

On Top of the World NEWS

Where the News is Always Good

Review gym etiquette before working out those New Year's resolutions, Page 8.



Vol. 20, No. 7 • January 2007

Community News & Update

By Kenneth Colen, Publisher

The Annual Meeting was well attended and the questions submitted were well thought-out. The practice of submitting written questions assures an orderly means of addressing all matters that were raised. Many of the questions dealt with traffic and speed control, lighting at specific points within On Top of the World, use of recreational facilities, and general questions relating to operations. More than 60 questions were submitted.

Historically, On Top of the World has never been a community with layers of committees, subcommittees and bureaucracy between residents and your Board. Your board listens to and responds to residents. Some ideas are very practical and bring broad benefits to residents. Many activities and programs have been resident initiated. Your Board is always open for ways to improve delivery of services and programs. One important aspect is considering the impact of new programs and services on the community services fee.

INSURANCE: Several questions at the annual meeting were focused on insurance. It is worth additional discussion in this article. Clearly, insurance markets continue to be in turmoil and show no signs of easing up anytime in the foreseeable future. Insurance companies mitigate possible risk by reducing limits of coverage, raising premiums, and creating certain "carve-outs" for high risk underwriting. With more than \$300,000,000 in insured value, the On Top of the World Community represents a significant book of business.

Under the present policy, each owner now has an out-of-pocket expense of 5 percent of the cost of the home in the event of wind loss. The wind-loss coverage does not kick in until the first \$1,000,000 of loss has occurred. Many homes would have to be affected to meet this minimum. As a practical matter, in back-to-back storms in 2004, total wind-related losses were in the range of \$100,000. We didn't even come near the much lower deductible in effect at that time.

The Association has in place a \$10,000 (non-wind related) deductible for any occurrence other than wind or hail damage. The Association's insurance does not cover the contents of your home. All owners must have an HO6 Unit Owners policy (or similar) with coverage for deductibles or loss assessments by the Association. Residents are advised to consult your insurance agent for specifics regarding the amount of their loss assessment coverage and possible supplemental windstorm coverage. This non-windstorm deductible applies to any damage to a single dwelling, or multiple dwellings, and is based on each occurrence of damage.

We have already begun working on coverage for 2007-08. At the present time, it appears that the Association will need to apply through Citizens Insurance. While this is certainly not the board's preference, it is one of the few alternatives we have left to obtain higher limits of coverage should they be available.

In any case it is probably time to speak with your agent and review your insurance limits.

EDUCATION UPDATE: 2007 begins a new chapter in On Top of the World Communities. With an education program designed for our active lifestyle, we will build on the success of this past year. In 2006 you indicated, in no uncertain terms, that quality education is becoming the new amenity of the 21st century. We have had more than

➔ Continued on Page 2

Correction

Golf Cart Crossing Path

We have created a golf cart crossing which allows carts to cross SW 80th Street (the address in the On Top of the World News article is incorrect) at the intersection of SW 90th Terrace into Circle Square Commons. As you travel out of Candler on the golf cart path, the west side of SW 90th Terrace Road, cross over SW 80th Street and travel behind the barriers to the golf cart path which will take you directly into the Commons. We ask that you use the golf cart crossing to be in compliance with the Marion County Ordinance, which allows the use of golf carts within our community. If you use any other path to cross, you can receive a traffic fine by the Marion County Sheriff's Department.



Photos by Lynn P. Stock

Seats are ready to be filled at the new Circle Square Cultural Center, right. Above, Antonio Crews, manager of the center.



Circle Square Cultural Center Hosts Top Name Entertainment

By LYNN PEITHMAN STOCK
WORLD NEWS EDITOR

Sid's Coffee Shop and the Master the Possibilities Education Center have a new neighbor at Circle Square Commons on the east side of On Top of the World — the Circle Square Cultural Center.

The Cultural Center will be home to theatrical productions, musical entertainment and even private functions. Opening in January, it will seat up to 900 for a concert or speaker, or 600 for a sit-down dinner. It features a state-of-the-art sound system. Backstage, there are dressing rooms, and soon, there will be a kitchen for catered events.

The center's new manager is Antonio Crews. Antonio is one of those rare Ocala residents — he's a native. He graduated from Vanguard High School and played football at Methodist College in Fayetteville, N.C. He then graduated from Florida Atlantic University. For

the past year, Antonio has handled special events and promotions at Silver Springs Nature Park.

Here, he will schedule events for the community and the public at the Cultural Center.

While the building will host private events as well as public, top name entertainers will grace the stage such as the opening event on Jan. 12 with Gary Lewis and the Playboys and Melissa Manchester on Jan. 27.

Antonio can be reached at the Cultural Center at 854-9488. Ext. 120, or on the Web at www.CSCulturalcenter.com. Tickets go on sale Jan. 3 at the Cultural Center, Monday through Friday, 11 a.m. to 2 p.m., and prices vary by concert and seating. Tickets will be available first-come, first-serve and On Top of the World residents will always receive special discounted ticket prices. ☺



Volunteers lead residents in singing 'The 12 Days of Christmas,' On Top of the World-style. Mike Roppel said, 'the animals looked hungry so I gave them some cookies and took their pix.'



Photos by Mike Roppel



Photo by Larry Resnick

Dozens of golf carts participated in this On Top of the World golf cart parade on Dec. 6. See more photos on Page 10.

Dec. 6 Holiday Song Program Thank You

By LOLLY FOOS

What a great time we had at the annual Holiday Song Program! Special thanks to the following for making this year's festivities the best.

• Management Participation: Ken Colen, Jo Salyers, Lynette Vermillion, Debbie Clark, Adela Anderson, Mary Pat Giffin and Lynn Stock.

• Outside Participation: Capt. Jim Burke and his staff from the Sheriff's Department, E-One and Friendship Fire Station 21 (Mike Connolly). What a wonderful addition to the parade.

• Golf Cart Participation: Mary Curry and Betty Thayer (coordinators) and the 42 residents from all On Top of the World commu-

nities who decorated their carts so beautifully. Great imaginations. Tom Miller and Chuck Frederick who transported Ken Colen (grand marshal) and Bob Woods (Santa), Caroline and Norm Scott (bullhorns), Jim Chandler (cart patrol), Joe Berger and Roy Foos (fertilizer cart), Jim Miller and Ann Berger (Community Patrol), and Paula Magen of D'Clowns.

• Evening Festivities: Kay Chandler (refreshment coordinator: hot chocolate, coffee and cookie setup), Judy Dunn, Bunny Barba, Jeanne Nicholls, Shirley Schopf, Bob O'Neal (entertainment coordinator, plus emcee), Elaine Hersh, Peggy Campbell, Dot Mueller and her 12 days of Christmas group and, last but not least, all the residents who donated cookies and attended the evening festivities.

• Others who supported this program:

Friendship Social Club, June Roberta, Theresa Jubin, Sound and Lights and Larry Resnick. You people are wonderful!

A special thanks in advance to Mary Ehle (coordinator, housebound resident visit) and Jean Pryor, our own On Top of the World bus driver who will transport approximately 20 resident singers on Wednesday, Dec. 20, to visit residents, sing a few songs and present them with a poinsettia plant donated by the Movie Club. Hope all of you had a good time. Thanks to Ken Colen and Debbie Clark for their cooperation to proceed with this portion of the program.

There were so many people who contributed to the success of this program. All of you are to be congratulated.

Happy New Year to you and yours. ☺



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Download a PDF of the World News at www.OnTopoftheWorldInfo.com

Golden Oldies Humor

by Stan Goldstein



"We would live life in the fast lane if you weren't such a speed bump!"

Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

3,000 enrollments and this is just the beginning!

Take time now to look through the new catalog. We have continued to keep the curriculum fresh and interesting. Over half are brand new! You will also see a good number of free classes. Sample our fare; we're sure you'll come back for more.

Here are some highlights:

- The "Early Bird Special." Jump-start your brain in 2007 by taking advantage of our first week of classes (Jan. 8 through 12). We've combined computer training and a fascinating look at China with a full day of FREE lectures/classes. If your New Year's resolutions include learning new things — here's a wonderful way to start!

- Partnerships are important. We are continuing to work with the University of Florida Extension for the outstanding Florida Lawns and Gardens program. We'll also have the class/production series with the Ocala Civic Theatre. The Marion County Chamber of Commerce will offer monthly "Marion County: A User's Guide." Join doctoral candidates from UF College of Pharmacy for monthly discussions of medications — prescriptions and over-the-counter.

- One of the most extensive new partnerships will be with the Appleton Museum of Art. Beginning in January, the Appleton will have fine arts programs right here at our education center! We are very pleased to be able to offer this to our students.

- Lastly, and most importantly, the partnership between you and this Center will ensure a most successful year.

- Theme weeks: Sometimes a subject lends

itself to several perspectives. This quarter we have a couple of these themes. During the week of Feb. 26, we're celebrating our neighbor, Pulitzer Prize winner, Marjorie Kinnan Rawlings. With movies and our Book Club we'll delve into her writing. Then, on Feb. 28, you'll spend an hour with Marjorie. Karen de Vos "becomes Marjorie" with her popular one-woman performance — and it will be right here at the new Circle Square Cultural Center!

- In March, thoughts and classes will focus on the Irish. During the week of March 12, we'll celebrate the Irish through movies, literature and history. Professor Patrick Keane will be our guest from New York. Pat has written extensively on Yeats and is an outstanding scholar. We'll even have Irish dance demonstration at the Circle Square Cultural Center (not by Pat).

- New Classes! In keeping with our effort to keep classes new and interesting, we are presenting 42 new programs. Many of these are, once again, FREE! You'll also note we are doing more on Mondays and experimenting with some evening offerings. We want to fit into your schedule.

- "Great classes" have a lot to do with great teaching. We are very proud of our Master the Possibilities faculty. Please look over the "Faculty Facts" section. Even from these very brief entries, we think you'll be impressed with the quality ... that you have come to expect ... and deserve.

- Winter 2007 will have our most extensive curriculum to date. You'll see classes that you've asked for. We want the MTP Education Center to represent the community ... you. Help us accomplish this.

- **GROUNDS UPDATE:** The mid-fall weather has been so delightful and it's a welcome change from the late summer. We are, of course, both

ered by a lingering drought. The Water Management District restrictions on lawn sprinkling allow lawn watering on two days per week. As a result of these water use restrictions and the need to control demand spikes throughout our system, the Bay Laurel Center Community Development District is requesting that residents set their watering cycles to specific days and times based on your address. The specifics are available at www.OnTopoftheWorldInfo.com (otowinfo.com). If you need assistance in reprogramming your irrigation clock, please stop by Customer Service — this service is available at no charge.

Please, no supplemental watering of lawns outside of that. Should aquifer levels drop, or we go into a prolonged dry spell, the District will re-impose even more restrictions on use. Conservation of water is still the general order. Washing driveways definitely constitutes a waste of water resources! If you truly feel compelled to wash your driveway, resist the urge and go buy a small electric blower at Lowe's or Home Depot; they cost less than \$30. Or better still, wait a short while and al-

low the maintenance workers to blow it off for you.

Now would be a good time to check for leaky commodes or faucets. Thirty drops per minute waste approximately 54 gallons per month! That may not sound like much, but with more than 3,400 homes in the community, it can add up quickly. Please be water wise.

The trimming of dead hanging branches is beginning again and will continue through the winter months. The tree crew will also be taking down branches that may be overhanging dwellings. Although you may have put in a service request for tree trimming, the requests are not being taken in order of service date. The process is being done one street and neighborhood at a time — simply because of the logistics involved (the scaffold lift has a forward speed of 2 mph!). It makes very good sense and at the end of the process the management company will have taken care of all reported requests.

From all the employees and their families, we wish you all a wonderful New Year! ☺

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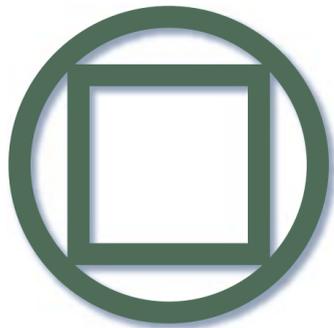
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Announcing



Circle Square Cultural Center

Entertainment Schedule



Grand Opening Concert*
Gary Lewis & The Playboys
January 12, 2007

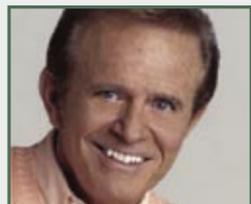
**Special inaugural event ticket prices*



Melissa Manchester
January 27, 2007



Bellamy Brothers
February 17, 2007



Bob Eubanks
Newlywed Game
March 10, 2007



Revolution
(Beatles Tribute Band)
March 24, 2007



Janie Fricke
April 7, 2007



BJ Thomas
April 27, 2007



The Drifters & The Platters
May 5, 2007



Amazing Kreskin
May 19, 2007

All Show Times Are 7:00 PM
Doors Open At 6:00 PM

**Schedule subject to change without notice.*

Reduced ticket prices for Residents of On Top of the World Communities.

Ticket Sales begin January 3rd at the Cultural Center ticket office.

(Resident ID required at time of purchase.)

Ticket prices vary by concert and are sold on a first come, first serve basis.

Up to 4 tickets per resident household may be purchased per concert.

(Ticket prices can be viewed on www.CSCulturalCenter.com)

 **Circle Square Cultural Center**
at Circle Square Commons

8395 SW 80th Street • Ocala, FL 34481

352-854-3670

ticketsales@CSCulturalCenter.com

Box Office Hours:
Monday- Friday
11:00 AM- 2:00 PM



**From
Debbie's Desk**
Debbie Clark

Happy New Year to all. I hope everyone had a wonderful holiday season. With all the holiday activities going on around the community the month of December was pretty quiet here at the Health & Recreation Building. We had the Holiday Happy Hour on Friday, Dec. 15, with our favorite resident Santa Claus played by Gary Uhley. Everyone had a wonderful time dancing to the sounds of Ray & Kay. Also, as always, the dinner provided by Friendship Catering was outstanding.

On to the month of January, Theresa will once again take you on two trips to the **Hard Rock Hotel & Casino in Tampa**. The first date is set for **Thursday, Jan. 4**, and the **second date is Tuesday, Jan. 23**. The cost for either one of these trips is \$2 per person. If you would like to register for either one of the trips, please feel free to stop in and visit Theresa at the H&R Office, Monday through Friday from 8 a.m. to 4 p.m. or you can call her at 854-8707.

Next on the list are the **High Teas**; I will try to hold three in the month. The dates are as follows:

- **Tuesday, Jan. 16: Arbor Club, On Top of the World Ladies**
- **Wednesday, Jan. 17: Candler Community Center, Candler Ladies**
- **Thursday, Jan. 18: Indigo Community Center, Indigo Ladies**

Please keep in mind that I must have all reservations one week prior to the tea so we can plan appropriately for the food. The cost of this event is \$5 per person and you may register at the Health & Recreation Office either by stopping by or calling 854-8707 between the hours of 8 a.m. and 4 p.m. Monday through Friday.

I would like to make mention that the themed Happy Hour for the month of January is **Roger & Rita's Wedding** and this will be held on Friday, Jan. 19. This is a **sold-out event**. If you have your tickets, **thank you for purchasing well in advance**. If you do not have tickets for this dinner theater and you wanted to attend, I apologize as seating is limited at the Arbor Club and the dinner theaters do sell out fast. Please mark your calendars though; we have another dinner theatre scheduled for Friday, June 8.

Last, but not least, is the **Annual Health & Wellness Expo**, which will be held on **Saturday, Jan. 27**. This event will be held at the Arbor Conference Center from 10 a.m. to 2 p.m. This event is sponsored by Munroe Regional Medical Center; so you will know that they will have a lot of their departments at this event to answer any of your medical questions. There will also be eye care, chiropractor care, acupuncture, the Lions Club Sight Van, Pharmacies and many others; the list of agencies is so long, I cannot list them all. Also our own Fitness Department will be providing us with an exercise explosion, which will begin at 10:30 a.m. **Please note there will be shuttle service available but you will have to go to Circle Square Commons to park and catch the shuttle from there**. If you have any further questions regarding this event, please call the Recreation Office at 854-8707.

On to some recreation announcements: For those of you who have rooms reserved at the Arbor Conference Center, Candler Community Building, and Indigo Community Building, the H&R Ballroom or the Craft Building, if you find that you are not going to utilize a room that you have reserved through the H&R Office, would you kindly take a few minutes to contact our office and cancel the room reservation. As the community grows and the demand for rooms increases, this will allow others to utilize the room that otherwise would be vacant. Thank you for being understanding in this matter.

Thank you for taking the time to read my article. Now let's go out and have some fun!

On another note, the Bulletin Board in the library has specific rules for postings and they are as follows:

- 3 X 5 Cards Only
- No Homes for Sale
- No Advertising
- No Pictures
- Please Date — will be removed after 30 Days

These rules were established many years ago and this bulletin board is a service that is provided to you, the residents. If the rules cannot be adhered to, this bulletin board will be removed.

The Arbor Conference Center now has the room schematics posted for all of the suites. Please take a few minutes when entering the room to make sure that the room is the way that it is set on the schematic. If it is not, please contact the H&R Office and we will make note of it. If the room is the way the schematic shows, then you are good to go; but please remember, if you rearrange the room or rooms, you must put the room back to its original layout. If you do not, you will be receiving a phone call from our offices requesting that you go back up and re-set the room.

If you have any questions regarding any of these matters, please contact the H&R Office at 854-8707. ☺

Congratulations

Anniversaries • Birthdays • New Residents



**Olivia Abbott
Birthday**



**Chris Resnick
Birthday**



**George & Vivian Slobodow
65th Anniversary**



**On Top of the
World Central**
Lynette Vermillion

Happy New Year! I am looking forward to a great 2007. I, like many of you, have made a number of New Year's resolutions, personally and for my responsibilities in the community. 1) Create a new resident orientation to inform our new residents about the community and the wonderful opportunities available. 2) Work with our employees and residents to create a culture of community mindedness to keep the community litter free. 3) Move all customer related service matters to Customer Service in Friendship Commons thereby creating a convenient, one-stop location.

Customer Service

Customer Service is expanding its array of services offered to our residents. We are now issuing resident IDs and decals at Customer Service located in Friendship Commons from 8 a.m. to 4 p.m., Monday through Friday. You will no longer have the long lines at the Arbor Club and will find the available hours more convenient. Any requests for modifications or service related matters along with payments, direct debit forms, golf cart registrations and RV rental space can now be done with one

stop. Our emergency after-hours number is 236-On Top of the World (6869).

Golf Cart Crossing and Path

We have created a golf cart crossing, which allows carts to cross Southwest 80th Street at the intersection of Southwest 90th Terrace into Circle Square Commons. We also ask that you please travel by golf cart on golf cart paths where provided. This is especially important when you are traveling Southwest 90th Terrace. Please stay on the path and out of the roadway. It is a traffic violation for a vehicle to cross the double yellow lines to pass a golf cart.

Water Bills

Outdoor water use accounts for about 80 percent of water use consumed by households in On Top of the World. You may not realize it, but a typical irrigation zone will average 360 gallons of water usage for a 20-minute run time. You can estimate your irrigation usage for the month by multiplying the number of zones by the number of times per week and then by 4.3. Remember to adjust your irrigation controller to the recommended irrigation schedule based on your address. You may find the schedule on our Web site www.ontopoftheworld.com.

Community Patrol

Our Community Patrol volunteers provide 5,544 hours per year and drive 25,776 miles patrolling the community. Not only are they the "eyes and ears" for the sheriff's office within our community, they also provide services such as traffic control for concerts at Shalom Park; verify that our buildings are locked and secured; assist residents needing information about safety and security; assist at accidents; and if a resident requests, will provide extra patrols by their home while they are away.

Lawn Maintenance

Grass growth is slowing and it is time to focus on winterizing our lawns. Be wary of using high nitrogen fertilizers when winterizing your lawns. High nitrogen fertilizers can cause new growth that is succulent and susceptible to frost damage that would become

very evident in the spring. We recommend using low nitrogen, high potassium fertilizer for root stimulation and growth, or simply, using a product high in iron.

Thank you for your support and feedback in 2006. It's hard to believe, I have now been a member of On Top of the World Communities for a year, and what a great year. I look forward to a very successful 2007. ☺



Upcoming Publication Date
February issue:
Thursday, Feb. 1

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Welcome to On Top of the World

Geraldine A. Haynes, 9175 S.W. 102nd Circle, Avalon
 Dorothy J. Beyer, 10047 S.W. 90th Loop, Avalon
 Arthur John and Donna M. Leclair, 9049 S.W. 103rd Ave. and 9067 S.W. 102nd Circle, Avalon
 Frank J. and Linda Janeczko, 9090 S.W. 102nd Circle, Avalon
 John Wise and Pamela Lane Carpenter, 8494 S.W. 82nd Circle, Candler Hills East
 John C. and Elaine K. Van Bloom, 8482 S.W. 82nd Circle, Candler Hills East
 Polly K. Dahm, 8290 S.W. 82nd Circle, Candler Hills East
 Joseph A. and Theresa A. Alfano, 8371 S.W. 84th Place Road, Candler Hills East
 Paula Dzaba, 8303 S.W. 82nd Circle, Candler Hills East
 Daniel L. and Diane M. O'Brien, 8441 S.W. 82nd Circle, Candler Hills East
 Walter C. Scott Jr. and Alice M. Scott, 8791 S.W. 83rd Circle, Candler Hills East
 David L. and Barbara E. Masaschi, 8322 S.W. 84th Place Road, Candler Hills East
 Leo P. and Suzette K. Paquin, 8296 S.W. 82nd Circle, Candler Hills East
 Scott W. and Maureen M. Morris, 8326 S.W. 82nd Circle, Candler Hills East
 Thomas P. and Anita M. Martinetto, 8332 S.W. 82nd Circle, Candler Hills East
 C. Vic and Doris Brumley, 8799 S.W. 83rd Circle, Candler Hills East
 William and Lois Osis, 9095 S.W. 99th Court Road, Avalon
 Stanley and Micki W. Lander, 8332 S.W. 84th Place Road, Candler Hills East
 Walter J. and Regina M. Pacuk, 8314 S.W. 84th Place Road, Candler Hills East
 Joseph T. and Monika Hines, 8291 S.W. 82nd Circle, Candler Hills East
 Janet Merry Cooke, 8324 S.W. 79th Circle, Indigo East
 Raymond R. and Sandra A. Shultz, 10095 S.W. 91st Place, Avalon
 Mary R. Battenfeld, 9026 S.W. 102nd Circle, Avalon
 Joseph A. and Jo-anne M. Milano, 10065 S.W. 91st Place, Avalon
 Gordon L. and Caryl A. Rosenberger, 10075 S.W. 91st Place, Avalon
 Remo P. and Elizabeth H. Perini, 8488 S.W. 82nd Circle, Candler Hills East
 T. Embury and Joanne D. Jones, 8324 S.W. 84th Place Road, Candler Hills East
 Richard A. and Grace R. Habercam, 10080 S.W. 90th Loop, Avalon
 Charles J. White, 8347 S.W. 84th Place Road, Candler Hills East
 Veera Jain, 8506 S.W. 82nd Circle, Candler Hills East
 Charles R. and Jean E. Allard, 8326 S.W. 79th Circle, Indigo East
 Donald E. and Phyllis M. Lasky, 8518 S.W. 82nd Circle, Candler Hills East
 Kurt G. and Sarah J. Bancroft, 9052 S.W. 103rd Ave., Avalon
 Benedetto and Lourdes Fazio, 7946 S.W. 83rd Place, Indigo East
 George W. Waters III and Maureen A. Waters, 8350 S.W. 82nd Circle, Candler Hills East
 Robert S. and Nanette R. Lishin, 8500 S.W. 82nd Circle, Candler Hills East

Sherman and Carolyn H. Axinn, 8495 S.W. 82nd Circle, Candler Hills East
 Gerard A. and Margaret A. Salt, 8357 S.W. 79th Circle, Indigo East
 Miguel A. Cruz Sr. and Irma Cruz, 8375 S.W. 82nd Circle, Candler Hills East
 Edmund J. and Kathleen M. O'Leary, 8302 S.W. 82nd Circle, Candler Hills East
 William B. and Louise J. Bailey, 8620 S.W. 83rd Court, Candler Hills East
 Robert A. and Shirley I. Lipfert, 10045 S.W. 91st Place, Avalon
 Arthur F. and Doris A. McTague, 8405 S.W. 82nd Circle, Candler Hills East
 Brian H. and Elizabeth S. Coburn, 8364 S.W. 79th Circle, Indigo East
 Salvatore D. and Catherine E. Pecoraro, 8267 S.W. 84th Place Road, Candler Hills East
 Robert and Zoraida Irizarry, 7918 S.W. 83rd Place, Indigo East
 Orlando and Edith Miriam Tirado, 8778 S.W. 83rd Circle, Candler Hills East
 Tracy N. Gerasimos and Germaine J. Maggard, 9010 S.W. 102nd Circle, Avalon
 H. William and Cheryl A. Titus, 8348 S.W. 79th Circle, Indigo East
 Michael and Joyce E. Diekman, 8342 S.W. 79th Circle, Indigo East
 Jean A. Deshommes, 8340 S.W. 79th Circle, Indigo East
 Sandra Ricca and Susan Weinstock, 10002 S.W. 90th Loop, Avalon
 Richard M. and Danielle Williams, 8423 S.W. 82nd Circle, Candler Hills East
 William John and Maureen A. Tegeder, 8381 S.W. 82nd Circle, Candler Hills East
 Peter W. and Edna V. Finan, 8331 S.W. 84th Place Road, Candler Hills East
 Bradford A. and Mary Lou Pease, 7980 S.W. 81st Loop, Indigo East
 Bertis D. and Georgia R. Adams, 10035 S.W. 91st Place, Avalon
 Fred G. Lopez and Milagros Gonzalez, 8369 S.W. 82nd Circle, Candler Hills East
 John H. and Margaret E. Smith, 9183 S.W. 102nd Circle, Avalon
 George P. and Evelyn M. Ruth, 9980 S.W. 90th Loop, Avalon
 Kathy A. Stokes, 9110 S.W. 102nd Circle, Avalon
 Charles R. and Annette Emanuel Krueger, 8433 S.W. 82nd Circle, Candler Hills East
 Herbert M. and Darlene Y. Koster, 8355 S.W. 79th Circle, Indigo East
 Paul A. and Linda I. Agerty, 8393 S.W. 82nd Circle, Candler Hills East
 Beatrice Ruth Flam, 9161 S.W. 102nd Circle, Avalon
 Neil D. and Jane A. Geary, 8399 S.W. 82nd Circle, Candler Hills East
 Felice Pascucci Jr. and Eleanor Pascucci, 9187 S.W. 102nd Circle, Avalon
 James E. and Peggy A. Borro, 9020 S.W. 103rd Ave., Avalon
 Eugen W. and Renate U. Mell, 8429 S.W. 82nd Circle, Candler Hills East
 Angel V. and Gisela Rodriguez, 8352 S.W. 79th Circle, Indigo East
 Richard A. and Geraldine M. Nelson, 10046 S.W. 90th Loop, Avalon
 Stanley W. and Eve-Lynn G. Harvey, 8517 S.W. 82nd Circle, Candler Hills East
 Frank and Jeanne M. Dipiero, 7988 S.W. 83rd Place, Indigo East
 Donnie H. and Rose Marie Winfrey, 9126 S.W. 102nd Circle, Avalon
 Ronald and Annick Buchholz, 8411 S.W. 82nd Circle, Candler Hills East
 Arthur J. and Susan E. Pryor, 8417 S.W. 82nd Circle, Candler Hills East
 Gilbert J. and Deanne M. Green, 8380 S.W. 82nd Circle, Candler Hills East
 Richard S. and Helen Knecht, 8346 S.W. 84th Pl Road, Candler Hills East
 Thomas W. Weixlmann Sr. and Doris E. Weixlmann, 8327 S.W. 82nd Circle, Candler Hills East

Jerome L. and Diane S. Asner, 9178 S.W. 102nd Circle, Avalon
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 Gerald A. and Lorraine M. Erb, 9045 S.W. 103rd Ave., Avalon
 Gary P. and Judith D. Risley, 10073 S.W. 92nd Street Road, Avalon
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 James R. Cox, 8356 S.W. 79th Circle, Indigo East
 Roberta W. Timmerman, 8999 S.W. 99th Court Road, Avalon
 Colin M. and Rosemary A. Adamson, 9075 S.W. 102nd Circle, Avalon
 Rudy J. Dagnello, 9131 S.W. 102nd Circle, Avalon
 Raymond L. Governatori, Barbara A. Governatori, 8359 S.W. 79th Circle, Indigo East
 Richard and Susan Merkle, 9098 S.W. 102nd Circle, Avalon
 Robert E. and Lois A. Dwyer, 10006 S.W. 90th Loop, Avalon
 Christine Bechtolt, 8353 S.W. 79th Circle, Indigo East
 Ernestine A. Pryor, 9127 S.W. 102nd Circle, Avalon
 Donald B. and Marilyn V. Thornberry, 8536 S.W. 82nd Terrace, Candler Hills East
 Victor R. and Geraldine B. Magolan, 8309 S.W. 82nd Circle, Candler Hills East
 Ramon and Lydia Martinez, 9030 S.W. 102nd Circle, Avalon
 Marvin and Flora M. Negron, 8325 S.W. 79th Circle, Indigo East
 Charles S. Martel Jr. and Joan V. Martel, 9040 S.W. 103rd Ave., Avalon
 Stanley A. and Joanne B. Weller, 9167 S.W. 99th Court Road, Avalon
 William F. and Shirley J. Moulton, 8914 S.W. 84th Circle, Candler Hills East
 Edwin L. and Francine L. Cohen, 9029 S.W. 103rd Ave., Avalon
 Raymond R. and Serine F. Rossi, 9027 S.W. 102nd Circle, Avalon
 Cecilia M. Bezick, 9042 S.W. 102nd Circle, Avalon
 Dorothy Stark, 8410 S.W. 82nd Circle, Candler Hills East
 Peter D. and Janice E. Quigley, 8090 S.W. 78 Terrace Road, Indigo East
 Robert W. and Rebecca B. Morley, 9025 S.W. 103rd Ave., Avalon
 Jane Benoist, 9063 S.W. 102nd Circle, Avalon
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 Onofre J. and Pilar A. Maranon, 9044 S.W. 103rd Ave., Avalon
 Carlos R. Santiago Colon and Blanca T. Mollfulleda, 7932 S.W. 83rd Place, Indigo East
 Gary Robert and Martha J. Mowry, 8569 S.W. 88 Loop, Candler Hills East
 Peter and Ethel L. Beckett, 10000 S.W. 90th Loop, Avalon
 Ethel Russo, 7882 S.W. 80 Place Road, Indigo East
 Francis X. Tansey Jr. and Suzanne M. Tansey, 8297 S.W. 82nd Circle, Candler Hills East
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 Maria A. Valiente, 8362 S.W. 82nd Circle, Candler Hills East
 James E. and Dorothy R. Taylor, 8501 S.W. 82nd Circle, Candler Hills East
 Steven M. and Theodora Ackerman, 9053 S.W. 103rd Ave., Avalon
 Douglas W. and Natalie Turner, 9167 S.W. 102nd Circle, Avalon
 Leonard S. and Paula M. Kofsky, 8289 S.W. 82nd Circle, Candler Hills East
 Jackson L. and Florence O. Curtin, 8512 S.W. 82nd Circle, Candler Hills East
 Frederick J. Doble Jr. and Mary E. Doble, 8349 S.W. 79th Circle, Indigo East
 Robert M. and Barbara Toeppen-Sprigg, 8422 S.W. 82nd Circle, Candler Hills East
 H. James and Dianna J. Batsou, 9057 S.W. 102nd Circle, Avalon
 Thomas W. and Marianne A. Barry, 8561 S.W. 88 Loop, Candler Hills East
 Kenneth J. and Mary Smith Bohn, 8658 S.W. 88 Place, Candler Hills East
 Marilyn E. and David M. George, 8447 S.W. 82nd Circle, Candler Hills East
 Ronald J. and Kathy Niebo, 9059 S.W. 99th Court Road, Avalon
 Mitchell W. and Nancy A. Zielinski, 9058 S.W. 102nd Circle, Avalon
 Janice S. Spalding and Edward Neustadt, 8566 S.W. 82nd Terrace, Candler Hills East
 Bruce H. and Diane M. Hagstrom, 8109 S.W. 78 Terrace Road, Indigo East
 Joseph A. and Patricia A. Piscopo, 9050 S.W. 102nd Circle, Avalon
 John L. and Lorraine Rourke, 9071 S.W. 99th Court Road, Avalon
 Jack S. and Kathryn W. Moseley, 8577 S.W. 88th Loop, Candler Hills East
 Arnold N. and Joan A. Benard, 8045 S.W. 78 Terrace Road, Indigo East
 Jay F. Borden, 8581 S.W. 88 Loop, Candler Hills East
 Karen A. Brinckmann, 8354 S.W. 79th Circle, Indigo East
 John F. Gapinski Jr. and Lillian G. Gapinski, 9046 S.W. 102nd Circle, Avalon
 James F. Goulet, 8907 S.W. 84th Circle, Candler Hills East
 John and Elizabeth L. Morro, 8585 S.W. 88 Loop, Candler Hills East
 James Richard and Phyllis Harvey Meehan, 8680 S.W. 88 Loop, Candler Hills East
 Steven A. and Linda K. Short, 8328 S.W. 79th Circle, Indigo East
 Francisco R. and Luz A. Garcia, 9055 S.W. 102nd Circle, Avalon
 Morris C. and Lynn Chase Grove, 8524 S.W. 82nd Terrace, Candler Hills East
 Hans H. Rothkehl, 9191 S.W. 99th Court Road, Avalon
 Jacques E. and Marie A. Gilles, 7947 S.W. 80th Place Road, Indigo East
 Albert E. and Eileen M. Brown, 9672 S.W. 92nd Place Road, Providence
 John J. Gavender and Evelyn Shelton, 7959 S.W. 80th Place Road, Indigo East
 William I. and Joyce Fox, 8313 S.W. 82nd Circle, Candler Hills East
 William A. and Dorothy R. Zorros, 8374 S.W. 82nd Circle, Candler Hills East
 Jack J. and Nancy J. Jacek, 8094 S.W. 78th Terrace Road, Indigo East
 Jerry L. and Nancy E. Dickerson, 7857 S.W. 80th Place Road, Indigo East
 Raymond G. and Trudie L. Press, 8060 S.W. 78 Terrace Road, Indigo East
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 Paul N. and Nancy J. Dreimiller, 8383 S.W. 84 Loop, Candler Hills East
 Henry C. and Joanne D. Futch, 8078 S.W. 78th Terrace Road, Indigo East
 Ronald and Ilene Miller, 8884 S.W. 84th Circle, Candler Hills East
 Douglas E. Miller, 8597 S.W. 88 Loop, Candler Hills East
 Luis A. and Doris R. Valenzuela, 8593 S.W. 88 Loop, Candler Hills East
 Han W. and Betty D. Dong, 8455 S.W. 82nd Loop, Candler Hills East
 Eve S. Gillespie, 8036 S.W. 78th Terrace Road, Indigo East
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Lady golfers gather at Candler Hills to play in the first 18-hole ladies league.



