



ON TOP OF THE WORLD NEWS

Section A

Where the news is always good!

Vol. 25, No. 10 • April 2012

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

On Top of the World is really a fun place! There are more events, meetings, and parties happening here than many people realize. It is also an incredibly generous community. Many residents volunteer for service organizations, mentor in the Marion County schools, and give back into the greater community.

Ocala Open

As I'm writing this column, the Ocala Open is still in progress. This event raised \$40,000, which was distributed equally to Interfaith Emergency Services and Hospice of Marion County. We had a playing field of 89 top golfers, both U.S. and international.

The planning that has gone into this event was nothing short of phenomenal. Most of the effort comes down to the 60 days preceding the event. Brian Boeling, together with the other pros and golf course staff, has worked very hard at getting the word out to potential players and the Florida Professional Golf Tour coordinators.

Things wouldn't have gone near as well as they did without golf superintendent, Andy Jorgenson, and his staff in getting Candler Hills in really terrific condition and able to withstand the rigors of three days of hard play. So far, as the technical aspects of course condition and tournament organization go, we were in great shape.

That being said nothing would work as well as it did without the coordination of resident volunteers. Many thanks to the entire Ocala Open employee committee for the hard work that goes into this tournament; and special thanks to Lisa Lazaro who was in charge of volunteer coordination. We can't say enough about the support we get from our volunteers. They make our tournament a great success!

The amount of work required by our marketing department is phenomenal and was led by Karen Brothers. The hospitality division, headed by Don Hall and the Candler Hills staff, did a great job on the food and beverage service for the Pro Am roundup, as well as all three days of tournament play.

We look forward to 2013 and repeating this success. Hopefully, we can expand the field of players and raise even more money for local charities.

Master the Possibilities

April will be another great month at Master the Possibilities. It begins with the fifth annual Bonsai Exhibit, which includes presentations and demonstrations. This is one of my favorite events at Master the Possibilities. It is remarkable how the Marion Bonsai Society is able to transform the open area into a beautiful "forest of art." You really should take time to see and learn more about this ancient art form. Take a class ... attend a demonstration ... stop by!

This month, we will see 112 classes, presentations and lectures begin. It is by far the most ambitious April to date. The variety of offerings is exceptional. There's bound to be something to interest you. (There are even classes geared towards you and your grandchildren who often visit during this time of year.)

We have added a special lecture by Wesley Wilcox, assistant supervisor of elections. On April 10, at 2 p.m., Mr. Wilcox will be speaking on redistricting and how that will affect On Top of the World as well as Marion County. Mr. Wilcox is incredibly knowledgeable and will make even this dry topic interesting and relevant.

This past February, Master the Possibilities surveyed the community of learners regarding its programming. You can hear about the findings as well as new directions on Thursday, April 19, from 11 a.m. to noon, in Live Oak Hall. Join Director Dan Dowd and his staff to continue the dialog.

New Traffic Signal

Marion County Engineering Department released the design submittals for the signal at SW 80th Avenue and SW 80th Street in mid-February. The contractor has moved ahead with ordering the last of the components. The County Commission will consider approving golf carts to cross SW 80th Avenue at their meeting on Tuesday, April 3, at approximately 10 a.m.

We expect construction of the signal to begin in early June, and be completed by end of July. As is typical with any new signal installation, it will run in flashing mode for several weeks to make sure drivers know it will be fully operational shortly.

Circle Square Commons

At Circle Square Cultural Center, we look forward to welcoming Opera Tampa on Thursday, April 5, at 7 p.m. This is a free show, but you will need a ticket.

Never let it be said that we don't try new things! During the same week, on Saturday, April 7, we try something totally unique to the Circle Square Cultural Center - a Cirque show - The Best of Curcious. Yes, they will be swinging from our ceiling! Check them out online at www.CirqueFac

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By Bob Woods
World News Writer

A Canadian takes the title of winning the 2012 Ocala Open over a field of 89 starters at the Candler Hills Golf Club.

After three days of playing 54 holes, Yohann Benson, claiming Montreal as home, won the Open by two strokes. The last two rounds he finished with 64 on the 72 par course with a three-day total a score of 198, which is 18 under par. Coming in second was Willie Mack III from Flint, Mich.

Benson received a check for \$12,000

while Mack received \$7,000.

The 89 starters literally were an international group. There were six from Canada, two players from Washington, one from Maine and even one golfer from Ballybunion, Ireland. There were six players from the Ocala area.

The winner of last year's Open, Ted Potter, on break from the PGA Tour, was a caddy for Jeff Hill, one time semi-professional working at Candler Hills. Hill just



Photo by Bob Woods

Yohann Benson won the Ocala Open by two strokes.

Take the Bus!

By Ray Cech
World News Writer

Wanna know a secret? Here it is. There's a way to go shopping, spend time with friends, have lunch, and relax all in one great day, without ever getting in your car.

How? Ride the bus, but not just any bus. Since the beginning of time, On Top of the World has had its very own bus for the convenience of residents who want to leave their car at home, yet get in a day at their favorite stores.

Whether you're going to Stein Mart, Walmart, Dillard's, or any other areas along SR 200, the most economical, convenient and social way to get there is by riding the

On Top of the World bus.

Jim French, who has been driving the On Top of the World bus for more than four years now, says, "With the price of gas and all that traffic on SR 200, the best way to get anywhere is by riding my bus." And when Jim talks about his bus being "friendly," he quickly relates a story or two about folks in our community who have made lifetime friends while riding the bus.

But probably just as important is the convenience. You will be picked up at a central location or, if Jim's in the neighborhood, right by your front door. And at the

made the cut after two days of play but finished last in the Open's final day.

At the ninth hole, both Benson and Mack were tied, shooting five under par. Benson was four strokes behind Mack starting the final round but hit many birdies including one at the ninth. Benson took a one stroke lead at the ninth and continued the lead right to hole #18.

Shooting the 18th hole, Benson was leading Mack by only one stroke but Benson birdied the hole as Mack missed the green shooting par. Mack finished with a 70 for the final day. The last time Benson played in the Ocala Open was in 2009.

Speaking to many players as they departed the 18th hole, every one of them said the tournament was a lot of fun and they enjoyed playing the Candler Hills course. Each player acknowledged the response and approval of the spectators gathered at the 18th green.

The ceremonious check for \$12,000 was presented to Benson by On Top of the World's President, Ken Colen and General Manager of the On Top of the World Communities, Lynette Vermillion.

Ocala Open Pro Am

By Bob Woods
World News Writer

Nineteen teams vied to win first place in the Ocala Open Pro Am where three amateurs and one professional golfer made up each team. The winning amateur team members received \$125 gift certificates while the pro walked away with \$800. There were a total of three teams from On Top of the World including three ladies who are members of the Candler Hills Golf Club.

The biggest winners of this event were two charities, Hospice of Marion County and Interfaith Emergency Services of Marion County. Each was presented a check for \$20,000 from On Top of the World Communities by Ken Colen, President; Lynette Vermillion, General Manager; and Brian Boeling, Director of Golf.

Accepting the check for Interfaith Emergency Services was Executive Directors Karla Grimsley and Michael Mangan. Development Coordinator Karen Haven and Chief Executive Officer Mary Ellen Poe accepted the Hospice of Marion County check.

Thank you to all the sponsors and players who made this charity event such a success!

end of every shopping day everyone does, of course, get delivered to his or her front door. "It's a great day out," says Jim.

The new bus holds 14 passengers, and is very comfy. When the bus schedule calls for a trip, let's say, to Shady Oaks or Gaitway Plaza, or over to the Paddock Mall, riders will often do a bit of shopping and then jump into Five Guys for a burger, lunch at Applebee's, or an ice cream at Cold Stone Creamery. So, it doesn't have to be all shopping.

The On Top of the World bus has a regular schedule which can be found on page 16 of our community telephone directory, as well as on page 17 or 19 of the World News and under the bus schedule tab at www.otowfl.com.

The bus is convenient, friendly, and costs nothing. The secret is out; now take advantage of it.



Photo by Ray Cech

The community bus is a great way to get around town.



ON TOP OF THE WORLD NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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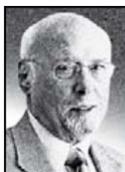
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GOLDEN OLDIES HUMOR

BY STAN GOLDSTEIN



I don't like your character - change it!



Is It Legal?

By Gerald Colen

Q. I am totally confused as to what the federal estate tax figures are. Can you give them to us?

A. Sure I can. In 2012, the annual gift tax exclusion is \$13,000 per year per person. In 2012, the lifetime estate tax exclusion is \$5,120,000; but in 2014 this changes back to \$1,000,000 with a 55% rate unless Congress acts to change it.

Q. As income tax time is approaching, can you give us an idea as to what does not have to be treated as income on an IRS tax return?

A. Before I begin a response, I need to give you two disclaimers:

1. You need to consult with your own

tax advisor in regard to what, if any items should be or should not be reported on your income tax return or, for that matter, whether you even need to file an income tax return.

2. You might be reading this after the tax deadline for filing 2011 IRS returns; so I hope that you've already discussed this with your tax advisor.

Now, with those disclaimers in mind, from IRS Tax Tip 2011-25, here are some – but not all that are listed on the Tip – common examples of items not included as taxable income. Child support payments, gifts, bequests and inheritances, workers' compensation benefits, compensatory damages awarded for physical injury or physical sickness; cash rebates from a dealer or manufacturer.

Some income may be taxable under certain circumstances, but not taxable in other circumstances. One of these that should be on interest is: life insurance proceeds

which were paid because of an insured's death are not taxable unless the policy was sold to someone and that person received the proceeds on the death of the insured.

Having said this, and once again, reminding you of the disclaimers I have stated, as a general statement, most of the income you receive is considered taxable. Keep in mind, however, that for those persons whose income does not reach a certain level, no matter what income they have, it may not be necessary to file an income tax return.

Q. What are the Medicaid rates?

A. Here are some of them but keep in mind that there are different figures that depend on many factors that are too complex for me to discuss in this column.

For 2012, the maximum community spouse resource allowance (that's what the non-nursing home spouse can keep) is \$113,640. The new income cap is \$2,094 per month. The monthly maintenance needs allowances for 2012 are a minimum of \$1,838.75 and a maximum of \$2,841. You should always consult with your attorney—preferably an elder law attorney—in order to make sure you understand what these numbers actually mean and how they might apply to you. The fact that I have given you these numbers may have none, some or a lot of application to your specific situation; but you won't know that until you sit down with your attorney.

Q. When it comes to living trusts, I have seen the terms "settlor" and also "grantor" and the term "living trust," "inter vivos trust" and "irrevocable trust." Can you explain these?

A. The words "settlor" and "grantor" are

used interchangeably to denote the person or persons who have established a trust for someone's benefit. I prefer the word "grantor" because that word is found in the Internal Revenue Code to refer to such persons.

The terms "living" and "inter vivos" trust refer to the same type of trust—a trust that was created during the lifetime of the Grantor. The term "inter vivos" trust is seen in the Internal Revenue Code.

An "irrevocable trust" is a type of trust that is created for some form of sophisticated tax or disability planning. In an irrevocable trust, property is transferred or conveyed from a grantor to the trustee of that irrevocable trust and after the conveyance, the grantor typically loses the ability to access the trust principal; although it may be permissible to have the trust's income paid to the grantor.

Q. We already know that you will not endorse any candidate for any office but we are wondering if you might clue us in as to for whom you personally would vote?

A. I would vote for George Washington or John Adams or Thomas Jefferson or Abraham Lincoln; but none of them appear to be running for election this year.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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All Around Our World

By Lynette Vermillion

Spring is definitely in the air. Flowers are blooming, the grass is growing, and pollen is everywhere. I love this time of year but I know all those suffering from allergies are probably wishing that we had not had such a mild winter. April also brings April Fool's Day, tax day, which has been extended to April 17 this year, Passover, Good Friday, Easter, Earth Day and let's hope lots of rain.

Ocala Open

Many, many thanks to the volunteers, employees, and sponsors who helped make this year's Ocala Open a success. This type of event couldn't be done without this great support. We had 89 players in the field for the first two days of the Open and 35 when the field was narrowed down on the third and final day of play. We are very thankful for the beautiful weather for all three days of tournament play. Congratulations to Yohann Benson who won the first place prize of \$12,000.

We were able to raise \$40,000 for charity—Hospice of Marion County, Inc., and Interfaith Emergency Services. Both received \$20,000 each and both are such a benefit to our community. We sincerely appreciate the continued support and look forward to doing it all again next year.

Candler Hills Restaurant

Thank you for complying with the new "no smoking" policy on the patio at Candler

Hills Restaurant, which went into effect on Thursday, March 1. Smoking is allowed in the designated area, which is on the south side of the Candler Hills Restaurant. Four tables are available in that area for those wishing to smoke. We greatly appreciate everyone's support and cooperation.

Golf Cart Permits

If you have not had your golf cart permitted with the new 2012-2013 permits, please stop by Customer Service and do so.

Residents are asked to bring proof of insurance (\$100,000/\$300,000 bodily injury), golf cart and handicap placard or registration (if applicable). All residents in the household will need to be present at the time of registration to sign a release prior to receiving a permit to operate the cart within the community.

Those residents desiring a handicap sticker for the cart will be required to comply with Section 320.0848, Florida Statutes. You may refer to the following website for more information or drop by Customer Service for a copy of the information: www.hsmv.state.fl.us/forms/handiform.html.

Golf Cart Lanes

Golf cart lanes are multi-purpose lanes for carts, bicycles and pedestrians. We encourage all users to be considerate of others and remind all that the rules of the road apply. The Florida Handbook on who has the right-of-way and safety rules for pedestrians is quoted below:

- **RIGHT-OF-WAY:** Who has the right-of-way in Florida? The answer is no one! The law only says who must yield (give up) the right-of-way. Every driver, motorcyclist, moped rider, bicyclist and pedestrian must do everything possible to avoid a

crash.

• **SAFETY RULES FOR PEDESTRIANS:**

While walking along a highway, always walk on the shoulder on the left side, facing traffic. Wear light colored clothing or use a flashlight to make you more visible to drivers at night.

Exiting the Community

Hopefully, you were able to attend the golf cart safety and maintenance class that was held in March and learned some great safety tips for driving within the community. It is important to always think safety first.

One tip for those who were not in attendance: As cars are leaving the main gate, we ask drivers to please use care when yielding to golf carts attempting to cross the boulevard. Please keep in mind that there are two lanes of traffic, and if you are in the right lane, the car exiting the community in the left lane may not be able to see the cart or pedestrian and therefore may not know to yield. Cart drivers and pedestrians should come to a complete stop, let all traffic clear the intersection and then cross.

Parking on Lawns

Please be advised that parking on your lawn, whether it is your golf cart or vehicle, is prohibited. Parking on the common areas is also prohibited. We ask that you please refrain from doing so.

Residents needing extra parking space may contact Customer Service for a space at the RV parking area. All golf carts and motorized vehicles licensed for road use must stay on the designated cart paths, and roadways and shall not be driven in private yards, between villas (unless operated in ingress and egress areas) or homes, on sidewalks, and on any golf course unless playing golf. Thank you for complying with the rules.

Animals

This time of year the weather is beautiful and many of our residents are taking advantage of it and also letting their canine companions enjoy it too. Please keep in mind though that if you are in a backyard that is not fenced or out walking your dog, it must be on a leash according to the Marion County Leash Ordinance. We ask that you keep your pet away from neighboring houses and lawns.

You must also pick up after your animal whether it is in your yard, the common area, etc. All feces must be picked up and disposed of properly as there are no locations on property where pets are allowed that do not require the owner or walker to pick up after the pet.

We appreciate your cooperation in complying with not only the rules of the community but the Marion County Leash Ordinance as well.

New to the Community?

Please be advised that if renting, leasing or selling a residential unit, pursuant to the Declarations, no residential unit may be occupied, leased or sold without the prior written approval of the occupant, lessee or new owner by the Association.

Without limiting the generality of the foregoing, the Association shall have the right, in its sole and absolute discretion, to deny approval of any proposed occupancy, lease or sale if, following the taking of the proposed occupancy, making of the proposed lease or closing of the proposed sale, the residential unit will not be occupied by at least one person who is 55 years of age or older ...

As a condition precedent to consideration for approval, each prospective occupant, lessee and purchaser must inform the Association in writing whether the residential unit will be occupied by at least one person who is 55 years of age or older and each proposed occupant, lessee and new owner shall appear for an interview with a designated representative of the Association.

In no event may any residential unit be leased in a furnished condition for an initial term of less than six months plus one week, and no residential unit may be leased in an unfurnished condition for an initial term of less than one year.

Whether renting, leasing, or selling a residential unit, interviews must be scheduled with John Porco (resale) or Linda Adamson (lease/rental) who can be reached through the sales office at 854-3600.

Irrigation

Now that we are observing Daylight Saving Time and can water twice per week, it is recommended that you check your irrigation system for proper coverage, leaks and head adjustment if you are not already doing so monthly. Your irrigation system should be set to water half to three-quarters of an inch each watering. Not maintaining the irrigation system may have a negative impact and stressed grass attracts weeds, disease, and insects. Please refer to www.otowinfo.com for your specific scheduled days and times.

Guest Passes

We are utilizing a new style guest pass that allows us to track each guest in our database. As a result of this change, the guest license plate on vehicles must match the license plate number on the pass. When you make arrangements at Customer Service for a guest pass, please make sure you bring your guests' license plate number and the state in which it was issued.

Customer Service

Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Wednesday, April 18, this month. Customer Service may be reached by phone: 236-OTOW (6869); e-mail: otowservice@otowfl.com; or in person by visiting Suite 200, in Friendship Commons.

Happy spring!

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2011 Quality Water Report

On Top of the World
Central Water System
PWS ID #6424619

The Bay Laurel Center Community Development District is very pleased to provide you with this year's Annual Water Quality Report. We want to keep you informed about the excellent water and services we have delivered to you over the past year. Our goal is and always has been, to provide you a safe and dependable supply of drinking water.

Bay Laurel Center Community Development District routinely monitors for contaminants in your drinking water according to federal and state laws, rules, and regulations. This report is based on the results of our monitoring for the period of Jan. 1 through Dec. 31, 2011.

Our seven groundwater wells draw their water from the pristine Floridan Aquifer. We add chlorine to the water for disinfection purposes. We are pleased to report that our drinking water meets all federal and state requirements.

In 2010, the Department of Environmental Protection performed a Source Water Assessment on our system and a search of the data sources indicated no potential sources of contamination near our wells. The assessment showed no contamination at this time in the source of the seven wells. The assessment results are available on the FDEP Source Water Assessment and Protection Program website at www.dep.state.fl.us/swapp.

