

# On Top of the World NEWS

Where the News is Always Good

New resident  
telephone directories  
are here. See Page 7  
for details.



Vol. 20, No. 8 • February 2007

## Community News & Update

By Kenneth Colen, Publisher

**CIRCLE SQUARE CULTURAL CENTER:** The first of the concert season featuring Gary Lewis and The Playboys is behind us and we have many more performances to come. Thank you all for your support and kind comments. Over the months and years to come, we will offer all types of entertainment to suit our many audiences and your preferences and we will be constantly improving features of the Cultural Center. Stay tuned!

The Ranch Fitness Center & Spa opened on Jan. 15. Hundreds of residents enjoyed a preview on Jan. 14 and were enthusiastic in their review of this beautiful new facility. Check it out! You won't be disappointed.

January has been an incredibly active month as we open new facilities at Circle Square Commons, launch new entertainment and open the doors to The Ranch Fitness Center & Spa. As we open these facilities and look into the future to add more to accommodate our increasing population, we are all pleased to offer these opportunities for the active lifestyle for all On Top of the World Communities' residents. Enjoy!

**MASTER THE POSSIBILITIES!** The New Year has started on a very positive note: we're continuing the momentum from last year in the Master the Possibilities Education Center. Our winter quarter may be the most popular thus far! In February we are offering 31 opportunities for you to learn and share in classes. While all are noteworthy, I'd like to draw your attention to some "firsts:"

- Our partnership with the Appleton Museum of Art begins this month with an Acrylics and a Drawing class. We hope this will be the start of a very interesting curriculum here at the Center.

- Both Beginning and Intermediate guitar are our first musical instrument classes.

- Karen de Vos will present her one-woman play about our neighbor, Pulitzer Prize winner Marjorie Kinnan Rawlings. This will be at the new Circle Square Cultural Center and free for residents.

Our classes continue to flourish and your interest and support make this endeavor worthwhile. You can share your thoughts and learn about what's being planned by attending our "Open Classroom" Feb. 14 with director Dan Dowd. See you in class!

**DROUGHT CONDITIONS:** You know it never fails that we send out a bulletin outlining watering times and the Water Management District declares stricter watering restrictions. The Southwest Florida Water Management District (SWFWMD) has gone from allowing watering two-days per week to a single day.

For those residents who control their own watering cycle, please see the articles on Pages 4 and 6 by Lynette Vermillion for the revised days and times. The point here is to keep watering times the same, but to reduce the frequency to one day per week.

Residents should pay attention to the grass and watch it for signs of stress. Best Management Practices states to wait and watch the turf grass and shrub material to the point of near stress. This keeps the plant from being over watered. Turf grass will show signs of stress by curling leaves, turning a bluish gray color, and also the grass will be less turgid, meaning the grass will not bounce back when it is stepped on from loss of water reducing the rigidity of the plant. Shrubs will generally show signs of stress with wilt and can be easily brought off wilt with the application of garden hose watering.

We know this won't be pretty, and your lawn may wilt. But lawns should not die because of this watering reduction. Do not fertilize while we are under strict use restrictions. The sudden addition of nitrogen fertilizer may actually damage the lawns far worse than a cut back in water.

**WINTER WEATHER AND SHRUBBERY:** So far we have been enjoying unseasonably warm weather this winter and generally dryer than usual with the exception of one good storm front. I've noticed moths busily pollinating the sweet viburnum and other flowering species. Generally, we are about two months ahead of schedule for this type of growth.

I make this point because there is always the possibility of a rip-roaring cold front anytime between January and mid-April. Granted, "rip-roaring" in this case may only mean a two- or three-day duration, but I have seen warm winter weather turn suddenly bitter cold and shock both trees and shrubbery back to a near dead state. The sap gets caught high and may actually explode the stem if it freezes.

That said, what to do if we do indeed ever actually have winter here? The original plantings installed in your neighborhood at the time of construction were selected for their cold and drought hardiness. Sudden and severe cold weather may cause some plants to brown and leaves to curl. This is not unusual; it is more likely we've all been spoiled by the mild winters of the past few years.

Do not rip out plants affected by the cold. They will surprise you with their recovery. Neither should they be pruned back until mid-April. There may be several more periods of cold and possible frost. Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-April to consider any pruning of owner added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter so be forewarned.

**SAFETY TIP:** February is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 20 minute load!). Even more to the point, collected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace it entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning. ☺

## Circle Square Cultural Center



Photos by Lynn P. Stock

▲ Gary Lewis, lead singer of Gary Lewis & the Playboys, belts out a tune to a sold-out crowd at the Circle Square Cultural Center on Jan. 12.

◀ Melissa Manchester performs at the Circle Square Cultural Center on Jan. 27.

## Take a SHINE to This Free Advice Service

By Bob Woods

How bright are you on the subject of Medicare and the Medicare prescription drug program?

Do you know all the answers to yours and any other questions concerning Medicare in general and their drug prescription program?

Are you sure you are receiving what is entitled to you now for those over the magic age of 65 and how about all those unanswered questions for those who are luckily enough not yet old enough to be on Medicare but soon will be?

There is a service being offered out at the Circle Square Commons on Wednesdays between 10 a.m. and noon by a volunteer named Kathy Ducz. She has set up her office in the Master the Possibilities Education Center. The cost of this assistance being sponsored by the Florida Department of Elder Affairs is very minimal; in fact it is so minimal it is absolutely free. That's right ... absolutely free.

Kathy is a counselor for an organization called SHINE (Serving Health Insurance Needs of Elders). Stop by if you need assistance or have unanswered questions concerning Medicare and related programs plus any other health care issues. Office hours are mentioned above on a first-come/first-served basis but appointments can be scheduled by calling the Elder Help Line at 1-800-963-5337 or e-mail SHINE at [information@elderaffairs.org](mailto:information@elderaffairs.org).

Kathy can assist you in all types of insurance situations. She can elaborate on what you should have and if you have too much coverage. She is not affiliated in any way with any insurance company. There are folks who have health insurance through the companies they retired from and have never applied for Medicare or secondary insurance plans.

What happens when this company drops their insurance plan for retirees? Better check with Kathy; she knows all the ins and outs and will have answers to your likes or dislikes. It is better to know exactly where you stand now enabling you to have a better handle on your insurance needs than later when it might be or



Photo by Bob Woods

Kathy Ducz of Serving Health Insurance Needs of Elders advises Mark Lawrence, Howard Lawrence and Ray Lawrence at the Education Center.

will be too late

If Kathy has someone she is attending to in the space provided by the Education Center, stop by in the other room and have an enjoyable cup of coffee or other refreshments in Sid's Coffee Shop while waiting.

Kathy told me that she and all other counselors attached to SHINE have been completely trained by the Florida Department of Elder Affairs.

Kathy is no stranger to the local area. She has been assisting folks for over three years at the Park Avenue Bank located just outside our main entrance. About six weeks ago she moved from the bank to the education center where she has assisted more than 70 residents from On Top of the World alone. Her services are not for just On Top of the World residents only. She will assist anyone needing information especially those living along the 200 corridor. She can also help low-income individuals in the purchasing of needed prescription drugs.

I asked Kathy how long this program that helps seniors will last in the local area and her answer was surprising. She said "indefinite."

What do you have to lose? Kathy's answers may surprise you and besides, her services are absolutely free. ☺

**Breaking News: Digital Cable Conversion. See Page 6.**



## On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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## Golden Oldies Humor

by Stan Goldstein



'At my reunion, my classmates were so old they didn't recognize me.'



**Is It Legal?**  
Gerald Colen

**Q.** In one of your previous columns you discussed identity theft and you wrote that one should never give out Social Security numbers. What about my driver's license number?

**A.** I don't think that matters since anyone who wants to get your driver's license number can easily do that. Although I don't add the numbers of someone's driver's license to a document that I am going to notarize, I know that there are a number of notaries public who do it and there's nothing wrong with that. Simply because your driver's license is on a document that's recorded in the public records at some later time probably doesn't matter since unlike your Social Security number, which has specific prohibitions against its use, a driver's license is a matter of public record anyway.

**Q.** My boyfriend and I are both 81. He buys Viagra or Levitra from a Canadian pharmacy and I thought there was something illegal about that. Is there? Also, am I safe if he uses it?

**A.** Take a look at [www.fda.gov](http://www.fda.gov). Then click on the site's "Hot Topics." You will find something about the importation of drugs. If you don't have a computer that lets you access the Internet, then you can write to the Federal Drug Administration for information on the safety of drugs imported from foreign countries. I believe there is a federal ban on the importation of prescription drugs but whether it is a law that is enforced at this time, I don't know. I am aware that many folks purchase drugs from Canada and don't have any problem with that. Keep in mind that many generic drugs are just as inexpensive if not less expensive as Canadian drugs. One reason some folks buy from online pharmacies is that they don't have to go to a doctor to get a prescription. I think that's a huge mistake. Under any circumstance, if your boyfriend purchases Viagra, or any drug from Canada or any other country, you should do the best you can to investigate the source. As for your second question, I am not a physician and I feel you need to discuss that with your doctor.

**Q.** My husband has a girlfriend and I have a boyfriend. I know about him; he doesn't know about me. We've been married for 47 years. He is 83 and I am 79. What are the legal issues we could face?

**A.** It depends on whether you are going to get divorced or stay married. It depends on whether you mind what he's doing and he, if he finds out about you, minds what you are doing. Beyond that, I have no comment except to wish you both well. (Note: I actually thought this was a joke but I found out that it wasn't.)

**Q.** I live in Ocala, but my husband still lives in (a Northern state) because he works there and he cannot retire for a few more years. Can I get the homestead exemption here even though he lives in (that other state)?

**A.** Attorney General Charlie Crist addressed this question a while ago. Here are portions of what he wrote in a legal opinion:

"In sum, it is my opinion that a county property appraiser may grant a homestead exemption to both applicants when a married woman and her husband own two separate residences if each taxpayer establishes the

right thereto, that is, if each can establish ownership of the home, residence therein, and the making of such residence as the permanent home in good faith. The property appraiser must make this determination from an objective evaluation of the surrounding facts and circumstances."

Therefore, this opinion indicates to me that you can get the homestead exemption in Florida even though your husband lives in another state.

**Q.** Every now and then you have warned us about some scam that is being dropped on the elderly and I wonder if you have any information about any new ones we can be on the lookout for.

**A.** Here is one: Apparently, some scam art-

ists have created official-looking e-mails that essentially say that the Social Security Administration is increasing your social security payments by 3% as a cost of living benefit; and in order to get it you have to log onto a website and provide certain information, including, I assume, your social security number. The website you go to apparently looks very governmentally official—but, of course, it is NOT A GOVERNMENT WEB SITE AT ALL BUT IS A SCAM OPERATION. There is not one government agency that will send you an email where they ask for personal information from you. It is done by regular mail or possibly by certified mail. Should you receive any such junk that appears to be from the Social Security Administration, it is best to go to the

Administration's Web site and see if there is anything dealing with the issue. That website is [www.ssa.gov](http://www.ssa.gov). Take some time to look at the site and you will see that the public is warned about this.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the *On Top of the World* sales office. He responds to e-mail through his Web site: [www.gcolen.com](http://www.gcolen.com).

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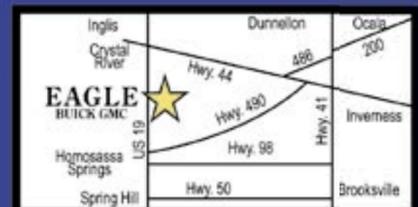


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**On Top of the World Central**  
Lynette Vermillion

Happy Valentine's Day! When I think of February, it brings to mind the color red, hearts, flowers and chocolates. I hope that you will enjoy a wonderful Valentine's Day with a special friend or family member.

**SWFWMD Imposes New Watering Restrictions**

The Bay Laurel Community Center Development District (BLCCDD) released a letter in October 2006 restricting watering to two days per week based on the last digit of your street address. Since that letter, SWFWMD has mandated further restrictions limiting watering to one day per week from January 16 to July 31, 2007, as a result of rainfall shortage. SWFWMD has mandated the following days:

- Addresses ending in 0 will water on Mondays at 4 a.m.
- Addresses ending in 1 will water on Mondays at 10 p.m.
- Addresses ending in 2 will water on Tuesdays at 10 p.m.
- Addresses ending in 3 will water on Tuesdays at 1 a.m.
- Addresses ending in 4 will water on Wednesdays at 1 a.m.
- Addresses ending in 5 will water on Wednesdays at 4 a.m.
- Addresses ending in 6 will water on Thursdays at 1 a.m.
- Addresses ending in 7 will water on Thursdays at 4 a.m.
- Addresses ending in 8 will water on Fridays at 1 a.m.
- Addresses ending in 9 will water on Fridays at 4 a.m.

Please adjust your clocks immediately to the above schedule. You may visit Customer Service at Friendship Commons, e-mail otowservice@otowfl.com or call 236-OTOW (6869) for an appointment to assist you in adjusting your lawn irrigation timer. SWFWMD has the authority to make changes as needed and these restrictions are subject to change at any time.

**Lawn Maintenance**

This year's winter has been marginally wet and cool but not cold which is optimal for fungus growth. Many residents have discovered common turf pest problems, which are uncommon for this time of year.

Brown patch fungus has been popping up throughout the community recently and it is attributed to our abnormal weather conditions. Hot, humid days coupled with regular rainfall and irrigation has provided the optimal growing conditions for not only brown patch but also other fungi. You can normally spot fungus issues in your yard by a large ring or circular patch that has a yellowish edge. This is normally a fungus and should be treated to keep from spreading. Keep from fertilizing these areas until the fungus has been treated and has been eradicated. Fertilizers will actually feed these fungi, creating more problems in the future.

Mushrooms are another form of fungi that have been invading homeowner's lawns lately. These fungi are harmless unless ingested, so do not eat them. Routine lawn maintenance such as mowing will easily chop them up and remove these unsightly plants, and they will go away when the rains stop.

**Household Garbage**

Please do not place your household garbage on the ground in front of the Dumpster or compactor — please place it inside the dumpster or compactor. We are putting up new signs on the compactors on how to operate them. Please pull the door open to the compactor, place your bag of garbage inside, close the door and just push the key to compact the garbage. If you have other items that are not appropriate for the compactor/Dumpster, please take them to the 90th Street Post Office and place them in the designated area. Just follow the signs to the appropriate drop off area. Please do not leave lawn or shrub clippings by the compactor/Dumpster. Place at the curb on your scheduled day, and we will pick up. We want to keep our community clean and well maintained. Please help and please remind your neighbor to do the same.

**Safety**

A number of residents have asked me to remind walkers to remember to wear light clothing when walking before dawn or after dusk at night. The lighter garments help motorists see pedestrians and helps avoid accidents.

If you are operating your golf cart before dawn or after dusk, remember you must have, at a minimum, a windshield, headlights, turn signals, and brake lights. The Marion County Ordinance mandates these items to operate



**When residents won't take the time to place household garbage in the compactor, our community looks like this. Not only does this drive all of your costs higher, it is a poor reflection on all residents.**

before sunrise and after sunset.

I have noticed a number of residents pulling off in the grass to park at the front of the post office boxes vs. pulling into the parking area in a proper space. Please do not park on the grass. Not only does this destroy the grass over time, it can create an unsafe condition by blocking and creating a blind corner for those residents trying to exit the post office area.

**Recreational Vehicles (RVs)**

RVs are not allowed to park on the street or in the drive unless a written permit has been obtained from Customer Service to allow parking in the occupant's driveway from 4 p.m. to 7 a.m. for the purposes of outfitting prior to departure on a trip or returning from a trip.

Guest RVs are allowed in the guest parking at the RV Park only after obtaining prior written permission from Customer Service for any guest(s) arriving by RV. The guest RV may be parked in the RV visitor parking area for three consecutive days without charge. Guest(s) staying beyond three days will re-

quire the homeowner to prearrange payment (at the current daily rate) with the homeowners association's customer service office for the extended stay not to exceed two weeks. Customer service will provide the RV Pass and assign a dedicated parking space num-

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ber to the guard at the East (Southwest 90th Street) Guard Gate on the guest date of arrival. Guests must arrive/depart between the hours of 8 a.m. and 8 p.m. Guests are not allowed to stay in RV at any time.

**Leash Law**

Please be advised that in accordance with the Marion County Code of Ordinances, Sec. 4-4(a)(3), specifically: "Section 4-4(a) It shall be the duty of every animal owner or anyone having custody or care of any animal to ensure that the animal is kept under restraint... Reasonable care and precaution are taken to prevent the animal from leaving, while unattended, the real property limits of its owner... and the animal is: (3) Leashed or otherwise controlled...."

On Top of the World Communities is in full support of this ordinance, and in this regard, we do request that you refrain from allowing your dogs to roam freely in the common areas of On Top of the World properties. On Top of the World does provide a dog park amenity where pets are permitted to run off leash at the corner of Southwest 99th Street Road and Southwest 90th Street.

**Updated Items**

Avalon Entrance Lights: We have contacted Progress Energy to add lights to the entrance of Avalon. They are preparing the Work Order to have the lights installed.

Have a great February. ☺

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**Geri Andrews**  
Birthday



**Sy & Clemmie Bernstein**  
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**John 'JC' Brown**  
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**John & Beverly Gayso**  
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**Dwight Hull**  
Birthday



**Mary & Leonard Kaifer**  
43rd Anniversary



**Paul & Patty O'Hara**  
25th Anniversary



**Guilio Petta**  
Birthday



**Jo & Bill Swing**  
1st Anniversary



**Bob & Sherley Thomas**  
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# Candler Hills • Indigo East • Candler Hills • Indigo East



**Candler Hills & Indigo East**  
Lynette Vermillion

Happy Valentine's Day! When I think of February, it brings to mind the color red, hearts, flowers and chocolates. I hope that you will enjoy a wonderful Valentine's Day with a special friend or family member.

## SWFWMD Imposes New Watering Restrictions

The Bay Laurel Community Center Development District (BLCCDD) released a letter in October 2006 restricting watering to two days per week based on the last digit of your street address. Since that letter, SWFWMD has mandated further restrictions limiting watering to one day per week from January 16 to July 31, 2007, as a result of rainfall shortage. SWFWMD has mandated the following days:

- Addresses ending in 0 will water on Mondays at 4 a.m.
- Addresses ending in 1 will water on Mondays at 10 p.m.
- Addresses ending in 2 will water on Tuesdays at 10 p.m.

- Addresses ending in 3 will water on Tuesdays at 1 a.m.
- Addresses ending in 4 will water on Wednesdays at 1 a.m.
- Addresses ending in 5 will water on Wednesdays at 4 a.m.
- Addresses ending in 6 will water on Thursdays at 1 a.m.
- Addresses ending in 7 will water on Thursdays at 4 a.m.
- Addresses ending in 8 will water on Fridays at 1 a.m.
- Addresses ending in 9 will water on Fridays at 4 a.m.

Please adjust your clocks immediately to the above schedule. You may visit Customer Service at Friendship Commons, e-mail otowservice@otowfl.com or call 236-OTOW (6869) for an appointment to assist you in adjusting your lawn irrigation timer. SWFWMD has the authority to make changes as needed and these restrictions are subject to change at any time.

## Lawn Maintenance

This year's winter has been marginally wet and cool but not cold which is optimal for fungus growth. Many residents have been having common turf pest problems, which are uncommon for this time of year.

Brown patch fungus has been popping up throughout the community recently and it is attributed to the abnormal weather conditions we have been having. Hot, humid days coupled with regular rainfall and irrigation has provided the optimal growing conditions for not only brown patch but also other fungi. You can normally spot fungus issues in your yard by a large ring or circular patch that has a yellowish edge. This is normally a fungus and should be treated to keep from spreading. Keep from fertilizing these areas until the fungus has been treated and has been eradicated. Fertilizers will actually feed these fungi, creating more problems in the future.

Mushrooms are another form of fungi that

have been invading homeowners' lawns lately. These fungi are harmless unless ingested, so do not eat them. If these are a nuisance to you and you wish to get rid of them, regular lawn maintenance such as mowing can easily chop them up and remove these unsightly plants, and they will go away when the rains stop.

Routine lawn maintenance and pest control is key to keep pest problems such as brown patch fungus from popping up in your lawns and spreading. Brown patch fungi can be easily treated with a fungicide which is available at your local retail garden center — be sure to follow the label application rates and safety guidelines.

## Safety

A number of residents have asked me to remind walkers to remember to wear light clothing when walking before dawn or after dusk at night. The lighter garments help motorists see pedestrians and helps avoid accidents.

If you are operating your golf cart before dawn or after dusk, remember you must have, at a minimum, a windshield, headlights, turn signals and brake lights. The Marion County ordinance mandates these items to operate before sunrise and after sunset.

## Recreational Vehicles (RVs)

RVs are not allowed to park on the street or in the drive unless a written permit has been obtained from Customer Service to allow parking in the occupant's driveway from 4 p.m. to 7 a.m. for the purposes of outfitting prior to departure on a trip or returning from a trip.

Guest RVs are allowed in the guest parking at the RV Park only after obtaining prior written permission from Customer Service for any guest(s) arriving by RV. The guest RV may be parked in the RV visitor parking area for three consecutive days without charge. Guest(s) staying beyond three days will require the homeowner to prearrange payment (at the current daily rate) with the homeowners' association's customer service office for the extended stay not to exceed two weeks.

Customer Service will provide the RV Pass and assign a dedicated parking space number to the guard at the East (SW 90th Street) Guard Gate on the guest date of arrival. Guests must arrive/depart between the hours of 8 a.m. and 8 p.m. Guests are not allowed to stay in an RV at any time.

## Leash Law

Please be advised that in accordance with the Marion County Code of Ordinances, Sec. 4-4(a)(3), specifically: "Section 4-4(a) It shall be the duty of every animal owner or anyone having custody or care of any animal to ensure that the animal is kept under restraint... Reasonable care and precaution are taken to prevent the animal from leaving, while unattended, the real property limits of its owner... and the animal is: (3) Leashed or otherwise controlled..."

On Top of the World Communities is in full support of this ordinance, and in this regard, we do request that you refrain from allowing your dogs to roam freely in the common areas of On Top of the World properties. On Top of the World does provide a dog park amenity where pets are permitted to run off leash at the corner of Southwest 99th Street Road and Southwest 90th Street.

## Updated Items

**GOLF CART PATH ALONG 90TH TERRACE:** We are in the process of eliminating the bumps as you transition from the curb to the path to make your golf cart ride on the path much smoother. Please drive on the golf cart path provided and not in the roadway.

**INDIGO DOG PARK ACCESS:** Access to the Indigo Dog Park has been provided off of SW 80th Terrace Road along with Golf Cart Parking.

**REMINDER:** if you have not returned your census card, please do so at your earliest convenience. If you misplaced your card, please stop by Customer Service for a replacement. Thank you.

Have a great February. ☺

## Digital Cable Update

**CABLE TELEVISION UPDATE:** Progress on the installation of digital service and the necessary conversion of carriers from Direct TV to DISH is progressing on schedule. The fiber optic cables are being pulled into the new Headend building during January. The very tedious task of splicing the 144 pairs of fibers per cable is progressing on schedule. An additional generator will be installed at the new Headend building in the event of a power failure to prevent any service interruptions. We expect to be active early in 2007.

If you already have Basic service, the changes to the new lineup should not affect you. Basic Plus service will go digital. The expanded level of services offered under the digital format will include more choices such as music, movies, on screen Electronic Program Guide (EPG), sport packages, and on demand programming. All this will be at your direct control with a single call or on-line contact directly with DCM Cable or DISH. This means little or no wait times for connection to the programs of your choice!

DCM Cable will create a change over schedule, published on DCM Cable Channel 12 and available at [www.otowinfo.com](http://www.otowinfo.com). We will be going systematically through the community and will need to schedule a time to stop by and install the set-top digital converter into each home wishing to subscribe to the digital service. Digital program offerings and other features will be explained, along with the remote control operation. DCM Cable wants to make the change over an enjoyable experience and does not want this to become a "drop and

run" situation. DCM Cable will endeavor to make sure each customer is comfortable with the new device and its operation. An average install will take approximately 30 minutes.

In addition to basic set-top converters, some new channels may be added. Advanced Digital Video set-top converter (DVR) will be available shortly, allowing for more flexibility. These models will have the capability of recording programs where you won't need to worry about missing your favorite shows and the viewing of High Definition (HD) Programs.

Once the digital roll-out has begun, we will start the home digital installation with our current customers who have the expanded services currently offered. We will move to those customers wishing to subscribe to the new advanced services next. DCM Cable will be going section by section. Because we want our customers to be comfortable with the operation of their new digital receiver, we acknowledge this will take extra time. Some customers may not be hooked up until early March. We ask your patience as your satisfaction with the programs and installation is our highest goal.

If you are currently a DISH customer via a satellite receiver, you will find that this conversion may save you money on your bill. DCM Cable provides both satellite programming and High Speed Internet access. DCM presently offers speeds of up to 3 Mbps. After April, DCM Cable will be offering speeds up to 6 Mbps. ☺

out by a steering committee. If you'd like more information, e-mail Lynda at [lyn.13@hotmail.com](mailto:lyn.13@hotmail.com) or give her a call at 237-6568.

All Candler residents are invited to participate in the blood drive, sponsored by Indigo East. It is held the first Tuesday of every odd month from 8 a.m. to 2 p.m. at their Community Center. Mark your calendars now. Refreshments are served. For more information call Allie Gore at 861-4564.

How about Hoofin' It For Hospice? It's the seventh annual two-mile walk being held on Saturday, Feb. 24. Registration is from 8 to 9 a.m. Minimum donation to participate is \$1 but they're hoping for more, and pledges as well. A \$50 donation earns a T-shirt. Pick up an entry form at the Health & Recreation Building downstairs or on the day of the event. For more information contact Ruth Goldstine at 854-1128.

New Neighbors Welcome is held every second and fourth Friday of the month from 7 to 9 p.m. at Candler Community Center. Canasta players meet there every Monday from 12:30 to 4 p.m. For more info call Mary at 873-7294.

John Podkormoski is still our answer man but he and his wife Diane can't do it alone. So, if you can volunteer some of your time to help organize our community, send John an e-mail at [john@podspad.us](mailto:john@podspad.us) or give him a call at 873-369. I'm sure he'd appreciate it. If you're new and he doesn't have your e-mail address let him know as he maintains the Candler Hills resident directory. No easy feat if you think about all the new people coming in.

I am now at on Top of the World. It's great to be working and playing in the same neighborhood. Please note my new e-mail address and phone number. Your comments and suggestions on this column are welcome. I can be reached at e-mail [marypatgiffin@yahoo.com](mailto:marypatgiffin@yahoo.com) or phone 854-8545. ☺



**Indigo East**  
Allie Gore

January 2007 — gone! We in Indigo East started our year out by giving. Jan. 2 found 18 very special neighbors at our community center donating the gift of life. The first Monday and second Tuesday of every odd numbered month you are invited to join us in saving lives. The blood mobile is at the Health & Recreation Building on the first Monday and we set up inside the Indigo East community center the first Tuesday of every odd numbered month.

Our next blood drive is March 6, 8 a.m. to 2 p.m. at the Indigo East Community Center. If you cannot make it on Tuesday go to H&R on Monday and vice versa. Everyone is welcome. The process takes less than an hour, we have refreshments and participants receive a recognition gift. Indigo East is extending an invitation to Candler Hills residents to join us in saving lives. Our Candler Hills neighbors are invited to join us, in March, and every odd numbered month this year. Come on over to the Indigo East Community Center. We welcome the opportunity to get to know you and we thank you for your help in saving lives.

Take note, Indigo East, we are at it again! The first community social of 2007 is Feb. 11 at 5 p.m. at our community center. Bring a snack to share and your personal beverage. Paper products, utensils, ice and coffee are provided. Come meet new neighbors and get to know the rest of us better.

You may want to mark your calendar reserving all the dates of our planned socials:

May 20, Aug. 5, Oct. 7 and Dec. 9. These are the dates we have reserved for neighbors to come together and become better acquainted. I e-mail information about the events as they draw near. If you know a neighbor who does not have e-mail or maybe they just moved in and have not unpacked the computer yet, please let them know about our social events.

Are you interested in American or Chinese Mah Jongg, poker, dominos, line dancing, hand and foot, bridge or another game? Game nights are the second Tuesday and fourth Thursday each month. We bring a snack to the community center at 6:30 p.m. and play games. The ladies of Indigo East play American Mah Jongg Mondays at 10:30 a.m. and Wednesdays at 1 p.m. Chinese Mah Jongg players contact Bernie Linthorst at [bernielinthorst@wmconnect.com](mailto:bernielinthorst@wmconnect.com).

Line dancing meets every Monday at 1:30 p.m. at the community center. Ladies of Indigo East have a monthly luncheon the last Friday of each month, at 11:30 a.m. at the community center. Look for e-mails so you know who is hosting and should receive your RSVP.

Another event which deserves your attention in February is Hoofin' It For Hospice. This annual event is a wonderful opportunity to get off the couch and walk two miles for Hospice. Get out that check book and write a check, ask your neighbor to write one also. Large amount or small, we appreciate you for caring.

If you don't want to walk, not a problem, you write the check and we will do the walking. It is an easy walk beginning at the H&R Building. It is a great time to walk and chat with others who care about the good works of Hospice. As you know, Hospice provides care and treatment to community members, friends and family experiencing terminal illness. Last year Indigo East raised approximately \$500 and we had far fewer occupied homes. This year Betty Chadwell is our chairperson. Betty is one of those neighbors who can always be counted on. She tells me she is excited to see how much we can raise this year. Thank you, Betty! Count me in!

Do you have suggestions for events or activities for our community? Would you like to help in planning a community social for one of the dates noted? Your input and ideas are welcome. Contact me by calling 861-4564 or e-mail me at [indigo8062@earthlink.net](mailto:indigo8062@earthlink.net). Until next month, remember to enjoy life, this is not a dress rehearsal! ☺



**Candler Hills**  
Mary Pat Giffin

An afternoon at the Appleton Museum, the Butterfly World in Gainesville, Marjorie Rawlings State Historic Site at Cross Creek, and sundry theater productions are just some of the many excursions being considered by Candler Hills Women's Club.

"We had a wonderful turnout," said Lynda Feld, who chaired their first meeting last month. "We were pleasantly surprised to see 33 women there." Many were full of suggestions for places to go, and things to see and do. However, Lynda advises those who want to have lunch and shop to form a lunch bunch because few restaurants can accommodate large groups.

So people don't have to give up another day, the group will meet the second Wednesday of each month at 1 p.m. and go from there. Transportation will be carpooling or possibly mini-buses. These details are being worked



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**Hospitality Division**  
Susan Keogh

Candler Hills Restaurant hosted a very special New Year's Eve Dinner, complete with favors. Tables were beautifully set with white tablecloths, and blue and gold napkins, which were neatly folded fan style and placed into the glass. Gourmet items such as duck à l'orange and herb grilled lamb chops were featured, along with luscious desserts. My husband and I, office manager Linda Tiffany and her husband, and accounting assistant Shirley Peloguin and her husband enjoyed the festive atmosphere and wonderfully prepared food. Our hats are off to Chef Wes and his staff, and dining room manager Sharon and her staff, for a job well done!

