

# On Top of the World NEWS

Where the News is Always Good

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Club Faire  
Sept. 25  
10 a.m.-1 p.m.  
H&R Ballroom



Vol. 22, No. 3 • September 2008

## Community News & Update

By Kenneth Colen, Publisher

September is going to be a month of transitions in many ways. First on my mind is the sense of loss I feel as we bid so long to our editor, Lynn Stock. Lynn has been with us just short of four years. To tell you the truth, that time just flew by. Like Bill Robinson before her, Lynn has shown a tremendous dedication to this community and its residents. She has put in many hours making the World News "just so." Lynn is truly a first class newspaper professional and we are better off for having benefitted from her guidance and oversight. While we are sad to see her go, we wish her and her family all good success in Miami.

**NEW EDITOR:** With a background in advertising, marketing and publishing, Petra Schmidt joins our staff as Editor of On Top of the World News. Petra received her bachelor of arts degree from the University of Delaware with a double major in political science and German. Born in New York and raised in New Jersey, Petra and her family moved to Ocala in 1999. She loves reading, cooking, traveling and the beach, but most of all her family.

Lynn Stock will be with the World News through Sept. 5. She will then join her family in Miami, where her husband has been living and working for the CBS affiliate for the past year. The family is living in Coral Gables.

**STORM SEASON:** The other reason September is a month of transition is because we turn our attention to the tropical Atlantic and keep an eye on the weather map. Generally, the management company is able to persevere in its grounds maintenance responsibilities, despite the middle of August posing challenges with more than eight inches of rain. It seems that every time the mowing crews got caught up, a long cycle of showers pushed them further behind. Granted we need the rain to replenish the groundwater, but it does come with a price.

As we move deeper into storm season, focus may be shifting to storm preparations. This means acting fast on sometimes less than 24 hour notice to secure buildings and equipment from possible wind and rain damage, as well as making sure everyone is clear on their post storm responsibilities for recovery and cleanup.

Residents need to be alert as well and also ready to clean up personal items that may become missiles in high winds. What can't be placed in the garage or secured in a closed room, needs to be tied down.

**WATER CONSERVATION:** With all the rain, it seems odd to be thinking about water conservation. Only a very small percentage of rainfall actually filters back into the aquifer. Withdrawal and depletion occur much faster than replenishment. To underscore this point, there has been a steady flow of articles in the Ocala Star-Banner as well as other publications dealing with either water quality initiatives or conservation initiatives. Interestingly enough, there is an important nexus between the two topics.

In the On Top of the World Communities, including Candler Hills and Indigo East, more than 70 percent of all water usage goes out as irrigation. Approximately three percent of all water produced from our system is used in plant processes, hydrant flushing, fire control or other system-wide uses.

Generally, the interior water use favors conservation because new homes in On Top of the World were constructed with low-flow showerheads, faucets and commodes. However, the efficiency of these fixtures is defeated by allowing water to run for an excessively long time. A simple case in point is allowing the water to run while brushing your teeth or when washing vegetables (two minutes equal approximately one and a half gallons). I know this never seems like much, but it all adds up surprisingly fast. Slow drips from a faucet can add up to an additional 20 gallons per day in wasted water. Toilet leaks can waste as much as 200 gallons per day. The most efficient showerheads use two and a half gallons/minute. Showers should be kept to five minutes or fewer. Older heads use approximately eight gallons/minute. Changing out the older model heads makes good sense. Additional common sense ways to lower water consumption are: use the dishwasher when fully loaded, adjust the load selector on your washing machine to match the size load, when washing your car use a spray nozzle on your hose instead of allowing the hose to run. A garden hose can waste 600 gallons per hour.

The biggest use of water is in the landscape. Conservation can begin with an audit of your irrigation system by a licensed irrigation contractor. This involves aiming the irrigation heads correctly, checking for leaks and correctly setting the irrigation clocks for optimal run time and frequency setting. According to a program begun in Orange County, adjusting irrigation can save up to 22 percent (Source: Florida Water Resources Journal, August 2007). Saved water equals saved dollars for the homeowner. Having a licensed professional check and adjust your irrigation system once a year is a very good investment.

Owners may wish to consider reducing the irrigation frequency of outlying areas in larger yards. Watering those outlying zones once every 10 days will save a significant amount of water. Judging by water use patterns, the CDD is aware that many residents

➔ Continued on Page 13



Photo by Bob Woods

Kathleen Sutton logs in a visitor to On Top of the World at an entrance gate.

## Meet Our Gate Attendants

By BOB WOODS  
WORLD NEWS WRITER

Have you ever wondered who these folks are manning our entrance gates to On Top of the World? I know some of you, including myself; have been annoyed with one of them when you approached the gate and the gate attendant asks for your On Top of the World ID card.

Now here I am and I realize this pertains to many of you. You are strapped into your seat with the seat belt firmly around your body and this person will not let you through the gate unless you produce your ID card. What a pain, you have to unfasten the seat belt, squirm around in your seat at the same time trying to get your wallet out of your back pocket and once your billfold is in your hands, you have to enter many compartments in your wallet as you forget which one houses your card.

Remember, this is not a drill but an attempt to protect you as a resident. This gate attendant is only doing his or her job and what they are told to do.

My contact at the gate was an attendant named Ed Miller. Miller told me that there are at least 12 gate attendants rotating shifts at all our three gates. Generally, they work an eight-hour shift and are employed by Guardsmark, a security company based in Orlando. All our guards live in the local area and Miller himself is a former Marion County Sheriff Deputy.

Miller told me he gets to meet a lot of people, including our residents, and most of those passing through his gate, which is generally the Candler Gate, are very friendly. He said he has many folks who could pass through the automatic gate that reads the resident's barcode, but instead, they prefer to pass close to the gate house just to say a few words. "I get to know quite a few of the residents as they pass through the gate as well as some of the daily employees," Miller added.

He elaborated to me that one gate attendant had a knee problem and many residents would stop and ask how he was doing while some wanted his address to mail "get well" cards to him.

I noticed while I visited the gate house many folks who were strangers to On Top of the World were asking Miller directions and questions on

how to reach their desired destination. Miller told me he is very familiar with the streets in the Candler section and has no problem directing visitors to the proper address. He also told me that if they are searching for an address in the older sections, it is just as easy to show them on a map that he gives to the driver after showing how to reach their destination.

Have you ever been embarrassed coming through the gate? I have and a recent incident brought it back to my memory. I approached the gate and the gate arm did not go up. I wondered why. I backed up and went by the scanner again. Nothing happened, and then I did it again. Finally I looked over to the gate attendant and he motioned that I roll up my rear window exposing my barcode. I felt like crawling under the dashboard. I bet this has happened to many of you!

I stopped by the construction gate (90th Street) and chatted with Patricia Cochran who was on duty checking cars and commercial vehicles entering On Top of the World. The "back gate," as it is nicknamed, is open from 6 a.m. until 8 p.m. Monday through Friday and 8 a.m. until 8 p.m. Saturday and Sunday. Ever since the new road leading past Lowe's from SR 200, resident traffic has increased drastically.

Pat told me she has gotten to know and recognize the many residents and workers that use the "back gate" as most use this gate only. Pat told me it's the same people using this gate day in and day out. The commercial folks wanting entrance to On Top of the World have the routine of checking in down to a science. They have all their paper work ready for Pat to copy down the address that is going to be visited. She estimates that in the mornings at least 60 percent of the traffic coming through her gate are landscapers.

She mentioned that in the few minutes traffic slows down entering our community she has had the opportunity to watch a pair of redtail hawks sweep down to grab a rabbit or squirrel in the nearby field and take the animal up into some nearby pines. She believes the hawks have a nest in those trees. She has also witnessed a peregrine falcon swoop down and grab a bird in the same field.

Departing the "back gate" I ventured to the "main gate" or front gate to see what the action

was like there. Generally speaking, I utilize the front and the Candler gates almost entirely. I have seen the gate attendant on duty at the front gate before as I utilize the other lane where my barcode is read.

After taking a few pictures I held my breath as I crossed the entrance heading in the direction of the gate house. Inside I met Kathleen Sutton, a petite blond who was on duty during my visit. I found out that she was once a deputy sheriff in Calhoun County and has been a part time gate attendant at our community for a little over one year.

She seemed to know many people passing through the gate and many would stop briefly to say hello to her. After talking with her in between the many vehicles entering the gate I found out that she is a resident of On Top of the World for the past two years residing in Avalon. No wonder she knows so many folks. She added that most folks living in On Top of the World use this gate, as it is the primary entrance utilized by residents and you get to know them as they pass through.

Don't forget, if you have a delivery truck bringing you something to your home, make sure you notify the 90th Street gate guard ahead of time of your intended delivery. If it is anyone doing construction to your home you must get it approved by Customer Service. Delivery trucks can only utilize the 90th Street gate, not the Candler or the main gate.

Have friends visiting after 6 p.m.? You must call ahead and notify the gate attendant of your visitors.

Now, one more thought. If you have friends or family, especially your kids or grandchildren who are about to visit, why not go out to Customer Service and get a vehicle pass for the length of their stay. It will make their coming and going through the gate during their visit a lot faster and easier.

Remember, these gate attendants are not only your friends; they are on duty to help and protect you by not allowing those who are undesirable or unwanted traversing through the gates who do not belong in On Top of the World. So when you pass through the gates give the gate attendants a little toot from your horn and give them a little wave of friendship. ☺



## Concert Chorus Gets Spiffy for Free Concert

The Chorus may be working on the September concert, but several of the girls in the chorus seem to have other things on their minds — namely men! It seems they have decided to give the guys until the day of the concert. If they haven't shaped up by then, they say they'll "... wash that man right out of their hair!" Be there to see if they follow through on their threat! Pictured from left are Marjorie Bruno, Suzanne Womack, Marietta Villanueva, Joanie Bolling, Marguerite Cox and Patti Kirschner. See column on Page 27.



## On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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**Is It Legal?**  
Gerald Colen

**Q.** I was at a seminar where the financial advisor said that annuities do not have income tax liability so that if I buy one I won't have any income tax to pay. So he said I could buy one and if I never used it, there would be no income tax obligation. What do you have to say to that?

**A.** I have to say that if you believe that then I have a bridge in Brooklyn that I'd love to sell you at a very good price. Look. Here's the scoop on annuities and income taxes. If you buy an annuity, every bit of value in the annuity that is over and above what you actually paid when you purchased it, is income and is taxable as such by the IRS. The payment of income tax on that income is deferred for so long as you — the person who bought the annuity — do not withdraw any income. Please note: I said that income was deferred, not forgiven and certainly not forgotten by the IRS. If you withdraw money from the annuity, then you will owe income tax on that portion of what you withdraw which is interest — that is, which is not part of the original principal you put in at the time you purchased the annuity. (You will get a 1099 at the end of the year that breaks down what you withdrew into principal and into interest income.)

If you die owning the annuity and if you have never withdrawn anything from it, then all the funds in the annuity that are over and above the original cost to you, is income taxable to the beneficiaries of the annuity. In fairness to the financial advisor you spoke to he is somewhat correct. You will not have any income tax to pay; but that is only for so long as you don't withdraw any income from the annuity that is over and above the original cost of it. And he's somewhat correct when he said that if you died and never withdrew anything from the annuity you would have not income tax obligation. But, he forgot to add that although you wouldn't have any income tax obligation if you died never having used any of the annuity, the beneficiaries of the annuity most certainly would.

**Q.** I understand that the step-up in basis has been eliminated by the new income tax rules. Is this true?

**A.** Yes and no. The step-up in basis is still in effect but will end in 2010. However, if Congress does not continue the existing exemptions, then in 2011, everything will be re-instated. In other words, the step-up in basis ends on Jan. 1, 2010, but begins again on Jan. 1, 2011 — unless Congress changes it. (Sigh.)

**Q.** Here's a Civil War legal question for you that could be interesting in light of the situation since Sept. 11. Is it or is it not true that President Abraham Lincoln repealed the right of habeas corpus during the Civil War? Can you see a parallel to present day events?

**A.** The right of habeas corpus is the right of an incarcerated individual to go to court and obtain a court order (a Writ of Habeas Corpus) issued by the court which requires the agency holding the incarcerated individual to produce him or her (Habeas corpus literally means "have the body") and then to show cause why the incarcerated person should not be set free. During the Civil War, there were several instances where persons

who were considered to be enemies of the federal government were arrested and held without bail and without bringing them to court for a trial. It is true that President Lincoln suspended the right to obtain a Writ of habeas corpus. In defense of this action, Lincoln stated that he did not believe that the U.S. Constitution required the government to commit national suicide. He eventually rescinded his order and habeas corpus was permitted. Based on the facts of then and now, I, personally, don't see any parallel between the two situations; but this is definitely not a political column and it isn't going to be, so I leave it to my readers to decide that issue for themselves.

*Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla., 33777; (727) 545-8114 or at On Top of the World, in Clearwater. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at [gcolen@tampabay.rr.com](mailto:gcolen@tampabay.rr.com) or through his Web site: [www.gcolen.com](http://www.gcolen.com).*

### Golden Oldies Humor

by Stan Goldstein



'If swimming is so good for your figure, how do you explain whales?'

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*formerly known as Central Florida Symphony Orchestra*



## September 20, 2008

Doors open at 6 p.m. - Show starts at 7 p.m.  
**Admission: Residents \$20 Non-residents \$25**

*Enjoy complimentary champagne during intermission.*



Now in its 31st concert season, the Ocala Symphony Orchestra will perform a chamber orchestra concert with outstanding musicians from our community and the finest music schools throughout the region. Ocala Symphony Orchestra is dedicated to serving central Florida with the highest quality in musical experiences.

In this performance hear favorites from Bach, Respighi, Mozart and a surprise selection for On Top of the World residents. You won't want to miss this classical evening!



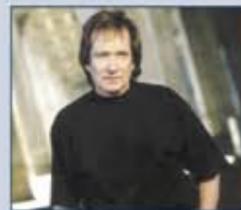
**Buy your tickets online\* at [www.CSCulturalCenter.com](http://www.CSCulturalCenter.com) or at the ticket office.**



**The Flamingos**  
 Saturday,  
 September 13, 2008  
 Residents —  
 Gold \$19 Silver \$17  
 Bronze \$15



**Mickey Finn Show**  
 Saturday,  
 September 27, 2008  
 Residents —  
 Gold \$17 Silver \$15  
 Bronze \$13



**Billy Joe Royal**  
 Saturday,  
 October 11, 2008  
 Residents —  
 Gold \$20 Silver \$18  
 Bronze \$16



**On Top of the World Craft Fair**  
 Saturday,  
 October 18, 2008  
 10 a.m. - 2 p.m.  
 FREE



**Stage Door Theatre Presents...**  
 "Driving Miss Daisy"  
 Thurs., Oct. 23, through  
 Sun., Oct. 26, 2008  
 Dinner starts at 6 p.m.  
 Residents — \$35



**Joey Dee & The Starliters**  
 Saturday,  
 November 8, 2008  
 Residents —  
 Gold \$19 Silver \$17  
 Bronze \$15



**Dueling Divas**  
 Saturday,  
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Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. \*Online tickets subject to a convenience fee.



**All Around  
Our World**  
Lynette Vermillion

Labor Day is Sept. 1 this year. The holiday began in 1882, originating from a desire by the Central Labor Union to create a day off for the "working man." It is still celebrated mainly as a day of rest and marks the symbolic end of summer for many. This is a great opportunity for me to recognize our employees and thank them for the teamwork and cooperation needed to effectively maintain our beautiful community.

Please note that Customer Service will be closed on Labor Day.

#### Bay Laurel Center CDD Workshop

On Aug. 20 we hosted a Bay Laurel Center CDD workshop at the Cultural Center. Topics included water conservation, conservation rates, and lawn care tips.

Many thanks to Phillip Hisey, Landscape Professional and Robert Colen, Warranty Manager, for their presentations and valuable information.

Residents were reminded to check for water leaks and to not assume, because they do not see evidence, there are no leaks. They were also reminded to monitor their irrigation controllers for length of time and once per week settings. Power surges can cause the controller to reset. Making sure the appropriate amount of water is applied helps conserve and reduces the water consumed. Residents may contact Customer Service for more information about our Water Leak Detection Program.

#### Cart Path to Publix

We have had many inquiries regarding the proposed cart path to the new Canopy Oaks shopping center. Residents should follow the cart path when completed to enter Canopy Oaks. Cart operators must obey all Florida drivers handbook traffic rules which includes coming to a complete stop at all stop signs, yielding to others when appropriate, etc.

#### Re-Roofing Schedule

Schedules are based upon several factors: return of all authorization forms for the building, street location of working proximity, and roofs which are showing the most wear will take priority. The following buildings are scheduled to be re-roofed within the next 90 days (September through November). Buildings: 2209, 2210-1ABC, 2210-2DEF, 2219, 2221, 2222, 2239, 2241, 2243, 2245, 2400, 2405, 2408, 2411, 2416. Due to unforeseen weather conditions we cannot provide specific start dates. The schedule is also posted on [www.otowinfo.com](http://www.otowinfo.com).

#### Trees

Here are five very good reasons to save trees and there are probably many more.

1) Trees clean the air. Tree foliage works as a natural air filter of particle matter such as dust and pollutants that collect on the leaf surfaces until washed to the ground during a rainstorm. Trees take in carbon dioxide and produce oxygen during photosynthesis. Trees have a significant impact in reducing overall air pollution.

2) Trees improve water quality. Tree canopies and root systems slow and reduce stormwater runoff, flooding and erosion. Trees help filter water runoff, reducing potential sources of water pollution into our rivers and storm drains.

3) Trees save energy. Trees cool the air naturally in two ways: through water evaporating

from the leaves and direct shade. Homes shaded by trees need less energy for cooling, which means lower utility bills in summer.

4) Trees raise real estate value. Shaded neighborhoods and well-landscaped yards have a positive economic influence on real estate values and timeliness of house sales.

5) Trees protect homes from wind damage. According to studies by the Institute of Food and Agricultural Sciences at the University of Florida, tree canopies diffuse wind force thereby protecting buildings from significant wind and wind-driven rain damage.

#### Entrance Gates

As a courtesy to the gate attendants, please turn off your windshield wipers when stopping at the entrance gates.

Please do not fail to stop at the stop sign when entering the gate at Candler Hills. Many people violate this traffic sign by not stopping or briefly pausing, which may prevent them from seeing traffic exiting the golf/restaurant area. We ask that all residents and employees abide by traffic rules, and please come to a complete stop at every stop sign.

#### DCM Cable

DCM Cable has acquired a new technical service provider to support our customers. As we make technical updates to improve our service, we will publish the information on Channel 12 so that you will know of any possible impacts on

your service. We are working to continually improve our entertainment offering and look forward to providing exceptional service and support to our customers.

#### Candler Hills and Indigo East

#### Yard Debris

Please be advised that starting on Sept. 3 yard debris pick-up day will change from Thursday to Wednesday of every week. We ask that you place your yard waste on the curb the day of pick-up only and please do not include any other waste or animal feces. Thanks for helping keep the community looking neat.

#### Waste Management Labor Day Service

Attention Candler and Indigo residents: Waste Management will not have scheduled trash pick-up on Labor Day, Monday, Sept. 1. Normal trash pick-up will resume on Thursday, Sept. 4.

National Grandparents Day is Sept. 7. I will miss spending the day with my four grandsons who call me Grandma Nettie. We have the opportunity to celebrate many holidays during the year and this recognized day is one that is sometimes forgotten. So, to all our grandparents, let me wish you a very special and happy day.

The first day of fall is Sept. 22 in which night and day time will be of equal length. This is the hopefully the start of some cooler weather. ☺



## Gustav ... Hanna ... Ike...

Are you prepared?

**Ontopoftheworldinfo.com** has a Hurricane Preparedness section with links to printable tracking maps and preparedness checklists and other handy information.

# Happy Hour in August Draws Out the Stars

By DEBBIE CLARK  
ACTIVITIES DIRECTOR

The Hollywood Night Happy Hour was a huge success. Groucho Marx was the master of ceremonies for the evening, a.k.a. Dave Guildford.

I would like to thank the residents who came dressed as their favorite Hollywood star. We had Rhett Butler and Scarlet O'Hara all the way from the south to Marilyn Monroe. Lucy Ricardo was there with her Vitamin K trying to get us all to take our vitamins.

The music for this evening was outstanding with entertainment being provided by Tomaura, who even sang "Happy Birthday" to our starlet incognito, a.k.a. Martha Evans.

We had a contest for the best costume. The seven winners are:

- Lucy Ricardo: Janet Leonhardt
- Scarlet O'Hara and Rett Butler: John and Annette Ware
- Marilyn Monroe: Pat McKenney
- I Dream of Jeannie and Major Tony Nelson: Dotty Baird and Don Doenges
- Barbara Streisand: Grace Raymond
- Sonny Bono: Albert Bublit

Once again, Dave and I thank you for joining us for the evening. We look forward to seeing you at the next themed Happy Hour that will be Sept. 12. The theme for this evening will be the Tacky Tourist. ☺

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**Interior Home Care**  
Dennis Hisey

**Indoor Air Quality Maintenance**

Several residents have asked me about the need for Germicidal UV lights (UV-C) to kill mold in the air conditioning system, especially after one was recommended by their A/C service technician to kill the mold in the air conditioning system.

You may ask yourself, "How can a light kill microorganisms?" But, the truth is, it can. Mold and mildew can't grow on a well-lit sidewalk because the sun's rays won't let it. UV lamps imitate the natural disinfectant action of the sun's rays.

Following are some facts about Germicidal UV lights (UV-C).

Germicidal ultraviolet light (UV-C) has been used for killing harmful microorganisms and disinfecting drinking water for nearly 100 years. It was first introduced for this purpose in Marseilles, France, in 1908 and is now widely used throughout the world in a variety of applications: dairies, meat storage/processing plants, kitchens, bakeries, animal labs, hospitals and other places where microbiological contamination is an issue. Many of these microorganisms are the same ones that cause the indoor air quality prob-

lems in our homes and offices. Advancements in technology and manufacturing have led to the development of UV-C systems for use in both residential and commercial central air systems.

Ultraviolet light represents the frequency of light between 200 nanometers (nm) and 400nm that cannot be seen with the naked eye. The germicidal UV light (200nm to 280nm), or UV-C, is effective for use in microbial control. UV-C light systems are a proven method for reducing these bacteria, viruses, yeasts and molds. A properly installed UV-C system will contribute significantly to the reduction of the small microbial organisms that pass through filters and into the general air stream.

Several medical studies have shown that using germicidal ultraviolet air disinfection has proven effective in reducing the spread of tuberculosis, measles, influenza, smallpox and controlling infection in operating rooms.

Since the early 1970s, construction practices and materials have been constantly reevaluated in an effort to help us conserve energy. Unfortunately, the actions taken to make our homes, offices and buildings more energy efficient resulted in a more serious problem. Studies show that air pollutants are now two to five times higher, and up to 100 times higher indoors than outdoors, a startling statistic considering that we spend 90 percent of our time indoors. Headaches, nausea, respiratory problems, wheezing, coughing, and eye, nose and throat irritations are just a few symptoms that have been associated with poor indoor air quality.

The UV-C light emitted by the system penetrates the cell walls of a microbe, rearranging its genetic structure by severing the bonds within its DNA strand, thus neutralizing the affected microbe and rendering it unable to reproduce. Intensity and exposure time determine how quickly a susceptible microbe is disabled by UV-C light.

UV-C lights are energy efficient, easy to install and maintain, and are designed to fit into a wide variety of locations and applications. Most HVAC contractors recommend installation of the fixtures in the supply or return ductwork for airborne microbial protection. The preferred fixture location however, is in or near the cooling coil where microbial growth is most likely to occur. UV-C fixtures installed in this area can provide effective control of mold and bacteria growth on the coils and drain pans because of continued exposure.

There are many types and manufacturers of Germicidal UV-C products out there; "two-bulb" systems, ozone-producing systems, UV-C air purifying filter systems, etc. ... and they'll range in price anywhere from \$100 to upward of \$1,000.

When choosing a UV-C system, pick one that ultimately suits your particular needs and have the air conditioning company install it for you. By having the contractor install the fixture you can ensure that the system was installed to manufacturer's specifications and the remaining warranty on the system will not be affected.



**From Debbie's Desk**  
Debbie Clark

Here we are into September. What a wonderful time. The seasonal residents are all starting to return and events are beginning to pick up again. The clubs that have taken the summer months off are restarting again and everyone will be so busy. Speaking of the On Top of the World clubs, please mark your calendars for Sept. 25 as the second annual Club Faire will be taking place in the Health & Recreation Ballroom from 10 a.m. to 1 p.m. This is a time to actually see all the different clubs that are offered here in your community. We have so many exciting and activity-based clubs to join and it is also a wonderful way to meet your neighbors and make new friends. Doughnuts and coffee will be available for sale provided by the SPCA.

Join your neighbors and make new friends at the Friday night Happy Hours at the Arbor Club. We have a great lineup of entertainment for the month of September. Dave has come up with the greatest theme yet, the Tacky Tourist evening. I cannot wait to see what many of you come up with for this one. The lineup for September is as follows:

- SEPT. 5: Roger
- SEPT. 12: Themed Happy Hour: Tacky Tourist

with Barry and Nancy

- SEPT. 19: Ray and Kay
- SEPT. 26: Tomaura

The trips for the month of September. include:

• SEPT. 11: Seminole Hard Rock Hotel and Casino trip at a cost of \$20 per person that includes round-trip transportation, \$25 in free play and \$5 lunch voucher.

• SEPT. 16: The last baseball trip for the season at a cost of \$55 per person including round-trip transportation. The Rays will take on the Boston Red Sox. Since this is an evening game, we will be leaving On Top of the World at 3:30 p.m. For those of you who like to know what area, we will be sitting in Section 129.

You may register for both of these trips at the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m.

Looking further ahead to October, mark your calendar for the following:

• OCT. 18: Annual Craft Fair at the Circle Square Cultural Center and also outside at the Circle Square Commons. This is a great time to come out and start your Christmas shopping or to pick up a unique item that you have been looking for such as a one-of-a-kind piece of jewelry or bronze sculpture for your wall. The fair will be from 10 a.m. to 2 p.m.