If you have any questions about this report or concerning your water utility, please contact Randy Schommer at (352) 414-5454. We encourage our valued customers to be informed about their water utility. If you want to learn more, please contact our business offices during the hours of 8:30 a.m. to 4:30 p.m., Monday through Friday.

In the table to the right, you will find terms and abbreviations you might not be familiar with. To help you better understand these terms, we've provided the following definitions:

- **ACTION LEVEL (AL):** The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements, which a water system must follow.
- **CDC:** Center for Disease Control
- **EPA:** Environmental Protection Agency
- **MAXIMUM CONTAMINANT LEVEL (MCL):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- **MAXIMUM CONTAMINANT LEVEL GOAL (MCLG):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- **N/A:** Not applicable.
- **ND:** Not detected and indicates that the substance was not found by laboratory analysis.
- **PARTS PER BILLION (PPB) OR MICROGRAMS PER LITER (UG/L):** One part by weight of analyte to one billion parts by weight of the water sample.
- **PARTS PER MILLION (PPM) OR MILLIGRAMS PER LITER (MG/L):** One part by weight of analyte to one million parts by weight of the water sample.
- **PICOCURIE PER LITER (PCI/L):** Measure of the radioactivity in water.
- **INITIAL DISTRIBUTION SYSTEM EVALUATION (IDSE):** An important part of the Stage 2 Disinfection Byproducts Rule (DBPR). The IDSE is a one-time study conducted by water systems to identify distribution system locations with high concentrations of trihalomethanes (THMs) and haloacetic acids (HAA5).

Water systems will use results from the IDSE, in conjunction with their Stage 1 DBPR compliance monitoring data, to select compliance monitoring locations for the Stage 2 DBPR.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing.

Bay Laurel Center Community Development District is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using water for drinking or cooking. If you are concerned about lead in your water, testing methods, and steps you can take to minimize exposure are available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

NON-SECONDARY CONTAMINANTS TABLE							
** Results in the Level Detected column for radiological contaminants, inorganic contaminants, synthetic organic contaminants including pesticides and herbicides, and volatile organic contaminants are the highest average at any of the sampling points or the highest detected level at any sampling point, depending on the sampling frequency.							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
Radioactive Contaminants							
Radium 226 or combined radium (pCi/l)	7/08	N	0.9	0.40-0.90	0	5	Erosion of natural deposits
Inorganic Contaminants							
Arsenic (ppb)	1/11	N	0.50	0.5-0.5	N/A	10	Erosion of natural deposits; runoff from orchards, runoff from glass and electronics production wastes.
Nitrate (as Nitrogen) (ppm)	1/11	N	2.38	1.90-2.38	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Sodium (ppm)	1/11	N	6.9	6.4-6.9	N/A	160	Salt water intrusion, leaching from soil
STAGE 1 DISINFECTANT AND DISINFECTION BY-PRODUCTS							
For bromate, chloramines, or chlorine, the level detected is the highest running annual average (RAA), computed quarterly, of monthly averages of all samples collected. For halo acetic acids or TTHM, the level detected is the highest RAA, computed quarterly, of quarterly averages of all samples collected if the system is monitoring quarterly or is the average of all samples taken during the year if the system monitors less frequently than quarterly. Range of Results is the range of individual sample results (lowest to highest) for all monitoring locations, including Initial Distribution System Evaluation (IDSE) results as well as Stage 1 compliance results.							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
HAA5 Total Haloacetic Acids (ppb)	8/11	N	2.69	.52-2.69	N/A	60	By-product of drinking water disinfection
TTHM Total Trihalomethanes (ppb)	8/11	N	9.80	.60-9.80	N/A	80	By-product of drinking water disinfection
Chlorine (ppm)	1-12/2011	N	2.20	1.15-2.20	4	4.0	Water additive used to control microbes
LEAD AND COPPER							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	AL Violation Y/N	90th Percentile Result	No. of sampling sites exceeding the AL	MCLG	AL (Action Level)	Likely Source of Contamination
Copper (ppm)	7-8/2011	N	1.0	1	1.3	1.3	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Lead (ppb)	7-8/2011	N	7.5	0	0	15	Corrosion of household plumbing systems, erosion of natural deposits

The sources of drinking water (both tap and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes

and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.

- Radioactive contaminants can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the EPA prescribes regulations, which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline at 1-800-426-4791.

MCLs are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink two liters of water every day at the MCL level for a life-

time to have a one-in-a-million chance of having the described health effect.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline 1-800-426-4791.

We at Bay Laurel Center Community Development District would like for you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to insuring the quality of your water. If you have any questions or concerns about the information provided, please feel free to call any of the numbers listed.

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Community Patrol

By Patricia A. Woodbury

At the February meeting, three members were nominated and approved to take their place on the board, namely: Richard Enos, Elmer Greene and Mary Kay Fitzgerald. Congratulations and thanks to them for their willingness to participate further in the Community Patrol.

Patrol members will be attending the Sheriff's Office Volunteer Appreciation Dinner on Thursday, April 12 at the Ocala Livestock Pavilion. This is a wonderful opportunity for our patrol members to meet and see the various other Sheriff's Office volunteers in Marion County.

Pat Woodbury presented information on the availability of Automatic External Defibrillators (AED) in the community. Most are placed where a large number of people congregate; such as, at the pool, recreation center, golf shop, etc. A list of AED locations was handed out to the members. Pat encouraged all members and residents to take a CPR/AED course.

Joseph S. Pine, from the Metro Crime Prevention of Florida, guest speaker, presented information on identity theft,

burglary and how to avoid other acts of violence. This non-profit organization is made up of retired law enforcement persons who give about 850 programs a year on this subject. They feel that they have to fight the apathy of "this could never happen to me" that exists in the public. He encourages people to have a "file of life" on their refrigerator that contains their medical history in case of an accident. These forms are available through the Sheriff's Office and Munroe Regional Medical Center.

Mr. Pine gave several suggestions making your home safe from burglars including leaving a radio or television on. He also suggests installing a switch for your porch light to make it flash in case of an emergency. The Lions Club installs these flashers at a minimal cost.

In case of a purse snatching, he advises to let it go because it is not worth it to risk injury or even death. He suggests using a money belt or pockets that hang around your neck under your clothes. Men should avoid putting wallets in the back pocket. He also suggests buying a "quality pepper spray" container.

The next meeting of the Community Patrol is Monday, April 23. Anyone interested should call Gary Rodoff at 291-7508. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center, at 3 p.m. Come and join us, the meeting is open to everyone.

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

> Continued from page 1

ular.com.

Then we continue the "artistic" trend with the free Hands Across the Highway Art Expo on Saturday, April 14.

The month of April rounds out with The Contours on Saturday, April 21, and Lou Christie on Friday, April 27. An action-packed month to say the least!

The Town Square

We will host our first ever community-wide garage sale on Saturday, May 19, from 9 a.m. to 2 p.m. On Top of the World and Stone Creek residents will be able to display "their wares" for sale. Booth registration begins on Monday, April 2, at the Circle Square Cultural Center ticket office, from 11 a.m. to 2 p.m. Space is available to 60 households (limited to two tables per household) and will be available on a first-come, first-served basis.

New entertainment and music hours begin in April. Come on out from 7 to 10 p.m. throughout the summer months. Check out the line-up at www.circlesquarecommons.com. On Saturday, April 28, we finish out the month with a Mardi Gras celebration complete with entertainment, food and free beads! Just remember, this is a G-rated event! Join in the fun!

Controlled Burning & Habitat Management

Controlled burning is a very important habitat management practice from several perspectives. First, a controlled burn reduces the chance of uncontrolled wildfire

by reducing fuel provided by the dead or dry plant mass. It is not uncommon in Florida to have fires started by lightning, which brings me to my second point. Fire in the upland habitats is necessary to ensure healthy succession of native plant communities. Much of the local plant ecology revolves around periodic fires. Seeds need the fire in order to germinate. Invasive and competitive species are also reduced allowing for less competition with more established native plants.

In the coming months, we hope to have additional opportunities for controlled burning. Steps are taken to make sure a burn stays under control. These include maintaining wide fire breaks to minimize accidental spreading, as well as the use of heavy equipment to contain the burn area. We apologize in advance for any smoke that may drift east over the Community. However, it is better to have a planned, control burn than a wildfire.

Don't become excited if you see a large plume of smoke nearby the Community. Permits will be in hand, emergency services notified, and fire control management steps in place before a controlled burn is started. Typically, we try to begin early in the morning when the dew is down and the winds are low. The goal is to send the smoke high and away from populated areas, and to have the burn area completed before late morning or afternoon breezes begin. That being said, the actual timing is really mandated by actual weather conditions on the day of the possible event.

use them in moderation. Some supplements can interfere with medications you are taking so be sure to include your health care provider in your decisions about what supplements to take.

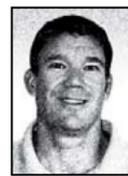
If you are exercising regularly and implementing good nutrition it only makes sense that you might consider supplements to improve health and maximize your training potential. Dave Ellis is a 35-year veteran in athletics nutrition and the president of the Collegiate and Professional Sports Dieticians Association. In his view, one of the greatest worries in this arena is that athletes show up under-rested and default to stimulant use to solve the energy deficit.

The numerous brands of energy drinks on supermarket shelves prove that there is a big market for these products. He goes on to say that serious athletes gave up on pills and powders a long time ago and they figured out how to get the job done with food.

I think this is good advice for everyone, whether you're just getting started with a fitness routine or looking for progression in your performance, try to consume nutrient-dense foods. Nutrient density refers to foods that are high in nutrition and low in calories. Balance is also very important for getting all the macro and micro nutrients that your body needs.

You will want to have lots of "color" on your plate (about half the plate). The color from the vegetables and fruit will provide loads of vitamins and minerals.

The remaining half of your plate should be split in two quarters; one being a lean protein (fish or chicken are good examples) and the remaining quarter of the plate should be a whole grain food (brown rice, whole grain bread). For more information on food selection and balance go to www.myplate.gov.



Back at The Ranch

By David Gibas

Dietary Supplements

A recent Centers for Disease Control and Prevention (CDC) report indicates that more than half of adults in the United States take dietary supplements. The study looked at the increasing usage trend with 40% of men and women reporting daily use of multivitamins.

Dr. Cooperman (president of ConsumerLab.com an independent organization that evaluates dietary supplements) notes, "it's important that we continue to monitor dietary supplement use to make sure that we are not going over the recommended amounts and not reaching the upper limits of intake for any vitamin or mineral. Americans and healthcare providers need to factor in all the sources of nutrients including vitamin waters and nutrition bars because they do add up and can exceed upper limits. You can definitely get too much of a good thing."

Experts agree that when it comes to supplements you need to be selective and

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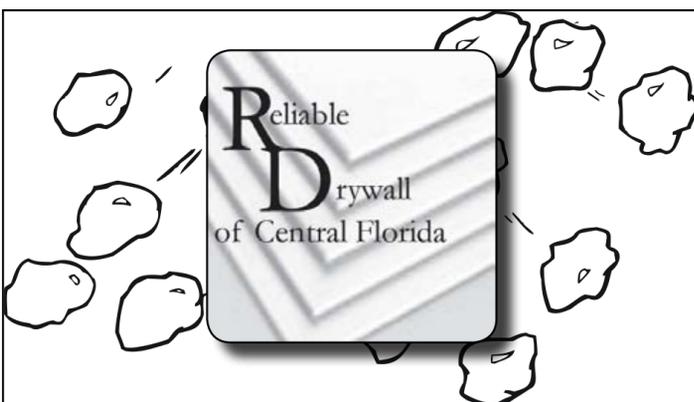
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Keeping It Green

By Phillip B. Hisey

March was a good time to fertilize your lawn and shrubs. If you have not done so yet, April is just as good a time as any to get started. Remember, following the Marion County Ordinance, you cannot apply more than one pound of slow-release nitrogen per 1,000 square feet, and no more than 0.7 pounds of nitrogen if using a water-soluble or fast-release nitrogen source. Most fer-

tilizers you find at Lowes or Home Depot now will be a slow release source.

If you are following the Home Maintenance calendar at www.otowinfo.com, we recommend using the 12-2-14 product that Lesco/John Deer has available. The Lesco/John Deer store is located by the Sullivan Cadillac dealership on SR200. They carry an assortment of fertilizers to suit your needs.

Hopefully, we'll start getting more rain in April to help reduce the need of irrigation. Sunday, March 11, the start of Daylight Saving Time, now allows homeowners to irrigate twice per week. If your controller has not been set to water twice per week you can do so now. Addresses ending in an even number may water on Thursday/Sunday and odd numbered addresses may

water on Wednesday/Saturday.

You can also find out what time you need to have your controller set to start by going to www.otowinfo.com. Here we have indicated times to start your irrigation based on the last number in your address.

On Tuesday, June 12, we will offer an irrigation controller class at Master the Possibilities.

Insects and fungus will become more prevalent in April. The mild winter we had may lead to higher insect populations and fungal growth in the spring months. Be on the lookout for stressed grass or plants that appear to be struggling.

Brown Patch Fungus will show up in lawns as a "yellowish halo" with a dead or weak interior. Grass that does not respond to fertilizer treatments resulting in yellow

spots in your lawn may be Take All Root Rot. Both of these need to be identified and treated as soon as possible to minimize further damage.

If you suspect a fungus problem, the University of Florida (UF) offers a Rapid Turf Diagnosis program. For \$75, you can send in a sample to UF and they will determine what fungus problem you have and offer a solution to treating the fungus. For more information, go to <http://turf.ufl.edu/rapiddiag.shtml>. Thursday, March 1, kicked off the start of the new landscape company under my supervision. We are starting with maintenance of the models, spec homes, and visitation homes. As we work through developing our processes, we will be marketing our maintenance plan to residents in the near future.



Food For Thought

By Don Hall

Spring is once again upon us and that means Easter Sunday is right around the corner. We are going to have an Easter brunch buffet at Candler Hills Restaurant on Sunday, April 8, from 10 a.m. to 2 p.m. The price will be \$24.95 per person plus tax and gratuity (Preferred/Elite pricing will be \$23.70 plus tax and gratuity). The menu will include breakfast, brunch items and traditional Easter dishes with a chef carving station to include bourbon and cherry glazed bone in ham, herb-crusted top

round of beef, and whole leg of lamb and all of the accompaniments that you would expect including a full salad bar, homemade cinnamon buns, fresh vegetables along with mouthwatering desserts, sweets and full bar service.

Our most recent menu revisions at both Candler Hills Restaurant and The Pub are in place and have been well received. Both menus feature unique and delicious items that are sure to satisfy all of our guests.

Don't think small when thinking shrimp, think big because on Thursday, April 19 at Candler Hills Restaurant, we are going to host a shrimp feast. You will get soup and salad, and your choice of four shrimp entrees out of a selection of six. Throw in dessert at \$21.95 per person plus tax and gratuity (Preferred/Elite pricing \$20.85 plus tax and gratuity) and you have a shrimp feast. Reservations are strongly

recommended.

Mark Thursday, April 26 on your calendar because in addition to our regular dinner menu, Don, Chef Todd and Chef Randy will be hosting our second annual "Chef's Table" dinner at Candler Hills Restaurant. We are limiting it to 20 people and it will include a five-course prix fixe menu at a price of \$28.95 per person. Wines will be included with appetizer, entrée and dessert. The menu will be presented two weeks prior to the event so plan on making your reservation early as we are sure it will sell quickly.

The Sunday breakfast buffet at Candler Hills Restaurant will be ending effective

April. We are going to present a regular breakfast menu each Sunday from 9 to 11 a.m. Our regular menu will be available from 11 a.m. to 6 p.m.

Thank you for complying with the new "no smoking" policy on the patio. We greatly appreciate everyone's support.

Here is to a great spring at On Top of the World Communities, Candler Hills Restaurant and The Pub.



Community Emergency Response Team

By Patricia A. Woodbury

Hurricane season will be here before we know it so at our March meeting team members reviewed their disaster procedure.

Several members attended a seminar on disaster training with a tabletop exercise sponsored by the Emergency Management Division of the Sheriff's Office at the Hilton Hotel on Monday, March 12. This was a countywide meeting and various volunteer groups of the Sheriff's Department were present.

The seminar began with a discussion on strengths and weaknesses of the various teams. It was interesting to hear how the other groups were functioning and their expressed needs for improvement. The tabletop exercise involved a scenario in which there was a bomb disaster at a lo-

cal high school. The volunteers were asked how they saw their participation, in this scenario, based on their training and experience.

Members of CERT volunteered at the Ocala Open first aid tent on March 14, 15 and 16. Each year, members have been willing to be available during this event in case of the need for any minor first aid and/or contact of emergency personnel.

On Tuesday, March 20, members attended a training session for CPR/AED to maintain their certification with the American Heart Association. Norman Scott, was the instructor for this session.

The next regular CERT meeting is scheduled for Tuesday, April 10.

CERT meets every second Tuesday of the month, at 9:00 a.m., in Suite E, F, and G of the Arbor Conference Center. Persons interested in learning more about CERT are welcome to attend these meetings or contact Pat at 854-8718.

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Photo by Rita Miller

Circle Squares at Come Fly with Us dance.

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Square Dancing

By Walter Lamp

Saturday, March 3, was our Come Fly with Us dance, with caller Darryl McMillan from neighboring Alabama. He gave us many new calls that gave us many new ways to enjoy square dancing. The decorations fit right in with the theme. There were many multi-colored and multi-sized balloons that filled the Health & Recreation Ballroom. Loretta Hanhurst was our cuer for the rounds.

On Tuesday, March 13, we celebrated St. Patrick's Day with our friends from Orange Blossom's Square, from The Villages. They came to get their banner and help us celebrate the green and white. With the shamrock's on the wall, the festive attire for the dancers and special preparation by our yahoo committee, we did the holiday proud and had lots of fun doing it

On Tuesday, April 3, Fountain Squares from Summerfield will come to retrieve

their banner.

On Friday, April 6, we all take off to Sunshine Promanaders to retrieve our club banner. When the clubs go visiting each other, we always try to get as many members to go and show pride and good cheer in our club. Oh, yes, it's also fun meeting our other friends around central Florida.

Our annual meeting will be held on Thursday, April 12. This night, we will be selecting new officers for the upcoming year, any changes to our by-laws, if needed, and any other business that may come up.

Also, in April, are two fun dances and celebrations. On Tuesday, April 3, will be our Spring Has Sprung dance. It celebrates all that is fun this time of year. That includes Easter, those delightful spring colors and a nice feeling knowing that winter is gone.

On Saturday, April 14, is our anniversary dance at the Health & Recreation Ballroom. We will be celebrating our club's ninth anniversary. And, I'm happy to say that my wife and I are in year number five, with Circle Squares. We will also be saluting all of our members and their personal anniversaries. We believe that those special happy memories deserve more than just a dance. We're looking forward to what our yahoo committee has cooked up for us.



