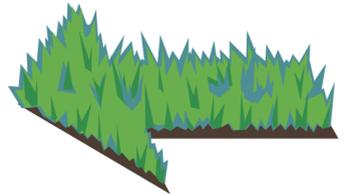


# On Top of the World NEWS

Where the News is Always Good

Lawn fertilizing will start  
in On Top of the World  
Central on March 17.  
Please contact Customer  
Service if you do not want  
your lawn fertilized.



Vol. 21, No. 9 • March 2008

## Community News & Update

By Kenneth Colen, Publisher

**COMMUNITY UPDATE:** The On Top of the World Central Owners' Association Board meeting was held on Feb. 13 with approximately 350 residents in attendance. The purpose of the meeting was to consider adoption of the fiscal year 2008 operating budget and to adopt a resolution for roof replacement special assessments.

With late breaking news on the insurance front, a revised budget was presented which effectively pared down the insurance line item. Our insurance provider revised the estimated premium based on changes in the insurance market and the fact that we have had no serious hurricane activity in Florida in the last couple of years. We are relying on this estimate; however, if the actual premium is revised higher than the budgeted amount, the association may assess for the difference.

**MASTER THE POSSIBILITIES:** March caps the most successful quarter we've ever had at Master the Possibilities. It also gives you more opportunities to experience what we believe is the best of life-long learning. We still have over two dozen classes that can accommodate more students. In the Circle Square Cultural Center you can continue to enjoy very popular Film Series, learn about probate in our Legal Series, and find out about cooking seafood in the Culinary Series. There are great opportunities to learn about Computer, Foreign Policy, Florida Landscaping and more. Of special note is Professor Patrick Keane's Irish Studies Classes. Pat's a world class scholar who was here last year and looks forward to another visit with you. At the end of the month, look for your Spring (April-May-June) Master the Possibilities catalog. The most important ingredient in this educational enterprise will always be your support. Thank you. See you in class.

**WINTER WEATHER AND SHRUBBERY:** So far we have been enjoying unseasonably warm weather this winter and generally dryer than usual with the exception of one very cold storm front. I've recently noticed moths busily pollinating the sweet viburnum and other flowering species.

I make this point because there is always the possibility of a rip-roaring cold front anytime between January and mid-April. Granted, "rip-roaring" in this case may only mean a two- or three-day duration of freezing nights, but I have seen warm winter weather turn suddenly bitter cold and shock both trees and shrubbery back to a near dead state. The sap gets caught high and may actually explode the stem if it freezes.

That said, what to do if we do indeed ever actually have winter here? The original plantings installed in your neighborhood at the time of construction were selected for their cold and drought hardiness. Sudden and severe cold weather may cause some plants to brown and leaves to curl. This is not unusual; it is more likely we've all been spoiled by the mild winters of the past few years.

Do not rip out plants affected by the cold. They will surprise you with their recovery. Neither should they be pruned back until mid-April. There may be several more periods of cold and possible frost. Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-April to consider any pruning of owner-added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter; so be forewarned.

Lawns and shrubbery will continue to grow, albeit very slowly, when the ground temperature warms above 65 degrees. That said watering requirements are significantly less during the cooler months. Watering on a set schedule of once per week may not be entirely indicated. It is better to pay attention to the grass and watch it for signs of stress. Best Management Practices state to wait and watch the turf grass and shrub material to the point of near stress. This keeps the plant from being over watered. Turf grass will show signs of stress by curling leaves, turning a bluish gray color, and also the grass will be less turgid, meaning the grass will not bounce back when it is stepped on from loss of water reducing the rigidity of the plant. Shrubs will generally show signs of stress with wilt and can be easily brought of wilt with the application of garden hose watering.

We know this won't be pretty, and your lawn may wilt. But lawns should not die because of this watering reduc-

➔ Continued on Page 4

Clip-N-Save!

## Your Primer to the ...

# OCALA OPEN

at Candler Hills

March 11 through 14 • Candler Hills Golf Course • Free Spectator Admission

Pro-Am Slots Available: 861-9712

## Our Own Pro Golf Tournament The Nitty Gritty

By SALLY COLLINS  
HEAD GOLF PROFESSIONAL

The buzzword in the Marion County area golf circles right now is "The Ocala Open" and the best part of all this activity is that this professional golf tournament is literally being contested in your own backyard! Candler Hills Golf Club is the venue for this four-day event in which golf professionals from around the world will compete for their share of the \$100,000 purse.

During the 2007 event, the Candler Hills Golf Club links layout received rave reviews from participants. This year's tournament, scheduled for March 11 through 14, promises to further showcase the Gordon Lewis design. One of the highlights of the course is the longest par 5 in Florida — the fourth hole measures 669 yards (yes it's uphill and usually into the wind!).

The Ocala Open festivities begin Tuesday, March 11, with a Pro-Am tournament. Three amateurs will pair with one professional golfer to compete in a shamble format. After a fun-filled day on the golf course, golfing participants will enjoy an evening awards dinner with accompanying entertainment.

On Wednesday and Thursday, March 12 and 13, the pros will tee it up with tee times beginning at approximately 8 a.m. After 36 holes of play, a cut will be made for Friday's final round. Defending champion Rod Perry has committed to compete in this year's event along with several other mini-tour champions. For a complete listing of players, be sure to add [www.ocalaopen.com](http://www.ocalaopen.com) to your favorites list so you are up to date with all the contestant listings.

In two short years, the Ocala Open has grown from a 19-player field in what was

known as the 2006 North Florida Winter Series Championship to the 2007 Ocala Open with 68 golfers. This year the tournament is expected to attract more than 100 professional golfers including some contestants holding PGA Tour and Nationwide Tour credentials.

Not only will On Top of the World residents get to observe the shot-making skills these high caliber golfers possess, but local charities will benefit as well. The "Go Red for Women" and Interfaith Emergency Services will share in more than \$40,000 raised by this golf tournament.

Mark the dates on your calendar and head over to Candler Hills Golf Club to witness some intense competition in the Ocala Open. On Top of the World is proud to bring men's world-class golf to Marion County — come share in the excitement! 🏌️

## What Spectators Need to Know Your Code of Etiquette

By MARY PAT GIFFIN  
WORLD NEWS WRITER

You don't want to miss the opportunity to follow golf professionals and amateurs competing for a \$100,000 purse in our own backyard because watching a professional golf tournament is quite an enjoyable event for both golfers and non-golfers alike. Walking along the course, picking up a tip or two from the pros, enjoying the weather, and refreshments makes for a delightful day.

"It's going to be a lot of fun," said Jeff MacDonald, director of golf, who sees this as a phenomenal community event. "There will be professional golfers, amateurs, sponsors, charity representatives, and neighbors gathering at Candler Hills.

"The Pro-Am gives local golfers a chance to play with their favorite tour

players. And, you'll see some of the future national players," emphasized MacDonald. "There will also be volunteers on hand to keep the crowd under control."

That's why we have to be aware of what is expected during the Ocala Open. Many of us have never been to a professional golf event and there is a code of etiquette that we need to understand.

• Be quiet when players are addressing their balls and swinging. Watch the noise even when they have completed their shots. Sounds carry easily on a golf course; what you say may be heard clearly 100 yards away and someone on the next hole may be getting ready to hit.

• Don't move when a player is addressing or hitting a ball. Movement can be terribly distracting to a player.

• Wait for all players to finish hitting

before you move. This is a problem if you are following a certain player, like Tiger Woods, around the course. Give every golfer the same respect.

• Don't run around Candler Hills golf course. This is a big no-no. Move at an orderly pace, even if the skies open up and a downpour ensues.

• Leave your cell phone at home. Cell phones are prohibited at most golf events. There is nothing more obnoxious than listening to some self-important jerk bark at an underling on the phone while you are trying to figure out how Nick Price is going to hit a certain shot.

If you simply can't stand to be away from your cell phone for a few hours, then don't go to a golf event. You'll do the players and fans a favor by staying home.

See you there. 🏌️

## What Golfers Need to Know Attend, Look & Learn

By SALLY COLLINS  
HEAD GOLF PROFESSIONAL

Golfers: What a fantastic game improvement opportunity we have right in your backyard! It's the Ocala Open being contested at Candler Hills Golf Club March 11 through 14. What makes this event beneficial to all the golfers reading this article is all the ways you can translate what the pros do into your golf game. Here's what to watch while you're out following the players.

Start at the practice tee and short game areas. Especially on the tee, you will see that the pros' swings have the same tempo with every swing — they don't swing harder or faster as the club gets longer.

Also watch what order they tend to practice — not too many will start out hitting drivers like I see so many amateurs do.

You will observe many different pos-

tures — some more upright than others. However, all the players will be in the athletic posture (biggest bend forward at the hips with only a slight flex in the knees). Here's one component I want everyone to watch — the posture or spine angle they assume at address will remain constant throughout the swing, none of the stand up and go back down to hit the ball so many of our golfers produce.

On the golf course, the players' routines need to be studied. Although everyone's routines may differ, the golfers will each go through their same routine with every swing. You will also observe that the pros may talk amongst their group, but most of the time they will be quiet and into their own games.

Check out their shot selection as they approach the greens. Too many times the amateur golfer gets one shot pattern in mind and doesn't experiment with differ-

ent ball flights. Look at how the pros account for the undulations in the greens and where they start the direction of the shot to allow for the uneven terrain. The greens will be slick during the Ocala Open but watch the smoothness in the players' putting strokes.

Attend the Ocala Open, admire the pros' precise accuracy, pick up some pointers for your own games, and lend support to an event that benefits charities in the local area.

Your golf game will be glad you did! 🏌️



Rod Perry, winner of last year's Ocala Open.

See Page 3 for Tournament Timeline and VIP Tent Sales Information.

Clip-N-Save!



## On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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**Is It Legal?**  
Gerald Colen

**Q.** Can you give us an idea of what is available for protecting our assets, which I understand is called asset protection planning? And what would you suggest we do if we wished such protections?

**A.** Well, first of all, asset protection planning is an extremely broad subject to cover, and I can't even begin to explain it adequately in a newspaper column such as this. It is just not possible to give you even a cursory look at the various methods of asset protection planning that is available in the state of Florida, let alone throughout the country. Therefore, under no circumstances should anyone even consider asset protection planning — which by the way, is in reality, a form of estate planning — without sitting down with an attorney and probably, also, an accountant, such as a certified public accountant and maybe even a qualified financial planner. But, you've asked a really neat question, so I'll tell you what I am gonna do. I will at least discuss some of the exemptions that may but are not always available to folks residing in Florida. (a) For all debtors filing after Oct. 17, 2005, IRAs and qualified pension and profit-sharing plans are exempt from all claims of creditors of the beneficiary or participant in the plan. This protection, however, is limited to \$1 million for direct contributions made to a Roth IRA (and that is indexed for inflation.); (b) The proceeds from a life insurance policy when payable to a beneficiary other than the insured or the debtor's estate are exempt from creditors of the insured. This exemption will more than likely not apply to IRS claims for estate taxes; (c) The cash surrender value of life insurance and the proceeds of annuity contracts are exempt when issued upon the lives or citizens or residents of the state of Florida; (Note: this exemption for cash value of life insurance during the insured's life is limited to \$4,000 of cash value in bankruptcy); (d) The constitution of the state of Florida

protects homestead property up to ½ acre of land inside a municipality and up to 160 acres outside a municipality; (e) Personal and real property held as a tenancy by the entireties (that's the husband and wife estate) is exempt from the claims of creditors of one spouse. However, one creditor will more than likely be able to disregard a tenancy by the entireties and that is the Internal Revenue Service. Other methods of protecting assets include the use of limited liability companies for holding title to real property, family limited partnerships, irrevocable trusts and even in the case of grantor revocable trusts but only as asset protection for a beneficiary and not for asset protection for the grantor (that's the one who makes the trust).

So, now, I have given you a very, very, very brief description of some asset protection mechanisms, none of which you should attempt without first discussing such issues with your attorney and CPA and financial planner if you have one. (Note: this is not related to asset protection for Medicaid purposes, which is a different type of asset protection — or rather, asset protection planning for Medicaid purposes has a different outcome in mind, other than protection against a lawsuit or some other form of liability.) Look, if enough folks express an interest in a fuller discussion of asset protection planning, by contacting Dan Dowd

### Golden Oldies Humor

by Stan Goldstein



'Well, if I can't be skinny, then let all my friends be fat.'

at the On Top of the World Cultural Center in Ocala, I would be willing to do an hour lecture on the subject. Otherwise, I've just given you the best "shot" I can in a column such as this.

**Q.** Is it necessary to have a social security number in my will?

**A.** It is not necessary. In the past, I always tried to get my clients to let me include the social security number because it was an easy way of assuring positive identification. Now, I use only the last four digits of the social security number. However, if a client refuses to let me do that, I don't.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attor-

neys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114 or at On Top of the World, in Clearwater. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex which is near Sid's Coffee Shop. He responds to e-mail at [gcolen@tampabay.rr.com](mailto:gcolen@tampabay.rr.com) or through his Web site, [www.gcolen.com](http://www.gcolen.com).

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# Overholser Eyecare Center



### About the Doctors

Drs. Terrie and Ray Overholser are board-certified optometric physicians with over 30 years of clinical experience. Both graduated with Magna cum Laude honors from the University of Houston College of Optometry in 1992. They have also completed additional post-graduate clinical training at the prestigious Bascom Palmer Eye Institute in Miami, Florida.

Florida licensed and board certified in ocular pharmaceutical agents, their training and experience help in the diagnosis, treatment, and management of all eye conditions.

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## Driver Safety Program

Save money on your car  
insurance

Classes monthly.

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call Larrie, at 873-1537

# OCALA OPEN

at Candler Hills

MARCH 11 -14, 2008

## KNOW BEFORE YOU GO

### Admission

For spectators FREE  
 Enjoy the hospitality of the VIP Tent (ticket required)  
 For VIP Tent details see adjacent ad

### Parking - FREE

Automobile parking is located at Circle Square Commons  
 Golf cart parking for residents located at Candler Hills Community Center behind the gate. Parking for Candler Hills Restaurant located at Circle Square Commons with complimentary shuttle service available.

### Schedule of Events

**Tuesday, March 11 - Pro-Am Golf Event**  
 9:00 a.m. Shotgun Start, Shamble Format - 1 Professional & 3 Amateurs

**Pro-Am Dinner (Ticketed event)**  
 Tickets are \$100 per person; advanced purchase is required by March 5th. Contact Kristine Harrell - 873-0848 x 193  
 5:30 p.m. Cocktails (cash bar)  
 6:30 p.m. Dinner & Entertainment

**Wednesday, March 12 - Ocala Open First Round**  
 8:00 a.m. - Players begin on Tees #1 and #10  
 12:00 p.m. - Players begin on Tees #1 and #10

**Thursday, March 13 - Ocala Open Second Round**  
 8:00 a.m. - Players begin on Tees #1 and #10  
 12:00 p.m. - Players begin on Tees #1 and #10

**Friday, March 14, 2008 - Ocala Open Final Round**  
 8:00 a.m. Players begin on Tee #1

### First Aid

First Aid tent is located between Candler Hills Community Center and the driving range.

### Food

Food tents are located at holes 5 and 12.  
 A variety of food & beverages will be available for purchase - CASH ONLY.  
 Candler Hills Restaurant & Sid's Coffee Shop will be open and will accept credit and debit cards.

**REMEMBER: NO CELL PHONES!** 

## VIP TENT TICKETS AVAILABLE FOR PURCHASE

# OCALA OPEN

at Candler Hills

MARCH 11TH-14TH, 2008



*Enjoy the hospitality of the VIP Tent during the Ocala Open.*

*VIP tickets are available for purchase at Candler Hills Golf Club*

*Cost is \$50 per person per day or \$100 per person for all three days.*

Complimentary food and beverages provided by:  
 Bonefish Grill  
 Pepsi  
 Starbucks and more...

Complimentary chair massages provided in the VIP tent by



VIP Tent located next to the Candler Hills Community Center.

**Hours: 8:00 a.m. to 5:00 p.m.**  
**Wednesday - Friday, March 12-14, 2008**

# 2008 ENTERTAINMENT SERIES



## Circle Square Cultural Center

**Get Your Tickets Online\***  
 at [www.CSCulturalCenter.com](http://www.CSCulturalCenter.com) or at the ticket office.



**Smokey Joe's Café**  
**Saturday, March 8, 2008**  
 Gold \$17 Silver \$15 Bronze \$13



**Celtic Celebration**  
**The Wyndbreakers & Inisheer Dancers**  
**Friday, March 21, 2008**  
 Gold \$12 Silver \$10 Bronze \$8



**Charo**  
**Thursday, March 27, 2008**  
 Gold \$24 Silver \$22 Bronze \$20



**Hands Across the Highway**  
**Art Exhibit**  
**Saturday, March 29, 2008 • 10 a.m. - 2 p.m.**  
**FREE**



**Johnny Tillotson**  
**Saturday, April 5, 2008**  
 Gold \$21 Silver \$19 Bronze \$17



**Man In Black**  
**featuring Tommy Cash**  
*(A Tribute to Johnny Cash performed by Johnny's brother)*  
**Saturday, April 19, 2008**  
 Gold \$22 Silver \$20 Bronze \$18

*All shows begin at 7:00 p.m. and doors open at 6:00 p.m.*

**Ticket Office Hours:**

**Monday - Saturday, 11:00 a.m. - 2:00 p.m. • Day of Show: 11:00 a.m. - Showtime**  
**8395 SW 80th Street • Ocala, FL 34481 • (352) 854-3670 • [www.CSCulturalCenter.com](http://www.CSCulturalCenter.com)**

Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. \*Online tickets subject to a convenience fee.



**All Over  
Our World**  
Lynette Vermillion

March is Women's History Month, St. Patrick's Day, Daylight Saving Time and Easter holidays to name a few.

Each year, March is designated as National Women's History Month to ensure that the history of American women will be recognized and celebrated in schools, workplaces and communities throughout the country. And, for those of us who love to celebrate, St. Patrick's Day gives us another reason — green hats, green beer and corned beef and cabbage. Don't forget to move your clocks one hour forward — spring forward on March 9. We change to Daylight Saving Time a couple of weeks early again this year. For those of you who still enjoy the hunt of Easter eggs, happy hunting and may your basket be filled with many goodies.

Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because Daylight Saving Time provides a convenient reminder.

#### Ocala Open

Don't forget the Ocala Open. The largest charity golf event in Marion County in 2008 will be held on March 11, 12, 13 and 14. The event will showcase the Candler Hills Golf Course and will highlight some of the world's best men's professional golfers while benefiting local charities Interfaith Emergency Services and the American Heart Association's Go Red for Women in Marion County. You will not want to miss this — come out and be a spectator and enjoy watching exciting golf.

If you want to volunteer, stop by the Health & Recreation facility to pick up a volunteer sign-up card.

#### Remodeling/Improvement Update

As many residents are aware, there are a number of exciting improvements happening this year. We will be adding Tennis courts at the Arbor Club, new carpet in suites of the Arbor Conference Center, resurfacing the bocce ball courts, repairing the miniature golf course, updating the bathrooms at the Health & Recreation, laser leveling the softball field, and adding dugouts at the horseshoe area. Golf cart lane striping will be added to 99th Street Road, and we will continue to repave roadways needing repair.

#### Pocket Gophers

Pocket Gophers can definitely be pests in our community. They are also known as Sandy Mounders or Salamanders and are typically found in long leaf pine/turkey oak sand hill habitat. They reach sexual maturity at six months of age and are producing two litters per year (each litter averages two to five young). They love to feed on Bahia grass roots and other native plants in its natural environment. It is legal to trap them without a permit, and as the film "Caddyshack" reminds us, they are very difficult to control.

#### Street Light Outages

If a street light is out in your neighborhood, please call Progress Energy's Outage Line at 1-800-228-8485 and report it. You will need the pole number (e.g. B100540) and the nearest address to the light.

#### Deed Scam

Many residents may be receiving letters from an organization called Fast Deeds stating that property owners should have a certified copy of their deed. Our residents should be wary of this communication as our buyers receive the original recorded warranty deed approximately one month after closing. The recorded deed is also part of the Clerk of the Court's records which may be viewed on the Marion County Clerk of the Court Web site, [http://216.255.240.38/wb\\_or1/or\\_sch\\_1.asp](http://216.255.240.38/wb_or1/or_sch_1.asp).

#### On Top of the World

#### Central Owner's Association

#### Re-Roof Schedule

A number of residents have asked about re-roofing schedules. Schedules are based upon several factors: return of all authorization forms for the building, street location of working proximity, and roofs which are showing the most wear will take priority. The roofing company schedule for 2008-09 roof replacements will begin March 2008 and continue throughout the year until February 2009. We will post the schedule on [www.otowinfo.com](http://www.otowinfo.com)

and update as additional units are authorized for re-roofing to begin. You may select your color shingle at Customer Service in Friendship Commons.

Phillip Hisey gave a great presentation during the On Top of the World Central Owners Association Budget Meeting. Some of the information in my newsletter this month comes from Phillip's comments, and we have placed his portion of the slide show on our Web site. It has great information with regard to chinch bugs, ways to help control them, proper watering, and how to identify them I wanted to give him credit and also thank him for the great job presenting. He is truly an asset to our organization.

#### Parkway Maintenance and Management Company (PMMC)

As provided by the Parkway Maintenance and Management contract, lawn care is maintained according to reasonable acceptable standards in the industry excluding replacements. PMMC standard practice for maintenance of all lawns is to apply seasonally, over the course of the year, three applications of slow-release fertilizer with two of those applications including pesticides. The addition of pesticides to the fertilizer application is to prevent seasonal damage from insects. Water in your pesticide/fertilizer applications when applied to activate pesticide/fertilizer and reduce nitrogen loss by volatilization. Where we have chinch bug activity, we spot spray with pesticides to control. We encourage residents to report chinch bug findings or suspected areas of chinch bug infestations to Customer Service at Friendship Commons.

Duplicating pesticide/fertilizer applications is strongly discouraged. By duplicating fertilization, your grass will create succulent growth and hence susceptibility to disease and pests and it leads to the increased possibility for nitrogen leaching into the aquifer.

Since it is the resident's responsibility to maintain the irrigation, we do not control the amount of water that is applied to the lawn nor do we oversee that the irrigation system is applying proper coverage per zone. Not maintaining the irrigation system properly may lead to stressed grass, weeds, disease and insects. It is recommended that you check your irrigation system monthly for proper

coverage, leaks and head adjustment. Heads not spraying complete patterns may not be providing adequate coverage and can lead to dead or unhealthy grass within the spray pattern of the heads that are not properly adjusted. Your irrigation system should be set to water one-half to three-quarters of an inch each watering.

As lawns and landscapes mature, and it is time for replacement, there are a number of options to create sustainable yards with Zoysia or Bahia grasses or without grass by adding mulch rock and landscape beds with native plants. Consider replacing portions of lawns with ground covers and increasing the landscape bed size with rock mulch and landscape. The ratio for grass or rock mulch to landscape should maintain at least 50/50 to be approved for installation.

Any architectural or landscape modifications require approval from the association. You may stop by Customer Service at Friendship Commons to apply for a modification.

During the week of March 17, we will start fertilizing in On Top of the World Central. To help us prevent any damage to your property, garage your vehicles, store any lawn decorations that could be harmed, and keep all outside doors closed during this time. Also, for the health of your pets, we ask that you keep them inside your home during this period. If you do not want your lawn to be fertilized, please let our Customer Service Department know by stopping by, calling 236-OTOW (6869) or e-mailing us at [otowservice@otowfl.com](mailto:otowservice@otowfl.com).

#### Household Garbage

Please do not place your household garbage on the ground in front of the Dumpster or compactor — please place it inside the Dumpster or compactor. We ask that you do the same for recycling. If you have other items that are not appropriate for the compactor/Dumpster, please take them to the 90th Street Post Office and place them in the designated area. Just follow the signs to the appropriate drop-off area. Please do not leave lawn or shrub clippings by the compactor/dumpster. Place at the curb on your scheduled day, and we will pick up. We want to keep our community clean and well maintained. Please help and please remind your neighbor to do the same. ☺

## Community News & Update

By Kenneth Colen, Publisher

#### Continued from Page 1

tion. Do not fertilize so long as we are in the season of sudden cold snaps and while we are under strict use restrictions. The addition of nitrogen fertilizer may actually result in damage to the lawns far worse than a cut back in water.

**SAFETY TIPS:** March is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 20 minute load!). Even more to the point, collected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace it entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning. In addition to cleaning the vent pipe, this may also be a good time for those of you who use dryer sheets to scrub your lint vent with a brush and hot soapy water. Believe it or not, some dryer sheets emit a waxy substance that adheres to the mesh lining of the lint vent. This can be verified by running hot water over your lint vent. If the water does not pass through the mesh, then it's a good idea to clean your lint vent.

**CONSTITUTIONAL AMENDMENTS:** I for one believe that legislation by constitutional amendment is not a good practice and, ultimately, poses a threat to our representative form of democracy. Not to mention unwise. Florida may be the only state that constitutionally

guarantees pigs a comfortable place to farrow their litters. I'm all for animal rights, but pigs in the constitution! Only in Florida!

While I certainly understand that voters want tax reform, nonetheless I was disappointed to see the Amendment No. 1 pass. Tax legislation belongs in the hands of elected officials whom the electorate can hold accountable. If Amendment No. 1 fails to work, and I predict it will be thwarted by local and county governments through the imposition of new fees and higher tax levies, it will be painfully hard to fix and rescind from the State constitution. I believe Amendment No. 1 will fail to achieve what all Floridians need and that is real property tax reform. Time will tell.

Speaking of a "Pigs in Crates" amendment, the proposed Marriage Ban amendment did just squeak by the deadline with the required number of signatures to make it on the November ballot. That is unfortunate because it really is another entirely unnecessary amendment that fixes nothing and further clouds the Florida constitution. In particular, this amendment has so broad a sweep as drafted that it prevents any legal recognition of domestic partner relationships. This is really very significant for those seniors and others who have a "significant other" in their life. It opens the door very wide for intrusive laws and court rulings on otherwise very private matters. ☺

## Hands Across the Highway Art Exhibit Set for March 29

By BOB WOODS  
WORLD NEWS WRITER

Take the World News right now and head over to your calendar and mark Saturday, March 29 as a date for Hands Across the Highway. This event being held at the Cultural Center is an art show featuring artists from On Top of the World and communities along the 200 corridor.

You are saying to yourself, "I don't need any more pictures for my walls." Do what we do, my wife Bev and I. We have some pictures already framed under the bed. When Bev gets in the mood, pictures already on the wall are replaced with those from under the bed. It is like redecorating your house utilizing the same picture hooks on the wall. Take a few new pictures and move some of the furniture around. You have a brand new decorated room or perhaps your entire house.

Attending the show will be something of a special treat. The Shutterbugs, our On Top of the World photo club, will display all the winning photographs from their last contest. So you will be able to view two forms of art — pictures created on canvas or those created in the mind of a photographer in a camera. Both will illustrate the thoughts and imagination of the artists.

Maybe you want a special picture painted, like perhaps your house or maybe a certain scene or a portrait. Maybe, just maybe you could talk one of these artists into painting what you desire. I know it would be a lot cheaper than purchasing an original from a gallery or a downtown store.

Again, I hope all of you will say hello to the volunteers who are assisting in the show.

The doors will open at 10 a.m. and close at 2 p.m. Should the parking lot be filled, then head to Sid's and have a cup of coffee and upon completing of the liquid refreshment, maybe a parking space will be available when you return. Please be patient as this event is not only available to those of us residing in On Top of the World, but to all those residing along the 200 corridor and beyond.

Mark your calendar now for this event. The Hands Across the Highway is always a whopping success. Don't miss it or you will be sorry. For additional information please contact Debbie Clark at 854-8707. ☺



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# DCM Update

Our long-awaited DVR boxes are available. For only a \$5.98 monthly service fee (plus receiver rental), DVR subscribers can digitally record favorite shows and pause and replay live programming. This service requires a DVR receiver, which is available in both standard and high definition. Contact 873-4817 to order your DVR receiver today.

The Orlando local channel market will be available in high-definition in the upcoming weeks. Subscribers that receive the Dish Ultimate Hi-Definition package can soon receive these locals in hi-def as well for an additional \$5 per month. In addition, our service provider has announced plans to increase the hi-def line-up to 100 national hi-def channels this year. Now is the time to upgrade your service to hi-def and enjoy all the advantages of high definition technology.

You will note a slight increase in your monthly billing effective April 1. Analog Basic Plus 65 will be going up \$1.50 and America's Top 250 Digital Service \$2. These increases have been passed on to us via our service provider.

We have been receiving questions about the digital television conversion so we thought we would provide information on the topic by questions and answers we are receiving.

If you are a subscriber of DCM Cable, the transition will be seamless and you will not need a converter box (so this is the time to sign up!). Eligible converter boxes are for the conversion of over-the-air digital television signals, and therefore are not intended for analog TVs connected to a paid provider such as cable or satellite TV service. This is only for people who get their programming from an antenna (over the air).

### Digital Television Conversion

On Feb. 17, 2009, federal law requires that all full-power television broadcast stations stop broadcasting in analog format and broad-

cast only in digital format. Here's what these requirements will mean for you and your television viewing.

### Why Are Broadcast TV Stations Switching to All-Digital?

Congress mandated the conversion to all-digital television broadcasting, also known as the digital television (DTV) transition, because all-digital broadcasting will free up frequencies for public safety communications (such as police, fire and emergency rescue). Also, digital is a more efficient transmission technology that allows broadcast stations to offer improved picture and sound quality, as well as offer more programming options for consumers through multiple broadcast streams (multicasting). In addition, some of the freed up frequencies will be used for advanced commercial wireless services for consumers.

### What Do I Need To Do To Be Ready For The DTV Transition?

What you need to do depends on the source of your television programming, whether you receive programming over the air or from a paid provider such as a cable or satellite TV company. If you are a DCM Cable subscriber, this is seamless and no action is required.

### What about My Analog TV? Will It Still Work?

After Feb. 17, 2009, you will be able to receive and view over-the-air digital programming with an analog TV if you are a DCM Cable subscriber without interruption or action required on your part.

For more information on this subject please visit the following Web site — [www.fcc.gov/cgb/consumerfacts/digitaltv.html](http://www.fcc.gov/cgb/consumerfacts/digitaltv.html), stop by Customer Service for a copy of the article, or go to the link on [www.otowinfo.com](http://www.otowinfo.com).

### Bighthouse Customers

If you are a Bighthouse Cable customer and have further questions, call (866) 309-EASY (3279).



**From Debbie's Desk**  
Debbie Clark

Here it is March ... Happy St. Patrick's Day to all Irish residents and all wannabe Irish residents. Also Easter is early this year so Happy Easter to all; do not eat too much candy.

There was only one event scheduled for the month of February and that was the Scavenger Hunt. Due to lack of participation I had to cancel this event. I will add it to next year's calendar and we will try again.

Onto the month of March, here is the listing of the **Happy Hours**:

- **FRIDAY, MARCH 7:** Roger
- **FRIDAY, MARCH 14:** Themed Happy Hour St. Patrick's Day with Barry & Nancy
- **FRIDAY, MARCH 21:** No Happy Hour; Good Friday
- **FRIDAY, MARCH 28:** Tomaura

On Monday, March 3, we will begin the **registrations for the Rags to Riches**, which will take place on Friday, April 18. Tables are on a first-come, first-served basis and they are \$6 apiece. As always, this event is being held at the Arbor Conference Center in Suites A through H. You may register at the Health & Recreation office Monday through Friday, 8 a.m. to 4 p.m. or by calling 854-8707, Ext. 10.

Also in March will be the **Ocala Open**, which will take place at the Candler Hills Golf Course. The Pro-Am tournament will be on Tuesday, March 11. The Ocala Open tournament will take place on Wednesday, Thursday and Friday, March 12 through 14. Spectators are welcome at this event.

Also at the end of the month, on Saturday, March 29, will be the annual **Hands-Across-the-Highway** event at the Circle Square Cultural Center from 10 a.m. to 2 p.m. This is the one event where you will have a chance to view some wonderful pieces of art. The art is all done by our own On Top of the World residents, along with residents from other

55-plus adult communities along State Road 200 and other areas of Marion County. Also on display in the lobby of the Cultural Center will be the winners from the Shutterbugs exhibit, which took place this past November. Boyd and Beth Dolan will be performing on the stage. They are a very talented harpist and a flutist who have performed at past Hands Across-the-Highway events.

Now onto some upcoming trips for the month of April. The first will be the trip to the **Sterling Casino** at Port Canaveral on Tuesday, April 8. We will leave On Top of the World at 7 a.m. and will return sometime after 5 p.m. The cost per person is \$17, which covers your round-trip transportation. Once on board the ship we will have our own separate room again. If you get tired of gambling, you will be able to go into our room and sit down and relax. Also our lunch buffet will be set up in this room for us to enjoy.

Another item you asked for is the **Hard Rock Hotel and Casino trip**. The first one will be on Tuesday, April 15, and the cost is \$20 per person. You will leave On Top of the World at 8 a.m. and return sometime after 5 p.m. You can register for both trips at the Health & Recreation office Monday through Friday, 8 a.m. to 4 p.m., or by calling 854-8707, Ext. 10.

There are two other **Seminole Hard Rock trips** planned and these are May 22 and June 17. Registration is open for both trips.

**Baseball trips** are returning, and the first one is scheduled for Friday, April 25. We will be going to Tropicana Field to watch the Tampa Bay Rays take on the Boston Red Sox. This is a 7:10 p.m. game. We will leave On Top of the World at 3 p.m. and will return sometime after midnight. The cost per person is \$36 and this covers your round-trip transportation and your ticket into the game. You are responsible for your own dinner.

Another game will be Thursday, May 15. Once again we will be going to Tropicana Field to watch the Tampa Bay Rays take on the New York Yankees and this is a 4:10 p.m. game. We will leave On Top of the World at 12:30 p.m. and hopefully be returning way before midnight. The cost for this game is \$36 per person also. We are taking registrations for both games at the Health & Recreation office Monday through Friday, 8 a.m. to 4 p.m.

**COMMUNITY AND AMENITY NEWS:** Hopefully by this time the renovations to the men's restroom and the ladies locker room are complete. I hope you like what you see. Now we will move on to the second phase, which is scheduled to begin on March 3. This will entail the ladies restroom and the men's locker room, which also means the showers in this area are closed as well as the wet area.

Another bit of renovations that have taken place are the bocce courts have been resurfaced and now we are moving forward with the miniature golf area. So as you see us closing certain areas for an extended period, please be patient. We are trying to have these renovations done with the least amount of impact to you, the residents.

