



ON TOP OF THE WORLD NEWS®

Where the news is always good!

Section A

Vol. 25, No. 1 • July 2011

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

Master the Possibilities

We are very pleased to include the summer (July, August and September) Master the Possibilities (MTP) catalog in this edition of the World News. Here in Florida, summer used to be viewed as a slower season. Things have changed! Our summer MTP curriculum is the largest we have ever offered. It doesn't represent a slow down but a continuation of the excellence you have come to expect from our lifelong learning endeavor. Indeed, there's no rest for the curious.

We are experimenting with "intergenerational offerings" this year. Many of you have younger guests visiting during school vacations. We want to see if there's interest in age specific classes and events. To this end, we have an array of art classes that would appeal to your grandchildren as well as some movie selections. We hope you and yours will take advantage of these opportunities to share learning and fun with the children.

Regardless of what your interests are, we offer a broad spectrum of subjects ... many of which come from your suggestions. Master the Possibilities' success comes from listening to you, hiring outstanding instructors and anticipating educational trends. Of course, we are nothing without your support. Both online and telephone registration are open. See you in class ... and thank you.

Farmer's Market

Effective July 7, during the summer months, the Farmer's Market hours will be changing to 5 to 8 p.m. on Thursdays. Many vendors have expressed renewed interest in coming to the market with this time change. Without support from our community, they may not stay ... so come out in support of this new time.

The cooking demonstration by On Top of the World chefs will be at 6 p.m.

Additionally, there will be an entertainer performing on the gazebo on July 7; so relax with something cold and tasty from Mr. B's Big Scoop while enjoying visiting with friends and neighbors.

Circle Square Cultural Center

The new line-up for the remainder of this year includes some variety that will pique your interest. On Aug. 19, there's The Alabama Blues Brothers who will perform favorites such as "Gimme some Lovin," "Everybody Needs Somebody to Love" and more. A comedy show with a funny name - Goosepockets will take the stage on Aug. 27. See the show schedule on page 18 for all remaining dates in 2011.

For a real change of pace, participate in a Zumba Jam event on Saturday, July 30, at 12:30 p.m. For more details, visit The Ranch Center & Spa or contact the front desk at 861-8180.

The Town Square

On July 2, come out for our annual Patriotic Celebration that is always a favorite. The event will take place from 5 to 9 p.m. and will kick off with the Star-Spangled Banner being performed by 12-year-old Alexandra Sexton. Enjoy visiting with representatives of all law enforcement branches from 5 to 7 p.m. as they showcase their vehicles. At 7 p.m., the "Missing Man" formation will fly over The Town Square. To round out the evening, enjoy dance music performed by The Harvest Trio and Karen Hall.

Insurance Update

Now that the Florida Legislature has completed its recent session, we begin to see just what kind of sausage got made! Some of the laws have an important affect on homeowner associations and seniors in particular.

Every year, your Association obtains a Wind Risk Study to determine an acceptable level of risk based on the probability of damage from a 250-year storm event. These predictive models are always being updated. We have generally fared rather well, being so far inland. This year, the model was revised to give other types of wind hazards greater weight in the model. This change increased the maximum probable loss estimate upward by an additional \$14 million, to a predicted \$24 million in probable losses in a 250-year storm event.

With an insured value of over \$350 million, coverage capacity in the market can be hard to bind with a single carrier. As such, the policy is structured into layers and spread among multiple qualified companies. Florida's catastrophic loss fund continues in a terrible mess. Accordingly, your board is staying away from Florida's Citizen's Insurance and with traditional carriers.

This fiscal year, the board is purchasing named storm coverage limits of \$25 million, a limit in excess of the level indicated by the 2011 Wind Risk Study. The board purchased higher limits for all types of wind related storms in excess of the named storm limit.

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Independence Day, Remembered

By Bob Woods
World News Writer

Freedom is not free. It has been paid for by millions of military personnel from all corners of our country. Some have paid the ultimate price for freedom, giving their lives for the good old Red, White and Blue. Some gave their lives right here in this country while others perished in foreign lands giving us the freedom we enjoy today.

A lot of folks today look forward to the Fourth of July for the celebrations the holiday represents. It is a day off; a holiday; a time to have a picnic; and watch fireworks at night.

Let's take a moment and remember what this day represents.

Freedom is not free. This country has paid a high price for freedom. A luxury a lot of other countries do not and cannot enjoy.

Look at the history behind our famous Declaration of Independence. It all started during the American Revolution with the separation between the 13 colonies and Great Britain. The separation occurred on July 2, 1776 when the Second Continental Congress voted to approve independence. Congress turned its attention to the Declaration of Independence, which was prepared by a committee of five.

The Declaration of Independence document was drafted by Thomas Jefferson between June 11 and June 28, 1776 and then signed by 56 statesmen on July 4 from the 13 colonies seeking freedom from Great Britain.

Thomas Jefferson was the principal author and after congress debated and made some revisions, the Declaration was approved on July 4. Fifty-six signatures appeared on the document including such notables as John Hancock, Benjamin Franklin, Samuel and John Adams, and the list goes on including the author, Thomas F. Jefferson.

The famous document starts off stating, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness ..." and the Declaration goes on and on.

This document gave us the freedom from Great Britain and also started democracy, as we know it today. On July 4, 1776 the estimated population of the 13 colonies was 2.5 million; this year, the population is estimated to be 311.7 million.

Here are some other noteworthy facts after our independence:

- In 1777, 13 gunshots were fired in the morning and then again in the evening on July 4 in Bristol, R.I.
- In 1781, the Massachusetts General Court became the first state legislature to recognize July 4 as a state celebration.
- Since 1785, Bristol, R.I. has held

the Bristol Fourth of July Parade. It is the oldest continuous Independence Day celebration in the United States.

In 1791, the first recorded use of the name Independence Day occurred and it was in 1938 that Congress changed Independence Day to a paid federal holiday.

- John Adams and Thomas Jefferson, who were signers of the Declaration of Independence, later became Presidents of the United States and died on the same day: July 4, 1826, the 50th anniversary of the Declaration.

- The fifth president, James Monroe, not a signer of the Declaration, died on July 4, 1831.

- The 30th president, Calvin Coolidge was born on July 4, 1872, the only president to be born on Independence Day.

Freedom is not free. Enjoy this day in history and take a moment to remember the price which was paid to enjoy our freedom.

4th of July Local Events

Patriotic Celebration

Live entertainment and World War II T-6 airplane flyover.

Date: Saturday, July 2
Time: 5 to 9 p.m.
Place: Circle Square Commons
Info: www.circlesquarecommons.com/entertainment.html

Independence Day Celebration & Fireworks

Live music, food, vendors and more.

Date: Saturday, July 2
Time: Parade begins at 5 p.m.
Fireworks begin at dusk
Place: Williston Horseman's Park in Williston, Fla.
Info: (352) 528-3060

Red, White & Blues Festival

Live music, dance, children's activities, vendors and more.

Date: Saturday, July 2
Time: 6 to 9 p.m.
Place: Downtown Ocala Square
Info: www.ocalafl.org/events.aspx

Ocala Jaycees 42nd Annual God & Country Day

Date: Monday, July 4
Time: Festivities begin at 1 p.m.
Fireworks begin at dusk
Place: Golden Ocala Golf & Equestrian Club West (West U.S. 27 & CR 225A)
Info: (352) 566-6623

Independence Day Parade/Fireworks

Date: Monday, July 4
Time: Parade begins at 11 a.m.
Fireworks begin at dusk
Place: Parade on Cholokka Boulevard in Micanopy, Fla.
Fireworks at Carson Roberts Sports Complex (Micanopy ballpark)
Info: <http://micanotypetown.com/>

Event Pays Tribute

By Bob Woods
World News Writer

The golf carts started arriving an hour early before the start of the Memorial Day ceremonies that were held at the flagpole in front of the Health & Recreation Building. The singers and other ceremony participants made their way into the downstairs lobby in preparation for the event.

The outside air temperature was rising under clear sunny skies. By the time the ceremony started, there were an abundance of spectators ready to participate in honoring all veterans from all services, those on active duty today and those who made the ultimate sacrifice by giving their lives for



Photo by Bob Woods

Ken Colen and Ralph Mills display the memorial wreath.

the freedom of our country.

The On Top of the World Lions Club sponsored this annual event. The Lions Club President Richard Spahn welcomed all and stated that the ceremony would honor all World War II veterans who were present.

West Port High School R.O.T.C. Honor Guard was on hand to present the colors and a melody of patriotic songs were sung by the Concert Chorus as veterans stood for recognition as their service song was sung.

Kenneth Colen, president of On Top of the World, presented the memorial wreath placing it at the base of the flagpole as veterans united around the front of the flagpole singing, "God Bless America."

Old Glory

By Annette Sharpe

May it wave forever on freedom's hill,
As it does today, and we pray it will,
And proudly wave over land and sea,
To honor the home of the brave
and the free.

Think of the sacrifice, the blood
that was shed,
To keep it flying above our head,
So patriots, both young and old,
Will pledge their allegiance,
As the years unfold.

The stars appear to be dancing,
As our glorious banner flies,
Amidst the boundless beauty
Of cloudless, azure, skies.

It's a privilege to honor it,
And, we get a special thrill,
When Old Glory is waving high
in the sky,
Proudly, on freedom's hill.



ON TOP OF THE WORLD NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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Is It Legal?

By Gerald Colen

Q. I read an article in (a nationally circulated newspaper) that said senior citizens should shred all documents they don't need any more and as an example, the article said we can shred cancelled checks that have nothing to do with income taxes once the check has been reconciled with our bank statements. Since you are an attorney, I wanted to get your thought on this.

A. I don't read that particular newspaper and so I didn't see the article. However, as a general statement, I can say that, as with most, if not all newspaper articles, we need to try to figure out to what the article is referring before we can make a blanket statement in regard to the advice given.

For example: If that article was referring to Internal Revenue Service purposes then I would tend to agree that after reconciling a check with a bank statement, that check can be shredded. However—and this is a very big however—it may not be wise at all,

to shred checks when Medicaid issues are involved or may be involved.

Although the IRS may not require documents after certain points in time, the same is not necessarily true for Medicaid purposes. Medicaid agencies have the right to require applicants for Medicaid to produce five years of cancelled checks and other documents in order to support an application for Medicaid nursing home coverage. Simply put, the IRS is not the only government agency that requires the production of documents. So before you shred cancelled checks, you need to assess whether there are or could be any Medicaid concerns.

Q. I am 87 years old and divorced from my husband who was in the Army during World War II. My former husband never remarried and neither did I. Am I able to apply for Aid and Attendance benefits?

A. I am not an expert in V.A. benefits by any means. What I can say, though, is that it is my understanding that a widow must have been married to the veteran at the time of his death in order to file for a Service Pension with or without Aid and Attendance benefits. But you should check with the V.A. and see what they say.

Q. I bought a property at a foreclosure sale. The bank that foreclosed was a national bank but I now have the Certificate of Title in my name. I am trying to

sell the property but the title company to whom I gave the closing has informed me of a title problem that is related to a divorce that occurred between the person who was foreclosed by the bank. The title company says that now, I have to re-foreclose or file a quiet title action. I thought that once a bank foreclosed and then a Certificate of Title was issued all title problems were eliminated.

A. I don't really see a question here but this brings up something important and I want to give everyone my comments on purchasing foreclosed properties at foreclosure sales. Of course, knowledgeable folks can do very well when purchasing properties at foreclosure sales.

I hope you noticed that word "knowledgeable." I used that word because a title purchased at a foreclosure sale is not guaranteed to be a marketable title once you've been the successful bidder and have received a Certificate of Title from the Clerk of Courts. Examples:

1. A foreclosing lender may have missed a flaw in a previous transaction affecting the title.
2. Although condominium or homeowners association has foreclosed its own claim of lien, that doesn't mean that a prior mortgage has been extinguished.

3. There might be a forged document in the chain of title and this can lead to claims of fraud.

Any one or all of these can result in what I refer to as "Instant Loss." The knowledgeable folks who attend foreclosure sales have already done an examination of the title to the property so that they have a good idea of whether a foreclosure has effectively extinguished prior claims.

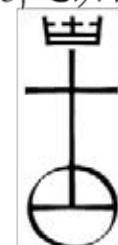
Folks who purchase foreclosed properties but who have not closely examined the title prior to bidding on the property can lose quite a lot. In your situation, what now must be done is to retain an attorney either to foreclose the property all over again—assuming that is even an available option and I don't know that it is—or to file suit to quiet the title to the property in your name. Good luck!

Q. What is your view about purchasing real property without title insurance?

A. I don't think that's very wise. I absolutely believe that a purchaser of real property should always have a title insurance policy. (Full disclosure: I own a minority interest in a title insurance agency and also I am a title insurance agent for one of the largest title insurance underwriters in the U.S.)

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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BY STAN GOLDSTEIN

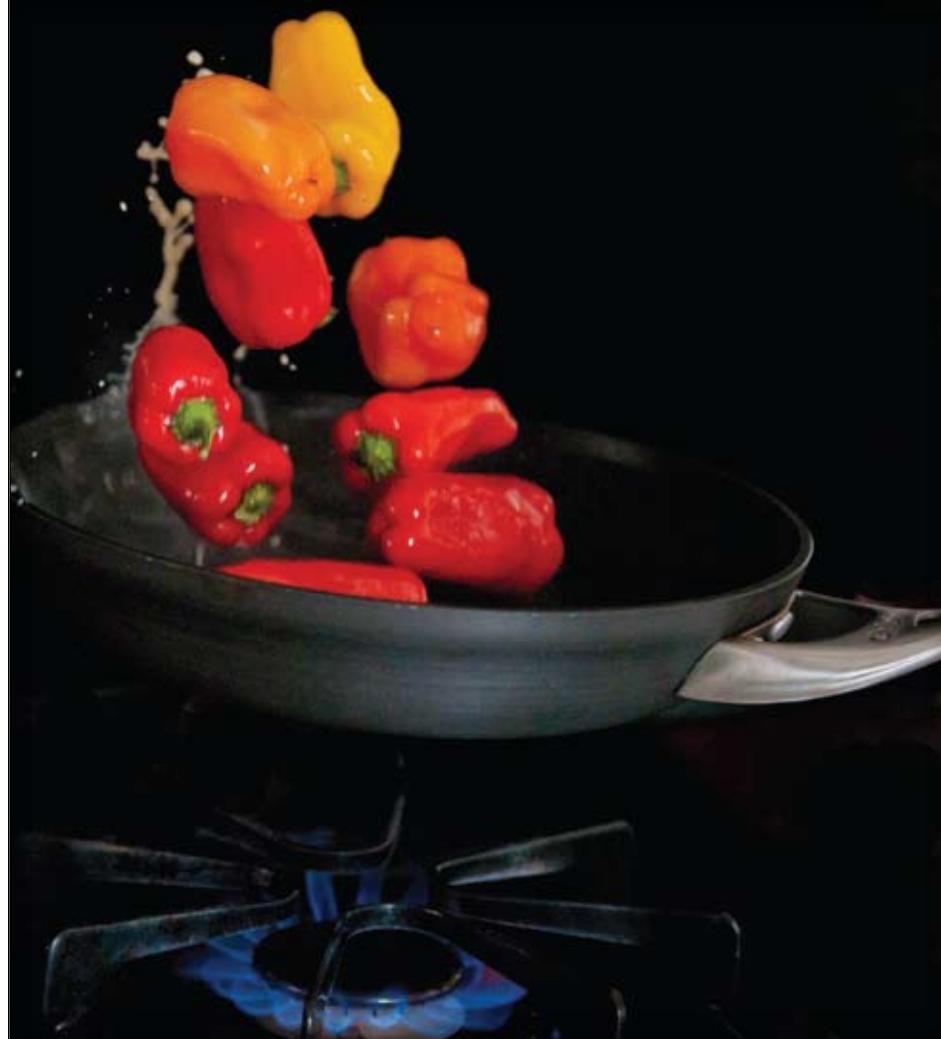


Those convinced they are unique ... aren't!

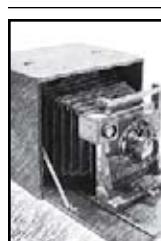
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Flying peppers.



ShutterBugs Photography

By Doris Mauricio

The ShutterBug field trip for the month of July is an early evening cruise on the Withlacoochee River with Captain Mike. You can be sure that we all had our cameras and got some great shots.

Our challenge for June was action photos taken in our own kitchens. The emphasis was on using more of the functions available on our cameras. These action shots in our kitchens helped us to consider and adjust lighting and to get off "automatic" and set for speed.

Some cameras, when set on speed or sports and holding down the button, will take three to five shots. If your camera does not do this, check your manual on how to set your camera to take more than one photo at a time. This allows you to choose the photo you like the most and erase the others.

This month's tip is on "panning" which comes from "Top 100 Simplified Tips & Tricks, Digital Photography, 4th Edition" is along the same lines as the June challenge above.

Panning gives varied effects depending on the shutter speed. The result can be a dramatic photo showing the subject in a variety of blur/sharp views contrasted with a nicely blurred background with blurred horizontal lines that emphasize the movement.

The challenging parts of this technique are to choose the right shutter speed, pick the right background, and pan with the subject so that the moving subject is not double-blurred because the panning speed does not match the speed of the moving subject.

Getting the effect you want when panning requires a lot of experimentation and practice. Do not get hung up on a lot of details: Just set a slow shutter speed and photograph a moving subject as you follow the movement with your camera, and then check your LCD to see the image you captured. You will get a lot of junk, but you will also start finding some interesting and creative interpretations of movement.

The photos on display for the month of July at Master the Possibilities are presented by ShutterBug member, Doris Mauricio. The photos were recently taken at the Gulf shores of Madeira Beach. The other photos were taken of her granddaughter gathering Easter eggs in front of her home. Also, please check out the photos on display at Freedom Library.

ShutterBugs of On Top of the World warmly welcome new members. We meet weekly sharing and critiquing our photos. We have guest speakers, classes and field trips. The annual membership fee is only \$12. You can go online to www.otowspc.com and view all the upcoming events.

The ShutterBugs meet the first three

Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. For more information about the ShutterBugs, please contact Marilyn Cronin at sharpshooter@otowspc.com.



Photo by ShutterBug Ray Cech

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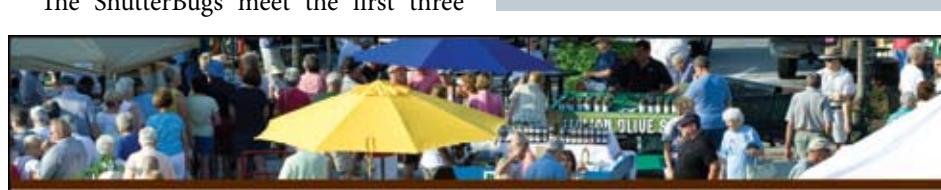
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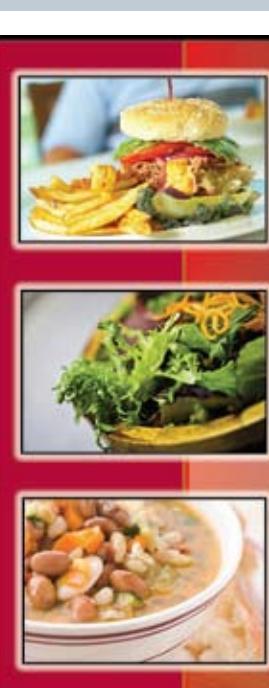
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All Around Our World

By Lynette Vermillion

Happy Independence Day! We associate Independence Day with fireworks, parades, barbecues and various other public and private events celebrating the adoption of the Declaration of Independence on July 4, 1776, and declaring independence from Great Britain.

Since the holiday falls on Monday, Customer Service will be closed in observance of Independence Day. As we observe the Fourth of July, please stay safe and have fun celebrating the independence and freedoms we enjoy.

Heat Exhaustion & Stroke

We have already experienced some pretty warm temperatures this summer; so, please remember to take steps to guard against heat exhaustion and heat stroke. Think prevention and always drink plenty of non-alcoholic fluids before, during and after any activity in hot, sunny weather. If you feel overheated, go indoors or a cool shaded area. If you are a walker, jogger or gardener, it is best to avoid being outdoors at the hottest part of the day participating in these type activities.

To find out more information, on the web Google search "heat exhaustion" or "heat stroke." Heat stroke is an emergency that requires immediate recognition and prompt treatment.

And, don't forget your pets. Dogs do not tolerate high temperatures as well as humans. They depend upon rapid breathing to exchange warm air for cool air. When air temperature is close to body temperature, cooling by rapid breathing does not happen as expected per the Doctor Dog Web site. In summer, it is especially important that you do not leave your dog in the car. The

heat buildup is very rapid and intense and can be fatal for your animal.

Candler Hills Gate Construction

The Candler Hills gate entrance renovation started June 20 and will continue for approximately 30 days. This is a substantial project that requires overbuilding the existing structure as we enhance the architectural design and add new lighting.

Traffic has been routed to the gated entry on SW 90th Street. During the construction process, the SW 90th Street gate will be staffed 24/7. The gate attendants will be working diligently to log you in quickly and to help with this process, please have your resident ID readily available for the gate attendant as you approach the gate. We thank you for your patience and cooperation during this period and apologize for any inconvenience.

Insurance Q&A for On Top of the World Central Owners

On Wednesday, July 20, there will be a presentation and question and answer session for On Top of the World Central Owners residents in the Arbor Conference Center, Suites B and C, at 10 a.m.

Bryan Fowler, our representative with Lockton insurance company, will be on hand to answer questions regarding the responsibility of the Association as well as the owner in providing insurance coverage.

Problem Lawns

Recently, the lawn and ornamental territory manager for one of our golf course vendors took a look at a number of our problem lawn areas and recommended a program, which we have begun implementation in the Avalon area. The process includes a number of steps we were already taking such as top dressing with organic material to hold moisture; pre-emergent herbicides; and continuing the chinch bug control measures. At her recommendation, we will be applying fungicide twice annually and using a liquid fertilizer mixture of ammonium sulfate and with a minor ele-

ment package including manganese.

We do need resident cooperation in applying the appropriate amount of water for the program to be successful. If we achieve positive results, we will implement in other areas where needed.

Suspicious Activity

If anyone sees something that is out of character with the community, take a moment to write down what you saw, the date, time of day, and specifics about those involved. If it is a suspicious vehicle, try to get a description of the vehicle – color, make, model and a tag number if possible. Even a partial tag number can be helpful with a good description of the vehicle.

Most of us carry cell phones nowadays and many of them have cameras that can be used to take a quick photo of something that may look or feel out of character. Report to customer service immediately unless you feel that law enforcement attention is required. If so, call 911 if an emergency, or 732-9111 otherwise.

Safeguard Your Property

It is always a good idea to lock your car when valuables are left inside and especially overnight. I know it is easy to leave the car unlocked to run a quick errand; however, it only takes a moment for someone to grab what is in plain view. And, I always lock my car when pumping gas most especially if I leave my wallet inside. It is so easy for someone to sneak up on the passenger side, slip the door open, grab and go. It takes a moment longer to lock it, but it may be well worth it.

Street Parking

The Rules and Regulations of all of the Associations state that, "Each Owner shall provide for parking of vehicles off streets within the Community." Therefore, no owner parking on the street is allowed.

Golf Carts

As your grandchildren visit this summer, please remember that our golf cart rules require that, "Each operator of a golf cart must be at least 15 years of age and be eligible to obtain a valid automobile driver's license."

Golf Courses

As a reminder to all golf cart drivers, golf cart paths on the golf course are for use during active play only. All players must check in to the Golf Shop prior to starting and must start on hole #1.

If you are playing golf, please do not drive your cart into the yards of homes

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on the golf course or walk into someone's backyard to pick up a ball. The golf course is not a walking/fitness trail, nor is it meant for dog walking or bicycling. These types of activities are prohibited on the golf course.

When we recently closed the course for spraying and even though it was clearly marked that the course was closed, people were still playing golf and practicing on the course. The course is not meant to be used for practice play after hours. It is very important to comply with the rules of the course as we occasionally use chemicals that require the course to be closed and access restricted. Late afternoon and into overnight is a great time because it allows us to reopen during the day.

Community Wildlife

In my June article, I briefly mentioned the coyote sightings we have had in the community and would like to reiterate the information as the sightings are still being reported fairly frequently.

Please note that if people feed coyotes or if there is a food source associated with humans, the coyotes will become less fearful of people and could become aggressive. In order to keep the community safe and reduce nuisances caused by wildlife, it is very important that you avoid behaviors that in any way condition the coyotes. Please follow these guidelines:

- Never feed coyotes.
- Remove food sources such as trash, fruit and pet food from the environment.
- Keep small pets inside from dusk to dawn or in safe enclosures.
- Never leave young children unattended in yards or parks.
- Harass coyotes with loud noises, clapping hands, yelling, throwing rocks at them and waving our arms to create fear.
- Call the local department of Fish and Game or local law enforcement agency if coyotes attack humans, become too aggressive by approaching humans, by showing lack of fear of humans or if they attack small pets.

Customer Service

Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on July 20 this month. Customer service may be reached by calling 236-OTOW (6869); otowservice@otowl.com; or visiting Suite 200, at Friendship Commons.

