. We even met Maria, a former On Top of the World resident. We also met a retired clown who got into the act with us. Sunshine and BoBo were terrific; such natural clowns. We look forward to returning there.

The 2006 March of Dimes Walk America's goal was \$500,000. It was the 30th year of the local effort fundraiser for research and prevention of birth defects and premature babies. At the end of the seven-mile walk lunch was catered by Sonny's.

As always D'Clowns were there at the balloon arc finish line equipped with water guns to cool off the walkers. It was good fun and such a worthy cause.

JoJo and Sunflower participated in the TimberRidge Nursing and Rehab Center's Volunteer Appreciation buffet breakfast. It was so good! Pictures were taken and certificates and gifts awarded. As always, great effort was given to the decorating of the room and tables settings.

At this time I would like to introduce new clown "Skittles," aka Katherine Anshawitz. She has taken to clowning as a duck to water. Katherine has lived here for two years with her husband, John. They moved from New Hampshire. Katherine was born in Boston, Mass. They have five children, 16 grands and seven great grandchildren. Wow! She likes clowning because it's fun and it contributes to the community. Katherine is involved in clogging, Red Hatters and aerobics. She will be an asset to the group.

June will be a busy month. In addition to Summerville, we will be at the Marion ARC fundraiser to face paint and tattoo the children. D'Clowns will also be doing two days of "Clowning for six and seven year olds" for children in summer school.

D'Clowns always welcome new clowns. We are a fun group. Check us out. This pertains to "boy" clowns as well. We know there is a clown inside you just bursting to come out and we will teach you all there is to know about clowning.

Come to our meetings the first & third Mondays of the month at 1:30 p.m. in Suites B and C of the Arbor Conference Center. For additional information, call Paula at 873-3433. ☺

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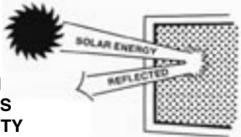
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Northern Lights Club Patty Bourgault

Northern Lights Club is happy to report that we had another great evening meeting followed by a chocolate fondue party and Pictionary played in a game format. We had 30 members in attendance, four new members signed up and some guests who ex-

pressed an interest in joining.

Hats off to our hostesses, Jeanne Wells and Sue Joyce, for making the delicious fondue and for decorating the tables with fresh flowers. Also a big thank you to the participants who did a great job of drawing and guessing. Prizes were awarded to the winning team. The 50/50 drawing was won by Al Wells. Other door prizes were lottery tickets.

Our next meeting will be June 10, followed by dessert and the "Not-So-Newlywed Game" hosted by Gigi Petta. Please bring your favorite dessert. We are also planning some fun things for the future.

On June 26 we will have our first mini Mah Jongg tournament for fledgling players with a year or less experience. It will be good preparation for the big tournament in the fall. For more details, please call Barbara McArdle at 369-1220.

Some of our activities are Mah Jongg, shuffleboard and bocce. For more details call Gigi Petta.

If you would like to join our club please call Patty Bourgault at 861-9773 or Barbara McArdle at 369-1220. Our dues are \$5 per person per year. ☺



Southern Club Charlotte Hancock

Dear Southern Club Members: This is my last article for this season and as president of the Southern Club.

I have truly enjoyed the past three years. We have had fun and some very good entertainment along the way. Remember the singer, George Locke. He had all of us rocking to "Elvira." The Amazing Steel Drum Band returned twice to entertain us with their great music. Our lovely Alabama girl, Linda English-Holland, sang a number of songs in tribute to Patsy Cline. She returned and performed all those beautiful Southern songs for us at our "Salute to the South" program. We have had singers, dancers and clowns. All were wonderful and we enjoyed having them entertain our club.

We gave two Mother's Day gifts, which were photo albums from a random drawing of our nametags. To the men in recognition of Father's Day we gave two sets of flashlights in case the power goes out this summer, they will be prepared.

Installation of officers in our club is always fun. We work in reverse, with incoming officers get the gift. Jeanne Stanley, president, bag of cornmeal (cannot wait for the cornbread); Charlotte Hancock, vice president, pretty blue sunglasses for the cruise; Donna Howe, secretary, miniature typewriter (Joan said it was too hard to use); Jean Monroe, treasurer, mini-calculator (as if she doesn't have enough).

We wish all our club members and the residents of On Top of the World a safe, healthy and happy summer wherever you may roam. Look forward to seeing all of you in September when the clubs start a new year. ☺

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Fellowship Bible Study Alice Geyer

Just as many people are beginning their annual summer vacations and trips, the Bible Study group also will be taking a break.

The meetings will resume September 11. At that time Suzanne Jeansonne has agreed to lead the studies. We are grateful that Suzanne will share her Bible leadership experience with us and look forward to resuming our weekly studies.

New participants are always welcome. We meet in Room 3 in the Craft Building each Monday at 3:30 p.m. for one hour.

For more information call Alice Geyer at 237-3059. ☺



Pennsylvania Club Pat Utiss

All those who attended Jai Alai had a good time. No one won a lot of money, but a few came out ahead. We heard reports of money won by Messners, Kreps, Astelfords and Rickerts. Let me guarantee the readers and the IRS, neither this columnist nor her spouse were among the winners. Assuming there is still Jai Alai at the Ocala Jai Alai, we will be going again next April.

Our annual picnic was a huge success. As usual, the good cooks (both men and women) from our club outdid themselves. There was plenty of delicious food. Both the egg toss and the balloon toss ended in a tie. Joan and Tom Messner and Lou and Janet Wahl won the egg toss. Skip Powers and Larry Wilver and David and Eileen Utiss won the balloon toss. Several bingo games were played and various members took home prizes.

Every year, at our Christmas party, the first door prize is a basket full of products from Pennsylvania. Hazel and Elmer Radabaugh have volunteered to pack the basket this year, so if you are traveling to Pennsylvania this summer, please consider bringing back some things to donate to the basket.

We will be taking June, July and August off, so mark your calendars now for our September meeting. It will be held, Wednesday, September 13, at 3 p.m. in Suites E and F of the Arbor Conference Center. We will be playing Bunko. We hope to see you there. Have a great and safe summer. ☺

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Irish American Club C.M. Casey

As this article goes to print we will be celebrating our last event until the fall. Judging from the ticket sales, a good time is in store for those attending. Next issue I will be covering some of the upcoming events planned for the fall and it looks like we have some good entertainment lined up.

For those who are curious about how our club was established, let's travel back a couple of years.

Our first organizational meeting was held on January 26, 2001, hosted by Ted Donovan and Bob O'Neal who were the co-founders. Our first officers were: Bob O'Neal, president; Pat D' Auteuil, vice president; Guy White II, secretary; and Paul Cleary, treasurer; with Anna T. Rauscher, publicist.

Mary O'Neal and Kate Donovan, Chris and Pat Steel, Mary Culbertson and Peg Campbell, Tom Morgan, Pat Benson and Bridget Hughes, Joyce Mackey and Mary Donovan along with 56 members helped start a solid foundation for our club.

In 2003 we inaugurated a second slate of officers who were: Dan Bub, president; Bob Mullarkey, vice president membership; Ernie McLaughlin, vice president programs; Joe O'Brien, treasurer, with Anna T. Rauscher, publicist. They stayed in office until 2005 which brings us to your officers today: John Dieckman, president; Marge Moore, vice president, and Joe O'Brien, treasurer; with C.M. Casey, publicist.

We have close to 250 members but can always use a few more. Come out, join us and have fun. To the new residents of Candler Hills, Indigo and Avalon once you get settled please come out and join us.

To all who are traveling this summer have a safe trip, and we will see you in the fall.

Until next time "May your troubles be few and your blessings be more." ☺



New York/ New Jersey Terry Zarrella

April's meeting featured the "Swingin' Singin' Seniors" and I'm sure all those who attended the meeting noticed that many members were missing. Three cruises were out that week including the cruise we were on with two other couples. Everyone enjoyed their respective cruises. The "Saint" (a/k/a my husband Andy, who by the way will be this month's "member of the month") was exhausted by the time we got home. We won (for the fourth time on a cruise) first place playing the "Not So Newlywed Game."

Andy keeps himself quite occupied play-

ing softball with the On Top of the World softball men. Andy plays three times a week and one year he was known as the "home run king." He volunteers at our meeting doing 50/50 and helps out in other areas when needed. He is an avid reader, loves crossword puzzles and is a fantastic jumble player. We have lived at On Top of the World for almost six years and have been married for 46 years.

By the time you read this article we will have held our May meeting featuring our "Fourth Annual Not So Newlywed Game." I will tell you all about it in next month's column.

At June's meeting we will be celebrating our end of the year party. Judy Furfaro will be our entertainment in June with karaoke where members volunteer to sing along and just have great fun participating. The club will be supplying (free of charge to members) Quiznos subs, soft drinks and dessert. It is our way of saying thank you for being loyal members to our club all year. We hope you will try and be there in June as it is our last meeting of the season. The club will gather again in September. I will keep you informed through this column.

To all those traveling north for the summer we wish you a safe trip up and back and to everyone on vacation we wish you a great time with lots of happiness and joy.

I leave you with this month's thought of the day: "Laughter is the only thing that doesn't come in a bottle and it's free." ☺



Great Lakes Club Aleta Klaras

Our last meeting of the 2005-06 season was in May. For refreshments, we enjoyed barbecue sandwiches, chips, dessert rolls and soft drinks.

President Mary Jo Hammond also thanked the many who had turned in the questionnaires with many great ideas for next year's meetings.