As always play safe and have fun!

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Brian Peterson, PTA graduated from Central Florida Community College's Physical Therapist Assistant program. Brian specializes in treating vertigo and vestibular conditions.

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# Candler Hills • Indigo East • Candler Hills • Indigo East



**Candler Hills**  
Mary Pat Giffin

## So Much To Do and So Little Time

Wanted: Residents to play bridge, hand and foot or mah jongg in the afternoon. Sandi Hirschbein is organizing a group of interested participants for these games. Games would be played from 12:30 to 4 p.m. on Mondays or Fridays. If you're interested give Sandi a call at 291-0565.

In the meantime residents are playing social bridge (the kind where you don't need a tournament director) on Wednesdays at the Community Center from 7 to 10 p.m. Beginners are welcome to learn this interesting and life-long game. For more information call Diane Podkomorski at 875-9923.

If you're looking for something that requires less thinking than bridge, try bunco. Candler women are playing on the third Monday and fourth Tuesday of the month. It's hosted at different homes each month. For more information call Hedly Racinowski at 861-6120.

Poker is on the menu at the Community Center on Tuesday nights from 7 to 10 p.m. And, Mike Krajkovich hosts Thursday night poker. Give him a call at 854-1954.

Mark your calendars now for the second annual Candler Barbecue on Saturday, April 12, from 4 to 7 p.m. Phil Moherek and his committee promise a bigger and better bash than last year. It will be a charity event with a drawing for donated prizes. Watch for details. For more information call Phil at 732-961-3046.

## Candler Hills Community Barbecue

The Candler Hills Community will host a "Hoe Down for Charity" on April 12 from 4 to 7 p.m. at the Candler Community Center.

All proceeds from the indoor/outdoor barbecue will be donated to Interfaith Emergency Services in Ocala. The barbecue will consist of hot dogs, hamburgers, chicken, salads, dessert and tea/soda.

Fred Campbell and the On Top of the World Circle Square Dancers will provide the entertainment. There will be a raffle for donated prizes and a 50/50 raffle.

The event is for Candler Hills' families, friends and guests and will cost \$20 per person. Tickets will be on sale at Sid's Coffee Shop every Monday, Wednesday and Saturday, March 22 through April 7 from 10 a.m. to noon. For further information, please call 861-6120.

Carol Clark

The Women's Club is growing and the outings continue to offer cultural and educational events. The day-trippers are taking a tour of E-One on March 12. The group is meeting at the Community Center parking lot at 8:15 a.m. They will car-pool to E-One for a one-and-half-hour tour followed by lunch at Arthur's in the Hilton. Bring \$6, cash only. Lunch is at 11:15 a.m. Prices range from \$6.95 to \$9.95 per person.

On April 9, the Candler Hills Women's Club heads to Mt. Dora for dining; sightseeing by trolley, train or boat; shopping and antiquing. If you've never been to Mt. Dora, you don't want to miss this outing. All women and their friends are welcome. Cost is \$17.25 per person for bus transportation. Call Dianne Mas-



Photo by Tom Racinowski

**It was a fabulous, fun-filled day for the 43 women who participated in Candler Hills Women's Club February outing. They toured Yalaha Country Bakery; an organic farmstand; dined at Mission Inn; tasted wine at Lakeridge Winery; and completed their outing at Russell Stover Outlet for chocolate samples.**

erson at 237-9818 for more information.

To learn more about the Women's Club, call Lynda Feld at 237-6568.

Just want to have lunch? Hedly Racinowski has started a Lunch Bunch. Last month, 24 Candler women went to Juliette Falls and de-toured to Atsides, a restaurant supply store with gourmet food items. For more information call Hedly at 861-6120.

As if this laundry list of activity isn't enough to spark your interest, the Excursion Club offers another kind of adventure. This month anybody who enjoys sunshine, water, birds and people watching may want to join Diane Podkomorski for a pontoon trip on the Homosassa River. Cost is \$17 per person. Give Diane a call if you're interested in this outing.

She can be reached at 875-9923.

Tarpon Springs is on the Excursion Club agenda for April 18. In the meantime, you might want to learn more about this organization. They meet the first Tuesday of each month in Community Center at 6:30 p.m. Membership dues are \$5 per person. Members are given the first opportunity to sign up for some of these wonderful trips.

I could go on but this potpourri of clubs and activities should keep you busy till next month. From time to time, I will be profiling Candler residents who are making a difference in our community. I welcome your comments and suggestions. I can be reached at marypatgiffin@yahoo.com or call me at 854-8545. ☺



**Indigo East**  
Allie Gore

By the time you read this, our "End of Winter" social will be over. As usual a team of neighbors worked together to make this event enjoyable. Helen Boros created another wonderful gift basket for a door prize, Cookie Caposello and Wendy Goldhill made spring-like centerpieces for our tables, Cindy Lafrance, Henrietta Westlye, Joyce Gysen and Kathy Brouillard planned the event.

Of course we always have lots of help from spouses to set up and everyone pitches in to clean up. Thanks to all, I know it was fun!

Check your e-mail for information on our next social, which is scheduled for April 12. Please note this is a change from our original date of April 13. If you would like to help plan this or other events for our community please let me know at indigo8062@earthlink.net.

We have again participated in On Top of the World's Hoofin' It For Hospice fundraiser. Betty Chadwell again served as chairperson. Lee Potoma and Anke Linthorst helped Betty with this annual event. The money raised helps Hospice provide care and services to persons who do not have the ability to pay.

Thank you Betty, Anke, Lee and especially you neighbors who helped make this a successful event.

February also had a ladies luncheon. You missed this one but mark your calendar for the next one scheduled for April 25. Contact Nancy Ludvik (info below).

March 7 is our First Friday gathering; we are hosting the Golden Troupers at this monthly event. This traveling entertainment group, sponsored by the Ocala Civic Theatre, will entertain us beginning at 7 p.m. Donations will be accepted to benefit the theater. We gather, as usual, at 6 p.m. to eat and socialize.

Our community center is home for lots of activities. Be certain to check out the following:

Mondays finds yoga at 9 a.m., line dancing at 1 p.m. and mah jongg at 7 p.m. You can join the ladies for mah jongg on Wednesdays in the afternoon from 1 to 4 p.m. The second Tuesday and fourth Thursday each month is game night. Bring a snack and your personal beverage and join neighbors in playing cards, board games, dominos, or other games you enjoy.

March 11 at 1 p.m. the Book Club will meet at the community center. This month's selection is "The Other Boleyn Girl" by Philippa Gregory. Joyce Diekman is your contact person 817-1364 or e-mail her at mtmhiker2@hotmail.com.

We now have an Exchange Library in our community center. Check it out! The cabinets to the left of the refrigerator have become our library. You are invited to bring your books and CD's for neighbors to borrow. We have a good start already. We are all on the honor system when it comes to returning books and CD's. Thank you!

With so many events going on in our community center it is necessary to be reminded that we are each responsible to clean up after our events. The refrigerator is to be left empty and clean. Ice can be left in the freezer. The microwave, countertops and sink are to be empty and clean. Garbage of any amount or food items that may cause an odor are to be removed from the building at the end of the gathering. Thank you for being good neighbors!

April 1 is our next blood drive to be held in-

side the community center. Blood donation is an easy way to give a priceless gift. Consider joining your neighbors who donate. Become a blood donor. If you are uncertain if you can be a blood donor, call 622-3544. Each donor receives a free cholesterol test, recognition gifts and the knowledge that your blood likely saved a life. We thank you!

Welcome neighbors new to Indigo East. Please contact me at indigo8062@earthlink-

net to be added to our events and activities distribution list. Contact Roger Schwartz at schwartz8096@yahoo.com with items for our community newsletter. Nancy Ludvik updates and distributes our neighborhood directory; she can be reached at mnludvik@earthlink.net. We share contact information unless directed not to. Looks like I have run out of space. Until next month, remember to enjoy life, this is not a dress rehearsal! ☺

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**Bloodmobile**  
Don Pixley

We didn't establish a new record as hoped, but we did equal our last month's record. We collected 43 units, including two ALYX donors. Our deferral record is very satisfactory, only two out of 43. We must be keeping our iron up!

We are glad to see some new donors and hope they continue along with our regulars. We need all the good citizens we can find.

We extend a special invitation to residents of Candler Hills and Indigo East. The Big Red Bus parks only a few minutes away and we urge all eligible residents of that area to join us. The next drive will take place April 7. The bus will be here from 7:30 a.m. until 2 p.m. Why not get a group together and come on over. You will be most welcome.

Those reporting for our February drive are: George Borgia, Kay Breyfogle, Robert Comb, Alfred Coonradt, Harold Corwin, Carol Deyoung, Oscar Fernandez, Donna Fey, Julius Fey, Anthony Filoramo, John Grimshaw, Joy Harter, Henry Hawkins, an Alyx donor, Judith Kane, Ruth Kinney, Diane Kiro, Edward Klodzen, Melvin Klosterman, John Kreps, Edward Lalonde, Beatrice Maxwell, Karen McNeeley, Suzanne McLam, Dorothy Metcalf, Jeanne Nicholls, William Osis, Leona Phillips, Donald Pixley, Joyce Pixley, Joan Rappa, Gary Rodoff, Marie Roppel, a 20-gallon donor, Bruce Roxburgh, Diane Roxburgh, Patricia Russell, Ervin Schamal, an ALYX donor, Hedy Schamal, Shirley Shellman, Florence Soens, on her way to 12 gallons, Jodi Szmanski, Ernest Tripp, Gerald Willett, and Sylvia Willoughby.

We extend many thanks to these donors. Many lives may have been saved and/or recuperation hastened as a result of our drive.

We will again set our next goal of 50. It will take some extra effort and we encourage all regulars to bring a friend or neighbor to the next drive. Florida Blood Centers are the sole suppliers to Marion County hospitals.



**Lions Club**  
Dianne Lovely

On Top Of the World Lions Club would like to welcome four new members into our club: Dee Lakosky, James McCabe, Jane McCabe and Jerri Shorey. We hope you all enjoy our Lions Club as much as we do.

Congratulations to Estelle Clark for receiving a pin for excellence in membership. Estelle has brought more Lion members into the club than anyone. Way to go, Estelle.

Do not forget we are funding a program that helps shut-ins if you can't get out and would like someone to come read or help do errands with you.

We also provide transportation to doctors' offices. Please call Rita or Tony Cacciotto at 854-1364.

As one of our major fund raising projects throughout the year, we collect used inkjet cartridges, laser cartridges and old cell phones. These items are then gathered by our members and shipped to a recycling center. The monies reimbursed are used to send blind and special needs children with multiple handicaps to the Florida Lions Camp located in Lake Wales on Tiger Lake. We would very much appreciate your help by becoming one of our sponsors in participating in this worthwhile project. It takes very little of your time. Just saving your old cartridges (in a container that we can provide) will make a tremendous difference in the life of a child. So far these are our sponsors: Benco Insurance, Carlton Arms of Ocala, Cherrywood Communities, Closet Maid, Dave Carter of Florida, Divine Providence Ministries, Dr. Ramaswami, E-One, Farm Bureau, Freedom Public Library, Foxfire Realty, Golden Realty, Hillcrest Public School, Palm Cay Communities, Park Avenue Bank, Pine Run Estates, Roberts Funeral Home, Saddle Oak Communities, South Marion Citizen, Spx Air Treatment, State Farm Insurance, On Top Of The World Communities and West Marion Hospital.

Thanks to Diana and Hector Rocafort who chair this project. The slogan is recycle. Because you care, camping gives kids a world of good.

Watch for the Lions' yellow vests, as we will soon be doing White Cane Day in mid-April. This helps support the visually impaired.

We meet at the Candler Hills Community Center on the second and fourth Tuesdays of the month. Call membership chairman Estelle Clark at 861-7358 or president Bob Melnick at 891-2730.



**Genealogical Society**  
Elizabeth Kyle

History is at the heart of understanding the meaning of our genealogical findings. Beware of family myths! My father's sisters always talked about a grandfather who served in the Royal Scots Guards. Although there are many Kyles listed on the plaques at Edinburgh, I have found three generations of Kyles in Northern Ireland. This being March, it seems appropriate to explore a little history of Ireland and of what happened to the area where St. Patrick first built his cathedral.

There are surname distribution sites that offer surnames by frequency in each county. What I found most helpful was a site that allowed you to enter another surname and showed in which counties both surnames appeared. The site [www.ireland.com](http://www.ireland.com) brings you to The Irish Times newspaper. It has a first-

rate site for surname and other genealogical research.

The maps at the site [www.rootsweb.com/~irlik/ihm/iremaps.htm](http://www.rootsweb.com/~irlik/ihm/iremaps.htm) provide historical maps with notes on the history underneath the maps. The subjugation of the Irish began in the 14th century and was continued by Queen Elizabeth, who created the plantation system (giving property owned by Irish Catholics to Scots and British noblemen), which made the Irish poor, landless laborers in this system.

In the next century, James I formed The Plantation of Ulster. In 1607, the last of the Irish nobility fled from what was to become Northern Ireland. This area was subjugated by the British under Cromwell who was notorious for his destruction of everything Catholic.

At this same site, I discovered that "Kyle" is an anglicized form of the Scottish "MacSuile." This name is found in Tyrone as early as 1663, at which time Tyrone was part of The Plantation of Ulster. We'll go into The Great Famine at another time. Now I understand why the Kyle family was not pleased about their son marrying into a Catholic family named Keane.

The first groups to work on the Good Shepherd indexing project went out on Feb. 12 and 13 with Margaret Smith. Another group was scheduled to go on Feb. 15. Thanks to all who are helping on this valuable project.

Our March business meeting will be held on the second Monday at 10 a.m. in Room 3 of the Arts & Crafts Building. There will be a sign on the door. Come early to choose material from our library, carefully indexed by Helen Grollmusz.

There is a new time for the educational meeting on March 17. From February on we will be meeting at 10 a.m. in Suites A and B of the Arbor Conference Center.



**Republican Club**  
Tony Tortora

Republican Club meetings are generally held on the second Friday of the month at 7 p.m. in the Arbor Center Conference rooms. Occasionally, the date or time changes to accommodate a special event. Always check the TV announcements for the next meeting.

The plans for the next few months are:

- March 14: Commissioner Stan McLain has been invited to be the guest speaker.
- May 9: Candidates for county commission district 5 are invited to speak. They are the incumbent commissioner Charlie Stone and challenger Ray Strickland.
- June 13: Candidates for county commission District 1 are invited to speak. They are Jimmy Walton and Mike Amsden.
- Aug. 8: Candidate school superintendent Jim Yancey will join us for the Jim Yancey Piz-za Party. Republican school board members and candidates are welcome.

The guest speaker in February was Paul Truesdell, Republican candidate for Marion County sheriff. He discussed the sheriff's department structure giving the numbers of deputies, their rank and assignments. His numbers would indicate that the department is top heavy which would cause a higher than necessary payroll. He also pointed to areas of questionable funding. He stated that there are 900 employees and 811 licensed vehicles. That seems to be out of proportion.

The Republican Executive Committee will hold the Annual Lincoln/Reagan Day Dinner at the new Holiday Inn ballroom (behind Sam's Club) on April 12.

The honored guest this year will be syndicated columnist Cal Thomas. The combination dinner of petit filet mignon and Cornish game hen will be served at 6:30 p.m.

The donation of \$100 per person includes a lively auction and other prizes. Join your fel-

low Republicans and call 854-7804 for information and tickets.

The RWOMF (Republican Women) will hold their annual Golf Scramble on April 19. The shotgun start at 8:30 a.m. will be at Ocala Palms Golf and Country Club course. The fee of \$75 per person includes continental breakfast, green fees, cart fee, lunch and hole-in-one prizes as well as other prizes. Men and women welcome. Sign up as a single, double, trio or foursome. Call 854-7804 for information and application.

All Republican candidates for office are welcome at the meetings and many will attend. They are given an opportunity to introduce themselves but not to give a campaign speech unless invited to do so.

See you at the next meeting.



**Democratic Club**  
Lee Wittmer

Do you believe good schools create a better community, that it lowers crime, creates better prepared students and raises graduation rates?

On Tuesday, March 18, our speakers will attempt to answer these questions during our general meeting. This begins at 7 p.m. with refreshments at 6:30 p.m. in Suites E and F of the Arbor Conference Center.

Eugene Poole and Vernon Murray will speak and cover the issue of whether schools do better when the superintendent is appointed or is elected.

Ronald Wray, a candidate for Marion County School superintendent, will speak to us about his educational background and experience as to such position. Also he will tell us why he is seeking office and further, when he is elected how he will affect our schools.

We will also have information next month on candidates running for the school board.

We welcome anyone who has an interest in the club or in the subject matter for the evening.

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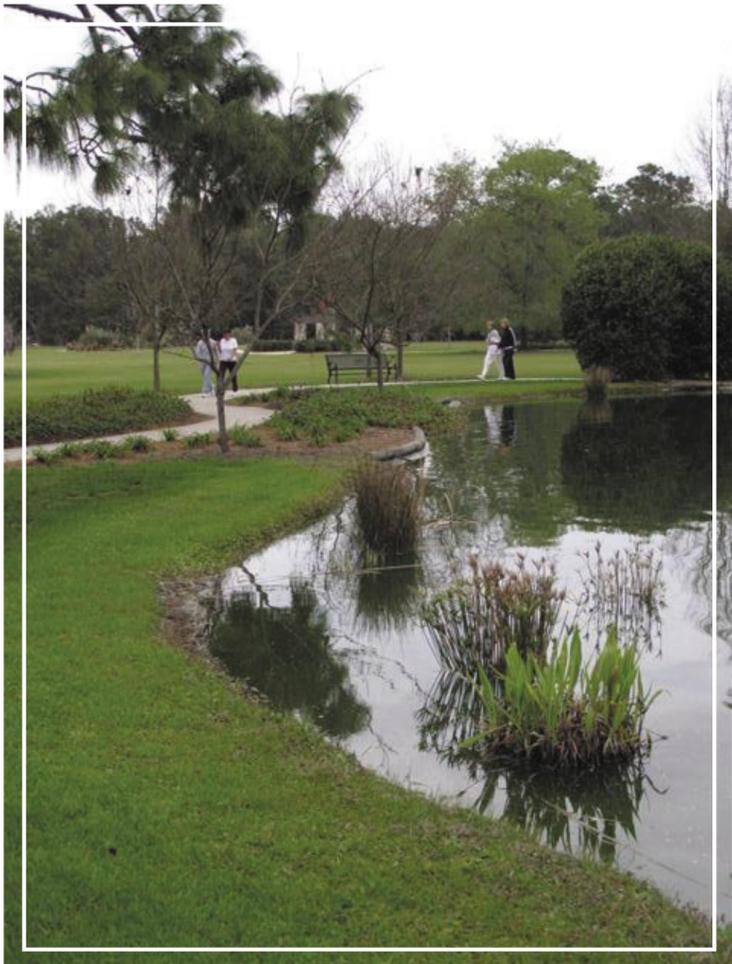


Photo by Bob Woods

Walkers go around the pond at Sholom Park during weekly fitness walks.

## Walkers Enjoy Sholom Park

By BOB WOODS  
WORLD NEWS WRITER

Would you like to get a little exercise while at the same time enjoying a little of what Mother Nature has to offer? How about joining some of your On Top of the World neighbors walking around the paths at Sholom Park while taking in the morning air as you listen to the different birds calling out to one another? The sun isn't really high as yet so the mornings are just right for walking not being too hot or humid.

The group forms in the parking area every Tuesday morning at 9:30 a.m. as each member can choose the length capable of achieving either of the one- or two-mile routes. Don't worry — there are walking coaches available from our own Fitness Center to guide you in the correct posture form and techniques.

The Fitness Center would like for all those participating to bring a friend to enjoy the beautiful scenery Sholom Park has to offer. No matter what time of the year there is always some type of flower blooming and one can always take a break and enjoy watching the fish in the pond, particularly if there are small children present with their parents feeding the ever-hungry colored koi.

The Tuesday I visited there were more than a dozen walkers, two of which were brand new to the group; in fact, they were new residents having just moved into On Top of the World.

One of those walking was handicapped using a cane to aid in his walking. This individual walked both routes, which are approximately one mile each. Each person can walk just one mile or walk two miles in the predetermined

routes, do all the routes over again on your own.

I was told one of the trainers remains at the end of the group walking to insure everyone is all right. In fact, this trainer trailing behind the group is equipped with emergency medical supplies in case any walker might fall. I noticed some of the walkers really stepping out leading the pack. Each person walks at his or her own pace and as I mentioned, one trainer pulls up the rear no matter how slow the slowest walker traverses the route.

Want to join this group of walkers? Just show up at Sholom Park a little before 9:30 on Tuesday morning and join the group. If you are new to the group, let those trainers from the Fitness Center know. As I was waiting for the group to make it around the route, I met and conversed with many folks from On Top of the World.

The park is a great place to walk, not only experience what Mother Nature has to offer at various times during the day but you don't have to worry about oncoming vehicle traffic. You can walk around enjoying the surroundings.

The Fitness Center will continue these Tuesday morning walks through the month of April before the morning temperatures become too hot and unbearable.

For additional information concerning the Tuesday morning walks or any other fitness program offered here at On Top of the World, please contact the Fitness Center in the lower level of the Health & Recreation Building or call 854-5198. ☺



**Birders' Beat**  
Jane Callender



**The Loggerhead Shrike**

The Unique Birders will meet on March 19 at 1:30 p.m. in Suite H of the Arbor Club Conference Center. Come to hear the results of the February planning session. For more information call Roberta Campbell at 854-4814 or me at 861-2983.

The February field trip is yet to be, but the January field trip to Inglis Dam and Bird Creek Park where the Withlacoochee River meets the Gulf was excellent! Besides many birds seen and heard on that gray day, we saw a leaping dolphin in the river near the Gulf! After a very early breakfast we thoroughly enjoyed a Mexican lunch in Dunnellon.

The accompanying photo is a Loggerhead Shrike. I have never seen the bird, but the photographer, Sandra Marraffino, says if you travel country roads and visit surrounding fields, they are there.

The Loggerhead Shrike is common all year round across southern North America, with many birds moving farther north in summer.

In its breeding grounds it builds a nest of twigs, well lined with feathers, up to 20 feet above ground, in a tree or thorny bush. The female incubates the three to eight greenish-white eggs in just over two weeks. The young leave the nest three weeks after hatching.

This is a nine-inch bird with silvery back, crown and rump and a white spot on base of the primaries. It has a white breast, large head with black mask and a heavy hooked bill.

The Loggerhead Shrike feeds mainly on large insects, but will hunt mice and other birds when food is scarce. Like the Northern Shrike, it stores excess food on a thorn or barbed wire for days when prey is scarce. Because of their heavy dependence on insects, Loggerhead Shrikes have experienced a decline in numbers due to pesticides.

An interesting coincidence: a friend just sent a clipping from the Buffalo News and a "bird watcher" in that area hadn't seen a Loggerhead Shrike since 1990. ☺



Photo by Larry Rourke

Members of the Avalon Social Club gather at the Arbor Club.

### Avalon Social Club Lorriane Rourke

Our February event at the Arbor Club Ballroom had folks wearing red in honor of Valentine's Day. Joann Barnes decorated all the tables with floral arrangements and individual favors and with the red tablecloths it was beautiful. We had an excellent turnout and plenty of a wide variety of food.

If you haven't made it to one our events, put it on your calendar. Everyone had a great time visiting, sampling food and then enjoying the partner game that Sandy had set up. We all had fun with the questions and answers of our participants. The winners were Wayne and Judy Harmond, who won a tasty valen-

tine's cake. Great job, Sandy and Joann.

Our next event will have a St Patrick's Day theme on March 3, so pull out your green outfits and come decked out. It will be our traditional bring a dish event. Bring an appetizer, casserole, vegetable, fruit, meat, bread, main dish, salad, soup or dip (no desserts, please, as we assign these). Also bring any serving tool you need, and your own non-alcoholic beverages. We will provide the paper products.

There will be some type of entertainment game-wise at this one too so be prepared for a rolling good time. It's a great chance to not have to cook a full meal, try other dishes, and meet your neighbors so mark you calendar. We'll have an Easter/spring theme bring a dish on April 7 as we look ahead — stay tuned, as we'll be trying some different things to spice life up.

I will be out of town for the March one so if you have questions please contact Sandy Kemp at 237-9073. ☺

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**BALLROOM DANCE**  
Classes will be offered Wednesdays and Fridays from 6:30-7:30 p.m., beginning March 5th. Our new instructor Lorraine Kay has been dancing since childhood and will introduce you to a new dance every month, beginning with the waltz. The waltz is a great way for couples to learn to "dance together as one." During this session the man will learn how to lead and couples will learn proper stance. Don't be shy! If you don't already have a partner we will happily pair you with someone. Couples will be assigned the first night of class. Cost is \$50 per person for 8 sessions and pre-registration is required. Sign up at the front desk. \*A minimum of 10 people will be required.\*

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**Kitti's Corner**  
Kitti Surrette

**Being Positive  
Obstacle or Opportunity?**

Learning to navigate through adversity paves your road to success. People sometimes assume that once they fuel their lives with positive energy, everything will go smoothly for them. Sure, things will go more smoothly, but that doesn't mean you'll never hit another bump in the road. Life is full of tests. But great people don't let setbacks keep them from reaching their destination. They power through adversity by turning obstacles into opportunity. Let's look at how to make this happen together:

Learn, don't burn: It's normal to feel frustrated when you hit a roadblock, but don't waste time and energy stewing. Create energy by developing a solution. Ask yourself: What can I learn from this experience? How can I grow from facing this challenge? These are questions I use to ask my daughter when she faced roadblocks in her young life. It works; she could always find something to learn from the experience. Even negative events and people teach you something; they show you what you don't want so you can focus on what you do want. They can show you how you don't want to be in your life.

Find your signs of grace. To build the inner strength to deal with adversity, think about the times in your life when you thought something bad happened, but it turned out to be something good. Make a list of these experiences. The next time you are faced with something you didn't want or expect, use the list to remind yourself that things do happen. A Gallup poll asked people to identify the worst thing and the best thing that ever happened to them. It turned out that in 80 percent of the cases, the worst thing somehow led to something even better.

Give yourself forward momentum. Instead of getting upset that things aren't going the way you planned, think: I wonder where this will lead me? Look for new options with which this challenge is presenting you, new directions in which it's leading you. Remember, sometimes you have to lose a goal to make a new goal.

# RECREATION CENTER FITNESS SCHEDULE

## HEALTH AND RECREATION CENTER GROUP EXERCISE SCHEDULE

EFFECTIVE JANUARY 1ST 2008

\*DENOTES A FEE BASED CLASS

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Room	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 12:15
8:00-8:50 Aerobics Room	Cardio Mix Mary Pat	Condition & Stretch Cammy	Cardio Mix Donna	Condition & Stretch Cammy	Cardio Mix Cammy	20 Min. Sunday
9:00-9:50 Aerobics Room	Circuit Burn&Firm and Firm Mary Pat	Tai Qi Po* Frank	Circuit Burn&Firm and Firm Mary Pat	Tai Qi Po* Frank	Circuit Burn&Firm and Firm Mary Pat	Oyxcise 12:15
10:00-10:30 Aerobics Room	Balanced Body Mary Pat	Absolutely Abs Howie	Balanced Body Mary Pat	Absolutely Abs Howie	Balanced Body Mary Pat	20 Min.
10:30-11:15 Aerobics Room	Light Aerobics Mary Pat	Healthy Living Seminar 1st Tuesday of the Month	Light Aerobics Mary Pat		Light Aerobics Mary Pat	
10:30-11:15 H&R Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti	
12:00-1:00 Fitness Center		Cybox Orientation Howie				
12:15 Aerobics Room	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	Oyxcise 20 min. Video	
Aerobics Room	Your New Power* Howie		Your New Power* Howie			
3:00-4:00 Aerobics Room						

\*NEW: Absolutely Abs and Healthy Living Seminar

Notice that when you see a problem as a learning experience instead of a crisis, the problem goes away? Each and every challenge you turn into an opportunity helps pave your road to success.

**The Peace of Letting Go**

Holding a grudge holds one back. How to free yourself and move on.

A close friend forgets an important date. Your neighbors keep taking your newspaper. You overhear your in-laws making critical comments about your relationship. Your anger and resentment build into a grudge. You grab hold of it, resolving that these people will be punished by your coldest shoulder. That will teach them — or will it? Only it doesn't. And you end up feeling drained physically and mentally. How do you give up a grudge and get on with your life? Great question, let's take a look at the answer.

**SEPARATE THE BEHAVIOR FROM THE PERSON:** We think, wrongly, that bad deeds equal bad people, and they should regret their actions,

says psychologist and author Paul Hauck, Ph.D. But an unkind deed doesn't make someone bad. It makes them human. Humans make mistakes.

**FOCUS ON WHAT YOU CAN CONTROL: YOUR FEELINGS:** You might blame the bad deed for making you bitter. But you're the one choosing to feel that way. Revenge isn't worth it. Stop thinking that by being aloof, you'll teach someone a lesson. You're just hurting your relationship and not solving anything.

**FORGIVE EVERYTHING, FORGET NOTHING** — Paul Hauck says that's the best policy.

Example: Let's say someone hasn't repaid your loan. Try saying, "I don't like what you did, but I forgive you. People make mistakes. You've told me with your actions that if I loan you money, I won't get it back. So I've learned not to lend you money."

**GET OVER YOUR ANGER:** When you hold a grudge, you're demanding that someone do things the way you like. Pretty childish, if you think about it. Change your demands into wishes (I'd prefer that you ...). It really takes the steam out of anger. And if you can let go of the anger, guess what? You can let go of the grudge and start to let inner peace take its place. Doesn't that feel much more satisfying? I'm sure it does.

**ENDING WITH THESE THOUGHTS:** You're going to fall. It's how you get up that defines who you are. Every challenge is an opportunity to grow, no matter what your age. Be a happy and peaceful person.  
See you in class! ☺



**Ask  
the Trainer**  
Howie Williams

It's March and spring is already approaching. With the warmer weather there is no better time to set some new fitness goals. Of course we tend to wear less in the warmer weather and would like to look our best! Fitness orientations are given every Tuesday at noon and I would be glad to help everyone start or improve their current exercise program.

We also have fantastic group exercise programming with classes for everyone whether it is yoga, balance, strength, Pilates, water classes, stability ball and abdominal classes. Please feel free to come by and pick up a schedule of the classes at the Health & Recreation Building.

**HEALTHY LIVING SEMINAR:** At 10:30 a.m. on March 4 is the seminar "We All Fall Down." This seminar highlights the importance of balance and fall prevention. According to the Centers for Disease Control (CDC) and Prevention's National Center for Injury Prevention and Control:

- More than one-third of adults age 65 years and older fall each year.
- Among older adults, falls are the leading cause of injury deaths and the most common cause of injuries and hospital admissions for trauma.
- Older adults are hospitalized for fall-related injuries five times more often than they are for injuries from other causes.
- Of those who fall, 20 to 30 percent suffer moderate to severe injuries that reduce mobility and independence, and increase the risk of premature death.

Please attend as we will be accessing your balance and fall probabilities. ☺



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Photo by Mary Pat Giffin

**Howie Williams arrives at the Health & Recreation Building every morning on his bicycle. Here, he is greeted by Dillon Giffin.**

**Residents Speak Out  
for Bicycle Safety**

Bicyclists pedaling along on golf cart paths and on the street ARE a common site at On Top of the World. Many of us enjoy pedaling as a form of recreation, exercise, and as a means of transportation. However, safety concerns need to be addressed to avoid the risk of significant injuries.

Recently, for example, while driving my golf cart on the designated cart path, I encountered a couple bicycling side-by-side in front of me. Another man and woman walked toward them on the same path. I veered onto the road to avoid a collision. At the same time, one of the bicyclists pulled onto the road without warning. I screeched to a stop, nearly hitting the back tire of his bicycle. Nobody was hurt. We were both a little shook up.

He said, "I can't see behind me."  
I snapped, "Why didn't you signal your abrupt turn off the path?"

Cyclists and golf cart owners must obey the same traffic rules as motorists because they share the same road.

Nancy Grabowski has been riding a bike for more than 50 years. She uses reflectors, lights, signals, and she wears a helmet. Although she has never been in an accident she recognizes that bicycling can be dangerous. That's why she wears a helmet.

"If you have too much to lose," said Nancy, pointing to her head, "you don't want it to spill out."

Roger Laible rides his three-wheeler bicycle roughly 1,000 miles a year. He doesn't wear a helmet because he doesn't travel fast to and from H&R and feels he has a "more stable platform" than two wheelers.

"I jogged for years and when my knees went bad I walked and walked. But when I moved here three years ago, I couldn't walk anymore for exercise," explained Roger, who has a prosthesis because his leg was so badly damaged.

Bicycling supplements Roger's workout at the gym and he considers his bicycle an "excellent investment because it's a good way to get your heart rate up."

He has a blinking taillight and headlight as well as a tall flag for visibility. He occasionally rides his bike to Publix.

When asked if he ever had an accident, Roger admitted that he hit a curb once but landed safely on the grass.

Steve Kallas wasn't as lucky as Roger when he took a spill on his bike. He got tangled up in it and broke his femur, requiring a hip replacement. He counts the days until he can

jump back on that bike and pedal around On Top of the World. As of this writing, he's been recovering for 184 days.

"My doctor gave me the go ahead for full bearing of the joint," said Steve, who should be on the road again shortly. "I need to strengthen my leg."

That's why he goes to the gym and works out with Howie. He also does his own housework. He plans to "ride again. I got to get back on," said Steve. "I can't let it cause fear. This was a freak accident."

Personal trainer Howie bicycles to and from work, grocery shopping, and to Beall's. He pedals roughly 25 miles per week. "A basket and horn would be helpful," but Howie carries his supplies in a backpack.

"It forces a certain fitness level in me," said Howie, who admits he tumbled and knocked out a filling in his tooth.

While Howie doesn't wear a helmet, he has a back light, which he prefers to a reflector. "Bicycling wakes me up in the morning. It's invigorating. I enjoy the brisk, fresh air."

Ann Weldishofer says her "bicycle is exceedingly safe. It's in the garage with flat tires. I put five miles on that sucker since I got it."

Don't let Ann's comments fool you. She knows how to pedal. When she was in her early 50s, she bicycled from Astoria, Ore., to Moselle, Mo. That's 1,900 miles. Her lack of riding may be justified by the rude motorists, golf carts and other cyclists.