• OCT. 24: The Bi-Annual Rags to Riches event will be held at the Arbor Conference Center from 9 a.m. to noon. This is a great time for you to clear out your attic or garage and sell those unwanted items. Registration for this will open on Tuesday, Sept. 2, and the cost of a table is \$6. You may register at the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m. Coffee and doughnuts will be for sale by the lovely ladies of the SPCA.

• OCT. 21: The monthly trip to Seminole Hard Rock Casino. Theresa is already taking reservations for this trip, so if you are thinking about registering, please do so as soon as possible as these trips tend to fill up fast.

One reminder: when grandchildren or guests are utilizing areas such as the pool, shuffleboard courts, miniature golf, or the bocce courts: please be there to supervise them and to assure that they are utilizing the equipment properly.

As always play safe and have fun! ☺

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**Hospitality**  
Linda Tiffany

**Candler Restaurant**

While our staff creates an inviting tropical atmosphere, and the sounds of island music, Motown and the sixties fill the air, residents enjoy a fun night at Candler Restaurant's Wednesday Cookout Buffet. The buffet is served every Wednesday from 4 to 8 p.m., featuring steak, chicken, spare ribs, baked potato, coleslaw and baked beans for \$11.95 plus tax and gratuity. Come out and join the fun every Wednesday!

Italian Night, every Monday from 4 to 8 p.m. features the sounds of Pavarotti and Bocelli, and other Italian favorites, plus a fabulous buffet consisting of:

- Garden Salad with choice of dressing
- Assorted pasta
- Alfredo and marinara sauces
- Sausage and peppers
- Meatballs
- Lasagna
- Each week will feature a special entrée as well

• Chef's choice dessert  
The buffet is \$11.95 per person plus tax and gratuity. Italian Sangria is available by the glass for \$2 or by the carafe \$5. Come and savor the atmosphere and the great pasta delicacies!

• Breakfast Buffet, 8 to 10:30 a.m.: Featuring a variety of quiche, cereal, fresh fruit, muffins and pastries, coffee and juice, \$6.95 plus tax and gratuity. The Sunday buffet will be the same price, and will include all of the daily items, as well as

eggs, bacon and home fries.

• Lunch, 11 a.m. to 3 p.m.: Choose from Asian Chicken Salad, Braised Spare Ribs, Grilled Chicken Sandwich, Hearty Two Bean Chili, Quiche of the Day, Reuben Sandwich and much more.

• Bar Menu, 3 to 8 p.m., Monday through Saturday; 3 to 5 p.m. on Sunday: Enjoy Fish & Chips, Deluxe Cheeseburger, Philly Steak & Cheese, Chili Cheese Nachos, Braised Spare Ribs, Teriyaki Chicken Wings and Chili Cheese Dog; \$6.95 to \$8.95.

**The Pub**

New hours: Monday, Tuesday, Thursday and Friday open from 8 a.m. to 4 p.m.

Open from 8 a.m. to 6 p.m. on Wednesday and 8 a.m. to 3 p.m. on Saturday.

The Pub is closed on Sunday.

Daily breakfast specials, served 8 a.m. to 11 a.m. \$3.25 to \$4.95.

Special feature every Wednesday:

• First Wednesday of each month: Prime Rib; lunch, 11 a.m. to 4 p.m., Open-faced seven-ounce Prime Rib, \$8.95; dinner, 4 to 6 p.m., 10-ounce Prime Rib, \$11.95.

• Second Wednesday, 11 a.m. to 6 p.m. 1/2 Baked Chicken Dinner, \$8.95.

• Third Wednesday, 11 a.m. to 6 p.m., Meat Loaf \$8.95.

• Fourth Wednesday, 11 a.m. to 6 p.m., Open-Faced Roast Beef, \$8.95.

Large groups in the Health & Recreation Ballroom planning to use The Pub bar during Pub hours please call 861-9188 and advise the date, time and number of guests, three weeks in advance so we may schedule extra staff. If your event will take place outside of Pub hours, kindly call 861-9188 to schedule a bartender. Your cooperation is greatly appreciated. ☺

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For information call Helmut @352-861-9969  
See our website: www.TempleBnaiDarom.org

**Reach To Recovery Provides Support**

Reach to Recovery is one of the many American Cancer Society's programs to provide support for women and men facing or living with breast cancer. Reach to Recovery volunteers are breast cancer survivors who are trained to give free one-on-one support and information to help persons cope with their breast cancer experience.

A patient and volunteer may meet face to face or by telephone. Volunteers provide up-to-date information, educational literature, as well as descriptions of the many services available to the breast cancer patient. Volunteers serve as role models — people who have not only survived breast cancer, but continue to live a productive life.

Currently living in On Top of the World Communities, there are at least four trained volunteers available to offer comfort and support to breast cancer patients.

- Anyone who is:
- recently diagnosed with breast cancer,
  - facing a possible breast cancer diagnosis,
  - undergoing surgery, radiation, chemotherapy or
  - considering breast reconstruction

A breast cancer survivor having completed treatment is eligible to receive services from the Reach to Recovery Program.

For more information or to talk with a breast cancer survivor, contact Mae Bachtel at 237-9035. ☺

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**Keeping It Green**  
Phillip B. Hisey

With the peak of hurricane season, some residents may still be concerned about tree care. For the most part, many of the trees within the community are somewhat protected. The majority of the winds that these trees are subject to is in the upper canopy. What this means is that the trees are not stuck out in the open where the full force of the wind is directly working against the entire tree. Houses, other trees, landscape and commercial buildings all have positive effects on slowing the winds down, keeping major tree failure to a minimum. Upper canopy winds will still damage trees but typically smaller lateral branches and not main branches supporting the majority of the tree's foliage. Now with that said, trees do fail and there is not a single proven way to determine if a tree is hazardous or dangerous. Professionals can only make educated decisions about tree health and abatement.

Has everyone seen the tree that was beautiful one day and the next day it looked like a hat rack? This tree is the product of an uneducated arborist and a homeowner that just paid lots of money for a future headache. This is better known as topping and is not an approved method for tree trimming. As a matter of fact, in some counties around the nation, topping a tree can actually be seen as an act of negligence by the county or city and be grounds for a company to lose its business license. Topping trees is particularly bad because it causes an overabundance of growth at the point of the cut. With the overabundance of growth there is little room for proper branch attachments and decay in the main branch is often associated with the cut. Improper branch attachments and decay is a recipe for disaster.

Another form of improper pruning often seen in the community is "lion tailing" or "over thinning." This is fundamentally the removal of

too much of the interior lateral and secondary branches, causing the majority of the branch weight to be on the ends of the branches thus giving it the resemblance of a "lion's tail." This method is also particularly dangerous for tree health due to the unbalanced load the tree is enduring during a wind event. Tension and compression are forces a tree's branches will see during a wind event and with the majority of the branch weight at the ends, these forces often tend to be accentuated causing failure. Another problem with "lion tailing" is the surplus of epicormic shoot growth on the main branches. You would probably refer to these as suckers. Epicormic sprouts form on stems and branches typically in the older wood and can result from the heavy pruning.

If you are considering pruning a tree, first take the time to investigate the contractor, find out if he or she is licensed and insured to do tree work. Many "tree surgeons" do not pay insurance premiums that a tree company should so they often do not carry the proper liability for the industry.

Secondly, make sure the contractor is a certified arborist with the International Society of Arboriculture. This association tests an individual's knowledge and mandates that the individual maintain continued education in the industry.

Lastly, if a contractor mentions "topping," "lion tailing," or "aggressive or over thinning," run!

Before you begin any work, visit Customer Service and get a modification form completed and make sure you are granted permission from the association before you trim or remove the tree. There have been instances where residents have removed trees in the past without permission and as a result had to replace the tree. ☹

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**Birders' Beat**  
Jane Callender

September arrived too fast! The next meeting of the Unique Birders will be Tuesday, Oct. 21, after our snowbirds return. For further information please call Roberta Campbell at 854-4814, or me, at 861-2983.

Sandra Marraffino of Dunnellon was able to get an excellent picture of this elusive bird: the Prothonotary Warbler. This warbler is a three and a half inch plump, short-tailed woodland swamp bird with a long bill.

The Prothonotary Warbler nests in tree cavities or abandoned woodpecker holes, preferably near water. It lines the hole with plant fiber and moss and lays three to six pinky white, grey spotted eggs. The female incubates the eggs for two weeks and the young leave the nest 10 to 12 days after hatching.

The Prothonotary Warbler sings high in the trees, and uses its thin, sharp bill to pull insects and spiders from their hiding places. ☹

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**Women of the World**  
Terri Molnar

The Women of the World board of officers and chairs have worked tirelessly over the summer to develop exciting plans for our 26th year of operation. 2008-09 promises more than one surprise for our members.

Many members have taken advantage of dues pre-payment, for which we thank you. Your receipt is in your nametag. These names tags will be on a separate table at the September meeting, so you can avoid the long line.

Those who will be registering on Friday, Sept. 5, may want to come a few minutes early. Have your check ready, fill out a contact card (some on each table) and head to the back tables.

Our refreshment committee will be ready to add to the ambiance of our first meeting. Do spend some time renewing acquaintances and meeting new members over a cup of coffee, glass of ice tea or perhaps lemonade.

We will be participating in the Club Faire on Thursday, Sept. 25, from 9:30 a.m. to 1 p.m. Members are needed to help. If you are available to help, please sign up with Marsha Vieu, first vice-president.

Members will also be needed to help with the annual Rags to Riches sale that will be held on Oct. 24. If you can volunteer or need more information, please sign up with Nancy Grabowski, board president/chair.

We look forward to seeing you at the Arbor Conference Center, Suites E, F, G and H on Sept. 5. Come early and enjoy!

To continue introducing your new board and chairpersons:

Bea Maxwell, one of our 50/50 hostesses, and her husband Bob come to us from Pennsylvania. Before retiring, Bea was an administrative assis-

tant. They have resided n On Top of the World for seven and a half years. She became involved with WOW to enjoy other women and to help those in need. She is an active member of the Pennsylvania Club and the Red Hat Society. She also enjoys all types of needlework, dancing and crossword and jigsaw puzzles. Bea is most passionate about her family and friends.

Our first vice-president, Marcia Vieu, and her husband Henry hail from Dayton, Ohio, and have been residents of On Top of the World for three and a half years. Marcia worked in the legal field, held several court positions, as well worked as a legal assistant and paralegal for 32 years in a private law firm. Marcia was invited by Nancy Grabowski to attend a WOW meeting and found it interesting and the women very nice. She was drawn to the club by the charity work we do. She is a member of the 100 Grandparents, plays mah jongg, bridge, bowling, water aerobics, stretch and fusion classes. Marcia enjoys the Ocala Civic Theatre, movies, dining out and playing games with friends along with spending time with her children and grandchildren. Her greatest passion is the health and welfare of children.

Nancy Grabowski, our president, and husband Peter are originally from Buffalo, N.Y. They moved into On Top of the World three and a half years ago. Both Nancy and Peter are former teachers. Nancy has also worked in a bank, in a grocery store, as a camp counselor, and caregiver to her mother, father and her stepfather. She became involved with WOW because of the idea of helping local charities and meeting new and interesting people.

She is involved in water aerobics, line dancing, stretch, conditioning classes, 100 Grandparents, mah jongg, Ocala Civic Theatre and bridge. Her favorite holiday is Christmas and she goes all out to decorate her home.

Her greatest passions are family, friends, the causes of child welfare, and the environment. Nancy is a people person who can honestly say she has never met a stranger.

Your humble secretary and her husband Steve moved here three and a half years ago from Southgate, Mich. Before retiring, I worked with HUD in subsidized housing for 25 years.

I became involved with WOW because of Nancy Grabowski. I was intrigued with the idea of working to raise monies for local charities and children. I enjoy reading, writing, and my greatest passion is my family. My husband and I have two grown children and one grandchild, Ella. ☺



**Bloodmobile**  
Don Pixley

We were again below our number of donors we need; the snowbirds are sorely missed. We hope our October drive will show a great increase in the number of participants.

Seldom, if ever, does anyone needing human blood to survive or recover from a serious illness, become aware of his or her need very far in advance of his or her requirement. Storing blood

is the obvious answer.

If we just ignore the pleas for donations until we or a family member, friend or neighbor fall victim to a serious injury, illness or life threatening situation, how can we be certain "someone else" has helped meet the need of our Marion County hospitals blood supply? Think about it!

The following 40 residents of On Top of the World did and responded to the Aug. 11 drive:

William Boone, George Borgia, Rosemary Borgia, Hermanus Bosschaart, Kay Breyfogle, Margitta Claterbos, Don Conroy, Lori Conroy, Carla Donoff, Virginia Duncan, Donna Fey, Julius Fey, Rosalie Fridello, Belinda Greene, Ralph Harris, Joy Harter, Henry Hawkins, John Hood, Ruth Kinney, Diane Kirol, Edward Kloozen, David Knarich, Edward Lalonde, Beatrice Maxwell, Carol Mayer, Thomas McHaffie, Karen McNeeley, Dorothy Metcalf, Don Pixley, Joyce Pixley, Joan Rappa, Marie Roppel, has given more than 20 gallons; Bruce Roxburgh, John Sehler, William Sides, has donated more than 27 gallons; Florence Soens, well over 11 gallons; John Strauss, Jodi Szmanski, Eugene Wheeler and Carl Zeiler.

Please note we have several couples responding to the need, why not team up with your spouse or friend and come over to the Big Red Bus at the Health & Recreation parking lot, Oct. 6, 7:30 a.m. to 2:30 p.m.

You will feel rewarded! ☺



**Ocala Clown Express**  
Kathy & Charlie Petrosky

I can't believe it is September already! The "lazy, hazy days of summer" are almost gone. With that comes a startup of more activities for the Ocala Clown Express.

By the way, if you are thinking of joining us, now is a great time as we are starting back on our regular meeting schedule. The first Monday is our business meeting. The third Monday

we focus on some training issues. So, if you are interested, call our president, Dotsy, aka Carol White, at 873-9223. We meet at TimberRidge in the Collins Resource Center on the first and third Mondays.

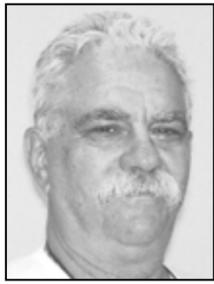
Cricket and Ferrell Van Horn arranged for us to entertain at Hampton Manor West. Everyone had a bell or tambourine. We brought some music with us. You should have heard the residents singing. What a joy to see a few get up and dance. Smiles were everywhere. One of the resident's name is Rose. She danced with Toot and everyone sang "My Wild Irish Rose." The "Beer Barrel Polka" really made for happy feet!

We were thrilled to be asked to come to Munroe Regional Medical Center to entertain the staff on Aug. 13. Those of us who do the hospital program always enjoy clowning as we go over to the main building. We chat with visitors and staff and have a few laughs with them. Sometimes we get our pictures taken. On this day we were able to devote our attention to the staff and just bring some laughter to those who do such good work for the sick.

Sept. 4 will start up our hospital program. We will return to hospice. Our other events will be starting as well.

We are anxious to really start up again. Maybe you want to start up with us? You can always call Dotsy, Carol White, at 873-9223 or Rosey Nosey, aka Marge, at 291-0077. Why not come and join us at a meeting and see if this is something you might like to do!

Gum Drop and Toot



**Social Club**  
Mort Meretsky

Last call for the Dec. 7 cruise with Larry and Margaret. It's almost sold out so if you still want to join them, please book now. Promenade and balcony cabins are sold out. Total price including tax, port charges, and government fees are \$751.77 per person for inside cabins and \$960.77 per person for outside cabins. There will also be a fuel surcharge, which is unknown at this time. There are 10 seats left on the second bus. This cruise is open to all On Top of the World residents. For additional info, call Larry at 861-0601, Margaret at 854-7306, or Affordable Travel, toll free, at 1-877-553-8537.

I hope everyone coming to our chicken picnic on Friday, Sept. 19 has already contacted Marie Polombo. She and Carmine have to start cooking and they have to know how many people to cook for. There will be no games scheduled for this date. If you want to play any games bring whatever you need with you.

See y'all on the 19th. ☺



**D'Clowns**  
Paula Magen

September: thoughts of Labor Day, the kids back in school, the Beijing Olympics, the Tennis U.S. Open in New York and the Jewish High Holy Days and the return of D'Clowns after the summer off. It will be good to return to clown-

ing around even with our grease paint, costumes and wigs. We've already gotten several requests from assisted living residences and nursing/rehab centers. We plan to increase our visibility in the coming months and visit more places where smiles and laughter are needed.

D'Clowns will be participating in the Annual On Top of the World Club Faire on Sept. 25. We hope to attract some new clowns — boys included.

I have ordered a DVD from the Southeast Clown Association of the skits performed there. We will review them for new skit ideas.

Speaking for myself, I have been clowning for around 10 years and love doing it. "Times flies when you're having fun." Our dedicated and unique group does so many neat things at so many different places, including children's fairs.

We are a fun group with members who will be happy to teach you what you need to know and you will be hooked as we are! We know that there's a clown inside you just bursting to come out. Why not share that talent while cheering someone up.

Come to our meetings on the first and third Monday in Suite B of the Arbor Conference Center at 1:30 p.m. Info? Paula Magen at 873-3433. ☺

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**Handicap Equipment**

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.

If residents would like to donate equipment, it would be most helpful.

For more information, call the Health & Recreation Department at 854-8707.

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**SATURDAY, SEPT. 20 • 8:30-10:30**

Health & Rec Parking Lot — Under the big tree!

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Shutterbugs member Joan Gattozzi took this photo.



**Shutterbugs Photography**  
Marilynn Cronin

ShutterBugs — On Top of the World Photography Club is already planning for the November exhibit. Remember, you must be a member to enter your photos. The exhibit will be the week of Nov. 3 through 7. Reception will be on Tuesday, Nov. 4.

Tom Frostig continues to teach us Photoshop Elements 4 through 6 on the first and third Tuesdays of the month. On the second Tuesday of the month, we have changed our format to be about critiquing photos members have taken during a shoot-out and/or the challenge of the month, under the direction of Mike Gattozzi. What a great way to learn!

Next month's field trip will be a boat ride along the Withlacoochee River. The challenges and field trips are opportunities to learn about our cameras and photography, as well as observe

during the monthly show 'n tell how we frame/see the same subjects from different perspectives. The fieldtrips have been a wonderful venue to get to know each other

**Photo Tip**

**COMPOSITION:** Pictures don't just come out looking right. If you look at some of the pictures you especially like, you will notice that the way the picture was composed probably has a lot to do with it. What we mean by composition is how you place your subject on the blank canvas (that's your 4x6 (or 5x7 or 8x10).

**RULE OF THIRDS:** If you mentally divide your screen into three horizontal and three vertical sections, where the lines intersect are focal points. Focal points are what the eyes naturally seek out when they look at a photograph. It therefore stands to reason that a focal point is a good place to position our main subject. It's not a hard and fast rule; so don't go bonkers trying to place your subject right at a focal point. As I am fond of reminding people who insist on others strictly obeying rules, "Rules are made to serve us, not the other way round." The upper and lower horizontal lines also make for a good division of where approximately to put the horizon depending on whether you want more land (or sea) or more sky.

ShutterBugs—On Top of the World Photography Club stresses education, sharing and fun! The ShutterBugs meet on the three Tuesdays of the month with a field trip on the fourth Tuesday (no meeting if there is a fifth Tuesday) at 3 p.m. in Suites B and C of the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join.

Visit us at [www.otowspc.com](http://www.otowspc.com) and see what we are all about — contact info, links, events, field trips, etc. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at [bugs@otowspc.com](mailto:bugs@otowspc.com).

**Bus Schedule**

PICK-UP	ROUTE	TIME
Williamsburg	90th St - 91st Ct E - 91st Ct W	8:45 am
Providence	90th St - SW 96 Ter - SW 92nd Pl Rd - 96th Ct Rd	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - 99th Ave - 96th St	8:58 am
Americana Village	89th Ct Rd - 85th Ter Rd	9:02 am
Friendship Village	96th Lane - 84th Ter - 93rd St	9:06 am
Friendship Colony	83rd Ter - 90th St - 87th Ave - 97th St	9:10 am
Friendship Park	97th St - 94th Lane	9:14 am
Friendship Village	89th Ct Rd - 92nd St	9:16 am
Health & Rec.Center	At Bus Stop Sign	9:20 am
Circle Square Cultural Ctr.	At Bus Stop Sign	9:39 am
Indigo Community Center	Parking Lot	9:43 am
Exit Community		9:45 am

**OCALA RUN: MON., TUE., WED. & THUR.** **ARRIVE PICK-UP**  
\*\*\*\*\* FRIDAYS RESERVED FOR SPECIAL EVENTS & TRIPS THAT WILL BE ANNOUNCED ON TV CHANNEL 17 \*\*\*\*\*

1ST Run	TIME	2ND Run	TIME
Jasmine Square..... (Mondays Only)	10:00 am	11:20 am	
Barnes & Nobles.....	10:00 am	11:25 am	
Lowes.....	10:05 am	11:30 am	
Paddock Mall.....	10:10 am	11:35 am	
Goodwill Store.....	10:13 am	11:38 am	
Wal-Mart.....	10:16 am	11:41 am	
K-Mart.....	10:20 am	11:45 am	
Target.....	10:24 am	11:49 am	
Gateway Plaza.....	10:30 am	11:55 am	

Wednesday Lunch Day..... Restaurant Location Posted In Bus	12:00 pm	1:25 pm
Paddock Mall.....	12:05 pm	1:30 pm
Wal-Mart.....	12:09 pm	1:34 pm
K-Mart.....	12:13 pm	1:38 pm
Target.....	12:17 pm	1:42 pm
Barnes & Nobles.....	12:22 pm	1:47 pm
GROCERY STOP..... LAST STOP OF DAY..... 30 MIN. SHOPPING TIME.....	12:30 pm	2:00 pm
(NO Grocery Stop On 2nd & 4th Wednesday)		

Grocery Run..... Every Monday..... (FUBUX OR WHN-DOSE)..... 4:40pm ..... 5:40pm

**EVERY Tuesday Supper Get-A-Way..... Pick-Up & Drop Off At Rec.Center..... Depart @ 4:30 pm**  
CALL TO MAKE YOUR RESERVATION..... ONLY 3 SEATS AVAILABLE EACH WEEK!  
RESTAURANT LOCATION POSTED IN BUS ON TV CHANNEL 17, OR CALL NUMBER BELOW

Sara's Club..... 2nd & 4th Wednesday Of The Month ..... 2:10pm ..... 3:50pm  
Beats & Wal-Mart ... ( Hwy 200 W ) ... 1st & 3rd Thursday Of The Month..... 12:30 pm ..... 3:30 pm  
( 1st Run Only On These Days - 2nd Run Big Lots, Beats & Wal-Mart )

**TO SUBMIT A REQUEST FOR A SPECIAL GROUP TRIP OR EVENT, PLEASE CONTACT HEALTH & RECREATION DEPT. AT LEAST 30 DAYS IN ADVANCE...ALL REQUEST WILL BE CONSIDERED.**  
For Information Or Reservations Call Health & Rec. @ 352-854-8707 ext.10  
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**Dance Committee Presents Country Swing on Sept. 20**

The Dance Committee is back for the fall season and it all begins with our annual country/western dance that will appeal to everyone. We hope that all the dancers that have been enjoying their summer will return to the Ballroom for this wonderful evening with us.

**DATE:** Sept. 20  
**TIME:** 7 to 10:30 p.m.  
**FEATURING:** The Silver Star Band  
**DRESS:** Casual or country  
**PRICE:** \$6 per person  
Tickets go on sale in the Health & Recreation Ballroom starting on Monday, Sept. 1 from 8 to 10 a.m. and will continue every Monday, Wednesday and Friday until all are sold.

There will be a singles table available for those who want to join friends there.

There will be a cash bar. We hope you have read your World News and discovered that there will be two-for-one drinks and low prices for all bar items at all events that are happening here at On Top of the World. We also remind you that no coolers are allowed in the Ballroom. Remember that this dance is for all residents of On Top of the World including Candler and Indigo East and their overnight guests. There will be no refunds for tickets for this dance. Hope we see you at this event.

For additional information, please contact Gordy at 854-7981.

**Friendship Catering**  
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**Fitness Happenings**  
Cammy Dennis

**On Your Mark, Get Set, Walk!**

Walking is one of the easiest and most economical ways to improve your physical fitness. It is wise to make an investment in a good pair of walking shoes, and you may also want to get the green light from your doctor before starting any type of exercise program, especially if you answer "yes" to any of the following questions:

- Has a health care professional ever told you that you suffer from heart trouble, diabetes or asthma?
  - When you are physically active, do you have pains in your chest, neck, shoulder or arm?
  - Do you often feel faint or have dizzy spells?
  - Do you feel extremely breathless after you have been physically active?
  - Has your health care provider told you that you have high blood pressure?
  - Has your health care provider told you that you have bone or joint problems such as arthritis?
  - Are you over 50 years old and not used to doing any moderate physical activity?
  - Do you smoke?
  - Do you have a health problem or physical reason not mentioned here that might keep you from starting a walking program?
- Walking provides many healthful benefits such as strengthening bones and muscles, stress relief, disease prevention, improved stamina, and the opportunity to socialize! Once you have medical clearance and a good pair of walking shoes you are ready to go!