Returning officers who were reinstated were president Mary Jo Hammond, vice presidents Rosemary Klosterman and Kay Chandler, and treasurer, Gloria Hilt. Pauline Sinsky was installed as the new secretary.

We played bingo for entertainment with great prizes for the winners.

Pauline Sinsky will be your new reporter in the fall.

The September meeting will be on September 5, the day after Labor Day, in the Health & Recreation Ballroom at 3 p.m.

Have a great summer! ☺



Singles Club Mary Carol Geck

Hi! It's me again, Mary Carol, writing the Singles column while Garda is in Canada for the summer.

I attended the Singles board meeting on May 4 and learned we have 81 members. All you singles at On Top of the World should give us a visit in September. We are a great club and have interesting and fun meetings, and also great mid-month activities.

Our installation luncheon on May 11 held at Juliette's in the Rainbow Springs Country Club was very nice — good food, good friends and good entertainment.

Our new officers for the coming year are: Diane Kiroi, president; Larry Hill, vice president; Carly Cavanaugh, treasurer; Nancy Grant, secretary; and Mary Vedder, membership. Sally Kohl conducted the very nice installation ceremony.

My next article for the Singles Club will be in the September paper as we are pretty well shut down for the summer. ☺

Angelina Limlingan, M.D.

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In the Spotlight
Pat Wellington

Carol and Bob Berta

On a recent cruise I met a warm and charming On Top of the World couple, Bob and Carol Berta, whose laid-back demeanor belies the effort it must take them to board buses and cruise ships.

Bob, you see, has multiple sclerosis and is confined to a wheelchair. But they're determined to live as normally a life as possible and have plenty of friends to help them achieve that end. There's Ron Tiernan, for instance, who in workshop made several portable ramps for the Bertas' other friends and neighbors. So that now whoever's hosting a party or a card game just borrows one of the ramps and the Bertas are set for the

evening.

Both Carol and Bob hail from New York where Carol had a career in banking and Bob's career with IBM spanned 35 years in manufacturing, engineering and programming. In 1991 the downsizing company made him a retirement offer he couldn't refuse.

The Bertas are both great Italian cooks although Bob's limited now in that area. But he once made a killer Veal Marsala and the best tomato sauce Carol has ever tasted. "Using fresh tomatoes?" I asked. "No," Bob said, "I'm a semi-homemade cook like Food Network's Sandra Lee. After all, if cans were good enough for my mother, they're good enough for me."

In contrast, Carol is a start-from-scratch baker who used their screened in porch in New York in the winter as a giant refrigerator for her outpouring of baked goods.

She's also into crafts, one of On Top of the World's "happy hookers." The Bertas' living room walls display her beautiful creations, some in "bunka," Japanese embroidery.

In their many travels, I asked, did they ever encounter unpleasantness? Only, they said, when indignant people misunderstood their need to get down an aisle as an attempt to usurp their coveted end seats. At such challenging times Bob's ready with a comeback: "You know I'm only in this chair to aggravate you." But the barb is somewhat neutralized because he delivers it with his dazzling smile.

Carol underscores the fact that things don't always run smoothly. Once, when Bob



Carol and Bob Berta

was having pool therapy at Lifecare, Carol readied the wheelchair for his exit. Then the joystick jammed and the wheelchair propelled forward, dragging Carol with it. At the last minute she let go of it and it sank to the bottom of the pool. Because no one

was hurt, they look back on the incident as pretty comic.

I think who anyone who meets these remarkable poster children for coping with illness is enriched by the experience. I know my sister and I have been. ☺

52 Residents Cruise To Mexico

By LARRY RESNICK

Last summer this reporter was in the pool as usual and mentioned to some neighbor-friends that I was thinking of booking a cruise next April or May to the Western Caribbean, as I have never been to that area. Our friends said that sounded interesting and to check it out and to let them know what I find. Lo and behold, two other sets of friends overheard this conversation and said, "Yeah, Larry check it out and let us know also and maybe we will go along."

Coincidentally, other friends were on a cruise and when they returned they told about what a fantastic ship they were on that was being billed as the largest cruise ship in the world, was fairly new and sailed out of nearby Port Canaveral to the western Caribbean.

Upon checking further it was discovered that quite a few On Top of the World residents sailed on this cruise ship and had nothing but rave reports about the ship, the food, the service and the entertainment, which made me even more curious.

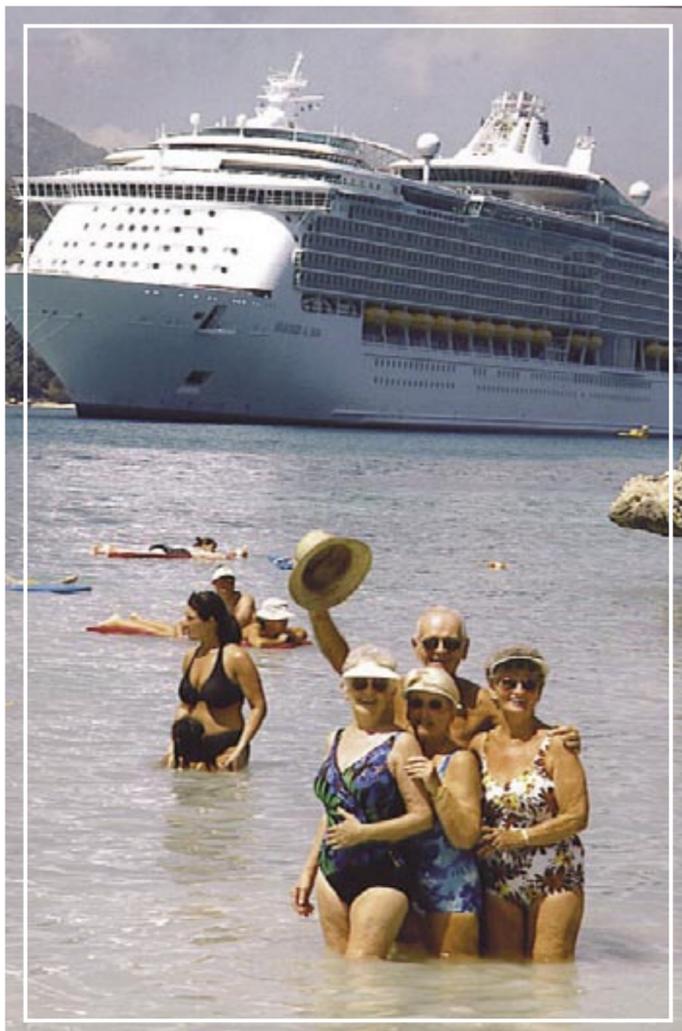
So I got busy and contacted two travel agencies to inquire about the ship and its itinerary and rates. By this time some 20 odd On Top of the World residents were expressing interest in tagging along as they also heard about this ship and wanted to join in. This now snowballed into a large group and I recognized that I needed special

attention for something like this. To make a long story short, I discovered a travel agency who specializes in group travel and had been on this very ship and highly recommended it. In about six weeks we acquired a total of 52 neighbors, which is a bus full. More wanted to join us but I felt responsible for all this and didn't want the group to grow so large that I would fail as I have never done anything like lead a tour group before. Our travel agent guided me all the way and everything went as smooth as silk.

The group was a fun bunch; we ate, danced, drank, partied, gambled, shopped, toured, spent lots of money and had lots of fun and loads of memories. The itinerary was Grand Cayman, Ochos Rios in Jamaica, Labadee Island in Haiti and Cozumel, Mexico, and back to Cape Canaveral. The ship was named "Mariner of the Seas" and was billed as the largest cruise ship in the world but isn't anymore as a brand new one just came into service, which is supposed to be even larger. Wow! Maybe next time on that one. ☺



Right: On Top of the World residents cruise to Mexico. Far right: Shirley Schopf, Chris Resnick, Pat Schroeder and Larry Resnick enjoy the warm water on their cruise.



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R/C Flyers
Jim Lynam

The On Top of the World R/C Flyers held their picnic on April 27. In spite of the predicted rain and 20 mph wind gusts, more than 80 members and guests attended and brought outstanding "covered-dish" food and desserts for the outing.

The club would like to thank chairmen Jim Lynam and Dave Serra for organizing and providing the burgers, dogs and beverages. The chairmen would like to thank the chefs Bud and Tomoko Albert and their assistant, also Dick and Karen Nace, for helping with the clean up, and all the volunteers that made the picnic "Just Plane Fun!"

At noon, several members demonstrated how pylon racing is conducted in the wind. The gusts took the planes out of their normal pattern for some very interesting turns navigating the pylon poles. To the enjoyment of the spectators, the high winds also played havoc with the participants of the ground events. The winner of the balloon burst was Larry Riehl, while the ground pylon race event winner was Herb Brokhof. Rosie and Jim Lynam were the winners of the lawn bocce tournament.

On behalf of the entire club, vice president Chuck Frederick would like to thank Sid and Adella Sherman for providing the coffee at all of the regular club meetings.

The On Top of the World R/C Flyers would like to wish happy Father's Day to all the men of On Top of the World. Gentlemen, we certainly hope that you enjoy your special day! Remember to proudly display the Stars and Stripes on Flag Day, June 14.

The new prototype starting table was constructed by Bob Trebilcock and is ready for use and evaluation by the members. The

club voted to construct five more tables for future use. Safety Officer Jay Hartz has received the new transmitter channel number tags for the impound board and will complete the replacement as soon as possible.

