



Community News & Update

By Kenneth Colen, Publisher

BLC-CDD Rate and Water Conservation Workshop

Please mark your calendars and plan to attend the Bay Laurel Center Community Development District Rate and Water Conservation Workshop. It will be held on Tuesday, Aug. 11 at 9 a.m. at the Circle Square Commons Cultural Center, 8395 SW 80th Street.

The purpose of this workshop is to review the proposed water and sewer rates for fiscal 2010 together with the revised conservation rate structure and watering schedule. The program is expected to last two hours. A speaker from the Southwest Florida Water Management District will provide an update on water conservation and rates. We are also having a speaker discuss state of the art irrigation practices and innovative technology. There will be opportunity for Q&A at the end of the workshop.

Recent Legislative Changes

I was pleased to hear that Governor Crist signed into law, SB 2080. This is a bill that we supported and believe is long overdue. The new law amending FS 720 prohibits homeowner associations from denying property owners the right to make water-saving landscape improvements. (It escapes me why any association would not want owners to be more water smart.)

On Top of the World is recognized as a Florida Yards and Neighborhood (FYN) (partner). Some time ago, your Association adopted Landscape Standards (go to www.ontopoftheworldinfo.com/landscaping) that are entirely consistent with the Florida Yards and Neighborhoods Program administered by the Institute of Food and Agricultural Sciences and the Florida Department of Environmental Protection. The point is to offer residents a standard for landscaping materials and practices that is consistent with promoting water conservation, selecting landscape material adapted to the local environment, and encourage the right plant to be put into the right place in the overall landscape.

We have also taken this program a step further by becoming a recognized Water Star Silver participant. This is a program administered by St. Johns Water Management District that promotes low impact irrigation and manages practices, both in the landscape and in the home.

If you would like to know more about the FYN program, you may visit their website (www.floridayards.org) or stop by the customer service department for a brochure.

Master the Possibilities also offers a series of lectures on how you may make your yard more "Florida Friendly." Check the class schedule for more details.

Insurance Update

August is a good time to check in with your insurance agent and make sure you have adequate coverage on your home and contents.

In the On Top of the World Owners' Association, residential properties are insured under a master policy in the name of the Association. The per event deductible remains the same as 2008, at \$10,000 per occurrence for any event other than wind/hail related damage.

Wind, hail, and named storm events carry a separate deductible of 5% of the total of values at the time of loss at each location involved in the loss, subject to a minimum (community wide) deductible of \$250,000 for any one occurrence such as a named storm. With respect to all other events, all loss, damage, and/or expense arising out of any one occurrence shall be adjusted as one loss, and from an amount of each such adjusted loss there is a \$100,000 deductible.

Should the community experience wind-related losses; the deductible is spread over all members of the On Top of the World Central Owners' Association. In other words, the individual share of the deductible would be approximately \$65 per dwelling where it is necessary to assess for the named storm deductible and the deductible was \$250,000.

This is a good point to segue into the limits of coverage that individual homeowners may wish to carry. Contents coverage may vary greatly depending what it is you wish to insure.

As a basic point though, you need adequate limits to cover furnishings, personal items, floor coverings, appliances, fenestration (windows & doors) and cabinetry. All carriers write an HO6 rider that provides for loss assessment coverage in the event of a special assessment from the Association to cover unforeseen shortfalls in losses.

There may be a possibility that your carrier will offer a product called "extended protection" that, in effect, offers another layer to loss assessment coverage.

It was pointed out to me by a local insurance agent that the carrier may require

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Photo by Ray Cech

Resident, Bob Farineau, finds Single Stream Recycling a wonderful new convenience.

Recycling Made Easy

By RAY CECH
WORLD NEWS WRITER

Remember the days when every little piece of paper, bottle and cardboard box had to be separated into its own bin in order for us to earn our On Top of the World recycling gold star? Well, those days are gone.

We'll soon see those behemoth bins disappear from the SW 90th Street trash and recycling station, to be replaced by a couple of new Waste Management containers. Each container will be marked "Recyclable Items Only." Under this will be a 14" x 14" yellow sheet entitled "Single Stream Recycling," which will show

you what can be deposited...and that's just about anything.

At the bottom will be listed those throwaways that may not go into that bin—you know, the usual suspects like fluorescent bulbs, ceramics, and that full length mirror you've since outgrown. For a full list of non-recyclables, it's best to check out www.lamptracker.com.

Leading the charge for On Top of the World's ascent to a higher level of environmental sustainability, Lynette Vermilion, with the cooperation of Waste Management, shepherded the installation of

this new and very user-friendly recyclable system.

And an add-on benefit is that residents will no longer have to walk from bin to bin, sorting stuff and trying to figure out what goes where. Usually, only the very dedicated followed the rules, but now it's easier than ever for us to make our contribution to the environment by utilizing the Single Stream Recycling system on SW 90th street...give it a try. (Please note, however, that Indigo East and Candler Hills residents will continue to recycle using their blue containers as before.)



Photo by Ray Cech

Chef Dave Bland, left, with catering chef Greg Beal demonstrating chimichurri flank steak.

Fine Dining on The Town Square

By RAY CECH
WORLD NEWS WRITER

Thursday mornings are Farmer's Market days at Circle Square Commons. And if you haven't yet paid a visit and experienced the fresh produce, seafood and other items for sale, you're missing a really good thing. Another thing you've been missing—that wonderful aroma of something good cooking on the grill.

In front of a standing-room only crowd, Chef Dave Bland of the Candler Hills Restaurant cooks up a new recipe every Thursday morning starting at 10 a.m., and closes the demonstration by serving some mouth-watering samples. He uses fresh herbs and vegetables, often combined with shrimp or fish that are sold right at The Farmer's Market. "I believe it's important to use fresh, locally grown, seasonal ingredients such as those offered here at the Farmer's Market," says Chef Dave.

On Thursday, July 2, Dave was demonstrating the art of cooking an Argentine favorite, chimichurri (recipe on right). His first experience with this dish was during a stint as John Travolta's personal chef in California. Travolta's then house manag-

er was from Argentina, and he kept a secret stash of the chimichurri seasonings, which he introduced to Chef Dave. Since Travolta was no fan of garlic (a key ingredient), when he was on the road, Dave and his new found Argentinean buddy would cook up a chimichurri steak. It quickly became a staple in Chef Dave's recipe book, and the aroma wafting over The Town Square that Thursday morning was testimony to why it stays a favorite.

Chef Dave Bland graduated from the Southeast Culinary Institute and interned at the Grand Cru Bistro under Chef Phillip Gilbeaux. He then spent 11 years at the Portobello Yacht Club in Orlando as Executive Chef. Dave was also John Travolta's personal chef for two years. Coming to On Top of the World Communities has been a fresh experience for Chef Dave, and one where he's set his sights on generating new and exciting fare for all of us.

Mark your calendar to visit the Farmer's Market every Thursday morning, and be sure to grab a seat and see what Chef Dave has going on the grill. You'll love it!

Chimichurri Flank Steak Serves 5

CHIMICHURRI MARINADE/SAUCE:

- 1/2 cup extra virgin olive oil
- 1/3 cup sherry vinegar
- 1/2 cup fresh parsley, chopped
- 1/2 cup fresh cilantro, chopped
- 3 tablespoons fresh oregano, chopped
- 3 tablespoons fresh basil
- 3 tablespoons fresh lemon juice
- 6 cloves garlic, chopped
- 1 pinch crushed red pepper or to taste

Fresh salt & freshly ground pepper, to taste

In a bowl, combine ingredients and mix using a wire whisk; then season to taste.

Marinate the steak with enough chimichurri to cover it. (Recommendation: place the steak into a large Ziploc bag with the chimichurri marinade and refrigerate over night.)

Reserve the remaining chimichurri to finish the steak after it is cooked.

FLANK STEAK:

- 1 flank steak (1.5 lbs)
- Season with salt and pepper; then grill the meat directly over the heat. Cook for about 5 minutes on each side; then remove the steak allowing it to rest for about 5 minutes. Using a carving knife slice the meat on a bias making thin slices against the grain. Serve the meat on a large platter topping with the remaining chimichurri sauce.



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal?
Gerald Colen

Q. What is a limited liability company?

A. A limited liability company (LLC) is

a non-corporate business entity. Note the word "non-corporate." LLCs are formed under a state statute that provides owners of LLCs with protection against personal liability from creditors and third parties. It is true that other forms of business entities also provide protection from creditors, however LLCs possess an important characteristic that makes it what is known as a "pass-through" entity for federal income tax purposes.

A "pass-through" entity is an entity in which all taxable income, expenses, gains and losses are passed through to the owners of the entity, so that the owners and not the business entity are responsible for the payment of tax, if there is any.

Also, in the State of Florida (as in most states that permit LLCs) the LLC statute is to be liberally construed. These are excellent asset protection entities but over the years, I have noticed that many folks, who create LLCs by buying some form over the Internet, make a serious error. They fill out the LLC papers properly and they file

Golden Oldies Humor

By Stan Goldstein



'Mom, I'll always love you but I'll never forgive you for cleaning my face with spit on a hanky.'

them with the state of Florida properly; but they don't get around to having what is known as an Operating Agreement.

An Operating Agreement is, at least in my opinion and probably in the opinion of most attorneys who draft LLCs, the most critical document of all because it is not recorded and because it sets forth the operating method of the LLC; the relation of the owners of it to each other and to third parties; the rights and privileges associated with membership in the LLC; accounting and financial matters; rights; and several other important matters.

Another way to describe an LLC is to think of it as a general partnership but where the general partners have no personal liability. An LLC is not a corporation.

Q. I imagine this is a timely question for you. Can I deduct losses from worthless stocks or securities (such as bonds)?

A. Yes. A taxpayer may deduct a loss from worthless stocks or securities issued by a corporation with interest coupons or in some registered form.

To do so, the taxpayer must show that the stock or security had value at the end of the year preceding the year the deduction will be taken. The taxpayer must also show that there was some type of identifiable event (bankruptcy of the company or complete takeover by the government are two examples) that caused the loss in value.

If the security is insured, then the amount of the loss can only be whatever was not compensated by insurance. The loss is a capital loss if the security is a

capital asset to the taxpayer. Certain losses by or on small business stocks may be ordinary losses.

Q. My wife and I have been thinking of giving our home to our daughter. If we do that what are the tax consequences?

A. That is a rather broad question so I will only deal with one part of it. If you make a gift of an amount in excess of \$13,000 or \$26,000 if it is a joint gift of you and your wife, then you will have to file a Federal Gift Tax Form Number 709 for the value of the gift.

You will not have any gift tax to pay so long as you have not used up your \$1,000,000 gift tax exemption. Beyond this, I think it best not to go because I would need more facts before I added anything else.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at *On Top of the World*, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the *On Top of the World* sales office annex, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

Curbside Landscape Debris Pick-Up Schedule

Monday*

Americana Village
Friendship Village
Friendship Park

Wednesday

Friendship Colony
Candler Hills**
Indigo East**

Thursday

Avalon
Providence 1 & 2
Williamsburg

Friday

Crescent Ridge 1 & 2
Renaissance Park
Windsor

* Due to volumes, pick-up may extend into Tuesday

** Begins at 7:30 a.m.

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All Around Our World

Lynette Vermillion

The "dog days" of summer are definitely here. We have been experiencing some very warm weather along with much needed rain. With the heat and rain come the challenges of the peak season of mowing grass and dealing with weeds, pests and fungus.

Good news, however, is the new bill, SB 2080, signed into law by Governor Crist which amends FS 720 prohibiting homeowner Associations from denying property owners the right to make water saving landscape improvements. On Top of

the World has supported and promoted the Florida Yards and Neighborhood Programs for many years. All of our residential and commercial landscapes installed since 2005, meet the criteria set forth in the Florida Yards and Neighborhoods Florida Friendly Landscapes Program. A reminder: Any change to the exterior of the home still requires an approved modification request by the Architectural Review Board. See Customer Service for more details. Also, note that the Community Standards are available for viewing on www.ontopoftheworldinfo.com.

BLC at CDD Workshop

Bay Laurel Center Community Development District will host a Rate and Water Conservation workshop on Aug. 11 at 9 a.m. in the Circle Square Cultural Center. All BLCCDD customers are invited to attend. A representative from the Southwest Florida Water Management District will be talking about Florida's precious resource—water and discussing conservation rates. Other speakers include a water conservation expert, Ken Colen, Phillip Hisey and Robert Colen who will be bringing you information on irrigation and lawn upkeep, the leak detection program and water conservation and conservation rates. You won't want to miss this informative workshop.

Single Stream Recycling

Single stream recycling has arrived at the SW 90th Street Post Office. Many ma-

terials can be recycled and the good news is that everything goes into one bin - no sorting required! Just look for the container that states Single Stream Recycling. Please do not include:

- glass such as light bulbs, ceramics or mirrors
- aluminum products such as foil, aerosol cans
- plastic bags

Plastic containers must be numbered 1-7 on the bottom of the container and all cardboard must be broken down. Please rinse all containers and remove lids. Please follow the guidelines on the sign, refer to www.ontopoftheworldinfo.com or pick-up information at Customer Service.

Power Outages

If a power outage occurs, please do not call the sheriff's office or visit Customer Service. This will just prolong the length of the outage. Your power company must be called to restore the power. If you are in Progress Energy territory, please call their outage line at (800) 228-8485. For other needs, their customer service number is (800) 700-8744. If you are a SECO customer, please call their outage line at (800) 732-6141. For other needs, their customer service number is (352) 237-4107.

Please don't forget to check your irrigation timer after a major storm to make sure a power surge has not impacted your programming.

Parking on Grass

All of us know how hot our cars and golf carts can become when they sit in the heat. However, please do not drive on the grass to find a shady spot to park. The heat from vehicles can destroy the grass, so please park in designated parking areas.

Routine Air Conditioner Maintenance

There are some things in addition to bi-annual tune-ups of your air-conditioning systems that you can do to help ensure a high level of comfort and proper system operation. First, buy good filters and change them according to the manufacturer's specifications. Next, keep bushes trimmed and other materials away from the outside unit of your air conditioner. Repairing cracked windows and making sure no air is escaping to the outside will also reduce costs of cooling your home.

Home Improvement Expo

Our first annual Home Improvement Expo on Thursday, July 23, was a great success. The expo was held in the Health & Recreation Ballroom. At the event were contractors for screen room additions, kitchen remodeling, cabinets, plumbing, home security, window treatments, new construction, energy efficient windows, and many more were found. We hope you were able to make it to this wonderful event.

Women's Cancer Support Group

By PATRICIA WOODBURY

The support group began meeting on Thursday, May 21, for the first time. They have continued to meet on the third Thursday of each month in Room #2 of the Health & Recreation Building at 1:30 p.m.

The first meeting was a get acquainted meeting, that resident Diane Kirol organized.

The next meeting on June 21, Margaret Shaw, Area Patient Service Representative from the American Cancer Society, North Central Area, spoke on the many services

available from the Cancer Society.

At our last meeting, July 16, Jane Kaufman, Licensed Massage Therapist, talked about cancer and the benefits of therapeutic massage, during and after treatment.

On Aug. 20, Cammy Dennis, Fitness Director, will speak about exercise and its importance with cancer.

Those with cancer or a caretaker for cancer are welcome to attend. For further information, contact Diane Kirol at 854-8152.



Keeping It Green

Phillip B. Hisey

Effective July 1, Facility Resources, Inc. began maintaining the landscape along SW 90th Terrace Road and SW 81st Loop. Facility Resources will also be maintaining the Candler Hills Community Center and pool area. Facility Resources has been maintaining many areas within On Top of the World Communities since 2005. They have shown a track record of consistent performance and continue to be a great fit for our community.

Also effective July 1, Grass and Grounds began maintaining the Indigo East Community Center, Indigo East dog run and walking trail. Grass and Grounds has been mowing the drainage retention areas in the Indigo East and Candler Hills

communities since 2006. They have been providing full service landscape maintenance in The Villages for many years.

Now that the rainy season is here, residents should monitor their irrigation systems more closely to help save water usage. Remember 1/2 to 3/4 of an inch of irrigation per week is all that is needed to sustain the turf.

With the summer rains, residents can help curb their water usage and the community overall water consumption by not irrigating during weeks that we see these rainfall amounts.

Monthly irrigation checks need to be done to ensure proper coverage, ensure that there are not broken lines or heads and this will help with controller issues. Irrigation controllers can be affected by the summer lightning storms, and residents are asked to check their controllers after each storm. Lightning storms can surge power into the controllers affecting program scheduling thus causing controller malfunctions.

Rain sensors should also be checked to see that they are operating properly too, if you are not sure how this is done you might consider contacting an irrigation company to help you.

Check out www.ontopoftheworldinfo.com for information on the upcoming Rate and Water Conservation Workshop (Aug. 11 at 9 a.m., Circle Square Cultural Center). Speakers include a representative from the Southwest Florida Water Management District, a water conservation expert and others. It will be worth your while in attending.

Have a safe and happy summer!

Sholom Park

Be a Volunteer

For more information contact
Pat Russell, Volunteer Coordinator
Phone: 237-9712



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We Are Accepting New Patients

The Movie Club Presents 'Ghost Town'

By MARY EHLE

On Sunday, August 9 at 6 p.m., the movie is "Ghost Town." It is a light fantasy comedy. The stars are Ricky Gervais and Greg Kinnear.

Dr. Pinkus is a self-absorbed dentist

who has an experience while having a procedure done and he dies for a short time. When he comes back, he has the ability to see ghosts. It gets very funny and is a fun way to spend an evening.

The movie is open to all residents of On Top of the World and their overnight guests. For the non-member it is \$2 payable at the door at the Health & Recreation Ballroom. Hope to see you there.

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**Activities
Therapy**
Theresa Fields

It's hard to believe we are into August already! Hope everyone had a safe and enjoyable Fourth of July! Circle Square Commons was filled with a lot of patriotic spirit and as always, the dancing was endless.

Our new Dancin' on the Top Committee, formerly the Dance Committee, had a successful turnout for their first Fourth of July celebration that was held at the Arbor Conference Center. Great job done by Jack Stone and his committee.

Fitness & Recreational Catalog

Our Fitness & Recreational Catalog is now out and full of planned activities for the upcoming months. If you did not receive a catalog, please stop by the Health & Recreation office to pick up a copy.

Upcoming Events

Please note that our Red Sox vs. Tampa Bay game scheduled for Aug. 4 has been cancelled due to lack of participation. We have, however, continued to fill our Seminole Casino trips. Our next trip is scheduled for Tuesday, Aug. 25. The cost is \$20 per person including \$20 in free play, \$5 lunch voucher and roundtrip bus ride. Register at the Health & Recreation office as this trip fills up fast.

Our "Get Acquainted Coffee" is back by popular demand. The next coffee is scheduled for Thursday, Aug. 27 at the Health & Recreation Ballroom from 9 to 11 a.m. Come join us in welcoming our neighbors -- new and old -- from around the community. We will have refreshments and plenty of information on hand about some of the services offered in our community.

We will be hosting our third annual Club Fair on Thursday, Sept. 17 at the Health & Recreation Ballroom from 10 a.m. to 1 p.m. Registration forms have been mailed. If you did not receive a registration, please stop by the Health & Recreation office to pick one up, as the deadline for entry is Thursday, Sept. 3. This is the time to present information about your club and sign up new members. If you are looking to expand your member-



Photo by Dave Guildford

Western Hoedown was the theme for the Happy Hour in July.

ship or you are looking to get involved with some of the fun activities within our community, come join us and see what we have to offer.

Our first Chili Cook-off is being held at the Arbor Conference Center, Suites E, F and G on Friday, Sept. 25 from 10 a.m. to 2 p.m. (please note the change in location). The cost is \$12 to enter and you can register at the Health & Recreation office. Come join us for a day of fun! We will have live entertainment, decorated booths and for just \$2 you can sample some of the best chili On Top of the World has to offer.

Donating blood is important to saving lives. Come learn who can donate, what some of the restrictions are and why you should donate. There is a free class being held at Master the Possibilities on Monday, Aug. 3 from 9:30 to 11 a.m. in Live Oak Hall.

Happy Hour

The themed Happy Hour for July was Western Hoedown. Ray and Kay provided many classic and current western songs. Many of the residents broke out their western duds and dressed for the occasion. It is great to see so many of our residents participating in the themed Happy Hours. Keep up the good work; the outfits look great!

For the month of August our Happy Hours are as follows:

- Aug. 7 - Barry and Nancy
- Aug. 14 - Sounds of Time (Night in Hollywood)
- Aug. 21 - Ray and Kay
- Aug. 28 - Roger

Community Bus

The community bus runs weekly! We have made it more convenient for residents by adding community post offices as a pick-up and drop off points. You may

pick-up the schedule at the Health & Recreation office or visit www.ontopoftheworldinfo.com.

The dinner run is Aug. 18 and will be going to Mimi's Cafe. Pick-up is at 4:30 p.m. in the Health & Recreation parking lot. Please call 854-8707 ext. 10 or 14 to make reservations.

Community Cookbook

Time is running out to submit your recipes for our community cookbook. The deadline is Monday, Aug. 31. Don't miss out and be a part of making our first On Top of the World cookbook full of recipes from our "world." Cut out the recipe submission form found in this issue of the newspaper or stop by the Health & Recreation lobby to pick-up your copy. The drop off box for all recipe forms is located in the lobby of the Health & Recreation Building downstairs.

Community TV Channel

There is a new look for our community television channel. Updated information on events happening around the community and around Circle Square Commons will be easier and faster to view. Please note that effective immediately, cruises, extended club bus trips and reoccurring club meetings will no longer run on the community television. For more information, please contact the Health & Recreation office at 854-8707 ext. 10.

Plan your activities with us and we guarantee you'll have a great time! Have a great summer.

On Top of the World
Communities

Resident ID Cards
Stop by Customer Service
8 a.m. to 4 p.m., Monday through Friday



**Mah Jongg
Mary Ehle**

Congratulations are in order for Anne Davis. She made the big hand twice in one week. Nice going Anne!

Please send in your reservations for the October tournament.

I am also planning to teach Mah Jongg again in October. Call me for all the information at 873-7507.

That is about it for this month. Jokers to you.

AARP

Driver Safety Program

Save money on your car insurance; classes monthly.

For information, call Joe Briggs at 237-2971.

Low Vision Eye Doctors Help Macular Degeneration Sufferers See Better

Members of the IALVS help macular degeneration sufferers with reading, driving, watching TV, and maintaining independence.

An 83 year-old retired engineer from Ocala thought that his driving days were over. "I could not read the street signs soon enough and it made me nervous."

A retired store manager, 74 from Tarpon Springs wanted to be able to read and write more easily. She wanted to see her grandchildren singing in the church choir. But she thought those days were over when she was diagnosed with macular degeneration. Neither of these patients knew that a low vision optometrist could help with some of those issues.

"Bioptic telescopic glasses can be used to see signs further down the road," said Dr. Edward Huggett, optometrist. "This can allow some people with conditions like macular degeneration to continue driving."

"Amazing!" said the retired engineer. "I can read the street signs twice as far as I did before and even see the television better!"

Macular degeneration is the most common eye disease amongst the senior population. As many as 25% of those over 65 have some degree of degeneration. The macula is one small part of the entire retina, but it is the most sensitive and gives us sharp images. "Our job is to figure out everything and anything possible to keep a person functioning visually," said Dr. Huggett. "Whether it's driving, reading, watching television, or seeing faces...we work with whatever is on the persons 'wish list.'"

Results vary from person to person. Devices mentioned in this ad and results are specific for that person. Bioptics and other low vision devices are not suitable for everyone."

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Hospitality

Linda Tiffany

Candler Hills Restaurant

Candler Hills Restaurant hours are: Sunday - 8 a.m. to 5 p.m.; Monday through Thursday - 11 a.m. to 6 p.m.; Friday and Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

Early bird dinner specials can be found in a display ad in this issue of the World News.

Self-serve coffee and doughnuts are

available for golfers at 8 a.m., Monday through Saturday.

Don't forget the Prime Rib Special every Friday and Saturday. It includes baked potato, vegetables, salad, rolls and butter - \$12.95 and is served from 4 to 8 p.m.

Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.

The Pub

Whether at a table outside The Pub overlooking the pool or on the golf course, beat the summer heat with a cool De Conna ice cream treat now available at The Pub and On Top of the World Pro Shop.

We feature old-time favorites like chocolate éclair, strawberry shortcake, nutty buddy, fruit bars, sandwiches and fun ones for the kids (of all ages!).

