



Community News & Update

By Kenneth Colen, Publisher

Community Update

The On Top of the World (Central) Owner's Association board meeting was held on Feb. 17 with approximately 350 residents in attendance. The purpose of the meeting was to consider adoption of the fiscal year 2010-11 operating budget and to adopt a resolution for roof replacement special assessments. We fielded numerous questions on roof replacement costs and the process.

For me, the take away from the meeting was the discussion of "how do you define value?" One answer, "value equals the price paid for goods or services." I believe this is a very narrow definition that fails to capture intrinsic benefits. If a certain something gives you a sense of comfort or safety, you may value that much more highly.

Some people think their community services fees pay only for mowing and landscape maintenance. In reality, it is so much more than that. You enjoy a very large range of services in this community. Consider 24-hour gate surveillance; how do you value that? If you breakout the cost, that is only \$0.20 per day. By any measure, that is a good value for a sense of privacy and safety.

What's it worth to have the peace of mind to know that if there is a windstorm and the roof is damaged, you don't have the burden of trying to get a roofer to drive out and charge a service call just to evaluate the problem, and then you need to pay to fix it?

Comprehensive insurance on the homes works out to \$266 per year plus your HO6 policy. By comparison, a stand-alone comprehensive policy like an HO-3 costs around \$705 to \$897 per year.

Don't forget within the bundle of services available, you have access to numerous fitness, recreation and education programs good for the body and soul for just \$2.66 a day and it is all just a walk or golf cart ride away.

When you really consider the "all-in", a basic community services of \$10.43 (or less)/day, is an outstanding value compared to, say, dinner for two at McDonalds.

Alright, maybe I'm taking this reductionist approach a little too far. However, my point about the value of the "all-in" and the sense of community, the opportunity to make friends and enjoy living, as well as the peace of mind of living in a safe and clean community really is priceless.

Master the Possibilities

March marks the end of the busiest Master the Possibilities season to date! There are 71 programs offered during this month and the variety is, indeed, impressive. While some are filled to capacity, there are still openings in most. It's a great time to take advantage of the most unique lifelong learning program in any retirement community in the country.

If you have friends in nearby communities, invite them to classes. Bring your visitors, too! We want all of you to experience what we know to be the best quality educational programming in the region ... or the state.

March will also present the spring Master the Possibilities catalog. Online registration www.masterthepossibilities.com opens Thursday, March 25.

At this time, you can secure your place in about 150 classes and presentations from April through June. A little over half of our students take advantage of this registration. Register 24 hours a day, 7 days a week, when you want to.

To date, everyone registering online during the initial week received confirmation on their selections! The actual catalog will be delivered with the World News on April 1.

At this time, telephone registration opens (and online registration continues). Just call 854-3699; leave your name and telephone number along with your class selection. You will receive a call back within one business day.

It is my hope you'll continue to "Master the Possibilities" throughout the year. Interesting classes, outstanding instructors and dedicated staff all work together to bring you the best in lifelong education. See you in class!

Circle Square Commons

This winter's weather has put a real damper on the entertainment on The Town Square. But weather permitting, we will continue to provide entertainment for your dancing and socializing pleasure. The car show was a hit and the weather cooperated with sunshine and some pleasant temperatures.

We're bringing a special event to The Town Square on March 17 in celebration of St. Patrick's Day. Look for good food, fun entertainment and a great time to be had by all.

This month will see lots of non-stop entertainment in the Circle Square Cultural

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Will Danny Ellis Return to Defend His Ocala Open Crown?

By GREG WISE

That's the big question on everyone's mind these days. When I asked the question of Rick Hendershot, tournament director for the Florida Professional Golfers Tour, Rick commented that, "it's just too early to tell who is going to be playing." He went on to add, "most professional players are vying for slots in national events and won't commit to events like the Ocala Open until they have exhausted every attempt to make the big televised events."

"The On Top of the World's tournament committee headed by Sally Collins, director of golf at Candler Hills Golf Club, does a fabulous job of keeping everyone informed on the progress of this premier event, with constant updates of the Ocala Open Web site (www.OcalaOpen.com)," Rick mentioned.

2009 Ocala Open

One major difference in this year's event is apparent on the very first day of the weeklong event. Hospice of Marion County has become the official charity of the 2010 Ocala Open Pro-Am event to be held on March 23.

Hospice of Marion County, Inc. has continuously served the residents of Marion County since 1983. At one point, an all-volunteer agency, Hospice of Marion County has grown to a not-for-profit organization of 430 professionals and 600 volunteers, whose mission is to provide compassionate comfort care for the terminally ill.

Hospice of Marion County, Inc. costs are covered by Medicare, Medicaid, private insurance and charitable donations from individuals and corporations. No



Photo by Marketing

one is ever refused services based on the ability to pay.

What does it cost to play in the Pro-Am?

A team consists of three players and one professional player who will be playing in the Ocala Open starting on March 24. If you set your own three-person team, the cost is \$900*. If you are just an individual who wants to play in the event and support Hospice of Marion County during the event, then your cost is \$325* and the tournament committee will pair you with others based on your golf handicap.

The format of play is a three-person scramble and your pro will be playing his own ball for a score as well. The best

the Candler Hills Community Center beginning at 2 p.m.

Besides all of that ... you will create some lasting memories of your day-long event that will be sure to make your golf scrapbook complete, as well as helping support such a worthy charity, Hospice of Marion County.

Want to play in the 2010 Ocala Open Pro-Am?

Applications are available in the Candler Hills Golf Shop or online at www.OcalaOpen.com under the heading charity Pro-Am event.

See you on the golf course!

HOME IMPROVEMENT EXPO

By ROBERT COLEN

The On Top of the World Home Improvement Expo is just about here. On Saturday, March 13 from 9 a.m. to 1 p.m. the Circle Square Cultural Center will host over 60 contractors and vendors from just about every field in the home improvement and construction industry.

The event will be open to the public and will give anyone looking for help with a new project the opportunity to meet face to face with these specialists.

On Top of the World's in-house remodeling division, COA Everywhere, will be present, if you are looking for any home additions or extensions. Other trades that are confirmed for attendance include plumbing, home security, screen and gutter companies, windows, interior decorators, painters, stamped concrete, drywall, stone work, countertops (granite and other solid surface), cabinets, ceiling fans, trim carpenters, air conditioning, solar products and much, much more.

Many of these vendors will be giving away prizes at their booths. Just to name a few prizes that we already know about, COA plans to give away two free passes to Candler Hills Golf Course. Mike Scott Plumbing has promised to give away one free re-circulating pump with install included. The pump works to re-circulate hot water in your pipes to efficiently bring immediate hot water to showers or sinks. Candler Hill's resident and ECS Solar representative, David Shira, will be giving away Sun Chips.

We look forward to seeing you there. The Circle Square Cultural Center is located at 8395 S.W. 80th Street.

Home Improvement Expo
March 13
9 a.m. to 1 p.m.
Circle Square Cultural Center



Photo by Ray Cech

Dr. Willet Boyer (right), Archeologist, in a mid-morning briefing with his team of volunteers.

Archeological Dig

By RAY CECH
WORLD NEWS WRITER

More than 470 years ago there existed a tribe of the Ocala people (hence the city name Ocala) living on what is now property owned by On Top of the World. The Ocala were part of the Timucua ("ti-moo-kwa") civilization, which then inhabited the greater part of Central Florida and spoke what we know now as the Timucuan language.

An alfalfa field located between S.W. 60th and 80th Avenues had been targeted for development. In February 2001, a field study was completed and the initial "shovel" tests indicated there was a strong possibility that earlier civilizations had inhabited the property. The land was registered and preserved to allow for further investigations.

Dr. Willet Boyer III of the University of Florida now leads a team of archeologists and volunteers in a search of the Ocala civilization. Seven of those volunteers are from On Top of the World and surrounding communities, who registered for the Archaeology Field Study program through Master the Possibilities. They will spend 90 hours in the field, digging, learning and, at times, jumping for joy, three days a week for six weeks.

Joy is the reward that comes after meticulously screening many shovelfuls of dirt that surfaces an artifact. The finds so far at the Alfalfa site include a Middle Archaic period (about 5,000 - 4,500

years ago) "Newnan" point (spearhead), St. Johns Check Stamped pottery pieces and "chert" (limestone carved into sharp tools).

"Every shovelful is an unknown," says volunteer Betty Beasley of Indigo East. "We sift through soil and look carefully as we uncover the past. Our field study school is fun, exciting and very rewarding, especially when even the smallest artifact is discovered." Each shovel test hole goes down about 40" so that charcoal samples, artifacts and "features" (structural remains) can be reached and identified.

Explorer Hernando de Soto (1496-1542) was the first to write about the Timucua, circa 1539. From his chronicles, we know that they were hunters, fishermen and traders. They built houses using poles for frames, bark for walls and palmetto leaves for roofs. They fished the local rivers and lakes and hunted alligator, bear, deer and turkey.

The Timucua were also traders, trading with other tribes throughout what is now Marion County and beyond. It is believed that they were probably the first Native Americans to meet the Spanish explorers when they arrived in Florida.

To keep current on the success of the dig, stay tuned to the World News, and to learn more about the Ocala and Timucua, Google "Florida Indian Tribes."



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal? Gerald Colen

Q. I was divorced about 15 years ago and now I plan on getting married to a very nice gentleman. My concern is that

he admitted to me that he owes the Internal Revenue Service some money (he didn't tell me how much but said it was quite a lot). Do I have any worries if he can't pay what he owes?

A. Probably not, because he incurred his obligation before you and he married. However, the wisest thing for you and him to do, before you get married is to have a pre-nuptial agreement and after your marriage you should make sure to keep your funds separate from his funds.

It would be okay to have a "working" bank account in both names but I would not advise you to have a lot of funds in it. Of course, once his obligation to the IRS has been satisfied, you won't have to worry about the matter. One caveat (warning): Do not even consider helping him to pay off that debt with your money.

Q. Is it legal for my boyfriend to buy ED drugs when he and I are on a cruise and we stop off in Mexico? He is 74 and I am about the same age.

A. I am sure it is legal to do that in Mexico; but I don't think that's what you are really asking. I think what you really want to know is whether it is legal for him to buy ED drugs in Mexico and bring them back into the U.S.

I do not know the answer to that question and I won't even speculate on it. However, why not have your boyfriend see a physician here in the U.S., get a prescription and have it filled before you leave. As for his and your ages, my only thought about that is "go for it!"

Q. My will leaves everything I have to three different relatives and I have named one of them as the executor of my estate. The will says that all my debts have to be paid upon my death. Does my executor have any personal responsibility to pay off my debts? I don't want that at all.

A. The executor (I prefer the term personal representative; but executor is fine) should not have any personal responsibility to pay your debts out of his personal funds, unless, of course, he enters into an agreement to do that—and no, I don't know why he would do such a thing.

Q. How many witnesses are needed in a will?

A. In the state of Florida, two witnesses are required. I believe there are a few

states where three witnesses are required but not very many. Although it is not a legal requirement, I believe that a will should also be notarized because that makes it self-proving in Florida.

A self-proving will is a will where you don't need to locate the witnesses because their signatures have already been notarized at the time you executed the will.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

Golden Oldies Humor

By Stan Goldstein



Borrow money from pessimists ... they don't expect it back.



As a partner in helping you live a life of good health, Ocala Health System offers a variety of free classes addressing your health needs and concerns. At Ocala Health, we are not just focused on your health, we are focused on you.

The Truth About Vitamins, Supplements & Minerals March 5th - 2:00 pm

You are barraged every day with ads on the television, in magazines, and on the internet for vitamins, minerals, and other health supplements. They promise better health, revitalized energy levels, disease prevention, and any number of other wonderful benefits. Can you trust them? Learn the truth about vitamins, supplements, and minerals from Dinah Donaldson, RN, LD/N.



Look Great Through Nutrition & Exercise March 12th - 2:00 pm

Fitness and nutrition go hand in hand in maintaining a healthy lifestyle. Meet your goals by getting a "leg up" from Certified Personal Trainer and Registered Dietitian, Julie DiPiazza, MS, RD, LD/N.



Eating Right Made Easy March 19th - 2:00 pm

Hear the facts about nutrition from the expert. This lecture will cover eating right made easy, veggies - why you should eat them, the importance of whole grains, and the role water and fiber play in your diet. Presented by Registered and Licensed Dietician Robert Lester, Director of Food and Nutrition at Ocala Health System.



Nutritious Choices For a Healthier You March 26th - 2:00 pm

Eating healthy is essential to maintaining your health. But smart eating choices make it even easier to get your nutrients. Come learn about nutrient rich foods and the importance of plant sterols. Presented by Victoria Haynes-Johnson, MA, RD, LD.



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Photo by Ray Cech

The New Pretenders wrapping up an evening of fun and nostalgia.

There's No Business Like Show Business

By RAY CECH
WORLD NEWS WRITER

The New Pretenders played to a sold-out crowd for more than two hours, and "belated out" some of the great oldies from the 50s and 60s—from Frank Sinatra to Elvis Presley.

On Top of the World neighbors and their guests enjoyed an evening of nostalgia and fun on Friday, Feb. 12, in the Health & Recreation Ballroom. The show was repeated again on Saturday evening, with a matinee on Sunday.

The New Pretenders, a 32-piece ensemble, is composed of a 13-member faux band, along with actors and actresses who role-played with the music.

Some of the songs that rocked the crowd were "Good Hearted Woman," sung by Bill Shampine and Hal Stanley, "Pretty Woman," sung by Dave Guildford to Mary Ethel Swing, and "King of the Road," performed by our very own Ken Colen.

There were more than 25 songs with some pretty good gags, like Bill Shampine "streaking" across the stage during a rendition of "The Streak."

It may have been the very last song, however, that brought down the house. Bob Wroblewski strummed out the tune "Dancing with a Man", telling the story of a man (Herb Schroeder) who walked into a bar and, while the juke box played, asked a "girl" (Larry Gering) to dance. His suspicions began to grow when "she" wanted to lead and he found her hands were more calloused than his. After he put her back on the bar stool, she was asked to dance again, this time by the hapless Bill Shampine. That's when things began to unravel, ending with Larry, the "girl", hustling out of the bar wearing not much more than his Valentine's Day shorts. Okay, so you had to be there!

The New Pretenders is made up of residents in On Top of the World, who retired here to seek fame and fortune on stage. Actually, if truth be told, they are all volunteers, with no desire to earn a SAG card, but instead, dedicated to having fun and entertaining others while enjoying retirement.

The very first Pretenders troop was started in 1996 as the brainchild of Ruth Dalden and her husband, who left the show in 2003. It was a year later that Ed and Diana Morgan led efforts to re-form the group as "The New Pretenders." They then added the 13-piece band to the performance. Their instruments, clothing and props come from all over —thrift shops, consignment stores, garage sales, and from whoever wants to donate to these not-for-profit entertainers.

This year, under the direction of Bill Shampine, The New Pretenders played three shows in the Health & Recreation Ballroom, and will put on an additional eight road shows at locations such as Marion Landing, Spruce Creek and Queen of Peace.

They started practice for this season in October of last year and, with 84 costume changes in every performance, they practice, practice and practice some more. Thanks for those "Moments to Remember."



Tips for Spectators

By GREG WISE

For those of you who will be following the professionals on the golf course at the Ocala Open, if you will be carrying a small camera, please show common courtesy to the professional players.

When shooting photos and trying to catch those awesome shots with sand flying or heavy grass coming up with the ball, be ready to click the shutter, but don't click before the player makes contact with the ball.

When shooting on the PGA or LPGA Tour, photographers are versed on the proper time to shoot and when not to shoot. Here are some simple guidelines:

- When the players are just standing around or away from the ball, lining up a putt or their next shot, it's okay to shoot. But, make sure there isn't another player about to strike the ball. When your player is addressing the ball and preparing to hit, do not click the shutter and take the picture until they have hit the ball.
- If you are shooting with a digital camera that makes a sound when you shoot, there should be a setting that allows you to shoot with the sound off. That will help your chances tremendously for not getting the evil eye from the players if they happen to hear that shutter go off.
- There is also plenty of time after their round is complete to get photos of those close-ups of the players. Don't ask on the course if they have a minute for a photo, unless they offer.

Good luck and if you happen to snap one of those awesome photos that would be classified as award winning ... we would love to see it.

Submit Articles by E-mail to
otownews@otowfl.com

POET'S CORNER

Poetry from On Top of the World Residents

Don't Forget

By MARY CULBERSON

Don't forget to say I love you
To the ones you hold so dear
I'm sure they know you cherish them
But those words, they still like to hear.

It's so easy to say I love you
To your family and dear friends that you know
Those three little words could mean so much
When someone is lonesome and feeling low.

I regret not saying I love you
More often to dear ones long past
I'm sure that a fond gentle reminder
In their hearts would surely last!



The Gravy Train

By JOE NOVATNACK

I'm ridin' on the gravy train,
Steel wheels just a hummin',
I'm ridin' on the gravy train,
The money keeps a comin'.

The pension checks and CDs due,
Comin' to me monthly,
Nothing else that I can do,
To keep from getting grumpy.

Uncle Sam's security checks,
Surely comes in handy,
The doctors and the dentists too,
Can't wait to see the green'ry.

Money market funds galore,
Gets a lot of notice,
Think of all the fun they have,
It's just to get to know us.

A bonus check would do a lot,
To clear the bite of interest,
Just put it on the plastic card,
And then you'll pay in earnest.

The IRS and tax collector,
Sure do like the census,
It makes the budget look just fine,
So they can reap the surplus.

As Years Go By

By ANNETTE SHARPE

Hold the hand of one who loves you.
Cherish the years with one who cares.
Live these very special moments
With one your every secret shares,

One who's warm and loving,
Who makes you laugh and cry,
One you know will always love you
As the years go passing by.

Though life may have its trials,
Its pleasures and its pain,
True love can weather anything
And make things right again.

Contemplate what love has given
From the joy of your first kiss,
And of all life's countless blessings
Without that love you'd miss.

Appreciate's life's greatest gifts,
Trivialize them never,
For true and lasting love
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All Around Our World

Lynette Vermillion

March is Women's History month, St. Patrick's Day, Daylight Saving Time and the first day of spring! Each year, March is designated as National Women's History month to ensure that the history of American women will be recognized and celebrated in schools, workplaces and communities throughout the country. And, for those of us who love to celebrate, St. Patrick's Day gives us another reason — green hats, green beer and corned beef and cabbage. Don't miss the event on The Town Square.

Don't forget to move your clocks one hour forward — spring forward — on March 14. Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks since Daylight Saving Time provides a convenient reminder. Our first official day of spring is March 20, and I am looking forward to seeing spring flowers, longer daylight hours and some warmer weather.

Home Maintenance and Insurance Tab

Check out the new information under the Home Maintenance and Insurance tabs on www.otoworld.com. We are continuing to update the Home Maintenance site, where you will find helpful hints

about lawn and home maintenance.

Under the new Insurance tab, On Top of the World Central Owners will find explanations of Association's coverage as well as what you need to cover on the interior of your home.

Coming Out of the Freeze

Per the University of Florida IFAS, freezing temperatures will turn lawns brown. Do not panic, this is a normal part of winter dormancy. When the days become longer and temperatures start to warm up in the spring, the growing points will become active, bringing green growth to the lawn again.

Do not apply a weed and feed product for pre-emergence weed control during the winter. Lawns generally do not require as much irrigation during winter months, so you can scale back your irrigation systems. You will not need to mow for some time; when you do need to mow again, be sure to cut at the highest recommended height for your grass type. Do not scalp the lawn, as this makes it less able to recover from freeze damage. For more lawn care tips, go to http://solutionsforyourlife.ufl.edu/lawn_and_garden/.

Golf Cart Lanes

These lanes are multi-purpose for carts, bicycles and pedestrians. We encourage all users to be considerate of others and remind all that the rules of the road apply.

The Florida Handbook on who has the right-of-way and safety rules for pedestrians are quoted below:

RIGHT-OF-WAY: Who has the right-of-way in Florida? The answer is no one! The law only says who must yield (give up) the right-of-way. Every driver, motorcyclist, moped rider, bicyclist and pedestrian must do everything possible to avoid a crash.

SAFETY RULES FOR PEDESTRIANS: While walking along a highway, always walk on the shoulder on the left side, facing traffic. Wear light colored clothing or use a flashlight to make you more visible to drivers at night.

Safety Tips for Walkers, Joggers and Drivers

A number of residents have asked me

to remind walkers to remember to wear light clothing, reflective vests, or flashing LED lights when walking before dawn or after dusk. Many are forced to run and walk in the dark. Below are some tips taken from the Web on how to run and walk safely when it is dark outside and safety tips for seeing and being seen. These tips apply to bicyclists as well as pedestrians and don't forget your pet.

To see, simply carry a flashlight. Particularly when running, most people don't want to carry the extra weight. Modern LED flashlights or small Mag light flashlights are more compact for the amount of light they provide.

Runners need to be seen and should wear reflective clothing. First, avoid dark colored clothing. Light colors reflect more light. Light colored clothing is a good start but modern, highly reflective clothing that is designed for maximum nighttime visibility is much better. There are several high tech reflectivity options: Buy reflective tape that is designed to reflect light back to its source. Apply this tape liberally to your exercise clothing. Drivers from any direction will see the bright strips.

Wear a reflective safety vest, similar to those worn by highway workers. It can be worn over exercise clothing to allow drivers to see a bright human outline. It can be worn with any exercise outfit and does not require modifying your clothing.

Many sports clothing companies sell exercise apparel made of highly reflective fabrics. Adding LED safety lights with any of these options will increase your visibility.

If you are operating your golf cart before dawn or after dusk, remember you must have, at a minimum, a windshield, headlights, turn signals and brake lights. The Marion County Ordinance mandates these items to operate before sunrise and after sunset.

As you are out driving or walking in the early morning or early evening hours, please be aware of traffic, whether it is foot traffic or other vehicles. The sun can be blinding at these times and we may not see walkers or bicyclists. So, please drive safely and watch out for others sharing the roadways. Walkers and bicyclists should wear appropriate colored clothing

for time of day and may want to consider safety reflective vests.

Don't let darkness disrupt your walking, running or bicycling, but please take the proper precautions.

Ocala Open

Don't forget the Ocala Open. The largest charity golf event in Marion County in 2010 will be held on March 23, 24, 25, 26 and 27. The event will showcase the Candler Hills Golf Course and will highlight some of the world's best men's professional golfers while benefiting local charity, Hospice of Marion County, Inc. You will not want to miss this — come out and be a spectator and enjoy watching exciting golf.

Golf Cart Seminar

On Monday, March 29, On Top of the World will host a class on golf cart safety, insurance and maintenance. The Marion County Sheriff's Office will conduct the safe driving portion of the seminar; insurance will be presented by Kevin McDonald, and maintenance will be presented by Gerald Hancock. Several topics of discussion include obeying traffic rules, defensive driving and why insurance and maintenance are important. The class will be held at 10 a.m. in Suites E, F, and G at the Arbor Conference Center.

CDD Class

In April, we will host an informational meeting regarding the Community Development District (CDD). Be sure to keep an eye out for more information regarding the date, time and location.

Census Scam

With the U.S. Census process beginning, the Better Business Bureau advised people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft. Census workers are currently only knocking on doors to verify address information. Do not give your social security number, credit card or banking information to anyone, even if they claim they need it for the U.S. Census.

Remember, no matter what they ask, you really only need to tell them how many people live at your address. For more advice on avoiding identity theft and fraud, visit www.bbb.org.

Hospitality

Linda Tiffany

The Pub

The Pub hours are: Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3

Upcoming Publication Date

April issue:
Thursday, April 1

p.m., and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Check out the daily specials. A light and a hearty special will be featured, in addition to homemade soup.

Every Wednesday and Friday, we continue to offer the following favorites:

Wednesday - Open-faced Prime Rib served with an onion tower - \$8.95.

Friday - Fried Whitefish Filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw or Fish & Shrimp Basket - \$8.95.

Candler Hills Restaurant

A new menu will be unveiled shortly. Look for some new and exciting additions. Two specials are featured every day, as

well as a homemade soup. A petite and a hearty special will also be available.

Don't forget our Tapas menu offering small portions at a great price served everyday, and enjoy signature martinis from "around the world" as a tribute to On Top of the World neighborhoods with a variety to fit every taste. Come in and try the Candler Cosmo an exciting blend of premium vodka, Gran Marnier, splash of cranberry with a twist of lime. Tapas are served from 4 to 6 p.m. daily and Fridays and Saturdays from 4 to 8 p.m. Martinis are always available.

Candler Hills Restaurant hours are: Sunday - 8 a.m. to 5 p.m., Monday through Thursday - 11 a.m. to 6 p.m., Friday & Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. fea-

turing fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

New early bird dinner specials can be found in a display ad in this issue of the World News.

Self-serve coffee and doughnuts are available for golfers at 8 a.m., Monday through Saturday.

The Prime Rib Special every Friday and Saturday includes baked potato, vegetables, salad, rolls and butter for \$12.95 and is served from 4 to 8 p.m. Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.

The Pub and Candler Hills Restaurant offer a Dessert Shooters menu with six varieties to choose from. Residents and guests can now enjoy espresso mocha crème brûlée, key lime pie, NY cheesecake and other exciting flavors for \$2 a shot or \$10 for all six.

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Keeping It Green
Phillip B. Hisey

March is a great month to fertilize. With the Marion County Fertilizer Ordinance Number 08-35 now in effect, all fertilizer applicators for hire must be certified by the Green Industries Best Management Practices for the Conservation of Water Resources.

This ordinance went into effect May 4, 2009. The ordinance restricts how many pounds of nitrogen can be applied per year to St. Augustine, Bahia and Zoysia grasses. Certified applicators must carry a card and it should be on them at all times when applying fertilizer. If you have a contractor fertilizing for you, ask to see their card. Per the ordinance, all applicators must be certified individuals and cannot work under another's license.

Private homeowners are required to follow the recommendations made by the UF/IFAS program when applying fertilizers except where this ordinance provides more stringent requirements. Marion County offers training for fertilizer applicators and residents at the Agricultural Extension Office.

Recently, Lenny Stout, April Borracini and I took the eight-hour course and exam to become certified. Parkway Maintenance and Management Company has many other certified applicators on site as well.

St. Augustine can have three pounds of nitrogen per year or one pound of slow release nitrogen per 1,000 square feet at each application. If you are using a water-soluble or readily available nitrogen source, 0.7 pounds of nitrogen is the maximum per 1,000 square feet at each application.

I recommend using a slow release blend of fertilizer of at least 50% to get longevity out of the application and reduce your cost. John Deer Landscapes/LESCO sells the 9-0-24 or 12-2-14 blends. Both of these are great for turf, the 12-2-14 blend is better suited for both turf and shrubs.

Emergency After-Hours Phone Number
236-OTOW (236-6869)

Bahia grass is also restricted on how much nitrogen you can apply. The Marion County Fertilizer Ordinance mandates that no more than two pounds of nitrogen be applied per year. Again, no more than one pound of nitrogen per 1,000 square feet at each application and if you are using water soluble or readily available nitrogen, 0.7 pounds of nitrogen is the maximum per 1,000 square feet at each application.

For Empire Zoysia, the ordinance mandates that four pounds of nitrogen can be applied per year. The same rules apply for the application rates not to exceed one pound of nitrogen per 1,000 square feet for slow release blends and 0.7 pounds of nitrogen is the maximum per 1,000 square feet for water-soluble or readily available blends.

To understand how to know if you are buying a slow release blend versus a water-soluble blend, look for words like Urea Nitrogen for slow release blends. For water-soluble or readily available nitrogen sources most turf and ornamental blends will have ammoniacal nitrogen as the nitrogen source.

To understand how much fertilizer you should be applying to achieve one pound of nitrogen per 1,000 square feet or .7 lbs of nitrogen per 1000 sq. ft, use this equation: 1 / % of nitrogen in the bag (first number in the analysis) = lbs. /1,000 sq. ft. For instance:

SLOW RELEASE NITROGEN: 12-2-14 has 12% nitrogen - 1 / .12 = 8.3 lbs of product for 1 lb. of nitrogen per 1,000 sq. ft.

WATER-SOLUBLE NITROGEN: use the same equation .7/.12 = 5.8 lbs. of product per 1,000 sq. ft.

Golf courses and athletic fields are not under this ordinance as they fall under the Florida Department of Environmental Protection, "Best Management Practices for the Enhancement of Environmental Quality on Florida Golf Courses, January 2007." Agricultural operations are also exempt from this ordinance; they fall under the Florida Right-to-Farm Act, Section 823.14, Florida Statutes.

