



Community News & Update

By Kenneth Colen, Publisher

The On Top of the World Owners Association board meeting was held on Feb. 11 with approximately 350 residents in attendance. The purpose of the meeting was to consider adoption of the fiscal year 2009-10 operating budget and to adopt a resolution for roof replacement special assessments. We fielded numerous questions on roof replacement costs and the process.

We received several questions regarding State Farm Insurance and their desire to exit the property insurance market in Florida. The State Farm issue has created a stir, needless to say. The process for State Farm to pull out of Florida will take a minimum of six months before they can start non-renewing policies, and State Farm has indicated that they will utilize a two-year withdrawal process to minimize disruption.

The legislature could also delay the process. I think a significant number of policyholders are frankly fed up with State Farm (and insurance companies in general) and are somewhat "jumping the gun" a little too early in the process.

A resident asked if he could obtain a conventional HO-2 or HO-3, stating that his agent told him that it would "cost less."

I put the question to the Association's insurance agent; they replied, "It doesn't make sense that someone can obtain an HO-2 or HO-3 coverage less expensive than an HO-6. The HO-2 or 3 provides coverage for the "building structure (roofs, etc.)" in addition to the contents of the building.

From a pure underwriting perspective, you would need to obtain (higher) premiums to cover the additional building exposures. In a test case, the Association's insurance agent obtained quotes for HO-3 policies through two separate insurance companies. Based on a dwelling worth \$198,000, both companies produced quotes in the range of \$705 - \$897 for yearly coverage. The HO-6 coverage is specifically designed for "unit owners" from a coverage, assessment and additional insured perspective. It certainly addresses the requirements of the statute as compared to an HO-2 or 3.

There are some other products DP-1 and DP-2 (dwelling policies) that could be used in absence of an HO-6 form, but you have to endorse onto the policy contents and liability coverage and the policy form is frankly less comprehensive as compared to an HO-6; I'm not sure there is a substantial premium reduction (there certainly is a coverage reduction).

The bottom line, is to adopt a position of watchful waiting and hope the legislature finally injects some sense into the insurance process. Frankly, I'm not holding my breath!

Master the Possibilities

It doesn't seem possible, but this is the last month of the most popular winter quarter at our own Master the Possibilities center. March has 50 opportunities to learn and grow. There's a good mix of academic, art, computer, local interest and general courses. All of these are taught by outstanding faculty. Our very unique and popular "Visiting Scholars" program brings back Professor Patrick Keane from New York.

This master teacher should not be missed. Other highlights include Karen de Vos' historically accurate and poignant one-woman play about our neighbor - Marjorie Kinnan Rawlings. This encore from a couple years ago is a most enjoyable experience.

I also want to draw your attention to a very important topic - Cyber Crime - that will be discussed by attorney Stephanie Bergen. Ms. Bergen works in the Florida Attorney General's office and is Section Chief.

Towards the end of the month, Master the Possibilities is transformed into a "Bonsai Forest" by the Marion County Bonsai Society. Walk through - experience the art and beauty - take a class, attend a presentation - enjoy (you can relax only momentarily, however). On March 26, the new Master the Possibilities catalog for spring is published.

Don't forget the "early bird special" - you can register on-line beginning March 19. Thanks for making Master the Possibilities a wonderful experience in real life-long learning! See you (all) in class.

Winter Weather and Shrubbery

Many years ago, we learned that if yard landscaping couldn't handle a drought or survive a hard frost, we didn't want it in the landscape.

That policy will certainly prove itself this month following some of the cold February nights. I make this point because there is always the possibility of more cold nights anytime between January and mid-April.

I have seen warm winter weather turn suddenly bitter cold and shock both trees and shrubbery back to a near dead state.

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2008 Ocala Open Champion, Travis Hampshire, Returns to Defend Crown

By GREG WISE

The Florida Professional Golf Tour has announced that their season ending, major golf event will be held at Candler Hills Golf Club on March 24-28.

Despite tough economic times facing the country, golf continues to hold its own. Professional golf events are still strongly supported by fans hoping to get a glimpse of their favorite player, or just watch the perfected swings of the professional golfers in hopes that in the future, they will have a swing like that... okay... that's stretching it!

When I got the assignment to prepare this story, I considered Travis' schedule and how hard it was going to be getting in contact with a professional golfer for comments. Luck has it that I called on a rainy day in Zephyrhills in early February and he was home. Go figure!

My first question was simple, are you going to defend your 2008 Ocala Open title at Candler Hills? Travis was quick to respond, "Yes - I liked Candler Hills and I really want to be the first back-to-back winner of the Ocala Open."

Travis, since winning the Ocala Open in 2008, has been busy perfecting his game, playing on the Hooters and Nationwide tour. In November last year, he scored a victory in Orlando at Stoneybrook East #2 course. A part of the National Golf Association's Hooters Winter Series Professional Tour.

With solid scoring performances throughout the Winter Series, Travis, with a 69.88 scoring average has himself currently on top of the leader board of the NGA Hooters Winter Series Pro Golf Tour with three events yet to play in February.

I asked Travis what finishing on top of the Winter Series money list got him? Travis responded, "a full exemption to the Regular 2009 NGA Hooters Pro Tour that starts March 2-8 in Amelia Island Plantation - Oak Marsh Course."

Travis also made it through the first stage of the PGA Tour qualifying process missing the second stage of the weeklong event by just a few strokes. He made it through the Sectional Qualifier for the US Open.

Travis credits most of his success to



Photo by Greg Wise

Travis Hampshire tees it up in the first round, on his way to the 2008 Ocala Open Championship.

his wife of two years, Ashley, who understands what it is like to be a professional athlete with the ups and downs in life. He also mentioned the strong family ties that have always been a positive influence in his life.

In dramatic fashion, the 2008 Ocala Open came down to the 54th hole of play and 3 players tied for the lead at -15 under par. After the first hole of sudden death, Travis Hampshire was crowned Champion of the 2008 Ocala Open.

A Gift of Quilts

By PATRICIA A. WOODBURY



Photo by Norman Halvorsen

Members of the joyful hands quilting group at Legacy House (left to right) Marilyn Wolfram, Carole Gunther, Jennie Halvorsen, Linda Ricci (patient family care coordinator), Juanita Roese and Betty Schnitzler.



Photo by Bob Woods

Margaret Orlando and Larry Wilver present Suzanne Reynolds, from Hospice of Marion County, a check for \$2,361.

Hospice Raffle Cruise Winner

By RUTH GOLDSTINE

The raffle cruise that benefited Hospice was a tremendous success and raised \$2,361 for that worthy charity.

On Saturday, Feb. 14 at the evening show in the Health & Recreation Ballroom, Suzanne Reynolds, Director of Development at Hospice, drew the winning ticket from the bingo mixer machine.

With her on stage was Margaret Orlando, the originator of the raffle idea.

The winner was Jeanette Wroblewski, a resident of On Top of the World, who will contact Affordable Travel to schedule a five day cruise for two on Royal Caribbean's "Monarch of the Seas."

Thanks to every one who participated.



Each household in On Top of the World should receive a complimentary copy of the World News along with the Ocala Star-Banner every month. If you are not receiving home delivery, please e-mail otownews@otowfl.com or call 854-0248. Please include your house number and street address along with your community name.

2009 Publication Dates

- April Issue: Thursday, March 26
- May Issue: Thursday, April 30
- June Issue: Thursday, May 28
- July Issue: Thursday, July 2
- August Issue: Thursday, July 30
- September Issue: Thursday, Aug. 27
- October Issue: Thursday, Oct. 1
- November Issue: Thursday, Oct. 29
- December issue: Thursday, Dec. 3

This schedule is also available online at www.ontopoftheworld.com/newspaper.



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal? Gerald Colen

Here is my speaking schedule for March 2009. All programs will be in the Circle Square Cultural Center and will be from 3 to 4 p.m. You can sign up at the Master the Possibilities office. The program schedule is as follows:

March 10 - Cyber Crimes against Children

March 17 - Scams and Frauds against Us

Q. Can you explain the Save Our Homes Cap and how it works to keep our taxes low?

A. The Florida Constitution was amended by the so-called Save Our Homes Cap amendment. For those of you who just love to do your own research, it's Article VII, section 4(c) of the Florida Constitution. It offers a significant tax break to

Florida residents by imposing a cap of 3% or the percent change in the Consumer Price Index for the preceding calendar year, whichever is lower.

The cap is an annual valuation increase of homestead property for ad valorem tax purposes. The constitutional amendment provides that all persons who have obtained homestead status and are entitled to the homestead exemption shall have their property assessed at what is known as "Just Value" on Jan. 1. Under no circumstance shall the assessment exceed that "Just Value."

Q. Okay, so what is "Just Value?" Well, from what I can gather, it's what the tax appraiser says it is. In addition, Article VII, section 4 (c) was amended on Jan. 29, 2008 and established a portability provision. This newest amendment to the Florida Constitution enables homeowners to preserve up to \$500,000 of their under assessment (that's the amount by which the "Just Value" exceeds the assessed value) on their existing homestead when they sell or otherwise abandon their existing homestead and acquire a new homestead. I believe that the new homestead must be acquired within two years of the sale or abandonment of the prior homestead in order to get the benefit of portability.

Q. Can you explain what a tenancy by the entireties is and why won't (his bank but I am not naming it) let me list my banking accounts in that way?

A. Property held as a tenancy by the entireties (it's also called an estate by the entireties and they are the same) is property the title to which is held in the name of a husband and wife.

Florida law gives a special protection to property that is held in the name of a husband and wife, because should a lawsuit be filed against only one of the two, and a judgment entered against, say the husband, that judgment is not enforceable against any property, real or personal, that is held in that tenancy by the

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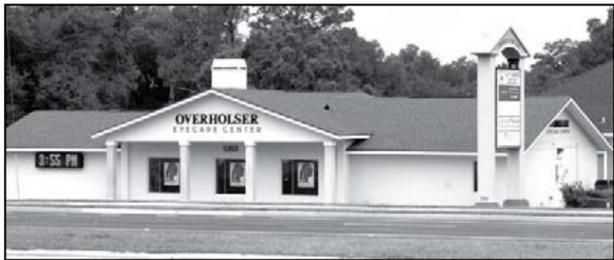
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Golden Oldies Humor

By Stan Goldstein



'I think I'm having the time of my life!'

entireties.

I cannot tell you why your bank will not recognize that type of ownership since Florida law specifically permits it. I can tell you, that it is a policy of your bank and is definitely not a law. One way to resolve issues involving this would be to make sure that any banking accounts you have are listed in your and your spouse's name and then have the words "husband and wife" included on the signature cards.

Q. Since I have moved to Florida full-time, I have heard a lot about homestead but I wonder if you can explain it to me.

A. In Florida, homestead has three different meanings—all of them are very significant to the ownership of one's homestead in this state. The purpose of the three different meanings, however, is to preserve the homestead for the owner and his/her/their heirs.

The three different meanings are: (1) to provide an exemption from taxes; (2) to protect the homestead from forced sale by creditors; and (3) to restrict the homestead from being able to sell or devise the homestead, especially when there is a spouse or minor children.

Let me just add this: these three separate and distinct provisions with that one goal of preserving the homestead for the owner and heirs create some extremely complex issues and in my opinion, they are best handled by Florida attorneys who are fully cognizant of all of the many issues involved.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

Marion Bonsai Society

By MARION-ALICE BURKE

Have you seen the Japanese Boxwood Forest planting on display near the back entrance to the Master the Possibilities building? It was donated by this Society to On Top of the World in appreciation of their invitation for us to present the first Art of Bonsai Exhibition in February 2008. We all were delighted by the enthusiastic response not only from the public, but also from all the residents who took the opportunity of viewing the exhibit with classes and demonstrations that were available.

Since then, we have enjoyed your questions and comments of the Japanese Boxwood Forest display, that the Marion Bonsai Society is now planning to offer another exhibit on March 24 through 28; read pages 24 and 25 in the latest edition of the Master the Possibilities catalog.

One of our On Top of the World residents, Peter Wood, who is in charge of this event, has chaired the Epcot/Disney International Flower and Garden Festival Bonsai Exhibit for six years and is presenting two classes as "An Introduction to the Living Art of Bonsai."

David Van Buskirk will demonstrate the artistry and horticultural principles of a Bonsai from a training pot to what evolves as a beautiful Bonsai.

Barbara Chapman will instruct 10 students in creating a Chinese style landscape "Land and Water" style Forest on a large tray.

Be sure to read about this exhibit and make your reservations through Master the Possibilities, for these demos and classes and then come to see what beautiful trees we will have to show you.

All our members are proud of our efforts and enjoy sharing our interest with you. If you have any questions about this exhibition, please contact Marion-Alice Burke, 352-854-1896.

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Photo by Bob Woods

The entire cast off the New Pretender's Show 2009 titled "Memory Lane" takes a final audience bow. The show was presented in the Health & Recreation Ballroom Feb. 6 and 7.

Who Are These Impostors?

By BOB WOODS
WORLD NEWS WRITER

I hate to say it, but the "Memory Lane" show that was presented recently in the Health & Recreation Ballroom that drew sold out crowds was performed by impostors. These folks lip-sunk and pretended to be recording artists who presented themselves in such a manner that some folks in the audience believed they were actually singing, never mind the large band that simulated playing instruments that again some folks thought they were actually playing those tunes.

Guess what folks? You were hood-winked! These performers probably can't even carry a tune in the shower but they sure put on a fantastic show to almost 900 residents and their guests with a two-night performance that left not one empty chair.

Who were these impostors? They are The New Pretenders, a group of On Top of the World residents who put on one show annually for residents of On Top of the World and then they take their show on the road playing in six different retirement communities and one large church.

On the road, the presenters cut their performance down to approximately 17 acts while at the Health & Recreation Ballroom, the group performed 28 different creations, some as if they were famous performers singing on stage and others that were on the comical side.

The crowd really went wild on Saturday night.

Bill Shampine directed this year's performance with the help of his co-director, Larry Wilver. To perfect their acts, the group rehearsed twice weekly since November.

To watch the performers you waited to see if any lip movement mistakes would take place. It didn't happen; the lip-synching was perfect and this is why some thought the performers were actually singing the song.

The band members motivated their instruments just as if they were actually playing them. The musicians were playing not uttering a sound from those instruments they were supposedly playing.

Some imitators took their acting very seriously. Pat Schroeder, who played the drums in the band, got so overwhelmed with what she was doing that she bruised

her thumb. She doesn't know if she struck her thumb with one of the drumsticks or hit her thumb on the side of the drum. Her drums are covered with foam out of site from the spectators preventing any sounds. The musicians faked their playing to pre-recorded music.

The New Pretenders have been together six years performing for large sold-out audiences. They charge a small entrance fee here in On Top of the World but on the road, they ask for donations. All the profits after expenses are turned over to charity. Last year, the group donated profits to Hospice and the Florida Center for the Blind.

During the evening's intermission, I noticed two youngsters milling around near where the performers changed their outfits. I asked the young fellow jokingly if he was looking for an autograph from one of the performers and his reply was yes. He pointed to Jesse "Ham" Cunningham who did a fantastic rendition of Louis Armstrong singing "What a Wonderful World." The boy received an autograph by Jesse on his program.

I found out that the boy and his sister were visiting their grandparents, Stan and Myra Goldstein, residents of On Top of the World. Their grandfather, Stan, was this year's band director.

If you happened to miss this year's performance titled "Memory Lane," I would suggest you try to catch their show at one of the other stops on this year's tour. They will also be performing at the Queen of Peace Catholic Church.

When the group announces next year's performances, I would suggest getting your tickets early not to miss some fantastic showmanship by these performers. At the conclusion of their performance, the pretenders who pretended no longer, asked the audience to sing along with them, God Bless America.

Anyone interested in joining this group of impostors, there is a sign-up sheet downstairs in the Health & Recreation Building behind the information desk. Who knows, you could become the next singing star without uttering a sound. What a fantastic evening of entertainment. Thank you, pretenders.

Entertainment Group Presents 'Live From Broadway'

Saturday, March 28 at 7:30 p.m., the Entertainment Group in conjunction with Dr. Robert Linn and the staff at the Foot and Ankle Center of Ocala, concludes the Group's 2008-2009 show series and what a show it is.

"Live From Broadway" will feature Ken Shepski in concert. Patrick Vaccariello, musical director of "A Chorus Line," "La Cage," "Cabaret" and "Gypsy," states "no one sings better than Ken Shepski" on Broadway. Ken has shared the stage with Patti LuPone in "Anything Goes," as well as Betty Garret and George Hear in "Meet Me in St. Louis." Ken has also shared the stage with the likes of John Davidson, JoAnne Worley, John Raitt, Leslie Uggams, Rita Morena and many more.

The concert is sure to include the melodies of Gershwin, wit of Cole Porter, rhythm of Ellington, music of Broadway and pop songs of today as well as invoking an era of yesteryear.

Opening the show is Frank Pisani, "Chicago's Own Tony Bennett." The Chicago Tribune calls him "The Ultimate One Man Show."

Singer, impressionist, comedian ... hear the sounds of Sinatra, Dean Martin, Bobby Darin, Louis Prima, Elvis, Bobby Vinton and many more. Hear the comedy of Jackie Mason, Rodney Dangerfield, George Burns and so many more.

Frank has shared billings with Randy Travis, The Pointer Sisters, Brenda Lee, Bobby Vinton and Frankie Valli.

This will be a great show to close out the Group's show series.

Tickets go on sale 8:30 to 10 a.m. Monday, March 1 and each Monday, Wednesday and Friday thereafter.

Thanks to Dr. Linn, ticket prices remain \$6 and \$8 with a limit of four per purchase and, of course, are for residents in all of the On Top of the World communities.



"Live From Broadway" will feature Ken Shepski (above) in concert. Opening the show is Frank Pisani (right).



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For more information, contact your golf professional at 854-2765.

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All Around Our World

Lynette Vermillion

March is Women's History month, St. Patrick's Day, Daylight Saving Time and the first day of spring! Each year, March is designated as National Women's History month to ensure that the history of American women will be recognized and celebrated in schools, workplaces and communities throughout the country. And, for those of us who love to celebrate, St. Patrick's Day gives us another reason — green hats, green beer and corned beef and cabbage.

Don't forget to move your clocks one hour forward — spring forward on March 8. Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks

since Daylight Saving Time provides a convenient reminder. Our first official day of spring is March 20, and I am looking forward to seeing spring flowers and longer daylight hours.

Ocala Open

Don't forget the Ocala Open. The largest charity golf event in Marion County in 2009 will be held on March 24, 25, 26, 27 and 28. The event will showcase the Candler Hills Golf Course and will highlight some of the world's best men's professional golfers while benefiting local charities Interfaith Emergency Services and the American Heart Association's Go Red for Women in Marion County. You will not want to miss this — come out and be a spectator and enjoy watching exciting golf.

Street Light Outages

If a streetlight is out in your neighborhood, please call Progress Energy's Outage Line at 1-800-228-8485 and report it. You will need the pole number (e.g. B100540) and the nearest address to the light. If you live in Indigo East, you will need to report the outage to SECO Energy. Their outage line is 1-800-732-6141.

Lawn Furnishings

The Architectural Review Board must approve all lawn furnishings. These include birdbaths, lawn sculptures, artificial plants, birdhouses, rock gardens or similar type accessories. All lawn furnishings shall be secured/removed when threats of severe weather are forecasted. We have seen an increase in enforcement letters to remove lawn furnishings, which have not

been approved. No lawn furnishings may be placed in the common areas.

Insurance Coverage (On Top of World Central Owners Association)

A number of residents have asked what coverage for sinkholes is included in the association policy. The policy includes coverage for the peril of Catastrophic Ground Cover Collapse which is defined as a geological activity that: Results in the abrupt collapse of the ground cover that is clearly visible to the naked eye, results in structural damage to the building and its foundation; and the insured structure being condemned and ordered to be vacated by the appropriate governmental agency. Structural damage consisting merely from the settling or cracking of a foundation, structure or building does not constitute a loss resulting from a catastrophic ground cover collapse.

Fertilizer Ordinance

Marion County adopted a new ordinance, Florida Friendly Fertilizer Use, which is applicable to any person who applies fertilizer on turf and/or landscape plants in Marion County. Specific information applies to rate of application, number of feet near a DRA, training required, compliance and enforcement. You may want to take the time to read Phillip Hisey's article this month to learn more.

Exiting the Community

As cars are leaving the main gate, please use care when yielding to golf carts attempting to cross the boulevard.

Please keep in mind that there are two lanes of traffic, and if you are in the right lane, the car exiting the community in the left lane may not be able to see the cart and therefore may not know to yield. Cart drivers should come to a complete stop, let all traffic clear the intersection and then cross.

General Interest Items

We have had some complaints about the speed bumps at the gates. Please be advised that the speed bumps are placed to slow vehicles and so that the cameras are able to read the license plates.

We are planning to have a paper shredding service setup for residents in the community. We will be announcing the date so that you will have plenty of time to gather the paperwork you want to make sure is properly discarded. Information will be posted on www.otowinl.com and posters will be put up at the community centers and post offices.

A number of you have inquired about repairs to the Miniature Golf course. Renovations are planned for this fiscal year.

Circle Square Cultural Center Activities

Don't forget all the exciting events at Circle Square Cultural Center this month. On March 7, "Let's Hang On" will be performing the music of Frankie Valli and The Four Seasons, "A Night of Broadway Stars" will perform on March 21. A complimentary show will be offered on March 31 by the Rising Stars of Tampa Bay Opera.

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Keeping It Green

Phillip B. Hisey

February went by fast and now we have spring knocking on the door. March is a good time to start fertilizing the shrubs that are waking up from their winter slumber. If you live in On Top of the World Central you should not be fertilizing in addition to Parkway Maintenance.

However, if you live in Candler Hills or Indigo East and plan on doing your own fertilizing this year, or if you are hiring

out the fertilization of your lawn and shrubs, there are a few things you should know. Marion County recently adopted a Fertilization Ordinance that restricts how much fertilizer can be applied on various turf species, which can fertilize lawns, resulting fines of those that do not comply, and a few other things that I will touch on in the article. The Fertilizer Ordinance goes into effect May 4, 2009.

Marion County will offer training for fertilizer applicators. All persons for hire shall abide by and be trained in the Florida Yards and Neighborhoods Landscape Management Course and the Florida Green Industries Best Management Practices for the Protection of Water Resources in Florida. The certification is good for four years and must be renewed by continued education courses or re-taking the class.

Private homeowners are required to follow the recommendations made by the UF/IFAS program when applying fertilizers except where this ordinance provides more stringent requirements. If you contract out your landscape maintenance and fertilization, please make sure the applicators are certified.

To start with, the ordinance applies to "any person who applies fertilizer on turf and/or landscape plants in Marion County, Florida." That means you, as well as the person that does it for hire.

Another thing to be mindful of is the application rates the county will mandate for application of nitrogen and phosphorus. If using a slow release fertilizer on Bahia grass or St. Augustine, you are allowed to apply one pound of nitrogen per 1000 square feet at each application, and you cannot exceed three pounds of nitrogen per year.

For Zoysia Grass, the applications rates are four pounds of nitrogen per year applied at one pound per 100 square feet per application. Although this is on the lower end of the recommendation made by the University of Florida, it is enough to sustain the turf and its nitrogen needs.

Using a good slow release blend such as the LESCO 12-2-14 or 9-2-24 will aid in the sustainability of the fertilizer giving you the slow release longevity you need. If using nitrogen that is readily available and highly water soluble, application rates shall not exceed 0.7 pounds per 1000 per square feet per application.

Another thing to be careful of is the application of phosphorus. Phosphorus cannot exceed .25 pounds of phosphorus per application and .50 pounds per year. In the event excess nitrogen and phosphorus applications are needed, soil samples should be presented to an UF/IFAS extension soil testing laboratory or other accredited laboratory for verification.

These are just a few of the key points made with the fertilizer ordinance that I feel our residents need to be made aware. Parkway Maintenance and Management Company are currently exploring options with fertilizer companies to develop blends that work within these restrictions and still provide the fertilizer needed.

Golf courses and athletic fields are not under this ordinance as they fall under the Florida Department of Environmental Protection, "Best Management Practices for the Enhancement of Environmental Quality on Florida Golf Courses, January 2007." Agricultural operations are also exempt from this ordinance, these operations fall under the Florida Right to Farm Act, Section 823.14, Florida Statutes.

For more information on this ordinance, please visit the Marion County web site at: www.marioncountyfl.org.

One Child at a Time

By BETTY THAYER

I hope that everyone has their calendars marked for March 15 at 3 p.m. in the Health & Recreation Ballroom. This is the day we will make a difference in a child's life.

Many of On Top of the World's very talented performers will be on stage to entertain you and have fun; all for the benefit of Covenant Children's Home.

Our entertainers are rehearsing hard to give you, our audience, an outstanding afternoon. If you've missed seeing these entertainers in other venues, then this show is definitely for you. You'll get a variety of acts: The Sentimentals, The Concert Chorus, D'Clowns, The Funtime Cloggers, additionally Carol Slimm, Dave Guildford, Bob O'Neal, Jean Pigott and Herb Schroeder will all be performing.

Admission is free, however, all donations will be cheerfully accepted.

Everyone has come together to support Covenant Children's Home and we hope you will also.

Special guests at the show will be Richard and Karen Erritt, directors of Covenant Children's Home. If you are interested in learning more about this endeavor, you can log on to www.covenantchildrenshome.org.

So, note your calendar for March 15 at 3 p.m. and prepare to be entertained!



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**Activities
World**
Theresa Fields

Hopefully, the cold weather is gone and spring is here. The month of March brings St. Patrick's Day, along with other happenings. Don't forget to wear your green on March 17. This month will bring us longer daylight hours when Daylight Saving Time commences on March 8. Don't forget to set your clocks forward one hour.

Annual Health & Wellness Expo

Our Annual Health & Wellness Expo was held on Jan. 24 and was well attended with over 1,000 people from Marion, Citrus and Lake Counties. Over 40 health providers were in attendance. Our own Fitness Center Department performed exercise demonstrations to a standing-room-only crowd.

Health & Recreation Tennis Courts

The Health & Recreation Tennis Courts will now be overseen by the Arbor Club Tennis Pro Jorge Privat. If you have any questions or concerns regarding Tennis or Pickleball, please contact Jorge at 854-9753. He will be working closely with our residents regarding court scheduling and availability. Free tennis clinics will be held on Tuesdays and Thursdays from 2 to 3:30 p.m. starting in April. Please sign-up at the Arbor Club for one of the clinics and receive a "one month free membership" to try our new surface courts.

I am pleased to say a water cooler has been installed at the bocce courts. Thanks to Andy Jorgensen, Golf Course Superintendent, for installation and agreement to a weekly upkeep of the system.

Reminder

The On Top of the World 2009 Telephone Directory is available for pick-up at the Health & Recreation Information Desk Monday through Friday from 8 a.m. to 3:30 p.m.

Arbor Club Happy Hour

Our Happy Hours continue to be a huge success on Friday nights. On Jan. 23, we had our annual Sock Hop with music by



Sock Hop Happy Hour in January.

Larry Ryder. The residents enjoyed doing the Twist, Stroll and even the Hand-Jive. Many dressed for the occasion, with their Poodle skirts and Pegged Blue Jeans, T-shirts and Penny Loafers. If you are looking for entertainment or just a night out with friends, please join us at our weekly Happy Hour at the Arbor Club. Our dates of upcoming Happy Hour for the month of March are:

- March 6: Tomaura (St. Patrick's Day Celebration)
- March 13: Automatic
- March 20: Ray & Kay
- March 27: Fred Campbell

On Top of the World Bus Dinner Runs

This activity has really been picking up. The March schedule is as follows:

- March 3: Bob Evans
- March 10: Chili's
- March 17: Mason Jar

You are picked up and returned to the Health & Recreation parking lot. Pick-up time is 4:30 p.m. Please call the Health & Recreation office at 854-8707, ext. 10 to register.

A second bus has been scheduled for our upcoming Hard Rock Casino Trip on Thursday, March 19. The cost is \$20 per person which includes round trip bus transportation, \$20 in free play and a \$5 lunch voucher. We have had winners on every trip. Try your luck!

Arbor Club Social Hour

We are pleased to announce an upcoming Social Hour at the Arbor Club on Thursday, March 26, from 4 to 6 p.m. There will be live piano entertainment and a cash bar. All residents are invited to come and meet your new Program Supervisor, Theresa Fields, socialize, and meet new and old friends. I look forward to you sharing your thoughts and interests for upcoming activities and events.

Rags to Riches

We are happy to announce that the Rags to Riches scheduled for Friday, April 24, will be held in the Health & Recreation Ballroom. Table sign-up will commence on Monday, March 2, at the Health & Recreation office from 8 a.m. to 4 p.m. Cost will be \$6 per table. Get your table(s) early. This event sells out quickly.

Food Service Fee

Effective August 1, 2008, a Food Service Fee was established when residents utilize any On Top of the World Communities, Inc. Facility (including Candler Hills and Indigo East) and have food catered from outside, a potluck or food brought in personally from other eateries. The Food Service Fee will be applied as follows:

- 1 to 100: \$50 (\$50 refundable)
- 101 to 200: \$100 (\$100 refundable)
- 201 +: \$200 (\$200 refundable)

The assessed fee will be fully refunded if rooms are left totally clean (tables wiped, chairs placed in proper position and no food spills left on the carpet or floors). In addition, garbage must be bagged and placed in a dumpster. The fee will not apply to events catered by Friendship Catering as they are responsible for set-up and clean-up.

Any request for table/chair set-up must be submitted to the Health & Recreation office at least two weeks prior to event date.

We look forward to serving you in the upcoming months.

