



Community News & Update

By Kenneth Colen, Publisher

Community Documents and the Passage of Time

Time flies when you're having fun, or so the old saying goes. We recently reviewed the Articles of Incorporation and By-laws for the On Top of the World (Central) Owners Association, Inc., to ensure they are in compliance with current State law and general practice. Not surprisingly, things have changed a great deal since 1981 when the first Articles were adopted. Although the By-laws are considerably newer, recent legislative changes mean that we need to update them as well.

In late August, we sat down with 14 residents from a variety of community clubs and organizations to listen to input on the proposed changes. It is a good thing we did, because they came back with some practical considerations and suggestions, which we have incorporated.

The process for amending the Articles and By-laws is a two-step process. First, the board meets and considers adoption of the proposed changes. In that regard, we have set a meeting date for Oct. 21 at 9 a.m., in the Health & Recreation Ballroom for this purpose. You should receive a mailing soon, which will contain an agenda for this meeting as well as other information with respect to this special meeting.

Second, if the board approves the proposed changes, then those approved documents will be circulated to the Association Members in a mailing approximately 30 days in advance of the Dec. 16 annual meeting. A proxy card will also be attached to return your vote to the Association. In order for these documents to become effective, we need the consent of 66% of all owners. Don't worry; these documents will be in plain English! The main points in the Articles and By-laws that need updating are as follows:

- Changing the address of the Association;
- Adding updated age restriction language (now a legal requirement) to the Articles and By-laws;
- Assuring cross conformity - Articles with the By-laws;
- Conforming use of proxies, as defined in Chapter 720.306(8), F.S.;
- Reducing the requirement for a quorum from the current 33.34% to 20%;
- Changing the number of board members from "five," to "not fewer than five";
- Removing the title for "Executive Vice Chairman" as we do not have one;
- Revising the two-step process of amending By-laws to allow (1) approval by majority of the Board (vs. all Board members), and (2) a majority of the entire membership of the Association (instead of a supermajority);
- "Official Records" and "Financial Reporting" sections brought into compliance with F.S. 720.303(4) & F.S. 720.303(7), respectively.

The proposed changes will be posted on the www.ontopoftheworldinfo.com website.

I'll go into much greater detail in the November mailing should the board approve the proposed changes. Generally, the changes as proposed are very practical and reflect the day-to-day complexities of Association operations.

As any community grows in size, unless the quorum requirement is adjusted from time to time, it becomes increasingly hard to bring in the required number of votes to meet the quorum requirement. As a practical matter, people may be traveling, others may be ill, and there is always an apathy factor in any electorate. Reducing the quorum requirement is really a very practical approach to making sure the business of the Association can be conducted.

If you have any questions, as always, please write to the Association Secretary at: 8447 SW 99th Street Road, Ocala, FL 34481.

Any questions regarding the proposed revisions will be addressed at the board meeting on Oct. 21 as well as the Annual Meeting on Dec. 16. The changes are very necessary to ensure the Association remains in compliance with current law as well as to allow On Top of the World to continue to be a well-run and livable community.

The Importance of Insurance

The recent fire in a villa within Americana Village is definitely a wake up call on a number of levels. Although all the significant fire damage was contained to that individual unit, the challenge now becomes clean up and recovery. Certainly, it serves to underscore the importance that every owner be fully insured.

While the Association takes the lead in the recovery and reconstruction process, a failure of any owner to carry insurance on their contents will inevitably leave a

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Photo by Lois Rider

John Mataya, left, and Vernon Uzzell sporting their gold medals in San Francisco.

Medal Winners in National Senior Shuffleboard Games

By ROBERT RIEDEMAN

During the first two weeks of August, over 9,000 athletes from around the country took part in the National Senior Shuffleboard Games at Stanford University, San Francisco, Calif. Two On Top of the World Shuffleboard club members, John Mataya and Vernon Uzzell, participated in both singles and doubles competition.

John came in fourth in singles competition playing in age bracket 80-84 and Vernon won a silver medal coming in sec-

ond in age bracket 85-90. They were partners in doubles competition and won the gold medal - first place.

In order to be a contestant at the national level, the players had to qualify a year earlier at their statewide shuffleboard games. John and Vernon won a place in the national games by qualifying at the Florida local level games held in Ormond Beach, Fla. and qualifying at the Florida state level games held in Fort

Myers, Fla.

John Mataya says that the games in San Francisco were exciting and challenging since he and Vernon were not familiar with playing on a vinyl court using plastic beads (to reduce friction). He adds that he is looking forward to qualifying for the next series of senior games to be held in Houston, Texas in 2011.

Help Find a Cure

By RAY CECI
WORLD NEWS WRITER

Monday, Oct. 19 is the day that On Top of the World residents and employees will have the opportunity to do their part in contributing towards the cure for breast cancer. Sally Collins and Cammy Dennis have put together an afternoon that will get us all a bit of exercise and at the same time give us a bit of self-satisfaction. Here are the particulars.

The date is Oct. 19, and registration begins at 2 p.m. for a 3 p.m. start time. We will rally at the Golf Shop, do a few stretches and, at the 3 p.m. gun, walk part of the Links golf course...about two miles.

If you are not up for walking, you can

still be a contributor by forming a golf cart parade behind the walkers. Contributing fees will be \$5 for walking and \$10 per golf cart. Of course, it is hoped that additional contributions will be made.

Note that 75% of your contributions will go to the local Susan G. Koman Foundation for the Cure of Breast Cancer, and 25% to the National Program for Research. By the way, if you can't make it either in sneakers or golf cart, you can still donate by stopping by and dropping a few bank notes into the donation box.

Both Cammy Dennis and Sally Collins hope that On Top of the World residents and employees who now don't maintain an exercise schedule will find the walk inspirational, and pledge themselves to do more for their own well being through a regular exercise program.

It's a great way to stay healthy at any age. Meanwhile, remember to mark your calendars, grab a friend or two and meet fellow walkers at the Golf Shop on Oct. 19 at 2 p.m.

2009 Food Drive Campaign

By BARBARA THOMAS

In late August, On Top of the World received an urgent call from Interfaith Emergency Services, Inc. director, Gary Linn, requesting food bank donations. Over 85 applications are received daily seeking a way to feed their families. The request to assist the food bank was broadcast throughout On Top of the World and many of you donated generously.

Community service is an integral part of life at On Top of the World. Our residents and employees rise to meet the challenge daily. 2009 will mark the eighth annual collection of non-perishable food, paper goods and personal hygiene products to aid local individuals and families in need. The collection will be distributed by the local not-for-profit service agency, Interfaith Emergency Services, Inc.

With the economic market stress and unemployment continuing to rise, the community needs to

outpace local agencies supply. Most food pantry shelves are bare. Our residents and employees respond generously every

year.

In order to keep up this community service project, we need several volunteers to step forward. These individuals would:

Plan the 2009 campaign theme and dates of the drive (usually one meeting)

Work with On Top of the World marketing staff to design a media campaign to inform residents and employees

Place collection boxes in the community centers and offices within On Top of the World (with posters explaining the cause)

Collect the goods when the boxes are full and at the end of the campaign to a common area for the service organization to pick up.

Many have volunteered or contributed in this worthy cause in the past and I hope you come forward to be a part of the campaign. I look forward to working with those who volunteer. Please forward your name, phone number or department/location and e-mail, if applicable, to: Barbara Thomas. You may do this by calling Customer Service at 236-6869.





On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal? Gerald Colen

Q. For more weeks, months and yes, years, than I care to remember, I've been getting flyers and letters telling me it's time to get my estate in order or telling

me that my existing living trust may fail by not fully protecting my children from getting their inheritance (small as it is!) from their divorces or from lawsuits filed against them or from their creditors. Other "missives" I've been getting, say that I need to make sure my trust does what it can to protect my IRA and 401-K (who still has a 401-K in this economy?). Also, my trust was written in 2003; but I am told there is a new trust law that went into effect in 2007. And finally, and this is really the only one that's got me worried: I'm told that my living trust must comply with HIPAA. I am a former legal secretary, long-since retired. So, what's going on here?

A. Wow! So many questions, so little column-space in which to answer, but here goes. First, you are getting all these flyers and letters (and although you didn't mention it, I also assume you are getting invitations to "free lunch" seminars on financial planning) because, in no particular order, (a) you live in Florida, (b) you are retired, (c) folks who put out these

Golden Oldies Humor

By Stan Goldstein



**One nice thing about egotists,
they don't think about other people!**

flyers, letters or free lunch seminars are, themselves worried about the economy as it affects their own livelihoods, (I assume by now that you know there is no such thing as a free lunch).

In my humble opinion, the purpose of some—not all for sure, but some—of this stuff is to frighten folks so that they rush to the seminars and sign-up for whatever products or services they are seeking to get you to purchase from them.

Now, let me run through some of the issues you've raised.

1. Notice that apparently, the flyer you got discussed that a trust might not fully protect your children from getting their inheritance, or from their divorce, or from their lawsuits or from their creditors. Well, yeah, your trust might not do that especially if, as is often the case, you are not aware of whether your children or relatives even had such problems.

Frequently, our kids don't let us in on their financial problems or, more likely, of course, we don't want to know that stuff. However, almost all living trusts automatically do all they can to protect against those very issues.

If you don't believe me, and if you have a trust, take a look at it and see if there is something that has the term "Spendthrift" or "Spendthrift Provision." If you find that and then some language contained in the paragraph dealing with spendthrift provisions, then you know that to the extent it is possible without you having more information from your children or relatives, your trust is doing all it can to protect them from divorce, creditors, litigation.

2. Does your trust protect your IRA or 401-K? Well, this one is interesting. You see, your IRA or your 401-K (or 403-B) or other pension plan should not be held in the name of your trust, since these are probate avoidance estate planning mech-

anisms in and of themselves.

If—I said if—you have a situation where a beneficiary or beneficiaries are disabled or are otherwise not capable of managing money, then you might want to name your trust as a beneficiary of the IRA or pension program. By doing this, you could then provide how your successor trustee can dole out funds to the beneficiary or beneficiaries who might need help in managing funds.

In this situation, your trust should have special provisions to enable the trustee to manage funds as you might direct.

3. HIPAA stands for Health Insurance Portability and Accountability Act. Among other things, this sets forth the privacy requirements of Federal law. Most living trusts permit the trustee or successor trustee to access all information that might otherwise be protected from disclosure by HIPAA. Admittedly, not all do. However, in my opinion the key document in regard to HIPAA, is not necessarily the trust; but rather, it is the Advance Directive and/or the Durable Power of Attorney, which everyone should have.

Of course, I can only speak for the documents I draft; but all of the ones I draft provide what is necessary for HIPAA compliance. My thought is that documents drafted by other attorneys will do the very same.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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Photo by Ray Cech

Chuck Brittingham showing his talent.

Got Talent?
Ray Cech

Whenever one thinks of wood carving what probably springs to mind is an image of a couple of guys in wicker-backed chairs in front of the old barber shop whittling away on a piece of discarded wood. A scene out of Andy Griffith or maybe "Gunsmoke." Now fast forward to reality.

Chuck Brittingham, a seven-year resident of On Top of the World, has been a longtime woodworker and carver. To visit with Chuck and his wife, Pat, is like stepping into Picasso's home, if wood had been his medium.

Sometime back in the early 70s, Chuck was managing a Sears service center outside of Dayton, Ohio. In those days, if you remember, their products never broke down and seemed to last forever. This gave Chuck and his boss plenty of rest and relaxation time in the shop. The boss was a master wood carver and Chuck the master student, and one day after studying the boss's technique and thinking, "Hey, I can do that," he took home a piece of wood and started carving.

After only a year, Chuck Brittingham

entered some of his pieces in a craft show in Michigan City, Ind. That show was his "wow" factor, taking home five ribbons, including a first place in the animal, realistic category. Not bad for a first-timer!

And as his wife tells it, that's when all those tools started showing up in the garage: band saw, chisels, grinder, knives and whatever else the garage and their checkbook could accommodate.

"Then and now," said Chuck, "I find carving the most relaxing and rewarding pastime of anything I've ever tried my hand at."

As Chuck explained to this novice, there are many different styles and techniques to wood carving, but most of us would be familiar with what you see in the photo. It could be a caricature, a rounded statue or a real-life duck carved from a variety of woods having different shades that bring the whole figure to life.

The wood going into keepsake boxes, for example, may come from four or five different trees, while a 40s style cabinet sitting in Chuck's living room is singularly constructed of light oak. But they are all one of a kind masterpiece.

Watching On Top of the World neighbor, Chuck Brittingham, work his magic with a chisel and knife brings a whole new meaning to whittling. Don't think Barney Fife, think Picasso.



Shutterbugs Photography
Marilynn Cronin

The Fourth Annual ShutterBugs Exhibit is Nov. 2 - 7. The reception will be Tuesday, Nov. 3, from 4 to 7 p.m. Members are sifting through their shots for their entries. You have to be a member of the ShutterBugs to enter; new members are allowed to enter any 8" x 10" borderless photo they have ever taken unlike ongoing members whose shots have to be from the last year. Photos will have to be in the first week of October. Judges haven't been finalized as yet, but they will be different from the past two years.

The displays at Freedom Library are ongoing, and we will also be having a special display/sale on Oct. 13 in the meeting room of the library from 2 to 5 p.m.

The displays at Master the Possibilities for September was a one-man show of photos by Charlie Smith. October will see a photo display by our committee chair, Norbert Sachs and November will be John and Annette Ware.

Our field trip in August was to Don Garlit's Museum of Drag Racing, where 17 of us were amazed by the array of cars and memorabilia. Lunch at Cracker Barrel was fun and they assured us, calorie

free!
In September, we caravanned to Pat's Island - the Yearling Trail in the Ocala National Forest.

The first Tuesdays of the month have been reviews of photography basics. Tom Frostig will be continuing lessons on correcting exposure and using blend modes to lighten and darken photos on the third Tuesdays.

PHOTO TIP: Flowers are often thought of as motionless subjects. They don't run when you approach, they stay in the same place all day, and they don't try to bite you when get too close. However, flowers do move, creating flower-photography challenges from random motion. Wind, even gentle breezes, can cause enough motion in flowers to create blurry images. Insects on flowers can also cause sudden motion when the insect arrives or leaves. Even dew dropping off of a flower can cause a rebounding effect. There are solutions for this movement.

There are clamp arms made specifically for flower photography that do not damage the flower. These clamps are attached to a tripod and then adjusted to hold the flower where the photographer needs it to be for the image. You can also try holding the flower still with your fingers but this is prone to movement caused by shaky hands.

The air is generally at its most still first thing in the morning. Combined with the

excellent light quality, this time of day is excellent for flower photography.

Using a high shutter will minimize the chances of an image turning out blurry due to unexpected motion.

ShutterBugs—On Top of the World Photography Club stresses education, sharing and fun! The ShutterBugs meet the first three Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. All residents, at all skill levels are welcome to join. If you would like more information about the ShutterBugs, visit our website at www.otowspc.com or contact Gary Uhley at 854-8536 or email him at bugs@otowspc.com.



Photo by Lennie Rodoff

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Be a Volunteer

*For more information contact
Pat Russell, Volunteer Coordinator
Phone: 237-9712*



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All Around Our World
Lynette Vermillion

Fall has officially started and I know that I am looking forward to the cooler days, the fall festivals and spending the holidays with my family. I can hardly believe that we are quickly approaching the end of 2009. Before you know it, it will be time to brush off those quickly forgotten New Year's resolutions and start all over again. Where does the time go?

Emergency Contacts

We recently had a situation that we needed the emergency contact number for a resident. We did not have correct next of kin information and not even the work number for the Mrs. We ask that everyone keep their emergency contact list up-to-date. Customer Service, located in

Curbside Landscape Debris Pick-Up Schedule

Monday*

Americana Village
Friendship Village
Friendship Park

Wednesday

Friendship Colony
Candler Hills**
Indigo East**

Thursday

Avalon
Providence 1 & 2
Williamsburg

Friday

Crescent Ridge 1 & 2
Renaissance Park
Windsor

* Due to volume, pick-up may extend into Tuesday
** Begins at 7:30 a.m.

Friendship Commons, has forms available for residents to fill out so that we have all your current information in case of emergency. You should also keep an up-to-date list in your wallet or purse. In the event that an accident occurs, and you are not able to provide necessary information, this information could be invaluable.

Smoke Detectors

We recently had a house fire in Americana Village and this event should be a reminder to all on how very important it is for everyone to test their smoke detectors and change the batteries on a regular basis. We usually recommend that you change the batteries in your smoke detectors with the changing of daylight saving time. If you have not done so recently, we recommend that you change them now.

Fire Hydrants

We currently have 310 fire hydrants between the On Top of the World and Stone Creek development. These hydrants are flushed, inspected and painted, if needed, on an annual basis. In addition, the Marion County Fire Departments (MCFD) performs annual inspections of all units. In the event we find any of our hydrants in need of repair, we notify MCFD immediately so that they know the unit is out of order. All hydrants have been tested and as of this writing, are all in working order.

Customer Service

On Top of the World will have its annual Employee Appreciation Celebration on Friday, Oct. 30. Please be advised that Customer Service will close at noon. We appreciate your understanding as we allow our employees to be part of the celebration.

Speeding

Please obey the speed limit signs posted throughout the community. We want all of our residents to be safety minded when out and about. The Marion County Sheriff's office regularly patrols our community and has issued a number of tickets to residents and employees. Please make sure whether in your car, golf cart or bicycle that you are observing rules of the road of the Florida Handbook.

Compactors

If a compactor is broken when you are dropping off your trash, please go to another compactor location to dispose of your trash. It is very unsightly when trash is piled up outside of the compactor. This not only looks bad, it creates more work for our maintenance crews and it may be several hours before they are able to clean this unsightly mess if they are working on other assignments. We appreciate your assistance in keeping the community looking its best. You may visit the web at www.ontopofworldinfo.com for a list of compactor locations or visit Customer Service in Friendship Commons.

Yard Debris

We have received many complaints lately regarding residents not placing their yard debris on the curb the evening before or the morning of their scheduled pick-up day. As we head into fall, grass growth slows down and leaves become our focus. We ask that all residents place yard debris on front curbs the morning of or not earlier than the night before pick-up, and please place away from storm drains.

We ask that no household garbage or animal feces be placed in with the yard debris. Please follow the schedule (found at www.ontopofworldinfo.com or Customer Service) for putting out yard debris so that the community is much neater and debris is not blown throughout the neighborhood.

Animal Feces

While outside residential units, all animals must be kept on a leash or other restraint and must be accompanied at all times by the owner or custodian. Animal feces must be picked up immediately and disposed of properly by the owner or custodian of the animal. It is the responsibility of the owner or custodian to pick up immediately no matter the location—your own lawn, the neighbor's lawn, the common area or a vacant lot. If feces are left, it makes for very unpleasant conditions for other residents and the maintenance crews.

Golf Cart Registration

This is just a reminder that golf cart registration for 2010-2011 starts on Mon-

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Get a head start on Private Golf Cart Registration

October 5th - 29th, 2009

8 a.m. to 4 p.m.

Customer Service in Friendship Commons



The registration process will be organized by the first letter of the resident's last name. Refer to the calendar below to determine which day to register. Registration will continue in November and December for those who are unable to register on their designated day in October. All residents have to register by year end.

Cart rules will be provided to each cart owner when the cart is registered and a cart permit applied to the cart.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 A	6 B	7 B	8 C	9 D	10
11	12 E, F	13 G	14 H	15 I, J	16 K	17
18	19 L	20 M	21 M	22 N, O	23 P, Q	24
25	26 R	27 S	28 T, U, V	29 W, X, Y, Z	30	31

PLEASE BRING THE FOLLOWING: Residents will be asked to bring proof of insurance (\$100,000/\$300,000 Bodily Injury) and any resident who plans to drive the cart will be asked to sign a release to operate the cart within the community. Residents desiring a handicap sticker for the cart will be required to comply with Section 320.0848, Florida Statutes. You may refer to the following website for more information or drop by Customer Service for a copy of the information: <http://www.hsmv.state.fl.us/forms/handiform.html>.

For more information on golf cart registration, please visit Customer Service in Friendship Commons or call 236-OTOW (6869).

day, Oct. 5 at Customer Service located in Friendship Commons. October registration will go according to the first letter of the resident's last name. Please see the calendar below to find your designated day. If you are unable to make your date in October, registration will be open to all in November and December.

Residents are asked to bring proof of insurance (minimum \$100,000/\$300,000) and any resident who plans to drive the cart will be asked to sign a release to operate the cart within the community.

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Community Update

Paving on SW 90th Street is complete. Additional cart striping on SW 98th Street and SW 94th Street will begin by the end of the month.

The new pickleball courts are well underway and six new courts will be available for play at Health & Recreation in October.

Many residents have questioned what is happening on SW 80th Avenue...no, it's not four-laning. The continuation of the water line to connect to Indigo East was completed.

COA Remodeling

On Top of the World Communities, Inc., proudly offers remodeling services for our homeowners through our construction company, COA Everywhere, Inc. Remodeling is a new offering to our residents and has proved successful over the last six months.

COA Remodeling provides the same level of superb, quality construction and service that you have received in the construction of your home. Remodeling services by COA provide you with the opportunity to improve or expand your home using a builder you can trust and that will be around tomorrow and for years to come. Regardless of who does your remodeling, remember that a modification is required. And, make sure all permits, certificates of occupancy are approved and signed off before awarding final payment to your contractor.

Hospitality

Linda Tiffany

The Pub

We have added Amber Bock, and for regular light beer tastes, Michelob Light is now on tap. We will continue to offer Bud Light in cans.

Check out the specials posted daily, and look for some new and exciting features. Every Wednesday and Friday, we continue to offer the following favorites:

Wednesday - Open-faced Prime Rib served with an onion tower - \$8.95.

Friday - Fried Whitefish Filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw or Fish & Shrimp Basket - \$8.95.

With cooler weather approaching, be sure to warm up with one of Chef Greg's hearty soups. Every Friday, he features either New England or Manhattan Clam Chowder.

The Pub hours are Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3 p.m., and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Candler Hills Restaurant

Join your friends and neighbors for an evening of fun and camaraderie on the fourth Tuesday of each month. Sounds of Time, a popular local group that entertains in the community frequently, will play for your listening and dancing pleasure from 6 to 8 p.m. Tapas and Martinis (and other beverages) will be available.

The introduction of "Tapas and Martinis Around the World" in August offered our guests the flexibility of choosing one or a few different items to enjoy with a group. Tapas-style dining started along the Mediterranean and Spain and featured small plates of food to be shared with family and friends. This is a great way to get together, satisfy the appetite with a variety of menu choices and also enjoy a nice Martini or a Merlot.

Come taste the Tapas menu offering small portions at a great price, served every day and enjoy signature Martinis from "around the world" as a tribute to On Top of the World neighborhoods with a variety to fit every taste. Come in and try The Candler Cosmo an exciting blend of premium vodka, Gran Marnier, splash of cranberry with a twist of lime. Tapas are served from 4 to 6 p.m. daily and Fridays and Saturdays from 4 to 8 p.m. Martinis are always available.

Candler Hills Restaurant hours are Sunday - 8 a.m. to 5 p.m., Monday through Thursday - 11 a.m. to 6 p.m., Friday and Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

Early Bird Dinner Specials can be found in a display ad in this issue of The World News.

Self-serve coffee and doughnuts are available for golfers at 8 a.m. Monday through Saturday.

The Prime Rib Special every Friday and Saturday includes baked potato, vegetables, salad, rolls and butter for \$12.95 and is served from 4 to 8 p.m. Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.



**Activities
Therapy
Theresa Fields**

The month of September has flown by so fast - where does the time go?

The Get Acquainted Coffee

Held on Aug. 27, proved to be very informative for our residents. I would like to thank all the representatives that attended and shared their information. We had the opportunity to meet and introduce several of our new residents within the community; and it was very interesting to learn where they had relocated from. If you were not able to attend this event, we will be holding another Get Acquainted Coffee in spring 2010.

Club Fair

Many of our residents came out and were able to get information on the different clubs that we have at On Top of the World. I would like to thank all the participating clubs along with the SPCA who sold coffee and doughnuts during the event to help raise money for the sheltered animals.

Chili Cook-Off

The Cook-Off has been cancelled due to lack of participation. We have had several requests to attempt another one at a later date. We will consider this idea and may attempt to organize later in fall 2010 when many of our snowbirds return which may help participation.

Happy Hour

On Aug. 14, our Happy Hour theme was "A Night in Hollywood." Some of the stars that showed up were, Sonny and Cher, Daisy Duke, Barbara Streisand, Dolly Parton, Mae West, Pippi Long Stockings, and a couple of girls from "Grease." John and Annette Ware, who were dressed as Capt. Kirk and Spock, won our costume contest. Second place went to Sandy Kemp who was the mermaid from "Splash" and third place went to Dottie Baird and Hunzy Doenges, who were dressed as Bonnie and Clyde. Thanks to everyone who participated and congratulations to all of our winners!

We are already planning for our themed Halloween Happy Hour so start thinking of a ghoulish or just plain fun costume you can create for Oct. 30. Our entertainment for that evening will be Johnny Alston.

Here is the October schedule for Happy Hours:

- **OCT. 2:** Roger
- **OCT. 9:** Barry and Nancy
- **OCT. 16:** Tomaura
- **OCT. 30:** Halloween-themed Happy Hour with Johnny Alston

Here is a little insight for the Halloween Happy Hour. Costumes are not required but are appreciated, as we always have a few surprises up our sleeves for this evening of all hallows eve. Please remember to arrive early if you plan on attending this event as the themed Happy Hours do fill up fast, and we would not want to have to turn a witch or a ghoul away.

Craft Fair

Our Craft Fair is scheduled for Oct. 17 from 10 a.m. to 2 p.m. at the Circle Square Cultural Center and The Town Square. This event has always proven to be a huge success and this year it should be even better than years past as we will have over 100 crafters with live entertainment. This is a time to do some of your early Christmas shopping or just browse the aisles for that special item you've been looking for.

ShutterBugs Reception

There is going to be a wonderful digital photography exhibit at the Arbor Club Nov. 1 through 8. This year's exhibit will be very interesting as we will be able to see how some of the photographers have advanced this past year. This will also include an open reception to meet and greet the photographers, which will be held on Tuesday, Nov. 3 from 3 to 6 p.m. with light refreshments and a cash bar. What a wonderful way to spend an af-

ternoon looking at some beautiful photography and having a chance to meet these very talented photographers. If you are interested in attending this event, you may RSVP at the Health & Recreation office starting Thursday, Oct. 1 from 8 a.m. to 4 p.m. We will need your RSVP by Oct. 20.

Seminole Casino Trip

Our next Seminole Casino trip is scheduled for Tuesday, Oct. 13. The cost of this trip is \$20 per person and this includes your round trip transportation, \$25 in free play along with a \$5 lunch voucher. You may register for this trip at the Health & Recreation Building Monday through Friday from 8 a.m. to 4 p.m.

Rags to Riches

Our Rags to Riches sign-up started on Wednesday, Sept. 2 with 60 tables available. This event sold out in four hours and has proven to be a very popular event for our residents at On Top of the World.

The event will be held on Friday, Oct. 23 at the Arbor Conference Center, Suites A through H from 9 a.m. to noon. The SPCA will sell coffee and doughnuts in Suite D with all proceeds being donated to the Marion County SPCA.

The Rags to Riches sale is held twice a year, once in the spring in the Health & Recreation Ballroom and once in the fall at the Arbor Conference Center. The registration for these events will be held one month prior to the event, please watch for sign-up dates in future articles and the community TV channels, 17/22/703.

Flu Vaccine

A flu vaccine clinic is scheduled for Monday, Nov. 12 at the Arbor Conference Center, Suites E and F. You must register for this at the Health & Recreation office. If this date is not convenient for you, we have two other dates that the flu vaccine clinic will be available. The dates are Monday, Nov. 9 and Monday, Dec. 14 at the Arbor Conference Center, Suites E and F. Please don't forget to register for one of these dates at the Health & Recreation office.

High Tea

We will be holding our popular High Tea for all the ladies on Thursday, Nov. 5 at the Arbor Club. The cost is \$12 per person and you may register for the event at the Health & Recreation office Monday through Friday, 8 a.m. to 4 p.m. Enjoy a relaxing afternoon with light entertainment, assorted teas, cucumber and chicken salad sandwiches, scones and more.