SERVING TAS-T-O DONUTS

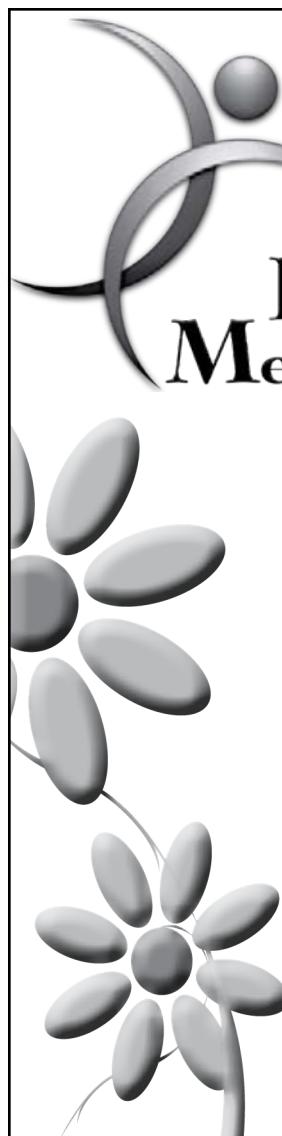
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Philippians 4:13

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**Food For Thought**

By Don Hall

Being someone from up north, it comes naturally to say that summer has arrived in July but now living in Florida, summer was here in all of its glory two months prior.

With this time of year, comes fresh summer vegetables and fruits and with our new chef on board, Todd Rowell, we plan on using these ingredients as much and as often as we can. From chilled fruit soups to fresh steamed vegetables and unique salads, we

want to use what nature has provided for us. Having said that, we have our new menu in place at Candler Hills Restaurant, and we are excited with all that we can offer our customers.

From "build your own" burgers and chicken sandwiches to loaded "spuds," we hope we have something for everyone's taste buds. Along with your favorites, we have added a bunch of new menu items that should please everyone.

In addition, Chef Todd has been sending out dishes with fantastic presentations and flavors and they have been very well received.

We have new early bird menus coming out every two months, which are available Monday through Thursday. On Friday and Saturday, we have our fantastic Prime Rib nights and we have added a 14-ounce

"king cut" to the party. Along with that and Chef Todd's fish and seafood entrees, there is something for everyone who comes to Candler Hills Restaurant.

Starting in July, we will be offering unique drink specials. So, if you are in the mind for a special concoction or libation, please check us out and quench your thirst.

Speaking of drinks, we are going to offer peach and raspberry flavored iced teas at both Candler Hills Restaurant and The Pub along with old fashioned chocolate, cherry or vanilla cokes. What a perfect way to quench your thirst on those hot summer days.

The "derby" room at the Pub is nearing completion and we are making some changes to our menu. We are going to offer "pub" fare along with fresh and seasonal

items and some "healthy" choice items. Once again, something we hope for everyone.

If you are interested in the derby room, please contact Jenene Baxley, our catering coordinator at 861-9188 and she will be able to answer all of your questions concerning that room and any catering needs that you may have. We want to welcome her to our staff and are excited to have her with us. She is a great addition to the hospitality team. Welcome Jenene!

My number is 854-0805 ext. 1105 and I am always interested in hearing your suggestions and comments regarding the hospitality operation. Your input is valuable and very much appreciated. Please give me a call or complete our survey card.

**Citizens Emergency Response Team**

By Patricia A. Woodbury

CERT (Community Emergency Response Team) is a team of residents, just like you, who have had special training to be responders in the event of a disaster. We have been fortunate here in our community not to have had a hurricane or tornado in the past six years, so our services are not

so visible. However, be assured that we are continually training and maintaining those skills to be prepared in the event of a disaster. Much of the information presented here, each month, will be helpful for all residents.

At our regular monthly meeting, in June, our members were privileged to have our resident retired psychotherapist, Rob Caruana, review with us the psychology of First Aid. Rob is also a CERT member.

It is well known that during a disaster, the team members as well as the victims may see and hear things that might be extremely unpleasant. Understanding and dealing with the results of these stressful

situations is another skill that CERT members must be prepared for.

Recognition of psychological symptoms is the first step. Such symptoms as anger, irritability, sadness, helplessness and denial should alert the team member to provide emotional support. Basically, the type of support that is given is listening and letting the person talk out their feelings and their needs. The team member then empathizes by indicating that the person's concerns are

heard and ultimately helping them connect with their natural support systems, such as family and friends.

The next meeting of CERT is scheduled for Tuesday, July 12. CERT meets every second Tuesday of the month at 9 a.m., in Suites E, F, and G of the Arbor Conference Center. Persons interested in learning more about CERT are welcome to attend these meetings or contact me at 854-8718.

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View From The Library

By Doris Knight

"All Politics is Local" by former Speaker of the House Tip O'Neill is often cited today as a classic on the subject. Of course, it discusses politics in the 1950s to the 1990s when O'Neill started as a member of the House of Representatives from Massachusetts (1953) and worked his way up as Whip, House Majority Leader, and finally Speaker. In the latter position, he was behind only the Vice President in line for the Presidency, so the position held a great deal of power. And anyone who is clever enough to get to that position has all the skills of political life and is able to use them effectively.

At the same time, Tip O'Neill never forgot where he came from and who had made him a person of such power. So, in his book he tells stories of his political experiences in such a way as to point out the principals involved in being a successful member of Congress.

The title of the book actually came from O'Neill's father. When Tip ran for his first election for the Cambridge City Council he took his own neighborhood for granted and lost by 160 votes. And his father told

him, "All politics is local. Don't forget it." And the book goes on to discuss many examples – some amusing – of that principle.

So let's look at a few examples of lessons learned by Tip O'Neill. The first is that to be successful democracy requires compromise. Everyone cannot have what he/she wants, and if he/she demands it nothing will happen. (A lesson Washington needs to learn today.) As Tip O'Neill says, "Political compromise is deferring your ideas so that a majority can be reached." That means 218 votes in the House, 51 votes in the Senate, or today 60 votes in the Senate to prevent a filibuster. Not an easy task, but Congress used to be able to do it.

He also discusses the issue of term limits. Not surprisingly, he is opposed to them but not just to save his seat. A Congress full of inexperienced people will find it difficult to work out answers to difficult problems. He saw this in 1974 when the Democrats had many new members and a good deal of time was lost until they began to understand how the system worked.

O'Neill also has a chapter on how to lobby Congress. It's worth reading if you really want to be heard.

Congress – both House and Senate – are different from what they were in Tip O'Neill's days. With our 24/7 news cycle, with a better educated public, with the complexity of today's life, perhaps the days of working out acceptable compromises may never return but O'Neill's experiences and his suggestions are still worth perusing.

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- Friendship Park

Wednesday

- Friendship Colony
- Candler Hills**
- Indigo East**

Thursday

- Providence 1 & 2
- Williamsburg

Friday

- Crescent Ridge 1 & 2
- Renaissance Park
- Windsor

* Due to volumes, pick-up may extend into Tuesday

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COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

Continued from page 1

The exclusion from coverage in named storms amounts to 5% of the building value, with an aggregate loss retention limit of \$250,000, per storm event. On an un-named storm event, the loss exclusion is \$100,000, retained by the Association. Once a loss limit is met, the insurance coverage takes effect. As a practical matter, a loss of \$250,000 would require an assessment to all owners. This would amount to approximately \$70/household to make up the loss. So far as I can tell, that level of possible assessment is not worth losing sleep over! By retaining more of the risk, the Association is able to realize a savings in the cost of coverage.

For all other casualty loss (fire, flood, earthquake, etc.), the deductible is \$10,000 per event. This last point really underscores why each owner must keep current on their property coverage, including loss assessment coverage (HO6) of at least \$2,000.

Drought Not Ended

Despite receiving the rains in early May and mid-June, the deficit of water continues. According to the Southwest Florida Water Management District (SWFWMD), the rainfall deficit is around 30" for the past three years.

Last year, the Marion County Commission adopted the St. Johns Water Management District guidelines on watering lawns currently set at two days per week for the



Keeping It Green

By Phillip B. Hisey

Landscape Tips

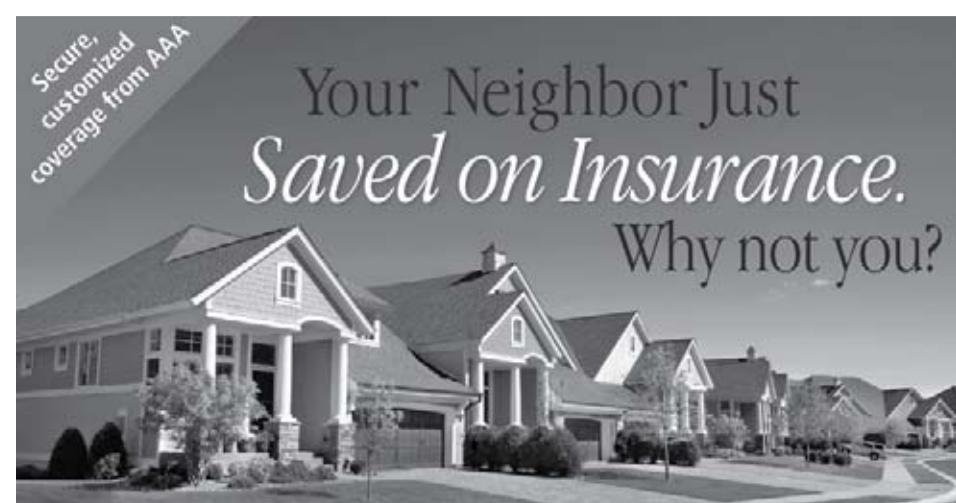
In June, the Crape Myrtles started blooming. For those residents who don't know, if you trim off the old, spent blooms, these trees will keep blooming. This is a tip that is pretty common for most plants ... so keep them blooming.

July is a great month to fertilize if you missed your application in June. Make sure you follow the Marion County Fertilizer Ordinance and Florida Green Industries Best Management Practices. Nitrogen applications should not exceed one pound of slow release nitrogen per 1,000 sq. ft and not more than .7 pounds of readily available nitrogen per 1,000 sq. ft.

Following up your spring application, use a fertilizer that is higher in iron and potassium and lower in nitrogen. The iron will give you that deep green you want but without the growth. Potassium has been considered a multi-vitamin and will aid in the root production of the lawn while also helping out with drought stress in the summer months and cold stress in the winter months to come.

It is better to start getting the lawn ready now than later in the year. The fertilizer I like to use during this time of the year is the Lesco 9-0-24. This product is a slow release fertilizer with the iron content you

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July 2011

The World News



Red Hat Society

By Vivian Brown

Summer is upon us and most of us will be spending time visiting our families whether they come here or we go there. Our snowbirds are back up north and it is quiet but there is plenty to do here at On Top of the World. You can take a class, go swimming, visit The Ranch for a new look, dance or listen to music at The Town Square, or check out the upcoming shows at Circle Square Cultural Center. Stay well and God bless.

THE RAZZLE-DAZZLE RED HAT DAMES: Pat Fitzgerald and Shirley George, who chose Stone Creek Grille, hosted our May luncheon. We had a great group, the food was delicious, the service was good and the company delightful. We decided who would be hosting our luncheons from September through December 2010 and in January we will choose the rest of the year. Most of our members are traveling sometime during the summer and seeing family. So I wish them a happy, healthy summer and look forward to seeing them again in the fall.

Remember to live well, laugh often and love much. God bless! QM Vivian Brown

THE GLITZY GALS: On April 25, we participated in the Nature Coast Royal Queens "Celebrating the Legacy" at Black Diamond Country Club. The celebration was for the 13th anniversary of the Red Hat Society. A timeline video presentation of activities from attending Red Hat chapters and the posters on display were very interesting and entertaining.

Our luncheon for May was at Moreno's Uptown Grill with Janet Becker and Kitty Wills as hostesses. The food was delicious and our baskets with chocolate candy were a mouth-watering treat.

Another event this month is the "Picnic

in the Park" in Inverness. Several of us have decorated shoes for the contests there. We are looking forward to a fun day.

Our group continues to get together over the summer. One evening we are going to QM Mary's home for a fun evening. Our luncheon hostess for this month was Joyce Mackey and she took us to Ayutaya Thai Cuisine. Good food, sweet treats, shopping and socializing made for an enjoyable outing.

"Life is the first gift, love is the second and understanding is the third." QM Mary Curry by Janet Wahl

THE BLAZING BONNETS: Our April luncheon at Too Jay's in Sumter Landing was a lot of fun. We had three cars in our carpool. Princess Karren did a great job in suggesting Too Jay's. Not only good food but the shops in the area are a lot of fun. Princess Karren gave us gifts including Ghiradelli chocolates. Our Vice Queen Linda even got out to direct traffic so we could take our girls into the restaurant.

It was a beautiful day for the picnic at Whispering Pines. The Nature Coast Royal Queens planned this annual event and after we scrambled to get a table, all went well. In fact, each one of our Princesses won raffles.

Princess Arlene planned our May luncheon at Sandwedge in Spruce Creek. Sandwedge was a great choice with beautiful views of the golf course. Not only did everyone attend, we had two guests. Vice Queen Linda's mom joined us along with my friend Annette from New York. Our guests were crowned honorary princesses. Princess Arlene gave us gifts from Avon and also provided all of us with homemade dessert made by the proprietor.

Princess Muriel planned our June luncheon at Chili's.

Remember, keep your mind on dessert and your hat on your head at all times. QM Mary Vanasse.

Please e-mail your chapters activities by the eighth of the month to vivjcb@cfl.rr.com or call me at 291-0247.



Women of the World

By Maureen Corr

We are hoping that you are all enjoying a good summer! We are fortunate here at On Top of the World to have such beautiful pools that help make the summer fun and the heat bearable.

The summer will be over before we know it and we want to again remind everyone that next year's dues (\$8) can be sent, by check, to Marie Roppel, at 8998 SW 99th Court Road, over the summer. Receipts and nametags can then be ready ahead of time for members to pick up at our first meeting in September.

In September, we will ask you to open your heart to one of two charities. The first, Brothers Keepers Soup Kitchen is one you are familiar with. Canned goods and non-perishable food items will be collected.

The second, Camp Mariposa, is a child's bereavement camp operated by Hospice of Marion County twice a year. On Oct. 8, camp will be open and in need of supplies such as arts and crafts items, sidewalk chalk, bubbles, toys and games.

If you need/want a lift up to the Health & Recreation Building for our meetings, or if you can volunteer to drive people up the hill in your golf cart, call Nancy Grabowski at 873-4315.

Our president, Marsha Vieu, has asked again that members give some thought to how the refreshments can be provided for the December meeting. Some ideas presented are:

- At the November meeting, those who are planning to attend the December meeting would purchase a \$1 raffle ticket for a 50/50 drawing. Half of the ticket would be counted separately as a means of judging how many will be attending in December and, of course, this would simplify ordering food.

• Members bring Christmas cookies. Please give this some thought over the summer and we will discuss it at the Sept. 2 meeting.

Although this is several months away, please mark your calendar that the October meeting will be held on the second Friday of the month (Oct. 14) instead of our usual first Friday.

It's not too early to think about Rags to Riches. We are looking forward to another great sale.

Enjoy the rest of the summer and we look forward to seeing you all in September. Keep in mind that all women in On Top of the World are welcome to join and we would love to see you.



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Honor Flight • June 14, 2011

The following On Top of the World residents were selected to join the third Ocala Honor Flight on June 14 to visit the World War II Memorial in Washington, D.C. All photos were taken by Bob Woods.



Robert Harrsch
U.S. Army / WWII Veteran of the European Theater

"The trip was tremendous. I just can't get over the amount of people who came to the homecoming."



John Metcalf
U.S. Army Air Corps / WWII Veteran of the European Theater

"The trip was just wonderful. It was fantastic, just beautiful!"



Heroes in Flight

By Bob Woods
World News Writer

A group of heroes from On Top of the World completed a trip to Washington, D.C. visiting the World War II Memorial erected in their honor. Five proud veterans from the "greatest generation" made the trip from Ocala to Washington, D.C. on the third Honor Flight from Marion County carrying over 100 World War II veterans. This flight just happened to take place on

Flag Day, June 14, giving the patriotic journey an added special meaning.

Two of these veterans were sailors serving in the Pacific Theater on ships and the island of Guam. The other three were Army veterans of the European Theater, one a P-51 Mustang pilot escorting bombers over Germany. Another was involved in the reinforcement of the Battle of the Bulge and was on the SS Leopoldville sunk by a German submarine just off the coast of Cherbourg, France. The third Army veteran was at the Battle of the Bulge on gliders and a recipient of the Bronze Star along with a Purple Heart.

A large crowd of family and well wishers gathered at the terminal building before the sun rose at the Ocala International Airport to wish these World War II heroes a safe journey to Washington, D.C. You could see the excitement in their eyes and I am sure, as in the past two flights, there were tears too. The anticipation was running wild. By 6 a.m., the heroes were checked in, boarded and ready to go.

After getting final clearance for airspace from Jacksonville, the loaded plane took off to Baltimore/Washington (BWI) airport. The Ocala Honor Flight was one of six Honor Flights for the day and was greeted on the BWI runway by fire/rescue vehicles spraying water from their cannon turrets. An Army General and other dignitaries greeted the heroes as they departed the airplane.

The first stop was to the World War II Memorial. There were thousands of folks present at the memorial and the veterans were greeted with applause. After spending some time at the memorial, the local veterans boarded their respective buses for a trip to the Korean Memorial and then they walked a short distance to the steps of the Lincoln Memorial where a group picture was taken.

Boarding the coaches again, the veterans were given a short narrative tour as the coaches approached Arlington Cemetery. After a short ride through the cemetery, the veterans were taken to the Tomb of the Unknowns where they witnessed the changing of the guards.

Finally, the Ocala Honor Flight participants headed to BWI for their flight back to Ocala. Upon arriving at Ocala after dark, the heroes were welcomed back home by hundreds of well wishers.

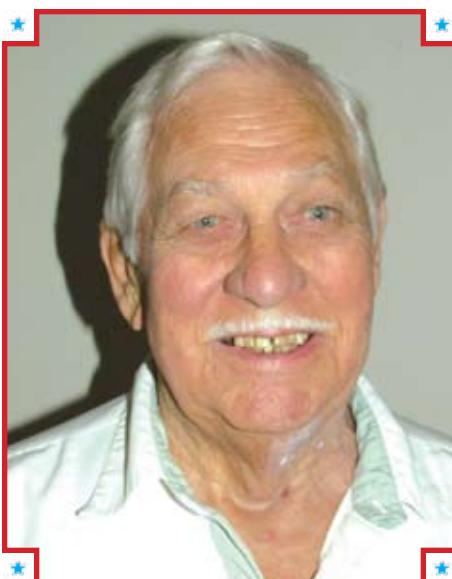
This was a fantastic trip for these veterans who made the trip to see first hand their memorial at no expense to them. Escorts on the flight aiding some of the veterans had to pay for their volunteerism. This was the third Ocala Honor Flight and there is another flight in the planning stages. Hopefully, the next flight will take place in October.

The Honor Flight program is a non-profit organization taking veterans from all parts of the country, through local donations, to Washington, D.C. to see the World War II Memorial. To date, there have been more than 35,000 World War II veterans who have participated in the Honor Flight program.



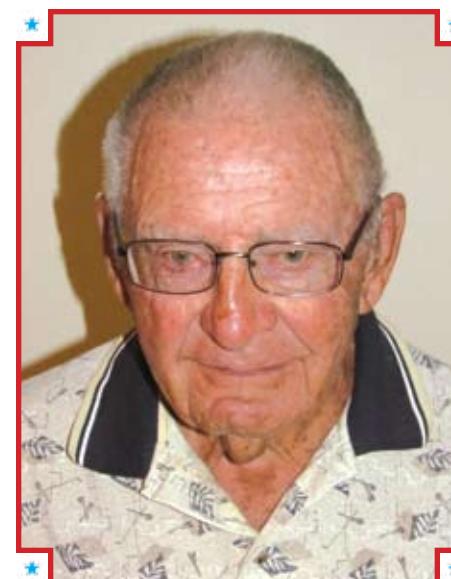
Harry Lipps
U.S. Navy / WWII Veteran of the Pacific Theater

"Unbelievable!"



Richard (Dick) Meyers
U.S. Army / WWII Veteran of the European Theater

"The trip was absolutely fabulous! The weather was perfect and the trip was great."



Charles (Dick) Soens
U.S. Navy / WWII Veteran of the Pacific Theater

"I loved it—they did a good job. I would be willing to go again."



Photo by Bob Woods

World War II veterans boarding a chartered jet aircraft for their trip to Washington, D.C. to see the World War II Memorial erected in their honor.

Attention All Vets

By Bob Woods
World News Writer

The Ocala Honor Flight program is planning another flight to Washington, D.C. in October.

Honor Flight Network recognizes American veterans for their sacrifices and achievements by flying World War II veterans to Washington, D.C. to see their memorial at no cost. Top priority is given to World War II and terminally ill veterans from all wars.

If you are a veteran, please visit www.ocalahonorflight.org to fill out an application.

For further information, please call 622-5126.

July 2011

The World News



A Resident of Note

By M. Keith Nadel

This month, I will provide another biographical insight into one of our outstanding On Top of the World residents who has positively influenced many locally, regionally or nationally.

Lloyd Harold Mitchell

The Piston Victory, a troop ship built by Kaiser Industries, finally docked in San Francisco in 1947 after a turbulent Pacific crossing from Yokohama. Army Sergeant Mitchell was returning home to Oklahoma after a stint in Japan as an active member of the occupation forces. Sergeant Mitchell, in earlier civilian life was a rodeo rider and calf roper, grew up on a ranch and whose father was a rodeo stock provider.

He "broke" horses at great risk when 17 years of age to earn enough money to remain with his mother two extra days before reporting for active duty - flying then was faster than rail car and he was cash shy. Harold handled quarter horses exclusively and "broke" horses to earn money and continued doing so for several years after his Army service.

His first civilian job in Oklahoma City, Okla. was in sales for the Champlain Oil Company, moving upwards towards Auto Supply Parts and his performance had him next working for Wildroot Cream Oil in Buffalo, N.Y., and thence in 1955 to Sterling Drug Co., for whom he worked the next 34 years rising to regional sales manager, an area covering 17 states including five major districts and managing a sales force of over 100.

In his first seven years at Sterling, he increased sales from \$400 million to \$650 million for over-the-counter (OTC) drugs by purchasing other consumer products at slightly above their cost to increase not only Sterling Drug's OTC market penetration but to augment an already impressive product line.

Mitchell served as his company's representative at all national pharmaceutical sales meetings and was responsible for his company to be one the first to break

ground selling over-the-counter products to food chains and supermarkets. Imagine for a moment how bare Wal-Mart, Target, K-Mart, Publix and Winn-Dixie would appear without these consumer products?

Harold Mitchell also introduced products made by Sterling for other companies by private labeling them - which now is common throughout the world today. His transition from "Oklahoma cowboy" to sophisticated, urbane tony executive sought after by civic and service groups alike was partially due to his natural presence, personal warmth and gregariousness. In the trade we would refer to such an individual as having natural élan. Harold also credits much of his success as a co-founding member of the Rainbow Coalition.

Family and friends refer to his marriage of 63 years as a Rainbow Coalition. She, Connie Mitchell, also from Oklahoma, a refined cultured lady whom he met and captivated at the University of Central Oklahoma has resulted in four children, 11 grandchildren and 17 great grandchildren. Connie and Harold have been residents since 2000 and they have remained active at all levels of church fellowship. Typical of his makeup, he makes fast friends with ease. He possesses great heart and a caring attitude, which he applies daily.



Photo by Ralph Socolov

Lloyd Harold Mitchell.

The World News



Veterans Club

By Fred Pulis

The guest speakers for the June meeting were representatives of the Marion County Veterans Services Office, which is located at 2528 East Silver Springs Boulevard. This organization's primary purpose is to help veterans and their dependents by providing a wide range of services.

Presenters included Director Daisy Diaz with associates Amy Collins and Steven Jacobs. This organization has helped several club members in re-creating personnel records at the National Personnel Records Center (NPRC) in St. Louis, Mo., which were lost in a fire five years ago. Addition-

ally, further questions were either answered or referred to appropriate personnel for resolutions.

The next scheduled meeting will be held on Thursday, Sept. 29 at the Arbor Conference Center, Suites B and C, at 2 p.m. A speaker from Cliff Stearns' office is scheduled to present.

Other guest speakers are scheduled for the rest of the year. Their emphasis will be to provide new and relevant information about veteran-related issues. All service veterans are encouraged to participate by asking questions of interest to all who attend.

The club continues to support the Ritz Historic Inn renovation project for housing former homeless veterans. This contribution has been in cash donations, furniture and kitchen appliances, as well as voluntary physical improvements.

For additional information, please contact Jerry Cauda at 873-2007 or Fred Pulis at 854-9976.

Lions Club



By Eloise Hollyfield

The On Top of the World Lions Club presented a moving memorial service to honor our veterans on Memorial Day 2011. The service took place around the flagpole at the Health & Recreation Building.

Lion Richard Spahn, Lions Club president, welcomed visitors and guests, and Lion John Johnson gave the invocation. This was followed by the introduction of honored guests and fellow Lions. Lion Richard Spahn then gave the Memorial Day remembrance speech, which was followed by the Presentation of Colors by the West Port High School ROTC. After the Pledge of Allegiance, Joan Stenson sang the National Anthem, and the Concert Chorus sang a medley of patriotic songs.

In lieu of a guest speaker, World War II veterans present at this memorial service were honored. Those present were asked to step forward to be acknowledged, and Ken Colen, president of On Top of the World Communities, presented the memorial

wreath, followed by the Retirement of Colors by West Port high School ROTC and the singing of God Bless America. Honored guests were again acknowledged, and Lion Ed Michelson gave the closing prayer.

Our veterans, many of whom have paid the ultimate sacrifice for the freedoms we enjoy today in the United States of America, were honored by On Top of the World residents and guests through the endeavors of the On Top of the World Lions Club, an organization dedicated to service.

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**D'Clowns**

By Paula Magen

D'Clowns' last activity of the season was to entertain at First Congregational United Church of Christ's "Pignik." It was a fun day and the food was delicious. We painted faces, applied tattoos and made a variety of balloons for the children. The fire department showed up as well as the police with a trained canine.