The On Top of the World R/C Flyers would like to welcome John Podkomorski, Joe Fanelli, Art Bartlewski, Gary Roseman and Dick Rose as our newest Model Residents at On Top Of The World. The club wishes the best of Lifestyle with Altitude to John, Joe, Art, Gary and Dick. The On Top of the World R/C Flyers wish to congratulate Hud Huddleston for earning his Solo Pilot award and wings. The "prestigious traveling trophy" was presented to Gene Trousil for the month of April. The Golden KEY award was presented to Bob Pilger.

The club is also in the process of purchasing additional On Top of the World R/C Flyers' hats and shirts. If you would like a new hat or shirt, be sure to talk with one of the officers. Glenn Angle reports that he still has some On Top of the World R/C Flyers' license plates available.

Members going north for the summer are reminded to give Bob Emery or Norm Wiley their e-mail and/or address while absent from On Top of the World so the club may keep them informed about events and important business items.

The second Saturday of the month breakfast held at the 105th St Methodist Church has been suspended until September.

All On Top of the World residents are always welcome to visit our R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meetings have been suspended for the summer and the next meeting is scheduled for October 2.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident! ☺



R/C LadyBirds
Carolyn Millard

The R/C LadyBirds new officers for 2006-07 had a luncheon at the Bella Luna Restaurant on May 12. Congratulations to president Mary Jo Wiley, vice president

Linda Ward, secretary Evie Hartz, and treasurer Bobbie Ellis. Former president Gloria Scicluna and founder of the LadyBirds was honored and presented with an engraved photo album, which contained pictures from 2003, the year of the founding of the LadyBirds.

The next official meeting of the LadyBirds will be held in October. During the summer, however, there will be some luncheons so that the LadyBirds can keep in touch.

Welcome to new LadyBird Diane Podkomorski.

Even though members will not officially meet over the summer, members are still involved in putting together a recipe book. Tekla Krause and Kay Snapp, the social chairpersons, will continue collecting these over the summer.

If any LadyBird has any idea about a social event, please contact our social chairpersons and get a date on our calendar.

We hope everyone has a fun and restful summer. ☺



Theater Group
Terry Zarrella

Debbie Phillipson, our new president of the Theatre Group, calls me up and asks: "Are you psychic?" I answered her quite glibly: "I have been on occasion, why do you ask?" Well to make a long story short she said in last month's column I had written a column with everything she wanted mentioned and would I mind continuing to write the column for the Theatre Group. Is she good or what? So ... this was her first task at delegating. I will continue to write the column.

In May we held our "End of Year" party. It was catered by Bruce who did a fantastic party buffet. The food was delicious. Dottie and Sandy Berkowitz headed our entertainment. Many members sang, danced and had wonderful comedic satires to entertain us. Ron Broman sang two songs as well as Elaine Hersh. Bob O'Neal serenaded us and Sandy sang a song also. Marcia and Jim Miller did a great skit as well as Dot-

tie and Sandy Berkowitz. Dottie's Girls sang and danced to "Ain't Misbehaving" namely: Shirley Coe, Marsha Miller, Jo Ciserano and Bessie Cecere. The club will meet again in September when the new season begins.

Auditions were held in May for "The Bermuda Avenue Triangle" which will be held Friday, November, 10, and Saturday, November 11. The cast consists of Glo Hutchings as Fannie, Terry Zarrella as Tess, Bill Shampine as Johnny, Dick Phillips as the rabbi. The daughters will be played by Debbie Phillipson and Marcia Miller, who will hold down a double role as director of the play as well. Pat D'Atteuil will be stage manager. Jim Miller is in charge of set design.

Many more members are needed in different areas of the theater production. When September rolls around our group meets always on the second Monday of the month at the Arbor Conference Center, Suite D. There you will see that we will be in need of a prompter, props person, ticket sales and publicity.

To all the new residents of On Top of the World, if you are shy and inhibited and couldn't see yourself on stage ... remember there are other areas of need to put on a performance. If you want further information please do not hesitate to call me. I am in the On Top of the World phone book.

Also, if anyone needs a card sent of encouragement etc., please contact Glo Hutchings she is also in the On Top of the World phone book. She is our corresponding secretary.

Throughout the summer I will try to keep you informed as to the comings and goings of what's going on and also try to raise interest in our Theatre Group to all the new residents that have moved to our wonderful On Top of the World community. ☺



Genealogical Society
Helen Grollmusz

The correct date for the Family Tree Maker Presentation by Karen Fanta is Saturday, June 17. I inadvertently put the wrong date in the May Genealogical Society column.

Karen has a great deal of experience in genealogy and her Family Tree Maker programs are always informative and interesting. She has done a great deal of research on her own family history.

You are welcome to join us at that time and if you have questions for Karen regarding Family Tree Maker, bring them with you.

To get additional help in your genealogical research, the Genealogical Society has much information in our cabinet in meeting Room 3 in the Crafts building. We have CDs books and magazines that members can sign out and take home and return at the following meeting. All were purchased with the dues collected. Instead of collecting a dollar at each meeting, we now have a yearly collection of \$10. For those who are away and are only here for six months, just pay \$5.

The Family History Library is also an excellent source of genealogical information. The Family History Center is an extension of the main Family History Library in Salt

Lake City, Utah. Microfilms are available. One must go to the Ocala branch to make a request. You will be called when it arrives. The microfilm rental fees have been raised to \$5.50 from \$3.25. The loan period is usually 30 days. They remain at the history center, but can be viewed any time during the loan period. The address is 1831 S.E. 18th Ave, Ocala, FL 34471 and their telephone number is 351-4163.

As discussed at our May meeting, it is advisable to call for summer hours.

From the front entrance of On Top of the World, go left on SR 200 to Southwest 17th Street, turn right and keep going on SR 200 until you get to Southeast 18th Avenue. Turn right and the FHC is located a short distance ahead in the church building on the left side. The volunteers are very helpful.

The Web site www.cyndislist.com also has many options for genealogy. If this Web site is new to you, you will find "Are You New to Genealogy?", how to contact libraries, archives and museums among the many sources listed.

For those who need more information about New York, there is the New York State Library, city directories and selected telephone directories on microfilm and microfiche are available.

I remember when I was a kid (during the Depression), my father used to caution us about not being wasteful or we would wind up in the poorhouse. Imagine my surprise when I started my research to find out that there is a Web site called www.poorhousestory.com.

It starts off by saying, "Yes, Virginia, there really was such a thing as a poorhouse!" It was not just something your parents made up.

When our members return from their trips, hopefully adding to their family history, they will have wonderful stories to share with us.

As always if you have any questions please e-mail me, Helen Grollmusz, at handlova2@aol.com. If I don't have the answer, one of our knowledgeable members can help. Thank you. ☺

Stephanie's Computer Tip for June

By STEPHANIE ROHDE

Change the viewing print size in opened e-mail messages

When reading e-mail sometimes the print can be extremely small. With some mice you can manipulate the viewing size of the print. Open an e-mail message and try this little technique. If you press and hold down the CTRL key on your key board and turn the small scroll wheel in the middle of your mouse, the print size should change; it will either get larger or smaller, depending on which way you turn the wheel.

* Please note that this does not work with every kind of mouse.



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OTOW Computer Classes

June—July 2006

Course	Day & Time	Dates	Place	Instructor
Basic Computer	Tuesday 1-2:20 p.m.	June 13	Health & Recreation	Stephanie Rohde
Basic Computer	Tuesday 1-2:20 p.m.	July 25	Health & Recreation	Stephanie Rohde
Computer Maintenance	Thursday 1-2:20 p.m.	July 27	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	June 14	Health & Recreation	Stephanie Rohde
Basic Computer II	Wednesday 1-2:20 p.m.	July 26	Health & Recreation	Stephanie Rohde
Computer Purchasing	Monday 1-2 p.m.	July 24	Arbor Club (Room TBA)	Stephanie Rohde
Basic Internet	Friday 1-2:20 p.m.	July 28	Health & Recreation	Stephanie Rohde

BASIC COMPUTER — If you're new to computers, want to begin a fascinating journey or have never purchased a computer, this first class is perfect for you. In a very understandable fashion, you'll be introduced to hardware, software, and terminology that will allow you to speak the language. You'll learn exactly what you need - equipment and connections (ISP). Find out what the computer can do for you. Informative, understandable, interesting, and fun. E-Z Registration \$25 per person.

BASIC COMPUTER II — Know the basics? Now continue your journey. Distinguish among CD-ROM, CD-R, CD-RW, DVD-ROM, DVD-R, DVD-RW, disks and drives. Sound confusing? Then take this class. You'll learn about word processing, spreadsheets, and databases - what they are, how they interact with each other, and most importantly, how they can make your life easier. E-Z Registration \$25 per person.

BASIC INTERNET — This course is designed for those who are familiar with a computer and mouse. Learn how to differentiate an e-mail from an instant message (IM), about chat rooms, newsgroups and Web surfing. Learn the meaning of browsers, favorites, bookmarks, and search engines. Explore various web sites and how to make safe on-line purchases. Know how "on-line banking" and "bill-paying on-line" differ. E-Z Registration \$25 per person.

BASIC WORD PROCESSING — Via Microsoft Word teaches you opening, closing, save vs. save as, views, page set-up, shortcuts, print and print preview, print, clipboard, tables, table of contents, fonts, headers and footers, page numbers, page break, symbols, bullets, numbering lists and more. Your computing becomes more advanced, efficient and actually simpler. E-Z Registration \$25 per person.

