



On Top of the World NEWS

Where the News is Always Good

New Tenants at Circle Square Commons, page 19



Vol. 23, No. 11 • May 2010

Community News & Update

By Kenneth Colen, Publisher

Spring is in the air! Unfortunately, so was the pollen. Now that we are past most of the bloom, the oaks and the azaleas are really into their own full beauty. I'm not the only one to notice the turn in the weather. While driving down S.W. 94th Street, on the way to the Arbor Club, I couldn't help but notice the very "frisky" fox squirrels right there on the side of the road making sure their population expands and prospers. Besides that, the blue-birds have really taken to the nesting gourds some kind bird lover placed near a retention pond. Yes, the wildlife has adapted and prospered here. Let's be mindful and accommodate them.

My point here is twofold:

1. While driving along S.W. 94th Street, be mindful of your speed and of the wildlife. Fox squirrels are large and undeterred by most anything except a large hawk. Drive responsibly, be alert and ready to yield to the fox squirrels and the pedestrians using the road. Please do not feed the fox squirrels; they will bite. Seriously!
2. It is the efforts of many residents, acting as good neighbors and taking pride in their community that make it the wonderful place it is and will continue to be. Thank you!

Master The Possibilities

Master the Possibilities is in full "spring swing" in May. There are 64 classes and presentations starting this month and still plenty of opportunities for you to learn and grow in a most welcoming setting. There are wonderful teachers, a variety of subjects and they all take place in our neighborhood setting. Perhaps the best thing is that there are no tests, no homework ... just the pleasure of learning new things and sharing knowledge and experiences with neighbors and friends.

Here's an interesting fact. Since January, Master the Possibilities has run classes and presentations a total of 86 days. On how many of these "school days" could a resident of On Top of the World Communities attend at least one "free" event? The answer may surprise you ... on 82 of 86 days there were free classes for residents. Even more significant is the fact that on most of these 82 days there were multiple free classes for residents! This is yet another reason that our community is a great place to live ... and learn! See you in class.

Circle Square Commons

You may have noticed that Yalaha Delights has closed its doors. We are sad to see it go because it was a wonderful and unique little operation. But don't despair; another operator will be opening around May 1 and the shop's name is The Bakery Café. They will be serving a few breakfast items, baked fresh daily pastry, rolls, German and French breads and more. For lunch, they will offer Boar's Head products for sandwiches and also a daily soup. The new operation will have a decidedly European flair, especially since the new owners are from France and Germany and have a tie to La Cuisine, one of Ocala's bright new dining spots.

The Farmer's Market held on The Town Square continues to be a success. I believe it is the longest running such market in Marion County (sorry to say that farmer's markets have such a short half-life!). And there are several markets now throughout the county. Visit all of them, as this is a great way to support small, independent businessmen and women.

As we enter warmer months, the Farmer's Market hours are 8 a.m. to noon. As seasons change, so do the market vendors. Over the past year, the number of participating vendors has been as high as 30 and during the cooler months has averaged around half that number. The vendors, as well as all of you, have been very loyal coming out in sometimes unfavorable weather. Without all of you, the market wouldn't exist. So, support the Farmer's Market whenever you have the opportunity.

The Town Square entertainment hours are now 7 to 10 p.m. through the summer. Watch for more details about upcoming festivals and special events. Refreshments will continue to be available at the kiosk on The Town Square during events in the Circle Square Cultural Center. Don't forget that Mr. B's Big Scoop is also open with lots of ice cream and other goodies.

A Reason For Optimism: Home Sales

The Declaration requires that the respective Board review every real estate transfer within any of the communities. As such, each Association has a unique window into home pricing and trends. While I don't want to seem "irrationally exuberant," in the past three weeks I have begun to see a definite firming in resale pricing. Sales activity is up significantly

► Continued on Page 6

OCALA OPEN

at Candler Hills Golf Club

By BOB WOODS
WORLD NEWS WRITER

Ted Potter, a local Ocalan, won this year's Ocala Open by one stroke having "the luck of the Irish" on his side when he aced the 17th hole. The Ocala Open was played March 23 through 27 at On Top of the World Communities' Candler Hills Golf Club.

This year's field of 77 professional players included 44 Floridians before the cuts, four of which claim Ocala as home. Several players also came from different states and foreign countries. There were players from Canada, Austria, Germany, Peru, and even one from Slovenia.

The tournament started off with some dense fog. After a short delay, play started and the tournament was in full swing.

After two days of play, Jeff Hill, former assistant pro at Candler Hills, was tied for third and Ted Potter was tied for 17th. At the conclusion of the third round, Hill was still in leaderboard contention, tied in fourth position, but Potter moved up on the playing field, which had now been cut to the low 24 players and ties, putting him tied for 10th position.

The leader for three consecutive days was Tim Cantwell from Palm Beach who finished the tournament at 19 under. Ted Potter, because as luck would have it, nudged ahead after his hole in one finishing with a score of 20 under. Hill finished 14th shooting a 276 for 72 holes. Ted Potter shot a 268 for the tournament, 63 for the final round.

While at the 16th green, I heard the uproar when Potter celebrated his hole-in-one. I was only a few yards away but missed the shot.

Vibrations of Potter's fantastic shot quickly made its way around the course, especially to the crowd waiting at the 18th hole to see the grand finale. The winner of the Ocala Open was not finalized until the 18th hole and the final putt. Cantwell, Kelly Sellers from Bartow, and



Photo by Bob Woods

Ted Potter, winner of the Ocala Open, hitting out of one of the bunkers on hole #9.

Robert Rohanna from Wayneburg, Pa. finished in second place with a three-way tie finishing with a score of 269. Potter took home the winning \$7,000 check.

See page 18 for additional Ocala Open coverage.



On Top of the World Communities' President Kenneth Colen accepts an ENERGY STAR® award in Washington D.C., Thursday, March 18. From left are Karen Brothers, On Top of the World Marketing Manager, David Lee, ENERGY STAR Representative, Kenneth Colen, On Top of the World President and Sheryl Johnson, On Top of the World Construction Manager.

On Top of the World Wins Top EPA National Honor

By JOHN HEAGNEY

On Top of the World Communities is the only Florida home builder to be recognized by the U.S. Environmental Protection Agency with a 2010 ENERGY STAR® Excellence in ENERGY STAR Promotion Award for its energy-efficient homes and consumer-education programs.

Moreover, On Top of the World Communities was one of just six homebuilders across the country to be so honored at recent ceremonies in Washington, D.C., says company president Kenneth D. Colen. Winners were selected from more than 17,000 companies and organizations nationwide.

According to the EPA, On Top of the World Communities was selected "for its outstanding contributions to reducing greenhouse-gas emissions by educating new-home buyers about the value of choosing an ENERGY STAR-qualified home."

The EPA reports that last year alone, Americans ... with the help of ENERGY STAR ... saved \$17 billion on their energy bills and reduced greenhouse-gas emis-

sions equivalent to what is produced by 30 million vehicles.

One example of On Top of the World's commitment to this effort was last year's decision by company officials to offer a solar-power option on every new home it builds. In fact, one home in the community's new model-home center - the 2,188-square-foot Huntley II - features solar panels as a secondary source of energy that saves as much as 75 percent on monthly energy bills.

ENERGY STAR construction employs the whole-envelope approach that integrates tight-home construction techniques to reduce drafts, noise and moisture, while improving air quality and reducing the escape of conditioned air.

All On Top of the World homes are steel-reinforced concrete block construction, and every home meets or exceeds ENERGY STAR guidelines ... verified by independent inspectors. And On Top of the World is Florida's first active-adult community to receive 100 percent ENERGY STAR qualification on all new homes.

Veterinarian Recognized

Master the Possibilities Education Center prides itself on offering exceptional classes given by outstanding instructors. Recently one of their first faculty members was recognized by the Florida Veterinary Medicine Association for its highest honor. Dr. Tom Lane, DVM, received the Lifetime Achievement Award for his dedication.

"Tom is a 'veterinarian's veterinarian,'" says Daniel Dowd, the Director of Education. "He comes to us with impeccable credentials and experience and makes a real contribution to the Master the Possibilities curriculum and our community of learners." Dr. Lane has been in practice since 1963. A graduate of Cornell University, he is Emeritus professor of Veterinary Medicine at the University of Florida.

Dr. Lane has always exceeded expectations. His dedication and enthusiasm are always evident. Among his accomplishments/contributions we see a man who strives to make lives better - humans' and animals'.

Community outreach programs developed by Dr. Lane include: Project PUP Program - "Pets Uplifting People"; "Volunteers and their Pets Visiting Local Nursing Homes"; CARE Program, veterinary students assist AIDS and Hospice patients by caring for their animals; PEP, Pets Education Pupils, involves volunteer pet owners conducting education programs about animals in schools; Pet Loss Support Hotline, staffed by volunteers trained in grief therapy and crisis intervention; IMPACT: Inmates Providing Animal Care and Training, this program serves as an animal educational program for the inmates at a local state correctional facility.

In addition to the Lifetime Achievement Award, Dr. Lane has been the Florida Veterinarian of the Year, 1997 recipient of the prestigious Leo Bustad Award for pioneering work on the human-animal bond and numerous other accolades. A former student summed up Dr. Lane's importance this way, "Dr. Lane gives you a sense of self worth and confidence to succeed in life. Lane has dedicated himself to increasing people's respect and appreciation for animals in their lives."

In the aftermath of Hurricane Katrina, Dr. Lane was instrumental in locating temporary housing for many horses whose owners had no facilities. Tom Lane has always responded to animals and humans in need. His work at our Master the Possibilities Center provides knowledge and insight into the animal world for all who share his love of creatures.

Tom and his wife, Roberta, have been married 51 years and live nearby. He continues to practice and teach. (He has a dog named Julie and a cat named General Patton.)



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Is It Legal?
Gerald Colen

NOTICE REGARDING SCAMS: The Internal Revenue Service (IRS) has an exceptionally well organized website and it is found at www.irs.gov.

I, personally, check the IRS's website regularly, just to see if there are any new scams about which the IRS has issued warnings. Recently, I checked the IRS's website and discovered some scams that the IRS is now warning folks about.

Here are just a few of the many the IRS is reporting:

1. A form and also a cover letter are faxed to people with instructions to fax the completed form back to the fax number contained on the form. The letter says that the IRS requires an update of the recipient's tax information and promises a nominal tax refund to the recipient's bank account.
2. Some people receive telephone calls from someone who impersonates an IRS employee. The caller asks for the social security number of the person receiving the phone call.
3. There is a scheme in which a tax refund form is e-mailed suppos-

Golden Oldies Humor

By Stan Goldstein



The hardness of butter is proportional to the softness of the bread.

edly from the Taxpayer Advocate Service (which, by the way, is a genuine and independent organization within the IRS that assists taxpayers with unresolved problems). The top of the form says that the recipient is eligible for a tax refund in a specific amount. The form asks for name, address and phone number and also asks for a substantial amount of financial information. This form even asks for the recipient's mother's maiden name since that is frequently used as an account security password.

4. In another scam, consumers receive a "Tax Avoidance Investigation" e-mail claiming to come from the IRS's Fraud Department. The recipient is asked to fill out an investigation form for which there is a link contained in the e-mail. It is believed that clicking on the link may activate a Trojan Horse.

A Trojan Horse is a malicious file that gets embedded in your computer and can then search through all your files for personal information. You should never respond to any e-mail that claims to come from the IRS. What you should do, however, is report these e-mails to the IRS by forwarding them to phishing@irs.gov.

Also, I urge everyone to check out the IRS website on a frequent basis. The items I mentioned in this notice are only a very few of the scams about which everyone should be concerned.

Here is another scam that just came into my e-mail address: I get a letter from someone I don't know and never did know; but he addresses me almost as if I do know him. He informs me that he is sorry that he "did not inform me..." of his trip to London to attend some program. He's having a problem, he says. He's misplaced his wallet and he wants me "... to loan him..." 800 pounds (that's about \$1,600 US).

He also says, "I know I could count on you that is why I am contacting you on this issue. Please let me know if you can be of any help." Oh, yes, the poor lad or lass (well, how do I know what his gender is?) doesn't have a phone so he/she can only send e-mail.

And he/she closes with this piece of gall: "I will be expecting your response as soon as possible." Folks, the first thought I had was to send back an e-mail and tell him where to go, etc. I won't do that and if you get an e-mail like that, you should not respond either. It is another disgusting piece of phishing. Dump it, as I have.

Q. Can you explain what a special needs trust is?

A. A special needs trust (sometimes you see it abbreviated as SNT) is what is known as a government benefits vehicle. That is, it is a form of trust that is used primarily in situations where a beneficiary of the trust is either seeking to obtain some government benefits or is seeking to keep some government benefits that he or she already has.

A SNT is similar to most other trusts except that the underlying purpose must be clearly stated in the trust document. That underlying purpose would be that the Trustee of the SNT is to use the trust assets in his or her or their sole discretion and only for the purpose of benefiting the beneficiary of the trust and only for those purposes that are not covered by government assistance such as Medicaid.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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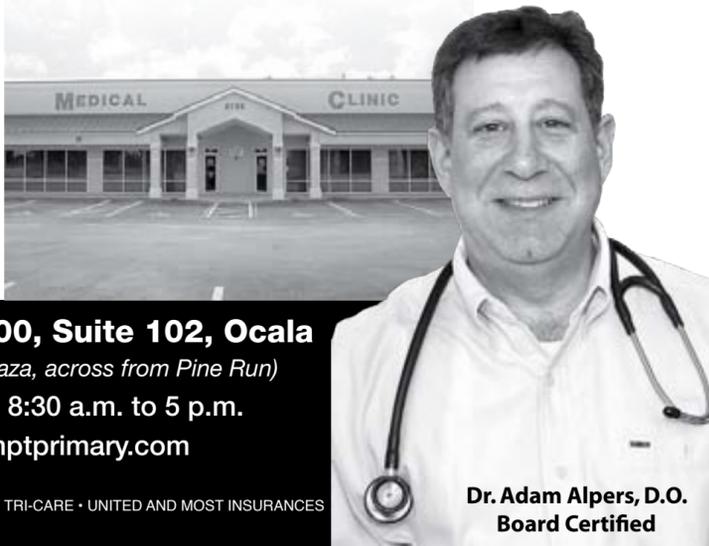


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Photo by Ray Cech

Larry Wilver; Sarah Stroh, Director, Marion County Senior Services; Jill Walker, Hospice of Marion County; Don Lloyd, Interfaith; Tenna Arndt, Director, Florida Center for the Blind; and Bill Shampine.



Hospice of Marion County Fundraisers

By RUTH GOLDSTINE

Saturday, Feb. 27, was a beautiful, sunny day to take our successful, two-mile walk for Hospice of Marion County. The two walks (On Top of the World Communities and the county walk) netted over \$10,000.

The Red Hatters made over \$1,400; Candler Hills and Indigo East made each over \$600 and On Top of the World over \$5,000 and the county with Ruth over \$2,000!

More money was donated to Hospice of Marion County by the cruise raffle, \$2,355; fashion show by Women of the World, \$4,622; New Pretenders, \$1,000; and Entertainment Group, \$1,000.

The grand total for all of the above was \$19,003!

Thank you to On Top of the World Communities for their continued support! Also, a special thank you to Affordable Travel Inc. for donating a five day/ four night Caribbean cruise for the second year in a row, which was won by Mike McMullen; and Lemieux Diamond Company for donating the \$600 cocktail ring won by Lois Miller.

Giving to Ocala Charities

By RAY CECH
WORLD NEWS WRITER

The Entertainment Group and The New Pretenders of On Top of the World, both nonprofit organizations, donated their season's profits to various Marion County charities on Saturday, March 27, at the Health & Recreation Ballroom.

A total of \$4,500 was divided among Hospice of Marion County, Interfaith Emergency Services, The Center for the Blind, and Marion County Senior Services. Another winner that evening was Lois Miller, who won the drawing for her choice of a beautiful cocktail ring or a one-week cruise. As of this writing, you will notice a new sparkle on Lois' right hand.

The New Pretenders is directed by Bill

Shampine, and The Entertainment Group by Larry Wilver. The latter arranges six shows a year at Health & Recreation Building with professional entertainers, many of whom come from cruise ships home-based here in Florida. The groups will often consist of a comedian, followed by some "hip" singers, who at times will take you down memory lane, swing into jazz, or knock out a few current pop favorites. Whatever the menu, they always play to a packed, toe tapping, On Top of the World audience.

You read about The New Pretenders in last month's issue of this newspaper. They, too, have played to full houses at

the Health & Recreation Building and various venues throughout Ocala. Bill Shampine recently took over as director of more than 30 volunteers, and has turned their very upbeat faux music and comedic skits into a real crowd pleaser.

Congratulations are in order to Bill, Larry, and all the volunteers who have inspired On Top of the World residents to become one of the most generous groups in Marion County.

POET'S CORNER

Poetry from On Top of the World Residents

He Followed Me

Home

By ANNETTE SHARPE

He was a scrawny little thing,
His fur all matted with dirt,
And, he had a decided limp,
Because his paw was hurt.
Beside him stood a little boy,
Eyes wide with hope
But fraught with fear
That his scrawny, dirty, little pal
Would not be welcome here.
With a pleading voice, he said,
"Please, can we keep him, Mom?
He's hurt, lost and all alone
And, he just followed me home."
I picked the small pup up
To examine the injured paw,
Wiped off the blood and dirt,
And removed the glass I saw.
I was filled with compassion,
As he shook with fright,
I cuddled him in my arms,
Saying, "That's alright."
When I put him in the tub,
I really had to scrub to get him clean,
He may have thought me mean,
But, I hoped he'd understand,
And, as I tenderly dried him off
He gratefully licked my hand.
He needed a home, that was plain to see,
So, he became part of our family.
I wonder how many dogs today
Have found a home this way,
When, out of a clear blue sky, one day,
You heard a small voice, pleading, say,
"Can we keep him, Mom?
He's cold, lost and all alone,
And, he just followed me home."



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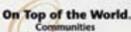


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All Around Our World

Lynette Vermillion

May is one of the most beautiful months of the year with flowers blooming, grass turning green and temperatures that haven't yet reached the unbearable point. We have many reasons to celebrate this month with the Kentucky Derby, the most famous horse race in the United States, on May 1; Cinco de Mayo on May 5; Mother's Day on May 9; and on May 31 we honor our Armed Forces and those who have given their lives for the United States by celebrating Memorial Day.

Official Information

We try hard to communicate with all of our residents about various events that happen throughout the community and provide important messages in a number of ways; however, we still hear that someone missed out on an event because they didn't know about it.

Official communication is displayed in several ways throughout the community. The TV (channels 17/22/703) has all the upcoming events as well as any notices and important information and posters are placed in all community centers, post offices and at Customer Service. The monthly newspaper is full of information on upcoming events and a quarterly cata-

log is published for major events, Fitness and Master the Possibilities. Remember, the World News is available on-line at www.ontopoftheworld.com/newspaper so when you are traveling, you won't miss out on the latest news.

Check out www.ontopoftheworldinfo.com and sign up here for e-mail blasts so that you do not miss out on important information and upcoming events. Also, look for the events calendar on the tabs on the left side. As you can see, there are a variety of ways to keep up with what is going on in the community. Don't miss out in the future!

Candler Hills Community Center

There are a number of changes being implemented at the Community Center. You may be inconvenienced a little bit as we expand the pool patio deck; however, we will do our best to keep that to a minimum. Making a change to the restaurant license required us to make a change to our Club Liquor License, which changes the rules of where alcoholic beverages must be consumed and prohibits any bring your own beverage (BYOB) events at the Candler Hills Community Center. We will continue to be able to provide beverage service through our club license for any event you may have at the Community Center. Please contact Linda Tiffany at 854-0805 to arrange.

The Pub and Candler Hills

Restaurant Phones

We sincerely apologize for the unanswered ringing phones and voice mails at the two restaurants. Due to a switch over to a new phone system, we had to wait on CenturyLink/Embarq to make a change, which allowed us to once again have access to the voice mail and allow phones to ring in the restaurant area. If you called, you may have heard that the voice mails were full, however, that was not the case. It was a phone problem which is now resolved. Again, our sincere apologies for any inconvenience caused.

Cigarette Butts and Fire Safety

At all times and most especially dur-

ing the dry months, smokers please properly dispose of your cigarette butts. In the past, we suffered a sizeable grass fire on the golf course and a small landscape fire at the front gate because of tossing a cigarette butt into dry grass. We encourage our residents, guests and employees who smoke, to please put your cigarette butts in a nearby ashtray or keep it until you can properly dispose of it.

Seasonal Residents

During this time of year, many of our seasonal residents are heading back home and will not return until the fall. Our seasonal residents may want to consider having a neighbor periodically check their irrigation system while they are away. Power outages can sometimes cause the system to revert back to a default watering schedule. We also ask that neighbors help so that homes do not appear vacant by picking up any newspapers or flyers that may be left at the residence. It also makes the home and neighborhood look nicer which benefits everyone.

Candler Hills and Indigo East

Trash Pick-up

Please note that Waste Management will not pick-up trash on Monday, May 31, in observance of Memorial Day. Residential pick-up will resume on the next scheduled pick-up day following the holiday.

Prohibited Waste in Household Garbage

Waste Management has asked us to remind our residents that there are certain items that are prohibited in household garbage containers.

- Hazardous waste, such as muriatic acid and chlorine used in swimming pools, and other products labeled toxic, poison, corrosive, flammable or irritant.
- Biomedical infectious waste particularly used hypodermic needles.
- Oil
- Paint
- Automotive batteries

Marion County's Household Hazardous Waste (HHW) division offers homeowners a way to dispose of household hazardous waste. There is a facility located at the Baseline Landfill and it is open to homeowners during the regular operating hours of the Landfill. There is also a mobile HHW unit. You may call 671-8496 or 671-8477 for more information on HHW disposal. They also hold two Electronic Waste Collection events per year, and you may call 671-8473 for the next scheduled event.

We thank you for properly disposing of these types of items because not only can it be harmful to whoever is collecting them but it is also harmful to the environment.

Sharps Box Disposal

For residents looking for a place to dispose of their sharps containers, there is a center located at Martel at 6800 West State Road 40 in Ocala, phone number 671-8465. There is another alternative-disposal by mail. Sharps offer a program called Sharps Disposal by Mail Systems. When the Sharps Disposal by Mail System sharps container is full, it is placed in the pre-paid postage return box and delivered via the U.S. Postal Service to the Sharps treatment facility. You may find out more about this service by visiting their website at www.sharpsinc.com.

Fox Squirrels

Fox Squirrels are listed by the State of Florida as a "species of concern." Please do not attempt to feed or otherwise interfere with the animals, as they may become aggressive when we invade their nesting areas. If there is a nest, they will defend against intruders and may become aggressive. Always be aware of the surroundings so you can try and avoid these situations. Once the babies leave the nest, the aggressiveness will decrease until the next nesting time.

Golf Cart Paths

You may have already noticed the revised signage along 99th Street Road, 94th Street and 98th Street. These lanes are multimodal and are no longer posted for carts only. We will be adding lanes on the east side of 90th Street this year.

Health & Recreation Pool

Closure

The Health & Recreation pool and patio will be close for maintenance on Monday, May 10 and reopen on May 24. We appreciate your patience as we work on this area.

Miniature golf opens this month. You may also want to check out the changes to the Craft building card room and billiards area.

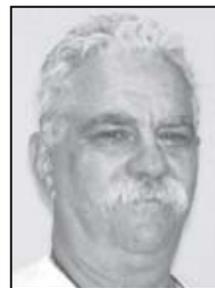
Be sure to check out the new menu at Candler Hills Restaurant and the new themed dinner nights.

Enjoy the rest of spring ... it's hard to believe that it is half way over already. I'm not quite ready for all the heat and humidity that comes with our summers but a little relief from all the pollen and leaves would be nice.

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Social Club

Mort Meretsky

Our raffle for Hospice of Marion County was a huge success. Lois Miller was the first winner and she chose the ring provided by Lemieux Diamond Co. She bought her ticket at bingo from Jeanette Volk. The second winner was Mike McMullen who bought his ticket from Helen DeLuca. He was happy he won the cruise for two provided by Affordable Travel Inc. It was what he would have chosen.

I'm happy to say we raised \$2,355. A big thanks to everyone who worked on this fundraiser.

Our next poker/blackjack play date is May 21, from 2 to 4 p.m. at the Arbor Conference Center.

See y'all on the 21st.

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Keeping It Green
Phillip B. Hisey

Spring has sprung and summer is closing in on us and fast. This past winter

was one of the coldest in Florida in 20 years and I think we are just now starting to see the effects of what the cold weather will do to plants.

This was the second time I saw snow in Florida, yes snow in Florida. We had 13 days of freezing temperatures; six of those days were below 20 degrees for more than nine hours. There were a few days we did not even get above 45 degrees. That was a cold winter for Florida.

Many Queen Palms planted in the community did not survive the winter or else they look very weak as a result of the sub 20-degree temperatures, same with the Pigmy Date Palms. There are a couple other palms not climatically suited for this area that did not do to well either.

You can go to www.ontopoftheworldinfo.com for a complete listing of plants that are suited for this area. This list is not an "all inclusive" list but will give you a list of plants to choose from. Typically, when a homeowner applies for a landscape modification and there is a plant that is not suited for this area we write

some type of warning on the signed modification suggesting that the specific plant may not do well given the cold temperatures we see here from time to time.

We are also seeing the same issues with sod that we saw last year. As spring gets further along we will see more and more yards that show yellowing patches that you just cannot get to green up. The cold weather could have damaged the roots of the turf grass making the grass less likely to uptake vital nutrients such as nitrogen and potassium.

When the grass is weakened, it is also susceptible to fungal pathogens that can create more issues. We have already seen this in various areas and we are moving forward with testing to remedy the problem. If you suspect this could be your problem, do not wait. Contact your local Agriculture Extension Agent and send a sample to the University of Florida Rapid Turf Diagnosis Service. For \$75, this lab will tell you in three days what is going on with your grass and how to treat it.

There are some spots of St. Augustine

that are just not responding to inputs of fertilizer and water. These spots are probably the areas most damaged by the cold weather.

If there appears to be some life in these areas, check the stolons. Dig through the thatch (layer of dead undecomposed plant material) and see if the stolons are still green. If so, rake out the thatch and top dress your lawn. You want to put down layer about 1/8 - 1/4 of an inch thick. This will help suppress weeds seed germination but will also provide a good base for the grass to grow. I prefer to use a builder's sand or sand box sand.

If you have not fertilized already, you can do so by using a complete acid forming fertilizer. Make sure you follow Marion County Ordinance 08-35. See www.ontopoftheworldinfo.com for more information concerning landscape and lawn maintenance tips in the homeowner maintenance tab under your community on the left of the page about 3/4's of the way down.



View from the Library
Doris Knight

Studs Terkel's "Working: People Who Talk About What They Do All Day And How They Feel About What They Do" is a compendium of their many jobs and the feelings they stir in most persons who, by choice or by accident, find themselves giving one third of their days to their occupation.

Armed with a tape recorder and a plan he was able to encourage many persons to discuss their jobs - the good and the bad. The occupations he chose cannot be classified as those, which would encourage their holders to be verbal and thoughtful about their position. We turn to those whose employment makes up the everyday life of our cities and towns. And seeing these jobs in the eyes of the beholder also may change your view as you read them. I have chosen to discuss two examples and give you just some sense of the doors that may be opened if you read, "Working."

The first is the story of Grace Clements, a felter in a luggage factory. She is a woman in her mid-40s who has 18 grandchildren and yet managed to work in factories for the past 25 years, in a variety of occupations. Her description of her daily responsibilities sends chills up and down my spine.

She works in a tank six feet deep and eight feet square. The pulp, which will become felt, comes through a screen filter in a form shaped like the luggage you buy. In 40 seconds, the wet felt must go through several processes done by hand until it is dried and complete. She does 800 to 850 pieces like this in her eight-hour shift over and over.

She works eight straight hours with two 10-minute breaks and a 20-minute break for lunch. I have read about sweatshops but not in such detail. What Grace Clements did is horrible; except for the breaks, she spends all day in the tank.