Check out the Home Maintenance Tab at www.otowinfo.com under the community that you live in. We have recently added items such as a "Homeowner Maintenance Calendar" and "Shutting off your back flow valve."

Hope you have a great spring!



View from the Library
Doris Knight

I decided that it was finally time to read volume two of My Life Bill Clinton - on the presidential years. The former president gives a very detailed description of his presidency, almost on a week-to-week basis. Certainly, he has voluminous records to jog his memory and a great desire to put forth his side of the years between 1993 and 2001.

The book begins with the bus trip from Williamsburg, Va. to Washington, D.C. - the conclusion of the trip, which Clinton, his wife Hillary, and Al and Tipper Gore had made during the campaign. We go through the events leading up to the inauguration day and their settling into the White House.

The first crisis arose quickly - gays in the military. The gay community believed they should be allowed to fight for their country openly and had therefore backed Clinton in the election. He soon discovered there was no easy answer to this problem and was forced to compromise on "Don't ask, don't tell. This issue arose along with appointing his advisors and dealing with questions about his choices.

Another major problem was how to

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bring about peace in the Middle East. Getting Rabin and Arafat to appear together on the White House lawn and shake hands in 1993 was no easy task but looked positive. However, Arafat's unwillingness, even in 1999, to give up the right of return made a final solution impossible for the Clinton administration.

The return of the Republicans and speaker Newt Gingrich to power in 1994 created many different clashes over budget and money and how it should be spent. Clinton was resolved to reduce the deficit in his own way. And by the time he left office the country did have a surplus for the last year. (The long-term debt of course was still high.)

Then there was Ken Starr, the special prosecutor and his role in the Clinton presidency. Starting with Whitewater and going into various aspects of the Clinton records, one comes away with a better picture of how sweeping the injunctions were. This, of course, is Clinton's version of the story; but the senate vote on the impeachment charges probably does indicate the weakness of the charges.

Monica Lewinsky is part of the story but Clinton spends very little time on her role.

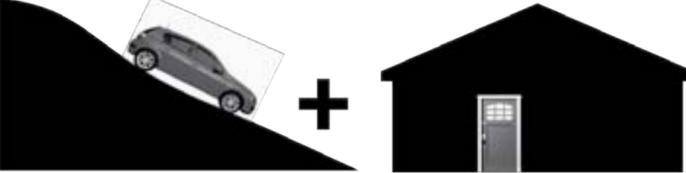
There is much more to the book and one learns a great deal about his policies and his attempt to improve the future of the U.S. and the world. But, of course, we see his version of events, and you must judge for yourself how successful he was. He certainly gives us a great deal of information to arrive at our own conclusion.

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Proceeds raised from this event will serve as the initial funding of a new home for Ocala Aquatics.

Tickets will be available for purchase at the Newton A. Perry Aquatic Center (located on the CFCC Ocala Campus) or contact Coach Vargo for them at (352) 873-5811. Get them while they are available!!



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Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

Center. A dance party with Dunning Shaw on March 5; the Home Improvement Expo on March 13; and the sold out Smothers Brothers show on March 19.

Winter Weather and Shrubbery

Last month, I wrote about this topic and I really don't want to harp, but it is worth a reminder to not remove plants affected by the cold. They will surprise you with their recovery. Neither should they be pruned back until mid-April. There may be several more periods of cold and possible frost.

Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-April to consider any pruning of owner-added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter; so be forewarned.

Lawns and shrubbery will continue to grow, albeit very slowly, when the ground temperature warms above 65. That said, watering requirements are significantly less during the cooler months. Watering on a set schedule of once per week and only during the warmer periods may not make the most sense, both economically and for the health of your lawn.

Safety Tips

March is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 20 minute load!). Even more to the point, collected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace it entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning.

In addition to cleaning the vent pipe, this may also be a good time for those of you who use dryer sheets to scrub your lint vent with a brush and hot soapy water. Believe it or not, some dryer sheets emit a waxy substance that adheres to the mesh lining of the lint vent. This can be verified by running hot water over your lint vent, if the water does not pass through the mesh, then it's a good idea to clean your lint vent.

Conservation Tip

Shaving two minutes off each irrigation run time yields 36 gallons per zone per run time, which can save 155 gallons per month per zone. Monthly water savings for seven zones could be equal to \$2.01 to \$6.03 and \$4.03 to \$12.05 for twice per week watering depending on the rate tier.

Scam Alert

The Florida Attorney General sent the following bulletin, "To avoid being scammed by a non-legitimate tax preparer, consumers should get the credentials of the tax preparer and ask if he or she belongs to a state board or bar association which requires continuing education. The Attorney General's Office also recommends that consumers shop around for quotes and ask tax preparers if they will represent consumers who are audited or pay any audit-related fees. Only attorneys, certified public accountants and enrolled agents can represent taxpayers before the IRS in any matter including audits, collections and appeals.

One of the more common scams associated with tax season is "phishing," which occurs when individuals pose as Internal Revenue Service (IRS) or other government or banking representatives and send consumers e-mails seeking personal information allegedly for the purpose of processing refunds. The e-mails are usually created to look official and may include subject lines that read "Refund Notice" or similarly misleading phrases. However, the IRS does not send e-mails asking for personal information to process refunds. Consumers can visit the agency's Web site at <http://www.irs.gov> and click on "Where's My Refund" to check on the status of their refunds."

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Recreation News Theresa Fields

The month of March brings St. Patrick's Day, along with many other happenings! It will also bring us longer daylight hours when Daylight Saving Time commences on March 14. Don't forget to set your clocks forward one hour.

Our Annual Health & Wellness Expo was held on Jan. 16 and was well attended with over 1,000 people from Marion, Citrus and Lake Counties. Over 50 health-care providers were in attendance. Our Health & Recreation Fitness Department performed a variety of fitness demonstrations every 30 minutes on stage at Circle Square Cultural Center; and it was great that many of our residents got involved and displayed how staying active and fit can have a positive effect on your attitude and life.

Guest Fees Update

Please note that there has been a modification to the guest fees within the community. The fees are as follows:

1-2	\$0
3-25	\$25
26-50	\$50
51-100	\$100
101-150	\$150
151-200+	\$200

Please remember to submit a guest notification form for all guests attending meetings, tournaments or events within the community. The gate attendants will refuse entry into the community without this information. For more information, please contact the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m.

Softball

Softball players are wanted to become a part of the On Top of the World Softball Team. If you enjoy softball, we are looking for you! The team plays Mondays and Wednesdays at 8:30 a.m. at the softball field. For more information on this sport, call Bill at 873-0538 or the Health & Recreation office at 854-8707 ext. 10.

Telephone Directories

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the World 2010 Telephone Directory? If not, we have these available at the Health & Recreation information desk, Mondays, Wednesday and Fridays from 8:30 a.m. to noon.

Happy Hour

Happy Hour continues to be a huge success on Friday nights. If you are looking for entertainment, please join us at our weekly Happy Hour at the Arbor Club:

- March 5: Johnny Alston
- March 12: Tomaura (St. Patrick's Day theme)
- March 19: Roger
- March 26: Barry and Nancy

Please remember resident ID cards are required when attending Happy Hour at the Arbor Club. Guest fees apply to all guests of \$3 per person or \$5 per couple and residents must accompany all guests. Indigo East residents must have a Gateway of Services to attend Happy Hours or accompany an On Top of the World resident and guest fees will apply.

Dinner Run

Tijuana Flats is the restaurant for the dinner run on Tuesday, March 16. If you are interested in participating in this trip, please register at the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m.

The On Top of the World bus will pick up at the Health & Recreation parking lot at 4:30 p.m. and seating is limited.

Casino Trip

We have two Seminole casino trips scheduled for the month of March. The breakfast casino trip is on Thursday, March 4. This trip is \$20 and you will receive \$20 in free play, breakfast and bus transportation.

The second casino trip is on Tuesday, March 16. This trip is \$20 and you will receive \$25 in free play, \$5 lunch voucher and bus transportation. For more information or to sign up for this trip, please contact the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m. at 854-8707 ext. 10 or 14.

Art Exhibit & Reception

We are pleased to announce our first On Top of the World Artist Exhibition where residents within our community will create all artwork being displayed. This exhibit will be on view at the Arbor Club Ballroom from Sunday, March 7 through Sunday, March 14.

If you would like to meet the artists who created these beautiful works, please join us on Monday, March 8, from 3 to 6 p.m. for our Artist Reception. Light refreshments will be served with a cash bar provided. For more information, please contact the Health & Recreation office at 854-8707.

Home Improvement Expo

Have you been thinking of making some changes in your home lately? Join us for our second annual Home Improvement Expo to be held at Circle Square Cultural Center on Saturday, March 13, from 9 a.m. to 1 p.m.

Professionals in a variety of specialties from window treatments to kitchen remodeling will be available. A representative from On Top of the World's Customer Service department will be on hand to help you with all your questions and paperwork. For more information, please call the Health & Recreation office at 854-8707 ext. 10 or 14.

Rags to Riches

Rags to Riches is scheduled for Friday, April 23 in the Health & Recreation Ballroom. Table sign-up will commence on Monday, March 14 at the Health & Recreation office from 8 a.m. to 4 p.m. Cost will be \$8 per table with a (two table maximum per resident). Get your table(s) early. This event sells out quickly.

Get Acquainted Coffee

Join us in welcoming some of our new residents into the community! We will be having a Get Acquainted Coffee on Thursday, March 25 in the Health & Recreation Ballroom from 9 to 11 a.m. We will have light refreshments and representatives from pickleball, billiards, tennis, fitness and more. Each department will speak on the services and programs they have to offer. For more information, please contact the Health & Recreation office at 854-8707 ext. 10 or 14.

Room Request Forms

If you have not turned in your room request forms for the 2011 calendar year, you could be in jeopardy of forfeiting your room. These requests are due on Jan. 1 of each new calendar year. Please stop by the Health & Recreation information desk and pick up your request form today.

Any request for tables/chairs/TV/piano set-ups must be submitted to the Health & Recreation office at least two weeks prior to event date.

Please make sure you notify us if your event or meeting is canceled. This frees the room for other users.

Arbor Tennis

Arbor Tennis will be open to all residents holding a gateway of services as of March 1. Individual guest fees apply. Please see the attendant at the Arbor Club shop for court availability. Watch community TV and posters for upcoming tennis activities.

We look forward to serving you in the upcoming months.

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Winds of Windsor
Barb Henzy

Our winds of Windsor have been with us in full force once again recently. Along with the unusual cold spell, it gave all us native northerners a reminder of winters we left behind. It's comforting to know that any freezing/frost is only around for days, not weeks or months, and that there are flowers out and blooming again almost immediately.

Bill and I moved here in October 2008 from Connecticut. I grew up on a farm near Hartford and Bill moved to Connecticut from Pennsylvania when he was six. We met at the Connecticut shore when we were 18 and married just after Christmas in 1967 at the age of 20. We have no children but a large family, all in Connecticut except a sister in Michigan.

Bill worked mainly in the construction and information technology fields and my working life was in insurance. We enjoyed sailing on the Long Island Sound for many years and remodeling homes - we still like to do much of our own work on our house; it just takes a lot longer!

We now both enjoy walking, reading, cooking, visiting with friends and finding our way around our new area. We are happily adjusting to southern living, although I'm still not sure what you'd do with smoked hog jowls, which were recently advertised in a grocery flyer. Maybe it's because we come from a place where "barbecue" is a verb for cooking outdoors, not a noun for the food itself!

Before we stopped working, we spent a lot of our vacation time looking for our perfect place to retire. We kept coming back to Ocala and On Top of the World, partly because it was country and not in a tourist area where life changes dramatically with the winter crowds. From here, we can easily ride over to the fishing village/artsy/funky Cedar Key, historic St. Augustine or the Orlando theme parks and still live in the country. We also have some very interesting classes and wonderful entertainment events right here just a golf cart ride away.

Now that our neighborhood has been established for a while, we are starting to see activity as we individualize our properties. We are adding to our landscapes, painting rooms, decorating lanais and in general putting our own personalities into our homes. Along with the new construction, there certainly are a lot of changes to see as we walk around the loop.

There also continues to be a lot to do in our neighborhood. In addition to the GLOWS and SOWs monthly get togethers, we have met for some craft projects, card games, a monthly book club and a "stitch and chat" group is starting. Some of the GLOWS have also headed out on day trips to Micanopy and Mount Dora. While there are opportunities for many group activities, we are all also developing our individual interests and finding our own balance of activity and relaxation.

Why not take a ride around Windsor, see the changes and perhaps chat a while with some of us.

Candler Connection
Don Grosner

Many thanks to those Candler Hills residents who participated in "Hoofin' It For Hospice" on Saturday, Feb. 27. A special thank you to the Candler Excursion Club for donating the balance of its treasury to the cause with member approval.

Our Candler Connection Social Club is pleased to announce their spring social event, "A Taste of Italy" which will be held Sunday, April 11 at the Stone Creek Grille at 6 p.m. The event will include Italian appetizers, a buffet dinner and dessert. For your listening and dancing pleasure, the Gene Martin Trio will perform. A cash bar is included. Tickets will go on sale March 15 through April 3 at the Candler Hills Community Center at a cost of \$35 per person on Mondays, Wednesdays and Saturdays from 10 a.m. to noon. For further information, contact Sandy Jankowski at 854-8101.

The next monthly potluck dinner will take place on Monday, March 29 at the Candler Hills Community Center at 5:45 p.m. Please check the Candler Connection website for your culinary contribution which is also posted on the bulletin board in the Candler Hills Community Center. You must RSVP or for further information, contact Bev at 854-9416.

"What's Cooking in Candler Hills," our neighborhood cookbook, is on sale: single copies are \$8, two cost \$15 and three for \$18. These are great "all purpose" gifts. Delivery can be arranged; contact any Candler Hills board member or call Ray

Cech at 873-1952.

On Feb. 2 a gathering of Candler Hills residents interested in exploring near and distant places was held at the Candler Hills Community Center. A new generation of the Excursion Club was born named, Candler Gathering. Meetings will be held the first Tuesday of the month at 7:15 p.m. at the Candler Hills Community Center. There are no dues, officers or commitments, participants can propose trips they feel may be of interest to other residents and volunteer to coordinate them.

Recent day trips to Micanopy and the Florida Carriage Museum were enjoyable. The Orange Blossom Opry with dinner at Takis Restaurant is scheduled for early March. All Candler Hills neighbors are encouraged to join us at our next gathering.

Are you new to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directories and learn about our new neighbor welcome events on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center.

For residents of Candler Hills, or if you'd like to see what our neighborhood experience is all about, you can find more information at the Candler Connection website at www.candlerconnection.org.

Resident ID Cards

Stop by Customer Service in Friendship Commons
8 a.m. to 4 p.m.
Monday through Friday



Avalon Social Group
Lorraine Rourke

March 1 was our outdoor event held in the cul-de-sac on S.W. 99 Court Road. Thank you to Marion Nassy for coordinat-

ing this event!

Our spring event is scheduled for April 5 at the Arbor Club Ballroom; set-up is 5 p.m., start is 5:30 p.m. with food lines starting at 5:45 p.m. Bring a dish to share (appetizer, salad, fruit, casserole, soup, bread, vegetable, meat, no dessert as we assign those), a serving utensil is a must, and a non-alcoholic beverage. Please note we do not have access to ice. I need a volunteer to come up with some cute but inexpensive table decorations for the event.

Our annual fish fry will be May 3 at the outdoor pavilion near the baseball diamond behind the Health & Recreation Building. We will be selling tickets for those wanting the fish at the April event, last year it was \$3 a person. I will verify if the price will stay the same. Rain location will be the Arbor club Ballroom. We have a 50/50 raffle at each event to cover the costs for paper products, decorations and special events.

If you have any questions or ideas, call Lorraine 390-2120.

Providence II
Tekla Krause

Our last game night was so much fun. We are continuing to do it on the fourth Tuesday of the month at 6 p.m. in Suites E and F of the Arbor Conference Center. This month, the Tuesday falls on March 23. We will again ask that you bring a small snack to share and your own beverage.

We had a nice variety of chips, dips and desserts, which were superb. It was a great chance for some people to try playing something new while others did their tried and true favorites. We are looking forward to more fun and munchies this month.

Our ladies luncheon will be held at Mimi's Café on March 18. We will meet behind the Arbor Club pool in the parking lot next to the bocce courts at 11 a.m. Please call Lynne Schimmel at 861-2034 to sign up.

Our second annual Hot Dog Roast will be held at the covered pavilion near the horseshoe pits on Sunday, April 11 at noon. There will be a registration fee of \$3 per person to cover expenses. Please bring a dish to compliment our hot dogs. Registration is required; please contact Tekla Krause at 485-1929.

This club is open to all residents of Providence II. There are no dues. We raise our money with 50/50 raffles.

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Vintage Aircraft

By ROGER FOLEY

I thoroughly enjoyed visiting the Ocala Airport during the couple of days in February that the Vintage Aircraft were on display. A B-17, B-24 and a P-51 Mustang looked poised for action.

The planes were open for tours as well as rides. There was, of course, a charge for both.

What touched me most about



the visit were the several World War II veterans that were present.

You could see from their faces, that they were remembering their heroic service involving these "war birds." We owe these brave men a debt of gratitude that can never be repaid.

Thank you and God bless.



Photos by Roger Foley

B-24 (top) and P-51 Mustang at Ocala International Airport.



Photo by Ray Cech

Stan Goldstein at his drawing board.

Got Talent?

Ray Cech

Meet Stan Goldstein, the man who gives us a chuckle every month with his whimsical cartoons in the World News on page two and every week in the South Marion Citizen.

Stan has been drawing since he was just a kid, and when he realized he had another talent, a sense of humor, he put the two together and shazam!—a cartoonist was born.

While his interest is mainly in political satire, from time to time Stan will occasionally stray from the mold and give us a bit of down-home humor. Whether political or otherwise, his gags are always good for a laugh and, at times, a reality check.

Stan Goldstein was raised in Chicago but spent most of his life in Wilmette, Ill. He started sketching as a young boy, and would draw just about anything that caught his fancy. The talented young man also enjoyed building his own toys, often fashioning them out of clay or aluminum foil.

foil.

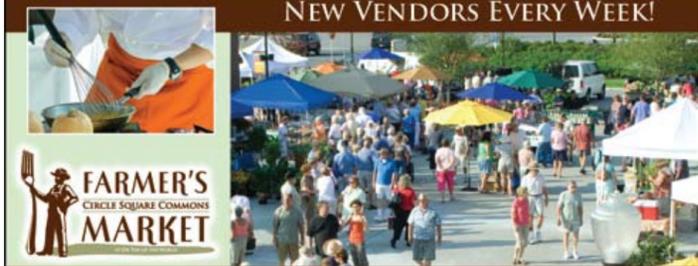
Fast-forwarding to later years, Stan studied advertising at Roosevelt University, and then honed his artistic talent with a scholarship at The Art Institute of Chicago. Fifty-six years ago he met a lovely girl called Myrna, married her, and in January 1996, they moved to On Top of the World, where they are enjoying an active retired lifestyle.

What type of situation provides inspiration for Stan's whimsical cartoons? "It could be absolutely anything," Stan says. "I might pass a horse farm or retention pond, pick up a newspaper or see some odd looking car pass by, and something will just strike me as funny. I'll make a mental note of it, and as soon as I can I put something down on paper." By the way, the cartoon is almost always drawn before the caption is added.

Besides giving us all a chuckle with his capricious sense of humor, last month you saw Stan Goldstein entertain us with his impersonation of a pianist, a flautist and a bandleader with The New Pretenders. Thank you, Stan, for lifting our spirits, whether on paper or on stage.

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Wednesday

Friendship Colony
Candler Hills**
Indigo East**

Thursday

Avalon
Providence 1 & 2
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Friday

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* Source: CDC National Hospital Ambulatory Medical Care Survey 2006

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Red Hat Society
Vivian Brown

As we prepare for our annual Pajama Party, keep in mind we are not professionals, except for maybe our dance chapter; so be kind and respect the efforts that each of us put into our presentations. This is supposed to be fun, funny and enjoyable. Good luck everybody!

Razzle-Dazzle Red Hat Dames

Our hostess for January was Sally McCazzio, she chose Mimi's Cafe for our luncheon. The food was delicious and the service was good. The upcoming Pajama Party was discussed and plans were made. We are all getting excited. We always have a great time with lots of laughs. Remember to live well, laugh often and love much. Until next month, stay well and God bless. *QM Vivian Brown*

The Glitzy Gals

The Hilton was the choice of our hostesses Mary Bicknell and Betty Tesmer for our luncheon. A delicious lunch was enjoyed and our waiter was friendly, efficient and humorous. Each girl received a heart shaped cookie with her name on it and other yummy "death by chocolate" treats from our hostesses. Bea Maxwell won the prize for the month. Our annual Valentine exchange was a part of our activity. The variety of

valentines was amazing and, of course, most of them contained sweet treats.

"Hoofin' It For Hospice" will include some of our group walking and then enjoying breakfast.

We are ready for the Pajama Party by participating in the entertainment and as spectators enjoying the other entertainers.

Other activities for March include a bus trip to the Strawberry Festival and the Red Hatters Gala in Tampa.

"They may become harder to achieve, but your dreams can't stop because you've hit a certain age." *QM Mary Curry by Janet Wahl*

The Red Gems

We were delighted to find that Eileen Brown had planned a Valentine's Day party for us. She took us a bit by surprise by the wording of her invitation, which referred to her home as, "The Brown House." A new restaurant? Some asked.

Our Christmas party hosted by Diane Telez was a lovely capping of our years schedule. She gave special care to details such as table decorations and comfortable seating. As always, we included our gift exchange. The girls outdo themselves by bringing really nice things. All in all it was a most enjoyable afternoon.

In January, Linda Hein introduced us to Giordano's on North Pine. We loved her little flirtatious mechanical doll, which served as our centerpiece. We thought it a nice place for a quick lunch when in town. *QM Billie Giles by Loretta Troutman*

Red Hat Dollies

The January luncheon was at Yamato's. Peggy Trousil was our hostess and she gave us a delightful surprise with this restaurant choice. It is one of those Japanese restaurants where they cook right at the table so all of us were gathered around a huge grill. There was chopping and tossing of food and our cook put on a fantastic show! *QM Connie Cameron by Peggy Greer*

Please send your chapter's activities via e-mail to vivjcb@cfl.r.r.com by the eighth of the month. For any questions, please call 291-0246.



100 Grandparents
Barbara Greenwood

Poetry in motion that is what many of us who attended Romeo Elementary School this morning, Feb. 11, celebrated. We received handmade cards with hearts and sentiments written by the students expressing their feelings. They drew pictures of how they perceive us, and wrote their thoughts telling us how much they appreciate us. It was truly a morning filled with love.

The children of Romeo are the best. We, the "grandparents" are so thankful to have the opportunity to spend this time with them.

Reading and sharing stories with these students is so fulfilling. The teacher chooses the books. Sometimes the story is factual and relates to a subject the students are studying. Other times the story is, just that, a good story that we can all enjoy. Whatever the case, it is just delightful to have that feeling of warmth that the children emanate.

We invite any On Top of the World resident who would like to participate in this experience to contact me at 861-2539. Your name will be added to our substitute list, and we will call you when we find that one of our regular readers is unable to attend. Eventually, you will work

your way up to being a regular reader in your very own class.

The grades are kindergarten through fifth. The teacher stays in the classroom. It is so easy to play "grandpa" or "grandma" to the children for approximately 40 to 45 minutes, then get up and leave.

We are transported to and from Romeo by a school bus, picked up in the Winn-Dixie shopping center near the empty Porter's store at 9 a.m. and brought back around noon.

Because of FCAT (Florida Comprehensive Achievement Testing), we will not be going out in March, but we will return on April 15.

Thank you so much to everyone who brought labels to the Health & Recreation Building and deposited them in the "Red School House" located under the stairs. We picked them up and delivered them to Romeo where they will be redeemed for much needed school supplies.

In order to redeem the value of the Campbell's product label, we must have the picture of the Campbell Kid with U.P.C. attached or the wording, "Earn Points for your School, Labels for Education" with the U.P.C. attached.

On General Mill's products, all we need is the square from the product saying "Box Tops for Education."

The Food-for-Kids backpack program is an ongoing project that we will continue to do. This program provides food for children in need over the weekend. Foods such as cereals, snack bars, pop-top canned goods, (macaroni, spaghetti, beef stew, tuna fish, etc.) crackers, peanut butter and/or jelly, may be delivered to Elliott & Marlyn Barbours' home and placed in a tote located on their front porch. Their address is: 8680-H SW 94th Street.

Thank you for your support, caring and understanding of the needs of children in Romeo Elementary School.

World News Deadline
E-mailed by:
Noon, 13th of the month



Women of the World
Terri Molnar

The February meeting of WOW was a sea of red, with the majority of our lovely ladies wearing red for National Heart Month.

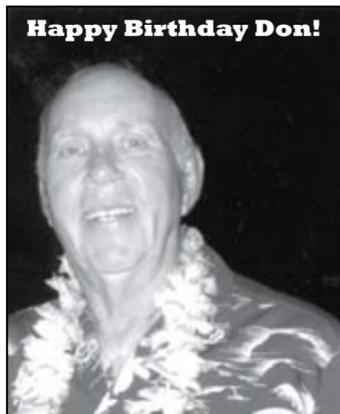
Our speaker for this month was Kathleen Patterson, from the Cooperative Extension Service through the University of Florida. She teaches "Environmental Landscaping in Florida."

Kathleen provided valuable information concerning water conservation when planting lawns and gardens. She applauded Ken Colen and On Top of the World for the job, they are doing when landscaping the new areas with water conservation in mind.

She also provided some valuable information for upcoming events in Marion County for interested gardeners. One being "Plant It!" during Earth Week (April 19-24). There will be seminars on tree planting, fertilizer education and Florida friendly landscaping. For more information on times and location you may call (352) 671-8400.

With our fashion show rapidly approaching, our committees are busy finishing the final details. Dillard's will be supplying the fashions our models will be wearing. We are thrilled that the Key Club from West Point High School will once again be helping out during the show. Last year, under the guidance of Tyler Waters, they assisted us and made quite an impression on our entire group. Young people such as these who volunteer in our community need to be recognized more than they are.

This year, along with the numerous



Happy Birthday Don!
Donald Crawfis was surprised on his 80th Birthday with a dinner party at the The Courtyard by Marriott in Ocala. The Feb. 27 event was attended by relatives and friends from North & South Carolina, California, Michigan, Indiana and Florida. Don is well known by many residents for his pressure washing and friendly front porch conversations!

baskets that have been donated, we will be having a "money tree." Be sure and bring money to purchase tickets for a chance to win one of these beautiful baskets, possibly the money tree. Our charity for this event is Hospice of Marion County.

We are asking that those generous people who are donating baskets for the raffle please bring them to the Health & Recreation Building from 9:30 to 11 a.m. on March 13, so we have time to set up the area.

Any Women of the World member, who has a charity they would like to be considered for our end of the year project, should contact Nancy Grabowski as soon as possible with the organizations official name.

There will not be a meeting in March since we are having our fashion show, but join us on April 9, 1 p.m. at the Arbor Conference Center and bring a friend. Light refreshments will be served.

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Antique Car Show

By Bob Woods
WORLD NEWS WRITER

Big boys' toys were showcased at Circle Square Commons under sunny skies with a chilling breeze on Feb. 6. Dozens and dozens of antique cars were displayed with the sounds of Fred Campbell soothing those spectators as they viewed many vintage motor vehicles.

There were all kinds of muscle cars with chromed muscle



engines shining in the sunlight. Some included: BelAir Sport Coupes, Camaro Z-28s, Chevy Chevelles, 1949 Hudson Coupe, 1936 Dodge, 1942 Studebaker plus much more.

All the vehicles were the play-toys of their owners who cherish their creativity in the restoration of these antique vehicles.



Photos by Bob Woods

Dashboard of a 1947 Buick convertible (top). Antique car enthusiasts look over cars displayed at the Circle Square Commons Antique Car Show.

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Photo by Mike Roppel

Patty is showing a finished pop box to the class.

Papercrafting

By PATTY BEEMAN

Patty Beeman held another papercrafting class at Master the Possibilities on Jan. 28. This class was on making pop boxes. Patty provided the paper supplies, a few tools, instruction and the contents were up to each person in the class. These four-inch square, pop boxes were actually mini scrapbooks individualized by the class members.