Photo by Bob Woods

Dancin' On the Top Sweetheart dance on Saturday, Feb. 18.



Ballroom Dance Club

By Richard P. Vullo

Happy Hour takes place in the Health & Recreation Ballroom on the third Friday of each month, instead of the Arbor Club Ballroom. This gives everyone the opportunity to dance and socialize with their friends in a much larger facility, with a bet-

ter sound system for listening and dancing, as well as conversation.

This is a great time of year to start dance lessons. Trish Sands continues her dance lessons at the Ocala Health, Senior Health & Wellness Center, right outside the main gate of On Top of the World, next to the Customer Service office. For more information, please call Trish Sands at 351-2423 or yours truly at 854-6772.

Of course, there are several places to enjoy dancing each month. USA Dance holds its dances on the first Tuesday of each month at the Pioneer Garden Center, 4331 Silver Springs Blvd., Ocala. USA Dance, Citrus County continues with its dances every other Saturday night at the Kellner Center in Beverly Hills. For complete information on monthly dancing opportunities and venues as well as the locations to take dance lessons check out the website: www.usadanceocala.com.

The "Dancin' On the Top" committee of the Ballroom Dance Club held its annual Sweetheart Dance at the Health & Recreation Ballroom on Saturday, Feb. 18. The entertainment was provided by the popular duo Automatic. The decorating committee did an outstanding job, as usual. Guests enjoyed a superb sweets table at intermission and all of our lady guests received a special Valentine's Day gift.



Ballet Club

By Eugenie Martin

Recently, I heard Dr. Mehmet Oz of the Dr. Oz Show say that dancing is the single most important activity to improve and maintain the functioning of the brain in senior citizens. That is just what we have been saying. Dancing helps make your body more fit, and it also helps make your brain more fit at the same time.

It makes me so happy to hear this respected man affirming what we have been asserting. Seniors should dance, dance, dance. Find the kind of dancing you like best, and do it. You will get fit, smart and have lots of fun.

Our ballet dancing goes on regularly in the Arbor Club Exercise Studio adjacent to the indoor swimming pool four times each week. We have classes Tuesdays and Thursdays from 1 to 2 p.m., Mondays from 6:45 to 7:45 p.m., and Saturdays from 9 to 10 a.m. Newcomers are always welcome, and you do not need previous ballet experience or clothes to begin with us. All you need are exercise clothes, socks and a bottle of water.

We are all working at different levels, and can adapt our classes to varying levels of experience. If you would like more information about our classes, please call me at 854-8589. Happy dancing!

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Sidekicks Western Dance Club

By Gail & Doug Perry

Our country and western dance club's season is coming to an end on May 1 and our first-year members will have a bulging portfolio of dances to continue perfecting in the off-months. Carla and Tony Magri, our member-instructors, have demonstrated nearly 20 dances for the freshmen, about half of which were new to our veterans as well.

Recently, we've all been enjoying the "Palm Springs" and "Around the Corner" cha cha's and a cute number appropriately named "Skater's Shuffle" complete with icy-looking glides.

Also, we've been trying to master the "Nightclub Two-Step," not to be confused with the popular "Texas Two-Step" of "Urban Cowboy" fame. Because of the movie, that dance may be the most recognized country and western dance in the world and immediately conjures up images of honky-tonk clubs.

The "Nightclub" version, however, sprang from the imagination of an Illinois teenager named Buddy Schwimmer in the 1960s, who fiddled around with a popular line dance called the "Surfer Stomp" until it emerged as this two-step for couples, ac-

ording to Dancelovers.com. It is at home in nightclubs, ballrooms, weddings, and cruise ships and thus is a bit outside our usual country-rooted repertoire.

It's also one of the lengthier and more complicated dances we've undertaken in the past several years, and it's taking all Carla's and Tony's skill and our members' concentration as we tackle this new rhythm.

Regardless of whether we become experts, dancing in the group is still fun and, as is well known, a proven path to physical and cognitive health. A 2011 study from the neurological institute at McGill University claims that simply listening to music that pleases the listener can cause the brain to release dopamine, a neurotransmitter for impulses among nerve cells.

Dopamine, the body's feel-good chemical, "affects brain processes that control movement, emotional response, and ability to experience pleasure and pain," says the University of Texas' College of Pharmacy.

As of mid-March's press deadline, we're looking forward to another St. Patrick's Day potluck dance in the Health & Recreation Ballroom. We're hoping to duplicate last year's successful event, and anticipate some 70 hoofers to attend including a contingent of pattern-dance friends from nearby Stone Creek who frequently join us Fridays and Saturdays on The Town Square.

Just a reminder that our group is open to all On Top of the World residents. We would love another big turnout next fall when our lessons season starts up again.

Republican Club

By Fred Pulis

The March meeting was well attended with members excited about the Republican election prospects for 2012. The announced candidate list includes proven politicians as well as newcomers.

The guest speaker was State Committeewoman Terri Armstrong who provided extensive relevant information about the purpose and functions of the State Committee. A question and answer period followed, which provided an opportunity for club members to address their individual concerns.

In addition to the scheduled speaker, several candidates competing in the upcoming Tuesday, Aug. 14 Primary were introduced and all were available for a question and answer session following their presentations.

Ongoing club projects such as the Ocala Ritz Veterans Village (formerly Ritz Historic Inn) and Operation Shoebox were updated and future volunteer efforts were discussed. Help is always welcome, and if interested, contact Fred Pulis at 854-9976.

The next scheduled meeting will be held on Friday, April 13 in the Arbor Conference Center, Suites E, F, and G. The 7 p.m. meeting will feature the annual Jim Yancey Pizza Party. Limited tickets are still available for \$8 per person. To purchase tickets, contact either Judy Dunn at 291-0887 or Fred Pulis at 854-9976.

All regular hour-long meetings are scheduled for the second Friday of each month at the Arbor Conference Center, Suites E, F, and G, at 7 p.m.

If you have any questions, please contact Fred Pulis at 854-9976.

Spring Fling Dance

By Arlo Janssen

Dancin' On the Top has announced that there will be a "Spring Fling" dance at the Health & Recreation Ballroom on Saturday, April 28, to celebrate the start of spring. There will be a cash bar (no coolers permitted) and dress is casual. The dance will be held from 7 to 10 p.m. with entertainment and music provided by the popular singer Karen Hall. The hors d'oeuvres stations will open at 6:30 p.m.

Tickets are \$8 per person and seating is limited. Tickets go on sale Monday, April 9, from 9 to 10 a.m. in the Health & Recreation Ballroom.

If you have questions on the dance, please contact Jack Stone at 873-3083.



Line Dancing

By George Conklin

Spring is here and we have just thirteen more classes left in this year's schedule. Our three sets of instructors have provided us with over 40 new dances to add to our selection of dances. We will end this class year the end of June.

Our instructors are active making plans

for the summer (July and August) workshops, practice sessions and next fall's classes. Allow summer practice is not a formal teaching time; it is a time to work on the dances you know and practice the dances from the next level so you are ready to advance in September when classes start again. Look for the summer practice schedule in the June issue of the World News.

The weather is good and the evenings are becoming balmy. The turnout of dancers at The Town Square for the Friday and Saturday night dances is on the rise. Dancing at The Town Square is in addition to Happy Hour at the Arbor Club and Health

& Recreation Ballrooms.

Music for our dancing comes from two places. Live entertainment and music recommended by the line and pattern groups. Much of our music is western in bent but many of our favorites are from the classical and pop venue. The selection of music is good for listening and good for all to dance to. Come out and dance or just listen to the music and watch us dance. All indications are we are going to have a wonderful summer of fun.

For detailed information, contact Janice Meade (861-9345); Bob Ferguson (873-4478); or Carole Smith (237-4826). Stay in line and step when the drum goes thump.

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Photo by Marge Cordasco

Ocala Clown Express participated in the Children's Miracle Network fundraiser sponsored by IHOP.



Ocala Clown Express

By Carol & Guy White

Ocala Clown Express is in "spring" mode.

Our group covered the event for Children's Miracle Network sponsored by IHOP Free Pancake Day on Tuesday, Feb. 28. The event turned out very successful and many children arrived to have their faces painted by our very talented face painters.

Balloon animals were produced all evening by request of our little recipients, who were asked, do you want a dog, pussycat, monkey, parrot, flower or giraffe. Our talented balloonist was busy all evening, and we saw an occasional poodle dog being made.

Tattoos of all kinds were applied on little hands. Our clown training program includes not only learning how to face paint and create balloon animals but the art of designing a costume and learning the techniques of doing your own clown face.

May is our training month to start off

new clowns so when we start our busy season in September, they will all be ready. Our season is one day a week for Munroe Regional Medical Center, which starts in September and ends in May.

Our safety program is unique and done for the Marion County Public School first graders who are bussed to the Munroe Regional Auxiliary Conference Center.

On Saturday, March 3 we attended an event for our military families, "Arms of Hope," held at the Elks Lodge. We felt so special to be asked to do this charity event and offered our techniques and talents to our military and their families. There were about 600 in attendance and many, many children. It was wonderful to face paint, apply tattoos and create balloon animals for the military children. You too, can learn these techniques, and become a charity clown with us. Just call Carol White at 873-9223 (Dotsy) or Marge Cordasco at 291-0077 (Rosy Nosy).

We invite you to come to our next meeting on Monday, April 2 to meet us, also come to the Munroe Regional Auxiliary Conference Center to watch us perform our safety program. This may help you decide to join us. We look forward to your call.

Submitted by Marge Cordasco

Theatre Group to Perform

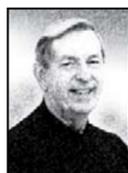
By Anne Merrick

It is not too late to see "Let's Murder Marsha," on the Health & Recreation Ballroom stage, this weekend, Friday, March 30 and Saturday, March 31, at 7 p.m. and Sunday, April 1, at 3 p.m. Tickets will be sold

at the door for \$6.

If you need a laugh, this is the place to be and you can't beat the price. The cast, directors, stage manager, stage and props crew and ticket sellers have worked very hard to make this amateur production the best it can be; so come out and support us and have a laugh at the same time.

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The New Pretenders

By Bill Shampine

The members of The New Pretenders want to thank the On Top of the World Community for their support for our February show. We have received some very complimentary comments about the show and we thank you. Your enthusiasm and laughter at the show is our reward for the many hours we spend rehearsing, and your positive comments tell us that you really did enjoy the show.

Immediately after the show, a small group of us got together to reduce the length of the show in preparation for our series of road shows. We typically do two to three shows a month in March, April, and May, which are one hour or one and a half hours long.

In March, we were pleased to entertain a group at the Countryside Presbyterian Church and a group at the Queen of Peace Catholic Church. The latter was a fundraiser sponsored by the Knights of Columbus. Both shows went very well, and we think the audience had a good time—we certainly did.

We have three one-hour shows scheduled in April, including the Southern States Club at Oak Run, the Quail Meadows Retirement Community, and the New York Club at Rolling Green.

Occasionally, I get asked what happens to the money we raise with our performances. After covering our expenses, we donate the remaining funds to various charities in the local community. Last year, in addition to donating money to outside charities, we also donated \$1,400 to the On Top of the World sound and light crew so they could purchase a new portable sound system.

This year, our membership decided to donate \$1,000 to Hospice of Marion County, \$1,000 to support the conversion of the Ritz Historic Inn to a temporary home for homeless veterans, \$500 to the Florida Center for the Blind, and \$500 to Marion County Senior Services. In addition to being able to provide entertainment to you, our audience, we are very pleased to be able to provide a little bit of help to these worthwhile charities.



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It's Spring cleaning time. What better way to clear out the garage and dust off the shelves than to have a garage sale!



REGISTRATION (required) begins April 2 at the ticket office at the Circle Square Cultural Center, 11 am – 2 pm, Monday – Saturday. Limit 60 spaces. Cost is \$15 per space (includes one table and two chairs). For \$15 more, a second table may be rented. Limit one space and two tables per household. For more info, call the ticket office: 854-3670.

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A Resident of Note

By M. Keith Nadel

A multi-talented engineer who developed the electronic scoreboard for games of all types and for all ages worldwide.

Robert Lee Emery

"Hey, what's the score? Are you sure? Nah, I got to ask someone else."

Imagine, for a moment, your children in a game of peewee football and the scores and quarters are a matter of memory, same for offense and defense. For the dads, in the heat of battle, might "forget" the quarters, the time, the penalty and even in little league baseball, equally competitive, often the individual player just didn't know the score for there was no posted evidence of it and the individual player is unsure of the score.

We Americans, including the wee ones, are sports-oriented and highly competitive. It is our nature. Then along comes Bob Emery, who designed an electric scoreboard, which did morph into something portable or up to a device approximately 60 feet in width and forever bring game participants and spectators into more intimate contact.

Year's back, kids always inquired, "What's the score? Are we winning? What inning or quarter is it?" Thus, thanks to the effort of Bob Emery, the electronic scoreboard was inculcated into the American sports psyche at virtually all levels of competition.

Bob was chief radioman (crypto maintenance) as a Chief Petty Officer, U.S. Navy, who had three tours in Vietnam and ended up as an instructor at the advanced electronics school of senior petty officers. Upon release from the Navy, he joined Kraft Systems where he often changed hats with increasing management responsibilities - including international service manager, production manager supervising over 150 engineers and assembly people, ending up as manufacturing executive overseeing all construction of their systems worldwide while setting up sub-manufacturing in Korea and Mexico. It is noted that before being elevated to management, he and his wife ran a Citizens' Band (CB) radio and car stereo electronics repair shop in 1977 on the side.

His 13 successful years at Kraft led him to AC-DC electronics, which supplied the world with various-sized power supplies and where he helped develop prototype electronics from the blueprint into successful and profitable commercial products.

He was on his own as a design engineer and subsequently joined a friend and formed Sportable Scoreboards in 1986. He

designed a prototype portable scoreboard when it was a startup company working in a garage and helped morph it into an industry.

Upon joining the company full time in 1996, he designed their first outdoor scoreboards and inherent subsystems as well as assembly and associated devices and production facilities that allowed form, shape and function to meet the changing requirements of the American sports systems whether the scoreboard was round (basketball), oval (football), etc.

Bob retired from Sportable Scoreboard in October 2003 with glowing testimonies and lifetime friendships.

As an On Top of the World resident, Bob has been a stalwart of the RC Flyers Club since 2002 holding all the major board positions including his fifth year as secretary. His original remote controlled model involvement started in 1963 - a single channel controlled rudder - a Piper. He additionally serves as a flight instructor.



Mike Cowen and Bob Emery showing off their first scoreboard in 1987.

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Karaoke Friends

By Vivian Brown



We have had very good attendance at our meetings. Singing is becoming a wonderful way to spend our leisure time. We laugh, joke, enjoy, and never complain as we listen to the oldies and the not so oldies. We may not be as good as Sinatra, Crosby, Como, Dean, Doris Day, Whitney Houston, Bette Midler, Judy Garland, Cher or Madonna, but we can dream! Can't we?

Come join us the first and third Mondays of the month at the Arbor Conference Center, Suites E and F, from 6 to 9:30 p.m.

A special thanks to Charlie for his wonderful equipment that makes us all sound great.

Singing is so good for you and you all will get hooked on it like we have. Until next time, God bless and remember to keep on singing.

Please call me with any questions at 291-0246.

Original Karaoke Group

By George Quaranta



With "The World Has Talent" auditions behind us. And the top entertainers picked for the big show, our karaoke friends never have to worry about making the grade. We have fun singing our hearts out, while picking songs for every occasion and mood, without being judged. The whole idea of karaoke is to have fun. And that's what we do!

I don't always mention all our regulars in every article, there are just too many. Last month, I mentioned the wild, and crazy, also the country singers. Although, I didn't mention the sweet country sounds of Jean, we can't forget about her.

This time, it's our melodic crooners, like Vince, Tom, Jerry, and Rudy, who make the women swoon, and want more. Then there's Tony with an operatic voice that's always amazing.

On Top of the World has a lot of talent, and we're always looking for new talent. So come show us what you've got. We meet on the second Monday and fourth Tuesday, at 7 p.m., at the Candler Hills Community Center. Hope to see you there.

For more information, call George at 873-9667.

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Larry's Fit Tips

By Larry Robinson

Women and Weight Training

The topic of women and weight training always proves to be an interesting discussion. There are varying thoughts, ideas and misconceptions on the subject such as it's better for women to use light weights and do more repetitions. Instead of basing your decisions on things you might have heard, let's let science be our guide.

Here are some common myths regarding women and weight training that I would like to clear up. If you are still debating whether or not to weight train, this information is for you.

MYTH #1: If you stop weight training your muscles turn into fat. This is like saying that gold can turn into brass. Muscle and fat are two totally different types of tissue. What happens many times is that when people decide to go off their weight training programs they start losing muscle due to inactivity (use it or lose it) and they also usually drop the diet as well. Therefore, poor eating habits combined with a drop in metabolism due to inactivity equals fat gain.

MYTH #2: Weight loss requires more cardio and less strength training. Many women believe that cardiovascular activity is the only exercise needed to support weight loss. Nothing could be further from the truth. For weight loss, both cardiovascular exercise and strength training should be part of your exercise program. Cardio exercises up the ante on caloric expenditure and improve the health of your heart, lungs, blood vessels, brain tissues, and other vital organs. Strength training will boost muscle and metabolism.

MYTH #3: Weight training will make me have big muscles and appear bulky and masculine, I don't want to lose my femininity. Women won't become overly muscular

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– it's just not possible. Women don't naturally produce enough of the hormones (testosterone) it takes to grow massive muscle.

Weight training will, however, give you a toned look. The goal is to burn fat off to see muscle definition underneath. Crash diets that burn precious muscle tissue only leave you with a temporarily smaller version of your original fat self. "Skinny fat" is a term used to describe the case of someone who appears slim but has so little muscle that they are actually still overly fat. If you want curves and definition, weight training is the way to go.

MYTH #4: Trouble spots can be specifically targeted with strength training. Spot reduction is a mythical concept that encourages fat loss in a specific area or muscle group on the body. Fat is lost throughout the entire body and is dependent on genetics, gender, hormones, and age. Overall body fat must be reduced in order for you to lose fat in any particular area. Although spot reduction isn't possible, spot training can be done to strengthen a specific muscle group through aerobic activity and resistance training.

MYTH #5: Certain exercises burn more calories than others. Just because you sweat more in a particular workout doesn't necessarily mean that you are burning more calories than you would in another kind of workout. It is the consistency of the exer-

cise that causes weight loss.