On Top of the World
Communities

Resident ID Cards

Stop by Customer Service
8 a.m. to 4 p.m.
Monday through Friday



**Mac Tip
of the Month**
Sherry Surdam

Want to see what's inside more than one folder while in List view? I'm sure you all know that pressing either Shift+Right Arrow or Command+Right Arrow will expand the current folder. If you want to expand all the sub-folders (and sub-sub-sub etc. folders), press Option+Right Arrow. To collapse all folders press Option+Left Arrow. These two shortcuts are huge time savers if you're always opening and closing folders to see what's in them (as I am)!

**Art Group
Open
House**

By JOANNE LEIGH

On Saturday, March 21 from 9 a.m. to noon in the Art Studio (by the Health & Recreation Building across from the water tower), you are invited to our annual open house to view members' gallery and demonstrations. Light refreshments will be provided.

If you have been painting, we'd like you to join us. If you would like to begin painting, we can show you how. One of our members, Carole Drost-Lopez, will be giving a demonstration and class in pastels at the Master of Possibilities winter session.

We are a collection of acrylics, oils and watercolor enthusiasts with all levels of experience. Mostly, we have fun doing what we like, and especially enjoy the camaraderie. No dues with this group. We meet twice a week on Thursdays and Saturdays from 9 a.m. to noon.

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Candler Hills Restaurant

Candler Restaurant hours are: Sunday - 8 a.m. to 5 p.m., Monday through Thursday - 11 a.m. to 6 p.m., Friday & Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

Self-serve coffee and donuts are available for golfers at 8 a.m. Monday through Saturday.

Don't forget the prime rib special every Friday and Saturday. It includes baked potato, vegetables, salad, rolls and butter - \$12.95 and is served from 4 p.m. to 8 p.m.

Fish Fridays will feature the fresh catch of the day from 4 p.m. to 8 p.m. Price and feature will vary.

On St. Patrick's Day, Tuesday, March 17 corned beef and cabbage will be available from 11 a.m. to 4 p.m. The price will be \$8.95 and will feature corned beef, cabbage, carrots, boiled potatoes, rolls & butter.

Easter will be on Sunday, April 12 this year. Candler Restaurant will feature the Sunday Brunch (with the addition of maple sugar glazed ham) from 8 a.m. to 1 p.m. From 1 p.m. to 5 p.m. a dinner featuring maple sugar glazed ham, parslid potatoes, green beans, rolls & butter will be available for \$7.95.

Reservations are recommended. Call 861-9720 for more information.

The Pub

The Pub will also feature a corned beef and cabbage dinner on St. Patrick's Day for \$8.95 from 11 a.m. to 4 p.m.

Be sure to sample the new addition to the Pub menu. Key lime salad features crisp chicken tenders served over assorted greens in a crispy tortilla shell drizzled with creamy key lime vinaigrette - \$7.95.

Daily specials are:
Monday - BBQ ribs served with baked beans and coleslaw - \$7.95.

Wednesday - Open-faced prime rib served with an onion tower - \$8.95.

Friday - Fried whitefish filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw - \$8.95.

Friendship Catering

Friendship Catering will again host its marvelous buffet on Easter Sunday at the Health & Recreation Ballroom. Price is \$17 per person and includes tax. Children 8 to 12 are \$8.50. Gratuity is not included.

The menu will feature:
Green salad with choice of dressings
Sour cream potato salad
Cole slaw
Rolls and butter
Carved leg of lamb with mint au jus
Sliced Virginia honey glazed ham
Carved roast turkey and gravy
Smashed redskin potatoes
Herb stuffing
Green bean casserole
Assorted dessert table
Coffee and iced tea

There will be two seatings: noon and 2 p.m. Call 861-9188 to make your reservation.

Friendship Social Club Marilyn Nielsen

The Friendship Social Club is open to all of the communities in On Top of the World. We meet the second Sunday of each month at 2:30 p.m. - unless it falls on a holiday and then it is changed to the first Sunday.

The February meeting was held on Sunday, Feb. 8. The refreshment commit-

tee had decorated with a Valentine theme and served Valentine cookies and candies. It was a nice time to getting acquainted and socializing before the meeting.

President Eileen Utiss opened the meeting with a welcome and the pledge to our flag. After club reports, she discussed club business and need for the coming plans for the club and officers. With so many new activities, the membership is smaller and help is needed to survive.

Eileen then introduced the Clogger Dance Group. There were about 14 women who looked sharp in their red shirts and white slacks - and they gave us a high energy, toe tapping, hand clapping fun program. We all enjoyed them.

The March 8 meeting will have Ken Crow, a singer, to entertain us. Hope to see lots of you next month.

Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

The sap gets caught high and may actually explode the stem if it freezes.

Sudden and severe cold weather may cause some plants to brown and leaves to curl. This is not unusual; it is more likely we've all been spoiled by the mild winters of the past few years.

Do not remove plants affected by the cold. They will surprise you with their recovery. Neither should they be pruned back until mid-April. There may be several more periods of cold and possible frost. Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-April to consider any pruning of owner added plantings.

Central Florida generally experiences one cold snap with light frost between March 15 and Easter so be forewarned.

Lawns and shrubbery will continue to grow, albeit very slowly, when the ground temperature warms above 65 degrees. That said, watering requirements are significantly less during the cooler months. Watering on a set schedule of once per week may not be entirely indicated. It is better to pay attention to the grass and watch it for signs of stress.

Best Management Practices state to wait and watch the turf grass and shrub material to the point of near stress. This keeps the plant from being over watered.

Turf grass will show signs of stress by curling leaves, turning a bluish gray color, and also the grass will be less turgid, meaning the grass will not bounce back when it is stepped on from loss of water reducing the rigidity of the plant. Shrubs will generally show signs of stress with wilt and can be easily brought out of wilt with the application of garden hose watering.

We know this won't be pretty, and your lawn may wilt. But lawns should not die because of this watering reduction. Do not fertilize so long as we are in the season of sudden cold snaps and while we are under strict use restrictions. The addition of nitrogen fertilizer may actually result in damage to the lawns far worse than a cut back in water.

Safety Tips

March is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 20 minute load!). Even more to the point, col-

lected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace it entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning.

In addition to cleaning the vent pipe, this may also be a good time for those of you who use dryer sheets to scrub your lint vent with a brush and hot soapy water. Believe it or not, some dryer sheets emit a waxy substance that adheres to the mesh lining of the lint vent. This can be verified by running hot water over your lint vent, if the water does not pass through the mesh, then it's a good idea to clean your lint vent.

Scam Alert

The Florida Attorney General sent the following bulletin, "To avoid being scammed by a non-legitimate tax preparer, consumers should get the credentials of the tax preparer, and ask if he or she belongs to a state board or bar association which requires continuing education.

The Attorney General's Office also recommends that consumers shop around for quotes and ask tax preparers if they will represent consumers who are audited or pay any audit-related fees. Only attorneys, certified public accountants and enrolled agents can represent taxpayers before the IRS in any matter including audits, collections and appeals.

One of the more common scams associated with tax season is "phishing," which occurs when individuals pose as Internal Revenue Service (IRS) or other government or banking representatives and send consumers e-mails seeking personal information allegedly for the purpose of processing refunds.

The e-mails are usually created to look official and may include subject lines that read "Refund Notice" or similarly misleading phrases. However, the IRS does not send e-mails asking for personal information to process refunds.

Consumers can visit the agency's website at <http://www.irs.gov> and click on "Where's My Refund" to check on the status of their refunds."

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LifeSouth Bloodmobile

The LifeSouth Bloodmobile will be here in the Health & Recreation parking lot on Monday, March 2 from 8 a.m. to 4 p.m.

Please consider how generous it is to take the time to donate! One blood donation can save up to three lives.

Please call 888-793-2707 or visit www.lifesouth.org, if you have any questions.

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Winds of Windsor
Sisca Johnson

The whispering Winds of Windsor is telling everyone that GLOW was a big success. The Glorious Ladies of Windsor got together for the first time at Bobbie & Kathy's house on Nov. 11. Jane McCabe suggested that we should wait till after the holiday season for our first Bunco evening. We all agreed; so, the first event was set for Wednesday, Jan. 21.

Finally, after a lot of e-mails and phone calls, 11 ladies met at the Arbor Club for an evening of fun. As it goes in most gatherings, we started to talk about Windsor, the activities in On Top of the World, the lectures and classes at Master the Possibilities and the events at Circle Square Cultural Center. We have so much in common since everybody is new to Windsor and most of us are new to the community. So, it is no surprise that most of the people who are moving here are very contact-friendly.

If you want, you can socialize a lot but at the same time, we respect each other enough to give everybody the privacy level they feel comfortable in.

Jane did put a hold on the conversa-

tion and tried to get the game organized. However, since we didn't want to split the group up, we decided to play Left, Center and Right (aka LCR) so we could all play at one table. This is the most perfect game you can play, if you still would like to chitchat and have some laughter in between. The evening went by really fast and we all are looking forward to the next evening of GLOW, which is planned for Wednesday, Feb. 18. We also hope to see all the other ladies of Windsor, who couldn't make it the first time.

On a personal note, we have been living in Windsor since October 2008 and for my husband, Gary, and for me, life in Windsor has been a very pleasant surprise. We don't have any experience in any other "adult community," and we never expected to improve our social life to this level. It is wonderful! It is fun and very interesting. Everybody here has a brand new house and when you show it to your neighbors and your newfound friends the first time, the most frequent question is: "Which floor plan is this house?"

We are long-term snowbirds from Troy, Ohio. Troy is about 20 miles north of Dayton. Gary has two sons and their families who live there, and they can't wait until we return to Troy. So, we promised "Gary's angels" (the three granddaughters), that we will have a lot of summer fun together up there.

On several occasions, people told me that I have an accent. I don't think so, however, in case you agree with the first group, I was born in Holland. To be exact, I lived in Gouda on, of course, a cheese-making farm. I worked my whole life as a freelance tour guide for Dutch and German Tour Operators. They gave me the opportunity to explore the United States. What an opportunity it was and what a beautiful country I discovered this way. It was hard work, a lot of hours and intensive studies, but I enjoyed every moment of it. My biggest fortune came my way, when I met a bus driver by the name of Gary Johnson. Yes, as you can guess, the rest is history....



Candler Connection
John Podkomorski

Spring comes early to Northern Florida, and many of us are in the process of replacing frozen plants, fixing sprinkler systems and getting out in the warm sunshine. What's with the weather, and where's the global warming we've heard about? Brrrrr.

March will bring out warmer weather (we hope), so let's all get out there and enjoy our great Florida weather. Personally, I've re-dedicated my personal efforts at planting golf eggs around the course, just to see what grows when those little white seeds are carefully placed around the golf course boundaries.

We've had good response to our neighborhood surveys, but would really like to hear from you if you have not yet responded. The survey results will drive decisions for Candler Connection through 2009, so it is very important to get your thoughts and suggestions in. If you have not responded, please contact Ray Cech at 873-1952.

Any cooks out there? We're developing a Candler Connection cookbook! Please submit the recipes you're most proud of to help make this project a success. Some

neighbors say they "don't have recipes because they don't cook." Hmmm. Maybe you could dig through your family archives and find some treasured secrets from your mothers, or even grandmothers? Wouldn't it be great to revive the treats we enjoyed as kids?

Every cookbook needs a cute, memorable name. Submit your ideas for the cookbook's name by March 15 to Diane at 873-3869. The winner will be chosen by the committee and will receive a free cookbook and unending adulation of your neighbors.

For Candler artists, two years ago we had a very successful art show with more than 24 Candler neighbors displaying their talents. We'd like to do it again! Please call Diane at 873-3869 to sign up to show off your work, including jewelry, paintings, quilts, sewing, photography, glass, pottery, embroidery, knitting, and crochet.

A note about neighborhood security - one of the most effective tools we have for keeping our neighborhood safe and secure is our own attention! If you see things that "do not make sense" in our neighborhood, please report them to On Top of the World service.

Have you donated blood lately? The Red Bus will be back on Monday, March 2, 9 a.m. to 1 p.m. Please refer any questions to Don Pixley, Area Coordinator, at 861-0321.

New to Candler Hills? Please join us



Lions Club
Dianne Lovely

I can't believe we are in the third month of the year already. How time does fly.

Vice District Governor Lion, Estelle Clark, who is also a member of our Lions Club, was a guest speaker at the Alachua County Counsel of the Blind on Feb. 27. She talked all about lionism. Ken Nelson from Food for Kids Program came and gave a talk on feeding kids and their families; a backpack program. No child should go hungry. They have been in business for five years now and hope to stay for a long time.

As of right now, 279 families are being helped and given food, that is 880 kids that are being helped. Every Tuesday, volunteers pack up the backpacks, deliver them and pick them up by Friday morning to start all over again. All food is donated from people like you. They tried to limit it to 20 schools but they just do a few more. It is a great program. They are located on NW 2nd Ave. in Ocala and their phone number is 620-8239 if you would like to help out. This is all tax deductible.

We meet every second and fourth Tuesday of the month at 8:30 a.m. at Candler Hills Community Center. Call membership chairman, Marty Schley, at 307-1286 for more information.

Avalon Social Group
Lorraine Rourke

February was a smaller yet fun get together with trivia questions from Sandi that had many of us stumped. Did we really watch those shows in the 50s and 60s? The food was wonderful. The variety of ties were cute though mine made from scrap materials was ugly but bright.

Our next bring-a-dish is March 2 in the Arbor Club; 5 p.m. set-up and 5:30 p.m. start. Bring a dish to share (meat, salad, casserole, soup, fruit, appetizer, no desserts), serving utensil and your own non-alcoholic beverage. Wear green for St. Patrick's Day. We will have a 50/50 raffle to cover expenses. We'd like to invite our neighbors in Windsor to join us in March.

Our April event is an outdoor neighborhood block party fish fry; so, pass the word. We will be selling tickets to cover the cost of the fish; \$3/individual, \$5/couple, if you want the fish. Bring a dish to share, a chair to sit in, and you can bring your beverage of choice! This will be 5 p.m. set-up; 5:30 p.m. start at the common area near our central mailboxes. Tickets will be sold at the March event and can be purchased from Georgia or Bert Adams at 861-0921. Ticket sales for the fish will end on March 23, so we have an exact count for ordering and will not be sold at the April event.

Not a fish eater? Don't let that stop you; it's still bring-a-dish, so join us and meet your neighbors at party central in Avalon. If we can rummage up some tunes and a player, we may be line dancing in the streets.

For questions, contact Lorraine 390-2120.

Singles Club
Lorraine Serwan

Welcome to March! Hopefully we've seen the last of the cold weather. Daylight Saving Time begins March 8. It will be nice to have it stay lighter in the evening.

The Singles Club enjoyed an educational and informative tour of the Marion County Courthouse in February. On March 19, we're going on a tour of the new state of the art cardiac unit at MRMC courtesy of the Ladies in Red. In April, we'll be cruising down the river on a Singing Boat Ride. It's a beautiful, relaxing tour.

Come join us and meet new friends. We meet on the second Thursday of the month at 2 p.m. at the Arbor Conference Center. This month's meeting will be on March 12 when we will welcome some feathered friends from the Wildlife Sanctuary. We look forward to seeing you there.

on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center to meet some neighbors and enjoy an introduction to the many social opportunities available in Candler Hills; RSVP to Bob Davis, 237-9332. For more information please go to www.podspad.us/cc for the Candler Connection website. To join the Candler Connection e-mail mailing list contact John Podkomorski at 873-3869, or email john@podspad.us.

April issue:
Thursday, March 26

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New England Club

Debbie Partin

In January, the New England Club met and had a very successful homemade soup share, with many varieties. We have some wonderful cooks in our group. We had so much good soup with all the fixings and simple hand goodies for dessert.

One member treated their car to a large serving of clam chowder - messy and funny at the same time. We had a fun program of questions and answers about New England and great prizes.

Featured in January are Jean and Tom from Framingham and Weston, Mass. They met on a blind date 43 years ago. They have three children and three grand-

children. Tom enjoys billiards and is a retired policeman. Jean likes exercising in the pool. Together they enjoy riding their Harley Davidson Road King and camping.

In February, the New England Club will meet on Feb. 13 at the Arbor Club Conference Center at 2 p.m.; next month same place, same time - but the date will be March 13. We will feature "Sly Guy" Emory who writes a popular column for the Ocala Star Banner.

Strawberries for your Sweetheart is for March, please wear red or pink. We will feature Truffles and cookies. Remember to bring your own drinks - we provide the coffee.

Featured in February, are Al and Helen Deluca who have lived at On Top of the World for 11 years. They came from Stamford, Conn. and grew up as neighbors. One family had six boys and the other had six girls - the parents prayed just one would get together and get married - Helen and Al fulfilled that order and had three children and six grandchildren. They have been married 58 years. Al worked for Yale locks and the Post Office and Helen was a secretary for Olin Chemical Corp. Helen is lively and likes everything and anything. Would you believe she swims every morning at 6 a.m.?! She enjoys cards and goes to Tampa often to the Hard Rock Casino - could it be she likes to gamble? Question is - does she win? Al played golf every day until this last year. Helen loves the New England Club and really appreciates what the board has done to revitalize the club. Her motto is "keep moving."



New York/ New Jersey

Terry Zarrella

Will someone please put on the brakes?! Time is flitting by so fast I'm spinning like a "Whirling Dervish." I can't believe it's almost March, which reminds me to tell you that our "covered dish" will be on the third Tuesday of March, which falls on March 17, St. Patrick's Day. Time will be at 3 p.m. at our regular meeting place. If you did not buy your tickets at February's meeting and want to attend, please call Liz Ettell. The price per person will stay the same at \$3. The club is supplying the dessert this year. Everyone is to bring a covered dish that will feed six to eight people.

We will be serving chicken bought from Publix and the rolls from Sam's Club. Terry and Andy Zarrella will be picking up these items. Angie Hook will be picking up the dessert.

At January's meeting, Frank Palotta and Jerry Semerad entertained us with some jazzy tunes. Frank sang some of his favorite songs and members joined in on



Photo by Andy Zarrella

The New York/New Jersey Club took a trip to the Tampa Bay Downs on Feb. 3. Pictured: the owner of the horse, the jockey, Terry Zarrella, Frank Palotta, Bunny Barba and Carol Berta.

the fun. It was a thoroughly enjoyable day for our club.

Next month, I will elaborate on the quiz show we held at our February's meeting; hosted by Bunny Barba and questions made up by Terry Zarrella. This entertainment was suggested by Joyce Zalis a year ago and is called "Who Said This?"

Our trip to Tampa Bay Downs on Feb. 3 was a success. Every trip has a story, but you had to be there to enjoy it. We had winners (who didn't know anything about gambling on a horse...just pure luck) and some who had "hunches" that didn't pan out and others who went home with smiles on their faces. The food was very good. A lot of work goes into planning this trip and we must thank Bunny Barba, Liz Ettell and Bob Berta for getting this event started and ending on a good note.

Until next month...stay well, laugh often, be happy!!



Southern Club

Charlotte Hancock

February 2009 started off with cold weather, but that did not stop our Southern Club members from coming to a great potluck dinner. We had salads, casseroles of all kinds, vegetables, cornbread and rolls. There were so many desserts we had a hard time choosing our favorite.

Don't forget in March we will have corned beef and cabbage. Please bring a potluck dish that will be complementary to the corned beef.

We welcomed new members Ed and Carol Hobbs, Jean Cellon, Homer Odom, Bill and Dolly Hummel, Howard and Patti Kirschner.

Our visitors this month were Leroy Lester, Sandra Fusfeld, Paul Willink, Doug and Natalie Turner.

The entertainment was fantastic. Twenty-five members of the "Goodtime Cloggers" under the direction of Joy Lutsie just clogged their way right into our hearts. We were clapping, singing and tapping our feet wishing we could be clogging with them. Thanks to Joy and all the cloggers for a wonderful performance.

The Southern Club was established in July 1990 by six couples. At least one member of the household must have been born or lived in one of the Southern states for at least fifteen years. The following states qualify for membership: Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, Missouri, North Carolina, South Carolina, Tennessee, Texas, Virginia and West Virginia.

Dinner starts at 5:30 p.m. and the meetings start shortly thereafter on the first Thursday of the month. All residents of On Top of the World and its communities who qualify may join the Southern Club.

The club will meet again on March 5 at 5:30 p.m. at the Health & Recreation Ballroom. Our entertainment will be the Orange Blossom Special Square Dancers. Club members please invite your friends and neighbors to come and see their performance at 6:30 p.m. Residents of On Top of the World are invited also. There is no charge, however, donations will be accepted.

The Movie Club Presents 'Swing Vote'

By MARY EHLE

The next movie will be on Sunday, March 8. It will be in the Health & Recreation Ballroom and begins at 6 p.m. Now remember that daylight savings time starts that day, so be sure and set your clock ahead. Spring forward is the rule.

The movie will be "Swing Vote" and stars Kevin Costner, Dennis Hopper, Judge Reinhold and Madeline Carroll. Kevin is a dad who needs to be pushed to do all the things he should be doing. His 12-year-old daughter, Madeline, steers him in the right direction and he plays an important role in our political system by voting. It is a very pleasant movie.

Remember that the movie is open to all residents. If you don't want to join for \$6, you can pay \$2 at the door. Hope to see you then.

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Pennsylvania Club

Pat Utiss

Our February meeting featured entertainment by the Fun Time Cloggers. This energetic group danced for over a half an hour. They made us in the audience tired, just watching. Their medley of patriotic songs was especially well received.

At this meeting, we celebrated the 94th birthday of member, Kay Kazen. Her son and daughter-in-law were visiting from California to join in the celebration.

As I stated in my last column, we were hoping for an all Pennsylvania Super Bowl. As you know by now, we didn't get our wish, but as a loyal Western Pennsylvanian, I must say, I am glad the Pennsylvania entrant was the victor. To the Philadelphia Eagle fans, we will start wishing already for an all Pennsylvania Super Bowl, next year in Miami.

Our March meeting, will be March 11, at our usual time and place: 3 p.m. at the Arbor Conference Center, Suite E. We will be having our Spring Carnival. This is always a fun afternoon of games and prizes.

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Red Hat Society
Vivian Brown

Ladies, I hope you are all ready for our annual pajama party. I know it will be great, and I will give you all the details next month. Our next Queen's meeting is March 19 at 2:30 p.m. in the Arbor Conference Center, Suite H; please mark your calendars. It means so much to be able to laugh at others and ourselves and to share in the fun and happiness. Let us not forget our motto of "live it up, laugh it up and love each other and the world can be a better place for everyone." God bless you all! Happy hatting!

The Razzle-Dazzle Red Hat Dames

Celia Miller was this month's hostess and we went to lunch at Lorenzo's in the Friendship Plaza; the food was good and the servers friendly. Afterwards, some of the ladies went to computer gambling; no one is telling if they won or lost. Betty Broman is the hostess for next month and we are going to the new Japanese restaurant in the new Publix shopping center.

Give you the details next time. Ladies, being with you lightens up my life. You are all very special to me and I look forward to our times together. God bless, stay well and keep smiling. When you smile the world smiles with you but when you cry you cry alone, so pass those smiles along. *QM Vivian Brown*

The Red Gems

The turnout for our Bocce games has been disappointing. We had just enough players to make up two teams, but with those few we had a lot of fun whooping it up. We probably could be heard across the park to where the Mah Jongg games were taking place. The weather was crisp and sunny, which left us feeling healthy and happy. We're still looking forward to more Red Hatters coming out to share in the play.

For right now, the Red Gems are looking forward to our luncheon at the Olive Garden. Sandy Voight, otherwise known as Madame Sweet Stuff, will be our host. Then the PJ party, of course, and then off we go into Daylight Saving Time and spring. It sounds good to me! *QM Loretta Troutman*

The Glitzy Gals

We celebrated our fourth anniversary

party at QM Mary's home. All the girls were dressed in red outfits with purple hats for this occasion.

As a part of our anniversary celebration, we had our annual inspirational candlelight ceremony. New members, Janet Becker and Paula Guildford took their vows and were welcomed as new members to the group. Balloons, party hats and noisemakers added to the festivity of the party. QM Mary presented each girl with a rose and a balloon as she made individual comments of appreciation to each. The delicious cakes baked by Nancy Cooperman were served with ice cream.

Our February outing was dinner at the Yamato with Mary Bicknell and Betty Tesmer as our hostesses. We all enjoyed the delicious food that was cooked in front of us. Our favors were gift bags with goodies and, of course, some chocolate. Nancy was the prizewinner this time.

Practice for our participation in the PJ party is going very well. Other activities for the month include the Valentine Exchange, horse racing and "Hoofin' It For Hospice." More detail about these next month. "It's all about each other." *QM Mary Curry by Janet Wahl*

The Cool Cats in Red Hats

We went on a tour of the Ocala Court House. Alice Stewart arranged the outing for us. We had a very informative time there. Lt. Fred Wright took our group around the facility. He told us about the new addition of courtrooms, that the construction was ahead of time and below cost. We sat in on two very different court proceedings. We also sat in a holding cell; that got a big chuckle from the detainees in the next cell to see all these Red Hats locked up. We toured the library and learned that it is open and free to the public to use to look up legal matters.

After that visit, we drove over to NW 14th Street to the German restaurant, "The Schnitzel Factory." It is on the new side as they have only been here since October. This is an unknown gem to try. *QM Janet Fragapane*

The Scarlet Foxes

The Foxes enjoyed a festive holiday season with an open house (with husbands) at the Womack house (thank you, Beverley). All had a great time. A traditional holiday luncheon was held at the Mason Jar, followed by dessert and a gift exchange at QM Phyllis' house. That was fun and a lot of laughs.

On Jan. 12, the Foxes traveled to The Villages and Lake Sumter Landing where we had afternoon tea, a mystery, and a great deal of laughter at the Tea Plantation Restaurant. Even though the weather was damp and drizzly, they ventured into a few shops to spend their money.

On Feb. 6, we took a short drive to the Royal Oaks Country Club in Oak Run where we had lunch. Following a hearty lunch, we returned to On Top of the World and had dessert at Fox Ann's home. Each fox brought two photos; one as a tot and one as a teen. I'm certain they did not change one iota! Well that's all for this issue. *QM Phyllis Kraus by Linda Heenan*

Please send your chapter's activities to Vivian Brown via e-mail vivjcb@cfl.rr.com by the 7th of the month. Any questions, call 291-0246. Thank you!

fast alone each morning.

This past month we welcomed our newest member, Spencer Corkum, who turns out to be somewhat of an avid horseshoe enthusiast with the local On Top of the World Horseshoe Club. As one of 20 plus pitchers; he recently elevated himself to a new standing among his teammates, but most of all educated the R.O.M.E.O. Club on such a fine sport. Check out the On Top of the World Horseshoe article for further details.

In a late January meeting, our chairperson, Ruth McIntyre, proposed and voted unanimously to keep the lifetime dues at .25 cents, payable after death.

Special thanks to Steve Sansoussi, manager of Winn-Dixie, and the staff for installing a microwave oven for use by the R.O.M.E.O. Club. Now we too can make our own hot breakfast.

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R.O.M.E.O. Club
Andy Rocafort

The R.O.M.E.O. club meets at the local Winn-Dixie each morning from 8 to 9 a.m. Monday thru Friday. We have now grown to 18 members and are looking to increase in size. Guys and gals are encouraged to attend. So, join us and avoid eating break-



Republican Club
Tony Tortora

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center Meeting Rooms unless otherwise advised. Watch local TV for announcements.

The guest at the March meeting will be School Superintendent, Jim Yancey. This will be a pizza party for \$7 per person. We will have an opportunity to understand the financial problems facing our school district due to the recession impact on the State of Florida.

There will be no meeting in April and the program for May is in planning. In June, we will host Pat Gabriel, President of the State Road 200 Coalition and in July, a cook out is in planning.

K-9 Club

Bobbi Lipka

The K-9 Club traveled to the Marion County Sheriff's Department in February to observe the K-9 unit in one of its training sessions. The audience couldn't help but be struck by the professionalism of the deputies, and the devotion with which they worked with their dogs. It was a great opportunity to pick up some training tips, too.

For our meeting on March 1, our speaker will be Gail Perry, who is a professional dog trainer working out of the new Petco store on Highway 200. She'll be sharing some training tips, and telling us all about all the services and products available at the new store. Free samples have been promised! Come and join us at 7 p.m. on Sunday, March 1, in Suite G of the Arbor Conference Center. All are welcome!

For more information about the K-9 Club or any of its programs, please contact Bobbi Lipka at 237-1245.



Women of the World
Terri Molnar

Happy belated Valentine's Day! Spring is just around the corner - and the members of Women of the World are busy putting the finishing touches on this year's fashion show. We have sold out - no more tickets are available - so if you do not already have yours, you will have to wait until next year.

Those ladies who are donating baskets and other containers for the fashion show are asked to bring them as early as possible on Saturday, March 7 so they can be organized for the silent auction. Remember, after you've purchased your tickets (the day of the fashion show) for the auction, keep one side of the strip so you will be able to claim your prize.

We owe a big thank you to those who have volunteered their time and energies to putting this event together. Please remember we hold our fashion show to raise funds for Hospice.

Our organization has been asked to help another worthy cause, the Tennis Club and D'Clowns are collecting shoes, which will be donated, to Interfaith Emergency Services. Any type/style/size is acceptable as long as there are no holes in them. These items will be given to those in need. IES can also use blankets, clothing and/or canned goods. With the economy as it is there are a number of folks who need our help. Call Nancy Grabowski or Paula Magen for drop-off locations.

One of our gals, Irene D'Aguanno, is seeking Box Tops for Education found on General Mills products. Her grandsons are involved in a project at their school. Please see her to give her these items.