The other example is Hub Dillard, a 48-year-old construction worker. His description of what is involved in running a crane to get steel beams up to the construction workers who are balancing on beams six inches to a foot in width, is terrifying.

It becomes a well-planned ballet in the air with the men on beams having their life at risk all the time. For Hub Dillard, he knows that, if he makes a mistake, the consequences will be dreadful.

"Working" opens many such doors for you. It gives a chance to learn about how many people have lived their lives, the price they had paid and the satisfaction they often felt. The book is very long - but you may enjoy dipping into it. The various occupations are listed in the contents; so you may easily locate the occupations you may be interested in learning about.

Hospitality
Linda Tiffany

The Pub

The Pub hours are: Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3 p.m., and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Check out the specials posted daily. A light and a hearty special will be featured, in addition to homemade soup.

Every Wednesday and Friday we continue to offer the following favorites:

Wednesday - Open-faced Prime Rib served with an onion tower - \$8.95.

Friday - Fried Whitefish Filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw or Fish & Shrimp Basket - \$8.95.

Candler Hills Restaurant

Check out our new menu which features some new and exciting additions. Breakfast anytime includes: steak breakfast burrito (tender grilled steak with cooked-to-order egg, caramelized onions, bell peppers, crispy potatoes, pepper jack cheese and salsa) and bacon, egg and cheese panini (egg cooked-to-order with bacon, cheddar and provolone on ciabatta bread). Two specials are featured every day, as well as a homemade soup.

Candler Restaurant hours have changed to: Sunday - 8 a.m. to 6 p.m., Monday through Thursday - 11 a.m. to 7 p.m., Friday & Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made-to-order omelets and eggs - \$7.95.

Early bird dinner specials can be found

in a display ad in this issue of the World News.

Self-serve coffee and doughnuts are available for golfers at 8 a.m. Monday through Saturday.

The Prime Rib Special every Friday and Saturday includes baked potato, vegetables, salad, rolls and butter for \$12.95 and is served from 4 to 8 p.m. Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.

Father's Day Menu

Sunday, June 20, 11 a.m. to 6 p.m.

Reservations recommended (861-9720)

House Salad, Rolls and Butter

Choice of Entrée

10 oz. Prime Rib served with horseradish and au jus, baked potato and choice of vegetable - \$12.95, plus tax and gratuity

Double Cut Pork Chop served with homemade applesauce, mashed potato and choice of vegetable - \$12.95, plus tax and gratuity

Chicken Marsala with Wild Mushrooms served with penne pasta aglio olio and choice of vegetable - \$12.95, plus tax and gratuity

Dessert Special

Bread Pudding served with vanilla ice cream and bourbon sauce - \$3.50, plus tax and gratuity

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Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

over the last six months and prices have definitely begun trending higher. For the first time in a good while I've seen appraisals come in higher than the purchase price!

Prices historically vary over a wide range. Newer homes have been historically selling for less off the market than older homes. This is due in large part to the perceived value differential between products. However, a significant determinant in price appears to be the motivation for selling: homes listed by heirs or the infirm, have sold at discounts of 50% to a reasonable market (This is the problem of a quick sale under duress.). I believe fewer of these types of properties are coming on the market, so we are starting to "normalize" to more of a real value.

If you have your home on the market, take note, there may be an opportunity afoot to increase your final price if you can be a little patient.

Programmed Work

Beginning in mid-May, work is planned on the water distribution system in Friendship Commons, Friendship Park, Friendship Village and Americana Village. Pressure Reducing Valves (PRV) will be in-

stalled in the existing water distribution system to rebalance the pressure distribution to these areas. A total of eight of these valves will be installed, one at every water main servicing the specified sections.

A pressure reducing valve works by controlling the flow of water entering the valve from the main. It functions in such a way that even if the supply pressure fluctuates, the PRV ensures a constant flow of water at a pre-set pressure to the downstream side of the valve (to the customers). By reducing the downstream pressure, water is retained in the system thus helping to balance the overall pressure system-wide and reducing your water consumption as registered by the house meter.

A pressure reducing valve (PRV) is a great benefit to both the water utility as well as the customers. It reduces pressure spikes and promotes conservation, regulates a safe working water pressure, and reduces operational costs by allowing the high service distribution pumps to run less often. From a practical perspective, the change will not create a noticeable water pressure difference in the home.

I can see clearly now and the drops are all gone. Yes, I had cataract surgery over the last few months just like so many of our friends and neighbors. Check out the new picture without glasses!

We didn't have quite as many donors in April as we had in February. This time we had 23 very giving people. Here are their names: Kay Breyfogle, George Brown, Kay Chandler, Donald Conroy, Loretta Conroy, Richard Copeland, Susan Copeland, Art Dushary, Kathleen Dushary, Rosalie Fridell, Sue Guy, Lauren Hickok, James Kerwick, Melvin Klosterman (just over seven gallons!), Edward LaLonde, Jeanne Nicholls, Joan Rappa, Virginia Rivers, Patricia Russell, Hedy Schamal, John Selher, and Sara Sommer. If you know any of these people, be sure to say a special thank you to them for giving the gift of life.

Mark your calendar now for the next drive on June 7.



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Recreation

News

Theresa Fields

The warm weather has arrived and we have plenty of activities planned for the month of May. I'd like to thank everyone who participated in Hands Across the Highway. This show displayed the fine art and sculpture talents of many residents and folks from our surrounding area. The mood was set with instrumental entertainment by Silverwood Duo who played beautiful music on the harp and flute. The ShutterBugs greeted everyone with a display of winning photography from 2009.

Pool Closure

The Health & Recreation pool will be closed for approximately two weeks for resurfacing of the pool deck. The dates of this closure will be Monday, May 10, through Sunday, May 23. The pool is scheduled to reopen on Monday, May 24, in time for the Memorial Day weekend.

Health & Recreation Pool Monitors

Beginning Saturday, May 29, at the Health & Recreation pool, we are planning to have pool monitors on duty through the summer ending on Labor Day weekend. If you are interested in volunteering as a pool monitor, please contact the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m. at 854-8707 ext. 7530.

Donation Boxes

Please note that we have removed all donation boxes from the Health & Recreation lobby. The donations can now be placed in the designated drawers located at the Health & Recreation lobby.

Medicare Seminar

Bring your questions and prepare to learn more information regarding your Medicare options at this seminar. Julie

Wright and Ron Fava are independent agents, representing United Health Care, and will be speaking about Medicare on Tuesday, May 4, at 11 a.m. at the Arbor Conference Center, Suites E and F. To register, please contact the Health & Recreation office at 854-8707 ext. 7530.

High Tea

Enjoy a relaxing afternoon with the ladies during our special Mother's Day High Tea on Thursday, May 6, from 2 to 4 p.m. at the Arbor Club Ballroom. We will be celebrating and remembering all mothers during this special day whether you are a grandmother, daughter, step mom or someone's best friend. Bring your favorite teacup and enjoy assorted teas, along with chicken salad sandwiches, scones, cream puffs and more served on China plates and linens. To register, please contact the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m.

Girls Night Out

Join the ladies at Downtown Ocala Girls Night Out on Thursday, May 20. This is a time when more than a dozen downtown shops and restaurants will be open late for your shopping and dining pleasure, with lots of specials to offer. The cost is \$5 per person and you can register at the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m.

Transportation is provided and seating is limited to the first 20 ladies. For more information, please call 854-8707 ext. 7530 or 7533.

Social Hour

Enjoy an evening with friends and relax to '20s, '30s and '40s music being played on the piano by Dick Gray. We will have a cash bar with light hors d'oeuvres on Thursday, May 27, from 4 to 6 p.m. For more information, please contact the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m. at 854-8707 ext. 7533 or 7530.

Memorial Day Celebration

Please join us in remembering those who have served and those who are currently serving in the U.S. Armed Forces. The Lions Club will officiate the Memorial Day service at the Health & Recreation flagpole on Monday, May 31, at 11 a.m. The West Port High School Color Guard, the Sunshine Singers and a special guest speaker will also be present. For more information on this event, please contact John at 854-8629.

Happy Hour

We have plenty of entertainment scheduled for the month of May, starting off with our themed Happy Hour:

- May 7: Cinco de Mayo theme with Sounds of Time
- May 14: Automatic
- May 21: Johnny Alston
- May 28: Barry & Nancy

Dinner Run

The restaurant of choice this month is Outback Steakhouse on Tuesday, May 18, at 4:30 p.m. Pick up location is at the Health & Recreation parking lot bus sign. Seating is limited. Please call the Health & Recreation office to register at 854-8707 ext. 7533 or 7530.

Seminole Casino Trip

Our next trip is scheduled for Tuesday, May 18. The cost of this trip is \$20 per person and this includes your round-trip transportation, \$25 in free play along with a \$5 lunch voucher. You may register at the Health & Recreation office, Monday through Friday, 8 a.m. to 4 p.m. at 854-8707 ext. 7533 or 7530.

Florida Polo Club

We have free tickets available for the Florida Polo Club for the spring season running through May 29. The polo field is located at 11008 South Highway 475, Ocala. If you are interested in receiving a ticket for this event, please contact the Health & Recreation office at 854-8707 ext. 7533 or 7530. Tickets will be on a first come, first serve basis.

Have a safe and happy Memorial Day!

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Winds of Windsor Cheris & Bob Garrison

We moved to Windsor in February 2009. It was a long journey. Following our marriage almost 44 years ago, Bob and I lived in Minnesota for two years. He then served in the Public Health Service (PHS) for 27 years and was stationed at the National Institutes of Health in Bethesda, Md., working primarily on the Framingham Heart Study.

Since retirement from the PHS, he has continued to work in preventive medicine and heart research in Memphis, Tenn., (four years) and Jackson, Miss., (nine years). While it's been very interesting living in the South and we love our life in Florida, each summer Bob and I return to our upper Midwestern roots on Ten Mile Lake in Northern Minnesota.

Our son and daughter both live on the East coast. While our son was living

in Gainesville, we thoroughly researched Central Florida retirement communities, settling on our home here in Windsor in April 2007. While waiting to sell our home in Mississippi, we came to Windsor for short stays and gradually met our new neighbors, as more of them became residents.

What a friendly and fun bunch they are! When we finally moved in, we felt right at home. Windsor continues to excel in welcoming new neighbors! We have no doubt that every neighborhood has wonderful neighbors, but Windsor has to be the best! We get together often in groups both large and small.

Once a month the GLOWs (Gorgeous Ladies of Windsor) get together for Bunco at the Arbor Club while the men go out for dinner. Our new book group (Glow Worms) has been meeting monthly since November; we enjoy reading new books and discussing them together while getting to know each other better. We also enjoyed our first annual holiday cookie exchange in December.

Several of us attend yoga practice on Mondays and Wednesdays and many are dedicated line dancers. Others enjoy golf, pickleball, classes at Master the Possibilities and exercise classes. We've taken trips to Micanopy and Mt. Dora together, a wonderful way to familiarize ourselves with our new surroundings and enjoy each other's company.

Did someone say travel? Windsorites get around! Bob and I recently enjoyed the Travel Toppers cruise to Bermuda via the Bahamas. Windsor residents participate in just about everything that's available here. Bob and I feel like we are truly On Top of the World!



Avalon Social Group Lorraine Rourke

Our fish fry last year was a huge success with an excellent turnout of Avalon residents and some delicious fish created by Georgia and Bert Adams. They will once again be organizing this event and preparing the fish.

This year, our annual fish fry potluck will be May 3 at the outdoor pavilion near the baseball diamond behind the Health & Recreation Building (rain location Arbor Club Ballroom). We will need additional volunteers to assist Bert with the frying, and table setup prior to the event. Please call Larry at 390-2120.

If you don't like fish, that's okay, as everyone is bringing a dish to share so we have an amazing variety of food and fun visiting with neighbors. Please bring an appetizer, meat, salad, fruit, dessert, vegetable, salad or casserole, your own beverage (if we are in the Arbor Club Ballroom, the beverage must be non-alcoholic.), and a serving utensil.

We will have picnic tables set up, however, if outside, you may want to bring a chair just in case we run short of seating in the covered pavilion. Set-up is 5 p.m., start is 5:30 p.m. with the food line starting around 5:45 p.m.

This will be a fun event with some games with prizes planned so come prepared to eat some delicious food and have some fun with your neighbors.

Our June 7 potluck will return to the Arbor Club Ballroom. This will be the last one before the summer break. We will start up again Sept. 13. For this one, bring a dish to share of meat, casserole, rice, fruit or vegetable (no desserts as we will assign these). Come chat and see your neighbors before the heat of summer sets in.

If you have any questions or ideas, call Lorraine 390-2120.



Submit Articles by E-mail to
otownews@otowfl.com



Community Patrol Patricia A. Woodbury

At our March meeting, Captain Tom Terrell, District Commander, provided some training on how to manage the Prius patrol car if the accelerator sticks. This information may be helpful to others. He advised:

- Stay calm.
- Brake firmly, holding two feet on the brake even if you feel the ABS brakes pulsating.
- Keep your eyes on the road.
- Put the car in neutral.
- Head the vehicle to a safe stopping position.
- Do not turn off the engine as it will disable the power steering, the power brakes and perhaps lock the steering wheel.

Captain Terrell encourages all residents to lock their car doors and close their garage doors, particularly at night.

Beware of the calls for "Grandma, I need money" and "you have just won the lottery" as these may be scam calls.

We now have a new form for resident complaints called the "Community Action Report." This form will be given to any resident who reports an event to a patrol person. The form must be filled out by the resident who then gets it to the On Top of the World Customer Service office.

The next meeting of the Patrol is Monday, May 24 at 3 p.m. at the Arbor Conference Center, Suites B and C. Anyone may attend our meetings; so come and join us. You might learn something that could save your life or someone else's. For information about the Patrol or if you have any questions, please call Gary Rodoff at 291-7508.

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Candler Connection Don Grosner

Spring has sprung here in Candler Hills. How do we know? The neighborhoods are filled with lawnmowers, landscaping contractors, cleaning services and home curbing installers. Other sure signs of spring, increased golf cart traffic on our streets, more golfers on the course and an uptick in the attendance at the Candler Hills Community Center pool, all of these things along with the moderate weather we are having add up to one of the best times of the year here in Candler Hills.

Our Candler Connection Social, "A Taste of Italy," held on Sunday, April 11 at the Stone Creek Grille was sold out and, all who attended were delighted with the food and the entertainment. The raffle of cash and donated prizes valued at over \$1,000 was an overwhelming success.

The Candler Connection wishes to thank all sponsors for their donations and support. The social committee and the event organizer, Sandy Jankowski earned a round of applause and praise from all who attended.

The Candler Gathering club continues to provide social opportunities for Candler Hills residents. Recently, 20 of us enjoyed a very successful carpool trip to the Orange Blossom Opry with a dinner stop at the Takis Restaurant. A group of 18 viewed Polo in the Park at the Florida Horse Park on a recent Saturday afternoon. This event continues every Saturday in May at the Horse Park located on Rt. 475 at 4 p.m., tailgating begins at 3:30 p.m.

The Candler Gathering meets every first Tuesday of the month at 7:15 p.m. at the Candler Hills Community Center. All are welcome to attend. Events are proposed, organized and run by members willing to share their experiences with others.

Recently, a meeting was held for people interested in antiques and collecting to explore the idea of a Quester chapter here in On Top of the World. Quester is a national organization created to discuss, educate and possibly pursue group adventures to antique shops/flea markets and other venues. For further information, contact Suzette or Leo at gzette7@aol.com or 861-8447.

The potluck dinners held monthly at the Candler Hills Community Center have been put on hold until Aug. 30 in recognition of the large number of residents traveling or otherwise unavailable until then. This event draws between 50 and 90 residents monthly and has become a good way for people to meet their neighbors from throughout the community.

Are you new to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directory and learn about our New Neighbor Welcome event on the third Tuesday of each month at 3 p.m. at the Candler Hills Community Center, RSVP required.

For residents of Candler Hills, or if you'd like to see what our neighborhood experience is all about, you can find more information at the Candler Connection website at www.candlerconnection.org.

Women's Cancer Support Group Patricia A. Woodbury

At the April meeting there was a lively discussion of the various cancer treatments that the members were receiving. There was particular emphasis on the natural approach to cancer treatment that several members were experiencing. This was a good session for sharing of cancer treatment information and resources.

This group meets on the third Thursday of each month at 1:30 p.m. in the Arbor Conference Center, Suite B. Women who are cancer survivors or may be a caretaker for someone with cancer or are interested in learning about cancer and other related issues are welcome to attend. For further information, contact Diane Kirol at 854-8152.

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Shutterbugs Photography
Marilynn Cronin

ShutterBugs—On Top of the World Photography Club stresses education, sharing and fun!

Our May display at Master the Possibilities will be by Ray Cech. Displays at Freedom Library change monthly.

April's field trip was a Homosassa river cruise led by Doris Mauricio.

On May 4, Jim Carroll, one of last year's judges, will give a presentation on, "Seeing and Capturing Light," and on May 18, member Bruce Hagstrom will give a PowerPoint presentation on showing your photos.

Mike Gattozzi, on the second Tuesdays, coordinates our Show 'n Tell consisting of photos of the previous month's field trip or a similar topic for those who didn't attend the outing.

Sadly, I have to announce that Tom

Frostig will no longer be teaching us PhotoShop Elements. He will be greatly missed; he set us on the path to learn photo enhancement - or what used to be dark room skills - and now we can do so much more!

PHOTO TIP: Butterflies are sensitive little creatures. Get too close, they'll fly away. And, even when you do get close, they're constantly moving from flower to flower, gathering their most precious sweet nectar. This makes it difficult to photograph butterflies, but here are eight tips for dealing with some of these problems:

1. Use a tripod, but keep the head loose - butterflies move quickly from flower to flower, so you won't have time to lock in your tripod.
2. Wait for colder weather - butterflies need heat from the sun to use their wings (they like to take it easy when it's colder out). Colder weather makes them easier to approach.
3. Position your camera's sensor so it's parallel to the butterfly's wings - with butterflies, you'll want their body and wings tack sharp, so make sure your camera's sensor is parallel to them.
4. Wait until the butterfly is front-lit by the sun, as side lighting will usually result in a harsh shadow across the butterfly's wings, and backlighting is always difficult.
5. Use a fast shutter when you're photographing butterflies - three things are almost always moving: the camera, the butterfly, and the flower it's perched on. To freeze the action and increase



Photo by ShutterBug Janine Nettleton



Photo by ShutterBug John Bauer

6. Shoot in JPEG mode - if the wind is giving you a hard time and the butterfly is constantly moving, shoot in JPEG instead of RAW. This will allow you to snap more shots in a short burst.
7. Wait for butterflies, don't chase them - if the butterflies seem extra sensitive when you're trying to approach them, try to wait patiently at one flower. Butterflies usually get scared if you approach them,

but they'll land on flowers right next to you if you're already sitting there.

8. Be careful of shadows - they love the sun, so if you cast a shadow on them, they'll usually fly away. (Excerpts from article by Steve Berardi, naturalist, photographer and computer scientist.)

The ShutterBugs meet the first three Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. For more information about the ShutterBugs, contact Gary Uhley at 854-8536 or bugs@otowspc.com.

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Photo by Tekla Krause

A group shot of one of six tables at the hot dog roast.

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Providence II
Tekla Krause

The weather really cooperated for our second annual hot dog roast, which we held at the covered pavilion. The buffet was diverse and delicious.

Don Krause and Peter Paige were our grill masters, cooking up a storm on the charcoal grills.

Cynthia Paige was our "runner" bringing the hot dogs to the buffet table as soon as they were ready.

Meridel Jellifer kept our finances in line by collecting registration fees and Ruth Kuntar did a fine job of selling 50/50 tickets. John Johnson was the lucky winner.

The only rule we had to follow was to speak to one person we did not know before that day. We all went home feeling like we had made a new friend.

We will end our season with two events in May. Our ladies spring luncheon at Stone Creek Grille will be on Tuesday, May 11. You can call Lynne Schimmel at 861-2034 to register.

The last game night for the season will be May 25 at 6 p.m. at the Arbor Conference Center, Suites E and F. As usual, bring a favorite game if you have one, your own beverage and a small snack to share.

We are looking forward to more in the fall including our harvest potluck in October. Hope to see you at one of our events.



Photo by Tekla Krause

Grill masters, Don Krause and Peter Paige.

Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. For more information, call the Health & Recreation Department at 854-8707.



Irish American Club
Bob O'Neal

"Slainte" (slanja) or "good health" to everyone as we finally move past the "Irish" weather to the little more seasonable warmth of spring.

Our May 13 meeting brings back the popular Irish singer and humorist Michael Funge. His traditional music and always fresh humor has delighted our club in the past, and I hope you'll come and join us and bring some friends. As always, this is open to all residents. Tickets (\$12) will go on sale Monday, May 3, in the Health & Recreation Ballroom and again on Wednesday, May 5 from 8-10 a.m.

Vice President Jim Davis retired from active duty after the St. Patrick's Day party and we will sorely miss his energy and talent (to say nothing of his sense of humor). Thank you, Jim.

Just got off the phone with Ray Cooper, the one-man entertainer, who delighted us with his energetic talent last October. Long story short, he will be coming back next October.

I reported on a surprising victim of the recession in Ireland when I wrote about Waterford Crystal going into receivership in January 2009. Of course, the famous visitor's center went with it. Ah, but there's some good news because this June, a new Waterford Crystal center will open. It will be smaller than the previous center and at a different site—in fact, right in the heart of Waterford City.

Founded in 1783, the firm is no stranger to financial hardship. In the 19th century, it closed down because of a lack of capital, only to reopen less than a hundred years later. If you are planning a trip to Ireland, be sure to put in on your schedule.

The 40th World Irish Dancing Championships have kicked off in Glasgow, Scotland with 4,500 competitors from 32 countries taking part at the Glasgow Royal Concert Hall. The dancers are accompanied by 15,000 parents, teachers, families and friends making this one of the largest Irish gatherings anywhere in the world.

Glasgow was the location when an unknown 17 year old named Michael Flatley from Chicago made his incredible first impression on the world stage in 1975, and Irish dancing has never looked back.

We are working our way up to number one in the list of the 10 most popular Irish last names. Number four is a real shocker to me. It's Walsh and the meaning is pretty straightforward. It was the most common of the Norman associated names found in Ireland and was the name used by many different groups of Welsh people who arrived in Ireland with the Normans during the 12th century. The name simply means Welshman and its early Norman form was "Le Waleys" and that became gradually anglicized to Walsh.

I'll see you all on the 13th but until then ... may your pockets be heavy, your heart be light and may good luck pursue you each morning and night.



R/C Ladybirds
Barbara Toeppen-Sprigg

The April meeting of the Ladybirds marks the election of officers, and this year we had four eager and talented women chosen for office. They are: president - Naomi Weinstein, vice-president - Caren Kowalsky, treasurer - Linda Lohr, and secretary - Marilyn Bass. They will be installed at the luncheon meeting on May 14.

These leaders have the summer to plan a series of interesting programs for 2010-2011.

Our featured ladybird of the month is the new president, Naomi Weinstein. Naomi was born in Brooklyn, N.Y., and moved with her parents to Long Island (the original Levittown) in 1948. Following high school graduation, she ventured

off to Cornell University in Ithaca, N.Y., where she majored in Home Economics Education. She put that education to good use, as she returned to Long Island and began teaching in the West Babylon School district. She stayed in that district, teaching two generations, until retirement in 2002.

In late 1969, at a singles group, she met a man in a gold sweater. It wasn't until a snowy night in January of 1970 that she ran into him again and found out his name. In August of 1970, Emory (who still owned the gold sweater!) and Naomi were married. In June of 1972, Carol joined the family to be followed in September of 1979 by her sister, Andrea.

Emory was a modeler from his early days in Brooklyn, and though he didn't belong to clubs for a long time, he continued his membership in AMA and saw the On Top of the World ad in the magazine. In 2006, while they were planning Andrea's wedding, Emory suggested they go to Florida "to look." Right after the July wedding, they loaded up their car for a two-week visit. They decided that the Florida living would work and in September, they put down their money. They moved in full-time in October of 2007 and have been enjoying the lifestyle ever since.

In addition to the Ladybirds, Naomi enjoys cooking, baking and needlecraft. She reported, "We never imagined that we would find such loving and caring people." They have since added another son-in-law to their family and in July they will welcome their first grandchild.

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American Jewish Club
Norma Seidman

The end of the club season is close at hand, with many members getting ready to head North for the summer.

The last meeting of the American Jewish Club will be held on May 16, at 12:30 p.m. in the Arbor Conference Center. At that time, we will have the installation of new officers for the 2010-2011 season, and then enjoy our potluck luncheon, with all that delectable home-

made food. Our members come up with delicious food each year, and we are all waiting anxiously to see and taste.

The lunch bunch has had a busy and fun club season, of which our scales continually remind us. May 20, at the lovely Mission Inn, we will have our last 2010 lunch bunch get-together. At that luncheon, we will bid farewell to our co-presidents, Paula and Lenny Kofsky. They have done a great job for the past two years leading AJC. It's a tough job and you did it well. We all thank you.

Have a great summer, have fun, (don't) keep out of trouble and, most important, stay well (zeid gesund)!

See you in the fall.

Italian American Club
Jerome Cauda

The regular monthly meeting was held on April 6. The membership was well fed at our annual pizza party. Besides having a choice of three types of pizza, a salad was also provided along with a choice of beverages. Following a great choice of food, members had a day at the races. Great food and fun for all of the members.

The May meeting will be an end of season picnic. Menu includes hero sandwiches, salads, desserts, iced tea and coffee. Plan to sign up prior to April 30 by contacting Mike De Bari (861-9484) or Carole Dymond (291-7670) for reservations.

If you know of any club member who may need a card sent to them, please contact our Sunshine Lady, Fran Kostnik (873-4104).

The next meeting is scheduled for May 5, at 1 p.m., Arbor Conference Center, Suites E, F and G. Picnic at 2 p.m.

German American Club
Inge Gaitch

The cut off date to register for our annual picnic is May 4. If you have not yet registered and wish to do so, please contact Inge Gaitch at 237-7428 by the above date. The picnic will be held on Tuesday, May 11, in lieu of the regular club meeting. As in previous years, it is requested that if you have lawn chairs to please bring them.

Club meetings will be suspended through the summer and the first one for the 2010/2011 season will be held on Tuesday, Sept. 14. For those who may be traveling during the summer to visit relatives and friends, we wish you safe and pleasant travels and look forward to your return.

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Opera Bernie Kelly

It's May and time to close out the Opera Appreciation Class for the season. We look back at a very successful series of operas watched on the new 37" flat screen TV. Also, it is time for me to write about our plans for the new series beginning in December.

We started out in December 2009 with Puccini's Turandot with Plácido Domingo singing the male lead and Eva Marton as Turandot. I like to start the season with a Puccini opera because he's so well known and his operas are very accessible even to the casual opera viewer. Another fact to consider is that they are not overly long.

January we had the opportunity to watch and discuss a comic opera by Gaetano Donizetti who is becoming more and more popular today as many of his 67 operas are being staged throughout the world. Don Pasquale was the opera and it was staged by singers who were in their 20s which makes the plot more believable.

February brought us our Verdi opera, A Masked Ball, with Luciano Pavarotti singing the lead and American soprano Aprile Milo singing the female lead. It was a Met production of 1991. Pavarotti really admired this work and was quoted as saying that he would choose this opera if he had only one that he could sing for the rest of his career.

March we had one of the all time favorites, The Barber of Seville, composed by Gioacchino Rossini. It is the oldest of the operas we studied going back to 1815 just after the exile of Napoleon following his defeat at Waterloo. It was recorded in 1971 and a great cast with Hermann Prey, Luigi Alva and Teresa Berganza.

We closed out with Eugene Onegin by Tchaikovsky in April with a stellar cast. Russian baritone Dmitri Hvarostovsky sang the role of Onegin and Ramón Vargas; Renée Fleming sang the other two leading roles. It was given a rave review in the Opera News magazine of the Met with which I agree completely.