Summer hours for The Pub are: Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3 p.m., and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Chef Greg features daily specials in addition to the standard specials available every Wednesday and Friday as follows:

Wednesday - Open-faced Prime Rib served with an onion tower - \$8.95.

Friday - Fried Whitefish Filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw - \$8.95.

Bring your grandchild to Candler Hills Restaurant or The Pub on Tuesday or Thursday, and for every adult meal purchased, one child's meal is free (until Sept. 7, 2009). Choose from peanut butter and jelly with applesauce, kid's hot dog with fries or kid's burger with potato chips.

Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

a letter from the Association stating that there are "no losses, unreported losses, and ongoing repairs" currently pending. We have drafted such a generic letter and posted it to www.ontopoftheworldinfo.com (click on Insurance Info). You may print this letter and provide it to your local agent.

Master the Possibilities

August is the hottest month . . . for classes at our own Master the Possibilities Education Center. It is in full swing. August appears to be one of the busiest months ever. We will be averaging about six hours a day of classes! Sixty-seven sessions will begin in August; 25 of these are brand new.

While all of our classes reflect your interest and are taught by experts, I'd like to especially draw your attention to the new "Archeology Series" beginning this month. Willet Boyer is a unique combination of theory and field experience. Don't miss this opportunity!

Master the Possibilities continues to provide a variety and a level of instruction that is second to none. August is a great time to continue the journey or . . . begin it! Bring a friend - see you in class (an air conditioned class).

Providence II Neighbors Club

Tekla Krause

We are a relatively new club and we are growing. We have no dues, just a nominal fee to cover expenses for the event you attend. Anyone who lives in Providence II is welcome to attend. I want to especially thank the many volunteers who have contributed to making these gatherings a success.

To date, we have had a potluck, game night and a hot dog roast. Our next scheduled meeting of the Providence II Neighbors Club will be Saturday, Sept. 19. It is a "Hawaiian Dessert Night" chaired by Dee Runge and Judy Barber. Judy will take registrations. There will be a \$1 fee per person. Judy's number is 502-6887.

We enjoyed the ladies June luncheon planned by Mary Bartel and Vicky Seitz. It was held at the Mason Jar. We have had two lunches at the Stone Creek Grill, one chaired by Eileen Brown and another chaired by Lynne Schimmel.

As we go to press, we are planning another ladies luncheon for the last week of August. Ruth Kuntar will find us a location. We will send out that information as soon as it is firm. If you are not already on the e-mail or call list, call me, Tekla Krause, at 671-1929. I will be happy to put you on the list for future events.

Speaking of future events, keep these dates in mind: Oct. 17 - "Harvest Pot Luck"; Nov. 4 - Tour of the "New England Shire Farm of Ocala"; and Dec. 2 - "Holiday Party." What great and fun way to get to know your neighbors! Hope to see you at one of these events soon.

Avalon Social Group

Lorraine Rourke

Our group is taking July and August off this year, as everyone seems to be traveling or having visitors those months.

Stay posted, as we will be having a bring-a-dish event on Sept. 14 (note this is the second Monday). Also, our Oct. 5 event will be at the picnic pavilion, it will be a bring-a-dish as well but will involve a barbecue for the meat. We will be selling tickets for October to insure we have a proper head count; so stay tuned as this develops.

I apologize to the snowbirds; unfortunately, with the time change and no lighting at the pavilion we can't do this in November, as it will be dark early. So, please come join us on Nov. 2 and Dec. 7, which will be our holiday event.

Want to meet new neighbors? Come join us with a dish, we welcome folks from other neighborhoods as well. For information, contact Lorraine or Larry at 390-2120.



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. If residents would like to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.



Candler Connection

John Podkomorski

Where does the time go? It seems the summer is simply flying by. We're just

getting used to the Florida heat and August is here.

The Luau on July 19 was sold out in just a few days. What a great party! Chef Dave's crew delivered a delicious meal and coupled with neighborhood camaraderie everyone had a wonderful time.

The Candler Cookbook is now at the printer. Delivery of the cookbooks will be in early October. Congratulations to the winners of the cookbook-naming contest - Eleonora Buba and Karen Kowalski, whose contributions resulted in "What's Cooking in Candler Hills." Eleonora and Karen will receive complimentary copies when the books arrive. If you are among the lucky folks who have pre-ordered your copies of the books, you'll be the first to get them. Candler Connection will put out a special message when they arrive. For questions, call Diane at 873-3869.

Congratulations to our Candler Men's Golf Association for their generous contribution to two deserving scholar/athletes from Westport High School. Piloted by Joe Alfano, they granted \$500 each to

Christopher Kemp and Jessica Negrón, both "A" students and scratch golfers. A job well done guys; you made us proud.

We're looking for neighbors who are interested in the new "Dine with a Neighbor" activity in Candler Hills. These once-a-month meals are a great opportunity to meet and get to know more of your Candler Hills neighbors. The activity will kick off with a planning meeting in October.

Our popular potluck dinners will be closed for the summer. Our next potluck will be on Monday, Sept. 28.

New to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directories and learn about our new neighbor welcome events on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center. August's welcome session will be on Tuesday, Aug. 18.

For residents of Candler Hills, or if you'd like to see what our neighborhood is all about, you can find more information at the Candler Connection website at www.candlerconnection.org.



Winds of Windsor

Murilla Wester

Retirement in Windsor community is so much more than I thought it would ever be. I had worried that it would be boring or lonely. 2007 brought retirement; April 2008, marriage to Tom; and then our move to Windsor in May 2008: all kept me busy. I was soon to learn what "busy" truly means. Some of our neighbors have written in other columns that there is plenty to do here in On Top of the World. Residents of our loop have embraced a wide variety of these activities.

We have golfers, swimmers, model airplane flyers, photographers, line dancers, quilters, bowlers, ceramists, and the list goes on. We have an active and diverse bunch of folks living in this little area. Golf carts are constantly whizzing around the loop on the way to visit a neighbor, attend a meeting somewhere or walk a dog. And who knows what else.

The women, better known as the GLOWS, (Glamorous Ladies of Windsor) have formed a monthly Bunko group, which meets the third Wednesday of the month.

A luncheon group recently met for a delicious lunch at Stone Creek. Another activity was a tubing experience down the Rainbow River attended by seven of the ladies.

Not to be outdone, the men have started a dinner meeting on the ladies' bunko night. Following the dinner, the men get together for cards or games.

What does all of this activity translate to? A close-knit group of neighbors who socialize and who also are "at the ready" to celebrate birthdays, offer advice, take care of pets, and watch the houses of those who are gone on other adventures.

The Internet keeps us connected with those who are gone temporarily and is used to keep them in the "loop."

So, as Tom and I rock in our chairs on this rainy day and contemplate how good life is in On Top of the World, we watch Windsor Lake in our backyard grow with the rain and fill with birds looking for a drink and a bath. Could life be any better?

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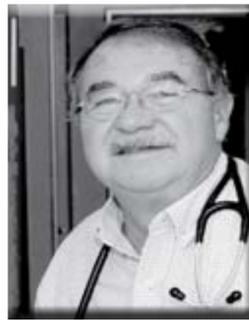
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View from the Library
Doris Knight

"The Afghan" by Frederick Forsyth is a mystery/adventure story - or, as it is described on the book cover, a "ripped from the headlines thriller." It is also well known among fans of Forsyth's work that he does solid research so that you can trust his background information.

This story is of two men. The first Iznat Khan we see as a young Afghan who finds himself forced by difficult economic circumstances as well as the deaths of his wife and young son to turn to the leader of the Taliban for his way of life. Thus, he becomes one of the "young Afghans about to be brainwashed into fanaticism." He lived his life as the Taliban and Al Qaeda ordered him to, until he was captured by the Americans and sent off to Guantanamo. There he refused to talk, cooperate, and so he stayed for five years.

At that time, the CIA got word that another attack was being planned on the United States which would be as horrible as 9/11. How to infiltrate Al Qaeda became their problem. The answer was a retired British officer who had worked on many dangerous problems while he was in the service. As a youngster, he had lived in the Middle East with his family, spoke Arabic and could move comfortably in the area.

Iznat Khan would "escape" from Guantanamo and Mike Martin would replace him in the Middle East. It was then his assignment to learn the parameters of the plan and try to thwart it.

Most of this was not as easy as it sounds. The preparation required time and dedication until the final climax. It is very successful and will keep you anxious to learn the results.

One other point should be mentioned because of the amount of research Forsyth has done. One becomes aware of the amount of time and planning which Al Qaeda is willing to spend in order to defeat the enemy and to insure its success. Just a sample of their techniques, "an hour after dark the four crew men were coldly murdered and tossed overboard after a length of chain had been secured to each body's ankle." There is no hint of softness or weakness in this organization.

The plot is tight, well organized and sometimes almost breathtaking. The issues at the heart of the novel are in the newspapers and the television news almost every day. As a result, one realizes that "The Afghan" is not just an absorbing read; it is also a stimulating way to learn more about the conditions in Afghanistan.



Genealogical Society
Elizabeth Kyle

Among Family Tree Magazine's "101 Best Websites for Tracing Your Roots," I found www.FindAGrave.com.

This site has been the source of much rewarding information, including photos of the Kyle family marker so clear that I can read it easily, even with less than perfect eyesight.

Also, in the current issue (September 2009), Lisa Louise Cooke wrote a photo-editing tutorial on how to tease out the

details in faded or worn tombstones without causing further damage. First, take several photos in .tif file format on the highest resolution setting. Bring extra memory cards because .tif files are very large.

When you get home, download and save your files in .tif format.

Apply auto sharpen; this can be done in Photoshop Elements, i-photo or Picasa. Adjust brightness and contrast to bring out the clearest text. If your program allows for converting to a negative, try it.

As you know, you have to use trial and error when editing any photo. Take the time to experiment until you get the best possible photo.

I am so pleased with the results of www.FindAGrave.com that I am going to volunteer to take photos in the Ocala area. Don't be surprised to be asked to accompany me on some of these adventures.

Don't miss the genealogy courses offered at Master the Possibilities. The hands-on Family Tree Maker course should help anyone to navigate this complex and thorough program.

Our business meetings are held in Room 3 of the Arts and Crafts Building on the second Monday of the month at 10 a.m. Because our education committee is so busy with preparing and teaching courses, education/presentation meetings will not be held until October.



K-9 Club
Mary Chang

Raisins, onions, chocolate, grapes, mushrooms and coffee - does your dog beg for these foods or munch on the houseplants? Well, all of the foods mentioned above can be toxic to our pets as are the following houseplants - asparagus fern, caladium, elephant's ear, dieffenbachia, philodendron, poinsettia, English ivy, jasmine, amaryllis, crocus and the daffodil (bulb).

The degree of toxicity depends on the animal's size - so it is possible your dog may show no ill effects even though it has eaten something on this list. This list does not contain all the plants or foods that are toxic to your animal, so be sure to check with your vet or on the Internet for more information on this important topic.

As you know, our club is in recess for the summer, but we have been busy planning for an exciting year!

Do you know how to prepare for your pet in times of natural disaster? This will be discussed at our September meeting.

Have you ever seen dogs jump through hoops, climb up stairs or run through tunnels? A nationally known agility trainer will be coming to our October meeting to

teach us how these things can be accomplished with your canine friend.

Look for our posters announcing our "Doggy Day Fair" on Nov. 8. It will be fun for all - owners and visitors are welcome to join us.

We are looking forward to seeing both past and new members in September! Please look for our table at the September club fair.

Finally, a reminder, if you have lost a dog or have found a dog without an owner, please contact the front gate (854-8935) or one of our co-presidents, Anna Lunt at 237-9432 or Mary Chang at 861-2056.

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Bill Bervinkle
80th Birthday



Jackie Hegarty
Birthday

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Sewing Bees

Linda Lohr

With the hot summer weather, the Arts and Crafts room is a "cool" place to be every Thursday at 12:30 p.m. We do our best work then, making beautiful "comfort kits" for the needy children of Marion County.

As of our last business meeting, held

on June 25, we had delivered 199 "comfort kits." The agencies we deal with also supplied some of our kits to those living in tent cities. As you can see, the need is great and growing larger each day.

For those not familiar with our "comfort kits," they consist of a colorful quilt and a stuffed animal or pillow with matching pillowcase. These homemade items are then placed in a homemade tote bag, which the child can use for their personal items as well.

We plan to work on a personal project in the coming month. Frances Penney is going to give instructions for coasters with a leak-proof bag sewn inside.

Perhaps someone reading this article used to sew or even do quilting. If you are at a point in your life that you cannot or don't wish to continue sewing, you might consider making a donation to our group. We would be most grateful.

Donations of material, thread, embroidery floss and fiberfill are always welcome. Monetary donations are used to purchase the quilt batting. Please contact Marcy at 854-1181 or LeeAnn at 854-7205 if you can help. We are grateful for all community support.



Photo by Linda Lohr

It's a dog's life quilt created by the Sewing Bees.



Rubber Stamping Greeting Cards

Bev Taylor

Two distinctly different cards were crafted by the Stampers in July.

The first was titled "Footprints" with the verse, "He spoke, My Precious Child, I love you and would never leave you... When you saw only one set of footprints, that was when...I Carried You." printed above a view of water, sea grass and sand with footprints. After coloring, the water, grass and sand, the image was enhanced with Stickles to add a sparkling effect. The completed image was attached to a deep blue card stock and then place on

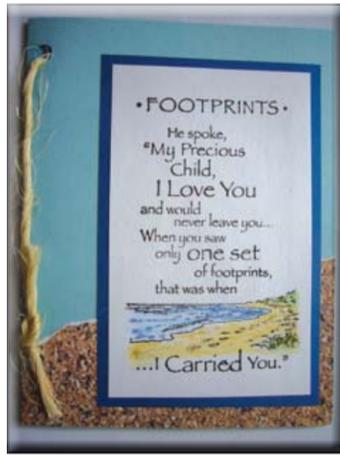


Photo by Rene Beck

"Footprints" card created by the Stampers in July.

a light blue card. A strand of twine was added for contrast.

For their second card, each Stamper had a choice of a 3-D butterfly or a 3-D dragonfly. Two images were stamped on separate pieces of card stock. Identical images were prepared using glitter gel pens. One image was attached to the front of a coordinating color greeting card. The second image was cut out, and then the body only was attached to the body of the first image. This allowed the wings of the second image to be tilted up to create the 3-D effect.

If you would like to join our group of "happy stampers," please call Sally Voss at 873-2327 for more information. Submitted by Rene Beck.

Stay Informed!

www.ontopoftheworldinfo.com/stayinformed



The Happy Hookers

Carole Toye

Yvonne is visiting her daughter and granddaughter; so, I'm filling in for her again. Our group is growing, even though it is summer; we have new people checking us out. All are welcome!

Lilliane Gaucher knitted a beautiful bright red baby sweater. Cecily Lucas finally finished a very detailed embroidered piece for her son's 25th wedding anniversary. She and her husband brought it up personally. It is something that will certainly be cherished for years to come. Rosalie Grubowski is still crocheting a very bright afghan, perfect combination of "neon" shades, ideal for a child. Therese Bell is knitting mittens to be donated to a local grade school, several of the women also make hats for these children and they are given out at Christmas time. Carol Berta finished a complicated counted cross-stitch Christmas scene. She will have it framed and enjoy it.

As you can see, we are a group of women with varied interests and skills. When one of us has a problem with a piece we are working on, someone can always help us. I, myself, am working on Christmas pillowcases for my brother's great grandchildren and one of the ladies gave me a great idea for the nose of the reindeer, instead of a black nose as the instructions called for, make it red with a filament thread so the nose stands out. Great idea! Instead of an ordinary reindeer, he is now Rudolph!

So you see, we have fun and learn new things, come check us out. We meet Mondays in the Ceramic Room from 1:30 to 3 p.m. We go to lunch every other month and in August, we will be going to the Red Lobster on Monday, Aug. 3.

www.OnTopoftheWorldInfo.com

Sunshine Quilters

Ann Weldishofer

Twenty-four members attended the July 7 meeting, a great group, especially for summer. Several of our members are off and about all around the country, some for the whole summer and others for just ordinary vacations. We hope they all have a wonderful time while they are away from us!

We are very busy making our items for the fall craft show. Jeannette Wroblewski showed us some of the things she has been busy making. She had two sets of place mats, money-holders, some fabric baskets, some wine glass drip covers and a wall hanging - all having a holiday theme.

We know that the rest of the members are also busy making items, and hope they will bring them to show us what they are doing, too. It was noted that when we do make items, we often have scraps left over that are too small to use, but that there are some teachers who welcome donations of these small scraps to use in art projects. They rely on a lot of donations, especially now with all the cutbacks in our schools.

We also rely on fabric donations for our ongoing project of making and donating "comfort quilts" to several local children's agencies. We always welcome gifts of all-cotton, quilt-type fabrics, especially those with kid's motifs.

Jane announced that we will have no workshops in July, August and September, but will concentrate on making our craft show items. Also, there will be no business meeting in August; just our usual get-togethers to work on our projects.

The September business meeting will be moved to Sept. 15, just for September. October will be the first Tuesday, as usual.

We had a very nice "show and tell," with more comfort quilts, and other items. Our group meets all year round, always on Tuesdays in the Art Room of the Arts and Crafts Building. We welcome any resident of On Top of the World who is interested in the art of quilting to come check us out.

We encourage all forms of quilting, and all abilities. There is always someone to answer questions and help in any way we can. We have a lot of talent, and the gals are more than willing to share their expertise. Come visit!

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Get Acquainted Coffee

By BOB WOODS
WORLD NEWS WRITER

Get acquainted and drink some coffee on Aug. 27 at the Health & Recreation Ballroom from 9 to 11 a.m. The purpose of this free event is to have all residents, especially those who have just recently moved into our community, get acquainted. Coffee will be served along with light refreshments.

Also, there will be the opportunity to find out what activities take place in our community and how you can participate. Club and organization presidents or representatives will be present to talk about their particular activity. Each presentation will be limited to a maximum of two minutes.

This "Get Acquainted Coffee" is reviving a ritual that took place many years back and if successful, will continue.

Clubs and organizations wanting to participate, please call Theresa at 854-5198 x10 or stop by her office in the lower level of the Health & Recreation Building.



Artistic Crafts & Gifts

Loretta Troutman

Time goes fast when you're having fun, but I just wanted to stop by with a note saying we will be back in the Health & Recreation Ballroom on Tuesday mornings starting Sept. 8 (day after Labor Day).

We will set up our tables, displaying our crafts for your selection, as we have done for many years. If you haven't visited us as yet, you'll want to come up and see the many handcrafted items we offer. We know you'll be pleased.

Embroidery Chicks

Jan Johnson

The Fourth of July weekend was a holiday for us also. A little breathing time!

Our next project was to create an embroidered shoe bag for those extra shoes we take along on cruises, etc. Everyone can use a shoe bag, male or female, especially Imelda Marcos! This was a fun and easy project!

The August/September project is to create fleece hats and shirts for needy students at Romeo Elementary School in Dunnellon. This is a project that the club has done for several years now and it means a lot to us as well as to the recipients.

Several willing ladies from the Sunshine Quilters join us to shorten the work process. We all bring some child-oriented fleece and get to work. Theresa Randolph will deliver the finished items to the school in the fall.

If you have sewing experience and would like to join us for the fleece project, please call Theresa at 291-7570.

The Chicks meet on the first and fourth Fridays of each month in the Arbor Conference Center, Suites B and C at about 9:30 a.m. Bring your lunch and join us!

www.OnTopoftheWorldInfo.com

POET'S CORNER

Poetry from On Top of the World Residents

My Son

By MARY CULBERSON

Son, when you were just a little boy
You loved to play all day
You were never quiet a single moment
I could never hold you at bay.

You were like a little gnat
Flitting here, there and everywhere
Just when I thought you were asleep
I'd find you sitting in dad's easy chair.

You loved to tease your siblings
Then run and hide under the bed
And when I tried to calm you down
You'd look at me and laugh instead.

Now that you're grown, with a son of your own
I don't want to hear any complaint
He's just a chip off the old block
And you know you were never a saint.

Son, I just want you to know
In spite of your silly tricks as a boy
You have made me a very proud mother
And you'll always be my greatest joy!

World News Deadline E-mailed by:
Noon, 13th of the month

Special Surprise

By MARY CULBERSON

One evening my hubby gazed lovingly at me
He sat real close, and put his hand on my knee
I detected a sparkling gleam in his eye
As he put his arm around me and gave a sigh.

Of course I felt extremely flattered
To think that I was all that mattered
I giggled just like a schoolgirl
With romantic thoughts all awhirl.
He looked deep within my eyes
And told me he had a special surprise
Perhaps he would tell me I could choose
A European trip or maybe a cruise.

My darling, he whispered with voice so low
His cheeks highly flushed and eyes aglow
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Clouds

By HAZEL EHLE

I like to watch the clouds roll by
Creating magic in the sky.
Sometimes I see a polar bear
When I look again it is not there.
Also a beautiful swan
Then very quickly it too is gone.

It really is like magic to the eye
So, watch very closely as clouds pass by.
When the clouds you see are so dark and gray
It means a storm is on its way.

I see magic in that too
The clouds open wide and the rains come through.
When I see an angel there
Looking down with loving care.

I think magic is great to see
But the angel looks very real to me.
Could the vision in the clouds I see
Be just my eyes playing tricks on me?

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A Trip to San Antonio

By Bob Woods
WORLD NEWS WRITER

It all started out on a sunny day when On Top of the World residents assembled to traverse the interstates setting their goal to visit San Antonio, Texas. This was the second trip to this Texas city. The first, many years ago was Santa Ana who overpowered our forces at the Alamo leaving no one alive to tell the incredible story of the battle.

On the way to Texas, we stopped in Baton Rouge, La. to view the new Louisiana State Museum, directly across the street from the State House.

The museum housed displays depicting the history of Louisiana from the area's purchase from France up to present times. There was even a complete history accompanied by lavish colored displays of Mardi Gras. There were many favorable comments about this stop and practically everyone wanted the stop to be longer.

Making our way towards our final destination of San Antonio, we headed off towards the famous River Walk. Many of these explorers walked up and down both sides viewing all the sights and shops along the river, as well as glancing at the riverboats hauling passengers along the narrow waterway.

The hearty group was then ushered the next day where the group descended on the Japanese Tea Gardens located in the city's Brackenridge Park. The gardens were adorned with lush flowers, flowering trees and a beautiful pond housing large colored fish. The most interesting part of the Tea Gardens was the waterfall cascading water from the rim of what was once a large, deep quarry and now the home for the Japanese Tea Gardens.

We were then taken to an area in the city called the King William Historical District where we were given a guided tour from the street of some of the city's most prestigious homes. Around the corner from these lavish homes, is the Guenther House, which was the home, now a museum, of Carl Hilmar Guenther, the founder of the Pioneer Flour Mills. The house was built in 1859 after the mill's founding and the mill today is still in operation. It is the oldest continuing running flourmill in the country operated by the same family.

We then boarded our coach for a short ride to the San Antonio Shoe (SAS) factory, which in reality looked like a run-down old factory out of the past. The factory store sold all types of shoes, along with ladies' handbags, at discounted prices. The merchandise was considered "seconds," however, I couldn't see anything wrong with them.

Inside the store, which was along the



Photo by Bob Woods

Replica of a late 1800 Acadian Village located in Lafayette, La. The village is a monument to the proud Acadian culture. The village is made up of eight authentic homes, a general store, blacksmith's shop and a chapel.

theme of an old country store, bags of popcorn were being sold for a dime along with paper cups of Coke. You could purchase bags of penny candies and also sample fresh strawberries that were free plus bags of fresh peanuts that were also sold for a dime. The store was a kid's dream!

The group visited the Mission San Jose, which is nicknamed the "Queen of the Missions." There are five missions in the San Antonio area and this mission has been restored. This mission was founded in 1720, after Mission San Antonio de Valero in 1718, which became better known as the Alamo. There were a total of five missions constructed along the banks of the San Antonio River.

We also attended the annual 10-day Fiesta. The Fiesta began in 1891 honoring the heroes of the Battle of the Alamo and San Jacinto. Many events showcase San Antonio's multicultural heritage. This event included parades, festivals, exhibits, athletic events, live music and dancing, plus food and drink. The Fiesta begins every April 16.

We also visited the Institute of Texan Cultures, which is devoted to the 26 cultures that settled Texas. There were all

kinds and types of displays depicting early Texas.

Before we departed to the Alamo, the group enjoyed "Alamo...The Price of Freedom" at the IMAX Theater located within the River Center Mall. The entire group formed outside the Alamo for a group photograph before departing on a self-guided tour.

