



On Top of the World NEWS

Where the News is Always Good

Summer is here and so are
the grandchildren!
Please review
H&R Pool Rules
on Page 10



Vol. 20, No. 12 • June 2007

Community News & Update

By Kenneth Colen,
Publisher

June completes the second quarter for Master the Possibilities' Education programming. I'm happy to report that for the second consecutive season we have exceeded 3,000 enrollments! This response has been a wonderful testament to our community's desire to learn and grow. Again, thanks to all for your interest and support! The Summer (July-August-September) Master the Possibilities catalog is due out June 28. It should be in the newspaper packet home delivered, or simply stop by the Education Center and pick up a copy. Remember to register early ... and often.

CIRCLE SQUARE COMMONS: The residents of this community never cease to amaze me. The Drifters & Platters concert in early May was a real eye-opener. Looks like we scored 100 percent with that act. Let us know what bands, stage plays and other entertainment work for you and we'll work at getting it booked. It was wonderful to see so many people kick back, cut loose and really enjoy themselves. I received more than my fair share of "looks" when I was caught singing along (softly, very softly). It is a little scary to think I actually know most of their songs by heart!

Plan review by Marion County for the next phase of buildings at Circle Square Commons should be completed by the time this article is published. When we begin construction in early June, it will be necessary to block off the road in front of this area and extending to the Education Building. We have ample parking and easy access at the back of that building for everyone. We anticipate that construction will take approximately eight months. Once completed, you will have more parking, better accessibility and even more entertainment opportunities.

This space will accommodate more classroom space as well as independent retail and service tenants that should be both complementary and beneficial to our residents. This will also have a large plaza and elevated stage for entertainment. We envision that this plaza and adjoining areas will be the site of many pre-show functions in support of the Circle Square Cultural Center.

LANDSCAPE UPDATE: Lately your Association has found itself in the position of needing to pursue actions against several residents for violation of rules relating to landscape modifications. Notably, the residents have removed trees without obtaining the Association's approval or replaced trees that were removed with plant stock not on the Association's approved plant list.

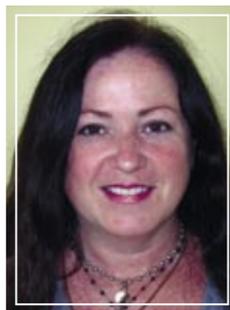
Owners must remember that landscape modification, just like any modification of the structure, must receive prior approval from the Owners' Association. I am mentioning this in my article in the hopes that we can all avoid unnecessary consequences of flaunting the Rules and Regulation and Covenants of what is after all your Association. The application process is very simple and there is no fee involved. You may obtain an application for modification from the Customer Service Department, located in Friendship Commons. Return it with a detailed description of the work requested and a dimensioned drawing of the affected area. A representative of the Association will inspect the area and advise the owner of approval, approval with modification, or denial.

STORM PREPAREDNESS: June is the start of the hurricane season and the time to start thinking seriously about dealing with the risk and inconveniences that may be encountered during and immediately after a storm. Your Association makes every effort to prepare for storm events by securing potential hazards, protecting buildings and Association related assets, and making sure we have an updated recovery plan. Key personnel are on call before and after a storm. Water and wastewater personnel are moved on-site to make sure that essential utility services are protected and the chance of interruption is minimized. Tarps (in limited supply) are kept on hand to secure homes in the event of roof damage.

Despite all of our efforts, much of your own safety and comfort depends entirely on you. To that end, I am reprinting key points to help you prepare for a storm event:

- Designate as a "post-disaster contact" a relative or friend who lives outside the danger zone. Make sure each family member has been given this person's address and phone number, and agrees to contact him or her following the hurricane.
- Keep on hand at least one week's supply of bottled water and nonperishable food items. You should also have available a manual can/bottle opener, a flashlight and a battery-operated radio or television (with an extra set of batteries for each). Make sure these items are readily accessible, so that you can quickly pack and evacuate.
- Maintain an up-to-date inventory of everything in your home. Taking photos and/or making videotapes of these items may help support the value you place on them. Also, consider storing valuable items at a secure location away from the house.
- Remove furniture from porches or patio and secure hoses so that these objects do not become dangerous or lethal projectiles during a storm.
- Stock up on items you may need to protect your home or to prevent it from being further damaged after the storm has passed. These items may include, but are not limited to, tarps or plastic, hammers, nails and plywood.
- Make sure your family is trained on how to turn off damaged utilities.
- At least once per year, review your insurance coverage to make sure it is adequate and up to date.
- When a hurricane threatens, immediately take these steps:
 - Refill prescriptions.
 - Make sure your car has a full tank of gas as power outages may force gas stations to remain closed for several days following a hurricane.
 - Store important documents and other valuable items in waterproof bags.
 - Bring inside any loose items that can be found around the home. Firmly tie down loose items that cannot be brought indoors.
 - Tape, board or shutter windows.
 - Have enough cash on hand to last at least a full week. Banks and ATMs may be closed for several days following the storm.
- Here are some suggestions on what to do during a hurricane:
 - Stay tuned to a battery-operated radio or television for weather bulletins and important information.
 - Follow the orders of local authorities.
 - Stay indoors in an interior room without windows (even if you have evacuated, inland locations may still be at risk). If conditions worsen, take shelter in a closet or bathroom and use mattresses to protect yourself.
 - Don't assume the hurricane is over when the wind subsides. The calm may be the eye of the storm, and the worst part may still be on the way.
 - If the electricity goes out:
 - Use a flashlight — not a candle or match. You do not want to take the risk of igniting gas from a broken line.

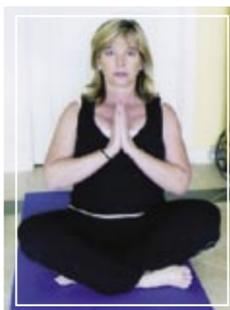
➔ Continued on Page 10



Ronnese Lamont



Joan Sabula



Claudia Saldarriaga



Pat Woodbury



Photo by Robert Krames

Terry Davison works with a member at The Ranch.

Meet the New Fitness Instructors at H&R

By MARY PAT GIFFIN
WORLD NEWS WRITER

As Adela Anderson, our irreplaceable fitness director, prepares to leave H&R to travel and relax with her husband, Marc, she is zealously fulfilling our fitness needs with handpicked stellar instructors to teach her classes. One, two, even three new instructors can't fill Adela's shoes. There are six, yes, six new instructors and a new director to do what Adela has done at H&R over the past four years.

Terry Davison, fitness lead and instructor at The Ranch, is teaching Pilates. He trained in England and possesses

that dry British humor that participants will enjoy while he demonstrates different poses.

"My forte is working with an older population because I understand the need for fitness to be manageable and fun," says Terry, who takes "a practical approach to Pilates. It is designed to cater to all fitness levels." He promises that his classes will assist you with your "balance, coordination and control."

Joan Sabula, aquatics instructor at The Ranch, has been splashing it up in the water classes at the Arbor Club for over a month. "They're so sweet. I love them," says Joan

➔ Continued on Page 16



Photo by Lynn P. Stock

Bob Woods and Judy Dunn named as Volunteers of the Year at the annual Volunteer Service Program luncheon in April.

Volunteers of the Year

By DEBBIE CLARK
ACTIVITIES DIRECTOR

The annual volunteer luncheon was held on April 24 at the Arbor Club Ballroom. In attendance that day from management was Ken Colen, president of On Top of the World Communities, along with 80 volunteers from the Volunteer Service Program, which also encompasses the librarians and the Native Plant Club. We had a wonderful lunch provided by Friendship Catering.

The Volunteers of the Year for 2006 were named at this event and once again we had two volunteers that just kept popping into Lolly's head and mine.

The two volunteers for 2006 are Judy Dunn and Bob Woods.

Judy is a wonderful person who is always willing to give of her time to the program, such as when we need extra coverage at the desk when all of us have to be out of the office, or to work an event, she is there.

Also, with the increasing participation in Adela's deep water aerobics class she goes to the Arbor Club three days a week to help with making sure that all of the residents sign in for the class and also making sure that their Fit-

ness Passes are getting punched.

Bob is another person that we can count on to be there when it is all hands on deck. He is always willing to help with the set up of the canopy for guest registration when there is a large event with outside participation and also helping with the clean up.

He is a pleasure to have at the desk in the Health & Recreation office, whether it be handing out the telephone directories, or on Fridays making sure that those who are leaving the gym get their copy of the South Marion Citizen. Also he is always joking and having a good time with the residents that are coming and going into the gym.

To Judy and Bob great job and congratulations! Also to the many other volunteers I would like to say thank you from the bottom of my heart. You are just terrific people and if it was not for you I think I would be at a loss when it comes to bringing the community quality events that you all will enjoy attending.

Once again to all of you, thank you very much for your help and support this past year, and I look forward to working with you in the upcoming year at the many events that I have planned. ☺



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal?
Gerald Colen

Q. Can you give us some type of generalized view of what estate planning should encompass?

A. No, I can't. It's too broad of a question. However, here are some thoughts that might give you an idea of what a competent estate-planning attorney would want you to consider. (1) Who do you want to receive your assets — spouse, children, grandchildren, relatives, friends, charities? (2) Are you willing to transfer any of your assets during your lifetime to anyone? (3) Do you have any minor children to consider? (4) Is there someone you want to consider who is disabled or handicapped or who has problems that need to be addressed by you? (5) Are there any special needs of your heirs or beneficiaries that you need to consider? (6) Are you satisfied with your existing estate planning documents or do you have questions about them that necessitate that you discuss them with your attorney? (7) How are your assets titled? Are they held solely by you or jointly with someone else? (8) Do you have a detailed durable power of attorney and advance directive? (9) If your estate planning documents were drafted and signed by you before you became a Florida resident, are the persons you have named as personal representative able to serve in that capacity in Florida? (10) Do you have a spouse who is incapacitated? (11) If you are married, is this a second or subsequent marriage and do you have children from a prior marriage?

Q. I thought you were rather flippant in your answer to the person who said her son told her that she was responsible for taking care of a child of his that he fathered out of wedlock to someone who was married to someone else.

A. There was nothing flippant about it. I was asked a "true or false" question regarding whether a grandparent had an obligation to take care of a grandchild produced by, shall we say, an indiscretion. The answer to a "true or false" question is either "true" or "false." In that case, the answer was "false" and that's what I said. There is no such obligation — at least not a legal obligation — on the part of a grandparent and so the answer to the question was "false" and that's what I said.

Q. Is it true that the Federal Estate Tax has been repealed?

A. Well, yes, it has been repealed but only for one year — 2010. What Congress did was to increase the estate tax exemption through 2009. Then, in 2010, the tax is repealed. How-

ever, in 2011, the tax will automatically return at the 2001 rate (\$1,000,000) unless, of course, Congress changes it.

Q. Is it true that homeowners' insurance companies are refusing to insure real property, such as my home, if it is in my living trust?

A. This has been happening but how much of a problem it has become, I do not really know. For example, some insurance underwriters have no problem at all with insuring a property, particularly a homestead if it is in trust. Others, however, may want to insure a property in a trust so long as the owners are still on the policy and the trust is added as an additional insured. The problem seems to be that insurance underwriters are concerned about insuring trustees because they may change and the successor trustee(s) are not on the policy. For those of you who have your home or apartment in trust, the easiest thing to do is not worry about it unless you have received some notice from the insurance underwriter and then you can probably just take title out of trust and put it into your name(s) alone — and if the property is your homestead it's often times a better idea to do that anyway.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attor-

Golden Oldies Humor

by Stan Goldstein



'I finally got my head together and now my body is falling apart.'

neys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice.

Mr. Colen is available for conferences at his

law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114 or at On Top of the World, in Clearwater, Fla.

In Ocala, Mr. Colen is available, by appointment, for legal conferences at the new On Top of the World sales office annex which is near Sid's Coffee Shop. He responds to e-mail at gcolen@tampabay.rr.com or through his Web site: www.gcolen.com.

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The Summer Concert & Cookout Series



Tickets On Sale Now!

Purchase Tickets Online* by Visiting www.CSCulturalCenter.com or at the Cultural Center Ticket Office. June Resident Discount Coupon Code: **GOOFY**



The Beach Toys

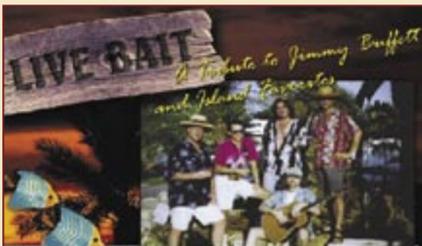
(Beach Boys Tribute Band)

Saturday, June 16, 2007

Cookout & Pre-Show Entertainment: 4 - 6pm
Doors Open: 6pm — Show Begins: 7pm

Residents — Gold \$13 Silver \$11 Bronze \$9

Come Early and Enjoy the Cookout \$10



Live Bait

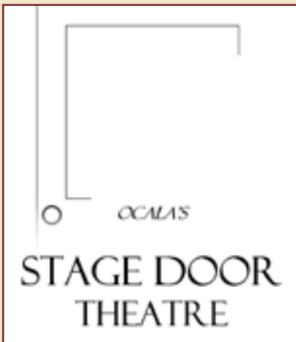
(Jimmy Buffett Tribute Band)

Saturday, July 14, 2007

Cookout & Pre-Show Entertainment: 4-6pm
Doors Open: 6pm — Show Begins: 7pm

Residents — Gold \$13 Silver \$11 Bronze \$9

Come Early and Enjoy the Cookout \$10



Stage Door Theatre Presents...

Steel Magnolias Dinner Theatre

Friday, July 20, 2007 5:30 pm

Saturday, July 21, 2007 12:30 pm & 5:30 pm

Sunday, July 22, 2007 12:30 pm

Residents — \$35 (Includes Dinner)



Pete Peterkin

(A Tribute to Ray Charles)

Saturday, August 11, 2007

Cookout & Pre-Show Entertainment: 4-6pm
Doors Open: 6pm — Show Begins: 7pm

Residents — Gold \$13 Silver \$11 Bronze \$9

Come Early and Enjoy the Cookout \$10

Coming This Fall

Sept. 1 – Patsy Cline Tribute Show

Sept. 29 – Elvis Performers

Oct. 13 – Legends of Doo Wop

Oct. 20 – On Top of the World Craft Fair

Oct. 26, 27, 28 – Stage Door Theatre presents
"Come Blow Your Horn" Dinner Theatre

Nov. 9 – Danny & The Juniors

Nov. 17 – The Diamonds

Dec. 1 – Tribute to Neil Diamond

Dec. 15 – Craig Turley & Orchestra
(dinner & dance)

Summer Cookouts!

Come out and enjoy a good old fashioned backyard BBQ before the Summer Concerts from 4 - 6 pm.

Buffet Menu

Grilled Hamburgers & Hotdogs

Potato Salad

Baked Beans

Chips

Cookies & Watermelon

Iced Tea or Water

\$10 Per Person

(Purchase Cookout Tickets at the Event)

Live Entertainment During Cookout!

Dance, enjoy friends and get ready for an evening of fun and entertainment.

Soft drinks, beer & wine available for purchase.

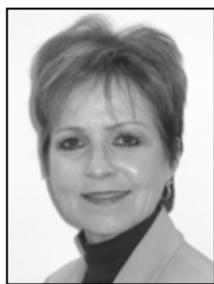


Ticket Office Hours:

Monday - Saturday, 11:00 am - 2:00 pm, Tuesday, 11:00 am - 7:00 pm • Day of Show: 11:00 am - Showtime

8395 SW 80th Street • Ocala, FL 34481 • (352) 854-3670

Ticket prices vary by concert and are sold on a first come, first serve basis. Ticket prices include sales tax. Refreshments available for purchase at events. Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Use resident discount coupon code for online purchasing and resident ID required for purchasing at ticket office). *Online tickets subject to a convenience fee.



On Top of the World Central Lynette Vermillion

Summer is here! We have already seen our first named storm of the season, Andrea. However, our community would not have known the storm existed without TV news. We did not receive the much-needed rain to help with the growing season and to help remove the smoke we experienced as a result of the numerous fires around the state.

Summer Activities

Don't forget to visit www.OnTopoftheWorldInfo.com for information about the community including activities and events, community standards and rules, bus schedules, and many other informational items. And, the Summer Cookout and Concert Series at Circle Square Cultural Center are posted on the site and community bulletin boards. You are not going to want to miss an old-fashioned backyard barbecue, dancing and entertainment prior to the summer concerts. Check out this summer's activities.

Storm Preparedness

We have also established a link to the Summer Electric Co-op and Progress Energy Storm Preparedness Web sites on www.OnTopoftheWorldInfo.com for the convenience of our residents to prepare, understand safety precautions, and what to do after a storm. It is important for residents to prepare properly for an outage following a storm. Some tips provided recommend having plenty of water and canned or prepackaged food on hand to supply several days, a portable radio with fresh batteries, candles, first-aid kit, and a full tank of gas in your car. It is very important for residents to remove any lawn furnishings or ornaments that can become missiles in a storm. Check out the link to your electric utility company to help prepare and take precautions before and after the storm.

Water Restrictions

Lawns may be watered only once per week. It is confusing when you hear the restrictions from the St. John's Water Management District on the Orlando news channels. Our community's water restrictions, however, are mandated by the Southwest Florida Water Management District (SWFWMD), which is mandating once-a-week watering. Interstate 75 separates the two water management districts, and since we are west of the Interstate, we must comply with SWFWMD.

Please ensure that your lawn irrigation clock is set according to the following schedule that is based on the last digit of your street address. If you require assistance, please visit the Customer Service office.

- Addresses ending in 0 will water on Mondays at 4 a.m.
- Addresses ending in 1 will water on Mondays at 10 p.m.
- Addresses ending in 2 will water on Tuesdays at 10 p.m.
- Addresses ending in 3 will water on Tuesdays at 1 a.m.
- Addresses ending in 4 will water on Wednesdays at 1 a.m.
- Addresses ending in 5 will water on Wednesdays at 4 a.m.
- Addresses ending in 6 will water on Thursdays at 1 a.m.
- Addresses ending in 7 will water on Thursdays at 4 a.m.
- Addresses ending in 8 will water on Fridays at 1 a.m.
- Addresses ending in 9 will water on Fridays at 4 a.m.

Forged Resident IDs

It has come to our attention that forged Resident IDs are circulating in the community. Not only is making or using a forged ID a crime, they will not be honored by our gate attendants. Gate attendants will confiscate the forged IDs, which are presented for access to the community.

Gate Transition

The transition to the new gate access company has gone very well. As expected, most residents are finding the new company to be very professional and have been very pleased with the tightened controls at the gates.

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Roof Replacements

Additional buildings scheduled for roof replacements June through August are: 2169, 2171, 2172, 2173, 2175, 2176, 2180, 2190, 2192, and 2195.

Pets

Please remember to clean up after your pet, not only at the Dog Park and common areas, but also in the back yard. Second Amended and Restated Rules and Regulations, Number 3, Animals, states, "Animal feces must be picked up immediately and disposed of properly by the owner or custodian of the animal." If you have an aggressive dog, please visit the park when other animals are not present.

Golf

We have been very busy at the golf course. Just a reminder to our members and their guests—appropriate golf attire is required on the course and at the practice range. Proper golf attire includes: A golf shirt with collar; lady's shirts may be collarless if they have sleeves; shorts if designed for golf and no shorter than just above the knees; no denim clothing; and proper golf shoes. Dressing appropriately shows pride in our facilities and respect for the other members of the club and for the game of golf.

Golf carts should use the designated golf cart path where provided. Carts should not use sidewalks intended for pedestrian traffic only. The Marion County Ordinance Number 05-27 states that golf carts may be operated on roadways within On Top of the World except for Southwest 80th Avenue. Roads dedicated to Marion County must have a separate golf cart path such as on Southwest 80th Street.

Visitors and Guests

We know your visiting family members and guests will enjoy their time at On Top of the World, and we ask that you make sure each guest understands and observes the community rules during their stay.

If your guests are arriving by RV, please make reservations prior to their arrival so that we may reserve a guest parking space at the RV Park and have a guest pass ready for them at the gate. RVs may not be parked overnight in the driveway. Visits over 72 hours will require a fee.

Contractors

On Top of the World Communities has an approved list of contractors who have provided evidence of insurance, worker's comp and license, if required. If a contractor is referred by a neighbor or managed to solicit your business, verify with Customer Service that they are on the approved contractor list. We have had a number of residents who have paid upfront for work that is not performed or not performed to their satisfaction. Once the money is paid and the contractor is gone, you may be faced with a much more expensive project to complete. On Top of the World Communities, Inc., and your Board do not endorse or recommend any individual contractors. We do keep a record of contractors that meet minimum criteria and that do work or have worked successfully with our residents.

And, please remember any work on the exterior of your home, including lawns and landscape beds, must have an application for modification request which has been approved in writing by the Architectural Review Board (ARB) before any work may begin. Please advise Customer Service of anyone soliciting at your door. Ask for their name, company and a copy of the flyer so that we may contact the vendor to address their violation of our no solicitation policy.

BYOB Policy

Just a reminder to our clubs, residents, and guests, BYOB is not allowed at the Health & Recreation and Arbor Club and Suites. Any alcohol consumed on these premises must be purchased from the license holder. Violators of the policy will be asked to vacate the premises and future privileges may be revoked.

Enjoy the summer and visiting family and friends! ☺

**Emergency After-Hours
Phone Number**
236-OTOW (236-6869)



From Debbie's Desk Debbie Clark

I am going to try something a little different for my opening: here are some facts on the month of June, which I have taken from the Woodland's Junior School Web site.

Did you know that June is the sixth month of the year and takes its name from the Roman goddess Juno, the goddess of marriage? For this reason, June has always been looked upon as the best month in which to marry. Also for the month of June did you know that there is a midsummer's superstition for roses, the flower for the month? The superstition is that roses are of special importance on Midsummer's Eve. It is said that any rose picked on Midsummer's Eve or Midsummer's Day will keep fresh until Christmas.

Just some little tidbits for the month of June ... now onto the fun stuff of past happenings and what is coming up.

The beach party happy hour, which was held on April 13, was well received. Barry and Nancy provided the music for the evening. They did a wonderful job of mixing in the sounds of summer. Friendship Catering served hamburgers and hot dogs fresh off the grill; from the plates that I saw walking away, this type of a menu was a huge success.

The Volunteer 200 fair was a very enjoyable day. The agencies that participated were very happy with the turnout and had many leads in regard to future volunteers for their programs.

Two activities that have taken place in the month of May are the Cinco de Mayo Happy Hour that was held on May 4 with the ever-talented Dunning Shaw providing the entertainment for the evening. Also Friendship Catering brought us the wonderful tastes of Mexican cuisine.

On May 8, we had a Mother's Day High Tea at the Arbor Club for all of the ladies of On Top of the World, Candler and Indigo East. We are getting closer and closer to the traditional English High Tea. The buffet was out of this world, with its homemade dessert pastries and scones along with the traditional English Tea sandwiches. A big thanks to Friendship

Catering and a super big thank you to our new chef, Kathleen Mills. She did a fantastic job, and the food was excellent. We are going to take a break for the summer and the teas will resume in September.

Onto the month of Junno, here is the schedule for the Friday, Night Happy Hours:

- June 1: Ray & Kay
- June 8: Dinner Theatre Happy Hour at the Cultural Center
- June 15: Barry & Nancy
- June 22: Roger
- June 29: Bontempos

Here is some more information on the June 8 Happy Hour: tickets are still available at the Arbor Club Monday through Friday, 10 a.m. to 3 p.m. There are plenty of good seats available as this is being held at the Circle Square Cultural Center. Also many of you have asked whether this is the same company that brought us Roger & Rita's Wedding. The answer to this is NO! This is the theater company that brought us the Cruise Mystery Dinner Theatre.

Also we will have our ever-popular Seminole Hard Rock Hotel and Casino trips, which are taking place on Tuesday, June 5, and Thursday, June 28. There are still plenty of seats available. The cost is \$20 per person; it includes your round-trip transportation, \$20 in free play and a \$5 lunch voucher. If you are interested in attending these trips, please register at the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m.

For the month of July we will have our annual Fourth of July Celebration in the H&R Ballroom. This event will take place from 10 a.m. to 3 p.m. There will be Bingo from 10 to 11:30 a.m., lunch from noon to 1:30 p.m., and then entertainment from 1:30 to 3 p.m. Entertainment this year is being provided by Tortuga Bay which is a new group to us here at On Top of the World. They perform a lot of the big band sounds along with a lot of songs for line dancing. This should prove to be a very enjoyable afternoon of dancing. Tickets will be available beginning June 11 at the H&R office from 8 a.m. to 4 p.m. daily. Please keep your eyes out for the posters and Channels 17/19 as to the price per person along with the lunch menu.

At the time of writing this article there are still a few tickets available for the Baseball Game on July 13 at Tropicana Field in which we will be watching the Tampa Bay Devil Rays take on the New York Yankees. The cost per person is \$35 and this includes your round-trip transportation along with your ticket to the game. Please register at the H&R office from 8 a.m. to 4 p.m. if you are interested in attending this trip.

Theresa will also have trips to the Hard on Tuesday, July 10, and Thursday, July 26. If you are interested in attending either one or both of these casino trips please come up and visit Theresa. She will be more than happy to sign you up for these trips.

That is all for this month, folks. Be safe, have fun and I will speak to all of you again in July. ☺

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Candler Hills Artists pose during their first exhibition, which gave artists and neighbors an opportunity to share their talents with the community.

Photo by Mary Pat Giffin

Participants at the Candler Hills barbecue in May included top, from left, Ken Colen, Marty Mizrachi, Vic Brumeley, Ken McDonald, Rosemarie Moherek and Phil Moherek; next row, Marilyn Mizrachi, Heddy Racinowski and Glenda McDonald; and kneeling, Bob Davis and Ray Cech.



Candler Hills
Mary Pat Giffin

The first annual Candler Hills community barbecue was a resounding success. Nearly 200 neighbors gathered for a Hawaiian theme event, which raised \$550 for tornado victims. Dr. Rosznak, pastor of the First Baptist Church, who is in charge of the relief fund, wrote, "your donation will go towards a new washer and dryer in (three new mobile) homes."

The excursion club is hosting a Singing River Tour with Captain Jon on Thursday, June 7, at 10 a.m. It's only \$10 per person and you will be entertained with songs and stories about wild Florida. You don't want to miss this outing with Captain Jon, a USCG licensed operator and first-class musician.

You'll be cruising along the Rainbow River, an "Outstanding Florida Waterway," where care is taken to keep it pristine. Following the river tour, lunch is being proposed at Carmella's, a delicious, local Italian restaurant in Dunnellon. For more information, call Sylvia and

John Joram at 291-1770 or e-mail them at shantijoram@hotmail.com.

Is your recreational vehicle sitting in the storage lot? Ed Neustadt and Janice Spalding are looking for interested trekkers to join them on both short and long excursions. They posted flyers on 46 vehicles in the lot and so far six people have responded. They will meet on Tuesday, June 5, at Ed and Janice's home. Give them a call if you're interested in joining the club — 873-9145. The first adventure will probably be in the fall or winter, according to Janice, and the group will decide on short or long trips.

The ladies' nine-hole golfers have changed their play day to Monday at 9:24 a.m. for the summer months. If you'd like to join them, give Sally a call at 861-9712.

As always, your comments and suggestions for this column are welcome. Please e-mail me at marypatgiffin@yahoo.com or give me a call at 854-8545.

As I write this there are wildfires north and south of us. Our communities have experienced a few days of smoky haze and a light covering of ash on our outdoor furniture, pools and vehicles. We are very fortunate to have only these minor inconveniences. Let's hope the rains come, without the damaging winds, as hurricane season approaches.

Our first Friday evening gathering (May 4) was a huge success! We had approximately 60 neighbors gather and enjoy each other's company. Come join neighbors at our community center, the first Friday of each month at 6 p.m. Bring your personal beverage and a snack to share. We will eat, drink and be merry!

Thanks to John Gysen's recruiting efforts we have 18 Indigo East neighbors participating in the Community Patrol. Thanks to all who are giving their time to be the eyes and ears of the sheriff's department in our community. If you are interested, contact John at johngysen@hotmail.com or call 402-0845.

Bev Case, Indigo East CERT leader, welcomes inquiries from anyone interested in becoming a member of this community minded group. Contact her at billbev@otowhomes.com or 369-9547.

