

# On Top of the World NEWS

Where the News is Always Good

100  
'Grandparents'  
visit Romeo,  
pages 19 and 34



Vol. 22, No. 8 • February 2009

## Community News & Update

By Kenneth Colen, Publisher

### Master the Possibilities

Master the Possibilities and the community are pleased to welcome back Dr. Vincent Boudreau, Professor of Political Science and Director of the Colin Powell Policy Center at City College of New York. Dr. Boudreau was one of our first "visiting scholars" in 2008 and will be offering two presentations/discussions on Feb. 13.

The morning topic addresses "US Foreign Policy and the Obama Administration" concentrating on the emerging and potential changes in our foreign policy under the new administration. The afternoon will give an overview of the Colin Powell Center for Policy Studies. This is an innovative and exciting program that is designed to seek out and train the next generation of public leaders. Dr. Boudreau was chosen by General Powell to serve as its first (and only) director.

There will be plenty of time for questions and we believe that this is a most unique way to learn about future policy with insights you will not find elsewhere. To register for these programs, call 854-3699 or go on-line at: [www.masterthe possibilities.com](http://www.masterthe possibilities.com). We encourage you to bring friends and neighbors.

Following Dr. Boudreau's afternoon presentation, there will be a session on "Sports Photography" by Suzy Allman. Suzy is a freelance photographer who works primarily for the New York Times. She's also Dr. Boudreau's sister.

In addition to the classes and presentations, I'd encourage our community to support the "Perfect Brain Storm" on Feb. 4 (see Dan Dowd's article on page 4). We are looking for your input/ideas.

### Fiscal 2010 Operating Budget

Not surprisingly, I have received a few letters in advance of the Feb. 11 budget meeting. Most letters share the common theme of maintaining affordability and generally question the need for the proposed increase.

As noted in my letter, the grounds maintenance budget is being held to a very slight increase, despite pressure from higher fuel costs and pressure on wages. One item I did not discuss in my letter to residents is the impact of the newly adopted Marion County ordinance governing application of nitrogen-based fertilizers. The purpose of this ordinance is to implement changes in residential and commercial landscape practices that will reduce potential future pollution going into water bodies and reduce surface applications that may leach nitrogen and other compounds into the groundwater, thereby polluting the groundwater aquifer.

This new ordinance also affects how retail vendors may store their fertilizer for sale to individual homeowners. There was also discussion of restricting retail sales of high-nitrogen containing fertilizers. The State of Florida is considering companion legislation in the upcoming session. Once the State adopts regulations, the County's ordinance cannot be less stringent than the State's standards. Nothing restricts Marion County from being more stringent.

At press time, the management company is still trying to evaluate the practical impact on the community and develop a strategy to maintain healthy yards. The short version is that use of fast-release fertilizers will be phased out. Although slow-release fertilizers have been in use in the community for some time, the quantity of nitrogen in the mix and the number of applications may be further restricted by this ordinance.

### Flood Prone Areas Update

We continue to hear from a few residents who live adjacent to stormwater retention ponds and have been contacted by their lender or insurance carrier and are being advised they must obtain flood insurance.

On Dec. 22, 2008, the Ocala Star Banner ran an interesting article about how the newly adopted FEMA mapping is affecting Marion County homeowners. The gist of the article is that many homeowners have been impacted and Marion County is doing studies to determine necessary physical map revisions.

According to Dr. Shane Williams of the Marion County Engineering Department, the County Commission has authorized that department to proceed with a study to revise the flood stage determinations. The County will revisit this matter using different hydrological methods suited for sandy soils. He warns that this is not a fast process. Once the County completes its studies, sometime by the third quarter of 2009, the proposed revisions must then be re-submitted to FEMA. FEMA may then review the proposed determinations and it may take "a couple of years" to be approved and then the new maps adopted by the County Commission.

Residents who have been contacted by a lender or an insurance carrier do not



Photo by Ray Cech

**"Ice agent" Joe Berger was hand picked by Detective Maj. Chris Blair to join one of eight teams comprising Marion County's new Cold Case unit.**

## Our Very Own 'Ice Agent'

BY RAY CECH

**J**oe Berger, retired NYPD detective, has been tapped to work with the recently established Marion County Sheriff's Cold Case team.

Joe, who joined the New York City Police Department at the young age of 21, rapidly advanced through the ranks from beat cop to organized crime detective. He spent his first eight years "growing up" walking a beat in Harlem. "I loved every minute of every day," says Joe, "and while keeping the peace I also made a lot of friends, some of whom I still keep in touch with."

Following this initiation into police work, Joe spent a year in the youth squad, after which he was promoted to detective in Queens, New York. There, he investigated robberies, assaults, homicides and all that other stuff you've probably seen on Law & Order. After multiple citations and awards, Joe Berger was promoted to the Organized Crime unit, an elite task force charged with surveillance of those very bad guys right out of "The Godfather." He continued to serve for 27 years, when he

and his wife, Ann, retired to Westchester County, New York.

Joe and Ann had often vacationed in Florida, but it was only after meeting Greg Wise in New York and hearing him talk about the virtues of our On Top of the World lifestyle that they made the move to our community. It's now been 12 wonderful years for Joe and Ann, and in that time Joe has helped originate the Community Patrol, is a Homeland Security volunteer, a state mediator and treasurer for the Marion County Sheriff's foundation.

"Ice agent" Joe Berger was hand picked by Detective Maj. Chris Blair to join one of eight teams comprising Marion County's new Cold Case unit. The county had received a federal grant of close to \$180,000 for the project. Blair said that Joe's New York experiences are a major contribution to the team and, in fact, it was his team that solved their first case, bringing to justice a criminal who was on the loose for the past 10 years.

The concept of the Cold Case teams was the brainchild of Maj. Chris Blair.

Once he began reviewing the unsolved cases—which went back as far as 1958—he understood that the 21 open files needed further attention. "We owed it to the families of these victims to reopen these cases and do whatever we could to bring the perpetrators to justice," said Maj. Blair.

With their own DNA lab (the first in the state) already on site, Maj. Blair and his team filed for a federal grant to finance the reopening of the 21 cold cases. With the monies appropriated last year, Maj. Blair started building his teams, including retired detective Joe Berger. Both Joe and the Major emphasize that everything they do is a full team effort. Each member contributes his own piece of expertise, with the individual parts coming together to solve the whole.

We are proud to say that our very own resident, Joe Berger, is making a significant contribution to Marion County's efforts in apprehending those criminals who think they've gotten away with murder.



Photos by Bob Woods

**On Top of the World's new program supervisor, Theresa Fields.**

## New Program Supervisor

BY BOB WOODS  
WORLD NEWS WRITER

Our new program supervisor is no stranger to the residents of On Top of the World - she is Theresa Fields. This lady has been employed here at On Top of the World for the past four and a half years. Theresa's new title has changed from her predecessor's title being the activities and recreation supervisor to her present position. The title has changed but her workload remains the same with new added responsibilities.

Theresa will remain in her present office space in the lower level of the Health

& Recreation Building behind the door inscribed with the sign Activities/Recreation Office and sporting her name below. It might be hard to spot the sign, as Theresa's door is always open.

When you are walking by or heading into the physical fitness areas, please stop by and congratulate our new program supervisor. This is one lady who does not have to get her feet wet in her new position; she has kept the activities office afloat for years.

**T**he Ninth Annual Hoofin' It For Hospice will take place on Saturday, Feb. 28 at the Health & Recreation Building from 8 to 9 a.m.

Join us for some fun while you help raise funds to support Hospice of Marion County. We have cared for patients in their last phase of life for more than 24 years. Help us continue our work by Hoofin' It For Hospice and join us on an easy two-mile walk, rain or shine, to be part of this worthy cause and to share in the fun. A donation is required to participate.

Entry forms are located throughout the community. For more information, please contact Ruth Goldstine at 854-1128.

Raffle tickets are on sale for a five-day/four-night Royal Caribbean cruise from Port Canaveral to CocoCay and Nassau, Bahamas. This is a two-person cruise and will be awarded by Trish Armor, president of Affordable Travel. Tickets are \$1 each and are on sale until Feb. 12. All proceeds to benefit Hospice of Marion County.

Drawing will be held in the Health & Recreation Ballroom on Feb. 14. Winner will be required to call Affordable Travel for sailing date options; port charge taxes and government fees of approximately \$125 per person are not included.

For more information or to purchase tickets, please call Margaret at 854-7306 or Ruth at 854-1128.

**Saturday, Feb. 28**  
**Health & Recreation Building**  
**8 to 9 a.m.**



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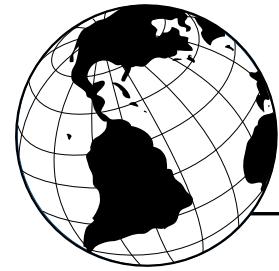
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► Continued on Page 6



# On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Download a PDF of the *World News* at [www.OnTopoftheWorld.com/newspaper](http://www.OnTopoftheWorld.com/newspaper)

## Safety Workshop

All are welcome to attend a free safety workshop on issues affecting the elderly and services available to assist. The workshop will be held in the Community Room at the Ocala Police Department on March 26 from 1:30 to 3:30 p.m.

Elder Abuse

One out of 20 people are victims of elder abuse.

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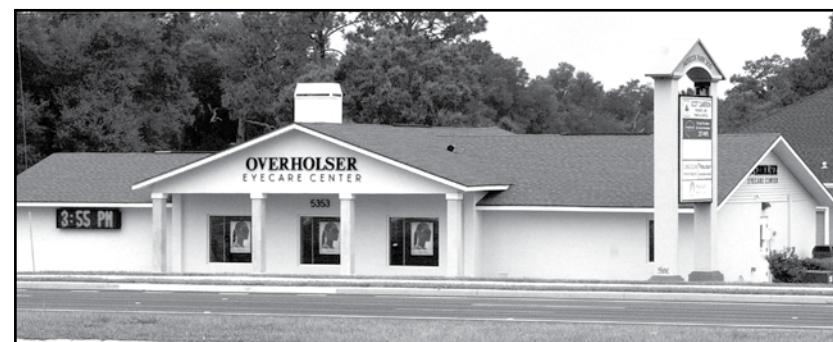
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### Golden Oldies Humor

**By Stan Goldstein**



**'It seems that your sole purpose in life is to serve as a warning to our friends!'**



### Is It Legal?

Gerald Colen

Here is my speaking schedule for February through March 2009. All programs will be in the Circle Square Cultural Center and will be from 3 to 4 p.m. You can sign up at the Master the Possibilities office. The program schedule is as follows:

Feb. 3 - The American Civil War  
Feb. 10 - The American Civil War  
Feb. 17 - End of Life Decision-Making  
March 10 - Cyber Crimes against children\*

March 17 - Scams and Frauds Against Us

You probably noticed the \* after the March 10 program on Cyber Crimes against children. I believe this is one of the most important programs you can attend. The speakers will be from the Tampa office of Florida Attorney General Bill McCollum's Cyber Crime unit. Mr. McCollum has made cyber crimes against children a top priority in his office.

I am proud to announce that the Tampa Office's Section Chief Stephanie Bergen and at least one, and possibly two, of the investigators from the Tampa office will present an important program on Internet crimes against children.

The program is designed to acquaint us with the threats our children and grandchildren face from criminals who are lurking on the Internet. It will be a most informative program and I urge you to attend and to bring friends, children and anyone else as in today's Internet age we all need to be on guard. I will be there too.

Correction: In one of my last columns,

I discussed FDIC issues and stated that FDIC insurance covered deposits of up to \$100,000. Of course, that has changed and the FDIC insurance amount is now up to \$250,000. I wrote that column before the insured amount was increased and I inadvertently failed to correct that before the column was printed.

Q. Can you give me the income tax filing requirements for 2008?

A. Here goes: (a) Single person younger than 65--\$8,950; (b) Single person 65 or older--\$10,300; (c) Married filing jointly with neither spouse 65 or older--\$17,900; (d) Married filing jointly where one spouse is 65 or older and one is not--\$18,950; (e) Married filing jointly where both are over 65--\$20,000; (f) Head of Household not 65 or older--\$11,500; (g) Head of household 65 or older--\$12,850; (g) Surviving spouse not 65--\$14,300; (h) Surviving spouse 65 or older--\$15,650; Married filing separately (any age)--\$3,500.

Having given you this, I must add a caveat: you should always check with your tax preparer to make sure that you are filing correctly. I do not do any income tax work and that is why you should always rely on advice that is specific to your precise situation.

Q. I am an 82-year-old widow in great health. I have recently begun dating a man who is many, many years younger than I am. We are both retired. My daughter told me that she "sees trouble on the horizon" for me. What do you think?

A. I think you should tell your daughter that she should mind her own horizon and leave you to mind yours.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office, which is near Yalaha Delights. He responds to e-mail at [gcolen@tampabay.rr.com](mailto:gcolen@tampabay.rr.com) or through his website: [www.gcolen.com](http://www.gcolen.com).

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## Activities World

Theresa Fields

The holidays are behind us now with cooler weather coming in. This will have us pulling down those winter boxes for the warmer clothes and jackets. Speaking of cooler weather, we had a surprise visitor join us from the North Pole during our December Happy Hour. Santa Claus (Bill Kreppel) made an appearance on Friday, Dec. 19. Peggy Wolf brought her granddaughter who was mesmerized by her visit with Santa.

Then, of course, we had the New Year's Eve party at the Arbor Club on Wednesday, Dec. 31. This sold out event featured "Johnny Alston Motown Music Dance Revue." The crowd danced to Motown music and Dave Guildford did his version of Chuck Berry "Johnny B. Goode." The entertainment didn't stop there as we had Father Time (Jay Lea) at the stroke of midnight followed by the Baby New Year (Dave Guildford).

I would also like to take this time to mention that our Hospitality department did a wonderful job with the buffet-style appetizers and the staff was very professional and dressed for the occasion.

I would like to say thank you to all the residents and staff for all your support in welcoming me to my new position as program supervisor. I look forward to continuing working with each of you.

Our next Seminole Casino Trip is Tuesday, Feb. 10. This trip has become very popular with two buses per trip. The cost

of the trip is \$20 per person and this will include \$25 in free play money, \$5 lunch voucher and the round-trip bus ride. If you would like to take advantage of our casino trips, please come by or contact the Health & Recreation office, Monday through Friday, at 854-8707 ext. 10. We have trips scheduled for the remainder of the year.

February's schedule for Happy Hour at the Arbor Club is as follows:

Feb. 6: Sounds of Time  
Feb. 13: "Roger" special-themed Sweetheart Valentine's Day

Feb. 20: Barry & Nancy

Feb. 27: Bon Tempos

Mark your calendars, as Valentine's Day is Saturday, Feb. 14. This is the second busiest day of the year for florists. You will want to place your orders early to assure on time deliveries. It has been a tradition from giving roses to carnations, chocolates to stuffed animals; these are all ways to let that special someone in your life know how much you care.

If you like music and dancing, why not take advantage of our "Sweetheart Valentine" Happy Hour on Friday, Feb. 13? Roger will be our DJ for the evening. This event takes place at the Arbor Club starting at 4 p.m.

Come join your neighbors and take advantage of our local On Top of the World Dinner Bus runs. Call the Health & Recreation office at 854-8707 ext. 10 to reserve your seat on our next trip.

Feb. 3: St. John's Seafood Restaurant  
Feb. 11: Candler Hills Restaurant (Steak Nite)

Feb. 17: Mimi's Restaurant

Enjoy walking? Join us on an easy two-mile walk to help raise funds to support our local Hospice of Marion County. Rain or shine this will be for a worthy cause. It is the On Top of the World's 9th annual Hoofin' It For Hospice. This event will be held on Feb. 28 at the Health & Recreation Center from 8 to 9 a.m. One of our community residents, Ruth Goldstine, works very hard at putting this event together. Let's show our support!

The 2009 On Top of the World Directories have arrived. You may pick-up your copy at the Health & Recreation information desk Monday through Friday, 8 a.m. to 4 p.m.

Let's all have a fantastic 2009.



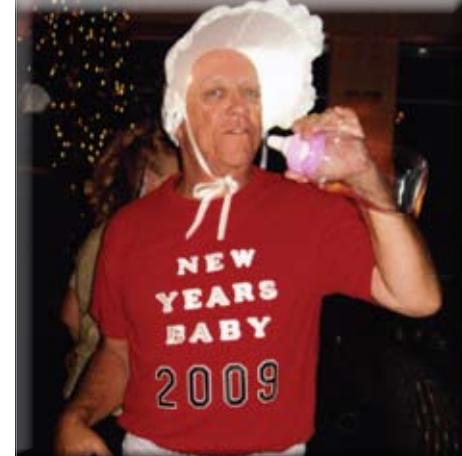
Photo by John Ware

**A child is mesmerized by Santa Claus (Bill Kreppel) at December's Happy Hour.**



Photo by John Ware

**New Year's Eve at the Arbor Club.**



Photos by John Ware

**Father Time (Jay Lea) joined in the crowd at the stroke of midnight followed by baby New Year (Dave Guildford).**

## Golf Cart Registration



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## Talk With Us, We'll Listen

Our community is at its best when we are able to dialog about where we want to go, what we want and how to achieve it. To this end, there will be a "perfect (brain) storm" event on Wednesday, Feb. 4 from 1:30 to 2:30 p.m. at the Circle Square Cultural Center.

What do you want? The Circle Square Cultural Center and The Town Square have been venues for group gatherings, entertainment, cultural events, education and more. We want to know what events, presentations or other entertainment you would like to see during this year.

"Our planning should always include what the community wants," says Jo Salyers, General Manager of Circle Square Commons. "While people are never shy in sharing opinions, we need a way to allow community members the opportunity to focus on planning. Master the Possibilities under the leadership of Dan Dowd is the perfect vehicle to gather this input in a constructive and informative manner."

On Feb 4, there will be very concentrated opportunity for interested residents to voice their opinions and give suggestions. This "perfect (brain) storm" is organized to only last about 60 minutes. Divided into 3 short segments, this

is a chance to give rapid-fire ideas that will be compiled and published in the March edition of the World News.

This is an "ideas forum," just state your idea, it will be developed later. If it goes well, we'll have hundreds of "possibilities" we hope to master.

We will ask you for your input for entertainment for the Cultural Center and The Town Square, Master the Possibilities and we'll even have a "free for all segment" where you can voice ideas that don't fit neatly into our segments. Each 15-minute session will have a facilitator and recorder. No one will dominate - all will have a chance to offer ideas.

Join in this event. Added incentives will include drawings for events, classes and a couple of surprises. Don't say we didn't ask.

Be a part of a positive and focused event in which your ideas rule. You'll need to register so we can set up according to attendees. Simply call the Master the Possibilities registration line at 854-3699, give your name and say you want to attend the "Brainstorm." We'll record, but not call you back. It's easy, simple, fast and we hope productive!

### Hospitality

Linda Tiffany

### The Pub

Be sure to sample the new addition to The Pub menu. Key Lime Salad features crisp chicken tenders served over assorted greens in a crispy tortilla shell drizzled with creamy Key Lime vinaigrette - \$7.95.

Daily specials are:

Monday: BBQ Ribs served with baked beans and coleslaw - \$7.95.

Wednesday: Open Faced Prime Rib served with an Onion Tower - \$8.95.

Friday: Fried Whitefish Filet on a Hoagie roll with lettuce, tomatoes, french fries and coleslaw - \$8.95.

Don't forget to try one of The Pub's delicious hot soups! For hours of operation,

call 854-0761.

### Friendship Catering

Friendship Catering, our on-premise caterer, is available to all residents for their special events such as birthdays, anniversaries or club parties. Call 861-9130 to make an appointment to review menus and plan your event.

### Candler Hills Restaurant

Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

A resident favorite is the Prime Rib Special every Friday and Saturday and includes baked potato, vegetables, salad, rolls and butter - \$12.95 and is served from 4 to 8 p.m. Join us on Friday from 4 to 8 p.m. for our weekly Fish Fry. Each week Chef Dave will feature the "Catch of the Day."

Candler Hills Restaurant hours effective Feb. 1 are:

Sunday, 8 a.m. to 5 p.m.

Monday - Thursday, 11 a.m. to 6 p.m.

Friday and Saturday, 11 a.m. to 8 p.m.

### On Top of the World Communities

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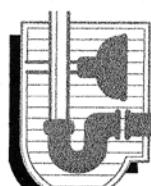
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### All Around Our World

Lynette Vermillion

February is a very active month! February includes Super Bowl Sunday, Groundhog Day, Valentine's Day, President's Day and Ash Wednesday. It is also Black History Month and American Heart Month. This month also marks the third annual "Go Red for Women" initiative in Marion County, designed to raise public awareness of the fact that heart disease is the number one killer of women, claiming more women's lives than the next six causes of death combined. Visit [www.goredforwomen.com](http://www.goredforwomen.com) and take the heart check-up. The Go Red for Women event will be held at the Circle Square Cultural Center on April 30.

### Website

If you have access to the web, you may want to check out [www.onpopoftheworld.info.com](http://www.onpopoftheworld.info.com). On the left title bar, just click on your community. On the first page you will be able to read about current events. Or, take a look at the title bar on the left and check out the various activities and club happenings under Activity Info. You will also find the fitness and Master the Possibilities schedule for your favorite class or check out the clubs available to join to increase your networking group. Under Community Info, you will find Amenity, Customer Service and other miscellaneous information such as the bus schedule, Bay Laurel Center Community Development water rates, and garbage and recycling locations to name a few. Under Home Info, you will find everything you need to know about community rules, plant and color palettes and such. You will also find FAQs and links to other sites. This web site is a useful tool whether you are looking for something fun to do or just browsing for information.

### Household Garbage

Please do not place your household garbage on the ground in front of the dumpster or compactor — please place it inside the dumpster or compactor. We ask that you do the same for recycling. If you have other items that are not appropriate for the compactor/dumpster, please take them to the 90th Street Post Office and place them in the designated area. Just follow the signs to the appropriate drop-off area. Please do not leave lawn or shrub clippings by the compactor/dumpster; place at the curb on your

scheduled day, and we will pick up. We want to keep our community clean and well maintained. Please help and please remind your neighbor to do the same.

### Guest Passes

We have had a number of residents ask about guest passes. You may drop by customer service for a guest pass for use by a guest visiting overnight within the community. We do not issue guest passes for visitors who are not residing within the community. They may enter the community by being logged in at the gate or after 6 p.m., you call to announce them.

### Golf Cart Paths

Please keep safety in mind at all times while you operate your golf cart, ride your bike or walk. Because all three may share the same path in some cases, we ask all users to be courteous and cautious when passing each other along the path and roadway. If a path is marked for golf cart use, carts must travel the path in lieu of the roadway. Fitness trails are intended for walkers and joggers. Golf carts must use the designated paths or roadway when a designated cart path is not available. Follow all Florida Driving Rules of the road whether you are on a bicycle, golf cart or driving in your car.

### Stop Signs

As you are out driving, whether it is in your car, your golf cart or your bicycle, please obey all traffic signs and obey all traffic rules. When you come up to a stop sign, please come to a full stop, which is defined as your wheels stop moving. We have observed a few violations recently and everyone needs to obey the traffic signs regardless of what they are driving. Use your turn signals, check your blind spots when you move out to pass someone and drive defensively. We want everyone in our community to be safe. Please keep in mind that the Marion County Sheriff's Office is out ticketing violations.

### Pets

Please remember to clean-up after your pet, not only at the Dog Park and common areas, but also in your front-and-backyard. Second Amended and Restated Rules and Regulations, Number 3, Animals, states, "Animal feces must be picked-up immediately and disposed of properly by the owner or custodian of the animal." If you have an aggressive dog, please visit the park when other animals are not present. The Rules and Regulations also state that, "No animal shall be allowed to make an unreasonable amount of noise or otherwise to become a nuisance. Any breed or variety of dog, cat or other animal deemed too noisy, aggressive, offensive, threatening, disruptive or otherwise an actual or potential nuisance, as determined by the Association in its sole and absolute discretion, may be excluded from the Community by the Association."

### Circle Square Cultural Center Activities

Don't forget all the exciting events as Circle Square Cultural Center this month. On Feb. 7, Gary Puckett will be performing, The Vogues will perform on Feb. 14, and Gary Lewis and The Playboys will be there on the Feb. 20.

## The Last Chance

### To Dance

By GORDY PHILLIPS

favorite beverage; no coolers, please.

Starting Feb. 2, come to the Health & Recreation Ballroom on Mondays, Wednesdays or Fridays to purchase your tickets (\$6 per person); there will be no ticket limit, so, bring your friends for a night of dancing and fun.

For more information, please contact Gordy Phillips at 854-7981.

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## Proper Disposal of U.S. Flags

By JAY CHANDLER

As president of the Kingdom of the Sun Chapter of the Military Officers Association of America, I come across many people who are not aware of how to properly dispose of our U.S. flag or with the U.S. Flag Code, which was adopted in 1923.

The U.S. Flag was adopted on June 14, 1777, and is the fourth oldest national flag in the world. Denmark's flag, adopted in 1219, is the oldest. The U.S. Flag Code states: No disrespect should be shown to the flag or the United States of America. As Henry Cabot Lodge stated in 1915, "The flag stands for all that we hold dear: freedom, democracy, government of the people, by the people and for the people."

Our Flag Code does not contain any penalties or enforcement provisions for noncompliance. Quite simply, it is a guide for civilians and civilian groups who wish to properly honor the United States of America's principal emblem.

As the Code states: "The U.S. flag should always be treated with the utmost care and respect. Remember, the flag repre-

resents a living country and, as such, is considered a living thing."

Among the standards emphasized by the Code are:

Always hold the flag carefully; never let it touch anything beneath it: the ground, the floor, water or merchandise.

Always keep the flag clean and safe; never let it become torn, soiled or damaged.

Always dispose of a worn flag properly, preferably by burning it.

My military officers group and other veterans groups have respectful and often moving, programs for properly disposing of national flags. These are often conducted at a ritualized burning ceremony at the Ocala/Marion County Veterans Park.

If you have a flag for disposal, please take it to the Veterans Park office, or turn it over to someone in On Top of the World connected with a veterans groups, such as Bob Woods (Fleet Reserve Association) or to Kay or myself.

If this makes me a "flag waver," so be it.



### Keeping It Green

Phillip B. Hisey

With spring on the horizon, many homeowners new to the On Top of the World communities of Candler Hills and Indigo, and those that are seasoned there may be considering contracting out the maintenance of their landscape. There are many contractors out there to choose from but here are a few tips to get your monies worth. Find a contractor that can do it all from the ground up. What I mean is, find a contractor that can do your fertilizing, insect control, mowing, edging, trimming and most of all checking your irrigation system.

You may have a little sticker shock at first when you see the cost of this type of service, but if you break it down you may actually be paying the same or less by getting a "one stop shop."

Whether or not you choose a contractor that can do all of the above or not, there are a few other things to be cautious of. Some fertilization companies often have a routine regimen of treatment for various types of grasses. They often times will fill up the tanks on the truck in the morning with the same products and treat indiscriminately no matter if there is a pest or fungus problem or not.

This is particularly bad for a few reasons:

1. Remember the biggest enemy for those of you with St. Augustine grass is the Chinch Bug. These insects have developed a resistance to every major chemical class on the market so if the fertilizer/pest control company uses the same concoction every time you may or may not be getting the pesticide rotation needed to combat these insects.
2. There are beneficial insects and fungi out in the landscape that help plant material ward off insects and fix nutrients in the ground. If you are treating aimlessly, you may be killing off those that can help you.

3. These types of treatments are bad because they do not follow "Best Management Practices" or "BMPs." In a nutshell, BMPs are basically treating the pest only when there is an insect population that warrants treatment or if pest/disease

problems show a need for treatment.

Something else to think about is the type of fertilizer you are paying for. First, make sure the contractor is applying fertilizer in accordance with the Marion County's latest regulations. Second, make sure the contractor is applying a slow release-granular fertilizer at each application in lieu of fast release granular fertilizers or liquid fertilizers.