In May, we were present at the last Kids and Cookies of the year. This monthly program is held at TimberRidge Nursing & Rehabilitation Center. A class of four year olds is bused in from Childhood Development Services to mingle with the residents. A mini Olympics was held for both the children and the seniors. Members of D'Clowns assisted both groups.

Congratulations to new clown, Minnie, who single handedly entertained at a club she belongs to. She painted faces, applied tattoos and was a big hit. Minnie has lived here for six years. She was born in Jersey City, NJ. Minnie loves to sing and dance and work on her computer. She loves people and it shows. Minnie (Arlene Holliday) has an extensive Mickey Mouse collection.

It's no wonder that her clown name is Minnie.

Let's take a moment to remember Marcel Marceau, mime extraordinaire. He was an internationally acclaimed French actor and mime. His career lasted over 60 years. He was also famous for his persona as Bip the Clown. He was a Holocaust hero and taught hundreds of Jewish children (who had to be protected from the French police and the Germans) the art of communicating in mime, because it was important for the children to converse silently. Marceau brought these children to safety to Switzerland.

"Do not the most moving moments of our lives find us without words?"

Marcel Marceau

D'Clowns celebrated the end of their season with a luncheon at Sky Asian Fusion Restaurant in mid-May. It's really neat having a welcome breather from make up and costumes. We are already making plans for the fall. Some new clowns are joining us and we will be seeking new places to entertain.

Our first meeting will be on Monday, Sept. 19 instead of Sept. 5, which is Labor Day. Join us at our meeting on the first and third Mondays at 1:30 p.m. in the Arbor Conference Center, Suites B and C.

We welcome boy and girl clowns and we will teach you all about clowning. For information call Paula at 873 3433.

Happy Fourth of July!

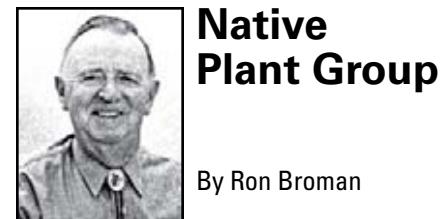


D'Clowns and fireman at First Congregational United Church of Christ's "Pignik" on May 14.



Photo by Ron Broman

Simpson's Stopper.

**Native Plant Group**

By Ron Broman

I missed this one. My timing was off.

The blossoms were visible out of our bedroom window, but I hadn't decided which plant to feature.

When I did decide, the blooming was over.

Then I read that, "Twinberry has fragrant white flowers, which I knew, occurring periodically throughout the year." That made me feel better. I'd catch the next

blooming time. Trouble is, I don't have the picture taken yet, and I usually feature the blossom. Guess it will have to be the leaves this time.

Myrcianthes fragrans, Simpson Stopper, or Twinberry, is a member of the eucalyptus family. If you crush a leaf you get the aroma of nutmeg. I think it's a cross between eucalyptus and nutmeg.

Now for the next show stopper. We'll have to be patient until the fruit ripens into tasty red orange berries. But why Simpson's Stopper? I don't know about the Simpson's part, but have heard that stoppers do just that -- when you're in need of your system being stopped. Need I say more?

Although Twinberry (I don't know why it's called that either) is on the very northwestern edge of its range in Ocala (it's usually a coastal hammock or uplands plant) once established its needs are minimal: little or no irrigation, full sun to light shade, high salt tolerance, slightly alkaline soil, no pests or diseases.

And guess what? The flowers attract many species of butterflies and the fruits are appealing to birds, especially our state bird, the Mockingbird.

If you're looking for a medium tree or large shrub, slow grower, one that grows well in sandy soil or well-drained limestone, can tolerate periods of drought once established, wide range of sunlight, food and cover for wildlife, stop right there. Myrcianthes fragrans is your flora.

Come on over to the garden of weedin', crush a leaf and get a good whiff of nutmeg-eucalyptus.

By the way, Twinberry is listed as threatened in Florida.

Now check your calendar. If it's blank at 1:30 p.m. on the second Wednesday in October, quickly write in Native Plant Group meeting with a plant raffle. This is your chance to start growing native.

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Photo by Julia Hendrix

The society members paid tribute to Helen Grollmusz for her service as president and librarian for over ten years. Ron Chard, Rene Beck, Helen Grollmusz, and Dick Belz.



Genealogical Society

By Elizabeth Kyle

Thank you to Rene Beck for her generosity in lending me one of her treasured books. I now have seen a glimpse of the suffering yeoman-farmers who were the backbone of the old Southwestern frontier (see cover photo).

William Moxley practiced medicine and was well respected for his skill. Doctors were not licensed in all Southern states with the exception of Louisiana. When he left to serve the Southern cause, his neighbors were left without a competent physician.

Emily Beck Moxley was married in 1853. Their first child was born when she was just 16 years old. Emily had six children and was pregnant with her last child when William entered the Confederate States Army in 1861. She wrote often of her love for William and of the need for food, shoes and clothing.

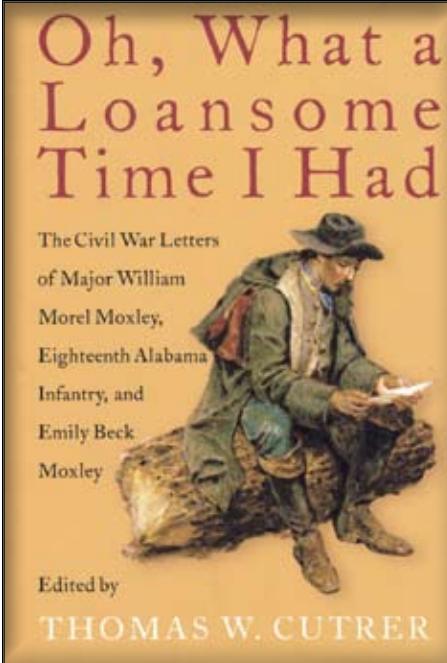
As time went on, she became less dependent on her husband for decision-making. She had no faith in the only available "doctor" and begged William to return home for the birth of their son. She had seen too many local women and children perish from sepsis or hemorrhage and feared that she would become one of them.

Emily and her baby boy died in March 1862. William Moxley submitted his resignation in April 1862. His property was auctioned for non-payment of taxes. He eventually married a woman who was a neighbor. We find him in Texas in 1870 practicing medicine and being a partner in the Bush and Moxley Drugstore.

I was moved by the enormity of their sacrifice for a cause they believed in which had little to do with slavery and a lot to do with an independent spirit. Writing, not only news but also declaring their love for one another and their children, maintained their family ties. The lack of Standard English just adds to their charm and authenticity.

Our business meeting is held on the second Monday at 10 a.m. in Room 3 of the Craft Building. Educational meetings on topics requested by members and on free sites (they are many, varied and valuable) are held on the third Monday at 10 a.m. in Suites B and C of the Arbor Conference Center.

The third Monday meetings will not be held during the months of July, August, and September. There will be no courses until the winter session at Master the Possibili-



ties.

Bob Roy, our new librarian, will open the library early to give members a chance to borrow and return materials. Having a month to use something is a real benefit for researchers. Bob will welcome any help. Maintaining the library is a monumental task!



Photo by Bob Sippin
An Ibis in Bob and Jeanne Sippin's backyard.

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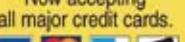
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Larry's Fit Tips

By Larry Robinson

Portion Distortion

Recent studies show that there has been a dramatic increase in the size of portions during the last 20 years. In many cases, restaurant portions are twice what they used to be. And as we've gotten used to consuming larger amounts of food, it's not surprising that we face what many health professionals are calling an obesity epidemic.

A portion is the amount of food that you choose to eat for a meal or snack. It can be big or small - you decide. A serving is a measured amount of food or drink, such as one slice of bread or one cup of (eight ounces) of milk. Many foods that come as a single portion actually contain multiple servings.

The Nutrition Facts label on packaged foods on the backs of cans, sides of boxes, etc. tells you the number of servings in the container. For example, look at the label of a 20-ounce can of soda (typically consumed as one portion), and you'll see that it has 2.5 servings in it. A three-ounce bag of chips which most consider a single portion contains three servings.

Fortunately, there are a number of things you can do to regain control of your portion sizes. If you are at fast food restaurants, forego anything on the menu that is mega, super, or large. Those words should be a red flag for extra calories. The kid's meal would be a more realistic option for an appropriate portion size.

Most people typically overeat two or

ARBOR CLUB FITNESS SCHEDULE					
Effective July 1					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Jessica
9:45-10:45 Arbor Club Ballroom	Yoga* Stuart		Yoga* Mary Pat		
1:30-2:15 Arbor Club Outdoor Pool		Water Walking Larry			

Water walking is free at the Arbor Club every Tuesday at 1:30 p.m.

*Denotes a fee-based class - Fitness Pass required.

three favorite foods, usually pastas, breads, meats, snacks, or sweets. It may be that we love the taste, eat mindlessly in front of the TV, or just hang on to old habits. Get to know recommended serving sizes for your favorite foods, and stick to them as closely as you can.

We eat whatever portion is placed before us, so the trick is to avoid seeing more food than you want to eat. When dining out, immediately putting half of the food ordered in a to-go box and you won't have the temptation to eat more than you need. Then you have a meal for later on. Tweak this approach for snacks. Place a small amount of pretzels in a bowl instead of grazing from bags or boxes. And freeze tempting treats like brownies. They won't call out from the cupboard.

Let's look at some specific examples of serving sizes

- A serving of butter should be no bigger than a large postage stamp.
- A serving of fish (three ounces) should be the size of a checkbook.
- A serving of fruit or vegetables is the size of your fist.
- A serving of steak or chicken should be the size of a deck of cards.
- A potato serving should be no bigger than a computer mouse.
- Two handfuls of chips are a serving (approx. 11 chips).
- A serving of peanut butter the size of your thumb
- A serving of cheese is the size of a domino.

If those portions sound frustratingly small, start slowly. Eat a few spoonfuls less of rice and pasta, or go with half a sandwich instead of a whole.

Cutting portions of foods helps you cut

calories and in the long run you will be able to eat almost anything in moderation. Putting forth a small effort to curb your portion sizes will go a long way in helping you to eat healthy.

FIT TIP #1: We learned as children not to snack before a meal for fear of "spoiling our dinner." Well, it's time to forget that old rule. If you feel hungry between meals, eat a healthy snack, like a piece of fruit or small salad, to avoid overeating during your next meal.

FIT TIP #2: The smaller your plate, the smaller your portion. Eat your meals at home on a smaller plate. And before going back for seconds wait 10 to 15 minutes. You might not want seconds after all.

FIT TIP #3: Eat slowly without distractions. This allows you to register that you have had enough to eat. There is no need to finish what's on your plate.



Karaoke Friends

By Vivian Brown

We had such fun! What a great group! Rita was back and she joined all the ladies by singing "do re mi." The surprise of the evening was seeing Rich and Sindy, who we thought were on their way up north!

It seems that Jerry, Vince and the other guys were getting tired of singing Frankie and tried Dean Martin, Perry Como and Andy Williams. They did a fantastic job. Change is good!



REMINDER
Dogs must be on a
leash at all times.

Norma and Bob's son David joined us. What a great singing family, with so much talent. Shirley sang with Kathy and they each sang alone and as always were super. Darryl was back from her cruise and it was so good to see and hear her again!

Tom sings just about anything! I call it easy listening, as I never tire of listening to him. Donnie surprised me when he sang "My Special Angel" a Bobby Vinton song and it was great! Donnie was always Mr. Nashville, but we love him either way! Charlie our technical equipment manager who makes all of us sound great and for which we are truly grateful. He also sang a variety of songs very well.

Karen also dropped by and sang a couple of her favorites. So glad she joined us.

Remember, we meet the first and third Mondays of the month at the Arbor Conference Center, Suites E and F, from 6:30 to 9:30 p.m. Come and join us. Try it, you'll love it!

If you have any questions, please call me at 291-0246. Until next time, keep on singing and God bless.



Back at The Ranch

By David Gibas

The hot and humid summer weather can make exercising outdoors unpleasant and even dangerous. If you are planning to continue your outdoor activities through the summer make sure you stay hydrated; you will need to consume water before, during and after your workouts. Sports drinks will help with replacing sodium and electrolytes. This is especially important if you are exercising for 60 minutes or longer.

A safe alternative to exercising outdoors is to come inside for some of your workouts. Suggestions for outdoor workout substitutions:

Instead of logging miles on the road log them on a treadmill. I know from years of experience (personal and professional) that there are many who just cannot make the switch from walking or running outdoors to the treadmill, but with a little thought and the right attitude you can really get a great interval workout, which will challenge your body in a whole new way.

Running outside lends itself to steady state training (elevating and sustaining your heart rate at a consistent pace). The treadmill makes it easy to switch that up and create an athletic, interval-training workout. Push yourself at an increased pace for one to two minutes then recover at a slower pace, repeat the process and progress accordingly.

You will be amazed at the cardiovascular improvement you gain from this type of training. You can even incline the platform to simulate walking or running up hill.

Trade your road, mountain or hybrid bike for a seat in one of our Power Cycling classes. Cycle instructors will lead you through a simulated ride, imitating what you might experience on the real road. You compete against yourself, sprinting and climbing, this is a very dynamic interval-training workout.

For demonstrations and more information on these programs and classes please join us at The Ranch Fitness Center and Spa's Open House on Saturday, July 30, from 10 a.m. to 3 p.m. In conjunction with the Open House, The Ranch will be presenting a special Zumba class in the Circle Square Cultural Center on this same day at 12:30 p.m. Both events are free and open to the public!



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Fitness Happenings

By Cammy Dennis

Beat the Heat!

The hot summer sun is fast upon us! Throw in the dreaded Florida humidity and you've got a recipe for heat illness. It's very important to protect yourself from heat illness; it can strike fast and escalate quickly into a dangerous situation.

Aging adults are at a higher risk for heat illness. As we age, our body's ability to regulate temperature declines and we also dehydrate quicker. The humidity outside compounds the problem of heat illness by further reducing the body's ability to lower its temperature (cool itself off). The body cools itself through sweat evaporation. When the humidity is high your sweat does not evaporate efficiently and therefore your internal temperature continues to rise. That is why physical activity outdoors under hot and humid conditions can be dangerous.

Of course, I will always encourage you to stay physically active, and even start a program if you haven't been exercising. We have created a special Summer Fitness Challenge for you here at Health & Recreation. We want to keep you motivated and safe. Get out of the sizzling summer heat and join in the fun of the Summer Fitness Challenge.

The Summer Fitness Challenge at Health & Recreation will run July and August. Here's how the program will work; you choose one of three destinations 100

Original Karaoke Group

By George Quaranta

From classical, jazz, soft rock, swing, country, ballads, pop, standards, blues, opera, to plain old oldies. Our karaoke singers bring a complete genre of musical talent to On Top of the World.

What kind of music do you like? Come try it for yourself.

Donnie is our country guy; Dick likes swing; Tony sings classical, and belts out a mean opera; Norma sings the blues and

jazz like nobody else; Vince, Tom, Rudy, and Jerry sing standards and ballads so well; and Sindy, Richie, Daryl, Judy, Karen, Dolly, and Ginny sing a variety of oldies and soft rock, with a little country thrown in. Then there's Bob and Shirley, who sing a little bit of everything, and I sing a variety myself. We all like to mix it up and try new things.

Once again, a group of us meet at the Candler Hills Restaurant at 5 p.m. for happy hour, before karaoke, to wet our whistles. We meet on the second Monday and fourth Tuesday, at the Candler Hills Community Center, at 7 p.m. Come join us to sing or just listen.

For more information, call George at 873-9667.

The Movie Club Presents 'The King's Speech'

By Mary Ehle

The July movie will be the much asked for "The King's Speech." This is the story of King George VI who stuttered. He was given the throne when his brother abdicated to marry his sweetheart. See how he overcame this problem.

This movie stars Colin Firth, Geoffrey

Rush and Helena Bonham Carter. The movie starts at 6 p.m. in the Health & Recreation Ballroom on July 10. The cost is \$2 payable at the door for non-members.

Come out and enjoy the evening. We have the air conditioning on so you can relax out of the heat. Hope to see you there.

6

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HEALTH & RECREATION FITNESS SCHEDULE

Effective July 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-8:50 Aerobics Room	Cardio Mix Jessica	Strength & Stretch Cammy	Cardio-Kick & Tone Jessica	Strength & Stretch Cammy	Dance Party Jessica
9:00-9:50 Aerobics Room	Core and More Jessica	Chair Yoga Mary Pat	Stretch for the Stars Jessica	Chair Yoga Jessica	Strictly Strength Larry
10:00-10:45 Aerobics Room	Balanced Body Jessica	'KB KB' Kick boxing Han	Balanced Body Jessica	'KB KB' Kick boxing Han	Balanced Body Mary Pat
10:45-11:30 Aerobics Room	Light Aerobics Jessica		Light Aerobics Jessica		S.O.S. Larry
10:45-11:30 H&R Ballroom	Cardio Jam Kitti		Zumba Gold Kitti		Light Latin Dunia
11:45-12:30 Aerobics Room	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Mary Pat
12:00-1:00 Fitness Center		Fitness Center Orientation		Balance Assessments**	

Water walking is free at the Arbor Club every Tuesday at 1:30 p.m.

*Denotes a fee-based class - Fitness Pass required

**Balance Assessments are free! Please call for a reservation 387-7534.

miles, 300 miles or 500 miles and you log miles by working out in the fitness center! Once you've reached your destination you will be awarded a t-shirt!

You will be assigned five miles for each 30 minutes of activity you spend on the treadmills, elliptical trainers, NuSteps or stationary bicycles. We will even log the miles for you in a book at the fitness desk. It's that simple.

The program was specifically designed to match the recommended amount of exercise in order to achieve a health related

benefit. If you come in three times a week for 30 minutes each session, you will be able to reach the minimum destination of 100 miles and win a t-shirt! Everyone can participate and achieve success. Stop in Health and Recreation for more information.

Tips to beat the heat:

- Keep in mind that thirst is not a good indicator of when your body needs fluids; staying hydrated during the hot, summer season is extremely important. Drink plenty of fluids!
- Avoid drinks with alcohol as well as those that are high in sugar. These can actually cause you to lose more body fluid.
- Stay indoors, in air-conditioning during peak humidity and temperatures.
- Wear lightweight, light-colored,

- loose fitting clothing.
- Limit your outdoor activities to morning and evening.
- Be sure to protect yourself from the sun with hats, sunglasses and sunscreen.

Fitness happenings:

- Summer Fitness Challenge! July through August at Health & Recreation; win a t-shirt! Stop in for details!
- Special Zumba Class in the Circle Square Cultural Center - July 30, from 12:30 to 1:30 p.m. Free! Open to all!
- The Ranch Fitness Center & Spa Open House July 30, 10 a.m. to 3 p.m. with tours and fitness demos!
- Water walking every Tuesday at 1:30 p.m. in the outdoor Arbor Club pool - free!

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Community Patrol

By Patricia A. Woodbury

The focus of our May Patrol meeting was on hurricane preparedness. The group was encouraged to go to the Sheriff's Office website www.marionso.com and click on hurricane preparedness. This site has a lot of information about preparing for the possibility of a hurricane. All citizens may also register for Code Red® (Rapid Emergency Notification System) on this same website or call (866) 419-5000. This is a way to receive, by phone or e-mail a notice about an impending storm. Of course, having a NOAA weather radio is also a source of storm information as is the television or radio.

Residents of our community are also encouraged to prepare for a possible storm by securing lawn ornaments and furniture, determine a safe, interior room in the house away from windows, post emergency phone numbers and plan to let relatives

know where you will be.

In addition, this is the time to get those emergency supplies, like flashlights, batteries, water and food. Be sure to check your insurance policies for adequate coverage and maintain an inventory of your household possessions.

If the community ever needed to evacuate, because of a disastrous storm, there may be neighbors who have special needs and have no alternative arrangements. The Sheriff's Office keeps records of people with special needs and will coordinate special medical sheltering and transportation. Individuals with special needs need to submit a completed form, obtained from the Sheriff's office and returned to the office. If pets are involved, Vanguard High School is the only pet friendly shelter in Marion County. They require documentation of pet immunizations and the pet must be in a carrier with sufficient food.

Anyone interested in becoming part of the Community Patrol should call Gary Rodoff at 291-7508 or Jim Miller at 854-4947. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center at 3 p.m. Come and join us, the meetings are open to everyone. The next meeting is scheduled for Monday, July 25.



Winds of Windsor

By Peter Wood

You may have seen the three limestone boulders at Sholom Park with an inscription that reads, "He sat and there did chat." Said he with a mocking face, "You have never been anywhere, and yet you are many times my age. I've been across the sea where I've seen the old Chinese. I have been on the continent where men have built great monuments. You just lie where you are."

Quote the rock, rather meek and shy, "Yes, you have traveled and starved to see, and I just lie here quietly. For I have time. The world will eventually come to me."

The limestone boulders throughout On Top of the World and Marion County have always fascinated me. At a distance, some seem unattractive, but when you are close to them they portray significant beauty ... and do they have a history! If you look at them closely, you will see a mix of limestone and often quartz and seashells. How did seashells get into rock typically found in Central Florida, especially at our elevation of approximately 90 feet above sea level?

Thanks to Google, Wikipedia and various University of Florida and other university geology websites, there's an interesting answer. Much of Florida's geology comes from the sea. Florida was formed about 530 million years ago, initially from volca-

nic activity and then marine sedimentation buildup, and for most of its history it has been under water.

As northern glaciers expanded and melted, the Florida peninsula emerged and submerged. After many volcanic upheavals, the peninsula rose above sea level about 20 million years ago, and during that time the combination of algae and millions of shells built up the limestone you see today.

Our limestone here is unique and has its own geological name, Ocala Limestone. It has been dated by radioactive decay to the Paleogene period and the Eocene Epoch, so the age of the limestone that you see here is approximately 21.9 million years old and could be as old as 55.8 million years.

I think it's really something to be looking at a piece of seashell imbedded in the limestone and realize that it could be 55 million years old. What stories this boulder could tell.

We remember seeing limestone rocks and boulders naturally strewn over the Windsor construction area when there were only two or three homes built here, about four years ago. The boulders are found easily on the surface and sub surface areas, and often used for landscaping.

So, if you want a piece of real history, obtain one of these boulders from any one of many sources in the county. And one more thing, keep it from acquiring mold with an occasional hose or pressure spray treatment. There are probably a few 55 million year old gem shells there, and as the rock at Sholom Park said, "I have time. The world will eventually come to me."



Computer Club

By Jeannie Maire

You've probably heard it said that Mac users swear by their computers and PC users swear at their computers. If you are a member of the Computer Club, you don't have to swear at all. Just come to a meeting and share your problems and/or your expertise with the group.

Someone will answer your question, show you how to do something, or offer to go to your home to fix your problem. For example, several weeks ago Flo lost her home page. After three days of trying to find it, she asked for help. Sherry went to her rescue and Flo soon had her home page back.

Last week, Bob came to a meeting bent out of shape and totally baffled because the screen on his monitor had tilted 45 degrees and he had to bend sideways to read it. Since we have three computers set up for every club meeting, several of our members went to work to solve the problem. We were happy to see Bob walking upright when he left the meeting.

What is a snipping tool? How do I scan and edit photos? What is the best virus protection for my computer? My start menu disappeared, how do I get it back? What's the best virus protection for my computer?

What is "msconfig" and how do I use it? These are just a few of the questions that were answered for members recently.

Opinion and information exchange is another interesting aspect of our club. Informal group discussions give members the opportunity to relate their experiences with local or online purchases, price comparisons, new products, and a myriad of subjects of interest to novices and pros alike.

Have you checked our web site recently? Much of the information presented there is open to both members and non-members. Our "links" page has recently been revised and lists some excellent web sites of various topics. It's worth checking out. The "I Need/I Have" page is a good place to list computer-related items that you would like to sell or give away or items that you need or would like to have. If you want to place an item on this site, just send an e-mail to Peter Wood at woodpkw@yahoo.com. The links on our home page marked with asterisks are protected and available only to members.

Someone recently asked about our membership requirements. The Computer Club is open to all residents of the On Top of the World Communities, and we would like to see more members from Candler Hills, Indigo East, Avalon, and Windsor. Membership is \$10 a year for one, and \$15 for a couple. For this small fee, you have your choice of one, two, or three meetings a week. We'll look for you Tuesday, Thursday, and/or Saturday, 9 to 10 a.m. in Suites B and C of the Arbor Conference Center. See you there.

Candler Connection

By Janet Wiles

Join your friends and neighbors for an evening of fun and entertainment as we hold our second Social Committee event of the year, a Caribbean pool party on Sunday, July 31, from 6 to 9:30 p.m. at the Candler Hills Community Center. The Rhythm Steel Drum Band will provide entertainment for your enjoyment.

Dress for this event is resort casual. Our menu will include: grilled petite Cuban sandwiches; black bean cakes; vegetable spring rolls; jerk chicken fajitas; calypso style roast pork; jicama, carrot, and papaya slaw; West Indian red beans and rice; sweet potato salad; banana cake with warm rum sauce.

Tickets are priced at \$25 per person, and are on sale now at the Candler Hills Community Center on Mondays, Wednesdays, and Fridays from 10 a.m. to noon through July 15. (Ticket sales will not take place Monday, July 4.) We look forward to seeing you there. It should be great fun.

It is wonderful to see more and more homes being built in Candler Hills. As new neighbors arrive, let's make them feel welcome. Share with others how to learn about the many and varied activities available here.