COMPUTER PURCHASING — This class is designed for individuals who are familiar with a computer and mouse especially if you are planning on buying a computer soon. You'll learn purchasing tips on what, how, why and where to buy the items you need to become "computer savvy." This class will also introduce you to the concept of connecting computers, better known as "Networking." By being an informed computer consumer, you'll save time and money. E-Z Registration \$20 per person.

COMPUTER MAINTENANCE — Learn how to keep your computer working well for 5-6 years rather than 3 years or fewer by performing routine preventative maintenance. Instruction on daily, weekly and monthly PC maintenance relative to the Windows Operating System is covered. This class is for those who are familiar with a computer and mouse. This is that "ounce of prevention" that saves a lot. E-Z Registration \$25 per person.

OUTLOOK EXPRESS — Every Windows computer is equipped with Outlook Express—an e-mail management software program. In this class you will learn how to maximize this valuable tool. Learn the importance of updating; how to customize the main screen view and toolbar as well as the e-mail message screen and toolbar; how to create and forward *respectful* e-mail; how the Windows Address book works—enter or edit contacts and create groups; how to backup, organize, and print. Your instructor has even written a book on Outlook Express. Let her mastery of this enhance your knowledge and make your life simpler! (This program does not interface with Juno, AOL, CompuServe, or Wal-Mart Connect users.) E-Z Registration \$25 per person.

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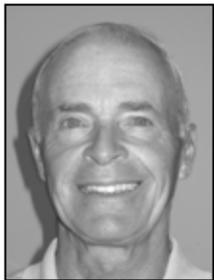
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Favorite Recipes Dinner Club Luke Mullen

For the second month in a row, in April our club again held four dinners concurrently! The hosts for the 28 diners were Sue and Howard Bourland, Ceci and Bob Marsh, Sylvia Andrews and Oliver Aube and Kathy and Luke Mullen.

The first dinner, for six, was hosted by Sue and Howard Bourland. Gitte and Paul Agarwal prepared appetizers. They brought cucumber wedges, which consisted of English cucumber strips covered with garlic and herb Boursin cheese; and also brought grape leaves stuffed with wild rice and pine nuts. Sue and Howard also served a scallion and cream cheese spread with rye crackers to complement the appetizers.

This was followed by a delicious salad prepared by Jean and Joe Breslin. It consisted of mixed greens and baby spinach, slivered carrots, grape tomatoes, and water chestnuts tossed with a homemade celery-balsamic vinaigrette dressing and topped off with toasted almonds.

Following the salad, Sue and Howard presented the main course. The entrée was Crab Imperial a la Chesapeake Bay, accompanied by fresh green beans sautéed with baby portobello mushrooms and pine nuts and a casserole of twice-baked potatoes. The dinner was spectacular. They then served a key lime pie with lime slices and a dollop of whipped topping. It was a really nice evening.

Ceci and Bob Marsh were hosts for eight diners for the evening's festivities. They had planned an Italian American Dinner.

Scrumptious appetizers kicked off cocktail hour. Included were roasted red peppers in anchovy flavored olive oil dotted with black pitted olives, marinated artichokes with green anchovy stuffed olives, pepperoni, and hard provolone.

Helene and Al Sternberger also contributed to this antipasto treat by providing delicious baked stuffed mushrooms and mini-toast cups filled with tomato "bruschetta" topping and shrimp.

Ann and Conrad Massa brought the ensalada mixta (mixed salad) that was quite impressive and festive, with an Italian dressing.

Ceci and Bob prepared the main entrée, which was chicken cutlet Parmesan with angel hair pasta and a delicious marinara sauce. Accompanying their entrée were whole green beans blanched in garlic butter with almonds. The hosts also served bread

with either butter or olive oil and herbs.

Marlys and Wayne provided dessert. The tiramisu served was a delicious blend of flavors: espresso coffee-dipped Italian ladyfingers, mascarpone cheese, sugar, cream and rum. Dessert was garnished with fresh raspberries.

Our next dinner for six was hosted by Oliver Aube and Sylvia Andrews at their home. It was a great success. Oliver and Sylvia began the evening with an appetizer prepared by Fred Tarolli. It was a shrimp cocktail served with sauce prepared by Fred. Oliver and Sylvia shared a delicious eight-ounce wedge of roquefort cheese they had received with their guests.

The entrée that Oliver and Sylvia prepared and served was a whole breast of turkey that was browned and very moist. It was served with fresh whole cranberry sauce and cornbread dressing along with turkey gravy.

Sharon Tarolli made a salad of greens with cranberries and pink grapefruit. She also made a dressing using cranberries.

Valerie and Dean Bard brought a sweet potato casserole topped with pecans.

The host's dessert was a mince pie with finely chopped Granny Smith apples topped with a warm rum sauce. All enjoyed the pie, coffee and a variety of after dinner drinks that were offered. All had a fun time.

Kathy and Luke Mullen hosted eight diners at their home. Appetizers prepared by Mary and Bob O'Neal consisted of whipped cream cheese spread on a Bremner wafer. After that smoked salmon was put on the cracker, followed by a small slice of red onion and topped off with a stuffed olive.

Kathy and Luke prepared the main meal. A Caesar's salad with sliced tomatoes was served first. The entrée was grilled rib eye steaks cooked on the outdoor grill. Offered with the steaks was a tantalizingly zesty fresh made cilantro-garlic sauce. Accompaniments for the main dish were Florida fresh corn on the cob and a silky textured delicious potato dish. The silky texture was achieved by passing them through a food mill and then a tamis.

Tish and Don Dertien brought two delicious desserts. One was a homemade grasshopper pie. Ingredients included marshmallows, milk, cream de menthe and cocoa butter and crumbled chocolate cookies. The second was fresh strawberries dipped in melted chocolate chips. Gretchen and Werner Luebke were dinner guests.

If you think you would enjoy participating in the type of dinner activities described, please contact Luke at 291-8625. ☺

SPCA Genevieve Mallardi

On April 18 at a Senior Service Ceremony, the S.P.C.A. was awarded a plaque in recognition of their volunteer work with the Companion Pets Program. (We provide food for the pets of some of the people who receive Meals on Wheels.) Our president Jodi Symanski along with her committee accepted this special honor.

Our Rags to Riches event was quite a success. There were lots of happy faces while indulging in our donuts and coffee. Ruth Webb of On Top of the World was the lucky winner of \$50 in our 50/50 chances. Dee Manchester of Ocala Palms won \$25.

A new code is being enforced. Should there be an animal that threatens or in any way bothers you, a call to code enforcement will bring an officer.

Our trip to Rainbow Ranch was a wonderful experience. Each pet there was given personal care. One little dog wore a peak cap while in the house and goggles out because of failing eyesight, another a diaper because of failing kidneys and some wore different colored scarves as a code for various reasons. We were delighted to see these animals get such special care. The S.P.C.A. donated \$200 to help this wonderful cause.

Our next trip will be to EARS (Endangered Animals Rescue Sanctuary). That should be an exciting visit. We will be viewing the big cats (tigers, lions etc.).

A picnic lunch will follow a short meeting in June. Although we will not meet again until September, our work with Companion Pets will continue and we will be available should someone need our help.

We meet at 1 p.m. the third Thursday of the month (except July and August) in Suite H of the Arbor Conference Center. Come join us. ☺



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Cookin' On Top of the World Chef David Pigeon

Cooking has never been more popular. Cookbooks are best sellers, there's a "food network," restaurants are most competitive for your business and chefs are becoming celebrities! While I'm not a "household" name here at On Top of the World, I'm the banquet chef - David Pigeon. You have probably sampled some of my work at different functions or perhaps at the Pub. Last month we began a Culinary Series with our Education Department and we intend to make them monthly events. I enjoy the opportunity to share with you and the classes give me that chance.

The May class was on Barbequing and Grilling - getting ready for summer holidays. We handed out some recipes that I hope will spice up your backyard grilling.

This month we're going Italian! This extremely varied cuisine has something for every palate.

Look for future offerings in our Master the Possibilities brochure. The next one will have our July, August and September topics.

These classes are free and it's a great way for the community to come together. If you have suggestions for future presentations, let us know. In the meantime, enjoy your food, stay well and Bon Appetit!

P.S. Each month I will publish a recipe for you to try. Here's the Italian choice. Mangiare!

Manicotti

Recipe courtesy of David Pigeon

Prep time: 20 minutes

Cook time: 50 minutes

Yield: 6 Servings

2 to 3 cups of tomato sauce

1 pound of ricotta

1 egg

Salt and pepper to taste

1 pound of thin sliced mozzarella

Preheat oven to 375 degrees. Layer a large ovenproof baking dish with about ¼ of the tomato sauce. In a medium bowl, mix the ricotta with the egg, salt and pepper. Spread the ricotta on the crepe in a straight line; fold the edges of the crepes over. Place in the pan, flap side up. Put a thin slice of mozzarella on each manicotti. Pour tomato sauce over all. Bake at 375 degrees for 30 minutes. Serve.

Crepes

1 cup of cold water

3 large eggs

1 cup of all-purpose flour

Oil for cooking

In a medium bowl, whisk eggs and water until smooth. Add flour, ¼ cup at a time, and stir until smooth. Heat a 6-inch skillet on medium heat. Oil skillet lightly. Ladle about 3 tablespoons of batter in skillet and spread it around. Cook until firm, but not brown. Flip crepes out and cool on a paper towel. ☺

in our newspaper. Just send it to me via e-mail at JeanDishRecipes@aol.com or to my home, 9024-C S.W. 96th Lane. Please enclose your name (and phone number) so that I can give you due credit in our paper.