"People are horrible," she said. "They don't know how to use roundabouts. They pull out in front of you. They don't stop at stop signs."

While many of our residents don't wear helmets, it is the single piece of equipment that is most effective in preventing severe cycling injuries. Unfortunately, it's not the law in many states.

Announce your presence ("on your left") on bike and walking trails as you come up behind and pass pedestrians and other riders. Use protective devices, like helmets and reflectors when cycling with a group of friends, ride in single file with traffic, not against it. Try to avoid major roads and sidewalks.

Show a little courtesy to fellow cyclists, pay attention to signs while riding in golf cart or motoring around On Top of the World. Have fun! ☺



**Ballet Club**  
Eugenie Martin

In January, the Ballet Club members performed at the On Top of the World Health & Wellness Expo at the Circle Square Cultural Center. Our group presented a 30-minute program of dancing, introduced and led by Julie Sines, our other teacher, and myself. I was so proud of all our ballerinas. Some had danced only a few months and others had not performed for years, but all were confident enough to dance some pretty challenging rou-

tines. It really wowed me!

For you who may not know the names of those who performed in January, here they are: Bobby Roeder, Ellie Romanowski, Cheryl Sloan, Barbara Wilson and Barbara Wolfson, in addition to Julie and me. High praise and thanks to everyone.

Bobby Roeder, Barbara Wolfson and I also performed in some of Kitti Surette's demonstrations. That was lots of fun and created a lot of excitement, what with wall-to-wall rehearsals and costume changes. Kitti also acted as our sound technician, for which we thank her mightily.

Now, it is "back to business as usual" — learning new routines, dancing to new music and developing our skills to higher levels, sometimes literally. Ballet is weight-bearing aerobic exercise that markedly improves posture and balance. To my thinking, nothing is better for the mature body than ballet. It is also good for the soul. The movements are beautiful and so is the music. But then, I am biased in my view of ballet.

If you wish, please join us in our classes Tuesdays and Thursdays 1 and 2 p.m. in the Exercise Studio next to the indoor swimming pool at the Arbor Club. Even if you have never danced before, give ballet a try. The classes are free and we are very friendly. If you would like to talk about it, give me a call at 854-8589. Happy dancing! ☺

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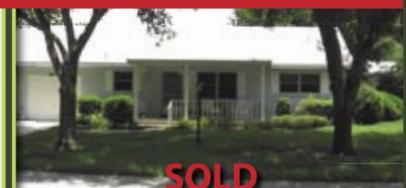
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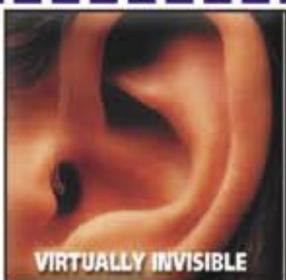


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**Arbor Club  
Tennis**  
Jorge Privat

Hello every one!

As you already know, we have re-initiated our tennis meets with our neighbors from Oak Run, and hopefully we will do the same with the Belleview community of Spruce Creek.

I also had conversations with the folks at Citrus Hills. The only impasse there appears to be finding the appropriate day of the month. Once that is resolved, we shall have another enhancement to our schedule of events and an opportunity to make new friends.

I would like to restate the fact that the Tennis Committee worked very hard to bring our St. Valentines tournament, which we named Love Fest, to a successful conclusion.

The On Top of the World management was kind enough to donate beautiful prizes for the winners and runners up. Our sincere thanks for their participation.

There are a couple of tennis events at the professional level that will be taking place in southern Florida in the near future. If we have enough interest, we can go as a group to watch and experience tennis up close, and enjoy and learn a little more about this great sport.

#### Tennis Tip of the Month

I noticed an increased interest in learning how to play doubles, which is really great, because that's what folks like us are going to be playing most of the time.

Picking the right person to share your tennis experience is no small matter. If you have aspirations to become the next state champion or a senior champion, it is a very serious business indeed. Even if your goals extend no further than your local club or league play, the decision should be weighed more carefully than "Hey, you wanna be my partner?"

Your own version of "the dream team" should take into consideration not only your strengths and weaknesses as a player, but also your ability to complement a potential partner's expertise.

With this in mind, allow me to quote Pat Blaskower, who said, "There are essentially three kinds of doubles teams: those who make things happen, those who watch what happens, and those who wonder what the hell happened."

Have you ever played against a doubles team that didn't seem particularly flashy, whose stroke production seemed inferior to yours, who didn't serve any aces, or make many winners and yet, when it was all over, hadn't allowed you to win very many points, particularly the last one? Doubles isn't about big forehands and aces and crowd-stunning winners. It is a subtle game of grace, ball placement and movement whose masters often make others feel foolish or simply tempt them to beat themselves.

Players who watch what happens come in many varieties. There's the "I don't need court position because I can make a hole in your navel" species. Then there's the "come to the net all you want, sucker, because I'll just lob you and watch you chase it" tribe. And finally, there's the golden retriever type, who, with patience to match the sunny disposition, the breed is noted for, will just get every ball

# ARBOR CLUB FITNESS & AQUATIC SCHEDULE

## ARBOR CLUB FITNESS SCHEDULE

EFFECTIVE JANUARY 1ST 2008

\*DENOTES A FEE BASED CLASS

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Fitness Room					Pilates Terry	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Cammy	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Cammy	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Cammy	<b>Sunday</b> Open Swim
9:15-10:15	Yoga* Ronnese AC Ballroom	Advanced Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom			
10:15-11:15 Fitness Room	Chair Yoga* Claudia Fitness Room		Light Yoga* Claudia Fitness Room			
10:30-11:30 Fitness Room				Let's Dance* Kitti 2nd & 4th Thurs of the month		
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti	
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Cammy		Shallow Water Aerobics* Mary Pat		Shallow Water Aerobics* Cammy	

\*NEW: "Absolutely Abs" class and Health Living Seminars at H&R see schedule for details!

back into play. They wait contentedly, for you to lose patience and control and hit the fence with your easy putaway, and they watch, panting and smiling with victory, as you explode your \$200 graphite racquet into the net post.

Players who wonder what happened also come in several varieties, none of which are famous for tactical or strategic prowess. Some are devout baseliners, committed to the theory that doubles is just like singles without as much court to cover. Others distrust the mystery of doubles and tend to disparage those things that they do not understand and are not curious or courageous enough to learn. These are the players whom you have heard say "I can't think and play at the same time. I just hit the ball." Freely translated, this means, "You can fill your head with fancy strategy all you want, but if I hit the ball hard enough at you, you'll probably miss, so why do I need all those strategy lessons?" These players seldom recognize or acknowledge superior skills across the net, generally chalking up their losses to the windy conditions on their side of the net, the shadows across the court, poor lighting, tamale pie for lunch, a new, too old, or not broken-in racquet, or the always useful pulled muscle.

To this group of players I attribute what are perhaps the 10 most misguided statements about doubles play:

1. The player whose forehand is in the center always takes the center ball.
2. When my partner is serving, he takes the lob over my head and I cross, but remain at the net.
3. I never poach at the net because I'll get in my partner's way. Better to let him take the ball.
4. I never come to the net on my second serve.
5. There is no point to "serve and volley tennis" because you just get lobbed all the time.
6. I like to play the deuce court because my forehand is so good (right-handed).
7. When my partner is pulled wide, I must

follow him, maintaining our No More than 10 Feet Apart Axiom.

8. I like to hit deep service returns.

9. The best way to win a point at the net is to hit right at an opponent.

10. If our team is getting lobbed, I just stay back and leave my partner at the net.

Remember that good doubles players, often do not possess superior stroke production. A one hundred mile per hour serve is not a requirement for an effective doubles player. The ability to bounce an overhead over the back fence is not essential. It is about court position and graceful movement and the intelligent understanding of those intangible factors which keep a great doubles team's winning percentage consistently high. It is about these ten elements in common displayed by all successful doubles partnerships:

1. Emotional and technical balance
2. Communication
3. Proper court position
4. Intelligent shot selection
5. Superior poaching skills
6. Keeping control of the net
7. Understanding the different jobs on the court
8. Flexibility
9. Mental toughness
10. Command of the intangibles ☺

## Tennis Association H&R Center Courts Schedule

Saturday & Monday, 8 a.m.-  
noon: Mixed Doubles

Tuesday & Thursday, 8 a.m.-  
noon: Men's Doubles

Wednesday & Friday, 8 a.m.-  
noon: Ladies' Doubles

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Photos by John Ware

Diane Roxburgh, left, and Thelma Giannico, right, enjoy one of the aquatic exercise classes.



**Fitness Happenings**  
Cammy Dennis

**The Wonderful World of Water ...**

Jump into one of the many pools here at On Top of the World ... the water is a wonderful environment for exercise! Water has several properties that make exercising in it a very unique experience. Exercising in water is quite different from land. As soon as you immerse yourself into the water, you will feel supported and more stable than you do on land. The aquatic exercise environment is very versatile. The pool can provide a very challenging workout or a very nurturing one ... there are many reasons to exercise in the water.

One of the most dramatic differences between land and water is the force of gravity vs. buoyancy. Gravity is the primary force acting on the body when you are on land. This means that the workload when exercising on land

is upward, against gravity. In the water, the primary force is buoyancy. Buoyancy assists with upward movements, so the workload is primarily a downward movement. Buoyancy is great for alleviating stress on the joints; the water lifts you upwards and makes exercise a safe and enjoyable experience.

The hydrostatic pressure of water pushes against anything that is placed in it. This pressure assists the body with circulation as it aids in venous blood return. It also helps with the reduction of edema, especially in the lower body.

The resistance of water is 12 to 15 times that of air! It has been proven that the resistive properties of water provide enough exercise intensity to significantly improve muscular strength. Water is 800 times denser than air; just walking in water provides healthy benefits. We will offer water-walking classes for free once the weather permits; however, we have an extensive offering of aqua programming that is provided year-round at the Arbor Club. We have shallow water and deep-water classes. Both are great for improving cardiovascular fitness and strength. Our arthritis classes will be back on the schedule in June.

Listen to what some of the regular aqua aerobics students had to say about water fitness:

Marsha View: "I move 100 percent better than I did before I exercised in the water! It gives me energy for the day."

Janet Daugherty: "I was surprised at how much my upper body strength improved!"

Jean Culp: "Pain management led me to the deep water aerobics class. I had very bad shoulder pain. Not only did my shoulder pain go away, I gained strength in my upper body and even my abdominals ... these strength improvements have helped my golf game!"

Diane Roxburgh: "I am always on a 'high



Both shallow water and deep-water classes are offered at the Arbor Club.

after class! I love the endorphins. If I am depressed or sad, I know water exercise will take my mind off everything and make me feel great. I also look forward to the social opportunity that class provides."

Isabel Savage: "This is my motivator ... it keeps me going! I don't have the same energy on days that I don't come to class."

Thelma Giannico: "This exercise gives me energy ... I go home and scrub my floors! I also find it very relaxing." (Thelma has been a regular deep-water aerobics student since I have been teaching here at On Top of the World. She is 87 years old and no one would

ever know! Not only does she keep up with the class, she is often the one who keeps us all laughing!)

Water provides many opportunities for health and wellness. Improving cardiovascular endurance, strength and flexibility; as well as managing pain and rehabilitation are some of the many reasons why people seek out the aqua environment for exercise. So hop in and experience the wonderful world of water! If you're interested in taking one of our classes, pick up a group exercise schedule, or give us call to find out which class would be right for you. ☺

# Optimize Your Lifestyle!

Energy conservation is a growing concern to everyone. With environmental issues and rising energy costs, it's important that we all try to contribute! So start with the most important person... YOU!

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### Keeping It Green

Phillip B. Hisey

Get ready for the spring; it's about here. For Indigo and Candler Hills residents, fertilize your lawns with a complete acid forming fertilizer in early to mid-March to help with the spring green up. I prefer to use Lesco 12-2-14 for lawn and shrub fertilization. This is a fertilizer that is 50 percent low release with 13.5 percent sulfur content to help with pH for nutrient availability.

Spring is also a great time for adding plants to your landscape. Don't forget to stop by Customer Service to ask for a modification to do so. Below are a few tips when going out in search for those plants. Take a look at what's blooming around you in the community and around Ocala. Azaleas, camellias, Japanese magnolias and many others are flushing out with many colors.

Choose the right place to purchase landscaping plants. Whether you are buying plants from a discount superstore garden center or buying from a nursery, look at the overall nursery and plant department. Determine if the majority of the landscaping plants appear to be healthy and well cared for. If many of the plants appear to be barely surviving, sun burned or in very bad condition, you should seek another source for your purchases. Notice whether the plants have been watered recently and whether they are clearly labeled. A good nursery or plant department will have plant stock that is well-groomed and healthy in appearance.

Look at the plant foliage. Take a careful look at leaves of the plants you are considering purchasing. Are the leaves green and lush or are they yellow and faded in appearance? If the leaves are yellowed, wilting, limp or unhealthy in appearance, chances are the plant has been seriously stressed and may not be strong enough to recover.

Look at the shape of the plant. Is the plant

compact and full with multiple stems? Steer away from plants that are taller and leggy in appearance. This indicates the plant may have been forced to grow taller to obtain enough light to survive.

Look for disease. Are there any blackened areas, mushy spots, moldy looking growths, or stickiness on leaves? If so, the plant may have a disease that can spread to your whole landscape. Choose a plant that has no signs of disease.

Look for insects. Carefully inspect the plant and the soil in which the plant is growing for any signs of insect infestations. While you may not see actual insects, you may find distorted leaves, holes and leaves with uneven edges that have been nibbled by insects. Black spots, stickiness or egg cases are signs to watch out for. You can easily bring pests into your landscape on a new plant, which can spread and wreak havoc on your entire landscape.

Check the roots. Look at the root system of the plant and determine if the plant is pot bound or root bound. If the roots are growing out of the holes in the bottom of the container, the plant is most likely pot bound or root bound and may or may not recover well. If the plant lifts out of the pot very easily or does not seem to have a substantial root system on it and much of the soil is left in the pot, the plant has probably been repotted recently and will become stressed when you replant it into your landscape.

Observe the stem. Look at the main stem or stems of the plant. If the stem is thick or woody, look for cracks or scars indicating a plant that has been damaged and may be too weak to become well established in your landscape before the seasons change.

Look for weeds in the pots. If the pot containing the plant is infested with weeds, you know that the plant has been competing with the weeds for the available nutrients in the soil as well as neglected by the nursery. Choose a plant that is weed-free from a source that weeds their plants regularly.

Examine the root ball. If you are considering a tree or shrub with a burlap-wrapped root ball, be certain the root ball feels solid. If the root ball seems to have been broken, the roots may have dried out, weakening the plant.

Look at any buds or blossoms. A plant that is in bud will survive the stress of transplanting it much better than a plant that is in full bloom. Choose plants with small buds rather than open flowers whenever possible.

Choose plants that you love and will enjoy caring for, but keep in mind that starting with a healthy plant will help ensure your success growing that specimen. Don't settle for a plant that doesn't look healthy even though the price may be reduced. Seek out landscape supply stores and nurseries that provide a wide selection of healthy stock and are appropriate for your climate and weather.

### Friendship Social Club

Jinny Adolph

Mea culpa, mea culpa. Guess who showed up for the meeting without a badge? After making a point of wearing our badges, I had to ask for a temporary one, as mine was sitting at home.

Our president, Eileen Utiss mentioned how a suggestion last month was being put into action this month; very simple but very effective: use broadtip markers to write in the names of visitors and new members. Now we can see

names from across the table. How neat.

We had three new members and five guests join us. There were four 50-50 prizes and three of them went to people celebrating birthdays. An unexpected gift, how nice.

Our entertainment was provided by a very talented singer, Fred Campell. He kept the toes tapping and quite a few of us singing along with some great songs from the early 50s to early 60s. Remember Ricky Nelson's "Traveling Man" or Billy Williams' "Write Myself a Letter"?

He ended his show with the 1958 Righteous Brothers' version of "Unchained Melody." He had a good voice and stage presence. Next month our entertainer will be the Charlie Remillard Jazz Ensemble. Hope to see all of you then.



### Friendship Amateur Radio

Ed Brendle

Nominations and the acceptance of the Friendship Amateur Radio Club officers were held at the February meeting and will be finalized with installations at the next meeting on March 10.

The meeting will be at 1:30 p.m. at the auxiliary sheriff's substation on West State Road 200. All hams are invited and members are urged to attend and to bring a guest.

The FARC is open to all hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC meets at the West SR200 sheriff's auxiliary station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz. The FARC's club call is N4FRC.

For more information, call Ed Brendle, KA1INC, at 873-4354.

### Movie Club Presents 'No Reservations'

By MARY EHLE

The movie for March 9 will be held in the Ballroom of the Health & Recreation Building. The movie starts at 6 p.m. and is open to all residents and their overnight guests. The cost is \$2 or a membership, which is \$6 for the year.

The March movie is going to be "No Reservations" starring Catherine Zeta Jones, Aaron Eckhart and Abigail Breslin. It is a romantic drama.

Catherine is a master chef and suddenly finds herself responsible for her nine-year-old niece, Zoe. The problems come when a new sous chef joins her restaurant and tries to take over her kitchen. This rivalry soon gives way to romance. Hope to see you there.

#### Stay Informed!

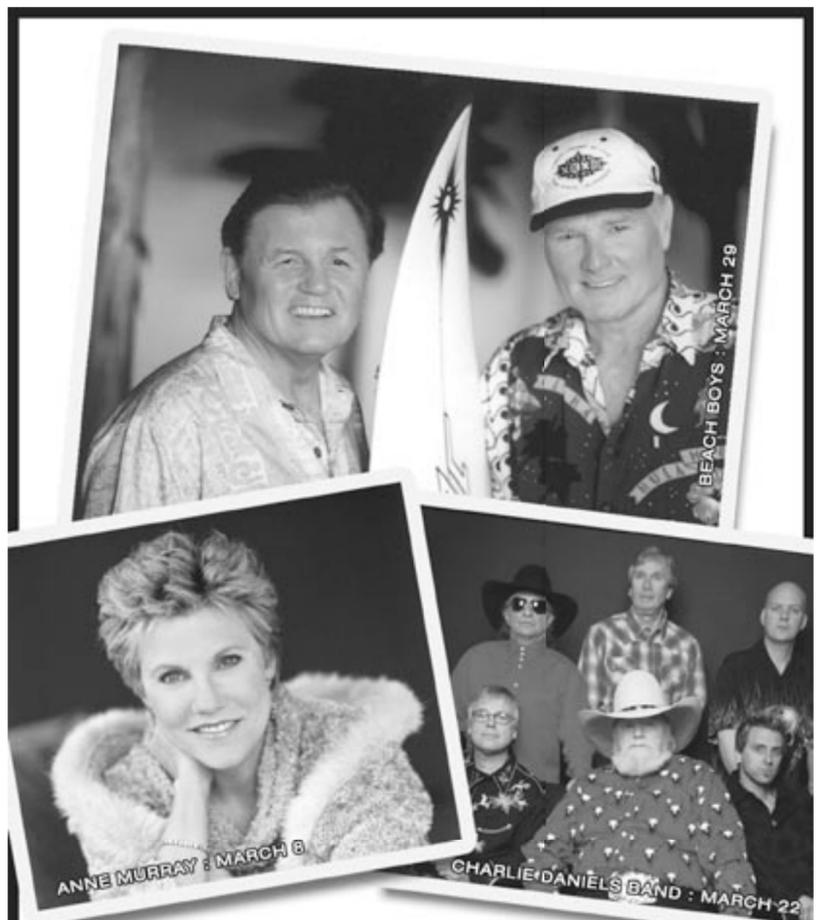
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**On Top of the World.**  
Communities

**Blood Drive**  
**Monday, March 3rd**  
8 a.m. to 4 p.m.

LifeSouth Community Blood Centers, Inc.  
for over 20 years serving Marion County  
residents who use Shands Hospital  
And the V. A. Hospital

To donate you should be 17 or older, weigh at least 110 lbs. & show photo I.D.

Donors receive a recognition item & cholesterol screening as a "thank you" for donating.

# Activities March

## Monday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
9:00	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance (Level Two)	H&R
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	Aqua Belles	AC
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Line Dance (Int.)	BR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E&F
2:45	Line Dance (Level Two)	H&R
4:00	Line Dance (Level One)	H&R
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW
	Dominoes	CC:G

### 1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B&C
1:30	D'Clowns	CC:B & C
2:00	Bocce	CC:AC
2:30	Readers' Theatre	CC:D
3:30	Comp. Handicap	CC:H
7:00	Sunshine Singers	BR

### 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

### 3rd Week

10:00	Genealogical Workshop	CC-B&C
2:30	Readers' Theatre	CC-D
1:30	D'Clowns	CC:B&C
4:00	Billiards Club	Art 00
7:00	Sunshine Singers	BR

### 4th Week

3:00	Community Patrol Prog.	CC:B&C
------	------------------------	--------

## Tuesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
	Travel Toppers Reservations	CC:D
	Clogging	BR
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B&C

\* Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes			
AC	Arbor Club	FF	Flying Field
AC CTS	Arbor Tennis Courts	GC	Golf Course
ACIP	Arbor Indoor Pool	HR	H&R Exercise Room
ACOP	Arbor Outdoor Pool	H&R CTS	Tennis Courts
Art	Art Studio	H&R	Health & Rec Bldg
BR	Ballroom	HRP	H&R Pool
BCTS	Bocce Courts	ICC	Indigo Community Center
CC	Arbor Conference Center	MGC	Miniature Golf Course
CCC	Candler Community Center	MR1	Meeting Room 1
CLC	Computer Learning Center	MR3	Meeting Room 3
CSCC	Circle Square Cultural Center	PL	H&R Parking Lot
CR	Card Room	PL RM	Poolroom
		SBF	Softball Field
		WW	Wood Shop

	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Stitch Witches Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Mah Jongg	CC:A
	Cybox Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Singin' Swingin	CC:D
	Mah Jongg	CC:A
	Badminton	H&R
1:30	The New Pretenders	HR
	Shuffleboard	CTS
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
	Table Tennis	HR
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3 & Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR
	Square Dance Class	AC

### 1st Week

8:00	Men's 9 Hole Golf	P.R.
3:00	Great Lakes Club	BR
	Shutterbugs	CC:B&C

### 2nd Week

8:00	Lions Club	Pub
9:00	Citizens Emer.	CC:E,F&G
	Response Team	

1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G

### 3rd Week

1:30	Unique Birders	CC:H
3:00	NY/NJ Club	BR
	Shutterbugs	CC:B&C
7:00	Democratic Club	CC:E&F

### 4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:G

## Wednesday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
9:00	Taps on Top	BR
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A

12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
3:00	Dance Committee	CC:B&C
4:00	Softball Practice	SBF
5:30	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

### 1st Week

10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

### 2nd Week

1:45	Native Plants	CC:H
3:00	Pennsylvania Club	CC:E & F

### 3rd Week

1:00	Stamp Club	Bank PAB
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## Thursday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
	Clogging	BR
8:30	Raquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC:B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E&F
	Hand & Foot Canasta	CR
	Bus Ocala Run	
	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E&F
10:30	Water Walk	AC
	Advanced Tap	HR
	OTOW Concert	
	Chrous	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square	CC:E&F
	Dancers	
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Ten Pen	CTS
	Square Dancing DBD	CC:E&F
	Table Tennis	H&R
1:30	Shuffleboard	CTS
2:30	Jazz Club	CC:D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H

### 1st Week

10:00	NY/NJ Board Meeting	CC-H
1:00	Rubber Stamping Cards	CC-D
	Bunko Dice Game	MR3
	Opera Appreciation	CC-C
5:30	Southern Club	BR

### 2nd Week

9:30	Scrabble Club	AC
10:30	Latin Cardio	AC
1:30	Singles Club	CC:G&H
2:00	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F&G

### 3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC-D
	Bunka Dice Game	MR3
	S.P.C.A.	CC-H
1:30	Orchid Club	CC:B&C

## Friday

7:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:10	Water Walk	AC
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
9:30	Shuffleboard	CTS
10:00	Raquetball	H&R CTS
10:30	Light Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	H&R
	Canasta the Old	
	Fashion Way	CR
	Square Dancing	H&R BR
2:00	Fun In The Water	AC
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

### 1st Week

1:00	Women of the World	CC:E
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### 2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F
4:00	St. Patrick's Happy Hour 3-14-08	AC
7:00	Republican Club	CC:E,F&G

### 3rd Week

2:00	Blackjack Poker	CC:E
	No Happy Hour 3-21-08	AC

### 4th Week

12:00	High 12 Club	TBA
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## Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
	China Painters	Art
5:30	Open Mah Jongg	CC:A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

### 1st Week

6:00	Ballroom Dancing	AC
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### 3rd Week

6:00	Ballroom Dancing	AC
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### 5th Week

10:00	Hands Across the Highway 3-29-08	CSCC
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## Sunday

9:00	Raquetball	HR CTS
	Miniature Golf	MGC
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:D
12:15	Oxycise	H&R
1:00	China Painters	Art
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:00	Pickleball	CTS
7:00	Mixed Poker	CC:H

### 1st Week

7:00	K-9 Social Club	CC:D
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### 2nd Week

2:30	Friendship Social Club	BR
6:00	Movie of the Month	BR

### 3rd Week

2:00	American/Jewish	CC:E,F & G
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**Women of the World**  
Marsha Vieu

Marie Comas, diabetes educator for Munroe Regional Medical Center, spoke to the Women of the World in February. Marie gave a very enlightening talk pertaining to the different types of diabetes, ways to control diabetes if you are diagnosed with it, and different signs that could indicate that one is at risk for diabetes.

March is almost upon us and the Women of the World Fashion Show is scheduled for March 8. There are still tickets available and anyone wanting to purchase a ticket should contact Nancy Grabowski at 873-4315. The cost for the tickets is \$16. The clothing to be modeled will be provided by Beall's.

Of course, we will once again be raffling off baskets made and donated by our members. All proceeds of which will go to Hospice. We still need donations of baskets. If anyone is interested in making a basket, please contact Joan Connolly. Baskets should be dropped off at the front door where Joan's committee will take them from there and arrange the beauties on the stage apron.

Tickets for the basket raffle are sold singly for \$1 or three for \$2 or 10 for \$5. A table in the room's center will sell each of the tickets plus lovely ladies (Judy Singer, Sharon Wasmund, Cheryl Fotia and Andy Flannery) will be walking about so we avoid congestion at the door. A special raffle ticket can also be purchased for the basket, which contains the lap quilt designed and crafted by Janice Giuliano. These special tickets will cost \$1 each. This will be a separate drawing from the other baskets.

The final person to be introduced to you is Betty Serwecki. Betty is the chairperson responsible for organizing and serving all of those goodies donated for our monthly meetings. Betty and her husband, Richard, moved to On Top of the World from Massachusetts and have lived here about four years. Betty

learned of Women of the World through friends, attended a meeting and became involved because she liked the hard work and effort put into the charitable work we do. Betty is active! She likes to exercise, play bunco, play cards, do beading, work on decorating, and travel. The thing Betty is most passionate about is maintaining a positive, healthy and happy life.

A big thank you goes out to several people this month: Janice Giuliano for her donation of a wide selection of cards to be used by the Sunshine Committee; Sharon Wasmund and Carla Magri for handling the Fashion Show ticket sales; Andy Flannery for doing membership; Lorraine Paszek and April May Pollard for taking care of the nametags before and after the meeting; and of course, Betty Serwecki and all the ladies who served the goodies donated by our members.

We also recognize and thank the ladies who helped with the generous donations of items for the Domestic Violence Shelter. Our members are the most giving people we know, month after month we are astounded by your generosity!

The nominating committee, headed by first vice president Bobby Roeder, will present its slate of officers for the 2008-09 year at the April meeting. Anyone who is interested in serving as an officer should contact Bobby at 237-5681.

If anyone feels that they do not want the responsibility of being an officer, but would like to become more involved, think about the opportunity to serve on a committee! Committees in need of members include, but are not limited to: historian (scrapbook and photography), decorations for events, chairwomen to work within the larger committees such as the holiday luncheon and/or fashion show. The success of our organization has always been the many helping hands we possess.

We hope we are striking the responsive chords each of you possess. It takes all of us to maintain our legacy as the prime charitable and social organization that we have become over the past 25 years.

We have a Sunshine Committee that strives to send out special "hugs" (in the form of cards) to members who are ill, have suffered a loss, or are in need of a friendly greeting. If you know someone who needs such a hug, please send her name and address to Nancy Grabowski at Nnutss456@aol.com or call her at 873-4315. This committee functions year-round; we don't want to forget any of our members when they need us the most.

We hope to see all of you at the Fashion Show!

For any or our residents (in any On Top of the World community) who are not WOW members, we hope you will consider joining us and becoming part of our wonderful group. We look forward to meeting all of you at the meeting. ☺



**100 Grandparents**  
Barbara Greenwood

Wow! Feb. 14: What a wonderful way to spend Valentine's Day. We, the "grandparents," went to Romeo Elementary School in Dunnellon. Kathy Hultman, principal, and Lisa Coy, assistant principal, were right out front, waiting to greet us when the bus pulled in to the school. They escorted us to the media center where Mrs. Lakin and Mrs. Thomas were on hand to help us get to our designated classrooms. The center was beautifully decorated with a valentine theme. Plenty of good snacks were arranged on a table with varied choices of beverages.

Everyone seemed to be in a festive mood, anxious to get into the classrooms to read to the children. All were carrying big bags of goodies, treats for the children to enjoy. When the "grandparents" returned to the media center, their arms were filled with gifts and cards. There was much excitement in the group as they showed off their gifts to each other. It sure makes you feel like a kid again being in this atmosphere.

When Mrs. Hultman announced that we wouldn't be coming out to the school in March, there were groans heard all around the room. It's that time of the year when FCAT standardized testing is going on. Everyone in Romeo will be on a strict schedule.

However, we will return April 3. The reason we are going so early in the month is because the children will be on spring break beginning the second week, which is when we usually go.

We travel to Romeo by school bus. The "grandparents" meet in the parking lot, out by the big tree of the Health & Recreation Center at 9 a.m. The bus arrives soon after.

Also in the parking lot are Marlyn and Elliott Barbour. They are the wonderful couple who graciously deliver the food items that we bring to the Food-4-Kids backpack program. This is an ongoing, very worthwhile project that the "grandparents" take part in throughout the school year. With our donations, the donations of the Stitch Witch Quilters and the generosity of the On Top of the World residents, we have been able to increase the number of children who receive these backpacks which provides meals for them on the weekend. If you would like to donate single serving food items such as juices, cereals, snack bars, pop-top canned goods, crackers, peanut butter, jelly, canned or plastic containers of fruit, etc., it would certainly be appreciated. Or ... you could contribute a check made out to Food-4-Kids in the amount of \$7. That's the estimated amount that was suggested to fill one backpack. There are still many children in the school who are in need of this program. Your contribution may be delivered to the Barbours' front porch where a tote is in place. Their address is: 8680-H S.W. 94th St. or you may call Barbara at 861-2539 to have your donation picked up.

We also want to let you know how grateful we are to those who clip the Campbell's soups labels with the Campbell kid and UPC attached, and the General Mills labels that say Box Tops for Education or Labels for Education. The drop site for the labels is the "Red School House," in the lobby, under the stairs of the Health & Recreation Center. Romeo receives 10 cents for each label donated, and the money that comes back to Romeo is used for the personal needs of the students.

Thank you so much for helping to make things better for the children of Romeo. You have shown what a caring and giving community we live in by participating in the above projects.

If you'd like to learn more or be a part of the 100 Grandparent Volunteers group, please call Barbara at 861-2539. Our next visit to the school will be April 3. ☺

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**Stephanie's PC Computer Tip**

By STEPHANIE ROHDE

**Radio Stations vs. Satellite Radio**

When we hear the term "radio station" many of us automatically think of AM (Amplitude Modulation), and FM (Frequency Modulation).

But there is also digital HD radio (HD does not stand for "High Definition" or "Hybrid Digital"). These three types of radio broadcasting full of commercials are not to be confused with Satellite Radio (XM and Sirius) which is commercial-free (for the majority of channels) subscription-based radio which have their own unique receiver equipment for the car and home; and, can be heard through your computer.

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**2008 Upcoming Events!** February and March

**February 28th** **Alzheimer's Support Group**  
& Open discussion - problem solving

**March 27th**  
5:00-7:00 pm

**March 19th** **Blood Pressure Clinic**  
9am-10am Sponsored by Tender Loving Care

**March 20th** **Long Term Care Workshop**  
10 am Diana McManaway

**March 27th** **Alzheimer's Association In service**  
9:00-10:30 am The difference between Alzheimer's and normal aging.

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**Computer Club**  
Sherry Surdam

As you all know, there are many, many programs available to use on your PCs, some free and others available for a nominal cost. On Saturday, March 1, Don Sommer will tell us about 10 of the best free programs available. On March 8, he will describe 10 of the best programs available for purchase at a nominal cost.

Longtime club members are now well acquainted with Gene and Linda Barlow and the wonderful programs they present for us each year. This year they will join us on Saturday, March 15. At that time Gene will be talking about the "Perfect Backup Approach." All of us know we should do regular backups of our computer systems and programs but how many of us take the time to do so?

Backing up used to be an arduous process but with new technology and software available today, there is no excuse for not doing so and every good reason to make sure you do. When your hard drive fails — notice I said "when" and not "if" — you will be very happy that you have a recent backup. Making regular backups of your computer's hard drive is the most important thing you can do to protect and maintain your computer. Without a good backup in place, you could spend many hours, if not weeks or months, trying to recover your important documents, pictures and other files. And some of you will never be able to recover from such a loss. Additionally, your

computer probably will not run properly after a hard drive failure. With a good backup, you can be up and running again in minutes with all of your important files in place.

You will learn the steps needed to restore your entire hard drive in case your main hard drive crashes. A backup is useless if you can't easily restore your lost files and hard drive. Knowing how to properly restore a backup is very important to understand.

Gene is very knowledgeable on the many backup approaches available to PC users today and can tell you which way is best for you. He is an excellent easy to understand speaker and is able to reach all user levels — novice through advanced. You will find him an interesting and entertaining speaker as well. You won't want to miss this important presentation on the Perfect Backup Approach.

On March 22 there will be no meeting as Easter falls on the 23rd. And on March 29 we will have a program on Using Picasa 2, a free photo managing and editing program available from Google.

If you have tried to access some of the sections of our Web site and found that the password you had no longer works, be sure to check with our membership chairmen. We change our password each year and those who have not renewed their membership do not get the follow up e-mail giving current members the new password.

All meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesday, Thursday and Saturday. If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and more experienced users!

For Mac users, we have increased our sessions and will now hold them on the second and fourth Tuesdays of the month (this month it will be March 11 and 25). These days are dedicated to classes and/or questions and answers on the Mac operating system.

As always, be sure to check the calendar on our Web site at [www.cccocala.org](http://www.cccocala.org) for the dates of our presentations and for any scheduling changes that are inevitable. Hope to see you soon and happy computing! ☺

**American Jewish Club**  
Irene Rudick

The American Jewish Club's next meeting will be held at the Arbor Conference Center on Sunday, March 16, at 2 p.m. Our guest speaker is Rabbi Berman of Temple Beth Shalom. Save the date for an interesting afternoon.

On March 19, the Lunch Bunch is taking us on a riverboat tour in Dunnellon. We have a morning or an afternoon cruise.

The seats are quickly filling up for this delightful day of fun. For information, call Jean Singer at 873-1877.

Our April 13 meeting brings us to election time. Come out and vote for your officers. We will celebrate our membership with a special party.

We are planning a boutique at this meeting. Crafters, artisans and collectors who wish to display their work may call Renee Filzer at 861-0047 for information.

For further information about the American Jewish Club, call Dorothy Bresky at 854-0284. ☺



**Irish American Club**  
C.M. Casey

**PHRASE:** Beannachtai na Feile Padraig  
**PRONOUNCED:** bann ockt tee nih fail eh pawd rig

**MEANING:** Happy Saint Patrick Day  
St. Patrick's Day is just around the corner and the Irish American Club will be having its annual dinner of corned beef and cabbage on March 13 in the Health & Recreation Building.

Tickets will be \$12 and will go on sale on Monday, March 3, for members from 8 to 10 a.m.

Tickets will also be on sale for our neigh-

bors and friends March 5 and 7 from 8 to 10 a.m. We have a great group of entertainers joining us for the evening, Spirit of Ocala Dancers, Kate O'Neal, Maggie Dutton, the Celtic Weavers and a piper.

This will be a sell out so if you would like to go, buy your tickets early. Come out for a grand evening of Irish music and fun. Membership fees will be due that evening.

If you have ever wondered about our club, we were founded on Jan. 26, 2001, with 56 members strong. Recently I came across our first minutes and I would like to share a few lines with you. "The meeting was called to order by one of the founders Bob O'Neal. Ted Donovan was introduced and told an Irish story. He introduced Guy C. White II as secretary, and Paul Cleary as treasurer. Ted Donovan told another Irish story. Mr. Donovan nominated Bob O'Neal as president and he accepted. Irish Soda Bread was the treat of the evening.

The 50/50 was four \$10 prizes. Tom Morgan played the accordion. Tom Hughes sang two songs and Mary O'Neal sang 'A Mother's Love is a Blessing.'" As you can see it's not much different than today. We still enjoy the camaraderie and love to have a good time, we still get together to eat and sing a good song.

We are always looking for new members; we just ask that you have a twinkle in your eye, a smile on your face and be willing to help us out with some of the work occasionally. See any of our members if you are interested.

Until next time, "May your troubles be few and your blessings be more." ☺

**POET'S CORNER**  
*Poetry from On Top of the World Residents*

**A Glimpse of Heaven**

By HAZEL EHLE

Last night I had a vision  
Of what heaven is like  
It may have been a dream  
Though it seemed so right.

As I went to my room  
To retire for the night  
I saw something very real  
It was heaven so bright.

Then I saw such beauty  
And heard the angels sing  
How beautiful and relaxing  
To hear and see these things.

How very joyous was heaven  
Also many things great  
A lion and a lamb  
Lying together at the gate.

The bible has told of mansions  
So many everywhere  
I now know it's not a dream  
After seeing them there.

Suddenly like a curtain closed  
The vision has gone too  
How sad to have missed our savior  
How wonderful seeing heaven was true.

**The Changing Wind**

By ANNETTE SHARPE

Wind is good for kites in the sky,  
Great for helping birds to fly,  
Planes depend on it to soar.  
And flags fly prouder than before.  
Wind is fickle as it wafts along,  
Angry, when a storm is strong,  
Peaceful, whispering, in trees,  
Or playful, whistling through the eaves.  
In mischief, it may snap a tree,  
Or play havoc with the rolling sea.  
In playful frolicking here and there,  
It billows skirts and musses hair.  
Wind is a mysterious thing,  
Nasty in winter, pleasant in spring.  
It gaily whistles once in awhile,  
Or whispers softly with secret style.  
Like human voices to the ear,  
Calling out in joy or fear,  
Wind has unique ways of showing  
Pleasure or anger as it's blowing.

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**SPCA**  
Melanie Vittitow

The January meeting of the SPCA was a real treat for us. Ralph Mills stopped by with Patches, his guide dog in training. Ralph is a puppy trainer for Southeastern Guide Dogs and Patches is his new puppy. She showed off for us and gave everyone kisses. Southeastern Guide Dogs is one of the charities that we help with our donations. If you know of a local rescue group that could use our support, feel free to let us know.

We are having some success in placing those animals that come to our attention. We have just been contacted about another dog that is tailor-made for On Top of the World. His name is Harley and he is a Yorkie/Cairn terrier mix. Harley is three years old, house-trained, neutered, has all his shots, and weighs 15 pounds. His owners are going to be doing a lot of traveling and want him to spend his time in a good home instead of a kennel.

If you are interested, give us a call and we will make arrangements for you to meet him. The cat I highlighted last month was adopted immediately, but there is a six-year-old smoky gray female, named Muffins, who needs a new home. She is already declawed. Arlene Cole is the one to contact, at 875-9761.

Arlene will be the speaker at our next meeting on March 20. She is starting a publication

that will highlight rescue groups in Marion County and will fill us in on how it will work. She'll also be talking about Feisty Acres, the cat rescue group, and answering questions about cats in general, so make a note to attend if you are a cat lover. The meeting is at the Arbor Conference Center, Suite H, at 1 p.m.

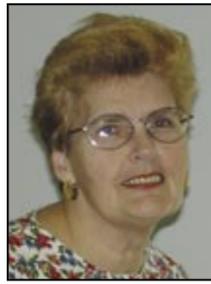
Here is another tip for a happy dog home. Last month I went over some steps for remedial housetraining. This time let's discuss separation anxiety. It's usually a problem of over-bonding with the caretaker and then panicking when left alone. It can lead to house soiling, destruction, and/or constant howling.

Try teaching the dog independence by training him to stay in his bed or mat while you leave the room. Give him a new toy or treat and leave the room again. He will learn it is OK not to be near you every minute. If he starts getting anxious when he sees you get the keys, desensitize him by getting them at other times, like before a meal, and not going anywhere. Don't make a big deal about leaving. In fact, you should ignore him for the last 10 to 15 minutes, then just quietly go. Other distractions are leaving on the TV or radio, and/or giving him a toy stuffed with goodies to keep him occupied during those first crucial minutes after you leave. In fact, he may start to look forward to you leaving if it means he gets a treat each time!

For more information on the SPCA, call Jodi at 861-9765 or Melanie at 873-8690. New members and new ideas are always welcome.



CERT teams line up to begin searching during a practice drill in January.



**Citizens Emergency Response Team**  
Caroline Scott

A few times in the past, we have been asked to assist in a search and rescue operation for one of our residents who has wandered off and has not returned home. This is a very traumatic situation for the families.

In order to assist properly for the best outcome, we practice, practice, practice for these emergencies.

On Jan. 12, our On Top of the World CERT team and Indigo East's team along with the Marion County Sheriff's mounted patrol staged a mock search and rescue drill. This is the first time that this combination has been utilized.

We staged a scenario that a grandfather (Gary Rodoff) and 12-year-old grandson (Brody Lanctot) went on a hike in the woods and did not return. Several neighbors went to look for them and they also did not return.

Our team assembled along the nature preserve on 38th Street around 8:30 a.m., along with the mounted patrol and their horses. After signing in, the teams were briefed as to what has happened, what to look for and what to expect. Separated into teams, each team had a radio and were to walk an arm's length apart in a straight line. When they approached a "victim," three of that team would report to the command central what was found, where they were, and how badly they were hurt, and to administer first aid. This information is vital and would normally be relayed to the Emergency Management Department so that the proper help can be dispatched.

Then Robin Vanlue of the mounted patrol and Sgt. Scott Bryd, a sheriff's deputy, ex-

plained that they will follow each of our teams and assist in the recovery process. Being up higher on the horses gives them an advantage of being able to see farther. She also explained the proper protocol for working with horses, which many of us did not know.

The first "victim" found was Brody Lanctot (our grandson in real life). He had gone for help and fallen twisting his ankle, and could not walk. He had many cuts and bruises to be taken care of. When he was stabilized by Helen Simmons, Pat Woodbury and Carol DeYoung he was put on a horse and brought out of the woods to safety.

Many of the other "victims" were found and treated the same way. If they could walk, they were escorted out by team members. A young man, Dylan Orloff, playing "victim" had climbed up into a tall tree and gave the teams another challenge of looking up not just down, getting him down safely, and treating his minor cuts and bruises.

Finally the grandfather was sighted and found to have a broken hip and in tremendous pain when he was moved. This created a problem of getting him to safety without causing further pain.

After Matthew Reilly and Bob Bealle stabilized his legs by tying them together so that he could not move them, monitored by safety officer Norman Scott, the mounted unit took over. They took a heavy plastic skid and gently moved him onto it. He was laced in, and the sides of the skid were pulled up around him and over the top of his head to protect him from cuts and scratches by bushes. The horse pulled him out of the woods to safety.

During the entire exercise there were five safety officers observing and taking notes as to how everything was being done.

We then had a debriefing as to what we did right and what we did not. Most thought we did well. And from what we learned, we can do even better the next time.

The mounted unit wanted practice on crowd control and asked all of us to become an unruly mob while they demonstrated different control procedures used.

This was a lot of fun because we all played our parts to the hilt by yelling and screaming. But, believe me, I don't care how passionate you may be with any cause, when you see those very large and powerful horses coming your way, you move!

After this drill, we were all asked to pet the horse's noses and tell them that they did a great job. I don't know if they understood what we said, but they certainly deserved our praise.

**Sherry's Mac Computer Tip**

BY SHERRY SURDAM

**Widgets**

How many of you are familiar with the term widget? The dictionary defines a widget as "an unnamed article considered for purposes of hypothetical example" or "gadget."

Well, if you are a Mac user you most likely know that Apple uses the term widget to define small mini-applications that let you perform common tasks and provide you with fast access to information through the Dashboard of your Mac.

Apple provides quite a few widgets already on the Dashboard but did you know that there are literally thousands of additional widgets available for free? Many enterprising Mac users have spent time and effort creating widgets to make using your Mac a fun, interesting experience. Check Apple's Web site at [www.apple.com/downloads/dashboard/](http://www.apple.com/downloads/dashboard/) and try out a few. There is something for everyone there, including games, utilities and many, many others!



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**Nature  
Around Us  
Marion-Alice Burke**

Thank you, thank you, thank you to all my faithful readers who attended the Beautiful Art of Bonsai exhibit early in February.

The members of the Marion Bonsai Society, who worked so diligently to present this display for your pleasure and information, were proud to have you visit and welcomed all your questions and interest, and your attendance at the demonstrations and classes was particularly appreciated. We take pride in our efforts and as we have enjoyed the pleasures of growing bonsai, we are always looking for an opportunity to share our knowledge with others. There was a total of six door prizes each day as well as six grand prizes chosen from all the tickets, including the previously picked winners. What a way to go!

Look for us at the Master Gardeners Spring Festival in our space right near the entrance of the big show. It will be Saturday and Sunday, March 8 and 9. We hope to see you there.

In case you've ever wondered, the western

diamondback rattlesnake can shake the tip of its tail as many as 90 times per second, the fastest known muscle movement of any terrestrial vertebrate. This mind-boggling information said that as it shakes its tail on a hot day, its muscles lengthen and shorten twice as fast as the wing muscles of a hummingbird sipping nectar. Some scientists are studying this muscle strength/rapid action to find and develop new exercise techniques that will help frail and elderly people to better avoid injury and rehab folks to heal faster. The article I'm referring to said that Kevin Conley, a zoologist at the University of Washington found that the rattling is extraordinarily fast and can be sustained for a prolonged time. Human muscles can do one of those things but not at the same time. The rattlesnake combines the speed of a sprinter with the endurance of a marathoner. The scientists put these snakes into a magnetic resonance scanner and found that the snakes require surprisingly little energy per shake because the muscles produce little force and they don't rely exclusively on oxygen for fuel. The article I'm referring to and from which I copied a little, is in the February/March 2008 issue of the magazine, on page 14, entitled "Real Movers and Shakers" and worth reading, if you are interested in more information on exercise and rehabilitation.

I saw a bunch of robin red-breasts twice last week but have missed the one little hummingbird that stayed the winter with us. Hopefully he just went to find the other hummers that he knows will be on their way back to our backyards. I always look for them around Feb. 15 and my feeders are ready to go.

Remember that we could still have a freeze so don't be too anxious to trim off all that yucky dead foliage on your plants and bushes.

Frankly, I think next winter, I'll just pull everything that didn't make it in the first freeze, and then sit back and wait for the real warm weather. In the meantime, think spring! ☺



**Italian  
American Club  
Marie Norwood**

The Italian-American Club meets the first Wednesday of the month at the Health & Recreation Building.

In February, the club was addressed by resident Ruth Goldstine, who spoke on behalf of Hospice of Marion County. She spoke briefly of the Feb. 23 Hoofin' it for Hospice. In the past, On Top of the World residents have donated \$72,000 to this cause. More funds will enable the walkers to furnish another room in the name of On Top of the World residents.

We were entertained by Denise Tyler and Donald Jennings. Denise sang many delightful numbers while Donald took charge of the sound equipment, ending with a sound of his own — a little surprise ending.

An error in last month's column was noted. The price for the pizza party is \$4 per person. This includes pizza as well as coffee and tea. Members may bring their own non-alcoholic beverages. The pizza party will be held on March 5, our regular meeting date at the H&R building.

Members are encouraged to attend board meetings.

Our annual picnic will be held on May 6 in Suites E, F and G of the Arbor Conference Center.

Remember we encourage all residents to come join us regardless of heritage. ☺



**Pennsylvania  
Club  
Pat Utiss**

The Sunshine Singers provided us with a rousing selection of music at our February meeting. There was something for everyone, sing-a-long songs, patriotic songs, humorous songs and uplifting spiritual songs. The membership and guests really enjoyed the concert. Anita Devito won the first door prize of a valentine heart box of candy.

There is still time to sign up for our April trip to Jai Alai. We will be going on Friday, April 11, at noon.

We have started a list of those who are interested in going. I do not need a final count until two weeks before we go, so if you are interested, give me a call at 861-2831. You do not have to be a member of the club to go with us. We have done this each year for many years, and those who go always have a good time.

Our next meeting will be March 12. It will be our annual spring carnival. This year's carnival will consist of games that require no athletic ability. Everyone, no matter what their physical limitations, will be able to participate and win prizes.

So, we hope to see you at the Arbor Conference Center, Suite E. Our meetings officially start at 3 p.m., but come early to have refreshments and visit with your fellow members. ☺

**Pattern Dance  
Club  
Barb & Joe McArdle**

We are busy practicing for our performance at Sherry's Big Deal on Sunday, March 30, from 2 to 5 p.m. at the Circle Square Cultural Center. We will be dancing a waltz and a jitterbug.

Soon the outside dance floor by the Cultural Center will be finished and Carla is drumming the swing into our heads and feet so we will be ready to dance it. She is so patient with us.

Pattern Dance class meets every Tuesday evening from 6:30 to 8 p.m. (6 for extra help) in the Health & Recreation Ballroom.

For more fun and practice we usually meet on Sunday evening from 5:30 to 6:30 in the Arbor Club Ballroom. Call 369-1220 in case of cancellations or for general information. ☺

**Great Lakes  
Club  
Marilyn Nielsen**

The members met for ice cream and cookies with a Valentine theme served by Jerry and Mary Curry and Jerry and Joanne Willett.

Since there was no January meeting because our day fell on the holiday of New Year's Day, there was lots of visiting to catch up with.

Ruth Goldstine shared information on the Hoofin' it for Hospice and the need for help.

Next month we will have The Cloggers to entertain us. It is great that we have such ambitious and talented people sharing their efforts with us.

Bob Mullarkey introduced Don Leonard who is an interesting and funny storyteller. He was well received and enjoyed by the members.

Hope to see lots of you folks who came from or have lived in one of the states that border on one of our Great Lakes next month. ☺



**Theatre Group  
Marcia Miller**

Go back in time to the days before TV. Remember how everyone would gather round the radio and listen to such shows as "Baby Snooks," "Blondie" and "The Bickersons." That is exactly what the On Top of the World Theatre Group is going to do come April 11 and 12. Members of the group will be bringing you scripts from the original shows, complete with sound effects and commercials.

Sandy and Dottie Berkowitz will be John and Blanche Bickerson. Glo Hutchings will be the voice of Baby Snooks. Marcia Miller and Bill Shampine will be the voices of Blondie and Dagwood Bumsted. Other roles had not been decided as of this writing. Sound effects were an important part of radio shows. Instead of the sound being hidden backstage as in most plays, Gary Rodoff and all his sound paraphernalia will be visible to the audience.

All radio shows had an announcer and newcomer to the Theatre Group, Bob Wroblewski, with his experienced announcer's voice, will do the honors in this production. And don't be surprised when commercials pop up. They were present even back in radio days.

Director and coordinator for this production is Tom MacHaffie. Audiences will remember him as one of the Spanish brothers in the recent production of "The Odd Couple, Female Version." Tom has previous directing experience prior to moving to On Top of the World.

The play, "Meet My Husbands," originally scheduled for this April, has been postponed due to the lack of men to fill the necessary roles. Hopefully the play can be recast later in the year. All you men out there be watching for try out information later this spring. It is a very funny play and all who participate have a great time; just ask any of the men who have been in previous plays.

Recently, president Jim Miller and endowment coordinator Betty Broman presented a \$2,000 check to Dr. Cash Peeler, president of the Central Florida Community College Foundation. The money was a donation from the Theatre Group to their previously established Endowment Fund. This fund, with matching money from the state, will provide scholarships to deserving students in the Drama and Arts Department at CFCC.

The next meeting of the Theatre Group will be at 2:30 p.m. on March 10 in Suite D of the Arbor Conference Center. All interested in theater, on or off stage, are welcome and encouraged to attend. The group will be looking for lots of help for this Radio Days production. ☺

**Storytelling Festival  
Set for April 18-19**

The 11th Annual Ocala Storytelling Festival, presented by the Ocala Storytelling Guild, will be held at Tuscawilla Park in Ocala on April 18 and 19 under the big tent.

Featured this year will be nationally acclaimed storytellers Beth Horner, Madafo and Elizabeth Rose, as well as state and local tellers.

The schedule is: Friday, April 18, Grand Concert from 7 to 9:30 p.m.; Saturday, April 19, storytelling workshop at 10 a.m., Tales for Tiny Tots at 11:30 a.m., Youthful Voices at 12:30 p.m., Grand Concert II from 1:30 to 6 p.m.; and Liar's Contest at 7 p.m.

The focus this year is on "family stories." Everyone has a family story, and our featured tellers will be telling theirs. There will be a recording station where you can reserve a time, share your story, and take home a keepsake CD.

Tickets for the festival are \$10 for adults, \$5 for students, and a family of four or more \$25. One ticket covers admission to all storytelling events. For additional information call Taryn at 821-0298 or check our Web site at [www.ocalastorytellingfestival.com](http://www.ocalastorytellingfestival.com). ☺

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-- Jay, Linda & "Sashi" Besecker - The Villages

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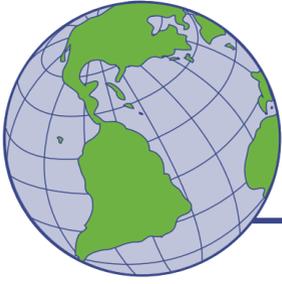
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# On Top of the World NEWS

Where the News is Always Good

Spring forward!  
Daylight Saving Time  
begins March 9, so  
set your clocks ahead.



Section 2

Vol. 21, No. 9 • March 2008



Charlene Earl



Moe Weiner



Jeanne Nicholls

Photos by Bob Woods

## The Many Faces of the New Pretenders

### 'Musicians,' 'Singers' and 'Dancers' Start New Season

By BOB WOODS  
WORLD NEWS WRITER

There is a group right here in On Top of the World that has perhaps some of the best impostors you have ever seen. They are so good that they even fool themselves at times.

I'm referring to The New Pretenders, a group that performs at On Top of the World and many other locations. In fact, this group performs between 12 and 15 additional shows each year at various retirement communities, churches and civic organizations around Ocala and Marion County.

The group has also played at the Villages and was invited to perform in Orlando but had to decline the latter invitation due to logistics. The group has already 15 shows booked for this year throughout the area, the Villages and Citrus County.

The group's orchestra comprises around a dozen or so musicians while the others in the group are performers, singing their hearts out to packed audiences. The group has about 25 talented On Top of the World residents in The New Pretenders and also five in their support group who do a variety of tasks before, during and after the performance. The On Top of the World Friday performance had one special guest performer appearing — Ken Colen.

All profits accumulated after expenses are donated to the Hospice's Legacy House and Florida's Center for the Blind. This year's performances are co-directed under the watchful eyes of Larry Wilver and Diana Morgan. The New Pretenders are about five years young.

This year's show, Singin' & Swingin', was performed on Feb. 8 and 9 at the Health & Recreation Ballroom to sold-out crowds. If you happened to be one of the fortunate spectators you enjoyed a fabulous performance and if you missed the shows perhaps you can see the show at a different location. Visit the group's Web site at [www.thenewpretenders.com](http://www.thenewpretenders.com). It is a show that should not be missed.

I overheard two women in the audience talking amongst themselves who were discussing that neither of them knew Ken Colen could even perform, never mind sing the way he did. I also overheard other folks saying how great the band played and were discussing why this band hasn't performed at some of the dances and other functions held at On Top of the World. I was not going to tell these folks what actually was taking place. I didn't want to be the one to burst their bubbles.

➔ Continued on Page 31



#### Join The Gang

If you think you might like to be a part of this fun group, contact Shirley Schopf at 854-0975 for more information.

#### Live, On Stage

If you missed the two performances at the H&R Ballroom, there will be another at the Queen of Peace Catholic Church on March 26. For other performances, call Larry Wilver at 861-0609 or visit [www.thenewpretenders.com](http://www.thenewpretenders.com).

## Bonsai Exhibit

The Marion Bonsai Society showcased examples of the small trees and shrubs at the Master the Possibilities Education Center in February. Please see accompanying story on Page 37.

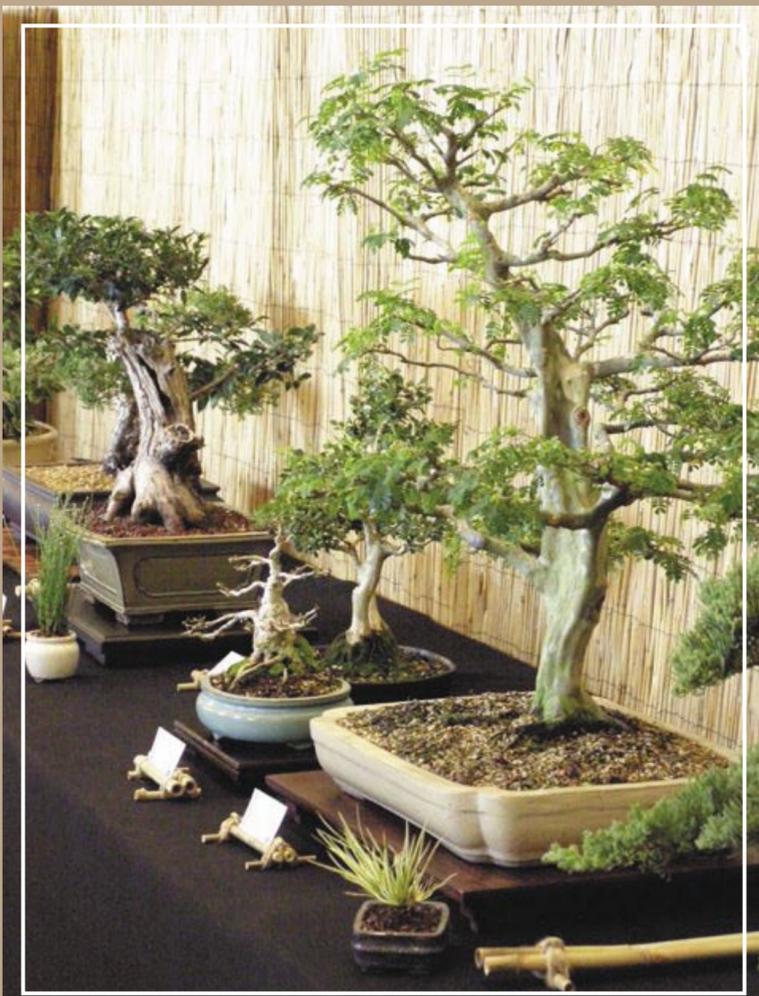


Photo by Bob Woods



Tickets go on sale March 3 at the Health & Recreation Ballroom for Derrick and The Motowners.

## Entertainment Group Presents Derrick and The Motowners

Saturday, March 29, closes the current Show Series and what a night of entertainment it will be.

Dr. Robert Linn and his staff at Foot and Ankle Center of Ocala present Derrick and the Motowners (from where else) backed up by their six-piece band.

Sit back, close your eyes and they take you back to the days of The Platters' "Smoke Gets In Your Eyes," The Drifters' "This Magic Moment," classic song and dance groups like The Temptations and The Supremes along with various doo-wop groups.

Their closing number has the house jumping and Derrick has the audience jumping with The Motowners.

This is a great show to close the Entertainment Group's Show Series. Thanks to Dr. Robert Linn, tickets are \$6 general and \$8 reserved with four tickets maximum per purchase.

And of course tickets are for all On Top of the World residents in all the communities and their houseguests. 🌟



**Director  
of Golf**  
Jeff McDonald

March is here, which means the "Fool's Day Give-Away" is just around the corner. So, get in and get the golf item that could give you the ticket needed to win the grand prize. Remember to sign up for the golf event at Candler Hills and dinner. The drawing for the prizes will follow dinner and start at 7:30 p.m. The prize list is now up in the golf shops in order that you can see the items that you could win.

We should have new inventory in now for your shopping pleasure, as well.

By now you all know that Sally Collins is

the head golf professional for the On Top of the World golf courses and she is a great asset. If you have a golfing need just give her and the staff a chance to serve you.

I am excited to share with you that Sally and the golf staff are now organizing the monthly Saturday mixers and look forward to building a super relationship with all the members who support these events.

We may still need volunteers for the Ocala Open, so check with Gwen if you find that you are free March 11 through 14.

Candler Hills Golf Club

The new scoreboard is awesome; please remember to thank Mr. Colen and Lynette Vermillion when you see them around the community.

Let's get ready to show our guests for the Ocala Open that Candler Hills and On Top of the World is the best host that they will ever have. Please help us welcome the players and make them feel at home.

On behalf of the management, I would like to thank the golf members for allowing me to take over the golf course for the week for the Ocala Open.

I have arranged for the golf members of Candler Hills to play at Juliette Falls Golf and Country Club for \$75 plus tax and at Stone Creek for \$35 plus tax from Monday, March 10, through Friday, March 14.

The golf shop staff must call for you in order for you to receive this rate. Normally, Juliette Falls is \$125 plus tax and Stone Creek is \$42 plus tax. So, please let the staff assist you with a starting time. ☺

Furthermore, I would appreciate if everyone would take the time to read the billboards around the golfing facilities because we have a lot of exciting events planned for 2008. Every month the golf shop will be running the monthly scrambles. Each month there will be a host couple to assist the golf staff with planning the event.

Please don't forget our monthly golf outings around Marion and Citrus counties. Our March outing will be at Gainesville Country Club. April's event will be at Haile Plantation. Please check in the Pro Shop for details. I would like to remind everyone of our monthly Demo Days at Candler Hills where you can try out all the latest clubs and technology.

Remember to get all your purchases in before April 1 in order to be included in the Fool's Day Giveaway Drawing!

Finally, whoever doesn't know about our Ocala Open in March at Candler Hills, check out our Web site at [www.ocalaopen.com](http://www.ocalaopen.com). Get involved! See Gwen Becker in the lounge area to find out how you can volunteer.

See you next month. ... Peace and love, Nicky

#### Monthly Accomplishments

- BJ Leckbee, hole in one on the Tortoise & Hare No. 5.
- Ray Rossi, Eagle on No. 4 Links.
- Ken Vanderkolk, Eagle on No. 16.
- Tim O'Neil, 72 Links.
- Bev Seal, 78 Links. ☺

See you on the links.

#### Candler Hills Men's League Results Four Man Team • Stableford Jan. 15

150—Bryant Giffin, Jack Gustafson, Lenny Pabon and Ed Pozsony; 139—Joe Alfano, Jim McGrath, Dick Pleinis and Ed Kreczmer; 137—Mike Buschur, Bruce Venslavsky, Ed O'Leary and Jeff Ware.

#### Two Man Teams • One Best Ball Jan. 22

60—Mike Buschur and Mike Krajcovich, Tom McGurk and John Diaz, Joe Alfano and Paul Moltisanti; 61—Bryant Giffin and Gil Schofield, Jim Hewes and Tom Marta.

#### Four Man Team • Scramble Jan. 29

60—Chris Scharar, Mike Rec, Bob Cooke and Dick Dupras; 62—Garry Gerlach, Bruce Venslavsky, Art McTague and John Diaz; 63—Joe Alfano, Frank McCray, Lenny Pabon and Ed Kreczmer; 64—Bryant Giffin, Dick Williams, John Menzies and Tom Marta.

#### Individual Net Feb. 5

59—Phil Moherek; 63—Dick Dupras and Joe Alfano; 64—Paul Moltisanti and Tom Smith; 65—Tom McGurk and Roger Whittle; 67—Dick Pleinis; 68—Bob Shively, Mike Buschur, Bruce Venslavsky and Jack Gustafson. ☺



**On Top of the  
World Golf**  
Nick Montanaro

2008 is starting to be a smashing, magical year! We have added head professional and director of instruction Sally Collins with assistant golf professional, Michael West.

Both come with high accolades. Sally Collins is one of the top LPGA golf professionals in the country and Mike has 15 years of solid golf experience. With these two individuals we will now be able to bring the highest quality of customer service you have deserved for many years. Please welcome them warmly.



**Candler Hills  
Men's Golf**  
Garry Gerlach

By now the President's Cup is well underway and we should have a winner by March 19. The planning for the Club Championship tournament is also underway as well as the Member/Guest scheduled for Oct. 9 through 11. Note: this is a change from our original dates of Oct. 16 through 18, since some of the facilities were not available on the original dates.

Computer sign-ups are now in place. If you want to sign up for the weekly play on Tuesdays, you must use the computer. It is simple. The procedure to sign up is to touch the screen to activate the GHIN system. On the left hand side of the screen are several ovals. The bottom oval says "other software." Press that oval and a screen will come up with two boxes. The bottom box is for tournament sign-up. Press that box and the computer will ask you for your local number which is on the sheet next to the computer. Enter your number and press "finish" to sign up.

Tuesdays continue to be a challenge. As we get more players, it is really important to be on time Tuesday mornings. Be at the Pro Shop by 7:30 a.m. Some mornings they get us off early, so if you want to hit balls and putt, get there earlier. Be in your carts ready to go at least 10 minutes prior to your tee time.

Congrats to Phil Moherek, who won the drawing for the \$450 slot in the Pro-Am Tournament during the Ocala Open in March. Fred Spain drew the winning ticket Feb. 5.

Congratulations to the following players who shot low rounds this month: Paul Moltisanti, 69 and 71; Larry Joseph 72; Tom Smith 70; Joe Alfano 73; and Garry Gerlach 66.

For those players not playing regularly, you are missing a great time. So please consider joining us next year and come out and play. The idea is to have fun and enjoy the camaraderie.

If you are not receiving the weekly e-mail update, contact Garry Gerlach whose e-mail is [bubba@otowhomes.com](mailto:bubba@otowhomes.com).



**Men's Golf  
Association**  
Paul Del Vacchio

Welcome to Sally Collins, our new head golf professional. It seems to me she will add a layer of organization to our team of golf professionals.

Please check the board on game day to make sure that the game we are playing has not changed from our booklet. The tournament directors have the right to change the game we play if they think it is in the best interest of the majority of our members.

March 5 is Chicken Day. Please sign up on the computer, put your \$5 in the envelope provided along with your name and number and write Chicken Day on the envelope and put it in the brown box in the lounge. Don't forget to do everything. If you do not pay the \$5 and sign up on the computer the tournament directors will not put you in the event and you will not play golf that day. We will also be selling Mulligans for Hospice, two for \$2.

During the February Chicken Day we had a beer glass controversy; after doing my investigation I have come to the conclusion that it was not the fault of the On Top of the World caterers, it was a miscommunication. Remember it is a Chicken Day not a beer party!

We have scheduled for April 16 and 18 a Member/Member Tournament. This means you and another MGA member choose each other for play. On the first day we will play one best ball of the two man team. On the second day the play will be alternate shot or two-man scramble. Handicaps: the difference between each member cannot exceed eight strokes, even if your handicap is higher; which means a partner may have a higher handicap but only be allowed to have an eight stroke difference from his partner. On Friday, April 18, in the evening we will have a dinner. The cost of this event will be approximately \$25; this includes dinner and prize money. Anyone wishing to include his spouse or significant other will only pay for the dinner. Are you interested? You have probably already seen the questionnaire in the lounge; please let us know if this is something you would like to participate in. The deadline is March 5 to sign on if you want to have this kind of event.

March 19, 21 and 26 is the Club Championship; the fee is \$10 paid in advance, with tee times. On the afternoon of March 26, we will have beer, soda and snacks at the finish of the Championship.

The way I see it! The board members were not elected to only do the grunt work that makes this organization run. You elected us and gave us your trust to do the things that we think are in the best interest of the members. We are not going to bring to the floor a vote on each and every issue; one of our jobs is making these decisions. If you don't like what we decide, please run for election and you can bring your point of view to the table.

#### Words of Wisdom

**ELECTRIC GOLF CART:** A small motorized snack wagon. From A Glossary of Golfing Terms.

See you around the course.