Next year, we will start with the Puccini opera, La Bohème in a new movie version with Anna Netrebko and Rolando Villazón singing the roles of Mimi and Rudolfo. Otello with Plácido Domingo and Renée Fleming as the leads is our Verdi opera to be shown in February. In January, we will have two one-act comic operas, Signor Bruschino by Rossini and Il Re by Giordano. Tony Donato will provide the class with a great concert DVD featuring Plácido Domingo, Rolando Villazón and Anna Netrebko. It sounds like a must see.

To finish the season I am thinking of several possibilities. No matter what the final choice is, it will be a season not to be missed by any opera lover. So, until our first class in the fall I wish everyone an enjoyable summer.

April was a particularly busy month starting off with the 11th annual Paas Eggstravaganza held at Tusawilla Park. There was an Easter egg hunt, cookie decorating and pony rides. D'Clowns did the face painting and tattoos for hundreds of children.

The last Saturday of the month, you will find us at the March of Dimes finish line with our squirt guns and noisemakers cheering the walkers and runners. It is the 40th annual Marion County March for Babies held at Marjorie Carr Cross Florida Greenway. It helps to support grants for community programs.

D'Clowns has also been invited to TimberRidge for an appreciation social, which we enjoyed last year.

As you can see, we are a fun group. Won't you join us? Our meetings are on the first and third Monday of the month at 1:30 p.m., Arbor Conference Center, Suites B and C.

May happiness smile in your world and in your heart!
Happy Mother's Day!

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Karaoke Friends Vivian Brown

Some days we just find ourselves a little low, when this happens join us at karaoke! Without a song or a dance, what are we? I say thank you for the music and giving it to me. You will feel your spirit soar, you will start humming and tapping your feet as you come alive with the thrill of it all.

So come one, come all and experience it for yourself. Join our regulars like Kathy, who can sing almost anything and



Ocala Clown Express Kathy & Charlie Petrosky

Can you hokey pokey or chicken dance? You can! Well, you could be one of the nursing home clowns. We visited TimberRidge this month and had fun singing and dancing. Of course, we had a joke or two and love to do some magic. "Fooling around" is our specialty.

April 22 found us back at Hawthorne Village attending volunteer appreciation. It is nice to be recognized for bringing joy to others.

The children were all bright-eyed when

does it well. She also does a swell duet with her husband Charlie. Duets have really caught on; each time we're together, we have more and more.

Norma and Bob sing great together. Rich and Cindy, if I'm not mistaken, started the whole duet thing by singing their wedding song that changes every time they sing it, at least that's what Charlie says (ha, ha).

Jimmy sang his usual country songs. Donnie did a couple of duets with Jim, who is new and wanted to help him out; they did well. While Norma did a couple of duets with Jeanne, who is also new, it sounded fine.

Donnie brought a guest, Jean. She was a pro at karaoke; she sang like a professional and was terrific. Shirley sang a duet with Kathy; nice job.

Anne sang her usual wonderful self. Tom has a terrific voice and he is what you call, easy listening, and you always want to hear more.

Remember we meet the first and third Mondays of the month at the Arbor Conference Center, Suites E and F from 6:30 to 9:30 pm.

If any club or organization would like us to entertain for them or for more information, please call me at 291-0246.

Until next time, keep on singing and God bless.

we returned to the hospital program. We had a long break from it and it was good to get back. We didn't want to lose our scooter riding skills! We come in on scooters to teach them about helmet and kneepad safety.

Watch out, here comes the truckers. Yes, I said truckers. Chaney Brothers had a family fun day on April 11 for all of their truck drivers. We were in the middle of all that. Did I mention they have good food and fed us, too?

We were amongst the chalk dust and artists in Tusawilla Park on April 17. It is fun to walk around and see the children all on the ground creating their masterpieces.

You would have also seen us at the Blessed Trinity carnival on April 16 and Taste of Ocala on April 25. It was a busy month.

Our alley clown friends from Leesburg joined us at the training meeting. They gave us some tips on face painting. We had a chance to paint with them and share ideas.

You can be part of our fun, too. Just call Dotsy (aka Carol White) at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown. We would love to have you join us!

Toot and Gum Drop

The Movie Club Presents 'Did You Hear About the Morgans?'

By MARY EHLE

Please note that the next movie will be on May 2, the first Sunday in May. Mother's Day is the second Sunday. We will be viewing "Did You Hear About the Morgans?"

This is the story of a young couple who

live in New York. They are on the verge of a divorce when they witness a murder. They are sent into the witness protection plan and the tale progresses from there. It stars Hugh Grant and Sarah Jessica Parker.

The movie will be presented in the Health & Recreation Building and is open to all residents and their overnight guests. The time is 6 p.m. and the cost is \$2 at the door for non-members. Come and join us.

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Concert Chorus
Anne Merrick

Once again, the Concert Chorus provided superb entertainment to a great crowd. Our spring concert was a success, taking us on a Sentimental Journey through America. Every member of the chorus has worked very hard learning the music and practicing every week since the beginning of January to bring you this performance. Joyce, our pianist, practices every day and



Photo by Jim Merrick

The Concert Chorus spring concert.

has some very complex accompaniment to play. She does a wonderful job for us. Jean, our director puts in many hours interpreting the music and words, showing us how it should be sung and teaching us so much. Thank you. There are many people behind the scenes who work very hard. The program was designed by Patti Kirschner and printed by Barbara Toepfen-Sprigg.

A committee chooses the music before we start practicing. Bill Monroe makes us CDs of our individual parts. The board of directors keeps it all running, the section leaders organize weekly practices and the whole chorus is dedicated to singing the best we can. Thanks to the people who were ushers, to Bob Wroblewski for his narration and to the light and sound people for making

us look and sound so good. We thank our audience for their appreciation and generosity. We will see you again in December. Have a wonderful summer and remember singing and listening is good for your health. If you would like to join us and can follow your line of music in four-part harmony, call Anne at 732-0706.



Sunshine Singers
Dan Metzger

The Sunshine Singers exist primarily to bring a little cheer into the lives of shut-ins at area nursing homes, although we are available to provide entertainment for other groups within the On Top of the World community.

So far, this year, we have sung for TimberRidge Rehab, Hampton Manor Gardens, Hampton Manor West, Emeritus, and Palm Gardens. Future performances are scheduled at Hawthorne Village, and return engagements at TimberRidge and Emeritus. Director, Joan Stenson, has revised our repertoire of songs to fit the seasons: Valentine's for February, Irish songs for March, spring and sunshine songs for April, and so on. We don't sing harmony parts; just the familiar melodies that everybody knows. After about a half hour of singing, we like to visit with the residents; offer them a few words of encouragement, and give them a little of the people contact that they seem to appreciate so much. We rehearse on the first and third Mondays of each month, from 6:30 to 7:30 p.m. in the Health & Recreation Ballroom. We would love to have you sing with us. Just show up on the first or third Monday, or call Jim and Kathy Oakes (another husband-wife duo) at 854-6443.

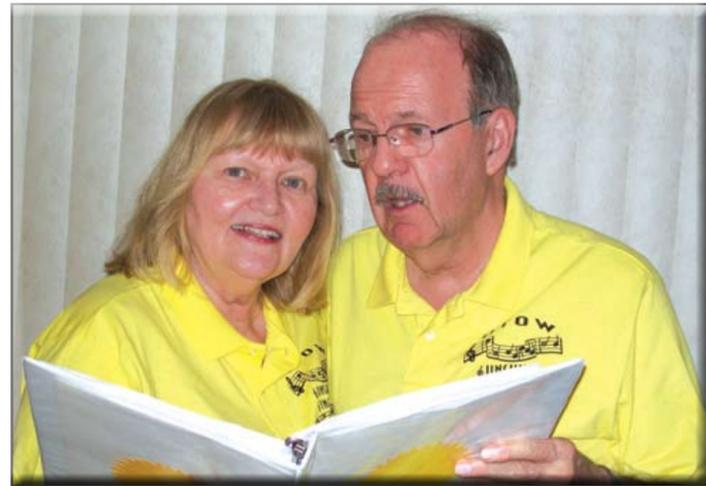
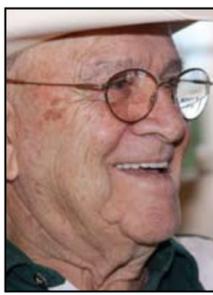


Photo by Mike Metzger

Sue and Dan Metzger, one of several husband-wife duos in the Sunshine Singers.



Original Karaoke Group
George Quaranta

Greetings all music lovers! First off, I would like to say thank you to all our singers, for your contribution to singing karaoke here at On Top of the World. Welcome to our new singers. Thanks to Jerry, Tom, Daryl, Cindy and Richie for helping to set up. On March 23, our singers included Jerry singing Frank Sinatra, Rudy, Don, Daryl, Cindy, Norma and Tom. We also had some guests from Spruce Creek in attendance, thanks for coming. All are welcome to join in our karaoke. It is fun! For information, call 873-9667.

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ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE MAY 1ST 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Dori	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry	Open Swim	Open Swim
9:30-10:30 Arbor Club Ballroom	Yoga* Ronnese	Yoga* <i>Teaching Class</i> Ronnese	Yoga* Ronnese				
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		

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*Denotes a fee based class - Fitness Pass Required

This can be your family, your friends or any number of causes. Getting involved in something beyond yourself can give you the sense that your life matters and it does matter. Engagement can be very empowering, not to mention fun.
 9. Schedule some "me" time. This is essential; we tend to allow the outside world to distract us. Even if it's just minutes a day, make some time for you to gather your thoughts and focus on what you want to happen in your future.
 10. Use a target goal that has quality.

Our society is all about numbers; lose X amount of pounds, run X number of miles, X number of days without a bad habit.
 That number amount doesn't really matter in what we really want, which is to improve our lives. They can motivate us and be signposts on our way to progress. Live your life well, and in the end, you'll be content, no matter where the numbers fall.
 Please note that this is my last article from Kitti's Corner. I have enjoyed being able to share valuable information to you over the last seven years. Thank you for telling me how you have enjoyed the ar-

ticles and were able to use them to have a better life. I'm still teaching my Killer Kitti classes so come in and share a class with me.
 I have a final thought to leave for you to remember: Learn to enjoy every minute of your life. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend especially with your families and friends. Every minute should be enjoyed and savored.
 With each door that closes, a new beginning starts.
Signing off,
 Kitti

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Williamsburg Cruise Club
Fred O'blenis

Welcome aboard! We have a few cabins left for the Carnival Dream cruise on Nov. 27. If more cabins are needed, they will be about 5% to 10% more per cabin. So, call now before all the staterooms are gone.
 Did I tell you we have a \$50 on board credit per cabin? So, call us for more details on this cruise.
 Time flies, when you are having fun! It's been one year since we started writing this monthly column about the Williamsburg Cruise Club. We've been putting cruises together for people at On Top of the World since about the middle of May 2007. So far, we have been on 15 cruises.
 We are planning to do a cruise on the Allure of the Seas in 2011. This is the sister ship to the Oasis of the Seas that we went on in February.
 For more information on any trip we have, call me at 237-6367. Until next time, smooth sailing.

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Fitness Happenings
Cammy Dennis

Oxycise

Oxycise is a unique video class that is offered here at Health & Recreation every morning. We have a very dedicated group of early birds that are Oxycise regulars.

I observed this class and recently interviewed some of the Oxycise participants to find out what this 20-minute workout is all about. I was impressed with the benefits that can be achieved in such a short time.

Here's what some of the regulars had to say about this program: Bob and Joan Leighty have been participating in the Oxycise program for almost 10 years! Joan credits Oxycise with helping to improve her flexibility; she loves the benefits she gets from the stretching in this class. They both enjoy the variety that comes from the three different Oxycise levels.

Oxycise is based on a specific breathing technique that is combined with simple exercises. The Oxycise program incorporates diaphragmatic breathing sometimes referred to as belly breathing. Babies are natural belly breathers but most adults become shallow breathers as we mature. Here's a quick test to determine how you breathe:

RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE
EFFECTIVE MAY 1ST 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-8:50 Aerobics Room	Cardio Mix Jessica	Condition & Stretch Cammy	Cardio-Kick & Tone Jessica	Condition & Stretch Cammy	Cardio Mix Kitti
9:00-9:50 Aerobics Room	Core and More Jessica	Mind-Body Balance Mary Pat	Stretch for the Stars Jessica	Mind-Body Balance Mary Pat	Core and More Kitti
10:00-10:45 Aerobics Room	Balanced Body Jessica		Balanced Body Jessica	Strictly Strength Larry	Balanced Body Mary Pat
10:30-11:15 H&R Ballroom	Cardio Jam Kitti		Cardio Jam Kitti		Light Latin-10:45 Dunia
10:45-11:30 Aerobics Room	Light Aerobics Jessica		Light Aerobics Mary Pat		S.O.S - "Serious on Strength" Kitti
12:00 Fitness Center		Fitness Center Orientation		Balance Assessments Please call for reservation	
1:00-2:00 Aerobics Room		ZUMBA*! Traci		ZUMBA*! Traci	

Water Walking Begins June 8th! Every 2nd and 4th Tuesday June - September
*Denotes a fee based class - Fitness Pass Required

- Sit in a comfortable chair and make sure you are wearing non-restrictive clothing.
- Place one hand on your abdomen.
- Exhale and expel all the air out of your lungs.
- Now inhale.

Which way did your hand move on the exhale and the inhale? In order to engage in diaphragmatic breathing your hand should move in towards your spine on the exhale and out on the inhale. I'm guessing that most of you who just tried this test experienced the opposite! Achieving diaphragmatic breathing will require a mindful approach, I encourage practice and patience. The benefits of this type of

deep breathing are extremely healthful and forge a stronger link between your body and your mind.

This breathing technique promotes a calming effect on the nervous system, which can help you to improve focus and mood, boost concentration, reduce stress and even encourage better sleep.

Breathing is something we don't often give much thought to and yet is vital to our existence. Oxycise stresses the importance of a specific breathing technique combined with exercise. Why not stop in and give this unique exercise program a chance. Oxycise is offered every morning in the Health & Recreation fitness center Monday through Friday at 8 a.m.

Fitness happenings:

- The Biggest Loser weight loss program - Thursday, May 6 at 11 a.m. at Health & Recreation
- Fitness lectures at The Ranch Fitness Center - Free and open to the public!
- Women and Weight Training...Get the Facts - May 5 at 11:45 a.m.
- Get Fit 101 - May 13 at 6:30 p.m.
- Weight Loss Solutions - May 20 at 11:45 a.m.
- Master the Possibilities How Not to Fall lecture - May 25 at 9:30 a.m.
- Fabulous Friday 'Shape Up' - Friday, May 28 at 10:30 a.m. in the Health & Recreation Ballroom



K-9 Club
Mary Chang

As we approach the end of another club year and reflect on past events, it becomes obvious that the K9 Social Club had another fruitful and successful season. We learned so much - from handling our pets during a natural disaster, to agility training taught by a nationally known expert, to grooming, adopting, training and vaccinating our pets. We held a wonderful pet fair, which was attended by many of the On Top of the World Community.

To accomplish all this was particularly

difficult this year with absent leadership, but many of our members stepped up to the plate to offer assistance. It is a pleasure to thank Dave Lyons, Irene Rudick, Sandy Wolf, and particularly Carole Kehoe and Denise Howard for their wonderful work in keeping the club going.

Special thanks goes, of course, to Bob Poris, who worked hard to get improvements to our dog park and Ralph Mills, who graciously accepted the lost/found pet position and aided us in other ways as well. Working with Melanie Vittitow and the SPCA, we were able to get out notices of pets for adoption, and we are pleased to announce that several were accepted into new homes this year.

The final meeting of the K9 Social Club will be on Sunday, May 16 at 7 p.m. in the Arbor Conference Center, Suite G. All residents and interested parties are welcome to attend. Please bring an appetizer or snack to share with the group. Contact Denise Howard (854-4704) who is coordinating this event if you plan to attend.

Finally, remember that if you have lost a dog or found a dog without identification, please contact the front gate (854-8935) or Ralph Mills (390-3446).

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Lions Club
Dianne Lovely

On Top of the World Lions Club is gearing up for all of their summer projects.

Several Lions did diabetes screening on Wednesday, March 24 at bingo night, with several of the bingo players being screened before playing.

Watch for information on our up and coming White Cane Days. 100% of the funds collected will go to help the visually impaired.

Congratulations to Ralph Mills, our president, for receiving a Membership Excellence Pin for sponsoring three new members! Way to go, Ralph!

Please come and join us for our Annual Memorial Day Service at the Health & Recreation Building in front of the flagpole. We will begin at 11 a.m.

For more information about the Lions Club, please call membership chairman, Marty Schley, at 307-1286.

June issue:
Thursday, May 27

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Monday through Friday
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Citizens Emergency Response Team
Patricia A. Woodbury

In April, Caroline and Norman Scott were recognized for their years of service as the team leaders from 2000-2009. Both received certificates of appreciation from the members. All shared a specially decorated cake.

Often throughout the year, the CERT members have the opportunity to brush up on their first aid skills. At the April meeting, Norman Scott led a practice session in bandaging and management of bleeding.

On Tuesday, May 11, at 9 a.m., Reverend Lawrence Recla, former Senior Chaplain of the New York Critical Response Medical Service of the Police Department, 114th Precinct, will speak to the group regarding his experience at the Sept. 11 disaster. Reverend Recla also served as a Red Cross Chaplain in the temporary morgue inside Ground Zero from October 2001 through June 2002. Currently, he resides in The Villages and is the Chaplain with The Villages Fire & Rescue and a member of the Marion County Community Crisis Response Team.

CERT meets at the Arbor Conference Center, Suites E, F and G. Anyone interested in hearing Reverend Recla and learning more about CERT is welcome to attend the meeting on May 11.



Larry's Fit Tips
Larry Robinson

It seemed like spring would never arrive, but warmer weather is upon us now and many On Top of the World residents are enjoying this seasonal change. The weather is just right for doing outside activities; yard work, gardening, sports activities or just taking a walk.

Fun Facts ... "Did you know?"

Being active improves normal functions of the body. Here are 15 fun facts about getting healthy and staying healthy! Test yourself and see how many of these you know...

1. Do you know how fast you are walking? To get a close estimate, count the number of steps you take in a minute and divide by 30. For an example, if you take 120 steps in one minute you would be walking about four mph.
2. One of the best ways to protect yourself during the cold and flu season is to wash your hands thoroughly and regularly.
3. The risk of heart disease, high blood pressure, cancer and diabetes can be reduced by taking the dog for a walk.
4. Freeze water in your water bottle. It will melt slowly while you walk so you'll have a constant supply of cold, refreshing water.
5. A weight gain of 11-18 pounds increases your risk of heart disease by 25%. More than 25 pounds and your risk goes up 200%-300%. It takes about 200,000 frowns to make a permanent wrinkle.
7. A study in the Journal of the American Medical Association reported leg strength gains of 374 percent in men over 90 years of age in as little as eight weeks!
8. Exercise can speed up wound healing. A study out of Ohio State found that skin wounds healed an average of 10 days faster in the exercise group compared to the non-exercise group.
9. Exercise can improve brain function. Research has discovered that the fittest kids generally score the highest on test scores. Older adults who are fit show less cognitive decline compared to their sedentary counterparts.
10. Exercise can help you live longer. Studies on large populations have discovered the highest death rates in those who are the least fit. Those who are the most fit have the lowest death rates.
11. Exercise can prevent muscle loss. Inactive adults lose approximately a half pound of muscle per decade after age 30. Regular strength training can delay and reverse this trend. When it comes to muscle, you must use it or you will lose it!
12. Exercise can lower blood pressure. The number of capillaries surrounding each leg muscle fiber increases by 5-10% following endurance training. This not only makes exercise easier but also lowers blood pressure. Numerous studies support that exercise training does indeed lower blood pressure in hypertensive subjects.
13. Stabilizing blood sugar is critical to losing weight. If your blood sugar swings up and down all day long, it is very difficult to burn excess body fat and maintain a healthy weight.
14. A very powerful cancer fighter exists in the flesh and peel of one of the most consumed and processed fruits ... the tomato.
15. Extensive research indicates that omega-3 fatty acids reduce inflammation and help prevent risk factors associated with chronic diseases such as heart disease, cancer and arthritis.

Curbside Landscape Debris Pick-Up Schedule

Monday*

Americana Village
Friendship Village
Friendship Park

Wednesday

Friendship Colony
Candler Hills**
Indigo East**

Thursday

Avalon
Providence 1 & 2
Williamsburg

Friday

Crescent Ridge 1 & 2
Renaissance Park
Windsor

* Due to volume, pick-up may extend into Tuesday
** Begins at 7:30 a.m.

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May Event Schedule

FULL DINNER MENU ALWAYS AVAILABLE, 4 P.M. TO CLOSE

NEW ENGLAND CLAM BAKE & GARDEN PARTY

(OUTDOOR/INDOOR) ~ SATURDAY, MAY 1, 2 TO 9 P.M.

Whole Live Maine Lobster, Clam Bake, Oysters, Soft Shelled Crab, Surf & Turf, Seafood & Shrimp Platters, Clam Strips, Clams Casino, Corn on the Cob, Hush Puppies, Italian Sausage & More...from \$9.95

BAVARIAN FEST ~ SATURDAY, MAY 8, 2 TO 9 P.M.

Featuring Polka Sounds by Bob Nolte, 5 to 9 p.m.

Wiener or Jaeger Schnitzel, Eisbein, Leberkaese, Bratwurst, Roast Pork, Alpen Steak, Vienna Sole, Sauerkraut & Spaetzle, Red Cabbage, Potato Leek Soup & Fresh Baked Rolls...from \$9.95
Apple Strudel, German Chocolate and Black Forest Cake (Our Signature Dessert)

MOTHER'S DAY ~ SUNDAY, MAY 9, 11 A.M. TO 7 P.M.

Slow Roasted Angus Prime Rib, Roast Turkey, Baked Virginia Ham, Chicken Cordon Bleu, Blackened Red Fish, Grouper, Chef's Choice Vegetables, Cream of Mushroom Soup, Spring Garden Salad...\$19.95 per person
Strawberry Cream Cake, Coconut Cake, Crème de Menthe Parfait, Kahlua Parfait

PATTY'S IRISH PARTY ~ SATURDAY, MAY 15, 2 TO 9 P.M.

Corned Beef & Cabbage, Irish Stew, Shepherd's Pie, Rack of Lamb, Lamb Shanks, Beer Battered Cod, Fish & Chips, Slow Roasted Prime Rib...from \$10.95
Irish Beers: Killian's Red & Guinness
Crème de Menthe & Kahlua Parfaits, Green Crème de Menthe Cake, and More!

POLKA TIME PARTY ~ SATURDAY, MAY 22, 2 TO 9 P.M.

Featuring Norbert Zielinski on the Accordion and Keyboard, 5 to 9 p.m.

Kielbasa (homemade), Krakus (Polish Ham), Stuffed Cabbage, Roast Pork, Potato Pancakes, Pierogi, Sweet Red Cabbage & Buraki (Beet) Soup...from \$9.95
Polka Time Platter: Kielbasa, Stuffed Cabbage, Red Cabbage & Buraki Soup...\$14.95
Apple Strudel and Black Forest Cake (Our Signature Dessert)

MEMORIAL DAY BBQ & GARDEN PARTY

(OUTDOOR/INDOOR) ~ MONDAY, MAY 31, 2 TO 7 P.M.

Featuring Singer/Entertainer - Roger B., 5 to 9 p.m.

BBQ St. Louis Ribs, Beef Brisket, BBQ Chicken, Italian Sausage, Foot Long Hot Dogs, Hamburgers, Potato Salad, Corn on the Cob, Watermelon...from \$9.95

Specials

SUNDAY	Family Style Dinners, 11 a.m. to 4 p.m., Roast Turkey or Beef, Baked Virginia Ham, Lemon Chicken, Lasagna, Catfish and Poached Salmon
MONDAY	All-Time Dinner Favorites, Meatloaf, Pot Roast, Beef Stroganoff
TUESDAY	Southern Hospitality, Chicken, Ribs, Shrimp & Catfish
WEDNESDAY	Authentic Italian Grill, All-You-Can-Eat Pasta
THURSDAY	Slow-Roasted Prime Rib, Coconut Shrimp, Seafood Platters, Surf & Turf
FRIDAY	1.5 lb. Whole Live Maine Lobster, Fish & Chips, Seafood Platters, Rack of Lamb, All-You-Can-Eat Crab Legs
SATURDAY	Slow-Roasted Prime Rib, Whole Live Maine Lobster, Rack of Lamb

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Travel Toppers
Jo Swing

The weather has finally become what we all moved to Florida for, warm and sunny. It is time to get out of the house and go places, and Travel Toppers has the places to go.

The Mother's Day trip on Sunday, May 9 to Sleuth Mystery Dinner Theater in Orlando is in need of a wait list. The cost of \$50 includes show, dinner with all the beer, wine or soft drinks you want, bus and tip for bus and meal. Call Pat Hood to be put on that list now.

At this time, there is space available for the Thursday, May 20 production of "Sweet Charity" at the Show Palace Dinner Theater in Hudson. The price is \$60 and covers show, buffet meal, bus and tips for driver and meal. Contact Kathy Peterson for this entertaining musical.

June starts with a two-night trip Thursday, June 3 to Saturday, June 5 to Atlanta, Ga. While there, we will visit Stone Mountain, the Georgia Aquarium and downtown Atlanta. The cost is \$350 per person, which includes bus coach, lodging and tip for driver. Some meals included. Allan Rickards is the coordinator.

On Sunday, June 13, we will be going to see "The Boys Next Door" at the West Coast Players in Clearwater. The price of \$33 covers bus, show and tip for driver. Meal will be on your own. Contact Christina Shoffner for reservations.

We have a big treat for Father's Day, Sunday, June 20, with a trip to see "Red, White, and Tuna" an all American comedy classic. This production will be at the Show Palace in Hudson. The cost of \$64 covers show, buffet meal, bus and tip for driver and meal. The shows at the Show Palace are always enjoyable, well produced, and the food is always delicious. For reservations, call Margaret Paris.

If you long to see New England in the autumn, Travel Toppers has a cruise Saturday, Oct. 2 to Saturday, Oct. 9 on the Carnival Glory. Ports of call are New York, Boston, Portland, Halifax, Nova Scotia, St. John, New Brunswick, and back to New York. The cost is \$1,289 for inside to \$1,689 for balcony and includes airfare to New York. Call Allan Rickards for more information and reservations.

We are planning for a Western Caribbean cruise Saturday, April 2, 2011 to Saturday, April 11, 2011 on the Carnival Dream. The price range is \$729 for inside to \$1,069 for balcony. We will sail from Port Canaveral with the first at sea. After that, we will visit Cozumal, Mexico, Isla Roatan, Belize, Costa Maya, Mexico, with another day at sea before returning to Port Canaveral. Passport required. For information and reservations, contact Allan Rickards.

Travel Toppers is also planning a Hawaiian cruise for the autumn of 2011. Details and prices will be published at a future date.

Travel Toppers next meeting will be Wednesday, May 5 at 10:30 a.m. at the Arbor Conference Center, Suite A. This will be a very important meeting, as we will have election of officers for 2010 - 2011. All On Top of the World residents are welcome. Until then, happy and safe travels to all.

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On the Road Again
Bob Woods

Do you love to cruise? Are you looking for a new adventure? Join us on the "Cruise of a Lifetime."

As I have stated in past columns, we will be heading for San Diego on Sept. 22 for a two night stay, which will allow us some time to explore this lovely port city and its attractions such as the famous

San Diego Zoo. The hotel sits right off the harbor, offering fantastic views.

When the day of reckoning arrives, we will walk across the street from the hotel right into the cruise terminal where we will board Royal Caribbean's Radiance of the Seas for a 15-night cruise.

The cruise will head to Cabo St. Lucas and other ports along the Mexican Riviera including Acapulco, stopping at Puntarenas, Costa Rica before a complete daylight cruise through the entire Panama Canal. I would like to add that this transit of the canal goes from the Pacific Ocean to the Caribbean Sea.