Our Operation Shoebox collections are going great - but don't stop contributing! Our service people still need our help. Look for the cranberry collection bins at the Arbor Club and Health & Recreation Building.

We will not be having a meeting in March due to the fashion show. Our next meeting will be held on April 3 with our speaker being Jean Culp of the Southeastern Guide Dogs.

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Native Plant Club
Ron Broman

What is your theory to explain how we survive - in essence to be successful? Mine goes something like this...

All living organisms come with a multiplicity of attributes, capabilities, located in the genetic make up. Some of these attributes are especially advantageous in certain habitats and conditions. A bird can fly; so, when food is scarce in one place he/she can fly to another. Likewise, a fish can swim taking advantage of food passing through a river.

So what might be an advantage for a plant whose flower appears in the spring before most other flowers appear? That happens to be one of the attributes of the Hog Plum, or Flatwoods Plum, *Prunus umbellata*. You may have noticed it many places in the woods lately looking



Photo by Ron Broman

Prunus Umbellata – Hog Plum with an early invitation in the Garden of Weedin.

like sticks covered with snow. It's a deciduous shrub or small tree, up to about 15 feet, and makes a nice addition to a natural yard. As with all plums, the fruit is very popular with the birds.

By the way, no doubt you know that 2009 is the 150th anniversary of Charles Darwin's the Origin of Species. The full title is On the Origin of Species by Means of Natural Selection or the Preservation of Favoured Races in the Struggle for Life (see National Geographic, February 2009). Coincidentally this year is also the 200th birthday of the mild mannered Englishman who wrote it. (Abraham Lincoln and

Charles Darwin share February as their natal day.)

Darwin's theory of natural selection is essentially that the best adapted individuals of each population survive to leave offspring and others don't. (Alfred Russell Wallace had the same idea.)

One definite survival adaptation of the Hog plum is its propensity to produce flowers before the leaves come out and before other plants in its community even get going. Competition for pollination by bees and other pollinators is certainly an essential aspect of survival.

A word that may well apply here to a

plant that has this trait is precocious. (I checked with my friend Bob and he thinks it's ok to use that term.)

A related interest, to me at least, is that the very similar-looking flower (inflorescence), of the Chickasaw Plum, *Prunus angustifolia*, does not appear until after the leaves come out. It seems each has found (so far) its successful niche.

And on that note, what talents, adaptations, traits if you will, do you possess that help you to fill a niche -- to not only survive but to be successful, to flourish? Once in a while at least, I think it's a good idea to take stock.

The February meeting of the Native Plant Group hosted Greg Barton, Marion County Urban Forester. He presented a program on prescribed or control burns. It's been six years since our last burn in the Longleaf Pine Trail area. It's time for another. He caused us to compare the reasons why early people burned their surroundings with why we would want to burn. You know, it all came down to survival.

At our March 11 meeting, we will watch the documentary film 'Gimme Greene'. It offers a humorous look at America's obsession with lawns. Attend to also learn about the Plant of the Month.

The March meeting of the Florida Native Plant Society in Marion County will be held March 18 at the Ag Center/Extension Service. Our guest speaker will be Guda Taylor of Taylor Gardens and Nursery in Sparr. This is an excellent speaker with excellent slides. She usually brings plants too. Our meeting starts at 6:30 p.m. and is open to the public; refreshments will be served. By the way, expect our name to change to Florida Native Plant Society-Big Scrub!

A Whooping Tale

By BOB WOODS
WORLD NEWS WRITER

Picture this ... a few hundred people standing around in one of the coldest mornings in this part of Florida with the temperatures in the mid-20s before the sun rises waiting for a bunch of Whooping Cranes being led by an ultra-light with a pilot dressed in a bird's costume. Sounds to me like some fairy-tale or the plot for a cartoon.

It all started when I received a request from the editor of the World News, asking me if I was interested in doing an article on Operation Migration.

I was very leery to undertake this request so I started to do a little research on this program, Operation Migration, and the more information I gathered and obtained, the more interested I became.

The Whooping Crane is North America's tallest bird standing five feet in height, on average, with a wing-span of 90 inches or wider. No wonder the program utilizes ultra-lights to teach these birds migration routes.

The dedication of the group of American and Canadian folks to the recovery program of the Whooping Crane is awesome. I didn't realize that the total number of these large birds dwindled down to a total of 14 some years back until a team of conservationists wanted to do something about recovery efforts of the species. Reading the information I had gathered, I came to understand what all the whoop-la was about.

Today, there are a little over 500 birds in the wild and in captivity.

Young cranes have no idea about migration unless they are physically shown.



Photo by Lennie Rodoff

Whooping Cranes flying overhead.

The young birds are hatched in captivity and these ultra-lights act as their parents showing them the way to their wintering grounds. Hopefully, in the spring the young birds will head back to where they were hatched on their own. The flocks we read about locally are raised from chicks at the Necedah National Wildlife Refuge in Wisconsin.

Their wintering grounds are almost 1,300 miles away at Chassahowitzka National Wildlife Refuge in Citrus County, Florida. You can really call these flocks of Whooping Cranes, "snow birds." This being the eighth year of the program, the group of youngsters started out totaling 14. Just north of here at St. Mark's National Wildlife Refuge south of Tallahassee, seven young Whooping Cranes were dropped there starting an additional wintering ground for the cranes.

There is also another migration route leading a bunch of these birds to another refuge in Texas. The reason for this diversity is so if anything happens to a group of the endangered cranes at one particular location, the entire operation is not wiped out. If you remember a few years back we

had a bad storm, 22 Whooping Cranes at Chassahowitzka lost their lives.

Now practically everyone knows that salmon always return to the streams and rivers where they were born. Most sea turtles return to the same sandy beaches where they were born as do whales and other fish species in our oceans, sometimes traveling thousands of miles. I am sure you have watched songbirds in your backyard that head north in the spring returning to sunny Florida in the fall.

They are not stupid; they know where it is warmer and when to get out of the cold, snowy weather. Just look around at some of your neighbors doing the exact same thing.

All animal types, including humans, were shown at least once where to go and they all seem to travel the same route to return. These Whooping Cranes are no different. The youngsters have to be shown and ultra-lights act as their parents showing them the way. These birds travel across seven states on their trek south stopping at or passing over some 26 predetermined locations.

The Dunnellon Airport is the flock's final route flyover before their final destination in Citrus County. There is no set time frame on the total number of days to make the trip. Bad weather can keep the flock of immature cranes along with the ultra-light on the ground at a particular location for days, sometimes weeks.

On Jan. 21, I ventured over to the airport only to discover hundreds of folks waiting patiently for the Whooping Cranes and their ultra-lights to come into sight. I did notice there were some familiar faces from On Top of the World. This is perhaps the only time spectators can see the

Whooping Cranes up close, as their numbers in the wild are extremely small. The bird is white, with black feathers on their wing tips with a red crown and face.

In flight, the bird's neck is outstretched with long trailing legs. Often folks mistake the stork for the Whooping Crane only the stork is a little smaller with black on the wings.

There I was, standing in the extreme cold with camera in hand ... well actually, it was dangling around my neck while I kept my hands warm in my jacket pocket. As I said, there were hundreds of folks waiting and dancing around trying to stay warm to see the birds being led by an ultra-light.

There were folks dressed as if they were in the colds of Maine. There were many newspaper photographers and television cameramen. I checked my watch, time was running out — Bev, and I had dentist appointments in Crystal River. The immature Whooping Cranes were in the air but I could not wait for their arrival after spending all this time standing in freezing temperatures. I asked Lennie Rodoff if she would take some pictures and forward them to the World News for me. I reluctantly trudged off the airport property and headed for my dental appointment. To witness this event, I will have to wait until next year.



Photo by Lennie Rodoff

Hundreds waited patiently in the cold to watch the Whooping Cranes.

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Orchid Club
Linda Rose

Our On Top of the World Orchid Club still has room for the Legendary Journey's tour of Selby Gardens and St. Armand's Circle, all for the low price of \$39. The tour includes riding in a deluxe motor coach with a two hour guided tour of Selby Gardens, then approximately three hours time is allotted for St. Armand's Circle, this time allotment includes free time for choosing lunch at one of many restaurants and time to shop. This tour is open to all On Top of the World residents and their guests.

Selby Gardens is internationally recognized for its open air and under glass museum of more than 20,000 colorful plants and over 6,000 orchids. The grounds include the Christy Payne Mansion, which is

on the National Registry of Historic Places and houses ever-changing botanical art and photography exhibits.

St. Armand's Circle is a renowned market place with a continental flavor including many fine shops and restaurants. This day trip is scheduled for Thursday, April 16. For reservations, call DJ at 291-9300 x164 or stop by Legendary Journey's in Jasmine Plaza with your check.

For further information, call Hildegard at 390-3368 or Linda at 854-9424. Deadline for reservations is Monday, March 16.

Our March meeting topic will be about the beautiful *Oncidium Psychopsis papilio*, more commonly known as the "butterfly orchid" because it resembles a butterfly in flight. This great plant flowers continuously, and is often for sale at our Farmer's Market. Hildegard will address planting mediums, and culture of this orchid, many are afraid to purchase this plant, but once you learn its needs, it will continually reward you monthly or bi-monthly, depending on the environment and temperatures.

If any of you have orchids that are having problems or just not blooming, bring them to the meeting, and time will be set aside to cover their needs; if they're diseased, we will keep them separate from the healthy orchids members love to bring in for show and tell time.

Meetings are held the third Thursday of each month at the Arbor Conference Center in Suites B and C at 1:30 p.m.

We hope to see you on March 19, until then, happy growing!



Photo by Doris Mauricio

This photo of a bottlebrush was taken at the Florida State Fair on Feb. 11.



Nature
Around Us
Doris Mauricio

In February, we saw the coldest sustaining weather that we have seen in a number of years. I hope those of you new to gardening in Central Florida do not become discouraged. We do not get weather that cold very often but you need to be aware that it does happen. This was my first really cold spell since moving to On Top of the World and I took it as a learning opportunity.

Some plants in your garden will come back quickly; such as Plumbago, Firebush, Firespike, and Golden Dewdrop. Some plants that returned previous winters may not; such as Allamanda, Bougainvillea, Penta, Mandevilla, Tropical hibiscus, and an assortment of annuals. My patio palm got burned on top even though it was covered, but it will recover. Any palms with dead centers will not come back.

As you notice the landscape beginning to wake up, be patient and wait to see what will come back. The official date for the last frost is March 15. Your spring chores will include the mess left from

our February hard frosts. You can start removing the dead stuff now or wait until after March 15 and not take any chances of another frost.

Consider planting a ground cover this spring in the shady areas of your yard that will not support a lawn. Excellent choices for Marion County are Algerian Ivy, Liriope, Mondo Grass, Dwarf Confederate Jasmine, and Ajuga. Peacock Ginger is also very attractive, but will die down in the winter.

All Lily and Gladiola bulbs do well if planted now. The time to plant Citrus is now when the tree is coming out of dormancy. This is evident when the branches show new growth. Fertilize your other Citrus trees with 6-6-6, but not the new ones. Wait until next season to fertilize any newly planted Citrus.

After March 15, you can start cruising through the garden centers and looking for colorful annuals to plant among your perennials and shrubs. Remember to water newly planted trees and shrubs daily for the first two weeks and then taper off the watering to only when needed. This pattern allows the plants to grow new roots and avoid being stressed.

Tomato seedlings should be planted deeper than they were in the pot. New roots will grow along the stem and give you a stronger plant. Place a collar of paper around the stem before replacing the soil to protect the stem from cutworms or damping off.

Now that you have accomplished some of the above chores, treat yourself to a weekend of joy. The 15th Annual Master Gardener Spring Festival is March 14 and 15 from 9 a.m. to 4 p.m. You may want to wait and make your purchases from the multitude of vendors that weekend. There will be seminars throughout both days and a panel of Master Gardeners will be available to answer your gardening questions. The demonstration gardens will also be ready for tours. Admission is only \$1. See you there!



Photo by Paul Nistico

A robin at Emerald Marsh in January.



Birders' Beat
Jane Callender

Suddenly it is spring! The Unique Birders will meet Tuesday, March 17, at 1:30 p.m. in Suite H of the Arbor Conference Center.

By this time, we will have had our yearly "planning meeting" and a field trip led by Ann and Conrad Massa to Citrus

County landfill to see eagles. For further information, please call Roberta Campbell at 854-4814, or me, at 861-2983.

For Southern residents and visitors from the North the American Robin is a harbinger of spring. With climate change and backyard bird feeders, Robins and other migratory birds may change their winter residence to further north.

Robins nest in shrubs, trees or buildings; building a sturdy cup of roots, twigs and mud, lined with a soft material. The female incubates three or four blue eggs, with the young leaving the nest 2 to 3 weeks after hatching. The American Robin often forages on lawns with its head cocked, looking for earthworms. Robins are not listening for worms when they cock their heads to one side or the other. They are looking with eyes that are placed far back on the sides of their heads. Robins also eat insects, fruit or berries. It is a very territorial bird, often seen fighting its own reflection in windows.

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ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB FITNESS SCHEDULE

EFFECTIVE MARCH 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Arbor Club Ballroom		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Rebekah	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Barbara	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Rebekah		
9:30-10:30 Fitness Room	Yoga* Ronnese AC Ballroom	Intermediate Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom				
10:15-11:15 Fitness Room					Yoga* Bryony Fitness Room		
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Rebekah		Shallow Water Aerobics* Therese				

*DENOTES A FEE BASED CLASS



Kitti's Corner
Kitti Surette

Cholesterol: The Good, the Bad and the Whole Picture

All this talk about cholesterol, lipids, and "good" and "bad" can be so confusing! Cholesterol and fat were things that we thought were always unhealthy, but research has shown that there are different types, some that increase the risk of heart disease and some that are actually protective! To check your risk of heart disease, your doctor may order a lipid profile test. This checks the levels of at least four lipid — fat — components in your blood:

Total Cholesterol

This is the total amount of cholesterol floating in your bloodstream, some of which may offer protection against heart disease, and some of which may increase your risk.

Your total cholesterol level should be less than 200 mg/dl (milligrams per deciliter).

LDL Cholesterol

LDL, or low-density lipoprotein, cholesterol, usually labeled "bad," tends to adhere to the inside of blood vessel walls, building up blockages that can cause a heart attack. You want your LDL level to be low — ideally, less than 100 mg/dl, according to the American Heart Association. Between 100 and 129 is considered "near optimal," 130 to 159 is considered "borderline high," 160 to 189 is considered "high," and 190 and above is considered "very high."

HDL Cholesterol

This type of cholesterol is the one many people think of as "good" cholesterol. Instead of sticking to the lining of blood vessels, HDL or high-density lipoprotein, cholesterol (the so-called good cholesterol) is brought to the liver to be removed from the body — so it reduces your risk of heart disease.

You want your HDL level to be high — at least 60 mg/dl or higher. A low HDL level (less than 40 mg/dl for men; less than 50 mg/dl for women) increases the risk of heart disease.

Triglycerides

These fats are also included in a lipid profile. Although it's not clear whether high triglyceride levels are a risk factor for heart disease by themselves, they usually go hand in hand with other risk factors, such as high total cholesterol or low HDL. If you are obese, inactive, drink a lot of alcohol or follow a diet very high in carbohydrates, you may have high triglycerides. Your triglyceride level should be less than 150 mg/dl.

Have you gotten your lipid profile report? If not, make an appointment within the next seven days and commit to getting one. If you've already gotten the results and your lipid profile is good, that's excellent, but it doesn't mean you can eat whatever you want! You need to continue eating healthfully so those lipid levels can stay great!

See you in class...Kitti

Photo (left) by Stan Magen

On Feb. 9, Ruth Goldstine and Paula Magen prepare for the upcoming Hoofin' It For Hospice fundraiser.



Fabulous Friday

The Health & Recreation Fitness Department is sending you a special invitation to step back in time!

Join us for an "80s Workout" that you won't want to miss. Put on your sweatbands; pull up your leg warmers!

Move and groove to the sounds of the 80s.

Fitness and fun all in one!
"80s Workout"
Friday, March 20
10:30 a.m.
Health & Recreation Ballroom



Larry's Fit Tips
Larry Robinson

One of the best tools for keeping track of your food intake is a food log. It serves as a reminder of everything you consume each day, including that bag of chips you grabbed on the way out the door. Eating on the run can be detrimental because we forget what we eat. A food log tracks everything you eat; how much you consume; when you consume it; and helps you evaluate why you eat at certain times.

A diet rich in nutrient dense foods such as whole grains, vegetables, fruits, legumes, seafood, lean meats and essential fatty acids insures you are supplying your body with the proper nutriment for a well balanced diet.

Fit Tip #1: Feed Your Muscles

The basic principles of nourishment are to feed your muscles, which include proper amounts of protein, complex carbohydrates and essential fatty acids.

Fit Tip #2: Metabolic Rate

Strength training or weight training with a cardiovascular workout will help to increase your resting metabolic rate, which in turn burns more calories at rest.

Fit Tip #3: Hanging on to What We Got

One pound of muscle requires at least 35 calories a day to maintain, and fat requires 1 or 2 calories a day to maintain. That's a big difference! This is why it is so important to keep the muscle you have, and burn the fat you don't want.

If you'd like more information or help on losing weight safely and effectively, stop by the Health & Recreation Building, I'd be glad to help you.

What is the best way to lose weight? People will try anything, from Jenny Craig and NutriSystem to cabbage soup diets and Weight Watchers to drop a few pounds, but when it comes down to the nuts and bolts of losing weight, it's all a matter of calories in vs. calories out or eat less and exercise.

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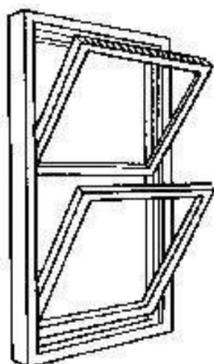
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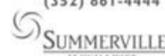


If so, you could be eligible for benefits ranging from \$907 - \$1674 per month to help you pay for out-of-pocket medical expenses including assisted living care. The Veteran's Administration offers these benefits to qualifying US Veterans or their surviving spouse. We at Summerville are committed to helping our Veterans through the application process absolutely free of charge. Contact Summerville at Ocala West and learn more about:

- What assisted living services are covered by the VA
- Which Veterans and spouses are eligible for up to \$1674 per month
- How to apply and start the prequalification process

Call today and discover the VA benefits that may be awaiting you!

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Fitness Happenings
Cammy Dennis

Swim to Get Fit!

The water is a wonderful environment for exercise and Health & Recreation is proud to offer a new program entitled "Swim to Get Fit." Master swim instructors Tom Peek and Tarn Thompson will teach this program. Both men have been around competitive swimming as athletes and coaches for over a combined 60 years.

"Swim to Get Fit" is a comprehensive four-week program that focuses on proper swimming technique. This program will help you to maximize the health benefits of exercise and enjoyment in the water. Tom and Tarn will teach you correct body position, alignment, breathing and kick techniques. Lessons include various swimming drills and stretching exercises. The instruction also incorporates specialized equipment to ensure your development of the fundamental skills.

Details for the "Swim to Get Fit" program are as follows: March 3 through 26; every Tuesday and Thursday from 11:30 a.m. to 12:30 p.m. at the indoor Arbor Club pool. Limited space! Sign up early at the Health & Recreation Fitness Center or the Arbor Club.

Swimming is a great, low impact exercise challenging all the major muscle groups, which makes it an ideal choice for people with arthritis, musculoskeletal or weight limitations. Water has unique properties that make it very desirable for exercise. Water will push on anything that is submerged in it, this is called hydrostatic pressure. Therefore, when you are swimming water helps to cushion stiff joints and fragile bones.

Buoyancy is another property that makes exercise easy on the body. The water's buoyancy helps to reduce the impact felt by exercising on land. When immersed in water to your waist, your body bears just 50% of its weight. One more important property of water is the resistance it provides. Water is 12 times more resistant than air! This added resistance helps to build strength. Swimming is a good fitness choice for just about everyone, however; we always recommend that you seek clearance from your health care provider if you are just getting started in an exercise program.

Please join us for the next Healthy Living Seminar here at Health & Recreation entitled, "We All Fall Down." We will examine why we are more likely to fall as we age, and how we can possibly prevent this. This seminar will be held here at Health & Recreation (in the aerobics room) at 10:30 am on Tuesday March 3.

Fitness happenings:
Healthy Living Seminar "We All Fall Down." March 3 at 10:30 a.m. in Health & Recreation

Swim to Get Fit Program: March 3 - 26 on Tuesdays and Thursdays at the Arbor Club

More "Balanced Body" Classes: Mondays - Fridays at 10 a.m. at Health & Recreation

Balance Assessments: March 10, 17 and 24 at 10:30 a.m. at Health & Recreation

Final "Biggest Loser" Meeting & Weigh In: March 12 at Health & Recreation at 11 a.m.

Bike Clinic: March 14 in the Health & Recreation parking lot from 9 to 11 a.m.

Fabulous Friday "80s Party:" dress in your favorite exercise outfit from the 1980s! March 20 in the Health & Recreation Ballroom from 10:30 to 11:30 a.m.

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RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP EXERCISE SCHEDULE

EFFECTIVE MARCH 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycise
8:00-8:50 Aerobics Room	Cardio Mix Rebekah	Condition & Stretch Cammy	Cardio-Kick & Tone Susan	Condition & Stretch Cammy	Cardio Mix Kitti	12:15 20 Min.
9:00-9:50 Aerobics Room	Primary Pilates Mary Pat	Absolutely Abs Mary Pat	Pilates Pot Potpourri Mary Pat	Absolutely Abs Therese	Precision Pilates Kitti	Sunday Oxycise
9:30				Sholom Park Walk		12:15
10:00-10:30 Aerobics Room	Balanced Body Mary Pat	Balanced Body Cammy	Balanced Body Mary Pat	Balanced Body Susan	Balanced Body Mary Pat	20 Min.
10:30-11:15 H&R Ballroom	Cardio Jam Kitti	Healthy Living Seminar Mar 3rd 10:30 H&R	Cardio Jam Kitti		S.O.S - "Serious on Kitti Strength"	
10:45-11:30 Aerobics Room	Light Aerobics Susan		Light Aerobics Susan		Light Aerobics Susan	
12:00 Fitness Center		Fitness Center Orientation				
12:15 Aerobics Rm.	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	Oxycize-Video	
1:00-2:00 Aerobics Room		ZUMBA* Traci		ZUMBA* Traci		

* Denotes a Fee Based Class



Computer Club
Sherry Surdam

In January, Gene Barlow from User Group Relations gave us a presentation on the newest version of Acronis True Image software, a user-friendly program for backing up your computer. This is a must for today's computer user as disaster will strike each and every one of us at some point, and the thought of losing priceless photos and documents should

prompt everyone to have a backup readily available.

Also, in January, Bob Gale gave a talk on many of the free software programs readily available online. Two excellent websites for seeking out free or low-cost software are: www.majorgeeks.com and www.download.com. Majorgeeks.com is a particular favorite of mine!

On Feb. 14, we had a presentation on the newest version of Google's free photo editing program, Picasa 3. This version, available for both Macs and PCs, has many features the previous version was missing and is well worth the time and energy to learn and use it. Picasa has many of the features found in expensive photo editing programs but is very user friendly and more than adequate for the majority of us who like to try to improve the photos we take. To get it, simply type "picasa" in your browser search bar. It is a very large download, 17 MB for the Mac version and nearly 10 MB for the PC version, so if you have a dial-up connection you might want to ask a friendly neighbor with DSL or cable to download it for you!

On Feb. 28, Don Sommer, our webmaster, gave us an in-depth tour of the club's website. There is a great deal of information available there and few members really know how to use it to their advantage.

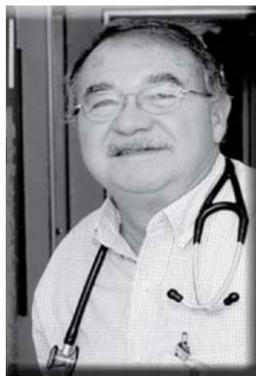
On March 21, Embarq will visit us with a presentation on services they provide. There are no specific details of what topics will be covered at this time, but I'm sure it will be of interest to many of our members, so, please attend if your schedule permits.

Be sure to watch the website at <http://www.cccocala.org/> for information on scheduled programs and/or changes to the schedule.

Membership dues remain at a low, low \$10 per person or \$15 per couple. You may not find every meeting relevant to your needs but everyone benefits at one point or another. These sessions are for beginners and experts alike. Please don't be intimidated if you think you are just a novice. Attend the meetings and ask questions to reap the benefits of advice from the more experienced users. No matter what your level of experience, everyone benefits from these meetings.

All meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesday, Thursday and Saturday. If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and more experienced users!

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You saved my life and the life of my unborn child. In 2002, I became ill early on in my pregnancy with what I thought was pneumonia. I came to your clinic repeatedly complaining of severe chest pains and a cough that wouldn't go away. Each time I was told by other doctors that my lungs were clear. I kept enduring terrible chest pain, not knowing why. That is, until you insisted on something no one else had ever suggested: an ultrasound on both my legs. Turned out I was suffering from deep vein thrombosis or DVT. And those chest pains and cough signaled bits of blood clots traveling to my lungs -- a.k.a. pulmonary embolisms. You diagnosed my illness and rushed me to the hospital. You also told me I had been right all along in pursuing an answer to my pain. The doctors at the hospital were just astounded I was still alive. Thank you, Dr. Williams.
Kelsey E. Johnson Defatte, 37, homemaker, Fond du Lac
Woman's Day, Nov. 13, 2007

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Bloodmobile
Don Pixley

Our last drive netted 28 units, which includes three ALYX donors. We can only hope the inclement weather was a reason we suffered such a drop off in the number of donors.

Over the past many months we have strived to stir some sadly lacking interest in the blood donor program. Our numbers have not improved even though we have tried many pleas for more donors.

I have concluded the only persons that read this column are those who are already interested in the program. This is tantamount to preaching to the choir.

Therefore, this is an appeal to all who have donated in the past. If you have been rejected some time ago, please stop by and see if the problem has been resolved or the rule modified.

Perhaps the best advertisement will come from those who have experienced the wonderful feeling of giving something of great value to those who you may or may not even know.

This is a plea to all regular donors, past or present, to bring a neighbor, friend or relative to the next drive and perhaps we can get our numbers up to a more respectable level.

The next drive will be at the Candler Hills Community Center on Monday, March 2 from 9 a.m. to 1 p.m.

The next donation day will be on April 6 at the Health & Recreation parking lot from 7:30 a.m. to 2:30 p.m.

Those reporting for the last drive are: Maurice Blackwell, and ALYX donor, Don Blair, Nancy Blair, has donated 12 gallons, George Borgia, Rosemary Borgia, Kay Chandler, Margitta Claterbos, Harold Corwin, Susanne Cottrell, Nancy Dremiller, Oscar Fernandez, and ALYX donor, Joy Harter, Julie Hickok, Lauren Hickok, John Hodd, Richard Kiminske, has given over 22 gallons, John Kreps, Edward Lalonde, William Mango, Thomas McHaffie, Jeanne Nicholls, William Osis, Don Pixley, Joan Rappa, Lorraine Rourke, Marilyn Rowe, Patricia Russell, Ervin Schamal, John Semler, an ALYX donor, Shirley Shellman, Florence Soens, an 11 gallon plus donor, Sara Sommer, Sylvia Willoughby, and Carl Zeiler.

Some of us, including your writer, were a little short of iron this month, something we will have to correct next time.

Please circle the appropriate date on your calendars before you forget it! See you at the Big Red Bus.



View from the Library
Doris Knight

Do you like to watch professional tennis? I do and have since the 70s and 80s when John McEnroe was sometimes number one. So, when I saw his 2002 book "You Cannot Be Serious" at the library, I decided it would be an opportunity to learn more about this talented player.

The book begins with a brief glance at what he is today - a very happy father of six children, married to a wife named Patty, whom he loves, and a tennis commentator for most of the top tournaments. He then sets out to tell us how he got to this place of which he is very proud, although one always feels throughout the book that his pride is nibbling at him to accomplish even more than he has done. He's very honest about his pride; it is one of the chief reasons why he wrote the book - to understand himself and to tell us what motivates him.

Born in 1959, John is a boy from Queens, NY. He prides himself in being a New Yorker. He loves the chaos of city life, "the honking of the horns, the endless street life;" that life gave him "the fire in the belly" which made him what he is.

During the years on top, McEnroe won three Wimbledon and four US Opens; the Australian and French titles eluded him. He played his share of matches against many of the former greats, including Bjorn Borg, Jimmy Connors and Ivan Lendl, and later Pete Sampras and Andre Agassi. His record with them and many others is impressive. He was number one from 1981 to 1985. His serve and volley game was an art form long lost in the whiz of huge shots whipping from one side of the court to the other in later years.

McEnroe was famous (or infamous) for his temper. He discusses numerous examples of when he lost it while playing. I think he is somewhat ashamed of the way he behaved, and in recent years seems to have gotten over it. Now, of course, he is an excellent tennis commentator and thus under much less pressure. One last professional note, he always willingly played on the Davis Cup team because he was delighted to represent his country.

An important part of his life was his two marriages and six children. One of the most appealing parts of McEnroe's character is his love for and involvement with his children.

The book is interesting, frank and provides an excellent opportunity to understand what motivates John McEnroe.