Inside the Shrine (building with a hump) were a lot of artifacts and stories about the Alamo and the famous fight for freedom. Everywhere you looked there were baskets full of beautiful flowers along with beautifully adorned flowering wreaths. Large groups, including all the military bases in the local area, mostly donated this beauty.

One of the highlights of the trip was when the group descended upon the River Walk for a ride at dusk on the river. Since our group numbered 50, the gang had to be split up, each group occupying a boat with a few strangers seeking the same ride on the river. This river is spring fed and is part of a huge underground lake called the Edwards Aquifer, which was discovered in 1691.

The last day of the trip in San Antonio was a jaunt to Fredericksburg, known as the "Jewel of the Texas Hill Country" where the group visited the National Museum of the Pacific War, the George Bush Gallery and the Garden of Peace and Memorial Wall.

After Fredericksburg, the gang headed towards Stonewall, Texas and a visit to the Lyndon B. Johnson National Historic Park. After a coach tour and a partial tour of the Texas White House the group headed for the Enchanted Springs Ranch

where a Texas BBQ was had along with ranch-style entertainment. This ranch was established as a movie set for many western thrillers.

I would be amiss if I didn't mention the Menger Hotel and its saloon. The hotel was built in 1859, 23 years after the Alamo battle right across the street from the historic shrine. The hotel itself is a living museum with artifacts dating back to its beginning, but the saloon, or the hotel bar, was and is today a popular watering hole.

In 1898, Teddy Roosevelt used this saloon to recruit Rough Riders, fought in Cuba and the Spanish-American War. In the 19th Century a lot of who's who frequented the bar such as O. Henry, Robert E. Lee, Ulysses S. Grant, Dwight D. Eisenhower, Mae West, Babe Ruth and the list of notables goes on and on.

I was told that there were more cattle deals settled in this bar than in any other place in Texas. The hotel has the distinguished title as being "The Most Haunted Hotel in Texas."

On the Road Again travel club organized the San Antonio coach trip.



Photo by Bob Woods

One of the many historic homes located in the elegant San Antonio's King William neighborhood.

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Operation Shoebox

By NANCY GRABOWSKI

When Mary Harper, founder and director of Operation Shoebox, agreed to speak at the Nov. 7, 2008, meeting of Women of the World, little did any of us realize it would grow from a one-time thing to an on-going project.

Members of Women of the World were moved to tears at the story behind the story at Operation Shoebox. In addition to the items brought to the meeting for donations, a call from the floor spurred a spontaneous monetary collection, which netted Mary Harper's cause a whopping \$700.

The membership felt that this wasn't sufficient and agreed to adopt Operation Shoebox as a project that will last until the need no longer exists. To this end, raspberry-colored containers are located in the Arbor Club and the downstairs lobby of the Health & Recreation Building where anyone can drop off items.

Each container has a list of suggested

donations, too. The containers are emptied weekly; once a month a WOW volunteer loads up her car and takes the accumulated goodies to Operation Shoebox headquarters in Belleview.

One item in particular that is in constant demand is the helmet liner. These liners can be knitted or crocheted (for directions e-mail Nnutss456@aol.com). Women of the World have received boxes of the liners from church groups and craft groups in other parts of Florida, Ohio, Michigan, Colorado and California. We are proud to act as a funnel to get these liners to our troops!

A complete overview of the organization, a complete list of needed items, store hours, location, and pictures of soldiers receiving the care packages can be accessed at: www.operationshoebox.com.

Give Mary a call, if you can donate some time, too.



Photo by Mike Roppel

Nancy Grabowski collecting donations from the raspberry-colored container at the Arbor Club.



Photo by Bob Woods

Joe Sharek in his backyard caring for his 11' sunflower.

The 11' Sunflower

By BOB WOODS
WORLD NEWS WRITER

What an amazing sight! Joe Sharek has grown an 11-foot sunflower in his backyard.

Once I arrived on the scene, Joe greeted and ushered me to this giant of a plant growing in his backyard. I asked him immediately if Jack, from "Jack in the Bean Stalk," had been here." This plant's trunk looked almost strong enough to hold a small person (only kidding, of course).

The plant is a little over two-months old. Joe had planted a number of sunflowers but this giant is the only one that grew. Joe waters this sunflower and other plants in his care, distilled water that drips from his air conditioner.

Checking with "Wikipedia," the free computer encyclopedia, there are approximately 30 varieties of this annual flower. The flower is native to the Americas with evidence showing the first sunflower was

domesticated in Mexico around 2600 BC. It arrived in the U.S. around 2300 BC with the earliest example appearing north of Mexico in Tennessee.

Sunflowers commonly grow to heights between eight and 12 feet. Reports state in 1567 a single-headed sunflower plant obtained the height of 40-feet and another plant reached 26-feet in Spain from the same lot of seeds.

To grow beautiful sunflowers, which attract all kinds of birds, is an area of fertile, well-drained soil; a little mulch to keep in the moisture; plenty of sunshine; and a little tender loving care.

Joe is very proud of his sunflower stating that his giant sunflower plant is not through growing as yet, "It could grow a little more," Joe added. How high this plant will grow is anyone's guess.



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ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE AUGUST 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Arbor Club Ballroom		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Rebekah	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Rebekah		
9:30-10:30	Yoga* Ronnese AC Ballroom	Intermediate Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom				
10:00-11:00		Arthritis Water* Pat Outdoor Pool		Arthritis Water* Pat Outdoor Pool	Yoga* 10:15am Bryony Fitness Room		
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Rebekah	Water Walking FREE!!! (outdoor pool) 2nd and 4th Tues	Shallow Water Aerobics* Therese				

*DENOTES A FEE BASED CLASS



Irish American Club
Bob O'Neal

I certainly had every intention of making the deadline for last month's newspaper but then the garchlann came for a visit, two of them, and when that happens, all schedules seem to wither away in the time and space of a confused universe. If you hadn't guessed, "garchlann" is Gaelic for grandchildren. That will never happen again (until the next time).

Had I made the deadline, I would have written that we had a great show for our May meeting. Comedian-magician Jim Moody was the headliner and even if you had heard and seen him before, he continues to mystify and amuse the audience. He brought Lolly and Roy Fooks to the stage for some assistance and later got Jean Doyle up to help him. Why he didn't ask me, I couldn't say...I was right there in front, pointing at Lolly and Roy.

A local barbershop group, "Good Vibrations," started the evening with a few standards and ended their short set with a musical adaptation of the familiar "May the road rise to meet you..." I've heard the saying (see below) a "thousand" times but not put to music. It was a nice beginning to a great evening.

We have a real treat for October. In June, Ray Cooper, did two performances at the Ocala Civic Theatre. They titled it "an acclaimed one-man show." Member Dick Wolfe went to the show and reported back that Cooper was "great" and got information about how to get in touch with him. Long story, short, I called him and booked him for our meeting on Thursday, Oct. 15; more on this later.

May the road rise to meet you. May the wind be always at your back. May the sun shine warm upon your face, the rains fall soft upon your fields and, until we meet again...may God hold you in the palm of his hand...an old Irish blessing.



Larry's Fit Tips
Larry Robinson

Make Sure the Shoe Fits

When considering where, when and how you workout, do not forget an important component, your shoes. That's right, your sports shoes are just as important

if not the most important gear when exercising. Because your shoes assist with base support, stability and balance, inexpensive gym shoes are generally not sufficient for working out. Also, different shoes are better suited to different exercises.

Your primary activity should determine the type of shoe you need. If you take aerobics, for example, you need a shoe that's going to support low or high impact workouts along with a lot of lateral movement. Look for an aerobic shoe with great cushioning, good shock absorption and stability.

If you're a strength training and cardio equipment lover, who occasionally tries other activities like walking or court sports, you need a good cross trainer that is lightweight, durable and offers moderate cushioning and stability.

Have you ever taken the insole out of a new pair of shoes? It's a nicely covered piece of cardboard that offers no support or cushioning. Insoles do extend the life of your shoe and they offer extra support if you have high arches or stand on your feet a lot. There are many types of insoles but most fall into two categories soft arch

support and orthotics type insoles (non-prescribed). Just be careful when buying store bought support insoles or orthotics. Your feet are unique; no two people have the same size or shape.

The best way to extend the life of your shoes is to rotate through several pairs. Wearing old shoes or inappropriate shoes to exercise makes your workout less effective and more likely to cause injuries. If you're serious about achieving those fitness goals, your workout shoes are just as important as your workouts, your diet and your sleep habits.

FIT TIP #1: Regardless of the activity, your feet will thank you if you do your homework on the right shoe for the right sport or activity.

FIT TIP #2: Aerobics shoes should be replaced every 100 to 120 hours of use. Running shoes should be replaced after about 500 miles. You can, however purchase and rotate two pairs of shoes, extending their life and allowing each to air out and dry out before wearing them again.

FIT TIP #3: Your exercise shoes can increase or hinder your workout abilities. The best training shoes offer support, stabilization and shock absorption, and reduce risk of injury.



September issue:
Thursday, Aug. 27

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Fitness Happenings Cammy Dennis

Talk the Talk...But Walk the Walk!

Most of us are aware that walking is one of the best exercises we can do to improve and maintain good health. We all "talk the talk" about keeping fit, now let's "walk the walk!" Here are some important things to consider with a walking exercise program.

It's always prudent to check with your health care provider and make sure you are healthy enough to engage in an exercise program. You will want to invest in a supportive pair of walking shoes (see Larry's article "Make Sure the Shoe Fits" for information on athletic footwear).

Now you're ready to walk! Pay attention to your gait function; this is important for balance and speed. The strength in your legs will determine how steady your gait is, I would highly recommend adding strength training into your walking program for this reason. A proper gait should follow these guidelines:

- Walk with your chin parallel to the ground. Your chest should be lifted, shoulders back and your rib cage expanded. Think tall!
- Feet should be no wider than shoulder's width distance throughout your

RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE EFFECTIVE AUGUST 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise
8:00-8:50	Cardio Mix	Condition & Stretch	Cardio-Kick & Tone	Condition & Stretch	Cardio Mix	12:15
Aerobics Room	Rebekah	Cammy	Susan	Cammy	Kitti	20 Min
9:00-9:50	Primary Pilates	Balanced Body	Life's A BALL	Balanced Body	Precision Pilates	Sunday
Aerobics Room	Mary Pat	Mary Pat	Mary Pat	Susan	Kitti	Oxycise
10:00-10:45	Balanced Body		Balanced Body	Strictly Strength	Balanced Body	12:15
Aerobics Room	Mary Pat		Mary Pat	Larry	Susan	20 Min.
10:30-11:15	Cardio Jam		Cardio Jam		S.O.S - "Serious on Kitti Strength"	
H&R Ballroom	Kitti		Kitti			
10:45-11:30	Light Aerobics		Light Aerobics		Light Aerobics	
Aerobics Room	Susan		Susan		Susan	
12:00		Fitness Center				
Fitness Center		Orientation				
12:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	
1:00-2:00		ZUMBA!		ZUMBA!		
Aerobics Room		Traci		Traci		

* Denotes a Fee Based Class

stride. If you find that, your feet are positioned wider than this you may be struggling with some balance issues.

- Use a "heel strike" then roll through the ball of the foot. Using this technique in your stride requires strength in your lower leg. Another reason to strength train!
- Keep your toes pointed forward. This will ensure that you recruit the muscles at the hip joint in a balanced fashion.
- Swing your arms at your sides with a bent elbow. Do not make the mistake of swinging your arms across the front of your body like pendulums. Your arms should not cross the mid-

line of your body. Health & Recreation wants to support your walking efforts and help you stay healthy. To practice all of these important walking techniques and more, be sure to join us for these special upcoming walking events!

"Walk for Wellness:" Special class on Friday, Aug. 14 at 10:30 a.m.

"Walk Through the Ages": Special class on Friday, Sept. 25 at 10:30 a.m.

"Walk for the Cure:" Monday, Oct. 19 at 3 p.m.

"Walk for the Cure" is shaping up to be a wonderful event that provides you with the opportunity to improve your own health and quite possibly someone else's!

By making a small donation of \$5 to participate in this special event, you will be playing a valuable role in the fight against breast cancer.

Additional fitness happenings: Water Walking: Aug. 11 and 25 at 1:30 p.m. at the Arbor Club, free.

Master the Possibilities lecture "Aging Actively:" Aug. 11 at 9:30 a.m. in Live Oak Hall.

Health & Recreation "Get Acquainted:" Aug. 27 from 9 to 11 a.m. in the Health & Recreation Ballroom.

The Ranch Fitness Center and Spa Open House: Aug. 23 from 1 to 4 p.m.



Kitti's Corner Kitti Surrette

Put an End to Emotional Eating

If you've ever gobbled up a candy bar before a big meeting with the boss, or spooned your way through a pint of ice cream after a breakup, then you're familiar with emotional eating. Letting your feelings (instead of hunger) dictate when,

what and how much you eat can be very dangerous and lead to disordered eating behaviors. Try the following ideas to put an end to emotional eating.

Keep a mood log: You may have heard that keeping a food journal can help you track your fat and calorie intake, but you can also use it to record your emotions. "For many people, this is very helpful in identifying which emotions lead them to overeat," says Adrian Brown, Ph.D., a psychotherapist in private practice in Washington, D.C.

Once you've figured out your trigger, you can come up with better ways to deal with it. For example, if you tend to overdo it when you're lonely, make a walking date with friends or call a family member. Then, you won't have to turn to food as a way to fill your time.

Chat yourself up: The next time your stress levels soar and you find yourself en route to the refrigerator and/or pantry, try some positive "self talk" to reason with yourself. Say, "If I eat that bag of chips, I'm going to feel good for a few minutes,

but then I'll feel guilty, disappointed and frustrated. It may be hard to deny this craving, but when the feeling passes I'll feel confident and happy." It gets easier to say no to tempting foods once you get used to the feel of success. Another saying: "Thanks (your name) for the stress, but it doesn't work for me right now by reducing it with eating poorly. I choose to have a piece of fruit. Thanks (your name) for the power!"

Reframe the situation: "Many dieters mistakenly view food and weight loss as a black and white issue," Brown says. For example, say you give into a craving for ice cream, (one of my favorites), chocolate or whatever food is your weakness. You might reason, "Oh, well, I blew it. Now I might as well eat whatever I want." Wait

a minute! That kind of thinking makes no sense. So what, you had a little slip? There's no need to make it any worse. We're not perfect, and you don't have to be to slim down!

Take your goals to go: Write down the reasons you want to lose weight and have a healthier lifestyle on a piece of paper. Carry it with you in your purse or wallet. Whether you want to be around to keep up with your grandkids, look great at their weddings or chase your spouse around the house, this list can be a powerful motivator when you're faced with a craving.

Don't let emotional eating derail your weight-loss efforts. Write it down and go with the win.

Kitti

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**New York/
New Jersey**
Bunny Barba

Our first meeting of the 2009-2010 season will take place on Tuesday, Sept. 15. The actual meeting begins at 3 p.m. but come early to enjoy the great refreshments supervised by our own Danny Colura.

Please note that all members and future members are welcome to attend. We urge everyone who has ever lived in either New York or New Jersey to come on up to the Health & Recreation Ballroom and see just how much you will enjoy yourselves.

If you have never lived in either New York or New Jersey but if you have relatives who resided there, if your family landed on Ellis Island or if you have visited or driven through these states, you are eligible to join. Try it, you will like it.

At our first meeting, we are proud to present for the national debut of the soon to be world famous entertainers, Sue Moody and her tap dancing group. Do not miss this wonderful event.

If you have any questions or comments please call me at 873-8009 or by e-mail: Thebunster29@aol.com.

May your life be full of good luck and great joy, always in all ways.



**New England
Club**
Peg Corkum

"Moonlight in Vermont," a song most of us are familiar with. Well, in my opinion, there's much more to enjoy besides the moonlight. The 14th state, Vermont was the first state in which "all" men could vote. Discover the best of this state, which actually looks like the pictures in tourist brochures. Ski areas are active both winter and summer.

Stop and soak up some of the serene essence by vacationing at one of the many farms. One can get big rewards by hiking, visiting festivals, quilt or art shows and state fairs. Also open to the public are cider mills and historic maple sugar houses.

Vermont rates second in number of covered bridges. Museums include Shelburne, Maple and Green Mountain Railroad. Boats navigate big Lake Champlain by paddle, sail or motor.

For a taste of cosmopolitan life, slip over to Montreal, Canada (passport mandatory). Two places I've always wanted to visit are the famous VonTrapp Family Lodge (remember "Sound of Music"?) and the Vermont Country Store. Their catalog includes Life Buoy Soap, Evening in Paris cologne, and Black Jack Chewing Gum. Sweet memories of my youth; I suspect of yours also!

We salute our members from Vermont, and hope to see a membership increase next year! So your summer assignment should you choose to accept it, is to introduce your fellow On Top of the World Vermonters to our club.



Grandchildren Visiting?

Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.

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Events August

To be listed, call Sid at 861-8775

Aug. 4
Baseball: Tampa Bay vs. Boston
Tampa 854-8707x10

Aug. 8
Show: Gary US Bonds
7 p.m./CSCC 854-3670

Aug. 9
Movie: "Ghost Town"
6 p.m./H&R 873-7507

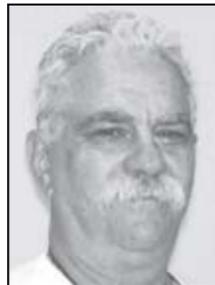
Aug. 15
Show: "Mamma Mia"
Clearwater 237-8661

Aug. 25
Casino Trip
Tampa 854-8707x10

Aug. 27
Get-Acquainted Meeting
9 a.m./H&R 854-8707-10

Location Codes

AC	Arbor Club
BR	Ballroom
CC	Arbor Conference Center
CCC	Candler Community Center
CSCC	Circle Square Cultural Center
H&R	Health & Rec Bldg
ICC	Indigo Community Center
MR1	Meeting Room 1
MR3	Meeting Room 3



Social Club
Mort Meretsky



Lions Club
Dianne Lovely

After being dark in June and July, we will be back in operation in August. On Aug. 21, we will have our annual picnic. It will be from 2 - 4 p.m. at the Arbor Conference Center. I'm not sure of the menu at this time, but I'm sure Carmine and Marie will cook up something good. We will not have any dealers so if you want to play anything, bring your own supplies.

On Sept. 18, we will continue with our poker and blackjack at the Arbor Conference Center after working out an arrangement with the dealer's negotiator, Tom "The Dictator" Seitz.

See y'all on the 21st.

Thirteen of our Lions attended the orientation classes at the Keystone Heights Lions Club where our incoming officers and those who wanted to become officers attended the various training classes. Afterwards, we allunched on some great hamburgers and hot dogs with all the fixings. There were approximately 125 Lions from around District 35L attending.

On June 23, we held our installation of officers dinner at the Holiday Inn & Suites where the following Lions were installed: Ralph Mills, president; Dick Spahn, first vice president; Mark Klaras, second vice president; Jim McCabe, treasurer; John Johnson, secretary; Wendy Phillips and James Delfrassee, first year directors; Jerri Shorey, second year director; Dianne Lovely, Lion tamer; Peter Dodd, tail twister; Carol DeYoung, membership chair; Marty Schley, immediate past president; and Bill Tooher, PDG.

Perfect attendance awards were given to 15 Lions. Wendy and Dianne were presented with appreciation awards. Ralph Mills was awarded Lion of the Year. District Governor Elect, Estelle Clark, was recognized.

We meet the second and fourth Tuesday of the month at the Candler Hills Community Center at 8:30 a.m. For more information, contact membership chairman, Marty Schley, at 307-1286.



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On Top of the World Communities

On Top of the World Community Cookbook

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RECIPES COLLECTION SHEET

Recipe No. _____

Category _____

Recipe Title _____

Submitted by _____

INGREDIENTS: Use abbreviations of up to 4 characters. Do not use "to" or "by" unless needed.

DIRECTIONS: _____



Women of the World
Terri Molnar

The heat hasn't stopped your officers from working out the details for the upcoming year's program; nor has it stopped them from traveling this sum-

mer! All agree they will be rejuvenated and ready to greet you come September for some fun times.

As is the tradition, we like to introduce some of the new board members to you. Kathleen Wilson is the new sunshine lady and Helen Knecht is the new historian.

Kathleen and her husband, Ed, finally became permanent residents of On Top of the World this year. They had spent four years as snowbirds, traveling back and forth to Sterling Heights, Mich.

Kathleen, a former elementary teacher, enjoys the easy pace of Florida living especially while playing Mah Jongg, cards or doing water aerobics. She also loves to cruise, particularly to Hawaii; hence, her "Aloha" greetings. Please contact Kathleen at 861-6720 when any member needs to be remembered with a card. (During August, send the messages via Nancy at 873-4315.)

Helen Knecht, as historian, will be behind the camera at our meetings and events. She will have had plenty of practice because of her grandchildren. They live in Centennial, Colo. where numerous photo opportunities abound. Helen has

always been involved in activities stemming from her employment as the coordinator for the athletic department at the University in New Jersey. When you see Helen at the meetings, stop with your best smile and say "Hi!" to our "candid camera lady."

Barbara Martyn is not a new member of the board. However, she wasn't properly introduced last year so we are taking this opportunity to correct that! Barbara heads the telephone portion of our communications tree.

Barbara and her husband, Ben, moved to Indigo East from New Jersey. Barbara is active at the gym and within her community. She has a giving nature that fits in with our organization, particularly when our charities touch her "soft spots": children and animals. Contact Barbara (854-7850) if you prefer a telephone reminder about upcoming events; she will see to it that your name is added to the list.

April Pollard is not a new member of the board either! April will once again head the fashion show committee; we eagerly await the decorations. Can they possibly outdo those from last year?

April and her husband, Archie, who will celebrate 46 years of wedded bliss in August, are originally from the Finger Lakes region of New York. They have lived all over the world and have tales to tell from each place. April wears many hats: wife, mother, grandmother, red-hatter, animal activist and line dancer. You can often find April at water aerobics or stretch classes where her sunny smile and mischievous ways delight her classmates. Be sure to sign-up for her committees if you are willing to lend a hand.

Our summer membership drive continues. Please send your \$8 check (made payable to Women of the World) to Sharon Wasmund, 8657-C SW 97th Lane Road, 34481. Your help will minimize the wait time at the membership table, allowing you more time to socialize and catch up with friends.

We also encourage you to bring a friend to a meeting so she can learn more about us. Membership is open to any female On Top of the World resident in any of the neighborhoods. We look forward to seeing you there!



Red Hat Society
Vivian Brown

Ladies, as those lazy days of summer slip by, thoughts of fall and our upcoming events stir our minds and encourage us to start preparing for "The Red Hat Gala" on Sunday, Oct. 18 in the Health & Recreation Ballroom. If you have not marked your calendar, please do so now and don't forget our PJ party coming up in February so get your "acts" together.

Gals, my message this month is, "life is short, break the rules, forgive quickly, kiss slowly, love truly, laugh uncontrollably and never regret anything that made you smile." Until next time, stay well and

God bless.

The Razzle-Dazzle Red Hat Dames

According to my schedule, Pat Fitzgerald is our hostess for our September luncheon. She will be contacting all the ladies; our luncheons are always on the third Wednesday of the month except our holiday affair. At next month's luncheon, we will discuss the gala and the PJ party.

I want to thank all of my wonderful ladies for all they do and for all the great times we have shared and will share. You all truly enrich my life and I love each and every one of you. God bless you all and keep you well! *QM Vivian Brown*

The Glitzy Gals

Our outing to The Schnitzel Factory, a German restaurant was hosted by Janet Becker and Dottie Hinde. Delicious food, great service and interesting conversations made for an enjoyable get together. Nancy Cooperman won the prize and everyone received a bag of candy as a favor.

Activities have slowed for the summer, but plans for the fall are in progress including the "Red Hat Gala" in the Health & Recreation Ballroom and an event at Black Diamond Country Club. "True happiness consists not in the multitude of friends, but in the worth and choice." *QM Mary Curry by Janet Wahl*

The Blazing Bonnets

We started a new Red Hat chapter in On

Top of the World called The Blazing Bonnets. Our first meeting was at The Pub. Our chapter members consist of members from other chapters to get it started and a few new members who know us but don't know about Red Hats.

Right now, until we get organized, we're closed for membership for a few months. I do have a few handbooks if you'd like to learn about Red Hats and when we're ready to open membership, maybe you'd like to join us. Any questions, please call 873-8948. *QM Mary Vanasse*

The Red Gems

Vacation time has taken its toll with more than half of the Red Gems not here to enjoy the luncheon Vivian Cayia had planned for us in June. There were only four ladies on the trip to The Villages. That's a destination we always had enjoyed, and we were sorry to miss it.