This is not a partial cruise winding up in the Gatlin Lake, but a complete transit. Exiting the Canal, we will briefly stop in Cristobal, Panama before heading to Cartagena, Columbia. Cartagena is a beautiful port of call. I was there a few years ago and I could not believe how the city has changed for the good from the days I visited this Columbian port while in the U.S. Navy.

After departing Columbia, the ship will head for St. George in the Grand Cayman Islands for a day's visit and then to Tampa where this cruise ends. Transportation to and from the ship is included with the trip. I keep bringing up this trip, as there are not many cabins remaining.

For additional information on the cruise, please call me at 854-0702.

I still have space available for two coach trips, one in early September heading for Memphis/Tunica visiting many sights in Memphis including Beale Street and Graceland. We will be staying nights in a casino where you can try your luck, hopefully filling the underneath baggage compartment of the bus with plenty of cash.

In November, I have a trip to the Smoky Mountains taking in many musical shows and sightseeing. Hopefully, we will see some fall foliage and Christmas decorations.

I am sorry it is taking so long to get the Key West trip settled for January 22, 2011. It is tough trying to get places to see and visit, not to mention places to eat and sleep. By the time you read this column, I will, have the flyers along with pricing.

If anyone has any questions on any of the above-mentioned trips, please call me. You are under no obligation. Call me at 854-0702. You can also find information on my trips by bringing up my web site at www.bobwoodsontheroadagain.com.

See you on the road again.



Tall Tale Travelers
Jim Lynam

The Tall Tale Travelers R.V. group from On Top of the World recently camped at Rodman Campground, which is operated by the Office of Greenways and Trails. Linda and Charlie participated as the wagon masters and handled the reservations and planning for the 14 couples included in the excursion.

The travelers arrived Monday afternoon and after setup, they congregated for "happy hour," which provided the op-

portunity to catch up on all the news. The weather finally warmed enough to enjoy the outdoors. The heat from the evening campfire was still very welcome as the group enjoyed Evie and Jay's fire-baked fruit pies. The group welcomed Bela's brother Leszlo and his wife Zori as well as Evie and Jay's friend Becky to the camping adventure.

Tuesday morning came very early as the park personnel began mowing, blowing, weed whacking and cutting down a tree at 8 a.m. Later, the campers took advantage of the fantastic weather and enjoyed their favorite activities including games, cards, biking and boating with Charlie. The ladies went on a nature walk and returned with a most incredible adventure. It seems that several wild animals forced Karen and Rosie into a bear's den and had to be rescued by the other women. Fortunately, everyone eventually returned safe and sound.

The men took a bike ride to the dam and watched both the humans as well as the five ospreys catch fish. The ospreys dove into the water and launched themselves upward with a fish dangling from their talons barely able to become airborne on their way back to their nest for lunch.

Wednesday arrived with rain, which cancelled the plans for a trip to the gardens, but several of the guys left early in

the morning for Camping World. The afternoon cleared enough for marble games and cards. Linda and Charlie made reservations at Corky Bells in East Palatka. Once everyone was seated, some members of the group helped celebrate St. Patrick's Day with the traditional green beer.

The usual men's breakfast was cancelled due to the weather, but several people drove to East Palatka and enjoyed breakfast at a 50's diner. The afternoon warmed nicely and the group was back into game mode and even played some ladder golf. Supper included the leftovers and "must-go" and Jan controlled the distribution of a raspberry cheesecake. Another nice flickering fire finished the wood and an enjoyable camping outing.

As always, the members of the Tall Tale Travelers left Rodman Campground with fond memories and an appreciation of Florida's natural resources.

E-mail articles by noon on the 13th of month to otownews@otowfl.com

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SPCA
Maria Devine

Thanks to everyone who came out to support us at Rags to Riches. Our zero calorie doughnuts, as we like to call them, were a big hit. Proceeds from the event are used to provide medical care for our foster animals and to help those in need around the community.

Last month, we started to partner with Pet Network, Inc. to show our animals that are up for adoption at the Farmer's Market at The Town Square on the first Thursday of every month. This was successful for us right off the bat as we found a forever home for Jack, the sweet Jack Russell terrier.

Tell your friends and acquaintances (even those who don't live at On Top of the World) to stop by the Farmer's Market on these days and check out our dogs and cats. The next one will be on Thursday, May 6.

Are you looking for a handsome Aussie to call your very own? No, not the Mentalist, but an Australian Shepherd mix that is equally as intelligent and loveable. We are helping Mary from Pet Network find a new home for Sammy, a one-year young sweetheart, who was found wandering down the middle of 80th Avenue a few months ago. A Good Samaritan rescued him but couldn't keep him, and delivered him to Pet Network.

Sammy has soulful brown eyes, a soft mouth and a penchant for treats and tennis balls. He's extremely good-natured and has excelled in training by his foster mom. He gets along well with other dogs, and needs a home where he will be walked and exercised regularly, either in a fenced yard or the dog park. He would be best suited for a home with older children or adults. He appears to be mixed

Pet Adoptions Available Through the SPCA of Marion County

Sid

Sammy

with either a Brittany or terrier, but you never can tell. He's energetic but mellow - not a dominant personality at all. At 40 lbs., he's a nice size, is micro chipped, neutered and in good health. For those of you that like to be super active with your dog, he would be a good candidate for agility or fly ball. If that's not your thing, a romp in the park or yard and some tennis ball fetching sessions should suffice. To make this handsome fellow your own, please call Kim at 854-7161.

Sid, our foster kitten, is growing up before our very eyes. He's about six months old now and we'd really like to find him a home soon. Sid was the little bitty kitten that was brought into a garage by his mother during our cold winter. Please call the SPCA at 362-0985 to meet this little guy. Although she rescued him from the cold, he needs to be rescued into a loving home.

The SPCA is having a used book sale on Saturday, May 1, from 8 to 11:30 a.m., in front of Winn-Dixie. Books are plentiful and cheap, so stop by.

Our next monthly meeting will be held on Thursday, May 20 at 1 p.m. in the Arbor Club. We will be voting for new officers so we ask that all members please attend if you can.



World Traveler
Bill Shampine

Ethiopia is one of the most interesting "unknown" countries in the world. Almost twice the size of Texas, it is located in east-central Africa; bordered on the north by Eritrea, the west by Sudan, the south by Kenya, and the east by Somalia. It is a land of contrasts with mountains as high as 15,158 feet and depressions as low as -420 feet below sea level. The geography truly is stunning with its soaring, rugged mountains, Alpine highlands, white-water rivers, volcanic hot springs, savannahs teeming with game, dense, lush jungles, giant waterfalls, and the Great Rift Valley. There are many national parks where visitors can enjoy the scenery and wildlife.

Ethiopia has been documented as one of the oldest known sites of human existence. The remains of human ancestors dating back as far as five million years have been recovered there; such as "Lucy," the well-known remains of a young female, found in the Great Rift Valley.

In addition, while most African nations (in their modern form) are less than a century old, Ethiopia has been an independent state free from colonial rule for 3,000 years! The ruling dynasty of Ethiopia, originally called Abyssinia, claims de-

scent from King Menelik I, who is thought to have been the son of the Queen of Sheba and King Solomon. Probably the best-known ruler of Ethiopia has been Emperor Haile Selassie I, who reigned from 1916 to 1974, with the brief interruption by Italian occupation from 1936-1941. He was perhaps the most influential ruler in the nation's history, and was instrumental in modernizing Ethiopia.

Ethiopia is unique in many ways. It has its own time system and calendar, which is about eight years behind the Gregorian calendar. They have 12 months of 30 days each and a 13th month of five or six days.

Dallol is one of the hottest places in the world, and the Danakil Depression is one of the lowest. The Nile originates in Ethiopia and most of its water comes from there. Three major crops are believed to have originated in Ethiopia - coffee, grain sorghum and the castor bean.

Religion is a dominant aspect of Ethiopian culture. It was one of the first Christian countries in the world, having officially adopted Christianity as the state religion in the 4th century. Islam also is an important religion in Ethiopia, and dates back to 615 when the Prophet Muhammad counseled many followers to go to Ethiopia in order to escape persecution.

I think it also is interesting to note that the Ethiopian Orthodox Church claims to possess the Ark of the Covenant (housing the original stones on which the Ten Commandments are carved) in the city of Axum. According to the church, it is kept under guard in a treasury near the Church of Our Lady Mary of Zion.

Another fascinating religious place to visit is the Lalibela area where there are 11 churches carved from solid rock. The Church of St. George, for example, is carved out of rock in the form of a cross about 82 feet by 82 feet by 115 feet deep - a remarkable architectural feat.

Although Faye and I have not been there yet, I think Ethiopia would be a fascinating place to visit. It is a little off the beaten path, but seems to have a little something for everyone to enjoy.



Photo reproduced with permission of HAAP Media Ltd.

One of the amazing churches in Lalibela, Ethiopia that were carved from solid rock.

Bloodmobile

By DIANA MORGAN

Remember, Monday, May 3 the Life-South Bloodmobile will be in the Health & Recreation parking lot from 8 to 10 a.m. The need for blood is constant. Please take time to donate.

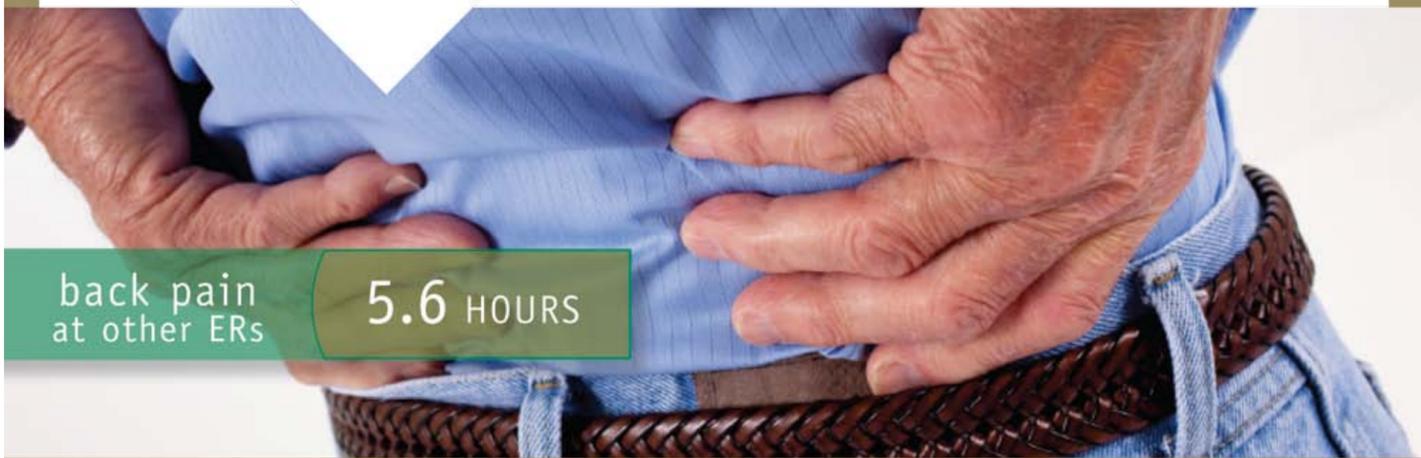
LifeSouth's last visit was a record breaker for donors. Let's set a new record

on May 3.

As usual, all donors receive a recognition item and a cholesterol screening.

If you have any questions, drop by the Bloodmobile to talk with a technician or call LifeSouth at 622-3544 or www.Life-South.com.

Some ERs in Ocala keep you waiting...and waiting...



At Ocala Health System, you won't wait long.
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The ERs at Ocala Health System.
The shortest wait times in town.

- Healthgrades™ recently named Ocala Health System one of America's 50 Best Hospitals for the seventh year in a row.
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- For average wait times, log onto ocalahealthsystem.com or text 'ER' to 23000.



OCALA HEALTH SYSTEM
OCALA REGIONAL MEDICAL CENTER
WEST MARION COMMUNITY HOSPITAL

Activities May

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
8:30	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:30	Tai Chi	AC
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance Level 2	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Aqua Belles	AC
1:00	Bocce League	BCTS
1:15	Line Dance Intermediate	HR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	Line Dance Level 2	HR
4:00	Line Dance Level 1	HR
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
2:00	Bocce	CC:AC
2:30	Readers/Theatre	CC:D
3:00	Ocala Clown Express	TR
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

2nd Week

8:00	H&R Pool Closed	HR
	(05/10 - 05/23)	
10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

3rd Week

10:00	Genealogical Workshop	CC:B,C
2:30	Readers Theatre	CC:D
1:30	D'Clowns	CC:B,C
3:00	Ocala Clown Express	TR
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

4th Week

3:00	Community Patrol	CC:B,C
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5th Week

11:00	Memorial Day Service (05/31/10)	HR
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Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	Bus Ocala Run	
	Women's 9-Hole	GC
	Horseshoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Sunshine Quilters	Art
10:30	Horseshoe League	CTS
	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cybex Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witch Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:00	Pickleball	CTS
2:30	Chess Club	MR2
3:00	ShutterBugs	CC:B,C
4:30	Table Tennis	CC:D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	ACC:C

6:00	Pinochle	MR3/Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H
	Pattern Dancing	BR
	Circle Squares Dance	AC

1st Week

8:00	Men's 9 Hole Golf	P.R.
11:00	Medicare Seminar (05/04/10)	CC:E&F
1:00	Sunshine Quilters	Art
2:00	Italian American	CC:E&F
6:30	Candler Excursion	CCC

2nd Week

9:00	Citizens Emer. Response Team	CC:E,F,G
1:30	Visually Impaired	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G
7:00	Lions Club	CCC

3rd Week

8:00	*Seminole Casino Trip (05/18/10)	H&R
1:30	Unique Birders	CC:H
2:30	New York/New Jersey NY/NJ Club	HR
3:00		BR
4:30	*OTOW Community Bus Dinner Run (05/18/10 Outback)	HR

6:00	Caribbean Club	ICC
7:00	Democratic Club	CC:E,F

4th Week

8:30	Lions Club	CCC
1:00	Scan/American	CC:E,F
3:30	Alpha Investment	Art
7:00	Karaoke	CCC

Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bus Ocala Run	
	Ceramics	Art
	Pickleball	CTS
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PL RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
2:30	Scrabble Club	CC:H
3:00	Newcomers Line	AC
	Dance	
4:00	Softball Practice	SBF
	Newcomers Line Dance	AC
5:30	Bingo	BR
6:00	Poker	MR3
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

1st Week

9:00	Model Railroaders	MR1
10:30	Travel Toppers	CC:A
1:00	Stamp Club	PAB

2nd Week

9:00	Citizens Emer. Response Team	CC:E,F,G
1:00	Native Plant	CC:H
3:00	Pennsylvania Club	CC:E,F

3rd Week

1:00	Stamp Club	PAB
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4th Week

6:30	Tall Tale Travelers	CC:B
	(No mtgs Dec, June-Sept)	

Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B,C
	R.C. Flyers Club	Field
	Round Dance Class	CC:E,F
	Hand & Foot Canasta	CR
	Bus Ocala Run	
	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E,F
10:30	Advanced Tap	HR
	OTOW Concert Chorus	HR
	Walleyball	CTS
	Friendship Bible Study	MR3
11:00	Ballroom Dance	AC
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Advanced Square	CC:E,F

	Dancers	CC:A
	Mah Jongg	H&R
12:15	Oxycise	Art
12:30	Sewing Bees	BR
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E,F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
	Shuffleboard	CTS
1:30	Pickleball	CTS
2:00	Bus Grocery Run	
4:00	Mah Jongg	CC:A
5:30	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H
	Game Night	CC:G

1st Week

10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
2:00	*High Tea (05/06/10)	AC
3:00	Opera Appreciation	CC:C
5:30	Southern Club	BR

2nd Week

2:00	Singles Club	CC:G,H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	AC

3rd Week

1:00	Rubber Stamping Card	CC:G
	S.P.C.A.	AC
1:30	Orchid Club	CC:H
4:00	*Girls Night Out (05/20/10)	HR

4th Week

4:00	Social Hour (05/27/10)	AC
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Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Pickleball	CTS
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC
	Mah Jongg	CC:A
1:00	Table Tennis	CC:D
	Canasta the Old Fashioned Way	CR
2:00	Square Dancing	H&R BR
	Fun In the Water	AC
5:00	Happy Hour	AC
6:00	Cribbage	Art
	Advanced Bridge	CR
6:15	Nickel Nickel	MR3
6:45	Euchre	H&R

1st Week

10:00	Emb. Chicks	CC:B,C
1:00	Women of the World	CC:E,F,G,H
4:00	Themed Happy Hour	

CinCo-De-Mayo (05-07-10)AC

2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
7:00	Republican Club	CC:E,F,G

3rd Week

2:00	Blackjack Poker	CC:E
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4th Week

10:00	Emb. Chicks	CC:B,C
12:00	High 12 Club	TBA

Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
	Fun Time Cloggers	HR
9:00	Computer Club	CC:B,C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:B,C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
3:00	Pickleball	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
7:00	Mixed Poker	CC:H

2nd Week

6:00	Movie of the Month	BR
7:00	K-9 Club	CC:G

3rd Week

2:00	American/Jewish	CC:E,F,G
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Advance registration and fee may be required. Please check in advance. A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop

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May 1
"The World Has Talent!" Talent Show with Norman Lee
Gold \$10 Silver \$9 Bronze \$8



Lola and The Saints
June 5
Doo-Wop at its Best!
Gold \$11 Silver \$10 Bronze \$9



Photo by Bob Woods

Ocala Open volunteers along with Ted Potter share in the joy of the win.

Thank You Ocala Open Volunteers

By LISA LAZARO

Well, another successful Ocala Open is over. I would like to thank all of the wonderful volunteers for their help. Without you, this event would not have been the great hit that it was!

From the players, to spectators to just about everyone in attendance, comments could be heard about how nice it was having the volunteer presence throughout the event. Your professionalism at holes, parking assignments and in handling the player shuttles was noticed and appreciated by everyone.

Volunteering can be summarized as "performing or offering to perform a service of one's own free will." A volunteer can be summarized as "a person who performs a service willingly and without pay."

Your dedication and continued support of the Ocala Open embodies the truest form of a volunteer. This year, we lucked out with the weather, other years, maybe not so lucky! But no matter the

weather, time or your assignment, you arrived each day with a smile on your faces and with contagious enthusiasm...thank you for this.

The collaborative efforts of our early morning coffee makers, ice and drink suppliers, our top notch On Top of the World barbeque team, beverage-snack runners, shuttle drivers and parking crew enabled the volunteer aspect of this event to run like clockwork...they are an amazing group of people who deserve a special note of thanks!

It has been my pleasure to volunteer with you all - you make this event more than just a "benefit," you make it a great experience!

I am already looking forward to next year, when we will get to see each other, exchange stories of the past year, smile and laugh together for these very important four days once again.

Take care, be well and have a wonderful year!

Ocala Open Pro-Am

By BOB WOODS
WORLD NEWS WRITER

\$25,000! That was the amount donated to Hospice of Marion County.

This money was raised from the various tournament sponsorship packages, Pro-Am player fees and outside sponsors. "There was a certain amount earmarked towards the Hospice of Marion County donation," said Sally Collins, Tournament Director and Director of Golf for On Top of the World Communities.

The tournament was the Ocala Open and the presentation was awarded Hospice during the Pro-Am event on March 24. The Pro-Am event is when professional golf players play with amateurs. In this year's Pro-Am, there were 19 professionals and 57 amateurs.

The amateurs came from all over, two from out of state, and the remainders were Floridians, including 11 from On Top of the World.

Sally said, "Our entire company gets behind this event," referring to the Ocala Open played at the Candler Hills Golf Club. "It has been such a great experience

to see how every department contributes and all the employees unite to make this the top golf event in Marion County," Collins added.

Sally continued by saying that, "Our association with Hospice this year was a bond that many residents of On Top of the World already have. It was our pleasure to take this partnership to a new level."



Photo by Bob Woods

\$25,000 check presented to Hospice of Marion County.



CANDLER HILLS RESTAURANT

8139 SW 90th Terrace Rd., Ocala • (352) 861-9720

Early Bird Menu!

**Dinner Specials
\$9.95**

Served daily from 4 – 6 pm
Includes Soup or Salad and Chef's Choice Dessert

Bistro Steak
Grilled tender bistro steak served with mashed potatoes, mushroom demiglace and choice of vegetable

Grilled Chicken Penne Primavera
Penne pasta tossed with grilled chicken, julienne peppers, red onions, zucchini and yellow squash in a parmesan cream sauce

Pecan Crusted Salmon
Oven baked wild salmon served with pineapple bourbon sauce, rice pilaf and choice of vegetable

Greg's Famous Meatloaf
Homemade meatloaf with tomato sauce, mashed potatoes and choice of vegetable

Blackened Shrimp Alfredo
Cajun shrimp skewer served over linguine pasta with Alfredo sauce

Phone: 861-9720
*All prices are plus tax and gratuity.

Mother's Day Brunch

May 9, 2010
Served 11 a.m. to 4 p.m.

- Menu -

Carved Virginia ham
Omelets made to order
House made cured Salmon with cream cheese, capers, onions and chives
Assorted pastries and muffins
Bacon and sausage
Breakfast potatoes
Seafood Newburg
Rice pilaf
Asparagus and hollandaise sauce
Crepes with strawberries and cream
Chocolate fountain with dipping fruits and cakes

Complimentary long stem rose for each Mother

\$14.95
per person
plus tax and gratuity

**Reservations Recommended;
Call 861-9720**

Margaritaville

Thursday, May 13
Served 5 p.m. to 8 p.m.

Enjoy some fun in the sun with savory grilled Floridian cuisine, Jimmy Buffett music and themed specialty drinks! Dress in your favorite Caribbean outfit and participate in Parrot Head trivia with prizes.

\$12.95
PLUS TAX & GRATUITY

Introduces a new menu...

NEW! Breakfast Anytime

- Steak Breakfast Burrito
- Bacon, Egg and Cheese Panini

Appetizers & Pizzas

- Portobello Mushroom Fritters
- "Bagel with Lox" Pizza... and more

Specialty Entrees

- Jack Daniels Steak
- Penne alla Calabrese...and many more

Sandwiches

- Candler Pretzel Hot Dog
- Grilled Vegetable Panini... and many more

Available Today!
View the new menu at www.candlerhillsrestaurant.com

Phone: 861-9720

Sunday Brunch

8:00 A.M. TO 1:00 P.M.

\$7.95
PLUS TAX & GRATUITY

- Menu -

- Fresh fruit
- Scrambled eggs
- Bacon
- Blueberry Pancakes
- Home fries
- Assorted danish
- Bagels
- Coffee and juice

Made to order omelets and eggs



New Tenants at Circle Square Commons

By RAY CECH
WORLD NEWS WRITER

Three new tenants were welcomed at Circle Square Commons last month. The 2,000 square foot Studio 3 will be devoted to Master the Possibilities classes in stained glass, oil and reverse glass painting, and an archeology lab. Visiting Angels Living Assistance Services will occupy Suite 14, and Suite C is now the home of McLeod Financial Group. All three will join that already established resident of The Town Square, Mr. B's Big Scoop.

Master the Possibilities has long needed additional space, and the new, naturally lit studio provides the kind of room that allows for instructors and students to learn and exhibit their creative talents. The Studio's open house on April 12 gave On Top of the World residents an opportunity to meet the artists and view some of their amazing work.

"The new studio space is a welcome addition to Master the Possibilities," said Dan Dowd, Director, "especially in light of the increased enrollment in our art classes." Marlene Berrio, who coordinates all the art classes, said that they have doubled in size over the past 18 months.

MFG (McLeod Financial Group) moved from downtown Ocala. David McLeod, who founded the company almost 30 years ago is the great grandson of the founder of Silver Springs; their roots run



Rendering of Circle Square Commons.

deep. The company provides investment advice and protection, estate planning, as well as long term care insurance. They will shortly be writing property and casualty and are partnered with Mass Mutual. David said, "We are committed to growing with the community and providing a service designed to fit individual and family needs. Our new location will help us achieve those goals." Mr. McLeod and his team will be at Oak Hall on May 11 to present their company capabilities and listen to your needs. They can be reached

at 351-0500, or visit them in Suite C. Visiting Angels is also a long established company here in Ocala. Their living assistance program provides non-medical home care services that may include anything from 24/7 in-home companionship to running errands, preparing meals and participating in recreational activities, to name just a few. John Spang, founder and owner said, "We are part of one of America's largest and most respected home care providers, and are fully certified and accredited." He went on to say that mov-

ing from downtown Ocala to Circle Square Commons gets them closer to the communities that can most associate with the care they provide. Visit John Spang and his staff in Suite 14. Their phone number is 620-8484.

In Suite 10, the Marion Cultural Alliance is expected to open shortly. Tentative hours are Tuesdays and Wednesdays, noon to 5 p.m.; Thursdays, 10 a.m. to 5 p.m.; Fridays and Saturdays, noon to 7:30 p.m. Their website is www.mcaocala.com and phone number is 237-3747.



Photo by Bob Woods

Norm Holland (left) pilots his twin engine Bronco model airplane as spotters (in orange vests) aid the pilot keeping eyes peeled for other models in the air.

R/C IMAA Fly-In

By BOB WOODS
WORLD NEWS WRITER

March 27 proved to be a beautiful day with bright sunshine with a cool breeze to watch airplanes take to the sky at the R/C Flyer's field located right here in On Top of the World.

The club was hosting one of their two annual fly-ins, where many radio control airplane enthusiasts assembled to demonstrate their flying ability plus their beautiful scaled model airplanes. There was a large crowd of spectators watching in awe as these R/C pilots put their aircrafts through all types of maneuvers.

The aircrafts at this fly-in had certain restrictions under the International Miniature Aircraft Association (IMAA). The minimum wingspan could not exceed 80 inches for a single fixed-wing airplane, or 60 inches for a multi-wing craft such as a bi-plane. The maximum weight of the models cannot exceed 55 pounds.

Many pilots were residents of On Top of the World and members of the R/C Flyers. However, there were also pilots from all over the state of Florida as well as a couple of pilots from Georgia and as far away as Ohio.

During the entire event there was a commentator explaining the maneuvers each pilot was doing and also describing the aircraft. There were as many as four aircrafts in the sky at the same time and

many lined up on the runway to take their turn to fly.

Some of the model airplanes looked just like the "real McCoy." Some even had pilots sitting in the cockpits and with their markings, many of them looked real. The modelers kept their aircraft lined up so the spectators could view those not in the air.

Hot dogs and hamburgers were available for lunch as was coffee and doughnuts for breakfast. The enthusiasts were gulping down their food purchases supplied by the R/C Ladybirds while keeping their eyes peeled in the sky following the many flying models.

It is highly recommended that the next time the R/C Flyers have a fly-in, you should make it a point to head out to their flying field at the end of S.W. 94th Street and watch these pilots fly their aircrafts. In fact, any good weather day will find club members at the field flying their craft.

Would you like to learn to fly one of these radio controlled airplanes? The club will get you headed in the right direction and also instruct you in the art of becoming a radio-controlled pilot. For more information, come down to the flying field and talk to one of the members.

Circle Square Cultural Center Entertainment

By BOB WOODS
WORLD NEWS WRITER

The entertainment at Circle Square Cultural Center recently included two great shows: Jim Stafford and The Smothers Brothers.

Jim Stafford is an American comedian, musician and singer-songwriter, prominent in the 1970s. Stafford is self-taught on guitar, fiddle, piano, banjo, organ and harmonica. He is famous for novelty songs such as "Swamp Witch" and "Spiders & Snakes," which went gold in 1974.

Jim Stafford had his own TV variety show. At one time, Stafford was one of the comedy writers for The Smothers Brothers Comedy Hour and often appeared on that show with his comedic songs.

On Feb. 27, Jim Stafford, demonstrated his talent at Circle Square Cultural Center. He had the audience spellbound with his stories and jokes as well as some of his comedy, country novelty songs.