Remember we still have lots going on through out the summer months. Water exercise classes, lead by Joan Sabula, are held every Wednesday and Friday at 10:30 a.m. at our pool. The second Tuesday and fourth Thursday neighbors meet at the community center at 6:30 p.m. to play cards, dominos, board games and any other game anyone is interested in. Ladies in Indigo East gather for a luncheon the last Friday of every other month, except this month when Memorial Day pushed the date into June. The next luncheon is June 1 at 11:30 a.m. The cost is \$7 at the door. It is too late for RSVP's but contact Trudie Press if you have questions. Her info is in the directory.

The blood drive May 8 gave 17 Indigo East neighbors the knowledge that their donations helped more than 50 people. Each unit donated has the potential of saving three lives. Thank you, thank you, thank you. We are working on some special things for our July donors. I will fill you in as the details are worked out. Stay tuned!

Take note. We have a new addition in our community center. Check in the hallway where the On Top of the World bulletin board is located. We now have a bulletin board for resident use. Please be considerate of the limited space and be certain all postings are neat.

On May 20, we had the second of five community socials planned for this year. I hope you were there but I will update readers, who have gone for the summer, in the next column.

Mark your calendar for the remaining socials this year. On Aug. 5, Barbara Kratz and Sue Siegel are chairing the group, which will host our second annual Ice Cream Social. On Oct. 7, Helen Boros is chairing the group, which will host our second annual Fall Fest, and Dec. 9 Jenny Stockli is chairing the group which will host our second annual Holiday Party. Lots going on, join in!

Do you have an idea for our community that you would like to see here? E-mail me at indigo8062@earthlink.net or call 861-4564. Indigo East Directory information, additions, corrections, updates go to Michael and Nancy Ludvik at mnludvik@earthlink.net or 369-9973. Newsletter articles and/or a request to be added to the newsletter distribution list goes to Roger Schwartz at schwartz8096@earthlink.net.

Until next time, remember, enjoy life this is not a dress rehearsal.



Candler Hills & Indigo East
Lynette Vermillion

Summer is here! We have already seen our first named storm of the season, Andrea. However, our community would not have known the storm existed without TV news. We did not receive the much-needed rain to help with the growing season and to help remove the smoke we experienced as a result of the numerous fires around the state.

Summer Activities

Don't forget to visit www.OTOWInfo.com for information about the community including activities and events, community standards and rules, bus schedules and many other informational items. And, the Summer Cookout and Concert Series at Circle Square Cultural Center is posted on the site and posted on community bulletin boards. You are not going to want to miss an old-fashioned backyard barbecue, dancing and entertainment prior to the summer concert series. Check out this summer's activities.

Storm Preparedness

We have also established a link to the Sumter Electric Co-op and Progress Energy Storm Preparedness Web sites on www.OTOW.com for the convenience of our residents to prepare, understand safety precautions, and what to do after a storm. It is important for residents to prepare properly for an outage following a storm. Some tips provided recommend having plenty of water and canned or prepackaged food on hand to supply several days, a portable radio with fresh batteries, candles, first-aid kit, and a full tank of gas in your car. It is very important for residents to remove any lawn furnishings or ornaments that can become missiles in a storm. Check out the link to your electric utility company to help prepare and take precautions before and after the storm.

Water Restrictions

Lawns may be watered only once per week. It is confusing when you hear the restrictions from the St. John's Water Management District on the Orlando news channels. Our community's water restrictions, however, are mandated

by the Southwest Florida Water Management District (SWFWMD), which is mandating once a week watering. Interstate 75 separates the two water management districts, and since we are west of the Interstate, we must comply with SWFWMD.

Please ensure that your lawn irrigation clock is set according to the following schedule that is based on the last digit of your street address. If you require assistance, please visit the Customer Service office.

- Addresses ending in 0 will water on Mondays at 4 a.m.
- Addresses ending in 1 will water on Mondays at 10 p.m.
- Addresses ending in 2 will water on Tuesdays at 10 p.m.
- Addresses ending in 3 will water on Tuesdays at 1 a.m.
- Addresses ending in 4 will water on Wednesdays at 1 a.m.
- Addresses ending in 5 will water on Wednesdays at 4 a.m.
- Addresses ending in 6 will water on Thursdays at 1 a.m.
- Addresses ending in 7 will water on Thursdays at 4 a.m.
- Addresses ending in 8 will water on Fridays at 1 a.m.
- Addresses ending in 9 will water on Fridays at 4 a.m.

Forged Resident IDs

It has come to our attention that forged Resident IDs are circulating in the community. Not only is making or using a forged ID a crime, they will not be honored by our gate attendants. Gate attendants will confiscate the forged IDs, which are presented for access to the community.

Gate Transition

The transition to the new gate access company has gone very well. As expected, most residents are finding the new company to be very professional and have been very pleased with the tightened controls at the gates.

DCM

In response to customer requests for expanded program offerings including sports packages in a digital format, pay-per-view, digital music and high-definition programming, DCM Cable has recently expanded to digital programming. After searching a number of

alternatives including Direct TV, it was determined that DISH Network had the broadest program offerings that met the needs of DCM customers. The digital package that DCM provides is contracted through the DISH Network and offers America's Top Digital 250 channels. The monthly programming fees charged are identical to those that DISH Network charges its direct customers. And, DCM does bundle the Internet along with its cable offerings due to the fact that most of our homes are pre-wired for Internet, and our residents are very computer savvy. By bundling both cable and Internet, we are more competitive than other offerings on the market.

A new Travel Rate Incentive Program was also introduced. The program offers customers the option of suspending service while away from home for a specified period of time for the flat rate of \$10 per month plus sales tax. If you were to disconnect your service while away or traveling, there is a standard reconnection fee of \$45. With the Travel Rate you pay only \$10 per month and the reconnection fee will be waived when service is resumed. There is a 30-day minimum timeframe for this program. You do not have this option with Direct TV; if you are away from home for a period of time you must continue to pay for the service or have it canceled to avoid payments while you are away.

By the time you read this article, a much faster Internet speed is expected to be available to DCM customers. The highest possible residential speed attainable at that time will be up to 5 megabytes.

Many customers are asking for automatic debit. The process was tested in May, and will begin actual ACH debits in June. You may sign up for this service by visiting the Customer Service Department at Friendship Commons. Visit DCM's Frequently Asked Questions (FAQs) on www.OTOWInfo.com for other questions you may have.

Visitors and Guests

We know your visiting family members and guests will enjoy their time at On Top of the World, and we ask that you make sure each guest understands and observes the community rules during their stay.

If your guests are arriving by RV, please make reservations prior to their arrival so that we may reserve a guest parking space at the

RV Park and have a guest pass ready for them at the gate. RV's may not be parked overnight in the driveway. Visits over 72 hours will require a fee.

Pets

Please remember to clean up after your pet, not only at the Dog Park and common areas, but also in the back yard. Second Amended and Restated Rules and Regulations, Number 3, Animals, states, "Animal feces must be picked up immediately and disposed of properly by the owner or custodian of the animal." If you have an aggressive dog, please visit the park when other animals are not present.

Golf

We have been very busy at the golf course. Just a reminder to our members and their guests — appropriate golf attire is required on the course and at the practice range. Proper golf attire includes: A golf shirt with collar; lady's shirts may be collarless if they have sleeves; shorts if designed for golf and no shorter than just above the knees; no denim clothing; and proper golf shoes. Dressing appropriately shows pride in our facilities and respect for the other members of the club and for the game of golf.

Golf carts should use the designated golf cart path where provided. Carts should not use sidewalks intended for pedestrian traffic only. The Marion County Ordinance Number 05-27 states that golf carts may be operated on roadways within On Top of the World except for Southwest 80th Avenue. Roads dedicated to Marion County must have a separate golf cart path such as on Southwest 80th Street.

Contractors

On Top of the World Communities has an approved list of contractors who have provided evidence of insurance, worker's comp, and license if required. If a contractor is referred by a neighbor or managed to solicit your business, verify with Customer Service that they are on the approved contractor list.

We have had a number of residents who have paid upfront for work that is not performed or not performed to their satisfaction. Once the money is paid and the contractor is gone, you may be faced with a much more expensive project to complete.

On Top of the World Communities, Inc. and your Board do not endorse or recommend any individual contractors. We do keep a record of contractors that meet minimum criteria and that do work or have worked successfully with our residents.

And, please remember any work on the exterior of your home including lawns and landscape beds, must have an application for modification request which has been approved in writing by the Architectural Review Board (ARB) before any work may begin.

Please advise Customer Service of anyone soliciting at your door. Ask for their name, company and a copy of the flyer so that we may contact the vendor to address their violation of our no solicitation policy.

Enjoy the summer and visiting family and friends!

Congratulations

Anniversaries • Birthdays • New Residents



Ruth & Al Bice
64th Anniversary



Charlotte Erickson
Birthday



Sylvia & Ed Mark
65th Anniversary



Chuck & Lorraine Page
55th Anniversary



Carolyn & Gerry Slovitz
8th Anniversary



Lil Taub
Birthday



Grete & Theodor Zink
50th Anniversary



Hospitality Division
Susan Keogh

Candler Hills Restaurant and Friendship Catering hosted hundreds of Moms and their families on Mother's Day. It was a very special day for everyone. Each Mom was given a lovely flower and treated like a queen for the day. I am pleased with the turnout and the overwhelming positive responses I have received from extremely satisfied guests.

Candler Hills Restaurant will host Father's Day on June 17. Entrees sure to please Dad include: 10-ounce New York Strip; 10-ounce Flat Iron Steak; Grilled Half Chicken; Florida Black Grouper, and Beef Short Ribs. Reservations are requested, call 861-9720. Dinner will

be served from 11 a.m. to 6 p.m.

The Pub, which is usually closed on Sunday, will be open for Father's Day featuring a Lumberjack Breakfast Buffet Menu, specially designed with Dad in mind. The price is \$16 per person, including tax. Breakfast will be served from 8 a.m. until noon. Reservations highly recommended, walk-ins welcome, call 854-0761. The buffet features: Loaded Scrambled Eggs (peppers, onions, ham and cheese); Hearty Hash Brown Casserole, Fruit-topped, thick-sliced French Toast; Fresh Blueberry Pancakes; thick-cut, hearty, smoked bacon; jumbo sausage links; assorted breakfast breads; and a fresh fruit display.

Wondering what the hours are at The Pub, Sid's Coffee Shop or Candler Hills Restaurant? I have provided a list below that can be clipped and saved.

Candler Hills Restaurant is open Monday through Saturday 8 a.m. to 8 p.m., and Sunday 8 a.m. to 5 p.m. Early Birds are served Thursday, Friday and Saturday from 3 p.m. to 6 p.m. and Sunday from 3 p.m. to 5 p.m. The restaurant will remain open later for certain Cultural Center functions. The telephone number is 861-9720.

The Pub is open Monday through Saturday 7 a.m. to 6 p.m. It is closed on Sunday. Happy Hour is held Monday through Thursday from 3 p.m. to 5 p.m. The telephone number is 854-0761.

Sid's Coffee Shop is open seven days a week from 7 a.m. to 5 p.m. It will be open later when there are Master the Possibilities and Cultural Center activities. The telephone number is 861-9873. ☎



USPO
Ray Utiss

I have some belated news to report this month. The postage rates for first class mail have increased. It went from 39 cents to 41 cents. You will have to purchase two-cent stamps to add to your 39 cents stamps for first class mail.

There are new first class postage stamps available. They are called Forever Stamps and cost 41 cents each. They will be good for first class mail, no matter what the rate increases to. If you have any question about these new stamps, just ask the clerks at our post office. All the counter clerks at Yours Truly Post Office are very friendly and will answer your questions.

Remember this, if you have a mail concern, such as mis-delivered mail, you are to call our Post Office, at 861-8188, and report it. The Post Office will arrange for an employee to retrieve the mail for correct delivery.

You can contact me by e-mail, grandmaandraisin@cfl.rr.com. ☎



Lions Club
Dianne Lovely

As I stated in the May issue of the World News, the On Top of the World Lions Club celebrated its 20th anniversary on May 22. The club had an installation party.

Past International Director Jack Stuart installed the new officers for the upcoming year.

Congratulations to the following new officers: president Robert Melnick, first vice president Diane Melnick, second vice president Anthony Cacciotto, secretary Ron Chard, treasurer Ken Hetzel, tail twister Ralph Mills, lion tamer Wendy Phillips, second year directors Jim Delfraisse and Dianne Lovely, one year directors John Wiley and Charmine Hassett, parliamentarian William Tooher, membership chairman Estelle Clark, and our past president Edward Michelson.

Several people ventured North for the summer. We look forward to their safe return.

The On Top Of The World Lions would like to thank everyone for supporting our White Cane Day, when the money we collect goes to the Center For The Blind. Thanks so much.

I have an apology to make; I goofed. I wrote in my last article that the Memorial Day Service would be held on Wednesday, May 30. I should have written Monday, May 28. I am sorry if I caused any problems. I hope you all did get to the service.

I told you that the Lions had a new service for the homebounds and shut-ins of On Top of the World. The Lions are offering this new service to come to your home to visit with you, read to you, or do some errands that you might need doing. Tony and Rita

Cacciotto, who are sponsoring this, say it is going quite well. If you would like this service, call Tony or Rita Cacciotto at 854-1364.

We meet at Candler Hills Community Center the second and fourth Tuesday of the month.

If you would like to be a member of the Lions Club, please contact Estelle Clark, membership chairman, at 854-7358. ☎

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Charles Anderson of the Dunnellon Food-4-Kids backpack program and Jeanne Nicholls present a check donated by the Entertainment Group.



100 Grandparents
Barbara Greenwood

The time in the classroom always seems to just fly by. The children are wonderfully well behaved and mannerly. They have no idea how much joy they bring to us with their genuine smiles and loving dispositions. For all of us who have our grandchildren in other parts of our country, this opportunity to be with the students of Romeo is a highlight.

Upon our return to the media center, we were issued an invitation to come to a volunteer luncheon being held May 22. We looked forward to this because it gave us one last chance to be with the best administration and faculty of any school in Marion County.

We'd like to take this opportunity to thank everyone who participated in the Food-4-Kids backpack program. Your donations helped us to increase the number of backpacks being sent home with children who otherwise would not have had adequate breakfasts and lunches on the weekends. We have heard first hand how appreciated these backpacks are. Thank you all so very much.

We are especially grateful and appreciative to Elliott and Marilyn Barbour who saw to it that all donations were delivered to the site where the backpacks are made up. It's a big job and one they always do with a smile.

This project of ours will begin again in September when we return to Romeo.

Also, all of you who have clipped Campbell soup labels, General Mills labels, and many other product labels that say Box Tops For Education or Labels for Education and placed them in the Red School House under the stairs of the Health & Recreation Center, thank you. The Campbell soup labels must have the picture of the Campbell soup kid on it as well as the UPC attached. This practice will continue throughout the summer, so please, keep clipping.

The "grandparents" wish you all a very happy and healthy summer season.

Our May scheduled visit to Romeo Elementary School in Dunnellon was filled with mixed emotions. This visit was the last one for the 2006-07 school year. Of course we'll be going back in September, but we'll be meeting another group of children. The ones we had the pleasure of being with this year will have moved up a grade. Certainly that's a good thing for the students, but kind of sad for us "grandparents." However, forming new bonds with a new group of kids is something for us to look forward to.

On this visit we were warmly greeted by Lisa Coy, assistant principal, Victoria Thomas, dean of Romeo, and Patsy Lakin who seems to wear many hats at Romeo. They were awaiting our arrival in the media center. The children were called to come and escort us to their individual classrooms to read. In other words, the best part of our visit was about to begin.

Church Seeks Boy Scout Leaders

First Congregational Church United Church Of Christ is sponsoring a brand new Boy Scout Troop. The search for adult leaders is now in progress. If any member of On Top of The World Communities would like to help out and serve on the troop committee, which will meet one night a month, please contact John Fernandez at 867-7659.

We are also looking for a scoutmaster and two assistant scoutmasters to help with the weekly program. No experience needed and training will be provided.

As soon as the adult leaders are in place,

we can recruit boys to join and start weekly meetings of Troop 59.

We are looking for any boy who is 11 years old, or one who has completed the fifth grade or the Arrow of Light Award and is at least 10 years old, but is not yet 18 years old to join our new troop. We plan to recruit from nearby neighborhoods as well as across town.

A special open house will be announced in the near future to invite new members to join. John Fernandez will serve as the chartered organization representative and organize the needed training for the adults and boys.



Photo by Margaret Edmiston
Mallard parents work to protect their ducklings at Lake Weir.



Birders' Beat
Jane Callender

The Unique Birders do not meet in June, July and August. For information, call Roberta Campbell at 854-4814, or me, at 861-2983.

The April field trip, led by Betty and Ron Broman, was to DeLeon Springs State Park. This is another of Florida's interesting parks. It includes an old Spanish sugar mill, swimming area, Persimmon Hiking Trail and an hour and a half boat trip. It also has a restaurant that

has tables with a griddle in the middle so you may cook your own pancakes!

The bird of the month is the mallard duck. Margaret Edmiston took the accompanying photo on our March field trip to Lake Weir. The mallard parents were having a busy time protecting their ducklings from nearby wading children.

The mallard is probably the most abundant and familiar wild duck in the Northern hemisphere, and is the ancestor of most domestic ducks. It nests near water in vegetation, lining a hollow with grass, stems and down. Only the female incubates five to 14 eggs. The name "mallard" comes from Latin "masculus" (meaning male), referring to the male not taking part in incubating the eggs.

The male has a large green head, white neck and rust brown chest. It has a combination of gray and white on the sides with yellow bill, legs and feet. The wings have a bright blue patch on the upper side, bordered in white. The poor female is all speckled brown with orange and black bill. Such is the bird world!

Mallards eat seeds, plants, aquatic insects and will come to ground feeders offering corn. Migration is complete from northern to southern states; a non-migrator in Florida.

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Culinary Series — BBQ.....	June 18

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Fitness Happenings
Adela Anderson

The hot days of summer are here! Pack your fitness classes with fun and incorporate more joy into your life. How about taking an aquatic class to cool off and experience the de-stressing effects of the water? This might be the perfect time of the year to set new realistic wellness goals. Do you need motivation? Why not take a personal training session with Howie. During the month of June we will be running a 10 percent off special? By making health your priority you will add more quality to every day of your life.

Let us introduce three new instructors who will join the team in teaching fitness classes: Claudia Saldarriaga, Terry Davison and Pat Woodbury.

Claudia will teach the Beginner Yoga classes on Mondays and Wednesdays at the Arbor Club.

Terry will teach the Pilates classes on Friday mornings.

Pat will teach the Arthritis Aquatic class on Tuesdays and Thursdays.

Please notice the following changes in your fitness schedule:

- **SHALLOW AQUATIC CLASSES:** Monday, Wednesday and Friday, 1:30 p.m., Arbor Club Indoor Pool. Instructor: Mary Pat Giffin
- **DEEP WATER CLASSES:** Monday, Wednesday and Friday, 9:15 a.m., Arbor Club Indoor Pool Instructor: Joan Sabula.
- **ARTHRITIS AQUATIC CLASSES:** Tuesday and Thursday, 10 a.m., Arbor Club Outdoor Pool. Instructor: Pat Woodbury.
- **PILATES:** Fridays 9 a.m., Arbor Club Exercise Room. Instructor: Terry Davison.
- **BEGINNER YOGA CLASS:** Monday and Wednesday, 10:15 a.m., Arbor Club Exercise Room. Instructor: Claudia Saldarriaga.
- **YOGA CLASS:** Tuesday and Thursday, 11:45 a.m., Arbor Club Exercise Room. Instructor: Ronnese Lamont.
- **YOUR NEW POWER:** Monday and Wednesday, 3 p.m., H&R Exercise Room. Instructor: Howie Williams

WAIVER OF LIABILITY/INFORMED CONSENT: Due to a request from our insurance company, the waiver forms you sign when you enter the fitness center have been revised. You will notice that now they have a space for your signature and a place for you to print your name. We appreciate your cooperation in filling out these forms accordingly.

If you need further information regarding the fitness schedule, please call the H&R office at 854-8707. ☎

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RECREATION CENTER FITNESS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Cammy	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Cammy	Cardio Burn & Firm Mary Pat
9:00 60 Min Aerobics Room	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat
10:15 Aerobics Room		Beginners Tai-Chi* Shannon		Beginners Tai-Chi* Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat
12:00 Gym		Cybox Orientation Howie		Cybox Orientation Howie	
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
3:00	Your New Power* Howie		Your New Power* Howie		

Saturday
12:15 Oxycise (20 Min.)
Aerobics Room

Sunday
12:15 Oxycise (20 Min.)
Aerobics Room

Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required.
Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching Exercises. Mat required.
Condition & Stretch Fusion: Warm-up, short conditioning segment and flexibility exercises Mat Required
Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and Stretching. No floor work.
Power Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.
Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.
Cybox Gym Equip. Orientation: Learn how to use and adjust the machines correctly.
One-on-One Personal Training: Fee based instruction with certified instructor.
Interval Training: This class consists of alternate bursts of Aerobic Activity (3 min.), and strength training (1.5 min.)
Your New Power: Strength training, core exercises and balance movements.
***Asterisk denotes a fee Based class. See instructor for information**

Tips to Follow When Exercising With Arthritis In Warm Water

By ADELA ANDERSON
FITNESS DIRECTOR

One in three American adults suffers from arthritis or joint pain. Regular exercise keeps joints moving, giving them the ability to perform daily tasks. Exercise also preserves joint flexibility and endurance. Water is an ideal environment to relieve the pain and stiffness of arthritis.

Using a hot tub can be beneficial. The benefits include greater range of motion to perform every day activities, decrease of stiffness, pain and muscle relaxation.

Check with your doctor what type of arthritis you have, how it affects you, what is the severity of your disease, which joints are being affected and if using a hot tub is appropriate for you. It is important that you work with your physician and your personal trainer to have a specialized program developed for you.

If you are considering exercising in warm water, keep the following tips in mind:

- Make sure your doctor knows whether you have any special medical conditions such as high blood pressure, low blood pressure, diabetes, multiple sclerosis, lung or heart dis-

ease, circulatory problems or any other serious illness.

- When you first enter a spa, enjoy and relax. Begin slowly with your exercise routine after your muscles feel warm and your joints more comfortable.

- Individuals react differently to heat. If you feel lightheaded or nauseated, get out of the water immediately.

- Discontinue to use the hot tub or warm water pool and let your physician know when joint swelling, stiffness or pain increases.

- In a pool, the water temperature should range from 83 to 88 degrees.

- The temperature in the hot tub should be between 98 and 104 degrees. Soaking time should not exceed 10 to 15 minutes.
- Elderly are more prone to get overheated.

Our aquatic arthritis exercise program continues on Tuesdays and Thursdays at 11:45 a.m. in the Arbor Club walking pool.

Please bring your water shoes, drinking water and a hat, sunscreen and sunglasses to protect yourself against the sun. For more information on this great program, please call Adela at 854-8707. ☎



Diabetes Support Group
Lennie Rodoff

Our meetings are over for the spring season. We will start having meetings again on Sept. 24 in Suite G of the Arbor Conference Center at 4 p.m. (Our meetings are always on the fourth Tuesday of the month.)

I would like to thank those who supported our meetings over the past year. I'm looking forward to seeing you all again next fall, and hope to see new members join us. We all seem to agree that it is easier to do what you are supposed to do, if you get positive feedback from people in a similar situation. Make healthy choices, and have a great summer! ☎

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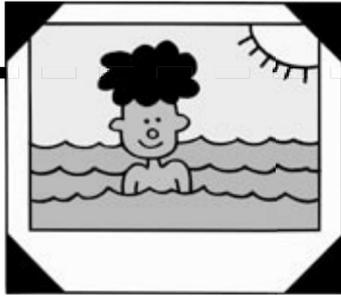
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Health & Recreation Pool Rules

On Top of the World Management and the Pool Monitors have established the following rules.

Swim At Your Own Risk • There Is No Lifeguard On Duty

Effective June 1, 2006
Pool Hours: 8 a.m. to dusk
Tuesday Hours: 9 a.m. to dusk

LAST WEDNESDAY OF THE MONTH THE POOL IS CLOSED

- One lane open for dippers, exercisers, etc., until 10 a.m.
- Other lanes open for LAP SWIMMING ONLY
- After 10 a.m. allow POOL WALKERS TO WALK in shallow end
- Aquacise Classes meet on Mondays, Wednesdays, and Fridays for one hour from 11 a.m. to noon, May through September. Please be courteous; use other end of pool.
- Open Swimming to all residents from noon to closing.
- **GUESTS UNDER 15 ARE PERMITTED TO SWIM FROM NOON TO DUSK:** Must be accompanied by RESIDENT OR PARENT
- **HOLIDAYS AND HOLIDAY WEEKENDS:** There are no time restrictions for guests under 15 – must be accompanied by RESIDENT OR PARENT
- No littering, running, jumping, diving or horseplay.
- No rafts, inner tubes or large toys. Noodles and water wings are allowed.

- Diaper age children must wear leak proof swimwear.
- **PLEASE SHOWER AND RINSE OFF ANY LOTIONS OR OILS, AS THIS DISTURBS THE PH BALANCE OF THE POOL.**
- No Smoking, food, cans or animals in pool or pool deck areas. Water bottles are allowed as long as they are plastic.
- **NO GLASS PERMITTED IN AND AROUND THE POOL AREAS AND VERANDA.**
- Food and drink (no glass containers) are allowed on the Veranda

PLEASE EXIT POOLS DURING THUNDERSTORMS

In case of medical emergency, if at all possible, please use cell phone to contact 911. If no cell phone is available call 911 on phones under Veranda or Pro Shop.

Also in case of emergency please notify the Recreation Staff. We are available Monday through Friday 8 a.m. to 4 p.m. If we are not available please see gym attendant and they will be more than happy to assist you.

These rules are for your benefit and safety;
Non-Compliance will result in loss of privileges.

THANK YOU FOR YOUR COOPERATION

Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

- Open your refrigerator only when absolutely necessary. This will help keep food fresh for as long as possible.
- After the hurricane has passed:
 - Don't venture outside until local authorities have issued an "all-clear."
 - Continue to check the radio or TV for post hurricane updates.
 - If you have evacuated, don't return until authorities re-open your area. Remember, you may need proof of residency to return.
 - Use a flashlight to look at damage. Allow only those people who have been trained, to turn off damaged utilities (e.g. gas) and disconnect damaged appliances.
 - Beware of downed power lines and other debris.
 - Wear sturdy shoes and clothing to protect yourself. People are oftentimes hurt more frequently after the hurricane than during it.
 - Use only bottled water. Unless otherwise advised, assume tap water is contaminated and sewer lines are out of order.
 - If electrical power was lost during the hurricane, be extremely careful before consuming food taken from your refrigerator. When in doubt, throw it out.
 - Use the phone only for emergencies.
 - Conserve water! DO NOT WASH DRIVWAYS OF DEBRIS. If the power is out and you still have water pressure it is only because the water plant is running on auxiliary power.
- Proper insurance coverage can help reduce the financial burden you may suffer as a result of a hurricane. Here are some additional tips that will make the claims process easier for you and your claims adjuster.
 - Don't alter the condition of the damaged property. Take whatever steps are necessary to protect your property from further damage.
 - Contact your insurance agent as soon as possible. Provide your agent or insurance carrier with all information pertaining to your claim.
 - Make a list of damaged or destroyed property. Your adjuster will be able to work more quickly if he or she has a written list to work from. Photos of damaged property may also be useful.
 - Keep records and receipts for ALL ex-

penses you incur. Supplies purchased to protect damaged property, or the costs incurred while staying at a hotel while your home is being repaired, may be recoverable.

- Try to be patient. Once you report your claim, your claims adjuster will respond as quickly as possible. Delays may be likely, as hurricanes often uproot signs and deposit debris on highways, severely impeding traffic.

Additional Resources

- **NATIONAL HURRICANE CENTER:** www.nhc.noaa.gov
- **HURRICANE AND STORM TRACKING FOR THE ATLANTIC & PACIFIC OCEANS:** http://hurricane.terrapi.com/
- **THE WEATHER CHANNEL:** www.weather.com/index.html

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175-80R-13	175-65R-14	195-70R-14	215-70R-15	205-65R-15	225-60R-16
185-80R-13	185-65R-14	195-75R-14	215-75R-15	205-60R-15	235-20R-16
175-70R-13		205-70R-14	225-75R-15	235-75R-15	

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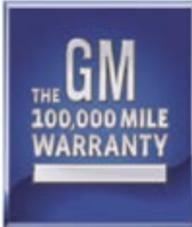
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Optimism Gives Powerful Energy

I had to think about that title for a while before deciding to consider it for this article. I wanted to look back in time to see if I had ever seen it happen. In general, did optimism give powerful energy to people?