Social Hour

We have planned another Social Hour for our residents at On Top of the World featuring Tom LaVenia who will be playing light sounds on his guitar, while many of our residents socialize with friends and enjoy light refreshments. This event will be held on Thursday, Nov. 19 from 4 to 6 p.m. at the Arbor Club. Please come and enjoy a relaxing evening. For more information, please contact the Health & Recreation office at 854-8707 ext. 10 or 14.

www.OnTopoftheWorldInfo.com

RC Flyers Fall Fly-In

Saturday, Nov. 7 from 9 a.m. to 3 p.m., at the RC Flying Field, is the RC Flyers Ninth Annual Fly-In (this event is free). If you have never attended one of these events in the past, you must go out and see this event - it is really something to experience.

Community Holiday Festival

The annual Community Holiday Festival will be held on Wednesday, Dec. 9. The festival will include an extended golf cart parade in the afternoon with complimentary refreshments and entertainment in the evening at the Health & Recreation Ballroom. Look for Kay Chandler's article in the November issue of the World News.

Community Information

There is a new bus schedule out. We have made a few changes to accommodate residents during changing weather conditions. The On Top of the World bus will now stop at several of the community postal areas. We have added bus stop signs at our facility pick up locations within the community. These locations are: Health & Recreation parking lot, Arbor Club parking lot, 90th Street post office, Williamsburg post office, Americana Village post office, Crescent Ridge post office and the Friendship Village post office. Any questions please contact the Health & Recreation office at 854-8707 ext. 10 or 14.

Our dinner run for the month of October will be to the Sky Asian Fusion on Oct. 20. If you are interested in joining us, please sign up at the Health & Recreation office Monday through Friday, 8 a.m. to 4 p.m.

Library

The library accepts donations of all

reading materials. The donations may be left in the return box or on the table by the front entrance of the library. We ask that donations be in good reading condition and not soiled or ripped.

We keep monthly magazines for four months and weekly magazines for two months.

The library does not supply telephone directories, annual reports or catalogs. Harlequin books are not available prior to 2007. Please place all returns in the drop off box. The librarians will place all reading materials back on the shelves. Thanks for all your donations of reading materials.

Tuesday Craft Sales

Our lady crafters are back in the Health & Recreation Ballroom on Tuesday's from 9 a.m. to noon. These ladies have been working all summer on new crafts.

Indigo East and Candler Hills Pool Cleaning

Please note that the schedule for Candler Hills and Indigo East pool cleaning has changed. Candler Hills pool cleaning will be done on the second Wednesday of each month and Indigo East will be done on the third Wednesday of each month. This will require pool closures for the day. We appreciate your understanding and apologize for any inconvenience.

When grandchildren or guests are utilizing areas such as the pool, shuffleboard courts, miniature golf or bocce courts, please be there to supervise them and to assure that they are utilizing the equipment properly.

As always, play safe and have fun!

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Clint Eastwood

Spokesperson for
Honor Flight

By RAY CECH AND BOB WOODS
WORLD NEWS WRITERS

Perhaps by now you've seen Clint Eastwood talking about Honor Flight, the fundraiser designed to fly World War II veterans to visit the WWII Memorial in Washington D.C. Eastwood is just one of the many personalities who are stepping up to the plate to become part of this very worthy effort. To view his message, go to www.honorflight.org.

We've been soliciting your help for the last several months and, thanks to your generosity, we're looking at this October to get the first Ocala and On Top of the World veterans to the Memorial. But we still have a way to go.

So, once again, we're asking you to reach into your pockets and donate as much as you can to Honor Flight. It's simple to do and it's tax deductible. Bob Woods along with an Honor Flight representative is available to speak to your club or organization and present a video of the Honor Flight program; total time, fifteen minutes. To schedule a presentation, call Bob Woods at 854-0702.

A total of 125 veterans, 25 from On Top of the World, have signed up so far to be part of the trip to the Washington, D.C. World War II Memorial. To receive your application, please call Honor Flight at 789-6878 and be sure to leave a message giving your name, address and phone number. Remember, there is no cost to World War II veterans.

Once you've written your check to Honor Flight, please contact Bob Woods at 854-0702, and he will pick it up.



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Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

significant gap in the final completion and ability to reoccupy the home. Besides the complete loss or destruction of personal items, like clothing, furniture and personal effects, the owner would also be responsible for replacement of all flooring, cabinetry, appliances, air conditioning components, and plumbing fixtures.

Needless to say, this can become very expensive, very quickly. In the case of negligence by an owner, the Association will also attempt to recover the insurance deductible cost. Being penny-wise and pound-foolish by "saving" the nominal cost of insurance is really no savings at all!

Master the Possibilities

With this edition of the World News, you'll find the fall Master the Possibilities catalog. This represents the last of 2009 and it contains the variety and quality you have come to expect.

The fall season is our shortest. In about six weeks there will be well over a hundred opportunities to learn, grow and have fun doing it. Master the Possibilities strives to provide you with the best lifelong learning program available. It is creative, intriguing and brings the finest instructors...who love to teach.

For four years, Master the Possibilities has listened carefully to what you say about education and reflects it in their curriculum. It has also anticipated trends and has certainly been on the cutting edge of adult education. You, the students, are their motivation and their reward.

Take a little extra time with this catalog. Find those selections that are most important to you. I'd also ask you to invite your neighbors and friends who haven't experienced Master the Possibilities to join you. It would be a great way to finish the year...with the promise of mastering even more possibilities in 2010! See you in class...and thank you to faculty and staff.

Circle Square Commons

As we approach the fall season, we look forward to some great shows at the Cultural Center. On Oct. 22-24, Stage Door Theatre presents The Sunshine Boys and it is a dinner theatre. If you haven't attended a show by Stage Door lately, try

it again. The food is prepared by our own Chefs Greg and Dave and it is delicious!

If you haven't heard by now, the Smothers Brothers will be performing at the Cultural Center on March 19, 2010. We are very excited about them coming and tickets are selling fast - so don't miss out!

The Farmer's Market welcomes some new vendors and as the weather cools down, come back out to enjoy a cooking demonstration by Chef Dave or a home demo provided exclusively for you by Lowe's or Home Depot. Don't forget the Farmer's Market on Saturday, Oct. 24 - the fourth Saturday!

On The Town Square, October is the last month for summer hours. On Nov. 6 and 7, we'll go back to earlier hours for entertainment from 5 to 9 p.m.

Keep in mind, our very own shops at Circle Square Commons - Yalaha Delights and Mr. B's. Support them by your patronage and as they thrive and survive, more shops will join Circle Square Commons. Trust me, they appreciate your business! Recently there has been renewed interest in leasing space at Circle Square Commons and we'll keep you posted about the progress.

Bay Laurel Center CDD

On behalf of our staff, we'd like to thank everyone who attended the Aug. 11 workshop on water rates for their participation. The questions were very good and served to improve the content of the workshop. I believe the District accomplished its goal of informing its customers of the reasoning and very real necessity of adopting a progressive rate structure. The District is committed to helping customers achieve savings while keeping a beautiful landscape environment around the home.

SW 80th Avenue

The recent utility work along SW 80th Avenue near SW 80th Street was the continuation of a 16" water main to connect with Indigo East. This project completes the water main loop for the eastern side of On Top of the World. It has nothing to do with any future four-laning of the roadway.

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Tony Bottoni



John Timpanelli

Sunday, October 25
Health & Recreation Building
2:30 p.m.

We are proud to present the stage show featuring Tony Bottoni and John Timpanelli. This is a small way of saying thank you to our many On Top of the World patients. Be sure to come visit us in our new state of the art medical facility located behind the Mason Jar restaurant.

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Keeping It Green
Phillip B. Hisey

Got Bugs?

Scale insects are a common pest of landscape plants in Florida and can be found stunting and deforming plants throughout the year. There are about 8,000 species of scale insects and any of several different species of scale insects may be found within the landscape around your home. All scale insects have a common waxy or shell-like covering over the body and the adult insects are not mobile.

Recently, I have noticed Magnolias with a black, flaky crust on the leaves. This is a telltale sign of a scale insect call the Tulip Tree Scale. Typically found on all Magnolia varieties, infestations are almost always identified by a bumpy appearance on the branches with some branch tip dieback and the black leaves or mulch beneath the tree have a black color. The black appearance is caused by the sooty mold that grows on the secretion created from the insect.

But there is light at the end of the tunnel; these insects are controllable with insecticidal sprays, horticultural oils and systemic insecticides. The insecticidal sprays and horticultural oils kill the insects by suffocating them. Many times the scale insects stack up on each other, creating several layers, making it harder to penetrate the bottom layers.

Horticultural oils or dormant oils are other methods for controlling scale insects but are sometimes not very effective against armored scales and require a thorough application as well as repeated applications. These oils are highly refined petroleum products that can be used on many trees and shrubs during the growing season. Be sure to read the labels before any applications are made though, some

plants are sensitive to oils and there are often temperature restrictions when applying these products. Horticultural oils can be obtained at Lowe's or similar type stores. Typically, you will find the following products, Year Round Spray Oil or Volik Oil.

Insecticidal soaps have been used for years to kill insects through direct contact. Like horticultural oils, they require thorough coverage and repeat applications. Repeat applications are necessary because soaps leave no residue. Certain household soaps and liquid dishwashing soaps are typically effective for this purpose; 10 tablespoons per gallon is a good starting point for treating insects. Again, if purchasing insecticidal soaps be sure to read the label before any applications are made, some plants are sensitive to insecticidal soaps and there are often temperature restrictions when applying these products. Lowe's carries a product called insecticidal soap and you should be able to find similar products at other stores of this type.

Systemic insecticides are another approach but require the use of chemicals purchased from your local garden center. These chemicals, when applied, are taken up by the roots of the plants and transported through the plant into the leaves, branches or other portions of the plant. Insects such as scale insects with piercing, sucking mouthparts are affected by the systemic insecticides and die. Systemic insecticides take a few weeks when applied to and often need multiple applications. Make sure applications are made following the interval between applications and per the manufacturer's labeled rate. Bayer Complete Insect Killer is a product found at Lowe's or similar stores.

Good luck as the fall begins, make sure you keep up with your lawns and keep an eye out for chinch bugs and fungus. The cooler evening temperatures and humid days make it great breeding grounds for fungus. And, please remember to make sure applications are made based on type plant and following the interval between applications and per the manufacturer's labeled rate.



100 Grandparents
Barbara Greenwood

I'll begin with the generosity of many On Top of the World residents. We have received and delivered to Romeo Elementary clothing from Annette Diago, and school supplies from William and Luz Leon. To help pay for the transportation to and from the school, we also received very generous monetary gifts from Margitta and Hank Claterbos, Wanda Simpson, Diane and Bruce Roxburgh, and Doug and Barbara Greenwood.

The cost of the bus transportation is \$180 per trip. The total received so far is \$930. We're hoping to receive a total of \$1,440. That amount will cover all eight trips that we make to the school. If you wish to donate any amount to our group to help us get to and from Romeo, please call Barbara at 861-2539. We will certainly be grateful.

The remaining dates for this school year are: Oct. 8, Nov. 12, Dec. 10, Jan. 14, Feb. 11, April 15 and May 13.

We are picked up in the parking lot at approximately 9 a.m. in the Winn-Dixie

parking lot by the vacant Porter's store. We return to the same location approximately at noon.

Another thing that we are grateful to the On Top of the World residents for is the Campbell soup labels, and the Labels for Education that you so thoughtfully clip and deliver to the red schoolhouse located under the stairs in the Health & Recreation Building. Romeo turns in these labels and receives in return much needed school supplies and money to buy underwear, socks, etc. The value of each label is 10c and they add up to a tidy sum to provide the school children's needs.

Of course, we don't want to forget all those who contribute to our Food-for-Kids backpack program. Many of you have purchased and delivered food items such as juices, cereals, snack bars, pop-top canned goods, crackers, peanut butter and/or jelly, canned or plastic containers of fruit, etc., and delivered them to Elliott and Marlyn Barbour's home and placed the items in a tote located on their front porch. Their address is: 8680-H SW 94th Street. Mr. and Mrs. Barbour deliver the food to the church that makes up the backpacks for Romeo and Dunnellon Elementary children. This ensures that the children will have something to eat over the weekends.

As "volunteer grandparents," we have the privilege of being with children from kindergarten to fifth grade. The teacher provides one or two books for us to read. Our interaction with the students gives us such a high. It's a wonderful feeling to know that we are in part helping the children to enjoy reading and learning to talk comfortably with adults. There are many pluses in this activity for all of us.

If you would like to be a part of our group, please call Barbara at 861-2539, and get answers to any questions you may have. The only way to sum it up is to say, you have to be there to know the full joy of what we do.

Our next trip is Oct. 8.

Resident Photo IDs
Customer Service, 8 a.m. to 4 p.m.
Monday - Friday, Bring current ID or temp ID

Grandchildren Visiting?
Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.

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Model Railroaders

Jim Devine

In order to have a realistic model railroad, you must have realistic scenery. Creating scenery requires an artistic flair that some model railroaders have, and others do not. The On Top of the World Model Railroader's Club has some members who are especially gifted in this area.

Would you believe that the mountains on our layout are made out of sheets of Styrofoam? The sheets are one or two inches wide and are glued together to build up the mountains. They are shaped using hot wires, knives or saws.

Hot wires are fairly new to the hobby. A wire is heated between two arms of a "y-shaped" tool and the wire cuts through the Styrofoam like a "hot knife through butter." The hot wire doesn't just cut the Styrofoam; it can also be used to create

strata in the mountain's rock face. Club member Gary Mowry held lessons in his garage to show us how to use this tool.

The mountains are painted and stained. Stains are extremely watered down paints. Stains are used to make artificial rocks look like real rocks, giving them the proper color and bringing out their cracks and crevices. It also can be used to bring out the details on buildings.

The rocks on the layout are either made of Styrofoam, plaster castings or rocks. That's right; some of our rocks are real rocks. Small pebbles become boulders on a model railroad layout.

You may think that all model railroad grass is the same. In fact, just like in the real world, model grass comes in a wide variety of colors and lengths. The vivid green grass that you see on a golf course or a perfectly manicured lawn is very different than the grass that you see in open fields or a non-perfectly manicured lawn like mine. Special care has to be taken to pick the right grass to put in various areas on the layout.

You also have choices to make with the trees that you put on a layout. Trees also come in various types, sizes and colors. You need to choose the proper trees for your layout based on the part of the country that you are modeling (i.e., no palm trees in an Alaskan setting).

You also have to decide what time of year you are going to model. Do you want a summer setting with lots of green leaves, a fall foliage explosion of colors, or a winter scene with few, if any leaves? As I said, all this requires a lot of decisions, and an artistic flair.

Our monthly club meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 (Poker Room) of the Arts and Crafts Building. You're invited to join us if you're interested in becoming a member of the On Top of the World Model Railroader's Club.

For additional information, contact Hud Huddleston, the club's president, at 861-6221 or hhuddleston2@cfl.rr.com.



Photo by M. Keith Nadel

Ted and Ladybird Diane Pope with the Britten-Norman Islander.



R/C Flyers
M. Keith Nadel

models until 50 years later. His Candler Hills home is replete with ships' models under glass.

A graduate of Boston University Medical School, after a surgical internship and one year of surgical residency, Ted served in the Navy as a medical officer aboard the USS Los Angeles CA 135. His wife, Diane, a Ladybird, has her RN.

Ted's newest plane is a 92-inch wing span twin engine green and white Britten-Norman BN-2A Islander, built from enlarged Model Airplane News plans.

Dick Rose, originally from Minneapolis, earned and received degrees in Industrial Technology, Industrial Education and did post graduate work in engineering, business and political science. Like Ted, he is both engaging and knowledgeable.

Dick served as an Aircraft Engineering and Maintenance Air Force officer for 23 years. He was responsible for C-130s, F-4s, F-16s and the A-10s, which were highly effective in the first Gulf War. Upon retirement from the USAF, he joined General Electric Aircraft Engines as program manager with responsibility for the B-1 and B-2 bomber engines.

At the field, he flew his Wild Hare 50 cc Edge 540 with an 84-inch wingspan while a seated chorus of pilots cheered.

Dick has been a flight instructor for seven years, three of which are here at the On Top of the World RC Flyers Club. With a remarkable display of patience and superb skill, he worked with the writer who finally soloed in Dec. 10, 2007.

A number of pilots in this and his former club owe their flying skills and love of flight to this gifted teacher whose expertise will be extended the forthcoming Nov. 7 when he will co-chair, with Charlie Smith, the main event of this year, the November Fun Fly. This event attracts flyers with a wide variety of aircrafts and offers a great spectator experience. Flying starts at 9 a.m. and there is some great food and a 50/50 raffle with a guaranteed winner's purse of at least \$100.

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**Friendship
Amateur Radio
Ed Brendle**

The Friendship Amateur Radio Club held its monthly meeting on Sept. 14 with Charles Lucus, WIDOH, presiding. There was a continuation of the video presentations giving us a greater appreciation of the efforts taken just to plan a trip to some far away location to set up the stations and transmit. It's a challenge and one that takes great planning and coordination often resulting in bad elements making the work even harder. But that's what us "hams" do, we're always eager to attempt something new and not a proven effort. When all is completed, the success beams through and contacts were made, making all the work worthwhile.

These video presentations certainly offer the educational element. Hams are always striving to "do just one better." This makes our hobby such a reward. Equipment, good transmitting conditions, and with a great deal of patience, radio "hams" can communicate from almost any location. It emphasizes that the challenge is always there. When disaster strikes, it is our job to be there communicating and coordinating all the vital information.

The club's website continues to show both the treasurer's and secretary minutes. The Friendship Radio Club's call sign is N4 FRC.

The next meeting is scheduled for Oct. 12 at 1:30 p.m. at the auxiliary Sheriff's station on West SR 200. All "hams" are invited. Members are urged to bring a guest.

A recent notation is that our club is recognized as a SSC, Special Service Club, of which there are only four, in the immediate area.

The FARC is open to all "hams" and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory, to help you earn your license.

We have members who can offer their expertise in radio and computers. The club's website continues to inform members of the many activities being offered. The club has a two-meter net that meets on each Monday, except for a meeting, at 4 p.m. on 145.170 MHz, (except for Monday of the monthly meeting). For additional information, please call Ed Brendle, KA1INC at 873-4354.



**Computer
Club
Sherry Surdam**

As of this writing we haven't had a whole lot of relief from the heat but "hope springs eternal!"

During September, we had a two-part presentation on using Google's image-editing program "Picasa." Picasa 3 is a surprisingly full-featured program well worth checking out if you like to tweak your photographs. Using Picasa, you can remove imperfections or unwanted objects from your photos, brighten colors, crop, resize and achieve a variety of effects. Google provides a very good on-line manual, which gives comprehensive directions on how to edit photos to your satisfaction. It is totally free and fun to use.

On Oct. 31, we will have a program on using Open Office 3. Open Office is an open-source suite of programs created by users like you and me. Because users developed it, anyone can look at the pro-

grams, suggest improvements and report problems. You can even request enhancements and someone will no doubt try to oblige. The best part...it's totally free!

On Saturday, Oct. 24 at 11:30 a.m., we will have our Member Appreciation Picnic. This is open to all members, their spouses and guests. The club is subsidizing the cost of the picnic for members and their spouses but guests of members are welcome. The cost for members and spouses is \$5 per person and the cost for guests is \$10 per person. We always have a good time, so if you are interested in socializing with us, contact a friend you know in the club and ask them to get you a ticket! We need to know how many will attend at least one week prior to the event as the caterer must have a final count for his preparation of food. We will be having true picnic foods such as hot dogs, hamburgers, potato salad, etc.

The initial program will focus on downloading and installing Open Office and take a brief look at the "Writer" within Open Office. "Writer" is a fully equipped word processor or desktop publisher and can open literally any document created by any word processor. We hope to have more programs going into other portions of this wonderful suite of programs.

We don't always know in advance of submitting this column what our program schedule will be so be sure to watch the website at <http://www.cccocala.org/> for information on upcoming programs and/or other changes to the schedule.

All meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesdays, Thursdays and Saturdays. If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and users that are more experienced!

Hope to see some new faces soon!

**Who is the
Entertainment Group?**

The Oct. 25 show marks the 10th anniversary of the Entertainment Group presenting professional entertainment to On Top of the World.

The Entertainment Group's mission statement:

- To bring professional shows from all over the country with ticket prices equaling the ticket to a first run movie and a box of popcorn
- At the conclusion of each series (after the bills have been paid and monies set aside for the next series), make donations to Hospice of Marion County, The Center for the Blind and Marion County Senior Services.
- To give back to the community. Some give-backs include a dressing room, stage curtain, new stage

floor, 60-inch TV (used by the Movie Club), special lighting for the sound and light crew, furniture and window treatments in the library, benches at the basketball courts, folding partition in the Health & Recreation Ballroom and lighting of the mini golf course.

None of the above would have ever been possible without the support of our sponsors and the support of our residents. The Entertainment Group looks forward to seeing you on Oct. 25.

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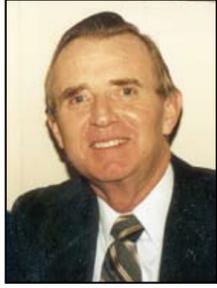
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Native Plant Group
Ron Broman

Seven years ago, we wrote an article on Beautyberry, *Callicarpa americana*; our group president, Margitta Claterbos, took the picture used then. I know that to be a fact, because my wife Betty has been keeping all the articles in two scrapbooks since February 2001, when our group was born.

We don't usually write about a particular native plant more than once; but this time, by special request from our presi-

dent, we return to showcase Beautyberry.

As we walked the Longleaf Pine Trail the other morning, we noticed something curious. That's the fun of walking that trail with folks who are observant. There's always something exciting to see or hear. This time, it was two plants of the same genus, and even the same species, but there was something different about them.

Gil Nelson, in his *The Shrubs and Woody Vines of Florida*, includes three other names for *Callicarpa americana*: Beautybush, American Beautyberry and French Mulberry. He also includes another small but very interesting detail; but I get ahead of myself.

In most of our articles, we stress the bloom of the native plant, which is more often-than-not able to get the reader to consider including it in his or her native garden. Not so with Beautyberry, as the name implies. The flower is small, pink and comely up close; but at this time of year, French Mulberry flashes some of the most beautiful purple fruit of any plant in the forest or yard.

I cautiously add this negative: the fruit, at least for my taste, are near the bottom of the list. As we stated in the October 2002 article, "[They] are a survival food." If you're lost in the woods and starving perhaps you could survive on them if you had few other choices.

But back to those two plants on the



Photo by Ron Broman

Beautyberry, the white drupe form.

trail. We noticed that one of the plants had the usual clump of purple fruit. The other, however, handed us a great surprise. The berries were white! We thought it might be an anomaly until we did some research. This quotation from Gil Nelson's book assured us that we had something exceptional.

"Fruit: A small, magenta to rich purple (very rarely white), rounded drupe [fruit with a seed-bearing pit], borne in conspicuous clusters at the leaf axils; appearing mostly in late summer and fall."

Sure enough, our two Beautyberry plants, one with magenta fruit and the



Photo by Ron Broman

Beautyberry, the purple drupe form.

other with white fruit, are there for all trail walkers to observe, for awhile at least, a very unusual and beautiful gift to steward.

Isn't that, after all, our purpose on this planet?

Our first meeting of the 2009-2010 year will be Wednesday, Oct. 14, at 1:45 p.m. in the Arbor Conference Center, Suite H. Guda and Dave Taylor of Taylor Gardens Nursery will present the program. There will be a plant raffle and the availability to purchase native plants. We hope you'll find this a great way to begin the year growing native.

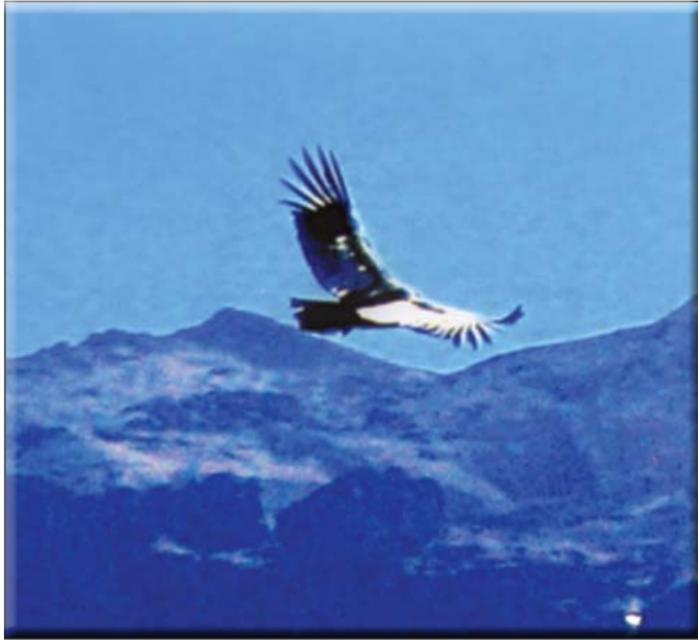


Photo by Ron Broman

Condors fly at Condor Cross in Culca Canyon, Peru.



Birders' Beat
Jane Callender

Welcome back snowbirds! The Unique Birders will have their first meeting for the 2009-2010 season on Tuesday, Oct. 20, 1:30 p.m. in Suite H of the Arbor Conference Center. If you are interested in the life of birds, please come to our meetings.

We have a field trip planned for Oct. 29. Anita and Tom Martinetto are the coordinators.

We go far away for this month's bird.

Betty and Ron Broman were in Peru this past July. Ron titled his photo "Condors Fly at Condor Cross, Colca Canyon, Peru." By coincidence, I saw an article about the California condor.

This condor was almost extinct due to collisions with power lines, being shot illegally and from poisons in carcasses they ate. By 1981, only one female and four male condors roamed free. The U.S. Fish and Wildlife Service sanctioned capturing these birds and adding them to the captive breeding population.

By 1992, 63 condors existed in captivity; so eight young birds were returned to California habitat. By spring of 1994, half had perished from power lines, shooting and poison. Power line aversion training was added to young condors' regimen and since then, few condors have been electrocuted.

Today there are 189 wild birds in California, Arizona and Baja, Mexico. Many free flying condors have been marked with numbered wing tags to facilitate tracking by researchers.

Grand Canyon National Park is the most reliable place to view free flying condors. Humans visiting condor country should leave no trace except footprints. Condors curiously investigate shiny bottle caps and colorful plastic--then trash becomes life threatening if ingested.

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Mac Tip of the Month
Sherry Surdam

www.OnTopoftheWorldInfo.com

Do you find that you forget to empty your e-mail Trash folder on a regular basis? E-mail takes a surprising amount of file space, especially if you get a lot of attachments. You can have the Apple Mail program do that for you automatically. Simply open Mail, go to Preferences and select the Accounts tab. If you have more than one account (aka e-mail addresses) you will have to do this for each one, but the procedure is the same for all.

Select the account name (a no-brainer if you have just one e-mail address) then click on the Mailbox Behaviors tab. At the bottom of the screen, you will see the Trash icon and a checkbox next to "Move deleted messages to the Trash mailbox." Be sure to put a checkmark in that box if there is not one there already. Once that box is checked click on the dropdown box just below "Permanently erase deleted messages when:" to see your customization choices. You can elect to have your trash emptied: Never, when it is One day old, One week old, One month old or when Quitting Mail.

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Photo by Doris Mauricio

Little Gem Magnolia Blossom from my backyard.



Orchid Club
Linda Rose

Our October meeting promises to be an informative one thanks to Tim Wright, former president of the Ocala American Orchid Society. Tim will be monitoring a panel discussion; we're expecting members to have their questions ready for him on anything pertaining to orchids. This would be the perfect time to bring in any questionable plants that are problematic, or one you'd like identified if you've lost the tag for it. If it is not blooming, a picture would be helpful.

Oct. 10 will find us carpooling to Gainesville's American Orchid Society Show; it will be the first time many of the members have ever attended one of these shows.

Thanks to Hildegard, we all have a bet-

ter understanding of what it takes to put one of these events together. Hopefully we can attend more shows in the future!

While many of us are missing Amorn's Orchids at our Farmer's Market, we can still visit her at the Markets of Marion on Saturdays and Sundays.