Candler Hills
Mary Pat Giffin

It's a New Year and a great time to meet your neighbors, get involved and participate in some of the activities planned for Candler Hills residents.

Wednesday, Jan. 10, will be the first meeting of the Women's Club of Candler Hills (W.C.C.H.) The meeting is at the Candler Hills Community Center from 1 to 3 p.m. Subsequent meetings will be held the second Wednesday of each month. For information call Lynda Feld at 237-6568 or e-mail her at lyn.13@hotmail.com.

Cheer for your favorite team with neighbors at a Super Bowl Party on Feb. 4. It will be held at Candler Community Center. Bring an appetizer. Cost is \$5 per person to cover the rental of a big screen TV.

An Arts and Crafts showcase is in the works for Saturday, April 28. This is an opportunity for Candler Hills residents to show their talents. We hope to have fine art, photography, crafts, and more. Please watch for more information. We are also looking for residents with musical talents to provide the entertainment.



Indigo East
Allie Gore

It's happened again ... another year gone! I say that every year knowing full well that the "new" year will do just what the last one did ... it will pass! I am sure you have remarked, as I have, about how time flies. Yet you and I both know that time passes as it passes. It's what we do with time that makes it pass faster or slower. Get it? Of course you do!

Have you given any thought to how you are going to "spend" your time in 2007? Don't let your time just slip away. Use it, fill it with things you enjoy and people you love being with! Now is a great time to look back over 2006. If it was a great year (and mine was) and you are satisfied with how you spent your time, hooray for you! I plan to make some changes. I close this column each month with this statement, "Enjoy life, this is not a dress rehearsal." I like to remind myself of that on a daily basis. As I "spend" each moment I know it is gone forever and tomorrow may never come; so I am determined to do the best I can to enjoy each moment!

2007, here I come (and lots of friends will be coming with me)! On Dec. 31, a group of us, who gathered together to welcome in 2006, are again gathering together to welcome in 2007. Looks like we've started an annual tradition.

I look back over 2006 and I am so pleased

Whether you have one artistic flair or many, please plan to share them. Questions? E-mail Pat MacMurray at patmac@otowhomes.com.

The Friday evening get-togethers are back in swing. It is an opportunity for new residents to get to know their neighbors, share their knowledge of where to find service people for special jobs and more. Join us at Candler Community Center at 6:30 on Friday evenings.

Light Yoga with Adela is offered the first and third Wednesday of the month at 3 p.m., Candler Community Center.

Residents are moving in on 88th Loop and we're amongst them. Our walk-through with Richard, On Top of the World Warranty Representative, was most satisfying. He was thorough, checking every detail of the cabinets, windows, doors and painting. It took two hours, during which time touch up painting and window adjustments were made. We drove away with no items on our punch list.

If you want to receive e-mails on the happenings at Candler Hills be sure to provide John Podkmorski with your address and phone number. You can e-mail him at john@podspad.us or give him a call at 873-3869.

Bill and Carol Horton came home recently to find water coming down their driveway. The water line going into the dishwasher had come off. Water was everywhere, flooding most of the house. While it was a tragic event, On Top of the World's response to the situation was "phenomenal," according to the Hortons. Within 20 minutes five people were at their home, including Dennis Hisey, Richard Hracs, Robert Colen and Lynette Vermillion to resolve the matter. "We immediately had a place to stay" (in one of the guest villas) and were reassured the damage would be repaired as quickly as physically possible. The guest villa isn't home but "we're comfortable and have everything we need."

Your comments and suggestions are welcome. Please note my new phone number: 854-8545. We haven't hooked up the computer yet so watch for new e-mail address. ☺

to know that not only have we gathered together, as the Indigo East community, to meet new neighbors, converse, share great food and drink and lots of laughter but also many smaller informal groups, of neighbors, regularly gather together to share all kinds of activities.

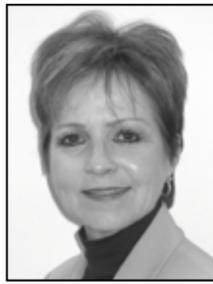
Are you new to Indigo East? Welcome! Please join in. There is a lot to do and you probably have ideas, which will make our community even better.

Help us in planning for community events in 2007. Come to game nights at our community center the second Tuesday and fourth Thursday each month. Join the American or Chinese Mah Jongg groups. Neighbors play cards, marbles, dominoes, golf, tennis, ride bikes, do water aerobics, yoga and have a monthly ladies luncheon.

We have neighbors interested in poker and bridge and they are looking for others who would like to play. We will have a line dancing class starting in January at our community center. Would you like to have a morning coffee group? Have ideas for our community? Let me hear from you. We have neighbors who participate in CERT (community emergency response team) and the On Top of the World Community Patrol. We need more volunteers. Interested in anything you read here, have ideas, input or feedback? Want to be added to the directory or receive the newsletter? Contact me at 861-4564 or indigo8062@earthlink.net.

Mark your calendar. The Indigo East Community Blood Drive is held in our community center on the first Tuesday of every odd numbered month. On Jan. 2, from 8 a.m. to 1 p.m., we need lots of neighbors to come to the community center and donate the gift of life.

Thank you, thank you, thank you to Michael and Nancy Ludvik for their great job in keeping the Indigo East Directory current and to Roger Schwartz, editor of "The Indigo East Gazette", our community newsletter. It is through their efforts that we are able to communicate and stay in touch! Wishing all a healthy 2007 filled with genuine friends, unconditional love and lots and lots of laughter! Remember, enjoy life, this is not a dress rehearsal! ☺



Candler Hills & Indigo East
Lynette Vermillion

Happy New Year! I am looking forward to a great 2007. I, like many of you, have made a number of New Year's resolutions, personally and for my responsibilities in the community.

1) Create a new resident orientation to inform our new residents about the community and the wonderful opportunities available. 2) Work with our employees and residents to create a culture of community mindedness to keep the community litter free. 3) Move all customer related service matters to Customer Service in Friendship Commons thereby creating a convenient, one-stop location.

Customer Service

Customer Service is expanding its array of services offered to our residents. We are now issuing resident IDs and decals at Customer Service located in Friendship Commons from 8 a.m. to 4 p.m., Monday through Friday. You will no longer have the long lines at the Arbor Club and will find the available hours more convenient. Any requests for modifications or service related matters along with payments, direct debit forms, golf cart registrations and RV rental space can now be done with one stop. Recycling bins are also available. Our emergency after-hours number is 236-On Top of the World (6869).

Golf Cart Crossing and Path

We have created a golf cart crossing which allows carts to cross Southwest 80th Street at the intersection of SW 90th Terrace into Circle Square Commons. We also ask that you please travel by golf cart on golf cart paths where provided. This is especially important when you are traveling Southwest 90th Terrace. Please stay on the path and out of the roadway. It is a traffic violation for a vehicle to cross the double yellow lines to pass a golf cart.

Digital Cable

Digital cable tier arrives early 2007. The digital tier will give the opportunity for hi-definition signal delivery, digital music programming and digital packages such as impulse select temporary use of premium service.

Water Bills

Outdoor water use accounts for about 80 percent of water use consumed by households in both Candler Hills and Indigo East.

You may not realize it, but a typical irrigation zone will average 360 gallons of water usage for a 20-minute run time. You can estimate your irrigation usage for the month by multiplying the number of zones by the number of times per week and then by 4.3. Remember to adjust your irrigation controller to the recommended irrigation schedule based on your address. You may find the schedule on our Web site www.ontopoftheworld.com.

Security Lighting

We have had a number of calls about security lighting. The request to add lighting to the exterior of your home should be made by requesting a modification through Customer Service located in Friendship Commons.

Security lights meeting criteria are allowed. Security lights mounted under the eaves of the home, are motion activated, time out after a short period, and predominantly light a narrow pattern immediately adjacent to the home. Floodlights are not allowed, and they generally illuminate a very broad area. Security lights may be approved for installation subject to approval by the Architectural Review Board (ARB). Lighting specifications should be attached to the modification along with a site plan marking the location of the lights to be installed and the name of the contractor who will be doing the work. The ARB will confirm or deny the request in writing.

Community Patrol

Our Community Patrol volunteers provide 5,544 hours per year and drive 25,776 miles patrolling the community. Not only are they the "eyes and ears" for the sheriff's office within our community, they also provide services such as traffic control for concerts at Shalom Park; verify that our buildings are locked and secured; assist residents needing information about safety and security; assist at accidents; and if a resident requests, will provide extra patrols by their home while they are away.

Lawn Maintenance

Grass growth is slowing and it is time to focus on winterizing our lawns. Be wary of using high nitrogen fertilizers when winterizing your lawns. High nitrogen fertilizers can cause new growth that is succulent and susceptible to frost damage that would become very evident in the spring. We recommend using low nitrogen, high potassium fertilizer for root stimulation and growth, or simply, using a product high in iron.

Thank you for your support and feedback in 2006. It's hard to believe, I have now been a member of On Top of the World Communities for a year, and what a great year. I look forward to a very successful 2007. ☺

John & Ruth
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Upcoming Publication Dates

- February issue: Thursday, February 1
- March issue: Thursday, March 1
- April issue: Thursday, March 29

Genealogical Society

Helen Grollmusz & Rene Beck

From outgoing president Helen Grollmusz: Happy New Year 2007 from members of the On Top of the World Genealogical Society. This is a reminder of the genealogy classes that will be starting Jan. 31. Richard "Dick" Belz will conduct the first class. His subject will be "Overview." The next three classes will be Feb. 7, Feb. 14 and Feb. 21. All will be for an hour and held in the Education Building in Circle Square Commons next to Sid's Coffee Shop.

Ron Chad will have a class on "Organization." Carole Kameswaran's class will be on "How Computers Can Be Used for Genealogy." Julia Hendrick, who is coordinator of genealogy, will have a class on "Research." Remember to check the catalog of Master the Possibilities for registration information.

In the December column, I mentioned that I received the picture of my mother's apartment in New York City, N.Y. It was in a row of houses on East 83rd Street. I was not sure in which house my mother lived. There was a sign with a number on it, for tax purposes. However, when I sent the picture to my brother, he noticed an arrow over the numbers. It was positioned to show a particular apartment. This would be the house where my mother lived. I also received the picture of the apartment where my brother was born on 100th Street in New York City.

From Rene Beck: The December meeting was a luncheon celebrating Christmas and honoring Helen Grollmusz. It was with grateful hearts that we "thanked" Helen for her service of five years as our president. Helen has always gone above and beyond the duties of the president. All members will miss her leadership. Thank-



Vice President Dick Belz presents a memento to outgoing president Helen Grollmusz.

fully, she will remain an active member of the Genealogical Society.

At our next meeting on Jan. 8 (yes, that date is correct, 2007 is upon us), we will be seeking someone to fill the positions of president, columnist, librarian, and historian. You may ask why so many positions? Helen has been doing all of this herself. It is now time to involve more members in the operation of our club. We ask each of our members to consider stepping into one of these positions.

The 2007 membership fee of \$10 will be due at our January meeting.

All On Top of the World residents are always welcome at our meetings. We meet at 10 a.m. the second Tuesday of each month in Meeting Room 3 at the Craft Building. Our members are always willing to help you get started in your search for your ancestors.



Photo by Lynn P. Stock
Susan Keogh shows the wedding display at the new Hospitality office in Friendship Commons.



Hospitality Division
Susan Keogh

It's been an exciting year for the Hospitality Department.

We've completed our move to Friendship Commons, and everyone in the office is pleased to be in such a nice large space. We especially like being easily accessible to our residents. We are located in the center building at the far left. A large lobby provides a great place to meet with clients.

During 2006 we re-opened the Pub, and have added continental breakfast to the menu. Shortly, we will be expanding the breakfast to include hot items such as eggs and pancakes. Breakfast is served Monday through Saturday from 7 to 11 a.m.

Wednesday Night Steak Out continues to be extremely popular at Candler Hills Restaurant. A variety of steaks and fish are served right from the grill, to your inside or outside table. In the works are other special nights and possible entertainment. Look for information on Channels 17/19, and for posters. Chef Wes and Dining Room Manager Sharon await your visit for breakfast, lunch and dinner.

Friendship Catering is taking reservations for your 2007 get-togethers. Call 861-9130 and speak with Chris Cole, who will take care of all the details that will make your function special.

Sid's Coffee Shop is open 7 a.m. to 3 p.m. every day, Sid's is a great place to meet friends for your morning coffee or coffee break. It offers a variety of goodies, specialty coffees and teas.

If you have any questions or need information call the Hospitality Office at 861-9188.

A healthy and prosperous New Year is wished to all of you from all of us. We thank you for your support during 2006, and hope to serve you at all our facilities during the coming year.

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The Shutterbugs Photography Club recently went on a shootout at Homassasa Springs.



Shutterbugs Photography Marilynn Cronin

The ShutterBugs are already planning our next photo exhibit in either April or May. We were very pleased with the large turnout and the comments regarding the exhibit in November, and we are already taking photos with the next exhibit in mind. (If you have ever been involved with photo judging and would be willing to help, or know someone who has, please contact Gary Uhley at guhley@cfl.rr.com).

On Nov. 30, 15 ShutterBugs and spouses traveled to Homosassa Springs Wildlife State Park for a "shootout." Even Lu the hippo performed for us! Afterward we all went out to

lunch, which was a fun time while getting to know one another. We are in the process of planning our next "shootout" at the Jacksonville Zoo sometime in January.

A new board was voted in at our December meeting. The board for 2007 will be Gary Uhley, president; Ray Cech, first vice president; Tom Frostig, second vice president; Lennie Rodoff, treasurer; and Marilynn Cronin, secretary. We want to thank our outgoing board members Al Savage and Etta Schechter for their hard work in helping to get ShutterBugs up and running our first year!

At the Dec. 19 meeting, Gary Uhley gave holiday photography tips on both candid and still shots.

Classes on PhotoShop Elements as well as other member-directed topics will begin again the third Tuesday of the month in Suites B and C at the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at guhley@cfl.rr.com.

Were you disappointed in your holiday photos? Need help? Come join the ShutterBugs for a fee of only \$10 per year, ask your questions, get assistance with your cameras (especially the new ones Santa brought), and learn tips and tricks to help with your photography. Start 2007 with a new hobby.

The ShutterBugs meet at 3 p.m. on the first and third Tuesday of the month in Suites B and C at the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at guhley@cfl.rr.com.

Gym Attendants Advise Patrons on How to Make Working Out a Pleasurable Experience

By MARY PAT GIFFIN
WORLD NEWS WRITER

As we begin the New Year, most of us resolve to get fit and exercise regularly.

Why is this the second top resolution of the year? Because we know regular exercise is associated with more health benefits than anything else known to man.

Studies show that it reduces the risk of some cancers, increases longevity, helps achieve and maintain weight loss, enhances mood, lowers blood pressure, and even improves arthritis.

So, if you're kicking off 2007 with a commitment to get fit at Health & Rec, this is a good time for our gym attendants to remind the regulars and advise newcomers of common courtesies and safety guidelines.

Before you pick up those 50-pound weights to emulate Sylvester Stallone, heed Paul O'Hara's recommendation.

"Don't stress yourself physically. There's no contest here. You can always add more weights and repetitions later. Take it easy and work up to it."

His wife, Patty, who has been working in the gym for more than two years, suggests you bring a hand towel for your face and stay hydrated. There's a water cooler and gym wipes on both ends of the gym for wiping up after using the machine.

A few patrons don't clean up after themselves and aren't familiar with gym etiquette. That's why there are rules to encourage civility and well being in the gym.

These are necessary for those who are inconsiderate of others and for people's safety," explains Paul, who doesn't necessarily like a lot of rules himself.

Proper gym shoes and attire are essential. "Baggy shorts are inappropriate for floor exercises," stresses Patty, who is conscientious and intent on residents following gym protocol.

For example, "It's OK to perspire," she said, "but don't wear cologne because people have allergies and find it offensive."

Taking control of the TV and fan are also against the rules.

"You shouldn't be changing channels because it's inconsiderate of other residents," said Patty, who will change the channel for you if others aren't watching a given news program.

Socializing is encouraged because working out should be fun but be conscious of others. If you're on a machine don't spend a lot of time talking because somebody may be waiting to use it. The treadmill is different because you are allotted 30 minutes. However loud talking and singing can annoy others.

The interaction amongst the patrons is what Linda Ford and Sue Moody enjoy most about working at the gym. "I like that it's a social club," said Sue. "The guys here solve the problems of the world."

Linda admires the commitment of the regulars. "These clients are motivating. I hope I have that much discipline when I'm older."

Whatever you do, don't look at exercise as something painful, boring or obligatory because it can and should be fun.

It's a stress reliever; a way to boost energy and mood; time to yourself; a chance to get totally physical and let your mind rest; and a way to improve quality of life immediately.

With these thoughts in mind we wish you a happy, healthy New Year.



Photo by Robert Krames

Patty O'Hara explains the stationary bicycle program to Edie Loeffler (center). Other cyclists warming up before their workout are regular patrons (front row left and far right) Phyllis DiFrancesco and George Conklin. Back row are George DiFrancesco and Ida Amerigo.

Exercise Know-How and Gym Rules

- Wear appropriate work-out attire and athletic shoes.
- Bring a towel for your face.
- Bring your ID card.
- Sign in at desk before exercising
- Warm up five to 10 minutes before exercise routine.
- If you are not sure of how to use machine, ask a gym attendant to assist you.
- Do not chew gum when exercising. The snap, crackle and pop can be offensive.
- Report any injuries.
- Store personal items in day lockers.
- Replace free weights and dumbbells after using them.
- Stretch at end of workout.
- Enjoy this time to your health.

Health & Wellness Expo 2007 Saturday, January 27 • 10 am - 2 pm

Arbor Conference Center Suites A through H

Sponsored by Munroe Regional Medical Center &
On Top of the World Communities



If you are new to the area, or even if you have lived here for a while, this is the Expo for you. Come out and see what Ocala has to offer in the way of the newest medical advances. Meet the very informative staff from MRMC and other area agencies specializing in Health Care. There will also be fitness demonstrations presented by the Fitness Instructors of On Top of the World.

Some of the area agencies that will be participating in this year's event in addition to Munroe Regional Medical Center are:

Accent Medical
American Red Cross
Arthritis Foundation
Blessed Trinity Elder Care
Central Florida Eye Institute
Chambrel at Pinacastle
Clinical P.E.T.
Florida Center for the Blind
Franks Pharmacy
Museum Eye Care
Swinson Eye Care
Pinnacle Medical Supplies

For more information, please contact the Health and Recreation office at 854-8707.

Master the Possibilities

Appleton Museum of Art School at MTP Education Center

In order to bring the best in art education, we've teamed with the Appleton. Faculty and courses have been selected by the Appleton Museum of Art. Classes will meet several times and a list of supplies will be provided.

We're interested in your ideas for future classes!



Fitness Happenings
Adela Anderson

This is the time of the year when you need to analyze your fitness/wellness plans and goals and make them work for you. When you hear the term "exercise," does it make you think of tedious physical activity? Do you see it as a form of punishment?

The reality is that exercise can be a very enjoyable journey. It will help you stay young, fit and healthy. You can have a good time, look great and feel fantastic if you choose an exercise program that you really enjoy. Why not revive your current fitness program by mixing a new activity or sport. Follow these pointers:

- Check out the classes and programs we offer. Try a variety of classes and choose what you like. This will help you stick to your fitness programs.

- Know your limitations. Check with your doctor, with your personal trainer and our fitness staff to make sure you are choosing the right program.

- Know your goals. Make short-range realistic goals and focus on what you want. Choose a personalized program or classes that will help you achieve what you are looking for.

January is full of great exercise programs, lectures and surprises!

On Jan. 1, the fitness center will be open from 9 a.m. to 6 p.m.

Personal training with Howie

January special, 15 percent off: Howie can help you succeed with your fitness goals by creating a specialized fitness program designed just for you. Call Howie at 854-8707 for a free consultation.

The NuStep Recumbent Cross Trainers are here!

Our fitness center just acquired two NuStep Recumbent Cross Trainers. The NuStep machine is one of the best pieces of equipment that will fit diverse needs of our residents. Highly conditioned residents as well as people with debilitating diseases and physical challenges will be able to benefit from the NuStep.

The machine has a padded swivel seat that rotates and locks 90 degrees to the left or right allowing wheelchair users or frail exercisers to get on and off the machine safely. The machines will strengthen your cardiovascular system and will help you improve your strength. The machines offer 10 resistance levels, from an easy five watts up to a robust 800 watts. The NuStep is also very portable. Please make sure to contact our gym attendants before using the machine. They will guide you on how to use it properly.

RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat
9:00 60 Min Aerobics Room	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat
10:15 Aerobics Room		Beginners Tai-Chi*Fitness Shannon		Beginners Tai-Chi*Fitness Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym		Cybox Orientation Howie		Cybox Orientation Howie	
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
4:00 2 nd & 4 th Monday	10,000 Steps Sholom Park				

Saturday

12:15 Oxycise (20 Min.) Aerobics Room

10:00 - 11:00 a.m. Yoga Class Sholom Gardens First Saturday of The month. Adela

10,000 Steps at Sholom Park 2nd & 4th Mon. October to May 4:00 p.m.

Sunday

12:15 Oxycise (20 Min) Aerobics Room

Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required.
Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching Exercises. Mat required.
Condition & Stretch Fusion: Warm-up, short conditioning segment and flexibility exercises. Mat Required
Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and Stretching. No floor work.
Power Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.
Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.
Sit & Be Fit: Seated cardio and strength training work using resistive bands and weights.
Cybox Gym Equip. Orientation: Learn how to use and adjust the machines correctly.
One-on-One Personal Training: Fee based instruction with certified instructor.
10,000 Steps at Sholom: Join us for a 1 1/2 - 2 mile walk and enjoy the beautiful sholom park.
Interval Training: This class consists of alternate bursts of Aerobic Activity (3 min.), and strength training (1.5 min.)
***Asterisk denotes a fee Based class. See instructor for information**

Wellness And Fitness Week

All classes are free!
 From Monday, Jan. 22, to Friday, Jan. 26, all of our fee-based classes will be free. Take the opportunity and challenge yourself! Explore classes that you are not too familiar with. Take yoga, Pilates, water aerobics or a Tai-Chi class. By participating in a new class you might be able to tone muscles you did not know you had.

The Health And Wellness Expo

Saturday, Jan. 27, Arbor Club Conference Center, 10 a.m. to 2 p.m.
 Debbie will keep you posted with all the events on this day! She has a great program for you!

Join all of our fitness instructors for an "Exercise Explosion" at 10:30 a.m. in the Arbor Conference Room. Our instructors will be presenting a sampling of their fitness classes. Join us for this fun event and support your fitness instructors!

Pilates And Yoga Fusion On The Ball

H&R Exercise Room, Tuesday, Jan. 23, 3 p.m. Free

This class will offer a combination of yoga and Pilates techniques challenging your core strength, balance and flexibility. Please call the H&R office at 854-8707 to register. Limited to 21 participants.

Brown Bag It!

With Holly McCormick, pharmacist, Arbor Club Ballroom, Wednesday, Jan. 24, 3 to 4 p.m. Free.

Holly is our neighbor pharmacist that many of you have met and love! She will pay a special visit to you and will be ready to answer questions about medications, side effects and interactions. To register please call the H&R office at 854-8707.

Racquetball

Racquetball is a great sport!
 Free lesson for the first six registrants, Thursday, Jan. 25, 2 p.m., H&R Racquetball Courts

Marty is ready to help you learn about this great sport or to perfect your playing technique. Please bring eye protection and a racket.

Yoga At Sholom Park

Saturday, Jan. 5, 10 a.m., free
 Bring your mat and drinking water and meet us at the park to have a yoga session surrounded by nature.

10,000 Steps At Sholom, Mondays, Jan. 8 and Jan. 22, 4 p.m. Free

The park is the perfect environment to walk, get exercise and enjoy the afternoons in company of friends. We meet in the parking lot of Sholom.

Walking Meditation

Sholom Park's Labyrinth, Wednesday, Jan. 10, 4 p.m. Free

As you walk slowly step by step, you will find calmness and serenity. This is a good time to re-group and concentrate on your New Year's resolutions. It is a relaxing experience.

Latin Cardio

Arbor Club Ballroom, Thursday, Jan. 11, 10:15 a.m.

Join Kitty for another exciting class. She is ready again to surprise you with a new routine.

Basic Learning Of Yoga Poses

H&R Exercise Room, Monday, Jan. 15: It does not matter if you are new to yoga or if you have been practicing it for years. In this class we will guide you to practice the poses with perfect alignment and form. If needed, we will help you make the necessary adjustments.

If you need a little help getting started, please do not hesitate to call Howie or me at 854-8707 so we can help you choose the best program for you. We want to help you with your personal goals and to be faithful to your resolutions.

Stay active and surround yourself with positive people. Wishing you health, happiness and many blessings in 2007! ☺

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On Top of the World Golf Cart Parade

Photos by Larry Resnick



POET'S CORNER

Poetry from On Top of the World Residents

When Winter Comes

HAZEL EHLE

When winter comes how lovely
To see the fluffy white snow
As it decorates trees and bushes
And makes all it touches glow.

When it tumbles from the sky
Without making a sound
Each flake dancing about
Quietly covering the ground.

Then suddenly will stop
Such beauty everywhere
So very lovely and artistic
Put there with a flair.

When the snow keeps falling
And continues through the night
Always an enchanting picture
A truly creative sight.

Many snowmen built outside
Decorating the lawn
Made with the lovely snow
That had come along.

Many times it has happened
Like waking from a dream
Yet this so very real
The snow sparkling and clean.

Keep Christmas in Your Heart

ANNETTE SHARPE

As the warm loving moments
Of Christmas depart,
Keep the spirit of Christmas
Safe in your heart.
Don't discard hope
With your Christmas tree,
Or joy with the wrappings that go.
Don't feel that love has
Left for awhile,
Remember the blessings

And smile.
When we put away Christmas,
As we do every year,
Let's keep the hope,
And a bit of the cheer,
And, keep all the love
That our hearts can measure,
For the best part of Christmas
Are these things we treasure.



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**Kitti's
Corner**
Kitti Surrette

Let's start this year off with the image of ourselves. Looking at that image are you thinking where do I begin to start to get back where I was. Did you eat a little more than you had planned? Are the clothes that fit two months ago a bit snug? I'm sure we're all saying the same thing, "I need to get back in my clothes." If this is you I have some helpful words coming your way. Listen up.

The body we have now (excluding indulging in food the last two months) is partly a product of our personality. Some of us were born with slower metabolisms than others. If you were the sports-minded girl who spent her summers playing outside sports, you'll likely end up with more calorie-burning muscle as an adult. If you were the "book worm," always reading, you don't have the calorie-burning muscle as an adult.