That's when it came to me; I see it every Monday, Wednesday and Friday in the classes I teach but especially in the Sit and Be Fit classes on those days. Perhaps they come in just to see what the fuss is all about; people are coming and having fun exercising to get stronger in everyday life functions. Next they come to class and have hopeful aspects of being stronger and able to do more in their everyday life. I'm so proud of this class. They are stronger and able to do more the longer they come to class. Maybe it's just standing and marching in place or the addition of movement on their feet or just getting to class, I marvel at every change in their activity.

Friends bring friends and those friends bring friends and now our family has grown from eight to sometimes more than 50 members. We laugh together, work together and really help each other out when needed. They even help me out when I say right and mean left, also with the countdown of repetitions.

Truly I have seen optimism give powerful energy. This article is to help others get powerful energy from their optimism of what can be accomplished by exercise as well as other things in every day life. Thanks to everyone in all my classes, you truly are the best an instructor could ask for!

Following are 11 powerful ways to snap out of a negative frame of mind — in minutes:

• GET TO THE HEART OF A RECURRING CONCERN: We all know someone who gets stuck in unhealthy patterns; the friend who always has or had tyrannical bosses, the neighbor who always goes after people who are unavailable. Our own comfort zones, unfortunately, are often much harder to see.

• A COMFORT ZONE: A place you gravitate to unconsciously — not because it makes you happy — but because it's familiar and you know how to act when you're in it. If you feel like you've tried everything to break free to no avail, identify what's the same. That's where the question and the answer lie. Then zero in on the real issue. Ask yourself, "If I were to remove all the fear from this situation, what would I want?" Today, resolve to take the first step, however small in that direction.

• SUSPEND JUDGMENT: Think about a day you were in a store and the person waiting on you was not very friendly or helpful. We sometimes say that person was curt but perhaps we judged them too quickly only to find out they were having a bad day. I have been in that situation and I remember one time I didn't judge them and actually got them to laugh a little. The bad situation can turn out to be a blessing in disguise. Your day has just gotten a little better by helping others with their day. A conscious choice to suspend judgment is one of the best things you can do for yourself and it's not always easy. Think about this statement; any emotion that feels good is a natural energy-booster and it just feels better.

• BELIEVE IN YOURSELF: Here's a scene to consider: A lady stepped on the scale and discovered she had lost 11 pounds since her last weigh-in. She spends the entire day reveling in her success and accepting compliments from others on how great she looked, only to learn later that night the scale at the gym was wrong — she had only lost one pound. At first she was bummed. But then she starts realizing that the mere belief she had lost 11 pounds and looked fabulous had affected those around her. We determine every moment of every day

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 a.m. Specialty class*					Pilates* Terry
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Joan		Deep Water Aquacise* Joan		Deep Water Aquacise* Joan
10:00 a.m. Outdoor Pool*		Arthritis Water Class* Pat		Arthritis Water Class* Pat	
10:30 a.m. 2 nd Thurs. of Month A.C Ballroom				Latin Cardio* Kitti	
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Claudia		Beginner Yoga* Claudia		
10:45 a.m. Specialty Class* Fitness Room		Yoga* Ronnese		Yoga* Ronnese	
11:45 a.m. Arbor Club Exercise Room	Sit & Be Fit Kitti		Sit & Be Fit Kitti		Sit & Be Fit Kitti
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Mary Pat		Shallow Water Exercises* Mary Pat		Shallow Water Exercises* Mary Pat

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.

Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.

Yoga Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.

Pilates: Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.

Arthritis Class: Specialized class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September – May (Land) May – September (Water)

Sit & Be Fit: Seated cardio and strength training work using resistive bands, weights & balls.

*Asterisk denotes a fee-based class. See instructor for information.

how others view and treat us by how we view and treat ourselves. The energy we show is the energy we receive back.

• DON'T DWELL: We all have past failures and disappointments. I have had my share just like you. But people who seem to have an unlimited supply of joy and energy have a secret — they don't dwell on them. When you put your energy in your past it can't be in the present. Try to forgive the people who have hurt you. Look at the experiences as a learning tool and be thankful of what you have now. Take responsibility for your life now. Everyone has a choice how you will think and live today and every day, make it an empowering choice.

• LIGHTEN UP: Meeting someone for the first time. Why not try to be yourself. Make a high-energy choice and connect through laughter. People will respond to you when they see the real you and not someone trying to perhaps impress them. They pick up on how you are in their company and your lack of judgment and intensity. It becomes a very welcoming space for everyone.

• DISCOVER THE POWER OF GIVING: Most everyone would welcome more love in his or her lives. The best way to create more love in your life is by becoming a source of love. When we make that choice amazing things almost always start happening. Rather than trying to search for love, we start to feel it, share it and then receive it back from others. It's like a cycle that never ends but creates more positive energy for everyone. It's like the golden rule, do to others what you want others to do to you.

• SAY THANK YOU: Whether you say it aloud or in a thank you note, or just feel it in your heart, gratitude is a powerful way to draw more energy into your life.

• STAR IN YOUR OWN LIFE: Did you know the average American watches more than four hours of television a day — a habit that adds up to two whole months over a year's time! Try this, today instead of living vicariously through others as they renovate their homes, cooking, playing a sport, or interacting with family and friends, engaging in your own life. Boy, does Dennis (my husband) like that sentence, since I have the TV on all the time at home. Here's what to do: choose one activity that intrigues you, and transform yourself

from spectator to creator by making time for it each week. Exercise anyone, looking for a workout partner!

• MAKE YOUR LIFE UPBEAT: Music has a powerful effect on how we feel. Music passes through the emotional center of our brains before arriving at the rational thinking part. Think about how certain songs make you feel ... "I Will Survive" by Gloria Gaynor for example (that was playing when I smashed up my new green Mustang but I survived). Throw feel good music into your CD player when making dinner, exercising or driving. It's guaranteed that good moods will follow.

• FOCUS ON THE WHAT, NOT THE HOW: Do you micromanage, are you negative, suspicious — these are all signs that you're using force to change a person or situation. But did you know it's impossible to control others or their reactions. But you can control the actions you choose. It's about the power to choose how to use your energy. Set an intention for the outcome whether it's a fulfilling relationship or career — and let it find you. You'll use a lot less energy and all involved will be happier.

• SAY YES: The French writer Colette once wrote, "To be astonished is one of the surest ways of not growing old too quickly." When's the last time you surprised yourself by doing something out of the ordinary? Are you in the

habit of doing the same old thing or worse, nothing at all? Here's an experiment; say "yes" to every new opportunity presented to you for a specific period of time. Or, better yet, make a decision to do at least one thing you're never tried before every day for a month. Let's talk it over and maybe some others would like to try it together. Let's end up happier and more interested and engaged in life.

Make the decision to never start thinking again this thought, "Can't anything ever go right?" Everyday annoyances ... traffic jams, long lines, missed appointments — nothing big, but the delay and slipups can seem so persistent and you'll know how to handle them with the energy of optimism.

Here's something new you can try, Hip Hop in June on the 14th at 10:15 a.m. at the Arbor Club. You can do it! Just try ... ☺

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"I now have confidence! Since coming to Town & Country Physical Therapy, I am steadier on my feet than I have been in years."

M.H.



Photo by Larry Resnick

Pretty in Purple

Barbara Marsden enjoys the April 27 Happy Hour at the Arbor Club. For details on future Happy Hours, see Debbie Clark's column on Page 4.



Daniel Poole Arnold, a 39-year-old shoemaker from Cohasset, Mass., enlisted in the Thirty-Eighth Regiment Massachusetts Volunteer Infantry on Aug. 15, 1862.



Genealogical Society Elizabeth Kyle

Genealogy is boring? Not for a minute. It is learning about real people who have stories to tell. There are stories of courage, of love, of loss and of a new generation to carry on. Here I want to share one of those stories with you.

Daniel Poole Arnold, a 39-year-old shoemaker from Cohasset, Mass., enlisted in the Thirty-Eighth Regiment Massachusetts Volunteer Infantry on Aug. 15, 1862. He left behind his mother, his wife, Hannah, and four young children.

He wrote to his mother from Camp Kearney near Carrolton, La., on March 6, 1863: *I am thinking of thee fondly mother, On this stormy afternoon, And with nothing on my mind mother Will attempt to write to you at home. Such days are dark and gloomy And make one think of home; For all without is dark and stormy Causing my thoughts far off to roam. I am thinking of thee mother,*

And of joys that we have tasted; Of the many happy hours we spent together Some of which, Alas! Forever wasted.

I am thinking also mother Of the day that I enlisted How your feelings tried to smother From me, who still insisted.

But I'll not talk of those dark hours mother In which neither took delight For in the language of another, Seven months have gone tonight.

Yes, old time has whirled us on And still the gallant Thirty-Eighth Are struggling on through wind and storm Expecting to be in a scrape.

Just now the jolly Thirty-Eighth Are camped on the banks of the old Mississippi

And like all true sons of the old Bay State Are ever ready to do their duty.

But it's getting dark, I must close For it's also time for supper Then next comes the soldier's sweet repose And dreams of home and mother.

On Oct. 16, 1863, he wrote from the Regimental Hospital in Baton Rouge:

Dear Wife,
I take the pleasure to write a few lines to let you know how I am getting along. I ain't as well as is common. I left New Orleans and came to the Regiment last Wednesday night. I received your letter and was very glad to hear from you Dear wife. I am in hopes that I shall get well. I am in the Regimental Hospital now but I am very weak and feeble, you must not think it strange if your dream comes to pass but we must make the best of it. We put our trust in God. I give my best love to you Dear wife and to the children.

Finally, on Nov. 2, 1863, Daniel's commanding officer writes to his wife, Hannah:

Dear Madam,
It is my painful duty to inform you of the death of your husband Daniel P. Arnold. He died in the Regimental Hospital at this place last Saturday, Oct 31. Having taken command of the company only a short time ago I was not personally acquainted with him and only know him by his good name that he has among his comrades. He was buried last Sunday by his comrades with full military honors. He had but very few things with him when he died. I have his letters sealed up in my desk and will await your pleasure whether I shall destroy them or to return them to you. What few things he had I thought of selling as is customary at auction and sending you the proceeds. He had no money in his possession. Hoping to hear from you soon and that the above meets with your approbation.

Daniel left his wife with four young children: Mary, age 10; Benjamin, age 6; Olive, age 4; and Daniel, age 2. There is no fame or fortune here — just the story of an ordinary family struggling to contribute to home, family and country. I will forever be grateful to my grandmother, Mary Eva Arnold Keane, who entrusted me with these precious documents.

At our meeting in May, our guest speakers were Judi Wright and Patti Hunt. They are with the Marion County Genealogical Society and explained more about the cemetery survey project. Also, Ron Chard did a presentation on the Roots Web message boards.

We meet at 10 a.m. on the first Monday of every month in Room 3 of the Arts and Crafts Building. Come and see. You too may catch the Genealogy bug! ☺

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Thank You, From Adela

I want to take this opportunity to thank all of On Top of the World residents, management and staff for the beautiful retirement reception, your thoughtful cards, presents and outings. Thank you for your friendship, understanding and for supporting our fitness/wellness programs. I am overwhelmed with your kindness and caring.

I want to thank Ken Colen and On Top of the World management for their trust and encouragement.

Thank you for believing in me and for the opportunities you have given me for professional and personal growth. As a team we created something very meaningful.

From the bottom of my heart, a very special "Thank You" to our fitness instructors and personal trainer for their daily effort in providing an array of exercise programs to keep On Top of the World healthy and fit. Thank you fitness professionals and fitness center staff for giving your hearts and souls to our residents and for believing in our programs. Thank you co-workers for your daily assistance and companionship. It has been a very gratifying experience to work with all of you.

Thank you residents for giving me the biggest gift of all, which I will treasure for the rest of my life. This very special gift has been to coach, teach and work closely with you at On Top of the World Communities. You have given me one of the most gratifying experiences of my life. You truly are a blessing to me.

It certainly is difficult to depart. While I look forward to a new phase in my life and retirement with my husband, Marc, I will greatly miss teaching, which has been my passion. Most of all, I will miss not being among you.

With love and caring, Adela



**Ask
the Trainer**
Howard Williams

Strength Training and Senior Fitness

Well, it's summertime already and it's never a better time to improve your quality of life and feel better. I know that some of you grew up with the idea that "lifting weights" was bad for you, made you bulky, and was dangerous. Nothing could be further from the truth.

Strength training is just what older bodies, even the very old and frail ones, need the most. The American College of Sports Medicine (ACSM and the most credible, scientific, organization on fitness) believes strength training is the most important exercise for older adults who aren't fit, and it should come before aerobic activity, not afterward, as is typically the case.

That means that any and all of you out there can come in and get a strength program working for you and improving your quality of life. Every Tuesday at noon we have a free orientation for all to learn about strength training, and the benefits we offer at the Health & Recreation Fitness Center.

These are some of the benefits you can expect from a strength program.

- Strength training prevents muscle loss. Not only does it prevent muscle loss, it has been scientifically proven that you can gain muscle mass and strength at any age.

- Strength training will increase your metabolism. Research shows that adding three pounds of muscle increases our metabolism by seven percent and increases our requirements for calories by 15 percent.

- Strength training will reduce your body fat. Increasing your muscle mass will increase your calorie burn, thereby reducing the likelihood of fat accumulation.

- Strength training will increase your bone mineral density. This is very important for osteoporosis prevention and reversal.

- Strength training lowers resting blood pressure.

- Strength training reduces low back pain.

- Strength training reduces the pain of osteoarthritis and rheumatoid arthritis.

- Strength training enhances your personal appearance. It's the resistance against the muscles that puts the tone and lines on the body we want. Also gives you self-confidence and helps your self-esteem.

- Strength training reduces symptoms of chronic diseases. This includes depression, heart disease, type 2 diabetes, osteoporosis and self-esteem.

- Strength training improves balance. Strengthening the upper and lower leg muscles instantly improves your confidence and balance. That's before even working on any balance exercises.

To sum up the benefits, it has been scientifically proven that you can gain muscle strength, endurance and lean body mass at any age. We have an easy way to get started every Tuesday at noon and I give orientations to the machines in a beginning, basic way to get started. Anyone can come regardless of the shape you're in, or what physical problems you have, you can have a good program set up for you here.

If you want a quicker way and individualized program set up just for you, personal training is the way to go. Especially for those of you who need a little kick in the butt to get started ... you know what I mean. Whether you have joint replacements, arthritis, fibromyalgia, etc. ... there is no reason you cannot come here and workout a program designed for you.

In June, there is 10 percent off as well so it's the perfect time to start.

Other News

Your New Power is in full swing by the time you get this and is a great way for you to get some instruction on how to work specific body parts like the abdominals, learn how to use the stability ball, bands and push yourself to new levels. This class is at the H&R Fitness Center Mondays and Wednesdays at 3 p.m. Come check it out!

Come join us and learn how to work out more effectively and add new things to your routine. Beginners to advanced are welcome and your fitness level is not important; it's making your fitness level better that is for this class.

As you guys probably know, our beloved Adela Anderson will be leaving us June 8 to join her husband in retirement and travel. I am happy for her and yet sad for myself and the community to see her go. She has done wonders for this community and will be missed dearly. She has promised to visit and we will keep her to her word. God bless and happy retirement Adela! ☺



**Arbor Club
Tennis**
Jorge Privat

Hello everyone! We had some hot weather during the month of April, but conversely, May has been a little more benevolent with cooler temperatures on the courts.

On April 24, we had a visit from our tennis friends from Oak Run. Walter Hickenlooper and Dottie Taylor, Bev Maiorino and Diann DeBari, Betty Bussenger and Roger Crittenden, Peter Paige and Gene Hueber and Bob Bartolotta and Ray Brittingham represented us against Jerry Hayes and Kathy Tetzlaff, Faye Brown and Nancy Hayes, Bill Tetzlaff and Gae Chapman, George Robinson and Len Westlake, and Jim Newshelleer and Paul Minard.

All our teams displayed an improved level of play, particularly Diann DeBari and Bev Maiorino. Diann got her "baptism by fire" on a very warm day. She and Bev won the first set, playing quite an inspired tennis. Lost a close second set and mostly due to the hot sun, they lost the third (in a 10 point tie-break).

On May 8, we held our first tennis meet with a new group of players from the Spruce Creek community in Belleview. I must say that our new counterparts were terrific hosts, generous in their attitude and in offering all kinds of snacks for everyone. They have seven courts at their facility, so we fielded seven teams, as follows: Joan Gustafson and Rosemarie Hueber, Maria Fried and Irene Moran, Norma Higgins and Dottie Taylor, for the ladies, and Tony Maiorino and Dan Ryan, Han Dong and Hal Stanley, Roger Crittenden and Dale Paul, and Vince Bonomo and Ross Clark for the men. We won five of the seven matches. I am sure they did not have their best players on court, nevertheless, our teams represented us well. We thank our hosts from Spruce Creek for a great day, and look forward to their visit to On Top of the World in June.

Tennis Tip Of The Month

Communication in Doubles

Trying to categorize a team of two players with different personalities and playing styles is difficult. However, when observing teams competing against each other, we can distinguish between styles of doubles play and differentiate the playing style of one team from that of another.

We will frequently find five game styles of doubles teams: 1) Quick movers and poachers

2) Hard hitters 3) Precision players 4) All court players, and 5) Combined game style players (Hard hitter and poacher, Precision player and poacher, Hard hitter and precision player).

Having different game styles is generally advantageous since it is difficult for opponents to adjust to dissimilar tactics of players as they change from one position to another.

All these game styles can be winners if the players learn to work tactically as a team and support each other.

To be successful, try this two-step process:

- Identify which type of player you are, and decide which tactics best suit your game.

- Identify your current partner's game style.

Instead of focusing on what he does not do as well as you, try to discover his strengths, and how the two of you can work together to maximize your team's performance.

You can communicate "Between the Points"

- If you see something the other team is doing that is vulnerable.

- If you are going to concentrate in hitting to one player.

- If you are planning to lob a return of serve.

- If you should cover an alley on a wide serve.

- Any reflection on the game's progress should also be discussed.

You can communicate "during" the point, relegated to specific moves. For instance, if a ball is going long, a partner can say, "let it go" or "bounce it" or "it's long." For a ball down the middle, "I got it" or "yours." When a lob goes up, a partner in the back of the court can say "cross over" or "go back." If a serve is long a fast call of "fault" is recommended. A similar quick response of "let" is appreciated when the ball touches the net on the serve or for any other reason, which warrants a "let" call.

Although a little joke after a hard point can take place, it is bad tennis manners to make remarks while the point is in progress.

An important communication is the score. Keep score and keep it accurate by announcing it clearly after every point or before the serve, and at every change of court. We are not suggesting that seniors cannot remember the score. Juniors foul up score keeping just as often. It simply indicates an awareness of what is going on, an interest in the action and a positive attitude about the game.

Have a happy June! ☺

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Activities June

Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
	Cardio Burn & Firm	H&R
9:00	Interval Training	H&R
	Computer Lab	H&R
	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:15	Deep Water Aquacise	AC
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
11:45	Sit & Be Fit	AC
12:00	Ladies Poker	MR3
	Beg C/W Line Dance	BR
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	Aqua Belles	AC
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Int. C/W Line Dance	BR
1:30	Shallow Water	AC
	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E&F
2:45	Beg. C-W Line Dance	BR
3:00	Your New Power	H&R
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC:B&C
1:30	D'Clowns	CC:B & C
2:00	Bocce	CC:AC
2:30	Readers' Theatre	CC:D
3:30	Comp. Handicap	CC:H
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

3rd Week

2:30	Readers' Theatre	CC:D
1:30	D'Clowns	CC:B&C
4:00	Billiards Club	Art
7:00	Sunshine Singers	BR

4th Week

3:00	Community Patrol Prog.	CC:B&C
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Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS
	Travel Toppers	CC:D
	Reservations	
	Clogging	BR
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Tai-Chi (Multi-level)	H&R
	Computer Club	CC:B&C
	Hand & Foot Canasta	CR
	Harmonichords	CC:H
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
10:00	Stitch Witches Quilters	Art
	Arthritis Aqua Class	AC
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Horseshoe League	CTS
10:45	Hatha Yoga	AC
11:00	Water Walk	AC
	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A

	Cybox Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
1:00	Singin' Swingin	CC:D
	Mah Jongg	CC:A
	Badminton	H&R
1:30	The New Pretenders	HR
	Shuffleboard	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
	Table Tennis	HR
5:45	Mah Jongg	CC:B
6:00	Pinochle	MR3 & Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR

1st Week

7:30	*Seminole Casino Trip 6/5/07	H&R
8:00	Men's 9 Hole Golf	P.R.
3:00	Great Lakes Club	BR
	Shutterbugs	CC:B&C

2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC:E,F&G
	Response Team	
1:30	Visually Impaired	CC:H
	Support Group	
3:30	Alpha Investment	Art
6:30	German Club	CC:G

3rd Week

6:30	*Sterling Casino Trip 6/19/07	H&R
1:30	Unique Birders	CC:H
3:00	NY/NJ Club	BR
	Shutterbugs	CC:B&C
7:00	Democratic Club	CC:E&F

4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:G

Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
9:00	Interval Train	H&R
	Computer Lab	H&R
	Taps on Top	BR
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:15	Deep Water Aquacise	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:15	Beginner Yoga	AC
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
11:45	Sit & Be Fit	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shallow Water	
	Exercises	AC
	Shuffleboard	CTS
3:00	Dance Committee	CC:B&C
	Your New Powers	HR
4:00	Softball Practice	SBF
5:30	Square Dance Class	AC
	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR
7:00	Poker	MR3
	Square Dancing	AC

1st Week

10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

2nd Week

1:45	Native Plants	CC:H
3:00	Pennsylvania Club	CC:E & F

3rd Week

1:00	Stamp Club	Bank PAB
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Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Condition & Stretch	H&R
	Men's Tennis	CTS

8:30	Clogging	BR
	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC:B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E&F
	Hand & Foot Canasta	CR
	Strut Dance Class	AC
	Tai-Chi (Multi-Level)	HR
	Bus Ocala Run	
	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E&F
	Arthritis Aqua Class	AC
10:15	Tai-Chi Fitness (Beginners)	H&R
10:30	Water Walk	AC
	Advanced Tap	HR
	Friendship Bible Study	MR3
10:45	Hatha Yoga	AC
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Cybox Orientation	GYM
	Advanced Square	CC:E&F
	Dancers	
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
12:45	Bridge	CR
1:00	I Got It Card Game	MR3
	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing DBD	CC:E&F
	Table Tennis	H&R
1:30	Shuffleboard	CTS
2:30	Jazz Club	CC:D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H

1st Week

10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:D
	Bunko Dice Game	MR3
	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

9:30	Scrabble Club	AC
10:30	Latin Cardio	AC
1:30	Singles Club	CC:G&H
2:00	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F&G

3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC:D
	Bunka Dice Game	MR3
	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B&C

4th Week

7:30	*Seminole Casino Trip 6/28/07	H&R
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Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Cardio Burn & Firm	H&R
	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Interval Train	H&R
	Pilates	AC
	Computer Lab	H&R
	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
9:15	Bus Ocala Run	
	Deep Water Aquacise	AC

* Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes			
AC	Arbor Club	FF	Flying Field
AC CTS	Arbor Tennis Courts	GC	Golf Course
ACIP	Arbor Indoor Pool	HR	H&R Exercise Room
ACOP	Arbor Outdoor Pool	H&R CTS	Tennis Courts
Art	Art Studio	H&R	Health & Rec Bldg
BR	Ballroom	HRP	H&R Pool
BCTS	Bocce Courts	ICC	Indigo Community Center
CC	Arbor Conference Center	MGC	Miniature Golf Course
CCC	Candler Community Center	MR1	Meeting Room 1
CLC	Computer Learning Center	MR3	Meeting Room 3
CSCC	Circle Square Cultural Center	PL	H&R Parking Lot
CR	Card Room	PL RM	Poolroom
		SBF	Softball Field
		WW	Wood Shop

9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
10:30	Beginner Aerobics	H&R
	Power Aerobic	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Tai Chi Practice	AC
	Lap Swimming	AC
11:45	Sit & Be Fit	AC
12:00	Round Dance Class	H&R
	Ladies Poker	MR3
	Circle Square	H&R
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	H&R
	Canasta the Old	
	Fashion Way	CR
1:30	Shallow Water	
	Exercises	AC
2:00	Fun In The Water	AC
2:15	Square Dancing	H&R BR
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre for 4	ACC-A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

1:00	Women of the World	CC:E
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2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E
4:00	*Dinner Theatre	AC
7:00	Republican Club	CC:E,F&G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

12:00	High 12 Club	TBA
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Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
	China Painters	Art
5:30	Open Mah Jongg	CC:A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

1st Week

6:00	Ballroom Dancing	AC
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2nd Week

7:00	Northern Lights	CC:B&C
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3rd Week

6:00	Ballroom Dancing	AC
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Sunday

9:00	Racquetball	HR C
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Attending the April 23 community patrol meeting, from left, are birthday boy George Balsler, Joe Berger, Gary Rodoff, Jim Miller and Capt. Jim Burton.



Community Patrol

Joe Berger

I would like to welcome all of our new members from Indigo East who have taken such an interest in our Community Patrol. It is really

remarkable that we have so many new residents who have joined our patrol.

There is no way to measure how much good we do, but the presence of the sheriff's car will deter someone from committing a foolish act.

At this time we are going to lose some of our members who are snowbirds. We wish all of them a great vacation and look forward to their return. ☺



Friendship Amateur Radio

Ed Brendle

An announcement for this year's recipient for the Friendship Amateur Radio Club scholarship fund will be announced shortly.

All future meetings will be scheduled with some presentation or project. At the April meeting, president Ken Simpson, W8EK, and Arnold Hansen, W3BPP, presented a PowerPoint presentation, using a computer and screen projector. This presentation highlighted HF Radio transmission relating atmospheric conditions, signal projections, and the various frequency bands that are available for different license classes. These PowerPoint

presentations will continue at the upcoming meetings.

The club's Web site continues to show the treasurer and secretary's meeting minutes.

The FARC's Club Call is N4FRC. The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, remains in the club's treasury awaiting disposition.

The next meeting, June 11, will include the continuation of the ARRL program and will be at 1:30 p.m. at the auxiliary Sheriff's Station on West State Road 200. All Hams are invited and members are urged to attend and to bring a guest.

The Florida QSO party was held in April. Many club members participated, making countless contacts.

A recent notation is that our club is now recognized as an SSC, Special Services Club, of which there are only four in the immediate area.

The FARC is open to all Hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KAI1NC, at 873-4354. ☺



Shutterbugs Photography

Marilynn Cronin

Our annual photo exhibit will be Nov. 4 through 9 with a reception on Tuesday, Nov. 6. More information will follow.

At our May meeting, members shared their photos from the April shootout of old houses, buildings and barns. Our second meeting of the month was a showing of an educational DVD with tips on taking different types of photos. A special thank you to Frank Merlo for helping us set up the projector and computer for this showing. Tom Frostig will continue with the Photoshop Elements program the third Tuesday in June.

May's shootouts were flowers and/or the Cool Springs Ranch Balloon Classic and Celtic Festival in Dunnellon. The photos taken will be shared at our June 5 meeting. Our other upcoming shootouts will be black and white photos, church interiors and the painted horses that are scattered around Ocala. Some of our shootouts happen when we are together for a specific trip, while others are done alone. These shootouts are great learning experiences and an opportunity to get to know our fellow members and their spouses.

At the first Tuesday meeting of each month, we share a maximum of four photos each, taken at a recent shootout. The shootouts are a great way to learn and see how we frame/see the same subject from different perspectives. The third Tuesday is a class on Photoshop Elements or some other member-driven topic.

ShutterBugs is not a club for digital camera users only. We also have film aficionados and hope more will join. Cameras range from point-and-shoot to SLR digitals and SLR film cameras. This is a member-driven club and classes on lighting, filters, use of your camera, etc. will be arranged for the future — of course members are more than happy to help one another at any time. Just ask! Those with scanners can also get help with scanning in their old photos and/or negatives.

The ShutterBugs meet at 3 p.m. on the first and third Tuesday of the month in Suites B and C at the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. Please contact Gary Uhley at 854-8536 or e-mail at guhley@cfl.rr.com. ☺



Photo by Larry Resnick
A resident talks to representatives of the Saving Florida Wildlife group at Volunteer 200 in April.