I reported earlier this year, the American Orchid Society's Garden in Delray Beach would be closing. After the finance committee researched the problem, they were able to determine the gardens could sustain themselves financially for eight months out of the year. Upon reaching out to the local community, they were able to gain both financial support as well as commitments from local society members to volunteer hours to work the garden and greenhouses. It's good news to hear that they will remain open; both this garden and the Morikami Japanese Gardens are side by side and a very worthwhile trip to consider if you're ever in the Delray area.

On Top of the World Orchid Club made this trip in February 2008 via bus; but unfortunately Mother Nature dumped monsoon rains on us that day which curtailed getting a full tour of the gardens.

On Top of the World Orchid Club will meet again on Thursday, Oct. 15 at 1:30 p.m. in the Arbor Conference Center, Suite C. Hope to see you then!

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**Nature
Around Us**
Doris Mauricio

Now that things are beginning to cool down, we can get back into our gardens and enjoy the refreshing fall breezes. Cool weather annuals such as digitalis, petunia, Shasta daisy, alyssum and snapdragons should start to be available in the local nurseries. It's better to wait until November to plant pansies.

October is a great month to add a tree to your yard. It is important that you do a little research before purchasing a tree. You need to know its height and width at maturity, will it grow in our climate zone, does it need sun, partial shade or full shade, will it tolerate drought, will it drop its leaves in the fall, will it flower, is it a shape you like, and does the tree fit your yard. Stand in the spot where you want that tree. Look up and all around you to make sure that tree will fit.

Some smaller trees suitable for our small lots include Redbud, Pindo palm, East Palatka holly, Winged Elm, Crape Myrtle, Dahoon holly, Yapoon holly, Loquat and Little Gem magnolia. These small trees require little space or work.

Examine the tree you wish to purchase to make sure of the following: the tree has only one trunk, the leaves are clean and all green, check for insects, roots are not pot-bound (winding around the root ball), the roots are not diseased, and the soil is moist.

Planting is not difficult if done correctly. Dig a hole twice as wide as the root ball and about two inches shallower than the root ball. The ball will sink after planting. Place the tree in the hole. Fill halfway with the soil from the hole and fill with water. Wait until the water soaks in then fill to level with the ground. Water again. Use the left over soil to create a dam around the planting hole. It will serve to hold the water you will give the tree every day for the next three weeks, then twice a week for another three weeks. This watering schedule will ensure new root growth.

It is recommended (by University of Florida) that you do not fertilize a newly planted tree. The first fertilization will take place in the spring. If the tree is located near the lawn, your lawn fertilizer will suffice.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns.

Mark your calendars for the following events in October:

Butterfly Gardening in Central Florida presented at Freedom Library on Oct. 13 at 2 p.m.

Master Gardener Fall Gathering on Oct. 10, 8 a.m. to 2 p.m. A large assortment of perennials and shrubs grown by Master Gardeners will be available at reasonable prices.

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Candler Connection
John Podkomorski

What's Cooking in Candler Hills? We can finally answer this question! The Candler Cookbooks have arrived. Cookbooks will be available at the Candler Hills Community Center on Mondays and Wednesdays, from 10 a.m. until noon starting on Monday, Oct. 5. Cookbooks are \$10 (\$8 if you pre-ordered).

Many thanks to the cookbook committee, including Linda Buschur, Lynda Feld, Sandy Jankowski, Cheri Johnston, Marvel Kannapel and Diane Podkomorski. For questions, call Diane at 873-3869.

Candler Hills' Oktoberfest is coming on Oct. 25 from 6 to 10 p.m. in and around the Candler Hills Community Restaurant. Tickets (limited to 150) went on sale Sept. 21. See our website for more details. For questions, call Heddy at 861-6120.

Candler Hills' Holiday Party is scheduled for Dec. 9 at the Circle Square Cultural Center. More information will be out soon. Watch the website for details. For questions, call Heddy at 861-6120.

Our speaker series for 2009/2010 continued with a visit by Phillip Hisey and his team, to discuss the new State of Florida landscape law. If you have suggestions for speakers, call Ray Cech at 873-1952.

Dine with a Neighbor held an organizational meeting on Sept. 13. Look for additional information on the Candler Connection web site (www.candlerconnection.org). To sign up, call Heddy at 861-6120.

Congratulations to our neighbor Joyce Walchak! Her piano concert drew about 150 avid supporters and the reviews were exceptional.

Our very popular potluck dinners started for the season on Monday, Sept. 28. It was great to have this fun activity back in action.

There are three seats opening up on the Candler Connection board of directors. If you're interested in helping Candler Connection, please consider running for the board of directors. For more information or to get on the ballot, please call Fred Jankowski at 854-8101.

New to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directories and learn about our New Neighbor Welcome events on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center.

For residents of Candler Hills, or if you'd like to see what our neighborhood experience is all about, you can find more information at the Candler Connection website at www.candlerconnection.org.



Winds of Windsor
Jane McCabe

We all get to On Top of the World via different routes. This is the route we took.

While living in Jacksonville, Fla. for nearly 20 years and working for CSX Transportation, Inc., I would come down to Ocala and visit On Top of the World dreaming of the day I could retire, reach 55 years of age and become a resident. However, upon retirement, I instead went back to my hometown of Louisville, Ky. and eventually reconnected with the "love of my life" and married him.

In January 2007, Jim and I were traveling to Siesta Key and spent the night in Ocala. Jim mentioned he had always dreamed of having a winter home in

Florida. My mind clicked in and I told him about my dream of living in On Top of the World.

The next day, we visited the community and checked out all the model homes. Upon leaving, Jim committed to our salesperson that we would be back in April to sign a contract - which we did. The house was finished in October 2007. We then closed and came to our "snowbird nest" in January 2008.

By February, we knew we wanted to be permanent residents so we went back to Kentucky, sold our house and built a bigger house here in Windsor, right around the loop from our "snowbird nest." We have never looked back! The friendships we have formed throughout On Top of the World are invaluable.

Windsor has two new residents. Several of the spec homes have been sold and we are looking forward to having those folks in Windsor. Two more homes are under construction. We welcome all and hope our new neighbors will feel welcome.

We have our Gorgeous Ladies of Windsor (GLOW) night the third Wednesday of the month. That same night, the guys get together for dinner and poker or games at each other's home. Our Sunday afternoon get-togethers will be starting again soon.

Last but not least, a great big welcome to all of our travelers and snowbirds that will soon be coming home! We are so glad to see all of you and you have been missed!

As we say in Windsor when we are out walking our loop, "see you 'round the loop."

Potluck and a Movie

By MARY EHLE

The October movie and potluck will be held on Sunday, Oct. 11. Please bring your food to the Health & Recreation Ballroom by 5 p.m. We want to be able to eat no later than 5:15 p.m.

The club will be supplying chicken fingers and we ask you to bring food to go

along with that meat. Please bring your table setting and your non-alcoholic beverage.

The movie will begin at 6 p.m. and if you do not want to participate in the potluck you can come just to the movie.

The cost for non-members is \$2, payable at the door. We are going to show "Blue Butterfly." This is a great story with cinematography in the rainforest and with the animals is gorgeous. It stars William Hurt and Marc Donato. Hope you can join us for a fun evening.

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Avalon Social Group
Lorraine Rourke

Our Oct. 5, barbeque potluck (Larry and a group of volunteers will be grilling hot dogs and sausage) will be held outside at the baseball pavilion, behind Health & Recreation Building. You may want to bring chairs just in case. Rain location is

www.OnTopoftheWorldInfo.com

the Arbor Club Ballroom. Set-up is 5 p.m., with start time at 5:30 p.m.

A ticket purchased for \$2 will cover two hot dogs, two sausages or a sausage and hot dog, which you will specify at the time of purchase. We will not be selling at the door, as we need to know head counts.

Bring a dish to share as well as your own beverage of choice (options open up as it is outside) and serving utensil.

Tickets can be purchased starting Sept. 14 through Oct. 1 at our Arbor Club event or after with Bev Moreau at 854-2498 (westside), Joanne Barnes at 304-8206 (eastside), Joanne Weller at 237-9522 (eastside), Darlene Schimmel at 873-0156 (westside) or through Larry and Lorraine.

The November fall harvest bring-a-dish is Nov. 2 at the Arbor Club Ballroom (bring an appetizer, salad, fruit, meat dish, casserole, vegetable, fruit, no desserts please as we assign these and non alcoholic beverage).

Holiday potluck with a gift exchange will be on Dec. 7. For those interested in the gift exchange, please do not exceed \$10. For questions, contact Lorraine at 390-2120.

Please get active in your community, it takes volunteers to run these events, come up with themes or ideas for future events. Interested in running a month's event, please let us know.

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D'Clowns
Paula Magen

"Laughter is the brush that sweeps away the cobwebs of the heart."

The highlight of October for D'Clowns has to be the annual Sheriff's Halloween Party. Hundreds and hundreds of children and adults attend it. It is a safe and fun venue. The children's costumes are more creative and amazing each year and there is usually a DJ. The many volunteers play games with the kids for prizes and distribute candy. D'Clowns have been present at this event for many years and enjoy it. We do the face painting, tattoos and play with the children.

Did you know that Halloween is based on an ancient harvest festival but is now

celebrated by dressing in costume and eating candy? The foundation of Halloween took root over 2,000 years ago in ancient Ireland.

D'Clowns gave our first show of the season at Emeritus at Ocala West (formerly Summerville) in early September. It was great to see a room full of residents in the memory support section that we entertain every month.

We are now fortunate to have a talented singer in the group. Clown Sunshine leads the songs, which the seniors love to join us in. Robin enjoys handing out Mardi Gras beads and stickers.

D'Clowns entertain with the chicken dance, YMCA, limbo rock and our funny skits. Jokes are read and there are magic tricks by Sunflower. Our group works well together. It is a fun filled gratifying hour.

"Kids and Cookies" at TimberRidge is a monthly event we have participated in for many years. The four- and five-year olds from The Childhood Development Services participate in an activity with the seniors while D'Clowns assist. They love seeing the clowns, getting beads, stickers and hugs.

At our next meeting, we plan to schedule other assisted living residences in the area so we can spread the joy.

We are a fun group who enjoy entertaining young and old alike. Join us at our meetings on the first and third Monday of the month at 1:30 p.m. in the Arbor Conference Center, Suites B and C. We will teach you how to be a clown and you'll love it. Call Paula at 873-3433.



Ocala Clown Express
Kathy & Charlie Petrosky

September got us back in gear very quickly. We had lots to do this month.

The hospital clowns met with the staff at Munroe Regional Medical Center on Sept. 3. We reviewed our safety program for first graders. We also worked with hospital volunteers who familiarize the children with what a hospital visit would be like. If you are interested in doing hospital clowning, we can get you involved. We started back on the program on Sept. 17.

The nursing home clowns visited Emeritus Assisted Living this month. We had a great time singing, dancing, bouncing balloons and doing tricks. Of course, Jingles and Toot did a lot of "clowning around." If you are interested in visiting nursing homes as a clown, we do this

once a month. It is very rewarding.

Several other "gigs" were on our agenda this month. We are charity clowns and do what we can to help local schools and churches, Hospice and charitable organizations.

Hospice asked us to help again with their Flutterby program for the children. The Ocala Chrome Divas asked us to help them out on Sept. 26. The phone really starts ringing this time of year.

Did you get a chance to meet Rosey Nosey at the Club Fair? If not, and you have an interest, what do you need to do to join us? Just call Dotsy at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown.

You can also just stop by at one of our meetings and see what we do. We meet on the first and third Mondays of the month at 3 p.m. at TimberRidge in the Collins Resource Center. We would love to have you join us!

Gum Drop and Toot

Volunteer at
Sholom Park

FOR INFORMATION,
CONTACT PAT RUSSELL
VOLUNTEER COORDINATOR
PH: 237-9712



Back at The Ranch
Cammy Dennis

Golf - Drive Longer and Play Stronger! Part Two

As introduced last month, whether you step up to the tee as a beginner or a seasoned player, there are always things you can do to improve your golf game. This article is part two in a two part series. Last month we examined how improving your physical condition could enhance your performance off the tee and on the green. This article continues the discussion on golf conditioning focusing on how you can reduce your risk of injury.

It is very important that your conditioning program includes strength and flexibility training. Strength is critical for several reasons when it comes to injury prevention. For example, your posture has a profound impact on your golf game. If your posture is unstable (usually due to muscular weakness and muscular imbal-

ances), your ability to stabilize is inhibited which will increase your risk of injury, in most cases your back.

By strengthening muscles, your ability to maintain proper form and function will be enhanced. Proper form and function will decrease your risk of injury.

Another leading cause of injury among golfers comes from skipping a proper warm up. A warm up prior to any sport or athletic movement is critical for preparing muscles, joints and connective tissue. Because a golf swing requires an optimal range of motion through the shoulder and hips, it's important to prepare the muscles and tendons to lengthen, and then generate force.

A dynamic warm up is recommended over static stretching (holding a stretch in a fixed position). Dynamic stretching prepares the muscles and joints as well as elevates the body's temperature, both important for reducing the risk of injury.

The Ranch Fitness Center and Spa is excited to offer our very first "Golf Conditioning" workshop. This course will begin on Oct. 12 and run for two weeks. You will participate in four group sessions, and will also receive one personal training session. Personal trainers will lead you in sport specific conditioning to achieve what I described above. You can enhance your golf performance and reduce your risk of injury. Not exercising? Not a problem, all fitness levels welcome! Reserve your spot by registering at the front desk.

Fitness happenings at The Ranch:

- **GOLF CONDITIONING**, Oct. 12 through Oct. 21.
- **FIRE UP FRIDA' BOOT CAMP** on Oct. 16 at 5:30 p.m. with Larry and Cammy.
- **GET REAL WEIGHT LOSS SOLUTIONS** on Nov. 3 at Master the Possibilities.

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Fire up your Fridays and jump-start your weekend!

FIRED-UP FRIDAYS:

- 'Boot Camp' October 16th, 5:30 pm – Larry and Cammy
High intensity intervals of cardio and strength; this ain't no dance class!
- 'Let it Loose Line Dancing' November 6th, 5:30 pm – Jessica and Cammy
Blow the lid off line dancing; fired up country music and easy to follow dance!
- 'Trek and Burn' December 4th, 5:30 pm – Jessica and Cammy
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- The Candler Cosmo
- The Wisp of Windsor
- The Colonnade Colada
- The Providence Peach
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Kitti's Corner
Kitti Surrette

Gold Nuggets

Can you lose fat cells? Yes, is the answer. There is a "but," most simply shrink when you lose weight. "Ninety-five percent of a fat cell is fat, which is drawn out by other cells for energy," says Eric Ravussin, Ph.D., chair of diabetes and metabolism at the Pennington Biomedical Research Center in Baton Rouge, La. "Sometimes the cell dies, but empty ones usually stick around for future fuel storage." That's good news; without those empty "tanks," other fat cells can fill up and secrete toxic proteins that can lead to disease.

Is cellulite different from fat? Cellulite is ordinary fat: 1) trapped between connective tissue; 2) tent pole - like fibers that help support the body's other tissues and organs, says dermatologist Jerome Z. Litt, M.D., of Beachwood, Ohio. Women whose connective tissue is less elastic tend to develop cellulite when they gain weight as fat cells bulge against skin, causing bumps and ripples.

Are you confused whether to ice or heat an injury? The answer depends on your injury. If it's sharp - a sudden one such as an ankle sprain with pain and swelling - ice is the way to go. The cold constricts blood vessels in the injured tissue, limiting inflammation. Apply a bag of ice, wrapped in a towel to protect your skin, for 10 to 15 minutes every few hours for two to three days, or until the swelling goes down. If it doesn't subside within a few days, see your doctor for an evaluation.

For chronic injuries such as shin splints, which tend to come and go with no swelling, heat the area for 15 minutes before exercising to reduce stiffness. A soft towel kept moist with warm water is an easy option. If you're sore afterward, applying ice can ease pain and get you

back in action in a flash.

Which is true? Fiber slows digestion of food or helps to protect against colon cancer by speeding up digestion. Fiber does slow digestion; however, it fights colon cancer by hastening the elimination of waste products. Some of the fiber you consume dissolves into a gel that slows the absorption of nutrients from the stomach and small intestine. That helps keep blood sugar levels from spiking, which may help lower cardiovascular risk in susceptible people.

Fiber can also discourage overeating by making you feel fuller. In contrast, the colon, or large intestine, plays only a limited role in the digestion of food but a major role in excretion. Fiber entering the colon helps create soft, bulky stools that speed the excretion of potentially cancer-causing wastes.

What causes the brief but excruciating headache when you eat ice cream too fast? Sudden, intense facial pain can follow the application of any ice-cold substance to the back of the mouth and the upper part of the throat. Apparently, cold triggers a reflex spasm of the blood vessels there. The pain may result from interrupted blood flow to the tissues. Similar pain can occur in subzero temperatures.

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE OCTOBER 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Arbor Club Ballroom		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Cammy/Marcy	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry		
9:30-10:30	Yoga* Ronnese AC Ballroom	Intermediate Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom				
10:15-11:15 Fitness Room					Yoga* Bryony Fitness Room		
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Marcy		Shallow Water Aerobics* Marcy				

*DENOTES A FEE BASED CLASS



Pennsylvania Club
Pat Utiss

As I ride through the community, I see fallen leaves on the ground. Even though the temperature doesn't change much, this looks like autumn. The other sign of autumn is most clubs are gearing up for another season. Pennsylvania Club is no exception.

Our September meeting, the first one

of the new season was a real success. We had horse racing, which the members really like and participate in fully. I am fairly sure, the biggest winner was Anita DeVito, on at least one race, she was the only better on one particular horse and she received all of the money bet on that race. She won several other races also, but on those, she shared the money with other bettors. Good picking Anita.

As with all programs, it wouldn't have been successful without our volunteers. I have to thank our tellers: Eileen Utiss, Judy Dunn, Eileen Kreps, Shirley Wilver, Joan Cummings and Joan Messner. Another big help was Larry Wilver, who rolled the dice and directed the horses. The volunteer jockeys were too numerous to mention but they all did a wonderful job. It wouldn't have been as much fun without them.

Our October meeting will be Oct. 14 at 3 p.m. in the Arbor Conference Center, Suites E and F. Come early for refreshments and fellowship. We will have a speaker from Marion County Senior Services.

I want to say again to new residents and new readers of my column, you do not have to be from Pennsylvania to join our club. We are just a fun club and welcome all.



November issue:
Thursday, Oct. 29



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Fitness Happenings
Cammy Dennis

A Cornucopia of Wellness

Fall has arrived offering a welcome retreat from the heat! Fall is a time of gathering; our forefathers gathered the harvest, and in turn, family and friends gathered to celebrate the gifts of the season.

Health & Recreation would like to extend to you a cornucopia of wellness offerings. Autumn abounds with opportunities to take exercise outdoors and enjoy the beautiful weather.

It is also a time to welcome back our northern neighbors; we look forward to seeing all you snowbirds at the Fitness Center and in our fitness classes. Read on to discover the new and exciting events spilling out of our cornucopia of wellness...

"Light Latin" is a new class now being offered on Fridays at 10:45 a.m. at Health & Recreation. We welcome new instructor, Dunia Coral, who will be teaching this class. She brings lots of positive energy and a Latin flair to this low impact class. "Light Latin" starts on Oct. 2.

We have another new instructor joining our tremendous team of fitness professionals. Her name is Marcy Pullen. Mar-

RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE

EFFECTIVE October 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise
8:00-8:50 Aerobics Room	Cardio Mix Jessica	Condition & Stretch Cammy	Cardio-Kick & Tone Jessica	Condition & Stretch Cammy	Cardio Mix Kitti	12:15 20 Min.
9:00-9:50 Aerobics Room	Primary Pilates Jessica	Balanced Body Therese	Stretch for the Stars Jessica	Balanced Body Cammy	Precision Pilates Kitti	Sunday Oxycise
10:00-10:45 Aerobics Room	Balanced Body Jessica		Balanced Body Jessica	Strictly Strength Larry	Balanced Body Marcy	12:15 20 Min.
10:30-11:15 H&R Ballroom	Cardio Jam Kitti		Cardio Jam Kitti		S.O.S - "Serious on Kitti Strength"	
10:45-11:30 Aerobics Room	Light Aerobics Marcy		Light Aerobics Marcy		Light Latin Dunia	
12:00 Fitness Center		Fitness Center Orientation				
12:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	
1:00-2:00 Aerobics Room		ZUMBA*! Traci		ZUMBA*! Traci		

* Denotes a Fee Based Class

cy may be small in stature but she packs a lot of power, and has amazing energy! Marcy has outstanding credentials and is working hard to teach Deep Water Aerobics, Shallow Water Aerobics, Light Aerobics as well as Balanced Body. Welcome Marcy!

Rally with friends and neighbors to "Walk for the Cure" on Monday, Oct. 19 on the Links golf course. We will open registration for this event at 2 p.m. by the On Top of the World golf shop (\$5 to join the walk), and the walk will begin at 3 p.m. The fight against breast cancer is a great one indeed but together we can beat this!

"Walk for the Cure" in October then join Larry and Cammy for a "Wellness Walk" in beautiful Sholom Park on Tuesday, Nov. 10 at 9 a.m. Our "Wellness Walk" will begin with a demonstration on proper posture and gait function. You will then have your choice in either a one or two mile walk. We will conclude by leading you through some stretches to enhance your future walks for wellness!

More fitness happenings:

- **LIGHT LATIN:** New class! Fridays at 10:45 a.m. in Health & Recreation.
- **BIGGEST LOSER WEIGHT LOSS PROGRAM:** Starts Thursday, Oct. 1 at 11 a.m. in Health & Recreation.

- **WALK FOR THE CURE:** Monday, Oct. 19 at 3 p.m. start time at On Top of the World golf shop.
- **GET REAL WEIGHT LOSS SOLUTIONS:** Nov. 3 at 9:30 a.m. at Master the Possibilities.
- **WELLNESS WALK:** Nov. 10 at Sholom Park at 9 a.m.
- **BIKE CLINIC:** Nov. 14 in the Health & Recreation parking lot from 9 to 11 a.m.

Emergency After-Hours Phone Number
236-OTOW (236-6869)



Larry's Fit Tips
Larry Robinson

Summer is making its departure, and fall is here. The hot and muggy afternoons are no longer an issue, it will be almost enjoyable to take that afternoon or evening walk or start that activity you have been putting off because of the weather. I'm sure everyone is aware of the importance of exercise as we get older, but if you forgot some of the main reasons, let me emphasize them again.

The American Academy of Orthopaedic Surgeons (AAOS) reports that staying physically active, exercising regularly helps to enhance muscle and joint function, maintains bone strength, and reduces your risk of heart attack and stroke.

Older adults hurt their health far more by not exercising than by exercising. An inactive lifestyle can cause older adults to lose ground in four areas that are important for staying healthy and independent: strength, balance, flexibility and endurance.

Strength exercises build muscles and increase your metabolism, which helps to keep your weight and blood sugar in check.

Balance exercises build leg muscles, and this helps to prevent falls. According to the National Institute of Health, U.S. hospitals have 300,000 admissions for broken hips each year, many of them seniors, and falling is often the cause of those fractures. Balance exercises will help to avoid problems, as you get older. And can help you stay independent by helping avoid the disabilities that could result from falling.

Stretching exercises can give you more freedom of movement, which will allow you to be more active during your senior years. Stretching exercises alone will not improve your endurance or strength.

Endurance exercises are any activity—walking, jogging, swimming, biking, even raking leaves—that increase your heart rate and breathing for an extended period of time. Build up your endurance gradually, starting with as little as five minutes of endurance activities at a time.

FIT TIP #1: If you are beginning an exercise program, get an okay from your health care provider, and start slowly to avoid injuries.

FIT TIP #2: Don't be afraid to exercise. Exercise and physical activity are among the healthiest things you can do for yourself, but some older adults are reluctant to exercise. They may be afraid that exercise will be too strenuous, or that physical activity will harm them.

FIT TIP #3: Exercise is safe for people of all age groups; it improves the quality of life.

ATTENTION WALKERS: Mark your calendar for Nov. 10 at 9 a.m. for a wellness walk in beautiful Sholom Park. Choose between one or two mile walks. Instruction provided on posture, gait and proper stretching. No fee.

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Bloodmobile
Don Pixley

We await with open arms the return of our snowbird blood donors. We survived the summer but our population swells as winter approaches, so will the need for human blood. We have been happy to have some participation by those who have given for the first time so perhaps we can look for a great turnout for the next drive to be held on Monday, Oct. 5 from 7:30 a.m to 2:30 p.m.

The personnel manning the Big Red Bus parked in the Health & Recreation parking lot will welcome you! Please come on down and donate, we need all the help we can muster.

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Southern Club
Charlotte Hancock

The Southern Club met in September in the Arbor Club Ballroom. It was a beautiful setting overlooking the community of On Top of the World.

Thank you to our members who attended and brought so many wonderful food entrees. Our new set-up committee did a wonderful job of moving our supplies to the Arbor Club Ballroom and setting up the buffet table.

We had a birthday celebration for everyone who had a birthday in June, July, August and September. Thanks to Edith Owens, the tables were decorated with balloons and everyone who had a birthday took home a balloon. There was a beautifully decorated birthday cake and the traditional bread pudding provided by Jeanne Stanley.

Our next monthly meeting will be held Oct. 1 in the Health & Recreation Ballroom at 5:30 p.m. Tickets will be on sale for our Thanksgiving dinner. The price will be \$6 per person.

Entertainment will be a favorite of our club, Judy Furfaro.

**Emergency After-Hours
Phone Number**
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**Illinois
Social Club**
Marlene Kaiser

We had our potluck dinner on Sept. 20 with a good turnout with some new Illinois friends.

Oct. 21 through 23 will be our trip to Oktoberfest in Helen, Ga. The trip includes bus transportation, hotel, dinner, breakfast, tour of Helen and the festival for only \$245 per person. We still have a few places available; hope you can join us on this wonderful trip.

On Saturday, Dec. 12, we will be going to the Christmas Show at the Show Palace in Hudson, Fla. We will be leaving from the Health & Recreation parking lot at 4 p.m. The price includes bus transportation, dinner and show for \$64 per person.

Join us on a seven night cruise on the beautiful Carnival Dream sailing from Port Canaveral visiting ports of call Nassau, Bahamas; St. Thomas; and St. Maarten. The price includes bus transportation, cocktail party, all taxes and government fees: inside cabin from \$650 per person and balcony cabin from \$975 per person. Deposit is \$250 per person as soon as possible; space is limited. Contact Marlene Kaiser at 369-3341.

We welcome anyone who has lived in Illinois to join us on any of these wonderful trips.

Events October

To be listed, call Sid at 861-8775

Oct. 4-10 Trip: Music & Historic Tour Nashville, Tenn. 854-0702	Oct. 22-23 Show: The Sunshine Boys 7 p.m./CSCC 854-4947
Oct. 7-9 Trip: Oktoberfest (German Club) Helen, Ga. 291-0887	Oct. 22 Play & Dinner: "Fiddler on the Roof" Hud- son, Fla. 873-2747
Oct. 11 Movie & Potluck: "Blue Butterfly" 5 p.m./H&R 873-7507	Oct. 23 Rags to Riches Sale 9 a.m./CC 854-8707x10
Oct. 13 Trip: Casino Tampa, Fla. 854-8707x10	
Oct. 15 Trip: Sunken Gardens St. Petersburg, Fla. 861-9880	
Oct. 17 Craft Fair & Entertainment 10 a.m./CSCC 854-8707x10	
Oct. 21-23 Trip: Oktoberfest (Illinois Club) Helen, Ga. 369-3341	

Location Codes

AC	Arbor Club
BR	Ballroom
CC	Arbor Conference Center
CCC	Candler Community Center
CSCC	Circle Square Cultural Center
H&R	Health & Rec Bldg
ICC	Indigo Community Center
MR1	Meeting Room 1
MR3	Meeting Room 3



**New York/
New Jersey**
Bunny Barba

Welcome back to our returning snow-birds and a big hello to new residents.

The officers and board members of our club urge everyone to attend the next meeting on Tuesday, Oct. 20. The actual meeting begins at 3 p.m. but come early to enjoy refreshments.

Please note that all members and future members are welcome to attend. We urge everyone who has ever lived in either New York or New Jersey to come on up to the Health & Recreation Ballroom and see just how much you will enjoy yourselves. As a matter of fact, if you have relatives living in either of the two states or if you have ever visited or driven through New York or New Jersey, you are welcome to join.