Events March

To be listed, call Sid at 861-8775

Only paid activities requiring tickets or On Top of the World special events will be accepted.	Show: Broadway Stars 7 p.m./CSCC	854-3670
March 1	Show: Ice skating: Stars on Ice Tampa	873-2929
March 6	Strawberry Festival Plant City	291-1770
March 7	Show: Music of Frankie Valli 7 p.m./CSCC	854-3670
March 8	Movie: "Swing Vote" - Kevin Costner 6p.m./H&R	873-7507
March 12	St. Patrick's Day (Irish-American Club) H&R	861-2861
March 12	Casino Trip Port Canaveral	854-8707 x10
March 19	Casino Trip Tampa	854-8707 x10
March 21		
March 24	Show: Adults at Leisure Clearwater	854-1669
March 28	Play: "Thoroughly Modern Millie" Hudson	854-0882
March 28	Show: Frank Pisani & Ken Shepski 7:30 p.m./H&R	854-5159
March 31	Show: Stars of Tampa Bay Opera 7 p.m./CSCC	854-3670

Location Codes

AC	Arbor Club
BR	Ballroom
CC	Arbor Conference Center
CCC	Candler Community Center
CSCC	Circle Square Cultural Center
H&R	Health & Rec Bldg
ICC	Indigo Community Center
MR1	Meeting Room 1
MR3	Meeting Room 3



SPCA
Melanie Vittitow

Genevieve a call to set up a time to take it over to her garage at 237-1322

And we don't want to forget to thank all those who regularly donate pet food for the Pets on Wheels Program. Our barrel is located below the bulletin board near the service desk at Winn Dixie. We use dry food and the small cans of cat food (like Fancy Feast).

We continue to try to find homes for animals. Right now there is an eight-month old Pug (male, about 10 pounds), and a medium-sized mix-breed (female, 9 years old, about 45 pounds). Both are neutered and current on shots. The older dog is gentle, loving and leash trained, and would be a great companion for one of the seniors in our community.

February's meeting was the trip to the Horse Protection Agency. The March meeting will be on March 19 at 1 p.m. in Suite H of the Arbor Conference Center. Anyone interested in helping animals is welcome to attend.

Here's a different topic for you: pet massage. It does more than relax your pet. It prepares your pet's skin and coat for grooming and provides a feel-good bonding experience between you and your pet. Follow these simple steps to become an expert pet massager. Starting at the shoulders, rub gently in a circular motion with your fingers into the shoulder blades and muscles. Work down the back on both sides of the spine (but not on the bone) to the tail. Have the pet lay on its side or back and massage its chest and rib area. Work up to the neck, head and ears, adjusting the pressure according to how much your pet is enjoying the experience. If your pet doesn't mind, massage the legs and feet, pressing gently into the paw pads. (Nail trimming becomes easier if your pet is used to having its feet handled). Finish with a gentle brushing and a tasty treat. What a great way to lavish your pet with the attention it adores!

To get information about the SPCA, or if you need our assistance, call Jodi at 861-9765, Jeanne at 873-2354 or Melanie at 873-8690. We meet on the third Thursday of the month at 1 p.m. at the Arbor Conference Center, Suite H.

It happened again. A little dog got out and the owner didn't know what to do.

The procedure for lost or found pets in On Top of the World is to notify the front gate at 854-8935. Luckily, the owners asked a neighbor and were told what to do and were reunited with their pet in a few short hours. If you find a dog and can't hold it until the owner is found, the front gate will notify a representative of the K-9 Club to help. This info has been published numerous times but not everyone reads the paper so please talk to your neighbors so they will be aware.

The SPCA wants to thank all those who read our column and have donated towels or blankets for the animal center. We also share donations with other rescue groups, so you don't have to go all over the county looking for a place to give when you find you have stuff you don't need. This applies, as well, to extra dog and cat equipment that you may have on hand. Give

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Irish American Club
Bob O'Neal

With March 17 around the corner, it's that time again to wish you a Sona Naomh Padraig's La. Or, if you prefer, a much easier pronounced "Happy St. Patrick's Day."

March 17, popularly known as St. Patrick's Day, is believed to be Patrick's death date and is the date celebrated as his

feast day. Actually, a Pope has never formally canonized St. Patrick. Nevertheless, various Christian churches declare he is a saint (he is listed in the List of Saints) and he is still widely venerated in Ireland and in a number of widespread English speaking Orthodox Churches.

A Bit of Trivia

On March 17, 1776, the day that British forces under General Sir William Howe evacuated Boston during the American Revolutionary War, the password of the day at General George Washington's Continental Army encampment was "Saint Patrick."

For us in the On Top of the World Irish American Club, there are two dates to put on your calendar (if you haven't already). The first is Monday, March 2, when tickets go on sale in the Health & Recreation Ballroom at 8 a.m. This is a member's only ticket sale and you should be prepared to pay your \$5 dues for the year.

For those who are not members, there will be a second sale date on the following Wednesday. The second calendar mark should be for the day of our celebration, Thursday, March 12.

We will begin the evening's festivities at 6 p.m. with a traditional corned beef and cabbage dinner by Bruce. That will

be followed with a grand lineup of music (Kate O'Neal and daughter, Maggie), humor, Irish dancing (The Spirit of Ocala Dancers) and the Irish bagpipes (Kevin Doherty, formerly of the Westchester County Fire Fighter's Emerald Society Band). Shouldn't the bagpipes be included with "music?" Oh well. We've asked an old favorite, tenor, Larry Gerber, to join us but, at press time, we hadn't heard... but we are hopeful.

For the first time, we will be welcoming, Lee Staley, an award winning fiddle player. For those of you who were with us at our October meeting, we featured the Inisheer Irish Dance Company, Lee and his father, Tom, supplied the accompanying music. For our event, they will also include Lee's mother, Fay Baird, who plays the banjo.

Lee began playing the fiddle at the age of seven and started to focus on Irish music at the age of 11. He placed first in the junior and youth divisions of the Florida State Fiddle Contest and has studied under a number of nationally known Irish fiddlers.

Until we meet again, may good luck be with you wherever you go and your blessings outnumber the shamrocks that grow.

Jewish American Club
Sandra Wolf

February's meeting was our annual Lox n' Bagel Brunch. This was a huge success with a large supporting turnout by the membership. Special thanks to Renee Filzer, Myra Post, and all those members that offered their help in making the event a success.

The lunch bunch for February was a trip to the Butterfly Museum where members either ate at the Harn Café or a place of their choice in Gainesville. Those that went had an informative and entertaining trip.

At the March 15 membership meeting, we will be holding a silent auction and penny cup. The April 19 meeting will be the Too Jay Box Lunch, and for the last meeting of the season, we will again be having pot luck. This meeting will be held on May 17 at which time the new officers will take over the board.

On April 23, we have a morning tour to Marion County Work Farm scheduled. There is no cost for this excursion. Lunch will follow with plans to dine at Gator Joes. On May 27, we will be touring the Golden Flakes Potato Chip plant. Again, there is no cost. The tour starts at 10 a.m. It is a 45 minute walking tour of the factory. There should be lots of goodies. The lunch bunch that day will be at Flipside Café located on SR 200.

A nominating committee was appointed and the following members were submitted: Lenny Kofsky, president; Paula Kofsky, vice president; Renee Filzer, secretary; Richard Lawrence, treasurer. Candidates can be submitted from the floor during the March meeting. Elections will be in April and induction at the May pot luck.

Please don't forget if you need a card sent for any occasion, Dorothy Bresky can be reached at 854-0284.



German American Club
Judy Dunn

Once again, we have not had our monthly meeting for February as this goes to press, but I am sure that our Fasching Pot Luck was a tremendous success. From what I have heard, the menu will have included everything from "soup to nuts." Thank you all for participating.

On March 17, we will be going to the Morse Museum in Winter Park to see the Louis Comfort Tiffany Collection. Call Inge Gaitch at 237-7428 for additional details.

April will be a regular meeting followed by coffee and cake. George Meyerson will speak about his hometown.

Please come to our meetings on the second Tuesday of the month at the Arbor Conference Center, Suite E and F at 6:30 p.m. Bring your friends and enjoy a pleasant evening.

Italian American Club
Jerome Cauda

The first meeting in the Arbor Conference Center was held on Wednesday, Feb. 4. After a few false starts and glitches, everything went smoothly.

The club was presented with a more detailed schedule for the year. A picnic (cookout) is scheduled for May 7 at the Arbor Conference Center in Suites E, F and G. The cost is \$10 per person. The menu will include hamburgers and hot dogs with all the trimmings, and three side dishes plus beverages. Meeting will start at 2:30 p.m. with picnic to follow. Tickets should be available at the March meeting.

All the members present enjoyed the day at the "horse races" presented by John and Sue Zanazzi. For March, Ann has planned an equally entertaining program "the golden troupers."

The club has a new Sunshine Lady, Fran Kostnik, 873-4104.

A board meeting is scheduled for the fourth Wednesday of the month in Suite H of the Arbor Conference Center at 1 p.m.

Dues for 2009 are due; payable by March 1.

The meetings on March 3 and April 7 will be held in the Arbor Conference Center, Suites E and F. Refreshments will be available at 2:30 p.m. and the meetings will begin at 3 p.m. Please note the day change from Wednesday to Tuesday starting in March.

Model Railroaders
Hud Huddleston

On Top of the World has provided the Model Railroader's Club with a room in the basement of the Health & Recreation Building in which we can build model railroad layouts. Both HO and N Scale layouts will be constructed and made available to club members for operation.

We appreciate On Top of the World's confidence that we can build a facility that will become something in which our community can be proud of. As construction progresses, we will be inviting residents to visit and observe the results of our members' efforts.

We invite all interested residents to come to our meetings that are held on the first Wednesday of the month at 9 a.m. in Meeting Room 2, lower level of the Health & Recreation Building. Join us and enjoy this exciting hobby. For more information, please contact Hud Huddleston at 861-6221 or hhuddleston2@cfl.rr.com.

Upcoming Publication Date

April issue:
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'Brainstorming' a Success

By RAY CECH

It was 40° on The Town Square but 100° inside the Cultural Center on Wednesday, Feb. 4. The energy and excitement were palpable as Director of Education, Dan Dowd, kicked off the first On Top of the World Brainstorming meeting. It was designed to bring together neighbors, listen to their suggestions and record their input on subjects that are important to them and our entire community.

As more than 75 residents streamed into the Cultural Center they were split into three discussion groups: (1) Cultural Center/Entertainment, (2) Master the Possibilities, and (3) the Open forum, which left it up to the participants to bring up ideas for our community. A moderator and a recorder, who were responsible for keeping the sessions moving and recording responses, led each 10-15 minute session. Keeping it moving was not an issue. From the "opening bell," hands went up and comments flew, at times faster than recorders could keep up, all on a very positive note. Suggestions covered broad topics, from Town Center improvements to classes at Master the Possibilities.

This first Brainstorming session was the brainchild of Dan Dowd. Initially he wanted to harness feedback on the value of Master the Possibilities programs—but why stop there. While gathering residents together, why not expand the feedback to other On Top of the World activities as well? This decision resulted in the first-ever On Top of the World Brainstorming session, generating more than 300 suggestions from participants.

Thanks to all those who took the time

to participate. A short summary of this first Brainstorming session can be seen below, as developed by Dan Dowd and his staff. Implementation of some of your suggestions is already under way and, of course, due to the very positive feedback, plans are in the works for future "Brainstormers."

Master the Possibilities

The major portion of the sessions dealt with class content and format. Dozens of new topics were suggested, as well as ways to present them; for example, evening and Saturday classes, trips, and increasing the number of popular classes, etc. Master the Possibilities anticipates incorporating a significant number of your ideas within the next two quarters.

Cultural Center/ Entertainment/ Circle Square Commons

Suggestions for possible retail/service providers in The Town Center dominated this session. Certainly, the need for food/restaurants was a dominant theme. More input about the acts at the Cultural Center was recommended along with other uses of this facility. Expanding the number and variety of activities on the Square was discussed.

Open Session

More suggestions for retail stores were brought up, and the need for additional restaurants continued to be highlighted. There were multiple proposals for improving the use and management of some of the amenities/facilities.



Photo by Ray Cech

Director of Education, Dan Dowd, kicked off the first On Top of the World Brainstorming meeting.



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Photo by Paul Muncy

Upcoming Hospice benefit concert featuring Carol Slimm and Tony Donato.

Vocal Concert To Benefit Hospice

By JEAN MUNCY

Plans for the upcoming benefit concert by Carol Slimm and Tony Donato are complete. "Music of Our Time" will take place in the Health & Recreation Ballroom on Sunday, March 22 at 3 p.m. Admission is free, however, donations will be accepted and given to Hospice.

These talented performers have searched their music libraries and found some wonderful vocals that you will remember and enjoy. Just a few of the composers you will hear are Victor Herbert, Jerome Kern, Mitch Leigh, Alex North, Richard Rogers and Sigmund Romberg. In addition to solos, Carol and Tony will join together for several romantic duets, which promise to be crowd pleasers. Jean Muncy will provide the piano accompaniment for the program.

Carol Slimm has studied musically off and on for over 60 years, having worked with a number of well-known teachers. The most renowned instructor was Irene Williams of Philadelphia, PA, with whom Mario Lanza studied in his early years. Music has always been a vital part of Carol's life, and she has sung for countless organizations, churches and individuals in an effort to share the musical gift that God has given her. She has served as a mem-

ber and soloist of several church choirs in the Northeast as well as here in Florida. In the past, she has been a featured soloist at many community activities as well as having sung in Oratorio Choirs and Chorales. She continues to perform in groups and as a soloist whenever the opportunity presents itself.

Tony Donato is a native of Detroit, MI, and began his vocal career in that area. While studying voice for five years, he sang with the Michigan Opera Theatre Chorus. In addition to solo performances in numerous Detroit venues, he was a member of two male quartets, The Golden Boys and later The String of Pearls. During this time, he taught opera appreciation for the Italian American Cultural Society, a talent that he continued after he and his wife, Trudy, became On Top of the World residents. Tony is well known in this area for his many performances in musical and variety shows, his involvement in The Sunshine Singers, and frequent appearances at karaoke.

Mark your calendars now for March 22 at 3 p.m. This promises to be a very popular concert and admission is free. All donations go to Hospice.

POET'S CORNER

Poetry from On Top of the World Residents

My Valentine

By HAZEL EHLE

I bought this lacy Valentine
Which says, "I want you to be mine."
The girl I plan to send it to
Is really cute, with eyes so blue.
I can only hope and guess
That she will say yes.
She doesn't have to answer right away
For she has plenty of time.
As I am just twelve
And she is only nine.

Petite Poisson

By MARY CULBERSON

O tiny fishes taken from earth's streams
Who fashioned you from silver dreams
Who gave you shining form & fin
And gills to breathe the water in?

Who gave you every rainbow hue
From green grass to sky-bright blue
And spangled you with silver scales
And placed small streams in hidden vales?

Who spoke to you through nebulae
And water's ebb and tide
And in your need provided
A cranny where to hide?

And when the waters held you
In strong conflicting flow
Who was it whispered to you
And advised a way to go?

Who placed the dorsal on your back
The pectorals at your side
Who sculpted them so perfectly
To balance and to guide?

When winter closed the shining stream
With frozen icy lid
Who whispered sleep 'til springtime comes
And kept you safely hid?

Who fashioned you to sink or rise
Touch bottom or ascend to skies
O tiny fishes taken from earth's streams
I too am fashioned from a silver dream!

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Activities March

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Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
	Shuffleboard	CTS
9:30	Tennis Doubles	CTS
10:00	Ladies Billiards	PLR
	Bocce League	BCTS
11:00	Lap Swimming	AC
11:30	Ladies Poker	MR3
12:00	Line Dance (Level Two)	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:15	Line Dance (Int.)	BR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E&F
2:45	Line Dance (Level Two)	H&R
4:00	Line Dance (Level One)	H&R
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
8:00	Rags to Riches Sign-Up Starts 3/02/2009	HR
9:00	LifeSouth Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B&C
1:30	D'Clowns	CC:B & C
2:00	Bocce	CC:AC
2:30	Readers/Theatre	CC:D
3:00	Ocala Clown Express	
	TimberRidge Center	
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E&F
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

3rd Week

10:00	Genealogical Workshop	CC:B&C
2:30	Readers/Theatre	CC:D
1:30	D'Clowns	CC:B&C
3:00	Ocala Clown Express	
	TimberRidge Center	
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E&F
7:00	Sunshine Singers	BR

4th Week

3:00	Community Patrol	CC:B&C
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Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B&C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horse Shoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Stitch Witches Quilters	Art
	Horseshoe League	CTS
10:30	Walleyball	CTS
11:00	Lap Swimming	AC
11:30	Lap Swimming	AC
12:00	Men's Poker	MR3
	Cybex Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton (Racquetball Cts)	H&R
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:30	Chess Club	MR2
3:00	Shutterbugs	CC:B&C
4:30	Table Tennis	CC:D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3 & Art
	Mah Jongg	ACC:C
6:30	Duplicate Bridge	CR

7:00	Mah Jongg	CC:G
	Pattern Dancing	BR
	Mixed Poker	CC:H
	Pattern Dancing	BR
	Circle Squares Dance	AC

1st Week

8:00	Men's 9 Hole Golf	P.R.
4:30	Dinner Run OTOW BUS 03/03/2009 (Bob Evan's)	HR
6:30	Candler Excursion	CCC

2nd Week

8:30	Lions Club	CCC
9:00	Citizens Emer. Response Team	CC:E,F&G
1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
4:30	Dinner Run OTOW BUS 03/10/2009 (Chili's)	HR
6:30	German Club	CC:G

3rd Week

1:30	Unique Birders	CC:H
2:30	New York New Jersey	HR
3:00	NY/NJ Club	BR
4:30	Dinner Run OTOW BUS 03/17/2009 (Mason Jar)	HR
6:00	Caribbean Club	ICC
7:00	Democratic Club	CC:E&F

4th Week

8:30	Lions Club	CCC
1:00	Scan/American	CC:E
3:30	Alpha Investment	Art
4:00	Diabetes Support Grp	CC:G
7:00	Karaoke	CCC

Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
9:00	Taps on Top	BR
	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics 9-2:30p.m.	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PI RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb.	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
3:00	Dance Committee	CC:B&C
4:00	Softball Practice	SBF
5:30	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

1st Week

9:00	Model Railroaders	MR2
10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB
3:00	Italian/Amer Club	BR

2nd Week

1:45	Native Plants	CC:H
3:00	Pennsylvania Club	CC:E & F

3rd Week

1:00	Stamp Club	Bank PAB
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Thursday

6:00	Lap Swimming	AC
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7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B&C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E&F
	Hand & Foot Canasta	CR

Bus Ocala Run

	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E&F
	Ballroom Dance	AC
10:30	Advanced Tap	HR
	OTOW Concert Chorus	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square Dancers	CC:E&F

	Mah Jongg	CC:A
	Oxycise	H&R
	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton (Racquetball Cts)	H&R
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E&F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
1:30	Shuffleboard	CTS
3:00	The New Pretenders	HR

Bus Grocery Run

4:00	Mah Jongg	CC:A
5:30	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	Art
7:00	Poker	MR3
	Mixed Poker	CC:H

1st Week

10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

9:30	Scrabble Club	AC
2:00	Singles Club	CC:G&H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F&G

3rd Week

8:00	Seminole Casino Trip 3/19/2009	HR
9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC:G
	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B&C

4th Week

4:00	Social Hour 3/26/2009 (Meet & Greet Your New Program Supervisor)	AC
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Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Bus Ocala Run	
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	CC:D
	Canasta the Old	
	Fashion Way	CR

2:00	Square Dancing	H&R BR
	Fun In The Water	AC
5:00	Happy Hour	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

10:00	Emb. Chicks	CC:B&C
1:00	Women of the World	CC:E,F,G&H

Themed Happy Hour 3/06/09 (St. Patrick's)

2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
7:00	Republican Club	CC:E,F,G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

10:00	Emb. Chicks	CC:B&C
12:00	High 12 Club	TBA

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B&C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
	Mah Jongg	CC:A
	Scrapbooking	CC:B&C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:00	Pickleball	CTS
7:00	Mixed Poker	CC:H

1st Week

7:00	K-9 Club	CC:G
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2nd Week

2:30	Friendship Social Club	BR
6:00	Movie of the Month	BR

3rd Week

2:00	American/Jewish Club	CC:E,F & G
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Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop

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March 7
Let's Hang On
Sounds of Frankie Valli & The Four Seasons
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performing Frankie Valli hits including "Big Girls Don't Cry"
Gold \$15 Silver \$14 Bronze \$13



April 4
Hands Across the Highway Art Exhibit
10 am - 2 pm
Open to the Public - FREE



May 2
The Association
Greatest hit "Cherish"
Gold \$17 Silver \$16 Bronze \$15



March 21
A Night of Broadway Stars
Singing popular Broadway hits!
Gold \$17 Silver \$16 Bronze \$15



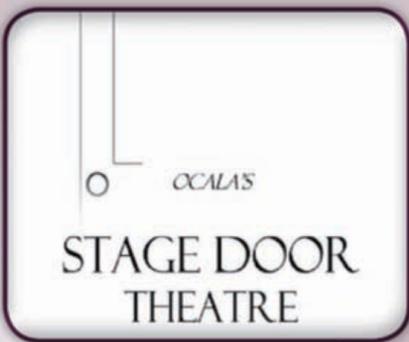
April 18
Lovin' Spoonful
Greatest hit
"You Didn't Have to be So Nice"
Gold \$17 Silver \$16 Bronze \$15



May 16
The Lettermen
Greatest hit
"Put Your Head on My Shoulder"
Gold \$17 Silver \$16 Bronze \$15



March 31
Rising Stars of Tampa Bay Opera
performances by up and coming opera apprentices
FREE ADMISSION
(ticket required)



April 23-25
Arsenic & Old Lace Dinner Show
\$35



May 22
Save the Last Dance with Margo & Rodeo Drive
Dance the night away!
performing popular hit songs
\$10

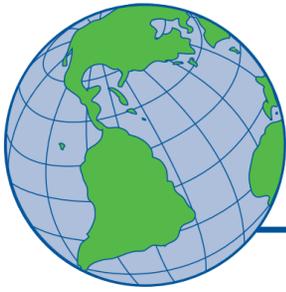
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Health & Wellness Expo 2009

By BOB WOODS
WORLD NEWS WRITER

On Saturday, Jan. 24, hundreds, and I mean hundreds of folks from around the local area, mostly folks from On Top of the World, attended the Health & Wellness Expo 2009 held at the Circle Square Cultural Center. The sun was shining brightly as the temperatures rose and people seemed to come out of nowhere to visit the expo sponsored by On Top of the World Communities and Munroe Regional Medical Center.

There were 53 tables placed neatly in rows housing many exhibitors ranging from all types of medical needs and places such as eye clinics, doctors, different associations such as the American Cancer Society, Hospices and the Red Cross, to assisted living places, banks, emergency response services, etc.

The list went on and on including a couple of vendors that really made a big hit with those attending and that was in particular the chiropractic establishments. Two of these facilities offered free massages and, one in particular, was constantly busy. I know, as I waited when I passed by many, many times hoping to see this masseuse not busy and that was at the table of the Ranch Fitness Center & Spa.

Donna Vickers, a massage therapist at the Ranch, was constantly busy; a line was formed as soon as she began massaging attendees and never ended until the Expo closed. In fact, I noticed she sat down after closing and finally had the opportunity to have a bite of lunch.

There were other hands-on exhibitors giving free attention to attendees other than those giving massages. You could get your blood pressure taken or stop by the Ocala Elks Bus, located outside the Cultural Center, where they were giving vision, hearing and glaucoma tests or exams.

Another big hit at the Expo was the fitness demonstrations; presented by our own On Top of the World fitness department. Their demonstrations went on for hours but the last hour, in particular, was the highlight.

The finale was the fitness department using large colored training balls as drums, which was choreographed by Kitti Surrette. People flocked into the room where the final presentation by the fitness group took place.

Most of the vendors handed out or offered something for each person attending the Expo. I witnessed most folks departing with a bag full of goodies such as pillboxes, ballpoint pens, candy, brochures and refrigerator magnets. If you missed this year's Expo, you don't want to miss next year's. It grows each year, getting much better year after year. This was the seventh Expo held at On Top of the World.

Theresa Fields, our program supervisor, organized this year's Expo event, with the assistance of the volunteer service program who sported their celery-green shirts.



Photo by Bob Woods

Free vision, hearing and glaucoma tests were provided by the Lions Club.



Photo by Bob Woods

Fifty-three exhibitors participated in this year's Health & Wellness Expo.



Photo by Bob Woods

Suzy Allman, a freelance sports photographer, presented a slide show depicting some of her awarding winning sports photographs.

Sports Photographer

By BOB WOODS
WORLD NEWS WRITER

On Feb. 13, guests attending a traffic presentation by a guest speaker at the Master the Possibilities were treated to some special sports photographs. Suzy Allman, a freelance sports photographer, presented a slide show depicting some of her awarding winning sports photographs. This photographer works regularly for the New York Times and for those that read that newspaper have seen many of her sports related pictures in the paper's sport section.

She covers all the major sports includ-

ing New York's major league teams. She showed the audience, consisting of many photographers that are members of On Top of the World's Shutterbug Club, photographs of famous sport figures and some fantastic action shots. As she showed countless pictures on the screen, she had all kinds of comments for each photograph such as how she shot that particular picture using this or that type of camera under what conditions.

Suzy admitted to the audience that she began her photographic career at the right time. When most photographers were still using film to record their images, Suzy had already started using digital. She could get the final product to the editor faster.

Suzy added humor to her presentation in particular explaining that she, as a professional sports photographer, is allowed in the locker rooms at the conclusion of sporting events. She commented that most of the professional athletes could care less that she is there. They go about their business changing clothes as if she was not there.

She has worked as a stringer for Sports Illustrated, Golf Digest, Conde Nast Portfolio, American Express and Time Magazine. Other than the four major league baseball and football teams, she has photographed such events as the New York Marathon, major golf tournaments and the Westminster Dog Show.

If you are a New York Times reader, you will see plenty of Suzy Allman's football pictures published. She will be covering every home game of the Giants and Jets this coming football season. You will likely see her photographs while reading about the New York Giants and Yankee baseball games also.

All in all, it was a very interesting talk on sports photography by a lady who makes her living as freelance photographer.



Photo by Bob Woods

Suzy Allman's photographs can be seen in the New York Times, Sports Illustrated, Golf Digest, Conde Nast Portfolio, American Express and Time.

Women of the World Take to the Runway

By NANCY GRABOWSKI

Women of the World, the 26-year old On Top of the World organization, is celebrating its silver jubilee. For the past 25 years, we have produced a fashion show and luncheon to benefit Hospice of Marion County. This year, the event takes place on Saturday, March 7. It will be held in the Health & Recreation Ballroom.

Fashions have been selected from Bealls department store. Chuck MacDonald, the store manager, generously allowed us time and space to find the perfect outfits. We do thank him for his help and cooperation!

Ladies from the club will be the models, many for the first time. Our models include: Annick Buchholz, Dorie McTague, Vickie Lentz, Arlene Tomaselli, Marlene Kaiser, Angie Hook, Barbara Moscaritolo, Sandra Ensley, Betty Frostig, Sue Pietrantonio, Shirley Olmer, Gail Schultz, Barbara Collins, Katherine Anshewitz, April Polard, Beverly Carver, Pat Tichy, Bernice Lewis and Marion Nassy.

Special guests will be honored at the luncheon, too. Suzanne Reynolds and Kathy Burning will be representing Hos-

pice; Chuck MacDonald will be there, too. However, the most honored guest will be Miss Lena Sneed, a charter member of Women of the World. Miss Lena is the first recipient of lifetime membership in the club. She is the epitome of all the positive qualities our group embraces.

Throughout the course of the afternoon, baskets will be raffled. The various themed baskets have been created and donated by members. It would be impossible to list all the baskets since there are so many. Raffle tickets will be available before the luncheon begins. All the proceeds from the basket raffle will go to Hospice.

Some tickets may still be available for \$20. Check with Nancy at 873-4315 or Sharon at 854-5155. A little bit more than 25% of each ticket price is donated to Hospice, too.

The workers behind the scenes, before and after the production, are numerous. Many people each do a little bit to help complete the big picture. It is this idea of helping hands that has made the club the success it is.



Photo by Bob Woods

Miss Lena Sneed, the honored guest, is a charter member of Women of the World. Miss Lena is the first recipient of lifetime membership in the club.



**Candler Hills
Men's Golf
Joe Alfano**

As the morning temperature continued to drop with each passing day, many of our members were wondering if they really did retire to Florida and not to some northern region of the country. Yet, in spite of the cold, the warmth and friendship that our league generates continued to bring out a majority of our players. The brisk weather did help in one way - no one was complaining about slow play!

Our annual President's Cup tournament began with a stroke play qualifier. Congratulations to the top 32 players who now go on to match play competition. Remember, that the first match must be completed by Feb. 11 and every subsequent match by the following Wednesday. Good luck to all, play well golfing your ball but as Walter Hagen once said "don't forget to stop and smell the flowers."

Our association extends a warm welcome to new members Don Huston, Steve Lennon, Glen Sauer and Walt Keough. We wish each one of you a pleasant golfing experience and many long lasting friendships.

We invite anyone to join our association but please be aware that there are a number of caveats. You must have golf clubs (no matter how old), some resemblance of a golf swing (no matter how bad), a good sense of humor, good sportsmanship and fellowship, and be able to

handle a wee bit of harmless chicanery. Please feel free to e-mail me (tjalf8371@yahoo.com) for more information.

Our new scholarship fund continues to grow with each passing league day and we hope to continue to run the fundraiser until our annual membership meeting in May. The membership looks forward to presenting our Scholar/Athlete Award to its' first worthy recipient. Be sure to see my cohort, Stan Laurel, or myself for your tickets.

Woodrow Wilson once said "golf is a game in which one endeavors to control a ball with implements ill adapted for the purpose." Adapting well these past few weeks were Chris Piotrowski and Gary Gerlach (74), and Paul Moltisanti, Tom McGurk, Gil Schofield and Bob Shively (75). Well-played gentlemen! As always, may life continue to be "nothing but fairways and greens."