Janet Stewart is taking us to Outback Steakhouse in July. I don't have the count (at this writing), but I hope for a good turnout.

I just want to add as note of appreciation to our hostesses who prepare and send out lovely invitations, letting us know the time and place of our next get together. Thank you Red Gems! *QM Billie Giles by Loretta Troutman*

The Cool Cats in Red Hats

Jackie Lalonde planned this month's

trip for the Cool Cats. Jackie took us to Inverness to the old courthouse. Margaret, our guide, provided a very informative tour of the court building. The changing exhibit was done by wood carvers, which consisted of historical places in Inverness. We then toured the old courtroom where the film "Follow That Dream" with Elvis Presley was filmed. We also watched a video of the courtroom scene from the movie.

We were taken in to the old vault room that had its own fireplace. Anyone can still go there and get out copies of deeds and newspapers from way back. If anyone had family living in Inverness that they wished to delve into family history, there is lots of information to be had and very helpful people willing to be of service.

After the tour, we had a wonderful lunch at Stumpknockers. The manager told us to save room for the blackberry cobbler, as he himself had picked the berries the day before. The berries were big and delicious.

Our group was not too big this time out as several of our members are away. We are looking forward when all are back for more Red Hat fun. *QM Janet Fragapane*

Please send your chapter's activities by the eighth of the month via e-mail to: vivjcb@cfl.rr.com. Any questions, call 291-0246.



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Photo by Bob Woods

Norbert Sachs puts up a new picture for the latest display of the ShutterBugs' Husband and Wife exhibit displayed in the lobby of Master the Possibilities.

ShutterBugs' Display Team

By Bob Woods
WORLD NEWS WRITER

There is a small group of photographers who are members of the On Top of the World "ShutterBugs," a photographic club that is open to all residents who are interested in photography, who spend extra hours monthly putting up and tearing down photo displays. These displays are put up in the lobby of Master the Possibilities and at Marion County's Freedom Public Library.

The displays at the library are changed every two months while the display at Master the Possibilities is changed

monthly, depending on schedules at both venues.

The displays are photographs taken by club members on various projects, contests and interests. The present display at Master the Possibilities are of a husband and wife exhibit. There are eight photos supplied by the husband, and eight by the wife.

The duo featured this month are Gary and Linda Uhley. There is a bio on each at the display.

Norbert Sachs, head honcho of the display team, comprising of Tom Jellifer and Charlie Smith, told me the displays could encompass any subject.

So, when you go out to Master the Possibilities or Yalaha Delights or the Farmer's, stop for a few minutes and take in the artwork.

If you like to take pictures, it just might give you a different outlook or viewpoint on your picture taking. Besides, the pictures are beautiful, especially in air conditioning, as you sip a liquid refreshment.



Arbor Club Tennis Jorge Privat

Summer has been hot, humid, rainy and unreliable. But in spite of all of this, I appreciate your resiliency and determination to play.

When the heat subsides, we will organize a "tennis social." Also, when we start the "ladder" again, I hope to have more participation, because I believe it provides a bonafide avenue towards your development as a tennis player.

Tennis Tip of the Month: Three Patterns of Practice

1. Stroke production (developing the right technique and strategy through specific drills)

2. Live-ball drills (putting those techniques in various rally situations)

3. Competitive matches that have meaning (employing sound techniques and strategy in real pressure situations)

Players almost always favor one or two of these practice elements at the expense of the others. That is, many players can be found drilling in clinics, lessons or workshops all the time yet seldom get out and play matches or hit in live-ball practice with a partner.

Others, on the other hand, can be seen playing five or six days a week in social

or competitive matches but would never think to attend a local clinic or take a lesson.

Others still, can be seen hitting with playing partners regularly, but when asked to play a set or a match, decline almost every time.

I've seen students refuse to play matches until they are completely ready, and many more players who start playing tennis before any significant mastery of strokes have been accomplished.

The ideal practice combination will change as players develop and master the game. Even the pros work with these three elements. They drill with a coach, hit with various hitting partners and play competitively.

One thing I stress is that all beginners should understand and develop the proper grip, stroke and footwork patterns associated with skilled tennis before they run off to start playing matches. The problem is that advanced stroke patterns are not only unfamiliar; they usually feel uncomfortable to most beginners.

While everyone can figure out ways to "hit a ball over the net" using just about any form, the reality is that not only is it nearly impossible for beginners to spontaneously discover more advanced form. The longer they play using some alternative method makes their chances of changing and developing more effective form nearly impossible.

Once players can emulate swing patterns, the next step is to start "cooperative live-ball rallies." This is a difficult transition. Most players don't move well at this stage to hit the ball in their ideal "strike zone," consequently they resort to awkward swing mechanics to compensate for poor footwork so they can contact balls outside of their ideal strike zone.

The final element is competition. That is playing matches that have some intrinsic or extrinsic value. Matches, which don't have pressure, don't prepare players for pressure. As a result, these players tend to break down mentally and technically. Usually referred to as "choking."

In any event, don't take things too seriously; be happy when you come to play and enjoy your time on the court.



Back at The Ranch Theresa Maurio & Cammy Dennis

Are Your Muscles Confused?

Muscle confusion is currently a popular "buzz" term in the fitness industry. This strength training concept was originally tossed about in bodybuilding circles and the premise is simple, to keep your muscles guessing!

Your body is quick to learn and adapt to the physical demands you place on it, therefore it becomes very efficient at doing the same things over and over. This relates to everyday activities as well as exercise.

Therefore, if you repeat the same exercises at every workout, those exercises will not produce the same challenge for your muscles as they did when you first started doing them. You need to change the exercises and "confuse" your muscles. When the muscles are constantly confused they never quite adjust to the activity, and thus the exercises will consistently provide a challenge that will keep the muscles growing in strength, size or both.

Muscle confusion works with various types of exercise such as cardiovascular and strength training. This "muscle confusion" training principle is very similar to cross training. Keep the muscles active and stimulated through a variety of

challenges (exercises), which will recruit the same muscle fibers, but in a different way.

Take advantage of this training concept at The Ranch by engaging in a wide variety of exercise disciplines. For a cardiovascular workout, we have numerous state of the art exercise machines, as well as numerous group fitness classes. For strength training, you can choose from Nautilus machines, free weights and cable machines. We also have "Power Pump" classes, which is a great way to "confuse" those muscles if you have only been using the machines. Don't hesitate to consult one of our fitness professionals if you have any questions about our equipment or programming.

Upcoming fitness happenings:

Aug. 5 at 9:15 a.m.: "Aqua Fun-Tastic" special class with Dunia and Cammy.

Aug. 15 at 10 a.m.: "Drum Core" is back!

Aug. 23 from 1 to 4 p.m.: Fitness demonstration at The Ranch Open House

Sept. 1 from 2 to 3 p.m.: Master the Possibilities lecture "Healthy Life" at Live Oak Hall.

Benefits of a Pedicure

Pedicures are often viewed as the ultimate pampering experience for the feet. Yes, they are very relaxing and of course enhance the appearance of the feet and toes. There is a wide range of nail colors to choose from to further make the toes look even nicer, as well as several different types of upgrades on a pedicure.

From the moment that the licensed nail technician has you comfortably settled in the high-tech massage chair and your feet are gently placed in the warm saltwater, now you will be asking yourself "why didn't I do this sooner?"

With a gentle exfoliation to remove the dead skin from the feet and lower legs, followed by a wrapping of both feet and lower legs with warm towels and then careful clipping of the nails, this will prepare the areas for the application of the hydration cream that the skin is so thirsty for!

The pedicure will not only leave the skin feeling soft and smooth, it will also assist with circulation of blood and removal of lactic acid from overworked muscles. Pedicures are wonderful treatments for both women and men. Think of all of the time spent on our feet and if our feet feel good, we feel good all over!

Pedicures are also very beneficial for those who are very dedicated to working out. Whether it's running, walking or taking a specific type of class that has an impact on the feet, a pedicure would be very beneficial to maintaining proper foot care.

Think of how important it is to keep your feet in great shape as you are working on maintaining a healthy lifestyle. Remember, happy feet will result in two very happy soles! Take the plunge and enjoy the benefits of a pedicure. Your feet will thank you.

I would also like to highlight an exciting event that will be taking place on Aug. 23 at The Ranch Fitness Center & Spa. There will be a "Wellness Open House" from 1 to 4 p.m.

I am very excited to announce that the event will include a wide range of wellness stations that will be set up for all of our guests. These stations will include chair massage, skin analysis, make-up demonstration, hair consultations, aerobic demos, body fat measurements and much, much more!

Please look for the ad in this paper that will outline the specific details on this upcoming event, which will be presented by The Ranch Fitness Center & Spa. We all look forward to seeing you there!

Have a safe and enjoyable summer!

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Activities August

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
8:30	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:30	Tai Chi	AC
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance (Level Two)	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Aqua Belles	AC
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:30	Bridge	CR
	Euchre II	CC:H
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
2:00	Bocce	CC:AC
2:30	Readers/Theatre	CC:D
3:00	Ocala Clown Express	TR
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

3rd Week

10:00	Genealogical Workshop	CC:B,C
2:30	Readers Theatre	CC:D
1:30	D'Clowns	CC:B,C
3:00	Ocala Clown Express	TR
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E,F
7:00	Sunshine Singers	BR

4th Week

3:00	Community Patrol	CC:B,C
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Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horseshoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Sunshine Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cybex Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:30	Chess Club	MR2
3:00	Shutterbugs	CC:B,C
4:30	Table Tennis	CC:D

5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3/Art
	Mah Jongg	ACC:C
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR
	Circle Squares Dance	AC

1st Week

8:00	Men's 9-Hole Golf	PR
1:00	Sunshine Quilters	Art
3:00	Red Sox vs. Rays 08-04-09	H&R
6:30	Candler Excursion	CCC

2nd Week

8:30	Lions Club	CCC
9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:30	Visually Impaired (No Meetings June, July & Aug)	
3:30	Alpha Investment	Art
6:30	German Club	CC:G

3rd Week

1:30	Unique Birders	CC:H
2:30	New York/New Jersey	HR
3:00	NY/NJ Club	BR
4:30	OTOW Community *Bus Dinner Run 08-18-09 (Mimi's Cafe)	HR

6:00	Caribbean Club	ICC
7:00	Democratic Club	CC:E,F

4th Week

8:00	*Seminole Casino Trip 08-25-09	HR
8:30	Lions Club	CCC
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
7:00	Karaoke	CCC

Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PL RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
3:00	Scrabble Club	CC:H
4:00	Softball Practice	SBF
5:30	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

1st Week

9:00	Model Railroaders	MR1
10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	

1:45	Native Plant	CC:H
3:00	Pennsylvania Club	CC:E,F

3rd Week

1:00	Stamp Club	PAB
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Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B,C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E,F
	Hand & Foot Canasta	CR

Bus Ocala Run

9:30	Miniature Golf	MGC
	Shuffleboard	CTS
10:00	Round Dance Class	CC:E,F
	Ballroom Dance	AC
10:30	Advanced Tap	HR
	OTOW Concert Chorus	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square Dancers	CC:E,F

12:15	Mah Jongg	CC:A
	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR

1:00	Bocce League	BCTS
	Badminton	H&R

	(Racquetball Cts)	
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E,F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
	Shuffleboard	CTS

Bus Grocery Run

5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H

1st Week

10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

9:30	Scrabble Club	AC
2:00	Singles Club	CC:G,H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F,G

3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC:G
	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B,C

Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A

Photo IDs

Customer Service
8 a.m. to 4 p.m.
Monday through Friday
Bring current ID or temporary ID

12:15	Men's Golf Group	CR
	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
	Table Tennis	CC:D
1:00	Canasta the Old Fashioned Way	CR
	Square Dancing	H&R BR
2:00	Fun In The Water	AC
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

10:00	Emb. Chicks	CC:B,C
1:00	Women of the World	CC:E,F,G,H

2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
4:00	A Night In Hollywood	AC
7:00	Republican Club	CC:E,F,G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

10:00	Emb. Chicks	CC:B,C
12:00	High 12 Club	TBA

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:B,C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:00	Pickleball	CTS
7:00	Mixed Poker	CC:H

2nd Week

6:00	Movie of the Month	BR
7:00	K-9 Club	CC:G

3rd Week

2:00	American/Jewish	CC:E,F,G
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Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop

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August 8

Dance the night away
with Gary US Bonds
Greatest hit "New Orleans"
Gold \$18 Silver \$16 Bronze \$14



September 19

Rat Pack Remembered
Remembering Frank Sinatra,
Dean Martin, Sammy Davis
& Friends
Las Vegas Style Showgirls!
Gold \$16 Silver \$15 Bronze \$14



October 22 - 24
The Sunshine Boys
Dinner Show \$40

Doors Open: 5 PM
Dinner: 6 PM



November 7

Legends of Doo Wop
Gold \$15 Silver \$13 Bronze \$11



November 21

Jay Siegel and The Tokens
Greatest hit
"The Lion Sleeps Tonight"
Gold \$16 Silver \$14 Bronze \$12

Dinner Menu:

- Carved Top Round and Demi-Glace
- Lemon Pepper Pangasius
- Garlic Mashed Potatoes
- Key West Blend Vegetables
- Rolls & Butter
- Chocolate Cake
- Coffee and Iced Tea



December 4

Dance Party with
Norman Lee Schaffer
\$11

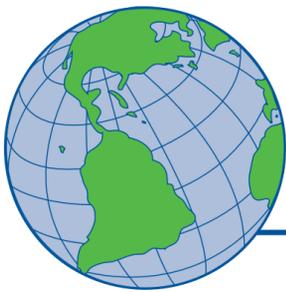
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Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.



On Top of the World NEWS

Where the News is Always Good

Candler Hills MGA presents awards, see page 21



Section 2

Vol. 23, No. 2 • August 2009



Photo by Bob Woods

On July 4, old military T-6 aircrafts flew in formation over Circle Square Commons.

Celebrating the Fourth of July

By BOB WOODS
WORLD NEWS WRITER

It was a typical hot summer day with temperatures reaching the mid-90s and the humidity just as high but the weather did not put a damper on the Fourth of July festivities held in late afternoon and evening at On Top of the World's Circle Square Commons.

The start of our nation's 233rd Birthday celebration was a tribute to our armed forces. Flags for each service were provided by the Fleet Reserve Association, Branch 186 and manned by veterans representing each of the military services including the Merchant Marines.

Military medleys were sung by members of the On Top of the World Chorus, conducted by Jean Monroe and accompanied on the electronic keyboard by Peggy Campbell. Each military medley was sung as that service flag was dipped and those in the audience who served in that service stood to be recognized. Audience participation was encouraged with some singing the service songs.

The Swing Sisters, a female trio, sang old favorites of the Andrew Sisters entertaining the audience, which numbered in the hundreds, if not close to a thousand, with all kinds of old favorite tunes. The girls even grabbed On Top of the World resident, Ralph Voight, from the audience and had fun performing around him in the center of the dance area.

These gals, dressed in a sort of military uniform with short skirts, have even played in a presidential ceremony for the

White House Squadron with Astronaut John Glenn, plus performing along with many large bands and entertainers such as Bob Hope and Dick Clark.

The highlight of the day at exactly 7 p.m. was a formation of old military T-6 aircrafts that flew over Circle Square Commons and then returning to demonstrate the missing man formation as one of the aircrafts, trailing smoke, broke formation from the other three. The huge crowd stood, watching the aircraft and all were clapping while some voiced their appreciation.

The T-6 aircraft were used in military service, as a fighter and later used to train pilots many years ago. Private individuals, mostly ex-military pilots, own these aircrafts. The Air Force calls these aircrafts, T-6 trainers while the Navy calls them SNJ-6. This aircraft was first introduced back in the 1930s primarily for the U.S. Army Air Corps, later being used by the Navy and the British.

Following the flyover, "Sounds of Times" provided dance music as the sun disappeared and temperatures subsided entertaining the crowd.

To avoid the heat outside, some ventured to the Circle Square Cultural Center where "Dancin' On Top" provided a chicken picnic meal along with dancing music provided by a local radio DJ.

Another year; another birthday. Happy birthday America!

Enjoy The New Pretenders and Ice Cream Sundaes

By GARY RODOFF

Mark your calendars for a special, not-to-be-missed, entertainment event on Friday, Sept. 11. The On Top of the World Community Patrol will be hosting an ice cream social combined with a special one-hour encore performance by The New Pretenders doing their best songs from the 2009 season show.

The show will be at the Health & Recreation Ballroom. For only \$6 (\$7 for reserved seating), you will be able to enjoy an ice cream sundae and be entertained once again by The New Pretenders as they close out their 2009 season.

We'll start building your ice cream sundae beginning at 6:45 p.m., with the entertainment starting about 7:30 p.m.

Tickets will go on sale at the Health & Recreation Ballroom on Monday, Wednesday and Friday mornings starting on Aug. 10 from 8 to 10 a.m.

For show information, please call Jim

Miller at 854-4947 or Gary Rodoff at 291-7508.

Cheney Brothers Inc is graciously sponsoring the show. The proceeds will go to the Marion County Sheriff's Office Foundation, Inc., which was created in 2008 to help provide financial support for the volunteer programs of the Sheriff's Office.

In On Top of the World, these programs include our own Community Patrol and our On Top of the World and Indigo East Citizens Emergency Response Teams.

Throughout the county there are over 1,500 volunteers donating over 128,000 hours each year to help make Marion County one of the safest in the state.

For more information about the Marion County Sheriff's Office volunteer programs or the Marion County Sheriff's Office Foundation, please contact Gary Rodoff at 291-7508.



Photo by Charles Smith

The New Pretenders include Bill Shampine, Moe Weiner, Bob Wroblewski plus the band in the background.



Photo by Ray Cech

Rich Hrats and Dennis Hisey, warranty representatives, background left, discussing regular home maintenance with Candler Hills residents.

How to Maintain Your Home

By RAY CECH
WORLD NEWS WRITER

It was a packed house that came to listen to warranty representatives, Richard Hrats and Dennis Hisey, discuss topics relevant to maintaining your home.

In an ongoing series of speaker events sponsored by the Candler Connection, Dennis and Rich spent more than one and a half hours presenting vital upkeep chores and answering questions for Candler Hills residents. The standing room only crowd was introduced to such maintenance requirements as vinegar in the air conditioning drain, when to change filters, lubricating garage door channels, sprinkler adjustments and maintaining

bacteria-free air ducts, to name just a few of the topics discussed.

Candler Hills residents have been in their homes an average of three years and maintaining a new home from the start is the best guarantee that you will be rewarded with years of trouble-free living. But even if you've been in your home for a while, both Rich and Dennis advised that it's never too late to pay attention to critical areas that require regular check ups, such as air conditioning units, sprinkler systems (a power surge plays havoc with timers) and fire detection monitors, to name just a few.

Florida Volunteers of the Year

By BOB WOODS
WORLD NEWS WRITER

An On Top of the World couple has been named "2009 Volunteers of the Year" for the entire state of Florida. Fred and Judy Oblenis were recently honored at a banquet held at the Rose Convention Center in Orlando for being the best of the best. Their award was for the volunteer services they provide weekly to a local nursing home and rehabilitation center.

The couple received a nice plaque along with countless letters from the facility they visit, plus a letter from one of the home's inhabitants. Fred and Judy visit this home every Thursday and conduct bingo for those attending and anything else that is asked of them. Fred mentioned to me that he and Judy



Photo by Bob Woods

Fred and Judy Oblenis were recently named "2009 Volunteers of the Year" for the State of Florida.

often tell stories about their trips, plus many jokes.

Fred showed me a letter the announcer read at the event and some of those remarks stated, "desire to help the elderly; they were kind, caring, and show compassion; and that they handle all the facilities games, etc." They both have been volunteering at Palm Gardens of Ocala for the past seven years. They both were shocked when they heard their names as the recipients of this award.

There were five awards in total given out at the banquet but only one for Volunteer of the Year 2009. Sponsoring the award was the Florida Healthcare Activity Coordinators Association at their 35th Annual Awards Banquet.



Photo by Bob Woods

Angelo Monte takes a swing.



Softball
Bill Leon

Softball is still in full swing despite the wet days that have canceled four games so far. We have managed to play our first

games, but the rain has played havoc in the second games.

There have been some exciting games as you can see the improvement in the players. Come out and watch them run down fly balls and make some amazing catches. Come root for your favorite team or player. Watch Dino Fiocchi run out a ground ball as he heads to first or Dan Obrien race around the bases like a rabbit. Listen to the pop of the fly balls being hit while the outfielders like Tom Campbell and Andy Zarella try to run it down in hopes of catching it and saving the game.

There may not be popcorn, soda or hot dogs sold at the games, but the excitement by the players is still there.



Director of Golf
Sally Collins

Usually when I sit down to write the summer news articles we are all hoping for some rain to green up our three golf courses. However, the past few days we've all been hoping that Mother Nature allows the sun to shine on the fairways and let's us complete our matches.

This is the time of year we get an opportunity to solidify the future of the game of golf.

Many thanks to the On Top of the World ladies who volunteered at the Koontz Junior Girls Clinic - without the many hours donated by Valerie Smith, Joan D'Addio, Georgette Perrault, Harriett Brower, Linda Bervinkle, Jo Apperson, Christine McIntyre and Nancy Nicholas our future stars would not receive the fundamentals they need to learn this great game. We missed Marilyn Rose at this year's camp but knew she was with us in spirit. Ladies, thanks for allowing me to be a part of the fun!

This is the time of the year that Andy and company will be performing the necessary golf course aerifications. The exact closures will follow for all three courses. Please plan your schedules accordingly. While we undergo our maintenance, Nick Montanaro and Ryan Claunch have planned the "MGA Summer Open" on Tuesday, Aug. 11 at the Dunes Golf Club. Check the Golf Shop bulletin boards for a fun day of golf! Cost is only \$43 for golf cart, lunch and prizes.

Labor Day weekend is just around the corner. There will be a 36-hole event Sept. 5 and 7 contested on the Links and Candler Hills. The format will match a two-some from On Top of the World Golf Club with a Candler Hills Golf Club twosome. Saturday the play will be at On Top of the World Links course for a Two Best Balls of foursome event. The Monday format is a four-person scramble, using a minimum of three drives per player, at Candler Hills. Both events will start in an 8:30 a.m. shotgun event.

A barbecue lunch will follow play on Monday. Cost is only \$22 (for lunch and shop credit) plus applicable golf fees per person. If you are a golf club member at

Candler Hills or On Top of the World, you will be considered a member at the other club for this event. Registration is limited to the first 30 paid twosomes at each club and begins Monday, Aug. 3.

Think pink! If you want to golf and/or walk and support breast cancer programs, keep Tuesday, Oct. 13 and Monday, Oct. 19 open on your calendars; more details to follow. Renee's brigade will be out in full force! Another important day to pencil in will be Saturday, Nov. 14, Extreme Demo Day.

Looking for some new irons? Ping is getting ready to introduce the new G15 and I15 clubs in a few weeks. That means the Ping G10 clubs are now reduced! Call us to get custom fit and save a few dollars as well.

The Flag Day tournaments held at both On Top of the World and Candler Hills Golf Clubs were a fun filled flag flying day - over 130 golfers planted the Stars and Stripes on July 4. At On Top of the World, Clifford Jones won the men's red flight by holing on the 20th hole while Steve Gregely finished 20 yards from the green on hole #2 to take men's blue flight honors.

In the women's blue flight, Debbie Wilson also holed out on #2 while the red flight winner Sandy Chase was 150 yards from the second green. At Candler Hills, Lisa Brault and Pat McMurray both finished their allocated number of shots on the second hole to win the two ladies flights. Fred Jankowski took blue flight honors by completing his round 42 feet from the cup on #2. Tony Mistry edged out Dan Gill by ten yards also on the second hole to capture the red flight prize.

On Top of the World

By the time you read this article the reconstruction on holes 16 and 18 on the Tortoise and the Hare should be underway. The retention ponds and fairway areas on these two holes will be deepened and reshaped. This should allow for much improved drainage in the areas that tend to hold water when it rains.

The upcoming weeks will see both courses closed for aerification. The Links will close first from Aug. 17 through 23; while the Tortoise and the Hare will follow suit Aug. 24 through 30.

Congratulations are in order for two of the On Top of the World golfers. Tim O'Neil eagled #10 on the Tortoise and the Hare. Bill Walker scored an ace on the North course's #6 hole.