At the conclusion of his performance, Stafford stated, "I'm going home and put my rear end into my

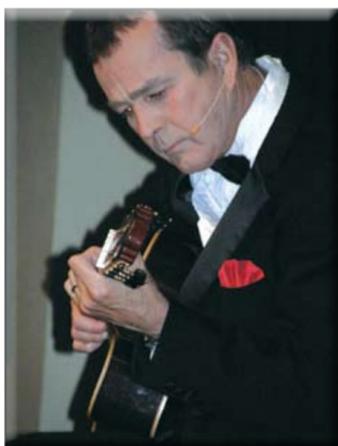


Photo by Bob Woods
Jim Stafford on Feb. 27.

recliner." Stafford has his own theater in Branson, Mo.

On March 19, The Smothers Brothers performed to a sold-out crowd. The Smo-Bro, as they like to be called, have been described as comedic treasures, rare, original, peerless and comic geniuses.

These brothers, Thomas ("Tom") and Richard ("Dick"), have captured the hearts and imagination of audiences everywhere. They have been entertaining for five decades and their career has surpassed all other comedy teams in history.

This comedy duo's first national television appearance was on the "The Jack Paar Show" in 1961. Since then, their careers have rocketed. In February 1967, the number one TV show was "Bonanza" and CBS decided to schedule "The Smothers Brothers Comedy Hour" against this western show. It didn't take long to unseat "Bonanza."

Of course, no Smothers Brothers appearance would be complete without the Yo-Yo Man. This is



Photo by Bob Woods

The Smothers Brothers on March 19.

when Tom Smothers appears in a sport shirt with his pants being held up by suspenders and does a dance type of step that signals he's in a "State of Yo." Dick Smothers does all the talking while Tom goes through all kinds of tricks with the yo-yo.

At the conclusion of their performance, the almost 900 seated and standing room spectators gave the duo a standing ovation.

These two performances were a big hit ... it's amazing to think that they happened right here in our own backyard!



Director of Golf
Sally Collins

Now that the unpredictable winter months have been left behind, On Top of the World golfers are involved in numerous golf events at all three clubs. In addition, this time of year brings about the transition from winter grasses into the summer Bermuda turf with Andy and his staff performing the necessary golf course maintenance.

May is highlighted by the PGA and LPGA initiative - Free Lesson Month. The

golf pros will be offering free 10-minute lessons throughout the month. This is a great time to get that quick tip that can make the strokes quickly disappear from your score! Check the schedules in the Golf Shops and sign up with the pro you feel will best benefit your swing.

Summer rates will go into effect at both clubs beginning May 1. Candler Hills is once again on the Summer Play Card with Skyview at TerraVista, Juliette Falls, Citrus Hills Meadow, Citrus Hills Oaks, Harbor Hills and Plantation Resort. The cost of the card is \$20 + tax and the cards go on sale April 24 in the Candler Hills Golf Shop. (Candler Hills Golf Club Members do not need to purchase the Summer Play Card, just present your membership card at participating courses.)

The fee at Candler Hills is \$30 + tax before noon with the card; rates at the other courses vary. Tee times may be booked three days in advance in order to receive this rate.

The Handicap Committee has begun the task of reassessing the Handicap Stroke Allotment on all three golf courses. This requires the collection of 200 scorecards per each men's and women's handicap group at the course. Thus, 2,400 scores must be tallied and score differences compared.

At the On Top of the World courses the men, playing from the white tees, are

broken into Group A: handicaps 0-16 and Group B: 28-34. The ladies have Group A: 0-20 and Group B: 28-31.

The Candler Hills men golfers will be evaluated using the blue tees and women playing the red tees. The men's Group A: 0-12 and the men's Group B: 20-25. The ladies are Group A: 0-20 and Group B: 28-32.

If you are a golfer playing any of these courses with the fore mentioned tee boxes and your course handicap falls into one of these ranges, please turn your scorecard into the Golf Shop with your name and handicap on the card. Please do not adjust the card to the Equitable Stroke Control - use your actual score. Our goal is to have all these scores obtained by May 20, so please help the Handicap Committee by returning the scorecards to the Golf Shop upon completion of play.

The first holiday of the summer season is just around the corner! Monday, May 31 will feature a Memorial Day event at both Candler Hills and On Top of the World Golf Clubs. Watch the Golf Shop bulletin boards for the details on these golf events. Both events will tee off in 8:30 a.m. shotguns.

Help your golf staff help you - we need all those range ball tokens, baskets and balls that are in pockets, golf bags and golf carts returned to the Golf Shops. These tokens are expensive and drive up

range costs if they are not returned to the proper facilities. We appreciate your help!

Recently the second annual Ryder Cup competition was held between On Top of the World and Candler Hills Golf Clubs. After playing to a tie in year one, the On Top of the World men emerged with a 4 1/2 to 3 1/2 victory this year. The Candler Hills men will play host to this event in 2011. Ladies, get your games tuned up for the Solheim Cup in October!

Mark your calendars for these events:

- The Candler Hills MGA will host the On Top of the World MGA on Tuesday, May 18 at 8:30 a.m.
- Tortoise and the Hare: Closed May 17 through May 23 for aerification.
- Candler Hills: Hosts the Kingdom of the Sun Golf Tournament Saturday, May 1 at 8:30 a.m.
- Hosts Florida Engineering Society Friday, May 21 at 1 p.m.

World Accolades go out to the following On Top of the World golfers for all the eagles scored over the course of the last few weeks: Links #2 David Miller; Links #4 Ron Thompson; Links #10 Michael Drabicki; and Links #16 the Normandin Family - both Rudy and Gretchen. Michael Drabicki eagled the twelfth hole on the Tortoise and the Hare one day before his eagle on the Links.



Pickleball
Tom Seitz

The weather has finally begun to improve so we can play on a more regular basis. The new courts are a pleasure to

play on and dry well; often permitting play an hour or so after rain.

We have a group of pickleball players who play on a regular basis and help introduce new players to the game. With the fine courts and improvement in weather, the group is growing with new players joining us each week. The pickleball courts are open to all On Top of the World residents, and can be used at any time not in use by group players.

Pickleball is the fastest growing sport in America, and is now part of the national senior Olympics. Pickleball started in Washington State, rapidly moved east and now literally thousands of people play here in Florida.

For those of you who have not yet tried

it, come and join us. As played at On Top of the World, this is a social game, accommodating all levels of play. If you want to stay active, get outside and enjoy friendly people, this is the game for you. It is easy to learn and does not require the initial skill levels required by tennis or golf. It is not unusual for a newcomer to come to his first session and learn enough to play a game that day!

We currently play six times a week, morning and afternoons. As the weather gets warmer, we will be adjusting the schedule, which will be posted on the court bulletin board.

Tuesday and Thursday afternoon at 2 p.m. is suggested for beginners. Just come to the lower courts next to Health & Recreation Building, introduce yourselves as new players and someone will be glad to get you started. Shoes appropriate for court play are mandatory, and this time of year, a bottle of water and something to keep the sun out of your eyes is suggested. All other equipment is furnished for beginners.

Alternately, contact Tom Seitz at 390-3112 for more information.

Singles Club

Lorraine Serwan

Hope everyone has been enjoying the lovely weather and is looking forward to summer.

At our April meeting, nominations and elections were held for the board of officers for 2010-2011. The following were confirmed as the new board: president, Ellen Hammell; vice president, Mary Ann Stewart; secretary, Lorraine Serwan; treasurer, Jenna Pudim; and membership, Nancy Grant.

The new officers will be installed at our May meeting. There will be an ice cream social and entertainment by the Golden Troupers. Please join us on Thursday, May 13, at 2 p.m. at the Arbor Conference Center, Suites G and H.

Our last outing before the summer will be a tour of the Golden Flake Potato Chip factory on Wednesday, May 19. Call Ellen (304-8675) for details.

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Summer Play Card Holder Appreciation Day:

Each Club will hold a Summer Play Card Holder Appreciation Day. Date, location and time will be posted at each club and e-mailed to card holders.

Cost per round using a Summer Play Card at the following participating clubs:

Citrus Hills (The Oaks and The Meadows courses)	\$23.00 plus tax
Plantation Resort	\$23.00 plus tax
Harbor Hills	\$25.00 plus tax
Candler Hills Golf Club*	\$30.00 plus tax
Skyview at TerraVista	\$32.00 plus tax
Juliette Falls	\$35.00 plus tax

Summer Play Cards on Sale: April 24th
Summer Play begins: May 1st
(Starting times can only be made 3 days in advance as part of this program.)
* Valid until October 20, 2010

Club Members:
Reciprocal program in effect for all participating clubs. Ask golf professional for details.

Drawing for FREE GOLF:
As you purchase your Summer Play Card, register for a drawing for free golf at these 6 participating clubs for use after the Summer Play season has ended.

SKYVIEW Citrus Hills HARBOR HILLS Juliette Falls Candler Hills Golf Club

(352) 740-3664 (352) 740-4425 (352) 753-7711 (352) 795-7211 (352) 522-0309 (352) 861-9712



Native Plant Group
Robert Riedeman

Ron Broman (the usual writer of this column) and I recently had the privilege of acting as docents at a nature preserve called Shady Grove. It is a 55-acre tract off State Road 40 west of Ocala. We were participants in an event sponsored by the Marion County chapter of the Federated Garden Clubs of North America under the direction of the head of the chapter, Judy Goldberg. This was an all day event open to the public.

Shady Grove has amazing biological diversity for a relatively small area. There are seven distinct communities with their characteristic environments: high hammock, hardwood hammock, lon-

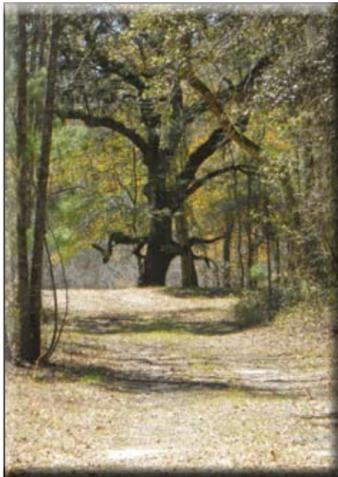


Photo by Marnie Hutcheson
An elderly Live Oak at Shady Grove Preserve.

leaf pine area, transition zone between wetland and hammock, a small lake (Lake Hutcheson), sinkhole area, and a water recharge area. Members of the garden club and some associates manned each of these places.

During the day, seven groups of visitors were given tours of these communities with a docent present to help with a description of the trees and other plants as well as an explanation of the ecological factors involved in each of the areas. The docents were Betty Young, Susan Woods, Sandra Marraffino, Marnie Hutcheson, Steve Boetger, Ron Broman, Pete Coleson and I.

The owner of Shady Grove is Marnie Hutcheson who lives on the property and is very dedicated to its maintenance and preservation. She is very enthusiastic about showing Shady Grove to visitors and has welcomed many botanists and wildlife folks to help with the identification of the organisms that make up the communities. Marnie is one of those rare individuals who seem to be able to do several things at the same time in a cheerful manner.

Those interested in learning more about Shady Grove may visit Shady-GrovePreserve.com or call 207-6520.

The last meeting of the Native Plant Group this season will be May 5 (yes, the first Wednesday, as an exception). Sue Walsh will talk about Butterfly Gardening with Florida Native Plants. Anyone remotely interested is welcome to attend the 1 p.m. presentation in Suite H of the Arbor Conference Center.



Photo by Lynne Callender Murray

Red-bellied Woodpecker at Bok Tower Gardens on March 24.



Birders' Beat
Jane Callender

The majority of Unique Birders have busy "end of season" activities. Many are snowbirds preparing for an annual migration! May 18 will be the last meeting of the season - an important meeting to discuss the future of the club. For further information, please call Roberta Campbell

at 854-4814, or me, at 861-2983.

Many birds have been written about over the past six years, but I would appreciate any new suggestions.

The accompanying picture of the Red-bellied Woodpecker was taken at Bok Tower Gardens in Lake Wales, Fla. This bird was assumed to be a juvenile; six to eight months old.

The Red-bellied Woodpecker is found across much of eastern North America, living in open woodland, swamps, suburbs and city parks. Although possessing a red cap from bill to nape, the Red-bellied Woodpecker is named for its often over looked rosy belly patch.

Nest sites are in cavities in dead or live trees. They also occupy birdhouses. Breeding in Florida occurs from April through June, when four to six eggs are laid. Red-bellied Woodpeckers are aggressive birds, and may force other cavity nesters from established nest sites.

They subsist on a variety of seeds and nuts, as well as insects. In Florida, it spears oranges with its bill to suck the juice!

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Orchid Club
Linda Rose

Our May 20 meeting will be a "repotting clinic," which will be different from any we've had previously! Many of you out there have plants in need of new planting medium, plants growing out of their pots and aren't sure how to go about taking on a project like this. We can help you do it yourself under supervision. What better way to learn than by doing it yourself with proper guidance?

This workshop is open to anyone out there with an orchid in need of some tender loving health care! We ask that you bring your own supplies. The list includes: a new planting medium purchased locally at Lowe's or Home Depot (the bag lists which mixture is appropriate for which type of orchid), a sharp sterilized cutting shear (use a lighter over blades or use Clorox wipes), a clean pot and three

to four sections of newspaper on which to work. Most importantly, presoak (submerge) the entire pot and roots of the orchid you are repotting in tepid water for one hour or more prior to meeting.

Our May 20 meeting will be our last meeting until September, as we will be taking off for the summer months. If we decide to do any summer road trips you'll hear about it via e-mail.

Our May meeting will be held in the Arbor Conference Center, Suite H, at 1:30 p.m. Please note that this is a change in room only. If you plan to attend, make sure you bring all of the above items, and have your orchid pre-soaked to insure the roots are soft or "turgid," otherwise it may not be possible to repot. We hope you all have a wonderful summer and look forward to seeing you again in the fall!



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Ladies 9-Hole Golf
Diane Dzik

The Easter Bunny Bash held on March 30 was a wonderful success. Our event began with a breakfast buffet held at the Arbor Conference Center. Staging of the carts in the spacious parking area was masterfully handled by Nick Montanaro, Larry Chase, Frank Cipollosso, Roger Gates and Phil Shirley. After the scramble, we

gathered for a catered luncheon by Friendship Catering in the beautiful Arbor Club Ballroom.

Bright Easter grasses, chocolate bunnies and eggs surrounded the elegant table prizes. These beautiful golf purses were the creation of our own president, Jeanette Messer.

The money tree was turned into an egg tree, festooned with paper dogwood blooms. We dined on a marvelous lunch of green salad, roast pork, grilled new potatoes and fresh baby green beans, followed by a delicious chocolate parfait.

Many thanks go to our director of golf, Sally Collins, for her professional guidance; Patti Howd for her time and patience in chairing this event; Charlie Hassett for her expertise with the breakfast buffet; Alice McDaniel and Charlie for their management of the gift bags; and Kathy Dushary, Joan Rappa, Cathy Hathaway, Jet Messer, and Diane Dzik for their hard work in planning the decorations and making the favors for the goodie bags - especially the assembling of the beaded golf counters!

Last but not least, a big thank you to Andy Jorgensen for getting those Easter eggs out there on the tee boxes. Thank you everyone.

All members are reminded that our annual events cannot be successful unless we have volunteers for various committees. Please check the lists in the club room to see what committees we need for next season. Snowbirds please refer to these before you head back for the summer since print deadline for our new handbook falls before many of you return.

TIME CHANGE: We rally at 8 a.m. to tee off at 8:30 a.m. starting May 1. Our rally time now, until the fall, is 8 a.m.

Low Net
March 16

Chip Ins: Linda Dumeer, Diane Dzik, Joan Rappa.

Flight 1: 32-Grace Bock, Carol White; 33-Mary Hart; 35-Joan Rappa; 36-Deborah Mallardi.

Flight 2: 32-Alice McDaniel, Jane Wilson; 35-Jan Moon; 36-Judy Garrett; 37-Mike Beyer.

Flight 3: 36-Dot Wagner; 40-Adele Stelljes, Donna Swiger, Ruth Mitchell; 41-Pat Black.

Low Gross
March 23

Flight 1: 43-Ruth Koch; 48-Diane Dzik; 49-Agnes Tetti.

Flight 2: 49-Judy Garrett; 55-Dodie Phillips; 56-Carol Bell, Sumi Bridges, Ann Hetzel, Jan Moon.

Easter Bunny Bash
March 30

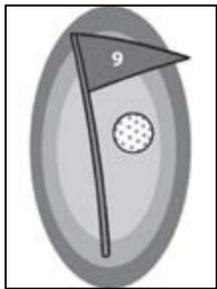
Front Loop: 37-Lucy Quaranta, Bette Johnson, Evelyn Stewart, Chris Ross; 40-Ruth Koch, Karen Wells, Ann Rubacha, Mary Carson; 40-Diane Dzik, Doris Millsap, Camille Heins, Nancy Kephart; 40-Charlie Hassett, Elsa Berbig, Nancy Dreimiller, B.J. Lassiter.

Back Loop: 37-B.J. Dent, Barbara Bickman, Caroline East, Sharon Ashmore; 38-Carol Venslavsky, B. Maxwell, Dottie Oaks, Ruth Kemper; 40-Judy Garrett, Karen Schuelke, Dianne Bowles, Janet Alford.

Closest to the Line: Virginia Blanchard, Alice Lane.

Modified Scramble
April 6

39-Charlie Hassett, Deborah Mallardi, Jan Moon; 41-Sumi Bridges, Pat Black, B.J. Leckbee, Betty Tully.



Candler Hills Ladies 9-Hole
Dianne Masterson

"April showers, bring May flowers." For anyone who has golfed on the Candler Hills course over the past few weeks, the wildflowers near the tee boxes on the

sixth hole are truly spectacular. They give you something pleasant to think about before tackling that challenging par five, or as we call it "pinball!" Those golfers who have stopped to smell the flowers and have met with success over the past month are as follows.

LGA9 Scramble
March 18

38-Susan Buckland-Mulhern, Diane O'Brien, Judy Parisi and Nancy Dreimiller. 39-Dianne Bowles, Angie Jingco, Carol Hobbins and Donna Liphardt.

Three Blind Mice
April 1

Mercedes Benz: 20-Peggy Borro; Tied at 21-Susan Buckland-Mulhern, Terry Alfano.

BMW: 17-Carol Venslavsky; 19-Angie Jingco.

Cadillac: 19-Dianne Masterson; 20-Diane O'Brien.

Jaguar: 16-Lois Laine; 22-Donna Liphardt. Congratulations to Susan Pleinis who had

a chipin on hole #4.
Candler Hills LGA9 Championship
April 8

Leading their flights after one round of play are the following golfers.

Sandy Noe-33, Dianne Bowles-29, Dianne Masterson-31 and Sandy Schaffer-35.

Olive Curtin had a "sandy" chipin on hole #11, and Betty Werner who was in the same foursome, had a chipin on hole #12 during this championship. Well-played ladies!

The second round of this championship will be played on April 29.

The LGA9 welcomed Linda Mandala to its ranks this past month. If you are a 9 hole golfer and interested in joining this fun group, please contact Heddy Racinowski (heddyr@yahoo.com) or the Candler Hills Pro Shop.

HOW WELL DO YOU KNOW YOUR FELLOW 9 HOLERS? This month I would like to profile Heddy Racinowski. Heddy, who is our LGA9 league president, hails from Wisconsin. She has been golfing for 20 years and was introduced to the game by

her brother. He took her out to golf one day, and she was just awful. But, it did not stop her and she continued playing for the exercise. Then, about three years ago, she and her husband Tom, moved to Candler Hills where golfing became more than just exercise. It became her passion. In her words, "I will put aside just about anything to play golf."

Until next month I wish you sunny days, long drives and short putts.



Softball
Bill Leon

We are now into our last month and Servpro is hoping to continue their winning ways and keep their first place standing while Dr. Dunn and Wise Way try to find ways to close the gap.

There are still eight games to go and anything can happen that will change the standings. Dr. Dunn's team has been keeping close and finding ways to win, so it may be a battle between these two teams, but don't count Wise Way out as they are not too far behind.

The excitement is still in the air as the days are beginning to warm up. Yep, it may be spring training in the major leagues, but our players are looking forward to continue playing through the summer.

Our appeal to playing softball is the love of the game, making new friends and being able to get some exercise so come on out and enjoy the game whether you want to be a player or a spectator. Get the thrill back and join us on the field. Bring back those childhood memories and become a team member.

TEAM	WON	LOSS
Servpro	21	10
Dr Dunn	19	12
Wise Way	18	13
Tee Pee Tire	15	16
Cebert	13	18
Wicklow	7	24

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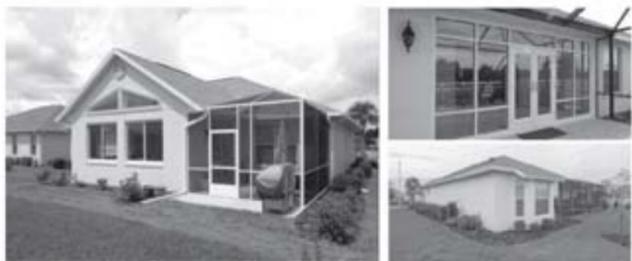
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Men's Golf Association
George Blankenship

The weather finally cooperated somewhat, and we were able to complete the MGA Championship only a couple of days later than planned. I would like to take this opportunity to congratulate the winners of each flight: Championship - Tom Konop, A Flight - Marvin Williams, B Flight - Harvey Howd, and for the first time, Gold Flight - Ross MacDonald. Great playing guys!

On March 24, the Candler Hills MGA members joined us for our normal play day while their course was being occupied by the Ocala Open. While this was a lot of fun playing with golfers that we normally don't play with, this leads us to the subject of the Ryder Cup. The Ryder Cup competition is a three-day event that is made up of three different types of matches. This was the second year for this contest. Last year these matches between the On Top of the World MGA and the Candler Hills MGA ended in a tie.

This year the matches were played on April 5 at Candler Hills, a two man team best ball; on The Links April 8, a modified alternate shot; on The Links April 10, an individual match play. There were 40 members on each team which gave us a total of 80 points available through the

three matches, 20 points on each of the first two days and 40 points on the last day, the individual matches.

You will have noted that the last two matches were played on The Links. That is because of a recent agreement between the MGAs. This year On Top of the World was the home club, next year Candler Hills is the home club and the last two matches will be played there. I am already starting to feel like a lamb following the bell goat to slaughter. Oh! By the way, why do I feel this way? Could it be because On Top of the World was the winning club in 2010 with a 48½ to 31½ score?

Again, let me remind everyone of the invitation that we have to participate with the Candler Hills MGA on their normal weekly play day on Tuesday, May 18.

I would also like to urge all members to sign up to play on our play day of May 12. This is an Individual Net & Gross play day and will count as one of your seven "T" scores for the year. Also, I would like to urge all of our members to sign up and play more during the month. Remember your MGA has a play day every Wednesday, not just on Chicken Day Wednesday.

The latest update on the Gold Tees is that as of April 12, there have been a total of 38 MGA members signed up to play from the Gold. The members who are playing from these tees all seem to be enjoying the game more, and I hear positive remarks from these players. That is what it is all about, to play and to enjoy the game!

Until next month, play well, have fun, and remember we play golf. It's a game.

MGA 2010 Club Championship
March 10, 15, 17 / The Links

Gross Championship Flight: 243-Tom Konop; 244-Rick Daddio; 250-Tim O'Neil; 252-John Langville.

Net Flight A: 209-Marvin Williams; 210-Tom Fragapane; 211-John Hudacik; 212-Paul Del Vacchio; tie at 213-Raymond Beloin and Rick Ciletti. Net Flight B: 193-Harvey Howd; 200-Ronald Wilson; 201-Carl Zeiler; 204-Joseph

Bologna; Tie at 205-Charles Casale and Clifford Jones.

Net Flight C: 198-Joe Hayes; 203-Richard Schiller; 204-Phil Johnson; Tie at 206-Alan Mudie and Tary Bole.

Net Gold Tee: 195-Ross Mac Donald; 201-Kas Kaske; 202-Robert Giljohann.

Welcome Day Candler MGA

Individual Flighted
March 24 / The Links

Gross Flight A: Tie at 76-Paul Moltisanti and Rudy Normandin; 79-Chris Piotrowski; 80-John Langville.

Net Flight A: 65-Paul Perrault; Tie at 69-Jon Hill and Tim O'Neil; Tie at 70-Rick Daddio and Tom Paszek.

Gross Flight C: 77-David Miller; 85-Ross Mac Donald; 87-Kas Kaske; 88-Sherman Hutchings.

Net Flight C: 62-Bob Cates; 65-Jimmy Johnson; Tie at 66-Leonard Ruble, Richard Schiller and Tim Beaty.

March 24 / Tortoise and Hare

Gross Flight B: Tie at 79-George Blankenship and Tom Fragapane; 81-Roger Whittle; 83-Marvin Williams.

Net Flight B: 63-Joseph Bologna; 66-Philip Bucchi; Tie at 67-Charles Casale and Ronald Wilson.

Gross Flight D: 88-Jack Hegarty; Tie at 89 Clifford Jones and Tony Capillo; Tie at 92-Bud Borders and David Green.

Net Flight D: 58-Robert Giljohann; Tie at 66-Ben Monteith, Joe Rappa and Richard Shaw.

MGA 18 No Pins Team ABCD
March 31 / The Links

270-Tim O'Neil, Francis Caprez, Hira Roy and Tom Fasanello; Tie 271-Paul Wade, Harvey Howd, Jerry Segovis and Peter M.

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Peterson; Raymond Beloin, Paul Stone, Alan Mudie and Tony Capillo; 273-Colin Adamson, Ronald Wilson, Ray Messer and Bob Selmon; 276-Larry Lucieer, Bud May, Bob Cates and James L. Delfraisse; 279-John Langville, Ross Mac Donald, Phil Johnson and Joe Rappa; Tie at 280-William E Young Jr, Sherman Hutchings, Bill Walker and William McGarry; John Hudacik, David Miller, Ian McCulough and Armando Pena.

MGA 18 Individual Stableford Net
April 7 / The Links

Flight 1: 45-Ronald Wilson; Tie at 44-Franco Caprez and Raymond Beloin; 43-Colin Adamson; Tie at 42-Art Buecher and John Langville; Tie at 41-Charles Casale and Clifford Jones.

Flight 2: Tie at 45-Barry Barringer and Peter M. Peterson; Tie at 43-Jimmy Johnson and Rogers Rice; Tie at 41-Alan Mudie, Armando Pena, Norm Lantz and Tary Bole. Gold Tees: 51-John Singer; Tie at 48-Fredie Moody and Ken Cotte; Tie at 47-John Hodd and Sam Harris; 46-Bud Borders; Tie at 43 David Miller and William McGarry

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Candler Hills Men's Golf
Joe Alfano

I have it on good authority that we can finally pack away our turtlenecks, fleece pullovers and long johns and break out the knit shirts, shorts and Speedo swim trunks (what a scary thought that is). With the advent of spring weather, we now have one less excuse for all those inflated golf scores we posted over the winter.

Our membership has now grown to 98 with the addition of Charley Tichy, Tony Bruno, Dan Stevenson, Joe Mandala and Ray DeLuca. We wish you all a hearty welcome and want to assure you, though we may have a plethora of personalities, you will not want for camaraderie, mirth and a fair amount of frivolity. Anyone looking for such an environment in which to play this gentlemanly game can e-mail me at tjal8371@yahoo.com for more information.

The second edition of the Candler Hills/On Top of the World Ryder Cup was recently completed and the cup will rest this coming year in the clubhouse of On Top of the World. Congratulations to all who participated and a thank you for all your help goes out to Sally Collins, Matt Hibbs and Nick Montenero.

Our semi-annual members' meeting is scheduled for May 4 after league play. Included in the agenda will be an announcement as to this year's winner of the scholar/athlete award. Our fundraising efforts have exceeded expectations and our entire membership should be applauded for their kind generosity. Please continue to look on league days for Baskin or Robbins to purchase that winning ticket.

Someone once said, "golf is the only sport where the most feared opponent is you." Battling those demons this past month was Tom Garrison (70), Fred Spain (71), Chris Jett (74), Paul Moltisanti & Walt Pacuk (75), Lon Scheibal (77), Pat Clayton & Bryant Giffin (78), and Dick Masterson, Dick Williams & Mike Buschur (79). Well played golfing your ball gentlemen!

