

On Top of the World NEWS

Where the News is Always Good

Some of our Red Hat Ladies attended the Red Hat Society International Convention in Orlando. See column on Page 16



Vol. 22, No. 2 • August 2008

Community News & Update

By Kenneth Colen, Publisher

BLC-CDD RATE AND WATER CONSERVATION WORKSHOP: Please mark your calendars and plan to attend the Bay Laurel Center Community Development District Rate and Water Conservation Workshop. The Workshop will be held on Aug. 20 at 9 a.m. at the Circle Square Commons Cultural Center, 8395 S.W. 80th St.

The purpose of this workshop is to review the proposed water and sewer rates for fiscal 2009 together with the revised conservation rate structure. The program is expected to last two hours. A speaker from the Southwest Florida Water Management District will provide an update on water quality and quantity initiative within the basin. There will be opportunity for Q&A at the end of the workshop.

INSURANCE UPDATE: August is a good time to check in with your insurance agent and make sure you have adequate coverage on your home and contents.

In the On Top of the World Owners' Association, residential properties are insured under a master policy in the name of the Association. The per event deductible remains the same as 2007, at \$10,000 per occurrence for any event other than wind/hail related damage. Wind, hail, and named storm events carry a separate deductible of 5 percent of the total of values at the time of loss at each location involved in the loss, subject to a minimum (community wide) deductible of \$250,000 for any one occurrence such as a named storm. With respect to all other events all loss, damage, and/or expense arising out of any one occurrence shall be adjusted as one loss, and from an amount of each such adjusted loss there is a \$100,000 deductible.

The insurance markets have loosened up considerably from even last year with regard to both pricing and capacity. The lowest deductible that could be obtained in 2006 was \$1,000,000 for wind/hail and named storm related losses. We are still far from ever going back to the good old days of plentiful, cheap coverage.

Should the community experience wind-related losses, the deductible is spread over all members of the On Top of the World Central Owners' Association. In other words, the individual share of the deductible is estimated to be approximately \$65.79 per dwelling were it is necessary to assess for the named storm deductible. This is a good point to segue into the limits of coverage that individual homeowners may wish to carry. Contents coverage may vary greatly depending what it is you wish to insure. As a basic point though, owners need adequate limits to cover furnishings, personal items, floor coverings, appliances, fenestration (windows and doors) and cabinetry. All carriers write an HO6 rider that provides for loss assessment coverage in the event of a special assessment from the Association to cover unforeseen shortfalls in losses.

There may be a possibility that your carrier will offer a product called "extended protection" that in effect offers another layer to loss assessment coverage. It was pointed out to me by a local insurance agent that the carrier may require is a letter from the Association stating that there are "no losses, unreported losses, and ongoing repairs" currently pending. We have drafted such a generic letter and posted it to www.OTOWinfo.com (click on Insurance Info). You may print this letter and provide it to your local agent.

MASTER THE POSSIBILITIES: August is the hottest month ... for classes at our own Master the Possibilities Education Center. The series that began in July continues in August. We will also have a new film series on China, the new "10 O'Clock Scholar" every Thursday and many more chances to learn, grow and have fun doing it. Enrollments so far this year exceed 10,000! Our commitment to making lifelong learning an important part of our community evidenced by our varied curriculum, outstanding instructors ... and you! Thanks. See you in class!

ELECTION SEASON: In last month's article I gave a very brief overview of the last legislative session as it pertains to new legislation affecting condominium and homeowner associations, and also touched on the proposed constitutional amendment process.

This month, I'd like to explore the history of Florida's constitution and the reason it exists and is updated periodically. The majority of my source information may be found at www.votesmart.org. Following the "pregnant pig" amendment passage in 2002, the Florida Chamber of Commerce formed a task force to explore the possibility that the amendment process was very broken. Subsequently, the Chamber and 60 other groups formed VotesmartFlorida.org as an advocacy group for recommended changes to the constitutional revision process. In 2005, Vote Smart changed its mission to become entirely non-partisan and to provide free, fact-based information to Florida voters in a single site. There is a great deal of information available about the amendments and the process, but it is not in one place. Whenever possible, I will bring in other sources as well.

In 1838, while seeking statehood, 56 delegates drafted Florida's first constitution at a convention in St. Joseph. The state's first constitution established a bicameral legislature, a one-term governor and designated

➔ Continued on Page 17

How to Get to the New Publix



Graphic by Ryan Douglas

New cart paths will be added for residents to access the new Canopy Oak Center using their golf carts. The paths should be usable by mid-August, which is also the expected opening date for the new Publix. Names of other tenants were unavailable at presstime.



Candler Hills ... Avalon ... by a bush or in a pot, where will the traveling gnome appear next?

Mysterious Gnome Travels Throughout On Top of the World

By LORRAINE ROURKE

The traveling gnome has hit the On Top of the World community by storm.

He was initially spotted over in the garden of a Candler Villas resident. More recently he showed up over in the Avalon community shaded by a bush in our yard.

He definitely likes to travel as it is noted on the bottom of his feet that he is the traveling gnome.

We're going to track his whereabouts so if you spot the On Top of the World Traveling Gnome send an update to Lorraine at Lrourke1@cfl.rr.com or call 390-2120 and leave an update on his location.

This little fellow seems to want to visit the gardens of our residents. He may be by a bush, next to some flowers, or in a pot so keep your eyes peeled. ☺

Upcoming Elections Voting Information

Early Voting Dates

- Primary Election: Aug. 11-Aug. 23
 - Primary Election: Aug. 26
- Polls are open from 7 a.m. until 7 p.m.

Precincts within On Top of the World

- Precinct 4100 Card Room, Arts & Crafts Building (next to Health & Recreation Building).
 - Precinct 4090 Arbor Conference Center, left side, Suites E, F, G and H.
 - Precinct 4091 Arbor Conference Center, right side, Suites E, F, G and H.
- Your voting card identification will indicate what precinct you are assigned to. However, you only need your photo ID to vote.

The elections office has moved to a new location, located in the Anthony Industrial Park. The new Supervisor of Elections office address is 981 N.E. 16th St., Ocala, FL 34470-4205.

The phone number has not changed: 620-3290. For more information, visit <http://votemarion.com>. ☎



Photo by Bob Woods

July 4th Celebration

See stories and photos on Page 23.



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Download a PDF of the World News at www.OnTopoftheWorldInfo.com



Is It Legal?
Gerald Colen

NOTE: I will be holding the following classes at On Top of the World in Ocala:

- Aug. 26: "How to Talk to a Lawyer"
- Sept. 23: "The Lawyers Hot Seat."

You must register in advance by calling 854-3699 or register online at www.masterthepossibilities.com. All classes start at 3 p.m. at the Circle Square Cultural Center.

Q. In your opinion, does it make sense for the children of a couple in their 80s to know precisely what their parents' wills say?

A. It makes sense if there is some reason why the kids need to know. It doesn't make sense if there is no need for the kids to know. OK, so assuming that the parents have all of their mental faculties, who decides whether the kids have a need to know what their parents have provided in their wills? Not me, that's for sure. Not the kids, that's also for sure. Sooooooo, guess who that leaves as the decision-makers?

Q. My boyfriend and I want to purchase a home in both names but we do not intend to get married (at least not right now). We both have children from a prior marriage. In the event of death, we don't want to lose the money each puts into the home and want our children to be able to share in our estates. I have eight children; my boyfriend has two. If one of us dies, we don't want the children to be able to force the other to leave. What do you recommend?

A. This is a multi-faceted question and you must discuss this with your attorneys. Having said that, here are a few suggestions — but not the only way you can accomplish what you want. I suggest that you have the home titled in both of your names as tenants in common and NOT as joint tenants with right of survivorship. You could also create a life estate deed between the two of you. You might also consider entering into an agreement with your boy friend wherein you both agree that the other can remain in the home after the death of one of you so long as he/she pays all the upkeep such as maintenance, taxes, insurance, etc. But, discuss this with both of your attorneys.

Q. I am 77 years old and I recently got married for the first time in my life. My new husband has been married twice before (widowed and divorced). He has three children and I, of course, have none but I have two younger brothers who I want to have whatever might be left of my assets when I am no longer around to enjoy them. What should I do now?

A. What should you do now! Hmmm. Um ... ahem ... uh ... well, OK, OK, so maybe I should put aside my flippancy and answer that in a different way. What you should have done before you got married was have a pre-nuptial agree-

ment that was signed by both you and your husband. What you can do now is have a post-nuptial agreement. With a post-nuptial agreement you and your husband can declare precisely what you want to have happen with each of your assets at the time you are deceased. Then, you should make sure that all of the assets that you want to pass to someone other than your spouse remain in your separate names. Finally, your wills should be re-done to reflect your new status as wife (same for your husband) and then you should leave your estate to whomever you choose. And then you can get back to doing what you should be doing now.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114 or at On Top of the World, in Clearwater. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Master the Possibilities Education Center. He responds to e-mail at gcolen@tampabay.rr.com or through his Web site: www.gcolen.com.

Golden Oldies Humor

by Stan Goldstein



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I pledge not to accept the State of Florida Pension Plan. Elected officials should be servants of the people, not employees. If you want a pension plan paid by the taxpayers, go apply for a job as a Marion County employee and work 20 or 30 years.

I pledge not to accept Employee Benefits. Elected officials should be servants of the people, not employees. If you want employee benefits (health insurance, etc.) paid for by the taxpayers, go apply for a job as a Marion County employee.

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**All Around
Our World**
Lynette Vermillion

As we begin this month it is hard to realize that more than half of the year has passed. Wow! Where does the time go? It is definitely time to check our new year's resolutions to make sure we are well down the path.

Did you know that the 2008 Summer Olympics, officially known as the Games of the XXIX Olympiad, will be held in Beijing, China Aug. 8 through 24? More than 10,000 athletes are expected to compete. These games will be the first to be produced and broadcast entirely in high definition television, and will likely garner upwards of four billion viewers.

Power Outages

If a power outage occurs, please do not call the sheriff's office or visit Customer Service. This will just prolong the length of the outage. Your power company must be called to restore the power. If you are in Progress Energy territory, please call their outage line at (800) 228-8485 and for other needs, their customer service number is (800) 700-8744. If you are a SECO customer, please call their outage line at (800) 732-6141 and for other needs, their customer service number is (352) 237-4107.

Yard Waste Pick-up

Please place your yard waste on the curb the day of pick-up only and please do not include any other waste or animal feces. Thanks for helping keep the community looking neat.

Water Restrictions Extended

In its June 24, 2008, meeting, the Governing Board passed the Fourth Board Order Modifying Water Shortage Order SWF 07-02, extending the modified Phase II (Severe Water Shortage) restrictions through Sept. 30, 2008. A water shortage was originally declared by Order SWF 07-02 and passed by Executive Director David L. Moore on Jan. 9, 2007.

Lawn and Irrigation Maintenance

We are right in the middle of the hottest time of the year. But the good news is that we are receiving some rainfall. Residents should monitor their irrigation systems more closely to help save water. Remember one-half to three-quarters of an inch of irrigation per week is all that is needed to sustain the turf. With the summer rains, residents may be able to curbe their water consumption by not irrigating during weeks that we see these rainfall amounts.

Fungus and other diseases thrive in humid, muggy conditions so keeping excess water from forming on your lawns is critical in controlling these pests. Over fertilization is another driving force with fungal pests and should only be done

after checking with the management company to avoid duplication.

Chinch bugs are opportunistic insects that will seek out stressed or dying St. Augustine turf so it is important that the irrigation system is operating properly. Monthly irrigation checks need to be done to ensure the lawn is receiving proper coverage and that there are no broken lines or heads.

Some controllers have been affected by the summer lightning storms this year, so we advise all residents to check their controllers after each storm. Lightning storms can surge power into the controllers affecting the program scheduling, thus causing the controller to malfunction, which may prevent the system from operating correctly. Rain sensors should be checked to see that they are operating properly and also to keep you from over watering.

Parking on Grass

All of us know how hot our cars and golf carts can become when they sit in the heat, however, please do not drive on the grass to find a shady spot to park. The heat from vehicles can destroy the grass, so please park in designated parking areas.

Golf Cart Paths

Please keep safety in mind at all times while you operate your golf cart, ride your bike or walk. Because all three may share the same path in some cases, we ask all users to be courteous and cautious when passing each other along the path and roadway. If a path is marked for golf cart use, carts must travel the path in lieu of the roadway.

Links Renovation

The Links Course renovation is going extremely well. Work was substantially completed in mid-July and the grow-in of the new turf is ahead of schedule. Many of the greens were completely reshaped and re-contoured to offer a different challenge to our golfing members. The tees were leveled and re-grassed while the majority of the sand bunkers took on a different shape all together. The cart path system was also extended in several key areas. We are looking forward to these exciting changes once the Links Course re-opens for play on October 18th.

Storage Units and RV Parking

Storage units are available for rent. Un-air-conditioned 10-foot by 14-foot and air-conditioned 5-foot by 5.5-foot and 10-foot by 16-foot units are available to meet your needs. If you are interested in renting a unit, please drop by Customer Service at Friendship Commons.

Going Green

It seems as if every time we turn on the TV or radio, or open our newspaper or a magazine, there are stories encouraging us to "go green." These are a few small dollar changes that will provide savings for years to come according to a recent article in the Association Times.

LIGHTING: By replacing 25 percent of your incandescent bulbs with fluorescents, you can save about 50 percent of your lighting energy. Fluorescent lamps last six to 10 times longer and are much more efficient. Compact fluorescent lamps (CFLs) are more expensive but pay for themselves with energy savings. You can also save energy by installing photocells on outdoor lights. Exterior lighting is one of the best places

to use CFLs because of their long life. In addition to the energy savings, you don't have to pay to have bulbs replaced as frequently. You should follow directions for proper disposal of fluorescent bulbs.

HEATING AND COOLING: Replace filters once a month or as needed. Adjust thermostats when no one is home or at night when it is cooler.

Keeping Your Home Healthy

Indoor air quality, in particular mold, is a topic that is routinely discussed in the media and that we hear about from time to time from On Top of the World residents. What we typically find is that some energy conscience residents leave their windows open and turn the air conditioning off for long periods of time. For example, they shut the air conditioning off if they leave town for a few months. Since an air conditioning system works as a de-humidifier, turning it off allows moisture in the air to soak into carpets, drywall, furniture and other habitable areas for fungus. Molds and other microbial agents favor damp indoor environments. Thus, leaving the air conditioning off, especially during the hot and humid season, can lead problems with indoor air quality. We recommend that homeowners keep their air conditioners set between 78 and 80 degrees during the warm seasons. This should help keep the relative humidity in the home under 60 percent and keep a lid on mold growth. While we applaud the efforts to conserve energy, the best way to keep your home healthy is to keep the humidity low and toxins out.

Nuisance Animals

We have had requests asking for us to remove animals from residences. Our employees are not trained to handle nuisance animals, and we recommend that residents should call Florida Fish & Wildlife at (352) 732-1225 and ask for the nuisance animal trapper to deal with snakes or other wildlife.

Security Gates

If your decal does not work when going through the resident side of the gate, it may be that you are too far away from the decal reader. Whatever the case, please do not get upset with the gate attendant if he will not just open the arm for you to pass immediately. Some decals are turned off for various reasons and other communities have similar decals. The gate attendant must make sure you are entitled to enter the community. When the gate attendant questions you or asks for ID, he or she is only doing as he has been directed.

BLCCDD Workshop

Bay Laurel Center Community Development District will host a Rate and Water Conservation workshop on Aug. 20 at 9 a.m. in the Circle Square Cultural Center. All BLCCDD customers are invited to attend. Ed Hobin, Outreach Coordinator for the Southwest Florida Water Management District will be talking about Florida's precious resource—water. Ken Colen, Phillip Hisey and Robert Colen will be bringing you information on irrigation and lawn upkeep and leak program, water conservation and conservation rates. You don't want to miss this informative workshop.

Indigo and Candler Residents: Recycling

On Aug. 7, Waste Management will start a new recycling program in Candler and Indigo, "Single Stream Recycling." Everything will be able to go into one recycle bin, including all color papers, all color glass, plastic containers numbered 1-7, magazines, and phone books to name a few. Brochures will be available at Customer Service and on the www.otowinfo.com Web site.

Summer is almost over and we will soon be looking forward to the cooler months of fall.

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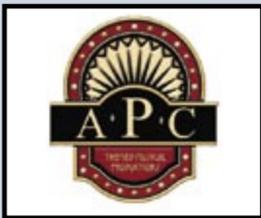
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Applause Performance Company Presents...
"Annie" the Musical
Saturday, August 2, 2008
 Residents — Gold \$10 Silver \$8 Bronze \$6



Sock Hop with Rocky & The Rollers
Thursday, August 14, 2008
Dance the night away! (400 Max seating)
Dance floor included - bring your dancing shoes!
 Residents — \$15



2nd Annual Jimmy Buffett Festival featuring Live Bait
Saturday, August 23, 2008
 Residents — Gold \$15 Silver \$13 Bronze \$11



The Flamingos
Saturday, September 13, 2008
 Residents — Gold \$19 Silver \$17 Bronze \$15



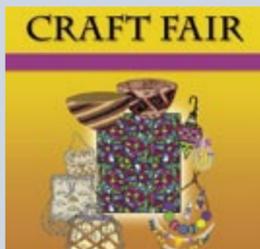
Ocala Symphony Orchestra
formerly Central Florida Symphony Orchestra
Saturday, September 20, 2008
 Residents — \$20



Mickey Finn Show
Saturday, September 27, 2008
 Residents — Gold \$17 Silver \$15 Bronze \$13



Billy Joe Royal
Saturday, October 11, 2008
 Residents — Gold \$20 Silver \$18 Bronze \$16



On Top of the World Craft Fair
Saturday, October 18, 2008
 10 a.m. - 2 p.m.
 FREE



Stage Door Theatre Presents...
"Driving Miss Daisy" NEW!
Thurs., Oct. 23, through Sun., Oct. 26, 2008
Dinner starts at 6 p.m.
 Residents — \$35 Non-Residents — \$40



Joey Dee & The Starlites
Saturday, November 8, 2008
 Residents — Gold \$19 Silver \$17 Bronze \$15



Dueling Divas
Saturday, November 22, 2008
 Residents — Gold \$13 Silver \$11 Bronze \$9

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From Debbie's Desk Debbie Clark

Oh my goodness it is August ... where did July go? Speaking of July, I have heard from many of you that the July 4th Celebration held in the Health & Recreation Ballroom was a huge success. The resident committee that organized this year's event did a fantastic job, and we wish to express a huge thank you!

There is not a lot on the calendar for August, as this is the summer season. The schedule for the Happy Hours on Friday evenings at the Arbor Club include:

- **AUG. 1:** Roger
- **AUG. 8:** Barry & Nancy
- **AUG. 15:** A Night in Hollywood with Tomaura
- **AUG. 22:** The Bontempos
- **AUG. 29:** Johnny Alston

We are very excited about the themed Happy Hour for Aug. 15: A Night in Hollywood. Please come dressed as your favorite Hollywood star, past or present. Costumes are not mandatory but add to the fun.

There is a Hard Rock Casino trip scheduled for Tuesday, Aug. 12. If you are interested in this trip, please see Theresa Fields as early as possible as these trips fill up fast. This is an excellent offer at \$20 per person, which includes your round-trip transportation, \$25 in free play, and a \$5 lunch voucher.

September is getting busy! The first scheduled event is the baseball trip to Tropicana Field on Thursday, Sept. 4, to see the Rays play the New York Yankees. The cost per person is \$36, which includes your round-trip transportation and your ticket into the game. As of this writing, 33 seats are still available for the Sept. 4 game. Another baseball trip has been added for Tuesday, Sept. 16, to see the Rays play the Boston Red Sox, and the cost per person for this trip is \$55. The price includes round-trip transportation and your ticket into the game. Our seats are located in section 129 for this game. Game time is at 7:10 p.m. and we will be leaving On Top of the World at 3:30 p.m.

On Thursday, Sept. 25, we will be hosting the Second Annual Club Faire. Many of our clubs set up tables in the Health & Recreation Ballroom to meet new potential club members. The registration forms have been mailed to all of the contact people of the clubs that had participated in last year's club faire. If your club did not receive a registration form please contact Theresa and she will be more than happy to make sure that you receive one. Also, if you receive a registration form and you are not the current contact person for the club, please do not throw it away. Instead, pass it on to the new contact person. This is a great time for all residents of On Top of the World Central, Candler and residents of Indigo who have the Gateway of Services pass to learn about the different types of clubs which are active at On Top of the World. Clubs are a good way to make new friends and have a great time doing it.

Well, I believe I have given you enough to mark on your calendars, and at this time I would like to say just play safe and have fun! ☺



Back at The Ranch Larry Menery

Last month we took a look at all The Ranch has to offer to help you to achieve your fitness goals. This month we will look at why fitness needs to be such an important part of your lifestyle.

We have all heard the term, "use it or lose it." Well, it's true. If we aren't actively challenging our bodies' systems, their function levels will decline. That means a decline in strength, cardiovascular ability, flexibility, balance ... the functions required to maintain the ability to do the things we love.

The good news is that you can maintain and even improve all of your bodies' function levels by simply adding fitness to your lifestyle.

Fitness should be fun. At The Ranch we understand that, and have developed numerous options for you to acquire the habit of exercise. Some folks would rather exercise alone while others prefer a group. Both approaches work equally well.

The important thing is that you enjoy yourself. If you enjoy an activity you are more apt to do it regularly, and therefore you are more apt to see results.

There are so many options available at The Ranch; this month let's look at our group exercise class Latin Cardio and its sister class Latin Fun. These classes are taught by our enthusiastic instructor Dunia. In the classes she incorporates all three of the components that constitute a

complete fitness routine. There is a cardiovascular segment for the heart and lungs, a strength-training segment for the muscles and bones, and a flexibility segment for muscle elasticity and range of motion around the joints. The classes are expertly taught and set to fun, upbeat music.

In addition to becoming healthier physically, the students in these classes have become healthier mentally. Many of these students have become great friends while sharing their Latin experience; so much so that they often schedule luncheons and other various outings, all healthy of course. Recently, the students asked Dunia to have special shirts made for them celebrating the class that has brought them together in their quest to a healthy lifestyle. The shirts are in and soon you will see the students wearing the Latin Cardio shirts encouraging all to "Shake It." That's what it is all about, having fun while acquiring the habit of exercise.

Exercising can help to combat many diseases. One such disease is ovarian cancer. This disease is a silent killer and is especially close to me. Several years ago I had the pleasure of helping a woman embrace fitness. She had never exercised before and sought me out for personal training. We made great strides together and she lost about 30 pounds and as many inches throughout her body. I noticed however that her belly was not showing any loss and appeared very firm. I asked her to see her doctor about it. After a series of tests the doctor discovered advanced ovarian cancer. They operated within days and treated her aggressively. I'm thrilled to say she has been cancer-free five years now, and still works out everyday. The doctor said if she hadn't been exercising and losing weight they would never have caught it.

On Saturday, Aug. 16, The Ranch is sponsoring a 5K race to fight ovarian cancer. The event is at Black Diamond Ranch in Lecanto, and the route is along the 14th, 15th and 16th holes of their famed Quarry golf course. Although this is a race, those who would rather just walk the 5K route are welcome to do so. Registration is \$15 and forms can be picked up at The Ranch. See the staff at The Ranch for more info. I look forward to seeing lots of folks coming out to support this great cause. It's also a good excuse to squeeze a little fitness into a Saturday morning. See you there.

Larry Menery is the Fitness Lead at The Ranch Fitness Center & Spa.



Keeping It Green Phillip B. Hisey

Hiring a quality landscape and irrigation contractor can often times be one of the hardest decisions made by a homeowner and can lead to costly mistakes if the contractor is not qualified.

In my opinion, the most important item when looking to hire a landscape and irrigation contractor is how well the contractor knows the industry. Do they have industry certifications? The Florida Nursery Growers and Landscape Association (FNGLA) has several industry certifications for landscape professionals ranging from Certified Landscape Contractors to Certified Horticulture Professionals. These certifications are not mandated by state regulatory agencies but are things to look for as consumers to see if the contractor is qualified. Associated Landscape Contractors of America (ALCA) is another landscape contractor certifying agency. This organization carries nationwide recognition in the landscape community and offers a wide variety of landscape certifications.

Irrigation contractors also have certification agencies to certify contractors based on knowledge. The Irrigation Association (IA) is nationally recognized for the certifications it offers. The Florida Irrigation Society (FIS) is a local Florida association of irrigation contractors. Both landscape and irrigation certifications are a start to selecting your contractor.

Secondly, the contractors must carry insurance. Ask to see a copy of the insurance to vali-

date the contractor. Some contractors operate without insurance that may lead to consumers paying for costly errors made. Cut phone lines, television cables, power lines and sometimes fiber optic lines lead to expenses that you, the consumer, will have to pay if you have hired a contractor without proper insurance. Be sure to have the contractor call locates whenever you dig; it is the law. The contractor must be the person that requests locates or you, the consumer, could be held liable for damages. Florida Statute 556 defines excavation as "any manmade cut, cavity, trench, or depression in the earth's surface, formed by removal of earth, intended to change the grade or level of land, or intended to penetrate or disturb the surface of the earth."

Lastly, a professional contractor will provide a written proposal. Every aspect of the job should be described in detail, have a dollar amount attached to it and include a warranty. The more detailed the proposal, the better. Remember, the lowest price isn't always the best and don't forget to fill out a modification form and receive approval prior to work commencing.

Chinch bug activity has been on the rise in recent weeks. Be sure to check your lawns regularly. Chinch bugs are small 1/16" - 1/8" critters that damage St. Augustine grass. The adults are black with a white strip or "X" on their back. They can also be identified when caught by their distinctive smell similar to a Palmetto Bug when squished. Sounds gross but in my opinion it is the best way to find out if you have chinch bugs or not.

When chinch bugs are spotted, treatment is the next thing to get done. If you live in the section of On Top of the World that is maintained by Parkway Maintenance and Management Company you can submit your concern to the customer service office for inspection and treatment if necessary.

If you are treating these pests yourself, be sure to alternate pesticides. Chinch bugs have become resistant to every major chemical class so alternation is a must. Do not just buy a different brand name; the active ingredient must be different too.

Don't forget that on Aug. 20 there will be a BLCCDD workshop from 9 a.m. to noon located at the Cultural Center in Circle Square Commons for all Bay Laurel Center Community Development District customers. Ed Hobin from the Southwest Florida Water Management District will be speaking as well as myself and others from the On Top of the World Communities staff. ☺

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Are you prepared?

Ontopoftheworldinfo.com has a Hurricane Preparedness section with links to printable tracking maps and preparedness checklists and other handy information.

Bay Laurel Center Community Development District Rate and Water Conservation Workshop

Join us for a workshop on
water rates and conservation.

Wednesday, August 20, 2008 • 9:00 AM
Circle Square Cultural Center

Topics covered will be water quality, quantity, conservation and proposed new rule governing water and wastewater rates.

Guest speakers include:

Ed Hobin, Outreach Project Coordinator, SWFWMD

Kenneth Colen, Bay Laurel Center CDD Chair

Phillip Hisey, Commercial Landscape Superintendent,
On Top of the World Communities

Robert Colen, Warranty Supervisor,
On Top of the World Communities

Indigo East Social

Helen Borus, left, organized a raffle for a social on June 21 in Indigo East. Betty Chadwell won the cooler filled with beach and pool gifts.

Photo by Allie Gore



Photo by Mike Roppel

Members of the Shutterbugs Photography Club visited Kanapaha Botanical Gardens for a recent 'shootout.'



Shutterbugs Photography
Marilynn Cronin

ShutterBugs Photography Club is in the process of surveying its members to find out what they want to learn, do, see, photograph, etc. The officers strongly believe that this club is the members' club and we just help organize, teach/find teachers, etc. If you are a member and haven't sent me your survey, please do ASAP. If you aren't a member and would like to join only if ... please contact me at sharpshooter@otowspc.com. Maybe I can clear up any misconceptions or

misunderstandings you may have.

Aug. 1 will see some photos from our flower challenge displayed at Master the Possibilities. Please go by and check them out; many of the photos were taken at Sholom Park and our backyards.