They started as a 12-inch piece of designer double-sided card stock, cut into nine four-inch squares, which were then attached to a box they made from scratch with poster board. The top of the box was also constructed from poster board and decorated with the reverse side of the designer paper.

Each student created their own decorative touches with a variety of furnished rubber stamp impressions, ribbons, paper punched designs, glitter, markers and brads.

The inside of the pop box consisted of layers of colored cardstock forming pages to hold photos, journaling and precious memories, an attractive piece of paper art to display as well as conversation piece.

Refreshments were served during their social break. They enjoyed homemade party mix, chocolate chip cookies and Patty's specialty, mini whoopie pies. The class will be receiving their copy of the recipe via e-mail.

Another class was held on Friday morning due to the overwhelming enrollment.

Patty will be teaching other papercrafting classes featuring greeting cards as well as "Anything but a Card" in the near future.

For more information, visit Master the Possibilities; view their website at www.masterthepossibilities.com.

New England Club Guest Speaker, Emory Schley

By Bob Woods
WORLD NEWS WRITER

Recently, the On Top of the World New England Club invited a local columnist whose published column, "Bits and Pieces," appears in the Ocala Star Banner. His column appears in the local section of the newspaper every Tuesday, Thursday and

Saturday.

Emory Schley, otherwise known as "Sly Guy," held the New England Club's attention while he spoke of his employment and background.

As a newspaperman, he worked for the Citrus County Chronicle for 16 years, full-time at the Ocala Star Banner for 20 years and currently as a freelance writer.

While at the Chronicle, Emory stated he held just about every job at the newspaper from proofreading to editor.

At the Star Banner, he held many positions including editor and finally a columnist. Since October 2008, he became a freelance columnist after retiring from the Star Banner. Since October 2004, Emory's byline has been attached to a total of 734 "Bits and Pieces" columns.

If you are a follower on Emory's column, he often refers to his wife as "dearly beloved" or just plain "DB." Her real name is Martha. "The reason I call her DB is because she truly is my dearly beloved," Sly Guy stated. "A title she earned."

Emory, born in Miami, has lived in Florida all of his life except for six years spent in the U.S. Army where he met his wife.

Emory explained that people have been mispronouncing his last name for years. The correct pronunciation of his last name is simply "sly."

At the end of the presentation, the question was asked, "Why do you wear your hair the way it is today?" Emory replied that back in 1993, he went into a barbershop for a haircut. Emory said he happened to look at his watch and in just six minutes, the barber completed cutting his hair. "The barber spent six minutes cutting my hair for \$6. Something is just not right," Emory stated. "This guy makes \$1 a minute. I quit getting haircuts."

Are you a native New Englander or have you ever resided in any of the six New England states? The club is always looking for new members to join their club, which meets monthly at the Arbor Conference Center. For more information, please call Lorraine Benotti at 854-0647.

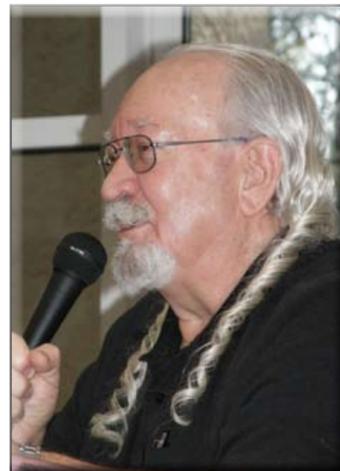


Photo by Bob Woods

Emory Schley speaks at the New England Club meeting.



Photo by Bob Woods

Sherman Fox Squirrel in On Top of the World.

Squirreling Around

By BOB WOODS
WORLD NEWS WRITER

The Sherman Fox Squirrel lives in peace here at On Top of the World. These large squirrels are at least twice the size of the common large gray squirrel. The Fox Squirrel is the largest squirrel species native to North America.

The Sherman Fox Squirrel can only be found in the peninsula portion of Florida and north of Lake Okeechobee. This squirrel is currently on Florida's threatened species list and destined for endangered status.

This masked faced animal likes to live in open spaces next to oak hammocks and longleaf pines. They depend on pine

seeds for food during the summer months and acorns the rest of the year. It is estimated that almost 90 percent of Florida's longleaf pine trees have been destroyed, mostly by development.

Here in our community, this squirrel is mostly found along the golf courses especially on either side of S.W. 94th Street. Occasionally, they can be seen in the housing areas that back up to the golf courses.

Recently, I had the opportunity to photograph this squirrel up close. I have been trying to do so for years.

I snapped away taking pictures behind the Arbor Club in the parking area. This huge Sherman ran across the asphalt and headed up a low, small tree, a pine tree at that.

My telephoto lens had this foxy creature in my sight. His ears perked up every time I clicked the shutter. I finally had some pictures of the Sherman Fox Squirrel.

'Broadway in the Ballroom'

By BOB WOODS
WORLD NEWS WRITER

This will be the show of shows featuring members of our Theatre Group. It's going to be a cabaret musical in the Health & Recreation Ballroom on April 16 and 17.

Dottie Berkowitz will be on the keyboard and is the production's director. Humorist Bob O'Neal will be the master of ceremonies along with spurring out



Photo by Bob Woods

Auditioning for the upcoming cabaret musical "Broadway in the Ballroom", presented by the On Top of the World Theatre Group, is Ron Broman singing a song with Dottie Berkowitz on the keyboard.

Volunteer at
Sholom Park

FOR INFORMATION,
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VOLUNTEER COORDINATOR
PH: 237-9712

Be Cautious About Giving Information to Census Workers

By SUSAN JOHNSON

With the U.S. Census process beginning, the Better Business Bureau (BBB) advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft. The first phase of the 2010 U.S. Census is under way, as workers have begun verifying the addresses of households across the country. Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race and other relevant data.

The big question is - how do you tell the difference between a U.S. Census worker and a con artist? BBB offers the following advice:

If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.

Census workers are currently only knocking on doors to verify address information. Do not give your Social Security number, credit card or banking information to anyone, even if they claim they

need it for the U.S. Census.

Remember, no matter what they ask, you really only need to tell them how many people live at your address.

While the Census Bureau might ask for basic financial information, such as a salary range, you don't have to answer anything at all about your financial situation. The Census Bureau will not ask for Social Security, bank account or credit card numbers, nor will employees solicit donations. Anyone asking for that information is not with the Census Bureau.

And remember, the Census Bureau has decided not to work with Acorn on gathering this information. No Acorn worker should approach you saying he/she is with the Census Bureau.

Eventually, Census workers may contact you by telephone, mail or in person at home. However, the Census Bureau will not contact you by e-mail, so be on the lookout for e-mail scams impersonating the Census.

Never click on a link or open any attachments in e-mail that are supposedly from the U.S. Census Bureau.

For more advice on avoiding identity theft and fraud, visit www.bbb.org.

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tunes.

A buffet table with cheese, crackers, fruit and veggie dip are included in the price of the ticket and a cash bar will be available.

Tickets go on sale March 14 and every Monday and Wednesday thereafter in the Health & Recreation Ballroom from 8 to 10 a.m. All seats are reserved.

Don't miss this production by On Top of the World's Theatre Group.

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The Happy Hookers

Yvonne Bednar

New projects are in the works by several ladies in our group. Along with some new faces, Jean Montello, Bette Bontempo, Debbie Brinkman and a return of a past member Elaine Fitchpatrick.

One day Carol Berta brought in what looked like a white cloud attached to a crochet hook; it was a baby blanket in the works, soft, chunky, fluffy. She finished it that day and some lucky baby will be curling up in it very soon.

Kaye Kazan started a new needlepoint picture of a golden color dog sitting on a colorful plaid blanket that was given to her. Kaye always has a beautiful picture to create.

Carroll Wheller is in the process of making dusting mitts and decorating the top with small cut pieces of many colors of yarn.

Maureen Wolfe is at present creating cute and beautiful crochet hats for chil-

dren, which will be given to the Advent Episcopal Church yearlong project and will be given to Sunrise Elementary School in Marion Oaks. Elaine Fitchpatrick, Therese Bell and myself are knitting hats for this endeavor as well. A lot of fun creating hats in many colors and patterns.

Tomoko Albert finished a pink baby blanket for a friend. Pat Hellinger is using up lots of stored away yarn for Palm Gardens Rehab. She is making colorful lap blankets; four were delivered this month, much to the joy of their activities director, who is so thankful.

Carole Toye came in wearing a basket weave burgundy vest she knitted last month and a forest green and taupe basket weave blanket is on her knitting needles, which will be going to her brother.

Rosalie Grubowski is going to surprise her favorite waitress who is expecting. The baby blanket is a white soft yarn speckled with blue, yellow and pink baby. This is surely a random act of kindness that this new mom will remember always.

I wasn't able to attend the Sky Fusion luncheon last month, but I heard it was an enjoyable time.

April 5 is our next luncheon; do you have a suggestion?

As I say monthly, all are welcome to join us in the Arts/Ceramic Studio across from the water tower on the hill, from 1:30 to 3 p.m.

We are informal, love to talk and laugh and see what is being made. No dues, minutes or stress. We attend a bi-monthly luncheon for fun and friendship. Please call Naomi Berman at 873-4328 for information.

If you have no one to knit or crochet for, there are many people in need right here in Ocala. Give me a call and I will suggest some places where your handiwork is needed, 237-6428.

Knit one, purl two.

Sunshine Quilters

Tekla Krause

The Sunshine Quilters meet on Tuesdays in the Art Room. On the first Tuesday of the month, we hold our business meeting. It was decided to have a "bring your own lunch" with beverages provided by the club before the next three business meetings.

Our show and tell in February was a wonderful representation of previous workshops of comfort quilts. Displayed was, "Chinese coin," "fun and done,"

"happy squares" and our most recent project, "appliquéd bears in a snowball block."

Paper piecing will be our next two-part workshop on March 23 and 30.

Thanks to Renee Aden for leading us in these last two named projects, and special thanks to our quiet but very efficient secretary Jan Johnson. Her computer and organizational skills are helping keep our club running smoothly.

We have a great number of enthusiastic members. They share ideas with each other, are willing to help whether it is a sewing machine problem, choosing colors or sandwiching a quilt. If you have an interest in quilting, we welcome you to visit us on any Tuesday.

Quilts are love you can touch.



Artistic Crafts & Gifts

Loretta Troutman

I am welcoming warmer weather by spring cleaning, sorting out unused and unwanted things. In doing that, I'm finding ways to add new color here and there. Looking through my hand towels, I've added spring-like themes and finding coordinating potholders on Dot Tripp's table. A touch of color can work marvels.

Speaking of color, Audrey Clapper has added lovely bright colors to her collection of quilted handbags. I bet you'll find just the right one for your spring wardrobe.

Take time to browse through beautiful handmade greeting cards. With so many special days and occasions coming up, you'll want to share their beauty and happy thoughts with your family and friends.

You'll enjoy your visit. We have so many great handcrafted things displayed that make fine gifts. You'll be surprised.

We're in the Health & Recreation ballroom every Tuesday from 9 a.m. to noon.



Helping Hands Providence II

Suzanne Jeansonne

Our Helping Hands neighborhood club certainly began the year with a very busy schedule.

We know one thing for sure, our outreach efforts and plans worked out and we were able to meet our commitments to others.

My thanks to all those in our community for taking the time to care.

For those of you who are new to On Top of the World, Helping Hands is an outreach for those of us who may need a "safety net." For many of us, our family is far away, and we have to rely on what we have close at hand. We are here for you if you need a meal, errands, ride to the hospital or just encouragement. Each street has "captains;" please inform us if you need help!

Hopefully, we will be able to share some new information from our next meeting from our street "captains" who are there for us.

If you are interested in serving others, or you have a need, contact Suzanne Jeansonne, 873-9361, e-mail sjeansonne@cfl.rr.com or Jule Lee, 291-7691, e-mail jlee298@cfl.rr.com.



Mah Jongg

Mary Ehle

The tournament is only two days away. I will report all the winners in the next issue of the World News.

The first weekend of February, eight ladies journeyed to Tampa to play Mah Jongg all weekend. It was great fun and the accommodations were super. Jeanne Wells came in sixth for the tournament

with a final total of 610 points. We were all very proud of her. She was in competition with 112 other ladies. She also won two bonus hands and also the big hand. Only problem was she didn't pick it herself. Great job Jeanne.

Yours truly also won the big hand. What a thrill. I have not made that hand since 2001. I too did not pick it myself but it was still a thrill.

I want to draw your attention to a rule that we all know but have gotten sloppy about playing correctly. You must have at least 13 tiles on your rack at all times. This means when you pick a tile you must put it on your rack before you discard one.

I have a bad habit of holding the one I am going to keep in my hand and discarding the one I don't want. Then I put the new tile in my rack. You can be called dead if you play this way because at that one moment you only have 12 tiles on your rack.

Now, please be patient with each other until we get over this habit. Remember, we are playing with our friends and playing for fun.

Jokers to you.

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Rubber Stamping Greeting Cards
Bev Taylor

Green was the color again this month. St. Patrick's Day was the occasion. Ellie Richards helped us with two cards she had made. The first card used a beautiful flower stamp, which was colored and cut out. The wonderful thing about our craft is that although the stamp is uniform, the likeness ends there. Each person uses their individuality to color and coordinate the card. Ellie's flower was green, but we



Photo by Rene Beck

Flower stamp card.

each colored the flower to our own liking. What a myriad of colors we had. The second card used hearts that were punched from a paper that had little green shamrocks printed on it. These hearts were arranged like a shamrock on a background piece of green cardstock, a strip of light green cardstock was cut for a stem, and these were layered to a card base. A St. Patrick's Day sentiment was stamped, cut out and attached to the card with a ribbon. Each time we gather, it is such a fun time, and I think we each leave having learned something new or different. Please call me at 854-3079 if you're interested in joining our group.



Sewing Bees
Linda Lohr

The mission statement for the Sewing Bees reads as follows: To provide a token of comfort to the children in need of Marion County.

We have been sewing like busy bees every week. The need is so great that we are continually challenged to do our very best for the children. Our comfort kits include a beautiful quilt and matching pillowcase with pillow for older children. Young children receive a quilt and a handcrafted stuffed animal. All the items are delivered in a handmade tote bag so the child will have something of their own to carry their quilt.

Donations of cotton material, fiberfill and batting are most welcome. Monetary donations are used to purchase the batting necessary to create a soft and cuddly quilt. You may contact LeeAnn Oliver at 854-7205 or Linda Lohr at 873-9872 with



Photo by Linda Lohr

Handcrafted stuffed animals.

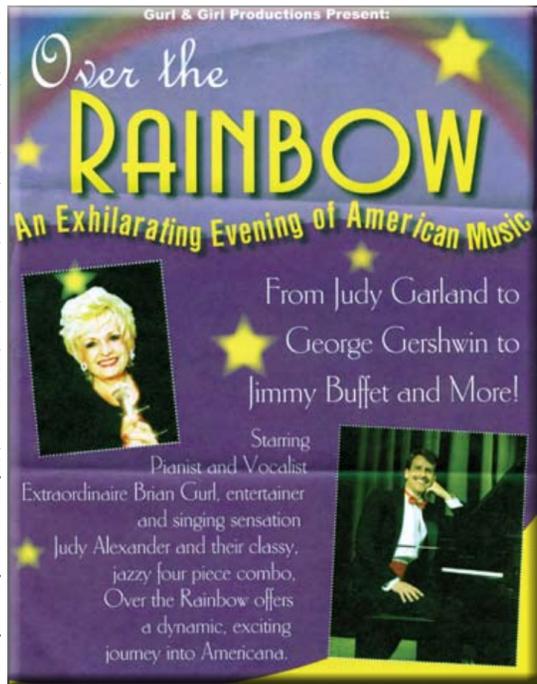
any questions or donations. We meet 1 to 3 p.m. every Thursday in the Art Room behind the Health & Recreation Building. Perhaps our group is just what you are looking for! Our hive is buzzing with activity, giving back to the needy children of Marion County!

Entertainment Group Presents 'Over the Rainbow'

On Saturday, March 27 at 7:30 p.m., Gurl and Girl Productions present an exhilarating evening of American music with "Over the Rainbow." This show closes out the Entertainment Group's 2009-2010 show series.

The show stars pianist and vocalist, Brian Gurl and entertainer and singing sensation, Judy Alexander. From Judy Garland to George Gershwin to Jimmy

Center of Ocala for sponsoring this event. Tickets for this must-see show went on sale March 1 and will continue to be sold every Monday, Wednesday and Friday thereafter from 8:30 to 10 a.m. in the Health & Recreation Ballroom. Tickets remain \$6 general and \$8 reserved. Residents from On Top of the World are welcome with a ticket limit of four per purchase.



Buffet and more this show seems to be spectacular; all backed up by a very classy, jazzy four-piece combo. This is the third appearance for a Gurl and Girl Production. You may remember, "Laughing with the Legends" where Joey Gurl did her impression of Lucy's gig demonstrating "Vitameatavegamin." In fact, Brian Gurl has indicated Joey just might make a guest appearance!

Also, who can forget their latest show at On Top of the World, "Pizazz," with Ski, the violinist/fiddle wizard with his fantastic impersonation of Jack Benny!

Thanks to the doctors and staff at Foot and Ankle



April issue:
Thursday, April 1


Handicap Equipment
Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. For more information, call the Health & Recreation Department at 854-8707.

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Kitti's Corner
Kitti Surrette

10 Ways To A New You: Part 1

Most of us make a resolution to somehow change ourselves for the better at the beginning of a year. This usually has to do with our health, which leads to us making a goal, where we promise ourselves to get into better shape, improve our diet, or quit a habit that we think is hurting our health or well-being. It is now March, how are you doing?

In my experience, everyone can use a little help to stay motivated or get back on track. Success is entirely up to you. My message is to make your path to health and wellness easier. Below are some tips to help you keep succeeding through the year.

1. FEEL FREE TO CHANGE YOUR RESOLUTION. After all, it's yours. You made it and you can change it. While resolutions are a great idea, we sometimes tend to make them so difficult that we aren't successful.



Grandchildren Visiting?

Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE MARCH 1ST 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Fitness Room		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Dori	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry		
9:30-10:30 Arbor Club Ballroom	Yoga* Ronnese	Yoga* Teaching Class Ronnese	Yoga* Ronnese				
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Traci		Shallow Water Aerobics* Traci				

*DENOTES A FEE BASED CLASS

ful. It's the third month of the year, are you still on track? Do you need a little push? Keep reading:

The main reason for not achieving our goals is difficulty. The average resolution aims high, really high. For example, let's look at, "I'm going to stop having salt on food." It's pretty easy to mess this one up and once you've cheated, it's very easy to give up.

In fact, a case can be made that many resolutions are too difficult on purpose, because it makes it so much easier to stop trying. Instead, attempt a more realistic approach. Maybe your resolution is to stop adding salt to foods while you're cooking, or buy low sodium foods. Now you've got a more realistic goal that you can stick to.

2. MAKE A PLAN. This is a big step, because given the above scenario, without a plan it's unlikely that you'll change anything in your lifestyle. Look at a calendar

for the upcoming year and evaluate your schedule. The idea is to apply an organized approach to goal setting. Taking a minute to look at the upcoming year, this can give you a realistic sense of what you want to achieve.

Using the example of limiting salt in your diet, you might want to schedule some kind of healthy retreat during the year where you can cleanse yourself, and focus on your health. You will need to know your schedule so your goal is not sabotaged during a time you have a lot of other obligations. Planning ahead will stack the odds in your favor. Then you can also plan the subsequent months leading up to it.

This month start putting steps one and two into play. In the proceeding months, I'll be adding steps until we have all 10 steps.

Stop and chat when you see me.
Kitti



**Larry's
Fit Tips**
Larry Robinson

Fitness Center Etiquette

As more people realize the benefits of keeping active, our Health & Recreation Fitness Center remains a very popular place here at On Top of the World!

Let's examine fitness center etiquette, which is very important, especially during high traffic times. Fitness facilities implement rules and regulations to promote safety as well as ensure that everyone has a good workout experience.

1. If someone is waiting to use a strength-training machine that you are currently using, allow them to work in with you in between sets.

2. If there is a wait list for a cardio machine that you are currently using, please keep your workout to 30 minutes.

3. Please use the gym wipes available in the fitness center to clean the equipment when you are finished.

4. Please place all dumbbells back on the rack in the correct place when you are through.

These are just a few etiquette rules that each person should follow while using the fitness center. Keep in mind that we want everyone to continue to pursue their health and wellness goals and have a pleasant experience. Have fun and get the most out of your fitness center!

FIT TIP #1: Ask if you may "work in" and always let others work in.

FIT TIP #2: Work out at your own fitness level.

FIT TIP #3: Ask for assistance if you do not know how to use the equipment.

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March 13, 2010
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St. Patrick's Day Celebration
March 17 • 4 - 9 pm
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OTOW FAVS

March 19, 2010
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OTOW FAVS

March 27, 2010
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Fitness Happenings
Cammy Dennis

These "Big Losers" are Really Big Winners!

I met Phil and Shirley Rutledge one year ago when they stepped on the scale at the start of our "Biggest Loser" weight loss competition. The "Biggest Loser" program is a six week weight loss competition designed to fuse fun with weekly support group meetings.

Phil and Shirley were the perfect candidates! Neither had been exercising regularly and both wanted to lose weight. They were looking for some guidance with their weight loss goal and decided that our "Biggest Loser" program was a good place to start.

Phil and Shirley have lost a combined total weight of 68 pounds and have been successful at keeping it off. One year later and these "Losers" are really big winners for so many reasons. I was very inspired during my interview with these folks, Shirley said to me, "when I look in the mirror now, I see someone different" then she proudly flexed and showed off her big bicep muscles!

Phil is thrilled to share that his blood sugar levels have come way down and his medications have been cut in half. They are happy to report that their activity level has increased dramatically and they are both playing racquetball again after 25 years.

They love the variety of exercise programs to choose from at On Top of the World and both commented on how they now have a great social network here at the fitness center. They look forward to their workouts and seeing their new friends. I can confirm that Phil and Shirley are Heath & Recreation regulars! I see them all the time in the fitness center.

Perhaps the most profound change in these two is the differences in their lifestyles; before and after the weight loss. They told me, "we think differently about food, and we enjoy foods we hadn't in the past." They are more open to trying new foods and have discovered that healthy foods are very appealing (especially salads).

This amazing couple recently shared their success story with our current "Biggest Loser" group and everyone was very inspired. The important message here is that everyone has the power within themselves to achieve what Phil and Shirley have. You need to set a goal, seek out support, implement an organized plan and believe in yourself!

Ocala Half Marathon

Eager and anxious to get moving on a



Photo by Linda Denno

Bob Cowie proudly displays his first place medal for winning his age division in the 5K race, held in conjunction with the Ocala Half Marathon.

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RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE

EFFECTIVE MARCH 1ST 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise
8:00-8:50	Cardio Mix	Condition & Stretch	Cardio-Kick & Tone	Condition & Stretch	Cardio Mix	12:15
Aerobics Room	Jessica	Cammy	Jessica	Cammy	Kitti	20 Min.
9:00-9:50	Core and More	Mind-Body Balance	Stretch for the Stars	Mind-Body Balance	Core and More	Sunday
Aerobics Room	Jessica	Mary Pat	Jessica	Mary Pat	Kitti	Oxycise
10:00-10:45	Balanced Body		Balanced Body	Strictly Strength	Balanced Body	12:15
Aerobics Room	Jessica		Jessica	Larry	Mary Pat	20 Min.
10:30-11:15	Cardio Jam		Cardio Jam		Light Latin-10:45	
H&R Ballroom	Kitti		Kitti		Dunia	
10:45-11:30	Light Aerobics		Light Aerobics		S.O.S - "Serious on Strength"	
Aerobics Room	Jessica		Mary Pat		Kitti	
12:00		Fitness Center				
Fitness Center		Orientation				
12:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	
1:00-2:00		ZUMBA*!		ZUMBA*!		
Aerobics Room		Traci		Traci		

* Denotes a Fee Based Class

chilly January morning, Team On Top of the World was ready for the Ocala Half Marathon! It was a thrill to be a part of this team and I'm so proud to report that we had several winners.

Ann Mullins placed second in her age group (unfortunately Ann was not in this photo) and John Ford placed third in his age group. Jessica Pinkowski (fitness instructor) placed third in her age group! Congratulations to these winners and our entire team for this amazing accomplishment!

In conjunction with the Ocala Half Marathon, Bob Cowie placed first for his age division in the 5K race. Congratulations Bob!

Fitness happenings:

- GOLF CONDITIONING WORKSHOP:** The Ranch, Saturday, March 6 from 10 a.m. to 1 p.m.
- FITNESS FASHION SHOW:** The Ranch, Friday, March 12 at 5:30 p.m. Open to the public!
- HOW NOT TO FALL:** Master the Possibilities, Tuesday, March 23 at 9:30 a.m.
- YOGA CLASS:** Arbor Conference Center, Suite H, Tuesday, March 30.



Photo by Steve Pinkowski

Ocala Half Marathon group from left: Patricia and Jay, Lyn Thornberry, Richard Enos, John Ford, Guy Woolbright (back row), Jessica Pinkowski (front row), Cammy Dennis, Barbara Toeppen-Sprigg, Sara Sommer and Barbara Roberts.

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Square Dancing Walter Lamp

In January, my wife and I attended the fourth annual Florida Winter Festival in Lakeland. There were seven separate dance sessions over three days, with people and varied outfits from around the country. The outfits changed with each session. There were vendors to allow the dancers to add to their western wardrobe. Very festive outfits, some even homemade, really added to the excitement.

I met a number of folks from the north, who not only enjoyed the dancing, but it allowed them to escape from the cold and snow back home.

We couldn't stay for all seven sessions, with this being our first festival. But, it sure felt like we did. We are looking forward to the next one. On Jan. 30 at Oak Run, we danced to a caller from Australia, Brian Hotchkies. Us-

ing some Australian tunes and with his accent, we learned new ways to have fun. He shared the stage with Whit Brown and, at times, they did duel calling to the same song. But, the night belonged to Brian Hotchkies and his down under style.

We have another special dance, here at On Top of the World, in the Health & Recreation Ballroom on Saturday, March 6 from 7 to 10 p.m. Our special caller will be Jack O'Leary, who is coming to us from Iowa. Out of state callers are a very common practice, not just in Florida, but in the nation as a whole.

Square dancing is nationwide, but may be more popular in some sections, than others. Some callers, as well as dancers, may travel to other states and have friends waiting for them. They are invited to join in at the local clubs and are most welcomed.

It's always interesting to hear what's going on in other clubs around the country. Also, many of our snowbirds, dance up north, when they leave us for the summer. The dancing never seems to stop, as well as the enjoyment.

Our theme dance for March is St. Patrick's Day on March 16. With the next day being the actual holiday, you can be Irish twice and have fun doing it.

Also, in the spirit of St. Paddy's Day, down at the La Hacienda Center in The Villages, there will be the Shamrock Swing, which will be sponsored by the Central Florida Square and Round Dance Association. The dates are Friday, March 19 and Saturday, March 20. The schedule calls for round dancing, along with mainstream, plus, dbd and advance square dancing. Two halls will be used for dancing.

Women's Cancer Support Group Patricia A. Woodbury

At the February meeting, John Spang, owner and director of Visiting Angels Living Assistance Service, talked about the kinds of services his staff provides to seniors who want to remain at home rather

than move to an assisted living facility. Visiting Angels have been located in Ocala for the past five years. There are 75 caregivers who have passed the stringent screening process required to earn Senior Approved Certification.

A discussion on nutrition and cancer is planned for the March meeting.

This group meets on the third Thursday of each month at 1:30 p.m. in the Arbor Conference Center, Suite B. Women who are cancer survivors, may be a caretaker for someone with cancer or are interested in learning about cancer and other related issues are welcome to attend. For further information, contact Diane Kiroi at 854-8152.

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BAVARIAN PARTY ~ SATURDAY, MARCH 13, 2 TO 9 P.M.

Featuring Polka Sounds by Bob Nolte

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ST. PATRICK'S DAY ~ WEDNESDAY, MARCH 17, NOON TO 8 P.M.

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CHEF LA SALA'S GRAND BUFFET ~ SATURDAY, MARCH 20, 4 TO 9 P.M.

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POLKA PARTY ~ SATURDAY, MARCH 27, 2 TO 9 P.M.