While we all have a fair amount of control over our weight, it's important to remember that there are biological limits as to what we can accomplish with diet and exercise. We need to ask ourselves, "How can I work with the body I have and make it work for me?"

I really hope you're not saying you want to reshape your whole body. Then I would want to ask you, "why?" We are our body. I do believe self-improvement is a great goal but we need to balance that with realistic expectations according to our strengths and weaknesses.

Following will be some tips for each body type from a registered dietitian, fitness expert, and a personal image consultant. Remember most people are a combination of a few different types. Look for helpful tips in each body type. Here's the info:

· ENDOMORPH: usually "round-shaped" with narrow shoulders, can have a high proportion of body fat and wide hips.

Nutrition

Stay away from strict diets. Don't deny yourself the foods you love and don't skip meals. Instead, compromise; there are always ways to eat in your favorite foods. It may mean choosing a vegetable egg-white omelet for lunch instead of the usual. Eat slower; appreciate the taste, texture and smells of food. Doing this will probably have you eating less as it takes the stomach 20 minutes to register that food is there.

Fitness
Regular aerobic activity is important, at least 30 minutes (ideally 60), five days a week. Keep the pace steady, but you can up the intensity for 30-second bursts. It will shock your system and help burn more fat and burn calories. A fast paced weight workout will burn the calories; do one set of 15 to 20 reps on each machine and move quickly (yes, quickly, no talking in between) to the next one. No resting either in between.

**LifeSouth
Bloodmobile
Visits in January**

By DIANA MORGAN

A giving way to begin your New Year ... the LifeSouth bloodmobile will be in the parking lot of the Health & Recreation Building on Jan. 1 from 8 a.m. to 4 p.m.

The communities of On Top Of The World, including Candler Hills and Indigo East, continue to generously donate to the many who are in need. Thank you.

If Monday, Jan. 1, is not convenient to donate, the bloodmobile will be at the Indigo East Community Center, from 8 a.m. to 2 p.m. Tuesday, Jan. 2. All you need is a photo ID and you will receive a cholesterol screening and a gift in appreciation.

If you have any questions, please call LifeSouth at 622-3544 or visit www.lifesouth.org.

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please Call for Appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:15 a.m. 2 nd Thurs. of Month A.C Ballroom				Latin Cardio* Kitti	
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Mat Pilates* Adela		
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Hatha Yoga* Adela		Hatha Yoga* Adela	
11:45 a.m. Arbor Club Exercise Room		Arthritis* Class Adela		Arthritis* Class Adela	
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Adela		Shallow Water Exercises* Adela

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.
Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.
Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.
"Hatha Yoga" Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.
Pilates: Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.
Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May
One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.
***Asterisk denotes a fee-based class. See instructor for information.**

Fashion

Your shape can be pear or apple. Pear shape would want to wear something bulkier on top to balance the figure. Look for horizontal stripes, boat necks and lighter colors — all will have a broadening effect. Pants straight legs with fluid fabric in a darker color. Apple shape needs flowing clothes that skim the body, nothing too tight or loose. You want to try highlighting another area, not your middle, by using accessories like jewelry, scarves at the throat, hat (red anyone), or (you'll love this one) a great pair of shoes, stilettos anyone! You can also use color around your face.

Nutrition

You don't look to food for comfort; in fact, you sometimes get so involved in intellectual or artistic pursuits that you put off or forget to eat. Here's a kicker: you wish you could gain weight. Fat from unsaturated sources should comprise at least 30 percent of all your calories. This offers a lot of calories in a small package and helps keep your weight and energy levels up. To put weight on keep these in mind: eat sweet potatoes, beans, corn or peas, heavier cereals topped with nuts or dried fruit and healthy fruit juice.

Fitness

Generally you do well at endurance sports that require smaller muscle fibers. Lower muscle mass tends to make you more flexible it also puts you at a higher risk for osteoporosis. Strength training with heavy weights will help build muscle; three sets of eight to 12 reps to cause fatigue. Sorry, you will never have Tina Turner legs, that's just the way it is, but you will have strong bones. Activity can be walking 30 minutes, three days a week.

Fashion

Think Audrey Hepburn: lean, narrow and linear. Use a belt, curved seam to create the illusion of an hour-glass shape. Or try a shift

dress with some great tights and shoes. You can wear well-fitting bulkier fabrics. Remember baggy clothes will only make you look skinnier.

· MESOMORPH: angular with broad shoulders and narrow hips (or wedge-shaped), well muscled and has little body fat.

Nutrition

You tend to be energetic, athletic and muscular. This worked well when you were young but can be hard to maintain as an adult. This may have allowed you to eat more when you were young but as an adult, not good. We now have perhaps a sedentary life with some stress and start losing muscle and gaining weight. Good news you rebuild muscle quickly. So, best bet get back to being active and watch portion sizes.

Fitness

You are naturally adept at activities that use the large muscle groups and involve short bursts of activity, such as tennis and sprinting. Usually you are already fit and just need to maintain. Keep a steady pace; burst the intensity in 30-second intervals, for 30 to 60 minutes, five days a week. Strength training 15 to 20 reps only to moderate fatigue is the suggested training. One thing to look at is your lack of flexibility. It is important to counterbalance being muscular with stretching; recommendation, a stretching regiment a few times per week.

Fashion

In this shape one tends to be top heavy so you want less structure on top. Fabrics with drape and flow like crepe, rayon, silk, cotton and possibly linen. Choose fabrics in darker colors. Jackets are good but not with heavy tailoring or large shoulder pads. Ethnic pieces, such as a Chinese jacket, often look good. Pants should have more structure; not too narrow. Boot-cut cotton jeans are often a hit in a light color.

There you have it. Three different body types discussed including nutrition, fitness

and of course fashion. Now don't come to me with all your extra questions thinking I'm the expert; I'm the same as you always looking for help when it comes to how to look good in my body. The experts where this information came from are the following:

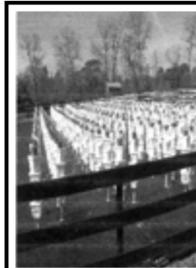
· NUTRITION: Annette Colby, Ph.D., R.D., nutrition therapist and founders of Loving Miracles based in Dallas, Texas
www.lovingmiracles.com

· FITNESS: Terrie Reeves, president and founder of the Carolina Wellness Coalition in Charlotte, N.C.
www.wellnesscoalition.com

· FASHION: Annie Brumbaugh, consultant and founder of AB Wardrobe Works, New York City
www.abwardrobeworks.com



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**Arbor Club
Tennis**
Jorge Privat

Happy New Year to all of you!
The year 2006 has been an interesting and a very good year in tennis, at the On Top of the World Communities, and the Arbor Club in particular.

For me, it has been a learning avenue, in many ways. It has been an opportunity to meet a lot of great people, and a chance to pass on many years of playing and teaching experience to all of those who had any interest in improving their skills or learning how to play this wonderful sport of tennis.

What is great about it, is that as you improve your game, you will enjoy it more, you will improve your health, and it will make you feel younger than your chronological years. The trick is not to do it too little, or too much. You need to strike a good balance in order to prevent injury or exhaustion. Particularly, if you do other things in addition to tennis. Give your body enough time to recover and refuel in between sessions, and come back to the courts with renewed energy and desire, and when you come back, make a point to give it all you've got, to play the best you can, not just to take a space on the court and expect your partner to do all the work. There will be no better satisfaction than knowing that you tried hard.

One thing I must emphasize is the need to comply with club rules. I am supposed to enforce things such as dress code, etiquette, signing up for court time, and the way we conduct ourselves around the tennis courts in general. I dislike making people feel uncomfortable in this regard, but, fortunately, I found people here to be very friendly and cooperative.

As we move along in this new year, we will introduce new activities, increase participation in friendly competition, and provide more opportunities for play.

By now, you should all know that in February, we will be hosting an inter community tournament. The format will be women's doubles, men's doubles and mixed doubles, over a two-day period. It is my hope that On Top of the World will be well represented.

On another topic, as you know, for some time now, I have been writing a "tennis tip of

**Tennis
Association
H&R Center Courts Schedule**

Saturday & Monday • 8-noon: Mixed Doubles
Tuesday & Thursday
8 a.m.-noon: Men's Doubles
Wednesday & Friday
8 a.m.-noon: Ladies' Doubles
All Resident Tennis Players Welcome.

the month," and in it, I put in print what I consider very useful to most of you, if not all of you. Please, continue to read it and get out of it as much as you can. And, if you have any questions, do not hesitate to ask.

Tennis Tip of the Month: The Lob

The lob is a particularly effective shot when used against senior players. It requires court coverage with lots of running. If your opponents are playing one up and one back, as it often happens, lobbing over the head of the net player requires the back man to keep moving from side to side. After a couple of trips to each sideline, his short breath will match his returns, giving you an opportunity to kill.

The lob is also effective when both opponents are at the net, and playing close to it. The lob will force them back, and the strong advantage they had will be dissipated as the lob carries deep, forcing them to retreat to the baseline.

The lob should also be considered as an offensive shot when playing under a strong sun, when it is shining on your opponents' faces. On a windy day, determine if the wind is moving up and down the length of the court, or across the court. If it is moving up and down, avoid lobbing "with" the wind, as your ball will carry off the court. It is easier to lob into the wind. Just make sure you have enough depth on your shot. If the wind is moving across the court, lob toward the back center of the court, and this will give you some margin for error.

The lob is an underutilized weapon. Defensively, it is used to give you time to recover into a strong position and defend against an obvious temporary advantage by your opponents. Offensively, a lob can close out a point very quickly, especially if it is hit with topspin, because you cannot catch up to the ball after the ball bounces on the court.

Women, in particular, can lob themselves into victory. Their opponents drive the ball, and they just keep lobbing back, until the drivers make an error. Most players cannot handle an overhead smash — lack of strength or lack of technique. They let the ball bounce. By that time, the ball is well in the back of the court, representing a very difficult situation from which to take the offensive.

Both players should advance to the service line or just inside. From there you can take two steps forward, or two steps back, and finish the point with an overhead shot. Remember that good lobs can be the most frustrating shots in tennis, so, try to learn good volley and overhead techniques to end the point in your favor! ☺



**100
Grandparents**
Barbara Greenwood

On Top of the World residents, you are terrific, the best. Thank you so much for your response to the December World News article. As a result, your donations of food helped to fulfill the needs of children in Romeo Elementary School. The "grandparents" received a wonderful letter of thanks from Charles Anderson, chairman of Dunnellon "Food-4-Kids" for the donations you've contributed.

We are going to continue with this project throughout the school year. Each month, we ask each volunteer to buy one or two extra food items when they do their food shopping to contribute to "Food-4-Kids." Elliott and Marlyn Barbour, the key people from On Top of the World, keep a tote on their front porch at 8680-H S.W. 94th St. for residents of On Top of the World who may want to help in this very worthwhile program. The Barbours deliver all of the donations to the site where the backpacks are made up. Each week, one of the five churches involved takes their turn in the packing and distribution to the school.

Canned foods with pop-top lids, desserts or drinks in plastic containers, breakfast bars, small cereal boxes, peanut butter or cheese crackers, are just a few suggestions of what is needed.

Now, let's get on to the subject of the labels that so many of you have clipped and placed in the "Red School House" under the stairs

of the Health & Recreation Center. Again, we received a wonderful response from our residents in On Top of the World, and we the "grandparents" and Romeo Elementary School truly appreciate and thank you. Each label you donated is redeemed for cash, and that cash goes to a fund held at Romeo to benefit the students for their individual special needs.

Campbell soups are now requiring that when we cut out the picture of the Campbell kid, we must also include the U.P.C. part of the label in order to redeem them. It was wonderful to see that you all did just that when we picked up the labels from the H&R Building. Thank you so much. Other labels that can be redeemed for cash say "Box Tops for Education" or "Labels for Education." You find these labels on Campbell soup products, General Mill's products, Betty Crocker and Pillsbury, Zip-Lock bags, Kleenex products, Pepperidge Farm products, and V-8, just to name a few.

You may be wondering why we're not talking about our visit to Romeo for the month of December. Well ... it is because our visit comes after the deadline for the World News. I can tell you though that, if all went as planned, we arrived at the school earlier than usual to be there to listen to the children caroling for us. Because it was the holiday season, there was going to be even more than our usual excitement that we always experience when we have this great opportunity of being with the students and faculty of Romeo. In fact, the best gifts the "grandparents" receive from our monthly visit are the warmth, the hugs, the big smiles that we receive from Mrs. Hultman, principal, Mrs. Coy, assistant principal, Mrs. Thomas, Dean, the entire office staff, the teachers, everyone involved in making Romeo the great school it is and, of course, the children. You can't help but feel good when you leave that school.

Some of our volunteers went that extra mile in December by going "into the battlefield" to help children shop for gifts from "Santa's Secret Workshop." It was a fun experience helping them to shop within their "budget." You'd have to see their faces after their purchases were complete to know the true joy of being with them.

Our next visit will be Jan. 11. If you would like to learn more about us as a group or our ongoing projects, please call Barbara, 861-2539. We wish you a very happy New Year. ☺



**Democratic
Club**
Lee Wittmer

The general meeting of the Democratic Club on Tuesday, Jan. 16, will be held in Suites E and F of the Arbor Conference Center and will commence at 7 p.m. with refreshments served at 6:30 p.m.

Our speaker will be Mike Sizemore, former chairman of the Marion County Democratic Committee. At the present time Mike holds the position of director of communications for the Democratic Committee.

There are opportunities for a stint of one year on the club's board of directors. If you are interested in serving or know anyone who would, please call Betty Meadors at 351-2904. Proud to be a Democrat! ☺



**Citizens Emergency
Response Team**
Caroline Scott

Here we are at the end of another year, safe and sound. Your CERT team appreciates all the cooperation the residents have given us during this last year.

The month of December is the only month that we don't meet. Some of us need the rest.

At our last meeting in November, every member brought their CERT bag to the meeting and took inventory of the items we need to be prepared for any emergency. It is a good idea for us to do this at least once a year. You know how it is, you need something and borrow it with all the intentions of replacing it and somehow this extra job slips your mind. We all do that, don't we? Now we know what is needed and what should be replaced.

I want to wish our team members and readers a happy, prosperous and healthy New Year. We will start up on Jan. 9 and anyone is invited to join us on that Tuesday, 9 a.m., in Suite E of the Arbor Conference Center. ☺

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Computer Club Sherry Surdam

Can you believe it's the start of a new year already? Where does the time go? As a child I recall always wishing for time to hurry by for one thing or another, and I remember so clearly my grandmother saying to me, "One of these days you're going to wish you had back all the time you wished away!" How right she was!

As you all know by now, with the New Year comes the soon to be released new Windows operating system, Vista. The business community is already enjoying (we hope) the challenge of using this new version and I, for one, am looking forward to it. Don't worry! We will not be abandoning XP! We will continue our classes on XP and probably start a special interest group for those who upgrade to Vista and would like to do something like that. Naturally, those who have questions or information about either system are welcome to ask or contribute.

Our schedule of classes for January is as follows: on Saturday, Jan. 6, "Out of the Box," a beginner's class for those who have no idea what to do with their new computer; Saturday, Jan. 13, is Don Sommer's class "Backup or Die," a must-see tutorial on backing up your

important files. Then, as mentioned in December, on Saturday, Jan. 20, an outside speaker, Dave Whittle, will be with us. Finally, on Jan. 27, we will have "Accessing and Surfing the Internet Safely," no explanation needed!

On Saturday, Feb. 10, Gene and Linda Barlow will again be with us. His topic is "Getting Ready for Windows Vista" and even if you aren't quite ready to consider updating, seeing the program will be well worth your time. Gene will show us the best way to start to use Windows Vista while still safe guarding our Windows XP operating system. He is an expert on operating systems and hard drive organization approaches. As an accomplished presenter, he is able to make complex topics understood by everyone, with his down-to-earth presentation style. You will come away with a much better understanding of how to be prepared to use Windows Vista on your computer. Don't miss this meeting!

Background: Gene Barlow graduated from Brigham Young University with a degree in math and physics. Upon graduation, he joined IBM as a system engineer in the Denver branch office. During his career with IBM, Gene developed his presentation style and worked in various technical marketing and management positions. In the early 80s, he joined the IBM PC team as the manager of the user group support organization. He helped hundreds of user groups get started and is considered the father of PC user groups because of this early involvement with user groups.

Gene retired from IBM 10 years ago and set up his own consulting firm to represent various PC software vendors to the user group community. Gene and his wife, Linda, visit over a hundred user groups each year, sharing practical information with user group members.

Be sure to check the calendar on our website at www.cccocala.org frequently for the dates of our presentations and for any scheduling changes that are inevitable.

Anyone who is interested in seeing what benefits there are to joining the club, please feel free to come up to a meeting and ask questions. You are always welcome!

Until next time, happy computing! ☺



Lions Club Dianne Lovely

On Top Of The World Lions Club would like to welcome two new members to our club, Jeanne Stanley and Christina Shoffner.

Diana and Hector Rocafort and Wendy Phillips each received the Governors Achievement Award. Congratulations to all three of you.

A second check was donated from Peggy Bradshaw of Second Chance Consignment Shop from our Tacky Tea for our Paws for Patriots program fundraiser. Thank you, Peggy.

The Lions Club would like to thank each and every one of you who took a tag off the Christmas tree. The gifts were distributed to needy children in the Ocala National Forest.

Don't forget our Lions Limo is in service for any club that needs it to bring people up the hill to the Ballroom. If you would like to use the Lions Club Limo, please contact Carole Dymond at 291-7670.

We also have emergency light switches available. You switch your outside light on in the up position and it blinks. This helps the EMTs find your house more quickly if you might need them. We hope you don't. Please contact Jim Miles at 873-1954. It could save your life.

Our Lions Club meetings have moved over to the Candler Hills Community Center. Come join us and become a member. We meet the

second and fourth Tuesday of every month.

If you would like to join call membership chairman Estelle Clark at 861-7358. You will be glad you did.

On behalf of the On Top Of The World Lions Club, happy New Year to all. ☺

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Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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Travel Toppers Jo Swing

All of us at Travel Toppers would like to wish the entire On Top of the World community a very happy, peaceful, healthy and prosperous New Year. It is our hope that the new year will bring all of us many opportunities to explore new places, revisit old favorites and enjoy journeys near and far with friends old and new.

On Thanksgiving Day, Travel Toppers sent two busloads of eager holiday celebrants to the Arabian Nights in Orlando. The time on the bus was used to good avail in choosing one of the five dinner entrees that would be offered on arrival. According to Rose Bambino, who was on the trip, "While enjoying dinner, the show started with the introduction of Chief Bear Paws, a very smart Appaloosa. Following the Chief's act, the story of Scheherazade, the Caliph and Genie began and morphed into a Christmas story ending with Scheherazade believing in Christmas and Santa Claus." According to Rose, the bus driver, Walt, was just great and added to the enjoyment of the whole trip.

The Sea World Luau on Dec. 4 was attended by 89 people. A new theater at Sea World housed the show this year. The food was tasty featuring chicken, mahi-mahi and beef ribs. The portions were generous with second helpings available for the asking. The show itself was entertaining with a spectacular finale that featured the whole cast dressed in pure white and singing "Oh Holy Night."

There is a wait list for "Victor, Victoria" at the Show Palace in Hudson, Fla. If interested, call the coordinator Shirlee Wolcott at 873-1105 between 9 a.m. to 7 p.m. only.

A wait list for "Spamalot" is needed. This show will be on Jan. 28. Please call Kathy Brouillard, the coordinator, at 291-1892 if you have any interest in seeing this Tony Award-winning show.

The Peking Acrobats in Daytona Beach will be on Sunday, Feb. 11. Call Helene Sternberger at 237-1836 for information.

There is space available on the trip to the Museum of Science and Industry in Tampa on Monday, Feb. 19. This museum is rated by AAA as the best museum in the Tampa, St. Petersburg, Clearwater area. It has a planetarium, an IMAX theater and many hands-on exhibits. This is a good opportunity for us to stretch our minds while having fun at the same time.

Pre-registration will start next month on Feb. 6 for the March 27 trip to Tampa Downs for the horse races. The coordinator is Allan Richards who will be taking pre-registrations from 9 a.m. to 7 p.m. only.

There will be a trip to see "Singing in the Rain" at the Show Palace Dinner Theater in

Hudson Friday, April 13. Pre-registration will start Feb. 13. Contact Janet Frangapane, coordinator, at 861-1575 between the hours of 6:30 to 10 p.m. only.

Pre-registration for the trip to Mt. Dora for shopping and lunch on your own on Thursday, April 5, will start Feb. 20. Pat Hood is the coordinator. She can be reached at 237-8533 from 9 a.m. to 7 p.m. only.

The next Travel Toppers meeting will be held Wednesday, Feb. 7, at 10:30 a.m. in Suite E of the Arbor Conference Center. Until then, happy travels to all. ☺

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Visit to the Grand Sablon Antiques Fair
Brussels, Ghent and Bruges city tours with local guides
Admission to the mansion of painter Peter Paul Rubens
Visit to Delft, home of Vermeer and Delft Blue Pottery
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Activities January

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis	DCTS
	Cardio Burn & Firm	H&R
9:00	Interval Training	H&R
	Computer Lab	H&R
	R.C. Flyers ClubField	
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	I.D. Cards	AC
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Bocce League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC: E&F
2:45	Beg. C-W Line Dance	BR
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC: H
7:00	Wood Shop	WW

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC: B&C
1:30	D'Clowns	CC: B & C
2:00	Bocce	CC: AC
2:30	Readers' Theatre	CC: D
3:30	Comp. Handicap	CC: H
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D
4:00	10,000 Steps Sholom Park	

3rd Week

2:30	Readers' Theatre	CC-D
1:30	D'Clowns	CC: B&C
4:00	Billiards Club	Art
7:00	Sunshine Singers	BR

4th Week

3:00	Community Patrol Prog.	CC: B&C
4:00	10,000 Steps	Sholom Park

Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	R.C. Flyers ClubField	
	Tai-Chi (Advanced)	H&R
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Stitch Witches Quilters	Art
	Harmonichords	CC: H
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:15	Total Core & Body	AC
	Strength	
9:30	Pinochle	MR3
	Stitch Witches Quilters	Art
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Horseshoe League	CTS
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Class	AC
12:00	Lap Swimming	AC

	Men's Poker	MR3
	Mah Jongg	CC:A
	Cybox Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Singin' Swingin	CC: D
	Mah Jongg	CC: A
	Badminton	H&R
	(Racquetball Cts)	
1:30	The New Pretenders	HR
	Shuffleboard	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
	Table Tennis	HR
5:45	Mah Jongg	CC: B
6:00	Pinochle	MR3 & Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR
7:00	Mixed Poker	CC: H
	Pattern Dancing	BR

1st Week

8:00	Men's 9 Hole Golf	
3:00	Great Lakes Club	BR

2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC: E,F&G
	Response Team	
12:00	Ham Radio Club	CC: F
1:30	Visually Impaired	CC: H
	Support Group	
3:00	Nutrition Discussion	CC: B&C
3:30	Alpha Investment	Art
6:30	German Club	CC: E,F&G

3rd Week

*12:00	High Tea 01/16	AC
1:30	Unique Birders	CC: H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC: E&F

4th Week

*8:00	Seminole Casino H&R Trip 1/23	
8:00	Lions Club	Pub
1:00	Scan/American	CC: E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Interval Train	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Pan Club	CC: D
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	BridgeC	R
	Japanese Emb	CC: C
	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Bocce League	BCTS
1:30	Shallow Water Exercises	AC
	Shuffleboard	CTS
3:00	Dance Committee	CC: B&C
4:00	Softball Practice	BF
5:30	Square Dance Class	AC
	Bingo	BR
6:00	Poker	MR3
6:30	Duplicate Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Square Dancing	AC

1st Week

10:30	Travel Toppers	CC: A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

2nd Week

1:45	Native Plants	CC: H
3:00	Pennsylvania Club	CC: E & F

3rd Week

1:00	Stamp Club	Bank PAB
*12:00	High Tea 01/17/07	CC

5th Week

*8:00	Sterling Casino Trip 01/31	H&R
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Thursday

7:00	Lap Swimming	AC
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7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	Strut Dance Class	AC
	Tai-Chi (Advanced)	HR
	Bus Ocala Run	
	Miniature Golf	MGC
9:15	Total Core & Body Strength	AC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC: E&F
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Water Walk	AC
	Advanced Tap	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Arthritis Class	AC
12:00	Lap Swimming	AC
	Cybox Orientation	GYM
	Advanced Square	CC: E&F
	Dancers	
	Mah Jongg	CC: A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC: A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing	CC: E&F
1:30	Shuffleboard	CTS
2:30	Jazz Club	CC: D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC: A
	Card Game	CC: B
	Miniature Golf	MGC
6:00	Poker	MR3
6:30	Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Mixed Poker	CC: H

1st Week

*8:00	Seminole Casino H&R Trip 01/04	
10:00	NY/NJ Board Meeting	CC: H
1:00	Rubber Stamping Cards	CC: D
	Bunko Dice Game	MR3
	Opera Appreciation	CC: C
5:30	Southern Club	BR

2nd Week

9:30	Scrabble Club	AC
10:15	Latin Cardio	AC
1:30	Singles Club	CC: G&H
2:00	NARFE Chapter 2279CH	
7:00	Karaoke Night	CC: E,F&G

3rd Week

9:00	Hand & Foot Canasta	CR
*12:00	High Tea 01/18	ICC
1:00	Rubber Stamping Card	CC-D
	Bunka Dice Game	MR3
	S.P.C.A.	CC: H
1:30	Orchid Club	CC: B&C

Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Interval Train	H&R
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC

	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Round Dance Class	H&R
	Ladies Poker	MR3
	Circle Square	H&R
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Table Tennis	H&R
	Canasta the Old Fashioned Way	CR
1:30	Shallow Water Exercises	AC
2:00	Fun In The Water	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

1:00	Women of the World	CC: E
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2nd Week

9:00	RC Ladybirds	CC: A
2:00	New England Club	CC: E
7:00	Republican Club	CC: E,F&G

*7:00 Gary Lewis & the Playboys CCCC

3rd Week

2:00	Blackjack Poker	CC: E
*5:00	Happy Hour 01/19 (Dinner Theater)	AC

4th Week

12:00	High 12 Club	TBA
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Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC: B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
	China Painters	Art
5:30	Open Mah Jongg	CC: A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

1st Week

10:00	Yoga in The Park	Sholom
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2nd Week

7:00	Northern Lights	CC: B&C
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3rd Week

2:00	Pickleball	CTS
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4th Week

10:00	Health & Wellness Expo. 01/27	CC: A,B,C,D
		CC: E,F,G & H
*7:00	Melissa Manchester	CSCC

Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
12:00	Mah Jongg	CC:A
12:15	Oxycise	H&R
1:00	China Painters	Art
2:00	Queen of Peace	CC: B&C
	Prayer Meeting	
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:30	Pickleball	CTS
7:00	Mixed Poker	CC: H

1st Week

6:00	K-9
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Master the Possibilities January

- Jan. 8: Basic Computer I, 1 to 2:30 p.m.
Jan. 9: Is Conflict with China Inevitable? Class 1 of 2, 10:30 a.m. to noon
Jan. 9: Basic Computer II, 1 to 2:30 p.m.
Jan. 10: Astrology: An Introduction, 11 a.m. to noon
Jan. 10: Music Appreciation — The American Musical, 1 to 2 p.m.
Jan. 10: Shakespeare: Introducing King Lear, 2:30 to 3:30 p.m.
Jan. 10: "I want to write a novel ... I Think," 4 to 5 p.m.
Jan. 11: Is Conflict with China Inevitable? Class 2 of 2, 10:30 a.m. to noon
Jan. 11: Computer Purchasing, 1 to 2:30 p.m.
Jan. 15: Computer Maintenance, 1 to 2:30 p.m.
Jan. 15: Cardiology Series: Life After a Heart Attack, 2:30 to 3:30 p.m.
Jan. 16: Introduction to "Birds of our Region CD," 10 to 11 a.m.
Jan. 17: Florida Lawns & Gardens, 9 to 11 a.m.
Jan. 17: Adult CPR and Defibrillation, 1 to 3 p.m.
Jan. 17: Cell Phones 101, 1 to 2 p.m.
Jan. 18: First Aid, 1 to 4 p.m.
Jan. 18: From Rangers to Rebels, 1:30 to 3 p.m.
Jan. 18: Computer Maintenance, 6:30 to 8 p.m.
Jan. 19: Pharmacology Series: Cold and Flu Season, 11 a.m. to noon
Jan. 19: Basic Internet, 1 to 2:30 p.m.
Jan. 22: Outlook Express I, 1 to 2:30 p.m.
Jan. 22: Culinary: Healthy Cooking Revisited, 3 to 4 p.m.
Jan. 23: Birding 201, Class 1 of 2, 10 to 11:30 a.m.
Jan. 23: Legal Series: How To Talk With a Lawyer, 3 to 4 p.m.
Jan. 24: The Eyes Have It — Diseases and Treatments, Class 1 of 2, 11 a.m. to noon
Jan. 24: Psychology Series — Communications and Leadership, 2 to 3:30 p.m.
Jan. 24: Recasting Retirement, Class 1 of 3, 3:30 to 5 p.m.
Jan. 24: Marion County — A User's Guide, 6:30 to 8 p.m.
Jan. 25: The Eyes Have It — Diseases and Treatments, Class 2 of 2, 11 a.m. to noon
Jan. 25: Long Term Care: Medical & Financial, 1 to 2 p.m.
Jan. 25: Alligators, 3 to 4 p.m.
Jan. 29: Basic Word Processing, 1 to 2:30 p.m.
Jan. 29: Two Strand Crystal Bracelet, 1 to 4 p.m.
Jan. 30: Birding 201, Class 2 of 2, 10 to 11:30 a.m.
Jan. 30: Identity Theft — Protect Yourself, 2 to 3:30 p.m.
Jan. 30: Book Club — "Frankie's Place," 2 to 3:30 p.m.
Jan. 31: Keeping Current on Events, 11 a.m. to noon
Jan. 31: Genealogy for Beginners, Class 1 of 4, 1 to 2 p.m.
Jan. 31: TV's for the Utterly Confused, 2:30 to 3:30 p.m.
Jan. 31: Recasting Retirement, Class 2 of 3, 3:30 to 5 p.m. ☺



Square Dancing
Nancy Clerke

Happy New Year, square dancers! Here we go again with another wonderful year of dancing behind us, and the brand new year ahead to fill with whirls and twirls. We're so lucky to live here in sunny central Florida where we can dance as many times a week as there are days. The Christmas season offered its full banquet of dance parties and celebrations. Many of us visited The Villages, Oak Run, Ocala Palms and other clubs for their festivities and were

treated to the very best in great calling, good fun and warm friendships. The square dance world is just the nicest place to be.