We are familiar with the On Top of the World News, which is delivered monthly. In addition to flyers and pamphlets distributed by various clubs and organizations, there are event posters that are placed in these locations: Arbor Club, Health & Recreation Building, Candler Hills Community Center, and outside the Candler Hills Restaurant.

Television channel 22 offered on DCM basic service provides up-to-date listings of activities throughout the community. You can tune in to this in your own home or watch it on the monitor outside the gym in the Health & Recreation Building.

Some of the most useful sources of information for both new and long-term residents is: the official web site of On Top of the World Communities, www.on topoftheworldinfo.com, the Master the Possibilities web site for classes, www.masterthe possibilities.com and the Circle Square Cultural Center website for shows and entertainment at www.cs culturalcenter.com.

The Candler Connection website, www.candlerconnection.org, also provides a neighborhood directory; lists of Candler Hills events, clubs, and activities; and a very useful reference section. To get your name added to the contact list, send an e-mail to ccinfo@candlerconnection.org.

The weekly South Marion Citizen newspaper usually contains an article about happenings in On Top of the World too.



Avalon Social Group

By Lorraine Rourke

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Our summer months tend to slow down; as a result, we will not be meeting for the months of July and August. Enjoy your summer travels, explorations and visits with family and friends. Watch the heat, keep an eye on your lawn for watering and have a wonderful summer.

The remaining Avalon potlucks are scheduled for Sept. 12, Oct. 3, Nov. 7, and Dec. 5.

If you have any questions, please contact Lorraine at 390-2120. If you would like to run an event or schedule a luncheon, please let me know and I'll help get the word out.

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CIRCLE SQUARE Commons

**On The Road Again**

By Bob Woods

I still have a few seats available for the Boston coach trip departing Oct. 4 for a nine-day excursion to Boston and surrounding area where this country heard the "shot heard around the world." This trip will visit many historical sites that are found in our history books. If you are interested in this trip, I need to know by the end of this month. Call me and I will bring over a flyer and discuss this trip with you.

Laura Kane and I have teamed up for a cruise on Jan. 30, 2012, departing from Tampa for a five-night jaunt across the Caribbean. Ports of call include Cozumel and Costa Maya. This trip is selling out fast and there are only a few cabins remaining. This cruise is on Royal Caribbean's Jewel of the Seas.

The Hawaiian Islands cruise is sold out at our contracted prices. Prices for the few remaining available cabins have almost

doubled. The ship is basically sold out. If some of you wish to go, we have a wait list available and are hoping Royal Caribbean will come down with their pricing before the sail date. Call me.

This situation brings up a good point. If you are interested in a cruise or just thinking about it, please place a deposit on the cruise. If the price of the cruise goes down after you have paid your deposit then you will get the discount but if the price goes up, you are price protected. Regardless, on Royal Caribbean, your deposit is fully refundable up to final payment.

I do have a Carnival cruise that has been scheduled on the Ecstasy sailing from Port Canaveral on Feb. 13, 2012. Ports of call include Freeport, Nassau and Key West. This is a five-night, six-day cruise with a \$50 shipboard credit and a Carnival tote bag. Prices for this cruise start at \$423 per person for an inside Cat 4B.

Any additional information or the need for a flyer, please call me at 854-0702 and I will gladly hand deliver your flyer.

I have 2011/2012 catalogs from Royal Caribbean announcing all of their cruises. If you would like one, please call me. I will deliver.

See you on the road again.

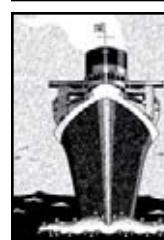
and individual cruises with the wonderful service that she has provided us in the past.

Look for the new cruise club name and fabulous upcoming cruises.

Life is good. In fact, we are already in the planning stages for an April 2012, five-night cruise out of Port of Tampa. More on this later in future newsletters.

Our cruise on Royal Caribbean's Allure of the Seas this November is closed as a group. Call Fred at 237-6367 to be put on a waitlist just in case there is an opening/cancellation. The response to this cruise was overwhelming. Why this cruise sold out is because everybody knows that this ship and her sister, the Oasis of the Seas, are a must if you like to cruise. The entertainment will WOW you, the dining will entice you and the experiences on this ship will excite you.

For cruise information, brochures or just vacation getaway chitchat, call Fred at the number above. Until then, fair winds and following seas.

**Williamsburg Cruise Club**

By Fred O'Blenis

Welcome aboard! It's July and we hope that you all have a very happy Fourth of July. Have fun and be safe in your celebration.

While we were having a barbecue and watching fireworks, I was thinking of our up coming cruise on the Allure of the Seas. I'm sorry, but I just can't get it out of my mind.

Next month, we are changing the name of our cruise club from Williamsburg to Set Sail. When receiving feedback from people who read my newsletter, many had the wrong impression that cruise vacations were only for those who lived in Williamsburg. Our cruise club is open to everyone, no matter where they live.

Residents of On Top of the World have optional bus service to the ports from the Travel Toppers lot. Outsiders are picked up at the Canopy Oak Shopping Center (China Star side) at the corner of SW 80th and SR 200.

The most exciting news, I think, is the fact that I previously reported the cruise in November would be our last. The reason was the travel agency that we have partnered with was retiring. Our travel consultant, an independent agent, has decided to take ownership of the agency, which means for us uninterrupted outstanding group



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**Pool & Spa Rules****Health & Recreation Pool**

Hours: 8 a.m. to dusk

- One lane is open for dippers, exercisers until 10 a.m., and other lanes are open for lap swimming only.
- After 10 a.m., pool walkers are allowed to walk in shallow end.
- Aquacise classes meet for one hour per day, please be courteous and please use other end of pool.
- Open swimming is available to all residents from noon to dusk.
- Guests under the age of 15 are permitted in the pool from noon to dusk and must be accompanied by a resident or parent.
- During weekends and holidays, there are no time restrictions for guests under the age of 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 100 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the last Wednesday of the month.

Arbor Club Pools

Hours: 6 a.m. to 8:30 p.m., Sunday 9 a.m. to 7 p.m.

- Lap swimming is Monday through Saturday, 6 to 8 a.m. and 11:30 to 12:30 p.m. (Saturday is 7 to 8 a.m.).
- Water walking is Monday through Saturday, 8 to 9 a.m. and 10:30 to 11:30 a.m.
- Pool use is for residents and adult guests only.
- Guest(s) must purchase a pass, \$2.25/day or \$10.75/week per guest.
- Children under the age of 15 are not permitted in pools or on pool deck areas.
- Indoor pool closed for classes as follows: Monday through Friday, 9:15 to 10 a.m.; Monday through Wednesday 1:30 to 2:15 p.m.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Indoor pool bathing load is 75 persons and the outdoor pool bathing load is 37 persons.
- The indoor pool will be closed for cleaning every Wednesday from 10:30 to 11:30 am.
- The outdoor pool and spa will be closed the first Wednesday of the month.

Candler Hills Pool

Hours: 9 a.m. to dusk

- Pool is open to all Candler Hills residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the second Wednesday of the month.

Candler Hills Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- The spa will be closed for cleaning the second Wednesday of the month.

Indigo East Pool

Hours: 9 a.m. to dusk

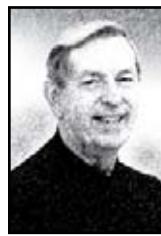
- Pool is open to all Indigo East residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- The pool will be closed for cleaning the third Wednesday of the month.
- Shower before entering.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- Swim at your own risk; no lifeguard on duty.

Indigo East Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- Swim at your own risk; no lifeguard on duty.
- The spa will be closed for cleaning the third Wednesday of the month.

Please exit all pools during thunderstorms!



World Traveler

By Bill Shampine

The Republic of Madagascar, formerly known as the Malagasy Republic, is like no place else on earth. It is an island country located in the Indian Ocean about 250 miles off the Mozambique coast in southeastern Africa. It is about the size of Arizona, and classified as the fourth largest island in the world.

Most archaeologists believe Madagascar was first inhabited about 1500 to 2000 years ago by Austronesian people arriving on outrigger canoes from Borneo. Around 1,000 CE, Bantu migrants from Africa crossed the Mozambique Channel to join them. Since then, other migrants included Arabs, East Africans, Indians, Chinese, and Europeans (primarily French), all of whom had an influence on the local culture.

Local rulers formed an alliance with the British in 1817, which lasted until 1890, when the British traded Madagascar to the French for Zanzibar. The French colonial presence was strong until independence was granted in 1960. From then to today, the government has been relatively unstable and characterized by mismanagement, corruption, and abuse of powers.

At one time, most of Madagascar was covered by dense rainforests resulting from annual rainfall of as much as 137 inches on the island's east coast. The island also is in the cyclone belt and gets hit by (what we call) a hurricane every year. I suggest you don't go there from January to March!

The water, rainforests, and relative isolation of the island allowed the local plants and animals to evolve in unique ways and to develop an incredible level of biodiversity. Unfortunately, much of the forest was

cut down in order to support the growth of rice by the Borneo migrants and the growth of Zebu cattle brought over by the Bantu migrants from Mozambique.

More recently, the deforestation has continued by a governmental policy supporting slash and burn agricultural practices and a wink-wink policy relative to the illegal cutting of rosewood trees. Today, Madagascar has been denuded of 95% of its original forest cover.

Illegal poaching of unique animals for sale on the world market also has had a very detrimental impact on the biodiversity of the island.

On a cheerier note, Madagascar still is an ecologist's and biologist's dream land. Developing in relative isolation, over 80% of all plant and animal species on Madagascar are found nowhere else on Earth!

For example, of the known species, 760 of 960 orchids, six of eight Baobabs (a type of tree), and 165 of 170 palms are found only on Madagascar.

The best-known mammal on Madagascar is the lemur, which also is endemic to the island. Other unique animals on the island include the largest and smallest chameleons in the world, hundreds of bird species, most of the insects, the world's smallest bee, and over 100 species of cockroaches (unfortunately not all of which are unique to the island, some escaped to Florida)!

One of the more interesting tidbits of information to me is that Madagascar was the last stomping ground of the elephant bird. You would think that a bird that was over 10 feet tall and laid eggs that were 12 inches in diameter could only live in the age of the dinosaurs. These birds, however, didn't be-

come extinct until people wiped them out in the late 1600s in a perennial search for food and trophies.

If you do travel to Madagascar, the best time is April or October/November. Once there, you certainly should visit the Parc National de Ranomafana, which is known for its hot springs and lemur-inhabited rainforest. Another nice trip would be to Camp Bandro at Lac Alaotra. There you can take a dugout canoe ride across the island's largest lake in search of bamboo lemur in the thick reeds along the shoreline.

There are four more national parks in Andasibe's rainforest that also would be interesting. Once again you can get up close and personal with a wide variety of unique lemur species and other animals such as the bizarre giraffe-necked weevil and green Parson's chameleons.



Photo reproduced with permission of HAAP Media Ltd.

A ring-tailed lemur resting on a fallen log in one of the national parks in Madagascar.



Travel Toppers

By Jo Swing

If you want to be astounded, amazed, and awed by some great artwork, Travel Toppers has the trip for you. On Tuesday, July 19, we are going to St. Petersburg to visit the new Dali Museum and then on to the Chihuly Collection at the Morean Arts Center. The cost is \$50 per person, which covers bus, admissions to both venues and tip for driver. Meal will be on your own at the cafeteria at the Dali Museum. To make reservations, call Jo Swing. This trip is sure to excite your senses.

We are currently taking reservations for

an overnight trip to St. Augustine. The dates of the trip have been changed to Thursday, Dec. 1 and Friday, Dec. 2. The cost is \$153 per person, double occupancy with a single supplement available. This will be a beautiful time to visit our oldest city as it will be all lit up for the holiday season. The cost includes bus, hotel, trolley tours and more. Call Joan Connolly for reservations.

On Monday, July 11, reservations will begin for the Neil Sedaka musical, "Breaking Up Is Hard to Do" at the Show Palace Dinner Theater on Thursday, Aug. 18. This show is a light-hearted tale of mistaken identity, friendship, and love presented through over 19 of Neil Sedaka's greatest hits. The price of \$64 covers bus coach, buffet meal, show, and tips for driver and meal. Mary Lamp is the coordinator.

Reservations will start Monday, July 25 for our first mystery trip of the year. This trip will cost \$58 and will include bus,

lunch and tip for driver and meal. This one is a surprise that will both entertain you and challenge you. The coordinator is Joan Connolly.

Time is getting short for our 14-day Hawaiian cruise, Saturday, Oct. 22 to Saturday, Nov. 5. The prices range from \$2,369 per person for inside cabin to \$3,269 per person for a veranda. This includes bus to Orlando, airfare, port transfers, and taxes. We also have an extra day San Diego extension on Friday, Oct. 21 for \$130 per person, which includes a night at the Hampton Inn in San Diego and a 1/2 day city tour before being taken to the cruise ship. For more information or reservations, call Alan Rickards.

In 2012, Travel Toppers will be presenting a Panama Canal cruise on the Holland America Zuiderdam. It will be a 10-day cruise from March 9, 2012 to March 19, 2012. We leave from Ft. Lauderdale, visit

Aruba, Curacao, then we enter the Panama Canal to Gatun Lake, then on to Puerto Limon, Costa Rica and back to Ft. Lauderdale. Prices range from \$1,676 for inside cabin to \$2,176 for veranda. There will be a shipboard credit of \$50 per cabin and a lunch at the Pinnacle Grill included. There is a \$600 deposit per person upon booking. Call Inge Gaitch for reservations or information.

Just a reminder, if you have to cancel a trip, please call your coordinator in a timely manner. In doing so, you will give the coordinator a chance to fill the vacancy. Also, if you are on a wait list, please notify the coordinator if you change your plans and need to be removed from the wait list.

There are no meetings during the summer months. We will meet again in September. Until then, happy travels to all.



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July 2011**The World News****Health & Recreation Office**

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**Recreation News**

By Theresa Fields

The Fourth of July is one of the most celebrated holidays in America and with good reason. This is the holiday when we can enjoy the things that make America great. Independence Day honors the birthday of the United States of America and the adoption of the Declaration of Independence on July 4, 1776. It's a day of picnics and patriotic parades, a night of concerts and fireworks, and a reason to fly the American flag. Come join us at Happy Hour on Friday, July 1 for our Independence Day celebration and remember to wear red, white and blue.

Pavilion

We have given the pavilion area next to the softball field a facelift! This is just in time for the Fourth of July holiday, which is the most popular holiday cookout time in America. We have installed new grills, tables, trashcans and more. This facility is available to all residents for special events. Contact the Health & Recreation office for available dates.

Happy Hour

Our last themed Happy Hour was held on June 10 and many of our residents dressed in their favorite luau outfits while dancing to popular island music. Larry Williams walked away with the first place prize dressed in his grass skirt while entertaining the crowd with his ukulele.

Our next themed Happy Hour will be on Friday, July 22 and we will be hosting a Cruise Party! So come dressed in your cruise attire and be ready to party the evening away with "Ricky & Franky." Please remember that tables or seats may not be "saved" during Happy Hour. Please plan accordingly.

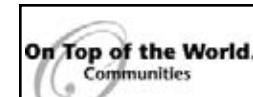
- July 1: Fred Campbell (Red, White & Blue)
- July 8: Sounds of Time
- July 15: La Croix
- July 22: Ricky & Franky (Cruise Party theme)
- July 29: Karen Hall

Holiday Hours

Please note that in observance of the Fourth of July holiday, the Health & Recreation office will be closed on Monday, July 4 and all fitness classes will be canceled.



Photo by Bob Woods

SW 99th Street Garden Club plots.**BUS SCHEDULE**

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community.....		9:25 am
Circle Square Cultural Ctr.	At Bus Stop Sign	ALL TIMES APPROXIMATE
Indigo Community Center	Parking Lot	
		Call Health & Rec. one day in advance for pick-up
OCALA RUN: MON., TUE., WED. & THUR.		ARRIVE
		PICK-UP
		ALL TIMES APPROXIMATE
1st RUN		
Jasmine Square, Dillards & Kohls (1st & 3rd Thurs) ...1st Run Only	9:50 am	12:10 pm
Lowe's	10:05 am	11:35 am
Paddock Mall.....	10:10 am	11:40 am
Wal-Mart.....	10:15 am	11:45 am
Target.....	10:20 am	11:50 am
K-Mart	10:25 am	11:55 am
Gaitway Plaza.....	10:30 am	12:00 pm
2nd RUN		
Wal-Mart.....	12:05 pm	1:45 pm
K-Mart	12:10 pm	1:50 pm
Gaitway Plaza.....	12:15 pm	1:55 pm
Paddock Mall.....	12:20 pm	2:00 pm
GROCERY STOP.....LAST STOP OF DAY.....30 MIN. SHOPPING TIME		
(No Grocery Stop on SAM'S or BEALL'S Days)		
Grocery Run....Every Monday...[Publix]....Start Pick-up Run @ 3:45 pm....Return @ 5:30 pm		
Sam's Club.....2nd & 4th Wednesday of the Month.....2:10 pm...3:30 pm		
Beall's & Wal-Mart....1st & 3rd Thursday of the Month.....1st run Ocala....2nd run Hwy 200 W. (1st Run Ocala....2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)		

For information call Health & Rec. @ 352-854-8707 ext. 7530 or 7533

You can also see the calendar of events for the happenings in and around the community by logging on to www.on top of the worldinfo.com. Click on On Top of the World Neighborhoods and then click on the Event Calendar tab on the left hand side. You will find monthly events for the remainder of the year. Double click on any event on the calendar and you will receive the information regarding that event.

Garden Club

The SW 99th Street Road Garden Club has been working diligently for the past eight months to clean their garden plots of debris and weeds. The members have stated

this year's crop is the best they've seen in years and you can definitely notice if you've been by this area.

Mr. Young is one of the garden plot owners and he is the proud grower of one of the enormous beautiful sunflowers you can see growing in this area. Mr. Young measured his sunflower and it measured out at 11-3/4 inches wide; that is amazing!

Congratulations to all the garden plot owners for a job well done!

Remember, we are officially into hurricane season, so be alert and prepared! Stop by the Health & Recreation office to pick up your hurricane preparedness supply list.

EVENTS/ACTIVITIES*

* Schedule and performers subject to change. For the latest information, please visit www.on top of the worldinfo.com or see channels 17/21/703.

Friday, July 1**Happy Hour with Fred Campbell**

Wear red, white & blue
Arbor Club
4 to 8 p.m.

Recorded Favorites

The Town Square
7 to 10 p.m.

Saturday, July 2**Patriotic Celebration**

The Town Square
5 to 9 p.m.

Thursday, July 7**Farmer's Market**

Circle Square Commons
5 to 8 p.m.

Friday, July 8**Happy Hour with Sounds of Time**

Arbor Club
4 to 8 p.m.

SugarBear Band

The Town Square
7 to 10 p.m.

Saturday, July 9**Recorded Favorites**

The Town Square
7 to 10 p.m.

Thursday, July 14**Farmer's Market**

Circle Square Commons
5 to 8 p.m.

Friday, July 15**Happy Hour with La Croix**

Arbor Club
4 to 8 p.m.

Crossfire Band

The Town Square
7 to 10 p.m.

Saturday, July 16**Automatic**

The Town Square
7 to 10 p.m.

Tuesday, July 19**Seminole Casino Trip**

Tampa, Fla.
\$20 per person
To reserve, call 854-8707 x7530 or x7533.

Thursday, July 21**Farmer's Market**

Circle Square Commons
5 to 8 p.m.

Friday, July 22**Happy Hour with Ricky & Franky**

Cruise party theme
Arbor Club
4 to 8 p.m.

Recorded Favorites

The Town Square
7 to 10 p.m.

Saturday, July 23**Rockin' Robin**

The Town Square
7 to 10 p.m.

Thursday, July 28**Farmer's Market**

Circle Square Commons
5 to 8 p.m.

Friday, July 29**Happy Hour with Karen Hall**

Arbor Club
4 to 8 p.m.

Z-Street Duo

The Town Square
7 to 10 p.m.

Saturday, July 30**Open House**

The Ranch Fitness & Spa
10 a.m. to 3 p.m.
Free

Zumba® Fitness Class

Circle Square Cultural Center
12:30 to 1:30 p.m.
Free; RSVP to 861-8180.

Sound of Joy

The Town Square
7 to 10 p.m.

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August 19 The Alabama Blues Brothers

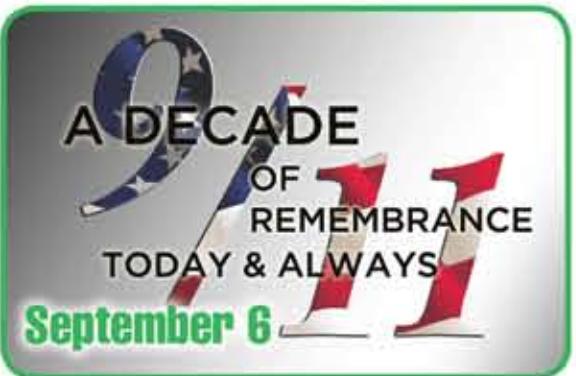
Well known hits: Gimme Some Lovin', Everybody Needs Somebody to Love

Tickets: \$13-15



August 27 Goosepockets Comedy Show

Tickets: \$11-13



"A Decade of Remembrance"
Honoring 9/11 -
Today and Always

General admission: \$12



September 17 Live Bait: Jimmy Buffet Tribute

Tickets: \$11-15



September 23 Lola & The Saints

The greatest in Doo Wop!

Tickets: \$11-15



October 8 Lenny Wilson Quartet
featuring Janice Swartz
Tickets: \$10
Benefitting Florida Center for the Blind



October 22 9th Annual CRAFT FAIR
Over 100 crafters plus
live entertainment
10 a.m. - 3 p.m. • FREE EVENT



November 19 The Crests
featuring Tommy Mara
Greatest hit: "16 Candles"
Tickets: \$13-15



December 3 Holiday Music Festival featuring
The Ditchfield Family Singers
FREE EVENT
(ticket needed for admission)



New Year's Eve Party with Norman Lee and Band
Champagne toast at midnight with souvenir champagne flute!
Dinner, carving, hors d'oeuvres, and dessert stations. Cash bar!
8 p.m. - 1 a.m.

Preferred/Elite Members: \$50; Residents: \$55;
Dance floor seating (limited availability): \$70
(Price per person. Sales tax included)

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Communities**

All shows begin at 7:00 pm and doors open at 6:00 pm (except as noted)

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8395 SW 80th Street, Ocala, FL 34481 • (352) 854-3670 • www.CSCulturalCenter.com



Schedule and prices subject to change without notice. Reduced ticket prices are for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.



ON TOP OF THE WORLD NEWS

Where the news is always good!

Section B

Vol. 25, No. 1 • July 2011

Solar Program Expands

By John Heagney

As part of its ongoing push for energy independence, conservation and efficiency, On Top of the World Communities has installed a system of solar panels to fully power its 8,800-square-foot golf course maintenance building.

Already demonstrating leadership in energy efficiency by offering solar panels as an option on every home it builds, On Top of the World is expanding its efforts to the non-residential structures on property, says Kenneth D. Colen. The golf-course maintenance building was an ideal first choice.

Because it faces due south, has a perfect existing roof pitch and has unobstructed access to the sun, the building was selected for installation of nearly 300 three-by-five-foot panels. The system will provide 115 percent of the building's power needed to run all electrical equipment, air-conditioning, office space, water-recycling systems and to handle the building's landscaping irrigation. It is expected to save thousands of dollars in annual energy costs.

"This was never about short-term benefit," Colen explains. "Our solar program

represents our long-term commitment to energy independence and conservation for the benefit of our residents, our company and this country."

Aside from the golf-maintenance building, On Top of the World Communities is exploring further expansion of the solar program to other administrative and recreational structures in the community.

On Top of the World Communities is the only Florida home builder – and one of just six in the nation – to be recognized by the U.S. Environmental Protection Agency with a 2010 ENERGY STAR® Excellence in ENERGY STAR Promotion Award for its energy-efficient homes and consumer-education programs.

Recently named to the list of America's 50 Best Master-Planned Communities by Where to Retire magazine and Best Neighborhood for 55+ by Ocala magazine, On Top of the World Communities has built thousands of homes in 14 neighborhoods at this central Florida location since construction began in the 1980s.



Photo by Marketing

Solar panels will fully power the 8,800-square-foot golf course maintenance building.

Two Tails Ranch

By Bob Woods
World News Writer

When the word "safari" is mentioned, one would naturally think of Africa. However, a group of On Top of the World residents recently went on a Floridian safari in search of wild animals whose habitat stems from other parts of the world.

This safari, led by Veterinarian Tom Lane, DVM, headed for Williston to tour the Two Tails Ranch where their goal is to instill awareness in wild animals, especially elephants. Residents arrived at the location in a long caravan of private automobiles and were met by staff members who gave the group a brief description of the facility.

With the staff's discussions of the facility, many small animals were shown including a hedgehog commonly found in Europe. This small animal is a relative of the porcupine. An umbrella cock-a-too bellowed in a nearby tree seeking attention from the group.

The next portion of the tour was to an elephant enclosure where a large Asian elephant named Luke was watching the gang of safari members encroach near his enclosure. He was dusting himself often while waiting for Patricia Zerbini, his trainer and CEO of the ranch.

Patricia answered many questions about the difference between African and Asian elephants. She said the Asian elephant is a direct descendant of the prehistoric mammoth. She stated, "the tusks on Luke cross each other as they grow, the same way the giant mammoths did ages ago. The tusks on African elephants grow out straight while the Asian elephant curve towards each other."

Patricia stated that the ranch was founded back in 1984 and has been home to over 150 elephants over the years. She stated that at one time the ranch had a maximum of 62 elephants. Patricia had Luke do a few

tricks and chores as well as doing a painting. Inside the ranch's gift shop are paintings for sale with the artists being the giant mammals.