June's field trip to Kanapaha Botanical Gardens in Gainesville saw more than 20 of us trooping through the gardens in various directions, perspiring in the "rain forest" atmosphere, and just laughing, shooting, and enjoying the beautiful flowers, herbs, trees and sink holes. There is so much to see there, we will be going back next year. I took more than 200 photos — isn't digital great — just delete the bad shots, fix some others, and print only the ones you really want! Afterwards we went to lunch and enjoyed the socializing and sharing thoughts and reactions regarding the gardens.

We didn't travel anywhere in July; instead, we enjoyed a club picnic which more than 60 attended. August may see us at a culinary school; however, trip hasn't been finalized as of this writing.

In July 8, Sid Russell gave a talk on light and what the camera actually sees. He stressed the importance of knowing that the camera records light, not people, animals, etc. We then shared our photo challenge pictures of "humor." We have some warped senses of humor in this club, which makes it totally enjoyable! July's challenge will be action shots.

Tom Frostig continues to teach us Photoshop Elements 4 through 6 on the first and third Tuesdays of the month. By the way, if you contacted Tom about your interest in the cruise to Alaska during June of next year, please do so again. Tom's computer had some glitches and the file with the list of interested parties was lost. Contact Tom at webmaster@otowspc.com if you are interested and would like more information.

ShutterBugs are already planning for the November exhibit. Remember, you must be a member to enter your photos. More information will be coming in the following months.

Photo Tip

Many subjects look better in a vertical picture — the Eiffel Tower to portraits of your friends and relatives. Make a conscious effort to turn your cameras sideways and take some vertical pictures.

ShutterBugs stresses education, sharing, and fun! The ShutterBugs meet on the three Tuesdays of the month with a field trip on the fourth Tuesday (no meeting if there is a fifth Tuesday) at 3 p.m. in Suites B and C in the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. Visit us at www.otowspc.com and see what we are all about — contact info, links, events, field trips, etc. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at bugs@otowspc.com.



Bloodmobile
Don Pixley

The months roll along rapidly and it is again time to mark your calendars for the next blood drive, Monday, Aug. 11, from 7:30 a.m. until 2:30 p.m. at the Big Red Bus in the Health & Recreation parking lot.

The flight of our snowbirds was evident with our last drive, making it all the more crucial that we who stay home must do our best to keep our blood supply ready for any emergency.

Looking ahead to the following drive, Oct. 6, we should welcome most of our travelers back into the fold. Then we can set our goals for the coming year.

We regret that the last month's report indicated Marie Roppel was a two-gallon donor. Marie has donated well over 20 gallons and has set an example for many of us. We regret the error and offer our apologies to Marie.

Remember there is no substitute for human blood and that we are the sole supplier of our Marion County hospitals.

If you have never donated or been deferred in the past, come on down to the Big Red Bus in the H&R parking lot and have your eligibility to donate tested.

A special welcome is extended to the residents of Candler Hills and Indigo East. You are only a very few minutes from the H&R Building.

Please mark your calendars now and thank you. ☺

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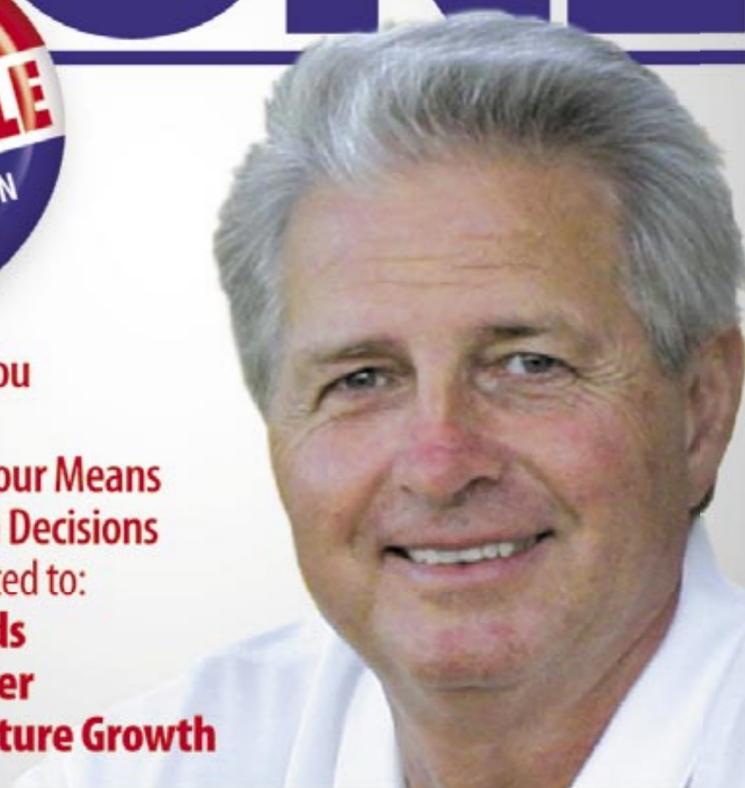
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Please Re-Elect Charlie Stone on Tuesday, August 26th!

www.charliestone.com Political advertisement paid for and approved by Charlie Stone. Republican for County Commission Dist. 5.



The Pub

Groups planning to use the Pub bar, please note the change in Pub hours. If your event will be held during Pub hours please call 861-9188 and advise us of the date, time and number of guests, three (3) weeks in advance. This allows us to schedule extra staff so that we may better serve you. If your event will take place outside of Pub hours, kindly call 861-9188 to schedule a bartender.

Hospitality

Linda Tiffany

As we bid farewell to Sid's Coffee Shop, we welcome Yalaha Delights to the spot under the red canopy at Circle Square Commons. The aroma of freshly baked bread will greet you as you enter to make your choices from a variety of breads and pastries, coffee and specialty salads along with many more delicacies. We sincerely thank you for your past patronage of Sid's, and invite you to Yalaha Delights.

Candler Restaurant

While the staff provides an inviting tropical atmosphere, and the sound of island music, Motown and the 60s fills the air, residents enjoy a fun night at Candler Restaurant's Wednesday Cookout Buffet. The buffet is served every Wednesday from 4 to 8 p.m., featuring steak, chicken, spareribs, baked potato, coleslaw and baked beans for \$11.95 plus tax and gratuity. Come out and join the fun every Wednesday!

Continental Breakfast Buffet: 8 to 10:30 a.m. Featuring a variety of quiche, cereal, fresh fruit, muffins and pastries, coffee and juice - \$6.95 plus tax and gratuity.

Lunch: 11 a.m. to 3 p.m. Choose from Asian Chicken Salad, Braised Spare Ribs, Grilled Chick-

en Sandwich, Hearty Two Bean Chili, Quiche of the Day, Reuben Sandwich and much, much more.

Bar Menu: 3 to 8 p.m. Monday through Saturday; 3 to 5 p.m. on Sunday. Enjoy Fish and Chips, Deluxe Cheeseburger, Philly Steak and Cheese, Chili Cheese Nachos, Braised Spare Ribs, Teriyaki Chicken Wings and Chili Cheese Dog, \$6.95 to \$8.95.

The Pub

New hours: Monday, Tuesday, Thursday and Friday open from 8 a.m. to 4 p.m. Open from 8 a.m. to 6 p.m. on Wednesday and 8 a.m. to 3 p.m. on Saturday. The Pub is closed on Sunday.

There are Daily Breakfast Specials, served 8 a.m. to 11 a.m. \$3.25 to \$4.95.

Special feature every Wednesday:

First Wednesday of each month: Prime Rib.
Lunch: 11 a.m. to 4 p.m. Open-faced seven-ounce Prime Rib, \$8.95.
Dinner: 4 to 6 p.m., 10-ounce Prime Rib, \$11.95.

Second Wednesday: 11 a.m. to 6 p.m. 1/2 Baked Chicken Dinner, \$8.95.

Third Wednesday: 11 a.m. to 6 p.m., Meat Loaf, \$8.95.

Fourth Wednesday: 11 a.m. to 6 p.m., Open-Faced Roast Beef, \$8.95.

Every Friday: 11 a.m. to 4 p.m., Whitefish Filet on a hoagie roll with lettuce, tomato, French fries and coleslaw, \$8.95. ☎



**Candler
Excursion Club**
Sylvia Joram

Good old summer time is here and we have the perfect trip planned for your summer-time comfort. On Aug. 14, lunch on the Magnolia Sun Train! Sit back, relax and enjoy first class seating in a restored 1948 stainless steel air-conditioned dining car while the chef prepares a three-course lunch for you in the on-board kitchen. Cocktails, wine and beer are also available. This two-hour return train ride from Eustis to Wootton Park in Tavares is \$35 per person; please contact Inge Gaitch at 237-7428 while there is still time to register. We are taking names for a waiting list.

We have a unique trip for Sept. 9 going to Casadega. It is the oldest active spiritualist community in the southeastern United States. Enjoy a 45-minute guided walking tour of the spiritualist camp. After the tour there will be an open forum with a speaker. The tour and speaker cost is \$15 per person. Mini-readings of 15 minutes will be available for \$20. Call Patricia Wassmer at 237-3749 for more information and to register for the trip.

On Oct. 17, an exciting trip on the Rivership Romance, a three-hour luncheon cruise, is delightful and entertaining with the taste of St. John's River cruising. Watch Florida's natural beauty unveil itself as you relax on the most scenic riverboat cruise you've ever had with live entertainment. The cost is \$62 per person; this trip is filling up fast, to register call Sylvia Joram at 291-1770.

I would also like to remind folks about the Jan. 12 trip to the Bahamas on the Monarch of the Seas. Prices start at \$403, which includes all port and fuel charges, taxes and insurance. Please contact Inge Gaitch at 237-7428. The cruise will leave from Port Canaveral. Sign up early for best cabin choice.

I want to invite all On Top of the World residents to join our trips with us. It will be fun to get to know each other and have a friendly rapport in the community. The brochures will be available in the Health & Recreation Building and Arbor Club and in Candler Community Center for your convenience.

Our monthly membership meetings shall resume on Sept. 2 at 6:30 p.m. in the Candler Community Center. We hope to see you there with new ideas and a whole lotta enthusiasm!

Until next month, I welcome any comments or suggestions at 291-1770 or shantijoram@hotmail.com. ☎

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Ross Martino
90th Birthday

Chamber Accepting Applications For Leadership Ocala/Marion Partners

The Ocala/Marion County Chamber of Commerce's has opened registration for Leadership Ocala/Marion (LOM) Partners to begin in September. With more than 300 graduates over the past 11 years, the Chamber is seeking 25 individuals who have a desire to learn more about their community.

The LOM Partners program provides Marion County residents, ages 50 and up, with an exposure to our excellent health, educational, governmental, civic, cultural and business venues. Class members are encouraged to select an area of interest and volunteer to take an active role within that industry. Residents can contribute by providing their leadership and support skills to help in meeting the challenges of our growing community and in enhancing our quality of life.

The LOM Partners program calendar begins in September 2008. Tuition is \$100 and covers all costs including breakfast and lunch for each session. To receive an application for Class XII, please contact Leslie Simpson at 629-8051 ext. 224, leslie@ocalacc.com or stop by the Chamber building (110 E. Silver Springs Blvd., Ocala). The deadline to apply is Friday, Aug. 29. ☎

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Fitness Happenings
Cammy Dennis

Balanced Body and Mind

Has your balance improved or deteriorated with age? Participants in the Balanced Body class were tested six months ago, and Howie and I will be back in class in September providing individual balance assessments. If you were not tested then, that is not a problem. Test your balance today and start improving it!

The balance assessments are a series of six simple tests that take only minutes to complete. The tests are designed to measure several factors that affect your balance. There are many systems that the body relies on to balance itself. Those are strength, vision, sensory and vestibular. As we age those systems start to decline.

Current science indicates that we can train these systems to delay this decline, and in some cases even reverse the effects of aging. Most importantly, improved balance can help to ward off dangerous falls. That's why we offer the Balanced Body class. It is specifically designed to strengthen your body, improve your balance and prevent falls.

Join us for the assessments in the 'Balanced Body' class that meets every Monday, Wednesday and Friday at 10 a.m. at the Health & Recreation Building under the leadership of Mary Pat Giffin. The focus of this class is improved balance and fall prevention. Although we are anxious to reassess our residents, we are proud to report that several of our regular Balanced Body students have already experienced significant improvements.

We recognize the importance of a balance training program. That is why a group of On Top of the World instructors will be venturing to Orlando this month to take part in a comprehensive balance-training program. Exercise science is continually evolving and we are committed to bringing you cutting edge programming!

One type of exercise that is getting a lot of attention as related to balance is Tai Chi. This ancient Chinese martial arts form continues to grow in popularity here in the United States. Tai Chi balances the body and the mind. The graceful movement of Tai Chi sometimes referred to as moving meditation, incorporates weight bearing and weight shifting that is perfect for balance training. Mark your calendars now for Tuesday, Aug. 5, at 10:30 a.m. for our Healthy Living Seminar, which will be on the principles and practices of Tai Chi. Master instructor Frank Gonzalez will lead this discussion. ☺

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HEALTH AND RECREATION CENTER GROUP EXERCISE SCHEDULE

EFFECTIVE AUGUST 1ST 2008

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------|-----------------------------|---|-----------------------------------|---|---------------------------------------|-----------------------------|
| 7:15 Aerobics Room | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 12:15 20 Min. |
| 8:00-8:50 Aerobics Room | Cardio Mix Rebekah | Condition & Stretch Cammy | Cardio Mix Donna | Condition & Stretch Cammy | Cardio Mix Kitti | Sunday Oxycize |
| 9:00-9:50 Aerobics Room | Primary Pilates Mary Pat | Tai Qi Po* Frank | Pilates Pot Potpourri Mary Pat | Tai Qi Po* Frank | Precision Pilates Kitti | Oxycize |
| 10:00-10:30 Aerobics Room | Balanced Body Mary Pat | Absolutely Abs Howie | Balanced Body Mary Pat | Absolutely Abs Howie | Balanced Body Mary Pat | 12:15 20 Min. |
| 10:30-11:15 H&R Ballroom | Cardio Jam Kitti | Healthy Living Seminar 1st Tuesday of the Month 10:30 | Cardio Jam Kitti | Let's Dance* Kitti (Aerobics Room) 2nd and 4th Thurs. | S.O.S Serious on Strength Kitti | |
| 10:45-11:30 Aerobics Room | Light Aerobics Mary Pat | | Light Aerobics Mary Pat | | Light Aerobics Mary Pat | |
| 12:00-1:00 Fitness Center | | Cybox Orientation Howie | | | | |
| 12:15 Aerobics Room | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | Oxycize 20 min. Video | |
| Aerobics Room | All Ball Howie | | All Ball Howie | | | |
| 3:00-4:00 Aerobics Room | | | | | | |

*DENOTES A FEE BASED CLASS

New Classes: Pilates!!! And Let's Dance!!!



Arbor Club Tennis
Jorge Privat

As you well know, we are in the thick of summer, and that means high temperatures and high humidity. It is my wish that I never see anyone overcome by heat exhaustion or heat stroke. So please, come to the courts properly hydrated and bring with you a drink, preferably a sports drink, because you need not only to rehydrate your body but, but also to replenish the electrolytes your body loses during play. On another subject, I would like to mention

Tennis Association
H&R Center Courts Schedule

Saturday & Monday, 8 a.m.-noon: Mixed Doubles

Tuesday & Thursday, 8 a.m.-noon: Men's Doubles

Wednesday & Friday, 8 a.m.-noon: Ladies' Doubles

All Resident Tennis Players Welcome.

Rainbow Springs, and to say the least, they have all been very gracious and very friendly before, during and after the tennis, and that they even brought with them a nice spread of snacks and beverages for every one involved. I encourage you all to participate in these meets as they are designed to maintain healthy relationships with surrounding communities, develop new friendships and enjoy friendly competition and exercise.

Tennis Tip of the Month

From the USTA Eastern News, I wish to bring you: "Tennis As Therapy"

We have long known that getting involved with tennis means achieving substantial physical benefits. There are the rewards in fitness such as cardiovascular health, weight management, greater coordination and balance. But what are the mental and psychological rewards of the game? Is there another reason to run down to your local courts?

According to some, tennis is a game of therapy. "When I am out on the courts, I feel glad to be alive," says Christian Wheeler. "I leave my tennis game feeling energized and optimistic." The Cortland, N.Y., native says he picked up the game solely because what it does for his mind.

Others find the social aspects of the game most appealing. "Playing tennis makes me feel like a grown up kid," says Mary Spears, an avid player. "I get the benefit of running around the court and the social interaction with other adults."

"It is easy to underestimate the value of being active," says Dr. Erica Rivera, a clinical psychologist and personal performance coach. Rivera, an active athlete herself, combines running with a host of other sport activities. She credits her focus on fitness with her ability to handle a hectic lifestyle. She gave birth to two girls while studying for her doctorate. Now, with heavy family and business responsibilities and teaching duties at New York's Hostos Community College she runs what she calls, "an active ship" with an emphasis on fitness for mental clarity.

When you commit to playing sports, tennis included, you are also making a commitment to your long-term wellness. Our biggest battle with today's demanding schedules is lowering and eliminating stress. Stress affects the grey matter of the brain, essentially shrinking it in size. Engaging in a sport like tennis helps us make our bodies overall more effective. It even acts as a natural anti-depressant.

If you're wondering whether tennis can fit into your busy life, maybe the sport of tennis is just the therapy you need. ☺

that on June 17, we had a meet with our neighbors from Oak Run. Norma Higgins, captain of the On Top of the World teams, reported that of the five matches played that evening, three of our teams had a good day. The teams were: Gene Hueber and Peter Paige, Marty Walchak and Maria Fried and Norma Higgins and Irene Moran. I would also like to report that we've had several meets with members of the community of

On Top of the World Communities

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Candler Connection
Mary Pat Giffin

You may notice the Candler column has a new name — The Candler Connection. Why? It's the name we've adopted for our neighborhood social organization. It's also the name John Pod uses for his e-newsletter. This gives us a consistent identity for our community happenings. Besides, it has more punch than Candler Column.

If you haven't checked out the new, improved July issue of Candler Connection e-newsletter from John Pod, open his e-mail. The news is clear, concise and gives you the activity lead to contact for more information on an event or activity that strikes your fancy. For more information or to add your name to John's mailing list, e-mail him at john@podspad.us.

Monday afternoon bridge is not taking off. Neighbors may be overextended or card playing may be losing its popularity with our generation. That's unfortunate. Growing up, most of us played cards and board games. It's fun, inexpensive, exercises your mind, and gives you an opportunity to socialize with our neighbors. If you're interested in playing bridge on Monday

afternoons, call Sandi Hirschbein at 291-0565.

The Singles Group welcomes singles in Candler Hills to join them for lunch, dinner and other outings. "We're simply looking for people with similar interests," says Karen Arens, who has rallied 13 members to date.

"I hesitate to call married friends to do things because they may be busy with their spouse and I don't want to come between them," Karen explained, which is why a Singles Group is great for getting out and doing things, you don't want to do solo.

She sees the group as a vehicle for singles to participate in activities like ballroom dancing, playing games, and attending sundry events. Some activities are simply more fun for two people.

For example, it is awkward taking up square dancing or ballroom dancing when you're alone. It's also more enjoyable to take in a movie, football or basketball game with a group of friends, not a bunch of married couples. For more information give Karen a call at 873-2109.

If you haven't marked your calendar yet, plan on attending our annual Holiday Dance on Dec. 3 at the Circle Square Cultural Center. Tickets go on sale in early October. Watch for details.

Wine, cheese, chocolate? Sounds delectable. Chef David Bland is hosting an evening of tasting at Candler Hills Community Center. Limit is 90 people. Call Heddy for more information at 861-6120.

Speaking of Chef Dave, if you haven't dined at Candler Hills restaurant on Wednesday night, I highly recommend you give it a try. He puts together a simply fabulous barbecue with all the trimmings. The ribs fall apart and melt in your mouth. The steak is tender. The baked beans are thick and tasty. Unfortunately, the garlic-mashed potatoes are out of this world.

Lastly, if you're feeling out of the loop, don't know what's going on, check out the new bulletin board in the community center. It lists information on clubs, activities and keeps neighbors up to date.

I'd love to hear from you. Your suggestions and comments are welcome. E-mail me at marypatgiffin@yahoo.com or call 854-8545.



Lions Club
Dianne Lovely

In June, the Lions Club installed its new officers for the 2008-09 year.

We gave out several awards. Wendy Phillips received the Lion Of The Year Award, Ron Chard received an Appreciation Award and Richard Spahn and Dianne Lovely were presented with the highest award given in Lionism, the Melvin Jones Fellowship.

Congratulations to all the award winners. Past district governor Robert Respass presented the awards on behalf of Lions Club International. As a symbolic gesture Immediate past president Ed Michelson presented incoming president Bill Tooher with the club gavel.

We have so many exciting events coming up this year, just stay tuned. Don't forget, we still have places to drop off eyeglasses here at On Top of the World and in Winn-Dixie. Also if you would like an Emergency 911 light switch put in, we can do that for you as well. Just call Warren Heath at 484-1755.

If you would like to join the Lions Club we meet every second and fourth Tuesday of the month at the Candler Hills Community Center. Call membership chairman Marty Schley at 307-1286.

Avalon Social Club

Lorriane Rourke

Folks, the remaining bring-a-dish events are scheduled for Aug. 4, Oct. 6, Nov. 3 and Dec. 1, so keep an eye out for our updates.

The August event is our Beach Party Bring-a-Dish, so come prepared for some fun and perhaps a cool-down in the pool afterward (remember no beverages or food in the pool area).

Dress in some funky beachwear and bring your sense of humor for a rocking good time. Once again bring a dish to share of meat, potato, vegetable, main dish, salad, pasta, fruit, appetizer (please no desserts as these will be provided) and a non-alcoholic beverage. Also bring a serving utensil if it's needed.

We have had some wonderful dishes. No time to cook? Well, hit Publix or Winn-Dixie for some ideas.

Stay tuned as we may schedule an outdoor event for October when it cools off and get in some yard games or dancing.

Anyone with ideas or wanting to help out let me know.

Contact Lorraine at 390-2120 for questions.

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Genealogical Society
Elizabeth Kyle

There are two pieces of valuable information to share with you this month. The first was in an e-mail sent to all members by Ron Chard. One of my favorite sources, Everton's Genealogical Helper, is now available online for \$12 a year. What a buy! This is a complete copy of the actual magazine. No more bi-monthly trips to Barnes & Noble for me. The July/August issue was available free of charge. I will bring the hard copy of the May/June issue to our next meeting and leave it for anyone interested in taking a look. The Web site is www.everton.com.

Don't forget to save Oct. 9. George Morgan will be coming to On Top of the World for two presentations: "The Genealogist as CSI" and "All About the Census: Becoming an Expert." George is a contributing editor for Everton's, a speaker for genealogical cruises, and a world-recognized professional. We are fortunate, in this era of continually rising gas prices, to have George Morgan's expertise coming to us. Stay tuned for the specifics of time, place, and cost, which will be minimal for members.

The data from Good Shepherd is in good order and ready to be uploaded thanks to Bill Shampine's tireless efforts. Thanks to Bill from all of us who worked on this project. This is a relatively new cemetery. Our hope is that this project will help present and future genealogists, who may never be able to travel in search of their roots, be successful in their computer searches for the final resting place of family members.

In the last issue I promised an update on information from Belfast. My great-grandfather, William Kyle, died in 1894 of colon cancer at the age of 43 in the presence of his son, John, at Campsie, Omagh. He had been a porter for the railway. Now I know that my grandfather had at least one brother. Every time I receive a document of birth, marriage, or death I find new avenues for further exploration.

Our business meetings are held on the second Monday at 10 a.m. in Room 3 of the Arts and Crafts Building. There will be a sign on the door. Anyone who is interested is invited to come and see what we have to offer.

Educational and mentoring meetings are the third Monday at 10 a.m. in Suites B and C of the Arbor Conference Center.

LifeSouth Bloodmobile Returns to Community Aug. 5

Indigo East hosts the LifeSouth Bloodmobile at the Indigo East Community Center for all On Top of the World Communities on Tuesday, Aug. 5, from 7:30 a.m. to 1 p.m.

There is always a need. One never knows when the life saved may be a member of the family, a friend or a neighbor.

In 2007, Marion County residents utilizing the facilities of the VA Hospital numbered 12, 790

and those residents utilizing the Shands Hospital numbered 17,984! So LifeSouth donors are very important to our residents. A thank you to all.

Come join us for brunch and all donors receive a gift of recognition as well as a cholesterol screening. For more information, please call 622-3544 or visit www.lifesouth.org. We hope to see you at brunch.

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Kitti's Corner
Kitti Surrette

Instant Motivation To Get Fit

Part 1

INTRO: Workout boredom, plateaus and injuries can all sidetrack your fitness training. But with the right inspiration, you can work through those barriers. When obstacles threaten to keep you from working out, try some of these quick and easy motivational tips to stay on track. These instant motivators will rekindle your passion for working out — the greatest motivator of all.

You're Too Tired to Exercise

MAKE A DATE: Set up a standing date with a friend whose fitness level matches yours — your mutual motivation lulls will cancel each other out. Research shows that having a dedicated workout partner makes you more likely to stick with an exercise program.

HAVE A SNACK: When you run low on fuel, the extra energy demands of exercise lead your body to decide, "She's overdoing it — we need to conserve some fuel by slowing down her metabolism," says Michele Olson, PhD, professor of health and human performance at Auburn University in Montgomery, Ala. That's the last thing you want, so have a protein-and-complex-carbohydrate snack, like a hard-boiled egg and a slice of whole wheat toast, two hours before you plan to work out.

PUT ON YOUR SHOES: Think baby steps — if you truly don't feel like you can get out the door, just put on your workout clothes. If that feels good, throw on some sneakers. Even if you stay in the house, the clothes will give you an increased range of motion, so you'll probably put more energy into your chores.

PUMP MORE IRON: As a mineral that helps convert food to energy, iron is essential to keeping energy levels high. But dieting, and avoiding meat, can put you at risk for low iron. Iron supplements are sometimes risky, so make sure your diet includes 18 milligrams of iron every day — choose lean meats or legumes, leafy greens and whole grains. Don't forget citrus fruit and other juice with vitamin C, which improves iron absorption from plant foods.

FUEL UP EARLY: Eating the bulk of your calories in the early part of the day will give you the energy you need to make it through daytime workouts. Many women on weight plans find it easier to eat less during the day and more at night — exactly the opposite plan for optimal energy and weight loss.

WET YOUR WHISTLE: Dehydration can seriously drag your energy down. Research shows that even when you drink eight glasses of water a day, 45 minutes of exercise can put you into a dehydrated state. Don't rely on thirst as a measure of need — to prevent exercise fatigue, take a sip of water every 15 to 20 minutes while you work out.

Stay tuned for Part 2.

I have a group meeting on Fridays from 10 to 10:30 a.m. in the Ballroom at the Health & Recreation for creating healthy lives. Come join us!

Hope to see you there. ☺

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB FITNESS SCHEDULE

EFFECTIVE AUGUST 1ST 2008

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------------------------------|--|---------------------------------------|---------------------------------------|-----------------------------------|---|--------------|
| 9:15-10:00 Arbor Club Indoor Pool | Deep Water Aerobics* Rebekah | Shallow Water Aerobics* Barbara | Deep Water Aerobics* Cammy | Shallow Water Aerobics* Barbara | Deep Water Aerobics* Rob | Open Swim | Open Swim |
| 9:15-10:15 | Yoga* Ronnese AC Ballroom | Advanced Yoga* Ronnese Fitness Room | Yoga* Ronnese AC Ballroom | | | | |
| 10:00-11:00 Arbor Club Outdoor Pool | | Arthritis Water* Pat | | Arthritis Water* Pat | | | |
| 10:30-11:30 Fitness Room | Light Yoga* Sara Fitness Room | | | | | Yoga* (10:15) Bryony Fitness Room | |
| 11:45-12:30 Arbor Club Ballroom | Get Fit While You Sit Kitti | | Get Fit While You Sit Kitti | | Get Fit While You Sit Kitti | | |
| 1:30-2:15 Arbor Club Indoor Pool | Shallow Water Aerobics* Rebekah | Water Walking Outdoor Pool 2nd&4th Tues. | Shallow Water Aerobics* Therese | | | | |

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The Eyes Have It

Dr. Martin E. Cohen, O.D.