MYTH #6: Weight lifting causes high blood pressure. Your blood pressure increases when you lift heavy weights, but it returns to normal after finishing your set, that's how lifting improves your cardiovascular fitness. People who lift weights with the focus on strength have lower blood pressure than people who don't exercise. Studies show that regular weight lifting lowers your systolic and diastolic blood pressure.

Weight training is the single most effective way to burn fat, increases metabolism, build strength and increase bone density, so what are you waiting for.

FIT TIP #1: Strength training offers so many health and wellness benefits. Strength training is especially important for maintaining muscle, bone density and keeping that metabolism fired up.

FIT TIP #2: Pound for pound muscle takes up less space than fat, therefore by weight training you will be smaller, firmer and more toned.

FIT TIP #3: It is important to understand that dieting without exercise causes the body to lose muscle, which slows the metabolism. Only the combination of weight training and positive nutritional changes makes it possible to lose fat, and gain muscle. It's not always about what you lose ... sometimes it's about what you gain!

ARBOR CLUB FITNESS SCHEDULE

Effective April 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45	Deep Water	Shallow Water	Deep Water	Shallow Water	Deep Water
Arbor Club	Aerobics*	Aerobics*	Aerobics*	Aerobics*	Aerobics*
Indoor Pool	Larry	Deb	Larry	Deb	Jessica
9:30-10:30	Yoga*		Yoga*		
Arbor Club	Stuart		Mary Pat		
Ballroom					

Deep water participants are expected to have their own belt for class

Arbor Club Hours: Monday - Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

* Denotes a fee-based class - Fitness Pass required.

Singles Club

By Lorraine Serwan

After a wonderfully mild winter, the Singles Club is swinging into high gear with lots of activities in April.

Wear your Easter bonnet to our Thursday, April 12 meeting. We'll have a fashion parade to show off the chapeaux you've created. The meeting will be at the Arbor Conference Center, Suites B and C, at 2 p.m.

On Thursday, April 19 a group will be enjoying a river adventure. We'll be joining Captain Mike's Lazy River Cruises leaving from Stumpknockers. Cost is \$12.50. Sign up and pay at the April meeting or call Diane at 854-8152 to register. If we have enough people, we'll have a morning and an afternoon trip. The two groups will meet at Red's (just over the bridge) for lunch.

On Friday, April 27, singles clubs along the SR200 Corridor will join us for a spring fling potluck luncheon. The doors will open at 11:30 a.m. The luncheon will be held at the Arbor Conference Center, Suites E, F, G and H. Entry fee is \$2. Bring a dish to share that will feed six to eight people. Call Ellen at 304-8675 to make a reservation and/or to sign up to work on a committee. We need lots of help to make this a success.

Join us at our monthly meeting; new members are always welcome.

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Fitness Happenings

By Cammy Dennis

The Biggest Loser Wins Big!

Jim Blamble was beaming as he collected the \$210 he won for losing the greatest percentage of body weight in Health & Recreation's Biggest Loser weight loss program.

Each program participant paid \$10 the first week (we had 21 participants) and the Biggest Loser collected the pot. Jim's 27 pound weight loss amounted to an 11-percent drop in his body weight.

This is great news for Jim because medical studies indicate that by losing 10-percent of your body weight important health changes will occur such as lower cholesterol, lower blood pressure and lower blood sugar levels. Not to mention the added benefit of looking and feeling great!

Jim is new to On Top of the World and immediately took advantage of the weight loss program. He attributes his weight loss success to "having guidance and motivation from the support group, and giving up some of my martinis!"

Jim's success comes from paying close attention to his nutrition along with a well-rounded exercise plan. He has been attending group fitness classes, using the Health & Recreation fitness center and swimming laps at the Arbor Club.

In my opinion, Jim's early and commanding lead in the weight loss program came from his sharp and unwavering focus. Jim attended all the weigh-ins and support group meetings, which are an important part of keeping participants accountable and motivated.

Other success stories include Glenda Duran whose weight loss resulted in her doctor taking her off her blood pressure and cholesterol medication. One Biggest Loser participant had a 20-point drop in her cholesterol.

The health improvements gained from this weight loss program have been nothing short of amazing. Not to mention how great these folks are feeling and looking. The smile on Glenda's face when she was reporting that she no longer needed blood pressure and cholesterol medications said it all.

HEALTH & RECREATION FITNESS SCHEDULE

Effective April 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-8:50 Aerobics Room	Cardio Mix Jessica	Strength & Stretch Mary Pat	Cardio-Kick & Tone Jessica	Strength & Stretch Deb	Dance Party Jessica
9:00-9:50 Aerobics Room	Core and More Jessica	Tai Chi Mary Pat	Stretch for the Stars Jessica	Chair Yoga Jennifer	Strictly Strength Larry
10:00-10:45 Aerobics Room	Balanced Body Jessica	'KB KB' Kick boxing Han	Balanced Body Jessica	'KB KB' Kick boxing Han	Balanced Body Marie
10:45-11:30 Aerobics Room	Kitti	S.O.S. Larry	Kitti		S.O.S. Larry
10:45-11:30 H&R Ballroom	Light Aerobics Jessica		Light Aerobics Jessica		Dunia
11:45-12:30 Aerobics Room	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Dunia
12:00-1:00 Fitness Center		Fitness Center Orientation		Balance Assessments**	

Zumba Gold will be held at the Arbor Club on Friday, April 27.

Health & Recreation Hours: Monday-Friday, 6:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m.

**Balance Assessments are free! Please call for a reservation 387-7534.

Standing with Jim in the photo is Nicole Pack, a physical therapy student from Slippery Rock University in upstate New York. She has been working at On Top of the World as an intern. Nicole was instrumental in assisting with our Biggest Loser program.

She reviewed participant's food logs providing insight on good nutrition and offered assistance in the fitness center with exercise plans. Nicole did a wonderful job assisting with our program; we will miss her. Good luck with your future wellness endeavors!

Health & Recreation will run another Biggest Loser program in the fall. Keep watch for it in the July Fitness Guide along with events in the World News. If you have any questions about how you can succeed with weight loss like Jim did, stop in any time and we would be happy to assist you.

Fitness happenings:

- Saturday, April 14, Bicycle Clinic, Health & Recreation parking lot, 8 to 10 a.m.



Photo by Cammy Dennis

Jim Blamble with Nicole Pack proudly displays the \$210 he won in the "Biggest Loser" weight loss program.

D'Clowns



By Paula Magen

A workshop by guest clown, Pockets, was the highlight of our February meeting. Pockets is a talented professional face painter who was observed by 25 clowns. We benefited from all of her hints and tips, especially the full face butterfly designs. It will be a great help as we prepare to do the Paas Eggstravaganza in April.

Clown Joker took pictures and shared them with our group. We have also purchased professional face paints, new brushes and additional tattoos. D'Clowns appears to be divided between those who paint faces and those who apply tattoos.

At our February "Kids & Cookies" at TimberRidge, we were treated to a wonderful juggling performance by clown Juggler. He was amazing and the four-year-olds were fascinated.

There will be two more sessions of "Kids & Cookies" in April and May. We will miss the four-year-olds and so will the seniors of TimberRidge. But we will return in the fall.

In March, D'Clowns enjoyed lunch together. It was fun and well attended. No, we did not wear our clown outfits at that time.

D'Clowns entertained at another assisted living facility in March. We sang Irish songs in addition to our regular show.

At the end of March, we cheered the walkers and runners at the finish line for the March of Dimes fundraiser for healthier babies.

The beginning of April is our biggest event of the year: Eggstravaganza. We will

paint faces and apply tattoos to hundreds of kids. While it is exhausting, we love it.

Because some of our clowns are snowbirds, we will be enjoying a respite until September. Our last meetings will be April 2 and 16.

We welcome new clowns and we will train you. We love what we do and so will you. Come to our meetings on the first and third Monday, at 1:30 p.m., in the Arbor Conference Center, Suites B and C.

If you have any questions, please call Paula Magen at 873-3433. Happy Easter and Passover!

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Women of the World

By Maureen Corr

Congratulations Women of the World! The 28th annual luncheon and fashion show to benefit Hospice of Marion County was a rousing success. We applaud your efforts and your participation in this worthwhile event. We raised over \$5,000 and we thank you for making it all possible!

Kudos are due to so many gals who brought the fashion show and luncheon to fruition; first and foremost, to the leadership of our president, Marsha Vieu; sec-

ondly: April Pollard who brings the theme to life year after year; Marie Roppel who organized the general ticket sales and seating; Joan Connolly who once again headed the basket committee; Shirley Sasser and Terri Molnar who co-chaired the raffle ticket sales; the models; and all the committee members, particularly the cleanup crew!

We would be remiss if we did not thank all the husbands who lent a helping hand whenever and wherever needed; we particularly thank: Archie Pollard, Tony Magri, Jack Singer, Peter Grabowski, Mike Connolly, Mike Roppel, and Henry Vieu.

Our unsung heroine recognition program once again wishes to honor several of our members whose efforts are noted despite the low-key way in which these women go about helping. Jeanne Wise and Evie Bellefontaine have sewn over 75 ditty

bags (each) for our service personnel. The ditty bags are filled with everyday items that are often unavailable to our troops. Jan Bancroft spearheads the efforts of the ladies from Avalon to collect a variety of items for our troops. Faye Shampine clips coupons for her entire block; these coupons are used at the PXs around the world. These coupons, for name-brand products, can be used six months beyond the expiration date!

Operation Shoebox is our on-going project and is stronger than ever in its collection of items for the troops stationed overseas. Knitted or crocheted helmet liners are always in demand. Requests continue to be made for playing cards, used golf balls and/or clubs, puzzles, calf-length white socks, and individually wrapped snacks! This time of the year Girl Scout

cookies are in demand, too!

Our next meeting is April 13, the second Friday of the month. We will meet in the Health & Recreation Ballroom, beginning around 12:15 p.m. for refreshments and socializing. The business meeting will start promptly at 1 p.m. Our guest speaker is Tracy Rains from Helping Hands and they are our charity of the month, too. Items needed include cleaning supplies, paper products, hygiene items for men and women, and toiletries.

Women of the World is open to women residing in any neighborhood in our community. We look forward to seeing each neighborhood represented! If you aren't a member, why not make it a point to come to a meeting and learn more about us? If you are a member, bring a friend!

Submitted by Nancy Grabowski



View From The Library

By Doris Knight

"Unbroken" by Laura Hillenbrand (author of "Seabiscuit") is the story of the life of Louis Zamperini, and primarily of his experiences as a Japanese prisoner of war (POW) during World War II. The events are often brutal but the writing is beautiful and somehow makes it possible to stay with the evil aspect of his treatment.

I have chosen to discuss two aspects of his life. There is much too much informa-

tion to cover all of his life. But I would like to look at life in the Japanese prison camp. We have all heard so much about the Nazi camps. Conditions in Asia, and especially in Japan, were horrible.

The story really began with a flight (Zamperini was a bombardier) on May 27, 1943. It was a secret flight looking for downed airmen. The plane had a checkered career and gradually developed problems that made the pilot decide that it must be ditched. Louis and the pilot, his friend Phil, and another crewmember soon to be lost, found themselves in a lifeboat without food or any other means of survival. The other crewmember did not survive.

Louis and Phil spent the next 45 days attempting to survive until they drifted ashore on a Japanese-held island in the South Pacific. Sometimes in the next two

years they would wish they could return to their boat. But instead, they were shipped off to Japan.

They had hoped that POW camps would be run according to the Geneva Convention, but soon discovered that the Japanese totally ignored such standards. So food, conditions, and treatment all fell woefully beneath any such concept. The weather was cold, they wore what they had on, bed was a wisp of straw, but there was no choice. And they knew the guards were enjoying all the goods contained in their Red Cross packages. The guards were often cruel and brutal.

After returning home when the war was over, Louis had adjustment problems similar I would think to those the Vietnam veterans went through. There simply was no recognition of the reasons for such

problems. In Louis's case, they manifested themselves into problems with his marriage and in becoming an alcoholic. Luckily for him, he was able to deal with both in time.

The sad thing for Louis was that he had been an Olympian runner in the 1936 games. But wounds and mistreatment in the war had made it impossible to regain strength and conditioning which would have enabled him to compete in the 1948 Olympics.

I found "Unbroken" almost impossible to put down. There is so much more in it than I have mentioned. It is so beautifully written. And it makes me wonder why the military structure was so surprised by the problems that affected our military after Korea and Vietnam. Perhaps they are somewhat better today.



Bloodmobile

By Sara Sommer

The March winds are blowing in April.

www.OnTopoftheWorldInfo.com

April Fool's Day is just around the corner, but this is no joke. The Big Red Bus of One Blood (formerly Florida Blood Centers) will be here on Monday, April 2 in the Health & Recreation parking lot, from 7:30 a.m. to 2:30 p.m.

We are still the sole supplier of blood to all the Marion County hospitals. The incentive this month is a free movie ticket. Now maybe you can see some of those new releases! With each donation, you will be saving up to three lives. There is no substitute for human blood. Only you can make a difference. Every drop counts!

Super Bingo

By Mort Meretsky

Super Bingo will be held in the Health & Recreation Ballroom on Wednesday, April 18, at 6 p.m.! If you've never played Super Bingo before, here's what you need to know.

Cards will be sold at 4:30 p.m. (no cards sold after 5:45 p.m.). There will be 17 \$50 games and three \$250 games. The cost is \$5 for three cards (minimum of three cards per person) or six for \$10. We always have a big crowd, so get there early. No guests

are permitted. Proper On Top of the World I.D. is required to participate.

Bring a few extra dollars with you because we will have another bake sale benefiting the March of Dimes.

Please be courteous and remember to turn off your cell phones or put them on vibrate.

If you have any questions, feel free to call me at 237-5112.

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Marion County Election Center and Redistricting

By Wesley Wilcox
Special to the World News

Before I discuss the redistricting process, I need to make you aware of few crucial dates:

- **TUESDAY, NOV. 6:** General Election
- **TUESDAY, AUG. 14:** Primary Election (as stated in Florida Statutes, the Tuesday 12 weeks prior to the General Election)
- **MONDAY, JUNE 4:** The first day of qualifying for all federal, statewide, multi-county, county and district candidates (as stated in Florida Statutes, noon of the 71st day prior to the Primary Election).

This year, the State of Florida legislative districts will be re-drawn. Although most people see this as an event that will happen this year, few know that the process actually began over two years ago.

The process began with the decennial census. As required by the U.S. Constitution, the decennial census has been conducted in years ending with "0" since 1790.

As we are all aware, Florida's population grew quite rapidly between the years 2000 and 2010. In 2000, population for the state was almost 16 million; as of April 1, 2010, the population had risen to almost 19 million, officially 18,801,310.

Near the end of 2010, the apportionment (or reapportionment) of the U.S. House of Representatives was completed. With the population growth of Florida, we were apportioned two new congressional seats. The drawing of these new districts, as well as the re-drawing of the Florida Senate and House districts, is done by joint resolutions of both the Florida Senate and House of Representatives.

The legislative session convened eight weeks early, during redistricting years, to give the entire process a few extra weeks. Both chambers of the legislature appeared to have redistricting as a high priority and they issued a joint resolution on Friday, Feb. 10, presenting their plans to the Governor and Attorney General.

The Attorney General then petitioned the Florida Supreme Court to determine the validity of the plans. On Friday, March 9, the Florida Supreme Court declared the districts for the Florida House of Representatives to be constitutionally valid and the districts for the Florida Senate to be constitutionally invalid.

On Monday, March 12, the Governor reconvened the legislature into a 15-day extraordinary apportionment session, which began Wednesday, March 14. During this session, the legislature shall adopt a joint resolution conforming to the Florida Supreme Court judgment. If the legislature is able to adopt a resolution, the resolution is then provided back to the Attorney General, who will once again petition the Florida Supreme Court to determine the constitutional validity of the resolution. The Florida Supreme Court will then have 30 days to enter its judgment.

The final hurdle, once the Florida Supreme Court rules the plans to be constitutionally valid, is that the plans must then be approved by a federal District Court or the Department of Justice. This review must be completed within 60 days.

Although the State of Florida as a whole is not considered a pre-clearance State, there are five jurisdictions within the state that are covered jurisdictions. They are Collier, Hardee, Hendry, Hillsborough, and Monroe Counties. Congressional districts must achieve precise mathematical equality, meaning that they can vary by no more than one person. Therefore a congressional district change would most certainly affect other jurisdictions, in essence making the entire State, a pre-clearance State.

Unfortunately, if you've been following along with the calendar, you are able to see the very critical redistricting dilemma that we, as a State, are fast approaching.

Wesley Wilcox is the Assistant Supervisor of Elections in Marion County, Fla.

German American Club

By Inge Gaitch

Tickets are now on sale for the German American Club's spring dinner and dance, which will be held on Saturday May 10 in the Health & Recreation Ballroom, from 6 to 9:30 p.m. Dinner will be catered by Sonny's Real Pit Bar-B-Q with two meat entrees, three side dishes, tossed green salad, rolls and butter, plus iced tea or lemonade. The four-member band of Northern Sounds will provide music. There will also be a cash bar available for attendees.

The above event is open to all residents and their guests and the cost is \$15 per person. Tickets will be sold in the Health & Recreation Ballroom each week on Mondays and Wednesdays from 8 to 10 a.m. Seating for tables of eight persons may also be reserved. To reserve tickets, call 237-7428.

The next social evening for the club will be held on Tuesday, April 10, at 6:30 p.m., when a pizza party is planned.



Genealogical Society

By Peter Parisi

Genealogy is the study of your family history. Who were your grandparents, your great-grandparents, and other ancestors? Where did they come from? When did they come to America? Are you interested in finding the answers to these questions? If you haven't started your research as yet or have and need information as to how to proceed, come to one of our meetings. We hold a business meeting, at 10 a.m., the second Monday of the month in Meeting Room #3 in the Craft Building next to the Health & Recreation Building and an educational meeting, at 10 a.m., on the third Monday of the month in Suites B and C in the Arbor Conference Center.

If you have already started a family tree but would like more information on how to find and incorporate records from FamilySearch.org and Ancestry.com into Family Tree Maker software, Master the Possibilities and the Genealogical Society are offering the following two courses to help you in this endeavor. Sign up now!

Family Tree Maker and Ancestry.com

Instructor(s): Richard Belz, Ronald Chard
Resident/Non-resident Fee: \$15
Class Dates: Thursday, April 12 and Friday, April 13, 9:30 a.m. to noon, Room 1

This course will explore using Family Tree Maker software to access six billion records in Ancestry.com's databases from countries around the world, including census records, newspapers, local and family histories, vital records, church records, etc. It will show how to find the records on Ancestry.com using the Web Search feature in Family Tree Maker, and then link those records to individuals in your family tree file. It will also demonstrate how to use the free Picasa photo editing software to crop, straighten, and improve image quality of photos from within Family Tree Maker. In addition, we will cover how to upload or download a copy of your family tree between Family Tree Maker 2012 and Ancestry.com online family trees as well as keep

these trees in sync.