Meet the New Fitness Instructors at H&R

←Continued from Page 1

(referring to the participants). Her focus will be on deep-water exercises.

"People bond in the water," says Joan, who has been teaching water exercises for 15 years. She was certified by SCW. In addition to teaching water exercises, Joan is a certified massage therapist, specializing in therapeutic/deep tissue massages. She has a passion to work with breast cancer survivors as a lymph edema therapist.

Close your eyes now and take a deep breath with our two new yoga instructors, Ronnese Lamont and Claudia Saldarriaga. Ronnese also teaches at The Ranch. She will be teaching a combination of gentle flow (stretch oriented) and energy flow (posture oriented) classes.

Ronnese has practiced yoga for 20 years, seriously since 1995. She started a senior program at the YMCA in Orlando, where she experienced "incredible results (with her clients) ... from not being able to get up and down on the floor to balancing without blinking." She holds a degree in yoga from the Kundalini Institute and studied with great teachers, including Rodney Yee and Baron Baptiste.

You can expect an "eclectic blend of everything" in Ronnese's class. Ronnese also taught dance for more than 20 years and is a certified personal trainer. "If I enjoy it (the moves), hopefully my students will enjoy taking it."

A recent graduate of Yoga Maxtrix in Orlando, Claudia is "thrilled" with the opportunity to practice yoga with On Top of the World residents. "When you are a yoga instructor, you want to share your experience. You want to give. You want to truly help people." That's why Claudia accepted this position over a traditional gym environment.

"It's not about twisting like a pretzel," says Claudia. "Everybody works at their own pace. There's no pain. You move to gentle discomfort. It (yoga) lubricates your joints and keeps your spine straight and supple."

Claudia loves to teach. She was a pre-school teacher and taught Spanish for 11 years as a volunteer. She attended many yoga classes

but "never got the total experience" until she immersed herself in the practice at The Yoga Matrix for 200 hours. "I wanted to learn what yoga was all about and got hooked." Fortunately, her husband "encouraged" her and took care of their three boys while she learned the technique.

The best treatment for arthritis is exercise. And, that's what Pat Woodbury is bringing to H&R. She will be teaching the water arthritis class, which is "not as vigorous" as land exercises and high intensity water classes. "It's softer on our joints," says Pat, who exercises regularly in land aerobic classes, too.

Pat encourages residents, who have Parkinson's, are recovering from surgery, or are afflicted with motor disabilities to join her in the water because it's the "best place to start getting your strength back." Pat is certified through the Arthritis Foundation for both water and land exercises.

Although I am not a new instructor at H&R, I am a new aquatics instructor, teaching shallow water aerobics. I was certified last month through SCW. After learning the land beat, I am learning to slow it down to half time because water is 12 times more resistant.

The benefits of water exercises are countless. The buoyancy and hydrostatic pressure make it less stressful on your joints. The water also helps reduce swelling. Drag components add resistance to make it more effective. It's less competitive than land exercises and there's anonymity because your body is submerged. I also understand it's social, which is OK with me, as long as everybody is benefiting from the exercises.

Working with On Top of the World residents is an exciting opportunity for all of these instructors, myself included. From teaching land aerobics, I know how dedicated you are to taking care of your health through regular exercise.

Remember, these are your classes and it is our responsibility to help you achieve your fitness goals. If there's something we're not doing or you need assistance with a particular exercise, let us know. We're here for you. ☺

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Hospice of Marion County says "thank you!"



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- 1. You placed rattan rockers on all the porches
- 2. You provided a beautiful bulletin board in each patient room
- 3. You supplied the sound system so every patient room has individually controlled music.

And...

No, you didn't stop then either.

As of this month — you On Top of the World Communities have raised yet another \$30,000 to name a second room at the Legacy House.

You are awesome!

Out of the goodness of your hearts and your numerous activities and efforts; to date — *You have raised \$72,741.00 for Hospice of Marion County's Legacy House.*



Other trivia:

- 1. In 2006, volunteers donated 3,718 hours at the Legacy House
- 2. Since the opening in October 2003, some 1,728 patients have benefited from the services of the Legacy House





Red Hat Society
Vivian Brown

We want to say so long for a while to our snowbirds that are leaving us for the summer. Have a safe trip, we will miss you all and God bless. I would like to take a moment to give my sincere thanks to all the chapters for their help in getting their activities to me promptly so I can do the Red Hat Society Column. It is truly appreciated and I could not do my job without it, it really is a team effort.

Remember our Red Hat "Attitude:" live and laugh it up and love each other. I am proud of all of you as you are the greatest and I'm glad to be part of it all. Until next month, keep smiling ... Vivian

THE RAZZLE-DAZZLE RED HAT DAMES went to High Tea in the Arbor Club on May 8. There was a very elegant table setting and the little tea sandwiches and pastries were delicious. Debbie told us they had a new pastry chef, and we complimented her for a job well done. We are all looking forward to the High Tea when it resumes in the fall. We had no birthday gals to celebrate in May. Some of our ladies are headed up north and some will be traveling on vacations. We will miss them but the rest of us will get together and have lots of fun and happy times as all good Red Hat Ladies do! We will be busy making plans for our annual Christmas progressive luncheon and some new and interesting outings. God bless you all and keep you safe, Love ya. ... *QM Vivian Brown*

THE COOL CATS IN RED HATS went with Travel Toppers on a bus ride to Mount Dora. That is always a fun town to spend a day. We shopped till we dropped and got lots of nice different things for people on our lists. We had a lovely lunch in a bakery. After lunch we enjoyed delicious cookies and cakes. Shelly Cleaver planned our next outing for the month. She picked the new Chili's right down the road from On Top of the World. It was nice to be able to eat out close to home without having to sit in traffic. The food was good, the cats were fun, as always, to be with. The waitress was having as much fun as we were. A few of us were able to help celebrate Red Hat Day at the mall. These cats have so much to do. It is hard to find time to do it all. Whoever said "when I retire I will slow down" would never last with this group. ... *QM Janet Fragapane*

THE RED GEMS: It is always a beautiful sight to see the Red Hat Ladies en masse wearing their red hats, purple dresses and all that flutters and glitters. We made quite a show in the Paddock Park Mall. I would guess there were about 100 gathered in the food court. This special day was put together in celebration of the National Red Hat Day. There were seven Red Gems among the Red Hat shoppers. The ladies all enjoyed the special discounts offered by some of the stores and the complimentary cold coffee cream drink served at Belk's. We had a lot of fun and indulged in a covered dish buffet provided by our members on Kentucky Derby Day. We randomly chose horses that we hoped were winners. Linda did very well. Her horses came in first and third. This was our second Derby Day party. It may become part of our annual schedule as every-



The Glitzy Gals who attended the International Red Hat Society Convention in Nashville included Carol Cecala, Betty Tesmer, Betty's daughter Linda, Vice Queen Bea Maxwell, QM Mary Curry, Vice Queen Dot Hinde and Janet Wahl.

one had a good time. Linda is also on deck to direct our special day in June. She provided a printout for each of us showing the itinerary for the day, which certainly will be helpful and very appreciated. ... *Queen Mother Loretta Troutman*

THE GLITZY GALS: QM Mary Curry, Vice Queens Dottie Hinde and Bea Maxwell, Carol Cecala, Betty Tesmer and Janet Wahl attended the 2007 Rhythm and Rhinestones International Convention at the Gaylord Opryland Hotel in Nashville. Betty Tesmer's daughter, Linda, also joined us there. There were 3,500 Hatters from 49 states and Canada, England, Australia and The Netherlands. On Red Hat Society Day, April 25, we attended the "FUNcheon" with Richard Hubbard, "The King of Kazoos," as our entertainer. Bea Maxwell was chosen from our table to be part of the group helping Richard. The Wild Horse Saloon provided us with an evening of live country music, dancing and a buffet country dinner. Brunch on the General Jackson and a historical driving tour of Nashville started the next day and the opening ceremonies and welcome reception ended the day. Jeanne Robertson presented the "rhythm and bling" of laughter at the pajama breakfast and a live performance of "Hats" concluded this day. Playshops, an afternoon tea and the Rhythm and Rhinestones banquet kept us very busy the last day. More than 100 vendors were there for shopping. A farewell breakfast led us to bid one another "Happy Trails" until we meet again. A wonderful experience we won't forget for a long time. There are already 11 of us planning on Decade of Sparkle, the 2008 International Red Hat Society Convention, at the Gaylord Palms in Kissimmee. Aldona Sachs and Maria Breeden attended the Red Hat Society Day at the Paddock Mall. Approximately 100 Red Hatters gathered in the food court for lunch and then moved to have a picture taken and paraded to Belk's, waving chapter banners. The manager of Belk's greeted the group with coffee from Beaners and a purple paper tied in a red ribbon from Belk's with the offers they were presenting listed. Some of the other stores also offered discounts. Thank you to QMs Marie and Mary for their cooperative endeavor in planning this event. Maria Breeden and Betty Tesmer were our hostesses this month and a delicious lunch was served at Maria's home. Goodie bags for everyone and a fun afternoon of Bunco with prizes made for a most enjoyable time together. Until next time, "Happy Hattin'." ... *QM Mary Curry by Janet Wahl*

WEDNESDAY'S WILD WOMEN after recuperating from the Mardi Gras (thank you all for your kind e-mails), we decided to party down at Tony's Sushi for our April outing. Our hostesses were Katherine Anshewitz and Bobbie Roeder. What a fun time we had! It's a very entertaining place. Now, a special thanks to all of WWW. Your help and support made the Mardi Gras very special and I love and thank all of you! Love n' kisses ... *QM Sue Moody*

THE SCARLET FOXES brought a little extra pizzazz to Logan's Steak House this month, dining in the "garage," courtesy of our hostesses Pat DeCosta and Patty Cordon. Mike Beyer and Helen Hess were the birthday KAZOO victims this month. BJ Leckbee, Vice Queen, led the group since the Queen was visiting elsewhere, in a "dessert personality" game with some interesting results. Ever wonder what it means if you like brownies? We are currently making arrangements for the Steel Magnolias Dinner

Theater in July. Our Princess Phyllis Kraus is making all the arrangements and the Scarlet Foxes are excited about this outing. We'll be kicking it up a notch with new and fun outings come fall so all our Princesses are busily planning their months. Till next month, *Queen Betty Thayer*

DIVINE DIVAS: "And a hoot it was!" The Divas didn't have their usual April luncheon but instead had their annual Red Hat HOOT Progressive Dinner. QM Gail LaRue arrived in her Queen's attire of red cape and gold crown driven in her golf cart decorated in the RH Queens theme. There was more food, laughter and conversation in one evening than most experience in a month. First stop was hosted by Kay Chandler and co-hosted by Gloria Connolly, Carol Campbell, Harriet Brower, Charley Earl and Marilyn Rose. The wine flowed and the large assortment of delicious appetizers was so attractively displayed that the table was picture perfect. A great start for a most enjoyable evening. The main course, hosted by Judy Labeledz and co-hosts QM LaRue, Lolly Fooks, Toba Hackett, Ferrell Van Horn, Roberta Knarich and Bev Nelson, was "fit for a Queen." Red china and red crystal stemware was the table setting for the evening's dinner of honey glazed ham and all the trimmings. Elegance personified! Finalizing the evening, dessert was served at hostess Jimi Bartolone's home co-hosted by Janet Since, Jean Zrowka, Pat Hood and Chris Guidas. Birthday celebrants QM Gail LaRue, Gloria Connolly, Jimi Bartolone and Myra Post were honored with an assortment of birthday cakes and ice cream. The calories were devoured with coffee and wine. Each Diva was presented with a red rose by their hostesses at the dessert table, which finalized the exceptional event. It should be mentioned also that we have a "golf pro" amongst the Divas. Congrats to Marilyn Rose for winning awards in a recent tournament for the longest drive and the ball closest to the pin. For lessons you might just want to contact our own "pro." The Divas wish all a fun summer and safe travels. ... *QM Gail LaRue by Bev Nelson*

Please send your chapter's activities by June 8 to vivjcb@cfl.rr.com or phone 291-0246. Thanks, Vivian. ☺

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Computer Club
Sherry Surdam

On April 28 again, following the deadline for submission to the newspaper! the club enjoyed another special presentation. Arnie Hansen and Joe Maddox brought a desktop computer to the meeting in order to demonstrate some of the features of a free operating system known as Linux. Linux comes in several versions and the one most popular with the average home user is called Ubuntu. It was a very interesting session and it was easy to see why so many people are now using Linux. There are literally thousands of people contributing to its upkeep and many thousands more who donate the time and effort to create programs for Linux. And all of that is done at no charge to consumers (although I suspect

donations would be welcome!). From what we were shown it is a very good option for those who don't want to invest a lot of money in an operating system just to browse the web or send e-mail. It is a little more difficult to learn to use but anyone willing to put forth the effort can learn.

As I told you last month, our final official presentation before the summer hiatus is "Backup or Die" on Saturday, June 2. We will continue to have our meetings at the usual time and place. We generally have fewer people attend the summer meetings so that is a good time to ask questions and get help with problems you might be having. And summer is generally the time we try out our new presentations to give us time to perfect them before "class" begins again in September.

All members are welcome to attend all or any of these meetings and programs.

I may take a couple of months off from writing this column as there is little to talk about during the summer hiatus from formal programs but, never fear, come September I will be back with information about scheduled programs and perhaps a tip or two!

Be sure to check the calendar on our Web site at www.cccocala.org for the dates of our presentations and for any scheduling changes that are inevitable.

Anyone who is interested in seeing what benefits there are to joining the club, please feel free to come up to a meeting and ask questions. You are always welcome! We meet every Tuesday, Thursday and Saturday at 9 a.m. in Suites B and C of the Arbor Conference Center.

I hope you all have a wonderful summer! Until next time, happy computing! ☺



Bloodmobile
Don Pixley

Our last blood donor drive netted less than 30 units. As I pointed out last month, that is about the same as one column of phone numbers in our local phone book. There are about 41 pages, three columns of 30 per page total-

ing nearly 3,700 listings. To glean only 30 donors from 3,700 listings, and most of those have more than one occupant, is mind-boggling. Adding to the riddle is that most of the 30 are regular donors, many thanks to them. We do not seem to be picking up any "new" donors.

We are aware many cannot give for various reasons but far more seem unwilling to give about an hour every other month to help someone back to health or even save one's life.

While we as individuals may think we will never need a transfusion, and we hope we don't, we should be happy to share our good health with those less fortunate.

The next drive will be Monday, June 4, at the Big Red Bus that will be parked in the Health & Recreation parking lot. Hours are from 7:30 a.m. until 2 p.m. Won't you please mark your calendars now and come on down? You will leave feeling a lot better about yourself.

Remember, the Florida Blood Center is the sole blood provider to Marion County hospitals! ☺

Heading North for the Summer?

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Republican Club
Tony Tortora

The May meeting was held in the Arbor Conference Center with about 50 members in attendance. Neighboring guests in attendance were the presidents of Republican Clubs at Oak Run, Palm Cay, Ocala Palms and the President of the SR 200 Coalition. The Republican state committeewoman was also present.

Speakers for the evening included candidates for the Florida Senate Third District

Charlie Dean and Richard Corcoran. Each speaker was given five minutes to state their background and reason for entering the race. Charlie Dean is the only resident of the Third Senate District and has been endorsed by Senator Nancy Argenziano who is vacating the seat to serve the state in another capacity. A third candidate, Dennis Baxley, did not attend.

The main address was given by Florida State Secretary of the Department of Elder Affairs. Secretary Beach gave an overview of the agency and future programs that they expect to develop.

As is our custom, County Commissioner Charlie Stone was present and closed the meeting with a state of the county address. We always appreciate Commissioner Stone's attendance and information.

Voter turnout predictions for the June 5 primary and the June 26 general election are 10 percent or less of registered voters.

It is easy to vote in our community and there is not much excuse for ignoring that duty. The primary election will decide which candidate in the District 3 State Senate race will face the Democrat candidate. Nancy Argenziano has been a very effective legislator and has always acted for the benefit of the people.

It is our turn to say thank you by recognizing the importance of this race and electing a qualified replacement to carry on her programs. ☺



Democratic Club
Lee Wittmer

The General Meeting of the Democratic Club will be on June 19 in Suites E, F and G of the Arbor Conference Center. Please note we will commence the evening with our catered indoor picnic at 6 p.m.

Tickets are \$7 per person and can be purchased by calling James Delfraisse at 351-5551. There will be no tickets sold at the door.

The menu will consist of hamburgers made to order, hot dogs, lettuce, tomatoes, onions, barbecue onions, potato salad, coleslaw, corn on the cob, baked beans, watermelon bowl plus coffee and iced tea. A fabulous meal for a fantastic price!

Our speaker for the evening will be Robin Schwartz from Medicare.

We are extremely proud to list the following folks as members of the board of directors of the Democratic Club for 2007: Barbara Bergin, Peggy Delfraisse, Morrie Dittman, Allie Gore, Jack Hegarty, Vernon Meadors, Vernon Murray, Pat Riedeman and Jerry Segovis.

There will be no general meeting for the club in July and August. We Welcome anyone who has an interest in our club and urge all to come and see what we are about. Proud to be a Democrat! ☺



Southern Club
Bob Bland

At the Southern Club's final meeting of the 2006-07 season in May, delicious Southern dishes were prepared by those great Southern cooks — collards, corn bread, cabbage, green bean casserole, meatballs, Southern fried chicken and those ever delicious desserts consisting of that famous bread pudding and wonderful lemon cake.

Following the meal, newly elected officers for the 2007-08 season were installed in Southern style by Charlotte Erickson.

The president was Cracker Cowboy, Bob Bland, as vice president was Southern Belle, Charlotte Hancock, as secretary was Sweet Pea, Donna Howe, and as treasurer was Steel Magnolia, Jean Monroe. Each was presented a confederate flag, an appropriate hat and a bag of grits or corn meal to keep them reminded of those great Southern foods.

The club will take a break during the summer months and begin our new year on the first Thursday of the month at 5 p.m., that being Sept. 6.

Those born and bred in the South are encouraged to consider this club as we have a lot of fun, food, entertainment and fellowship — Southern style.

For information, contact Bob at 369-8566 or Charlotte at 237-9523. Have a great summer and safe travels. ☺



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Note to Big Kids This Summer: Have Fun

By BOB WOODS
WORLD NEWS WRITER

I can't help but realize that I am living in a community of kids. What I mean by that statement is that at times every resident with grandchildren or great grandkids likes to play around with these youngsters, giving them what they want, when they want it and I could say, just plain spoiling them. On the other hand these grand and great grand kids will always remember their grandparents, especially those little stupid things done together.

I can't stop remembering what my sister told me about her husband, my brother-in-law, who erected a house in the living room made from large cardboard boxes when a granddaughter was spending a little time with them while the little one's mother was recuperating from surgery.

Now my brother-in-law is a retired Air Force colonel who happened to be a B-52 jockey (pilot). In fact his airplane is the one situated at the entrance to Orlando airport.

I asked my sister who was having more fun playing in the cardboard house and her reply was "it seems the

bald-headed kid is having more fun."

Then it dawned on me that usually granddads play more with their grandkids than they did with their own. I happened to fall into that category myself as when I was younger and in the service of our country I was always away from home. Then I know plenty of dads who had to work all kinds of hours supporting their families and even some having to take on second jobs to pay the ever-rising bills and cost of living. Since they spent little time, not being of their own choice but of necessity, they finally have a chance to play with the kids, only it's their grand kids.

Just look around On Top of the World when summer arrives and witness all the grandkids visiting their grandparents or parents. Who do you see often behind the wheel of the golf carts and yelling with excitement and enjoying the H&R swimming pool? You will see all kinds of families trying their skills at the miniature golf course. You know the kids love their visit by just the yelling of happiness coming from those kids.

So to all you big kids, who are now seniors, have fun, enjoy your grand or great-grandchildren while you can. Give them those dreams that will be with

them in their minds for the rest of their lives. Maybe they will remember how their grandparents treated them and pass the enjoyment and love onto their own.

So to all you senior kids, let your hair down. Granddaughters love cooking lessons from grandma and the boys love a little roughhousing from grand pop. So when those kids arrive, roll up those shirtsleeves, put on the aprons and enjoy those grandkids while you still can. They will have centuries remembering the little things you did together.

There are always the theme parks right here in Ocala, the big ones in Orlando and the wildlife park in Citrus County's Homosassa. There are also the museums in Gainesville and particularly the butterfly display at the University of Florida. The main thing is to get out there and have fun with those grand or great grand kids.

Just a note of caution: Please do not let the kids drive your golf carts around On Top of the World without you in the right seat. It is a safety problem and an accident could cause injury, not only to you and your grandchildren, but others as well. ☺

Head to Camp This Summer: Volunteer at Boggy Creek

A little over an hour from Ocala, there's a unique camp with extraordinary campers. Each summer their nine weeks of camping offers children age 7 to 16 opportunities to have "the time of their lives."

Dan Dowd, Master the Possibilities Education Director, knows this experience well. While in New York, he organized a service program for seniors to help out at another "Hole in the Wall Gang" camp in the Adirondack. Each summer the "Double H Hole in the Woods Camp" benefited from scores of senior volunteers helping campers to enjoy a true camping experience.

The difference between summer camps and Boggy Creek Camp is that the campers all have serious illnesses such as cancer, asthma, kidney disease, epilepsy, hemophilia, rheumatic diseases, HIV/AIDS, heart disease and sickle cell anemia. Thousands of these kids would not know the joy of camping due to their medical conditions if it wasn't for Boggy Creek.

Founded by actor Paul Newman, these camps are totally free. They are funded privately and by donations. Volunteers are integral to their success. If you would like to learn more, explore volunteer opportunities and consider becoming involved, join Dan Dowd on Wednesday, June 6, at 2:30 p.m. in Classroom 1 at the MTP Education Center. Who knows, this may be your chance to have "the time of your life." ☺



For more information, go to www.boggycreek.org. To volunteer, call (352) 483-4200, ext 293.

Happenings at Circle Square Commons



Photo by Ray Cech

Model A Fords made an appearance at Circle Square Cultural Center in April.



Residents Raise Money for Second Room at Hospice

Thanks to efforts of residents at On Top of the World, \$34,750 has been raised as of April 2007 for a second room at Legacy House of Hospice.

A second room has been named for On Top of the World at Legacy House, which is a three-year-old facility of Hospice of Marion County on Southwest 110th Street.

Contributions include \$770 for 12 rockers, \$1,080 for 24 bulletin boards and \$5,141 for sound equipment for the entire Legacy House.

On Top of the World Communities have been very active in their support of the Legacy House. Since 2003, On Top of the World has raised a grand total of \$72,741 for the house. ☺



Photo by Larry Resnick

BJ Thomas performed at the Circle Square Cultural Center.



Men's Golf Association Paul Del Vacchio

Congratulations to nine hole Club Champion Gordon Blanchard, D Flight winner Lee Goss, C Flight winner Carl Larsen, B Flight winner Ron Cleveringa, A Flight winner George Blankenship and our Club Champion Tim O'Neil and thanks to all the participants of the Club Championship.

This year, for the first time, we gave our winners each a trophy to take home and keep as a reminder of their victory. Also the Club Championship flight and the nine-hole flight get to keep a traveling trophy for the coming year.

Please, if you have not already thanked Ross MacDonald and Cal Apperson, our tournament directors, for the fine job they did with the Club Championship take the time to thank

them for the countless hours they put in. If any of our members have any ideas on how we can improve on the tournament please let me know.

While speaking about tournaments, the board of directors has canceled the President's Cup to a later date.

I was asked an interesting question on Chicken Day. The question was, if a player gets an eight on a hole but his handicap or equitable stroke control says he should only take a seven for that hole, does he get an eight or a seven? Some members stop counting when they reach their limit! Well if he is playing in a net or gross event he gets the eight on the scorecard. If he is playing on any day but other than our event day he has to post a seven for that hole when he puts his score into the computer, but should give himself an eight on the scorecard. On an event day our computer operator will edit his eight for his equitable stroke control.

Thanks to Bud May for getting the picture of our Club Championship in the May's addition of the World News. Bud will try to get our scores for our events sent to the paper so they will be printed again in the World News.

Do you get very tired after playing nine holes of golf? Does your game go downhill when you get to the 10th or 11th or 12th hole? It could be time for you to join the MGA nine-hole league. Think about it!

Words of Wisdom: "Blessed is he who learned how to laugh at himself for he shall never cease to be entertained." John Boswell See you around the course.

All MGA • Team 3 Best Balls April 25 • Net By Flight Links • Round 1

184—Joe Cameron, Don Guymon, Richard Hess,

Bill Walker; 190—Jack Ashenfelter, Tom McHaffie, Alfred Wells, Nick Zoccoli; tie at 193—Art Buecher, Donald Delp, John Hodd, Kenneth Vanderkolk; Bill Bervinkle, Freddie Moody, Fred Rodriguez, Don Scott; Colin Adamson, Lane Milde, Mike Sieg, Glen Swiger; Bill Carlson, Bud Harris, Bill Hawk, Tony Magri.

Tortoise & Hare Course • Round 1

189—Robert Carter, Paul Del Vacchio, William McGarry, Raymond Shultz; tie at 194—Beale Kinsey, Peter M. Peterson, Joe Rosinski, Roland Schwab; Raymond Beloin, Bob Graff, Hira Roy, Wally Schilt; John Doy, Dick Dzik, George Palmer, Gene Sohler; Bill Culp, Rocky Groomes, Jimmy Johnson, Bob Kendrick; Sal Ledonne, Rick Mallardi, Tim O'Neil, Bev Seal.

Nine Holes • 3 Best Balls April 25

97—Rick Benzing, Zane Barnett, Jack Vogt, Gordon Blanchard; 115—John Gartung, John Ricardone, Fred Lang, Hal Stewart.

All MGA Chicken Day Scramble May 2

Links Course

Tie at 64—Raymond Beloin, Jack Border, Roy Myhr, Raymond Rossi; Paul Del Vacchio, Bill Koch, Carl Larsen, Roland Schwab; Tony Capillo, Dick Grimm, Lane Milde, Dick Norris; tie at 65—Jim Blandina, Jon Hill, Bud May, Frank Palotta; Bob Cates, Don Guymon, Bob Selmon, Bill Walker; Bill Culp, Bud Harris, Norm Lallier, Ed Noe; tie at 66—Robert Carter, Ross MacDonald, Charles Senci, Joseph Wilssens; Jack Ashenfelter, Larry Joseph, William McGarry, Glen Swiger.

Tortoise & Hare Course

63—Michael Drabicki, Armando Pena, Bev Seal,

Marvin Williams; tie at 64—Lloyd Hoefler, Dave Knauss, Roy Hira, Alfred Wells; John Hodd, Freddie Moody, Alan Mudie, Frank Smith; Harry Brower, Joe Cameron, John Doyle, Dick Dzik; tie at 65—Lee Goss, Ray Hellman, Peter M. Peterson, Eugene Auckerman; Richard Hess, Ed Klodzen, David Miller, Dave Brazeau; Douglas Coleman, Donald Delp, Lee Goodman, Jay Borden; Al Briguera, Clifford Jones, Charles Mattingly, Jay Borden.

All MGA-Ind Net/Gross May 9

Gross Flight A: Tie at 75—Johnny Gill, Larry Joseph; 76—Jon Hill; 77—Dick Gray; 80—Jay Borden.

Net Flight A: Tie at 64—Ralph Solvold, Art Buecher; 65—Paul Del Vacchio; 66—Joe Rosinski; 67—Rudy Allstead; 68—Tom Fragapane.

Gross Flight B: 83—Dick Norris; tie at 84—Bob Kendrick, Bill Carlson; 86—Raymond Shultz; 87—Rocky Groomes.

Net Flight B: 65—Bev Seal; 66—Douglas Coleman; 67—David Miller; 68—Roy Hyhr; 69—Hira Roy.

Gross Flight C: 81—Bill Hawk; tie at 85—Leonard Ruble, Jack Ashenfelter; 88—Robert Carter; 90—Glen Pecor.

Net Flight C: 60—Mike Sieg; tie at 65—Jimmy Johnson, Carl Arnold; tie at 68—Richard Hess, Sal Ledonne.

Gross Flight D: 89—Don Noel; 92—Chuck Doyle; 93—Peter M. Peterson; 94—Lane Milde; 96—Bill Koch.