Candler Hills

The Candler Hills course will be closed Aug. 10 through 16 for aerification. Golf Shop hours this week will be 8 a.m. to 4 p.m. Please plan accordingly when booking your tee times.

Not only will the MGA have the Summer Open during that week, but another event is planned Friday, Aug. 14 at Glen Lakes Country Club. This outing is limited to the first 36 golfers - watch the Golf Shop for more details.

Golf Club members - please remember all you need to do is show your membership stickers to receive the Summer Play Card rate at participating courses.

The second "Just Us Girls" will be held Wednesday, Aug. 5 at 5 p.m. The final event of the summer takes place on Sept. 23. Come out and join your friends for a fun filled evening.

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Candler Hills MGA Presents Scholar/Athlete Awards

By RAY CECH
WORLD NEWS WRITER

It all started back in October when Joe Alfano, secretary of the Candler Hills men's golf association suggested they find a way to give something back to the community. Joe, a former high school coach, athletic director and teacher, appropriately suggested they look at possibly awarding a golfing grant to a deserving scholar-athlete.

A committee was formed and applications were solicited from West Port High School. West Port was chosen for its proximity to Candler Hills and because the golf course is the schools "home court."

To raise the funds, every week when the Candler Hills golfers met, they ran a 50/50. "Often, the winners would not even take the money but leave it in the kitty," said Joe. As a result of member generosity, over \$1,000 was raised, causing the committee to vote on moving to plan B; dividing the money between two

students instead of one.

Evaluating teacher/coach recommendations along with their golfing accomplishments, the committee selected two deserving students, Christopher Kemp and Jessica Negron.

Chris Kemp is a senior at West Port with a 3.7 GPA. He will be attending Central Florida Community College this fall to study the fusion of sports and religion. Besides being an accomplished golfer, Chris achieved Eagle Scout recognition and is active in the Fuse Student Ministry where he works with younger kids. He will use his share of the grant for books this coming semester, as well as, for his work with the Ministry.

Jessica Negron who works at the Candler Hills golf shop will soon be leaving us to attend Florida State University where she has received a full golfing scholarship. She holds a 3.8 GPA and a two hand-



Photo by Ray Cech

Bryant Giffin, club president, Jessica Negron, Chris Kemp, Joe Alfano, club secretary.

icap. Achieving that handicap comes with sacrifice; two to three hours of practice everyday combined with hours of weight training, swimming, running and stretching. Jessica's dream is to be the # 1 lady golfer in the world. If you've met her, you'd know that the dream is more than

just that; it's a very real possibility.

Thanks to the Candler Hills men's golf association, president Bryant Giffin, secretary, Joe Alfano and all the committee members and contributing players for recognizing the importance of giving back to our community.



Photo by Lois Rider

Marge Seely, Joe Veres, Helene Sternberger and Joe Szabo sport their Hawaiian garb at the shuffleboard Luau last spring.



Shuffleboard
Robert Riedeman

The summer shuffleboard schedule will continue through the month of August. There are two weekly sessions, Mondays and Thursdays at 9 a.m. and play is open to all On Top of the World residents. Club membership is not a prerequisite.

For those playing the game for the first time, instruction is available. All one needs do is to show up at the courts a few minutes early. The courts are located behind the Health & Recreation Building. This is a great opportunity to try the game out with the possibility of joining the club after the summer season is over. Of course, the courts are available at other times to all residents (both day and evening).

At the June meeting of the executive committee, Frank Dubay was elected to fill the position of club treasurer. The position of second vice president will remain vacant until after the summer.

Our current president, John Mataya, and retiring president, Vern Uzzell, and spouses, have completed their plans to journey to San Francisco. John and Vern will be competing in the National Shuffleboard Tournament in both singles and doubles play. Best of luck gentlemen!

During regular season play, there are six playing groups for new members to choose from: Monday, Thursday, and Friday mornings as well as Monday, Tuesday, and Wednesday afternoons. Both newcomers to the game as well as experienced players are encouraged to join. Instruction will be provided to those who desire it. The atmosphere is informal, not overly competitive. Come try it out, it's lots of fun.

Those desiring more information about the club may call President Mataya at 237-9692 or myself at 861-1501.



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Candler Hills Men's Golf
Joe Alfano

If this weather pattern of intermittent rain showers should continue, we may want to petition the USGA to change the 14 club rule to 15 - the 15th club obviously being an umbrella. Yet, another way to look at it is that all the rain should drastically reduce our water bills.
Our association now stands at 91 mem-

bers with the return to the fold of Dave Schultz, who had to leave us for a while to help organize the upcoming census. Welcome back Dave - you've been missed!

Anyone interested in joining our association can contact me at tjalf8371@yahoo.com for more information. We are a fun-oriented association that enjoys and respects the game of golf while not taking ourselves too seriously.

Our October Member/Guest Tournament looks to be a wonderful experience for one and all. The association appreciates all the help and cooperation extended it by Director of Golf, Sally Rogers; Assistant Pro, Ryan Claunch; and Friendship Catering's, Linda Tiffany.

Our spouses and significant others can look forward to some exciting and fun events while we labor on the golf course. One of the events is a trip to the Tiffany Museum in Winter Park but, to the best of my knowledge, there is no truth to the rumor that their credit cards will not be traveling with them.

A helpful hint that I was shown by one of our members (cannot remember who - in fact, I can't remember what I had for breakfast) concerns moving your ball mark to avoid interfering with another player's putt. When doing so, use the

reverse side of the coin when you mark it as a reminder to move it back before you putt out. Another helpful hint - do not, under any circumstances, use that old two-headed coin that came in handy when you were in the service.

Our scholarship fundraising, on hiatus since the middle of May, started up again in July. Thanks to the generosity of all our members, and as our way of giving back to the community, the association hopes to present as many scholar/athlete awards as the success of our fundraising warrants. Remember on each league day to be on the lookout for either Harpo or Zeppo for that winning ticket.

Someone once said, "My favorite shots are the practice swing and the conceded putt. The rest can never be mastered." In spite of that, some of our members put up some pretty good numbers recently: Bryant Giffin (71), Mike Buschur (74), Paul Fratarangelo & Jim Adkins (75), Dan Gill (77) and Dick Masterson & Dick Williams (79). Well done golfing your ball gentlemen!

As always, may life continue to be "nothing but fairways and greens."

Two-Man Stableford
June 16

Flight A: 81 - Al Wassmer & Joe Alfano; 80 -

Tom Garrison & Tony Kubek; 79 - Chris Jett & John Menzies; 77 - Bob Shively & Ralph Terry

Flight B: 81 - Dennis Norris & Ed Vilorio; 81 - Bill Anger & Tom Marta; 81 - Tim Beaty & Bobby Richardson; 80 - Dave Schultz & Bob Cooke

Four-Man One Best Ball
June 23

51 - Dick Williams, Jack Gustafson, Jon Raupach & Bryant Giffin; 52 - Walt Pacuk, Chris Scharar, Ed O'Leary & Bob Cowie; 53 - Rick D'Addio, Al Wassmer, Dave Schultz & Tim Beaty

Individual Net
June 30

Due to inclement weather, Rained-out Theatre presented "Abbott & Costello Meet the Invisible Man."

Four-Man Team Stableford
July 7

165 - Jim Adkins, Dave Schultz, Paul Fratarangelo & Don Huston; 156 - Dan Gill, Norm Giannukos, Bob Starrett & Tom Martinetto; 150 - John Menzies, Fred Jankowski, Bill Horton & Bryant Giffin



Men's Golf Association
Ron Cleveringa

As I write this article I am preparing to head to Michigan for a few weeks of rest and relaxation visiting friends and family. I hope to play a little golf, enjoy Lake Michigan beaches and hopefully find some cooler air!

Those that don't travel and mind the store we will have some good games to play, as the MGA never leaves town! Here's what August has in store for you: Aug. 5 is a modified scramble; Aug. 12 is team best two balls; Aug. 19 is individual net & gross by flight; and the month wraps up with Aug. 26 Scotch twosome.

Remember in a Scotch twosome, if someone doesn't show up he is leaving

his designated partner with no game! So, sign up and by all means show up!

In August, the Links will be closed from August 17 through 23 and the Tortoise and Hare from August 24 through 31 for aerification.

At our last Chicken Day event in June, we sold Mulligan tickets and have amassed \$722 of our \$1,000 goal for our 2009 Hospice fund drive. We will again sell Mulligan's in September. It's our member's commitment to Hospice that makes our campaign successful every year.

Posting Scores: One thing many of our members don't, or forget to do, and that is post all their scores. We are fortunate to have the GHIN system here at On Top of the World and with an official Florida State Golf Association handicap, you are qualified for playing in events even when you are away from home. But to maintain a valid and accurate handicap you must remember to post all your scores.

You can post all scores even if you only played nine holes. When you post designate if it's 18 or nine hole, usually the 18 holes is automatic, so you must designate nine holes, the computer does the rest.

If you travel out of state, bring your score cards back with you. You will also need the slope rating of the course you played.

Need help entering scores? Help is available in the pro shop. By also entering your "away" scores, you are maintaining an accurate and equitable handicap. The integrity of On Top Of The World Communities GHIN Handicap System is everybody's job.

Know anyone that has become disabled and cannot play competitive golf any more? Keep him as part of us and nominate him for Emeritus Member, he will appreciate your thoughtfulness and he can join you at Chicken Days; enjoying the camaraderie of his MGA buddies. Please put your nomination in an envelope and address it to me.

Remember to become a nominee for the MGA board of directors, just sign your name on the nominating sheet posted in the members lounge. Our election is Oct. 7 and new blood with new ideas will maintain the MGA as the finest group of golfers having the most fun in Florida! Give a little of yourself, you will be glad you did!

MGA 9-Hole
Tortoise and the Hare
June 17

Net Scores: T1st, Ed Benz, 36; T1st, Rowland Smith, 36; 3rd, John Gartung, 37; T4th, John Ricciardone, 40 T4th, Mario Migliaccio, 40

MGA 18 Back Tees ABCD
The Links
June 17

1st, Ray Hellman - Tom Fragarpane - Ross Mac Donald - Jerry Segovis, 119; 2nd, George Blankenship - Bill Carlson - Raymond Shultz - Tom Marta, 120; 3rd, Larry Lucieer - Bob Cates - Hira Roy - Blind Draw, 121; 4th, John Langville - Ron Cleveringa - Francis Caprez - Frank Palotta, 122; 5th, Tom McHaffie - Ed Klodzen - Mike Flynn - Blind Draw, 124

MGA 18 On Top of the World
Flighted
The Links
June 24

Gross Flight 1: T1st, John Langville, 76; T1st, Paul Perrault, 76; 3rd, Dick Gray, 77.

Net Flight 1: 1st, Tom Fragarpane, 67; T2nd, Marvin Williams, 68; T2nd, Raymond Beloin, 68; T2nd, William E Young Jr, 68.

Gross Flight 2: 1st, Clifford Jones, 85; T2nd, Guy Russell, 91; T2nd, Larry Rourke, 91; T2nd, Norm Lallier, 91; T2nd, Steve Gregeyly, 91.

Net Flight 2: T1st, Bill Walker, 69; T1st, David Miller, 69; T1st, Francis Caprez, 69.

Gross Flight 3: 1st, Jerry Segovis, 91; T2nd, Art Frescura, 92; T2nd, Jimmy Johnson, 92.

Net Flight 3: 1st, Bud Borders, 67; 2nd, Tom Fasanello, 69; T3rd, Jose Cura, 71; T3rd, Tony Capillo, 71.

MGA 18 Individual
Stableford Flighted
July 1

Flight 1: T1st, John Langville, 40; T1st, Rick Daddio, 40; T3rd, Raymond Beloin, 39; T3rd, Shennan Hutchings, 39.

Flight 2: 1st, Ray Messer, 43; 2nd, Paul Stone, 42; 3rd, David Miller, 41 4th, Guy Russell, 40.

Flight 3: T1st, Jimmy Johnson, 35; T1st, Tom Fasanello, 35; T3rd, Bill Krusen, 33; T3rd, Tom Marta, 33.

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Bloodmobile
Don Pixley

There is little that can be added to what has been repeated countless times in our plea to bring our blood donor drives up

to a reasonable level. We fall far behind the national average in this vital program to collect human blood for the use of our local hospitals. Considering the population of On Top of the World, we should be realizing drives totaling well over 100 units; 27 pints collected at the last drive is well below that goal.

Perhaps it takes a personal experience when blood is needed by family, close friends or ourselves to become aware of the need of donors. We all should be grateful to those who donate several times per year. But, we need a constant flow of newcomers to ever attain a reasonable level.

The next drive will be held Monday, Aug. 3 at the Big Red Bus in the Health & Recreation parking lot from 7:30 a.m. to 2:30 p.m.

Florida Blood Centers are the sole supplier of blood to Marion County hospitals. Won't you please mark your calendars and join our donor list?

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Ladies 9-Hole Golf
Diane Dzik

We seem to play successfully around the weather these days with only one game called off because of storms since the last report.

As our pros stress, remember to keep well-hydrated and cover your head, not only for heat stroke but also to protect the scalp from harmful UV rays.

What continues to amaze this reporter, as someone fairly new to golf, is the ability of many of our long-time members. They hit a decent fairway drive - don't try to kill the ball - their short game is disciplined and accurate and their putting is sound. Kudos to you, ladies!

I continue to watch and learn with great interest and realize that this is truly a sport for life. Our own Cathleen Hathaway placed second in the second flight of the July 4 flag tournament and birdied the fifth hole of the Links. Congratulations to Cathy who was also dressed quite fash-



Ladies 18-Hole Golf
Marilyn Rose

I think the proper thing to begin this column is "rain, rain, go away. Come again another day." It seems as if Mother Nature has decided that our ladies should take some time off as it is too hot and we need rain, so she will give us this time to

ionably in red, white and blue complete with straw chapeau!

Invitationals: Spruce Creek South 9-Hole Association will hold their invite on Oct. 1. The cost is \$40 and sign-up deadline is Aug. 15. We also received invites from Stonecrest for Oct. 6 and Eagle Ridge for Oct. 29. Please check the sign-up sheets in the member room for all details.

Points to Ponder: Some of the holes of the Tortoise and the Hare course have two-tiered fairways. Watch the cut of the grass to designate whether you are on the fairway or in the rough grass. The edge of the fairway is defined as the first cut. In a scramble, the ball may be moved a club length to either side of the ball chosen, but never into the fairway if the chosen ball is in the rough.

Scramble Links
June 16

42--Catherine Becraft, Pauline Beloin, Tish Dertien, Ruth Koch; 42--Sumiko Bridges, Grace Bock, Evelyn Stewart; 42--Marie Segovis, Vi Sica, Agnes Tetti.

Scramble Tortoise and the Hare
June 23

41--Diane Dzik, Donna Fey, Marie Segovis, Carol White; 42--Darlene Clark, Helen Degraw, Mary Hart; 43--Virginia Blanchard, B.J. Leckbee, Dottie Migliaccio, Betty Tully.

Low Net
July 7

Flight 1: 36--Darlene Clark, 38--Grace Bock, Marlene Floeckher, Agnes Tetti
Flight 2: 35--Virginia Blanchard, 37--Betty Tully, 38--Mary Carson
Flight 3: 35--Donna Fey, 37--Evelyn Stewart

do something other than play golf.

As all of you are aware, we have been rained out two days in a row. Let's hope that this will not continue. Now, for our winners for the days that we were able to play:

Scramble - Two Drives - ABCD
June 16

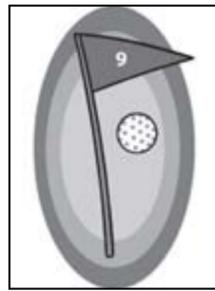
1: Team 6 - 72 - Iro Lisinski, Carolyn Cumming, Serine Rossi, Helen Foskett; 2: Team 5 - 74 - Beverly Ovrebø, Flo Emanuel, Ellie Rapacz, Helen Bextermueller.

Two Best Balls - ABCD
June 23

1: Team 2, - 15 Harriet Hawkins, Sandy Chase, Ellie Rapacz, Marie Marquis; 2: Team 1 - 12 Janet Juhlin, Pat McMurray, Blind C, Dea Johnson

Red, White & Blue
July 7

Rained out; all participants received \$2.
Hope for less rain on play day until afternoon. When you are on the course, enjoy and have a good day.



Candler Hills Ladies 9-Hole
Dianne Masterson

Mother Nature has really tried to make it difficult for the Candler Hills 9-Holers to play golf this past month. We have had hazy, hot and humid weather or torrential downpours. But, some 9-Holers prevailed, in spite of these weather conditions. It's going to take more than 100-degree temperatures and unpredictable rains to keep us from the golf course!

June 18 was Team Day. We dressed in our team shirts and played a Scramble that was followed by our monthly luncheon at Candler Hills Restaurant. We were thrilled to see that Rich, one of the Candler Hills rangers, wore his red shirt that day to show his team spirit. Thanks Rich, we noticed!

Two teams tied for first with a 38. Team 1 was comprised of Sue Buckland-Mulhern, Diane Podkomorski, Caroline East and Carol Hobbins; Team 2: Terry Alfano, Olive Curtin, Debbie Massari and Mary Giannukos. Carol Venslavsky and Dorie McTague had chip-ins, but because it was a Scramble, no big bucks were paid out. They had to settle for the verbal congratulations from our group at the luncheon. Sorry ladies!

On June 25, we played a game called 3 Clubs and a Putter. The first place team consisted of Terry Alfano, Sandra Noe and Diane Podkomorski; and in second place was the team of Dianne Masterson, Heddy Racinowski and Donna Fey. Kate Bennett and Susan Buckland-Mulhern had successful chip-ins. Sue's even came from a greenside bunker. Nice job ladies!

For July 2, we added another club to our bags and played 4 Clubs and a Putter. This time it was an individual event. Flight A was won by Kate Bennett with Terry Alfano and Sue Buckland-Mulhern tied for second. In Flight B, Ina Menzies and Mary Giannukos tied for first, with Donna Fey coming in second. Donna also executed a chip-in during her round. Nice job, Donna!

July 2 was an extra special day for all of us 9-Holers. We had a "pinkout" wearing pink golf shirts. And, with the 18-Holers became part of Renee's brigade. After our rounds of golf, Sally Collins arranged

for all of us to enjoy pink lemonade and cake on the Candler Hills patio to show our support for Renee Oswell. Renee, a member of the Candler Hills Pro Shop staff, is in a fight against breast cancer. Sally presented Renee with a white and pink baseball cap that we had all signed to remind Renee of all the love, support and prayers that she has here at Candler Hills.

On July 9, Candler Hills was closed due to a Pro Ladies golf tournament. Twelve die-hard 9-Holers dressed in red team shirts, under overcast skies, cart-pooled to On Top of the World. We hoped to experience golfing at The Tortoise and the Hare. For many of us, it was to be our first round of golf at On Top of the World.

With Sandra Noe as our leader, we just about got one hole of golf in when Mother Nature showed us just who was in charge. With a flash of lightning, followed by loud cracks of thunder, we quickly retreated to The Pub. We thought we would get back out, but Mother Nature won this battle. On Top of the World graciously gave us rain checks, so I know we will return one day soon.

As we continue to learn the game of golf, and consider visiting other courses to play in Invitationals, as 9-Holers we need to be very careful as we mark our golf balls on the greens. Our marker should be placed behind the ball, before picking the ball up. Picking up the ball before you mark or placing the marker in front of or beside your ball will result in a penalty. So remember, the marker always goes behind your ball.

How well do you know your fellow 9-holers? We all know, and many people have observed, the fun we have as Candler Hills 9-Holers. We continue to build friendships and get to know one another. But the question is how well? Who is Susie Hyphen? How about The Katester? Even better, who is Petunia (aka Sweet Pea)? What is a "sandy"? How about a "rollerball"? Which hole is "birdie hill"? How about "pinball"? And, who is Mary Catherine?

If there is anyone out there from Indigo East, On Top of the World or Candler Hills that would like to learn more about this fun group of golfers, or would like to join our league, please contact Heddy Racinowski at heddyr@yahoo. Our new season begins in October!

Until next month, I wish you sunny days, long drives and short putts.

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Billiards
Richard Impresa

Our third quarterly meeting for 2009 was held on July 6. The 26 members present placed the following names in nomination for the 2010 On Top of the World billiard club board: president, Bill Daly and Richard Impresa; first vice president, Leslie Conlon; second vice president, Penny Wilson; treasurer, George Tookmanian; and recording secretary, Evelyn Wharren.

This candidate list can be added to prior to the vote, which will be held at our next meeting, scheduled for Monday, Oct. 5 at 4 p.m. in the ceramics room of the arts/crafts building.

If you would like to run for any of these offices, just come to the October meeting and put your name into contention. All club members are encouraged to attend, participate, volunteer and vote.

The poolroom renovations are almost complete with the addition of the new spectator chairs, tables, scoreboards and table labels. The only remaining outstanding items are the mural art, which will decorate the newly painted walls. It's shaping up to be a top-notch facility.

Come on down, get out of the brutal summer heat and enjoy some friendly competition. There's always someone willing to play and/or help newcomers to the game.

Ladies league and tournaments are every Monday from 9 a.m. to noon. Men's league and tournaments are on Tuesday afternoons from 1 to 3 p.m. The room is open seven days a week from 7 a.m. to 9 p.m. Hope to see you there.

Until next time, keep stroking and keep your tip dry.



Friendship Amateur Radio
Ed Brendle

The Friendship Amateur Radio held its monthly meeting on July 13; with Charles Lucas, W1DOH, the club's president, presiding. The presentation at this month's meeting was a video that involved the element of "propagation." This was followed by a question and answer period. The club's website continues to show the treasurer's and secretary's minutes. The FARC's club call is N4FRC.

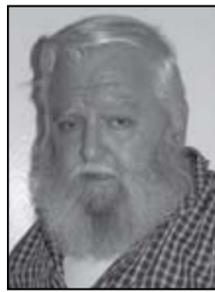
The next meeting is scheduled for Aug. 10 at 1:30 p.m. at the auxiliary Sheriff's station on West SR 200. All "hams" are invited. Members are urged to attend and bring a guest.

A recent notation is that our club is now recognized as an SSC, Special Services Club, of which there are only four in the immediate area.

The FARC is open to all "hams" and their families. If you are interested and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC meets at the West SR 200 Sheriff's Auxiliary Station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4pm on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354.



Bocce
Bob Woods

First of all, I would like to inform all board members that there will be a meeting of the board on Aug. 3 in Suite G at the Arbor Conference Center at 3 p.m. Please make it a point to be present especially the league reps as they are the king-pins for team play.

While on the subject of team play, if anyone is interested in playing on a team, please call a league representative; their names are posted on the bulletin board at the bocce courts. The league reps will need a minimum of four teams in the league and, most important, each team must have a captain. So, please help out your team.

At the August meeting, the rules committee will present their suggested changes of the existing rules and some new ones. Once the rules are accepted, they will be printed and a copy placed on the inside of the shed door. I would like to extend a hardy "thank you" and "well done"

to the rules committee. Every member of the bocce club is welcomed to attend.

The new by-laws are posted on the inside of the shed door for everyone's interest. When the door is open, please take a few minutes to read them.

The courts have changed a little. Those who have not ventured to the courts since summer began might be in for a little surprise. Those playing open bocce and match play during the summer have already noticed and utilized some of the changes.

First of all, the courts have a nice water cooler. Ice water and cups are added and changed daily by On Top of the World. New scoreboards are in place and a lot easier to see the score from the opposite end of the courts. There are 45-degree corners instead of 90-degree corners.

I was talking to Ralph Sickler and he informed me that new supports would be installed on both the red and green sides of the courts. This brings to mind another item, when removing the balls from the boxes, please place them within the 45-degree area at the end of the courts. This might prevent someone from stepping on them and falling.

League play will start Oct. 12. Dues of \$6 will be collected at that time.

If anyone reading this column wants to play bocce, most of the information is posted on the bocce court's bulletin boards. If you desire to play league or match play, call the league rep on day desired, not other board members. If you would like to play open bocce, stop by the courts anytime it is being played.

Don't forget, summer bocce is still being played. Open play is on Mondays and Wednesdays starting at 8:30 a.m. and match play on Fridays.

See you on the courts.



Upcoming Publication Date
September issue: Aug. 27

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Citizens Emergency Response Team
Caroline Scott

This month, most of our team members will re-new their CPR cards for the next two years. It is a very important part of everyday life, to know that you could help another person in times of stress.

I can't emphasize enough how important it is to be prepared for any such emergency. If you never use this knowledge - that's great! But it is reassuring to know that you can.