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MONDAY: All-Time Dinner Favorites, Early Bird Dinners, 3 to 5 p.m.

TUESDAY: Southern Hospitality, Chicken, Ribs, Shrimp & Catfish

WEDNESDAY: Authentic Italian Grill and Gourmet Cuisine, All-You-Can-Eat Pasta

THURSDAY: Slow-Roasted Prime Rib, Coconut Shrimp, Seafood Platters

FRIDAY: 1.5 lb. Whole Live Maine Lobster, Fish & Chips,
Seafood Platters, Rack of Lamb

SATURDAY: Special Events~Bavarian & Polish Menus, Buffets;
Slow-Roasted Prime Rib, Seafood Platters and Coconut Shrimp

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Ocala Clown Express Kathy & Charlie Petrosky

What are cool breezes, sun shimmering on a lake, children, moms and clowns? Why, it is the Tot Trot for the Hands of Mercy. We were able to help them raise money for the home for unwed mothers. There we were on a gorgeous day at Lake Lillian in Belleview. What smiling faces we had to paint. They loved our tattoos and balloons. Of course, Toot enjoys just clowning around with everyone.

Christ Church, the new one on S.W.

80th Street, asked us to help with their opening celebration. We enjoy helping the local churches with their activities.

We had a busy month at Munroe Regional Medical Center. Every Thursday we had the first graders for our program. After we do our program, we eat lunch at the main hospital. The other day we hear, "I know you! You were our field trip." Sure enough, there was the most excited little girl. She had been in our group a few weeks earlier. It is nice to see that we really bring such joy to the little ones.

We visited a new nursing home this month, Hampton Gardens. It is great to help other facilities. Smiling faces are our greatest gift. Our nursing home clowns are busy working on new tricks or skits for the patients. We just love clowning around.

The "bug" hit the clowns so we were not able to have our business meeting. We recovered to have our face painting session on Feb. 15. Some of our clowns are really good. They love to share their talents with the others.

What do you need to do to join us? Just call Dotsy (aka Carol White) at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown. We would love to have you join us!

Gum Drop and Toot



D'Clowns Paula Magen

D'Clowns performed their monthly show at Emeritus, conveniently located at the back gate. New clown, Sprout, looked cute in her creative clown get up as she entertained the residents with her marionette.

Sprout, also known as Teddi Ackerman, has resided here for three years. She and her husband Steve lived in Miami for 50 years. They have three children and four grandchildren. Hobbies include square dancing, antiques, dominoes, Mah

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otownnews@otowfl.com

Jongg and now clowning.

At Emeritus, red Mardi Gras beads were distributed for Valentine's Day and clown Joker read a Valentine's poem.

In mid-January, we returned to Superior Residences, an assisted living facility, to entertain with our skits, songs, magic and clowning around. The audience was responsive and participated well. The "Hats Off" skit was hilarious, enjoyed by everyone. We are fortunate to have clown Joker who videotaped our show.

We followed Superior Residences with a walk-around at Hawthorne Village. Greeting patients in their rooms and spending fun time with them was very gratifying for all of us. Afterwards, we all enjoyed lunch together at Mac Donald's.

"Kids & Cookies," our monthly visit to Timberridge Nursing and Rehabilitation Center, is always fun. The four and five year olds love to see D'Clowns as they do a project with the seniors and we assist. Making bead bracelets turned out to be a successful project followed by cookies and juice.

It is gratifying to see our group expanding. We all clown so well together. Yes, we are a fun loving club interesting in attracting more boy and girl clowns. We just know you are out there. Join us at our meetings on the first and third Mondays at the Arbor Conference Center, Suites B and C at 1:30 p.m. For information, call Paula Magen 873-3433.

Remember, a day without a smile is a day without sunshine!

Happy St. Patrick's Day and happy Passover!

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Ballet Club
Eugenie Martin

Remember snow-covered lawns in Marion County and flurries as far south as Naples? It was bitter winter weather we rarely see in Florida. But now, all of that is in the past. Spring is almost here, with

summer soon to come. Summer means light fabrics, shorts and swim suits. Winter layers allow us to hide but summer exposes parts that we may not be comfortable showing. What should we do?

Weight loss diets show beautiful "after" photos of successful dieters following whatever system is being advertised. Not only do those gorgeous people lose many pounds, they miraculously become totally firm in the process. In the real world, however, it doesn't work that way. Reducing our caloric intake can help make us look better, of course, but we cannot become firm without exercise.

So, why not get in shape by dancing? Our ballet classes are free and you need no previous experience to join. To start, all you need is exercise clothing and socks. Classes are held in the Arbor Club Exercise Studio adjacent to the indoor swimming pool. Times are Tuesday and Thursday from 1 to 2 p.m. and Monday from 6:45 to 7:45 p.m.

For information, please feel free to call me at 854-8589.



Photo by Bob Woods

The Dancin' on the Top Committee held its sold out Sweetheart Dance on Feb. 6.



Ballroom Dance Club
Richard P. Vullo

Health & Recreation Ballroom floor is huge and allows everyone plenty of room to dance.

The cost is only \$1 per person for club members and \$2 for non-members. Membership is only \$6 per year and the dance is free the night you join. Bring your own non-alcoholic beverages. Dress is casual.

The next dance is March 11. Give it a try and support dancing here at On Top of the World. For more information, please call Dick Vullo at 854-6772.

The Dancin' on the Top Committee held its Sweetheart Dance on Feb. 6. The dance was sold out. The stage and table decorations impressed everyone. The music by "Automatic" was terrific. All the ladies received a rose and chocolate was consumed at every table, in addition to hors d'oeuvres, coffee and cookies. For the convenience of guests, a second bar was included. The 50/50 raffle raised \$175 for Hospice of Marion County. Thank you for your support.

The next dance for Dancin' on the Top is May 8 in the Health & Recreation Ballroom at 7 p.m. The musical entertainment will be by the popular "Tomauro." At 8:30 p.m., complementary coffee and a variety of delectable sweets will be available. Many reservations for this dance were made at the Sweetheart Dance.

Because of your support, ticket prices have been reduced to \$6 per person. Tickets go on sale on April 19 from 8 to 10 a.m. in the Health & Recreation Ballroom. Sales will continue each Monday and Wednesday until May 5, unless sold out earlier. For information, please call Jack Stone at 873-3083.

Here's the upcoming dance schedule:
 · Sept. 25: Fred Campbell
 · Nov. 20: Automatic
 · Dec. 31: Sounds of Time
 It's a terrific line-up, so mark your calendars and plan on attending.



Line Dancing
Sherry Ashenfelter

Line dancing is a relatively safe hobby. In our class announcements, both written and verbal, we caution our students to beware of dance floor hazards such as cracked floors, slick floors, incorrect footwear and stationary objects on the floor including people who are not moving.

Each dancer must decide if the joy of dancing outweighs the risks. Our international dance community includes people wearing knee and ankle braces, blind dancers accompanied by aides to ensure their safety, chronic seizure sufferers whose service dogs detect chemical-odor changes and worn owners of oncoming attacks, and wheelchair dancers. On the Kickit website, there are more than 50 line dances adapted for the mobility challenged.

Line dancing requires effort. Enthusiastic line dancers are willing to put forth that effort and assume some risk.

For optimal learning conditions and floor safety, classes are limited in size with pre-registration required. For information about classes, please call 873-9440.



Pattern Dance Club
Jim & Nell Entinger

Time flies when you are having fun is certainly a true statement when you realize that we are already six months into our dance year. We have learned over 13 new beginner and intermediate dances covering waltz, cha-cha, rumba, polka and swing dance rhythms. We are having fun and have a great turnout every Tuesday evening.

Sunday night practice sessions will resume in March from 5 to 6:30 p.m. in the Arbor Club Ballroom.

Tuesday, March 16, will be a special dance night adding more time for extra dancing and socializing.

Hopefully nice weather has returned and our new dancers will join us at The Town Square to pattern dance each weekend.

For more information, call Nell at 861-5351 or Carla at 873-8387. A happy St. Patrick's Day to you all.

World News Deadline
Noon, 13th of the month

Emergency After-Hours Phone Number
236-OTOW (236-6869)

Over the Rainbow
Saturday, March 27
Health & Recreation Building, 7:30 p.m.

Presenting the stage show, "Over the Rainbow," on March 27 is a token of our appreciation to all our present, past and future patients.

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SPCA
Maria Devine

They say that March comes in like a lion, but for the SPCA this year it comes in like a Shih Tzu and assorted small dogs. We have received calls to help place five little guys and gals that are looking for new forever homes. Since these dogs are just the right size for many On Top of

Volunteer at
Sholom Park

**FOR INFORMATION,
CONTACT PAT RUSSELL
VOLUNTEER COORDINATOR
PH: 237-9712**

the World residents, March may indeed go out like a cuddly lamb for some lucky folks who can adopt these precious pups.

We'll start with Ramsey, the black and white Shih Tzu, who is pictured here. Sweet Ramsey is current on all shots and neutered, but he is not happy in his new home. His humans moved to a house close to a lot of truck traffic and the noise frightens him. Since our lovely neighborhoods are quiet and peaceful, Ramsey may be a good candidate for On Top of the World living. Of course, he will need time to adapt to new surroundings, but can then settle in to play dates at the dog park. If you would like to meet Ramsey and save him from endless anxiety, please call the SPCA at 362-0985.

A breeder from Lecanto, which is about 25 minutes from here, has two small female dogs that she would like to place. One is Sierra, a four-year-old Maltese. She is quiet and loving, but needs some dental work. The other is Jill, a 10 lb. Yorkie who is outgoing and playful. She recently had a litter, but they no longer wish to breed her. She has papers, if that is of interest to you. Both girls are current on shots and heartworm but need to be spayed. They live in the breeder's home, not in a kennel and are crate trained. If you are

**Pet Adoptions Available
Through the SPCA of
Marion County**



Ramsey

interested in one or both of these little ladies, she can either bring them here for you to see or you are welcome to her home to see how they have been living. Please call us at 362-0985 and we will make the arrangements.

A couple of small dogs were recently turned in to the Humane Society in Northwest Ocala. Chloe is said to be a Jack Russell mix, but looks more like a Papillion. She is about 14 lbs. Sinatra, who also weighs in at

14 lbs., looks like a Shih Tzu. He's mostly white with black on the tips of his ears. He was just neutered. If the dogs we are trying to place are not right for you, why not give the Humane Society a call at 873-7387 and check out these little ones.

Our next monthly meeting will be held on Thursday, March 18, at 1 p.m. in the Arbor Club Ballroom. This will be an informative meeting for you to attend.

Our very own retired veterinarian, Marvel Kannapel, will discuss holistic medicine for animals. This branch of medicine is growing for animals, just like it is for humans. Holistic practices include alternative and complementary care to traditional medicine, with a focus on diet, nutrition, psychological well-being, chiropractic care and the role of supplements and vitamins.



K-9 Club
Mary Chang

If you find an injured animal, the first thing to do would be to contact a local veterinarian immediately. Be ready with details of the animal and its precise location as well as with your contact details. Other than emergency first aid, you should never attempt to treat an animal yourself. Always call a veterinarian or animal welfare organization for assistance.

Also, remember the following points:
-Approach an injured animal carefully. Fear and pain can cause an animal to exhibit aggressive and unpredictable behavior, even your own dog.

- Call for professional assistance as soon as you have assessed the situation.
- If it is possible and safe to do, stay with the animal, keeping it quiet, still and warm.
- If the animal is badly hurt, do not try to move it unless it is in a dangerous place. Try not to panic, and always put your own safety first.
- If you need to move a badly injured animal, use a blanket or coat to form a stretcher.
- Do not try to feed or give water to an injured animal.
- Get the animal to a veterinarian as soon as possible.

The featured speaker at this past month's meeting of the K9 Social Club was Mary Taaffe of Petfinders. We all enjoyed her informative and interesting presentation!

This month, we will be meeting on Sunday, March 14 at 7 p.m. in Suite G of the Arbor Conference Center.

All are welcome to join the K9 Social Club, enjoy our speaker and our camaraderie, come and discover what the club has planned for the remainder of the year! Dues remain at a mere \$5 per family for the year.

Finally, remember that if you have lost a dog or found a dog without identification, please contact the front gate (854-8935) or Ralph Mills (390-3446).



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The Movie Club Presents
'Eagle Eye'

By MARY EHLE

The movie club will meet in the Health & Recreation Ballroom at 6 p.m. on Sunday, March 14. The movie will be Eagle Eye. This is a race against time thriller. Two total strangers are thrown together by a mysterious phone call and their frantic efforts to find out why they have become the nations most wanted fugitives.

This is an exciting movie and I hope the men will enjoy it. I know the ladies will. Hope to see you there. The movie is \$2 at the door or you may join for \$6 for the year. It is the best deal around.

On Top of the World Communities Presents



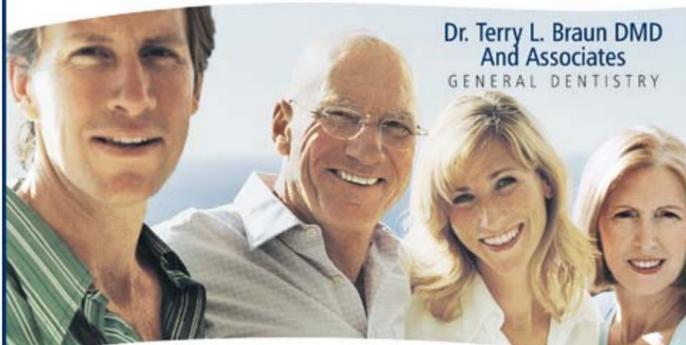
Golf Cart Safety, Insurance and Maintenance

March 29, 2010 • 10:00 a.m.
Arbor Conference Center Suites E, F and G

A Marion County Deputy Sheriff will discuss obeying traffic and community rules, defensive driving and being safe. An insurance agent will talk about the importance of having insurance. You'll also hear from our very own Gerald Hancock on why it is important to keep your cart maintained and working properly – brakes, lights, horn, etc.

On Top of the World Communities

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Activities March

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
8:30	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:30	Tai Chi	AC
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance Level 2	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Aqua Belles	AC
1:00	Bocce League	BCTS
1:15	Line Dance Intermediate	HR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	Line Dance Level 2	HR
4:00	Line Dance Level 1	HR
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
1:30	RC Flyers Club	CC:B,C
2:00	D'Clowns	CC:B,C
2:30	Bocce	CC:AC
2:30	Readers/Theatre	CC:D
3:00	Ocala Clown Express	TR
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D
3:00	Artist Reception	AC
	(03-08-10)	

3rd Week

8:00	Rags to Riches	H&R
	Sign Up Starts (03-15-10)	
10:00	Genealogical Workshop	CC:B,C
2:30	Readers' Theatre	CC:D
1:30	D'Clowns	CC:B,C
3:00	Ocala Clown Express	TR
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

4th Week

3:00	Community Patrol	CC:B,C
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Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horseshoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Sunshine Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cybex Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witch Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:00	Pickleball	CTS
2:30	Chess Club	MR2
3:00	Shutterbugs	CC:B,C
4:30	Table Tennis	CC:D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	ACC:C
6:00	Pinochle	MR3/Art
6:30	Duplicate Bridge	CR

	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR
	Circle Squares Dance	AC

1st Week

8:00	Men's 9 Hole Golf	P.R.
1:00	Sunshine Quilters	Art
2:00	Italian American	CC:E&F
6:30	Candler Excursion	CCC

2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:30	Visually Impaired	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G
7:00	Lions Club	CCC

3rd Week

8:00	*Seminole Casino Trip (03-16-10)	H&R
1:30	Unique Birders	CC:H
2:30	New York/New Jersey	HR
3:00	NY/NJ Club	BR
4:30	OTOW Community *Bus Dinner Run (03-16-10 Tijuana Flats)	HR
	Caribbean Club	ICC
6:00	Democratic Club	CC:E,F

4th Week

8:30	Lions Club	CCC
1:00	Scan/American	CC:E,F
3:30	Alpha Investment	Art
7:00	Karaoke	CCC

Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics	Art
	Pickleball	CTS
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PL RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
2:30	Scrabble Club	CC:H
3:00	Newcomers Line Dance	AC
4:00	Softball Practice	SBF
	Newcomers Linedance	AC
5:30	Bingo	BR
6:00	Poker	MR3
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

1st Week

9:00	Model Railroaders	MR1
10:30	Travel Toppers	CC:A
1:00	Stamp Club	PAB

2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:00	Native Plant	CC:H
3:00	Pennsylvania Club	CC:E,F

3rd Week

1:00	Stamp Club	PAB
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4th Week

6:30	Tall Tale Travelers	CC:B
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(No mtgs. Dec, June-Sept.)

Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B,C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E,F
	Hand & Foot Canasta	CR
	Bus Ocala Run	
	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E,F
10:30	Advanced Tap	HR
	OTOW Concert Chorus	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Ballroom Dance	AC
	Lap Swimming	AC
11:30	Lap Swimming	AC
12:00	Advanced Square	CC:E,F
	Dancers	
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E,F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
1:30	Shuffleboard	CTS
2:00	Pickleball	CTS
4:00	Bus Grocery Run	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H
	Game Night	CC:G

1st Week

7:30	*Breakfast Casino Trip (03-4-10)	H&R
10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
3:00	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

2:00	Singles Club	CC:G,H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	AC

3rd Week

9:00	Canasta	CR
1:00	Rubber Stamping Card	CC:G
	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B,C

4th Week

9:00	Get Acquainted Coffee	H&R
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Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Pickleball	CTS
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	CC:D

	Canasta the Old Fashioned Way	CR
	Square Dancing	H&R BR
	Fun In The Water	AC
2:00	Happy Hour	AC
5:00	Cribbage	Art
6:00	Nickel Nickel	MR3
6:15	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

1st Week

10:00	Emb. Chicks	CC:B,C
1:00	Women of the World	CC:E,F,G,H

2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
7:00	Republican Club	CC:E,F,G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

10:00	Emb. Chicks	CC:B,C
12:00	High 12 Club	TBA

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
	Fun Time Cloggers	HR
9:00	Computer Club	CC:B,C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

2nd Week

9:00	Home Improvement Expo (03-13-10)	CC
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Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:B,C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
3:00	Pickleball	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
7:00	Mixed Poker	CC:H

1st Week

7:00	Artist Exhibit	AC
	(03/07-14)	

2nd Week

6:00	Movie of the Month	BR
7:00	K-9 Club	CC:G

3rd Week

2:00	American/Jewish	CC:E,F,G
------	-----------------	----------

Advance registration and fee may be required. Please check in advance. A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop



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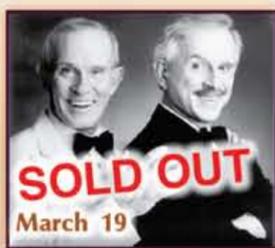


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March 5
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Shepherds Pie featuring
Dunning Shaw**
*Singing "Twist & Shout", "Pretty
Woman" and more!*
\$12



March 19
The Smothers Brothers
*Featuring the hilarious "Yo-Yo-Man"
performance*
Gold \$40 Silver \$38 Bronze \$36



April 24
Wilson Williams & The Platters
Greatest hit, "Only You"
Gold \$20 Silver \$18 Bronze \$16



June 5
Lola and The Saints
Doo-Wop at its Best!
Gold \$11 Silver \$10 Bronze \$9



March 13
Home Improvement Expo
Over 50 vendors participating
9 am - 1 pm • FREE



April 3
Charlie Thomas' Drifters
Greatest hit, "There Goes My Baby"
Gold \$18 Silver \$16 Bronze \$14



May 1
**"The World Has Talent!"
Talent Show**
Gold \$10 Silver \$9 Bronze \$8



June 12
Barbershop Quartet Extravaganza
Barbershop Harmony at its Best!
Showtime: 2 pm (doors open at 1 pm)
Gold \$10 Silver \$9 Bronze \$8



March 14
Rising Stars of Opera Tampa
Celebrating 15 years of beautiful music
2 pm (doors open at 1 pm)
FREE
Tickets required for FREE admission



April 15
**Ocala Storytelling Festival's
Liar's Contest with
Jon Spelman**
\$10



May 22
Bill Allred Jazz Band
*Singing "Route 66", "Love for Sale"
and more!*
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Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities.
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Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events.
To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.



On Top of the World NEWS

Where the News is Always Good

Spring Ahead!
Daylight
Saving Time on
March 14.



Section 2

Vol. 23, No. 9 • March 2010

Water Treatment Facilities

By BOB WOODS
WORLD NEWS WRITER

Recently, Master the Possibilities held a field trip to the Water & Waste Water Treatment Facilities showing residents where our water comes from; how it is pumped and delivered to each residence; and how the sewer plant turns wastewater into reclaimed water.

Bryan Schmalz and Oliver Shockley, both Senior Treatment Plant Operators at the Treatment Facilities, hosted the three-hour tour. These two employees were very knowledgeable and provided lots of interesting information. They follow the lead and direction of the Utility Manager, Randy Schommer.

Bryan explained to the group that there are almost 100 miles of water pipes to be maintained along with 3,600 water meters in On Top of the World and Stone Creek. There are roughly 10,000 residents consuming water. The treatment facility also takes care of the water and sewage from Stone Creek.

Bryan also stated that there are 21 lift stations throughout the community. When full, these lift stations pump the raw sewage to the treatment facility where the raw sewage is processed.

The tour started at Water Treatment Plant No. 1 on top of the hill behind the gardens on S.W. 99th Street. Bryan explained at Water Treatment Plant No. 1 that during one 24-hour period around 2.5 million gallons are consumed in one day on average. The water tank at the pumping station holds roughly two million gallons. Water Treatment Plant No. 1 can pump water out of each well at a rate of 1,600 gallons per minute, with a total of three wells. The plant pumped approximately 850 million gallons last year.

Departing the water plant at Well No. 23, the bus transported the group out through pastureland at Circle Square Ranch to the new water pumping station. This new plant (Water Treatment Plant



Photo by Bob Woods

Oliver Shockley, left, sewer plant supervisor, explains to those on a Master the Possibilities tour about the On Top of the World's water treatment facilities and how the sewer treatment plants operate.

No. 3), when operational, will have the max capability of pumping up to 9.5 million gallons of water per day.

At both pumping stations, the group learned how the water is purified with chlorine and what is done in emergencies to ensure the residents get the purest water possible.

The newest facility, which is scheduled to open this spring, can be seen from Avalon and the RC flying field. The facility will have the latest technology and equipment. Security cameras will be mounted everywhere. The two water tanks will hold 2.75 million gallons each for a total

of 5.5 million gallons.

Next, the group converged at the sewage wastewater plant behind the Post Office on S.W. 90th Street. Oliver explained to the group what takes place from when human wastewater enters the plant until the liquid and solids leave. When the water departs this plant, it is clear as a bell.

It was explained how wastes are broken down by "bugs." We were able to view the breakdown process through a microscope. The treated solids are taken out to a restricted access area in the ranch where it is dumped and then the wastewater is used for the ranch's irrigation.

Eventually the wastewater from this plant will be used to irrigate common areas and the north golf course.

The new tank behind the wastewater plant will hold 2.5 million gallons to be used for irrigation.

Those on this trip were greatly impressed on what was explained and the knowledge conveyed to them by the treatment plant's employees.

If this tour sounds of interest to you, I encourage you to contact Master the Possibilities to see if future trips have been scheduled.

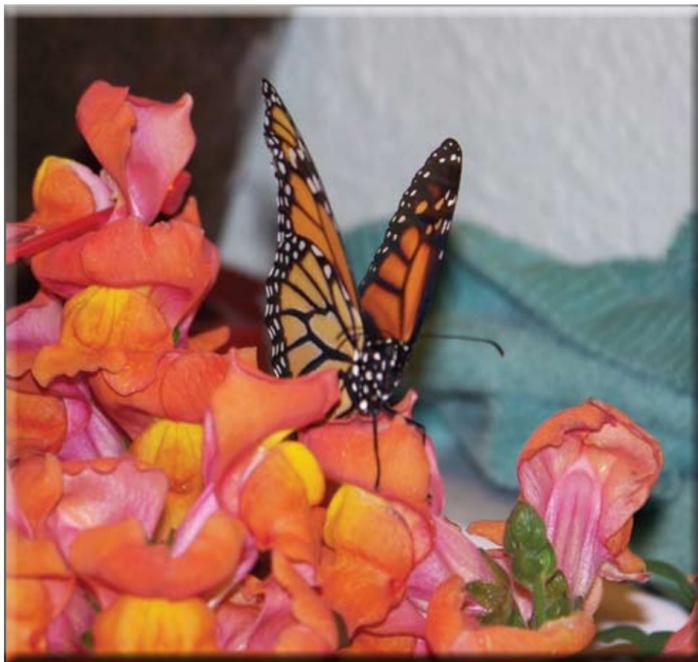


Photo by Patti Kirschner

Buford the butterfly.

The Butterfly Story

By PATTI KIRSCHNER

On Christmas Eve, I received a Desert Rose plant from my son. While looking at the plant, we discovered something hanging from a leaf. It was a tiny green cocoon (chrysalis) with gold dots.

After checking the Internet, I found information regarding the chrysalis, and saw many photos. I learned there should be a Monarch butterfly inside it, and it would emerge within two weeks. So, I became a caretaker, and my camera was ready!

I placed the plant on a brightly lit counter near my kitchen, and as each day went by, I checked the chrysalis for color or change in size. On the 12th day, the chrysalis turned a light "transparent" blue color and the beautiful wings of a Monarch could be seen inside it.

The following morning, I was surprised to find a beautiful butterfly holding on to his chrysalis. After conferring with a good friend, the butterfly was given the name "Buford," as he looked handsome and mighty. I realized I would have to keep him indoors for a few days because temperatures outside were at freezing levels and I knew he would not survive.

The very next day, my husband went and purchased a Snapdragon plant with several flowers, which Buford found plen-

ty of nectar from. I also created homemade sugar water, which he also seemed to enjoy.

When Buford decided to fly throughout my kitchen, he accidentally fell behind my oven. We could not move the oven, but a thoughtful neighbor got down on the floor, pulled out the oven drawer and was able to reach Buford with his hand.

It was decided then that Buford had to be moved to the guest bathroom, where he could flutter about. I provided him with soft lighting during day hours, and slices of orange and strawberry, of which he ate constantly. I realized I could not keep this butterfly in my bathroom forever.

Several days later, the weather turned sunny and warm. It was early afternoon and I decided it was to be Buford's day of freedom. When I picked him up, he hopped onto my shirt. I then carefully held him in my hands and walked out into my backyard. I opened my hands, whispered goodbye and sighed, as I watched him take flight into a big blue sky.

I enjoyed each day of being the caretaker of Buford, and felt I was able to see and share in one of nature's beautiful wonders...all due to the gift of a plant.

Free Tax Assistance Through AARP

AARP Tax-Aide provides free, face-to-face tax assistance and preparation at more than 6,600 sites nationwide from late January or early February through April 15. Please visit one of the following local facilities or visit www.aarp.org for a list of more locations:

- **OCALA WEST METHODIST CHURCH**, 9330 SW 105th St, Ocala, FL 34481-7614. Tuesday 9 a.m. to 1 p.m.; Friday 9 a.m. to 1 p.m. Sign up for appointment at church office. Closed Feb. 23 & 26 and April 2. Walk-ins welcome.
- **FREEDOM LIBRARY**, 5870 SW 95th Street, Ocala, FL 34476-4027. Mondays and Wednesdays, 11 a.m. to 4 p.m. Walk-ins welcome.
- **QUEEN OF PEACE CHURCH**, 6455 SW SR 200, Ocala, FL 34476. Wednesdays 10 a.m. to 3 p.m. Walk-ins welcome.

Lifesaving Light Switch

By BOB WOODS
WORLD NEWS WRITER

I have had one of these items in my house ever since I first moved in. It was not something I had installed but was already in place when I purchased my home in On Top of the World. It's a simple item; one I never gave a thought to but realize its purpose. What is this item? It is a lifesaving light switch that had been installed by a member of our local Lions Club before by a previous owner.

The switch is very simple. It could save a life: you or your spouse, a friend or neighbor. The cost is a mere \$23 completely installed with a new light switch.

The light switch is installed by replacing your existing light switch for your front porch light; only this switch has three positions instead of the standard two positions.

Let's say it is after dark and you need emergency services such as fire, police or an ambulance. While dialing 911, you flip your front porch switch to the "on" position; your front porch light will start to flash. Emergency services can find the road in the dark because of street signs

or GPS but it may be difficult finding your address especially since the house numbers are not illuminated. By allowing your porch light to flash shows emergency personnel your address; saving valuable minutes in finding the house number.