Net Flight D: 66—Dave Brazeau; 67—Bob Graff; tie at 69—Ken Cotte, Nick Zoccoli; tie at 70—Fred Rodriguez, Bob Moran. ☺



Handicap Committee Patricia K. Del Vacchio

It was a little on the warm side but what a beautiful day for our Two Drive Traditional Scramble. This was the first we tried having you sign up as couples. Each couple was paired up with another couple and all the handicaps were within strokes of every other foursome. Personally I liked it, but then I like playing with my husband; remember, we still consider ourselves newlyweds. Please let someone from the handicap committee know if you enjoyed this format; we may try it again sometime.

There were 18 teams and 56 percent of those teams were paid. Bev Ovrebø, Ray Hillman, Pete Peterson and Ellie Rapacz had a gross 64 and took first place. N. and M. Zielinski, P. and D. MacMurry and P. and P. Del Vacchio, R. and S. Rossi took second with a gross 65.

E. Klodzen, R. Groomes, M.J. McAtee and B. Leckbee had gross 66 for fourth place. L. and B. Bervinkle and C. and J. Apperson finished in fifth with a 67.

D. Norris, B. Flannery and J. Page were sixth with 68; T. and R. O'Neil, R. Cook and M. Yarski finished seventh with 69.

A three-way tie for eighth place with gross 70 and the winners were: P. and G. Perrault, J. Johnson and D. Clark; C. and N. Nicholas, J. Hodd and E. Moore and B. Howe, L. Goss, M. Rose and C. Robinson. Congratulations to everyone, winner or not, and thanks for participating.

The Scotch Twosome on June 2 has been cancelled due to maintenance of the golf course. We'll see all of you for the Flag Tournament in July. ☺



Ladies 18-Hole Golf Mary Lyon

The end of the season awards luncheon is always a special event and this year was no exception. The room was beautifully decorated and the food was excellent. Thank you committee for all your work: Flo Emanuel, Jo Apperson, Nancy Zielinski and Nancy Nicholas.

The following golfers were recognized for their accomplishments during the year:

The championship tournament winners were given their awards. Their names were included in the April article.

Hole-in-One award

Jerry Gill

Ringer Tournament Winners

Flight A: Tie for lowest ringer score: 67—Sandy Chase and Mary Lyon, 68—Linda Bervinkle.

Flight B: 75—Betty Gustafson; tie at 76—Diane Hamments and Jo Ann Roney.

Flight C: 77—Angelita Pena; 82—Doris Holman; 83—Shirley Smagner.

Flight D: 84—Helen Foskett; tie at 86—Helen Bextermueller and Esther Lang.

Birdies: 31 ladies received gold pins for 1-4 birdies during the year. Blue pins went to six ladies for 5 to 9 birdies, and three ladies received red pins for 10 or more birdies.

Most Improved Golfer Award

Mary Lyon

Low Gross/Low Net

April 17

Flight A Gross: 80—Iro Lisinski, 88—Beverly Ovrebø, 91—Gretchen Normandin, Jerry Gill, Mary Lyon.

Net: 72—Betty Gustafson, 74—Linda Bervinkle and Janet Juhlin.

Flight B Gross: 89—Margie Wade, 94—Andrea Fratarangelo, 97—Mary Driver.

Net: 67—Jo Ann Roney, 74—Mary Jane McAtee, 75—Jean Culp, Marilyn Rose and Velma Rose.

Flight C Gross: 96—Fran Griswold, 97—Shirley Smagner, 101—Glenna Swank.

Net: 66—Rosemarie O'Neil, 68—Esther Lang, 73—Marie Marquis.

Flight D Gross: 107—Helen Bextermueller, 109—Euny Moore, 110—Mary Skennion.

Net: 70—Elsie Calabrese, 71—Betty Crippen and Margie DeJohn Yarski.

Chip-ins: Janet Juhlin, Marie Marquis, Nancy Nicholas, Rosemarie O'Neil, Jo Ann Rooney, Margie Wade.

Individual Points • Net

April 24

Flight A: 39—Jerry Gill and Iro Lisinski, 37—Sandy Chase and Betty Gustafson, 35—Mary Lyon.

Flight B: 38—Carol Joseph, Velma Rose and Jean Culp, 37—Angelita Pena and Andrea Fratarangelo.

Flight C: 41—Shirley Smagner, 39—Serine Rossi, 38—Esther Lang, 37—Glenna Swank, 36—Dea Johnson.

Flight D: 44—Betty Crippen, 43—Rosemarie O'Neil, 38—Mary Skennion, 37—Helen Foskett, 35—Euny Moore.

Chip-ins: Helen Bextermueller, Mary Driver, Helen Foskett, Esther Lang, Serine Rossi, Margie Wade.

Scotch Twosome A&D, B&C • Net

May 1

Flight A: 58—Esther Lang and Beverly Ovrebø, 59—Helen Foskett and Iro Lisinski, 60—Betty Crippen and Nancy Zielinski, 65—Helen Bex-

termueller and Diane Hamments, 66—Pat MacMurray and Dorothy Muller, Carolyn Cummings and Janet Juhlin, Euny Moore and Valerie Smith.

Flight B: 60—Marie Marquis and Mary Jane McAtee, 61—Shirley Smagner and Margie Wade, 62—Flo Emanuel and Glenna Swank, Jo Ann Roney and Serine Rossi, 64—Carol Joseph and Rosemarie O'Neil.

Low Gross/Low Net

May 8

Flight A Gross: 75—Nancy Zielinski, 86—Iro Lisinski, 87—Beverly Ovrebø.

Net: 68—Gretchen Normandin, 69—Sandy Chase, 70—Diane Hamments.

Flight B Gross: 92—Kathy Hoefler, 93—Jo Ann Roney, 96—Carol Joseph.

Net: 66—Margie Wade, 69—Shirley Smagner, 74—Mary Jane McAtee.

Flight C Gross: 95—Phyllis Jarskey, 99—Esther Lang, 102—Serine Rossi and Glenna Swank.

Net: 64—Rosemarie O'Neil, 71—Mary Skennion, 73—Dea Johnson.

Flight D Gross: 103—Jackie Page, 105—Dorothy Muller, 112—Marjorie Myhr.

Net: 68—Helen Foskett, 71—Elsie Calabrese, 75—Margie DeJohn Yarski.

Chip-ins: Esther Lang, Iro Lisinski, Nancy Zielinski. ☺

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Ladies 9-Hole Golf
BJ Leckbee

Our awards luncheon at Juliette's in Rainbow Springs gave us a chance to look our best and to socialize away from the links. Lucy Q presented pins to those who sank birdies during the season, with several of our ladies sinking three, no less!

Catherine Becraft won the most improved golfer pin, and Mike Beyer, Sumiko Bridges, Ginnie Hawk and Millie Nucaso tied for the best attendance award. They each only missed one league game this past season.

Thelma Smith presented flowers to Laura Jean Teyral to celebrate her standing as the oldest golfer in our league. "I hope I'll be around for the next one," Laura Jean responded.

Outgoing president Gretchen Saker installed the new slate of officers, and declared incoming president Jean Flynn as the official keeper of the league coffeepot. This ceremony ended the official 2006-07 season.

Away Invitational: Betty Tully drove Lucy Quaranta, Gretchen Saker and me across the road to Oak Run to play in their Blooming Tees invitational tournament, where Betty's team came in first on the front nine, Lucy's team placed first on the back nine, Gretchen's team placed third on the front nine, and I won a plant in a raffle. It's a beautiful geranium.

April 17
Low Net

Chip-in: Gretchen Saker

Flight A: 30—Millie Nucaso, 33—Deni DeHart, 34—BJ Leckbee and Mary Hart.

Flight B: 34—Pauline Beloin, 35—Mary Carson

and Sylvia Willoughby, 36—Gretchen Saker.
Flight C: 31—Cathleen Hathaway, 34—Judy Garrett and Bobbie Kinsey, 36—Jean Flynn and Dorothy Wagner

Flight D: 28—Rolla Geiser, 35—Linda Heenan, 36—Sylvia Mark, 37—Virginia Hawk and Fran Cimini.

April 24
Ribbon Tournament
Tortoise

Birdies: Diane Dzik and Arlo Vanderkolk.
Chip-ins: Marilee Dam, Marlene Floeckher, Fran Mencher, Ruth Mitchell, Gretchen Saker, Shirley Stolly.

51—Pauline Beloin, Marlene Floeckher, Millie Nucaso, June Tassinari; 52—Darlene Clark, Deni DeHart, BJ Leckbee, Deborah Mallardi; 56—Judith Kane, Gretchen Saker, Donna Swiger, Betty Tully. Hare

46—Grace Bock, Dawn Hagberg, Ellie Rapacz; and Diane Dzik, Ruth Koch, Marie Norwood, Arlo Vanderkolk; 47—Tish Dertien, Mary Hart, Vi Sica, Lois Tatonetti.

May 1
Scramble
Links Front

41—Micheale Beyer, Kathy Bologna, Darlene Clark, Betty Tully; 42—Marilee Dam, Marie Palombo, Ellie Rapacz, Donna Swiger.

Links Back

39—Marlene Floeckher, Linda Heenan, Ida Rosendahl, Carol White; Four-way tie at 41—Pauline Beloin, Ruth Koch, Lucy Quaranta, Marilyn Rowe; Grace Bock, Judy Garrett, Bobbie Kinsey; Helen Bailey, Frances Mencher, Millie Nucaso, Evelyn Stewart; and Deni DeHart, Jean Flynn, Virginia Hawk, Judith Kane.

May 8
Low Gross

Birdies: Marlene Floeckher, BJ Leckbee.

Chip-ins: Mike Beyer, Marlene Floeckher, Marie Norwood, Betty Tully.

Flight A: 50—Darlene Clark and Mary Hart, 51—BJ Leckbee.

Flight B: 51—Mary Carson, 52—Jan Moon, 55—Virginia Blanchard and Judy Garrett.

Flight C: 54—Micheale Beyer, 55—Phyllis Smith, 59—Dorothy Wagner.

Flight D: 60—Laura Jean Teyral, 63—Kathy Bologna, 64—Mamie Palmer.



Photo by Sandy Chase

Ladies 18-Hole Golf Champs

Winners of the Women's Golf Association 18-Hole Ladies Club Championship are from left, Flight D winner, Marie Marquis; Flight C winner, Shirley Smagner; golf pro Nick Montanaro; Flight B winner, Mary J. McAtee; Flight A winner, Pat MacMurray; and Club Champion (three years in a row), Gretchen Normandin.



MGA 2007 Championship Awards

From left are Calvin Apperson, tournament director; Tim O'Neil, championship flight; Carl Larsen, Flight C; Lee Goss, Flight D; Ron Cleveringa, Flight B; George Blankenship, Flight A; and Ross MacDonald, tournament director.

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Women's Golf Week
June 2-9, 2007

Saturday, June 2
Ladies Full Swing Clinic at Candler Hills Golf Club
FREE Limited to 30 Lady Golfers.
9:00 AM to 10:00 AM or
10:30 AM to 11:30 AM
Sign up in the Candler Hills Golf Shop.
Registration begins May 25th.

Saturday, June 2 & Sunday, June 3
Candler Hills Welcomes Women!
Lady Golfers play for \$25 + tax
Junior Girls play for \$15 + tax
Must be accompanied by an adult golfer.
Registration begins May 25th.

Monday, June 4
Ladies Full Swing Clinic at On Top of the World Golf
FREE Limited to 30 Lady Golfers.
9:00 AM to 10:00 AM or
10:30 AM to 11:30 AM
Sign up in the On Top of the World Golf Shop.
Registration begins May 25th.

Wednesday, June 6
"Just Us Girls" Scramble and Dinner
\$25 per person includes golf, cart & dinner
5:00 PM Shotgun
Must be signed up and paid by Monday, June 4 at Noon.
Sign up in the Candler Hills Golf Shop.
Registration begins May 16th.

Friday, June 8
"Increase your Strength & Flexibility for Golf"
FREE Limited to 25 Lady Golfers.
10:30 AM at The Ranch
Wear loose, comfortable clothing and athletic shoes.
Sign up in the Candler Hills Golf Shop.
Registration begins May 25th.

Candler Hills Golf Club On Top of the World.

Get your summertime playcards at the Candler Hills Golf Shop today! Call 861-9712.



Start with the Basics

Sally Collins

Share Your Passion

Summertime is often a time of the year when we can share the game we love with others. Junior golfers many times get involved with golf while they are out of school for the summer months, while our more mature friends may take up the game during the time of year the courses are less busy. As experienced golfers, we must be careful not to overwhelm them by making the game too difficult.

First off, a few pre-swing pointers are necessary. The proper hand and set-up positions are an important beginning. Even one lesson from a golf professional will get that person on the right path to enjoying the game of golf.

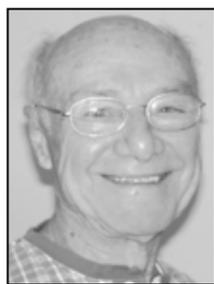
After all, pre-swing determines all in-swing, so without the correct hold and posture the actual swing motion will be difficult to perform.

Many new golfers are taken to the golf course without too much time spent on the practice tee. Be careful what tee boxes you have the new golfer tee play. With younger junior golfers, my preference is not to use tee boxes at all — we need a yardage that might allow them to get on the green in regulation plus one much of the time. That means a 100-yard par three or 150 yards for a par four. Let them taste success!

For new adult golfers, I recommend they play "New Golfer Par." That means they tee off and play the ball until their number of strokes equals par on that particular hole. When the golfer reaches that number (provided they aren't on the green) he or she picks up the ball and drops it about 10 feet from the green, chips on and putts out. What's the advantage to this format? The golfer doesn't see big score numbers on the card, doesn't use too much energy, doesn't hold up play and gets to experience all aspects of playing an entire golf hole.

Remember, when introducing new golfers to the game you passionately love, make their first experiences pleasant and rewarding. Allow them to play a length that offers them success. Avoid placing too many swing thoughts in their heads. Offer the new golfer words of encouragement. Don't forget, all of us were new golfers at some point in our lives!

Ladies — Check out the information on American Express Women's Golf Week, June 2 through 9, with events at Candler Hills Golf Club, On Top of the World Golf Club and The Ranch. ☺



Billiards

George Tookmanian

Delivery of the three new billiard tables should be sometime in June. At that time, the poolroom will be closed to allow for disassembly and removal of the old tables. It is expected to take about two days for the removal, then the installation of the new equipment. There will be a notice on each of the doors of the poolroom well in advance. We look for everyone's cooperation at that time, so, thank you in advance.

Club members voted on a change in the by-laws as to the frequency of meetings. We voted to have meetings each quarter instead of each month. The next meeting should be in July, but that will be only if the tables are in place. So please watch for a posting to announce the next meeting.

As of the first week of May we have 141 members signed up. We are very anxious to get to 150 members. So when are you going to sign up? What are you waiting for? We would like you to come up and play on the new equipment, but practice a little on the old tables and get the kinks out your stroke, and voila, you are ready for the new tables. There is a box in the corner of the poolroom to drop your 5 bucks in or if you prefer, your check (made out to me, George Tookmanian, or Richard Impressa). We need a few more good people!

On May 8, the 1 team and the 2 team met head-on in a match and the 1 team prevailed. The 1 team was much superior in the 8-ball section, but the 2 team fought back in 9-ball

and could have come out ahead in the 9-ball half, except that yours truly blew a shot on the 9-ball. Wait till next time!

So, the balls on the table (colliding spheres) have been studied for centuries! Yes, that is what I said.

Way back, balls were carved out of wood, made from clay, or whatever could be formed or cut and shaped into a sphere. Somehow some unknown person used ivory, perhaps by a noble's vassal who had the talent to carve ivory. Ivory was a prized item in olden times. It was used for all kinds of artwork and jewelry, and lent its distinctive qualities to being shaped into a ball.

Now, in Europe, at the end of the 18th century, the game had advanced to new heights, and royalty enjoyed trying out their skills. In France, they had true billiards (French game), with three or four balls. Marie Antoinette kept a set of four ivory balls in a special chest.

But, ivory was expensive and difficult to get. The tusks had to have a certain grain. The tusk from a male elephant was not as desirable as from the female elephant. You could often get no more than five or six balls from a tusk. In the early 19th century, experiments by chemists and inventors began searching for a material that would correspond with ivory.

You see, the game had gotten immensely popular, everywhere, America and Europe. Now, it has been said by those who have played with the ivories and the plastic balls that the ivories come out way ahead. However, the race was on to find or develop a material to fabricate billiard balls. An early substitute for ivory was "celluloid," which was ideal for combs, piano keys and knife handles.

As it turned out much work had yet to be done. When they tried to coat the balls with collodian, it seemed the balls would "explode." Then along came "bakelite." This seemed to provide the necessary "ivory" characteristics to make billiard balls. But, not quite. In the 1930's, a German company began using a "cast-resin" process with moderate success. That was improved upon with a phenolic resin ball.

After World War II, a Belgian-based company took over, and now, that company, Saluc, manufactures 80 percent of the world's billiard balls. You may recognize these names, Aramith, Super Aramith, Tournament Champion and Crystalate. ☺



Shuffleboard

Robert Riederman

With the regular season for the Shuffleboard Club ending in April, summer shuffleboard began May 1. Play takes place Tuesday and Thursday mornings at 10 a.m. and 9 a.m. respectively. At these times all club members are welcome on a first-come, first-served basis. This provides an opportunity for players to hone their skills for the upcoming regular season, which will begin in September. There is also a Thursday evening 10-pin session for experienced players at 6:30 p.m.

End-of-season celebrations were held by some of the weekly groups with a lunch gathering at a local restaurant. The Tuesday afternoon and Thursday morning groups visited the Golden Corral while the Wednesday afternoon group went to Chili's. These occasions were reported to be very enjoyable by all who attended.

Club members Tony Mango and John Mataya will be competing this summer in the National Senior Olympics Shuffleboard Tournament to be held in Louisville, Ky. Both men were gold winners (in different age classes) in the Florida state tournament held last December at Cape Coral. The national tournament

will be played as a round robin. Although the total number of people involved is not known at this time, Tony and John anticipate a three-to-four-day event, which begins July 4. Best of luck to these gentlemen.

There is space in the club for new members. We have a fine facility; those who have played in various other places around state consider our courts to be among the very best. Upkeep is handled by members under the leadership of Vito Chieco in a meticulous fashion. Residents are encouraged to join up whether they are beginners or experienced players. Help is available for those who wish to learn the game. While everyone likes to improve his or her game, the atmosphere on the courts is relaxed and the experience enjoyable. Any resident wishing for more information may contact George Hajjar at 861-6009 or Frank Dubai at 236-6638.

Shuffleboard league competition winners for April were as follows:

Monday a.m.

Men: Bob Schuck.

Women: Betty Cullum, Rosemarie Lenhard, Helen DeGraw.

Monday p.m.

Men: Irv Gackowski.

Women: Mary Gackowski.

Tuesday p.m.

Men: Dick Buery, Joe Veres.

Women: Peggy Trousil.

Wednesday p.m.

Men: Vito Chieco.

Women: Jean Chieco, June Hajjar.

Thursday a.m.

Men: Jack Smith.

Women: Phyllis Hershey.

Friday a.m.

Men: David Liddell.

Women: Dorothy Liddell, Marylu Chamberlain. ☺



Mini Golf

Jack Coyle

Providence Putters

April 17

Ladies: 42—Inge Vogt; 50—Emmy Ricciardone; 55—Eva Miller.

Men: Tie at 38—Kurt Vogt and Sal Tarallo; 41—Oliver Aube; 43—Bob Maxwell; 57—Steven Miller.

April 24

Ladies: 42—Inge Vogt; 45—Emmy Ricciardone. **Men:** 38—Kurt Vogt; 43—John Ricciardone; 44—Sal Tarallo; 50—Oliver Aube.

May 1

Ladies: 40—Inge Vogt; 49—Emmy Ricciardone. **Men:** 32—John Ricciardone; 38—Sal Tarallo; 40—Bob Maxwell; 41—Kurt Vogt; 49—Oliver Aube.

May 8

Ladies: 45—Inge Vogt; 46—Emmy Ricciardone. **Men:** 42—Kurt Vogt; 44—John Ricciardone; 48—Oliver Aube.

Thursday Mini-Golf

April 19

Ladies: 45—Eleanor Krowka; 48—Florence

Soens; 52—Maria France.

Men: 39—Sal Tarallo; 40—Oliver Aube; 51—Dick Soens.

April 26

Ladies: 47—Emmy Ricciardone; 48—Eleanor Krowka; 57—Rena Tarallo; 58—Florence Soens.

Men: 41—Sal Tarallo; 42—Dick Soens; 43—John Ricciardone; 50—Oliver Aube.

May 3

Ladies: 46—Florence Soens; tie at 47—Emmy Ricciardone and Eleanor Krowka.

Men: 39—John Ricciardone; 43—Dick Soens; 50—Oliver Aube.

May 10

Ladies: 46—Florence Soens; 51—Eleanor Krowka; 53—Rena Tarallo; 54—Emmy Ricciardone.

Men: 34—John Ricciardone; 43—Sal Tarallo; 51—Dick Soens.

Sunday Mini-Golf

April 15

Ladies: Tie at 44—Florence Soens and Emmy Ricciardone; 49—Eleanor Krowka; 52—Eva Miller.

Men: 39—John Ricciardone; 42—Dick Soens; 45—Bob Maxwell; 52—Oliver Aube.

April 22

Ladies: 40—Eleanor Krowka; 49—Florence Soens; 50—Emmy Ricciardone.

Men: 39—Sal Tarallo; 42—Dick Soens; 49—Oliver Aube; 50—John Ricciardone.

April 29

Ladies: 43—Eleanor Krowka; tie at 49—Florence Soens and Emmy Ricciardone.

Men: 37—Bob Maxwell; tie at 41—John Ricciardone and Dick Soens; 42—Sal Tarallo; 55—Oliver Aube.

May 6

Rained out. ☺

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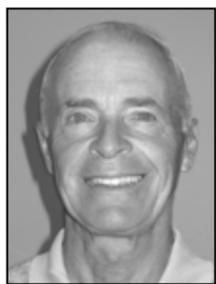
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Pickleball
Luke Mullen

Just in the nick of time! We switched our hours of play from early afternoon to early evening on May 2. Low and behold, on May 3 I noted that the temperature on my thermometer was reading 94 degrees F at 2 p.m. that day and was hot. That was our previous starting time in the winter months.

We have begun our 6 p.m. starting time for the summer on Wednesdays, Thursdays and Sundays. I noticed that even starting at 6 p.m. on a few occasions we have played it was warm. However, as we play there seems to be a nice breeze as the evening goes on. Additionally, players that have not been seen frequently during the winter hours have come to play in the evening hours. We hope this trend continues throughout the summer.

We have had many fun games so far and some participants have ended up playing till 8 p.m. or so. This always raises the question of when to eat the evening meal. If you eat before you play, you probably are done by 5:45 p.m. If you decide to have supper after playing, you could be eating after 8 o'clock. I always eat before playing but that is just a personal preference.

With our new summer hours, this may be an opportunity for new and current residents who were busy on afternoons to take a look at pickleball now that we are playing in the evening. I invite anyone interested to come join in the fun. We have a comprehen-

Italian-American Club

Jerome E. Cauda

This is the last article this gentleman will be writing. Starting with the September article, your correspondent will be Marie Norwood.

The club picnic will be Tuesday, June 12, at the Arbor Conference Center in Suites E, F and G. The menu will consist of sausage, hamburgers, salads, coffee and iced tea. Tickets will be on sale through June 5. To purchase a ticket, contact Mike DeBari, Judy Dunn or Cynthia Paige. The price is \$6 for paid members \$8 for guests.

The Sheriff's Patrol presented an informational program at the May meeting. Covered were the various Florida highway laws, which was very interesting.

Before I close and prepare to leave for the mountains of Asti in the Piedmont, remember the Sept. 5 meeting. Tickets will be on sale for the Columbus Day dinner dance. The price and menu will be in the September issue.

A board meeting will be held on the fourth Wednesday of the month at 1 p.m. in Suite H of the Arbor Conference Center. Members are invited to attend this working meeting.

sive introductory "package" of information and how to's for any interested On Top of the World residents to become acquainted with our pickleball play. It consists of a summary document entitled "A Beginner's Guide to New Pickleball Players." This guide was prepared to introduce new players to the game of pickleball and lists and describes eleven different items you need to know prior to playing. As a potential new player, on the first day you should just sit and watch us play. This is important so that you can see what the game is all about. It also allows you to evaluate if pickleball is a game you would enjoy playing and you are physically fit to play without taking unnecessary risks.

After watching for the first time and you are interested in playing, the next step is to set up a meeting with Bill Daugherty. Bill is our own resident pickleball expert and is also our United States of America Pickleball Association (USAPA) ambassador. He will provide you with both safety instructions as well as introductory training for various phases of play. These include the serve, topspin, returns, backhand skills and the dink shot among others.

If you think you would be interested in learning more about our game, please come and watch us play. We start play beginning at 6 p.m. on Wednesdays, Thursdays and Sundays on Tennis Courts 3 and 4 at the Health & Recreation Building. We have paddles and balls available to you at no cost for you to use while evaluating this game.

If you have any questions about pickleball or want to know how to get started with this fun activity, call Luke at 291-8625.



Pickleball Tip
Bill Daugherty

Next time you play, examine your ready position and see if you are in fact ready to return the ball.

The position we want to assume when playing is one that enables us to respond as quickly as possible so we can be proactive to the serve or hit.

We stand with our feet at least shoulder-width apart and weight on our toes, not our heels. This enables us to move more quickly in the X or Z-axis. The racquet should be just above our belly button when at the base line and just above the level of the net at the NVZ (None Volley Zone) line with racquet faces parallel to the net. The posture of the player should not be straight up but rather in a slight crouch with knees slightly bent, which enables us to move more quickly sideways and up and back. If you are not in this position you will not be ready to receive a fast returned ball, whether hit to a player at the base line or at the NVZ line.

As ever, if you have any questions or need help, give me a call at 854-2751 or e-mail xxhbill@earthlink.net for assistance.



R/C Flyers
Jim Lynam

The R/C Flyers would like to wish happy Father's Day to all the men of On Top of the World. Gentlemen, we certainly hope that you enjoy your special day! Remember to proudly display the Stars and Stripes on Flag Day, June 14.

The R/C Flyers are planning a belated Memorial Day picnic at the field on Thursday, June 7, for members and their guests. Bob and Gale Perry have agreed to barbecue the chicken. The R/C Flyers are pleased that Bob Emery has decided to remain here at On Top of the World and the president announced that the board of directors has appointed Bob Emery as vice president for the remainder of the year.

The R/C Flyers would like to welcome George Jenkins as our newest Model Resident at On Top of the World. The club wishes the best of Lifestyle with Altitude to George. Bob Mullarkey has placed an order for additional R/C Flyers' shirts and hats. Bob Trebilcock is constructing a new prototype starting table. When it is finished and ready for use, the members are encouraged to try it out and evaluate the table for any suggested modifi-



Great Lakes Club
Pauline Sinsky

What a great way to end the season for the Great Lakes Club. Our president, Mary Jo Hammon, and vice president, Rosemary Klosterman, bought, cooked and served the best finger-licking, tender barbecue on a bun that I have ever eaten. Kay Chandler served us her delicious baked beans and we were also served potato chips. We thank you ladies for your hard work and we will remember, with smile on our face, the last meeting because of your barbecue and bean meal.

Audrey Mangan of Travel Toppers gave a report on several trips that are not quite full yet and Gordie Phillips said they still had tickets for the dance.

Our president asked again if anyone would like to be president or vice president otherwise the club will fold.

After the meeting was over our entertainment was playing bingo. Jim and Mel did a fantastic job and not just because I won one of the games! Thank you and thanks to the men who carried in the drinks for us.

We want to thank everyone who gave us a helping hand so willingly throughout the year.

Since this is our last meeting for the season we wish everyone a safe and happy summer and are looking forward to seeing everyone next year. Thanks again.

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cations. Ed Beck is planning to redesign the electrical wiring scheme for the pavilion to eliminate the need for extension cords. Ed will also include the wiring for a permanent public address system to avoid the complications encountered each time the club has an event. President Riehl wishes to thank Bob Perry for the PSP engine test stand that has been installed in the engine work area.