## RECREATION CENTER FITNESS SCHEDULE

### HEALTH AND RECREATION CENTER GROUP EXERCISE SCHEDULE

EFFECTIVE SEPTEMBER 1ST 2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Room	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 12:15 20 Min.
8:00-8:50 Aerobics Room	Cardio Mix Rebekah	Condition & Stretch Cammy	Cardio Mix Donna	Condition & Stretch Cammy	Cardio Mix Kitti	<b>Sunday</b> Oxycize
9:00-9:50 Aerobics Room	Primary Pilates Mary Pat	Tai Qi Po* Frank	Pilates Potpourri Mary Pat	Tai Qi Po* Frank	Precision Pilates Kitti	Oxycize 12:15 20 Min.
10:00-10:30 Aerobics Room	Balanced Body Mary Pat	Absolutely Abs Howie	Balanced Body Mary Pat	Absolutely Abs Howie	Balanced Body Mary Pat	
10:30-11:15 H&R Ballroom	Cardio Jam Kitti	Healthy Living Seminar 1st Tuesday of the Month 10:30	Cardio Jam Kitti	Let's Dance* Kitti (Aerobics Room) 2nd and 4th Thurs.	S.O.S Serious on Strength Kitti	
10:45-11:30 Aerobics Room	Light Aerobics Mary Pat		Light Aerobics Mary Pat		Light Aerobics Mary Pat	
12:00-1:00 Fitness Center		Cybox Orientation Howie				
12:15 Aerobics Room	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	Oxycize 20 min. Video	
Aerobics Room 3:00-4:00	All Ball Howie		All Ball Howie			

\*DENOTES A FEE BASED CLASS

shoes you are ready to go! If you are new to an exercise program, start out by walking 10 to 15 minutes a day for the first week. The second and third week you can increase your walking time to 20 to 30 minutes. It is recommended that you try to achieve at least 30 minutes of moderate physical activity on most days of the week (Surgeon General recommendations).

We are happy to inform you that the next Health & Recreation Healthy Living Seminar is

entitled: "Walk Your Way to Wellness." The date and time for this seminar is Tuesday, Sept. 2, at 10:30 a.m. in the H&R Aerobics Room. This seminar will highlight the following information:

- The many benefits of a walking program
  - Helpful information on how to get started
  - How to train for the upcoming Five Points of Life Half Marathon
  - Details on our weekly walking group to begin mid-October
  - Don't miss out on this opportunity to join us for weekly walks and train to be a member of Team On Top of the World for the Gainesville Five Points of Life Half Marathon (Feb. 22, 2009)! Join us on Sept. 2 for all the details.
  - Other exciting fitness happenings ...
  - Bike Clinic, Saturday, Sept. 20, H&R Parking Lot from 8:30 to 10:30 a.m.
  - Balance assessments are taking place through the month of September in the Balanced Body class. All are welcome!
  - Final Water Walking Class dates: Sept. 9 and 23.
  - Free Tai Chi on the H&R lawn starting Wednesday, Oct. 15, at 8 a.m.
  - Golf Conditioning Workshop, Oct. 20 through Nov. 5.
- Please don't hesitate to call or stop by H&R if you have any questions.

**Emergency After-Hours Phone Number**  
236-OTOW (236-6869)

**Avalon Social Club**  
Lorriane Rourke

Folks, the remaining bring a dishes are scheduled for Oct. 6, Nov. 3 and Dec. 1, so keep an eye out for our updates.

There is no event in September as it falls on the Labor Day weekend.

Now I'm told my themes are scaring you folks off. I sure hope not, as they are mainly for decorations and you certainly don't have to dress based on the theme.

The food in August was delicious: salads, chicken dishes, chili, meat pies, meatballs ... wow! We had a smaller than normal turn out but had fun regardless. I will be re-evaluating this fall on whether we should move our event to a new location.

Meanwhile October is our fall event, November will be our turkey shoot/raffle event and December our holiday bring-a-dish.

Our Monday, Oct. 6, bring-a-dish will herald in the fall. Bring a dish to share, your own non-alcoholic beverage and serving utensils, if needed.

Dishes should be main dish, appetizer, salad, fruit, vegetable, pasta, etc. (no desserts).

Contact Lorraine at 390-2120 for questions, information, or to help run an event.



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# RESERVATIONS (352) 237-9900



**Arbor Club  
Tennis**  
Jorge Privat

Hello everyone!

So far, it has been a long hot summer.

I would like to mention that we've had several meets with the folks from Rainbow Springs, and the results are really irrelevant. What is relevant, however, is that every time, I noticed true enjoyment, camaraderie and new friendships during these meets. And that is the real spirit of these exchange activities with the neighboring communities.

Speaking of meets, the "tennis committee" is hard at work organizing an invitational tournament, which will take place in mid-November and will include Oak Run, Rainbow Springs and Stone Creek.

As you know, primarily due to the hot weather, as of Aug. 7, we terminated the tennis ladder, and will give it a fresh start in September when the snowbirds come back. If you wish to participate in it, please sign up in the sign-up book before the end of the second week of September.

Also, on another brighter note, on behalf of all of us, I would like to thank On Top of the World management for providing us with new chairs, benches and tables with umbrellas, squeegees and rollers, net straps, and especially for replacing our old and battered wind screens with much needed new ones.



**Community  
Patrol**  
Ann Berger

It's lunchtime at The Pub, and Jim and Joe have just ordered lunch.

Jim is stirring his iced tea. "Well, I turned in my application to be a member of The Community Patrol."

While wiping his glasses, Joe said, "I turned in mine last week. Say, somebody asked me why they drive with those little yellow lights on all the time and I didn't know what to say."

"I overheard someone say they do that so they can be seen easier. You know, like in the mall downtown, the security guards have their lights on when they drive around the parking lots."

"But isn't the idea to sneak up and catch the crooks?"

"I don't think the patrol has the authority to



**View from  
the Library**  
Doris Knight

After the horrors of 9/11 had left Americans asking why? Lawrence Wright, in "The Looming Tower" set out to explain it to us. In a work enriched by five years of travel, hundreds of interviews, and exhaustive research, he produced a book that has been called the best work written about 9/11.

The founder of Islamic fundamentalism was the Egyptian Sayyid Qutb who came to the United States to obtain a PhD in the late 1940s. This was the time when the United States had just become a major factor in establishing the Jewish state of Israel, seen as a major threat by most of the

## Tennis Association H&R Center Courts Schedule

**Saturday & Monday, 8 a.m.-  
noon: Mixed Doubles**

**Tuesday & Thursday, 8 a.m.-  
noon: Men's Doubles**

**Wednesday & Friday, 8 a.m.-  
noon: Ladies' Doubles**

**All Resident Tennis  
Players Welcome.**

### Tennis Tip of the Month

**ASK YOURSELF A KEY QUESTION:** Being behind in a match is not a personal reflection of how well you are capable of playing tennis, nor is it an indictment on your character. It is frequently a temporary problem for which you can find a solution if you stay flexible and calm. But it can escalate quickly into a hopeless situation if you succumb to blind panic.

Any time the score is not in your favor, regardless of whether you are down one game or six games, the question you and your partner should ask is, "Are they winning or are we losing?" The answer will help you determine which strategy you should use to reverse the tide.

If you are missing manageable volleys, double-faulting, hitting playable out or failing to return serve, then they are not "winning," you are "losing," and the fault, is not in our stars, but on your side of the net. Making winners doesn't win matches, but making unforced errors definitely loses them. ☺

stop anybody. And besides, would you like to be the one on patrol to confront a burglar in the act? I don't think so."

Joe scratched his head. "Then what do they do if they see someone breaking into a house?"

"I guess they do the same thing we would do, call 911. Except, they have a police radio in that little car."

"I heard that the patrol enforces traffic laws. Is that true?"

"I asked a patrol member that same question and she said they do not, but, she said the Sheriff's Office does come into On Top of the World to enforce the traffic laws."

"Well, I guess a lot of our questions about the patrol will be answered after we are cleared and get trained."

"Yeah, I guess the sheriff's clearance process will take a while. I was told it could take several weeks."

Joe looked up and spied the waitress with their food. "Well, here comes lunch. Let's eat."

The characters portrayed here are purely fictional and any resemblance to real people is purely coincidental.

If you have questions about the Community Patrol or are interested in becoming a member please call either Gary Rodoff at 291-7508 or Jim Miller at 854-4947.

### Sheriff Dean To Visit

Sheriff Ed Dean will visit On Top of the World on Monday, Oct. 20, to speak about the involvement of volunteers in the community. The event will be open to the public and will take place in the Arbor Conference Center in Suites D, E and F at 9:30 a.m. Coffee and doughnuts will be served.

Groups interested in attending should make arrangements by calling Joe Berger at 237-7185. ☺

Middle East. The life in America, which contained racism, the mixing of the sexes, frantic music and talk brought him to advocate a much more rigid Muslim faith which would turn away from all the evils of western life. Armed with this ammunition, Qutb return home and began to write books expressing his concerns.

The second factor which had a great influence on the Muslim world was the memory of western imperialism. After World War I, Britain and France had divided up parts of the defeated Ottoman Empire and were there until they withdrew after World War II. The radical Muslims linked this time with the Crusades in the 11th and 12th centuries and thus saw another blow at their faith and their independence by the western world.

Then there was the charismatic Osama bin Laden who is a member of the Saudi royal family and through a series of moves to the Sudan and Afghanistan had become aware of and accepted Islamic fundamentalism. He then became a major leader in the formation of Al Qaida and eventually declared war on the United States. Wright feels that bin Laden was essential to the events of 9/11.

One other issue which Wright discusses is why the United States seemed so unaware of the likelihood of possible attack. He gives numerous examples of attempts by FBI operatives to verify information with the CIA and be rejected because the intelligence agency preferred to keep such information all to itself.

This is just a very brief survey of a book which is jam packed with fascinating information. If you would like to keep up with a part of the world so vital to our future, I recommend "The Looming Tower" by Lawrence Wright. ☺



**Ask  
the Trainer**  
Howard Williams

Hello from the Fitness Department for the month of September.

This month's article will focus on what makes working here so rewarding. Having the opportunity to witness residents overcome obstacles and improve the quality of their life is truly inspiring to everyone in their presence.

Ed Mark came to me explaining he had pain and weakness in both legs and was truly concerned. He is a slim man and the medications he takes are not known to cause leg weakness and pain. Ed is 88 years old and I explained that he needed to prioritize his workouts to improve leg strength and circulation.

He began using the bicycle religiously and incorporating all the leg machines to improve his strength and circulation. Progress came slowly, but he did not give up. This was more than six months ago. Ed still had pain in his left leg when he woke up in the morning. He then added more stretching after his workouts to improve his flexibility.

Ed is now pain free when he wakes up in the

morning and moves around in the Fitness Center with so much extra pep he was nicknamed "dancer" by one of the residents. Ed Mark also expects to resume playing golf this fall. Kudos to you Ed!

Bob Kolar, disabled by a stroke seven years ago, came to me in a scooter. His left leg and left arm had been compromised considerably by the stroke. It took five minutes for him to move 12 feet to the Nu Step cross trainer, and I was practically carrying him. We strapped the left foot and hand to the cross trainer to improve the circulation, nerve stimulation, mobility and strength on his left side. Bob now can do more than 30 minutes on the cross trainer at a fast pace and tough workload. Bob works out with the gym stick to improve strength and flexibility for 30 minutes for his entire body. His strength and mobility has increased dramatically especially on the left side of the body. On Aug 12, he walked around the Fitness Center with little assistance in about the same time it took him to go 12 feet the first time I met him. That was about four weeks ago. Sometimes he's late and his wife Mia scolds him but he always makes it. Bob's goal is to walk again on his own and I believe he will.

Our Golf Conditioning Workshop starts Oct 20. It's a three-week, six-session program designed to improve your golf game. See Mary Pat Giffin's article for more details.

Our Abdominal Class is every Tuesday and Thursday from 10 to 10:30 a.m. It's a great way to get that stubborn area in shape and have some fun at the same time.

Sometimes the hardest part of the workout is getting here. We understand this challenge and we are here to help you achieve your goals. I will end with a quote from Woody Allen: "90 percent of success is just showing up!"

Free orientations are at noon every Tuesday at the Fitness Center. Free consultations are available as well.

Personal training is also available at reasonable rates for individual fitness programs consisting of weight loss, muscle strength and toning, balance, injury rehabilitation, osteoporosis prevention and reversal and special needs individuals. ☺

## American Jewish Club

Sandra Wolf

We look forward to seeing most of you in September.

For those who will be here, this meeting will be different as well as informative. The Ocala Civic Theatre has been invited to discuss what is happening in the theater and tours that are offered for the residents of Ocala.

This meeting is scheduled for Sept. 14 at 2 p.m. Please make a note of this, as this is not our usually scheduled meeting date.

Since many of our members do not return until October, the welcoming dinner will be held at

this meeting. The date is Oct. 19 at 12:30 p.m.

This is for current members only. Information on the dinner and membership will be in the mail shortly.

Checks for membership dues and dinner should be mailed to Sandra Wolf, 9749 S.W. 89th Loop. If you have questions, please call me at 861-5674.

The Lunch Bunch will be starting again in October. The committee has been working hard to find new and unusual places for our dining experience. This year the day has been changed to Thursday, so keep your schedules open to join us.

Please don't forget if you need a card sent for any occasion, Dorothy Bresky can be reached at 854-0284.

P.S. Come visit our booth at the Club Fair, which will be held at the Health & Recreation Building on Sept. 25 from 10 a.m. to 1 p.m. ☺

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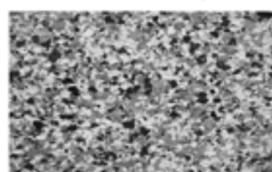
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**Kitti's Corner**  
Kitti Surrette

**Instant Motivation to Get Fit, Part 2: Revive an Old Workout Routine**

**Make It Fun**

"Try to link exercise with happiness, social activity and escape," suggests Peg Jordan, PhD, RN, author of *The Fitness Instinct*. "Free yourself up to think of movement as your birthright every hour on the hour."

Join the Let's Dance Class. It meets on the second and fourth Thursday of the month at 10:30 a.m. at the Health & Recreation Ballroom or try any other class offered by the fitness group. Then instead of dreading sweat, think of it as calories pleasantly leaking from your body.

**Pile on the Rewards**

Women tend to save rewards for distant, huge goals, like a 20-pound weight loss or three lost dress sizes, says Howard Rankin, PhD, psychological advisor to the national Take Off Pounds Sensibly (TOPS) organization in Hilton Head, S.C. Rather than make goals destination-oriented, make them behavior-oriented. Set a goal to work out three times this week, and when you achieve it, give yourself a nonfood reward, like a glossy magazine or new nail polish — little indulgences you wouldn't ordinarily give yourself.

**Borrow a Dog or a Toddler**

"There's nothing like chasing after a three-year-old to keep you running without even realizing it," says Susan Bartlett, PhD, assistant professor of medicine at Johns Hopkins School of Medicine in Baltimore.

**Try Intervals**

Interval-style exercise — our SOS class on Fridays at 10:30 a.m., for example — raises your metabolism both during and after the strength training with a one-minute interval of cardio and more. Steady activity — say, 30 minutes on a treadmill — burns about six to eight calories per minute. A brief, 30- to 60-second burst of intense interval activity burns about 10 calories per minute and stimulates your muscles to burn 20 percent to 30 percent more calories within the same workout.

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**ARBOR CLUB FITNESS & AQUATIC SCHEDULE**

**ARBOR CLUB FITNESS SCHEDULE**

EFFECTIVE SEPTEMBER 1ST 2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Rebekah	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Cammy	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Rob	Open Swim	Open Swim
9:15-10:15 Arbor Club Outdoor Pool	Yoga* Ronnese AC Ballroom	Advanced Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom				
10:00-11:00 Arbor Club Outdoor Pool		Arthritis Water* Pat		Arthritis Water* Pat			
10:15-11:15 Fitness Room						Yoga* Bryony	
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Rebekah	Water Walking Outdoor Pool 2nd&4th Tues.	Shallow Water Aerobics* Therese				

\*DENOTES A FEE BASED CLASS

WATER WALKING September 9th and 22nd

**Make a Mix Tape**

Listening to music eases exercise in three ways: It distracts you from fatigue, it encourages coordination, and it relaxes your muscles to encourage blood flow. If music doesn't work, try a book on tape. "Anything pleasurable you can link to exercise will help motivate you," says Rankin.

**Cover All Your Bases**

Do you include one each of the following: cardiovascular, strength, and flexibility in your workouts each week? A combination of all three keeps your metabolism burning high, your energy level up, and your body injury-free. It's best to have a variety of plans so you can do something five out of seven days a week.

**Create an Exercise Menu**

Get to know your rhythms, and have an exercise plan for each mood. Feeling low? Go for a walk in the park. Keyed up? Take a high-energy class like Cardio Jam. Stressed out? Take a class from Frank in Tai Qi Po to relax and let go. Feeling tight muscles? Try a class in Pilates or yoga.

**Check Out a New Video**

The library's lending library is a great built-in change period. Use one video for two weeks, return it, and try a new one. Your muscles will benefit from the variety. Of course it is always more fun to take a class and be with residents who work out regularly. And don't forget the great instructors we have at H&R who love to help make you workout.

Stay Tuned for Part 3  
Your fun loving instructor, Kitti ☺

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**Back at The Ranch**  
Larry Menery

On Aug. 16, several members and staff from The Ranch Fitness Center & Spa joined more than 550 people in a 5K race and walk to support ovarian cancer research. The event took place at Black Diamond Ranch in Lecanto along The Quarry golf course. The scenery and wildlife made for a gorgeous setting as the group made its way through the five-kilometer (3.3-mile) course. I was thrilled to see participants of all fitness levels. We had veteran marathoners and elite athletes, but the largest group represented was just normal folks participating to show their support.

Events like this are numerous and are excellent opportunities to get involved with the local community. They are also a pretty good indicator of the shape you are in. If you ever wondered if you could complete a 5K event, come by The Ranch and find out on one of our treadmills. Our treadmills are equipped with a special 5K training program.

The Ranch Fitness Center is ready to Kick Off to Fall. Kick Off to Fall is an annual six-week structured personal training challenge designed to help you lose weight, get in shape or maintain your current exercise program! Participants will be matched with a certified personal trainer and

the program includes:

- Initial body measurements recorded
- 12 personal training sessions
- Healthy recipes
- T-shirts and prizes

The challenge begins on Sept. 29 and participants must be registered by Sept. 22. We will be having an awards ceremony on Thursday, Nov. 20, at 6:30 p.m. at the fitness center. The cost is only \$275. For more information stop by The Ranch or call us at 861-8180.

The Ranch Fitness Center & Spa is pleased to announce a brand new group exercise program called Zen Body Fusion. Zen Body Fusion was created and is taught by Mary Pat Giffin. Below is her description of this amazing class.

Mind/Body exercises provide physical and emotional benefits

Would you like to tone and condition your body from head to toe while improving your balance? If so, the new Zen Body Fusion class is for you. This class peacefully tones and conditions your body with movements influenced by Yoga, Tai Chi and Pilates. It's about feeling good, looking great and functioning at optimal levels.

The exercises benefit all fitness levels, from people with conditions that might not allow them to participate in regular forms of exercise, to advanced exercisers who want to enhance their fitness levels and become more balanced.

Some published benefits credited to mindful exercise includes:

- Manages stress and anger
- Improves strength, flexibility, balance and coordination
- Reduces susceptibility to falls
- Improves glucose tolerance
- Increases self-awareness
- Reduces blood pressure
- Improves bone density

Your mind and body benefits from a blend of yoga; which focuses on flexibility, Tai Chi; which focuses on balance and coordination, and Pilates, which focuses on strength.

Since Zen Body Fusion does not require a mat, people who are uncomfortable with getting up and down from the floor can perform all these exercises. Light dumbbells are optional. Classes meet Mondays, Wednesdays and Fridays at 8 a.m.

Give us a try. You owe it to yourself. ☺

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**The Eyes Have It**  
Dr. Martin E. Cohen, O.D.

Diabetes that affects the eye is one of the most devastating eye diseases. Diabetic Retinopathy, diabetes which affects the back of the eye (the retina), affects more than 5.3 million Americans 18 and older and costs \$49 billion in health care annually.

Many diabetics get this disease in the eye if they have had diabetes for a lengthy time, or if their sugar levels are not under control. The dis-

ease is often first noted by changes in the eye.

The disease causes new blood vessels to grow in the retina, which then leak blood. Fatty deposits called Drusen appear, collect and interfere with vision. Often retinal detachments occur, and vision loss can be significant. Cataracts are a common result of diabetic retinopathy.

Lasers are often used by ophthalmic retinal specialists to stop bleeding. This can lead to scarring and vision loss. Some drugs used to treat the disease in the eye are Lucentis and Avastatin (a colorectal cancer drug). They have been found to be helpful in many cases. Any symptoms of changes in how you see, floaters or loss of your visual fields bear immediate attention. Long standing hypertension can also be associated with diabetes and loss of vision. Remember you may not know you have a vision disorder or disease. Get your eyes checked regularly. Many systemic diseases like diabetes do affect your eyes. ☺

**Diabetes Support Group**  
Lennie Rodoff

Summer's just about over, and our snowbirds are starting to come back. We hope you all had a great summer and are looking forward to the rest of the year here in beautiful Ocala!

Our first meeting of the year will be on Tuesday, Sept. 23, at 4 p.m. in the Arbor Conference Center, Suite G. Let's get together to catch up on what's been going on, and look forward to a healthy year!

If you have any questions, please feel free to call me at 291-7508. ☺

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**Citizens Emergency Response Team**  
Caroline Scott

At one of our previous meetings, the question was asked as to what the On Top of the World employees would be responsible for and what they have planned to do in case of a hurricane.

At our last meeting Gary Marzola, maintenance supervisor, and Andy Jorgensen, golf course supervisor, gave of their time to explain just what their employees would be responsible for and just what they would do.

A Crisis Management Plan would be put into effect. This includes taking down the gates when the winds reach a steady 30 miles per hour so that emergency vehicles can get through, removing all the chairs around the pool, removing all the Dumpsters for safety reasons, and many

other things to be done by employees and contractors.

There is a priority list of streets to cover. This will start from the main road and work outward. Arrangements have been made for the fuel company to guarantee fuel for our trucks, all RV owners and community garden users will be notified as to what is expected of them, and contractors will have to clear all debris from their building sites.

If there is any severe damage, the gates will be locked and only residents will be allowed in or out. This will be tightly enforced and monitored.

If the damage is confined to one area, this area will be cordoned off to all traffic.

These things will be done prior to a hurricane hitting us. Your CERT team will go into action after the storm. We will check each street and home for any damages or injuries. The damages will be called into the Emergency Management Office so they will know what emergency vehicles we need. We will also send out team members trained in first aid to any resident who needs attention.

If you want to help, please check your own neighborhood and ask your neighbors to make sure all potted plants, chairs, ornaments etc. are brought inside for everyone's protection. These items can be very dangerous missiles. Your help is very much appreciated.

I'm sure there are questions that I did not address in this article. You can call me at 861-5569, and if I cannot answer you, I will find someone who can, and call you back.

As usual, you can learn more about our CERT program by dropping in on one of our meetings in Suite E of the Arbor Conference Center on the second Tuesday of each month beginning at 9 a.m. ☺



**Genealogical Society**  
Elizabeth Kyle

The officers and members have been busy over the summer months finishing the cemetery indexing project, providing interesting presentations, and preparing educational activities for the fall.

Bill Shampine completed the data entry for the indexing of Good Shepherd Memorial Gardens. We indexed and recorded 8,338 names. Of these, 6,605 had death dates. A CD containing only the names with a death date was sent to Patti Hunt of Marion County Genealogical Society. We are waiting for news that it has been uploaded to the Florida Cemetery Project. Margaret Smith will let

us know when it is ready for viewing online.

The society training team will be offering four classes plus a free introductory class (Oct. 18) at Master the Possibilities this fall. The topics will be Online Vital Records (Oct. 23); Using Heritage Quest (Oct. 30); Documentation (Nov. 6); and Genetics (Nov. 13).

These will be offered as freestanding classes, meaning that you can choose one or more individual classes rather than signing up for the series.

Just a reminder about the Fall Seminar with George Morgan on Oct. 9. This is a great opportunity to hear and speak with this outstanding professional genealogist without having to travel or spend a lot of money.

Also, no one has solved Rene's brickwall problem. She is searching for Rachel Ann Henderson Beck abt. 1840 in Walton County, Fla. The first person who finds her between 1885 and 1900 will get a free ticket to George Morgan's seminar.

Our business meetings are held on the second Monday at 10 a.m. in Room 3. If you are interested come and see. We have our educational/mentoring meetings on the third Monday at 10 a.m. in Suites B and C at the Arbor Conference Center. ☺

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**Republican Club**  
Tony Tortora

information on the amendments.

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center meeting rooms unless otherwise advertised. Join us to meet your fellow Republicans and to meet the candidates.

Congratulations to those Republicans who won their primary election and will take their seats in January. Good luck to those who will advance to the general election.

Now is the time when the Republican Party faces two major problems. The first is to get out the voters and the second is to get the voters to support Republican candidates. You will see signs around town and several mail pieces for candidates. However, the most effective method used to inform voters and to get their support is the telephone call. This method can work if telephone callers are numerous and well organized.

The Republican party will organize calls to be made from the headquarters building on Silver Springs Boulevard and from the Victory Headquarters on 20th Street, next to Reedy Carpets. Calling is usually limited to two hours once, twice or three times a week as you choose. Callers will also be calling from their homes. Calls are generally limited to registered Republicans and Independents. Sign up at our next meeting or call 854-7804. The Republican Club should be able to handle all the calls in our three precincts. Volunteers are an important part of every campaign. Sign up early to get the good jobs. ☺

We all had a good time at the annual pizza party last month. There were several candidates there and it was the last chance to talk to them before the primary election. We hope to continue to attract the candidates in September and October. The November ballot will have many candidates to vote for plus nine state constitutional amendments. Come to the meetings for

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**Democratic Club**  
Lee Wittmer

At our general meeting on Sept. 16 in Suites E and F of the Arbor Conference Center, Judy Johnson will be our speaker. She is a former Marion County commissioner. She is also co-chairman along with George Ergle of the Public Policy Institute (PPI) for the 2008 study of our local government. This study is about "What is Best for Marion County."

Pizza and beverages will be served at 6:30 and the meeting will commence at 7 p.m.

Interested parties in On Top Of The World and their guests are invited. ☺

**Riding Center Needs Volunteers**

Stirrups 'n Strides Therapeutic Riding Center will be holding its orientation on Saturday, Sept. 20, and the first day of fall riding will be Sept. 23.