There are many contractors out there that try to apply liquid fertilizers as the sole fertilization method and have trouble getting the same results; liquid fertilizers should only be used as a supplement.

There are pro's and con's to each application. Slow release-granular fertilizers break down much slower so they last longer; this is a positive and negative. It takes longer to act on the grass but it hangs around longer. Liquid fertilizers and fast release fertilizers act fast since they are in an absorbable form but with Florida's sandy soils they leach much faster and wind up costing you more, not to mention potential ground water contamination.

Make sure your contractor will check your irrigation system to make sure it is functioning properly; this should be standard in landscape maintenance contracts and unfortunately, it is not. They should be checking for coverage, making sure your rain sensor functions properly, checking for broken or leaking heads or areas that may not need as much water if there are heavy soils in the area. There is a potential for savings with having a contractor check your irrigation system on a routine basis.

Make sure you get what you pay for with mowing. Many contractors will have you sign a one-year agreement to guarantee work; use this for your protection, get what you pay for. Have them agree on terms of when and how often they will be mowing, how many cuts do they intend on doing in the growing season and in the non-growing season. If they are not cutting the grass they should be stopping by and checking out the irrigation system, pulling weeds, trimming or something... make sure you are getting your monies worth.

If there is a freeze warning in effect, remember to shut down your irrigation timers. If temperatures are going to be in the 20s, it may be a good idea to cover your irrigation back flow and pipes with a heavy blanket; this may help to keep the pipes from freezing causing damage.

I hope this helps and have a great New Year.

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Photo by Bob Woods

**Presenting the stuffed animals are Peggy Delfraisse LAFRA member, James Delfraisse, Treasurer of FRA Branch 186, representing the sub-division office and accepting the animals is Sgt. Grady Grimes, Bob Woods, President FRA Branch 186 and Bev Woods, Secretary/Treasurer, LAFRA Unit 186.**

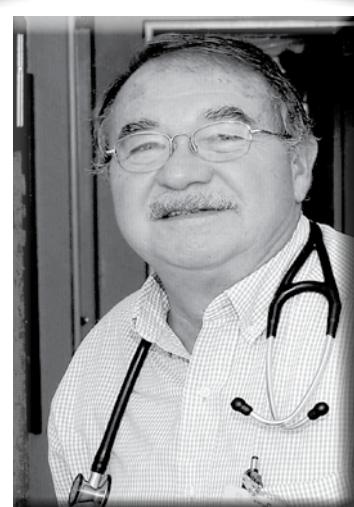
## Stuffed Animal Donation

By BOB WOODS  
WORLD NEWS WRITER

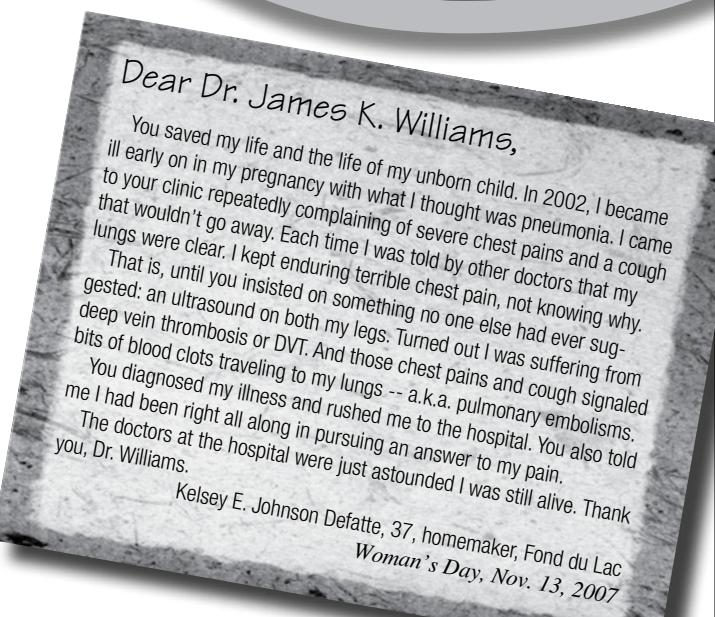
or accidents and when there are young children involved. The animals are given to children by the responding deputy to help in a trauma situation.

Marion County Sheriff's office reportedly goes through approximately 3,000 stuffed animals and dolls per year.

## Please Join Us in Welcoming Dr. James K. Williams to Prompt Primary Care of Ocala

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Dear Dr. James K. Williams,

You saved my life and the life of my unborn child. In 2002, I became ill early on in my pregnancy with what I thought was pneumonia. I came to your clinic repeatedly complaining of severe chest pains and a cough that wouldn't go away. Each time I was told by other doctors that my lungs were clear. I kept enduring terrible chest pain, not knowing why. That is, until you insisted on something no one else had ever suggested: an ultrasound on both my legs. Turned out I was suffering from deep vein thrombosis or DVT. And those chest pains and cough signaled bits of blood clots traveling to my lungs -- a.k.a., pulmonary embolisms. You diagnosed my illness and rushed me to the hospital. You also told me I had been right all along in pursuing an answer to my pain. The doctors at the hospital were just astounded I was still alive. Thank you, Dr. Williams.

Kelsey E. Johnson Defatte, 37, homemaker, Fond du Lac Woman's Day, Nov. 13, 2007

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# Events February

To be listed, call Sid at 861-8775

Only paid activities requiring tickets or On Top of the World special events will be accepted.

## Feb. 6

Show: The New Pretenders  
7:30 p.m./ H&R 873-0753

## Feb. 7

Show: The New Pretenders  
7:30 p.m./ H&R 873-0753

Show: Gary Puckett  
7p.m./CSCC 854-3670

Play: "Waist Watchers"  
Tampa Bay Performing Arts Center  
854-0712

## Feb. 8

Movie: "Fireproof"  
6 p.m./ H&R 873-7507

## Feb. 10

Trip: Casino Trip  
Tampa 854-8707 x10

## Feb. 14

Show: The Vogues (Greatest Hits)  
7 p.m./ CSCC 854-3670

## Feb. 20

Show: Gary Lewis & The Playboys  
7 p.m./ CSCC 854-3670

## Feb. 24

Show: "Puttin on the Hits"  
Ruth Eckerd 861-9065

## Feb. 28

Dance: Lions Club Dinner Dance  
Holiday Inn Suites 489-1051

### Location Codes

AC	Arbor Club
BR	Ballroom
CC	Arbor Conference Center
CCC	Candler Community Center
CSCC	Circle Square Cultural Center
H&R	Health & Rec Bldg
ICC	Indigo Community Center
MR1	Meeting Room 1
MR3	Meeting Room 3



### Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. If residents would like to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.

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2/7 | RICK SPRINGFIELD



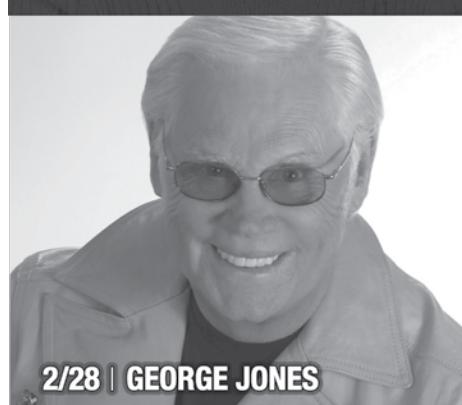
2/7 | EDDIE MONEY



2/14 | LUCKY SPENCER  
(SOAP STARS: HUNKS OF DAYTIME TV)



2/21 | MARK CHESNUTT



2/28 | GEORGE JONES



3/7 | KANSAS



3/14 | JOHN MICHAEL MONTGOMERY



3/28 | GLEN CAMPBELL

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## Community News & Update

By Kenneth Colen, Publisher

### Continued from Page 1

need to wait for FEMA to make revisions to Flood Zone Mapping. Homes built after 1983 and before August 2008, were built in accordance with the 1983 Historic Flood Zone Mapping.

In such cases, the resident may contact the Marion County Zoning Department at 438-2675 and request a determination that their parcel is within the 1983 Historic Flood Zone Maps. The zoning department may then issue a letter to the owner indicating the parcel designation is in accordance with the 1983 historic flood zone maps. In almost all cases in On Top of the World, that will be a Zone "X". Zone "X" is generally not considered prone to flooding (there are never any guarantees, ask Noah). With that letter, the owner may then obtain flood insurance through their carrier written on Zone "X," as a grandfa-

thered designation. The lender will accept these types of determinations. The cost for coverage in Zone "X" should be very, very reasonable. In any circumstance, you do not want a lender to force-place flood insurance on your home, it would be unnecessarily costly.

In those instances where an insurance carrier has requested an owner to provide a survey, the carrier may be seeking an actuarial determination. Based on grandfathering, this may not be necessary, but you would still need that determination from the Marion County Zoning department.

If you are having difficulty with your carrier, you may call Lynne Magel, the Florida coordinator for the National Flood Insurance Program. Her contact information is (813) 779-9642.

## Free Tax Preparation

United Way wants Marion County residents to know about money they may have coming to them. The Earned Income Tax Credit is special credit for workers to reduce their federal income tax that could lead to a larger refund.

In order to be eligible for the tax credit, residents have to meet the following criteria:

Filing a 2008 income tax return  
Single with one child and earned \$33,995 or less or single with two or more children and earned \$38,464 or less

Married with one child and earned \$36,995 or less or married with two or more children and earned \$41,646 or less

Single with no children and earned \$12,880 or less or married with no children and earned \$15,880 or less

AARP Tax Aide is offering free tax preparation, including free e-filing provided by IRS-certified Tax-Aide volunteers. Tax assistance is available in Marion County for all ages at no charge at some of the following locations beginning Feb. 1:

Marion Oaks Community Center  
294 Marion Oaks Lane  
Wednesdays  
9 a.m. to 1 p.m.

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## Winds of Windsor

Joyce Wood

Another year has just begun, and though you are reading this article in February, I'm typing it in early January and we still have our usual strong winds. Today, all the wind chimes and flags are making music. Are our strong winds related to our elevation here?

My thanks to Walter Lamp, for writing the last two articles and thanks to our neighbors for participating in our first (and hopefully annual) street luminary display in December. We welcome five new families to the Loop and there's talk of having a social soon to help everyone get acquainted.

The first gathering of the GLOWS, aka Glorious Ladies of Windsor, is planned for Wednesday, Jan. 21 at the Arbor Club. This is a ladies night out and Bunco is on the agenda. Sisca will tell us all about this evening when she writes the article for

the March issue.

Wow, what a schedule for Master the Possibilities, and there are more exercise classes appearing! Now that we have almost everyone's e-mail address, we have the ability to stay in touch on topics of interest.

The grapevine tells me that walking is a favorite past time of many, so there are several who know the hiking areas of the local parks very well.

On a personal note for those who don't know us, my husband, Peter and I moved here from the Orlando area near UCF where we lived for about 15 years. He retired from Siemens-Westinghouse almost eight years ago and I retired before that. We love traveling, gardening, reading, relaxing and learning Pattern Dancing.

Peter has been enjoying the art of Bonsai and wishes you to know about The Living Art of Bonsai Exhibit and classes sponsored by the Marion Bonsai Society and Master the Possibilities. It will be held at the Education Center from March 24 through 28. The exhibit and demos are free and anyone interested in the classes for a small fee can sign-up online or go directly to the office.

## Social Club

Mort Meretsky

Feb. 1 is Super Bowl Sunday. I hope you all contacted Marie to let her know you were coming. It's at the Health & Recreation Ballroom starting at 4 p.m. Hope to see you all there.

The cruise the club just had was a huge success. Everyone told Larry and Margaret what an enjoyable time they had. There were 88 people on the cruise and they had dinner together every night. Moe Weiner was chosen as assistant cruise director for the day. Because of the success of this trip, Larry and Margaret have scheduled two more trips. The first one is on the Freedom of the Seas in October 2009 and the second is on the Oasis in November 2010. You can make a \$50 payment now to hold a reservation.

Our next poker/blackjack day is on March 20 from 2 to 4 p.m. at the Arbor Conference Center.

See y'all at the Super Bowl.

## Avalon Social Group

Lorraine Rourke

We look forward to seeing everyone on Feb. 2 for our bring-a-dish. We have had some yummy dishes and great company. Everyone in the neighborhood has a great time visiting and chatting over the meal.

Mark your calendar for Feb. 2 at the Arbor Club; set-up is at 5 p.m. and start is at 5:30 p.m. with the serving starting by 5:45 p.m. Bring a dish to share: appetizer, meat, casserole, vegetable, pasta, fruit (no desserts), a non-alcoholic drink and serving utensil if your dish needs one. We provide the eating utensils and paper products.

This month is our ugly tie event, put a tie over your casual attire and lets see who can find the ugliest one to wear. Sandi will also be putting together a quick game to play after dinner. As for the white elephant gifts, we got a great laugh out of what was brought up. There will be a 50/50 raffle to raise funds for the paper products and room deposit.

Keep in mind, April will be our outdoor event with a fish fry for which we'll be selling tickets to cover the cost of the fish for those that want it...stay tuned.

For questions, call Lorraine at 390-2120.

## Singles Club

Lorraine Serwan

Welcome to February. There are lots of special days this month: Lincoln's birthday, Valentine's Day, Washington's birthday, the start of Lent and, of course, the Singles Club meeting on Feb. 12.

At our January meeting, we had a very informative talk on personal safety by Cindy Irving from the Marion County Sheriff's Department. She gave us lots of information on keeping safe and what to do if danger strikes.

Our February meeting will highlight a speaker from FTR Telephone Services for the hard of hearing. Our mid-month activity on Feb. 19 will be a tour of the Marion County courthouse. Call Lorraine at 854-1365 for more information.

Please join us on Feb. 12 at 2 p.m. at the Arbor Conference Center, Suites G and H for our monthly meeting.

## Friendship Social Club

Marilyn Nielsen

The club met at 2:30 p.m. for a pleasant social time while eating delicious assorted pound cakes that the refreshment committee served.

President, Eileen Utiss, called the meeting to order at 3 p.m. and after the pledge to our flag, the business was conducted. Announcements of other clubs were given, as well as flyers shown to help the Hoofin' It For Hospice walk.

Eileen briefed the group on finances and problems with the declining membership. She has worked faithfully and hard on programs and activities along with the board members to keep the club running smoothly.

For our entertainment, she had set up horse racing. It was well organized and fun with many members enjoying their winnings.

The Feb. 8 meeting will have the Cloggers entertain us.

The Friendship Social Club is open to all residents of On Top of the World. Hope to see lots of you there. .

### Stay Informed!

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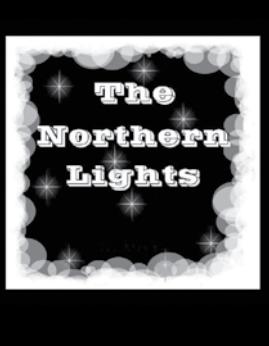
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## The Northern Lights

Gigi Petta



## Lions Club

Dianne Lovely

Now that the holiday season is over, the On Top of the World Lions Club is ready to get roaring into projects, which we are planning throughout the year.

A thanks goes out to several of the Lions Club men who put together 17 baskets of hams, turkeys, pies and all the fixings. These baskets went to families to have a wonderful holiday meal.

We would like to give a great big thank you to Walmart on State Road 200 for the turkeys, hams and pies. Also, we would like to thank Pete's Produce for donating fruit and vegetables for the baskets. We could not have done this without you.

As of right now, I do not know how much the dance tickets will be; it will be posted. I do know that there will be a three-piece live band, and the dance will be held at the Holiday Inn Suites behind Cracker Barrel on State Road 200.

The On Top of the World Lions Club has so much stuff that we need to have a storage unit. We are very grateful to Son Light Self Storage on 57th Avenue just off of 60th for allowing us usage of the unit.

We meet every second and fourth Tuesday of the month at Candler Hills Community Center at 8:30 a.m. If you would like to become a Lion, please call Marty Schley at 307-1286.

**March issue:  
Thursday, Feb. 26**

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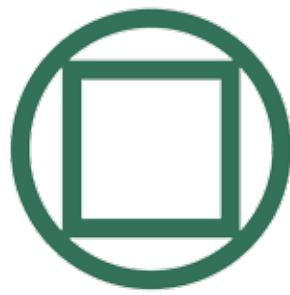
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January 31

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Norman Lee Schaffer  
Singing a variety of oldies  
Dance the night away!  
\$10 (Seating limited to 400)

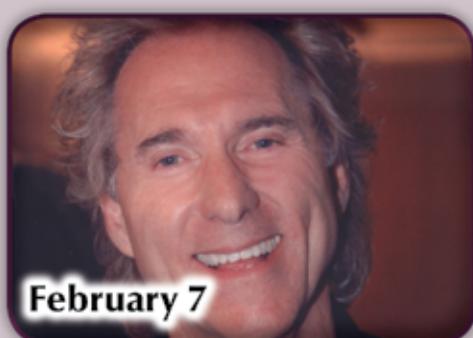


March 21

A Night of Broadway Stars -  
Singing popular Broadway hits!  
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April 23-25  
Arsenic & Old Lace  
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February 7

Gary Puckett -  
Greatest hit "Young Girl"  
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March 31

Rising Stars of Tampa Bay  
Opera - performances by  
5 opera apprentices  
Gold \$17 Silver \$16 Bronze \$15



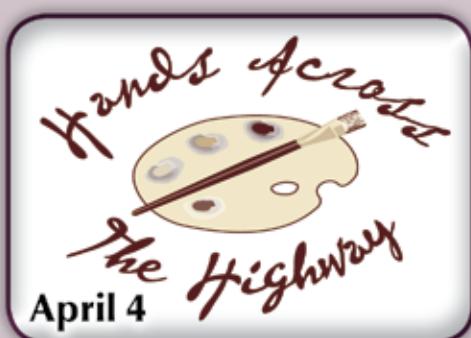
May 2

The Association -  
Greatest hit "Cherish"  
Gold \$17 Silver \$16 Bronze \$15



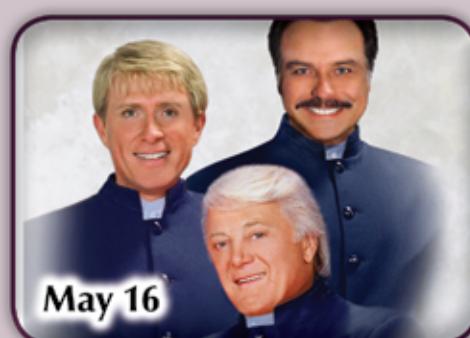
February 14

The Vogues - Greatest hit "Earth Angel"  
(Will You Be Mine)"  
Gold \$14 Silver \$13 Bronze \$12



April 4

Hands Across the Highway  
Art Exhibit  
10 am - 2 pm  
Open to the Public - FREE



May 16

The Lettermen -  
Greatest hit "Put Your  
Head on My Shoulder"  
Gold \$17 Silver \$16 Bronze \$15



February 20

Gary Lewis & The Playboys -  
Greatest hit "This Diamond Ring"  
Gold \$17 Silver \$16 Bronze \$15



April 18

Lovin' Spoonful -  
Greatest hit "You Didn't  
Have to be So Nice"  
Gold \$17 Silver \$16 Bronze \$15



May 22

Save the Last Dance with  
Margo & Rodeo Drive -  
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March 7

The Music of Frankie  
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including "Big Girls Don't Cry"  
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## Fitness Happenings

Cammy Dennis

### Commit to Get Fit!

We all ring in the New Year with eager commitments to get into shape or lose those extra pounds, but how many of us actually stick with our goals? If you are one of the many who are willing to "commit to get fit" in 2009, let Health & Recreation lead the way! Let's examine some of the reasons why people are unsuccessful with adhering to a new wellness plan:

1. Giving up too soon. We all have set backs when it comes to sticking to a new workout plan or changes in our diets. Don't be too hard on yourself, this is normal, but don't let it cause you to "throw in the towel" either. A solution for this is to do something active right away when you do have a set back. Activity will make you feel better physically and psychologically. I am a firm believer that positive feelings lead to positive behaviors. If you feel good about yourself, you will continue to make healthy choices regarding food and exercise.

2. Doing the same thing and expecting different results. Let me guess ... this is not the first time you've attempted to make a commitment to get healthy? Well, the solution here is to do something different! You need to change your approach. I suggest that you find a way to hold yourself accountable. Make a date with a friend to exercise, keep a food diary to track your nutritional choices, or make walking a daily activity.

3. Expecting immediate weight loss. Don't become obsessed with the scale. Instead, focus on the immediate benefits of exercise. From the first day that you start exercising there is much to celebrate! You will feel better, you will sleep better and you can reduce your stress. If you venture into one of our exercise classes, you just might catch yourself laughing and having fun! All of these are immediate benefits of exercise, keep your focus here and you are much more likely to stay on track.

4. Unrealistic expectations. You need to set realistic goals for yourself, especially when it comes to weight loss. A healthy, realistic weight loss goal is about one to

### HEALTH AND RECREATION CENTER GROUP EXERCISE SCHEDULE

EFFECTIVE FEBRUARY 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycise
8:00-8:50 Aerobics Room	Cardio Mix Rebekah	Condition & Stretch Cammy	Cardio-Kick & Tone Susan	Condition & Stretch Cammy	Cardio Mix Kitti	20 Min.
9:00-9:50 Aerobics Room	Primary Pilates Mary Pat	Tai Qi Po* Frank	Pilates Pot Potpourri Mary Pat	Tai Qi Po* Frank	Precision Pilates Kitti	Sunday
9:30				Sholom Park Walk		
10:00-10:30 Aerobics Room	Balanced Body Mary Pat	Absolutely Abs Mary Pat	Balanced Body Mary Pat	Absolutely Abs Therese	Balanced Body Mary Pat	12:15
10:30-11:15 H&R Ballroom	Cardio Jam Kitti	Healthy Living Seminar Feb 3rd! 10:30 H&R	Cardio Jam Kitti	S.O.S - "Serious on Kitti Strength"		
10:45-11:30 Aerobics Room	Light Aerobics Susan		Light Aerobics Susan		Light Aerobics Susan	
12:00 Fitness Center		Fitness Center Orientation				
12:15 Aerobics Rm.	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	
1:00-2:00 Aerobics Room	<b>NEW!!!</b> ZUMBA! Traci	<b>NEW!!!</b> ZUMBA! Traci				
3:00-4:00 Aerobics Room	All Ball Susan		All Ball Susan			

\* Denotes a Fee Based Class

two pounds per week. It is proven that when you lose weight at this rate of one to two pounds per week, you are more likely to keep it off permanently. Studies prove that over 90% of people who lose weight by dieting alone are bound to gain it back. A combination of sound nutrition and exercise is the best way to lose weight and keep it off.

5. Having the wrong attitude. Exercise should be a reward not a punishment! I am often asked, "What is the best exercise to lose weight?" and my answer is, "The one you like the best!" When you enjoy something you are more likely to stick with it, do it more frequently and work harder at it! All of these are important factors in a fitness program. As active aging adults, we need 30-60 minutes of moderate physical activity most days of the week. This recommendation comes from the surgeon general of the United States. If you're going to do something "most days," find enjoyment in it!

There are so many choices of activities and support for you here at Health & Recreation...come and discover what motivates you to move!

### Stay Informed!

[www.ontopoftheworldinfo.com/stayinformed](http://www.ontopoftheworldinfo.com/stayinformed)

## One Child At A Time

By BETTY THAYER

Many of us know the story of the boy and the starfish. Where after a very bad storm, the boy walks along the beach throwing starfish back into the sea. His friend admonishes him that there are too many starfish to be rescued, and the beach is so long, that he will never make a difference. But the boy answers, as he flings another one to safety, "It made a difference to that one."

Please join us on March 15 at 3 p.m. in the Health & Recreation Ballroom as we make a difference in a child's life.

We'll be hosting an afternoon of wonderful entertainment featuring some of the best of On Top of the World performers. Featured will be: The Theater Group, Concert Chorus, Sentimentals, D'Clowns and Funtime Cloggers. With special performances by: Dave Guildford, Jean Pigott, Carol Slim and Bob O'Neal.

Admission is Free but donations will be accepted in support of Covenant Children's Home.

Covenant Children's Home when completed, will provide a safe haven for children who are orphaned, abandoned or abused by providing a family atmosphere. Covenant Children's Home is committed to transforming lives, one child at a time.

So, join us on March 15 as we try to make a difference, with your help, one child (starfish) at a time.

If there are any questions, please contact any of the following committee members: Vee Firkins 237-0791, Shirley Schopf 854-0975, Bob O'Neal 861-2861 or Betty Thayer 854-8462.



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## Nature Around Us

Doris Mauricio

As I am writing, we are waiting for our first killing frost of the season. January and February can go from warm, to cold,

to windy, to rainy. We often have bitter cold mornings that warm up nicely during the day. The lawns in many open areas have turned brown. When the temperature dips into the 20s, tropical plants should be covered or brought in to protect them from perishing. Semi-tropical plants that freeze to the ground will start to re-grow in a couple of months. Keep your plants watered during these cold spells so they do not become dehydrated. Deep watering prior to a freeze will help prevent dehydration and damage. It is very important that you resist the temptation to prune, as this will trigger new tender growth. We can still have freezes right into the middle of March. You will be wise to wait until March to clean up the mess that Jack Frost left.

Azalea show time started a little early this year because our winter has been so mild. It has been a real treat seeing their beautiful blooms throughout On Top of the World. Do not prune your azaleas until they have completed their blooming cycle because the springtime buds were set last summer. Also, do not fertilize the Aza-

leas until after they are through blooming. We do fertilize Camellias and other woody shrubs and trees. If the shrub or tree is well established and surrounded by turf that is fertilized in March, it does not need a feeding. The nutrients given to the turf will also feed the shrub or tree.

February is an excellent month to add a Camellia to your landscape. Plant your new Camellia in a partially shaded area. Leaf spots are very common on camellias and will be less prevalent with good air circulation around the shrubs. Because Camellias prefer an acidic soil, you should apply an acidic fertilizer three or four times throughout the year.

Most of the camellia shrubs seen throughout On Top of the World are Camellia japonica. These tall stately shrubs are considered the "Aristocrat of the South." Camellia sasanqua has grown more popular in the last few years because it stays relatively small (two to four feet) and tolerates more sun. The flowers on Camellia japonica can be 4 to 6 inches in diameter while the flowers on Camellia sasanqua are 2 to 3 inches.

This month, Master Gardeners will present "Preparing Your Spring Vegetable Garden" at Freedom Library on Feb. 21, and "Growing Azaleas" at Dunnellon Library on Feb. 17. The Master Gardener Spring Festival will take place March 14 and 15. This is an annual event sponsored by Marion County Master Gardeners presenting perennials, annuals, trees, roses, etc. from surrounding Florida nurseries, Marion County Rose Society, Marion Bonsai Society, etc. Food will be available and youth groups to help carry your purchases to your cars.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns. Happy gardening!

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Photo by Doris Mauricio

Azalea at Kanapaha Gardens in Gainesville.

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## Birders' Beat

Jane Callender

The Unique Birders meeting will be Tuesday, Feb. 17, at 1:30 p.m. in Suite H of the Arbor Conference Center. This will be our yearly planning meeting. Please come with ideas of what you would like to learn about birds and birding. For further information, please call Roberta Campbell at 854-4814 or myself at 861-2983.

The Jan. 2 part of the "Christmas bird count" tallied 114 species of birds and approximately 12,300 individual birds! A complete report of the Dec. 15 Sunnyhill area and S.W. Marion County "counts"

was presented at the Jan. 20 meeting.

An article in the local newspaper prompted two of us to go to Paynes Prairie State Park to see the thousands of Sandhill Cranes. A remarkable sight! We also saw the two white "resident" Whooping Cranes, ducks, gallinules, numerous smaller birds, turtles and alligators (including a huge one). A worthwhile trip; the cranes are expected to be there until sometime in February. Information and a map to find the cranes may be picked up at the Visitor Center on Highway 441 (near Micanopy) or call 352-466-4100 for more information.