#### 18-Hole Low Net

Jan. 16

**Flight 1:** 63—Tom Fragapane; tied at 70—Vince Nucaso, Joe Michaelson, Charles Ulbert; 72—Bill Carlson.

**Flight 2:** 66—Archie Pollard; tied at 67—James Bell, Richard Hess; tied at 68—Bob Moran, Armando Pena.

Jan. 23 • Flight 1

**Gross:** 72—Larry Joseph; 77—John Langville; 78—Dick Gray; 80—Gary Hasset; 81—Gary Singleton. **Net:** Tied at 65—Ralph Sovold, Frank Smith; 67—Charles Ulbert; tied at 68—Paul Del Vacchio.

Flight 2

**Gross:** 79—Tony Magri; 87—Bob Cates; tied at 88—Steve Gregely, Dick Griswold; 89—Mike Driver. **Net:** Tied at 68—Norm Lantz, David Miller; 69—Joe Michaelson, Robert Carter; tied at 72—Bill Carlson, Wally Schilf, Richard Schiller.

Flight 3

**Gross:** Tied at 88—Jerry Segovis, Norm Lallier, Roy Myhr; tied at 91—Don Noel, Richard Hess, Arlo Janssen. **Net:** 63—Joe Hopper; tied at 66—Tom Marta, Ray Messer; 67—Alfred Wells, 68—Jack Martin.

Flight 4

**Gross:** 90—Armando Pena; 96—Peter M. Peterson; 100—Frank Palotta; 103—Jose Cura; tied at 104—Joe Morea, Ed Benz. **Net:** 66—Bob Moran; 71—Dave Brazeau; tied at 73—John Newell, William McGarry; 74—Ralph Schmidt.

#### 9-Hole Low Net

Jan. 23

38—Rick Benzing; tied at 39—John Gartung, Gordon Blanchard; 45—Zane Barnett; 52—Fred Lang.

#### Team Stableford

Jan. 30 • Net by Flight

**Flight 1:** 166—Calvin Apperson, Raymond Beloin, Art Buecher, George Noltensmeyer; 159—Rocky Groomes, Phil Johnson, John Langville, Ron Thompson; 155—Bill Bervinkle, Ed Klodzen, Tony Magri, Marvin Williams; 152—Gary Hasset, Harvey Howd, John Pachin, Glen Swiger; 150—Bill Carlson, Ron Cleveringa, Dick Gray, Leonard Ruble.

**Flight 2:** 154—Barry Barringer, Bill Culp, Paul B. East, Nick Zoccoli; 150—Harry Brower, John Hodd, Ross MacDonald, Roy Myhr; 148—Bill Koch, John Newell, Archie Pollard, Roy Hira; tie at 147—Tary Bole, Ray Messer, Joe Morea, John O'Neil; Robert Carter, George Deignan, Bob Moran, Bill Walker.

#### 9-Hole Low Net

Jan. 30

34—John Gartung; 35—Rick Benzing; tie at 36—John Ricciardone, Gordon Blanchard; 39—Guy White.

#### 18-Hole Chicken Day Scramble

Gross by Flight

Feb. 6 • Tortoise & Hare

64—John Bauer, Thomas Bednar, Dick Gray, Guy Russell; tie at 66—Joseph Bologna, Bill Hawk, John Langville, William McGarry; Jack Border, Dick Dzik, Ross MacDonald, Paul Perrault; 67—Dan Bellefontaine, Bill Bervinkle, Ken Gilmore, Jon Hill; tie at 68—Robert Cook, Paul Del Vacchio, Peter M. Peterson; Raymond Beloin, Bob Cates, Roland Scwab, Nick Zoccoli.

Links

61—Tony Giannattasio, Joe Michaelson, Lane Milde, Bruce E. Venslavsky; 65—Bob Bell, Leslie Finney, Irvin Gackowski, Carl Zeiler; tie at 66—Francis Caprez, George Noltensmeyer, Gary Singleton, Bill Walker; Steve Becker, Tary Bole, Millard Sadler, Joe Sinsky; Jimmy Johnson, David Miller, Tim O'Neil, Bob Selmon.

#### 9-Hole Low Gross

47—Roland Smith; 52—Albert Novotny; 54—Rick Benzing; 55—Zane Barnett; 56—Gordon Blanchard. ☺

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## 2008 President Cup Winners

- 1st: Ray Beloin
- 2nd: Bill Young Jr.
- 3rd: Ross MacDonald
- 4th: Jon Hill, Tom McHaffie, Carl Arnold
- 7th: Barry Barringer, Tim O'Neil, Colin Adamson, Jack Ashenfelter



## 2008 President Cup Winner

Ray Beloin accepts the winner's trophy from MGA's Cal Apperson on Feb. 7.

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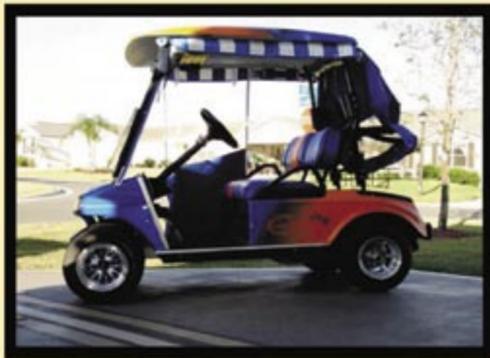
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## Hospice Donation

MGA president Paul Del Vacchio gives a check for \$1,010 to Suzanne Reynolds of Hospice. The funds were collected from Mulligans for Hospice.



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**Handicap Committee**  
Patricia Del Vacchio

Brrrrrr! It started out a bit chilly on Feb. 2 but it sure warmed up nice and aren't we lucky to be here and not up North where it's more than a bit chilly?

Don't you just love the Scotch Twosome? Hearing things like "why'd you hit it there," "what happened to your short game," "where are those beautiful drives I keep hearing about" and "we don't really care if we win, we just want to have fun!" I hope all of you did have fun and you'll have plenty of time to practice together as the next Scotch Twosome won't be till October.

We had 33 teams and 45 percent of the field were paid. Winning first place with a wonderful net of 57 were Art and Barb Buecher. They obviously had their respective "A" games, unlike some of us. Congratulations, Art and Barb!

Net 60 took second, Irv Gackowski and Ellie Rapacz. Harry and Harriet Bower had net 60.5 for third, Rogers and Jeanne Rice net 61.5 for fourth, Gary and Nancy Singleton net 62 for fifth and tying for sixth with a net 62.5 were Pete Peterson and Betty Crippen and Jack and Ruth Border.

Tying for eighth were Joe Quaranta and Bev Ovrebø and Phil and Connie Shirley with net 63. Cal and Jo Apperson had net 63.5 for 10th; Ray Hellman and Rose Hoovler 11th with net 64; Joe and Cindy Rosinski and Frank Cipoloso and Betty Gustafson tied for 12th with net 65.5 and tying for 14 with net 66 were Ron Cleveringa and Marilyn Rose and Gene and Mary Sohler. A big hurrah to all of you.

On Saturday, March 1, we will be having a Two Best Ball Shamble.

The rules for this game are as follows: All players drive. Select one drive and all players play out the hole from that spot. (This is not a scramble where you pick up your ball; you must ALL play your own ball after the drive is picked). All players' scores will count with the inclusion of the (1) shot for the drive. The two (2) best scores will be used. The rally time will be 8:30 a.m. and we will tee off at 9 a.m. Don't forget to call if you have to cancel. Bev Ovrebø and Ellie Rapacz will be our hostesses so be sure and stop at their cart to check in with them.

I'll see you at the flags. ☺



### Ladies 18-Hole Golf

Pat MacMurray

The Nine Hole Ladies at On Top of the World hosted the Ladies 18 Hole League on Feb. 12. It was a great day with nine holes of golf followed by a tasty lunch. It was nice to meet new people and everyone had a grand time. Thanks to all the ladies for the hard work and hospitality.

The Pro Shop at On Top of the World has received a shipment of ladies league shirts. Now is the time to purchase one if you missed out or to get a second. They are available with sleeves or sleeveless. Remember to wear your shirt to outside golf events and on the second Tuesday of the month.

Election of officers will take place on March 11 at the membership meeting. A copy of the slate of officers is posted on the bulletin board. Any member who will be out of town can get an absentee ballot from Connie Shirley in the pro shop. These ballots can then be dropped in the On Top of the World 18-hole box in the computer room.

Upcoming events include the Member-Member on March 11 and a Candler/On Top of the World two-day event. On March 4, we will be hosting the Candler WGA and on March 6 play will be at Candler. This is a two-day tournament. Please remember that when you sign up. The cost will be approximately \$18, this includes the two days of play and lunch at Candler on March 6. You can not play only one day. Non-members will also be responsible for paying applicable greens fees. More information and sign up for these events will be on the bulletin board.

As of March 4 our league time changes to an 8 a.m. rally and 8:30 shotgun start. Please sign up for league play in the back computer room and not in the pro shop. That's also a good time to check out the bulletin board.

Saturday scrambles will be continuing throughout the summer. Remember, everyone is welcome to play in these scrambles so come out and join in, these are fun events.

A new feature will start this month. Each month a golf rule will be mentioned that has come up within the last month. This month's rule involves the teeing area. Rule 11-4 states that playing outside the teeing ground in

stroke play incurs a two stroke penalty and requires the player to replay the ball from the teeing area. If the competitor does not correct this mistake and leaves the putting green without declaring her intention to correct it, she shall be disqualified. In match play, the opponent may immediately require the player to cancel the stroke and replay the ball without penalty. So, make sure to check those tee markers, stay behind them but not more than two club lengths. Knowing the rules is part of the game and makes it fun and fair for everyone.

Welcome to our new member Nancy Singleton. Many of ladies met her during the Feb. 5 league day. Nice to have you join us, Nancy.

### LGA 18 Hole Team Points ABCD

Jan. 22

150—Sandy Chase, Rosemarie O'neil, Shirley Smagner, Dorothy Muller; 145—Linda Bervinkle, Mary Jane Mcatee, Dea Johnson, Ellie Rapacz; 144—Nancy Zielinski, Blind draw, Lou Borders, Euny Moore; 140—Iro Lisinski, Blind draw, Glena Swank, Ruth Border; 139—Carol Joseph, Pat MacMurray, Fran Griswold, Helen Bextermueller. Chip-ins: Linda Bervinkle, Lou Borders, Fran Griswold, Rose Hoovler, Dea Johnson, Iro Lisinski, Pat MacMurray, Euny Moore, Shirley Smagner.

### LGA 18 Hole Shamble ABCD

Jan. 29

103—Carol Joseph, Rosemarie O'Neil, Jo Apperson, blind draw; 107—Diane Hamments, Carol Johnson, Harriet Brower, blind draw; 110—Sandy Chase, Betty Gustafson, Rose Hoovler, blind draw; 111—Valerie Smith, Mary Jane Mcatee, Andrea Flannery, blind draw; 111—Joan Daddio, Pat MacMurray, Mary Skennion, Jeanne Rice; 114—Mary Lyon, Blind draw, Phyllis Jarskey, Betty Crippen. Chip-ins: Joan D'Addio, Dot Muller, Beverly Ovreb, Nancy Singleton, Margie Wade.

### LGA 18 Hole Low Gross/Net

Feb. 5

**Gross:** 81—Beverly Ovreb; 83—Jerry Gill; 86—Nancy Zelinski.

**Net:** 65—Carol Joseph; 66—Janet Juhlin, 71—Iro Lisinski.

### Flight 2

**Gross:** 92—Carol Johnson; 93—Betty Gustafson; 95—Rosemarie O'Neil.

**Net:** 66—Flo Emanuel; 68—Angelita Pena; 71—Jean Culp.

### Flight 3

**Gross:** 97—Harriet Brower; 100—Rose Hoovler; 102—Serine Rossi.

**Net:** 67—Lou Borders; 67—Connie Shirley; 71—Andrea Flannery.

### Flight 4

**Gross:** 105—Ruth Border; tie at 107—Jeanne Rice; Ellie Rapacz.

**Net:** 69—Betty Crippen; 69—Dorothy Muller; 70—Mary Alice Narwold.

**Chip-ins:** Andrea Flannery, Betty Gustafson, Doris Holman, Iro Lisinski, Gretchen Normandin, Marilyn Rose, Nancy Singleton. ☺

### Thursday Mini-Golfers

Jan. 17

**Ladies:** 47—Eleanor Krowka; 49—Eva Miller; 50—Florence Soens; 54—Jean Miranto; 56—Bernadette Jacobson.

**Men:** 39—Dick Soens; 51—Bob Maxwell.

### Jan. 24

Rained out.

### Jan. 31

**Ladies:** 38—Eva Miller; 43—Eleanor Krowka; 46—Florence Soens; 51—Denise; 54—Maria; 62—Jean Miranto.

**Men:** 38—Dick Soens; 39—Bob Maxwell.

### Feb. 6

Rained out.

### Sunday Mini-Golfers

Jan. 20

Rained out.

### Jan. 27

**Ladies:** 44—Chris Resta; 46—Eva Miller; 47—Florence Soens; 52—Eleanor Krowka; 61—Jean Miranto.

**Men:** 37—Bob Maxwell; 42—Dick Soens.

### Feb. 3

**Ladies:** 43—Eleanor Krowka; 44—Florence Soens; 47—Eva Miller; 51—Erika Winkler; 58—Bernadette Jacobson; 65—Armida Stevens

**Men:** 41—Dick Soens; 42—Jack Winkler; 48—Bob Maxwell.

### Feb. 10

**Ladies:** 46—Eleanor Krowka; 51—Florence Soens; 60—Jean Miranto

**Men:** 34—Bob Maxwell; 50—Bob Roy; 51—Dick Soens. ☺



### Mini Golf

Jack Coyle

### Providence Putters

Jan. 15

**Ladies:** 45—Inge Vogt.

**Men:** 38—Kurt Vogt; 42—Ben Resta; 46—Bob Maxwell.

### Jan. 22

**Ladies:** 42—Eva Miller; 46—Inge Vogt.

**Men:** 32—Kurt Vogt; 41—Bob Maxwell.

### Jan. 29

No golf.

### Feb. 5

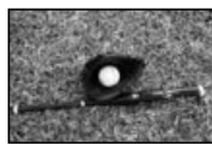
**Ladies:** 47—Inge Vogt; 51—Eva Miller.

**Men:** 38—Bob Maxwell; 39—Kurt Vogt.

### Feb. 12

**Ladies:** 43—Inge Vogt; 47—Eva Miller.

**Men:** 38—Bob Maxwell; 41—Kurt Vogt.



### Softball

Bill Leon

Word is that work will soon start on the field again and that we should be playing shortly after they lay the sod.

We have suspended the Saturday workouts until the field has been completed, but we are still meeting in Winn-Dixie at 8:30 a.m. for coffee and doughnuts, so if you want to talk baseball, drop on by.

All is not lost as some residents have been showing up on Tuesday and Thursday mornings at about 9 a.m. and smacking the ball around, so if you want to get in shape, come on down.

The majority of the players have been play-

ing either at Beverly Hills or Shocker Park and waiting to come back to play at our own home field.

Hopefully we will be able to get back on the field before the start of the spring season in Major League Baseball. We are anxious to hear the sweet words at On Top of the World again ... let's play ball. ☺



Submit Articles by E-mail to  
otownews@otowfl.com



### Ladies 9-Hole Golf

BJ Leckbee

The 18-hole LGA league accepted our tournament invitation, with 44 of their members joining us on the greens, the tees and the fairways. Nick and Mike set up the teams and ran a smooth tournament, allowing all our members to get out there and play.

Thanks to Judy Kane, who chaired the event, June Tassinari and Dot Wagner for working the breakfast tables, Brenda Smith and Gretchen Saker for signing in the players, Donna Swiger for selling mulligans, Dot and Gretchen also for buying and wrapping and presenting the door prizes. To all who baked the breakfast treats: Wow!

April 1 is just around the corner, and so is our outside invitational. The pros will be handling the golf portion of this event, but we're counting on our members to volunteer to help with registration, breakfast treats, setup, selling mulligans, and other duties on that day. Please offer to be an active participant, not just on the fairways, but also behind the scenes. As in the past, prizes for the drawing are dependent upon contributions by our members. Some prepare gift baskets and some provide items to be grouped with others. Whatever your preference, please get your gift to Alice McDaniel or Marie Segovis at least

one week prior to the tournament.

### One Best Ball

Jan. 22

**Birdie:** Grace Bock on 9

**Chip-ins:** Virginia Blanchard, Grace Bock, Sylvia Willoughby.

43—Arloa Vanderkolk, Sylvia Willoughby, Donna Swiger, Therese Bell; 44—Marlene Floeckher, Mary Carson, Virginia Blanchard, Kathy Bologna, and Millie Nucaso, Gretchen Saker, Darlene Bole; 45—Grace Bock, Helen Bailey, Jean Flynn, Charmaine Hassett, and Joan Rappa, Betty Tully, Dot Wagner, Cathleen Hathaway.

### Low Net

Jan. 29

**Flight 1:** 32—Millie Nucaso, Lois Tatonetti; 34—Shirley Stolly; 35—Marlene Floeckher, BJ Leckbee; 37—Jan Moon.

**Flight 2:** 27—Judy Garrett; 35—Donna Swiger, Virginia Blanchard; 37—Sumiko Bridges, Therese Bell; 39—Helen DeGraw.

### Modified Scramble • Links

Feb. 5

40—Deni Dehart, Gretchen Saker, Donna Swiger, Dodie Phillips; 41—Vi Sica, Sylvia Willoughby, Virginia Blanchard, Sylvia Mark, and Brenda Smith, Shirley Stolly, Marie Segovis, Ruth Mitchell; 42—BJ Leckbee, Pauline Beloin, Alice McDaniel, Marilee Dam.

### 9/18 Invitational

Feb. 12 • Tortoise

**Closest to Pin:** Jo-Ann Roney.

**Paula Creamer Flight:** 35—Mary Driver, Rose O'Neil, Agnes Tetti, BJ Leckbee; 36—Beverly Ovreb, Connie Shirley, Jean Flynn, Marilee Dam; and Linda Bervinkle, Fran Griswold, Marlene Floeckher, Michael Beyer.

### Hare

**Closest to Pin:** Margie Wade.

**Annika Sorenstam Flight:** 36—Janet Juhlin, Raquel Berdichevsky, Jeanne Rice, Virginia Blanchard; 37—Mary Lyon, Georgette Perrault, Catherine Becraft, Darlene Bole; 38—Nancy Darichuk, Margie Wade, Carol White, Lois Tatonetti. ☺



Can you identify these bocce players?

### Bocce Club

Ray Shultz

people today think it was the Italians that invented bocce. Why, because Italians play bocce.

This is far from the truth. The Italians actually modified the game to their own liking, as did the French, Greeks and the English. The first ever documentation of bocce was in Egypt. An English scientist named Sir Francis Petrial discovered a painting in an Egyptian tomb of two little boys playing. This was around 5200 BC.

The club is very interested in identifying methods to increase our membership as well as making our existing organization more enjoyable. If you have any ideas, please pass them on to your league rep or e-mail them to me: rrshultz90@yahoo.com/

Remember communication is key to a successful organization.

Guess who these players are; the answer will be in next month's article. ☺

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Photo by Robert Riedeman

**Monday morning shufflers sharpen their game.**



**Shuffleboard**  
Robert Riedeman

Before I began playing shuffleboard two years ago my impression was that it is a game played mostly by older folks, especially on cruise ships. Wrong, wrong, wrong! In case there are some potential new players out there whose impression of the game is the way mine was, some explanations are in order.

For starters, shuffleboard is for all ages. I have observed many children enjoying the game on our courts who were guests of their grandparents (or other relatives). In last month's column I mentioned the gentleman reported to me by John Mataya who participated in the State Senior Championship at Cape Coral at the age of 98. (He won by default.)

Since shuffleboard is not a spectator sport many may have the impression, as I did, that pushing a bunch of discs back and forth from one end of the court to the other isn't all that

difficult. Wrong again! Scoring and preventing your opponent from scoring involves a high degree of accuracy and speed control. Strategy plays a large part in this complex game. The object is to reach a score of 75, or if no one attains this, a full board of 16 frames may have to be played and the highest score wins. To keep your opponent from scoring you have the option of knocking his or her discs out of a scoring position or hitting one or more of those discs into the "kitchen" which reduces his score by 10. Another technique is to prevent your opponent from knocking one of your discs out of a favorable spot by blocking it with another disc.

In regular club play each person plays three games in a rotation so that partners are matched differently in each game. It's a lot of fun and I urge anyone who is thinking about taking it up to give it a shot. There is room in most of the playing groups for new members. Instruction is always available. So come on down to the courts! Interested parties may call Joe Veres, our president (861-8005), George Hajjar (861-6009), Frank Dubay (236-6638), or myself (861-1501) to get more information.

The winners in regular weekly play for January were as follows:

- Monday a.m.:** Men, Tom Cullum; women, Lois Nix
- Monday p.m.:** Men, Irv Gackowski; women, Margot Thomas.
- Tuesday p.m.:** Unavailable.
- Wednesday p.m.:** Men, Joe Specht; women, Agnes Hickman.
- Thursday a.m.:** Men, Greg Rasmussen, Women, Olivia Abbott.
- Friday a.m.:** Men, Don Hood; women, Elaine Austin. ☺



**A horseshoe tournament was hosted on Jan. 18.**

**Horseshoe Tournament**  
Robert F. Bealle

Thirty-nine participants entered a horseshoe tournament on Jan. 18.

The tournament was set up and operated under the rules of the National Horseshoe Pitching Association and all participants were members of that organization. The nine horseshoe pits are on an acre of ground surrounded by a bright green chain link fence. The beautiful course has been inspected and sanctioned by the NHPA and records of each participant in this tournament are entered in a permanent file with the Horseshoe Association.

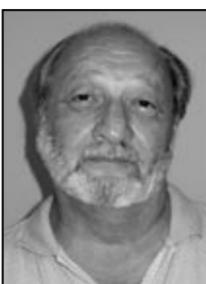
The 39 participants were divided into six classes competing within that class, pitching

200 to 250 shoes each. The metal shoe weighs just over two pounds and pitched from 40 feet with those over age 70 pitching from 30 feet. A ringer counts three points and a shoe within six inches of the post counts one. Most of the players were experienced with good records getting from 20 percent to 45 percent ringers.

**Ocala Winners**

- Class C:** Ed Klotzen, 230 points, 117 ringers or 48.75 percent
- Class E:** Charles Buddy Short, 187 points, 80 ringers or 40 percent
- Class F:** Spence Corkum, 174 points, 42 ringers or 17.50 percent

After the final shoe was thrown, cash awards were made to the winners. A food bar provided hamburgers, hot dogs, doughnuts, coffee, soft drinks and beer throughout the day. ☺



**Billiards**  
Richard Impressa

Look at it as therapy without the doctor's bills or the Prozac.

We appreciate the cooperation of the other players in the community for supporting our efforts by attending these matches as observers and allowing us to have the poolroom for these matches. We hope we can repeat our 2006-07 championship season and bring the trophy back home.

On March 5, there will be a special race to 15, 8-ball challenge match played between "Marvelous" Marlon Manalo of the Philippines and Rodney "The Rocket" Morris, who lives in the Tampa Bay area. This promises to be a real barnburner. Marlon and Rodney are both top-notch players with devastating breaks, as well as excellent shot making and kicking abilities. The one area of difference, I think, is that Rodney is more of an offensive player than Marlon. He will take the hard shot rather than play safe. This is a sign of the aforementioned lack of patience, but when he's on his game Rodney can't be beaten. The match can be seen live for free on the Internet (if you have a high speed connection) at [www.international-pooltour.com](http://www.international-pooltour.com). You should sign up beforehand to get your password, and then sign in about 7:30 p.m. for the match at 8 p.m.

This is the third match to be offered by the International Pool Tour Web site. The first two were Earl "The Pearl" Strickland vs. Johnny "The Scorpion" Archer followed by a match with Francisco "Django" Bustamante vs. Corey "The Prince Of Pool" Duell. Don't you just love the nicknames? Maybe we should institute some for our players.

Stop by the poolroom and let me know if you have any suggestions for that or what you'd like to see in upcoming columns.

Before I end this column I have to put in my usual pitch for membership. It's only \$5 for the entire year and you help support the maintenance and upkeep of the equipment. So, if you haven't signed up for the new year, please do it now to ensure a first-class billiard experience for all. It was my pleasure to fill in for George this month, so until next time, see you at the poolroom and keep your tip dry. ☺

2008 is rolling right along, and, as of this writing, so are the three teams representing On Top of the World in the Marion County Senior Men's League.

Team I is tied for first place with the team from Spruce Creek Preserve, while Teams II and III are competitive and improving every week. The league features some of the best senior pool players in the Ocala area with no easy contest among them.

For those of you not familiar with doubles play, it's a whole different game than one-on-one competition. Team play requires much more patience. You get to sit down and think about your last shot for a long time before you can get up and redeem yourself. It also adds some pressure not to let your partner and teammates down rather than just yourself when playing singles.

To all the spouses out there I'm sure you realize that patience isn't one of our strong suits. Shirley has learned to treat Tuesdays (match day) the same way she treats Sundays during the football season. She doesn't ask me how our team did until Thursday, allowing me time to regain my composure and have a rational discussion. So ladies, don't complain because your husband is playing too much pool.

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### Anything But Bland Chef Dave Bland

#### Cooking for Better Health

Today in this world of information, we are inundated with what is healthy. There are always new studies coming out about something else that is bad for you. Then a few years later, it is good for you again. With healthy cooking an emphasis today it is important for me as a chef to be abreast of the trends.

There is a rising trend toward organic foods but what does organic mean? For meat and dairy it means no growth hormones or antibiotics. If you read the label of Publix brand milk it says not produced with growth hormones. Also Tyson and other chicken found in the supermarket have a label that says government regulations do not allow the use of growth hormones in chicken. So I am satisfied in purchasing non-organic dairy and chicken. With beef I look for the word "natural," which means that they use grains or grass and "free range" is a good sign as well.

As far as vegetables and fruits, organic means the crops were produced without the use of conventional pesticides, artificial fertilizers, human waste, and radiation or growth hormones. I think everyone will admit that this sounds really bad and if it weren't for steep pricing we would all either buy organic or live out on a farm "growing our own."

Today's food market is volatile. As a result of the search for fuels that do not use foreign oil, there is a move toward the use of corn in the production of ethanol. This has already had an effect on the food market. Since corn is used for cattle, beef and dairy prices have skyrocketed. The consumer is not as willing to spend \$5.99 a gallon for organic milk.

Some crops are considered "safe" that are not organic. Generally, fruits and vegetables that can be peeled or have a husk are safe. Berries and other small delicate fruits are wise to buy organic. Greens and herbs I like to purchase organic. I also try to buy locally when at all possible.

When using fats I stay away from trans fats and use olive oil or canola oil. The key is to use fat in moderation. Coconut oil as saturated fat has been found to lower cholesterol.

The other hot button in food health is high fructose corn syrup. This is a process that was started in the 1970s because it is a cheap way to sweeten and it is found in everything from breads to soft drinks. High fructose corn syrup prevents your body from knowing when it's full. With breads, juices and cereals I buy organic because they use sugar alternatives — even natural sugar is better.

#### Zucchini Pomodoro

Serves 2

2 zucchini cut into shoestrings  
2 clove garlic minced  
6 basil leaves  
3 tomatoes small diced  
2 ounces extra virgin olive oil  
Sea salt to taste  
Black pepper to taste

Directions: Sauté zucchini in olive oil until slightly al dente and set aside. Next heat oil and sauté minced garlic and add tomatoes and basil. Season to taste then add zucchini and sauté until evenly mixed. Garnish with shaved Parmesan cheese.

#### G-Mommas Garlic Soup with Crouton and Parmesan Cheese

2 cans low-sodium chicken broth (or 3-1/2 cups homemade broth)  
1 head garlic (about 15 cloves), peeled  
1 small onion, minced  
1 1/2 tablespoons minced parsley  
1 teaspoon curry powder  
1/4 teaspoon red pepper flakes  
Salt to taste

Directions: In a blender or food processor, puree the garlic, onions and herbs with a little stock. Put all ingredients in a saucepan, and bring to a boil.

Next, reduce heat and simmer covered or uncovered (if you want to inhale the therapeutic steam) for 30 minutes.

#### Vegetable Panini

Makes 2 grilled sandwiches

1 zucchini sliced lengthwise  
1 yellow squash sliced lengthwise  
8 shitake mushrooms  
1 sprig rosemary  
2 sprigs of parsley  
1 sprig thyme  
3 oz extra virgin olive oil  
Salt and pepper to taste  
2 slices provolone cheese or any cheese you prefer  
4 slices 7 grain bread

Directions: First mince the herbs; add to oil and season to taste. Next cut zucchini and squash then marinate in oil with mushrooms. Grill vegetables until tender. Layer on bread with cheese. Grill bread until cheese melts. Serve immediately. ☺

6:30 to 8 p.m. for six weeks (March 5 and 19, April 2, 16 and 30). The workshops are being held for dancers who want to reinforce their Plus skills. If you have trouble with your "Fan the Top" or "Peel the Top," or get confused with all the spins, "Spin Chain the Gears," Spin Chain and Exchange the Gears, or "Spin Chain Thru," then this set of workshops could be for you. Partners are required.

Several Circle Square couples went on a Caribbean cruise and the reports were terrific. Don and Loretta Hanhurst and about a hundred of their closest friends from all over enjoyed the four dancing events.

Spring is on its way and those shamrocks are going to be popping. I was always told that everybody is Irish on St. Patrick's Day, so true or not we have another reason to dance. Wear your green and be sure to come out to the St. Patrick's Day theme night on March 12, our regular scheduled club event. ☺



### Square Dancing Maureen Lea

February is gone but not forgotten. The Valentine's dance was heartwarming with dancers flipping and cutting diamonds. The Winter Whirl was a big success with Jim Cosman from Georgia calling the square dance and Loretta Hanhurst as cuer on rounds.

We continue to have great turnout and the classes are really progressing. Don Hanhurst started Plus workshops on Feb. 20. They will be every other week at the Arbor Club from

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Photo by Bob Woods

David Hirsch of the Moosewood Restaurant in Ithaca, N.Y., addresses a crowd at the Circle Square Cultural Center.

## A Moosewood Evening Residents Learn About Vegetarian Cooking

By BOB WOODS  
WORLD NEWS WRITER

After I received a flyer in the World News announcing a Moosewood evening jointly sponsored by the Master the Possibilities and On Top of the World Communities, I just had to find out what this all entailed.

This was a lecture by a guy named David Hirsch of Moosewood, Inc. Moosewood was named as one of the 13 most influential restaurants of the 20th Century by Bon Appetit magazine.

David Hirsch would be addressing the importance of working with seasonal ingredients, organic and local foods and also elaborating on the recognized health value of fresh fruits and vegetables. I did notice that samples of the Moosewood recipes would be available. Hirsch has authored a cookbook entitled Moosewood Restaurant Kitchen Garden.

I did a little research and found out that David Hirsch has been affiliated with the Moosewood Restaurant in Ithaca, N.Y., since 1976. The restaurant is a famous vegetarian eating spot and the restaurant gang has published 10 other cookbooks in which Hirsch has coauthored. The name of the restaurant, Moosewood, was derived from a fictional dog character in a book read by one of the original restaurant organizers.

Hirsch's book offers information and instructions on designing the backyard gardens, growing and harvesting as well as cooking those items grown in the garden.

Hirsch, I discovered, is an informative talker presenting entertaining classes, demonstrations and lectures throughout the country at many cooking schools as well as appearing on local and national television programs. He adds a little humor in his presentation talking with a little New York accent, having spent years in the city before heading to Ithaca where the restaurant is located.

Hirsch elaborated on how the restaurant has grown over the years when he started out with this venture doing the restaurant's menu. He stated the vegetarian restaurant has

expanded three times and that most of the food served, when possible, is all organic. David stated the restaurant uses local growers providing fresh produce during upstate New York's growing season and the whole gang at Moosewood supports the local growers in their own community.

David's talk mainly covered the health aspects derived from healthy foods, particularly greens. He said, "Eat food in many bright colors as most of them contain healthy oxidants — they are good for you." He continued to add, "Eat only 80 percent of what you think will fill you up."

One item that really interested me was when I found out that Hirsch shares his expertise in his cookbook on growing, harvesting and cooking more than 75 veggies, herbs, and edible flowers. The latter really intrigued me. I was very interested in backyard flowers. I wondered if my azaleas were edible as well as roses and my northern iris, not to mention any other beauty that was blooming from time to time in my yard. How would I cook flowers? What would they taste like? Which ones are good to eat and which ones will ill affect my digestive track? He mentioned in his book that he grows tangerine gem marigolds and also edible chrysanthemums. He emphasized to be very careful using flowers and herbs supplied by someone else because of fertilizers and insecticides that might have been used.

During Dave Hirsch's talk, Dave Bland and his crew from Candler Hills Restaurant prepared three dishes from Hirsch's cookbook for the almost 200 folks attending the presentation. On the table was a Sicilian Chickpea spread with crackers for all to munch on while David Hirsch was talking and then everyone had a chance to try a red bean, potato and arugula soup along with a veggie burger. Recipes for the spread and soup were passed out to those attending.

At the conclusion of the Moosewood evening, David Hirsch sold and autographed his cookbook and those other cookbooks he helped co-author. The evening was a vegetarian's delight. ☺

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**Wood Shop**  
Ray Utiss

Spring is just around the corner and so is our picnic. Now is the time to mark the date on your calendar. This year our picnic will be held inside the Arbor Conference Center. The date will be April 12. The time will be 11:30 a.m. So rain or shine, cold or warm, the picnic will go on. Look for more details in the next edition of our newspaper. This early warning is just to get the information on your busy calendar.

A reminder for our members using the tools in the Wood Shop: Please check your lumber for nails or screws before running them through the saws or planers. Our new planer already has a nick taken out of the blade. These blades can only be sharpened a few times and then must be discarded. These blades are expensive and it is your dues that are used to replace them. Thank you.  
See you at the Wood Shop. ☺

**Praise Break**  
Connie Walters

Come and be blessed by a peaceful hour of praise and worship music designed to refresh and invigorate. It's at the Indigo East Community Center on Tuesday, March 11, at 10:30 a.m. and everyone living at On Top of the World is invited.

Take Southwest 84th Street off of Southwest 80th Avenue, which dead-ends at the Community Center.