How To Choose A Good Eye Doctor

Many of these suggestions apply to any professional office.

- A referral from a satisfied friend or relative.
 - Appearance of waiting room (current magazines, cleanliness).
 - Attitude of staff when greeting you or making your appointment.
 - Waiting time.
 - How much of initial visit is conducted by non-professionals and how much by the doctor.
 - Does the office seem to be equipped with modern fixtures and instruments?
 - How much of exam is done by machines and how much by doctor?
 - Does the initial history form ask appropriate questions?
 - Does the history form have room for you to explain your reasons for the visit?
 - Were your eyes dilated for the exam?
 - Were you instructed you would have blurry vision and you should have someone to drive you home?
 - Does the exam include external features of your eye, the lid, both sides as well and under, the eyebrows, your pupil reflexes, all eye movements, measurement of ocular pressure, exam of internal eye, exam for eyeglasses?
 - Is it a group practice or solo?
 - Does the doctor have hospital privileges?
 - Are any of the doctors specialists, e.g. glaucoma, retina, cornea?
 - Does the doctor explain the results of the exam fully so you understand everything?
 - Are you told you can call for additional information?
 - Is there a provision for emergency treatment or consultation out of office hours?
- A good doctor will represent all and more. ☺



A group of table tennis players from Oak Run and On Top of the World at Oak Run games on June 11.

Table Tennis

Lucy Davis

Our intercommunity table tennis activities are back again. In April we competed at The Villages and in June we were invited to the Oak Run Table Tennis Club. Eight of our members were able to play there. The Oak Runners were very gracious and generous with a wonderful display of food and drinks for lunch. All the players from both communities enjoyed the friendly meeting as shown in the group photo.

During the summer it is difficult to gather a

large group of players because of traveling, visiting friends and relatives and, sometimes doctor's appointments interfere with our games. We invited the Oak Run Club to play at On Top of the World on July 26. We hope the majority of our members who stay home for the summer were able to participate in the games that day. We will report on the event next month.

Here is a little bit of information about tables and balls: why yellow balls vs. white? According to scientists who experimented on different colors, yellow and green colors are the easiest to see. In our case, it is better for players and spectators!

Why blue tables vs. green? The Japanese started to experiment on blue tables before 1989 and it seemed that the yellow balls had a better contrast on blue tables. Starting in 1989 blue tables and yellow balls were used in major events. ☺

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**View from
the Library**
Doris Knight

"Ice Bound: A Doctor's Incredible Battle for Survival at the South Pole" is a true and engrossing account of a year in life of Doctor Jerri Nielsen. At the age of 47, Dr. Nielsen, known as Duffy by her family, was an emergency room doctor in Cleveland Ohio. Her life had been very upset by her divorce from an abusive husband. Unfortunately he had convinced their three children to turn against her and to live with him.

One day in one of her medical journals she found a notice about a polar medicine physician needed for the U.S. Antarctic program. The concept piqued her curiosity and aroused childhood dreams about exotic places. Upon inquiring, she learned that the position would be challenging,

she would have no technical assistance, and the weather would be frigid. With her family's encouragement, she decided to apply and she was chosen.

Before she left she had a complete physical and psychological examination and all went well. She was ready to leave in October 1999 even though she had learned that there was no way out of the South Pole for eight and a half months. It was too cold and dark for a plane to land.

Duffy went off full of enthusiasm. She enjoyed meeting her fellow sojourners, experiencing the climate, the unusual skies, and the way in which the group tackled the unusual conditions. She found her small hospital well set up by her predecessors; she learned to assist her patients without nurses and technical assistance which she had been used to. In fact she felt a very strong sense of satisfaction in being able to perform her tasks very professionally under such circumstances.

Shortly after the arctic winter had truly set in, Duffy found a mass on her breast. She hoped it was benign and would disappear, but it did not. She notified the director of the facility, he informed the headquarters in Denver, and some amazing events occurred. Duffy faced the crisis with the assistance of persons untrained in medicine using e-mail and television with Denver. They did all they could, but at that time she could not get out, nor could anyone get in.

As soon as the light began to return to the South Pole, Duffy fled from Antarctica in a plane whose pilot daringly flew into the icy continent. She was operated on as soon as she reached Denver and she was saved.

She is a strong woman who survived a crisis none of us would want to cope with and she did it in a courageous way which you will learn about from her book. ☺



**Democratic
Club**
Lee Wittmer

Just ask yourself one question: If you do not vote, will our country be better or worse? Voting is a privilege and a duty. We are fast approaching a time when very serious decisions must be made by all Americans.

Voting today could not be easier. Any registered voter can vote by absentee ballot. No reason is necessary.

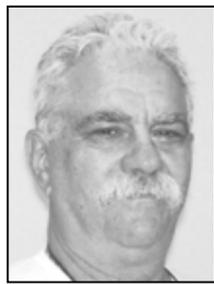
In Marion County all you have to do is call the Supervisor of Elections. The number is 620-3290. They are open from 8:30 a.m. to 4:30 p.m., Monday through Friday.

At our general meeting on Tuesday, Aug. 19, in Suites E and F of the Arbor Conference Center, a number of candidates for local, state and federal offices will be in attendance.

Refreshments will be served at 6:30 p.m. and the meeting opens at 7 p.m.

Time permitting, there will be a forum whereby any person in attendance may ask questions and voice an opinion.

All interested parties are invited to attend this meeting. Come hear our candidates and find out what we are all about. ☺



Social Club
Mort Meretsky

I hope everyone had a glorious July 4th. Sue and I did. We were at the Health & Recreation Building in the daytime and on the square at night. The only thing we missed was some fireworks.

Remember, we have a change in our schedule. We will have poker/blackjack on Friday, Aug. 15, from 2 to 4 p.m. at the Arbor Conference Center. At this time we will be collecting for our annual chicken picnic dinner in September. The cost is \$3 for members and \$5 for guests. The picnic will also be at the Arbor Conference Center starting at 1:30 p.m., on Friday, Sept. 19. Bring games to play — there will not be any dealers. If you can't make it to our August get together please call Marie at 873-8525, no later than Sept. 1, to make a reservation. Marie has to know how many people are coming so Carmine can start making salads.

See y'all on the 15th. ☺

**Emergency After-Hours
Phone Number**
236-OTOW (236-6869)

**SPCA
Melanie Vittitow**

The SPCA may not be having meetings during the summer but that doesn't mean we can relax.

The Pet Meals-on-Wheels Program continues year round, and pets are constantly being lost or found, and in need of homes.

Most of the pets that were featured in last month's column have found homes, but we are regularly called about others. We rescued an older dog that was found at an auto dealership. The owner was found but was unable to care for the animal so she surrendered her to us and one of our members graciously accepted the animal into her home.

The main thing that needs to be stressed is that all pets should wear a collar with an ID tag. You may say your pet never goes out without you, but just the other day, a little one sneaked out the door and was lost for a few hours because he had no tags. Luckily, due to a dog lover on the next street, he didn't get far and was eventually returned to his distraught owner.

The procedure here in On Top of the World is to report any lost or found pet to the front gate and the K-9 Club and SPCA will see that the animal is cared for until the owner is found or will organize a search for a lost one.

This month's topic for discussion is excessive barking. One of the dogs profiled last month was a barker that was disturbing the neighbors. There are many reasons that dogs bark and different ways to handle it, so I will just stress the basics.

We talk, dogs bark. They bark when they are happy, frightened, lonely, frustrated, being protective or demanding.

You don't want to stop it, just keep it under control. Never reward a dog for inappropriate barking. Trying to calm him with soothing words or petting just tells him that his action is OK. When giving him a command to be "Quiet," don't shout (that may sound like you are now barking at him).

Reward the dog when he stops the barking.

Rewards are also a good way to distract the dog if he is barking at someone or something. Show him the reward, but don't give it until he is quiet.

Never punish a dog that is barking from fear or anxiety. Desensitizing is required for these situations. Also, don't encourage your dog to bark at some things then punish him for barking at others. You must be consistent.

One way to stop greeting barking is to encourage him to bring you a toy. It's hard to bark with your mouth full! You want your dog to alert you when he needs to go out, but don't let him try to dictate to you when he eats, or gets a treat or initiates play. In these cases, you must ignore him. You must be the one who decides when things are done.

If your dog barks at people or other dogs while walking, you should distract him and be firm in letting him know this is not desirable behavior.

These are just some of the basics, and don't cover all situations. You may need to consult a trainer or go to the ASPCA web page for more specific behaviors.

For more information on the SPCA, call Jodi at 861-9765 or Melanie at 873-8690. New members and new ideas are always welcome. ☺

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Republican Club
Tony Tortora

Republican Club meetings are generally held on the second Friday of the month at 7 p.m. in the Arbor Center Conference rooms. Occasionally, the date or time changes to accommodate a special event. Always check the TV announcements for the next meeting.

Be prepared for a celebration on Aug. 15 at 6:30 p.m. in the Arbor Conference Center. A brief meeting will be held followed by a pizza party. Note the change in date to one week later than usual. We expect Republican candidates to attend.

There are many candidates but not all will be on the primary ballot on Aug. 26.

Candidates' profiles, their campaign finance reports and other information can be reviewed at the Supervisor of Elections Web site or office.

Here are the local Republican Candidates names that will be on your Primary ballot:

- COUNTY COMMISSION DISTRICT 1: Mike Amsden and Randall E. Alvord.
- COUNTY COMMISSION DISTRICT 5: Charlie Stone* and Ray Strickland.

• SCHOOL BOARD DISTRICT 2: Steve Hering Sr.* and Jacqueline Porter.

• SCHOOL BOARD DISTRICT 3: Bobby James* * denotes incumbent

The School Board race is a non-partisan race. There are others running for Districts 2 and 3 but their party affiliation is not known at this time.

Much has been written lately about the Marion County Republican Party Executive Committee and a perceived split or rift among the members.

As one of your representatives to the committee it is my duty to report to you the facts as I see them.

First, I see no significant split or rift among the members but I do see a definite difference of opinion as to how the committee acts on issues and supports candidates. Your committee voted to endorse John McCain as the presumptive Republican candidate for president. A small number disagreed.

Second, members of the committee have an obligation to support the will of the Republicans in the precinct that they represent. They are honor bound to support the Republican Party principles and have taken an oath of office that they will do so.

Third, the Republican Party has always maintained a large tent attitude where it is recognized that all members do not agree 100 percent of the time on every issue. These differences of opinion are resolved through debate and vote with a majority rule.

Fourth, there are instances where some members will seek to form their own groups to attract others in an attempt to swell their ranks and become the ruling faction. This is the case of a few who have mobilized under cover of an organization that declares that it does not support candidates solely due to political party affiliation. Their goal is to dismantle what they call "the regime of the Republicrats ..."

The Republican Party is like a ship that is strong enough to repel boarders and will continue to sail under the direction of the owners; the people. ☺



Women of the World
Terri Molnar

Hoping everyone is enjoying his or her summer! As a reminder, it's not too early to begin getting your usable household articles together for the annual Rags to Riches sale.

This is a great way of cleaning out those closets and storage areas!

Just a suggestion: to avoid the mad rush in September, you may want to consider prepaying your membership dues (\$7) by mailing or giving it directly to Sharon Wasmund, 8657-C S.W. 97th Lane Road, Ocala 34481. Make your check or money order payable to Women of the World. Your receipts will be available at the September meeting.

Also at the September meeting, we will be asking you to fill out a new emergency contact card. So be sure and bring your contact information along with your current email address (if you have one) with you.

One of our members made a terrific suggestion: Purchase your donations for Stuff the Bus

now while they are on sale! We will not be collecting these items until May, but it will be more economical to purchase them now, before prices go up. School supplies for all ages are needed; especially graph paper, along with supplies for middle school students.

Your generosity in donating to the charities that we support is overwhelming, but we can also use your help in other areas also. If you have the time and desire, please contact any board member or committee chairperson and volunteer! We need all of your help and welcome it gladly.

To continue introducing this year committee chairpersons and board members:

Mary Curry is one of 50/50 raffle ticket chair people. She and her husband Bryl moved to Florida from Indiana and have lived in On Top of the World for 10 years. Before retiring, Mary managed a restaurant in Clearwater. She is a Red Hatter and enjoys pool walking and playing Euchre. Mary became involved in WOW because it was a service organization and wanted to help the community in which she lives. She is most passionate about her church the Springs and her family.

Our treasurer this year is Marie Roppel. Originally from Boston, she and husband Mike moved to On Top of the World two and a half years ago from Palm Beach Shores. Before retiring, she was a reading specialist and worked for the Palm Beach Post newspaper.

Marie enjoys deep-water aerobics, classes at the education center, and is a member of her church choir and hand bell choir. Her interests are traveling and the student foreign exchange program. Marie became active in WOW to become involved in the community and charity work. She enjoys learning about other cultures and helping familiarize their foreign exchange students with America and Americans.

If you've never attended a meeting please join us on Sept. 5, 1 p.m. at the Arbor Club Conference Center and see what we're all about. You will not find a more genial group of women in On Top of the World. ☺

Stay Informed!

www.ontopoftheworldinfo.com/stayinformed

American Jewish Club
Sandra Wolf

We hope all our members are enjoying their summer. Your board has been hard at work during this time, and we have been planning what we hope will be a diverse and entertaining year.

Our first meeting will be held on Sept. 14 at the Arbor Club at 2 p.m. The "Welcome Back"

Dinner will be held on Oct. 19 with the meeting to start at 12:30 p.m. The dinner will be for paid-up members only.

Checks for membership dues and dinner can be sent to Sandra Wolf at 9749 S.W. 89th Loop, Ocala. 34481. (Please call first for details at 352-861-5674.)

Please look for our newsletter in your mailbox later this month. There will be detailed information concerning membership dues, the menu and return slips with your choices and prices.

Hope your summer continues to be pleasant.

We are looking forward to seeing you in the fall. ☺



Ocala Clown Express
Kathy & Charlie Petrosky

Summer continues to sizzle and we continue to clown!!

Cheney Brothers, Inc. asked us to help with their employee picnic. It was a rainy morning but it did not rain on our party. Sunny Sue, Dinky Do and Jake started face painting. The kids were great as usual. We had a chance to practice some of the face painting techniques we learned. They put on a great picnic with lots of fun for all ages. Jingles did balloons and Freckles put faces on them. As usual, Sparkalena kept everything running smoothly.

Eighth Street Elementary School asked our

assistance with its summer celebration at Ward-Highlands Elementary School. We had a good time face painting, making balloons and doing tattoos for all of the children. While the children were waiting, there were clown antics going on to entertain kids of all ages.

Cricket arranged for the clowns to bring the bells and song to Hampton Manor West on July 16. It is always wonderful to be able to put a smile on a face and get a song from the heart.

Now August is here. We get back to our regular meetings on the first and third Mondays of the month at the Collins Resource Center in Timber-Ridge. Have you called our president, Dotsy, aka Carol White, at 873-9223 so you can come and join us? August would be a great month to come. We start our new clowning events and most importantly practice for our hospital program. If you like children, this would be great for you. We will practice our skits for bike and fire safety. We will practice our puppet routine to warn about talking to strangers.

Speaking of the hospital, we are excited to be going to Munroe Regional Medical Center to help with its employee party. Those of us who work in the hospital always have great fun when we walk the halls, ride the elevator and eat in the cafeteria. It will be great fun to just have time to clown with the people who are dedicated to helping others.

What do you need to do to join us? Just call Dotsy at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown. We look forward to seeing you at our regular meetings on the first and third Mondays of the month at the Collins Resource Center in TimberRidge. See you there.

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Ocala Stamp Show Set for Sept. 13 and 14

The Ocala Stamp Show will be held on Sept. 13 and 14 at the Ramada Inn, 3810 N.W. Bonnie Heath Blvd (US 27 and I-75, Exit 354).

The show is sponsored by the General Francis Marion Stamp Club. Hours are 10 a.m. to 5 p.m. Sept. 13 and 10 a.m. to 3 p.m. Sept. 14. Admission is free. There will be stamps, covers, post-cards and appraisals.

For more information, contact: Stan Lander at 369-8977 or slander3@otowhomes.com, or Sheldon Rogg at (727) 364-6897 or h.rogg@verizon.net. ☺

'Ace of Hearts' Debuts at August Movie Club

By MARY EHLE

The movie for August will be an animal story, "Ace of Hearts." Dean Cain is a police officer with a K-9 dog and the dog gets framed for a crime he didn't do. Dean's teenage daughter sets out to prove that Ace is innocent of the charges. This is a good family picture.

Please note that even though the Friendship Club is not meeting in August we will meet. The place is the Health & Recreation Ballroom and the time is 6 p.m. Please come and enjoy the evening with us.

The movie is open to all residents and their overnight guests. It is \$2 per person for non-members, payable at the door.

The date is Aug. 10. Please make note that in September we will show the much awaited "The Bucket List" with Jack Nicholson and Morgan Freeman. ☺



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**Nature
Around Us**
Doris Mauricio

Herbs can easily be grown in a container that you can place on a porch or at your front door.

Fill the container with a sterile potting soil such as Jungle Growth or Miracle Grow ready mixes. Regular garden soil is too compact for this project. Drainage holes in the container are essential. Fill three-quarters of the container with soil. Add your herbs placing the herb that will grow the tallest (dill) in the center. Arrange basil, chives, parsley and oregano around the dill. Add the draping kind (thyme, mint) near the edge of the pot, giving them a chance to drape over the rim.

Buy four-inch potted plants and transplant the whole plant, gently tapping the small container into your hand then back-fill the spaces in between. Mist the whole planted container and place into a sunny spot. Daily misting the plants will keep them happy. You can begin harvesting in a few days. The herbs will continue to produce new shoots after cutting. In spring, herbs can be started from seed in pots or in the garden. Herbs do not need fertilization, but if you feel you should, use a fish emulsion.

During August, all garden plants in pots or



Photo by Doris Mauricio

Basil, thyme and mint are among the herbs that Doris grows in containers outside of her house.

containers need extra water when it is hot. You may need to water daily to prevent wilting. This excessive watering (or rainfall) can flush out nutrients, so use a weak solution of soluble fertilizer every second or third watering.

Flowers like impatiens, begonias and gingers are also shade loving, and will provide color over a long period. Foliage plants like caladium, especially the white and green variety, and Persian shield, with its glowing purple and silver leaves, are a wonderful combination. Ground covers such as variegated ivies, vincas and ferns pro-

vide both texture and color. Think cool. Think shade.

Master Gardeners will be at Freedom Library on Monday, Sept. 8. At 1 p.m., Bill Miranda will present a program on Vegetable Gardening in Florida. The Mobile Plant Clinic will be in front of the library from 1 to 4 p.m. providing information and literature on all your gardening needs. Master Gardeners will return to Freedom Library

on Monday, Oct. 13. The topic will be Attracting Butterflies to Your Garden.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.r.com. I will do my best to assist you with your gardening concerns. On Top of the World Native Plant Club meets the second Wednesday of the month at 1:30 p.m. at the Arbor Center. Come and join them and take time to walk the nature trail located behind the Arbor Center.

Happy gardening!
Doris Mauricio, On Top of the World resident and Master Gardener

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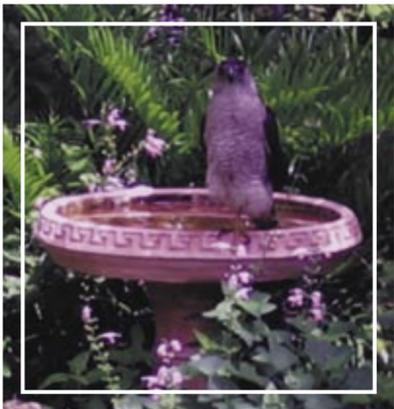


Photo by Ron Broman

Hey, hawks need baths, too! This hawk was spotted in the Bromans' Garden of Weedin'!



Birders' Beat
Jane Callender

The Unique Birders will not meet in August and September. Many snowbird members do not return until October. For further information call Roberta Campbell at 854-4814, or me, at 861-2983.

The accompanying picture was taken in Broman's "Garden of Weedin'." Ron's comment was "Hey, hawks like to take a bath too!"

We thought there would be a family of sharp shinned hawks on Southwest 96th Street again this year, but my neighbor said there were none.

The sharp shinned hawk is the smallest of North American accipiters — a family of hawks with short broad wings adapted for fast flight in wooded areas. Therefore it makes songbirds and small mammals easy prey.

This hawk is quite common over most of the United States. Although it normally hunts small birds, rodents and insects in thick woodlands, the sharp shinned hawk will also come into the suburbs to take small birds near feeders.



Irish American Club
C.M. Casey

PHRASE: Saol fada chugat
PRONOUNCED: Sail fod/ah cu/gut
Meaning: Long life to you

The Irish American Club is a social club that meets four times a year. Our last event and meeting was in May and we will be kicking off our 2008-09 season in October. The short break allows our officers to plan our upcoming activities. Please mark Oct. 16 on your calendar. That will be our first event of the season.

You may recall that last year a group of us went to Ireland for a visit. We had a wonderful time and for one of our traveling partners all of her dreams have come true. While in Ireland she met the love of her life and I understand they are now engaged and soon will be married. We wish Bernie and Con the best that life has to offer.

Until next time, "May your troubles be few and your blessings be more."

www.OnTopoftheWorldInfo.com

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Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.



If residents would like to donate equipment, it would be most helpful.

For more information, call the Health & Recreation Department at 854-8707.

Activities August

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

Monday

| | | |
|-------|---------------------------|-----------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Mixed Tennis D | CTS |
| 9:00 | R.C. Flyers Club | Field |
| | Golden Slippers | BRS |
| | Woodworking | WW |
| | Bocce League | BCTS |
| | Ceramics 9-2p.m. | Art |
| | Practice Bridge | CR |
| | No Bus on Mondays | |
| | Ladies Billiards | PLR |
| | Dancing Toppers | H&R |
| 9:00 | Shuffleboard | CTS |
| 10:00 | Tennis Doubles | CTS |
| | Ladies Billiards | PLR |
| 11:00 | Water Walk | AC |
| | Boccee League | BCTS |
| 11:30 | Lap Swimming | AC |
| 12:00 | Ladies Poker | MR3 |
| | Line Dance (Level Two) | H&R |
| | Mah Jongg | CC:A |
| | Mens Golf Group | CR |
| 12:15 | Oxycise | H&R |
| 12:30 | Bridge | CR |
| | Northern Lights Mah Jongg | CC:G |
| | Aqua Belles | AC |
| | Pan Club | CC:MR3 |
| 1:00 | Bocce League | BCTS |
| | Computer Lab | H&R |
| 1:15 | Line Dance (Int.) | BR |
| 1:30 | Shuffleboard | CTS |
| 2:00 | Happy Hookers | Art |
| | Rummicube | CC: E & F |
| 2:45 | Line Dance (Level Two) | H&R |
| 4:00 | Line Dance (Level One) | H&R |
| 5:30 | Mah Jongg | CC: A |
| 6:00 | Poker | MR3 |
| 6:30 | Bridge | CR |
| 6:30 | Euchre II | CC: H |
| 7:00 | Wood Shop | WW |
| | Dominoes | CC: G |

1st Week

| | | |
|------|--|-----------|
| 7:30 | Marion Blood Bank (All Even # Months Only) | PL |
| 9:00 | Life South Blood (All Odd # Months Only) | PL |
| | RC Flyers Club | CC: B & C |
| 1:30 | D'Clowns | CC: B & C |
| 2:00 | Bocce | CC: AC |
| 2:30 | Readers' Theatre | CC: D |
| 3:30 | Comp. Handicap | CC: H |
| 7:00 | Sunshine Singers | BR |

2nd Week

| | | |
|-------|----------------------|-------|
| 10:00 | Genealogical Society | MR3 |
| 2:30 | Theatre Group | CC: D |

3rd Week

| | | |
|-------|-----------------------|-----------|
| 10:00 | Genealogical Workshop | CC: B & C |
| 2:30 | Readers' Theatre | CC: D |
| 1:30 | D'Clowns | CC: B&C |
| 4:00 | Billiards Club | Art 00 |
| 7:00 | Sunshine Singers | BR |

4th Week

| | | |
|------|------------------------|-----------|
| 3:00 | Community Patrol Prog. | CC: B & C |
|------|------------------------|-----------|

Tuesday

| | | |
|------|---------------------|-----------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Men's Tennis | CTS |
| | Clogging | BR |
| 8:30 | Women's 18-Hole | GC |
| | Raquetball | HR CTS |
| 9:00 | R.C. Flyers Club | Field |
| | Computer Club | CC: B & C |
| | Hand & Foot Canasta | CR |
| | Woodworking | WW |
| | Arts & Crafts | BR |
| | Bus Ocala Run | |
| | Women's 9-Hole | GC |

| | | |
|-------|--|-----------|
| | Horse Shoe League | CTS |
| | Miniature Golf | MGC |
| | Shuffleboard | CTS |
| 9:30 | Pinochle | MR3 |
| | Stitch Witches Quilters | Art |
| 10:30 | Horseshoe League | CTS |
| 11:00 | Walleyball | CTS |
| 11:30 | Lap Swimming | AC |
| 12:00 | Lap Swimming | AC |
| | Men's Poker | MR3 |
| | Cybox Orientation | GYM |
| 12:15 | Oxycise | H&R |
| 12:30 | Bridge | CR |
| | Stitch Witches Quilters | Art |
| 1:00 | Mah Jongg | CC: A |
| | Badminton | H&R |
| | Swingin Singin Seniors (Racquetball Cts) | HR |
| 1:30 | The New Pretenders | HR |
| 3:00 | Shutterbugs | CC: B & C |
| 5:15 | Square Dance Class | AC |
| 5:30 | Mah Jongg | CC: A |
| | Miniature Golf | MGC |
| | Table Tennis | HR |
| 5:45 | Mah Jongg | MR2 |
| 6:00 | Pinochle | MR3 & Art |
| 6:30 | Duplicate Bridge | CR |
| | Mah Jongg | CC: G |
| | Pattern Dancing | BR |
| 7:00 | Mixed Poker | CC: H |
| | Pattern Dancing | BR |
| | Square Dance Class | AC |

1st Week

| | | |
|------|-------------------|----|
| 8:00 | Men's 9 Hole Golf | PR |
| 3:00 | Great Lakes Club | BR |

2nd Week

| | | |
|------|---|--------------|
| 8:00 | *Seminole Hard Rock Casino 8-12-08 | HR |
| 9:00 | Lions Club | Pub |
| | Citizens Emer. Response Team | CC: E, F & G |
| 1:30 | Visually Impaired Support Group | CC: H |

3rd Week

| | | |
|------|-----------------|-----------|
| 3:00 | NY/NJ Club | BR |
| 7:00 | Democratic Club | CC: E & F |

4th Week

| | | |
|------|----------------------|-------|
| 8:00 | Lions Club | Pub |
| 1:00 | Scan/American | CC: E |
| 3:30 | Alpha Investment | Art |
| 4:00 | Diabetes Support Grp | CC: G |
| 7:00 | Karaoke | CCC |

Wednesday

| | | |
|-------|---------------------|-----------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Ladies Tennis | CTS |
| 8:30 | Men's 18 Hole | Golf |
| 9:00 | Taps on Top | BR |
| | R.C. Flyers Club | Field |
| | Woodworking | WW |
| | Bus Ocala Run | |
| | Ceramics 9-2:30p.m. | Art |
| 9:30 | Pinochle | MR3 |
| | Crafty Ladies | CR |
| | Billiards 101 | PI RM |
| 11:30 | Lap Swimming | AC |
| 12:00 | Ladies Poker | MR3 |
| 12:15 | Oxycise | H&R |
| | Mah Jongg | CC: A |
| 12:30 | Bridge | CR |
| | Japanese Emb | CC: C |
| | Aqua Belles | AC |
| | Mah Jongg | CC: A |
| | Pan Club | CC: MR3 |
| 1:00 | Bocce League | BCTS |
| 3:00 | Dance Committee | CC: B & C |

| | | |
|------|-------------------|-----|
| 4:00 | Softball Practice | SBF |
| 5:30 | Bingo | BR |
| 6:00 | Poker | MR3 |
| | Pickleball | CTS |
| 6:30 | Duplicate Bridge | CR |
| 7:00 | Poker | MR3 |