One of Florida's interesting birds is the Anhinga. This picture of an Anhinga drying its wings was taken in October by Lynne Callender Murray at Boyd Hill Nature Preserve in St. Petersburg, FL. Their feather structure is designed to become waterlogged, so they can dive and move easily underwater. Anhingas must spread their wings to dry when they emerge. They skewer their fish prey with sharp, needle-like bills. The primary nesting season is March to June when three to six bluish-white eggs are laid in the company of other nesting Anhingas, herons or ibises. Equally at home in water and air, the Anhinga is extremely strong. This graceful bird is often seen soaring vulture-like high over lakes and swamps. The very long neck and turkey-like tail distinguish this bird in flight.



Photo by Lynne Callender Murray

Anhinga drying its wings at Boyd Hill Nature Preserve in St. Petersburg, FL.



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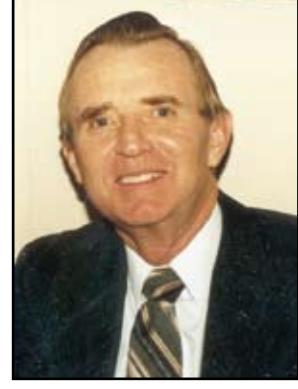
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Photo by Ron Broman

**Deer Moss on our Longleaf Pine trail.****Native Plant Club**  
Ron Broman

Successful! What comes to mind when you hear the word, successful?

We all have talents, some more than others perhaps, but we all are born with abilities that can be developed and shared. But how about the "lowly lichen?"

Our Longleaf Pine trail boasts at least two species of lichen. They are in the family Cladonia. The one called Deer Moss, Cladonia evansii, pictured here, calls sandhills and scrub home.

The presence of lichens lets us know that the air quality does not contain an over abundance of toxic airborne minerals (pollution). You might say, if you've a mind to, that the lichen is like un-to-the canary in the mine - a first responder when there's "trouble in River City." The response, however, is rather final. That's one in the unsuccessful column.

On the plus side, environmental studies show that lichens are accurate indicators of old growth forests: the greater variety of lichens, the older the woodland. That must mean some have been with us for a long time!

Lichens are munched upon by small mammals and, as the name Deer Moss suggests, by white-tailed deer. This could be a plus and a minus.

Now just what are some of the abilities possessed by the lichen?

Lichenologist, Trevor Goward, is quoted as saying: "Lichens are fungi that have discovered agriculture."

Perhaps, the lichen and we humans have something in common (but then I'm getting the algae before the fungus).



**World News Deadline for March issue:**  
Noon, February 13, 2009

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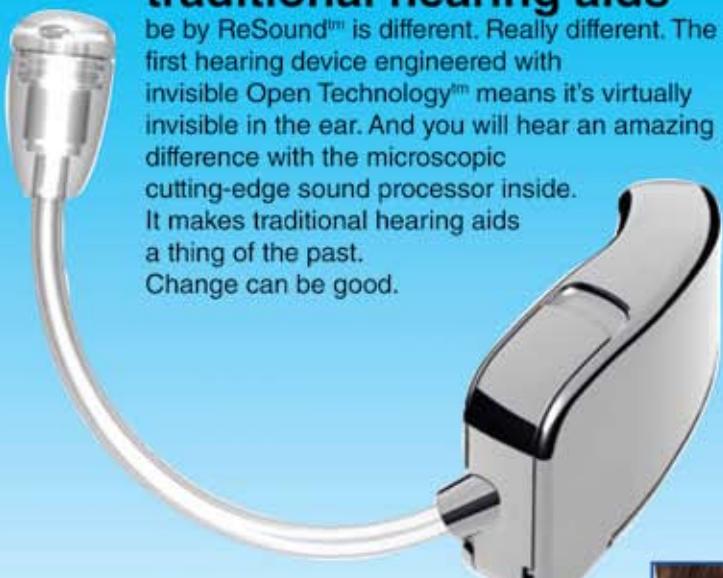
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## New York/ New Jersey

Terry Zarrella

Another year has started and all the board members hope you all had a wonderful holiday visiting and seeing friends and family and enjoying yourselves. We wish you a healthy, happy new year.

We closed last year's club meeting with our Christmas party, which was held up at the Arbor Club. The food was exceptionally good and we had our usual visit with Santa (Frank Palotta) and many gifts for some of our luckier guests. Fay and Ray once again rounded out the day by playing some of our favorite tunes.

January's meeting will feature a duo jazz ensemble featuring Jerry and Frank. I will write more about it in next month's issue of this paper.



## Southern Club

Charlotte Hancock

### Congratulations

Anniversaries • Birthdays



Bill and Mar Iredale  
60th Anniversary

Everyone from the Southern Club was excited to be back after the Christmas and New Year's festivities. All the children have gone home and back to school. Grandma and Grandpa have their house back in order and are ready to start On Top of the World activities again.

The Southern Club's buffet table is a delight each month. So many new salads and casseroles in front of us - come on ladies and share those recipes. Let's not forget the dessert table, it is always filled with cakes, pies and bread pudding.

We are proud to have Dorothy Fitzgerald, Linda Byrd, Jack and Jerry Martin, and Edith Bissell as new members of our club.

Our visitors this month were Dolly and Bill Hummel; Patty and Howard Kirschner; Fred and Cherry Jones; Paul Wellink; Jane Cellon; Homer Odom; and Ruth Hughes.

Craig Konicek played the trumpet while his wife, Jacklyn, sang. Their music was inspirational to all us.

The club will meet again on Feb. 5 in the Health & Recreation Ballroom. Dinner starts at 5:30 p.m. Our entertainment will be the "Goodtime Cloggers." Club members invite your neighbors and friends to come and see them perform at 6:30 p.m. There will be no charge but donations will be accepted.



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Photo by Ray Utiss

### Toys donated to the Salvation Army by members of the Pennsylvania Club.



### Pennsylvania Club

Pat Utiss

At the January meeting of the Pennsylvania Club, the entertainment was a "Game Show." While the game did not proceed exactly as planned, there was a lot of laughter and I think all the participants had a good time. Several members won Hershey candy bars and the planned big prizes were given out as door prizes.

As I write this in mid-January, the winners of the AFC and NFC football conference have not been determined, but we in the Pennsylvania Club are hoping for an all Pennsylvania Super Bowl. By the time the next paper is published, the Super Bowl will not have been held, but we will know if there are two Pennsylvania opponents.

The next Pennsylvania Club meeting will be held Feb. 11 at 3 p.m. in Suite E of the Arbor Conference Center. The meeting starts at 3 p.m., but come early for refreshments and fellowship. The On Top of the World Cloggers will provide our entertainment.

### Italian American Club

Jerome Cauda

The New Year started for the club with our meeting on Jan. 7. It was well attended; as many of the members renewed old friendships and exchanged happenings from the holidays.

The club was presented with a partial schedule of activities for next year. One of the changes that will take place is the move of our meetings from the Health & Recreation Ballroom to the Arbor Conference Center in Suites E and F. Times will remain the same but the day of the week will change; a complete schedule will be available at the next meeting.

Pat Gabriel of the 200 Corridor Coalition presented plans for the corridor. It was an interesting outlook into what can be expected in the next few years. Presented were some of the changes in land use that have been approved. What businesses are opening, some that are closing, plus some that have been delayed or subject to a change of plans. This future look was well received by the membership.

Dues for 2009 are due by March 1. The next meeting is scheduled for Feb. 4 at 3 p.m.; refreshments at 2:30 p.m. at the Arbor Conference Center in Suites E and F (new location). Ann has an interesting afternoon planned: "Horse Racing."

A board meeting is scheduled for the fourth Wednesday of the month at the Arbor Conference Center in Suite H at 1 p.m.

Due to the unfortunate cancellation of Rabbi Beryl, we had a party day. Members were able to intermingle or play games. Delicious refreshments were served and everyone enjoyed the opportunity to socialize and play at the same time. Rabbi Beryl may be available for our April meeting.

Lunch bunch for January was held at the Uptown Grill in Ocala. On Feb. 18, we are combining the lunch bunch with a trip to the Butterfly Museum in Gainesville. For those who have not been to this museum, it is something that should not be missed. There will be a sign-up sheet at the February meeting.

On March 10, a day trip to Tarpon Springs is planned. The bus will leave at 9 a.m. and return at 4:30 p.m. Flyers will be available at the February meeting together with a sign-up sheet for those interested.

On April 23, a morning tour to Marion County Work Farm; there is no cost for this excursion. Lunch location will be announced at a later date.

On May 27, we will be touring the Golden Flakes Potato Chip plant. Again, there is no cost. The tour starts at 10 a.m. It is a 45-minute walking tour of the factory. There should be lots of goodies. The lunch bunch that day will be at Flipside Cafe located on SE 200.

The St. Augustine trip has been postponed to a later date.

We know you are all looking forward to our annual paid-up membership Lox & Bagel Lunch. It is scheduled at our Feb. 15 monthly meeting.

Please don't forget that if you need a card sent for any occasion, Dorothy Bresky can be reached at 854-0284.

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## Irish American Club Bob O'Neal

With just a month into 2009, I wish you, on behalf (and for) our 276 members, a belated Sona Nua Blian; or, if you prefer, a happy New Year. I wonder how many Irish partygoers on New Year's Eve yelled out "Sona Nua Bilian" when the shamrock dropped from the ceiling at the stroke of midnight? Probably more shouted out slainte (salanja) or "good health" as they toasted in the New Year.

Our first meeting of the New Year will be on Thursday, March 12 and this will be the last Thursday meeting of the year. In May, October and December, our dinners will be on Saturday evenings.

March 12, of course, is our club's annual celebration of the life of St. Patrick; although March 17, 493 is actually the date of his death. No one celebrates St. Patrick's Day quite like the Irish and their

friends but it's basically an American tradition. In Ireland, there's a little bit of the party but mostly it's a day for church going.

There are many stories that have come down through the centuries about St. Patrick and his conversion of the pagan Irish to Christianity, but one in particular stands out as a classic. As he moved around the country converting and building churches, he was clever enough to build his principal churches on sites that reflected his knowledge of the political complexities of the land, for he located them in the territories of strong kings and princes. One such king was Aongus. It was at royal Cashel, sometime in the 480s that King Aongus was received into the faith. At the baptism of Aongus, Patrick, striking the ground with his pointed staff, accidentally drove it through the foot of the King. Uncomplaining, Aongus suffered through the rite. When the apologetic saint asked why he had not called out, Aongus replied, "I thought it was part of the ceremony." Or so the story goes.

There's a lot of tradition that our club has initiated and continued over the years and the March 12 meeting will be no exception. It's a time of singing, dancing, piping and eating with a few bits of Irish humor thrown in. It will also be membership renewal time (or for new members to join). Mark this on your calendar: ticket sales for members will be on Monday, March 2 starting at 8:30 a.m. A second day of sales (if any tickets remain) for non-members will be on the following Wednesday.

If I don't see you until then, may joy and peace surround you, contentment latch your door and happiness be with you now and bless you ever more.

a.m. until Feb. 23. For more information, contact Nancy (873-4315) or Sharon (854-5155).

Food for the fashion show will be provided by Sonny's Catering and includes: BBQ chicken, sliced beef, pulled pork, macaroni and cheese, coleslaw, green beans, bread & butter, homemade fruit cobbler and an assortment of drinks. A basket raffle will be held during the fashion show, too. Members of WOW are donating the baskets with various themes for the charity.

February is heart month. Special programs abound related to a healthy heart. One such program pairs Campbell's soup with Women in Red. More information on this program is available through the Campbell's website. WOW members are encouraged to wear red to the next meeting on Feb. 6 to help raise awareness.

Our organization continues its Operation Shoebox project. Lists of possible donations are atop the raspberry containers located at the Health & Recreation information desk and at the Arbor Club office. (Please do not mistake these containers for trash receptacles!)

Word has spread about another project WOW is involved with for Operation Shoebox. Women in Ohio, New York, Colorado and various parts of Florida are knitting and crocheting helmet liners for our troops. WOW has delivered several carloads of donations to Belleview and would like to do more...with your help! Check out the raspberry containers or the Operation Shoebox website to see why we are so willing to take on this work.

For an informative and fun afternoon, join us at next month's meeting on Friday, Feb. 6 at 1 p.m. in the Arbor Conference Center.

for this celebration.

Don't forget our day trip to Winter Park on March 17. We will take a guided tour of the Morse Museum of American Art, which is home to the most comprehensive collection of works by the artist Louis Comfort Tiffany. Call Inge Gaitch at 237-7428 for additional details.

Please come to our meetings on the second Tuesday of the month at the Arbor Conference Center, Suites E and F at 6:30 p.m. and bring your friends to learn what is planned for the rest of the year.

**Emergency  
After-Hours  
Phone Number**

236-OTOW (236-6869)



## German American Club Judy Dunn

As this article goes to press we have not had our January meeting but plans were to have Gerhard Wicky speak about Northeast Germany, followed by coffee and cake.

Final plans are in the works for a Fasching potluck party in February. We will be inviting other German clubs to join us

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Heffner, Dolores Stadtmauer and Shelly Cleaver. May this New Year find you all in good health. QM Janet Fragapane

### The Glitz Gals

We celebrated our fourth anniversary with a luncheon at Scrambles restaurant. Vice Queens, Dottie Hinde and Bea Maxwell, were our hostesses.



## Red Hat Society Vivian Brown

As we bid the holidays goodbye, we start preparing for our annual PJ party, which will be held Sunday, Feb. 15, from 5 to 9 p.m. For more details, contact your Queen Mother. There are some new rules for the Red Hat Chapters, please check these out; it is important. Until next month, "happy hatting" and God bless!

### The Razzle Dazzle Red Hat Dames

We are planning to go to Lorenzo's for our January luncheon. Our hostess for the month is Celia Miller. Later we will try our luck on computer slot machine. It's our first try at this, should be fun. Next month Betty Broman will be our hostess. Stay well and God bless. QM Vivian Brown

### The Cool Cats in Red Hats

Our holiday party was held this year at Ipanema's Brazilian Steak House. What a wonderful time we had. The food was great and the company was lots of fun. Our cats picked the month they would host for the year 2009 and with the ideas I heard, it sounded like we will have another fun filled year. Each year, instead of gifts to ourselves, we give to a need. This year, after twice being at the Central Florida Community College gardens, we chose to give our gift to the students taking the garden courses.

Alice Stewart is our new Vice Queen. Missing from our party but not our hearts and prayers were Midge Dinsbler, Muriel

## Caribbean Club Luz Leon

Our December activity was our Christmas party. We put away our cards, dominoes, horse races, etc. and brought in the food. The menu included typical Caribbean foods of rice, beans, chicken and, of course, pork, sweet potatoes and more. Then we topped it off with our typical desserts, which are too good to mention. So much food and so delicious that it just wouldn't last the night through.

Then came the time to work it off as we danced and sang typical Christmas carols. The voices joined together as they harmonized and provided the sweet sounds of the Christmas season. It was an enjoyable and fun night.

When we were finished, we had but one more thing to do and that was to wish each and everyone a merry Christmas and a happy New Year.

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Saturday, February 14 at 7:30 p.m.

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Bill Stalnaker, Owner of Ocala Lincoln Mercury

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## K-9 Club

Bobbi Lipka

The On Top of the World K-9 club had a very informative and enjoyable meeting with representatives of the SPCA in January. Melanie Vittitow and Jody Szymanski spoke to the assembled members about the various programs of the SPCA. The two groups are working together on locating owners of lost dogs, and placing dogs, which are up for adoption.

We're trying to find a 200-corridor location that the Marion Animal Control Neuter Commuter bus can visit. The bus provides low cost neuter/spay procedures, and also does rabies vaccines and licenses. Last year, they parked at Friendship plaza and had their most successful "on location" clinic ever. However, someone complained about the bus being there, so we can't go back again. We hope to be able to bring this important service to the community this spring.

In February, we will forgo our regular meeting as it conflicts with Super Bowl. Instead, we will travel to the Marion County Sheriff's K-9 facility to observe their training exercises. The date is Tuesday, Feb. 17 at 2 p.m. We will be carpooling, so anyone interested in attending should call Bobbi Lipka at 237-1245.

We will have our usual March meeting on the first Sunday of the month at 7 p.m. in Suite G of the Arbor Conference Center. Please join us!

## Chapter By Chapter

John & Connie Walters

Connie will not be continuing Praise Break for the year 2009. However, John and Connie will be starting a weekly Bible study beginning on Thursday, Jan. 8 and every week thereafter. The name of the Bible study is Chapter By Chapter. The Bible study will be held in the Indigo East Community Center each Thursday from 10:30 to 11:30 a.m. All On Top Of The World residents are welcome and invited. To get to the Indigo East Community Center use the 80th Avenue entrance to Indigo East via 84th Street. 84th Street ends at the Indigo east Community Center parking lot.

Please note that we have changed to weekly instead of monthly and that it is on Thursday instead of Tuesday. If you need further information, please give us a call at 873-7198.

**March issue:** Thursday, Feb. 26

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**SPCA**  
Melanie Vittitow

I hope you were able to attend our meeting on Jan. 15 to learn about the Marion County Animal Center. We also put together a list of those people who want to go on our trip next month to the Florida Horse Protection Association. If you haven't signed up but wish to go, please call Genevieve at 237-1322. The trip will be at our regular meeting time on Feb. 19. We will carpool, so we need to know how many have to drive. We should return around 4 p.m.

I am happy to report that the dog I mentioned last month has found a home. We were also able to place another dog this month. This one was a little Chihuahua that found a new home with some new residents here in On Top of the World. We were able to accept this animal because of a person who volunteered to be a foster parent. He only had her a few days but without his help, we would not have been able to help this little dog.

You can also make a difference in a pet's life if you can open your home to an animal for a short while. If you can't foster a pet but want to help, you can add

your name to our list and help spread the word when we have news of a lost or found pet. You don't even have to be a member, just a concerned animal lover. Please think about it.

My pet care topic this month concerns submissive urination. Are you greeted at the door by an overly enthusiastic canine friend who piddles on the floor and may even lie down and pee on itself? You need to understand that this is an instinctive behavior displaying ultimate submission. He or she is saying, "You are my master and can do anything to me that you want." The problem only gets worse when humans react in a domineering way (either by scolding or trying to console the dog). The best reaction is none at all! But you still want to get rid of this offensive behavior. So pick a day when you have time to leave and return at different lengths of time. Pay little or no attention to the dog either time. With some dogs, that's all it takes. With others you may need to divert its attention. If you see the dog coming towards you in a submissive way, toss a toy or treat to the side. While the dog is eating or getting the toy, you can then verbally praise it for being good (still no touching), reinforcing the substituted behavior. The dog's attitude is then diverted from submission to anticipation. After several repetitions, the toy or treat should only be offered occasionally.

Rewards at unspecified intervals are the best form of anticipatory training. (That's one reason we humans get hooked on gambling!) Teaching your pet some tricks (jobs) and obedience training will also reinforce your dog's self-confidence and make him less needy of your praise and constant attention. Try it, it can't hurt!

To get information about the SPCA or if you need our assistance, call Jodi at 861-9765, Jeanne at 873-2354 or Melanie at 873-8690. We meet on the third Thursday of the month at 1 p.m. at the Arbor Conference Center, Suite H.



**Bloodmobile**  
Don Pixley

The blood supply is so short a widespread phone campaign was recently used to try and urge citizens to participate in blood drives.

It remains a mystery why so much of the general public does not respond. A regular donor gives up about six hours a year to help fellow citizens recover from serious illness and/or accidents. Where else can so much self-satisfaction be realized by this simple procedure that benefits others.

We are very appreciative of our regulars but we need "new" donors on a regular basis to maintain vital inventories of human blood. We can only plead with all who can give to please show up at the Health & Recreation parking lot on Feb. 2 between 7:30 a.m. and 2:30 p.m.

The next visit of the bus to the Candler Hills Community Center will be Monday, March 2 from 9 a.m. to 1 p.m. The Florida Blood Centers has provided the two locations in On Top of the World as a convenience for all.

Who knows when a family member or their loved ones may need a vital blood transfusion? We are the sole suppliers of Marion County hospitals and you are needed!



**View from the Library**  
Doris Knight

I have just finished reading "Midnight in Ruby Bayou" by Elizabeth Lowell, who is described as "the author of historical and contemporary novels." This book best qualifies as a mystery with some international aspects.

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The book begins in Seattle with a jewelry designer, Faith Donovan, but then switches very quickly to St. Petersburg, Russia. There we meet a very unpleasant character, Ivan Ivanovich, a jewel thief in search of a huge ruby just stolen from the Hermitage Museum. If he does not recover the ruby, he could expect to be killed by another member of the Russian Mafia, who will want to get the jewel from him - although he does not have it. He must find it and return it to the collection. A source tells him that it has been sent to Faith Donovan in Seattle.

The plot is established. What will happen next? The author now spends chapters developing a love affair between Faith Donovan and Owen Walker, who works as an investigator for Faith's brother's business. We learn that she does have the ruby and is engaged in designing a setting magnificent enough to show it off properly. But of course, she believes that it came from the father of a friend who has asked her to make it into a necklace for his daughter. She has no idea of its origin, although she is well aware of its value.

For some time, the action of the book is locked into events in Seattle, then moves to Savannah, where Walker, sent along to guard Faith, becomes aware of what a rough game they have gotten into after an innocent woman, who was mistaken for Faith, is murdered in a very nasty and lengthy way.

But the romance develops and the mystery continues until both Faith and Walker arrive on Hilton Head Island, where her friend lives. From this point until the conclusion, the plot is gripping and fast moving.

Ms. Lowell's description of the scene in the bayou and the hound Boomer, who has an amusing presence in the story, helps to make me feel that my time has not been totally wasted with the book. You may decide whether you wish to take a chance with it and learn what actually did happen.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



**Republican Club**  
Tony Tortora

The Republican Club meets every second Friday at 7 p.m. in the Arbor Center Conference. Programming usually features a local elected official with updates on pending community affairs.

Our guest speaker on Jan. 9 was newly elected County Commissioner, Mike Amsden. He thanked the club members for their support and for giving him an opportunity to serve. He spoke about the current issues before the commission and how they are being handled.

Also speaking was Ruth Goldstine, On Top of the World representative for Hospice of Marion County. She presented some of the facts on the work Hospice does in the community. She also presented the details for "Hoofin' It For Hospice," a two-mile charity walk, on Saturday, Feb. 28 at 8 a.m. You can help to sponsor a walker by calling Ruth at 854-1128.

State GOP Chairman, Jim Greer, was re-elected for another term. Despite some really harsh campaign e-mails and news releases, Jim won by over 75% of the vote of the State Council members.

Come to the February meeting and learn about Operation Shoebox from Mary Harper. Personal toiletries will be a welcome donation.

In March, we will have the annual Jim Yancey Pizza Party. Tickets will be on sale at the February meeting for \$7 per person. The April meeting will be cancelled and May is still in planning. In June, we will hear from the president of the SR 200 Coalition, Pat Gabriel.

A cookout is planned for July; details to be published at a later date.

As you can see, programming for our meetings is an on going project. Your attendance is welcome and encouraged.

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## Kitti's Corner

Kitti Surrette

### Top 10 Ways To Be Healthy

1. Get your heart rate up four to five times a week for 30 to 45 minutes. You can go walking or use an exercise bike or the pools at On Top of the World. Regularly training your heart is the foundation of a healthy lifestyle.

2. Strength train two or three times per week. Do eight to 10 exercises with strength machines, bands, or hand weights and do each exercise for fifteen reps. Strength training helps to slow the loss of muscle tissue as you age (or as I always say get younger).

3. Train your balance at least four days per week. You can do about five balance exercises for one minute each. Training your balance can help prevent falls.

4. Stretch at least four days per week for five to ten minutes. Stretch all your major muscles and hold each stretch for at least thirty seconds. Better flexibility can improve your posture and joint health.

5. Breathe 10 deep breaths in a row once per day. Breathe in slowly and fill your lungs up completely. Then gently exhale until your lungs are empty. This relaxes you and increases your oxygen uptake.

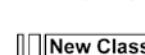
6. Eat one square of dark chocolate every day. The percent of cocoa should be at least 60-70%. Dark chocolate is loaded with antioxidants that help reduce cell-damaging free radicals. It also improves your mood. I also found it curbs those sweet attacks.

7. Eat more healthy fats. Buy bags of a different kind of nut each week and eat a handful every day. Cut up an avocado and add it to your salad, or mash it into guacamole. Cook with olive oil instead of vegetable oil, and drizzle some on your

### EFFECTIVE FEBRUARY 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15-10:00	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*	Open Swim	Open Swim
Arbor Club Indoor Pool	Rebekah	Barbara	Cammy	Barbara	Rebekah		
9:30-10:30	Yoga*	Intermediate Yoga*	Yoga*	Ronnese			
	Ronnese	Ronnese	Ronnese	Fitness Room	AC Ballroom		
10:15-11:15							
Fitness Room							
11:45-12:30	Get Fit While You Sit		Get Fit While You Sit		Get Fit While You Sit		
Arbor Club Ballroom	Kitti	Kitti	Kitti	Kitti	Kitti		
1:30-2:15	Shallow Water Aerobics*		Shallow Water Aerobics*				
Arbor Club Indoor Pool	Rebekah		Therese				

\*DENOTES A FEE BASED CLASS



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H&R Tues and Thurs at 1:00 pm

vegetables or salad. Nuts, avocados and olive oil are all rich in monounsaturated fat, which has many health benefits.

8. Eat more fruits and vegetables. Add a little fruit at breakfast, a salad at lunch, cooked vegetables at dinner, and raw veggies or fruit for an afternoon snack. Fruits and vegetables are full of a variety of vitamins and nutrients that help your body thrive.

9. My favorite: Exercise your brain. Be curious and learn new things. Think of something you find interesting that you know little about and study it for a month. Then tell others what you've learned. Acquiring new skills and knowledge uses your brain and keeps it functioning sharply.

10. Have a positive attitude. It is your choice to see the cup as half full, half empty, or overflowing. Be optimistic and expect good things. An optimistic attitude has been shown to have a positive effect on your physical health and longevity.

There you have it, Ten Ways To Be Healthy. Maybe you're already doing a few of these. Good. What else can you add?

The real key with any of these is consistency. Week after week, month after month, that's when good things happen.

On that note, I hope 2009 is full of all kinds of good things for you.

I will be seeing you in class, right... Kitti

## Shallow Water Aerobics

By MIKE ROPPEL

On Dec. 18, 13 residents came to Barbara "reindeer" Waters' shallow-water aerobics class. Barbara teaches the class from 9:15 to 10 a.m. on Tuesdays and Thursdays at the Arbor Club indoor pool. It is a way to get some healthful exercise and delete some of the extra calories and fat grams from all the irresistible food over the holidays.

Barbara says that the pool will hold a lot more residents so come and enjoy her classes. This week she used drawings of skis, jump rope, a swing, etc to help illustrate what she wanted people to do in the pool. She had the residents use the long tubes to keep their feet off the bottom for some of the exercises.

Deep-water aerobics classes are held on Mondays, Wednesdays and Fridays at the other end of the pool. Rebekah teaches on Mondays and Fridays; Cammy teaches on Wednesdays.

Rebekah holds shallow water aerobics on Monday afternoons from 1:30 to 2:15 p.m. with Therese teaching the shallow water aerobics at that time on Wednesdays. Come to any of the classes to limber up and maybe give the couch a break.