A special Valentine's Day dinner is also being planned for the restaurant. Look for information on Channels 17/19, and for posters. This will be a special menu served from 4 to 8 p.m. Reservations are recommended. There

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236-OTOW (236-6869)

will be a little something for the ladies. Since this is on a Wednesday night, Wednesday Night Steak Out, which is held every Wednesday night at Candler Hills Restaurant, will not be held on Wednesday, Feb. 14 only. Weather permitting, it will continue to be held thereafter, and we will be grilling outdoors and serving directly to your table. Eat outside or inside and choose a petite filet, ribeye steak, NY strip, pork ribs, mahi mahi or salmon. Serving time is from 5 to 8 p.m.

Greg Molloy is the Candler Hills Restaurant employee of the quarter. He is one of the unsung heroes working behind the scenes in the kitchen. A pleasant and conscientious worker, Greg can be counted on to work with the kitchen staff, as well as the wait staff to ensure things run smoothly.

The Pub is now open for breakfast. On the menu are items such as: pancakes, French toast, eggs, biscuits and gravy. It opens daily (except Sunday) at 7 a.m. Breakfast is available until 11 a.m., Monday through Saturday. Lunch is served from 11 a.m. to 3 p.m. Monday, Tuesday, Thursday, Friday and Saturday, and 11 a.m. to 5:30 p.m. on Wednesday. Join us for Happy Hour on Tuesday, Wednesday and Thursday from 3 to 5 p.m.

Friendship Catering, our on premises caterer, is available to cater your anniversary, birthday or other special occasion. Chris Cole will work with you to design your menu, and the details of your function. He can be reached at 861-9130.

Sid's Coffee Shop is a great place for your morning coffee or a mid-day coffee klatch with friends. It is open daily 7 a.m. to 3 p.m., featuring the best in specialty bagels, cookies and pastries. Located next to the Education Department's Master the Possibilities classrooms, Sid's will be open later on certain days when classes are held. Look for signs that will be posted in Sid's announcing "We will be open late today."

The Hospitality Office is located in Friendship Commons, in the center building to the far left. If you take the third driveway on the right, we are straight ahead. Please call 861-9188 if you need further directions, or have any questions. ☺



**2007 Resident Telephone Directories**

The 2007 resident telephone directories are available for pickup at the Health & Recreation information desk, Mondays through Fridays from 8:30 to 11:30 a.m.



**From Debbie's Desk**  
Debbie Clark

Wow! It is February already. I hope everyone is having fun and keeping busy. There is just so much going on now with the Cultural Center grand opening and the Ranch grand opening in January. I hope you have had a chance to go over to Circle Square Commons and check out the new buildings.

Here at the recreation department we had a busy month for January also.

To open with, there were two High Teas; one on Jan. 16 at the Arbor Club and then on the 18th at the Indigo Community Building. As always, Friendship Catering provided us with great refreshments. On Jan. 19 there was Roger & Rita's Wedding, which was a dinner

theater happy hour with 140 residents present to enjoy an evening of food and laughs. To wrap up the month was the Health & Wellness Expo at the Arbor Conference Center with 46 medical agencies present that provided information on all your medical needs.

For the month of February things are a little lighter. Theresa will be taking you to the Seminole Hard Rock Hotel & Casino. These trips are scheduled for **Tuesday, Feb. 6, and then on Thursday, Feb. 22.** Both trips are \$20 per person, which includes your round-trip transportation, \$20 in free play along with a \$5 lunch voucher. If you are interested in participating in these trips, please contact the Health & Recreation Office, Monday through Friday 8 a.m. to 4 p.m.

For Happy Hours for the month of February we have two themes.

The first one will be on Friday, Feb. 2. This will be our annual Super Bowl Happy Hour with entertainment being provided by Ray and Kay. I am not going to even try to guess who will be in the Super Bowl as at the time of writing this article we are still into the divisional playoffs.

The second themed Happy Hour will be at the end of February, on Friday the 23rd. This is our annual **Sock Hop Happy Hour with entertainment being provided by Ricky and Franky.** Please remember that these themed Happy Hours tend to fill up fast; so if you would like to attend, please make sure you are there early, and remember the bar opens at 4:30 p.m.

That is all for the month of February. As always, please stay safe and go out and have some fun. ☺



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**Genealogical Society**  
Jo Swing

The election of officers for the Genealogical Society took place at the first meeting of the New Year on Jan. 8. Richard "Dick" Belz was elected vice president. Diane Debari will serve as secretary and Rene Beck as treasurer. Appointed officers are historian, Helen Grollmusz; librarian, Carole Kameswaran; and publicist, Diane Debari. The position of president is still open. We are also seeking someone to write the monthly column for the *World News*.

The first session of "Genealogy for Begin-

ners" by Dick Belz took place on Jan.31. The next three classes, Feb. 7, Feb. 14 and Feb. 21, will be held in the Education Building at Circle Square Commons. There will be a class on organizing your data by Ron Chad. Carole Kameswaran will present "How Computers Can Be Used for Genealogy", and Rene Beck will have a class on Research. To sign up call 854-3699.

Helen Grollmusz wrote last month about receiving the picture of her family home in New York City. Finding family pictures or being able to photograph places of importance in your family story helps flesh out what could be just names and dates. I was able to find my great-, great-grandparents' graves in Indiana and photograph them to share with my sister and my children. This happened because I decided to return a book to the library. What made this different was because the book was taken out by my grandmother some time before World War I from the Kewanna, Ind., public library. The book itself was printed in 1882 and contained stories of important American women. A year and a half ago I had the opportunity to go to Kewanna and visit the library. I didn't know what I would find. I wasn't even sure there still was a library in this small town. Many of the buildings on the main street were not in use any more, but the library still stood and was open for business. The outside and the inside of it looked just like the library I haunted when I was a child. The librarians were amazed and glad to receive the book back. Thank goodness they didn't charge late fees! I asked if they had any information about the local burial records. They told me that if they had any records they would be in the basement. After about a half hour of rooting through old books, I found them. We drove down the road 10 miles and found the cemetery. We were sure that it would take a long time to find the graves. As we started driving through, we looked to one side of the road and there they were. Thanks to the library ladies, it only took an hour to find a bit of my roots and make a record of it.

The Genealogical Society is open to all residents of On Top of the World. Whether you are just beginning the study of your family history or have traced them back centuries, there is a welcome for you. The meetings are held at 10:30 a.m. on the second Monday of the month in Meeting Room 3 of the Craft Building. ☺

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Photo by Larry Resnick

Richard, center, at the wall where it all started.



### In the Spotlight Pat Wellington

#### Richard Kilpatrick

A garage is usually just a garage except when it's something else. A case in point is Providence resident Richard Kilpatrick's garage that now doubles as his special hideaway — a refurbished room he's dubbed "Richard's Lair."

It all started with a single wall he painted a rich cream color with robin's egg blue trim on which he arranged favorite posters and family photos, finishing it off with some indirect lighting.

At some point he decided not to stop there

and made his way around the rest of the garage, covering unsightly pipes and such with Styrofoam housing he painted in the same two colors.

Along the way he added favorite items like an old Coca Cola shelf, an antique radio, a baseball cap and more pictures and memorabilia. The floor he painted an immaculate white, and laid four measured strips of all weather carpeting — two for the golf cart and two for the car — when the vehicles weren't in the driveway. A small TV, some comfortable chairs and a table brought the project to its conclusion.

Then Richard decided to open his lair to neighbors and friends by hosting a wine and cheese party. Here's the invitation:

*You are cordially invited to experience the premiere opening of "Richard's Lair" 9743 S.W. 92 Place Road Date: Jan. 4, 2007 Viewing: 3 to 5 p. m. Dress code: Casual Serving: Wine and cheese Parking: Valet*

Was there really no room for Richard in their spacious house — except the garage? There was some hesitation although it's true that wife Shirley's paintings and crafts take up a lot of space.

Guests wandered in throughout the afternoon with everyone having a fine time except the Kilpatricks' uninvited little dachshunds.

### American Jewish Club Erwin Fluss

Here is a definition of love: We are all a little weird, and life is a little weird, and when we find someone whose weirdness is compatible with ours, we join up with them in mutual weirdness and call it love.

Happy Valentine's Day!

Our club has been very busy; thank you to those that contributed warm clothes for those less fortunate, and thank you Richard and Diana for that effort. We continue to request small toiletries you may

collect from motels, etc., to give to those in need.

Members enjoyed the informative talk by Rabbi Jay of B'Nai Darom and tasty treats from our "Viennese Table."

We are looking forward to the annual Bagel and Lox brunch during the meeting of Feb. 18 at 2 p.m. Sign up to bring a dessert or side dish.

The Lunch Brunch is heading to lunch on Feb. 15. Call Mary if you want to go and didn't sign up.

As always, the American Jewish Club welcomes all members of the Jewish community and their spouses. We meet on the third Sunday each month. Our Sunshine Lady, Dorothy Bresky, is available for questions after 4 p.m. at 854-0284. Enjoy On Top of the World. ☺

Photo by Larry Resnick

The American Jewish Club volunteered to make poinsettias for the patients at Munroe Regional Hospital for the holidays. Each flower would be placed on a patient's tray. Helene Sternberger, left, a resident, and Renee Filzer, right, work on the poinsettias.



### Shutterbugs Photography Marilynn Cronin

On Jan. 9, the ShutterBugs Photography Club carpoled to Jacksonville for an outstanding day of photo opportunities at the Jacksonville Zoo. Starting in Australia, members found



### The Shutterbugs Photography Club found photo opportunities at the Jacksonville Zoo, from rhinos to kangaroos.

kangaroos and wallabies all too anxious to pose for their cameras. On the other hand, Archie over in Africa insisted on showing us only the back end of you know what! Although oc-

asionally he did peek at the frustrated ShutterBugs, he'd just grin knowing he was driving them crazy. While the large primates, pachyderms, rhinos and lions were impressive, probably the bonobos, chimps and baboons put on the best show. They were "on stage" demonstrating their good housekeeping habits, mothering all the kids, playing peek-a-boo and generally swinging about like trapeze artists training for their Barnum and Bailey debut. Whether you preferred visiting Africa, Australia, South America or down home Florida, the photo opportunities were wonderful and all said it was great fun and a terrific learning experience to spend the day with other photo enthusiasts. The day ended on a social high note with dinner at the Outback Steakhouse right here in Ocala. We'll have to go back and see the areas we missed this time around.

Some of our upcoming "shootouts" will be at a horse ranch, downtown Ocala, black and white photos, church interiors and the painted horses.

At the Jan. 16 meeting, Tom Frostig began teaching about the photo organizer in Photoshop Elements and will continue that topic at the Feb. 14 meeting. The Feb. 6 meeting

will be a show and tell of the past few shootouts: Homosassa Springs, Butterfly World and the Jacksonville Zoo. We hope to have many guests and non-members come and see what we are all about — the different levels of skill and artistic "eyes" that encompass the ShutterBugs.

ShutterBugs is not a club for digital camera users only. We also have film aficionados and hope more will join. Remember, this is a member-driven club and if classes on lighting, filters, etc., are wanted, we will strive to arrange them.

Resolve that this year you'll learn to use that camera equipment by joining the ShutterBugs for a fee of only \$10 per year. Ask your questions, get assistance with your cameras and learn tips and tricks to help with your photography. We have a lot of fun, too!

The ShutterBugs meet at 3 p.m. on the first and third Tuesday of the month in Suites B and C at the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at guhley@cfl.rr.com. ☺

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# Master the Possibilities

Marjorie Kinnan Rawlings  
*One-Woman Play*

February 28th

2:00 p.m. - 3:00 p.m.

**Circle Square Cultural Center**  
8395 SW 80th Street

**FREE Educational Event!**  
Please register by calling 854-3699.



**Fitness Happenings**  
Adela Anderson

Are you sticking to your New Year's fitness and health resolutions? It takes about 90 days to make or break a habit. When you are at the beginning of changing a habit, temptation grows. These next few months will require more commitment than ever from you! Let us help you stay on the right track.

February is American Heart month:  
 · Get heart smart by following a healthy daily diet, which includes fish, and pack it with a variety of vegetables, fruits, grains and nuts.

· For Valentine's Day ask for dark chocolate.

· Keep your heart healthy by doing cardiovascular work 30 minutes or more, three to five days a week. Good choices are Mary Pat's Cardio Burn and Firm, Interval and Beginner Aerobic classes; Kitti's Power Aerobics and Sit and Be Fit classes. If you are not able to participate in land-based programs, check out our great aquatic programs.

· If you need a little push to get motivated to exercise, would like an individualized program, or have reached a plateau, call Howie at 854-8707 for an appointment. He will be happy to help you with your goals.

· Remember that your heart also needs to try new moves. Why not try a Tai-Chi class with Shannon? Slow, relaxing movements may help you lower your blood pressure.

· There are no excuses for you to not get your heart in shape.

These are few reminders:  
 · The fitness center continues to be a very busy place. Sitting and resting on the machines while you are working out will slow down everyone's routine. Please remember to be considerate of others and move along with the flow when you are in the gym.

· Be respectful of the 30-minute posted signs and sign-up sheets for the treadmills and stationary bicycles. These cardio machines are the gym's most favorite and popular pieces of equipment and everyone wants to have the opportunity to use them. Please, stick to the rules and share the equipment with your fellow residents, especially during the hours of busy traffic.

· For your convenience and protection, disinfectant wipes have been provided for you to be used before and after your workouts on the exercise machines. Bring your towel for your own personal use.

**Personal Training**

To help you with your fitness resolutions, we will be offering a 15 percent discount during the month of February for personal training.

**RECREATION CENTER FITNESS SCHEDULE**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat
9:00 60 Min Aerobics Room	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat
10:15 Aerobics Room		Beginners Tai-Chi*Fitness Shannon		Beginners Tai-Chi*Fitness Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat
11:30 35 Min Aerobics Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
12:00 Gym		Cybox Orientation Howie		Cybox Orientation Howie	
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
4:00 2 <sup>nd</sup> & 4 <sup>th</sup> Monday	10,000 Steps Sholom Park				

Saturday
12:15 Oxycise (20 Min.) Aerobics Room
10:00 - 11:00 a.m. Yoga Class Sholom Gardens First Saturday of The month. Adela
10,000 Steps at Sholom Park 2 <sup>nd</sup> & 4 <sup>th</sup> Mon. October to May 4:00 p.m.

**Oxycise:** Deep breathing and stretches. Seated and Floor exercises. Mat required.  
**Cardio, Burn & Firm:** Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required.  
**Condition & Stretch Fusion:** Warm-up, short conditioning segment and flexibility exercises Mat Required  
**Beginner Aerobics:** Warm-up, simple aerobic choreography, strength training and Stretching. No floor work.  
**Power Aerobics:** Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.  
**Tai Chi:** A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.  
**Sit & Be Fit:** Seated cardio and strength training work using resistive bands and weights.  
**Cybox Gym Equip. Orientation:** Learn how to use and adjust the machines correctly.  
**One-on-One Personal Training:** Fee based instruction with certified instructor.  
**10,000 Steps at Sholom:** Join us for a 1 1/2 - 2 mile walk and enjoy the beautiful Sholom Park.  
**Interval Training:** This class consists of alternate bursts of Aerobic Activity (3 min.), and strength training (1.5 min.)  
**\*Asterisk denotes a fee-based class. See instructor for information**

Sunday
12:15 Oxycise (20 Min) Aerobics Room

ing. Take advantage of this opportunity and call Howie at 854-8707 for a free consultation.

**Yoga at Sholom Park**

Saturday, Feb. 3, 10 a.m. Free.

**Special New Equipment Orientation**

Tuesday, Feb. 6, H&R Fitness Center, noon  
 Meet Howie at the gym so he can give you an orientation on how to use our new NuStep Crosstrainers and our Precor Stretching Machine. We assure you that you will love to use these new pieces of equipment!

**Walking Meditation**

Sholom Park's Labyrinth, Wednesday, Feb. 7, 4 p.m.

Make your day special by taking this mind-body soothing journey with us. Sholom's natural beauty will heal any broken heart.

**Valentine's Hat Day**

Bring your charming, funniest or most original hat to your Shallow Water Class. Laughter is one of the best medicines you can give your heart!

Arbor Club Indoor Pool, Wednesday, Feb. 14, 1 p.m. Class participation will be free!

**Basic Learning of Yoga Poses**

Practicing yoga will make you a perpetual student who continuously will be learning to master the poses. This class is geared for anyone.

Monday, Feb. 19, H&R Exercise Room, 3 p.m. Instructor: Adela. Free

**10,000 Steps at Sholom Park**

Mondays, Feb. 12 and 26, 4 p.m. Free.

**Get Fit for Golf**

Candler Hills Community Center, Tuesday, Feb. 13, 2 to 3 p.m. Instructors: Golf Pro Sally Collins, Howie Williams and Adela Anderson

Remember to make time each day to exercise. If you would like to know which are the right fitness programs for you, please feel free to call me at 854-8707 to set up a private visit with me. ☺

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## Entertainment Lineup

**February and March Tickets On Sale February 1st.**  
**Both ticket offices will be open on the first day of ticket sales.**



### Bellamy Brothers

February 17, 2007  
 Pre-show Entertainment Begins: 5:30pm  
 Doors Open: 6pm — Show Begins: 7pm  
 Gold \$18  
 Silver \$16  
 Bronze \$14



### Bob Eubanks The Newlywed Game

March 10, 2007  
 Pre-show Entertainment Begins: 5:30pm  
 Doors Open: 6pm — Show Begins: 7pm  
 Gold \$18  
 Silver \$16  
 Bronze \$14



### Over the River and Through the Woods

February 22, 2007  
 Doors Open: 6pm — Show Begins: 7pm  
 February 23, 2007  
 Doors Open: 6pm — Show Begins: 7pm  
 February 24, 2007  
 Doors Open: 1pm — Show Begins: 2pm  
 Doors Open: 6pm — Show Begins: 7pm  
 February 25, 2007  
 Doors Open: 1pm — Show Begins: 2pm  
*200 guest capacity per show.*  
 ...to Brooklyn I go to my Italian Grandparents house for 20 years of Sunday dinners, Pasta, Mayhem, and Love. "Tengo Famiglia!" Stage Door Theatre is well known for annual dinner theatre productions at CFCC's Webber Center.  
 Resident: \$16



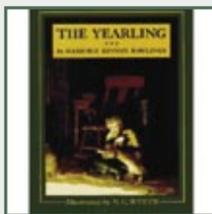
### Inisheer Irish Dance

March 12, 2007  
 Doors Open: 6pm — Show Begins: 7pm  
 The Inisheer Irish Dance Company will bring to life both traditional and modern Irish Step Dancing. This is a beautiful and high energy dance form that will entertain and fascinate you. There will even be an audience participation.  
**FREE Educational Event**  
**Open Seating**  
**No Tickets Required.**



### Revolution (Beatles Tribute Band)

March 24, 2007  
 Pre-show Entertainment Begins: 5:30pm  
 Doors Open: 6pm — Show Begins: 7pm  
 Gold \$12  
 Silver \$10  
 Bronze \$8



### Marjorie Kinnan Rawlings: One Woman Play

February 28, 2007  
 Doors Open: 1pm — Show Begins: 2pm  
 Karen de Vos will "become" Marjorie Kinnan Rawlings in this One Woman Show. In this most unique and well documented presentation you will be introduced to the life and times of our own Pulitzer Prize winning neighbor. Focus will be on her writing and beloved Cross Creek residence here in Florida.  
**FREE Educational Event**  
**Open Seating**  
**No Tickets Required.**



### Two on the Aisle

March 31, 2007  
 Doors Open: 6pm — Show Begins: 7pm  
 Ocala Civic Theatre goes "on the road" to the Circle Square Cultural Center with "Two on the Aisle", an original musical revue featuring songs from your favorite Broadway shows plus a few surprises.  
 Resident: \$16

**Look for more shows to be added.**  
**[www.CSCulturalCenter.com](http://www.CSCulturalCenter.com)**

Ticket Office Hours: Monday - Saturday, 11:00 am - 2:00 pm, Tuesday, 11:00 am - 7:00 pm  
 8395 SW 80th Street • Ocala, FL 34481 • (352) 854-3670

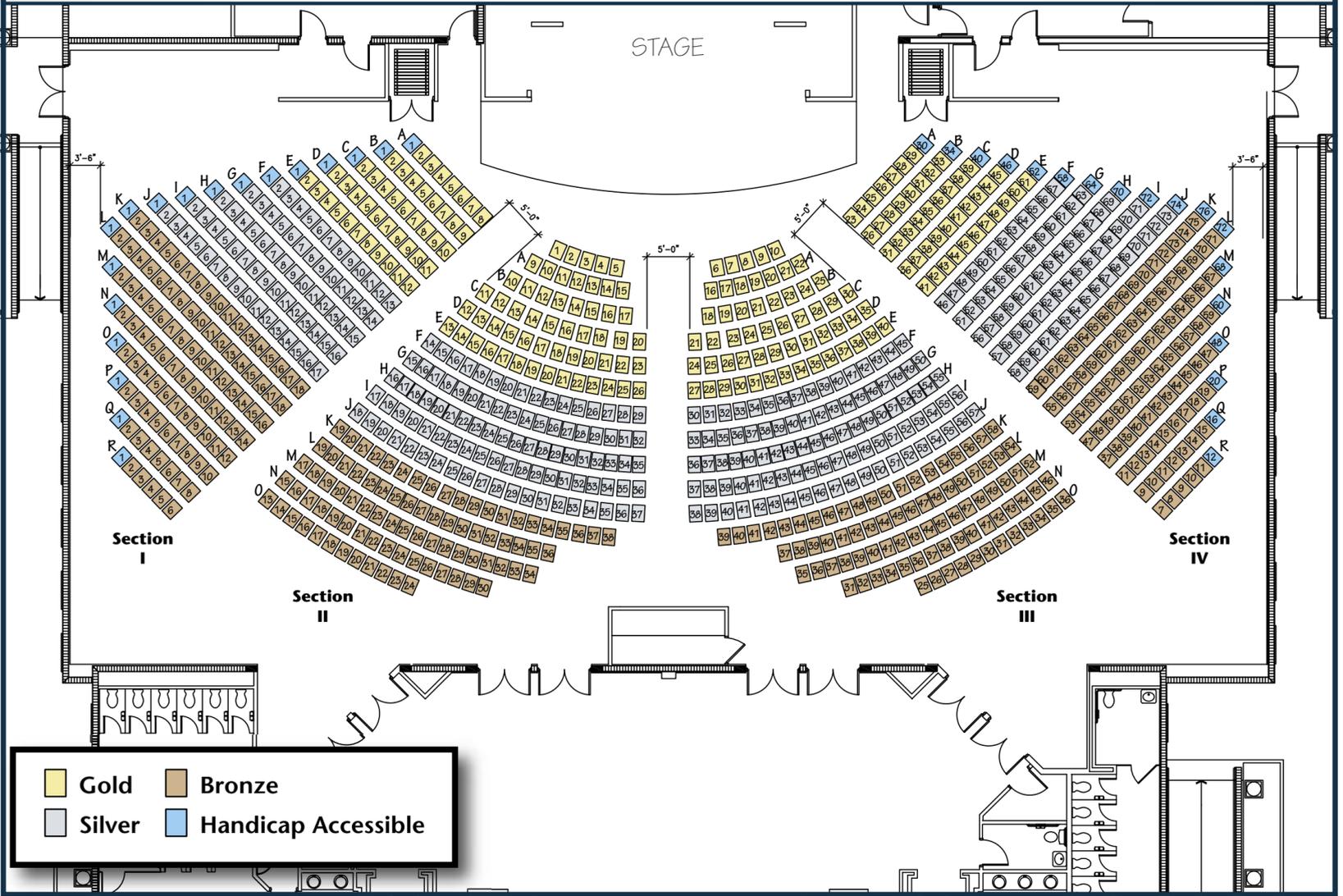
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Ticket prices vary by concert and are sold on a first come, first serve basis. Up to 4 tickets per household may be purchased per concert. Schedule subject to change without notice. Ticket prices include sales tax. Refreshments available for purchase at events.



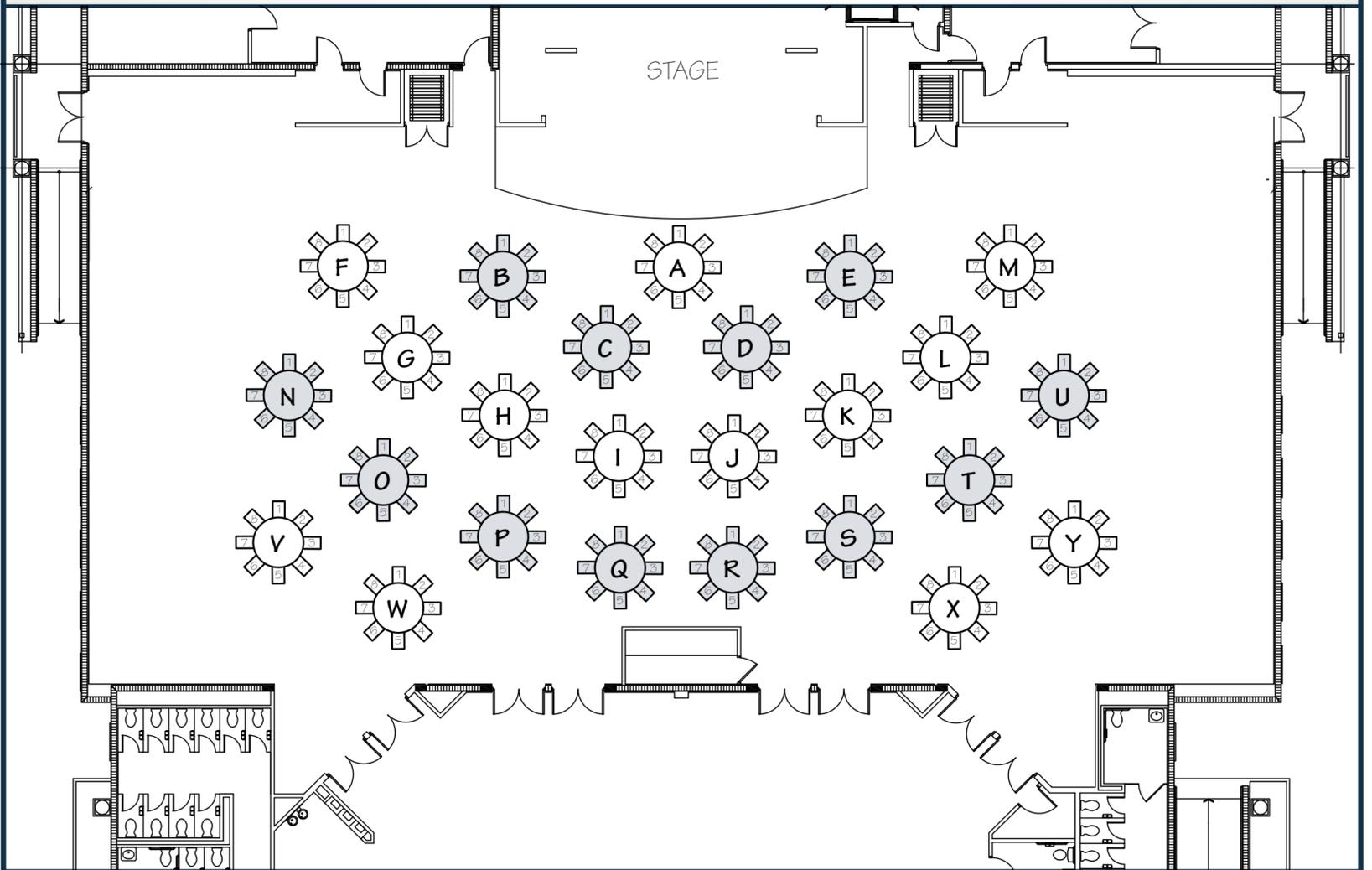
# Circle Square Cultural Center

## MASTER SEATING CHART



# Circle Square Cultural Center

## STAGE DOOR THEATRE PERFORMANCES February 22-25, 2007





**Kitti's Corner**  
Kitti Surrette

Are you overtraining? At the beginning of every New Year, we tend to over work our bodies. Let's look at some signs of overtraining:

- Decreased performance: Slower reaction times, reduced speed and dropping endurance levels are all red flags of overtraining.

- Irritability, lack of focus, moodiness: Too much exercise made worse by not enough rest will wreak havoc with your hormones and cause some serious crankiness and inability to concentrate. Take a day off to relax.

- Excessive fatigue and sadness: If your body never fully recovered from your last workout, it will continue to become increasingly tired and you will experience feelings of melancholy.

- An increase of perceived effort during regular sessions: If you're overworked, those workouts that used to feel like a breeze will feel exhausting.

- Chronic muscle aches: If you're overusing your muscles and joints, they may ache and nag at you until you finally give them some recovery time.

- Frequent illness: Always getting colds and infections: Too much exercise taxes your body's immune system that won't be capable of fighting off everything going around.

- Insomnia or restlessness: When you sleep, your body repairs your muscles. Sometimes, an over trained body has a tough time slowing down and going into a deep relaxation therefore you never quite recover.

- Loss of appetite: If you're hitting the gym a few times too many, your body starts to release a hormone called epinephrine and non-epinephrine that slow down appetite.

- Elevated heart rate at rest and during exercise: One telltale sign of overtraining and exhaustion is a chronically elevated heart rate. It will also take longer for your heart rate to return to normal.

The following was a list compiled by American Council on Exercise (ACE).

Some thoughts to consider:  
Do muscles have tone?

What is muscle tone? It is the inherent ability of the muscle to respond to a stretch. For example, if you quickly straighten the flexed elbow of an unsuspecting person with normal tone, the biceps will quickly contract in response (automatic protection against possible injury). When the perceived danger has passed, the muscle then relaxes, and returns to its normal resting state.

People often refer to having a "toned" body when they are in "good physical condition" and exercise regularly. Their muscles are taut, and they look lean.

An out of shape person is referred to as having "poor tone," with fleshy muscles and an abundance of "fat." These people actually have the same "tone," as the "toned" body people and they are inherently capable of looking as "toned" as the other (with some allowances made for genetic make-up of course), and just need to exercise regularly. Fitness experts and health clubs tell you they are "improving muscle tone," when they are actually reducing the amount of fat to lean body mass ratio. You can improve your fat to lean body mass ratio, and you can become stronger too. These are under your voluntary control.