1st Week

| | | |
|-------|-------------------|----------|
| 10:30 | Travel Toppers | CC: A |
| 1:00 | Stamp Club | Bank PAB |
| 3:00 | Italian/Amer Club | BR |

2nd Week

| | | |
|---|-------------------|-----------|
| Native Plants (No Meetings June thru Sept.) | | |
| 3:00 | Pennsylvania Club | CC: E & F |

3rd Week

| | | |
|------|------------|----------|
| 1:00 | Stamp Club | Bank PAB |
|------|------------|----------|

Thursday

| | | |
|-------|------------------------|-----------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Men's Tennis | CTS |
| | Clogging | BR |
| 8:30 | Racquetball | HR CTS |
| 9:00 | Woodcarving | Art-B |
| | Art League | Art-A |
| | Computer Club | CC: B & C |
| | R.C. Flyers Club | Field |
| | Round Dance Classes | CC: E & F |
| | Hand & Foot Canasta | CR |
| | Bus Ocala Run | |
| | Miniature Golf | MGC |
| | Shuffleboard | CTS |
| 10:00 | Round Dance Class | CC: E&F |
| 10:30 | Water Walk | AC |
| | Advanced Tap | HR |
| | Concert Chorus | HR |
| | Friendship Bible Study | MR3 |
| 11:00 | Walleyball | CTS |
| | Water Walk | AC |
| 11:30 | Lap Swimming | AC |
| 12:00 | Lap Swimming | AC |
| | Advanced Square | CC: E & F |
| | Dancers | |
| | Mah Jongg | CC: A |
| 12:15 | Oxycise | H&R |
| 12:30 | Sewing Bees | Art |
| | Theatre Group | BR |
| | Mah Jongg | CC: A |
| | Bridge | CR |
| 1:00 | Bocce League | BCTS |
| | Ten Pen | CTS |
| | Square Dancing DBD | CC: E & F |
| | Table Tennis | H&R |
| 1:30 | Shuffleboard | CTS |
| 2:30 | Jazz Club | CC: D |
| 3:00 | The New Pretenders | HR |
| 4:00 | Bus Grocery Run | |
| 5:30 | Mah Jongg | CC: A |
| | Card Game | CC: B |
| | Miniature Golf | MGC |
| 6:00 | Poker | MR3 |
| | Pickleball | CTS |
| 6:30 | Bridge | CR |
| | Chess Club | ART |
| 7:00 | Poker | MR3 |
| | Mixed Poker | CC: H |

1st Week

| | | |
|-------|-----------------------|-------|
| 10:00 | NY/NJ Board Meeting | CC: H |
| 1:00 | Rubber Stamping Cards | CC: D |
| | Bunko Dice Game | MR3 |
| | Opera Appreciation | CC: C |
| 5:30 | Southern Club | BR |

2nd Week

| | | |
|-------|--------------------|--------------|
| 9:30 | Scrabble Club | AC |
| 10:30 | Latin Cardio | AC |
| 2:00 | Singles Club | CC: G & H |
| | NARFE Chapter 2279 | CH |
| 7:00 | Karaoke Night | CC: E, F & G |

3rd Week

| | | |
|------|----------------------|-----------|
| 9:00 | Hand & Foot Canasta | CR |
| 1:00 | Rubber Stamping Card | CC: D |
| | Bunka Dice Game | MR3 |
| | S.P.C.A. | CC: H |
| 1:30 | Orchid Club | CC: B & C |

1st Week

| | | |
|------|------------------|-------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Ladies Tennis | CTS |
| 8:10 | Water Walk | AC |
| 8:30 | Dancing Toppers | H&R |
| 9:00 | Woodworking | WW |
| | R.C. Flyers Club | Field |
| | Dominoes | MR3 |
| | Bocce League | BCTS |

2nd Week

| | | |
|-------|-----------------------|-------|
| 10:00 | NY/NJ Board Meeting | CC: H |
| 1:00 | Rubber Stamping Cards | CC: D |
| | Bunko Dice Game | MR3 |
| | Opera Appreciation | CC: C |
| 5:30 | Southern Club | BR |

3rd Week

| | | |
|-------|--------------------|--------------|
| 9:30 | Scrabble Club | AC |
| 10:30 | Latin Cardio | AC |
| 2:00 | Singles Club | CC: G & H |
| | NARFE Chapter 2279 | CH |
| 7:00 | Karaoke Night | CC: E, F & G |

4th Week

| | | |
|------|----------------------|-----------|
| 9:00 | Hand & Foot Canasta | CR |
| 1:00 | Rubber Stamping Card | CC: D |
| | Bunka Dice Game | MR3 |
| | S.P.C.A. | CC: H |
| 1:30 | Orchid Club | CC: B & C |

1st Week

| | | |
|-------|-----------------------|-------|
| 10:00 | NY/NJ Board Meeting | CC: H |
| 1:00 | Rubber Stamping Cards | CC: D |
| | Bunko Dice Game | MR3 |
| | Opera Appreciation | CC: C |
| 5:30 | Southern Club | BR |

2nd Week

| | | |
|-------|--------------------|--------------|
| 9:30 | Scrabble Club | AC |
| 10:30 | Latin Cardio | AC |
| 2:00 | Singles Club | CC: G & H |
| | NARFE Chapter 2279 | CH |
| 7:00 | Karaoke Night | CC: E, F & G |

3rd Week

| | | |
|------|----------------------|-----------|
| 9:00 | Hand & Foot Canasta | CR |
| 1:00 | Rubber Stamping Card | CC: D |
| | Bunka Dice Game | MR3 |
| | S.P.C.A. | CC: H |
| 1:30 | Orchid Club | CC: B & C |

4th Week

| | | |
|------|------------------|-------|
| 7:00 | Lap Swimming | AC |
| 7:15 | Oxycise | H&R |
| 8:00 | Ladies Tennis | CTS |
| 8:10 | Water Walk | AC |
| 8:30 | Dancing Toppers | H&R |
| 9:00 | Woodworking | WW |
| | R.C. Flyers Club | Field |
| | Dominoes | MR3 |
| | Bocce League | BCTS |

| | | |
|-------|-----------------|---------|
| 10:00 | Bus Ocala Run | |
| | Racquetball | H&R CTS |
| 10:30 | Light Aerobics | H&R |
| | Power Aerobics | H&R |
| | Water Walk | AC |
| 11:00 | Bocce League | BCTS |
| | Water Walk | AC |
| 11:30 | Lap Swimming | AC |
| 12:00 | Ladies Poker | MR3 |
| | Mah Jongg | CC: A |
| | Mens Golf Group | CR |
| 12:15 | Oxycise | H&R |
| 12:30 | Aqua Belles | AC |
| | Mah Jongg | CC: A |
| 1:00 | Table Tennis | H&R |

| | | |
|------|------------------|--------|
| | Canasta the Old | |
| | Fashion Way | CR |
| | Square Dancing | H&R BR |
| 2:00 | Fun In The Water | AC |
| 5:00 | Happy Hour | AC |
| 6:00 | Cribbage | Art |
| 6:15 | Nickel Nickel | MR3 |
| | Euchre 4 Fun | CC: A |
| 6:30 | Advanced Bridge | CR |
| 6:45 | Euchre | H&R |

1st Week

| | | |
|------|--------------------|-------|
| 1:00 | Women of the World | CC: E |
|------|--------------------|-------|

2nd Week

| | | |
|------|------------------|--------------|
| 9:00 | RC Ladybirds | CC: A |
| 2:00 | New England Club | CC: E, F |
| 7:00 | Republican Club | CC: E, F & G |

3rd Week

| | | |
|------|------------------------|-------|
| 2:00 | Blackjack Poker | CC: E |
| 4:00 | (A Night in Hollowood) | AC |
| | Happy Hour 8-15-08 | |

4th Week

| | | |
|-------|--------------|-----|
| 12:00 | High 12 Club | TBA |
|-------|--------------|-----|

Saturday

| | | |
|-------|------------------|-----------|
| 8:00 | Mixed Tennis | CTS |
| 8:30 | Men's Softball | SBF |
| 9:00 | Computer Club | CC: B & C |
| | Art League | Art |
| 10:00 | Mixed Tennis | CTS |
| 10:30 | Tai Chi Practice | AC |
| 12:15 | Oxycise | H&R |
| 1:00 | Table Tennis | H&R |
| | China Painters | Art |
| 5:30 | Open Mah Jongg | CC: A |
| 5:45 | Singles Pinochle | CR |
| 6:30 | Bridge | CR |

Sunday

| | | |
|-------|----------------|--------|
| 9:00 | Racquetball | HR CTS |
| | Miniature Golf | MGC |
| 12:00 | Mah Jongg | CC: A |
| | Scrapbooking | CC: D |
| 12:15 | Oxycise | H&R |
| 1:00 | China Painters | Art |
| 5:30 | Mah Jongg | CC: A |
| | Miniature Golf | MGC |
| 6:00 | Pickleball | CTS |
| 7:00 | Mixed Poker | CC: H |

1st Week

| | | |
|------|------------------------|----|
| 2:30 | Friendship Social Club | BR |
| 6:00 | Movie of the Month | BR |

2nd Week

| | | |
|------|-----------------|--------------|
| 2:00 | American/Jewish | CC: E, F & G |
|------|-----------------|--------------|

3rd Week

| | | |
|------|------------------------|----|
| 2:30 | Friendship Social Club | BR |
| 6:00 | Movie of the Month | BR |

4th Week

| | | |
|------|-----------------|--------------|
| 2:00 | American/Jewish | CC: E, F & G |
|------|-----------------|--------------|

* Advance registration and fee may be required. Please check in advance.



Red Hat Society
Vivian Brown

I can tell many of our ladies are traveling but there are those of us who have decided to spend our leisure time at our own private resort, On Top of the World. How could we ask for more! The choices are endless and not having to fight the traffic and pay the high gas prices is a great gift all by itself. It truly is a wonderful life.

Gals, there is going to be a Florida Regional Convention Aug. 7, 8 and 9, 2009, at the Hyatt Regency Jacksonville Riverfront, Jacksonville. The convention cost is \$215 per person and \$95 (plus tax) a night for a hotel room (two queen beds or one king bed). Valet parking is \$20 a day. Check with your Queen Mothers if you are interested. She has full details.

Remember our Hawaiian Luau Party Oct. 26. Bruce will cater it and the cost is \$13.50 per person. Queen Mothers are to collect from their ladies, payable at the Queens' Sept. 15 meeting in Suite H of the Arbor Conference Center. Queen Mothers will have more details!

Till next month, keep a twinkle in your eyes and a bounce in your steps.

THE RAZZLE-DAZZLE RED HAT DAMES: Queen Mother has been so busy doing house projects, singing in the chorus and karaoke that I am guilty for not keeping the "Red Hat Hattitude" to live it up, laugh a lot, and love everybody and everything. Sooo starting today I am putting on my purple and red, raise hell and have fun, fun, fun. Time waits for no one, so ladies are you ready to howl? OK, get ready now. If we are planning to go to the Hawaiian Luau on Sunday, Oct. 26, please let me know and I will collect the \$13.50 before Sept. 15. I will give you details at the luncheon. Hope you are enjoying the summer and stay well. Look forward to seeing you all. God bless and Happy Hattin'. ... *QM Vivian Brown.*

THE BON AMI RED HATS went to the home of member Julie Lee in May where we enjoyed socializing and sharing a wonderful picnic lunch. Afterward we continued on to Dunnellon to the Singing River Tour. If you have not taken Cap-



Janet Wahl, Kitty Wills, Betty Tesmer, QM Mary Curry, Aldona Sachs, Carol Cecala, Mary Bicknell, Sara Riehm, VQ Bea Maxwell, VQ Dottie Hinde, QM Gail LaRue, Maria Breeden and Faye Shampine get ready to board Lake Limo for the Red Hat Society International Convention in Orlando.

tain John's boat ride down the Withlacoochee and Rainbow River, you have missed a wonderful afternoon. You can reach Captain John at 352-804-1573 and for a minimum \$10 donation per person you and your friends can enjoy an afternoon on the river while getting a history lesson about Dunnellon and the rivers also. Norma Batton hosted the June meeting. ... *QM Daryl Howard by Norma Batton.*

GLITZY GALS: Twelve of the 14 Glitzy Gals were in attendance at the Red Hat Society International Convention "Decades of Sparkle" at the Gaylord Palms in Orlando celebrating the 10th birthday of the group. The birthday celebration began at Universal's City Walk Block Party with dancing, entertainment and a dinner buffet. The "Lazy Daze" pool party was a time to sip a cool beverage, take a dip in the pool and soak up some sun while chatting with friends. At the opening ceremonies, Ponce de Leon joined the Red Hatters from around the world to celebrate the fountain of youth. He announced the Exalted Queen Mother, Sue Ellen Cooper and the Esteemed Vice Mother, Linda Murphy as they entered the ballroom to begin the evening's welcome reception. The 50s brought out the poodle skirts, saddle shoes and hula-hoops. The groovy sounds of the 60s brought Jackie O's style, hippies, Beatles,

and sweet sounds of Motown. Then came the 70s with the falsetto sounds of the Bee Gees, platform shoes and lava lamps. The Glitz and Glamour Ball was a time for dressing in your favorite decade's outfit. Music from the past to the present played as the glitz and glamour outfits of the decades were paraded. The play shops provided

a chance to hear Dr. Maxine on laughter and how important it is in our lives and Hatquarters answering questions from the audience. "Decades of Sparkle" closed with a farewell breakfast. Yes, we found the Fountain of Youth — it's in our hearts. One of the great things at a convention is the creativity and unique ideas for hats and outfits for the various events and meeting people from other states and countries. As Lake Limo took us to Orlando we were anticipating all the upcoming events of the week, and as we returned to On Top of the World the excitement, noise, hugs and laughter are memories. QM Gail LaRue of the Divine Divas and Betty Tesmer's daughter, Linda also joined us. Our July outing was at Carmines with Bea Maxwell and Joyce Mackey as hostesses. Food, fun and laughter made for an enjoyable get together. Sara Riehm won the door prize. Our motto: "It's all about each other." ... *QM Mary Curry by Janet Wahl.*

THE RED GEMS: While the queen was away, the Gems went out to Gator Joe's and had a wonderful day. So sorry that I missed this trip, but maybe we can schedule it again sometime next year. Vivian Cayia made the arrangements and all was carried out perfectly. Going back to our May date, which was planned by Dianne Telez, the weather was so beautiful and welcoming, that we enjoyed sitting on chairs, arranged in a circle, on the veranda, chatting before going inside The Pub for lunch. Diane surprised us by bringing in Luau decorations. Madam Sweet Stuff, Sandy Voight, provided candy favors. She started this on her own quite a while ago and it always delights our members and it is always an appreciated treat. Meanwhile, Lois Frear made plans for our July lunch date. That was to go back to the Sky Fusion restaurant. It is always fun to try new places but also satisfying to return to places that have been enjoyable and satisfactory. Except for three members, who are vacationing, or otherwise busy, our entire membership was able to attend. ... *QM Loretta Troutman.*

Please send your chapter's activities to Vivian Brown via e-mail to vivjcb@cfl.rr.com or call 291-0246 by the 9th of the month. Thank you. ☺



Citizens Emergency Response Team
Caroline Scott

When we learned the skills to help someone in an emergency, we were provided with the right tools for each job. Knowing that we won't have all these tools at hand when needed, I asked

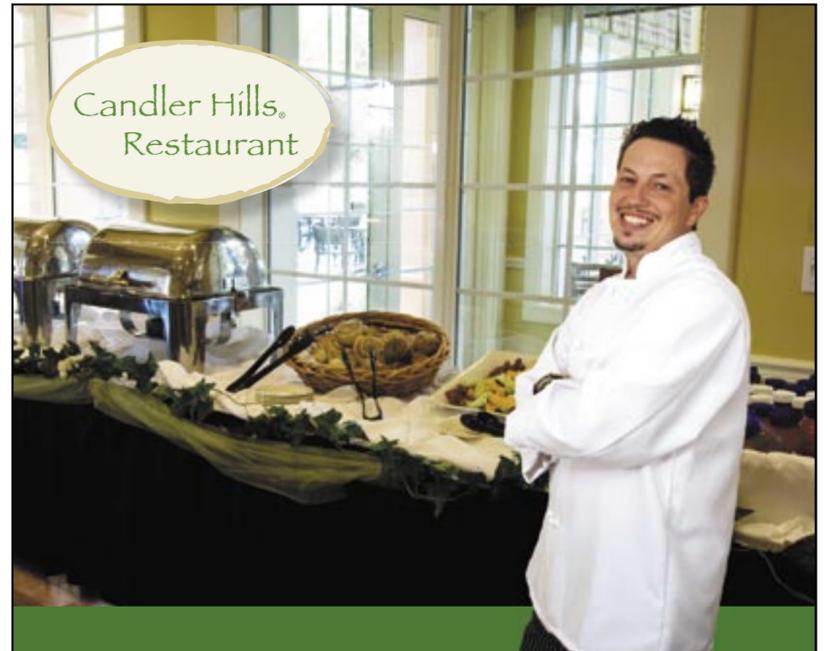
some of our members to bring some everyday items from their homes that they felt could be used in an emergency.

The response was eye opening. Rob Caruana brought golf clubs that could be used to make a splint for a broken leg. John Wiley brought everyday large kitchen spoons that could be used for a splint to secure a broken or sprained wrist. Carolyn Self brought a bed pillow and some ties that her husband doesn't wear anymore. These items could also be used in keeping an injured leg from moving. Jane Davis brought nose masks that could be used not only for protecting someone's airway, but to cover an injured eye or a cut with a projectile protruding.

All of these were simple things we use every day, but in an emergency, can be used in many different ways and be a tremendous help to all of us.

We meet the second Tuesday of each month in Suite E of the Arbor Conference Center at 9 a.m. Join us and see what you could learn. ☺

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236-OTOW (236-6869)



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Continental Breakfast Buffet
Daily 8 - 10:30 a.m.
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Daily 11 a.m. - 3 p.m.

2008

Happy Hour News...

Happy Hour (2 for 1)
is available at the following
locations and functions:

- The Pub
 - Candler Hills Restaurant
 - Friday Night Happy Hour at the Arbor Club
 - All Golf and Club private bar functions
- (All locations at Circle Square Commons excluded)

Happy Hour will include:

- Domestic Beer - can, bottle or single draft
(Pitchers and buckets of beer excluded)
 - Wine
 - Well drinks
- (Call, Premium & Specialty drinks with more than 2 liquors excluded)

Happy Hour is available All Day, Every Day!
2 for 1 @ \$3.99 + tax or \$4.25.

IT'S HAPPY HOUR SOMEWHERE!

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www.masterthepossibilities.com or call 854-3699



Friendship Amateur Radio
Ed Brendle

We held the final segment on radio pioneers during the July 14th monthly meeting of the Friendship Amateur Radio Club. These pioneers included Howard Armstrong, Lee Deforest and David Sarnoff. A video was shown relating their contributions and conflicts.

There was a field day, headed by the Silver Springs Radio Club, who invited our club to participate. This event was held the last weekend of June. Under the call sign K4GSO, 10 stations were set up for 13 band frequencies. It resulted in a highly successful event and the "point totals" and specifics will be shown in next month article.

The FARC's Club Call is N4FRC. The next meeting is scheduled for Aug. 11 at 1:30 p.m. at the auxiliary Sheriff's Station on West SR 200. All hams are invited, and members are urged to attend and to bring a guest. This will be a "show and tell" program and members are urged to illustrate their projects.

The FARC is open to all "hams" and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC has a two-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for the Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1NC, at 873-4354. ☎

Italian American Club
Jerome E. Cauda

I'm back again after a four-week trip to Italy. There will be no meeting in August but there will be a board meeting on the fourth Wednesday of the month. Members are welcome.

Meetings will resume on Sept 3 in the Ballroom. Refreshments will be served 2:30 p.m. with the meeting at 3 p.m. Tickets will be on sale for The Columbus Day Dinner Dance at the meeting. Interesting entertainment is planned.

An interesting part of my trip this year was a journey to the Alps Maritime traveling to Alba, Barolo, Barbaresco, and Costigliole ending in Chasio. Alba is a city that dates to around 500 A.D. You park outside the walls and walk into the city. The Original Pedestrian Mall? It is also where in October they honor the "Tartufo Bianco" and run the "Palio D'Assinere," the horse race run with donkeys. Barolo and Barbaresco are among the premier wines of Italy. Barolo is aged in oak for a minimum of five years.

As I do every year I ended my trip in Milan. I ate in one of my favorite restaurants, Il Ghiatone. The meal served was complete (there is no menu) from antipasto to dessert. Included was zucca agnolotti in butter basil sauce and as the main dish chingale (wild boar), which is a specialty of the mountain region.

A memorable meal and a great ending to an outstanding trip. ☎



USPO Advisory Council
Ray Utiss

I would like to thank all the residents who contributed to the national food drive held by our U.S. mail carriers this year.

You helped Ocala win the No. 1 spot, for its size, in the national food drive. That means 184,120 pounds were donated in Ocala. This came at a good time, because food banks are running out of food. Our branch will receive a plaque at their convention this year.

The next item is safety. Please be careful using the mail centers. There is a lot of traffic and other things going on there, such as recycling and gardening. So, just be careful, walking or driving.

Remember, if you have a mail concern, such as mis-delivered mail, call our Post Office at 861-8188 and report it. The Post Office will arrange for an employee to retrieve the mail for correct delivery. You can contact me by e-mail, grandmaandraisin@cfl.rr.com. ☎



New York/ New Jersey
Terry Zarrella

The "End of Year Party" which was held June 17 was a huge success. All our members were treated to a Chinese dinner from our local restaurant Shang Hai. The dinners were individually wrapped with an assortment of delicious meals including egg rolls and fortune cookies. Liz Ettell, the president of our club, went beyond the call of duty to make this a most enjoyable meeting. She

not only ordered the meals but also picked them up with her husband Harry and then made sure they were set up for our members.

Our entertainment at the last meeting was comprised of members doing skits, improvising situations that were handed to them regarding certain situations. We had many volunteers who had our members laughing and enjoying their comedic talents. Our first place winner was Bunny Barba who playacted a "customer service person" at Wal-Mart and Gladys Bevalacqua came in second as the customer complaining. They had us in stitches. We had several consolation prizes and the year-end party was a huge success.

The installation of officers was held at the June meeting and the board will stay the same as last year with Liz Ettell as president, Frank Palotta, vice president, Bunny Barba, second vice president, Terry Zarrella, secretary, and Carol Berta as treasurer.

There will not be any meetings until Sept. 16, but I will continue to write the column to keep you posted of the latest comings and goings.

The board would like to thank at this time all the volunteers who help run this club as follows: Bob and Angie Hook who do a wonderful job with refreshments, Myra Post who does our membership, Louise Roder is in charge of badges, Bunny Barba our Sunshine Lady and last but not least Andy Zarrella who is in charge of our 50/50.

Have a great summer, stay well, laugh often, and be happy! ☎

POET'S CORNER
Poetry from On Top of the World Residents

August

By HAZEL EHLE

August is a placid month
Always one you can depend
Never seems too hot or cold
So pleasant till the end.

Some children love August
Then school will soon start
And they will see their friends
With joy in their hearts.

August is enjoyed by many
Wishing it could stay
Always so delightful
It should never go away.

The flowers so beautiful
And the grass fresh and green
No icy rain or frost
To take away the sheen.

August is a pleasant month
With weather the same each year
Something to look forward to
And also bringing cheer. ☎



Theatre Group
Marcia Miller

As I write this month's column, I'm thinking of Sandy Berkowitz. Many of you remember him as a great entertainer. He sang, told jokes and did his shtick, both as a solo act and with his wife, Dottie. He appeared in all of The Dottie Shows and several of the Touch of Theater productions here at On Top of the World. I remember doing a skit with him called Grounds for Divorce in one

such show. This was my introduction to working with Sandy in theater.

He served as president and twice, vice president of the Theatre Group. But I remember him mostly as a director for numerous plays in our theater group. I think I was in every play he directed here from "Let's Murder Marsha" to his final play, "The Odd Couple, Female Version." He especially liked to work with his wife, Dottie. She was stage manager for at least one of the plays he directed and she was in "Social Security", which he also directed. I learned a lot from him and enjoyed working under his direction. He was extremely knowledgeable as a director and I'm sure his expertise touched all those he worked with.

Now on to the next show. The cast has been selected for "Meet My Husbands." Rehearsals, under the direction of Tom McHaffie, will not start until later this summer, but in the meantime cast members have their scripts and are becoming familiar with their character. We will need help with props, building sets, ticket sales, programs and probably a few other things I have forgotten to mention.

Our first meeting in the fall is Sept. 8 in Suite D at the Arbor Center at 2:30 p.m. Come join us and get into the fun of our first production of the 2008-09 season. Call Jim Miller at 854-4947 for more information. ☎

Community News & Update

By Kenneth Colen, Publisher

← Continued from Page 1

that departmental heads be selected by the legislature. In 1861, the constitution was amended to become part of the Confederate States of America. In 1865, that constitution was amended, although never adopted, as part of the post-civil war reconstruction. Subsequently in 1868, during this post-war reconstruction period, yet another revision occurred that allowed for the governor to appoint county officials, implemented a public school system and established a state prison. This edition of the constitution was very unpopular and earned the name of the "Carpetbag" constitution (this entire post-war reconstruction business beginning to sound all too familiar).

In 1885, and in response to the abuses of government following Reconstruction, Florida's fifth constitution weakened executive authority and added checks and balances. The authors of the fifth constitution created an elected cabinet and added a requirement to elect government officials. This constitution came to be Florida's longest-lived and most amended constitution. In 1968, because of the large volume of amendments presented to the legislature every year, the constitution was yet again amended to better reflect the very changed landscape that Florida had become.

The Florida Senate defines the constitution as "an organized system of fundamental principles for the government of the state. It is of a permanent and general nature and originates from the people rather than from the Legislature".

Since that time, Florida's process for amendments is nothing if not alive and well. Currently there are 59 proposed and active amendments winding their way through the process.

Florida is unique in the number of ways in which the constitution can be amended. The five methods are the ballot initiative process, constitutional convention, constitutional revision commission, legislative joint resolution, and tax and budget reform commission. Seven of the nine amendments up for consideration are on the ballot through the tax and budget reform commission process. One is by legislative joint resolution (Amendment #1) and one is by ballot initiative (Amendment #2).

The amendments placed on the ballot for consideration must provide a title and only the summary of the entire text appears on the ballot. Quoting from an opinion on the matter issued by the Assistant Attorney General: "Only the substance of a proposed constitutional amendment, and not the entire text of the amendment, should be printed on the ballot." Unless and until otherwise judicially or legislatively clarified to the contrary, the Secretary of State has the authority and the duty to prescribe or approve the wording of the substance of a proposed constitutional amendment which is to be placed on the ballot when the amendment is proposed by initiative." This "summary" often times bears slight resemblance to the actual text of the amendment.

Next month and for each month up to November, I'll attempt to go through each of the proposed amendments in an attempt to provide a perspective on the potential impact to seniors, and more particularly, to residents living within communities developed by On Top of the World.

What may seem pretty innocuous in the amendment summary may have profound fiscal impacts that either directly, or through a series of secondary consequences, impacts each of us. Sometimes for the better, but often times not. ☎

Mid-Florida PHYSICAL THERAPY

Sydney Salat, PT Angela Brannon, MPT

Sydney M. Salat, PT graduated from the University of Florida earning a Bachelor's degree in Physical Therapy. She has been a physical therapist with Mid-Florida Physical Therapy for 25 years. Sydney specializes in orthopaedic rehabilitation.

Angela Brannon, MPT received her Bachelor of Science degree in Exercise Science from the University of Southern Mississippi and her Master of Health Science in Physical Therapy from the University of Central Florida. Prior to joining Mid-Florida Physical Therapy, Angela practiced for 6 years as an Exercise Physiologist in several outpatient physical therapy settings.