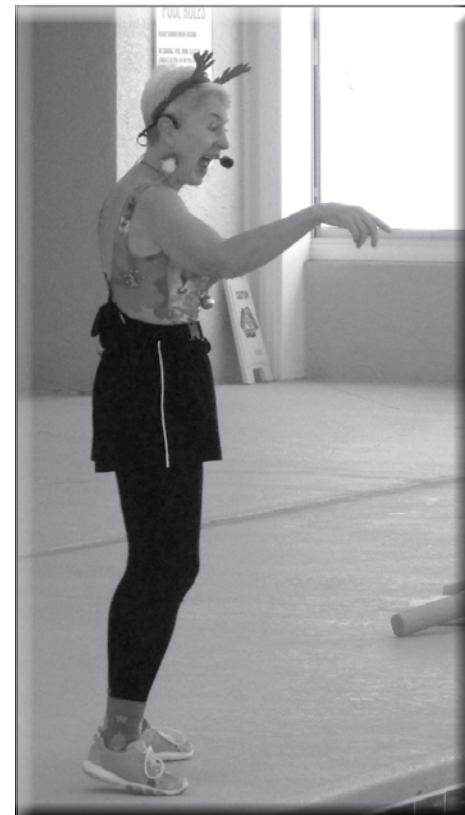


Photo by Mike Roppel

**Barbara giving instruction to the residents for Shallow Water Aerobics.**

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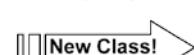
## ARBOR CLUB FITNESS & AQUATIC SCHEDULE

### ARBOR CLUB FITNESS SCHEDULE

#### EFFECTIVE FEBRUARY 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15-10:00	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*	Open Swim	Open Swim
Arbor Club Indoor Pool	Rebekah	Barbara	Cammy	Barbara	Rebekah		
9:30-10:30	Yoga*	Intermediate Yoga*	Yoga*	Ronnese			
	Ronnese	Ronnese	Ronnese	Fitness Room	AC Ballroom		
10:15-11:15							
Fitness Room							
11:45-12:30	Get Fit While You Sit		Get Fit While You Sit		Get Fit While You Sit		
Arbor Club Ballroom	Kitti	Kitti	Kitti	Kitti	Kitti		
1:30-2:15	Shallow Water Aerobics*		Shallow Water Aerobics*				
Arbor Club Indoor Pool	Rebekah		Therese				

\*DENOTES A FEE BASED CLASS



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## Larry's Fit Tips

Larry Robinson

Hope your New Year is going well and that you are sticking with your resolutions. The best thing about starting a new program is renewed commitment, and this is the perfect time of the year to harness the positive energy of a fresh start. However, there are so many articles about exercise and staying fit, sometimes it is confusing knowing what to do and what not to do. My best advice is to start something and stick with it, any type of physical activity will do!

One of the top reasons people are unsuccessful with weight loss programs is because they give up too soon. Walking, bicycling, tennis and strength training are all great choices, it doesn't take long to create a healthy habit and before you know it, you will feel better, look better and improve your confidence and self-esteem.

Recent research has found that when it comes to exercise, you need a combination of three things to reap the most benefits. Weight training for strength, aerobic exercise for strength and endurance, and calisthenics (stretching, bending and twisting exercises) for flexibility.

### Fit Tip #1: Resist Aging

It is a myth that aging is the only factor that causes us to lose flexibility. Its lack of exercise, studies show that a sedentary lifestyle is a bigger factor in decreasing flexibility than aging.

### Fit Tip #2: Stay Strong

Weight training improves your body's muscle-to-fat ratio (you end up with less body fat and more muscle), which improves both your health and your fitness level and your ability to perform daily activities.

### Fit Tip #3: Feel Good

Building strength helps you feel good about yourself. Although the scale may show a slight weight gain when you start lifting weights (usually five pounds or less), you probably won't look heavier because the gain is in muscle, and your clothes may even fit loosely.

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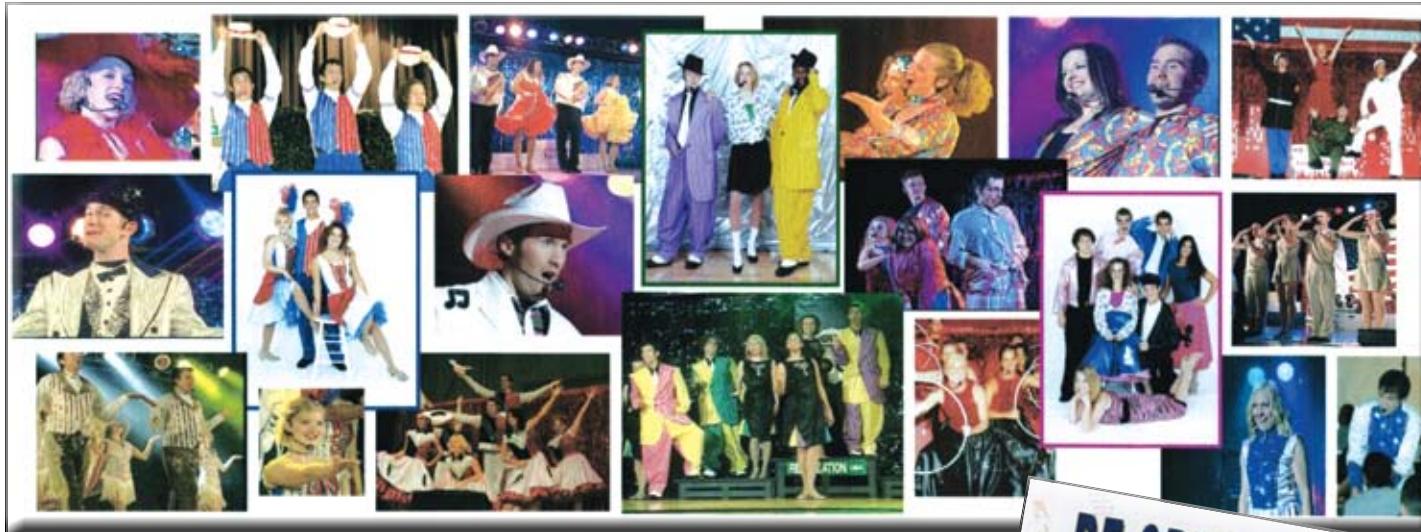
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## Entertainment Group Presents 'Re-Creation'

Saturday, Feb. 14 at 7:30 p.m. the Entertainment Group in conjunction with Ocala Lincoln Mercury will present the most unique show to grace the On Top of the World stage with a most unique cast of performers.

Re-Creation presents "The Best Dressed" songs in America to take the stage in a grand musical fashion. Re-Creation's young entertainers transform the stage into a wondrous showplace of unforgettable entertainment, state-of-the-art sound, lavish costumes, professional choreography and audience sing-alongs.

The evening includes the following performances: Country Flair, White Tie and Tails, Tuxedos and Taffeta, Zoot Suit, Ragin' 80s, Polyester Party, Hot Latin

Styles and a rousing patriotic finale saluting our nation's Veterans.

The young people of the group are all volunteers who give at least a year of their lives to travel the country providing the only program of therapeutic entertainment to our nation's hospitalized Veterans.

Re-Creation has been cited as "America's Ambassadors to Hospitalized Veterans" for providing the only ongoing, nationwide program of entertainment in our country's VA Medical Centers for almost 30 years.

By presenting this show, your Entertainment Group and Ocala Lincoln-Mercury join in helping send this show to VA Hospitals across the country.



### Original Karaoke Group

George Quaranta

Here's hoping everyone had a joyous and happy holiday. Also, happy New Year.

Candler Hills Community Center

### Stay Informed!

[www.on top oftheworldinfo.com/stayinformed](http://www.on top oftheworldinfo.com/stayinformed)

Dec. 23

We closed 2008 singing a mix of Christmas and standard songs. We did not have all of our regulars, so all that were there had a great opportunity to try some new songs and sing more often.

We had a good number of duets starting with Kathy and Charles, followed by yours truly and Margot (this being her first time singing a duet); very good, Margot. Then Shirley and Kathy, Dick and Dottie then Rudy and Tony did a duet singing acapella. The song was "O Sole Mio," great job guys.

#### Arbor Conference Center

Jan. 8

We started off the New Year with good weather. I would like to wish all those that were not feeling well a speedy recovery. As usual, our singers were in fine voice. One of our regulars made the statement that, we as a group of singers had a lot of talent among us. I would like to say that he is right. If you have not attended one of our karaoke sessions, you are welcome to listen to your friends and neighbors. You will be in for an enjoyable evening.

Check out our schedule on TV and also the World News. Our next karaoke will be on Jan. 27 at the Candler Hill Community Center at 7 p.m. All are welcome!

For any information, call George at 873-9667. Singing is good for your health.



Tickets go on sale Monday, Jan. 26 from 8:30 to 10 a.m. and Mondays, Wednesdays and Fridays thereafter. Ticket prices, thanks to Ocala Lincoln-Mercury, are \$6 general and \$8 reserved and are for all residents in all of the On Top of the World communities with a limit of four tickets per purchase.

Normally, the group presents their shows the last Saturday of each month. Due to the heavy booking dates of Re-Creation we have had to schedule the show Feb. 14 instead of Feb. 28. They are that much in demand.

In advance, we would like to say thanks for your support of these young entertainers.



### Orchid Club Linda Rose

The On Top of the World Orchid Club is sponsoring a tour of Selby Gardens & St. Armand's Circle through Legendary Journeys. The highlights include a guided tour of the gardens, lunch on your own at St. Armand's Circle, which includes many different restaurants and many fine shops, renowned as a market place with a continental flavor of both past and present. Time spent at the circle will be your own free time. This is a great trip for only \$39 per person, and is open to On Top of the World residents and their guests, as well as our orchid club members. This day trip includes transportation on a deluxe motor coach from On Top of the World and back, all for only \$39. The tour date is set for April 16. For reservations, call DJ at 291-9300. For added information, call Hildegard at 390-3368 or Linda at 854-9424.

Our February meeting topic will be a demonstration by Hildegard on the proper technique of repotting orchids. Many of you have purchased orchids and aren't sure or afraid to repot these plants; if you come to the meeting, you'll realize it's not all that difficult once you know how! She will also cover the best mediums for the different species. I know there are many of you out there who've purchased plants at our Farmer's Market from our little orchid lady who've asked questions about plants purchased. This is your opportunity to learn how to keep those plants happy.

If any of you have plants you're having problems with, bring them to the meeting and we'll try to help you; better yet, if you just want to show off one that's blooming, bring it too!

Thanks to Don Porterfield for enlightening us about his favorite orchid, the Lady Slipper. Perhaps now we'll feel more comfortable purchasing one. These beautiful plants are often available at the Farmer's Market, and sometimes Don has a few he is willing to sell.

Meetings are held the third Thursday of each month at the Arbor Conference Center, Suites B and C at 1:30 p.m.



### Karaoke Friends

Vivian Brown

What holiday spirit and what fun we had as we sang, danced and laughed the night away. We must have sung every Christmas song and carol; merriment abounded. Everyone brought something. We had a delicious assortment of goodies from shrimp, cheese, fruit, dips, crackers, chips, cake, cookies and doughnuts as well as soda and punch.

I want to take a moment to tell you all how wonderful, kind, caring and thoughtful friends you are; there are no words to express my thanks and appreciation for your help and generosity. Thank you for making my life here so enjoyable! You all are the greatest. God bless you all with good health and happiness.

If you want to feel good, have fun and like to sing or even if you just want to listen, come join us on the first and third Monday of the month from 6:30 to 9:30 p.m. at the Arbor Conference Center, Suites E and F. Try it, you'll like it and keep on singing. Please call 291-0246 with any questions.

### World News 2009 Publication Dates

March Issue: Thursday, Feb. 26

April Issue: Thursday, March 26

May Issue: Thursday, April 30

June Issue: Thursday, May 28

July Issue: Thursday, July 2

August Issue: Thursday, July 30

September Issue: Thursday, Aug. 27

October Issue: Thursday, Oct. 1

November Issue: Thursday, Oct. 29

December issue: Thursday, Dec. 3

This schedule is also available online at [www.on top oftheworld.com/newspaper](http://www.on top oftheworld.com/newspaper).

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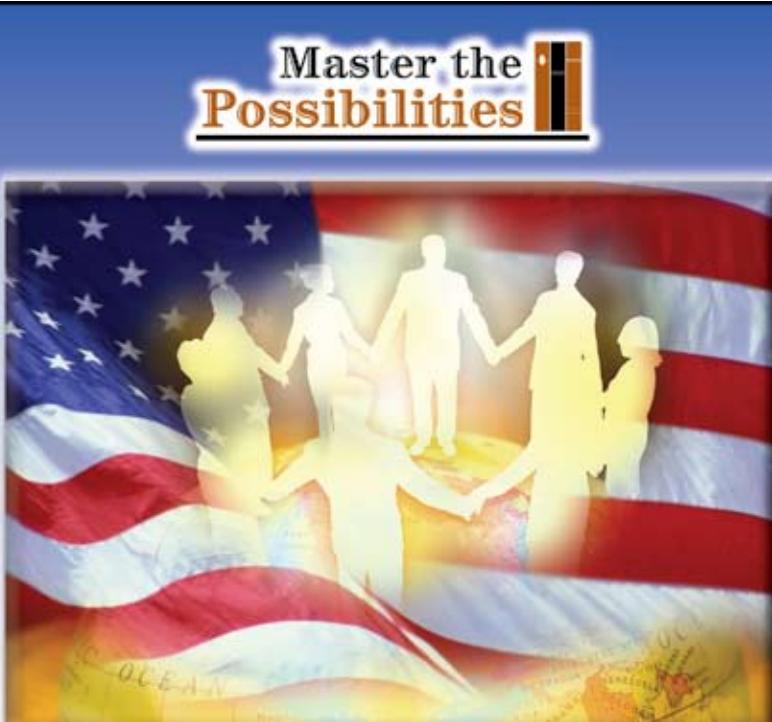
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<b>OTOW Favorites</b> February 14, 2009 A variety of recorded hits.	<b>OTOW Favorites</b> February 20, 2009 A variety of recorded hits.	<b>Rewind</b> February 21, 2009 Classic Rock, Country, Reggae and more
<b>OTOW Favorites</b> February 27, 2009 A variety of recorded hits.	<b>Final Note</b> February 28, 2009 Variety of Oldies	

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### Professor Vincent Boudreau, Ph.D. Director of Colin Powell Center

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10 a.m. – 11:30 a.m.  
US Foreign Policy and the Obama Administration

1:30 p.m. – 3 p.m.  
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[www.masterthepossibilities.com](http://www.masterthepossibilities.com)

# Activities February

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

## Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
9:30	Dancing Toppers	H&R
10:00	Shuffleboard	CTS
	Tennis Doubles	PLR
	Ladies Billiards	PLR
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance (Level Two)	H&R
	Mah Jongg	CC: A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	CC: G
	Mah Jongg	AC
	Aqua Belles	AC
	Pan Club	CC: MR3
1:00	Bocce League	BCTS
1:15	Line Dance (Int.)	BR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC: E&F
2:45	Line Dance (Level Two)	H&R
4:00	Line Dance (Level One)	H&R
5:30	Mah Jongg	CC: A
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC: H
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC: G

## 1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC: B&C
1:30	D'Clowns	CC: B & C
2:00	Bocce	CC: AC
2:30	Readers/Theatre	CC: D
3:30	Comp. Handicap	CC: H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC: E&F
7:00	Sunshine Singers	BR

## 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC: D

## 3rd Week

10:00	Genealogical Workshop	CC: B&C
2:30	Readers/Theatre	CC: D
1:30	D'Clowns	CC: B&C
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC: E&F
7:00	Sunshine Singers	BR

## 4th Week

3:00	Community Patrol Prog.	CC: B&C
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## Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	Fun Time Cloggers	BR
	R.C. Flyers Club	Field
	Computer Club	CC: B&C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	<b>Bus Ocala Run</b>	GC
	Women's 9-Hole	CTS
	Horse Shoe League	MGC
	Miniature Golf	MR3
9:30	Pinochle	Art
	Stitch Witches Quilters	GYM
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
12:15	Cyber Orientation	GYM
12:30	Oxycise	H&R
	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Mah Jongg	CC: A
	Badminton	H&R
	(Racquetball Cts)	ACF
	Ballet Club	CTS
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:30	Chess Club	MR2
3:00	Shutterbugs	CC: B&C
4:30	Table Tennis	CC: D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC: A
	Miniature Golf	MGC
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3 & Art
	Mah Jongg	CC: C
6:30	Duplicate Bridge	CR
	Mah Jongg	CC: G
	Pattern Dancing	BR

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## Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art: B
	Art Group	Art: A
	Wood Working	WW
	Computer Club	CC: B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC: E&F
	Hand & Foot Canasta	CR
	<b>Bus Ocala Run</b>	MGC
9:30	Miniature Golf	CTS
10:00	Shuffleboard	CC: E&F
	Round Dance Class	AC
10:30	Ballroom Dance	HR
	Advanced Tap	AC
	OTOW Concert	HR
	Chorus	MR3
	Friendship Bible Study	CTS
11:00	Walleyball	MR3
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square	CC: E&F
12:15	Dancers	CC: A
	Mah Jongg	H&R
	Oxycise	Art
	Sewing Bees	BR
	Theatre Group	CC: A
	Mah Jongg	CR
	Bridge	CTS
	Bocce League	MR3
	Badminton	CC: B&C
	(Racquetball Cts)	ACF
	Ballet Club	Ten Pen
	Square Dancing DBD	CC: E&F
1:30	New York New Jersey	AC
3:00	NY/NJ Club	CC: D
4:30	<b>Dinner Run OTOW BUS</b>	HR
5:30	Lions Club	ICC
6:00	Citizens Emer.	CC: E,F,G
	Response Team	CC: E,F,G
1:30	Visually Impaired	CC: H
3:30	Support Group	Art
	Alpha Investment	German Club
6:30	German Club	CC: G

1:00	Mah Jongg	CC: A
	Table Tennis	CC: D
	Canasta the Old	CR
	Fashion Way	HR BR
2:00	Square Dancing	AC
5:00	Fun In The Water	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC: A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

## 1st Week

10:00	Emb. Chicks	CC: B&C
1:00	Women of the World	CC: E,F,G,H

## 2nd Week

9:00	RC Ladybirds	CC: A
2:00	New England Club	CC: E,F,G
4:00	<b>Themed Happy Hour</b>	AC

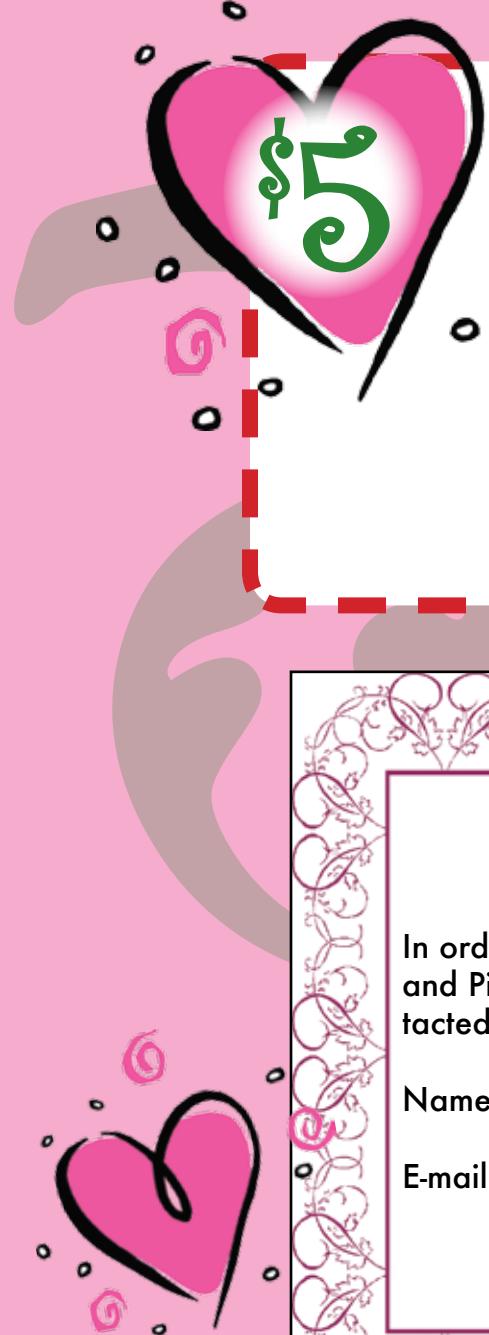
## 2-13-09

7:00	Republican Club</
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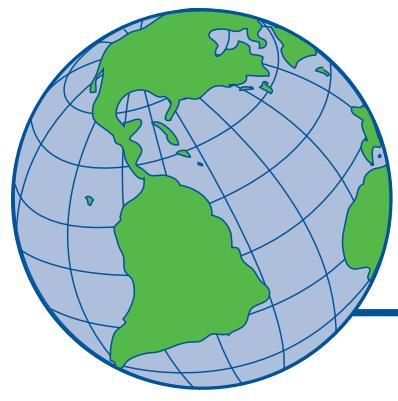
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# On Top of the World NEWS

*Where the News is Always Good*

Take a Trip to  
La Chua Trail,  
page 29



## Section 2

Vol. 22, No. 8 • February 2009



Volunteer "grandparent's" off to Romeo.

Photo by Bob Woods



Margitta Claterbos teaching the symbols on a one dollar bill to her fifth grade class.

Photo by Bob Woods

## 100 'Grandparents' School Visit

By BOB WOODS  
WORLD NEWS WRITER

It has been many years since I rode a school bus. It was one of those big yellow school buses that during the school year we hate to get behind when on the road. I rode this yellow school bus with 43 senior kids. Those senior kids were members of the 100 "Grandparent" group from On Top of the World. We were heading to school on Thursday, Jan. 8.

The 43 senior kids were on their way to Romeo Elementary School in Dunne-  
lon, once a school with a low grade average. A few years back it received a "D" rating. Now, the school is averaging an "A", partially because of the "grandparent" group who once a month heads for the school after being picked up in the Health & Recreation parking lot by a big yellow school bus.

This group of On Top of the World residents read stories to the kids, who from what I have been told and gathered during my visit, look forward to the "grandparent's" arrival each month.

Some of the "grandparents" bring things for the kids, but before the "grandparent's" visit ends, the students almost always give their "grandparent" cards they have made in appreciation of their visit.

I was a bit apprehensive about my trip to Romeo. I have listened to many "grandparent" stories, and now I wanted to see this in person. After the bus dropped the

seniors at the school, the group gathered in the school's library waiting for their escorts from each classroom.

It wasn't long before two students arrived and then the "grandparent's" name was called. This procedure continued until all the "grandparents" had disappeared into different classrooms where they were warmly greeted by the class.

I stopped in some of the classrooms, opening the door, and there were the students listening attentively to the "grandparent" as a story was being told. It seemed the younger students would sit on the floor around the "grandparent" while the older students would stay at their desks.

I stopped in one classroom where Pat Quinlan was reading a story about some little girl and her quilt. I had noticed that this lady carried three large plastic bags of garments onto the bus, and they were also present in the classroom where she was reading. At the completion of her storytelling, she gathered these bags, which contained quilts that she handed out to each student.

Not only did Pat Quinlan make each quilt by hand, she also had each student's name imprinted on their quilt. She told me later that she called these quilts "reading quilts." She hopes that each time the student reads a book at home they will lay on their quilt, hence the name, "reading

quilt." I was told she hand makes them for her class each year.

I stopped by another classroom and inside was Margitta Claterbos explaining some history along with a little geography to some older students utilizing the one-dollar bill as a teaching object. She had brought to the school, nice crisp dollar bills and was using them as a teaching aid. Each student received the bill and followed Margitta each time she pointed out whatever she was trying to emphasize on the bill. At the end of her lesson, each student got to keep his or her bill.

The 100 "Grandparents" consist of 43 regular attendees and 30 substitutes. Whenever a regular "grandparent" can't attend that monthly visit then a sub is called. "The group visits the Romeo school every month of the school year except March," according to Barbara Greenwood who heads up the group.

She informed me that the grandparent group also participates in Halloween night giving out the candy, working the book fair or serving up pizza and drinks to the crowd. "The group also attends the school's annual science fair and graduation exercises. They have donated money, clothing, labels from selected food products, plus food items and all types of classroom supplies." Many of the kids attending the Romeo school are in need

"The "grandparent" program fulfills all

of our needs," according to the school's principal, Kathy Hultman. I was told that this program has been in existence for some 15 years. The teachers at the school must really like the program.

In the library, before and after the "grandparents" visited the classrooms, there were refreshments. I learned that the school is not providing the refreshments for these "grandparents," it's the teachers themselves.

I could go on and on telling what took place and how the kids reacted to their "grandparents" during my visit, but it would take forever to tell all. If you are reading this article and would like to participate in this great program, please call Barbara Greenwood at 861-2539.

Now when you see a big yellow school bus the second Thursday of each month, you will know exactly where that bus is headed.

You too can be a "grandparent" or even a mentor to some student at the Romeo school. Every one of those senior kids raved over their visit.

On the return trip from the school, at the completion of their morning visit, you couldn't believe the chatter coming from the "grandparents" elaborating to others what took place in their classroom. It was a rewarding and fulfilling experience.

► More Pictures on Page 34



Bob O'Neal takes notes during an audition for the Theater Group. In the background, Walter Koenig plays the piano while Glo Hutchings talks through a song.

## Theater Group

By BOB WOODS  
WORLD NEWS WRITER

So, you think you can act? Think you can sing? Well, our Theater Group is looking for more talent, either in acting or singing. The group puts on plays right here on the Health & Recreation stage about twice a year. They need more people, and anyone residing in any of the On Top of the World neighborhoods is welcomed.

Please call Glo Hutchings at 873-2747 for time and place, plus information on meetings and up-coming plays.

Who knows? You might be the next On Top of the World idol.

## Bringing in the New Year

By BOB WOODS  
WORLD NEWS WRITER

Many On Top of the World residents brought the New Year in with a bang by celebrating this festive occasion at one of three dance gatherings in the community: Arbor Conference Center, Arbor Club or Health & Recreation Ballroom. While at the same time many more folks than usual stayed home or attended small gatherings in local homes.

The Northern Lights group celebrated the incoming New Year with a dance at the Arbor Conference Center with music supplied by disc jockey, Fred Rodriguez, an On Top of the World resident. The theme for this year's event was a Chinese New Year. As Fred stated, "we are going to have fun dancing to Chinese rock and roll."

At the Arbor Club, those in attendance danced and were entertained by Johnny Alston who has entertained On Top of the World residents before either at the Arbor Club Happy Hour or out at the Circle Square Commons. Alston is a DJ singing his selections, which comprises a lot of Motown and Rock & Roll music.

Meanwhile, at the Health & Recreation Ballroom those attending this dance sponsored by the dance committee were treated to music provided by a five-member band called the Northern Sounds. At the strike of midnight, as I am sure something similar happened at the other venues, the dance floor erupted with noisemakers and folks kissing each other welcoming in the New Year to the theme song of "Auld Lang Syne."

Snacks and hors d'oeuvres along with some food were supplied at each event, as well as all kinds of party favors and hats. I thought it was great walking around kissing all the ladies I encountered. It's the only time of the year I can get away with it. Everyone was having a good time.

Stepping outside the front door of the Health & Recreation Building I could hear all kinds of fireworks exploding from folks celebrating in their own special way,



Bev Woods, Jack Stone, Bea Thibodeau, Warren and Phyllis Stimes bring in 2009 at the Health & Recreation Ballroom dance.



Dancers on New Year's Eve in the Health & Recreation Ballroom. Music provided by the five-piece band, Northern Sounds.

Photo by Bob Woods

and widespread unemployment set upon us. Let's hope 2009 will be a lot better especially in the pocketbook area but especially in the health department.



## Candler Hills Men's Golf

Joe Alfano

First and foremost, please allow me to wish everyone a healthy and happy New Year.

Our association is now comprised of 85 members with the addition of Dick Mills, Walter Pacuk, Dennis Norris, John Ashenfelter, David Green and Dennis Liphardt. Welcome gentlemen and we hope you enjoy the experience. If anyone is looking for competition, camaraderie and a good bit of jocularity, you will not do better than the CHMGA. If interested, contact me at [jalf1953@yahoo.com](mailto:jalf1953@yahoo.com) for more information about joining our association.