It's always fun to try something new, so here goes, my first recipe.

Sweet Potato Pancakes

6 servings

2 pounds sweet potatoes, peeled

1 small onion

2 eggs, beaten

2 cups dry pancake mix

1 teaspoon salt

1 teaspoon pepper

2 ½ teaspoon oil

In a food processor, grate potatoes and onion. In a large bowl, combine potatoes, onions, eggs, pancake mix, salt and pepper.

Heat oil in a large skillet over medium heat. Spoon potatoes into skillet and sauté for 3 to 4 minutes on each side.

Enjoy! ☺



Dish & That Recipes Jean Breslin

Hi there, my name is Jean Breslin and I will do my best to bring you interesting, delicious and different recipes. I welcome anyone who would like to share his or her favorite recipe or cooking shortcut with us



German American Club Ruth Felschow

The German-American Club celebrated our last meeting with a picnic at the pavilion. Kuechenmeister Gerhard and his helpers John and Ellen worked relentlessly to bruzzel the bratwurst and hot dogs to perfection. Everybody outdid themselves bringing a selection of mouth-watering salads and delectable deserts.

We welcomed a couple of guests and everybody had a good time. Helmut and his magical accordion were very entertaining and contributed to the Gemuetlichkeit.

Our next meeting will be in September. ☺

Who in the World! By PAT WELLINGTON



Answer

From Page 21: Roger Bourgault

Jeffrey Dee Fleigel, M.D., F.A.C.S. Suzanne S. Fleigel, M.D.

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Beth
Pantages
PT
Clinical
Director



Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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- ◆ Orthopedic Conditions
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- ◆ Fibromyalgia
- ◆ Sports Injuries
- ◆ Motor Vehicle Accidents
- ◆ Joint Pain & Stiffness

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Suite 2
Ocala, FL 34486

(352) 854-3424

Card Clubs & Games

Monday Afternoon Bridge

Gar Terheide & Sara Anderson

April 17

1: Ida Rosendahl and Carol Thompson 2: Ruth Christman and Cleona Redman 3: Fran Griswold and Betty Morris 4: Sara Anderson and Gar Terheide

April 24

1: Shirley Stolly and Esther Lang 2: Marion Wade and Maizie Millward 3: Ida Rosendahl and Carol Thompson 4: Ruth Christman and Cleona Redman

May 1

1: Bill and Edith Hunter 2: Ida Rosendahl and Carol Thompson 3: Gar Terheide and Sara Anderson

May 8

1: Ida Rosendahl and Carol Thompson 2: Ruth Christman and Cleona Redman 3: Miazio Millward and Elsie Helwig 4: Joan Lord and Mary Carol Geck

Monday Night Bridge

Shirley Johnson

April 17

1: Jack Kyle 2: Mary Culberson 3: Gitte Agarwal 4: Fran Griswold 5: Carol Thompson Cons: Nell Bosschaart

April 24

1: Ray Deitz 2: Gitte Agarwal 3: Ida Rosendahl 4: Mildred Lane Cons: Mary Culberson

May 1

1: Ron McNeilly 2: Eleanor Giardina 3: Elsie Helwig 4: Shirley Johnson Cons: May Holtz

May 8

1: Dick Dakin 2: Ida Rosendahl 3: Betty Morris 4: Agnes Weber Cons: May Holtz

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

April 4

1: Geri Cassens and Eleanor Giardina 2: Mary Culberson and Dick Mansfield 3: Shirley Johnson and Gar Terheide

April 11

1: Betty Morris and Pat Holmes 2: Mary Culberson and Dick Mansfield 3: Elsie Helwig and Kay Wood

April 18

1: Eleanor Giardina and Geri Cassens 2: Elsie Helwig and Kay Wood 3: Shirley Johnson and Gar Terheide

April 25

1: Betty Barney and Myra Butler 2: Shirley Stolly and Betty Morris 3: Mildred Lane and Eleanor Giardina

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073. Last month's winners are listed below:

April 18

1: Marjorie and Bruce Benton 2: Betty and Bill Raines 3: Marilyn Beardsley and Mary Kalda 4: Ruth and Harry Tindall 5: Doris Keathley and Mary Carol Geck. Tie at 6/ 7: Doug Miller and Ernie Lord and Ida and Bill Carlson

April 25

1: Ida Rosendahl and Dick Mansfield 2: Doug Miller and Ernie Lord 3: Liz Milleson and Helen Eshbach 4: Betty and Bill Raines 5: Doris and Bill Keathley 6: Ida and Bill Carlson

May 2

1: Ida Rosendahl and Dick Mansfield 2: Doug Miller and Ernie Lord 3: Liz Milleson and Helen Eshbach 4: Ruth and Harry Tindall

May 9

1: Betty and Bill Raines 2: Joan Lord and Nel Bosschaart 3: Doris Keathley and Mary Carol Geck 4: Ida and Bill Carlson

Wednesday Afternoon Bridge

Fran Griswold

April 15

1: Stinson Frantz 5030 2: Mary Culberson 3: Bill Mahoney 4: Carol Johnson Cons: Bernie Kelly

April 22

1: Bernie Kelly 2: Renee Cahill 3: Carol Johnson 4: Ann Mahoney Cons: Marion Wade

April 29

1: Bernie Kelly 4640 2: Shirley Stolly 3: Ruth Goldstine. Tie at 4: Lee Sheffer and Ann Mahoney

May 3

1: Phyllis Bressler 5480 2: Bernie Kelly 3: Stinson Frantz 4: Pat Golgart 5: May Holtz

May 10

1: Barbara Munderloh 5240 2: Fran Griswold 3: Helene Sternberger 4: Bill Mahoney 5: Helen DeGraw Cons: Elsie Helwig

Wednesday Night Duplicate

Doris Keathley

April 12

1: Bill and Betty Raines 2: Charles Slupe and Mary Carol Geck. Tie at 3: Bill and Ida Carlson and Harry and Ruth Tindall 4: Ida Rosendahl and Doris Keathley

April 19

1: Bill and Ida Carlson 2: Harry and Ruth Tindall 3: Bill and Betty Raines

April 26

1: Nel Bosschaart and Marjorie Benton 2: Harry and Ruth Tindall 3: Ida Rosendahl and Doris Keathley 4: Bill and Betty Raines 5: Bruce Benton and Doug Miller

May 3

1: Joan Lord and Mary Carol Geck 2: Ida Rosendahl and Doris Keathley 3: Bill and Ida Carlson

May 10

1: Harry and Ruth Tindall 2: Ida Rosendahl and Doris Keathley 3: Bill and Ida Carlson



Thursday Afternoon Bridge

Elsie Helwig

April 6

1: Ruth Christman 2: Deloras Conrad 3: Arlene Duggan

April 13

1: Marion Wade 2: Agnes LaSala 3: Ginnie Barrett

April 20

1: Ginnie Barrett 2: Kay Wood 3: Marion Turbin

April 27

1: Ruth Christman 2: Ginnie Barrett 3: Dolores Conrad

May 4

1: Betty Legg 2: Ruth Christman 3: Pat Golgart and Shirley Wolcott

May 11

1: Betty Legg 2: Kay Wood 3: Marion Wade

Thursday Night Bridge

Helen DeGraw & Jan Moon

April 20

1: Charley Slupe 2: Mildred Lane 3: Ida Rosendahl 4: Phyllis Bressler 5: Bob Buchan Cons: Carl Woodbury

April 27

1: Shirley Johnson 2: Ray Deitz 3: Mildred Lane 4: Ida Rosendahl 5: Lee Sheffer Cons: Ron McNeilly

May 4

1: Agnes Weber 2: Ruth Agarwal 3: Eleanor Giardina 4: Myra Butler No Cons:

May 11

1: Mildred Lane 2: Dick Mansfield 3: Gar Terheide 4: Fran Griswold Cons: Phil Faleto

Friday Advanced Bridge

Ernie & Joan Lord

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

April 7

1: Doug Miller 2: Ernie Lord 3: Ruth Tindall 4: Bill Raines 5: Mildred Lane 6: Shirley Ebert Cons: Jan Moon

April 14

1: Liz Milleson 2: Jan Moon 3: Carol Thompson 4: Dick Dakin 5: Arlene Duggan Cons: Hazel Merchant

April 21

1: Dick Dakin 2: Helen DeGraw 3: Fay Rumens 4: Phyllis Bressler 5: Nel Bosschaart Cons: Dick Mansfield GS: Betty Raines and Doug Morick (7D)

April 28

1: Ruth Tindall 2: Doug Miller 3: Hazel Merchant 4: Ray Dietz 5: Bill Raines Cons: Jack Martin



Cribbage

Dorothy Skillman

April 14

1: Ed Fullmer 2: Glenn Saxon 3: Gar Terheide Cons: Mary Lou Chamberlain

April 21

1: Ed Fullmer 2: Dorothy Skillman 3: Ruth Earlewine 4: Richard Beisler Cons: Doris Terheide

April 28

1: Greg Skillman 2: Alberta Sarris 3: Rusty Underwood 4: Gar Terheide Cons: Richard Beisler

May 5

1: Doris Terheide 2: Gar Terheide 3: Ed Fullmer Cons: Elsie Helwig

May 12

1: Richard Beisler 2: Ed Fullmer 3: Luke Mullen 4: Anne Jagielski Cons: Greg Skillman



Tuesday Night Pinochle

Viola Horton

New people this month in the single deck game were Art Goodman and Carrie and Richard Beisler. Welcome. Greg Stillman is now in charge of the single deck game. Good luck, Greg.