Mid-Florida Physical Therapy specializes in:

- Orthopaedic Injuries
- Vestibular Conditions
- Sports Medicine
- Joint Pain and Stiffness
- Motor Vehicle Accidents
- Joint Replacement Rehabilitation
- Rotator Cuff Repairs

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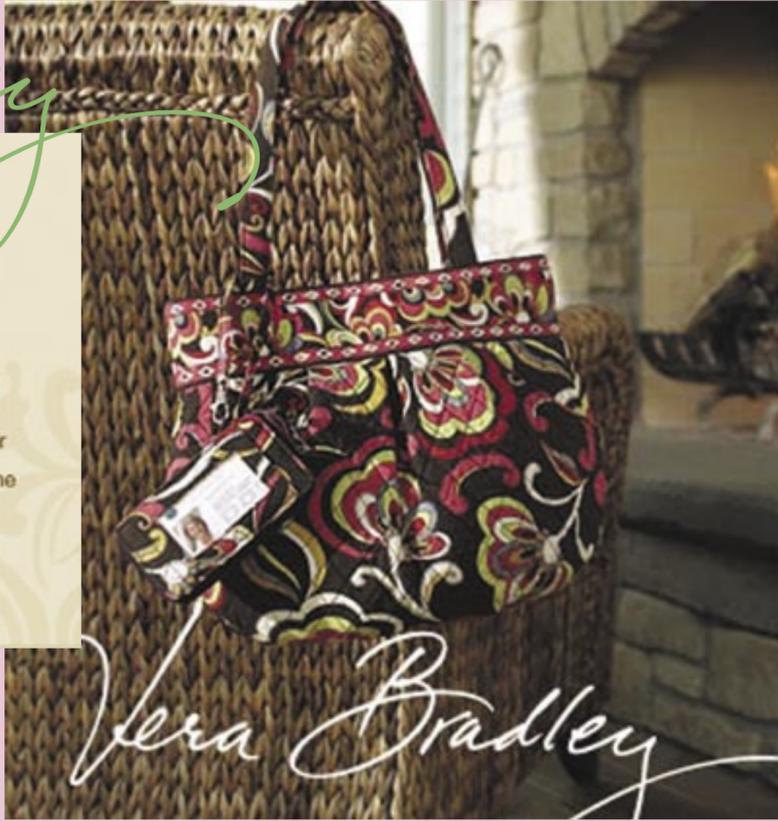
10 a.m.-9 p.m. Monday-Saturday • 12-5:30 p.m. Sunday

Vera Bradley

fall set to go!

Now you can win the beautiful colors of fall with a **free Gift Set in Puccini** - Vera Bradley's colorful tribute to Italian style!

Simply **visit Bits & Pieces** and enter for your chance to win a Morgan and All in One Wristlet - a \$95 value. Hurry, contest ends August 8!



One per customer

Expiration date: August 31, 2008

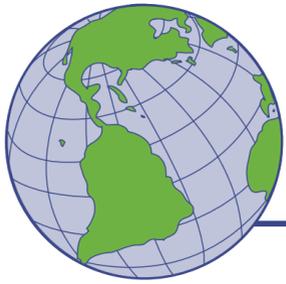
Brighton Handbag Trade-In July 25th thru August 3, 2008

Update your look and help a local charity at the same time! Come trade in your old handbag and we will give you a bonus* towards the purchase of a registered Brighton Handbag.

*Purchase a registered Brighton Handbag of \$100 - \$150 and receive a \$25 bonus; purchase a registered Brighton Handbag of \$151 or more and receive a \$50 bonus.

**Minibags, straw handbags, Luggage, Brighton Memories and Non-registered Fabric handbags not included. Limited to available stock on hand.

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On Top of the World NEWS

Where the News is Always Good

Travel Toppers go back
in time and visit
Medieval Times in
Orlando.
See Page 32.



Section 2

Vol. 22, No. 2 • August 2008

On Top of the World Receives 'Green' Award

On Top of the World Communities has been selected as one of three recipients for the 2008 Florida Yards & Neighborhoods Outstanding Florida-Friendly Community Awards.

The communities were recognized for efforts to conserve and protect natural resources as a model for the state. The Florida Yards and Neighborhoods program commends the communities' efforts to not only install Florida-friendly landscapes but also educate residents to maintain them in a Florida-friendly way.

A Florida Yards & Neighborhoods representative will present the award at the Florida Green Building Coalition Annual General Meeting in Orlando on Aug. 1.

Dance Committee Kicks Off Fall Season with Country Swing

The Dance Committee is back for the fall season and it all begins with our annual country/western dance that will appeal to everyone. We hope that all the dancers that have been enjoying their summer will return to the Ballroom for this wonderful evening with us.

DATE: Sept. 20
TIME: 7 to 10:30 p.m.
FEATURING: The Silver Star Band
DRESS: Casual or country
PRICE: \$6 per person

Tickets go on sale in the Health & Recreation Ballroom starting on Monday, Sept. 1 from 8 to 10 a.m. and will continue every Monday, Wednesday and Friday until all are sold.

There will be a singles table available for those who want to join friends there.

There will be a cash bar. We hope you have read your World News and discovered that there will be two-for-one drinks and low prices for all bar items at all events that are happening here at On Top of the World. We also remind you that no coolers are allowed in the Ballroom. Remember that this dance is for all residents of On Top of the World including Candler and Indigo East and their overnight guests. There will be no refunds for tickets for this dance. Hope we see you at this event.

For more information, please contact Gordy at 854-7981.



Photo by Gary Rodoff

What is Community Patrol All About?

By ANN BERGER

Somewhere on the golf course, Jim and Joe were waiting to tee off.

Jim said, "There they go again."

Joe: "Who?"

Jim: "That little white car with the yellow lights on top. Who are they?"

Joe: "Oh, those guys. They are the Community Patrol. Why?"

Jim: "I see them driving around here all the time. Do they work for On Top of the World, or what?"

Joe: "No, they are all volunteers and they work for the Marion County Sheriff's Office. The Sheriff's Office supplies the car and the gas and the people volunteer their time."

Jim: "That's really nice of them to donate their time, but do they actually do anything or just waste the taxpayers' money riding around?"

Joe: "They had a meeting a few months ago and the sheriff was there. He said the volunteers actually save his office a lot of money each year doing lots of different jobs. He also said the community patrols all over the county act as eyes and ears for the sheriff's office and as a crime deterrent. So I guess he thinks the expense is certainly more than offset by the result. Our county has a much lower crime rate than most Florida counties. A friend of mine who is a patrol member said that little white car puts on more than 2,000 miles and is patrolling almost 200 hours each month."

Jim: "I guess I didn't realize what that little car meant around here. How many people are in the patrol?"

Joe: "I think there are about 70 members but they are always looking for more people. I was thinking of joining. What about you?"

Jim: "OK, maybe. Is there someone we can call to get more information? Maybe we can drive together?"

Joe: "I'll find out and call them."

Jim: "OK, let me know what they say. Hey, I guess it's my turn to tee off."

For information about becoming a member of the Community Patrol, please call either Gary Rodoff at 291-7508 or Jim Miller at 854-4947.

A reminder to our members: there will be a tour of the Sheriff's Office to see the new DNA lab, evidence room and com center. Anyone interested should sign up at our next meeting.



Photos by Mary Pat Giffin

Garry Gerlach performs rotator cuff isometrics to maintain an erect posture for optimal external rotation when swinging the club.

Train Your Body to Improve Your Golf Game

By MARY PAT GIFFIN
WORLD NEWS WRITER

(Part one of a two-part series on Golf Conditioning)

Tiger Woods is as passionate about his fitness as he is about his swing. He trains two to three hours, six days a week, including when he's playing in a tournament.

Most of us are not willing to spend long hours improving our fitness level. We live in a quick-fix society. That's why Howie and I have designed a time-limited program to train the neuromuscular system, enhance performance and prevent injury. This program not only satisfies golfers playing needs, but trains for sport-related muscular strength, functional flexibility, dynamic postural balance and segmental coordination.

"Strength and flexibility training have been scientifically proven to increase club head speed," says Howard Williams, MS. In our six sessions he explains how functional fitness significantly increases your driving distance.

"You can increase your club swing range by improving your joint flexibility. You can increase your club swing speed by developing your muscle strength and you can increase club swing power by training your dynamic postural balance and segmental coordination," Howie says.

Let's look at posture, which may sound like an easy skill to master. Standing with knees flexed, back straight and bending from the hips shouldn't be that difficult. However, muscular imbalance, stiffness and lack of stability brought about by sitting at the computer and previous injuries can seriously affect your ability to achieve a good set up.

Posture Is Power

"... incorrect stance and faulty posture greatly affect the success of the entire swing." (Hogan, 1985)

Golf Conditioning Workshop

WHEN: Oct. 20 through Nov. 5 on Monday and Wednesday afternoons

TIME: 2 p.m. to 2:50 p.m., after golf

WHERE: Health & Recreation aerobic room (some of you may have to ask for directions)

WHAT TO BRING: Golf club (in one session, we'll ask you to bring your golf cart).

Correct posture is the position when minimal stress is applied to the joints. It eases the strain on your back, reducing the potential for injury. It affects your overall game. Functional posture makes a world of difference in your swinging action and lets you impart far more force in your ball strike.

A good set up is the most important aspect of the mechanics of the swing. Without this firm foundation, you have little chance of a good result.

Developmental stretches to improve your posture is just one of the segments in our workshop.

Try this one. Stand with your golf club behind your back at hip height with your hands facing forward. Check your set up. Breathe in and reach your hands

away from the hips. As the hands move further away, you will feel a stretch across the chest. Hold for 30 seconds and release. Repeat two to three times. Do not overarch your back. Maintain a neutral spine and do not force the stretch or hold your breath.

You might ask what is a neutral spine? In Pilates movement, when your spine is in its naturally curved position, it is called a neutral spine.

In golf, it's called spine angle. Neutral spine angle increases your ability to balance, and movement is at its most efficient, precise and powerful. It's the optimal position from which to swing or putt. Neutral spine angle is also the healthiest position for your back because it naturally places less stress on the muscles, discs and nerves.

If you're looking for immediate benefits on the course, a way to improve your strength, and prevent injuries this workshop is for you. As Cammy Dennis says, "If you can golf you can do this workshop."



Photo by Bob Woods

Dottie Baird and Donald 'Hunzy' Doenges, left, watch Vince and Barbara Bonomo look over their decorated golf cart that participated in the golf cart parade at Circle Square Commons on July 12.

Golf Cart Parade Winners

Best of Show
Dorothy Baird

Best Custom
Herman Theilben

Best Classic and People's Choice
Charles Petrosky



**Director
of Golf**
Jeff McDonald

The summer is flying by. The improvements that are being done to the Links course are coming along great.

The Tortoise & Hare course is responding to the summer conditions and is in good shape.

The groups that are playing on Mondays and Fridays have been getting along wonderfully. Thanks for helping Sally and the staff in our efforts to accommodate you.

We are excited to see how the response for the Labor Day Golf event goes. This will be a two-day golf event, Saturday, Aug. 30, at Candler Hills and Monday, Sept. 1, at On Top of the World. The theme for the event will be a type of Luau. Details will be available at either golf shop.

The associations from the two clubs are doing a great job and seem to be making new friends each week.

Remember with the summer heat, don't forget to stay hydrated. Drink plenty of water.

Candler Hills Golf Club

On behalf of the Golf Staff I would like thank the Sunday Duffers Group for showing the golf professionals a great time at the first Pro-Member event. We had some special golf and then we enjoyed dinner together, which Chef Dave prepared for us. We had nine golf professionals and we all have had a blast.

Sally and the staff are having a great time with the women who are participating in the Just Us Girls events. We would like to thank all of you for the support that you are giving.



**On Top of the
World Golf Club**
Sally Collins

The greens are growing! That's the comment that is being heard 'round the On Top of the World Golf Club as the renovations on the Links golf course continues on schedule.

As you read this article, Andy and Company will have begun to mow the recently sprigged greens. Everyone seems excited about the changes they are witnessing. Please, do not use the Links as a practice area while the course is closed — that's the purpose of the practice area.

Please keep in mind the Tortoise & Hare will be closed for aeration from Monday, Aug. 11, through Monday, Aug. 18. Those On Top of the World members who have been participating with the Men's and Ladies Associations at Candler Hills this summer have some exciting options.

Members of the Men's Golf Association will have an opportunity to play at Lake Diamond on Tuesday, Aug. 5, in an 8:30 shotgun start. The game is a 2 Man Better Ball and you can pick your partner. Cost is only \$32 per player, which includes golf, cart, prizes and a hamburger lunch. Deadline to sign up is Thursday, July 31.

On Thursday, Aug. 7, the Ladies Golf Association will travel to Golden Hills Golf and Turf Club. They will also have a Two Person Better Ball of Partners event that will tee off in a 9 a.m. shotgun. Cost is \$35 per player and you can choose your partner and make your own foursome. Please register by Aug. 4.

The August "Just Us Girls" is scheduled for Wednesday, Aug. 20, in a 5 p.m. shotgun start. Make your own foursome or we'll pair you up. Be sure to register by Sunday, Aug. 17, at 5 p.m. What a great way to get out and enjoy an evening with your friends!

Check out the details on the Labor Day tournament with the Candler Hills golfers!

Saturday, Aug. 30, will feature round one at Candler Hills Golf Club; On Top of the World will host the Monday, Sept. 1, competition. This will be a 36-hole event and we hope it fits in your holiday plans!

Accolades go out to the following On Top of the World Golfers: Ray Beloin shot his age with a score of 75 on the Links while enjoying his round of golf May 19. Lancoste Rivers had two eagles: the first on hole No. 10 on the Links May 20, and followed that with one on the Tortoise & Hare No. 9 while playing June 4.

On Top of the World Communities

Photo IDs

Customer Service, Friendship Commons,
Suite 200 • 8 a.m.-4 p.m. Monday-Friday



**Men's Golf
Association**
Paul Del Vacchio

Please, members, if you sign up to play at Candler Hills and our courses, when we play in October on event days, please show up. It may look like rain but please go to the golf course anyway. It may not be raining there and remember the team is counting on you being there. If you sign up, show up.

Just for your information, out of the \$5 fee for MGA at Candler, \$1 goes into the refreshment fund for On Top of the World MGA each week. Yes, we are getting chits when we play at Candler Hills. This is how I define playing at Candler Hills. I am playing an away golf course for the price of \$5. Tell me where you are going to get that deal! I think play at Candler Hills on Tuesday for \$5 is a good buy and the men from Candler Hills Men's Association are very friendly and fun to play with.

The Candler Hills MGA rule for not calling to cancel is: If you sign up and do not show up without calling the Pro Shop to say you have to cancel you cannot play the next two weeks. Please, everybody, keep this in mind!

WORDS OF WISDOM: "Golf is in the interest of good health and good manners. It promotes self-restraint and affords a chance to play the man and act the gentleman." President Taft
See you at Candler Hills.



**Handicap
Committee**
Patricia Del Vacchio

I thought it was pretty hot the day of our Flag Tournament, but then Paul would tell you I think every day is pretty hot. We did have beautiful skies and no storms. What more could we ask for. Two golfers, Ruth Border and Guy Russell, made the second green; Cindy Rosinski and Mike Drabicki finished in the second fairway and Dave Miller, Rocky Groomes and Chuck Doyle all finished on the first green.

The following all completed 18 holes: B. Ovrebø, T. Marta, H. Brower, B. Huegeli, J. Gill, J. Gill, G. Normandine, M. McAtee, B. Gustafson, T. Magri, D. Clark, C. Mattingly, R. Hoovler. Congratulations to all and a big round of applause to those making the turn and then some!

This is a little reminder to my husband and all those like him, who have a habit of writing in the scores before going to the next hole and cleaning and putting away a club before going to the next shot, please take note if there are people waiting behind you. Sometimes there is no one there or someone else in the foursome is taking a shot and you can do these things, but maybe not. Just remember to be courteous and kind.

The committee is looking for volunteers from the roster of independents. I am resigning this fall and someone needs to fill my spot. If any of you may be interested please give Paul or me a call (873-6215) and we will be glad to give you a general idea of what we do.

On Saturday, Aug. 2, we will have a Traditional Scramble; very easy and relatively fast for a hot August morning. Our hosts will be Joe and Cindy Rosinski. Rally at 8 a.m. and we will tee off at 8:30. Don't forget to sign up in the Pro Shop. See you at the flags.



**Candler Hills
Men's Golf**
Garry Gerlach

Well, summer is on. Someone forgot to remind the weatherman that all showers are supposed to be in the afternoon, after golf. We continue to have nearly 100 players at each event. What a great time and what a great way to make even more friends. Things are running pretty smooth.

Tuesdays are 8:30 a.m. shotgun starts. It is really important to be on time Tuesday mornings. Be ready to go at 8:00 a.m. So if you want to hit balls and putt, get there earlier.

We continue to battle slow play. Please keep your pace to a four-hour round. If you are falling behind the group in front of you, play ready golf. Try to play a little quicker. When on the green, putt out instead of marking your ball. When in the fairway, think about your next shot before you get to your ball.

The Member/Guest is scheduled for Oct. 9 through 11. The cost will be \$300 per team. There will be a boat ride on the Withlacoochee River for the spouses for \$11 per person. Remember there are also hole sponsorships available for \$100 and \$250. The \$100 level includes four rounds of golf (not including carts) and a sign for a hole. The \$250 level includes eight rounds of golf (not including carts), a sign for a hole, and an invitation for two to the Saturday evening dinner.

Members need to pay no later than Aug. 1. All guests must have a valid handicap that can be verified either through the GHIN system or from their home course.

If you are a player here at On Top of the World who would like to play as a guest or a CHMGA member that needs a guest, contact the Tournament Committee and they will work to accommodate you, if possible. Any questions on the Member/Guest can be directed to Bryant Giffin at bryantgiffin@yahoo.com.

For those players not playing regularly, you are missing a great time. So please consider joining us next year and come out and play. The idea is to have fun and enjoy the camaraderie.

If you are not receiving the weekly e-mail update, contact Garry Gerlach whose e-mail is bubba@otowhomes.com.
See you on the links.



**Candler Hills
Golf Club**
Sally Collins

Although many people are spending the hot summer days by the pool, the golfers at Candler Hills Golf Club are teeing off early to beat the heat. August promises to be another active month at the Candler Hills links.

The Candler Hills Golf Club will be closed for aeration from Monday, Aug. 4, through Thursday, Aug. 7. The Golf Shop will be open regular

Candler Hills Men's League Results Two Man Team • Stableford June 17

Flight A and B: 91—Garry Gerlach and Bill Anger; 84—Rick D'Addio and John Podkomorski and Dave Schultz and Norman Giannukos; 80—Dave Wassmer and Ken McDonald; 77—Bill Johnson and Rudy Normandine, Bruce Venslavsky and Tony Mysterly, and George Blankenship and Art Buecher; 76—Tom Smith and Dave Miller and Chris Jett and Tom Fragapane.

Flight C and D: 77—Jack Ashenfelter and Miguel Cruz; 75—Freddie Moody and Joe Rappa; 74—John Diaz and Norm Lallier, Bud May and Paul Kannapel, and Tom Racinowski and Cal Apperson; 72—Terry Bole and Bill Walker; 71—Mike Flynn and Bill Horton and Fred Jankowski and Lee Goss.

Four-Man Teams • One Best Ball June 24

51—Paul Del Vacchio, Bob Cronin, John Diaz, and Pena Armando; 53—Bruce Venslavsky, John Podkomorski, Tom Martinetto, and John Hodd and Dave Schultz, Ed Klodzen, Francis Caprez, and Jack Martin; 54—Art Buecher, John Menzies, Tom Marta, and Bob Selmon and Jack Gustafson, Bob Starrett, Freddie Moody, and Norm Lallier; 55—Rudy Normandine, David Miller, Barry Barringer, and Marc Schaffer and Bryant Giffin, Phil Johnson, John Doyle, and Ed Pozsony.

Four-Man Teams

Red, White, and Blue Scramble July 1

59—Bruce Venslavsky, Ron Thompson, Francis Caprez, and Harry Brower; 61—Dan Carty, Ray Hellman, George Deignan, and Marc Schaffer; 62—Paul Moltisanti, Tony Magri, Cal Apperson, and Stan Jarmel; Bryant Giffin, Ron Wilson, Lenny Pabon, and Pete Peterson; George Blankenship, Dick Masterson, and Bill Hawk; Jim Hewes, Leslie Finney, Freddie Moody, and Jerry Dean; 63—Art Buecher, John Menzies, and Steve Molnar; John Podkomorski, Mike Driver, and Dan Bellesontaine; Paul Del Vacchio, Paul Fratarangelo, Tary Bole, and Miguel Cruz; Raymond Beloin, Tom Fragapane, Larry Rourke, and Ed Pozsony.

Four-Man Teams

Stableford July 8

161—Tom Garrison, John Podkomorski, Art Frescura, and Armando Pena; 158—Bob Shively, Guy Russell, Bud May, and Harry Brower; 156—Bruce Venslavsky, John Menzies, Alan Mudie, and Norm Lallier; 150—Joe Alfano, Phil Johnson, Barry Barringer, and Edwin Vioria; 149—Marvin Williams, Ray Hellman, David Miller, and Jerry Segovis; 148—Paul Perrault, Bob Cowie, and Jack Ashenfelter; 147—Mike Buschur, Tim Beatty, and Pete Peterson.

hours during these days.

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The August "Just Us Girls" is scheduled for Wednesday, Aug. 20, in a 5 shotgun start. Make your own foursome or we'll pair you up. Be sure to register by Sunday, Aug. 17, at 5 p.m.

Golfers from Candler Hills Golf Club and On Top of the World Golf Club will have an opportunity to compete together in a 36-hole Labor Day weekend tournament. The first round will be played Saturday, Aug. 30, while On Top of the World will host the round on Monday, Sept. 1. Watch the Golf Shops for more details!

Several member feats to celebrate: Phyllis Gaddy eagled the 14th hole at Candler Hills when her 3 fairway metal second shot found the cup! Art McTeague celebrated his 80th birthday on July 8 — his present to himself was shooting a 77 that day at Candler Hills.

Way to go Phyllis and Art!

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Ladies 9-Hole Golf
Diane Dzik

Summer play continues in full swing and we are enjoying the camaraderie of the Candler Hills ladies. They have been a great help to our strategy in playing this lovely course. Just keep those sand wedges handy! A reminder to all that we tee off (shot gun) at 8:30 a.m. each Thursday morning. Sign-up deadline for weekly play is Tuesdays at 6 p.m. Because of the heat and humidity, keep yourselves well-hydrated. Wearing a cap or a hat not only helps prevent heat exhaustion, but also protects the scalp from UV rays. Nine-hole players are reminded that the sign-up sheet for the 2008-09 season is posted in the league lounge.

Some Points To Ponder: Don't move, talk or stand in line of sight when player is addressing or stroking ball. Be certain players in front are out of range. Don't loiter —play briskly without delay. We play ready golf. Be certain you are playing the correct ball. Tee your ball within and behind an imaginary line between the markers. Player furthest from pin, hits or putts first. If in doubt, ask another player for decision.

June 19
Low Net

Chip Ins: Diane Dzik, B.J. Leckbee.
Flight 1: 33—Darlene Clark, Shirley Stolly; 34—B.J. Leckbee; 36—Diane Dzik; 37—Grace Bock, Violet Sica.

Flight 2: 39—Donna Swiger; 40—Sandra Lundborn; 41—Sumiko Bridges, Helen DeGraw; 42—Donna Fey, Jeanette Messer.

June 26
Low Gross

Flight 1: 46—Donna Smith; 48—B.J. Leckbee; 50—Darlene Clark; 52—Millie Nucaso, Violet Sica, Jean Flynn.

Flight 2: 58—Cathleen Hathaway, Jeanette Messer; 60—Tina Hauer, Dorothy Wagner; 61—Carol Bell, Sumiko Bridges, Alice McDaniel.

July 3
Modified Scramble

Back 9: 37—Virginia Blanchard, Tina Hauer, B.J. Leckbee, June Tassinary; 42—Carol Bell, Mary Hart, Shirley Stolly.

Front 9: 40—Sumiko Bridges, Jean Flynn, Millie Nucaso, Evelyn Stewart; 41—Darlene Clark, Marlene Floeckher, Linda Heenan, Dorothy Wagner.

July 10
Low Net

Chip-ins: Sumiko Bridges, Donna Swiger, Betty Tully.

Flight 1: 36—Pauline Beloin, Grace Bock, Darlene Clark, Pam Carpenter, Betty Tully; 37—Millie Nucaso; 39—B.J. Leckbee.

Flight 2: 37—Heddy Racinowski; 39—Sumiko Bridges; 40—Donna Swiger, Evelyn Stewart, Alice McDaniel; 41—Cathleen Hathaway, Carol Venslavsky.



**On Top of the World/
Candler 18-Hole LGA**
Marilyn Rose

We have had a good month with our joint play. The weather Gods have been kind, and we have been able to finish play each week.

Before I begin, I want to thank Carol Clark, from the Candler LGA, who gives me all the info for the column. She keeps me informed each week as to who the winners are. Unfortunately neither Carol nor I have been on the winners' list, so we thought we would put our names out there so you will know who is keeping all of us informed.

Now for the results of the month of June, and the beginning of July:

June 12
Best Ball-Blind Draw

1st Flight: 55—Bev Ovrebo and Patty Ware; 57—Gretchen Normandin and Rose Marie O'Neil; Janet Juhlin and Nadine Hewes.

2nd Flight: 56—Maureen Brooks and Ruth Border; tie at 60—Harriet Brower and Gail Shultz; Margie Wade and Yoshiko Young.

June 19
Pick Your Best Nine

(From Carol: the Clairvoyant Winners are)
1st Flight, Front Nine: 29.5—Toni Stevenson; 30.5—Angelita Pena; 33—Janet Juhlin.

1st Flight, Back Nine: 37—Nadine Hewes; 37.5—Rose Marie O'Neil.

2nd Flight, Front Nine: 30.5—Barbara Masachi; 35.5—Velma Rose; tie at 36—Carolyn Cummings and Linda Buschur.

2nd Flight, Back Nine: 33.5—Maureen Brooks; 38.5—Kathy O'Leary.

June 26
Odd Holes • Half Handicap

1st Flight, gross total: Tie at 28—Nancy Zielinski, Sandy Chase; tie at 29—Nadine Hewes, Janet Juhlin.

2nd Flight, gross total: 25—Ruth Border; 26—Elsie Calabrese; 28—Gail Schultz; 30—Barbara Massaschi.

July 3
Flag Tournament

Ruth Border; Nancy Zielinski; Sandy Chase; Nadine Hewes; Linda Buschur; Toni Stevenson; Andrea Fratarangelo; Bonnie LeClerc; Rose Marie O'Neil; Velma Rose; Ilyong Dicus; Iro Lisinski; Jerry Gill; Joan D'Addio.

Congratulations to all of the winners from the past four weeks.

Schedule for August

- **AUG. 7:** Regular play, one winner
 - **AUG. 14:** BB Improve last week's score on all holes that you improve; one winner; balance of winners on combined score.
 - **AUG. 21:** Partners; blind draw; one BB of two partners.
 - **AUG. 28:** ABCD; one BB on par 4's and 5's; three BB on par 3's.
- See you on the course. Be sure you hit 'em long and straight.

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Bocce
Ray Shultz

As you read this month's column, I would like to say that the summer bocce sessions have been quite a popular event. I would like to personally thank Marilyn Cernecarl for overseeing the Monday morning and Ralph Sickler (Huggy) for the Wednesday morning sessions of open bocce. Thanks also to Bob Farineau and Bruce Roxborough for running the Thursday men's session and John Mataya for the Friday match play. As a result of their leadership and organizational skills we are having another great summer session. I have been at several sessions of summer bocce and found them to be well attended and a lot of fun. A special thanks to those who battled the hot temperatures to come out and play. Getting up early in the morning didn't seem to bother most players trying to beat the day's heat.