Our new website is up and running ([CHMGA.com](http://CHMGA.com)) and contains pertinent and useful information about our association. Keep in mind that we now start our Tuesday league play at 9 a.m. Plan on being early so as to warm-up, purchase your 50/50 tickets from either myself or my partner Bud Abbott, and discuss strategy with your team for that day.

This year, the association will present to a deserving West Port senior our first CHMGA Scholar/Athlete Award. Any scholar/athlete furthering his or her education is eligible for this monetary award.

Our course is in excellent shape thanks

to the concerted effort of the entire Candler Hills staff. We can help by continuing to fill in divots, repair pitch marks and police the area (Army talk). Consider the constant bending over as one way to keep our backs limber and well stretched.

Ben Hogan once said, "Golf is not a game of good shots. It's a game of bad shots." Managing their bad shots, these past few weeks were Paul Moltisanti (72), Tom Garrison (74), and Mike Buschur, Bob Shively, and Dick Mills (75). Well-played gentlemen!

Wishing everyone, much success in golfing their ball but more importantly, may your life continue to be "nothing but fairways and greens."

League results:

### Team Stableford

Dec. 16

154 - Frank McCray, Jack Gustafson, Fred Hobbins, Joe Alfano; 150 - Mike Buschur, Dick Williams, Marvin Brooks, Bill Horton; 149 - Steve Kupsch, Fred Spain, Phil Moherek, Ed Cleary & Mike Rec, Bruce Venslavsky, Nick Nimerala, Tim Beaty

### Team 3 Best Ball

Dec. 23

Minus 16 - Rick D'Addio, Bruce Venslavsky, Jack Gustafson; Minus 15 - Paul Moltisanti, Tony Misterly, Roger Whittle, Bill Horton; Minus 12 - Tom Garrison, JC VanBloom, Jim McGrath, John Diaz

### Team 2 Best Ball

Dec. 30

115 - Steve Kupsch, Dan Gil, Paul Fratangelo; 116 - Paul Moltisanti, JC VanBloom, Tony Misterly 119 - Mike Buschur, Dave Masachi, John Menzies, Jeff Ware

### Individual Net

Jan. 6

Flight 1: 68 Dick Mills, Gary Gerlach, Mike Buschur; 69 Chris Scharar, Gil Schofield, Bruce Venslavsky

Flight 2: 66 Dick Williams, Dan Gill; 70 Jack Gustafson, Marc Schaffer, Dick Masterson, Bob Starrett, Tom Racinowski

Flight 3: 69 Dick Pleinis, John Diaz; 70 Jon Raupach



## Candler Hills Golf Club

Sally Collins

Now that the Candler Hills golfers have enjoyed the holiday festivities, the calendar turns its pages to the busy winter golf season. Tuesday mornings the MGA has a 9 a.m. modified shotgun during January and February; there are available tee times ahead of league play from 7:56 until 8:44 a.m. The ladies leagues are active Thursdays with the 18-holers on tees #1 and #10 beginning at 9 a.m.; the 9-hole ladies alternate nines each week with a 1 p.m. tee time start. All leagues welcome new members - don't hesitate to join the fun!

Grab your sweetheart and sign-up for the Valentine's Day Tournament on Saturday, Feb. 14! Play will begin with a 9 a.m. shotgun start and cost is \$10 shop credit + applicable golf fees per mixed twosome. There will be a tournament held at both Candler Hills and On Top of the World Links. Please register in the Golf Shop where you intend to play. Format is Better Ball of the Mixed Twosome and the teams may create their own foursome. Teams will be flighted by handicap; sign-up no later than Saturday, Feb. 7 at 5 p.m.

Have you renewed or purchased your Grasshopper Club membership so you may enjoy cost + 15% pricing on much of the Golf Shops' merchandise? If you pur-

chase only three shirts or jackets over the course of the year, you'll reap the rewards of membership. The merchandise sales sticker shows two prices. The "member price" is awarded to the Grasshopper Club Members while the "retail price" is what non-Grasshoppers will pay. Being a Golf Club Member but not a Grasshopper Club member does not give you the member price. We apologize for any confusion this may have created.

Are you sitting at home watching all the golfers having a good time and wishing you knew how to play the game? Our professional golf staff has the answer - sign-up for the New Golfer Clinic on Feb. 9, 11 and 13 from 9 to 11 a.m. This program will cover all the basics and have you swinging that week! Cost is only \$100 per person and is limited to 12 golfers-to-be.

The Free Golf Clinic has now moved to Fridays - Feb. 6 at 10 a.m. will feature chipping. Please keep in mind this is an informational type clinic. If you want more hands on group instruction, register for the Group Clinic on Feb. 20 at 10 a.m.

This month's topic is Driving, with a \$10 per person charge; limited to the first 20 golfers.

Help the Golf Shop help you! We have a large number of range tokens and baskets that are MIA. A number are being held captive in private golf carts and home garages.

Please return them so we may better service all the residents and golfers. Also, remember that the range closes at 4 p.m. on Mondays and Wednesdays so it may be clean picked so the maintenance staff may mow on Tuesday and Thursday mornings.

The month of February has a few outside events. You may reference the posted calendar for exact details. Monday, Feb. 16 will have the Rische group teeing off from 9:16 until 9:40 a.m. On Monday, Feb. 23, the Candler Hills Ladies Just For Fun group will host 40 ladies in an 8:30 a.m. modified shotgun start.

Watch for details on the upcoming Ocala Open from March 25 - 28! Join in the excitement as PGA Tour, Nationwide Tour and International Tour pros compete in your backyard!

## Candler Hills Ladies 9-Hole

Dianne Masterson

The weather and the holidays in December and January were not conducive to our Thursday golf games. We were able to get a Scramble in on Dec. 18 that had five foursomes. Four of the five foursomes tied in that event. Way to go ladies! On a very blustery Jan. 8:

### Upcoming Publication Date

March issue:  
Thursday, Feb. 26

1st Place: Terry Alfano, Sue Buckland-Mulhern, Donna Liphardt, Marylyn Tymon  
2nd Place: Olive Curtin, Caroline East, Tina Hauer, Sandra Noe

In February, our games will be comprised primarily of Scrambles as we continue to achieve our goals of building friendships and having fun while golfing.

Our league currently has 35 members. This past month, we welcomed five new members: Kate Bennett, Donna Fey, Pat McCrory, Sandra Noe and Phyllis Parker.

On Feb. 11 at 1:30 p.m., there will be a general membership meeting and social in the Candler Hills Community Center. Please try to attend.

Also, remember that there is a 9-hole luncheon, before golf, on the third Thursday of each month at the Candler Hills Restaurant.

Before I close, I'd like to share with you some golf wisdom that comes from a fellow 9-holer (who will remain nameless). When you're on the green and miss a putt, remember it is not the putter...it's the puttee!

Until next month, I wish you sunny days, long drives, short putts and lots of fun!

### Emergency After-Hours Phone Number

236-OTOW (236-6869)



## Ladies 9-Hole Golf

Diane Dzik

Mark Feb. 10 as the date the On Top of the World LGA 18 is hosting us for the yearly "Red & Blue Scramble." This event is always fun - thank you ladies! Another member has joined our ranks - welcome Esther Lang.

Plans for our 9-Hole Invitational on March 24 are well underway. It is the Silver Jubilee Celebration and will be played on the Tortoise and Hare. Lunch will be a traditional turkey dinner in the Arbor Conference Center, Suites E, F and G. Prizes, drawings, fun and golf will be the order of the day. Please dress out in our traditional blues and whites.

The new officers for the 2009-2010 season beginning this coming October will be: Jeanette Messer, president, Patti Howd, vice-president, Judy Garrett, treasurer, Kathy Bologna, assistant treasurer, and Diane Dzik, secretary.

The sign-up list for this year's invitational is posted in the clubroom. The "Dogwood Invitational" at Rainbow's End is March 4 and the Citrus Hills "Divine Nine" is scheduled for March 16. These are fun events and a chance to meet new people and play other courses.

### Points to Ponder

In the bunker: If your ball is in the bunker, you can remove the ball from the

bunker, no closer to the hole and incur a two-stroke penalty. If the ball is in the bunker and is unplayable, you can move the ball within the bunker for a one-stroke penalty. On the green: (1) If someone is asked to mark the ball and refuses, and that ball is hit, the person who refused will get a two-stroke penalty; (2) If the person hitting doesn't ask for a ball to be marked, and that ball is hit, the hitter receives a two-stroke penalty; (3) If anything is on the green and gets hit, it is a two-stroke penalty. This includes the flag, a club, a towel - anything.

### Low Net Links Loop

Dec. 16

Flight 1: 32-Grace Bock, 34-Agnes Tetti, 38-Carol White

Flight 2: 36-Michaele Beyer, Sumiko Bridges, 41-Diane Dzik, Sandra Lundborn

Flight 3: 36-Betty Tully, 37-Marge Warren 38-Cathleen Hathaway, Dottie Migliaccio

### Modified Scramble Links Loop

Jan. 6

44-Grace Bock, Mary Carson, Judy Garrett, Lucy Quaranta, 44-Darlene Bole, Cathleen Hathaway, Marie Palombo, Agnes Tetti, 45-Jean Flynn, Thelma Smith, Arloa Vanderkolk, Carol White, 45-Helen Degraw, Marlene Floeckher, June Tassinary, 45-Sumiko Bridges, Charmaine Hassett, B.J. Leckbee, Betty Tully, 45-Pat Black, Diane Dzik, Judith Kane, Lorraine Rourke

## Curbside Landscape Debris Pick-Up Schedule

### Monday\*

Americana Village  
Friendship Village  
Friendship Park

### Wednesday

Friendship Colony  
Candler Hills\*\*  
Indigo East\*\*

### Thursday

Avalon  
Providence 1 & 2  
Williamsburg

### Friday

Crescent Ridge 1 & 2  
Renaissance Park  
Windsor

\* Due to volume, pick-up may extend into Tuesday

\*\* Begins at 7:30 a.m.

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## Shutterbugs Photography

Marilynn Cronin

The ShutterBugs announces a display of photos at Freedom Public Library. Norbert Sachs, our display committee chair, is busy planning more displays not only in our community but also at other venues.

On the first Tuesday of January, Ray Cech gave a talk on exposure and EV settings, how to adjust it on your camera, etc.

January's show-n-tell on the second Tuesday consisted of holiday photos everyone wanted to share.

We will be having more classes on basic photography and using your camera. Look for future announcements.

### Photo Tip

Here is a great idea sent into PopPhoto's Tip of the Day: Start a 365 photo project—it's not too late to make photography a regular thing in your day like getting your daily cup of coffee. Get started on a 365-photo project. A 365 project is basically taking a photo a day (some will be better than others); after twelve months your favorite may surprise you.

If you can't take a photo every day, consider making a regular time one or two days a week to go out and take pho-



Photo by Christine Miles

### Photo of a poinsettia.

tographs. To mix it up, make a schedule and rotate the time of day you take your photograph. For example, on Sunday get up early and take a photo at sunrise, the next day and hour later and so on until you are back to sunrise. If you have an amazing view from your home, whether it be a high rise or in the country, take the same scene every day for a year and mix up the times of day. Again, you will be surprised by the different looks you will get depending on the time of day and the season.

You will be forced to be more creative with each frame; you could do longer ex-

posures, a zoom effect, or a black-and-white - the combinations are endless. Photograph yourself everyday, good days and even bad hair days for a year. Make this the year you push yourself out of the comfort zone and become a better photographer.

Visit the website ([www.otoowspc.com](http://www.otoowspc.com)) to see the listing of this year's field trips and challenges under "Sched '09." The challenges and/or field trips are a great way to learn about your camera and photography, as well as observe how we frame/see the same subject from different perspectives.

I think the monthly "show-n-tell" with a soft critique is a great learning tool. The field trips have been a wonderful opportunity to get to know each other, as well as any spouses who accompany us.

ShutterBugs stress education, sharing, and fun! The ShutterBugs meet at 3 p.m. in the Arbor Conference Center, Suites B and C. All On Top of the World residents at all skill levels are welcome to join. If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at [guhley@cfcl.rr.com](mailto:guhley@cfcl.rr.com).

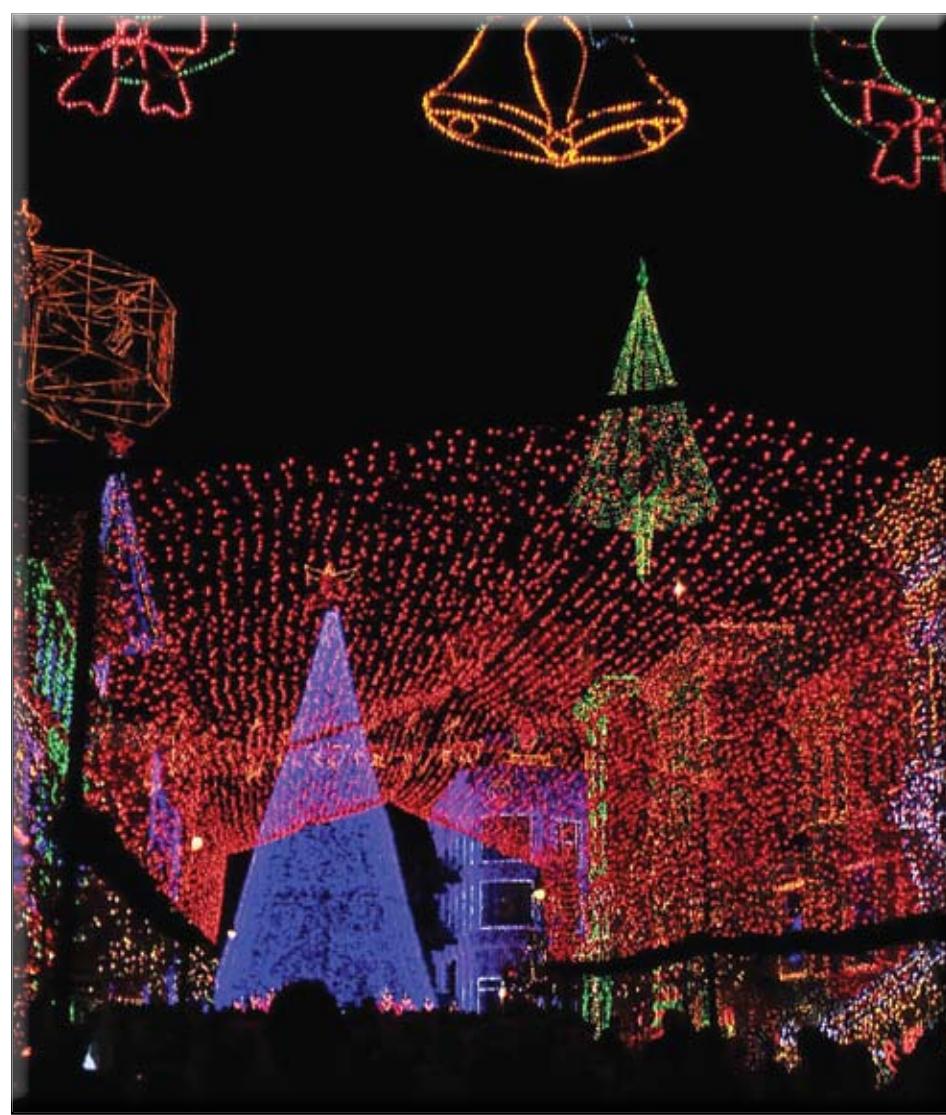


Photo by Brad Pease

### Photo of Christmas lights.



Photo by John Ware

### Photo of Christmas lights on SR 200.

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## Men's Golf Association

Ron Cleveringa

While I am preparing this column, the first tournament of 2009 is underway: The Presidents Cup. This match play tournament was open to the first 64 players that signed up. It is a single elimination match play event using 100% of the players' handicap. If you didn't sign-up in time to play, you'll have to wait till next year! The Presidents Cup competition occurs every January and make sure you save time next year to enter this exciting event. Watch for the picture of the 2009 Presidents Cup Champion in next month's issue.

I know it's already February but it's not too late to adopt a golfing resolution to record all your scores (home and away) all year long. Consult with the back cover of your 2009 MGA Handbook and apply "equitable stroke control" where applicable, on your scorecard before you enter your scores.

I am privileged to attend a monthly Golf Advisory Committee meeting. This meeting is attended by the golf course management staff and On Top of the World's general manager. Also attending are representatives of the Ladies and Men's golf associations. We discuss everything from golf course playing conditions, pending changes or proposed new events, to add to your golfing experiences. If you have an issue, call me, let's discuss it and if I cannot answer it and it is something I should bring to that committee, I will do it and get back to you either by phone or in this column.

What do you do with the rakes for the bunkers? This is official...the course preference is: rakes should be placed inside the bunker and placed on a flat portion. After you blast the ball out of the bunker right next to the pin; rake out your foot prints and place the rake parallel to line of play in the bunker. If we all follow this preferred placement of rakes, we will at least be consistent. Of course, it's always a better idea not to put your ball in the bunker in the first place!

At the last board meeting, your board of directors adopted a motion to re-activate the emeritus member program. Any MGA member who knows of a golfer who has been an MGA member within the

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past two years but has not renewed his membership because he felt he could no longer play competitive golf due to health issues, can nominate this person to be an emeritus member. This person will be given an emeritus member card that entitles him to attend MGA Chicken Days. All the person has to do is pay the regular member fee of \$6 and he can still associate with his golfing buddies over dinner and a beverage every MGA Chicken Day. Members are encouraged to nominate a past member, give your nomination to any board member.

A "gimme" is defined as an agreement between two golfers... neither of which can putt very well!

### MGA Low Net/Gross

Dec. 17

The Links

Flight 1 Gross: 1st, Rick Daddio, 79; 2nd, Ed Darichuk, 81; 3rd, Paul Del Vacchio, 83; 4th, Raymond Beloin, 84.

Flight 1 Net: 1st, Jack Ashenfelter, 65; 2nd, Bob Cronin, 68; T2nd, Steve Gregely, 68; T4th, Charles Casale, 69; T4th, Ron Cleveringa, 69.

Flight 2 Gross: 1st, Dick Griswold, 82; 2nd, Barry Barringer, 87; 3rd, George Deignan, 88; 4th, Calvin Apperson, 89.

Flight 2 Net: 1st, Jerry Chase, 62; 2nd, Harry Brower, 64; 3rd, Jack Hegarty, 66; T4th, Irvin Gackowski, 67; T4th, Joe Hopper, 67.

### Tortoise & Hare

Flight 1 Gross: 1st, William E Young Jr., 76; 2nd, Larry Lucieer, 79; 3rd, Rudy Norman din, 80; T4th, Ed Klodzen, 85; T4th, Ian McCullough, 85.

Flight 1 Net: 1st, Marvin Williams, 79; T2nd, Guy Russell, 84; T2nd, Paul Perrault, 84. 4th, Ron Thompson, 87.

Flight 2 Gross: 1st, Bob Cates, 87; 2nd, Steve Becker, 89; 3rd, Richard Schiller, 92; T4th, Ross Mac Donald, 93; T4th, Steve Molnar, 93.

Flight 2 Net: 1st, Tom Marta, 64; 2nd, Peter M. Peterson, 67; T3rd, Bill Krusen, 68; T3rd, Nick Zoccoli, 68.

### MGA 2 Best Ball

Jan. 7

The Links

1st, Carl Zeiler - Ralph Solvold - Alfred Wells - Joe Rappa, 116; 2nd, Marvin Williams - Paul Stone - Larry Rourke - Peter M. Peterson, 117; 3rd, John Langville - James Merrick - Frank Palotta, 118; T4th, Bud May - Jack Marlin - Bill Krusen, 125; T4th, Paul Wade - Ronald Wilson - Joe Michaelson - Edward C. Wilson, 125.

### Tortoise & Hare

1st, Dick Gray - Steve Gregely - Douglas Coleman - Irvin Gackowski, 113; 2nd, Paul Del Vacchio - Art Buecher - Bob Cates - Joe Hopper, 114; 3rd, Ed Darichuk - Charles Casale - Francis Caprez - Bill Koch, 115; T4th, Jon Hill - Phil Johnson - Calvin Apperson - Jack Border, 119; T4th, Gary Hassett - Paul Beast - Steve Becker - Ken Cotte, 119.

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## The Golf Channel is coming to channel 60



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may create their own foursome. Teams will be flighted by handicap; sign-up no later than Saturday, Feb. 7 at 5 p.m.

Have you renewed your Range Program and upgraded to the Grasshopper Club membership so you may enjoy cost + 15% pricing on much of the Golf Shops' merchandise? Several shirts or jackets purchased over the course of the year and the savings will more than reward your cost of membership. The merchandise sales sticker shows two prices. The "member price" is awarded to the Grasshopper Club Members while the "retail price" is what non-Grasshoppers will pay. Being a Golf Club Member but not a Grasshopper Club member does not give you the Member Price. We apologize for any confusion this may have created.

If your game needs a few tips to help you hit out of bad lies on the golf course, you won't want to miss the Free Clinic Friday, Feb. 27 at 10 a.m. Meet at the On Top of the World Practice Range to get some tips from the pros that just might help your handicap trend do a u-turn!

As always, the On Top of the World Golfers are very involved with league play. The Ladies 9- and 18-hole groups play Tuesday mornings at 9 a.m. Check the bulletin board to see which courses are utilized each week. Wednesdays mornings the MGA takes to the fairways with an 8:30 a.m. shotgun start.

On Top of the World Accolades go out to: Deni DeHart for her hole-in-one on Dec. 21 while playing #11 on the Tortoise and Hare. Jim Winter recorded an ace on the Links hole #6 Jan. 5. T. F. Smith shot a score of 75 - one under his age Dec. 5. Jim Jordan celebrated the New Year with an eagle Jan. 2 on the Links #3. To all our On Top of the World golfers - may your pars be many and your bogies be few in the upcoming year!



## On Top of the World Golf Club

Sally Collins

The New Year is in full swing at the On Top of the World Golf Club. Leagues are back to their normal schedules and monthly events are being planned. You may have also noticed the two new Red Ranger carts patrolling the fairways to offer assistance to the golfers.

Feb. 7, the first Saturday of the month, will see the return of the Saturday Scramble; sign-up in the Golf Shop no later than Thursday evening at 5 p.m. if you'd like to play.

Grab your sweetheart and sign-up for the Valentine's Day Tournament Saturday, Feb. 14! Play will begin with a 9 a.m. shotgun start and cost is \$10 shop credit + applicable golf fees per mixed twosome. There will be a tournament held at both Candler Hills and On Top of the World Links. Please register in the Golf Shop where you intend to play. Format is Better Ball of the Mixed Twosome and the team

en Bextermueller; Chip In - Marie Marquis

### Low Net

Dec. 23

Flight 1: First Place - 69 - Mary Jane McAtee; Second Place - Tie - 70 - Nancy Zielinski, Rosemarie O'Neil

Flight 2: First Place - 74 - Esther Lang; Second Place - 75 Velma Rose Third Place - 76 - Rose Hoovler; Chip In - Dot Muller, Marilyn Rose

### Low Gross/ Low Net

Jan. 6

Flight 1 First Low Gross: 79 - Iro Lisinski; Second - Nancy Zielinski

Flight 1 - First Low Net: 65 - Gretchen Normandin; Second - 70 - Janet Juhlin

Flight 2 - First Low Gross: 82 - Sandy Chase; Second - 88 - Betty Gustafson

Flight 2 - First Low Net: 62 - Angelita Pena; Second - 67 - Mary Jane McAtee

Flight 3 - First Low Gross: 93 - Shirley Smagner; Second - Tie - 100 - Janet Kingsley, Velma Rose

Flight 3 - First Low Net: Tie - 68 - Carolyn Cummings, Jeanne Rice, Marilyn Rose

Flight 4 - First Low Gross: 100 - Marie Marquis; Second - 107 - Ellie Rapacz

Flight 4 - First Low Net: Tie - 69 - Ruth BORDER, Yoshiko Young

Chip In - Iro Lisinski, Ellie Rapacz, Marilyn Rose

Upcoming schedule:

Feb. 3 - N.C. Low Gross/Low Net

Feb. 10 - Hosting 9-Hole WGA - Cupid Open Scramble/Luncheon

Feb. 17 - Low Gross/Low Net

Feb. 24 - Beat the Pro

See you on the golf course where we will all hit 'em long and straight!

First Place - Net 125 - Valerie Smith, Betty Gustafson, Shirley Smagner, Esther Lang;

Second Place - Tie - Net 127 - Nancy Zielinski, Angelita Pena, Flo Emanuel, Yoshiko and Joan D'Addio, Rosemarie O'Neil, Hel-

The New Year is upon us and we welcome the arrival of 2009. December was not a busy month for our golf association, but I am sure that all of you enjoyed a wonderful Christmas and welcomed in the New Year with style and grace.

There are a few things approaching in the near future and you will want to be a part of the events. On Feb. 10, we will host the 9-Hole LGA and on March 31 we will hold our Invitational. These are two big events so mark your calendars and plan to participate.

Now, for the winners in December.

### Two Best Balls

Dec. 16

Come join Marge Fisher for a fun day of golf, raffles, door prizes, lunch and more. This fundraiser

## Honduras Mission Golf Tournament

is to help finance Ronnie and Suzi Harbison's mission trip. They have been associated with Miskitmission and the sponsor church, First Baptist Church of Groveland, for the past five years.

Ronnie and Suzi will take their vacation time and join a team going to Honduras to build a church in a small village over there. They not only have to provide their transportation but the supplies to build this church right down to the nuts and bolts needed.

Please contact Marge via e-mail at [lfisher40@cfl.rr.com](mailto:lfisher40@cfl.rr.com) or by phone at 854-2088 to receive a registration form. If you are a current member of Candler Hills Golf Course, ask about your special price.

### Monday, March 2

Shotgun 8:30 a.m.

\$50 per person



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## Arbor Club Tennis

Jorge Privat

Too bad we can't stop time, so we could maintain that cheerful Christmas holiday spirit. But, time moves along and when you read this column, it will be, of course, February, although it seems it was just last week we were celebrating with great hopes, the coming of the New Year. Well, that's the bad news.

The good news is that perhaps by now, the worst of the cold weather is behind us. Because of the holidays, we suspended our usual inter-community meets and the tennis ladder, but we are now back in action and looking forward to a normal schedule.

At the beginning of January, we had the team from Rainbow Springs visiting us, all the courts were filled and everybody had a good time. And, even though we won most of the matches, the outcome was pretty much irrelevant. When the pizzas arrived, everyone enjoyed good camaraderie and friendly social interaction, which is what all these tennis activities

are meant to accomplish.

In my last column, I left out Dottie Taylor's name from the ladies who participated in the USTA league play and did so well. Congratulations to you too, Dottie.

As I mentioned before, through our team captains, we are extending invitations to our neighboring communities to participate in our spring tournament. Hopefully, we will have good attendance and a terrific time. All residents interested in cheering for your favorite players are welcome to come to the Arbor Club on the mornings of March 20 and 21.

I wish to inform all On Top of the World residents that we do have some of the nicest courts in the area and the cheapest membership fees as well, so come and join us. If you ever intend to play some tennis or get the help you need to get started, you couldn't have a better opportunity.

### Tennis Tip of the Month: Considering Changing Your Game?

Change is inevitable. Remember the saying, "The only thing that is truly constant in life is change?" This certainly can apply to the way people learn to play tennis. Depending on the foundation they first develop, millions of players can end up stagnating at levels far below their potential. New players to tennis will make changes to the initial patterns and strokes they first learn.

There are basically two types of changes: mandatory and evolutionary. Mandatory changes are those that "must" occur for a player to reach his or her potential, whereas natural (evolutionary) adaptations are changes made within a foundation that is not mandatory for more skilled play, but occur because of the natural human propensity to create idiosyncrasies based on player perceptions, personality and character.