Table 2 bid farewell to Betty Ruf on April 18. Betty has played with us for many years. We will miss her but wish her well in her new home in Beacon, N.Y.

Come join us if you play pinochle on Tuesday nights at 6 p.m. in the Ceramic Room in the Arts and Crafts Building. We would love to have you.

April 4

Single Deck Winners

1: Carole and Joe Lacker ; tie at 2: Al Novotny and Clarence Litzow; Peg and Oren Barrs

Double/Triple Deck Winners

Table 1: Alberta Sarris and James Nottingham; Table 2: Lucille Perry; Table 3: Carol Polanowski and Harry Harrington; Table 4: Ray Bock and Virgil Taylor

April 11

Single Deck Winners

Tie: Marge Corasco and Fran Whittlinger, and Marge and Lou Fisher

Double/Triple Deck Winners

Table 1: Alberta Sarris; Table 2: John Berish; Table 3: Elsie Helwig and Harry Harrington

April 18

Single Deck Winner

Marge and Lou Fisher

Double/Triple Deck Winners

Table 1: Margaret Sciarino, Albert Sarris and James Nottingham; Table 2: Lucille Perry, Jo Swing and John Berish; Table 3: Ann Pelham and Carol Polanowski; Table 4: Mary Lou and Frank Chamberlain

April 25

Single Deck Winners

1: Audrey Bartolotta 2: Richard Beisler 3: Millie Ferrell

Double/Triple Deck Winners

Table 1: Ruth Christman and Alberta Sarris; Table 2: Jo and Billy Swing; Table 3: Elsie Helwig; Table 4: Ray Bock and Virgil Taylor



Saturday Night Singles Pinochle

Elsie Helwig

April 1

1: Charley Slupe 2: Anne Jagielski 3: Ruth Christman

April 8

1: Al Novotny 2: Viola Horton 3: Billy Swing

April 15

1: Charles Slupe 2: Elsie Helwig 3: Millie Ferrell

April 22

1: Ed Fullmer 2: Carol Polanski 3: Richard Beisler

April 29

1: Elsie Helwig 2: Carol Polanowski 3: Viola Horton

May 6

1: Lucille Perry Tie at 2: Ruth Christman and Elsie Helwig



Friday Night Euchre

Joe Askenase

Many thanks to Diana and Russ Riegler for supplying us with score pads.

April 14

Four-Handed Game

1: Dolores Barnett 2: Billy Swing 3: Pat Snable 4: Diana Riegler 5: Zane Barnett Tie at 6: Dick Torzewski and Mary Nichols 7: Genny Brenner 8: Bridget Hughes 9: Phyllis McLeod. Tie at 10: Rich Miles and Joe Scervo

Six-Handed Game

1: Ray Bock 2: Lou Fisher 3: Maria France 4: Gitte Agarwal 5: Shirley Coe 6: Vi Horton 7: Marcy Askenase 8: Paul Agarwal

April 21

Four-Handed Game

1: Dot Weber 2: Genny Brenner 3: Clarence Lietzow 4: Dick Torzewski 5: Lou Fisher 6: Zane Barnett Tie at 7: Margie Fisher and Rich Miles. Tie at 8: Paul Agarwal and Joe Webber 9: Joe Scervo. Tie at 10: Dolores Barnett and Russ Riegler 11: Diana Riegler

Five-Handed Game

1: Helen Foskett had a perfect euchre night. Tie at 2: Carol Polanowski and Bill Eberle 3: Mary Nichols

Six-Handed Game

1: Marcy Askenase had a perfect score. 2: Ray Bock 3: Maria Fance 4: Vi Horton 5: Edith Kolb

April 28

Four-Handed Game

Tie at 1: Zane Barnett and Billy Swing; both had perfect euchre scores of 60 points. 2: Shirley Coe 3: Nancy Kowsky 4: Marie Marquis 5: Mary Nichols 6: Viola Horton 7: Lee Morgan. Tie at 8: Pat Luis and Joseph Weber 9: Bill Eberle. Tie at 10: Paul Agarwal, Nancy Askenase, Jo Swing and Dick Torzewski 11: Dolores Barnett 12: Phyllis McLeod

May 5

Four-Handed Game

1: Helen Foskett 2: Carol Polanowski 3: David Engelhardt 4: Pat Snable. Tie at 5: Dolores Barnett and Dorothy Weber. Tie at 6: Joseph Weber, Mary Nichols and Billy Swing Tie at 7: Gitte Agarwal and Hank Kolb Tie at 8: Rich Miles and Dick Torzewski. Tie at 9: Joe Scervo, Nancy Kowsky and Clarence Lietzow

Six-Handed Game

1: Vi Horton 2: Virgil Taylor 3: Ray Bock 4: Marcy Askenase 5: Maria France



On Top of the World

NEWS

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Mah Jongg
Mary Ehle

The new class is nearing completion and I am sure we will get many new and excited players from the group. Everyone is always anxious to play once they learn this game. The new card is great but it is also tricky. The very first hand is nearly like the old card but ask Margaret about it. I have been told that Ann Davis made the bottom right hand. Great going Ann! I still have never made it and I don't even get enough tiles to even think about playing it.

Lee Penney made the hand that takes 4 whites plus the four 2 and the 06 with the six matching the same suit as the twos. She really loves those white dragons. I was told that Mary Benz made the BIG hand twice during the week of May 7. Nice job, Mary. She picked it herself one of those times and that is how you win the jackpot at the tournament. Maybe in October someone will finally win the money.

It is nice to have the same number hand back again. Everyone missed that hand. I am sure that you are fast getting a hand that you really like to play. Be sure to try them all. That is how you can get to learn the card. You don't want everyone to know that you "always" play a certain hand.

There will be a mini mah jongg tournament held on June 26. This will be open only to people who are true beginners. They have to have played one year or less. It will be from 1:15 until 5:30 p.m. in Suite G of the Arbor Conference Center. The cost is \$5. Please call Barbara McArdle at 369-1220 to reserve your space.

My trivia question to ponder over the summer ... "how many people in On Top of the World play Mah Jongg on a regular basis?"

I am sure it is an enormous amount. Jokers to you all. ☺



Square Dancing
Nancy Clerke

Summer is presenting itself here in Florida and our snowbird members have taken flight, leaving the dance floor a little less crowded, but still the best fun in town.

We have several big dances coming up in other towns and a group of us will be attending them. Dances at On Top of the World continue all summer, enabling our members to keep sharp in their dancing skills. The club has just graduated a large group of beginner dancers from their Mainstream lessons and they will now go on to Plus Level lessons, after successful completion of which, they will be able to join in the club dances.

A faithful crowd of 35 to 40 dancers con-

tinued to take "Dance By Definition" classes with Don Hanhurst on Thursday afternoons at the Arbor Conference Center. The enthusiasm there is tremendous and all agree that it's just the best of the best! "DBD" class is composed of experienced Plus Level dancers who want to take their expertise a bit farther.

"Dance By Definition" means that we learn to dance each choreographed step by its definition and not necessarily by the position we find ourselves in, in the square. The result can provoke a wonderful range of reactions from huh? through do what? to Oh Yes! I Got It! The satisfaction and sense of accomplishment is wonderful as we all whoop and holler with pride. When there's a group meeting in the next room, we have a hard time containing ourselves to keep it quiet enough for them. After all, that's only a cloth partition.

Another discipline of dance that goes hand-in-hand with square dancing is "round dancing," which consists of choreographed advanced ballroom dance steps, danced by couples in a circle around the outer edge of the dance floor. Alternating "round dance" tips are offered at most square dances. There's a group of some 20 couples taking round dance lessons from Loretta Hanhurst on Friday afternoons in the H&R Ballroom just before our Friday dance. I'm part of that group and it makes me feel like Ginger Rogers. What fun!

If you'd like to become part of these wonderful dance activities watch this column for announcements giving beginner class dates in the fall. ☺



Bingo
Bunny Barba

It is summer here in On Top of the World, but you would never know it based on the great attendance that continues at bingo. Thank you to Lolly Foos, Mort Meretsky and all those hard working volunteers for your continued support. Please remember that we are all volunteers and courtesy, good manners and a smile are always appreciated, because we receive no other rewards.

We now have new phenomena at bingo. It is called the silent bingo. There are players who do not bother to call bingo, but just quietly raise their hands. Unfortunately this does not work. If you don't yell "Bingo!" loud and clear the game will continue and you will wind up having to share your prize. Please when you have bingo shout it out and it would be helpful if those who chose to sit near the swatter would cooperate and hold them up when a player at their table screams "Bingo!"

Mort Meretsky has requested that the players refrain from the oink oink, quack quack and 40 noises during play as it only delays the game and makes it harder for

some players to hear the numbers. (Oh come on Mort! Children must be children).

This past month we have had a rash of mistakes. Players are calling bingo when they do not have the correct format. Please try to help your fellow player to understand the different games. Bingo school is closed for the summer. If you are sitting near a new resident help out if you can.

I guess it is pretty bad when the only thing closed on your card after a game is over is the free space. (It happened to me.)

On April 9, the gorgeous gourmets celebrated Connie's birthday with a great spread of homemade cake. Once again thank you for always cleaning up.

May 3 was Paula Hoffman night. She won twice at the 70/30 and won a bingo. At the same table Roy Foos won \$75 while wife Lolly was away in Daytona foolin' around with her Red Hatter Group.