During July and August we will be contacting the league reps in an effort to put together a potential league roster and schedule. As was

Decals Issued: 8 a.m.-4 p.m., Customer Service, Friendship Commons, Suite 200. Bring your car, ID card, auto registration and pieces of old decal.

discussed at the members meeting in April we will have a 2008 fall schedule of league play similar to that of 2007, with the understanding that there may be an additional time slot(s) for open bocce. If you think you would like to form a new team of players contact Art Corden at 291-9441 for available time slots.

I would like to explain something that is very important. According to past practice, each league must have a league rep and also a total of 16 players, four each on four teams. If these criteria are not met then there is no league. There are a couple of time slots that leagues have fallen apart, so if these team captains can get together with their league rep and Art Corden maybe a league could be formed. Of course some peoples' schedules might have to change. Art can help out in this department as to what leagues are not complete and he also has a list of new people who would like to play during the fall, winter and spring leagues.

We have scheduled a board meeting for Aug. 4 at 3 p.m. in the Hibiscus Room at the Arbor Club. The purpose of this meeting is to touch base with league reps for roster information and possible schedule changes. Incidentally if any member has an issue or is just curious about the meeting, you are welcome to attend.

A reminder for the upcoming fall play: If any player can't make a scheduled match then he or she must get their own substitute and notify their team captain. League reps and team captains are not responsible for obtaining subs; individual players are the responsible party.

See all the board members at the next meeting and I hope to make the rounds of every league within the first couple of weeks of fall play to meet and greet you all and hopefully answer any questions that might arise. Until then, let's keep those bocce balls rolling.

Would you like to play bocce or think you would and would like to try it first? Give me a call or stop by at the bocce courts on Monday or Wednesday morning at 8:30 a.m. for open bocce. We are currently trying to recruit new members into the Bocce Club, so if you know of anyone who might be interested in joining us or would like more information please give me a call at 390-3728 or e-mail me at rshultz90@yahoo.com.

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Photo by Robert Riedeman

Newcomers to On Top of the World (and shuffleboard) Jim and Peggy Borro practice their strokes.



Shuffleboard
Robert Riedeman

The Shuffleboard Club's summer program has been dampened a bit this season by frequent rainstorms. However, the Monday-Tuesday-Thursday schedule at 9 a.m. is still in place. Play is open to all residents at this time whether club members or not — it is a good opportunity for newcomers to give the sport a try and perhaps join up for the regular winter season. Some players have been enjoying shuffleboard during the evenings as an escape from the daytime heat (yes, the courts are lighted). All

residents and their guests are welcome at these times as well.

Plans are being made for Rick Rosen of Oak Run to give a presentation of shuffleboard items that he offers for sale through the Allan Shuffleboard Company of Seminole (the largest shuffleboard purveyor in the U.S.)

Rick is their agent in this area. As of this writing plans are incomplete but we are thinking of an evening presentation on the courts or a morning one at one of the regularly scheduled play times. This will be a good opportunity for anyone interested in acquiring his or her own shuffleboard stick, for instance, to see what is available and at what cost. Stay tuned for more details.

For anyone interested in getting their hands on books dealing with shuffleboard, there is a problem of availability. A call to Barnes and Noble in Ocala revealed that they have no such thing in the store. However, they can order one titled "How To Win At Shuffleboard" by Paul McKenzie. Another large store reported that they have no shuffleboard titles and none available on special order. Perhaps the best bet in this regard would be to explore the used bookstores. My favorite is O'Brisky's in Micanopy.

Anyone seeking more information about the club may call president Vern Uzzell and/or secretary Lois Rider (854-8740), Frank Dubay (236-6638), or myself (861-1501).

Many thanks to member John Mataya for contributing ideas for this article. ☺

Softball
Bill Leon

Softball practice is back to On Top of the World. Come on down every Saturday from 8 a.m. until we get tired at the field behind the

Health & Recreation Building.

Get those stiff bones loosened and get your swing back as we meet new residents and move our tired legs.

The field still needs some work but we can at least practice on it until they finalize the runoff along first base. The field is much improved and we are all anxious to see the finalization of it so we can start playing some team games. ☺

Sherry's Mac Computer Tip

By SHERRY SURDAM

Have you ever wanted a list of the files in a given folder or window? It can be done using screen shots and the like but I found a neat little program (shareware) that does a great job for you. It's called "Print Window."

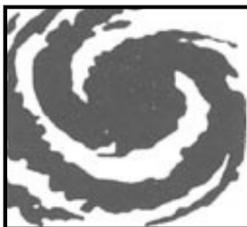
Print Window offers the ability to print a file listing directly from within the Finder. No need to take screen shots of windows or settling for text-only printouts of filenames only. Print Window provides the works: icons, file information, sorting and more! There are two versions, standard and advanced.

It's available for download and trial at <http://www.searchwaresolutions.com/>. The trial version will operate in advanced mode for 30 days at which time you must purchase it or lose the advanced features. The shareware cost is \$20 but it's on sale right now for \$15.



Are you prepared?

Ontopoftheworldinfo.com has a Hurricane Preparedness section with links to printable tracking maps, preparedness checklists and other handy information.



Father and Son Painting

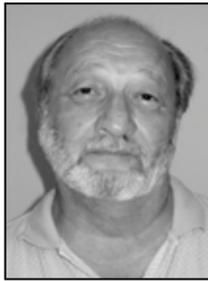
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Billiards
Richard Impressa

Your usual columnist, George Tookmanian, is still enjoying his vacation so your unusual columnist (me) will attempt to fill in again.

The July 7 meeting of the On Top of the World Billiard Club resulted in nominating the current officers to the board for 2009. The election will be held at our next meeting, scheduled for Monday, Oct. 6. Additional nominations, from club members, will be accepted right up until the vote is taken.

At this writing we have 142 members and wel-

come all residents to join, even if you don't currently play pool. The dues are \$5 per calendar year and are used to help maintain our equipment for all residents and their guests. Donations are also welcome. One of our long-time members, Jimmy Giles, donated \$100 to the club last month, so the next time you see Jim give him a big thank you. Just think how much less you would enjoy other activities, such as golf or tennis, if no one maintained the courses or courts. Our members pitch in and make sure the tables and balls are kept clean, the break sticks are re-tipped, and any facility problems are reported to On Top of the World maintenance promptly.

Even if you or your guests use the equipment only once a year the dues are less than you would spend for one hour at any poolroom in the area. We had the folks from Amusement Billiards come out and re-set all the rails and check the level of the Connelly tables they installed last year. Our three older tables were re-covered with Simonis 860 cloth. This is recognized as the best billiard tablecloth made and will add to the enjoyment of the game for our players. We are classified as a "commercial use" facility, meaning that our tables get plenty of playtime. This means that the cloth gets worn at a much faster rate than a table in your home would. Because of this we have to stay ahead of the game by recommending to On Top of the World management when the cloth will be ready for a change. Come on down and enjoy the equipment, continue practicing, and keep your tip dry. ☺

Stephanie's PC Computer Tip

By STEPHANIE ROHDE

Restore Points

Don't turn on your computer just to create a restore point; but if you do turn on your computer on any given day, get in the habit of creating a restore point at least once a day and always before making any changes to your system — when installing new software or hardware (like a printer) as examples. Restore points are snapshots of your computer system similar to a company's balance sheet on any given day. Theoretically if something goes awry, you or a computer tech can restore the computer back to a time before the problem occurred. Creating a restore point is not the same as restoring the computer to a restore point.

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Bowling
Paul Muncy

On Top of the World has two afternoon bowling leagues. Both bowl at the AMF lanes on 17th Street on Mondays and Thursdays. The leagues are handicap/mixed and offer not only fun but also an opportunity to socialize with friends and neighbors. There are now 38 teams in the two leagues and new bowlers and new teams are always welcome.

Business meetings for both leagues will be held a week prior to beginning the season. All bowlers returning and new are urged to attend. Directly after the meeting, AMF is offering bowling at \$1 per game.

The Monday Bowling League will meet on Sept. 8 at 2 p.m. The Western Stars League will meet on Aug. 28 at 2 p.m. If you have questions or are interested in bowling with either league, please call Paul at 291-0529. ☺



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4th of July Bang



Photos by Bob Woods

Residents play bingo during the July 4th event at the Health & Recreation Ballroom.

Residents Celebrate Independence Day

By Bob Woods
WORLD NEWS WRITER

It all started out on a quiet 4th of July Friday morning when a group of volunteers readied the Ballroom in the Health & Recreation Building for a picnic honoring our Independence Day. The festivities were enjoyed by some 375 people, including several games of bingo and a special chicken dinner.

During the day many door prizes were drawn and presented to those holding the winning raffle tickets. The prizes included jewelry, haircuts for both men and women, and gift certificates from many eateries up and down the 200 corridor. Not to mention some of the Ocala eateries on the other side of Interstate 75, as well as some pest control certificates.

Some top door prizes were also presented, including three \$100 gift certificates to Wal-Mart presented by the Fleet Reserve Association (FRA) Branch 186. In addition, there were two super top prizes which were two-night, three-day vacations to the Bahama House and the Aku Tiki Inn, both located in Daytona Beach.

The entertainment included Bob O'Neal and his daughter Kate who sang patriotic songs fitting for the occasion. Honors were given to each service branch where veterans displayed the military services flags, which were supplied by the FRA. The hit of the affair was when Hank and Edie Kolb symbolized the American Gothic.

Later in the afternoon starting at 4 p.m., entertainment began out at the Circle Square Commons where a six-hour program was scheduled.

Under threatening skies, the Brunettes entertained the crowd with oldie but goody type songs including a lot of patriotic songs dating back to the World War II era.

During this time police and fire department vehicles emerged on the scene for a demonstration. I noticed one little boy wanting to get into a SWAT vehicle and of course, the officer obliged the little guy. Inside the vehicle the youngster stuck his head and hands out from all the gun ports.

From the smile on his face one could tell this little guy was enraptured with the police vehicle.

Over at one of the fire vehicles on display, the fire fighters handed out plastic fire fighters hats to the kids who attended. Watching the goings-on around the police and fire department vehicles, I had a hard time distinguishing who was having more of a thrilling time, the kids, or those kids who had retired.

During the evening, a stilt-walker dressed as Uncle Sam entertained those in attendance. He performed all types of fancy movements while perched on his stilts; he even did some dancing and posed for pictures with young and old kids.

As the evening went on, the crowd grew to the maximum for the chairs at hand and it was announced after some more patriotic songs and the "Star-Spangled Banner" that there would be a flyover at 7 p.m.

As the Brunettes sang "America the Beautiful," four T-28 aircraft in formation flew low over the Commons, not just once but twice — the crowd's roars to almost drowned out the roars of the aircraft engines. During the second pass, one plane trailed smoke symbolizing a lost pilot. All stood for the flyover and clapped in appreciation.

During the entire evening at the Commons, the aroma of barbecue and hot dogs filled the air. The line at one of the concession vehicles was particularly long as people eagerly waited for their hot dogs. One lady mentioned to me as she took a large bite from her dog, "what's the Fourth of July without a hot dog."

The evening was a success for those attending. Dance music was provided by the Z Street Duo, who not only sang many songs but each played an instrument, adding to the favorable music.

In light of threatening clouds and an occasional bolt of lightning seen off in the distance, the weather was favorable with cooling breezes blowing over the commons as the sun went down, ending another 4th of July. ☺

July 4 Thank You

By Lolly Foos

Wow, what a great birthday celebration at the Health & Recreation Ballroom. Everything went so smoothly due to the support and cooperation from so many. The Committee members, Walt and Janet Becker, Jim and Kay Chandler, Gladys and Ernie LaDuke, Bob and Bev Woods and entertainment member Bob O'Neal put together a great program for the residents.

There are many to thank, with the first being On Top of the World management. Their support included subsidizing the event, marketing, administrative and maintenance. Thanks to Ken Colen, Lynette Vermillion, Jo Salyers, Lynn Stock, Debbie Clark, Theresa Fields, Gary Marzola's staff (especially Rene and Dru) and The Pub staff (Greg, Sonya, Donna and Terri).

Next to thank are the resident volunteers who did an outstanding job seeing that the residents had an enjoyable day: Walt and Janet Becker, Pat and Edie Blackwell, Jim and Kay Chandler, Wendell and Joanie Crist, Judy Dunn, Roy and Lolly Foos, Gerald and Charlotte Hancock, Ernie and Gladys LaDuke, Mort Meretsky (Bingo), Claudette Moher, Mary O'Neal, Gordy and Dodie Phillips, Herb and Pat Schroeder, Gene and Peggy Trousil, Joe Veres, Larry Wilver (Sound and Lights), and Bob and Bev Woods.

Entertainers coordinated by Bob O'Neal, Ron Broman, Peggy Campbell (pianist, all performances), Hank and Edie Kolb and guest singer from Orlando Kate O'Neal. Terrific performances.

Last to thank, but not least, are the businesses that were so kind to donate door prizes for our event. Grand prize drawings were donated, once again, by the Bahama House and Aku Tiki Inn in Daytona Beach Shores. Other significant donations were made by the Citrus Branch #186 of the Fleet Reserve Association, J & J Jewelers, A2Z Pest Control, Applebee's, Bella Luna, I Hop, Pizza Hut, Mimi's Cafe, Bonefish Grill, El Toreo, Vision's Salon, Friendship Barbers, B-Healthy, Mason Jar, Little Joey's, Scoops, Logan's, Lorenzo's and Artistic Flowers. ☺



ABOVE: Uncle Sam showed up at Circle Square Commons during more July 4th activities later in the day.

TOP, RIGHT: Hank and Edie Kolb symbolize the American Gothic, and residents enjoy the celebration.

RIGHT: Four T-28 aircraft fly in formation low over the Commons twice.



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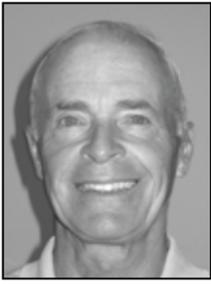
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Favorite Recipes Dinner Club Luke Mullen

The month of June ushered in the beginning of our fourth year! This month we had 22 diners attending three dinners on June 19.

Hosting our first dinner were Kathy and Luke Mullen. The evening started with appetizers made by Mary and Bob O'Neal. The first was herb-deviled eggs with sour cream and lemon. The second was a smoked salmon, chive cream cheese, sweet onion and green olive mixture on rosemary, sesame toast. Kathy and Luke then served a delicious Greek salad with breads and dipping oil selections. The entree was then served, sliced pork tenderloin seasoned with sage cooked with shallots in Madeira. The side dish was a zucchini, onion and herb mixture. Sylvia Andrews and Oliver Aube brought a great long grain and wild rice dish. Maureen and Dan Corr made dessert, a fruit pizza. The crust was made of sugar cookies baked on a round pizza pan covered with mix of cream cheese, sugar and milk. This was topped

with fresh fruit arranged in circle and covered with a glaze of diluted jam.

Gitte and Paul Agarwal hosted our second dinner. Jean and Joe Breslin brought three hors d'oeuvres. They were asparagus rolled in bread with cream and Gorgonzola cheese, liver pâté with bacon and pecans and shrimp cups. These appetizers were followed by a marvelous salad brought by Joan Sigafoos and Richard Miles. It was a summer salad consisting of mixed baby greens, feta, strawberries, English cucumbers and apples mixed with a fruity vinaigrette dressing. After the salad, Gitte and Paul served the main meal, a delicious baked ham with a succotash consisting of carrots, corn, broccoli, red pepper and lima beans, sautéed in butter. Accompanying the meal was curried couscous with walnuts and raisins. Pat and Bob Riederman brought the dessert. It was white chocolate mousse with fresh strawberries, blueberries and raspberries. This was served with a red wine chocolate cake. All participants had a great evening.

Sue and Howard Bourland hosted our third dinner. Debbie and Dan Partin prepared the hors d'oeuvres. The first was brie covered in apricot jam and sliced almonds, baked and served on crackers. The second was eggrolls glazed with sweet and sour sauce, served hot. Following the appetizers, Kathi Lang served a green dinner salad. It consisted of hearts of romaine mixed with sliced almonds, orange wedges, black olives and topped with red onions rings and dressed with Italian vinaigrette.

Sue and Howard then served the main meal, ham with sweet onion sauce with a macaroni and cheese dish. The other side dish served was green beans sautéed with roasted almonds. After this great meal, Sue and Howard then served strawberry cheesecake pie that was scrumptious. Tish Dertien also attended the dinner. Everyone enjoyed the entertaining night.

If you enjoy cooking and entertaining people in your home, consider calling Luke at 304-8104 for membership information. ☺



Anything But Bland Executive Chef Dave Bland

with specific foods. I will also go over the basics of grape varietals and discuss their bouquet and flavor profiles. This will take place in the Circle Square Cultural Center on Monday, Aug. 4, at 3 p.m. at the Cultural Center.

You must register in advance by calling 854-3699 or register online at www.masterthepossibilities.com.

On Sept. 8, I will be giving a class outlining pasta techniques. I was trained in this authentic Italian tradition in Chicago at the five-star restaurant, Spiaggia. I will create several traditional pasta dishes that will become a favorite for any occasion. It has been requested that I add wine parings to all of my classes so you can expect that for future classes. Again, you must register in advance.

In addition to the Culinary Series I will be adding a class called "Cooking for One or Two" to the lineup. For this class I have requested the help of my colleague Greg Beal. He will be assisting me in teaching this class that is geared toward cooking creative, exciting everyday dishes for a couple or for yourself. These new classes will be coming up in November.

At Candler restaurant the summer Wednesday night cookout is all the rage. The cookout is from 4 until 8 p.m. every Wednesday night and offers an exciting array of grilled steaks, ribs and chicken along with all the necessary sides at the unbelievable price of only \$11.95. Look out for future feature nights such as Pasta Night coming soon. ☺

Culinary Series and more

Summer is in full swing and there are a lot of things to look forward to that will keep the "Foodies" excited.

At the Master of Possibilities I will be doing my second annual class entitled "Pairing Wine with Food." This will allow attendees to sample some exciting wines that I would recommend



Stitch Witch Quilters Ann Weldishofer

Even though summer has arrived, we continue to meet every Tuesday in the Arts Building.

On the last two Tuesdays in June several members participated in a workshop using half-square triangles. The same kind of squares, combined in two different ways, resulted in completely different patterns. It is so rewarding for our members to learn new designs and techniques from our fellow quilters!

During August we will repeat instructions for favorite patterns that we have done in the past. New members are welcome to join us for these workshops. Maybe a class or two with us will provide you with some ideas for your own use.

Many of our members continue to work on projects that will be offered for sale at the Arts and Craft Fair in mid-October. We will feature a large variety of child-sized quilts, table runners, placemats, fabric baskets and more. The proceeds from our sales will provide us with the funds to purchase supplies for quilts that our members make and donate to children in crisis.

There are several organizations in our community, which are child advocacy groups. These are the organizations that receive and distribute our quilts to children in need of comfort. Thus comes the reference to "comfort quilts." We never have contact with any of those children, but we are told that our gifts bring pleasure and joy to the recipients. That is all we need to know. This knowledge inspires us to continue our efforts and hopefully provide a small measure of happiness to a child in distress.

We welcome new members any time of year. If you wish to check us out, feel free to stop by any Tuesday between 9:30 a.m. and 2:30 p.m. in the Art Room. Someone is always willing to chat with other residents who have an interest in quilting.

If anyone wishes to donate cotton quilt fabric to our club, we would readily accept those donations. In the past we have had some very generous contributors and have used those fabrics solely for the benefit of children in need. ☺



Next Publication Date:
September issue, Aug. 28



Dish & That Recipes Jean Breslin

Because they resist browning, Braeburn and Fuji apples are best for this recipe. To prevent other varieties from browning, simple toss slices with a little fresh lemon juice.

Apple Walnut Salad With Maple Vinaigrette

1/2 cup chopped walnuts
6 cups mixed salad greens
2 apples, peeled, cored and cut into matchsticks
2 tablespoons cider vinegar
2 tablespoons maple syrup
1 tablespoon walnut oil; if you don't have walnut, use canola oil
2 teaspoons mustard

Place mixed greens and apples in a large bowl. In a small bowl, whisk together vinegar, maple syrup, oil and mustard. Drizzle over salad and toss gently to coat. Divide salad among six to eight plates. Sprinkle each serving with walnuts and serve.

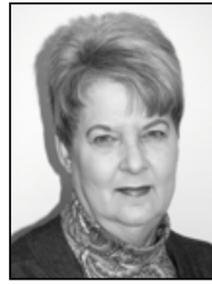
My husband Joe and I were at a party at Gail LaRue's home recently. Gail is the Queen Mother of the Divine Diva's Red Hat Club, and she served this scrumptious Pineapple Casserole. It would be wonderful with ham or pork. Just try it and see for yourself.

Baked Pineapple Casserole Serves 6

1 20-ounce can pineapple chunks in juice
1/2 cup sugar
3 tablespoons all-purpose flour
1 cup shredded cheddar cheese
1/2 cup butter or margarine, melted
1 stack Ritz crackers, crushed
Drain pineapple; save 3 tablespoons of the juice. Combine sugar and flour; add cheese, pineapple and 3 tablespoons pineapple juice. Mix well. Put it in a greased 8 by 8 inch baking dish.

Mix crushed Ritz crackers and the melted butter together; sprinkle over pineapple mixture.

Bake for 30 minutes at 350 degrees or until browned. ☺



Concert Chorus Joanie Bolling

Extra, extra, read all about it! Our Summer Concert Chorus will present "A Bit of Broadway" on Sunday, Sept. 7, at 3 p.m. in the Health & Recreation Ballroom. The concert will feature many of your favorite and familiar Broadway tunes. In addition, there will be solos, duets and ensembles.

We urge you to come early for a seat, as there was standing-room only at the previous concert. There will be no admission charge.

Please mark your calendar for Sept. 7 at 3 p.m. in the H&R Ballroom for an afternoon of beautiful music at On Top of the World.

And Joanie says: I'll be "Bach" next month! ☺

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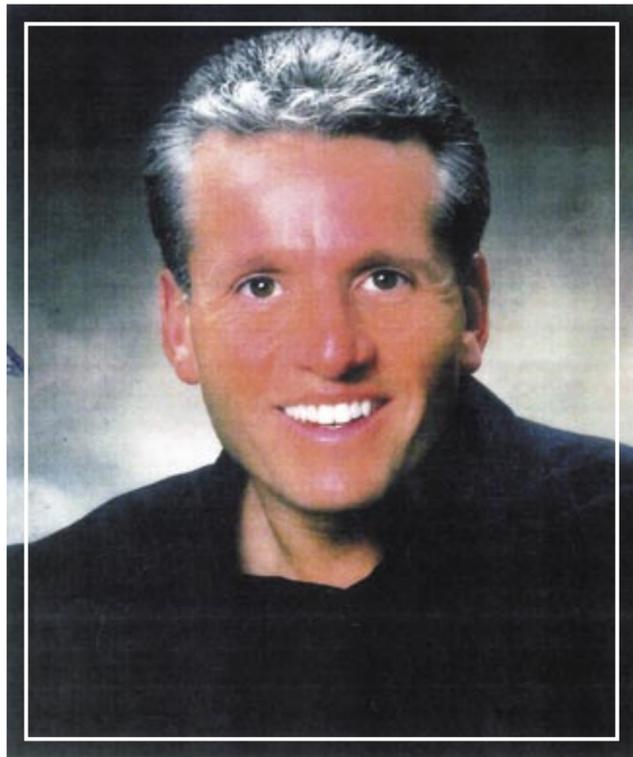
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Brian Roman opens the Entertainment Group's 2007-08 season on Sept. 27. Tickets go on sale beginning Monday, Sept. 1.

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Comedian/magician Bev Bergeron opens the Sept. 27 Entertainment Group show.

Entertainment Group Begins 2007-08 Season with Vocalist, Magician

Canada's favorite male vocalist, Brian Roman, opens the Entertainment Group series at 7:30 p.m. on Saturday, Sept. 27, in the Health & Recreation Ballroom.

Over the last 20 years, Toronto native Brian has attracted loyal and enthusiastic audiences that follow him wherever he performs.

This spring Brian completed a tour of Great Britain and will kick off his United States tour right here at On Top of the World.

Brian is the complete package with just the right style, sincere stage presence and a voice that does justice to Elvis, Frank Sinatra and Tom Jones standards.

Opening the show is comedian/magician Bev Bergeron, who brings his "Magical Laughter Comedy for Everyone" show.

Bev brings perfectly timed comedy patter, funny moments and great rapport with the audience with his sight gags and comedy magic routines. For 16 years he was the star in Disney's Diamond Horseshow Revue. In fact, when he takes the stage with his bag of funnies, some say he is in the mode of Benny Hill!

Tickets go on sale Monday, Sept. 1 (Labor Day), 8:30 to 10 a.m. in the H&R Ballroom and Monday, Wednesday and Friday thereafter.

Ticket prices are \$6 general, \$8 reserved, with the usual limit of four tickets per purchase. And, of course, tickets are for all of the On Top of the World Communities residents and their house-guests.

Be sure to check the Entertainment Group's showcase in the lobby of the H&R Ballroom for all the shows in the 2008-09 series.

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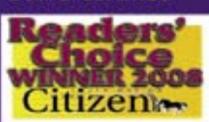
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Photo by Bill Shampine

Detail of the bas-relief carvings on the side of a stairway inside a government building located in Persepolis, the Capital of ancient Persia



World Traveler
Bill Shampine

Let's go to Iran this month. Faye and I had the good fortune to visit Iran in 1977, just a few months before the start of the Iranian Revolution and the ultimate overthrow of the Shah. Frankly, it is not a very nice spot for American tourists to visit these days, but it is an interesting country. Although Iran is in the news a lot these days, it is a complete mystery to most of us. Because of its importance on the world scene today I have decided to modify my approach to this article. Instead of my usual touristy chitchat, I am going to try to explain why so many Iranians hate Americans, and how we got into our current political mess (relative to Iran). My space limitations, however, are going to force me to make this article a two-part epic. I hope you don't mind this one-time shift in focus.

Iran is a Middle Eastern country located north of the Persian Gulf and south of the Caspian Sea, although Iranians are not Arabs. It is slightly larger than Alaska, and borders Iraq, Turkey, Azerbaijan, Turkmenistan, Armenia, Afghanistan and Pakistan. It has a population of about 71 million, almost eight million of which live in Tehran, the capital city. The landscape is mostly massive mountains, up to 18,603 feet, or severe deserts caused by the mountains. Only nine percent of the land is arable and potentially suitable for agriculture. Iran is rich in energy resources, however, ranking second in the world in natural gas reserves and third in oil reserves.

Historically the region was known as Persia with settlements dating back to 4,000 BC. Some of the more famous rulers of Persia over the centuries include: Cyrus the Great, Darius the great, Alexander the Great, and Genghis Khan in 1218. Interestingly, the Persians were never part of the great Roman Empire as the Romans were never



Photo by Bill Shampine

Columns and statuary in a government building's meeting hall located in Persepolis, the Capital of ancient Persia.

able to defeat them. When Genghis Khan came, however, he absolutely devastated the region. Under his rule a policy of mass exterminations combined with famine caused the regional population to drop from 2,500,000 to 250,000! Persia first became a Shi'a Islamic state in the early 16th century. The authority and power of the Islamic clerics have waxed and waned over the centuries, but has never gone away completely. Today, of course, it is in one of its periods of ascendancy.

Not surprisingly, oil has had (is having) a major impact on the region. A concession for oil exploration was given to the British in 1901, and commercial quantities of oil were found in 1908. It seems that the early concession agreement might have been a tad biased in favor of the British. At least in the 1920's the Persians began to recognize what they considered to be gross fiscal inequities and began pushing to get a better deal (strike one against the Home (Western) team). About this same time (1921) a coup brought Reza Shah Pahlavi to power. The Shah was a good ruler, well liked, and did much to modernize Persia. Among other reforms, the Shah officially changed the name of the country

in 1935 from "Persia" to "Iran," which is the way "Persia" is pronounced in Farsi, the language of the country. World War II led to Anglo-Russian occupation of Iran in 1941 (think oil here) and Reza Shah Pahlavi was forced to abdicate in favor of his son, Mohammed. As the new Shah, Mohammed led a very westernized lifestyle, and most Iranians were not happy with the forced change or with the new, pro-Western Shah (strikes two and three against the home team).