Lessons are being offered through Master the Possibilities. They can only accommodate six people at one time, so sign-up early. You will be glad you did.

Summer is upon us and I hope all of you have a great time whether you are traveling or staying here and taking advantage of all the opportunities offered at On Top of the World. One of these opportunities is to join our CERT group and widen your horizons.

You are welcome at any of our meetings. We meet at 9 a.m. in Suites E, F and G at the Arbor Conference Center on the second Tuesday of each month.



Going Out of Town?

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www.ontopoftheworld.com/newspaper



Community Patrol
Ann Berger

Sgt. Grimes addressed the Community Patrol and stated that crime in gated communities had not changed, due to the community patrols.

Detective Mobley from the SW district gave a talk and advised that now that school is out, kids like to go creeping, that is, looking for unlocked cars and stealing whatever valuables are in the cars.

He cautioned women about leaving their handbags in the grocery carts when shopping and walking away to pick up items. Detective Mobley also stressed that when shopping not to leave your handbags on top of the vehicle when unloading your cart. He suggested that people take out their car keys before they leave the store.

He also mentioned that if anyone sees an animal in a vehicle, they should observe for 10 to 15 minutes and if the owner of the vehicle does not return, to contact the Sheriff's office. If a child is observed locked in a vehicle, call the Sheriff's office immediately.

Jim Miller addressed the issue of speeders on SW 90th Street. He would like to pass out flyers at the entrance gates indicating the speed limits in our community.

Gary Rodoff explained the function of the Marion County Foundation and the reason why fundraisers are needed. Gary advised our members about the bowling pins that are being decorated and asked for volunteers. The money being raised will be for the Marion County Sheriff's Office Foundation. Other items being considered as fundraisers for the Foundation will be t-shirts for sale with the Homicide Unit logo.

On Sept. 11, we will have a fundraiser in the Health & Recreation Ballroom. The New Pretenders will perform a one-hour show, plus ice cream sundaes will be served. The tickets will be sold for \$6 and \$7, and go on sale August 10 in the H&R Ballroom, Mondays, Wednesdays and Fridays from 8 am to 10 am.

All patrol meetings are open to the public, and anyone may attend. The next meeting will be August 24 at 3:00 in ACC suites B&C. For further information, call Gary Rodoff at 291-7508 or Jim Miller at 854-4947.

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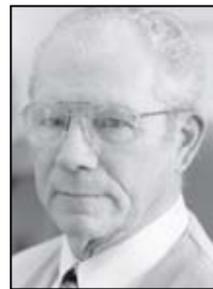
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Republican Club
Tony Tortora

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center meeting rooms unless otherwise advised. Watch local TV for announcements.

The Chairman of the Marion County Republican Executive Committee, Roy Abshier, will be our guest on Aug. 15 at 7 p.m. In September, we will host the Marion County Clerk of the Courts, David Ellsperman and in October, we will host the County Tax Commissioner, George Albright.

The helium balloon bust.



R/C Flyers
M. Keith Nadel

And they came, dozens and dozens, in vans, cars, trucks and golf carts from all the On Top of the World communities, laden with their favorite dishes, salads,

desserts, finger foods and eye catching red, white and blue configurations of all sorts - they came with guests and appetites - and all for fun and frolic.

Despite high temperatures and higher humidity, all sought refuge from the elements in the pavilion as well as under well-established flies adjacent to the pavilion. Many arrived early to be assured of seating but with a view of the flying field.

Meticulous event planning and execution by Joe and Cathy Fanelli ushered in the celebration of our country's 233rd anniversary at the On Top of the World's R/C field with 140 attending; consisting of members, spouses and their guests enjoying a potluck buffet luncheon with drinks, hamburgers and frankfurters and soft drinks provided by the club.

The fireworks began early as an errant ultra light pilot swooped over the property at tree top level and provided a "wake up" call. An opening ceremony was performed and the national anthem was sung while Jim Hyde hoisted Old Glory on

his biplane, which carried the flag aloft and circled the field. Larry Riehl, Jim Hyde and Charles Kruger, three of the club's master pilots, performed a dramatic pylon race.

After eating, gamemaster and announcer Bob "Robo" Wroblewski officiated over the competitive events. The Blind Ground Taxi Balloon Bust was conducted by Dick Rose whose back was to the field but who received instructions from his partner, Rachel Nadel Black, resulted in that team's winning the coveted "MVP" trophy.

The Tethered Airbourne Helium Balloon Bust followed this where balloons aloft were engaged by flying aircraft. Stan Stein succeeded in the shortest time with vigorous applause. Finally, Ted and Mary Belchunas won the water balloon toss with several of the pairs enjoying a refreshing drenching.

Model Railroaders
Jim Devine

In an earlier column, I mentioned that our HO layout was going to be wired for DC and DCC operation. Let me explain what that means.

DC stands for direct current, and this is the way model trains have traditionally been run around the Christmas tree. Under DC, a power pack (also known as a transformer since it changes a house's alternating current into the direct current that model train engines use) sends electrical current to the train tracks, and all the trains on the track start, go faster, slower or stop at the same time based on the amount of current being sent to the tracks. Not a very realistic way to run a railroad.

Model railroaders get around this problem by breaking the track into sections called "blocks." Each block is wired separately, allowing power to be sent to part of a train's layout, but not others. This means, for example, that if you had three engines on the track, and only sent current to a block that contained one engine, that engine would move, but the other two would not (because their blocks did not receive any power.) This allows for multiple train controllers to be used, so trains can be run independently from each other.

Although this works, and has been in use for many years, it has a number of problems. Since each block is powered separately, it requires a significant amount of wiring. It also means that if there is a "glitch" in the system somewhere, it is much harder to find. In addition, the turning on of power to some blocks, and off to others, while the train or trains are going around the layout is complicated and unrealistic.

Advances in computers and miniaturization has allowed for the creation of DCC (digital command control). Model train engines and computer chips can be made small enough to enable them to fit into a scale model diesel or steam locomotive.

Under the DCC method, a power pack

"talks" to a specific train engine. You can have a controller "talking" to a specific engine, and only that engine will react to that controller's commands. The other engines on the track will just sit there since no one was "talking" to them. Different controllers can be "talking" to specific individual engines at the same time. This makes running the trains much more realistic, and at the same time, eliminates a lot of wiring since (with some exceptions) "blocks" are eliminated.

Since DCC is more realistic than DC, and requires much less wiring, most new model railroad clubs generally build their layouts using the DCC method. In our case, however, we have quite a few members who have been in the hobby for decades, and have acquired many DC train engines that cannot be run on a DCC-only system.

In view of this, the On Top of the World Model Railroaders Club decided to wire our HO layout for both DC and DCC operation. Although this requires a lot more work, this way every member can run all his or her engines regardless of what type of engine they use.

Some days the layout will run DC engines, and DCCs will be run other days. (There are very few engines that can run on either system.)

Want to join us? Our monthly club meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Arts and Crafts Building.

You can also stop by the club's train room on the first floor of the Health & Recreation Building, or contact Hud Huddlestone, the club's president, at 861-6221 (e-mail hhuddlestone2@cfl.rr.com).

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**Williamsburg
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Fred Oblenis

Welcome aboard. I hope all of you had a great Fourth of July and are at the pool keeping cool, just like on a cruise.

We are looking forward to our cruise in December on the "Freedom of the Seas."

I would like to give you all something to think about for next year.

How about a cruise on the Carnival "Dream?" This is the newest ship that Carnival is coming out with in 2009. This is their answer to Royal Caribbean's "Freedom of the Seas." This will be the largest of Carnival's ships ever built. The dream is 130,000 tons, 1,004 feet long, 122 feet wide and a guest capacity of 3,646.

We are going to make this our annual fall cruise in 2010. We will be sailing out of Port Canaveral to the Western Caribbean. As of this date, the sailing is from Saturday to Saturday. The ports of call will be: Sunday at sea; Monday in Cozumel; Tuesday in Isle Roatan; Wednesday in Belize; Thursday in Costa Maya; Friday at sea; and Saturday in Port Canaveral.

If you think you would like to do this cruise or have any feedback on it, please call me. This may seem early to start looking for a cruise, but the early birds get the best price and cabins. I would like to get a list of names and phone numbers that I can call when I have prices on the cabins and bus transportation.

We still have some cabins on our Feb. 6, 2010 cruise on the "Oasis of the Seas."

Call Fred at 237-6367; so, you don't miss out on all the fun.

Until next time, fair winds and following seas.

Volunteer at
Sholom Park

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**World
Traveler**
Bill Shampine

Let's go a little off the beaten path this month. Have you ever considered traveling to Lithuania, a small country located on the eastern shore of the Baltic Sea?

Lithuania is the southernmost of the three Baltic states (Estonia and Latvia being the other two). It is bordered by Latvia on the north, by Belarus on the east and south, and Poland and the Kaliningrad region of Russia on the southwest. With an area of a bit over 25,000 square miles, it is slightly larger than West Virginia.

Lithuanian lands were consolidated in 1236 but continued to expand in size until it became the largest state in Europe by the end of the 14th century. In 1569, Lithuania and Poland formally united into a single "dual" state. The Polish-Lithuanian Commonwealth survived as an entity until 1795 when it was broken up and the lands absorbed by surrounding countries.

After World War I, Lithuania regained its national pride by becoming an independent country again. World War II, however, was not kind to Lithuania.

Starting in 1940, it was occupied first by the Soviet Union then Nazi Germany as part of their fight trying to subdue the Soviet Union. As the Germans retreated in 1944, the Soviets then returned, and remained until March 1990 when Lithuania became the first of the Soviet republics to declare its independence.

With independence, Lithuania worked hard to reject the failed communist system and to adopt the ways of the "western" world. Their economy flourished, and Lithuania joined both NATO and the EU in 2004.

Geographically, Lithuania is a country of gently rolling hills, with many rivers, streams, lakes and bogs. Forests cover about one third of the country, with much of the rest being devoted to agriculture.

The summers are very pleasant and

World News Deadline
Noon, 13th of the month



Photo by Galen R. Frysingner

Some of the thousands of crosses covering the Hill of Crosses located near Siaulia, Lithuania. In 1990, it was estimated that there were about 50,000 crosses on the hill.

are similar to springtime in Ocala. Highs are mostly in the 70s with an occasional foray into the 80s. Winters, however, are cold with temperatures regularly falling below 0° F.

Vilnius, the capital, is a beautiful city with a population of about 550,000, about the same as Fort Myers. According to one geographic system, the geographic center of Europe is located in Vilnius. There is a plaque denoting this fact at the site so you can have your picture taken for posterity at a very unique location in the world.

Other sightseeing ventures in Lithuania might include visiting the historic Old Town in Vilnius, the Hill of Crosses and the Aukstaitija National Park. A UNESCO World Heritage site, the Vilnius Old Town area will transport you back through the centuries. It is one of Europe's largest urban areas that was built centuries ago with small streets, historical monuments, and lots of old houses and churches.

Another impressive attraction is the Hill of Crosses. No one is exactly sure how it got started, but literally hundreds of crosses of all sizes and materials have been placed on a small hill located near Vilnius in memory of fallen Lithuanian soldiers.

Under Soviet rule, the secret police (KGB) bulldozed the crosses away and tried to halt the practice of placing crosses there. Somehow, however, they seemed to just keep reappearing in spite of their best efforts. Today, it is a massive display of respect and devotion.

For nature lovers, Aukstaitija National Park is located about 60 miles northeast of Vilnius. It is a beautiful park, with lots of elk, deer and wild boar roaming the heavy forest. The sweep of the park also includes 126 lakes and a hundred small settlements with multiple exhibitions depicting various aspects of Lithuanian cultural history.

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Travel Toppers
Jo Swing

Well, here we are in the hot, dog days of summer so called from the Dog Star Sirius, which is in the ascendant this month.

Travel Toppers is also serious (pun intended) about the upcoming trips we have planned. Registration begins Aug. 5 for the shopping trip to Westfield Brandon Shopping Center. This trip will be on Thursday, Sept. 17. The cost will be \$19 and includes bus and tip for driver. Food will be on own. Irene Plow will be the coordinator.

Aug. 3 will be the start of reservations for the trip to Sunken Gardens in St. Petersburg. This trip will take place on Thursday, Oct. 15. The cost will be \$35. This includes admission to the gardens, box lunch, bus and tip for driver. The coordinator will be Linda Hein.

Reservations are currently being taken for the Wild Dolphin Eco-Tour and Florida Aquarium trip on Sept. 30. This should prove to be a trip that is both enjoyable and educational. The cost is \$49, which includes admission, Eco-tour, bus and tip for driver. Food will be on own. Please call Joan Connolly for a spot on what should be an unusual trip.

Travel Toppers is also taking reservations at this time for the Thursday, Oct. 22 presentation of the musical "Fiddler on the Roof" at the Show Palace Dinner Theater in Hudson. The cost of \$60 includes buffet, show, bus and tips for driver and meal. Call Glo Hutchings to get in on this fun trip.

Travel Toppers has a cruise going to Bermuda in April 2010. This will be a seven-night cruise on the MSC Poesia. It will be from Saturday, April 17 to Saturday, April 24. The price range is from \$859 per person for an inside cabin to \$1,789 per person for a balcony suite. Call Audrey Mangan for reservations or more information.

There is also an Eastern Caribbean cruise scheduled for Dec. 4 to Dec. 11, 2010. This seven-night cruise on the Norwegian Sun will sail out of Port Canaveral and visit Nassau, St. Thomas and Phillipsburg, St. Martin. The prices range from \$649 per person double occupancy for inside to \$979 per person for balcony. For more information, call Allan Rickards.

Travel Toppers has a tentative trip to New England on Saturday, Oct. 2 to Saturday, Oct. 9, 2010 on the Carnival Glory. The ship sails out of New York and will visit Boston, Portland, Halifax, Nova Scotia, St. John, New Brunswick, then back to New York. The price range is \$1,289 to \$1,689. Call Allan Rickards to indicate interest in this trip.

There is no meeting this month, but we will be back in full swing in September. The meeting will be Sept. 2 at 10:30 a.m. in the Arbor Conference Center, Suite A. All On Top of the World residents are welcome to attend. Until then, happy travels to all.

Submit Articles by E-mail to
otownnews@otowfl.com



Candler Excursion Club
Sylvia Joram

August is upon us and we have no planned excursion for this month. The board of directors is taking the month off for vacations, and most of our membership is on vacation too! There will be no monthly meeting for August.

We will resume our meetings on Tuesday, Sept. 1 at 6:30 p.m. in the Candler Hills Community Center. In addition, continue with our excursions for the rest of the year and into 2010.

The Oktoberfest excursion has been rescheduled from Thursday, Sept. 24 to Saturday, Sept. 5. We will carpool at 3:45 p.m. to The Schnitzel Factory restaurant for live music and a variety of German foods and beverages. We are sorry for any inconvenience, but this date change is necessary due to complications with the restaurant. Please contact Patricia and Al Wassmer at 237-3749 or pacwotow@yahoo.com to sign-up or to cancel. The deadline for signing up for this excursion is Friday, Aug. 21. This event is limited to 42 people.

Carol Hobbins has planned an exciting excursion for Oct. 21, just in time for Halloween. The Ocala Ghost Walk and Historical Tour, beginning with dinner and drinks at Harry's Restaurant, and then continuing with our guide, Catherine, who has seen spirits her whole life and saying how much spirit activity exists in and around Fort King and in Ocala itself. Carol can be contacted at 854-6187 or ocalgal07@aol.com.

The Paso Fino Ranch Excursion for Nov. 11 has been closed, waiting list only. Contact Sylvia Joram at 291-1770 for sign-up.

Nov. 18, Dudley Farm Historic State Park still has openings. This is a carpool to Dudley Farm, donated to the Florida Park Service by Myrtle Dudley; Dudley Farm preserves Florida history within its rural context and provides diverse educational opportunities for all ages. In November, there will be sugar cane grinding and possible pumpkin picking. Entry is \$4 per vehicle and is wheelchair accessible with handicap transportation. Contact Betty Russell at 861-1257 for more details.

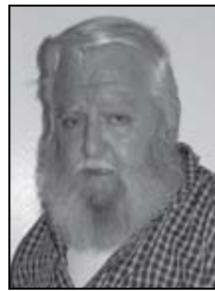
A reminder to our club members, at the Oct. 6 meeting, there will be a guest speaker from the Crime Prevention Group of Florida. Please mark your calendar; I am sure it will be very interesting and informative!

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On the Road Again
Bob Woods

I am looking for stand-bys on the Oct. 4 seven-day Nashville trip and the Jacksonville, Amelia Island, St. Augustine trip departing Nov. 4 for three days.

The cruise planned for Jan. 24, 2010 from Port Canaveral on Royal Caribbean's Freedom of the Seas, the largest cruise ship in the world until Oasis of the Seas starts cruising, heading for the Western Caribbean. This seven-day cruise will stop at Labadee, Haiti; Ocho Rios, Jamaica; Georgetown, Cayman Islands; and Cozumel, Mexico. Passports are required for this cruise and I have cabins still available.

Prices are right, starting at \$721 (Cat N) for an inside cabin and \$1,074 (Cat D2) for a balcony with all kinds of prices in between. Prices are for double occupancy and include all port and government fees. Not only that,

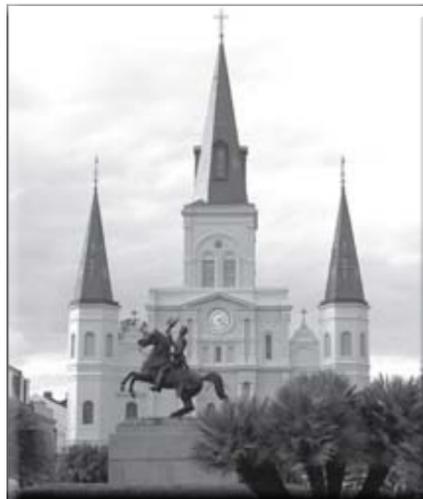


Photo by Bob Woods

Jackson Square with St. Louis Cathedral in the background and the statue of General Andrew Jackson in New Orleans. Trip is scheduled for May 2010.

As far as the coach trips are concerned, deposits and final payments can be refunded up to the last 30 days before departure. A deposit guarantees you a seat on the trip. Don't procrastinate; call me for information and prices at 854-0702.

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**Nature
Around Us**
Doris Mauricio

I went out to check my flower garden today, between the raindrops, and was pleased to see that the butterflies have arrived. They should be with us until our flowers begin to freeze in early winter.

There is a huge variety of butterflies and moths. There are more species of butterflies and moths than of any other insect besides beetles.

The butterflies you are most likely to see in your backyard include:

Swallowtails

Swallowtails are the largest butterflies. Their long tails extend back from the hind wings in most species resembling the long tails of a swallow. These tails divert a bird's attention away from the butterfly's head, toward more expendable



Photo by Doris Mauricio

The photo is of our state butterfly, the Zebra Longwing, resting on Lantana.

parts. When feeding, they usually open and close their wings if the flower is strong enough for them to perch. Otherwise, they hover, fluttering their wings rapidly, and grip the flower with their legs.

Swallowtails can live from two to three weeks when food is abundant. I have seen swallowtails on Zinnias, Sunflowers and Pentas.

Sulphur

Most sulphur butterflies are yellow or white. The Cloudless is pure yellow with

no markings. At rest, sulphurs fold their wings and rarely open them except for flight. The large sulphurs are great migrants, flying hundreds of miles northward in the spring and southward in the fall. Sulphur butterflies love cassias and orange cosmos.

Gulf Fritillary

Gulf Fritillary, a Heliconian, is named after the colorful, orange-red fritillary flower. The reference to the gulf is because it is common in states bordering the Gulf of Mexico. They cannot survive

freezing temperatures. The Gulf Fritillary is not a true fritillary but a longwing heliconian butterfly. Fritillaries only occur north and west of Florida. Fritillaries like passion vines.

Zebra Longwing

Zebra Longwing is a Heliconian brush-footed butterfly and the official state butterfly of Florida. Zebras are remarkably social butterflies. At night, they roost together in groups of up to 60 individuals and they return to the same roost every night. They can live up to five or six months. Zebras drink nectar and also feed on pollen. Zebras love passion vines.

Monarchs

Monarchs are the most familiar of all U.S. butterflies. They are bright orange with a white spotted black border and black outlined veins. They are very specific with regard to their host plant, which is why every flower garden should contain Milkweeds. These plants are necessary food for the larvae.

If you have not been to the Butterfly Aviary in Gainesville, you are missing a real treat.

UF/IFAS Marion County Master Gardeners are presenting their first ever Vegetable Garden Expo on Saturday, Aug. 29. There will be seminars on vegetables, pest control, hydroponics, composting, micro irrigation and gardening in small spaces. Admission is free. Hope to see you there.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns or e-mail me at dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns. Happy gardening!



Photo by Paul Nistico

Carolina Chickadee can be found in Florida and the entire Southeast all year round.



Birders' Beat
Jane Callender

You don't have to be a birder to identify the little bird pictured here. His black cap and bib on a white face are easy to spot. He is a Carolina Chickadee but he can be found in Florida and the entire Southeast all year round.

John Audubon was in South Carolina when he first spotted the bird and identified it as a different species from the Black-capped Chickadee; hence the name.

These are small birds; only about 4.5 inches. They have very small bills, gray wings and whitish underparts on their

round puffy bodies. Both male and female are similar in color and plumage, unlike many bird species.

I am fairly new to birding and love the fact that I can recognize this bird not only by sight but also by his very distinctive call. That's because he almost says his name. It sounds like "see-DEE-dee" or "see-dee-DEE-dee."

Chickadees are perching birds who live in or near woody or forested areas, so if you live in the Friendship area, as I do, you will probably see them in your own yard. They build their nests in tree holes and other cavities. I was treated to a real show this spring when a pair made a nest in a knothole on my neighbor's Live Oak.

They eat insects found in the bark, and are especially fond of spiders, but they also eat seeds, so they built their nest close to my neighbors' bird feeder. You won't need a fancy mix to attract these birds, just plain old sunflower seeds.

I was surprised to learn that Chickadees can have a clutch of up to 10 eggs. The female sits on the eggs but both parents tend to the hatchlings. A pair will stay together for at least one year and usually longer.

If you are interested in learning about the birds you see in our area, come join us when the Unique Birders resume meetings in October. No dues collected, no experience needed, just an interest in our feathered neighbors.

In the meantime, if you see a bird that you just have to try to identify, there is a web site where you enter the physical attributes and it narrows down the possibilities until you can find your bird. It's called www.whatbird.com. Try it, it's fun.

For more information about our group, call Roberta Campbell at 854-4814. Submitted by Melanie Vittitow.

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Native Plant Group Robert Riedeman

One of the major plant communities found in central Florida is the Sandhill. This plant association is the major type of vegetation found in On Top of the World and the surrounding areas. The dominant plants are trees and shrubs with a supporting cast of ground cover plants, including woody and non-woody vines. Some of the lower plants (algae, mosses and lichens) are epiphytes, which are attached to other plants, but not parasitic.

Similarly, vines grow by spreading over the ground or climbing trees, fences and stone walls. Let's take a closer look at the methods employed by vines to fulfill their role in the community.

Virginia Creeper (also called Woodbine) is a member of the grape family (Vitaceae). It is an attractive vine with compound leaves containing five leaflets. It does its climbing by using tendrils (modified small

branches), which end in little adhesive discs that stick to whatever it is climbing. In this manner, it can reach to the canopy of the overhead trees. The leaves change from glossy green in summer to a rich red in the fall. It has small green flower clusters, which produce inedible, blue berries. This plant is often mistaken for Poison Ivy, which has compound leaves with only three leaflets - "leaves of three leave it be." Good examples of Virginia Creeper may be seen amongst the trees behind the Arbor Conference Center building.

In addition to the Virginia Creeper, there are several species of true grapes which are native to our area and possess similar equipment for climbing. A good example is the Muscadine, which has purple-black fruit.

A second technique some vines use for climbing is to simply twine around any convenient object (including trellises) to get above ground. An example is the Coral Honeysuckle, which is a woody vine with evergreen oval leaves and terminal clusters of long trumpet-shaped flowers, which are bright scarlet in color. More common in northern Florida counties it also does well in our area. An example may be viewed in the Native Plant Garden next to the Arbor Conference Center building.

The first meeting of the Native Plant Group this fall will take place on Wednesday, Oct. 14 at 1:45 p.m. in Suite H of the Arbor Conference Center. Guda and Dave Taylor of Taylor Gardens Nursery will give a presentation on native plants and provide specimens for a luck-of-the-draw raffle and purchase. This will be a great opportunity to learn more about native plants and even take some home with you. Y'all come now!