The flashing porch light is also a way of notifying neighbors or passer-bys that someone needs assistance within the home.

Not only can this light switch be installed for porch lights, it can also be installed for garage carriage lights and if it is a single pole switch, it can also be placed there.

The On Top of the World Lions Club will come to your house to answer any questions and also install the switch for you.

The small profit the club makes is placed into their charity fund. As you know, the Lions Club is made up of volunteers and always helping those in need.

John Johnson is the club's contact and installer for the light switch. Call him for information or installation at 854-8629.

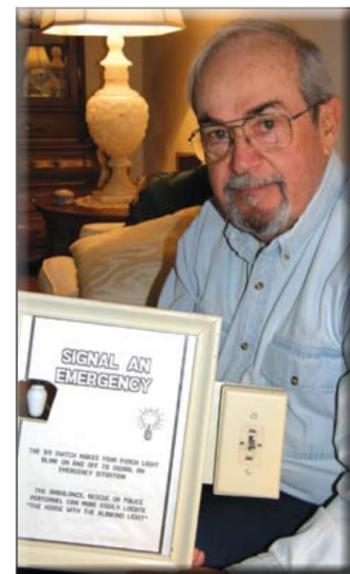


Photo by Bob Woods

Lions Club volunteer, John Johnson, with his display board explaining how the lifesaving light switch operates.



Director of Golf
Sally Collins

March equals March Madness. March equals a month at On Top of the World Communities golf courses that is active with many golf events! Most of the golf leagues have championships underway, invitationals planned or special play days scheduled. Hopefully Mother Nature will mend her evil ways and provide the courses with some much needed sunshine and warmer weather.

The Ocala Open at Candler Hills Golf Club returns March 24-27 for the fourth consecutive year. The real winner of the tournament: Hospice of Marion County, this year's event benefactor.

We welcome all our resident golfers (and non-residents as well) to participate in the Pro-Am Tuesday, March 23. What better way to raise charity dollars than to play golf! Cost for a non-member is \$325 for an individual golfer or \$900 for a team of three amateurs. But wait! Each golfer will receive a tee gift valued at over \$225 before they tee off! In addition, the entry fee includes breakfast with cooked-to-order omelets and a champions round-up awards barbecue after golf. Plus, a portion of the entry fee also supports Hospice of Marion County! A win-win situation for all!

There are a few volunteer positions remaining for those who may wish to assist the tournament in another manner. Hole monitors and cart shuttle drivers are needed to make this a great event for the players. Contact Lisa Lazaro, lisa_lazaro@otowfl.com or 873-0848 ext. 176, if you would like to get involved!

Come out and watch the Ocala Open from the new VIP area located greenside on hole #18 at Candler Hills!

This area, complete with tables and chairs, will feature a bird's eye view of the putting surface. In addition, ticket holders will receive food and drink offerings in the Candler Hills Restaurant. Ask in the Golf Shop for all the details - tickets are \$25 per day or all four days for \$75. A portion of the proceeds benefits Hospice of Marion County.

All the golfers know how important custom club fitting is to the golf staff. To further assist in the equipment selection process, Demo Days provide the golfer a chance to test drive new golf clubs before buying them.

The PING fitting van will be at Candler Hills Golf Club on Thursday, March 4, from 11 a.m. to 3 p.m. The next day, March 5, Cleveland will have its tech van onsite from 10 a.m. to 2 p.m. Of course, specific fitting appointments may be scheduled so you may be guaranteed an exact time. Call the Candler Hills Golf Shop to set your appointment today! The Cleveland Wedge Day and Short Game Clinic will also be held Friday, March 5, from 10 a.m. to 2 p.m.

On Top of the World vs. Candler Hills - last year was a tie. Who will triumph in this year's Ryder Cup scheduled April 5, 8 and 10 over all three On Top of the World Communities golf courses? The first 36 players to register for each side will team up to face the opposing team. Golfers in last year's inaugural event will have priority registration beginning March 12; all other golfers may sign-up beginning March 17. Cost is \$30 per player with the winning team earning all the shop credit.

WORLD ACCOLADES: Gene Francisco eagled the tenth hole at Candler Hills Golf Club on January 23. His second shot found the cup from 140 yards out. Patty O'Hare challenged the Links course from the white tees and made two birdies on holes 3 and 5. Bealle Kinsey recorded an eagle on the third hole while playing the Tortoise and the Hare.



Arbor Club Tennis
Jorge Privat

Please, don't forget, there's still time to get a partner and participate in the club tournament. I would also like to encourage you to look on the bulletin board when you come to the courts. You may find notices about new events, tennis leagues, tournaments and other information that may interest you.

As you may know, one of my goals is to grow the game of tennis. But in this community in particular, I encourage you to participate "for the health of it." With this in mind, I always try to gear my articles toward tennis after 50, providing specific technical instruction, health topics and meaningful advice that you can relate to. In line with this, I bring you some tips on staying healthy and fit to play tennis for a long time.

Tennis Tip of the Month

Staying active as you grow older is one of the best things you can do to fight farther time. Studies have shown that physi-

cal activity can protect against cancer, heart disease, dementia and other ailments associated with age. And it is never too late to start.

As you grow older, you start to lose muscle, reaction time and aerobic conditioning. The great thing about tennis is that it addresses all of those concerns. To stay healthy on and off the court, follow these simple rules.

Rule 1: Always Warm Up

Getting your muscles ready for exercise can take a little longer as we age. "A lot of us get right into playing, which can lead to injury because the muscles and joints aren't ready for that stress."

You don't need to spend a lot of time warming up: even a five-minute walk or jog will elevate your heart rate, body temperature and get blood flowing to your muscles. By the end of your warm-up you should be sweating lightly.

Rule 2: Stretch It Out

Once you are warm, take a few more minutes to do some dynamic stretching. "Your connective tissues lose some of their elasticity with age, so it is important to increase your flexibility."

Do some toe and heel walks, forward and backward arm circles, wrist circles, trunk rotations and high knees. After you finish playing, do some traditional static stretching, focusing on tight spots like your hamstrings, shoulders and lower back.

Rule 3: Mind Your Muscles

Starting at about 45, muscle mass begins to decline at about one percent per year. If you don't do any strength training, you may

lose about 30 percent by age 75. As we age, we gain fat and lose muscle.

The good news is we can maintain our strength—we just have to work a little harder at it. While tennis helps strengthen muscles and joints, you still need to do some supplemental training to make sure you stay strong, healthy and competitive. Concentrate primarily on your major muscle groups (back, arms, shoulders, legs and buttocks).

Rule 4: Improve Your Balance

When you are young, you take your ability to maintain your balance for granted. This is diminished with age. That means, it is easier to misstep, whether on court or at home, and take a tumble. Do some simple balance drills a few times a week, such as standing on one leg as you talk on the phone or pretending to walk a tightrope as you head across the room.

See you on the courts!

Tennis Association
H&R Center Courts Schedule
Mixed Doubles
Saturday & Monday, 8 a.m.-noon
Men's Doubles
Tuesday & Thursday, 8 a.m.-noon
Ladies' Doubles
Wednesday & Friday, 8 a.m.-noon
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Celebrate St. Patrick's Day on The Town Square

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Wednesday, March 17, 2010

4 - 9 pm

LIVE Irish Music & Inisheer Dancers
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Men's Golf Association
George Blankenship

Because of this weather, the MGA had to push the start of the President's Cup back a couple of days. It took a while to get it completed, and I would like to thank everyone who chose to participate. However, most of all, I would like to congratulate George Deignan and Carl Larsen as the last two participants standing and especially to Carl as our 2010 President's Cup champion.

Since my February article and my writing about the Gold tees, your MGA board made a decision to change the eligibility requirements for playing from these tees in MGA events. For several reasons, the sign up to play from these tees was changed from requiring a handicap of 25 and higher, to open it up for anyone at any handicap level who wishes to play from them.

The requirement remains, however, that once you play the first time from the Gold tees in a MGA event you will be required to play from those tees the

remainder of the year in any MGA event you enter. MGA Gold tee sign up is open all year. What tees you decide to play and post scores from at any other time is entirely up to that member.

The board hopes that by the time you read this article, that play from the Gold tees would have been implemented. With the weather and cancellations, that could be in doubt. When it is, or was implemented, D flight will most likely be made up of players from both the gold and white tees. Because we have competitors in the same flight playing from two different sets of tees, there will have to be adjustments to handicaps made. These adjustments are made strictly in accordance to USGA handicap rules. If anyone is interested in reading these rules for yourself, you can find them on www.USGA.org under Handicap, section 3-5. I have posted information on the bulletin board that I retrieved from the USGA site that helps explain these adjustments.

At the February meeting of the handicap committee, in writing the by-laws, it was established that there would be a maximum of seven "T" scores posted for every member. These scores will come from: two from the Club Championship, two from the On Top of the World Championship (one from Candler Hills and one from On Top of the World) and three from Low Gross & Low Net play days in May, September and November.

Don't forget to sign up for the MGA Championship, which is on Wednesday, March 10, Friday, March 12 and finishes on Monday, March 15. Everyone be sure to sign up because I "believe" that the weather will be Florida style again by then.

Until next month, play well, have fun, and remember we "play" golf. It's a game.

2010 MGA President's Cup Winners

1: Carl Larsen; 2: George Deignan; Tied for

3: Jim Weaver and Ross Mac Donald; Tied for 5: John Langville, Tim O'Neil and Carl Zeiler.

Individual Stableford Flighted
Jan. 20 / Tortoise and The Hare

Flight 1: 40-Charles Casale; 39-William E Young Jr; Tied at 37-Paul B East and Ralph Solvold; Tied at 36-Dick Gray and Tom Fragapane.

Flight 2: 43-Charles Senci; Tied at 42-Art Buecher, David Miller, Jimmy Johnson, Richard Schiller and Ron Thompson.

Flight 3: Tie at 44-Tony Capillo and William McGarry 44; 41-Joe Rappa; 40-Tom Marta; 39-Ken Cotte; Tied at 38-Alfred Wells and Harry Brower.

18 Low Gross/Net Individual Flighted

Jan. 27 / Tortoise and The Hare

Gross Flight 1: 83-Jay Bouton; Tie at 84-Dick Gray, Jim Weaver, Larry Lucieer, Paul Wade and Raymond Beloin.

Net Flight 1: Tie at 69-Dan Carty and Tom Fragapane; Tie at 71-Ralph Solvold and Ray Hellman; 72-Gene Sohler; Tied at 73-Ed Darichuk and Joseph Bologna.

Gross Flight 2: 84-Charles Senci; Tied at 89; Art Buecher, Art Dushary and Edward C. Wilson.

Net Flight 2: 67-Steve Becker; 68-Phil Johnson; 70-Calvin Apperson.

Gross Flight 3: 91-Tom Pasch; Tied at 94-Roy Hira and Richard Schiller.

Net Flight 3: 65-Peter M. Peterson; 68-Bernie James; 71-Jack Martin.

MGA 18 Chicken Day Scramble
Feb. 3 / Links

64-Paul Wade, Norm Lallier, Steve Mol-

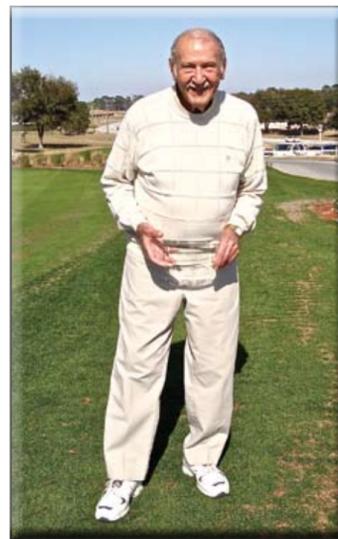


Photo by Bud May

Carl Larsen winner of the President's Cup.

nar and Frank Palotta; Tie at 66-William E Young Jr, Calvin Apperson, Wally Schilf and Ralph Schmidt; Rudy Normandin, Phil Johnson, Bernard Locklear and Robert Giljohann; John Langville, Steve Gregely, Ray Messer and Carl Larson; Gary Hassett, Joe Dent, Jimmy Johnson and Jose Cura. Tie at 67-Rick Daddio, Bob Cates, George Noltensmeyer and Rogers Rice; John Hudacik, Art Buecher, Bill Walker and John Oneil. 68-Dan Carty, Leonard Ruble, Tom Deegan and John Hodd.

Table Tennis
Jim Lynam

Some call it table tennis, some call it ping-pong, and some call it gnip gnop, but the members of the On Top of the World Table Tennis Club just call it fun!

Recently, the members of the Oak Run table tennis club, in a reciprocal agreement, invited the members of the On Top of the World club to an afternoon of inter-community games. Twelve members from our club arrived to find a fantastic food faire provided by the guests. After lunch and reacquainting with friends, it was time to let the games begin!

The plan was to play all doubles with two members from each community as partners against the other community. Play included women's doubles, men's doubles as well as mixed doubles. Al-

though the scheduled format for play was not tournament in style, but rather social in nature, the games were very competitive.

The following club members, Gene Baumann, Dick Berkheimer, Jon Hill, Sammy

Hsu, Vijay Jain, Dorothy Link, Jim Lynam, Tom Martinetto, Sue McLam, Ralph Voight, Penny Wilson, and Lucy Davis agreed that the On Top of the World Table Tennis Club performed very well in the competition. The club would like to express

its appreciation to Roy Howitt and the Oak Run club for their hospitality. What a fun afternoon!

Lucy Davis, the club's president, made the arrangements for the annual luncheon for all of the club members, spouses and friends at Golden Corral. In addition to the vast array of food selections, it was very nice to meet and converse with the spouses and friends. Plans are already being discussed for next year's luncheon.

The club also re-elected all of its officers for the New Year. The members wish to congratulate the following officers: president, Lucy Davis; vice-president, Ralph Voight; treasurer, Richard Miles; and secretary, Dorothy Link. The club members wish to express their gratitude to the officers for their dedicated service.

The On Top of the World Table Tennis Club plays on Mondays and Tuesdays from 6 to 8 pm as well as on Thursdays, Fridays and Saturdays at 1 p.m. at the Arbor Conference Center, Suite D and welcomes any new players.



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**Ladies
18-Hole Golf**
Marilyn Rose

It has been cold and rainy for far too long. I think we are all ready for warmer weather and less rain. I guess we shouldn't complain; we could be shoveling snow.

It is my pleasure to give a big thank you to the 9-Hole LGA for hosting an excellent tournament for us. I know that everyone had a wonderful time. We were most fortunate to finish play just as the rain arrived.

All of our ladies were most impressed with the candy bars that were wrapped in a special paper that designated our tournament. We were also impressed with the food, prizes and goodwill extended to all of us. Thank all of you so much.

The World Tournament hasn't been played at time of this column, but it will be covered next month. Now for our winners, you will note some gaps in dates, but these are weather days.

**Low Gross/Low Net
Jan. 19 / The Links**

Gross, Flight 1: 83-Gretchen Normandin; 89-Mary Lyon.

Gross, Flight 2: 90-Rosemarie O'Neil, 98-Carol Johnson.

Net, Flight 1: Tie at 71-Iro Linsinski, Jerry

Gill, Nancy Zielinski.
Net, Flight 2: Tie at 71-Christine McIntire, Linda Bervinkle, Lou Borders.
Gross, Flight 3: 100-Margaret Hudacik; Tie at 102-Flo Emanuel, Shirley Smagner.
Net, Flight 3: 72-Peggy Borro; Tie at 76-Marti Marta, Serine Rossi.
Gross, Flight 4: 97-Ruth Border; 103-Jeanne Rice.
Net, Flight 4: 69-Harriet Brower; 73-Helen Foskett.

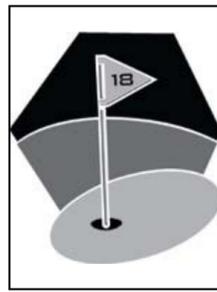
**Team Stableford ABCD
Jan. 26 / The Links**

1 Net: 137- Team 6-Harriet Hawkins, Judith Pasch, Margaret Hudacik, Dea Johnson; 2: Tie at 136-Nancy Sielinski, Christine McIntire, Shirley Smagner; Joan D'Addio, Mary Jane McAtee, Rose Hoovler; Iro Linsinski, Mary Lyons, Carolyn Cummings; Valerie Smith, Mary Driver, Peggy Borro, Laurie Hall; Patricia MacMurray, Rosemarie O'Neil, Jeanne Rice, Serine Rossi.

**9-18 Invitational Back and Front Loop
Feb. 9 / The Links**

Back: 1: 36-Linda Bervinkle, Peggy Borro, Jean Flynn, Judith Kane; 2: Tie at 38-Rosemarie O'Neil, Jo Apperson, Donna Fey; Betty Gustafson, Shirley Smagner, Virginia Blanchard, Susan Rhodes; 4: Tie at 39-Mary Driver, Connie Shirley, Michaela Beyer, Dorothy Wagner; Judith Pasch, Margaret Hudacik, Marie Segovis; Lou Borders, Velma Rose, Carol Bell, Helen Foskett
Front: 1: Tie at 34-Mary Lyon, Serine Rossi, Lucy Quaranta; Harriet Hawkins, Ruth Border, Jan Moon, Gretchen Saker; 3: Tie at 35-Iro Linsinski, Glenna Swank, Millie Nucaso, Darlene Bole; Janet Juhlin, Carol White, Harriet Brower, Helen DeGraw.

I really wish that we will have more play days and more scores to post in the coming weeks. I hope to see you on the course quite soon.



**Candler Hills
Ladies 18-Hole**
Carol Joseph

Ladies, we are asking for your help. We need everyone who has ever played the game of golf to please, please have these thoughts in your mind at all times "warmth, sun, Southern breezes, warmth, sun, Southern breezes." Please keep this in the front most part of your mind. Maybe the golf god will get the picture!

This year, we delayed the Just Fore Fun outings to start in March to avoid the cold weather we sometimes experience in December, January and February. Our first outing will be on March 8 at Golden Hills. If you have not signed up via e-mail to Carol Joseph, please contact her immediately for a place on the team. If you have any questions, please contact her.

The President's Cup was postponed until Feb. 25 and ending on March 18.

Also coming soon is the election of officers. Please contact our president if you would like to participate. The board encourages you to be proactive in the Candler Hills Ladies 18 League. The president is also asking for a volunteer to chair the "Rally for the Cure" outing.

The play days for March are:
• March 4: Black & Gold
• March 11: Black & Gold

- March 18: Low Gross & Net (final of President's Cup)
- March 25: Ocala Open, course closed

For those days that we were able to bundle up and still swing the club the results are as follows:

**Member/Member
Jan. 14**

Margarita Flight: 1: Connie Norris & Kelli Brunner; 2: Beverly Overbo & Joan Daddio.

Daiquiri Flight: 1: Carol Joseph & Carol Clark; 2: Linda Buschur & Andrea Frat-arangelo.

Cosmo Flight: 1: Marie Mastroianni & Vivian Schofield; 2: Marge Cowie & Carole Robinson.

**Low Gross/Low Net
Jan. 21**

Flight 1: 78-Mia Kolar low gross; 68-Tona Scheibal low net

Flight 2: 94-Linda Krac & Marcia Ancaux low gross; 71-Pam Carpenter low net.

Flight 3: 92-Kathy Beaty low gross; 68-Toni Stevenson low net.

Flight 4: 104-Barbara Keough low gross; 69-Jean Jarmel low net

**"F" and "T" holes
Jan. 28**

Green Flight: 32-Connie Norris.

Blue Flight: 34-Andrea Fratanagelo.

Red Flight: 37-Carol Clark; 39-Ilyong Dicus; 39 Toni Stevenson.

Pink Flight: 35-Irmgard Anger; 36-Vivian Schofield.

**Card Game
Feb. 4**

1: 125-Mia Kolar, Carol Clark, Ilyong Dicus Jean Jarmel; 2: 128-Connie Norris, Gail Banavige, Toni Stevenson, Vivian Schofie.

We will have a luncheon and the awards presentation for the winner of the President's Cup on March 18 as well as our quarterly business meeting.

Don't forget ladies that our CHLGA Championship is April 22, 23 and ends April 29. You must have participated in a minimum of 10 ladies events prior to the championship in order to qualify to play in the event.

Until next month, don't forget think warmth, sun, summer breezes, warmth, etc. etc.!

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**Original
Karaoke Group**
George Quaranta

On Jan. 26, we started off the evening with dinner at the Candler Hills Restaurant. There were a good number of friends and singers that were there.

At the Candler Hills Community Center, our singers included Judy, Jerry, Pat, Sindy, Darl, Beverly, Shirley, Jimmy, Kathy, Charlie, Norma, Tony, Bob, Dotty B. and Tom.

As usual, I can't say enough about the talent that we have here at On Top of the World.

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Candler Hills Men's Golf
Joe Alfano

"Beware the Ides of March" may have been a dire warning for Caesar, but the warmer weather of mid-March cannot get here soon enough for the members of our association.

Many a morning in February was more favorable for the Iditarod than a round of golf, but let no one say our merry group cannot persevere under any abnormal conditions. Golf is the order of our day and golf it shall be!

Our fundraiser for the 2010 Student/Athlete Award will be coming off hiatus so be on the lookout for Cheech or Chong to purchase that winning ticket. Remember our slogan, "You can't win it, if you ain't in it."

The association sends out a hearty welcome to new members Patrick Clayton and Tony Jones. Might you have been apprehensive about joining us, you can take comfort in knowing that you will be with a bunch of guys who play golf for the sheer enjoyment of the game and the companionship this hallowed game provides to us.

Someone once said that, "swinging at daisies is like playing guitar with a tennis racket. If it were that easy, we could all be Eric Clapton. The ball changes everything." Making that successful change this past month was Lon Scheibal (74), Chris Jett & Paul Moltisanti (75), Fred Spain (77), Mike Rec & Bob Shively (78) and Tom Garrison (79). Well played golfing your ball gentlemen!

Here's hoping all our members remembered the candy and flowers that our significant others richly deserved on Feb. 14. Whether that gesture of the heart gets us another day of the week to play golf is still open to debate.

As always, I wish everyone a life of nothing but fairways and greens.



Ladies 9-Hole Golf
Diane Dzik

Eighty players braved the threatening weather Feb. 9 for the 9-18 Invitational with the 18-holers outnumbering our nine-hole group! Somebody up there must like us since the rain began in earnest only after the last foursome had left the green.

Inside the Health & Recreation Ballroom, the atmosphere was anything but dreary as red tablecloths and centerpieces reflected the Valentine's theme. Door prizes wrapped in red went to the lucky winners. A big thank you to Candler Hills, The Pub, Nick and those members who donated gifts. Bruce catered the buffet luncheon of chicken marsala and each player received a chocolate bar personalized for the event by a resident of On Top of the World.

Members in charge of this lovely event were Lucy Quaranta, chairperson, helped by her committee of Pauline Beloin, Caroline East and Donna Fey.

We have welcomed two new members to our league. They are Betty Dent and Deborah Mallardi. Welcome ladies!

Our annual invitational will be the "Easter Bunny Bash" on March 30. Chairperson of this event is Patti Howd. The cost of the luncheon will be \$16 and sign-up sheets for breakfast foods and the luncheon are posted in the clubroom.

Charlie Hassett will be collecting door prizes and we are asking members to please donate a wrapped gift valued between \$10 and \$15 since leagues from Marion and Citrus counties will be participating in this event. Invitationals are scheduled all through the spring. Citrus Hills "Divine 9" on April 12 has room for six ladies. It is a \$40 scramble with a deadline of March 5.

Sugarmill Woods in Homosassa is on for April 26. Deadline is March 31 with a

price of \$38. It has room for six players and three alternates.

Royal Oaks Ladies (Ocala) is also scheduled for April 26 - no information as of yet. Please watch the board in the league room for information as it becomes available.

Individual Stableford
Jan. 19

Chip Ins: Patti Howd, Ruth Mitchell, Donna Swiger
Flight 1: 20-Betty Dent, Carol White.
Flight 2: 21-June Tassinari; 19-Sumiko Bridges, Kathy Dushary, Agnes Tetti; 18-Michaele Beyer, Jean Flynn.
Flight 3: 23-Carol Bell; 21-Darlene Bole; 20-Donna Fey, Gretchen Saker, Donna Swiger.

Low Gross
Jan. 26

Chip-Ins: Helen Bailey, Deborah Mallardi, Dorothy Wagner.
Flight 1: 47-Linda Dumeer; 49-Diane Dzik; 50-B.J. Leckbee.
Flight 2: 49-Joan Rappa; 51-Helen Bailey; 52-Sumiko Bridges, Millie Nucaso.
Flight 3: 53-Dorothy Wagner; 54-Gretchen Saker; 59-Therese Bell.

9-18 Invitational
Feb. 9

34-Mary Lyon, Lucy Quaranta, Serine Rossi; 34-Ruth Border, Harriet Hawkins, Jan Moon, Gretchen Saker. 35-Darlene Bole, Iro Lisinski, Millie Nucaso, Glenna Swank; 35-Harriet Brower, Helen Degraw, Janet Juhlin, Carol White. 36-Linda Bervinkle, Peggy Borro, Jean Flynn, Judith Kane. 38-Rosemarie O'Neil, Jo Apperson, Donna Fey; 38-Virginia Blanchard, Betty Gustafson, Susan Rhodes, Shirley Smagner. 39-Michaele Beyer, Mary Driver, Connie Shirley, Dorothy Wagner; 39-Margaret Hudacik, Judith Pasch, Marie Segovis; 39-Carol Bell, Lou Borders, Helen Fokett, Velma Rose.



Shuffleboard
Robert Riedeman

The winners (those who won most games) in the six regular playing groups for January were as follows:

Monday a.m.

Women: Vicki Lentz; Men: Bob Schuck.

Monday p.m.

Women: Margot Thomas; Men: Gerry Griffin.

Wednesday p.m.

Women: June Hajjar; Men: Lou Crudele

Thursday a.m.

Women: Agnes Hickman; Men: Vito Chieco.

Friday a.m.

Women: Marilyn Youngman; Men: Andy Bulloch.

Instructional sessions conducted by John Mataya will continue on every Saturday at 9:30 a.m. until April 1.

These free sessions take place on the club courts (behind the Health & Recreation Building) and provide an opportunity for beginners to learn the basics of the game as well as a chance for experienced players to improve their skills.

The club executive committee has appointed Joe Veres and Charlie Lentz to serve as the nominating committee for the upcoming election of new officers.



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Bocce
Bob Woods

There has been an increase in the number of players showing up at the courts for open play of bocce as the weather is improving a little, the sun is getting a little higher, giving us a little bit more warmth as we play bocce.

Thank you for your work at the courts for the start of play, such as wiping off the morning dew from the benches, getting the balls out of the shed along with the measuring tapes and helping in the removal of pine needles and leaves from the courts.

The annual On Top of the World Bocce Banquet will take place on Sunday, March 28 at the Stone Creek Country Club. The event is sold out.

Best of Bocce will take place at our courts starting at 9 a.m. on March 15.

Rain date will be the following day. There will be two Best of Bocce.

Those playing in leagues will start in the morning at 9 a.m. and then break for lunch. Bring your lawn chair to watch the event and also a place to sit down during the lunch break to sink your teeth into fresh cooked hot dogs with all the trimmings including nibbles such as potato chips. This is free for those club members attending even if you are not rolling in the games.

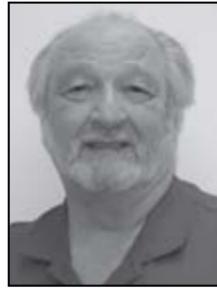
After lunch, open play and match play will team off determining the winning team. Player's names will be embroidered on their shirts so it might not be possible to pass out shirts during the banquet. Liquid refreshments will not be provided—bring your own non-alcoholic beverage.

I asked two questions in last month's article, did you get them right? One question was, what is the grace period allowed before a game is forfeited? The answer is 15 minutes. The second question asked, when play is complete in a frame and after measuring it is determined a tied situation, which team receives the points and where does play resume? The answer is no points are awarded to either team and play resumes from the opposite end of the court with the same team rolling the pallina. A copy of the rules can be found inside the shed.

Please help out your fellow players by helping to get the courts ready for play. Many hands make shorter work.

See you next month and if you hear or see any newsworthy events or incidents on the courts, please let me know.

Keep those bocce balls rolling.