Because the Shah lacked general approval of the populace, Dr. Mohammed Mossadegh was elected Prime Minister in 1951 and effectively became the ruler of Iran. His major action as Prime Minister was to nationalize Iran's oil reserves, an action that made him enormously popular. Britain was not very pleased, but in the post war years was not able to do much about it. Instead, they convinced President Eisenhower to join in a plot to depose Dr. Mossadegh; and Operation Ajax was born!

Next month, a CIA-sponsored coup, the impact of that event, and personal anecdotes! ☺



The Happy Hookers
Carole Toye

Here it is August already with more than half the year gone by.

Our ladies are busy. Several of the ladies are working on Christmas items/gifts; Linda Lohr is embroidering Christmas placemats someone had started and then gave to her to finish; Maureen Wolfe finished her covered hangers she is making for gifts and now is becoming a pro making the sachets to be attached to them. Fannie Baldacchini is making plastic Christmas stockings as money holders, a great idea! I myself have ordered several items to be embroidered as Christmas gifts.

Kay Kazen is working on a counted cross-stitch eagle. Rita Kennedy's granddaughter gave it to her and Rita passed it along to Kay. Kay does beautiful work no matter what craft she does.

Rosalie Grubowski is working on an afghan, Carol Lopez and I are doing embroidery, Jackie Palotta is making a baby sweater and Therese Bell's baby sweater is coming along. She said it might be finished before the baby goes to college!

As you can see, we are a diverse group. We meet every Monday afternoon at 2 p.m. in the Ceramic Room and every other month we go out for lunch; no decision has been made yet on August's restaurant. Come check us out, no formalities, just friendly ladies.

Hope to see you. ☺

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Sunday Worship 10:30 a.m.
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Line Dancing
Sherry Ashenfelter

What are Monterey Mama, Cruisin', Rio, Enchantment, Quando When Quando, Coastin', Rockin', Ooo Poo Pah Doo, Over The Rainbow, and Simplemte? These are dances being reviewed by Intermediate students who want to participate in open dancing in the upcoming dance year.

Level Two students are practicing Picnic Polka, Hip Hip - Old Hippy, All Together Now, Rock Around The Clock, Dream On, You Are No Angel, Simply Rock, TGIF, Above and Beyond, and Hot N' Easy. Open dancing is a segment of classtime devoted to returning students who have memorized dances from the previous year and can perform those dances without instruction.

The 2008-09 line dance year will begin with a meeting for newcomers on Saturday, Sept. 6, at 4:30 p.m. in the Health & Recreation Ballroom. Classes resume on Monday, Sept. 8. Three levels of instruction are available. It is important to attend the class that best meets your level of interest and current skill level.

Travel Toppers has planned a Jan. 3 excursion to the UCWDC world's dance event in Orlando. At this exciting event, we will have the opportunity to watch champion dancers (both couples and line), attend workshops, shop at the vendor booths, and dance alongside young and not so young dancers from all over the world.

For information about the Orlando event or the Monday line dance classes, phone 873-9440. ☎



Ballet Club
Eugenie Martin

Good posture is a constant concern of all ballet dancers. We are reminded over and over to pull up, tuck in, lower our shoulders, imagine ourselves held up by a string attached to our heads — it goes on and on. And we must do all this while recalling and executing sometimes complicated routines as gracefully and beautifully as possible. However, we do our best, because we know that good posture is vital to our dancing.

Singing with the On Top of the World Summer Chorus, I have observed that the posture necessary for dancing ballet is quite similar to that required for choral singing.

The truth is that good posture is important to all of us, especially as we get older. It is all too easy to slouch — sending our heads forward, pushing our abdomens out and shortening our spines. I sometimes find myself doing just that, particularly early in the morning when I don't want to be awake. I have to remind myself that I must walk like a ballerina, with head proudly aloft, abdomen flat (or as flat as I can make it), shoulders down and hips tucked under me. But you don't have to be a ballet dancer to have good posture. We should all try to have it.

The On Top of the World Summer Chorus, directed by Jean Monroe, will be performing at a free concert in the Ballroom of the Health & Recreation Building on Sunday, Sept. 7, at 3 p.m. All residents are welcome. We will be singing great Broadway tunes and standing with beautiful posture.

The Ballet Club now is offering three classes each week. To augment our Tuesday and Thursday classes 1 to 2 p.m., we are doing an evening class on Mondays 6:45 to 7:45 p.m. All classes are held in the Arbor Club exercise studio adjacent to the indoor swimming pool.

For information, please call me at 865-8589. Happy dancing! ☎



Karaoke Friends
Vivian Brown

Charlie is doing so well with the love ballads, and I see he and his wife holding hands. I wonder, could he really be in love with his wife Kathy? Kathy sang the song "Personality" and the whole group joined in. It was super.

Donny gave us his rendition of "My Way" and does it better than Frankie. Dick sang "Three Little Fishes" as they swam and they swam all over that dam. It was the Boom Boom Diddy Daddy Wana Chu that got us joining him in the fun. Jean and all the girls sang "Elvira," an old favorite. I shot up the place, as I sang "You Can't Get a Man with a Gun."

Everyone is welcome to join us. Singing is so good for you and there are no dues or fees. We all are the entertainment! If you like to sing and enjoy good company please give us a try. We meet the first and third Monday of the month and the second Thursday of the month in Suites E and F of the Arbor Conference Center from 6:30 to 9:30 p.m., and the fourth Tuesday at Candler Hills from 7 to 10 p.m.

Till next time, stay happy and keep on singing. ☎

Embroidery Chicks
Jan Johnson

Embroidery Chicks is well over one year old, as of May 2008. Since we are a small group, we feel free to add our two cents worth to whatever antics and ventures are going on. We have a group lunch and this is another occasion to discuss our embroideries and the world. We share health issues, trips and frustrations. We love it!

Butterflies and dragonflies were the embroidery-featured items at our last meeting. We had scraps of organza to use as an appliqué material on our background fabric. The organza was to be laid over the wing area of the bug and then a design was embroidered over the organza. The effect of the organza was to show up the wings as shimmery, delicate, gauzy things. They were gorgeous! There is always someone struggling with machine or "operator error," our euphemism for "what the heck is going on?" The knotted threads may create a ball of stuff under the needle plate and the fabric cannot go anywhere. A big mess! The scissors and seam rippers come out to solve the problem.

For the 4th of July, no class! I think we all enjoyed the holiday. In our next class we will begin to make an embroidered cell phone holder. The holder has a "J" pocket front, which will have the embroidery and then a backing fabric is added to create the pocket. The holder will have a key ring attached so that the holder can be hooked onto a belt or purse strap. A cute item that is also useful.

Ladies, come join us! We help each other out with everything and welcome beginning embroiderers. We were all once there. We meet the first and fourth Fridays of each month at the Arbor Club Conference Center, Suites B and C, from about 9:30 a.m. until sometime after lunch, depending on the project of the day. Call Theresa at 291-7570 if you have questions. ☎

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Mah Jongg
Mary Ehle



**Rubber Stamping
Greeting Cards**
Margaret Hanrahan

There is not much news this month. Remember the fall tournament is Oct. 4. We have about a dozen seats left. Don't be left out. Jokers to you. ☎

Iris folding: it looks and sounds confusing but once you begin, it is quite easy and goes quickly.

This is our second time using this technique and Shirley Kilpatrick showed us how to create a delicious strawberry flavored ice cream cone using folded specialty papers along with material folding. The ice cream swirled around and around until it reached the center (the Iris) giving lots of dimension to the cone. The inside of the card had children holding colorful balloons surrounding a birthday greeting.

The second card was totally different. This one had a musical theme. Shirley showed us how to incorporate musical background paper with a violin/guitar overlay. French knots stretched and held the strings in place giving the instrument dimension and texture.

Come join us. We meet to encourage, inspire and assist one another. Our first group is full but we have space in the third Thursday of each month at 1 p.m. in Suite D of the Arbor Conference Center. If you have questions or want to join us, please call Margaret at 732-3282. ☎

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Porcelain painting artist Mary Kehrer displays an appetizer serving platter with her hand-painted china tile. Beside her is Wood Shop member Luke Mullen.

Artist, Woodworker Create Custom-Made Lazy Susan

By LUKE MULLEN

On Top of the World artist Mary Kehrer recently completed painting a 10-inch round porcelain china tile chef's image created for Wood Shop member Luke Mullen.

Mary took an idea about the lazy Susan platter and hand-painted the image on the porcelain china piece. This particular piece was painted with a process developed more than two centuries ago. Mary painted the design several times, each painting followed by exposure to heat more

than 1,300 degrees Fahrenheit.

When the plate was completed it was assembled and secured into the center of a 21-inch diameter red oak lazy Susan platter made by Luke Mullen at the On Top of the World Wood Shop. The china tile was inserted into the previously made cutout and secured in place using liquid nails adhesive material.

To find out more information about porcelain painting and other examples of her work, please contact Mary Kehrer, past president of the Tallahassee Porcelain Arts Guild, at 861-7520.

Please Continue to Obey Stop Signs, Speed Limit

By BOB WOODS
WORLD NEWS WRITER

First of all I would like to thank all those folks who stopped me at the Circle Square Commons over the 4th of July weekend and those who also have called me at home stating their enjoyment as well at their concerns over the article in the July issue of the *World News* concerning stop signs.

As some of you probably have noticed, some of the stop signs are being replaced with newer bright ones and that at one place of contention where some folks paid no attention to has the right away and that is at the roundabout on Southwest 85th Terrace at the intersection with Southwest 96th Lane. It seems some folks departing the transfer station and the post office boxes just zoom up Southwest 96th Lane disregarding those on Southwest 85th Terrace who have the right-of-way.

Those intersecting roads at the roundabout

all have stop signs regardless of which direction traveling. Remember, the law states you must come to a complete stop at all stop signs. When two or more vehicles stop at the same time, the vehicle to the right has the right-of-way.

Getting back to all those folks who have stated their delight over the past article, I did notice that the only calls I received were from folks who presumably obey the signs and posted speed limit. Just so happened, the first Monday after the Independence Day weekend, I was traveling home from the front gate and was passed by three cars. My speed I kept at 30 mph just to see how many, if any, vehicles would pass me.

All three vehicles, I noticed, turned left off of Southwest 99th Street onto Southwest 94th heading toward the Arbor Club. I guess they didn't read the article on the speed limit, or perhaps they don't care how fast they are traveling.

Please, please! Obey the traffic signs and posted speed limits. Drive carefully and defensively.

New Neighborhood Earns Water Star Certification

On Top of the World Communities, Inc., leads the way in water conservation with its recent certification from Water Star, a new home certification program similar to the federal Energy Star program.

Renaissance Park, a neighborhood within On Top of the World Communities, exceeds the program standards in promoting water efficiency in household appliances, plumbing fixtures, irrigation systems and landscapes.

"The whole premise is to reduce overall water usage," said Phillip Hisey, landscape director for On Top of the World.

The Water Star program encourages the use of water saving technology and plant material,

Hisey said. New homes are sodded with Empire Zoysia, a drought-tolerant grass, in the front yard and Bahia in the back. New homes use drip irrigation and pressure regulated irrigation heads in the lawns.

While Water Star has not been implemented within the Southwest Florida Water Management District, On Top of the World Communities are ready whenever the district adopts the program.

"We're setting the trends for SFWMD," Hisey said. "We've exceeded all of their expectations."

On Top of the World followed the Water Star certification program currently being used by the St. Johns River Water Management District (which is east of Interstate 75).



Peace

By MARY CULBERSON

Come to lovely park of Sholom
It's like being in a beautiful home
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It will calm and soothe your mind.

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And life is hard to bear
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Photo by Bob Woods

The Southernmost Point in the Continental United States is a popular spot for tourists to take photos in Key West.

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Key West Offers Carnival Atmosphere Every Night

By BOB WOODS
WORLD NEWS WRITER

Every night has a festive carnival atmosphere at Mallory Square in this city as street vendors, entertainers and performers celebrate the setting sun. That's right ... the setting sun. Not only is this an every evening affair but it is also attended by this city's most notorious citizens, wild chickens. The beautiful sunsets here in Key West are an every night ritual that create an excuse for residents and visitors to start partying.

All roads in the Conch Republic, so the residents like to refer to their city, lead to Mallory Square. The square is located on the western portion of the island where most of the action takes place. Museums and attractions are also located here and the square is where the cruise ships tie up.

Every day my wife, Bev, and I spent in Key West at least one cruise ship made Key West a port destination and one day two ships appeared at Mallory Square. Tourism is the No. 1 money maker for this city. The second is the Navy. The lifestyle on this tropical island is really laid back and everything is at a slow pace. Tourism has not always been Key West's No. 1 industry. Back in the middle to late 1800s the biggest industry was salvage operations. It was called the wreckers' capital of the world back then. Huge towers were placed around the island to observe shipping in the area.

At least once a week someone would yell from a tower "wreck ashore" and the community became a beehive. One has to remember, the only way to reach Key West back in those days was by boat. The railroad reached the island back in 1912.

All able bodied men, women and kids would scramble to their boats and head for the wreck. The first boat reaching the scene would be in charge of getting the best and most of the booty. It has been said "wreckers" would put up false lights guiding ships to their doom crashing on-shore or onto reefs. In the 1889 Key West became the richest city in the United States per capita and during the Great Depression became the poorest. This is when the government stepped in creating the beginning of the tourist trade in Key West.

There is much to do and see in Key West, everything from water sports that include scuba diving and snorkeling on reefs and wrecks to shallow and deep water sport fishing.

In the city there are many museums depicting the earlier life of those inhabitants of Key West. Among the interesting spots not to be missed during a visit here is the Truman White House. This is where President Truman would escape for periods relaxing in the Keys. The house is located on a portion of a naval base that has since been sold to private company turning the area into an elaborate residential section of Key West. Most of all the present day presidents have vacationed or had meetings here.

Another historic home on the Island is the Ernest Hemingway home and now a museum.

This place is fantastic learning experience about many aspects of the historic author. The house still has many cats, some of which have six or more toes. I was told there are approximately 60 cats on the estate. One cat makes his permanent hang out on Hemingway's bed, staying there all day with slight interruptions as the cat seeks food, water and the litter box...

A few blocks from Hemingway's house is his favorite watering hole called Sloppy Joe's. Inside this establishment are all kinds of pictures and paraphernalia of Hemingway. The author was known for his drinking and partying ability. This is where the annual Hemingway look-a-like contest is held and photographs of those winners hang on the wall.

The house Hemingway purchased and completely remodeled is located across the street from the island's lighthouse. Rumors have it on the island the reason Hemingway chose that island house was that after a night of drinking and partying he could find his way home by following the beacon. The lighthouse is directly across the street from his home and the best view of this light today is from the second story balcony.

Before Henry Flagler completed his "eighth wonder of the world" by completing his railroad project bringing tourists and cheaper means of transportation of goods to the island the island of Key West was half its size. After a disastrous hurricane in 1938 the railroad was the only means of land transportation to the island. In fact, outside a rebuilt replica of Flagler's Key West Station, a bill states you can board the train in New York City and depart in Havana, Cuba. Of course, this was after the passengers cars were ferried the 90 miles by boat from Key West to Havana.

After the hurricanes the Navy arrived in full force and dredging operations were started. All the dredging materials were dumped on one side of the island making the land mass of Key West grow. The island is divided in two by a road and the original portion being called Old Town and of course New Town the other. All the houses in Old Town have tin roofs, and ordinance passed after a disastrous fire just about wiped out a huge section of town.

The Navy has made it presence in Key West since 1823 when it was ordered there to rid this area of pirates. The Navy stayed in Key West.

Visiting Key West and taking in all there is to do plus visiting all the historic sites and attractions would take many, many days. One stop that is a must is the marker stating you are now at the "Southern Most Point in Continental United States." You are 90 miles from Cuba. It's a great place to take pictures; in fact, I would state that this location is properly the most photographed spot in Key West.

Duval Street, where most of Key West's businesses are located, is called by the locals as "the longest street in the United States." It runs from the Atlantic Ocean in the East to the Gulf of Mexico in the West.

There are plenty of restaurants in Key West; some are famous locations while others are not. You will find a lot of the chain eateries along with popular named hotels and motels.

I strongly recommend the wearing of good walking or hiking shoes. There is a lot of walking as public parking is hard to find and when you find a convenient parking spot near the attractions you desire or at Mallory Square, they cost \$3 an hour.

There are some 800 islands making up the Florida Keys. Reaching Key West is a fantastic scenic drive totaling 126 miles from the Florida mainland crossing 100 islands and 42 bridges. At times traffic can be slow as U.S. 1, which for the most part is a two-lane road. It is a drive you will never forget. It's simply beautiful. There are all types of places to stop along the way at other keys, not on the road. Usually there is a pull off before and after each bridge. One bridge is seven miles long and alongside the Route 1 Bridge is the old bridge sitting on top of the original pilings used by Flagler's railroad. If you do stop to look at the old bridges please note the guard rails. The original guard rail installed was made out of Flagler's railroad tracks.

Getting to this famous section of Route 1 is simple. Take any interstate or road to the Miami area picking up either Interstate 95 or the Florida Turnpike to Homestead which is located south of Miami and you will automatically run into U.S. 1. By the way, Route 1 runs from Fort Kent, Maine, on the northern Maine /Canadian border to Key West, around 2,000 miles of zigzagging road meandering the Atlantic Coast through just about every coastal community.

Key West is a fun place to visit. Take your time, "you are on vacation." ☺

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M.H.

Card Clubs & Games



Monday Night Bridge

Ginnie Barrett & Myra Butler

June 16

1: Flo Penn; 2: Joan Sigafoos; 3: Dick Mansfield; 4: Helen DeGraw; cons. Gail Tirpak.

June 23

1: Ray Dietz; 2: Paul Agarwal; 3: Jim Mahoney; cons. Helen DeGraw.

June 30

1: Gail Tirpak; 2: Eleanor Giardina; 3: Jim Mahoney; cons. Joan Sigafoos.

July 7

1: Gail Tirpak; 2: Eleanor Giardina; 3: Marion Turbin; cons. Peggy Barro.

Tuesday Afternoon Bridge

Agnes LaSala

June 3

1: Shirley Wolcott, Marion Wade; 2: Betty Morris, Laura Jean Teyral; 3: Alice McDaniel, Marie Dare.

June 10

1: Mazie Millward, Ray Dietz; 2: Marie Dare, Alice McDaniel; 3: Edith and Bill Hunter.

June 17

1: Shirley Stolly, Betty Morris; 2: Marie Dare, Alice McDaniel; 3: Mazie Millward, Ray Dietz.

June 23

1: Ray Dietz, Mazie Millward; 2: Agnes LaSala, Carl Woodbury; 3: Betty Morris, Shirley Stolly.

June 30

1: Betty Morris, Shirley Stolly; 2: Ray Dietz, Mazie Millward; 3: Alice McDaniel, Joe Zwick.

Tuesday Night Duplicate

Margorie Benton

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 861-5700.

June 17

1: Helen Eshbach and Liz Milleson; tie at 2: Betty and Bill Raines and Ida Rosendahl and Dick Mansfield; 4: Edith and Bill Hunter; 5: Marjorie and Bruce Benton.

June 24

1: Ida Rosendahl and Dick Mansfield; 2: Helen Eshbach and Liz Milleson; 3: Joni and Ted Jarvis; 4: Marjorie and Bruce Benton.

July 1

1: Doris Keathley and Mary Carol Geck; 2: Caryl Rosenberg and Dick Mansfield; 3: Marjorie and Bruce Benton.

July 8

1: Doug Miller and Ernie Lord; 2: Marjorie and Bruce Benton; 3: Doris Keathley and Mary Carol Geck; tie at 4: Helen Eshbach and Liz Milleson and Betty and Bill Raines.

Wednesday Afternoon Bridge

Fran Griswold

Congratulations to Phyllis Silverman, the new vice president of the Marion County Senior Alliance. We who know here are sure they are lucky to have her on their staff.

We were glad to have Bonnie Heinlein as a first-time player on Wednesday. Bonnie is no newcomer to bridge! We are all anxiously awaiting our new chairs. The players will be able to leave the cushions at home.

Remember, for a fun afternoon, join us at 12:30 p.m. each Wednesday because whether there is rain, snow, sleet or shine our game is on.

June 18

1: Gloria Richards, 4980; 2: Pat Goltart; 3: Mary Culberson; 4: Shirley Stolley; con. Marlene Floeckher.

June 25

1: Fran Griswold, 4100; 2: Helen Eshback; 3: Helen DeGraw; 4: Betty Morris; con. Jeanette Oswald.

July 2

1: Laura Jean Teyrol, 4170; 2: Gloria Richards; 3: Pat Holmes; 4: Shirley Stolly; con. Bonnie Heinlein.

July 9

1: Gloria Richards, 4580; 2: Helen Eshback; 3: Margo Thomas; 4: Ann Mahoney; con. Marlene Floeckher.

Wednesday Evening Duplicate Bridge

Doris Keathley

Note: The Wednesday night duplicate bridge sessions will not be held again until Sept. 10.

June 18

1: Ted and Joni Jarvis; 2: Marjorie Benton and Nel Bosschaart; 3: Joan Lord and Mary Carol Geck; 4: Bill and Betty Raines

June 25

1: Doug Miller and Mary Carol Geck; 2: Doris Keathley

and Ida Rosendahl; 3: Marjorie Benton and Caryl Rosenberger.

July 2

1: Joan Lord and Mary Carol Geck; 2: Bill and Edith Hunter; 3: Doug Miller and Doris Keathley.

July 8

1: Joan Lord and Mary Carol Geck; tie at 2: Marjorie Benton and Caryl Rosenberger and Bill and Betty Raines.

Thursday Afternoon Bridge

Marion Turbin & Betty Legg

June 19

1: Betty Legg; 2: Marion Turbin; 3: Mazie Millward.

June 26

1: Marge Starrett; 2: Gloria Richards; 3: Shirlee Wolcott.

July 3

1: Marion Turbin; 2: Elsie Helwig; 3: Agnes LaSala.

July 10

1: Mazie Millward; 2: Phyllis Silverman; 3: Alice McDaniel.

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

June 19

1: Ray Dietz; 2: Ida Rosendahl; 3: Mickey Martin; 4: Carol Thompson; Cons. Betty Barney.

June 26

1: Mary Culberson; 2: Betty Barney; 3: Paul Agarwal; 4: Jack Martin; Cons. Elsie Helwig.

July 3

1: Ray Dietz; 2: Dick Mansfield; 3: Betty Barney; 4: Mickey Martin; Cons. Flo Penn.

July 10

1: Dick Mansfield; 2: Mickey Martin; 3: Paul Agarwal; 4: Marti Marta; Cons. Phil DeVito.

Friday Night Bridge

Hazel & Phil Merchant

June 20

1: Mildred Lane; 2: Helen DeGraw; 3: Myra Butler; 4: Marge Benton; 5: Jayne Kaska.

June 27

1: Lee Sheffer; 2: Ray Dietz; 3: Betty Raines; 4: Phyllis Bressler; 5: Shirley Ebert.

July 4

1: Erwin Fluss; 2: Helen DeGraw; 3: Rozella Ovrebo; 4: Shirley Ebert; 5: Jack Martin.

July 11

1: Ernie Lord; 2: Geri Cassens; 3: Lee Sheffer; 4: Phil Merchant; 5: Georgia Steinwedel.



Friday Night Euchre

Joe Askenase

June 13

FOUR-HANDED GAME: 1: Russ Riegler; 2: Helen Foskett; 3: Marcy Askenase; 4: Clarence Lietzow. **FIVE-HANDED GAME:** 1: Viola Horton; 2: Maria France; 3: Shirley Coe; 4: Diana Riegler.

June 20

FOUR-HANDED GAME: 1: Marcy Askenase; 2: Virgil Taylor; 3: Russ Riegler.

FIVE-HANDED GAME: 1: Vi Horton; 2: Maria France; 3: Diana Riegler; 4: Shirley Coe; 5: Helen Foskett.

June 27

FOUR-HANDED GAME: 1: Helen Foskett; 2: Russ Riegler; 3: Marcy Askenase; 4: Clarence Lietzow.

FIVE-HANDED GAME: 1: Diana Riegler; 2: Maria France; 3: Vi Horton; 4: Shirley Coe.

July 11

FOUR-HANDED GAME: 1: Helen Foskett; 2: Russ Riegler; 3: Marcy Askenase; 4: Clarence Lietzow.

SIX-HANDED GAME: 1: Diana Riegler; 2: Virgil Taylor; 3: Vi Horton; 4: Shirley Coe; 5: Maria France.

Friday Night Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one,

come all. For more information call Irene 873-4173 or Nancy 237-2679.

June 13

Out of 30: 1: Irene Pisani with a perfect score of 60; congratulations; 2: Buck Chaillet; 3: Jerry Pinter; tie at 4: Hank Kolb and Sami Odeh; 5: Billy Swing.

June 20

Out of 26: 1: John Wall with a perfect score of 60; congratulations; 2: Edith Kolb; 3: Joe Scervo; 4: Dick Torzewski; 5: Betty Legg and Esther.

June 27

Out of 29: Tie at 1: Phyllis Wall and Irene Pisani; 2: Billy Swing; tie at 3: Norma Noelcke and Marie Marquis; tie at 4: Nancy Kowsky, Edith Kolb, Genny Brenner and Jan Harris; 5: Jerry Dean.

July 4

Out of 19: 1: Beverly Moreau; 2: Hank Kolb; tie at 3: John Wall and Richard Bartel; 4: Fred Lang and Jerry Pinter; 5: Jo Swing.

July 11

Out of 27: 1: Betty Legg; tie at 2: Hank Kolb and Esther Long; 3: Hank Hilovsky; 4: Edith Kolb; tie at 5: Mary Bartel, Jo Swing and Mary Hilovsky.



Tuesday Night Pinochle

Viola Horton

A new person, George Mulvey, was welcomed in the Double/Triple Deck Room. His forte is military-style pinochle. In the Single Deck Room we welcomed back Dottie Findlay who had taken a hiatus for several years. Good to see you back, Dottie.

You do not need partners. Just be in the Art Room of the Craft Building at 5:45 p.m. Tuesdays.

June 3

1: Audrey Bartolotta; 2: Vernon Uzzell; 3: Albert Novotny.

DOUBLE/TRIPLE DECK WINNERS: Table 1: Alberta Sarris, Margaret Sciarrino, Norma Yonke; Table 2: John Berish; Table 3: Rich Fluet and Charles Distler.

June 10

1: Audrey Bartolotta; 2: Greg Skillman; 3: Albert Novotny.

DOUBLE/TRIPLE DECK WINNERS: Table 1: James Nottingham; Table 2: John Berish and Billy Swing; Table 3: Ray Bock and George Mulvey.

June 17

1: Lois Rider; 2: Hank Kolb; 3: Vernon Uzzell. **DOUBLE/TRIPLE DECK WINNERS:** Table 1: Alberta Sarris, James Nottingham; Table 2: Elsie Helwig, Norma Yonke; Table 3: Rich Fluet and Charlie Distler.

June 24

1: Vernon Uzzell; 2: Lois Rider; 3: Albert Novotny.

DOUBLE/TRIPLE DECK WINNERS: Table 1: Joe

Sciarrino; Table 2: Norma Yonke; Table 3: Rich Fluet, George Mulvey.



Saturday Night Pinochle

Elsie Helwig

June 14

1: Anne Jagielski; 2: Dot Findlay; 3: Ed Fullmer.

June 21

1: Ed Fullmer; 2: Greg Skillman; 3: Audrey Bartolotta.

June 28

1: Ed Fullmer; 2: Jerry Pinter; 3: Greg Skillman.

July 5

1: Norma Yonke; 2: Billy Swing; 3: Elsie Helwig.

July 12

1: Audrey Bartolotta; 2: Gerry Pintar; 3: Ed Fullmer.



Cribbage

Dorothy Skillman

June 13

1: Norma Yonke; 2: Greg Skillman; 3: Craig Ehle; consol. Rich Fulet.

June 20

1: Anne Jagielski; 2: Ed Fullmer; 3: Greg Skillman; consol. Norma Yonke.

June 27

1: Norma Yonke; 2: Elsie Helwig; 3: Rich Fluet; consol. Mary Ehle.