Everything You Need To Know To Use FamilySearch.org

Instructor(s): Richard Belz, Ronald Chard
Resident/Non-resident Fee: \$15
Class Dates: Thursday, April 19 and Friday, April 20, 9:30 a.m. to noon, Room 1

For the past 100 years, The Church of Latter Day Saints (LDS) has been recording and microfilming church records; city, county, state, and country vital records; census records; military records; and genealogy & historical books. In 2005, they started digitizing these records and putting them on their free FamilySearch.org website. How you can find and access the 20 billion plus records that "have not" been digitized, indexed, and put online yet. We will demonstrate how to use the FamilySearch website to find and add these records to your family tree. How to access, view, print, and download family and other genealogy books and to view free online genealogy training videos from the FamilySearch website.

To sign up for the classes listed, visit <http://www.masterthepossibilities.com>, call 854-3699, or drop by the office.

"Political Redistricting: A Once Every 10 Year Event"
By Wesley Wilcox
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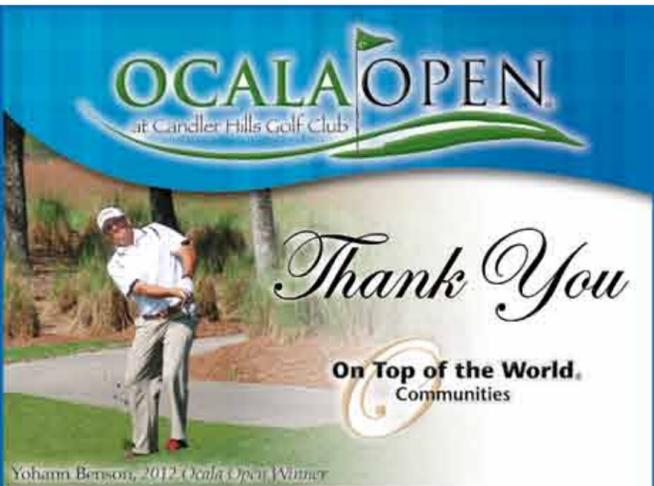
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Yohann Bensen, 2012 Ocala Open Winner

Dear Ocala Open Sponsors,

On Top of the World Communities and Candler Hills Golf Club provided the perfect venue for the largest charity golf event in Marion County this year—the 2012 Ocala Open. This three-day competition featured 89 world class professional golfers and was made possible due to area businesses, such as yours, who partnered with us to bring the Ocala Open to Marion County and Candler Hills Golf Club.

While Yohann Bensen took home the 2012 Ocala Open Title and the \$12,000 first place check, the real winners were the benefiting charities, Interfaith Emergency Services and Hospice of Marion County, each receiving \$20,000 as a result of the success of the tournament. Without your contribution, this would not have been possible.

Given the difficult economic times, we sincerely appreciate your support and recognize the commitment you made to the Ocala Open.

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Southern Club

By Joanie Bolling

The Southern Club meets on the first Thursday of each month, at 5:30 p.m. As members arrived on March 1 and passed through the doors, they observed colorful reminders of St. Patrick's Day with lots of green "popping out" everywhere in the Health & Recreation Ballroom.

Thanks to Bill Monroe who furnished Irish music on tape for our listening pleasure.

The table centerpieces were green and white metallic miniature shamrocks and the officers' table held a leprechaun with a pot-of-gold at his feet.

Numerous new dishes of food filled the tables. One unusual item, very appropriately I might add, was green cornbread, which was followed by various green salads

and vegetables. Some of the new desserts were warm rice pudding, strawberry tarts and a delicious whipped green pistachio delight.

Worship Pastor, Jeff Rountree of College Road Baptist Church entertained our club with songs of yesterday, sing-a-longs and concluded with "He Looked Beyond My Fault" to the melody of "Danny Boy." Everyone immensely enjoyed his program.

It was voted and approved that for our April meeting we will have a chicken dinner. As always, please bring side dishes, desserts and your table service. Coffee and tea will be provided. Members and their guest are asked to contribute \$1 per person towards the cost of the meal.

St. Patrick's Day will have come and gone by the time you read this. Tradition says that corned beef and cabbage should be served, maybe dance a "jig" and certainly wear green so that you won't get "pinched." March 17 is a very special time for "lads and lassies" to have fun. Here's hoping that before the day was over you made some great memories, y'all.



New England Club

By Peg Corkum

Apparently word has gotten around our community that the New England Club is a good place to be for a couple of hours each month. Quite a few new members have been welcomed into our growing club.

On March 15, the "wearing of the green" was very much in evidence at our potluck dinner. Following the meal, we were enter-

tained by the Golden Troopers, a very talented group from the Ocala Civic Theatre.

The purpose of this club is to be a social source for On Top of the World residents who are from and/or have an interest in New England. Yearly membership dues are \$10 per person. Our monthly meeting is the third Thursday in the Arbor Club Ballroom.

Currently, as a community outreach, any member who wishes to donate to Interfaith Emergency Services food pantry may bring a non-perishable item to our meeting. Scheduled entertainment for April 19 is our very own Gates Landry. Be sure to mark your calendar!



Pennsylvania Club

By Pat Utiss

Horse racing is, by far, the favorite activity of the Pennsylvania Club membership. This is why we do it twice in a club year.

At March's meeting, as usual, there was plenty of laughing, good natured ribbing and generally, a good time was had by all. I cannot say for sure who the big winners were, but I know Gladsie Astleford came up to the pay off window several times.

We could never put on this program without the help of our many volunteers. I want to especially thank Larry Wilver, John Kreps, and Rod Emrick who laid out the racecourse. This involves a lot of bending over and they did a good job. Also, the tellers, who take the bets, work very hard to keep the money straight. Thanks go to Carol Emrick, Eileen Kreps, Joan Cummings, Janet Wahl, Ruth Chrimer, and Shirley Wilver.

There will not be a regular meeting in April. Those who have tickets will be going to Hudson Dinner Theatre.

May will be our covered dish picnic. This is the last meeting for the club year. More will be reported on this in the next issue of the World News.

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Recreation News

By Theresa Fields

We are fast approaching the warm sum-

mer months when our temperatures will start to climb. Please remember if you're soaking up the rays by the poolside or enjoying a game of golf, you'll need to drink plenty of water to prevent heat exhaustion during this time of year.

Our fourth annual Home Improvement Expo was held on Saturday, March 17. We had over 50 contractors at this event. The Expo brought over 1,000 visitors from On Top of the World Communities, Lake,

Sumter, Citrus, and Marion Counties. The contractors were very informative with a wide variety of displays, plenty of information, free estimates, discounts and door prizes. If you were unable to attend and would like information regarding some of the contractors that attended, contact the Health & Recreation office for a listing.

Miniature Golf

Many of you have taken advantage of the newly renovated miniature golf course, but if you have not had the chance and would like to try out your putting skills, please note that the equipment and score cards are located at the Health & Recreation office/fitness center. You may check the equipment out Monday through Saturday, from 7 a.m. to 8 p.m. and Sunday, from 9 a.m. to 5 p.m.

Victory Cruise

Join us for a day at sea as we board the Victory Casino Cruise in Port Canaveral on Tuesday, April 3. The cost of the trip is \$31 per person, which includes transportation, boarding fees, \$10 in free play added to your card and a lunch buffet. Register at the Health & Recreation office.

Document Destruction

Enviro-Shred will return on Friday, April 13 in the Health & Recreation parking lot, from 1 to 2:30 p.m. This company will be on-site to shred all your important documents. The cost is \$3 per one-cubic foot (normal storage size box or computer paper box).

Hands Across the Highway

Come join us at our annual Hands Across the Highway Art Expo on Saturday, April 14, from 10 a.m. to 1 p.m. at the Circle Square Cultural Center. This event will showcase local artists from On Top of the World Communities, Oak Run, Stone Creek and more. We will have over 30 artists displaying some of the finest artwork around this area. Please join us and enjoy the entertainment by the Paul De Ritter Duo/Quintet as you take in the wonderful art show. This event is free!

Rags to Riches Sale

It's that time of year again when we clean out our attics, garages and join our friends for the bi-annual Rags to Riches sale. This will be held on Friday, April 27, at the Health & Recreation Ballroom, from 9 a.m. to noon. The cost of a table is \$8 and there will be a two-table maximum. The SPCA will have coffee and doughnuts for sale with all proceeds going to help the sheltered animals. To reserve a table, please contact the Health & Recreation office.

Happy Hour

Happy Hour has become the nightlife here at On Top of the World. If you have not joined us for the live entertainment and our themed Happy Hours, you have really been missing out.

On Friday, March 2, we celebrated Bike

Night with the "The Dukes." This group was a hit with our crowd as the dance floor was never empty. Many dressed in black leather and boots with some residents arriving on their motorcycles. This was definitely a fun night for all!

In observance of Good Friday, Happy Hour will be cancelled on Friday, April 6. This month's themed Western Hoe Down Happy Hour will be on Friday, April 13. Come join us for a boot kickin' good time.

Don't forget that the third Happy Hour of each month will be held at the Health & Recreation Ballroom.

Resident IDs are always required for entry.

- April 6: No Happy Hour
- April 13: Dunning Shaw (Western Hoe Down)
- April 20: Tomaura (Health & Recreation Ballroom)
- April 27: One Flite Up

Seminole Casino Trip

Our next Seminole Casino trip is scheduled for Thursday, April 19. The cost of this trip is \$20 per person and this includes your round trip transportation, \$25 in free play along with a \$5 lunch voucher. You may register at the Health & Recreation office.

High Tea

Enjoy a relaxing afternoon while sharing your favorite glass of tea and enjoying light entertainment during our ladies High Tea on Thursday, May 3 in the Arbor Club Ballroom. This high tea is remembering all the mothers whether they are grandmothers, daughters, step moms or best friends. We all have someone special in our lives who we would like to remember during this special time. Bring your favorite teacup and enjoy assorted teas, along with finger sandwiches, desserts and fruit. The cost is \$12 per person and you can register at the Health & Recreation office.

Social Hour

We will be having another Social Hour on Thursday, May 31. This is becoming a popular event with a lot of our residents. Enjoy easy listening music played on the keyboard by Tony with Sounds of Time. Light refreshments and a cash bar will be available. Gather your neighbors, friends and come join us for social evening close to home. This event is free.

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EVENTS/ACTIVITIES*

* Schedule and performers subject to change. For the latest information, please visit www.ontopoftheworldinfo.com or see channels 17 / 21 / 703 / 730 (Brighthouse).

Tuesday, April 3

Victory Casino Cruises
Port Canaveral, Fla.
\$31 per person
To register, call 854-8707 x7533 or 7530.

Thursday, April 5

Farmer's Market
The Town Square
9 a.m. to 1 p.m.
"Cooking Demo" from 10 to 10:30 a.m.

Opera Tampa
Circle Square Cultural Center
7 p.m.
Free for residents (tickets required)
\$5 per non-resident
For tickets, call 854-3670.

Friday, April 6

Tomaura
The Town Square
7 to 10 p.m.

Saturday, April 7

Recorded Favorites
The Town Square
7 to 10 p.m.

Best of Circurious Cirque Show
Circle Square Cultural Center
7 p.m.
\$23 per resident
\$25 per non-resident
For tickets, call 854-3670.

Thursday, April 12

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, April 13

Enviro Shred
Health & Recreation parking lot
1 to 2:30 p.m.
\$3 per one cubic foot

Western Hoedown Happy Hour with Dunning Shaw
Arbor Club
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, April 14

Bicycle Clinic
Health & Recreation parking lot
8 to 10 a.m.

Hands Across the Highway Art Expo
Circle Square Cultural Center
10 a.m. to 1 p.m.

Second Slice
The Town Square
7 to 10 p.m.

Thursday, April 19

Seminole Hard Rock Casino
Tampa, Fla.
\$20 per person
To register, call 854-8707 x7533 or 7530.

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, April 20

Happy Hour with Tomaura
Health & Recreation Ballroom
4 to 8 p.m.

Automatic
The Town Square
7 to 10 p.m.

Saturday, April 21

Recorded Favorites
The Town Square
7 to 10 p.m.

The Contours with Joe Billingslea
Circle Square Cultural Center
7 p.m.
\$16-\$20 per residents
\$18-\$22 per non-resident
For tickets, call 854-3670.

Thursday, April 26

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, April 27

Rags to Riches
Health & Recreation Ballroom
9 a.m. to noon

Happy Hour with One Flite Up
Arbor Club
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Lou Christie
Circle Square Cultural Center
7 p.m.
\$21-\$25 per resident
\$23-\$27 per non-resident
For tickets, call 854-3670.

Saturday, April 28

Mardi Gras Celebration
The Town Square
4 to 9 p.m.

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On Top of the World Communities BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W. - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day in advance for pick-up
Indigo Community Center Parking Lot

OCALA RUN: MON., TUE., WED. & THUR.	ARRIVE	PICK-UP
Jasmine Square	9:50 am	12:10 pm
Dillard's & Kohls (1st & 3rd Thurs) ...1st Run Only	10:05 am	11:35 am
Lowe's ...1st Run Only	10:10 am	11:40 am
Paddock Mall	10:15 am	11:45 am
Wal-Mart	10:20 am	11:50 am
Target ...1st Run Only	10:25 am	12:00 pm
Gaitway Plaza		

2nd RUN

Wal-Mart	12:05 pm	1:45 pm
Best Buy	12:10 pm	1:50 pm
Gaitway Plaza	12:15 pm	1:55 pm
Paddock Mall	12:20 pm	2:00 pm

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Beall's & Wal-Mart...1st & 3rd Thursday of the Month...1st run Ocala...2nd run Hwy 200 W.
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For information call Health & Rec. @ 352-854-8707 ext. 7530 or 7533

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Gate Attendant Receives Award

By Bob Woods
World News Writer

In a letter dated in late February, Lynette Vermillion, General Manager of On Top of



Photo by Bob Woods

Ken Sullivan received the Guardsmark Gate Attendant of the Month award.

the World, received notification that "Kenneth Sullivan has been given the Guardsmark Security Officer of the Month award for the Florida Region." Ken is an On Top of the World gate attendant presently manning the SW 99th Street gate from 2 to 11 p.m. The award carries a cash award along with a certificate of honor making Ken eligible for the Security Officer of the Year Award that carries a \$10,000 cash prize for first place.

Guardsmark is a major provider of security services in North America, Puerto Rico, and the British Isles employing some 19,000 employees in all phases of security including the three gates you pass through entering and departing our community. A sidebar stated by Time Magazine describes Guardsmark as a company that "many security experts consider the best national firm in the business."

According to Lynette Vermillion, Guardsmark has been the gate contractor since 2007. "Guardsmark was selected from a number of bids received because of their officer interview process, training program, professionalism and general oversight," Lynette added.

Talking with Bob Blanko from Guardsmark's Regional Office, the Security Officer of the Month is judged on his or her work performance, appearance, professionalism, adhering to company objectives, and the list of categories continues on and on.

Ken Sullivan has been with Guardsmark for the past five years. He worked in security in New York City while residing in the Bronx. He has been a resident of On Top of the World for the past eight years.

When you see Ken at his SW 99th Street gate, make sure you say hello to him or give that automobile horn of yours a slight beep.

Elvis Lives

By Bob Woods
World News Writer

Elvis lives! I saw and heard him! "Fill the Blue Suede Shoes"™ Elvis™ Tribute Artist Contest™ was held Saturday, March 3 at the Circle Square Cultural Center where a winner was crowned and received a \$2,000 check to boot.

Twenty-one Elvis tribute artists performed on stage to compete in the preliminary round of the competition. The competition was judged by five Ocala prominent locals who weeded the number down to 10 finalists. The 10 finalists performed in an evening performance judged by the same group of judges, all of whom are Elvis Presley fans.

The judges for this competition were Susan Smiley-Height, assistant city editor of the Ocala Star-Banner; Bill Lodzinski, gen-



Photo by Bob Woods

First place winner: David Lee Roseberry.

eral manager of Lamar Outdoor and past-chairman of the Marion Cultural Alliance; Rosey Moreno-Jones, career specialist of CLM Workforce; Rus Adams, president of Clear Channel Outdoor and board member of Marion Cultural Alliance; and Mary Britt, executive director of Ocala Civic Theatre. The judges' criteria for scoring in both the preliminary and final rounds were, vocals representing 40% of the score; appearance 20%; stage presence 20%; and overall performance being awarded a maximum of 20%.

The 21 contestants hailed from all over the country and one participant was from France and two from Canada. The rest of the contestants represented nine states with seven claiming Florida as home.

Jo Salyers, Director of Marketing of On Top of the World Communities, Inc. and General Manager of Circle Square Commons awarded the prizes for the evening. The first place winner, David Lee Roseberry from Birmingham, Ala., received a \$2,000 check and certificate making him eligible to enter the "Ultimate Elvis Tribute Artists Contest" in August in Memphis, Tenn. where he has a chance to win the \$20,000 first prize. Winning second place and receiving \$1,500 was Matthew Cordell from Pigeon Forge, Tenn. and the third place \$1,000 prize went to Jerome Jackson from Ozark, Ala.

Many of the contestants had their own cheering sections. There was a large crowd from Pigeon Forge who followed Matthew Cordell. There was another large group of Elvis fans from Tampa calling themselves the Elvis: Tampa Bay TCB Fan Club.

This was the first time this event had been held at the Circle Square Cultural Center and I'm sure it won't be the last. There were many patrons listening to and attending the preliminary round and I would estimate there were more than 500 Elvis fans attending the final round.

The preliminary and final rounds of the competition were enjoyable and entertaining. A hearty well done to those involved who competed in "Fill the Blue Suede Shoes"™ Elvis™ Tribute Artist Contest™.



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 <p>APRIL 21 The Contours with Joe Billingslea Tickets: \$16-20</p>	 <p>APRIL 27 Lou Christie Tickets: \$21-25</p>	 <p>MAY 5 3rd Annual "The World Has Talent" Show General admission: \$9</p>
 <p>MAY 19 Motown & More Tickets: \$16-20</p>	 <p>JUNE 2 3rd Annual Barbershop Quartet Extravaganza Tickets: \$8-10 Show begins at 2 p.m.</p>	 <p>JUNE 9 Logan Wells: A Tribute to Patsy Cline Tickets: \$15-17</p>

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Schedule and prices subject to change without notice. Reduced ticket prices are for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.



Photo by Bob Woods

Peter Wood and David VanBuskirk preparing for the upcoming Bonsai exhibit.

Bonsai Exhibit

By Bob Woods
World News Writer

Are you interested in learning an ancient art form? This art form is open to anyone with a little foresight and imagination. It is called Bonsai.