Connie is an accomplished musician who has recorded three Christian CDs. She will be playing the keyboard and singing and you are welcome to sing along with her with the words provided. Come be inspired, encouraged, and uplifted. For further information you may call 873-7198. ☺

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**Dish & That Recipes**  
Jean Breslin

Most everyone wears a wee bit of green when St. Patrick's Day arrives. Perhaps you'd like to cook some Irish dishes. I received these two recipes from a friend of mine. Let's first start with an Irish saying: "May you have warm words on a cold evening, a full moon on a dark night, and a smooth road all the way to your door."

**Colcannon**

- 2 pounds potatoes
- 1 large head of cabbage
- 1 large onion
- 1 stick of butter
- Pinch of pepper and salt
- 1 cup of milk

Peel and cut the potatoes in half. Chop the onions and cabbage in about 1 1/2-inch chunks. Layer the bottom of a large heavy pot with the potatoes, and add the pinch of salt and pepper. Layer the onion and cabbage on top of the potatoes and add enough water to cover the mixture. Boil and then simmer, covered, for 15 to 20 minutes until the potatoes are cooked. Mash the mixture thoroughly adding the butter and milk to ensure a good consistency. Use more milk if necessary. Serve with meat, steak, or sausages, etc.

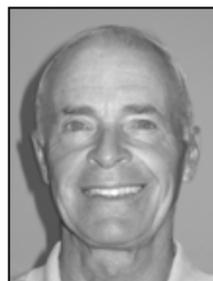
**Irish Scones**

Makes 6 scones

- 1/2 cup sugar
- 6 tablespoons butter, softened
- 1 cup flour
- 2 tsp. baking powder
- 1/3 cup milk
- 1 egg slightly beaten
- 1/4 cup raisins (optional)

Preheat oven to 350 degrees. Mix sugar and butter till blended. Sift flour and baking powder into sugar and butter mixture; beat until blended. Add 3/4 of the beaten egg and all the milk; mix well. Add raisins and nuts, if desired. On a cookie sheet, portion batter into 6 rounds. Brush the remainder of the egg over the scones and bake for 20 minutes or until light brown.

Enjoy. May your home always be too small to hold all your friends! ☺



**Favorite Recipes Dinner Club**  
Luke Mullen

Once again Favorite Recipes Dinner Club kicked off the New Year cooking with a great evening of fine food and fun entertainment. Thirty diners enjoyed a wonderful time at five different club members' homes.

Kathy and Luke Mullen were hosts for our first dinner. Kicking off the evening were two scrumptious hors d'oeuvres prepared and brought by Jean and Joe Breslin. The first was a Reuben dip made by melting Swiss cheese, cream cheese, diced corned beef and Russian dressing, then topping it off with sauerkraut, and baking it with a smattering of more Swiss cheese. The second hors d'oeuvre was some sausages wrapped in bacon then baked with a slight covering of brown sugar.

Following these appetizers, Kathy and Luke served a traditional Greek salad. Accompanying the salad were baguette breads with homemade dipping sauces. The entrée served was a delicious chicken Marsala. It was a combination of chicken, mushrooms, herbs, chicken broth cooked with heavy cream and Marsala wine. A side dish of rice pilaf accompanied the entrée.

Topping off the meal was a great dessert created by Barbara and John Young. They brought a cherry dump cake, consisting of cherry pie filling and crushed pineapple with yellow cake mix and nuts sprinkled on top — served with a dollop of whipping cream. All had an enjoyable time.

Gitte and Paul Agarwal hosted our second dinner. Their evening began with appetizers brought by Mary and Bob O'Neal. The first hors d'oeuvre was ham rolls with dill relish and cream cheese. The second was garlic bagels topped with a cream cheese, artichoke, sun dried tomatoes and pesto mix. They were marvelous.

Gitte and Paul then served a delightful salad of mixed greens and dried cranberries, topped with feta cheese, roasted chopped walnuts and a balsamic vinaigrette dressing. Following the salad they then served the main meal. They made a delicious chicken in thyme sauce, which was served over noodles. Crisp-tender sautéed asparagus and red bell pepper accompanied the entrée.

After dinner, Maureen and Dan Corr presented the dessert. Since strawberries were available from Plant City they brought a strawberry pie that everyone seemed to enjoy.

All participants had a very relaxed evening, which was enjoyed by everyone.

Ann and Conrad Massa were the hosts for our third dinner. Jimi and Tony Bartolone provided appetizers of shrimp cocktail, baked brie and boursin cheese and crackers. After the appetizers, Ann and Conrad provided a spinach citrus salad composed of baby spinach, sectioned navel oranges, grapefruit sections, and sliced red onion separated into rings. The dressing was made of grapefruit juice, olive oil and honey with a small amount of Dijon mustard, poppy seeds and grated onion with a dash of pepper.

Following the salad the hosts served the entrée, which was pork tenderloin with a cran-

berry sauce. The entrée was accompanied by a pecan and apple stuffing and mixed vegetables. It was good!

Sue and Howard Bourland then served an outstanding dessert. They made an orange chocolate swirl cheesecake, which was superb. Everyone had a good time.

Hosts for our fourth dinner were Roberta and David Knarich. Joan Sigafos and Richard Miles prepared hors d'oeuvres — an antipasto tray to compliment Dave and Roberta's Italian dinner. The tray had cold meats, artichokes, cheeses, marinated shrimp, salami roll-ups served with tapenade (olive spread) and crackers.

Following the appetizers Roberta and Dave served a tomato and fresh mozzarella salad on lettuce with black and green olives and Italian bread. They then served the entrée of their Italian-themed dinner. It was stuffed shells with meatballs and sausage with green peas and mushrooms.

Debbie and Dan Partin then topped off the meal with a delectable dessert. They had made a four-layer yellow cake laced with Kahlua topped with milk chocolate frosting and decorated with white chocolate.

All participants had a wonderful evening at Roberta and Dave's house.

Hosting our fifth dinner of the evening were Tish and Don Dertien. Kathi and Ray Lang prepared appetizers for the evening. The first was a lemony marinated antipasto. It was comprised of browned turkey spicy Italian sausage, cut in bite size pieces, then marinated in dressing of olive oil, lemon peel, lemon juice and herbs and spices. Also added were pieces of sweet red pepper, mozzarella cheese and kalamata olives. Also served were cocktail pigs in blankets with spicy mustard.

Tish and Don started the dinner with a salad, an applesauce-berry gelatin mold. It was made from strawberry gelatin, whole berry-cranberry sauce, and chunky applesauce. The entrée was chicken breasts Wellington. The breasts were prepared with wild rice, orange peel, eggs, crescent rolls, red current jelly, port wine and lemon juice. Accompanying the chicken breasts was a baked vegetable medley. It was made using cauliflower, broccoli, carrots, mushrooms, green onions, chicken soup, milk, and processed cheese sauce.

Pat and Robert Riedeman then served the dessert. It was a fresh strawberry pie, made with wonderful Florida berries, pureed berry glaze and served with country style whipped heavy cream, with vanilla sugar. Also, chocolates with liquor centers were served.

All dinner participants had a delightful time.

Our club is currently looking for new members. If you are a couple who could attend eight to 10 club dinners per year, enjoys preparing and cooking food for others and enjoys entertaining and having people visit in your home you might consider joining our Club. Call Luke at 304-8104 for more information. ☺

**New England Club**  
Debbie Partin

The New England Club had a very "sweet" February meeting with lots of goodies to enjoy. The couple married for 62 wonderful years received a big box of candy, and the couple the shortest to be married, eight years, received candy also.

Everyone shared their stories of how they met and married — very touching and very funny.

Just a note: Hospice came and thanked us for our yearly donation and our help in providing two rooms for the Hospice building at a cost of \$60,000, all from people in On Top of the World. Every one of the residents should be proud!

Our president Lorraine is highlighted this month. Lorraine and her husband Ron were high school sweethearts and have been married 42 years. Both are from Weston, Mass., where Ron was in law enforcement. They have three children and three grandchildren. All their kids married their high school sweethearts also. Quite a loving spot, Weston.

Lorraine and Ron enjoy antique cars and own a cream and gold 1969 Oldsmobile Cutlass. Lorraine volunteers for bingo and cooking for the VFW where she is a lifetime member. Her favorite comments are "Well, hello!" and "Of course, I'm Italian."

We get together once a month at the Arbor Suites at 2 p.m. on the second Friday of the month.

We give back to our community by giving a gift certificate and a food basket to two shut-in families here at On Top of the World.

We would love to have you join us. We welcome all new ideas and a great party attitude! For information call Debbie 351-0964. ☺

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# Women of the World Present Annual Fashion Show on March 8

By BOB WOODS  
WORLD NEWS WRITER

Hey ladies, there is a fashion show right here in On Top of the World showing off the latest fashions from Beall's.

According to Webster's New World Dictionary the word WOW is defined as an exclamation of surprise, wonder, pleasure, pain, etc. and a remarkable, successful, exciting person or thing and to be a great success with and arouse enthusiasm. WOW, now doesn't that define the women who are members of the On Top of the World's Women of the World (WOW)?

These women are full of surprises and the most important pleasure they bring to others is their enthusiasm of donations to special groups and in particular to Hospice. These exciting women are going to have their annual luncheon and fashion show to be held in the Health & Recreational Ballroom on Saturday, March 8, starting at noon.

Food at the luncheon will be light but the servers for this sit-down luncheon will be provided by none other than some of these ladies' husbands. I was told these husbands, who will be the waiters, all 20 of them, are volunteers.

Ladies who are members of the Women of the World will model creations provided by Beall's Department Store located down the 200 corridor next to Wal-Mart. This year 17 ladies will model. The ladies provide gift baskets, which will be displayed on the stage and will be raffled to those purchasing tickets at the luncheon. All proceeds from this raffle and other money raised at this event will be donated to Hospice. Last year's affair raised \$3,500 which was presented to Hospice representatives present at the luncheon.

In a thank you letter from Hospice the director of development stated, "Hospice of Marion County is so lucky to have such loving friends in our community! You women are wonderful."

Ladies, would you like to attend this year's event, which generally sells out fast? Tickets will be sold by WOW members and they will also be available by calling Nancy Grabowski at 873-4315.

What else have these ladies done? Here are



Photo by Bob Woods

The Women of the World model fashions at last year's show.

just a few of the events and functions they have held in the past and present helping those who need help or making donations to notable charities. I was informed that the ladies selected five charities to which they donated extra monies. This year's donations will assist Operation Shoe Box, Sheltering Arms, SPCA Marion Therapeutic Riding Association, and Kimberly Cottage. After all, Women of the

World is not only a social organization, but a charitable group as well.

The ladies meet the first Friday of each month starting in September ending for the summer months in May. To become a member of this female organization you must be resident in On Top of the World. At present there are some 235 ladies belonging to WOW.

Would you like to become a member of this

elite group of On Top of the World Women of the World or would you like additional information? Please contact the organization's president, Betty Thayer, at 854-8462 or the group's first vice president, Bobby Roeder, at 237-5681.

Information concerning the fashion show can be obtained by contacting Nancy Grabowski at 873-4315. ☎



**Native Plant Club**  
Robert Riedeman



Photo by Robert Riedeman

**Lichens adorn a dead pine limb on the Longleaf Pine Trail.**

is located (the Longleaf Pine Trail), there are countless examples of the above kinds of relationships. One of the most interesting is that between the species of which lichens are composed — a green alga and a fungus. Lichens grow almost anywhere: on stones, the bark of trees, on soil, and even on the roof of our houses. They are not much noticed, however, because of their small size and grayish green color. The form of a lichen is leaf- or crust-like. They are sometimes so firmly attached to rocks that they are virtually impossible to dislodge.

Microscopic examination of a lichen reveals that its main form is composed of many strands of a fungus interspersed with tiny single-celled green algae. The fungus produces the main body of the lichen as well as the reproductive structures and the algae supply the food material since they are photosynthetic. Thus we have a very well developed case of mutualism.

While lichens may, at first, seem to be of little importance, they play an enormous part in the process of the colonization of new sites for plant growth. They are the first living things to occupy a bare rock surface, for instance. After they have established themselves on such a site, they make it possible for other kinds of plants (e.g. mosses, grasses) to

take root. Thus the lichens play a key role in the process of plant succession and the development of plant communities.

Lichens found in the Longleaf Pine Trail area include the British Soldier Lichen, the Deer Moss or Powder Puff Lichen, the Jester Lichen and the Bushy Beard Lichen. Signs identifying these species are in place along the trail.

While lichens are not generally edible for humans they are an important food source for grazing animals, especially in tundra regions. One of the few palatable ones, which grows in northern Africa and western Asia, is thought to be the manna, which was a food source for the Israelites.

Even today desert tribes of the region grind this lichen into a meal from which they make bread.

The next meeting date for the Native Plant Club will be Wednesday, March 12. This event will be a trip to Breezy Oaks Nursery in Haw-

thorne. We will gather at the usual time and place (1:45 p.m., Suite H, Arbor Conference Center) and arrange carpools. After visiting Taylor Gardens Nursery last year at this time it is felt that such an event is a valuable endeavor. ☎

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**Canine Club**

**Bobbi Lipka**  
(Picture: Ellery)

The K-9 club needs your help! We're looking for experienced dog people to act as temporary foster homes for stray dogs found in our community — just until their owners can

be located. You'd need a crate, dog food and the time to walk the dog. If you can do this, please contact Bobbi Lipka at 237-1245.

The Animal Center's Neuter Commuter was a big success. Dr. Livingston told us that they'd neutered or spayed more than 20 pets, and that the response to the free rabies immunization with county license was the highest they'd had! They're hoping to return on a regular basis.

Club members also enjoyed a wonderful trip to the Veterinary College at the University of Florida in Gainesville. The group broke into smaller clusters for personalized tours of the facilities, and were given extensive materials on the college. Everyone commented on how amazed they were at the services offered, and research being conducted.

Our March meeting is scheduled for Sunday, March 2, at 7 p.m. in Suite G of the Arbor Conference Center. Please note the room change. Evidently our former room, Suite D, has now become the official table tennis venue, so we'll be meeting in G from now on. We'll be discussing the Lost and Found Dog Program, and establishing a nominating committee, among other items. Please come join us. ☺



**New York/  
New Jersey**  
**Terry Zarrella**

January's meeting featured the Big Sun Barber Shop Quartet. Members enjoyed listening to music from our era and members sang

along with the quartet.

Our Tampa Bay Down's Trip on Feb. 5 was a success. We had some big winners and some losers. Unfortunately ... the "Saint" (a/k/a my husband Andy) forgot to bring his camera so there won't be a picture of our wonderful day out at the races. The food was good and we had a safe trip there and back everyone had a great time ... the end result ... a "great day."

At February's meeting we sold tickets for our covered dish, which will be held at March's meeting. If you want to attend in March you need a ticket. The cost will be \$3 per person. The club is picking up the rest of the charges for the chicken, rolls and butter. Everyone must bring a covered dish that will serve at least six to eight people. We will supply the coffee and iced tea. You can bring a soda from home if you want to. If you want a ticket please call Liz Ettell. Her phone number is in the phone book.

At February's meeting, Bunny held a "quiz show." I will elaborate more on this in next month's newspaper.

Anyone who recently moved to On Top of the World who resided in New York or New Jersey and wants to become a member of our club, our meetings are held the third Tuesday of the month. We meet at 2:30 p.m. for dessert and coffee or iced tea and the meeting starts at 3 p.m.

Come join us for a great day out and join in on group participation shows and entertainment. You will meet new people and make lasting friendships.

If you have any questions regarding our club, please do not hesitate to contact Liz Ettell, the president of the club.

Until next month, stay well ... laugh often ... be happy! ☺



**View from  
the Library**  
**Peggy Greer**

"The Kite Runner" is a wonderful novel which isn't for the faint of heart. It is an amazingly powerful first novel by Dr. Khaled Hosseine. This author is someone whom I consider the Afghan Shakespeare. This book is about fear, guilt, jealousy, family, loyalty, bravery, cowardice and good vs. evil. I was reminded of Greek tragedies or some of the plots in Shakespeare plays.

Although "The Kite Runner" is a work of fiction, it is somewhat loosely based on the true story of the author's life. He is an Afghan who, at a young age, fled with his family to Paris, France, where they remained until they could receive political asylum in the United States. Dr. Hosseine completed high school, college and medical school in California, where he worked as a physician until a year and a half after "The Kite Runner" was released. The main character, Amir, also fled Afghanistan to seek political asylum in the United States when he was a boy.

Dr. Hosseine shows brilliance in the way he introduces you to the Afghan culture so that you can relate and empathize with their pain. He humanizes the war, taking the politics and war tactics out and focusing on the people.

The story carries you from the time before the Russian invasion, what happened during their war with Russia, and then the Taliban moving in to fill that void after the Russians left.

Although this book is a work of fiction, you are reminded how long Hosseine's people have been struggling to defeat evil forces. A work of fiction? Yes, but with some true lessons to be learned.

The book has been made into a movie and I'm curious how true it is to the book. I'm also looking forward to future Hosseine works. ☺



**Opera**  
**Tony Donato**

On Feb. 7, our Opera Appreciation Class X held its third of five sessions.

Our colleague, Joe Fanelli, presented an exciting video of Georges Bizet's "Carmen," which our group enjoyed immensely. Mr. Fanelli did a very fine job of explaining the plot, the motives of the characters and facts about Bizet and the singers. Sofia von Otter was an attractive and sensual Carmen, and Marcus Haddock was a pleasing Don Jose. So-

fia portrayed the Gypsy as a spitfire, a vamp and a brave fatalist unafraid of Jose's threats. Haddock was properly naïve as the Spanish country boy who was unable to cope with the bizarre behavior and infidelities of the temptress.

Our fourth session will be on March 6 when I will present Gaetano Donizetti's "L'Elisir d'Amore (The Elixir of Love)." This fine comedy in DVD stars Anna Netrebko of Russia and Rolando Villazon of Mexico. These two young singers are the greatest attraction in opera today whenever they are paired together. Anna is probably the most beautiful soprano of our time, with a voice and acting ability to match. Rolando appears ready to fill some of the void left by Luciano Pavarotti but that super star's worldwide fame and popularity in opera and concert probably will remain unequalled in our lifetime.

Netrebko and Villazon have performed together in "L'Elisir d'Amore," "La Traviata," "Romeo et Juliette," "Lucia di Lammermoor" and other works in famous opera houses and made recordings and DVDs. They are scheduled to perform La Boheme soon and recordings and DVDs will be available. The marvelous chemistry between Anna and Rolando has continually sold out their performances.

For further information, call Tony Donato 861-4211. ☺

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**Concert Chorus**  
**Joanie Bolling**

If you are passing by the Health & Recreation Ballroom on Thursday mornings, you will hear music and voices going up an eight-note octave.

Our newly formed Concert Chorus is under the direction of Jean Monroe and our pianist is Jean Muncy. We have first and second sopranos, first and second altos, tenors and basses. Auditions are brief for the four-part harmony required. Each participant is placed in the category for which they are most qualified.

There is a lot of talent at On Top of the World and we invite you to come and join us. We meet every Thursday morning from 10:30 a.m. to 12:30 p.m. at the H&R Ballroom.

The group is currently rehearsing for its premier concert, which is scheduled for Sunday, April 20, at 3 p.m. in the H&R Ballroom.

If you have questions regarding auditions, please call Jean Monroe, 861-0323 or Jean Muncy, 291-0529.

Our motto is: Always B sharp and never B flat. ☺



**Karaoke Friends**  
**Vivian Brown**

They say variety is the spice of life and I believe it's true. We are blessed to have a group of talented people who love to sing. There's Don who sings country with so much emotion, he hugs the mike, Charley and Kathy who really know how to do novelty tunes, Cindy and Rich who each use two mikes and makes love to them while singing.

Tony sings opera, and Rudy likes spirituals. Norma does love ballads, Judy favors country and George likes to do Dean Martin. For myself I prefer Broadway show tunes.

Now, whatever you like to sing, come on along, be happy, it's still the best medicine you can give yourself. All residents of all On Top of the World Communities are welcome.

Our schedule is as follows: the first and third Monday of the month, and the second Thursday of the month in Suites E and F of the Arbor Conference Center from 6:30 to 9:30 p.m. and the fourth Tuesday of the month at Candler Hills from 7 to 10 p.m. Hope to see you all there. Try it — you'll like it. ☺

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Photo by Bob Woods  
**Pete Quigley takes horseback riding lessons from Diego Bravo at Ocala School of Equestrian Art.**

## A Horse Story

Resident Fulfills Lifelong Dream of Learning to Ride a Horse

By BOB WOODS  
 WORLD NEWS WRITER

Do you remember way back when you were a young boy or girl and usually spending Saturday afternoons in the local movie theater watching the news clips, followed by a few cartoons and then the western serial, all before the main feature which in all probability was a western with one of many famous cowboy movie stars? You would daydream a little as you guzzled down a soda pop and munched on some hot buttered popcorn. You were daydreaming that you were a cowboy riding on that famous horse as those cowboys rode off into the sunset or perhaps rounding up those cattle for the big drive to where ever.

After you went home, you would pretend you were riding a horse just as you had seen in the movie. At home after the movies you would always play cowboys and Indians. Bring back any of those distant memories? I bet you are thinking along those lines right now as you started reading this article. Picture it; you are high in the saddle wearing a wide brim hat and your head is held high. You can almost feel that dream becoming a reality.

One resident living right here in On Top of the World had those dreams when he was kid. In fact, when he acted out the cowboy scenario it was in the streets because this senior citizen was once a "city slicker" when he would attend those Saturday afternoon movies.

Pete Quigley has been fascinated with the old west since childhood; in fact, you could probably call him a western fanatic and the funny thing about that statement is that Pete would agree. After Pete graduated from school he entered the Navy and of course upon his discharge more important things were on his mind such as employment. The idea of becoming a cowboy was put on the back burner, the real back burner.

It wasn't until Pete became a senior and retired to On Top of the World that he looked into his childhood dream of riding a horse. Up to this point in his life he had never been on the back of a horse. Since Ocala is classified as the "Horse Capital of the World," there should be plenty of places that he could learn to ride. He wanted to ride a horse correctly. Letting his fingers do the walking in the phone book, Pete was surprised to find very few horse riding schools in the area.

Pete contacted the Ocala School of Equestrian Art, which is located just north of On Top of the World. Pete began his lessons and is quite proud of himself today as he can manage a horse and has learned many tricks as well as safety features while riding and being around horses. The school uses a breed called the Paso Fino, which is a small, very gentle riding horse. The Paso Fino was bred in Spain where it became one of the world's finest riding horses and brought to the western hemisphere by Columbus during his second voyage to the New World. It was used by the Conquistadors in Latin and South America.

The breed came to the U.S. in the late 1940s and this special horse has been called "America's 500-year-old new breed."

This horse makes a perfect riding animal as it has a unique gait. This gait is smooth, natural and very rhythmic making a pleasurable ride for the rider. Paso Fino translated from Spanish to English means "Fine Step."

Pete told me that these horses are so smooth when riding that even a lady in her 70s rides at the school. Pete added, "the Paso Fino is one of the smoothest riding horses in the world." Pete rode his training horse during my visit without a saddle.

When I accompanied Pete to the school he introduced me to the school's instruction director, Diego Bravo, who explained all the great qualities of this breed and he showed me one horse that was a champion. The school has around 26 horses. Diego has a special flare about him. He hails from Colombia and has many accolades to his credit including being an author on a book about the Paso Fino. "That is how smooth the ride is," Pete said as he went around the paddock without a saddle. I noticed there are no ups and downs riding these horses like the larger thoroughbreds or those you see at the televised horse's events.

Pete explained to me that riding these horses is like riding in a Mercedes.

Is Pete going through a second childhood?



Maybe he is and maybe he is not, but one thing is for sure. He is pursuing a lifelong dream and that is being able to ride a horse and sit high in the saddle.

Have you ever wanted to ride a horse? If so, why not give the school a call or head there and check it out. Remember, you are just as old as you feel and age has no barrier on being able to ride a horse, especially those smooth riding, gentle Paso Finos.

For additional information on the school and the Paso Fino breed of horse you can bring up the school's Web site at [www.ocalapaso-fino.com](http://www.ocalapaso-fino.com) or call 266-7583. The school's address is 5101 N.W. Highway 225A, Ocala, Fla. 34482. To drive to the school simply head out the Candler gate, head north on 80th crossing Route 40, still heading north crossing Route 27 and about a mile or so the school will be on your right. 📍

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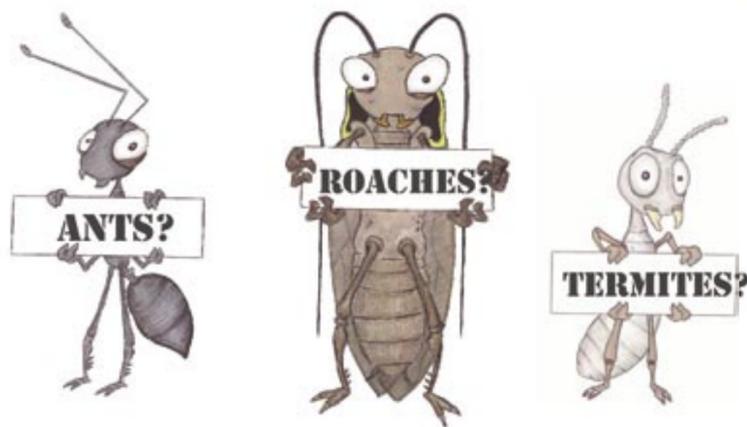
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Diana and Ed Morgan ham it up.

Photos by Bob Woods



The band belts it out onstage.

# The Many Faces of the New Pretenders

## 'Musicians,' 'Singers' and 'Dancers' Start New Season

◀ Continued from Page 21

The band did not actually utter a sound. These musicians are great impostors; they act to the music just like the singers do lip-synching, only the band members are play acting. Some band members have been musicians in the past or present but did not play one single note in their performances.

All music in the entire performance is prerecorded and these musicians faked playing each note in all songs.

The drummer of the group is unique. Normally very few females play drums in any group but The New Pretenders are fortunate to have Pat Schroeder. So she wouldn't accidentally hit the drums and make a noise, all the drums were covered with foam. Ed Morgan, one of The New Pretenders performers, told me, "Pat Schroeder never had a drumstick in her hand before joining The New Pretenders except for maybe a chicken leg." Pat has played the drums for the group for the past couple of years. "Can't get those drumsticks away from her," Morgan stated.

The first musical rendition was performed by Larry Wilver, Bob Conklin, Moe Weiner and Dave Guildford who imitated the Oak Ridge Boys singing "American Made." Their performance was unbelievable as I saw many in the audience whispering in each other's ears. I also witnessed eyes popping when Diana Morgan sang "Suwannee."

The show had many singing acts. Some were a little comical such as when Ken Colen acted out and sang "Stepping Out

With My Baby" and plenty of chuckles came from the audience when Bill Shampine and Moe Weiner did the "Sisters" performance. You wouldn't believe the way these two guys were dressed. Those up close might have been able to distinguish that these two were actually men dressed as gals since Moe brandishes a beard. I will have to admit, they had pretty good looking legs.

There were some pretty good acts where these pretenders performed songs from yesteryear such as the sounds from the McGuire Sisters, King Sisters, Rose Mary Clooney and artists from such shows as Bob Hope, Dean Martin and the Ed Sullivan Show. They were all familiar songs sung by well-known artists.

Laughs really rang out from the crowd when Ed Morgan and Charlie Earl did the skit taken from one of the Dean Martin shows featuring Dean and Foster Brooks when Brooks acted as a drunken airline pilot.

Some folks couldn't believe that the entire performance was pretended. The New Pretenders fooled some while others knew exactly what was transpiring as they had seen previous performances.

Not one performer uttered one word except the announcer announcing each performing act. All the music provided by the band and all the singers' songs were lip synched or play acted. The performers made believers out of some even though the songs played and sung were prior recordings by professional artists. Many were fooled. Regardless, the show was fantastic. What a night's entertainment.



Charlene Earl, Edie Dieckman, Jeanne Nicholls and Ken Colen perform a number.

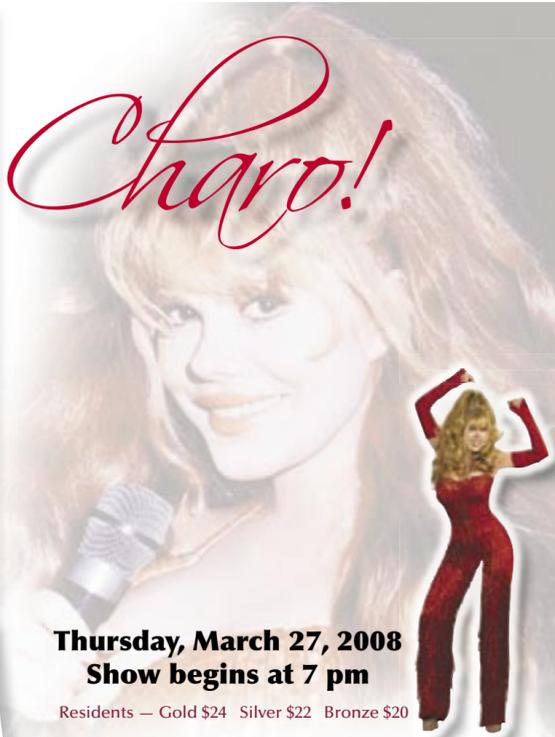
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**Crafty Ladies**  
Rosalie Grubowski

Here we are entering into March and St. Patrick's Day will be upon us in no time at all. Here is hoping the Leprechauns will be lucky for you this month.

I would like to thank Loretta Troutman for a very large donation of various craft items for our utilization in making crafty things for various usage.

Joanne Neff most generously had two huge donations to make to our club. Everything is being put to good use by our crafters. Thank you ladies for thinking of us with items you could no longer put to use.

Our ladies have been very busy as usual. Fran Hansen is our expert on tatting. This is becoming a lost art but it is Fran's favorite craft. She makes just about any item you can mention. She has made bells, hearts, book-marks and many other items too many to mention. Stop by the Health & Recreation Ballroom on Tuesday mornings to see what she has to offer to help brighten yours or someone you want to help brighten their day.

Patricia Angle does the most beautiful beadwork I have ever seen. She has made belts, necklaces and many items I have not seen before I joined the club. She also made a gorgeous crocheted open worked sweater. Such work I have never seen before. She is

very talented.

Edith Johnstone is our Seamen's contact person. She receives yarn from the Seaman and distributes it to our ladies who in turn return to her vests, hats and scarves. Edith then sends all these items on to the Seamen for Christmas presents. There are hundreds of Seamen who we try to help remember yearly. Thanks Edith for doing this excellent job for our club.

Annella LeBlanc is currently working on a beautiful blue crocheted afghan for herself. Sometimes we do keep what we make and other times we make donations to others. Annella does beautiful work and catches on very easily to designs others share with her.

Emily Madura enjoys making felt Christmas stockings, banners and wall hangings. She embellishes these with bead and sequins. Emily is also learning to knit and practices at our meetings sometimes. Keep practicing and you will become a perfectionist.

Anne Stamper does everything. I have never seen such a talented woman. Anything you need help on, she is the one to see. She does yarn work, plastic canvas, and animals for the sheriff's department for children who are in a distressed situation. Thanks for thinking of the children in need.

Rosemary Beeby has taken on a project to make baby afghans for her someday expected great-grandchildren. She uses various colors in each afghan. These great-grandchildren will have something beautiful to remember her by all their lives.

I am going to be presenting some ideas of things to do with the group, so if you have any suggestions please let's discuss things you would like to do.

If you have anything to donate to our causes, just give Rosalie a call to make arrangements for pickup or delivery.

If you wish to know more about us, call Rosalie at 861-1391 or come to the Card Room in the Arts and Crafts Building (that's the building across from the water tower) any Wednesday morning. Our meetings are held year-round from 9:30 to 11 a.m.

Until next month be happy, healthy and keep being "Crafty" Ladies. ☺



**Sewing Bees**  
Rita Miller

Can you believe that we are already two months into the new year? So, what was the "February buzz" at the Sewing Bees? At the beginning of the month, demonstrations were presented to the newer members on sewing techniques for stuffed animals, tote bags and pillowcases. Our donations for the month included 10 quilt/pillow kits to Guardian Ad Litem

We decided that we would take a breather from our charity projects for a short time after the big push at the end of 2007 to complete items for the craft show and holiday stockings. The ladies came up with some interesting projects to work on individually.

Marcy Askenase presented a workshop on making scalloped placemats and Edie Howard will share a card-making project using embroidery floss. Lee Ann Oliver has a great pillow project for us. It will be fun to share the finished projects and at the same time add a little variety to our club activities. We will continue working on children's items in the near future.

Members are reminded that we will be participating in the On Top of the World Trash and Treasure Sale in April. Clean out those nooks and crannies and box up the goodies for the sale. The proceeds will be a big boost to our treasury.

We always have room for new members. Please join us in the Art Room at the end of the Craft Building (next to the mini golf) on Thursdays at 12:30 p.m. Stop by and see what we're up to. Donations of fabric suitable for children's projects, polyfill, quilt batting, and sewing supplies are greatly appreciated. Give Marcy at 854-1181 or Rita at 237-6660 a call if you have any donations or questions. ☺



**The Happy Hookers**  
Yvonne Bednar

Here it is, March already and Easter is just a few weeks away. Welcome spring!

Our group of Happy Hookers continues to grow with new ladies joining us from the new neighborhoods here — it's nice meeting new folks from across the USA and what they enjoy making; we all enjoy the concept of meeting and working on whatever we like for whomever.

The bi-monthly luncheon outing to Sandwedge Café was enjoyable and tasty to those who attended. April 7 will be our next outing for food, friendship and laughs. Do you have a favorite place to go? Why not bring your idea next time we meet? Due to my deadline date for this article, no place has been chosen.

Welcome back to the USA Pam Jennings; she is back for several months from England and enjoys getting together with us and enjoys making children's knitted hats for the

children at the Romeo Elementary School in Dunnellon, which is Cecily Lucus's pet project; they are already working on hats to be donated to the children at Christmas. Approximately 24 hats are needed — all of these hats are so cute, with various patterns and colors — a true work of art; not just "run of the mill hat" one can buy in a store. Hilda Woodcock also joins in knitting away for this endeavor and also makes preemie baby hats for Munroe Regional Medical Center's preemie nursery.

Theresa Bell and I are still working on the same pattern of a toddler's sweater, with Jackie Palotta helping us with the directions. Carol Berta is helping Maureen Wolfe with directions for crocheting over padded hangers — these are turning out very beautiful. Also, Vickey Seitz is getting help from Carol with a new crochet project. A year ago, these two never held a crochet hook and they have been making beautiful items since.