On Top of the World Circle Squares hosted a wonderfully successful Beginners' Ball on Dec. 13, where our students tried their wings with their first real dance. Their smiles told of the fun in the experience. They did wonderfully well and we're very proud of their accomplishments. By the end of summer they'll be up to dancing at a full Plus level and will be included in our regular club dances.

Our Christmas "Holiday Happening" dance took place on Dec. 16, with callers Don Hanhurst and Paul Place, and Loretta on rounds. We love it when we can dance in the Health & Recreation Ballroom with its nice big dance floor. We're looking forward to the big "New Years Eve Eve" dance on the 30th with the Hanhursts. So much to celebrate!

Our caller and cuer husband and wife team, Don and Loretta Hanhurst, were enjoying a European cruise marking their 50th wedding anniversary. We welcome them back. Guests Bob Stern and Jeanette Knowles did a wonderful job filling in for them. Many thanks to both of them. Our club is showing increased strength with growing attendance. Five squares or more now fill the Arbor Club Ballroom. What a healthy sign!

My dear friends, we wish you all a happy, healthy and blessed New Year! Many "Yellow Rocks" to all. ☺



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Photo by Lynne Callender Murray

These wood storks were photographed at the Joan Durante Community Park in the town of Longboat Key.



Birders' Beat
Jane Callender

The Unique Birders will meet at 1:30 p.m. on Tuesday, Jan. 16, in Suite H of the Arbor Conference Center. The program, courtesy of Lee Paul, will be the National Geographic video, "March of the Penguins."

The Unique Birders Christmas Bird Count was Dec. 15. Carole Rao led this count at Sunnyside Restoration Area on the upper Ocklawaha River banks.

Norm Lantz will be leading the Christmas Bird Count for South Western Marion County on Jan. 4.

Many volunteers are needed! A charge of \$5 for this event will cover the cost of a cata-

log for the volunteers recording the National Count.

To learn more about birds and bird watching look for the listing of classes in the new Master the Possibilities catalog.

Margaret Edmiston has planned the Jan. 25 field trip to Rainbow Springs State Park. For information on departure time and place for lunch, please call me at 861-2983 or Roberta Campbell at 854-4814. Better yet, come to the meeting on Jan. 16!

This month's bird is the wood stork. A year-round Florida resident, it is on state and federal endangered lists. Like many wading birds, it has 20 percent of its population from 100 years ago, due to loss of its habitat.

The stork appears all white while at rest. Slaty scales cover a bare head and neck. The black bill (yellow in immature years) is long, sturdy and drooping; legs are long and black. Its flight reveals black flight feathers and tail. Flocks of the birds circle high on thermals.

The stork feeds by swinging its bill through the water, then snaps it shut when contacting prey. It nests in huge colonies, high in the trees. The nest is a platform of sticks with two to four white eggs and one brood a year. There is no breeding in very wet years.

Corkscrew Swamp Sanctuary between Ft. Myers and Naples has the largest nesting colony in the United States. From November into early spring, an entire range of nesting activities may be observed from the boardwalk as young storks move from eggs to fledglings under their parents' watchful gaze. ☺

Community Patrol

Joe Berger

What a great year 2006 was for the Community Patrol. We added several new members, and we averaged more than 400 volunteer hours per month for the year.

One of our valuable members, Helen De Luca, our secretary, has retired. Geri Elliot has graciously filled her position. Helen was with us when we started the Community Patrol as recording secretary. Helen is 81 years young and works out almost daily. She is married to Al for 55 years (not many people can reach that accomplishment) and is originally from Stamford, Conn. Helen was an executive secretary and computer analyst for Olin Chemical. She is very active with the Red Hatters and volunteers with On Top of the World.

As is our custom, we profile one of our people who has done a great job for us. Carol Smith started with the Community Patrol from

the beginning. She is a very young 59, married for 35 years and has one daughter, Lt. Kara Ashley Wotton, who is in the U.S. Air Force and stationed in Travis, Calif. We all share in how proud your family is of you.

Carol was born in Rochester, N.Y., and relocated to On Top of the World three years ago. She is a retired educator of 34 years and is married to Edward, who retired from Eastman Kodak. Carol is a member of her church board and teaches Sunday school in addition to volunteering at Summerville. She is glad to be in sunny Florida and recalls being snowed in for two days in Rochester.

Carol, we are glad to have you as a member of the Community Patrol and On Top of the World can be proud of you as a resident.

We participated in a great Golf Cart Christmas Parade led by Ken Colen. I must say that all of the people that arranged the parade had to have gotten a lot of satisfaction at how well it was received. I would like to thank Capt. Burton, the commander of the State Road 200 Sheriff's Office, for arranging the motorcycles and the mounted deputy for participating.

Again, the Community Patrol wishes everyone a healthy and happy holiday season. ☺

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**Nature
Around Us
Marion-Alice Burke**

This is a good time of year to start herb seeds in a window box, garden, planter or even an egg carton. Yes, I said egg carton. We've been using eggs from "4 Grain" all natural eggs, and Green Wise organic eggs. These neat egg cartons come in three clear plastic attached sections, so that you can use two bottoms, or one egg bottom, with the other attached section as a top, creating a greenhouse effect.

Just add some good clean soil, after pricking the bottom of the section that will hold the seeds (for drainage) and add your seeds, then moisten slightly and cover with the top section, using the clear top lid for a drainage collector and leave it where it can get light, but not bright sunlight.

Herbs aren't the only things that are started this way. The Moonflower vine has a very, very hard shell and takes forever and a day to start a sprout, even with scarifying the seed, which is done by CAREFULLY using a sharp knife to scratch the outer shell of the seed.

It's not easy with the Moonflower seed, but it's worth the effort to produce such a lovely vine. This flower is sort of like the opposite of the Morning Glory, because it blooms plentifully at night with a lovely fragrance and, being white, it attracts the Sphinx Moth, which has a long slightly curved bill, which it uses to extract the nectar from the bloom much like a hummingbird, hovering and sipping to your and its delight. Try it and see what happens. Let me know of your success or any problems that I might be able to help you with.

Did you know that Drano and the usual popular drain cleaners have as an active ingredient sodium hydroxide (caustic soda or lye). The corrosive properties are a man-made chemical and, while it isn't considered a pollutant per se, as it separates into relatively harmless elements once they are released into water or moist soil, it still is an irritant that

burns skin and aggravates nose, throat and respiratory airways.

Fortunately, safer alternatives do exist. Besides a plunger or drain snake, which with some effort can remove clogs as well as or even better than sodium hydroxide compounds, here is an old remedy that my family has been using for many years. We pour a handful of baking soda mixed with a half-cup of vinegar down the drain and then immediately pour boiling water in next. Presently, there are some enzymatic biological drain cleaners on the market, but they aren't too easy to find. Some of these drain cleaners use a natural bacterial and enzyme mixture to open and keep drains clear. They are non-caustic and will not facilitate combustion.

How about all those cute little warblers and black-capped chickadees that are competing with out cardinals, titmice, wrens and the rest of our full-time feathered residents? They are so fresh and nery when they get used to me working out in my back garden, that they keep on eating, drinking and bathing and don't even pay attention to the dogs. What a great way to feel when one is this close to nature!

I miss my hummingbirds, but know that they return around the middle of February; so be sure to have your clean feeders ready for them about that time to welcome them back.

Besides the Garden Gate magazine for gardening information, I also enjoy the Florida Gardening magazine. They say that their magazine is "Florida's Own Home Gardening Magazine." It comes out every other month and is really great for us, especially in this area. The recent issue had an article on one of my favorite types of plant or bush ... variegated plants. They can do so much to add a little something different to brighten up a shady corner. I mention shady, because if they get too much sun, they loose their variegated look.

I have a very old arboricola (schefflera) that I moved up here 19 years ago from my home in the woods south of here, when we came to On Top of the World. Right now it's in a very large pot that has been half-in and half-out of the shade for the entire summer ... and guess what ... two of the three large trunks were in the shade, but the third trunk kept leaning toward the sun, so I let it do its thing. Now the leaves from this third trunk, coming from the same root base, are solid green. It happened to some of the coleus that changed their coloration slightly according to where they were planted. It's fun to try these different methods of placement.

This magazine showed the variegated shell ginger, the colorful foliage of Hibiscus rosasinensis, tiger fern, variegated tapioca or cassava, the copperleaf and the caricature plant. Soon I hope to get two Japanese Painted Ferns in a special section of my back garden that I'm working on, and working on, and working on!

This is the beginning of the New Year and Tom, Amelia and our latest addition Daisy, join me in wishing my faithful readers great good health and happiness with time spent with family, friends, neighbors and even good strangers. Spread some happiness with a smile and a bright "Hi there" to someone you see every day down at the post office, but never take the time do greet with a smile. It just might be that person might really need and appreciate that kindness that you show. ☺



**Is It Legal?
Gerald Colen**

Note to my Ocala readers:

I will be conducting three classes at On Top of the World: On Tuesday, Jan. 23, I will discuss "How To Talk To An Attorney." On Tuesday, Feb. 20, I will discuss the "basics" of wills, trusts, durable powers of attorney and living wills and health surrogate designates; and on Tuesday, March 20, I am just going to be in the "hot seat" and let you bring whatever questions you may have to that class and I'll do my best to answer them or if I can't answer them, I'll at least try to provide you with some direction. The content of that hour class will be up to whomever is there with me.

The winter Master the Possibilities catalog from the Education Center will have registration for these classes. I hope to see many of you there on those days.

Q. Should we have our home put into our living trust? My attorney said not to do that, but we went to a seminar and the speaker said it should be put in the trust. What do you think?

A. I've always been amazed by the fact that some folks go to a seminar, hear the speaker, and immediately believe they've heard the whole truth even though they never presented that speaker with any of the facts of their specific situation or of their estate planning needs. An individual's or a couple's estate planning needs, no matter the size of the estate, is a highly personal matter involving the precise facts and circumstances that are pertinent to the individual or couple. Yes, sure. I know that people want things to be simple. Unfortunately, however, estate planning in the 21st century is not simple and hasn't been simple in years and years. I, personally, do not now recommend that a home put be into a living trust, as the law now exists. In the past, I have recommended it because I felt it was appropriate. I would add this. If you have your home in your trust, leave it that way. If it is not in trust, then leave it that way, as well.

Q. It seems to me that the newspaper advertisements for legal seminars have questions

that raise interesting questions that require answers that must occur in a setting such as a seminar. Do you not agree with this?

A. No, I do not necessarily agree that many newspaper advertising-formulated questions require a seminar for answers. What I believe is that estate planning requires significant discussions with your attorney — and not with someone you hear speaking at a seminar and who knows absolutely nothing about you. Having said that, let me, just for the heck of it, give out some answers to the typical newspaper advertisements.

1. Question: Is a will adequate to protect you or your family? Answer: Sure it is! The point of such a question is to take you down the road to where you are told you need a living trust for "protection." However, whether one does or does not need a living trust, depends on whether one does or does not have assets sufficient to warrant having a trust — and also, it depends of whether your assets can be positioned to avoid probate proceedings regardless of their size, and also, it depends on factors specific to you and your family's needs. Frequently they can but don't expect to be told that at a seminar.

2. Question: If your spouse remarries after your death, will your children lose their share of your estate? Answer: Not if you have an appropriate pre-nuptial or post-nuptial agreement. And for those of you who are in long-term marriages, the issue may depend on whether you feel your spouse would make the mistake of not having a pre-nuptial agreement in the event of your demise.

3. Question: Will your family go through probate when you die? Answer: Silly question. Your family does not go through probate. Your estate might, and that would depend on whether your assets have been positioned to avoid probate. Look, I could go on and on and on and maybe I will do that in future columns. The point is this: I have never seen one seminar in which the questions posed and the answers to them are not overly simplified. However, as I have said before, estate planning is not simple anymore. You need to sit down with your attorney and take plenty of time to explain your specific situation.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114 or at On Top of the World, in Clearwater. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office. He responds to e-mail through his Web site: www.gcolen.com.

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**Bloodmobile
Don Pixley**

We have some encouraging news: we collected 44 units of blood during our December effort, 47 registered, and three contributed to ALYX (a portable, automated collection device that collects and separates two units of red cells from a single donor)! We collected 32 pints during the previous period and we are very pleased with the increase. We do have a long way to go to get anywhere near the national average of 5 percent of the population.

The Blood Center has issued a critical appeal for donors of all blood types. Low donations and a rash of emergencies and surgeries have had a profound effect on our supply.

Where else can one give up an hour and endure a pin prick and perhaps save a life and/or help speed someone back to health?

The following registered as donors Dec. 4:

For ALYX: Specifically for separation of red blood cells: Charles Baker, Carol DeYoung and Gary Rodoff.

Donors: John Ashenfelter, Mary Battenfeld, Donald Cernecarl, Kay Chandler, Margitta Claterbos, Loretta Conroy, Harold Corwin, Michael Driver, Phillip Fay, Donna Fey, Julius Fey, Anthony Filoramo, Rosalie Fridell, Douglas Graham, Clayton Hargrove, John Hood, Doris Holman (a 28-gallon donor), Jimmy Johnson, Carole Kehoe, Ruth Kinney, Melvin Klosterman Jr., John Kreps, Beatrice Maxwell, Dorothy Metcalf, Claudette Moher, Jeanne Nicholls, Michael Norton, Anthony Pino, Donald Pixley, Joyce Pixley, Joan Rappa, Marie Roppel (a 19-gallon donor), Margaret Ryerson, Alvin Savage, Patsy Ann Schuck, Shirley Shellman, Thomas Sigsworth, Florence Soens (a 10-gallon donor), Harold Stanley, Billy Swing, Jodi Szymanski and Ernest Tripp, Mary Joy Wanat, Carl Zeiler.

We thank you all! We suggest that each donor try to bring a friend or neighbor to the next drive that will be held Feb. 5. Remember, the Florida Blood Center is the sole supplier to Marion County Hospitals. ☺

**Two Exciting Seminars
Coming in February**

The first will be on Thursday, Feb. 1. This is going to be given by CVS, which is going to start a delivery service for your prescription needs. This event will take place in the Health & Recreation Ballroom from 10 a.m. to noon. Come on over and hear about this great new service. A representative will be able to answer any questions that you may have in regards to this new service they are going to be implementing. There will be light refreshments served.

You must pre-register at the H&R Office, Monday through Friday, 8 a.m. to 4 p.m.

The second event will be on Friday, Feb. 2. This is a Senior Forum and this will be held at the Arbor Conference Center in Suites B, C and D from 9 to 11 a.m. Family Care Givers, Inc., is bringing this to us. Several of the local area agencies will be available to answer all of your questions and concerns in regards to senior care. Here is a listing of some of the agencies that will be available for you: Pinnacle Medical Supplies, Golden Friends West Marion Community Hospital, Hospice of Marion County, and Home Instead Senior Care. This will prove to be a very informative morning for you. Light refreshments will be served.

You must pre-register at the H&R Office, Monday through Friday, 8 a.m. to 4 p.m. ☺

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**Native Plant
Club**
Ron Broman

Is there any way to know for sure what changes a warming planet will mean for us here in Ocala? I certainly don't know, but I think about it a lot.

We had several mean hurricanes in 2005, but not even one in 2006. We see pictures of ancient glaciers melting. The snows that remain on Kilimanjaro are history. But what does it all mean for Ocala?

It's very difficult to keep this place we call home a secret any longer. As folks contemplate a rising sea level, a destination called On Top of the World is very enticing. Certainly we will continue to see our population increase. Humans have the ability to move when circumstances or desires change; but what about the natural system? How do plants adapt to climate change?

I am not a scientist, but as a teacher I continue to look at certain plants for evidence of their ability to survive drought, freezing temperatures or other severe changes.

I look at Coontie as an interesting example of a plant that can survive. It's a cycad, and fossil evidence shows that cycads have been on this earth some 200 million years. Now that's survival! How have they done this?

I've searched the Internet as far and as long as I have ability, time or energy and have come up short; but not without some interesting hypotheses.

"There are several forms of Coontie in Florida," known by different names: *Zamia integrifolia*, *Z. pumila*, *Z. floridana*, *Z. umbrosa*. If, in fact, they are different species, they differ in general in the width of their leaflets (smaller leaves on larger leaf stems — similar to ferns).

"I have noticed that leaflets of these plants will flatten out more if they are grown in the shade" — but — "in full sun — will reduce in width and curl up sometimes. This appears to be a way to decrease the amount of moisture lost from the plant, by reducing the amount of surface area facing the sun." "The typical habitats of the wide-leaf forms usually are shaded more than the habitats of the thin-leaf forms. This may have been the way these plants have evolved over time." (1)

Thinking about this, one might reason that

within Florida, Coontie has developed methods of adapting to various environmental constraints; such as sunlight, water, salt, etc. (This reminds me of the Galapagos finches that Darwin studied.)

But why is Coontie's range restricted to Florida or is it? Again, my research is inconclusive, but a few ideas emerge.

"This plant is widely distributed throughout Florida and among the Caribbean islands" — usually — "in well-drained, sandy to sandy-loamy soil, usually overlying limestone, in scrub, deciduous forests [and] coastal shell mounds." "Coontie has a long and wide spread use as a food among Florida's Indian peoples. A flour base called 'sago' or 'sofkee' is prepared from the roots, after washing or boiling has removed the poison cycasin." (2)

So, Coontie and the early peoples of Florida, and probably at least the Caribbean, have had a commensal (mutually beneficial) relationship for at least 400 years, (the Tequestas), and probably much longer. In the game of survival it helps that your dependents take care of you.

As our planet continues its warming trend, although the specific changes occurring in Ocala are not possible to predict with much accuracy, there will be changes. Those who feel so inclined, and are able, will move. Those others, like Coontie, will continue to use all of our genetic abilities to adapt to survive.

Our Precious Water, Here Today, Gone Tomorrow? was the theme of our December Native Plant Club meeting. Bill Shampine began with the fact that 96.5 percent of all the water on earth is found in our oceans. About 1.8 percent is locked up as ice. Less than 1 percent is fresh and available. If we mess that up, we've had it. Not a pretty picture, but that's the way it is. Bill left us with a survey and a challenge to conserve.

Wednesday, Jan. 10, at 1:45 p.m. in Suite H of the Arbor Conference Center, Vince Morris, the ecology unit leader of the Withlacoochee State Forest, will be our speaker: What makes it a Sandhill? If our trail is, in fact, a Sandhill, how can we keep it healthy? Join us as we learn how critical and how enjoyable it is to Grow Native.

1. *The Coontie of Florida — The Cycad Jungle* by Tom Broome (in reference to articles by the Palm and Cycad Societies of Florida, Inc., 1996-2006)

2. *University of Florida IFAS — 50 Common Native Plants Important to Florida's Ethnobotanical History*, by Ginger M. Allen, Michael D. Bond and Martin B. Main



Photo by Ron Broman

Coontie, *Zamia* sp. (on the left) with a friend and a 'cool' reminder of what we in Florida are missing.

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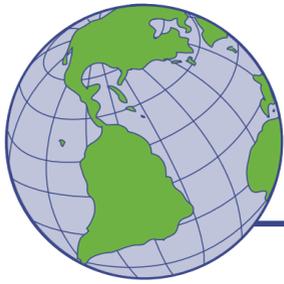
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On Top of the World NEWS

Where the News is Always Good

The Sewing Bees
stuff quite a few
stockings.
Page 34.



Section 2

Vol. 20, No. 7 • January 2007



Big Band Jazz and Swing Coming Our Way

It's been nearly two years since we last heard Bill Allred's Classic Jazz Band, and they have been missed. On Saturday, Jan. 20, at 7:30 p.m., they will reappear in the Health & Recreation Ballroom to present some more big band magic for our Bandstand Showcase audience.



Bandstand Showcase
Dean Gilchrist

Because of the upcoming holidays, our calendar for ticket sales will be different so please take note. Tickets are \$5 for general admission and \$7 for reserved seating. Following the Wednesday and Friday pre-holiday sales previously announced, tickets will be available in the Ballroom from 8:30 to 10 a.m. on Wednesday, Jan. 3, and Friday, Jan. 5, and Mondays, Wednesdays and Friday thereafter until sold out. The concert is open to residents and guests of On Top of the World and Candler Hills, and to those Indigo East residents who have purchased the gate pass.

Barbara J. Young, your local State Farm insurance agent, has become a great supporter of Bandstand Showcase, and we thank her and her staff for sponsoring this concert, the first of two she will sponsor this season.

Also, don't forget to save your ticket stubs; they're worth \$1 off lunch or dinner at Candler Hills Restaurant or \$1 off a basket of practice balls at the Candler Pro Shop.

Bill Allred's Classic Jazz Band is very popular everywhere they go as evidenced by their frequent appearances at jazz festivals across the nation and in Europe. They appear regularly at places like Sacramento, Palm Springs, Las Vegas, Atlanta and Washington D.C. At the 19th annual Elkhart Jazz Festival held last June, Bill Allred was honored with the Festival's 2006 Lifetime Achievement Award. They have appeared at International Festivals in Birmingham, England, and Bern, Switzerland, and have performed in concert (just like this one) in London and Southampton. We are lucky to have them at "home" in Orlando for the winter months. They call themselves the "Lean Mean Swing Machine" which is an apt description of their hard driving, energetic music, but does not begin to describe the good taste and impressive dynamic range of the sound they present.

The band features eight musicians; two trombones, two trumpets, a reed player (from baritone sax to clarinet) and piano, bass and drums. All of the players are at the top of their profession. They present an extensive repertoire, from early Dixieland to modern jazz. Their credentials are very extensive, but you'll have to read the program to learn more, or you might want to check them out on line at <http://billallred.com>. Once there, you can listen to samples from their 12 CDs. The last time they were here, they set a Bandstand Showcase attendance record, and we expect they may do it again. Come on out and hear them live on Saturday, Jan. 20 ... and don't forget to sign in at the Friendship Barbershop; you might just win a free ticket for a friend!

Dean Gilchrist is chairman of Bandstand Showcase and may be reached by phone at 854-1440 or by e-mail at deanotow1@earthlink.net.

Bingo

Bingo will return on Wednesday, Jan. 3, at the Health & Recreation Ballroom. The start time is 6 p.m. Cards sold at 5 p.m. Cards are \$1 per card. You may buy as many as you can handle.

Any questions should be directed to either Mort Meretsky at 237-5112 or Lolly Foes at 861-2165.

The Bingo Committee wishes you and yours a Happy New Year.



Photo by Bob Woods

The Ocala Youth Symphony performed on Dec. 3 at Sholom Park. More photos are on Page 28.

Ocala Youth Symphony Fills Park with Holiday Music

By BOB WOODS
WORLD NEWS WRITER

What a concert held at Sholom Park under ideal afternoon conditions back on Dec. 3. The concert was held under nice sunny skies as the Ocala Youth Symphony went into action playing to an attentive audience lounging on the grassy areas of the park in all types of lawn chairs.

The kids started out a little slow but within a few minutes they had the crowd rocking. There just wasn't the entire group playing tune after tune but individual kids stepping forward playing the fiddle both in some fiddlin' music plus Christmas carols.

It was a great afternoon. For those in attendance many told me that they really enjoyed the concert; for those that were ab-

sent, they missed a great afternoon listening to music by Ocala's youth.

What was so great about the concert other than the music was that under the tent type structure erected for the protection of the kids was the fantastic afternoon weather. All enjoyed the sunshine and the great temperatures, not too hot, not too cool, just right. Perhaps the greatest advantage was that those in attendance not only enjoyed the music but the entire event was free of financial expense, except for those who made a donation to the volunteers that were on hand for that purpose.

It was a great afternoon of musical entertainment by our youth and it was also great just to enjoy Sholom Park. Watch for further entertainment in the form of entertainment at the park, you won't want to miss it. ☺

New Pretenders Return in February



Photo by Larry Resnick

Musicians perform during the 2006 New Pretenders show.

Mark your calendar for Feb. 9 and 10; these are the dates the "fun" will never set on On Top of the World.

The New Pretenders, with a cast of 20, including their 10-piece band under the direction of Lou Maire, present "Music Music," from the Copacabana to Hollywood.

To all the new residents, you do not want to miss these fun-filled evenings when your fellow residents perform. Each annual show sells out both evenings.

As in the past, this is a fun night for the audience and the cast as well. There is always the possibility of the appearance of a surprise guest.

Tickets go on sale Jan. 8 from 8:30 to 10 a.m. and Mondays, Wednesdays and Fridays thereafter. With limited seating, both evenings will sell out fast.

Tickets are \$5 general admission and \$7 reserved with four tickets per purchase. Tickets are limited to our residents and their houseguests.

Again, mark Jan. 8 (when tickets go on sale) and Feb. 9 and 10 on your calendar. ☺



Photo by Larry Resnick

Arbor Club Happy Hour

Dave Guildford, with microphone, leads singing at the Dec. 1 Happy Hour at the Arbor Club.



Photo by Lynn P. Stock

Customer Service Representative Shirley Graham takes Paul Estock's photo for his new ID.

Decals and IDs

Decals and IDs will now be done at Customer Service in Friendship Commons, Mondays through Fridays, 8 a.m. to 4 p.m. Please don't forget to bring the following:

- Decals: Insurance and registration along with the car the decal will be placed on.
- I.D.'s: Temporary ID or a form of picture ID if you are replacing a permanent ID.



**Director
of Golf**
Jeff McDonald

On Top of the World

The support that you guys showed at the Christmas party was awesome! Nick and staff as well as myself appreciate your response to the golf shop so much. Thank you!

Well, it only took a year but we have an administrative assistant finally. Gwen Becker is located in the membership lounge just in front of my new office. Gwen and I look forward to meeting more of you and we are determined to take care of your golfing needs. So whether you have a need or would just drop in to say

hi, please come to see us.

Golf members can pay their fees to Gwen in the Lounge, On Top of the World. Range members, we hope to have a new system in place soon; this will eliminate tokens for you. Non-range members will still use tokens. Details will be available in the Golf Shop as we get closer to implementing the system.

I plan on taking members to a different golf course, once a month, to play and have lunch together. A sign-up sheet will be in the Golf Shop. If you have a favorite course please let me know and I'll see if it would be possible to play it.

Note: Our first golf trip will take place at Harbor Hills. We will have an 8:30 a.m. shotgun start and lunch immediately following golf. The cost of the outing will be \$45 per player. This will include golf, cart and lunch and prize money for golf shop credit, back at the On Top of the World golf shop.

Candler Hills Golf Club

On behalf of Ross, Andres and staff, we thank you for your support of the first annual holiday party. Sally and I are very proud to be a part of what is taking place here at Candler Hills and On Top of the World. Our golf staff looks forward to serving you in the New Year.

Gwen and I will be available in the new members lounge, On Top of the World. You can come pay your membership fees or simply say "hi."

Check in the golf shop to sign up for our monthly golf trip.

Happy New Year! ☺



**Start with
the Basics**
Sally Collins

New Year's Equipment Check

As we turn our calendars forward to 2007, it may be time for the slogan "New Year, New Equipment." For those of us fortunate enough to live in the Sunshine State and play golf 12 months out of the year, we often lose track of the age of some of our equipment.

Start the new year by checking out your shoes and gloves. Maybe the shoes look good on top, but how about the spikes on the bottom? The Pro Shop staff can help by replacing the old, worn out spikes with new ones to give you better footwork and weight transfer in your swing. Perhaps your glove has a hole in the palm (possibly a sign of an improper hold on the club) — time to get one that will give you better control of the golf club.

When was the last time you replaced the

grips on your clubs? Too many golfers are attempting to swing a club with grips that are extremely slippery. This results in far too much hand pressure in the swing. If arthritis is a concern, you may want to try one of the new, more cushioned handles that will dampen the vibration effects of impact with the ball. If it has been a few years since you regripped the clubs, you may also want to check the size of the grips as well.

How about your golf clubs? Are they more than five years old? If you answered "yes" to this question, you may want to try out some newer equipment. The shaft technology has changed dramatically in the last several years. Club heads are larger (you can't miss!) and shafts have varying flex points to add or lessen the trajectory of your shots.

Do you hit shots out to the right? Maybe a driver with a draw bias or offset head is exactly what you need to energize your golf game. Are you still attempting to hit the long and mid-irons with little or no success? The new hybrids may be just the ticket.

Your Pro Shop staffs are trained to assist you with equipment repairs and upgrades. If it's new equipment that is on your New Year's resolution list, we have demo clubs from Cobra, Cleveland, Taylor Made, Ping and Callaway. In addition, both the Cobra and Ping fitting carts are available to determine the proper specifications on your new golf clubs.

It's also time for the January through April Golf Clinic schedules to be posted. Check out which clinics will offer you a few pointers to improve both your full swing and short game techniques. Schedules will be available in both Pro Shops.

Make your golf equipment check a New Year's resolution you stick to each year. Your golf game will be glad you did! ☺



**Men's Golf
Association**
Paul Del Vacchio

Congratulations to the Memorial Tournament winners. The 9-hole winner is Roland Smith; D Flight, Fred Moody; C Flight, Stanley Stein; B Flight, Dan Carty; and A Flight, Paul Perrault.

You may have noticed that we changed the financial structure for our tournaments. We are trying to pay up to and over 50 percent of our participants. That's why the top prizes have been lowered. Our philosophy is it's not about the money it's about the competition. So when you sign up you probably have a 50 percent chance to get your money back.

Speaking of tournaments, the board of directors has decided we are changing the months we play our tournaments. This year, 2007, our MGA Championship will begin on April 11, day two, April 13, concluding on April 18. Our President's Cup, which we usually do in February, has been moved to start June 13, and our Memorial Tournament will be Oct. 24, 26 and ending on Oct. 31. All

three tournaments will be with tee times and I hope you already know we expect you to be there one-half hour early for your assigned tee times. We hope these changes will bring more participation from our members. Please remember you "got to be in it to win it"! As an afterthought, when you make any appointments this year be sure you've checked the dates in your handbook for the Tournaments you want to play in so you don't schedule anything during that time.

Hopefully you received your MGA 2007 handbook at the December Chicken Day. If you have not please see one of the tournament directors or anyone on the board and they'll be glad to get you a copy.

To our members who are not returning, for whatever reason, I thank you for participating and being an active part in the Men's Golf Association. Each Wednesday I find a new face walking around in awe or with a puzzled look wanting to know what to do; and thanks to you, our returning members; they always get some direction on how to proceed.

Just a reminder: The times have not changed. We want you at the flags at 8 a.m. and 8:30 a.m. on the tee and if you cannot show up for any reason please call the Pro Shop and inform them so we're not looking for you.

There will be no Chicken Luncheon in January, July and August for the 2007 season. On Jan. 3, there will be open play, which means the start of our 2007 season will begin on Jan. 10 when we will be playing Team two (2) best balls.

Words of Wisdom: "Golf is the 'only-est' sport. You're completely alone with every conceivable opportunity to defeat yourself. Golf brings out your assets and liabilities as a person. The longer you play, the more certain you are that a man's performance is the outward manifestation of who, in his heart, he really thinks he is." Hale Irwin

See you around the course. ☺



**On Top of the
World Golf**
Nick Montanaro

I would like to wish everyone a healthy and Happy New Year in 2007. I hope everyone had a great time with family and friends.