Obviously, as players become more comfortable and familiar with the complex interaction of moving, swinging and hitting a moving tennis ball (and applying various spins, speeds and directing the ball to strategically optimal locations), players will evolve as they develop an affinity for these components.

If a student learns rudimentary grips, strokes and footwork, then, the aspect of reaching "skilled" levels is dependent on the player's ability to make mandatory changes in many of these hitting elements. The player must change from the inferior ineffective, or just plain flawed patterns he or she first learned, to more effective, prolific and opportunistic methods. Making such changes is usually hard, but well worth the effort.

The reason mandatory change is so difficult is that when the player begins to compete, regardless of the level of competition. The desire to win usually overrides the desire to use more effective stroke mechanics if those mechanics are unfamiliar or uncomfortable. This phenomenon will always cause the player to revert back to more comfortable or familiar grips, swing paths, footwork or hitting strategies, even though they know such methods will not allow them to progress to levels that are more skilled.

What players should ask themselves about their own skills, however acquired, or if they are about to learn from the very basics, is this...are these skills based on advanced play or will they need to change later on? Obviously, if the player could care less about improvement and doesn't want to become more skilled, then, this concern is irrelevant. But I have never come across a player who says, "Gee, I love to play tennis but I really don't want to be any good."

Understand that all players will change from their initial patterns. However, when players acquire an advanced foundation, these players will usually experience an

## Tennis Association H&R Center Courts Schedule

### Mixed Doubles

Saturday & Monday, 8 a.m.-noon

### Men's Doubles

Tuesday & Thursday, 8 a.m.-noon

### Ladies' Doubles

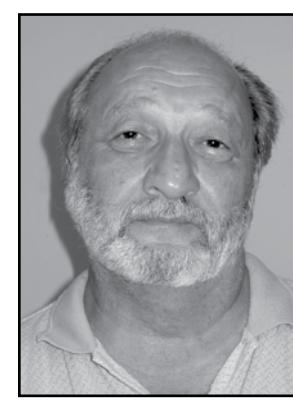
Wednesday & Friday, 8 a.m.-noon

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evolutionary change, which will benefit their game based on their personality, perception of strengths and character. Such changes can include aggressive grips, stances and loop swings on ground strokes, variations in serve, back swings and variations on follow-throughs, among others.

And please remember, simply hitting thousands of balls every week will seldom lead to more advanced play unless those hits include the constant practice of more advanced, more prolific stroke patterns. There really is no reason anyone who has the desire, can't become a highly skilled player. Avoiding flawed learning methods is not only a step in the right direction, but it will prevent a lot of frustration and stagnation in every player along the way.

See you on the courts!



## Billiards

Richard Impressa

On Top of the World billiards is alive and well for 2009. Our club finished up 2008 with 166 members. As of this writing, 84 members have signed up for 2009. You can check out the membership list posted on the ladies or men's bulletin board. If you're not listed, you can join anytime by putting a check (made out to George Tookmanian) or cash (along with a piece of paper with your name on it) into the lockbox behind table #3 in the poolroom. The dues are still \$5 for the entire year.

Thanks to the efforts of Bill Daly and Penny Wilson, we had a near sellout crowd at the On Top of the World Christmas party in December. A special thanks goes out to Leslie Conlon for her artwork on the announcement poster and tickets, and for the beautiful gift baskets she donated for auction.

Our three entries in the Marion County Senior Men's League are in the thick of the race for the champion's trophy. At the halfway point in the season, my Team #1 has a 8-1 record, J. C. Brown's Team #2 is 3-5 and 1 tie, and Jerry Kamenker's Team #3 is 3-4 and 2 ties. Bill Daly, who plays for Team #2, has taken over the chairmanship of the league and we are all looking forward to his leadership in the second half of competition.

I have seen some new faces in the poolroom lately. If you are interested in playing on one of our teams, see any of the captains for a tryout. We already have full teams, but can always use new talent to supplement them. If you want to form your own team, see Bill Daly for details on entering the league.

Our ladies meet every Monday morning from 9 a.m. to noon and will be competing against the team from Cherrywood again this year.

I hope everyone has a happy and prosperous New Year. Until next month, keep stroking and keep your tip dry.



## Bocce

Ray Shultz

Dear bocce enthusiasts, I've recently read that bocce is over 70 centuries old and so are the arguments that go with it. Bocce the so-called game of the Caesars isn't a sport. It is an excuse to get out of the house for a few hours, share friendly conversations and provide fuel for the universal hobby of arguing. Actually, bocce is the direct ancestor of such games as bowling, duckpins and candlepins. It could also be called the stepfather of curling, shuffleboard and horseshoe pitching.

The following are some highlights of the On Top of the World Bocce Club board of directors meeting held Jan. 5: "The Best of Bocce" tournament will be held on March 30 beginning at 9 a.m. John Mataya (league rep for match play) reported that the State of Florida now has a bocce tournament with the cost being \$10 per person. The county tournament is held in Ormond Beach in November and the state tournament in Cape Coral in December. All costs are the responsibility of the player and they use the match play format if anyone is interested.

As a reminder, I would like to mention this item again. Players, please, if you can't make a scheduled game you must get a substitute to replace you. After getting that sub, please inform your team captain with their name and phone number.

Would you like to play bocce or think you would and would like to try it first? Give me a call or stop by at the bocce courts on Monday or Wednesday mornings at 8:30 a.m. for open bocce. We are currently trying to recruit new members into the Bocce Club, so if you know of anyone who might be interested in joining us or would like more information, please give me a call at 390-3728 or e-mail me at rrshultz90@yahoo.com.

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Photo by Jeanette Lundy

**Vern Uzzell and John Mataya who participated in the Florida State Championship games at Cape Coral, FL in December 2008.**



### Shuffleboard

Robert Riedeman

The Shuffleboard Club's schedule for the New Year is well under way with the usual six playing times. The winners (those who won the most games) for the month of December are as follows:

#### Monday A.M.

Men: (tie) Charlie Lentz and Bob Schuck; Women: Vickie Lentz

#### Monday P.M.

Men: John Mataya; Women: Helen Foskett

### 2009 On Top of the World Telephone Directories

You may pick-up your copy at the Health & Recreation information desk Monday through Friday, 8 a.m. to 4 p.m.

**Tuesday P.M.**  
Men: Al Sternberger; Women: Eleanor Krowka

**Wednesday P.M.**  
Men: Bill Eberle; Women: June Hajjar

**Thursday A.M.**  
Men: Frank Dubay; Women: (tie) Phyllis Hershey and Violet Dubay

**Friday A.M.**  
Men: (tie) Roger Werner and Joe Szabo; Women: Marilyn Youngman

The 2008 Florida Senior Games State Championship took place in the city of Cape Coral Dec. 6 through 14. Two On Top of the World players participated: Vern Uzzell and John Mataya. In singles competition, Mataya won a silver medal in the 80-85 age group, while in the 85-90 age group, Uzzell placed fourth. In doubles competition, Mataya and Uzzell teamed up to place second. Congratulations to these gentlemen!

The next stop will be the National Senior Games in August in San Francisco, CA. Both John and Vern wish to encourage more On Top of the World players to participate in the Florida Senior Games in 2009.

The next general meeting of the Shuffleboard Club will take place on Thursday, March 5. The meeting will be followed by luncheon in Health & Recreation Ballroom.

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### Ballet Club

Eugenie Martin

Have you ever become involved in some activity and then wondered if you were doing the right thing? That's what happened to me when, in my middle years, I first started taking ballet. I was petrified. The class was 90 minutes long and the teacher, although pleasant, was trained in Russia to give a very disciplined and physically rigorous class. If the teacher gave me a correction, my body would freeze and my mind would go blank.

In spite of my fear, I kept attending

ballet classes twice a week. When a friend told me that she loved ballet because her problems disappeared during those 90 minutes, I thought she was nuts. Maybe I didn't worry about my everyday problems in ballet, but the class itself was very stressful for me.

Eventually, that changed. I wish I could say that I had a Zen moment and was suddenly "at one" with ballet. Instead, the change occurred slowly and almost imperceptibly. Then, ballet became a type of therapy for me - physical therapy in toning and stretching my body; mental therapy in requiring me to learn dance positions and combinations, plus their names in the French; and psychotherapy of the most pleasing type. My life problems faded during class. All that mattered was moving to beautiful music. It was, and has continued to be, a transcendental experience, and the cheapest therapy available.

Three times a week in the Arbor Club next to the indoor swimming pool, we offer free ballet training. Our classes are one hour long and not so rigorous as those I first took 25 years ago. You do not need previous experience to join us - we are all working at different levels. We have daytime classes Tuesday and Thursday from 1 to 2 p.m. and one evening class Monday from 6:45 to 7:45 p.m.

For more information, please call me at 854-8589. Happy dancing!



### Line Dancing

Sherry Ashenfelter

Along with other dance fans from On Top of the World, in January we attended the UCWDC World Dance Championships



### Square Dancing

Maureen Lea

held in Orlando. The six-day event attracts thousands of dancers and included over 130 workshops for line dancers, over 120 workshops for couples, line dancing that began at 9 a.m. and continued until after midnight, a variety show, vendors selling dance apparel, music, jewelry, wearable flashing lights, orthotics and over 140 contests for couples, teams, and solo line dancers. Capturing our attention was a competitor from Finland, Saku-Petteri Tonteri, who won the title of Overall Champion in the category of Line Dance Male Teen Novice.

In January 2010, Worlds will be held in Nashville, TN. Through the years, the location changes, some competitors retire and new competitors appear, costume requirements change and music and dance evolve. One thing remains the same - each year, we return from Worlds inspired to become better dancers.

For information about line dance classes, call 873-9440 or 857-6355.

Don't forget the Winter Whirl on Saturday, Feb. 28. This is a Saturday dance and will be held at the Health & Recreation Ballroom. Early rounds start at 7 p.m. and dancing starts at 7:30 p.m. The fun continues until 10 p.m. We have national caller Gary Shoemake and Joanne Helton will call rounds. Tickets are on sale for \$8 per person.

Walt and Janet Becker still have tickets available for a quilt and a laptop computer to be raffled off at the State Convention in May. They are \$2 each or 3 for \$5. The Becker's are also selling ribbons for the Shamrock Swing to be held at The Villages March 20 and 21. They are \$17 per person for the weekend and \$19 at the door. Daily admission is \$13. Tony Oxendine and Bob Stern will be calling; Joanne and Ken Helton will cue the round dancing. Watch for more details regarding the State Convention.

Our regular club dances are going well. They are every Tuesday at the Arbor Club from 7 - 9 p.m. Again, round dance workshops are on Thursdays from 10 a.m. - noon at the Arbor Conference Center, and A2 is on Friday from noon to 1:45 p.m., followed by an Intro to DBD Workshop from 2 to 3:45 p.m.

Come join the fun, and dance, dance, dance!

### Health Seminars

By PAT WOODBURY

The Beginner's Ball on Jan. 10 was a big success. It looks like we have another bumper crop of dancers blooming. Thanks for showing your support.

Do you have a sweetie? Well, the Valentine's Day Dance is the place to be on Feb. 10. Don Hanhurst always does a good job for our dances, but he really makes an effort to make the holidays special.

The regular club dances are going well. They are every Tuesday at the Arbor Club from 7 - 9 p.m. Again, round dance workshops are on Thursdays from 10 a.m. - noon at the Arbor Conference Center, and A2 is on Friday from noon to 1:45 p.m., followed by an Intro to DBD Workshop from 2 to 3:45 p.m.

Come join the fun, and dance, dance, dance!

tion & Support (ADAES) will return to Joy Lutheran Church for another session. The date is Friday, Feb. 27 from 1 to 5 p.m.

Terri will continue to speak on caring for the person with Alzheimer's or Dementia.

Her content will include preparation for the wandering incident, safety issues in the home and planning the day with activities for the person with dementia. A free-will offering will be asked for this session.

Joy Lutheran Church is located at 7045 SW 83rd Place at SR 200.

For further information and to register for either or both programs, contact the church office at 854-4509 ext. 221.

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## The Happy Hookers

Carole Toye

The holidays are behind us and we should be back to our normal routines and catching up on our projects, which,



## Artistic Crafts & Gifts

Loretta Troutman

Every Tuesday ... yes, every Tuesday morning we set up our tables to display our handcrafted items in the Health & Recreation Ballroom. We so often meet people who come up to the Ballroom on Tuesday morning who say, "I didn't know you were here. This is very nice. You have a wonderful variety." (Or words to that effect.) That's a fact.

We have many handmade items for your home decor or gift giving. Ed Burk has recently joined our group. He makes a novel useful item, which is sure to be popular. He makes wooden holders for bingo cards, also multi-use holders for bingo cards, dominoes, rummikub tiles and playing cards. They are all reasonably priced.

Do come up and get acquainted. We'd love to meet you. We are in the Health & Recreation Ballroom every Tuesday morning from 9 a.m. to noon.

## The Movie Club Presents 'Fireproof'

By MARY EHLE

The next movie will be held in the Health & Recreation Ballroom on Sunday, Feb. 8. The movie will be shown at 6 p.m. but a potluck supper will be held first at 5:15 p.m. The club will be providing meatballs and sausage; you are asked to bring something to go along with this. As always, you need to bring your dish of food and your table service as well as your beverage. Please come by 5 p.m. so that we can get everything ready to serve on time.

The movie will be "Fireproof." This stars Kirk Cameron and Erin Bethea. It is about a heroic fireman locked in a failing marriage who takes part in a 40-day experiment. It has a five-star rating and I felt that it was time to give the guys a movie. Hope to see you all there.



### Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.

If residents would like to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.



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if you're like me, have been set-aside over the holidays!

Currently, Linda Lohr is finishing up Christmas placemats (no hurry on those). Her next project sounds interesting; making ornaments using buttons. Can't wait to see how that is done. Naomi Berman is cross-stitching a kitchen chef. She always does nice work. Ruth Rasmussen is now working on a needlepoint of an outdoor scene. She is a pro, always working on the most intricate patterns. Carol Berta, another of our very skilled cross-stitch experts, is taking it easy and working on "pooh." She has a Christmas angel she is working on at home, needs concentration for that one! Carol Lopez is finishing up her embroidered kitchen towels. Jackie Nolte is making another afghan.

Come and check us out, newcomers are always welcome. We meet weekly in the Arts & Ceramics room on Mondays from 2 to 3 p.m. We are a very informal group working on "whatever" project. If we don't feel like working on anything, we go and socialize.

## Embroidery Chicks

Jan Johnson

The Chicks have been busy. After completing our Santa gift bags, we are working on our charity project of the year for Romeo Elementary School in Dunnellon. The project is something that we have done previously and although we are happy to do it for the needy children, we are always glad to return to our embroidery. Our project entails making tops and hats for some of the students at the school. Using donated fleece from outside sources (thank you, Carol), as well as whatever we ourselves have, we design, measure, cut and sew or serge long-sleeved tops and coordinating hats. Some will embroider cute designs on the tops, as well. Thanks also to Theresa Randolph and Lorraine Brokof who are spearheading our efforts.

Our next project will possibly be a cutwork/embroidery breadbasket liner. I have not seen it yet but cutwork is another technique we want to add to our repertoire.

If you have questions about the Embroidery Chicks, please call Theresa at 291-7570. The Chicks meets on the first and fourth Friday of each month in the Arbor Conference Center, Suites B and C. We begin between 9:30-10 a.m. and finish sometime after lunch. Members have a variety of machines and all are welcome. Stop in and check us out.

**World News Deadline**  
Noon, 13th of the month

## Sunshine Quilters

Ann Weldishofer

Twenty-five members of the Sunshine Quilters gathered for our first meeting of the New Year on Tuesday, Jan. 6. Our "banner" committee is busy creating a new design, which when approved, will be used on new pins and other club items that need a logo.

Pat Quintan said she has reserved two tables for next October's Craft Show, and we will have a better display area. Our children's quilts will show to better advantage! We've purchased fabrics for the coming workshops.

Jane read letters of thanks from Kimberly's Cottage, Genesis House and the Domestic Violence Center, which are the last three places we delivered comfort quilts to. It's always nice to know that our work is truly appreciated.

Ann Weldishofer will head up the committee for the series of Beginning Quilt



## Sewing Bees

Linda Lohr

Well, the New Year and winter are here! Coming from Connecticut, I'll take this any day as they are having another snowstorm as I write this.

The Sewing Bees are in full swing and making quilts are our primary goal for the next few months. Those of you who used to sew or do handwork, if you have material, thread, fiberfill and/or embroidery thread clogging up your closets - we would love to have your donations.



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Classes we will be doing. Renee Aden, Wilma Foreman and Shirley Kilpatrick have volunteered to help. These classes will be geared to the beginner level quilter, including brand new quilters. We'll learn how to cut, stitch either by machine or by hand, put a pattern together, appliquéd, layer for quilting, quilt together and bind the project. These classes will begin on Tuesday, Feb. 10, at 1 p.m. in the Art Room of the Arts and Crafts Building. For information on the classes or to sign-up, please call 237-9926. We need to know how many people to expect!

We discussed several quilt shows that are being held in January, February and March; we will meet and carpool to some. You need to call to see which ones and when we would be going. There will be a group going to The Villages show on Jan. 30.

We also welcome quilters to come join us on any Tuesday. We are usually in the Art Room by 9:30 a.m. for workshops. Our business meeting is the first Tuesday of the month at 1 p.m.

We look forward to seeing some new faces!

Through several child advocacy groups such as Kimberly's Cottage and Guardian Ad Litem, we provide quilts, pillows, stuffed animals and tote bags to abused, abandoned and neglected children in Marion County. Our items provide a small bit of comfort for these unfortunate children. We try to make quilts that appeal to boys with trucks, planes or sports themes. For the girls, we use floral prints, sports themes or almost anything pink. If material is lying unused in your closet, it will find a home with us! Even small pieces of material are welcome, as we also make patchwork quilts.

We are a group of about 25 women meeting every Thursday at 12:30 p.m. in the Art Room located near the mini golf course. For information or donations, please contact Marcy at 854-1181 or Lee-Ann at 854-7205. Or stop in and see us! We would be most appreciative of any donations.

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## World Traveler

Bill Shampine

In July 2007, Ron and Betty Broman took a wonderful cruise on Holland America called Voyage of the Vikings. Actually, the trip consisted of two back-to-back cruises, so it covered a lot of ocean and countries. It took a route, known to have been traveled by the Vikings over 1,000 years ago. The Broman's were kind enough to share their experiences and photographs with me. I thought it would be fun to talk about at least some of the places they visited. Part of that cruise included Newfoundland, Canada. Let's start there.

Newfoundland is a large island (about the size of Virginia) located off the northeast coast of North America. Humans have lived there for more than 9,000 years. The oldest known European contact was made over 1,000 years ago when the Vikings briefly settled on the north coast in an area called L'Anse aux Meadows. This archaeological site, the remains of a Norse village, was discovered in 1960. The remains of eight buildings have been located. These buildings, believed to have been constructed of sod placed over a wooden frame, are thought to include dwellings, an iron smithy, a carpentry workshop and a specialized boat repair area. Data indicate that the site only existed for about two years. Written Norse sagas, such as the "Saga of Eric the Red," describe the experiences of Norse Greenlanders who discovered and tried to settle a land west

of Greenland. This land was called Vinland, and there is speculation that L'Anse aux Meadows might be that mythical Vinland. Ron and Betty visited this site, and thought it was one of the highlights of the trip.

Although folklore suggests the Newfoundland area was visited by the Irish in 1170, the Scottish in the late 1300s, and the Portuguese in 1431, it was not until 1497 when the island was documented as "discovered" by the Italian John Cabot, while on an expedition for the British. After that, Portuguese, Spanish, French, English and Irish fishermen commonly fished the offshore waters. The first European settlement was founded in 1610. European expansion then continued over the next several centuries, with Newfoundland eventually becoming a British colony. The colony was self-governing from 1855-1934. In a close vote, in 1948 Newfoundlanders chose to leave the British bosom and join in a confederation with Canada, thus becoming the youngest province in Canada. The province includes both Newfoundland and Labrador.

Newfoundland is a pretty land, rocky and rugged, but green with lots of meadows and swampland, particularly along the coastal areas, and some heavy forests of spruce and fir in the hills and mountains. Much of the 6,000 miles of coastline is very rocky; not at all like the sandy beaches of Florida. Tourists are encouraged to enjoy the many outdoor activities such as hiking, camping, kayaking, fishing and hunting. The populace throughout the year enjoys multiple provincial and two national parks, although it does get a bit chilly in the winter.

To take advantage of the winter, there is a major ski resort near Corner Brook in the west. The Gros Morne National Park located on the west coast was named a UNESCO World Heritage site in 1987 due to its complex geology and remarkable scenery.

Another geographic fact that I found interesting is that the Appalachian Trail extends all the way into Newfoundland! I had thought it was 2,175 miles long, started in Georgia, and ended in Maine; but I thought wrong! The international portion of the trail is not completely open yet, but some of it was completed and opened in 2006. They continue to open more and more portions of the trail as money and weather permit.



Photo by Ron Broman  
A small dockyard along the Atlantic coast near St. John's, Newfoundland.

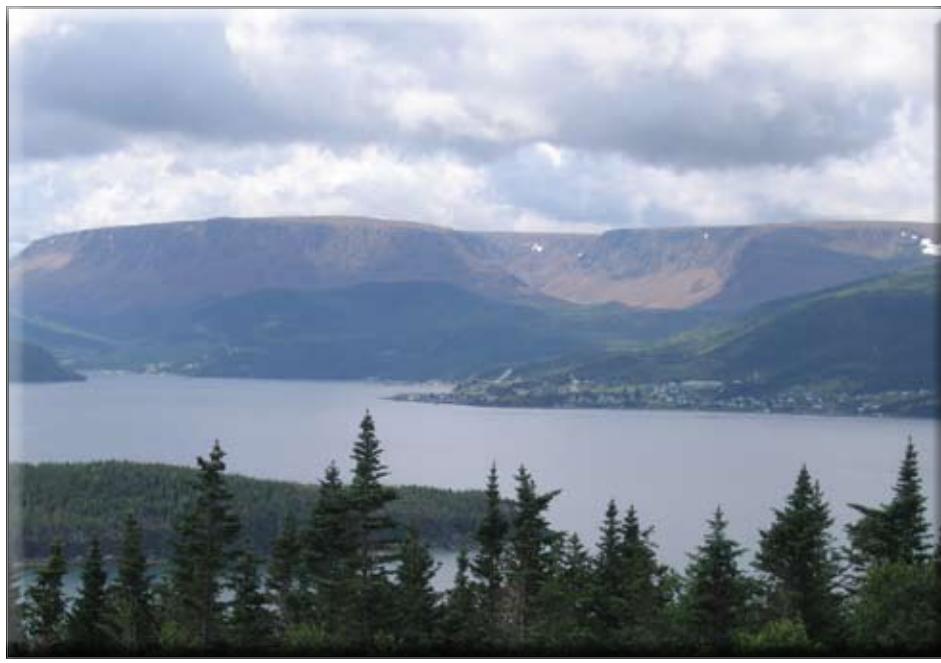


Photo by Ron Broman  
A view of the countryside near Corner Brook, Newfoundland, which is located on the western side of the island.



Photo by Bill Stubbs

**Tonette Stubbs and her husband, Bill, recently cruised the Mediterranean and crossed the Atlantic on the Seven Seas Voyager of Regent Cruises. During the two-week journey, a 'Dancing with the Stars' competition was held and Tonette won the \$500 prize! Here she is dancing the jive with one of the professional entertainers onboard.**



Photo by Herb Schroeder

**Edie Diekman, Pat Schroeder, Lois Miller, Diana Morgan and Shirley Schopf on a holiday cruise aboard the Mariner of the Sea in December 2008. The cruise was organized by Larry Wilver of The New Pretenders and Margaret Orlando of the Social Club.**

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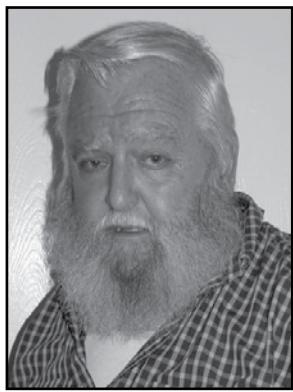
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## Travel Toppers

Jo Swing

Here it is February, the month of groundhogs, presidents and valentines; a very busy month indeed. Travel Toppers is also busy this month.

Saturday, Feb. 7, is the trip to see "Waist Watchers, the Calorie-Free Musical" at TBPAC in Tampa. Check with coordinator, Suzanne Reilly, for availability.

On Tuesday Feb. 24, the always popular "Adults at Leisure" series will present "Puttin' on the Hitz" at Ruth Eckerd Hall in Clearwater. Call Helen Sternberger for more information.

"Stars on Ice" at the St. Pete Forum in Tampa will be on March 1. Kathy Peterson is the coordinator. Check with her for availability. Another "Adults at Leisure" presentation, "Cirque Mechanics Birdhouse Factory" will be presented on March 24. Claudette Moher is the coordinator. On Saturday, March 28, Travel Toppers will be going to the Show Palace Dinner Theater to see the delightful musical, "Thoroughly Modern Millie." Included with the show is a wonderful buffet lunch. Please call Pat Benson for reservations.

April begins with "101 Years of Broadway" at Ruth Eckerd Hall in Clearwater on the first. Please call Ruth Goldstine for reservations. Reservations for the April 20 trip to Epcot for the International Flower & Garden Show will start Feb. 13. Helene Sternberger is the coordinator. The fishing trip on the Thunder out of Hernando Beach is set for Monday, April 27. Call Jo Swing for reservations.

There is still room on the Alaska Cruise from Friday, May 29 through Friday, June 5. Call Audrey Mangan for more information and reservations.

Travel Toppers is planning a cruise to Bermuda from April 17 - 24, 2010. Audrey Mangan has information about this trip also.

Travel Toppers meet on the first Wednesday of the month in Suite A of the Arbor Conference Center. All On Top of the World residents are welcome. Until then, happy travels to all.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

## On the Road Again

Bob Woods

Well, now that the New Year has passed and most of us have given up on our New Year's resolutions, its time to think about getting out of the house and seeing some of our country. Why not take one of our trips?

We still have some seats remaining for the Savannah trip departing On Top of the World in May. We also have a few seats that just opened up for our San Antonio trip. This is a nine-day, eight-night trip departing April 18. This is a great trip visiting the Alamo, the famous River Walk, L.B.J. Ranch and the Summer White

House, missions and much more.

One trip in which I am very excited about is the Trains of the Colorado Rockies. The price on this trip has been reduced, because we wanted a more direct flight to Denver. Now, we will have a round-trip non-stop flight from Tampa to Denver by United Airlines. We won't get this trip any cheaper than it is at present. The airline seats have been booked.

Imagine, the hot humid, sunny days that we will be encountering in July except for those who venture on this trip traveling to the Rockies enjoying cooler temperatures. If you think you might want to accompany us on this magnificent trip, please call me for additional details and the final pricing.

If you are looking for something a little different in travel, I will be giving a lecture on Antarctica on Feb. 5 at Master the Possibilities. I was stationed in Antarctica for one year from 1960-1961 with the Navy wintering-over at McMurdo Sound. I spent my 21st birthday at the geographic South Pole. I am not planning a trip to the Antarctic but it is a little different than trips taken today. Check the Master the Possibilities catalog for the time.

As promised in last month's issue, here are a few of the trips for 2010. We are planning a trip to Washington, D.C. during cherry blossom time, basically around April 1. We will be visiting many of the city's memorials, Arlington National Cemetery including the Tomb of the Unknown and Kennedy graves, full city tour, visit to Smithsonian Institution and much more.



## Candler Excursion Club

Sylvia Joram

Our Excursion Club started out with a bang at our Jan. 6 meeting. New officers were presented and refreshments were served. We said goodbye to our 2008 president, Mary Giannukos and thanked her for her dedication and leadership.