**Exercise Away Belly Fat!**

What's the best way to lose belly fat? Exercise and diet may work better than cutting the

## ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8:30 a.m.</b> Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please Call for Appt. 854-8707				
<b>9:15 a.m.</b> Specialty Class* Indoor Pool	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
<b>10:15 a.m.</b> 2 <sup>nd</sup> Thurs. of Month A.C Ballroom				Latin Cardio* Kitti	
<b>10:15 a.m.</b> Specialty Class* Fitness Room	Beginner Yoga* Adela		Mat Pilates* Adela		
<b>10:30 a.m.</b> Specialty Class* Fitness Room Outdoor Pool		Hatha Yoga* Adela		Hatha Yoga* Adela	
<b>11:45 a.m.</b> Arbor Club Exercise Room		Arthritis* Class Adela		Arthritis* Class Adela	
<b>1:30-2:15 p.m.</b> Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Adela		Shallow Water Exercises* Adela

Saturday	Sunday
Open Swim	Open Swim

**Shallow Water & Aquacise:** Warm-up, cardio, strength training using equipment and stretching.

**Deep Water Exercises:** Warm-up, no impact aerobics, strength training using equipment and stretching.

**Total Core & Body Strength:** Warm-up and total body resistance training using free weights and varied equipment.

**"Hatha Yoga"** Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.

**Pilates:** Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.

**Arthritis Class:** Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May

**One-on-One Personal Training in the Water:** Fee based instruction with a certified trainer.

\*Asterisk denotes a fee-based class. See instructor for information.

same number of calories by diet alone.

Researchers assigned 45 sedentary obese women aged 50 to 70 to either high- or low-intensity exercise and just cutting calories. The exercise groups walked on a treadmill three days a week. However, the low-intensity group walked for 55 minutes at a slower speed (1 to 2 miles per hour), while the high-intensity group walked for 30 minutes at a faster speed (3 to 4 miles per hour).

After 20 weeks, the two exercise groups had lost about the same weight (19 to 24 pounds). However, abdominal fat cells shrunk only in the two exercise groups.

And losing belly fat doesn't just slim your midriff. Belly fat raises the risk of diabetes and heart disease more than fat on hips, thighs, or elsewhere.

What to do: If you're overweight, cutting calories and exercising are critical. These women burned only about 60 calories a day on the treadmill, but it was enough to shrink their fat cells. Other studies show that exercise can cut risk of diabetes even if you don't lose a pound.

Do you have trouble with balance? When you have an active lifestyle, you have no time for being tipsy. Balance makes you surefooted, ready to dance through your day.

Balance is so basic that you may forget how vital it is in life. More than 40 percent of Americans will experience a serious balance disorder, says the National Institutes of Health. Bad balance causes falls, which are a leading cause of death among older people.

Balance is part of every step you take because a large part of walking is one-legged; you stand on one leg while the other moves. Even when standing still, your body is ever correcting itself so it does not fall. So make balance exercises part of your fitness program.

The ideal way to develop better balance is to strengthen muscles throughout your body. "An overall weight-training program of a dozen or so exercises develops your proprioception — how your body receives, interprets,

and responds to stimuli. This improves balance," says personal trainer Dennis Gudim at Statera Fitness.

Yoga, Tai chi, Pilates and using a stability ball for workouts build balance.

The Step UP for balance

Using a stair, stable block or an aerobic step that rises about a foot off the floor, step up and balance briefly on one foot before stepping down. Please note: If you have knee or hip pain, start with a lower step height and

work your way up. Keep your nonweight-bearing leg in the air so that you use only one leg. Do 15 to 25 reps, alternating legs (left, right, left, right). Rest and repeat the set.

Want to go beyond the basics? Hold weights to make this exercise more challenging.

If you have questions on this, ask your instructor for help.

Keep up with your exercise program in 2007!

See you in class! ☺

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**Arbor Club  
Tennis**  
Jorge Privat

This is going to be an interesting month, as we are going to test-drive a "tennis ladder." Tony and Bev Miorino have volunteered to monitor the process and see if we can make it a success at On Top of the World, as it is in many clubs around the country.

We are also hosting an inter-community tournament on Feb. 21, 22 and 23, and I am confident that On Top of the World will be well represented. In any event, we will make it friendly and fun for everyone. Please, mark your calendars.

And those who are not playing can have fun watching and cheering for the team, and for the good plays, regardless of who makes them. The format for this event will be first, ladies doubles; second, men's doubles; and third, mixed doubles. Two out of three sets, with a tie-break in lieu of the third set. It will start at 9 a.m.

Thanks to the players who showed interest in playing. We will select the best possible teams to represent us, and keep a couple as standbys.

As part of the program for the rest of the year, it is my intention to have one tournament, or special event, every two months; and I applaud your good spirits and your cooperation as we meet on a regular basis for some fun, and friendly competition.

**Tennis Tip of the Month**

**The Drop Shot**

Finishing points effectively may require the use of a specialty shot, such as the drop shot. These "touch" shots, like the drop shot and the lob, require a lot of practice to master, but they can mean all the difference between winning and losing important points throughout a match. The deep slice, and the chip and slice approach are good examples of shots that combine well with the drop shot.

It is not enough to work your opponent from side to side to create open-court opportunities. Learning to work with deep and short combinations can add another dimension to your game. An effective drop shot should cross the net with some margin for error; between two and three feet above the net.

Power players are good at moving their opponents left to right, keeping them positioned deep in the back of the court. Touch players use deep slices and chip shots to create opportunities and manipulate their opponents.

**Tennis  
Association**

**H&R Center Courts  
Schedule**

**Saturday & Monday**

**8-noon: Mixed Doubles**

**Tuesday & Thursday**

**8 a.m.-noon: Men's  
Doubles**

**Wednesday & Friday**

**8 a.m.-noon: Ladies'  
Doubles**

**All Resident  
Tennis Players  
Welcome.**

Having touch and power allows you to keep your opponents guessing. Many players use the drop shot at the wrong time. The key is to set up a combination.

**How to Disguise the Drop Shot:**

The whole concept of disguise rests in making your opponents think that they are seeing one thing, while you are delivering something else. For instance, after you hit a couple of deep slice shots, your opponent begins to lean back expecting a third one, but by the time the ball crosses the net, your opponent realizes that you have hit a drop shot. By that time, it is too late for him or her to react.

You first set up the shot by showing your opponent that you can hit a deep slice and a drop shot, from the same preparation. By using the deep slice regularly, you establish disguise for the drop shot.

Most players can anticipate the kind of shot you are going to deliver by looking at the position of your racquet. If they see your backswing going low, they will anticipate a deep ball with topspin. If they see your racquet staying high on the back swing, they can see a slice ball coming, long or short.

So, it is important to learn to take your back swing exactly the same way for the drop shot, as you do it for a deep slice, only, at the last second, a slight adjustment in the angle of the racquet and the speed of the swing will deliver what first appeared to be a deep slice, now, effectively a drop shot. It is also very important to maintain the same kind of footwork for both shots, to add to the disguise. The height of the ball over the net, should also be the same, for deep shots as for the drop shot.

Practice this totally underrated shot to add to your arsenal. You will be amazed at how many easy points you can win in the course of a match. You can tell it is a good drop shot if it bounces twice inside the service court.

The ideal distance from where to hit a drop shot is from several feet inside the court. Attempting a drop shot from the baseline can get you in trouble, because the ball travels a longer distance at a slower pace, thereby, giving your opponent plenty of time to run it down and put the ball away. And keep in mind that the use of backspin for the drop shot, is a must, or it will backfire on you!



**Ask  
the Trainer**  
Howard Williams

Hello to all fitness fans and future fitness fans at On Top of the World.

Can you believe it's February already? How many of you have stuck to your New Year's resolutions? Well, it takes approximately 90 days to develop a new habit so those that have continued, I have caught you at the right time. And for those that haven't, it's a perfect time to start.

This is a great time to get acquainted with our strength training equipment or start a more advanced or modified program. The benefits of a strength-training program are many:

- Strength training prevents muscle loss. Adults who do not strength train lose between five to seven pounds of muscle every decade. While cardio exercise improves our cardiovascular fitness, it does not prevent the loss of muscle tissue.

- Strength training will increase your metabolic rate. This means that you are using more calories even when you are sleeping! Your basal metabolic rate refers to the energy used by our body to maintain normal body functions.

- Strength training will reduce your body fat. Increasing your muscle mass will increase your calorie burn, thereby reducing the likelihood of fat accumulation.

- Strength training will increase your bone mineral density. Studies show that four months of strength training can result in significant increases in bone mineral density.

- Strength training will improve your glucose metabolism. Poor glucose metabolism is associated with adult onset diabetes. Researchers have reported a 23 percent decrease in glucose uptake after four months of strength training.

- Strength training will speed up your digestion. A recent study showed a 56 percent increase in gastrointestinal transit time after three months of strength training. This is significant because delayed digestion puts you at a higher risk for colon cancer.

- Strength training reduces resting blood pressure. Strength training alone has been shown to reduce resting blood pressure significantly.

- Strength training will relieve lower back pain. Years of research on strength training

and back pain show that strong back muscles are less likely to be injured and have significantly less discomfort after strength training for the lumbar spine muscles.

- Strength training will reduce arthritis pain. Studies show that sensible strength training eases the pain of osteoarthritis and rheumatoid arthritis. Tufts University recently completed a strength-training program with older men and women with moderate or severe knee osteoarthritis. The results of this 16-week program showed that strength training decreased pain by 43 percent, increased muscle strength and general physical performance, improved the clinical signs and symptoms of the disease, and decreased disability.

- Health state of mind: Strength training provides similar improvements in depression as anti-depressant medications. Currently, it is not known if this is because people feel better when they are stronger or if strength training produces a helpful biochemical change in the brain. It is most likely a combination of the two. When older adults participate in strength training programs, their self-confidence and self-esteem improve, which has a strong impact on their overall quality of life.

To summarize the aforementioned of which I must thank Wayne Westcott, PhD, and Tufts University for compiling the information:

Strength training is therefore important for preventing the muscle loss that normally accompanies the aging process. A common misconception is that as we get older, it is normal to stop being active and to start using ambulatory aides like canes and wheelchairs. Many people think we have no choice, they think this is normal.

But this couldn't be further from the truth. There is absolutely no reason why all of us can't be physically, mentally, socially and sexually active, living the most healthy, vibrant life possible until the very day we die! I tell everyone, even if you are 18, you are too old not to start!

We have orientations to the equipment Tuesdays and Thursdays at noon for everyone to learn the equipment and get started. You can be just beginning or advanced and want to break through a plateau.

Personal training is also available at a super reasonable price here at On Top of the World with 15 percent off in February. Everyone can benefit from personal training from people with joint replacements, stroke victims, to someone who wants to run a marathon.

That's it for this month. Everyone have a healthy, happy and prosperous new year.

Salubriously Yours,  
Howie Williams M.S.  
Trivia of the Month

To speed up your BMR or Basal Metabolic Rate which of the following would be the most efficient and why?

- A) Treadmill
- B) Chest press
- C) Leg press
- D) Recumbent bike

The first three people who answer correctly get a free 25-minute personal training session. ... Make it count!

*Howie Williams M.S. can be reached at howard\_williams@otowfl*

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**Softball**  
Bill Leon

Our winning streak was broken when we last played Stone Creek, so when they offered to play us again, our team welcomed the challenge.

The On Top of the World softball field has not been maintained in a while as the tractor is not in working order, so we hosted Spruce Creek at Shocker Park in southwest Ocala.

We took the lead in the bottom of the first scoring three runs with hits by Don, Andy, Nick, Marty and Jim, but it didn't hold long as Spruce Creek came back in the top of the second and tied the score.

We then scored another run in the bottom of the second to take the lead again 4-3. Spruce Creek then responded with a five-

run inning giving them an 8-4 lead. In the bottom of the third inning we again had hits by Don, Andy, Nick and Marty to score another three runs, but still trailing 8-7.

It seemed like we may be going down for another loss to Spruce Creek when they scored another three runs in the top of the fourth inning, but in the bottom of the fifth inning, our bats came alive as we scored five runs taking the lead 12-11.

We finalized the scoring in the seventh inning with another two runs and beat Spruce Creek 14-11.

Kudos to Don who went 4-4 along with Andy who went 3-4. This is one game where everyone contributed, as with at least one hit, and our pitcher Bobby was superb on the mound. We are back on a winning streak.

We invite anyone to join us at the field every Saturday from 8 to 9 a.m.  
Bring your glove and get ready to catch and bat a few times.

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### Travel Toppers Jo Swing

The New Year is already one month old and all the excitement and hoopla of the holidays is over. We are all settling down to a quieter more relaxed life style. That hasn't stopped Travel Toppers though. If you want to put more fun into your life, we have plenty of places to go and things to do.

Travel Toppers is having a trip to Tampa to visit MOSI, the Museum of Science and Industry, on Feb. 19. This promises to be both fun and informative as it is not your father's kind of museum. The exhibits are not just to look at. You are actively involved with them as there are many hands on exhibits. These interactive presentations will stretch your mind as well as entertain you. There is a live butterfly exhibit, a planetarium and an IMAX theater. This museum is rated No. 1 for the area and is a must see. Please call Pat Hood at 237-8533 to go on this quality excursion.

Pre-registration for "Swingtime Canteen" at the Show Palace Dinner Theater in Hudson will start on Feb. 5. The coordinator is Linda Hein. Please call her at 861-9880 between 9

a.m. and 7 p.m. only. Feb. 6 is the start of pre-registration for the ever-popular trip to Tampa Downs for the horse races. This will take place on Tuesday, March 27. Please contact coordinator Allan Rickard at 390-3075 from 9 a.m. to 7 p.m. only. If you are interested in attending the performance of "Singing in the Rain" at the Show Palace Dinner Theater on April 13, please call coordinator Janet Fragnapane at 861-1575 starting Feb. 13. She can be contacted between 6:30 and 10 p.m. only. On Feb. 20, pre-registration will start for the trip to Mt. Dora on Thursday, April 5. If you are interested in this fun day trip, please call Pat Hood at 237-8533 from 9 a.m. to 7 p.m.

According to Ruth Goldstine, the Christmas Day trip to the Show Palace Dinner Theater in Hudson was very enjoyable despite the inclement weather conditions. To quote Ruth, "Forty-six of us braved the elements to get to the Show Palace where we thoroughly enjoyed a wonderful buffet and show. The entrees were delicious, with ample salad choices and of course desserts ranging from delicious cheese cake to bread pudding. Twelve performers dressed in holiday garb, entertained us with Christmas songs that ran the gamut from traditional renditions to jazz and bebop. There was something to fit everyone's musical taste. We enjoyed listening to solos, duets and choruses sung by talented singers. One of the highlights was when the entire troupe participated in the Hanukkah song, 'Light One Candle.' Dancing was also featured and ranged from soft shoe to the whole troupe rivaling the Radio City Rockettes with their own chorus line high kicks. Ruth also has nothing but compliments for all who went on this trip for being such good sports under the trying weather conditions.

Travel Toppers meets the first Wednesday of each month at 10:30 a.m. at the Arbor Conference Center in Suite A. Our next meeting will be Feb. 7. Until then, happy travels to all. ☺



### Computer Club Sherry Surdam

Our schedule of classes for February is as follows: on Saturday, Feb. 3, Arnie Hansen and Joe Maddox will do a practical demonstration on installing a hard drive in a computer; Saturday, Feb. 10, an outside speaker, Gene Barlow, will give a program on "Getting Ready for Windows Vista."

On Feb. 17, we will have a short business meeting and then part one of a presentation on "Burning Disks," and on Feb. 24, we will present the second half of "Burning Disks."

All members are welcome to attend all or any of these programs. And keep in mind that though we have a particular program planned on most Saturdays, if you have a question on

something other than that topic, we welcome it as well.

There are no restrictions on what questions are asked!

Tip: Lately we've had several members call or e-mail to ask us why they are having difficulty getting into the restricted areas of our Web site. We have a possible explanation for this phenomenon and it may be of help to those who are having problems on other Web sites as well!

Our Web site makes use of a popup into which a password must be placed to get to certain areas. Microsoft has been sending out security updates that increase the security level of computers running Windows XP. In order to view popups on some sites, a security level can be no higher than medium and Microsoft increased the default to medium-high, effectively blocking ALL popups.

If you find you are having trouble on our site or any other, check under Tools/Options on the Internet Explorer menu. Go to the security tab and in the middle of the page check to see if the setting is on medium or medium-high. If it is the latter, change it to medium.

This is perfectly safe to do so long as you have an antivirus program and a firewall, both up-to-date (you do, don't you?)

Be sure to check the calendar on our Web site at [www.cccocala.org](http://www.cccocala.org) frequently for the dates of our presentations and for any scheduling changes that are inevitable.

Anyone who is interested in seeing what benefits there are to joining the club, please feel free to come up to a meeting and ask questions. You are always welcome!

Until next time, happy computing! ☺



### International Club Bill Shampine

#### Around the World in 12 Months

Are you ready for a little vacation? As a cost-saving mechanism, why don't you and I take a virtual trip around the world together? Although Phileas Fogg and Passepartout could make it around the world in 80 days in 1872 in the classic story by Jules Verne, our trip will take a little longer. In fact, it is going to take you and me a full 12 months to make the same 25,000-mile circumnavigation!

We will begin here in Florida, travel in an easterly direction (more or less), and stop to visit at a variety of places that, hopefully, will be interesting to you. Our stops will be a blend of classic tourist spots as well as a selection of off-the-beaten-path sites.

Having been around the world twice myself, I will be able to personalize some of the visits, but it's a big world out there and no one can go everywhere! The articles will be based on personal experience, the experience of other On Top of the World residents, and other general sources of information. The goal of this column is to entertain and possibly educate you about international travel, a source of great pleasure for many of us.

Periodically I will offer a few travel suggestions based on personal experiences or those of travel professionals. Rest assured that I am not trying to sell you anything, and have no affiliation with any travel agency. You also will have noted by this time that I have chosen to write in the first person. I hope you don't mind. It simply is easier, particularly if I write about a place that my family and I have visited.

Where shall we go for the first stop on our adventure? This time around, let's take the northern route and make our first stop in Nova Scotia, about 1,450 (air) miles northeast of Orlando. Although I have not been there, it is on my go-to list. I also have the good fortune to be acquainted with Shirley Coe, an On Top of the World resident who was born in Nova Scotia, so I could interview her for insights.

Nova Scotia (literally, New Scotland) is a maritime province located on Canada's southeastern coast. It is a peninsula that is connected to New Brunswick by a strip of tidal meadow. You can get there by flying into Halifax, the capital, or, like many tourists, by ferry on a combined trip that starts in Boston, Massachusetts, or Bar Harbor, Maine.

Nova Scotia has a population of about 934,000 and an economy based largely on fishing, mining, forestry and agriculture. The official languages are English, French and Gaelic, although Shirley told me that English

is the dominant language spoken there.

The first European colonists arrived in 1604 when French colonists established Acadia at Port Royal, the first permanent European settlement north of Florida. A scholarly debate rages over the possibility that the Vikings settled in Nova Scotia, perhaps as many as 600 years earlier than the French.

Interestingly, Nova Scotia came under rule by Scotland in 1629, which started a major Scottish impact in the area. Only two years later, however, the British made Scotland give it back to the French. Mainland Nova Scotia became a colony of Great Britain in 1713, which retained political control until 1760. In 1755, the British forcibly expelled more than 12,000 Acadians from Port Royal in what became known as the Great Expulsion. These folks then moved down to southern Louisiana, ultimately becoming known as Cajuns! Nova Scotia joined the Canadian Confederation in 1867, although the British influence remains strong to this day.

To personalize our virtual trip I talked with Shirley Coe, who was born on a farm in the very small town of Otter Brook, Nova Scotia. When asked to tell me the first thing she thinks of when she hears "Nova Scotia," she replied with "forests and soft green grass." Trees were important to her, as her grandfather was a logger, one of the major industries in the area. She also remarked on the beauty of the many split-rail fences in the countryside snaking across many of the fields. Shirley says the countryside is hilly and heavily forested with evergreens, such as spruce and pine, interspersed with the hardwood trees, such as maple, oak, cherry and birch, that give you glorious color in the fall.

Shirley fondly remembers as a child when they would tap some maple trees in order to make their own maple syrup. Now, there is a treat! Other areas in Nova Scotia consist of fields that are rocky, often swampy, and with a lot of tundra. The beaches also are rocky instead of sandy as we have here in Florida. Not to mention that the water is c-c-c-cold, so swimming is limited to the — how can I say this — excessively hardy! The weather is a lot like upstate New York, with snow in the winter and relatively rainy summers. Shirley recommends visiting in June or September if you go there, primarily because the temperature is moderate and it is less likely to rain on you.

The people are exceptionally friendly and will chat away with you as if you have been friends for years. Shirley certainly is a living example of this phenomenon!

One of the most unique features of the area is the Bay of Fundy. Here the physical layout of the bay is such that the changes in water elevation caused by the tides are extraordinary — the highest on the earth. At low tide, water in the bay is a small trickle flowing across a mud flat. At high tide, only a few hours later, water has literally flooded in and will be as deep as a four-story building (about 40 feet)! The water comes in at such a rush that some hardy souls break out the boards and surf the flow as a sport. It truly is a spectacular sight.

Nova Scotia should be a fun place to visit, and, for the less adventuresome among us, it isn't too far away.

Well, it is time for us to move on. Where to next? How about Lands End, England and Wales? My family and I have been there to visit friends so I can chat about that area firsthand.

Travel Alert: You need to be aware that if you travel anywhere outside of the United States these days, you will need a valid U.S. passport on your return. In the past you could go to Canada, Mexico and a few other places and return without a passport, but that law was changed effective Jan. 1, 2007. If you don't have a passport, you can get and submit an application at the Post Office on 60th Avenue. It will take about six weeks to process. ☺

## Stephanie's Computer Tip for February

By STEPHANIE ROHDE

When e-mailing to more than one person it is respectful, kind and Win-Win to send that message "TO:" your e-mail address and to place all other e-mail addressee addresses in the "BCC:" field.

This protects the e-mail addresses from being harvested by inappropriate individuals and avoids the receiver having every e-mail address (of who received that e-mail message) listed on their received copy of the e-mail. Often one or more pages of just e-mail addresses can accompany a very short e-mail message.

If you want to later look at the list of individuals to whom you sent your message via the "BCC:" field, it is not apparently obvious.

In Outlook Express, for example, you must view the sent message via the "Sent Items" folder. Right click on the message you are wondering about that is in the "Sent Items" folder, and then left click on "Properties." Then left click on the "Details" tab. The BCC addresses are listed there.

For those using Yahoo Mail, the procedure is the same but you must be using their latest "Beta" version to see the BCC addressees.



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## Italian-American Club

Jerome E. Cauda

In the absence of a regular correspondent, these are the club's activities for February.

During the January meeting, Pat Gabriel, president of the 200 Coalition, gave a presentation on the future growth planned for the 200 corridor. It was very informative and was well received by the membership present.

Mike DeBari presented some of the activities planned for the current year. Included is the Sun Cruz gambling trip and June picnic. Further information on the picnic will be presented at the February meeting.

If you are interested in the Sun Cruz Trip, contact Mary at 237-8581 for information and to sign up.

The next monthly meeting will be at 3 p.m. in the Health & Recreation Ballroom on Feb. 7. Refreshments will be served from 2:30 p.m. through the start of the meeting. Entertainment is in the works and is planned to start at 3:20 or 3:30 p.m. All members are urged to attend.

Dues for 2007 are due. ☺



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# Activities February

## Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
9:00	Interval Training	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Sit & Be Fit	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
	Ladies Poker	MR3
12:00	Beg C/W Line Dance	BR
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	H&R Exercisers	AC
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int.C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC: E&F
2:45	Beg. C-W Line Dance	BR
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW
	Dominoes	CC:G

### 1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC: B&C
1:30	D'Clowns	CC: B & C
2:00	Bocce	CC: AC
2:30	Readers' Theatre	CC: D
3:30	Comp. Handicap	CC: H
7:00	Sunshine Singers	BR

### 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D
4:00	10,000 Steps Sholom Park	

### 3rd Week

2:30	Readers' Theatre	CC: D
1:30	D'Clowns	CC: B&C
4:00	Billiards Club	Art
7:00	Sunshine Singers	BR

### 4th Week

3:00	Community Patrol Prog.	CC: B&C
4:00	10,000 Steps Sholom Park	

## Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
7:45	Travel Reservations	BR
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Tai-Chi (Advanced)	H&R
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Stitch Witches Quilters	Art
	Harmonichords	CC: H
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:15	Total Core & Body	
	Strength	AC
9:30	Pinochle	MR3
	Stitch Witches Quilters	Art
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Horseshoe League	CTS

11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
11:45	Arthritis Class	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
	Cybox Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Singin' Swingin	CC: D
	Mah Jongg	CC: A
	Badminton	H&R
	(Racquetball Cts)	
1:30	The New Pretenders	HR
	Shuffleboard	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
	Table Tennis	HR
5:45	Mah Jongg	CC: B
6:00	Pinochle	MR3 & Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR
7:00	Mixed Poker	CC: H
	Pattern Dancing	BR

### 1st Week

8:00	Men's 9 Hole Golf	P.R.
3:00	Great Lakes Club	BR

### 2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC: E,F&G
	Response Team	
1:30	Visually Impaired	CC: H
	Support Group	
3:00	Nutrition Discussion	CC: B&C
3:30	Alpha Investment	Art
6:30	German Club	CC: E,F&G

### 3rd Week

1:30	Unique Birders	CC: H
3:00	NY/NJ Club	BR
7:00	Democratic Club	CC: E&F

### 4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC: E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC: D

## Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Taps on Top	BR
	Men's 18 Hole	Golf
9:00	Interval Train	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Pan Club	CC: D
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	AC
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Mat Pilates	AC
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC: C
	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Bocce League	BCTS
1:30	Shallow Water	
	Exercises	AC
	Shuffleboard	CTS
3:00	Dance Committee	CC: B&C
4:00	Softball Practice	SBF
5:30	Square Dance Class	AC
	Bingo	BR
6:00	Poker	MR3
6:30	Duplicate Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Square Dancing	AC

### 1st Week

10:30	Travel Toppers	CC: A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

### 2nd Week

1:45	Native Plants	CC: H
3:00	Pennsylvania Club	CC: E & F

### 3rd Week

1:00	Stamp Club	Bank PAB
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## Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Clogging	BR
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	Strut Dance Class	AC
	Tai-Chi (Advanced)	HR
	Bus Ocala Run	
	Miniature Golf	MGC
9:15	Total Core & Body	
	Strength	AC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC: E&F
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Hatha Yoga	AC
	Water Walk	AC
	Advanced Tap	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
11:45	Arthritis Class	AC
12:00	Lap Swimming	AC
	Cybox Orientation	GYM
	Advanced Square	CC: E&F
	Dancers	
	Mah Jongg	CC: A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC: A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing DBD	CC: E&F
1:30	Shuffleboard	CTS
2:30	Jazz Club	CC: D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC: A
	Card Game	CC: B
	Miniature Golf	MGC
6:00	Poker	MR3
6:30	Bridge	CR
	Pickleball	CTS
7:00	Poker	MR3
	Mixed Poker	CC: H

### 1st Week

10:00	NY/NJ Board Meeting	CC: H
1:00	Rubber Stamping Cards	CC: D
	Bunko Dice Game	MR3
	Opera Appreciation	CC: C
5:30	Southern Club	BR

### 2nd Week

9:30	Scrabble Club	AC
10:15	Latin Cardio	AC
1:30	Singles Club	CC: G&H
2:00	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC: E,F&G

### 3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC: D
	Bunka Dice Game	MR3
	S.P.C.A.	CC: H
1:30	Orchid Club	CC: B&C

## Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Interval Train	H&R
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS

\* Advance registration and fee may be required. Please check in advance.

9:15	Bus Ocala Run	
	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Decals	AC
	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Sit & Be Fit	H&R
	Tai Chi Practice	AC
	Lap Swimming	AC
12:00	Round Dance Class	H&R
	Ladies Poker	MR3
	Circle Square	H&R
	Mah Jongg	CC: A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	H&R Exercisers	AC
	Mah Jongg	CC: A
1:00	Table Tennis	H&R
	Canasta the Old	
	Fashion Way	CR
1:30	Shallow Water	
	Exercises	AC
2:00	Fun In The Water	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

### 1st Week

1:00	Women of the World	CC: E
	2nd Week	
9:00	RC Ladybirds	CC: A
2:00	New England Club	CC: E
7:00	Republican Club	CC: E,F&G

### 3rd Week

2:00	Blackjack Poker	CC: E
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### 4th Week

12:00	High 12 Club	TBA
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## Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC: B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
	China Painters	Art
5:30	Open Mah Jongg	CC: A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

### 1st Week

10:00	Yoga in The Park	Sholom
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### 2nd Week

7:00	Northern Lights	CC: B&C
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### 3rd Week

2:00	Pickleball	CTS
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## Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
12:00	Mah Jongg	CC: A
	Scrapbooking	CC: D
12:15	Oxycise	H&R
1:00	China Painters	Art
2:00	Queen of Peace	CC: B&C
	Prayer Meeting	
5:30	Mah Jongg	CC: A
	Miniature Golf	MGC
6:30	Pickleball	CTS
7:00	Mixed Poker	CC: H

### 1st Week

6:00	K-9 Social Club	CC: D
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### 2nd Week

2:30	Friendship Social Club	BR
6:00	Movie of the Month	BR

### 3rd Week

2:00	American/Jewish	CC: E,F & G
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## Location Codes

AC	Arbor Club	FF	Flying Field
AC CTS	Arbor Tennis Courts	GC	Golf Course
ACIP	Arbor Indoor Pool	HR	H&R Exercise Room
ACOP	Arbor Outdoor Pool	H&R CTS	Tennis Courts
Art	Art Studio	H&R	Health & Rec Bldg
BR	Ballroom	HRP	H&R Pool



## Crescent Ridge II Decorates Corner

By JANE DAVIS

Rudolph has returned to his home and his Crescent Ridge II helpers are finished for yet another year.

When the corner decorations began, it was just a large red bow. That first bow was attached to the Crescent Ridge II sign one night when the holiday season commenced in 2001 and for the next two years, no one knew who had put it there or taken it down when the season was over.

In 2003, a group of neighborly residents began to talk about corner decorations and planned to ask neighbors for a mere pittance so they could buy lights, bows, plug-ins, extension cords, garlands and Rudolph (one that moved). The neighbors of Crescent Ridge II were great! They donated (we had enough for the next year as well) and helped put up and take down, in the bitter cold and on some beautiful Florida days.

Some of the volunteers have moved on, but the majority and a few new ones are here every first Saturday of December and the first Saturday of January.

To name just a few of the faithful, they are: Rose Jones, Marge Robinson, Nick Dellaquila, Carole and Joe Lacker, Jean Paul, Becky Marinelli, Fannie Baldacchini, George Conklin, Bill Echols, Eileen McGrath, Lyal and Jane Davis and those whose names we don't have, but are most grateful to ... thank you!

Rudolph visits our Crescent Ridge II corner annually and we know that we have succeeded in accomplishing something wonderful. In fact, it was shown on Channel 20 news one morning in conjunction with another news story about On Top of the World's expansion.

We hope everyone enjoys Rudolph's visits and that the corner brightens our neighbors' Holidays.