**Four-Man Team Stableford
Jan. 20**

Minus 2: John Diaz, John Raupach, Gary Gerlach & Dick Masterson
Minus 3: Paul Moltisanti, Tony Mysterly, Bill Anger & Don Huston

**Two-Man Best Ball
Jan. 27**

58: Gil Schofield/Joe Alfano & Fred Spain/
Bruce Venslavsky; 60: Tom McGurk; 61:
Jim McGrath/Chris Scharar

**Individual Net
Feb. 3**

Flight 1: 68: Joe Alfano & Paul Moltisanti;
69: Gary Gerlach & Chris Piotrowski
Flight 2: 69: Roger Whittle; 70: Dick Williams
Flight 3: 65: Ed Vilorio; 66: Nick Nimerala

**Four-Man Two Best Ball
Feb. 10**

Flight 1: 117: Chris Piotrowski, Marc Schaffer & Bruce Venslavsky; 122: Bob Shively, Gil Schofield, Jack Gustafson & Joe Alfano and Al Wassmer, Chris Scharar, Rodger Whittle & Paul Moltisanti
Flight 2: 123: Jim McGrath, Steve Lennon & Ed Pozsony; 126: Gil Green, John McCoy, Dick Pleinis & Don Huston



**Director
of Golf
Jeff McDonald**

**On Top of the World Golf Courses
and Candler Hills Golf Club**

I would like to thank all of you for the support that you are showing in the most difficult times. To all of you who joined as members, aren't the golf courses looking nice? The greens on the Links course have filled in a little more and Andy has begun to cut them down some. The Tortoise & Hare greens probably have the most coverage on them, since my arrival here. Candler Hills is also in great condition as well and should be ready and provide a challenge to the players for the Open. The new program, that Andy and his staff have implemented are certainly helping to maintain the detail work on the courses. If you have noticed this, please remember to thank the maintenance staff, if you get the chance.

The Ocala Open is the week of March 24 through 28, Tuesday is the Pro-Am and the Tournament itself is Wednesday through Saturday. We need all of you to come out and watch the action and cheer on your favorite player. There will be tickets this year, you can pick them up in the golf shops for your convenience. These tickets will have a value to them but they are at no cost to you. Please call the golf shops (352) 854-8430 or (352) 861-9712 before coming to pick a ticket up, as I am not sure when they will arrive.

Ladies we are going to hold a Ryder Cup match for the men but we are not going to leave you out. The Ladies Ryder Cup will come shortly after the men.

Ok! Men here it is!

The first 36 men to sign-up from each club will represent their club in the First Annual, On Top of the World, Ryder Cup Matches.

Sign-up begins at the opening of business, Tuesday, March 10. In the golf shops.

Deadline is the close of business, Tuesday, March 31. (No refunds after March 31.)

Pairings will be posted Friday, April 3 at noon.

All golf members will be treated as a member at the host club for the Ryder Cup Matches.

Entry fee per man will be \$30 for prizes, so each man on the winning team will receive \$60 in golf shop credit. (Non-golf members will pay any applicable golf fees

as well).

The On Top of the World team will be led by Nick and Mike and the Candler team will be led by Howard and Jeff.

The professionals will organize the team in order, from the lowest handicap player to the highest handicap players. For example Nick & Mike will play Howard & Jeff. Than the number one & two lowest handicap players from both teams will play each other and so on until all the pairing are set.

The first match will be played on Monday, April 6. Starting Times begin at 8 a.m. on the Links golf course. These matches will be the one best ball of the two.

The second match will be played on Thursday, April 9. Starting times begin at 8 a.m. on the Tortoise & Hare golf course. These matches will be a two man modified alternate shot.

The third match will be played on Saturday, April 11. Starting times begin at 8 a.m. on the Candler Hills golf course. These matches will be individual match play.

Each match will be handicapped by playing off the low ball.

The points will be awarded as follows: 1 point for the win, 0 point for a loss and half point each for a tie. The team with the most points at the end of all three matches will win it all.

We are not having mandatory food for this event. We do however encourage everyone to fellowship at the pub or restaurant after play. We plan on having a big dinner for both the men and the women after the ladies play their matches.

During the week of the Ocala Open, I have checked with the leaders of the different Associations and we wish to extend to the Candler Golf Association Members the same privilege that Candler extended in the summer to On Top of the World members. Please talk with the presidents of your association for the details.

Candler Hills golf members are encouraged to play with the golf associations at On Top of the World or play at other times at On Top of the World at the resident rates. The golf shop would also be glad to call other clubs in the area for you and get you the best rates possible. Please feel free to ask Sally or myself to assist you with making some golf arrangements for you should you need help.

This is one busy month:

On Top of the World

March 24: 9-Hole Ladies Invitational
March 19 and 24: 18-Hole LGA Club Championship

March 31: 18 Hole LGA Invitational
March 11, 12 and 13: MGA Club Championship

March 27: Free Golf Clinic

Candler Hills

March 5 and 6: LGA 18-Hole Club Championship

March 6: Free Golf Clinic

March 13: Group Clinic

March 14: Couples Golf Outing

March 24: Ocala Open Pro-Am

March 25 through 28: Ocala Open

Remember the Fool's Day Give-A-Way is coming so get whatever you need from the golf shop to have as many tickets as you can. Check with the golf shops for details.



**Candler Hills
Golf Club
Sally Collins**

Candler Hills Golf Club is gearing up to host the Ocala Open on March 25 - 28 with golfers coming from all over the world. Tuesday, March 24 will be the Pro-

www.OnTopoftheWorldInfo.com

Am while the 72-hole stroke play event will take to the links Wednesday through Saturday.

Both the LGA 18 and the MGA have been actively participating in their match play President's Cup events. The LGA 18 will hold their 2009 Club Championship March 4, 5 and 12. The newly formed LGA 9 has been busy getting events scheduled and recruiting new members.

If you are in the market for new golf clubs and would like to be custom fitted, plan to attend the Ping Demo Day on Thursday, March 5 from 11 a.m. to 3 p.m. The Ping fitting van will be present so you can try all the new products Ping has to offer!

The Free Clinic will be held Friday March 6 at 10 a.m. and will focus on pitching. Two weeks later, Friday, March 20 the group clinic will feature putting.

Two outside groups will host outings at Candler Hills in March. On Monday, March 2 a benefit for the Honduras Mission trip will tee off in an 8:30 a.m. shotgun. The Rische group will visit Candler Hills on Monday, March 23 with tee times between 9:16 and 9:40 a.m.

Guys - don't forget to get registered for the Candler Hills vs. On Top of the World Ryder Cup to be held April 6, 9 and 11. Sign up begins March 10!

**Candler Hills
Ladies 9-Hole
Dianne Masterson**

March is known as the month of the Irish and also often has luck associated with it. We, as 9-holers of Candler Hills, are so lucky to have Sally Collins as the head golf professional at Candler. She has been so instrumental in helping us to establish this new group. Her patience and guidance is like us finding our own personal pot of gold at the end of our rainbow!

We are also lucky to have the help of Howard Adams, the assistant pro at Candler, who organizes our weekly games and answers our many questions about the game of golf. By the way, did everyone see how dapper Howard looked on the Feb. 12 for the 18-Holers President's Cup?

The Irish are also known to love the color green. And if you've played Candler Hills lately, you've seen that the fairways and greens are a brilliant green, thanks to

the hard work of Andy Jorgensen and his crew. We have one of the best-maintained courses in all of Florida! We as 9-holers should assist this crew by filling in our divots, raking the sand traps, and repairing our ball marks on those lush greens.

Once again, the weather was not very favorable for golf this past month. For some reason the rainy, windy and cold days always seem to occur on Thursdays. We did get a Scramble in on Jan. 22. The winning threesome was Kate Bennett, Pam Carpenter and Sandra Noe. Sandy was not only in the winning group, but she also had the first chip-in for this new league. And, it was on the 9th hole for the win. Way to go Sandy!

On Feb. 12, we had gorgeous weather and played LowNet. Congratulations to:

Flight 1: 1st (43) Terry Alfano; 2nd (45) Kate Bennett, Pam Carpenter, Maureen Morris
Flight 2: 1st (51) Nancy Dreimiller; 2nd (53) Carol Venslavsky; 3rd (55) Julie Crudele

One of the goals of our league is to establish new golf friendships. In February, we welcomed Judith Parisi and Joan Krawjovich to our group. If anyone out there from Indigo, On Top of the World, or Candler Hills would like to join us we are always welcoming new members. Contact Heddy Racinowski (heddyr@yahoo.com) or the Pro Shop.

Here's a little something for all of us 9-holers to ponder. March may be the month for the Irish, but which 9-holers are married to Scotsmen?

Until next month, I wish you sunny days, long drives and short putts!

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Photos by Ted Pope



R/C Flyers
M. Keith Nadel

4th IMAA Fly-In

Two dots suddenly appeared in the azure clear sky and segued into two majestic golden eagles, Wilbur and Orville. The two swooped down and alighted on the branches of the magnificent tree immediately north of the flying field and commenced construction of their eyes and prepared to observe the March 28 Big Bird Fly-In, as should all the readers of this article. Sesame Street's Big Bird may also attend; for this occasion is focused on big bird models, so bring the grand-kids too.

The event, under the co-directorship of Doug Ensley and Charlie Smith, involves large-scale model airplanes with wingspans greater than 80 inches, or 60 inches for a biplane, and are constructed along defined lines and some reflect planes from WWI and WW II, as well as other military and civilian aircraft.

Spectators from all over Florida are expected to attend, and activities will be from 9 a.m. until 3 p.m. Our covered pavilion provides shade for a limited number of people and the food service is provided by the club and the Ladybirds. The club Fly-In is open to all residents of On Top of the World and the general public.

Canadair CL 215, from plans published in Model Airplane News, are shown here.

The February monthly meeting was opened by club president Larry Riehl and was attended by 90+ members and focused on the Big Bird Fly-In and the April session involving model aircraft made from "scratch" - that is from the drawing board plans through the purchase of raw materials through to construction of fully functional aircraft of singular design. Bud Owens provided contest rules and the names of pilots and aircraft that each would construct and fly in April.

As of this writing, the list includes the following pilots: Bud Albert, Jerry Asner, Bill Buss, Bob Carter, Bob Emery, Doug Ensley, Joe Fanelli, Bob Greer, Stan Jarmel, Tom Jellifer, Allen Kauffman, Bill Lee, John Mataya, Mel McKelvey, Bud Owens, Edwin Redman, Dick Rose, Nick Scicluna, Roger Shellman, Sid Sherman, Charles Smith, Stan Stein, Fran Womack and Bob Wroblewski.

Models included: flying wings, catalinas, warbirds, and original craft of high complexity which are destined to "shock and awe." Others are unique designs not necessarily to scale and often of hilarious design!

The aircraft photographs featured this month were supplied by Ted Pope and depict Canadair CL 215 from plans published in Model Airplane News. It required over 3 months to construct. The finished model has a wingspan is of 82 inches and is powered by two Saito 72 Golden Knight 4 stroke engines turning Master Air Screw 12/8 3 bladed props with a total weight of 14.5 pounds.

The plane was originally developed in the late 1960's with holding tanks capable of holding 1,400 gallons of water filled by twin scoops and emptied over fires.

Finally, on April 25 the club will sponsor the Second SAM Fun Fly, which will reflect craft of unusual design, as well as extraordinary piloting skills, which should never be missed.

Horseshoe Open Draws 42 Local Pitchers

By SPENCER CORKUM

Each of the nine covered pits at the On Top of the World Horseshoe Club were filled with shoes flying as 42 local pitchers from various surrounding communities participated in six classes of tournament action at the On Top of the World Open on Jan. 20. This was the first of only two such events held each year.

Seven On Top of the World pitchers competed among the different skill classes: Ed Klodzen, Ed Lalonde, Richard Horvath, Carrie Beisler, Carl Giddings, Spence Corkum and Ralph Voight.

In organizing the matches, club officials, Mike & Lois Tatonetti, Ed Lalonde and Ralph Voight, were given vital assistance by Louise Robinson of Beverly Hills and Charles Buddy Short. Club members and others helped with scorekeeping. Members' wives and other club volunteers prepared and served a hamburger

plate with potato and macaroni salad, as well as hot dogs and dessert cakes, all of which tasted so good in the outdoor air.

On Top of the World has the only covered horseshoe pits in the area, making it an ideal scene for hot summer pitching. While residents are urged to investigate the pavilion where they can practice anytime, everyone is invited every Tuesday at 9 a.m. as enthusiasts meet to pitch shoes in an informal setting and socialize. Located on the other side of the pavilion next to the softball field, scores are maintained and posted.

Every Thursday morning two teams of On Top of the World pitchers, one hosting and the other visiting, pitch against local community teams. At the end of the season, a banquet is held and awards given. Everyone of every skill level is welcome to join in the camaraderie.



Photo by Spence Corkum

Horseshoe Open took place at On Top of the World on Jan. 20.

Open House at the Ranch Fitness Center & Spa

By JIM MARTIN

On Saturday, March 14, from 5:30 to 8 p.m., the Ranch Fitness Center & Spa will have an exclusive "after hours" open house, "Discover the Ranch." All are wel-

come to attend this free, no obligation event.

For more information, please call 861-8180 ext. 384.

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Men's Golf Association
Ron Cleveringa

The Presidents Cup final match between Bob Cronin and Ray Beloin took place the last day of January. The 2009 Presidents Cup was won by Ray Beloin.

Ray was victorious in six consecutive head to head matches. As for me, I was ousted the first day! For us losers the club ran regular events all month long, so we had a game for everyone. Accompanying this article is a picture of our 2009 Presidents Cup champion receiving his trophy on Wednesday, Feb. 4.

Have you noticed the "gold tees?" These are commonly referred to as "senior tees" but in a retirement community like ours, we are all seniors! So, your board of directors determined that those with handicaps of 25 or higher would use the "gold tees." This will begin when the new score cards are in use and the handicaps have been established for those who qualify. Remember, you cannot use the gold tees randomly, if you start on gold tees you must play the entire round using those tees and have a handicap of 25 or better.

It is hoped that this new set of tees on both courses will bring more enjoyment to the game for those that should use gold tees to "hang in there" with those long ball lower handicap players.

The big story this month is our MGA Club Championship. Please note that the

tournament is scheduled for March 11, 12 and 13 not March 12 through 14 as printed in your handbook. Sign-up for this event begins Wednesday, March 4 and you must sign-up by Sunday, March 8. The Club Championship is played by flights and each flight will have a champion. The championship flight will be playing scratch from the blue tees and anyone can play in this flight.

The MGA is comprised of 195 members and I ask every member to support your Club Championship by signing up to play in this prestigious annual three-day event. Lets have a record turnout; you may be your flight's next champion or the 2009 club champion!

Len Ruble, our food director, requires that all planning to attend a Chicken Day event sign-up by putting an envelope with your name and \$6 in the box, in the member lounge. Without your reservation, he will not order enough chicken dinners. We came dangerously close to running out of chicken at our February Chicken Day. So, remember you can't just show up! We need to know that you plan to be with us.

Remember, to submit your nominee for emeritus member to any board member.

Have you noticed that as we golfers get older the golf course gets progressively longer? Even the cup seems deeper!

MGA Individual Net

Tortoise and Hare
Jan. 14

Flight 1-T1st, Ed Klodzen, 64; T1st, Marvin Williams, 64; 3rd, Rocky Groomes, 65; 4th, Dan Carty, 66; 5th John Langville, 67. Flight 2-1st, Bill Koch, 60; 2nd, Jerry Segovis, 62; 3rd, Alfred Wells, 64; T4th, Jack Hegarty, 65; T4th, Steve Becker, 65.

MGA Low Net/Gross
Jan. 14

The Links
Flight 1 Gross-1st, Rick Daddio, 79; 2nd, Ed Darichuk, 81; 3rd, Paul Del Vacchio, 83; 4th, Raymond Beloin, 84.

The Links
Flight 1 Net-1st, Jack Ashenfelter, 65; T2, Bob Cronin, 68; T2nd, Steve Gregely, 68; T4th, Charles Casale, 69; T4th, Ron Clever-

inga 69.

The Links

Flight 2 Gross-1st, Dick Griswold, 82; 2nd, Barry Barringer, 87; 3rd, George Deignan, 88; 4th, Calvin Apperson 89.

The Links

Flight 2 Net-1st, Jerry Chase, 62; 2nd, Harry Brower, 64; 3rd, Jack Hegarty, 66; T4th, Irvin Gackowski, 67; T4th, Joe Hopper, 67.

Tortoise and Hare

Flight 1 Gross 1st, William E Young Jr., 76; 2nd, Larry Lucieer, 79; 3rd, Rudy Norman-din, 80; T4th, Ed Klodzen, 85; T4th, Ian McCulough, 85.

Tortoise and Hare

Flight 1 Net 1st, Marvin Williams, 79; T2nd, Guy Russell, 84; T2nd, Paul Perrault, 84. 4th, Ron Thompson, 87.

Tortoise and Hare

Flight 2 Gross 1st, Bob Cates, 87; 2nd Steve Becker, 89; 3rd, Richard Schiller, 92; T4th, Ross Mac Donald, 93; T4th, Steve Molnar 93.

Tortoise and Hare

Flight 2 Net 1st, Tom Marta, 64; 2nd, Peter M. Peterson, 67; T3rd, Bill Krusen, 68; T3rd, Nick Zoccoli, 68.

MGA Stableford

Jan. 21

Tortoise and Hare

T1st Dick Fields, 41; T1st, Francis Caprez, 41; T1st, Tary Bole, 41; 4th, Tim O'Neil, 40; T5th, John Langville, 38; T5th, Peter M. Peterson, 38

MGA Net and Gross

Jan. 28

Tortoise and Hare

Flight 1 Gross-1st. Gary Hassett, 71; 2nd, Jon Hill, 76; 3rd, Dick Gray, 77; 4th, John Langville, 78; T5th, Larry Chase, 82; T5th, Paul Del Vacchio, 82

Flight 1 Net-1st, Charles Ulbert, 63; T2nd, Dan Carty, 66; T2nd, Don Scott, 66; T2nd, Rocky Groomes, 66; 5th, Art Buecher, 68.

Flight 2 Gross -1st, Ralph Solvold, 82; 2nd, Harvey Howd, 85; 3rd, Sherman Hutchings, 86; 4th, Ron Cleveringa, 87; T5th, Charles Casale, 88; T5th, Freddie Moody, 88; T5th,

Steve Gregely, 88.

Flight 2 Net-T1st, Bob Cates, 66; T1st, David Miller, 66; T1st, Paul B. East, 66; T1st, Paul Stone, 66; 5th, Calvin Apperson, 70.

Flight 3 Gross-1st, Francis Caprez, 85; T2nd, Bob Huegeli, 91; T2nd, Mike Flynn 91; 4th, Armando Pena, 92; 5th, George Noltensmeyer, 93.

Flight 3 Net-T1st, Douglas Coleman, 67; T1st, Hira Roy, 67; T3rd, Bill Walker, 69; T3rd, Jack Martin, 92; T3rd, Tary Bole, 92. Flight 4 Gross-1st, Doug Graham, 85; 2nd, Jack Hegarty, 91; T3rd, Bill Koch, 94; T3rd, Joe Michaelson, 94; 5th, Bill Hawk, 95.

Flight 4 Net-1st, Ken Cotte, 61; T2nd, Bob Selmon, 64; T2nd, Frank Palotta, 64; 4th, Ralph Schmidt, 67; 5th, Peter M. Peterson, 69.

Presidents Cup

Jan. 31

1st, Ray Beloin, 2nd, Bob Cronin, T3rd, Marvin Williams, T3rd, Ray Hellman. T5th, Norman Lallier, T5th, Paul DelVacchio, T5th, Bill White, T5th, Chuck Nicholas.

Chicken Day

Feb. 4

1st, Larry Lucieer-Francis Caprez-Armando Pena-Jose Cura, 63; 2nd, Ray Hellman-John Hall-Len Ruble, 64. T3rd, Paul Del Vacchio-Calvin Apperson-Ross Mac Donald, 67; T3rd, Dan Carty-Bob Cates-Jack Hegarty-Dave Brazeau, 67; T5th, Ed Klodzen-Bill Carlson-Don Noel, 68; T5th, Ralph Solvold-Jim Weaver-Scott Fraser, 68.

MGA Scotch Twosome

Feb. 11

1st, Larry Chase-Thomas Bednar. 55; 2nd, Ed Klodzen-Irvin Gackowski, 59; T3rd, Gary Hassett-Tom Fasanello, 60; T3rd, Ralph Solvold-Ross Mac Donald, 60; 5th, Rocky Groomes-Ken Cotte, 60.

MGA 9 Hole Low Net

Feb. 11

1st, Rowland Smith, 33; 2nd, Guy White, 35; 3rd, John Ricciardone, 36; 4th John Gartung, 37; 5th, Mario Migliaccio, 44

Low Gross

Jan. 27

Flight 1: 45--Ruth Koch, 49--Andrea Flannery, Mary Hart, 50--Esther Lang
Flight 2: 49--Darlene Clark, 51--Pauline Beloin, 52--Judy Garrett, 55--Diane Dzik, Marie Palombo
Flight 3: 57--Thelma Smith, 60--Kathy Bologna

LGA Cupid Open

Feb. 10

Team 3: 70--Ruth Border, Diane Dzik, Mary Hart, Nancy Zielinski
Team 9: 71--Virginia Blanchard, Rosemarie O'Neil, Shirley Smagner, Carol White
Team 6: 72--Grace Bock, Sandy Chase, Jeanette Messer, Dorothy Muller
Team 10: 72--Laurie Hall, Ann Hetzel, Esther Lang, Glenna Swank
Team 1: 74--Iro Lisinski, Marti Marta, Violet Sica
Team 11: 74--Linda Bervinkle, Darlene Clark, Rose Hoover, Donna Swiger



Ladies 9-Hole Golf
Diane Dzik

The 18-hole LGA hosted us on Feb. 10 for "The Cupid Open" and what fun we had! Seventy-two ladies rallied for a morning Scramble followed by a luncheon in the Health & Recreation Ballroom. The weather turned out sunny and warm, the camaraderie followed suit. It was wonderful to experience first hand, as part of a team, the fabulous lady golfers we have here at On Top of the World. We dined on chicken marsala with salad and green beans, potatoes, oven browned, rolls and butter and pink and white cakes. Our favors were valentine candies and chocolate cupids on a stick. Rose basket centerpieces made entirely of chocolate graced the tables and were raffled off to the lucky winners. The music and sing-along were a beautiful addition to the festivities. Thank you ladies for this wonderful day!

We have added another new member to our league; welcome, Andrea Flannery.

The date of our March 24 Invitational is fast approaching. We have sign-up sheets in the clubroom for breakfast foods; please refer to it. Also, remember to sign-up for the tournament itself and the luncheon. It will be a celebration of our 25th

season. We need door prizes for the event and are asking each member to please donate a wrapped gift (valued between \$10 to \$15). Alice McDaniel and Charlie Hassett will be collecting these items.

Invitationals

Players interested in having a fun day of golf and the challenge of other local courses should check the lists in the clubroom for openings. We have received invites from Rainbow's End for March 3, Citrus Hills for March 16, Pine Ridge for March 23 and Oak Run for April 27. The Pine Ridge Invitational is an 11 a.m. registration with luncheon followed by an afternoon of golf.

Points to Ponder

If your ball lands near white pvc or wooden posts and the post restricts your stance or swing, you may drop the ball one club length, or as far as you have to, no nearer to the hole, in order to bring it back into play. No penalty is incurred. Do not remove the post. This rule applies to the new white fence line on hole number two of the Tortoise and the Hare.

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**Arbor Club
Tennis
Jorge Privat**

Sorry to say we had to cancel the ladder three times due to the weather. Hopefully, we've seen the last of the freezing cold and surely look forward to better temperatures.

We must all agree that the courts, all look terrific now, and the benches have arrived and have been installed. So again, if you have any inkling about playing tennis, I encourage all residents to come and check us out. You will find no better value when it comes to practicing this beautiful sport and keeping up with your health.

Our spring invitational tournament promises to be fun and friendly, and we encourage you to stop by the Arbor Club tennis courts on the March 20 and 21 of this month to cheer for all of the good plays. In addition to On Top of the World, we will have teams from Oak Run, Rainbow Springs and Stone Park coming to participate. in it.

I have also been working with Chigozie from "Top Seed," the local tennis and soccer store to hold another "Demo Day" before the snowbirds leave us again.

Now, let me share with you something I found in my readings as my...

Tennis Tip of the Month

You are ready to play, you won the toss, what do you choose to do?

I am constantly amazed when I see a player win the pre-match spin and almost reflexively elect to serve. When I ask these players why they make this choice, they think for a moment and then say, "It's an advantage to serve first...isn't it?"

The pros almost always elect to serve first. The serve is the most important shot in the game and most professionals have a good one, so for them the decision is usually a no brainer.

However, if you are like me, you're not receiving a check for your match results on the tennis court so the subject requires a bit more thought.

Serving first is the right choice because serving is an advantage, isn't it? Well, theoretically yes. But realistically, is it the correct decision?

At the club level, most of the time, probably not! Serving at the recreational level is often a disadvantage for the simple fact that many recreational players do not have particularly good serves. To anyone insulted, I apologize but, hey, we are talking competitive tennis here and, more often than not, serving first does not provide an advantage. The pros tend to hold their serve (win their service games) about 85% of the time. At the recreational levels, I estimate the percentages to be approximately as follows:

- . 1.0 to 2.0: 20%
- . 2.0 to 3.0: 30%
- . 3.0 to 4.0: 40%
- . 4.0 to 4.5: 50%

. 4.5 to 5.5: 60%

As you can see, until you reach the 4.5 to 5.0 level serving tends to be a risky affair at best. That is why I suggest you choose to receive serve if you win the opening spin of the racquet. Here are a few reasons why:

1. You'll catch your opponent cold. Like most recreational players, they've probably hit two or three serves and boldly proclaim they are ready to go. Believe me, they're not! They'll undoubtedly still be a bit stiff as well as suffering from opening game jitters.

Plus, at the recreational levels, there's often the old "first ball in" (FBI) rule in effect. Meaning that on the first point the server gets to keep hitting serves until one goes in. This concept was invented for one reason; so that the players don't have to waste valuable court time on something as insignificant as warming up their serves.

So what happens? The player serving first takes no warm-up serves, says "FBI" and away they go. Many times in FBI games, the first ball actually does go in and then the server is really in trouble. The server now has to serve the rest of the game with what amounts to only one warm-up serve.

A quick point here: if you do get caught in one of those FBI games, be certain to intentionally miss your first 10-15 serves so you can loosen up your arm. By doing so, you will not only loosen your arm up, you will most probably annoy your opponents to the point where they will agree to a proper service warm-up before beginning the match.

2. You will have more time to warm-up, relax and get into the match. In addition, you'll be looser when it's your turn to serve.

3. Again, most players below the 5.0 levels simply don't have very good serves.

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Sorry but it's true. Many players at the club level find practicing their serve boring, so they let it slide. As a result, they adopt the old "boom and plop" strategy that's so prevalent today.

Of course, there are exceptions to the rule. If you have confidence in your serve, and I don't mean the "I have a great serve when it goes in" type of confidence, then you should serve first.

Also, if your opponent truly has a great serve, you may want to serve first. However, keep in mind that even a great server is a bit stiff and jittery serving for the first time, so it may be a good time to for an early service break.

Until next time, I wish you a good serving game!

**Pickleball
Tom Seitz**

Is This Game for Me?

We keep hearing about this game called Pickleball. I have heard that it's the fastest growing senior game in the USA, and it is not played with pickles - but is it a game for me? Good question - depends on how you would answer the following questions:

Am I less than 100 years old?
Do I like being with friendly people?
Do I want to spend an hour or so a week having fun exercising outside in the fresh air?

Do I want to play a game that can be learned in 15 minutes?

Can I swing a paddle similar to a table tennis paddle and hit a softball-sized waffle ball that weighs less than an egg?

Can I run at least four steps (the court is smaller, so requires less than tennis)?

As played at On Top of the World, Pickleball is a social game for people of all skill levels and not strongly competitive. And yes, the game is for women also. We now have more than one good woman player and there are three husband and wife teams participating.

OK, so I answered yes to the questions and might be interested. What does it cost and what do I need? To come up and learn, just show up at the Health & Recreation court #4, look for the people with the short flat paddles. We are seeking new players, and there will always be someone glad to teach you the game. Sport shoes are mandatory - anything acceptable for the gym or tennis is good. A hat, such as a ball cap, and a bottle of water are also suggested. If you decide it's for you after playing a few times, the cost for a year can be less than for lunch at McDonalds.

We currently play open games Wednesday at 9 a.m. and Thursday and Sunday at 2 p.m. We play a doubles game and rotate partners after each game. If we get enough interest, we can add additional times, especially after we get the new dedicated courts - coming soon!

If you would like additional information, call Tom Seitz at 390-3112.

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**On Top of the
World Golf Club
Sally Collins**

In looking at the March golf calendar for the On Top of the World Golf Club; one might wonder what we golfers have time for except to play golf! The upcoming

month promises to be very busy indeed.

The MGA will host its Club Championship three consecutive days - March 11, 12 and 13. The LGA 18 Hole Association members will play their tournament March 17, 19 and 24.

Non-resident lady golfers will be visiting the On Top of the World Golf Club to compete in two different ladies invitational. The LGA 9 Invitational will take place on the Tortoise and the Hare on Tuesday, March 24. One week later, March 31, the LGA 18 will play host on the Links golf course. The members of both associations have been hard at work to make these events extra special for their guests.