Billiards
Richard Impresa

The New Year started with our first Billiard Club meeting on Jan. 4. Our board includes two new members (Leslie Conlon as first vice president and Evelyn Wharen as recording secretary) along with returning members (Richard Impresa, president, Penny Wilson, second vice president and George Tookmanian, treasurer).

Last year ended with 159 members and 2010 started with 94 already signed up. Our goal is to have approximately 150 paid members annually to maintain and grow our treasury. Some of that treasury goes to buy maintenance items such as table and ball cleaners as well as replacement equipment such as racks, house sticks, tips, chalk, etc.

So, join us in assuring that our facility remains the best in the county. Only \$5 will sign you up for all of 2010, plus you

qualify to purchase a billiard glove for only \$3 with your membership.

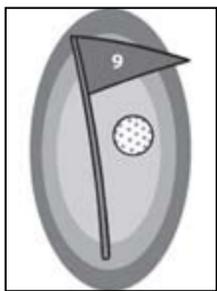
One of our members, Stan Magen, is heading up an effort in On Top of the World to collect shoes for Ocala area residents. This Interfaith charity helps the needy in our area by providing them with shoes donated by people like you. A receptacle has been set up in the poolroom for your donated shoes. Please make sure they are in wearable condition. Call Stan if you have any questions.

Our entertainment czars (Shirley Impresa and Bill Daly) are working on future social events for our membership and their guests. Details on dates, times, places, etc. will be posted on the poolroom bulletin boards. These events will be informal in nature so you can just show up, order what you like, and enjoy the camaraderie. So, keep an eye on the bulletin boards for details.

January also marked the start of the second half of the Marion County Senior Men's Billiard League's season. At the holiday break, my On Top of the World team #1 was in first place with an 8-1 record. Jerry Kamenker's team #3 was tied for second place with a 7-2 record and J.C. Brown's team #2 sported a 4-5 record and has the distinction of being the only team to defeat the #1 team.

The league competes every Tuesday at 1 p.m. and spectators are welcome. Bill Daly, who runs the league, has some additional tournaments and special events planned for the coming year. So, keep your eyes on the bulletin boards and this column for details as they become available.

That's all for now so until next month keep stroking and keep your tip dry.



Candler Hills Ladies 9-Hole
Dianne Masterson

March is known to come in like a lion, and go out like a lamb. We can only hope that this holds true for the 9 hole golfers in Candler Hills, because baby it's been cold outside! But the cold temperatures and high winds weren't enough to keep the 9 hole golfers of Candler Hills off the links. We may have looked more like skiers than golfers, but we were out there.

Those golfers who endured the cold and met with success are as follows:

Low Gross / Low Net
Jan. 14

Flight 1: 43-Peggy Borro, 27-Piper Thomas.

Flight 2: 52-Julie Crudele, 34-Carol Venslavsky.

Flight 3: 60-Renee Aden, Tied at 37-Mary Giannukos and Vicky Salyers.

Flight 3 Chip-Ins: Nancy Dreimiller, Mary Giannukos and Carol Hobbins.

Bunco Madness
Jan. 26

40-Betsy Sanders.

Low Gross / Low Net

Jan. 28

Flight 1: 45-Susan Buckland-Mulhern (aka Susie Hyphen), 33- Sandra Noe.

Flight 2: 51-Olive Curtin, 34-Julie Crudele.

Flight 3: 57-Karen Ahrens, 32-Donna Liphardt.

Flight 4: 60-Sandy Schaffer, 33-Vicky Salyers.

Chip-In on Hole #9: Cheryl Engeman.

Four Clubs and a Putter
(Back Nine)

Feb. 4

1: 36-Heddy Racinowski, Dianne Bowles and Vicky Salyers. 2: 44-Susan Buckland-Mulhern, Diane O'Brien, Judy Parisi and Marylyn Tymon. 3: 45-Mary-Pat Giffin, Dianne Masterson, Donna Liphardt and Sandy Schaffer.

Chip-Ins: Dianne Bowles, Vicky Salyers (who has been golfing less than a year) and Donna Liphardt.

Low Gross / Low Net
Feb. 11

Flight 1: 46-Betty Dong, 33-Susan Buckland-Mulhern.

Flight 2: 49-Angie Jingco, 36-Judy Parisi.

Flight 3: 54-Renee Aden, 36-Nancy Dreimiller.

Renee sunk her putt for par on the par 5, sixth hole, with a calf watching her every move. And it was not behind the fence, but right out on the fairway. Holy cow!

Our league, now 43 members strong, welcomes back Diane Podkomorski to our ranks. We had our semi-annual membership meeting on Feb. 18 followed by a "red shirt" luncheon at Candler Hills Restaurant.

Please remember that we are looking for people to serve on the board of the CHLGA9 for 2010-2012.

HOW WELL DO YOU KNOW YOUR FELLOW 9 HOLERS? For March, I would like to profile Olive Curtin, Nancy Dreimiller, Betty Dong, Donna Liphardt, Dianne Masterson, Sandy Schaffer and Carol Venslavsky. All of these golfers learned about the 9 hole league through Sally Collins, our director of golf.

We were all lucky enough to have taken lessons from Sally. And, we all agree that we can still use more, but we're getting there. Another commonality for this group is the fact that we all treasure the friendships that we have made, and we all look forward to league days. We are also lucky to have Matt, Russ and Karen looking after us in the Candler Hills clubhouse. Riggo too!

As always, I wish you sunny days, long drives, short putts and the luck of the Irish!



Softball
Bill Leon

It's been a while since I have had the chance to let all know how softball has been coming along, but it's been hectic through the holidays. We continue to play every Monday and Wednesday mornings and continue to look for new players. If you wish to find out if you can still stretch those muscles and regain that youthful feeling, then join a few residents who come to the field on Tuesday and Thursday mornings to practice their skills.

As for the league, it is going well. This year we were fortunate enough to have sponsors contribute for the purchase of colorful shirts and hats. Uniforms have transformed the teams into mighty men of action, with exciting plays and clutch hitting.

Come watch the speedy Danny race around the bases like a rabbit and the long balls hit by players like Leo, Ron, Angelo and others. See them fly over the fences in awe of the powerful blasts. Watch the excitement in the players as they turn the bases and head for home plate. It may not be the majors, but the thrill of playing ball is still there.

On Top of the World Softball Standings

Team	Won	Loss
2 Servpro	10	8
4 Wise Way	10	8
6 Tee Pee Tire	10	8
1 Cebert	9	9
3 Dr. Dunn	9	9
5 Wicklow	9	12

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Pickleball
Tom Seitz

Pickleball continues to gain popularity in our community with the new courts now in use several times a week. However, there are residents out there who ask what is this crazy game? One of our players, Art Woodstone, provided the following description.

Two men looking for a family game invented Pickleball in Washington State. However, it seemed that at every opportunity, the family dog "Pickle" ran off with the ball - thus the name of the game.

Pickleball is attractive particularly to seniors, especially those who'd rather not longer face running the length and width of a standard tennis court, swinging a large heavy racket. The joys of Pickleball are irresistible to most anyone who wants to remain active.

The court is an accommodating 44 feet long and a mere 20 feet wide, with a 34 inch net. This smaller court is manageable for most of us seniors. Instead of a racquet, imagine a large ping-pong paddle weighing half a pound, not nearly as tiring as other racquets. The game is played with a baseball sized, hard plastic ball, hollow with holes on the surface; known as a wiffle ball.

Serving is done underhanded and following a bounce on each side can be hit on the fly. Doubles with two on a side is the most common form of play. The ball is not nearly as reactive as ping-pong or tennis and it is not entirely an exaggeration to say that the ball, when it bounces, seems to wait for you to hit it. The game is fast, yet not. Scoring, apparently owing its origins to badminton, is played with only the serving side scoring, alternating servers as the game progresses to a winning score of 11 points. The strain on the body after a couple of outings is minimal and people of all skill levels can play. There are so many compelling features that dozens of enthusiasts are now playing and more are attracted each week. There is a guarantee attached for first timers: the majority of you will return!

We currently play five times a week, Tuesdays and Thursdays at 2 p.m. or Sundays at 3 p.m. (suggested for newer players). Just come to the lower courts next to Health & Recreation and someone will be glad to get you started.

Shoes appropriate for court play are mandatory, but all other equipment is furnished for beginners.

Alternately, contact Tom Seitz at 390-3112 for more information.



Model Railroaders
Jim Devine

First of all, the On Top of the World Model Railroader's Club would like to thank Bob Woods for his story about our first open house in last month's issue of the World News. The pictures that accompanied the story were great.

A couple of months ago I told you that the club has work sessions every Tuesday from 1 to 4 p.m. to work on our HO and N scale layouts. Our work sessions have been such a success that the club is going to have additional work sessions on Thursday mornings. We have begun work on wiring the switch tracks on the HO layout, improved the scenery on the N scale layout and started to build a state-of-the-art command panel for the N scale.

There is also ongoing maintenance work being done on the track. It has to be kept clean of dust and dirt in order for

there to be a good electrical connection between the track and the engines. Dirty tracks result in engines slowing up and then speeding up on their own when they are supposed to be running at a constant speed.

Some of the work that we have to do involves crawling around under the train layout. Since none of us is as lean and limber as we used to be, we need a winch to lower club members to the floor, and a forklift to help them get up. This may be an exaggeration, but there is a lot of moaning and groaning when members have to crawl around under the layouts.

Recently, a club member mentioned to me that work was "on track." That got me to thinking about terms that we use in everyday speech that are railroad related.

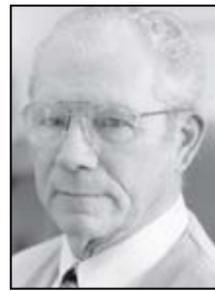
Something can be on the "right track," or "wrong track." People can be "born on the wrong side of the tracks." They can also have a "one track mind." Plans that go wrong can be said to have "derailed." If they are a total disaster, we have a "real train wreck." Someone could be "railroaded" into something that they don't want to do.

Also, we are told that some football players "hit like a freight train." If all this is giving you a headache, you can go and make yourself a "highball" (a railroad signal, involving displaying a ball high up on a pole, that advises an engineer that the track ahead is clear and he can proceed at full speed). If you are playing craps and roll a six on both dice, you get "boxcars." Can you think of any other terms?

On Top of the World Model Railroader's Club meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Arts and Crafts Building. You're invited to join us if you're interested in becoming a member.

If you can bring a gas grille, please call Nick Z. at 291-0943. We will also need cooks. We will provide hot dogs, hamburgers with all the fixings, drinks, paper plates, napkins and silverware.

If you have any questions, please call Gordon Cich at 873-2839.



Republican Club
Tony Tortora

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center unless otherwise advised. Members with an e-mail address will be notified of changes.

Due to the complexities of scheduling for statewide election candidates, they have been invited to attend any or all of our meetings through the summer. We will be given short notice of their intent to attend. The candidates are: Lt. Gov. Jeff Kottkamp for attorney general and State Senator Carey Baker for agriculture commissioner.

On March 12, we expect to hear from school board member candidates Bobby James and Ron Crawford; state representative candidates John Deakins, Remzey Samarra and Keith Perry; county commission candidates Kathy Bryant and Christine Dobkowski.

On April 23, we will have a steak and chicken barbeque. Tickets will be available at the March meeting for \$15 each. Our guest will be State Senator Charlie Dean.

The meetings for May, June and July will be open to all Republican candidates for local office.

www.OnTopoftheWorldInfo.com



Wood Shop
Ray Utiss

The annual On Top of the World Wood Shop picnic is scheduled for Saturday, March 20 in the Arbor Conference Center in Suites E and F from 10 a.m. to 1 p.m. and Suite G until noon. All members and their spouses are invited at no charge. Everyone is encouraged to bring a covered dish and a dessert.

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R/C Flyers Bob "Robo" Wroblewski

It's a joy to welcome and introduce the most recent member of the On Top of the World R/C Club, Ron Lukowski and his wife Elaine. They moved to On Top of the World in December 2009 from the Finger Lakes region of New York. They have been married for 41 years and have three boys and six grandchildren. Ron is a mechanical engineer and Elaine a homemaker.

They both enjoy R/C model aircraft especially vintage World War I aircraft. As you can see from the picture, they support each other and are a team to behold. Elaine gladly assists Ron with the assembly of his planes and also acts as his spotter while he is flying.

Ron has been involved with R/C since 1972. Besides their mutual love for the hobby, Ron enjoys playing the guitar and hopes to rekindle his oil painting skills in the near future. Elaine enjoys cross-stitching and both enjoy swimming at The Ranch Spa & Fitness. When asked what they thought about On Top of the World,

they said without any reservations, they enjoy the friendliness of the people, the R/C flying site and the fine facilities. Ron and Elaine reside in Candler Hills.

Jim Ellis our field marshal and his crew have been busy sprucing up the field for our upcoming IMAA (International Miniature Aircraft Association) Quarter Scale event on March 27.

Doug Ensley, event organizer, has been hard at work sending out flyers to all the hobby stores and clubs in the state promoting the event and has enlisted his staff of club volunteers to man the various departments. Doug says, we are diligently doing our part to make the event a huge success.

What we need now is to have everyone in the community turn out and enjoy with us the excitement and watch the flights of remarkable miniature model aircraft. The event is free and we encourage all residents to join us at the field at 9 a.m. on Saturday, March 27.

For your comfort, come prepared with a folding chair and sunglasses. Water, soft drinks and food will be served at the food concession by the R/C Ladybirds Club at a reasonable cost. So mark your calendars and plan on being our guest for the day.



Photo by Bob Wroblewski

Ron and Elaine Lukowski work together as a team on the R/C field.

To get to the field, take S.W. 94th Street all the way to the field. Signs will be posted. Ample parking will be available for cars and golf carts. Allen Kauff-

man and his parking crew will be on hand to assist you.
See you at the field!



Stamp Club David Groves

Tired of using Liberty Bell stamps on your outgoing personal mail? If so, opportunities for variety are on hand!

By the time you read this, the United States Postal Service (USPS) will have issued a Lunar New Year stamp, featuring

an attractive display of narcissus flowers; a stamp to commemorate the holding of the Vancouver 2010 Olympic Winter Games; a souvenir sheet featuring reproductions of paintings by ten famous "abstract expressionists" and a block of four stamps, honoring four distinguished U.S. Navy "sailors who served with distinction during the 20th century."

Then, on March 10, the USPS will issue a stamp that I and all other US Army veterans of World War II will enjoy. It's a 44-cent stamp honoring one of America's most famous cartoonists, Bill Mauldin, whose characters in "Stars & Stripes" - infantry enlisted men, Willie and Joe - gave me and other soldiers something to laugh about.

Regarding the Postal Service, the president of our General Francis Marion Stamp Club, John Renyhart, recently met with local Postmaster, William Carter, who expressed willingness to speak at a future meeting of our stamp club and gave our club permission to have posters in post offices throughout Ocala.

We also made plans for supplying several Girl Scout troops with stamps from



Lunar New Year stamp.

different nations and members, Joe Rosinski, Gary Hague, Tom Weixlmann, Baxter Stinson and John Renyhart are busy preparing displays of popular and historic stamps from many countries to be on display at the Ocala Library from Feb. 28 until the end of March.

In January, our members enjoyed an interesting talk by Joe Rosinski on "200 years of the Australian Postal System." I gave a talk on "Religion on Stamps" in February. Exciting stamp auctions - not much money but lots of fun - were held in January and February.

Our stamp club meetings are held on the first and third Wednesdays of the month at 1 p.m. in the second floor conference room of the Park Avenue Bank on the corner of SW State Road 200 and SW 90th Street.



Bill Mauldin stamp.

During January, we had six guests, two of whom became club members. Annual dues are only \$6! Visitors are always welcome, including non-collectors who would like to have information on the best way to dispose of an inherited stamp collection.

Our club also has a supply of free "Guide to Stamp Collecting" kits, which include a booklet, and a packet of stamps that could give you, or some other member of your family, an introduction to a hobby that can be enjoyed from childhood onward. If you would like this free kit, please call Joe Rosinski at 237-7366 or e-mail him at jrcr8850@embarqmail.com.

For information about our club, please call Roy Schwartz at 237-1204 or e-mail him at roy678@webtv.net.

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German American Club Inge Gaitch

What is Germany's biggest bash? Most would say Oktoberfest in Munich but, in fact, it is the festival known as Fasching (aka Karneval, Fastnacht or Fasnet), which is traced back to the pagan Roman festivals. Beginning in early November, celebrations start on a low key until they climax into "crazy days" before Lent starts on Ash Wednesday.

During Fasching, there are street parties, pub parties, costume balls and parades. Participants at the balls and in the parades dress as Vikings, Attila the Hun, Harlequins, witches or fruit just to name a few of the costumes. For this year's Fasching, our members enjoyed a potluck supper during the club meeting in February.

Ruth Goldstine, a volunteer for Hospice of Marion County, attended the meeting in February and told us about the generosity of the residents and organizations of On Top of the World Communities to Legacy House which has received \$120,000 in donations over the past six years.

For pre-planning purposes, the club's annual picnic will be held on Tuesday, May 11. Further details will be published in the April column.

The next club meeting will take place at the Arbor Club on March 9 at 6:30 p.m.

American Jewish Club Norma Seidman

The next general meeting of the American Jewish Club will be held at the Arbor Club on Sunday, March 21 at 2 p.m. Pat Gabriel of the SR200 Coalition will be our guest speaker, bringing us up to date on the happenings in our area. As usual, coffee, soda and goodies will be available to appease our individual sweet tooth.

At this meeting, nominations for the 2010-11 board will be accepted. Please realize that if you want AJC to continue with new ideas and a fresh outlook, a board with fresh faces should be in place. We ask that all members of the American Jewish Club step up and do their share to enable this great club to continue servicing the Jewish population of On Top of the World. Please call Norma Seidman, 304-8547 or Myra Post, 861-9223 with your nominations.

Election of officers will be held at the general meeting on April 18. We will be honored at that time to hear from Ana Puterznit speaking about her personal experience as a Holocaust survivor.

On May 16, we will have the installation of officers for the new club season, as well as our famous potluck luncheon. Renee and Jeannie will beautifully manage the lunch, as in the past.

The Lunch Bunch has scheduled March 25 at Stone Creek Grille. Please call Ruth Barnash at 237-9551 if you wish to be included.

The April 15 trip to St. Augustine is still open. The cost is \$47 per person, with a prepaid deposit of \$10. This trip is open to family and friends of AJC members at the same cost.

May 20 is the date reserved for lunch at Mission Inn. Please join us!

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Photo by Barbara Toeppen-Sprigg

Ladybirds and their flyers celebrate Valentine's Day.



R/C Ladybirds
Barbara
Toeppen-Sprigg

The Ladybirds had both a reflective and a celebratory February. The February meeting featured a talk by Ruth Goldstine about Hospice of Marion County, and the importance of hospice care as an end-of-life choice.

The talk will be followed in March with a tour of our local Legacy House, one of four residences available through the non-profit organization. Although most hospice patients decide to remain in their homes for care, the residences provide an option for those whose needs for care are greater than family, supplemented by hospice home care, can provide.

Later in the month, many Ladybirds chose to support the "Hoofin' It for Hospice" walk.

The day following the meeting, Ladybirds and their flyers celebrated Valentine's Day with a delicious potluck dinner and a festive atmosphere. This annual event was attended by 56 members and guests.

Later in the week, the monthly luncheon was held at Bentley's in Dunnellon. Members enjoyed a variety of lunch options.

Our featured member this month, Aline LeBlanc, is a person who was able to take her early life choices and turn them into a career. She was born in Pawtucket, R.I., number nine in a family of 10 children. She met her husband Lester at a dance, and they married in 1963.

Their early married life was spent primarily in Rhode Island, as Lester attended graduate school, followed by a short move to Silver Spring, Md.

They returned to Rhode Island with

their first two children, Robert and Anne, for Lester's employment at Raytheon Submarine Signal Division, where their third child Paula was born.

As a stay-at-home mom, Aline focused her efforts enjoying and guiding the three children successfully from grade school through college. All children married and produced eight loving grandchildren. In between, she traveled with her husband on many business trips to London, Scotland, Mexico and Ecuador.

Aline enjoyed working with her own children so much that she obtained employment in daycare and after school programs in Rhode Island, where she was able to use her skills as a mother.

In 1990, Aline and Lester moved to Boca Raton, Fla., for his new teaching job at Florida Atlantic University. Here Aline became the Director of After-School Programs at the Summit Montessori School and worked until retiring and moving to Ocala in 2001. It was the lure of the R/C model airplane field, and the activities at On Top of the World Communities that brought them here.

Aline is involved in 100 Grandparents, and many other volunteer activities such as Divine Providence, Share and assisting the R/C Flyers at events. In her leisure time, Aline can be found at the pool with her friends.



Irish American Club
Bob O'Neal

Happy St. Patrick's Day or, if you prefer, Beannach Taina Feile Padraig (pronounced: Ban-ochth-thee Na fay-leh Paw-drig). If you are coming to the club's St. Patrick dinner and celebration on March 11, try this out on someone and give them a sampling of your "vast" knowledge of the Irish language.

Tickets for this celebration were sold on the first and third. We usually sell out but if you want to check on availability, call me at 861-2861. As always, the evening is for everyone (not just the Irish).

If your parents, grandparents or even great-grandparents were born in Ireland, you are eligible to get an Irish passport but you must first become an Irish citizen. Fortunately, Americans can hold dual citizenship, as can Irish, so there's no conflict there. If one of your parent's

is Irish, the process is relatively easy. It becomes a bit more difficult for grandparents and great grandparents.

For my wife, Mary, whose parents were both born in Ireland, she needed their marriage certificate, a current official I.D., a copy of their death certificate, and a full long-form birth certificate of her parents. She also needed her own birth certificate, marriage certificate (for the change of name from Doherty to O'Neal) and at least three other notarized copies of identity.

All the requirement information and an application are available from any Irish Consulate and can be obtained by a written request. There are consulates in most major U.S. cities.

Did you know that John Travolta is half Irish? His mother, Helen Burke, was an Irish dance instructor in Englewood, N.J. where he grew up in an Irish neighborhood. The family is Burke and Murphy and they came from Kenmore in County Kerry.

I'd invite him to our dinner on the March 11 but can you imagine what a distraction that would be?

The sixth most popular Irish last name is Byrne and they can be found in great numbers in County Wicklow and in Dublin. Byrne, originally O'Byrne, comes from the Gaelic O'Broin meaning "descended from Bran," an 11th century King of Leinster. The O'Byrne's were chieftains of what is now County Kildare until the Norman invasion when they were driven from their lands and "migrated" into the mountains of County Wicklow.

May all the love and protection that St. Patrick can give be yours forever as long as you live.

Italian American Club
Jerome Cauda

A well-attended meeting was held on Feb. 2. All in attendance were well entertained by Dottie Berkowitz and company. Songs and skits were greatly received, hats off to our entertainment coordinator.

There will be a pizza party at the meeting on April 6, along with horse racing.

Sign-up is required by March 26. Please contact Mike DeBari 861-9484 or Henrietta Monaco 291-8743 for reservations. Plan on having a great time.

Anne, our entertainment coordinator, had a good program planned for the March 2 meeting. A group of dancers from On Top of the World performed; more information next month.

If you know of any club member who should receive a card, please contact our Sunshine Lady, Fran Kostmik 873-4104.

Yearly club dues are due by March 31 for 2010.

Our meetings take place in the Arbor Conference Center, Suites E and F.

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Photo by Lynne Callender Murray

White Ibis near a small pond in Brandon, Florida.



Birders' Beat
Jane Callender

The Unique Birders will meet Tuesday, March 16, at 1:30 p.m. in Suite H of the Arbor Conference Center. The schedule for 2010-2011 should be complete by



Orchid Club
Linda Rose

then. For further information, please call Roberta Campbell at 854-4814, or me, at 861-2983.

The White Ibis is bird of the month. The mature Ibis has black wing tips, reddish orange legs and bill. The downward curved bill is the only identification of a juvenile White Ibis. Its plumage is chocolate brown, with white under belly, tan legs and bill.

The Ibis' habitats are marshes, mud flats, lagoons and swampy forests. They nest in colonies, in stick nests high in tree branches over water.

White Ibis gather at dusk with long lines of birds streaming in from all directions. This makes a spectacular roosting sight!

Around their colonies, ibises eat crabs and crayfish, which devour quantities of fish eggs. By keeping down the numbers of crayfish, the birds help increase the fish population. In addition, their droppings fertilize the water, greatly increasing the growth of plankton, the basic food of all marsh life.

Our February meeting included several upcoming changes with our group meetings for the New Year; with many new ideas for 2010.

Our March meeting topic will be by Don Porterfield who graciously came forward to share his knowledge with us on one of his favorite orchids, the Phalaenopsis. Don is a member we inherited from the now defunct American Orchid Society of Ocala; many of you have seen some of his orchids as you drive by his house on your way to our meetings, at the Williamsburg entrance on S.W. 94 Street.

Our meeting on March 18 will be in Suite C of the Arbor Conference Center at 1:30 p.m. Please note the change in meeting rooms from B and C to Suite C. Hope to see you then!

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Native Plant Group
Ron Broman

You remember the game "Twenty Questions?" Bigger than breadbox? Animal, vegetable or mineral? We'll just call this one "ten clues."

Yes, I'm much bigger than a breadbox, taller and wider. Since this is a native plant article you know I'm not an animal, except that if you look very closely at the lower part of the trunk (bole), you'll see irregular rows of very small holes, evidence that some animal seems very interested. Can you guess what it might be?

The patchwork look of my bole is caused by how I grow. As I mature, plates of barks lough off leaving multicolored patches of younger inner bark. It's like a master painter used me for a canvas.

My upper trunk is sometimes as white as the northern birch in the poems of Robert Frost. My deciduous, maple-like leaves sometimes measure as much as 15 cm (almost six inches).

In the wild, you'll find my kind growing from Maine to northern Florida and from the Atlantic coast to a line from Nebraska to Texas.

Along the Mississippi and Ohio Rivers, my family is huge in number and size, sometimes up to 50 meters high and

13 meters around. Very few of these very large individuals, however, can be found today.

The only place I naturally occur in Florida is in the northern part, primarily along the low-lying edges of the Escambia, Choctawatchee and Apalachicola rivers.

Now for my final clue. I'm sometimes planted as ornamentals in yards; but I will say, it's not my favorite place and when I reach maturity I'm not as popular as when I was small.

My leaves drop in the fall and neighbors sometimes complain when they think they have to rake them up. If I am planted at all in our area, it's probably best where there's lots of room, like this on the edge of the golf course on the way to the Arbor Conference Center.

Okay, by now, you know my common name; but did you know my scientific name is *Platanus occidentalis*. I thought you did not. I am affectionately known as the American Sycamore.

Our February meeting was most interesting. We reviewed the PowerPoint presentation produced by Phillip Hisey, the On Top of the World Landscape Superintendent, on the subject of planting and pruning trees. We learned especially that it's important to plant the right tree in the right place. That's especially important in the case of huge trees like the Sycamore and the Live Oak.

There's not much of a problem when the trees are young, but when they mature all sorts of problems arise. Planting them in a private yard close to the house, or in an area under power lines is an example of where they should not be planted for obvious reasons.

Techniques for proper and improper pruning were also discussed. This is an example of the type of programs we have each month in our Native Plant Group.

We hope, if you have not joined us before, that you will attend our March 10 meeting at 1 p.m. in Suite H of the Arbor Conference Center. Not only do we have informative meetings but also you'll meet some great folks.

Remember, it's great to grow native!



Photo by Ron Broman



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- The Wisp of Windsor
- The Colonnade Colada
- The Providence Peach
- and more!

Fridays and Saturdays have extended hours, open until 8pm!



Photo by Janine Nettleton



Photo by Margaret Edmiston



Shutterbugs Photography Marilynn Cronin

On the first Tuesday in March, Gary Uhley will give a basic camera/photogra-

phy class. Tom Frostig continues to teach Photoshop Elements on the third Tuesday.

March's display at Master the Possibilities will be by Joan Gattozzi, April will be the ribbon winners from our annual exhibit and Ray Cech's photos will be displayed during May. The ribbon winners will also be in the lobby of Circle Square Cultural Center during Hands Across the Highway.

The display at the Freedom Library changes every month and consists of photos from various members.

Because the State Fair was changed to earlier in the month, February's field trip was changed to Paynes Prairie. Photos shown along with this column were taken at Dudley Farm at the end of January.