Sylvia Joram will now be president; Betty Russell is vice-president; Carol Hobbins is Secretary; Marilyn Lube is treasurer; and Felice Boniakowski is membership chairperson.

We will all do our best to serve our members and provide interesting trips in

the coming months.

The February trip to the Tiffany Museum in Winter Park is completely full and everyone is excited and will most certainly have a very good time.

The excursion to Plant City for the Strawberry Festival is on Friday, March 6; cost of the trip will be \$32 per person and will include bus, festival entrance fee and tips for the driver. There will be music, games, food and a fair-like atmosphere. We will be stopping on the way home from the festival to purchase strawberries for our personal use. Call Betty McCarthy at 854-9416 as soon as possible for reservations.

There is still space on the bus for those of you wanting to join us on the overnight trip to Kennedy Space Center on April 27 and 28. The cost of \$147 per person includes bus transportation, one night stay at the Hampton Inn in Cocoa Beach, which includes breakfast and admission to the Space Center for two days. Lunch and dinner will be paid for individually but arrangements will be made to have dinner as a group at a selected local restaurant. A deposit of \$75 is due at time of booking with the balance to be paid before Feb. 15. For further information and booking for this trip, please contact Mary Giannukos at 873-7294. We suggest you call soon for reservations.

We will be planning the remaining 2009 trips, and hopefully have the listings in next month's column. I am sure

they will be exciting and we will have you in mind during the planning stage.

Our next meeting will be Feb. 3 at Candler Hills Community Center at 6:30 p.m. We look forward to seeing you there. New members are invited to join, \$3 per person or \$5 per couple.

I welcome all calls and messages at shantijoram@hotmail.com or 291-1770.

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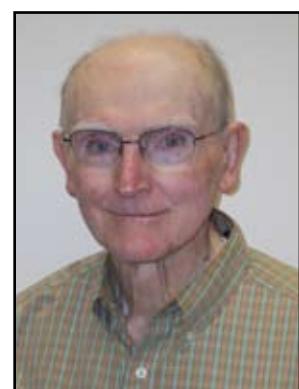
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## Opera Bernie Kelly

On Jan. 8, the Opera Appreciation Class had the opportunity to discuss and watch the great Mozart comic opera, "The Magic Flute." On Feb. 5 it will be decidedly a change of pace when we watch the double feature of "Cavalleria Rusticana" and "Pagliacci." The music is very different since they are written in the verismo or naturalistic style that was coming into fashion at the end of the 19th century. Also they are both one act operas, which end tragically and are composed by men who are one hit wonders, very unlike Mozart. They were completed within two years of each other and are most generally staged together. The Met has been doing it since the 1890s.

We will start with "Cavalleria Rusticana" because it was composed and staged first in 1890. Pietro Mascagni was just 27 years of age when Teatro Costanzi produced it creating a sensation. By 1892, the opera had been performed in Paris, Berlin, London and New York as well as all the major venues in Italy. It was universally hailed by critics and the public making Mascagni famous, as well as a man of influence and wealth. During the rest of his life, Mascagni wrote 14 more operas but never had anything like the success of "Cavalleria." "L'Amico Fritz," which was composed in 1891, was a minor success and is the closest he came to a hit composition. This opera is sometimes staged today outside of Italy but only "Cavalleria

"Rusticana" is in the standard opera repertoire. Mascagni died in 1945 after a long life but he was in poverty and disgrace because he had cast his lot with Mussolini in the 1930s and 40s.

Our two operas were recorded and filmed in two days in an empty theater. They are directed by Franco Zeffirelli who did not just use the footage from the theater but went out on location in Sicily to give a realistic aura to the operas. He used the town of Vezzini in Sicily, which was the home of Giovanni Verga who was the author of the short story that was the basis for the plot of Cav.

The casts of both operas are very strong. Remember we are talking about 1981 when Placido Domingo who is the tenor in both productions was 42 years old and at the top of his game. The orchestra is that of La Scala conducted by Georges Pretre. The rest of the cast was well known and highly esteemed. The plot is one of seduction, infidelity and a duel with knives to the death. It all ends tragically for the hero sung by Domingo.

The second opera is "Pagliacci," which is really two acts but is played as though it were two scenes. Once again Domingo sings the lead with Teresa Strata, his unfaithful wife, and Juan Pons as the clown Tonio. The plot is the play within a play technique with the culmination taking place on the stage of the play with Domingo stabbing his wife to death because she will not give him the name of her lover.

Leoncavallo composed "Pagliacci" for production in 1893, which was two years after the success of "Cavalleria."

Like Mascagni, Leoncavallo became famous and wealthy by the success of this one opera. He wrote 12 more in his life but none was really successful. One of them "La Boheme" had some mild acceptance and is still staged today on occasion especially in Italy. The problem was that Puccini's "Bohemian" was simply better and since operas are so expensive to stage, opera companies went and continue to go with the sure thing, Puccini's opera.

There is plenty of drama and great singing in these two productions. Tony and I hope to see all you opera fans on Thursday, Feb. 5 at 1 p.m. in Suite C of the Arbor Conference Center.



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Photo by Howard Kirschner

**The Concert Chorus presented "Songs of the Season" in December.**



## Concert Chorus

Joanie Bolling

The On Top of the World Concert Chorus presented the final concert of 2008, "Songs of the Season" on Dec. 12 and 13.

In order to accommodate a larger audience, two dates were held, one on Friday evening and a matinee on Saturday afternoon.

A beautiful wreath hung from the backdrop on stage. The ladies wore red corsages created by Anne Merrick. The men wore red bow ties with matching cummerbunds.

The first portion of the program included traditional music. The second half was more on the lighter side, which brought laughter by many. All enjoyed a sing-a-long as familiar holiday favorites were sung.

The director, Jean Monroe, is conducting auditions on Thursdays in the Health & Recreation Ballroom at 10 a.m. for additional singers who can read four-part harmony. Tenors and basses are especially needed.

We appreciate your support of our chorus for this past year and look forward to the New Year with new music, voices and concerts.

Joanie's note: With your hearts united, fill the earth with music.

Feb. 23, when rehearsals for the revue will start. Don't be shy and give her a call!

The Theater Group has 31 paid-up members and would like to have many more. Are you interested in the theater? Do you want to form part of an interesting and pro-active group? Then come and join us! There is plenty of work for all, and not necessarily in the acting department. Meetings take place every second Monday of the month at 2:30 p.m. in the Arbor Conference Center, Suite D. The next meeting will be Feb. 9, so come along.



Photo by Bob Woods  
**Walter Koenig plays the piano  
during an audition for the  
Theater Group while Dottie  
Berkowitz gets ready to sing  
one of the musical's tunes.**

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Photo by Bob Woods

**Sand Hill Cranes take flight at La Chua Trail in Gainesville.**



Photo by Bob Woods

**An alligator sunning himself.**

## La Chua Trail

By BOB WOODS  
WORLD NEWS WRITER

I was recently told and I also read in the local paper that a huge influx of Sand Hill Cranes had arrived at the Payne's Prairie Preserve State Park located close to Gainesville. I had to investigate knowing that an opportunity might be available to do some photographing of these birds that have migrated from the north to this winter location. I also read and was told there were two misplaced cranes accompanying the Sand Hills and that was two Whooping Cranes.

It wouldn't be hard spotting the Whooping Cranes, as the color of the bird is white while the Sand Hills are grayish in color, besides the whooping crane is the largest standing bird in North America.

Traveling up U.S. Route 441, after passing the main entrance to the State Park, there is an observation platform overlooking the prairie. Stopping, we noticed one

wild horse off in the distance but what aggravated me the most, I was watching a pair of red-tailed hawks building a nest in a palm tree. Every time I tried to take a picture framing the bird in my viewfinder, but by the time my digital camera did all it is supposed to do in the automatic mode, the birds were long gone and no chance of capturing them in a picture.

Arriving, after trying to find the exact location of the La Chua Trail, we set off for a walk out into the prairie. If you decide to venture to this trail, I strongly recommend fantastic walking shoes or hiking boots. The trail is a little over one and one half miles in length taking you out into the prairie. Also, bring some water with you. There is no shelter or places to sit along this trail.

Meeting folks returning from the trail, we were told what to expect as we walked along the grassy path. We were told that the two Whooping Cranes were right along the side of the trail along with hundreds of Sand Hills. Those folks telling us the numbers of the birds had to be wrong. My wife, Bev, said that she couldn't see the cranes because of this large wall. I informed her that it was not a wall but the Sand Hills. There were not hundreds of these birds feeding or squawking at the

same time, there had to be thousands. There is no way of getting so many birds in one picture.

It was easy locating the Whooping Cranes. There were all kinds of folks with sophisticated camera equipment photographing them as they scavenged for food alongside the Sand Hills. The cranes were just far enough away from the trail not to be in danger of the many humans watching them.

Cameras with long lenses were needed to get any type of picture. Taking many pictures of the Sand Hills with their strange eating mates, Bev and I ventured further down the trail, getting deeper into the prairie.

It wasn't long before we ventured upon another group of nature watchers and to our surprise at good distance was a small herd of wild horses. Of course, my camera was clicking trying to get a few Sand Hills in flight with the horses in the background.

At the end of the trail was an observation platform and there off in the distance, and I mean off in the distance, was a herd of bison. They were so far away that taking a picture was useless. All the time I have visited the prairie I have never seen the horses or the bison.

On our way back, both of our feet were, let me say, getting very tired when we heard the sound of a vehicle heading down the trail. It was a park ranger on an ATV and when he got near the first flock of Sand Hills and the two Whooping Cranes, the noise of the vehicle scared the birds and they all took to flight. The air was filled with birds.

Payne's Prairie is a 22,000-acre wilderness that at one time was a very large lake. This lake was large enough to have steamers traversing around the lake stopping at designated locations. Somewhere around the turn of the century, a large sinkhole appeared swallowing up the lake's water. The remaining lakebed, dry for all practical purposes, became an enormous cattle ranch. It went wild with growth and in 1971 became Florida's first state preserve.

Both Bev and I were happy we ventured to the prairie when we did. In one day, we saw so much wildlife. Starting off with a pair of bald eagles, hawks, wild horses, bison, alligators, Sand Hill and Whooping Cranes and a variety of herons and other waterfowl, we had a very prosperous day viewing Mother Nature.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



Photo by Bob Woods

**Whooping Cranes feeding with the Sand Hill Cranes.**

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To register on-line please go to  
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## R/C Flyers

M. Keith Nadel

The Consumers Electronic Show held in Las Vegas, recently showcased products dedicated to keeping 65+ seniors ac-

tive and engaged by keeping the body and mind sharp in easily taught yet challenging activities whose involvement may be by solo or as a group activity. Well, readers, this aptly fills the bill for those pilots of this club. Each of us either fly alone, or with a buddy, yet the kibitzing and comments of the spectators rise to the heights of good fellowship and mutual support for challenging and daring aerobatic feats which is a daily occurrence. Each smooth takeoff and landing is applauded as well as maneuvering skill.

To this end, the January club meeting presided by the incoming president Larry H. Riehl with over 80 members in attendance accounted forthcoming events planned for 2009. These events will prove to be a blast for participants and spectators alike.

Scheduled for March 28, the "Big Bird" involves the construction, presentation and flying of the larger model aircraft, usually denoting 80" for single wing and 60 or more inches for biplanes. This is a

spectacular show and you are encouraged to attend.

Next, is the presentation from the pilots belonging to the Society of Antique Modelers, an event that presents models from the 1930s and 1940s, which were powered by rubber band motors and primitive internal combustion engines. These models, unlike current craft, were without internal controls, thus their flights are not unlike using a sling shot with ones' eyes closed. The current repli-

cates solve those shortcomings. The Nov. 7 "Fun Fly" open to all sanctioned pilots in the United States and Canada of all ages flying colorful craft of all conceivable designs, especially combat airplanes from WWI, WWII as well as various civil aircraft. This event is great fun, awe inspiring and often requiring unique skills. Last November, the club hosted and fed hundreds of visitors and flyers.

These events are popular among the On Top of the World residents and visitors from afar. Entrance and parking is

free and the Ladybirds handle the food like professionals. Included in the club's frolic are annual picnics and spontaneous drills including combat (chasing streamers), pylon racing, aerobatic exhibitions, scale flights, which include bomb and parachute drops, etc.

Building and flying model aircraft can be enjoyable for everyone, and whether you are skilled or unskilled it is enjoyable flying or watching these superlative crafted models, which mimic the flight of birds and invigorate the imagination. Whatever you envision can, with training, become possible. Come visit and give it a try.

Many of our pilots are so skilled and accomplished at the regional and national performance level that their planes' performances raises the joy of flying to an art. All readers are encouraged to visit the field at the end of 94th Street, just beyond the Arbor Club. Just introduce yourself to any pilot there and he will take it from there. We encourage interested visitors to sign-up for a carefully monitored flight with our experienced instructors.



## Friendship Amateur Radio

Ed Brendle

The Friendship Amateur Radio Club held its monthly meeting on Jan. 12. Charles Lucas, our president, presiding. Antique radios were the discussion and theme at this meeting with several examples on display.

The next formal meeting will be Feb. 9 when discussions for upcoming elections of club officers will be in order. Our website continues to show the treasurer's and secretary's meeting minutes.

The FARC's Club Call is N4FRC.

The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB and KF4RJG, is again searching for eligible candidates. Local schools are being contacted as well as publicity to the local newspapers. A separate notification has been sent regarding this scholarship fund.

The next meeting is scheduled for Feb. 9 at 1:30 p.m. at the auxiliary Sheriff's station on West SR 200. All Hams are invited and members are urged to attend and to bring a guest.

A recent notation is that our club is now recognized as an SSC, Special Services Club, of which there are only four in the immediate area.

The FARC is open to all Hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC meets at the West SR 200 Sheriff's auxiliary station the second Monday of each month. We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities.

In addition, the FARC has a two-meter net that meets on Mondays at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting) and a CW net on Tuesdays at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354.

On Jan. 10, the Wood Shop held their breakfast. Over 90 people attended it. It was an overwhelming success. There was a variety of food and all done to perfection. Also, we were able to raise \$100 for Hospice, with the help of Ruth Goldstine. We all owe president Gordon Cich and his committee a big "thank you" for the effort they put into this, hopefully "annual" event.

## World News Deadline

**Advertising and Columns:**  
Noon, 13th of the month

The holiday luncheon of the Community Patrol was a huge success. Ken Colen, Lynette Vermillion and many members of the Sheriff's department, including Sheriff Dean, attended it. Sheriff Dean was congratulated on his re-election.

It was announced that Joe Berger, who founded the Community Patrol was leaving because of his many hours volunteering with the Sheriff's department. The reins of the Community Patrol were turned over to Gary Rodoff and Jim Miller.

The Community Patrol presented Joe Berger with a plaque honoring him for his years of service.

Sheriff Dean addressed the Patrol and thanked everyone for the time they put in. He also mentioned that Joe Berger is now an ICE agent with the Sheriff's department and working on cold case files. Joe was awarded a unit citation by the Sheriff at an award ceremony and, needless to say, he was very proud of receiving it.

The luncheon was excellent and all had a good time.

The Community Patrol is always looking for new members. Gary (291-7508) and Jim (854-4947) will answer any questions you might have.

**DIGITAL Communication Media**

**The Golf Channel  
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Did you ever wonder why some people join CERT? Many years ago, my husband Norman, was getting off an exit in New Jersey, when a car ran into the back of his car. Being upset about this, he got out and started to confront the other driver. He soon discovered the other driver had had some sort of seizure. The door was locked so he could not get to him. He got a wrench and broke the window to at least turn the engine off. He ran to find a phone to call for help (this was an era when there were no cell phones; remember that?).

Finally, he was able to get to a phone and call 911. When help arrived, the man had already passed away. He felt so helpless at that moment that he made a promise to himself that he would learn CPR and first aid so that he would be more able to help in a future event.

When we retired to On Top of the World, Norman enrolled in one of the first CERT classes available to him. Over the years, he became a certified CPR and first aid instructor at Ocala Regional Medical Center, several law enforcement and government agencies, employees of On Top of the World and through the Master the Possibilities for residents.

If it weren't for CERT, he would not have had the opportunity to learn these skills and fulfill his promise to himself made years earlier.

There have been many stories from our members stating that during personal emergencies, the training they received had helped save their loved ones.

If this learning is something you could use, you are welcome to attend our meetings. We meet at the Arbor Conference Center the second Tuesday of each month at 9 a.m.

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## Anything But Bland

Executive Chef Dave Bland

Starting Feb. 1, Candler Hills Restaurant will be featuring an updated menu with some new offerings including Chicken Quesadillas and the Par 3 Salad. I think everyone will be very excited about the changes and the prices will be pocket friendly. Whether you are getting off the course or want to go in for a bite to eat or

join friends at the bar, there is something for everyone at Candler Hills Restaurant. Join us for Fish Fridays and Prime Rib Night on Fridays and Saturdays. Our hours of operation are Monday through Thursday from 11 a.m. to 6 p.m. and Friday and Saturday from 11 a.m. to 8 p.m. Sunday, we offer Sunday Brunch from 8 a.m. to 1 p.m. and lunch from 1 to 5 p.m.

February is better health month at Master the Possibilities and we have two culinary classes themed on making smarter eating choices. Both Chef Greg and I will teach "Cooking For Better Health" on Feb. 16 at 1 p.m. Chef Paulette will teach about vegetarian cooking, the healthy way, on Feb. 18 at 11 a.m. In our "Cooking for One or Two" series, Chef Greg and I will show you how to make that romantic dinner for two on Feb. 23 at 1 p.m.

Also, we are excited to offer a month of wine classes for \$50 for residents and \$60 for non-residents. The first week is "Old World Wines" where I will talk about the wines of Europe and other ancient vines. Next, I will teach on the American wines entitled "New World Wines." I will follow these up with a class on "How to Choose the Perfect Wine" and then finally "Pairing Wine with Food."

I'm looking forward to an exciting month of education! See you in class!



## Dish & That Recipes

Jean Breslin

Can you believe it? Valentine's Day is here again. Hope your whole year is filled with love and laughter, together with family and friends.

### Parmesan Potato Balls

3 large potatoes, peeled and cubed  
2 ounces cream cheese, softened  
2 tablespoons butter, softened  
1/4 cup grated Parmesan cheese  
1 tablespoon chopped scallions  
1 tablespoon dried onion soup mix  
1/2 teaspoon salt  
1/8 teaspoon pepper  
1 egg, beaten  
1-1/2 cups breadcrumbs

### Dill Pot Roast with Carrot Gravy

1/4 cup plus 2 tablespoons flour  
3 teaspoons salt  
1/4 teaspoons pepper  
3 to 4 pounds chuck roast  
3 tablespoons oil  
1 medium onion, sliced  
1 teaspoon dill weed  
2 tablespoons vinegar  
1 can cream of mushroom soup  
1 cup grated carrots  
Combine 1/4-cup flour, salt and pepper, dredge roast in mixture. Brown both sides of roast in oil, drain off excess oil. Add onions, dill weed, vinegar, 1/2-cup water and the mushroom soup. Simmer for 2-1/2 hours. Add carrots and simmer one hour longer. Remove meat. Mix remaining 2 tablespoons flour with 1/2-cup water, add to pan juices and thicken for gravy.

## Travel Toppers Christmas Day Trip

By TERRY ZARRELLA

Two buses filled with On Top of the World residents departed the parking lot promptly at 10 a.m. on Christmas Day. Everyone was dressed in holiday attire in pretty red and green blouses and sweatshirts; some of the men wore holiday ties.

The dinner/theatre held at the Palace in Hudson featured the "Frosty Follies." The show had a cute storyline and the music was very festive. The actors and actresses were very professional and had wonderful singing voices. Almost every Christmas song you ever heard was sung including my favorite "Ave Maria," which gave me goose bumps. The actress who sang that particular song should be on Broadway.

We all enjoyed our buffet dinner that included three entrees of different meats

and fish, a large selection of side dishes, salads, rolls, butter, several mouth watering desserts, coffee and tea.

It totally amazed me that everyone on the trip enjoyed the day. We met residents from all of the different divisions of On Top of the World. Ruth Goldstein who was our bus captain was exceptionally captivating (and I use that word loosely, as she held me captive until I told her yes that I would write this column). Ruth told jokes, handed out chocolate candy and we arrived home safe and sound.

We have been on several trips with Travel Toppers and I say this without reservation; if you haven't traveled to their outings, please do, as you will be pleasantly surprised.



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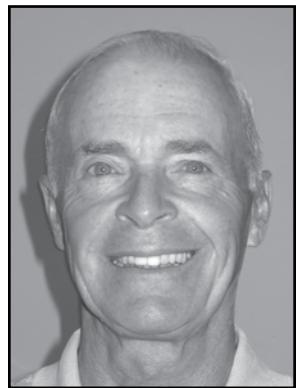
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Photo by Luke Mullen

**Christmas party hosts Conrad and Ann Massa survey the desserts table after welcoming club members to their home.**



### Favorite Recipes

#### Dinner Club

Luke Mullen

What a wrap-up to another year of fine food, entertaining fun, good times and camaraderie at our recent club function! Thanks to the initiative and gracious volunteering of club members Ann and Conrad Massa, our group celebrated a Christmas party at their home. Twenty-eight members came for an evening of fine food and a fun time.

Ann and Conrad had extended an invitation to all club members to come together on Dec. 20 for a festive evening. Our normal dinners are held on the third Saturday of each month and this month was no different.



### Mah Jongg

Mary Ehle

The Mah Jongg tournament is fast approaching. Everything is the same as before: \$20 sent to me with your choice of what you want for lunch; chicken salad, tuna salad, turkey or ham are your choices. Don't forget to bring something for the snack table so that you have a chance to win the free tournament in October.

By now, you have gotten your renewal

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# Card Clubs & Games



## Monday Afternoon Bridge

Sara Anderson

**Dec. 15**

1. Phyllis Bressler & Eleanor Giardina; 2. Marjorie & Bruce Benton; 3. Fran Griswold & Betty Morris; 4. Mazie Millward & Marie Dare.

**Dec. 22**

1. Bill & Edith Hunter; 2. Joan Lord & Doris Keathley; 3. Ida Rosendahl & Carol Thompson.

**Dec. 29**

1. Betty Morris & Fran Griswold; 2. Ida Rosendahl & Dick Mansfield; 3. Doris Keathley & Joan Lord.

**Jan. 5**

1. Fran Griswold & Betty Morris; 2. Edith & Bill Hunter; 3. Eleanor Giardina & May Holtz; 4. Joan Lord & Mary Carol Geck.

**Jan. 12**

1. Mary Carol Geck & Ernie Lord; 2. Pat Holmes & Shirley Stolly; 3. Kay Wood & Mildred Lane; 4. Ida Rosendahl & Doris Keathley.

## Monday Night Bridge

Ginnie Barrett & Myra Butler

**Dec. 15**

1: Ida Rosendahl; 2: Eleanor Giardina; 3: Phyllis Brisler; 4: Carol Thompson; Cons: Irma Slater

**Dec. 22**

1: Peggy Borro; 2: Mildred Lane; 3: Ray Dietz; Cons: Ray Wilson

**Dec. 29**

1: Ron Neilly; 2: Ray Dietz; 3: Myra Butler; 4: Paul Agarwal; Cons: Peggy Borro

**Jan. 5**

1: Agnes Weber; 2: Ray Dietz; 3: Ida Rosendahl; 4: Carol Johnson; Cons: Dick Mansfield

## Tuesday Afternoon Bridge

Agnes LaSala

**Dec. 2**

1: Ray Dietz & Mazie Millward; 2: Agnes LaSala & Geri Cassens; 3: Betty Morris & Shirley Stolly

**Dec. 9**

1: Joe Zwick & Bernie Kelly; 2: Ray Dietz & Mazie Millward; 3: Shirley Stolly & Betty Morris

**Dec. 16**

1: Jack Stone & Phyllis Zwick; 2: Ray Dietz & Mazie Millward; 3: Joe Zwick & Bernie Kelly

**Dec. 30**

1: Eleanor Giardina & Betty Morris; 2: Agnes LaSala & Carl Woodbury; 3: Mazie Millward & Ray Dietz

## Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 861-5700.

**Dec. 2**

1: Bruce and Marjorie Benton 2: Dick Mansfield and Ida Rosendahl 3: Bill and Ida Carlson 4/5 (tie): Harry and Ruth Tindall & Nel Bosschaart and Joan Lord

**Dec. 9**

1: Ted and Joni Jarvais 2: Bill and Ida

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Carlson 3/4 (tie): Dick Mansfield and Ida Rosendahl & Nel Bosschaart and Joan Lord 5: Doris Keathley and Mary Carol Geck 6: Bruce and Marjorie Benton

**Dec. 16**

1: Ernie Lord and Doug Miller 2: Dick Mansfield and Ida Rosendahl 3/4/5 (tie): Bill and Ida Carlson & Harry and Ruth Tindall & Bruce and Marjorie Benton

**Dec. 30**

1/2 (tie): Doris Keathley and Rose O'Rourke & Helen Eshbach and Liz Millison 3: Bruce and Marjorie Benton 4: Ted and Joni Jarvais 5: Dick Mansfield and Ida Rosendahl 6: Ernie Lord and Doug Miller

## Wednesday Afternoon Bridge

Fran Griswold

The Domestic Violence Center is always assured of good things when Clair Shea calls me. He joins many On Top of the World residents in showing compassion and care to others less fortunate. We count our blessings living in this community.

The latest smiling face to join us is Laura Taylor. Serene Rossi seems to be a guiding light for newcomers.

**Dec. 17**

1. Pat Holmes (5910); 2. Esther Lang; 3. Eileen Brown; 4. Joyce Walchak; Consolation: Marlene Floeckher

**Dec. 31**

1. Marlene Floeckher (4060); 2. Phyllis Silverman; 3. Sandy Hirschbein

**Jan. 7**

1. Helen DeGraw (4380); 2. Helen Steinber; 3. Laura Taylor; 4. Phyllis Silverman; Consolation: Mary Culberson

## Wednesday Night Duplicate

Doris Keathley

**Dec. 17**  
1: Harry & Ruth Tindall; 2: Ida Rosendahl & Doris Keathley

**Jan. 7**

1: Mary Carol Geck & Joan Lord; 2: Ida Rosendahl & Doris Keathley; 3: Harry & Ruth Tindall; 4: Bill & Edith Hunter

## Thursday Afternoon Bridge

Marion Turbin & Betty Legg

**Dec. 18**  
1: Mazie Millward; 2: Alice McDaniel

**Jan. 8**

1: Geri Cassens; 2: Marion Wade; 3: Marion Turbin

## Thursday Night Bridge

Helen DeGraw &  
Ida Rosendal

**Dec. 26**  
1. Shirley Stolly; 2. Helen DeGraw; 3. Phyllis Bressler; 4. Peggy Borro; Cons. John Mataya.

**Jan. 8**

1. Helen DeGraw; 2. Jan Smith; 3. Myra Butler; 4. Phyllis Bressler; Cons. Phil Devito.

## Friday Night Bridge

Jack & Mickey Martin

**Dec. 19**  
1. Eleanor Giardina; 2. Carol Johnson; 3. Kay Wood; 4. Rose O'Rourke; 5. Ernie Lord. Grand Slam: Carol Johnson & Arline Duggan

**Dec. 26**

1. Erwin Fluss; 2. Harry Tindall; 3. Marion Turbin; 4. Rozelle Ovrebo.

**Jan. 2**

1. Phyllis Bressler; 2. Eleanor Giardina; 3. Mickey Martin; 4. Jan Moon; 5. Jack Martin.

**Jan. 9**

1. Ruth Tindall; 2. Rozelle Ovrebo; 3. Dick Mansfield; 4. Ginnie Barrett; 5. Carol Johnson.

## Friday Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center in Suite A. Come one, come all!

**Dec. 19**

1: out of 36, Irene Pisani had a perfect score of 60. Congratulations! 2: Bob Bus-senger; 3: May Holtz; 4: Jan Harris. 5 (tie): Zane Barnett, Jerry Harris & Paul Agarwal.