A special event is planned for the October meeting. A new and unique show produced and directed by our own Dottie Berkowitz will amaze and entertain you. Do not miss it.

Annual dues are \$10 per person, but all new residents may attend one meeting as special guests of our executive board. All new and renewal memberships will be taken at the October meeting.

Unfortunately, I cannot report on our September meeting because the column must go to press before our meeting date; will keep you advised.

If you have any questions or comments, please call me at 873-8009 or e-mail me at Thebunster29@aol.com.

May your life be full of good luck and great joy, always in all ways.



**New England
Club**
Peg Corkum

Do you think "small" when you hear about the state Rhode Island? It may be small in size, but offers so much!

Rhode Island has a rich and dramatic history being the first colony (1652), which enacted the first law against slavery in North America. It was also the first colony (May 1776) to renounce allegiance to Great Britain and "declare" independence.

Rhode Island is also the birthplace of Gilbert Stuart, the famous artist. The portrait of George Washington on our one-dollar bill is a sample of his talent.

There is so much natural beauty here, with more than 400 miles of coastline with beautiful beaches. You can enjoy a clambake or tour Newport Harbor aboard a schooner. And, of course, Newport is famous for its jazz festivals, yacht races, International Tennis Hall of Fame and mansions.

The magnificent mansions, which reflect the glitter, glamour and great wealth of the "roaring 20s." Most are open to the public, worth the admittance fee. My favorite is The Breakers, summer estate of Cornelius Vanderbilt (relatives built nearby). Some movies filmed there include The Great Gatsby (1974) with Robert Redford and Mia Farrow and High Society with Bing Crosby and Grace Kelly.

Twelve miles off the coast of Rhode Island is Block Island. Enjoy a boat trip to a natural paradise with wonderful panoramic vistas. In recent years, Providence's Federal Hill has become a mecca for people who love to browse the shops and enjoy good food; a great way to spend a day.

For anyone planning to fly to New England, about 50 miles from Boston, in Rhode Island, an alternate to Logan Airport is T.F. Green Airport, smaller, but convenient.

To you Rhode Islanders and all New Englanders, mark your calendars. Friday, Oct. 9, is our first meeting of the season. Please plan to come to the Arbor Conference Center, Suites E, F and G at 2 p.m.

New Bible Study Class

BY ARLO JANSSEN

Starting on Friday, Oct. 16, Lynne Roder has organized a new women's Bible study class. Lynne is a highly qualified instructor and an experienced discussion leader of Bible material.

The Bible study group will meet weekly at the Arbor Conference Center, Suite A from 10 to 11:30 a.m. The Gospel of John will be the topic for the yearlong study. A Bible study guide will be provided for each participant for the fee of \$6.

If you have questions on the Bible study group, please contact Lynne Roder at (702) 338-9474, prior to the first meeting on Oct. 16.

Submit Articles by E-mail to
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<p>✓ Engine Light On? Computer Diagnostic \$49⁹⁵</p>	<p>TRAVELING? Avoid Trouble on the Road 55 Point Vehicle Inspection \$39⁹⁵ Must present coupon. Offer good at SR 200 location only. Not valid w/ any other offer. Expires 10/31/09 / OTOW</p>	<p>Air Conditioning Check-Up \$18⁹⁵ Plus Freon Must present coupon. Offer good at SR 200 location only. Not valid with any other offer. Expires 10/31/09 / OTOW</p>

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**View from
the Library**
Doris Knight

You may remember when Kurt Waldheim of Austria was the Secretary General of the United Nations from 1971 to 1981. He was widely respected in that position,

although in the final years, rumors began to circulate that he was a Nazi or at least a supporter during World War II.

When Waldheim chose to run for the presidency of Austria after his time at the United Nations had expired, the rumors and whispers became a public discussion as whether he was suitable to become president of a democratic state. As a result, a historian at the University of South Carolina was asked by the World Jewish Council to research Waldheim's career and learn whether he had been guilty of war crimes during World War II.

Robert Edwin Herzstein, author of "Waldheim: The Missing Years," is a widely respected student of Nazi Germany, skilled in working with German military documents, and the author of several books.

Herzstein notes that he had doubts about Waldheim after he had said that he had received a doctoral degree in 1944 from the law faculty of the University of Vienna. The University had been thoroughly controlled by the Nazis since they took over Austria in 1938. Herzstein agreed to assume the respon-

sibility for this research and spent the next two and one half years in London, Belgrade, Vienna and Washington studying World War II documents.

To summarize briefly, Waldheim was in graduate school in Vienna when the Nazis took over in 1938. Eventually, he became a member of the German army and was sent to the eastern front to help invade the USSR, was wounded, and sent back to Vienna. Waldheim was then assigned to the Balkans where he served as a facilitator, passing along orders from one area to another.

After 1944, when he returned to Vienna, he finished his doctorate in law. When the war was over, he talked freely about his time in combat and his wound in Russia but never mentioned his time in the Balkans.

In the chaos that existed in Western Europe after the war was over, no one bothered to look into his records. He became an accepted legal scholar and was moved to high positions in Austria; from here, he was transferred to the United Nations and eventually to the high-

est position of Secretary General. But as time went on, some persons began to look into the records of the war years to learn what Waldheim had done. Many records were not easily available but those that were seemed to indicate that his role as facilitator in the Balkans had helped the Nazis take dreadful steps against many Jews and other persons during the war years. It was at that point that Herzstein was asked to follow up the story.

After his research was concluded, Professor Herzstein wrote "So far as I have been able to determine, Kurt Waldheim did not in fact order, incite, or personally commit what is commonly called a war crime. But the non-guilt must not be confused with innocence... This historian sees Waldheim as having served as a small but very real cog in a large murderous machine."

So the story ends; it seems likely that we know as much as it is possible to know today.



**Genealogical
Society**
Elizabeth Kyle

Kudos to our education committee for a superb course on how to use the Family Tree Maker Program. Ron Chard, Dick Belz and Julia Hendrick provided substantial handouts, which must have required hours of work. Thanks to them, we have a library filled with excellent resources. Thanks again for sharing your genealogical know-how with the rest of us.

Since taking the course, I have tried to spend at least an hour each day getting organized and entering the facts I know about the Kyle branch of the family. By using the new program, I have a much clearer picture of what I know and what I have to learn. The notes and notebooks have begun to take the shape of a family tree. Yes, the course has motivated me to get things organized and to make more progress in my research.

A very good way to kick-start your re-

search is to listen to those who know genealogical research. Don't forget to save Oct. 31 for a seminar by George Morgan on U.S. Immigration Records, including:

- Ships' arrivals prior to 1820
- Customs Passenger Lists (1820-1891)
- Creation of Immigration Bureau and New Processing in 1891
- Methodologies for Locating Your Ancestors
- The second topic of the seminar is Using the Heritage Quest Databases, which include:
 - U.S. Federal Census Images for 1790 through 1930
 - The Periodical Source Index (PERSI)
 - A collection of indexed and searchable Revolutionary War Era document images

Registration is through Master the Possibilities.

Heritage Quest is a free resource available through the Marion County Public Library. All you need is a library card. So, be sure to have a library card available when you arrive home ready to try out your new knowledge.

The third Monday meetings will resume this month. Our business meetings are held on the second Monday at 10 a.m. in Room 3 of the Arts and Crafts Building. Visitors are welcomed with open arms. Help is available from people who know a lot more about genealogy than this writer.

**Emergency After-Hours
Phone Number**
236-OTOW (236-6869)

Women's Cancer Support Group

By PATRICIA A. WOODBURY

The August meeting was an energetic one with our Fitness Director, Cammy Dennis' presentation of the Medical/Exercise Connection for the Aging Adult. She reported that the health crisis is preventable through proper diet and exercise. By gaining muscle strength, body fat is controlled and a healthy body composition is maintained. It is never too late to develop muscle mass. She stated that there are two choices, an active future that leads to quality of life or an inactive future that decreases functional ability.

Specifically, she cited the benefits of exercise for the cancer survivor as reduced pain and nausea, cardiac endurance, muscle strength, reduced fatigue and an enhanced mood.

Dr. Ganesh D. Arora, Radiologist at

Clinical P.E.T. of Ocala discussed the Position Emission Mammography—what it shows and the advantages for the cancer patient.

For the Oct. 15 meeting, Charla Griffith from the All About You Women's Boutique will demonstrate what her shop has to offer the woman who has had breast surgery and the many other items that are available to cancer patients.

This group meets on the third Thursday of each month in Health & Recreation Building, Room #2 at 1:30 p.m.

Women who are cancer survivors or may be a caretaker for someone with cancer or interested in learning about cancer issues are welcome to attend. For further information, contact Diane Kirol at 854-8152.



Hospice of Marion County, Inc. presents the 6th Annual Steel Horse Stampede

Saturday, November 7, 2009
Registration at 8 am; Ride at 10 am

\$25.00 Minimum donation (Rider)
\$10.00 (Passenger)

Includes: Light breakfast, lunch by Tommy's BBQ, door prizes, 50/50 and entertainment by Nightshift Band.

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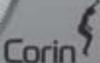
Local orthopaedic surgeon
Derek Farr, DO
will be discussing:

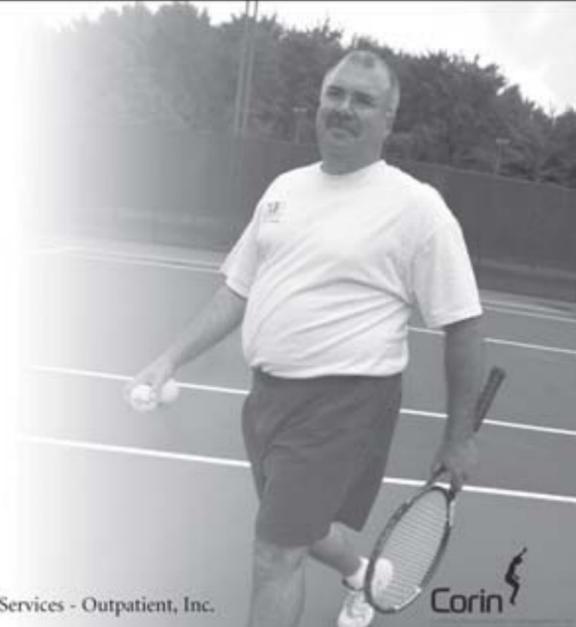
- New Technologies in Hip Replacement
- Arthritis of the Hip
- Cormet Hip Resurfacing - A Bone Conserving Option for Younger, More Active Patients

Date: Tuesday, October 6, 2009
Time: 1:30 pm (light refreshments will be served)
Location: Circle Square Commons
(Located On Top of the World Communities,
next to Master the Possibilities)
8409 SW 80th Street, Ocala, FL 34481

Space is limited! So, register today!
To register call **352-255-2704**.

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SPCA
Maria Devine

It's finally here! That special fundraising event we've been planning for so long -- the White Elephant Sale -- is set for this Saturday, Oct. 3. Come on over to Friendship Center next to Winn-Dixie from 9 a.m. to 2 p.m. to see all the wonderful new and gently used items our generous neighbors have donated for this sale. From handbags to Lenox, from coffee pots to games, there are items here to interest men, women and the grandkids,

if they're visiting. Every penny goes to the animals, so help us help them while you pick up something nice for your home, yard or yourself.

This month, we're trying to help a forever resident of On Top of the World find a new home. She's Pepper, the lovely longhaired Dachshund -- just look at that profile! At five years old, she's spayed, current on all shots, and in good health. Shy at first, a smile and a gentle hello will warm her up in a heartbeat. Then, she'll snuggle in your lap or sit by your side, whichever you prefer. She'll let you know when someone's at the door -- you need protection, of course -- but then she'll quiet down and wait for her petting session to resume. This little girl just wants to continue to be loved. Her owner can no longer care for her and would prefer she stay in the community she was raised. Pepper can be good with another dog, but thinks cats are for chasing. If you no longer want to deal with the puppy and juvenile dog stages, then Pepper is an ideal choice to transition into your household routine and you can enjoy the amenities of On Top of the World together. Please call Cathy Bolick at 854-9851 to meet Pepper.

What's more adorable than a basket of kittens? Why, these four newly minted

Pet Adoptions Available Through the SPCA of Marion County



Pepper



Four Kittens

babies, of course. They won't be ready for adoption until the end of October, but here's a sneak peek of the happy times ahead. The brown tiger sleeps on his back like a puppy and sucks his little toe. Of the creamy ones, one has a long tail, one a stubby tail, and one has almost no tail at all. This means that dad could be a desirable Manx breed, since mom is a grey tiger. Already, they come over to sit on your foot as pretty as you please, waiting to be picked up and cuddled. If you find them just too irresistible, call Wendy

Noseworthy at 861-7768 to reserve your bundle of joy. If they're not snapped up early, we'll have more pictures and descriptions in next month's column.

The next meeting of the SPCA will be on Thursday, Oct. 15, at 1 p.m. in Suite H of the Arbor Conference Center. You can come as a guest and then decide if you would like to join us. Our annual membership is only \$15 per person, or \$25 per family.



K-9 Club
Mary Chang

Do you know the most important command that you can teach your dog? According to the experts at Pedigree foods, it is "come."

The primary way you will get your dog's attention if he is running or playing is by using this command. "Dogs are accustomed to living in packs with other dogs, so a strict hierarchy is completely normal to them. If you treat your dog as a partner with equal rights, you may give him too much freedom. That will only confuse him, because a dog needs clear rules. There must be a leader of the

pack--and it's the leader who calls the dog to "come!"

So, if your dog hasn't yet learned this command, you'll be doing both him and yourself a favor by starting the training of this command now.

The K9 Club held their first meeting on Sept. 13. Those in attendance learned all about how to prepare their pets and themselves for a natural disaster. Many thanks to Ralph Mills, who took the time to prepare such an informative presentation.

We are looking forward to our next meeting on Oct. 11 at 7 p.m. in Suite G of the Arbor Conference Center. Lilliane Merida-Scannone will teach us the basics of agility training.

Lilliane who runs "Trained Dog, Happy Dog" in Williston, is a nationally known trainer with many years of experience in her field.

Set aside Sunday, Nov. 8 for a fun experience. Whether you come with your pet or not, you will have a great time! There will be a parade presenting our canine friends, a display of tricks, holiday photos and lots of information to learn from our "sister" organization, the SPCA.

Look for the posters and registration applications in mid-October at various locations in our community for more information.

Remember you can join our club by coming to any meeting and paying the \$5 yearly fee. You will find yourself among friends, as we all know that dog owners tend to be very social just like their pets!

Finally, remember that if you have lost a dog or found a dog without identification, please contact the front gate (854-8935) or Ralph Mills (390-3446).

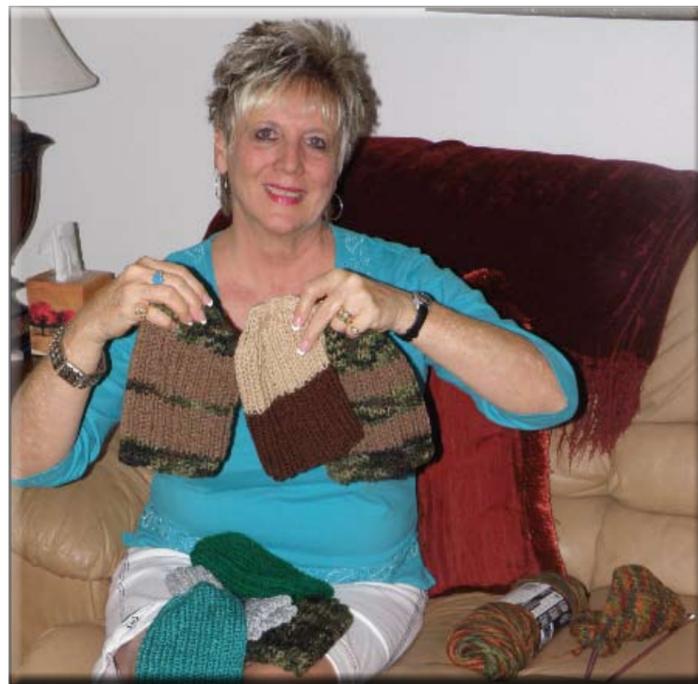


Photo by Mike Roppel

Sharon Newberg from On Top of the World is shown with knitted helmet liners.

Helmet Liners

By SHARON NEWBERG

Several months ago, I first heard about the helmet liners through my church. Shortly thereafter, Women of the World at On Top of the World had the director from Operation Shoebox, Mary Harper, as our guest speaker. She provided the information about Operation Shoebox and articles needed for our troops.

We were informed that one of the most treasured items for the troops is a helmet liner. So, I provided Women of the World members with copies of the helmet liner patterns.

Since then, the mission has expanded

via our members to friends and family throughout the Ocala area as well as other states.

In the past several months, I would guess that we have delivered a couple of hundred of helmet liners along with other needed items to Operation Shoebox. My hope would be that this coming year we could deliver over 1,000.

I believe that the helmet liners are one of the most treasured items for our men and women overseas because they know that someone here at home took the time to hand make these especially for them and added a little love.

The patterns for helmet liners can be seen on www.YouTube.com.

Finished helmet liners can be sent to Nancy Grabowski, 9870 SW 89th Lane Road, Ocala, Fla. 34481.

If anyone has any questions, they can contact Sharon Newberg at 694-4853.

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New Office Opens Mid-October

Activities October

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
8:30	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9a.m.-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:30	Tai Chi	AC
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance (Level Two)	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Aqua Belles	AC
1:00	Bocce League	BCTS
1:15	Line Dance (Intermediate)	HR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	Line Dance (Level Two)	HR
4:00	Line Dance (Level One)	HR
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:30	Bridge	CR
6:30	Euchre II	CC:H
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
8:00	*Flu Shot 10-12-09	CC:E&F
9:00	Life South Blood	PL
	(All Odd # Months Only)	
1:30	RC Flyers Club	CC:B,C
2:00	D'Clowns	CC:B,C
2:30	Bocce	CC:AC
3:00	Readers/Theatre	CC:D
3:30	Ocala Clown Express	TR
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
7:00	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

3rd Week

10:00	Genealogical Workshop	CC:B,C
1:30	D'Clowns	CC:B,C
2:30	Readers Theatre	CC:D
3:00	Ocala Clown Express	TR
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E,F
7:00	Sunshine Singers	BR

4th Week

3:00	Community Patrol	CC:B,C
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Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horseshoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Sunshine Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cyber Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witch Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:30	Chess Club	MR2
3:00	Shutterbugs	CC:B,C
4:30	Table Tennis	CC:D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	MR2
6:00	Pinochle	MR3/Art
	Mah Jongg	ACC:C
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H

Pattern Dancing	BR
Circle Squares Dance	AC

1st Week

8:00	Men's 9 Hole Golf	P.R.
1:00	Sunshine Quilters	Art
2:00	Italian American	CC:E&F
6:30	Candler Excursion	CCC

2nd Week

8:00	*Seminole Casino Trip	HR
	10-13-09	
9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:30	Visually Impaired	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G
7:00	Lions Club	CCC

3rd Week

1:30	Unique Birders	CC:H
2:30	New York/New Jersey	HR
3:00	NY/NJ Club	BR
4:30	*Bus Dinner Run	HR
	10-20-09 (Sky Fusian)	
6:00	Caribbean Club	ICC
7:00	Democratic Club	CC:E,F

4th Week

8:30	Lions Club	CCC
1:00	Scan/American	CC:E,F
3:30	Alpha Investment	Art
7:00	Karaoke	CCC

Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics	Art
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PL RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
3:00	Scrabble Club	CC:H
	Newcomers Line Dance	H&R
4:00	Softball Practice	SBF
	Newcomers Line Dance	H&R
5:30	Bingo	BR
6:00	Poker	MR3
	Pickleball	CTS
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

1st Week

9:00	Model Railroaders	MR1
10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB

2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:45	Native Plant	CC:H
3:00	Pennsylvania Club	CC:E,F

3rd Week

9:00	Central Owners	H&R
	Meeting 10-21-09	
1:00	Stamp Club	PAB

Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R

8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B,C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E,F
	Hand & Foot Canasta	CR

Bus Ocala Run

9:30	Miniature Golf	MGC
	Shuffleboard	CTS
10:00	Round Dance Class	CC:E,F
	Ballroom Dance	AC
10:30	Advanced Tap	HR
	Concert Chorus	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square	CC:E,F
	Dancers	
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E,F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
	Shuffleboard	CTS

Bus Grocery Run

5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
	Pickleball	CTS
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H

1st Week

8:00	Shutterbugs Reception	H&R
	Sign-ups start 10-01-09	
10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

2:00	Singles Club	CC:G,H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F,G

3rd Week

9:00	Hand & Foot Canasta	CR
1:00	Rubber Stamping Card	CC:G
	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B,C

Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	CC:D
	Canasta the Old	CR
	Fashioned Way	H&R BR
	Square Dancing	H&R BR
2:00	Fun In The Water	AC
5:00	Happy Hour	AC

**Upcoming
Publication Date**
November issue:
Thursday, Oct. 29

6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

10:00	Emb. Chicks	CC:B,C
1:00	Women of the	
	World	CC:E,F,G,H

2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
7:00	Republican Club	CC:E,F,G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

9:00	Rags to Riches	CC:A,B,C,D
	Sale 10-23-09	E,F,H,G
10:00	Emb. Chicks	CC:B,C
12:00	High 12 Club	TBA

5th Week

4:00	Happy Hour	AC
	Theme: Halloween	

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

3rd Week

10:00	Craft Fair	CCS
	10-17-09	

Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:B,C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
6:00	Pickleball	CTS
7:00	Mixed Poker	CC:H

2nd Week

6:00	Movie of the Month	BR
7:00	K-9 Club	
CC:G		

3rd Week

2:00	American/Jewish	CC:E,F,G
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Advance registration and fee may be required. Please check in advance.

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop



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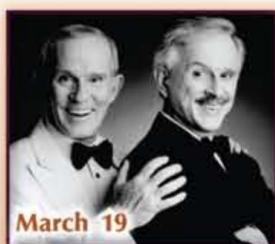
at the ticket office or online* at www.CSCulturalCenter.com



January 9
Johnny Maestro
Greatest hit, "Sixteen Candles"
Gold \$26 Silver \$24 Bronze \$22



February 15
Presidents & Their First Ladies: Dramatically Speaking
Showtime: 1 pm (doors open at noon)
General Admission: \$10
A Master The Possibilities Event



March 19
The Smothers Brothers
Featuring the hilarious "Yo-Yo-Man" performance
Gold \$40 Silver \$38 Bronze \$36



May 22
Bill Allred Jazz Band
Singing "Route 66", "Love for Sale" and more!
\$12



January 23
The Duprees
Greatest hit, "You Belong to Me"
Gold \$22 Silver \$20 Bronze \$18



February 19
The Kingston Trio
Greatest hit, "Tom Dooley"
Gold \$26 Silver \$24 Bronze \$22



April 3
Charlie Thomas' Drifters
Greatest hit, "There Goes My Baby"
Gold \$18 Silver \$16 Bronze \$14



June 5
Lola and The Saints
Doo-Wop at it's Best!
Gold \$11 Silver \$10 Bronze \$9



January 30
Dance Party with Kathleen Kane & the 007 Band
Singing "For Your Eyes Only" and more!
\$10



February 27
Jim Stafford
Greatest hit, "Spiders & Snakes"
Gold \$13 Silver \$12 Bronze \$11



April 24
Wilson Williams & The Platters
Greatest hit, "Only You"
Gold \$20 Silver \$18 Bronze \$16



June 12
Barbershop Quartet Extravaganza
Barbershop Harmony at its Best!
Showtime: 2 pm (doors open at 1 pm)
Gold \$10 Silver \$9 Bronze \$8



February 13
Bowzer's Rock 'n Roll Party w/Rocky and the Rollers
Singing "Blue Moon", "Shout" and more!
Gold \$22 Silver \$20 Bronze \$18



March 12
Dance Party with Shepherds Pie featuring Dunning Shaw
Singing "Twist & Shout", "Pretty Woman" and more!
\$12



May 1
"The World Has Talent!" Talent Show
Audition date to be announced
Gold \$10 Silver \$9 Bronze \$8

All shows begin at 7:00 pm and doors open at 6:00 pm (except as noted)

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*Online tickets subject to a convenience fee.



Photo by Bob Woods

Members of Aloha Productions demonstrate native Hawaiian and Polynesian dances.

Island Festival

By BOB WOODS
WORLD NEWS WRITER

On Friday, Aug. 22, it all started under cloudy skies and somewhat cooling temperatures with thunderheads off in the distance in the same direction the wind was blowing. According to the American flag flying at Circle Square Commons, those black clouds were not going to be a threat to the evening's festivities.

Antonio Crews, Events Manager, made an announcement before the band started playing that in case of inclement weather everything would move inside the Circle Square Cultural Center. The band started playing, folks were pattern, line and ballroom dancing until the evening's entertainment had a preview of what was to come later in the evening.

A young lady wearing a grass skirt and

spouting long hair demonstrated the hula dance and then two other dancers joined her in a Tahitian dance while a young female spectator inched her way closer for better viewing. It looked like this little toddler would start dancing herself if the demonstration continued.

Dancing continued as some spectators sought relief from hunger-pains and the crowd continued to grow. There was a vendor selling island foods as well as foods being sold by Mr. B's.

Then it happened, those clouds that were off in the distance moved in against the ground winds and the heavens let loose. Folks scrambled to seek shelter believing it was just a cloudburst and the rains would end as abruptly as it started.

Antonio quickly made the announcement that the festivities were moving into the Circle Square Cultural Center. It was very obvious the downpour was not going to stop in a matter of minutes.

After a short period, the band and dancers were in place and the fun and excitement continued. Dancing music continued before the floorshow began. Aloha Productions, from Orlando provided the music and entertainment. Beautiful clad dancers in native Hawaiian and Polynesian dress provided many authentic dances dressed in grass skirts and coconut shell tops.

Men from the group also performed many dances found throughout the South Pacific.

On Saturday, Aug. 23, the island festival continued. Gail Keicher taught the Salsa. The evening continued with Latin music being played to the enjoyment of those attending the festivities.

When the Latin band took a break, the Flamenco Dancers took to the floor performing for the audience. This group of dancers from Flamenco Del Sol, an Orlando-based dance group, are internationally known performing in both North and South America as well as many Caribbean islands. The group regularly performs at Universal Studios and Sea World.

Both evenings were very well attended. Plenty of food was on hand with vendors featuring Caribbean dishes. If you missed this event, you missed a great time.



Photo by Ray Cech

Site of the new six pickleball courts.

Pickleball...Funny Name for a Fun Game

By RAY CECH
WORLD NEWS WRITER

No, it has nothing to do with pickles, but it does have a lot to do with a ball. And the reason most of us here at On Top of the World aren't very familiar with the sport is because only now are pickleball courts being built. They are under construction behind the Health & Recreation Building, and when finished, will give players and wannabe players access to six brand spanking new pickleball venues.

Okay, where does "pickleball" come from? No, the Chinese didn't invent it—it's named after a dog! The game itself was the brainchild of Washington Congressman Joel Pritchard and businessman Bill Bell. Pickles were Pritchard's dogs, who would retrieve the ball—ergo, Pickles' ball! This all happened back in the summer of 1965, when the two men turned a badminton set into a sport that's now sweeping the country, particularly in senior communities.

Pickleball allows players to choose just how much exercise they want to get out of it—play fast and hard or simply play at

a level that suits your physical conditioning. The ball doesn't move as fast as in racquetball, or as slow as a shuttlecock in badminton. It seems like it's right in-between, making it a perfect activity for you and me (as well as our grandkids). It doesn't take a lot to learn pickleball, usually no more than 20 minutes and you're good-to-go.

Here at On Top of the World, the six new courts will give everyone an opportunity to come out and get active, make new friends and take advantage of the reason we live here. Come on out and play!

Right now, pickleball is played on tennis courts one and two every Sunday at 5:30 p.m. The new dedicated pickleball courts should be ready for play sometime in October when fans of this exciting sport will be able to play any time, any day.

For more information or to sign up, call Tom Seitz at 390-3112, or Gordy Phillips at 854-7981.

Community Patrol Fundraiser a Success

By GARY RODOFF

The New Pretenders "Memory Lane" show on Friday, Sept. 11 was a great success. We had a sell-out crowd of well over 400 people. The evening started out with ice cream sundaes for everyone and was followed by a moment of silence for Sept. 11. Then The New Pretenders gave their usual fantastic performance.