The first Saturday of the month, March 7, will feature a two drive traditional scramble; sign-up in the Golf Shop by Thursday, March 5. Winners of the February event were:

First place in their respective categories: Ed Klodzen and Bev Ovrebø; Bill and Yoshiko Young; Larry Lucier and Elie Rapacz; and Irv Gackowski and Marie Marquis. Second place: Ed and Nancy

Darichuk; John and Laurie Hall; Gary and Charmaine Hassett; and Pete Peterson and Marilyn Rose.

Back by popular demand is the Friday afternoon scramble scheduled for Friday, March 20 at 1 p.m. on the Tortoise and the Hare. Sign-up by Tuesday evening, March 17 for this event.

March will feature the Ping Fitting Van at the Candler Hills Golf Club Range on Thursday, March 5 from 11 a.m. to 3 p.m. The free clinic March 27 at the On Top of the World range will be on timing and tempo.

Men: Look for details on the On Top of the World vs. Candler Hills Ryder Cup matches scheduled April 6, 9 and 11; sign-up begins Tuesday, March 10.

Friday the thirteenth proved to be a lucky day indeed for On Top of the World member Mary Lyon - she had her first hole-in one in 76 years on #11 on the Tortoise and the Hare! Bev Ovrebø eagled #9 on the Tortoise and the Hare on Jan. 9, while Ray Shultz eagled the Tortoise and the Hare #14 hole.

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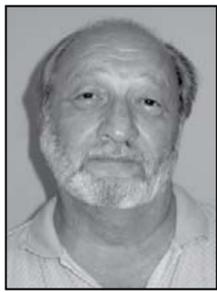
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Billiards
Richard Impressa

In a previous column, I wrote about some reasons we miss what seem to be easy shots (i.e. lack of concentration, attitude, distraction and discomfort). In this column, we'll look at some of the ways to lessen their effect on your game.

The secret to preventing negative thoughts from affecting your attitude is a very short memory. If you miss a shot, forget it. Keep concentrating on the game by watching your opponent as they take their shots. You can learn an awful lot by observing how good players do, and not so good players don't, choose and execute their shots and patterns. Keep your mind on the game, not on your last shot. Watch your opponent's shot and imagine where the cue ball will end up if he misses and leaves you there. Then develop a pattern, which starts in that general area. Ask yourself what will be your first shot, next shot, etc. All this data can be processed and evaluated before you even get up to shoot. If he makes the shot, just repeat the process for the next one.

Another way to look at it is that if you're going to be concentrating on something, why not concentrate on something you can control instead of something that is in the past? Warning, this is easier said than done. On a scale from one to 10, I'm about a minus 4,000 in being able to forget my mistakes, but I keep trying.

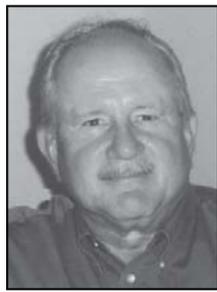
One way to negate any external noise from distracting you is to create your own noise. A radio station you enjoy or an MP3 player loaded with your favorite tunes, along with a set of personal earphones, seem to block out the external noises for me. Since billiards should be a sociable game, I leave the volume low so I can carry on a conversation with other players while listening to some great 50s music. Give this a try but remember that some people can't multi-task and, if you're one of them, this could actually add to your distractions.

The only thing you can do to negate a visual distraction, such as a door opening, someone walking in your line of sight, etc. is to stand up and wait until the distraction passes, then set up for the shot again. Warning, this is even harder than forgetting your last mistake.

Comfort includes both personal and environmental factors. The environment in the poolroom is a personal choice, and hopefully a consensus can be reached which accommodates all players. Personal comfort starts with your feet. Make sure your shoes have good supports because standing on that hard floor can take a toll on your arches.

As mentioned in a previous column, make sure your shooting stance is comfortable. If it isn't, change it.

Let me know if these suggestions help, and give me some of your own ways to improve your game to include in future columns. Until next time, keep stroking and keep your tip dry.



Bocce
Ray Shultz

Hello bocce enthusiasts! First of all, I would like to express our clubs appreciation to the Health & Recreation folks and especially Theresa Fields for providing fresh drinking water at the bocce courts. I understand the unit they have provided will be cleaned and filled daily. I have received so many praise reports from our members concerning this new addition.

We have not had the best weather for playing bocce this past month and as a result most of the bocce league teams have missed games. It is a board decision, that the teams that missed games because of the weather call their match a tie giving one game each. The losing team will assume a score of 15. If you have further questions in this regard, contact your league representative.

The Best of Bocce playoff has been scheduled for March 31 at 9 a.m. The Annual Bocce Club Member Luncheon Meeting will be held on Tuesday, April 7 at the Golden Corral Buffet in Ocala. Officers and league representatives will be selling tickets for this event and the cost will be \$5 per member and \$5 per guest.

Would you like to play bocce or think you would and would like to try it first? Give me a call or stop by at the bocce courts on Monday or Wednesday morning at 8:30 a.m. for open bocce. We are currently trying to recruit new members into the Bocce Club, so if you know of anyone who might be interested in joining us or would like more information please give me a call at 390-3728 or e-mail me at rrshultz90@yahoo.com.



Softball
Bill Leon

The battle goes on as the warriors battle for position adding returning reinforcements who had returned to their homelands for the holidays and delayed by the cold winter days that fell upon us. Now, at almost full strength they replace the wounded who fought and fell to the aches, pains and sprains they confronted on the battlefield at the On Top of the World softball field. There they fought through the cold days using reinforcements they brought in from other teams until their comrades who were away returned to their side to do battle.

Now, all four teams battle as they try to take over the top spot of these games. Cheered on by the few spectators who braved the cold also, these valiant warriors did battle and will continue until they reach that goal to be on top. And so it goes on, this rejuvenated battlefield where you will see these men reaching back in years to remember the days of old and swing their weapons as if it were yesterday. You can still see the look in the eyes of the wounded as they swing their mighty bats and slam the object thrown at them. That look of satisfaction, which is enjoyed now more than ever because it brings back that youthful feeling of knowing it feels good.

We still await the return of comrades like Nick Lagattuta and Jose Ortiz along with others who have gone off to foreign lands to do battle while warriors like Andy Z., Jimmy K. and Tommy C., to name a few, battle on in this here place which we call home at the On Top of the World softball field.



Rubber Stamping Greeting Cards
Bev Taylor

Our January meeting was spent making Valentines. Kathy Hoefer brought us three cards and because she had done a lot of the prep work, we were able to finish them within our two hours. The diaper fold card was so cute. We folded our paper like the old triangular diaper fold and inserted a Valentine greeting in the fold. Another card used a House Mouse stamp and a lacy border punch. The third card had been stamped with two birds facing each other and then die cut. This was mounted on another larger die cut and then glued to the middle of a top folded card. The card was embellished with decorative paper, ribbon and a Happy Valentine's Day stamp, cut out, and layered. We glued this to the lower portion of the card.

Our first meeting in February was spent making two cards. Susie Freitag printed up directions and a template for a garden apron card. The pocket on the apron held a packet of seeds. We all sure enjoyed making this one. Carole Kameswaran designed a card using an ink spray and smash technique that was then mounted on a spring-folded card. The technique used dye re-inker drops on glossy cardstock. We first stamped on the glossy paper with clear ink and embossed in either clear or white powder. It was recommended that we choose three colors of ink in varying shades, using the lightest shade first. The dye ink was dropped on the paper and then sprayed with water. We quickly smashed two pieces of paper together and then carefully peeled them apart to reveal a beautiful background with a relief design. This was mounted to the paper, which was folded to form a "spring" card.

If you would like to join us, please give me a call at 854-3079. We have a great group of ladies who love to share their ideas and knowledge.

Embroidery Chicks
Jan Johnson

Well, we are tired. The Chicks worked on their annual charity project, which is to sew and serge tops and coordinating hats for some of the needy students at Romeo Elementary School in Dunnellon. The items are made of polar fleece and easy to sew/serge. Our cutters were Ruth Kinney and Pat Gorczok. They did a great job of putting various prints and solids together to catch the eyes and hearts of children. Theresa Randolph and Lorraine Brokhof had cut some tops ahead of time so that the sergers could get off to a flying start. Thanks to Theresa and Lorraine for the coordination of everything for this project.

At the end, 35 sets of tops and hats were completed. Theresa's delivery to Romeo the following Monday was met with much appreciation and some tears from the Romeo staff that know how needy some students are.

Our following project was a breadbasket liner with cutwork embroidery. This project was done on linen and turned out lovely. Working with linen was a first for some of us.

Our next project will be the completion of a Zip and Go travel bag for notions. Think of the vinyl multi-zippered cosmetic bags that some people take on a cruise, for use in the shower. The bags flip open to show various clear vinyl compartments for threads and notions. Embroideries should be done at home, ahead of class.

We welcome all machine embroiderers. Call Theresa at 291-7570 with questions. Meetings are held on the first and fourth Fridays of each month at the Arbor Conference Center, Suites B and C. We set up about 9:30 a.m. and begin at 10 a.m. We bring our lunches and end sometime in the afternoon, before 3 p.m.; hope to see you there! Beginners are very welcome. We were all there once.



Shuffleboard
Robert Riedeman

The rain and cold of winter have limited shuffleboard play to some extent recently. However, following are the results for the month of January. The names shown are for the winners of the most games in each of the six playing groups

Monday a.m.

Women: Vicki Lentz; Men: Bob Schuck

Monday p.m.

Women: Helen Foskett; Men: Al Bice

Tuesday p.m.

Women: Lois Rider; Men (tie): Vern Uzzell, Hank Kolb, Al Sternberger and Jim Lynam

Wednesday p.m.

Women: June Hajjar; Men: Bill Eberle

Thursday a.m.

Women (tie): Agnes Hickman and Evelyn Wharen; Men (tie): Frank Dubay, Greg Rasmussen and Phil Weiner

Friday a.m.

No report, because of limited play caused by adverse conditions.

The next general membership meeting of the club will take place on Thursday, March 5 at 11 a.m. in the Health & Recreation Ballroom. Election of officers for the upcoming year will be on the agenda.

Following the general meeting, there will be a Spring Luau luncheon catered by Bruce. On the menu is ham, sweet & sour chicken, stir fried rice, peas & mushrooms, Hawaiian coleslaw, apple cobbler, coffee and tea. Entertainment following will be by Big Sun Express and a barber-shop quartet. Our social director, Helene Sternberger, has planned this event who says, "Put on your bright spring clothes and join us." The cost for the luncheon is \$6 for members and \$13 for guests.

We would like to encourage any resident who has an interest in learning the game, to join us. We will train you. Times are available in all six of our playing groups. The cost is \$7 per year. Come on down to the courts and have some fun... that's what it's all about!

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World Traveler
Bill Shampine

An article in the Ocala Star-Banner in early January 2009 discussed the completion of a recent contest to name the new Seven Wonders of the World. I found the article intriguing, so I did a little research on the Internet (what a wonderful tool). I was so amazed at the proliferation of world-related "wonders" lists I thought it might be fun to talk about some of them in this article about world travel. If nothing else, these lists can provide you with a shopping buffet of places to put on your personal "bucket list" of "places to visit before you die."

Perhaps the best known, and most famous, is the list of the Seven Wonders of the Ancient World, which contained the most remarkable man-made creations of classical antiquity. Most of us probably are conversant with this list even if we cannot name all of the sites. Actually, there were multiple lists prepared at the time, all of which were based on guidebooks popular among Greek sightseers. Among others, even the great historian Herodotus (484 BC-ca. 425 BC) made such a list. Although described as a worldwide ranking of fabulous sites, this list actually

is geographically limited to the Mediterranean rim, which was the extent of the explored world at the time.

Another interesting point to ponder - have you ever wondered why there are seven wonders listed instead of five or eight or fifteen? The answer relates to numerology. In ancient Greece the number seven was believed to be the representation of perfection and plenty.

In ancient times, the lack of agreement on the seven "best-of-the-best" sites resulted in multiple lists. It was not until the Middle Ages that the list we know today finally was compiled and widely accepted.

Of the currently accepted Seven Wonders of the Ancient World, only the Great Pyramid of Giza still exists today. The other six, Hanging Gardens of Babylon, Statue of Zeus at Olympia, Temple of Artemis at Ephesus, Mausoleum of Mausolus at Halicarnassus, Colossus of Rhodes, and the Lighthouse of Alexandria all have vanished.

Therefore, if your "bucket list" included a trip to Giza, Egypt, you could smugly claim to have visited every possible site on the list of the Seven Wonders of the Ancient World. Then the question becomes - where else should we go? Never fear, the inborn psychological need for order has driven mankind to develop at least nine other lists with sites that you and I can visit.

These other lists include: Wonders of the Medieval World and a grouping of Wonders of the Modern World. Within the latter, there is a list compiled by the American Society of Civil Engineers, New Seven Wonders of the World compiled by the 7 Wonders Foundation, New Seven Wonders compiled by USA Today, Seven Natural Wonders of the World, Seven Wonders of the Underwater World, Seven Wonders of the Industrial World, Man-made Travel Wonders, and finally, Natural Travel Wonders. I will be talking about some of these other lists in future articles. Stay tuned!



Tall Tale Travelers
Jim Lynam

The Tall Tale Travelers R.V. group from On Top of the World recently camped at Little Manatee River State Park on the Banks of the Little Manatee River located east of Tampa and south of Sun City, Florida.

Participating as Wagon Masters for the excursion, Liz and Moe Campbell made the reservations and arrangements for the seven couples in attendance.

The group arrived on Monday as warm temperatures welcomed the campers and a nice campfire handled by Moe provided for a comfortable evening. And as usual, many tall tales, stories, jokes and laughter were a highlight at the evening campfire.

Even though the group headed south for the trip, a cold front moved in on Tuesday to cool things down a bit. The group members enjoyed the normal games, activities and bike rides during the day and awaited the "potluck" supper planned for the evening.

With a chance of rain in the forecast, Liz, Jackie and Rosie went on a mission to find a pavilion that was supposedly located somewhere in the park. The search party eventually returned, and the dinner

was moved to a screened-in pavilion in the park that was so "out-of-the-way" that it was only accessible by packhorses.

Everyone enjoyed the grand buffet provided by the members and, as usual, there was way too much scrumptious food and desserts available.

During the dinner, the group was very excited to celebrate Moe's birthday with an outstanding singing performance of happy birthday Moe and a special birthday cake provided by Liz. After dinner, the group met at Liz and Moe's for an abbreviated but warm campfire. Everyone mentioned that the front side was warm, but the "back side" was cold!

On Wednesday the campers headed out for the R.V. show at the Florida State Fairgrounds located about 25 miles north of the campground. Most of the comments about the rigs were that they were very "gaudy," "over-the-top," and very expensive! Would the Powerball Lottery even be enough?

After returning from the show, Liz and Moe had made reservations for Ozzie's Buffet and Grill near I-75. The group enjoyed the privacy of a reserved room with a dedicated waitress and the variety, quality and quantity of the food, which was excellent.

Once again, because of the cold temperatures and wind-chill, most of the activities were held inside the units during the day on Thursday. Jackie and John graciously invited everyone to their coach for supper and games during the evening, and all had a fun time.

The Tall Tale Travelers were pleased to welcome Donna and Brad DePuy to the group. After their initiation questions and acceptable answers, Wagon Masters, Liz and Moe, officially accepted Donna and Brad as full members of the Tall Tale Travelers.

Lucille and Phil Fay will conduct the next camping trip. They have planned a three-night stay at Wekiwa Spring State Park from Feb. 10 through 13.

The next scheduled meeting is set for Wednesday, Feb. 18 as 6:30 p.m. in the Arbor Conference Center, Suite G.



The locket courtesy of Jane Duckworth.



Genealogical Society
Elizabeth Kyle

First, an update on being very careful when cleaning out what appears to be old junk jewelry. On first glance, this locket is not very impressive. It is so small that its content is very difficult to see. Looking more closely, I discovered that it is actually a magnifying glass containing a tiny tintype, probably of Mrs. Sarah J. Perry, wife of Oliver Hazard Perry of Pawtucket, RI. The size and style indicate that it may have been a keepsake he took when he left to fight in the Civil War. The biography and detailed genealogy of Jane's much-respected third grandfather is found in a history book, "Illustrated History of Pawtucket, Central Falls and Vicinity" (Rhode

Island, USA) by Henry Caufield, 1897. Yes, he is related to Commodore Oliver Hazard Perry and to Matthew Perry. He was also the first police chief of Pawtucket, RI.

This leads us to the importance of local and state histories to genealogical researchers. Google provides thousands of digitized books for your perusal online. Also, try the Family History Library, state and local genealogical and historical societies and public libraries in capitol cities in states where your ancestor lived. The New England Historical Genealogical Society has begun adding New York to its collection. This source may help folks who have faced a brick-wall researching New York ancestors.

On March 21, George Morgan will be coming to Master the Possibilities. His two topics are intended to help our ancestors "to come alive" for us by placing them in context of time, place, people, and events. George will show us how to develop an ancestor profile and to see how much can be learned from the simplest obituary. The afternoon promises to be both educational and entertaining. Be sure to register at Master the Possibilities soon.

Our business meetings are held on the second Monday at 10 a.m. in Room 3 of the Arts and Crafts Building. Visitors are always welcome to come and see what we have to offer. Our library grows monthly. You may find just what you need to get started. Education/mentoring meeting are the third Monday at 10 a.m. in Suites B and C at the Arbor Conference Center.



Mah Jongg
Mary Ehle

There is not a lot of news this month. The tournament is March 7 so you see it is close. If you still want to play, call me and, if there is room, we would love to have you join us.

I hope you have all sent for your new cards. You will get them April 1, if you order direct. You don't want to be left out.

One reminder this month is that you should not throw in your hand before you check the Mah Jongg of the person who has called it. If they are incorrect and you have thrown in your hand, you are dead too, even if you have only partially exposed your hand. Take your time. Jokers to you.

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Traveling Gnome Update

By LORRAINE ROURKE

The Avalon social group had a recent visitor of a miniature gnome who had met with an accident. Seems he had lost an arm though it didn't prevent him from capering and playing among our dishes on the table. What a rascal!

It seems the hard economic times have hit the gnome world as well with him stopping for a quick treat. It sure beat the dumpster diving. I asked if he knew where our resident On Top of the World gnome was. Fear was he had met a compactor he wasn't strong enough to fight. After all,

he was last seen at the Friendship Village sign peeking over the bushes on the circle to wave to residents as they drove in.

Finally reunited with his two sons in costume and the eight-inch gnome, they had plans to visit every area but in November disappeared from this roost and haven't been seen since.

According to the one armed gnome, economic times had hit hard in gnome land. They wanted to stay longer to visit with other residents here but needed an income to support the growing gnome family. He heard he is now working for Travelocity doing commercials and advertising but hopes to return to visit in the future. Maybe the person that rummaged up the job for them could let us know when he'll return. Should you see him visiting call Lorraine at 390-2120.

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**Travel
Toppers**
Jo Swing

Well, the year is "marching" along (please excuse the pun). It seems like it was just New Year's Eve and now we are entertaining leprechauns. Travel Toppers has a busy month ahead. On March 1, Travel Toppers has a trip to see the "Smucker's Stars on Ice" show in Tampa. This trip is full, but there might be last minute openings. The coordinator is Kathy Peterson.

The Adults at Leisure Series at Ruth Eckerd Hall in Clearwater is presenting "Cirque Mechanics, Birdhouse Factory" on Tuesday, March 24. This show is in the style of Cirque d'Soleil. Right now, there are 58 signed up. To be put on the wait list, call Claudette Moher, the coordinator.

The delightful musical, "Thoroughly Modern Millie" will be at the Show Palace Dinner Theater in Hudson on Saturday, March 28. We already have 56 signed up, but we do need a wait list. If you are interested, please call Pat Benson to be put on the list.

As of publication, there is still space available for "101 Years of Broadway" at Ruth Eckerd Hall in Clearwater on Wednesday, April 1. Check with Ruth Goldstine, the coordinator, about availability.

On Monday, April 20, Travel Toppers will travel to Epcot to see the 16th Annual International Flower and Garden Show; Helene Sternberger is the coordinator.

On Monday, April 27, we will have a fishing trip on the Thunder. We are very close to the required number needed to make this trip possible. All you fisher folk out there don't miss this opportunity to get in some fishing in the Gulf. Call Jo Swing to make a reservation.

Reservations will start March 2 for the Mother's Day trip to the Show Palace Dinner Theater to see the revue, "Viva Vegas! The Sequel." The cost is \$57 and includes show, dinner, bus and tips for driver and meal. To make your reservation, call Linda Hein.

Travel Toppers will have a mystery trip on Saturday, May 23. It is to a place we haven't been to before. The cost is \$53, includes buffet, play, bus and tips for driver and meal. Reservations will start March 3 and the coordinator is Glo Hutchings.

There is still time to join the Alaska cruise from Friday, May 29 to Friday, June 5; call Audrey Mangan for details.

Speaking of cruises, the report from the travelers on the Panama Canal cruise was excellent. Royal Caribbean provided a first rate experience. All who attended "River Dance, the Farewell Performance" in Tampa gave it rave reviews. The dancing was superb.

Travel Toppers is open to all residents of On Top of the World and has no dues. Our meetings are held on the first Wednesday of the month at 10:30 a.m. in Suite A of the Arbor Conference Center. See you there and until next time, happy travels to all.

www.OnTopoftheWorldInfo.com



**Candler
Excursion Club**
Sylvia Joram

Spring is in the air, and we are ready with some fresh, new and exciting day trips for the coming months.

March 21 will be an event at Live Oak Ranch featuring The International Combined Driving Event. The country's largest carriage driving events, Live Oak features the exciting marathon driving competition, which offers tailgaters the chance to enjoy a birds-eye view of the course. Proceeds from the event benefit the Marion Therapeutic Riding Association. The cost of the trip is \$5 per person. Coordinator is Betty Russell at 861-1257.

Come aboard the Liquid Vegas, on April 8, and enjoy the true feel of a Las Vegas Casino in a fun cruise ship. The four-hour trip will give you a chance to experience four decks of Las Vegas Casino action. The ship leaves from Port Canaveral.

The cost is \$25, includes the bus, a luncheon buffet and a \$25 gaming voucher. For further information and booking, please contact Carol Hobbins at 854-6187.

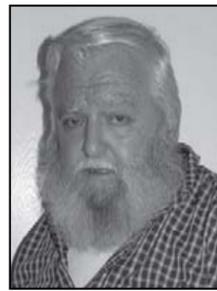
On April 22, we are carpooling to Orange Lake to the Ocala Jai Alai and Ocala Poker Room for the 1 p.m. afternoon games. The cost of this trip will be only what you eat, drink and what you bet. Please contact Patricia Wassmer at 237-3749 for more information and to register.

The Holy Land Experience is a perfect and unique destination for our next group trip! The Holy Land Experience in Orlando allows you to immerse yourself in the most important time and place in history. It will be a carpool trip on Monday, May 18 at 8:30 a.m. Please contact coordinator Patricia Wassmer for further information and booking at 237-3749.

There is no better place to experience Tampa Bay's beauty and charm than aboard yacht Starship II on Tuesday, June 9. This will be a lunch cruise with the food prepared by the executive chef and galley staff, with quality service and out-of-the-world views. There will also be a historical narration of the Tampa Bay's rich seaport history. The cost of this trip is \$59 per person and includes bus transportation, lunch and the cruise. For information and booking, contact Sylvia Joram at 281-1770.

On July 15, there will be a trip to the Ringling Museum of Art in Sarasota. The Ringling's dazzling palatial mansion is a tribute to the American dream and reflects the splendor and romance of Italy. The circus museum celebrates the American circus. See memorabilia and artifacts documenting the history of The Ringling family circus. The grounds and gardens are treated and cherished as works of art and they have never looked better. For bookings and information, please contact Felice Boniakowski at 237-9700; cost of trip to be announced.

The next membership meeting is on March 3 at 6:30 p.m. in the Candler Community Center. Again, I welcome all comments and suggestions at shantijoram@hotmail.com or at 291-1770.



**On the Road
Again**
Bob Woods

As of this writing, I have seats still available for the San Antonio and the Savannah bus trips.

First, let me explain a little about the trip heading April 18 for San Antonio. We will visit the famous Alamo, Riverwalk, missions and the Johnson Summer White House and the late president's ranch, just to mention a few. On the way to Texas, we will stop in Baton Rouge visiting a new Louisiana museum dedicated to Hurricane Katrina, the Mardi Gras and the Louisiana Purchase. On the way home we get educated in Lafayette on Cajun life visiting an Acadian village. I have a few unexpected seats still available.

Departing from Top of the World on May 18 is the bus trip to Savannah. Enjoy guided tours of St. Simons and Jekyll Islands, Beaufort and the Marine Corps base along with the base's museum located on Paris Island. There is also an additional stop at Hilton Head where one can shop or browse around.

You can receive additional information on these two coach trips by calling me at 854-0702; but hurry, there are just a few seats remaining and they will sell out quickly.

My next big trip is the Trains of the

Colorado Rockies in July. This trip starts with us departing by coach to Tampa Airport flying to Denver where we will spend two nights while touring the sights in that area including stops in Boulder, Estes Park and the Rocky Mountain National Park and traversing the famed Trail Ridge Road which is the highest continuous highway in America. Stops at Georgetown and Vail are scheduled on our way for two nights in Grand Junction, only after a historic train ride aboard the Georgetown Loop Railroad.

In Grand Junction, the group will visit the Colorado National Monument and do local sightseeing plus a winemaker's dinner at a vineyard. Departing this area, we travel to Silverton where we will enjoy a little free time before boarding the 1881 coal-fired Durango and Silverton Narrow Gauge Railroad for the trip through the San Juan Mountains to Durango. This is one of the most scenic trips in the Colorado Mountains.

Spending two nights in Durango, a visit to Mesa Verde National Park is scheduled where ancient Indians resided in cliff dwellings. Continuing on we will head for Colorado Springs for our last two nights in the Rockies visiting Cannon City where us brave travelers will ride the Royal Gorge Railroad and then visit Manitou Springs where we will board the Pike's Peak Cog Railroad for the journey to the top of Pike's Peak. The trip will also take us on a visit to the historic Garden of the Gods.

Sounds good? Too good to pass up? Then give me a call for more details.

I now have the full itinerary and pricing for the trip to Hawaii in November. This is a trip flying to Hawaii and visiting a total of three luscious islands. This is a ten-day trip. Please call me for details. This trip is first class staying at great ocean view hotels.

Please give me a call at 854-0702 for any additional information on any of the scheduled trips.

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Opera
Bernie Kelly

In February, we had a nice turnout for the double bill of Cavalleria and Pagliacci. The singing was great and the staging, especially of Cav in Sicily, made the whole opera more realistic.

In March, we are going to have another Franco Zeffirelli production. This time it is Verdi's La Traviata.

Giuseppe Verdi, composer of La Traviata, was born in Le Roncole, Italy, in 1813. He is the greatest of the many opera composers that Italy has produced. La Traviata is one of the most popular of his operas and is in the top ten of the operas most staged by the Met.

Verdi lived a long life dying in 1901 at 87, having written his last opera, Falstaff, in 1890 when he was 80. His was a long and productive career beginning in 1839 when La Scala staged his first opera, Oberto. It was, however, Nabucco in 1842 that made Verdi an idol and in the period from 1842 to 1851 he completed a dozen operas.

Our opera for the month of March, La Traviata, was composed in a three-year period from 1851 to 1853 along with Rigoletto and Trovatore. These along with Aida, finished in 1871, are the most popular of his compositions and the most staged. In all, Verdi composed 28 operas of which at least eight are in the regular

opera repertory.

Verdi was in Paris in 1852 when the play La Dame aux Camélias was staged. The play was written by Alexandre Dumas the younger and was based on his friendship with a famous courtesan who went by the name of Marie Duplessis. She was the center of a group of musicians, writers and some wealthy men about town. One of the musicians was Franz Liszt.

Marie Duplessis came from a small town not far from Paris where she went at the age of 15 to escape the brutality of her father. She was beautiful and had an aura about her that made her very successful in her new way of life. She married the Vicomte de Perrigaux and, sad to write, she died of tuberculosis less than a month after her 23rd birthday.

Verdi was all of 38 and had just finished Rigoletto and Trovatore. He was looking for a little happier topic for his next opera when he saw Dumas' play and he knew that this was his next project. Francesco Maria Piave who was the librettist of Rigoletto was given the task of adapting Dumas' work and the character Marguerite Gauthier became Violetta Valéry in La Traviata. In 1853, La Traviata debuted and was quite successful. Verdi took bows after each act. It is likely that Verdi was still disappointed because it was not the immediate monster success that Trovatore had been. However, today it is the Verdi opera that is the most staged. Aida may have more performances by the major opera companies but because it is so expensive to produce most of the smaller companies shy away and choose La Traviata which simply needs three good singers.

The production we will see is a film directed by Franco Zeffirelli. The cast is superb, led by Plácido Domingo in his prime as Alfredo and Teresa Stratas singing the role of Violetta. Cornell MacNeil is Germont, the father of Alfredo.

We will meet on March 5 at 1 p.m. in Suite C in the Arbor Conference Center to watch this great opera with an exceptional cast in an excellent production. Tony and I hope all the Opera Appreciation Class members can attend.



Theater Group
Raquel Berdichevsky

The Theater Group is now in full swing preparing for the new show, which will take place on April 3 and 4 at 7:30 p.m. in the Health & Recreation Ballroom.

As mentioned in last month's column, it will be called "99 + 44 = 100% Comedy!" Dottie Berkowitz is holding auditions for the revue on Feb. 23 in the Arbor Conference Center, Suite D at 2:30 p.m. If you feel like having fun and have something to offer to the show, go and see Dottie,

she will be happy to listen to you.