Again, a big thank you to Carol Toye for writing the February article while I was away. Maybe we'll see you at our next gathering. We meet on Mondays from 2 to 3 p.m. in the Arts Studio. Want more information? Give Jackie Palotta a call at 854-4555; she would enjoy speaking with you. ☺



**Stitch Witch Quilters**  
Ann Weldishofer

We welcomed two new members, Pat Ceruto and Lois Johnson. At our February meeting, we enjoyed truly delicious refreshments provided by Theresa Randolph, Ian Johnson and Marcy Benz. Thank you, girls!

President Jane Geary says that 10 more comfort quilts were donated to the Homeless Youth and Children's agency. We were reminded to keep gathering items as we clean out our houses for the Trash and Treasure sale in April. Also, we need to be thinking about items such as table runners, place mat sets, potholders, and other small quilted items for the craft sale in the fall.

Joyce Petherwick did a great job of putting together a well-planned first aid kit for our use. Hopefully, we won't find much use for it, but it's nice to know that it's there in case we do need it! Thanks, Joyce.

On March 18 and 25, Renee Aden will teach the "volunteer" pattern, and in April and May we will concentrate on items for the Craft Fair.

Pat Quinlan announced she will repeat her machine-quilting class on March 11 at 9:30 a.m., and to have a layered piece ready to practice on.

We meet every Tuesday in the Art Room, and welcome anyone in On Top of the World to join us if you share the love of quilting! ☺



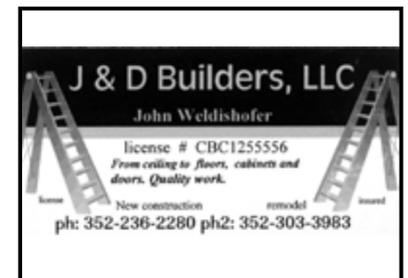
**Rubber Stamping Greeting Cards**  
Margaret Hanrahan

Splitting our group in two seems to be working — keeping each group at a size that is more manageable for making greeting cards. The drawback is that we miss those in the other group.

This past month Ellen Richards demonstrated two cards for us. The first was a gaily decorated happy birthday card with a trifold front. The front panel had a luscious looking cupcake with a border of decorated cakes below. For her next card, Ellen layered moss green and chocolate colored card stock on a cream colored card body. With the use of inks and nature stamps the card was completed using the quote of Charles Dickens, "Nature gives to every time and season some beauties of its own."

We meet to encourage, inspire and assist one another. Because we have grown so much we have split into two groups. One group meets on the first Thursday and the second group meets on the third Thursday of the month. If you have questions or want to join us please call Margaret at 732-3282. ☺

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# Oldest Residing Resident

Tom McClure Has Lived Here Since 1982

By Bob Woods  
WORLD NEWS WRITER

I was talking to an individual that has been a resident in the "City of Life" which was the original name for On Top of the World. This resident, Tom McClure, currently resides in one of the townhouses in the Americana section of our community. He moved into his present home back in December 1982 and was the second resident to do so. Before papers were signed this community's name changed to what it is today — On top of the World. Tom showed me his original copy of the community's do's and don'ts and a sticker appears on the cover and in many places throughout the booklet stating the name change.

Tom explained to me that the first building constructed became the offices of Sidney Colen and the sales office. Tom moved into the first building with residences and when it came time to pass on his paper work, Tom and his wife had to close on their new residence at the Colens' St. Petersburg office. "The office in St. Pete was shared with a bar next door," Tom stated. "In fact," Tom added, "I had to ask the bartender where the Realtor was located." Tom and his wife were residents at the On Top of the World Clearwater location "for five years to the day," Tom said before moving to Ocala.

The Ocala location was very inviting for Tom and his wife, who has since passed on. The booklet given to the McClures not only said the do's and don'ts but also stated, "the entire 20-plus square miles is underlain with lime rock that is one of the reasons that race horse farms do so well here. The calcium in the lime rock is good for the bones and thus animals grow stronger frame structures."

The booklet continued to state "there is an abundance of quality drinking water. It is said that the largest quantity of drinking water in the entire world is contained in this area," referring to this area known as the central highlands of Florida because of all the natural springs.

Tom was told his new home would be ready to be moved into on a certain date in December of that year. With his furniture being moved in a van Tom and his wife moved into their new home. "It wasn't fully completed as yet, but there was no other place to reside and to store our furniture," Tom added. "Most of the work

had been completed," Tom said. "It was little things that had not been completed as yet."

"The City of Life is truly a dream. ... It was started by Kenneth and Sidney Colen ... builders, developers, and well established company," stated inside the "City of Life" booklet containing all the rules and regulations. "Money is not our main purpose for community development," Kenneth Colen's statement in the booklet. "We are involved with humanity and that is our prime purpose."

Tom told me that he was a member of the Pioneer Club which consisted of the first 50 residents in the condos which were the first homes built in On Top of the World. He told me the group would hold potluck dinners in the Health & Recreation Building even before it was completed. They used doors on sawhorses for tables. Construction on the H&R facility started in 1982 and was officially completed in 1984 including the pool.

Tom told me he is a charter member of On Top of the World, which enables him to play golf and utilize all the facilities free. "The charter was opened to the first 100 people that moved into On Top of the World," Tom stated. "Then it was upgraded to the first 200 residents." Tom added that there are only six or eight of the original charter members remaining.

When Tom and his wife moved into On Top of the World, there were only two residents already residing here although there were some whose homes were not completed. Today, the number of residence is around 9,000 inhabitants residing in approximately 5,000 homes. Tom told me he has seen a lot of folks come and go and he also said that he has seen some of the same residences being sold five or six time over the years.

Tom came to On Top of the World when he was 62 years young. Now he is 87 years old, 25 years since this past December being a resident of On Top of the World. Believe it or not, Tom heads to the H&R gym every morning around 8 a.m. to work out with weights.

The day I stopped by the gym to take a few pictures, Tom was sporting a shirt given him by his granddaughter. The shirt had printed on the front: Tom, the man — the myth — the legend. Most of the regular folks in the gym stop by where Tom is working out to converse with him. I found out that this always smiling

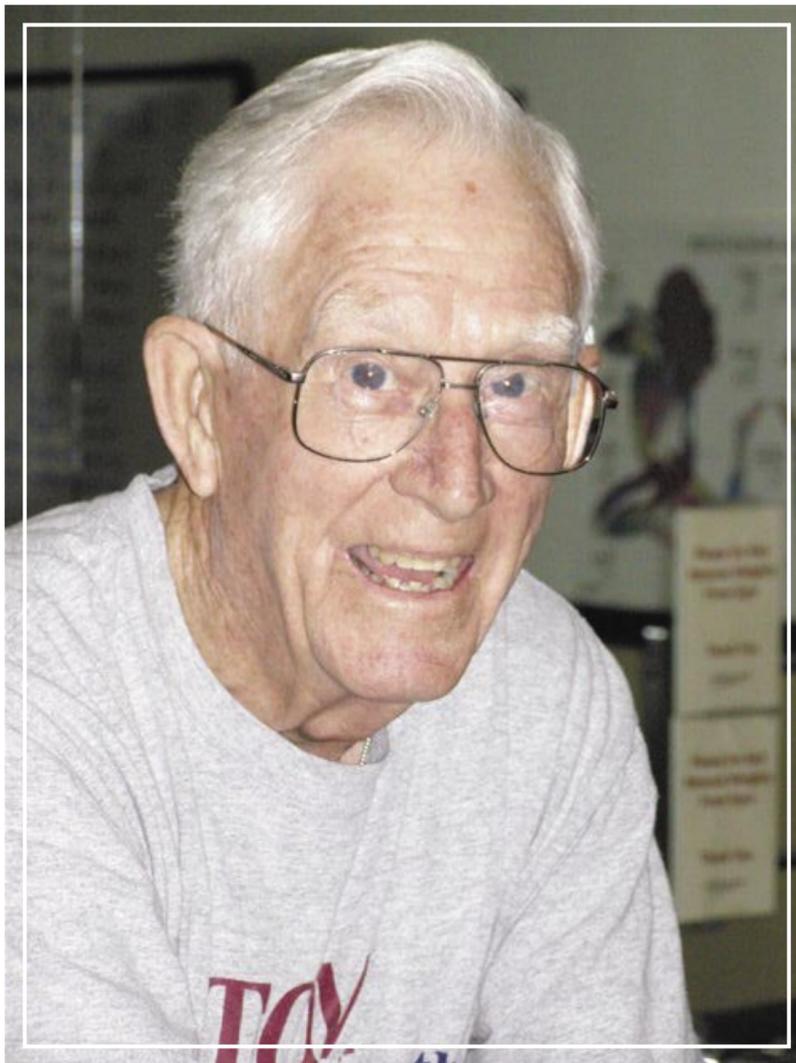


Photo by Bob Woods

**Tom McClure frequently works out in the gym at the Health & Recreation Building.**

resident is very popular with some of those early morning exercisers. He has been known to give a few ladies some hard candy.

When you see Tom around the community he is always smiling and always has a pleasant word. Make sure you say hello to him, especially if you are in the H&R gym.

Tom has seen many changes here in On Top of the World. What was once thousands of acres housing thousands of beef cattle now contains thousands of homes. Tom McClure is the oldest residing resident, not in age, but length of time residing here in On Top of the World.

## Recovery Program Offers Support to Cancer Patients

Reach to Recovery is one of the many American Cancer Society's programs to provide support for women and men facing or living with breast cancer.

Reach to Recovery volunteers are breast cancer survivors who are trained to give free one-on-one support and information to help persons cope with their breast cancer experience.

A patient and volunteer may meet face to face or by telephone. Volunteers provide up-to-date information and educational literature, as well as descriptions of the many services available to the breast cancer patient.

Volunteers serve as role models — people who have not only survived breast cancer, but

continue to live a productive life.

Currently living in On Top of the World communities there are at least four trained volunteers available to offer comfort and support to breast cancer patients.

Anyone who is recently diagnosed with breast cancer; is facing a possible breast cancer diagnosis; is undergoing surgery, radiation, chemotherapy or is considering breast reconstruction; is a breast cancer survivor, having completed treatment; is eligible to receive services from the Reach to Recovery Program.

For more information or to talk with a breast cancer survivor, contact Mae Bachtel at 237-9035.



**Line Dancing**  
Sherry Ashenfelder



**Artistic Crafts & Gifts**  
Loretta Troutman

When we went line dancing 20 years ago, we wore jeans, western shirts, cowboy hats, bolo ties and boots. The dancing was advertised as country western line dancing, and we danced to country music only.

Today, in our dance classes, at dance festivals, and in nightclubs, we line dance to a variety of music.

In our classes, you will hear waltz music by Engelbert Humperdinck, swing music by Big Bad Voodoo Daddy, Irish music by Ronan Hardiman, rock and roll music by Bill Haley, country music by Blake Shelton, Latin music by Chayanne, and a song by Fredrik Kempe that mixes opera and disco. There is music for everybody!

For information, phone Sherry and Jack at 873-9440.

Having some free time at home, I reorganized my sewing area and I noticed that I had a few items unrelated to sewing in my work space. These items have come in handy many times. Items such as magnets are used to pick up dropped pins. Scotch tape can be used to pick up loose threads and fuzz from fabrics. A crochet hook can be used to rip out unwanted stitches. A small block of Styrofoam makes a wonderful pin cushion. If you have some favorite helps or tips, please share them with me.

If you haven't been in the Health & Recreation Ballroom on Tuesday mornings from 9 a.m. to noon, please come by and get acquainted with us. You will enjoy shopping conveniently and economically in a friendly atmosphere. Just think of the gas you will save by shopping near home.

If you are a crafter and would like to join our group, please call Rene Beck for details.

**World News Deadlines:**

Classified ads: 13th of the month

Articles: 14th of the month

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175-80R-13	175-65R-14	195-70R-14	215-70R-15	205-65R-15	225-60R-16
185-80R-13	185-65R-14	195-75R-14	215-75R-15	205-60R-15	235-60R-16
175-70R-13		205-70R-14	225-75R-15	235-75R-15	



**R/C LadyBirds**  
Ruth Kuntar

"Top of the mornin' to you," and Happy St. Patrick's Day to all, especially our new member Loretta Derian.

Our thanks go again to Cathy Fanelli for arranging the "Medicare and You" session held at our February meeting. We all went home with one less question on this sometimes mysterious subject matter.

Next up on our party menu is the Back to the 50's Dance hosted by Jean Jarmel. Mark your calendars for March 8 at Arbor Conference Center and watch your e-mail for details to sign up and join in on the fun. March will also bring an opportunity to the lunch bunch and their spouses to visit the New England Shire Farm. Annette Krueger has made ar-

rangements for this tour on March 19 with lunch on your own. The cost is \$20 per person, the tour is one and a half hours in length, and the tours begin at 1 p.m. Annette will send a detailed e-mail including driving directions.

Those April showers bring Rags to Riches on Friday, April 18, from 9 a.m. to noon. Rita Mandl is working on her committee. Please continue to set aside your gently used items to be sold at the LadyBirds' tables and watch your e-mail for drop off locations.

March is also the time the nominating committee is formed. One need not think long and hard to volunteer for a spot on the LadyBirds' board. If there is any difficult work, it is masked by the tons of fun, enjoyment, and lasting friendships made. Should you be interested in being placed on the slate of officers, please be in touch with Cathy Fanelli (390-3407).

Who would ever think a three-generation lady from Connecticut with more than 100 relatives, including four children and five grandchildren, would move away and settle at On Top of the World? You guessed it, another "Ladybird" would! With a husband who has been a flyer most of his life and a flying field on the premises, the results were inevitable. But more than that, the weather, a heated indoor pool, and the many activities caused Tekla and Don Krause to be drawn to a new life in Florida.

Tekla and Don were blessed with a wonderful family which includes Val, a customer consultant for ADP; Jeff, a foreman for a busy stone masonry company; Gret, a physical therapist who has worked at UCONN Health

Center and for ALS Research; and Julie, a recreational therapist at a rehab facility, who recently started her own "Jazzercise" franchised studio.

Tekla has dabbled in a few jobs between her family commitments. Among them are real estate agent, school bus driver, assistant manager of a fabric chain, and secretary to a manufacturing representative. After being an active volunteer for many years in both scouting and at church, retirement to a Florida community was beginning to sound pretty good. A life altering experience for both Tekla and Don also contributed to this choice. In 2000 Tekla was diagnosed with stage two breast cancer. Just after her first chemotherapy session, Don went for an angiogram and was told he needed bypass surgery. Feeling very fortunate to have survived this "double whammy," they did some investigating to find a retirement home they both would like.

At On Top of the World Tekla has continued a lifelong interest in quilting. She taught quilting in adult education and in stores for many years. She has continued this hobby with the Stitch Witches. She has made several comfort quilts that have been donated to abused and abandoned children and runs workshops to encourage others to participate in this worthy project. When not quilting you may find Tekla scrapbooking, at water aerobics, or playing mah jongg.

Our lives can be very fulfilling and very fragile too as your life's path has demonstrated. Thank you for your calming and steadfast demeanor, Tekla, and for sharing this slice of your life with us. ☺



**R/C Flyers**  
Mike Zuckerman

Congratulations to Hank Dezelan and Keith Nadel, our new solo pilots, and to their instructor, Dick Rose!

The On Top of the World R/C Flyers will host the Big Birds IMAA Fly-In on Saturday, March 29.

The International Miniature Aircraft Association, Inc. (IMAA) was formed for the purpose of fostering and advancing the operation of large-scale radio controlled model aircraft in a setting where informality and safety of operations prevail.

The concept of large or giant scale is generally considered to apply to radio controlled model aircraft with minimum wingspans of 80 inches for monoplanes and 60 inches for multi-wing aircraft. Quarter scale replicas or greater which do not meet the minimum size requirements will be permitted.

Flying starts at 9 a.m. on Saturday, March 29, at On Top of the World R/C Flyers Field. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides additional directions.

All On Top of the World residents are invited. There is no admission fee. Refreshments are available for purchase. Please note that no animals are allowed on the club premises.

On Top of the World residents are welcome to visit the field at any time. If the weather is good enough for golf, there is usually someone flying. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. ☺



**Ocala  
Clown Express**  
Charlie the Clown Dog

Yo! It's me, Charlie, the clown dog, telling you all about our clown news this month.

I just want you to know the clowns don't need me anymore! I think I was retired and my replacement next month writing our clown ar-

ticle are "Toot" and "Gumdrop."

They are a clown couple and will be writing the newsletter together. It was nice being needed by the clowns, and writing the Ocala Clown Express article, as I had some time on my paws.

When I moved here I had planned on using your pools each day until I found out dogs were not allowed in the pools, so writing this article filled in that gap. Writing the clown news was an easy task for me. Talking on the phone was not! I had to have Rosey Nosy, aka Marge, at 291-0077 or our president Dotsy, aka Carol White, at 873-9223 answer all the questions that were called in.

We are always in need of new members and always make room for the newcomers! Two clowns in training graduated our training program are now regular clowns and six more in training to go. They are almost ready to become regular clowns. We just love training clowns!

Some of you out there are still working, or working part time. We have a space for you and you can join our clown associate program helping us on weekends. January and February were busy months for us, having 11 gigs and four meetings.

The clowns were at the Greek Festival and have been going there for the last few years. Our face painters are superb and do a great job. We use only the best non-allergy face paints. Our clown face painters are really professional. Guess what ... they will teach you how to face paint.

We have professional balloon twisters and yes our training program will train you how to be a balloon twister. The children love our tattoos as we have quite a selection to choose from.

Our calendar for the rest of February was a busy one. We looked forward to do a gig for IHOP for their charity pancake day, and we did it last year for them as well, and a gig for Blessed Trinity High School for their carnival.

Our hospital program each week has been very successful, seeing approximately 120 kids each week is quite a challenge (all first graders). Our calendar has started to fill up for the entire year so as a new clown you not only will have training, but have dates to go out on. Having a date with a clown is great! Call us and let's go out on dates.

Thanks all for letting me write for the clowns. For now goodbye and farewell ... Charlie the clown dog, retired! ☺



**D'Clowns**  
Paula Magen

"The March wind roars

Like a lion in the sky,  
And makes us shiver  
As he passes by.  
When winds are soft,  
And the days are warm and clear,  
Just like a gentle lamb,  
Then spring is here."  
Author unknown

Major holidays in March are St. Patrick's Day and Easter. Daylight savings time will begin on March 9. In March D'Clowns will again

participate in their biggest event of the year: Eggstravaganza. Hundreds of children turn out for this huge Easter egg hunt along with many other attractions. It is held at Tuscawilla Park and is sponsored by Signature Brands, the cake decorating company located in Ocala. We will be kept busy face painting and applying tattoos and stickers while having fun with the kids.

You can find D'Clowns at Summerville's memory support unit on the first Wednesday of each month. We do a one-hour variety show consisting of skits, jokes, songs, magic and clown antics for an appreciative audience. "FiFi" (Fay Alton) has returned to the group and did her "Broken Heart" magic trick. It was terrific. Since Valentine's Day was our theme, each resident was given a heart balloon-on-stick. "Happy" (Annette Berman), our newest clown, looked terrific in her costume as she made her first appearance with D'Clowns.

D'Clowns will make their monthly appearance at TimberRidge for the wheelchair exercise class and "Kids and Cookies." The youngsters, from Childhood Development Services, will each be given a smile face balloon-on-stick along with Mardi Gras beads. They will be involved in a craft activity with the seniors.

Speaking of Mardi Gras beads, we wish to thank Anita Van Fleet for donating her Mardi Gras beads. The kids and seniors love 'em!

Hampton Gardens assisted living residence will be celebrating two events a week apart.

Our group has been invited to join in the fun. The first event is a Valentine's party and there will be a professional magician. D'Clowns have made a heart shaped balloon-on-a-stick for each of the residents. They will also receive red beads. The second event is a Mardi Gras party with a DJ. What fun that will be.

D'Clowns are a fun group. We hope you will come to our meetings on the first and third Mondays of each month at 1:30 p.m. in Suites B and C of the Arbor Conference Center. For information, call Paula at 873-3433. ☺

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**Red Hat Society**  
Vivian Brown

Well, ladies are you ready for our annual PJ Party? Some of our chapters have chosen not to participate in the entertainment segment and that is OK. Those who are performing have been working hard to be the best we can be. Remember we are not professionals and this is supposed to be fun, right? Even so each year just keeps getting better and everyone has great fun. I will give you the details next month. Remember our "Red Hat Hattitude" to live it up, laugh it up and love each other. All work and no play makes us dull gals! Until next time, keep smiling.

**THE RAZZLE-DAZZLE RED HAT DAMES** had a great time at our outing at Harry's in Ocala. It was very busy with lunchtime patrons so we got some funny looks and comments, most of them good. The food was delicious and the service was great. A few of us are getting ready to perform at the PJ Party. Wish us luck; we'll need it. Betty Broman is working on a special outing we will be taking and I encourage all our ladies to think about where we go and what we can do. Variety is the spice of life! Ladies please stay well and be happy. God bless. ... *QM Vivian Brown*

**COOL CATS IN RED HATS:** Evy Stewart planned a wonderful outing for the Cool Cats In Red Hats. What a great trip for the start of the year. We went to the Webber Center Gallery at Central Florida Community College for its presentation of 2008 Visual Arts Faculty Exhibit. As no one else was in the building at the time we were there, our group had a rather loud discussion on the works we were viewing. Most agreed that it was an interesting exhibit. After that we went to Shell's for a delicious lunch. The staff at Shell's is always friendly and attentive to all who dine with them. Plenty of food and fun. We talked of what we will be doing next month and are excited about those plans and the PJ Party for the Red Hatters. ... *QM Janet Fragpane*

**GLITZY GALS:** Our hostesses for this month, Mary Bicknell and Betty Tesmer, took us to Ruby Tuesdays. The food and service were very good. After lunch we returned to Mary Bicknell's home for our meeting and Valentine exchange. A beautifully decorated Valentine box was overflowing with valentines and candy. The tables were elegantly decorated and gift bags were at each place. These included a glitzy necklace and earring set from our hostesses. Dessert was served and the strawberries dipped in chocolate and the cake were delicious. Thank you girls for a lovely afternoon. We are all sad to see Maria Breeden leaving us to move to Richmond. She was honored with a beautiful cake, gift card, scrapbook and many cards wishing her well. Maria, we will miss you

but will be looking forward to having you with us at the convention in June. Practice is in full swing for the PJ Party. As always it will be a lot of fun. Many of our group participated in the Hoofin' for Hospice walk. "The world is a beautiful place for those who choose to see and share the beauty." ... *QM Mary Curry by Janet Wahl*

**RED GEMS:** Having traveled to Micanopy and with plans to visit Williston, we decided to save on miles and visit the newly reopened Mason Jar. Staying close to home made it easy for us to squeeze in a get together at the queen's abode for dessert and discussion of plans for 2008. Foremost in our plans was the upcoming PJ Party. Finding practice time was the most difficult issue. But ready or not, we set out to go for it. In the meantime, seven of us attended the Women of the World meeting and made plans to be at the WOW Fashion Show in March. One of our members, Billie Giles, will be a model. Several of our ladies also attend the Rubber Stamp Club meetings and make greeting cards in their spare time. Sounds like we all are busy having fun! ... *QM Loretta Troutman*

**THE DIVINE DIVAS** may have appeared to be inactive over the past few months, but not so. November attendance was outstanding at the Appleton Museum to view Princess Diana's elegant attire, which was followed by their monthly luncheon/meeting at El Taco Mexican Restaurant and "browsing" at Bon Worth and Beall's, almost a "must" when in the vicinity. December was a busy month for the Divas with personal holiday shopping, a delightful Christmas luncheon at The Pub followed by their annual Christmas Party at the festively decorated home of Ferrell Van Horn. Gifts were exchanged by all Divas with lots of ooh's and aah's, followed by a beautifully decorated whipped cream cake, ice cream and coffee. Many Divas did holiday traveling and all returned home safely in spite of bad weather for many of our travelers. The New Year began with the monthly luncheon/meeting at Olive Garden presided over by QM Gail LaRue. A drawing was held for the beautiful table decorations. Divas are now making preparations and looking forward to PJ Night to be held in February. ... *QM Gail LaRue by Bev Nelson*

Please send your chapter's activities to Vivian Brown e-mail vivjcb@cfl. ☺

**Art Group**  
Carole Drost-Lopez

Painting with a group of struggling as well as accomplished painters is what makes Thursdays and Saturdays special to a number of On Top of the World residents.

Visiting and sharing art talents, photos and stories as well as the frustrations of being a "painter" continues to help us fulfill lifelong dreams. We meet year-round, but when some of the "snowbirds" return in the fall, we look forward to welcoming them back and seeing their paintings and the stories behind each one. We support each other in our growth as artists by giving helpful hints and constructive critiquing.

We meet from 9 a.m. to noon in the Art Studio.

Beginners can find a variety of mediums to explore. Some of us who have been painting for a number of years have a wide range of talents in oil, acrylic, watercolor, pastels and colored pencils. It's amazing how much we learn from one another and how willing we all are to share our techniques.

The Art Group has a closet full of wonderful learning books and magazines to borrow. Although we do not have art supplies, we can help you get started with a list of what you'll need and where to buy.

If you think that you can't paint and have no creative talents, we can convince you that you can and do have unleashed creativity. The Art Group is having our very first open house on Saturday, March 15, from 9 a.m. to noon in the Art Studio (it's the building by Health & Rec just opposite the water tower).

We'll be doing a few demonstrations and will have some of our works on display, along with some light refreshments. All On Top of the World residents are most welcome. Any questions, call Joanne 237-7637 or e-mail jrmkl@localnet.com. ☺



**Shutterbugs Photography**  
Marilynn Cronin

Web site: Visit us at [www.otowspc.com](http://www.otowspc.com) and see what we are all about! Tom Frostig has done a wonderful job getting our website up and running!

The new meeting format of three times a month with the fourth week a field trip is giving all of us a chance to expand our knowledge of photography and PhotoShop Elements at our own level at a much easier pace.

The first Tuesday in February is the basic PhotoShop Elements class. Tom Frostig covered the welcoming screen and getting new photos into the organizer; at next month's class he'll be talking about tagging photos and setting up a good organizer structure. On the third Tuesday Tom taught about the structure of layers and how they relate to photos and editing. Next month the class will be about the layers palette and how to work with layers.

The second Tuesday is a business meeting, "show-and-tell" of photos of the previous month's challenge and field trip, and a speaker. The "show-and-tell" of three photos per member covered photos of both our field trip to Lowry Park Zoo, which 26 members and spouses attended, and January's challenge on animals.

Ray Cech spoke about black and white photography, which was February's challenge. These photos will be shown along with the Butterfly Rainforest field trip photos at next month's show-and-tell. Next month's speaker will be Blanche of Ocala Art and Frame who will present information on mounting, matting and framing of photos. It is very important that we know how to "finish" our artwork for final presentation.

A few of our upcoming field trips are to the Alligator Farm/St. Augustine, tour of Shalom Park with Dr. Robinson (learn the history and reason behind the park), Paynes Prairie and Kanapaha Botanical Gardens, Gainesville. Upcoming challenges will be on flowers, action

shots, landscapes and humor. Challenges are shot on your own; shootouts are group trips. The challenges and shootouts are opportunities to learn about your camera and photography, as well as observe how we frame/see the same subject from different perspectives at the monthly "show-and-tell." The shootouts have been a wonderful venue to get to know each other, as well as any spouses who come along.

In February, ShutterBug members Norbert Sachs and Gary Uhley attended a weekend seminar in Jacksonville, sponsored by the Rocky Mountain School of Photography. They attended workshops ranging in advanced exposure, macro photography, low light imaging, and sports in motion, to name a few. It was a very busy, fact-filled weekend which concluded with an overview and critique of photographs submitted by attendees. Gary and Norbert will share what they learned over the next few months. That's what is so great about the ShutterBugs — everyone is willing to share knowledge and help one another.

**Photo Tip**

What to shoot in black and white: If your scene is already bland, removing color totally could elevate a boring snapshot to an interesting landscape. Or perhaps you want to recreate the nostalgia of a bygone era. Black-and-white photographs have a way of conveying an antique, sentimental feeling that isn't possible in color photographs. Learning how to convert colors into gray tones is perhaps the hardest part of black-and-white photography. Then again, if the perfect Kodak moment occurs while your grandchild is wearing totally mismatched clothing, black-and-white quickly becomes your best friend. Ask yourself whether the scene before you would look better in color or black-and-white. For instance, flowers almost always look best in color. But if your emphasis is on a dewdrop hanging from the flower, perhaps black-and-white is the answer. High-contrast (an extreme range between bright and dark) scenes may confine a viewer's attention to one element, while a low-contrast (with a narrow brightness range) scene may convey serenity and peace. Remember, with digital cameras it is the consensus to shoot in color and later change it to black and white. This way you have both the color and black and white photos. You can always delete later!

ShutterBugs On Top of the World Photography Club stresses education, sharing, and fun! The ShutterBugs meet on the three Tuesdays of the month with a field trip on the fourth Tuesday (no meeting if there is a fifth Tuesday) at 3 p.m. in Suites B and C of the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at [bugs@otowspc.com](mailto:bugs@otowspc.com). ☺

**Embroidery Chicks**  
Jan Johnson

Our projects seem to overwhelm us ... so many things to learn and so much fun! We continued to work on our embroidered bags as taught by Lorraine Brokhof. This was a two-session project, though some, in their enthusiasm, had gone ahead and completed their bags. The bags are darling, with so many varieties. Some are made of duck, some of denim, etc. Many have very flashy linings that are just gorgeous inside and we all want to peek inside the bag to see the lovely lining. It is hard to settle down when our projects are so interesting.

Guest instructor, Carol, brought new ideas to us for a quilt-in-the-hoop project. Using four- or six-inch provided designs, we stippled a square, but skipped the center area, which was left for the embroidery design. We then

completed the design area with embroidery. The next item was to slip a piece of backing fabric under the hoop and then attach it to the stippled, embroidered square. The attaching was done by adding embroidery stitches that delineate the boundary between the center design and the stippling.

Next we removed the square from the hoop and sew an overcasting stitch around all edges to hold the completed square together. After making two complete squares, we then used a bridging stitch to connect the two squares. Lastly, some type of sashing is created to cover the bridging stitches and to make a more permanent bond between the squares. It was a very interesting process and we were intrigued enough to ask Carol to return and take us to the next level.

If you are interested to see what we do, come check us out. We meet in Suites B and C of the Arbor Conference Center on the first and fourth Fridays of the month, from about 9:30 a.m. to approximately 3 p.m. We love what we do and hope that you might find it fascinating also. Theresa is happy to answer your questions at 291-7570. ☺

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# Card Clubs & Games

## Monday Afternoon Bridge

Sara Anderson

### Jan. 14

1: Joan Lord and Mary Carol Geck; 2: Joyce Walchak and Marge Starrett; 3: Geri Cassens and Eleanor Giardina; 4: Sara Anderson and Ray Deitz.

### Jan. 21

1: Shirley Stolley and Pat Holmes; 2: Bill and Edith Hunter; 3: Betty Morris and Fran Griswold; 4: Shirley Ebert and Esther Lang.

### Jan. 28

1: Eleanor Giardina and Geri Cassens; 2: Caryl Rosenberger and Marjorie Benton; 3: Doris Keathley and Joan Lord; 4: Pat Holmes and Shirley Stolley.

### Feb. 4

1: Bill and Edith Hunter; 2: Caryl Rosenberger and Marjorie Benton; 3: Tie - Fran Griswold and Betty Morris with Carol Thompson and Ida Rosendahl.

### Feb. 11

1: Caryl Rosenberger and Marjorie Benton; 2: Eleanor Giardina and Geri Cassens; 3: Gloria Richards and Marge Starrett; 4: Carol Thompson and Ida Rosendahl.

## Monday Night Bridge

Shirley Johnson & Eleanor Giardina

### Jan. 14

1: Paul Agarwal; 2: Ida Rosendahl; 3: Flo Penn; 4: Ginny Barrett; Cons. Jan Moon.

### Jan. 21

1: Ron McNeilly; 2: Carol Johnson; 3: Kay Wood; 4: Ida Rosendahl; 5: May Holtz; Cons. Jimbo Smith.

### Feb. 4

1: Kay Wood; 2: Carol Johnson; 3: Elsie Helwig; 4: Mildred Lane; 5: Phyllis Bressler; Cons. Jim Smith.

### Feb. 11

1: Paul Agarwal; 2: Ginnie Barrett; 3: Kay Wood; 4: Jan Smith; 5: Elsie Helwig; Cons. Janet Becker.

## Tuesday Afternoon Bridge

Agnes LaSala & Shirley Johnson

### Jan. 8

1: Shirley Johnson and Phyllis Bressler; 2: Agnes La Sala and Carl Woodbury; 3: Geri Cassens and Eleanor Giardina.

### Jan. 15

1: Eleanor Giardina and Geri Cassens; 2: Ray Dietz and Mazie Millward; 3: Betty Morris and Shirley Stolly.

### Jan. 22

1: Nancy Shaner and Lorraine Lamb; 2: Ray Dietz and Mazie Millward; 3: Geri Cassens and Eleanor Giardina.

## Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073.

### Jan. 15

1: Ida Rosendahl and Dick Mansfield; 2: Doris Keathley and Mary Carol Geck; tied at 3: Ernie Lord and Doug Miller and Ida and Bill Carlson.

### Jan. 22

1: Joni and Ted Jarvais; 2: Ida Rosendahl and Dick Mansfield; 3: Betty and Bill Raines; 4: Marjorie and Bruce Benton; 5: Helen Eshbach and Liz Milleson.

### Feb. 5

1: Doug Miller and Ernie Lord; 2: Joni and Ted Jarvais; 3: Helen Eshbach and Liz Milleson; 4: Ida Rosendahl and Dick Mansfield; tied at 5: Ida and Bill Carlson and Caryl Rosenberger and Jayne Kaske.

### Feb. 12

1: Doug Miller and Ernie Lord; 2: Joni and Ted Jarvais; 3: Ida Rosendahl and Dick Mansfield; 4: Betty and Bill Raines; 5: Marjorie and Bruce Benton.

## Wednesday Afternoon Bridge

Fran Griswold

We are going back to the days of Captain Kangaroo, who always ended his program with "Let's have another kind of Mother Day." We plan to always start our day with "Be kind to your partner." We can always find a bridge

partner, but a good friend does not come along every day.

I have known for almost 22 years, people at On Top of the World are the finest. This month we want to give thanks to Toni Lagatta for videos for the children at the Rape Crisis Spouse Abuse Center.