Master the Possibilities and the Marion Bonsai Society will host the 5th annual Bonsai exhibit in the main lobby of the Education Center on Wednesday, April 4, Thursday, April 5, from 9 a.m. to 4 p.m. and Friday, April 6, from 9 a.m. to noon.

Light refreshments will be served at the exhibit and members of the Marion Bonsai Society will be on hand to answer questions. If nothing else, you should attend just to see the beautiful creations and socialize with your neighbors.

What is Bonsai? Bonsai is basically a Japanese art form of growing miniature trees in containers. The Japanese have been creating Bonsai for the past 1,000 years, getting this from the Chinese who practiced this art form for the past 2,000 years. Generally, the word Bonsai in our English culture is a term utilized for all miniature trees or shrubs in containers or pots.

Bonsai is often confused with dwarfing. Bonsai utilizes cultivation techniques such as pruning, potting, root reduction, defoliation, and grafting of small trees and shrubs creating the shape of mature, full size trees and shrubs. Bonsai can be further characterized as creating a miniaturized, realistic rendition of nature.

If you are interested in learning more,

why not attend some of the Bonsai classes being offered on the same days as the exhibit? There are two classes, one being taught by resident, Peter Wood and the other by artist, David VanBuskirk, and owner of D & L Bonsai Nursery in Ocklawaha, Fla.

"Basics of the Art of Bonsai" will take place on Wednesday, April 4, at 1:30 p.m. Taught by Peter Wood, this class will provide an introduction to Bonsai along with basic horticultural and artistic principles applied to Bonsai. One of Peter's topics will answer, "How does that tree grow in that small pot?" plus other related subject matter.

Peter has been creating Bonsai for the past 11 years. He is also a member of Florida's Bonsai Society along with Central Florida's Bonsai Club and the Marion Bonsai Society. He also chaired Disney's Epcot® Bonsai exhibit for six years during the Epcot International Flower & Garden Festival.

David VanBuskirk will hold a "Bonsai Demonstration" on Thursday, April 5, at 1 p.m. David will present live demonstrations on the creation of a Bonsai from stock material. David has a unique presentation that combines artistry and horticultural principles and practices.

Both classes are free to residents and a minimal cost of \$5 for non-residents. To register, visit www.masterthepossibilities.com or stop by the Education Center.

Come out and enjoy this free exhibit!

Women of the World Luncheon & Fashion Show

By Bob Woods
World News Writer

Imagine the roar and volume generated by a room full of women. The aroma of barbeque filled the air. Over 300 women from On Top of the World attended the 28th annual Women of the World (WOW) Luncheon & Fashion Show benefitting Hospice of Marion County.

The fashion show comprised of 15 models from the club, each modeling two different outfits supplied by Belk. Young gentlemen from West Port High School escorted the models onto the stage. The garments were announced by Stephanie Perkins, manager of our local Belk store.

The delicious meal was catered by Sonny's Real Pit Bar-B-Q consisting of pulled pork and chicken with all the fixings. Dessert consisted of peach cobbler.

During the meal, gift certificates, donated by local merchants, were issued as door prizes.

The Heath & Recreation Ballroom was

decorated in a Mardi Gras theme and beautifully decorated baskets containing all types of goodies, donated by WOW members, filled the room. The baskets were part of a silent auction drawing. All proceeds from the auction and the annual affair itself were donated to Hospice of Marion County.

WOW President Marsha Vieu presented a check in the amount of \$1,585 to Volunteer Coordinator Kathy Berning, who stated, "Since Women of the World has been holding the annual Luncheon & Fashion Show, the club has donated over \$27,000 to Hospice of Marion County."

After all the money was counted from the purchase of tickets for the "second chance raffle," another check will be written and forwarded to Hospice of Marion County for \$3,142; making this year's total donation \$4,727.

Great job ladies!



Photo by Bob Woods

Women of the World models at the luncheon and fashion show.



Photo courtesy of On Top of the World Communities, Inc.

Farmers Market reopened on Thursday, March 1.

Opening Day at Farmers Market

By Ray Cech
World News Writer

Residents and non-residents alike were treated to the sights and smells of springtime at the opening day of the Farmers Market. Fresh vegetables, flowers, handmade pens, honey, jams, puppies and a whole lot more were on display and for sale at Circle Square Commons, on Thursday, March 1.

At least 20-plus vendors were there and sales were brisk right up to closing time. Our Candler Hills Restaurant chefs were on hand for a cooking demonstration and tasting, while the trio under the

band shell provided some finger snapping, upbeat rhythms. And if you missed the Zumba dancers, you really missed a terrific free show of our very own, On Top of the World Zumba ladies in action. Okay, there may have been a guy or two in there, but who's counting!

Plan your Thursdays around the Farmers Market at Circle Square Commons. It opens at 9 a.m., and serves up a great morning of shopping, tasting, meeting friends, and entertainment.

Concert Chorus Performance

By Ray Cech
World News Writer

If you want to hear some of the finest voices in Ocala, keep April 22 open. The Concert Chorus will perform some wonderful "springtime" melodies, at 3 p.m., in the Health & Recreation Ballroom. The concert is free.

The Concert Chorus consists of sopranos, altos, tenors and bass singers, along with pianist Joyce Walchak. They are a huge hit wherever they appear. This is their springtime concert and it will include many of your favorite songs, such as "Singing in the Rain," "Hey Look Me Over," and "Till There Was You."

While the Chorus evolved organically from a group formed way back in 1984,

they are now under the very professional direction of Christine Douglas. Ms. Douglas holds her Masters in voice and music education from the University of Texas and for 17 years taught voice and drama. Since Jan. 1, she has devoted her "retirement" to directing the On Top of the World Concert Chorus.

This very talented and professional ensemble of singers will at times feature solos, as well as, duets and quartets. The variety and tempo of their show guarantees that you will be singing, humming, and toe-tapping along.

Don't miss it: Sunday, April 22, 3 p.m. in the Health & Recreation Ballroom!



Photo by Mike Roppel

Concert Chorus will perform again on Sunday, April 22.



Director of Golf

By Brian Boeling

In the past couple of months I have heard a lot of our golfers complaining about their backs, pulling hamstrings and getting injuries while they are playing golf. Golf is a unique sport, where you use every muscle while playing.

In one of our monthly Golf Clinics, we went over proper warm up exercises, which I would like to share with you, which only takes 20 minutes prior to playing.

20-Minute Golf Stretching Exercises Before a Round

By Karen Boomer
LPGA Golf Professional and NESTA Fitness Instructor

Start this routine about 15 to 20 minutes before you tee-off. It loses its effect if you spend 15 to 20 minutes afterwards getting your bag and clubs together. You should be changed and ready to play so that you tee-off within five minutes of finishing this warm up.

STEP 1: Walk briskly for three to five minutes, either around the car park or a quiet area of the course. You might want to

walk from your car to the locker room and back a few times.

STEP 2: Supported squats will elevate your heart rate and increase blood flow to the major muscle groups.

1. Hold a short club (i.e. eight iron) overhead with hands at either end. Arms should be fully stretched directly above you.
2. Squat down until your thighs are almost parallel to the ground and stand up. Repeat 10 times.
3. Rest and repeat again.



STEP 3: Golf stretching exercises to be completed are the following:

ARM SWINGS

1. Stand tall and hold arms out to your side.
2. Slowly swing your arms back and forth across the front of your body.
3. Repeat this continuous motion for 30 seconds.

TRUNK ROTATIONS

1. Stand with a shoulder width stance. Place a club on your shoulders holding it at either end.
2. With knees slightly bent, bend forward from the waist slightly (as



though adopting the swing posture).

3. Turn from side to side aiming to get the ends of the club directly in front of you with each turn.
4. Complete a total of 15 to 20 full swings.

STANDING SHOULDER STRETCH

1. Stand with a shoulder width stance and place both hands on the end of the club.
2. Lean forward keeping your back flat until you feel a stretch in your shoulders.
3. Hold for 10 seconds and relax. Repeat a total of three times.



LEG SWINGS

1. Start by standing with your feet shoulder width apart.
2. Keeping your upper body perpendicular to the ground swing one leg forward and backward.
3. Do not swing your leg so hard that you cannot keep your upper body from moving.
4. Repeat for 10 full swings and repeat on other leg.



ALTERNATE TOE TOUCHES

1. Start by standing with your feet spread as far apart as comfortably possible.
2. Lean forward toward one leg and try to reach your foot or until a comfortable stretch is felt in your low back and hamstrings.
3. Now try to touch the other foot with the opposite arm. This motion should be continuous, alternately

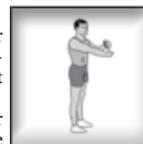


touching each foot (as close as possible) with the opposite hand.

Skip this stretch if you are prone to lower back pain or if it causes you any discomfort.

WRIST EXTENSIONS

1. Stand with your right arm extended straight out.
2. Pull back your fingers with the other hand until you feel a stretch in your forearm.
3. Hold for 10 seconds and repeat with the other wrist. Repeat again for each wrist.



STEP 4: Complete two to three minutes of practice swings working on any techniques, or swing thoughts you may have been given. It's important not to practice technique with a weighted club or two clubs at this stage. You are now warmed up physically and this time is about sharpening your swing and reminding yourself of any coaching points to work on during the round. It is also a good idea to rest completely for about two minutes before you tee-off. Avoid walking up to the tee out of breath as this will compromise your ability to control your swing.

World Accolades

I would like to take this opportunity and thank the staff of On Top of the World, all of the volunteers and the participants of the Pro Am who all helped to make the Ocala Open a success. We raised \$20,000 for each of the charities, Hospice of Marion County and Interfaith Emergency Services, which this tournament was ultimately designed for.

ON TOP OF THE WORLD LINKS: Feb. 13, Armando Pena, Eagle on #7.

ON TOP OF THE WORLD TORTOISE & HARE: March 9, Steve Becker, shot 77 (best score ever).

CANDLER HILLS: Feb. 20, Chris Jett, shot 66 (two strokes better than his age). Feb. 21, Pat Clayton, shot 68 (better than his unknown age). March 7, Gill Schofield, shot 75 (two strokes better than his age).

World Golf Championship

We recently held the annual World Golf Championship, Feb. 23 through 25, which the participants had to play through all sorts of elements, 30 mile per hour winds, rain and cold temperatures over the three courses. Kudos to the participants who endured these conditions.



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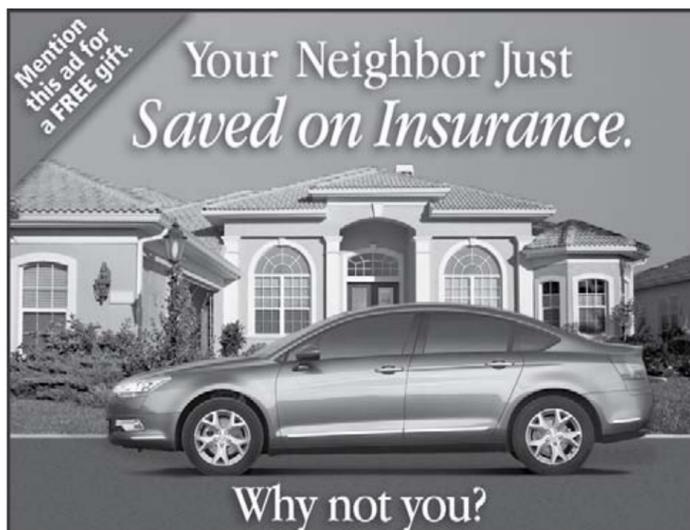


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Ladies 9-Hole Golf

By Diane Dzik

The 9/18 invitational held on Tuesday, Feb. 28 was a lovely event. Thirty-five ladies rallied to play a scramble followed by a chicken buffet with dessert in the Arbor Conference Center. Tables were decorated with smiling snowmen and snowflakes in anticipation of cold weather, which turned out to be cool and foggy!

Darlene Clark was the winner of the golf outfit donated by the On Top of the World Golf Shop. Congratulations to Ruth Koch for chairing this event and to her committee members, Caroline East, Joan Rappa, and Diane Dzik, and servers Lorraine Rourke, Jane Wilson, Kathy Bologna, Charlie Hassett, and Cathy Hathaway. A big thank you goes to Denise Mullen for her help in organizing the tournament play.

On Tuesday, April 3, we will be playing the Charity Scramble. Donations will go to support the Wounded Warrior Project. Participants are asked to dress in red, white, and blue. Make checks payable to LPGA 9, indicating charity event. This is your chance to play golf and help our heroes.

On Tuesday, Feb. 14, eight of our members participated in the Cupid Classic at the Country Club of Ocala. Myra Noel's team took a second place with a score of 37, and Ruth Koch's team took a third with 39. The winner of the grand prize raffle, however, was Caroline East who won a huge basket of "goodies" and a free round of 18 holes for a foursome. Way to go prez!

Points to Ponder: Care of our golf courses continues to be a concern to all who love to play. Remember to fill in divots, and repair ball marks. Also, players must mark their ball on the green regardless of where it lies. Remember to keep clubs and the flagpole out of the line of putt to avoid penalty.

Low Net Feb. 14

Chip Ins: Carol Bell and Lucy Quaranta
Flight 1: Tie at 34-Carol Bell and Linda Dumeer.
Flight 2: 34-Ann Hetzel. Tie at 36-Donna Fey and Eileen Gustavus.
Flight 3: 33-Linda Heenan. 39-Charlie Hassett.

Odd Holes Feb. 21

Flight 1: 11-Carol White. Tie at 12-Marlene Floeckher, Ruth Koch and Deb Mallardi.
Flight 2: 7-Myra Noel. 8-Karolyn Poggi.
Flight 3: Tie at 9-Linda Heenan, Ethel Miller, Adele Stelljes.
Flight 4: 9-Charlie Hassett. 11-Pat Lauletta.

9/18 Invitational Feb. 28

Flight 1: 35-Peggy Borro, Joan Cecchini, Jeanne Rice, and Ida Rosendahl. 37-Harriet Brower, Charlie Hassett, Iro Lisinski, and Susan Rhodes. Tie at 38-Janet Juhlin, Shirley Smagner, Marge Warren and Joan D'Addio, Kathy Dushary, Andy Flannery, Linda Heenan.
Flight 2: 35-Mike Beyer, Darlene Clark, Bev Ovrebo, Ruth Mitchell. 38-Linda Blewitt, Glenna Swank, Pauline Beloin, Ethel Miller. Tie at

40-Carol White, Sandy Chase, Karolyn Poggi, Eileen Gustavus; Mary Lyon, JoAnn Roney, Jane Wilson, Dorothy Muller; Linda Bervinkle, Georgette Perrault, Myra Noel, Dodie Phillips.

Modified Scramble March 6

Tie at 43-Deb Mallardi, Joan Rappa, Betty Jo Dent; Lorraine Rourke, Pauline Beloin, Donna Fey, Linda Heenan; Carol White, Kathy Dushary, Connie Deignan, Ethel Miller; Marlene Floeckher, Mike Beyer, Pat Lauletta, Ann Hetzel.



Photo by Brian Boeling

World Golf Championship winners pictured from left to right: Men's Overall Net: 206-Bill Blewitt; Ladies Overall Gross: 235-Deb Martin; Ladies Overall Net: 208-Tona Scheibal; and Men's Overall Gross: 229-Bobby Marson. Congratulations!



Photo by Vivian Johnson

Cupid Classic LGA-9 participants at the Country Club of Ocala.

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Candler Hills Men's Golf

By Joe Alfano

After much careful reflection, I have come to the conclusion that golf is a hard game to figure. One day you'll go out and slice it and shank it, hit into an inordinate amount of bunkers, and pretty much miss every green. The next day you go out and for no reason at all you really stink!

Congratulations are the order of the day for new CHMGA Match Play Champion Mike Deahl. Mike survived five grueling and tension filled (?) matches to wrest the championship in the final round from worthy opponent and former champion Walt Pacuk. Well played to Mike, Walt and all the other participants in the tournament. Kudos to Tournament Chairman Nick Nimerala for the fine job he did in the running of the tournament.

Speaking of tournaments, special congratulations go out to members Jim Dyke and Nick Nimerala for their fine performances in the On Top of the World Around the World Golf Championship. Jim garnered first place in the championship low net bracket and Nicky captured the first place honors in his flight for his low net score. Well-played "baffin yer ball" to both these fine gentlemen!

Someone once said, "a 'gimme' can be defined as an agreement between two golfers ... neither of whom can putt very well." Having absolutely no trouble on the greens this past month was Pat Clayton (68), Chris Jett (70), Chris Piotrowski (71), Lon Scheibal (72), Larry Joseph (73), Larry Smallwood and Walt Pacuk (75), Bill Anger and Tom Garrison (76), Bryant Giffin (77), Bruce Venslavsky (78) and Garry Gerlach, Dave Martin, Gil Schofield and Glenn Sauer (79). Well-done gentlemen "baffin yer ball!"

The association welcomes new members Roger McKay, Chuck Lafferty, Paul Kannapel and Ron Fulton to our honorable company of gentlemen golfers. I must warn you

guys that though we may take our golf seriously, we take our post-round social obligations more so. We value the camaraderie as much as we do this hallowed game, so be prepared to stick around after play and enjoy the banter and repartee and we are not adverse to you guys spending some of your high school graduation money at the bar! If anyone is interested in playing in such an environment, e-mail me at tjalf8371@yahoo.com for more information.

Our fundraising efforts are in full bloom and we all look forward to our next group of recipients of the Scholar/Athlete Award. With that said, continue to be on the lookout on league day for Forrest or Lt. Dan for that winning ticket.

As always, I wish everyone a life full of "nothing but fairways and greens," and with the April holidays soon upon us, let's be careful out there should you see Thumper trying to cross the road.

Four-Man Two Best Balls Feb. 14

121-Larry Joseph, Tom Racinowski, Ed Pozsony & Bob Starrett and Bryant Giffin, Jack Gus-

tafson, Gil Green & Bob Cowie; 122-Glenn Sauer, Mike Deahl, Andy Bulloch & Rich Lilly.

Four-Man Three Best Balls Feb. 21

187-Pat Clayton, Dave Miller, Mike Romm & Roger McKay; 188-Chris Jett, Mark Monk, Phil Moherek & Rich Vullo; 192-Tom Garrison, Ken Zweiback, Rich Freeman & Bill Horton.

Four-Man Team Stableford Feb. 28

165-Pat Clayton, Tom Matinetto, Joe Mandala & Bill Horton; 157-Mike Rec, Bruce Venslavsky, Phil Moherek & Rich Smith; 156- Chris Jett, Marc Schaffer, Jim McGrath & Rich Vullo; 152-Garry Gerlach, Ken Zweiback, Gene Francisco & Don Huston and Bryant Giffin, Glenn Sauer, Bob Starrett & Rich Lilly.