The ranch has other wild animals including zebras and ostrich but the elephants are the mainstay of the ranch. The average cost to keep an elephant on the ranch is around \$575 per day not including maintenance. Each elephant on the ranch eats three to five bales of hay, six pounds of mixed grains, and 10 pounds of special elephant pellets, 25 pounds of fresh produce plus bamboo and elephant grass that is grown on the ranch. The elephants wash down their food by consuming over 65 gallons of water.

The ranch was built as a breeding, retirement and home for all needy elephants. The ranch is also an educational facility offering an opportunity to teach educational programs to schools and large groups. Patricia stated she has done consulting and started care and training programs for many zoos, animal parks and circuses. She added that during the winter months the ranch often boards elephants for the Ringling Bros. and Barnum & Bailey Circus.

She told the On Top of the World safari seekers that her greatest pleasure was when baby elephants were born on the ranch.

All those participating in the Master the Possibilities field trip enjoyed themselves especially when some were able to feed the elephants large hunks of carrots. It gave them an up close encounter with this large animal. Throughout the entire tour, Patricia was answering countless questions asked by the group.

At the tour's conclusion, all those on the safari tour ventured into the gift shop/museum.



Photo by John Toner

Mourning Doves on John Toner's porch.

Mourning Doves Love Living Here Too

By Anne Merrick

At a home in Providence a pair of Mourning Doves have found their ideal location for raising not one but two broods.

In April, John and Linda Toner noticed some activity on their front porch. A pair of doves had been spending time together, as they do, strutting around on the walkway and inspecting the premises.

Eventually, the prime location was found, wrought iron table top with a ponytail palm in a pot for camouflage set near the window and flanked by chairs. Now a flurry of activity occurred. You know how it is when you have found the perfect place and want to move in.

Small twigs and pine needles made an amazingly meager platform on which to lay the two precious eggs. This could not ever be called a nest but did have good air circulation through the tabletop.

No privacy was required for mating. Right there on the walkway to the front door the deed was done in a flash. One egg was laid on the platform of twigs. A second egg was laid the next day and gestation began. The female hunkered down for the day shift and at 6 p.m. the male arrived to take the night shift.

What was mama doing all night, we wondered? She came back at 6 a.m. to take her shift and this continued like clockwork until tiny, featherless, squirming young

pecked their way out of the egg.

Now the feeding frenzy begins with mama and papa foraging like crazy to keep these youngsters fed. It is amazing how quickly they grow into little fluffy chicks with big eyes, beaks and gaping maws. As they get bigger, they move around the platform and in the heat of the day mama opens her wings to shade them from the sun.

While this was going on, almost nothing disturbed the birds, not visitors coming to the front door, the owners sitting on the chair next to the birds or conversations being carried out and photos being taken.

As soon as the babies had fledged, mama and papa had a couple of days rest and then they started all over again.

When I arrived to get this story, the female was sitting on her second batch of eggs and I was amazed to be standing there talking and looking while she kept her beady eyes on us but didn't move at all.

This seems to be the year for birds nesting on porches. They like sitting out there as much as I do although the wrens that have a nest, in a spider plant on my porch, don't give me any peace if I try to sit out there. They are entertaining to watch from the office and I have many photos.

My neighbors had a nest of house finches in a hanging basket and the birds are looking again. What a wonderful place to live!



Photo by Bob Woods

Denise Howard is feeding the elephant a carrot and Patricia Zerbini is the animal handler and CEO of Two Tails Ranch.



Director of Golf

By Brian Boeling

During the month of July The PGA of America, The PGA Tour, and the United States Golf Association have partnered up to introduce a program called "Tee It Forward."

The goal of this program is to help golfers have more fun on the course, enhance their overall golfing experience by playing from a set of tees best suited to their ability and to speed up play. This will allow golfers to have more fun, and not be frustrated. With this approach to the game it will elevate not only their enjoyment but have the desire to continue to play.

Barney Adams, the founder of Adams Golf, provided the concept that led to Tee It Forward. By playing from forward tees, amateur golfers have the chance to play the course at the same relative distance as a touring professional would over 18 holes. The playing field is leveled by giving golfers the opportunity to play from distances that are properly aligned with their abilities.

With many more golfers hitting approach shots with 6- and 7-irons instead of hybrids and long irons, their chances for enjoyment increase. Also, playing from forward tees should result in fewer overall shots, shorter distance traveled on each

The World News

hole, and potentially, fewer lost balls. At all of our courses we offer a variety set of tees. At Candler Hills there are five sets and four at On Top of the World. My question or challenge to you is, for a few rounds of golf during the month of July just play one set of tees forward and see for yourself. Below is a chart, which recommends the yardage a player should play from based on how far you hit your driver.

Driver Distance	Recommended 18 Hole Yardages
275	6,700 - 6,900
250	6,200 - 6,400
225	5,800 - 6,000
200	5,200 - 5,400
175	4,400 - 4,600
150	3,500 - 3,700
125	2,800 - 3,000
100	2,100 - 2,300

By moving up one set of tees, this program should help stimulate people to play the proper tees, maximize the golf experience, and most importantly have fun. Email me at brian_boeling@otowfl.com to let me know how you played.

Upcoming Events

- July 2: On Top of the World Independence Day Tournament & BBQ; shotgun at 8:30 a.m. Candler Hills Independence Day Tournament

& BBQ; shotgun at 8:30 a.m. BBQ only \$15 per person (prepay in respective golf shops).

- July 13: Candler Hills, Just Us Girls; shotgun at 5 p.m.
- Aug. 10: Candler Hills, Just Us Girls; shotgun at 5 p.m.

World Accolades

THE LINKS: Larry Lucieer, hole-in-one on #5 on May 16. Larry Chase, Eagle on #7 on May 23. Bill Keathly, age 81, shot a 78 on May 25. Doug Coleman, shot his age of 85 on May 26. Jean D'Addro, Eagle on #11 on May 29. Barry Barringer, Eagle on #10 on June 6. Fran Griswold, hole-in-one on #5 on June 6.

TORTOISE & HARE: Howard Sale, shot 81, 10 shots under his age on May 19.

CANDLER HILLS: Heddy Racinowski, Eagle on #7 on May 22. Gil Brooks, hole-in-one on #13 on June 5.

Golf Tip

The key to making more putts is to improve your aim. If your aim is good, you won't have to compensate in your stroke to correct the pull or push. The less compensation there is the better the contact, resulting in more putts. A great way to keep your alignment straight is to draw two parallel red lines about half an inch apart on your golf balls; then draw another two lines on the top of your putter.

These last two should be slightly curving and converge to meet the lines on the ball. When viewed from behind, the ball should look something like a road disappearing over a hill.

Practice hitting the ball so that the lines on your putter exactly meet the lines on the ball. This will help to improve your aim. Another thought – do you need a new putter? Some people have a higher accuracy rate using two-ball or three-ball putters. Don't fall into bad habits. If the pro's continually check their putting aim, why shouldn't you?

Experts will tell you that the best approach for putting is a bold one. Too many times golfers have gone easy on their hits only to fall short enough to make them annoyed (to say the least). But when they play more aggressively and overrun the hole, the damage is not severe.

While a delicate putt might be fine for a green that is smooth and fast, bold strokes are far more likely to take the ball to the hole and they are super for a green that is shaggy, where a delicate swing is not. So if you get into the habit of playing bold putts, you will be more likely to sink that ball.

Another good thing about aggressive putting is that if you putt the ball past the hole in a long shot, you'll be able to see how it breaks and thus get an idea of what the ball will do in the return putt. If you're short of the hole, you'll deprive yourself of this important information.

When you get the ball to the hole every time – even if you don't sink it – you'll be able to pick up certain patterns in your playing that may need adjustment. For instance, you might see that you often hit to the right or the left and so need to correct an alignment problem. In other words, be aggressive when you putt, you'll see the difference.

AVOID THE ZONE AND MAKE THEM GROAN:

Players like to hit balls in the comfort zone, which is generally between the knees and chest. To get your opponent out of it, hit lower and shorter with chips, or higher and deeper with topspin. Just remember that both chips and looping topspin are control shots rather than power shots. In other words, they don't have to be hit with pace to be effective.

SERVE AT THE BODY WHEN YOUR OPPONENT IS WINDED:

If your opponent is still catching his breath after a long point, aim your serve directly at him. A winded receiver will often play the return without taking the necessary adjustment steps, which may result in a weak reply or an outright error.

ANGLE OF ATTACK: To get to a ball earlier, instead of running along the baseline or parallel to the sidelines, run at a 30 to 45 degree angle to cut the ball off. This works particularly well in two situations, on wide and slightly shallow groundstrokes and when you're poaching or playing the net. In either case, you reach the ball in fewer steps, taking time away from your opponent, which will make him feel rushed.

DON'T HIT A PREDICTABLE BALL:

Don't try to win the point with one shot. Practice different ways of returning a ball. Incorporate some backhand slices, low balls and looping topspins to go along with your favorite flat and hard shot, which is not getting the job done. Keep your opponents on their heels, causing them to commit errors, hit short angles, go long when they expect short or high when they expect low. Putting a little extra spin can disrupt their rhythm. In effect, you're being aggressive without trying to do too much with the ball.

TRY TO BE IN THE BEST SHAPE THAT YOU CAN:

You may be wondering why you lose some points that you should win or mishit simple balls, or why some of your shots are ineffective. I wish I could tell you that you can use shortcuts to perform better. To be honest, there aren't many shortcuts. The best way to play better is to pay attention to your health and physical shape and work on your mechanics. Learn the basics for every stroke well and build from there. Some times minor adjustments can make a big difference.

Be realistic, you can't expect to do well on certain shots if you never practice them. Otherwise, stay positive and enjoy your time on the courts.

See you on the courts!

Tennis Association Health & Rec Courts

Mixed Doubles: Saturday & Monday, 8 a.m. to noon

Men's Doubles: Tuesday & Thursday, 8 a.m. to noon

Ladies' Doubles: Wednesday & Friday, 8 a.m. to noon

All Resident Tennis Players Welcome

Arbor Club Tennis

By Jorge Privat

Please, don't forget that if you have any questions or need a little help to improve your game, I am always happy to give you a hand. One of my goals here is to raise the level of everyone's game.

Another thing I'd like to mention is getting the tennis ladder reactivated. Remember that the beauty of the ladder format is that you don't have to do anything to have a group to play competitively on a given day.

You simply come and play. If you win, you move up, if you lose, you go down, but you always will be challenged, and you don't have to play with the same partner or the same position every round.

However, there is "one" thing every participant needs to do, and that is make a commitment to be there, so that the other three players can count on you.

Tennis Tip of the Month

DEFENDING WITH THE BACKHAND VOLLEY: When you are at net, a ball blasted directly at you can be hard to handle. Your best bet is a backhand reflex volley. Set up for a backhand and quickly bring the racquet across the front of your body from left to right (lefties do the opposite). You can practice this by having a partner toss balls at you, from slow to fast, so you can become proficient at it.

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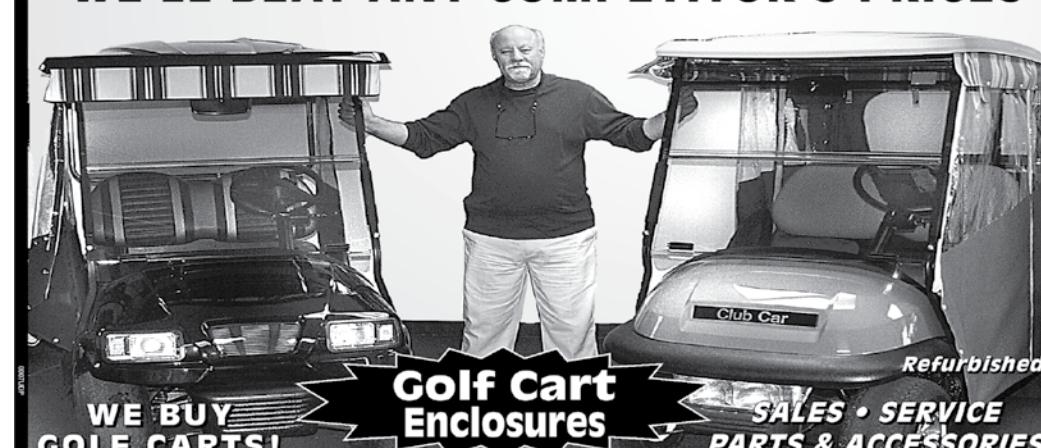
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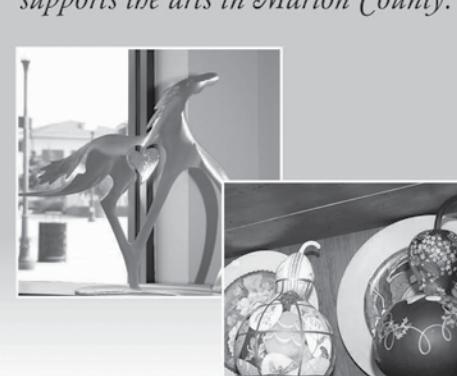
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July 2011

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GRANDCHILDREN VISITING?

Crib, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.



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CIRCLE SQUARE Commons

Shuffleboard Club

By Grace Rohde

Have you ever seen players use a bowling pin on the shuffleboard courts and wondered what they were doing? What you were seeing was a game of Ten Pin shuffleboard, played by those who are already standard shuffleboard players, like Stan and Paula Magen who play on the Wednesday afternoon league.

Ten Pin is not only a fun, but also a challenging game since players need to develop accuracy in placing discs without knocking down the pin. Other than two exceptions, scoring and the rules for Ten Pin are the same as standard shuffleboard.

Since there were no official rules, the rules for Ten Pin at On Top of the World were put together by Joe Veres, our current first vice president, in order that there would be uniform guidelines to follow. This was important to do because of the two exceptions for Ten Pin.

The first exception is that when a disc knocks down a pin by a player, the disc is removed; an "x" is placed on the scoreboard in the player's frame to indicate that the pin was knocked down, and a minus 10 is taken from the player's total frame score. The pin is then picked up and placed as close to its original position.

The second exception, and a very important one, is that "a good 10 must be scored in a subsequent frame to win the game" after the team reaches the score of 65. "A good 10" is defined as a 10 that is scored on the 10 space only, and "in a subsequent frame" has to be the following frame after

the score of 65 is reached.

Nobody seems to know how or where Ten Pin shuffleboard originated, but it has been played at On Top of the World for about 10 years.

Standard shuffleboard was also called shovelboard where the disc was shoved by either some kind of a device or by hand on a board, table, or outdoor hard surface. Shuffleboard became a popular board game, using a coin or a disc, by the aristocracy in England just around the 15th century. They called shuffleboard by the name of shovergroat or slide-groat. A groat is an old British coin. Later shuffleboard became a deck game for travelers on ocean liners and now on some cruises.

It was around 1913 when shuffleboard, played on courts, was introduced in the United States in Daytona Beach, Fla. The game became very popular and spread throughout the United States with each area having their own rules to play by. It was not until about 1924 in St. Petersburg, Fla. where the modern rules of shuffleboard were made more uniform. These rules were later adopted by the National Shuffleboard Association, which defined the shape and size of the courts, the discs, and the methods of playing and scoring. At On Top of the World, we play by the official rules of the Florida Shuffleboard Association.

Now that you know more about the background of shuffleboard, come join us at the courts. During the summer, standard shuffleboard is played on Mondays and Thursdays at 9 a.m. Ten Pin is played on Tuesdays at 8 a.m. and on Thursdays at 6:30 p.m. Hope to see you at the shuffleboard courts!



Photo by Armann Rohde

Stan and Paula Magen playing Ten Pin at the shuffleboard courts.



Photo by Garry Gerlach

Scholarship Chairman Joe Alfano, Girl's Coach Spenser Reeder, Rachel Jo, Taylor Grace, Tucker O'Neill, Jared Davis, Boy's Coach Alan Nieb and CHMGA President Chris Jett.

CHMGA Honors Scholar/Athletes

By Joe Alfano

On May 14, the Candler Hills Men's Golf Association (CHMGA) gathered in the Candler Hills Community Center to honor the recipient of this year's Scholar/Athlete Award. The award, which includes a \$500 stipend, is given annually to a member of the West Port Women's or Men's Golf Team who best displays a concerted and resolute effort both in the classroom and on the golf course.

After an intensive vetting process, the association's scholarship committee determined that the four applicants for the award were all worthy of the honor. Due to the overwhelming success of the fundraising program, the committee recommended

all four students for the award. At the May semi-annual member's meeting, the vote to grant the award to the four applicants was unanimous.

With that said, the CHMGA takes great pleasure in congratulating West Port Seniors Rachel Jo, Taylor Grace, Jared Davis and Tucker O'Neill as this year's recipients of the CHMGA Scholar/Athlete Award. They will all be continuing their education at the college level and we wish them well on their journey to adulthood. The association takes great comfort in knowing that they will continue to make their families and this association proud of all that they will accomplish in life.



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Men's Golf Association

By George Blankenship

As I mentioned in last month's column, we are in the beginning of that period when the major maintenance efforts take place on our golf courses. Right now, both the Tortoise & Hare and the Links have been closed for a week for the necessary aerification to maintain healthy grasses and greens. This procedure will take place again in August. Then toward the end of October and in early November both courses will be closed again for the annual overseeding.

I would like to remind everyone that aerification is vital to maintain a healthy and well-conditioned golf course. If you can recall, it was only about a year ago (July 1) that we received the visit from Todd Lowe, the USGA agronomist. I'm also sure that everyone can remember the primary reason for his visit. It was after the extremely cold winter, and I'm also sure everyone can remember the condition that our courses were in. Our courses, as they are presently, have come a long way from those days and I am sure that no one would like to return to those conditions.

I certainly would like to thank and congratulate Andy Jorgenson on the job that he and his crew are doing. We are extremely fortunate to have two well-conditioned courses reserved for the exclusive use of the residents of On Top of the World.

There are presently two additional projects being done to improve the quality and the play of the courses. The first is the reworking of several of the tee boxes. This will level many of the tees, which we all realized was a need. Also, as in the case of #10 tee box on the Links, some trees were removed to allow more sunlight and air into that back corner. This should promote better grass coverage for this box. However, as in the aerification efforts, it will take a while for the new tees to grow in and be playable. Here again, a step back today to be able to take two or three steps forward tomorrow.

The second project is the building of the practice green at the Tortoise & Hare course. This is truly a very nice addition to our club. These are examples of the great efforts being put forward to give us the great golf that we can appreciate here at On Top of the World.

The writing of last month's article didn't coincide with the arrival of our new director of golf. Therefore, I would like to take this opportunity to welcome Brian Boelling. He came to us from Stuart, Fla. and has quite an extensive background in the golf business. He indicates he has an "open door" policy. So stop by, if you haven't already, and welcome him.

Until next month, play well, have fun, and remember we "play" golf. It's a game.

**Quota Pts.
May 11 / Links**

Flight 1: Tie at +5-Bill Blewitt, Larry Lucieer, Michael Almon, Steve Difranco and William E Young Jr. +4-John Hudack. Tie at +3-John Hall and Tom Fragapane.

Flight 2: +11-Ed Kłodzen. +10-Leonard Ruble. Tie at +4-Dan Carty and Harvey Howd. Tie at +3-Bob Cates and Carl Zeiler. +2-Jerry Segovis.

Flight 3: +8-Vince Nucaso. +5-Edward Conaway. Tie at +4-Raymond Wilson and William Miller and Armando Pena. Tie at +3-Hira Roy, Jimmy Johnson, Mike Flynn, Peter M. Peterson, Phil Johnson, Ray Hellman and Tary Bole.

Gold Flight: +14-William McGarry. +12-David Miller. Tie at +11-Paul Stone, Sam Harris and Steve Becker. Tie at +10-Bill Carlson and Ken Cotte. Tie at +9-Joe Rappa, Ralph Solvold and Tony Capillo.

**Team 2 Best Ball
May 18 / Links**

116-Ralph Solvold, Jack Ashenfelter, Jerry Chase and Anthony Romiti. 118-Bill Keathley, Charles Casale, Jerry Segovis and Frank Palotta. 120-Marvin Williams, Dan Carty, Bud Borders and Sam Harris. Tie at 122-William E Young Jr., William Muller, Leonard Ruble and William McGarry; Larry Lucieer, Paul B East, Armando Pena and John Ricciardone; Bob Cronin, Ron Thompson, Barry Barringer and William Miller.

**OTOW MGA Team Stableford
May 25 / Links**

163-Bill Keathley, Joe Dent, Jerry Segovis and Robert Farineau. 162-John Hall, Bill Carlson, James Merrick and Joe Rappa. 160-Marvin Williams, Steve Becker, Dick Griswold and Jimmy Johnson. Tie at 157-Michael Almon, Charles Casale, Bob Cates and Roger Schwartz; Raymond Beloin, Jack Ashenfelter, Jerry Chase and Art Frescura. 155-Carl Zeiler, Freddie Moody, Rocky Groomes and Anthony Romiti.

**Low Net Individual
June 8 / Links**

Flight 1: Tie at 65-George Blankenship and John Langville. Tie at 66-Larry Lucieer, Tom Paszek and William E Young Jr. Tie at 68-Bob Cronin and Dennis Brown. 69-Rudy Normandin. Tie at 70-Jon Hill and Paul Del Vacchio.

Flight 2: 62-Paul B East. 63-Tom Treppa. 64-Mike Driver. 65-Francis Caprez. 67-Ed Kłodzen. Tie at 69-John Bauer and Ronald Wilson. 70-Joe Dent. Tie at 71-Joseph Bologna, Ray Hellman and Willie Schneider.

Flight 3: 66-Robert Farineau. 67-Anthony Romiti. 68-Bob Selmon. Tie at 69-Jerry Segovis and Jimmy Johnson. Tie at 70-Hira Roy and James Moran. Tie at 71-Douglas Coleman, Peter M. Peterson and Richard Schiller.

Flight Gold: Tie at 63-Calvin Apperson and Kas Kaske. Tie at 65-Edward C. Wilson, Roger Schwartz, Ron Thompson and Tony Capillo. Tie at 68-Joe Rappa and Johnny Gill. Tie at 69-Bill Carlson, Paul Stone and Sam Harris.

Candler Hills Men's Golf

By Joe Alfano



Golf! That dreaded of games! What does one say about a game where you have to hit down to make the ball go up. You swing left but the ball goes right. In a bunker, you miss the ball on purpose. The lowest score wins? And to top it all off, the winner buys the drinks. Around here at Candler Hills the only thing we can say to all, "Same time tomorrow guys?"

We welcome our newest member Tom Winn into the fold and hope he enjoys the experience. Please be advised that, what we may lack in golfing prowess, we more than make up for with good sportsmanship, a respect for the game, many lasting friendships and a vast amount of harmless banter. Anyone looking to play in such an environment can contact me at tjalf8371@yahoo.com for more information.

Our fundraiser for next year's Scholar/Athlete Award will begin anew in July. So be sure to be on the lookout for George Kirby or Cosmo Topper for that winning ticket and please remember our mantra - "You can't win it if you ain't in it!"

At the last board of directors meeting, it was decided to continue the tradition of providing those members who play on July 5 and Sept. 6 with ice-cold refreshments in celebration of the Fourth of July and Labor Day.

Someone once said, "Golf is harder than baseball. In golf, you have to play your foul balls." Keeping their ball in the confines of

the ballpark this past month was Tom Garrison & Chris Piotrowski (70), Bruce Venslavsky (73), Larry Joseph, Lon Scheibl, Garry Gerlach & Al Wassmer (74), Dave Martin & Larry Smallwood (76) and Bill Anger (79). Nice going "baffin yer ball" gentlemen.

As always, I wish everyone a life of "nothing but fairways and greens" and might I also add "stay hydrated my friends, stay mucho hydrated."

**Four-Man Figure Skating
May 17**

128-Rich Robertson, Bruce Venslavsky, Leo McCormick and Rich Lilly; 136-Steve Kupsch, Al Wassmer, Dave Miller and Bob Cowie; 137-Bill Anger, Tom Martinetto, Rich Trembulak and Don Huston.

**Four-Man Two Best Balls
May 31**

118-Ken McDonald, Bruce Venslavsky, Andy Bulloch and Art Heyman; Tie at 119-Chris Piotrowski, Ken Zweiback, Fred Kennedy and Bob Cooke; Larry Joseph, Marvin Brooks, John Menzies and Dave Green; Larry Smallwood, Dick Masterson, Dave Miller and Tom Marta.

**Individual Stableford
June 7**

Anchor Steam Flight: 41-Dave Martin; 40-Chris Piotrowski; Tie at 39-Bill Anger, Larry Joseph and Larry Smallwood.

Imperial Stout Flight: 41-Al Wassmer; 37-Marvin Brooks; 36-John McCoy.

City LaCrosse Lager Flight: 39-Rich Smith; 38-Tim Beaty; Tie at 36-Rich Trembulak and Tom Martinetto.

Capital Island Wheat Flight: 42-Mike Romm; 41-Jorrie Jordaan; Tie at 38-Charlie Tichy and Ed Pozsony.

presently active in our club.

I would like to use this column to recognize these folks. Let me start with Ray Stover the founder of the Billiards Club. Ray was born in Ameagles, W.Va. Most of his working life was spent with Ford Tractor in Birmingham, Mich. He moved to On Top of the World in 1994.

Ray became active in the billiards community and served as the club's first president. He later held the post of club treasurer. He was also instrumental in the early funding of the club's treasury.

Ray is an accomplished banjo player and over the years he and his band performed several bluegrass concerts on site with the proceeds going into the Billiards Club treasury for improving and maintaining our equipment.