I hope you are all as excited about seeing the new curbs, the new 17th hole, the new driving range, the new Pro Shop, the pruning of the trees, the new tee boxes, cart paths, and all of our 2006 accomplishments as I am.

Just a little overview for 2007: The future looks very bright for our many wonderful residents and new residents of On Top Of The World. It is with exuberant optimism that I look forward to the completion of more cart paths, more curbs, more level tee boxes, construction and completion of #5 and #10 on the tortoise and the hare. In conclusion Andy, our wonderful superintendent, is making a valiant

effort to control the high grass during the summer months by stabilizing it with chemicals and possibly purchasing new mowers.

Rules to Live By

1. Members this is not a public course — please be proud and fill all ball marks and divots.

2. For your enjoyment, onesomes and twosomes must be paired up at the discretion of the golf shop staff.

3. Absolutely no denim and collared shirts must be worn at this facility, including the range.

4. Rangers have full authority to enforce all rules and speed of play. (Please respect them as much as I do.)

5. ALL players and guests must register in Pro Shop before playing.

6. Two cart limit per foursome.

7. For the winter months please keep carts in the fairway only.

8. No more than four players per group unless cleared by Nick or Jeff.

9. Concerning the Golf Range — only range balls must be hit there.

10. 2007: You must have correct decals on your ID card and your golf cart decal showing required proper insurance.

From the bottom of my heart, my dream at On Top of the World golf is to have the greatest private facility in Florida. I cannot do this alone-but with your help we can accomplish all our dreams.

Accomplishment Acknowledgements

· Jack Ashenfelter: Hole-in-one, #14 Links
· Bill Keathley: Hole-in-one, #15 Tortise and Hare

· Joe Cameron: Hole-in-one, #14 Links
Congratulations! ☺



**Ladies 18-Hole
Golf**
Mary Lyon

Welcome back to the snow birds. It is nice to have you with us again.

The Christmas luncheon was a huge success with beautiful decorations, lots of door prizes, great company and much laughter. Thank you committee members Jan Kingsley, Virginia Broman, Phyllis Carty, and Linda Dumeer for a job well done.

Nov. 21

Cancelled
Winner: Weather

**Low Gross/Low Net
Nov. 28**

Flight A Gross: 81—Mary Lyon; 83—Nancy Zielinski; 84—Jerry Gill; 85—Gretchen Normandin. Net: 67—Joan D'Addio; 69—Linda Bervinkle; 71—Valerie Smith; 72—Iro Lisinski.

Flight B Gross: Tie at 92—Sylvia Keller and Linda Dumeer; tie at 98—Jean Culp and Andrea Fratarangelo.

Net: 70—Diane Hamments; tie at 72—Betty Gustafson and Pat MacMurray; 76—Marilyn Rose.

Flight C Gross: 93—Doris Holman; 99—Jo Ann Roney; 100—Flo Emanuel; 105—Georgette Perrault.

Net: 70—Shirley Smagner; tie at 72—Jo Apperson and Carole Robinson; 76—Glenna Swank.

Flight D Gross: 103—Marie Marquis; 106—Andrea Flannery; 110—Marjorie Myhr; 112—Jeanne Rice.

Net: 68—Betty Crippen; tie at 73—Helen Bextermueller and Helen Foskett; 75—Esther Lang. Chip-ins: Betty Crippen, Sylvia Keller, Jeanne Rice, Georgette Perrault

**Fewest Putts
Dec. 5**

Flight A: 30—Sylvia Keller; 31—Nancy Zielinski; 35—Ginny Huckel.

Flight B: 32—Pat MacMurray; 34—Margie Wade; 36—Jean Culp.

Flight C: 35—Diane Hamments, tie at 36: Serine Rossi and Janet Kingsley.

Flight D: 31—Helen Bextermueller; 32—Dea Johnson; 34—Esther Lang.

**Low Gross/Low Net
Dec. 12**

Flight A Gross: 83—Jerry Gill; 84—Gretchen Normandin; 90—Nancy Zielinski; 91—Mary Lyon.

Net: 70—Iro Lisinski; 71—Joan D'Addio; 75—Valerie Smith; 76—Sandy Chase.

Flight B Gross: 87—Nancy Nicholas; 94—Ginny Huckel; 95—Sylvia Keller; 102—Betty Gustafson. Net: 65—Pat MacMurray; 68—Diane Hamments; tie at 77—Andrea Fratarangelo and Carol Joseph.

Flight C Gross: 97—Glenna Swank; 99—Jo Ann Roney; 104—Mary Jane McAttee; 105—Flo Emanuel.

Net: 69—Shirley Smagner; tie at 74—Jo Apperson and Lou Borders; 76—Harriet Brower.

Flight D Gross: 105—Andrea Flannery; 109—Helen Bextermueller; 110—Jeanne Rice; 111—Dea Johnson.

Net: Tie at 72—Mary Skennon and Helen Foskett; 74—Esther Lang; 77—Jackie Page.

Chip-ins: Sylvia Keller, Nancy Nicholas, Gretchen Normandin, Jackie Page and Margie DeJohn Yarski. ☺

Deadlines:

Classified ads: 13th of the month

Articles: 14th of the month



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See Magic Basketball

By DEBBIE CLARK
ACTIVITIES DIRECTOR

It is that time of year again when all the basketball fans are happy. Here at the Recreation Office we are offering you a trip to the Amway Arena which is the old T.D. Waterhouse to see the Orlando Magic play against the New York Knicks. This trip is on Saturday, Feb. 3, and the cost per person is \$35, which includes round-trip transportation along with your ticket into the game.

We will leave On Top of the World from the Health & Recreation parking lot at 3:30 p.m. and we will arrive home sometime after midnight.

If you are interested in attending this game please sign up at the H&R Office, Monday through Friday from 8 a.m. to 4 p.m. Registration for this event closes one week prior to the trip. Also there are no refunds issued one week prior to the trip.

Movie Club Presents 'Dreamer' Jan. 14

By MARY EHLE

The first movie of the New Year will be "Dreamer," an exciting family-type drama. This story is inspired by a true story about a man and his daughter who are struggling to survive in life. Kurt Russell plays the father and Dakota Fanning is his daughter. Together they fight against impossible odds to help an injured race horse return to the racetrack. I hope you all will enjoy this movie as much as I did. I dearly love Dakota.

The movie will be shown at 6 p.m. on Jan. 14 in the Health & Recreation Ballroom.

This year we are offering membership for \$6 per person. Where can you get 12 movies for that rate? If you would rather pay-as-you-go, it is \$2. The movie club is open to all residents of On Top of the World and their overnight guests.



Photo by Judy Long

The Women of the World members donated 25 boxes of food items for the Salvation Army at their annual luncheon. From left, Kathy Ansherwitz, Bobby Roeder, Nancy Grabowski and Betty Serwecki pack the food items into boxes for distribution.



The Marlins

"Sponsoring the Marlins Show on Feb. 24 is my way of saying 'thank you' to all of our On Top of the World customers."
Frank DeLuca, DeLuca Toyota



Women of the World
Charlotte Hancock

On Dec. 9, the Women of the World gathered in the Health & Recreation Ballroom for a wonderful relaxing old-time Christmas luncheon with the ladies dressed in beautiful holiday clothes, singing songs and tapping feet.

Thanks to the Sunshine Singers, they were excellent. They sang for us and we sang along with them. We want to thank Jean Muncy who

played the piano. She plays beautifully and our hearts were singing. We sang the song "Twelve Days of Christmas." Each table sang a verse and so forth. Tables 4 and 12 rocked the rafters when it was their turn to sing "Four Calling Birds." Thanks ladies, it was great leading you in song.

We would like to thank Chris Cole, catering chef and sales manager, and the staff of Friendship Catering for the delicious food. The chicken was fork tender and the roast beef very tasty. The setup of food was excellent and the buffet line of ladies moved along very smoothly. The dessert was fantastic. There were miniature cheesecakes (lemon, chocolate and strawberry). I sampled the cheesecakes and brownies. Then much to my surprise I saw carrot cake (my favorite) arrive. Yes, I sampled that also. Wonder why my scales were up a pound.

Women of the World, we applaud you. Because of your generosity, we accumulated 25 boxes of food items for the Salvation Army. Also we have five boxes of food for the needy family that we are sponsoring this year. She is a single mother with two children ages 2 and 5. In addition to the food items, the Women of the World purchased clothes and toys for the children.

Our next meeting will be Jan. 5 from 1 to 3 p.m. in Suites F, G and H of the Arbor Conference Center. Our speaker will be Kitty Surette regarding health and exercise. Bring your items such as towels, diapers and children's toiletries for our charity of the month, Sheltering Arms.

Women of the World is open to all ladies who reside in On Top of the World. Come visit us and join us and you will enjoy our charity work and have fun with neighbors and friends.

Have a happy holiday season and we look forward to seeing you in the New Year.

Italian-American Club

Jerome E. Cauda

First to recap, everyone had a great time at the December Christmas Party. Many thanks to Mike and Dianne DeBari for refreshments and excellent entertainment.

In the absence of a regular correspondent, these is the club activities for the month of January. The next monthly meeting will be held in the Health & Recreation Ballroom at 3 p.m., Jan. 3. Refreshments will be served from 2:30 p.m. through the start of the meeting. The club officers will give a summary report of some of plans for the coming year. Guest speaker will be Pat Gabriel, president of the 200 Coalition.

If you are interested in the Sub Cruz trip see Mile.

Happy New Year to all.

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Indoor Air Quality

Fumes from household and garden chemicals, insulation particles, and dust can enter your duct system, aggravating asthma and allergy problems. Sealing ducts can help improve indoor air quality by reducing the risk of pollutants entering ducts and circulating through your home.

Safety

During normal operation, gas appliances such as water heaters, clothes dryers, and furnaces release combustion gases (like carbon monoxide) through their ventilation systems. Leaky ductwork in your heating and cooling system may cause "backdrafting," where these gases are drawn back into the living space, rather than expelled to the outdoors. Sealing leaks can minimize this risk.

Save Money

Leaky ducts can reduce heating and cooling system efficiency by as much as 20 percent. Sealing and insulating ducts increases efficiency, lowers your energy bills, and can often pay for itself in energy savings. Plus, if you're planning to install new heating and cooling equipment, a well-designed and sealed duct system may allow you to downsize to a smaller, less costly heating and cooling system that will provide better dehumidification.

Protect the Environment

Energy used in our homes often comes from the burning of fossil fuels at power plants, which contributes to smog, acid rain, and global warming. Simply put, the less energy we use in our homes, the less air pollution we generate. By sealing your ducts and reducing the amount of energy necessary to comfortably heat or cool your home, you can reduce the amount of air pollution generated.



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On Top of the World Men's Golf Association Results

Nine-Hole Memorial Tournament

Nov. 8, 10 & 15

110—Roland Smith; 112—Gordon Blanchard; 115—John Gartung; 118—John Ricciardone.

Memorial Tournament

Nov. 8, 10 & 15

Flight A: Winner in playoff: 205—Paul Perrault; 205—Jay Borden; 206—Johnnie Kizer; 207—Rick D'Addio; 208—Paul Wade; 211—Rudy Normandin.

Flight B: 202—Dan Carty; tie at 206—Robert Kingsley and George Blankenship; 207—Joe Rosinski; 208—Joe Cameron; 212—Bob Cates.

Flight C: 201—Stanley Stein; 202—Richard Schiller; tie at 207—Ross MacDonald, Jerry Segovis, Rocky Groomes; tie at 210—Douglas Coleman and Gerry E. Salisbury; 212—Don Guymon.

Flight D: 207—Freddie Moody; 208—Tary Bole; 210—Tom Fasanello and Bill Walker; 212—Chuck Doyle; tie at 215—William McGarry and John Newell.

9-Hole Team Two Best Balls Net

Nov. 29

60—Rick Benzing, Roland Smith and John Ricciardone.

Team Two Best Balls Net • Links

Nov. 29

117—Tom Fragapane, George Blankenship, Joseph Bologna and Bill Culp; 119—Raymond Beloin, Rocky Groomes, Jimmy Johnson and Eugene Auckerman; 120—Larry Chase, Bob Bell, Tary Bole and Richard Hess; tie at 122—Dan Carty, Bud Harris, Arlo Janssen and Mike Flynn; Bill Carlson, Bob Cates, Robert Giljohann and Harry Brower.

Team Two Best Balls Net

Tortoise & Hare

Nov. 29

110—Paul Perrault, Roland Schwab, Jerry Segovis and Rogers Rice; 113—Dick Norris, Roland Wilson, Steve Molnar and Ray Messer; tie at 114—Gene Sohler, Bob Kendrick, Carl Larsen and John O'Neil; Marvin Williams, Jack Martin and Frank Palotta; tie at 115—Joe Rosinski, Ed Noe, Roy Myhr and Bob Selmon; Charles Senci, O.J. Wagner and Alfred Wells.

Nine-Hole Low Gross/Low Net

Tortoise & Hare

Dec. 6

Gross: 49—Roland Smith; net: 33—John Ricciardone.

Low Gross/Low Net • Links

Dec. 6

Flight A: Gross: 75—Jay Borden; 77—Charlie Strauss; 79—Charles Senci; 80—Tom Stolly. Net: 66—Marvin Williams; 67—Larry Chase; 68—Millard Sadler; 70—Marvin Brooks.

Flight B: Gross: 82—Bob Cates; 83—Ron Thompson; 85—Joe Cameron; tie at 86—Bill Carlson

and George Blankenship.

Net: 66—Dan Carty; 67—Paul Stone; tie at 69—Douglas Coleman and Russell Guy; 70—Bob Bell.

Flight C: Gross: Tie at 88—Jerry Chase and Richard Schiller; tie at 90—John Bauer and Alfred Wells.

Net: Tie at 68—Barry Barringer, Jim Blandina, Joseph Bologna and Tary Bole.

Flight D: Gross: 91—Archie Pollard, 93—Harry Brower; tie at 96—Bill Culp and Steve Becker; 98—Fred Rodriguez.

Net: 67—Gordon Phillips; 68—Bob Selmon; 69—Rogers Rice; 71—Ed Betts; 72—David Brazeau.

Low Gross/Low Net • Tortoise & Hare

Dec. 6

Flight A: Gross: 70—Larry Joseph; 74—Jon Hill; tie at 76—Roy Goszewski and Gary Hassett.

Net: 64—Paul Perrault; 65—Dick Norris; 66—Tom Fragapane; tie at 67—Johnnie Kizer and Ed Noe.

Flight B: 80—Bob Huegeli; 82—Rocky Groomes; 84—Dick Griswold; 87—Bud Harris.

Net: 64—David Miller; 65—Norm Lantz; tie at 69—Don Guymon and Bud May.

Flight C: Gross: 88—Irvin Gackowski, 90—Steve Molnar; tie at 91—Doug Graham, Bill Hawk and Dick Fields.

Net: 66—Freddie Moody; 67—Robert Giljohann; tie at 69—Rick Mallardi and Bill Drusen; 70—Arlo Janssen.

Flight D: Gross: 90—Phil Johnson; 91—Armando Pena; 92—John O'Neil; 98—Sal Ledonne.

Net: 64—John Hodd; 66—James L. Delfraisse; 67—John Newell; 69—Joe Morea.

Chicken Day Scramble • Links

Dec. 13

Tied at 66—Wes Dumeer, Bob Cates, Jerry Segovis and Joe Morea; Johnnie Kizer, Paul Stone, Alfred Wells and Dave Knauss; Chuck Nicholas, Guy Russell, Jack Martin and Ralph Schmidt; T.F. Smith, Wally Schlif; Steve Molnar and James Kniss; tie at 67—Rick D'Addio, Roland Schwab and William McGarry; Paul Perrault, Norm Lantz, Charles Mattingly and Rogers Rice; Ron Thompson, Bruce E. Venslavsky, Archie Pollard and Nick Zoccoli.

Net: 66—Freddie Moody; 67—Robert Giljohann; tie at 69—Rick Mallardi and Bill Drusen; 70—Arlo Janssen.

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Ladies 9-Hole Golf
BJ Leckbee



Mini Golf
Jack Coyle

Providence Putters

Nov. 14

Ladies: 3—Inge Vogt. 53—Emmy Ricciardone.
Men: 39—Bob Maxwell. Tie at 41—Kurt Vogt and Oliver Aube. 43—Sal Tarallo.

Nov. 21

Ladies: 48—Inge Vogt. 51—Emmy Ricciardone.
Men: 38—Kurt Vogt. 49—Oliver Aube.

Nov. 28

Ladies: 47—Inge Vogt. 48—Emmy Ricciardone.
Men: 37—John Ricciardone. 43—Sal Tarallo. 46—Kurt Vogt. 53—Oliver Aube.

Dec. 5

Ladies: 45—Inge Vogt. 57—Emmy Ricciardone.
Men: 39—Sal Tarallo. 40—Kurt Vogt. 46—Oliver Aube.

Dec. 12

Ladies: Tie at 49—Emmy Ricciardone and Inge Vogt.
Men: 34—John Ricciardone. 37—Kurt Vogt.

Thursday Mini-Golf

Nov. 16

Ladies: Three-way tie at 48—Florence Soens, Marge Saxon and Eleanor Krowka. 49—Emmy Ricciardone. 55—Rena Tarallo.

Men: Tie at 39—John Ricciardone and Bob Maxwell. 43—Dick Soens. 45—Sal Tarallo. 46—Glenn Saxon. 48—Oliver Aube.

Nov. 23

Thanksgiving Day; no golf

Nov. 30

Ladies: 43—Emmy Ricciardone. Tie at 44—Eleanor Krowka and Florence Soens. 45—Marilyn Cernecarl.

Men: 39—Don Cernecarl. 42—Oliver Aube. 46—Dick Soens.

Dec. 7

Rained out

Sunday Mini-Golf

Nov. 19

Ladies: 46—Emmy Ricciardone. 50—Eleanor Krowka. 51—Maria France.

Men: 40—Ben Resta. 43—Bob Maxwell. 47—Oliver Aube. 51—Ray France.

Nov. 26

Ladies: 37—Emmy Ricciardone. 44—Florence Soens. 45—Chris Resta. 52—Maria France. 58—Rena Tarallo.

Men: Tie at 36—Ben Resta and Sal Tarallo. 39—Dick Soens. 41—Bob Maxwell. 44—John Ricciardone. 49—Oliver Aube.

Dec. 3

Ladies: 40—Eleanor Krowka. 46—Florence Soens. 47—Chris Resta.

Men: 38—Dick Soens. 39—Bob Maxwell. 44—Ben Resta.

Dec. 10

Ladies: 46—Emmy Ricciardone. 48—Eleanor Krowka.

Men: 38—John Ricciardone. 39—Bob Maxwell.



Handicap Committee

Patricia K. Del Vacchio

It was a tad damp, definitely cloudy, chilly and still 64 of you made it for the Scramble on Dec. 2. Yeah! I hope all of you know how much the Handicap Committee appreciates your participation.

The final net scores were pretty close for the Traditional Scramble. E. Noe, G. Lisinski, D. Hamments and J. Smagner took first place with a 65. Following with a net 66 were the teams of G. Sohler, N. Nicholas, R. Hess, A. Flannery and D. Norris, D. Griswold, J. Kingsley, G. Perrault.

R. Kingsley, J. D'Addio, M. Sohler and P. Peterson took fourth place with a net 67. Net 68 was fifth place with D. Scott, D. Coleman, A. Janssen and F. Griswold. Tying for sixth place with a 70 were P. Perrault, J. Johnson, I. Gackowski, J. Rice and L. Hoefler, C. Mattingly, C. Rosinski, M. Hink.

Three teams tied for eighth place with a 71: C. Nicholas, B. Bervinkle, P. MacMurray, J. Page and M. Lyon, C. Apperson, L. Goss, R. Rice and B. Ovrebø, R. Groomes, B. Culp and N. Cleveringa. Congratulations to all of you.

Jan. 6 we will be playing a Modified Scramble (whichever ball you take, that person will not hit the next shot). Remember to check in with your hosts, Carl Arnold and Phyllis Jarkey. Don't forget rally time is 9:30 at the flags and we will tee off at 10 a.m.

I hope all of you had a nice holiday and a safe New Year's Eve. Happy New Year everyone! See you at the flags. ☺

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Candler Hills Men's Golf
Garry Gerlach

A new golf association was recently formed at the Candler Hills Golf Club. The men's league, which plays on Tuesdays, voted to move from a league to a more formal association as of Jan. 1. Any male resident of Candler Hills or any member of the Candler Hills Golf Club is eligible and welcome to join. Although tee times begin at 7:56 a.m., remember be at the pro shop by 7:30 a.m., especially if you want to hit balls on the range or practice putting.

The association approved by-laws and voted for board members in November. The following board members were elected: Dave Masaschi, Fred Spain, Paul Moltisanti, Paul Fratarangelo, John Larson, Mike Buschur, and Garry Gerlach.

We would also like to thank the other league members who ran for the board: Jim Hewes, Bob Starrett and John Massari. Their commitment and willingness to run will be important for the future, and it was nice to see that interest.

The board met to elect officers in November, and they are president, David Masaschi; vice president, Fred Spain; secretary, Garry Gerlach; treasurer, Paul Fratarangelo; directors, John Larson, Paul Moltisanti and Mike

Buschur. The tournament committee will consist of Fred Spain, John Larson and Paul Moltisanti. The GHIN operating/handicap committee will consist of Fred Spain, Mike Buschur and one at-large member. If you would like to volunteer to help the GHIN committee, please contact Mike or Fred.

There is still plenty of work left to get the association up and fully running. The association has been registered as a non-profit corporation in the State of Florida and now has an EIN for banking purposes. Association dues are \$30 per year and members will pay the \$20 for their GHIN card through the pro shop. Members should try to pay their dues as soon as possible.

Fortunately, we have been able to draw on the experience of the MGA; and their board members have been very helpful in our efforts. We would like to thank Paul Del Vacchio and Wes Dumeer for all their valuable assistance.

Candler Hills Men's League Results
1, 2, 3 Best Ball
Nov. 21

118—John Larson, Bob Shively, Bob Cooke, Jim McGrath; 120—Jim Hewes, Mike Buschur, John Podkomorski, Tom Racinowski; 122—Jay Borden, Fred Spain, Dave Schultz, JC Van Bloom.

Red, White, and Blue Scramble
Nov. 28

59—Jay Borden, Gil Schoefield, Dick Williams, Thomas Martinetto; 60—Rick D'Addio, Mike Buschur, JC Van Bloom, Gene Kelly; 62—Jon Hill, Larry Kennell, Tony Mysterly, John Massari.

Individual Low Net/Low Gross
Dec. 5

Gross: 75—Paul Moltisanti; 76—Jon Hill
Net: 67—Mike Buschur; tie at 68—Ed Wilson, Garry Gerlach, 69—Larry Pairo.

Shamble—2 Best Balls
Dec. 12

108—Garry Gerlach, Larry Pairo, J.C. Van Bloom, Tom Martinetto; 111—Jay Borden, Bob Cowie, Dave Masaschi, Bill Horton; tie at 113—Tom McGurk, Marvin Brooks, Ed Wilson, Dick Williams, Jon Hill, Gene Mell, Leo McCormick, Rick D'Addio.



Photo by Claude Servais

Vito Chieco of the Shuffleboard League.



Shuffleboard
Claude Servais

I will begin this month's column with an apology to the October monthly winners, whose names were omitted from last month's column. Here they are:

Men

Monday a.m.: Leo Blumenthal;
Monday p.m.: Al Bice
Tuesday p.m.: Joe Veres
Wednesday p.m.: Henry Vieu
Thursday a.m.: Bob Harrsch
Thursday p.m.: Tony Manzo
Friday a.m.: George St. Denis

Women

Monday a.m.: Helen DeGraw
Monday p.m.: May Gawkowski
Tuesday p.m.: Sue Giuseppi
Wednesday p.m.: Lena McCombs
Thursday a.m.: Violet Dubay
Thursday p.m.: Vickie Lentz
Friday a.m.: Elaine Austin

For the information of all our members, please note that there will be a general membership meeting held at the Health and Recreation Building on Jan. 11 at 11 a.m.

This meeting will be followed by Lee's chicken dinner plus coleslaw, baked beans, biscuit and peach cobbler. Bring your own non-alcoholic drink. Cups and ice will be provided.

Entertainment will be by Just Friends Trio. The price is \$6.25 for members and \$6.25 for guests. See your captains for tickets.

In the continuing series where we meet some of our early contributors to the Shuffleboard League. This month we feature Vito Chieco.

Vito was born in New York City on Jan. 3, 1926. Lets all wish Vito a happy 81st birthday this month.

Vito grew up and went to school in the city where he was born. At the advent of World War II, he served in the navy, and when the war was over, he continued his services to his country, by joining the Reserves.

In 1947, he was fortunate to have a good friend who introduced him to a young lady by the name of Jean.

Vito and Jean were married on Oct. 10, 1948.

In 1950, Vito was called once more to serve his country during the Korean War, where he toiled until 1953.

Vito and Jean resided on Long island, where they had two daughters who gave them nine grandchildren.

For 10 years, Vito worked with the Postal

volunteers who are going to build shelves, etc., inside the shed so we can keep the necessary items in a neat and orderly fashion. An electric blower will be purchased to assist in getting grass clippings and especially pine needles off the courts, especially court four.

A letter is being drafted to be sent to the powers to be asking for new carpeting to be installed sometime this summer. I have seen and heard about the carpet's nap sticking to the bocce balls as they roll down the court when the morning dampness has not had a chance to evaporate or dry off the carpet. I have seen the courts when they are flooded and the nap is floating around.

The bocce board meeting will again, as far as I know at this writing, still be held in the Hibiscus Room of the Arbor Club at 3 p.m. on Monday, Jan. 8. Our last meeting in the Arbor Club worked out fine considering that at the same time ballroom dancing was taking place in the main club area. We had a little background music and they, from what I understand, heard loud voices coming from us. I know in the future we can keep our voices down and their music and we both can get our business at hand completed.

Again, I would like to encourage players to recruit more people into the ranks of bocce. We have plenty of room to expand our leagues. There are always bocce balls available at the courts for practicing and showing your neighbors or friends how the game is played.

Don't forget to bring your dues money on the first day of the winter session. Until then, let's keep those bocce balls rolling.



Bocce
Bob Woods

Happy New Year. I hope the holiday season so far has been favorable and memorable and also wishing and hoping that this New Year about to begin will be a prosperous and especially a healthy one for you all.

The winter session will begin soon, on Jan. 8, and I realize that cold temperatures might hamper one's ability to get a great score. Remember, if you are playing early in the morning and it's on the chilly side, warmer weather is coming. It won't be long before you will be wishing the chilly temps are back when the sweat is running off your forehead.

Hopefully as you are reading this column the new shed will be in place. We have some

Service followed by 20 years of service with the New York City Sanitation Department where he rose to the position of division foreman.

In 1986 Vito and Jean made a move that would benefit the Shuffleboard League, when they moved to On Top of the World.

Over the years, Vito participated in many activities including softball, but it is his dedication to the Shuffleboard League that marks his desire to help others.

When he arrived, members were playing on less than ideal courts. The management of On Top of the World resurfaced the blistered courts three times.

For 16 years, he has taken care of the maintenance of these courts, spending an enormous amount of time ensuring that the equipment and the courts are in the best possible condition.

We all owe Vito a great vote of thanks, and hope he will keep on his good work for a long time to come.

In last month's column, I referred to a new game promoted by John Mataya.

John will give lessons covering this game, every Wednesday Morning, beginning Wednesday, Jan. 10, at 9:30 a.m.

Due to the length of the rules, and the restriction of space for this article, the rules will be posted on the bulletin board at the shuffleboard court.

The winners for the month of December were:

Men

Monday a.m.: Bob Schuck
Tuesday p.m.: Richard Miles
Wednesday p.m.: Dean Millwood
Thursday a.m.: Jack Smith
Friday a.m.: Frank Chamberlain and Tony Manzo

Women

Monday a.m.: Helen DeGraw
Tuesday p.m.: Sue Giuseppi, Eleanor Krowka and Helene Sternberger
Wednesday p.m.: Daisy Rowell
Thursday a.m.: Ellen Schlaak
Friday a.m.: Elaine Austin

The winners for Monday p.m. were not available at press time.

Good luck for this month on the shuffleboard courts.

Softball
Bill Leon

Our On Top of the World team hit the road again and headed south to Spruce Creek where we looked in awe at what is one of the best softball fields we have seen in the area.

In the first inning hits by Paul, Don and JR loaded the bases and once again Andy Zarrella came through with a bases loaded double bringing in three runs. Billy Eaton followed with a hit giving us four quick runs and Marty Martinson scored our fifth run of the inning, which is the max that can be scored in any one inning.

Unfortunately our pitching didn't hold up in the bottom of the first and walks allowed Spruce Creek to tie us at five in their bottom half. The second inning we went ahead again with another three runs which lasted into the third inning, when our pitching broke down again allowing Spruce Creek to tie the game again.

In the fourth inning Spruce Creek scored again and stayed ahead throughout the game, beating us 12-9. Overall it was an enjoyable game and the Spruce Creek team was very hospitable as they provided us with coffee and doughnuts.

We still invite all who wish to play to come down every Saturday at 8 a.m. No experience needed.

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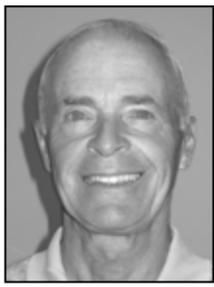
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Pickleball
Luke Mullen

Our "winter" pickleball season is well underway. Many players are now enjoying our new hours of 2 p.m. on Sundays, Wednesdays and Thursdays. With the new season we are now able to play until we drop or there are no more games left in us to play.

We recently have seen an upswing in the amount of new people interested in pickleball. The increased interest is a result of new people moving into the On Top of the World communities. Because of the increased interest we have created a process for new players. This two step process was instituted for the benefit of new players as a way of familiarizing them with the fundamentals of how pickleball is played, appropriate attire and various do's and don'ts of the game.

One of these items is "A Beginner's Guide to New Pickleball Players," provided to all new players that express interest in the game. We usually hand out one of these sheets to anyone who comes to the Health & Recreation Building Pickleball Courts to watch us play and expresses interest in the game. Anyone can have one of these guides by making a request as these handouts are kept in the Pickleball Storage Equipment cabinet located on the H&R Pickleball Court 4.

The nice thing about taking the sheet with you is that you can review at your own convenience. One of the first guidelines on the sheet is for new players to just sit and watch us play. The idea behind this is that it will be apparent to you as to whether you can and should play this fun game after observing how the game is

played. After watching us play, the next suggestion is for you to set up a meeting with Bill Daugherty, our pickleball instructor and to make arrangements to take a safety course with him.