Tip: Blocked – Identifying and Remediating Shooter's Block

I don't know about you, but I go through phases in my affair with photography. Some weeks (or months), I'm surgically attached to my camera and others, I

can't be bothered to get it out from under the desk.

Don't worry - you haven't lost your passion! My first big time slump was depressing to say the least. I actually wanted to cry at my lack of motivation but I've discovered that I hadn't lost my passion; I was just in a rut and experiencing shooter's block.

Other than taking photos, my favorite thing to do is look at others' photography. Viewing photography and reading about the lives of the greats (try Diane Arbus or Henri Cartier-Bresson) can inspire you. Don't use and abuse - just bask in their works and soak a bit.

Are you part of a local photography club? Unbeknownst to you, there are probably tons in your area (most important, of course, is the ShutterBugs). Even when I don't have the motivation to take photos, I always have the ability to talk about photography with passion.

Sometimes when I don't have anything fresh to play with, I go back to my original RAW files and re-edit old photos. I'm

constantly learning so I find that even a few months later, re-editing my photos can make entirely new creations.

"Go somewhere you've never been before. The nearest city or park. Take public transportation. Take photos of strangers. Talk to strangers! Get inspired not just for taking photos of life, but also for living it."

This article was written by Elizabeth Halford, who is a professional photographer and mother of three. She owns a photo studio in Hampshire, England.

ShutterBugs, the On Top of the World Photography Club, stresses education, sharing and fun!

The ShutterBugs meet the first three Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. All residents, at all skill levels are welcome to join.

For more information about the ShutterBugs, visit our website at www.otowspc.com or contact Gary Uhley at 854-8536 or bugs@otowspc.com.



Back at The Ranch David Gibas

Move into March with a conviction to stay focused on your wellness goals for 2010! The main reason that people fall short of their best-intended goals is that they fail to create an organized action plan. The old saying "have a plan or plan to fail" describes this perfectly.

It's probably fair to say that we all want to improve and/or maintain good health,

but what steps do we put in place to make this happen?

Let's examine weight loss as a wellness goal. We have several members taking part in The Ranch's "Who Shed That?!" weight loss program, and it is no surprise to me that the leaders have attended all the weekly support group meetings, filled out weekly food logs and have made a commitment to exercise regularly (some now working with a personal trainer).

These actions reflect a commitment to a specific plan. The same process can be applied to any health and wellness goal. The Ranch strives to bring you programs, services and events to help you stay committed and focused!

March fitness events:

GOLF CONDITIONING WORKSHOP: Saturday, March 6, 10 a.m. to 1 p.m. This workshop is designed to help you improve your golf game through sport specific training. We will address strength, posture, flexibility and balance all specific to your golf game. This workshop will be led by a personal trainer; space is limited to 10 participants. Sign up at the front desk of The Ranch. Fee: \$50/member, \$65/guest of members.

FITNESS FASHION SHOW: Friday,

March 12, 5:30 p.m. Look and feel your best in these fabulous fitness fashions that you won't find anywhere here in Ocala! This specialty line is brought to you by Vu-maware, a leading distributor of

cutting edge fitness fashions. This event is open to the public!

HOW NOT TO FALL: Tuesday, March 23, 9:30 a.m. at Master the Possibilities. Join Cammy Dennis for a discussion on fall prevention.



Photo by Ray Cech

Drum C.O.R.E. class at The Ranch Fitness Center & Spa.

Fitness With a Beat

By RAY CECH
WORLD NEWS WRITER

The Ranch was a-rockin' when Dunia Corral, and Cammy Dennis, led an exercise class through a whole new and exciting routine. Using large and colorful workout balls and a pair of drumsticks, more than 30 enthusiastic fitness buffs followed the musical rhythm and danced in place while beating on their "drum."

Dunia Corral, a Ranch and Health & Recreation fitness instructor, originally from Cuba, brings to her students an exciting and vibrant approach to staying fit. She uses musical rhythms to get people moving, and if you've ever listened to a rumba, salsa or maybe a meringue, you know you just gotta get moving.

"Drum C.O.R.E." is a unique fitness program that combines drumming and moving/dancing to a strong musical beat.

Fitness Director, Cammy Dennis introduced this high energy class to The Ranch Fitness Center and now has many instructors inspired to join in leading "the band." Currently, this is offered as a special class, but from the enthusiastic response, not to mention all the sweat, there will be many more to come.

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Pennsylvania Club
Pat Utiss

As I prepared to write this column, I looked over my last column. I cannot believe I was talking about chilly weather then and it is still chilly. Of course, as I write this in mid-February, our friends and family in Pennsylvania have gotten hit by a huge snowstorm and are probably going to be getting more today and over the weekend. Chilly or not, we are still lucky to be in Florida.

The "how we met game" was something different. Stories were read about

how 10 different people met their spouses and then members guessed whom the people were who wrote the stories. Eileen Utiss was the winner. She guessed 7 out of 10 stories correctly.

We had another quiz concerning Do Wop songs of the 50s. I had taken so much flak about my hard quiz at the Christmas party that I thought this was a really easy one. It wasn't as easy as I thought for some of our members. However, thankfully, Eileen Kreps agreed with me. She got 24 out of 25 questions correct. Several other members got 20 and over questions correct.

All prizes were Russell Stover Valentine candy. Since the club does not always give out timely candy, members were surprised to get Valentine candy in February.

Our next meeting will be on March 10 in the Arbor Conference Center at 3 p.m. This will be our Spring Carnival. We have done many different things in the past under the term Spring Carnival. This time, it will be different again. For those of you who do not like active games, I promise it will not be active games. For those of you who do not like quizzes, I promise it won't be a quiz. You will just have to come and see.

A reminder, we will not be going to Jai Alai in April. We will have a regular meeting on April 14. The program for this meeting will be a surprise.



New York/ New Jersey
Bunny Barba

Our January meeting was a great success. Danny Collora set out not only iced tea and coffee but also a huge Happy New Year cake. Everyone enjoyed the cake and many came back for seconds. A selection of goodies for those who preferred sugar free was also on the refreshment table.

Our guest lecturer, Joe Pine of the Crime Prevention Unit, discussed identity theft prevention and security topics that gave all those attending something to think about and hopefully they followed through with his suggestions and recommendations. Many members had questions, which were thoroughly discussed.

Details about our trip to Tampa Bay Downs will be reported in next month's issue.

At our next meeting on Tuesday, March 16, at 3 p.m., we will have our annual covered dish dinner after the business portion of the meeting. The matters to be discussed are very important to the future of the club.

The fee is \$3 per person for the dinner and will be collected at the door. The club will provide coffee, iced tea and barbecued chicken. All club members attending must bring a dish to share. Please contact Liz Ettl at 237-4721 if you have not signed up and would like to attend. If you have houseguests, we welcome them; the fee is the same for a guest. Each person attending is asked to bring an appetizer, vegetable, salad or dessert.

If you have any questions, please call me at 873-8009 or e-mail me at Thebunster29@aol.com.



Southern Club
Charlotte Hancock

The Southern Club members were happy and friendly chatting with one another at our meeting on Feb. 4. Vice President, Earl Hancock, gave the blessing and then led us in the Pledge of Allegiance.

Everyone was eager to sample the buffet table, which had many salads, casseroles, deviled eggs and our famous collard greens. The desserts were also wonderful.

Edith Owens and Mary Carol Geck did a fine job of decorating our tables in the theme of Valentine's Day (red and white napkins and red flowers). The candy was an extra treat.

Our entertainment for the night was pianist, Nick Lapetina. He played some oldies such as "Smoke Gets in Your Eyes."

Our meeting on March 4 will be at in the Health & Recreation Building at 5:30 p.m. and will feature corned beef and cabbage. Each member is asked to bring a dish that will complement the corned beef and cabbage.

I hope everyone purchased their ticket from Rene Beck prior to March 1.



New England Club
Peg Corkum

Even though there were several special days in February, i.e. Presidents' Day, Mardi Gras and Chinese New Year, our theme was Valentine's Day, a day for sweets and sweethearts. We may be seniors but we are "romantic" seniors.

Thus, the entertainment on Feb. 12 was playing the "Not So Newlywed" game. Based on a popular TV show of yesterday, yours truly was the emcee, asking questions of several couples that really brought back memories. They also brought laughs from the audience!

Refreshments were a selection of sandwiches, salads, desserts and coffee.

Planned lunch for our March 12 meeting is pizza, salad, dessert and coffee.

Are you an On Top of the World resident from New England? Membership for the balance of our club year is only \$5 per person.

We meet at the Arbor Conference Center, Suites E, F and G at 2 p.m.



Bloodmobile
Sara Sommer

Thank you, thank you, thank you. Yes, this is a thank you column.

First, thank you to Don Pixley for his faithful service as site coordinator for the Florida Blood Care Center of Marion County. He has decided to "retire" and he asked if I would take over the reins. I

thank him for the honor.

Second, thank you to all the On Top of the World residents who gave so willingly on the Feb. 1 drive: Sherman Axinn, Jane Bauer, Catherine Bennett, Kenneth Bohn, George Borgia, Jean Braswell, Kay Breyfogle, George Brown, Delores Buchan, Kay Chandler, Margitta Claterbos, Nancy Dreimiller, Art Dushary, Kathleen Dushary, Deanne Green, Gilbert Green, Norman Hebert, John Hegarty, John Johnson, Carole Kehoe, James Kerwick, Melvin Klosterman, Stephen Kupsch, Edward Lalonde, Nancy Ludvik, Audrey Mangan, Thomas Mc Haffie, Lorraine Mc Sweeney, Joan Rappa, Arlene Rigg, Patricia Russell, Ervin Schamal, Hedy Schamal, Thomas Seitz, Harold Stanley, John Strauss, Sylvia Willoughby and Carl Zeiler. These are 38 wonderful people.

You may notice that my name was not listed. Because of upcoming surgery, I was unable to give.

Our next blood drive is April 5 from 7:30 a.m. to 2:30 p.m. The Big Red Bus is always here on the first Monday of the even months. We hope to see you there. I know I will be there!

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All merchandise will be available for sale on site.

Light refreshments will be served.

This event is open to the public.

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Opera
Bernie Kelly

On Feb. 4, the Opera Appreciation Class met to see the very underappreciated, The Masked Ball. We heard Luciano Pavarotti sing the lead, Gustavo king of Sweden. It was our good fortune to be able to see it on the 37-inch flat screen set Hank and Margitta Claterbos donated to On Top of the World.

On March 4, the class is going to see Rossini's Barber of Seville which was first seen in 1815 two years after the birth of Verdi.

The production we will see is a film of a performance in Stuttgart in 1972. However, with modern technology, especially DVDs, everything looks and sounds as though it had just been recorded.

In this production, we have a very strong cast with Teresa Berganza as Rossina and Luigi Alva as her suitor, Count Almaviva. Herman Prey, a baritone sings the title role of Figaro.

The way that Jean-Pierre Ponnelle designed and staged the whole production it is hard to tell which, if any, of the three is the main role in the story. The Barber or Seville cannot succeed without a solid performance by the basso who sings Bartolo who is a rich old man trying to marry his ward, Rossina. He has to be played so that he is comical but also sympathetic at the same time. Enzo Dara was a singer/actor who was able to do this with ease.

The Barber of Seville is probably the best loved Italian comic opera in the repertory. Cesare Sterbini was the librettist and he based the story on two plays of Beaumarchais, Le Barbier de Seville and Le Mariage de Figaro. It had its premiere on Feb. 20, 1815, and made it to New York in 1819.

The fact was that Paisiello's opera had been very successful and was still being performed regularly at the time of the premiere of Rossini's opera. There was an organized group of patrons who created such a ruckus that the second act was almost drowned out. To make matters worse the singers didn't have a good night either.

The second night, however, was completely different. The singers were on their game and there was no organized demonstration. The opera was received very warmly and became more and more a standard of the repertories of most opera companies.

Gioacchino Rossini was born on Feb. 29, 1792, in Pesaro, Italy, and died at the age of 76 in Possey, France, in 1868. Rossini wrote four operas, which had little or no success before composing La Pietra del Paragme in 1812 at the age of 20. This opera was performed 50 times in its first season at La Scala, Tancredi and L'Italiana in Algeri were staged in 1813 in Venice to even greater acclaim. This left Rossini at the age of 21 years of age as the greatest star in the Italian musical world.

The Barber of Seville was composed in late 1815 and premiered in February 1816. It had a rocky opening, but today the Barber and at least five other Rossini operas are part of the standard repertory.

Rossini composed 38 operas and at the age of 37 went into retirement never to write another opera in the remaining 39 years of his life. We do not know for sure why this happened but he lived contentedly with his second wife in a posh apartment in Paris and a summer villa in Possey where he died in 1868.

We are going to see the Barber of Seville on March 4 at 1 p.m. in Suites B and C in the Arbor Conference Center. See you all there.



Photo by Anne Merrick

Altos at weekly practice.



Concert Chorus
Anne Merrick

On April 10 at 3 p.m., we will present our spring concert for your enjoyment.

As usual, this will be held in the Health & Recreation Ballroom.

The program is composed of love songs, patriotic freedom songs plus some others; all songs you know but which are arranged differently for soprano, alto, tenor and bass to sing in harmony.

We are challenged once again and are practicing hard, not only at our regular sessions on Thursdays but as individual sections in our own homes.

You are always very generous with your donations and we will be collecting once again for a worthy cause which is yet to be determined. We will let you know which in the April newspaper.

Mark your calendars and we'll see you on April 10.

We always need more members who can follow their line of music in four-part harmony and love to sing. Remember, singing is good for your health.

For more information, call Anne at 732-0706.



Karaoke Friends
Vivian Brown

Neither rain nor freezing weather can keep our friends from missing our regular singing gatherings. A few new faces, Sandy, Ann and Marie, joined us.

Marie has come many times and never sang, but this time, she got right up there and really belted it out. She also sang a duet with Donnie; it was great. I think we have awakened a singing monster!

Sandy started coming to karaoke about a month or so ago, because she was

going on a cruise. On the cruise, they have karaoke and award prizes to the winners; she wanted to be a winner. When she got back, she told us, she didn't win but she got hooked on karaoke; like we all do, and now comes regularly.

Ann who is also in the On Top of the World Concert Chorus, loves to sing and now comes as often as she can.

Rita is a regular. She does not sing, but I keep hoping she will catch karaoke fever like the rest of us!

Kathy and Charlie were in good voice; Bob and Norma sang a duet; and Donnie sang his Nashville songs. Shirley hasn't yodeled lately; I don't understand why! As for me, give me something happy, snappy that makes you want to dance and always wanting more. Rose, we are looking forward to seeing you soon!

Singing is good for your health. You can sing at any age and remember where there is music, there is happiness and love.

Come join us the first and third Mondays of the month at the Arbor Conference Center, Suites E and F from 6:30 to 9:30 p.m. No dues or fees.

If any club or organization would like us to entertain them, please call me at 291-0246. There is never a charge and every show we do is different.

Until next time, keep on singing and God bless.



Theatre Group
Marilyn Bettinger

Auditions were held on Feb. 10 for our

spring production of "Broadway in the Ballroom." We had a huge turnout of interested participants.

As I sat watching each person appear at the piano and do their thing, it occurred to me that this must be what it's like to be on the other side of the table at "American Idol." The age is different but we sure do have a lot of exceptional talent.

You can be the judge by coming to the "cabaret-style" show April 16 or 17. We guarantee you will think you are in a cabaret room.

All seats are reserved and will be going on sale March 14, so plan to get your tickets early.

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Schedule of Events
Tuesday, March 23rd - Charity Pro Am Golf Event Benefitting Hospice of Marion County, Inc. 9:30 a.m. Shotgun Start, Scramble Format 1 Professional & 3 Amateurs

Ocala Open Professional Tournament
Wednesday, March 24th - First Round
Thursday, March 25th - Second Round
Friday, March 26th - Third Round
Saturday, March 27th - Final Round

First Aid First Aid tent is located between Candler Hills Community Center and the driving range.

Food Candler Hills Restaurant, Yalaha Delights Deli and Mr. B's Ice Cream Shop will be open.

REMEMBER: NO CELL PHONES



Citizens Emergency Response Team Patricia A. Woodbury

At the February meeting team leader, Pat Woodbury introduced the leadership team: Rob and Mary Lou Caruana, program coordinators; Gary Rodoff, drill coordinator; Caroline Scott, treasurer; John Wiley, communications coordinator; Ron Broman, supply coordinator; and Norm Scott, CPR instructor. A secretary posi-

tion still needs to be filled.

Rob Caruana, retired psychotherapist, presented a discussion on first aid psychology. He said that, in a disaster, physical first aid is what the emergency first responder does. Psychological first aid is what the victim has to work on with assistance from the emergency responder. A critical incident challenges a person's ability to cope and our goal, as first responders, is to help reduce the initial emotional trauma so the person can deal with it.

Rob gave us three actions the first responder must take in a critical situation:

1. Make contact with victim, introduce ourselves;
2. Provide for safety and comfort (provide water or a blanket);
3. Stabilize the victim — calm them emotionally, especially the distraught individual.

The March meeting of the team will be a drill where the members will locate specific addresses in the community such as administrative and recreational facilities. Persons interested in learning more about CERT should plan to attend one of the monthly meetings or contact me at 854-8718.

(304-8675) for details.

On April 22, we'll be taking our annual boat ride on the Rainbow River. If you want to spend a few delightful hours cruising the river, call Diane (854-8152) to sign-up.

The current meeting year is swiftly coming to a close and with it will come elections of officers. The entire board is completing its second year in office and an entire new board must be elected. If you are interested in serving your club, let a current officer know.

The nominating committee will be meeting before the April 8 meeting and nominations from the floor will be accepted at that time.

Come join us for our March 11 meeting in Suites G and H of the Arbor Conference Center at 2 p.m.



Favorite Recipes Dinner Club Luke Mullen

January was the kick off for another year of fine food and fun entertainment! On Saturday, Jan. 16, 22 diners attended three dinners at member's homes.

Kathy and Luke Mullen hosted the first dinner. Kathy and Ray Lang began the evening with two hors d'oeuvres. The first was posh piggies, which consisted of Italian sweet sausage cut into one half inch slices and topped with circles of puff pastry and sprinkled with sesame seeds and baked. These were served with a mustard, mayonnaise and apricot jam dipping sauce. The second was a cheese board of a selection of Irish, Vermont sharp and blue cheese.

The appetizers were then followed by a salad made by Ann and Conrad Massa. They prepared a salad of mixed greens and tomatoes with cranberries and walnuts. The dressing was a combination of balsamic vinegar, mustard, honey, olive oil and seasonings.

Kathy and Luke then served the entrée; pork schnitzel served with sliced lemons. Accompanying dishes were potatoes au gratin and asparagus served with fresh ground Parmesan cheese.

Debbie and Dan Partin served two dif-

ferent desserts. One was tart/lemon bars and the other a peach trifle layered with angel food cake, whipped cream, peaches and French vanilla pudding.

Our second dinner hosts were Tish and Don Dertien. Jean and Joe Breslin brought hors d'oeuvres of a smoked salmon spread with an assortment of crackers and baked mushrooms stuffed with sausage and cranberries.

After appetizers, Barbara and John Young served a tossed green salad with feta cheese, dried fruits and walnuts.

Tish and Don then served the entrée, which was Chicken a la Maria. The chicken breasts were baked with Italian seasoned dry bread crumbs, Parmesan cheese, sliced green onions, frozen spinach, boiled ham slices, milk, butter and flour. Accompanying the entrée was French's green bean casserole. This vegetable included green beans, mushroom soup, milk, black pepper and was topped with dry French fried onions. The second side dish was rice.

After the main meal, Joan Sigafoos and Richard Miles served the dessert. They had prepared a French apple crumb pie. It was served with caramel ice cream and sharp cheddar cheese.

Hosting our third dinner were Edie and Fritz de Holl. They started their evening off with appetizers prepared by Cherry and Fred Jones. They had prepared grape/cheese balls, beet slice/cheese "sandwiches" and cucumber slices topped with cantaloupe with blackberry "caviar."

After hors d'oeuvres Edie and Fritz served a traditional meat lasagna with spinach. This was accompanied by a garden salad and asparagus a La Parmigiano, which was asparagus topped with Parmesan cheese and baked in butter.

Mary and Bob O'Neal served their dessert. It was a delicious homemade peach/apple pie.

Those in attendance enjoyed all three dinners.

Our club is currently looking for new couple members. If interested, call Luke at 304-8104 for more information.

Mac / PC Tip of the Month Sherry Surdam

This month I thought I'd list a few keyboard shortcuts you might find helpful. On a Mac, you would use the Command key, on a PC use the Control (Ctrl) key.

To select all of the text in a document, use Command or Control + A.

To copy text from one place to another (either in the same document or to a different one), select the text you want to copy and use Command or Control + C.

To paste the text you just copied, no matter if it's the same document or a different one, use Command or Control + V. Just these few shortcuts will save you many minutes of scrambling for the mouse when you want to do something.

There are also keyboard shortcuts listed using other modifier keys. If you want to know more keyboard shortcuts there are many listed for Windows at this link: <http://support.microsoft.com/kb/126449>. Though Windows 7 isn't listed as one of the operating systems to which the shortcuts apply, those I've tried do work for Windows 7.

If you are using a Mac, you will find the shortcuts at: <http://support.apple.com/kb/HT1343>.

In both cases, there are hundreds! There is also some additional interesting information regarding shortcuts at both sites. The Mac site lists keyboard shortcuts for specific program software as well as the default modifier keys.

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view newsletter, MM19228, HS6841



Community Patrol

Patricia A. Woodbury

The Patrol's January meeting was focused on safety issues. Gary Rodoff, co-president provided information from the Sheriff's office regarding the United States 2010 Census process. The concerning question is how to tell the difference between a U.S. Census worker and a con artist.

- Census workers may contact you by telephone, mail or in person at your home.
- They will have a badge, a handheld device, a Census Bureau bag and a confidential notice.
- Ask to see their identification



Computer Club

Sherry Surdam

In February, Donna Currie visited us to talk about computing help for the vision impaired. I'll report on her visit next month. The rest of our sessions consisted of a demonstration from Don Sommer on the new Kindle Reader from Amazon (it is amazing) and question and answer sessions.

At the moment, there are no outside speakers scheduled for March but don't let that stop you from attending! If you need help with something, ask a question. You will be sure to get answers -many answers! Our Q&A meetings are frequently quite lively as everyone has his or her own opinion about what way is best to do something, but I, for one, never leave without some new little tidbit I can put to good use!

As always, be sure to watch the web-

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and their badge before answering questions.

- They can ask for names, ages, gender and race. You only have to verify your address and how many people reside at your address.
- Do not give your social security number, credit card number or banking information. You do not have to answer anything at all about your financial situation.
- Never invite anyone into your home you do not know.

If a resident sees something that could be suspicious, they should call the Sheriff's office to report it. Do not wait until you see the Community Patrol car to report an incident. Residents are encouraged to contact the Sheriff's office at 732-9111 if they see an abandoned car, a prowler or anything that appears suspicious. The Sheriff's office is very accepting of these phone calls. The sooner information is reported the sooner action can be taken.

The next fundraiser for the Sheriff's Office Foundation is the annual car show on March 27, 9 a.m. to 3 p.m. at the Sheriff's Main Operations Center at 692 N.W. 30 Avenue. There is free admission to the public. Car registration is \$15 by March 19 and \$20 thereafter. For information, call Gary Rodoff at 291-7508.

The On Top of the World Community Patrol meets this month on Monday, March 22 at 3 p.m. at the Arbor Conference Center.

site at <http://www.cccocala.org/> for information on upcoming programs and/or other changes to the schedule. You'll find lots of tips and helpful information on our website as well. Our webmaster, Don Sommer, is always adding to it so visit often or you might miss out on something!

Club meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesdays, Thursdays and Saturdays.

If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and users that are more experienced! And for those of you who use a Mac, we have several members who use a Mac so it might be worthwhile for you to join us as well. Admittedly, the focus is on PCs but we can answer questions relating to Mac too.

Until next time ... happy computing!



Genealogical Society

Elizabeth Kyle

This month, I decided to look for people and products that provide for Macintosh fans. This was primarily a selfish endeavor; however, there must be some Apple users out there who are also interested in genealogy. Being rather hardheaded, I didn't want to condescend to having a Microsoft operating system installed on my Mac. Not to mention the additional cost.

The first thing I did was subscribe to "Eastman's Genealogical Newsletter" at www.eogn.com. Besides being a treasure trove of genealogical information, this newsletter does not leave Mac users out in the cold.

During the short time I have been a subscriber, there have been two references to genealogical programs for Mac users. One is free, and one is about \$50. I downloaded the free one called, "Personal Ancestry Writer II, Version 91," from www.lanopalera.net and purchased "Mac Family Tree" from www.synium.de, a German company.

Both are interesting, the Synium product seems to have all sorts of technological bells and whistles, which I have not had time to explore. I look forward to a month of trying out both programs, and reporting back what I found.

Our business meeting is held on the second Monday at 10 a.m. in room 3 of the Crafts Building. Helen Grollmuzz opens the library early to give members a chance to borrow and return materials. Having a month to use something is a real benefit for researchers.

Educational meetings on topics requested by members are held on the third Monday at 10 a.m. in Suite B and C of the Arbor Conference Center.



Lions Club

Dianne Lovely

On Jan. 16, the Lions had a table at the Health & Wellness Expo to do diabetes screenings; we screened

about 70 individuals. We were also invited to have a table at the Stone Creek Community Center Health Fair. We had a great response to our Emergency Light Switches at the Expo. If you would like to have a light switch installed, call John Johnson at 854-8629.

The On Top of the World Lions Club is collecting non-perishable food items, diapers, water and medical supplies for the Haiti earthquake victims. If you would like to donate funds, please make your check payable to LCIF (Lions Clubs International Foundation) and bring it to Lion Estelle Clark's home at 9335-E SW 85th Terrace in Friendship Colony.

Donations are most appreciated; 100% of the funds donated will go to helping the earthquake victims.

Become a Lion today; call membership chairman, Marty Schley, at 307-1286.

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Card Clubs & Games



Monday Afternoon Bridge

Joe Zwick

Jan. 18
1: Esther Lang & Jayne Kaske; 2: Ida Rosendahl & Carol Thompson; 3: Pat Goltart & Kay Wood.

Jan. 25
1: Esther Lang & Jayne Kaske; 2: Shirley Stolly & Pat Holmes; 3: Ida Rosendahl & Carol Thompson.

Feb. 1
1: Carol Rosenberger & Marjorie Benton; 2: Eleanor Giardino & Joan Lord; 3: Kay Boland & Marge Starrett.

Feb. 8
1: Shirley Stolly & Pat Holmes; 2: Esther Lang & Jayne Kaske.

Monday Night Bridge

Art & Kathy Dushary

Jan. 4
1: Paul Agarwal; 2: Keith Briggs; 3: Mary Edmunds; 4: Dick Mansfield; 5: Jim Mahoney.

Jan. 11
1: Art Dushary; 2: Keith Briggs & Shirley Stolly; 4: Fran Griswold; 5: Walter Hickenlooper.

Jan. 18
1: Fran Griswold; 2: Art Dushary; 3: Luke Mullen; 4: Walter Hickenlooper; 5: Phil Devito.

Jan. 25
1: Art Dushary; 2: Gail Tirpak; 3: Marion Turbin; 4: Joan Sigafoos; 5: Shirley Stolly.

Tuesday Afternoon Bridge

Agnes LaSala

Jan. 5
1: Betty Morris & Shirley Stolly; 2: Agnes LaSala & Carl Woodbury; 3: Florence & Norbert Heckler.

Jan. 12
1: Kay Wood & Elsie Helwig; 2: Carl Woodbury & Agnes Weber; 3: Ray Dietz & Mazie Millward.

Jan. 19
1: Joe Zwick & Bernie Kelly; 2: Agnes LaSala & Carl Woodbury; 3: Mary Rose Janssen & Bob Buchan.

Jan. 26
1: Shirley Stolly & Betty Morris; 2: Norbert & Florence Heckler; 3: Ray Dietz & Mazie Millward.

Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 861-5700.

Jan. 5
1: Harry and Ruth Tindall; 2: Mary Carol Geck and Doris Keathley; 3: Bruce and Marjorie Benton.

Jan. 12
1: Bill and Ida Carlson; 2: Bill Raines and John Bucci; 3: Harry and Ruth Tindall; 4: Ernie and Joan Lord.