Dick Rose reports that the Introductory Pilot Program is progressing extremely well. Sixteen persons signed up for the program and 12 have taken their flights. Several of the participants have enjoyed the experience and indicated they will probably join the club. The club trainer plane has now logged more than 30 flights and is still in perfect shape. Dick thanked the membership for the courtesy shown when working with the Intro Pilots for their first flights. The membership thanks Dick for his efforts in this program.

Safety Officer Bob Wroblewski reminds the membership that the field is closed for flying on Wednesdays from 3 to 5 p.m. while the parking area and field are mowed. Also, when working on a plane at home, please try to keep the transmitter off during the day to prevent possible interference. And last, be sure to wear proper eyeglasses for both protection from the sun and safety glasses to prevent eye injuries while at the flying field. Field Marshall Dick Nace plans to install two new canopies to provide sun protection for the airplanes.

Members going north for the summer are reminded to give Bob Emery or Norm Wiley their e-mail and/or address while absent from On Top of the World so the club may keep them informed about events and important business items.

All On Top of the World residents are always welcome to visit our R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. During the summer months, the R/C Flyers will have informal meetings at the flying field. So the next meeting is scheduled for Monday, June 4, at 9 a.m. at the flying field.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!



Wood Shop
Ray Utiss

Our annual spring picnic was held last month and was a success. The attendance was very good and the food was great. If you missed it, you missed a good time. Thanks to our president and all his loyal helpers. Make it a point to attend the next one.

The Wood Shop is not very busy at this time of the year. If you have been putting off a project, now is the time to start it. All of the equipment is available for your use.

Remember, the Wood Shop has a new piece of equipment. It is a Rigid sliding compound miter saw. It is a great saw, capable of many things. It has many adjustments to make on it. The new saw has more adjustments on it and they are different from the old ones. Before anyone uses it, they must be trained by a member of the board of directors. This was a major investment and we would like to get many years of service out of it. This is not too much to ask of our members and it will benefit all members. I attended this training and it did not take very long. Contact a board member for your training; you will be glad you did.

If you are a resident and wish to join the Wood Shop, please call President Cich. His phone number is in our phone book.

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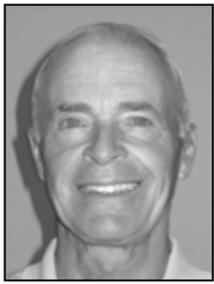
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Spring Fling Fête hosts Roberta and David Knarich look over the myriad hors d'ouvers set out prior to the evening's festivities.



**Favorite Recipes
Dinner Club
Luke Mullen**

Spring Fling Fête! That was the name of the club's activity for the month of April. Thirty diners attended this wonderful evening of fun and entertainment on Saturday, April 21. Our hosts for this spectacular event were Roberta and Dave Knarich.

We had an hors d'ouvers and dessert party in place of our normally scheduled dinner because Roberta and Dave volunteered to host

this event.

The way they put this plan in motion was by first soliciting all club members to determine who were able to attend on that particular evening. After assessing those available, each couple was requested to provide either a hors d'ouvers or a dessert dish.

The evening started off with all participants selecting from the approximate twenty five different types of delicious hors d'ouvers. Contrary to previously held beliefs, a dish of hors d'ouvers can easily take the place of and be as filling as a full meal. The hors d'ouvers included various types of shrimp, cheese dishes, mini sandwiches, many dip and cracker dishes, as well as vegetables, and various fruit and meat dishes.

They were followed by a fine selection of desserts that included fruit dishes, brownies, cheesecake bars, and mini cannolis among many others.

The event was full of fun and exciting conversation as some club members have not met all of the other members. Everyone attending the event had a wonderful evening. The club periodically sponsors all-member type evenings throughout the year, which are the result of members volunteering to undertake the hosting of these events.

Presently, the club is not accepting any new members. For information on our waiting list, please call Luke at 291-8625.

Stephanie's Computer Tip for June

By STEPHANIE ROHDE

http vs. https

HTTP stands for "Hypertext Transfer Protocol" which is how computer users view Web pages via "browsing" software such as Internet Explorer, Mozilla Firefox, Safari, Opera and Netscape.

As you view Web pages, consciously look at the Web site address and you will notice that many begin with "http" just like mine listed below. HTTPS however indicates a secure and often encrypted HTTP connection which is used for security-sensitive communications such as on-line credit card purchases and/or logging in to view sensitive and/or private information like bank, stock, or pension accounts. Be sure you are on a real and credible HTTPS site whenever you enter any sensitive information.



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**Singles Club
Pat Wellington**

The annual installation service for the Singles Club was held in May, closing out regular meetings until September. Sally Kohl contributed a beautifully decorated cake and healthy fare, such as a vegetable platter and a fruit platter. Tables were brightly decorated with silk spring plants.

The board will meet in both July and August to exchange ideas for the upcoming year and set up any committees necessary.

Although meetings are traditionally held on the first Thursday of the month, members will receive a telephone call beforehand to remind them.

Friendship Social Club Lolly Foes

The Friendship Social Club met on May 6 and was entertained by Judy Furfaro, who kept us tapping our toes. At the close of Judy's performance, all the members formed a huge circle and sang with Judy "God Bless the USA." It was a fitting closure.

Prior to our entertainment, Kay Chandler and her volunteers presented carnations to all female attendees, along with a special cake for all to share, to acknowledge Mother's Day.

During our meeting, nominations were conducted to replace the current officers who have served their two-year stint. Next month, the following residents will be sworn in as Friendship Social Club officers: President, Eileen Utiss; First Vice President (membership), Peg Chancey; Second Vice President (entertainment), Kay Porter; Secretary, Janice Meade; and Treasurer, Carol Schultz.

The above named officers will begin their service effective July 1. The club thanks you for volunteering your time.

Next month, we will be back to our normal meeting day. Our next meeting will June 10 with entertainment by Ray & Kay. Also, we will be celebrating Father's Day.

If you have any questions, please e-mail me at lollyf@att.net or call me at 861-2165.

MRMC Launches New Program

Munroe Regional Medical Center has launched Women in Red, a new program made up of a group of informed and influential women who will represent Munroe Regional in raising the awareness of cardiovascular diseases among women.

Cardiovascular disease kills more than 480,000 women a year, yet only 13 percent of women view heart disease as a health threat. Therefore, the Women in Red ambassadors are seeking to actively educate women about the importance of early detection, accurate diagnosis and proper treatment of heart disease. According to the American Heart Association, more women die from heart disease, stroke and other cardiovascular diseases than men, yet many women do not realize they are at risk.

These diseases kill one out of every three women, regardless of their ethnicity — that's more than the next five causes of death combined. By calling attention to the importance of early detection, accurate diagnosis and the proper treatment of heart disease in women, the Women in Red will ultimately save lives in Marion County.

"Women in Red can make a difference by educating women about heart disease and the risk factors we share," said Helen Dalton, Vice President of Patient Care and Chief Nursing Officer at Munroe Regional. "As we understand heart disease in women and realize the importance of early detection and how to care for ourselves, we can improve the heart health of women in Marion County."

"We want to give women the tools to improve their heart health; to know their risk factors and know how to live healthier lifestyles," said Srisha Rao, M.D., Munroe staff cardiologist and medical ambassador for Women in Red.

The Women in Red will be partnering with local businesses and organizations to design special activities and programs to increase

awareness of heart disease among women. Munroe Regional Medical Center is currently recruiting Women in Red members. There is no cost involved to join. Anyone interested in joining should visit www.MunroeRegional.com/WomeninRed for more information or contact Michelle Zimmerman at 402-5323 or by e-mail at michellezimmerman@mrhs.org.

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Friendship Village	96 th Lane - 84 th Terr.- 93 rd St.	9:05 am
Friendship Colony	83 rd Terr. - 90 th St. - 87 th Ave.- 97 th St	9:05 am
Friendship Park	97 th St. - 94 th Lane	9:07 am
Friendship Village	89 th Ct. Rd.-92 nd St. Renaissance	9:10 am
Williamsburg	90 th St.-91 st Cir. East-91 st Cir West.	9:10 am
Providence	90 th St. - SW 96 th Terr. - SW 92 nd Pl. Rd - 96 th Ct. Rd.	9:15 am
Avalon	Arbor Club	9:25 am
Exit Community		9:30 am

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Paddock Mall	9:50 am	11:40 am
Wal-Mart superstore	10:00 am	11:40 am
Target	10:15 am	11:40 am
K-Mart	10:15 am	11:45 am
Gaitway Plaza	10:27 am	11:45 am
Paddock Mall	11:50 am	
Wal-Mart Superstore	11:55 am	1:40 pm
Target	12:00 pm	1:40 pm
K-Mart	12:00 pm	1:40 pm
Gaitway Plaza	12:00 pm	1:40 pm
Paddock Mall (Final Pickup)		1:45 pm
Publix (Final Stop of the Day)	½ hour	
Thursday Grocery Run		4:00 pm
Sam's Club 3 rd Friday of the month.	1:00 pm	2:30 pm
Down Town Square Ocala 1 st Fri. of the month	1:00 pm	2:30 pm
Beall's Dept. Store 2 nd Friday of the month	9:50 am	11:40 am



Dish & That Recipes Jean Breslin

Honest folks, you should try this Noodle Pancake Dinner. It's so easy and delicious. Actually, if you are just cooking for two people, you can make two different dinners out of this recipe at the same time. (The two-dinner recipe follows.)

Noodle Pancake Dinner

Serves 4

- 1 3-ounce package any flavor Ramen noodle soup mix
 - 1 medium zucchini, shredded
 - 1 medium carrot, shredded
 - 1 medium onion, diced
 - 2 cups diced cooked chicken
 - 2 large eggs
 - 2 tablespoons flour
 - 2 tablespoons oil
- Cook Ramen noodles as package directs, then drain well. Reserve seasoning packet. Put noodles in medium bowl. Stir in shredded zucchini, carrot, onion, eggs, chicken, flour and seasoning from packet.

Heat 1 tablespoon oil in a large nonstick skillet over medium heat. Fry pancakes two to three minutes per side, make them nice and brown. Repeat using remaining mixture and 1 tablespoon oil. Makes 8 large pancakes, two per serving.

Now to make two separate dinners ...

After you mix the zucchini, carrot, onion, eggs, flour and seasoning with the cooked and drained noodles, divide the mixture into two bowls. In one bowl put one cup of diced cooked chicken, in the other bowl, add either a small can of drained tuna, or a small can of drained salmon. Cover one portion for the next day, and sauté the other for dinner.

Now, here's a light version of my favorite cake.

Tiramisu

- 1 reduced calorie golden pound cake (13 ounces)
 - 8-ounce package one-third light cream cheese room temp.
 - 2 tablespoons confectioners' sugar
 - 1/4 cup Kahlua
 - 2 cups frozen light nondairy whipped topping, thawed
 - 1 cup strong brewed coffee
 - 3 tablespoons unsweetened cocoa powder
- Slice pound cake into 10 or 11 crosswise slices. In a large bowl, beat together the cream cheese and confectioners' sugar just till blended. Beat in the Kahlua until smooth, then fold in the whipped topping.

Arrange half the slices in the bottom of a 11-by-7-by-2-inch baking dish, trimming slices to fit as needed. Brush slices with 1/2 cup coffee. Spread 1/2 of cream cheese mixture over top. Sift 2 tablespoons of cocoa powder over cheese mixture. Repeat layering with the remaining cake slices, coffee, cheese mixture and end with 1 teaspoon cocoa powder.

Cover and refrigerate at least two hours or overnight.

Enjoy! ☺

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Theatre Group

Marcia Miller

For some members of the Theatre Group, there will be no summer break. Next November's play, Neil Simon's "The Odd Couple, Female Version," has been cast and is currently in rehearsal. Several faces in this production are new to the On Top of the World Theatre stage.

Instead of playing poker as the guys did in the male version, the girls are playing Trivial Pursuit. Oscar is now Olive, played by newcomer to our stage, JoAnn Nyren. JoAnn has lived in Candler Hills for less than a year. She and her husband, Charles, have five daughters and one son. Besides acting, she enjoys baking, collecting cookbooks, oil painting, making chocolates and writing poetry. She also enjoys playing Mah Jongg.

Emery Ann Bjerkmann is Sylvie. She and her husband, Odd, moved to On Top of the World last December from Gulfport, Fla. Not only is Emery new to our stage, according to

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her husband, she hasn't done any acting since high school. She and her husband enjoy going to exercise and enroll in many of the Master the Possibilities classes.

Marilyn Bettinger, another newcomer to the On Top of the World stage, is Renee. After retiring from sales distribution in the motion picture industry, she fulfilled a life-long dream of performing in "Cabaret." Having lived in New York City most of her adult life, she welcomes the new lifestyle change here at On Top of the World.

Tom MacHaffie is another new face on our stage. He plays one of the two Spanish brothers who live upstairs from Olive and Florence. Prior to moving here with his wife, Edith, about a year ago, he performed in a community theater in Clermont, Fla.

Mickey, the cop, is played by Beverly Russell. She was last seen on our stage in this spring's recent All Star Revue. She is also active with Ocala Civic Theatre, especially the Golden Troupers.

We welcome back Ron and Betty Broman to our stage. Ron's first and only acting was in "Let's Murder Marsha" a few years ago here at On Top of the World. He returns to our stage as the other Spanish brother, Jesus (pronounced Hayzoos). Ron is active and founder of the Native Plant group here at On Top of the World. He also sings in a barbershop quartet group.

His wife, Betty, is also joining the cast as Vera after a few years absence. Betty previously appeared in "Let's Murder Marsha" and "What About Nana." Betty and Ron have lived here for eight years. They are part of the Theatre Group's Reader's Theatre. They enjoy cruising and going to Elderhostels.

The last member of the cast, Florence, is played by yours truly, Marcia Miller. Florence is the counterpart of Felix Unger. I have appeared in numerous plays and skits here at On Top of the World as well as directing last fall's play, "Bermuda Avenue Triangle."

Members of the Theatre Group recently enjoyed an end of year dinner with various members providing entertainment. The next regular meeting of the group will be in September. Enjoy your summer and if you get a chance, go see a play somewhere. ☺



Adela Anderson, center kneeling, had requested a special appearance by D'Clowns at the gym.



D'Clowns
Paula Magen

Welcome to June when we celebrate Father's Day, Flag Day and the summer solstice, when the sun is farthest from the equator.

At the end of April, D'Clowns participated in Walk America for healthier babies. It is the biggest fundraiser for March of Dimes, to support programs that save babies born prematurely or with birth defects. Some 4,000 people of all ages turned out for the six-mile challenge. They walked, jogged and ran; some pushed strollers, some rode bikes, scooters and skateboards. D'Clowns have participated every year in this event. You'll find us at the finish line, under a large arc of balloons. We cooled off the walkers with our water guns and squirters. The new larger location, Boyd Property next to Webster College on Easy Street, was a definite asset to the large crowd and events. Clown Teech even got his picture in the Star-Banner.

Adela Anderson, fitness director, soon to retire, asked our group to do a special project for her. She wanted D'Clowns to make a surprise appearance for two of her special residents, Kathy and Shortze, in the gym where they exercise. We all had a great time doing "Hokey Pokey," "The Chicken Dance," "Limbo



Clown Jo Jo (Jo Ciserano) greets walkers at the March of Dimes walk finish line.

Rock" and balloon toss, etc. Clown Sunflower added some of her magic tricks. Adela made a donation to the ARC in our honor and also sent us a lovely thank you note.

During the month of May, D'Clowns visited TimberRidge Nursing and Rehab Center three times. We participated in the wheelchair exercise class, Senior Olympics Day and Celebration Barbecue. We also did a walk around, visiting patients' rooms and gave out beads and smiles. We plan to continue being there especially since youngsters from Childhood Development Center will be there through the summer to do a project with the seniors. Needless to say, the children love seeing the clowns.

We will also continue to do our monthly hour-long show at Summerville right through the summer months. The residents of the

memory support unit look forward to us. While many of the clowns will be away we will do our best to bring fun and entertainment.

Happily we have a new boy clown, "Jake." Met him briefly at our meeting. He appears to be interested and enthusiastic. He's a new resident and a snowbird so we'll see him in the fall.

Thanks to Fran Moorhouse, Jeanne Nichols and Anita Van Fleet for their gifts of Mardi Gras beads. The kids and seniors love 'em!

D'Clowns are a fun group. We enjoy helping people of all ages smile and laugh. Please join us at our meetings. We'll teach you all about clowning. We meet the first and third Monday of the month in Suites B and C of the Arbor Conference Center at 1:30 p.m. For information call Paula at 873-3433.



SPCA
Genvieve Mallardi

noon. So, although blood and urine was taken, there was no treatment at my local vet. Surely, with more than one vet, some arrangement can be made when an emergency such as this crops up.

At first I thought that a trip to the Gainesville Vet Clinic would be necessary. I was frantic — it was Saturday morning and I no longer drive. I never made it to Gainesville as I was able to find another vet in the community who agreed to care for her. She didn't make it but I will always be grateful to Dr. Fox at Rainbow River Animal Hospital for taking her in, working so hard with her and calling me so many times with reports.

So folks, ask that important question and make sure there will be care on a weekend in an emergency for your pet.

At the April meeting, we made a food donation to Rainbow Ranch (they care for pets that are unadoptable) and we sent \$200 to Destiny Choice Horse Farm for assistance in caring for their horses. Medical fees were paid for a pup whose owner needed help.

There were two winners on our 50/50 chances that were sold on our Rags to Riches Day. Jean Hubbard won \$50 and Shelly Forrester won \$35.

We are requesting that you no longer donate open bags of pet food.

June will be our last meeting — it will be a short one with a pizza party to follow.

See you all in September.

American Jewish Club Erwin Fluss

At the end of our most successful season it's time to thank those people who made it so (if I omitted someone it was not intentional).

Many thanks to: Mary Chang, Irene Rudick, Paula Kofsky, Fran Mencher, Renee and Harvey Filzer, Jean Singer, Jeffrey Helicher, Sandy Wolf, Dorothy Bresky and Ruth Barnash.

Our board will meet during the summer to plan an exciting and stimulating season. They are planning to open the season in September

with a special holiday meal. Information will be forthcoming in August ... stay tuned.

In the meantime we wish you a great summer, "zai gesunt" — stay well. Shalom.

The club welcomes all members of the Jewish community and their spouse. We meet (generally) on the third Sunday of the month. Our Sunshine and Information lady Dorothy Bresky will be available after 4 p.m. for questions at 854-0284. Enjoy On Top of the World.



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Irish American Club
C.M. Casey

As we are going to press, 148 members and friends are attending the Spring Fling, the last Irish event until September. With Michael Funge as the entertainment and Bruce serving one of his excellent dinners I am sure that a good time will be had by all.

We also will say goodbye to our many neighbors and friends who leave us for a short time. We look forward to seeing you again. Have a safe trip.

What do you really know about the flag of Ireland? The national flag of Ireland is a tricolor of green, white and orange. The tricolor is rectangular in shape with the width being twice the depth.

The three colors of the Irish flag are of

equal size, vertically disposed, and the green is displayed next to the staff, followed by the white and then the orange.

The flag was first introduced by Thomas Meagher during the revolutionary year of 1848 as an emblem of the young Ireland movement, which sought Irish independence. The three colors have great significance: the green represents old Gaelic tradition, the orange represents Ulster Unionist tradition and the white represents a place in the middle where both traditions can peacefully co-exist. The 1916 rising by Padraig Pearce was the moment when the tricolor began to be accepted as the Irish flag.

A national coat of arms depicts the famous Irish harp on a blue background. The Irish harp is often used on flags bearing the saying "Erin go Bragh" which has been a symbol of Irish identity for centuries. The phrase "Erin go Bragh" (sometime Erin Go Braugh) translates from Gaelic as "Ireland Forever."

The Saint Patrick Battalion who fought in the war of 1847 was among the first to use the flag with the harp. Today it is not unusual for people with Irish heritage to use the flag with their own coat of arms with it. Information provided by www.Ireland.com.

Look for information on our upcoming events in the next issue.

Our Irish trip is sold out and those that are going are looking forward to having an exceptional time. So please be prepared to hear some yarns once they return.

Anyone wishing to become a member please feel free to contact our officers or any of our members, you are always welcome.

Until next time; "May your troubles be few and your blessings be more." ☺



New York/ New Jersey
Bunny Barba

Hi there: Guess what, you are stuck with me as your guest columnist for this month. Don't worry, it's not permanent, Terry will be back in July.

A medical spelling bee was held at our April meeting and the big winner was Mary Anne Nabet. We will overlook the fact that she is a nurse and the winning word was testosterone with which she should be familiar.

The club will supply pizza, soda, iced tea and a surprise dessert for all members at our last meeting of the season in June. Please come out and have a great time.

At the April meeting our nominating committee (chaired by the long-suffering Andy Zarrella) twisted a bunch of arms and was

able to submit a slate of nominees as follows: president, Liz Ettell; first vice president, Frank Palotta; second vice president, Bunny Barba; secretary, Terry Zarrella; and treasurer, Carol Berta.

Gladys Bevelacqua has agreed to remain as our sunshine and badge lady. Louise Roeder will continue her difficult job as membership chairman. Andy Zarrella is our 50/50 person. Unfortunately Danny Collora has resigned as our refreshment chairman after several years of doing a wonderful job. Please contact Terry Zarrella if you want to help. Gloria Aiello, our current secretary, will continue to work with the board and we know we can always count on her capable help.

All of the nominees were duly seconded, formal election will take place at the May meeting and the new officers will be installed in June.

Before I sign off on this column I must say a word about the driving force behind the New York/New Jersey club. During the past two years, assisted by a wonderful board of directors, no person ever worked harder to transform a club from ordinary to extraordinary than our outgoing president Terry Zarrella. Under her direction and determination we have had great imaginative entertainment, enjoyable refreshments, super trips, but most of all we have made many new friends. We are happy that she is staying on the board as secretary. Terry Zarrella has made all of us proud to be members of the New York/New Jersey club. Thank you, Terry! We know that Liz Ettell will continue to make our club bigger and better than ever.

By now, may your buses and trains always run on time. ☺

POET'S CORNER

Poetry from On Top of the World Residents

Many Special Days

HAZEL EHLE

This day could be special
So peaceful and serene
A gentle breeze now stirring
The grass so fresh and green.

How great for the children
With picnics and much fun
Just to be outside again
Enjoying the glorious sun.

The rain is finally over
Sunshine peeking through
It should be pleasant
With many things to do.

The rain will come again
Needed for many things
Especially the flowers
For all the joy they bring.

Flowers so lovely and fresh
A beautiful cloudless sky
Everything seems so perfect
The birds again fly by.

How lovely the special days
Like memories that bring cheer
All the beauty and serenity
That we always hold so dear.



Women of the World
Betty Thayer

Our members continue to amaze. Each month our adopted charities receive boxes of much needed supplies and May was no exception with Firestation 21 getting 18 boxes of school supplies for the Stuff The Bus Campaign.

In addition to our monthly charities every May we contribute cash donations to local charities voted on by our members.

This year the following received monetary donations from Women of the World: Operation Shoebox, \$500; Marion Therapeutic Riding Association, \$400; Kimberly's Cottage, \$400;

Sheltering Arms, \$200; and SPCA, \$100.

Our new board of directors was sworn in by past president Vivian Brown. Officers for 2007-08 are: president, Betty Thayer; first vice president, Bobby Roeder; second vice president, Nancy Grabowski; and treasurer, Bonnie Heinlein. This board will be working over the summer to create another exciting year for our members.

Since this was our last meeting until September the board had a big thank you celebration for our members. There was plenty of cake and coffee. No thank you party is complete without entertainment and our members thoroughly enjoyed the Singin' Swingin' Seniors. We were tapping our toes and clapping to a lot of old time swing tunes. This group puts a lot of energy into their performance and Sandy and Dottie Berkowitz had their snappy repertoire, which is icing on the cake for these performers.

The board wants to thank every member for making 2006-07 the best Women of the World has had. Your generosity every month is to be applauded and I am very humbled to be president of this caring club.

Our next meeting is Sept. 7 at 1 p.m. in Suite E of the Arbor Conference Center.

Women of the World invites all ladies who reside in On Top of the World Communities to join as we work together to help those less fortunate. ☺

Enjoy a Potluck Dinner, Watch 'Man of the Year' at June's Movie Club

By MARY EHLE

June will be our potluck night. We will be serving hot dogs and sauerkraut on June 10. The club will provide all the dogs and all the trimmings. The supper will be served first starting at 5:15 p.m. Try to come by 5 p.m. so we can get all set up. You bring the salads, desserts and etc. Don't forget to bring your beverage and your table service. Also bring a serving spoon if your dish requires one. We have a few but never seem to have enough.

The movie will be "Man of the Year" starring Robin Williams. It is very appropriate with the election year coming. It shows you what can happen when people decide on a change.

As always the Movie Club is open to all residents of On Top of the World and their overnight guests. If you are not a member, the cost is \$2, payable at the door. You do not have to be a member to come and eat. So you see the \$2 is a bargain for a Sunday night supper. Just bring your favorite dish of food and come and join us. You are home before dark. The movie starts at 6 p.m. See you there. ☺

Going North for the Summer?

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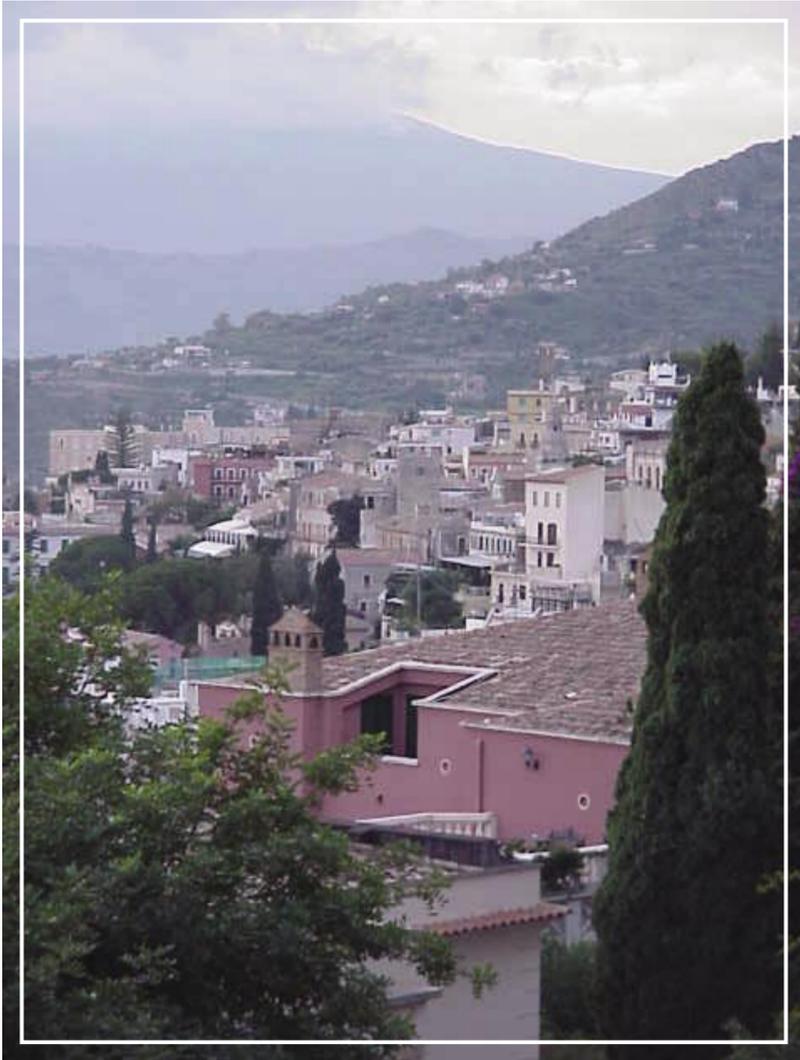
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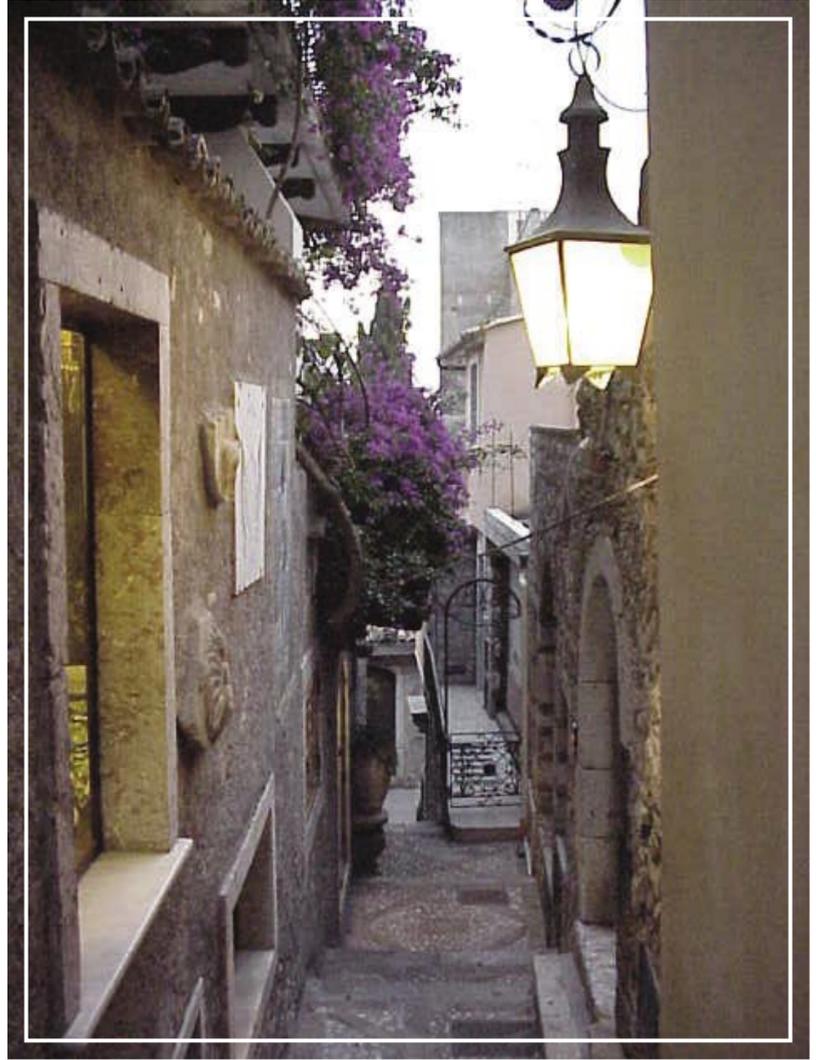
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A view from the ruins of a Greek theater located near Arigento, Sicily.