Bill has done a marvelous job of creating a lesson plan for covering the type of training all new players should undergo in order to have an understanding and ability to start off correctly with the basics of both safety and smart techniques about pickleball. Covered in his lesson plan entitled "Outline for One Hour Introduction Pickleball Class" are basic items, which are broken into two main categories.

The first is, of course, safety while the second is basic play procedures. The safety part describes the type of shoes to be worn, appropriate clothes, hydration items, excessive player heat items and how to deal with them along with some definite no's on the court. These include never moving backward or backing up because of possible falling backwards and not running forward so fast that you may fall forward.

The play procedures include paddle grip, how to hit the ball with the forehand and backhand, and proper foot settings. Another aspect is how the serve and the ball must be hit below the waist. Also covered is serving from both the left and right sides of the court and the appropriate position for both the serving and receiving of the serve. The last major segment of the class discusses score keeping. When people first see us play, this always brings up a lot of questions about what the three numbers are all about. After this class, scoring will be an easy task.

Lastly, the first item of the class stresses that no backpedaling should be done. Making any errors that could possibly lead to injury are corrected on the spot. This helps all new players. After new participants have completed the class they are ready for having fun.

We have extra paddles and balls for use by new players, at no cost, so that they can then go and enjoy the fun of playing pickleball. We will then help you get started on your way by placing you with appropriate skill level participants in a non-threatening environment.

If this type of physical activity sounds like something you might like to try, you can come down to the H&R Pickleball Courts 3 and 4 anytime we are scheduled to play at 2 p.m. on Sundays, Wednesdays or Thursdays. If you have any questions about pickleball you can call Luke at 291-8625. ☺

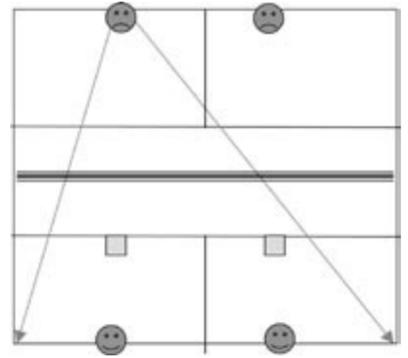


Pickleball
Tip
Bill Daugherty

Anyone who has ever played pickleball with or against me knows that apart from safety I continually harp, yes I said harp, about playing 18 to 24 inches behind the none volley (NV) zone, not stuck at the base line.

It's difficult to make a point when you are stuck at the base line. True, you have a second more to think about what shot you want to make; however, once your opponents have moved to the NV zone the advantage is theirs because they have more court to work with.

The strongest court position in pickleball is close to the NV zone. This position allows you to return most of the balls that are hit to your court without having to travel as far. Conversely, the weakest position in pickleball



is back near the baseline.

The diagram shows the possible flight path of a ball hit by the opponent across from you into your half of the court when playing doubles.

In the illustration, the team at top of diagram (Team Nasty) will be hitting the ball from its base line position. Team Smiley is at the base line and has more area to cover to reach the shot but a little more time to respond. Whereas if they were just behind the NV zone (nifty little squares) they would have less area to cover even though they will have a fraction of a second less time to hit the shot. So shift your weight from your heels to your toes and move up to the NV zone.

As ever, if you have any questions or need help give me a call 854-2751 for assistance.

Play hard, have fun and make friends
Mr. Bill ☺

Water Fitness Offers Many Benefits to Exercisers

By ADELA ANDERSON
FITNESS INSTRUCTOR

More people than ever are exploring the pool to exercise because they find that working out in the water is a great form of cross training and an excellent way to stay fit even if injured.

What are the benefits of aquatic exercises for people with injuries?

The buoyancy of the water eliminates the effects of gravity, supporting 90 percent of the body's weight for reduced impact. For example, a lady who weighs 140 pounds will only weigh 14 pounds in the water. Water acts as a cushion for the body's weight-bearing joints and reduces stress on the muscles, tendons and ligaments. If you suffer from inflammation of the joints, the pressure that water exerts on the body prevents the injured body part from swelling further. The resistant properties of the water will strengthen muscles without injury and you will be able to get a great cardiovascular workout with minimal stress to the joints. Workouts in the water are low impact and can reduce the strain that can exist in land-based programs.

If you are injured, how can you maintain cardiovascular fitness while healing?

Always remember to consult with your physician first; but if you have been stranded by an injury, deep water running can provide a great cardiovascular challenge and keep you fit while you heal. Swimming is another good alternative. If you are a runner, water running is a good choice. You will need a flotation device to keep your head out of the water and your feet off the bottom of the pool. Your body should be kept upright and good posture should be practiced. Your movements should appear underwater as if you were running on land. Another alternative is to begin running at chest height and your feet in contact with the bottom of the pool. As your capacity improves, you can move to a shallower water level. Gradually, you can phase back into full weight-bearing running. The key to not re-injure yourself is to start back slowly.

How can water help you keep your strength when you cannot go back to the gym?

The water provides resistance to the movement in all directions, which allows all of these directions to be used in the strengthening process. Due to the viscosity, drag forces and frontal resistance, the water provides a resistance that is proportional to the effort exerted against it. The water resistance can be increased with speed, surface area or with aquatic equipment. Depending on the speed of movement, resistance in the water ranges between four to 42 times greater than in air. Water is a natural and instantly adjustable

weight-training machine. You need to know your limitations. Always remember to listen to your body.

Swimming vs. water fitness/aerobics

Both swimming and water aerobics are great activities that build endurance, muscle strength and cardiovascular fitness. Swimming is a great exercise that can be continued for a lifetime. Swimming is an activity that will keep your heart rate up without stressing your body. If swimming is all you do for fitness, consider including an aquatic vertical fitness routine. You walk and work in an upright position. By taking an aquatic class or water walking, you will be able to improve your core strength and posture. The weight load against a vertical body, especially when traveling, is greater than a horizontal body.

As you make New Year resolutions, why not consider adding a water exercise class to your current fitness program? The unique properties of the water will enable you to gain cardiovascular fitness, strength and flexibility. If you need help in finding the right aquatic program for you, please do not hesitate to contact me at 854-8707. ☺

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Billiards
George Tookmanian

The billiard club has been fortunate to have Richard Impresa agree to assume the office of the president for 2007. Cathy Lorenzo has also agreed to fill the office of vice president and Penny Wilson is filling the office of second vice president. No one wanted to hold the office of recording secretary, so Richard Impresa said he would act in that capacity also. Now, after a few members declined a nomination for treasurer, yours truly volunteered to fill this office. A vote was held and all candidates were approved. So, that is the club's list of officers for 2007.

By the time this column is printed, we will have had our Christmas party meeting and buffet dinner. As of this writing, Dec. 12, there are close to 40 guests signed and paid for. I hope you were there. The menu for the buffet was carved roast beef and roast turkey, with

au gratin potatoes and peas with pearl onions. Included were rolls and butter, dessert, and coffee and iced tea. All this for \$12 per person, including tips and taxes. Merry Christmas!

In case Santa should read this offering, "Please Santa, we need two new pool tables very soon, as we have our members playing on equipment that is not up to par. I hope you can maybe hook up two sleighs in tandem and deliver two new, beautiful tables to the On Top of the World pool room for 2007." We'll be sure to have some hot chocolate and pferfennesse cookies on hand for you, and your helpers.

I would like to wish everyone a very healthy and happy New Year! Throughout the year 2006, residents have supported our club wonderfully for which we are all grateful, and thank you all. We have also signed up more members than ever before, thanks to the hard work of many.

Our "A" team also won the league trophy for the 2005-2006 season. The club is enjoying great success. We want you to come and be a part of it. C'mon in and rack 'em up!

May I offer you all a New Year's wish? Here goes ... I hope you never get caught behind the 8-ball, and I hope you never scratch after pocketing a 9-ball, unless, I am your opponent!

In the first weeks of December a mixed doubles tournament was held, organized by Cathy Lorenzo. Ray Stover and Diane Desrosiers teamed up to capture first place. Rosemary Hueber and Bill Daly came in second place. Esther Lang and Sam Todaro finished up in third place. Congratulations to all the winners and by entering this sort of competition, ones level of play is bound to improve.

Happy New Year to all! ☺

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Photo by Andy Zarrella

Members of the New York/New Jersey Club participated in their annual 'Horse Racing' event.



**New York/
New Jersey**
Terry Zarrella

Out with the old ... in with the new. This can also be said for our club, which has grown tremendously in the past year with wonderful new faces and new members to our club. It is so refreshing and uplifting to have the many new residents who have joined in the festivities and camaraderie of the New York/New Jersey Club.

There will be no "member of the month" this month as I have so many people to thank in running our monthly meetings.

This time of the year is a good time to thank and acknowledge everyone in our club. First let's start with John Zanazzi who took over last month's entertainment with our annual "Horse Racing" event. He did such an outstanding job and it was so enjoyable with his quick wit and knowledge of making this event something to look forward to. Our members truly enjoyed themselves, as this is one of our favorites of the year. John's better half "Sue" and Frank Palotta handled the "pay off" table and worked well together. All the volunteers at the betting tables were exceptional, including Louise Roder, who also helped sell tickets for our Christmas party with Sue.

At this writing we sold 104 tickets for the Christmas party, which was Dec. 19. I will elaborate in next month's column. This is the largest amount of members to purchase tickets and we must be doing something right.

Liz Ettell once again volunteered to help

out with membership and I want to thank her profusely for also taking over the duties of secretary. Gloria Aiello, our secretary, will take over again in January after recuperating from hip surgery. Louise Roder will be taking over membership and I want to thank her for being there for us.

Bob Berta will be handling badges, another area which needed coverage. I want to thank him so very much for also printing our Christmas tickets. Bob's wife, Carol Berta, is magnificent as our treasurer and also bought all the gifts for our Christmas party and also handled all of the catering duties. She is always ready with a smile and a helping hand.

Mary Rongetti helped out Danny Collora, our refreshment committee member. She just jumped in and helped him out without even being asked. Ernie Barba also helps Danny and I thank him very much. This is what I mean about all our wonderful members who give a helping hand.

I always forget to thank John Dieckman who mans the sound and microphones needed at each meeting. Thank you John for always being there for us at each meeting.

Gladys Bevalacqua, our Sunshine Lady, is always ready to help out and always has a "goodie" to read to our members every month.

Fanny Baldacchini did such a wonderful job with selling our Tampa Bay Downs tickets for Feb. 6 that two busses have been filled. She is taking a waiting list, however, if you are still interested.

Glo Hutchings, our vice president, made it possible for getting all our entertainment for the year including Fay & Ray who provided music for our Christmas party.

Two other ladies who helped out immensely this year are Bunny Barba and Elaine Hersh, with renewals and new members.

If you have recently moved to On Top of the World from New York or New Jersey and wish to be a member ... join us. We meet on the third Tuesday of every month at 2:30 p.m. If you want any additional information please feel free to call me. I'm in the On Top of the World and Florida phone books.

So, you see ... being president of this club is made easy only by its board members and volunteers who help out when needed. I want to thank everyone again and I wish you health, happiness, peace, love, joy and contentment for the New Year. ☺



**Pennsylvania
Club**
Pat Utiss

The Pennsylvania Club Christmas party was held on Dec. 13 at Golden Corral. I think I can safely say that everyone had a good time.

After getting their fill (and more) of good food, we played two trivia games based on the Christmas season. The first game was knowing different candy. Ed Hinde won this game. Eileen Utiss and Jane Rickert tied for second

place.

The second game was Christmas Synonyms. Once again, our Pennsylvania trivia expert, Ed Hinde, won. This time, though, he was tied by another expert, Eileen Kreps. The odd part was the games were given to me by Eileen Utiss and Eileen Kreps, but being honest girls, they didn't participate in the games they suggested, but each won a prize in the other's game.

We also had our usual White Elephant gift exchange. Santa Claus made an appearance and gave out gifts while reading "The Visit of St. Nicholas."

The beautiful large (it took two strong men to carry it) Pennsylvania basket was won by Richard Cooperman. Hazel and Elmer Radabaugh packed the basket with all items made in Pennsylvania, and donated by club members. This is our seventh year giving out the basket, and each year, it just gets bigger.

Our January meeting will be held, Wednesday, Jan. 10. It will be held in Suite E of the Arbor Conference Center. The meeting starts promptly at 3 p.m. but come early and socialize with refreshments, coffee and soft drinks. The speaker following the business meeting will be Pat Gabriel of the Route 200 Coalition. We hope you all have a safe and great New Year, and we will see you at the meeting on the 10th. ☺



**German
American Club**
Ruth Felschow

Our last get-together was Dec. 12. After a short meeting, we enjoyed a potluck dinner with delicacies from various members. Thank you ladies and gentlemen for helping to create this feast.

The table decorations were exquisite ... of course, some of them were edible. The desserts were a collection of old German traditional sweets only made during the Christmas season.

Helmut and his accordion entertained us and accompanied us at the sing-along. We all had a good time.

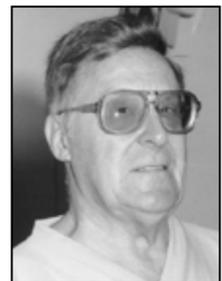
Members decided to skip the 50/50 drawing and make a donation to our club kitty. We are saving for a platoon boat river cruise in the spring.

Our next meeting will be on Tuesday, Jan. 9, at 6:30 p.m. in Suites D and E at the Arbor Conference Center. It will be a game and pizza night. We hope that all the holiday travelers will join us again; it promises to be a fun night.

The club is open to all interested residents of On Top of the World. For further information please call Ernie Liebow at 854-5679.

We hope you all had a very Merry Christmas and good health and happiness for the New Year. To all our travelers, we wish a pleasant journey and a safe return.

Happy holidays! ☺



**Friendship
Amateur Radio**
Ed Brendle

The Friendship Amateur Radio Club held its annual Christmas luncheon on Dec. 11 at the Candler Hills Restaurant. This is held in lieu of a regular monthly meeting.

The club will begin the New Year with a meeting on Jan. 8. All "Hams" are invited and members are urged to attend and to bring a guest.

Plans are being made to ensure an exciting year for the club members. There will be a resumption of Field Day, a membership drive and more in-depth program presentations. The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes.

The FARC's club call is N4FRC. The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, remains in the club's treasury awaiting disposition.

The FARC is open to all "Hams" and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching both Morse Code and theory to help you earn your license.

The FARC meets at the West State Road 200 Sheriff's Auxiliary Station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☺

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Red Hat Society
Vivian Brown

What about those golf carts! Did you ever see such beauty and elegance on a cart? The absolute talent and imagination is overwhelming. Ladies and gentlemen, you all outdid yourselves. It was a great way to start the holiday season.

Though the holidays are over, ladies, January is going to be just as hectic. The Queen Mothers will meet on Jan. 8 in Suite D of the Arbor Conference Center at 3 p.m. to finalize preparations for our annual Pajama Party which will be Sunday, Jan. 21, in the Health & Recreation Ballroom from 5:30 to 9:30 p.m. Set up is planned for 3 p.m. and hope you all are working on your entertainment.

Remember our Red Hat "Hattitude:" live, laugh and love each other. Happy New Year and may God bless us all with good health and happiness in the New Year. Vivian

THE RAZZLE-DAZZLE RED HAT DAMES had their annual progressive Christmas luncheon, and let me tell you, all the homes were beautifully decorated. Each one was different yet each showed the talent and taste of their owners. We started out at Joanne Bollings home for a wine tasting (her husband makes wine). We went on to Diana Rocafort's home for appetizers with Meridel Jellifer assisting her. Off to Florie Antista's home for salad where Jackie Randolph made a variety of Jell-O salads (different and good). Our main course was served with elegance at Jean Stanley's home with the very capable hands of Connie Forte assisting. The desserts were served at Jean Montella's new home with MaryBeth Barnes and Marguerite Berg as her willing, helping hands. And last but not least on to my house to exchange gifts, some holiday fun and singing. We all agreed it was great fun and put the holiday spirit in our hearts and minds. We've had a busy and fun filled year and I love you all. I pray God will bless us with another year of good health and happiness. I want to thank my ladies for the very generous gift card, Santa bag and candle they gave me. You are just too good. Happy New Year ... *QM Vivian Brown*

THE COOL CATS: On a bright, sunny morning, after some minor car trouble, the Cool Cats headed for the Lake Square Mall in Leesburg. Three cars of laughing woman went in search of an old English Tea Room. We found a charming room full of treasures. Some old, some new. The choice of tea and sandwiches, quiche, etc., was excellent, as well as the beautiful English tea cups from which these Cats sipped. All of us felt we had an elegant afternoon. ... *QM Janet Fragapane by cool Cat Elinor Hoffman*

THE RED GEMS: We have ended the year with a lot of activity. We traveled to Leesburg to a craft consignment shop, which is open only during the Christmas season. Of course, we had to stop for lunch before heading back home. We'd like to visit that area again sometime. But before that we had a special luncheon in Billie's beautiful home honoring the birthdays of Diane, Billie and Queen Mother Loretta. Billie prepared a special dish and the girls provided various delicious side dishes. Sandie surprised us with a birthday cake. We



Photo by Ed Michelson

Eight Diamonds in the Rough get ready to celebrate the Christmas season with lunch at the Hilton and then their annual gift exchange. Pictured from left seated are Pat Utiss, Queen Mother, Lois Powers and Crystal Anderson; back row, Joan Cummings, Nancy Barish, Mary Ethel Swing, Joan Messner and Shirley Wilver.

enjoyed the Festival of Trees at the Hilton. There we got acquainted with some lovely ladies from Keystone Heights who invited us to visit them in the future. We had three carts in the Golf Cart Parade. The girls contributed so much to preparing for it and worked so hard putting it together. Billie, Linda and Sandie were our drivers. Billie drove the first cart, which carried the Queen in the All About Hats cart. Linda was with Lois in the Bearable cart. Sandie and Jimi were in the Gift of Joy cart. Some of the girls attended the Christmas Sing Along party in the Ballroom later. Such fun! We went to the Baptist church Christmas program and after that in the evening we went to Olive Garden. Some of the girls were accompanied by their husbands. Jimi Bartaloni invited us to her home for our Christmas party. We had a blind exchange of gifts. It has become our custom to wrap them in red and silver as former Queen Mother Anna Schwartz suggested. That is a beautiful sight! We gave our first performance of our PJ bit for Jimi's husband. And we laughed, and laughed. ... *QM Loretta Troutman*

THE GLITZY GALS had five creatively decorated golf carts in the On Top of the World Golf Cart Parade. What a great parade and we had so much fun. A special thanks to all of the committee who worked hard to organize the parade. Spectators along the parade route were treated to decorated golf carts, motorcycles, a fire truck and a horse. Our Carol handed candy canes to spectators along the way. The November outing was at the Golden Corral with a western theme. Carol Cecala and Aldona Sachs were the hostesses providing everyone with treats. Dot Hinde was hostess for our December luncheon at Bella Luna and gift exchange. We all looked forward to that. "Write it on your heart that every day is the best day of the year." ... *QM Mary Curry by Janet Wahl*

THE SCARLET FOXES treated themselves to lunch at Veranda Gallery, reserving a private room for our holiday luncheon. Hostesses Phyllis Kraus and Edwina Cogar could not have selected a better restaurant. Not only was the atmosphere wonderful but we got to shop! Our Chinese gift exchange was fun with gifts being "stolen" and having to re-select. There was much laughter among us. Rolla Geiser started off the festivities by winning our door prize and promptly spent it shopping. The Scarlet Foxes wish you all the joy of treasured times with family and friends. Happy Holidays ... *Queen Betty Thayer*



View from the Library
Donna O'Neil

"What will happen to him?" Susan said. "He'll do time," I said. "He's confessed. We know he was in that school with a loaded gun. He's the only one who really knows if he shot somebody." — The "he" is Jared Clark, a 17-year-old boy.

"School Days." c. 2003, by Robert B. Parker, tells the story of Jared Clark. At a private high school near Boston five students, an assistant dean, and a Spanish teacher were gunned down by two boys wearing ski masks. Six more students and two other teachers were wounded. Two boys, Wendell Grant and Jared Clark, have been arrested for murder. Both confessed.

Now Jared Clark's grandmother, Lily Ellworth, a very wealthy woman, comes to Spenser, and a private detective says that her grandson, in spite of his confession, is innocent. She wants Spenser to prove his innocence.

Spenser takes on the request and perseveres down a long difficult road. He himself is not convinced of Jared's guilt even though the boy has confessed. Jared offers Spenser no help in his quest to find out the truth. Jared comes from a very privileged background. His parents have now written him off.

Spenser questions members of the school staff, some very affluent students and some very poor students who attend a different school. He deals with some very unsavory characters. He listens to some very dishonest people. On several occasions he finds himself in very precarious situations.

Eventually in dribs and drabs the pieces start to fall in place and you will learn the fate of Jared. The story moves along at a good pace and despite the seriousness of solving a crime, the author writes with wit and humor.

"School Days" is one of the series of the "Spenser Novels" by Robert B. Parker. All of these detective stories feature Spenser, Boston private eye. Spenser never has a first name. When asked once of the author if he would ever reveal the first name of Spenser, Robert B. Parker replied, "No — and for a very good reason — I don't know what it is myself."

Parker's fictional Spenser inspired the ABC-TV series, "Spenser: For Hire." For other Spenser novels, "Small Vices" and "Thin Air" were made into television films. ☺



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Ballet Club
Eugenie Martin

In November, I spent a few days in New York City, where I had lived before moving here. I was a little apprehensive about taking my first trip since 9/11, but luckily, no disasters occurred. Unless you want to call me a disaster.

Stumbling around on aching feet unused to walking miles on city pavement, I felt like a typical tourist, gaping at the tall buildings and trying to avoid the rushing crowds. Access to the subway and city buses, which used to require an MTA token easily purchased from a clerk and dropped into a slot, has now (to me) become very confusing. I discovered the world of MetroCards, which now must be used with all public transportation. Most are available only at automated dispensers. Differing values can be put in cards, with certain time limits applying to some purchases. I felt stupid and confused, wasted some money and longed for the ease of transportation in my own car here in Ocala.

Visits with my family and friends were wonderful, and although I did not make it to a Broadway show or the ballet, I did attend a ballet class. Taught by my first teacher Parsla Vintere, a Latvian woman trained in Russia, it was a rigorous 90-minute class. Taking class with Parsla brought back a lot of memories, and the class became a great reunion. The studio, however, was very challenging, with an aging wooden floor that alternated being too slippery and being too sticky from resin. The windows at the end of the un-air conditioned room opened on a fire escape, which I feared would become my resting place when doing turns. When I showed photos of our Arbor Club studio, everyone in the New York City class was amazed at its cleanliness, freshness, climate-control and beautiful setting.

It was wonderful to return to Ocala and to my home in On Top of the World. Other places will be fun to visit, but this is truly my home.



Opera
Tony Donato

On Dec. 7, our Opera Appreciation Class IX held its first of five sessions. We had 18 people view Puccini's "La Bohème." The class enjoyed the singing of the young cast, especially tenor Rolando Villazón and soprano Maria Kanyova.

Our second presentation will be composer Vincenzo Bellini's Norma, on Thursday, Jan. 4. Bellini was born on Nov. 3, 1801, in Catania, Sicily. He was the son and grandson of composers. He received his early musical training from his grandfather.

At 24, Vincenzo wrote his first opera while attending the Conservatory of Naples. His first major success was "Il Pirata" ("The Pirate") in 1827.

He scored European acclaim with his "La Sonnambula" ("The Sleepwalker") in March

1831. In December 1831, Bellini followed that with his masterpiece, "Norma." Bellini's last opera was "Il Puritani" ("The Puritans") in January 1835. While in Paris, Vincenzo was stricken with intestinal fever. He died in Puteaux, France, on Sept. 23, 1835, at age 33.

The period of 1830 to 1840 was known as "The Age of Bel Canto" ("beautiful singing"). The chief composers of that period were Rossini, Donizetti and Bellini. Vincenzo's art differed sharply from that of his two contemporaries. Rossini was the genius of the comic opera, Donizetti was a master of tragedy as well as comic opera. Bellini's forte was beautiful lyricism.

Vincenzo Bellini wrote 10 operas in his short life and career; "Norma," "Il Puritani" and "La Sonnambula" were his best; "Casta Diva" ("Chaste Goddess") is his most famous aria. Bel Canto operas disappeared from the stages in the 1930s but were revived by Maria Callas and Joan Sutherland in the mid-50s.

Our remaining schedule is as follows:

· Jan. 4: "Norma" by Bellini with Jon Vickers and Montserrat Caballé.

· Feb. 1: "Don Carlo" by Verdi with Plácido Domingo and Mirella Freni (highlights)

· March 1: "Tannhäuser" by Richard Wagner with Richard Cassilly and Eva Marton (highlights)

· April 5: Voice of Firestone with Eleanor Steber, soprano, and Leonard Warren, baritone, plus Franco Corelli, tenor, in concert in Tokyo

Our meetings are held the first Thursday of the month in Suite C of the Arbor Conference Center from 1 to 3:30 p.m. The cost is \$10.

For more information call Tony Donato 861-4211.



Theatre Group
Marcia Miller

The On Top of the World Theatre Group met for a holiday get-together on Dec. 11. Although a small group, everyone had a good time. Dottie Berkowitz was in charge of entertainment and invited the Swinging Singing Seniors to share a few songs with us. Elaine Hersh and Sandy Berkowitz also each sang a song. Then all joined in for a sing-a-long ending with "Jingle Bells" and "White Christmas," all accompanied by Dottie.

Instead of a fancy dinner, the group opted this year for sandwiches and fruit and cheese, and cake; more of an hors d'oeuvres/cocktail time as the party started at 3:30 p.m. A bar was also available as were other beverages. Liz and Harry Ettell did a marvelous job on the refreshments.

The next meeting of the Theatre Group will be the second Monday of January, Jan. 8 at 2:30 p.m. in Suite D at the Arbor Conference Center. It is important that all members try to attend. Dick Phillips, Bill Shampine and Jim Miller will be presenting a proposal for a business plan for the future of the group. If you are a current member of the Theatre Group, you should be receiving a copy of this proposal in the mail. Discussion and input from members will be accepted at the meeting.

Dick, Bill and Jim along with Shirley Coe have had an opportunity to visit the new theater and will report on the use of that facility at the meeting.

Hope to see you, members and prospective members, at the January meeting. Come and be part of planning for the future of the On Top of the World Theatre Group.

Tickets Go on Sale for February Dance on Jan. 29; Theme is 'Hearts and Flowers'

The Dance Committee is pleased to announce the February dance will be held on Saturday, Feb. 17.

The dance will be from 7 to 10:30 p.m. in the Health & Recreation Ballroom. Music will be by Frank Roberts Band, a special favorite.

The cost is \$6 per person; \$12 per couple. Snacks and door prizes will be available. There will be a singles table.

Dress is semi-formal.

There will be a cash bar available.

Tickets will go on sale in the H&R Ballroom starting on Monday, Jan. 29, from 8 to 10 a.m. They will be sold Mondays, Wednesdays and Fridays until all tickets are sold.

A representative from the Dance Committee will be at the H&R Ballroom at 6 a.m. on Jan. 29 to pass out numbers for tickets. There will be a limit of four tickets per person and you must have the names of each person for whom you are purchasing a ticket. We ask

that you have your On Top of the World ID if you are new to the community as the dance is for On Top of the World residents and their overnight guests.

This is a dance you won't want to miss, so see you at the Ballroom on Jan. 29.



Sunshine Singers
Vivian Brown

The Ho Ho Ho's and many Jingle Bells rang out merrily as we, Santa's Elves, were busy spreading the holiday spirit everywhere.

The nursing homes were ablaze with a mountain of lights, Santa Clauses, Christmas trees and Rudolphs and they were all spectacular. At one home, when we were mingling with the residents, I noticed this gentleman with a twinkle in his eye. I commented on how well he sang along with us and he was very good.

He said he had his own band when he was younger, that he loved music and thought that Christmas was the best time of the year. I eagerly agreed with him. It filled my heart with joy, knowing we had some small part in making his holiday a happy one. That is why we keep doing it again and again!

Dick and Mary Ann surprised us again at our last meeting with Cookies, Candies and Soda. They are so very thoughtful and we thank them so much!

I'm sorry but at the time of this writing I did not have the January schedule, but all will be notified when it's available. If any club or organization is interested in having us perform, please contact our director Dick Rohde at 861-1104.

Happy New Year everyone! Till next month, keep on singing, Vivian.

Library News

Jeralie Walters

The "experts" on aging are always urging us to use our minds and learn new things. What better place than our On Top of the World Library?

With so many new residents using the library, we need to inform everyone of our policy on borrowing books. We appreciate all the books, periodicals and tapes that are donated by the residents. We look them over and decide what we can use here. We keep current periodicals and books that are in good condition. Others are sent to the Ocala Public Library for their used book sales. The outdated magazines are taken to West Port Middle School. Both places are very grateful for the donations. Our large print duplicates are taken to TimberRidge.

We operate as a lending library without the usual practice of signing your name. We only request that you return the articles after use. Books do get misplaced occasionally, and we ask residents to please check their shelves at home periodically and return books that have our stamp on them.

Books are arranged in different categories. We have a large romance section, which includes historical novels and some classics. Biographies, science fiction, westerns, Civil War, Florida, World War II, mystery and adventure, almanacs, large print — each have a section.

The card catalog registers by title and author only the hardbound books. We use subject headings on the shelves to help locate non-fiction. They are filed using the Dewey Decimal system.

A big thank-you to Donna O'Neil who has been writing our book reviews for several years. She has done a great job and we appreciate her service. Peggy Greer is taking over from her.

We love our hardworking volunteers who keep the books in order. There is usually someone working in the morning, so if you have questions or need help finding things, it is a good time to come in. We are happy to be of service anytime.

Angelina Limlingan, M.D.