George Tookmanian hails from New York City and retired from the Unilever Co. in Edgewater, N.J. He has been a resident here since 1996. George has served as president of the club and is presently our treasurer. George also wrote the monthly billiard column for years.

Art Wilson is from Alachua, Fla. and worked for Pan Am airlines. He served as club treasurer for many years. Art's wife, Penny, is from Thailand. Penny currently serves as second vice president and president of the women's Billiards Club. Art and Penny are always ready, willing, and able to help with club activities. Penny takes the lead in supplying refreshments for our meetings and runs the 50/50 drawings.

These are some of the people who have contributed to the success of our club and the quality of our facility. They are the foundation of our club, without them we would not be enjoying the game we all love. Next time you run into one of these folks let them know you appreciate what they have done for our club, I'm sure they would enjoy hearing it from you.

Are you an original member? Please let me know and I would be happy to acknowledge your contribution in future columns.

Our next meeting will be held on Monday, July 4, at 4 p.m. in the Ceramic Room of the Craft Building. Hope to see you there.

Until next time, keep stroking and keep your tip dry.

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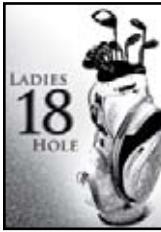
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Candler Hills Ladies 18-Hole

By Kelli Brunner

One truth in golf and in life, change is constant. We welcome Brian Boeling, director of golf, to the community and look forward to the fresh viewpoint he will bring to our club.

Also, Denise Mullen is taking over the coordination of our league from Russ Smith. Thank you Russ for a job well done!

We have some fine golf professionals here and summer is an ideal time to consider shaping up your game by taking some lessons. If you are not traveling north and don't mind the heat, it's an excellent opportunity to work on your swing.

Just try not to think too much because if you're as analytical as I am then you might need some anti-psychotic drugs to control the chatter in your head. It goes something like this: athletic posture, not too much on your toes or back on your heels; solid base, but not too planted; swing in a wide arc, but don't sway; turn your shoulders, but don't over-swing; be aggressive, but don't rush to the ball; don't force it, swing through the ball ... quiet! That's enough to mess up your shot every time!

That little white ball is just sitting there begging to be sent to the target. How can it be that difficult? Well, after some lessons and some practice, it does get easier. However, as much as we dream of the perfect swing, we must have realistic expectations. We can't all take just one lesson and go out and shoot a 69 like Deborah Martin did during league on May 26. I shot my best

round ever (75) that day only to be overshadowed by my friend Deb. Good shooting!

Mark your calendar for July 28. The board is busy planning for our first ever Memorial Tournament. This fun event will raise a little money for Hospice of Marion County.

2 Best Balls May 19

115-Kate Beaty, Andrea Fratarangelo, Jean Jarrel, Deborah Martin, 121-Ilyong Dicus, Su Freeman, Paula Lilly, Kathy O'Leary, 122-Pam Carpenter, Joan Gustafson, Janet Juhlin, Heddy Racinowski.

Criss-Cross May 26

Flight 1: 26-Deborah Martin, 27-Kelli Brunner. Flight 2: Tie at 29-Donna Smith and Toni Stevenson. Flight 3: 28-Heddy Racinowski, 30-Carol Clark. Flight 4: 24-Donna Sauer, 26-Linda Buschur.

2 Person Team June 2

Flight 1: -12-Kathy Beaty and Tona Scheibal, -9-Su Freeman and Janet Juhlin. Flight 2: -2-Gail Schultz and Piper Thomas, +2-Carol Clark and Vivian Schofield.

Low Gross/Net June 9

Flight 1: 74-Deborah Martin, 67-Connie Norris. Flight 2: 88-Gail Banavage, Tie at 67-Gina Bulloch and Betty Dong. Flight 3: 90-Piper Thomas, 68-Angie Jinco.

Upcoming play: July 7/Odd & Even; July 14/Shamble; July 21/Criss-Cross; and July 28/2 Best Ball.

Mary Giannukos, Pat Pozsony Team 3 and 4: Tie at 41-Susane Trembulak, Judy Parisi, Nancy Dreimiller, Jill Stetson, Lise Jordaan, Cheryl Engeman, Lois Laine, Sue Johnson.

3 Blind Mice May 26

Flight 1: Tie at 23-Lise Jordaan, Marlene McGlynn. Flight 2: 22-Maruerite Piotrowski, 23-Donna Fey. Flight 3: 20-Judy Parisi, 21-Cheryl Engeman. Flight 4: 25-Rhonda Brooks, 27-Carol Hobbins, Deborah Malo, Ina Menzies.

Low Gross/Net June 2

Flight 1: 45-Denise Blanchard, 47-Terry Alfano. Flight 2: 48-Linda Mandala, 38-Carol Venclavsky. Flight 3: 53-Julie Crudel, 33-Cheryl Engeman. Flight 4: 60-Mary Giannukos, 38-Deborah Malo.



Fran Griswold shot a hole in one on The Links.



Candler Hills Ladies 9-Hole

By Donna Liphardt

"I've thoroughly enjoyed golfing and socializing with the nine-hole league but I want to play 18 holes so I am moving up to the 18-hole ladies group," announced Mary Pat Giffin. We, the 9-hole ladies group, wish her the best of luck and will miss her.

This does mean that the 9-hole league is now looking for a new board member who will be both writing our monthly column and being our social committee chairperson.

In May, we began our summer hours with our first tee time beginning at 10 a.m. We are also alternating play on the front and back nine. This has met with enthusiasm from our members.

Our next social event, "Bring Your Husband (friend, etc.) To Golf Day" will take place on Aug. 25; so save that date. The event will take place on our regular league day with lunch following. We are encouraging everyone to participate. More information will be coming out closer to the date.

Low Gross/Net May 12

Flight 1: 45-Susane Trembulak, 33-Lise Jordaan. Flight 2: 54-D.Ann Jung, 57-Debra Massari, Sisca Johnson. Flight 3: 63-Mary Giannukos, 66-Lois Laine, Pat Gill. Flight 4: 55-Donna Liphardt, 60-Rhonda Brooks.

Scramble May 19

Team 1: 39-Sisca Johnson, Dianne Bowles, Debora Malo, Vicki Salyers. Team 2: 40-Denise Blanchard, Susan Pleinis,



UPCOMING PUBLICATION

August Issue: Thursday, July 28

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USS Maine

By Bob Woods
World News Writer

The sinking of the USS Maine in Havana Harbor was the shot heard, which started the Spanish/American War. Popular sentiment in the United States was the direct result of our country's newspapers publishing the inquiries' results of the sinking, blaming the incident on the Spanish and vague information obtained from our government. Previously, President McKinley dispatched the USS Maine to Havana, Cuba for a "friendly" visit to protect American interests.

On the evening of Feb. 15, 1898, the USS Maine's routine was disrupted when two separate explosions rocked the Maine and she rapidly sank. Explosions continued for many hours after the sinking as the ship's ammunition continued to explode.

Initially, 266 sailors lost their lives, eight more from injuries. Most of the enlisted men were in their quarters in the forward portion of the ship. The explosion ripped the forward third portion of the ship. Altogether there were only 89 survivors, 18 of which were the ship's officers.

U.S. newspapers quickly placed the responsibility for the sinking and loss of sailors' lives on Spain. Those sailors who perished during the sinking were buried in Cuba but later 165 were interred in Arlington National Cemetery. The wounded were transported to Key West and those injured who later died were buried in the Key West Cemetery.

The Maine was in Key West before sailing under presidential orders to Cuba. Shortly after the ship's sinking, a board of inquiry was convened at the U.S. Customs

House in Key West. This building was constructed by the U.S. Treasury Department as home to Federal Courts, U.S. Customs, Lighthouse Service and the Post Office.

The building is situated adjacent to the 1820s naval base where the Maine sailed. The U.S. Naval Court of Inquiry declared explosions sank the USS Maine from naval mines and this was the main cause of the Spanish-American War. The rallying war cry from advocates was, "Remember the Maine! To hell with Spain!"

Years later, the twisted hulk of the battleship was towed out to sea where she was sunk in 3,600-feet of water. During the salvage, 66 remains were found and only one could be identified. Parts of the ship have been set aside as memorials throughout the country.

The ship was actually classified as a second-class battleship, formally an armed cruiser (ACR-1). The ship was rigged with two masts, four 10-inch guns in two turrets, six six-inch guns, seven six-pounders, eight one-pounders several machine guns and four 14-inch surface torpedo tubes.

The ship was small in today's standards measuring only 324 feet with a 57-foot beam drawing 22 feet in mean draft. She carried 896 tons of coal and could reach speeds of 15 knots with two 15-foot propellers. The ship's hull was one-foot thick at the water line and doubled bottom from the forecastle to the aft end protecting the engine room and the ship's ammunition. The explosion occurred in the forward portion of the ship.

One of Maine's masts is located in Ar-



Photo by Bob Woods

An exact scale model of the USS Maine in Key West, Fla.

lington National Cemetery, and the other at Annapolis Naval Academy.

Midshipmen often referred to the Maine as the biggest ship as the foremast is located at the academy and the mainmast in Arlington. The ship's bow scroll is located in a military park in Bangor, Maine. Other sections of Maine are located in various state locations and one memorial is located in Havana, Cuba.

Recently, residents from On Top of the World visited the Custom House in Key West, which is presently a museum while on a motor coach trip to the Conch Republic. Inside the museum is paraphernalia from the Maine and an exact scale model of the ship. Key West was the last port of call in the United States before Maine's ill-fated demise in Havana Harbor.

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Theatre Group

By Bob O'Neal

"And the Oscar goes to..." This is the musical show being planned for November and it's off to a good start. Twenty-five people showed up for auditions that were held on Wednesday, June 1, in the Health & Recreation Ballroom.

According to Director Marilyn Bettinger, it was gratifying to see such a good turnout from the Theatre Group. They had a choice of six songs to select from and almost everyone sang at least two.

The show will feature Academy Award nominees and Oscar song winners covering the 30s through the 60s. There are also a few humorous skits and other surprises (including audience participation) that are being considered by Marilyn and Music Coach Dick Phillips, as the show continues to develop for what should be a great evening of entertainment.

Here, in no particular order, are the people that came for the audition: Kathy Pet-

rosky, Joan Dudek, Dixie Hogarth, JoAnn Nyren, Beverly Russell, Marcia Miller, Glo Hutchings, Dottie Berkowitz, Anne and Jim Merrick, Rudy Dagnello, Norma and Bob Batton, Daryl Howard, Ron and Betty Broman, Bob Cowie, Shirley Coe, Ed Ryan and, of course, Dick Phillips and Marilyn Bettinger.

Everyone who was there will be invited to participate in some form. In addition, Sue Veres, Irene Moran and Emery Bjerkman, who were out of town, will be considered.

The show will be one of the Theatre Group's largest from a total cast point of view and, by the time you read this, everyone who tried out and eventually selected will have been informed about what song or songs they will be singing and in what order.

The first song to win an Oscar was "The Continental" from The Gay Divorcee in 1934. But we plan to start our show in 1935 with a song that is probably just a bit more familiar, "Lullaby of Broadway," and I can't tell you now whether or not it will be presented as a solo, a duet, a trio—do I hear quartet? Or it could even be part of an ensemble that will blend their voices to one or more of the evening's selections.

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Italian American Club

By Jerome Cauda

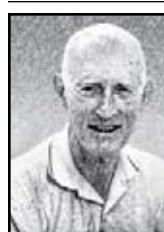
The club will be on hiatus for the months of July and August. The next scheduled meeting will be on Tuesday, Sept. 6 at the Arbor Conference Center, Suites E and F, at 3 p.m. Refreshments will be served at 2:30 p.m.

There will be a board meeting on Wednesday, Aug. 24, at 1 p.m. Our entertainment chairman is hard at work lining up an interesting and enjoyable schedule for the coming year. So far, we are planning a Columbus Day party, Christmas party,

**American Jewish Club**

By Carol Aronoff

The board of the American Jewish Club has been busily working on plans for an exciting year to come. Along with some of our favorite events such as our pizza party, Hanukkah party, and potluck meal, we are going to introduce an ice cream social and dessert party this year. We are working on inviting some entertaining guests as well. It promises to be a fun year!

**Irish American Club**

By Bob O'Neal

It was a good cool traidisiunta (traditional music) night with Michael Funge on May 19. Irish spirit filled the room!

The headline on a blog I read was, "Did the Irish and St. Brendan discover America first?" Before we cancel Columbus Day, understand that the source of the prospect is contained in the text "The Voyage of St. Brendan" and scholars will tell you that it is a work of fiction or fact depending on who is interpreting it.

We know for certain that in 484, Saint Brendan was born near Tralee, in County Kerry. What we also know for certain is that between the years 512 and 530, he built monastic forts around Ireland and then undertook a seven-year voyage, which is the basis of the legend.

It is described as a hero's journey in a boat that finds an island far to the west, which many modern historians believe is America. The island was called "Isle of the Blessed."

pizza party and picnic. Looks like lots of good times and fun is planned for next year.

A bit of Italy: The latest check on the Leaning Tower of Pisa shows no signs of any further tilting. The Chief of Public Works Francesco Katter reports the installed sensors reveal the tower condition is excellent, safe and good to go for the next 300 years. Begun in 1174 and completed nearly 200 years later, the Tower was in danger of toppling, but saved in the 1990s after several years of engineering fixes. It was reopened to the public in 2001.

There will be no column in August and September, as I will be traveling.

For those of you who are new to the community or those who just want to join a fun group with interesting activities, we at the American Jewish Club would be happy to welcome you. We normally meet on the third Sunday of every month at 2 p.m. in Suites E, F and G of the Arbor Conference Center. Our dues for the coming year will remain at a very nominal \$10 per person for the entire year.

If you have any questions or require further information about our club or any of our activities, you can always call our vice president, Myra Post at 861-9223. We are looking forward to seeing you at our first meeting of the coming year on Sunday, Sept. 18!

Submitted by Mary Chang

In 1976, explorer Tim Severin retraced Brendan's voyage. Relying on the medieval text of St. Brendan, he built a boat identical to the leather currach that Brendan sailed. The book about the voyage was published in 1978 and it described the trip in great detail and has been translated into 28 languages. As a result of this voyage, Severin remains convinced that Brendan reached America.

The truth may never be known but it remains a constant claim (mostly by the Irish) that Saint Brendan discovered America first before Columbus.

Then there's Leif Erickson who, it is believed, used the stories of Brendan to find his own way to what was to become America, again, several centuries before Christopher Columbus.

Did you hear about the Oregon woman who visited the dentist for an implant and when she left his office, she had an Irish accent? Speaking on the "Today" show, Karen Butler explained that as soon as she woke up, having taken a sedative, she was speaking with an accent. The phenomenon is called Foreign Accent Syndrome and less than 100 cases have ever been reported.

It would take more lucky shamrocks than Ireland ever grew to bring the luck and gladness that I'm always wishing you!

Submitted by Mary Chang

The World News**Southern Club**

By Joan Bolling



The Southern Club said goodbye to Charlotte Hancock after many years of holding office. She has been president, secretary, helped decorate and was always there when there was a need.

Bloodmobile

By Sara Sommer



We had a great blood drive on June 6. Maybe it was the great incentives that were offered. Maybe it was just our residents feeling generous. Whatever the reason, we had 34 units plus three Alyx for a total of 37. This is great!

Here are the names of those who gave the gift of life: Sherman Axinn, Catherine

Mrs. Hancock, coming from an extensive military career background, has served both in the Air Force and Navy and held many positions of importance. She and her husband, Gerald, have one son who lives in St. Petersburg. Her favorite hobby is collecting ceramic squirrels, which are displayed throughout her home at Crescent Ridge.

Though short in stature, her smiling face and devotion to all aspects of the Southern Club have been greatly appreciated.

Well done for an excellent job to our outgoing president.

Bennett, Kenneth Bohn, James Bowles, Jean Braswell, Eleonora Buba, Don Conroy, Jimmy Crouch, Robert Cura, Nancy Dunne, Louise Fazenbaker, Maria Fried, Pamela Giddings, Belinda Greene, Ralph Harris, Norman Hebert, Carol Johnson, Suzanne Johnson, John King, Lila King, Melvin Klosterman, Penny Krzeminski, Edward LaLonde, Gretchen Luebke, Audrey Mangan, Dorothy Metcalf, Norman Motzenbocker, Luke Mullen, Marie Munroe, Jeanne Nicholls, Joan Rappa, Ivan Rivera, Sara Sommer, Mary Till, Diana Vilars, Alan Wassmer, and Salvatore Zoccoli.

Thank you, thank you, thank you. Now is the time to mark your calendar for the next drive. The Big Red Bus will be back on Aug. 1. See you there.

8 p.m.

The need for blood is great! So please come, enjoy the festivities and donate! You will receive a free cholesterol screening and patriotic t-shirt.

LifeSouth Community Blood Centers is looking for a resident to be the On Top of the World representative. I have held this rewarding position for the last 10 years. If you are interested in volunteering, please call me at 854-5159 or LifeSouth at 622-3544.

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American Cancer Society article published on www.cancer.org

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SPCA

By Maria Devine

If you've been looking for a lifelong companion for a while and can't seem to decide which buddy would be the best for you, you couldn't do better than the two dogs of the month from Animal Services.

If your household already includes a dog and you're looking for company for all of you, then Biscuit the Parson Russell Terrier should fit the bill nicely. At two years old, Biscuit is a young boy who likes to be around other dogs and will have fun playing with the grandkids when they visit. Biscuit can help tire the kids out and then everyone can cuddle under a blanket on the bed and take a nap. You don't have to miss your afternoon nap with Biscuit around. If you happen to have a doggy door, he knows how to use one so you can stay sitting on the couch instead of jumping up and down to let him out. He's good on a leash and loves car rides. You can drive him to the dog park and he'll have fun coming and going. He's also well versed in doggie nutrition as he prefers dry kibble over wet food. If the thought of snuggling up to Biscuit in the afternoon is appealing, please call Animal Services today at 671-8700 and reference number A047403.

Would you like a trip to the moon on Gossamer wings? You can when Gos-

samer the black and gray Shih Tzu steals your heart. This little 14-pound fellow was found lost and matted in Northwest Ocala. The only way to fix him up was to give him a "summer haircut" which he's sporting in his picture here until it grows out. Then you will be able to see him in all his Shih Tzu glory. Despite his previous ordeal, Gossamer is super friendly. His favorite pastime is playing ball with you and when you get too tired to play anymore, he'll push the ball around himself and chase it. His favorite is a tennis ball, so stock up on some or use the ones at the dog park. If you're looking for a small dog that's a whole lot of fun, think about adding Gossamer to your home. When you call Animal Services about him, please reference number A044999.

Anyone looking for a cat or kitten companion has many places to find that perfect tabby. Nearby, both Petco and PetSmart on SR 200 have cat adoptions from local rescue organizations such as Feisty Acres and Sheltering Hands. You can also head over to the Humane Society and Animal Services where there are an abundance of animals just waiting for their second chance. If you adopt from one of these shelters or organizations, you also free up room for them to take in one more.

Although our meetings are over for the summer, our work is not. We're still collecting and packing food for the Pets on Wheels program. We appreciate the help of anyone who can donate dog or cat kibble in the SPCA bin in Winn Dixie. If you need our help or would like to join the SPCA or our foster program, please call us at (352) 362-0985 to find out more.

Would you like a trip to the moon on Gossamer wings? You can when Gos-



Biscuit



Gossamer

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Photo by Anne Merrick

Carole Drost painting on a Saturday morning.



Art Group

By Anne Merrick

Carole Drost is the leader of this small but growing group that meets to paint on Thursdays and Saturdays from 9 a.m. to noon. We each bring our own supplies, whatever we are working on and set up on a table in the Art Room at the complex that has the woodworking shop, poolroom, card room and craft room on the top of the hill above the miniature golf course.

Carole is a painter/teacher in watercolor, oil, pastel and acrylic. Some of her work can be seen on her web site at www.artdrost.com.

Wishing to be a magician, Carole real-

ized that painting was as close as she could get to a childhood dream. By creating depth, through color and perspective, a surface could become magical to the viewer.

Carole uses four different mediums because she likes to paint many different subjects and finds that certain mediums convey different moods, flavor of the subject or the emotion evoked at the time. She loves to paint people doing things and aims to tell a good story. She finds she is addicted to painting and not doing it is like holding her breath.

She taught science for 18 years, painting murals to help teachers teach better and give students a different perspective on learning.

Presently, she loves to paint on location with the Ocala Plein Aire Painters and with the Art Group where she gives us help when we are stuck. Many of her subjects are landscapes, still life, portraits, animals, houses, murals and seascapes.

She has exhibited her work at the Guaranty Bank in Lafayette, La., the Orlando Library Watercolor Show, and Brick City Center for the Arts, Ocala, Homosassa and Rainbow Springs, Gallery east, OAG Spring show where she won first place and Artful Gifts here on The Town Square.

Of the many workshops she has taken, the most notable have been with Nita Eagle, Tony Van Hasselt, Albert Handell, Betty Lou Schlemm, Judy Betts, Bud Biggs, Greg Kentz, Janet Rogers and Bobbie Houston.

Carole has also taught art to children and adults from Louisiana to Florida for the past 41 years. Today, she teaches drawing and painting at Oak Run and Master the Possibilities.

Painting Tip: Use photos from your vacation or favorite scenes from around your house or area. Using a photo you have taken yourself is satisfying. Make your own still life composition from favorite plants, flowers, jars, fruit or any item you love. If you are painting a landscape, begin the scene with colors that are in the distance (i.e., the sky). Next, look at what is in front of the sky, maybe trees? What is their overall shape against the sky? Is it an oak, pine or cypress? Make the furthest area muted then begin to look at the middle ground and make this more colorful. The brightest brights and darkest darks are last and in the area closest to you.

For more information on this group, call Anne at 732-0706 or Carole at 873-0272 or just visit us on a Thursday or Saturday.

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July 2011

The World News

27



Ballroom Dance Club

By Richard P. Vullo

The Ballroom Dance Club's series of ballroom dance lessons has taken a hiatus for the warmer (hot) months. Joe Mounts has expressed an interest in resuming lessons here at On Top of the World in September. In the meantime, Joe continues to host group lessons most nights during the week at his dance studio, The Beacon Ballroom.

Trish Sands continues her dance lessons at the Senior Health & Wellness Center, right outside On Top of the World, next to the Customer Service.

Of course, there are several places to enjoy dancing during the summer months. USA Dance holds its dances the first Tuesday of each month at the Pioneer Garden Center in Ocala. USA Dance, Citrus County continues with its dances every other Saturday night at the Kellner Center in Beverly Hills. On the alternate Saturday nights, Bob and Gladys Arthur hold their dances at the Beverly Hills Recreation Center.

The "Dancin' on the Top" committee has scheduled its first dance for the new season on Oct. 8. It will be a "Welcome Back" dance with music by "Sounds of Time."

The schedule of remaining dances for 2011/2012 are Nov. 19 with "Karen Hall;" New Year's Eve with "Tomaura;" Feb. 18, 2012 with "Automatic;" and April 28, 2012 with "Tomaura." Posters advertising each dance will be up in several On Top of the World locations, including the Health & Recreation Ballroom, Arbor Club and in future columns. It's a great line-up, so mark your calendars and plan on attending each dance.



Ballet Club

By Eugenie Martin

On July 4, we Americans will celebrate our independence from Britain. However, Americans are not the only people who celebrate their independence from a restrictive government this month. On July 14, the French celebrate Bastille Day, which began that country's revolution to replace the monarchy with a people's government.

Like the American Revolution, the French Revolution was long and bloody. As the country moved into its First Republic, many aspects of life were changing, and these included ballet. More than any other factor, in fact, the French Revolution may have developed what we now know as "classical ballet."

Before the revolution, all dancers wore heavy courtly clothing. Women wore corsets and petticoats covered by ankle-length skirts; men wore knee britches and heavy jackets. Both wore relatively heavy shoes with heels. Dances involved only foot, ankle and lower arm work, with few jumps and no lifts, and male dancers were the stars of most performances.

During the revolution, young women dressed in soft, light white Greek-style dresses. They symbolized the purity of the revolution, and influenced the future dress of female dancers. These women also wore soft, flat slippers tied with ribbons, which soon became the norm for female dancers.

Male dancers also began shifting from courtly dress to light clothing of tights and simple tops, with flat shoes on their feet. This clothing freed men to perform higher jumps and more complicated turns, as they do today.

Considered by many to be somewhat vulgar and effete in their new style, however, men began to lose their star status. Women replaced men as the new stars, and the era of the beautiful, innocent ballerina was born. All these changes are thanks to the French Revolution.

We are not involved in any revolution in the Ballet Club - just fun-filled classes danced to beautiful music. Our classes are held in the Arbor Club Exercise Studio next to the indoor pool on Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2 p.m., and Saturdays from 9 to 10 a.m.

For information, please call me at 854-8589. Happy dancing!

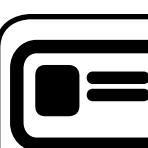


Mah Jongg

By Mary Ehle

The tournament is approaching ... Saturday, Oct. 1. Don't get left behind.

We will start teaching Mah Jongg again on Oct. 12 for five Wednesdays. The cost is \$10. Call 873-7507 to reserve your spot. If you have always wanted to learn, now is the time.



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Sidekicks Western Dance Club

By Gayl & Doug Perry

The recent summer temperatures have not wilted our activity as we continue to show up in force at The Town Square each Friday and Saturday evening, and to review on two Tuesdays and two Sunday evenings a month until late September.

Members and mentors Carla and Tony Magri have helped us brush up on numerous dances including Polka Party, Renegade Mixer, Moonlight Rumba, Rustler's Crossing Waltz, Schottische, Shadow, Shooter, and the Sidekick.