Photo by Robert Riedeman

Virginia Creeper climbing the trunk of a Longleaf Pine.

Figure Skating Medalist

By BOB WOODS
WORLD NEWS WRITER

There is a lady living among us that was once a Silver Medalist in figure skating, not in the Olympics, but in the Belgian Nationals. Irene Plow was the Silver Medalist in the National Figure Skating Championships held back in 1946 in Belgium just short of representing Belgium in that year's Olympic games. She competed in those Nationals four times before receiving the Belgian Silver.

Irene told me that there were many skaters who could really do a splendid performance in freestyle skating but could not make it in the compulsories. She explained to me that in the compulsories such as the figure eight, judges would get down on their hands and knees measuring the groove in the ice made by the skaters to insure there was only one track, no over tracks. "Everything had to be precise," she added.

Irene started skating at the age of three in Germany on a flooded tennis court. When the Germans killed her father, Irene and her mother moved to Belgium. She was interested in nursing and had two years of pre-nursing in Belgium. When she and her mother moved to Boston in 1948, her prior education and

nursing training was not accepted. She stayed in the medical profession for many years until retirement. She gave up skating after many surgeries.

Irene no longer had any of her skating medals and souvenirs. Her house was broken into and her silver medal and skates were stolen.

One of her daughters now has most of her mementos including her skates. All that Irene has in her possession are some snap-shots in a couple of photo albums. After arriving in the United States, Irene married, had two daughters and taught skating in the Boston area.

I asked Irene if there were special skates used for competitions and was told "yes." She had skates special for jumping. She added that back in the late 60s while teaching in Boston, she purchased a pair of skates for \$600. "Back then that was a lot of money," she stated. "\$300 for the blades and the other \$300 for the boot."

Irene elaborated that she enjoyed all the attention when she was skating. "People were so nice to me, especially at exhibitions," she said.



Photo by Bob Woods

Irene Plow was the Silver Medalist in the National Figure Skating Championships held in 1946 in Belgium.



Photo by Hank Claterbos

On July 12, a red-tailed hawk attacked and devoured an egret just off the path to the 11th tee. The hawk spent the better part of the next hour enjoying its repast without concern of passing cars, people in a golf cart and our picture taking efforts.

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Photo by Barbara Toeppen-Sprigg

Suzanne Womack, Carol Slimm, Marjorie Bruno, Anne Merrick and Joyce Walcheck picking up their Christmas music.



Concert Chorus
Anne Merrick

After a very successful, fun spring concert and a break for the summer, the Concert Chorus is ready to start the next season. This will kick off on Thursday, Aug. 27, at 10:30 a.m. in Suite H of the Arbor Conference Center with auditions for new members.

We are looking primarily for tenors, basses and altos but sopranos are welcome too. The Concert Chorus performs four-part concert arrangements. You should be able to follow the appropriate line of music, blend with the other singers and have an acceptable voice.

This group loves to sing, welcomes a challenge, is very supportive and enjoys putting on concerts for you folks.

If you would like participate, come on out. Be brave, nothing ventured, nothing gained.

www.OnTopoftheWorldInfo.com



Original Karaoke Group
George Quaranta

On June 23 at the Candler Hills Community Center, we had a good number of people attend, some for the first time. Thank you for coming and for those of you that did not sing, we hope you enjoyed listening to your friends and neighbors.

I would like to thank Dave, Paula, Gene and June Joyner, and Joanie Bolling and her friends.

Our singers started off with our first lady of song, Judy singing, "You Don't Own Me." Then, we had Rudy D. singing, "America the Beautiful." Pat was a little nervous, her husband was there; she sang "Lean On Me." Hank and Edith sang Johnny Cash's "Daddy Sang Bass," "Up Next Top W." and "Somewhere Along the Way." Tony D. sang "Star Dust." Shirley and Dick sang "Don't Get Around Much Anymore." Jerry C. sang "I Wish You Love." Kathy sang, "Send in the Clowns." Patti sang, "Bridge Over Trouble Waters." Norma sang, "Somewhere Over the Rain-

bow." Bob sang, "You Don't Know Me Anymore." Daryl sang, "Sailing." Charlie sang, "You're Nobody Till Somebody Loves You." George sang, "Inamorata."

Our second go round went well with many more songs.

Karaoke at the Arbor Conference Center, Suites E and F started at 6:30 p.m. We had a good number of people show up, despite the weather.

Also, we had the George family and their three granddaughters. Thanks for coming. We enjoyed your singing!

There were a total of 56 songs. I was totally surprised that we sang so many.

Judy started off the evening singing, "Do Run Run," "At Last," "So Sorry" and "Stand By Your Man."

Next, we had Rudy D singing, "Don't" and "Oh What a Beautiful Morning." Next up was Jerry C. singing "Sway," "I Wish You Love." "Cold Cold Heart" and "Saturday is the Loneliest Night."

Then we had Kathy P. singing, "Sweet Dreams," "Obe Dee Ob Ladi," "Personality" and "Crazy." Followed by Sir Charles P., "Have You Seen the Rain," "Two Pina Coladas" and "The Clown." Our first duet, Charlie and Shirley, sang, "Baby You Got What It Takes."

Up next a new singer, Jimmy Bell, singing, "For The Good Times," "Cattle Call," "My Woman My Woman My Wife" and "I Overlooked an Orchid." Then Tom W. sang, "A Fool Such As I," "Somewhere Along The Way," "Cold Cold Heart" and "Are You Sincere."

Many, many wonderful songs were sung and can't all be listed! Great job everyone!

Thanks to all that came to karaoke, and also for your help. Our next karaoke will be at Candler Hills Community Center on July 28 at 7 p.m. Bring your guests! For any information, call George at 873-9667.

The George's grandchildren sang, "Life is a Highway" and ended the evening with "The Star Spangled Banner" with everyone joining in. They were fantastic! We hope their grandparents bring them back again soon.

Mary is new to karaoke. She has come before, but never sang, so tonight she sang for the first time. She brought her daughter and two granddaughters, who were visiting, for support. Mary sang, "Your Cheating Heart" and "Funny Face." Great job Mary!

Jimmy, who does great country songs, sang, "Only the Lonely," "Crazy Arms" and "Twinkle in your Eyes."

Shirley, by request, gave us as only she can, "Cowboy Sweetheart," "My Blue Heaven" and "Kansas City."

Tari selected, "Heartaches By the Number," "Rockin' Robin" and "Mama Mia," well done.

Donnie sang, "I Really Don't Want to Know," "He Stopped Loving Her Today," and "Missing You," great job.

Charlie and Kathy crooned, "Sweet Thing" to each other. Then Charlie chose, "Jambalaya" and "Puppy Love," while Kathy serenaded us with "Why" and "Angels Among Us," very good!

Dick, with his special effects, did "Swinging on a Star," "Basin Street Blues" and "This Joint is Jumping."

Daryl selected, "Unchained Melody," "World Without Love" and "You Sang to Me," very nicely done.

Well, I tried "The Winner Takes it All," "Thank You for the Music" and "Dancing Queen," a few of my favorites.

As all this great music filled the room, we became lighthearted, relaxed, hummed along and happy.

We meet the first and third Monday of the month at the Arbor Conference Center, Suites E, F and G from 6:30 to 9:30 p.m.

Try it, you'll love it. Any questions, call me at 291-0246. Until next time, God bless and keep on singing.



Karaoke Friends
Vivian Brown

Neither rain, thunder, wind nor lightning kept our friends from joining us for a great night of singing. Besides our regulars, the George family joined us. They started out with all of them singing "Rockin Pneumonia and Boogie Woogie Flu." They brought the house down. I never heard the song before but it was great!

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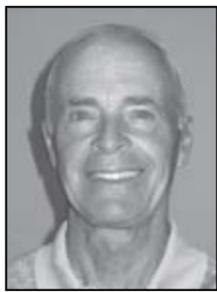
I spend my life surrounded by food and food people. From the culinary and wine classes at Master the Possibilities, to chef demos at the Farmer's Market to doing events on property and cooking in The Pub and Candler Hills Restaurant. In this article, I wanted to interview Donna Little of Candler Hills Restaurant and Greg Beal of The Pub at On Top of

the World. Greg Beal is currently working as The Pub chef and catering chef for Friendship Catering. He has had a passion for cooking and serving the public for 37 years. He specializes in home style cooking and comfort food; he is famous on property for his homemade soups. Greg also teaches cooking classes at Master the Possibilities and can be seen at the Farmer's Market doing chef demos. Greg first started at the Burr Oak State Lodge in Southeastern Ohio as dishwasher in 1971. He became a cook two years later. In 1976, Greg moved to Naples, Fla. and worked briefly at the Holiday Inn as a line cook. In 1988, he moved back to Ohio and opened The Old Depot Inn with his sister featuring home cooking with burgers, pizza, hot dogs and even frog legs. After deciding to sell the Inn, Greg moved to Cincinnati in 1993. There, he worked at Applebee's as a cook and trainer in the kitchen. In 1999, Greg moved back to Florida, Inverness to be exact, to live closer to his family. There, he worked at Sugar Mill Woods as a Sous Chef for seven years. In 2006, Greg accepted the position of catering sous chef at The Pub. Greg loves working at On Top of the World with the residents and employees. He truly has a

passion for hospitality and creates a rapport with his customers at The Pub and in catering. In 1977, Donna Little's first job was bussing tables when she was 16 at the Lowell Sea, an upscale seafood restaurant on Duvall Street in Key West. After finishing school, she went to work at the Florida Keys Marine Institute where she did marine research, collecting and caring for marine specimens like octopus, eels, lobster, crabs and various reef fish. She also helped plant mangrove islands to stop the erosion of the Keys and kept track of their growth. When government funding for the research ended, she went back to hospitality. Donna worked in several restaurants in the Keys and truly has a love for hospitality and enjoyed the lifestyle of restaurants. At TGI Fridays, she met her high school sweetheart 10 years later. He was in the Navy in search and rescue. They moved to Guam and were married on Two Lovers Point overlooking the island of Guam. There they did a lot of diving and spent time with the beautiful nature there. In 1995, she was bonded by the military and worked for the Air Force as the head of club operations, which entailed putting together functions for upwards of

500 people to introduce the Stealth bombers to dignitaries from all over the world. While in Guam, she worked with the Air Force to house and feed the Kurdish refugees that were fleeing from Albania the genocide in Kosovo. After that, they were stationed in Key West in 1997 and she went back to hospitality for two years as catering director at La Concha Crown Plaza, a historic hotel on Duvall Street. In 2004, Donna moved to Ocala to be closer to her family and accepted employment at On Top of the World as a server and then catering manager; she also managed Sid's Coffee Shop. She now works at Candler Hills Restaurant as a dining room manager. Donna loves spending time on the water, fishing, diving, skiing and enjoying nature both on land and sea. She also loves the Rocky and Smokey Mountains since her ancestry is Cherokee; she has an affinity to the area and it feels like home. She loves her grandchildren and her church. Donna loves the energy and adrenaline of hospitality with its constant on-the-go lifestyle. She enjoys serving guests and transforming an idea into a fabulous party.

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Favorite Recipes
Dinner Club
Luke Mullen

The Favorite Recipes Dinner Club has suspended our regular monthly dinners for the months of June, July, August and September. This is because some members have headed north for the summer as well as have travel plans over the summer months. As such, I would like to describe our club more fully and answer some questions I have been asked by members of the On Top of the World Communities. The purpose of the club is for couple members to meet new people who share their enthusiasm for cooking various foods and enjoy entertaining people in their home. The club also provides the ability for members to enjoy eating dinners at different members' homes. The club is not a gourmet dinner club. The idea is for members to prepare their favorite recipes to enjoy. If a member wants to prepare a favorite recipe that happens to be a gourmet type meal, they are always welcome to do so. However, this does not mean that those hosting another meal should feel the need to do so. Almost everyone has a favorite recipe! Whether we prepare it ourselves or eat it at our restaurant of choice.

The club's goal is for members to have fun, creating and sharing their favorite recipe to make an enjoyable evening for all dinner participants. I have been asked periodically what my favorite recipe is. It is below.

Chicken Cacciatore
Serves 4 to 6

Fresh boneless skinless chicken breasts (2 pounds)
Salt and pepper to taste
1 cup of flour
5 tablespoons of extra virgin olive oil
1 large red pepper
1 large green pepper
1 medium white onion
1 medium yellow onion
2 cloves of garlic
2 (26 ounce) jars of marinara sauce
1 (8 ounce) package of white sliced mushrooms
Prepare chicken breasts by trimming off any visible skin and fat. Cut chicken into serving sizes. Season chicken with salt and pepper to taste. Roll chicken lightly in flour. Heat oil in skillet* and brown chicken on all sides. *Special equipment: Use a large non-stick frying pan with matching cover that fits, for simmering. Size that works for this recipe is a 12-inch diameter by 2-1/4 inch deep frying pan. Slice the red and green peppers and cut lengthwise into about 1/4-1/2 inch strips. Cut the pieces diagonally in the middle into 2 pieces. Slice the white and yellow onions thin. Chop the two garlic cloves. After chicken is browned on all sides, add the peppers and mix with the onions. Add in the garlic and the marinara sauce. Cover the pan and simmer slowly for 40 minutes. Periodically stir the mixture to ensure the ingredients do not burn/crust on the bottom of the pan. After simmering for 40 minutes, add the mushrooms and simmer for 15 minutes. Serve chicken cacciatore very hot! Our club is currently looking for new members. Call Luke at 304-8104 for more information.



Dish & That
Recipes
Jean Breslin

I appreciate the opportunity of having shared my recipes with you for the past three years. This is my last column. Thank you for the many phone calls telling me how much you enjoyed creating my recipes for your family and friends. Breaking bread with family and friends is the most enjoyable time in life.

Polish Style Reuben Casserole
Serves 4

1 can cream of mushroom soup
1 cup milk
1-1/2 teaspoon mustard
1/2 cup chopped onions
2 cups sauerkraut (with liquid squeezed out)

1/2 cup water
6 oz. uncooked medium noodles
1 ring Hillshire Polska Kielbasa (cut into 1/2-inch slices)
1 cup grated Swiss cheese
1/2 cup breadcrumbs
2 tablespoons melted butter
Combine soup, milk, mustard and onion in a medium bowl; blend well. Grease a 9"x9" baking dish; spread sauerkraut on bottom. Add the 1/2-cup water. Spoon soup mixture over top. Put the uncooked noodles on top, then the sliced kielbasa and last the Swiss cheese. Mix the breadcrumbs with the melted butter and top the dish. Cover tightly with foil and bake in a preheated 350-degree oven for one hour. Take foil off for the last 10 minutes of baking or till the crumbs turn brown.

Corney Corn Muffins

1 package (8 oz.) corn muffin mix
1 can (8.25 oz.) cream style corn
1/3 cup milk
1 egg
1/2 teaspoon pepper
Preheat oven to 425 degrees. Coat 6 to 8 muffin cups with cooking spray, depending on the muffin size. In a bowl, combine corn muffin mix, cream corn, egg and pepper. Divide batter among 6 or 8 muffin cups, filling 3/4 full. Bake 15 minutes or until tops are golden. Cool in pan on a rack. Enjoy!

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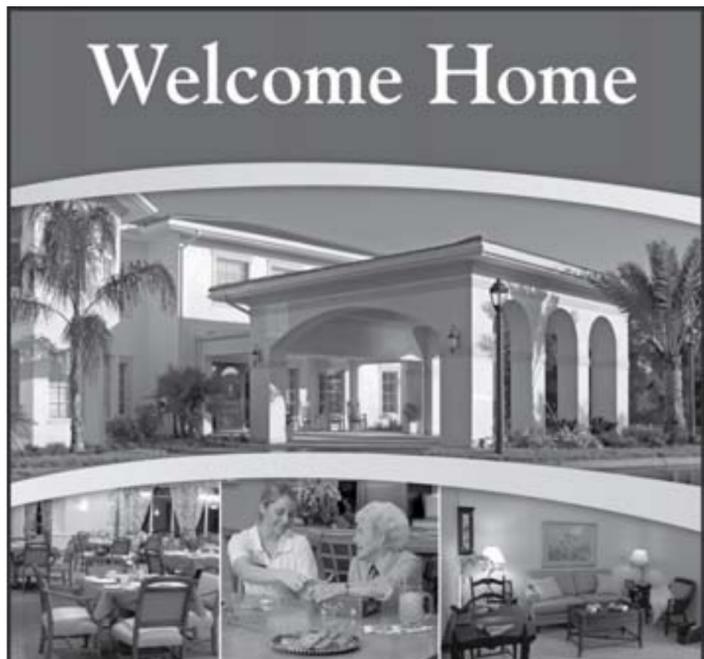
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Monday Afternoon Bridge

Esther Lang

June 16

1: Pat Holmes & Shirley Stolly; 2: Joan Lord & Mary Carol Geck; 3: Maizie Millward & Elsie Helwig.

June 28

1: Ida Rosendahl & Carol Thompson; 2: Doris Keathley & Mary Carol Geck; 3: Bruce & Marjorie Benton.

July 6

1: Joan Lord & Mary Carol Geck; 2: Marjorie & Bruce Benton; 3: Pat Holmes & Shirley Stolly.

Monday Night Bridge

Ginnie Barrett & Myra Butler

June 1

1: Eleanor Giardina; 2: Mary Culberson; 3: Ginnie Barrett; 4: Peggy Borro; Cons: Mary Holtz.

June 8

1: Helen De Graw; 2: Gail Tirpak; 3: Ginnie Barrett; 4: Ray Dietz; Cons: Mary Culberson.

June 15

1: Walter Hickenlooper; 2: Mildred Lane; 3: Marion Turbin; 4: Phyllis Bressler; Cons: Joan Sigafoos.

June 22

1: Fran Griswold; 2: Helen De Graw; 3: Jan Moon; Cons: Agnes Weber.

June 29

1: Mildred Lane; 2: Fran Griswold; 3: Mary Culberson; 4: Dick Mansfield; Cons: Edith Hunter.

Tuesday Afternoon Bridge

Agnes LaSala

June 1

1: Ray Dietz & Maizie Millward; 2: Marion Wade & Marie White; 3: Elsie Helwig & Rich Fluet.

June 9

1: Shirley Stolly & Betty Morris; 2: Marie White & Marion Wade; 3: Elsie Helwig & Rich Fluet.

June 16

1: Betty Morris & Carol Thompson; 2: Ray Dietz & Maizie Millward; 3: Marion Wade & Marie White.

June 23

1: Agnes LaSala & Carl Woodbury; 2: Gloria Richards & Rich Fluet; 3: Marion Wade & Marie White.

June 30

1: Betty Morris & Shirley Stolly; 2: Agnes LaSala & Carl Woodbury; 3: Marie White & Marion Wade.

Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information or to find a partner, call 861-5700.

June 2

1: Doug Miller and Ernie Lord; 2: Doris Keathley and Mary Carol Geck; 3: Ida Rosendahl and Dick Mansfield; 4: Bruce and Marjorie Benton.

June 9

1: Ida Rosendahl and Dick Mansfield; 2: Doris Keathley and Mary Carol Geck; 3: Bruce and Marjorie Benton; 4: Joan Lord and Nel Bosschaart.

June 16

1: Ida Rosendahl and Dick Mansfield; 2: Doris Keathley and Mary Carol Geck; 3: Bill and Ida Carlson.

June 23

1: Doris Keathley and Mary Carol Geck; 2: Doug Miller and Ernie Lord; 3: Ida Rosendahl and Dick Mansfield; 4/5 (tie): Bill and Ida Carlson & Joan Lord and Nel Bosschaart.

June 30

1: Ida Rosendahl and Dick Mansfield; 2: Doug Miller and Ernie Lord; 3: Bruce and Marjorie Benton; 4: Bill and Ida Carlson.

Wednesday Afternoon Bridge

Fran Griswold

We are in the midst of the hot summer months and we must remember the warmth of Florida is what attracted most of us to enjoy living at On Top of the World.

It is our pleasure to give a warm welcome to Glenda McDonald.

It can seem a bit cool in our card room but this is necessary for people with breathing problems. Please dress accordingly.

Remember, for a fun afternoon of bridge, with no lessons; join us at 12:30 p.m. each Wednesday. Come early for a good seat.

June 17

1: Serene Rossi (3990); 2: Gloria Richards; 3: Fran Griswold; Consolation: Phyllis Silverman.

June 24

1: Betty Morris (3970); 2: Bonnie Heinlein; 3: Mary Culberson; 4: Esther Lang; Consolation: Gloria Richards.

July 1

1: Liz Milleson (4960); 2: Fran Griswold; 3: Helen DeGraw; 4: Phyllis Silverman; Consolation: Margo Thomas.

July 8

1: Liz Milleson (4046); 2: Ida Rosendahl; 3: Bonnie Heinlein; 4: Ann Mahoney; Consolation: Joyce Walchak.

Thursday Afternoon Bridge

Marion Turbin & Betty Legg

June 11

1: Marge Starrett; 2: Cleona Redman; 3: Gloria Richards.

June 18

1: Marge Starrett; 2: Shirlee Wolcott; 3: Marie White.

June 25

1: Maizie Millward; 2: Agnes LaSala; 3: Helen Eshbach.

July 2

1: Gloria Richards; 2: Helen Eshbach; 3: Marion Turbin; 4: Joyce Walchak.

July 9

1: Shirlee Wolcott; 2: Marion Turbin; 3: Joanne Jones.

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

June 18

1: Marti Marta; 2: Myra Butler; 3: Jan Moon; Cons: Janet Becker.

June 25

1: Mary Culberson; 2: Dick Mansfield; 3: Jayne Kaske; 4: Carl Woodberry; Cons: Betty Barney.

July 2

1: Ida Rosendahl; 2: Phyllis Bressler; 3: Tom Marta; 4: Fran Griswold; Cons: Zane Barnett.

July 9

1: Shirley Stolly; 2: Myra Butler; 3: Eleanor Giardina; 4: Jan Moon.

Friday Night Bridge

Jack & Mickey Martin

June 20

1: Natalie Fluss; 2: Marjorie Benton; 3: Jack Martin; 4: Rozella Ovrebo; 5: Ellie Rapacz.

June 26

1: Jan Moon; 2: Fay Rumens; 3: Tie Mildred Lane & Mary Culberson; 4: Ray Dietz.

July 3

1: Mildred Lane; 2: Edith Hunter; 3: Helen O'Brien; 4: Betty Barney; 5: Ray Dietz.

July 10

1: Bill Hunter; 2: Myra Butler; 3: Catherine Edwards; 4: Joe O'Brien; 5: Jan Moon; Grand Slam: Bill Hunter & Helen DeGraw.

Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all.

For more information, call Irene at 873-4173.

June 12

1: Out of 26, Richard Bartel had a perfect score. Congratulations. 2 (tie): Billy Swing & Hank Kolb; 3: Edith Kolb; 4 (tie): Richard Gillette & Nancy Kowsky; 5 (tie): Irene Pisani, Genny Brenner & Mary Bartel.

June 19

1: Out of 29, Bill Eberle; 2: Richard Bartel; 3 (tie): Edith Kolb, Jo Swing & Nancy Kowsky; 4: Jean Gillette; 5 (tie): Marie Marquis & Genny Brenner.

June 26

1: Out of 26, Hank Hilovsky; 2: Jerry Dean; 3 (tie): Bev DeBusschere, Buck Chaillet & Billy Swing; 4 (tie): Richard Gillette & Joe Scrivero; 5 (tie): Fred Lang & Joan Sigafoos.

July 3

1 (tie): Out of 35, Billy Swing & Joan Sigafoos; 2 (tie): Hank Kolb & Sam LoBianco; 3: Bill Eberle; 4 (tie): Paul Agarwal; 5 (tie): Betty Scrivero, Jerry Dean & Joe Scrivero.

July 10

1 (tie): Out of 30, Jerry Pinter & Mary Bartel. Congratulations. 2: Irene Pisani; 3: Zane Barnett; 4 (tie): Joan Shea & Betty Scrivero; 5: Nancy Kowsky.



Friday Night Euchre

Joe Askenase

June 12

Four Handed Game

1: Marcy Askenase; 2: Russ Riegler; 3: Clarence Lietzow.

Six Handed Game

1: Helen Foskett; 2: Marie France; 3: Vi Horton; 4: Shirley Coe; 5: Diana Riegler.

June 19

Four Handed Game

1: Russ Riegler; 2: Clarence Lietzow; 3: Marcy Askenase.