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On Top of the World NEWS

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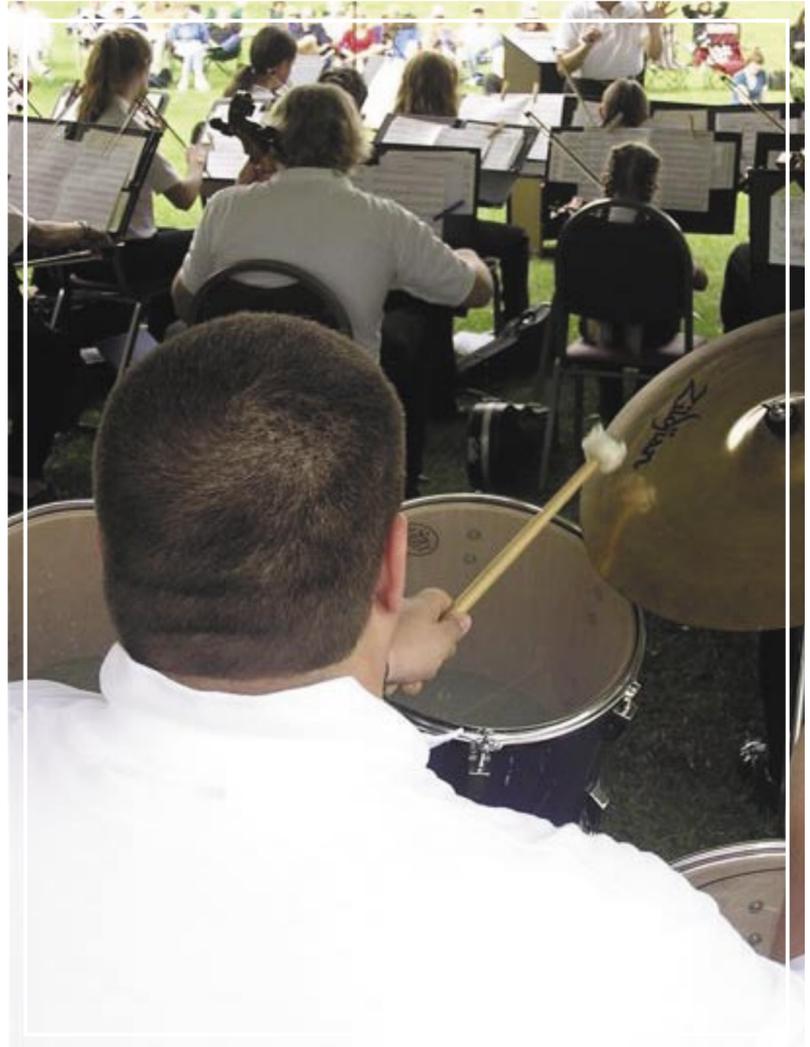
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Photos by Bob Woods



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D'Clowns JoJo (Jo Ciserano), Sunflower (Paula Magen), Teech (Terry B.) and Ellie (Ellen Richard) visit TimberRidge with toddlers from Children's Development Center.



**D'Clowns
Paula Magen**

With holiday greeting cards almost done, somehow I'm finding time to pen my monthly column. Hope everyone had great holidays!

It's been a busy month even though we haven't had our full complement of D'Clowns for various reasons this time of the year. We did our usual one-hour show at Summerville and had a really fun time. The residents love our antics and skits and sang carols with us.

We were at TimberRidge Nursing Home and Rehabilitation Center when the three- and four-year-olds again made their appearance. They visit every month to do some activity with the senior residents. Last time they colored and assembled birds then flew them in the courtyard to everyone's delight. What a wonderful opportunity for both ages. While we are there we participate in the exercise program for those in wheelchairs as well as

do a Walk a Bout to spread cheer to residents in their rooms.

D'Clowns will be doing two separate shows at New Horizon Rehabilitation Center in mid-December. Among the other things we do we will be caroling and giving out red and green Mardi Gras beads. Speaking of beads, Lois Weasel and the Goodmans of On Top of the World responded to my request and donated many beads to keep our supply going. Thanks, folks. 'Tis appreciated!

D'Clowns are pleased to report that we gave generous donations to Arnette House, Interfaith Emergency Services, Salvation Army, United Way, the Blind School and Women of the World.

The Golf Cart parade at On Top of the World was sensational ... the best ever, thanks to the fine planning and organization of the committee. My golf cart seats four and was decorated with our big D'Clown sign, balloons, red bows and garland. We had two clowns in the front and two riding backward to everyone's surprise. We also were in charge of handing out candy canes to the cheering crowds.

We plan to be at TimberRidge's volunteer appreciation breakfast, which is always a special and wonderful occasion.

Did I mention that Clown Smiley participated in the Christmas parade downtown? Way to go, Smiley!

We invite you to join our fun loving group. Come to meetings on the first and third of each month in Suites B and C of the Arbor Conference Center at 1:30 p.m. We will teach you all about clowning and you'll be hooked. Questions? Call Paula Magen at 873-3433.

Wishing y'all a joyous, healthful and peaceful New Year! ☺

Who in the World!
By PAT WELLINGTON

Clue: These high school sweethearts "got rhythm." See Page 33 for the answer.



**USPO
Advisory Council
Ray Utiss**



**SPCA
Genevieve Mallardi**

I hope everyone is having a happy holiday season. There were many envelopes and packages to deliver this year. If you mailed yours early enough, they all should have been delivered in time. With the increased workload and part-time employees, there is a chance for some mail to fall through the cracks.

If you have any comments, good or bad, about your mail delivery, document them and send them to me. Be sure to include your phone number and I will deliver them to the Post Office. Our postmaster has assigned all mail deliveries to one person at the Paddock Branch Post Office. This will get any concerns to one person. Hopefully, this will be a help in correcting mis-deliveries.

If you have any mail question, you can call 861-8188. This is the phone number of the Paddock Branch Post Office. There is a person designated to take your inquiries.

You can reach me at Ray Utiss 9274-C S.W. 97th Lane, Ocala Fla. 34481. ☺

The S.P.C.A. held its regular monthly meeting on Nov. 16. Some of our members visited Joy Lutheran Church for the blessing of the animals. It was a moving experience. Thirty to 40 dogs, two cats and one goat attended this event. Besides the blessing, the pets received treats, which they thoroughly enjoyed.

The Marion Landing Dog Club donated Christmas stockings they made and along with the S.P.C.A. filled with goodies and toys to be delivered to Companion Pets at Christmas time. We are looking for a home for Cliffy — part rottweiler, part German shepard (we think). He weighs about 60 pounds, is sweet and loving. He has lived in a home with an elderly gentleman but the man is ill and cannot care for Cliffy any longer. He will give Cliffy to someone who will give him a good home.

Some time ago, a barking dog figurine was donated to the S.P.C.A. He attends all meetings and has come up with some clever suggestions. We named him Spca.

We were fortunate to obtain three carriers which we donated to Rainbow Ranch along with some pet food and items for their yard sale.

Our next regular meeting will be Jan. 18 in Suite H of the Arbor Conference Center at 1 p.m. See you there! ☺

Call the Pressroom at 854-0248 to schedule your anniversary, birthday or new resident photo.

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Stephanie's Computer Tip for January

By STEPHANIE ROHDE

Happy New Year to all!
Consider NOT upgrading to VISTA on your current computer, or purchasing a new computer with VISTA already installed — this is the long-awaited and very much delayed new computer operating system from Microsoft. The XP operating systems which arrived in 2001 are finally working pretty well; so the old cliché "If it ain't broke don't fix it" definitely applies. Maybe in 12 to 18 months or so VISTA will be working well like XP is today, and the majority of kinks will have been ironed out. New XP computers are being sold VISTA capable; just don't put the new VISTA operating system on unless you want to become part of Microsoft's computer testing laboratory.



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R/C LadyBirds
Ruth Kuntar

We are off to a "flying start" as we welcome in the year 2007 and our new members Nancy Dreimiller, Annette Krueger, Betty Russell, Donna Zuckerman, and Renee Aden.

Our Jan. 12 meeting will convene at 9:30 a.m. in Suites B and C of the Arbor Conference Center and will feature speaker Adela Anderson, On Top of the World exercise trainer. Adela will point us in the right direction for not only a happy but also a very healthy new year emphasizing the importance of exercise for seniors.

Then, on Wednesday, Jan. 17, we will meet in the Health & Recreation parking lot at 10:30 a.m. for lunch at the Veranda. Karen Nace (854-0797) and Millie Mobley (237-0767) will be taking reservations during our January meeting. Thanks, ladies.

Frogs? Did someone say FROGS? Our LadyBird spotlight shines on a princess who is actually terrified of frogs. Born in Hartford, Conn., Sandra Daniels Briguera moved to Miami at age 10. It is there she met and married Prince Al not only because she fell in love but also because Al drove a red car, Sandy's favorite color.

Through 45 years of marriage the Brigueras have owned red cars. To add "zest" to their union, Sandy and Al were married/remarried on three separate occasions, the last of which was aboard the Princess Cruise "Love Boat" where Judge Wapner performed the ceremony. "So," states Sandy, "no no no divorces here!" Sandra and Al have two children, Diane and Greg, and four grandchildren, all currently Miami residents.

Sandy is known at On Top of the World as the Frog Lady because of her large collection. All her life she has been afraid of frogs.

"I have been known to walk on water, drive around the block, sit in my car blowing the horn, and stay in the house because I saw a frog," Sandy admits.

In 1966, hoping to quell Sandy's fear of frogs, her best friend, Connie Cameron, presented Sandy with a stuffed frog as a birthday gift. After that co-workers, friends and family began to gift Sandy with frogs. Connie currently lives next door to Sandy, and for 40 years she has given Sandy frogs! Today Sandy has more than 1,500 frogs on display in her home. This does not include more than 500 special occasion frogs for Christmas and other holidays, outdoor decorations, clothing, jewelry, dishes, glasses, utensils and flags. Every room in their home has frogs, including an all-frog bathroom. You can spot Sandy's house by looking for the 25 frogs in her yard, some of which are real. At Christmas there is a big green-lighted frog with a Santa hat, a gift to Sandy from her neighbor Connie!

Incidentally, in 1992 Sandy and Al survived Hurricane Andrew but lost their home. During the storm Prince Al was able to save all but one frog in Sandy's collection!

Throughout her working career, Sandy has held positions at Southern Bell, the Girl Scout Council of Tropical Florida, Women's Alcohol Treatment Center, and the Dade County Park and Recreation Department. Currently and for the past 25 years, she is a volunteer board member for the Dade County Federal Credit Union, and today Sandy is devoted to raising Guy and Gypsy, their beautiful nine-month old German Shepherds.

In addition to frogs, Sandy also collects tigers and has a tiger bedroom complimented by a leopard bathroom. This collection began when Sandy was allowed to visit and feed the tiger cubs while employed at the parks department. She soon became known at the office as the Tiger Lady. Husband Al, a retired police sergeant, has a collection of more than 200 policemen and police dogs (German Shepherds). Then there is the collection of wolves and Sandy's Christmas collection of olde world fabric Santas.

The Brigueras have taken pleasure in boating, fishing, camping, water skiing, snow skiing, bowling and golf, and Sandy loves shopping and searching for more items to add to her collections or perhaps start a new one! She enjoys getting together with the Red Hat Dobbies and having fun, good times, and camaraderie with her friends in the R/C Ladybirds.

"And, yes," Sandy says, "I am still afraid of real frogs," but what we truly want to know, Sandy, is which frog did you kiss to "beam up" Prince Al? ☺

Meaning: A Prosperous New Year To You!

The Irish American Club had its Christmas event on Dec. 14 and it was a sellout. We would like to thank all of our volunteers and the many residents who helped make this event a success.

Our next event will be our St. Patrick Day celebration, which will be held in March. More on this event will be released next month. This is our most popular function of the year and I would suggest that if you plan on attending buy your tickets early. Unfortunately last year it was necessary to turn people away because of space constraints.

We look forward to the club having another successful year. We are very fortunate to have a good membership. We would like to thank all of those who volunteered in some capacity and look forward to your continued assistance in 2007.

To all who are celebrating birthdays and anniversaries we wish you the very best.

Until next time, "May your troubles be less and your blessings be more." ☺



Irish American Club
C.M. Casey

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Pronounced: ought-bleen fwee may-sheh dwit!

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A barbershop quartet named 'The Notables' provided the entertainment for the RC Flyers Christmas Party. One of our members, Doug Ensley, third from left, is the bass singer.



R/C Flyers
Jim Lynam

Every New Year is always celebrated with mixed emotions of sadness for another year's passing, yet at the same time it is always exciting with the hope of new beginnings and resolutions.

Saying good-bye to the old year includes recognition of the 2006 officers. The On Top of the World R/C Flyers wish to thank our officers for all of their service and dedication to the members of the club. Thank you to: president Bob Vance; vice president Chuck Frederick; secretary Bob Emery; treasurer Stan Stein; safety officer Jay Hartz; field marshal Jim Ellis; and directors Glenn Angle and Herb Brokhof. Thank you so much gentlemen!

In addition to the New Year, January also brings the On Top of the World R/C Flyers new officers into position.

Serving as the newly elected president for 2007 will be Bob Emery; vice president Larry Riehl; secretary Les Kuntar; incumbent treasurer Stan Stein; safety officer Bob Wroblewski; and field marshal Dick Nace. Jim Ellis and Tom Botkin were elected to the board of directors. Congratulations to all of the officers and directors who will be guiding the club through the New Year.

This past year was an excellent year for welcoming 25 new members to the On Top of the World RC Flyers, which brings our membership to 122, the highest total in club history!

The On Top of the World R/C Flyers wish to thank all of those who helped organize the Christmas party, but especially Rene and Ed Beck. Nearly 125 members and guests enjoyed the festivities. As a Christmas present to the On Top of the World RC Flyers, Patricia and Glenn Angle presented music by The Notables, a barber shop Quartet, with club member Doug Ensley singing bass. Ed and Rene Beck organized the party and provided the table

centerpieces, which were raffled to a lucky member at each table. Catering by Bruce provided the excellent food. Bob Wroblewski was the emcee and used his fantastic voice to complement the evening's activities. Rene and Ed would also like to thank all of the volunteers for their assistance in the setup and cleanup.

Field marshal Jim Ellis would like to thank Tom Botkin, Larry Reihl and Dick Nace for helping to keep the field in such good shape. Jim would also like to acknowledge "Tom the Trapper" Botkin for eliminating the gopher problem at the field. A special thanks to Bob Trebilcock and Merv Leckbee for the construction of the new starting tables.

The On Top of the World R/C Flyers would like to welcome Nick Dreimiller, Roy Russell, James Taylor and Francis Womack as our newest Model Residents at On Top Of The World. The club wishes the best of Lifestyle with Altitude to Nick, Roy, James and Francis. The "prestigious traveling trophy" representing the best "unscheduled" landing was presented to Bob Trebilcock for December.

The monthly breakfast that has been held at the 105th Street Methodist Church on the second Saturday of each month will temporarily be cancelled due to construction at the church. The monthly breakfasts will continue after the construction is complete.

A reminder to all R/C members that dues for 2007 are due by Dec. 31.

All On Top of the World residents are always welcome to visit our new R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. Because of New Year's Day being on Monday, the On Top of the World R/C Flyers next meeting will be on Monday, Jan. 8, in Suite D of the Arbor Conference Center. All future meetings will be held on the first Monday of each month at 9 a.m. in Suites B and C of the Arbor Conference Center.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!

The On Top of the World R/C Flyers wish everyone the happiest and healthiest New Year! ☺

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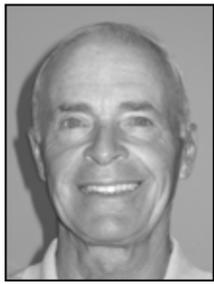
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**Favorite Recipes
Dinner Club
Luke Mullen**

We had more great dinner gatherings in November! Twenty-eight diners shared their evening at four different homes at our November dinners.

Sharon and Fred Tarolli hosted our first dinner at their home. Hors d'oeuvres kicked off the evening's activities and were prepared by Sue and Howard Bourland. The first appetizer was hot meatballs coated with sour cream, fresh dill and onions. The other was baked wontons filled with sausage, sharp cheddar cheese, black olives and ranch dressing. Both were delicious. Next, Sharon and Fred served the main meal. The first course was a Mediterranean-inspired salad of baby field greens, marinated artichokes, roasted red peppers, cucumbers, alfalfa sprouts and sunflower seeds. Their entrée was boneless breast of chicken chunks marinated in (Cuban) mojo sauce. The chicken was served on saffron rice accompanied by fresh asparagus spears with Hollandaise sauce on the side. Following this great meal, Gitte and Paul Agarwal served a fantastic cake made from an old Danish recipe. It was called Mazarin Cake and borders on confectionery. This was filled with lots of grated almonds, sugar, butter and eggs and then baked. All had an enjoyable evening.

Sue Pietrantonio and John Zanazzi hosted our second dinner. The cocktail hour began with a choice of various beverages accompanied with two tasty hors d'oeuvres, which were prepared by Debbie and Dan Partin. The first was a cheese spread with cream cheese and spinach topped with nuts served with assorted crackers. The second was a delicious bruschetta served with rounds of melba toast.

Following the appetizers, Sue and John served dinner. It consisted of a homemade spinach tortellini soup, followed by a salad with mixed greens, tomatoes and assorted dressings. The main course was a pork roast served with gravy and hot dinner rolls. Accompanying this entrée were stuffed mushrooms as well as mashed sweet potatoes, garlic mashed potatoes and broccoli with thyme and butter sauce. Jean and Joe Breslin brought a scrumptious dessert to complete this delicious meal. It was a homemade pumpkin cheesecake, which had shavings of dark chocolate around its border. All had a delightful evening.

Hosting our third dinner were Jimi and Tony Bartolone. Helene and Al Sternberger prepared the appetizers. The first was a tomato brochette and a shrimp topping on baked slices of French baguette. Also offered was crabmeat mixed with sour cream, mayonnaise, chopped onion and Worcestershire sauce to spread on buttery crackers.

Sylvia Andrews and Oliver Aube provided a marvelous salad. It consisted of several varieties of lettuce, mixed baby greens, grape to-

matoes, finely chopped cucumbers, sliced red onions, avocados and was offered with three dressings.

Jimi and Tony then served the delightful entrée. This was fried chicken cutlets with floured fried eggplants layered with prosciutto. A sauce of sautéed mushrooms, garlic with wine, and chicken soup were added to give it a very moist taste. It was then topped off with a layer of mozzarella cheese and roasted red peppers. Accompanying the main dish was a vegetable casserole containing sour cream, milk and topped off with fried onions and shredded cheddar cheese and then baked.

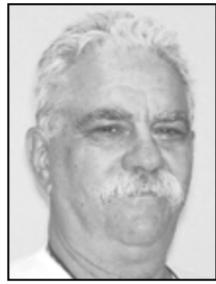
Kathy and Luke Mullen made dessert. It was an Orange Blossom Cheesecake offered with two toppings. One was raspberry/pomegranate, the other a red wine caramel sauce. Jimi and Tony also prepared a fresh fruit dessert. All had a great time.

Tish and Don Dertien hosted our fourth dinner. Ceci and Bob Marsh contributed appetizers for the meal. One was spinach, artichoke and bacon dip served with homemade pita chips. A second hors d'oeuvre was baked brie with brown sugar and walnuts served with a choice of either sliced pears or crackers.

After the appetizers, Ann and Conrad Massa provided their prepared salad. It was a Mediterranean salad, which included romaine and iceberg lettuces, cucumber bits, sliced artichoke hearts, crushed Italian olives and grape tomatoes all mixed and seasoned with basil, balsamic vinegar and extra virgin olive oil.

The entrée prepared by Tish and Don was chicken and ziti. Pat and Bob Riedeman prepared dessert, a fabulous pumpkin cream tart with a hazelnut crust served with whipped cream and crystallized ginger. Tish and Don provided guests with a small Pilgrim Hat made from circles of dark chocolate.

If this type of activity interests you please consider calling Luke at 291-8625. ☺



**Social Club
Mort Meretsky**

Well, it's 2007. I can't believe how fast the year has gone. I still remember 1957.

Our first poker/blackjack get together is on Friday, Jan. 19, from 2 to 4 p.m. at the Arbor Conference Center. This is a good time to come down to join our club if you're not yet a member or to renew your membership. Come see our membership skipper, Margaret Orlando to take care of business.

Our Super Bowl party is on Sunday, Feb. 4, at the Health & Recreation Ballroom starting at 5:30 p.m. We will again be having a chicken dinner. The price is \$2 for members and \$5 for guests. We have to know how much food to order, so please let Marie know if you're intending to come.

Marie, however, will not be cooking the chicken this time; her husband, Carmine, will be doing the frying. Thanks Carmie. Marie's number is 873-8525.

See y'all on the 19th. ☺



**Ocala
Clown Express
Julia Brandt**

It's holiday time again. It seems this time of year comes around faster and faster each year! It's that time of year that we spend with family and friends celebrating. And so it is with the Ocala Clown Express — we treat ourselves once a year to a party! We are all looking forward to our annual holiday celebration and we get a chance to see each other in real clothes. (Just because we are dressed like normal folks, it doesn't prevent us from still clowning around.) Call us old fashioned and non-politically correct, but we still refer to this celebration as our Christmas party.

As with individuals, businesses, and other organizations, the Ocala Clown Express takes a little break and reflects on what we've done over the year; and we like to contemplate how we're going to improve ourselves for the coming year! (Who among us doesn't make some kind of resolutions?) Well, it's the same with the Ocala Clown Express.

The Ocala Clown Express looks back on another rewarding year filled with sharing the art of clowning with our community. Organizations that depend heavily on volunteer support record the number of hours each volunteer contributes, and this is one way they can assess the value of their volunteer programs. So the Ocala Clown Express decided to start tallying our participation and we were in awe to find out how many hours we contributed in 2006 — after all, we were having fun. At the time of writing this article we still have a few more events coming up, but as of today the Ocala Clown Express has participated in more than 60 events throughout Marion County (and some beyond). Together we have devoted approximately 1,400 "clown" hours at events. Whew! That was really a great year for us. I might add that "clown" hours are only those we spend actually clowning and not the behind the scene things that happen to make the clowning events successful.

During the year as we participate in events, event hosts sometimes make monetary contributions to our organization. Since we do not charge for our services, we accept the contributions to help us replenish our supplies — tattoos, balloons, face paint for our "customers," props, etc. These contributions from those who can afford it allow us to provide services to those who need us but do not have funds. At various times during the year we assess our needs against what's left in our bank account, and anything that is above and beyond what we need to purchase replacement supplies, we donate to charity. What a wonderful way to give back to the community! We pay dues to help with the supplies and we are each responsible for our own personal make-up, wardrobe, and props; but, through our donation of time we have an opportunity to have a great time and still give generously to others in need.

If you are looking for a way to make a charitable contribution to our community and have a great time doing it, you might consider becoming a clown! We have just added three new associate clowns to our organization — these are folks that are still working and busy with other obligations that prevent them from participating 110 percent. They help us out when they do have some free time and we welcome their support.

That's about it, folks. Ocala Clown Express takes this opportunity of the holiday season to wish everyone happiness, joy, peace and love. You may contact us if you wish by giving Dotsy a call. She lives with Carol White and can be reached at 873-9223. ☺



Tickets go on sale Jan. 29 for The Marlins' Feb. 24 performance.

**Entertainment Group
Presents Brotherly
Musical Group**

Saturday, Feb. 24, is the date of the most different type of entertainment the Group has booked.

The Marlins, a family of professional musicians from Indiana, is winding down their annual tour of entertainment venues. They call their "music for all occasions" from the Beach Boys, the Beatles, Willie Nelson, Glen Miller, Neil Diamond, Elvis, Sinatra and more ... country, rock, pop, big band and bluegrass.

The Marlins are four brothers who offer a true variety show. They specialize in playing something for everyone's taste. Each brother is a well-trained musician and not only on one instrument. They play piano, drums, trumpet, guitar, bass, mandolin, synthesizer, flute and in short every instrument to perform the diverse styles of music they know and love so much. Strong solo voices meld into tight harmonies as they type of music changes. Being brothers is just one more reason that makes them unique in the entertainment world.

Tickets go on sale Jan. 29 from 8:30 to 10:30 a.m. and Mondays, Wednesdays and Fridays thereafter. Thanks to Frank Deluca of Deluca Toyota, tickets are \$6 general admission and \$8 reserved seats with four tickets per purchase, and as usual, for residents and their houseguests. ☺



**Dish & That
Recipes
Jean Breslin**

Hi, folks. Do you need something to help you with your diets, after all those parties? Well, the title of this recipe is ...

**Eat and Be Merry
A Diet Chocolate Cake**

- 3/4 cup unsweetened cocoa powder
- 1/4 cup sugar
- 1/2 cup boiling water
- 1 package (16 ounces) angel food cake mix
- 1 1/4 cups water
- 1 tablespoons instant coffee powder
- 1/2 cups skim milk
- 1 package (1 1/2 ounces) whipped topping mix
- 1 package (1/4 ounce) sugar-free instant chocolate pudding mix

Preheat oven to 350 degrees. Line a 10-inch-by-15-inch jelly roll pan with waxed paper. Whisk together cocoa, sugar and boiling water. Cool to lukewarm.

Prepare cake mix per package directions, using 1 1/4 cups of water and adding cocoa mixture. Spread batter evenly in the pan. Bake 20 minutes or until top looks dry. Invert onto large wire rack. Remove the pan and wax paper. Cool.

In a medium bowl dissolve coffee in milk. Add topping and pudding mixes. Beat on low speed until moistened. Beat on high speed until high peaks form. Chill 5 minutes.

Cut cake crosswise into thirds. Cover each layer with topping. Stack and chill for 2 hours. Enjoy! ☺

Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.



If residents would like to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.

On Top of the World
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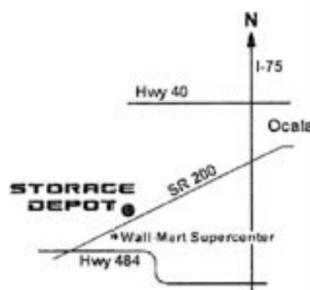
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Card Clubs & Games

Monday Afternoon Bridge

Gar Terheide & Sara Anderson

1: Esther Lang and Shirley Stolly. 2: Maizie Millward and Ray Deitz. 3: Betty Morris and Fran Griswold. 4: Carol Thompson and Ida Rosendahl.

Nov. 20

1: Shirley Stolly and Esther Lang. 2: Ann and Bill Mahoney. 3: Ida Rosendahl and Carol Thompson. Tie at 4: Mary Carol Geck and Joan Lord; Eleanor Giardino and Geri Cassens.

Nov. 27

1: Shirley Stolly and Esther Lang. 2: Mary Rose Jansen and Cleona Redman. 3: Mildred Lane and Eleanor Giardin. 4: Ida Rosendahl and Carol Thompson.

Dec. 4

1: Ray Dietz and Maizie Millward. 2: Phyllis Bressler and Eleanor Giardina. 3: Betty Morris and Marjorie Benton. 4: Ann and Bill Mahoney.

Dec. 11

1: Mary Rose Jansen and Cleona Redman. 2: Sara Anderson and Gar Terheide. 3: Betty Morris and Fran Griswold.

Monday Night Bridge

Shirley Johnson

Nov. 13

1: Jack Kyle. 2: Myra Butler. 3: Nel Bosschaart. 4: May Holtz; 5: S. Johnson. Cons. Eleanor Giardina.

Nov. 20

1: Nel Bosschaart. Tie at 2: Ray Wilson and Burt Mosely. 3: Ida Rosendahl. Cons. Ray Deitz.

Nov. 27

1: Ida Rosendahl. 2: Eleanor Giardina. 3: Dick Mansfield. 4: Jan Smith. Cons. Helen DeGraw.

Dec. 4

1: Ida Rosendahl. 2: Ginny Barrett. 3: May Holtz. 4: Miram McNeely. Cons. Shirley Johnson.

Dec. 11

1: Betty Barney. 2: Jim Mahoney. 3: Gar Terheide. 4: Dick Mansfield. Cons. Ray Dietz.

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

Nov. 14

1: Betty Barney and Myra Butler. 2: Shirley Johnson and Gar Terheide.

Nov. 21

1: Betty Barney and Myra Butler. 2: Kay Wood and Elsie Helwig.

Nov. 28

1: Ray Dietz and Shirley Wolcott. 2: Agnes La Sala and Carl Woodbury.

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073: Last month's winners are listed below.

Nov. 14

1: Doug Miller and Ernie Lord. 2: Ida and Bill Carlson. 3: Marjorie and Bruce Benton. 4: Doris Keathley and Mary Carol Geck. 5: Ida Rosendahl and Dick Mansfield.

Nov. 21

1: Marjorie and Bruce Benton. 2: Betty and Bill Raines. 3: Ida and Bill Carlson. 4: Ruth and Harry Tindall.

Nov. 28

1: Liz Millison and Helen Eshbach. 2: Marjorie and Bruce Benton. 3: Ida Rosendahl and Dick Mansfield. 4: Ruth and Harry Tindall.

Dec. 5

1: Ida Rosendahl and Dick Mansfield. Tie at 2: Marjorie and Bruce Benton, Doug Miller and Ernie Lord. 4: Betty and Bill Raines, 5: Jayne Kaske and Nancy Dreimiller.

Dec. 12

1: Doris Keathley and Mary Carol Geck. 2: Marjorie and Bruce Benton. 3: Joni and Ted Jarvis. 4: Ida and Bill Carlson. 5: Doug Miller and Ernie Lord. 6: Jayne Kaske and Nancy Dreimiller.

Wednesday Afternoon Bridge

Fran Griswold

The Christmas tree, so beautifully decorated by Eleanor Giardina and Shirley Johnson is certainly a joy for so many of us. On Top of the World is certainly blessed with people doing many good things. Due to their generosity and caring, turkeys and other Christ-

mas goodies will be going to the Rape Crisis Spouse Abuse Center before Dec. 25. Members of the Wednesday Afternoon Bridge group are most supportive the year around.

Our annual Christmas party was Dec. 13 with many old and new players attending. Some players, currently on the sick list and unable to attend, were contacted and our thoughts and prayers were extended to all. We want to wish all a very Happy New Year. Let's all join together in a prayer for peace in the New Year.

Nov. 15

1: Bill Mahoney. 2: Barbara Munderloh. 3: Helen Eshbach. 4: Betty Barney. 5: Stinson Frantz. Cons. Marlene Floecker.

Nov. 22

1: Dick Mansfield. 2: Ida Rosendahl. 3: Betty Morris. 4: Ruth Goldstine. Cons. Janet Becker.

Nov. 29

1: Shirlee Walcott. 2: Helen Sternberger. 3: Bernie K. 4: Ginny Barrett. 5: May Holtz. Cons. Barbara Munderloh.

Dec. 6

1: Bill Mahoney. 2: Ann Mahoney. 3: May Holtz. 4: Mary Culberson. Cons. Ray Wilson.

Dec. 13

1: Ruth Goldstine. 2: Fran Griswold. 3: Dick Mansfield. Janet Becker. Cons. Renee Cahill.

Wednesday Evening Bridge

Doris Keathley

Nov. 15

1: Doris Keathley and Ida Rosendahl. 2: Harry and Ruth Tindall. 3: Bill and Ida Carlson. 4: Bill and Betty Raines.

Nov. 22

1: Helen Eshbach and Liz Milleson. 2: Bruce and Marjorie Benton. 3: Dick Mansfield and Ida Rosendahl. 4: Harry and Ruth Tindall.

Nov. 30

1: Joan Lord and Mary Carol Geck. 2: Phil and Hazel Merchant. 3: Don and Margie Hink.

Dec. 6

1: Bill and Ida Carlson. 2: Harry and Ruth Tindall. Tie at 3: Bill and Edith Hunter and Doris Keathley and Ida Rosendahl.



Thursday Afternoon Bridge

Arline Duggan

Nov. 2

1: Kay Wood. 2: Jennie Barnett. 3: Rene Cahill.

Nov. 9

1: Shuler Wolcott. 2: Ginnie Barnett. 3: Marion Wade.