Stirrups 'n Strides Therapeutic Riding Center is a 501 c-3 non-profit organization that uses horses as therapy for those with physical, mental and emotional disabilities. Those interested in becoming volunteers or becoming new riders please contact Betty Gray at 352-427-3569. ☺

October issue: Thursday, Oct. 2

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- **SPA TECHNICIAN:** Terri has worked at fancy spas in the past. We're not fancy, but neither are our prices. Try Terri for waxings, various rubs, scrubs, treatments. See our menu!

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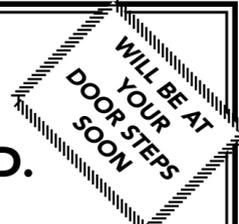
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**We Are Accepting New Patients**

**Italian American Club**  
Jerome E. Cauda

Club meetings will resume on Sept. 3 at 3 p.m. with refreshments at 2:30 p.m. Club activities will be presented for the coming year. Entertainment is planned.

Tickets will be on sale for the Columbus Dinner Dance. There is a two-tier pricing system this year. Check posters for details. In addition to dance music, there is an exciting entertainment planned.

Tickets will be available Mondays, Wednesdays and Fridays from 8:30 to 10:30 a.m. in the Health & Recreation Building beginning Sept. 8 through Sept. 24.

After visiting the Alps Maratine in May and June, I spent part of July visiting another group of mountains, the Rocky Mountains. After arriving in Denver, Colo., I was met by friends from my Air Force days. I traveled to Ft. Collins and on to Laramie, Wyo., our first stop.

I spent time visiting remembered places. How little has changed in 50 years.

From there I traveled via Riverside to Encampment, Wyo. on the Continental Divide. This was my first duty assignment. Wooden sidewalks, false front buildings and hitching posts go back to 1900. The last time I was there was 1958. Traveling to Saratoga, and then Rawlins, Wyo., and ending at Pinedale, Wyo., near the Tetons. One must see a sunset there to understand where "purple mountains majesty" comes from. I returned via the Snowy Range and walked in snow in July. I ended the trip in Aurora, Colo. which has changed from ranches and farms to a multitude of subdivisions.

My last Saturday in Colorado was spent at the Evergreen Art Festival. From the son of an Italian immigrant, the Alps are great but the majesty of the Rocky Mountains can't be beat.



**New York/  
New Jersey**  
Bunny Barba

Attention! It is that time of year again. Yes the summer is almost over and our snowbirds are slowly making their way home again.

The first meeting of the 2008-09 year will be held on Tuesday, Sept. 16 in the Health & Recreation Ballroom.

The meeting officially starts at 3 p.m.; however, we suggest that you come early and enjoy a cup of coffee, iced tea and some delicious snacks.

Renewal time is here. The dues will remain at \$10 per person for the year. Please come in early and register for the new season. We have many great events scheduled including a few old favorites as requested by our members.

Our first meeting will feature Pat Gabriel, president of the 200 Corridor Coalition. Pat will go over all the changes that have been made in the area, proposed changes and facilities available to all residents. This is a can't miss event, we expect to see everyone. This is a dynamic lady and you will learn quite a bit about your community. Wait till you find out what you don't know.

For all of our new residents, if you have ever lived anywhere (regardless of how long), in the states of New York or New Jersey, we guarantee that you will enjoy the most active club in On Top of the World. Please come up and visit. Note: If your parents or any relative ever lived in New York or New Jersey or landed on Ellis Island you are welcome as a member.

A quick reminder, on Thursday, Sept. 25, On Top of the World will host a Club Faire and of course the New York/New Jersey Club will participate. Stop off at our table and say "hello."

In case you are wondering why I am writing this column, it's because our regular columnist Terry ("The Mouth") Zarrella is, as I write, having surgery on her shoulder. We wish her speedy return to writing this column as I will shortly be fired.

Good luck always in all ways.



**Irish American Club**  
C.M. Casey

**PHRASE:** Is e do bhaile do chaislean  
**PRONOUNCED:** iss a duh boll-yah duh kosh-lonn

**MEANING:** Your house is your castle

As the Irish American Club returns to its routine let me be the first to invite you to our fall event, which will be held at the Health & Recreation Building on Thursday, Oct. 16.

Our entertainment for the evening will be the Inisheer Irish Dance Company. The company is a very talented group of people from the musicians to the dancers. We guarantee you a night of toe tapping and clapping.

Tickets will be \$12 and they will go on sale for members on Monday, Oct. 6, from 8:30 to 10 a.m. at the H&R Center.

For our friends and neighbors, tickets will go on sale on Wednesday, Oct. 8, from 8:30 to 10 a.m. Dinner will be catered by Bruce. You will want to get your tickets early, as this will be a sellout.

We are always looking for a few good men and women to help out in our organization. If you are interested please contact Bob O'Neal, Dan Bub or Joe' Brien. Even if you cannot help we would love to have you be part of our club.

Until next time, "May your troubles be few and your blessings be more."



**Friendship Amateur Radio**  
Ed Brendle

During the August meeting of the Friendship Amateur Radio Club, members showed projects related to ham radio. Members constructed an item related to this hobby. A variety of antennas, interfaces and related radio components were demonstrated.

The FARC's club call is N4FRC.

The next meeting is scheduled for Sept. 15 at 1:30 p.m. at the Sheriff's Substation on State Road 200. Arnold Hansen, W3BPP, will discuss and illustrate auxiliary computer components related to ham radio transmission. All hams are invited and members are urged to attend and to bring a guest. This will be a "show and tell" program. Members are urged to illustrate their projects.

The FARC is open to all hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC meets at the West SR200 Sheriff's Substation the second Monday of each month. The FARC has a two-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KAI1NC, at 873-4354.

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- **Columns:** Noon 14th of the month (e-mailed)

**Community News & Update**

By Kenneth Colen, Publisher

**Continued from Page 1**

have not adjusted their irrigation timers to run once a week as required by SWFWMD. This is the immediate and most basic place to start water conservation.

On Aug. 20, the Bay Laurel Center Community Development District (CDD) held a workshop to discuss a proposed new rule governing water and wastewater rates. Representatives of the Southwest Florida Water Management District (SWFWMD) and a representative from the Florida Yards and Neighborhoods Program made presentations of the necessity for water conservation awareness and practices.

The adopted rates are structured as an inclined block rate. Essentially, the more water a home uses, the higher the rate. For homes using fewer than 12,000 gallons per month, the proposed rate change is really very minimal. Users of more than 20,000 gallons per month should consider the many ways to use less water and thereby reduce their monthly utility billing.

We recently received a call from Marion County Utilities advising us that a few residents may be applying for private irrigation well permits. I thought it was an appropriate time to remind residents that private wells are not permitted in accordance with the governing documents for your community. Marion County Utilities is aware that many deed-restricted communities do not allow private wells and will contact the community to advise them if they suspect violations may be occurring. The reasoning behind this prohibition is that there is no shallow aquifer in Marion County. All wells reach into the same source: the Floridan aquifer. Thus uncontrolled withdrawal leads to rapid depletion of this resource.

**MASTER THE POSSIBILITIES (MTP):** Master the Possibilities ends the summer quarter in a big and very interesting way. September has 35 classes and presentations. You'll see quite a diverse set of classes this month. Most are new and

if you haven't experienced the quality of our MTP faculty, this is a great time to join in ... and join in again. Our Fall (October-November-December) MTP catalog is due out in print on Oct. 2. You'll find it delivered with the World News. You may also pick up a copy at MTP at this time at the center. But if you just can't wait, the MTP catalog will be online and you can register Monday, Sept. 29. Go to [www.mastertheopportunities.com](http://www.mastertheopportunities.com). Your faculty and staff want you to know that your support and enthusiasm are most appreciated. See you in class!

Please join me in welcoming Yalaha Delights as the new tenant on the Master the Possibilities campus. We are very pleased to have David Larkin, proprietor, and team bringing delicious German baked breads, pastries, Danish along with other deli meats, salads and daily lunch specials. Yalaha Delights also stays open on Friday and Saturday nights when there is live entertainment on The Town Square. For a complete list of hours of operation, check [www.otowinfo.com](http://www.otowinfo.com). Stop by and enjoy a cup of coffee or tea along with a baked delight and some good conversation!

**CONSTITUTIONAL AMENDMENTS:** The summary of Proposed Amendment No. 1 is: "Proposing an amendment to the State Constitution to delete provisions authorizing the Legislature to regulate or prohibit the ownership, inheritance, disposition, and possession of real property by aliens ineligible for citizenship." This proposed amendment was placed on the ballot by action of the Florida legislature. This proposed amendment makes me ask the question: why would we want to discriminate in property ownership rights in the first place? In digging back through the history of the Florida Constitution, it appears that the original wording goes back to the post civil war reconstruction constitution in 1885. Article I, Section 2 stated the following: "Basic rights. — All natural persons, female and male alike, are equal before the law and have inalienable rights, among which are the right to enjoy and defend life and liberty, to pursue happiness, to be rewarded for industry, and to acquire, possess and protect property; except that the ownership, inheritance, disposition and possession of real property by aliens ineligible for citizenship may be regulated or prohibited by law."

That language underlined and in italics, is what Proposed Amendment No. 1 strikes from the State Constitution. This proposed change is certainly equity based, so I'm prompted to ask "what took so long?"

The summary of Proposed Amendment No. 4 is as follows: "Requires Legislature to provide a property tax exemption for real property encumbered by perpetual conservation easements or other perpetual conservation protections, defined by general law. Requires Legislature to provide for classification and assessment of land used for conservation purposes, and not perpetually encumbered, solely on the basis of character or use. Subjects assessment benefit to conditions, limitations, and reasonable definitions established by general law. Applies to property taxes beginning in 2010."

Unlike some of the proposed amendment title wording, this proposed amendment is short, clean, and plainly worded. Currently, there is no property tax exemption granted for properties placed into conservation easements for the benefit of preserving wildlife habitats or open space. This amendment mandates the legislature create such an exemption.

Currently, many properties set-aside into conservation easements are taxed as agricultural lands. Agricultural classification is just about the lowest valuation category for property. I believe the point of this proposed amendment is to create incentives for property owners to set aside dedicated green space and to practice land preservation.

Is there a downside for retirees? It wouldn't seem so. If anything, it may be an opportunity to craft public policy that favors more dedicated open spaces for future generations of Floridians.

**Jeffrey Dee Fleigel, M.D., F.A.C.S.**  
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Photo by Margaret Hanrahan

**Members of the Rubber Stamping Greeting Cards group work on a project. Pictured from left, front, are Bobbie Ellis, Kathy Hoefler, Julia Hendricks and Carole Kameswaren. In the back row are Ellie Richards and Gail Briggs.**

### Rubber Stamping Greeting Cards

Margaret Hanrahan

We had to pay close attention to what we were doing to create this special "endless greeting card." Gail Briggs brought us this intriguing card that doesn't seem to have a specific front or back, inside or outside. What ever way it was

folded the card was complete, looked wonderful and was ready to be folded again. We layered and matted our stamped images on the many facets of this card and because of the many folds and intricacies; we did just the one card. The whole session was needed to complete it and was well worth it.

Come join us. We meet to encourage, inspire and assist one another. Our first group is full but we have space in the third Thursday of each month.

If you have questions or want to join us please call Margaret at 732-3282. ☎



Photo by John Ware

**Members of the Original Karaoke Group.**

### Original Karaoke Group

George V. Quaranta

Toni Taylor started the original karaoke group about five years ago at the Arbor Club. Judi Furfaro and I took over approximately four years ago. Since then we have seen it grow to Candler Hill Community Building and the Arbor Conference Center.

On July 10, we were treated to a photo session by John Ware, who took approximately 100 pictures. We would like to say thanks to John.

Also, thanks to all who came to hear some of

their friends and neighbors sing. We welcome all residents and their guests to come to karaoke. Some of our singers were a little nervous when they first started. You should hear them now; they do a great job singing.

New talent constantly joins us. All you need to do to get in the groove is to select your music and allow the audience to give you the motivation to become a regular karaoke singer.

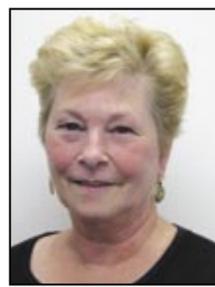
Mark your calendars: Arbor Conference Center the second Thursday of every month from 6:30 to 9:30 p.m. and the fourth Tuesday of each month at the Candler Hill Community Building from 7 to 10 p.m.

The next karaoke will be Sept. 11 at the Arbor Conference Center and Sept. 23 at the Candler Hills Community Center.

Hope to see you there. Keep on singing. ☎



**Pam and John Carpenter receive their square dancing diplomas from class coordinator Carol Shisler and outgoing president Bob Lockwood.**



### Square Dancing

Maureen Lea

It's time to get back in the swing and celebrate. September is Square Dance Month and it's celebrated in more than 30 states including Florida. We will begin our season with an ice cream social on Tuesday, Sept. 2, at 7 p.m. It will be a great time to meet all our recent graduates and welcome them to the club in style. Come on out and help kick off the season.

If you want to brush up or get some practice

in, we will have workshops on Tuesdays in September from 6 to 6:45 p.m. The regular dances will begin at 7 p.m. and your door fee will cover both. We have Don Hanhurst again this year for our club caller and Loretta will cue the round dancing. Regular dances will be held at the Arbor Club and details for special dances will be announced as they are firmed up.

Volunteers are still needed to serve on committees. All club members are eligible to serve. Recent graduates are especially welcome. If you can squeeze any time out of your busy schedules, please contact Tom or Rita Miller, our club co-presidents.

While you're dusting off your dancing shoes, look around your closet. Do you have any shoes with some life left in them, that you don't wear anymore? If you do, bring them on Tuesdays. There is a blue collection box in the lobby of the Arbor Club for these donations to Footwear For the Homeless. This is an Interfaith Project in Marion County, which will be ongoing.

We will be participating in the Club Fair, which is a gathering of the different clubs at On Top of the World. This event is held at the end of September. Watch for the announcements.

To the new graduates — congratulations! As you gain experience in dancing, you will enjoy it more and more. Be patient with yourself and ask for help when you feel you need it. There are web sites and other sources available for assistance. There are no perfect dancers out there.

Hope to see you all on Sept. 2. It's time again to dance, dance, dance! ☎

### Singles Club

Lorraine Serwan

The Singles Club meets on the second Thursday of the month at 2 p.m. in Suites G and H of the Arbor Conference Center.

All On Top of the World singles are invited to become members. Dues are \$10 for the year and are payable at the September meeting.

Our first meeting of the current session will be on Thursday, Sept. 11.

Come join us and meet other On Top of the

World singles. Bring a single friend.

During the year we plan special activities for both our meetings and during the latter part of the month.

Some events we are planning include a special luncheon in October to celebrate the 24th anniversary of the club's founding.

Future plans are visits by the Sheriff's Department, the Ladies in Red, recovering wildlife species, an ice cream social and much more.

Mid-month activities will include a wonderful Singing River Cruise, attendance to a matinee at the Webber Center, the Butterfly Museum and other activities still in the planning stage.

Come join us on Thursday, Sept. 11, at 2 p.m.

For more information, please call Lorraine Serwan at 854-1365. ☎

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# Activities September

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

## Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
9:00	R.C. Flyers Club	Field
	Golden Slippers	BRS
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	No Bus on Mondays	
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:00	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billards	PLR
11:00	Water Walk	AC
	Boccee League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance (Level Two)	H&R
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights Mah Jongg	CC:G
	Aqua Belles	AC
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
	Computer Lab	H&R
1:15	Line Dance (Int.)	BR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E&F
2:45	Line Dance (Level Two)	H&R
4:00	Line Dance (Level One)	H&R
5:30	Mah Jongg	CC:A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
7:00	Wood Shop	WW
	Dominoes	CC:G

### 1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B&C
1:30	D'Clowns	CC:B & C
2:00	Bocce	CC:AC
2:30	Readers' Theatre	CC:D
3:30	Comp. Handicap	CC:H
7:00	Sunshine Singers	BR

### 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

### 3rd Week

10:00	Genealogical Workshop	CC-B&C
2:30	Readers' Theatre	CC-D
1:30	D'Clowns	CC:B&C
4:00	Billiards Club	Art 00
7:00	Sunshine Singers	BR

### 4th Week

3:00	Community Patrol Prog.	CC:B&C
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## Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
	Clogging	BR
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B&C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC

9:30	Shuffleboard	CTS
	Pinochle	MR3
	Stitch Witches Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cybox Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
1:30	The New Pretenders	HR
3:00	Shutterbugs	CC:B&C
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
	Table Tennis	HR
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3 & Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR
	Square Dance Class	AC

### 1st Week

8:00	Men's 9 Hole Golf	PR
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### 2nd Week

	Lions Club	Pub
9:00	Citizens Emer. Response Team	CC:E,F&G
1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G

### 3rd Week

	Unique Birders (No Meetings June through September)	
3:00	NY/NJ Club	BR
	Red Sox VS Rays *9-16-08	HR
7:00	Democratic Club	CC:E&F

### 4th Week

8:00	Lions Club	Pub
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:G
7:00	Karaoke	CCC

## Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
9:00	Taps on Top	BR
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
3:00	Dance Committee	CC:B&C
4:00	Softball Practice	SBF
5:30	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR

7:00	Poker	MR3
	<b>1st Week</b>	
10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

### 2nd Week

	Native Plants (No Meetings June through September)	
3:00	Pennsylvania Club	CC:E & F

### 3rd Week

1:00	Stamp Club	Bank PAB
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## Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
	Clogging	BR
8:30	Racquetball	HR CTS
9:00	Woodcarving	Art-B
	Art League	Art-A
	Computer Club	CC:B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E&F
	Hand & Foot Canasta	CR
	Bus Ocala Run	
	Miniature Golf	MGC
	Shuffleboard	CTS
10:00	Round Dance Class	CC:E&F
10:30	Water Walk	AC
	Advanced Tap	HR
	OTOW Concert	
	Chrous	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Water Walk	AC
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square Dancers	CC:E&F
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton	H&R
	(Racquetball Cts)	
	Ten Pen	CTS
	Square Dancing DBD	CC:E&F
	Table Tennis	H&R
1:30	Shuffleboard	CTS
2:30	Jazz Club	CC:D
3:00	The New Pretenders	HR
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H

### 1st Week

10:00	NY/NJ Board Meeting	CC-H
1:00	Rubber Stamping Cards	CC-D
	Opera Appreciation	CC-C
3:00	Yankees VS Rays *9-4-08	HR
5:30	Southern Club	BR

### 2nd Week

8:00	Seminole Casino Trip *9-11-08	HR
9:30	Scrabble Club	AC
10:30	Latin Cardio	AC
2:00	Singles Club	CC:G&H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F&G

### 3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card S.P.C.A.	CC-D
1:30	Orchid Club	CC:B&C

### 4th Week

10:00	2nd Annual Club Faire	H&R
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## Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:10	Water Walk	AC

8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
10:00	Racquetball	H&R CTS
10:30	Light Aerobics	H&R
	Power Aerobics	H&R
	Water Walk	AC
11:00	Bocce League	BCTS
	Water Walk	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	H&R

### 1st Week

1:00	Women of the World	CC:E
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### 2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F
7:00	Republican Club	CC:E,F&G

### 3rd Week

2:00	Blackjack Poker	CC:E
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### 4th Week

12:00	High 12 Club	TBA
4:00	(Roaring 20's) Happy Hour 9-26-08	AC

## Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B&C
	Art League	Art
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	H&R
	China Painters	Art
5:30	Open Mah Jongg	CC:A
5:45	Singles Pinochle	CR
6:30	Bridge	CR

## Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:D
12:15	Oxycise	H&R
1:00	China Painters	Art
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:00	Pickleball	CTS
7:00	Mixed Poker	CC:H

### 2nd Week

2:30	Friendship Social Club	BR
6:00	Movie of the Month	BR

### 3rd Week

2:00	American/Jewish	CC:E,F & G
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\* Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

## Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Craft Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop

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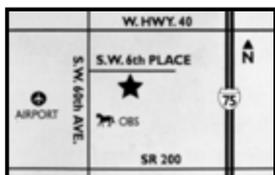
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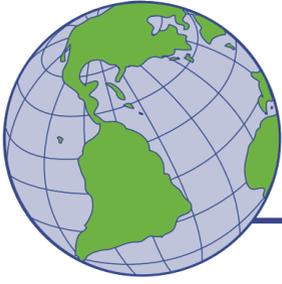
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# On Top of the World NEWS

Where the News is Always Good

Guess where  
the Travelling  
Gnome has sprouted  
this month,  
Page 25.



## Section 2

Vol. 22, No. 3 • September 2008



Photo by Bob Woods

## New Editor

Please welcome Petra Schmidt, left, the new editor of *The World News*. Petra came on board in mid-August and replaces Lynn Stock, right. Petra's first name is pronounced with a long 'a,' as in 'paycheck,' she humorously points out. Petra has lived in Ocala for nine years and is originally from New Jersey. She is fluent in German and has a background in marketing and publishing.



Photo by Bob Woods

## Classic Car Show

More than 100 classic and antique cars were on display at the Classic Car Show in July at The Town Square in Circle Square Commons. See more photos and story on Page 24.



Photo by Bob Woods

Members of the Genealogical Society trace their ancestors' history.

# Your Family Tree

## Genealogical Society Sponsors Fall Seminar

By Bob Woods  
WORLD NEWS WRITER

Our local On Top of the World Genealogical Society is sponsoring a fall seminar for members of the society and anyone else in our community who is interested in finding out their family tree and learning the art of genealogy. The seminar will be held Oct. 9 from 1 to 4 p.m. at the Arbor Conference Center, Suites B and C. Light refreshments will be served and there will be a nominal fee for the seminar.

But hold on, the society has a guest speaker who is a "who's who" in the world of genealogy. George Morgan, a professional genealogist, will conduct his presentation in two parts, the generalist as CSI and all about the census: becoming an expert.

You will learn the step-by-step methodologies to succeed as a genealogical CSI covering the following topics: Why are genealogical research and crime scene investigations similar? What are the

steps in gathering and successfully analyzing evidence? What to do with the evidence once you have it and weigh its originality, purpose, content, and more?

The second part of the seminar will be all about the census. Census records are an essential and invaluable source for geographically locating family members over time. The census is a primary tool for genealogists and family history researchers. This portion of the seminar is an essential ingredient for those folks wishing to improve their understanding of the federal census records of all types and descriptions.

George Morgan is a professional genealogist who has become a highly popular speaker at genealogical conferences internationally. His repertoire of genealogical interests and topics is among the most diverse among the genealogical speaking community. He has written countless books on the subject and has become an expert in the usage of the Internet using software programs on the subject of genealogy. He is a member of just about every asso-

ciation of professional genealogists including the National Genealogical Society, and other societies across the United States and the United Kingdom. He is a "who's who" in his field.

Doesn't this seminar sound interesting? It could help you find your family's past and where your family originally came from. Our local society has an extensive library where some of your research could begin.

The On Top of the World society also conducts classes out at the Master the Possibilities with instruction to help you get started seeking information concerning your family tree. The course could basically be titled, Genealogy 101. You just might get hooked on the subject and want to join the society.

For additional information and to purchase tickets to the October seminar, please call Rene Beck at 854-4918 or Dick Belz at 873-6087 for prices and anything concerning the On Top of the World Genealogy Society. They will be glad to assist. ☺



**Director  
of Golf**  
Jeff McDonald

### On Top of the World

Well, summer is almost over and things seem very calm. The rain and heat have been good for the grow in on the Links course. We will have a great time playing the Links when it reopens.

### Candler Hills Golf Club

By now all of you should have heard that we are using a new system to make your starting

times. Just in case someone doesn't know, starting times at Candler can now be made seven days out for members and three days out for non-members. We are sure that this will allow us to better serve you and will give the staff a chance to make fewer mistakes.

Hey guys, don't forget to support your Men's Member/Guest. Get involved and help create a great time for you and your guest.

### Both Golf Courses

I hope that we have a good turnout for the Labor Day Tournament. The luau sounds like a great time together.

We would like to give you a better choice of golf shoes to select from for the 2008-09 golf season, so we will need to sell out of our present stock in order to do that.

All shoes in stock will be 20 percent off starting Sept. 1. Don't miss out. Get your favorite shoes now and save.

I hope that you are enjoying some new friendships formed during the summer while playing with the Candler Hills golf associations. It would be great to see the camaraderie continue in the future.

We will announce sometime in the near future a date and time to hold a meeting for the golf membership. This meeting will be to share information that will concern the membership for 2009. We look forward to having every member present.

Thank you all for your continued support.



**On Top of the  
World Golf Club**  
Sally Collins

Wow ... what a difference a month makes! As I wrote the newspaper column for August, the greens at the Links course at On Top of the World Golf Club were hardly recognizable as golf greens. Looking across the Links today, the Tidwarf greens are rapidly filling in and ready to challenge the golfers with their subtle breaks and undulations.

Both the men's and ladies leagues are continuing their weekly play with the Candler Hills Golf

Associations. This combined format will continue throughout the month of September. Just a reminder: the shop credit the winners receive may be used at either the On Top of the World Golf Club or Candler Hills Golf Club.

The Labor Day Tournament will feature one round of golf at Candler Hills Golf Club on Saturday, Aug. 30, and a second round at Tortoise and Hare on Monday, Sept. 1. A luau will be held Saturday evening at the H&R Ballroom. Cost is only \$30 plus applicable golf fees per person.

The Saturday Scramble on Sept. 6 is open to any golfer with a GHIN handicap.

September's Scramble will feature a Red-White-Blue format.

For those golfers with a medical disability, we now offer handicap flags in the Golf Shop.

To be eligible for a flag, a person must show one of the following to the Golf Shop Attendant: 1) a handicap sticker on the golf cart; 2) a handicap placard for their automobile; or 3) a wallet card stating they are physically handicapped. The golfer will be given a set of guidelines to follow while playing. Please return the handicap flag immediately upon completion of play.