Many in the audience were seeing The New Pretenders for the first time and can't wait to see them again. The evening

ended with the singing of "God Bless America." Everyone in attendance thoroughly enjoyed the show.

The show was hosted by the On Top of the World Community Patrol as a fundraiser for the Marion County Sheriff's Office Foundation, Inc. Over \$2,400 was raised for the Foundation which will help support the programs of the over 1,500 volunteers of the Sheriff's Office such as our own Community Patrol and CERT teams.



Photo By Ralph Bailey

Marion County Sheriff's Office Foundation president Charlie Spivack, Lennie and Gary Rodoff after giving Charlie the proceeds of the Sept. 11 New Pretenders and Ice Cream Social.

Super Bingo

By LOLLY FOOS

Super Bingo will be held in the Health & Recreation Ballroom on Wednesday, Nov. 11, from 6:15 to 9 p.m. Cards will be sold at 5 p.m.; no cards will be sold after 6 p.m.

There will be 17 \$50 games and three \$250 games. The cost is \$5 for three cards.

No guests are permitted. Proper On Top of the World I.D. is required to participate.

Any questions are to be directed to Mort Meretsky at 237-5112 or Lolly Foos at 861-2165.

See you there!



**Arbor Club
Tennis**
Jorge Privat

Hopefully, you are all enjoying the weather. We started out with a drought, then a lot of hot temperatures and finally a lot of rain. But, from where I stand, nothing seemed to keep you off the courts. In fact, I experienced even more activity lately.

Due to this increase in activity we may have to run two sessions on round robin days, and with the weather cooling off a bit and a little cooperation, we'll try to get all to play as much as they want. We will also be reinstating the inter-community play on Tuesday and Thursday afternoons.

In order to enhance the enjoyment of your time on the courts, I encourage you to read the "Rules of Etiquette" which are posted on the bulletin board and which perhaps deserve to be published in this column because I believe they will be very valuable to all.

Tennis Etiquette

Court etiquette is not explicitly spelled out in the rules, but it should be familiar territory to a tennis player who wants to be known as sportsmanlike and manly.

1. The oldest tradition in tennis is to

**Tennis
Association
H&R Center
Courts Schedule**

Mixed Doubles
Saturday & Monday, 8 a.m.-noon

Men's Doubles
Tuesday & Thursday, 8 a.m.-noon

Ladies' Doubles
Wednesday & Friday, 8 a.m.-noon

**All Resident Tennis
Players Welcome.**

give your opponent the benefit of the doubt. This means that a ball that cannot be called out with surety is presumed to be good and continues in play.

2. No point should be replayed because a player is not sure if a ball was in or out.

3. It is both, the obligation and prerogative of a player to call all balls in his court, to help his opponent make calls when the opponent requests it, and to call against himself (with the exception of his partner's first serve), any ball that he sees clearly out on his opponent's side of the court.

4. Returning a service that is obviously out (accompanied by an out call) is a form of rudeness, and when the receiver knows that in making these returns he bothers the server, it is gamesmanship.

5. Compliance with the foot fault rule is very much a function of a player's personal honor system.

6. When play is in progress do not go behind another court to retrieve a ball or hit a loose ball to that court. Do not ask for one of your balls until the point in play on the adjoining court has stopped. In returning a loose ball to another court,

do not hit it aimlessly, as if you do not care where it goes as long as it leaves your court. Instead, pick up the ball and hit it gently so that it goes directly to one of the players on the court, preferably the server, or gently roll it to the back fence if no one is looking for it.

7. Enter and exit between points. Wait until the point in progress is over before entering or leaving through another court. It is not only courteous, but also safer for everyone.

8. Retrieve stray balls during breaks. If you know your tennis etiquette, you know that the only time you should go into the next court to retrieve a ball is when the point is over. Better yet, politely ask from those players to return your ball, but ask only during a break in play. On the other hand, it is common courtesy to make sure that stray balls are returned to the proper courts promptly.

9. Keep your voice down. Yes, tennis is a social game and you should have fun. But, there is a time for social chit-chat, and it is not on the tennis court. The noise might not be disrupting your group, but, there are other people to consider. If you must talk, keep it to a minimum, and keep the decibel level down. If you have a problem, meet your opponent at the net. Don't discuss it by yelling from base line to base line.

10. Always announce the score. It makes life a whole lot easier if the server announces the score before each serve. That way, there won't be any arguments over the score. The same holds true for line calls. Call the ball loudly and clearly.

11. Ease up on practice returns. When your opponent is taking practice serves don't smack the ball back with your hardest returns. Instead, catch a few serves so your opponent can concentrate on his delivery. He won't have much practice if he has to duck your returns. How do you practice your return? After your opponent has hit a few serves, simply announce, "I am going to return these." At least that way, he will be ready for them.

12. Learn and play by the rules. It is common courtesy and a written rule to know the rules of the game and to play by them. A knowledgeable, mannerly, courteous player is the best representative of the game, the way it was intended to be played. So, make it a point to play by the rules. The written ones and the unwritten ones!

See you on the courts.



**Director
of Golf**
Sally Collins

As you read this article, the buzz in the golf community is all about the Women's Solheim Cup - the first round took place on Sept. 29 while the second round tees off Oct. 1 at Candler Hills. Saturday, Oct. 3 will feature the decisive third round of singles matches on the Tortoise and the Hare. Who will claim 2009 bragging rights - On Top of the World or Candler Hills lady golfers?

The start of October signals the beginning of another active golf season at both On Top of the World Golf Club and Candler Hills Golf Club. Traditionally, October is "Breast Cancer Awareness Month." And we have several events to support this worthy cause. The On Top of the World LGA 18 is holding their "Rally for the Cure" on Tuesday, Oct. 13. This event is open to any On Top of the World resident and every golfer's support is greatly appreciated.

If you're not a golfer, we invite you to join us for the "Walk for the Cure" scheduled Monday, Oct. 19 at 3 p.m. Advance registration is requested for these events - stop by the On Top of the World Golf Shop to register!

October is also the time of year that Andy Jorgensen and company begins the winter overseeding process. The Links will be closed Monday, Oct. 19 through Sunday, Oct. 25; Candler Hills follows suit Monday, Oct. 26 through Sunday, Nov. 1. The north course at On Top of the World will be closed the first full week of November.

The Golf Shops will be hosting several golf trips during those times so watch the bulletin boards for more details.

While we are scaled back for the overseeding process, you might want to think about what new clubs you want to put in your golf bag. Saturday, Nov. 14 is the Extreme Demo Day at Candler Hills from 10 a.m. to 3 p.m. - mark your calendar so you don't miss the date!

ACCOMPLISHMENTS: We had two hole in ones over the past several weeks! Betty Werner aced lucky hole #13 at Candler Hills using her new Ping Rhapsody 6 iron on Aug. 20. This was LGA day so there was quite a celebration. Rudy Normadin also found the #13 and the 6 iron to be lucky, except he was playing the Tortoise and the Hare on Sept. 10 with the Gills.

Candler Hills' member Chris Jett shot his age with a score of 66 from the blue tees during MGA competition.

Candler Hills Golf Club is active with several tournaments during the month of October.

Saturday, Oct. 3 is the First Annual Red Devils and Friends Golf Tournament teeing off in a 1 p.m. shotgun. Morning tee times will be available to non-event play. The Kingdom of the Sun Shootout will take place on Saturday, Oct. 24 in an 8:30 a.m. shotgun start. Candler Hills Golf Club members receive a discounted rate if they would like to participate in this event which raises money for the annual Kingdom of the Sun basketball tourney which is held locally in December.

The Men's Member-Guest is back for the 2009 edition Oct. 8-10. Play begins with an LGA 9 and 18 scramble Thursday morning which will also include women who are here for the Member-Guest festivities. The men have a Thursday afternoon event and then the competition begins Friday morning to crown this year's Member-Guest champion team.

Does your golf game need a little tweak? The free Candler Hills Clinic on Oct. 1 will feature "Second Shots into the Green" while the On Top of the World free clinic on Oct. 30 discusses "Distance Control with the Wedge Game." Both sessions begin at 10 a.m.

Back by popular demand is the Oct. 9 Candler Hills game improvement clinic on "Driving." Trust me; it is not the old saying of "drive for show" anymore. Space is limited and cost for this clinic is only \$10 per person.

Our golf staffs appreciate the opportunity to serve our members, residents and guests. Please let us know if there is anyway we can make your golfing experiences more enjoyable.

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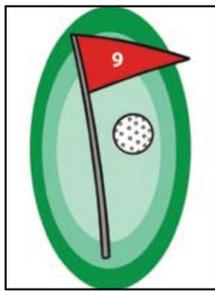
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Candler Hills Ladies 9-Hole
Dianne Masterson

When our league started last year, Sally Collins assured us that we would have fun while learning the game of golf. Betty Werner did not realize at that time, that having a whole lot of fun would mean her getting her first hole in one. On Aug. 20, at Candler Hills on the 13th hole, Betty effortlessly sank her drive. As explained by her joyous teammates, the ball went "ba boomp, ba boomp" right into the hole. The good news spread quickly to the clubhouse, and by the time Betty reached the 18th green, many of her fellow nine-holers were there to congratulate her. It was the first hole in one in league play. Congratulations Betty on this spectacular feat!

On Sept. 3, the Candler Hills LGA Nine hosted the Candler Hills LGA 18. Before our Scramble, both groups were introduced to Matt Hibbs, the new golf pro at Candler Hills. We welcome him and look forward to his help with our leagues and the organization of the games that we play.

After the Scramble, we socialized and enjoyed a luncheon provided by the nine-holers. Before the luncheon ended, Sally Collins, the Director of Golf, handed out copies of "Ladies Links Fore Golf" magazine. In that magazine, there was a wonderful article by Dr. Kendra Brown about positive thinking and the game of golf. In essence, she says we need to modify the way we think about our golf shots. If we think good, reasonable, positive thoughts; then chances are we will enhance our performance. If you think you can, you can!

In the same magazine, Nancy Lopez also wrote about the mental game of golf. She too teaches her students the mental



Photo by Marylyn Tymon

On Aug. 20, Betty Werner shot a hole in one on the 13th hole.

game. When they hit a bad shot, she tells them to think, "I am good enough to do the next shot." That's positive self-talk that all of us should utilize. It'll make our game more enjoyable and us a lot more fun to be with in a golf cart.

Nine-holers that have had positive self-talk with excellent results over the past month are as follows:

Nine-Hole Modified Scramble
Aug. 20

41-Terry Alfano, Betty Werner, Carol Venslavsky, Marylyn Tymon; 41- Peggy Borro, Sue Buckland-Mulhern, Sandra Noe

Odds and Evens
Aug. 27

Flight A: 21- Sue Buckland-Mulhern; Tie at 26- Olive Curtin, Dianne Masterson.

Flight B: 31- Cheryl Engemann; 32- Debbie Massari.

Congratulations to Sandra Noe who had a chip-in on the 8th hole. This was her second chip-in of the season!

Candler Hills LGA Nine / LGA 18 Scramble

Sept. 3

72-M. Kolar (18), J.Gustafson (18), D. O'Brien (9), M. Giannukos (9); 75- C.Norris (18), B.Keough (18), C.Bennett (9), B.Werner (9); Tie at 78- M.Cowie (18), I. Lisinski (18), D.Massari (9), Sue Buckland-Mulhern (9) and M. Mastroianni (18), C. Clark (18), J. Jarmel (18) and L. Lane (9).

Ribbon Game
Sept. 10

54-Peggy Borro, Sandy Schaffer, Heddy Racinowski; 58-Cate Bennett, Tina Hauer, Carol Venslavsky, Diane O'Brien.

On Oct. 15, the Candler Hills LGA Nine will hold it's first invitational. We will

host the On Top of the World LGA Nine for our "Falling Leaves Invitational." Nine-holers of both leagues are reminded to sign up and pay by Oct. 5 to play in this invitational. Also, remember that the Candler Hills LGA Nine will begin it's second season in November.

HOW WELL DO YOU KNOW YOUR FELLOW NINE-HOLERS? Many of our members are returning to Candler Hills. We look forward to being back to full strength! Which nine-holer has summered in Canada? How about Caroga Lake, N.Y.? Rhode Island? Michigan? And how about North Carolina? Welcome back everyone!

As always, I wish you sunny days, long drives and short putts!

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Candler Hills Men's Golf
Joe Alfano

Within a couple of weeks, this being October, we can soon expect the "frost to be on the pumpkin." That's true in at least some parts of the country. Here in sunny, warm and humid Ocala, the only thing our men's association wants to see frost on is the beer glass that we look forward to enjoying at the end of another great day of golf, camaraderie and a fair amount of repartee. This is a staple of our association! We welcome all to join us and become a part of our closely-knit bunch of golfing fanatics. If interested, contact me at jalf8371@yahoo.com for more information.

Our annual Member/Guest will be taking place this month and all of our participants are looking forward to an enjoyable and festive experience. We took great care this year to be sure our significant others

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were kept busy and entertained.

The association wishes to thank our unofficial "women's auxiliary" for their time and effort in bringing this to fruition. If we may, a special "pat on the rump" goes out to Heddy Racinowski, Dianne Master-son, Joan Gustafson, Carol Venslavsky and Terry Alfano for a job well done!

Elections for the board are coming up in November. We need a few good men to run for the board. We have three positions that will be vacant. If you want to make a difference, here is your chance to do so. Contact any current board member to put your name on the ballot.

Shooting the golf well this past month was Tom Garrison-75, Joe Alfano -75, Bruce Venslavsky-77, Paul Moltisanti-72, Mike Buschur-76, Dan Gill-72 and Steve Kupsch-76. Well-done gentlemen.

Four Man Team Three Best Balls
Aug. 18

192-Tom Garrison, Dan Gill, Bob Starrett and Bill Horton; 194-Chris Jett, Dick Williams, Jack Gustafson and Joe Buba; 197-Garry Gerlach, John Podkomorski, Tom Racinowski and Andy Bullock.

Four Man Team Stableford
Aug. 25

155-Dan Gill, Norm Giannukos and Bob Starrett; 150-Glenn Sauer, Bill Anger and Bob Cowie; 143-Chris Jett, Roger Whittle, Jack Gustafson and Stan Jarmel.

Four Man Team Two Best Balls
Sept. 1

120-Dan Gill, Al Wassmer, Ed O'Leary and Bob Cowie; 121-Mike Rec, Marc Schaffer, Jack Ashenfelter and Tom Martinetto; 122-Tom Garrison, Dick Masterson, Marvin Brooks and Bill Horton; Walt Pacuk, Steve Kupsch, Nick Nimerala and Bob Cooke.

Two Man Team One Best Ball
Sept. 8

55-Bruce Venslavsky and Stan Jarmel; 59-Steve Kupsch and Bob Starrett; 60-Tony Mysterly and Tom Martinetto; 61-Bill Anger and Ed O'Leary; Marc Schaffer and John Diaz.



Men's Golf Association
Ron Cleveringa

September was a beautiful month, the beginning of our fall golf season, and no golf course closings were scheduled. This respite in ground crew maintenance activity gives the courses time to recover from the abuse at the hands of the aerators.

With fairway and tees recovery, the courses will be ready for us hackers to get down to some serious golf. Your putter will start behaving again and so should your ball! I have a habit of blaming the ball for my miss-directed shots and poor putts. I found it was a whole lot easier to put another ball on the tee than to blame yourself, throw clubs or say bad things to yourself.

We know what we "shoulda" or "coulda" done, but didn't in executing those ugly shots. Perhaps it's time to take advantage of the free golf clinics offered by Sally Collins the last Friday of every month. These clinics may lower your handicap and make your game even more enjoyable.

There is a Gold Advisory Committee every month attended by On Top of the World management and the presidents of the Ladies and Men's Golf Association. If you have a topic that you would like addressed regarding golf at On Top of the World and you wish to receive an answer, contact me.

Returning "snowbirds," please post all your scores if you have played during the summer months. You will need your summer golf course's slope number to post correct scores. If you need help, contact anyone in the Pro Shop. Posting all your scores is the only way a golfer can maintain a true and valid handicap.

2009 has been a challenging one for your MGA officers and board members. We had to implement CHITS as our permanent method of awarding weekly event winners. We are grateful to those who un-

derstood the requirement to make this change.

Many of you who have played all year have built a nice "nest egg" of Pro Shop credits. Don't forget they must be used by Feb. 28, 2010. Watch the bulletin boards in the lounge and outdoors for advance notice of golf shop sales. We will do our best to keep you informed of special buying opportunities.

The MGA membership is at 210 members and we expect continued growth in 2010. Do your part in supporting the MGA and consider becoming actively involved by becoming a candidate in October's election, just a few days away, by signing the nomination sheet posted in the golfer's lounge today!

Don't forget the opportunity to honor your buddies that can no longer play competitive golf, due to physical constraints, be the friend that honors him with an Emeritus membership. This month we honor George Schneider as our 16th Emeritus member nominated by his friend Harry Brower.

Until next month, hit'em straight, long and not too often!

Scotch Twosome By Flight
Aug. 26/Links

Flight A & B: 61-Rudy Normandin and Alan Mudie; Tie at 64-John Langville and Francis Caprez; Larry Lucieer and Charles Casale; Tim O'Neil and Bob Cates. Flight C & D: 63-Raymond Shultz and Bud Borders; 64-Freddie Moody and Bob Selmon; 65-Douglas Coleman and John Singer; 67-John Bauer and Tom Fasanello; Bill Walker and Ken Cotte.

MGA 9 Hole Low Net
Sept. 2/Tortoise & the Hare

51-John Riccardone; 53-John Gartung.

MGA 18 Chicken Day Scramble
Sept. 2/Links

Tie at 66-Larry Lucieer, John Bauer, Kas Kaske and Frank Palotta; Lee Goodman, Bob Cates, Raymond Shultz and John Oneil; Carl Zeiler, Rocky Groomes, Art Frescura and Bill Koch; Tie at 67-John Langville, Calvin Apperson, Phillip Fay and Bill Krusen; Raymond Beloin, Fred Rodriguez, David Miller and James Delfraisse; Larry Chase, Larry Rourke, Tary Bole and Ed Desmarest.

Nine-Hole Net
Sept. 2/Tortoise & the Hare

36-John Riccardone; 37-Gordon Blanchard.

MGA 18 Hole Stableford
Sept. 9 / Links

Flight 1: Tied at 40-Art Buecher, Charles Senci and Johnny Gill; Tied at 38-Dan Carty and TomMcHaffie.

Flight 2: 44-Steve Gregely; 43-Art Dushary; Tied at 40-David Miller and Francis Caprez.

Flight 3: 45-Jack Hegarty; 43-John O'Neil; 41-Jerry Segovis; 40-Art Frescura; 39-Jimmy Johnson.

MGA 9 Low Net
Sept. 9/Tortoise & the Hare

38-John Gartung; 39-John Riccardone; 40-Gordon Blanchard.

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**Ladies
18-Hole Golf**
Marilyn Rose

Welcome back to all the snowbirds and also welcome back to all the others who have not been able to play this summer

because of heat, travel or other things. We hope you will return to the course this fall. A big thank you to the tournament committee: Bev Ovrebo, Rosemarie O'Neil and Serine Rossi, along with Nick Montanaro, for all their hard work.

We have big events coming up in October and November, and we hope that you will participate. The first is the Rally for the Cure on Tuesday, Oct. 13. We invite all residents, men and women, of On Top of the World to participate in this tournament. The rally time is 7:30 a.m. for a continental breakfast, and shotgun will be at 8:30 a.m. The format is Mixed Scramble and the computer will form the teams. There will be a lunch following play and the total cost for members is \$35. If you are a pay as you go golfer, the usual green fees will apply. The deadline to sign up is Sept. 27 by 5 p.m.

Three things also to remember: You must wear pink, make your check out to On Top of the World L.G.A. 18, and if you can't play, come to lunch for \$13 and make a generous donation to our Rally

for the Cure. There will also be a Memory and For Hope Tree that you can purchase a ribbon for a loved one lost -- In Memory, or a ribbon for a loved one still fighting -- For Hope. The donation is \$5. All proceeds for this tree will go to the Rally for the Cure.

The big event in November is the Candler Hills LGA Inaugural Invitational Tournament. It will be held on Thursday, Nov. 12. They will have a continental breakfast at 8 a.m. and the shotgun start is at 9 a.m. The fee is \$50 which includes breakfast, lunch, golf cart, range balls and prizes. The format is two best balls. The deadline for sign up is Monday, Oct. 12. Make your check out to CHLGA, and drop in our 18-hole box.

Hope you are able to participate in both of these events.

Low Gross/Low Net
Aug. 18 / Tortoise & The Hare

Flight A Gross: 75-Beverly Ovrebo
Flight A Net: 64-Mia Kolar
Flight B Gross: Tie at 94-Lou Borders and

Rosemarie O'Neil
Flight B Net: Tie at 72-Angelita Pena and Peggy Borro
Flight C Gross: 99-Serine Rossi
Flight C Net: 76-Harriet Brower

LGA 18 Beat the Pro
Aug. 25 / Links

No Winners
69 - Tie with Pro-Beverly Ovrebo

Mystery Tee Box
Sept. 1 / Tortoise & The Hare

Flight A: 64-Harriet Hawkins; Tie at 72-Pat MacMurray and Valerie Smith
Flight B: 68-Angelita Pena; Tie at 69-Carolyn Cummings, Lou Borders and Velma Rose
Flight C: 66-Marie Marquis and Serine Rossi

We encourage you to come out and play with us. We have a wonderful group of ladies and we have a good time playing this wonderful game of golf.



**Ladies
9-Hole Golf**
Diane Dzik

Our 2009-2010 season officially begins on Tuesday, Oct. 6 with a Scramble followed by the first business meeting of the season. All members should be in attendance and please dress out for our game.

Rally For Breast Cancer is scheduled for Oct. 20. Marie Segovis is our chairperson and all are invited to sign up. This event is open to the public.

Our league still needs chairpersons and co-chairpersons for the Christmas luncheon and the Nine-18 Hole Invitational.

Many of our snowbirds will have returned by now so we ask that you pay special attention to the nine-hole events calendar in the clubroom. It has a new and colorful look and it's the best way to keep up with last minute changes.

Invitationals: The Candler Hills Nine-Hole ladies have invited us to the "Falling Leaves Invitational" on Thursday, Oct. 15. The format is a scramble and the cost is

\$35 with a deadline of Oct. 5. Registration is at 7:30 a.m. with a continental breakfast. Luncheon will follow after golf at the Candler Hills Community Center with raffles and prizes. This promises to be a lovely event and an opportunity to meet our Candler Hills neighbors.

POINT TO PONDER: On league day only, we have been given permission to move the red markers at the 18th hole on the Tortoise & the Hare course. The first team out shall move the red markers to the proper spot and the nine-holers will play from there on the tee boxes.

Scramble
Aug. 18

41-Donna Fey, Lorraine Rourke, Carol White; 43-Grace Bock, Tish Dertien, Marie Palombo, Evelyn Stewart; 43-Sumiko Bridges, Andy Flannery, B.J. Leckbee, Jet Messer.

Scramble Championship
Aug. 25

44-Carol Bell, Helen Degraw, Marlene Floeckher; 45-Sumiko Bridges, Darlene Clark, Evelyn Stewart.

Scramble ABCD
Sept. 1

43-Catherine Becraft, Darlene Clark, Tish Dertien, Alice McDaniel; 43-Marie Palombo, Marie Segovis, Evelyn Stewart, Agnes Tetti; 45-Carol Bell, Helen Degraw, B.J. Leckbee, Joan Rappa.

Scramble ABCD
Sept. 8

42-Jean Flynn, Linda Heenan, Alice McDaniel, Lorraine Rourke; 43-B.J. Leckbee, Jet Messer, Joan Rappa.

E-mail articles by the 13th of month to otownews@otowfl.com



Lions Club
Dianne Lovely

Well, it is that time again. Our winter friends will be strolling back into town. Let's welcome them back with open arms.

On Aug. 25, Lion Walt Krumm from the Eye Glass Reclamation Center in Ocala spoke to us about how glasses are cleaned

and refurbished like new. Walt has conditioned an excess of around 200,000 glasses ready for use. Only a licensed Optometrist or Optician can put glasses on a person in the United States.

Walt Krumm joined the Lions Club 15 years ago and has been helping with glasses ever since. These glasses are then distributed to missions to be taken to third world countries.

On Oct. 3, the On Top of the World Lions Club will be doing a White Cane Day in front of Publix, Winn-Dixie and Walmart on State Road 200.

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Billiards
Richard Impresa

The competition has been heating up along with the weather in the Marion County senior men's league. Thanks to the organizing efforts of Bill Daly, the league had a spring/summer season for the first time. Fourteen weeks of play involving two-man teams resulted in a tie for first place. Our own John Cahill and Gene Hueber along with a team from Spruce Creek North finished with a 12-2 record. Third place went to another On Top of the World team, Ray Stover and myself, with an 11-3 record.

The contests were held at several retirement communities in Marion County with each match consisting of six eight-ball and six nine-ball games. Aside from maintaining and improving our skills, the games provided some camaraderie with our fellow players.

Following the close of that season, Bill also organized a singles nine-ball tournament. This event was held at Ocala Palms' facilities and had a field of 16 players

from various adult communities. When the dust settled, it was our own Bill Daly who finished first, going through the entire field undefeated to capture the title. Second place went to On Top of the World's John Cahill and third place to Spruce Creek North's Bart Rich. Congratulations to Bill for his victory and his planning efforts.

Our On Top of the World team #1 is looking forward to defending their championship in the upcoming 2009 - 2010 season. As of now, three teams represent On Top of the World. Each team has between six and 10 members on it. See Bill Daly if you would like to start your own team or see one of the team captains (JC Brown, Jerry Kamenker or myself) to try out for one of the existing teams.

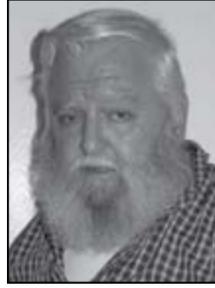
All On Top of the World team members must be residents and members of the On Top of the World Billiard Club. Other than the club's annual dues of \$5, there is no cost for fielding or being on a league team.

Here's a challenge to any On Top of the World resident who plays (or has played pool in the past) and is not a member of our club, now is the time to revive that misspent youth you had to suspend when responsibilities like marriage, kids, career, etc. interrupted it. After all these years, the only thing that's changed is there is no smoking now.

Please remember to attend our next club meeting to be held on Monday, Oct. 5 at 4 p.m. in the Ceramics Room of the Arts/Crafts Building.

2010 Billiard Club officers will be elected at this meeting. Nominations will be accepted and all club members are eligible to run and/or vote for any position on the board. Hope to see you there.

Until next time, keep stroking and keep your tip dry.



Bocce
Bob Woods

I hope you folks are ready for a fantastic year of comraderie and meeting new neighbors and friends. That's right, I am speaking about opening days of the 2009-2010 bocce season. Bocce season starts in 12 days, Monday, Oct. 12.

If you haven't been playing bocce during the summer months, then I suggest you head up to the courts and roll a few practice balls. The courts have added corner boards in each corner and this makes playing the balls off the boards a little more interesting.

I must admit I have been amiss this summer, as I have not even played one game. But I want all to know, especially those who know how I play, that I am ready for open bocce. Bev and I went up to the courts and rolled a few balls checking out those corner boards. Look out fellow bocce players, after rolling a few balls, I have it down pat on bouncing the balls off the boards.

Make sure you mark your calendars whether you are playing open bocce, leagues or match play.

I mentioned last month the possibility

of having a breakfast instead of a dinner. Just to keep you all informed, it is still being discussed and I should have an answer by the November issue.

The club's new by-laws and rules are posted inside the shed. I hope all have had a chance to read them. A lot of work went into drafting both of these documents. If you haven't had a chance to see these documents, I suggest you do so.

I hope all those new folks to the game of bocce have had a chance to determine which way they would like to play the game. If you have decided on open bocce, show up at the scheduled times ahead of time so you have a chance to play. The reason I bring this up is that only the first 32 players get to play the first game.

Those wishing to play in a league, I hope you have contacted a league representative. Play is identical to that of open play but if you can't make a scheduled game, you must get a substitute. Match play is played on Fridays and again it is limited on how many players can play at one time. Please check the bulletin board at the courts and write down names and numbers.