Here's hoping the Easter egg hunt was a success and you didn't accidentally step on Thumper along the way. As always, I wish everyone a life of "nothing but fair-ways and greens".

Four-Man One Net/One Gross
March 16

128-Lon Scheibal, John McCoy, Jon Raupach & Dave Green; 132-Pat Clayton, Gerry Lizinski, Jim McGrath & Stan Jarmel and Bryant Giffin, Roger Whittle, Ed O'Leary & Joe Jingco; 135-Bill Anger, Glenn Sauer, Jerry Grote & Gary Gentry.

Individual Stableford
March 30

Flight A: 43-Joe Jingco; 41-Gene Francisco; 40-Bob Starrett & Stan Jarmel.
Flight B: 46-Dick Williams; 39-Nick Nimerala; 37-Buddy Johnson & Jim McGrath.
Flight C: 45-Dick Masterson; 42-Jack

Gustafson & John McCoy; 41-Dave Masaschi.
Flight D: 47-Tom Garrison; 45-Fred Spain; 40-Mike Buschur.

Two-Man Stableford
April 6

Flight A: Minus 7-Bryant Giffin & Dick Williams; Minus 4-Bob Shively & John McCoy and Dan Gill & Roger Whittle; Minus 3-Paul Moltisanti & Frank McCray.
Flight B: Minus 17-Tom Marta & Joe Mandala; Minus 8-Tim Beaty & Bob Cowie; Minus 7-Bob Starrett & Jon Raupach.

World News June issue:
Thursday, May 27

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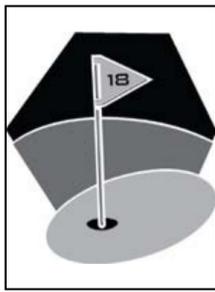


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Candler Hills Ladies 18-Hole
Carol Joseph

Well spring has sprung and aren't we delighted! Everyone seems to be smiling these days even when their golf ball goes

the wrong way. We had a very busy April golf wise and yes, the weather was perfect on Thursdays.

May looks to be almost as busy as April. We have several important events. May 6 will be our final meeting until the fall. We will be having our annual meeting with a luncheon after golf. Prizes will be given out for our Club Championship, which was played in April. Also being recognized will be our most improved golfer for the season, birdie pins and chip-in money will be given out to those deserving. We will be electing our new board at this meeting as well.

So, you can see this is a meeting that you will not want to miss. If you are unable to attend, see your election committee for an absentee ballot and get it back to one of them prior to the meeting. Your club dues will be due by the end of May for the upcoming season.

We would like to wish those leaving us for the summer a safe journey and we look forward to your return in the fall.

Don't forget to sign up for the "Just

Fore Fun" event hosted by Harbor Hills on May 24. There will not be a 10-person limit on this event. They are welcoming any Candler Hills Ladies 18 member who would like to come and play. They appreciated our ladies who stepped up and filled in the vacancies when they were unable to have 10 players here in April. As the organizer of the event, I too, would like to thank all of you who helped make the event be a great one.

May play day events are:

- May 6 - Stableford ABCD
- May 13 - Luck of the Draw/Flighted
- May 20 - Low Gross & Net/Flighted
- May 27 - Red, White & Blue ABCD

The March and April winners are as follows:

Best 2 Holes
March 18

Cobra Flight: Tona Scheibal, Mia Kolar
Titleist Flight: Patti Ware, Carole Robinson
Taylor Made Flight: Joan Gustafson, Mar-

ge Cowie.

Pink Ball
April 1

1: 118-Mia Kolar, Kathy Beaty, Kathy O'Leary, Donna Fey; 2: 124-Carol Joseph, Gail Banavige, Joan Gustafson, Irmgard Anger.

Member/Member Alternate Shot
April 8

Flight 1: Tie at 62-Beverly Ovrebo, Joan D'Addio and Pam Carpenter, Vivian Schofield; 63-Carol Joseph and Judy McGrath.
Flight 2: 64-Maureen Brooks and Carol Robinson. 66-Barbara Masaschi, Ilyong Dicus; 67-Kathy O'Leary, Donna Sauer.

This next bit of advice is really fun to be able to say. "Get your sunscreen out and ready to use and stay hydrated out there on the links!" Our spring flowers seem to be doing very well. It must be from all the rain during the winter. Hit them long and straight.



Ladies 18-Hole Golf
Marilyn Rose

What lovely weather we are finally having. I know all of you are glad to be back on the course. I do want to mention

that the board has decided that the Invitational scheduled for November will be canceled. We are hoping to combine with Candler Hills sometime in 2011 and have a joint Invitational with perhaps two days of play. More news on this will be forthcoming.

18-Hole Scramble

March 30 / Tortoise & The Hare

Tie at 69-Beverly Ovrebo, Angelita Pena, Jeanne Rice, Helen Foskett; Judy Pasch, Peggy Borro, Shirley Smagner, Ellie Rapacz; Tie at 70-Mary Driver, JoAnn Roney, Marilyn Rose; Harriet Hawkins, Flo Emanuel, Dot Muller.

2010 LGA Championship
March 16, 18, 23 / The Links

Overall Champion: 248-Beverly Ovrebo.
Flight 1: Gross-252-IroLisinski; 257-Gretchen Normandin; 268-Mary Lyon.

Flight 1: Net-210-Sandy Chase; 212-Harriet Hawkins; 218-Pat MacMurray.

Flight 2: Gross-275-Linda Bervinkle; 280-Mary Driver; Tie at 283-Judy Pasch, Betty Gustafson.

Flight 2: Net-206 Christine McIntire; 207-

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Mary Jane McAtee; 221-Lou Borders.

Flight 3: Gross-294-Ruth Border; 296-Peggy Borro; 298-Angelita Pena.

Flight 3: Net-203-Glenna Swank; 207-Marilyn Rose; 213-Flo Emanuel.

Flight 4: Gross-305-Harriet Brower; 328-Elle Rapacz; 337-Rose Hoover.

Flight 4: Net-208-Fran Griswold; 227-Marie Marquis; 232-Helen Foskett.

Most Pars or Better
April 6 / Tortoise & The Hare

Flight 1: Gross-12-Beverly Ovrebo; 10-Gretchen Normandin.

Flight 1: Net-17-Janet Juhlin; Tied at 16-Sandy Chase, Mary Driver.

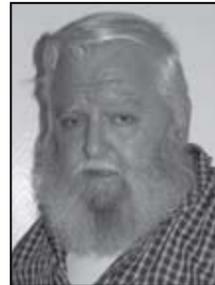
Flight 2: Gross-6-Rose O'Neil; 5-Lou Borders.

Flight 2: Net-Tied at 15-Mary Jane McAtee, Serine Rossi.

Flight 3: Gross-Tied at 2-Marilyn Rose, Shirley Smagner.

Flight 3: Net-17 Ellie Rapacz; Tied at 16-Joan Cecchine; Marti Marta.

I know all of you will remember to be at the course at 8:30 a.m. and ready to play at 9 a.m. We are hopeful the good weather will continue. See you on the course.



Bocce
Bob Woods

Congratulations are in order for our new officers who were elected to a one-year term at the annual meeting and banquet held at the restaurant in Spruce Creek. The new directors include: Ralph Sickler, Lou Crudele, and Karen McNeely. Eileen Kreps will remain as the secretary and Kathy Sickler as the treasurer. Congratulations to all and I know the club's members will give the new officers all the support needed to run a good, efficient club.

Speaking for Bob O'Neal and myself, we wish to thank all members for their support in the past years, both as the club's presidents and directors. Just because we have stepped down from leadership roles doesn't mean you won't see us at the courts.

Those members who did not attend the annual meeting and banquet missed a fantastic meal. Everyone I talked to stated the meal and service were out of this world. The winners of Best of Bocce, both league and open play, received their winning shirts with their names engraved. I know everyone will want to thank Ralph and Kathy Sickler.

Please remember that during the summer months, open bocce is played every Monday and Wednesday starting at 9 a.m. Friday is match play at the same time.

When the weather turns warmer, summer bocce will start at 8:30 a.m.

Why not get your friends or neighbors involved in the game? Bring them along during the summer and teach them how to play. You never know, they might like it.

This is my last article reporting on the Bocce Club. If anyone is interested in writing this monthly column, please contact one of the directors.

See you on the courts. Keep those bocce balls rolling.

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Sincerely,

Doug McCoy
District Manager



Billiards
Richard Impresa

Spring has sprung and our spouses have endless "to do" lists to keep us busy around the house and away from the poolroom. Between the chores and the fact that the snowbirds usually leave around Easter, we will have a pretty light crowd in the poolroom for the next several months. This is an ideal time to do some needed updates to the room and equipment.

Among the projects being planned for our facility are the installation of ceiling fans, additional chair rails, re-carpeting the floor, and replacing the playing surface on the three Connelly tables. There are six fans scheduled to be installed. They will be positioned along the perimeter of the room, thus avoiding any "strobe" effect on the tables. They will have individual remote controls, which will turn them on or off as well as control their speed. These fans should improve the environment inside the room and save energy by keeping the air moving.

The new chair rails will be placed at the same level as the top of the spectator chairs, thus eliminating scuffmarks on the walls. The floor will get new carpeting, probably in the form of squares to avoid having to move and then re-level the tables.

Local billiard supply company professionals will do the re-covering of the three Connelly tables. These tables are about three years old now and the time has come for a new surface. The usual life span of the cloth is about two to two and a half years, depending on usage. We have been monitoring the wear patterns and submitted the request late last year to be included in this year's budget.

We had the other three tables re-covered a little more than a year ago. Thanks to Theresa Fields and the On Top of the World management team for their cooperation in keeping our room the best facility in the county.

No doubt, these improvements will take time and probably necessitate closure of the room for brief periods during their implementation, but the result will be well worth it when all the work is done.

I was invited to speak to a group of new residents last month in the Health & Recreation Ballroom. I explained the purpose and benefits of joining the On Top of the World Billiard Club, as well as the equipment and facilities available to them. Hopefully, we will add to our membership with some new residents.

Our April 5 meeting was highlighted by a visit from the Easter Bunny (Shirley) handing out candy filled eggs to our attendees. Shirley will be planning future social events so watch the bulletin boards for details.

Until next month, keep stroking and keep your tip dry.



Arbor Club Tennis
Jorge Privat

As we anticipated, mild weather came our way and we were able to hold our mixed doubles tournament without a hitch.

To the members of the tennis committee: Bev Maiorino, Rosemarie Huber, Connie Deignan, Marty Walchak, Ralph Bromund and Roger Crittenden, our sincere thanks for all their hard work. As we all know, there are many details that need to be taken care of in order to have a tournament run smoothly, and they all did a terrific job. We had plenty of snacks and beverages and all the participants exuded camaraderie and competitive spirit fit for the occasion.

From the red group, the finalists were Irene Moran and Ray Masterson; from the blue group, Betty Dong and Gene Bard. These two teams played an exciting final from which Betty and Gene emerged as the winners and Irene and Ray as the runners-up.

Thanks to On Top of the World management for the beautiful etched mugs donated for the winners and the runners-up. Also, our thanks to Chigozzie from Top Seed Soccer and Tennis for the gift certificates raffled among all the participants.

TENNIS TIP OF THE MONTH: THE IMPORTANCE OF THE THREE LS IN A HIGH LEVEL FOREHAND

The modern forehand has become the weapon of choice for most high-performance players. The biomechanical swing on the forehand side has kinetically evolved from a traditional, mild-elliptical swinging pattern to a more extreme and elongated arching motion. This wider arch enables the velocity of the racquet head to continuously increase throughout the swing and makes the energy transfer to the ball more fluid and powerful.

One of the commonalities of the world-class forehand originates as the unit rotation begins. As the shoulders and hips turn, top players cock the wrist up, placing the racquet straight up, perpendicular to the court (aided by the non-dominant hand). The forearm of the hitting arm and the racquet shaft resemble an L, with the tip of the racquet head usually higher

Tennis Association
H&R Center Courts Schedule
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Men's Doubles
Tuesday & Thursday, 8 a.m.-noon
Ladies' Doubles
Wednesday & Friday, 8 a.m.-noon
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than the player's own head. The elbow of the hitting arm is typically bent nearly 90 degrees, thus forming the second L.

The L positioning of the elbow and wrist is critical to the ability to generate speed and explosiveness in the forehand. It places the racquet head high above and allows it to begin dropping in a circular pattern, accumulating velocity at a continually increasing rate. At the bottom of the circular pattern the racquet will be below the level of the ball and will immediately move forcefully forward and up, through the point of contact. The player's dominant arm is naturally relaxed throughout the entire elongated motion.

The first and second L positioning facilitate continuous acceleration and fluid transfer of energy throughout the kinetic chain.

The third L refers to the elbow positioning on the forward swing, which is bent typically at around 90 degrees. The exact amount of bending varies from stroke to stroke, depending on the height of the ball, tactical situation or balance, but the third L is consistently present in the majority of world-class strokes.

This positioning of the elbow, which acts as a pivoting point, allows the stroke to be "driven" forward through the shoulder, elbow and palm of the hand.

On another subject, I would also like to mention that I have noticed increased activity at the pickleball courts. It seems the mild weather has encouraged new players to come out and try the sport. The playing schedule may need to be changed to adjust for the changes in temperature. New players are always welcome.

If you need guidance, please ask for Tom Seitz. He will be glad to explain to you the dos and don'ts as well as the rules of the game. The important thing is to stay active and I believe that pickleball fits the bill when it comes to having fun while doing some cardio-maintenance at the same time.

See you on the courts!

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Shuffleboard
Robert Riedeman

There are six playing groups in the club whose members compete within each group on designated days of the week from September through May. The winners (those who won the most games) for each of the groups for the month of March were as follows:

Monday a.m.

Women: Jan Moon; Men: **On Top of the World shufflers who**
Bob Schuck. **competed against Oak Run in February.**

Monday p.m.

Women: Helen Foskett; Men: a tie between Gerry Griffin and John Mataya.

Tuesday p.m.

Women: a tie between Gitte Agarwal and Eleanor Krowka; Men: Paul Agarwal.

Wednesday p.m.

Women: a tie between June Hajar and Elaine Servais; Men: a tie between Lou Crudele and Henry Erikson.

Thursday a.m.

Women: a tie between Carol Lopez and Helen Monsees; Men: Frank Dubay.

Friday a.m.

Women: Daisy Rowell; Men: Jim Keller.

The club executive committee announced recently that the November 2010 meeting of the committee will be held in the Arbor Club instead of suite H of the Arbor Conference Center because of a conflict caused by election day activities.

At its recent meeting, the executive committee voted to cancel the Jack Huard Tournament for this year. This tournament (named after one of the founders of the club) has traditionally been played in April. The suspension came about because of difficulties getting it set up this year.

Regular season play will continue on the usual schedule through May after which a summer schedule will begin (details to be announced).

Shuffleboard is available to all residents. Any who are interested in finding out more about the club may call Charlie Lentz (425-9403), Jane Lipps (873-2745), Joe Veres, (861-8005), Frank Dubay (236-6388), or myself (861-1501). Instruction is always available for those who wish it. The courts are located behind the Health & Recreation Building. Newcomers are always welcome!



Photo by John Mataya

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<p>When Wounds Won't Heal May 7th - 2:00 pm For most people wounds heal over time with proper care, but many suffer from wounds that do not heal so easily. If you suffer from wounds that won't heal or have diabetes, this lecture will inform you about signs and symptoms of leg circulation problems, ulcer, when to consider treatment and the latest treatment option available in wound care. Presented by: Ravi Chandra, MD, Vascular Surgeon.</p>	<p>Tai Chi: Discover the Many Possible Benefits May 10th - 12:30 pm The ancient art of tai chi uses gentle flowing movements to reduce the stress of today's busy lifestyles, improve health, balance and flexibility. Come and learn how to get started! Presented by H2U Tai Chi instructor, David Garcia.</p>
<p>Taking Control of Your Diabetes May 18th - 2:00 pm This monthly interactive educational class provides information to assist with improving diabetes control. Presented by Thomas L. Croley, MD, Board Certified Ophthalmologist, Central Florida Eye Institute will discuss diabetic eye care.</p>	<p>Health Benefits of Acupuncture and Massage Therapy ~ May 21st - 2:00 pm Acupuncture has been effectively used for the treatment of back pain, headache, migraine, and sports injuries. It is also helpful in treating many other disorders. Come learn the many benefits of acupuncture and massage therapy, presented by Robin Rafits, Acupuncture Physician and Meryl Lowell, Licensed Massage Therapist</p>
<p>Alzheimer's Disease and Delirium Treatment Options ~ May 28th - 2:00 pm Alzheimer disease and other Dementias are becoming more prevalent as our population ages, and are even now a major component of end-of-life care. This presentation will focus on the types, incidence, and current therapies for the most common Dementias. We will also look at the often related condition of Delirium, and treatment and preventive options will be discussed. Presented by Michael S. Sever, RPh, Pharmacy Manager for Hospice of Marion County.</p>	<p>OCALA HEALTH SYSTEM SENIOR HEALTHCARE CENTER A service of Ocala Regional Medical Center</p>

Please register by calling **1-800-530-1188** | 9850 SW 84th Court, Suite 500 The Friendship Commons



Red Hat Society
Vivian Brown

Where oh where does the time go? It seemed just a short time ago, we welcomed back the snowbirds. Here it is May, and we wish them God's speed as the month of May means they are heading north again. You will be missed and we wish you a wonderful summer and look forward to your return in the fall.

We celebrated National Red Hat Society Day on Sunday, April 25, in the Health & Recreation Ballroom. We enjoyed great food and entertainment. I will give you the details next month.

Ladies, there is special happiness, love and gratitude in helping those less fortunate than we. Even a kind word, a friendly smile or a hug tells them you care. Let us show we care every day.

The Razzle-Dazzle Red Hat Dames

We had a wonderful outing at our newly decorated Candler Hills Restau-

rant. Our hostess was Celia Miller. What a wonderful and delightful time we all had. Celia took the time to decorate our tables and had candy for all of us. She even took pictures of each one. The food was delicious, the service was excellent and the fellowship was great. We talked about the upcoming National Red Hat Society Day. Remember ladies, to always smile, laugh loud and often and enjoy every minute of every day for it is a gift from God. *QM Vivian Brown*

The Glitzy Gals

Several from our group attended the West Coast Queen's Council Seventh Annual Red Hat Gala in Tampa. This was a lovely luncheon, with a number of Red Hat vendors for shopping and entertainment by Michael Barron, illusionist extraordinaire. Meeting other Red Hatters and sharing experiences, stories and things their groups have done is always exciting.

Kitty Wills and Janet Wahl hosted the Glitzy Gals luncheon at Harry's. Delicious food, an attentive waiter and sharing our latest news with each other makes for a most enjoyable outing.

QM Mary Curry was our prizewinner this month. After lunch, we crossed the street to the gazebo and discussed our upcoming events which includes National Red Hat Society Day and Picnic in the Park in Inverness.

Belk's Red Hat Day in Crystal River with 463 Red Hatters was certainly a time of fun, food, laughter and shopping. After enjoying our box lunch, "Purple Paula" narrated the fashion show and entertained us. A number of door prizes were given but none of us had the winning tickets. Belk's did a great job for this event. "You know you're a Red Hatter when you've no idea how many hats you own!" *QM Mary Curry by Janet Wahl*

Happy Attitudes

I have not reported for the past couple of months, would you believe that I have been very busy? Not really, but the time escaped me. My apologies to my group.

In March, we went to Mimi's Café for lunch. This was the choice of our hostess, Joyce Pixley, and it was an excellent choice. We all agreed we had a delightful meal. After the meal, we were invited to Joyce's house for some wonderful dessert and coffee or tea. Thanks Joyce.

Several of our members went on the bus trip to Daytona Beach for a most en-

tertaining afternoon, to see a special play about church ladies. I was unable to go but reports came back that it was a laugh a minute. My kind of entertainment.

It was also reported that the members of our group who were able to attend the pajama party had a great time. The skits were cute and enjoyed by all. Until next time, love, laugh and enjoy yourself. *QM June Otto by Mary Black*

Red Gems

April was such a busy month, not only with the Red Hat Society but also with the many On Top of the World clubs. Some of us attended the terrific WOW Fashion Show in the Health & Recreation Ballroom benefiting Hospice of Marion County, the Belk's Fashion Show and our monthly luncheon.

This month's luncheon marked the seventh anniversary of the Red Gems. It was originally known as the Jolly Red Gems and was formed by Queen Mother Anna Schwartz. Loretta Troutman became Queen Mother when Anna abdicated. After four years, Billie Giles became our Queen Mother. We celebrated the happy event at the new Horse and Hounds restaurant.

Now Queen Mother Billie is busily canvassing the membership to plan attendance at the Red Hat Society's birthday party and the Picnic in the Park as well as May's luncheon. She has some place new for us. It sounds like it will be a very enjoyable day. *QM Billie Giles by Loretta Troutman*

The Ruby Vixens

We had our Spring Fling on the first Monday in April. Since the winter was so cold, our hostess, Louella Rasmussen, arranged with On Top of the World's Captain Fred to take us on a party boat up to Lake Eustis where we had lunch at Fin's Dockside. The sky was a clear blue as we cruised away. Captain Fred even made us cookies, which we munched on as we sang songs. We had our own "flasher" on board who delighted quite a few fishermen. We all came back sunburned and happy with a lot of photos of the great scenery and birds. We look forward to our next outing and of course seeing everyone at National Red Hat Society Day. Smile! *Queen Betty Thayer*

Please send your chapter's activities to: vivjcb@cfl.rr.com by the eighth of the month. Any questions or information, call me at 291-0246.



Women of the World
Terri Molnar

I would like to acknowledge the hard work of our models, mistress of ceremony, decoration committee, finances, ticket sales, baskets, and a very special thank you to those who stayed after the Fashion show and help with clean-up: Bev Carver, Judy Walker, Linda McIntyre, Carla Magri, April Pollard, Marsha Vieu, Katherine Anshewitz, and Nancy Grabowski.

A huge thank you to the men who were there helping before and after the event: Archie Pollard, Tony Magri, Peter Grabowski and Henry Vieu. Due to our generous membership, guests, and workers, we were able to present a check to Hospice of Marion County for \$4,622.25.

Our speaker for April was Jaye from E.A.R.S. (Endangered Animal Rescue Sanctuary) here in Marion County. Jaye gave us some background on herself (thirty-two years as a Marion County Sheriff) before explaining how she became involved in the work that E.A.R.S. does. It is an exotic animal rescue located on 30 acres. If you would like to help this worthwhile organization, or just learn more about them, you may visit their website at www.EARSLnc.net or you may phone Jaye at 390-7342.

Women of the World received a thank you letter from one of the soldiers who received helmet liners through Operation Shoebox. He explained how after being injured, his liner helped stem the flow of blood from a head wound he received. This is to remind everyone that we are still collecting these and other articles for this fantastic organization. You may deposit them in the collection bins at the Arbor Club and Health & Recreation Building (new location). Just stop in and ask Teresa, or one of the other office staff and they will direct you to where the bin is now located.

Our ladies were asked to fill out a survey this month to find out which Marion County charities, they would like Women of the World to be involved with in the coming year.

The slate of officers for next year was announced and unanimously accepted by the membership. The officers for next year will be: Marsha Vieu, president; Nancy Grabowski, first vice president; Marie Roppel, second vice president; Maureen Corr, secretary; Eileen Kreps, treasurer.

We are happy to announce that next year, Women of the World will be holding their monthly meetings in the Health & Recreation Ballroom. As always these meetings will be on the first Friday of every month. The starting times will remain the same. The only month we will be back at the Arbor Conference Center is in February, due to two other functions being held in the Ballroom on that date.

Our last meeting before summer will be May 7. Our charity for the month will be "Stuff the Bus." We will be collecting school supplies for all ages, especially middle school students.

We look forward to seeing you. Join us and bring a friend!

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Rob B., Rob S., Larry M., Josh, Tim, Larry G.

Circle Square Cultural Center

Frankie Avalon

Attention On Top of the World Residents!

We are considering bringing Frankie Avalon to Circle Square Cultural Center in late 2010 or early 2011. In order to do so, we need to know if you would support his performance. Because he is a more expensive act, tickets for On Top of the World residents would range in price from \$46 to \$50. Ticket prices cover only cost of the act.

Respond to ticketsales@csculturalcenter.com or drop this form off at CSCC, the H&R Building or customer Service.

____ Yes, I would support the Frankie Avalon performance.
____ Sorry, I am not able to support this show.

Comment _____

Please contact me should tickets become available.
(This information will not be used for any other purpose)

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Southern Club
Charlotte Hancock

Some of our Southern Club members were unable to attend our April meeting and missed some really good fried/roast-serie chicken. We had mashed potatoes, gravy, salads and vegetables.

We had one guest, Ila Dunn. We hope that she will join us in September and become a member.

Our entertainers, "The Lost Chords," played Happy Birthday and Happy Anniversary to our club members who had birthdays and anniversaries in the month of April. Jean Monroe led us in our favorite song, "Dixie."

We had a slate of officers, which were approved and voted on. They will be installed at our May meeting. Officers are as follows: Charlotte Hancock, president; Bob Bland, vice president; Carol Thompson, secretary; Jean Monroe, treasurer.

In addition to our normal 50/50 drawing, Edith Owens had made four lovely Easter eggs out of scrap material, which she donated to the club for door prizes. Edith had plastic Easter eggs filled with candy, which she gave to each member. Thanks Edith!

Thanks to our entertainers, Phil Andler, Judy Andler, and Dan Doggett, who are "The Lost Chords" band. Their music was a little country and bluegrass.

Our next meeting will be May 6 in the Health & Recreation Building at 5:30 p.m. for dinner and installation of officers. All the club members are asked to bring food items on the order of hors d'oeuvre. One club member has promised to bring cold green sandwiches.

If you would like any information on the Southern Club, please call me, Charlotte Hancock at 237-9523.



New England Club
Peg Corkum

As I often say, the only thing constant in life is change.

We, the officers of this club believe, after serving up to four years, it is time for a change. At March's meeting, Lorraine Benotti (president), Lori McMullen (vice president) and Jean Nims (refreshment hostess) announced their resignation, effective immediately. The position of secretary/treasurer, which I hold - is also open, either this month or in the fall when, hopefully, meetings commence again.

Four years ago, the New England Club was on the brink of being dissolved due to lack of replacements. Fortunately, at the last hour, some of us stepped up, thus saving the club. We gave it our best and feel these years have provided good times for us New Englanders. We also heard good reports through the grapevine, but now we are hoping that once again people will accept the challenge of carrying on our club! The situation is ... no replacements ... no New England Club.

The April luncheon at Golden Corral was our last meeting of this year. Will we commence again in October? Yes, it is a commitment. Yes, there is a lot of planning. But, it is also lots of fun.

Do you want to save our club? If you do, we urge you to contact one of us as soon as possible: Lorraine Benotti, Lori McMullen, Jean Nims or Peg Corkum.



New York/ New Jersey
Bunny Barba

We made it! The winter is over, the grass is growing, flowers blooming and sun block is the order of the day.

In March, the club held our famous potluck dinner. Everyone in attendance had a wonderful time. I couldn't believe the amount and quality of the food. NY/ NJ club supplied the main course of roast chicken and also the coffee and iced tea. Our great chefs brought in every possible side and main dish. The dessert table was incredible. Thank you to all the volunteers who worked so hard to be sure everyone enjoyed the day.

Next month, I will report on our April meeting. We are looking forward to hearing the latest news about our area from Pat Gabriel of the SR200 Coalition. An announcement about our end of the year party will also be made at the next meeting.

Will anyone who wants to serve on our board of directors for the 2010-2011 season, please contact the writer or our President Liz Ettel at 237-4721?

If you have any questions or comments, please call me at 873-8009 or e-mail me at Thebunster29@aol.com.

May your life be full of joy always, in all ways.



Pennsylvania Club
Pat Utiss

Our April 14 meeting had a surprise program, I will report on it in the next issue of the newspaper.