The Tortoise & the Hare gave up two eagles recently: Beale Kinsey eagled No. 9 while Phil Shirley eagled No. 16.

The LGA 18 girls had a lucky day July 31. Nancy Zielinski had an eagle on Candler Hills' No. 14.

Bev Ovrebø was not to be outdone as she had a hole in one on Candler Hill's par 3 13th hole.

Congratulations to all!



**Ladies 9-Hole  
Golf**  
Diane Dzik

Our summer play at Candler Hills continues with a reminder to all that we tee off at 8:30 a.m. each Thursday morning. Sign-up deadline for weekly play is Tuesdays at 6 p.m. If you would like to come and try league play, these summer months are a great time to start. Our sign-up sheet for the 2008-09 season is posted in the league lounge at On Top of the World which is behind the On Top of the World pro shop.

Further Points To Ponder: Do not ground your club while in a sand trap. In the 2008 revisions to the Rules of Golf, Rule 12-2 (Identifying Ball) has been changed to allow a player to mark and lift a ball in a hazard, without penalty, in order to identify it. Before lifting the ball, you must announce your intention and give your fellow players an opportunity to observe the lifting and replacement. If you fail to follow this procedure, you incur a one-stroke penalty. Raking sand traps is a courtesy to players playing behind you. At Candler Hills, however, what is designated a

"waste area" does not require raking. (I think we all know that area!) Our club pros have, and will continue to have, some excellent clinics on bunker strategy. Take advantage of them.

Low Gross

### July 17

**Birdie:** B.J. Leckbee

**Chip Ins:** Pam Carpenter

**Flight 1:** 49—Pam Carpenter, 51—B.J. Leckbee, Lorraine Rourke, 52—Agnes Terri, 53—Pauline Beloin.

**Flight 2:** 54—Tina Hauer, 58—Sumiko Bridges, 59—Sandra Lundborn, 60—Julie Crudele, Donna Fey, Carol Venslavsky.

### Low Net July 24

**CHIP INS:** Sumiko Bridges, Darlene Clark, Susan Pleinis.

**Flight 1:** 37—B.J. Leckbee, Millie Nucas, 38—Grace Bock, Pam Carpenter, 40—Agnes Tetti.

**Flight 2:** 31—Darlene Clark, 35—Pauline Beloin, 37—Marlene Floeckher.

**Flight 3:** 38—Virginia Blanchard, Donna Swiger, 39—Ann Hetzel, 41—Sumiko Bridges.

**Flight 4:** 36—Tina Hauer, 37—Heddy Racinowski, 39—Evelyn Stewart, Carol Venslavsky.

### Modified Scramble July 31

**Front 9:** 41—Sumiko Bridges, Tish Dertien, B.J. Leckbee, Evelyn Stewart, 42—Pam Carpenter, Julie Crudele, Donna Swiger.

**Back 9:** 42—Marlene Floeckher, Linda Heenan, Thelma Smith, 43—Pauline Beloin, Grace Bock, Diane Podkomorski, Heddy Racinowski.



**Candler Hills  
Men's Golf**  
Garry Gerlach

We continue to battle morning thunderstorms. We continue to have nearly 100 players at each event. What a great time and what a great way to make even more friends.

Tuesdays are 8:30 a.m. shotgun starts. It is really important to be on time Tuesday mornings. Be ready to go at 8 a.m. So if you want to hit balls and putt, get there earlier.

We continue to battle slow play. Please keep your pace to a four-hour round. If you are falling behind the group in front of you, play ready golf. Try to play a little quicker. When on the green, putt out instead of marking your ball. When in the fairway, think about your next shot before you get to your ball. Remember the group you need to stay in contact with is the one in front of you.

The Member/Guest is scheduled for Oct. 9 through 11.

Planning is nearly complete. Remember there are still hole sponsorships available for \$100 and \$250.

The \$100 dollar level includes four rounds of golf (not including carts) and a sign for a hole.

The \$250 level includes eight rounds of golf (not including carts), a sign for a hole and an invitation for two to the Saturday evening dinner.

For those players not playing regularly, you are missing a great time. So please consider joining us next year and come out and play. The idea is to have fun and enjoy the camaraderie.

If you are not receiving the weekly e-mail update, contact Garry Gerlach whose email is bubba@otowhomes.com.

See you on the links.



**Candler Hills  
Golf Club**  
Sally Collins

With college football kicking off for an exciting fall season, avid golfers recognize it's time for an active autumn golf season as well. The Men's and Ladies' Golf Associations are planning challenging events over the next several weeks.

The Labor Day weekend begins with round one of the holiday golf event teeing off at Candler

### Individual Net

July 15

**Arnold Palmer Flight:** 64—Paul Moltisanti; 67—Dave Masaschi; 68—Bruce Venslavsky, Marvin Williams, Norm Giannukos, Paul Perrault and Bob Shively; 69—Larry Joseph and Bryant Giffin.

**Jack Nicklaus Flight:** 59—Jack Ashenfelter; 62—Bob Cronin; 64—Tom Fragapane; 65—Ed Klodzen; 68—Frank Smith, Art Buecher, Jim McGrath, Rocky Groomes and Nick Nimerala.

**Ben Hogan Flight:** 61—Vince Nucas; 66—Mike Driver; 67—Larry Rourke and Bud May; 68—Francis Caprez; 69—Charles Casale and Ross MacDonald; 71—David Miller; 72—Tom Martinetto.

**Bobby Jones Flight:** 59—Marc Schaffer; 67—Ben Monteith; 68—Pete Peterson; 70—Bill Walker, Jonathan Raupach and John Hodd.

### Two-Man Team One Best Ball July 22

**A and B Flight:** 57—Tom Fragapane and Tom Garrison; 59—Joe Alfano and Guy Russell, Mike Drabicki and Rocky Groomes, Marvin Brooks and Paul Perrault; 60—Ron Cleveringa and John Langville; 61—Art Buecher and Dick Masterson, John Podkomorski and Marvin William.

**C and D Flight:** 60—Barry Barringer and Pete Peterson and David Miller and Bob Selmon; 61—Doug Coleman and Joe Hopper; 62—George Deignan and John Hodd and Terry Bole and Miguel Cruz; 63—Stan Jarmel and Lenny Pabon, Bud May and Ed Pozsony, Fred Hobbins and Larry Rourke, Dan Bellefontaine and Charles Mattingly and Bill Hawk and Ray Shultz.

### Four-Man Team • Two Best Balls July 29

Rained out

Aug. 4

Course Closed

### Four-Man Team • Two Best Balls Aug. 12

114—George Blankenship, Paul Fratarangelo, Dave Miller and Armando Pena; 119—Dan Carty, Jack Ashenfelter, Bill Horton and Steve Molnar and Mike Buschur, Dick Rays, Vince Nucas and Jonathan Raupach; 120—Ray Hellman, Tony Mysterly, Jerry Dean and Al Wells;

121—Bruce Venslavsky, Norman Giannukos, Ron Thompson and Pete Peterson; 122—John Podkomorski, Fred Jankowski, Art Frescura and Joe Hopper.

Hills. Saturday will feature a two-person mixed team modified alternate shot at Candler Hills followed by a luau at the Health & Recreation Ballroom that evening. Monday's second round will be contested on the Tortoise & the Hare with the format being a two person mixed scramble.

Monday, Sept. 29, Candler Hills Golf Club will play host to the Queen of Peace Catholic Church golf tournament. A full field is expected for this 8:30 shotgun event.

For those golfers with a medical disability, we now offer handicap flags in the Golf Shop.

To be eligible for a flag, a person must show one of the following to the Golf Shop Attendant: 1) a handicap sticker on the golf cart; 2) a handicap placard for their automobile; or 3) a wallet card stating they are physically handicapped. The golfer will be given a set of guidelines to follow while playing. Please return the handicap flag immediately upon completion of play.

The tee time reservation policy has been amended at Candler Hills. Members of the Candler Hills Golf Club may book their tee times one week in advance; non-members of the golf facility will now receive a three-day advance privilege.

Mark your calendars now for the upcoming Extreme Demo Day scheduled for Saturday, Nov. 8. All the top equipment companies will be present so don't miss this great opportunity to try out the latest clubs!

New apparel is arriving daily so be sure to check out the new fall fashions!

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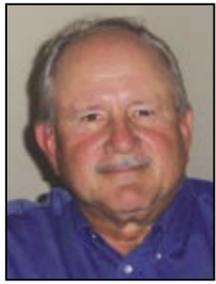
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**Bocce**  
Ray Shultz

Hello there, all you bocce enthusiasts. With summer almost gone we are now getting ready for our fall bocce program. We had our first board meeting for the 2008-09 schedule on Aug. 4 and I would like to share some of the issues.

One of the issues is the roster and schedule of play. The roster was not complete due to several teams that changed the day and/or time of play. I would urge all league team members to check with their captain to confirm their participation. Team captains are urged to submit an up-to-date list of team members to their league representative as soon as possible. The league representative is then to forward the team lists to Art Corden for roster revisions. Art is doing a great job, but is only as good as the information we supply to him and he needs it now. We have but one more meeting in September to finalize our roster.

As a result of existing team changes, open play will be played on both Monday and Wednesday at 9 a.m., which appears to have popular favor. Open play bocce is a game played by up to

eight randomly selected teams of four players. A total of 32 players can play per session. Incidentally, the last day of summer open play will be on Wednesday, Oct. 8, from 8:30 to 11 a.m. and we are having a special treat for those attending, so do plan to be there.

After a lengthy discussion concerning the pros and cons of the bocce balls used for play, we decided the balls to be used during the 2008-09 schedule will be the same as were used for summer play. Teams will change ball colors when changing court sides after each game played, for example team A, first game red balls, second game green balls.

Art Corden, our vice president in charge of the roster, has told me that we need substitutes. If you would like to be put on the sub list, please contact Art at 291-9441. Remember as a substitute you have no obligation to play. It is based purely on your desire and availability.

Players, if you can't make a scheduled game, please get a substitute to replace you. After getting that sub, please inform your team captain with their name and phone number. A sub must be a member in good standing and to be a member in good standing their dues must be or have been paid. Everyone pays \$6 per year regardless of how many times he or she plays or how many teams they play on.

On Top of the World Bocce Club will be participating in the second annual On Top of the World Club Faire on Thursday, Sep. 25, from 10 a.m. to 1 p.m. at the Health & Recreation Ballroom. Hope to see you there.

Would you like to play bocce or think you would and would like to try it first? Give me a call or stop by at the bocce courts on Monday or Wednesday morning at 8:30 a.m. for open bocce.

We are currently trying to recruit new members into the Bocce Club, so if you know of anyone who might be interested in joining us or would like more information, please give me a call at 390-3728 or e-mail me at rrshultz90@yahoo.com.

# Entertainment Group Begins 2007-08 Season in September

Canada's favorite male vocalist, Brian Roman, opens the Entertainment Group series at 7:30 p.m. on Saturday, Sept. 27, in the Health & Recreation Ballroom.

Over the last 20 years, Toronto native Brian has attracted loyal and enthusiastic audiences that follow him wherever he performs.

This spring Brian completed a tour of Great Britain and will kick off his United States tour right here at On Top of the World.

Brian is the complete package with just the right style, sincere stage presence and a voice that does justice to Elvis, Frank Sinatra and Tom Jones standards.

Opening the show is comedian/magician Bev Bergeron, who brings his "Magical Laughter Comedy for Everyone" show.

Bev brings perfectly timed comedy patter, funny moments and great rapport with the audience with his sight gags and comedy magic routines.

For 16 years he was the star in Disney's Diamond Horseshow Revue. In fact, when he takes the stage with his bag of funnies, some say he is in the mode of Benny Hill!

Tickets go on sale Monday, Sept. 1 (Labor Day), 8:30 to 10 a.m. in the H&R Ballroom and Monday, Wednesday and Friday thereafter.

Ticket prices are \$6 general, \$8 reserved, with the usual limit of four tickets per purchase. And, of course, tickets are for all of the On Top of the World Communities residents and their house-guests.



Bev Bergeron



Brian Roman

Be sure to check the Entertainment Group's showcase in the lobby of the H&R Ballroom for all the shows in the 2008-09 series.



**Men's Golf Association**  
Paul Del Vacchio

At my age I do not want any day to go fast but I find myself wishing for the middle of October so I can play the Links with its new greens. I hope that the greens are fast and smooth.

On Oct. 22 we will have our Chicken Luncheon and election. We have three positions open for your board of directors and if you are interested we will have a sign-up sheet for any member to run for the board. What job will you get? After the election the board will meet and determine who will hold what office. I for one think it is time for a new president. I have had this post for the last three years and this last year was the first time in six years that I did not enjoy volunteering my time on the MGA board.

Nicky asked me to remind you that the chits do not get posted until three days after the games in case of errors. Yes, errors have occurred and will happen again. So if you think the score posted is wrong you have two days to tell someone about it.

Words of Wisdom: "If you think it's hard meeting people try picking up the wrong golf ball." ... Jack Lemmon

See you at Candler Hills.



**Handicap Committee**  
Patricia Del Vacchio

I would say we had a typical Florida day for the Traditional Scramble in August.

Hot with rain expected. I understand the playing finished before any rain appeared. Thirty-two devoted golfers signed up and played and I applaud all of you. Winning first place with a net 66 were Rick D'Addio, Rosie O'Neil, Pete Peterson and Virginia Blanchard. A close second with net 67 were Dick Griswold, Cindy Rosinski, Jo Apperson and Charlie Mattingly. The 3rd place winners were Mike Driver, Joan D'Addio, Bill Clup and Cassie Smith. Hurrah to all of you!

The committee is looking for volunteers from the roster of independents. I am resigning this fall and someone needs to fill my spot. If any of you may be interested please give Paul or me a call (873-6215) and we will be glad to give you a general idea of what we do.

On Saturday, Sept. 6, we are having a Red, White and Blue Tournament. This will actually be a straight scramble; however, you will tee off where you see the Red/White/Blue balls on the tee and each player will have to use one of their Tee shots on each of the Red, White and Blue tees.

FYI the Red tees will be 1, 4, 7, 10, 13, and 16. White tees will be 2, 5, 8, 11, 14, and 17. Blue tees will be 3, 6, 9, 12, 15, and 18. This should be fun. Be sure and sign up in the Pro Shop. Tim and Rosie O'Neil will be your hosts. Rally is 8 a.m. and we will tee off at 8:30 a.m.

See you at the flags.

**Upcoming Publication Date**  
October issue: Oct. 2

## Fall Fitness

After a summer of fun, fall is the time to settle back into your fitness routine. The Ranch Fitness Center & Spa offers state-of-the-art equipment, fitness classes, professional instruction and motivational programs.

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## CIRCLE SQUARE Commons

### Live Entertainment on the Square!

<p><b>Final Note</b> August 29, 2008 Big Band and Oldies</p> 	<p><b>Norman Lee</b> August 30, 2008 50s, 60s, 70s, 80s and today</p> 	<p><b>Rewind</b> September 5, 2008 Classic Rock, Country, Reggae and more</p> 
<p><b>Johnny Alston</b> September 6, 2008 Rock n' Roll</p> 	<p><b>Norman Lee</b> September 12, 2008 50s, 60s, 70s, 80s and today</p> 	<p><b>Beautiful Bobby Blackmon</b> September 13, 2008 Contemporary, Soul, Blues and R &amp; B</p> 
<p><b>Cool Breeze</b> September 19, 2008 Oldies, but goodies</p> 	<p><b>Z Street Duo</b> September 20, 2008 Variety</p> 	<p><b>Disco Fever with Johnny Alston</b> September 26, 2008</p> 

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**Indigo East**  
Allie Gore

I hope you are making it a great summer! By the time you read this we will have had our third annual Ice Cream Social. I hope you took time to join neighbors at our community center for a bowl of ice cream and your choice of lots of toppings as well as congenial conversation.

Our thanks to Barbara Kratz and her committee Sarah Logue and Barbara Martyn who worked to make this another successful event!

The next community social event on the calendar is the Oktoberfest, Oct. 18, at 5 p.m. Would you like to help plan this event? Contact Helen Boros at hboros@gmail.com or 861-1329. Helen has chaired this event the past two years and we look forward to another fun event with great food.

The annual Indigo East Holiday Party is in the planning stage also. The committee has done lots of investigation and information gathering. They would like to invite you to give input. Would you attend a catered cocktail party this year instead of a catered meal? The cost would be somewhere between \$15 and \$18. The past two years have been great gatherings but the committee thought this would be a nice change.



**Candler Connection**  
John Podkomorski

We've noticed quite a few new neighbors moving in. If you're new to Candler Hills, please join us on the third Tuesday of each month, at 2 p.m. at the Candler Hills Community Center to meet some neighbors and enjoy an introduction to the many social opportunities available in Candler Hills. September's session will be on Tuesday, Sept. 16, at 2 p.m. in the community center. For more information, call Bob Davis at 237-9332.

As Candler Hills has grown, Candler residents have shared holiday parties, barbecues, pot-luck dinners, excursions, women's club outings, lunches, the mystery book club, new neighbor discussions, pizza nights, and many other social activities.

These, along with newsletters, neighborhood directories and welcome visits by neighborhood coordinators have been provided by volunteers, loosely linked together as the Candler Connection, a social organization comprised of residents of Candler Hills. The goal of the Candler

**SPCA**  
Melanie Vittitow

The SPCA resumes monthly meetings on Sept. 18. Our meetings are held at the Arbor Conference Center, Suite H, at 1 p.m. on the third Thursday of the month. We welcome all animal lovers and anyone wishing to help animals in need.

Although we frequently have speakers and try to schedule at least one local trip a year, we are not just a club. We are an official chapter of the American Society for the Prevention of Cruelty to Animals; therefore, our yearly dues are \$15 for an individual and \$25 for a couple.

As a working organization, we offer our services to help feed the pets of seniors who receive Meals on Wheels; we assist in finding homes for unwanted or lost pets; and we help with veterinary bills for low income families. We support the Marion County Animal Center and work with them to provide low cost spay/neutering services. We would like to provide foster homes for animals needing adoption, but as of now, no one has volunteered for this much needed service, so we lend monetary support to local rescue groups and no-kill centers. If you know of a worthy recipient or have some other ideas for ways we can help this community, please join us on Sept. 18.

The SPCA will also be attending the On Top of the World Club Faire on Sept. 25. We will be the table selling our famous coffee and doughnuts. Don't forget to stop by for a tasty treat and get to know us at the same time. We hope to see you there.

This month's pet tip involves naughty behavior. Don't give in to it. Pets sometimes decide they want attention when you are busy or taking a much needed break. They quickly learn that getting into mischief will get attention real fast. You can't let bad behavior continue so you have to try to prevent it.

Dogs, especially, need exercise, play, attention and training. If you can't take them out for regular exercise, provide interactive toys that keep them busy and active indoors. Play games that provide a challenge. Dogs need intellectual

**Emergency After-Hours Phone Number**  
236-OTOW (236-6869)

A preliminary count of neighbors interested in this type of an event is needed for planning to continue. Are you interested in attending a Holiday Cocktail Party at a cost of \$15 to \$18? Please e-mail your "yes," "no" or comments to my e-mail address (indigo8062@earthlink.net) and I will pass them on. Thank you.

If you would like info about the ladies luncheons (when they are scheduled, how to volunteer to help, etc.) please contact Nancy Ludvik at mnludvil@earthlink.net or 369-0073.

Thank you to Rich Sayers for donating a free car wash to each blood donor at our August blood drive!

Remember the blood drive takes place in the parking lot of our community center the first Tuesday of every even numbered month (February, April, June, August, October, December). How easy is that? The goal of course is to encourage you to participate in this valuable community service that saves lives!

All you need to participate is a photo ID and about one hour of your time. The bus is in the parking lot from 7 a.m. to 1 p.m. Snacks and beverages are provided, as is a recognition gift.

If this time is not convenient for you, you can go to the Health & Recreation parking lot the first Monday of every odd numbered month.

Candler Hills and On Top of the World Central residents are invited to participate. A sincere thank you to neighbors who take time to share this precious gift!

As we welcome the snowbirds back I will remind you that we can only communicate with you if we have current contact information. Roger Schwartz edits our newsletter. Nancy Ludvik maintains the directory, and I send e-mails about events and activities. We share contact information so if you need to update your info it is only necessary to contact one of us. This is true if you wish to be removed from our contact lists also.

Finally, I am looking to pass this pen (or computer keyboard if you will) on to another neighbor. Would you like to write this column? If interested please contact me. Thank you.

As always, remember to enjoy life ... this is not a dress rehearsal! ☺

Connection is to enhance the social environment and resident experience of our overall neighborhood.

To formally introduce the Candler Connection, a formal organizational kickoff meeting has been scheduled for Monday, Sept. 8, 4 to 6 p.m. at the Arbor Club Ballroom. A social hour and cash bar will immediately follow. At the kickoff meeting you'll learn about the Candler Connection: what it is, what it does, why it was formed, how it benefits Candler Hills residents, and how you can participate. You'll also hear the plans for elections of the 2009 board of directors and the annual business meeting on Saturday, Nov. 6. Planning for these events has been in progress for six months, and included the development of a set of by laws for the Candler Connection. Please join your Candler Hills neighbors at this most important Sept. 8 kickoff meeting. For more information, call Richard Wirth at 873-2610.

If you are interested in running for open board positions or serving as a chairperson on one of the two standing committees, please contact Bonnie Heinrich at 237-0313 or saddlebrook7@aol.com.

You can read about Candler Connection on the Web page at www.podspad.us/cc, and clicking on item No. 3, Contact Candler Connection.

Other important dates include: Sept. 8, Candler Connection kickoff meeting; Sept. 16, New Neighbor Welcome; Oct. 6 is the deadline for the ballot for the board of directors election; Oct. 26 is the Evening of Wine, Cheese, and Chocolate; Nov. 6 is the annual meeting and election.

Candler Connection Bunko is setting up a third night (possibly the second Wednesday) of each month. We're looking for 12 interested "Bunkettes." Play is at a different home each month. If you're interested, contact Heddy at 861-6120.

More information about the Candler Connection is available at www.podspad.us/cc.

If you don't have web access and would like additional information, please contact John Podkomorski, 873-3869, john@podspad.us. ☺

stimulation as well as physical. Give as much attention as possible when you have the time and they won't have to demand it when you are busy. A good chew toy or long lasting treat offered only when you don't want to be disturbed will make these times a win-win scenario.

Teaching a few commands, such as "no" and "off" will help but if your pet still persists, a short "timeout" in a crate or another room will teach him that this behavior brings less attention, not more. Hopefully these tips will make your dog the precious pooch you know she can be.

If you want additional information about the SPCA, call Jodi at 861-9765, Jeannie at 873-2354 or Melanie at 873-8690. New members and new ideas are always welcome. ☺



**Candler Excursion Club**  
Sylvia Joram

The July trip to the Mote Aquarium and Marine Lab in Sarasota was greatly enjoyed by one and all, compliments of Diane Podkomorski's reporting and coordinating of all details of the day. Two hours were spent touring the aquarium, after a light lunch in the café; the guide, a marine biologist, escorted the group to a large pontoon. There was a two-hour tour of the inland waterway with much information provided about the area and wildlife that inhabits it. The rain held off and everyone had a wonderful experience.

A new exciting evening has been planned for Saturday, Nov. 15, at Ocala's historic Seven Sisters Inn for their monthly mystery dinner theater with audience participation. Dinner is at 6:45 p.m. and the cost is \$55 per person; call Patricia Wassmer for detail at 237-3749. This event sells out quickly so please book early.

Cassadaga is our destination for Sept. 9, you don't want to miss this trip; we will carpool to

the small community near DeLand. Out of the 55 residences in the community, 25 residents are mediums, psychics or spiritualists; the cost of a tour with a speaker is \$15 per person (\$12.50 for a group of 10 or more). A stop will also be made in DeLand to explore the historic downtown district and have lunch. If you would like to join us on this unique trip please contact Patricia Wassmer at 237-3749.

On Friday, Oct. 17, a three-hour lunch cruise on St. Johns River in Sanford will leave by bus at 8 a.m. Watch Florida's natural beauty unveil itself as you relax on the most scenic riverboat cruise you've ever had. Our lunch will be prepared to order from the freshest ingredients in the ships galley. There will be a full bar and entertainment will be provided. Please call Sylvia Joram at 291-1770.1

Christmastime in Mt. Dora on Dec. 16 is a bus trip to view the more than two million lights that decorate the city at this time of the year. The trip will include the bus, dinner at a local restaurant and one-hour trolley tour of the city for \$65 per person for the dinner and trolley. Please call Inge at 237-7428 for further information.

Celebrate the New Year with the Excursion Club on Jan. 12; join us for a five-day/four-night cruise, leaving Port Canaveral. Cabins begin at \$403 per person and include all charges and insurance. Call Inge Gaitch for details at 237-7428.

Our excursions are open to all On Top of the World residents and all are welcome to join us in the coming months.

Our next membership meeting is Sept. 2 at 6:30 p.m. in the Candler Community Center. We look forward to seeing all our members at that time, and remember, I can be reached at 291-1770 or by e-mail at shantijoram@hotmail.com. ☺

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M.H.

TEAM	CAPTAIN	PHONE	CO-CAPTAIN	PHONE
Monday, 9:30 a.m.	Tom Cullum	237-3896	Bob Schuck	854-9629
Monday, 1:30 p.m.	Lou Fisher	854-2088	undecided	
Tuesday, 1 p.m.	Joe Veres	861-8005	Jim Lynam	861-2822
Wed., 1:30 p.m.	George Hajjar	861-6009	Lou Crudele	291-4910
Thursday, 9:30 a.m.	Jack Smith	873-0804	Frank Dubay	236-6638
Friday, 9:30 a.m.	Elaine Austin	291-0744	Joan Gattozzi	873-7062



**Shuffleboard**  
Robert Riedeman

This month's column will be of interest to residents who are considering joining the Shuffleboard Club for the upcoming season. All residents are welcome whether they are beginners or experienced players. The new season begins on Sept. 1.

There are six time slots for play each week. These are listed with the name and telephone number of the captain and co-captain for each group.