Tickets will be free, gratis, no-charge! We will, of course, accept discretionary donations, but without obligation. Of course, no charge...no reserved seats. It's a free for all!

We are going to try again to cast "So Long Sunny Pines" the musical play written by one of our residents, Bob O'Neill. If we manage to get it cast, it will play on Nov. 13 and 14. The tryouts will take place on April 6 at 2:30 p.m. at the Arbor Conference Center, Suite D. Our director for this play will be Marilyn Bettinger, and Marcia Miller will be working with her. We need men to take part in this show, so they are especially welcome!

We will have our end of season party on May 11 at Stone Creek Grille. The party will start at 3 p.m. and members will pay \$5, non-members \$10. Entertainment will be provided, so we hope you will join us in saying goodbye to the winter season.

Meetings of the Theater Group take place every second Monday of the month at 2:30 p.m. in the Arbor Conference Center, Suite D. The next meeting will be March 9. You are invited to come and join us. Try it, if you like it, we will be glad if you become a member, especially now, when we are about to have elections for the new board. We would sure be delighted to get new blood and new ideas.



Original Karaoke Group
George Quaranta

Candler Hills Community Center
Jan. 27

Our session started with food and beverages at Candler Hills Restaurant, with some of our singers. At 7 p.m., we started our karaoke. Judy led off with "Its Judy's Turn to Cry," followed by Rudy D. who sang "You Raise Me Up." Next, we had Janet doing her rendition of "Rainbow Connection." Not to be out done, Pat sang a Marty Robbins song "Hello Walls." Jerry C. sang songs by Sinatra. Lori Benc, a new singer, did a number from "Cats." Cindy and Richie O. did a very nice duet; Kathy

and Charlie did a nice duet. Shirley C. sang a Patsy Cline number "Walking After Midnight," and Tony D. did a Broadway tune.

We had another new singer, by the name of Party Pat - cute, nice vocalizing. Lastly, yours truly, sang "He'll Have to Go" a Marty Robbins song.

Thanks to all who came to sing and listen to your friends and neighbors. All On Top of the World residents and their guests are always welcome to come to our karaoke sessions. We were all given a voice; come and try it out.

Arbor Conference Center
Feb. 12

Let me say, wow! We had one of the best karaoke jam sessions on this day. I would venture to say we sang at least 40 songs and we also had some dancing. You've heard of the "Dixie Chicks?" Well we have in our group "The Candler Hills Chicks:" Pat, Janet and Annette. Singing leader of the pack, Tom W., sang "Too Young." Hope to hear more from Tom. Rudy did a great rendition of "Ava-Maria." Donnie W. sang "Never Been This Far Before." The swinging singing seniors, led by Dottie B., sang "As Long as He Needs Me." Shirley's rendition of "Sunny Side of the Street" was well received. Everyone joined in singing, "I Love Beer;" thanks Donnie! Judy sang "Do Run Run," and I sang "It's Impossible."

Everyone gave a great performance! Would you like to karaoke with us, call George for information (873-9667).



Karaoke Friends
Vivian Brown

We had another great month of fun and fellowship as we sang to our hearts content. Our man Donny, straight from Nashville, gave us "The Last Cheaters Waltz" and also did a duet with Shirley, "Heartaches by the Numbers." Kathy sang, by request, "Don't You Make My Brown Eyes Blue." The whole gang sang "I'd Like to Teach the World to Sing" and we sure

are trying! Wouldn't it be wonderful if we could? It's hard to hate and kill when you are happy singing.

Sindy sang "You Light Up My Life" and did a duet with Bob, "When I Fall in Love." Was that Norma I saw leaving the room? Our guest, Pat, sang, "I Fall to Pieces;" sure sounded like Patsy Cline to me! Norma sang "The Glory of Love," while Bob did "Have I Told You Lately;" they are always great.

Charley, our equipment manager, sang "On the Other Hand" and did a duet with his wife Kathy singing "Let It Be Me." Hmm, I thought it already was? Estelle chose "Even Now" and "I Made it Through The Rain," which was beautiful! Shirley serenaded us with "Twilight Time" and "Maria Elena;" wonder what happened to her yodel, it must be broken!

Tom, "Mr. Broadway," gave us "You'll Never Walk Alone" and "When I Fall in Love." He also did a duet with Jim, "Sweet Caroline;" nice job guys. I tried, "You Don't Own Me", "Who's Sorry Now" and "I Enjoy Being a Girl." What a great group!

Remember, singing is good for you, so come join us the first and third Mondays of the month from 6:30 to 9:30 p.m. at the Arbor Conference Center, Suites E and F. Try it, you'll like it. Keep on singing and God bless. Any questions, call 291-0246.



Concert Chorus
Joanie Bolling

As our new year begins, we reflect back on 2008 when the On Top of the World Concert Chorus began. Three presentations were given under the direction of Jean Monroe.

Currently, we are rehearsing for our next concert to be held in May at the Health & Recreation Building. This musical event will be on a completely different level of past performances. Additional information as to dates, time and ticket sales will be published in the April issue of the World News.

Prospective new members are urged to contact any member of the chorus to arrange for an audition. Singers should be able to sing four-part arrangements.

Joanie's question: What state prison in Ossining, NY is known as the "musical" correctional facility?
Answer: "Sing-Sing."



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. If residents would like to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.

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Final Dance

By BOB WOODS
WORLD NEWS WRITER

Feb. 21 brought an end to a long tradition here at On Top of the World. The dance committee held their last dance entitled, "The Last Chance to Dance" in the Health & Recreation Ballroom with music provided by The Starburst Band.

I was talking to Gordy Phillips who has basically been heading up the dance com-

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mittee, and he told me that the present committee is just plain tired of putting on the dances. The committee has dwindled down to just Gordy and his wife, Dodie.

Gordy told me that if anyone residing within the confines of On Top of the World would like to take over organizing dances, he has plenty of different props and decorations from past dances. Such as, Valentine's Day, New Year's Eve, etc.

He and Dodie are willing to help in the organization of a new committee or group as they have all kinds of contacts with ideas and information, but both of them are tired after doing it for the past 10 years.

Any questions concerning the organization of a new dance committee or a group who would like to take over dance operations held at the Health & Recreation Ballroom, please call Gordy at 854-7981. There are plenty of folks residing within our gates that love to dance and just might be willing to take over organizing dances here in On Top of the World.

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Key West Coach Trip

By BOB WOODS
WORLD NEWS WRITER

In January, a group of residents from On Top of the World recently enjoyed a visit to the bottom of the continental United States. They visited Key West, Florida. The On the Road Again group departed On Top of the World by a luxury coach early in the morning traveling to Fort Lauderdale where a replica of an old riverboat waited for their arrival.

The "Jungle Queen" treated its passengers to a sightseeing extravaganza from Fort Lauderdale Beach traveling up the New River through downtown Fort Lauderdale and back. This southern Florida city is known as the "Venice of America."

The guests had a treat that evening after checking into their Miami hotel and that was a meal in a Japanese restaurant. Their steak and chicken dinners were prepared right in front of them on a grill by many entertaining chefs.

The next morning, the On Top of the World group headed for Vizcaya, the winter home of International Harvester Vice President James Deering. The house, constructed in European style, was completed in 1916 and was situated right on Miami's Biscayne Bay.

Completing a brief stop at a Key Largo restaurant, the group headed down the Keys towards Key West, their final destination. Being the group leader, I had a first - I herded all those on the coach into the wrong restaurant. We were all seated and some had already received their beverages. The restaurants had similar names. We all had a laugh over this boo-boo.

Most of the travelers glared at the bridges, some being the original, built by Henry Flagler when he constructed the Overseas Railroad connecting Miami with Key West.

The railroad, completed in 1912 was the first link between mainland Florida and the Keys. Up to this period, boat traffic was the only means of transportation to the Keys and Key West. In 1935, the state of Florida purchased the bankrupt



Photo by Bob Woods

The Vizcaya House and Gardens located on Miami's Biscayne Bay.

railroad which built the Overseas Highway to Key West using much of the remaining railway infrastructure that was not destroyed in the massive category five hurricane of 1935. This highway, completed in 1938, became part of U.S. Route One, which runs from Fort Kent, Maine to Key West.

There are many of the original concrete bridges still remaining along the route being utilized today by fishermen and walkers. One bridge, the Seven Mile Bridge, was the longest bridge constructed over water at time of construction and it still stands today.

When the hardy group arrived in Key West and upon completing checking into their resort hotel, the coach took the group downtown in time to see the sunset celebrations at the town's famous Mallory Square.

After a Conch Train tour and a glass bottom boat ride over the world's third largest barrier reef, the group had a pretty good idea what historic sites they wanted to visit.

Many in the group chose to visit the Hemingway House where the once famous author resided and, of course, "Sloppy Joes" where he spent many hours warming a bar stool. Many visited the Truman Summer White House where many other presidents visited besides Truman.

Some chose to visit the Fisher, Flagler and Wreckers Museums, while others decided to utilize their time shopping in the many stores downtown and along the famous Duval Street, known as the longest street in America running from the Gulf of Mexico all the way to the Atlantic Ocean.

After a day of sightseeing on their own, the group gathered at Jimmy Buffet's original "Margaritaville" for dinner.

A special treat took place after departing Key West and that was a stop along Alligator Alley (U.S. Route 41) otherwise known as the Tamiami Trail. The treat was an airboat ride in the Everglades and also a stop at the Big Cypress National Preserve Oasis headquarters where the group had close-up encounters with local inhabitants (alligators) and received information on the Preserve and the Everglades.

Some of the group commented when the coach stopped, "why are we stopping here." They received their answer after touring the small information center and rest stop. Most were surprised. There were dozens of wild "gators" sunning themselves along the highway drainage ditch.

Further along on Alligator Alley, the coach stopped at a shack looking building flying the American flag. Really, this shack looked like an old fashioned out-

house situated along the road. Actually, this little shack is the smallest Post Office in the U.S. Everyone departed the coach for pictures of the Ochopee, Florida Post Office.

After spending the night in Fort Meyers, the next morning saw the On Top of the World travelers visiting the Thomas Edison House and Museum. Many marveled at all the inventions Edison created and replicas or the original creations were displayed in the large museum.

Also located on the premises was Henry Ford's summer home situated right next to where Edison's summer home was located overlooking the water. From what we were told by our guide at the estate, both homes were made in Maine, taken apart, put on a ship and reassembled at their present location in Fort Meyers. After spending a good part of the final day's morning at the Edison summer estate and museum, the group headed north to Ocala finalizing a wonderful six-day traveling experience.

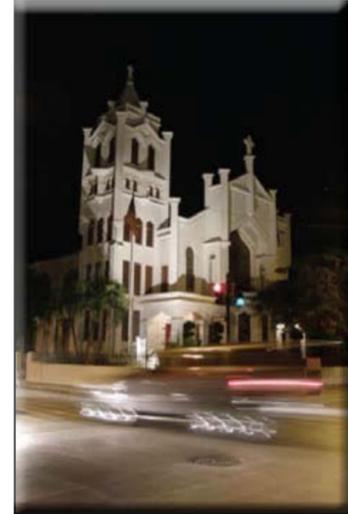


Photo by Bob Woods

St. Paul's Episcopal Church located on Duval Street in Key West as seen during the evening hours.



Photo by Lennie Rodoff

An eight-week-old Eastern Brown Bear cub at the Florida State Fair on Feb. 10.



Photo by Ben Papa

Jeannette Mancini Papa makes a "dream" come true: a ride on an elephant at the Page Circus at the Livestock Pavilion in Ocala.

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Ballet Club
Eugenie Martin

As part of the On Top of the World Health & Wellness Expo at the Cultural Center on Jan. 24, the Ballet Club performed along with other groups from our community. Directed by fitness and dance instructor, Kittie Surrette, the show was intended to entertain as well as illus-

trate varied ways in which fitness can be achieved through dance and exercise. It offered demonstrations of Pilates, Tai Qi Po, aerobics, fitness while sitting, Latin and other dancing, including ballet. Julie Sines and I choreographed five different ballet numbers, and dancers Jane Baum, Bobbie Roeder, Ellie Romanowski, Kittie Surrette, Barbara Wilson and Barbara Wolfson assisted us in the performances.

Approximately two dozen residents participated in the performances. We all had a wonderful time and apparently, so did our full-capacity audience. We all want to thank Kittie for her hard work in putting together the show and Cammy Dennis from On Top of the World management for sponsoring the event.

We are now back to regular classes at the Ballet Club. These are held three times a week in the Arbor Club Exercise Studio next to the indoor swimming pool. Class times are Monday evenings 6:45-7:45 p.m., Tuesdays and Thursdays 1-2 p.m. Newcomers are welcome and it is not necessary to have any previous experience to join us. For information, please feel free to call me at 854-8589. Happy dancing!



Square Dancing
Maureen Lea

February was a very busy month with the Valentine's Dance and the Winter Whirl. Now, it's time to dust off your shamrocks and celebrate St. Patrick's

Day. Come on out and show your green at our regular club dance on March 17 and don't forget the Shamrock Swing at The Villages on March 20 and 21, where both Mainstream and Plus will be available. See Walt or Janet Becker for tickets.

The class is really progressing and starting to mingle with the club for the first tips. They are really doing well and need all of our support. Be patient and remember you were once in their dancing shoes.

Tom and Rita Miller are doing a great job leading the club and new ideas are being tried to help make our experience more pleasurable. They are open to suggestions; let them know what you think.

Our regular club dances are going well. They are every Tuesday at the Arbor Club from 7 - 9 p.m. Again, round dance workshops are on Thursdays from 10 a.m. - noon at the Arbor Conference Center, and A2 is on Friday from noon to 1:45 p.m., followed by an Intro to DBD Workshop from 2 - 3:45 p.m.

Come join the fun, and dance, dance, dance!



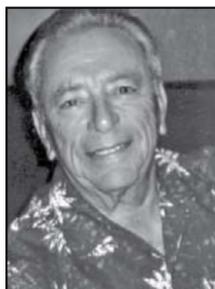
Line Dancing
Sherry Ashenfelter

St. Patrick's Day approaches and reminds us of fun line dances that are choreographed to Irish music. Level One students enjoy the dance "Gypsy." The intermediate class performs the dance "Coastin'."

Both dances use music available on the "Lord of the Dance" soundtrack. Over 75 line dances are choreographed to the Irish music on that one CD.

The Level Two class dances "Irish Stew" to a song of the same name by the recording group Sham Rock. Over 85 line dances are choreographed to music by Sham Rock. Sham Rock performs upbeat music and lyrics that can inspire even a non-dancer to pop up and dance.

If you are a want-to-be dancer who enjoys a variety of music, including Irish, you might want to join a line dance class. Please call 873-9440 for more information.



Ballroom Dance Club
Joe Furfaro

The Ballroom Dance Club started its 2009 season on Thursday, Feb. 5, at 11 a.m. at the Arbor Club. A large group of residents attended. Our professional dance instructor, Trish Sands, who was teaching the waltz, put these future ballroom dancers through their paces.

The dance we will be learning starting on March 5 will be the swing.

Lessons are \$20 per month and annual dues to become a member are \$6. There will be lessons every Thursday morning at 11 a.m. at the Arbor Club. A different dance will be taught each month. Watch this column for future updates.

If you have any questions, please call Joe at 237-6900 or Janet at 854-0708. You can reach our instructor, Trish Sands, at 351-2423.



Citizens Emergency Response Team
Caroline Scott

Many thanks to John Wiley, Rob and MaryLou Caruana, for taking over our meeting in January. This gave Norman and I a chance to go up north to attend the baptism of our first great grandchild, Patrick James. It was a very joyous occasion for our whole family.

John Wiley conducted the meeting on the protocol involved in the use of our two-way radios. It seems to be a problem each time we try to use them. It is not the mechanics but the protocol that gives us the most trouble. I'm sure we will get better with practice, practice, practice.

Just a reminder, the fire and hurricane season is coming up fast. Make sure you are thinking about what you and your families may need during such an event.

If you have any questions, you are welcome to attend our meetings to ask questions. We meet the second Tuesday of each month at 9 a.m. in Suites E, F and G in the Arbor Conference Center.



Community Patrol
Ann Berger

Norm Scott of the CERT program was present and advised our Community Patrol members how both organizations can work together in the event of a natural disaster when the CERT team is activated. Some of our members volunteered to work with CERT. The Emergency Management office and Captain Burton of the Sheriff's office has approved this idea and sees it as a natural for the two groups to work together. This would be the first time in the County that a CERT group and a crime watch group would be working together.

Gary Rodoff stated that the Sheriff's Foundation has filed for a 501(c)(3) status in September. The first event of the foundation would be a car show on April 4 at the Sheriff's main office from 9 a.m. to 3 p.m.

Gary advised that the radar trailer has been in On Top of the World on Jan. 9 and 12 and plans to be here once or twice each month. The sheriff's deputy has also been in On Top of the World during the day and issued tickets.

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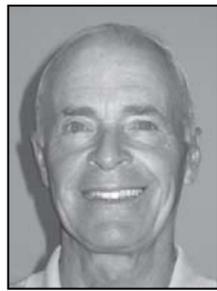
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**Favorite Recipes
Dinner Club
Luke Mullen**

Once again, our club kicked off a New Year of fun with 26 diners attending dinners at four members' homes.

Jimi and Tony Bartolone hosted our first dinner. Their evening began with appetizers prepared by Cherry and Fred Jones. They were endive leaves with goat cheese and red grapes along with guacamole dip served with blue corn chips.

Jimi and Tony started the dinner with brushetta bread and antipasto consisting of fresh mozzarella cheese, tomatoes, black and green olives along with roasted red peppers. The entree they served was a roasted pot roast made with Lipton soup mix and roasted sauerkraut. Kathi and Ray Lang brought two accompanying dishes. They were green bean amandine and a carrot dish made with orange juice, dried cranberries, pears, pecans and brown sugar. Debbie and Dan Partin made dessert which was a lovely lemon curd torte with a lemon and currant sauce.

Our second dinner hosts were Gitte and Paul Agarwal. Sue and Howard Bourland provided the appetizers, which were a cheddar cheese log with fruit preserves and crackers and Swedish meatballs with fresh dill, sour cream and onion sauce. Gitte and Paul then served the main meal. It began with sliced tomatoes and fresh mozzarella cheese drizzled with olive oil. Next, was a scrumptious shepherd's pie made with beef and covered with mashed potatoes. Accompanying this were minty mushy peas, which were green peas mashed with spring onions, mint and butter. After the meal, Tish and Don Dertien served the dessert, which was a triple layer mud pie. It was made with chocolate delights along with chopped pecans and cool whip.

Pat and Robert Riedeman were the hosts for our third dinner. They started their evening by serving appetizers. The first was a shrimp cocktail with a spicy sauce, along with a chocolate ricotta dip with fresh fruit and cheese and crackers. After the appetizers, Barbara and John Young served a delicious Greek salad. Pat and Robert then proceeded to serve the main meal. The dinner was a typical Irish meal consisting of corned beef and cabbage, with side dishes of carrots and potatoes. Mary and Bob O'Neal brought a homemade apple pie for dessert.

Joan Sigafoos and Richard Miles hosted our fourth dinner. Appetizers prepared by Jean and Joe Breslin kicked off the evening. They were liver pate with toasted pecans and crispy bacon, baked Brie, with apricot preserves and large black olives marinated with garlic and spices. Following appetizers Joan and Richard served a Cretan Greek meal. The salad was a typical chopped Greek salad, with olives and peasant bread. The meal was lemon chicken, with roasted potatoes. The vegetable was a stew of green beans, tomatoes and sautéed onions. Maureen and Dan Coor's dessert was a lightened-up version of Tiramisu. It contained angel food cake, cream cheese filling, vanilla, confectioner's sugar and each layer covered with strawberries.

Our club is currently looking for new members. If interested, call Luke at 304-8104.

Emergency After-Hours Phone Number
236-OTOW (236-6869)



**Anything
But Bland
Executive Chef Dave Bland**

I just finished teaching an exciting four-week series on wines for Master the Possibilities. The participants were able to sample 16 different wines from all over the world and taste food that complimented the offerings.

The first class was entitled Old World Wines, which is a general classification for wines produced in Europe. These countries have been producing wines for centuries and have been following most of the same techniques in wine production for many civilizations. Europe has old ideas about wine and their government's controls everything, from what you can



**100
Grandparents
Barbara Greenwood**

What better way to honor Abraham Lincoln's birthday than to celebrate it at Romeo Elementary School in Dunnellon? That's what the "100 Volunteer Grandparents" did. Many of the books read by the "grandparents" celebrated President Lincoln's life. The students found the stories interesting, and the "grandparents" got to review what was long ago taught to us.

Of course we also celebrated Valentine's Day. The "grandparents" had treats for the children, and the children wrote wonderful cards and letters to the "grandparents." That's why I always say, "Being part of a child's life in Romeo is a win-win situation." We truly benefit from spending a morning with the students. They bring us so much joy. They give us a tremendous uplifting of our spirits. And... we get lots of hugs.

The students, on the other hand, get to interact with us as we read to them. They laugh and share with us something that comes to their mind as we read. They are polite, respectful and happy to see us. They ask questions, and they are sincere

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plant where to details on the harvesting and development of wine.

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Today, Americans are becoming sophisticated wine drinkers and this has shaped what American wine makers are producing. They have shifted from large production jug wine to producing fine wines all over the USA. Every state produces wine and the AVA or American Viticulture Area is the organization that separates wine regions but does not have the authority that exists in the same government run organization in Europe.

So where do I recommend buying some of these wines? Well, Sam's Club has a Master Sommelier that purchases the wine and there are some amazing deals to be had there. They sell a German Eiswein called Nachtgold that is only \$17, which is a steal. Luigi Reghetti Amarone, which is one of my favorite wines, also sells at a reasonable price. They have a huge array of great wines at every price and one that will please your tastes and wallet.

Keep an eye out for more classes of this nature coming up in the Master the Possibilities catalog.

in their feelings towards us. It is a very nice relationship between a "grandparent" and a child, and it's wonderful.

I want to apologize for an error in the February issue of the On Top of the World News. There were pictures in the article of "grandparents" in classrooms. I misidentified one of our readers. The picture stated it was Pat Russell when, in fact, it was really Jean Flynn. I'm sorry Jean for the error. I think in my case, the elevator is not making it all the way to the top floor.

Thank you so much for the Campbell soups labels with U.P.C. attached, and the Box Tops for Education labels. Each label's value goes into a fund kept at Romeo to provide special needs for the children. If you have some to contribute, please take them to the little Red School House located under the stairs on the first floor of the Health and Recreation Center.

Our "Food-4-Kids" backpack program is an ongoing project. This program provides meals for children who otherwise would go without. If you'd like to donate single serving food items such as juices, cereals, snack bars, pop-top canned goods, (tuna, spaghetti, macaroni, beef stew, etc.) crackers, peanut butter, jelly, canned or plastic containers of fruit, etc., your contributions may be delivered to Elliott & Marlyn Barbour's home and placed in a tote located on their front porch. Their address is: 8680-H SW 94th Street.

We welcome all who would like to be a part of our "grandparent" group, or learn more about us. Please call Barbara at 861-2539 or e-mail me at barbg@cfl.rr.com. Our next visit will be April 9. We do not go in March because of Florida's Comprehensive Assessment Test (FCAT).



**Dish & That
Recipes
Jean Breslin**

St Patrick's Day is just around the corner. Here is an Irish saying to get you in the spirit: Happy St. Patrick's Day to all!

Here's to health, peace and prosperity. May the flower of love never be nipped by the frost of disappointment, nor the shadow of grief fall among your family and friends. May your home always be too small to hold all your friends, and may God's blessings be upon you forever.

Stir Fried Broccoli

- 3 teaspoons cornstarch
- 2 teaspoons sugar
- 1-2/3 cups chicken broth
- 4 tablespoons soy sauce
- 4 cups broccoli florets
- 2 cloves garlic, minced
- 3 tablespoons oil

In a small bowl, whisk the cornstarch, sugar, broth and soy sauce until smooth, set aside. In a skillet, stir-fry the broccoli and garlic in oil for 3 minutes. Stir the broth mixture and add it to the broccoli mixture. Bring to a boil, cook and stir for 4 to 6 minutes, until broccoli is tender and sauce is thickened.

Salmon Loaf

- 1 can (16 oz.) Salmon, drained, skin & bones removed
- 1/2 cup salad dressing
- 1 can cream of celery soup
- 1 egg
- 1 cup dry bread crumbs
- 1/2 cup finely chopped onions
- 1 teaspoon lemon juice
- 1 teaspoon salt

Combine all ingredients, in order given. Pour into greased loaf pan. Bake at 350 degrees for one hour.

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Monday Afternoon Bridge

Joe & Phyllis Zwick

Jan. 19

1: Pat Holmes & Shirley Stolly; 2: Carol Rosenberger & Marjorie Benton; 3: Fran Griswold & Betty Morris; 4: Esther Lang & Jayne Kaske.

Jan. 26

1: Maizie Millward & Elsie Helwig; 2: Marge Starret & Joyce Walchak; 3: Caryl Rosenberger & Marjorie Benton; 4: Bill & Edith Hunter.

Feb. 2

1: Caryl Rosenberger & Marjorie Benton; 2: Betty Morris & Fran Griswold; 3: Joan Lord & Mary Carol Geck.

Feb. 9

1: Ida Rosendahl & Carl Thompson; 2: Eleanor Giardina & Mildred Lane; 3: Esther Lang & Jayne Kaske; 4: Caryl Rosenberger & Marjorie Benton.

Monday Night Bridge

Ginnie Barrett & Myra Butler

Jan. 12

1: Phyllis Bressler; 2: Gail Tripak; 3: Janet Becker; 4: Marion Turbin; Cons: Ray Wilson

Jan. 19

1: Ida Rosendahl; 2: Dick Mansfield; 3: Phyllis Bressler; 4: Myra Butler; Cons: Jim Mahoney

Jan. 26

1: Ida Rosendahl; 2: Fran Griswold; 3: Eleanor Giardina; Cons: Betty Barney

Feb. 2

1: Fran Griswold; 2: Paul Agarwal; 3: May Holtz; 4: Eleanor Giardina; Cons: Ray Dietz

Feb. 9

1: Mildred Lane; 2: Walter Hicken Looper; 3: Ginnie Barrett; 4: Betty Barney; Cons: Ray Dietz

Tuesday Afternoon Bridge

Agnes LaSala

Jan. 6

1: Ray Dietz & Maizie Millward; 2: Joe Zwick & Bernie Kelly; 3: Eleanor Giardina & Betty Morris

Jan. 13

1: Maizie Millward & Ray Dietz; 2: Shirley Stolly & Betty Morris; 3: Agnes LaSala & Carl Woodbury

Jan. 20

1: Marie Dare & Marion Wade; 2: Maizie Millward & Ray Dietz; 3: Kay Wood & Elsie Helwig

Jan. 27

1: Agnes LaSala & Carl Woodbury; 2: Betty Morris Shirley Stolly; 3: Joe Zwick & Bernie Kelly

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- ◆ Joint Pain & Stiffness

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Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information or to find a partner, call 861-5700.

Jan. 6

1: Harry and Ruth Tindall; 2: Doris Keathley and Mary Carol Geck; 3: Ted and Joni Jarvis; 4: Bill and Ida Carlson

Jan. 13

1: Ida Rosendahl and Dick Mansfield; 2: Harry and Ruth Tindall; 3/4 (tie): Bill and Ida Carlson & Bruce and Marjorie Benton

Jan. 20

1/2 (tie): Joan Lord and Rose O'Rourke & Harry and Ruth Tindall; 3: Bill and Ida Carlson; 4: Ida Rosendahl and Dick Mansfield

Jan. 27

1: Ida Rosendahl and Dick Mansfield; 2: Joan Lord and Jayne Kaske; 3: Doris Keathley and Mary Carol Geck; 4: Bruce and Marjorie Benton

Wednesday Afternoon Bridge

Fran Griswold

Many good things happened in January for our group. Sylvia Couch and Martha Woolley, sisters of Paula Beville and Liz Milleson, visited our group. Both are from Texas and play the game very well as they won first place at our bridge table.

The true spirit of caring came from Gordon and Virginia Blanchard and Grace Raymond. They donated many, many items for the Domestic Violence Center. Our bridge group is also very generous. It seems many people outside of our group continue to support the Domestic Violence Center. Good things can happen when we join together.

2009 is off to a great start! Let's remember we are, indeed, our brother's keeper.

Jan. 14

1: Pat Holmes (5130); 2: Ida Rosendahl; 3: Helen DeGraw; 4: Phyllis Bressler; Consolation: Esther Lang

Jan. 21

1: Sylvia Couch (4950); 2: Paula Beville; 3: Shirley Stolly; 4: Marian Wade; Consolation: Margo Thomas

Jan. 28

1 (tie): Martha Woolley & Gloria Richards (4150); 2: Ida Rosendahl
3. Pat Golgart; Consolation: Paula Beville

Feb. 4

1: Mary Culberson (6056); 2. Pat Golgart; 3: Shirley Stolly; 4: Carol Johnson; Consolation: Jeanette Oswald

Wednesday Night Duplicate

Doris Keathley

Jan. 14

1: Ida Rosendahl & Doris Keathley; 2: Doug Miller & Mary Carol Geck; 3: Bruce & Marjorie Benton; 4: Nancy Dreimiller & Rose O'Rourke.

Jan. 21

1/2 (tie): Nancy Dreimiller & Rose O'Rourke and Bill & Edith Hunter; 3: Joan Lord & Mary Carol Geck.

Jan. 28

1: Bill & Edith Hunter; 2: Ida Rosendahl & Doris Keathley; 3: Ted & Joni Jarvis.