About a dozen or so couples have been attending these review sessions and we've been regularly joined on weekends at The Town Square by some couples from Stone Creek so our dance line is lengthening.

The couples pattern dancing we do is a variation of "country-western" or "cowboy" dancing, sometimes known as "kicker" dancing in Texas. Common dances include the Two-Step, Waltz, Cowboy Cha Cha, Polka, and East Coast Swing. In the movies and dance clubs, the dancers typically sport cowboy hats, boots and jeans, but we Sidekicks tend to go "Florida casual" in shorts and tees or golf shirts. Sneakers and boat shoes substitute for boots.

Dance historians trace country-western couples or partners dancing's immediate roots to the Western Swing music (popularized by the likes of Bob Wills) of the late 1930s through 1950s in places such as Texas and Oklahoma. This genre in turn derived from dances brought to this country from Britain, Europe and Africa and

included reels, quadrilles, jigs, cotillions, clogs, shuffles, hornpipes, and swings.

One writer notes that eventually a dance style that was specifically "western" began to evolve: "Novelty moves and styles popular in Appalachia and the South came west and were absorbed by the new settlers. However, the most important influence came from the cowboy."

"The swing of the leg when dismounting from a horse became a mighty Polka gallop. The habit of wearing spurs even on the dance floor forced the cowboy to keep his feet apart and shuffle as he moved to the music. Several of these cowboy mannerisms, although tamed, survive in today's modern western dance. The double arms over move is reminiscent of the final tying off of a calf's legs prior to branding. The basic push pull position recaptures the rhythm of grasping the reins."

1930 saw the birth of Cain's Dance Academy in Tulsa where up to 6,000 people at a time danced to the "hot hillbilly music" or "hot string-band music" of Wills and his Texas Playboys and other dance bands through the 1950s. World War II and its resulting migration of workers spread this music and dancing throughout the country.

One writer describes our dance form as "informal, relaxed, simple, casual, without affectation..." where "style is much more important than how many exotic acrobatics [the dancer] can perform." Our Texas Waltz, for example, consists of mostly gliding steps, which are easy to perform for almost any agility level.

We'll be accepting new members and offering classes for beginners on Sept. 20 and 27 at the Health & Recreation Ballroom. No experience necessary! For information call Gayl and Doug Perry (873-2398), Paula and Dave Shira (236-1928), or Carla and Tony Magri (873-8387).



Square Dancing

By Walter Lamp

On Tuesday, July 5, our theme will be a Fire Cracker Dance in celebration of America's 235th birthday. As we dance around, attired in red, white and blue, we will smile, laugh and enjoy all the blessings we've had as Americans. How lucky can any person be?

On Tuesday, July 19, our beginner's class will be graduating. They are now ready to join the regular club members. Dressed in club colors (red, white and black) there will be a dinner, graduation ceremony and their first dance as club members. Full details will be in the September issue.

As for my wife and I, June 1 marked the end of our fourth year or the beginning of our fifth year, here at On Top of the World. Dancing isn't all we do down here, but it sure is an important part. The laughing, co-ordinated exercise, friendships and places we've been to while dancing, give us much enjoyment. And, all I can say is thank you.

There will be no column for July. The club takes a month off in August.

It was so hot outside at the Florida Square Dance Convention in Lakeland that even with air conditioning, things got heated up on the inside. For the evening sessions, we were dressed in our square dance attire and in the daytime, we wore our casual dancing get-ups. But, no matter what we wore, the smiles, renewed friendships and many Florida's callers made it fun. The theme this year was pirates and their many treasures. Their costumes and pre-dance show with the entertainment got us ready each night.

The most fun for me was hearing all those different callers. It's so great to hear them with their own individual style of calling, and then try to duplicate it on the floor. The evenings finished off with a combo of two or three callers, calling a duet.

What a great weekend to get away from home, meet happy people and exercise in a different way. And, when it's all done, a cheery thank you to one and all.



Photo by Theresa Fields

Larry Williams and Fran Allen at the luau-themed Happy Hour at the Arbor Club in June.



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Canoe Builder

By Bob Woods
World News Writer

Right here in On Top of the World we have a gentleman who is a canoe builder. Bob Feser built this strip canoe in his garage and driveway while utilizing all the power tools located in the woodworking shop. Bob would have his measurements in hand, head for the woodworking shop where he would cut all the necessary pieces and then take the pre-cut pieces to his home where he would assemble his creation. It took him three months off and on to finish his project.

Both he and his wife, Marilyn, like to keep busy with their hobbies and attending classes at the Master the Possibilities. Marilyn has a loom and creates many masterpieces while Bob sticks to his woodworking. This is the third canoe Bob has built, the first in On Top of the World and Candler Hills. This canoe was built from sketch plans in a how-to-book.

Bob has nothing but praise for the woodworking shop. He said the tools are fantastic and just what the boat builder needed. Bob stated that at one time he had all the large power tools needed but since moving he got rid of them. He now uses the community's woodworking shop.

Bob mentioned that once he and Marilyn took a 100-mile, eight-day canoe trip in the Everglades. Marilyn stated that she would not do that again because of the large snakes (meaning pythons). However, they continue to canoe in the local area and they particularly like the Rainbow River.

The Fesers moved to On Top of the World from southern Florida and both came to the sunshine state from Minnesota where Bob owned and managed a golf course. Marilyn was an English school-teacher.



Photo by Mike Roppel

Malcolm Nassy is tending to his garden plot at SW 99th Street. Several garden plots are available to the residents. If interested, please contact Ron Berman at 861-4560. For garden plots at SW 90th Street, please contact Jim Miller at 854-4947.

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Photo by Bob Woods

Bob Feser with his canoe.

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July 20, 2011
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Charley Krueger with his Sukoi 31.

Photo by Bob Wroblewski

**R/C
Flyers**

By Bob Wroblewski

During our last Fun Fly, a family from Ocala with an eight-year-old son with life threatening cancer attended the event. It just so happens that recently the Make a Wish foundation took him and his family to Disney World.

During the event, he was overheard saying that he sure would like to be able to fly a model. So this past month, the club granted the young man's wish. Stan Stein spearheaded the arrangement with Joe Fanelli who heads up the Intro Pilot Program.

After an orientation session, Joe fired up the clubs plane, handed off the slave transmitter to the young man and off they went flying a LT 40 trainer with their feet on the ground. The expression on the young man's face was priceless.

Speaking of the Intro Pilot Program, any resident who would like to try their hand at flying a radio control model aircraft is welcomed at the field. All you need to do is contact Joe Fanelli who heads up the program. There is absolutely no cost to you. Who knows, this may be the hobby for you!

This month, we feature a modeler who thoroughly enjoys aerobatic and fast moving models. Charles Krueger moved from Ft. Myers, Fla. to On Top of the World in 2007 and resides in Candler Hills. His home town is Atlanta, Ga.

He retired from Krueger Tool Co. where he was owner and a manufacturers representative. He has an extensive background in the machine toll industry and to his credit has used his engineering knowledge in the design of components for the space industry to make missions safer.

Charlie has been flying R/C since 1952. He served in the Air Force for five years as a member of the Strategic Air Command where his specialty was in radar gunnery and has accumulated over 2,000 hours fly-

ing in a B36.

Don't mess with Charlie; he did earn his black belt in Judo. All kidding aside, Charlie is easy going, has a good sense of humor and gladly shares his know how with the guys at the field. He has held positions in previous clubs as president, vice president, safety officer, field marshal and contest director.

The club has elected to postpone the next club meeting until August. The club meets at the Arbor Conference Center on the first Monday of the month at 9 a.m. Guests are invited to attend and don't forget you are always invited to the field to relax under the shade of the pavilion and enjoy the best of model aviation.

Equine HospitalBy Bob Woods
World News Writer

It is just like any other hospital. The loudspeaker system is paging this or that doctor to call a certain phone number or dial an extension. The only noise breaking the loud speakers sounds are the whinnies of horses that are patients in a unique hospital just for horses.

A group from Master the Possibilities went on a field trip visiting one of the four horse hospitals in Marion County called Equine Medical Center of Ocala located just off CR 326.

Dr. Tom Lane, a veterinarian, led the group to learn all about treatments and medicines to treat all kinds of equine ailments. The group proceeded to the hospital in a caravan of cars led by Dr. Lane.

The group arrived at the reception area in the administration building where a young lady gathered the group for a tour of the hospital. She was extremely knowledgeable explaining everything that took place in the operating rooms to giving horses physical

exams, x-rays and just about every aspect of any aliments that horses may need medical attentions for.

Asking a few questions during our tour, I discovered why this tour guide was knowledgeable about the care horses receive. Ashley Brown is a veterinarian having just graduated from veterinary school in Georgia. She is serving her internship at this hospital.

Dr. Brown stated that being a veterinarian specializing in equine services is physically more demanding because of the size of the patients. She also explained the differences between all the different types and breeds of horses.

Marion County has the distinct honor of being the "Horse Capital of the World." It was published a few years back that the county had 36,000 registered thoroughbred horses. The field trip was part of the Master the Possibilities Veterinary Medicine series.



Photo by Bob Woods

A field trip to the Equine Medical Center of Ocala.

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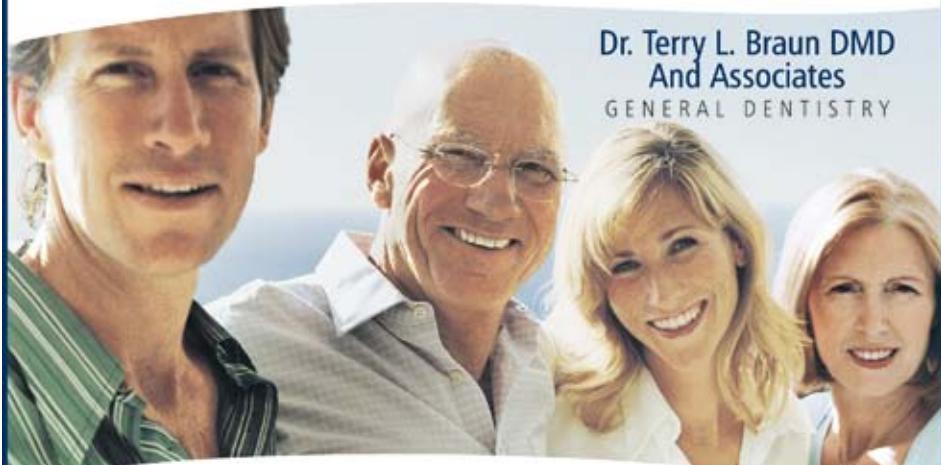




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CLUB CARDS & GAMES

BRIDGE

Monday Afternoon

By Joe Zwick

May 16

1: Eleanor Giardina & Joan Lord; 2: Ida Rosendahl & Carol Thompson; 3: Jane Kaske & Esther Lang.

May 23

1: Marge Starrett & Joyce Walchak; 2 (tie): Esther Lang & Shirley Eberle & Marjorie Benton & Caryl Rosenberger.

May 30

1: Caryl Rosenberger & Marjorie Benton; 2: Betty Morris & Fran Griswold; 3: Ida Rosendahl & Mary Carol Geck.

June 6

1: Betty Morris & Fran Griswold; 2: Caryl Rosenberger & Marjorie Benton; 3: Ida Rosendahl & Mary Carol Geck.

Monday Night

By Jan Moon & Myra Butler

May 16

1: Agnes Weber; 2: Phyllis Bressler; 3: Millie Ferrell; 4: Eleanor Giardina; 5: Gail Tirpak.

May 23

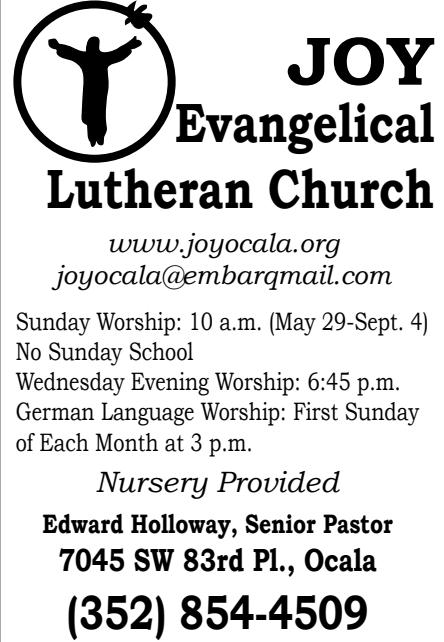
1: Carl Woodberry; 2: Jan Sigafoos; 3: Walter Kickenlooper; 4: Ron McNeilly; 5: Phyllis Bressler.

May 30

1: Cindy Brown; 2: Agnes Weber; 3: Fran Griswold; 4: Myra Butler.

June 6

1: Fran Griswold; 2: Walter Hickenlooper; 3: Phil DeVeto; 4: Flo Penn; 5: Carl Woodbury.



Sunday Worship: 10 a.m. (May 29-Sept. 4)
No Sunday School
Wednesday Evening Worship: 6:45 p.m.
German Language Worship: First Sunday of Each Month at 3 p.m.

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Tuesday Afternoon

By Agnes LaSala

May 3

1: Mazie Millward & Sara Anderson; 2: Bernie Kelly & Joe Zwick; 3: Betty Morris & Shirley Stolly.

May 10

1: Betty Morris & Shirley Stolly; 2: Florence & Norbert Heckler; 3: Mazie Millard & Sara Anderson.

May 18

1: Betty Morris & Shirley Stolly, & Bernie Kelly & Joe Zwick; 2: Agnes Weber & Millie Fellin.

May 25

1: Betty Morris & Shirley Stolly; 2: Betty Larson & Mazie Millward; 3: Bernie Kelly & Joe Zwick.

Tuesday Night Dup

By Marjorie Benton

May 3

1: Ida Rosendahl & Dick Mansfield; 2: Harry & Ruth Tindall; 3: Kathie Dushary & Steve Becker.

May 10

1: Bill & Ida Carlson; 2: Bruce & Marjorie Benton; 3: Ernie & Joan Lord.

May 17

1: Harry & Ruth Tindall; 2: Ernie & Joan Lord; 3: Bruce & Marjorie Benton; 4: Caryl Rosenberger & Jayne Kaske; 5: Bill & Ida Carlson.

May 24

1: Ida Rosendahl & Dick Mansfield; 2: Bruce & Marjorie Benton; 3: Rose O'Rourke & Pam Blawie; 4: Ida Rosendahl & Dick Mansfield; 5: Doris Keathley & Mary Carol Geck.

May 31

1: Bruce & Marjorie Benton; 2: Ernie & Joan Lord; 3: Rose O'Rourke & Pam Blawie; 4: Ida Rosendahl & Dick Mansfield; 5: Doris Keathley & Mary Carol Geck.

Wednesday Afternoon

By Fran Griswold

Twenty-five years ago in June On Top of the World became our home. We found a wonderful community of good and caring people and it has been great for my family. I was lucky to become involved with bridge and we have some of the most caring and giving members. Please come join us at 12:25 p.m. each Wednesday. We will be glad to see you.

May 18

1: Bill Mahoney (4350); 2: Mary Culberson;

3: Dot Calbeck; 4: Phyllis Silverman; Cons: Fran Griswold.

May 25

1: Iro Lisinski (4760); 2: Fran Griswold; 3: Helen O'Brien; 4: Eleanor Giardina. Cons: Alice McDaniel.

June 1

1: Shirley Stolly (4540); 2: Phyllis Silverman; 3: Fran Griswold. 4: Ida Rosendahl; Cons: Pat Golgart.

June 8

1: Iro Lisinski (4740); 2: Mary Culberson; 3: Esther Lang; Cons: Esther Lang.

Thursday Afternoon

By Alice McDaniel & Phyllis Silverman

April 28

1: Florence Heckler; 2: Shirley Ebert; 3: Joyce Walchak.

May 2

1: Marge Starrett (5430); 2: Florence Heckler; 3: Shirley Ebert; 4: Nancy Clarkson.

May 12

1: Agnes LaSalle; 2: Mazie Millward; 3 (tie): Gloria Richards & Joyce Walchak.

May 19

1: Alice McDaniel; 2: Marion Turbin; 3: Gloria Richards; 4: Phyllis Silverman.

Thursday Night

By Dick Mansfield & Ida Rosendahl

May 19

1: Carl Woodbury; 2: Agnes Weber; 3: Dick Griswold; 4: Joan Sigafoos; 5: Fran Griswold.

May 26

1: Carl Woodbury; 2: Tom Marta; 3: Fran Griswold; 4: Myra Butler; 5: Jayne Kaske.

June 6

1: Norbert Heckler; 2: Mary Culberson; 3: Flo Penn; 4: Dick Griswold;

June 13

1: Betty Morris; 2: Ida Rosendahl; 3: Fran Griswold; 4: Agnes Weber.

Friday Night

By Phyllis Bressler & Jayne Kaske

May 13

1: Mildred Lane; 2: Hazel Merchant; 3: Carol Johnson; 4: Dick Mansfield; 5: Jayne Kaske.

May 20

1: Joan Lord; 2: Harry Tyndall; 3: Ginnie Barrett; 4: Elly Rapacz; 5: Ida Rosendahl.

May 27

1: Rose O'Rourke; 2: Agnes Weber; 3: Jayne Kaske; 4: Myra Butler; 5: Ida Rosendahl.

June 3

1: Dick Mansfield; 2: Jan Moon; 3: Millie Farrell; 4: Jayne Kaske; 5: Marge Benton.

June 10

1: Jack Martin; 2: Georgia Steinwedel; 3: Joan Lord; 4: Ginny Barrett; 5: Eleanor Giardina; 6: Millie Farrell.

PINOCHLE

Kohrs (perfect score); 2: Gayle Argano; 3 (tie): Sam LoBianco, Lee Phillips, Bill Eberle & Marie Marquis; 4: Nancy Kowsky; 5: Jerry Lins.

May 13

1: Out of 31, Wendell Kohrs; 2 (tie): Paul Agarwal, Verna Harsh & Esther Lang; 3 (tie) Jerry Dean, Jerry Pinter & Walter Hickenlooper; 4: Phyllis Wall; 5 (tie): Andy Mark & Fred Lang.

May 20

1 (tie): Out of 26, Phyllis Wall & Jerry Dean; 2: Irene Pisani; 3 (tie): Bev DeBusschere & Buck Chailliet; 4 (tie): Marie Marquis, Joe Scrivo & Betty Legg; 5: Sharon Dean.

May 27

1: Out of 23, Jerry Harris; 2: Walter Hickenlooper; 3: Gayle Argano; 4: Irene Pisani; 5: Bill Eberle.

Friday Night

By Joe Askenase

May 13

Four Handed Game
1: Ruse Riegler; 2: Jim Hein; 3: Lou Fisher.

Five Handed Game

1: Vi Horton; 2 (tie): Maria France & Marcy Askenase; 3 (tie): Diana Riegler & Jeff Hoelzer.

May 20

Six Handed Game
1: Virgil Taylor; 2: Marcy Askenase; 3: Lou Fisher; 4 (tie): Shirley Coe & Vi Horton.

May 27

Five Handed Game
1: Marcy Askenase; 2: Lou Fisher; 3: Lynn Hoelzer; 4: Russ Riegler.

Six Handed Game

1: Maria France; 2: Virgil Taylor; 3: Shirley Coe & Jim Hein; 4: Maria France; 5: Marcy Askenase.

June 3

Four Handed Game
1: Lou Fisher; 2: Virgil Taylor; 3 (tie): Shirley Coe & Jim Hein; 4: Maria France; 5: Marcy Askenase.

Tuesday Night

By Alberta Sarris

Arrive at 5:45 p.m.; start time is 6 p.m.
For information, call 237-4005.

May 3

Single Deck Winners
1: Millie Ferrell; 2: Audrey Bartolotta; 3: Albert Novotny.

Double/Triple Deck Winners
Tables 1: Alberta Sarris, Verna Harsh, & Norma Yonke; 2: Ilse Kersey & Lee Topf; 3: Virgil Taylor & Joe Scrivo.

May 10

Single Deck Winners
1: George Dertinger; 2: Andy Mark; 3: Lois Rider.

Double/Triple Deck Winners
Tables 1: Verna Harsh & Charlie Distler; 2: Norma Yonke & Ilse Kersey.

May 17

Single Deck Winners
1: George Dertinger; 2: Whitney Frye; 3: Kathy Pinto.

Double/Triple Deck Winners
Tables 1: Vi Horton & Verna Harsh; 2: Lee Topf & Norma Yonke; 3: Joe Scrivo & Virgil Taylor.

May 24

Single Deck Winners
1: Edith Kolb; 2: Bernard DiGregorio; 3: Lois Ryder.

Double/Triple Deck Winners
Table 1: Jerry Beakley & Verna Harsh; 2: James Hein & Sue Kelly; 3: Joe Scrivo & Jim Hein.

May 31

Single Deck Winners
1: Andy Mark; 2: Albert Novotny; 3: Millie Ferrell.

Double or Triple Deck Winners
1: Alberta Sarris, Norma Yonke, & Sue Kelly; 2: Charlie Distler & Lee Topf.

Saturday Night

By Mildred Ferrell

Come join us at 5:30 p.m. on Saturdays, and play pinochle to your heart's delight; where fun and laughter fill the air! We are in the card room near Health & Recreation Building.

May 7

1: Gene Hubbard; 2: Millie Ferrell; 3: Ilse Kersey.

May 14

July 2011

The World News

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**Model Railroaders**

By Jim Devine

Last month, we discussed choosing which scale (i.e., size) trains your model railroad will use, and what time frame you want to model. With that done, the next step is to design your layout.

Luckily, there are many model railroad layout designs that you can find in magazines, books, and on the Internet. All you have to do is determine how much room you have for your railroad, and pick a design that fits that space. Space is always at a premium, so you will undoubtedly have to decide what elements you consider a must, and which ones you're willing to do without since there's never enough room for everything.

Of course, you can design a layout yourself. There are computer programs that exist that will help you with your design, and a number of our club members have used them. Any layout would require a main track (preferably two), a passing siding, some industrial spurs for freight operations, and a train yard.

You don't want to simply have trains run around in circles. You want to have them make stops to pick up freight, drop off empty boxcars, and do some switching. Your train yard should not simply be a place where unused trains are stored.

In a train yard, small engines (called yard goats for some reason) put the cars of a train in the correct order so they can be dropped off easily. All the necessary switching is (hopefully) done in the yard so the train crews can stay on schedule when making deliveries and pick-ups.

You should consider having changes in elevation so you can run trains past mountains and through valleys. Also, having a river or lake scene can be visually impressive.

In designing a layout, you need to follow a variation of the old carpentry bromide of, "Measure twice, cut once." For obvious reasons, you don't want to rip up track once you have installed it.

One of the mistakes the On Top of the World Model Railroaders Club made was to install track, and lock it into place with ballast, before we were sure that we were completely happy with the design and how the trains were operating. In view of this, almost all the track that you see on our HO layout is "second generation."

In other words, we ripped up almost all the track we originally installed and replaced it with new track. As you can imagine, this was a costly and time-consuming exercise.

Although many of our members have gone north for the summer, we try to work on the layout and do standard maintenance on Tuesdays from 1 to 4 p.m. Feel free to stop by and visit. The train room is in a room off of the Fitness Center in the Health & Recreation Building.

Our monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Crafts Building. Please join us if you're interested in becoming a member.

**FREE BALANCE ASSESSMENTS**

Health & Recreation Building

Thursdays at noon

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**Stamp Club**

By David Groves

"Mark twain!" In the 1800s, that meant that the depth of a river was at least 12-feet, so the river was safe to navigate. But by 1869, Mark Twain had another meaning!

It became the pseudonym of a man, born in 1835, who grew up in the river port town of Hannibal, Mo., became a licensed Mississippi river pilot, newspaper reporter, feature writer, and world-famous author — Samuel L. Clemens — or, Mark Twain.

Mark Twain's first book was "The Innocents Abroad," followed by "The Adventures of Tom Sawyer" and "The Adventures of Huckleberry Finn" in 1885 and 25 other books and countless short stories before his death in 1910.

The United States Postal Service first honored Samuel L. Clemens in 1940 by including him as one of five famous American authors.

In 1960, the Soviet Union also issued a Mark Twain commemorative portraying Clemens and a statue of Tom Sawyer and Huck Finn.

On June 25, the USPS issued a new, colorful Mark Twain commemorative featuring his portrait and a Mississippi River

**Mark Twain commemorative stamp.**

steamboat.

During an On Top of the World stamp club meeting in May, our president, John Renyhart, gave an excellent talk about World War II's "Rosie the Riveter" and other women on stamps who have made major contributions to women's historic and successful actions to achieve equal rights in the United States.

Also, in May, Suzanne McGuire, district volunteer coordinator for the Marion County Public Schools discussed our club's participation in Veterans Day activities including a special Veterans Day stamped envelope featuring patriotic stamps and postmarked Nov. 11, 2011.

She also described "Veterans in the Classroom" activities and the need for volunteers.

In June, this writer gave a brief talk about the Washington 2006 World Philatelic Exposition, which featured over 4,000

displays of rare stamps from 68 countries.

In addition, the USPS, 136 foreign postal administrations and 200 stamp dealers from 26 countries offered stamps and other philatelic items for sale. Some 226,817 people, including 6,000 kids, attended this show. Members were invited to attend the next worldwide stamp show (New York 2016).

In addition to interesting talks, our club members also had fun trading stamps with each other and exchanging information about their individual collections. Our stamp auctions are fun too!

Our club's 2011 stamp show will be held on Sept. 10 and 11 at a new location. Please contact Stan Lander by e-mail at Slander3@otowhomes.com or call him at 369-8977.