A street in Taormina, Sicily.

Photos by Paul Triolo



**World
Traveler**
Bill Shampine

I'm afraid that I will not be able to offer any first-hand travel knowledge this month since Faye and I have never been to Sicily. Nevertheless, the Internet is a wonderful source of information so we won't suffer too badly. In today's society, Sicily probably is most famous for being the home of Mario Puzo's fictional character Vito Corleone. It also is noteworthy as the home of the real-life Mafia, and for being the location of Mt. Etna, the tallest volcano in Europe and one of the world's most active volcanoes. But, before we go too far, let's learn a little something about the history of Sicily.

Sicily, the largest island in the Mediterranean Sea, is located just off the toe of Italy. It has been a popular place since prehistoric times as noted by the presence of a half a million year old skull found near Agrigento, and the cave paintings dating to 8,000 BC that are located in caves near Palermo. Because of its location, it also has experienced a myriad of cultures over the past 3,000 years, including the Phoenicians (900 BC), Greeks (750 BC), Romans (211 BC), Arabs (832 AD), Normans (1060), French (1266), Spanish (1282), and Italians (1861)! Most recently, Sicily became an autonomous region of Italy in 1946.

Sicily has an area of 9,926 square miles, which makes it just larger than Vermont and slightly smaller than Massachusetts; however, a population of about 5 million would make it 22nd in ranking with states in the U.S. It is an island of contrasts that is rich in history and culture. The land includes major mountains, with Mt. Etna being 10,900 feet high, forests, a large agricultural sector, and wonderful, sandy beaches, some of which are bounded by precipitous cliffs. Sicily is a rich agricultural area that has been considered a major grain-producing territory for 2,000 years. More recently it has become a major producer of oranges, lemons, olives, and wine on the many gently sloping hills of the central regions. Industrially, it was one of the world's leading producers of sulfur until the 1950s.

To get to Sicily from Oslo, we need to fly to Rome. From there, you can make flight connections to Palermo or Catania. I think it would be more fun, however, to take a train from Rome to Sicily. (I like trains as a means of travel throughout Europe.) If you do take a train, the real fun begins when you arrive at the Strait of Messina. There, the entire train is

loaded onto a ferry and transported to the island! Once you get on the island, you can rent a car, continue to use the train, ride buses, take taxis, or join a variety of tour packages as desired. I had assumed that the local language would be Italian, but I would have been wrong. I have learned that Sicilian is a distinct language of its own and is not even a derivative of Italian. It is a Romance language that was influenced by Latin, Greek, Arabic, Catalan and Spanish. Regardless, Italian is widely taught in the schools these days, so most Sicilians speak Italian.

There are a few local customs of which you should be aware when traveling to Sicily. The culture is strongly centered on the family unit, and reverses what Americans think of as the "old way." For example, women should not wear shorts in Sicily unless they are on the beach. With the exception of a few restaurants, everything shuts down in the afternoon from 1 until 4, so the pace of life is a bit slower than that with which most of us are familiar. One Web site tells us that Sicilians seem reluctant to stand in lines, so it is common to see crowds around ticket booths, food stands and cashiers rather than a line. Another custom that potentially will affect your vacation actually is true for most of Europe. In general, most Europeans take a two- to three-week vacation every year. The "catch" is that they usually all take it during the same period of time — in August. For example, one Web site notes that 70 percent of the population in Italy takes their vacation during the same period in August! Many businesses simply will close during that period, and hardly any work gets done. So, if you plan to go to Sicily, or anywhere else in Europe in the summer, beware of traveling in August.

So, what do you "do" in Sicily? Personally I love the opportunity to experience history when I travel, and the extraordinary mix of

cultures that impacted Sicily makes it a history buff's gold mine. In Palermo, for example, one can visit the medieval Palantine Chapel and Martorana Church, the Teatro Massimo, one of Europe's most grandiose opera houses, and many other historical sites. Traveling around the island you also can visit Norman abbeys, view Byzantine mosaics, visit medieval cathedrals and Roman villas with classical mosaics. You can go to Syracuse, the home of Archimedes, and one of the most important cities of the ancient world. You can enjoy stunning mountain vistas as you visit Mt. Etna, where you can ski in the wintertime. You can walk along beautiful sandy beaches with a nice glass of Sicilian wine in your hand as you watch the sun slowly set. You can sit in an outdoor café on a beach, enjoying a cup of

coffee while visualizing a Roman galley being rowed to shore to deliver wares to the populace of a small village clinging to the side of steep cliffs. All in all, there is quite a lot to see in Sicily.

As we leave Sicily, let's recap how far we have traveled. We had gone 8,055 miles when we boarded a plane to leave Oslo. We have to add about 1,900 miles to get us to Palermo. From there, why don't we add in about 400 miles for flitting around Sicily to visit various sites? This gives us a grand total of about 10,355 miles so far.

Where should we go next month? Hmm, why don't we stray a bit from the common venues to which everyone else is traveling these days and go to Yugoslavia? Dubrovnik is a beautiful old town! ☺

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Photo by Doris Mauricio
Coreopsis blooms in Doris' yard.



**Nature
Around Us
Doris Mauricio**

Shortly after moving to Florida I spread a package of wild flowers in my garden bed. Of the many flowers that sprouted, the one that gave me the greatest pleasure, turned out to be the Coreopsis. This flower has recently entered my On Top of the World garden (a gift from a fellow On Top of the World gardener). What started out as one plant has now increased to about 10 plants. This year the Coreopsis proved to be an early bloomer as my garden struggled back from a hard frost.

These daisy-like flowers are an inch across with bright yellow rays and deep brown or purplish centers on slender branched stalks. They bloom mainly in the spring and summer. They need full sun to flower well. Coreopsis reseed readily, are easy to grow and may be used as cut flowers. They are also nectar plants for butterflies. This Florida native can easily be started in your garden from seed.

June 23 is the date set for the Annual Crape Myrtle sale. The sale will be held at the McPherson Government Complex early Saturday morning. Watch for the announcement in the Star-Banner or call your Marion County Master Gardeners at 671-8400. I am very pleased with the Crape Myrtle shrubs I purchased from the last sale. Crape Myrtles come in a variety of sizes and colors and are well suited for our area. Marion County Master Gardeners will be having their Summer Mini Sale on June 30 from 9 a.m. to noon. There will be a nice selection of natives, butterfly plants and small landscape trees.

The garden centers are still full of summer annuals in all shapes and colors. Plant some among your perennials to give your landscape a punch of color since all the spring bloomers have finished. Also, why not try some bulbs of Spider Lily, Amazon Lily, Aztec Lily and Walking Iris. These will be there when the annuals fade.

If your St. Augustine turf is turning a little yellow, it is telling you that it needs some iron, not fertilizer. Fertilization in the summer is not recommended because this practice will stress the grass in the heat of the summer by forcing lots of fast growth. Be sure to read the label and apply the Iron supplement as the manufacturer recommends.

Hopefully by the middle of June the rains will have returned to Marion County. Presently we are limited to one watering (through our irrigation system) per week between 6 p.m. and 8 a.m. (see details in Lynette Vermillion's columns on pages 4 and 6). We are allowed to water moderately with a hand-held hose. During these stressful conditions, mowing should be minimized to twice a month. The blades of grass will curl lengthwise and appear a light bluish green when stressed.

It seems likely water will continue to be an issue for St. Augustine lawns. An alternative to grass would be drought-resistant shrubs, trees and ground covers. It would probably be wise to make this transition slowly (as your lawn dies out) to make sure this is a look you can live with. The Extension Office can provide you with literature on how to set up your beds and the plants best suited for our area.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns. On Top of the World Native Plant Club meets the second Wednesday of the month at 1:30 p.m. at the Arbor Center. Come and join them and take time to walk the nature trail located behind the Arbor Center. Happy gardening!

Doris Mauricio, On Top of the World Resident and Master Gardener

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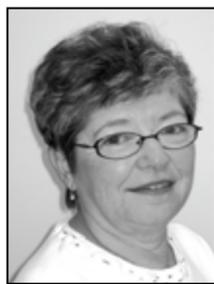
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Sewing Bees
Rita Miller

Wow ... April and May certainly were busy months for the Sewing Bees. We had a very successful table at the spring Rags to Riches Sale. The proceeds will be used to buy more sewing supplies for our homeless and abused children projects. A big thank you to those of you who joined our "Pillow Club." An additional 70 pillows have been ordered. In the future, if any individual or organization would like to make a donation to the Pillow Club, \$2 will buy a pillow for a child. We'd like this to be an ongoing project.

On April 26, Linda Fay from Genesis House provided members of the Sewing Bees and Stitch Witches with an enlightening program about Genesis House. This is a temporary

resident shelter for children ages 11 through 17 serving mostly teenagers. Their goal is to provide a normal family situation as best they can. The children all attend school and have some household responsibilities. They have the opportunity to attend cultural and fun activities such as the Ocala Civic Theatre, museums, the beach or even their high school prom. It was heart wrenching to hear of the traumas these children have experienced. At the end of the presentation, 22 quilt/pillow kits were presented to Ms. Fay as gifts for the children at Genesis House.

Our spring buffet luncheon was held on May 3 in place of our monthly meeting. The Sewing Bees are not only "sewers" but they're gourmet cooks as well. The buffet table had a grand selection of meatballs, lasagna, colorful veggies, tasty salads and luscious desserts. The tables were decorated with lavender flowers and napkins. The favors were Bumble Bee magnets and Bee-Attitude book marks. Marcy was in charge of entertainment and we played bingo and trivia for the floral centerpieces. A big thank you goes to Betty Columbia and Rita Miller for their efforts in coordinating this event.

More thank yous to our friends who donated fabric and sewing supplies last month. Keep us in mind when doing your spring cleaning. We can always use more fabric and more new members. Our membership is open to all residents of On Top of the World. And, there's always space in the cabinets for more fabric, fiber fill and quilt batting. If you have any donations or questions, call Rita at 237-6660 or Marcy at 854-1181. ☺



The Happy Hookers
Yvonne Bednar

June is here and that means summer has arrived. Many of us will be visiting family, friends, touring parts of our country or abroad, but that doesn't mean The Happy Hookers will not be meeting. We do meet throughout the year, doing "our thing."

We welcome ladies from all the On Top of the World neighborhoods; we gather on Mondays from 2 to 3 p.m. in the Arts/Ceramics room, up on the hill by the woodshop and card rooms, near the Health & Recreation Building. We collect no dues and hold no meetings. Bring what you care to work on.

On June 4, we will be at Thai Ruby's restaurant at 1 p.m. for our bi-monthly luncheon; don't forget to tell Carol Toye if you plan on

attending.

At present, Mary Lou Welsh continues making beautiful prayer shawls for Druid Hills United Methodist Church. Vicky Seitz enjoys creating colorful lap blankets for the patients at TimberRidge Nursing and Rehab Center. Maureen Wolfe and her daughter-in-law in Rhode Island are hoping to put a homemade scarf around every neck in Rhode Island this winter. Their scarves will be on sale at a church craft sale in Rhode Island this December.

Pat Wallace has her ongoing project of "a mile a minute" afghan in the works for a long time now — no rush, it will get done someday. Ruth Rasmussen is putting the final stitches on her adorable needlepoint cat picture — a project of hers for more than a year.

Rosalie Grubowski is creating a colorful afghan. Cecily Lucas has just finished a project of embroidered pillowcases of little children holding hands, which she has created, and this will be sent to a cousin in Germany.

I continue making baby blankets and hats for Little Fuzzies at Munroe Regional Medical Center and hats for infants in Papua, New Guinea, for the Medical Missionary Nurse Practitioners, that Mary Ehle is also working on. This past winter, Mary made and donated 20 hats to the Oppenheim Ephrata School in Dolgeville, N.Y.

Also, this past winter, Cecily Lucas, Pam Jennings and Hilda Woodcock made more than 24 hats for needy children at Romeo School in Dunnellon. At present, Carol Toye is creating colorful hats for the Covenant House in New York city for children.

So you can see, The Happy Hookers handy work makes its rounds around the world. 'Til next month, knit one, purl two. ☺



Stitch Witch Quilters
Ann Weldishofer

The May meeting of On Top of the World's quilt club started at 10 a.m. with 24 members in attendance. We are beginning to see how many of our friends are already north for the summer. We had delicious refreshments provided by Wilma Forman, and we decided to eat right away, so had brunch! Thank you, Wilma. Pat Quinlan said we had a donation of fabric from Mary Glendening — thank you, Mary. Pat also said that eight baby quilts had been taken to Munroe Regional for the premie department.

In May, we worked on UFOs - those projects that are still in the making! And I know we all have several of those! In June we will do a whimsical fish quilt by Pat Quinlan, and in July Tekla will show us a colorful butterfly pattern. She is also asking that we make a list of the projects we have each done, partly to learn which patterns were most well received.

Pat also announced that the children's backpack program is going to be continued throughout the summer; so remember to bring those food items to each business meeting.

It was noted that the Abuse Center still needs wall hangings, as does TimberRidge. Pat has contacted other places that are in need of our quilts. She mentioned Palm Gardens, New Horizons and Marion House as facilities that would welcome lap quilts for their patients.

We ended the meeting with a great show and tell — there were at least 10 new quilts to add to the supply. Thank you each and every one for the wonderful work! ☺

The Embroidery Chicks

Jan Johnson

Our new club continues on its way to new discoveries and learnings! There is a great sense of cooperation and assistance, with the more knowledgeable members being so willing to give assistance to those of us (most of us) who are novices in machine embroidery. We always pick up something new or informative and just have fun at each meeting. It is hard to tear ourselves away from the meetings and return home!

Our last project was to make a pillowcase in full or travel size. The cuff of the pillowcase would be embroidered in a design of one's choice. What a variety we had!

Our next project will be to make our own embroidered nametags, so we can really learn each other's names. Small projects, on the way to more ambitious work!

I would like to highlight one of our senior members, Marcie Benz. Marcie has taken many classes in embroidery and sewing to become an expert. As a result of a class she took online through Quilt University, she designed and made an item that is now featured in Quilt University's 2007 Virtual Quilt Show, in the gallery of Piecing, Threadwork and Painting. Viewers of the online show could pick their favorite item in the show and cast a vote. We hope that Marcie wins. The contest will all be over by the publication of the June World News. I will announce the results next month. Additionally, Marcie is just a joy to talk with, to work and learn with. I am so glad that Marcie is in our group. She has chosen demanding projects to attempt and they are gorgeous, astounding projects when completed.

Our club meets on the first and fourth Fridays of each month in Suites B and C of the Arbor Conference Center from 9:30 a.m. to approximately 1:30 p.m. or possibly later. Questions may be addressed to our excellent leader, Theresa Randolph, at 291-7570. We thank Theresa for her knowledge, her willingness to teach, and her flexibility. She is always open to new ideas and new methods. Come join us if you are interested in machine embroidery. We love new members! ☺



Rubber Stamping Greeting Cards
Margaret Hanrahan

Joyce Burk brought us new card-making ideas. She showed us how to dust various colored chalks over a transparent ink to create soft, pastel-shaded cards. The first card was a springtime floral and the second used a rainbow of shades as a background to our special

greeting. Coupled with this greeting we used a scripture verse and the floral stamp "God's promises are forever."

At our next meeting Bev Taylor showed us how to make two different "shaker" cards. These cards have a window and inside the window are brightly colored small beads of different shapes and gold glitter which, when shaken, move and make a sound. The first card looks like a celebration is about to take place. It has spirals of pastel chalks surrounding the window of beads layered on a background of coordinating pastel paper enhanced with spirals. The other looks like a decorated cupcake with confetti icing and has strips of colorful paper in the background, making this one a birthday card.

Both cards were exciting and fun to make and will be fun to send to someone special.

This group meets to encourage, inspire and assist one another. Members range from just beginners to many years in this art form.

We meet in Suite D of the Arbor Conference Center from 1 to 3 p.m. on the first and third Thursdays of the month. We have a fun and relaxing time.

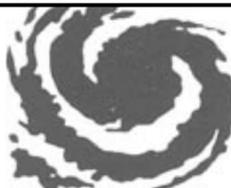
All are welcome. If you have questions, please call Margaret at 732-3282 or just show up. ☺

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Scenes from the Sock Hop

May 12, 2007

Photos by Larry Resnick



Eddie Shannon & Company provide the music for the Sock Hop.



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Dancers dress the part in Sock Hop style.

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There are over 1,100 homeless, hungry children in the Marion Co. School System. You can help us feed these children during the summer months when school is out.

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Travel Toppers
Jo Swing

June is busting out all over and so is Travel Toppers with more new and exciting events coming up.

As of this issue, there is still room on the trip to the Starlight Dinner theater in Orlando to see the musical "Bye, Bye Birdie" on Father's Day, June 17. The cost is \$65. If you are interested, please contact Pat Hood at 237-8533 between 9 a.m. and 7 p.m.

There is also room for "The Sound of Music" on Saturday, July 17. This too is at the Starlight Dinner Theater in Orlando. The cost is \$61. Call the coordinator, Delma Hofer at 854-7726.

Travel Toppers has a mystery trip coming up Saturday, July 28. This cost is \$51 and includes meal and transportation. All we can say is that it is not on the water and we have not been there before. There is a limit of 48 for this trip, so if you are interested, please check with Janet Fragapane as soon as possible at 861-1575 between 6 and 9 p.m.

Preregistration will start June 11 for the shopping trip to the fabulous Florida Mall in Orlando. The trip will take place on Thursday, Aug. 9. The Florida Mall is Florida's largest mall and features stores such as Nordstrom's, Saks Fifth Avenue, Abercrombie and Fitch, Sephora, Williams-Sonoma, and other fine stores. Joan Connolly is the coordinator. You can reach her at 854-8697 between 9 a.m. and

7 p.m. only.

We will start taking registrations on June 19 for the Aug. 24 trip to the popular Dolly Partons' Dixie Stampede. Please call coordinator, Toni Lagattuta at 854-9768.

Even though it was Friday the 13th of April, there was nothing unlucky about the trip to the Show Palace in Hudson to see the musical "Singing in the Rain." It even rained on stage for the famous title number. All reports indicated that the show was great, the food was fine as usual and that a good time was had.

On Mother's Day, two full busloads, 112 people total, went to Clearwater for a cruise on the Starlight Majesty. The two and half-hour cruise was most enjoyable. There were raves about the food, especially the salmon, which was most delicious. Among the travelers there were nine birthdays to acknowledge and four couples were celebrating anniversaries. It has been 10 years for Bea and George Smith, and 14 years for Esther and Fred Lange. Gail and Don Briggs have enjoyed 34 years together. Gloria and Dwight Hull top the list with 50 years of wedded bliss.

With the increase in all cost, Travel Topper's cancellation policy is that if you cancel and we cannot recover the money from the venue or if we cannot get a replacement for you, then we cannot give a refund. Travel Toppers trips are for On Top of the World residents and their overnight guests only. If you have friends from outside On Top of the World who would like to go on one of our trips, they can be put on the wait list. If we have space available after On Top of the World residents have been accommodated, then we will add them to the trip.

A new slate of officers was elected unanimously at the May meeting of Travel Toppers. They are: president, Audrey Mangan; first vice president, Joan Connolly; second vice president, Kathy Hess; treasurer, "Pete" Peterson; assistant treasurer, Paul Wilson; recording secretary, Jo Swing; publicity secretary, Jerry Thompson.

The next meeting will be held Wednesday, June 6, at 10:30 a.m. in Suite A at the Arbor Conference Center. All are welcome to attend. There will be no meetings during the months of July and August. See you at the June meeting. Until then happy travels. ☺



Ballet Club
Eugenie Martin

I love classic movies on television. I know they are not always very realistic, but the storylines are not as bloody and garish as films nowadays. They make me feel warm and comfortable. Recently, I watched "Stage Door," a film from the late 1930s about a group of young women trying to make it on Broadway. It featured stars such as Katherine Hepburn, Eve Arden, Lucille Ball, and hoofers Ann Miller and Ginger Rogers. What a wonderful escape!

This was followed by the Ocala Civic Theatre production of "42nd Street," in which a chorine gets her big chance to step in when the star of the show gets sick. Lo and behold, the kid from the chorus becomes an overnight star herself! It is just great to see such performing miracles. Isn't that what theatre is all about?

The story lines in ballets are not exactly realistic — otherwise we would not have dancing swans, ghosts or nutcrackers. Neither are most operas, for that matter. The lack of reality does not make these performing art forms less enjoyable or meaningful in their own ways. Sometimes our everyday lives need such stories.

I feel it even in ballet class. When I look in the mirror, and see everyone moving together to the lovely music, a chill goes up my spine.

Our class is growing, and we now need to use two barres in class. Dancers use the barre in the beginning of the class to stretch and tone the body, and prepare it for dancing in the center and across the floor. Come and join us. We meet every Tuesday from 1 to 2 p.m. in the small studio next to the indoor pool at the Arbor Club. The classes are free, and you do not need any experience to join us. Call me at 854-8589 if you want more information. Happy dancing! ☺

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Sunshine Singers
Vivian Brown

Things will be slowing down for us singers as summer is almost here, but I will be here every month letting you know what our plans are for the coming year.

Recently some of our members attended a free breakfast for TimberRidge volunteers. It is always a fun time, the food is plentiful and delicious. What a great way to say Thank you.

We entertained at TimberRidge in May to a very receptive audience, who happily sang along with us as we remembered all mothers. We entertained residents at Summerville on May 18.

We also joined the Lions Club for the annual Memorial Day program in May. We paid tribute to all veterans, past and present, especially those fallen heroes who have made the ultimate sacrifice.

We owe them so much, an hour of our time is not too much to give. Till next month, God bless and keep on singing, Vivian. ☺

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Mah Jongg
Mary Ehle

There are a lot of things to tell you for summer. First there will be a mini tournament for those who have played two years or less on Monday July 9. I am so pleased to see those people enjoying the game and wanting to go ahead and improve themselves while having fun. Barbara McArdel is the organizer so contact her at 369-1220 for more details.

Next I am starting a new class. It will be for five weeks starting July 11. It is an interrupted schedule and will be as follows: July 11, July 18, Aug. 1, Aug. 8 and Aug. 15. I know this may seem confusing but with vacations and all it is what we worked out for the summer. Call me at 873-7507 to register.

I am taking reservations for the tournament to be held on Oct. 6. It is \$20. I am looking for volunteers to be east again and I also need people who will bring me card tables on the night before. We use a lot more tables than On Top of the World can supply. Everything else will be about the same as always. Since our space is limited, don't wait. I will have more details in future columns.

Remember the first rule of Mah Jongg, have fun or don't play. It should always be fun. You can make it that way. Jokers to you. ☺



Pennsylvania Club
Pat Utiss

I will begin by reporting on our April trip to Jai Alai. We had a lot of fun and the food is very good, but I heard no reports of big winners. As to the writer of this column and her husband, I know for a fact, we won nothing.

Our picnic in May was a success. Once again the good cooks from Pennsylvania outdid themselves with delicious food for the potluck. Following a short meeting, we played several games of bingo, then it was time for the outdoor games. We had our egg toss first. David Utiss gave his all, including his blood, but they still didn't win. The big winners were Ed and Dot Hinde.

The balloon toss had a first and second place. First place went to Eileen Krels and Don Oakes. The second place winners were Anita and Phil Devito.

Remember, the Pennsylvania Club does not meet in the summer, so our next meeting will be Sept. 12. At that meeting, we will be having horse races. Look for my column in the World News that comes out at the end of August for more details. ☺

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Citizens Emergency Response Team
Response Team
 Caroline Scott

"Uncle Bob" has been missing since last evening, when he walked to the next-door neighbor's around 8 p.m. and did not return! He has been diagnosed with the beginning of Alzheimer's disease.

This is a frightening scenario, but quite a common one. In order to prepare ourselves for such an occurrence, we practiced a grid search in the wildlife area along Southwest 98th Street.

Participants had a flyer with "Uncle Bob's

picture and a physical description of him and what he was wearing. Armed with information as to how we should line up, what we should be wearing for our own protection, and how to approach him, about 27 team members began our search.

We broke into two teams with Erwin Fluss and Matt Reilly heading each team. We found a piece of material that matched the pants he was wearing, a piece of T-shirt and one sneaker. Then we found "Uncle Bob."

During this scenario, each team captain would radio his position and what was found to the Incident Command, who in turn relays the information to the Emergency Operation Center. If this had been an actual event, deputies and an ambulance would have been dispatched to the scene.

Bob Conn with the Emergency Management Office monitored our progress. This was our first try of this type of search and rescue operation, and I am very happy to report that we earned very high praises.

My thanks to all the team members for his or her continued support. The residents of On Top of the World should be proud of all these people who give their time and energy to be prepared to help their neighbors in time of need. Remember, not all problems in Florida are hurricanes.

We meet the second Tuesday of each month at the Arbor Conference Center in Suites E and F. You are all welcome to sit in on any meeting and learn what we are doing now. ☺



Bob Farnion, left, and Sam Slade play chess on Thursday evenings in the Art Room.

Chess Club
 Sal Lanzetti

Come join us on Thursday evenings at 6:30 in the Art Room at the Health & Recreation Center. Many of us are concerned about maintaining our physical condition and health, but it is just as important to exercise the mind. Chess is an enjoyable and exciting game and keeps the mind sharp.

Two of our veteran players are Sam Slade and Bob Farnion.

Sam learned to play chess at the age of 7 in his hometown of Minsk, Russia. He played chess throughout his six years in the Russian Army during World War II and was a tank commander in charge of more than 600 tanks. After the war, he moved to the United States and now resides at On Top of the World Communities.

Bob is also a veteran of World War II. He was in the Army Air Corps stationed in England

during the war. He grew up in New England and is a retired manager from a cable company. He learned to play chess while stationed in England during the war.

In the photo, it's obvious that Sam (on the right) and Bob (on the left) are friends and were allies during the war, but obviously enemies on the board.

Whether you are experienced, a beginner or someone interested in learning the game of chess, you are welcome to join us. Just show up or, for information, contact Sal Lanzetti at 237-5063. ☺



View from the Library
 Peggy Greer

Bob did it again! My sweet husband coerced me to reading a book that I really didn't think I'd like. Do I look like someone who would be interested in nuclear powered submarines? Is there any reason that would make you imagine that I would understand a book about nuclear powered submarines? I didn't think so!

Filled with skepticism, I recently read "Dark Waters" which is about the first small nuclear powered submarine, the NR-1. This little sub was Rickover's secret for many years and this book takes you from Rickover's idea, through construction in Groton, Conn., and into deep waters the world over.