July 4

1: Anne Jagielski; 2: Pauline Matheis; 3: Norma Yonke, Elsie Helwig; consol. Ray Bock.

July 11

1: Elsie Helwig; 2: Anne Jagielski; 3: Greg Skillman; consol. Alberta Sarris.

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My, oh my, summer is going so fast. But when I consider all that has been accomplished I can look back and say well done. One thing that I have done that was in itself quite rewarding, was that I found a new source for purchasing my towels, albeit in Illinois. I've enjoyed working on the new designs and new colors.

Talking with other members of our group, I found that they too, have been working in readiness for our return to the Health & Recreation Ballroom on Tuesday, Sept. 2, from 9 a.m. to noon.

If you are a crafter and would like to join us, please call Rene Beck for details. ☎

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Photo by Bob Woods

Ships line the shore at the seaside village of Mystic Seaport, Conn.

Mystic Seaport in Connecticut Showcases American Maritime History

By BOB WOODS
WORLD NEWS WRITER

This is a great place to stop and spend as many hours as one wants. You can spend as much time sightseeing, shopping in the many gift and souvenir shops, having a few snacks in the many snack bars or a fine meal in one of the restaurants, relaxing in the shade under a nice tree, or walk about some old square rigged sailing ship, taking a ride on an old coal fired steam boat and seeing how an old town operated along the seashore around the turn of the century.

You can relax on a park bench or on an old wooden barrel or inside one of the many buildings used as displays centers for what life was

about on the seas or just walk around at your leisure or take a horse and buggy ride if you are tired.

We are at Mystic Seaport located just off Interstate 95 in Mystic, Conn. This attraction is all about what this country was when everything at one time evolved either on or around the sea.

This was not the first visit my wife Beverly and I have made to Mystic Seaport. Each and every time we have visited this historic attraction we come away with the feeling we have learned something new. It is an educational experience and an enjoyable visit at the same time.

The buildings in the seaside village section of the attraction were not originally located on the spots they occupy today. Most of the 30 or so buildings were purchased from New England communities and moved to this location, enabling the attraction to demonstrate and show visitors what life was like during the 19th Century.

Some of the buildings contain very important craftsmen needed during the sailing ships' days such as the cooper who made barrels for the ships whether to carry water or other liquids such as whale oil. Another important craftsman was the ships blacksmith "Smitty" or shipsmiths who would fashion all metal items needed aboard ships such as mast rings that connected the sails to the masts. All the buildings in the village comprise of trade shops and business. Most are very interesting to visit such as the Fishtown Chapel, drugstore and doctor's office, George Brown's General Store, Mystic Bank and shipping office and the nautical instruments shop just to mention a few.

Also on the premises of the attraction are many sheds and warehouse buildings, not the type you would find in the "downtown" section of a village but rather on the outskirts or along some piers. In some of these buildings, history is also displayed such as a small boat displays, sail making or even rope and block makers plus woodcarvers. The attractions have so much to offer in some of these old buildings.

The attraction has many museum type structures and exhibit galleries on their premises. They have one dedicated to "seadogs." This museum details dogs who lived aboard ships as either pets of the owners and crew or ship's mascots. One gallery we both enjoyed was the Figurehead exhibit. Here were many figure heads that were used on old sailing ships. These figureheads were placed on the bow of ships under the bow. Of course a museum of the old sailing ship days would not be complete without a ship model and scrimshaw exhibit.

The most sought after exhibits are the ships themselves. The seaport has more than 500 craft of various sizes to view and tour. The biggest and the first ship acquired by the Mystic attraction was the Charles W. Morgan, a full rigged whaling ship built in 1841. The Morgan was launched in New Bedford, Mass., when the whaling industry was in its heyday.

The Morgan sailed all the seven seas for 80 years searching for the elusive whale. She made 37 voyages and her log books showed she sailed more miles than any other whaler. Her last voyage started in September 1920 ending in May

1921 and when she returned to New Bedford she was carrying 700 barrels of whale oil. At one point in the ship's career, she was reported to have captured and processed 600 whales in one day.

The Morgan is the last remaining whaling ship in existence, and believe it or not, there is no smell of her past with the giant animal's blubber being melted down into oil. She has been completely refitted.

Another large sailing ship at the seaport is the Joseph Conard which I was told is the last surviving frigate remaining in the world. The Conard is a three-masted full rigged frigate which had been built in 1882 in Denmark and for 52 years plied the oceans as a training ship for the Danes. The Conard became one of the first training vessels attached to the United States Maritime Service Training Station in St. Petersburg, Fla. She helped train countless thousands of merchant seamen. The ship was purchased before she was due for demolition.

The last ship we toured was the Grand Banks Fishing Schooner L. A. Dunton. The schooner was launched in 1921 from a shipyard in Essex, Mass., as a working boat to fish the Grand Banks. The Dunton was fitted with an auxiliary engine in 1928 to compete effectively with newer motorized fishing craft. Becoming obsolete as a fishing craft on the Grand Banks, the Dunton transported freight for a period until she was purchased by Mystic Seaport.

The Dunton has undergone extensive restorations while at the seaport. The Dunton is the youngest of five remaining Grand Banks Fishing Schooners still in existence today from more than 4,000 vessels built in Essex during its 350 years shipbuilding history.

If you get tired of walking around you can take a ride on the Steamboat Sabino which is the last surviving wooden coal-fired steamboat still making a wake in the waters around Mystic Seaport. Originally the Sabino was built in Maine for passenger service in 1908 for service on the Damariscotta River.

If you are touring the village and want a change from foot power to horse power a buggy ride through the village is offered. Taking the buggy ride offers a relaxing view of the village but be prepared to have your picture taken often. There are other water craft also taking visitors for a tour of the seaport on the Mystic River.

While visiting Mystic Seaport there are two other places to visit right on Route 27 before getting to the seaport and that is the Mystic Aquarium and Old Mystic Village which is a unique shopping center erected in early New England motif. A few miles to the east in Westerly, Rhode Island is Watch Hill and of course Providence is not that far away as is Newport, Rhode Island. To the west is Essex and the Greater New London and Groton areas with all the historical sites these two cities have to offer such as the Submarine Memorial and the Nautilus and Submarine Museum and of course the U.S. Coast Guard Academy.

For additional information on Mystic Seaport write, Mystic Seaport, 75 Greenmanville Ave., Mystic, Conn. 06355. Telephone Number is 860 572 0711 or 888-9SEAPORT. On the internet www.visitmysticseaport.com. ☎

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Almost a bus full of Travel Toppers attended the Medieval Times performance in Kissimmee on Father's Day.



Photos by Mike Roppel

Travel Toppers don appropriate hats to get in the mood. While eating their meal a cast of people and horses put on a show.



Travel Toppers
Jo Swing

Welcome to August, the hottest and laziest time of year. For those of you who have the summer time blues, Travel Toppers just might have the answer for you.

On Tuesday, Aug. 5, we have one of our ever-popular shopping trips. This one is to the Florida Mall in Orlando. The cost is \$19. Check with Joan Connolly to see if there is room on the bus. Janet Frangapane, the coordinator for the Eustis Lunch Train trip, reports that it is full. In fact this was so popular we added a trip on Friday, Aug. 22, as well as the Saturday, Aug. 23, trip. There might be room on the wait list.

As of press date, "Smokey Joe's Cafe" at the Show Palace Dinner Theater on Sunday, Sept. 14, needs a wait list. Please contact the coordinator, Jo Swing.

There is room on the Florida Carriage Museum and Lakeridge Winery trip on Thursday, Sept. 25. The cost is \$49 in includes lunch at the museum and tours of the museum and winery. The coordinator is Kathy Hess. Please contact her for reservations.

Registration begins Aug. 20 for the Thursday, Oct. 16, trip to the Hudson Show Palace Dinner Theater to see the hit Broadway musical, "The Unsinkable Molly Brown." Glo Hutchings will be the coordinator for this show.

Registration starts July 31 for the wonderful Starlite Cruise from Clearwater to Tarpon

Springs. This will take place on Wednesday, Oct. 22. This is a four-hour cruise that includes a continental breakfast and an Island-style buffet lunch. There will be time in Tarpon Springs for shopping and sightseeing. Allan Rickards is the coordinator. There is still space available on the 11-day Panama Canal Cruise Jan. 19 and 20. Contact Audrey Mangan for more information.

The Father's Day trip to Medieval Times in Orlando was greatly enjoyed by one and all. Nancy Bennett reports that while it rained on the way there, once in Orlando and the theater, the skies were clear. The theater has stadium style seating with continuous tables. Dinner was served without knives and forks for authenticity. You were allowed spoons for your tomato bisque soup. The dinner of half a baked chicken, pork rib, baked potato, dessert and coffee was substantial and tasty according to Nancy. Each table had an assigned color, which matched a horse and rider in the show. It was the audience's job to cheer

on their champions. There was much excitement with the jousting and sword fights. Nancy said that their table was green, but despite all their cheers, their champion lost. Nancy complimented Kathy Hess and Pete Peterson on their excellent handling of the very pleasant Fathers Day trip.

Remember there will be no meeting this month. The next meeting will be Wednesday, Sept. 3, at 10:30 a.m. in Suite A at the Arbor Conference Center. Until next time, enjoy the lazy, crazy days of summer, and safe and happy travels to all.

NEWS

Upcoming Editions

September issue: Thursday, Aug. 28

October issue: Thursday, Oct. 2

Join Master the Possibilities for a Winter Key West Excursion

Master the Possibilities in conjunction with Becky's Travel Store will once again offer a guided coach trip in January. (The Savannah trip in the fall has filled).

The Key West Excursion runs Jan. 11 through 16 and includes transportation to/from On Top of the World, most meals, lodging and a variety of activities. The total cost is \$1,115 with a \$100 deposit due on/ before Aug. 15.

Bob and Beverly Woods host this great opportunity to experience Key West. For additional information, please call Bob at 854-0702.



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| <p>Greg & Kathleen August 9, 2008 Big Band, 50s and 60s Country and Dance</p> | <p>Johnny Alston August 15, 2008 Rock n' Roll</p> | <p>Rewind August 16, 2008 Classic Rock, Country, Reggae and more</p> |
| <p>Karen Hall August 22, 2008 Big Band, 50s and 60s Country and Dance</p> | <p>Sounds of Time August 23, 2008 50s and 60s Rock and Roll</p> | <p>Final Note August 29, 2008 Big Band and Oldies</p> |

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ROSH HASHANAH, FIRST DAY – Tuesday, September 30, 10:00 AM
ROSH HASHANAH, SECOND DAY – Wednesday, October 1, 10:00 AM
SABBATH OF REPENTANCE – Friday October 3, 8:00 PM
YOM KIPPUR EVE – Wednesday, October 8, 8:00 PM
YOM KIPPUR – Thursday, October 9, 10:00 AM
YOM KIPPUR – Thursday, October 9, 4:00 PM – Mincha, Yizkor and N'ilah Services

FESTIVAL WORSHIP SERVICES

SUKKOT EVE – Monday, October 13, 8:00 PM
SUKKOT – Tuesday, October 14, 10:00 AM
INTERMEDIATE SABBATH OF SUKKOT – Friday, October 17, 8:00 PM
ATZERET-SIMCHAT TORAH EVE – Monday, October 20, 8:00 PM
ATZERET-SIMCHAT TORAH – Tuesday, October 21, 10:00 AM (Yizkor will be recited)

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Gillette Castle

By BOB WOODS
WORLD NEWS WRITER

I don't know if this guy was an eccentric or just plain crazy but one thing is for sure, he built a beautiful home with a fantastic view. My wife and I visited this home while traveling around Connecticut and from what we understand this tourist destination is visited yearly by thousands. It now has become a Connecticut state park.

The house is referred to as Gillette Castle and it was constructed by a little known actor of today, but extremely popular in his heyday of the early 20th century, William Gillette. Who was Gillette? He was the pioneer actor who played Sherlock Holmes on stage.

Upon entering the grounds we noticed everything was constructed out of plain field stones or simply put, rocks. The stone walls leading to the castle were perfect in construction; all the other edges were lined up perfect. We told that Gillette modeled his house from some medieval German fortress that was in ruins somewhere on the banks of the Rhine River.

Gillette built this beautiful stone and wood house high on a knoll with a fantastic view over looking the Connecticut River in the little community of Hadlyme. He personally supervised most of the construction even building a fountain in his conservatory for his two pet frogs, Lena and Mike.

Gillette purchased 120 acres in which to build his dream home. It took him many years to complete his 24-room unique dream home in 1919. This home had 47 massive wooden doors with hand carved latches, no two were alike. Gillette spent more than \$1 million to complete his home and grounds. We were told by one of the tour guides in the house that he paid the local farmers \$1 a wagon load for the rocks.

Not only did Gillette have a magnificent home built, he also built a three-mile long railway through his property giving rides to his guests or picking them up at the ferry crossing. Some notable passengers were Albert Einstein and his wife and President Calvin Coolidge. We were told he was delighted in giving people rides and he was the proud owner of two narrow gauge engines.

At the height of Gillette's career it was reported that he was making around \$300,000 a year. Gillette's most famous role was that of Sherlock Holmes. He changes a few things from the original screen play such as the deerstalker hat, the Inverness cape and the special curved meerschauum pipe. The pipe was changed because Gillette couldn't say his lines with a straight pipe. In the play, Gillette actually wrote the famous, well known line, "Elementary, my dear Watson."

Gillette was the image of Sherlock Holmes. He first played the role in New York City in 1899 and made his final performance on stage in 1932. He came out of retirement a few times and his very last performance was in Hartford one year before his death in 1936. It was estimated that Gillette played Sherlock Holmes more than 1,300 times on stage. He was one of the best known stage actors of his time.

When Gillette died in 1937, we were told by our tour guide that he did not want his property winding up in the hands of "some blithering saphead," who wouldn't appreciate his property. Gillette had no heirs when he died at age 83.

The state of Connecticut purchased the property in 1943 for \$30,000, less than the original construction costs. The state has maintained the castle and grounds ever since as a state park. After years of some neglect, the state spent more than \$3 million in major renovations for the castle and grounds.

Gillette was quite the actor and a legend in himself. His castle is there for the enjoyment of a famous man from years ago. The trains and tracks are gone, but some of the bridges, wooden trestles and depots are still there. The park has 10 miles of original footpaths to explore more of the property. There is also a gift shop and a refreshment stand. The property is handicap accessible.

The best way to reach Gillette Castle State Park is take state route 9 North or South from Interstates 91 or 95 to Exit 7 (Route 82). After traveling over the longest swing bridge in the world to East Haddam, continue on Route 82 and follow the signs to the park Exit 6 (Route 148 East) will take you to a ferry that will cross the Connecticut River and follow the signs to the park. 🗺️

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Native Plant Club
Ron Broman



Photo by Ron Broman

A brown thrasher finds a feast and a vantage point in the canopy of Hercules' club.

"I don't remember planting this." Those are the words on the garden stone I bought. The reason I don't remember planting the Hercules' club is because I didn't plant it. A bird did.

That was at least four years ago. Now the conversation between my wife, Betty, and me goes like this:

"What is that weird tree?"

"Where"? I quiz.

"There, the tall one on the right."

"Oh, that's a Hercules' club. It's a larvae food for the giant swallowtail butterfly," I say, hoping this will reduce the pressure to have it removed. I don't dare tell her that if she gets up close and personal with it she'll realize the reason for the name.

Zanthoxylum clava-herculis is its botanical name. The clava-herculis simply says it resembles the mace-like club that Hercules was purported to have wielded. Zanthoxylum "derives from the combination of the Greek words zanthos, or yellow, and xylum, or wood."

Two other names are prickly ash and toothache tree, probably because of the numbing feeling in the tongue when the leaves are chewed.

Authorities agree that it is a tree native to this area, but disagree on the southern extent of its range. One states Hendry and Palm Beach counties, while another all the way to Dade County. There is also some disagreement on the ecological communities in which it is found. One source indicates hammocks, wet woods, sand dunes, and shell middens usually near the coast. A second includes fence rows, while a third adds sandhills. One thing for sure: Hercules' club is "adapted to dry sites" — and is "one of the few

host plants [providing food for the larvae stage], and the only one in dry sites, for the giant swallowtail."

When mature, with its short trunk and rounded, lanky, open crown, it can reach an impressive 25 feet, making a perfect landing platform for birds. The white to greenish-yellow flowers, in long clusters at the ends of the branches, produce chestnut-brown, thin walled —fruit in May and June, splitting at maturity.

The seeds, which are shiny and black, are "eaten freely by birds."

Well, it seems we are back where we started.

If you have a spot at the edge of your property where an interesting tree can attract butterflies and birds, and not young (or old) human hands, then Hercules' club just might be your heart's desire. It's a diamond in the rough; and if you play your cards right you won't need a spade to plant it.

Our Native Plant Club resumes monthly meetings on Wednesday, Oct. 8, at 1:45 p.m., in Suite H of the Arbor Conference Center. We'll enjoy each other's company and learn as well, the joys of growing native. ☺

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World News Deadlines:

Classified ads: 13th of the month

Articles: 14th of the month

Vote Tues. August 26th!

Jackie Porter

Professional Firefighters of Marion County

are proud to endorse their **First Ever**

School Board Candidate



Common Sense and Innovative Ideas...

a Marion County resident with 25 successful years of business experience is making a difference by running for School Board, District 2.

Reprinted from Ocala Magazine

If you don't know Jackie Porter the person, you've probably heard of Porter's Nurseries. She and her late husband started from the humblest of roots and built a strong, positive presence in our community with the first Porter's store on Baseline Road in 1984. Often working 70 to 80 hours per week, Jackie and Jim Sr.'s sheer determination eventually paid off as Porter's Nurseries grew to 5 locations. Wherever a Porter's was established, other businesses and families followed.

Jackie has since retired from the Nursery business and decided to focus her efforts on something that would utilize her love of this community and its youth. Jackie has always been involved with local charities, so pouring her heartfelt efforts into education only seemed natural. Running for a School Board, District 2 position was clearly the answer. You might be thinking: How does someone go from running a large corporation to running for School Board? Let's put it this way: Jackie Porter knows how to make things thrive and flourish. Her fresh ideas and good will would strengthen the Board and allow for effective unity among its members.

Everyone on the Board should have something valuable to contribute. Jackie Porter's contributions will be vast. "Marion County School Board should be diverse with educators knowledgeable in curriculum and business owners experienced in administration and financial matters," she says. Her professional past, managing a \$10+ million annual budget, and hiring and working with people has made her a well-rounded and compassionate person. That is the type of person you should want fighting for your children's education as well as your tax dollars which will be put to the best educational use. Jackie is a leader with integrity, determination, commitment and strong family values. "I have employed and supervised over 250 individuals on a daily basis over the past 20 years and was always happy to employ young teens, opening the

door for them, most often with their first job." In fact, Porter's campaign treasurer, Zenda Kilgoar-Hayes, received her very first paycheck from Porter's Nursery over 15 years ago. Don't you think someone who has created such bright futures for our youth over the past 25 years will be the perfect choice for School Board District 2? When you elect Jackie Porter, you not only get her no-nonsense approach to problem solving, you also get her time. She has hung up her garden gloves (except for on the weekends, of course) and plans to be committed as a full-time School Board member. She fully plans to play an active role and make personal visits on a regular basis to all of the Marion County Schools. She also says, "I intend to scrutinize the Marion County School Board budget by line item, making sure the children are receiving the funds needed and allocated appropriately for education."

Elections are just around the corner, so if you are concerned with education and where your hard-earned tax dollars are going, you might want to take notice of Jackie Porter. She has the time, the knowledge and the passion to make improvements to our school system. It is time for a change and Jackie is ready to improve education in Marion County one seed at a time. See you at the polls. ...not just making a change, make a difference!

www.porterschoolboard.com

Political Advertisement.pdf for and approved by Jackie Porter, Non-Partisan for Marion Co. School Board, Dist. 2



Jackie with Family Pets



Jim Sr. & Jackie Humbled Beginnings



Porters first sign on Baseline Rd in 1984

...not just making a change, making a difference!

For Sale

Bicycle: Schwinn Cruiser, 26", excellent shape, \$25. 861-2861

Card Table: Five-piece Stackmore folding card table, four chairs, light wood, brown vinyl. \$75. 854-5107

Counter Stools: 2 high-quality solid wood with upholstered seats. \$100 for both. 873-1658

Desk: Light oak wood, excellent condition, 46" x 18", 3 drawers on left, 1 middle drawer. \$50. 873-6274

Dinette Set: White wrought iron table with formica top; 4 chairs with red leather seats and backs. Very good condition, \$100. 854-8528

DVD and VCR Combo (Panasonic): Good condition, \$65. 873-3433

Electric Typewriter: Olympia Electronic Compact 2 with computer interface, 2 font wheels and cover, like new, \$45. 854-8084

Eureka Bagless Vacuum Cleaner: Good condition, \$15. Call (352) 873-0416.

Freezer: Sears Kenmore, 2 years old, \$175. 861-0047

Furniture: 80" sofa, 2 chairs, 3 living room tables, 2 lamps, shelf unit, sofa bed, square table with tile top and 2 chairs. All in new condition. 237-4143

Garage Sale: Aug. 1 and 2. 9354-A SW 97 Lane. 291-4942

Lanai Furniture: 35" x 71" table, 6 chairs with cushions, 2 lounge chairs with cushions, 24" round table. \$300. 237-6631

Misc. Items: Busnell Yardage Pro (range finder), \$100; 36" gas grill, \$50; 1/2" electric drill, \$20; electric chainsaw, \$50; electric grinder, \$20. 854-8340

Misc. Items: Flex Gym with bow rods, model PL 48100, like new, \$100. 9000 BTU mobile room AC with remote and timer; 2 years old, in excellent condition, \$100. 861-6779

Misc. Items: Small bird cage with stand, \$5; large aquarium on wooden console stand with gravel, equipment, \$50. 861-6508.

Misc. Items: Toro blower with 50' cord, used once, \$35; cherry table magazine stand; 4 macrame plant holders. 861-3175

Misc. Items: Gravity Rider exerciser, sits like a bicycle, \$50; extension aluminum ladder, \$30. Cash only. 873-1527

Queen Bed: Sealy Posture Premier pillow top mattress, spring and frame, \$275. 854-5885

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- Shower pans

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- New door installation
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August Special:
1 Free New Sink!
For the month of July, receive one new sink with any new kitchen countertop makeover

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Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$20; four lines is \$25 and five lines is \$30. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Room Air Cleaner: Envirionizer, Radio Shack, like new, \$15. 854-8094

Scooter: Electric "Scootie." Hardly used. Also ramps. 861-8321.

Slide Projector: With table and screen. \$75. 861-8321

Tennis Rackets: 2 Wilson, oversize, Superlight Power Series (L3-4 3/8), like new, \$20 each. 865-8094

This & That Sale By SS: Friday, Aug. 22, 9 a.m.-1 p.m.; Saturday, Aug. 23, 9 a.m.-?; 9348-D S.W. 82nd Terrace, Friendship Village.

Tools: 12" woodturning lathe with turning tools, 12" radial arm saw with blades. Both for \$350. 873-0030

Torque Wrench: K-D Tools, 3/8" Drive Micrometer, 150 - 1000 in. lbs. New in case. \$45. 854-8094

Touring Motorcycle: 1999 Yamaha Royal Star, 1300cc, 1-owner, 7,200 miles, red, mint condition, too many extras to list. 237-3426

Treadmill: Sturdy, safety-off, gauge for time, distance, \$150. 854-9977

Water to drink: Penta ultra-purified, antioxidant and energized water with no additives delivered to your door. Call 873-2100 for info.

Workbench: World War II Army/Air Force vintage, hardrock maple top, 6' long, 1 shelf, 2 drawers, other options, \$100 or best offer. 854-0394

Services

Above the Rest: Home Care for Seniors. Meal preparation, laundry, light housekeeping, grocery shopping, errands. "Remain independent at home." We come to you. Lic #230440. 622-7038

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259.

Ardell's Moving and Delivery Service: Let us help you move. Big, small, move around furniture. Load, unload. Pickup. 261-1400 or 266-6175

Avon: Buy or sell. Call independent sales rep, 873-9782.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 586-8459. Bob

Cardinal Window Cleaning, LLC: 38-year local resident. Windows, screens, tracks, inside and outside. Free estimates. 817-2979. Phillip.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for eight years. Dry in hours, not days. 10 percent off first-time clients. 307-4100

Cat Boarding and Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

Computer Instruction in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

Countertop sale! Countertop resurfacing and solid surface countertops! Granite, Silestone, Jettastone, Corian, Avanza, Formica. Family business. Call for free estimate, (352) 342-0505.

Experienced Licensed Massage Therapist: Swedish and deep tissue. On Top of the World resident. (352) 237-7042.

Extra monthly income: Help bring environmental and family solutions to real world problems. Jerry (303) 469-4537. Call for catalog. Visit: www.ecoquestintl.com/jdb.

G&G Cleaning Services: Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handyman Bill: All home repairs. No job too small. Tile and grout, screens and windows, doors and woodwork. Phone, cable and computer wiring. Free estimates. Reasonable prices. 873-0179

Handyman: Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventative maintenance. Call Daniel at 361-4055.

Help-U-Fix-It! We do honey "do's" and odd jobs! Installations, repairs, renovations, maintenance. Keep up your properties. Call (352) 694-3366.

Home and Yard Services: Sundance Co. lawn mowing, window/gutter cleaning, pressure washing, shrub trimming, lawn vacuuming, misc. services. Serving On Top of the World since 2001. Insured. 347-7825.

Housecleaning by Evelyn Lee: I do windows, deep cleaning, move outs. Licensed and insured. 629-0855

Housecleaning by Sheila: Free estimates. References provided. I provide a personal cleaning service to meet your needs. (352) 812-6541

Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Landscaping: Beautify your yard and home! Trimming, weeding, edging, pressure wash driveways and gutters, wash windows and general maintenance. On Top of the World resident. Steve, 237-5338 or 216-6951.

Learn to End The Clutter ETC: In your mind, body, relationships and computers (sorry, we don't do closets). Call 873-2100.

Licensed Practical Nurse: 15 years experience. Will do part-time. References provided. Home, (352) 347-4367.

Marie's Homecleaning Servies: Five years of experience, free estimates, great prices. House-keeping, bathrooms, bedrooms, kitchens, moving in or moving out, organizing closets. For more information, please call (352) 861-2754.

Notary Services: Will come to your home for your notarization needs. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. Lives in On Top of the World.

Odd Jobs Done Well! 804-651-3286. Combining decorating and organizational skills for the odd jobs around your house. Mother and son team.

Painting by Bruce LLC: 38 years experience. Free estimates. Interior, exterior, staining, drywall repair, pressure washing, specializing in repaints. Licensed, insured. (352) 546-4553.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years experience and licensed, summer specials. 237-5855

Painting: Free estimates. Licensed and insured. Interior/exterior. Quality work, reasonable prices. Porter and Porter Painting. Call anytime: (352) 207-7704 or (352) 209-3446.

Pressure Washing: "Don's." Free estimates. Make the outside look great. Remove mildew from driveways, porches, patios, roofs, walkways and clean the gutters. 20 years experience. On Top of the World resident. 873-6225

Private Home Care RN/LPN team: Long/short term, respite and weekend care. Excellent rates and references. 362-5073

Registered Nurse Home Health Care: Licensed, insured, 22 years experience. Reasonable rates. Call Kathylee at 861-6965. Lives in On Top of the World.

Steve's Handyman Service: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Wanted

Canasta Players, experienced. No beginners. 861-0047

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Desire to Rent: Full size van, an extended mini-van, a suburban, or similar from Sept. 5-11 for trip to Knoxville. If you are willing to rent yours please call 854-2247.

Lost

Lost: Gold watch with small clear stones around the face. Lost several months ago; sentimental. Lorraine, 390-2120.

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left to right. Richard Han, M.D.; Edward Santoian, M.D.; Mikhail Deputat, M.D.; Gregory von Mering, M.D.; David Lammermeier, M.D.; Craig Kuykendall, M.D.; Peter Chung, M.D.; John Bittl, M.D.; Robert Feldman, M.D.; John Galat, M.D.; Lawrence Harrison, M.B.