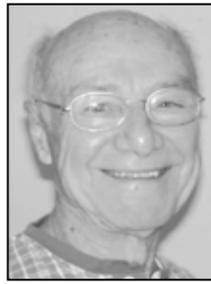
Prospective new members may get more information by contacting the individuals above for whichever time slot is of interest. Also the officers of the club would be happy to answer any questions. They are:

- Vern Uzzell, president, 854-8740
- Charlie Lentz, first vice president, 425-9403
- Al Sternberger, second vice president and treasurer, 861-9065
- Lois Rider, secretary, 854-8740

Play in the sessions given above is normally doubles with four competitors in each group. These players rotate within the groups after each game so everyone plays with three different partners. The groups are chosen by a random process.

Shuffleboard is a challenging and fun game. Now is the ideal time for anyone with an interest in learning to play to give it a try. You may like it!

All residents are reminded that visiting children to On Top of the World amenities are required to have adult supervision. ☺



**Billiards**  
George Tookmanian

The poolrooms of the late 1890s was a very active place, not only in our USA, but England and France, and probably in the major cities of western Europe. From what some of the encyclopedias have to say on poolrooms, much of the play was the game of three-cushion billiards.

Many of the sports publications of that era regularly reported on the outcome of tournaments and matches between various champions. One can be assured these results were watched with much interest.

Of course, there were huge sums of money to be wagered and won, at least for that time a \$15,000 or \$25,000 sum was a fortune. Now

this became possible to a great extent because of the improvements made in poolroom equipment during the 19th century. The manufacturers of the tables had reached new peaks, what with new and advanced cloth covered rubber cushions and carefully machined, precise slate beds. Now a ball that struck a cushion would carom accurately and "true," which was vital to accurate play.

At this point in time the main material used for cue balls and the numbered balls was ivory. Of course the stock came mainly from elephants, and ladies, you may like to know the tusks of the females was a bit more dense, therefore, more desirable to use.

Plastic balls came about after the 1930s, although many attempts to come up with a suitable material had failed. The ivory material posed many drawbacks, as it had to be aged and kept in storage with circulating air, no cold drafts or sudden changes in temperature. Can you imagine aging a ball three years, in a controlled atmosphere? You know these pool players may be nuts!

Some of these poolrooms were spectacular, such as Mussey's Billiard Hall in Chicago. This place had an amphitheater with raised opera seats for those desirous of watching the matches or tournaments. The floor coverings were of Scotch cork carpeting. Many fine oil paintings and watercolors and etchings and other fine objects d'art decorated the walls, giving an air of opulence. Sounds like a museum. I do not know if I would be comfortable playing there as I might be distracted by all that artwork. Maybe that is where "the good ole days" came from, referring to "the gay 90's," anyway, see you around! ☺



**100**  
**Grandparents**  
Barbara Greenwood

The 2008-09 school year officially began on Aug. 18. The good news is we are invited to Romeo Elementary School in Dunnellon for the "grandparents" first visit. Kathy Hultman, principal of Romeo, has made it official that a bus will be picking us up on Thursday morning, Sept. 18, in the parking lot of the Health & Recreation Center. Mrs. Hultman is really doing everything she can to keep our program going. She feels that our visits do a lot for the children attending Romeo.

Needless to say, we are truly excited about

returning to read to the students. Romeo is an "A" school following the FCAT testing. We like to think that our visits have inspired the children to read books on many topics and learn from them as well as enjoying them.

While we are reading, the pupils listen attentively and often raise their hands to ask questions or talk about something the story brought to their minds. It is really amazing listening to what these youngsters have to say and share with us. The "grandparents" are very excited and hope to continue being a part of the Romeo School's family and their reading program.

We will continue to collect the Campbell soups labels with U.P.C. attached, and the Box Tops for Education labels. If you have some to contribute, please take them to the little red schoolhouse located under the stairs on the first floor of the Health & Recreation Center. Thank you so much for your help in this project.

Also, we will once again be collecting food for the Food-4-Children backpack program. This program provides meals for children in need over the weekends. If you would like to donate single-serving food items such as juices, cereals, snack bars, pop-top canned goods, crackers, peanut butter, jelly, canned or plastic containers of fruit, etc., it would certainly be appreciated. Or... you could contribute a check made out to Food-4-Kids. There are many children in the school who are truly in need of this program. Your contribution may be delivered to Elliott and Marlyn Barbour's home and placed in a tote located on their front porch. Their address is: 8680-H S.W. 94th St. or you may call Barbara at 861-2539 to have your donation picked up.

This is the beginning of a new year for all of On Top of the World's organizations. Our community has a lot to offer — why not get involved? ☺

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Brian Roman

Bev Bergeron

Saturday, Sept. 27, at 7:30 p.m. kicks off the 2008-09 Show Series featuring Canada's most popular male vocalist, Brian Roman, starting his U.S. tour along with comedian/magician Bev Bergeron.

Tickets on sale Sept. 1 (Labor Day) from 8:30 to 10 a.m. in the Ballroom  
\$6 general admission and \$8 reserved

**OTOW Entertainment Group**

**Stephanie's PC Computer Tip**  
By STEPHANIE ROHDE

**Virus Protection Software**

Virus protection (antivirus software) is a necessity if you connect to the Internet. AVG has a fine new free version available to everyone. Computer Associates (CA) is free to Road Runner customers. Norton and McAfee are annual subscription based programs — consider not renewing a subscription to an older version if you use either of these two programs; buy the new version that comes out every fall (2009). You always want the latest available version of whatever antivirus software you are using; and, it is in your best interest to check for software updates daily (even though many antivirus programs are set up to automatically check for updates) before performing any Internet activities (like checking your e-mail). Don't turn on the computer just to check, but if you turn on the computer on a given day please check. Third party software firewall programs are optional as Windows comes with a fine firewall. Third party software programs providing spam filters are optional as well.

This tip brought to you by End The Clutter ETC • Please use any and all information at your own risk. • [www.endtheclutter.com](http://www.endtheclutter.com) • [www.lulu.com/endtheclutter](http://www.lulu.com/endtheclutter) [www.lulu.com/CustomComputerInstruction](http://www.lulu.com/CustomComputerInstruction)

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**Native Plant Club**  
Ron Broman

Are you a positive person?  
Of course you are. All people make a positive impact on this earth; at least we have the potential to do so. Please allow me to restate the question:

When faced with tough decisions; do you tend to seek out positive solutions?

If so, perhaps this next quotation was meant for you:

"In a time when conversations of global warming are heating up, people are motivated to do what they can to enhance their environment — and provide a source of information to those wanting to create native habitats in their yard."

As a member of our On Top of the World Native Plant Club and the Florida Native Plant Society I can relate to that statement. That's what we are all about.

This quotation is taken from a Florida Wildlife Federation grant. The project in a South Florida community replaced approximately 800 linear feet of exotic (non native) Surinam cherry hedge with over a thousand native wild flowers. The natives were chosen for their variety and because of their propensity to attract many native birds and butterflies.

One of the plants included was Powder puff, *Mimosa strigillosa*.

*M. strigillosa*, sometimes called Sunshine Mimosa, although it tolerates either sun or shade, behaves as a ground cover, a native alternative to grass. It will prosper in moist or dry soils and when established is drought tolerant.

"The foliage is delicate-looking with small



Photo by Ron Broman

**Powder puff, *Mimosa strigillosa*, grows on the Long Life Pine Trail next to the Arbor Conference Center.**

leaves which draw back when touched, yet are durable enough to walk on, park on, drive on and even mow."

Pink, six- to nine-inch powder puff blossoms emerge in warmer seasons, welcoming insects to do the job of pollinating. In turn the butterflies receive sustenance. In Florida the Little Yellow, *Eurema lisa*, caterpillars find *M. strigillosa* to be one of their three favorite foods.

Now here it gets even more interesting. In one ranchland resource, I found the following question: "Is there an herbicide that will get weeds

but not kill powder puff mimosa?"

It goes on to say: "[It is] desirable for deer. Cattle are run on the area as well."

What are our options? What we are calling powder puff mimosa is *Mimosa strigillosa* ... a legume ... (which) may help this native pasture, thus making it desirable for grazing purposes as well as wildlife. ...."

As a person looking to make a positive impact in your piece of this earth, you may want to look closely at Powder puff Mimosa.

An attractive replacement for grass, soil en-

hancer, food for browsers large and small, flowers blooming from late winter through early fall, and no disease problems, *M. strigillosa* is worthy of a positive consideration.

Alert: Our Native Plant Club resumes monthly meetings, Wednesday, Oct. 8, at 1:45 p.m., in Suite H of the Arbor Conference Center.

Guda and Dave Taylor, creators and sustainers of Taylor Gardens Nursery, will have center stage in their Presentation of Natives.

Everyone is welcome, and everyone's a winner in this new season of Growing Native. ☺

## Total Golf Conditioning

### Improve Your Golf Game and Feel Better

By MARY PAT GIFFIN  
WORLD NEWS WRITER

Have you signed up for the Total Golf Conditioning Workshop yet? Don't wait. October is an ideal time of year to golf and more importantly enhance your performance on the course, prevent injuries, and train specifically to improve your game.

Strength and flexibility training coupled with balance improvement has been shown to increase muscle strength, coordination and club head speed. That's why our six sessions include strength training, stretching routines and balance exercises.

Two of the four major causes of golf injuries are overusing muscles and skipping a warm up. So, we emphasize proper conditioning through strength, flexibility, cardiovascular and balance routines for a comprehensive approach to integrated functional fitness.

Here's a sneak preview of what you can expect in the six sessions:

- An assessment of your posture, strength and balance.

- A strength-training program that will include a workout on the Cybex machines in the fitness center, a free weight routine using dumbbells and training with elastic resistance.

- Exercises that will enhance both static and dynamic balance.

To correlate this program to your game, we'll also be using our golf carts for several of the flexibility and warm up exercises.

USA Today recently ran a headline on the sports page that read, "Male athletes get no pain, big gains from Pilates." Once favored by pop divas, actresses and supermodels, the stretching and strengthening exercise developed by Joseph Pilates have become the latest training range for male professional athletes.

Tiger Woods, basketball star Jason Kidd, pitcher Curt Schilling and offensive lineman Ruben Brown are just a few of the athletes practicing Pilates to improve their game.

"Since I've done Pilates, I'm much better looking and four feet taller," says Rich Beem, winner of the 2002 PGA Championship. "Seriously, I'm now stretched out and have such great posture

that I look and feel like a different person."

For PGA tour pro Rocco Mediate, Pilates is all about strengthening his back — and prolonging his career. After major back surgery in 1994, Mediate says he wasn't the same. He couldn't bend over for long periods of time to practice his putting, and his back always went out after lengthy plane trips.

After a week of Pilates Mediate was turned around. "After two I'd never felt better before.

Mediate has since sold his weights and completely outfitted the workout room in his Pointe Vedra home with several pieces of Pilates equipment. "Pilates never compromises your back," he says. "I've got more motion in my shoulders, mid-section and legs. I can repeat my basic swing more often. Pilates is going to add five, six, seven ... years to my career."

The golf swing is a little one-sided, which can create imbalance in the body. Pilates helps to balance out the body against the forces of the swing. It helps create less torque in the spine because you learn to swing from your center and not from your limbs.

In our workshop we use numerous Pilates techniques to improve the range of motion of your trunk on the backswing and follow through; improve the ability to rotate, thus improving the back swing, create more club head speed and power with bigger coil effect, and improve range of motion to reduce potential stress on the lower back in take away and finish.

Developed in the 1900s, Pilates consists of 500 exercises, all initiating from the muscles in the abdomen, lower back, hips or buttocks. The cost of a private Pilates session with a properly licensed instructor is comparable or slightly more than a personal training session.

For athletes, the benefits include more efficient movement as well as better endurance, speed and quickness.

Take advantage of this workshop offered by our fitness team, Cammy Dennis, personal trainer and certified group instructor; Mary Pat Giffin, certified Pilates instructor (Levels 1 and 2), certified group exercise instructor, 10 years golf experience; and Howard Williams MS exercise physiology. Sign up now. ☺



Photo by Mary Pat Giffin

**Tom Garrison focuses on hips, abdominals and gluteal muscles as he performs the seated spinal twist.**

*Mangia!*

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## POET'S CORNER

Poetry from On Top of the World Residents

### Trees

By HAZEL EHLE

I was walking in the forest  
Listening to the trees  
Talking to one another  
Sometimes it was just three.

If I knew their language  
I could talk to them  
It can never happen  
They are nature's gift to man.

When the wind blows the branches  
They twist and turn everywhere

They look like god's angels  
Flying in the air.

The trees are gorgeous  
So straight and tall  
Someday they will crack  
And then they will fall.

I love these beautiful trees  
I visit them when I can  
I hope they like me too  
And someday will be my friend.



**Ballet Club**  
Eugenie Martin

As summer ends, the largest group yet is attending our ballet classes. When we started a couple of years ago, we numbered only four members dancing once a week and using the backs of folding chairs as our ballet barres. Now, we have more than a dozen members using three proper ballet barres with a fourth barre on the way.

These numbers are small, I know, compared to many other exercise and dance classes, but we are very pleased. We especially enjoy our new evening classes on Mondays from 6:45 to 7:45 p.m. in which we explore a broader range of movements, including exercises on the floor.

The Ballet Club is already preparing to perform next January as a part of the On Top of the World Health Fair in the Circle Square Cultural Center. We participated last year with a half-hour program and are looking forward to presenting routines that are somewhat more complicated.

Speaking of performing, please remember the upcoming concert by the On Top of the World Concert Chorus on Sunday, Sept. 7, at 3 p.m. in the Health & Recreation Ballroom. Directed by Jean Monroe, the group will present a concert of Broadway music, free to the public, and I am proud to be a participant in the event.

Anyone who wishes to join us in ballet class, or simply watch us dance (we love an audience and the music is wonderful), please come to the Arbor Club Exercise Studio Tuesdays and Thursdays from 1 to 2 p.m. or Mondays from 6:45 to 7:45 p.m. For information, call me at 854-8589. Happy dancing!



**Ballroom Dance Club**  
Steve Kallas

A warm welcome back to everyone in the On Top of the World Ballroom Dance Club.

In reality, our club is less than a year old and growing. The beauty of ballroom dancing is a sight to behold when done properly. Our professional dance instructor, Trish Sands, has the talent and experience to accomplish this for our club.

Here are some of the benefits of dance:

- The enhancement of the immune system and your general health.
- A chance to meet new people like yourselves.
- The opportunity to dance even if you don't have a partner.
- The gas-saving convenience of nearby Arbor Club.

Membership is for one year, September to July. Membership dues are \$6 for residents and \$8 for non-residents. Dues are paid to the club's treasurer, Larry Hills. The monthly dance fees are \$20 for residents and \$25 for non-residents are paid directly to Trish Sands who teaches a new dance every month.

Classes start on Sept. 4. The hours are 10 to 11 a.m. for the intermediate class, and introduction to ballroom dance from 11 a.m. to noon.

For questions or more information, call me at 854-0534, or call Pat Wellington at 237-8050.

**Candler Holiday Dinner**  
Carol Clark

Candler Hills residents will be hosting its third annual Holiday Dinner Dance on Wednesday, Dec. 3, from 6 to 10 p.m. at the Circle Square Cultural Center's Main Ballroom.

Brick City Catering will provide dinner. A five-piece classic rock and oldies band, Rear View Mirror, will provide entertainment throughout the evening. For your convenience, there will be several cash bars starting at 6 p.m. and appetizers provided at each table.

Tickets will be on sale at the Candler Hills Community Center every Monday, Wednesday and Saturday starting Sept. 3 from 10 a.m. to noon. The cost for this gala event will be \$45 per person, cash or check only. Men are required to wear jackets.

For further information please contact Hedy Racinowski, social director, at 861-6120 or hedyr@yahoo.com.

**World News Deadlines**

- **Advertising:** Noon 13th of the month
- **Cards & Scores:** Noon 13th of the month
- **Columns:** Noon 14th of the month (e-mailed)

**Pattern Dance Club**  
Barb & Joe McArdle

Starting Sept. 7, we will practice every Sunday evening from 5:30 until 6:30 p.m. at the Arbor

Club. New classes begin on Tuesday, Oct. 7, from 6:30 to 8 p.m. at the Health & Recreation Ballroom and will continue every Tuesday thereafter.

Come talk to our wonderfully talented instructor, Carla Magri, at the Club Faire at the H&R Ballroom on Thursday, Sept. 25, from 10 a.m. to 1 p.m. She can answer all your questions about Pattern Dancing.

For information, call Barb at 369-1220.



**Karaoke Friends**  
Vivian Brown

I have to take a minute to thank all the karaoke friends who are so kind, thoughtful, helpful, funny and caring that our weekly get togethers are so special, filled with happiness, humor and the love of singing which we all enjoy so much.

My life has been enriched as I see new people joining us. I marvel at the improvement and quality of the singing, they are so good!

We invite anyone and everyone to join us. Try it — you'll like it, and it's good for your health and well-being.

There are no dues or fees. You are the entertainment!

Since the first Monday in September is Labor Day I thought we would make it an evening of patriotic songs. You may still sing others if you wish. Remember we meet the first and third Monday evenings and the second Thursday in Suites E and F of the Arbor Conference Center from 6:30 to 9:30 p.m. and the fourth Tuesday of the month at Candler Hills from 7 to 10 p.m.

Till next month keep on singing and God bless. Any questions, call 291-0246.



**Line Dancing**  
Sherry Ashenfelter

Guys and gals, do you want to put on your dancing shoes and join us to vine, fan, weave, lock, drag, hook, strut, rock, pivot, twinkle, and shuffle? If so, come to the class of your choice when Monday Line Dance resumes on Sept. 8 in the Health & Recreation Ballroom. No partner is required.

Three levels of instruction are offered. Experienced dancers make up Level Two and Intermediate classes. The Level One class is a good choice for dancers who prefer less complicated dances, for students who want to review the basics, and for newcomers to line dance. For newcomers, there is an informational meeting on Saturday, Sept. 6, at 4:30 p.m. in the H&R Ballroom.

Each Monday, Level One is taught from 4 to 5 p.m. Level Two meets from noon to 1 p.m. and is repeated from 2:45 to 3:45 p.m. The Intermediate class meets from 1:15 to 2:15 p.m.

From September through June, each class will learn approximately 20 dances. We will dance different rhythms such as merengue, rumba, tango, two step, polka, waltz, and west coast swing. There is much more to line dancing than the popular Electric Slide!

Questions? Phone 873-9440 or 857-6355.



**Theatre Group**  
Marcia Miller

By the time you read this, the cast for November's play, "Meet My Husbands," will be well into rehearsals.

The play, by Fred Carmichael, is a comedy revolving around several cases of mistaken identity.

Tom McHaffie is directing the play. He directed a couple of plays down in Clermont before moving to On Top of the World two years ago.

This past spring, he directed "Golden Days of Radio," the show the On Top of the World Theatre Group performed in April.

Like some of the rest of us, Tom discovered acting after retirement. He has been in numerous shows down in Clermont, both in the retirement community where he lived as well as community theater. One of the shows he was in was "Meet My Husbands," which gives him an inside foot into the show. Besides directing and appearing in "Golden Days of Radio," he also was one of the Spanish brothers in "The Odd Couple, Female Version," presented here at On Top of the World last fall.

Tom retired from a government job with the Navy, having lived in California much of the time. He is married to Edith and the couple has one married son. If not doing theater type things, Tom can usually be found on the golf course.

If you are interested in being a part of a theater production, anything from on stage, to helping back stage with set and props to selling tickets and doing programs and advertising, come to our next meeting, Sept. 8 at 2:30 in Suite D at the Arbor Conference Center.

One order of business on the agenda at this meeting is to elect two new board members. A board meeting will held at 1:30 p.m., prior to the regular meeting, also in Suite D.

Also look for our table at the Club Faire on Sept. 25.

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**Sherry's Mac Computer Tip**

By SHERRY SURDAM

Want to print an index sheet of photos you have on your computer? You can do this using Preview. To print multiple images per page, put the ones you want on the page in a single Preview window. If one image is open, display Preview's sidebar and then drag the other images from the Finder to the sidebar. If you don't have any images open, you can open them all at once by dragging them all from the Finder window onto Preview's icon in the Dock or in the Finder.

Now select all the images in the sidebar by clicking on any one and pressing ⌘-A. Now choose File: Print Selected Images, or press ⌘-P. In the dialog box that appears, choose the number of images you want on each page from the Images Per Page pop-up menu. If you can't see this, click the disclosure triangle to the right of your printer's name. Note: the options you have available to you will depend on your printer.



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# Classic Car Show

By Bob Woods  
WORLD NEWS WRITER

It was hot. It was extremely muggy. The sun was out in full force, sending its hot penetrating rays right through your clothing making your body respond by sweating. In plain words, it was uncomfortable but that didn't hinder those souls wishing to view classic cars that were displayed at The Town Square at Circle Square Commons.

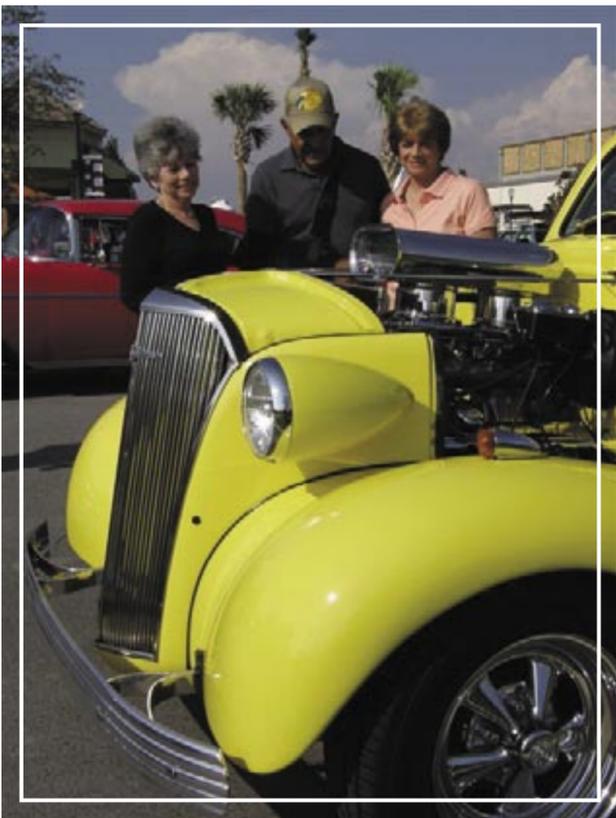
The event was larger than expected with more than 100 classic and antique cars being displayed and their drivers and owners were overwhelmed and happy displaying their "pride and joys" to the public wishing to see them.

The event started at 5 p.m. with those viewing the classic vehicles until the band started playing and at that point the audience grew to capacity. There must have been more than 500 folks from On Top of the World and other 200 corridor communities plus those drivers of the classic vehicles and families in attendance. All the facilities folding chairs were in use, plus those that are permanent and some folks bringing their own camp chairs.

All kinds of vehicles were displayed. The classic muscle cars, there was even a 1952 Mercedes 220 and a Ferrari displayed, two law enforcement cruisers and a vintage fire truck dating back into the 30s.

One of the police cruisers was an authentic 1988 Massachusetts State Police cruiser with the owner, being a resident now of Ocala, once driving this vehicle on the Massachusetts highways before his retirement. I jokingly went up to the retired trooper and pointed my finger at him stating I remember you giving me a ticket back in the 1980s on the Massachusetts Turnpike. He looked surprised but I just couldn't keep a straight face and we both chuckled. The other police vehicle was a vintage Marion County Sheriff's cruiser with a single "Bubble" situated in the center of the cruiser's roof.

A lot of the exhibitors just sat near or close to their antique vehicles while others gathered like those having a tailgate party answering questions for those spectators passing by. By comments over heard and asking folks directly, all in all, I would say this Classic Car Show was a complete success. ☺



Photos by Bob Woods  
Visitors look over a vintage car at the Classic Car Show in July.

**Town & Country  
PHYSICAL THERAPY**

**Beth  
Pantages  
PT  
Clinical  
Director**

Beth has been a Physical Therapist for over 19 years. She is co-founder of this family owned business. Her experience includes Director of Rehabilitation at Doctor's Hospital in Plantation, FL, and Chief of Physical Therapy at North Ridge Hospital in Ft. Lauderdale. Beth has served as a clinical instructor for University of Miami, Nova Southeastern and Florida International Universities. She brings to the Ocala area extensive experience and post-graduate training in Cardiac, Stroke and Orthopaedic Rehabilitation. Mrs. Pantages is a popular speaker on Back Pain, Fall Prevention, Arthritis and Cardiac Rehabilitation.

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The gnome who started it all has an official 'OTOW' hat.



Look closely ... this gnome rests at the paws of a lion.

## Gnome Sightings Blossom All Over On Top of the World

By LORRAINE ROURKE

Recent Gnome sightings indicate that in addition to our On Top of the World Traveling Gnome we have an extended family of gnomes that moved into On Top of the World. We aren't sure how they got here, whether they have come in via their visas or are natives to Florida that got lost and thought this looked like a good community to rest in.

Our first sighting was by George Conklin in Crescent Ridge II, where the resting gnome was cuddled up between the lion's paws. They must be fearless little guys. A loser look showed the bottom of the gnome has a tag reading, "I'm looking for dad and two brothers. Please help us find each other."

The second sighting was in Windsor by Mary Lamp. This one was using her lamppost for support. Was it the Arbor Club Happy Hour that separated them or the Circle Square weekend dancing? He also is looking for his family.

So folks it looks like we found two brothers. Now that must mean we have another brother out there and dad in addition to the On Top of the World Traveling Gnome. That is unless once found DNA testing can show that the traveling gnome is the parent.

We know the On Top of the World Traveling Gnome (his hat says On Top of the World Traveling Gnome) recently left 9071 S.W. 99 Court

Road and have relocated to another home in the community. So folks keep an eye out and let me know if you spot these little guys so we can reunite the family. Call Lorraine at 390-2120 or e-mail [lrourke1@cfl.rr.com](mailto:lrourke1@cfl.rr.com)

Earlier, the On Top of the World Traveling Gnome initially scared a resident in Candler by appearing on Southwest 82nd Loop. Long ago, the resident's children had collected fellows of this type and would place them mysteriously in her yard. The resident quickly checked to make sure their children had not migrated to Ocala to place him there. Where he came from is still unknown.