This newspaper will come out a few weeks before our May meeting. This will be our annual picnic. Anytime we have a covered dish dinner, it is great. The members of the Pennsylvania Club, both men and women, are excellent cooks. I know this will not be an exception.

The meeting will be May 12, at 3 p.m., at the Arbor Conference Center, Suite E. Attendees are reminded to bring a covered dish, and their table service (plates and silverware). Drinks will be provided.



Grandchildren Visiting?

Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.

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Sewing Bees
Linda Lohr

The Bees have been quite busy making quilts, stuffed animals, pillowcases and tote bags. Unfortunately, there are still many, many homeless children. At last count, 1,500 homeless children were enrolled in Marion County schools. And there is no way to know how many are not attending school at all.

Our mission is to provide some comfort to the needy children of Marion County through our comfort kits. These kits contain a quilt, a matching pillowcase or stuffed animal, and a tote to carry the items. Our comfort kits are very often the only item a child has to call his or her own during a very stressful time in their young life.

Every so often, one of the Bees will teach a special craft. In April, Trudy Foster presented a class on stitching cards. A similar class was held last year and was so popular that Trudy offered to present another one. Everyone who attended had



Photos by Linda Lohr

Red roses by Linda Lohr.

a great time and was very proud of their accomplishment.

Regarding our comfort kits, donations of cotton material, fiberfill and batting are most welcome. Monetary donations are used to purchase the batting necessary to create a soft and cuddly quilt. You may contact LeeAnn Oliver at 854-7205 or Linda Lohr at 873-9872 with any questions or donations.

We meet 1 to 3 p.m. every Thursday in the Art Room behind the Health & Recreation Building. Perhaps our group is just what you are looking for!



Sunshine Quilters
Tekla Krause

Our paper piecing workshop was a great success and a lot of fun. We are looking forward to more events coming up.

Our last business meeting went quickly and smoothly, with plans being finalized for the spring buffet to be at the May 4 meeting. The machine-quilting workshop on June 15 with Tekla still has a few openings. This is free to members.

I'd like to thank Ruth Kinney for her dedication to organizing our fabric cabinets. Luckily, for us donations continue to come in and Ruth's skill makes these fabrics easily accessible for all our members. She had served us well as former president and continues to bring comfort quilts to the Munroe Regional Medical Center pediatric unit for us.

Jeanette Wroblewski is a lovely, quiet lady with an amazing talent for quilt-



Photo by Tekla Krause

A quilt made at one of our recent workshops.

ing. She donates beautiful comfort quilts monthly that are often of her own design. She has put together two of our raffle quilts helping us to earn money needed for backs and battings. There is more! She organized our last two craft fair tables. Wow!

Thank you, Ruth and Jeanette. Come on over any Tuesday in the Art Room and meet these gals and the many other friendly and talented women. We'd like to meet you too.



Rubber Stamping Greeting Cards
Bev Taylor

Each month, a member volunteers to be our project coordinator. She then has to decide what we will be doing and make a supply list. This is then e-mailed to our members so they will have the necessary supplies.

Shirley Kilpatrick took our members

to a new depth of creativity this month - the ocean. She brought us an underwater scene card. The card base was dark blue. A piece of light blue paper was run through the CuttleBug or a crimper to look like water.

Shirley pre-stamped little fish, shells and even a sea horse. All we had to do was color them and cut them out. Some of these were glued to the light blue piece. A narrow strip of light brown paper was fastened to the bottom of the "water" to represent sand. A piece of acetate was stamped with a swirl to look like sea grass. This was fastened to the front with mounting tape to add depth. Some of the fish and shells were fastened to hide the mounting tape. A sentiment was then added to either the front or inside ... a fun card to do.

The second card was a little Holly Hobbie. Shirley again had her stamped for us. We colored her and cut her out. Glue was added to her bouquet and a product called Flower Soft was sprinkled on the glue - a dimensional bunch of flowers. She was attached to a cut label, which was layered to another. A sentiment of our choice was added.

For information, please call me at 854-3079.



Mah Jongg
Mary Ehle

The new card is out. Do you have yours yet? I think everyone will enjoy a change and by next January, we will be looking for another new one. Be careful now if you put up three wests or three easts, you will be called dead.

I am planning to teach Mah Jongg starting on May 19. The class will be held on Wednesdays at 12:30 p.m. and the total cost is \$10, payable on the first day. There will be five classes and we will be done before the end of June. Call 873-7507 to reserve a spot if you want to learn to play this super game.

A word about the new card ... the bottom hand on the left with the same numbers and matching dragon is played as two pair, two sets of three and one set of 4. They left the space out when they printed the card but remember you would never put up numbers and dragons at the same time. This ruling came from National Mah Jongg league in New York. Jokers to you.



Artistic Crafts & Gifts
Loretta Troutman

If you haven't been in the Health & Recreation Ballroom on Tuesday mornings, you may want to make a special effort to do so soon. The crafters will go on hiatus during the next few months starting May 25.

You will be surprised to see the quantity and quality of the many items offered at reasonable prices.

There are many items to complement your summer clothing such as jewelry and handbags. Also items such as knitted robes with matching caps for babies, crocheted and tatted items, table coverings, aprons, etc. The new golf cart steering wheel covers would make a great Mother's Day or Father's Day gift. You'll want to look over the beautiful greeting cards for all occasions. It is so good to keep one or two on hand for when you want to send a special message to someone.

Remember our last day until September will be May 25.

We wish you a safe, healthy and happy summer.



Attention On Top of the World Residents!

We are considering bringing the following acts to Circle Square Cultural Center in late 2010 or early 2011. In order to do so, we need to know if you would support their performances. Because these are more expensive acts, ticket prices would range as shown below. Ticket prices cover only the cost of the act.

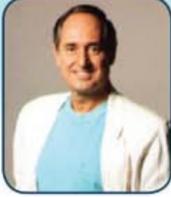
Respond to ticket-sales@cscculturalcenter.com or drop this form off at CSCC, the H&R Building or Customer Service.



Willie Nelson
Resident prices: \$68-\$72

Yes, I would support the Willie Nelson performance.

No, I am not able to support this show.



Neil Sedaka
Resident prices: \$68-\$72

Yes, I would support the Neil Sedaka performance.

No, I am not able to support this show.



Little Anthony & The Imperials
Resident prices: \$38-\$42

Yes, I would support the Little Anthony & The Imperials performance.

No, I am not able to support this show.

Comment _____

Please contact me should tickets become available.
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By BOB WOODS
WORLD NEWS WRITER

It was a great day under partly cloudy skies when folks from all around the Ocala area ventured to the Circle Square Cultural Center to view art displayed at the seventh annual Hands Across the Highway.

There were 33 artists from the local area and a couple from The Villages. These artists displayed their artistic talents ranging from heavy and light oils to watercolors. There were photographers showing off their talent as well as jewelry craftsmen and artwork molded out of copper and brass.

All of the art was for sale by the artist. There was even one of our own On Top of the World craftsmen. Rene Beck, who had all kinds of leaded glass objects along with artistic greeting cards.

Another resident, Thomas Frostig, displayed his artistic abilities in the restoration of old photographs.

Greeting everyone at the Circle Square Cultural Center's front lobby was the 2009 ShutterBugs photo contest winners whose photographic abilities, along with their winning ribbons, were displayed.

Instrumental entertainment was provided by Silverwood Duo who played beautiful music on the harp and flute.



Photo by Bob Woods

Two ladies attending Hands Across the Highway admire the ShutterBugs display.



Photo by Bob Woods

C-130 Hurricane Hunters at the Ocala International Airport on April 17.

Hurricane Expo

By BOB WOODS
WORLD NEWS WRITER

Hurricanes are always a constant threat to those living in the sunny State of Florida. On April 17, a Hurricane Expo was held at the Ocala International Airport that was open to the public.

It was an informative expo giving ideas to those attending on how to prepare for a hurricane heading in our direction as well as what to do when and after it arrives. It had a lot of information in the form of handouts, and speakers at different venues, stating what their services were and how to contact them in an emergency.

The biggest draw at the expo was one of the famed C-130 Hurricane Hunters that flew into Ocala for the expo. The plane is home based at Keesler Air Force Base, Biloxi, Miss. There were lines for those who wanted to venture inside the plane.

There were all kinds of other displays from the Sheriff's mobile command unit, squad cars and a helicopter. There were all kinds of rescue equipment from fire trucks to ambulances.

The Sheriff's office passed out bags containing all kinds of information such as the Marion County Sheriff's Office Division of Emergency Management, who maintains a Special Needs (PSN) Registry. A form is on file in case of a hurricane or major disaster, the agency is there to help in medical sheltering and transportation.

The bag also contained an emergency supplies list. It is recommended your supplies last at least seven days. It might be a good idea to have some type of gas grill or camp stove to heat water for coffee or tea and to cook canned foods until power is restored. Don't forget to have plenty of fresh batteries on hand and some type of camp lighting.

Stock up early; don't wait until the last minute to make purchases for announced storms. Stay safe!

Are you prepared for Hurricane Season?

Ontopoftheworldinfo.com has a Hurricane Preparedness section with links to printable tracking maps and preparedness checklists and other handy information.

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Model Railroaders
Jim Devine

If you stopped by the club's train layout room during March, you probably didn't see any trains running on our HO layout. Instead of trains, you would have seen little pieces of blue painter's tape all over the track with notations such as "Main-1E-Loop", or "D2", or "Rev-1E-Loop" written on them. If so, you were probably wondering what was going on.

Last month, I told you that the On Top of the World Model Railroader's Club installed a state-of-the-art control panel on its N scale layout. In March, the club began work to upgrade the wiring on the HO layout. Prior to now, we had the two main lines on the layout fully operational and had the lighting for the houses and businesses working. We still had to wire the various track sidings and the railroad yards. The additional wiring is necessary mostly because of the club's decision last year to allow both the traditional DC (direct current) and the more modern DCC (digital command control) engines to be

operated on the club's layout. The DC method is what requires so much wiring. Under DC, the track has to be broken down into sections called "blocks" in order to allow trains to run independently from one another. Each "block" has to be wired separately, and that results in a lot of work. We needed to allow DC operations since our members have many DC engines that wouldn't work on a DCC only layout.

It was important to work on this now, since some of our more experienced members are snowbirds and will be heading north soon. They wanted to have the new wiring completed before they left and worked tirelessly to accomplish that task. On the other hand, the club members who are Florida full-timers (like myself) had a more relaxed ("We'll get to it eventually.") attitude.

The club's Florida full-timers would like to thank our snowbirds for all their hard work and we will think of them often when we run our trains while they are away. We'll try not to break anything in their absence.

In addition to the new wiring, there are new control panels connected to the HO layout. This allows for a number of club members to operate trains at the same time. One club member could be building a train in one of the yards, while another one is "highballing it" on the main line, and still another is delivering cars to a siding somewhere.

We have work sessions on Tuesday afternoons starting at 1 p.m. Feel free to stop by to check out what we're doing, watch the trains, or just to visit. We are always looking for new members so stop by and see us.

On Top of the World Model Railroader's Club monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Arts and Crafts Building. Visitors are welcome.



Republican Club
Tony Tortora

The club meets on the second Friday of each month in the Arbor Conference Center unless otherwise advised. Mem-

bers with an e-mail address will be notified of changes.

We expect to see Lieutenant Governor Jeff Kottkamp at our May meeting. This is a good opportunity to hear what the Lieutenant Governor's job is all about and how he works for the State of Florida.

Several candidates for local office will be on hand to discuss their political views and qualifications for the position they seek. As a Republican Club, chartered by the Republican Party of Florida, all Republican candidates are welcome to attend meetings. The club will not endorse any candidate unless they are unopposed by another Republican. In a non-partisan race, the club is only obligated to invite registered Republicans to attend.

All residents of On Top of the World are welcome to attend meetings but only members may participate. Question and answer periods are reserved for members due to time limitations. Residents who are registered Republicans are encouraged to join the club and to participate in the meetings. We are all interested in your input to discussions.



Stamp Club
David Groves

The first postage stamp was issued in May 1840 by Great Britain - the famous "Penny Black." The United States issued its first stamp in July 1847.

But today, we're going to write a couple of paragraphs about the stamps of Germany. Why? Because many people enjoy collecting stamps from the countries of their ancestors, and numerous residents of On Top of the World and other Ocala neighborhoods trace their ancestral roots back to some place in what is now Germany.

In 1849, the kingdom of Bavaria, located in southern Germany, issued its first postage stamp. Most of the 17 other German-area cities and states issued their own postage stamps until they became part of the German Empire in 1872 but some continued issuing stamps until after World War I.

Since the establishment of the German Empire, the governments that followed have issued over 5,000 different stamps, not counting the more than 3,000 stamps issued by East Germany during the Cold War. In other words, there are plenty of German stamps available for your future collection.

If you believe you might be interested in collecting German stamps, our stamp club may be of help to you. How? Our On Top of the World General Francis Marion Stamp Club has 45 members and a complete set of Scott Catalogues that provide basic information and retail prices for every stamp issued by every nation.

Between advice provided by our members - several of whom have collected German-area stamps for many years - and information available in the club's library, you should be able to decide whether you are or aren't interested in collecting German stamps.

During March, the Ocala Library displayed popular and historic stamp exhibits by club members. These displays generated numerous favorable comments by visitors to the library.

For many club members, the highlight of April's meeting was an interesting and most informative talk by Ocala's Postmaster, William Carter. After being introduced by our club's president, John Renhart, Mr. Carter briefed club members

on national and local USPS problems, services and activities. He also answered our member's questions related to the future of US postage stamps, local services and complaints. Many thanks to Postmaster Carter!

Our stamp club meetings are held on the first and third Wednesdays of the month at 1 p.m. in the second floor conference room of the Park Avenue Bank on the corner of SW State Road 200 and SW 90th Street. Annual dues are only \$6!

Visitors are always welcome!

If you would like a free "Guide to Stamp Collecting" kit, including a booklet, and a packet of interesting stamps, or a brochure on our stamp club, please call our club's treasurer, Joe Rosinski at 237-7366 or send him an e-mail atircr8850@embarqmail.com.

For additional information about the General Francis Marion Stamp Club, please call Roy Schwartz at 237-1204 or by e-mail to roy678@webtv.net.



The kingdom of Bavaria issued this One Kreuzer stamp in 1849.



Genealogical Society
Elizabeth Kyle

Who do you think you are? Yes, this is the title of a new TV series based on genealogical research about several celebrities. Meghan Smolynak-Smolynak has written a book to accompany the series which is a great teaching tool for budding genealogists and those of us who need motivation to keep on hunting for the elusive ancestor.

Many times, we discover that we are slightly different from what we have believed most of our lives. It is not just famous people or celebrities who make fas-

cinating discoveries during their research - a grandfather who had a still in the barn during prohibition explains why a (my) mother quit high school to go to work in Boston.

These are the kind of things that make us say, "Now I see."

The book of the same title, which is highly recommended for beginners, will be in our genealogical library in time for our May business meeting. The program has been renewed for another season because it has peaked so much interest.

A genealogy course on using the Family Tree Maker program will be offered this month at Master the Possibilities. Be sure to check the catalog and sign up soon if you are interested. There is a limit of 10 in this class.

Business meetings are the second Monday at 10 a.m. in Room 3 of the Craft Building. This is the day to come early and peruse the library for books and CDs or DVDs of interest to you. These can be borrowed for a month which gives you time to use the information to improve your knowledge and your research skills.

Educational presentations are on the third Monday at 10 a.m. in the Arbor Conference Center, suites B and C. The topics covered are those requested by members. The April topic was on integrating the results of your research into Family Tree Maker. This gets more and more complicated so, explanations are always welcome. Visitors come and see. Maybe you're not who you think you are.

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**Anything
But Bland**
Chef Dave Bland

Escoffier, one of the fathers of cooking once said, "Stock is everything in cooking, without it, nothing can be done. If one's stock is good, what remains of the work is easy...the cook mindful of success will

naturally direct his attention to the faultless preparation of his stock."

Although cooking today has become more modern and ingredients worldwide are readily available, I find comfort in the culinary technique of the building blocks of flavor through stock creation. For my new menu, I decided to make a special stock that has depth and structure and can be the foundation for sauces throughout the menu.

When I discussed purchasing 40 lbs. of chicken backs for the purpose of stock creation with my food purveyor, he tried to talk me out of it stating, that there are easy modern options that are also quite good, though more costly.

Bases are much better than they had been in the past but the sodium content is generally very high. Prepackaged stocks can be purchased as well, but are very expensive and have fewer flavors than a house made stock. I made up my mind that I wanted to utilize; just one stock on this menu and make it a very good one.

The day had come for me to create the perfect stock. I arrived at the Candler Hills Restaurant kitchen one morning at 7 a.m. and turned on the stoves and ovens.

I lifted the heavy case of chicken backs, opened it up and poured it into a large colander. I ran cold water onto the bones rinsing it thoroughly and then split the case in half. Part of the case went into a large stockpot and the other I placed onto two sheet pans. I rubbed the chicken with kitchen bouquet to enhance the color and roasted the backs in a convection oven for 30 minutes at 350 F until they were golden brown.

I then added generous amounts of cold water to the chicken in the pot along with black peppercorns, garlic peels, bay leaves and parsley and heaved it onto the stove turning the flame to high. I peeled six carrots, four large Spanish onions and two heads of celery and cut them in diagonal medium dices to allow more area to be exposed.

Then, I placed the mirepoix (carrots, onions and celery) onto two sheet pans and roasted them as well. Next, I added the roasted chicken and mirepoix to the stockpot and once the water started to boil, I turned it down to a simmer. For 12 hours, I allowed the stock to cook on the stove maintaining a temperature of about 180 F but being careful not to boil the

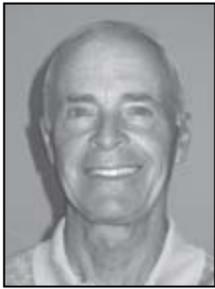
stock, for that would cause the fat to mix in with the stock and basically ruin it.

At 7 p.m., I pulled the stock off of the stove and placed two ice sticks inside, which are large plastic jugs filled with water that you freeze and then use to cool a sauce, soup or stock. I submerged the pot in a sink with ice water around it and brought it down to under 40 F.

The next morning, I used a large spoon to scrape the fat off the surface of the stock and underneath was a dark congealed and flavorful stock perfect for the new menu. I heated the pot on the flame to liquefy the jellied stock and used a very large ladle to pour the stock into a china cap, which is a cone shaped piece of metal with holes to separate the stock from the bones and vegetables.

Next, I submerged the container of stock into an ice water bath in the sink until it reached 40 F. Pleased with my creation, I covered and refrigerated the large bucket of dark roasted chicken stock.

Escoffier would be proud and you will be delighted when you come into Candler Hills Restaurant to try the new menu!



Favorite Recipes
Dinner Club
Luke Mullen

Another wonderful Saturday night of fine food and entertainment greeted our

club members for the month of March. We had 18 diners attending three dinners that were held on Saturday, March 20.

Gitte and Paul Agarwal hosted our first dinner. Joan Sigafos and Richard Miles started things off with a bruschetta bar. They served baguette toasts with a choice of spreads, beer cheddar cheese, black olive tapenade, mushroom pate and caponata salsa.

Gitte and Paul then presented a selection of prepared Indian dishes, which included Palak Sag with Lassun (spinach with garlic), Punjabi Chholey (chickpeas with amchur [a spice made from dried mangos]), Gobi Subzi (cauliflower with turmeric and imported garam marsala), Baigun (spiced eggplant), Roghan Josh (beef curry), Saffron rice and nan bread and Raita (yogurt with chopped cucumber).

Following the meal, Debbie and Dan Patin served the dessert - a snowball (Bombe) cake consisting of devils food cake and in the center was a creamy fill-

ing blend of French vanilla pudding, eggs, cream cheese and granulated sugar and frosted with another blended mixture of powdered sugar, cool whip and milk. This was then covered with coconut flakes chilled and then edged with strawberries.

Our second dinner hosts were Mary and Bob O'Neal. Jean and Joe Breslin brought hors d'oeuvres. They had prepared baked Brie with Apricot topping as well as baked Kielbasa on top of a cream cheese and horseradish cracker.

Following the appetizers Mary and Bob served the main meal. They decided to close the book on St. Patrick's Day 2010 with the traditional Irish-American dish of corned beef and cabbage with carrots and new potatoes. They also served homemade Irish soda bread and the night was topped off with an optional Irish coffee.

Dessert was served by Barbara and John Young, who had prepared a tart cherry and peach cobbler topped with cream which was served warm from the oven.

Our third dinner hosts were Kathi and Ray Lang. Kathi and Luke Mullen brought the hors d'oeuvres. The first was vodka-spiked cherry and grape tomatoes served with optional pepper salt. The second was Italian sausage stuffed mushrooms, which were topped with shredded mozzarella cheese.

Following the appetizers, Kathi and Ray served the main meal. Their menu was pork loin roast marinated in apple cider, garlic and herbs. Accompanying the dish were scalloped potatoes, green beans and glazed carrots.

Tish and Don Dertien served three desserts. The first consisted of cooked gelatin, water, egg whites, sugar, whipping cream, vanilla and flaked coconut. The second dish consisted of egg whites, sugar and rum. A generous topping of crushed strawberries was poured over the pudding after the sauce topped it.

Our club is currently looking for new members. If interested, call Luke at 304-8104 for more information.



R/C Flyers
Bob "Robo" Wroblewski

To the 350 plus residents that came out to enjoy the Big Bird Fly-In on March 27 we say, thank you and so do the 37 pilots that helped put on a spectacular show. The fall show coming up in November is in the planning stages and will feature models with no size limitations. As fall approaches more information will be found in this column.

Jim Ellis, our field marshal, moved to On Top of the World in 2004 after retiring as an airline captain. His favorite jet to command was a DC9. Now Jim fly's a variety of R/C aircraft with his feet on the ground. Jim's second home is at the field where he makes sure the field is in top shape for club members. During the peak-growing season Jim and his crew

Photo by Bob Wroblewski

Jim Ellis (right), On Top of the World RC/ Flyers Field Marshal.

may cut the runway grass as many as three times in a given week, and that's no small chore.

Besides that, Jim maintains all of the grass cutting equipment. Without his diligence and dedication, the club would be in a heap of trouble. We also owe a debt of gratitude to Jim's wife, Bobby for her support.

The On Top of the World R/C Flyers hold monthly meetings on the first Monday of each month at the Arbor Conference Center, Suites B and C. Meetings begin promptly at 9 a.m. Guests are always welcome to attend.

Spectators are welcomed at the field. There you can kick back and relax under the shade of the pavilion and enjoy watching a variety of model aircraft take to the sky. Hope to see you there!



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Card Clubs & Games



Monday Afternoon Bridge

Joe Zwick

March 15

1: Ida Rosendahl & Carol Thompson; 2: Esther Lang & Phyllis Bressler; 3: Shirley Stolly & Pat Holmes.

March 29

1: Fran Griswold & Gloria Richards; 2: Maizie Millward & Elsie Heberg; 3: Marge Starrett & Joyce Walchak.

April 5

1: Jayne Kaske & Esther Lang; 2: Joyce Walchak & Marge Starrett; 3: Maizie Millward & Elsie Helwig; 4: Phyllis Silverman & Gloria Richards.

Monday Night Bridge

Art & Kathie Dushary

Players of various skill levels are welcome and you don't need to call ahead or have a partner. Just come to the Health & Recreation card room by 6:20 p.m. as we start at 6:30 p.m.

March 1

1: Phyllis Bressler; 2: Edith Hunter; 3: Bernie Kelly; 4: Shirley Stolly; 5: Betty Barney.

March 8

1: Keith Briggs; 2: Mary Culberson; 3: Rich Fluet; 4: Bill Hunter; 5: Agnes Weber.

March 15

1: Carol Johnson; 2: Marion Turbin; 3: Mildred Lane; 4: Walter Hickenlooper; 5: Gail Tirpak.

March 22

1: Mildred Lane; 2: Helen DeGraw; 3: Paul Agarwal; 4: Fran Griswold; 5: Mary Holtz.

March 29

1: Phyllis Bressler; 2: Janet Becker; 3: Betty Morris; 4: Art Dushary; 5: Mary Culberson.

Tuesday Afternoon Bridge

Agnes LaSala

March 2

1: Shirley Stolly & Betty Morris; 2: Marion Wade & Marie White; 3: Ray Dietz & Mazie Millward.

March 9

1: Norbert & Florence Heckler; 2: Betty Morris & Shirley Stolly; 3: Mazie Millward & Ray Dietz.

March 16

1: Gloria Richards & Mary Rose Janssen; 2: Betty Morris & Shirley Stolly; 3: Elsie Helwig & Marge Benton.

March 30

1: Shirley Stolly & Betty Morris; 2: Bob Buchan & Mary Rose Janssen; 3: Mazie Millward & Ray Dietz.

Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information or to find a partner, call 861-5700.

March 2

1: Caryl Rosenberger & Pam Blawie; 2: Doris Keathley & Mary Carol Geck; 3/4 (tie): Harry & Ruth Tindall and Ida Rosendahl & Dick Mansfield; 5: Bill & Betty Raines.

March 9

1: Harry & Ruth Tindall; 2: Caryl Rosenberger & Pam Blawie; 3: Bill & Betty Raines; 4: Bruce & Marjorie Benton.

March 16

1: Bruce & Marjorie Benton; 2: Art & Kathie Dushary; 3: Doris Keathley & Mary Carol Geck.

March 30

1/2/3 (tie): Caryl Rosenberger & Pam Blawie and Bill & Ida Carlson and Bruce & Marjorie Benton; 4: Betty Kauffman & Rita Smyth; 5: Doris Keathley & Mary Carol Geck.

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Wednesday Afternoon Bridge

Fran Griswold

March 17

1: Ida Rosendahl (5490); 2: Hazel Merchant; 3: Pat Gogart; 4: Shirley Stolly; Cons: Shirlee Wolcott.

March 24

1: Fran Griswold (6186); 2: Eleanor Giardina; 3: Shirley Stolly; 4: Phyllis Bressler; 5: Bernie Kelly; Cons: Donnell Briggs.

March 31

1: Delores Mayberg (4956); 2: Shirley Stolly; 3: Ida Rosendahl; 4: Pat Gogart; Cons: Alice McDaniel.

April 7

1: Ida Rosendahl (5120); 2: Mary Culberson; 3: Kay Boland; 4: Betty Morris & Carol Johnson; Cons: Pat Gogart.

Wednesday Night Duplicate

Doris Keathley

March 17

1: Bill & Betty Raines; 2: Ida Rosendahl & Doris Keathley; 3: Bruce & Marjorie Benton.

March 24

1: Harry & Ruth Tindall; 2: Bill & Betty Raines.

March 31

1: Harry & Ruth Tindall; 2: Bruce & Marjorie Benton; 3: Bill & Betty Raines.

Thursday Afternoon Bridge

Marge Starrett & Phyllis Silverman

March 11

1: Alice McDaniel; 2: Marge Starrett; 3: Mary Carson; 4: Shirlee Wolcott.

March 25

1: Alice McDaniel; 2: Nancy Dreimiller; 3: Phyllis Silverman; 4: Marion Turbin.

April 1

1: Agnes Weber; 2: Marge Starrett; 3: Gloria Richards.

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

March 25

1: Myra Butler; 2: Shirley Stolly; 3: Betty Barney; 4: Tom Marta; Cons: Marti Marta.

April 1

1: Paul Agarwal; 2: Carl Woodbury; 3: Mary Culberson; Cons: Zane Bartlett.

April 8

1: Myra Butler; 2: Ray Dietz; 3: Carol Rosenburger; 4: Dick Griswold; 5: Mary Culberson; Cons: John Matea.

Friday Night Bridge

Elly Rapacz & Serine Rossi

March 19

1: Carol Johnson; 2: Catherine Edwards; 3: Dick Mansfield; 4: Eleanor Giardina; 5: Mary Culberson.

April 2

1: Bill Raines; 2: Ed Horner; 3: Carol Johnson; 4 (tie): Serine Rossi & Harry Tyndall. Grand Slam: Harry Tyndall & Myra Butler.