Have a happy, healthy New Year, neighbors one and all! ☺



**Nature  
Around Us**  
Doris Mauricio



Photo by Doris Mauricio

## February is a good time to plant camellias.

When all our other flowering shrubs are peering out, camellias begin their prolific blooming. Camellias flower in the fall and winter when their display of colorful blooms is most appreciated. During the remainder of the year their evergreen foliage, interesting shapes and textures and relatively slow growth make camellias excellent landscape plants.

Most of the camellia shrubs seen throughout On Top of the World are Camellia japonica. These tall stately shrubs are considered the "Aristocrat of the South." Camellia sasanqua has grown more popular in the last few years because it stays relatively small (two to four feet) and tolerates more sun. The flowers on Camellia japonica can be four to six inches in diameter while the flowers on Camellia sasanqua are two to three inches.

February is an excellent month to add one of these shrubs to your landscape. Plant your new camellia in a partially shaded area. Leaf spots are very common on camellias and will be less prevalent with good air circulation around the shrubs. Because camellias prefer an acidic soil, you should apply an acidic fertilizer three or four times throughout the year.

Bob Wines Nursery has an abundance of camellia shrubs from two feet to 20 feet in height. They should be in bloom until the end of this month. They have loads of specimen plants. This would be a great time to pick your favorite flower and get it planted while the weather is still cool.

Citrus trees should be fertilized in February. Use a citrus special containing extra minerals in the amounts needed for these trees. This month you can fertilize camellias and your other trees, shrubs and vines, except azaleas. They should be fertilized after their spring bloom. Don't prune perennials or remove protective mulch too early. The last average frost date for Marion County is March 15, when new growth signals the arrival of spring (usually late in the month).

If you are new to On Top of the World Communities or just want to expand your knowledge of gardening in Florida, you may want to attend the workshops given by Kathleen Pat-

erson, program coordinator for Florida Yards and Neighborhoods in Marion County and a Master Gardener. This is part of The University of Florida Extension Service. Workshops will provide you with practical methods of managing your Florida garden and landscape. There will be ample time for your questions and answers. For easy registration, call 854-3699. The workshop at the new Education Center is free and will be Wednesday, Feb. 21, from 6 to 8 p.m., or Tuesday, March 20, from 9 to 11 a.m.

The Master Gardener Spring Festival will take place March 10 and 11. This is an annual event sponsored by Marion County Master Gardeners presenting perennials, annuals, trees, roses, etc. from surrounding Florida nurseries, Marion County Rose Society, and Marion Bonsai Society, etc. Food will be available and youth groups to help carry your purchases to your cars.

The Marion Bonsai Society has been actively participating in educating and furthering the knowledge and pleasures of Bonsai growing throughout the county and participating in the Master Gardener Spring Festival every year since its inception. They have always had a beautifully displayed area of Bonsai creations. There will be experienced members of the organization available to walk you through this outstanding presentation and answer any questions. They will have many different Bonsai to purchase. Information will be available on getting started with this great hobby.

Don't forget to cover your tender plants when alerted of a winter frost. I keep old blankets and quilts for this purpose. The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns. ☺



**Birders' Beat**  
Jane Callender



Photo by Paul Nistic

## The Eastern Bluebird.

The Unique Birders will meet at 1:30 p.m. on Tuesday, Feb. 20. We meet in Suite H in the Arbor Club Conference Center.

This will be our "planning meeting" for the coming year. Florida presents many destinations for bird watching. When we plan trips with the Native Plant Club we get to know birds and plants!

The bird of the month is the Eastern Bluebird. The year-round resident is joined by many northern migrants, swelling populations each winter.

Once nearly eliminated from Florida due to lack of nesting cavities, bluebirds have made a remarkable comeback with the aid of bird

enthusiasts who have put up thousands of bird boxes. The bluebird is reminiscent of its larger cousin, the American robin, with a rusty red breast and white belly — but with a sky-blue head, back and tail. The female is similar but the blue color is grayer.

It lays four to five pale blue, unmarked eggs. The female incubates the eggs 12 to 14 days.

Fledging takes 15 to 18 days, with both parents feeding the young.

The Eastern Bluebird eats insects, spiders and berries and will also visit bird feeders. ☺

# Valentine's Day Dinner

**February 14th, 2007**

**Served 4:00 p.m. to 8:00 p.m.**

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**Lions Club**  
Dianne Lovely

We welcome past district governor of Lions Club 42 of Rhode Island Bill Toother and his wife Sarah who moved down here and joined our Lions Club.

We hope each of you had an opportunity to have your eyes tested at the Health Fair in January. Remember, your eyes are very precious to you.

We once again want to thank each of you who generously gave a gift so many children to have a wonderful Christmas. Thanks to Fire Chief Mike Connolly and his son for picking up the gifts. Also a big thanks to Wendy Phillips who kept the presents at her house around her Christmas tree. A big thanks goes out to Claire Steers, Wendy Phillips and Dianne Lovely, who oversaw this Christmas project.

At the end of February tickets go on sale in the Health & Recreation Ballroom for the Senior Senior Prom. Bill Barnes Orchestra will be performing again for us.

The 20th anniversary of the On Top of the world Lions Club is coming in May.

Our club has increased in size so we now meet in the Candler Hills Community Center. We meet the second and fourth Tuesday of the month at 8 a.m. for breakfast and at 8:30 for our meeting.

If you would like to join the Lions Club, and we sure hope you do, call Estelle Clark, membership chairman, at 861-7358.



**Bloodmobile**  
Don Pixley

On Feb. 5, the Big Red Bus from the Florida Blood Center will be in the Health & Recreation parking lot from 7:30 a.m. until 2 p.m.

The blood bank has issued a critical appeal for donors. As our area grows so does the need for blood donors to take care of the increase in blood needs!

Cancer patients are in daily need of treatment, burn victims use plasma, trauma victims need red blood transfusions, and routine surgeries depend on blood donors. Donors can be young as 16 and there is no upper age limit.

Every two seconds someone in the United States needs a blood transfusion. More than 2,000 donations are needed each day in Florida.

Just one donation can help save three lives, those needing red blood cells, plasma and platelets.

Sixty-five percent of the population is eligible to give blood, less than five percent does.

As the population of the On Top of the World Communities continues to burgeon so will the need for blood but happily, the number of willing donors should also increase. With Candler Hills and Indigo East expanding on a daily basis, our contributions to the blood bank should be increasing accordingly. Last month's World News carried a very impressive list of newcomers to our community.

For those new neighbors, remember, the Florida Blood Centers are the sole supplier of blood for Marion County hospitals.

Please mark your calendars now for Monday, Feb. 5. We hope to see you on board the Big Red Bus!



Photo by Larry Resnick

**Our On Top of the World Community Patrol celebrated a second anniversary recently, and management provided an appreciation dinner for a job well done for the great services and dedication to our community. Most of the Community Patrol membership attended the dinner.**

**Community Patrol**  
Joe Berger

I would like to thank Ken Cole for the wonderful luncheon he provided for the Community Patrol. I am glad he was able to attend, along with general manager Lynette Vermillion, and Kristine Harrell, her assistant.

I would also like to thank our Sheriff Ed Dean, Major Lumpkin, Captain Burton, Capt. Pogue and Sgt. Spivey. With all of their busy schedules, they took the time to attend our luncheon. This was very well appreciated by all our members.

I would like to acknowledge one of our members, Bob Moltimore, who started out with the Community Patrol and who has always been very generous with his time and willingness to assist in any way.

Bob was born in Montgomery, Ala., on July 23, 1934, and went to school in Providence, R.I.

When he graduated high school he attended Johnson Wales Business College. He graduated with a bachelor of arts degree. He then went into the U.S. Army for three years and spent 18 months in Korea.

Upon leaving the service he went to work for Allstate Insurance and spent 30 years with them, and had his own agency.

Bob came to Florida in 1996 and located in Ft. Lauderdale. For the last three years he has been living in On Top of the World, where he highly recommends the lifestyle. His hobbies are golf, fishing and traveling.

The Community Patrol is the eyes and ears for the Sheriff's Department. If you see our patrols, remember we are there for your security and if you have any questions, stop them and ask. If they do not have the answer, they will try to get it for you.

I would like to quote some important information that Sheriff

Mike Scot of Lee County, listed in the latest Sheriff's Star Magazine concerning home improvement fraud.

Beware of door-to-door contractors who use high-pressure tactics to get an immediate decision. Don't do business with someone who comes to your door offering a bargain or who claims to have materials left over. Get at least three written bids.

Don't always choose the lowest bidder — you get what you pay for. Require the contractor to use a written contract that lists materials, costs and the completion date. Don't allow any stranger into your home, no matter who they claim to be. City inspectors do not go door-to-door.

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EVENINGS & WEEKENDS

**Citizens Emergency Response Team**  
Caroline Scott

At our first meeting, we were fortunate to have Rob Caruana, an On Top of the World resident, instructor with the Marion County Emergency Management Division, and CERT team member, talk to us about stress and how to handle it. Rob has worked with people all his life, and was a psychotherapist before retirement. He is now with the Marion County Medical Society as a member of the Community Crises Response Team, working under the Critical Incident Stress Management Team. As a CERT team we have seen the value of this service after hurricanes, fires etc.

Rob explained various techniques to use when you are under stress, even when you don't realize that you are stressed. For example, when you can't sleep at night you may be under a certain amount of stress. He gave us breathing exercises to try, and explained how to deep breathe. He also told us how to combat a very negative comment about you, with a response that should turn the conversation around immediately.

At the end of his seminar he handed out a list of traumatic events that we all face in our life from a death in the family to a "bad hair day." All of these had a percentage along side of them. If you fill this out honestly it should tell you just how stressed you are, and then be able to correct some of it. I hope everyone who attended will try this.

All are welcome to any meeting that we have. Just come to Suites E, F and G in the Arbor Conference Center on the second Tuesday of each month at 9 a.m.

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Photo by Margitta Claterbos

**Colleen Werner, an ecology unit leader with the Withlacoochee State Forest, speaks to the Native Plant Club.**



**Native Plant Club**  
**Ron Broman**

It was 7:14 a.m., Jan. 4. Our slow-as-molasses, "mobile mulch and manure mover" crept up 94th Street. Leading two other, slightly more powerful, golf carts we turned left at the new Windsor gate; climbed another 100 yards; and stopped at the top of the hill. The view, unobstructed by trees, was great.

Six eager birders stepped out. Our targets were the two shrubby tree "patches," one on either side of the road at the edge of the golf course. We had received permission to be on the course as part of the recent National Audubon Society's Christmas Bird Count, as long as we stayed ahead of the golfers and behaved ourselves.

Moving slowly, binoculars at the ready, we were hearing multiple bird sounds emanating from the targets. The noise was more than faintly familiar. As first one, then another came into focus. Our intuition was correct — house sparrows.

You are probably very familiar with house sparrows. They are also known as English sparrows, but are not North American sparrows at all. They are a weaver of a large Old World family, Passeridae, successfully introduced into North America and have become very aggressive, in that they tend to over-compete with our native species.

We had more than hoped, but not quite expected, to see the scrub jays, with whom golfers have grown accustomed to sharing peanuts in their carts. No luck; nary a flutter or a call, none, nada! Our question has been: why have we seen them here at all? As their name implies, they are a bird "endemic [specific] to peninsular Florida's xeric [dry] oak scrub and pine flatwoods — indicators of xeric oak scrub are four species of shrubby, stunted oaks: sand live oak, myrtle oak, Chapman's oak, and scrub oak." (1)

If you've been living here awhile, observing our surrounding soil, flora and fauna and/or reading these monthly articles, you're aware that our natural ecological community is called sandhills. The main indicator species of a sandhill community are long-leaf pine, turkey oak and wire grass.

So why is a species, the Florida scrub jay, which eats, sleeps and breeds in a scrub community, in our community at all? The answer appears clear. Part of our sandhill community is scrub. One quick way to distinguish scrub from sandhill is by the color of the soil. Scrub sand is white from the surface down. Sandhill sand may be white on the surface, but immediately below it is a buff color.

The most accurate way to tell, however, is by noting which plants survive and flourish there. Although it may be one of the plants in a sandhill community, sand live oak (*Quercus geminata*), along with myrtle, Chapman's and scrub oak are found in scrub communities. The land on which On Top of the World itself is rich in *Quercus geminata*.

Guess what? Species like scrub jays that depend on the understory, such as the aforementioned species of shrubby oaks, are rapidly being put out of business.

Even in those human communities where the developer is conservation aware, the natural areas remaining are often islands, impoundments as it were, making it difficult for critters to find mates to carry on their kind. If trees and understory plants are to be destroyed, the remaining undisturbed flora needs to be connected to other natural areas, allowing for flora and fauna to propagate and regenerate.

We as homeowners can help. Adding appropriate native flora to our property can only help in the establishment of these natural corridors.

Colleen Werner was our speaker for the January Native Plant Club meeting. She is an ecology unit leader with the Withlacoochee State Forest in Brooksville. She accompanied us in our Native Plant Garden and on the Longleaf Pine Trail and she reinforced our understanding of the importance of a healthy sandhill community, using prescribed burns as one tool to maintain its health.

On Feb. 14, our Native Plant Club hearts will welcome Phillip Hisey, landscape operations superintendent at On Top of the World Communities, as our speaker on Tree Pruning and Planting Techniques. Phillip was born in Puerto Rico, but has resided in Ocala for 24 years. He earned a Bachelor of Science degree in landscape design and management from Florida A & M. Philip is a certified landscape contractor and arborist.

He states in his biography that "I am married with two dogs, Chloe and Havanna." I'm not sure that's exactly what he meant. Come to the meeting on Valentine's Day and hear him talk his way out of that one. (Just kidding, Phillip.)

Remember, it's Wednesday, Feb. 14, at 1:45 p.m. in Suite H of the Arbor Conference Center. See you then and there and please —

You can sit and study Latin Learning ablative and dative Or with us see where it's at 'n Find it's better Growing Native!  
(1) [www.brevardcounty.us/environmental\\_management/wildlife\\_scrub\\_jay.cfm](http://www.brevardcounty.us/environmental_management/wildlife_scrub_jay.cfm)



Photo by Ron Broman

**A grouping of And Live Oaks (*Quercus geminata*) within our On Top of the World sandhill community.**

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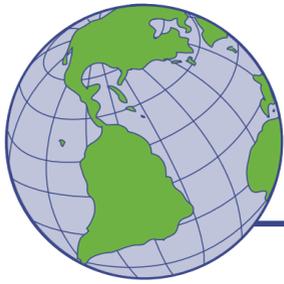
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Where the News is Always Good

**BINGO!**  
Residents catch  
Bingo fever. See  
Page 28.



**Section 2**

**Vol. 20, No. 8 • February 2007**

## Lions Club Presents Senior Senior Prom

By ESTELLE CLARK

It's time to get your favorite partner, put on your fancy duds, shine your dancing shoes and come to the Ball. The On Top of the World Lions will be holding their fourth Annual Senior Senior Prom on March 17 in the On Top of the World Ballroom. Thanks to our many sponsors we will again keep ticket prices at \$25 per person. The Bill Barnes Band will be playing your favorite dance music. There will be lots of fun and lots of great door prizes again this year. Tickets will go on sale in February on Mondays, Wednesdays and Fridays, 8:30 to 10 a.m. Come early so you can pick your table as they do sell out fast.

As always, 100 percent of the proceeds from this affair will go back into the community and the entities that the Lions support. We are pleased that Ocala Regional Medical Center along with West Marion Medical Center are going to sponsor our band again this year. Park Avenue Bank and Munroe Regional Medical Center are also helping to sponsor the Prom.

We look forward to seeing you there. For more information, you can contact Lion Estelle Clark 861-7358.

## Free February Concert at Sholom Park is 'All Irish'

The 2007 Sholom Park Concert Series will present a free concert on Sunday, Feb. 18, at 2 p.m. with The Irish Are Coming, a day of Irish singing, dancing, piping and humor.

Featured performers include tenor Larry Gerber, soloist Kate O'Neal, the Spirit of Ocala Irish Dance Group, piper David Rogers, pianist Walter Koenig and humorist and M.C. Bob O'Neal.

Dr. Larry Gerber has been a professor of voice at Florida State University for the past 16 years, and has been a principal artist and performer in opera, oratorio and recitals in the United States, Europe, the Caribbean, Central America and Pakistan. He currently teaches voice and vocal pedagogy and directs the Men's Chorus at Florida State University.

Kate O'Neal recently finished a three-week run in "The Musical of Musicals: The Musical" at the Studio Theatre in Orlando, and has a variety of comedy and musical performance credits including "Alice in Wonderland," "Dinner Murder Mystery," "Nonsense 1" and "Nonsense 2" and "Fiddler on the Roof." As a country singer, she has been the warm-up act for Willie Nelson, Randy Travis and Alan Jackson.

Bagpiper David Rogers has been playing the pipes for just over three years, but has recently concluded a learning trip to Scotland to expand his technique. He is a member of the Marion County Sheriff's Pipe and Drum Group, and also plays with the Central Florida Pipe Band in Orlando.

The Spirit of Ocala Irish Dancers have been performing in Central Florida since 1994. One of their members, Kerry Ann Bradford, was a competitor in the World Irish Dance Championships in Ennis, County Clare, Ireland. The costumes worn by these young ladies are works of art.

Walter Koenig is a resident of On Top of the World, and is a favorite performer there. He has more than 40 years professional experience as a performer, and will be the accompanist for both Larry Gerber and Kate O'Neal.

The master of ceremonies, Bob O'Neal, is also a resident of On Top of the World where he is a popular singer and humorist. Bob would also like you to know that he is the proud father of singer Kate O'Neal.

Bring a folding chair or blanket for your comfort, but please do not bring food, drink, coolers or pets. Light refreshments will be available for purchase, and limited handicapped parking is available for those who arrive early.

While the concert is free to the public, donations are encouraged on behalf of the Horticultural Arts & Parks Institute, Inc. (HAPI). Sholom Park is at 6840 S.W. 80th Ave. (off SR 200), near On Top of the World in Ocala.

For more Sholom Park and HAPI information, go to [www.hapi-info.org](http://www.hapi-info.org).



Larry Gerber



Kate O'Neal



Photos by Lynn P. Stock

Above, the crowd gathers at the Cultural Center on Jan. 12 before the Gary Lewis & The Playboys concert. Below, Gary Lewis autographs his band's live CD after the show.

By LYNN PEITHMAN STOCK  
WORLD NEWS EDITOR

Kitty Willis still had mounds of boxes to unpack after moving in nine days ago, but that didn't keep her from seeing Gary Lewis and the Playboys on Jan. 12.

"You've got to do important things first," said Kitty, who moved here from Wilmington, N.C., and who was joining new neighbors Bill and Faye Shampine from Providence.

The concert was the inaugural music event at the new 952-seat Circle Square Cultural Center.

"We are looking for a wide variety of entertainment that is not only musical but other types as well," said Jo Salyers, marketing director for On Top of the World.

See sidebar for upcoming entertainment or visit the Web site [www.csculturalcenter.com](http://www.csculturalcenter.com).

For the inaugural concert, a cool, pleasant evening with a nice breeze welcomed concertgoers. As they walked up to the covered veranda, music by the live music band Rewind greeted them with tunes from the 1960s and 70s.

Friendship Catering served refreshments outside. Bobbie Christensen of Spruce Creek Reserve tried a sample. She wasn't sure what kind of cookie she had chosen, adding, "I can't tell but they're all good. You can't have a bad cookie."

Once the doors opened to the auditorium, no one seemed in a hurry to get to their reserved seats. On Top of the World residents Jim Lyman and his wife Rosie even brought portable chairs. "We didn't know what the timing of everything was," Jim explained. "We're excited that this is coming."

Before the concert, guests were treated to a video of Gary Lewis — son of comedian Jerry Lewis — and his appearances: "Home variety show 1953," "Meeting Buffalo Bob and Clarabell on 'Howdy Doody' 1953," "Rehearsing a song with dad 1957."

The concert started promptly at 7 p.m., with guest emcee Freddy Carr. Concertgoers were reminded that their ticket stub was good for a free cup of coffee at nearby Sid's Coffee Shop or \$1 off at Candler Hills restaurant.

A video clip featuring father and son introduced the night's entertainment. Gary and Jerry performed an act together on TV in 1957, and then the video showed Jerry today.

### Circle Square Cultural Center

Box office hours are 11 a.m.-2 p.m.  
Mondays through Saturdays,  
11 a.m.-7 p.m. Tuesdays.  
8395 SW 80th Street, Ocala  
854-3670

E-mail: [ticketssales@CSCulturalCenter.com](mailto:ticketssales@CSCulturalCenter.com)

Web site: [www.csculturalcenter.com](http://www.csculturalcenter.com)

See event schedule and seating charts  
on Pages 10 and 11.



"I'm proud to be on stage again with my boy tonight, some 45 years later."

Gary Lewis and the Playboys — four other musicians — opened the evening with "Palisades Park," a Beach Boys favorite. "Welcome tonight to the opening night of this beautiful brand new facility," Gary Lewis said.

"In my opinion, music from the 50s and 60s is the best music in the world."

Throughout the hour-and-a-half concert, Gary treated the audience to vignettes before each song and featured each of the other band members on select songs.

The band played their hits, including "Barefootin'," "Count Me In," "She's Just My Style," "This Diamond Ring" and "Everybody Loves a Clown," a song Gary wrote as a birthday present for his father. The band first played "This Diamond Ring" on the "Ed Sullivan Show" and the song subsequently went to No. 1 on the charts, sold 1 million records in six weeks and pushed the Beatles out of the No. 1 spot.

Gary Lewis and the Playboys had eight gold singles, 17 top 40 hits, 4 gold albums, and 45 million records sold worldwide in the mid-1960s.

"It's the same people we played to in the 60s but we're all the same age now," Gary told the crowd.

Later in the show, Gary took to the drums himself — an instrument he has played since he was 5. The band then paid tribute to the "godfather of soul," James Brown, with "I Feel Good."

Other songs they covered included The Monkees' "I'm a Believer," which grandparents may also remember from the contemporary movie "Shrek."

After the concert, Gary autographed \$20 CDs of their music from a live concert. Susan Pleinis, a Candler Hills resident, waited patiently with the crowd in the lobby for hers.

"So many of these songs I don't have and I like them," she said. "We loved it (the concert). We had a great time. We wanted to get up and dance and sing."

As Gary signed autographs, one concertgoer shouted to him, "Gary, how do you keep up the energy?"

"I've got great genes," he replied. ☺



## A Fun-Filled New Year's Eve

By LARRY RESNICK

The Health & Recreation Building Ballroom hosted a New Year's Eve Dance. Other On Top of the World facilities also had festivities to help us celebrate the arrival of the New Year. We are a designated "Active Adult Community" and from the array of New Year's Eve to choose from there is no doubt about that designation.

At the Ballroom, semi-formal was the dress code for the evening. Music was provided by Joe Masaoy's five-piece band, and the tables had noisemakers and party hats and snacks for all to enjoy. In the front of the Ballroom on the dance floor off to the side of the stage were some thoughtful decorations designating the New Year's arrival. As you might imagine, this decorated area was used for picture taking almost all evening by the sell-out crowd of celebrants.

Music started promptly at 8:30 p.m. and the dance floor was filled for almost every

dance. Champagne bottles were delivered to all the tables a little prior to midnight for the traditional champagne toast at the New Year's arrival.

A countdown was started 10 seconds prior to the stroke of midnight and when the midnight announcement was made there was lots of hugging, kissing and well-wishing by all.

At 12:30 a.m. in the New Year several buffet tables were set up with coffee and doughnuts and cookies. About 1 a.m. the partygoers started drifting out. It was another fun-filled event that residents have come to expect from the On Top of the World Dance Committee.

They tell me their next dance will be held in February and is designated as a Hearts and Flowers dance. It will feature the Frank Roberts band, which has appeared here in On Top of the World many times and is always well received by the residents. So, as I have always said in the past, keep up the good work guys and let the good times keep on rollin'. ☺



**Director  
of Golf**  
Jeff McDonald

### On Top of the World

To all golf members, in case I have not told you, you guys are great! I appreciate so much the awesome support everyone is showing both Nick and Andy and their staffs. They are doing a great job and you are doing your part as well. It sure looks like we are going to have an extremely exciting year for 2007. It is so good to be a part of what's going on here at On Top of the World.

To all residents, especially if you don't play golf and have not visited the Golf Shop lately, please drop by to see what is now available to you. Keep in mind that we have sweatshirts and jackets with the new On Top of the World logo for you or your guests. It is going to get cold, right? You will receive 20 percent off any apparel that you purchase or order.

We are glad to be able to inform you all that Rudy Normandin and I along with Lynette Vermillion and Nick had a meeting to discuss club repair. So in order to provide you with a club repair service, Rudy will have a price sheet and a list of the repairs he offers and you will be able to drop off or pick up your clubs in the Golf Shop.

The first monthly golf trip is about to take place as I am writing this column. It appears that we will have a great time together and I look forward to the February trip. Check with the golf shop for the details concerning Feb-

ruary's golf trip.

Nick wants to ask everyone to help congratulate Ron Wilson and Sandy Ford for having a hole in one on the Links, hole No. 5 and the Tortoise and the Hare, hole No. 8. Also Lloyd Hoefler had an eagle on the Links, hole No. 8. Fine shooting guys and we wish you many more.

Free! On Feb. 13, Cobra is coming to Candler Hills with the custom van. If you have been waiting to get fitted, this is your chance. Please call the Candler Hills Golf Shop at 861-9712 to set up your club fitting appointment. Ron will also be present for you to demo the latest Cobra golf equipment. The time will be posted in the golf shops.

### Candler Hills

Indigo East residents, here is an opportunity that may create a renewed excitement for your Candler Hills golf experience. Only for Candler Hills you will be able to take advantage of a lease cart program. Again it should be of special interest to the Indigo residents but any On Top of the World resident who does not own a cart may want to check out the details. Contact Jeff McDonald or Gwen Becker for the detail at the members lounge On Top of the World at 854-2765.

It is good to see the men's and ladies golf groups starting to take shape and it seems to be working well. Sally and Andres have agreed to oversee the nine holers and I expect them to have great events.

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**Start with  
the Basics**  
Sally Collins

### Getting the Swing Started

We often hear golfers make the statement, "Let the club do the work." However, without our bodies offering some advice to the club, we may have a difficult time producing a positive result.

A successful golf swing starts as we address the ball. The arms and golf club in the

proper setup will form the letter "Y." Having the hands either too far forward or too far behind the ball will not lead to the proper "Y" formation. Once the golfer has achieved this position, the shoulders, arms, hands and club all begin the back swing as one unit. This is also known as the one-piece takeaway.

By starting the golf swing with the one-piece takeaway, the golfer is insuring that the larger core muscles are involved in the coiling of the upper body against the lower body.

When a golfer begins the back swing with the hands and forearms, the larger, more powerful muscles are often left out of the swing.

Practice making a few short swings just back to waist level. The "Y" will be intact except the elbow of the rear arm will be slightly hinged at this position. Work on this exercise without a ball and then incorporate this motion through to waist level on the forward swing side. As you swing through on the target side, allow the weight to transfer through to the target foot. It is OK to have a little wrist hinge as your arms swing back to this position. As you practice this exercise, be certain the tempo is very balanced and not forced on the forward swing side.

Work on this waist-to-waist drill with the well-formed "Y" until next month. Remember it takes 21 days of practice to form new muscle memory. ☺



**Candler Hills  
Men's Golf**  
Garry Gerlach

a case-by-case basis. The goal is to keep play fair and fun for all players. However, any player playing the white tees will lose three strokes from their established handicap.

The Candler Hills Men's Golf Association plays only on Tuesdays. There are groups that play other times during the week. Jim McGrath and Dave Masaschi head a group, which plays Mondays, Thursdays and Fridays. There have been discussions on forming other groups to play on days other than Tuesdays. It is anticipated as more folks move into Candler Hills and more golfers want to play the course, having a group can assist the Pro Shop in insuring you have tee times for your players. The Pro Shop may also assist in sign-up sheets for individual groups.

Anyone wanting to start another group should talk to the Pro Shop.

We continue to see a course in great condition, but we need to be diligent in repairing ball marks on greens and filling divots in fairways. Always fix your mark and at least one other on the greens.

### Candler Hills Men's League Results

#### 4-Man Teams 2 Best Balls • Dec. 19

115—Paul Moltisanti, Larry Pairo, Ed Wilson; 121—Jay Borden, Bill Horton, Larry Kennell, Dick Williams; 123—Jon Hill, Tony Mysterly, Marvin Brooks

#### 2-Man Teams 1 Best Ball • Dec. 26

64—Paul Moltisanti, J.C. Van Bloom; 65—Larry Pairo, Gene Kelly; 66—Paul Fratarangelo, Tom Racinowski.

#### 4-Man Teams 1 Best Ball • Jan. 2

53—Leo McCormick, Dick Pleinis, Jim Bragg, Bryant Giffin; 58—Garry Gerlach, Gene Mell, Ed Wade, Paul Fratarangelo; 60—David Masaschi, Tom McGurk, Tom Racinowski, Dick Masterson.

#### 4-Man Teams Team Stableford • Jan. 9

149—Bob Shively, Tony Mysterly, Bob Cooke, Jim Bragg; 147—Bryant Giffin, Dave Masaschi, Dick Pleinis, Dick Masterson. ☺



**Handicap  
Committee**  
Patricia K. Del Vacchio

We had a great day for the Modified Scramble. Sun, clouds, heat, humidity, wind; we must be in Florida. I know some of you were sorry we didn't play earlier as the weather was warm; but who knew? Linda Bervinkle, our scramble chairperson, will decide before the February Scramble whether we will move the time back to 9:30 a. m. for tee off. Please check out the clubhouse and the bulletin boards outside to see what the time will be on Feb. 3.

There were 75 players for the Modified Scramble and three teams tied for first place with a 68: L. Hoefler, M. Driver, I. Gackowski,

J. Rappa; C. Nicholas, C. Mattingly, J. Dean, J. Rice and B. Howe, D. Coleman, M. Rose, A. Flannery. With a 70, four teams tied for fourth place: D. Scott, M. Driver, H. Brower, J. Moon; R. Kingsley, I. Lisinski, J. Rappa, F. Griswold; D. Griswold, P. Shirley, J. Apperson, S. Smagner and R. Cleveringa, N. Nicholas, M. J. McAtee, R. Rice. Eighth place was a 71 and two teams tied: B. Ovrebø, B. Steinmuller, P.M. Peterson, H. Brower and J. D'Addio, R. Groomes, J. Smagner, L. Borders. In 10th place with a 72 and the only team standing alone were P. Del Vacchio, D. Floeckher and J. Culp.

Congratulations go to all the winners and all the rest of us that got out there and had a really good time.

On Feb. 3, we will play a Scotch Twosome. For anyone who may be new and for those of us needing a refresher, here are the rules. This is a male/female game and you will sign up and play with your partner. If you don't have a partner, sign up anyway; there will probably be others who need one and you will be paired up.