Speaking of the courts, it is now a rule that when taking the bocce balls from the crates, the balls must be placed inside the corner braces at the end of each court. It is a safety reason and precaution. We do not want anyone stepping on the balls and getting hurt.

Please note that it's time to pay your dues. The dues must be paid to your league representative within the first two weeks. If you are a sub or you play once a week in any of the three types of playing, it will only cost \$6 for the entire playing season!

The next board meeting will be Monday, Oct. 5. The board of directors are Ralph Sickler, 732-2363; Bob O'Neal, 861-2861; and Bob Woods, 854-0702. Keep those balls rolling.

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**Citizens Emergency
Response Team**
Caroline Scott

Recently, some of our members attended a seminar about preparedness on the PanFlu. It was held at the Emergency Management Office in Ocala and attended by 100 concerned CERT team members.

We learned how this flu would be different from a seasonal influenza outbreak, personal concerns, skills and learning




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needs to be able to provide care at home. We also learned how to recognize the difference between, the symptoms between a cold, the seasonal flu and the pan flu and the appropriate use of some common "over the counter" drugs. Also, actions that can reduce the spread of illness and most important of all—wash your hands—wash your hands—wash your hands for at least 20 seconds, or as long as it takes to sing happy birthday twice.

Do not use anti-bacterial soaps. These will only lessen your defense against this or any flu. This cannot be stressed enough. This flu is passed by personal contact, whether it is by shaking hands or touching a doorknob. Washing your hands, multiple times a day is your best defense. Although it was explained that most people over 60 should not be affected by this flu, it doesn't mean you should let your guard down. If you have a serious medical condition, it raises your chances. I would ask that you check on some of the older residents in your neighborhood, either by seeing them or calling them by phone on a regular basis. They may need your help. Again, I am asking for sponsorship for our members who will walk on Oct. 24 for breast cancer research.

It is an important event. Any donation will be accepted. Call me at 861-5569 and I will arrange for pick up. If you read this column on a regular basis, you will see that we are not just here for hurricanes. We are a very active group that cares about the health and welfare of our community. To find out what else we do, you are welcomed at our meetings the second Tuesday of each month at the Arbor Conference Center, Suites E, F and G. Hope to see you there.



**Community
Patrol**
Ann Berger

After the pledge of allegiance, Mr. Miller introduced the new district commander, Captain Tom Terrell. Captain Terrell has been with the Sheriff's department for 20 years. He advised that there would be no major changes, unless for the good.

He complimented the Community Patrol for the work they are doing. He requested that we keep patrolling SW 103rd Street Road and keep advising our residents to lock their doors.

He cautioned people to be aware of the Canadian and Jamaican lottery calls, as they are a scam and also be aware of calls regarding relatives needing money due to their being arrested.

Everything is lined up for the annual Halloween party on Oct. 31 from 5:30 to 9:30 p.m. They are requesting donations of wrapped candy to be dropped off at the SR 200 office. Volunteers are welcome to help out at this event.

Jim Miller stated he is going to work on the lock box and possibly try to get a new lock.

Tickets are now on sale for the Oct. 23 barbeque. The Sugar Bears will perform and there will be door prizes. The tickets are \$25 per person.

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Red Hat Society
Vivian Brown

Ladies, are you ready for our Red Hat Gala in the Health & Recreation Ballroom on Sunday, Oct. 18? Now is your time to shine, sparkle and glow as excitement fills the air. We are looking forward to seeing you all in your finest attire. Next month I will give you all the details. If you have any questions, please contact your Queen Mothers.

Hope you all are preparing for our annual PJ Party in February! Remember, laughter, joy and kindness gladdens the heart and delights the soul.

The Razzle-Dazzle Red Hat Dames

We are busy preparing for our Gala. Dressing up and partying is some of our favorite things, and we do it very well. If you need help, let me know.

At our Sept. 14 meeting, we will finalize our tablescapes and other details. Keep smiling and pass them along. God bless! QM Vivian Brown

The Red Hat Tamales

September saw our first meeting hosted by QM Marlene at her home. We are all excited about our new group of which five members have never been in the Red Hats! Lots of laughs were engendered getting to know our new sisters, as well as making plans to attend the Fall Gala, the luncheon at Belk's and the luncheon/fashion show at Black Diamond.

Our newest members will be scurrying around town to make sure there is plenty of purple and red in their wardrobes. QM Marlene Kaiser by Marilyn Cronin

The Blazing Bonnets

We enjoyed our mystery tea at the Tea Plantation last month. The restaurant was a sea of friendly Red Hatters. We had what was called the "Henley Tea," which consists of finger sandwiches, a small scone and a large piece of cake with whipped cream. The cake was served Red Hat style on the plate with the sandwiches so we could eat that first.

The mystery was a true mystery. We didn't have a clue who the murderer was. Come to find out it was our smiling Princess Jetta.

For September, we're going to Stump-

knockers in Inverness and antique shopping. We will be carpooling with three cars carrying women in Red Hats down SR 200.

On Oct. 6, we plan to take advantage of the Belk fashion show in Gainesville. This is a very nice event. The manager's mother makes all the box lunches and there are usually purple grapes and red strawberries on the side. Ruby Red usually shows up for the event so there are a lot of laughs.

On Oct. 18, the Red Hat Gala will be here in On Top of the World. We are looking forward to meeting everyone.

Remember; keep your hat on your head and dessert on your mind at all times. QM Mary Vanasse

The Red Gems

Six of our Red Gems regularly attend the Women of the World meetings. We enjoy this chance to meet a second time each month. We encourage all of our members to join us as it is for such a worthy cause.

Lois Frear chose the Ocala Ale House for September luncheon. She presented each of us with a clever notepad holder, which she made herself. This is something we certainly can make use of at this time of the year with all the activities starting up and new information to note.

Madam Sweet Stuff brought her sweets to share, which she carries in a cute basket.

After lunch, we adjourned to Madam Sew and Sew's home where we focused on the table decoration for the Fall Festival. It was great to get a lot of input; everyone was interested and participated in sharing ideas. QM Billie Gile by Loretta Troutman

The Glitzy Gals

Excitement is building for the Red Hat Gala this month in the Health & Recreation Ballroom. It will be enjoyable to see everyone dressed in their finest outfits with lovely decorated hats and lots of bling.

Polly's Pantry, an English teahouse in Wildwood was chosen by our hostesses QM Mary Curry and Carol Cecala for our recent outing. The food was superb and Polly also told us her very interesting story of growing up in England and coming to America and Wildwood. Janet Wahl was our prizewinner.

Russell Stover was our next stop as we sampled and purchased our sweets.

Our husbands will be joining us for an outing to Wild Bill's Airboat Rides and dinner after the boat ride.

Some of our group will be attending "Red Hat Day at Belk's" in Gainesville, and also a Fashion Show and Entertainment at Black Diamond Country Club.

Yes, it is a busy month. "If you are still waiting for the right time to get started doing something, ask yourself this question: if not now, when?" QM Mary Curry by Janet Wahl

Please send your chapter's activities via e-mail to vivjcb@cfl.rr.com by the eighth of the month. Any questions, call Vivian at 291-0246.



Women of the World
Terri Molnar

Our September "welcome" meeting is already history, but what a meeting it was! We greeted over 200 new or returning members. We were treated to the comedy of Bob O'Neal and the music from Karaoke Friends.

Our purpose as a club is service and support. Each month a different local charity is supported through our donation table; our October charity is Romeo Elementary School's Halloween Round-Up. Romeo, the school that 100 Grandparents attend, is spread out over a large rural area, which has few sidewalks.

To make Halloween safe for the students, the school hosts the Halloween party, which includes games, prizes, parades, contests and "trick or treat" doorways! Members of our group also volunteer to man these doorways while the clowns do face painting. Suggested donations include small prizes, candy, toys, and most importantly, time.

One of our service tenets is met with the continued challenge of Operation Shoebox. Bonnie Salo is our chairwoman for this committee. The raspberry containers are still located in the Health & Recreation Building at the volunteer desk and in the office of the Arbor Club.

Donations are gathered weekly; at the end of the month, a carload (or more) is moved down to the Bellevue headquarters. Anyone can put donations into our containers; there is a list of needed items attached to each container, too.

While it may seem strange to list the plastic wrappers from daily newspaper deliveries, the bags are used to fill in the small spaces without adding too much weight to the packages. There is no discount for shipping on these boxes of necessities! We welcome and encourage your help, too.

Volunteers are still needed for the Rags to Riches sale. Drop-off items Mondays and Thursdays from 1 to 4 p.m. at 8525-D SW 90 Lane. Gently used items are requested; remember we do not accept clothing for this sale. All residents of On Top of the World can donate their items here, too.

Rags to Riches will be held on Friday, Oct. 23 at the Arbor Conference Center from 8 a.m. to noon.

We are also looking ahead to our annual Fashion Show and Luncheon to benefit Hospice of Marion County. More details will follow as the date approaches, but do mark your calendars for Saturday, March 13, 2010.

We are continually thankful to each of you who do so much to keep our club active. The "behind the scenes" crews often go unrecognized but never unappreciated!

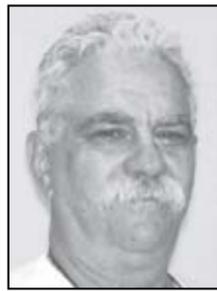
Ladies on the refreshment committee begin at 10:30 a.m. so that our coffee is ready when members arrive; they stay after the meeting to clean up. If you can help, particularly with the clean up, we will put your willingness to work!

We would also like to thank the "unsung heroes" at On Top of the World: the men and women of the maintenance department. Gary, Sam, Al, Danny, Shaun and Kim arrange the tables at 7 a.m. before our meetings only to return after 3 p.m. to put them away. We are most grateful to them for moving those heavy tables and numerous chairs for us!

Our next meeting is Friday, Oct. 2 in the Arbor Conference Center, Suites E, F, G and H. Light refreshments are served at 12:30 p.m. and the business meeting begins at 1 p.m.

The meeting is open to women from all the On Top of the World neighborhoods. We welcome your presence and participation. See you there!

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Social Club
Mort Meretsky

Our picnic in August was a huge success. The subs from Winn-Dixie were great and thoroughly enjoyed by everyone. Kudos also to Carmine for the delicious deserts he made.

We will be having a raffle, with all proceeds going to Hospice of Marion County. There will be two prizes, a Royal Caribbean cruise (five days/four nights to either the Bahamas or Mexico) and a cocktail ring (provided by the Lemieux Diamond Company).

There will be two tickets drawn, the first ticket will choose first. Tickets are \$1 each and will be sold in the Health & Recreation Ballroom on Mondays from 8:30 to 10 a.m. The drawing will be on March 27, 2010 in the Health & Recreation Ballroom. You do not have to be present to win.

If you have any questions contact either Margaret at 854-7306 or Larry at 861-0609.

The next poker/blackjack will be on Friday, Oct. 16 from 2 to 4 p.m. at the Arbor Conference Center.
See y'all on the 16th.

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Singles Club

Lorraine Serwan

The Singles Club started off with a bang at our September meeting. We welcomed over 40 new and returning members. By the time you read this article, we will have enjoyed a delicious lunch at the Ivy House and participated in the Club Fair.

On Oct. 15, we will carpool to the Lakeridge Winery and Russell Stover Candy factory.

Oct. 8 is an important date for the Singles Club. We will celebrate our 25th anniversary with a luncheon at Stone Creek Grille.

In coming months, we will visit the Silver River Museum and travel to Hudson to view the Christmas Spectacular.

For information on any activities and to learn more about the Singles Club, please call me at 854-1365.

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World Traveler Bill Shampine

Last month's article reported on the trip John and Jane Bauer (Providence residents) recently took to Peru with a focus on the amazing Incan city of Machu Picchu. This month, I want to focus on Peru as a whole as it too is an interesting place to visit.

Peru is located in western South America. It is bordered by Ecuador, Colombia, Brazil, Bolivia, Chile and the Pacific Ocean. The third largest country in South America, Peru is about three-quarters the size of Alaska, and has a coastline of nearly 1,500 miles.

The country is divided into three distinct geographic and climatic zones. The western coastal plains, extending 50 to 100 miles inland, are relatively flat and arid with mild temperatures. The extremely rugged Andean mountains dominate the central part of the country. These mountains include lofty plateaus, deep, incisive valleys, and peaks that rise to more than 20,000 feet! The mountain zone has rainy summers, very dry winters and temperatures ranging from temperate in the lowlands to frigid at the mountaintops. The eastern lowlands are the beginning of the Amazon rainforest. It is heavily forested, hot and humid, and the rain is distributed evenly throughout the year.

Complex societies have been living in Peru for more than 5,000 years, the most famous of which were the Incas. The Inca civilization began around 1200 A.D. and grew to become the largest empire in pre-Columbian America by the late 1400s.

Knowing a little about Peru's gold and silver resources, Spanish Conquistadores led by Francisco Pizarro arrived in 1533 with the intent to use Peru as Spain's personal piggy bank. They were quite successful. The Spanish ended the influence of the Incas and became the sole ruling

**Upcoming
Publication Date**
November issue: Oct. 29



Photo by Jack Bauer

On market day villagers from all over the area bring their wares for sale.

force by 1573. Peru remained under Spanish rule until 1821 when they proclaimed independence.

Since then, Peruvian governments have ruled reasonably well until 1968 when they experienced a military coup. Since that coup, there has been a series of shaky leaders noted primarily for their incompetence and corruption.

In spite of governmental problems, John and Jane were impressed with Peru. They thought it was a beautiful country, with very pleasant, hard-working people. The tour they took was a very small group, so they were able to experience "daily living" things not possible with large tour groups. For example, they visited a school, which they thought interesting, as they both were teachers in their former lives. Compulsory education has helped the country attain a literacy rate estimated at 92.9%.

Jane told me the bright colors to be seen everywhere were impressive. The native costumes and textiles in the markets typically were multi-colored with bright oranges, reds, blues, greens and white. Even the fruits and vegetables in the market places offered bright colors. One advantage of the multiple climatic zones encompassed by Peru is the extraordinary biodiversity to be found, including the availability of a very wide variety of fruits and vegetables.

With 1,500 miles of coastline, fishing is a major source of food for Peru. One turn-off for the Bauers, however, was the discovery that guinea pigs also are a popular source of meat for the populace!



Photo by Jack Bauer

Jane Bauer posing with three Andean villagers in their native costumes and some of their animals.

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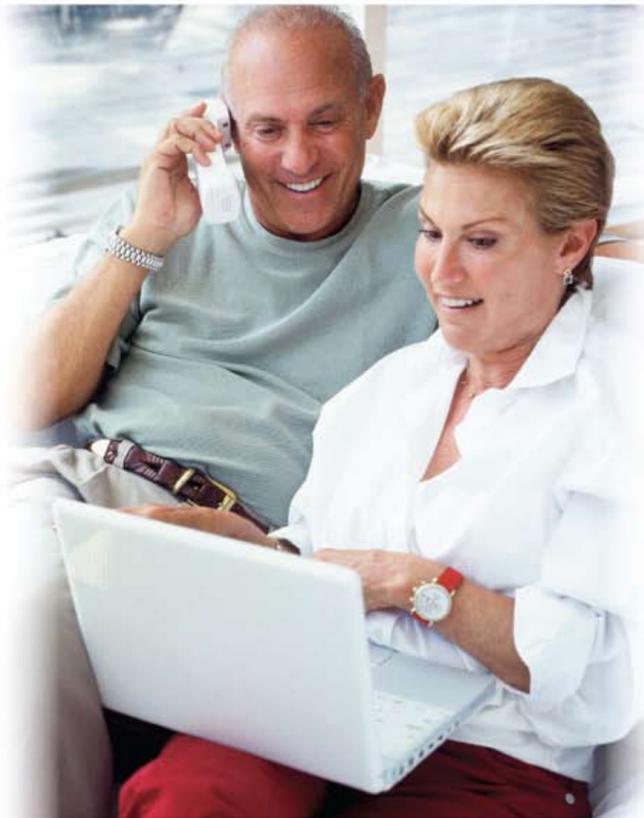
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Candler Excursion Club
Sylvia Joram

Most of us are returning from vacations and others are returning from the north to their homes in beautiful Ocala. It is time to plan for our fall outings and fun activities.

The excursion for Oct. 21 has been planned by Carol and Fred Hobbins for an

exciting Ocala Ghost Walk and Historical Tour, beginning with dinner and drinks at Harry's Restaurant, on the downtown square. After dinner, our guide, Catherine, who has seen spirits her whole life and says how much spirit activity exists in and around the Fort King and Ocala area, will lead us. How appropriate for this time of the year! Cost of the excursion is \$10, dinner and drinks are on your own. Please contact Carol at 854-6187.

The Paso Fino Ranch Tour on Nov. 11 is completely filled. Any questions concerning this trip, please call Sylvia Joram at 291-1770; more details on this trip next month.

The Nov. 18 Dudley Farm Historic State Park still has openings. Dudley Farm preserves Florida history within its rural context and provides diverse educational opportunities for all ages. There will be sugar cane grinding and possible pumpkin picking. This is a carpool trip costing \$4 per vehicle and has been planned by Betty Russell. The park is wheelchair accessible with handicap transportation. Contact Betty at 861-1257 to register.

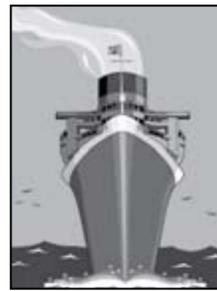
Dec. 15 is the date that Marilyn Lube has set for the Festival of Lights at Silver Springs. We will stroll through Silver

Springs to view their light display with a lighted boat parade as well as strolling carolers. The cost is \$12.99 per person for a group of 15 or more after 4 p.m. We will carpool and meet at Silver Springs or meet to have dinner at a restaurant en route (to be announced). Please contact Marilyn at 895-3954 to register.

Sylvia Joram has made arrangements for the Jan. 7, 2010 excursion to the Florida Carriage Museum and Resort near The Villages. This will be a two-hour guided tour of the museum and resort with a docent. Cost is \$35 per person and includes bus transportation, lunch, tour and docent. The bus seats 31 people, is not wheel chair accessible and does not have a restroom.

There will be a guest speaker from the Crime Prevention Group of Florida at our Oct. 6 meeting in the Candler Hills Community Center at 6:30 p.m. They will provide you with a lot of very useful and interesting information.

As always, I welcome all of your concerns and suggestions. I can be reached at 291-1770 or shantijoram@hotmail.com. Please check our calendar of events at www.candlerconnection.org.



Williamsburg Cruise Club
Fred O'blenis

Welcome aboard! We are in the month of October and ready for our cruise on the Freedom of the Seas, Dec. 6. We still can find you a cabin if you would like to go, and the same with the Oasis of the Seas. I will report on our trip in the January issue of the World News.

For the cruise on the Carnival Dream set for Nov. 27, 2010, you must have a passport. I have the lead in prices that include port charges, taxes and fees. A deposit of \$250 per person will be due at sign-up and will hold your cabin. The deposit is totally refundable up to final payment. Balcony staterooms are \$916.68; oceanview \$816.68; and interior stateroom \$616.68. All rooms are very nice and large. We will also have a bus at about \$50 per person round trip (includes driver and arrival porter tips).

If you've been dreaming of fun, consider Port Canaveral becoming your gateway to paradise. Here are our stops along the way: Cozumel, Isla Roatan, Belize and Costa Maya. All this for the price of a cabin on the Carnival Dream.

Don't be alarmed if your vocabulary is reduced to oohs and ahhs, when you see this new ship. It's more than a new class of ship, this is an entirely new class of fun. After you read this, pick up the phone and give us a call to get on the list for your dream cruise. Call Fred at 237-6367.

Until next time, fair winds and following seas.



On the Road Again
Bob Woods

Before I get into any upcoming trips, I wish to thank board member Dick Wolfe for standing in for me at the Club Fair. If anyone has questions concerning the

trips offered at the Club Fair, please give me a call.

As I am writing this column, I have a flyer containing the itinerary, prices and dates for the Smoky Mountains Show trip from Nov. 14 - 20, 2010. This is a seven-day/six-night trip. In addition to having a guided tour of the Smoky Mountains, we will have free time in historic Gatlinburg. Four evening shows and one morning show are planned, plus a great time. Call me for the flyer and prices.

Information and flyer for the Memphis trip scheduled for the first part of September 2010 should be available by the time you read this.

I have the schedule and prices for the cruise of a lifetime. This cruise starts with a flight to San Diego for a two-night pre-cruise stay right on the harbor in a Holiday Inn. There is a lot to see in San Diego, such as Old San Diego, the world famous San Diego Zoo, candlelight district and much more... Walking out the front door of the hotel, your ship, the Radiance of the Seas, is waiting just across the street where the group will start a 15-day cruise winding up in Tampa, Fla. where our mo-

tor coach will be waiting.

Departing San Diego, the ship will visit Cabo San Lucas, Acapulco, Huatulco, considered the Mexican Riviera. The Radiance will also stop at Puntarenas, Costa Rica before a full transit of the Panama Canal where the ship will make a brief stop at Cristobal, Panama. The cruise continues with stops at Cartegena, Columbia and the Grand Cayman Islands before ending the cruise in Tampa.

If you didn't pick up a flyer for the cruise at the Club Fair, give me a call.

I still have some seats available for a seven-day coach trip to New Orleans; a great bus trip that should not be missed if you never visited that Louisiana port city and the famous French Quarter.

Also, a few cabins are still available for a seven-night cruise on the Freedom of the Seas from Port Canaveral beginning Jan. 24, 2010.

Don't hesitate and miss out on any of these trips.

Any questions and/or flyers for any of the trips, please give me a phone call at 854-0702.



Travel Toppers
Jo Swing

October is a busy month for all of us as we put the lazy, warm days of July, August and September behind us. This month is also busy for Travel Toppers.

On Thursday, Oct. 15, there is a trip to the Sunken Gardens in St. Petersburg. The cost of \$35 per person includes admission to the gardens, box lunch from Panera, bus, and tip for driver. To check for availability, call the coordinator, Linda Hein.

"Fiddler on the Roof" at the Show Palace on Thursday, Oct. 22, has room for one more person. This is for a single seat. Please call Glo Hutchings for information.

Reservations will start Oct. 6 for the Arabian Nights Holiday Show on Thanksgiving Day, Nov. 26. The cost is \$50 per person, which will include show, meal, bus and tips for driver and meal. The coordinator is Audrey Mangan.

Also, on Oct. 6, reservations will start for the Holiday Show at the Show Palace Dinner Theater in Hudson on Friday, Dec. 25. The price for this will be \$64 each and will include the delicious buffet, show, bus and tips for driver and meal. Pat Hood will be the coordinator.

On Oct. 12, reservations will start for the show, "Anyone for Murder" at the Early Bird Dinner Theater in Clearwater. The cost is \$56, which will include show, buffet, bus and tips for driver and meal. Allan Rickards is the coordinator.

Lastly, Oct. 26 is the date that reser-

ations will start for The Singing Christmas Trees at the First Baptist Church in Orlando. The performance to be seen is on Friday, Dec. 11 and will cost \$36. This price includes show, bus and driver's tip. Food will be on your own. Rose Bambino is the coordinator.

On Nov. 9, there is a trip to the Ellenton Mall. This shopping trip is always popular. The cost is \$23, which covers transportation and tip for driver. Food will be on your own. Check with Kathy Brouillard as to availability.

There is space available for the Sunday, Jan. 10, 2010 show, "Forbidden Broadway" at the CFCC Performing Arts Center in Lecanto. The cost is \$39 per person. Travel Toppers has included this in response to the many requests for outings on Sundays. The coordinator is Jo Swing.

Travel Toppers has two very interesting and different cruises next year. The first on Saturday, Oct. 2 through Saturday, Oct. 9, 2010 is a seven night New England cruise on the Carnival Glory out of New York. Ports to be visited are Boston, Portland, Halifax, Nova Scotia, St. John, New Brunswick, and back to New York. The prices range from \$1,289 to \$1,689 per person.

The other cruise is an Eastern Caribbean cruise on the Norwegian Sun from Saturday, Dec. 4 through Saturday, Dec. 11, 2010. The ship goes out of Port Canaveral and will visit Nassau, St. Thomas, Phillipsburg, St. Martin and back to Port Canaveral. Prices for this cruise range from \$649 per person for an inside cabin to \$979 per person for a balcony. For more information, call Allan Rickards.

Travel Toppers next meeting will be Wednesday, Oct. 7 at 10:30 a.m. in Suite A at the Arbor Conference Center. All On Top of the World residents are welcome to attend. Until then, happy travels to all.

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The Happy Hookers

Yvonne Bednar

Thank you to Carole Toye for covering for me by keeping us up to date on the happenings over the past two months, with your interesting articles.

Oct. 5 is our luncheon date for Ruby Tuesday, on SR 200 across from Bob Evans restaurant. Be sure to let Maureen Wolfe know if you are going. Call her at 861-6117. She needs a head count as soon as possible.

We have three areas that are on going: Guardian Ad Litem, Interfaith Emergency Services and Palm Gardens Rehab Center. They appreciate our knitted, crochet items

and look forward to receiving them.

Over the summer months many items were done. Pat Hellinger crocheted five lap blankets, three of which are red, white, blue and each are in a different pattern. Lilliane Gaucher knitted a cable stitch pattern lap robe in white; Joan Rappa knitted baby blankets and many winter hats of all sizes; Maureen Wolfe used an unusual knit/crochet hook making long scarves, using two different colors of yarn, therefore making each side a different color; and Rosalie Grubowski whipped up many lap blankets, scarves, hats for children and teens to use this coming winter.

Carol Berta brought in her completed counted cross-stitch picture that resembles a Thomas Kinkade painting. It has many colors of blue in it and it was framed in a beautiful blue distressed frame. Her brother will receive this as a gift.

At the Club Fair, we had many of these items on display, hope you stopped by, and said "Hello."

We meet every Monday from 1:30 to 3 p.m. in the Arts /Ceramics room. All of us make items for whomever we care to, no stress. No dues, no meetings or minutes to read. We also have ladies who do embroidery, crewel, latch hook, needlepoint and counted cross-stitch.

We go out for lunch bi-monthly all year; we enjoy getting together every Monday and seeing what each one is working on. We have lots of laughs and lots of talking; maybe you would like to join us, stop in. Knit one, purl two.



Photo by Theresa Randolph

The work of Embroidery Chicks for Romeo Elementary students.

Embroidery Chicks

Jan Johnson

The Embroidery Chicks and some of the Sunshine Quilters have combined their efforts to assist needy students at Romeo Elementary School in Dunnellon. Romeo is also the recipient of the items gathered for the backpack program. The Chicks and Sunshine Quilters first cut, and then serged and sewed soft fleecy pullover tops and coordinating hats.

As some of the fleecy fabric was brought in, we looked at it and thought perhaps we did not care for it. Finding another companion fabric was the answer. A spicy hot bright fabric offset the dull

dark fabric and the combo worked!

Marcie Benz brought in her embroidered tops that she did at home. They were darling!

In our efforts to have top and hat sets for both sexes and also to cover many sizes, we get creative. The one fleecy fabric that comes in every year and is worn by both sexes today is "cami" fleecy - the black/green/brown design that hunters and soldiers wear. Ruth Kinney brings cami fleecy every year for this project. We thank Ruth and all the ladies who worked on the project.

Come join the Embroidery Chicks on the first and fourth Fridays of each month at the Arbor Conference Center, Suites B and C at about 9:30 a.m. and stay for the day. Questions may be addressed to Theresa at 291-7570. Hope to see new members!



World News Deadline
November issue:
Noon on Oct. 13



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Artistic Crafts & Gifts

Loretta Troutman

As I write this, I am anticipating getting back to our group's regular schedule of Artistic Crafts and Gifts.

We meet every Tuesday in the Health & Recreation Ballroom from 9 a.m. to noon. Each crafter sets up their table(s) to display their handcrafted items, which are offered for sale. This is an easy and pleasant way to do your gift shopping. The holidays are not too far off to begin your gift planning and purchases. You'll be pleased with what you will see whether for a gift or something for your own home.

If you are a crafter and would like to join our group, please call Rene Beck for details.

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Rubber Stamping Greeting Cards

Bev Taylor

Our September meetings were dedicated to making Cards for Heroes. This is an organization of card makers whose mission is "to support our nation's armed forces by sending blank greeting cards to write home on, as well as cards of gratitude to encourage them." As of Sept. 7, 186,946 cards have been sent.