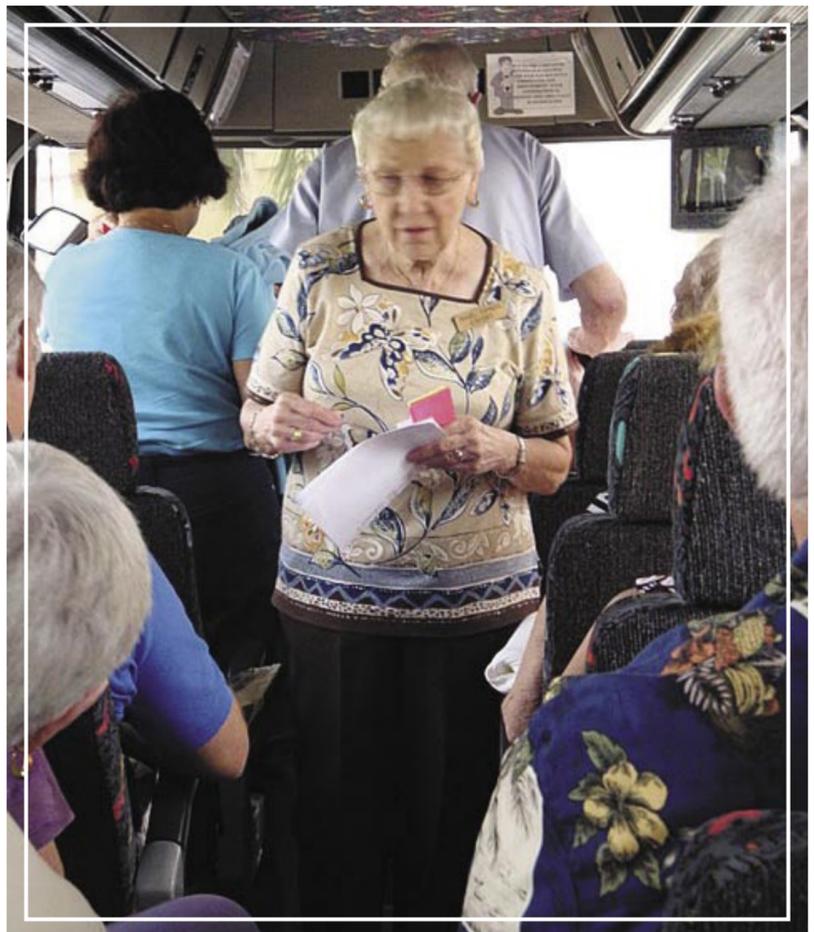
The Traveling Gnome stayed a short time and then headed over to Southwest 99th Court Road in Avalon for a visit. However, he had a run in with the resident miniature black panther (Misty the cat), which way-laid his tour of duty. Though he came out OK, his leg required some time to mend, delaying his tour.

Rest assured he has now moved on to his next resident to visit so check your gardens, bushes, trees and potted plants in case he is in your yard.

To help with identification from other yard ornamentation, he has had his name painted on his little gnome hat, "On Top of the World Traveling Gnome." He's a tiny little guy, so look closely. ☺



In July, the Travel Toppers attended Sleuths Mystery Dinner Theater Show. Marie Roppel is shown with a cast member asking the one question allowed per table about the play.



Kathy Peterson, a Travel Toppers coordinator, distributes dinner tickets on the bus during a recent trip.

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Island-style buffet lunch. There will be time in Tarpon Springs to shop and sightsee. The coordinator is Allan Rickards.

Registration will start in September for two trips in November. There will be a shopping trip Nov. 18 to the Prime International Outlet Mall in Orlando. This is the newest and largest outlet mall in Orlando. The ever-popular Thanksgiving Day trip, Nov. 27 will be to the Sleuth Mystery Theater in Orlando. Please check the new brochure for the dates registration will start and the names of the coordinators. Speaking of the new brochure, registration dates will be somewhat earlier than usual to give those who go away for the holidays a chance to register for upcoming events. The new brochure should be out by end of August or the beginning of September.

Mike and Marie Roppel reported "On July 29, 46 Travel Toppers got on a bus to Orlando to attend Sleuths Mystery Dinner Theater Show. The play was 'Kim and Scott Tie the Knot.' The audience enjoyed dinner while participating in an Italian family wedding with someone getting killed, and the audience trying to determine the killer. After the dinner each table was to select a spokesperson to ask a cast member one question to try to determine the killer."

From May 29 to June 5, 2009, Travel Toppers will take a seven-night Sawyer Glacier Cruise on the Royal Caribbean ship, Rhapsody of the Sea. The trip includes bus to Orlando, round trip airfare to Seattle, taxes, port charges, and fuel supplement (subject to change.) Ports of call will be Juneau, Skagway, Tracy Arm Fjord, and Victoria, B.C. Category D — inside stateroom is \$1,899. Category H — outside stateroom will be \$2069. A D-2 Balcony will cost \$2,569 while a category D-1 Balcony will be \$2,609. Single rates are available. If interested, please call Audrey Mangan.

Travel Toppers would like to welcome all residents of On Top of the World to our meeting, Sept. 3, at 10:30 a.m. in Suite A of the Arbor Conference Center. It will be nice to see everyone after the summer hiatus. Until then, happy travels to all. ☺



**Travel Toppers**  
Jo Swing

Hello September and hello everyone. After a lazy, warm summer On Top of the World and Travel Toppers is gearing up for an exciting and adventurous fall.

On Sunday, Sept. 14, there will be a trip to the Show Palace Dinner Theater to see "Smokey Joe's Cafe." A wait list is needed. If interested, please call Jo Swing. On Thursday, Sept. 25, we will be going to see the Florida Carriage Museum and then on to the Lakeridge Winery. This trip costs \$49 and includes lunch at the Carriage Museum. This should be an interesting and enjoyable trip, especially for all you wine lovers. Please call Kathy Hess to be put on the list.

October will see us back at the Show Palace on Thursday, Oct. 16, to see "The Unsinkable Molly Brown." Cost is \$54 per person and includes show, buffet dinner, transportation and tips for driver. Check with Glo Hutchins for availability.

On Wednesday, Oct. 22, Travel Toppers will be enjoying a leisurely cruise from Clearwater to Tarpon Springs with Starlite Cruise. The cost is \$62 and includes a continental breakfast and an



**Artistic Crafts  
& Gifts**  
Loretta Troutman

We're back. Yes, we are setting up our tables every Tuesday morning in the Health & Recreation Ballroom from 9 a.m. to noon as we have done in past years.

Our crafters bring their handmade items and display them for your home decor and/or gift giving. Do come up to the H&R Ballroom on Tuesday mornings and you will enjoy seeing the fine items the crafters display. You are not likely to find anything like it in the local stores. You will be shopping in a pleasant atmosphere and just think of the gas you'll save shopping so near home.

If you are a crafter and would like to join us, please call Rene Beck for details. ☎

**Sewing  
Bees**  
Pauline Sinksy

Christmas in August? Yes, it is the time of the year again to make reservations for our Christmas luncheon as well as discuss how many Christmas stockings we will be making for our holiday project. After all of this was ironed out, it was suggested we go out to lunch "just for the fun of it." We need a break once in a while and this seemed like a fun thing to do. The Holiday Inn's Sky Asian Fusion was selected.

We decided that we would take part in the On Top of the World Club Faire again this year. Our display will consist of the items we make and our scrapbooks. Some members will actually be working on projects while others will be available to discuss our activities and the agencies we supply with comfort kits.

Unique Christmas wall hangings were displayed at our monthly show and tell. The design was a nativity silhouette set against a colorful background. When they were held up against a window, they looked like stained glass. No two were alike, and I would have had trouble picking a favorite. Thanks to Lee Ann Oliver for her help and guidance through this project.

We received a donation of a wonderful sewing machine last month as well as a small storage chest. Both will be put to good use. As a reminder, if you have a working sewing machine or cotton fabric which you no longer have a use for, call Marcy at 854-1181 or Lee Ann at 854-7205. We also have use for embroidery floss, quilt batting, and fiberfill.

Come visit us and check out what we do. We're in the Art Room near the mini golf every Thursday from 12:30 to 3 p.m. ☎

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**Stitch Witch  
Quilters**  
Ann Weldishofer

There being no formal business meeting in August this year, we have no new news to report, so I thought we could list a few events that will be coming with the cooler weather this fall.

The annual Jacksonville Quiltfest will be on Sept. 25, 26 and 27 at the Prime Osborn Convention Center. This is always a big show and fun to attend.

**Embroidery  
Chicks**  
Jan Johnson

Our early August project was to make an embroidered business card holder, all done in the hoop. This holder is similar to a wallet with only two pockets, one on each end of a small piece of lovely fabric. The pockets are covered with clear vinyl windows to allow the individual to see the contents of each pocket. Imagine stuffing your credit cards, business cards, coupons, etc., in the vinyl pockets. We ladies have a plethora of stuff that can be stored in the cardholder for extra organizational purposes. The additional feature of the cardholder was the embroidered initial of our choice on the front of the holder. It was a lovely, fun and very useful item to make. The holder is also great as a "gift wrap" for a holiday gift card.

Our late August/early September project will be an embroidery stitch sampler. Today's sewing and embroidery machines are getting more complicated and offer many options, such as beaucoup stitches in both utility and decorative (embroidery) types. On many machines, the vari-

ous kinds of stitches can be used both individually and/or combined with other stitches. It can be challenging to learn everything about our machines with so many choices.

The embroidery stitch sampler is a learning experience to enhance our knowledge of what can be done.

Do you remember the embroidery samplers made by young ladies of olden days? The samplers were done as practice for future and fancier projects as the young ladies' skills improved. We young ladies will do the same on our samplers. Participants are asked to bring along the fabric and coordinating threads needed, but most importantly, the manual for their machines. This is due to the variety of machines in our group plus ... who knows everything? When in doubt and especially when lost, consult the manual. This will be somewhat frustrating as learning can sometimes be, but exciting too! There is always the sigh of relief and the pride after we figure out how to "do it."

Ladies, come join us! We help each other out with everything and welcome beginning embroiderers. We were all once there.

We meet the first and fourth Friday of each month at the Arbor Conference Center, in Suites B and C, from about 9:30 a.m. until sometime after lunch, depending on the project of the day.

Call Theresa at 291-7570 if you have questions. We hope to see you! ☎

Our next business meeting will be held on Sept. 2 in the Art Room at 1 p.m. and we invite all On Top of the World quilters to join us. ☎

On Oct. 4, there is a show in Palatka, and on Oct. 10 and 11 in Brandon.

The Suwannee River Quilt Show and Sale will be on Oct. 17, 18 and 19 at the Stephen Foster Folk Culture Center State Park in White Springs. This also should be an interesting time. Also, on Oct. 18, Oak Run will have their Quilt Show, and we here at On Top of the World will hold our Annual Craft Fair. Come see us there and shop at our Boutique Table for different and unusual gift items.

On Nov. 7 and 8, the Country Roads Quilt Guild will hold their Quilt Show in the glass building on the campus of the Central Florida Community College on S.R. 200.

In January, The Villages will have their Quilt Show on Jan. 30 and 31. And on Feb. 20 and 21, Titusville will hold a Quilt Show.

Then, right in our own backyard in the Circle Square Cultural Center, on March 26, 27 and 28, the Busy Bees Quilt Club of Belleview is sponsoring a seminar by Ricky Tims, Alex Anderson and Libby Lehrman. This three-day event will be very informative, and also a lot of fun.

So, while our members are spending our summer vacationing and sewing items in our air-conditioned sewing rooms, some of our quilting sisters are busy planning wonderful events for us to look forward to!

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**The Happy  
Hookers**  
Yvonne Bednar

Last month Carol Toye brought us up to date with the projects that everyone is working on. This month I want to say welcome to and welcome back to our communities here at On Top of the World.

Anyone new to reading our newspaper and seeing the Happy Hookers heading for our article must be wondering who are these people and what do they do?

We are a small group of women who got together to do rug latch hooking about 10 years ago. Word got around and women wanted to join in, but didn't want or know how to do rug latch hooking, so they just brought along what they enjoyed doing. Before long, we had women knitting, crocheting, creating crewl pictures with yarn, cross stitching and needle point.

We grew to about 20 ladies who enjoyed getting together, and also decided to have a bi-monthly luncheon trip to the many restaurants in Ocala for friendship and fun. In time, it was decided to have a fun catchy name, so The Happy Hookers was chosen, instead of Rug and Latch Hook Group.

We meet from 2 to 3 p.m. in the Arts/Ceramic Room across from the water tower every Monday, all year. We have no officers, or minutes to read and no dues. We make what we want to work on for whom we care to, be it ourselves, family, gifts or to the needy and at times to a rehab center making lap robes for the patients. In other words, we do our own thing. We attend when we care to. Some women come up every Monday and some a couple of times a month. We are a fun loving group who enjoys a laugh. Several conversations will be going on at the same time. We just don't sit and count stitches. It has turned out to be a learning experience for many, some who never knew how to knit, etc. We welcome women from all the communities. It's been a nice way of meeting people from around the country, so if you think you would be interested, why not come up some Monday or call Jackie Palotta at 854-4555 for more information. We are "out to lunch" the first Monday in October and December, so don't visit then.

Speaking of lunch, this past August we went to the Town and Country Diner. The service was excellent and food tasty and very plentiful.

In May and June I mentioned that I am helping out with knitting helmet liners for our military in Iraq. A woman here in Ocala is spearheading this project and needs help with knitting or crocheting these. Approximately 2,000 are needed by November. She will send them in early November to be received by Christmas. Since my articles I have 10 women who have contacted me for the directions and the name of this woman in charge. They come from here, Spruce Creek, Stone Creek, and The Villages. It is now September and if you feel you would like to help out, give me a call at 237-6528. It will be greatly appreciated.

Knit one, purl two. ☎



**German  
American Club**  
Judy Dunn

Welcome back, German American Club members. I hope everyone had a wonderful summer whether traveling or enjoying the warm weather here at On Top of the World.

We look forward to a year filled with new programs and hospitality.

If you are looking for a club to join where you can make new friends and enjoy German hospitality, come to our meetings. You don't have to be of German ancestry. All are welcome.

Our first meeting will be on Tuesday, Sept. 9, at 6:30 p.m. at the Arbor Conference Center, Suite E. See you there. ☎



**Mah Jongg**  
Mary Ehle

The tournament is just around the corner, Oct. 4, so don't delay in sending me your reservation. I need three to fill out a table. Everything is the same as other years.

For all questions just call me at 873-7507. It is really looking like it is going to be a good tournament. Hope to see you there.

I will be teaching again starting in October. Call for reservation. Class is on Wednesdays, 12:30 to 2:30 p.m. Call me if you are interested.

Jokers to you. ☎

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## Mid-Florida PHYSICAL THERAPY



Sydney Salat, PT



Angela Brannon, MPT

Sydney M. Salat, PT graduated from the University of Florida earning a Bachelor's degree in Physical Therapy. She has been a physical therapist with Mid-Florida Physical Therapy for 25 years. Sydney specializes in orthopaedic rehabilitation.

Angela Brannon, MPT received her Bachelor of Science degree in Exercise Science from the University of Southern Mississippi and her Master of Health Science in Physical Therapy from the University of Central Florida. Prior to joining Mid-Florida Physical Therapy, Angela practiced for 6 years as an Exercise Physiologist in several outpatient physical therapy settings.

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- Vestibular Conditions
- Sports Medicine
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- Joint Replacement Rehabilitation
- Rotator Cuff Repairs

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**Red Hat Society**  
Vivian Brown

Fall is almost here and ladies that means our busiest season has arrived. The QM meeting will be at 3 p.m. on Sept. 15 in Suite H of the Arbor Conference Center. At that meeting all chapters must turn in the money, \$13.50 per person, for those planning to attend the Hawaiian Luau on Sunday, Oct. 26. Don't forget to tell your QM if you would like to be part of the Red Hat Bocce, which will start in September. Queen Mothers please save the date Nov. 1 for the gathering of Queens and Vice Queens. The event will be held at the Harbor View Center in Clearwater. Till next time, Purple Hugs and Red Hat Kisses, Vivian.

**THE RAZZLE-DAZZLE RED HAT DAMES** have been busy visiting families, or traveling, whether for a day, a week or a month. We are now ready to

pick up steam as we head for Dillard's for some of our ladies free makeovers and lunch at Mimi's Café. It's like visiting New Orleans Bourbon Street. We'll let you know next month how it all went. Stay well, have Fun and God bless. Happy Hatting, ... *QM Vivian Brown*

**COOL CATS IN RED HATS:** The hot days of summer have not slowed our little band of red hats. We are all keeping busy. Gas prices have kept us closer to home. But, that has not put a stop to our fun. Geraldine Centofani had the turn to be the cat of the month and plan our outing. She did a great job of it, too. Geraldine picked that new Italian restaurant right outside the gate to On Top of the World. Lorenzo's is the place. If you have not been there, by all means try it. We had a lovely lunch. Everyone was very pleased with the amount and taste of their food. ... *QM Janet Fragapane*

**THE GLITZY GALS** enjoyed lunch at the Red Lobster for their August outing. After lunch we went to Yalaha Delights for coffee and discussed plans for upcoming events including the Hawaiian Luau in October at the Health & Recreation Ballroom. Hostesses for this month were Nancy Cooperman and Sara Riehm. Prizes were won by Dottie Hinde and Faye Shampine. Next month we will be traveling to The Villages for our outing. "Things turn out best for the people who make the best of the way things turn out." ... *QM Mary Curry by Janet Wahl*

**SCARLET FOXES:** In order to have a great group, you need positive, dependable, enthusiastic, agreeable, caring and beautiful people. Luckily, or by Providence, the Scarlet Foxes are this kind of group. Our Vice Queen, Kathy Hoefler, secretary, Linda Heenan, and treasurer, Helen Hess, are the best officers anyone could want. Pat DaCosta brought a snapshot of one of the first meetings of the Scarlet Foxes, which started approximately five years ago. The first queen was Sherry Sklow, then Gail Livsey, Betty Thayer and now yours truly. Many, of the original group are still members: Patty Corden, Pat DaCosta, Linda Heenan, Helen Hess, Marie Kearney, Phyllis Kraus and Ann Marie Russo. We celebrated Marie Kearney's birthday at Stone Creek on Aug. 1. We never ask anyone's age because we are all 49 and holding. Most of all, I want to thank everyone in our group for supporting me over the past eight months, and caring about each other. ... *QM Phyllis Kraus*

Please send your chapter's activities to Vivian Brown, e-mail, vivjcb@cfl.rr.com by the ninth of the month or call 291-0246 if you have any questions. Thank you. ☺



**Pennsylvania Club**  
Pat Utiss

It is hard to believe summer is almost over and it is time to start the club season again. Of course, here in Florida it will be quite awhile before the temperatures reflect the fall season.

Sept. 10 is the date for the next Pennsylvania Club meeting. It will be in the Arbor Club, Suite E. The business meeting starts at 3 p.m., but do come early for refreshments and to share companionship with your fellow club members.

Following the short business meeting, we will have horse racing for our entertainment. We did this last year, and everyone seemed to enjoy it very much. Many members requested we do it again. So, bring your money to bet on your favorite horse. All money received is returned to the winners, so the more you bet, the more you can potentially win.

If you are new to On Top of the World, we welcome you to come to our meeting. We are the Pennsylvania Club, but we do not have any rules about who can join. We are a fun, social club and you are welcome to come to any meeting and try us out. ☺

**Orchid Club**  
Linda Rose

Orchid Club meetings will resume Sept. 18 after taking off July and August. This marks the third year of our club and we're excited about having easy access to a grower every Thursday at the Farmer's Market! If you are one of those people who has admired or purchased one of these plants and aren't quite sure what to do with it, we can help you! If you have a plant with a problem, bring it to the meeting for advice. Better yet, if you have a plant to show off we welcome sharing of information and just showing off our plants for "show and tell."

Our September meeting will be about Vandas and topping them; in other words dividing them. This is a great way to keep them from getting too tall, as very mature plants can reach great heights. Hildegard has been dividing hers and will share what she has learned.

For the remainder of the year we plan to demonstrate how to mount an orchid plant onto cork, cedar or oak for the October meeting. November will be all about Phalenopsis orchids and December will find us touring different collections here in On Top of the World.

We welcome suggestions for the year 2009 as topics for those meetings. We are tentatively planning a trip to Marie Selby Gardens in February.

Orchid Club meetings are held the third Thursday each month at 1:30 p.m. in Suites B and C of the Arbor Conference Center. Hope to see you there. ☺

**The Movie Club Presents 'Bucket List'**

By MARY EHLE

The movie for September is "Bucket List," starring Jack Nicholson and Morgan Freeman. These are two of my favorite actors and having seen the movie, I loved it.

It is directed by Rob Reiner and holds true to his fine movies. Jack is a corporate billionaire who is an unwilling room mate of Morgan Freeman. They both get some very bad news and what they do with their lives afterward is a great story. They find out who they really are — something most of us don't really want to know about ourselves. There are some big life lessons. Oh yes, be sure to bring a tissue.

The movie club is open to all On Top of the World residents and their overnight houseguests. You do not have to be a member. For non-members, it is \$2 at the door. The show starts promptly at 6 p.m. so don't be late. Come to the Health & Recreation Ballroom on Sunday, Sept. 14.

Hope to see you there. ☺

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**Southern Club**  
Bob Bland

The first meeting of the Southern Club for the year 2008-09 will be Thursday, Sept. 4, in the Health & Recreation Ballroom at 5:30 p.m. All of you southern cooks, dust off those recipes and get ready for some good ole southern cooking. Join us for fellowship, fun and plenty of good food. Our program for the September meeting will be headlined by none other our very own Charlotte Hancock.

We want all of the members from last year to return with their humor and gracious southern hospitality. If you are not a member and were born in a southern state, lived in a southern state for at least 15 years or more, you are invited to join. If you or your spouse met either of the requirements you are welcomed also. Bring a dish to serve to at least eight people. Our dues continue to be only \$10 each for the year. We have some very interesting programs in the lineup and you will enjoy the great fellowship and pleasant company of your neighbors in an environment the leads to close friendships.

Look forward to seeing y'all on the 4th at 5:30 p.m. in the H & R Center. ☺



**Concert Chorus**  
Joanie Bolling

The summer On Top of the World Concert Chorus will present "A Bit of Broadway" featuring 28 songs from 21 hit Broadway shows on Sunday, Sept. 7, at 3 p.m. in the Health & Recreation Ballroom.

Many months of rehearsals have gone into making this performance a success. We expect a full house with standing room only.

Our individual section leaders have met with the various four-part harmonizers in order to perfect each of the sounds required. In addition to the Broadway selections, there will be solos, quartets, ensembles and a few delightful surprises by new voices to entertain you.

Please mark your calendar for Sunday, Sept. 7, at 3 p.m. in the H&R Ballroom.

There will be no admission charge. Joanie's "wordly" thought: Music is a "universal" language. ☺

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**Computer Club**  
Sherry Surdam

Well, here it is, September already. Where did the summer go? As much as I hate time passing so quickly, fall should bring us some relief from the warm temperatures we've been having. As we are now resuming our regular Saturday program sessions, September's schedule of programs is as follows: On Sept. 6, Spreadsheets; Sept. 13, Backup or Die!; Sept. 20, a presentation on downloading and installing programs; and on Sept. 27, Don Sommer will present his A Healthy

PC program — essential advice on keeping your computer running smoothly!  
Tuesdays and Thursdays will be Q&A meetings with the possibility of an occasional new program being tested. These sessions are for beginners and experts alike. Please don't be intimidated if you think you are just a novice. These sessions are an opportunity for you to ask questions and reap the benefits of advice from the more experienced users. No matter what your level of experience, everyone benefits from these meetings. Sometimes we discuss subjects that are not necessarily of interest to all, but if you don't come and ask your questions, you will never get the answers you seek!  
All meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesday, Thursday and Saturday. If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and more experienced users!  
Be sure to check our Web site at [www.cccocala.org](http://www.cccocala.org) for any changes in our schedule.  
Please note: Those of use who have Mac laptops usually have them on the Tuesday and Thursday meetings and if there are any Mac users in attendance we can adjourn to a separate room within reach of our wireless system and try to work out problems or answer questions. If you have a Mac and would like to join us, please do. Or, if you are interested in seeing what you can do with a Mac, this would be a good way to find out if it suits you. ☺

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**Tuesday/Wednesday**  
Friendship Colony

**Thursday**  
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# POET'S CORNER

*Poetry from On Top of the World Residents*

## Show Me

By MARY CULBERSON

<p>Show me the paths the gypsies have trod Through the shadowy depth of the wood Show me the place where the animals play And the spot where the little fawn stood.</p> <p>Let me hear the songs of hidden birds</p>	<p>Nesting high up in the trees Let me inhale the sweet aroma That pine trees exude in the breeze.</p> <p>Give me the flowers the bees have kissed In their quest to fulfill their role If only I could have all this 'Twould satisfy my searching soul.</p>
--	--

## Destiny Calling

By MARY CULBERSON

<p>The night is dark and mysterious With only a sliver of a moon If you listen with all your senses You'll hear little night creatures Sing their mournful tune.</p> <p>I know they yearn for a companion A comrade out there in the gloom A mate to keep them company Before mankind seals their doom.</p>	<p>They instinctively know, time is short Maybe a month or two They need to fulfill their destiny Before morning breaks anew</p> <p>The night is dark and mysterious At last there shines a full moon If you listen with all your senses You'll hear those little creatures As they joyfully spoon and croon.</p>
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Articles: 14th of the month

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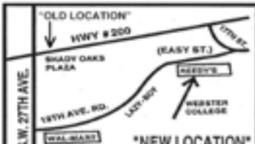
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## Model Railroaders Hold Initial Meeting

On Top of the World residents interested in model railroading are invited to a get-acquainted meeting.