Four-Man Two Best Ball Stableford March 6

98-Chris Piotrowski, Rich Freeman, Gil Green & Roger McKay; 96-Bill Anger, John Menzies, Dick Williams & Fred Hobbs; 93- Tony Mistryer, John Redden, Ed Pozsony & Bob Cowie.



Candler Hills Ladies 9-Hole

By Judith Parisi

We're starting to see longer days, and lots of sun. We've had a great winter for golf and spring promises to bring even more opportunities.

This month, our member interview is with Renee Aden. Renee shared answers to the following:

Are you enjoying the golf experience? "First of all, I'm so happy that I decided to give golf a try. Golf has helped me stay active, but has also helped me make so many new friends. I marvel at why it took me so

long to give it a try!"

Complete this sentence: My friends would say ... "My friends would say that I am a "creative, results-orientated" personality type. They also know that I love helping people and encouraging them to try new things. I think that my friends and family would also say that I am very motivated and determined (stubborn to my family) to be a success in whatever do."

Who or what inspires you? "I'm inspired by the young men and women in our military and everything they are doing to keep this country safe. Out on the golf course, enjoying the company of friends, following that little ball around, and being out in our beautiful Florida weather, and we can do all that because we are under the protection of our U.S. military. I love this country!"

What attributes did you learn as a child that follows you every day? "One of the

things that I learned as a child from my grade school nuns was to always treat people as you would like to be treated. I try every day to remember that "golden rule" and try to put it into practice. Those same nuns also taught us to put things back where we found them. I'm just having a hard time getting that silly ball in the cup, even though I know that's where it belongs!"

Renee is an active member with the Candler Hills LGA. She serves as our liaison to the Handicap Committee. Thank you Renee for your work and positive spirit!

Scramble Feb. 16

39-Lorie Anderson, Pat McCrory, Sandy Schaffer, Sue Johnson. Tied at 40-Diane O'Brien, Carol Deahl, Nancy Dreimiller, Susan Layne; Denise Blanchard, Donna Liphardt, Carol Hobbs, Eleonora Buba; Renee Aden, D-Ann Jung,

Marcie Hock, Pat Pozsony.

Low Gross/Low Net March 1

Chip-In: Mary Giannukos
Birdie: Lise Jordaen
Flight 1 Low Gross: 47-Susy Trembulak.
Flight 1 Low Net: Tie at 33-Diane O'Brien and Maryann Holmquist.
Flight 2 Low Gross: 49-Vicky Salyers.
Flight 2 Low Net: 33-Olive Curtin; 34-Kathy Hall.
Flight 3 Low Gross: 49-Debbie Massari.
Flight 3 Low Net: 34-Cheryl Engeman; 35-Julie Crudele.
Flight 4 Low Gross: 55-Rhonda Brooks.
Flight 4 Low Net: 32-Lois Laine; 37-Mary Giannukos.

3 Clubs and a Putter March 8

Flight 1: 34-Maryann Holmquist; 35-Lise Jordaen.
Flight 2: 35-Judy Parisi; 38-Renee Aden.
Flight 3: 37-Julie Crudele; Tie at 38-Pat McCrory and Elaine Van Bloom.
Flight 4: 40-Mary Giannukos; 44-Eve Harvey.



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Mah Jongg

By Mary Ehle

We will be teaching a class in Mah Jongg starting Wednesday, May 2 and running for five weeks from 12:30 to 2:30 p.m. For more information and to register, please call me at 873-7507.

Now for the tournament ... Jean Zrowka had an unbelievable run of good luck. First, she won the drawing for the free October tournament and then she won two special hands. She topped off her day by coming in first place for the overall tournament.

Second place was a tie between Maybelle Barber and Nancy Brigham. The next prize went to Penny Wilson and fifth place went to Mamie Panzera and Phyllis Huntington. Lucy Quaranta and Pat Utiss split the last prize. Cathy Hathaway was also a prizewinner but ask her all about it.

I want to thank everyone for all their great help. I could not do it without all your help. Thanks!

The next tournament will be Saturday, Oct. 6. It is not too early to sign up. Don't be left out. Registration closes two weeks before the date. Jokers to you.

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Men's Golf Association

By George Blankenship

As I write this article and certainly by the time that you are reading it, I believe that we can safely say that spring has arrived (maybe some early summer). I can tell because the pollen has been causing my allergies to go crazy for some time now. However, all in all we have had a very mild and pleasant winter this year.

The three-day MGA Championship was played on March 16, 19 and 21. We had a few less participants this year than last year for some reason. If you have a reason for not participating in this tournament, and we can perhaps remedy it, please let a board member know. We would like to encourage everyone who is a MGA member to play. Anyway, by the time you are reading this the 2012 MGA Champion will have been decided and you will already know who that is.

We recently had the opportunity to host the Candler Hills MGA here on March 14 while the Ocala Open was being held at their course. I hope their MGA members who participated enjoyed themselves. The On Top of the World MGA is invited to

play at Candler Hills on May 15 so mark your calendar.

As you are reading this, the Ryder Cup will be just beginning. This year we, are the host club and our team hopes to be able to retrieve the trophy so as to have it displayed in our Golf Shop. This is the fourth year for the playing of the Ryder Cup and I guess you could refer to it as the "rubber" year. The first year was declared a tie, the second year the On Top of the World MGA won and then last year Candler Hills MGA took it home. So this is a tie-breaking year.

We mentioned last month about the work being done on #14 on the Tortoise & Hare, and it looks like that project is coming along. By the time you read this, you may have already heard about the expected closing of some holes on the Tortoise & Hare to do the work on #16 and #18 that we have been looking forward to for a while. What I understand is that the back nine of this course will be closing sometime in May and will be closed for a period of 60 to 90 days to complete the work and let the sod grow in. I, for one, look forward to the improvements on these two holes and find the closing period a very small price to pay.

I know that Brian and the golf staff have begun a program to re-evaluate the assigned hole handicaps. I am not sure how that program is progressing, but I know that most everyone is anxious for a "re-do" on this. Therefore, I would like to ask our MGA members to cooperate in whatever requests are made to help accomplish this

goal. Until next month, play well, have fun, and remember we "play" golf. It's a game.

Straight Scramble Feb. 1/Links

62-Gary Hassett, Ed Schwinn, Paul Wade, Tom Cummings; 63-Jay Bouton, Bob Cates, Paul Stone, Bob Selmon; 64-Jon Hill, Bernard Locklear. Steve Gregely, John Ricciardone.

Feb. 1/Tortoise and the Hare

59-Bob Cronin, Armando Pena, Jerry Segovis, James Moran; 61-Charles Casale, Edward Conaway, Hira Roy, Tom Pasch; 63-Ed Klodzen, Ron Cleveringa, Don Noel, Ronald Wilson; 63-Joseph Bologna, Dan Carty, Jack Martin, Anthony Romiti.

Individual Stableford Feb. 8/Links

Gold Flight 1: 44-Willie Schneider; 43-Art Buecher; 41-Francis Caprez, Johnny Gill; 40-Guy Russell, Joseph Bologna, Maurice Kingsley. Gold Flight 2: 47-Phil Johnson; 44-Hira Roy; 43-David Miller, Steve Gregely; 42-Art Dushary, Bernard Locklear, Tony Magri.

Gold Flight 3: 47-Kas Kaske; 46-Jack Hegarty; 44-Alan Mundie; 43-Tom Pasch; 40-John Ricciardone; 39-Ken Cotte.

White Flight 4: 43-John Langville; 42-Al Wassmer; 41-Rudy Normandin; 39-Larry Lucier; 38-Dennis Brown; 37-Michael Almon, 37.

White Flight 5: 51-John Hall; 40-Mike Maillet;

38-Edward Conaway; 37-Carl Zeiler, Tom Treppa; 36-Paul East.

White Flight 6: 38-Raymond Wilson, Rocky Groomes, Tom Cummings; 37-Bill Flannery, Richard Enos, Robert Moravec.

Individual Quota Points Feb. 15

Flight 1: +9-Wes Dumeer; +6-Bill Keathley; +5-Charles Casale, Larry Lucier; +4-Al Wassmer, John Langville, Jon Hill, Tim O'Neil.

Flight 2: +10-John Hall; +6-Art Dushary, Art Dushary, James Merrick, Tom McHaffie; Joseph Bologna, Paul Wade.

Team Quota Points Feb. 22

+13-Jack Ashenfelter, William Muller, Gary Hassett, Bernie James; +11-Jimmy Johnson, David Miller, John Hall, William Miller, Don Noel, Carl Zeiler, Guy Russell.

Individual Stableford Feb. 29

Gold Flight 1: 44-David Miller, James Merrick; 42-Charles Casale, Francis Caprez; 41-Art Buecher; 40-Guy Russell, Ray Hellman.

Gold Flight 2: 48-Joe Dent; 45-Art Dushary, Jack Ashenfelter; 44-Tony Magri, William Engels; 43-Douglas Coleman.

Gold Flight 3: 51-Jack Hegarty; 48-Alan Mudie; 42-Bill Walker, James Moran, Tony Capillo; 41-Mike Sieg, Peter Peterson.

White Flight 1: 41-Dennis Brown; 39-Al Wassmer; 38-Paul Del Vacchio; 37-George Blankenship, Jay Bouton, Rudy Normandin.

White Flight 2: 40-Dan Carty, Marvin Williams, Mike Maillet; 39-Gene Sohler; 38-Jerry Chase; 37-Tom Treppa.

White Flight 3: 41-Tom Cummings; 37-Ray Messer; 36-Jim Borro, William Miller; 34-Robert Moravec; Norm Lallier.



Ladies 18-Hole Golf

By Marilyn Rose

Can you believe that the season is already winding down? First, a big thank you to the 9-hole LGA. We all enjoyed a wonderful day. The weather held out and we really enjoyed ourselves. We played our Member/Member and our league Championship.

Here are some tips from our rules. Think these over and, when you can, help each other out when there is a question.

- Watch how you walk on the greens. Don't leave marks by dragging your feet. If you do happen to do so, pat it down before you leave.
- You cannot ground your club in a hazard.
- Be sure to count all your strokes. If you are like me, that sometimes can be a challenge. Be sure you go back and go over each stroke you take. Sometimes, it is best to ask your playing partners to help you. Write down the actual score on each hole and then adjust at the end.
- When you put a marker behind the

ball, be sure you replace it in the exact distance from the marker.

These are just a few tips, but seem to be the things that trouble me and perhaps do the same for you.

Low Gross/Low Net Feb. 21 / The Links

Flight 1 Gross: 79-Beverly Ovrebø; 89-Rosemarie O'Neil.

Flight 1 Net: 66-Joan D'Addio; Tie-70-Janet Juhlin, Linda Blewitt.

Flight 2 Gross: 92-Ruth Caraway; 94-Patricia MacMurray.

Flight 2 Net: 68-Judy Pasch; 72-Geri Treppa.

Flight 3 Gross: 91-Angelita Pena; 99-JoAnn Roney.

Flight 3 Net: Tie at 68-Mary Muller, Susan Rhodes; 72-Karen Piccolo.

Flight 4 Gross: Tie at 101-Joan Cecchini, Shirley Smagner;

Flight 4 Net: 66-Marilyn Rose; 66-Harriet Brower, Dea Johnson.

9/18 Hole Invitational Event Feb. 28 / The Links

Flight 1: 35-Peggy Borro, Joan Cecchini, Jeanne Rice, Ida Rosendahl; 37-Iro Lisinski Susan Rhodes, Harriet Brower, Charlie Hassett; Tie at 38-Janet Juhlin, Shirley Smagner, Marge Warren; Joan D'Addio, Andrea Flannery, Kathy Dushary, Linda Heenan.

Flight 2: 35-Bev Ovrebø, Mike Beyer, Darlene

Clark, Ruth Mitchell; 38-Linda Blewitt, Glenna Swank, Paulene Beloin Ethel Miller; Tie at 40-Carol White, Sandy Chase, Carolyn Poggi, Eileen Gustavus; Mary Lyon, JoAnn Roney, Jane Wilson, Dot Muller; Linda Bervinkle, Georgette Perault, Myra Noel, Dodie Phillips.

Beat the Pro March 6 / Tortoise & Hare

Winners: Lori Anderson, Jo Apperson, Linda Bervinkle, Linda Blewitt, Harriet Brower, Joan Cecchini, Sandy Chase, Carolyn Cummings, Mary Driver, Fran Griswold, Laurie Hall, Carol Johnson, Dea Johnson, Janet Juhlin, Mary Lyon, Pat MacMurray, Susan Maillet, Dot Muller, Mary Muller, Gretchen Normandin, Rosemarie O'Neil, Bev Ovrebø, Judy Pasch, Karen Piccolo, Susan Rhodes, Jeanne Rice, Laurel Rohrer, Marilyn Rose, Vel Rose, Serine Rossi, Shirley Smagner, Val Smith, Geri Treppa, Susan Waters.

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Don't forget our awards banquet that will be held on May 2.

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Shuffleboard Club

By Grace Rohde

On Top of the World Shuffleboard Club general meeting with luncheon was held on Thursday, March 8 in the Health & Recreation Ballroom. There was a short business meeting and next years executive board and committee chairpersons were elected as follows:

Executive board: President Richard Enos, First Vice President Joe Veres, Second Vice President/By Laws Armann Rohde, Secretary Ginny Smith, Treasurer Phil Weiner, Past President Charlie Lentz.

Committee chairpersons: equipment/grounds Rick Vogel, Historian/Writer Grace Rohde, social events Carol Scruggs, Tournament Director Peter Van Arsdale, Safety/Play Instructor Joe Veres, get well/we care Gitte Agarwal.

Mary Harper, the guest speaker, was introduced by the Shuffleboard President Richard Enos. Mary spoke about Operation Shoebox, a non-profit organization, which she founded in 2003. Their main purpose is to let our brave troops know that we support them by sending care packages overseas to these men and women in the military.

Mary stated that one of their biggest costs is the mailing of approximately 1,000 care packages each week, and it is through donations, these goals are met. Besides

monetary donations, Mary mentioned that funds are also raised by the donations of ink cartridges and cell phones, which are then recycled. She also said that letters are very much appreciated by the troops, which are placed in the care bags to be sent to them. Mary then added, "What we send them is nothing in comparison of what they do for us."

Besides a check, which was presented to Mary by Richard Enos from the Shuffleboard Club, an additional collection was taken up for Operation Shoebox from the club members and also given to her.

Thanks goes to Margo Thomas who did a terrific job of planning and organizing the luncheon, and another thanks to Maxine Malone who was her helper.

A delicious meal of lasagna and chicken, catered by Pavarotti's Pizza and Restaurant, surely satisfied the taste buds of all the members who attended the luncheon, and I am certain, that no one went home hungry.

Besides all of the good food, it was a time to mingle with all members of the Shuffleboard Club. An all time favorite, bingo, was played, prizes were won, and fellowship was enjoyed.

Shuffleboard league competition winners for the month of February were:

Men

Monday a.m.: Charlie Lentz.
Tuesday p.m.: Rick Vogel.
Wednesday p.m.: Ernie Kelly.
Thursday a.m.: Greg Rasmussen.
Friday a.m.: Andrew Bulloch.

Women

Monday a.m.: Sally Herrick and Vickie Lentz.
Tuesday p.m.: Maxine Malone and Grace Rohde.
Wednesday p.m.: Paula Magen.
Thursday a.m.: Debbie Crump.
Friday a.m.: Marilyn Youngman.



Photo by Grace Rohde

Shuffleboard President Richard Enos presenting a check to Mary Harper, Operation Shoebox.

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Candler Hills Ladies 18-Hole

By Kelli Brunner

The weather was an additional opponent during the World Championship in February. The players had to deal with cold, rain, and wind on each of the three days of the tournament, however, three of our members prevailed in the end. Congratulations to Deborah Martin, Tona Scheibal, and Kate Beaty for persevering and coming through with a win. Way to go ladies!

Our Mardi Gras tournament in February was a huge success. Carts were cleverly decorated, players were adorned in green, gold, and purple (even the men), and all had a good time. A special thank you to Carol Clark for putting it all together, Tona

Scheibal for making it extra festive with decorations, and everyone else who helped make this tournament one that will want to be repeated in the same fashion.

Practice your putting and bring your A game to the Club Championship on April 19, 23, and 26. Trophies and prizes will be awarded to low gross and low net winners in three flights.

Our annual year-end meeting and luncheon will be held Thursday, May 3 after league play. LGA issues will be discussed and board members will be elected for next year; so, plan to attend the luncheon even if you cannot play golf that day.

Be on the lookout for a sign up sheet in our book in the Golf Shop. Absentee ballots for board members will also be available and can be dropped in our lock box.

In the words of Bob Hope, "If you watch a game, it's fun. If you play it, it's recreation. If you work at it, it's golf."

6-6-6
March 1

120-Pam Carpenter, Angie Jingco, Connie Norris, Kathy O'Leary. Tie at 122-Judie Anderson, Kate Beaty, Mary Pat Giffin, Donna Sauer; and Marge Cowie, Janet Juhlin, Iro Lisinski, Heddy Racinowski. Tie at 126-Deanne Green, Paula Lilly, Judy McGrath, Kathy Smyth; and Irmgard Anger, Joan D'Addio, Su Freeman, Piper Thomas.

Ts and Fs
March 8

Flight 1: 32-Tona Scheibal, 33-Su Freeman, 34-Judie Anderson.
Flight 2: 29-Kate Beaty, 32-Carol Clark, 33-Paula Lilly.
Flight 3: 34-Piper Thomas, 38-Angie Jingco, 39-Sandy Noe.
Flight 4: 31-Heddy Racinowski, 34-Vivian Schoefield, Tie at 39-Deanne Green and Kathy Smyth.

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Arbor Club Tennis

By Jorge Privat

I honestly don't remember a better winter than the one we had. Hopefully spring will bring us a lot more of the same.

By now, we have a new tennis committee in place, and new activities will be in the planning process. I commend all of you for participating in tennis activities, and particularly those of you who come to the courts on a regular basis. I like your enthusiasm, competitive spirit and the right attitude with which you embrace the sport because it is keeping your goals of good physical and mental health and the prospect of having a good time, which makes you come back time after time. Keep it up!

Tennis As An Uncontrollable Outcome

Most of the obviously counterproductive emotional responses during tennis matches are driven by subconscious fears of failure and urges to escape the stress of competition. Our nervous systems were

not designed to exert fine motor control for long periods of time under high stress.

Certain normal emotional responses frequently make players lose to opponents who are physically and technically inferior. By its very nature, tennis is an emotional game. It is inherently antagonistic, since players use their tennis tools to break down their opponents. It is a battle of wills, where players compete for physical and mental dominance, where threat and intimidation play significant roles in victory.