We meet the first and third Wednesdays of the month at 1 p.m. in the second floor conference room of the Bank of the Ozarks (formerly Park Avenue Bank) on SW State Road 200 and the SW 90th Street entrance to On Top of the World.

Monthly evening meetings are held on the second Wednesday at 7 p.m. in the Queen of Peace Church library.

For a free "Guide to Stamp Collecting" kit, please contact Joe Rosinski by e-mail at jrcr8850@embarqmail.com or call him at 237-7366.

Visitors are always welcome and annual membership dues are only \$6.

For additional information about the General Francis Marion Stamp Club, please call Roy Schwartz at 237-1204 or send an e-mail to royst78@webtv.net.

All club meetings are scheduled for the second Friday of the month at the Arbor Conference Center, Suites E, F and G, at 7 p.m.

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Office will be closed Wednesday, July 20 from noon to 1 p.m.

Republican Club

By Jerome Cauda

The regularly scheduled meeting was held on Friday, June 10 in the Arbor Conference Center, at 7 p.m. The primary speaker was John Newstreet, the new district representative for U.S. Congressman Cliff Stearns. Candidates scheduled for the 2012 primary election also addressed club members.

Tickets went on sale for the annual picnic scheduled for Friday, Aug. 12. If you have not already purchased your tickets, you may do so at the July meeting or by contacting Judy at 291-0887, Opal at 237-

7737 or Fred at 854-9976.

Club members who volunteered for the Ritz Historic Inn renovation project in April were apprised of the upcoming planned work schedule. The Inn is being converted into efficiency apartments for homeless veterans. The club is responsible for furniture preparation and placement (i.e., painting, polishing and repair). Work is to take place through July. Help is always welcome; if interested, contact Fred at 854-9976.

The next meeting is to be held on Friday, July 8 in the Arbor Conference Center, Suites E, F and G, at 7 p.m. Guest speakers will include primary candidates for sheriff and school superintendent in addition to candidates for other offices (i.e., school board, county commissioner).

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With Oil Change

CLUB MEETINGS

To make changes, call the Activities Office at 854-8707, Ext. 7530 or 7533

Monday

6:00	Lap Swimming	AC
8:00	Mixed Tennis D	CTS
	Water Walk	ACIP
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Ceramics 9-2 p.m.	Art
9:30	Ladies Billiards	PLR
	Shuffleboard (Sept. - Apr.)	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
	Tai Chi	ACF
10:30	Water Walk	ACIP
11:00	Golf Groups	PAV
11:30	Lap Swimming	AC
12:00	Mah Jongg	CC:A
	Beginner II	HR
12:30	Bridge	CR
	Aqua Belles	ACP
12:45	Line Dance (Sept.-Dec.)	AC
1:00	Line Dance	
	Newcomers Class	AC
	Intermediate Line Dance (Sept.-Dec.)	H&R
	Dominoes	CC:H
1:30	Shuffleboard	CTS
	Line Dance	ICC
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
	Line Dance (July- Sept.)	HR
2:30	Line Dance Level II	HR
3:00	Line Dance (Sept.-Dec.)	HR
4:30	Line Dance Level I (Sept.-Dec.)	HR
5:00	Mah Jongg	CC:A
5:30	Beginner Line Dance Level 1	HR
6:00	Table Tennis	CC:D
	Men's Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Dominoes	CC:G
	Mah Jongg	ICC
	Pinochle	MR2

1st Week

7:30	Marion Blood Bank (All Even # Months Only)	PL
9:00	Life South Blood (All Odd # Months Only)	PL
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
3:30	Handicap Comm.	CC:H
4:00	Billiards	ART
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
	Sunshine Singers	HR

2nd Week

10:00	Genealogical Society	MR3
7:00	Theatre Group	CC:E,F

3rd Week

10:00	Genealogical Workshop	CC:B,C
1:30	D'Clowns	CC:B,C
5:00	Card Game	CC:C
6:30	Sunshine Singers	HR

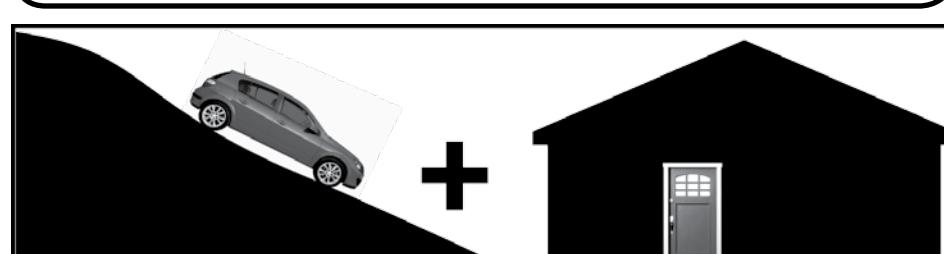
4th Week

3:00	Community Patrol	CC:B,C
4:00	Candler Potluck	CCC

Tuesday

6:00	Lap Swimming	AC
8:00	Men's Tennis	CTS
	Arts & Crafts	HR
	Fun Time Cloggers	HR
	Water Walk	ACIP
	R.C. Flyers Club	Field
	Pickleball	CTS
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
9:00	Computer Club	CC:B,C
	Hand & Foot	
	Tai Chi	AC
	Canasta	CR
	Woodworking	WW

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Rubber Stamp Greeting Cards

By Bev Taylor

Patty Beeman was our presenter at our June meeting. She brought us two cards - one unique in that it used recycled material.

This first card used a stamped image of a woman's profile wearing a hat. Her face was cut out and this was layered to a coordinating piece of cardstock. Five layers of brown paper (used as filler in packaging) were punched with a scalloped circle punch. These were stamped with a flourish stamp and then stapled together. This was then cut in half, scrunched, and then applied with glue over the stamped hat. The hat was adorned with a bow and a pearl or gem. We were provided with patterned paper and a strip of paper punched with a border punch. This was attached to a card front. We finished it off with two pieces of narrow ribbon. Neat "green" idea, Patty.

For the second card, we were given the papers that were needed and the dimensions prior to our meeting. An image of three gals at a table with stamping and paper crafting supplies was stamped on a piece of white cardstock. This was colored with our favorite coloring medium. This was then layered to colored cardstock and attached to a card front. A coordinating ribbon was attached. The sentiment for the inside read, "she who dies with the most stamps - wins."

It was interesting to check out all the other cards and see what colors were used.

We always seem to enjoy our time together. If you would like to join us, give me a call at 854-3079.



Line Dancing

By George Conklin

Use it or lose it, as the saying goes. Dancing is good for your health both physical and mental. It is both low impact aerobic exercise and meaningful social contact.

I just read an article in one of the local glossy paper publications by cardiologist Dr. Ferns, "Dancing will reduce the risk of dementia by a whopping 76%." This quote comes from the New England Journal of Medicine. The comparison was dancing versus walking, tennis, swimming or golf. Line dancing burns more calories per hour than a brisk walk. This exercise also improves balance and gait.

If you have been thinking it is time to get up and start an exercise program and the gym is not your thing, come dance. Both of the major local health providers have line dance classes. On Top of the World provides us with the Health & Recreation and Arbor Club Ballrooms for our residents-sponsored classes and practice sessions.

In July and August, practice sessions are Mondays in the air-conditioned Health & Recreation Building and Friday and Saturday nights under the stars at Circle Square Commons.

Come join us! Dancing is easy; just try it. For detailed information, please contact Bernie and Teresa Randolph at 291-7570; Janice Meade at 861-9345; Bob Ferguson at 873-4478; or Carole Smith at 237-4826.

Stay in line and step when the drum goes thump.



Happy Hookers

By Yvonne Bednar

All 13 us enjoyed the lunch outing to Sammy's Pizza & Restaurant on Monday, June 6.

Since many restaurants are closed on Mondays, would you be willing to change to another day for the luncheon outing only? Think about it and bring your thoughts to this to the next Happy Hookers gathering. The next lunch outing is Monday, Aug. 1.

To those of you who have never attended our group but would like to stop in and see what we are all about, you are welcome to stop by on Mondays from 1:30 to 3 p.m. in the Art Room. We meet all year and attend when we are able to. We are informal, chatty and like to do our own thing (knitting, crochet, embroidery, etc.) for whomever. You do not have to be an expert knitter.

If you need more information, call Naomi Berman at 873-4328.

Have a safe and fun summer.
Knit one, purl two.



Artistic Crafts & Gifts

By Loretta Troutman

We are on summer hiatus. Some of us are already working on new items or adding to their stock of your favorite items.

If you are a crafter and have been thinking of joining us, please call Rene Beck for details.

We will return to our regular schedule on Tuesday, Sept. 6.

Keeping Fit

By Mary Culberson

When I walk into the workout center And gaze around the floor I see a lot of senior citizens Waging an all-out war.

Some are squeezing the padded bars Others are lifting heavy weights A few are rowing for all they're worth And several are checking heart rates.

There is a very small room Where grown men whack a hard little ball They bounce it against the ceiling And then against the wall.

It looks pretty funny to me But I guess it makes sense to them If they ever get hit in the head We'll notify the next of kin.

Others are pedaling with a vengeance Perhaps with a hint of pain I have to admire them for it Determination is their game.

Many people are on the treadmill Walking as fast as they can Their doctor told them to go 10 miles In order to feel young again.

No matter what their motives are They strive right to the core If this is really what it takes Dear friends, you are winning the war!

Time Be Kind

By Annette Sharpe

Time, be gentle with us, please. We flower, not as youth, But, as sages of the ages, A bit long in the tooth.

We have great wisdom, Now, more than ever. We're also more prophetic, And, somewhat clever.

We often speak our mind, But, never like a preacher. Of course, hindsight, we know,

To be the greatest teacher. Our time was never wasted, As some might have guessed,

But was spent in busy living, With very little rest.

Why have you wrinkled our brows, And made our old bones ache, And, why do we often forget Appointments we make?

Don't be so hard on us. Please don't treat us so. If you've some grudge against us, We'd really like to know.

Don't leave us bereft of beauty, Without purpose or duty,

Longing to be young today, Important in some special way, And, don't let us feel obsolete.

Time, be kinder, be more gentle, Treat us tenderly when we meet,

But we never hear you coming, For you walk on silent feet.

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Sewing Bees

By Linda Lohr

Happy July, everyone! The Bees hope you have a wonderful Fourth of July, and a fantastic summer.

The hive is buzzing, even in the hot summer months—thank goodness for air conditioning! Even in this heat, we are busy making quilts for cool evenings and the coming cold weather. Quilts are so comforting to a young, scared child. And we

sew love into each item we make!

Contributions of cotton material are most welcome. If you no longer sew and have material stashed in your closet, our group will put it to very good use. Monetary donations are used to purchase our batting for the quilts.

Our group meets every Thursday, from 12:30 to 3 p.m., in the Art Room, above the miniature golf area. Stop in and see how talented our sewers are and the beautiful work they do. You will be amazed at the volume we produce every year.

If you are interested in making a donation or becoming a member of the hive, please contact LeeAnn at 854-7205, or Marcia 854-1181. Until next time, we will keep on buzzin'!



Photo by Linda Lohr

Cuddly teddy bears created by the Sewing Bees are ready for children.



Photo by Tekla Krause

Sunshine Quilters raffle quilt.

Sunshine Quilters

By Tekla Krause

Plans are being made for our "shop hop" scheduled to occur Tuesday, July 26. We will be traveling to three shops, two in north Florida and another in Georgia. If you haven't signed up yet, call Murilla Wester for details.

Our raffle quilt is ready to go. Tickets are available from many of our members including Lee Potoma. The drawing will

be Saturday, Oct. 22 at the end of the Craft Fair. A special thank you goes out to Jeanette Wroblewski for planning this beautiful quilt. Many members made the applique blocks with Jeanette putting the top together. Renee Aden machine quilted it at her summer place in Minnesota.

It is already a well-traveled quilt, promising to make some lucky winner very happy. The proceeds of the raffle will help defray the costs of batting and backing, which we use to make our comfort quilts, which we donate to the needy in Marion County.



Photo by Bob Woods

Can You Name This Popular Flower?

By Bob Woods
World News Writer

CLUES: This flower, when in bloom, is usually in large panicles. It has a strong fragrance and it symbolizes love. It is hardy if grown in zones three through seven.

ANSWER: Lilac.

Candler Hills Restaurant

(352) 861-9720
www.CandlerHillsRestaurant.com

[f](#)

The Pub

(352) 854-0761

Early Bird Dinner Specials

July 2011

Monday - Thursday
from 4-6 pm \$9.95
(after 6 pm \$12.95)

Served with choice of soup or salad, rolls with whipped honey butter and chef's choice dessert

Grilled Salmon

With wilted spinach and a sherry cream sauce served with wild mushroom risotto

BBQ Beef Kabob

Fire roasted BBQ beef kabob with mushrooms and onions with a roasted corn brandy sauce, served with garlic mashed potatoes

Applewood Bacon Wrapped Medallions of Pork Tenderloin

Finished with Pork au Jus and apple chutney, served with wild mushroom risotto

All prices are plus tax and gratuity.

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The Preferred and Elite Membership Programs are social programs whereby members receive 5% discount on all food and beverage items and 10% on additional sides, desserts and appetizers purchased at Candler Hills Restaurant and The Pub. Members also receive VIP reservations for restaurant seating and admission to special member-only events.

For first time members, annual fee is prorated effective July 1, 2011 for balance of year.



*To participate in the member program, a membership fee and an annual agreement signed by the member(s) are required. The Pub is private and for residents who are Gateway of Services pass holders only.

For more information, call 854-2765.

New Expanded Menu!

Candler Hills Restaurant is excited to introduce a new expanded menu to compliment the current delicious set of choices!

Some new items include:

APPETIZERS:

New fares include Fried Veggie Basket, Crab Stuffed Mushrooms and Spinach Artichoke Dip.

"SPUDLY" CHOICES:

14 to 16 oz baked potatoes loaded with all the stuff you like.

BURGERS & CHICKEN:

Build your own burger or grilled chicken sandwich

PANINIS:

Choice of Cuban, Chicken Pesto or Italian.

SOUPS & SALADS:

If you are in the mood for a fresh salad, we have our popular Cobb or Key Lime salads and our soups are made fresh daily.

SANDWICHES:

Enjoy a fresh hot sandwich, like a Rueben, Rachel, Crab Cake or grilled Mahi Mahi.

HOUSE SPECIALS:

Try "Greg's Famous Meatloaf" or the popular Fish and Chips.

DESSERTS:

Delicious homemade desserts including Kahlua Flan, Killer Chocolate Brownie Sundae, Key Lime Pie and more!



CLASSIFIEDS

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing. Estate or Tag Sales must be registered and approved by Customer Service prior to advertising.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownnews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 100, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownnews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

For Sale

3-M Hot Melt Gun with adhesives. \$49.95. 873-4759.

Aerosol Portable Nebulizer: For COPD patients. \$69.95. 873-4759.

Air Cleaner: Bionaire, large model in excellent condition. \$40. 861-0321.

Animal Carrier: Medium size, \$30. 873-4759.

Bedroom Furniture: honey maple vanity with five drawers & mirror, dresser with mirror, chest of drawers, night stand, full bed complete with zipper covered Beautyrest mattress, pad, pillows, covers, shams, sheets & bedspread. 854-1555 (after July 13).

Bicycle: Ladies 8-speed, thin tires, \$95. 873-4759.

Bollinger Trim-Rider exerciser: Good condition. \$50. 854-8532

Boxes: heavy-duty moving boxes, 35-40 total, various sizes. \$40 for all. Call Kaya at 671-1177.

Canon Super-8: Auto-zoom #814 movie camera, \$119.95. 873-4759.

Combination CD Player & Recorder: Brand new, asking \$95. 873-7144.

Computer, Printer and Desk: \$350. 854-2245

Craftsman Electric Gun: \$19.95. 873-4759.

Desk with top hutch and filing cabinet. Light blond color. \$100. 237-3426.

Dinette Set: Chromcraft 42" round wood table & mica top with 18" leaf. Four swivel chairs included. Excellent condition. 873-1918.

Dining Chairs: eight contemporary brown leather high back chairs with silver matte legs. Excellent condition. \$400 for set. 873-3995.

Drafting Table: Adjustable height stool. \$24.95. 873-4759.

Entertainment Center: Sauder unit will hold 37" TV with doors, drawers and locking door unit for lots of storage. \$150. 237-3426.

Estate Sale with Ruth: Friday, July 22 & Saturday, July 23, 8:30 a.m. to 2 p.m. 9753 SW 90th Street (Providence section near Avalon).

Gasoline Generator: 9HP, 4,500 peak watts. \$450 (cash only). 873-8840.

George Foreman countertop broiler, \$20. 861-2540.

GoGo Elite Traveller & Cart: Mobility scooter with oversized tires, heavy-duty battery & motor. Used twice. Call John at 671-3765.

Golf bags, clubs, tees & balls. \$30. 861-2540.

Golf Cart Sunbrella Seat Cover: three piece for Club Car and fits two separated back seats. Green/beige, like new. \$65. 237-3426.

Golf Set with bag, \$69.95. 873-4759.

Golf Shoes: two pairs of all leather Florsheim Imperials. Good condition. Size 8EEE. \$15. 854-8810.

Misc. Items: Bread machine, never used, \$20. Two portable hose reels on wheels, \$10. Sears upright freezer, \$125. 861-1030.

Misc. Items: Table saw, Ryobi 10" on bench with attachments. Rigid laser chop saw on bench. \$125 each. Aluminum 20' extension ladder, \$75.

789-1701.

Misc. Items: TV wall arm mount 19-27". \$15. Leo's tap dancing shoes, black, 8-1/2, \$15. 3 Ping Pong paddles, \$5. 1 tennis racket in case, Wilson, \$5. Wooden bingo card holders, \$5. Elastic square dancing belts, \$2. 291-7670

Patient Walker: \$29.95. 873-4759.

Pictures: Walnut frame beach scene, 43x31, \$50. Blue and white tropical scene (self framed around the picture), 30x25, \$30. Both in very good condition. 237-4270.

Power Chair: New Jazzy with convenient features. 873-4759.

Refrigerator: Whirlpool, 21 cu. ft., white with icemaker. Like new, \$250. (631) 806-3157.

Scooter: 4-wheel Electric City Bug. 873-1775.

Sewing Machine: Singer portable or mounted. \$50. 622-9130.

Tag Sale: Friday, July 1 & Saturday, July 2, 8 a.m. to 1 p.m. 8634-C SW 92nd Street (Friendship Colony).

Tag Sale: Friday, July 15, 10 a.m. to 2 p.m. 9002-B SW 96th Lane (Friendship Park).

Toaster/Broiler: four available in various sizes. Prices negotiable. 861-2540.

Vacuum: Hoover self propelled upright with all tools. Very good condition. \$35. 861-0321.

Walker: new, large with brake handles and seat. \$75. 622-9130.

Services

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bathroom Remodeling: specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508.

Blinds, Shades & Drapery Rod Repairs: in your home by certified and experienced installer. Call Gary or Kathy at 352-344-3805.

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Caretaker: Providing all types of home health care tailored to your needs. Hourly, daily or weekly. Call Debby (352) 447-5551. FL Lic. #CNA68800.

Carpet Cleaning: Countryside Chem-Dry, serving OnTop of the World residents for 11 years. Dry in hours, not days. 307-4100.

Cat and/or House Sitting Services: for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

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by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

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Flooring: Laminate & wood installation. Visit us at www.KrumanServices.com for a list of our services. Lic. & Ins. Call Dan at 361-4055.

General Maintenance: Trimming, weeding, edging, pressure wash driveways and gutters, wash windows. On Top of the World resident. Steve at 237-5338.

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Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927.

Sprinklers: Repairs, maintenance and much more. Visit us at www.KrumanServices.com for a list of our services. Lic. & Ins. Call Dan at 361-4055.

Transportation: affordable, safe & dependable driver. Longtime resident for all your transportation needs (no airports). Excellent references. Call Bonnie at 854-7516 or 216-7509.

Transportation: airports (Tampa, Orlando, Sanford & Gainesville) and seaports (Tampa & Port Canaveral). Safe, reliable with references. Call Fred (resident) at 207-6581 (cell) or 237-0860 (home).

Transportation by Martin: doctor appointments, shopping & errands. Call 304-8947 (resident).

Transportation: Diane is back! Helpful Hand. Sit back relax while I do the driving. Call Diane 873-8388.

Transportation: door-to-door service. Tampa, Orlando, Gainesville, Seaports, doctor appointments, etc. P&CTransport (resident) 509-4417 or 497-7670.

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

Wanted

Bowlers: Monday afternoon league beginning on Sept. 12. Singles or couples needed to bowl for fun. Call Jerry at 873-4327.

Bowlers: Teams forming for the fall. Singles or full mixed teams needed for Thursdays at 3 p.m. starting in September. Call Jim at 873-1281 or Vic at 351-3674.

Guns: On Top of the World resident interested in buying guns, new, old, any condition. 867-0381 (home) or 266-9781 (cell).

Part-Time Delivery Driver for dental laboratory in Ocala and The Villages area. Must have dependable vehicle. Monday through Thursday. \$10 per hour plus mileage. Call 1-888-270-1453. Specify OTOW resident.

Part-Time Sales Assistant: Previous jewelry sales experience preferred. Math and computer skills required. Apply in person at Gem Galleria, Friendship Center.

Pinochle players! The fun begins at 5:30 p.m. every Saturday in the card room near the Health & Recreation Building. No partner needed. Call Millie Ferrell at 237-8040.

Sports Equipment: Donations for our troops in Afghanistan and elsewhere. Call Bob Woods at 854-0702. Free pick up available.

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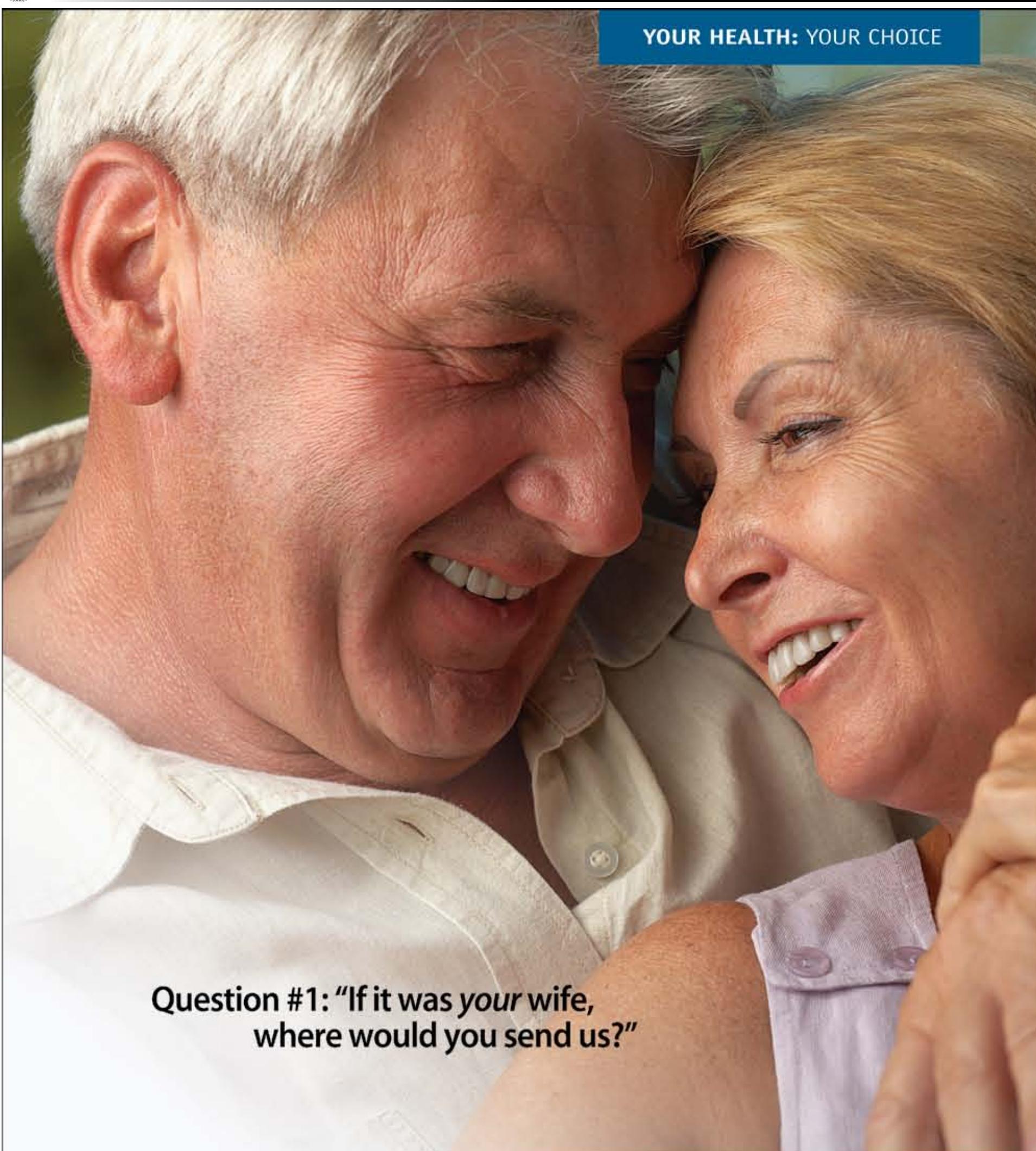
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All of the physicians in our Emergency Departments are board-certified in Emergency Medicine, and our Intensive Care Unit, which treats a hospital's sickest patients, is recognized annually as one of the best in the country. Munroe Heart, our award winning heart program, has made Munroe Regional one of the best, most comprehensive heart hospitals in Florida, performing over 20,000 procedures last year alone. Our Munroe Orthopedics program is the most comprehensive orthopedics and active lifestyle medicine program in the region.

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