On the day of play this is what happens: each player drives and then each player hits his partner's drive and then the selected ball is played with alternating shots to the hole. On par 3's, one drive is selected and that ball is played with each player hitting alternately to the hole. This is my favoritest game. Come on out and have fun. Don't forget to check the clubhouse or bulletin boards in case of a time change.

Happy Valentine's Day. I'll see you at the check in. Paul and I are hosting. ☺

The New Year started with a bang: 28 players showed up on Jan. 2 for the first event of the year. As new players join the club and the association, it is important to have an established handicap. Remember to pay your GHIN fee in the Pro Shop and get on the system. You have to enter your own scores.

The importance of being on time cannot be overemphasized. Several players have missed their tee times and had to be shuffled in with other teams. This impacts team strength, since teams are made up according to handicap.

Although tee times begin at 7:56 a.m., remember, be at the pro shop by 7:30 a.m.; especially, if you want to hit balls on the range or practice putting. Since we are starting on both the front and back, the last tee time is about 8:20 a.m. Also, be in your cart at the starter station 10 minutes prior to your starting time in case they get us out early. Finally, remember it is important to finish the holes by putting out and recording your scores in the GHIN system.

A couple of players have asked the board to be allowed to play the white tees instead of the blue tees. These players are older and regularly play the white tees. The board will consider any request to play the white tees on

**Travelors  
Golf**  
Jo Apperson

On Jan. 12, the Travelors chose Citrus Springs Golf and Country Club to be the site of our first outing in 2007. Phil and Connie Shirley were our hosts for this event. Glenna Swank, Bev Ovrebø, Darlene Clark, Ed Noe and Bill Steinmuller were our guests.

The men's closest to the pin honor was carried over to another event since there was no one able to claim this prize on the very dif-

ficult hole. Phyllis Jarskey was the winner for the ladies. The game for the day was one ball on par 5's, two balls on par 4's, three balls on par 3's. The team winners were: first, Bill and Linda Bervinkle, Bill and Andy Flannery; second, Ed and Nancy Darichuk, Art and Barbara Buecher; third, Phil and Connie Shirley, Douglas Coleman and Glenna Swank; fourth, Rick and Joan D'Addio, Larry and Sandy Chase; fifth, Robert and Jan Kingsley, Roy and Marge Myhr; sixth, Carl Arnold, Phyllis Jarskey, Bill Steinmuller and Bev Ovrebø.

Our next outing will be at Summer Glen Golf Club on Feb. 9. Doug Coleman and Elsie Calabrese will be our hosts for this event. Further information will be available soon on our three-day spring outing. ☺

### On Top of the World Men's Golf Association Results

#### Low Gross/Low Net

##### Links • Dec. 20

##### Flight A

Gross: 71—Dick Gray; tie at 78—Raymond Beloin, Rick D'Addio; 79—Johnnie Kizer; tie at 80—Tom Smith, Jon Hill.

Net: 64—Roy Goszewski; tie at 68—Dan Carty, Johnny Gill; 69—Don Scott; tie at 70—Ralph Solvold, Paul Del Vacchio, Bob Bell.

##### Flight B

Gross: 78—Art Buecher; 83—Carl Zeiler; tie at 86—Bill Steinmuller, Dick Griswold; 87—Bud Harris.

Net: 64—Alfred Wells; 65—Roland Schwab; 66—Barry Barringer; 67—Wally Schilf; tie at 68—Mike Driver, Jim Blandina, Fince Nucaso.

##### Flight C

Gross: Tie at 86—Dick Fields, Jerry Segovis; 87—Colin Adamson; 89—Francis Caprez; tie at 91—Hira Roy, Ross MacDonald.

Net: Tie at 65—Charles Mattingly, Tom Deegan; 66—Tony Capillo; tie at 69—Bob Hoehn, Joe Michaelson, Robert Giljohann.

##### Flight D

Gross: Tie at 91—Ray Messer, Norm Lallier; 93—Richard Hess; 94—John O'Neil; tie at 95—Bill

Krusen, Armando Pena.

Net: 65—Jack Border; 67—Phil Johnson; tie at 68—Ed Benz, Peter M. Peterson, Bill Koch, Gordon Phillips.

#### 9-Hole Low Gross/Low Net

##### Links • Dec. 20

Gross: 48—Rick Benzing; 52—Zane Barnett.

Net: 35—Roland Smith; 37—John Ricciardone.

#### Team Two BBN

##### Links • Jan. 10

121—Dan Carty, Bev Seal, Mike Sieg and Ed Benz.

Tie at 122—Marvin Williams, John Bauer, Tary Bole and Dave Brazeau; Ralph Solvold and Nick Zoccoli.

Tie at 124—Larry Chase, Douglas Coleman, Colin Adamson and Jose Cura; Joe Cameron, Jack Ashenfelter, Raymond Shultz and Joe Rappa.

#### Team Two BBN

##### Tortoise & Hare • Jan. 10

112—Clifford Jones, Roy Myhr and Peter M. Peterson.

113—Ed Noe, Ray Hellman, Norm Lallier and John O'Neil.

Tie 115—Lloyd Hoefler, Bud Harris, Donald Delp and Dick Dzik; Dick Norris, William Flannery, Robert Giljohann and Richard Hess. ☺

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**Ladies 18-Hole Golf**  
Mary Lyon

Welcome to our new members Gwen Becker and Rosemarie O'Neil.

If you sign up for Tuesday play in the Pro Shop be sure that you also check the WGA 18 Hole bulletin board in the Computer Lounge for announcements, to sign up for luncheons and for information about Invitationals.

Remember that to be eligible to play in our championship, which begins on March 27, players must have an established handicap that includes at least five league day scores recorded between the first Tuesday in April, 2006, and March 13, 2007.

To be eligible for the "Most Improved Golfer" award, the golfer must have played on at least half plus one of the official league days from the first Tuesday of October to the last day of the championship. This year that is Oct. 3, 2006, to April 3, 2007.

Our Jan. luncheon was outstanding thanks to Catering by Bruce and the work of committee members Helen Fosket, Mary Driver, Velma Rose, Harriet Brower and Marilyn Rose.

Hostesses for February are Jan Juhlin and Fran Griswold

**Florida Scramble**  
Dec. 19

70—Beverly Ovrebø, Margie Wade, Carol Johnson; 72—Mary Lyon, Andrea Fratarangelo, Margie DeJohn Yarski; 73—Nancy Nicholas, Ginny Huckel, Flo Emanuel, Fran Griswold; 75—Iro Lisinski, Velma Rose, Angelita Pena, Esther Lang; 76—Nancy Zielinski, Kathy Hoefler, Marilyn Rose, Helen Foskett.

**Open Play/Low Net**  
Dec. 26

**Flight A:** 71—Nancy Zielinski; 73—Bev Ovrebø; 78—Joan D'Addio.  
**Flight B:** 71—Mary Driver; 72—Betty Gustafson; 74—Pat MacMurray.  
**Flight C:** 68—Diane Hamments; 73—Harriet Brower; 74—Jo Apperson.

**Open Play/Low Net**  
Jan. 2

**Flight A:** 67—Mary Lyon; 69—Nancy Zielinski; 70—Gretchen Normandin.  
**Flight B:** 67—Mary Jane; 70—Carol Johnson and Betty Gustafson.  
**Flight C:** 65—Connie Shirley; 71—Shirley Smagner; 72—Mary Skennion.

**Chip-ins:** Jo Apperson, Harriet Brower, Fran Griswold, Carol Johnson, Dea Johnson, and Mary Lyon.

**Scramble**  
Jan. 9

73—Nancy Nicholas, Ginny Huckel, Betty Gustafson, Mary Alice Narwold; tie at 75—Linda Bervinkle, Velma Rose, Flo Emanuel, Helen Fosket; Jerry Gill, Diane Hamments, Connie Shirley, Margie DeJohn Yarski; Mary Lyon, Rosemarie O'Neil, Jo Ann Roney, Betty Crippen; and Nancy Darichuk, Norma Cleveringa, Euny Moore; 77—Sandy Chase, Marilyn Rose, Lou Borders, Marie Marquis. 📞



**Men's Golf Association President Paul Del Vacchio gives Suzanne K. Reynolds of Hospice of Marion County a check for \$1,000 on Dec. 13. The money came from the members of the Men's Golf Association's Mulligans for Hospice.**



**Upcoming Publication Dates**

March issue: March 1  
April issue: March 29  
May issue: April 26

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- Custom Enclosures
- Custom Tops



**Men's Golf Association**  
Paul Del Vacchio

We received a very nice letter from Suzanne K. Reynolds of Hospice thanking us for our \$1,000 donation and I thank all of you members who made this donation possible. This month we will start our Mulligans for Hospice for 2007. We will continue selling the Mulligans every Chicken Day until we reach our goal of \$1,000. FYI, you can use your Mulligans at any time on the front or back, whenever you think your team will benefit. There are no restrictions.

Jimmy Keller has resigned as vice president. At this time I would like to thank Jimmy for all his assistance and to tell him he will be missed. Whenever there was a job to be done, Jimmy would do it and I didn't have to look

over his shoulder. Thank you, Jimmy, for volunteering your time.

Carl Arnold is picking up the unexpired term of Jimmy Keller and we want to welcome him to the board of directors.

Most of you members know about the equitable stroke control for your handicap; in other words, the maximum strokes you can take on any hole according to your handicap. The chart is on the back page of your handbook. We do not want you to invoke your equitable stroke control on an event day. Please putt everything out!

It has come to my attention that some members have been picking up their ball when they reach their maximum stroke and saying, "that's all I can take." When we play in our events you can take as many strokes as it takes to play out the hole. In my case, I have taken a 12 and I'm sure some of you have stories about how many strokes you have taken on some holes.

A reminder, don't schedule any appointments for April 11, 13 and 18 if you want to play in the MGA Championship.

Chicken Day is Feb. 7. Be sure and sign up and don't forget to pay your \$5.

Words of wisdom: "During your next round, make a note to yourself each time you make a negative remark or thought about yourself while you are playing. If you frequently call yourself names or have self-defeating thoughts about your golf game, try to be aware and minimize your put-downs. If your mind is relaxed and confident, you will naturally play better. Golf is a difficult game and everyone hits poor shots. Keep your thoughts positive to play well." Bill Kroen

See you around the course. 📞

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### Ladies 9-Hole Golf

BJ Leckbee

The invitational tournament scheduled for March 20 is taking shape, according to chair-lady Mike Beyer. Charlene Hassett and Shirley Stolly are coordinating the continental breakfast (call them if you'd like to bake or bring something), the decorations are being prepared, the lunch has been ordered, and invitations have been mailed to the other clubs.

We'll be selling drawing tickets for prizes for both members and guests, and president Gretchen Saker is asking all members to contribute something to the prize pool — "something you'd like to get for yourself." Darlene Clark and Brenda Smith have volunteered to

accept and wrap the prizes for the winners of the drawing, and will be accepting them at their homes. The tournament will be the main topic of discussion at our Feb. 6 meeting after the scramble ... it's the big event of the season!

We're still looking for someone to take pictures at special events (like the invitational) and put them in our memory book. C'mon, ladies ... how hard can this be?

Coming up in February: A new game — triple play, and putt-less golf

#### Low Net

Dec. 19

**Flight A:** 33—BJ Leckbee, Mary Hart; 35—Dawn Hagberg.

**Flight B:** 32—Ruth Koch, Lois Tatonetti; 33—Mil-lie Nucas, Joan Rappa.

**Flight C:** 35—Carol Bell, Shirley Stolly; 36—Jean Flynn.

**Flight D:** 34—Evelyn Stewart; 36—Marge Warren, Linda Heenan.

#### Low Gross

Jan. 9

**Chip-ins:** Helen DeGraw, Charlie Hassett

**Flight A:** 49—Marie Norwood; 50—Darlene Clark, Marlene Floeckher, Brenda Smith.

**Flight B:** 52—Carol White, Jan Moon; 53—Kathy Walters.

**Flight C:** 52—Judy Garrett; 56—Alice McDaniel; 57—Jean Flynn.

**Flight D:** 58—Helen DeGraw; 61—Evelyn Stewart; 62—Lucy Quaranta. ☺

**Men:** 36—John Ricciardone; 37—Bob Maxwell; 40—Dick Soens; 41—Sal Tarallo.

#### Dec. 24

No golf.

#### Dec. 31

**Ladies:** 41—Eleanor Krowka; 45—Florence Soens.

**Man:** 39—Dick Soens.

#### Jan. 7

**Ladies:** 45—Eleanor Krowka; 46—Florence Soens; tie at 47—Emmy Ricciardone and Chris Resta; 48—Maria France.

**Men:** 32—Ben Resta; 36—John Ricciardone; 40—Bob Maxwell; 41—Sal Tarallo 46—Oliver Aube; 50—Dick Soens.

#### Thursday Mini-Golf

#### Dec. 14

**Ladies:** 44—Florence Soens; tie at 45—Emmy Ricciardone and Eleanor Krowka.

**Men:** 39—Sal Tarallo; 45—Dick Soens; 50—John Ricciardone.

#### Dec. 21

**Ladies:** 47—Florence Soens; tie at 48—Emmy Ricciardone and Eleanor Krowka; 50—Rena Tarallo.

**Men:** 35—Dick Soens; 38—Sal Tarallo; 42—John Ricciardone.

**Ladies:** 43—Emmy Ricciardone; 47—Florence Soens; 48—Eleanor Krowka; 51—Marge Saxon.

**Men:** 35—Dick Soens; 39—John Ricciardone; 45—Glenn Saxon.

#### Jan. 4

**Ladies:** 45—Chris Resta; 46—Eleanor Krowka; 47—Florence Soens; 48—Emmy Ricciardone; 49—Rena Tarallo; 55—Marge Saxon; 57—Maria France.

**Men:** 39—Ben Resta; 40—Dick Soens; tie at 42—Bob Maxwell and Sal Tarallo; 43—John Ricciardone; 49—Glenn Saxon.

#### Jan. 11

**Ladies:** 46—Florence Soens; 49—Eleanor Krowka; 56—Emmy Ricciardone.

**Men:** 35—Bob Maxwell; 39—Dick Soens; 40—John Ricciardone; 45—Oliver Aube. ☺



### Mini Golf

Jack Coyle

#### Providence Putters

#### Dec. 19

**Lady:** 47—Emmy Ricciardone.

**Men:** 34—John Ricciardone; 37—Bob Maxwell; 42—Sal Tarallo.

#### Dec. 26

**Lady:** 47—Emmy Ricciardone.

**Man:** 52—Oliver Aube.

#### Jan. 2

**Ladies:** 50—Inge Vogt; 53—Emmy Ricciardone.

**Men:** 38—Bob Maxwell; 41—Kurt Vogt; 48—Oliver Aube.

#### Jan. 9

**Ladies:** 50—Emmy Ricciardone; 56—Inge Vogt.

**Men:** 34—Bob Maxwell; 37—Kurt Vogt; 44—Sal Tarallo; 58—Oliver Aube.

#### Sunday Mini-Golf

#### Dec. 17

**Ladies:** 44—Eleanor Krowka; 46—Florence Soens; 48—Emmy Ricciardone.

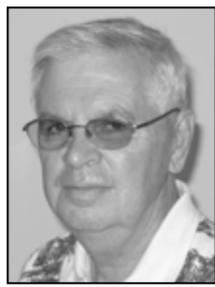
## Classic Car Show Set for Feb. 24

The Asphalt Angels Antique and Classic Car Show will be Saturday, Feb. 24, from 10 a.m. to 4 p.m. at Joy Lutheran Church, 7045 S.W. 83rd Place (on Highway 200).

Auto pre-registration is \$20 per car until Feb. 16 then \$25 per car the week or day of show. Register Monday through Friday from 8:30 a.m. to 4:30 p.m. at the church office. For information, contact Pastor Sean Forde at 854-4509, fax 854-4845 or e-mail sforde@earthlink.net.

Don Garlits Museum of Drag Racing and Museum of Classic Automobiles in Ocala is the event sponsor. Benefits will go to the Family and Youth Ministry of the church.

Spectators have free admission. ☺



### Shuffleboard

Claude Servais

At the last executive board meeting, a motion was made and approved directing all captains to use the "chips" to choose the players' positions on the courts.

It was also voted unanimously that players who show up late, that is after the positions on the courts have been allotted, will be denied the right to play. If there is a "walker" court, one individual may be allowed to join this court. However, this player may join only in the next game.

Members who are continuously late for games, and you know who you are, should pay special attention to this rule.

The article on Vito Chieco in last month's column contained two inaccuracies. One is the fact that Vito lived on Staten Island, and not

Long Island. The other is the omission that Vito and Jean had three sons along with their two daughters.

This month, we feature Walt and Pauline Eremich.

Those of us who attended the general membership meeting in January had the opportunity to hear Walt express his feelings regarding the Shuffleboard League.

After a few years of absence due to health problems, Walt is now back with us, and warned that he will be keeping an eye on us to ensure that this league continues to operate in an efficient manner, while respecting the history of this league.

He was quite emphatic that the history of the league be maintained and appreciated by the current membership.

Walt and Pauline came to On Top Of The World from the Boston area approximately 20 years ago and immediately became dedicated supporters of the Shuffleboard League, which was in its infancy. As the club was formed on May 19, 1986, it is fair to say that Walt and Pauline joined it in its early stages.

Walt was one of the individuals instrumental in developing the constitution and by-laws that govern our league to this day.

With typical modesty, Walt asked me not to elaborate on his contributions to the league, as he feels that since he was featured in an article in this newspaper in 1999, someone else should be recognized.

However, he agreed to let me ink this short report in recognition of his and Pauline's participation in the League. Both Walt and Pauline are charter members of the league.

During the January meeting, president Joe Veres again pointed out the rules of the game and the constitution of our league stressing the fact that both refer to the game being played for the enjoyment of its members.

The meeting was followed by a chicken dinner provided by Lee's Chicken.

The winners for the months of December were:

#### Men

Monday a.m.: Charlie Lentz

Monday p.m.: Irv Gackowski

Tuesday p.m.: Hank Kolb, Richard Miles, Al Sternberger, Vernon Uzzell and Joe Veres

Wednesday p.m.: Vito Chieco and Joe Specht

Thursday a.m.: Gregg Rasmussen and Paul Wharen

Friday a.m.: George St. Denis

#### Women

Monday a.m.: Rita Blumenthal

Monday p.m.: Helen Foskett

Tuesday p.m.: Sue Guiseppe

Wednesday p.m.: Agnes Hickman

Thursday a.m.: Violet Dubay and Carol Lopez

Friday a.m.: Mary Lu Chamberlain and Lela Manross ☺

### Friendship Social Club

Lolly Foes

2007 is here and we, the Friendship Social Club members, are looking forward to a year of continued fun and camaraderie. Stop in and be our guest on Sunday, Feb. 11, around 2 p.m. Enjoy some refreshments and listen to songs, along with special acts, that will be provided by our own Singin' Swingin' Seniors.

Roger Bourgault was our entertainment in January and he sang a variety of dancing music that was enjoyed by all. He was great.

The Friendship Social Club meets the second Sunday of every month (except Mother's Day). Our club runs 12 months. We do not take a summer break. If you would like additional information about our club, please call me at 861-2165 or e-mail me at lollyf@att.net.

We still need an article writer for our column. Call me if you are interested. Thanks. ☺

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**Bocce**  
**Bob Woods**

First of all, I would like to wish everyone, from myself and the board, a very happy, prosperous and healthy New Year and the start of a long bocce session. The winter session has started and when it ends Friday, Feb. 16, the spring session will begin the following Monday, Feb. 19. It will be 12 weeks of continuous bocce playing.

The winter session got off to a great start. The Monday morning league that plays at 9 a.m. was able to get one game in before the heavens let loose with that Florida liquid sunshine. Needless to say, the club has no equipment to float the bocce balls from one end of the courts to the other so the games had to be stopped. All leagues on Monday had to postpone their games because of flooded courts.

The Tuesday 9 a.m. league did manage to play but the courts were extremely wet and when rolling the bocce balls at a fast rate of speed it created a rooster tail as the water sprayed behind the balls. Also, the carpet nap stuck to the balls so at time the pallina looked like a small green ball instead of white. Each ball would have to be wiped off but by the end of the second game the courts had pretty well dried up.

By the time you read my article you will all have noticed that we have a new shed in place. I would like to take this opportunity to give thanks to Ernie Barba who with the board's approval went ahead and researched and procured the shed and made all the arrangements for delivery to the bocce courts. Not only that, Ernie went ahead and prefabbed shelving for the inside of the shed and went ahead and changed the locksets.

Speaking of locks, past president Bob O'Neal told the board that he would purchase a new lock for the shed and before our last meeting he wanted me to pass along to all board members that he has saved \$1.50 toward that new lock.

Ernie and I emptied the old shed of its contents just in time as the new shed was delivered earlier than scheduled. Bob O'Neal and Larry Wilver were on hand to assist Ernie in

the shelves construction and moving all the bocce equipment back inside to the new shed just as the rains came down. A little more work and everything in and around the shed will be completed. The old shed was donated to the RC Flyers Club.

I would like to let all bocce players know that a nominating committee has been formed to seek new officers for the club. Those officers elected are the president, two vice presidents, secretary and treasurer. If anyone who would like to volunteer for any of these positions or knows of anyone would like the jobs, please contact any of the past presidents who make up the committee with Bob O'Neal as chairperson. The results will be concluded during our annual banquet. Remember, we must have a full slate of officers for the club to function. No officers, no club.

I would like to bring up a point of contention concerning who is a team member and who is a substitute concerning the team roster. If your name appears on the team roster then you are considered a permanent member of that team. Let me explain a little further. If a team member is going to be absent for any period of time and when that member returns that member will be back on the team then his or her name will remain on the roster and not the substitute's, even if it is for a complete session. Remember, if a substitute is required it is up to that individual player needing the sub, maybe with the help of the team captain and the league rep.

For example, let's say a couple is going to be away for a long period of time and when they return they will commence playing on their original team. Their names remain on the roster as team members, not the substitutes. If the team captain and league rep places the names of the substitutes on the roster then those subs are considered permanent team members. Any questions please contact your league rep or give me a call.

I would really like to thank our vice president and his wife, Ralph and Kathy Sickler, for one fantastic job that many have no idea of the time it takes to make changes to the team roster. I asked Ralph if the roster was up to date and he stated that it was as of half an hour earlier. While at the board meeting there were two changes, all within one hour. Changes take place hourly for all types of reasons. Maintaining the roster is a thankless job and many think nothing of making unnecessary changes. I know better. I once had that responsibility of maintaining the roster and just to let you know I had 52 changes the day before the fall session started that year. I know what a pain it is. Thank you Kathy and Ralph for a job that is indescribable.

The club will also be looking for someone to take over Ralph's job of maintaining the roster and we are looking for a new statistician. Without both there will be no bocce organization.

If anyone has any questions concerning anything about bocce, please contact your league rep, either vice president or myself. If we don't know the answer we will get it for you.

Until we meet on the bocce courts lets keep those bocce balls rolling. ☺



Photo by Andy Zarrella

**From left, Glo Hutchings, Santa's good elf; Santa, Frank Palotta; and Terry Zarrella, Santa's 'ditzzy' elf.**



**New York/  
New Jersey**  
**Terry Zarrella**

Our Christmas party in December was the most successful, fun filled, happy, joyous and fulfilling party the New York/New Jersey Club has had in ages. We had the largest number of members attending, a total of 104.

We received many compliments for the hard work that went into achieving the outcome of the party. The food was excellent and we had two big winners with the 50/50 raffle of \$25 each. Glo Hutchings, our vice president, was one of Santa's helpers hosting the event. Santa (Frank Palotta, second vice president) always brings cheer to our holiday party and this year his "Ditzzy" elf Terry (president) accompanied Frank and helped distribute the many gifts. Santa had many of the members sit on his lap and I think Santa truly enjoyed it very much.

At January's meeting the "Reader's Theatre" entertained the members and I will elaborate in next month's column.

This month I want to remind everyone that

Bunny Barba will be hosting a quiz show at the February meeting. There will be two teams comprised of the New York team vs. the New Jersey team. If you are interested in being a contestant please see Bunny to get on her list. There will be prizes after the game.

Regarding our Tampa Bay Downs trip on Tuesday, Feb. 6, please take note that two buses will be leaving from the parking lot. You need to be there by 8:30 a.m. and I'm going to give you NEW directions on how to get there. Take 99th Street to 81 Street Loop. Make a right hand turn. (There will be a mini storage area there). Turn right and make an immediate left. You will be in the parking lot. Please be on time. This is one of our favorite outings and everyone has a wonderful time. Fanny Balzacchini does a wonderful job getting this trip ready. If you are unable to make it, call her early so that people on the waiting list will be able to attend.

To all the new residents who have recently moved to On Top of the World who resided in New York or New Jersey and would like to join our club please note that we meet every third Tuesday of the month in the Health & Recreation Ballroom at 2:30 p.m. The meeting starts at 3 p.m.; however, if you come early, you can have a cup of coffee, tea and dessert and meet your fellow members. Many have belonged to our club for a while and lately many new residents have joined and love the camaraderie and fun we have. You will meet new faces, make new friendships and at the same time have a great day out.

We have many new avenues of entertainment scheduled for the remainder of our season and we hope you will join us. If you have any questions, do not hesitate to contact me. I'm in the On Top of the World phone book. Several new residents have called me, joined the club and I look forward to meeting the more recent people who have called to ask about our club. Until then ... stay healthy, safe and happy. ☺

**Deadlines:**

Classified ads: 13th of the month  
Articles: 14th of the month

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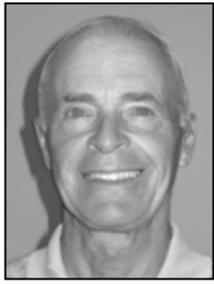
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**Pickleball**  
Luke Mullen

Well, the Pickleball Group survived the holidays. As could be expected, many players either went to visit relatives or had many guests and grandchildren visiting for the holidays. Those that did not have a lot of visitors played with a smaller number of participants than normally show up to play but certainly had a great time. We also had a few questionable weather days, as could be expected.

One nice thing about the "new time" is the ability to play for as long as one desires without concern for impending darkness.

For some unexplainable reason this month we had many times that we had odd numbers of players. Instead of the nice even fours, sixes, eights and 10s, we had the fives, sevens and nines, which made alternating players a little challenging. One of the benefits with odd numbers was that we were able to play more threesomes games. This is fun because of the need for shot placement — the two players playing the single player must hit their return shot into the courtside that the single player serves from. This makes all players more aware of how to try and place the return as opposed to just hitting back to the other courtside. It is always a test of skill versus desire.

This month we decided to recognize two new players who have improved their pickleball level of play over the last few months. They are Loretta LaPlante and Carole Lopez. They recently started playing pickleball this fall and have participated in many of our scheduled play days. As a result of a lot of

hard work and dedicated practice, both have improved their level of play and are enjoying the game more because of their improved skills.

As we did before, and because of new member interest, we will be having a new beginner's play day starting Wednesday, Feb. 7. This activity is geared to new players, or returning players to play pickleball in a relaxed environment. This is so they can master the fundamentals of the game with players of similar skills. There will be one of our veteran players available at each of these beginner's sessions to help in their play. This help includes serving, scoring, proper positioning and player rotation among some of the items addressed.

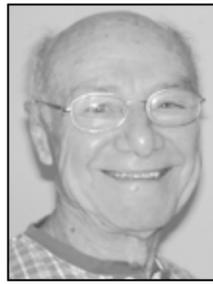
We plan on running these beginner's play days every Wednesday of the month of February, so if you miss a week, you can come the following week. This type of playing is intended to provide knowledge and increase awareness of how to play a better pickleball game. Players can then decide if they want to continue amongst themselves or move on to a more competitive level of play.

As has been mentioned previously, we have extra paddles and balls for use by all new potential players at no cost. This is so that interested participants can enjoy the fun of playing pickleball to see if it is something they would like to pursue without the need for any investment in equipment on their part.

Our normally scheduled hours for pickleball are at 2 p.m. at the Health & Recreation Pickleball Courts 3 and 4. This is on Sundays, Wednesdays and Thursdays as was described in the January-July Fitness and Recreation Programs publication. Also in the same publication is a description of free Beginners Pickleball Lessons offered by our resident pickleball expert Bill Daugherty.

Additionally, we have some pickleball group members who cannot attend our scheduled court times and have chosen to play on the pickleball courts according to their own time schedules. Some play in the mornings or on weekends only.

If you have any questions about pickleball or want to know how to get started into this fun activity, you can come down to the Health & Recreation Building Pickleball Courts 3 and 4 anytime we are scheduled to play at 2 p.m. on Sundays, Wednesdays or Thursdays. If you have any questions about pickleball you can call Luke at 291-8625. ☺



**Billiards**  
George Tookmanian

Here we are in 2007, and I can hardly believe 10 years have passed by and I'm still trying to learn how to put a "draw" on the cue ball. A myriad of good people have instructed me "how to," but I have not mastered the art or finesse or whatever is needed.

Someday, after more practice, I hope I will master this most beautiful of all the strokes that we have in the game of pool. Till then I can assure you I will practice this stroke until it is part of my repertoire when I need it. OK, that is off my chest. Now we will bring you up to date on On Top of the World Billiard Club news.

The catered dinner we had on Dec.18 was a huge success. Bruce did a great job with the carved roast beef and roast turkey with all the accompanying items. You had choices of pumpkin and apple pie with a beverage. All was very good and I heard many favorable comments about our affair. Our thanks to

Esther Lang for contacting Bruce and setting up the event. Polly Farineau and Penny Wilson did a fabulous job setting up the tables, decorating centerpieces, and giving a nice Christmas appearance to the room. Evelyn Wharen entertained us with her lip-syncing, and she was excellent. Paul Wharen was the disc jockey. Forty people attended the affair, and I am sorry if you missed it. Maybe next December, we'll do it again!

The tournament season is starting up after the holiday break. Our teams are not enjoying much success as the "A" team has lost a few close matches by the score of 19-17. Some bad luck has hindered them, I'm sure. The "B" team has not done well at all. No wins and one tie. So, they are looking to improve their standing. My observation is, there are many new players in the league, and they are quite skilled.

We will have our meetings the first Monday of the month, beginning in February, at 4 p.m. in the same place as before, the Craft Room. So, if you can make it, please come. By the way, the club has 87 members as of Jan. 9. Have you paid your dues for 2007? Hmmm!

If one is interested in the goings on in professional pool, I can report to you, from Richard Impresa, about the America team retaining the Mosconi Cup. The American team faced a formidable European team, and although the contest ended in a tie, the Americans kept the cup, as they "owned" it before. Incidentally, you may recall that I have written about Willie Mosconi in previous columns as being one of, if not the greatest, players who lived and played in the 20th century. No doubt that is why the "cup" is the "Mosconi Cup."