Question of the month: How much money does Bingo raise for charity every year in the United States?

(Answer below) *

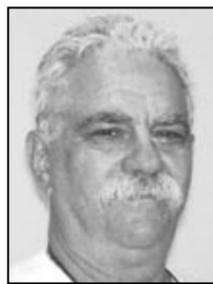
Just a note of caution, when leaving bingo, walk on the sidewalks and not in the middle of the road. You will get home just as quickly. After all you are not going to work tomorrow. To all drivers please watch out for the pedestrians and the golf carts, thank you.

* Answer to Question of the month: Bingo raises more than \$5 billion dollars for charitable institutions in the United States.

Thank you to those who have taken the time to tell me that they enjoy reading my column. Sometimes us volunteers need a kind word.

May the wizards of bingo bring you good luck always in all ways.

If you have any money you want to donate to me, or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com. ☺



Social Club
Mort Meretsky

Sorry about missing the last two months, but with no trips being planned, it's been quiet.

Our next poker/blackjack day will be on Friday, June 16, at 2 p.m. at the Arbor Conference Center. We will then start negotiations with the Poker and Blackjack International Union to try to iron out a new contract. Therefore, the club will not have anything going in July. We are certain that our negotiators, Carmine Palombo, for the club, and Vincent "Yogi" Carrano, representing the dealers, will be able to come to a workable contract.

On Friday, August 18, from 1:30 to 4 p.m. at the Arbor Conference Center, we will be having our annual picnic. The cost is \$2 for members and \$5 for guests. I'll have more information on this next month.

See y'all on the 16th. ☺

The Harmonichords
Betty Barney

We have had a very busy month and will be taking June, July and August away from practice.

This month of May has been one of our busiest ever. We performed for the Italian American Club; Friendship Club followed by dinner at Spruce Creek; Dunnellon Presbyterian Church; Superior Residence (formerly The Glen); Oakhurst Nursing Home; Marion Woods; and Quiet Oaks.

Whew! I guess we do need a rest. Come join us in September on Tuesday mornings at 9 at the Arbor Club Conference Center, Suite H.

We do have some new members, which we welcome with open arms and hope we are able to recruit more in September.

Hope everyone has a great safe and happy summer. ☺

Italian-American Club
Jerome E. Cauda

We're still looking for a reporter. The club picnic will be at 3 p.m. June 7 in Suites E, F and G of the Arbor Conference Center. Tickets are required and must be purchased by June 1.

At the May meeting, the Harmonichords presented an hour of varied musical offerings. They were enthusiastically received by the members and gave an excellent performance.

The club still needs volunteers to handle several openings on the board. There is an immediate need for a treasurer and two board members. If you are interested, please contact Mike or any member of the board.

The need exists for members to volunteer for next year's slate of officers. ☺

American Jewish Club
Erwin Fluss

The American Jewish Club had a very good season. We have grown to more than 100 members and our committees are dedicated to make the next season even better.

It is time to thank some of the people who have made this happen. Thank you: Ruth Barnash, Dorothy Bresky, Mary Chang, Renee Filzer, Harvey Filzer, Diana Lawrence, Fran Mencher, Sy Mencher and Jean Singer.

The club will resume meetings and activities on Sunday, September 24 (note this will be the fourth Sunday in September only) with a special Rosh Hashana dinner. Ruth Barnash is organizing this and tells me she is going to teach the caterer how to make food the Jewish way. It should be a wonderful event.

Details are now being formulated. Look for further information in August.

Dorothy Bresky, our sunshine and information lady, will be available for questions after 4 p.m. at 854-0284.

Have a wonderful, peaceful and healthy summer. ☺

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Sunshine Singers
Betty Barney

We are winding down for the summer and are taking off June, July and August. We will meet again in September.

We are already filling up for the fall season so think of us when you are planning entertainment for your group.

We meet the first and third Mondays of the month in the Ballroom of the H&R building from 7 until 8 p.m.

We do have space for a few more singers and hope you join us. No auditions, just a desire to sing and be able to carry a tune.

For more information call Dick at 861-1104.

Have a safe and happy summer. ☺

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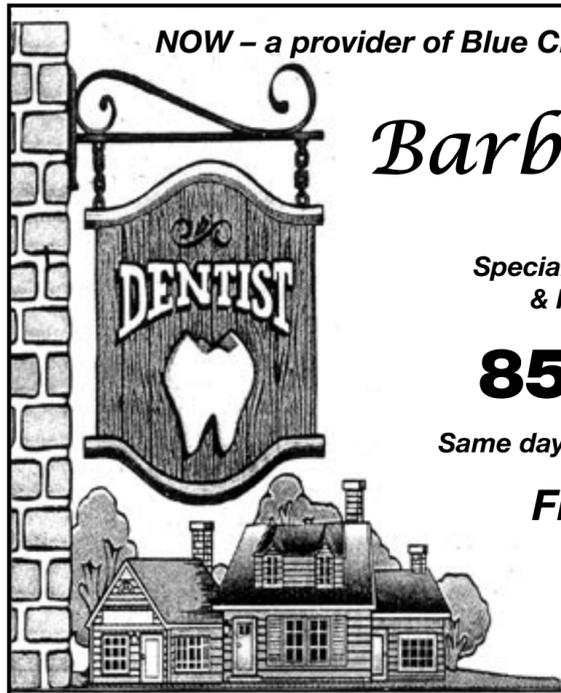
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Deadlines:

Classified ads: 13th of the month

Articles: 14th of the month

For Sale

Bedding: Comforter, queen size, bedskirt, 2 shams, 2 decorative pillows, sage color, almost new, \$90. 854-1294

Braided Rug: 9'x6', cranberry/ivory, excellent condition, asking \$75. 854-9954

China: Nichinan service for 12, 89 pieces, \$125. 237-0965

Clothes for Square Dancing: Size 10-12; boots, etc. 873-0579

Club Car: 1991, runs great, includes vinyl top, side curtains, 2 pair seat covers, battery charger. 854-8034

Electric Clothes Dryer: G.E., heavy duty, \$50. 804-2144

Electric Grill: George Forman, indoor/outdoor with stand, \$50. 854-7417

Furniture: 8' couch with recliner ends, matching recliner-rocker. Love seat and matching recliner-rocker. 291-1468

Furniture: Coffee table and 3 end tables, blond wood, glass tops. 854-1965

Furniture: Coffee table, unique, heavy pine, nice finish, 46"x18" with drawer, \$30. 854-7563

Furniture: Sofa for sale. Neutral colored upholstery. Excellent condition. \$200. 854-9297

Furniture: Dining room set with hutch, excellent condition. \$350. Patio furniture, excellent condition, \$150 set or sold separately. 854-4989

Misc. Items: 2 aluminum screen doors, 36"x80" with hardware, like new \$35 each; 4 lanai ceiling lights \$10 each; two 5-piece patio sets, \$95 each. 854-0320

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12. Each additional line is \$5. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 8700 SW 99th St. Rd., Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (on east side of the Golf Pro Shop) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Misc. Items: Living room furniture, PVC patio set, workbench, metal desk, card table and chairs, sewing machine, lamps, prints, silks. 854-0112

Misc. Items: Reliable Briggs & Stratton 3.5 HP edger for lawns, \$100; 2 lawn spreaders, \$25 each. 390-3279

Misc. Items: 2 Bentwood side chairs, \$75; 1 bed-side table, \$35; Sirius satellite radio-Sportster, \$150; coffee table, \$75; wall hugger Lazy Boy ladies chair, \$75. 854-7533

Misc. Items: AT&T Triline phone, 6 European soup bowls, Eureka lite cordless electric vacuum, Igloo 2-gallon jug cooler with spigot, small band-saw for modeling, best offer. 854-7516

Misc. Items: Quilted king bedspread, valances and pillows, blue color, 6 months old, \$100; Casio keyboard in box, \$50; Homedics 5-motor back massager with heat, never used, \$65. 237-9108

Misc. Items: Rocker-recliner, 2 years old, beige microfiber, excellent condition, \$175; tan ottoman, \$50; pair of 29" ginger jar lamps, tan, \$50. 854-4505

Misc. Items: Portable Singer sewing machine, \$45; two 3-picture sets, \$8 per set. 861-2867

Penta purified drinking water delivered to your door. Liter case (12 pk) \$37 each, .5-liter case (24 pk) \$39 each. Minimum order 4 cases. 873-2100

This and That Sale by S&R: 9 a.m.-1 p.m. Friday, June 9, 9 a.m.-?, Saturday, June 10, 8420-D SW 90th Place, Friendship Colony

Treadmill: Proform 380. Like new, many features, 1 year left on warranty. \$150 firm. 854-1765

Services

Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

Alterations and mending: Special: pants hemmed, \$7.50. Embellishing, pillows, valances. Free pickup and delivery. Connie, On Top of the World resident. 854-5572

Amway Products come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

Calligraphy for invitations, poems, keepsakes. Call Bonnie at 854-7516

Caring Home Health Aide available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

Caregiver: Let me help you keep your loved one at home. Personal care, errands, light housekeeping. 17 years experience. Excellent references. Nancy 368-9745

Cat Boarding & Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Cleaning by Sheila: Residential cleaning service. Licensed and insured. Weekly, biweekly, monthly. Free estimates. References available. 812-6541

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ASI Building Products

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Anchor Safe 50/50 Storm Protection Products

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Need help? German woman, good cook, looking for part-time work to help with light cleaning, meal preparations and errands. Whatever is needed. Leave message at 595-3433

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Transportation: I'll drive you to local appointments, grocery shopping, errands & more. Joan at 237-8240

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Transportation: Call Bill, On Top of the World resident, for transportation to doctors, hospitals, shopping. Dependable, safe driver. 854-7516

Transportation by Helpful Hand: Transportation to and from local destinations — doctor, grocery shopping, airports, etc. After five rides, get one ride free. Call Diane at 237-8077

Wanted

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

French tutor: I need to update my French prior to a trip to Paris this fall or "April in Paris," as the song goes. Call 291-1793

Gardener needed: My back is killing me! Need a hardworking gardener to pull weeds, trim bushes, keep yard in shape. 291-1793 after June 19

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Moving in or moving out? Grandmattic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

Items for Pick Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

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Women of the World
Betty Thayer

Our last meeting until September was a huge success. We were able to donate 14 filled to the brim boxes of school supplies to Fire Station 21 to help launch their "Stuff the Bus" campaign. We were also able to present a check for \$250 to Captain Pam Driggers who, along with other members of Fire Station 21, was on hand to kick off the campaign. (Many of our members expressed a very vocal show of approval for those Firefighters/EMS personnel when they arrived at our meeting.)