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Jan. 19
1: Ida Rosendahl and Mary Carol Geck; 2: Bill Raines and John Bucci; 3: Bill and Ida Carlson; 4: Art and Kathy Dushary.

Jan. 26
1: Bill Raines and John Bucci; 2/3 (tie): Harry and Ruth Tindall & Art and Kathy Dushary; 4: Bruce and Marjorie Benton; 5: Mary Carol Geck and Doris Keathley.

Wednesday Afternoon Bridge

Fran Griswold

January was an interesting month. We had guests and lots of cookies from the "cookie man," Keith Briggs. Carol Johnson brought her long time friend, Mary, who was a winner. We were pleased to have Paula Bevel's sister Sylvia come from Houston and she also was a winner. We are sorry Paula will not be here for the winter but we look forward to her return.

So many in our group donate generously to the Domestic Violence Center. One of our ladies no longer plays with us but still sends donations.

Jan. 13
1: May Holtz 5080; 2: Eleanor Giardina; 3: Cookie Man; 4: Gloria Richards & Mary Edwards; Consolation - Bonnie Heinlein.

Jan. 20
1: Ida Rosendahl 4770; 2: Sylvia (Paula's sister); 3: Shirley Stolly; 4: Fran Griswold; 5: Bonnie Heinlein; Consolation - Ann Mahoney.

Jan. 27
1: Paula Bevel 5450; 2: Marlene Floeckher; 3: Ida Rosendahl; 4: "Cookie Man"; 5: Esther Lang; Consolation - Donnell Briggs.

Feb. 3
1: Serene Rossi & Mary Culberson 5160; 2: Evelyn Martin; 3: "Cookie Man"; Consolation - Shirley Stolly.

Feb. 10
1: Shirlee Wolcott 4240; 2: Kay Boland; 3: Alice McDaniel; 4: Mary Culberson; Consolation - Fran Griswold.

Wednesday Night Duplicate

Doris Keathley

Jan. 13
1: Bill Raines & John Bucci; 2: Ida Rosendahl & Doris Keathley; 3: Bill & Edith Hunter.

Jan. 20
1: Mary Carol Geck & Caryl Rosenberger; 2: Dick Mansfield & Ida Rosendahl; 3: Marjorie Benton & Joan Lord; 4: Bill Raines & John Bucci.

Jan. 27
1/2 (tie): Joan Lord & Marjorie Benton and Bill Raines & John Bucci; 3: Harry & Ruth Tindall.

Feb. 3
1: Mary Carol Geck & Caryl Rosenberger; 2: Nancy Dreimiller & Rose O'Rourke; 3: Ida Rosendahl & Doris Keathley; 4: Marjorie Benton & Joan Lord.

Thursday Afternoon Bridge

Marge Starrett & Phyllis Silverman

Jan. 14
1: Betty Legg; 2: Marge Starrett; 3: Nancy Clarkson; 4: Joanne Jones.

Jan. 21
1: Marge Starrett; 2 (tie): Mary Rose Janssen & Marion Turbin.

Jan. 28
1: Florence Heckler; 2: Gloria Richardson; 3 (tie): Mary Rose Janssen & Helen Eshbach.

Feb. 4
1: Alice McDaniel; 2: Mazie Millward; 3: Faye Rumens; 4: Marge Starrett.

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Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

Jan. 14
1: Ida Rosendahl; 2: Jan Smith; 3: Carl Woodbury; 4: Jan Moon; Cons: Jim Mahoney.

Jan. 21
1: Ron McNeilly; 2: Dick Griswold; 3: Ida Rosendahl; Cons: Danielle Briggs.

Jan. 28
1: Dick Mansfield; 2: Norbert Heckler; 3: Ida Rosendahl; 4: Tie Myra Butler & Helen DeGraw; Cons: John Van Gorden.

Feb. 4
1: Ida Rosendahl; 2: Mary Culberson; 3: Tom Marta; 4: Marty Marta; Cons, Betty Barney.

Feb. 11
1: Myra Butler; 2: Shirley Stolly; 3: Ida Rosendahl; 4: Betty Barney; 5: Dick Mansfield.

Friday Night Bridge

Ely Rapacz & Serine Rossi

Jan. 15
1: Ruth Tyndall; 2: Joan Lord; 3: Rozella Ovrebø; 4: Ray Dietz; 5: Catherine Edwards.

Jan. 22
1: Betty Larsen; 2: John Bucci; 3: Marion Turbin; 4: Harry Tindall; 5: Helen DeGraw.

Jan. 29
1: Dick Mansfield; 2: Myra Butler; 3: Ruth Tyndall; 4: Mickey Martin; 5: Mary Carol Geck.

Feb. 5
1: Eleanor Giardina; 2: Phyllis Bressler; 3: Mary Carol Geck; 4: Ida Rosendahl; 5, Hazel Merchant.

Feb. 12
1: Carol Johnson; 2: Marge Benton; 3: Mildred Lane; 4: Tie- Dick Mansfield & Joe O'Brien; 5: Bill Raines.

Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all.

For more information, call Irene at 873-4173.

Jan. 15
1: Out of 44, Jo Swing; 2 (tie): Jean Gillette & Zane Barnett; 3: Bev DeBusschere; 4 (tie): Paul Schaefer & Nancy Kowsky; 5 (tie): Paul Agarwal & Sharon Dean.

Jan. 22
1 (tie): Out of 36, Billy Swing, Betty Scervo & Irene Pisani; 2 (tie): Richard Gillette, John Wall & Joe Scervo; 3 (tie): Larry Bertrand, Edith Kolb & Zane Barnett; 4 (tie): Jerry Pinter & Nancy Kowsky; 5: Mary Bartel, Pat Snable & Jay Hartz.

Jan. 29
1: Out of 40, Joe Scervo had a perfect game, congratulations; 2 (tie): Mary & Richard Bartel; 3: Jean Gillette; 4: Joan Sigafoos; 5: Buck Challet, Gayle Argano & Jerry Dean.

Feb. 5
1: Out of 30, Jo Swing; 2: Marie Marquis; 3 (tie): Richard Bartel & Fred Lang; 4: John Wall; 5: Irene Pisani.



Friday Night Euchre

Joe Askenase

Jan. 8
Six Handed Game
1: Clarence Lietzow; 2 (tie): Maria France & Bridget Hughes; 3 (tie): Lou Fisher & Virgil Taylor.

Jan. 15
Six Handed Game
1: Helen Foskett; 2: Lou Fisher; 3: Maria France; 4: Clarence Lietzow; 5: Bridget Hughes.

Jan. 22
Four Handed Game
1: Lou Fisher; 2: Bridget Hughes; 3: Clarence Lietzow.

Five Handed Game
1 (tie): Helen Foskett & Mary Hove; 2: Viola Horton; 3 (tie): Maria France & Virgil Taylor.

Jan. 29
Four Handed Game
1: Lou Fisher; 2: Bridget Hughes; 3: Clarence Lietzow; 4: Russ Riegler.

Six Handed Game
1: Vi Horton; 2: Cindy Voigt; 3 (tie): Maria France & Diana Riegler; 4: Helen Foskett.



Tuesday Night Pinochle

Viola Horton

All pinochle players are welcome, no partners needed. We start at 5:45 p.m. on Tuesday in the Art Room of the Craft Building for Single Decks; Meeting Room 3 in the Craft Building for Double/Triple Deck games.

Jan. 5
Single Deck Winners
1: Hank Kolb; 2: George Dertinger; 3: Vernon Uzzell.

Double/Triple Deck Winners
Tables 1: James Nottingham & Jim Keller; 2: Norma Yonke & Greg Skillman; 3: Ray Bock & Rich Fluet.

Jan. 12
Single Deck Winners
1: George Dertinger; 2: Cherie Cunningham; 3: Al Novotny.

Double/Triple Deck Winners
Tables 1: Rich Fluet, James Nottingham & Joe Sciarino; 2: Norma Yonke & Elsie Helwig; 3: Charles Distler & Joe Scervo.

Jan. 19
Single Deck Winners
1: George Dertinger; 2: Vernon Uzzell; 3: Jim Cunningham.

Double/Triple Deck Winners
Tables 1: Jim Keller, Jim Mazzotta & Vi Horton; 2: Ilse Kersey & Jo Swing; 3: Ray Bock & Virgil Taylor.

Jan. 26
Single Deck Winners
1: Andy Mark; 2: Albert Novotny; 3: Jim Cavanaugh.

Double/Triple Deck Winners
Table 1: Jo Swing, Elsie Helwig, & Vi Horton; 2: Ray Bock & Rich Fluet.



Saturday Night Pinochle

Elsie Helwig

Jan. 15
1: Albert Novotny; 2: Gerry Pinter; 3: Jim Cavanaugh.

Jan. 22
1: Audrey Bartolotta; 2: Gene Hubbard; 3: Viola Horton.

Jan. 30
1: Jo Swing; 2: Jim Cavanaugh; 3: Ann Davis.

Feb. 6
1: Audrey Bartolotta; 2: Jim Cavanaugh; 3: Elsie Helwig.



Cribbage

Greg Skillman

Jan. 15
1: Frank Chamberlain; 2: Herb Postin; 3: Greg Skillman; Cons: Mary Ehle.

Jan. 22
1: Frank chamberlain; 2: Anne Jagielski; 3: Elsie Helwig; Cons: Ray Bock.

Jan. 29
1: Shelia Howell; 2: Ray Bock; 3: Norma Yonke; Cons: Rosemarie Postin.

Feb. 5
1: Herb Postin; 2: Rosemarie Postin; 3: Frank Chamberlain; Cons: Craig Ehle.

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Travel Toppers
Jo Swing

Travel Toppers has a busy month ahead with something for everyone.

On Friday, March 12, we will be traveling to Tampa Downs to attend the horse races. The cost of \$38 covers admission, program, buffet luncheon, bus and tips for driver and meal. Call Joan Connolly for reservations.

Bill Cosby will be appearing on Saturday, March 27 at the Ruth Eckerd Hall in Clearwater. To be put on the wait list for this fine show, call Pat Benson.

For those of you who enjoy musical comedy, we have something different. "Church Basement Ladies" is a hilarious comedy set in a rural Minnesota church

in 1965. The cost is \$52 and includes show, bus and tip for driver. Meal is on your own. Please call Linda Hein for reservations.

On April 1, we have, "In the Mood" at Ruth Eckerd Hall in Clearwater. It is a musical trip down memory lane to the 1940s featuring the big band music of that era with singing and dancing. The price of \$41 includes show, box lunch, transportation and tips. Pam Giddings is the coordinator.

On Thursday, April 15, we are at the Show Palace Dinner Theater in Hudson to see "Dirty Rotten Scoundrels." This musical is based on the 1988 film that starred Michael Caine and Steve Martin. The cost is \$60, which includes show, buffet meal, bus and tips for driver and meal. Contact Marilyn Vernier for reservations.

Back by popular demand is the fishing trip on the Thunder. The trip will be on Monday, April 19; the cost of \$81 includes boat and bait, rod and reel, ice and bucket, bus and tip for driver. Please bring your own cooler, food, beverages and especially sunscreen. There is a limit of 30 for this trip. Call Jo Swing for reservations.

Reservations start Monday, March 8 for Sleuth Mystery Dinner Theater in Orlando for Mother's Day, Sunday, May 9. Bus coach, dinner, show and tips for driver and meal are included in the \$50 price.

Monday, March 22 is the start for reservations for the musical "Sweet Charity" at the Show Palace Dinner Theater. The

cost of \$60 covers show, buffet, transportation and tips for meal and driver. Coordinator is Kathy Peterson.

Travel Toppers is currently taking reservations for two longer trips. The first is a three-day/two-night trip to Atlanta from June 3 to June 5. The trip will be to downtown Atlanta, Stone Mountain and the Georgia Aquarium. The cost of \$350 per person includes bus, lodging, and tip for driver. Some meals included. Call Allan Rickards for more information and reservations.

Allan Rickards is also the coordinator for the New England cruise, Saturday, Oct. 2 through Saturday, Oct. 9 on the Carnival Glory. The prices range from \$1,289 for inside to \$1,689 for balcony, and includes airfare.

Travel Toppers brochures are now located at all mail centers in On Top of the World. Just look for the blue plastic receptacles.

As of Feb. 1, the gates going into the Travel Toppers parking lot will be secured. For gate access, contact your trip coordinator. When arriving at the gate into the maintenance area, please pull your vehicle to the left so as not to block access.

The next meeting of Travel Toppers will be Wednesday, March 3 in Suite A of the Arbor Conference Center. All On Top of the World residents are invited to attend.

Until then happy travels to all.



Williamsburg Cruise Club
Fred O'blenis

Welcome aboard! If you are thinking about going with us on the Carnival Dream on Nov. 27, you need to call and reserve your cabin as soon as possible. This is Carnival's newest ship and it is out of Port Canaveral. Your deposit of \$250 per person is totally refundable up to final payment on Sept. 13. We will have a private bus at \$45 per person round trip (includes driver and porter tips).

Pricing is as follows: balcony \$966.68 per person; inside \$666.68 per person; oceanview and other categories available (please call for pricing). All prices include port charges, taxes and fees. Available for an additional fee is cancellation/medical insurance, which is strongly recommended.

Our cruises are open to all. Ports of call are Cozumel, Costa Maya, Isle Roatan and Belize City. This is a seven-night Western Caribbean cruise. Call Fred at 237-6367.

My next column will include our experience on the Oasis of the Seas, which we sailed in February.



On the Road Again
Bob Woods

A group of hearty seafarers from On Top of the World completed a nice voyage aboard Royal Caribbean's Freedom of the Seas sailing from Port Canaveral.

Speaking of cruises, please keep in mind the cruise of a lifetime with a two-night pre-sail stay in San Diego and departing that California port city on Sept.

24. This is a 15-night cruise hitting ports along the Mexican Rivera, Costa Rica and a daylight transit of the Panama Canal. Then sailing in the Caribbean to Cartagena, Columbia; Grand Cayman; and then climaxing the cruise in Tampa where transportation will be waiting for our return to On Top of the World. Sound great? Don't procrastinate; call me for more details and pricing on this 18-day trip.

Don't forget, I also have seats available for the Memphis/Tunica coach trip departing Sept. 5 for a seven-day trip to visit the home of the blues. A visit to Graceland is also planned plus much more.

Another trip with seats still available is the Smoky Mountains show trip departing Nov. 14 for a seven-day trip taking in many shows plus free time visiting downtown Gatlinburg and a guided tour of the Smokies.

We are still working on an itinerary and pricing for the Key West trip in January 2011 and we have plans for two other trips in 2011 heading for a nine days each to Boston and Cape Cod. Both of these trips will visit many historical places and sites including Concord Bridge and where

Submit Articles by E-mail
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On Top of the World Communities

BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W. - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day
Indigo Community Center Parking Lot in advance for pick-up

OCALA RUN: MON., TUE., WED. & THUR.

ARRIVE	PICK-UP
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Dillard's or Kohl's 1st Run Only	10:00 am - 11:40 am
Lowe's 1st Run Only	10:05 am - 11:35 am
Paddock Mall	10:10 am - 11:40 am
Wal-Mart	10:15 am - 11:45 am
Target 1st Run Only	10:20 am - 11:50 am
K-Mart	10:25 am - 11:55 am
Gateway Plaza	10:30 am - 12:00 pm
Wal-Mart	12:05 pm - 1:45 pm
K-Mart	12:10 pm - 1:50 pm
Gateway Plaza	12:15 pm - 1:55 pm
Paddock Mall	12:20 pm - 2:00 pm

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[1st Run Ocala (Porter's & Target)...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]

Beall's & Wal-Mart...3rd Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.
[1st Run Ocala...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]

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World Traveler
Bill Shampine

Now that you know the politics behind the development of the Panama Canal, it is time to learn a bit about the canal itself. Some of the information for this article came from Joe and Barbara McArdle who just returned from a cruise that included part of the Panama Canal. Because of his engineering background, Joe was able to appreciate the enormous difficulties of this project.

The French Canal Syndicate abandoned their efforts in 1893, and the Americans restarted the project in 1904. The project certainly was one of the largest, most complex and most difficult construction efforts ever in the history of the world. We are so spoiled by modern technology today; it is hard to even imagine the problems the men faced in digging this canal.

Think about the level of technology that was available to them in 1904 — topographical maps, construction equipment, trucks to move the excavated material! How did they get the equipment, food and supplies of all types on site? Railroad track was laid by hand in 1904!



Photo by Joe McArdle

Two cargo ships just passed through the Pedro Miguel locks on the Panama Canal, with two other ships in the process of entering the locks.

The engineering aspects of this job were phenomenal, even by today's standards. It truly was an amazing feat!

In June 1906, the decision was made to build a lock canal instead of a sea level canal. Why did they want/need locks? Aren't the Pacific and Atlantic Oceans at the same level? The problem is that the Pacific has a tidal range of about 20 feet, whereas the Atlantic range is only about one foot. This discrepancy would cause a variety of serious navigation issues. Locks would eliminate the tidal problems as well as saving about 13 million cubic yards of excavation!

The canal, which is about 50 miles in length, cuts through the continental di-

vide at an altitude of 85 feet, and consists of three sets of locks — the Miraflores, the Gatun and the Pedro Miguel.

Construction of these locks and their associated dams, also created Miraflores Lake and Gatun Lake, which eliminated the need for millions of cubic yards of excavation. These lakes, which are fed by natural rainfall, are the source of the water needed to work the locks.

It takes about 52 million gallons of fresh water to move a ship through the canal. If Panama were to experience a major drought, it could have a very serious impact on the number of ships that could use the canal because the volume of the lakes would be reduced.

The locks are 108 feet wide and 984 feet long. Large when originally constructed, these locks no longer can accommodate ships being built today. Joe noted that their cruise ship was 106 feet wide, so they only had two feet clearance!

Ships using the canal have to pay a toll. The amount of the toll is based on a very complicated formula based on vessel type, size and the type of cargo carried. The most expensive regular toll to date was \$331,200 charged to one of Disney's cruise ships. The least expensive toll was 36 cents charged to Richard Halliburton who swam the canal in 1928.

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Master Gardeners' Spring Festival

The annual Master Gardeners' Spring Festival, one of the largest plant sales and gardening expos in the area, will take place on Saturday, March 13, from 8 a.m. to 5 p.m. and on Sunday, March 14, from 9 a.m. to 4 p.m. at the UF/IFAS Marion County Extension Service, next door to the Southeastern Livestock Pavilion (2232 NE Jacksonville Road, Ocala).

With more than 70 vendors selling a large array of plants, garden décor and water pond accessories, attendees will be able to find close to everything they may need for gardening and landscaping all in one place.

The event will also have many learning opportunities for area residents including educational booths, in-garden talks

and seminars on this year's Spring Festival theme, "Green Home Gardening."

Saturday seminar topics include: Growing Local, Eating Local (10 a.m.); Identification and Solutions to Common Lawn Problems (noon); and Environmental Benefits of Utilizing Native Plants (2 p.m.). On Sunday, learn about Florida-friendly landscapes (1 p.m.) or dooryard fruit production (3 p.m.).

Admission is \$1; kids 12 and under are free. Parking is also free.

For more information, please call Marion County Extension Service at 671-8400 or visit http://www.marioncountyfl.org/CountyExtension/Gardening_SpringFest.aspx.

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For Sale

Baldwin Pianovelle: Electric, with organ strings violin and other sounds (attached cover). With bench and pedals. Very good condition. 237-6747

Billiard Cue Stick: Excellent quality, \$25. Stan 873-3433.

Comforter Set: King-size, gold and royal purple in very good condition, includes comforter, dust ruffle, 2 shams. \$200 obo. 861-6985.

Dining Room Table: 6'6" x 3'4". Glass top on marble bases with brass crossbar. No chairs. \$50. 895-4904.

Elliptical Machine: Perfect condition. Comes with adapter and mat. \$300 obo. 861-9144 or 229-4513.

Estate Sale with Ruth: 8411-C SW 90th Place (Friendship Colony). Corner of 90th Pl & 83rd Terr Friday, March 19 and Saturday, March 20, 9 a.m. to 2 p.m.

Freezer: 17 cu ft., upright Tappan. \$100. 854-1603.

Gas Grill with attachments. \$100 obo. 861-9144.

Generator: new, portable Troybilt, 5550 watt with all cables. \$400. 854-0320.

George Foreman Grill: extra large, \$35. Stan 873-3433.

Hand Tools: Reasonably priced. 873-6336.

Long Play Vinyl Records: RCA-Caruso, JFK-Memorial Album of Speeches, "I Can Hear It Now"-Edward R. Murrow 1933-1945 speeches by Roosevelt, Churchill, Wilkie, Ike, etc. All have sleeves. \$25 each. 873-6336.

Luggage: Black 2-piece set, like new. \$30. 854-9785.

Misc. Items: 36" round beveled glass table top, \$45. Cleveland hybrid golf clubs #7 and #5, \$15 each. Elevated memory foam airbed, \$30. 861-6779.

Misc. Items: Epson printer, \$30. Brother fax machine, \$60. HP scanner, \$40. 854-0449.

Misc. Items: Florida room style sofa, glass top coffee table, 2 glass top end tables. \$125 all or will sell separately. 861-2617.

Misc. Items: Rock tumbler/polisher with various tumbling materials, \$150. Sears sandblaster tank and gun, \$30. Small air tank with gauges, \$20. Antique Zither with tuning key and case, \$125. Briggs & Stratton 4-cycle model A type 208063, \$100. 304-8240.

Organ: Lowrey Genie. Beautiful sound. Easy learn to play book. New condition. 873-8600.

Outdoor Electric Grill: Sears Kenmore, fold down hardwood side panels. Hardly used, in excellent condition. Grill is removable from cart for inside use. Sears outdoor weather cover included. 237-2442.

Patio Furniture: Beautiful wicker love seat, rocker, chair, coffee table. Best offer. 854-4365.

Propane tank and extension hose, \$20. 237-2985.

Recliners: Lazy Boy, 2, with attached stand in center. 2 years old, light green microfiber. Like new. \$400 firm. 694-5067.

Tag Sale: March 5, 8 a.m. to 2 p.m. 8671-F SW 97th St. Clothes, videos, bric-a-brac, crafts & much more! Multiple families.

Tag Sale: March 5 and 6, 8 a.m. to noon. Several families. 8431E 93rd Pl., Friendship Colony.

Tag Sale: March 5 and 6, 8 a.m. to 2 p.m. Lawn chairs, luggage, circular saw, Country LP's, misc. 8742E SW 92nd Pl.

Tag Sale: March 6, 8 a.m. to noon. 8653-B SW 96 St. (Friendship Village).

Classified Section

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

Items for all holidays, \$1 or less. More items as well. If time not convenient, call 237-3390.

Tag Sale: March 26, 9 a.m. to 2 p.m. 9040B SW 87th Ave., Friendship Village. Many items.

Tag Sale: March 20, 9 a.m. to 2 p.m., Williamsburg, two families. 9189 SW 91st Cir.

Trailer in a bag: Stores in a 3' x 8" x 12" space. Used one time. Six minutes to assemble and load with motorcycle. 854-8515.

Trike: Like new, big red 3-speed 3-wheeler. 873-1775

TV: Admiral, 19-inch. Good condition, \$40. 873-0773.

TV Entertainment Center: solid oak, three adjustable shelves, 57" w x 61" h x 18" d. Will hold TVs up to 51" wide and 30" high. \$300/obo. 854-2247.

TV Entertainment Stand/Table: glass & chrome, three-shelves, 48 x 24 x 23 H. Excellent condition, \$75. 873-1297.

TV: Toshiba 21". Good condition, \$89, Stan 873-3433.

Vertical Blinds: Levelor, 2 pair, white textured, 72" wide, 76" long. \$75 firm. 291-0943.

Washer and Dryer: Kenmore. Washer \$125; dryer \$75. Good condition. Stan 873-3433.

Services

Affordable custom draperies, valances, pillows, fabrics, etc. Professional design & fabrication at workroom direct prices since 1983. Free estimates. Dix's: Jackie 209-1444 or Connie 854-5572 (residents).

Alterations by Betty: Alterations by appointment only. 50 years' experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259 (on vacation Feb. 7-14).

Appliance, A/C & Heat Repairs. Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Custom Draperies and Curtains: Bi-weekly pick-up and delivery to On Top of the World. Call Diana at 401-0076.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Bruno's Tree Service: Tree removal, trimming and debris clean up. Lic/ins with 18 years exp. Reliable service, reasonable prices. Several resident references available. Free estimates. Call anytime 873-6884 or 438-4204.

Caretaker: Looking for someone with a heart? Look no further! Call Debby (352)

447-5551. CNA68800.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for 10 years. Dry in hours, not days. 10 percent off first-time clients. 307-4100.

Cat Boarding and Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

C.A.T. Woodworking: Crown molding, chair railing and cabinet drawer slides professionally installed. We build and repair furniture. Free estimates, LLC and insured. Call Tom, 288-6148.

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Cleaning by Evelyn Lee: I do windows, deep cleaning, move outs. Lic. #A27450 & insured. 629-0855. www.sunshinecleaningocala.com.

Clock Repair: grandfather, wall, steeple, antique, clocks, etc. Call Joe at 854-1099.

Computer help is just around the corner! Call Doorstep Techs at 351-TECH (8324) or visit us on the web at www.doorsteptech.com.

Computer Setup and Training: At home service. Senior rates, \$25 per hour! Have fun and learn! Call Kathy at 861-7719.

Curbing and Decorative Concrete by Kwik Kerb: free estimates, never a deposit, all colors and stamps. Call today 352-266-0017.

Errands and Shopping: reliable, honest, caring resident. Very reasonable rates. Call Pam at 861-8604.

General Maintenance: Trimming, weeding, edging, pressure wash driveways and gutters, wash windows. On Top of the World resident. Steve at 237-5338.

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handy-Helper: pressure washing, painting driveways & garage floors, etc., shampoo carpets, wash windows. Need it done, I'll do it! Resident. 291-6964.

Handyman Services by Oden Inc. Fair prices for any type of home repair, remodeling and yard maintenance, pressure washing and gutter cleaning. Mulch Specials! Lic. & ins. Free estimates: 207-5930.

Handyman: Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

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HouseCall Senior Home Care offers hourly services such as housekeeping, laundry, meal preparation, transportation, family respite. Lic. #231040, bonded & insured. (352) 873-0721.

Income Tax Service: Professionally done, e-file - fast refunds, federal and all state returns. On Top of the World resident, Salvatore V. Le Donne E.A. Call 291-2413.

Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Lawn Care/Yard Work, window & gutter cleaning, pressure washing, rake leaves and misc. jobs. Dependable since 2001. Sundance Co. 347-7825.

Lawn Service/Yard Clean-Up: planting new flowers, bushes, mulch & rock. Trimming & removal of plants, bushes, small trees. Lawn cutting, trimming, edging & blowing off. Licensed & insured. Call Lisa & David at 425-0109.

Notary Services and Signing Agent: Will come to your home. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. On Top of the World resident.

Painting by Allstar: 25 yrs. exp., free estimates, licensed & insured. Drywall repair, pressure cleaning, stucco, painting and driveways cleaned. Int. & Ext. 237-8588.

Painting by Bruce LLC: 38 years' experience. Free estimates. Interior, exterior, staining, drywall repair, pressure washing, specializing in repaints. Licensed, insured. (352) 546-4553.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years' experience and licensed. 237-5855 (resident).

Pet Sitter/Walker: 5 year volunteer with "11th Hour Rescue." Trustworthy, qualified and references available. Kim Makay 861-8463.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927.

Therapeutic Massage: stress, pain reduction, joint mobility, deep tissue. Home or office. \$45/60 min. Call Lisa Wood, LMT (Lic. #54711) at 895-0334.

Transportation: affordable, dependable and safe driver. Will drive you to doctors, hospitals, shopping (no airports). Excellent references. Call Bonnie, resident at 854-7516 or 216-7509.

Transportation: airports, Gainesville (VA, Shands, etc.), local appointments, shopping or run errands. Safe, dependable & affordable. Call Fred at 207-6581 or 237-0860. Resident.

Transportation: airports, seaports, local and errands. Door to door, luxury sedan. 24/7 service. Ocala Smart Transportation 615-0399 or www.ocala-smart-transportation.com.

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

Wanted

Buy Estates/Moving: 15580 Hwy 441, Summerfield (1 mi. N Hwy 42). Martin's Fine Used Furniture, 352-209-4945.

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

Shoes & Sneakers for homeless through Interfaith Emergency Services. Please bring to Health & Recreation or Arbor Club offices.

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