You know he was a child prodigy, and I can't help but wonder how long it took him to learn to "draw." I bet it didn't take 10 years! Gotta quit here as I must practice that pesky draw stroke. ☺



**Pickleball Tip**  
Bill Daugherty

This month I am going to talk about aerobic endurance. Have you ever found yourself playing a hard game and you are running from one court to the other and your tongue is hanging out down to your chest and all you want is for the game to be over so you can rest? Well, my friends, that is a lack of aerobic endurance and it can kill your game as fast as a pulled muscle.

Endurance is what will keep you going through the entire match, no matter how your opponent keeps you running. Sometimes you

may have to play many points before a winner is determined. If you are in good shape and you have endurance, you'll be able to keep going, returning difficult shots, and won't be worn out before the match is over.

The best way to increase your endurance is to engage in a rhythmic aerobic activity, such as walking, running, cycling or swimming — anything to get the heart muscle to beat faster for a period of at least 20 to 30 minutes. To gauge whether you are doing the right amount of aerobic exercise, talk out loud while working out. You should be able to carry on a breathy conversation. If you can speak more than about 10 words at a time without needing to breathe, increase your workout.

I personally use a pulse monitor that I purchased from Sports Authority. I just entered my date of birth and the little chip inside did the rest. It tells me that my best workout is when my pulse is between 104 and 134 beats per minute (bpm). When I am below the target zone a tone is emitted from the wristwatch device and stops when I am in the correct training zone. For those times when I am above the zone, the watch tells me to slow down because my heart is working too hard. These types of devices are a good way to let you know when you are not training hard enough and when you are pushing it too hard and risk damage to the heart muscle.

As ever, if you have any questions or need help give me a call at 854-2751 for assistance. Play hard, have fun and make friends.

Mr. Bill ☺

### Fellowship Bible Study

Alice Geyer

Our travelers have returned from holiday visits. It is good to see many folks back with us, and some new ones, as we continue our study of heaven.

The study lasts one hour, from 10:30 until 11:30 Thursday mornings in the Craft Building, Meeting Room 3.

Suzanne Jeansonne, our study leader, comes well prepared.

Would you like to come to see how we work our way through our Bibles and reference ma-

terials as we continue to learn God's truth?

There is time for questions and discussion; it is not a lecture. The room is large and we always have room for more people.

If you have any questions please call Suzanne Jeansonne at 873-9361 or Alice Geyer at 237-3059. ☺

#### Stay Informed!

[www.ontopoftheworldinfo.com/stayinformed](http://www.ontopoftheworldinfo.com/stayinformed)



**Friendship Amateur Radio**  
Ed Brendle

At the Friendship Amateur Radio Club's January meeting, Ken Simpson, president, related the upcoming FCC licensee requirement changes, which will include the omission of a code (CW) level efficiency. He also announced the frequency band changes, which are associated with each license class. These changes went into effect Dec. 15.

A scheduled VE test session will be March 20 following the final class for general class licenses.

Romeo Elementary School, in conjunction with the Silver Springs Amateur Radio Club, attempted to contact the Space Station in January.

The plans for this year are again to have a Field Day, a membership drive and more in-depth program presentations.

The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes. The FARC's club call is N4FRC. The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, remains in the club's treasury awaiting disposition.

The next meeting will be Feb. 12 at 1:30 p.m. at the auxiliary Sheriffs Station on West State Road 200. All hams are invited and members are urged to attend and to bring a guest.

The FARC is open to all hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

During FARC's meetings at the West SR200 Sheriffs Auxiliary Station the second Monday of each month, members offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☺

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**Women of the World**  
Charlotte Hancock

All residents of On Top of the World Central, Candler Hills, Avalon, Windsor and Indigo East are eligible for membership in the Women of the World organization. We sincerely hope you will come visit and/or join us. You will enjoy our charity work and have fun with neighbors and friends.

Now that a new year has started, we turn our thoughts to losing those extra pounds gained from all the holiday dinners and parties. Kitty Surette from the Health & Fitness Center was our speaker for the January meet-

ing. Kitty asked everyone to close their eyes and slowly feel parts of their face, which was very relaxing and calming. By eating properly and exercising, we all could have a better quality of life because our health would be improved.

Kitty shared with us some of the qualifications for being a good fitness instructor, such as communication skills, motivational techniques, rhythm and initiative. The instructor must attend training glasses and be certified in CPR and AED.

Our charity for January was Sheltering Arms. The donation of towels, diapers and other children's items was enormous. The charity was very appreciative of the help and support of our organization.

We sincerely want to thank all the ladies who furnished refreshments for the January meeting. They were delicious and so beautifully presented for all to enjoy.

The next meeting of Women of the World will be Feb. 2 at 1 p.m. in Suites F, G and H of the Arbor Conference Center. Our speaker will be Dr. Judy Wilson of the Ocala Domestic Violence Center. The center can use wash cloths/towels, sheets for twin beds, used suitcases and diapers for the children.

At the February meeting, our annual fashion show will be discussed and tickets will be on sale for members from 11:45 a.m. to 1 p.m. Then the meeting will start and tickets will be on sale again for 30 minutes after the meeting. The price of the ticket is \$15 per person. Beall's will provide the fashions. ☺



Betty Lyons, left, accepts gifts and food donated by the New England Club for a family selected by the Salvation Army at Christmas. Also shown are Irene D'Aguanno, Edyce Trembell and Doris Knight.

**New England Club**

The New England Club met in December and welcomed 10 new members. Irene D'Aguanno, the vice president, gave an excellent report

on the family the club adopted for Christmas. A single mother with three teen-age children had a pleasant Christmas due to the generosity of all club members.

Once all business was dispensed with, we were then treated to the Golden Troupers entertainment. We all enjoyed cookies, eggnog and coffee.

Our next meeting will be Feb. 9 in Suites E, F and G of the Arbor Conference Center. ☺

**USPO Advisory Council**  
Ray Utiss

I have received two phone calls about mail problems. They are of a similar nature.

Some new residents are experiencing sporadic mail delivery. Some of their mail is being returned to sender with a notation of no such address. This can cause a serious problem if the mail is very important to you. Just imagine not getting a bill or a check you are expecting.

If this happens to you, here is what to do. Document the problem and send the information to me. Be sure to put your name and address and phone number in your letter. I will deliver it to the manager of Paddock Branch, so the problem can be corrected.

You will want to be proactive in this situation, to make sure all your mail is delivered to you.

If you want to report quality mail service, please forward that to me, and I will give it to the Paddock Branch Manager. Sometimes we forget to give credit where credit is due and focus on the negative. The Paddock Branch has dedicated an employee to all mail problems. With their help and our help, we can get problems corrected. In order to have them corrected, they must be reported.

If you have any mail question, you can call 861-8188. This is the phone number of the Paddock Branch Post Office. There is a person designated to take your inquiries.

You can reach me at: Ray Utiss 9274-C S.W. 97th Lane, Ocala, Fla. 34481. ☺



**Democratic Club**  
Lee Wittmer

The general meeting of the Democratic Club on Tuesday, Feb. 20, will be held in Suites E and F of the Arbor Conference Center and will commence at 7 p.m. with refreshments at 6:30. Our speaker will be Marion County Sheriff Ed Dean.

Remember! It's time for all members to renew their dues of \$5 for the year 2007.

There has been a wonderful response to the call for new directors to serve the club for one year. We heartily thank all those who have accepted the nomination for this position.

We hope you will agree that there is a need for vigilance on the part of all Americans as to the matters proposed by those who represent us in the government. It certainly is not the time to be complacent. Everyone is welcome, come and join us.

Proud to be a Democrat. ☺



**Northern Lights Club**  
Patty Bourgault

The Northern Lights Club ended their year with a "Ho Ho Ho" night. Santa was too busy, but he sent his little "Elf" Gigi to host the annual Christmas party. The night began with a golf cart Christmas caroling parade with eight golf carts and 10 carolers wrapped in blankets and afghans. You would have thought that they were in Vermont. It was then on to the Arbor Conference Center for a buffet of delicious food provided by the members and followed by a short meeting and then the exchange of "I Want Your Gift." The sought-out gift for the evening was lottery tickets. It turned out that one of them was worth \$100.

It was then on to the New Year's Eve party where the Northern Lights were bright, the cruise control was on and it was a sail of a night. A lot of time and effort was put into decorating for the Bon Voyage theme. Captain Ruth Kuntar and her mates, Shirley Handel, Marjorie Bruno and Gigi Petta were respon-

sible for the great ambiance for the evening.

It was then on to the stateroom for a cash bar and a hot hors d'oeuvres buffet catered by Friendship Catering. Rear Admiral Giulio Petta and Skipper Gigi Petta and Mate Dee Runge were responsible for arranging for delicious food. Coffee, dessert and a New Year's toast were also provided by Northern Lights. Everyone danced the night away to the music of DJ Uncle Ray.

Many door prizes were drawn throughout the evening. We would like to thank Park Avenue Bank, World Savings Bank and the Mason Jar for their generous donations. A big thank you to our members, Barbara McArdle, Dee Runge, Gigi Petta, Giulio Petta, Patty Bourgault and Ruth and Les Kuntar for their donations and a big thanks to Shirley Handel for donating the grand prize, a one-night stay at any U.S. Courtyard by Marriott.

It is impossible to name everyone but a sincere thank you to everyone for the personal time that you have given the Northern Lights Club this past year especially for the New Year's Eve party.

On Jan. 13, we held our monthly meeting and activities night with 60 members present. The theme for the evening was "trivia" with soup and sandwiches hosted by Gigi Petta and Jeanne Wells. This night really tested our minds. It was voted on to limit the membership to 100. We are almost there, so if you are interested, you better get a move on!

The February meeting is scheduled for Feb. 10. The theme is "horse racing" and chocolate fondue hosted by John and Susan Zanazzi and friends.

The March meeting is scheduled for March 10. The theme is "Name That Tune" and corned beef and cabbage. It will be hosted by Patty Bourgault and Jean Muncy.

Stay tuned to hear from the roving reporter Joe McArdle on upcoming events. Until next time when the Northern Lights shine. ☺

**Movie Club Shows 'Big Momma's House 2'**

By MARY EHLE

The February movie will be held on Sunday, Feb. 11, at 6 p.m. It is held in the Health & Recreation Ballroom.

The movie will be "Big Momma's House 2," starring Martin Lawrence as an FBI agent who has to cross the gender line again in the line of national security. The FBI is looking for a way to get inside a computer whiz's home to find out what he is doing with a dangerous piece of underground software that would allow terrorists and criminals to access secured intelligence files online. He comes and applies for a job as nanny by impersonating a feisty septuagenarian best known as "Big Momma." It is very good and reminded me a lot of "Mrs.

Doubtfire." I am sure you will enjoy the show.

For those who wish to participate, we will also be having a potluck. I promise that this time we will be having meatballs and sausage supplied by the club. You are asked to bring a dish to pass to serve six to eight people. You also need to bring your drink and your table setting. The potluck will be served at 5:15 p.m. so please plan to arrive before that with your food so the committee can get it all set up.

Remember the movie club is open to all residents and their household guests. You may pay \$2 per person at the door or join the club for \$6 for the year. This is a super bargain even if you miss a couple of movies. It is the best deal around. Hope to see you there. ☺

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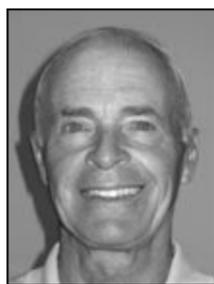
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Hosts Sylvia Andrews and Oliver Aube show guests their 'gift' from the grab bag swap. Dean Bard, left, was the Swap Master of Ceremonies.



**Favorite Recipes  
Dinner Club**  
Luke Mullen

Wow! The month of December we set an all time record for our club. Thanks to the initiative and generosity of club members Sylvia Andrews and Oliver Aube, 38 members enjoyed an evening of fine food and exciting fun.

Sylvia and Oliver had extended an invitation to all club members to come together on Dec. 16 for a festive evening. Normally our dinners are scheduled for the next to last Saturday of the month, but because that would fall on Dec. 23 and the closeness of the Christmas holiday, the club decided to have our Christmas party early this year. This was similar to the holiday hosting that Sylvia and Oliver did last year.

This year, as well as last year, the menu for the party was hors d'oeuvres and desserts. Some participants were concerned about whether there would be enough food to fulfill a meal.

This question was immediately answered after viewing and tasting the many different items brought by the club members. Sylvia and Oliver had previously coordinated and arranged in advance for each couple to bring a different type of hors d'oeuvre as well as establish how many couples would bring desserts sufficient to feed the group. This orchestration worked out so that the party ended up with an optimized selection of appetizers and desserts. These items proved to be more than adequate for filling the need of a full sit down meal.

After the "dinner dining" was completed, all guests participated in a grab bag/gift swap. Each couple had been asked to bring a wrapped \$10 hospitality gift to the party. This activity brought a lot of fun to participants and ended when all had swapped and exchanged gifts for, to and amongst themselves. This swap is sometimes best known as a Yankee swap.

Everyone had a totally enjoyable dining experience and enjoyed the fun activity.

The Favorite Recipes Dinner club at this point in time has filled up its membership and is not accepting any new members. This is necessary in order to ensure that the club continues to do the fun dining and entertaining experience expected with all its members. If anyone is interested in having their name put on a waiting list, please call Luke at 291-8625 for more information. ☺

## Entertainment Group Presents Musical Brothers, The Marlins

Saturday, Feb. 24, is the date of the most different type of entertainment the Group has booked.

The Marlins, a family of professional musicians from Indiana, are winding down their annual tour of entertainment venues. They call their "music for all occasions" from the Beach Boys, the Beatles, Willie Nelson, Glen Miller, Neil Diamond, Elvis, Sinatra and more ... country, rock, pop, big band and bluegrass.

The Marlins are four brothers who offer a true variety show. They specialize in playing something for everyone's taste. Each brother is a well-trained musician and not only on one instrument. They play piano, drums, trumpet,

guitar, bass, mandolin, synthesizer, flute and, in short, every instrument to perform the diverse styles of music they know and love so much. Strong solo voices meld into tight harmonies as the type of music changes. Being brothers is just one more reason that makes them unique in the entertainment world.

Tickets are available from 8:30 to 10:30 a.m. Mondays, Wednesdays and Fridays thereafter until they sell out.

Thanks to Frank Deluca of Deluca Toyota, tickets are \$6 general admission and \$8 reserved seats with four tickets per purchase, and as usual, for residents and their houseguests. ☺



**Bandstand  
Showcase**  
Dean Gilchrist

### Swingin' Dixieland Arrives at On Top of the World

How can you top the Bill Allred Classic Jazz Band that appeared here on Jan. 20? Truth is, to find better musicians would be nigh to impossible, but if you prefer or also enjoy a swinging open-ended Dixieland style that's apt to surprise you, get ready because it's coming on March 4 at 2:30 p.m.

Tickets to hear JB Scott and The Swingin' All Stars will be on sale in the Ballroom beginning Monday, Feb. 5 and continue on Mondays, Wednesdays and Fridays from 8:30 to 10 a.m. Prices continue at the same bargain rates: \$5 for general admission and \$7 for reserved seating. Also as before, your ticket stub will be worth \$1 off lunch or dinner at the Candler Hills Restaurant or \$1 off a basket of balls at the Candler Pro Shop, and there will be drawings for free tickets at the Friendship Barbershop. Mike Scott Plumbing sponsors this concert and we thank them for their support. Our sponsors make a big difference in the kinds of entertainment and prices we are able to offer you.

JB Scott's Swingin' All Stars, formerly the Swamp Dogs Dixieland Jazz Band, has a new name because it better reflects what they actually do on stage. JB led the Dukes of Dixie-



**Vocalist Lisa Kelly and band leader JB Scott will perform on March 4 at the Health & Recreation Ballroom.**

land for three years before he settled down to teaching jazz (including the modern stuff) at the University of North Florida. His partner and wife, Lisa Kelly Scott, a five-time Downbeat Magazine Award Winner, teaches music theory and voice. She was a featured vocalist with the Larry Elgart Orchestra and the St. John's River city (Dixieland) Band. They are both very active in music education and are frequent guest artists/clinicians at music festivals here and in Europe. In addition to all that varied experience, Dave Steinmeyer, trombone virtuoso and retired musical director and conductor of The Airmen of Note in Washington, D.C., has returned to his home town of Jacksonville and is now a member of the band. He has incredible range and skill on trombone and extensive experience with all types of music. There are four other highly qualified players in the band, each with a wide variety of experience. We hired them to play Dixieland, and they will follow that format, but considering their backgrounds and the fact that you can't really separate the individual musician from his collective environment, I am sure we will be treated to many interesting surprises.

So don't forget to buy your tickets in February and to attend this event on Sunday, March 4, at 2:30 p.m.

Dean Gilchrist is chairman of Bandstand Showcase and can be reached by telephone at 854-1440 or by e-mail at deanotow1@earthlink.net.



**Clue**  
You'll see this fellow all over, from the Arbor Club to The Ranch. See Page 33 for answer.



**German  
American Club**  
Ruth Felschow

Our January gathering was well attended. At the meeting it was decided to invite Ruth Goldstine to discuss Hospice care. It will be an introduction to different services available in our area. Persons who might be interested are welcome to attend our next meeting, on Tuesday, Feb. 13, at 6:30 p.m. in Suites D and E at the Arbor Conference Center.

A couple of new members and a few guests joined us and all had a good time at the pizza party and bingo game. We hope to see you next month for the Valentine dessert party.

We are open to all interested residents of On Top of the World. For further information, please call Ernie Liebow at 854-5679. ☺

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**Ballet Club**  
Eugenie Martin

In a recent *New York Times*, I was drawn to an article entitled "He Parked His Barre in Harvard Yard." The title was a play on the old saw, "He parked his car in Harvard Yard," illustrating the lack of an articulated "r" in the Boston accent, which I once possessed.

The article was written about Damian Woetzel, principal dancer at New York City Ballet presently studying at the John F. Kennedy School of Government at Harvard. In his early 40s, Woetzel is considered the most likely candidate to be new director of City Ballet if and when the current director Peter Martins retires. Whether or not this post does become a reality for Woetzel, the dancer wants to expand his horizons through further education.

I also expanded my horizons when I was in my (late) 40s. I did it by beginning the study of ballet. At first, I thought I was too old for ballet, that it was a dance form only for the young. How wrong I was! I soon discovered that ballet is a form of dance and exercise for almost all ages. When the community theater in my New York City neighborhood wanted me for both dance and singing ensembles in musicals because I was a "ballerina," I was thrilled. For 15 years, I performed in various musical and dance shows, and had a great time.

However, I didn't study ballet with any intentions of performing. I got hooked on ballet after a few classes and just kept doing it. It's great exercise to pretty music and it's fun to be with classmates. I guess we all feel that way.

Anyone can start ballet later in life, as I did. Or they can resuscitate an interest from earlier years. We do class every Tuesday from 1 to 2 p.m. in the Arbor Club studio, and anyone is welcome to join us. There are no charges. For information, call me at 854-8589.

**View from the Library**  
Peggy Greer

We have all heard the saying, "A picture is worth a thousand words." Well, how about a picture that is worth a whole book and a movie directed by Clint Eastwood? The picture to which I am referring is that famous image of the six U.S. soldiers erecting a flag atop the highest point on Iwo Jima.

I have been an avid reader of fiction mysteries for years and my husband reads non-fiction history books. Recently I had completed reading a book to discover I had nothing left in the house to read. Bob, my husband handed me a book and said, "just try it." That book was "Flags of Our Fathers" by James Bradley. I was skeptical; after all, it was non-fiction and it was about World War II. We all know how World War II ended; we know who the bad guys were and who won. What a fool I was. I truly couldn't put it down and when the movie came out I was right there to see it the first week it was shown.

The book was well researched, beautifully written and such a tremendous tribute to the soldiers who fought on Iwo Jima. The book is written by James Bradley, the son of one of those soldiers in the famous picture. As Bradley was growing up, his father never wanted to talk about the picture or what he did during the war. He was a humble man and didn't consider himself a hero, just a soldier who was lucky enough to come home alive. It wasn't until after his father's death that James Bradley started researching the story behind

the picture and researching the lives of each of the soldiers in the picture. This wonderful book is a biography of each of those six soldiers.

Although the movie was excellent and held true to the book, it was actually only a sliver of the book. It would have required a mini-series to do the book justice.

After reading "Flags of Our Fathers," I absolutely had to read "Fly Boys," also written by James Bradley. This book was also about World War II in the Pacific theater. Prior to reading "Fly Boys," I'll have to admit I was pretty ignorant about the Japanese involvement in the war. I understood why we fought Hitler but never understood why the Japanese bombed Pearl Harbor. James Bradley gave such a detailed history of Japan and explained what led up to their attack on us. I also learned what kind of enemy Japan was.

If high school history books were written like these two books, more students would be interested in history.

I'd like to add that there is a new movie out and it's named "Fly Boys." That movie is not from Bradley's book. It is a totally different story, just going by the same name.

Some of our newer residents here at On Top of the World may not be familiar with our library. I'd like to invite all of you to stop by and see what a wonderful selection we have to offer. The library is located just off the ballroom in the Health & Recreation building. There is a wide variety to pick from as well as magazines. You don't need a library card to check out a book, just find something you would like to read, take it home and enjoy. It operates on "the honor system" that you will return the book you've borrowed. We also accept donated books, if you have any books you would like to share.



**Sunshine Singers**  
Vivian Brown

The Sunshine Singers invite members to its annual "thank you" party hosted by Dick and Mary Ann Rohde at Logan's Roadhouse restaurant in Ocala, across the street from Walmart, on Monday, Feb. 5, at 5 p.m.

All members are welcome and may bring their spouse or guest. There is no charge for members but spouses and guests are on their own. We hope you will join us for an evening of fun and fellowship.

Please sign up as soon as possible if you plan to attend.

In January, we sang at Quiet Oaks and Hampton Manor West.

We will entertain on Friday, Feb. 9, at 3:15 p.m. at TimberRidge. On Feb. 10 at 7 p.m., we will entertain the R/C Ladybirds in the Arbor Club.

Please remember we practice the first and third Monday of the month in the Ballroom at 7 p.m. It is important that we all attend even though we know the songs, as there are changes made from time to time. I enjoy being part of this group very much as they are friendly, kind, thoughtful and it is fun, so you look forward to singing with them. Our directors, Dick and Mary Ann, work very hard and we appreciate the time and effort they put into making our group something we can all be proud of.

If you would like our group to perform for your club or group, please contact our director Dick Rohde at 861-1104.



**Theatre Group**  
Marcia Miller

"Another opening, another show." Yes, the On Top of the World Theatre Group will be presenting "The 200 All Star Revue" this April. The show is produced and directed by Elliott Harbour. He may be better known to audiences as "Bubba, good ole boy from Ocklawaha."

Elliott's theater experiences go back to his days in Baltimore when he and Ann Harris, one of our group's founding members, worked together. Elliott has appeared in several plays here as well as being involved with Ocala Civic Theatre and Golden Trouper.

The show promises to be an enjoyable evening of music and comedy so mark your calendars for April 12 and 13. No that's not a mistake, the show will be on a Thursday and Friday night.

At the January meeting Bill Shampine presented a possibilities study that he, along with Dick Phillips and Jim Miller, put together. This study is like an outline toward setting and reaching goals for the future.

The On Top of the World Theatre Group is open to any and all residents who wish to be involved in some way with "theater." There are plenty of opportunities to get involved, not only on the stage, but behind the scenes as well.

The group meets the second Monday of each month at 2:30 p.m. in Suite D of the Arbor Conference Center.



**Opera**  
Tony Donato

On Jan. 5, our Opera Appreciation Class IX viewed Bellini's "Norma." Thirteen of our 17 members attended. The group enjoyed its first Bellini work because of the beauty of the music and the vocalists' performances despite technical problems encountered with our first DVD venture. Hopefully, we shall correct this when we present a DVD at our April session.

Our February presentation will be Giuseppe Verdi's "Don Carlo." The master wrote 28 works and this was the 25th (1867). In 1871 he wrote "Aida," his most popular work and retired. The retirement lasted 16 years and he was lured back by his publisher Ricordi to set Shakespeare's "Othello" (1887) and "Falstaff" (1893) with Arrigo Boito's libretti. The old man had saved his best for the last. Verdi died in Milan in 1901 at the age of 87.

"Don Carlo" is not performed as frequently as other Verdi staples because critics and musicians appreciate it more than the public. The chief reason is that there are five acts and the opera runs nearly four hours. My 1983 Met video broadcast is three and a half hours long; but I expect to present highlights of it in two and a half hours. Our cast is an excellent one: Plácido Domingo, Mirella Freni, Grace Bumbry, Louis Quillico and Nicolai Ghiaurov. Some of the conflicts of the main characters are: Catholic vs. Protestants, father vs. son, independent thinker vs. established authority and the throne vs. the church. There is much to like in arias, duets (many confrontational); they are done musically and powerfully dramatic by the fine cast.

Our class meets in the Arbor Conference Center in Suite C on Thursday, Feb. 1, from 1 to 3:30 p.m.

For further information call 861-4211.

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**The On Top of the World Residents Stage 2007 Variety Show**

BY SHIRLEY SCHOPF

On March 10, the Health & Recreation Ballroom will again be the scene of the On Top of the World Variety Show.

These entertainers are all your friends and neighbors. Come out and enjoy their efforts. As always this show is performed for various charities.

Tickets will go on sale Monday, Feb. 13, from 8:30 to 10 a.m. in the Ballroom. Sales will continue every Monday, Wednesday and Friday until show day.

Show time is 7 p.m. on March 10. Don't be left out. Come out and see all the action. There will be dancers, singing, comedy and much more. See you there. General tickets are \$5 and reserved are \$7.

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Photos by Bob Woods

**Far left and above: Residents play bingo at the Health & Recreation Ballroom in January. Middle: Mae Adams. Left: Mort Meretsky calls the bingo game.**

# Bingo Fever

By Bob Woods

Almost everyone has heard about Saturday night fever, or perhaps the term, "dance fever."

Well, here at On Top of the World we have a Wednesday night fever and it is called B... I... N... G... O. Hundreds of our local residents flock to the Ballroom of the Health & Recreation building to participate in this once-a-week frenzy.

These folks come ready for action, some bringing with them special stands to hold the magical bingo cards while others bring soft drinks and nibbles. Some folks get there so early to ensure they get the seat they have been sitting in each and every week that they play card games to pass the time away.

I stopped into this bingo parlor almost two years ago and I see people sitting in the same chairs at the same table just as if time has stood still.

Don't get me wrong! I understand there is a huge following for those participating in the On Top of the World bingo

games but there is also space available for those who have never played and want to. I bet those who are newcomers will get hooked on the game and become Wednesday night fever participants.

Talking to Lolly Foos, the Bingo Club's secretary/treasurer, she informed me that there are 48 volunteers who participate in the Wednesday night bingo. "Running the game takes about 20 of those volunteers including the bingo caller," she said.

Lolly informed me that bingo is opened to all residents of On Top of the World as long as they can produce an On Top of the World ID card. She added that residents of Indigo East may participate as long as they have in their possession a Gateway Pass. The main reason for the passes, from what I understand, is that there are so many folks in our community who would like to be involved in the Wednesday night fever.

The night I ventured into the bingo hall Mort Meretsky was doing the calling. He told me that every night he does the call-

ing he wears his tropical, colored shirt so everyone can see at a glance who is doing that night's calling. Mort is the Bingo Club president.

Each night there are a total of 20 games, 18 of which are fixed paying between \$40 and \$50 each. There is a half-time blackout, minus one number, usually for \$75, and the last game of the evening is a complete blackout starting at \$100 with a total set of numbers called. That progresses each week if there are no winners.

Generally each player to this Wednesday night fever "purchases between four and six cards, some less and a few a little more," Lolly stated. "Each card costs \$1."

Interested in participating in the Wednesday night bingo fever? Then make your way early to Ballroom of the H&R building, making sure you have your On Top of the World ID card in hand. Bring your own refreshments, excluding any alcoholic beverages, and have a fun evening with your neighbors.

Get the Wednesday night bingo fever. ☺



## 100 Grandparents Barbara Greenwood

On Jan. 11, the 100 Grandparents visited Romeo Elementary School. What a delightful visit it was. Of course the best part is our time with the children. Reading and having the opportunity to communicate with them is very

rewarding and a lot of fun. They do bring sunshine into our lives.

The warm reception we always receive from Mrs. Hultman, principal, Mrs. Coy, assistant principal, Mrs. Thomas, dean, and Mrs. Lakin, a special area teacher, begins our visit in the nicest way.

Upon our return to the Media Center, after reading to the children, we were given some very exciting information about an event that took place on Jan. 17. Mrs. Lakin has been working on this program for three years, and now her efforts are coming to fruition. Eleven fourth and fifth grade Romeo students were contacted via amateur radio by astronauts Sunita Williams (United States), Michael Lopez-Alegre (United States) and Mikhail Tyurin (Russia) who are on the International Space Station. The children asked questions that were primarily answered by Sunita Williams.

All of the students in Romeo have been very much involved and interested in learning all they can about the NASA Space program. The entire school population sang an original song written by Mrs. Lakin's sister, Marjorie Budd, titled "Hello from Romeo, Can You Hear Us Out in Space." They all were able to watch from their classroom the communication be-

tween the astronauts and the 11 children. For the past two years, the students have been practicing talking on amateur radio to other countries. They have been reading Accelerated Reading books and taking tests on them as well as watching NASA streaming videos on the Internet as part of their training and education. The youngsters involved certainly had some wonderful memories of this shared event.

The 100 Grandparents are very much involved in the Food-4-Kids backpack program and will continue to be throughout the school year. Each month, we ask our volunteers to buy one or two extra food items when they do their food shopping to contribute to Food-4-Kids. Our volunteers have been very thoughtful and kind with their donations. This program is run by five churches in Dunnellon who deliver the backpacks to Romeo and Dunnellon Schools. These schools are a part of the Marion County School District, and there are many children in the system in need of this program.

Elliott and Marlyn Barbour, the key people from On Top of the World, keep a tote on their front porch at 8680-H S.W. 94th St. for residents who would like to contribute to this very worthwhile program. The Barbours de-

liver all of the donations to the site where the backpacks are made up.

Canned foods with pop-top lids, desserts or drinks in plastic containers, breakfast bars, small cereal boxes, peanut butter or cheese crackers are just a few suggestions of what is needed.

To all of the residents who have clipped Campbell soup kids with UPC attached, General Mills, and many other product labels that say "Box Tops For Education" or "Labels for Education" and placed them in the Red School House under the stairs of the Health & Recreation Center, thank you. The "grandparents" and Romeo Elementary School truly appreciate you for taking the time to do this. Each label you donated is redeemed for cash, and that cash goes to a fund held at Romeo to benefit the students for their individual special needs.

I want to thank all of our "grandparents" for your graciousness, your caring and your talents. It is you who have made our group so productive and worthwhile. You are the best.

Our next visit will be Feb. 8. If you would like to learn more about us as a group or our ongoing projects, please call Barbara, 861-2539. ☺



## Ocala Clown Express Julia Brandt

Who would believe that it's 2007 already? Remember when we were all worried about all the problems we would encounter with the change of the century? Now that's history. Well, time goes by and we're back in the swing of things.