Nov. 16

1: Marian Wade. 2: Marie White. 3: Alice McDaniel.

Nov. 23

1: Marion Wade. 2: Mazie Millward. 3: Helen Eshbach. 4: Ginnie Barrett.

Thursday Night Bridge

Helen DeGraw & Jan Moon

Nov. 16

1: Gar Terheide. 2: Ida Rosendahl. 3: Betty Barney. 4: Gitte Agarwal. Cons. Nancy Miller.

Nov. 30

1: Jim Mahoney. 2: Ray Dietz. 3: Edith Hunter. 4: Myra Butler. Cons. Betty Barney.

Dec. 7

1: Carl Woodbury. 2: May Holtz. 3: Dick Mansfield. 4: Betty Morris. Cons. Elsie Helwig.

Friday Advanced Bridge

Ernie & Joan Lord

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

Nov. 3

1: Catherine Edwards. 2: Ernie Lord. 3: Jayne Kaske. 4: Eleanor Giardina. 5: Phil Merchant

Nov. 10

1: Ruth Tindall. 2: Dick Dakin. 3: Harry Tindall. 4: Bill Raines. 5: Jan Moon.

Nov. 17

1: Peggy Bucci. 2: Nancy Dreimiller. 3: Ruth Tindall. 4: Phil Merchant. 5: Eleanor Giardina.

Nov. 24

1: John Bucci. 2: Fay Rumens. 3: Mickey Martin. 4: Vera Michaelson. 5: Helen DeGraw.



Friday Night Euchre

Joe Askenase

Nov. 17

Four-Handed Game

1: Clarence Lietzow had a perfect Euchre score of "60" points. 2: Lou Fisher. 3: Ray Bock. Tie at 3: Genny Brenner, Marie Marquis, Joan Sigafoos. 4: Lee Morgan. 5: Bridget Hughes. Tie at 6: Marcy Askenase, Maria France. 7: Rich Miles. 8: Marge Fisher.

Nov. 24

Four-Handed Game

1: Helen Foskett. 2: Shirley Coe. 3: Genny Brenner. 4: Joan Sigafoos. 5: Lou Fisher. Tie at 6: Bridget Hughes, Russ Riegler. 7: Rich Miles.

Five-Handed Game

1: Virgil Taylor. 2: Pat Luis. 3: Ray Bock. 4: Lee Morgan. 5: Judy Garrett. Tie at 6: Diana Riegler, Jim Disla.

Dec. 14

Four-Handed Game

1: Russ Riegler. 2: Genny Brenner. 3: Marcy Askenase. 4: Helen Foskett. Tie at 5: Diana Riegler, Bridget Hughes. 6: Clarence Lietzow. 7: Marge Fisher.

Five-Handed Game

1: Joan Sigafoos. Tie at 2: Lou Fisher, Richard Miles. 3: Bill Eberle.

Six-Handed Game

1: Lee Morgan. 2: Shirley Coe. 3: Vi Horton. 4: Pat Luis. 5: Virgil Taylor. 6: Ray Bock.

Four-Handed Game

1: Shirley Coe. Tie at 2: Lou Fisher, Clarence Lietzow. 3: Joan Sigafoos. Tie at 4: Marcy Askenase, Bridget Hughes. 5: Marge Fisher. 6: Rich Miles. 7: Helen Foskett. 8: Lee Phillips.

Five-Handed Game

1: Virgil Taylor. 2: Lee Morgan. 3: Ray Bock. 4: Vi Horton. 5: Pat Luis.

Euchre '4' Fun

Irene Pisani & Nancy Kowsky

Beginner, intermediate and advanced players are all welcome, so come and join us on Fridays at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all! Welcome new members: Del Shinn, May Holtz, Connie Manley.

We held our Christmas Party on Dec. 8. Great friends, good food and a wonderful time was had by all. We missed those of you who could not be with us. We look forward to seeing you at our next gathering.

From all of us at Euchre "4" Fun ... to all of you: May Christmastime hold you and warmly enfold you in friendship and laughter and love.

Nov. 17

Tie at 1: Del Shinn and Paul Agarwal. 2: Mary Hilovsky. Tie at 3: Peggy Campbell and Billy Swing. 4: May Holtz. Tie at 5: Hank Kolb and Tony Argano. 6: Nancy Kowsky. Tie at 7: Carrie Beisler and Jerry Pinter. Tie at 8: Richard Beury, Chuck Campbell, Gayle Argano and Hank Hilovsky. 9: Rita Pinter. Tie at 10: Gitte Agarwal, Richard, Richard Beisler and Irene Pisani. 11: Connie Manley. 12: Joe Scervo. Tie at 13: Betty Scervo and Jo Swing. 14: Edith Kolb. 15: Dick Torzewski. 16: Carol Polanowski.

Nov. 24

1: Bill Eberle. 2: Billy Swing. Tie at 3: Betty Bussenger and Betty Legg. 4: Jo Swing. Tie at 5: Betty Scervo, Joann Shea and Pat Snapple. 6: Tony Argano. Tie at 7: May Holtz and Del Shinn. Tie at 8: Dick Torzewski, Bob Bussenger, Gayle Argano and Carol Polanowski. 9: Joe Scervo. Tie at 10: Richard Bartel and Mary Bartel. 11: Edna Vise.

Dec. 1

1: May Holtz had a perfect euchre score of 60 points. Congratulations. Tie at 2: Irene Pisani and Hank Kolb. 3: Gayle Argano. Tie at 4: Mary Bartel and Edith Kolb. Tie at 5: Nancy Kowsky and Mary Hilovsky. 6: Jo Swing. 7: Hank Hilovsky. 8: Richard Bartel. 9: Richard Beisler. 10: Carrie Beisler. 11: Billy Swing. 12: Tony Argano. 13: Pat Snable. Tie at 14: Del Shinn and Edna Vise. 15: Carol Polanowski. 16: Joann Shea.

Dec. 8

1: Hank Kolb. Tie at 2: Edna Vise, Nancy Kowsky and Carrie Beisler. 3: Paul Agarwal. Tie at 4: Hank Hilovsky and Bill Eberle. 5: Joann Shea. 6: Irene Pisani. Tie at 7: Mary Hilovsky, Jo Swing and Peggy Campbell. Tie at 8: Betty Legg and May Holtz. 9: Chuck Campbell. 10: Edith Kolb and Joe Scervo. 11: Tony Argano. 12: Connie Manley and Gitte Agarwal. 13: Gayle Argano. 14: Carol Polanowski. 15: Del Shinn. 16: Billy Swing. 17: Betty Scervo. 18: Pat Snable.



Tuesday Night Pinochle

Viola Horton

In November, four new players joined us: Sal LeDonna, Anthony Argano, Ted Eubank and Rich Fluet. Hope you all become Tuesday night regulars. Lois and Vernon Uzzell brought their houseguests, Cherie and Jim Cunningham, to play with us. They even came in first place the two weeks that they played. Sadly two of our regulars for many years have moved to be near family: Lucille Perry and Harry Harrington. We wish them well in their new homes. Another long time player will not be playing anymore: Ruth Christman. They will be missed by us all in the double deck room. Come join us if you play pinochle. Just be in the Art Room of the Craft Building before 6 on Tuesday night.

Nov. 7

Single Deck Winners

Cherie and Jim Cunningham

Double/Triple Deck Winners

Table 1: Alberta Sarris, James Nottingham and Vi Horton. 2: Lucille Perry, Irene Pisani and Billy Swing. 3: Norma Yonke and Harry Harrington. 4: Ray Bock and Virgil Taylor.

Nov. 14

Single Deck Winners

Betty Legg and Clarence Lietzow; Cherie and Jim Cunningham.

Double/Triple Deck Winners

Table 1: Alberta Sarris, Joe Scarrino and Vi Horton. 2: Irene Pisani, Gayle Argano and Jo Swing. 3: Elsie Helwig, Harry Harrington and Dick Beury. 4: Ray Bock and Virgil Taylor.

Nov. 21

Single Deck Winners

Sal LeDonne and George Dertinger

Double/Triple Deck Winners:

Table 1: James Nottingham and Billy Swing. 2: Dick Beury. 3: Virgil Taylor and Ray Bock.

Nov. 28

Single Deck Winners

Three-way tie: Rita Pinter and Fred Eubank, Audrey Bartolotta and Mille Ferrell, Betty Legg and Clarence Lietzow.

Double/Triple Deck Winners

Table 1: Margaret Scarrino and Vi Horton. 2: Jo and Billy Swing. 3: Harry Harrington and Dick Beury. 4: Virgil Taylor and Ray Bock.



Saturday Night Pinochle

Elsie Helwig

Nov. 11

1: Betty Legg. 2: Al Novotny. 3: Irene Pisani.

Nov. 18

1: Al Novotny. 2: Ann Jagielski. 3: Greg Skillman.

Nov. 25

1: Billy Swing. 2: Ann Jagielski. 3: Irene Pisani.

Dec. 2

1: Audrey Bartolotta. 2: Greg Skillman. 3: Shirley George. 4: Irene Pisani.

Dec. 9

1: Ed Fullmer. 2: Irene Pisani. 3: Greg Skillman.

On Top of the World
Communities

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Cribbage
Dorothy Skillman

Nov. 17

1: Ruth Earlewine. 2: Sheila Howell. 3: Lois Hoepfner. Tie at 4: Glenn Saxon and MaryLou Chamberlain. Cons. Doris Terheide.

Nov. 24

1: Frank Chamberlain. 2: Rich Fluet. 3: Elsie Helwig. Cons. Margie Saxon.

Dec. 1

1: Shela Howell. 2: Frank Chamberlain. Tie at 3: Ruth Earlewine and Lois Hoepfner. Cons. Mary Lou Chamberlain.

Dec. 8

1: Anne Jagielski. 2: Frank Chamberlain. 3: Rich Fluet. Cons. Elsie Helwig.



Mah Jongg
Mary Ehle

I am now accepting money for the March tournament. The cost is \$20.

I urge you to get your money in to me early because if last tournament is a gauge we may have to cut off the entries when we reach 80 people.

I know you all love to play so help me out and sign up early. The date is Saturday March 3. There will be more details next month.

We are again going to be teaching Mah Jongg starting Feb. 7. Classes will be held Feb. 7, 14, 21 and March 7 and 14. The fee is \$10.

It is necessary for you to sign up with me. Call 873-7507. I will be able to answer all your questions when you call.

Classes start at 12:30 p.m. and last until 2:30 p.m. in Suite A of the Arbor Conference Center.

Hope to see you there. ☺



Rubber Stamping Greeting Cards
Margaret Hanrahan

This past month we had a wonderful time making autumn cards. One didn't have to go north to see the changing colors of the trees. Using chalks, inks, masking and stamping techniques the group created beautiful greeting cards.

At our next meeting Joyce Burk guided us in making lovely gift boxes, sacks and containers using paper bags, envelopes and card stock embellished with stamped designs and ribbons. Then Margaret Hanrahan showed us how to make colorful stationery gift boxes and envelopes using wallpaper.

This groups meets to encourage, inspire and assist one another. Members range from just beginning to many years in this art form. We meet in Arbor Room D from 1 to 3 p.m. on the first and third Thursday of each month. We have a fun and relaxing time. Come check us out.

If you have any questions, call Margaret at 732-3282. ☺

American Jewish Club
Erwin Fluss

The Jewish American Club would like to take this opportunity to wish our neighbors a happy, healthy New Year. May the next year be best of all for you.

January is named for Janus, a Roman mythological god who had two faces in opposite directions. One looked to the past the other to the future, so our club looks to the future, starting with Jewish history month and a talk at the regular meeting (Jan. 15 at 2 p.m.) by Rabbi Jay of B'Nai Darom. We also will have a delicious Viennese table.

The Lunch Brunch group heads for the Ivy House in Williston on Jan. 10.

We are still collecting any warm clothing you might have to spare for Interfaith Emergency Services.

As always the American Jewish club welcomes all members of the Jewish community and their spouses. We meet on the third Sunday each month.

Our sunshine lady, Dorothy Bresky, is available for questions after 4 p.m. at 854-0284. Enjoy On Top of the World. ☺

Who in the World!
By PAT WELLINGTON



From Page 29: Gordy and Dodie Phillips



Bingo
Bunny Barba

I hope everyone had a wonderful holiday and on behalf of the Bingo Committee we wish all our players, residents, relatives of residents and the rest of the world a Happy Healthy New Year. May the year bring peace to the world.

Since the month of December is an official Bingo holiday I am finally giving you the long promised history of bingo:

In the United States, bingo was originally called "beano." It was a country fair game where a dealer would select numbered discs from a cigar box and players would mark their cards with beans. They yelled "beano" if they

won.

The game's history can be traced back to 1530, to an Italian lottery called "Lo Giuoco del Lotto D'Italia," which is still played every Saturday in Italy. From Italy the game was introduced to France in the late 1770s, where it was called "Le Lotto," a game played among wealthy Frenchmen. The Germans also played a version of the game in the 1800s, but they used it as a child's game to help students learn math, spelling and history.

When the game reached North America in 1929, it became known as "beano." It was first played at a carnival near Atlanta. New York toy salesman Edwin S. Lowe renamed it "bingo" after he overheard someone accidentally yell "bingo" instead of "beano." He hired a Columbia University math professor, Carl Leffler, to help him increase the number of combinations in bingo cards. By 1930, Leffler had invented 6,000 different bingo cards. (It is said that Leffler then went insane.)

A Catholic priest from Pennsylvania approached Lowe about using bingo as a means of raising church funds. When bingo started being played in churches it became increasingly popular. By 1934, an estimated 10,000 bingo games were played weekly, and today more than \$90 million is spent on bingo each week in North America alone.

Remember, Bingo will start on Wednesday, Jan. 3. I hope to see all of our old friends and a whole bunch of new players.

Any questions please contact me by e-mail at Thebunster29@aol.com. ☺

Flags Flown Over U.S. Capitol Available

By RALPH J. VOIGHT

On Top of the World resident Ralph Voight would like to share some information he has learned about a U.S. flag program:

I had heard about the program of having the American flag flown over the U.S. Capitol.

The order form may be obtained through the office of congressman Cliff Stearns, Sixth District of Florida. The flag of your choice will

be flown on the day of your choosing and for the event (any special occasion). You will receive a certificate stating the same.

Contact Lana at (202) 225-5744 or mail to Cliff Stearns, 2370 Rayburn House Office Building, Washington, D.C. 20515.

The cost of the flag varies according to size. An order form is available from the Web site of any U.S. senator or representative. ☺

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Wood Shop
Ray Utiss

President Gordon Cich sent me some information to put in this month's article. This year's annual meeting was a great way to end the year and start a new one. Sixty members paid their dues and will be coming in on a Monday night for orientation. The hours will be from 7 to 9 p.m. One of the new members offered his services on the computer, keeping lists and e-mails and whatever else was needed on the computer, possibly a home page. Gordon lost the name of the person, so, could

the generous volunteer please contact Gordon at 873-2839.

From time to time residents ask Gordon to recommend someone to do repairs, build wheel chair ramps, build shelves, book cases and such. If you are interested in performing this type of service, please let Gordon know. You can phone him at 873-2839.

If you were not able to attend the annual meeting, the following will be the new rules for 2007.

- Because of rising repair costs of the equipment, dues were raised to \$25 per year.

- Each member will be required to attend an orientation at the Wood Shop on a Monday evening, between the hours of 7 and 9 p.m. These are also the times to pay your dues.

- In the near future, each member who has paid their 2007 dues will be issued a key. The combination lock will be removed.

All the Wood Shop officers hope you are having a happy holiday season. Remember it is not too early to start on next year's holiday presents.

Your Wood Shop is for the use and enjoyment of resident/paid members only. If you notice anyone else using it, please call an officer of the Wood Shop.

As our name implies, it is a Wood Shop only. Please do not cut or work on any other material. Our equipment is not made for any other use. ☺

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Members of the Sewing Bees show off items from their 'Stocking Stuffer' event.



Sewing Bees
Rita Miller

As I write this article, we're all waving goodbye to 2006. The Bees ended the year delivering 50 Christmas stockings and celebrating at the Hilton with a lovely luncheon and gift exchange. Now it's on to 2007. Where did the time go? It just marches on taking us along for the "ride."

Looking back over last year's minutes,

what we accomplished as a group was utterly amazing. All together, I would estimate that we made more than 700 individual items including quilts, stuffed animals, tote bags, ditty bags, pillowcases and Christmas stockings. Our sister club, The Stitch Witches, provided us with a number of quilts, which are included in this count. We're very thankful to them for their contributions. All of the items are so appreciated by the agencies and the children.

The board met at Marcy Askenase's house to do some preliminary planning for 2007. Ideas for several projects were presented at our November meeting and we decided to make sweatshirt jackets as a fundraiser if reasonably priced sweatshirts could be located. These would be sold at the On Top of the World fall craft show. Members were also asked to bring in ideas for small projects that might interest the group.

Once again, if there's anyone out there who likes to sew simple items for children, or sew for fun, please join us in the Art Room (the building to the left of the mini-golf course) on Thursdays at 12:30 p.m.

Also, if anyone has fabric suitable for "kids" projects, we'd be glad to take it off your hands. Any questions? Give us call ... Marcy at 854-1181 or Rita at 237-6660. ☺



Artistic Crafts & Gifts
Loretta Troutman

As the sound of "Jingle Bells" has faded away, we look back over the Christmas season and say it was good. The beautiful Christmas tree and wreaths, which decorated the Health & Recreation Ballroom, were great. We enjoyed meeting the guests of On Top of the World residents and appreciated how they were surprised to see our tables, which were loaded with all sorts of handmade items for your home decor or gift giving. And of course, we met quite a few residents who had come up to see our crafts for the first time.

Our group of crafters set up their tables in the Ballroom every Tuesday morning from 9 to noon. We invite you to come up to see our display on any Tuesday morning. Do come. We wish you a happy and healthy New Year! ☺

Friendship Social Club
Lolly Foos

The Dec. 10 program was highlighted with a great assortment of goodies prepared by Kay Chandler and her volunteers, and the excellent performance by Bob Rogers who sang oldies and holiday tunes.

Our next meeting will be on Sunday, Jan. 14, with entertainment by Roger Bourgault. Put on your dancing shoes.

Don't forget to let Mary Carol Geck, our Sunshine Lady, know when any of our members need cheering up. Mary Carol's phone number is 854-8996.

Come join us for a fun-filled Sunday afternoon. Dues are \$7 from July 1 through June 30.

If you have any questions or suggestions, please call one of the following officers; Pat Utiss at 861-2831, Mary Ehle at 873-7507, Margaret Orlando at 854-7306, Dick Wolfe at 861-6117 or Lolly Foos at 861-2165.

The board and members of the Friendship Social Club wish all of you a safe and healthy, happy New Year.



Stitch Witch Quilters
Ann Weldishofer

The last big event of 2006 was our holiday luncheon on Dec. 5 at Bella Luna. We had 33 in attendance, and enjoyed a delicious lunch in a private room. Thank you, Flo Wright, for arranging this party. Ann Weldishofer installed the 2007 officers, Marcy Askenase, Margaret Hanrahan and Jane Geary. (President-elect Ruth Kinney was unable to attend). Then Ruth Flack turned the tables and presented Ann with a card and a gift from the members as a remembrance for her service. For once, I was speechless, and I offer my heartfelt "thank you" to everyone for such thoughtfulness!

2006 was a very busy year for the Stitch Witches. We made trips to the Levy County Quilt Museum; to Trenton's quaint Suwannee

Valley Quilt Shoppe; to the Jacksonville Quilt Show; and our lunch at Bella Luna.

For workshops and classes we had the Towne Purse by Mary Jo Wiley; the Schlep Bag by Alexandra Rankin; Folded Flower classes by Ruth Flack; a Quilt-As-You-Go workshop by Teresa Randolph; a Flip and Sew table runner by Betty Pettit; the Ice Cream Cone quilt by Dot Hinde; the Button Box design by Tekla Krause; the Bow-tie block by Shirley Kilpatrick; a Scrap-a-holic pattern by Betty; the Jar quilt by Tekla; and the Attic Windows by Margaret Hanrahan.

Our comfort quilts, 189 of them in all, went to Kimberly's Cottage, Munroe Regional Medical Clinic Pediatrics Unit, Guardian Ad Litum, University of Florida Department of Pediatrics Child Protection Team, the Homeless Children and Youth Program, Ocala Regional, and the Marion County Sheriff's Department.

We've recently received a wonderful donation of fabric for our projects from On Top of the World resident Rosalie Grubowski. We thank her heartily for her generosity, and she can be sure the fabrics will be put to good use for our projects!

There were no workshops or classes in December, but our members met faithfully on Tuesdays to work on unfinished projects, and to socialize and exchange tips and ideas.

And that sharing of ideas, techniques and the years of quilting experience many of our members have is the very best reason to come to our meetings. We meet every Tuesday at 1 p.m. and most Tuesdays by 9:30 a.m. or so for classes, workshops, or just to work on projects. Everyone is welcome — come join us! We wish everyone happy snipping, piecing and stitching in 2007! ☺



The Happy Hookers
Yvonne Bednar

On Dec. 4, the Happy Hookers had their Christmas luncheon at Posh. Seventeen hookers enjoyed lunch in a room decorated for the holidays. Our next luncheon will be Feb. 5. The place has not been determined, so you will have to come to one of our regular meetings to find out that information. We go to lunch every other month, on the first Monday. Other than those days, each Monday you can find us in the Art Room at 2 p.m. We invite all new and old residents to come and check us out. There are no dues, or officers, in fact, no formal meeting. We just get together and share ideas, patterns, and projects.

Our members do many kinds of crafts. At a recent meeting, Mary Ehle, Elaine Fitchpatrick, and Rosalie Grubowski were making hats to be donated to different schools. Vicki Seitz was crocheting a lap robe for a nursing home and Karen Nace was making a sweater for the needy. Maureen Wolfe was making an afghan for her home, and Pam Jennings was making a sweater for herself. Rita Kennedy was personalizing sweatshirts with embroidery and Ruth Phaneuf was working on a latch hook wall hanging.

I wanted to point out the diversity of the crafts, so whatever craft you do, think about joining us. We would enjoy seeing you. ☺



Crafty Ladies
Dot Tripp

Many of our members leave to be with relatives while others have relatives come here to celebrate the holidays, so our meetings are not as well attended at this time of the year. However, we still enjoy our "get-togethers" (er ... meetings, that is).

After all the parties, it will be nice to get back to the business of crafting. We all seem to enjoy one craft more than others, and are anxious to get back to it.

Hope everyone finished his or her Christmas projects. If not, there's always next year.

We hope, also, that everyone had a very merry Christmas and are looking forward to a new and wonderful year.

If you are looking for something new to do in the New Year, come join us. We meet each Wednesday morning in the Large Card Room in the Arts & Crafts Building (that's the building across the street from the water tower). Meetings are held year-round, and start at 9:30 a.m.

'Til next month, do your best to keep happy, healthy, and "crafty." ☺

Deadlines:

Classified ads: 13th of the month
Articles: 14th of the month
Please submit articles by e-mail

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For Sale

Dining Room Furniture: Oak trestle table, six chairs, buffet/hutch. 390-3057

Estate Sale: Friday, Saturday, Jan. 12-13, 9 a.m. to 3 p.m. 10011 S.W. 90th Loop, Avalon

Furniture: Recliner, forest green, like new, \$150; sofa/sleeper, floral fabric, \$250; TV entertainment center, \$200. 390-3057

Garage Sale: Household items, kitchen miscellaneous items and more. Friday-Saturday, Dec. 29-30, 9520-A S.W. 84th Terrace

Garage Sale: Miscellaneous items, Friday-Saturday, Jan. 19-20, 8 a.m.-2 p.m., 8680-H SW 94th St., Friendship Village

Golf Cart: Club car. 237-7137

Love Seats: Excellent condition. \$125 each. 291-2413

Loveseat Recliner: Can be used as two separate chairs or as loveseat. Gray background with aqua and rust swirls. Good condition, very comfortable, \$150. 873-0303

Misc. Items: Allen bike rack for car with 1-1/4" receiver hitch, \$75; Henry 22 Long Ragle, lever action with Tasco Scope, cleaning kit and extras, \$195. 861-0664

Misc. Items: Black & Decker 18" electric mulching mower, extension cord included, \$150; 2 padded porch chairs and matching end table, \$40; complete sets ladies and men's LH golf clubs, \$40 each. 854-5781

Misc. Items: Computer desk, \$25; typewriter stand with drop leaf, \$15; cherry, oval-shaped end table with drawer, \$75; 2 steel 2-drawer file cabinets, \$15 each. 873-4287

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12; four lines is \$17.50 and five lines is \$20. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Misc. Items: Boy's winter jacket, new; clothes hamper, new; ladies Dexter bowling shoes, size 7-8; 2 twin-size bedspreads; king-size bed rail steel frame. 873-4289

Misc. Items: Woman's Huffly Bike, equipped with lights and basket, \$45; Men's 18-speed index shifting Electroshock Magna, new, \$50. 854-1555

Misc. Items: Yard goods below factory price. Sheer curtain material (120" wide), Austrian Plisse cloth and more. 861-9746 evenings.

Organ: Hammond Aurora Century XL-100 series, 2003, like new. 854-2793

Step Ladders, two: Both two-step, wood and metal. \$15 each. 873-3433

Penta purified drinking water delivered to your door. Liter case (12 pk) \$37 each; .5-liter case (24 pk) \$39 each. Minimum order 4 cases. 873-2100

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Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

Amway Products come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

Avon: If you are interested in receiving a current brochure or becoming an Avon rep, call Cessie Marsh, On Top of the World resident, 615-9662.

Caregiver: CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda, 854-1664

Caring Home Health Aide Available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

Cat Boarding & Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Cleaning by Sheila: Residential cleaning service. Licensed and insured. Weekly, biweekly, monthly. Free estimates. References available. 812-6541

Computer Instruction in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

Computer Setup & Training: At home service. Senior rates, \$25 per hour! Have fun & learn! Call Kathy at 861-7719

Computer Solutions by Phillip: Repairs—upgrades—sales. PC and MAC. Data recovery. Microsoft Certified Systems Engineer and Apple Certified Technician. Licensed and insured. VISA/MC. We come to you! Mobile: 804-8713

Free Appraisals on musical instruments, vintage and current - guitars, banjos, mandolins, amps, etc. 40 years experience. On Top of the World resident. 237-8072

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Professional photographs taken at your anniversary party or other social event. Call Mike Roppel, On Top of the World resident, at 861-6985

Sewing Machine Service & Repair: Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

Steve's Repairs: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Stop gaining body weight with true food, pure water and basic physics. One-on-one private consults. 873-2100

Transportation: Call Bill, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: Call Kim for personalized door-to-door transportation to airports, cruise ports, any destination. Call 854-8708 or cell 207-8237.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Wallpaper Couple: "Gladly hang out with you." (352) 347-5587

Wanted

Moving in or moving out? Grandmattic will purchase one piece or entire estate; jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

Need radio repair work of Grundig console radio/phonograph. Something got disturbed during moving; it was playing before. 861-9746 evenings.

On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

On Top of the World residents who love science and kids. Judges needed for Marion County Schools Science Fair. Half day commitment. Call Joan, 854-1651, for details.

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

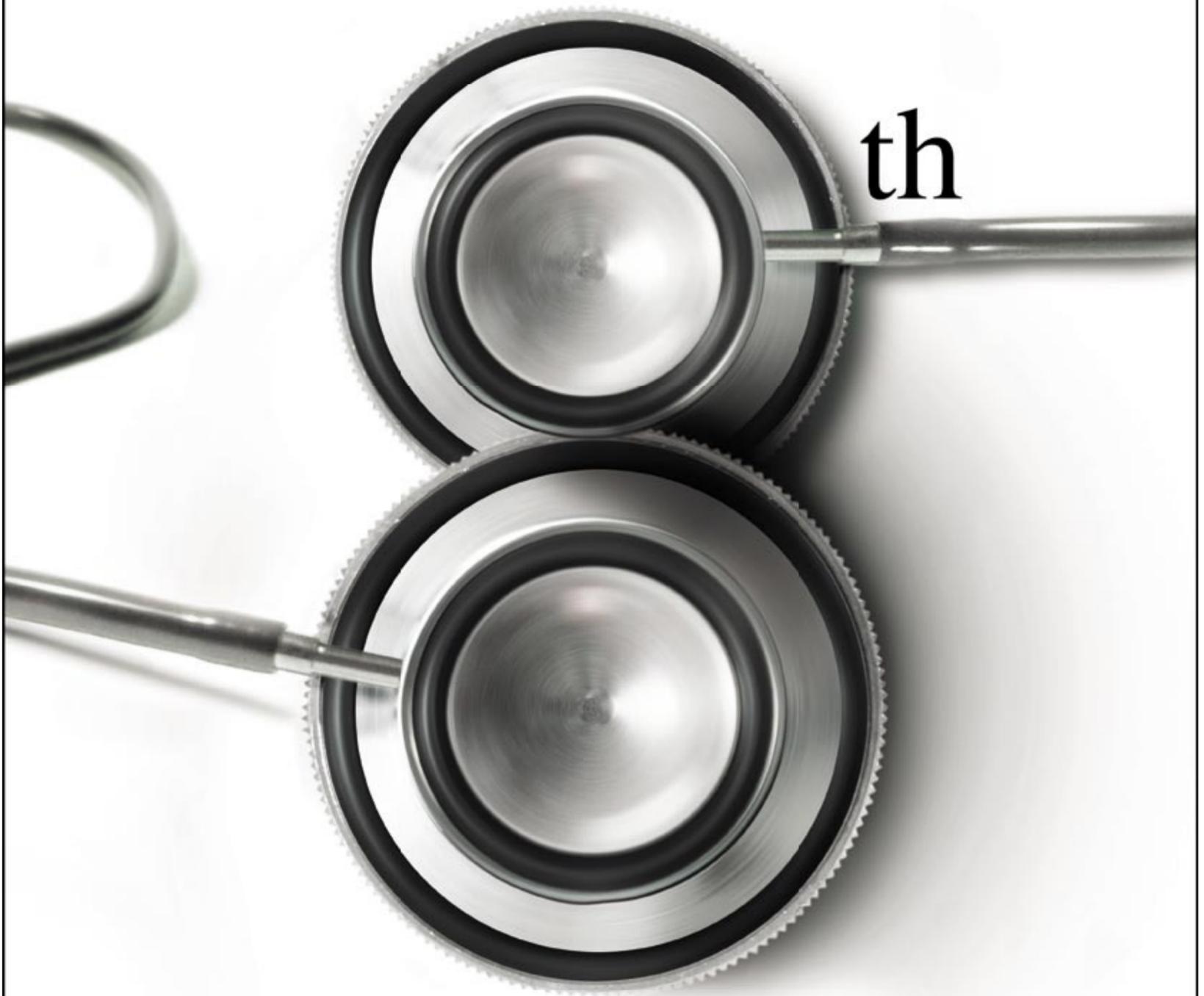
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