What a magnificent job Lee Vyborny and Don Davis did in writing "Dark Waters." They were able to take such a highly technical subject as a nuclear powered submarine and put it in terms a low-tech person like me could understand. Not only did I understand it, but I thoroughly enjoyed every page. I knew what degaussing was (demagnetizing metal) but I never dreamed that submarines had to be degaussed.

Admiral Rickover was the father of nuclear powered submarines and he was the man the Navy loved to hate. What a remarkable fellow he was, a workaholic who expected everyone around him to have the same drive. His personality was always shocking and sometimes humorous. All I know is I am glad I never crossed paths with him.

Lee Vyborny was a member of the first NR-1 crew and he tells this story in such simple terms. The tiny sub was built during the cold war with Russia, which was also the time we were at war in Viet Nam, and during the space race. Vyborny mentions all of these events and explains how they all fit together with the little NR-1. He also discusses the personal accommodations of the NR-1, the psychology of living in such close quarters, and the emotional strain of being on the ocean floor for weeks at a time. The NR-1 was so classified that the Navy didn't even know it existed.

The only thing I can say is not to be intimidated by the subject matter, just enjoy the story and know that most of what you read has been declassified not so long ago.

Some of our newer residents here at On Top of the World may not be familiar with our library and I'd like to invite all of you to stop by and see what a wonderful selection we have to offer.

The library is located just off the Ballroom in the Health & Recreation building. There is a wide variety of subjects to choose from, such as: fiction, biography, mystery, westerns and romance. Additionally, there are magazines, audiocassettes, large print books, videos and DVDs. You don't need a library card to check out a book, just find something you would like to read, take it home and enjoy. The library operates on "the honor system" so when you are finished, please return the book you've borrowed.

We also accept donated books if you have any books you would like to share. Just place donated books in the "returned books" box on the table, which is just inside the door, and we will be happy to shelve them. Resident volunteers maintain the library and each of us will be happy to assist you. Good reading to you all. ☺

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Card Clubs & Games



Monday Afternoon Bridge

Gar Terheide & Sara Anderson

April 16

1: Eleanor Giardina and Geri Cassens; 2: Ray Dietz and Sara Anderson; 3: Shirley Stolly and Ester Lang.

April 23

1: Carol Rosenberg and Marjorie Benton; 2: Fran Griswold and Betty Morris; 3: Eleanor Giardina and Geri Cassens; tie at 4: Joan Lord and Mary Carol Geck; Bill and Ann Mahoney.

April 30

1: Nel Bosschaart and Joan Lord; 2: Geri Cassens and Eleanor Giardina; 3: Ray Deitz and Sara Anderson.

May 7

1: Doris Keathley and Ida Rosendahl; 2: Ray Deitz and Sara Anderson; 3: Elsie Helwig and Maize Millward; 4: Marjorie Benton and Caryl Rosenberger.

Monday Night Bridge

Shirley Johnson

April 16

1: Dick Mansfield; 2: Phyllis Bressler; 3: Flo Penn; 4: Ron McNeilly; Cons. Miriam McNeilly.

April 23

1: Miriam McNeilly; 2: Dick Mansfield; 3: Eleanor Giardina; 4: Ida Rosendahl; 5: Kay Wood; Cons. Ray Deitz.

April 30

1: Eleanor Giardina; 2: Betty Legg; 3: Ray Dietz; 4: Phyllis Bressler; Cons. Jim Smith.

May 7

1: Ida Rosendahl; 2: Eleanor Giardina; 3: Dick Mansfield; 4: Jan Moon; Cons. May Holtz.

Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

April 3

1: Joe Zwick and Bernie Kelly. 2: Eleanor Giardina and Geri Cassens.

April 10

1: Joe Zwick and Bernie Kelly. 2: Shirley Johnson and Phyllis Bressler. 3: Agnes LaSala and Carl Woodbury.

April 17

1: Betty Morris and Shirley Stolly. 2: Kay Wood and Marie Dare. 3: Agnes LaSala and Carl Woodbury.

April 24

1: Bernie Kelly and Ray Dietz. 2: Kay Wood and Elsie Helwig. 3: Agnes LaSala and Carl Woodbury.

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073: Last month's winners are listed below.

April 17

1: Betty and Bill Raines. 2: Joan Lord and Nel Bosschaart. 3: Doris Keathley and Mary Carol Geck.

April 24

North - South. 1: Betty and Bill Raines. 2: Ida Rosendahl and Dick Mansfield. 3: Ida and Bill Carlson. 4: Joni and Ted Jarvais. East - West. 1: Doug Miller and Ernie Lord. 2: Ruth and Harry Tindall. 3: Shelly and Forrest Cleaver. 4: Liz Milleson and Helen Eshbach

May 1

1: Ida and Bill Carlson. 2: Ida Rosendahl and Dick Mansfield. 3: Nel Bosschaart and Joan Lord. 4: Doug Miller and Ernie Lord

May 8

1: Jayne Kaske and Caryl Rosenberger. 2: Betty and Bill Raines. 3: Ida Rosendahl and Dick Mansfield. 4: Shelly and Forrest Cleaver. 5: Ruth and Harry Tindall.

Wednesday Afternoon Bridge

Fran Griswold

April 18

1: Shirley Stolly; 2: Carol Johnson; 3: Fran Griswold; Cons. Marlene Floecker.

April 25

1: Helen Eschbach; 2: Helene Sternberger; 3: Jan Moon; 4: Pat Goltart; Cons. Flo Penn.

May 2

1: Flo Penn; 2: Jan Moon; 3: Dick Mansfield; 4: Pat Goltart; Cons. Marion Wade.

May 9

1: Phyllis Bressler; 2: Shirley Walcott; 3: Helene Sternberger; 4: Mary Culberson; 5: Esther Lang; Cons. Nancy Dreimiller.

Thursday Afternoon Bridge

Arline Duggan

April 5

1: Ginnie Barrett. 2: Marion Wade. 3: Marie Dare. 4: Nancy Dreimiller.

April 12

1: Alice McDaniel. 2: Marie Dare. 3: Betty Legg. 4: Marion Wade.

April 19

1: Shirlee Wolcott. 2: Mazie Millward. 3: Ginnie Barrett.

April 26

1: Marceline Guerrein. 2: Cleona Redman. 3: Alice McDaniel. 4: Betty Legg.

Thursday Night Bridge

Helen DeGraw & Ida Rosendal

April 12

1: Edith Hunter; 2: Myra Butler; 3: Ida Rosendahl; 4: Ray Deitz; Cons. Dot Findlay.

April 19

1: Jan Moon; 2: Caryl Rosenberger; 3: Ginny Barrett; 4: Eleanor Giardina; 5: Carol Johnson; Cons. Betty Legg.

April 26

1: Ray Dietz; 2: Don Lamb; 3: Eleanor Giardina; 4: Caryl Rosenberger; 5: Sara Anderson; Cons. Agnes Weber.

May 4

1: Edith Hunter; 2: Dick Mansfield; 3: Jan Moon; 4: Phyllis Bressler; 5: Agnes Weber; Cons. Lyn Hill.

May 10

1: Jack Kyle; 2: Ginny Barrett; 3: Paul Agarwal ; 4: Dick Mansfield; Cons. Eleanor Giardina.

Friday Advanced Bridge

Betty & Bill Raines

Foursomes are required for this delightful evening of Rubber Bridge. You may bring your own or call 873-0073 for help in finding partners. Or, if you wish, you may be added to our sub list until you find partners.

April 20

1: Phil Merchant. 2: Harry Tindall. 3: Mary Cullierson. 4: Ernie Lord. 5: Caryl Rosenberger

April 27

1: Edith Hunter. 2: Bruce Benton. 3: Betty Raines. 4: Caryl Rosenberger

May 4

1: Mickey Martin. 2: Bill Hunter. 3: Bill Raines. 4: Mildred Lane. 5: Dick Mansfield

May 11

1: Ruth Tindall. 2: Eleanor Giardina. 3: Jayne Kaske. 4: Paul Agawals. 5: Jan Moon.



Friday Night Euchre

Joe Askenase

April 13

Four-Handed Game

1: Diana Riegler. 2: Russ Riegler. Tie at 3: Joan Sigafoos and Dolores Barnett. 4: Zane Barnett. 5: Clarence Lietzow. 6: Bridget Hughes. 7: Marie Marquis.

Five-Handed Game

1: Marge Fisher. 2: Lou Fisher. 3: Helen Foskett. 4: Marcy Askenase.

Six-Handed Game

1: Lee Morgan. 2: Vi Horton. 3: Ray Bock. 4: Virgil Taylor. 5: Maria France. 6: Pat Luis.

April 20

Four-Handed Game

1: Joan Sigafoos. Tie at 2: Helen Foskett and Zane Barnett. 3: Marge Fisher. 4: Clarence Lietzow. Tie at 5: Marcy Askenase and Bridget Hughes. 6: Dolores Barnett.

Five-Handed Game

1: Marie Marquis. 2: Lou Fisher. 3: Richard Miles. 4: Shirley Coe.

Six-Handed Game

1: Vi Horton. 2: Ray Bock. 3: Pat Luis. 4: Virgil Taylor. 5: Maria France. 6: Lee Morgan.

April 27

Five-Handed Game

1: Bridget Hughes. 2: Lee Morgan. 3: Helen Foskett. Tie at 4: Dave Engelhardt and John Pedrey.

Six-Handed Game

1: Marie Marquis had a perfect game. 2: Shirley Coe. 3: Maria France. 4: Vi Horton. 5: Virgil Taylor.

May 4

Four-Handed Game

1: Helen Foskett. 2: Clarence Lietzow. 3: Lee Morgan. 4: Diana Riegler. 5: Joan Sigafoos. Tie at 6: Rich Miles and Russ Riegler. 7: Maria France. Tie at 8: Shirley Coe and Viola Horton. 9: Bridget Hughes. May 11

Four-Handed Game

1: Shirley Coe. Tie at 2: Joan Sigafoos and Virgil Taylor. 3: Clarence Lietzow. Tie at 4: Viola Horton and Ray Bock. 5: Rich Miles. 6: Marcy Askenase. 7: Helen Foskett. 8: Maria France. 9: Lee Morgan.

Friday Night Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Beginner, intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all!

Au revoir! Del Shinn, Trudy and Larry Bertrand ... we hate to see you go, have a safe trip back home. God willing, we will see you next year.

April 13

1: Irene Pisani. 2: Hank Kolb. 3: Bill Eberle. 4: Buck Chaillet. Tied at 5: Edith Kolb, Joe Scervo, Carol Polanowski and Trudy Bertrand. Tied at 6: Dick Torzewski and Hank Hilovsky. Tied at 7: May Holtz, Sami Odeh and Dick Beury. 8: Jo Swing. 9: Billy Swing. 10: Genny Brenner. 11: Bev DeBusschere. 12: Larry Bertrand. 12: Nancy Kowsky. 13: Rita Pinter. 14: Mary Roberts. 15: Mary Hilovsky.

April 20

1: Irene Pisani. 2: Hank Kolb. 3: Edith Kolb. 4: Pat Snable. Tie at 5: Hank Hilovsky and Genny Brenner. 6: Betty Legg. Tie at 7: Betty Scervo and May Holtz. Tie at 8: Bob Short and Mary Bartel. Tie at 9: Mary Hilovsky and Richard Bartel. Tie at 10: Trudy Bertrand and Larry Bertrand. Tie at 11: Nancy Kowsky and Rita Pinter. 12: Pauline Short. 13: Norma Noelcke. 14: Jerry Pinter. 15: Dick Torzewski. Tie at 16: Bill Eberle and Jo Swing. 17: Billy Swing.

April 27

1: Hank Kolb had a perfect game of 60 points... Congratulations! 2: Mary Bartel. Tie at 3: Irene Pisani, Jerry Pinter. Tie at 4: May Holtz, Edith Kolb and Betty Scervo. 5: Joann Shea. 6: Richard Bartel. 7: Billy Swing. 8: Bill Eberle. 9: Hank Hilovsky. 10: Jo Swing. 11: Bob Short. 12: Dick Torzewski. Tie at 13: Genny Brenner and Pat Snable. 14: Nancy Kowsky. 15: Dick Beury. 16: Rita Pinter. 17: Hilovsky. Tie at 18: Norma Noelcke and Pauline Short.

May 4

Tie at 1: Bev DeBusschere and Irene Pisani. Tie at 2: Nancy Kowsky and May Holtz. Tie at 3: Gerry Pinter and Edith Kolb. 4: Joann Shea. Tie at 4: Rita Pinter and Hank Hilovsky. Tie at 5: Brenner and Richard Bartel. Tie at 6: Hank Kolb and Buck Chaillet. Tie at 7: Pat Snable and Joe Scervo. Tie at 8: Mary Bartel and Dick Torzewski. 9: Mary Hilovsky. 10: Norma Noelcke. 11: Betty Scervo.

May 11

1: Joe Scervo. Tie at 2: Jo Swing and Betty Scervo. Tie at 3: Genny Brenner and Irene Pisani. Tie at 4: Mary Hilovsky and Hank Hilovsky. Tie at 5: May Holtz, Richard Bartel and Dick Beury. 6: Hank Kolb. 7: Bill Eberle. Tie at 8: Joann Shea, Bob Short and Dick Torzewski. 9: Mary Bartel. 10: Norma Noelcke. 11: Edith Kolb. 12: Billy Swing. 13: Pauline Short. 14: Nancy Kowsky.



Cribbage

Dorothy Skillman

April 13

1: Marylu Chamberlain. 2: Greg Skillman. 3: Alberta Sarris. Cons: Sheila Howell.

April 20

1: Frank Chamberlain. 2: Anne Jagielski. 3: Dorothy Skillman. Cons: Alberta Sarris.

April 27

1: Sheila Howell. 2: Greg Skillman. 3: Lois Hoepfner. Cons: Margie Saxon.

May 4

1: Alberta Sarris. 2: Dorothy Skillman. 3: Greg Skillman. Cons: Elsie Helwig.

May 11

1: Poppy Kalen. 2: Ed Fullmer. 3: Norma Yonke. Cons: Walter Eremich.



Tuesday Night Pinochle

Viola Horton

On April 17 Shirley George had a pinochle hand to dream about. In a five-handed triple deck game she had a meld of 330. It consisted of a double run, double aces and double kings. Wow, that is a hand! On that same night, Jim Mazzotta gave a party for the double/triple deck room. It was a farewell party as he is leaving for the summer. Thank you, Jim. We all enjoyed. Mary Lou and Frank Chamberlain are also leaving for the summer. Come join us on Tuesday nights at 6 p.m. in the Art Room of the Craft Building. No partners needed. You will enjoy.

April 3

Single Deck Winners

1: George Dertinger. 2: Greg Skillman. 3: Lois Uzzell.

Double/Triple Deck Winners

Table 1: James Nottingham and Vi Horton. 2: Jim Keller, Joe Scervo and John Berish. 3: Dick Beury. 4: Virgil Taylor and Ray Bock.

April 10

Single Deck Winners

1: Vernon Uzzell. 2: Lois Rider Uzzell. 3: Sal Le Donne.

Double/Triple Deck Winners

Table 1: Alberta Sarris, Joe Sciarino and Vi Horton. 2: Shirley George, John Berish and Billy Swing. 3: Ann Pelham and Norma Yonke.

April 17

Single Deck Winners

1: Greg Skillman. 2: Audrey Bartolotta. 3: Mildred Lane.

Double/Triple Deck Winners

Table 1: Margaret Sciarino, Alberta Sarris and James Nottingham. 2: Jo Swing. 3: Dick Beury and Jim Keller. 4: Ray Bock and Virgil Taylor.

April 24

Single Deck Winners

1: Jerry Pinter. 2: Rita Pinta. 3: Betty Legg.

Double/Triple Deck Winners

Table 1: Alberta Sarris and Joe Sciarino. 2: Joe Scervo. 3: Margaret Sciarino and Jim Keller. 4: Ray Bock and Virgil Taylor.



Saturday Night Pinochle

Elsie Helwig

April 14

1: Dottie Findlay. 2: Ed Fullmer. 3: Gene Hubbard.

April 21

1: Betty Legg. 2: Gene Hubbard. 3: Edna Follin.

April 28

1: Gene Hubbard. 2: Elsie Helwig. 3: Ed Fullmer.

May 5

1: Viola Horton. 2: Mike Baldacchini. 3: Edith Kolb.

May 12

1: Billy Swing. 2: Vi Horton. 3: Ed Fullmer.



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.

If residents would like to donate equipment, it would be most helpful.

For more information, call the Health & Recreation Department at 854-8707.



Bill with DNC's Terry McAuliffe



In the Spotlight
Pat Wellington

Bill Eberle

As a teenager in Dover, Ohio, Bill Eberle first became interested in journalism as editor of his high school newspaper

and sportscaster at the school's sporting events.

During World War II he was drafted and later joined the Army's 36th Division on Oct. 8, 1943, a month after the invasion of Salerno. He distinguished himself by earning a Silver Star for combat actions in France. While he was fighting in Europe, girlfriend Colleen (later his wife) was back in Ohio dancing with none other than POW rocket scientist Werner von Braun. When asked about the experience, she replied that it was "a very strange and eerie feeling indeed ... although he was a charming man." (At Wright Patterson Field in Dayton, Ohio POWs were permitted one night a month on the town escorted by Air Force officers.)

After the war Bill took advantage of the GI Bill to attend Ohio State University where he returned to his teenage interests by majoring in radio and television. There followed a career in television and radio in Columbus and Zanesville.

After switching parties to become a Democrat, Bill was drawn into the party's inner circle with the marriage of his daughter Kay to DNC leader Terry McAuliffe's brother Joseph after the two met at Bowling Green University. Joseph became an ordained minister and led a non-denominational church for years before turning to college teaching at the University of South Florida. Kay is a social worker employed by Health Care Inc., and another daughter, Marisa, just returned from 27 months in the Ukraine with the Peace Corps.

Reading Terry McAuliffe's book "What a Party," I can see why the author is a welcome addition to Eberle's family. His optimism, enthusiasm and drive are inspirational.

You'll usually find Bill on the tennis court, in a bowling alley, in the swimming pool, in the poker room at Health & Rec, and on Mondays at Cape Canaveral. ☺



Staff Sgt. Bill W. Eberle



Bill's granddaughter Laura with Hillary and Bill Clinton

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Bingo
Bunny Barba

Super Bingo has come and gone. We had a marvelous crowd of more than 300 players, a large group of winners, but most of all; everyone had a great time.

Group Leader Denise Johnson was in charge helped by Marie Palombo, Jimmy Johnson, Jeanette Volk, Elsie Calabrese, Jane Lipps and Joan Newell. As usual Denise came up with some wonderful games. We all look forward to our next semi-annual Super Bingo.

The snowbirds have gone, but Bingo continues to draw a very large crowd. I am no longer naming all the winners as I have been informed that if the same people continue to win they will be dumped into the pool during a storm. (Especially Gene Yarsky).

Please, for your own safety, when the evening is over, walk to your car or golf cart on

the sidewalks. Please, all drivers, remember to watch out for the walkers and for all other drivers. You can arrive home five minutes later; you are not working tomorrow.

I want to thank all of the residents who have taken the time to tell me how much they enjoy this column. Up to now no one has come forward as a replacement to write the column, so please contact Lolly Foos or the writer. My motto is "quit while you are ahead." This will be my last bingo column. So come on all you want to be journalists and volunteer.

If you have any money you want to send me or feel you need to criticize (don't dare) or comment on the column, my e-mail is Thebunster29@aol.com.

May the wizards of bingo bring you good luck always in all ways. ☺

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Happy Hours at the Arbor Club

Bill Winspear dresses up for the Cinco de Mayo Happy Hour on May 4.



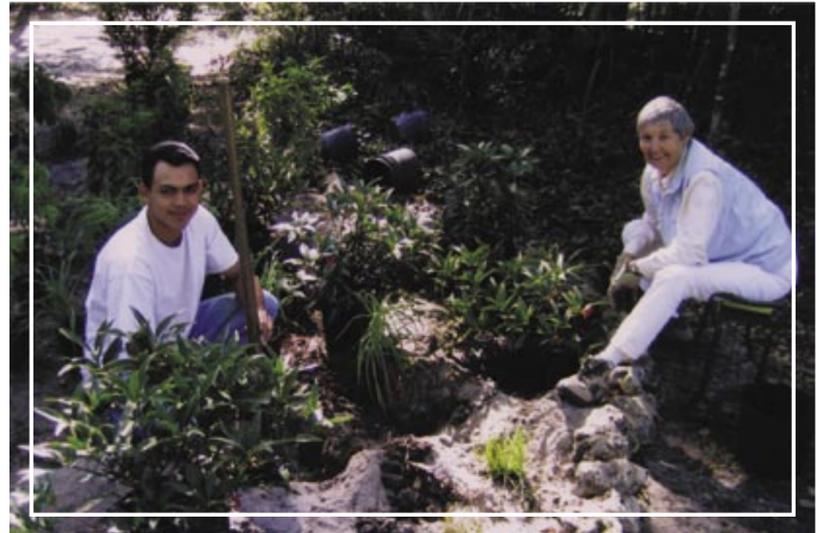
Photos by Larry Resnick



At right, Jean and Joe Logaw from Scotland and Jim and Sandra McDade from London visit Happy Hour on April 20. Both couples were celebrating anniversaries and thought what better way than to visit their sister who resides here at On Top of the World. They said they were having the time of their lives visiting On Top of the World and many of the nearby Florida attractions.



Native Plant Club members Robert Riedeman and Carole Rao plant gardens at the Silver River Museum.



Photos by Ron Broman

Native Plant Club President Margitta Claterbos, right, helps a member of Marion Audubon plant gardens at the Silver River Museum.



Native Plant Club
Ron Broman

The Native Plant Club of On Top of the World began in September or 2000. I know, because I started it. That's not to brag or bring warm fuzzies to me. I write this to bring per-

spective and content to what follows.
My goals for the group were minimal: For each of us to:
· Become somewhat familiar with as many north-central Florida native plants as possible.
· Be able to recognize them in their native habitat.
· Begin to introduce nursery-grown (or home grown) natives into our yards where conditions are appropriate.
That was nearly seven years ago. It may be time to rethink our goals. I for one think they are still good, worthy goals. Perhaps there are others we might add.
We have seen the addition of several native species to the landscape of common areas of On Top of the World. At the same time we have seen the loss of some areas of native plants to development. The club has received permission to rescue some native plants from sites slated for development.
The Native Plant Club might desire as one of its goals to have an advisory role in the decisions that have to do with maintaining corridors of existing native plant communities as

development continues.
The club requested and was granted permission to develop and maintain a trail through the Long Leaf Pine/Turkey Oak/Wiregrass community. It has been received as a welcome addition to On Top of the World.
The 94th Street Circle has been planted in natives and is being maintained cooperatively. It too has been praised.
This past year a Native Plant Garden was added to the entrance of the Long Leaf Pine Trail and is in a healthy growing stage.
In March of this year the club received permission and has begun to add larger trees to the left of the Native Plant Garden, in back of the Arbor Conference Center. It may soon take on the official name of Arboretum.
The Native Plant Club recently assisted the Marion County Audubon Society in planting two native gardens at the entrance to the museum office at the Silver River State Park.
Perhaps our goals should more directly reflect activities of this kind. As we are seen, and see ourselves as making positive contributions to the health of our community the support we already feel will increase.

Our community, our nation and our world have large challenges. All of us have strengths to bring to those challenges.
Should our goals reflect this desire to work together for the health of all of us?
For our final meeting of the 2006-07 year, Christine Small, "The Butterfly Lady," reminded us that if we want the butterflies to not only find our garden but stay for awhile, we need to provide food not only for the adults but also for her children (the larvae). Many butterflies will lay eggs only on a specific species of plants. The Monarch and related Queen find the milkweed to their liking. If we plant milkweed in our garden chances are very good that these butterflies as well as others will find them.
Watch this space. Not all the time, but occasionally, like every month. Chances are also very good that you will find out about what's in store for the Native Plant Club beginning in September. Until then, pray for rain, but not all at once, (you can pray all at once, but not that the rain comes all at once — ah, the English language), and enjoy Growing Native!

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SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12; four lines is \$17.50 and five lines is \$20. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Furniture: Thomasville cherry dining room set, Henredon queen pier group, Thomasville queen pier group, Lane leather single sleeper with ottoman, oriental coffee table. 861-1492.

Garage Sale: Saturday, June 2, 8 a.m., lots small miscellaneous. 8885-A S.W. 93rd Place.

Garage Sale: Saturday, June 2, 9 a.m. to 3 p.m., 10014 S.W. 90th Loop, Avalon. 861-8074. Something for everyone.

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Misc. Items: Bissell Flip-It wet/dry vacuum, like new; walker with wheels, cane. Best offer. 854-7516

Misc. Items: Marble top end table with drawer, \$20; four white folding metal chairs, \$12; four-foot folding wood table, \$20; step stool, \$10; new compressor, \$25. 854-6539

Misc. Items: Oak framed mirror, \$25; oak bookcase, \$75; black TV stand and cabinet with glass doors, \$35; tropical painting, \$30. 854-9292

Misc. Items: Sealy sofa, queen size, beige, 78" wide, \$150; Whirlpool gas stove, black, self-cleaning, one year old, \$175. 854-9785

Patio Furniture: Made of PVC and looks like wicker. Round table with glass top, four chairs, thick cushions. Very good condition. 861-5666

Patio Set: Two chairs and coffee table. Cast iron and wood. \$20. 873-3433

Pool table: Still in crate! Gorgeous, brand new 8-foot regulation table. 1-inch Italian slate, carved ball and claw legs, leather pockets. (352) 425-4574

Power Lift Chair: With battery backup, new in November 2006, \$250. 873-0248

Sofa: Brand new, taupe microsuede, asking \$500. Evenings: 861-9144

Sofa: Like new, shades of light green, peach and white, \$150. 854-2116

Twin Beds: Two, complete with spring and mattress, custom-made headboards, \$195/both. 854-1099

Wheels/Tires: For golf cart, deep-dish 10" chrome with low profile DOT premium tires. Will fit any cart. 873-8600

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Brenda's Services: Light housecleaning, doctor's visits, hair appointments, etc. Call (352) 344-2505

Caregiver: CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda, 854-1664

Caring Home Health Aide available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

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Computer Setup and Training: At home service. Senior rates, \$25 per hour! Have fun and learn! Call Kathy at 861-7719

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Pressure Washing: "Don's." Free estimates. Make the outside look great. Remove mildew from driveways, porches, patios, roofs, walkways and clean the gutters. 20 years experience. On Top of the World resident. 873-6225

Steve's Handyman Service: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: Call Kim for personalized door-to-door transportation to airports, cruise ports, any destination. Call 854-8708 or cell 207-8237.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Wanted

Moving in or moving out? Grandmattic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Paying top dollar for quality (Martin, Gibson, Fender, Gretsch, Vega, Taylor, etc.) guitars, mandolins, banjos, ukuleles, bass guitars, amplifiers, etc. On Top of the World resident. 237-8072

Proofreader: Volunteer resident to proofread World News stories. Familiarity with AP style preferred. Call Lynn at 854-0248.

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Munroe Regional Medical Center's Women in Red Program Welcomes On Top of the World Ambassadors

Women in Red is an independent group of informed and influential women representing Munroe Regional Medical Center whose goal is to educate women about the importance of early detection, accurate diagnosis and proper treatment of heart disease.

Munroe Regional is recruiting Women in Red Ambassadors. There is no cost involved. Become a part of this community movement!

There are many ways to help – speak to a group, represent Munroe Regional at events, or simply help us spread the word about women and heart disease.

Munroe Regional Medical Center thanks the Board of County Commissioners of Marion County proclaiming May 15th as Women in Red Day, urging all citizens to recognize the Munroe Regional Medical Center's Women in Red ambassadors for their important work.



On Top of the World New Ambassadors:

Back row, from left: Diana Morgan, Allie Gore, Margitta Claterbos, Rene Beck
Front row, from left: Cindy Lafrance, Helen Grollmusz, Barbara Greenwood

For further information or a Women in Red application, call our Health Resource Line at 867-8181, between 8:30 a.m. and 5:00 p.m., Monday through Friday. Visit www.MunroeRegional.com/WomeninRed

Join Your On Top of the World Ambassadors Today!

Munroe Regional Medical Center
1500 S.W. 1st Avenue • Ocala, Florida 34474

Women
in Red
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