The Ocala Clown Express is off and running to deliver safety lessons at the weekly programs at Munroe Regional Medical Center. These Marion County first graders make up the most delightful audiences.

The first graders are enthusiastic participants and they are simply awed by our magic tricks. They learn quickly about bike and scooter safety and really love screaming at the "stranger" in the Stranger Danger segment. They get really attached to Pricilla (a precious little girl puppet who gets her voice from Dotsy) and they love to take part in Pricilla's at-

tempt to tell knock-knock jokes. They giggle a lot when the little Sunny puppet (a little girl who gets her voice from Sparkles) threatens to tattle on her friend Cool (a little boy puppet who gets his voice from Crazy Daisy) when he gets caught with matches by Firefighter Joe (another puppet who gets his voice from Patch).

The clowns have been on a holiday break, but we still managed a couple of activities in December. One was our annual Christmas party. Everyone who could attend had great fun.

Also in December, the Ocala Clown Express supported the Ocala Hog Club on the day of their toy drive distribution. The clowns provided balloons, face painting and tattoos. Everyone had a great time. It was really a treat to see hundreds of bikers rolling in carrying toys for children. Many had their bikes decorated for the season and all eagerly participated in the wonderful day of giving. The club not only provided food and drinks for all their guests, but in addition provided the children with a stocking stuffing opportunity. As a final treat for the day, there was a visit from Santa Claus who provided the donated toys to the little guests. The children left with happily painted faces, tattooed arms, balloon animals and toys from Santa. (Naturally, parents were needed to help carry some of the goodies and little ones as well.) It was really a special day for all who participated.

That's about it, folks. Ocala Clown Express wishes everyone all the best for 2007. If you have decided to make a charitable contribution to our community and have a great time doing it by becoming a clown, please contact us by giving Dotsy a call. She lives with Carol White and can be reached at 873-9223. Since our last article we have recruited two more associate clowns! ☺



## D'Clowns Paula Magen

2006 has sped by. Now we need to face 2007. We may need to face challenges, so here are some words of advice for our friends at On Top of the World: share time with friends, face those challenges, make new friends, try new activities, don't forget to relax and enjoy life and remember to laugh! Bringing laughter and smiles to all ages is what D'Clowns are all about.

### Laughter and Medicine

A recent article in the Star-Banner was about hospital clowns who boost the spirits of very sick children. This program, run by the Big Apple Circus, is called Clown Care. It

is the first residential professional clowning program in hospitals for children who can't leave the hospital. Medical clowning started 20 years ago at New York Presbyterian Hospital. Clown "doctors" have since sprung up around the globe. The University of Haifa, Israel, started offering a bachelor's degree in medical clowning this year.

For some time now, D'Clowns have been doing a monthly show at Summerville's memory support unit. It is a joy to see the smiles as we enter their dayroom. More of the residents are participating in the singing, dancing and skits. Balloon tossing is a favorite starting activity and they love hearing jokes.

D'Clowns just returned from TimberRidge where we participate in the exercise program, making it fun for the residents. Today we were nine clowns and they were terrific! All the residents received Mardi Gras beads, which they love. Thanks to Jane Rickert for sharing her beads with us. Youngsters from the Children's Development Center were visiting and were treated to a magic show by the one and only Brian La Palme. You all know him from Publix. Clown Sunflower assisted Brian and there was laughter from the residents and children.

At our next meeting we will be planning to go to more assisted living residences so we can spread laughter. D'Clowns are a fun group. We invite you to our meetings on the first and third Mondays at 1:30 p.m., in Suites B and C of the Arbor Conference Center. Join us!

Questions? Call Paula at 873-3433. Happy Valentine's Day, y'all! ☺



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**R/C Flyers**  
Jim Lynam

Newly elected president Bob Emery began his duties with the January meeting. Bob's mission for the club is to promote procedures to enhance safety at the field.

The cell phone located at the flying field for 911 service has been tested and is operational. However, it does not provide the location of the field to the operator. Therefore the person initiating the call must advise 911 of the directions to the field. A page of directions will be posted by the phone.

President Emery is also formulating activities for the coming year to include seminars, which will be held after the regular meetings as well as hands-on activities at the field. Topics will include how to use the cell phone and emergency first-aid treatment. Norm Wiley was also appointed to become the chairman of the membership committee by the president. Norm will also supervise all the Internet communication within the club. Dick Rose will institute a new program that will standardize the training of new members through the development of a comprehensive training manual, both for the student and the instructor. This will ensure that every pilot will be able to safely start, fly, perform maneuvers and land the aircraft to the best of their ability.

Safety officer Bob Wroblewski emphasized the need for special care of the batteries used for electric flight as there have been several incidents while using and charging the batteries. Bob also recommends that all members

become aware of the location of the fire extinguisher and first aid kit at the field.

The field is in terrific shape and a special thanks is extended to the previous field marshal Jim Ellis for his constant work during the past year to maintain the runway. Jim was presented with a photo of a jet-powered lawnmower in recognition of his contributions to the club.

If you thought that the previous November fun fly was spectacular, wait until you see the "Big Birds" show that is being scheduled for March 31. The event is an IMAA official meet that requires the aircraft to be very large: minimum 80-inch wingspans for monoplanes and 60-inch for biplanes. Participants have been invited to attend from throughout the southeastern United States and of course Florida. So, mark your calendars on March 31 to come and see the "Big Boys" fly!

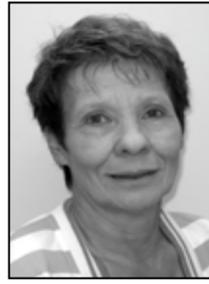
The On Top of the World R/C Flyers would like to welcome Robert Ingle as our newest Model Resident at On Top Of The World. The club wishes the best of lifestyle with Altitude to Robert. Bob Trebilcock presented the "prestigious traveling trophy" to Larry Riehl for the month of December. It seems that Larry tried to create a hole for the moles with his airplane.

All On Top of the World residents are always welcome to visit our new R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meetings will be held on the first Monday of each month at 9 a.m. in the Arbor Conference Center, Suites B and C.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!

The On Top of the World R/C Flyers wish everyone a happy Valentine's Day and Presidents' Day in February! ☺



**R/C LadyBirds**  
Ruth Kuntar

Hello and welcome to new members Diane Pope and Dotty Taylor!

Our "sixth sense" tells us spring is right around the corner. This is when we get the urge to rearrange the furniture or the entire house! To help us freshen our bungalows, Mary Jo Wiley has arranged for decorator Ruth Dyer to address our group during the Feb. 9 meeting at 9:30 a.m. in Suites B and C of the Arbor Conference Center. Ms. Dyer's Decorating 101 column can be read weekly in The Citizen. We gather at 9 a.m., preceding the meeting, to chat with one another while enjoying coffee, tea and treats.

On Saturday, Feb. 10, the LadyBirds Valentine's Day Celebration gets under way at 5 p.m. in Suites E, F, G and H of the Arbor Conference Center. Committee Chairperson Linda Ward is assisted in this effort by Aline LeBlanc, Alice Robbins and Tekla Krause. The Sunshine Singers will entertain us, and the appetizer and dessert menu insures a "sweet" event is in store for all LadyBirds and their spouses. Thanks are extended to Mary Jo, the meeting setup team, and to the valentine cupid for their planning synergies!

Did you ever wonder how critical events change the direction of lives? For Linda Hanson Ward, a retired Metro Dade policewoman and our LadyBirds spotlight, things began to change at the young age of eight when she lost first one parent, and by nine, both parents. Born in Worcester, Mass., Linda was raised by an aunt and uncle. She and her grandparents moved to Miami in 1957, and it is there that Linda raised two children from a first marriage, son Steven who lives in Michigan, and daughter Sharon who lives in Boynton Beach.

In 1977 Linda profoundly states, "I found my true love ... Jim Ward." This year they will be married 30 years.

Having experienced a myriad of change in her young life, Linda was up to the challenges posed by the Metro Dade Police Department, and in 1982 she began her public service career as a policewoman, hoping to make Miami a better place to live. And that she did, as evidenced by this little tidbit she has shared with us. A few days prior to Linda's dinner break at a Sonny's BBQ (with a fellow officer), some cows had found their way out of a field and on to a busy road. Linda and her partner rounded them up and returned them. After enjoying their meal at Sonny's, it was back to work to complete the five hours remaining on their shift. When Linda approached her police vehicle, she found a huge cow plaque (a part of the Sonny's signage) placed on the windshield of her patrol car! That cow too was returned, but this time to Sonny's.

Ten years later, on Aug. 24, 1992, Hurricane Andrew changed Linda Hanson Ward's life again. "Listening to the house being torn apart and seeing water in all the rooms, I prayed," Linda recalls. Within days of returning to her job in what now looked like a war zone, Linda suffered a herniated disc, which required surgery. Husband Jim and she decided it was time to leave the South behind. Linda emphatically stated, "I would never move back to Florida. I just wanted out."

Boone, N.C., was the Wards' next destination, and it is here, out of boredom, that Linda qualified and became a mail carrier. While living in Boone, Linda and Jim met On Top of the World residents Ed and Rene Beck who told them of "this beautiful place in Ocala." After 10 years of service at the Boone Post Office, Linda retired a second time, and in 2004 she and Jim became full-time residents at On Top of the World.

Currently vice president of LadyBirds, Linda "wouldn't give this up for anything!" She enjoys membership in numerous clubs, the many friendships she has developed, and, of course, Rusty, their seven-year-old dachshund and the "other" love of her life.

Change has blossomed Linda into the unique person she is ... always optimistic, caring and a ball of energy. She can provoke a room full of people into a burst of laughter, like sunshine after the rain. Linda is proof that while our life's paths are unknown, it's how we walk them that can turn that bowl of lemons into lemonade, or in this case, into a bubbly, compassionate Linda. Thanks for sharing this slice of your life with all of us. ☺



**Irish American Club**  
C.M. Casey

On Dec. 14, the Health & Recreation Ballroom was transformed into an Irish party at which 180 people attended. The Amazing Steel Drums provided music and a delicious dinner was catered by Bruce. Mary Culbertson gave the invocation and as we stood with our heads bowed and listened to her words, we thought of all the blessings that we continue to share in this wonderful country.

With food in our stomach and a wee bit of drink, we all settled in for a wonderful night of entertainment. Oh what a night it was! The Amazing Steel Drums mesmerized the group with Christmas carols as well as Irish songs. There were many new young faces in the group and one young man made his debut and stole our hearts by singing "I'm getting nuttin' for Christmas." I am sure we will see more of this young man as he continues to grow with the group.

Mark your calendar for March 8 as we will

celebrate our annual St. Patrick's Day event. Tickets will be \$10 for dinner of corned beef and cabbage, which will be catered by Bruce. Festivities will include a piper, the Irish dancers and a surprise visit by Kate O'Neal who will sing with her dad, our own Bob O'Neal.

Tickets will go on sale in the H&R Ballroom from 8 to 10 a.m. on Feb. 26 for members. For the community and our friends, tickets will go on sale in the H&R Ballroom on Feb. 28 and March 2 from 8 to 10 a.m. Any potential new members can purchase their ticket and pay their dues on Feb. 26.

As a reminder our club dues of \$5 are due in March and Joe O'Brien will be happy to take your money via mail, or the day of the St. Patrick's Day event. His address is in the On Top of the World directory.

To most, thoughts of St. Patrick's Day include parades, which are the largest single events in major cities, corned beef and cabbage and green beer. But to Irish Americans, St. Patrick's Day is a special day of thanksgiving and a time to remember contributions of Americans of Irish ancestry.

We are thankful for the service of 19 Irish Americans who have been elected to the office of president of the United States, including Andrew Jackson, whose parents came from County Antrim, explorers, like Daniel Boone and Davy Crockett whose parents came from County Derry, and Commodore Jack Barry, who organized the United States Navy. Last but not least an Irishman named Charles Kearney, from Galway, who pledged his fortune and convinced others to build the first bridge across the Missouri River in Kansas City.

It's that time again where we thank our outgoing officers, John Dieckman and Marge Moore for a fantastic job and welcome our incoming officers: president Bob O'Neal, vice president Dan Bub and treasurer Joe O'Brien.

Until next time, "May your troubles be few and your blessings be more." ☺



**Pennsylvania Club**  
Pat Utiss

At our January meeting, we welcomed seven new members.

They along with more than 50 members enjoyed a presentation by Pat Gabriel of the Route 200 Coalition. Pat told us of upcoming road changes and new businesses for the area. These are all of interest to those of us in On Top of the World. She was also kind enough to stay after the meeting and answer any questions the members had. Prior to the meeting, we all enjoyed cookies and refreshments, donated by our members.

The February meeting will be Feb. 14 in our usual room, Suite E of the Arbor Conference Center. The meeting will start at 3 p.m., but

come early to enjoy more of those donated goodies. After the meeting, we will be entertained by the Swingin' Singin' Seniors under the direction of Dottie Berkowitz. I have seen their shows in the past, and they are always enjoyable. We hope to see you there. ☺

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**Red Hat Society**  
Vivian Brown

As you all are putting the finishing touches on your chapters' presentation at our annual Pajama Party, we are already making plans for our first Mardi Gras Celebration (Red Hat Style) on Sunday evening, March 25, in the Health & Recreation Ballroom at 5 p.m. Our chairperson for this event is Sue Moody.

Our next Queens Meeting is Monday, March 12, at 3 p.m. in Suite G of the Arbor Conference Center.

Our National Red Hat Day Celebration will be on Wednesday, April 26. Please mark your calendars for these really special events. We also have Hoofin' it for Hospice in February.

Just had to mention what a great show Gary Lewis and the Playboys gave at our beautiful new Circle Square Cultural Center. Thank you, Mr. Colen!

I promise I will give you all the details on our Pajama Party next month. Each year (I don't know how) it just keeps getting better and better with more fun and laughter.

It's Our Red Hat "Hattitude" of live, love and laugh is what makes life's journey worth living. Till next month, God bless. Vivian

**THE RAZZLE-DAZZLE RED HAT DAMES:** Ladies are working hard on our Pajama Party presentation. I just hope it brings as much enjoyment to the others as we have had practicing doing it! My special thanks to Connie Forte for her great imagination and work in making our costumes. Great job and we all appreciate everything you did. My New Year's resolutions

are usually to lose weight or do more exercise but this year I decided to try to do some kind and thoughtful things that could make a difference in the lives of my family, friends and neighbors. This is one I really want to keep. God bless ... *QM Vivian Brown*

**COOL CATS IN RED HATS** were able to attend their annual Christmas party at their Queen mum's home. Finger sandwiches, spicy meatballs, salad, dips, cookies, a fancy cake, candies, punch and coffee were served. Lots of laughter and goodwill were shared, along with the holiday fare. Instead of a gift exchange, our cats decided before hand to give a gift to those in need. We passed a gift bag around and \$100 was collected. We voted to give this to the Arnette House. The Cats then played a very funny round of the 12 Days of Christmas. This was done by pulling items from boxes and bags as each cat had a day to bring to life in their own words and actions. That song will never be the same for any of us. We then picked who will be in charge of each month for this coming year. 2006 was a wonderful, busy, happy year for us. So we are looking forward to an even better time together in 2007. ... *QM Janet Fragapane*

Our **HAPPY ATTITUDES** group had a wonderful Christmas celebration. We started with dinner at Harry's in the middle of beautiful downtown Ocala. It truly was a beautiful, magical time as we watched the Christmas lights being turned on, and how it did light up the square! It was awesome to walk under the canopy of lights. After that we went to Queen June's house for dessert and our Christmas party. We exchanged gifts, after playing a fun game, which consisted of passing the gifts around, either right or left, according to the story being read. It was a fun-filled time, with much laughter and many mistakes. This only added to the fun. Then, we had plenty of time to visit over Queen June's excellent dessert and coffee. One new member was unable to attend, because she was in the hospital with complications from bronchitis. Joyce, our other new member fit right in, enjoyed herself and got to know the other gals. What a fun time. We look forward to another great year of fellowship. My personal wish for our country and world — may we have true peace before this year of 2007 is over. ... *QM June Otto by Mary Black*

**THE SCARLETT FOXES** began the New Year in style with a barbecue at our hostess' house. Alice Connors and Marie Kearney had plenty of food and the grilled hamburgers and hot dogs were delicious. Once lunch was over we had a few games of Bunko with many winning prizes. All had a good time as we enjoyed each other's company. Janet Abrahamson won the prize of the day. We're making plans and rehearsing for the upcoming Pajama Party and Mardi Gras Ball. Red Hatters do have a lot of fun! Share a Red Hat smile. ... *Queen Betty Thayer*

**RED GEMS:** With only two weeks to go before the PJ Party we wanted to practice our bit at least once before the event. But because it was our first get together since our Christmas party there was much to talk about, let alone reminiscing the golf cart parade. We

welcomed back Suzi who had been away for a couple of months, and welcomed Gail Briggs into membership. The momentum continued until there was some queen motherly concern that all that needed planning and doing would not be accomplished. But not to worry, we were able to settle down to taking care of new details regarding the up coming Mardi Gras etc., etc., and went on to designating hostesses for the coming months. What a group of terrific ladies. Oh yes, we did practice as well, all in only three hours. ... *Queen Mother Loretta Troutman*

**THE GLITZY GALS** started the New Year by celebrating their second anniversary with an inspirational candlelight ceremony at QM Mary Curry's home. New member Catherine Willis was welcomed and took her vows. Plans were finalized for the PJ Party entertainment, which we are all looking forward to that evening. After our December luncheon at Bella Luna with Dot Hinde as our hostess we returned to her beautifully decorated home for a cookie and gift exchange. QM Mary Curry and Bea Maxwell hosted the January get together at Harry's. All of our hostesses have given us unique favors. Friends make the earth a glorious garden."... *QM Mary Curry by Janet Wahl*

**THE DIVINE DIVAS:** The Divine Divas closed out 2006 with their annual Christmas party held at the Olive Garden hosted by Gladys LaDuke and Toba Hackett. Table decorations were outstanding and quite festive. A traditional photo was taken of the birthday gals in attendance for the Diva scrapbook. Christmas gifts were exchanged among the Divas and names of secret sisters were revealed at each gift presentation. New secret sisters were drawn for the New Year. The gifts were all beautiful, many unique with many oohs and ahhs heard. Pictures were taken of each gift opening for the Diva scrapbook, artistically organized by Gladys LaDuke. Many thanks to Gladys for the great job she does with our scrapbook.

Everyone had a good time and we hated to see the afternoon come to a close. Recent events included the Pajama Party, and upcoming events include March 21 Mardi Gras, April 25 National Red Hat Day and the April 10 Red Hat Hoot. Lolly Foos does a great job in the planning of the Daytona trip for the first week of May that the Divas always look forward to. So much work for Lolly, but we all love her for her patience and expertise in planning our activities to make it a memorable annual event. On June 16 the Divas have a "Dine with the Divas Pot Luck" when all the spouses are invited to dine and be hilariously entertained by their Divas. These events pretty much take care of the first six months of 2007, a busy year for the Divas. One member of our chapter, Myra Post, was truly missed at our December celebration. The Divas wish all the Red Hat Chapter sisters a Happy New Year filled with good health, love and peace. ... *QM Gail LaRue by Bev Nelson*



**Dish & That Recipes**  
Jean Breslin

Here is an easy and delicious meal to prepare for your Sweetie on Valentine's Day.

**Parmesan Baked Tilapia**

2 tilapia filets (any mild filet will do)  
1 ounce Parmesan cheese  
2 tablespoons mayonnaise  
1 teaspoon minced scallions  
2 tablespoons bread crumbs  
Place tilapia on a foil lined baking sheet coated with cooking spray. Mix Parmesan, mayonnaise and scallions, and then spread over fish. Sprinkle top with breadcrumbs. Bake 400 degrees for 10 minutes.

Enjoy!  
And now for a wonderful dessert. It was sent to me by Luke Mullen. Thanks, Luke.

**Blueberry Cheesecake Bars**

1 18.25-ounce box yellow cake mix  
3/4 cup corn flake crumbs  
4 eggs  
1/2 cup butter melted  
2 packages (8 ounces each) cream cheese  
1/4 cup sugar  
1 21-ounce can blueberry pie filling  
1/2 cup chopped pecans  
1/2 cup chopped walnuts  
Heat oven 350 degrees. Grease 13-by-9-by-2-inch baking pan. Reserve 1/2 cup cake mix. Combine remaining mix, crumbs, 2 eggs and 1/4 cup butter. Press into bottom and slightly up sides of pan.  
Beat cream cheese, sugar, 2 eggs in bowl until smooth. Spread on crust. Dollop with filling.  
Sprinkle reserved cake mix with pecans and walnuts on top of blueberry filling; drizzle with remaining butter.  
Bake in 350-degree oven 35 minutes. Cool and then refrigerate. Cut into bars and serve.

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**Diabetes Support Group**  
Lennie Rodoff

I hope everyone had a wonderful holiday season, with lots of parties with lots of good friends and good eats! Now, it's time to get back on track, and get back in the practice of watching what we eat.

I recently went to a refresher course on nutrition, and learned something new. I guess it's good to go to a refresher every few years, as the rules we live by are changing. When I first was diagnosed, I was told I could deduct the number of grams of fiber from the total number of grams of carbohydrates. Well, things are different now. Now, you must consider the entire total of grams of carbohydrates, unless the grams of fiber exceed 5. Even then, you can only deduct the difference between 5 and the total given. This might make a difference in the choices you used to make, and the ones you need make now.

Our next meeting will be on Feb. 27, at 4 p.m., in Suite D of the Arbor Conference Center.

If you have any questions, please call me at 291-7508.



**Great Lakes Club**  
Pauline Sinsky

We want to thank everyone who made our Christmas dinner a big success: Bruce for dinner, Summer Spring Chorus for their beautiful songs of Christmas, for the women who made our table decorations and the men who set up and took down the tables. We especially want to thank our president, Mary Jo Hammond and Kay Chandler, for all the hard work they did to pull this dinner together.

The state of Michigan was honored in January and when asked why they came to Florida, most said they wanted to get away from the cold and snow. The state of Illinois will be honored in February.

We want to thank Bart Rich for his beautiful singing of songs we all remember so well.

Please remember to bring an extra dollar, as we will be selling tickets in February for our March snack of pizza. Remember now, no ticket, no pizza.

For our February meeting we will have someone from the Fire Department who will tell us about EMT Public Education Department.

We closed our meeting with the 50-50 and door prize drawing.

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# Card Clubs & Games

## Monday Afternoon Bridge

Gar Terheide & Sara Anderson

### Dec. 18

1: Mary Carol Geck and Joan Lord. 2: Ray Deitz and Sara Anderson. 3: Bill Hunter and Edith Hunter. 4: Joe and Phyllis Zwick.

### Jan. 1

1: Sara Anderson and Ray Deitz. 2: Joan Lord and Mary Carol Geck. 3: Ida Rosendahl and Carol Thompson.

### Jan. 8

1: Betty Morris and Fran Griswold. 2: Ida Rosendahl and Carol Thompson. 3: Maizie Millwood and Elsie Helwig. 4: Joe and Phyllis Zwick.

## Monday Night Bridge

Shirley Johnson

### Dec. 18

1: Ida Rosendahl. 2: Gail Tirpak. 3: Dick Mansfield. 4: Ray Wilson. Cons. Ray Deitz.

### Jan. 1

1: Eleanor Giardina. 2: Dick Mansfield. 3: Ida Rosendahl. Cons. Paul Agarwal.

### Jan. 8

1: Gail Tirpak. 2: May Holtz. Tie at 3: Gitte Agarwal and Phyllis Bressler. 4: Eleanor Giardina, Cons. Ray Wilson.

## Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

### Dec. 5

1: Betty Barney and Myra Butler. 2: Elsie Helwig and Ray Dietz. 3: Betty Morris and Shirley Stolly.

### Dec. 12

1: Shirley Stolly and Dick Mansfield. 2: Betty Barney and Myra Butler.

### Dec. 19

1: Myra Butler and Ray Dietz. 2: Geri Cassens and Eleanor Giardina.

## Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073.

### Dec. 19

1: Doug Miller and Ernie Lord. 2: Ida and Bill Carlson. Tie at 3: Ruth and Harry Tindall, Betty and Bill Raines. 5: Helen Eshbach and Liz Milleson.

### Dec. 26

1: Helen Eshbach and Liz Milleson. 2: Ida Rosendahl and Dick Mansfield. 3: Ruth and Harry Tindall.

### Jan. 2

1: Doug Miller and Ernie Lord. Tie at 2: Betty and Bill Raines, Ida Rosendahl and Dick Mansfield. 4: Ida and Bill Carlson

### Jan. 9

1: Doug Miller and Ernie Lord. 2: Ida Rosendahl and Dick Mansfield. 3: Helen Eshbach and Liz Milleson. 4: Ruth and Harry Tindall.

## Wednesday Afternoon Bridge

Fran Griswold

Hopefully, everyone had wonderful holidays. I enjoyed the kindness and generosity of this group as I received a wonderful gift certificate from the group. I thank them very much. The Rape Crisis Spouse Abuse Center was also the recipient of some very generous contributions.

Our best New Year's resolution will be to appreciate and enjoy our bridge partners. Sometimes this may be difficult but remember if a mistake is made, they probably feel more sorry than you! There are many bridge partners but a good friend is truly a blessing.

Our game is every Wednesday at 12:30 to 3 p.m. Come join us for a fun afternoon.

### Dec. 20

1: Dick Mansfield. 2: Carol Johnson. 3: Ruth Goldstine. 4: Renee Cahill. Cons. Helene Sternberger.

### Dec. 27

1: Pat Goltart. 2: Dick Mansfield. 3: Lee Sheffer. Cons. Renee Cahill.

### Jan. 3

1: Stinson Franz. 2: Helene Sternberger. 3: Ann Mahoney. 4: Dick Mansfield. Cons. Marge Starrett.

### Jan. 10

1: Fran Griswold. 2: Helen DeGraw. 3: Shirley Stolly. 4: Helen Eshbach. Cons. Ruth Goldstine.

## Wednesday Evening Bridge

Doris Keathley

### Dec. 13

1: Mary Carol Geck and Joan Lord. 2: Ida Rosendahl and Doris Keathley. 3: Bill and Betty Raines.

### Dec. 20

1: Bill and Edith Hunter. 2: Ida Rosendahl and Bruce Benton. 3: Bill and Ida Carlson. 4: Harry and Ruth Tindall.

### Dec. 27

1: Mary Carol Geck and Joan Lord. 2: Bill and Ida Carlson. 3: Bill and Betty Raines.

### Jan. 3

1: Ernie Lord and Marjorie Benton. 2: Phil and Hazel Merchant. 3: Bill and Betty Raines. 4: Harry and Ruth Tindall.

### Jan. 10

1: Joan Lord and Mary Carol Geck (2/3 tie) Harry and Ruth Tindall and Doris Keathley and Ida Rosendahl. 4: Bill and Betty Raines.



## Thursday Afternoon Bridge

Arline Duggan

### Dec. 7

1: Nancy Dreimiller. 2: Cleona Redman. 3: Arline Duggan.

### Dec. 14

1: Mazie Millward. 2: Elsie Helwig. 3: Alice McDaniel.

### Dec. 21

1: Alice McDaniel. 2: Betty Legg. 3: Mazie Millward. 4: Cleona Redman.

### Dec. 28

1: Mazie Millward. 2: Cleona Redman. 3: Nancy Shaner.

## Thursday Night Bridge

Helen DeGraw & Jan Moon

### Dec. 14

1: Dick Dakin. 2: Gitte Agarwal. 3: Ray Dietz. Cons. Dick Mansfield.

### Dec. 21

1: Eleanor Giardina. 2: Myra Butler. 3: Bob Buchan. 4: Jack Stone. Cons. Phil DeVito.

### Dec. 28

1: Helen DeGraw. 2: Ray Dietz. Ida Rosendahl. Cons. Bill Hunter

### Jan. 4

1: Fran Griswold. 2: Carol Rosenburger. 3: Paul Agarwal. 4: Myra Butler. Cons. Phil DeVito.

### Jan. 11

1: Jack Kyle. 2: Ray Deitz. 3: Agnes Weber. 4: Betty Legg. Cons. Shirley Johnson.

## Friday Advanced Bridge

Ernie & Joan Lord  
Betty & Bill Raines

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-7642 for help in finding partners. Or, if you wish, you may be added to our substitute list until you find partners.

### Dec. 1

Doug Morick. 2: Fay Rumens. 3: Helen DeGraw. 4: Marjorie Benton. 5: Dick Mansfield.

### Dec. 8

1: Myra Butler. 2: Harry Tindall. 3: Bill Raines. 4: Hazel Merchant. 5: Dick Dakin. 6: Shirley Ebert. Grand Slam Myra: Butler and Jack Martin (75).

### Dec. 15

1: Ruth Tindall. 2: Phil Merchant. 3: Catherine Edwards. 4: Joan Lord. 5: Betty Raines.

### Dec. 22

1: Myra Butler. 2: Mickey Martin. 3: Jayne Kaske. 4: Dick Dakin. 5: Ernie Lord.

### Dec. 29

1: Bill Raines. 2: Jack Martin. 3: Betty Raines. 4: Ernie Lord. 5: Dick Mansfield.

### Jan. 5

1: Agnes Weber. 2: Helen DeGraw. 3: Peggy Bucci. 4: Marjorie Benton. 5: Hazel Merchant.



## Tuesday Night Pinochle

Viola Horton

I hope the holidays were great for all and that the New Year will be a healthy and happy one for all. We live in a great place with so many choices of things to do. At pinochle we welcome anyone who knows how to play the basic game. Just come to the Art Room or the Craft Building by 6 p.m. on Tuesdays. You do not need a partner.

### Dec. 5

#### Single Deck Winners

1: Lois and Vern Uzzell. Tie at 2: George Dertinger and Sal LeDonna, Betty Legg and Clarence.

#### Double/Triple Deck Winners

Table. 1: Margaret Sciarino and Vi Horton. 2: Irene Pisani. 3: Dick Beury. 4: Mary Lou and Frank Chamberlain.

### Dec. 12

#### Single Deck Winners

1: Greg Skillman. 2: Lois Uzzell. 3: Alice McDaniel.

#### Double/Triple Deck Winners

Table. 1: Margaret Sciarino, Alberta Sarris and Jim Mazzotta. 2: Jo Swing. 3: Carol Polanowski and Dick Beury. 4: Mary Lou and Frank Chamberlain.



## Saturday Night Pinochle

Elsie Helwig

### Dec. 16

1: George Hubbard. 2: Irene Pisani. 3: Viola Horton. 4: Elsie Helwig.

### Dec. 23

1: Jo Swing. 2: Irene Pisani. 3: Al Novotny.

### Dec. 30

1: Al Novotny. 2: Irene Pisani. 3: Carol Polanowski.

### Jan. 6

1: Jo Swing. 2: Shirley George. 3: Millie Ferrell. 4: Ed Fullmer.