Carole Kameswaran researched this and gave us the requirements for submitting the cards. We had the choice to design our own cards or use what Carole brought for us.

Carole also brought instructions for an owl made from pieces punched from decorative punches. This could then be placed on a card front.

Please call me at 854-3079 if you are interested in coming to see what we are all about.

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9/09

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Photo by Charlie Petrosky

Karaoke Friends performed for the Italian American Club. Front row: Shirley Coe, Vivian Brown, Kathy and Charlie Petrosky; Back row: Tom Waite, Jim Beard, Donnie Winfrey, Bob and Norma Batton.



Karaoke Friends
Vivian Brown

It was fun, fun and more fun as we entertained here for a number of On Top of the World clubs and organizations. To say we enjoy singing and love to entertain, really it's like giving candy to a child, its wonderful!

I would like to thank Charlie for bringing the equipment and setting it up, it takes a lot of time and effort and we



Original Karaoke Group
George Quaranta

Greetings! Here we are in the month of October, where does the time go?

On Aug. 25 at Candler Hills Community Center, our evening got off to a good start, all our singers were in fine voice. Also we had a guest singer, by the name of Megan. She is the great-granddaughter of Shirley Coe. She is a very talented 12-year-old. There were 16 singers in all and we averaged about three songs each. We enjoyed the songs sung by Judy, Rudy, Jimmy, Megan, Shirley, our crooning cowboy, Donnie, Tari, Jerry, Charlie, Kathy, Tom, Pat, Tony and myself. We did cut our session short due to the storm that developed.

Last month I added a poem to our column. I hope you liked it. Next month, I'll report on our karaoke at the Arbor Conference Center on Sept. 10.



Mah Jongg
Mary Ehle

When this article comes out, the tournament will only be a week away. If you still want to play, call me at 873-7507 and if I can fit you in, I certainly will.

I start teaching Mah Jongg on Oct. 7 and if you want to get in that class call me at the same number.

Tournament news will be reported next month. Jokers to you.

could not sing without it. By the way, we have to thank Kathy, his wife, as she is always his helping hand.

We are so very pleased at the positive and gracious responses we have received on our performances.

I am so proud of our ladies and gentlemen who do a terrific job singing. We have variety, from Country to Broadway to Rock & Roll to Jazz to Blues to spiritual to patriotic to special occasions. Some old, some timeless and some new music mix it with some humor and you have a show you can be proud of.

Our Singers were Donnie, Shirley, Jimmy, Kathy, Charlie, Norma, Bob, Tom and Vivian.

If any club or organization would like us to entertain them, we would be glad to do so and there is never a charge for our services.

Our regular karaoke meeting is the first and third Monday of each month at Arbor Conference Center, Suites E and F from 6:30 to 9:30 p.m.

We welcomed back Rita, Joan, Tari, Jerry, Sindy and Richie, who by the way did a great job singing for us.

For information, call 291-0246.

Until next month keep on singing and God bless.

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Concert Chorus
Anne Merrick

Our new season has begun and we are off to a great start with three brand new and six returning members to swell our ranks. The new altos are Alyce Gates and Diana Williams. The returning altos are Maria France, Marcy Miller, Jean Muncy

and Kathy Oakes. The new tenor is Phyllis Waterman and the returning tenors are Doug Ensley and Charles Trask. We welcome them all.

We have some marvelous seasonal music for our concert on Sunday, Dec. 6, and are busy practicing and perfecting on Thursdays at 10:30 a.m. in the Health & Recreation Ballroom. We also hold sectional practices each week.

We are still looking for new members especially tenors and basses. You do need to be able to follow your line in four-part harmony arrangements. Auditions are held on Thursdays at 10 a.m. in the Health & Recreation Ballroom by appointment only.

On Thursday, Sept. 3, our accompanist, Joyce Walchak, gave a recital in the Health & Recreation Ballroom for over 100 people. She played a variety of classical pieces culminating in The Warsaw Concerto by Jean-Yves Thibaudet. She received a standing ovation. We all enjoyed her performance and were impressed by her musical ability. Way to go Joyce. We are proud of you. Don't forget that singing is good for your health as well as fun. For information, call Anne at 732-0706.



Photo by Anne Merrick

Joyce Walchak at the piano, Jean Monroe conducting and the Concert Chorus singing at the Health & Recreation Ballroom.

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Tony Bottoni

The Entertainment Group Starts Off the Season with a Sunday Afternoon Show

The first show of the season, sponsored by Drs. Challa and Kandru, is scheduled for Sunday, Oct. 25 at 2:30 p.m. Appearing direct from the hotels and casinos in Atlantic City, Tony Bottoni brings his "Ultimate Entertainment" show to On Top of the World. In show business, Bottoni is called a triple threat entertain-

er: crooner, comedian and impressionist. Songs from country to Sinatra and comedy that will make you laugh until you cry. Don't be surprised if you see Inspector Clousseau, Red Fox, Lt. Columbo, Johnny Mathis, Tom Jones or even Bill Clinton!

Opening the show is singer John Timpanelli. John brings Broadway, classical and contemporary music to the stage. In addition to singing, he has famous characters lurking behind his vocal chords. John has opened for such stars as Lou Rawls, Rosemary Clooney, Carol Channing and Shirley Jones.

Tickets go on sale on Monday, Oct. 5 from 8:30 to 10 a.m. and then Monday, Wednesday and Friday thereafter.

Thanks to the generosity of our sponsors, prices are \$6 general and \$8 reserved; a maximum of four tickets per purchase. All residents of On Top of the World are welcome.



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Theater Group

Lee Phillips

Rehearsals have resumed for the Theater Group's November production, "So Long Sunny Pines." This is a two-act musical comedy written by our own On Top of the World resident, Bob O'Neal. Music was arranged by Walter Koenig, and directed by Marilyn Bettinger.

Readers are encouraged to mark the evenings of Friday, Nov. 13 and Saturday, Nov. 14 on your calendar as a date to attend, laugh, and enjoy the presentation of "So Long Sunny Pines" in the Health & Recreation Ballroom.

Tickets can be purchased in the Health & Recreation Ballroom from 8 to 10 a.m.



Ballet Club

Eugenie Martin

In the latter part of August, I underwent major abdominal surgery.

In the weeks following my surgery, co-teacher Julie Sines taught all three ballet classes each week. The teaching included choreographing each class, setting up the studio and leading the class. It was fun, but quite a bit of work. Julie is a wonderful and generous teacher, and did a spec-

every Monday, Wednesday and Friday beginning Oct. 12.

The Theater Group holds a general members meeting at 2:30 p.m. on the second Monday of every month in the Arbor Conference Center, Suite D. Our first general meeting after the summer break took place on Monday, Sept. 14.

Also, many readers may have visited our table at the Sept. 17 Club Fair and learned how much fun awaits those who join the group. In this fun-filled club, every member has an opportunity to develop and apply their talent - whether as a designer of stage scenery, behind the scenes stage management, directing, producing, or those not to be forgotten individuals who perform on stage in front of an audience of friends and neighbors.

Please consider dropping in to meet us and learn more at the next general meeting scheduled for 2:30 p.m. on Monday, Oct. 12.

tacular job. I want to take this opportunity to say, "Thank you, Julie!"

While Julie was teaching all our ballet classes, I was recuperating from the surgery. I am convinced that my fitness played a big part in my recovery.

In advance of the surgery, I was fit. Besides three ballet classes a week, I was taking three or four other exercise classes. I have also seen other people who exercise and dance recuperate more easily after surgery.

Since many of us seniors undergo surgery, probably the best medicine for recovering quickly is the preventative kind: becoming fit before the surgery. That way, a return to fitness can be hastened. We are lucky at On Top of the World to have access to so much exercise and dance. Take advantage of it. Your body will thank you.

Our ballet classes continue to produce fitness with grace and fun. Classes are held at the Arbor Club Exercise Studio next to the indoor swimming pool on Tuesdays and Thursdays from 1 to 2 p.m. and Mondays from 6:45 to 7:45 p.m. For information, call me at 854-8589. Happy dancing!

Sunshine Quilters

Ann Weldishofer

It's a beautiful, warm but not hot September day and we are getting more and more of these lovely days. It seems to mean that fall is coming, and with it the many festivals, shows and events that always come along about now!

Some of the activities we are interested in will be the Club Fair on Sept. 17 where we will be greeting people and hoping to enlist some new quilters to join us.

On Sept. 24, we will be attending the

big Jacksonville Quilt Show. We are going with the Oak Run group.

On Oct. 17, we will be involved in the Arts and Crafts Show. We will have two tables full of one-of-a-kind items, just in time for your holiday shopping. Come see us there! Also on Oct. 23 is the MacIntosh 1890s festival. That and the Micanopy festival are always filled with shopping, eating and fun.

Nov. 13 and 14 will find us in Trenton at the Springhouse Quilt Show. This is an interesting day of all kinds of arts and crafts, in a really cute, quaint little town.

And, looking way far ahead, the Belview Busy Bee Quilt Club will hold their Quilt Show on Feb. 19 and 20.

Here at the Sunshine Quilter's, we will be looking forward to classes, workshops, and learning new things. It might seem there aren't too many new ways to quilt, but new tools, sewing machines, fabrics and supplies that are coming on the market all of the time, makes our old craft constantly new. Most new sewing machines are computerized so they can do tasks unheard of a few years ago, like lettering, embroidery and all kinds of decorative stitching.

I guess this is one reason why quilting never seems to become boring. You can hardly wait to try out your latest purchase, and see what results you'll come up with. How exciting! Come join us - it's fun!

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Ballroom Dance Club
Richard P. Vullo

Our new dance lessons season began Thursday, Sept. 3. Intermediate dancers met at 11 a.m. and learned new steps in the fox trot. Beginners met at noon, started with an introduction to ballroom dancing, and continued with the fox trot. The lessons are held every Thursday morning at the Arbor Club Ballroom. Every month, both groups will learn steps in a different dance. For October, it will be the rumba. In future months, both groups will learn new steps in waltz, swing, tango, cha cha, meringue, samba and other dances.

Our dance instructor, Trish Sands, is a very experienced teacher who has taught dance lessons in Ocala for many years. We welcome new dancers to join us every month. Club dues are only \$6 per year and four weekly dance lessons are only \$20 per person. Partners are not necessary. Please register for your class by calling Trish Sands at 351-2423 or Dick Vullo at 854-6772. Here at On Top of the World, we have dancing on Friday nights at the Arbor Club Ballroom and Friday and Saturday nights at Circle Square Commons. In addition, there are numerous venues in the Ocala area for dancing during the week and on weekends. Come and join us to improve your dancing and enjoy the social benefits of dancing here at On Top of the World. Dancing is like everything else in life, use it or lose it. The On Top of the World "Dancin' On The Top" committee will host its Harvest Dance on Nov. 7 from 7 to 10 p.m. at the Health & Recreation Ballroom. Music and entertainment will be provided by the popular duo Automatic. As a special treat, complimentary pre-dance cold hors d'oeuvre stations will be provided from 6:30 to 7 p.m. Dress will be dance casual. Tickets are \$7 per person and will be available every Monday and Wednesday morning beginning Oct. 12 through the 28th from 8 to 10 a.m. in the Health & Recreation Ballroom. For more information, please call Jack Stone at 873-3083 or Dick Vullo at 854-6772.



Pattern Dance Club
Jim & Nell Entinger

The fall season is upon us and club activities are getting underway. We hope all newcomers and folks interested in trying Pattern Dance got the word and attended the two classes offered in September to learn the basic steps. Thanks to Roger and BJ Schwartz and Carla and Tony Magri for our great set-up for the Club Fair. We hope many of you stopped by for more information about the Pattern Dance Club. Our first night of dancing and learning new patterns will be Tuesday, Oct. 6 at 6:30 p.m. in the Health & Recreation Ballroom. The Pattern Dance Club meets each Tuesday evening through April with a few breaks to be announced later. We will start the year with some beginner dances geared towards our newcomers and will also dance some of our favorite dances from previous years. There will be open membership until the last week in October giving newcomers a chance to get some experience with pattern dancing. Nominal annual club dues will be collected at that time. We are looking forward to seeing friends who have been gone for the summer and hoping for a good turnout of new people interested in learning pattern dancing. See you on Oct. 6 and at The Town Square. For more information, call Nell at 861-5351 or Carla at 873-8387.



Line Dancing
Sherry Ashenfelter

A friend of ours observed line dance class and asked, "What kind of dancing is that? It's not country line dancing, is it? The music isn't Country, and the dancers aren't kicking." Sometimes we kick and dance to songs by George Strait and Hank Williams, Jr. However, today's line dance choreographers are inspired by a wide variety of music and borrow moves from the waltz, fox trot, cha cha, samba, tango, swing and merengue. In line dance class, we dance to music by Danny and the Juniors, George Burns, Jive Bunny and the Mastermixers, Cher, Wayne Newton, E.C. Scott, Barbra Streisand, Fito Olivares, Barbara Carr, Al Jarreau, the Pussycat Dolls, Enrique Iglesias, El Simbolo, Alfred Hause's Tango Orchestra and more. We have taught line dances to church congregations where we were required to dance only to gospel music. In the past, our classes were called Country Line Dance. Today, we enjoy being Country and beyond. For optimal learning conditions and floor safety, classes are limited in size with pre-registration required. For information about classes and the pre-registration procedure, phone 873-9440.

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July 28 graduation of our 2008-2009 class.

Photo by Ken Shisler



Square Dancing
Walter Lamp

August was a slow month for Circle Squares, as no dances were scheduled. Our season begins on Oct. 6, with dancing and a new class. The newly elected board, chaired by Joe and Toba Hackett, held their first meeting on Tuesday, Aug. 12. The outgoing presidents, Tom and Rita Miller, who provided much insight on how to proceed on some issues for the upcoming year, joined them. Discussed were new revisions to the current bylaws. They will be submitted to the entire club for their input and vote. Also, a schedule for additional special

dances, along with some Tuesday night themes were discussed and agreed upon. Discussions were also held on the amount to charge for dues and admission. Suggestions were discussed, our caller and cuer, Don and Loretta Hanhurst, submitted that. Since the Free Fun dance was held on Sept. 29, before this issue comes out, we spent some time planning on how we could spread the word to get new people to come out and try square dancing. On Aug. 21, a group of our members, along with others from some local clubs, hopped a bus on a rainy Friday night and went dancing in Orlando. The local club was Whirl & Twirl. The caller was Whit Brown and the cuers were Jan and Pete Shankle. It was rainy outside, but inside, the dancing was fast and fun. Everybody was pumped up, from some great dancing and the friendliness of the host club and its members. Yes, square dancing also turns strangers into friends. Sept. 1 was our first theme dance for our current members. It was an ice cream social, welcoming back everyone from the August break and, of course, our returning snowbirds. As you guessed by now, the main attraction was a cold dish of ice cream, after a hot dance. On Sept. 18, at Circle Square Commons, there was a live demonstration by the club members of square dancing. If you were there and up close, you got a great view of the dancing. We were wearing our club colors: red, white and black.

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Irish American Club
Bob O'Neal

This is a special cureadh (cwirr-eh) or invitation for all residents to see a great show on Thursday, Oct. 15. For your entertainment, we have booked Ray Cooper, a one-man self-contained musical and comedy variety show.

Members, Dick and Maureen Wolfe, caught his act at the Ocala Civic Theatre a few months back and gave me this advice, "book'im Dannno." He didn't really use that reference to a popular TV phrase that became a familiar part of Hawaii Five-O but did relate that it was a great show.

It's going to be a not miss occasion that will include a good dinner by Bruce that will begin at 6 p.m. in the Health & Recreation Ballroom.

Tickets will go on sale for \$12 each on

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Monday, Oct. 5 at 8 a.m. in the Health & Recreation Ballroom. Invite your friends to this show. After the meal and entertainment, they'll be friends for life.

This is a story that demands much more attention than I can provide in the space provided but let me give you a summary of an experience by two of our members, Ron and Betty Broman.

A number of months ago at the urging of one of their church members they contacted Health Bridges International in Portland, Ore. They are an organization that exists to build bridges in order to provide for the most critical needs of people living in impoverished and underserved areas.

It wasn't long before they were on their way to Peru for two weeks, which was described by Ron as a "life changing" experience. The first week was spent in Kawai and the second in Arequipa.

The first week, lending on Ron's experience as a principal, he handled "crowd control" for a medical clinic that had three phases: triage, eyes and dental.

Meanwhile, Betty was conducting health education in a classroom for children and their parents.

Their second week in Arequipa, about an hour south of Lima, was a little different. They were at a mission administered by Father Alex and their main support was providing food for over 700 people each day. Ron set aside his administrative expertise and did a lot of painting and mortar work. Betty was busy in the classroom with children and their parents.

According to Ron, Father Alex works with over 130,000 in his mission. The stated goal of the experience is for volunteers to come away with an understanding of various cultures; Ron and Betty both agree that happened to them.

Until we meet again in October, these things I warmly wish for you—someone to love, some work to do, a bit o'sun, a bit o'cheer and a guardian angel always near...an old Irish greeting.

American Jewish Club
Paula & Len Kofsky

Welcome home snowbirds. Our first meeting was held on Sept. 13 and it was great to see y'all. Hope everyone enjoyed the pizza party.



German American Club
Judy Dunn

The first meeting of this 2009-2010 season went off very well. We enjoyed two programs.

The Karaoke Friends headed by Vivian Brown, entertained us with several songs, gave the first performance. Rachael Tift, a talented pianist from Vanguard High School, presented the second performance. Her performance included compositions from Bach, Schuman and German folk songs. It was a delightful evening.

The trip to Oktoberfest in Helen, Ga. will be reported on in the November issue of the World News.

Don't forget our Chinese take-out on Oct. 13 at 6:30 p.m. If you weren't at the September meeting, call Brenda Jansson for details at 861-8792. See you there!

Submit Articles by E-mail to
otownews@otowfl.com

Italian American Club
Jerome Cauda

The first club meeting of the 2009/2010 season was held on Tuesday, Sept. 1, at the Arbor Conference Center. It was a well-attended meeting with entertainment provided by Vivian Brown and The Karaoke Group. Songs were presented across a broad spectrum from Broadway to pop to country; another great job by our entertainment committee.

The members were presented with the plans for a Columbus Day restaurant dinner. It will be held on Tuesday, Oct. 6, at Olive Garden at 2:30 p.m. From the preliminary count of those who plan to attend, it appears that it will be a well-attended event.

The next planned event is the Nov. 3 meeting. Members are asked to bring a gift or gifts for servicemen/women. It can be wrapped, as long as a tag is attached signifying contents and whether it is for a man or woman. These will be donated to Operation Shoebox for Christmas distribution. This will be in lieu of a Christmas grab bag for members.

The Christmas potluck party will be at the December meeting. Information will be in the next article and presented at the November meeting. February will have a President's Day pizza party. Information will be available in the near future.

A board meeting is scheduled for the fourth Wednesday of the month at the Arbor Conference Center, Suite H at 1 p.m. See you at Olive Garden on the Oct. 6.

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- Michael B. Wartels, M.D., F.A.A.D. ■ Brian Bonomo, P.A.
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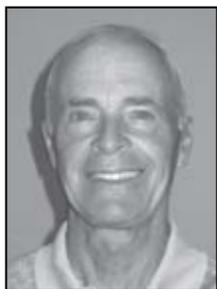
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Photo by Jean Breslin

Summer spectacular guests, Luke and Kathy Mullen join hosts Tish and Don Dertien in welcoming their many guests, over the splendid array of hors d'oeuvres set out prior to evening festivities getting underway.



Favorite Recipes
Dinner Club
Luke Mullen

Our summer spectacular was held on Saturday, Aug. 15 at one of our club members' homes. This club activity for came about as a result of Tish and Don Dertien volunteering to host the event even while we had suspended our normal monthly dinners for the summer; twenty diners attended this wonderful evening of fun and entertainment.

We had this hors d'oeuvres and dessert party, which was open to all club members. As in the past, each couple was requested to provide either two hors d'oeuvres or two dessert dishes after our hosts knew how many couples would be attending. This step provided the oppor-

tunity to balance the number of both hors d'oeuvres and desserts.

Participants started off the evening by selecting from the approximately twenty different types of delicious hors d'oeuvres. The hors d'oeuvres included a garlic cheese ball; Yuvestsi (Greek beef casserole); cheese sticks; ham roll-ups; cheese bars; smoked salmon with chives, cream cheese, onion and olives on egg baguettes; chicken wings; chili dip; Mexican quiche; shrimp salad; meat balls; deviled eggs, marinated shrimp; stuffed mushrooms along with many others as well as vegetables, and various fruit and meat dishes.

They were followed by a wonderful selection of desserts that included fruit dishes, brownies, pastries, cakes, lemon meringue pie among many others.

The event was full of fun and exciting conversation. This type of activity was nice, as some club members have not met all other members. Everyone attending the event had a wonderful fun filled evening.

The club periodically sponsors all-member type evenings throughout the year. These events are the result of fellow members volunteering to undertake hosting these events to accomplish this entertaining evening.

Our club is currently looking for new members. If you are a couple who enjoys preparing and cooking food for others and enjoys entertaining people in your home, you might consider joining our club. Call Luke at 304-8104 for more information.



Anything But Bland
Chef Dave Bland

What a Chef Eats

Being a Chef means that you are always going to have food around you. This is something that I realized immediately on my first day in a kitchen in St Augustine, Fla.

I remember being 16 and working in Barnacle Bills Seafood Restaurant. One of the things I loved about working in restaurants was that I was privy to food that the customer would never see. One Sunday as I came into work, Beanie, the head cook, had something in a bag as he came in that morning. He quickly prepped it and made an amazing meal. As we were eating the delicious feast, sitting in the dining room of the closed restaurant, he

explained that he had run over the duck yesterday and decided to eat it.

I recall while working at Disney, my favorite thing to make for myself was never on a menu. A four-cheese pizza topped with Caesar salad. Perfect as a small meal with the combination of Caesar dressing, strong melted cheese and thin pizza crust. Until now, I never put it on a menu, but today you can find it on the new Tapas menu at Candler Hills Restaurant.

One evening, a fellow chef was tossing pasta in a sauté pan as flames flared up. He quickly split it into two bowls and grabbed some crusty bread and we sat and ate his favorite dish: fried calamari tossed in a tomato basil sauce with pasta and some fresh grated Parmesan cheese. I had never seen this on a menu, but it immediately became one of my favorite combinations, especially with a little crushed red pepper tossed in the pasta. I also have put this on the menu at Candler Hills Restaurant, which begins Oct. 1.

Don't worry...you won't find a road kill special. There are some other great things to look for at Candler Hills Restaurant:

Come join us the last Tuesday of the month for Tapas and Martinis Around the World with live entertainment featuring Tony Vincent's Sounds of Time from 6 to 8 p.m. Please spread the word. We would like to do this and other events more frequently.

Also, you won't want to miss the new Tapas Dessert Shooters menu starting Oct. 1. Each dessert is just \$2 or try all six for \$10. Don't forget Fish Friday's, Prime Rib on Fridays and Saturdays and Sunday Brunch from 8 a.m. to 1 p.m.!



Photo by Bob Woods

Presenting the check to Sheriff Captain Tom Terrell, Commander, Southwest District is James Delfraisse, with Bev Woods and Peggy Delfraisse.

FRA
Halloween
Donation

By Bob Woods
WORLD NEWS WRITER

The Fleet Reserve Association, Citrus Branch 186 presented a check to the Marion County Sheriff's Department for their upcoming Halloween party. Presenting the check to Sheriff Captain Tom Terrell, Commander, Southwest District is James Delfraisse, Branch Treasurer. Observing the transfer of the \$250 donation is Bev Woods, Treasurer of the Ladies Auxiliary, Unit 186, and Peggy Delfraisse, Unit member.

Each year the district sponsors a Halloween party in which approximately 1,000 kids and parents attend. The donation will be used for the purchase of candy and prizes. Jim, Bev and Peggy are On Top of the World residents.

www.OnTopoftheWorldInfo.com

Low Vision Eye Doctors Help Macular Degeneration Sufferers See Better

Members of the IALVS help macular degeneration sufferers with reading, driving, watching TV, and maintaining independence.

An 83 year-old retired engineer from Ocala thought that his driving days were over. "I could not read the street signs soon enough and it made me nervous."

A retired store manager, 74 from Tarpon Springs wanted to be able to read and write more easily. She wanted to see her grandchildren singing in the church choir. But she thought those days were over when she was diagnosed with macular degeneration. Neither of these patients knew that a low vision optometrist could help with some of those issues.

"Bioptic telescopic glasses can be used to see signs further down the road," said Dr. Edward Huggett, optometrist. "This can allow some people with conditions like macular degeneration to continue driving."

"Amazing!" said the retired engineer. "I can read the street signs twice as far as I did before and even see the television better!"

Macular degeneration is the most common eye disease amongst the senior population. As many as 25% of those over 65 have some degree of degeneration. The macula is one small part of the entire retina, but it is the most sensitive and gives us sharp images. "Our job is to figure out everything and anything possible to keep a person functioning visually," said Dr. Huggett. "Whether it's driving, reading, watching television, or seeing faces...we work with whatever is on the persons 'wish list.'"

Results vary from person to person. Devices mentioned in this ad and results are specific for that person. Bioptics and other low vision devices are not suitable for everyone."

"Amazing! Why didn't I do this sooner, I can read!" says an IALVS patient.

Carol Buckles with Bioptic Telescopes



Telescopic and microscopic glasses cost between \$500-\$2,500. It is a small price to pay for the hours of enjoyment you can have with better vision and more independence.

For more information and a FREE telephone consultation, call:

TOLL FREE:
866-674-2030

www.IALVS.org

Dr. Edward J. Huggett, Jr., O.D., P.A.
Serving West Central Florida

Card Clubs & Games

Monday Afternoon Bridge

Marjorie Benton & Caryl Rosenberger

Aug. 17
1: Fro Lisinski & Fran Griswold; 2: Phyllis Silverman & Pat Goltart; 3: Ida Rosendahl & Carol Thompson.

Aug. 24
1: Ida Rosendahl & Carol Thompson; 2: Phyllis Bressler & Pat; 3: Pat Holmes; 3: Pat Goltart & Marlene Floecker.

Aug. 31
1: Carol Rosenberger & Marjorie Benton; 2: Joyce Walchak & Marge Starrett; 3: Ida Rosendahl & Carol Thompson.

Sept. 7
1: Pat Holmes & Shirley Stolly; 2: Betty Morris & Fran Griswold; 3: Dick Mansfield & Doris Keathley.

Monday Night Bridge

Ginnie Barrett & Myra Butler

Aug. 10
1: Ginnie Barrett; 2: Walter Hicken Looper; 3: Paul Agarwal; 4: James Mahoney; Cons: Helen De Graw.

Aug. 17
1: Phyllis Bressler; 2: Mildred Lane; 3: Paul Agarwal; 4: Walter Hicken Looper; Cons: Joan Sigafos.

Aug. 24
1: Agnes Weber; 2: Fran Griswold; 3: Jan Moon; Cons: Ginnie Barrett.

Aug. 30
1: Shirley Stolly; 2: Ray Wilson; 3: Jan Moon; 4: Walter Hicken Looper Cons: Ginnie Barrett.

Tuesday Afternoon Bridge

Agnes LaSala

Aug. 4
1: Ray Dietz & Mazie Millward; 2: Joe & Phyllis Zwick; 3: Agnes La Sala & Carl Woodbury.

Aug. 11
1: Gloria Richards & Carol Thompson; 2: Agnes La Sala & Carl Woodbury.

Aug. 18
1: Agnes La Sala & Carl Woodbury; 2: Marie White & Marion Wade.

Aug. 25
1: Ray Dietz & Mazie Millward; 2: Elsie Helwig & Helen Eshbach.

Sept. 1
1: Marie White & Marion Wade; 2: Elsie Helwig & Helen Eshbach; 3: Betty Morris & Shirley Stolly.

**Emergency After-Hours
Phone Number**
236-OTOW (236-6869)

Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information or to find a partner, call 861-5700.

Aug. 4
1: Caryl Rosenberger and Jayne Kaske; 2: Mary Carol Geck and Doris Keathley; 3: Bruce and Marjorie Benton.