Feb. 4

1: Bill & Edith Hunter; 2: Ida Rosendahl & Doris Keathley; 3/4 (tie): Mary Carol Geck & Joan Lord and Marjorie Benton & Caryl Rosenberger.

Feb. 11

1: Ida Rosendahl & Doris Keathley; 2/3 (tie): Nel Bosschaart & Marjorie Benton and Joan Lord & Mary Carol Geck; 4: Ted & Joni Jarvis.

Thursday Afternoon Bridge

Marion Turbin & Betty Legg

Jan. 15

1: Shirlee Wolcott; 2: Marie Dare; 3: Arline Duggan

Jan. 22

1: Joanne Jones; 2: Shirlee Wolcott; 3: Cleona Redman; 4: Alice McDaniel

Jan. 29

1: Marie Millward; 2: Marion Turbin; 3: Alice McDaniel

Feb. 5

1: Marion Wade; 2: Betty Legg; 3: Phyllis Silverman; 4: Shirlee Wolcott

Feb. 12

1: Eileen Brown; 2: Marion Turbin; 3: Lee Sheffer

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

Jan. 15

1: Phyllis Bressler; 2: Mary Culberson; 3: Ida Rosendahl; 4: Mildred Lane; Cons: Ron McNeilly.

Jan. 22

1: Dick Mansfield; 2: Jim Smith; 3: Ida Rosendahl; 4: Myra Butler; Cons: Helen DeGraw.

Jan. 29

1: Lee Sheffer; 2: Helen DeGraw; 3 (tie): Dick Mansfield & Fran Griswold; Cons: John Mataya.

Feb. 6

1: Ray Dietz; 2: Paul Agarwal; 3: Dick Mansfield; 4: Jim Smith; Cons: Irma.

Friday Night Bridge

Jack & Mickey Martin

Jan. 16

1: Rose O'Rourke; 2: Ginnie Barrett; 3: Agnes Weber; 4: Jayne Kaske; 5: Catherine Edwards.

Jan. 23

1: Phyllis Zwick; 2: Dick Mansfield; 3: Joe Zwick; 4: Marion Turbin; 5: Myra Butler.

Jan. 30

1: Mildred Lane; 2: Jayne Kaske; 3: Fay Rumens; 4: Eleanor Giardina; 5: Harry Tyndall.

Feb. 6

1: Bill Hunter; 2: Agnes Weber; 3: Erwin Fluss; 4: Serine Rossi; 5: Ruth Tyndall.

Friday Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all!

Jan. 16

1: (out of 40) Hank Hilovsky; 2: Joan Sigafoos; 3: Genny Brenner; 4 (tie): Irene Pisani, Zane Bennett, Jerry Pinter and Buck Chaillet; 5: Mary Hilovsky.

Jan. 23

1: (out of 33) Genny Brenner; 2: Sharon Dean; 3: Larry Bertrand; 4: Billy Swing; 5: Trudy Bertrand.

Jan. 30

1: (out of 40) Jan Harris had a perfect score of 60, congratulations! 2: Norma Noelcke; 3: Bill Eberly; 4: Ray Bock; 5: Joan Sigafoos.

Feb. 6

1: (out of 28) Zane Bennett; 2: Jerry Dean; 3: Nancy Kowsky; 4: Larry Bertrand; 5 (tie): Bill Eberly and Betty Legg.



Tuesday Night Pinochle

Viola Horton

The pinochlers welcomed George Geiger to the Single Deck Players. All pinochlers are welcome. No partners needed. Come to the Art Room in the Craft Building by 5:45 p.m. on Tuesday nights.

Jan. 6

Single Deck Winners

1: Vernon Uzzell; 2: Albert Novotny; 3: Bob Unangst

Double/Triple Deck Winners

Tables 1: James Nottingham; 2: Billy Swing; 3: Ray Bock & Virgil Taylor; 4: Anne Merrick & Charles Distler

Jan. 13

Single Deck Winners

1: Lois Rider; 2: Audrey Bartolotta; 3: Hank Kolb

Double/Triple Deck Winners

Tables 1: Anne Pelham, James Nottingham & Vi Horton; 2: Elsie Helwig & Billy Swing; 3: Virgil Taylor & Ray Bock; 4: Charles Distler & Jim Merrick

Jan. 20

Single Deck Winners

1: Bob Unangst; 2: Albert Novotny; 3: Karen Unangst

Double/Triple Deck Winners

Tables 1: Anne Pelham, Jim Mazzotta, & Vi Horton; 2: Jo Swing & Elsie Helwig; 3: Joe Scrivero & Charles Distler; 4: Anne & Jim Merrick

Jan. 24

Single Deck Winners

1: Lois Rider; 2: Dottie Findlay; 3: Rita Pinter

Double/Triple Deck Winners

Tables 1: Alberta Sarris, James Nottingham, & Vi Horton; 2: Jo & Billy Swing; 3: Ray Bock & Jim Merrick; 4: Charles Distler & Joe Scrivero; 5: Norma Yonke & Anne Pelham



Saturday Night Pinochle

Elsie Helwig

Jan. 17

1: Jim Cavanaugh; 2: Audrey Bartolotta; 3: Anne Jagielski

Jan. 24

1: Rita Pinter; 2: Audrey Bartolotta; 3: Norma Yonke

Jan. 31

1: Dottie Findlay; 2: Albert Novotny; 3: Mildred Ferrell

Feb. 7

1: Elsie Helwig; 2: Betty Legg; 3: Audrey Bartolotta



Cribbage

Greg Skillman

Jan. 16

1: Frank Chamberlain/Rose Marie Postin; 2: Phyllis Vallender; 3: Sheila Howell; Cons: Greg Skillman

Jan. 23

1: Elsie Helwig; 2: Frank Chamberlain; 3: Rose Marie Postin; Cons: Mary Ehle

Jan. 30

1: Sheila Howell; 2: Greg Skillman; 3: Alberta Sarris; Cons: Rose Marie Postin

Feb. 6

1: Jenny; 2: Norma Yonke; 3: Alberta Sarris; Cons: Elsie Helwig

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D'Clowns
Paula Magen

February roared in like a lion and seems to be leaving like a lamb as we approach March. We certainly had our share of prolonged frigid temperatures.

Never Mind, March

AUTHOR UNKNOWN

Never mind, March we know
When you blow
You're not really mad
Or angry or bad;
You're only blowing the winter away
To get the world ready for April and May

D'Clowns did their monthly show for Summerville West memory support group. All of the residents had a fun filled hour. They loved our skits, antics, jokes and magic. A sing along is a favorite. A Valentine theme was used. It was fun breaking in a new clown. She was terrific with the people and skits.



Ocala
Clown Express
Kathy & Charlie Petrosky

It is hard to believe that spring is just around the corner. We sprang back into our clowning in February.

We had the hospital every Thursday. It was great seeing the children. They love our puppets and clowns who tell them about bike safety, fire safety and don't talk to strangers. We danced and sang. They loved our magic tricks. As we walked over to the main building, it was fun to talk with the visitors.

Our group of clowns, who will be visiting local assisted living and nursing facilities each month, got together. They created a program to entertain the people.

We plan to be at The Bridge assisted living residence in mid-February. It has been a while since we entertained at this beautiful place. We look forward to it.

Along with our usual monthly commitments, March and April will find D'Clowns in some huge events. Starting with March, we will be participating in "One Child at a Time," a fundraiser for Covenant Children's Home. This residence will provide a safe haven for children who are orphaned, abandoned or abused. It will provide a family atmosphere. D'Clowns were requested to perform their humorous skits along with wonderful entertainment featuring the best of On Top of the World entertainers. To be held at the Health & Recreation Building on March 15.

Our April participation in Paas Eggstravaganza is an annual event for us. Hundreds of children enjoy the Easter egg hunt, rides, etc. Several clown groups are kept very busy with face painting, tattooing and balloons.

At the end of April, D'Clowns will again appear for March of Dimes Walk for Healthier Babies. We will greet hundreds of participants with our squirt guns and cheers as they cross the finish line.

Happily we are welcoming two new clowns to our group. It will be fun to train them, which will be a group endeavor.

Want to thank all the lovely people who responded to my ad for Mardi Gras beads. We never have enough. The seniors we visit and the kids love them.

D'Clowns is a fun group. We would love to have you visit us at our meetings. They are the first and third Mondays of the month at 1:30 p.m. at the Arbor Conference Center in Suites B and C. For additional information, please call Paula at 873-3433.

Remember, a day without a smile is a day without sunshine. Happy St. Patrick's Day!

We even had a practice and enjoyed ourselves. It is fun just singing, dancing and doing some tricks. We know we get lots of smiles with that and we have a great time too!

Once again, IHOP asked us to help with their Customer Appreciation Day. March will be a busy month and I will tell you about that in my next article.

At our clown meeting, we had a chance to talk about training. You know there is always something new to learn. We talked about face painting. A review of our techniques was done. We also reviewed painting our own faces. When we go out to festivals, we do a lot of walking around and greeting people. We are going to take time to learn some new things to do and we share ideas with one another.

We find that clowns love to help other clowns. We are going to learn how to make hand puppets. This will all be done during the year at meetings so if you are thinking of joining us you will be learning too!

It is a great way to give back to the community and enjoy yourself as well.

If you would like to give clowning a try, we would love to have you come to a meeting and get to know more about us. You can always call Dotsy, aka Carol White, at 873-9223 or Rosy Nosey, aka Marge at 291-0077.

Why not come to a meeting? We meet the first and third Mondays at 3 p.m. in Building 300 at TimberRidge. Who knows, you may want to "earn" some smiles too!

Gum Drop and Toot



Photo by Linda Ward

Ladybirds at the Birthday bash.



R/C Ladybirds
Barbara
Toepen-Sprigg

After that cold winter, it sure feels good to move to spring. The Ladybirds helped the transition in February with their annual Valentines Day party, which featured an excellent potluck supper devoured by both the Ladybirds (delicately) and their RC Flyer spouses (enthusiastically).

The subsequent week, lunch was held at Gators Dockside, a place new to Ocala but one of a small chain of Central Florida restaurants.

Coming up in March will be a trip to a local horse farm well liked by the Ladybirds.

They will be going to the New England Shire Center on SW 134th St. Rumor has it that there will be four new colts to admire - since they average 500 pounds at birth, these are not your average babies! A chance to travel around the paddocks feeding carrots to the gentle giants is always a happy occasion.

Renee Aden, our featured member this month, is both a businesswoman and an artist. She started adulthood with a scholarship to the Minnesota School of Art and Design.

After two years, at age 19, married, and started her family of three children.

She also started a small embroidery business in her home.

In 1981, she moved the business, Letter Perfect Embroidery, out of her home into leased space and purchased her first computerized industrial embroidery machine.

Her daughter joined the firm in the late 1980s, and gradually the firm grew to 58 embroidery heads and 15 employees.

Renee especially enjoyed working with and training their many employees, watching them learn and accomplish new tasks.

In 1999, both women decided to sell the business, Renee to retire and Lisa to spend more time with her family.

During this time, her first marriage dissolved and in 1990 Renee was looking for a new partner. Not having much luck with more conventional methods, she advertised by putting a personal ad in an entertainment magazine.

The "headline" of her ad read "The Best is Yet to Come" and Jim Goulet's response was too good to give up. They have been together ever since.

Renee has added two more skills to her repertoire in retirement. She is both a quilter on an industrial "long arm" quilting machine (which remains in her summer home in Minnesota), and also has become a certified instructor for One Stroke Decorative Painting. Think she has a pattern here?

Over the past 40 years she has taught ceramics, drawing, painting and calligraphy to adults and children in such settings as adult education, community centers, RV parks, quilt shops, JoAnn Fabric and Decorating Masters. She looks forward to teaching One Stroke classes at Master the Possibilities this March.

Jim and Renee moved to On Top of the World in November 2007 because the R/C flying field in Ft. Myers kept moving further and further away from their home in Lehigh Acres.

They are "snowbirds" and have the best of both worlds - Crosslake, Minn. in the summer and Ocala, Fla. in the winter.

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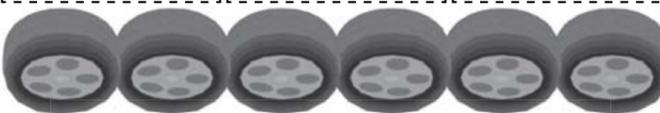
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Shutterbugs Photography
Marilynn Cronin

The ShutterBugs will have a continuing display of photos (changed out every other month) at Freedom Library. Tom Frostig had a display of large-format photos at Freedom Library during this time. Dennis Phillips had a one-man display at Master the Possibilities.

Our schedule was changed in February. Mike Gattozzi coordinated the show-n-tell of members' photos from our field trip to Homosassa Springs. The field trips were to the State Fair (around 21 attended and saw everything from the steer judging, police horse riding, pig races, ate at Jack Daniels' floating restaurant, saw the



Photo by Doris Mauricio

Lou the Hippo at Homosassa Springs.

Steam-Engine exhibit, petting zoos for the kids, dog shows, etc.). We also went to Rainbow Springs for Cracker Days. Gary Uhley did a basic camera class, having members bring their cameras and manuals. Tom Frostig began teaching on creating projects in Elements: greeting cards, photo galleries, online sharing and slide shows.

Seventy-two members have already joined this year. We are trying to meet the needs and requests of our members, so our regular schedule will now be: first Tuesday, basic camera/photography or Photoshop Elements classes; second Tuesday a show-n-tell of field trip and challenge photos, with a soft critique; third Tuesday is advanced PhotoShop Elements; and the fourth Tuesday will be a field trip.

Dennis Phillips will give the basic photography class in March on how to improve your photography techniques. Our field trip in March, conducted by Charlie Smith, will be the Heritage Nature Tour (Dora Canal & Dead River Tour).

Photo Tip

Evolving Your Personal Style—As a photographer you have certain areas of photography that are your comfort zone. Use the conveniences of digital photography to your advantage and you will find yourself evolving into a better photographer. You can evolve over time if you pay close attention to the details. The best way to tweak your style is to begin noticing what it is you like about other photographs. We all come across photos that make us stop and think; study those photos and try to decipher what it is about it that caught your attention. What about those photographs are different from yours? One of the best pieces of advice I've heard recently was to walk around using your eyes to take in the scene, considering it from all angles, figuring out what you really want to photograph.

Slow yourself down, don't take a photograph just because; make an image that you have put some thought and consideration into. Once you have taken a photograph, look it over to see what you could change to improve on your original image. By taking your time, you will evolve into a better photographer and your images will be your proof. —Melissa Macatee, PopPhoto Flash

ShutterBugs Photography Club stresses education, sharing, and fun!

The ShutterBugs meet at 3 p.m. in the Arbor Conference Center, Suite B and C. All residents at all skill levels are welcome to join. If you would like more information, visit our website at www.otowspc.com or contact Gary Uhley at 854-8536 or e-mail at atbugs@otowspc.com.

Frosty Mornings



Photo by Ray Cech

On Feb. 9, the temperature reached a low of 19 degrees. This orange tree belongs to Jessie and Ron Mayberry on SW 97th Lane; originally from Jacksonville, FL and Maine. They knew how to save their tree by shrouding it in ice, but gave their neighbors a sight not very often seen in On Top of the World.



Photo by Jerry Schajatovic

"Grass of ice" on Jan. 21 at hole #4 on SW 90th Terrace.



Photo by Larry Blockberg

In honor of the cold weather, Don and Kathy Grosner of 8585 SW 82nd Terrace inflated snowmen on their front lawn on Feb. 6.



Photo by John Bauer

Photo of a bird.

On Top of the World. Communities

BUS SCHEDULE

PICK-UP	ROUTE	TIME
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - 85th Ter. Rd.	9:02 am
Friendship Village	96th Lane - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign
Indigo Community Center Parking Lot Call Health & Rec. one day in advance for pick-up

OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

1st RUN	2nd RUN
Kohl's 1st Run Only 10:00 am 11:15 am	Paddock Mall 12:00 pm 1:40 pm
Lowe's 1st Run Only 10:05 am 11:30 am	Wal-Mart 12:05 pm 1:45 pm
Paddock Mall 10:10 am 11:35 am	K-Mart 12:10 am 1:50 pm
Wal-Mart 10:15 am 11:40 am	Gateway Plaza 12:15 am 1:55 am
Target 1st Run Only 10:20 am 11:45 am	
K-Mart 10:25 am 11:50 am	
Gateway Plaza 10:30 am 11:55 am	

GROCERY STOP.....LAST STOP OF DAY.....30 MIN. SHOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)
Grocery Run...Every Monday....(Publix or Winn-Dixie)....Start Pick-up @ 5:45 pm....4:40 pm....5:40 pm

1st & 3rd Tuesday Supper Get-A-Way ...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm (CALL TO MAKE YOUR RESERVATION...ONLY 21 SEATS AVAILABLE EACH TRIP)
* Restaurant Location Posted in Bus, On TV Channel 17 & 22, or Call Number Below *

Sam's Club.....2nd & 4th Wednesday of the Month.....2:10 pm....3:30 pm
Beall's & Wal-Mart.....(Hwy 200 W)....1st & 3rd Thursday of the Month.....12:30 pm....3:30 pm
(1st Run Ocala...2nd Run Walgreens (15 min), Big Lots (30 min), Beall's (1 hr) & Wal-Mart 1 1/2 hr)

***For information or reservations call Health & Rec. @ 352-854-8707 ext. 10**
EFFECTIVE NOVEMBER 3rd, 2009/JF

Sunday Brunch

Candler Hills, Restaurant

8:00 A.M. TO 1:00 P.M.

- Menu -

FRESH FRUIT
SCRAMBLED EGGS
BACON
HOMEFRIES
ASSORTED DANISH
BAGELS
COFFEE AND JUICE
MADE TO ORDER OMELETS AND EGGS

\$7.95
PLUS TAX & GRATUITY

(352) 861-9720 ·
8139 SW 90TH TERRACE ROAD · OCALA, FL 34481

For Sale

Bedskirt: Queen size, matelasse, ivory color, excellent condition, \$20. 237-9073

Club Car Golf Cart: like new, brake lights, turn signals, horn, windshield & cover. Call 237-6637.

Computer Monitor: Brand new, 19" flat screen. 237-4482

Dinette Set: 36" round glass top table, 48" high, 4 chairs, excellent condition, \$175. 362-6290

Entertainment Center: Coconut Grove style, 74"x72", 2 months new, perfect condition. 237-6062

Estate Sale by Ruth: Fri., Mar. 13 and Sat., Mar. 14, 9 a.m. to 1 p.m., 8711-C SW 91st Place (Friendship Colony). Complete contents of home; no pre-sales.

Faux Wood Blinds: Good condition, two 69"x37-1/2", two 35-3/4"x24-3/4". Asking \$75. 873-8358 evenings.

File Cabinets: 4-drawer light grey metal, letter size, new condition, \$40 each. 873-3994

Garage Sale: March 6, 8 a.m. to 4 p.m. Ladders, GPS system, electric saws and screwdriver, hand tools, flashlights, paintings, bags, patio set, xmas decorations, lots of misc. 9979 SW 90th Loop (Avalon).

Garage Sale: March 7 & 8, 8:30-3; Misc. items for sale, keyboard, tools, Christmas décor, etc. 8459 A & B SW 90th Street.

Garage Sale: March 14, 8:30-1; Something for everyone. Low prices. 8986 SW 99th Ct. Rd, Avalon. Follow the balloons.

Garage Sale: March 18-21. Sony Bravia HDTV 32", 1-1/2 years old, small electric kitchen appliances, table lamps, furniture, Sony tape deck, Sony receiver, speakers and lots more. 8303 SW 82nd Circle, Candler.

Garage Sale: March 12, 9-2. Bedding, kitchen items, clothing, red hat, miscellaneous, some new items. 9065A SW 82 Terr (Friendship Colony).

Golf Clubs: Callaway, men's right-handed, regular shafts. 4 Great Big Bertha II woods (driver, 3, 5 and 7); 9 Big Bertha irons (4 through 9 and pitching, gap, and sand wedges. \$500. 873-9440

Misc. Items: Fishing equipment: 14 rods, 12 reels, 4 tackle boxes with tackle, electric fish scaler, bucket of misc., 2 life jackets, box of flies and poppers, boat horn, sell all together. Tennis racket and balls. 854-9629

Misc. Items: La-Z-Boy hide-a-bed fabric sofa \$75, wingback recliner \$50; swivel chair \$30, oak coffee table with glass insert and 2 end tables \$50; 2 brass lamps \$25, coordinating wall picture \$30, or \$225 for all. Stereo/media stand \$25; like new Health Rider \$50. 854-9764

Misc. Items: Men's left-handed golf clubs and bag, never used. Fondue set, Black and Decker electric jar opener, 1-1/2 qt. Ice cream maker, electric chain saw, free fireplace wood. 854-8347

Misc. Items: Metal queen bed frame, 2 beige bar stools, 2 beige loungers. 861-5556

Misc. Items: PUR filters, white; boy's brown polyvinyl winter jacket with sheepskin collar, size 18-20, new; new cranberry color clothes hamper, 25"x20"; ladies Dexter bowling shoes, size 7-8; ladies bowling ball, 10-1/2 lbs, black; two twin-size bedspreads, pumpkin color. 873-4289

Misc. Items: Queen size sleeper sofa, like new, \$200; 2 easy chairs, \$100; blue swivel rocker, \$50; cream colored chair, \$50. 237-5150

Misc. Items: Round site table, \$5; book case, like new, \$8. 854-0394

Misc. Items: Two Victorian parlor chairs, blue velvet, \$125 each. Welso exercise bike, \$40. 732-2141

Pet Carrier: For small dog or cat, leatherette, never used, \$35. 861-0928

TV: 27" JVC, color, excellent condition. 873-3742

Slot Machines: matched pair of Japanese electronic, full size slot machines. Machines use custom slugs provided. Excellent condition. \$200 each or \$350 for both. 873-1859

Water to drink: Penta ultra-purified, antioxidant and energized water with no additives delivered to your door. Call 873-2100 for info.

Wheelchair: Adult size, collapsible, with removable arm and foot rests, \$100. 861-0928

Word Processing Typewriter: Brother, perfect condition, \$20. 873-6960

Services

Alterations by Betty: Alterations by appointment only. 50 years' experience. A Pine Run resident. Call Betty at 237-9909

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259.

Ameratek Pressure Cleaning: Driveways, porches and sidewalks. Licensed and insured. High-tech and high pressure. Special pricing for

Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$20; four lines is \$25 and five lines is \$30. A six-month rate, paid in advance, is also available. Call 854-0248 or e-mail otownews@otowfl.com for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Pressroom door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

On Top of the World residents. Call 425-3562.

Black Dog House Check, LLC 504-6464. Seasonal/vacation house check service. Weekly detailed checks. Ins/bonded.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Cardinal Window Cleaning, LLC: 38-year local resident. Windows, screens, tracks, inside and outside. Free estimates. 817-2979. Phillip.

Caregiver or Companion: I will come to your home and help you. Call 470-9191.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for nine years. Dry in hours, not days. 10 percent off first-time clients. 307-4100

Carpet Cleaning Specials: 2 rm/\$59, 3 rm/\$79 truck mount, deep clean/carpet restretching, ceramic tile/grout clean, vinyl floor restoration, new flooring. Call owner, Pat More 516-3565.

Cat Boarding and Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

Chair Railing and Crown Moulding: professionally installed, free estimates. Call Tom at 288-6148.

Christian Cleaning Co: Will cater to your needs. Established Ocala business. Offering 20% discount on your first cleaning. Licensed and insured. Call Master's Building Maintenance for free estimate. 208-5132.

Computer Repair: Hardware/software repairs, virus/spyware removal, networking, consulting & training. Call Troy's Computer Clinic at 817-2834.

Computer Setup and Training: At home service. Senior rates, \$25 per hour! Have fun and learn! Call Kathy at 861-7719

Countertop and Cabinet Resurfacing by Zino's. Call 895-4445.

Electrical Services by Mike: Master electrician servicing all phases of electrical work. Very reliable, reasonable and free estimates. On Top of the World resident, call 854-3340 or (216) 798-3410.

Errands/Personal Shopping: Wouldn't it be nice to have someone pick-up your dry cleaning, return your library books, service your car, and buy groceries for you? Hiring an organizational professional can make life easier! \$15/hr for OTOW residents. 464-2486 or 209-7298

Experienced Licensed Massage Therapist: Swedish, deep tissue and facelift massage. On Top of the World resident. (352) 237-7042.

Extra monthly income: Help bring environmental and family solutions to real world problems. Jerry (303) 469-4537. Call for catalog. Visit: www.ecoquestintl.com/jdb.

G&G Cleaning Services: Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873.

Garage/Tag Sales: Garage sales are hard work! But knowledgeable assistance with pricing, display, advertising and set-up can mean the difference between wasted time and profitable sale. Senior discount for OTOW residents. 464-2486 or 209-7298.

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handy-Helper: Light yard work, clean gutters, wash windows, shampoo carpets; anything you don't like to do. On Top of the World resident. 291-6964.

Handyman: Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

Handyman: Prompt, reliable service for your home project. Installations, repairs or renovations. Call 895-1544 or 625-7549. Visit us: www.someassemblyrequired.name.

Handyman Services by Oden Inc.: Servicing your community with low and fair prices for any type of home repair, remodeling, maintenance, installation and yard work. Lic. & ins. For free estimates call: 207-5930.

Help-U-Fix-It! We do honey "do's" and odd jobs! Installations, repairs, renovations, maintenance.

Keep up your properties. Call (352) 694-3366.

Home Sewing: cushion covers, bed skirts, dinette seats, pillows, tablecloths and napkins. On Top of the World resident. Call 237-6760.

Hometown Cleaning Services: for all your cleaning needs. Insured and bonded. Call 245-6736 or visit www.hometowncleaningservices.com.

House Cleaning by Belgica's Cleaning Services. Free estimates by appointment. Call (352) 361-1442.

House cleaning, rides to appointments or help with shopping. \$7/hour. Call Sharon at 304-8419.

Income Tax done in the comfort of your own home. 35 years' experience and reasonable fees. Call for an appointment, Kenneth Cox at 854-9342.

Income Tax Service: Professionally done, e-file: fast refunds, federal and all state returns. On Top of the World resident, Salvatore V. Le Donne E.A. Call 291-2413. If no answer, leave message.

Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Landscaping: Beautify your yard and home! Trimming, weeding, edging, pressure wash driveways and gutters, wash windows and general maintenance. On Top of the World resident. Steve at 237-5338.

Memorabilia: Photos, artwork, collections - your mementos should be taken care of! Get your memories out of that cardboard box, and store them in a way that protects and enhances your treasures. Senior discount for OTOW residents. 464-2486 or 209-7298

Notary Services and Signing Agent: Will come to your home. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. On Top of the World resident.

Painting by Bruce LLC: 38 years' experience. Free estimates. Interior, exterior, staining, dry-wall repair, pressure washing, specializing in repaints. Licensed, insured. (352) 546-4553.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years' experience and licensed, winter specials. 237-5855

Pressure Washing: "Don's." Free estimates. Remove mildew from driveways, porches, pa-

tios, walkways and clean the gutters. On Top of the World resident. 873-6225.

Pressure Washing: house or driveways. Call On Top of the World resident, Okey. Free estimate 237-6637.

Pressure Washing: Really hot water. Most driveways \$30. Call 269-4249.

Private Home Care RN/LPN team: Long/short term, respite and weekend care. Excellent rates and references. 362-5073

Professional Painter: 20 years exp., quality interior painting, wallcovering, driveways, garage floors. 362-1863.

Professional Painting: \$99 per room special. One coat of any pastel color in any room. \$99 includes Sherwin Williams Best "Duration." Clean, reliable service by lic. & ins. contractor. 30 yrs. exp. & references list. Free est. 620-5370.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Turn your records & audio tapes into CDs. Up to 80 min of audio for \$7. Direct disc labeling. On Top of the World resident. 237-4482.

Web Site Design: Basic site \$100. Hosting options available. Call 269-4249.

Wanted

Anyone interested in starting a bouree game? It's a Cajun gambling card game. Call 861-1878

Buying all types of items: Furniture, tools, kitchen, jewelry, collectibles. Anything & everything. One price for it all. Call Marty 274-3178.

Coin collector wants to buy old coins, silver, gold, old silver dollars and proof sets. On Top of the World resident. Ted at 861-6964.

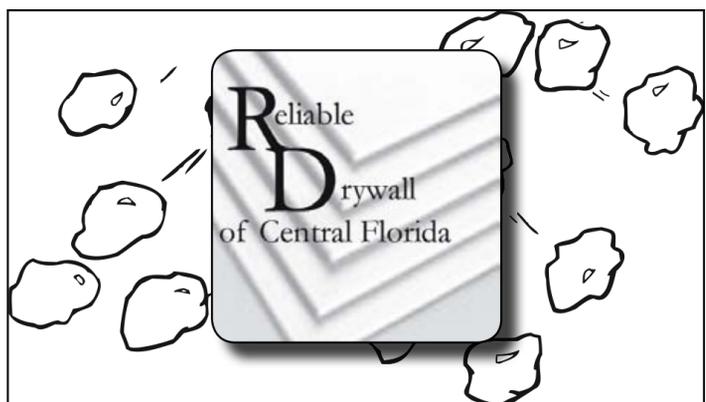
Golf Cart: Any make or model, used. 854-3340

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

State Quarters: (D) mint, will exchange (P) mint quarters. 237-7255

Lost

Beloved cat, Charlie. Long orange hair, white around neck, underbelly and paws. Last seen in Crescent Ridge. If you have "rescued" him, thank you. Is he okay? Will pick up. Any information, please call 854-4508.



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