## Friday Night Euchre

Joe Askenase

### Dec. 15

#### Four-Handed Game

1: Joan Sigafos. 2: Rich Miles. 3: Helen Foskett. 4: Diana Riegler. 5: Genny Brenner. Tie at 6: Dolores Barnett, Lou Fisher, Russ Riegler. 7: Zane Barnett. 8: Clarence Lietzow. Tie at 9: Marge Fisher, Bridget Hughes.

#### Five-Handed Game

Tie at 1: Virgil Taylor, Lee Morgan. 2: Marcy Askenase. 3: Vi Horton.

### Dec. 22

#### Four-Handed Game

Tie at 1: Joan Sigafos, Rich Miles. 2: Lou Fisher. 3: Clarence Lietzow. 4: Diana Riegler. 5: Russ Riegler. 6: Marge Fisher.

#### Six-Handed Game

1: Ray Bock. 2: Marcy Askenase. 3: Lee Morgan. 4: Virgil Taylor. 5: Vi Horton. 6: Maria France.

### Dec. 29

#### Four-Handed Game

1: Lou Fisher. 2: Helen Foskett. 3: Bridget Hughes. 4: Russ Riegler.

#### Five-Handed Game

1: Diana Riegler. 2: Marcy Askenase. 3: Joan Sigafos. 4: Shirley Coe. 5: Richard Miles.

#### Six-Handed Game

1: Ray Bock. 2: Pat Luis. 3: Lee Morgan. 4: Vi Horton. 5: Maria France. 6: Virgil Taylor.

### Jan. 5

#### Four-Handed Game

1: Rich Miles. Tie at 2: Helen Foskett, Lou Fisher, Russ Riegler. 3: Genny Brenner. 4: Margie Fisher. 5: Diana Riegler. Tie at 6: Marcy Askenase, Joan Sigafos, Clarence Lietzow. 7: Bridget Hughes

#### Six-Handed Game

1: Lee Morgan. 2: Vi Horton. 3: Shirley Coe. 4: Ray Bock. 5: Virgil Taylor. 6: Lee Phillips.



## Cribbage

Dorothy Skillman

### Dec. 15

1: Richard Fluet. 2: Ed Fullmer. 3: Ruth Earlewine. Cons: Anne Jagielski.

### Dec. 22

1: Frank Chamberlain. 2: Glenn Saxon. 3: Mary Lou Chamberlain. Cons: Margie Saxon.

### Dec. 29

1: Mary Lou Chamberlain. 2: Alberta Sarris. 3: Glenn Saxon. 4: Ruth Earlewine. Cons: Margie Saxon.

### Jan. 5

1: Sheila Howell. 2: Greg Skillman. 3: Ruth Earlewine. 4: Margie Saxon. Cons: Frank Chamberlain.



## Mah Jongg

Mary Ehle

I am still accepting money for the March Tournament. The cost is \$20. I urge you to get your money in to me early it is rapidly filling up. I know you all love to play so sign up early. The date is Saturday, March 3.

Think about bringing a snack or dessert or something to share with everyone. We will again be giving a ticket to all who participate in this portion with the winner of a drawing getting a super prize. If you have any questions call me at home.

We will try the door prizes again. Please bring a gift that is wrapped and worth \$5. If you bring a gift then you will get a gift. No bring ... no get. I think it might be nice if the giver put their name on the gift so that the receiver will know whom to thank.

We are again going to be teaching Mah Jongg starting Feb. 7. Classes will be held Feb. 7, 14 and 21 and March 7 and 14. The fee is \$10. It is necessary for you to sign up with me. Call 873-7507. I will be able to answer all your questions when you call. Classes start at 12:30 until 2:30 p.m. in Suite A of the Arbor Conference Center. Hope to see you there. ☺

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**Bingo**  
Bunny Barba

Judging by the attendance on Jan. 4, our residents were ready for Bingo's return to On Top of the World after the holiday break. Welcome back. On behalf of the Bingo Committee we all hope you had a wonderful December and wish you a very happy and healthy 2007.

Our first group leader for the year is Denise Johnson and her team composed of Jimmy Johnson (who else?) on the adding machine and Marie Palombo handing out tickets. Runners table and cards are taken care of by Jeanette Volk (in Charge), Elsie Calabrese, Jane Lipps and yours truly, Bunny Barba.

Denise always manages to develop some of the more interesting games. On Jan. 4, we played the letter "G" for "Go Gators Go," followed the next week by the number "1" 'cause the Gators are No. 1.

Mort Meretsky was the first bingo caller for the New Year and that evening we had a big winner of the Super Jackpot Full Card Game. Our own Audrey Mangan, one of our group leaders and a long time Bingo volunteer, hit the jackpot for \$190. Everyone was very happy to see one of our most popular workers win.

Thanks to the efforts of Ernie and Gladys LaDuke, the runners have new radios. Ernie was busy all evening on Jan. 4 fixing the lights on the board. Jan. 10 was Ernie LaDuke's birthday and a rousing "Happy Birthday" was sung out. Ernie is our dedicated "fix it man" and one of the most popular players at Bingo along with his fellow bingo worker and wife Gladys.

Since it is the start of a New Year please note the rules as follows:

Bingo officially opens at 5 p.m. and no cards will be sold before 5. If there is a club having a meeting in the Ballroom please do not enter before 5. No cards will be sold after 6 p.m. Games will begin as soon as the group leader is finished counting the money, etc. Please arrange to arrive on time, get your seats and buy your bingo cards. Please do not save more than two seats, one of which is for yourself. If you are handicapped and cannot stand on line to get your bingo cards, please inform one of the working volunteers and you will be provided with cards.

Once again we ask that you call out Bingo loud and clear. Please raise your hand in order for the runner can locate you.

Did I forget mention that Bonnie Terrant won two games on Jan. 10 all by her lonesome and went home with a total of \$100? She promised me that her money would not be shared with her husband Bob.

Bye now till next month.  
May the wizards of Bingo bring you good luck always in all ways.

If you want to reach me for any reason my e-mail is Thebunster29@aol.com. ☺



**SPCA**  
Genevieve Mallardi

There was no meeting in December; instead we had a lovely Christmas party. Approximately 30 to 40 people attended; each brought with them a covered dish. There was so much variety, each dish looking and tasting better than the last. One of our members presented each of us with a Christmas tree decoration she made, of course, in the shape of a dog. Everyone had a good time.

Thank you all for remembering our pet food barrel at Winn-Dixie. We not only were able to feed our companion pets, now numbering 41 dogs and 22 cats, but also helped Rainbow Ranch (they care for unadoptable pets and depend on donations). Special accolades to Winn-Dixie for working with us in our quest for those donations.

We continue to get sad calls on lost pets. These little guys do not realize the danger they put themselves in when they decide to run. Let's be extra careful and be sure your pet has an ID if indeed they do get out. Not only are you upset but we at SPCA are affected, too.

Happy New Year to you all. May 2007 be a healthy, happy one.

We meet every third Thursday of the month at the Arbor Conference Center in Suite H at 1 p.m. The stronger we get means helping more pets that need us. Those lost and abused animals need you. See you there. ☺



**Ceramics**  
Terry Zarrella

Today's photograph of two gnomes playing in a garden was submitted by none other than the column writer. They are part of a set of eight gnomes that are displayed amongst my pretty roses in the backyard. One is cuter than the other and has received many compliments.

Anyone interested in ceramics and even those of you who have never attempted to do a piece are cordially invited to attend Wannetta Clouse's ceramics class. The Ceramics Room is in the Art Room in the Craft Building right behind the softball field. Wannetta holds classes on Mondays and Wednesdays from 9 a.m. to 1 p.m.

Many new residents are joining and are making projects to pretty up their gardens or making one particular item that will distinguish their home from their neighbors. It is a fun group and it is a very relaxing craft to get involved with. We look forward to your visit and hope you will find an outlet for that extra energy you found after the holidays were over. ☺

## Hoofin' It for Hospice

The Seventh Annual Hoofin' It for Hospice will be Saturday, Feb. 24, rain or shine. Registration is \$1 or more at the Health & Recreation Building, between 8 and 9 a.m.

All the monies will go toward buying a room at the Legacy House for \$30,000. Thanking you in advance for supporting this worthwhile charity. If you have any questions, please call Ruth Goldstine at 854-1128.



**Southern Club**  
Jeanne Stanley

About 70 members attended the Southern Club's January meeting, with great food and entertainment. Miss Angie and her cohort, Karan Tieman, were wonderful!

The February meeting will have the Sweet Adeline singers performing. Some of the singers live On Top Of The World, others live elsewhere. It will be a wonderful show! The public is invited to the performance, starting at 7 p.m. in the Health & Recreation Ballroom. The food in January was the best ever, "I think."

See you Feb. 1 at 5 p.m. in the Health & Recreation Ballroom. If you have any questions, call Jeanne at 873-3225. ☺



From Page 26: Robert Dalton



**Wood Shop**  
Ray Utiss

President Gordon Cich sent me some information to put in this month's article. The new key lock is now in use for the Wood Shop. Members renewing their membership in our shop are required to attend a Monday night orientation, held each Monday night at 7 at the shop. Residents wishing to join our Wood Shop are required to attend a Monday night orientation, fill out an application and sign a "hold and release harmless" form. The annual dues are \$25.

Monthly sessions are being planned for individual tools, router, lathe, planner, sander and any other instruction that is requested or we feel is necessary for members' safety.

Plans are being made for our spring picnic, probably to be held in April at the picnic pavilion.

Sam Altman has set up a home page for the Wood Shop, and the members will be notified of the address.

From time to time residents ask Gordon to recommend someone to do repairs, build wheel chair ramps, and build shelves, bookcases and such. If you are interested in performing this type of service, please let Gordon know. You can phone him at 873-2839. Please remember to work safely. ☺



**Harmonichords**  
Betty Barney

We are back practicing again after taking the summer off. We practice every Tuesday morning at 9 a.m. at the Arbor Club and invite anyone who plays the harmonica — or would like to learn to play — to join us. It is a great group and we play for the residents of nursing homes and also various clubs both in and out of On Top of the World.

It is great to be back again as it was a horrible summer for me as I broke my wrist and was out of commission for 10 weeks. I had just made my reservations for my summer trip to Connecticut and that break changed everything. I was able to go up for Christmas and it was wonderful to be with my family, most of whom I hadn't seen in a year.

We have played at Rolling Green and then for the Scandinavian Club at the Arbor Club. We look forward to many more engagements during the coming year.

Again, come join us on Tuesday mornings at 9 at the Arbor Club. We look forward to a great year. ☺

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### Stitch Witch Quilters Ann Weldishofer

Our new year began with great refreshments provided by Jan Johnson and Teresa Randolph. Thank you, gals! Ruth Kinney introduced officers Jane Geary, Margaret Hanrahan and Marcy Askenase to the 28 members present.

Audrey Barnett and Nancy Booth will be in charge of making our Grandmother's Flower

Garden blocks into two twin-sized quilts for the Guardian ad Litem teen program. They will be asking for help, and as always, I know they'll get a good response.

It was decided not to offer basic quilting and appliqué classes at this time. If you need help, just ask, and we will find someone willing and able to help you out.

Marcy said that the Guardian ad Litem group asked if we would make a quilt that they could raffle off, because they are in need of cash to keep their program on track. We decided that since we have just had a wonderful donation of fine-quality fabrics, that we could do that. Pat Quintan will be heading up that committee. There will be a Sewing Expo in Tampa on Feb. 22, 23 and 24.

Committees are: bulletin board, Jan Johnson; comfort quilts, Tekla Krause; sunshine, Marcy A.; social, Flo Wright; fabric, Pat Q.; fundraising, Alexandra Rankin and Margaret H.; and Ruth added a trips and tours committee, headed by Ann Weldishofer.

At the February meeting, we will have a silent auction, so we are all reminded to be collecting all those household articles and sewing supplies that we no longer use, and bring them in February!

To all quilters in On Top of the World, we meet every Tuesday in the Art Room, and everyone is welcome to join us! ☺



### Sewing Bees Rita Miller

It's hard for me to think ahead that you won't be reading this until the beginning of February, when I have an early January deadline to meet. Anyway, I'm already late with wishes for a happy and healthy New Year, but I'm on time with my greeting for a Happy Valentine's Day.

With the holidays all packed away, the ladies are well on their way with projects for the

new year. In January, several members of the Sewing Bees enjoyed lunch at Applebee's and then visited Kimberly's Cottage, which is one of the agencies that receives of our comfort kits and pillows. After we toured the facility, we presented them with 10 comfort kits and a box of paper products and office supplies. They thanked us for our contributions in the name of the children who benefit from them.

At our January business meeting, several members presented small projects that we might be interested in doing for ourselves. These will be worked into our calendar along with our usual service projects. Gitta Agarwal served a delicious (no-calorie) dessert at the end of the meeting.

Once again, we're still taking donations of fabric, quilt batting, and fiberfill stuffing. If you happen to be clearing out your stashes and come upon items which you no longer have a use for, give us a call. (Marcy at 854-1181 or Rita at 237-6660)

I'm also extending an invitation to our new residents to check out what we do. We meet Thursdays at 12:30 p.m. in the Art Room to the left of the mini golf course. Come join us to cut out, sew, stuff, tie quilts, etc. for homeless and abused kids. You don't have to be a pro.

Till next month ... happy 2007. ☺

### The Happy Hookers Yvonne Bednar

On Feb. 5, we will be going to our regular bi-monthly lunch. We will go to Olive Garden at 1 p.m. If you haven't been to a meeting recently, please call Carole Toye or Carol Berta to let them know your intention to join us.

When talking about our group, we always say, "no meetings, and no officers." For the most part, this is true.

However, several years ago, we realized it was necessary to have at least one officer. Someone has to have the responsibility of reserving our room with the Activities Office. This officer is Jackie Palotta. Jackie has done an excellent job of always making sure our room is reserved. Also, Jackie, along with Kay Kazen, is one of our most prolific knitters. Many people in Jackie's large family have been the recipient of beautiful knitted sweaters, etc.

We welcome all new residents to come to the Art Studio on Mondays at 2 p.m. to visit our group and decide if you would like to join. ☺

### Rubber Stamping Greeting Cards Margaret Hanrahan

We plunged right into this new year making wonderful winter cards. Bev Taylor and Lynn England showed us a great new technique brayering vibrant kaleidoscope colors into shiny card stock over an already stamped image. Using this same technique we brayered color and then stamped the image, creating what I call a Florida winter card — sunny, bright colors with swaying palm trees. The end results were truly wonderful.

Ellen Richards led the middle of the month meeting. She helped us create thank you cards and birthday cards of long stemmed roses on green card stock with ribbons and highlighted with glitter.

This group meets to encourage, inspire and assist one another. Members range from just beginning to many years in this art form. We meet in Suite D of the Arbor Conference Center from 1 to 3 p.m. We have a fun and relaxing time. All are welcome. If you have questions, please call Margaret at 732-3282 or just show up. ☺



### Crafty Ladies Dot Tripp

Since we have so many new residents, this might be a good time to explain what Crafty Ladies is all about. This is a club for women who enjoy doing handcrafts of all types, and enables them to meet other women who share the same interests. If you wish to learn a particular craft, someone in the group will be happy to guide you and help you learn the craft.

There are no dues, and the club has no of-

ficers. Therefore, there is no need to listen to lengthy reports at meetings. We do, however, have a "donation jar" for those who wish to donate a dollar a month, which is used for postage and donations to worthwhile charitable causes. Among those charities to which we contribute money and/or handcrafted items are: Arnette House, Hospice, Christmas-At-Sea, Project Linus, Tender Hearts Project, local nursing homes, Rape Crisis/Domestic Violence Center, etc. In future columns we will explain the purpose of each of these charities to help you understand why we donate to them.

If this is something that interests you, drop in on one of our meetings. We meet every Wednesday morning, year-round, from 9:30 to 11 in the Card Room in the Arts & Crafts Building (that's the building across the street from the water tower). Have any questions? Call Dot at 854-4913.

Til next month, do your best to keep healthy, happy, and "crafty." ☺

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8 a.m. to 4 p.m.,  
Mondays through Fridays  
Bring current ID or temporary ID

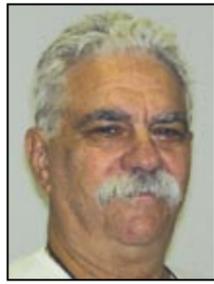


### Artistic Crafts & Gifts Loretta Troutman

After the busy Christmas season, we were pleased to see our fellow crafters return to the Health & Recreation Ballroom. Gail brought a load of plants from her greenhouse including some lovely orchids. There was one that had five blooms. She knows the variety of her plants as well as their characteristics. Very interesting.

We were pleased to welcome back Carole Drost Lopez who is an accomplished artist. She filled a few quiet minutes one morning doing a bit of watercolor pictures. She used some of Gail's flowers as subjects, and delighted Frances by including a rendition in watercolors of a few pieces of tatting done by Frances on a card design.

If you are a crafter and would like to join us please call Rene Beck. ☺



### Social Club Mort Meretsky

Don't forget, Sunday, Feb. 4, at 5:30 p.m. in the Health & Recreation Ballroom is our annual Super Bowl party

I hope everyone contacted Marie that they were coming so she could tell her husband, Carmine, who is doing all the cooking. I'm going out on a limb one more time and predicting that it will be the Bears and the Colts, with the Bears winning. Remember, I'm writing this before all the playoff games have been played.

If you're not yet a member this would be a good time to come up and join the club. See our membership mistress, Margaret Orlando, for all club information.

Our next poker/blackjack will be on March 16 at the Arbor Conference Center from 2 to 4 p.m.

See y'all on the 4th. ☺

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A duct system that is well-designed and properly sealed can make your home more comfortable, energy efficient, and safer. Here are some reasons why duct improvements can be a wise investment:

#### Comfort

Sealing and insulating ducts can help with common comfort problems, such as rooms that are too hot in the summer or too cold in the winter.

#### Indoor Air Quality

Fumes from household and garden chemicals, insulation particles, and dust can enter your duct system, aggravating asthma and allergy problems. Sealing ducts can help improve indoor air quality by reducing the risk of pollutants entering ducts and circulating through your home.

#### Safety

During normal operation, gas appliances such as water heaters, clothes dryers, and furnaces release combustion gases (like carbon monoxide) through their ventilation systems. Leaky ductwork in your heating and cooling system may cause "backdrafting," where these gases are drawn back into the living space, rather than expelled to the outdoors. Sealing leaks can minimize this risk.

#### Save Money

Leaky ducts can reduce heating and cooling system efficiency by as much as 20 percent. Sealing and insulating ducts increases efficiency, lowers your energy bills, and can often pay for itself in energy savings. Plus, if you're planning to install new heating and cooling equipment, a well-designed and sealed duct system may allow you to downsize to a smaller, less costly heating and cooling system that will provide better dehumidification.

#### Protect the Environment

Energy used in our homes often comes from the burning of fossil fuels at power plants, which contributes to smog, acid rain, and global warming. Simply put, the less energy we use in our homes, the less air pollution we generate. By sealing your ducts and reducing the amount of energy necessary to comfortably heat or cool your home, you can reduce the amount of air pollution generated.



854-7664



For more information on duct sealing, visit [www.energystar.gov](http://www.energystar.gov) or call 1-888-STAR-YES (1-888-782-7937)

## For Sale

**Bicycle:** Ladies Magna 26", 18-speed mountain bike, larger double gel seat, hardly used, \$60. 873-1516

**Bicycles:** Ladies 26", 10-speed. 1 Raleigh Sprite, 1 Schwinn Deluxe Varsity; both \$75. 854-2549

**Bicycles:** Ladies 3-speed Huffy with lights, basket, \$45; men's 18-speed index shifting blue electroshock magna, new, \$50. 854-1555

**Bike racks, two:** Free. Require class III hitch, 2" receiver. 873-0731

**Chair and Ottoman:** Wicker style, \$250 for both. 861-9144

**Countertop Bread Making Machine:** Regal Kitchen Pro, made in USA, like new, operating guide included, \$40. 861-2540

**Cuckoo Clock:** Excellent condition. \$100 obo. 237-9551

**Dell desktop computer:** Windows XP home edition, 40 GB hard drive, 512 RAM, 2.0 GHz, Epson printer, CD label printer. \$225. 861-6985

**Estate Sale:** Friday, Saturday, Feb. 2-3, 9 a.m.-3 p.m., 8342 S.W. 82nd Loop, Candler Hills.

**Furniture:** 2 lounge chairs, tan with beige mesh, almost new, \$25. 327-5240

**Garage Sale:** Friday, Feb. 9, 9 a.m.-2 p.m. Household items, books, kitchen items, miscellaneous and more. 9040-C S.W. 87th Ave.

**Garage Sale:** Friday-Saturday, Feb. 9-10, 9 a.m.-2 p.m. Household items, pictures, tools, bike and more. 9651 S.W. 96th St., Crescent Ridge II.

**Garage Sale:** Saturday, Feb. 3, 9 a.m.-noon, 8980-A S.W. 93rd Lane.

## Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12; four lines is \$17.50 and five lines is \$20. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

**Generator:** Briggs and Stratton Model Series 110000, 120000, one year old, \$400. 867-0771.

**Golf cart:** Used, new tires, new batteries, charger included. Call Bill, 854-0866 or 207-0009.

**Golf cart:** Newly refurbished Club Car, new batteries and tires, metallic red paint. 873-4068

**Golf Clubs:** Left-handed with bag and walker, \$100. 854-2116

**Ink Cartridges:** HP 14, black and color in sealed packages, \$18 each. 861-4812

**Misc. Items:** Boy's new winter jacket; ladies Dexter bowling shoes; new clothes hamper; 2 new twin bedspreads; new king-size bed rail. 873-4289

**Misc. Items:** Card table and 4 chairs, oak snack tables with rack, 7-piece solid mahogany bedroom set, fold-up saw table and saw. 873-0493

**Misc. Items:** Countertop microwave; upholstered swivel rocker. 873-6759

**Misc. Items:** For your grandchildren, Graco Pack and Play portable hook-on table chair; 2 girl's bicycles with helmet; golf travel bag. 854-6425

**Misc. Items:** Large pedestal floor fan, \$50; small end table with attached lamp, \$12; tall wrought-iron clock, \$7. 291-5373 mornings.

**Misc. Items:** portable electric typewriter; Brother MFC-3240C 5-in-1; HP scanner; compound miter saw; modems; 6 bags lavarocks. 237-4242

**Misc. Items:** Queen bedspread, like new, \$50; Craftsman platform for miter saw, assembly required, make offer. 861-1891

**Moving Sale:** Dinette table, chairs; rockers; entertainment center; twin beds; double dresser, mirror, chest; dining room table; treadmill. 873-9024

**Musical Instruments:** Guitars, banjo, accordion, ukuleles, flutes, violin, keyboard, amps, etc. 873-0493

**Portable Commode:** With armrests, never used. \$40. 854-7516

**Penta purified drinking water** delivered to your door. Liter case (12 pk) \$37 each; .5-liter case (24 pk) \$39 each. Minimum order 4 cases. 873-2100

**Printers:** HP all-in-one fax machine with new ink cartridges; unopened HP deskjet printer. 873-0493

**Scooter:** Amigo model, indoor/outdoor use, \$350. 291-0840

**Trundle/Day Beds:** Twin with mattresses, like new, \$150 cash only. 390-3448

**TV Cabinet:** On wheels, has roll-out shelf for tape player, 2-door storage in bottom. 873-1241

**TV:** Toshiba, 17-inch, excellent condition. \$55. Stan, 873-3433

## Services

**Actual relief via physics:** Financial, body weight/health and relationships. Call End the Clutter ETC 873-2100 or www.endthec clutter.com

**AI Handyman:** 291-7670

**Alterations by appointment only.** 50 years experience. A Pine Run resident. Call Betty at 237-9909

**Amway Products** come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

**Avon:** If you are interested in receiving a current brochure or becoming an Avon rep, call Cessie Marsh, On Top of the World resident, 615-9662.

**Caregiver/Companion:** Light housekeeping. Personal and professional experience. On Top of the World resident. Susan, 237-2276

**Caregiver:** Let me help keep your loved one at home. Personal care, errands, light housekeeping. 17 years experience. Excellent references. Nancy, 368-9745

**Caregiver:** CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda, 854-1664

**Caring Home Health Aide** Available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

**Cat Boarding & Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

**Cat Care:** Will love yours like mine! Call 291-1862.

**Cat and/or House Sitting** Services for On Top of the World residents. Dependable, trustworthy, affordable and insured. Grammy Sharon, 694-4853.

**Computer Instruction** in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endthec clutter.com

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**Experienced computer person** looking for beginner to teach e-mail, web, Microsoft Word, Publisher, virus scan, more. Reasonable rates. 861-7263

**Free Appraisals** on musical instruments, vintage and current — guitars, banjos, mandolins, amps, etc. 40 years experience. On Top of the World resident. 237-8072

**Golf Cart Sales And Service:** Yamaha, Star dealer. Service all, free pickup. Call 351-CART (2278). Carts & Clubs, 1835 S.W. College Road, Ocala

**Home Repairs:** 24-hour service. Free estimates. No job too small. 861-2108. The Handyman. If no answer, leave message. Prompt response.

**House Cleaning by Evelyn Lee:** I do windows, deep cleaning and move outs. Licensed & insured. 629-0855

**Income Tax Service:** Professionally done — E-file — Fast refunds, federal and all state returns. On Top of the World resident. 291-2413. Salvatore V. Le Donne E.A.

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**Mona Vie:** The drink taking the country by storm, this healthy beverage relieves pain, inflammation, back pain and more. Sandi, 237-9073. Resident.

**Mobile Notary Public:** On Top of the World resident and commissioned FL notary public comes to you. Bonded and insured. Call Richard at 362-6465.

**Painting by Frank the Painter:** Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years experience and licensed. 237-5855

**Pressure Washing:** House or villa, gutters, driveways or walkways. Call On Top of the World residents Okey or Karen for a free estimate. 237-6637

**Pressure Washing:** Driveways, porches, walkways, awnings and remove mildew. Free estimates. 20 years experience. On Top of the World resident. 873-6225

**Professional caregiver:** Available 24/7 for personal care. Includes homecare, housekeeping, doctor's visits and errands. 30 years of excellent reference. Home 854-3101, cell 361-3972.

**Professional photographs** taken at your anniversary party or other social event. Call Mike Roppel, On Top of the World resident, at 861-6985

**Sewing Machine Service & Repair:** Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

**Steve's Repairs:** Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

**Stop gaining body weight** with true food, pure water and basic physics. One-on-one private consults. 873-2100

**Transportation:** Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

**Transportation:** Call Kim for personalized door-to-door transportation to airports, cruise ports, any destination. Call 854-8708 or cell 207-8237.

**Transportation:** Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

**Transportation:** I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

**Wallpaper Couple:** "Gladly hang out with you." (352) 347-5587

## Wanted

**Part time:** Need individual with prior experience in technical writing for interesting work in small manufacturing company. Experience with ISO9001 a plus. Computer word processing skills required. Send resume and salary requirements to Human Resources Dept., P.O. Box 2918, Ocala FL 34478.

**Moving in or moving out?** Grandmattic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

**On Top of the World** resident interested in buying guns, new, old, any condition. 854-2555

**Items for Pick-Up:** Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

**Coin collector** wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

## Lost and Found

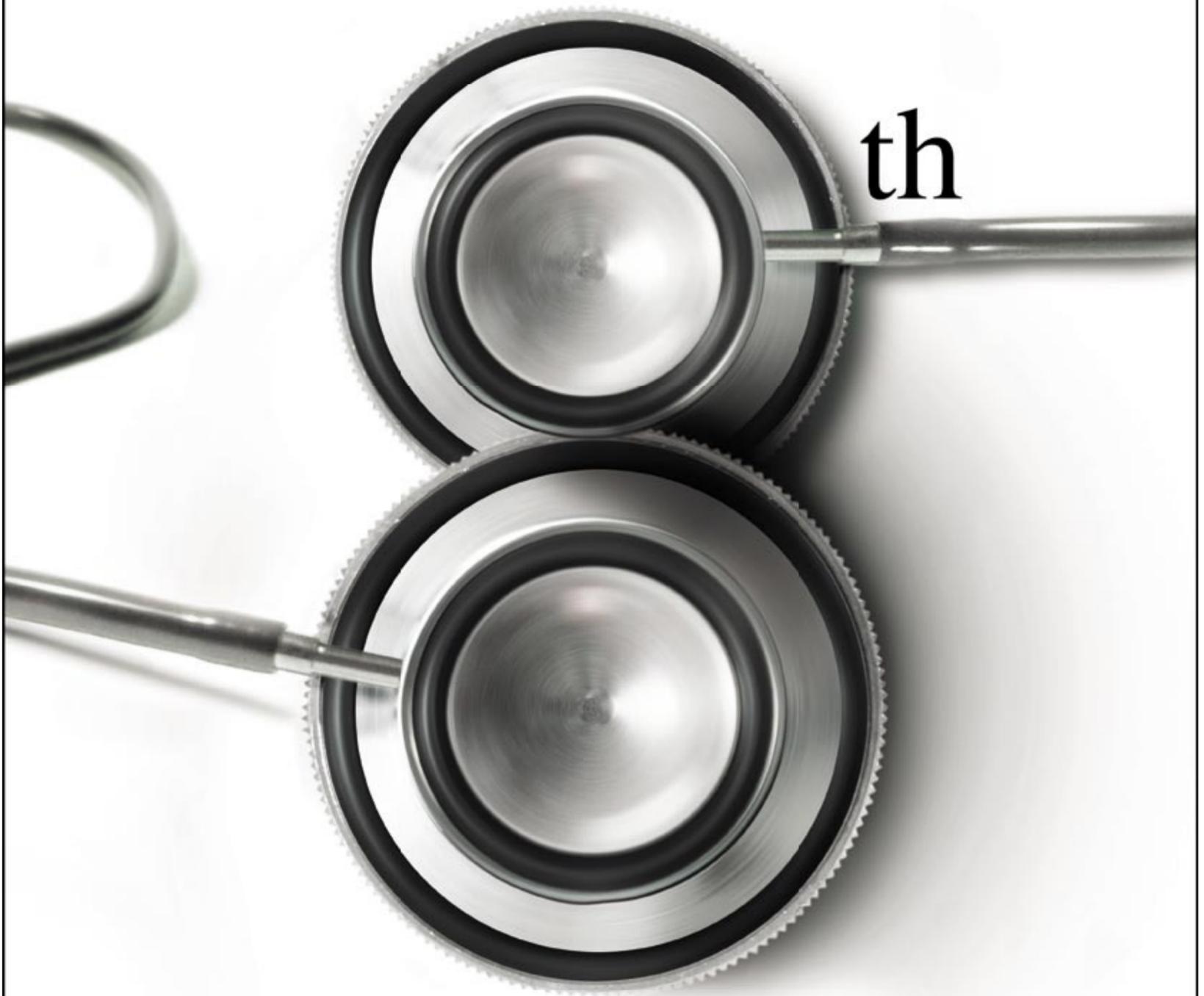
Found: Gold ring, 94th St. 854-5559

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