A big thank you to Grace Raymond for a beautiful doll for the center. Grace is the grandmother of Julianne from New Jersey, who in the past shared her stuffed animals I guess it runs in the family. This is just a few of the donations received from On Top of the World. Remember, we meet each Wednesday so grab a quarter and join us.

### Jan. 9

1: Carol Thompson 7470; 2: Helen Sterberger; 3: Ester Lang; 4: Phyllis Bressler.

### Jan. 16

1: Carol Johnson 5750; 2: May Holtz; 3: Gloria Richards; 4: Bill Mahoney. Cons. Bernie Kelly.

### Jan. 23

1: Shirley Stolly 4600; 2: Helen DeGraw; 3: Marion Wade; 4: Carolyn DelPrada. Cons. May Holtz.

### Jan. 30

1: Shirlee Walcott 4520; 2: Bernie Kelly; 3: Esther Lang; 4: Carol Johnson. Cons. May Holtz.

### Feb. 6

1: Carol Rosenberger 7130; 2: Ida Rosendahl; 3: Ann Mahoney; 4: Helen Eshback. Con. Helen DeGraw.

## Wednesday Evening Duplicate Bridge

Doris Keathley

### Jan. 16

1: Joan Lord and Mary Carol Geck; tie at 2: Harry and Ruth Tindall and Nancy Dreimiller and Mary Rose Janssen; 4: Doug Miller and Caryl Rosenberger.

### Jan. 23

1: Joan Lord and Mary Carol Geck; 2: Nancy Dreimiller and Mary Rose Janssen; tie at 3: Bill and Betty Raines and Doris Keathley and Rose O'Rourke.

### Jan. 30

1: Harry and Ruth Tindall; 2: Bill and Betty Raines; 3: Betty Kauffinan and Ernie Lord; 4: Ted and Jodi Jarvais; 5: Nancy Dreimiller and Mary Rose Janssen.

### Feb. 6

1: Doug Miller and Caryl Rosenberger; 2: Joan Lord and Mary Carol Geck; 3: Bill Hunter; 4: Harry and Ruth Tindall.

## Thursday Afternoon Bridge

Ginnie Barrett & Marion Turbin

### Jan. 17

1: Eleanor Giardina; 2: Marge Starrett; 3: Nancy Dreimiller.

### Jan. 24

1: Mary Rose Jansen; 2: Betty Legg; 3: Marion Wade; 4: Alice McDaniel.

### Jan. 31

1: Mary Rose Jansen; 2: Maize Millward; 3: Alice McDaniel; 4: Joanne Jones.

### Feb. 7

1: Maize Milward; 2: Marion Turbin; 3: Marion Wade; 4: Alice McDaniel.

## Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

### Jan. 17

1: Fran Griswold; 2: Tom Marta; 3: Dick Mansfield; 4: Bill Hunter; Cons. Carl Woodbury.

### Jan. 24

Tie at 1: Fran Griswold and Rose O'Rourke; 2: Dick Mansfield; 3: Jim Mahoney; 4: Iro Lisinski; Cons. Myra Butler.

### Jan. 31

1: May Holtz; 2: Bill Hunter; 3: Betty Barney; 4: Ida Rosendahl; 5: Eleanor Giardina; Cons. Jack Martin.

### Feb. 7

1: Betty Barney; 2: Flo Penn; 3: Eleanor Giardina; 4: Myra Butler; 5: Miriam McNeilly; Cons. Paul Agarwal.

## Friday Night Bridge

Hazel & Phil Merchant

### Jan. 25

1: Caryl Rosenberger; 2: Ginny Barrett; 3: Harry Tindall; 4: Bruce Benton; 5: Jayne Kaske; 6: Carol Johnson. Grand Slam: Hazel and Phil Merchant.

### Feb. 1

Tie at 1: Hazel Merchant and Georgia Steinwedle; 2: Helen DeGraw; 3: Mickey Martin; 4: Rozella Ovrebo; 5: Myra Butler.

### Feb. 8

1: Liz Millerson; 2: Carol Johnson; 3: Virginia Blanchard; 4: Dick Mansfield; 5: Mary Culberson; 6: Ginny Barrett. Grand Slam: Virginia Blanchard and Dick Mansfield.



## Friday Night Euchre

Joe Askenase

### Jan. 18

#### Four-Handed Game

1: Roger Palmer; 2: Dan Palmer; 3: Marcy Askenase; 4: Bridget Hughes.

#### Six-Handed Game

1: Diana Riegler; 2: Helen Foskett; 3: Rich Miles; 4: Virgil Taylor; 5: Marge Fisher.

### Jan. 25

#### Five-Handed Game

1: Maria France; 2: Vi Horton; 3: Virgil Taylor; 4: Lee Morgan; 5: Diana Riegler.

#### Six-Handed Game

1: Heleln Foskett; 2: Bridget Hughes; 3: Russ Riegler; 4: Clarence Lietzow; 5: Marcy Askenase.

### Feb. 1

#### Four-Handed Game

1: Bridget Hughes; 2: Clarence Lietzow; tie at 3: Helen Foskett and Marcy Askenase.

#### Six-Handed Game

Tie at 1: Vi Horton and Lee Morgan; 2: Diana Riegler; 3: Maria France; 4: Russ Riegler.

### Feb. 8

#### Five-Handed Game

1: Marcy Askenase; 2: Virgil Taylor; 3: Vi Horton; 4: Lee Morgan; 5: Diana Riegler.

#### Six-Handed Game

1: Helen Foskett; tie at 2: Mary Foskett, Lou Fisher and Russ Riegler; 3: Bridget Hughes.

## Friday Night Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A.

Come one, come all! For more information call Nancy 237-2679 or Irene 873-4173.

### Jan. 18

Tied at 1: Dick Torzewski and Glenda Lins; 2: Joann Shea; tied at 3: Gitte Agarwal, Gerry Pinter, Hank Kolb and Billy Swing.

### Jan. 25

Bill Eberle had a perfect game of 60. Congratulations. Tied at 2: Edith Kolb and Nancy Kowsky; tied at 3: Hank Kolb, Rich Miles and Mary Bartel.

### Feb. 1

Tied at 1: Jerry Pinter and Joe Scrivo; tied at 2: Bev DeBuschere and Hank Hilovsky; 3: Val Shudeshow; 4: Mary Bartel; 5: Phyllis Wall.

### Feb. 8

1: Trudy Bertrand; 2: Jerry Harris; 3: Betty Legg; tied at 4: Charles Chaillet and Sami Odeh.



## Tuesday Night Pinochle

Viola Horton

On Jan. 29, Lois and Vernon Uzzell brought their houseguests Eleanor and Claude Griffin to play. Guests are always welcome. All pinochle players are welcome. No partners needed. Just be in the Art Room of the Craft Building by 5:45 p.m. Tuesdays. Come on up. It's fun!

### Jan. 8

#### Single Deck Winners

1: Lois Rider; 2: Vernon Uzzell; 3: Audrey Bartolotta.

#### Double/Triple Deck Winners

Tables 1: Alberta Sarris and James Nottingham; 2: Jim Keller, Joe Scrivo and Billy Swing; 3: Ann Pelham and Vi Horton; 4: Mary Lou and Frank Chamberlain.

### Jan. 15

#### Single Deck Winners

1: Al Novotny; 2: Jerry Pinter; 3: Cherie Cunningham.

#### Double/Triple Deck Winners

Tables 1: Alberta Sarris, James Nottingham and Vi Horton; 2: John Berish; 3: Rich Fluet; 4: Mary Lou and Frank Chamberlain.

### Jan. 22

#### Single Deck Winners

1: Jerry Pinter; 2: Eve Mazzotta; 3: Audrey Bartolotta.

#### Double/Triple Deck Winners

Table 1: Alberta Sarris and Vi Horton; 2: Jo Swing and Joe Scrivo; 3: Ann Pelham and Norma Yonke; 4: Virgil Taylor and Ray Bock.

### Jan. 29

#### Single Deck Winners

1: Albert Novotny; 2: Clarence Lietzow; 3: Audrey Bartolotta.

#### Double/Triple Deck Winners

Tables 1: Joe Sciarino and Vi Horton; 2: Elsie Helwig and John Berish; 3: Ray Bock and Virgil Taylor.



## Saturday Night Pinochle

Elsie Helwig

### Jan. 26

1: Greg Skillman; 2: Audrey Bartolotta; 3: Ed Fullmer.

### Feb. 2

1: Elsie Helwig; 2: Gene Hubbard; 3: Dottie Findlay.

### Feb. 9

1: Audrey Bartolotta; 2: Greg Skillman; 3: Vi Horton.



## Cribbage

Dorothy Skillman

### Jan. 18

1: Ed Fullmer; 2: Rich Fluet; 3: Alberta Sarris; Cons: Craig Ehle.

### Jan. 25

1: Mary Lou Chamberlain; 2: Sheila Howell; 3: Norma Yonke; Cons: Greg Skillman.

### Feb. 1

1: Mary Lou Chamberlain; 2: Alberta Sarris; 3: Ed Fullmer; Cons: Sheila Howell.

### Feb. 8

1: Elsie Helwig; 2: Ed Fullmer; 3: Norma Yonke; Cons: Alberta Sarris.



## Mah Jongg

Mary Ehle

The tournament is Saturday, March 1. I will give you the results next month.

I will be teaching all those who wish to learn this very addictive game starting April 9. Please call me at 873-7507. It is a six-week session and is taught on Wednesdays. The time is 12:30 p.m. and I will give you all the details when you call to make your reservation. I need to know as soon as you decide because I need to get the teachers lined up. Come and learn. You will enjoy it. ☺

# Marion Bonsai Society Shows Off

By Bob Woods  
WORLD NEWS WRITER

More than 2,000 years old and this beautiful art was displayed in our own Master the Possibilities Education Center. I am referring to the ancient oriental horticultural art of bonsai (pronounced bone-sigh). Basically bonsai means in both the Japanese and Chinese languages, "tree-in-a-pot," although in Chinese it further translates to "scenery in a pot." When folks are talking about bonsai, they generally refer to the art form stemming from Japan. Actually, bonsai was first created in China and brought back to Japan in the ninth century by imperial embassies.

The Master the Possibilities' Education Center hosted a bonsai exhibit that lasted four days including instructions and demonstrations. Classes on the history of this art form were conducted along with classes on how to start your own bonsai creation. The Marion Bonsai Society, one of 24 Bonsai clubs in Florida, conducted the exhibit and classes. The exhibit was open free to the public but registration was required for the classes.

What is bonsai? Basically it is a tree or bush planted in a small pot or container that has been pruned and shaped along with being trained into the creator's desired shape.

The plant is kept small by controlling its leaf and root growth under ideal growing conditions. I found out that a bonsai can live to be hundreds of years old and is often passed down from generation to generation. Some of the creations displayed at the Education Center were more than 30 years old.

Webster's New World Dictionary defines bonsai as "the art of dwarfing and shaping trees and shrubs in shallow pots by pruning and controlled fertilization." Basically, bonsai is nothing more than the creator's version of a normal plant. To keep this creation in its miniature form requires a lot of trimming and pruning, and occasional repotting to control root growth.

Talking to Daniel Dowd, director of education at the Education Center, "Given the wonderful response to this exhibit, Master the Possibilities will be offering bonsai workshops in the spring (April-June) catalog." Dan also told me the Marion Bonsai Society will be back next year exhibiting many forms of bonsai creations and conducting how-to classes.

During the exhibit, the society conducted special classes concerning all aspects of bonsai, from the basic start up to those of an advanced nature. I happened to attend one of those classes. Peter Wood, a resident of On

Top of the World, told those in attendance the history and basics of bonsai.

Pete explained that bonsai is a living art. He also explained the horticultural principles that bonsais need: light, water, temperature, the right soil pH, fertilizer and pest control. The artistic principles of bonsai consist of the right sculpture, perception, unity and focal point. Pete also stated that bonsai is an art of illusion. You start out with a tree that is small and young wanting to end up looking large and old. Most of the bonsai creations are trees and shrubs that live outside. Many folks get a bonsai and keep it inside their homes. Then, within a short period of time, the plant is dead. "It needs to be outside with Mother Nature," Pete added.

Pete continued that checks and balances are required in bonsai. By keeping the tops of the creation cut and trimmed, the roots do not require as much nutrition to the plant, and by trimming the root system, the plant leaf structure itself needs less nutrition.

Most of the bonsai exhibit creations were junipers, holly, Japanese boxwoods and many forms of azaleas. I noticed one bonsai which was dead-looking. Neither a leaf nor needle was visible. It actually looked like that little Christmas tree in the Charlie Brown cartoon strip. After reading the card displayed at the plant, I noticed this stripped bonsai was a Bald Cypress, which I know loses its leaves during the winter each year. This skeleton of a tree was 23 years old and simply was dormant or "in winter." When it leaf's out in March or April, it will be a stunning tree.

Another resident and member of the Marion Society is Marion-Alice Burke. She was at the exhibit explaining the bonsais to those viewing the display. Marion-Alice is also a Master Gardener. There are a number of On Top of the World residents who are members of the society.

At the conclusion of the exhibit, the society



Photo by Bob Woods

**Marion-Alice Burke and Pete Wood, members of the Marion Bonsai Society, helped put on the exhibit.**

presented On Top of the World with a large bonsai creation that was a Japanese Boxwood. If you missed attending this exhibit, you really don't want to miss next year's. There were hundreds viewing the bonsai exhibit and many more attending the classes. On Top of the World residents were admitted free to the classes.

Don't miss the next exhibit! If you are interested in exploring the activities of the Marion Bonsai Society, call Marion-Alice Burke at 239-1467. ☎

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**Sunshine Singers**  
Kathy Oakes

We are a group of singers who provide entertainment for nursing home residents. In return, we receive as much joy as we give.

We sing a cappella under the direction of Dick Rohde and practice the first and third Mondays from 7 to 8 p.m. in the Health & Recreation Ballroom. Anyone, who likes to sing the old-time sing-along songs are welcomed to join us.

Recently, we enjoyed a fun get-together at Ruby Tuesday's restaurant.

For more information call Dick Rohde at 861-1104. ☎

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**The Eyes Have It**  
Dr. Martin E. Cohen, O.D.

This column is in response to the requests of many residents (more than 300) who have attended my course on vision diseases at Master the Possibilities. I was astounded to find so many people who have vision disabilities, or who are interested in finding out what they are, and what can be done to prevent or treat them.

The Florida Center for the Blind is off Southwest 80th Avenue at 7325 S.W. 32nd St. Here some 45 people with vision disabilities seek information, advice, education help and referrals. I ask where are so many others who have attended my classes asking for help? Many early vision problems do not have symptoms and this has been a reason so many people attend the course. I will continue to teach the course; however, I feel I might be able to disseminate information through this column as well.

On Tuesday, March 11, I will speak about the dyslexic child and the visual impaired adult at 2 p.m. in Suite H of the Arbor Conference Center.

On April 18 at the Florida Center for the Blind there will be presentations about visual impairment from 1 to 3 p.m. Contact Gwain A. Davis, executive director of the center, at 873-4700.

Dr. Martin E. Cohen, O.D., is with the Florida Center for the Blind.

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**World  
Traveler**  
Bill Shampine

This month we are going to visit Gondwanaland. Did I hear someone say, "You are kidding, right?" Actually, this is the land mass that we now call Antarctica. It is a land mass that used to be attached to India, Africa, Australia and South America about 180 million years ago, but plate tectonics being what they are, resulted in its moving south — to the bottom of the world. Antarctica is the fifth largest land mass on earth and is about the size of the United States and Mexico combined. Some 98 percent of the continent is covered with ice, which averages more than 1.0 mile in thickness, with a maximum ice thickness of about 3 miles! It also is home to a trench that is open to 8,188 feet below sea level (filled with ice and snow, of course,) and an active volcano that spews lava on a regular basis!

It is a bit chilly down there. At the South

Pole, the average winter temperature is -76 degrees, and the average summer temperature is -17.5 degrees. The lowest recorded temperature on earth was -128.6 degrees at Vostok station. As a point of reference about what these kinds of temperatures mean, I once was taught the 30-30-30 rule. This means that at a temperature of -30 degrees, in a 30 mile per hour wind, exposed flesh would freeze in 30 seconds. And you thought the winter at On Top of the World gets cold!

One of the biggest surprises for most people is that, in spite of the extreme depths of snow, it rarely snows on the continent. The South Pole actually gets less than six inches of snow a year (which converts into about 0.3 inches of rain). For comparison, the Sahara Desert gets an average of a bit under two inches of rain a year. The depth of snow and ice that we see on the continent today is the result of the accumulation of small amounts of annual snowfall over a period of millions of years with very little melting.

Antarctica has a remarkable environment, but really is not a nice place to live. In fact, no one lives there on a permanent basis, although there typically are about 1,000 scientific researchers who over-winter there, and up to about 4,000 researchers during the summer.

Antarctica is a strange place on many fronts. For example, a simple question like "What time is it?" becomes a challenge. You see, all the time zones around the world converge at the South Pole, so the concept of time zones falls apart. Instead, everyone in Antarctica officially goes by New Zealand time.

The first confirmed sighting of the continent is commonly accepted to have occurred in 1820 by a Russian expedition, but it was largely neglected for the rest of the 19th century because of its hostile environment, lack of resources, and isolation. Today, seven

Use of picture courtesy Paul Ward  
- CoolAntarctica.com

**A view of a scientist  
collecting data in the  
desolation of Antarctica.**

countries have claimed portions of Antarctica as national territory. The U.S. and Russia have reserved the right to make similar claims, and do not recognize the claims of the other seven nations. Antarctica is governed by the Antarctica Treaty System that entered into force in June 1961. Governance issues are dealt with at annual meetings of the 46 treaty member nations.

In spite of its harsh environment tourism has increased significantly in the last 10 years. Today, about 25,000 tourists visit annually. Most scientists believe this is about 24,999 too many! The most popular, and practically the only, way of seeing Antarctica is by ship. Antarctica cruise ships visit ice-free coastal areas and sub-Antarctica islands from November through March. The simplest of these excursions would be the large ship, multi-port cruises that, while rounding Cape Horn (the southern-most tip of South America), may slip further southward and cruise by the Antarctica coast which offers spectacular views of icebergs, glaciers, mountains and wildlife. There are, however, other cruises that tend to focus primarily on the Antarctica. These usually depart from Argentina or Punta Arenas, Chile. These specialized cruises tend to focus on information dissemination rather than entertainment, so you get to listen to a bunch of scientists discussing their research or the research of others instead of watching a bunch of singers or dancers hoofing it across rolling stages. Some of these smaller ships often stop and offer trips to the shore in zodiac boats in order to allow their passengers to walk among nesting penguins, elephant seals or other polar animals.

Antarctica has a rich and diverse set of animal life, although there are no land-based ver-



tebrate animals that live on the continent. The winter weather simply is too harsh for them to survive. There are, however, significant transient populations of penguins, whales and a variety of birds, such as the albatross, that inhabit the coastal areas during the summer months. The sea along the coast of the continent also is rich with plankton and krill during the summer months, forming an all-you-can-eat buffet that animals like the Blue whale simply cannot resist!

Touring to Antarctica is not a trip that a lot of people would relish. Regardless, it offers a truly unique environment that cannot be matched anywhere else on earth. It clearly is a trip for the more adventuresome of us, but one that would offer significant rewards. So, how far have we traveled now? The distance for this trip is very ship dependent, but would be at least 5,000 miles. Since we left Chile with 7,732 miles under our belts, that gives us a total of 12,732 miles so far (and it is only March!)

Here are some pictures for your consideration. The photographer for the pictures labeled Antarctica 1 & 2 was a lady who lives in On Top of the World. She requested that her name not be used in the article. I'm not sure if one should just use the picture without any acknowledgement or say "Name withheld upon request", or something like that. Please use your judgment. ☺



**Travel Toppers**  
Jo Swing

Well, here it is the third month of the year, and Travel Toppers is marching into spring (pun intended).

There is much coming up that will put a spring in your step and renew your spirit. There are two trips this month that have room.

For the trip to Tampa Downs on March 6, please call the coordinator, Pat Hood. The cost is \$36 for a fun day at the races with lunch and transportation.

The day trip to the Ringling home and museum in Sarasota will be March 18. The cost is \$37. If you are interested in seeing this beautiful home and the wonderful artwork in the museum, please call Toni LaGatutta, the coordinator.

If you are interested in attending the April 5 performance of "Kiss Me Kate" at the Show Palace in Hudson, please contact the coordinator Pat Benson to check on availability.

Registration begins March 3 for the trip to Weeki Wachee. It will be Monday, May 5. The coordinator is Claudette Moher.

We will start taking reservations on March 4 for the Mother's Day, Sunday, May 11, cruise on the Rivership Romance. The cost will be \$61 and includes cruise, meal, transportation and tip for driver. Please call Kathy Hess, the coordinator to get your reservations in. This is always a very popular event.

Linda Hein will begin taking registrations on March 10 for "The Lion King" to be presented Saturday, June 14, at the Tampa Bay Performing Arts Center. The cost is \$97 for some orchestra seats and \$77 for seats in the lower balcony.

The overnight trip to Tallahassee and Wakulla Springs State Park is full at this time. If you are interested in being on the wait list please call Audrey Mangan.

Attention all fishermen and women. There is still room on the April 7 fishing trip. We will be going out of Hernando Beach on the fishing boat Lightening. They will provide the fishing gear and bait. You will have to bring your own food and drink and a bucket and cooler for your fish. The bus will be leaving from the Travel Toppers' parking lot at 5:30 a.m. The cost is \$67. If you want a day of fishing on the Gulf, please contact Jo Swing.

Travel Toppers is planning a cruise to the Panama Canal from Monday, Jan. 19, to Friday, Jan. 30, 2009. The cruise will be 11 days long and will feature the Panama Canal, stops in Aruba, Colombia, Costa Rica and Grand Cayman. It will be on Royal Caribbean's Jewel of the Seas. For information about prices and to make reservations please call Audrey Mangan.

Regarding cruises, 60 intrepid Travel Toppers braved cold weather, a malfunctioning bus and late arrival on Jan. 25. Spirits were up when we finally arrived at the Port of Miami. The trip really started for us once we were on the ship. The Norwegian Pearl is a new ship and very beautiful. The rooms were comfortable, especially the balcony staterooms. There was actually a bowling alley on board and a rock climbing wall. The well-equipped gym was open 24 hours a day, and had many free classes such as aerobics, stretching and body conditioning. There was much to do on the ship. There were chances to hear music all over the ship. One particular favorite was the group called Trio Los Hernandez who played all types of music, not just Latin-American.

One particularly good show was put on by Jeff Trachta, who had played Thorne Forrester on the daytime soap, "The Bold and the Beautiful." He has an excellent singing voice and is a very talented mimic. He is a man of a thousand voices. One of the highlights of the show was his George Burns monologue. It was so funny and warm-hearted at the same time. The first stop was at Semana in the Dominican Republic. After that we visited four islands: Tortola, BVI, Antigua, Barbados and St. Lucia. They all had their special charm and beauty. To me the islands of Antigua and St. Lucia stood above the rest in scenic loveliness. We had two days on ship to decompress on the way back to Miami. The trip from Miami to Ocala was uneventful, for which we were grateful.

In a short while there will be gates at the Travel Toppers parking lot with locks. When we have trips, the escort will have the code and will be there first to let the bus in. If you are being dropped off, you will have to wait until you see the bus arrive. You can park by the dog park or the 90th Street mailboxes to wait until the bus shows. Just a reminder, after you have registered for a trip, please mail your check to the coordinator. Do not take it to their house. Remember payment must be by check only.

Travel Toppers meetings are held on the first Wednesday of the month in Suite A of the Arbor Conference Center. The next meeting will be March 5. All are welcome. We hope to see you there. Until then, happy travels to all. ☺

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# Meet Your Neighbor



Virginia Pascarella has been a resident of On Top of the World for approximately two years. Virginia is a Florida licensed Interior Designer who works for Veranda Home Furnishings and Design. Virginia has been creating beautiful homes for 38 years.

Virginia and her dog, Duchess, lives in Friendship Village. She enjoys working with On Top of the World and Oak Run residents, as well as surrounding areas.

To schedule an in-home visit, call Virginia at 305-527-4490 or at the showroom.

Our licensed designers offer you an unforgettable shopping experience. We invite you to visit our beautiful showroom where we offer quality furniture at *favorable* pricing. Complimentary ASID services available.

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**Bicycle:** Men's '99 Schwinn 7-speed, hardly used, \$75 or make offer. 873-7841

**Brazing Or Welding Tanks:** One oxygen tank, one acetylene tank, approximately 2' x 6". Comes with stand, gages and one torch, \$35. 873-0303

**Bread and Dessert Maker:** Toastmaster, excellent, like new condition, still in box, \$35. 390-3853

**Coffee Table:** Oriental, 60" x 19", \$75. 861-0753

**Computer and Monitor:** Dell 8250 Pentium 4, wireless keyboard and mouse, floppy and DVD/CD drives, 17" monitor, \$250. 854-8800

**Computer Maintenance Suggestions (PC):** 112-page full color coil bound book. www.lulu.com. CustomComputerInstruction or call 873-2100

**Drafting Table:** 30x42 with horizontal slide rule, heavy construction with fold down top, excellent condition. Originally \$225, sell for \$45. 873-0303

**Drinking water by Penta** is "ultra-purified" via 13 steps, providing you maximum hydration, purity and taste. Call 873-2100 for home delivery.

**End Table:** \$20. 854-6539

**Entertainment Center:** All wood, oak with smoked glass doors, closed DVD storage, adjustable shelf; 54-1/2" h x 47-1/2" w x 20" d. \$100. 873-4328

**Estate/Garage Sale:** Friday-Saturday, March 7-8, 9 a.m.-1 p.m. Exercise equipment, sewing machine and household items. 8540-D S.W. 90th Pl.

**Faucets:** Bath, two new 8" spaced, brushed steel with brass, cost \$200, sell \$70. 237-6062

**Furniture:** Two padded bar stools, \$50 each; blue reclining chair, \$100; outdoor lounge with matching chair, \$150. 861-5556

**Garage Sale:** Friday-Saturday, March 14-15. Table, four chairs, drop leaf table, two chairs, lamps, bedroom set. 8874-F S.W. 95th St.

**Garage Sale:** Multi-family, Saturday, March 1, 8 a.m.-3 p.m. Clothes, appliances, records, collectibles, new items. 9201-D S.W. 83rd Ct.

**Garage Sale:** Multi-family, Saturday, March 1, 9 a.m.-2 p.m., 8430-A S.W. 90th Lane.

**Garage Sale:** Saturday, March 8, 9 a.m.-noon. Great household items, tools, furniture, ladies bike. 9686 S.W. 9th St., Crescent Ridge II

**Golf Cart:** Club Car, 36 volt, new batteries, large motor, canvas enclosure, excellent condition. 237-9523

**Golf Cart:** Club Car, 48 volt, new batteries, high speed motor, sunbrella curtains/club protector, like new condition. 237-9523

**Golf Cart:** Yamaha, refurbished 2006, new batteries, custom curtains, excellent condition. 873-8600

**Golf Clubs:** Power Bilt set/bag, full set, varied/bag. Varied putters. 854-7072

**High Back Oak Chairs:** Four. Perfect for kitchen or dining room, in good condition. \$75. 873-1646

**Home Office Equipment:** All-in-one printer, two unused ink cartridges, \$50; portable wooden lectern, \$20; portfolio, \$45. 861-6985

**La-Z-Boy Recliner:** Beige, six months old, paid \$450, sell for \$200. 873-6274

**Mattress and Box Springs:** Brand new Sealy Posture Premier, still in plastic, never used, too big for room, asking \$495. 291-2772

# Classified Section

**The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.**

**SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12; four lines is \$17.50 and five lines is \$20. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.**

**DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.**

**Misc. Items:** Computer desk, Hewlett-Packard Pavilion MX50 desktop computer, Lexmark X125 copier-sends and receives fax. \$250. 854-0229

**Misc. Items:** Golf pull cart, \$50; three cubic foot upright freezer, \$100. 237-8183

**Misc. Items:** Swivel rocker recliner, \$250; Nordic stationary bike, \$250; canister vacuum, \$50; four outdoor folding chairs, \$25 each. 237-3390

**Misc. Items:** NOAA weather radio, \$45; Magnavox dual alarm clock, \$10; Bissell Quick Steamer area rug cleaner, used ones, \$100. 854-9785

**Misc. Items:** Three 24" wrought iron, maroon seats, \$40 each. King bedspread with shams, moss green, mauve flowers, \$50. 237-5855

**Misc. Items:** Three stained glass panels, \$300; outdoor patio heater; propane cylinders, \$25; round teak mirror, \$150. 484-1755

**Misc. Items:** Toro lawn blower, \$25; Black & Decker electric lawn/mulcher with bag, \$100 (electrical cord included). Lou, 854-8425 (prices are firm)

**Power Telescope:** Jason 200, very good condition. Mount that holds it to the tripod is broken. \$10. 390-3853

**Rolling Walker:** Four wheels, seat and basket, like new, best offer. 854-1290

**Sears Craftsman Scroll Saw:** 15: depth. Best offer. 873-1646

**Show Tickets:** Two front row seats, Johnny Tiltonson, April 5, \$21 each; two front row seats, The Flamingos, Sept. 13, \$19 each. 861-0465

**Table Saw:** 10" Tradesman with stand and extension wings, 3.0 maximum developed horsepower, A1 condition, \$150. 873-0303

**Television:** 42" LCD, A1 condition, \$450. 873-0303

**Total Gym:** As seen on TV endorsed by Chuck Norris and Christy Brinkley, like new, all accessories and video, \$199. 237-7220

**Treadmill:** Has speed control, time and distance, speed display, pulse sensor and calorie conversion table, all in working order, \$50. 861-0309

**Tricycle:** Never used, new, paid \$500, best offer. 598-3199

**Vacuuming Robot:** Brand new Romba iRobot with accessories, sensor, batteries, \$250. 854-7606

**Whizzer Motorbike:** Only 96 miles, street legal, no registration needed. See at 8560-G S.W. 93rd Lane or call (828) 421-1388

# Services

**Alterations by Betty:** Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

**Alterations by Ernestine:** Alterations, experienced. On Top of the World resident. Call 861-0259.

**Aluminum contractor:** Joe Rowland W.T.T.L. Inc. (352) 726-4067. Acrylic glass rooms, screen rooms, windows, doors, re-screens, soffet, fascia, hurricane shutters.

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**Caregiver:** CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda, 854-1664.

**Carpet Cleaning Specials:** 2 rm/\$59, 3 rm/\$79 truck mount, deep clean/carpet restretching, ceramic tile/grout clean, vinyl floor restoration, new flooring. Call owner, Pat More 821-3800

**Cat Boarding and Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

**Cat and/or House Sitting Services** for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

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**G&G Cleaning Services:** Housework and light yard work. Free estimates. Fee based on job size, not per hour. On Top of the World. 237-8873

**Handyman Bill:** All home repairs. No job too small. Tile and grout, screens and windows, doors and woodwork. Phone, cable and computer wiring. Free estimates. Reasonable prices. 304-5173

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**Tanisha's Angelic Touch:** Ocala's newest agency licensed and insured to assist with homemaker/companion, cooking, cleaning, shopping, fun, etc. Tanisha Mills, 390-8875.

**Transportation:** Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

**Transportation:** Call Kim for personalized door-to-door transportation to airports, cruise ports, any destination. Call 854-8708 or cell 207-8237.

**Transportation:** Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

**Transportation:** I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

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# Wanted

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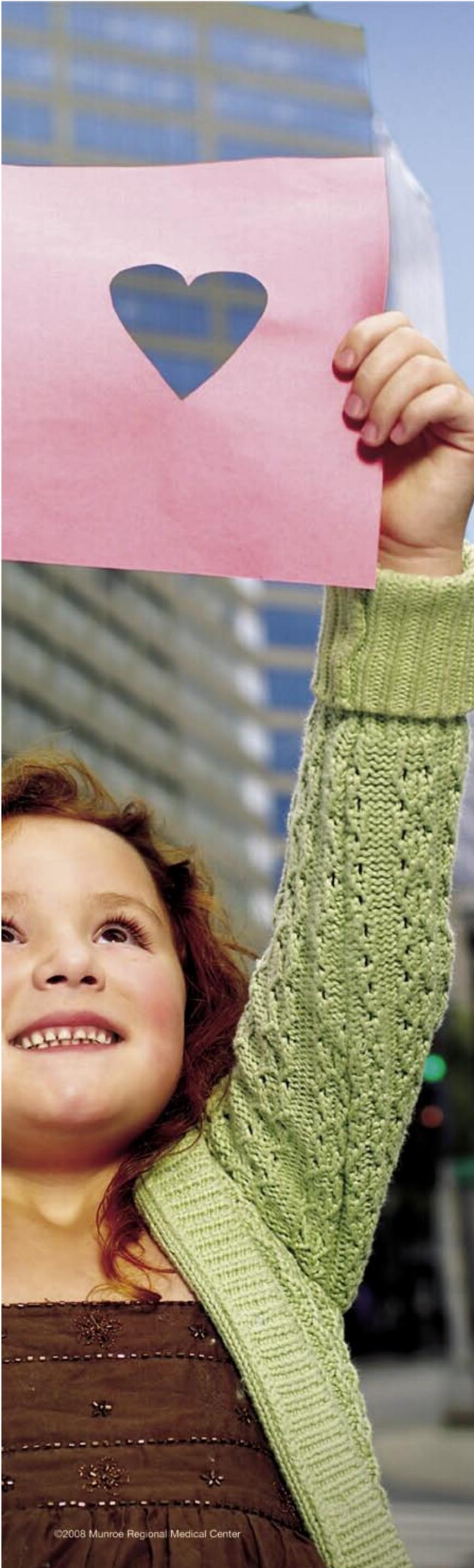
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## a new name. and why it matters.

The Heart and Vascular Center at Munroe has an extraordinary record of achievement, with more experience and better results than any hospital from Gainesville to Orlando.

Through many years, it has grown in size and in stature, with recognition in national studies and in medical publications.

The time has come for the public profile of this group to grow, as well.

It's important that people throughout the region recognize that this is the premier cardiac care facility in our area. If a distinct identity for our Heart and Vascular team will help more people to do that, and to turn to Munroe in times of need, then it's the right thing to do. Because it will save lives.

In fact, one study suggested that if every hospital in America achieved the same results as Munroe, more than 7,000 lives would be saved annually.

The new name for our Heart and Vascular team is Munroe Heart. It represents the highest levels of achievement in the cardiac field and an unsurpassed level of dedication from each of the people who are a part of it.

It also represents hope for every patient diagnosed with a heart condition.