Aug. 11
1: Bill and Ida Carlson; 2: Bill and Betty Raines; 3: Mary Carol Geck and Doris Keathley.

Aug. 18
1: Caryl Rosenberger and Jayne Kaske; 2: Ida Rosendahl and Dick Mansfield; 3: Ernie Lord and Doug Miller; 4: Bruce and Marjorie Benton.

Aug. 25
1: Bruce and Marjorie Benton; 2: Bill and Ida Carlson; 3: Bill and Edith Hunter; 4: Bill and Betty Raines; 5: Ida Rosendahl and Dick Mansfield.

Wednesday Afternoon Bridge

Fran Griswold

Joyce Walchak is our pride and joy: We all knew she had special expertise at bridge and helping others prepare their income tax returns. Now we know her to be an accomplished pianist with a very giving heart. Our group is very proud to have her.

It was our pleasure to have Helen O'Brien, Alice McDaniel, Danny Williams and Rosemary Seifert join us this month. Remember we play each Wednesday at 12:30 p.m. Come early to get a good seat.

Aug. 19
1: Ida Rosendahl 5890; 2: Bonnie Heinlein; 3: Mary Culberson - Consolation to Margo Thomas

Aug. 26
1: Ida Rosendahl 4210; 2: Phyllis Silverman; 3: Alice McDaniel; 4: Serene Rossi and Consolation to Mary Culberson

Sept. 2
1: Betty Morris 4970; 2: Bill Mahoney; 3: Jeanne Reis; 4: Eleanor Giardina and Consolation to Pat Goltart

Sept. 9
1: Joyce Walchak 4200; 2: Alice McDaniel; 3: Fran Griswold; 4: Shirlee Stolly and Consolation to Phyllis Silverman

Thursday Afternoon Bridge

Marion Turbin & Betty Legg

Aug. 13
1: Cleona Redman; 2: Marion Turbin; 3: Mazie Millward.

Aug. 20
1: Phyllis Silverman; 2: Joanne Jones; 3: Pat Goltart.

Aug. 27
1: Gloria Richards; 2: Elsie Helwig; 3: Helen Eshbach.

Sept. 3
1: Marge Starrett; 2: Cleona Redman; 3: Pat Goltart; 4: Alice McDaniel.

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

Aug. 13
1: Janet Becker; 2: Edith Hunter; 3: Tom Marta; Cons. Carl Woodbury.

Aug. 20
1: Janet Becker; 2: Flo Penn; 3: Dick Mansfield; Cons. Jan Moon.

Aug. 27
1: Tom Marta; 2: Jim Mahoney; 3: Dick Mansfield; Cons. Jan Moon.

Sept. 3
1: Fran Griswold; 2: Ernie Lord; 3: Betty Morris; Cons. Jim Mahoney.

Sept. 10
1: Kathie Dushary; 2: Betty Morris; 3: Art Dushary; Cons. Helen DeGraw.

Friday Night Bridge

Jack & Mickey Martin

Aug. 14
1: Jayne Kaske; 2: Mary Carol Geck; 3: Bill Hunter; 4: Caryl Rosenberger; 5: Ida Rosendahl. Grand Slam: Mary Carol Geck & Marion Turbin.

Aug. 21
1: Myra Butler; 2: Mickey Martin; 3: Ida Rosendahl; 4: Marie White; 5: Bill Hunter & Serine Rossi.

Aug. 28
1: Mary Carol Geck; 2: Agnes Weber & Virginia Blanchard; 3: Ginny Barrett; 4: Shirley Stolly.

Sept. 4
1: Jayne Kaske; 2: Phyllis Bressler; 3: Mary Carol Geck; 4: Marge Benton; 5: Bruce Benton.

Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Fridays at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all. For more information, call Irene at 873-4173.

Aug. 14
1: Out of 26, Paul Agarwal had a perfect game, congratulations! 2: Nancy Kowsky; 3: Joann Shea; 4: Phyllis Wall; 5: Betty Legg.

Aug. 21
1: Out of 25, Joe Scrivo; 2: Marie Marquis; 3: Edith Kolb; 4: Joann Shea; 5: Lee Phillips.

Aug. 28
1: Out of 28, Nancy Kowsky; 2: Hank Kolb; 3: Richard Gillette; 4: Marie Marquis; 5: Edith Kolb.

Sept. 4
1 (tie): Out of 27, Billy Swing & Nancy Kowsky; 2: Irene Pisani; 3 (tie): Zane Barnett, Richard Gillette & Gerry Pinter; 4 (tie): Jerry Dean, Gayle Argano & Mary Bartel; 5: Rita Pinter.



Friday Night Euchre

Joe Askenase

Aug. 14
Four Handed Game
1: Shirley Coe; 2: Russ Riegler; 3: Marcy Askenase.

Five Handed Game
1: Helen Foskett; 2: Maria France; 3: Virgil Taylor, 4: Diana Riegler; 5: Vi Horton.

Aug. 21
Three Handed Game
1: Helen Foskett; 2: Marcy Askenase; 3: Viola Horton.

Four Handed Game
1: Virgil Taylor; 2: Maria France; 3: Clarence Lietzow.

Aug. 28
Six Handed Game
1: Vi Horton; 2: Helen Foskett; 3: Clarence Lietzow; 4: Marcy Askenase; 5: Maria France.

Sept. 4
Six Handed Game
1: Clarence Lietzow; 2: Helen Foskett; 3: Marcy Askenase; 4: Vi Horton; 5: Maria France.



Tuesday Night Pinochle

Viola Horton

We welcome all pinochle players. No partners are needed. Just come to the Art Room in the Craft Building Tuesday at 5:45 pm.

Aug. 4
Single Deck Winners
1: Vernon Uzzell; 2: Albert Novotny; 3: Betty Legg.

Double/Triple Deck Winners
Tables 1: James Nottingham; 2: Irene Pisani; 3: Ray Bock & Virgil Taylor.

Aug. 11
Single Deck Winners
1: George Dertinger; 2: Millie Ferrell; 3: Edith Kolb.

Double/Triple Deck Winners
Tables 1: Alberta Sarris, Norma Yonke & Greg Skillman; 2: Ray Bock & Charlie Distler.

Aug. 18
Single Deck Winners
1: Lois Rider; 2: Vernon Uzzell; 3: Hank Kolb.

Double/Triple Deck Winners
Tables 1: James Nottingham & Vi Horton; 2: Norma Yonke & Margaret Sciarino; 3: Joe Scrivo & Virgil Taylor.

Aug. 25
Single Deck Winners
1: Jim Cunningham; 2: Andy Mark; 3: Edith Kolb.

Double/Triple Deck Winners
Tables: 1: Alberta Sarris & Joe Sciarino; 2: Elsie Helwig & Billy Swing; 3: Ray Bock & Charlie Distler.



Saturday Night Pinochle

Elsie Helwig

Aug. 15
1: Audrey Bartolotta; 2: Rita Pinter; 3: Genevieve Hubbard.

Aug. 22
1: Mildred Ferrell; 2. Norma Yonke; 3: Anne Jagielski.

Aug. 29
1: Greg Skillman; 2: Jerry Pinter; 3: Anne Jagielski.

Sept. 5
1: Greg Skillman; 2: Al Novotny; 3: Dot Findlay.



Cribbage

Greg Skillman

Aug. 14
1: Alberta Sarris; 2: Craig Ehle & Greg Skillman; 3: Elsie Helwig; Cons: Norma Yonke.

Aug. 21
1: Luke Mullen; 2: Alberta Sarris; 3: Norma Yonke; Cons: Sheila Howell.

Aug. 28
1: Anne Jagielski; 2: Norma Yonke; 3: Sheila Howell; Cons: Craig Ehle.

Sept. 4
1: Herb Postin; 2: Alberta Sarris; 3: Ray Bock; Cons: Mary Disher.

Early Bird Dinner Specials \$8.95 plus tax
Served from 4:00 to 6:00 daily

All entrees include rolls and butter

NEW SHRIMP SCAMPI SKEWERS
Marinated shrimp served with lemon garlic butter sauce and linguine pasta

NEW CHICKEN SALTIMBOCCA
Chicken breast layered with fresh sage leaves and prosciutto and served over mashed potatoes with sage wine sauce

BEEF POT ROAST
Beef Pot Roast served with garlic whipped potatoes and aromatic vegetables

NEW LASAGNA BOLOGNAISE
Homemade lasagna with meat sauce layered with ricotta and mozzarella cheese, then finished with parmesan cheese and marinara sauce

Phone: (352) 861-9720

*All prices are plus tax and gratuity

Guardian Angels

BY MARY CULBERSON

There is a little angel
Hovering over your head
Watching your every movement
Until you go to bed.

From the moment you wake up
Til you go to sleep at night
He's right there to guard you
Tho you've failed to do what's right.

Let's appreciate our angel
And make him proud of us
Let's rise above our failures
And leave our anger in the dust.

There is just one small question
That I really have to share
Why in tarnation
Am I losing all my hair?

Autumn

BY HAZEL EHLE

Of all the seasons, I confess
Autumn is the one I like best.
The cooler breeze is quite a treat
After all the summer heat.
Squirrels scampering here and there
Gathering nuts for their winter fare.
The harvest moon hanging so low
Is giving off such a radiant glow.
The trees with their leaves of crimson
and gold

A gorgeous sight to behold.
Halloween with its trick and treat
Goblins and witches roaming the street,
Pumpkins with their carved out faces
In windows, on porches and other
places.

Best of all is Thanksgiving Day
With the feasts, giving thanks and also
to pray.

Now all these things that I recall
Is why I like autumn best of all.

Volunteers

BY MARY CULBERSON

God bless our volunteers
They give their time & expertise
To make our life more fun
Before we are deceased.

We thank them for their time
And all that they do for us
We are blessed to have them here
So we'll never make a fuss.

POET'S CORNER

Poetry from On Top of the World Residents

Ode to My Dear Teacher

BY ROBERT J. BENSON, MA

Looking back over half a century,
Your memory looms sweeter than ever.
Tall and erect, clear eyed you stood
Alert, alive, healthful and good.
Elegance with chalky fingers,
Warmth of your smile, how it lingers.
You found a boy, angry and sad,
And with your love, you made him glad.
Who else but God alone can know
What crops by your love you did sow?
As touching hearts of children dear,
You were always kind, forgiving, near.
It's autumn now, late in the year
And as I write, I shed a tear
Not in sorrow for memories dear
But in joy for your life so pure:
Sharing graciously, helpful and kind,
Serene and stately, gift sublime.
God bless you Clare and keep you well!
For the good you've done, He will tell.
In answer to a small boy's prayer,
God sent an angel, He called Clare.

60 Great Years

BY ANNETTE SHARPE

When we were wed in 49 our future was
unknown.
Now, we've been married 60 years.
My, how time has flown.
Through all the years of joy and tears,
We've memories untold,
And we realize, at last, we must be get-
ting old.

Now, contented with basics, no frills,
And surrounded by potions and pills,
We keep busy, not sitting still,
Denying we're over the hill.
We've aches in back, neck and knees.
It's hard to stand a slight breeze.
The memory's not sharp as could be.
Yesterday is quite vivid, today mystery.
We've put sugar in the fridge, burned the
stew,
Talked of the past, reminiscing anew.
After 60 great years, we know, for sure,
True love lasts forevermore.

www.OnTopoftheWorldInfo.com

I Haven't Forgotten

BY RICHARD SAUMELL

I haven't forgotten the years before we
met
I haven't forgotten the deep feelings of
regret
I haven't forgotten the lonely years I
spent
Thinking that life was just a time to
endure
And that maybe one day I would find a
cure.

To be lonely and empty I haven't forgot-
ten
And then by a miracle my life turned
around
And the birds from the branches for me
they sang
And the sky became bright and all
clouds disappeared,
And through its brilliance your face
shined clear
To fill my heart with such joy and music
so clear my heart began to rejoice.

For twenty-five years we have shared our
lives
Some difficult times we have learned to
endure
And I hope that through it all,
You feel that the good times outnumber
the difficult times of the past.
I love you, longer than forever and then
... one more day.



November issue:
Thursday, Oct. 29

The Best Medicine

BY ANNETTE SHARPE

Laughter's music
Comes from the heart,
Down deep inside
Where joy gets its start.
It changes a moment,
Or brightens a room,
Transforming folks
By chasing their gloom.
We know it's contagious,
So easy to catch.
It's a balm for the spirit
Nothing can match.
We all love to hear
Its happy sound,
And follow its lead
To where joy may be found.

Laughter is like
A beneficial drug,
Much like a kiss
Or a really big hug.
It's so good for the heart,
Much more than some thought.
It cures human conditions better
Than any pills bought.
So, enjoy life to the fullest,
And, laugh a lot too.
While it makes others happy,
It benefits you.



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. For more information, call the Health & Recreation Department at 854-8707.



Temple B'nai Darom

49 Banyan Course • Ocala (352) 624-0380



High Holiday Worship Schedule

Friday, September 18, 8:00 P.M. - ROSH HASHANAH EVE
Saturday, September 19, 10:00 A.M. - ROSH HASHANAH 1st Day
Sunday, September 20, 10:00 A.M. - ROSH HASHANAH 2nd Day
Friday, September 25, 8:00 P.M. - SHABBAT SHUVAH
Sunday, September 27, 8:00 P.M. - YOM KIPPUR EVE (KOL NIDRE)
Monday, September 28, 10:00 A.M. - YOM KIPPUR
& 4 P.M. - MINCHAH, YIZKOR & N'ILAH SERVICES

Festival Worship Services

Friday, October 2, 8:00 P.M. - SUKKOT EVE
Saturday, October 3, 10:00 A.M. - SUKKOT
Friday, October 9, 8:00 P.M. - ATZERET SIMCHAT TORAH EVE
Saturday, October 10, 10:00 A.M. - ATZERET SIMCHAT TORAH (YIZKOR RECITED)
Contact our office, 624-0380; TRANSPORTATION AVAILABLE Call Helmut at 861-9969.

Temple B'nai Darom is the second oldest synagogue in Florida. A reform temple, with an active sisterhood and brotherhood, members of the Jewish community, including interfaith families, are welcome to participate in the temple. Temple also has their own cemetery, B'nai Darom Gardens, which is available to members.

Our membership drive is currently being held, offering low membership dues. This includes high holiday tickets free of charge, Jewish calendar 5770, Yahrzeit mention and participation in all Torah services.

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Store Hours

Mon. - Friday
10:00 - 4:00

Saturday
10:00 - 3:00

Our quilt/sewing shop is conveniently located in the "Circle Square Plaza" - only 1 1/2 blocks east of Top of The World's main entrance. Visit us for the latest fabrics, books, patterns, and notions.

The schedule of our classes can be found on our web site: www.heirloomssoftomorrow.com.

Our staff strives to offer personal service to each and every customer. Bring in this ad during the month of September and receive 20% off of your purchase. (HQ items not included)

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- Gives privacy & heat reduction.
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BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W. - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day in advance for pick-up
Indigo Community Center Parking Lot

OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

1st RUN	2nd RUN
Jasmine Square (1st & 3rd Thurs) 1st Run Only	9:50 am
Dillard's or Kohl's	10:00 am
Lowe's	10:05 am
Paddock Mall	10:10 am
Wal-Mart	10:15 am
Target	10:20 am
K-Mart	10:25 am
Gateway Plaza	10:30 am
Wal-Mart	12:05 pm
K-Mart	12:10 pm
Gateway Plaza	12:15 pm
Paddock Mall	12:20 pm

GROCERY STOP: LAST STOP OF DAY 30 MIN. SHOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)
Grocery Run...Every Monday...(Public)...Start Pick-Up Run @ 3:42 pm...Return @ 5:30 pm
Sam's Club...2nd & 4th Wednesday of the Month...2:10 pm...3:30 pm
Beall's & Wal-Mart...1st Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.
[1st Run Ocala (Porter's & Target)...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]
Beall's & Wal-Mart...3rd Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.
[1st Run Ocala...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]
3rd Tuesday Supper Get-A-Way...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm
(CALL TO MAKE YOUR RESERVATION...ONLY 21 SEATS AVAILABLE EACH MONTH)
* Restaurant Location Posted in Bus, On TV Channel 17, 703 & 22, or Call Number Below *
*For information or reservations call Health & Rec. @ 352-854-8707 ext.10

Colorado Rockies

Part Two of Two

By BOB WOODS
WORLD NEWS WRITER

Our tour manager was like a walking, living encyclopedia. He had vast knowledge of everywhere we went and then some. We saw where the Colorado River formed in the Colorado Rocky National Park and witnessed the expanse of the river as we headed towards Grand Junction.

I thought the temperatures in Colorado would be a lot cooler than those in Florida. Wrong! It was actually hotter in Colorado than here at home. At Grand Junction, the thermometer rose to 97 degrees, but the humidity only rose to 11%. Hot is hot, no matter what!

I, along with others on the tour, thought the Colorado Monument would be a let down after what we have seen so far in the Colorado Rockies. Boy, were we wrong.

The monument is a masterpiece of erosion. The erosion process over countless years has created beautiful rock formations as the softer and looser sandstone is either washed or blown away leaving awesome rock formations within many canyons.

The great Grand Junction area is protected by high plateaus and the National Monument with its naturally sculpted rock formations encompassing some 32 square miles rising over 2,000 feet above the Grand Valley.

Departing the western area of Colorado, we headed towards a famous mining area hidden in the San Juan Mountains. Our destination was Silverton, a small mining town which is now a national historic landmark.

Our objective in this mining town was to board the train of the famous Silverton/

Durango Railroad for a ride to Durango. Touring this mining town included many Victorian buildings most of which were constructed between 1882 and 1910.

Then it was "all aboard" this historic narrow-gauge railroad for our trip to Durango. The train was one of the highlights of the tour of the Trains of the Colorado Rockies as this train is an 1881 coal-fired steam-powered locomotive built to haul gold and silver ore from the neighboring mines in the Silverton area to the main railhead at Durango. Today, the train hauls passengers through the awe-struck mountains running alongside the roaring Animas River.

No stop in Durango would be complete without a stop at Mesa Verde National Park, the only park strictly dedicated to ancestral human habitat. About 1,400 years back before Europeans discovered America, a group of Indians known as Anasazi (this is derived from a Navajo word sometimes translated as "ancient foreigners") occupied this area. Many tribes in the Four Corners area claim Mesa Verde as their ancestral home; the ancient people now are called Ancestral Puebloans.

Basically, these ancestral people were cliff dwellers creating stone communities in sheltered alcoves in the canyon walls. There are approximately 600 cliff dwellings in the park but not all are accessible to the public. The largest of the dwellings or communities is Cliff Palace, second is Long House and third being named Spruce Tree House.

It is believed that Spruce Tree House was constructed between 1200 and 1276 A.D. and contains 114 rooms. Those in charge believe this house was home to around 100 people.

Departing Durango, the trip made its way towards Colorado Springs with a stop at the Royal Gorge Railroad with a spectacular two-hour ride traveling through the Royal Gorge and under the highest suspension bridge, which spans the gorge 1,053 feet above the train tracks. What a sight, gushing waters and sheer canyon walls while at the same time dozens of rafters fought the rapids in the Arkansas River.

This train was powered by an old diesel locomotive and the train even had some glass domed passenger cars once used in Alaska between Anchorage and Fairbanks by cruise ships. It was a fantastic, scenic ride.

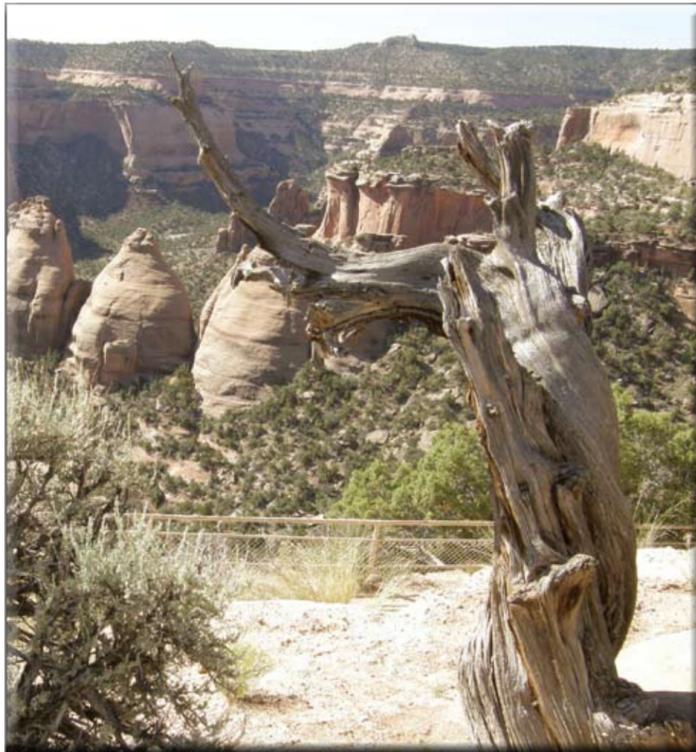


Photo by Bob Woods

Rock formations in Colorado's National Monument depicting the forces of erosion over centuries. This rock formation is titled "coke ovens," which are a series of colorful rock domes created by the natural sculpting forces of wind, water and ice.

Our last full day of adventures was a trip to the top of Pikes Peak via the Cog Railroad and then onto the Garden of the Gods. The Pikes Peak train ride was great. What a ride, what scenery. This cog railway is the world's highest reaching an elevation of 14,110 feet.

Katharine Lee Bates, a professor from Wellesley College, made her way to the summit of Pikes Peak after many grueling days on horseback and she described the views and vista seen in a poem that all have heard. In fact, many years later, her poem was accompanied by music: "Amer-

ica the Beautiful."

Departing Pikes Peak, we headed to the Garden of the Gods, which is a picturesque place to visit with all the rock formations. There were many formations with different names but the only one I could visually see was the Balanced Rock, it was obvious a huge rock sitting by a small area on another.

All in all, this trip was a trip of a lifetime. All but the Pikes Peak Cog Railroad had open gondola cars so folks wanting to take pictures could stand or sit in the open.

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* Schedule and performers subject to change.
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Photo by Bob Woods

A plant that is not indigenous to Florida is growing like a weed at Hazel Schulz's house. Elephant Ears are growing right in her front yard; in fact, this plant is over eight feet in height and flowering. Hazel received this plant from her daughter last year. Elephant Ears are considered a tropical plant and can reach eight feet tall in the tropics but in northern regions, they are considered annuals, reaching a height of two to three feet.

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Attention Train Buffs: Books depicting history of locomotives and trains from steam through diesel, like new. Cost over \$600, asking \$175 or best offer. 854-6737.

Bedroom Furniture: dresser - large 5 ft., 7-drawer, light knotty pine \$150. Blanket chest, teak wood 4' x 18" x 15" high. Only \$225. Can deliver within the community. 547-1469.

Blinds: Four white wood-look Venetian blinds for 48" x 62" windows, ideal for lanai. 622-2255.

Books: Current large print book club mysteries. \$5 each. Call Howard at 854-1619.

Books: Many large print and regular, once read. 854-4365

Bowling Balls: Two 14 pound and case, \$25. 291-1464.

China Closet: Large two-piece rosewood with decorative carvings and glass doors. Can deliver within the community. Call 547-1469.

Curio Cabinet: Oak, five glass shelves, 6 high, asking \$100. 854-9785, leave message.

Desk: oak large modern with mail hutch \$375. Can deliver within the community. 547-1469.

Estate Sale: Home furnishings, large china cabinet, piano, pull out dining table, end and cocktail tables, table top Singer sewing machine, Schwinn exercise bike, golf cart, couches, chairs, TV s. Oct. 2 and 3, 9 a.m. to 5 p.m., 8471 SW 91st Street, or call 804-9408.

For Visually Impaired: Clarity Video Magnifier, attached monitor and camera, excellent condition. 873-4130.

Golf Cart: Club Car 48 volt, new batteries, high-speed motor, enclosure, excellent condition. 237-9523.

Golf Cart: Four passenger Club Car, new Trojan batteries, all accessories, like new. 873-8600.

Golf Clubs: Two sets ladies clubs with head covers; putters, golf bags, woods 1-7, irons 3-9, wedges PW-SW-LOB, good condition, best offer. 873-2133.

Golf Clubs: Matched set O'Donnell Triumph Triple Play, bag included, \$125. Matched set Pro Touch 604, bag included, excellent condition, \$145. 873-9009.

Living Room Furniture: sofa table, modern light oak. \$95. Large folding Teak table. Folds down to 8" wide. Open 63"x34", \$275. Recliner - modern black leather with ottoman, \$225. Table 36" round oak with two Teak chairs soft seats, \$275. Can deliver within the community. 547-1469.

Misc. Items: All-in-one fax, copier and phone, crocheted bedspread, tablecloth, assorted doilies. 854-7417.

Misc. Items: Leaf blower; two pairs clogging shoes size 7-7 1/2; large table organ; space saver treadmill, folds upright, four years old; ladies 6-speed bicycle. All excellent condition. 237-8864.

Misc. Items: Nativity set, 12" wood and moss stable, figures and animals, \$10; sleeping bag, \$5; Prince Pro Tour tennis bag, \$10; ten pound bowling ball with bag, \$10; new bowling shoes, size 8, \$5; 3 fiber optic tree with red poinsettias, \$10; 4 fiber optic Christmas tree with lights, \$10. 291-7670.

Misc. Items: Pickleball paddle, used twice, paid \$50, asking \$25. Square dance clothes; skirts, blouses, petticoats, Pettipants, size medium, \$3 each. Two tennis rackets, \$5 and \$25. 291-7670.

Patio Enclosure: Includes knee walls, screening, sliding windows, shades and 36" door. Fits 9 x 18 lanai. Like new, \$300. 861-9391.

Speakers: Two Acoustic Research 98LS, 10-1/2" deep, 15-1/2" w x 29-1/2" h. Original cost \$1,000, make offer. 854-6737

Tag Sale: Oct. 3, 9 a.m. to 2 p.m. Misc., household, ladies bike, etc. 8883-B SW 94 Lane (Friendship Village).

Tag Sale: Oct. 6, 7 and 8, 8 a.m. to noon. 8533-A SW 93rd Pl.

Tag Sale: Friday, Oct. 9 and Saturday, Oct.

Classified Section

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

10, 9 a.m. to 2 p.m. Christmas decorations, golf bag with clubs and a bit of everything else. 9424-A SW 97th Lane (Crescent Ridge I).

TV: Toshiba 27" color; perfect condition - \$75. 390-2359.

Services

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259.

Alterations / Tailor / Curtains / Draperies: Pick-up at your home weekly. To schedule an appointment, call Diana at 401-0076.

Appliance, A/C & Heat Repairs. Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for nine years. Dry in hours, not days. 10 percent off first-time clients. 307-4100.

Carpet Cleaning Specials: 2 rms/\$65, 3 rms/\$79, 4 rms/\$99; 2 rms carpet power re-stretching/\$99; 300 sq ft. tile & grout cleaned/\$99. Your neighborhood carpet & tile cleaning specialists. (352) 516-3565, Pro Carpet & Tile, family operated.

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

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C.A.T. Woodworking: Crown molding, chair railing and cabinet drawer slides professionally installed. We build and repair furniture. Free estimates, LLC and insured. Call Tom, 288-6148.

Cleaning by Evelyn Lee: I do windows, deep cleaning, move outs. Lic. #A27450 & insured. 629-0855. www.sunshinecleaningoccala.com.

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Experienced Licensed Massage Therapist: Swedish, deep tissue and facelift massage. On Top of the World resident. (352) 237-7042.

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handy-Helper: driveways painted, light landscaping, wash windows, shampoo carpets; anything you need. On Top of the World resident. 291-6964.

Handyman at your service: hubby for rent for "honey do" projects. Plus computer repair and upgrades. Golf cart repair and

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Pressure Washing: house or driveways. Call On Top of the World resident, Okey. Free estimate 237-6637.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

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Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

Wanted: Someone to make a CD from another CD. 237-8864.



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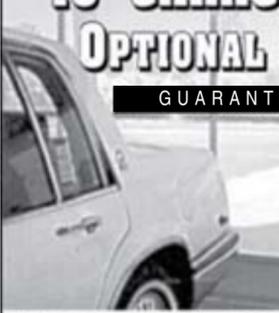
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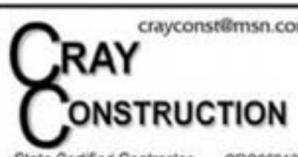
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