**Dec. 26**

1: out of 13, Nancy Kowsky; 2 (tie): Betty Legg & Jo Swing; 3: Jerry Dean; 4: Phyllis Wall; 5: Edith Kolb.

**Jan. 2**

1: out of 32, Buck Chaillet & Bill Eberle; 2: Irene Pisani; 3: Billy Swing; 4 (tie): Betty Scrivo, Fred Lang, Edith Kolb, Rich Miles & Hank Kolb; 5: Jerry Dean.

**Jan. 9**

1: out of 31, Zane Barnett had a perfect score of 60. Congratulations! 2: Jerry Pinter; 3: Billy Swing; 4 (tie): Bev Moreau & Richard Bartel; 5 (tie): Joan Sigafoos, Mary Bartel & Rita Pinter.

**Dec. 2**

**Single Deck Winners**

1: George Dertinger; 2: Audrey Bartolotta; 3: Bob Unangst

**Double/Triple Deck Winners**

Tables 1: Alberta Sarris & Vi Horton; 2: Jo Swing & Jim Keller; 3: Virgil Taylor & Charles Distler; 4: Ray Bock & Greg Skillman

**Dec. 9**

**Single Deck Winners**

1: Bob Unangst; 2: Dottie Findlay; 3: George Dertinger

**Double/Triple Deck Winners**

Tables 1: Jim Mazzotta; 2: Jo Swing & Joe Scrivo; 3: Virgil Taylor & Charles Distler; 4: Anne & Jim Merrick

**Dec. 16**

**Single Deck Winners**

1: Albert Novotny; 2: Bob Unangst; 3: Karen Unangst

**Double/Triple Deck Winners**

Tables 1: Anne Merrick, Alberta Sarris & Virgil Taylor; 2: Jim Keller; 3: Joe Scrivo & Charles Distler

**Dec. 23**

**Single Deck Winners**

1: Albert Novotny; 2: Millie Ferrell; 3: Lois Rider

**Double/Triple Deck Winners**

Tables 1: Anne Merrick & Greg Skillman; 2: Jo Swing & Jim Merrick; 3: Mary Lou & Frank Chamberlain

**Dec. 30**

**Single Deck Winners**

1: Cherie Cunningham; 2: Jerry Pinter; 3: Lois Rider

**Double/Triple Deck Winners**

Tables 1: Elsie Helwig, Margaret Sciarrino & Vi Horton; 2: Joe Scrivo & Jim Merrick; 3: Virgil Taylor & Charles Distler



## Friday Night Euchre

Joe Askenase

**Dec. 19**

**Four Handed Game**

1: Virgil Taylor (had a perfect score of "60" points); 2: Clarence Lietzow; 3: Helen Foskett; 4: Marcy Askenase; 5: Shirley Coe \*welcome back); 6: Lou Fisher; 7: Maria France

**Dec. 26**

**Four Handed Game**

1: Marcy Askenase; 2: (Tie) Lou Fisher, & Clarence Lietzow

**Three handed Game**

1: Viola Horton; 2: Helen Foskett; 3: Maria France

**Jan. 2**

**Four Handed Game**

1: Bridget Hughes; 2: Maria France; 3: Clarence Lietzow; 4: Marcy Askenase

**Three Handed Game**

1: Viola Horton; 2: Helen Foskett

**Jan. 9**

**Four Handed Game**

1: Clarence Lietzow; 2: (Tie) Marcy Askenase, & Lou Fisher

**Five Handed Game**

1: Shirley Coe; 2: (Tie) Helen Foskett, & Maria France; 3: Vi Horton; 4: Virgil Taylor

**Jan. 16**

**Five Handed Game**



## D'Clowns Paula Magen

February is one of the busiest holiday months. There is President's Day, Lincoln and Washington's birthdays and the all-time favorite Valentine's Day, always celebrated on Feb. 14. Valentine's Day is the traditional day on which lovers express their love by sending cards, flowers and confections. It is the second largest card-sending holiday after Christmas.

In keeping with D'Clowns humor, I share the following chuckle for your enjoyment borrowed from Google:

### Veggie Valentine

AUTHOR UNKNOWN

You may not "carrot" all for me  
The way I care for you.  
You may "turnip" your nose  
When I plead with you.  
But if your "heart" should "beet"  
with mine  
Forever "lettuce" hope,  
There is no reason in the world  
Why we two "cantaloupe"

D'Clowns offer some suggestions for a positive attitude in the New Year: smile and laugh more - they are natural antidepressants; make a difference in the life of others; live with the 3 E's - energy, enthusiasm and empathy. This is the creed by which D'Clowns live by as we continue to bring joy to kids and seniors alike.

We continue our monthly gigs at Summerville West and will be expanding our shows to additional assisted living residences in the coming months.

For anyone considering joining our group: "What is a Clown? A clown is an artist, performer or comedian who is there for the enjoyment and amusement of an audience by being funny." Put on a costume and some make-up and you'll be hooked. Ask anyone in our fun group. We will teach you all you need to know.

Join us at our meetings on the first and third Mondays at 1:30 p.m. in the Arbor Conference Center, Suites B and C. For more information, please call Paula at 873-3433.



## Genealogical Society

Elizabeth Kyle

Good news! The index of Good Shepherd Memorial Gardens is now available online.

Don't forget to check the Master the Possibilities catalog for new learning opportunities this month. Our education committee has refined their curriculum to provide a great opportunity to learn or to refresh your skills. Maybe you just need a little inspiration to get started again. If so, George Morgan is coming on Saturday, March 21 from 1 to 4 p.m. to present two topics: "Bring 'Em Back to Life: Developing an Ancestor Profile" and "Bits About Obits: Reading Between the Lines." His presentations are filled with information and fascinating stories about his own



## Ocala Clown Express

Kathy & Charlie Petrosky

January eased us back into clowning and gave us some reflective time. Here are some of the things I thought about...

Smiling faces is such a great reward. Now who can't help but smile at a clown? That is why our make-up and costume is so important. You never want to project a mean or scary image. Guess that is why our painted smiles are so big. Our clothes are very colorful and sometimes exaggerated in size. When you become a clown, you shop differently. You hear yourself say, "Now wouldn't that be great for an outfit?"

We also do things in an exaggerated way. Our actions are either too big or too small. In doing these antics, it is just great to be silly.

Puppets are a great part of clowning. It amazes me to watch how many people, old and young, will stop to talk to a puppet! We take time to work with our puppeting skills at training sessions.

Of course, we have our "illusions" or tricks that we love to practice on one another. It is fun to create a story around the trick. The "wows" and "how did you do that" are worth the practice time.

We went back to the hospital mid-month. It was great to see those children's faces. Planning for our nursing home visits was done so we are set to go. Blessed Trinity Church asked us to help, once again, with the Greek Festival. We were there to face paint, make balloon animals and just have fun with the people.

So the New Year has started. If you resolved to do something for others, give clowning a try. Dotsey, aka Carol White (873-9223) is our president and always happy to talk to someone interested in clowning. Rosy Nosy, aka Marge Cordasco (291-0077) would be happy to talk to you as well.

We meet the first and third Mondays of the month at 3 p.m. We are in Building 300 at Timber Ridge.

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experiences. The Master the Possibilities catalog gives very good descriptions of both of these programs.

Jane Duckworth presents her own experience in a short vignette entitled "A Real Gem."

A few years ago, my father was eager to get rid of some old jewelry he kept after my mother had died. My sister and I thought the garish pieces looked like junk from the polyester pantsuit era, but we each took half the pile. Several months later, I wore one of the necklaces to work. A co-worker noticed the little glass ball at the end of the chain. She lifted it up and opened the locket. Something went "click" on my desk. Out came a valuable miniature tintype of a beautiful young woman dressed in the fashion of the Civil War. Try not to discard old jewelry before you have time to check it carefully.

Thank you, Jane, for your contribution. If anyone has stories they would like told, please send them to me via e-mail or bring them to one of our meetings.

The Genealogical Society meets on the second and third Monday of each month. Business meetings are in Room 3 of the Craft Building at 10 a.m. on the second Monday. Education and mentoring meetings are the third Monday at 10 a.m. in Arbor Conference Center, Suites B and C. Anyone who is curious about genealogy is welcome to come and see.

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## R/C Ladybirds Barbara Toeppen-Sprigg

Well, the Ladybirds have been flying around as usual. The lunch for January was held at the Flipside, a new café in the Park Centre Commons; all had a good time.

Never loath to party, they continued on Jan. 18 with the "Unbirthday Bash," an annual birthday party for all members held at the Arbor Conference Center. This event was marked by a Southwest Mexican theme, with many in festive attire. Because it was a celebration, the cake and ice cream served did not contain any calories!

Of course, they will continue to celebrate in February. The regular meeting will be on Feb. 13, but the following day on Feb 14, spouses (On Top of the World RC Flyers) will join the Ladybirds in the evening for a potluck dinner and a Valentine's Day party. Wonder how many years of marriage would be celebrated by the group together? Of course, maybe there will be some courting couples as well!

On a more serious note, two charitable events will occur in February. At the meeting on the Feb. 13, members are asked to contribute clothes, hygiene items, shoes, school supplies and gift cards to the Homeless Children and Youth Program of the Marion County Public Schools. These items are especially needed during hard

economic times like the present.

Also, members are invited to join the Ninth Annual Hoofin' It for Hospice walk on Feb. 28. Members who did not sign-up at the January meeting can contact Ruth Goldstine.

Our featured member of the month is Nancy Dreimiller, who moved to Candler Hills two years ago from Loudonville, New York, where she and her husband Nick lived for most of their working lives. They were married in 1970 while Nancy was finishing her nursing degree. She obtained her RN license and went on to pursue a B.S. and a Master's degree from Marywood University in Scranton, PA. Nancy utilized her nursing degrees working in a variety of settings, including home nursing, pediatrics, quality assurance, camp nurse and as a school nurse.

In addition, Nancy and Nick raised five children - Paul III, David, Gretchen, Jeffrey and Jamie. Always ready to serve her community, she was also very active as a community volunteer in many different organizations including the Junior League of Albany, serving a term as president. In her parish, she served as chair of the Public Policy Committee until her move to On Top of the World.

Nancy has, of course, remained active in On Top of the World. She plays bridge two to three times a week, and joined the line dancing and pattern-dancing group this September. Nancy and Nick just graduated from Leadership Ocala/Marion County Partners Program sponsored by the Marion County Chamber of Commerce. Nancy has also joined the Candler Ladies 9-Hole League and they play in the Duffer's on Sunday afternoon.

This summer they went on a memorable trip to Alaska traveling by car, boat and train, but never by air. Nick doesn't like to fly, but that hasn't kept Nancy on the ground. She went to Italy in 2007 with her former parish and to Ireland in 2004 with a tour group.

Concerning their move to Florida, Nancy said, "In my wildest dreams I would never have expected to live my retirement years in Florida, but I am grateful that we had the courage and wisdom to make the decision. It is a wonderful way of life and we have met so many wonderful people."



## Mac Tip of the Month

Sherry Surdam

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## 100 Grandparents

Barbara Greenwood

The "100 Volunteer Grandparents" visited the students of Romeo on Jan. 8. Bob Woods came along with us and took pictures of our "grandparents" in action. It was a pleasure having him accompany us.

Romeo is a school with students of many needs and we want to start the New Year off right by thanking those who have contributed in 2008 to fulfill those needs.

We are very thankful for the generous check given to us by Wanda Simpson to be used towards the cost of securing a bus for our transportation to and from Romeo Elementary School in the 2009-2010 school year. Mrs. Simpson has strong feelings about providing a good education to children. She felt it important that the children be given the benefits that the volunteer "grandparents" provide.

To Bob and Bev Woods, from the Fleet Reserve Association, Kathy Hultman, principal of Romeo, and many members of the "grandparent" group who donated generous checks to secure the school bus for this school year, thank you.

Thank you to the Caribbean Club and

caring neighbors who donated generous checks to be used for the needs of the children attending Romeo Elementary School.

To Kay and Bill, Diane and Bruce, CFI Bible Study group, our "grandparent volunteers," all friends and neighbors who so generously give clothing, shoes, school supplies and food to our projects. Your thoughtfulness is much appreciated.

To the Women of the World, who contribute their time, food for the backpack program and completely support Romeo Round-up night with the generous donation of candy, prizes and gift cards. Thank you.

The Ocala Clown Express members, who paint children's faces, give out balloon animals, help with the games, etc. on Romeo Round-up night, thank you for your loving touch.

To Elliott and Marlyn Barbour, who month after month deliver the food to the people of the churches who fill the backpacks and deliver them to Romeo.

Thank you so much for the Campbell soups labels with U.P.C. attached, and the Box Tops for Education labels. Each label's value donates to the fund kept at Romeo to provide underwear, socks, etc. for the children.

If you have some to contribute, please take them to the little Red School House located under the stairs on the first floor of the Health & Recreation Building.

We continue to collect food for the "Food-4-Kids" backpack program. This program provides meals for children who otherwise would go without over the weekends. If you'd like to donate single serving food items such as juices, cereals, snack bars, pop-top canned goods, crackers, peanut butter, jelly, canned or plastic containers of fruit, etc., your contributions may be delivered to Elliott & Marlyn Barbour's home and placed in a tote located on their front porch. Their address is: 8680H SW 94th Street.

We welcome all who would like to be a part of our "grandparent" group, or learn more about us. Please call Barbara at 861-2539. Our next visit will be Feb. 12.



Photo by Bob Woods

**Pat Quinlan giving out the quilts she made for her first grade class.**

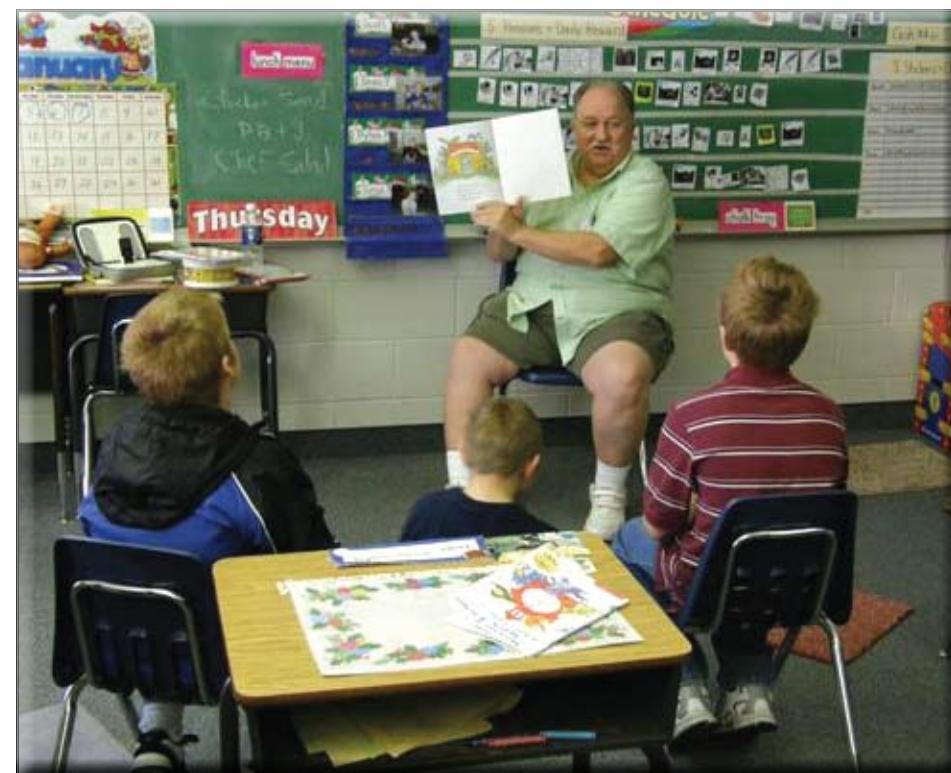


Photo by Bob Woods

**Michael Hirschbein reading to an E.S.E. class.**



Photo by Bob Woods

**Pat Russell reading to her third grade class.**

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## BUS SCHEDULE

PICK-UP	ROUTE	TIME
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - 85th Ter. Rd.	9:02 am
Friendship Village	96th Lane - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community.....		9:25 am
Circle Square Cultural Ctr.	At Bus Stop Sign	Call Health & Rec. one day in advance for pick-up
Indigo Community Center	Parking Lot	

### OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

1st RUN	Kohl's .....	1st Run Only .....	10:00 am .....	11:15 am
	Lowe's .....	1st Run Only .....	10:05 am .....	11:30 am
	Paddock Mall.....		10:10 am .....	11:35 am
	Wal-Mart.....		10:15 am .....	11:40 am
	Target.....	1st Run Only .....	10:20 am .....	11:45 am
	K-Mart .....		10:25 am .....	11:50 am
	Gateway Plaza.....		10:30 am .....	11:55 am
2nd RUN	Paddock Mall.....		12:00 pm .....	1:40 pm
	Wal-Mart.....		12:05 pm .....	1:45 pm
	K-Mart .....		12:10 am .....	1:50 pm
	Gateway Plaza.....		12:15 am .....	1:55 pm

GROCERY STOP.....LAST STOP OF DAY.....30 MIN. SHOPPING TIME  
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1st Run Ocala...2nd Run Walgreens (15 min), Big Lots (30 min), Beall's (1 hr) & Wal-Mart 1 1/2 hr)

\*For information or reservations call Health & Rec. @ 352-854-8707 ext. 10  
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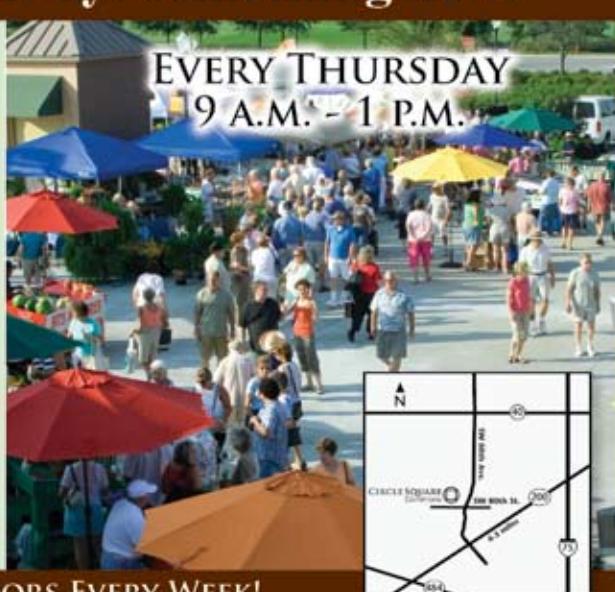
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**Breadmaker:** Regal KitchenPro, top of counter, like new. Made in USA. \$30, call 861-2540.

**Computer:** HP XP '03 laptop, 512 MB memory, 60 GB hard drive, 14" monitor, good condition, \$125. 873-3433

**Computer Desk:** Wall hanging, large and small; lamps; magazine racks. 854-2193

**Fifth Wheel RV:** 30' 2004 Century Skyline, one slide, center kitchen, very good condition, must sell. 854-0510.

**Garage Sale:** Feb. 6 and 7, 9-5. Kitchen, jewelry, dishes, 36" TV, appliances, many items. 9152F 83 Ave.

**Garage Sale:** Feb. 6, 7 and 8, 8:30-3. Furniture, paintings, dishes, collectables, kitchen items, tools, garden equipment, much more. All in excellent condition. 9520 SW 90th St., Providence.

**Garage Sale:** Feb. 7 and 8. 2-homes. Lamps, pictures, kitchen stuff, crafts and more. 8683A SW 93 Lane.

**Garage Sale:** Feb. 12, 9-2. Bedding, kitchen items, clothing, red hat, miscellaneous, some new items. 9065A SW 92 Terr (Friendship Colony).

**Golf Cart:** Club Car. Good condition. Reasonable price. 873-8600.

**Headboard:** Oak, fits queen or full size bed. \$30. 237-9073.

**Men's 10-Speed Bike:** With large comfy seat, \$50. 854-5885.

**Misc. Items:** Large fish aquarium with wood console stand, all equipment, gravel, etc. included. \$50. Ladies' black leather and suede jacket, lg-xlg, \$10. Black fur coat, ladies' med., \$10. Large rattan basket, \$10. 861-6508 before 6 p.m.

**Misc. Items:** Portable DVD player used once; AEI 35mm camera with lenses and case. 854-3003

**Misc. Items:** Women's golf clothes: skirts, shorts, pants, tops, sizes 6, 8, med, shoes size 5-1/2. Most still have tags. \$8-\$25 each. Sears Craftsman air compressor, 15 gal, 1.5 hp, 120v, almost new condition, \$75. 861-9391

**Porch/Patio Cushioned Furniture:** Lounge, chair, footstool, excellent condition, \$50. 873-2745

**Power Recliner:** Cocoa brown fabric, excellent condition, used a short time, will deliver within 25 miles of OTOW, \$400. 954-296-6688

**Printer:** Canon Bubble Jet BJC-80 portable printer. Very good condition. Parallel interface cable (not USB), install disk, manual and power cord included, \$50. 390-3853

**Printers:** One computer printer, \$15; One multi-function printer, \$50. 873-0579.

**S & M Estate Sale:** Feb. 20 - 21 from 9 a.m. to 1 p.m., 9681 SW 97th Place (behind Crescent Ridge II Post Office).

**Sonic Three-Wheel Scooter:** ultra-light, transportable. Can holder and basket included. Also, have universal lift for scooter, compatible with van or SUV. Manuals available for both items. Call 237-3347

**Steel Work Table:** Heavy duty, laminated top, 32" x 62", \$20. 854-0510

**TV:** 24" cable ready RCA, about 3 years old, great picture. Remote control, manual included, \$95. 390-3853

**TV:** 37" Sony Trinitron SDTV. Excellent condition, great picture, \$175 or best offer. 854-8810

**Water to drink:** Penta ultra-purified, anti-oxidant and energized water with no additives delivered to your door. Call 873-2100 for info.

## Services

**Alterations by Betty:** Alterations by appointment only. 50 years' experience. A Pine Run resident. Call Betty at 237-9909

**Alterations by Ernestine:** Alterations, experienced. On Top of the World resident. Call 861-0259.

**Wallpapering Deluxe**  
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## Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

**SERVICE** ads will be accepted from residents and non-residents. A three-line minimum rate is \$20; four lines is \$25 and five lines is \$30. A six-month rate, paid in advance, is also available. Call 854-0248 or e-mail otownnews@otowfl.com for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

**DEADLINE:** On Top of the World resident ads must be in the box next to the Pressroom door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once renewed in writing.

**Ameratek Pressure Cleaning:** Driveways, porches and sidewalks. Licensed and insured. High-tech and high pressure. Special pricing for On Top of the World residents. Call 425-3562.

**Bob's Screening Service:** Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

**Car Detailing and Handyman Services:** In On Top of the World. Cheap! Call Matt at 237-9522 or (941)-916-4728.

**Cardinal Window Cleaning, LLC:** 38-year local resident. Windows, screens, tracks, inside and outside. Free estimates. 817-2979. Phillip.

**Caregiver or Companion:** Experienced, light housekeeping, cooking, computer, sewing, bookkeeping and/or driving. Available hourly. Call Mary 209-2393.

**Carpet Cleaning:** Countryside Chem-Dry, serving On Top of the World residents for nine years. Dry in hours, not days. 10 percent off first-time clients. 307-4100

**Carpet Cleaning Specials:** 2 rm/\$59, 3 rm/\$79 truck mount, deep clean/carpet stretching, ceramic tile/grout clean, vinyl floor restoration, new flooring. Call owner, Pat More 516-3565.

**Cat Boarding and Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

**Cat and/or House Sitting** Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

**Chair Railing and Crown Moulding:** professionally installed, free estimates. Call Tom at 288-6148.

**Computer Instruction** in your home in front of your computer(s) – customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

**Computer Repair:** Hardware/software repairs, virus/spyware removal, networking, consulting & training. Call Troy's Computer Clinic at 817-2834.

**Computer Setup and Training:** At home service. Senior rates, \$25 per hour! Have fun and learn! Call Kathy at 861-7719

**Curtains, Valances, Pillows, Etc.** Your fabric or ours. Dix's Draperies. On Top of the World resident. Call 854-5572 or 897-4270.

**Extra monthly income:** Help bring environmental and family solutions to real world problems. Jerry (303) 469-4537. Call for catalog. Visit: www.ecoquestintl.com/jdb.

**G&G Cleaning Services:** Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873.

**Hair care in your home:** Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

**Handyman:** Krumen Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

**Handyman:** Prompt, reliable service for your home project. Installations, repairs or

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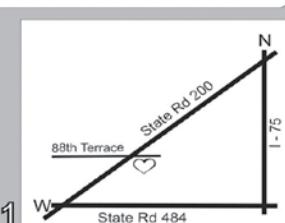
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**Pet Sitter:** Anytime, will stay all night. Affordable rates. On Top of the World resident. Call Judy at 502-6887.

**Pocket Gopher Removal** by Aaron Pest Control. "Special" for On Top of the World. 45 years' exp.; service guaranteed or you pay nothing. Call 817-1983.

**Pressure Washing:** "Don's." Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

**Pressure Washing:** most driveways \$30. Call 269-4249.

**Private Home Care RN/LPN team:** Long/short term, respite and weekend care. Excellent rates and references. 362-5073

**Steve's Handyman Service:** Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

**Transportation:** Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

**Transportation:** I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

**Transportation:** Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

**Web Site Design:** basic site \$150. Hosting options available. Call 269-4249.

## Wanted

**Coin collector wants to buy old coins,** silver, gold, old silver dollars and proof sets. On Top of the World resident. Ted at 861-6964.

**Guns:** On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

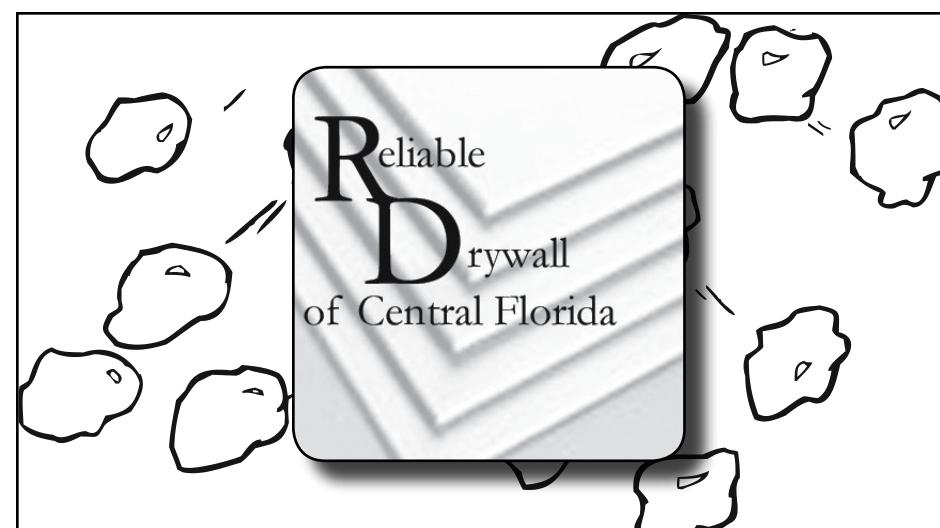
**Girl and Boy Clowns** for our group. Tons of fun! 873-3433.

**Mardi Gras Beads** that D'Clowns give to kids and seniors. Will pick up. 873-3433.

## Lost

**Beloved cat, Charlie.** Orange and white, long hair. Trying to get home to Friendship Village. Last seen in Crescent Ridge/Americana areas. If seen, or if you have him, let him go so he can come home. Please call heartbroken owner with any information. 354-4508.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



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