Six Handed Game

1: Virgil Taylor; 2: Maria France; 3: Helen Foskett; 4 (tie): Shirley Coe & Vi Horton; 5: Diana Riegler.

June 26

Four Handed Game

1: Marcy Askenase; 2: Shirley Coe; 3: Clarence Lietzow; 4: Maria France.

Five Handed Game

1: Helen Foskett; 2: Russ Riegler; 3: Diana Riegler; 4: Vi Horton.



Tuesday Night Pinochle

Viola Horton

Come on up Tuesday nights at 5:45 p.m. to the Art Room of the Craft Building. No partners needed. All "pinochlers" are welcome.

www.OnTopoftheWorldInfo.com

June 2 Single Deck Winners

1: Edith Kolb; 2: George Dertinger; 3: Vernon Uzzell.

Double/Triple Deck Winners

Tables 1: Joe Sciarino; 2: Norma Yonke, Jo & Billy Swing; 3: Ray Bock & Virgil Taylor.

June 9

Single Deck Winners

1: Dottie Findlay; 2: Audrey Bartolotta; 3: Vernon Uzzell.

Double/Triple Deck Winners

Tables 1: James Nottingham; 2: Irene Pisani, Jo Swing & Norma Yonke; 3: Ray Bock & Rich Fluet.

June 16

Single Deck Winners

1: Lois Rider; 2: Bev Moreau; 3: Dottie Findlay.

Double/Triple Deck Winners

Tables 1: Margaret Sciarino; 2: Billy Swing; 3: Joe Scrivero & Charles Distler.

June 23

Single Deck Winners

1: Betty Legg; 2: Albert Novotny; 3: George Dertinger.

Double/Triple Deck Winners

Tables: 1: Alberta Sarris, & Joe Sciarino; 2: Margaret Sciarino & Billy Swing; 3: Ray Bock & Joe Scrivero.

June 30

Single Deck Winners

1: George Dertinger; 2: Vernon Uzzell; 3: Lois Rider.

Double/Triple Deck Winners

Tables 1: Alberta Sarris & Vi Horton; 2: Norma Yonke, Jo & Billy Swing; 3: Virgil Taylor & Ray Bock.



Saturday Night Pinochle

Elsie Helwig

June 13

1: Greg Skillman; 2: Norma Yonke; 3: Elsie Helwig.

June 20

1: Audrey Bartolotta; 2: Anne Jagielski; 3: Dot Findley.

June 27

1: Rita Pinter; 2: Viola Horton; 3: Betty Legg.

July 4

1: Greg Skillman; 2: Vi Horton; 3: Norma Yonke.

July 11

1: Greg Skillman; 2: Norma Yonke; 3: Vi Horton.



Cribbage

Greg Skillman

June 12

1: Herb Postin; 2: Craig Ehle; 3: Mary Ehle; Cons: Elsie Helwig.

June 19

1: Sheila Howell; 2: Ray Bock; 3: Anne Jagielski; Cons: Greg Skillman.

June 26

1: Herb Postin; 2: Sheila Howell; 3: Mary Ehle; Cons: Ray Bock.

July 3

1: Greg Skillman; 2: Sheila Howell; 3: Alberta Sarris; Cons: Rose Marie Postin.

July 10

1: Herb Postin; 2: Norma Yonke; 3: Greg Skillman; Cons: Craig Ehle.

World News September issue: Thursday, Aug. 27

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Line Dancing
Sherry Ashenfelter

September classes include a Newcomer class, a Level One class, two Level Two classes, and an Intermediate class. Dance students need to enroll in a class that best matches their level of interest and current skill.

The student in a class that is too easy may become bored and inattentive. The

student in a class that is too challenging may feel overwhelmed and frustrated.

Sometimes, an enthusiastic beginner dancer with limited experience may attempt to dance intermediate or advanced choreography. The saying, "You have to pay your dues," if applied to line dancing, means that a dancer needs to build a good foundation by memorizing line dance vocabulary, practicing fundamental moves, and mastering dances at one level before moving to the next level.

The next level will require more memorization, agility and turning. Most students can benefit from two or more years in Level One and at least two years in Level Two before advancing to the Intermediate class.

Line dancers who are practicing during summer break, and line dancers who are repeating a class in September understand the value of "paying your dues" through dance experience.

For optimal learning conditions and floor safety, all classes beginning in September will be limited in size with pre-registration required. For information about classes and the new pre-registration procedure, call 873-9440.



Pattern Dance Club
Jim & Nell Entinger

The summer is going by fast and it is time to start planning for fall activities.

The Pattern Dance Club will begin meeting and dancing on a regular basis on Oct. 6.

For all newcomers and those needing a steps review, Carla and Tony Magri will be teaching only step and step patterns on Tuesday, Sept. 22 and 29 from 6:30 to 8 p.m. in the Health & Recreation Ballroom.

These two Tuesday meetings are important for beginning couples to learn the various steps involved in pattern dancing such as a vine, shuffle, triple step, rock step, pivot, scuff, sway and many others.

Once you know the basics, it is much easier to grasp the patterns and with a little practice you will be on your way to dancing at The Town Square.

If you would like to learn pattern dancing, mark your calendars now and come join us Sept. 22. For more information, call Jim and Nell at 861-5351.

A reminder to club members, we will be dancing on Aug. 18 at 6:30 p.m. in the Health & Recreation Ballroom.



Ballet Club
Eugenie Martin

To me, the appeal of dance transcends styles of dance as well as types and ages of dancers. I love to watch ballet, of course, but I also like ballroom, jazz, Broadway and line dancing, among others. In regard to line dancing, I particularly enjoyed reading Sherry Ashenfelter's column in the World News last month. Sherry recounted the many steps beginning dancers learned and praised their accomplishments.

In our ballet classes, I am similarly

amazed at what everyone does. We all work at different levels: some of us are fairly experienced and others are relative beginners. A few of us are working around injuries. Yet, we all do the same classes, learning a wide variety of steps and routines, which are part of the classical ballet tradition. Julie Sines, our other teacher, and I are so proud of our ballerinas.

In June, we were very lucky to be joined in our classes by Kelsey Davis, a 17-year-old dancer visiting her grandparents, Judy and Bill Walker, for a couple of weeks. A very accomplished dancer, Kelsey stimulated us all by her fine dancing and even gave us a very challenging class. What a joy to dance with her and be taught by her. Kelsey certainly proved that the older generation has a lot to learn from the younger!

Our ballet classes are continuing throughout the summer in the Arbor Club Exercise Studio, Tuesdays and Thursdays from 1 to 2 p.m. and Mondays 6:45 to 7:45 p.m.

To start with us, you don't need a leotard and ballet shoes, but may wear exercise clothes and socks. If you want to observe a class, you are welcome to do that. The music is beautiful and we have lots of fun. For information, please feel free to call me at 854-8589. Happy dancing!



Ballroom Dance Club
Richard P. Vullo

We've wrapped up another successful season of ballroom dance lessons in July learning several new steps in mambo/salsa. It's been a productive year of lessons including steps in fox trot, waltz, cha cha, tango, swing and rumba.

Our excellent instructor, Trish Sands, has given us the month of August off, but we'll continue dancing at the Arbor Club and many other venues in our area.

We start up again the first Thursday of September at 11 a.m. at the Arbor Club Ballroom. We hope to schedule both beginner and intermediate sessions. To help us plan for you, please call Trish (351-2423) or me (854-6772) to let us know what dances you would like to learn and which class you prefer. We invite our former members to attend our intermediate class this year and warmly welcome new members to either class.

Membership dues are only \$6 per year per person and lessons (four times a month) are only \$20 per person per month. Singles are welcome.

Come and join us, to improve your dancing and circulation (both physical and social). Dancing is like everything else in life, use it or lose it. We're fortunate to live in a community with so many opportunities to dance every week.

The "Dancin' On The Top" committee held its second successful dance on July 4 at the Arbor Conference Center. Approximately 110 people attended the festive event. Reserve the date of Sept. 26 at Health & Recreation for the next dance. Details will follow in September's newspaper and will be posted at the community bulletin boards and on TV. For more information, please call Jack Stone (873-3083) or me (854-6772).



SPCA
Maria Devine

What is the SPCA's favorite time of year? Why the dog days of summer, of course. This is the time that we plan fundraisers and activities for our new year that kicks off in the fall.

One special event we're planning is a spectacular yard sale. But we need your help to make this possible. We're looking for donations of new and like new items that we can put up for sale.

Did you just move into On Top of the World over the past couple of years? Then you may still have unpacked items from up north (or down south) in your garage, attic or closet that you will never use, but the needy animals of Marion County certainly can.

Lived here a long time? Then there must be extra items, from clothes to towels and radios to toasters that you have squirreled away never to see the light of day. We'd appreciate it if you'd dust them off and send them packing to us.

Just drop off donations at 9250-C SW 83rd Court in Friendship Colony or call 362-0985. We'd like to start collecting these items now so that we can price and organize them over the next couple of months. When we know the exact date, time and place of the sale, we will let everyone know far enough in advance so you can mark your calendars and come out and support us. Without donations from the community, the SPCA could not stay in business.

Now that many folks have headed north for the summer, the amount of dog and cat food in the SPCA bin under the bulletin board at Winn Dixie is dwindling. We use this food to pack supplies for the Pets on Wheels program, an offshoot of Meals on Wheels. Without this program, many housebound seniors would not be able to feed their pets. We thank everyone who has supported this program over the years with food donations, and ask newcomers and other pet lovers to please pick up an extra bag of dog or cat kibble when you go shopping and drop it off at the SPCA bin. We appreciate your help im-

mensely.

Although the next meeting of the SPCA won't be until September, you won't find us sitting on our paws. We're working on a web site that should be ready later in the year, where we can showcase our adoptable pets. We're always on the look out for that special someone who can open up his or her home and heart for a while to foster a dog or cat who's waiting to be adopted. If anyone is interested in a certain breed or mix, we can put you on a waiting list and call you when one becomes available before we let the cat out of the bag, so to speak.

Do you have an old dog crate or cat carrier that you no longer use and don't know what to do with? We can take it off your hands and put it to good use. The same goes for collars and leashes. Please call us at 362-0985 for the tail wagging details about any of our programs.



Photo IDs
Customer Service in
Friendship Commons
8 a.m. to 3:30 p.m.
Monday through Friday
Bring current ID or temp ID



BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community.....		9:25 am
Circle Square Cultural Ctr.	At Bus Stop Sign	Call Health & Rec. one day
Indigo Community Center	Parking Lot	in advance for pick-up

OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

	ARRIVE	PICK-UP
Jasmine Square (1st & 3rd Thurs) 1st Run Only	9:50 am	12:10 pm
Dillard's or Kohl's..... 1st Run Only	10:00 am	11:40 am
Lowe's..... 1st Run Only	10:05 am	11:35 am
Paddock Mall.....	10:10 am	11:40 am
Wal-Mart.....	10:15 am	11:45 am
Target..... 1st Run Only	10:20 am	11:50 am
K-Mart.....	10:25 am	11:55 am
Gateway Plaza.....	10:30 am	12:00 pm
Wal-Mart.....	12:05 pm	1:45 pm
K-Mart.....	12:10 am	1:50 pm
Gateway Plaza.....	12:15 am	1:55 pm
Paddock Mall.....	12:20 pm	2:00 pm

GROCERY STOP.....LAST STOP OF DAY.....30 MIN. SHOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)

Grocery Run...Every Monday...(Publix)...Start Pick-Up Run @ 3:42 pm...Return @ 5:30 pm
Sam's Club.....2nd & 4th Wednesday of the Month.....2:10 pm...3:30 pm
Beall's & Wal-Mart.....1st Thursday of the Month.....1st Run Ocala...2nd Run Hwy 200 W.
(1st Run Ocala (Porter's Et Target)...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)
Beall's & Wal-Mart.....3rd Thursday of the Month.....1st Run Ocala...2nd Run Hwy 200 W.
(1st Run Ocala...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)

3rd Tuesday Supper Get-A-Way ...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm
(CALL TO MAKE YOUR RESERVATION...ONLY 21 SEATS AVAILABLE EACH MONTH)

* Restaurant Location Posted in Bus, On TV Channel 17, 703 & 22, or Call Number Below *

*For information or reservations call Health & Rec. @ 352-854-8707 ext. 10

THERE IS A NEW SERVICE COMING IN AUGUST. STAY TUNED FOR DETAILS!

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Photo by Mike Roppel

A view of Nancy Grabowski's "North Pole Room."

The Spirit of Christmas

By NANCY GRABOWSKI

Long before I was born, my great-great grandparents began Christmas traditions that still hold sway in my family. For instance, my great-great grandmother created Christmas scenes to decorate her home; her husband added to the scene by pouring leaden figure skaters and skiers to populate the scenes. These figurines have been handed down ever since; my four siblings and I now each have some of them!

My great grandfather handcrafted little wooden houses to enlarge the scenes. They were carefully packed when the move from Bavaria to the United States occurred. The houses represented the "homeland" for the travel-weary family that first Christmas in Western New York.

Sadly, the little wooden houses were lost in a flood; paper houses that were popular just after World War II replaced them. The paper houses are part of the decorations to this day.

However, my grandmother wasn't content with just a few houses! She had my grandfather fashion some huge houses for her...and passed them along. Then my mother began her career in ceramics and, you guessed it, she made more houses. Some of each of these collections are put up annually, too.

Not to be out-done, I started collect-

ing Department 56 lighted buildings and accessories. I keep permanent displays up: over each side of my kitchen cabinets (one is an Alpine village, the other represents "A Christmas Carol" by Charles Dickens) and on three shelves in our family room are buildings from "Christmas in the City." The trip is not complete until you visit my North Pole room.

You can find the entire village, an unimaginable number of elves, and accessories to make the village come to life. Lights blink and glow, reindeer fly, polar bears sled down a hill; you can watch the M&M characters dance and so much more! Many of the accessories are handcrafted such as the racks of elfin shoes outside the shoe store and tables of baked goods near the four bakeries contained within the village limits. Popcorn trees, button trees, even s'more trees grow at this North Pole.

There is, however, one and only one Santa! Those Santas that are trained to appear at functions do not live at the North Pole. Should you ever feel the need to check this all out, a quick call is all it takes.

My gram instilled in us "to hold Christmas in your heart everyday" and said a tangible reminder was a necessity so you couldn't forget. My Christmas room is that kind of reminder.



Ocala Clown Express Kathy & Charlie Petrosky

Have you thought about joining us? Questions come up as to "where did you get the outfit?" If you wanted to do so, you could go to a store or go online and buy one. However, for most of us, we enjoy just looking around and creating our look.

You would be amazed at all the colorful and crazy things you can find in a thrift store or bargain rack! If you can sew, you have an even greater advantage. I found a flowery long skirt and Toot was able to make it into baggy pants for me.

Once you have determined your name, you can start looking for what would

make the name come alive. All through the process there are clowns wanting to help you.

Now you need to think about make-up. Magically you have to come up with your face! Think of the type nose you want. How do you want your smile to look? Do you want false lashes? Great fun happens doing this and you have clowns ready to assist you.

Another question I hear is, "Doesn't the makeup bother your skin? How in the world do you get it off?" We use only professional make-up for the children and us when we face paint. We get it online from clown suppliers. That is the only way that is safe. Getting it off is a snap with baby oil and doesn't your face feel smooth after that!

Another question I hear, "How do you do all these activities?" You do as much as you want. You know the type of activity you enjoy and are good at. Those are the ones you sign up for.

The nursing home clowns will be visiting Hawthorne Assisted Living this month. We will have our training meeting for the hospital on Aug. 17.

All new clowns are welcomed to join us. As you can see, we do a variety of things.

What do you need to do to join us? Just call Dotsy at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown. We would love to have you join us!

Gum Drop and Toot



D'Clowns Paula Magen

Commitment - that's the word I think of when describing D'Clowns. Webster's New Collegiate Dictionary defines commitment as the state of being committed, the art of performing, a promise to pledge to do something and the art of performing and engaging oneself.

All of these refer to D'Clowns, a group of dedicated individuals who go way beyond what is required of a club. For example, there's our make-up, wigs, hats,

costumes, shoes, gloves in addition to the extra creativity that makes each clown so unique. In addition, there are the hours of practice for skits, magic, songs, dances, jokes, etc. Most important is the commitment to participate when we are scheduled to perform at children's events, assisted living residences and nursing homes. And we do it with joy!

Sustainability - also refers to D'Clowns. It is defined as providing support, to maintain, to cause to continue and prolong. Overlooking the times when members have to drop out or are unable to participate, which occurs in all clubs. We are proud of the core of clowns that are sustainers. It is because of these individuals that we are able to provide entertainment for young and old. We are proud of them and we thank them!

D'Clowns are still enjoying the summer respite but will return in the fall. Our first meeting will be on Sept. 21. We meet the first and third Monday of the month at Arbor Conference Center, Suites B and C at 1:30 p.m. We would love to have you join us at our meetings. New boy and girl clowns are welcome. Leave the training to us. For information, call Paula 873-3433.

Just remember...you don't stop laughing because you grow old, you grow old because you stop laughing!

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Served with garlic whipped potatoes and aromatic vegetables

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Crispy bacon, caramelized onions, sweet peas tossed in penne pasta with parmesan cheese and cream

All entrées include rolls and butter

6/09

For Sale

16' Aluminum Ladder: \$35. 854-8896.
Bicycles: Man's EZ mount 6 speed FS Elite, hand brake; woman's FS Elite cruise, coaster brake; \$25 each. 861-1575
Chair Lift (battery operated) and wheel-chair (electric). 854-9046.
Dell Computer: Windows XP, 19" flat screen, 145 GB hard drive, keyboard and mouse, \$300. 873-7717
Estate Sale: Aug. 28, 9 a.m. to 1 p.m.; Aug. 29, 9 a.m. to ? 8419-A SW 91st Place (Friendship Colony).
Euro: Going to Europe? Need some Euro? \$375 available; call for price. 873-1367.
Golf Cart: 2004 EZ-Go, like new, must see. 854-7858

Golf Cart: Club Car, large motor, all new brakes, batteries, tires and zipper enclosure. 237-9523

Landscaping Pots: Very large, cheap, new styles. 873-1745

Mattress and Box Spring: Full size, 2 full size sheets sets. Like new. Make reasonable offer. 237-2939 after 5 p.m.

Misc. Items: Sofa and loveseat, La-Z-Boy, like new, light floral pattern cloth, \$475 for both. Recliner, modern black leather with ottoman, \$275. 36" round oak table with two oak chairs, soft seats, \$300. Large modern oak desk, \$375. Can deliver, 547-1469

Misc. Items: Three pairs of lamps, 2 La-Z-Boy recliners, 2 bar stools, big screen TV stand, stereo, vintage rose 3-panel screen, bronze bistro set and paintings. 209-1999 after 10 a.m.

Refrigerator: Whirlpool, white, 25" x 62", perfect for garage, \$45. 854-4365

Roaster: Large electric roaster, used twice, \$25. 861-9177

Sofa: Bleached wood, 3-cushion, 76" long. Ideal for lanai or Florida room. Excellent condition, \$250. 873-1646

Statue of Handmaid: Exquisite artwork, hand painted in turquoise, gold & cream, on pedestal. Best offer. 845-7516 or 216-7509.

Tag Sale: Aug. 1, 8-11 a.m. New stuff, old stuff, too much stuff. Come, see and buy up our stuff. 9056 SW 91 Circle (Williamsburg).

Vacuum: Eureka bagless, 12 amps like new. \$20. 845-7516 or 216-7509.

Services

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259.

Appliance, A/C & Heat Repairs. Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for nine years. Dry in hours, not days. 10 percent off first-time clients. 307-4100.

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

Cat Boarding and Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

Cat Care: one glance equals love! Will love yours, like my own. Experienced, trustworthy & you get peace-of-mind. 291-1862.

C.A.T. Woodworking: Crown molding, chair railing and cabinet drawer slides professionally installed. We build and repair

Classified Section

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

furniture. Free estimates, LLC and insured. Call Tom, 288-6148.

Cleaning by Evelyn Lee: I do windows, deep cleaning, move outs. Licensed & insured. 629-0855. www.sunshinecleaningocala.com.

Computer Repair: Hardware/software repairs, virus/spyware removal, networking, consulting & training. Call Troy's Computer Clinic at 817-2834.

G&G Cleaning Services: Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873.

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handyman at your service: hobby for rent for "honey do" projects. Plus computer repair and upgrades. Golf cart repair and maintenance. Call Gene at 207-1295.

Handyman: Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

Handyman Services by Oden Inc. Low and fair prices for any type of home repair, remodeling, landscape maintenance, pressure washing and gutter cleaning. Lic & Ins. For free estimates, call: 207-5930.

Healing Springs Massage Therapy: 812-3853. In your home. Deep tissue, Swedish, hot stones. \$50/hour; two 1-hour massages for \$90. Florida Lic. MA 49878. 17 years exp.

Help-U-Fix-It! We do honey "do's" and odd jobs! Installations, repairs, renovations, maintenance. Keep up your properties. Call (352) 694-3366.

Home Sewing: cushion covers, bed skirts, dinette seats, pillows, tablecloths and napkins. On Top of the World resident. Call 237-6760.

HouseCall Senior Home Care offers hourly services such as housekeeping, laundry, meal preparation, transportation, family respite. Licensed, bonded & insured. (352) 873-0721.

Housecleaning: Good, quality work. Low rates and references available. Call Laura 484-7832 or (516) 984-9877.

Housecleaning: Reliable, free estimates, affordable, trustworthy, flexible & experienced. Call Sally at 509-4199. Resident.

Housekeeping by Terry: Excellent service, great rates, flexible hours. Call 229-5970.

Housekeeping done right. Reasonable rates. References available. Please call 502-3919.

Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Landscaping: Beautify your yard and home! Trimming, weeding, edging, pressure wash driveways and gutters, wash windows and general maintenance. On Top of the World resident. Steve at 237-5338.

Massage Therapy: in home massage for pain management & relaxation. By local massage school instructor Greg Sharko. Fla. Lic. MA31293. 390-3653.

Notary Services and Signing Agent: Will come to your home. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. On Top of the World resident.

Painting by Ben Travis: \$99 per room special. One coat of any pastel color in any room. \$99 includes Sherwin Williams Best "Duration." Clean, reliable service by Lic. & ins. contractor. 30 yrs. exp. & references list. Free est. 620-5370.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years' experience and licensed, summer specials. 237-5855

Painting by Johnson's Painting Services: Reliable, 15 years' exp. Lic & Ins. Please call for a fair and reasonable estimate: 207-6620.

Pipe leak damage your home? What next? Call us first; Right Side Claim Advisors 888-779-6895.

Pressure Washing: "Don's" Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

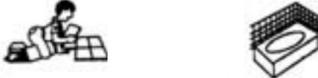
Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

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Wanted

Bowlers for On Top of the World's Monday League. Starting Sept. 14, league bowling will be Monday's at 3 p.m. at Galaxy West. Call Chris 873-8187 or Joan 237-1978.

Bowlers for fun, non-sanctioned On Top of the World league. Men, women or complete teams needed. League bowling on Thursdays at 3 p.m. beginning Sept. 10. Call Jim 873-1281 or Joe 854-8960.

Buying all types of items: Furniture, glassware, jewelry, gold, guns, tools, military items, fishing gear, old trains, sterling silver, automobiles, statues, figurines & golf carts. Call Marty 274-3178.

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

Zippo Lighters: will buy old or new, any condition. On Top of the World resident collector. Charles at 207-9673.

World News Sept. issue: Aug. 27



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Again this year, one Central Florida hospital is recognized for superior care by HealthGrades®.

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For any hospital, it's an honor to receive one such award.

But in Central Florida, one hospital's heart center was recognized as a standout in ten categories.

That one hospital: Munroe Regional Medical Center.

And it shouldn't come as any surprise. This exceptional heart center has been repeatedly selected for multiple honors.

Once again, Munroe Heart has been named:

- The best heart center in Florida for coronary intervention procedures (two years in a row), 2008-2009.
- Cardiac Care Excellence Award™ (four years in a row), 2006-2009.
- Top 5% in America – overall cardiac services, 2009.
- Top 5% in America – cardiology services, 2008-2009.
- Top 5% in America – coronary intervention procedures, 2006-2009.
- Five-Star Rating – overall cardiac services, 2009.
- Five-Star Rating – cardiology services, 2006-2009.
- Five-Star Rating – coronary intervention procedures, 2004-2009.
- Five-Star Rating – treatment of heart failure, 2004-2009.
- Coronary Intervention Excellence Award™, 2008-2009.



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