We will "board" at 9 a.m., Wednesday, Sept. 3, at the Health & Recreation meeting room No. 2 (lower floor).

This is an opportunity to become acquainted with other locals interested in the hobby. All are welcome. Come join us for an exchange of ideas and experiences. For additional information contact Hud Huddleston at 861-6221 or hhuddleston2@cfl.rr.com. ☎



**Lions Club**  
Dianne Lovely

At our Aug. 12 meeting, Peter Dodd was inducted as our newest member. Welcome, Peter.

At our July 22 meeting, Gary Lane, representing Edward Jones, was our guest speaker. He spoke on the pros and cons of stock investments.

Your On Top of the World Lions Club collects used eyeglasses, ink jet cartridges and cell phones. You may drop yours off at many of our local business locations where you find a purple and gold Lions collection box. The eyeglasses are repaired and given to those less fortunate here and abroad. The monies raised from the sale of old ink jet cartridges and cell phones is used to help fund our many charitable projects.

If you have the time and desire to "make a difference" ask one of our members how you can become one of us. Our motto, "We serve," says it all. We serve, we share, we care.

Call membership chairman Marty Schely at 307-1286 to become a Lion today. ☎



**Dish & That Recipes**  
Jean Breslin

Being that it's so warm these days, I'm suggesting salads for dinner, easy ones too. How's that for being a friend?

### Waldorf Chicken Salad

3 1/2 cups cooked chicken, cut up  
2 cups diced apples  
1/2 cup diced celery  
1/2 cup chopped walnuts  
1/2 cup mayonnaise  
2 teaspoon Worcestershire sauce  
Salt and pepper, to taste

Mix all ingredients and serve on a bed of greens.

### Coleslaw with Sweetened Dried Cranberries

1 small or 1/2 large head cabbage  
1 carrot shredded  
1/2 cup raisins (dried cranberries)  
1 tablespoon white vinegar  
1/2 cup mayonnaise  
1/2 cup Italian dressing

Mix all ingredients together. Notice that I didn't add salt or pepper. Salt isn't good for you. There is natural salt in almost everything. If you like pepper, add it. Once in a while I add chopped pecans, walnuts, or pieces of cold cooked chicken. ☎

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### What's New!

There are a lot of good reasons to go to Candler Hills Restaurant. While others were taking a break for the summer, we were busy creating a variety of exciting events to entice even the most discernible palate.

Every morning at Candler Hills Restaurant, we offer a morning buffet from 8 until 10:30 a.m. This includes homemade personal quiche, Danish, bagels, fresh fruit, juice and coffee — all

for the low price of \$6.95. We step up the daily morning buffet on Sunday mornings to include scrambled eggs, hash browns and bacon. If you would like your eggs cooked differently, feel free to ask your server and the chef will gladly prepare it for you at no additional charge.

We at Candler Restaurant are very excited about two new events that we are having nightly. On Monday nights we feature our Italian buffet from 4 until 8 p.m.

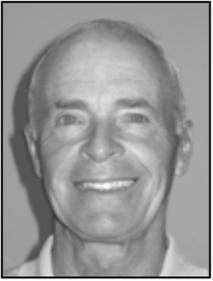
This is not just pasta with a variety of sauces. We also offer garlic bread, salad, meatballs, Italian sausage and delicious lasagna with meat sauce. I also make an Italian specialty each night featuring meat or seafood.

There is an Italian dessert on the buffet such as tiramisu or cannolis. Donna Little, the manager of Candler, prepares a unique Italian Sangria just for this night that can be purchased for \$2 a glass. For \$11.95 per person this is a night that you shouldn't miss.

On Wednesday nights from 4 until 8 p.m. we feature Grill Night at Candler Hills Restaurant. This has proven to be quite a hit already. I break out the charcoal grill and prepare steaks, chicken and ribs with all the necessary sides. We all enjoy this night because we cut loose and dress down with Hawaiian shirts and a variety of reggae and Jimmy Buffet tunes.

If you haven't been to Candler for these new exciting meal times, I challenge you to give it a try; you won't be disappointed.

I also love to get your feedback and any ideas that you would like to see at Candler Hills. Please contact me at dave\_bland@otowfl.com. ☎



**Favorite Recipes**  
Dinner Club  
Luke Mullen

Summer is underway for our diners. Many of our members are visiting relatives, are going north or are going on exotic vacation trips around the world. Our July dinner had 18 diners at three dinners.

Jimi and Tony Bartolone hosted our first dinner. Their evening began with wonderful appetizers made by Jean and Joe Breslin. They brought saga blue cheese covered with chopped pecans that was served on crackers. Also, they served celery bites, filled with peanut butter and bacon and pepperoni puffs, made with sharp cheddar cheese and baked in mini cups.

Following the hors d'oeuvres Jimi and Tony served bruschetta on Italian bread and antipasta with mozzarella cheese and tomatoes on a bed of lettuce with red peppers and black olives. The entree they served was grilled chicken breast Alfredo over fettuccini pasta with fresh ground Parmesan cheese, which was delicious.

Following the main meal, Sue and Howard Bourland made a delicious key lime pie. It was

great. Everything at the dinner was great and all participants had a fun evening.

Edie and Fritz de Holl hosted our second dinner. Kathy and Luke Mullen brought two hors d'oeuvres. The first was sausage stuffed mushroom which contained Italian sausage, chopped green onions and mushroom stems with spaghetti sauce topped with mozzarella cheese baked. The second was a cranberry cheese spread covered with cranberry sauce with slivered almonds and was served with various crackers.

After the appetizers Edie and Fritz de Holl served the main meal. It started off with a great caesar's salad, with anchovies optional.

This was followed by the entree, which were lamb shanks that were served on a bed of Navy beans, tomatoes, basil and Parmesan cheese. The accompanying side dish was a mixture of summer squash and bell peppers. The meal was great.

Gitte and Paul Agarwal provided the dessert. It was (a served) a delicious apple strudel with walnuts and raisins which was scrumptious.

The hosts for our third dinner were Joan Sigafos and Richard Miles. They started their evening off with tangy meatballs, spring cucumber and radish canapés with New York cheddar and assorted crackers. After the appetizers, they served the salad course, which was white asparagus composed salad with a red and green pepper vinaigrette dressing.

For the main meal, they served "poulet nicoise," a braised chicken dish with Greek olives, roma tomatoes and fresh summer squash. This was accompanied by roasted red potatoes and fresh green beans with mushroom sauté.

After the main meal, Kathi and Ray Lang served the dessert. It was a lemon yogurt cake topped off with a glaze of confectioner's sugar mixed with lemon juice. It was served with warm blueberry sauce.

All of the diners enjoyed their evening at Joan and Rich's home.

If you enjoy cooking and entertaining people in your home, consider calling Luke at 304-8104 for membership information. ☎

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## Third Annual Golf for the Cure Set for Oct. 17

October is Breast Cancer Awareness month and a time to help support the search for a cure. Did you know one in eight women would develop breast cancer in their lifetime, so you probably know someone who has battled or will battle breast cancer?

The Third Annual Golf for the Cure will take place at Pine Oaks Golf Club, in Ocala, Friday, Oct. 17, at 1 p.m. The format is a four-player, 18-hole scramble and is open to men and women. The fee is \$80 per player, which includes T-shirts, dinner and beverages. Proceeds from this benefit will go to the Susan G. Komen for The

Cure Central Florida Affiliate.

There will be a \$10,000 hole-in-one prize along with other prizes, and chance drawings. This year there are some special drawings including a Tiger Woods autographed World Golf Championships pin flag.

Dr. Jamie D. Daniel, M.D. is on the board of the Komen Foundation and is the chairperson for this tournament. Registration forms are available at Central Florida Breast Clinic, Pine Oaks Golf Course or online at [www.golfforthecure.net](http://www.golfforthecure.net). For more information call the Central Florida Breast Clinic at 867-0215. ☎

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# Card Clubs & Games

## Monday Afternoon Bridge

Sara Anderson

### July 14

1: Mary Carol Geck and Loan Lord; 2: Caryl Rosenberger and Marjorie Benton; 3: Ann and Bill Mahoney; 4: Fran Griswold and Betty Morris.

### July 21

1: Carol Thompson and Ida Rosendahl; 2: Caryl Rosenberger and Marjorie Benton; 3: Ann and Bill Mahoney.

### July 28

1: Mary Carol Geck and Joan Lord; 2: Caryl Rosenberger and Marjorie Benton; 3: Mazie Millward and Bonnie Heinlen; 4: Fran Griswold and Betty Morris.

### Aug. 4

1: Mary Carol Geck and Joan Lord; 2: Carol Rosenberger and Marjorie Benton; 3: Joe and Phyllis Zwick; 5: Bill and Ann Mahoney.

### Aug. 11

1: Mary Carol Geck and Joan Lord; 2: Ann and Bill Mahoney; 3: Marge Starrett and Joyce Walchak; 4: Fran Griswold and Betty Morris.

## Monday Night Bridge

Ginnie Barrett & Myra Butler

### July 14

1: Myra Butler; 2: Fran Griswold; 3: Mildred Lane. Con: Joan Sigafoos.

### July 28

1: Ida Rosendahl; 2: Myra Butler; 3: Jim Mahoney; 4: Mary Roberts. Con: Flo Penn.

### Aug. 4

1: Elsie Helwig; 2: Ida Rosendahl; 3: Jim Mahoney; 4: Mildred Lane. Con: Eleanor Giardina.

### Aug. 11

1: Myra Butler; 2: Ida Rosendahl; 3: Marion Turbin; 4: Betty Barney. Con: Helen DeGraw.

## Tuesday Afternoon Bridge

Agnes LaSala

### July 8

1: Betty Morris and Laura Jean Teyral; 2: Ray Diets and Mazie Millward; 3: Agnes LaSala and Carl Woodward.

### July 15

1: Ray Dietz and Mazie Millward; 2: Marie Dare and Joe Zwick; 3: Elsie Helwig and Kay Wood.

### July 22

1: Joe Zwick and Marie Dare; 2: Mazie Millward and Ray Dietz; 3: Betty Legg and Phyllis Zwick.

### July 29

1: Kay Wood and Elsie Helwig; 2: Carol Thompson and Betty Morris; 3: Marion Wade and Helen DeGraw.

## Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 861-5700.

### July 15

1: Joni and Ted Jarvais; 2: Doris Keathley and Mary Carol Geck; 3: Betty and Bill Raines.

### July 22

1: Ida and Bill Carlson; 2: Edith and Bill Hunter; tie at 3: Doris Keathley and Mary Carol Geck and Ida Rosendahl and Caryl Rosenberger.

### July 29

1: Ida Rosendahl and Dick Mansfield; 2: Doris Keathley and Mary Carol Geck; tie at 3: Joan Lord and Nel Bosschaart and Marjorie and Bruce Benton.

### Aug. 5

1: Caryl Rosenberger and Jayne Kaske; 2: Marjorie and Bruce Benton; 3: Doris Keathley and Mary Carol Geck.

## Wednesday Afternoon Bridge

Fran Griswold

Aug. 6 was a special day in our Card Room. New chairs and a box of candy were in place for us to enjoy. We thank Debbie Clark for her efforts in getting new chairs. We do not know where the candy came from. We appreciate all surprises. We are always happy to see smiling faces at our games. All bridge players are welcome.

### July 16

1: Marlene Floeckher, 4070; 2: Phyllis Silverman; 3: Pat Holmes; con. Margo Thomas,

### July 23

1: Helen Eshbach, 4080; 2: Gloria Richards; 3: Phyllis Silverman; con. Laura Jean Teyrol.

### July 30

1: Joyce Walchak, 5480; 2: Carol Rosenberger; 3: Marlene Floeckher; con. Bill Mahoney.

### Aug. 6

1: Shirley Stolly, 5460; 2: Fran Griswold; 3: Marion Wade; con. Margo Thomas.

## Thursday Afternoon Bridge

Marion Turbin & Betty Legg

### July 17

1: Marge Starrett; 2: Mazie Millward; 3: Marion Turbin.

### July 24

1: Marge Starrett; 2: Kay Wood; 3: Agnes LaSala.

### July 31

1: Cleona Redman; 2: Marion Wade; 3: Marion Turbin.

### Aug. 7

1: Fay Rumens; 2: Mazie Millward; 3: Lee Sheffer.

## Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

### July 17

1: Carl Woodbury; 2: Carol Thompson; 3: Flo Penn; 4: John Mataya; Cons. Elsie Helwig.

### July 24

1: Myra Butler; 2: Tom Marta; 3: Phyllis Bressler; 4: Ida Rosendahl; Cons. Elsie Helwig.

### July 31

1: Carl Woodbury; 2: Paul Agarwal; 3: Eleanor Giardina; 4: Carol Thompson; Cons. John Mataya.

### Aug. 7

1: Liz Milleson; 2: Phyllis Bressler; 3: Bill Hunter; 4: Eleanor Giardina; Cons. Dick Mansfield.

### Aug. 14

1: Marion Turbin; 2: Tom Marta; 3: Kay Wood; 4: Jim Mahoney; Cons. John Mataya.

## Friday Night Bridge

Hazel & Phil Merchant

### July 18

1: Eleanor Giardina; 2: Jan Moon; 3: Marjorie Benton; 4: Bill Hunter; 5: Rozella Ovrebo.

### July 25

1: Rozella Ovrebo; 2: Geri Cassens; 3: Catherine Edwards; 4: Joe O'Brien; 5: Hazel Merchant.

### Aug. 1

1: Agnes Weber; 2: Jack Martin; 3: Ellie Rapacz; 4: Phyllis Bresler; 5: Bruce Benton.

### Aug. 8

1: Joan Lord; 2: Phil Merchant; 3: Eleanor Giardina; 4: Micky Martin; 5: Lee Sheffer.

### Aug. 14

1: Dick Mansfield; 2: Fay Rumens; 3: Mary Culberson; 4: Caryl Rosenberger; 5: Phyllis Bressler.



## Friday Night Euchre

Joe Askenase

### July 18

**Four-Handed Game**  
Tie at 1: Marcy Askenase, Clarence Lietzow

### Five-Handed Game

Tie at 1: Vi Horton, Virgil Taylor; 2: Shirley Coe; tie at 3: Helen Foskett, Diana Riegler.

### July 25

**Six-Handed Game**  
1: Diana Riegler; 2: Clarence Lietzow; 3: Shirle Coe; 4: Helen Foskett; tie at 5: Vi Horton, Russ Riegler.

### Aug. 14

**Four-Handed Game**  
1: Helen Foskett; 2: Marcy Askenase; 3: Clarence Lietzow; 4: Russ Riegler.

### Five-Handed Game

1: Diana Riegler; 2: Maria Franc; 3: Vi Horton; 4: Shirley Coe.

### Aug. 8

**Four-Handed Game**  
1: Clarence Lietzow; 2: Diana Riegler; 3: Russ Riegler; 4: Marcy Askenase.

### Five-Handed Game

1: Virgil Taylor; 2: (tie) Maria France, Vi Horton; 3: Shirley Coe.

**Emergency After-Hours Phone Number**  
236-OTOW (236-6869)

## Friday Night Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all!

### July 18

Out of 29, Genny Brenner and Joan Sigafoos had a perfect score of 60; 2: Jerry Dean; tie at 3: Mary Bartel and Richard Bartel; 4: Gitte Agarwal; 5: Betty Legg.

### July 25

Out of 40, 1: Betty Legg; tie at 2: Billy Swing, Richard Miles and Chuck Campbell; tie at 3: Joanne Shea, Jo Swing and Phyllis Wall; tie at 4: Nancy Kowsky, Gitte Agarwal and Joan Sigafoos; tie at 5: Jan Harris, Bev Moreau, Mary Roberts, Irene Pisani and Mary Bartel.

### Aug. 1

Out of 37, 1: Buck Chaillet; 2: Bill Eberle; 3: Sharon Dean; tie at 4: Phyllis Wall, Hank Kolb, Irene Pisani and Genny Brenner; tie at 5: Richard Bartel, Edith Kolb, Leah Bisciotti and Mary Bartel.

### Aug. 8

Out of 27, 1: Paul Agarwal; 2: Jerry Dean; 3: Bev Moreau; 4: John Wall and Genny Brenner; 5: Leah Bisciotti.



## Tuesday Night Pinochle

Viola Horton

Come on up on Tuesday night, all you pinochlers. No partners needed. Time is 5:45 p.m. Place is Art Room in the Craft Building. It is a fun night.

### July 1

#### Single Deck Winners

1: Hank Kolb; 2: George Dertinger; 3: Clarence Lietzow

#### Double/Triple Deck Winners

Table 1: James Nottingham Table; 2: Joe Swing and Elsie Helwig Table; 3: Ray Bock and Virgil Taylor

### July 8

#### Single Deck Winners

1: Lois Rider; 2: Greg Skillman; 3: George Dertinger

#### Double/Triple Deck Winners

Table 1: Margaret Sciarino, Rich Fluett and Viola Horton Table; 2: Norma Yonke and Billy Swing Table; 3: George Mulvey and Charles Distler

### July 15

#### Single Deck Winners

1: Lisa Rider; 2: Alvert Novotny; 3: Audrey Bartolotta

#### Double/Triple Deck Winners

Table 1: James Nottingham, Joe Sciarino and Vi Horton Table; 2: Jo Swing.

### July 22

#### Single Deck Winners

1: George Dertinger; 2: Jerry Pinter; 3: Audrey Bartolotta

#### Double/Triple Deck Winners

Table 1: Alberta Sarris and James Nottingham Table; 2: Elsie Helwig and Jo Swing Table; 3: Ray Bock and Virgil Taylor

### July 29

#### Single Deck Winners

1: Jerry Pinter; 2: Albert Novotny; 3: Hank Kolb

#### Double/Triple Deck Winners

Table 1: James Nottingham Table; 2: Jo Swing, Billing Swing and Virgil Taylor.



## Saturday Night Pinochle

Elsie Helwig

### July 19

1: Audrey Bartolotta; 2: Jo Swing; 3: Ciola Horton.

### July 26

1: Greg Skillman; 2: Gene Hubbard; 3: Ilse Kersey.

### Aug. 2

1: Vi Horton; 2: Elsie Horwig; 3: Greg Skillman.

### Aug. 9

1: Viola Horton; 2: Gene Hubbard; tie at 3: Gerry Pinter, Elsie Helwig.



## Cribbage

Greg Skillman

### July 18

1: Elsie Helwig; 2: Craig Ehle; 3: Luke Mullen. Consol: Ray Bock

### July 25

1: Sheila Howell; 2: Alberta Sarris; 3: Ed Furimer. Consol: Elsie Helwig.

### Aug. 14

1: Elsie Helwig; 2: Ray Bock; 3: Anne Jagielski. Consol: Sheila Howell.

### Aug. 8

1: Elsie Helwig; 2: Luke Mullen; 3: Ed Fullmer. Consol: Alberta Sarris.

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### HIGH HOLIDAY WORSHIP SERVICES

ROSH HASHANAH EVE – Monday, September 29, 8:00 PM

ROSH HASHANAH, FIRST DAY – Tuesday, September 30, 10:00 AM

ROSH HASHANAH, SECOND DAY – Wednesday, October 1, 10:00 AM

SABBATH OF REPENTANCE – Friday October 3, 8:00 PM

YOM KIPPUR EVE – Wednesday, October 8, 8:00 PM

YOM KIPPUR – Thursday, October 9, 10:00 AM

YOM KIPPUR – Thursday, October 9, 4:00 PM – Mincha, Yizkor and N'ilah Services

### FESTIVAL WORSHIP SERVICES

SUKKOT EVE – Monday, October 13, 8:00 PM

SUKKOT – Tuesday, October 14, 10:00 AM

INTERMEDIATE SABBATH OF SUKOT – Friday, October 17, 8:00 PM

Contact our Temple office or call Helmut at 861-9969

## For Sale

**Bicycles:** Schwinn Circuit racing lightweight bike, 25-inch frame, \$150 firm; Fuji 17-inch, drop handlebars, \$75 firm. 861-0321

**Bowling Ball:** 14-pound bowling ball and bag, with size 11 shoes. Used one season. \$50. 861-6779

**Computer:** Dell Dimension 3000 computer, Intel Pentium 4 Processor, 2.8 GHz, 512MB RAM, 80GB HD, 15" LCD monitor, software. \$175. 873-0543

**Custom Cornices:** For Cornith II, LR, DR and sliders. 237-8082

**Dinette Table:** Round glass, 36" x 48", 4 chairs. Excellent condition. \$350. 362-6290

**Estate Sale:** Moving, must downsize. Lamps, furniture, household items. Sept. 11-13, 9 a.m.-noon, 8962-D S.W. 97th St.

**Garage/Moving Sale:** Sept. 18-19, 8-11 a.m., 9515 S.W. 92nd St. Road, Providence. Everything a buck!

**Glider Rocker:** Rock maple, like new; new colonial blue cushions, \$90. 854-1816

**Golf Iron Set:** Cobra S9s Gap through 4 iron. Metal shafts. Almost new. \$279. 854-2854

**Lanai Furniture Set:** Rectangle table, six chairs, cushions, two lounge chairs, cushions, small end table, \$300 OBO. 237-6631

**Lift Chair:** Electric/battery. Excellent condition. \$400. 873-0970

**Lounge Chair:** Light blue antique satin cover, excellent condition. \$150. Can deliver. 291-0529

**Misc. Items:** 18 C.F. GE fridge with ice maker, like new; GE electric stove; white upright 13.7 freezer, deluxe treadmill, all reasonable. 861-6964



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## Classified Section

**The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.**

**SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$20; four lines is \$25 and five lines is \$30. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.**

**DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.**

**Misc. Items:** Bowling ball; ladies Dexter shoes, size 7-8; 2 twin bedspreads; new clothes hamper. Reasonable. 873-4289

**Misc. Items:** 10-year-old GE refrigerator/top freezer, works perfect, white, \$75; Eureka vacuum, 12 amps, attachments, \$40. 207-8547

**Moving Sale:** Tools, 2 bicycles, misc., Wednesday, Sept. 3, 9 a.m.-3 p.m., 8479-E S.W. 92nd Lane.

**Printer:** Epson Stylus Photo printer, cartridges, software, USB cable, can be used with Mac and PC, like new. 873-6641

**Printer:** Epson Stylus inkjet printer, new in box, never opened. Make offer. 854-1420

**Sleeper Sofa:** Queen size, gray/blue/beige stripes, 2 throw pillows, only slept on once. Excellent condition, \$200. 873-6274

**Softball:** 34", 27-ounce softball bat, \$50; 34", 30-ounce softball bat, \$50; softball fielders glove, \$10; 1st baseman's mitt, \$15. 861-6779

**TV:** Hitachi 62" 1080i HD DLP, 1 1/2 years old. Call for price and details, 237-1428

**TV:** Like new 15" Magnavox flat screen HDTV. Can also be used as computer monitor. In guestroom and only used a few times. \$175. 390-3853.

**Vertical Blinds:** Two brand new, custom, 68 7/8" x 49 1/2", fits Bostonian models plus others. \$350. 873-9471

**Water to drink:** Penta ultra-purified, antioxidant and energized water with no additives delivered to your door. Call 873-2100 for info.

**Workbench:** World War II Army/Air Force vintage, hardrock maple top, 6' long, one shelf, two drawers, other options. 854-0394

**Yamaha Organ:** Double keyboard, one octave foot pedal, music, bench, manual. Excellent condition with outstanding tones. 861-0321



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## Services

**AI Handyman:** 291-7670

**Alterations by Betty:** Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

**Alterations by Ernestine:** Alterations, experienced. On Top of the World resident. Call 861-0259.

**Ardell's Moving and Delivery Service:** Let us help you move. Big, small, move around furniture. Load, unload. Pickup. 261-1400 or 266-6175

**Avon:** Buy or sell. Call independent sales rep, 873-9782.

**Bob's Screening Service:** Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 586-8459. Bob

**Cardinal Window Cleaning, LLC:** 38-year local resident. Windows, screens, tracks, inside and outside. Free estimates. 817-2979. Phillip.

**Carpet Cleaning:** Countryside Chem-Dry, serving On Top of the World residents for eight years. Dry in hours, not days. 10 percent off first-time clients. 307-4100

**Cat Boarding and Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

**Cat and/or House Sitting** Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

**Computer Instruction** in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endthec clutter.com

**Experienced Licensed Massage Therapist:** Swedish and deep tissue. On Top of the World resident. (352) 237-7042.

**Extra monthly income:** Help bring environmental and family solutions to real world problems. Jerry (303) 469-4537. Call for catalog. Visit: www.ecoquestintl.com/jdb.

**G&G Cleaning Services:** Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873

**Hair care in your home:** Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

**Handyman:** Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventative maintenance. Call Daniel at 361-4055.

**Help us build our ministry** by allowing us to serve you. We provide cleaning, handyman maintenance and much more. Call Xtreme Solutions, 694-4888

**Home and Yard Services:** Sundance Co., pressure washing, window washing lawn mowing, etc. since 2001. 347-7825

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**Transportation:** Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

**Transportation:** I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

**Transportation:** Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

**Will do home cleaning** for you. I am a mature, reliable adult with several references. Please call (920) 619-7374.

## Wanted

**Coin collector wants to buy old coins,** silver, gold, old silver dollars and proof sets. On Top of the World resident. Ted at 861-6964

**Guns:** On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

## Lost

**Cat:** Orange and white long hair cat, answers to Charlie. Owner distraught. Please call Eleanor Daniels, 854-4508



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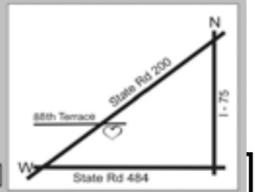
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left to right. Richard Han, M.D.; Edward Santoian, M.D.; Mikhail Deputat, M.D.; Gregory von Mering, M.D.; David Lammermeier, M.D.; Craig Kuykendall, M.D.; Peter Chung, M.D.; John Bittl, M.D.; Robert Feldman, M.D.; John Galat, M.D.; Lawrence Harrison, M.B.