April 9

1: Bill Raines; 2: Serine Rossi; 3: Phyllis Bressler; 4: Jack Martin; 5: Ruth Tyndall.

Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference

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Feb. 12

1: Out of 31, Rich Miles; 2: Walter Hickenlooper; 3 (tie): Hank Kolb & Nancy Kowsky; 4: Joan Sigafos; 5: Buck Challet.

Feb. 19

1 (tie): Out of 39, Irene Pisani & Billy Swing; 2 (tie): Wild Bill Eberle & Jerry Harris; 3: Richard Bartel & Jo Swing; 4: Rod Dubois & Larry Bertrand; 5 (tie): Paul Schaefer & Sam LoBianco.

Feb. 26

1: Out of 35, Esther Lang had a perfect score... congratulations! 2: Zane Barnett; 3 (tie): May Holtz & Bev DeBusschere; 4: Gayle Argano; 5: Jackie Dubois.

March 5

1: Out of 41, Richard Gillette; 2 (tie): Hank Kolb & Buck Challet; 3: Paul Schaefer; 4 (tie): Gayle Argano, Mary Bartel & Betty Scrivo; 5: Jo Swing.

March 12

1 (tie): Out of 36, Norma Noelcke & Richard Gillette; 2 (tie): Walter Hickenlooper & Jean Gillette; 3: Gayle Argano, John Wall, Mary Bartel & Richard Bartel; 4 (tie): Trudy Bertrand, Hank Hilovsky & Jerry Pinter; 5: Phyllis Wall.

March 19

1 (tie): Out of 34, Jean Gillette & Phyllis Wall; 2 (tie): Irene Pisani & Jo Swing; 3 (tie): Sam LoBianco & Joe Scrivo; 4: Bev DeBusschere, Rich Miles & Paul Agarwal; 5 (tie): Hank Kolb & Esther Lang.

March 26

1: Out of 32, Edith Kolb had a perfect game... congratulations! 2: Jerry Harris; 3: Sharon Dean; 4: Buck Challet; 5 (tie): Jan Harris & Gayle Argano.



Friday Night Euchre

Joe Askenase

March 12

Four Handed Game

1: Virgil Taylor had a perfect score of 60; 2 (tie): Vi Horton, & Clarence Lietzow; 3: Lou Fisher, 4: Helen Foskett; 5: Bridget Hughes.

March 19

Five Handed Game

1: Virgil Taylor; 2: Vi Horton; 3: Lou Fisher; 4: Helen Foskett.

Six Handed Game

1: Bridget Hughes; 2: Cindy Voigt; 3: Marcy Askenase; 4 (tie): Maria France & Clarence Lietzow & Dan Voigt.

March 26

Four Handed Game

1: Dan Voigt; 2: Clarence Lietzow; 3 (tie): Cindy Voigt & Marcy Askenase.

Five Handed Game

1: Maria France; 2 (tie): Shirley Coe & Vi Horton; 3: Bridget Hughes.

April 2

Five Handed Game

1: Clarence Lietzow; 2: Russ Riegler; 3: Marcy Askenase; 4: Lou Fisher.

Six Handed Game

1: Bridget Hughes; 2 (tie): Maria France & Diana Riegler; 3: Shirley Coe; 4: Vi Horton; 5: Helen Foskett.



Tuesday Night Pinochle

Viola Horton

The single deck players had an unusual event. Hank Kolb got all ten aces! I hope you had two in each suit for eight



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of them.

All pinochle players come up and play with us on Tuesday nights at 5:45 p.m. in the Craft Room in the Art Building. No partners are needed.

March 2

Single Deck Winners

1: Gerry Pinter; 2: George Dertinger; 3: Edith Kolb.

Double/Triple Deck Winners

Tables 1: Alberta Sarris, Jim Feller & Joe Sciarino; 2: Ilse Kersey; 3: Virgil Taylor & Joe Scrivo.

March 9

Single Deck Winners

1: Eva Mazzotta; 2: Rita Pinter; 3: George Dertinger.

Double/Triple Deck Winners

Tables 1: Margaret Sciarino & James Nottingham, & Vi Horton; 2: Elsie Helwig & Ann Pelham; 3: Charlie Distler & Virgil Taylor.

March 16

Single Deck Winners

1: George Dertinger; 2: Albert Novotny; 3: Eva Mazzotta.

Double/Triple Deck Winners

Tables 1: Margaret Sciarino, Joe Sciarino, & Jim Feller; 2: Ann Pelham, Verna Harsh, & Jim Mazzotta; Ray Bock, & Charlie Distler.

March 23

Single Deck Winners

1: Hank Kolb; 2: George Dertinger; 3: Eva Mazzotta.

Double/Triple Deck Winners

Table 1: Joe Sciarino, Jim Mazzotta, & Vi Horton; 2: Ann Pelham; 3: Ray Bock & Greg Skillman.

March 30

Single Deck Winners

1: Dottie Findlay; 2: Bob Unangst; 3: Carol Locklear.

Double/Triple Deck Winners

Tables 1: Alberta Sarris, James Nottingham, & Joe Sciarino; 2: Ilse Kersey; 3: Virgil Taylor, & Charlie Distler.



Saturday Night Pinochle

Elsie Helwig

March 13

1: Albert Novotny; 2: Gene Hubbard; 3: Dot Findlay & Audrey Bartolotta.

March 20

1: Gene Hubbard; 2: Albert Novotny; 3: Ann Davis.

March 27

1: Gene Hubbard; 2: Viola Horton; 3: Dottie Findley.

April 3

1: Mildred Ferrell; 2: Elsie Helwig; 3: Viola Horton.



Cribbage

Greg Skillman

March 12

1: Norma Yonke; 2: Rose Marie Postin; 3: Ray Bock; Cons: Herb Postin.

March 19

1: Craig Ehle; 2: Frank Chamberlain; 3: Alberta Sarris; Cons: Norma Yonke.

March 26

1: Sheila Howell; 2: Greg Skillman; 3: Herb Postin; Cons: Rose Marie Postin.

April 2

1: Norma Yonke; 2: Luke Mullen; 3: Mary Lou Chamberlain; Cons: Elsie Helwig.

April 9

1: Norma Yonke; 2: Sheila Howell; 3: Greg Skillman; Cons: Herb Postin. Congratulations to Mary Ehle for the perfect hand of 29!

Announcing Digital Phone Service Available June 1



352-873-4817



Line Dancing
Sherry Ashenfelter

Since beginning eight months ago, the Newcomer class has learned the ball-cross, the box, the brush, the Charleston, the flick, the grapevine, the heel-hook, the heel tap, the hip bump, the hitch, the jazz box, the kick, the kick-ball-change, the lock, the pivot turn, the point-cross, rock steps, the scuff, the star, the step, the stomp, the sway, the strut, the toe fan, the touch, triple steps, the twinkle, the waltz balance, and the weave.

Newcomers who progress to Level 1, Level 2, and Intermediate dancing will build upon their strong foundation. Higher level classes perform the coaster step, the crossing triple, the cross-unwind, the drag, the fishtail, the full turn triple, the gliding box, the heel jack, the heel split, heel switches, the hinge turn, jazz jumps, the kick-ball-touch, knee rolls, knee wobbles, mambo steps, the Monterey turn, the paddle turn, the sailor step, the scissors, the serpente, the shimmy, the skate, the stroll, the sweep, toe switches, the vaudeville, the wizard, and more.

There is a beginning, but no end, to line dancing.

For optimal learning conditions and floor safety, classes are limited in size with pre-registration required. For information about classes, phone 873-9440.



Pattern Dance Club
Jim & Nell Entinger

The end of our dance year was celebrated on April 20 with a party and dancing in the Health & Recreation Ballroom. The club has learned 26 dance patterns during this year in a wide variety of rhythms including cha-chas, waltzes, polkas, swings, rumbas and meringue.

Tony and Carla are to be congratulated for the time and effort they have put in preparing and teaching these many patterns to our veteran and beginner dancers.

Carla and Tony want to congratulate all of our dancers, especially our beginners, for the wonderful job you did this year. Your interest and dedication has been outstanding. It's so rewarding to see the progress you've made. Thank you for dancing with us.

We continue to generate interest at The Town Square on Friday and Saturday evenings and enjoy dancing with our friends from Stone Creek and Oak Run.

Information about dancing during the summer will be presented in future columns and via e-mail from BJ and Roger. For our friends traveling north or vacationing enjoy the summer and be safe.

We look forward to the beginning of our new year on Oct. 5. For information, call Nell at 861-5351 or Carla at 873-8387.



Ballroom Dance Club
Richard P. Vullo

The Ballroom Dance Club continues to host ballroom dancing on the second and fourth Thursday of every month at the Health & Recreation Ballroom from 6:30 to 8:30 p.m. Residents dance to CDs professionally played by the sound and light committee using the complete sound and light facilities of the Health & Recreation Ballroom.

All styles of ballroom dance are played including smooth dances such as waltz, foxtrot and tango, swing and Latin dances such as rumba, cha cha, meringue, mambo, samba and others. Dancers are encouraged to bring their own ballroom dance CDs, which everyone can enjoy and to add to the variety of music to dance to. It's a great opportunity for all dancers, beginners and experienced, to practice their steps and learn new ones from other dancers.

All residents of On Top of the World are invited to attend. The Health & Recreation Ballroom floor is huge and allows everyone plenty of room to dance. The cost is only \$1 per person. Bring your own

non-alcoholic beverages. Dress is casual. Upcoming dances are on May 13 and 27. Give it a try and support dancing here at On Top of the World. For more information, please call Dick Vullo at 854-6772 or Doug Graham at 502-4485.

As this column was being prepared, we are working on new arrangements to resume dance lessons for residents here at On Top of the World. Hopefully, by the time you receive the May newspaper we will be ready to go. For further details, call Dick Vullo at 854-6772.

The next dance for Dancin' on the Top is May 8 at the Health & Recreation Ballroom at 7 p.m. The musical entertainment will be by the popular "Tomaura."

During the dance, complimentary coffee and a variety of delectable sweets will be available. Because of your support, ticket prices remain at \$7 per person.

Tickets went on sale April 19 from 8 to 10 a.m. at the Health & Recreation Ballroom. Sales will continue each Monday and Wednesday until May 5, unless sold out earlier. Don't delay. For information, please call Jack Stone at 873-3083.

Here's the schedule of future dances for 2010:

- Sept. 25 with Fred Campbell
- Nov. 20 with "Automatic"
- Dec. 31 with "Sounds of Time"

It's a terrific line-up, so mark your calendar and plan on attending.

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Ballet Club
Eugenie Martin

The Ballet Club still has three classes each week in the Arbor Club Exercise Studio adjacent to the indoor swimming pool. Classes are held Tuesdays and Thursdays from 1 to 2 p.m. and Mondays from 6:45 to 7:45 p.m. All classes are free and you don't need any previous experience to join. Just wear exercise clothing and socks to start.

For information, please call me at 854-8589. Happy dancing!

**Emergency After-Hours
Phone Number**
236-OTOW (236-6869)

On Top of the World Communities

BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day
Indigo Community Center Parking Lot in advance for pick-up

OCALA RUN: MON., TUE., WED. & THUR.

ARRIVE	PICK-UP
Jasmine Square (1st & 3rd Thurs) 1st Run Only	9:50 am - 12:10 pm
Dillard's or Kohl's	1st Run Only 10:00 am - 11:40 am
Lowe's	1st Run Only 10:05 am - 11:35 am
Paddock Mall	1st Run Only 10:10 am - 11:40 am
Wal-Mart	10:15 am - 11:45 am
Target	1st Run Only 10:20 am - 11:50 am
K-Mart	10:25 am - 11:55 am
Gateway Plaza	10:30 am - 12:00 pm

2nd RUN	ARRIVE	PICK-UP
Wal-Mart	12:05 pm	1:45 pm
K-Mart	12:10 am	1:50 pm
Gateway Plaza	12:15 am	1:55 am
Paddock Mall	12:20 pm	2:00 pm

GROCERY STOP LAST STOP OF DAY 30 MIN. SHOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)

Grocery Run...Every Monday...[Public]...Start Pick-Up Run @ 3:42 pm...Return @ 5:30 pm

Sam's Club...2nd & 4th Wednesday of the Month...2:10 pm - 3:30 pm

Beall's & Wal-Mart...1st Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.
[1st Run Ocala (Porter's & Target)...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]

Beall's & Wal-Mart...3rd Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.
[1st Run Ocala...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]

3rd Tuesday Supper Get-A-Way...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm
(CALL TO MAKE YOUR RESERVATION...ONLY 21 SEATS AVAILABLE EACH MONTH)

* Restaurant Location Posted in Bus, On TV Channel 17, 703 & 22, or Call Number Below *

** For information or reservations call Health & Rec. @ 352-854-8707 ext. 10

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Square Dancing
Walter Lamp

Our St. Patrick's dance was truly unique this year. First, we had three visitors from Ireland. But, from their appearance and talk, you just know that they were who they said they were. Yet, something seemed strangely familiar about the trio.

We had Irish tunes, Irish food and green-and-white outfits everywhere. Even our callers joined in with the fun, as evidenced by their green hair. The dancing was fun, especially the leprechaun dances, which highlighted the evening. The winners of the door prizes were determined by the gold coins they held.

Finally, our suspicions were justified. Those three visitors from Ireland were none other than Bob Frechette, Don Huston and Skip Spencer, members of our club. They sure made us feel Irish that evening.

We were going to celebrate our seventh anniversary at our dance in April. However, the theme changed to a poor man's dinner, with tax day but two days away. The menu was Hobo stew with peanut butter and jelly sandwiches; can't get much poorer than that.

In keeping with the theme, the booby prize was the right to a free audit from the Internal Revenue Service. I am just joking, of course. Even after the poor man's dinner and tax audit, we still had each other to enjoy and dance with.

On Tuesday, May 11, the theme dance is "Mom's Pies," in honor of our moms in the club. Strangely enough, about half of our membership consists of moms. What are the odds of that happening? Seriously, we honor all women in our club at this dance, through song and dance, even though the basic dancing rules remain the same, with gents being the home base. It's always more fun to have those women in the house with us.

The annual meeting and selection of new officers was moved up to April 14. I'll have a complete listing of all new officers next month. But, as always, if you have any questions about square dancing or our club, my phone number remains a constant at 854-9378.

The Central Florida State Square and Round Dance Convention in Lakeland will take place on May 28-30. It will consist of callers from the State of Florida. Dancing for over two years now, my wife and self have callers whom we really enjoy dancing to, more so than others. This is all right, as every caller has his or her own way of calling. But, all the callers we have danced to have been enjoyable and entertaining too. We both look forward to this style of marathon dancing again and will let you know how it turns out.



Photo by Dottie Huston

Leprechauns Don Huston, Skip Spencer and Bob Frechette.

POET'S CORNER
Poetry from On Top of the World Residents

Flashback
By JOE NOVATNACK

In the past not so long ago,
The ballroom then was all aglow
With talent of the residents,
Putting on a fabulous show.

The Kitchen Kut-Ups of 20 strong,
With rhythm of the boom-ba
And the washboard all unstrung
The washtub bass with a thumping beat,
Kazoos galore and stomping feet.

The Tapping Toppers and Tumbleweeds,
Across the stage did romp,
Missing not a step, of course,
To the rhythm of the stomp.

The mem'ry of the stage plays,
And the acts of one and two,
Of course, we had the variety shows
Bringing forth the talent too.

And the Pretenders did a bang-up job,
With song and heartfelt throb,
Let's not forget the Harmonichords
And the soundmen at the board.

But who can forget the overflow,
Women of the World and the Fashion Show,
The MCs with their chatter tales,
Of jokes with laughter that never failed.
Those were the days, my friend!

Enjoy Yourself
By MARY CULBERSON

If you have time to sit and think
What the future might hold in store
It could very well make you nervous
So enjoy every minute to the core.

Take that trip, do your thing
Visit old friends and you'll see
Life can be a whole lot of fun
So enjoy every minute to the tee.

If you have a secret ambition
Don't delay one more day
Go all out and do it
Enjoy every moment, of your worldly stay.

If you have kind thoughts and want to express
Just how you feel to others
Don't wait, tell them right away
Enjoy close friendships with your brothers.

And when you reach that pearly gate
And the Lord says, "Welcome home my lad"
You can think back with satisfaction
I enjoyed my life and seldom said, "I wish, I had..."

Keeping Fit
By MARY CULBERSON

When I walk into the workout center
And gaze around the floor
I see a lot of senior citizens
Waging an all-out war.

Some are squeezing the padded bars
Others are lifting heavy weights
A few are rowing for all they're worth
And several are checking heart rates.

There is a very small room
Where grown men whack a hard little ball
They bounce it against the ceiling
And then against the wall.

It looks pretty funny to me
But I guess it makes sense to them
If they ever get hit in the head
We'll notify the next of kin.

Others are pedaling with a vengeance
Perhaps with a hint of pain
I have to admire them for it
Determination is their game.

Many people are on the treadmill
Walking as fast as they can
Their doctor told them to go 10 miles
In order to feel young again.

No matter what their motives are
They strive right to the core
If this is really what it takes
Dear friends, you are winning the war!



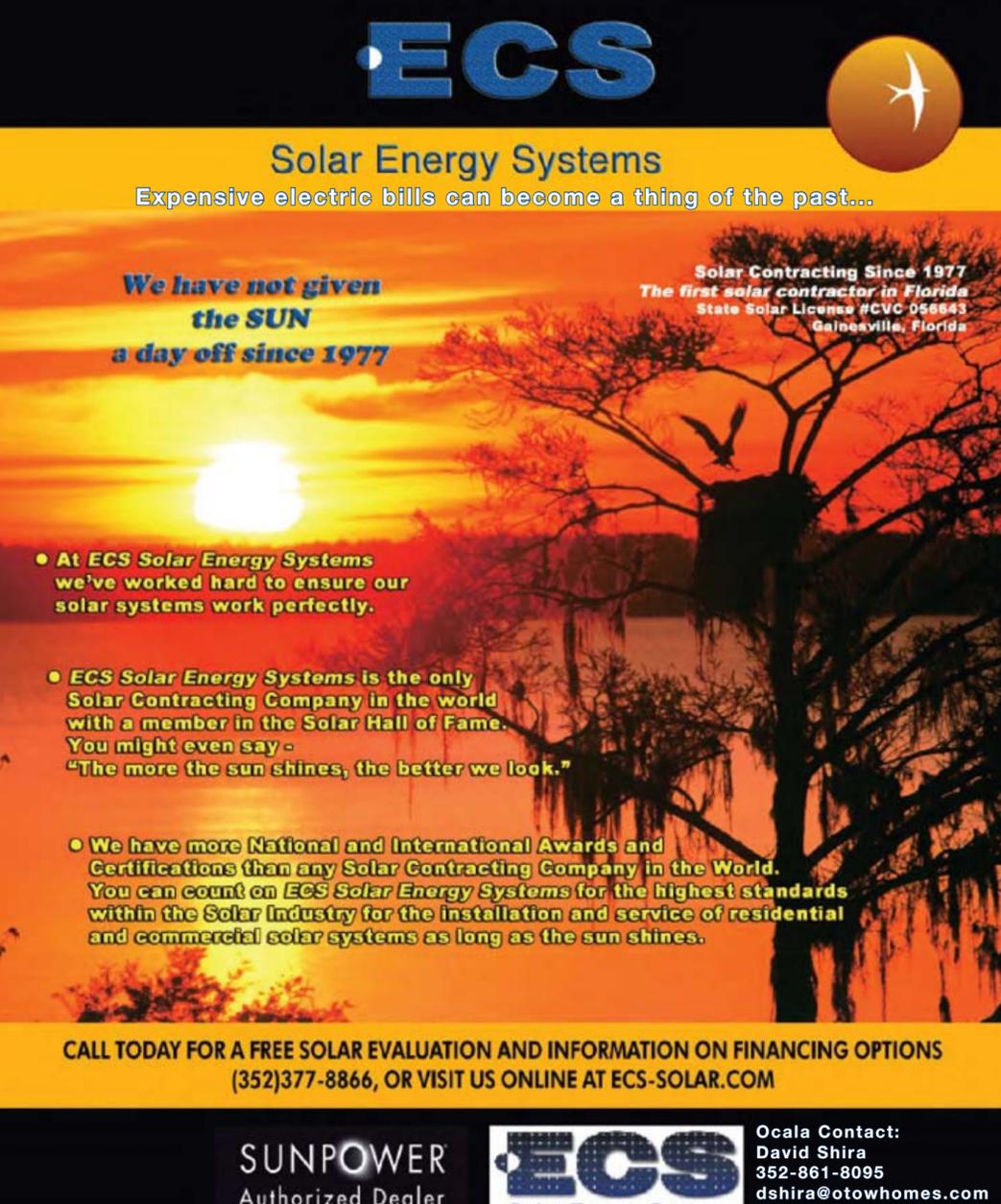
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Bike: Ladies 3-speed bike. First \$100 gets it. 873-4759.

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Desk: secretary, \$25. 861-8083.

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Dining Room Table: golden Oak with six chairs (two "captain") and three leaves. 66" x 42". 291-1862.

Dining Room Table: table and six chairs, antique white, with two leaves. Must sell. Best offer. 854-4365.

Dollies: Four flat moving dollies with wheels. \$5 each. 861-2540.

End Tables: two medium colored cherry end tables with glass tops. Much ornate detail to legs. Three years old. Excellent condition. \$180 or best offer for both. 484-0820.

Estate Sale: Friday, May 7 and Saturday, May 8. 9 a.m. to 2 p.m. 8556-F SW 90th Lane (Friendship Colony).

Estate Sale by Ruth: Friday, May 14 and Saturday, May 15. 9 a.m. to 1 p.m. Furniture only. 8552-A SW 92nd Lane (Friendship Colony).

Estate Sale: Friday, May 14 and Saturday, May 15. 9 a.m. to 2 p.m. 8711-D SW 92nd Place (Friendship Colony).

Executive Desk Chair: Perfect condition, \$45. 622-2581.

Exercise Bike: stationary, \$25. 861-8083.

Foreman Grill: large. \$20. Stan 873-3433.

Gas Grill: Used two or three times. Nearly full gas tank and outdoor cover. \$85. 854-5687.

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Golf Cart: Yamaha, very good condition, new tires, batteries. 854-8528.

Golf Clubs: 2 drivers, 7 metal woods, 7 irons, 3 wedges, 5 putters, 1 chipper, ball retriever and bag. Good condition. \$90/obo. 622-2581.

Golf Clubs: Ginty Stan Thompson #4 and #5 R-hand with red insert. \$45/obo. Call evenings 362-4714.

Golf Clubs: #1, 3, 5 Dunlop Woods, light weight, mid-flex, lo-torque, new grips, extra long for greater distance. \$125. 873-4759.

Grandfather Wall Clock: Howard Miller. 65-1/4" high x 27-1/2" wide x 9-3/4" deep. Must see! 854-3017.

Jazzy Power Chair: New loaded for performance and convenience features. Wheelchair never used. 873-4759.

Misc. Items: Prince Pro Tour tennis bag (never used), \$10. Tennis rackets with cases (2), \$5 and \$25. Ten pound bowling ball with bag, \$10. 291-7670.

Misc. Items: Nice storm door with all hardware, \$100. Stool-2 feet tall, \$10. Desk chair like new, \$25. 854-5782.

Misc. Items: Schwinn Airdyne exercise bike; 12' aluminum extension ladder that folds in half; weed eater, electric; blower with gutter leaf removal attachment. Everything in excellent condition. 854-2773.

Misc. Items: Golf bag, 5 golf clubs, golf club hoods, 7 golf balls, 4 tees, \$35. Size 10m golf shoes, \$10. 861-2540.

Pendant Lights: 3 matte cobalt blue, 3 matte amber, inverted cone shape, excellent condition. \$150/obo. 873-9471.

RV Towbar: Roadmaster Stowmaster 5000. \$400/obo. Call evenings 362-4714.

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PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

state quarters. Prices vary. 237-7255.

Stools: Two upholstered counter-top stools. 24" seat top. \$20. 854-7006.

Tabletop: 36" round beveled glass tabletop. \$40. 861-6779.

Tag Sale: Saturday, May 8. 8 a.m. to 1 p.m. Multi-family. Something for everyone. 9025 SW 91st Circle.

Tag Sale: Saturday, May 8. 8 a.m. to 11 a.m. Small household items. 8885-A SW 93rd Place (Friendship Commons).

Tag Sale: Saturday, May 8. 9 a.m. to 2 p.m. Quality items - can call 352-873-8771. 9143-D SW 83rd Ave. (Friendship Colony).

Tag Sale: Saturday, May 15. 9 a.m. to 1 p.m. Multi-family. 8875-G SW 97th Lane Road (Americana Village).

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Trimmer: Black & Decker "Grasshog" trimmer/edger; cordless 18V. Includes 2 battery packs and chargers. Asking \$75. 873-9471.

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Vacuum Cleaner: used Electrolux canister. Attachments and replacement bags included. Asking \$200/obo. 873-2471.

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Pressure Washing: "Don's" Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

Pressure Washing: house or driveways. Call On Top of the World resident, Okey. Free estimate 237-6637.

Therapeutic Massage: stress, pain reduction, joint mobility, deep tissue. Home or office. \$45/60 min. Call Lisa Wood, LMT (Lic. #54711) at 895-0334.

Transportation: airports, Gainesville (VA, Shands, etc.), local appointments, shopping or run errands. Safe, dependable & affordable. Call Fred at 207-6581 or 237-0860. Resident.

Transportation: airports, seaports, local and errands. Door to door, luxury sedan. 24/7 service. Ocala Smart Transportation 615-0399 or www.ocala-smart-transportation.com.

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

Turn Your Records & Audio Tapes into CDs or download them to your MP3 player. 237-4482 (resident).

Wanted

Buy Estates/Moving: 15580 Hwy 441, Summerfield (1 mi. N Hwy 42). Martin's Fine Used Furniture, 352-209-4945.

Buying Estates: Golf carts, furniture, vintage artwork, military items, guns, old swords & knives, tools, fishing gear, jewelry, old watches, ivory, old bronze statues, coins, gold & silver. Call Marty 274-3178.

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

Sheepshead Players: To join an already formed card group that plays twice a month at the Candler Hills Community Center. Please contact Bob Scherff at 291-1505 or e-mail me at bob.scherff@otowhomes.com.

Volunteer Proofreader: newspaper proofing experience a plus. Monthly proofing of columns via e-mail. Call 387-7466 for more information.

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Marion County's only Accredited Chest Pain Center has important information about your heart.

Chest pain is a dangerous sign. Most times, it strikes unexpectedly, and often, it's a sign of heart attack. When you have chest pain, don't hesitate. Call 911 immediately.

Fortunately, the Chest Pain Team at Munroe Regional Medical Center is always ready for you. 24/7. Munroe is one of only 12% of hospitals in the United States to be recognized as an Accredited Chest Pain Center by the Society of Chest Pain Centers and is the **only Accredited Chest Pain Center in Marion County**.

We are helping to set the national standard of care with the latest procedures developed by leading experts in cardiac care and our local emergency service personnel. From the time that the ambulance arrives, we're getting real-time, up-to-the-second updates on your symptoms and condition.

By the time you arrive at Munroe Regional, we're ready to begin treatment right away. Our goal: to reduce the time to treatment in the critical early stages of a heart attack, because the faster a heart attack is treated, the less damage to the heart and the better the outcome of treatment for our patients.

So, if you have chest pain, call 911 immediately and ask to be taken to your Accredited Chest Pain Center—Munroe Regional. To receive a free Personal Health Record, call Munroe's Health Resource Line at 352-867-8181.



When treating heart attacks, hospitals are measured by what is known as "door-to-balloon time"—the time it takes to restore blood flow once a heart attack patient arrives in the emergency room.

Nationally the average time is 62 minutes.* For hospitals performing in the top 10% in the nation, the average time is 58 minutes. At Munroe Regional Medical Center, our average door-to-balloon time is 43 minutes and our shortest time so far is 25 minutes. Less time means less damage to the heart and better outcomes for our patients. It's just another way that Munroe Heart is helping to set the national standard of care right here in Marion County.

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