Women of the World will also be making the following contributions to these local charities.

- Cancer Research, \$300
- Sheltering Arms, \$200
- Salvation Army, \$150

These monies are raised throughout the year by our members and we thank them for their support.

Our May meeting was a thank you affair for all our members have helped us achieve during the previous year. This year we celebrated with beautifully decorated cakes. Our outgoing president thanked the present board members: Judy Labeledz, Barbara Braddock, Betty Thayer and Charlotte Erickson for their two years of service to Women of the World.

Our new board of directors were sworn in: President Betty Thayer, 1st vice president Bobbie Roeder, 2nd vice president Nancy Grabowsky, secretary Charlotte Hancock, and treasurer Charlotte Erickson. Your new board is already busy planning the 2006-07 program.

Our entertainment was from our own On Top of the World Fun Time Cloggers under the direction of Vee Firkins with a special appearance by National Clogging Champion Erin Arnaud. Dancing to such tunes as "Rocky Top" and "Old Time Rock and Roll," this dance group had everyone clapping and tapping their toes as they preformed.

We look forward to seeing everyone back in September as we begin our 22nd year of sharing with those less fortunate.

Women of the World is a charitable group and open for membership to all ladies residing in any of the On Top of the World Communities. ☺



Crafty Ladies
Dot Tripp

In the early part of 1999 our coordinator read an article in Parade magazine about a charity that originated in Colorado Springs, Colo. It told about a lady who wanted to show her daughter how well off she was, and how bad off many other people were. She gathered up some extra blankets she had and also prevailed upon her neighbors to give her their extra blankets. She then packed her car with these blankets and set off driving through the poorer section of town, and handed blankets out to the poor and homeless. This good deed was picked up as news by the local paper, then by a national news service, which provoked interest nationwide. It grew into Project Linus, being named after the Peanuts cartoon character Linus, who is frequently shown with his blanket.

After reading about this project, our coordinator packed up a box of blankets and shipped them to the Colorado Springs address given in Parade magazine. Soon a letter of thanks was received, saying that the blankets had been forwarded to a distribution point for Project Linus items in California, and also informed her that there was a Project Linus representative in the Ocala area who would pick up donations and dis-

tribute them, thus eliminating the necessity of shipping to Colorado. The local contact's name was Marilyn, and her phone number was given, so our coordinator contacted her to arrange for her pickups. When Crafty Ladies had a sufficient number of items for the charity, our coordinator would call Marilyn, and the call would record on her Caller ID. Marilyn would later return the call, and arrangements were made for a pickup of donated items. This system worked quite well for several years, during which time Crafty Ladies donated large quantities of items for Project Linus. However, for more than a month now our coordinator has attempted to contact Marilyn, but has not received a call back. Attempts through the Project Linus Web site to find another contact person in this area have proven futile, and the closest chapter listed is in Orlando. Therefore, our coordinator has notified the Crafty Ladies members about the situation, and has encouraged them instead to continue making headgear and scarves for local schoolchildren, and also hats, vests, scarves and sweaters for our Merchant Seamen project. If anyone knows of a local representative for Project Linus, please contact Dot at 854-4913.

Dottie Metcalf, through her good friend Lilliane Gaucher, donated a storage box full of four-ply worsted weight yarn, all colors, plus shopping bags full of fabrics of all types and colors, both prints and solids. Thank you, Dottie. Our Crafty Ladies had a ball going through your donations — we do appreciate your generosity and look forward to using all that has been given to the group.

If you are a newcomer to On Top of the World or are looking for something to do this summer, join us in the large Card Room in the Arts & Crafts Building. We meet all year long, every Wednesday morning from 9:30 to 11 a.m. Call Dot at 854-4913 if you would like to learn more about us. Talk to you next month. In the meantime, do your best to keep happy, healthy, and "crafty." ☺



Rug & Latch Hook
Yvonne Bednar

Even though our group is still called the Rug and Latch Hook group, (in this paper and in the On Top of the World phone book), we only have one girl who still routinely does latch hook. This is Carol Lopez. Right now, she is making a rug from left over yarn. It is coming out in an original "op art" design.

Many of the others are crocheting. New member Chris Hebert is making a baby afghan in orchid and white. Carol May is mak-

ing a full size afghan, using the same pattern in beige and blue.

Pat Utiss has made matching crocheted ponchos for her granddaughter and great-granddaughter, also, a different pattern for her daughter and daughter-in-law. These came out so nice, she decided to start one for herself. In addition to her beads and cards, Elaine Fitchpatrick, is crocheting an edge on dishcloths for gifts.

Rosalie Grubowski is crocheting a lap robe with some instructions from Carole Toye, who has made many lap robes for the residents at TimberRidge Nursing Center. Now, Carole is taking a break from lap robes, to embroider a table runner.

Our knitters are also busy. Barbara Aiello brought in a beautiful vest she had knitted several years ago. It is in a silver variegated yarn. She would like to duplicate the vest in another color, but is having trouble matching the yarn. Cecily Lucas is knitting a sweater for a granddaughter, and Mary Lou Welsh is knitting a prayer shawl for her church. Ruth Rasmussen recently completed a needlepoint Thomas Kincaid picture and has just started a picture of cats for her daughter.

As you can see, we do all kinds of crafts, so if you are interested in joining a fun group, come to the Art Studio on Mondays at 2 p.m. Not June 5 though; on that date we will be having lunch at Hops. ☺



Stitch Witch Quilters
Ann Weldishofer

On May 2, 22 quilters enjoyed festive, yummy refreshments, supplied by Flo Wright, Shirley Kilpatrick and helped by Phyllis Zwick and Margaret Hanrahan. There were veggies, deviled eggs, sandwiches, dips and flavored teas to drink. A huge thank you to you all for a wonderful start to our meeting! In addition to our 22 members, we also welcomed new resident and member Pat Quinlan.

We discussed our revised bylaws, which include past amendments, and updated other sections to reflect our current usage. Mainly this is going back to having annual officers and regular elections each fall. The bylaws, as recommended by officers, were unanimously adopted, and each member received a copy.

Several committee chair people were named. Jan Johnson will keep our bulletin current; Dot Hinde will keep our cabinets unlocked and locked; Ruth Kinney and Mildred Ford will oversee the purchase of fabrics and supplies for our comfort quilts; and Tekla Krause and Pat Quinlan will organize our monthly comfort quilt workshops. Marcy Askenase will continue as historian and sunshine chairman. Flo Wright will act as our welcome person and also as social chairman to keep us fed and entertained! Alexandra Rankin will be coming up with some fun ways to earn funds.

On the subject of fabric acquisition, it was suggested that we alert the On Top of the World community that we welcome donations of new cotton fabrics, and good scraps that we use in the comfort quilt project. We distribute these quilts to several community agencies for neglected, abused and otherwise needy children, and usually make 80 to 100 plus a year.

If you have an old stash you no longer want, or are moving and want to pare down, we are always grateful to residents who think of us! These supplies are put to good use!

With no regular business meetings during the summer months, we look forward to Tuesdays of relaxed fun and productivity. We will finish the folded flower class that Ruth Flack is teaching, and continue the comfort quilt workshops each month. We may even think up an outing or two!

The meeting ended with members sharing quilting tips and showing several finished comfort quilts. Betty Pettit, Tekla Krause and Grace Hanson each had two, and Ann Weldishofer had one. ☺



Sewing Bees
Eileen K. Vanderbosch

Marcy and Joe Askenase were again on the road giving 13 kits to Guardian Ad Litem; kits consist of a tote bag, stuffed animal and small comfort quilt. We are always glad when we can make up the kits for these deserving children.

In May, Mary Seyferth taught a beautiful button picture. We also had a quilt work-

shop to add to our supplies.

Marcy had a prep class for the upcoming decoupage, which promises to be a really different kind of project. The samples Marcy had were very colorful.

On May 25, we had our spring luncheon with a Hawaiian theme, which as usual was great and enjoyed by all.

Diane and Russ Riegler made another donation to the Bees to help us continue our work for the children. Pauline Sinsky has agreed to be nomination chairman for officers for the coming year. LaVerne Seelye is taking over as historian for Marilyn Robinson who will be away for a while on family business.

While personal projects have slowed down, the Bees continue their important ongoing projects of quilts, stuffed animals and tote bags to help the needy children in our area. ☺

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