Closely contested matches are stressful, because winning them is so pleasurable and uplifting, and losing them is so painful (more true at highly competitive levels). For the serious tennis competitor, one who has invested countless hours honing tennis skills and who competes full bloodedly, the emotional stakes of match play are high.

The problem is that the outcome is not controllable. It is an unpleasant fact of life that no matter how hard you train, how well you concentrate, how shrewd your game plan, and how perfectly you control your emotions, you cannot be sure of winning against an opponent of equal ability.

The scary truth of competition is that you can do everything right and still lose. This is a structure for a fearful and uncomfortably stressful state of affairs. You have players in a situation where they as they

might, they cannot control the outcome. It is natural to try to escape from stress. The usual means are to become angry, to make excuses, to lose concentration, to focus and complain about "problems" rather than solve them or forget them, or to simply give up. It is not a conscious decision, but it is normal.

It is rare to see individuals who can remain rational, unemotional, and practical in an important match, when things are going wrong, and the prospects of failure loom large. When players elect to forget about winning in favor of making excuses, etc., they are using "defense mechanisms." These are unconscious distortions of perception and interpretation that protect us from unpalatable realities, and they are normal.

A common one used in tennis is "rationalization" like the fable of the fox and the grapes. The fox, unable to reach the grapes high on the trellis rationalizes that they are sour and not worth trying for anyway. Like the tennis player who says he doesn't care if he wins, and it works, because, like the fox, he believes his own story, a belief made possible because there are elements of truth in it.

The great competitors, however, can see past their own natural escapist emotions and can keep their real goals in mind.

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Anyone can do it if they become aware in advance of what is likely to happen emotionally, and make up their minds not to fall for it. Like the large piece of chocolate cake available at the restaurant for dessert. The smart, health conscious diners may want the cake, but resist ordering it, because they know it is not good for them. The smart tennis players do the same with counterproductive emotions.

See you on the courts.



Billiards

By Richard Impresa

The second phase of the Marion County Senior Men's League ended with my On Top of the World team #1 on top with a perfect 18-0 record. Jerry Kamenker's On Top of the World team #3 was in third place with a 13-5 record and Fausto Coste's newly formed On Top of the World team #2 yet to taste victory, but improving each week.

The league's 10 teams will take a few weeks vacation, and then return for the final third of the season. Since team #1 is the reigning league champion, everyone has had their sights set on beating us, resulting in some extremely tight matches. I do have to admit that practice makes perfect. There's just no other way to succeed in this league or this game.

On any given day you can find the players who make a team good playing and/or practicing in the poolroom. I have mentioned in a previous column that the two aren't the same. Practice is performing a specific function repeatedly until that function is improved upon. This isn't for everyone.

If you just want to have fun, that's also okay. Pool is a fun game to be enjoyed at all levels of skill, but like all things, it takes

work to excel. It may be boring and mundane to stay with it but the results will bring you the satisfaction of knowing you have mastered something to improve your game.

So, if you want to step up your game, just set aside 10 minutes before playing to practice by yourself. Try a shot that has given you trouble in the past and keep setting it up and shooting it. Notice how you're missing it - either cutting too much or too little for example - then adjust your aim to compensate.

Practice is repetitive action, playing is applying the lessons learned in practice. One of the common mistakes made by players of all levels is not knowing their limitations. To repeat my previous point, if you just want to have fun playing pool just try every shot, no matter how improbable it seems. If you are in competitive play, you have to know your limitations.

A good way to learn your limitations is practice. As you progress through your routines, you will find out what you are capable of doing and where your weaknesses are. Until you can overcome your weak points, through practice, don't attempt those types of shots when playing in competition unless absolutely necessary. You can simply select another shot or play a safe (aka dirty).

Here in On Top of the World, we have some of the "safest" players in the game. More on this subject in a future column.

Don't forget our next club meeting on Monday, April 2, at 4 p.m. in the ceramic room of the Craft Building. Until next time, keep stroking and keep your tip dry.



Bocce

By Don Pixley

We are indeed fortunate that we have a very dedicated board to plan and implement our sport. They have set Tuesday, April 3 as the date for the always-interesting Best of Bocce league play, at 9:30 a.m. with open play following.

The dinner planned for the end of the

season is so inviting it bears repeating. It will be held Friday, April 20 at 4 p.m. at the Arbor Conference Center, Suites E and F. Member costs will be \$7 for members and \$14 for guests. All money for the banquet must be paid to your league representative.

The mouth-watering menu will be catered by Sonny's Real Pit Bar-B-Q and consists of barbecue chicken, sliced beef, pulled pork, potato salad, tossed salad, green beans, fruit and beverages of lemonade, iced tea, coffee and finished off with apple or peach cobbler.

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Native Plant Group

By Ron Broman

Parsley, sage, rosemary and thyme: do you remember it? A ballad from the '60s.

You gourmet cooks: along with basil these are the basic herbs. Am I right?

I remember sage from my days living out west. Thousands of acres of arid land with few surviving plants except sagebrush – or so it seemed. It was a great place for rattlesnakes too.

Sage, the aroma, the taste, as in sausage; sure it's familiar! We know sage! Or do we?

To the ancients, sage was associated with long life and intelligence. In the 10th century, the medical school in Salerno, Italy, coined the aphorism, "Why should a man die when he can go to his garden for sage?"

The botanical name for sage, *salvia*, derives from the Latin for "salvation." For hundreds of years, sage, *salvia*, has been used to treat a variety of ailments from dry skin to high blood sugar. It certainly has been a form of salvation. But not so fast.

Blooming in the butterfly garden at Rainbow Springs, and elsewhere, is a plant with the name of Lyre-leaf sage. It has no resemblance to sagebrush at all. As far as I can tell, without crushing the leaves, it has

no appreciable aroma.

It's time to do some research. Here are some results.

Salvia lyrata, lyre-leaf sage, or cancerweed, (once thought to be a "cure" for external cancers), is in the Lamiaceae or mint family.

Sagebrush, sometimes referred to as sage, *Artemisia tridentata*, is in the family Asteraceae. It has a bitter taste and is unrelated to "common" sage, *salvia*. A field of sagebrush is said to smell like one enormous Thanksgiving turkey.

Now we have a perfect example of how common names of plants often get us into a heap of trouble. Sagebrush and sage are simply not related.

Now that we are out of trouble, we can look at lyre-leaf sage more closely.

Salvia lyrata is native to the eastern U.S. It can "hold its own" with perennial grasses, doing its best work in moist soil.

In the kitchen, its young leaves have a mild minty flavor making it suitable for salads, cooked as a potherb, or brewed as a soothing tea.

Salvia lyrata, although seldom used in landscape, is a Native American plant with great potential. It has striking green and purple foliage, resembling the shape of a fancy harp, (a lyre). It has attractive bluish purple flowers.

But hold on. If you like manicured lawns, you probably won't want this "weed" anywhere near your yard. Different strokes for different folks.

At our April meeting, Linda Dienhart will show us pictures she has taken along the Longleaf Pine Trail during the last year or so. We will try to identify the plants of the sand hill habitat. So mark Wednesday, April 11 on your calendar, when we meet by 1 p.m. in Suite H of the Arbor Conference Center.



ShutterBugs Photography

By Marilyn Cronin

If you missed our annual exhibit at the Arbor Club in November, photos will be displayed at Hands Across the Highway and at Master the Possibilities; or you can always go on our website to see them in the Gallery (<http://www.otowspc.com/gallery/photo-contests/>).

Bruce Hagstrom changes the Freedom Library display often so stop by to see the latest photos, and please be sure to tell the librarians how much you enjoy it.

Robert Levin reports that the April theme will be the last segment of making a good exposure: "Shutter Speed the Pinnacle of the Magic Triangle." Remember to always bring your camera and manual to the meetings.

If you are not a member but are interested in photography, go on the website (www.otowspc.com), see what we are all about and/or come to a meeting to decide if you'd like to join.

We returned to Kanapaha Botanical Gardens in Gainesville during March. Always wonderful photo opportunities of flowers, ferns, trees, etc. On the third Tuesday of April, we will be going to OWLS (Ocala Wildlife Sanctuary) for our field

trip.

PHOTO TIP: Adapted from The Digital Photography Book by Scott Kelby—Don't Always Focus on the Winner.

In sports photography, we naturally follow the winner. If someone scores a critical point, we want to capture it. If a team wins, we want to take shots of the winning team celebrating.

But when we follow that tradition, we miss some of the most dramatic shots with the most powerful story-telling angle—the expressions and reactions of the loser or losing team. This is especially important when we miss the action play—we should quickly switch to the reaction of the person who missed the ball, or didn't block the shot, or missed the goal, etc. Sometimes their reactions are more fascinating than those of the person who makes the shot.

Next time, try catching the expression of the golfer who missed the putt (or the golfer who lost because their opponent just sank a 40-footer), and see if it doesn't elicit as much or more emotion as a shot of the winner.

Remember that most of the shooting you do for sports photography will require you to take bursts of shots (four or more per second) in order to make sure you get the shot while a play is in motion.

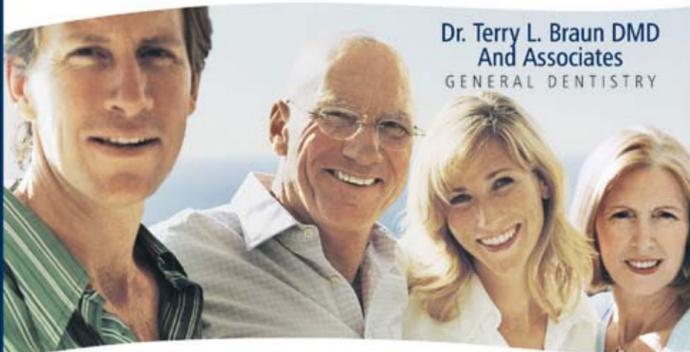
The ShutterBugs meet the first, second and fourth Tuesdays of the month, at 3 p.m., in the Arbor Conference Center, Suites B and C. The third Tuesday is usually a field trip. For more information, contact Sue Goldberg/ Joyce Levin at theoffice@otowspc.com.

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Rubber Stamp Greeting Cards

By Linda Lohr

Presenters for March were Susie Freitag and Linda Lohr. What great cards we made!

Susie's cards incorporated beautifully crafted flowers. Her sweet pea card uses scraps of colored cardstock, which have been soaked in water, formed into flowers and allowed to dry before arranging. Everyone learned the technique so they could make the flowers at home. For her card, Susie provided dried flowers that could be arranged however the stamper wished at home. This is a beautiful three-dimension-



Birders' Beat

By Anne Merrick

It isn't often that one chooses to visit a landfill site but this one is special for the number of eagles and other birds that forage amongst the rotting garbage.

The Unique Birders make the trip every so often to view this amazing sight. Eighteen people carpooled, stopping for lunch at Stumpknockers in Inverness afterwards.

The Bald Eagle (*Haliaeetus leucocephalus*) is a raptor and national bird and symbol of the United States of America. These birds are not actually bald, the name derives from the older meaning of bald, which is "white headed."

The plumage of both sexes is the same, evenly brown with a white head and moderately long and wedge shaped tail. The beak, feet and irides are bright yellow. The toes are short and powerful with large tal-

ons. The beak is large and hooked, with a yellow cere.

This is a large bird with a wingspan of six to eight feet and weighing from five to 15 pounds. The female weighs about 25% more than the male. Florida eagles weigh the least and, as we move further north, they weigh more - with Alaskan eagles weighing the most. They eat mostly fish preferring to live near fairly large bodies of water but are opportunistic feeders scavenging carrion and human debris from garbage dumps.

They live for 20 years in the wild, maturing sexually at four or five years and mating for life, if breeding is successful. One to three eggs are produced in a nest of twigs preferably built in a large tree but on the ground if no trees are around. Rarely do all three young mature.

Bald Eagles were on the endangered list for a long time but have recovered enough to be removed.

The next outing is on Thursday, April 12, led by Margitta Claterbos. We will be taking a boat trip with Captain Vince to the Great Blue Heron Rookery. Call Margitta at 873-0731 to book and pay for your place. There are 14 places on the boat at \$10 each.

Golf Cart Safety, Insurance and Maintenance Seminar



March 30, 2012 • 10:00 a.m.
Arbor Conference Center, Suites E & F

A Marion County Deputy Sheriff will discuss traffic and community rules, defensive driving and safe operation of a golf cart. An insurance agent will discuss the importance of golf cart insurance coverage. You'll also hear from our very own Gerald Hancock on why it is important to keep your cart maintained and working properly – brakes, lights, horn, etc.

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Travel Toppers

By Jo Swing

We're not fooling! Now is the time to sign up for Travel Toppers' April trips.

Saturday, April 7, is our trip to Tampa Downs. The cost is \$43 and includes bus, admission, lunch buffet, and tip for the driver. Check with Pat Hood, 237-8533, for availability.

There is still room on the Wednesday, April 18, trip to Daytona Beach to see the musical revue, "In the Mood." This will be presented at the Peabody Auditorium. This retro 1940s musical revue promises to be great entertainment. The price is \$54 for bus, show, and tip for the driver. Meal will be on your own at the Volusia Mall. Call Kathy Peterson at 873-2929 for reservations.

Travel Toppers is currently taking reservations for the Mother's Day, Sunday, May 13, presentation of "Swing, Swing, Swing" at the Show Palace Dinner Theater. Celebrate Mother's Day with the rhythm and bounce of swing music and dance. Cost of the outing is \$64 for bus, show, buffet, and tip for the driver. Contact Linda Hein at 861-9886 for reservations.

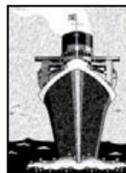
Travel Toppers will start taking reservations on Monday, April 30, for "New York Nights" on Thursday, June 28. Follow a struggling pop singer as he makes his way through the city that never sleeps, showcasing the sounds of Motown, rock and roll, disco, and Broadway. The price of \$71 will cover bus, show, buffet, and tip for driver. Linda Hein will be the coordinator. Please call her at 861-9880.

For those who love to cruise, Travel Toppers has a seven-day cruise on Celebrity Cruise Line's Reflexion, from Jan. 19 to Jan. 26, 2013. Sailing from Miami, ports of call are San Juan, St. Maarten, and St. Kitts. Prices are \$868 for inside cabin, \$1,138 for ocean view cabin, and \$1,188 for balcony. Rates are per person and bus to departure port and insurance are extra. Call Inge Gaitch at 237-7428 to lock in these low prices.

Happy travelers back from the recent Grand Princess cruise reported that everything on the ship was A-plus. The port facilities at St. Maarten have improved greatly. It was a beautiful cruise.

The day trip to the Strawberry Festival in Plant City was also a hit with the Travel Toppers who went. It was bigger than expected with lots of vendors and lots of food.

Travel Toppers will meet on Wednesday, April 4, at 9:30 a.m., in Suite A of the Arbor Conference Center. All residents of On Top of the World are invited to attend. Until then, happy travels to all.



Sail Away Cruise Club

By Fred O'Brien

Welcome aboard! Here it is the beginning of April, and in a couple of weeks we will be on our five-night cruise on the Jewel of the Seas out of Tampa. When we return, our main goal will be to promote our annual winter cruise to Curacao and Aruba.

The winter cruise will be on the Grand Princess and depart on Saturday, Dec. 1. Here is a short run down on the winter cruise: on day two we will be at Princess Cay's for a full day and on day three we will be cruising the Atlantic Ocean and Caribbean Sea before we arrive at the Island of Curacao.

On day four, we will be at Curacao, Netherlands; some travelers might notice that I have removed Antilles from the island name. On Oct. 10, 2010, it became a separate country within the Kingdom of the Netherlands. In any event, we will be in port from early afternoon to late night. There should be plenty of time to see this fabulous island before we sail to Aruba.

Curacao heritage is both European and African, representing more than 50 nationalities. They speak Dutch, Spanish, and English as well as a local language, Papi-

mento, a colorful Creole dialect. Don't be surprised if someone waves and tosses a friendly "Bon bini" (welcome) or "Kon ta bia?" (How's it going?).

Curacao has world-class diving and snorkeling as well as sugar-sand beaches including Blue Bay Beach, Boca Santa Cruz (great for snorkeling), and Seaquarium Beach (right next to the Seaquarium). White sandy beaches, shops, restaurants and a few bars are available. Most of the restaurants add a 10% service charge besides the 5% government sales tax.

You may like to test your luck in a high-stakes casino game, or see Curacao Liqueur Factory. A trolley train tour is available. Another point of interest is Midden Seinpoot Hill where the view of Curacao is spectacular. There are all kinds of guided tours on this island.

If you have access to the Internet, visit www.ExperienceCuracao.com. This is a great site to read more about this island.

My next column will talk about our next stop in Aruba. Of the ABC islands (Aruba, Bonair and Curacao), Aruba is the largest. I'm looking forward to the visit.

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On The Road Again

By Bob Woods

This is the month a hearty bunch of adventurers have been waiting for! On April 22, we will depart Ocala for the Hawaiian Islands, where we will board Royal Caribbean's Radiancance of the Seas for a seven-day/six-night cruise. Completing the Hawaiian portion of the cruise, the ship will head for Vancouver where the group will depart the ship and head for a two-night stay in Seattle before heading home.

I still have a few seats remaining on the Cape Cod/Martha's Vineyard motor coach trip on Saturday, Sept. 15, for a nine-day trip visiting many historical locations. On the Cape, we will visit the John F. Kennedy Memorial along with the John F. Kennedy Hyannis Museum. The group will head for the quaint and historical village of Sandwich, along with a guided tour of the Outer Cape, visiting Eastham Windmill, Province Lands Visitor's Center, Marconi Station, colorful Provincetown, and Chatham, plus many other sites. If interested in this coach trip, please don't procrastinate and give me a call for more details.

Next on the agenda is another cruise departing Tampa on Saturday, Jan. 19, 2013, heading for Cozumel and Key West. This is a five-night/six-day cruise onboard Royal Caribbean's Jewel of the Seas. The trip includes motor coach transportation to and from the port with the driver's gratuities as well as the porter's tip upon arrival. Each cabin receives a \$50 shipboard credit. Cabin prices start at \$494/Cat N inside, \$594/Cat H ocean view, and \$734/Cat E3 balcony. Insurance is optional and passports are required.

I am still taking names and phone numbers for those who think they might like to travel with us to the following locations in 2013: seven-day trip to New Orleans in April; nine-day trip to Montreal and Quebec in the summer; and a motor coach trip to Washington, D.C., in September.

There is no obligation by calling me and getting your name on the trip list. When I get prices, dates, and flyers, I will give you a call and deliver the information to you.

For additional information, please call me at 854-0702 or check out my website at www.bobwoodsontheroadagain.com. See you on the road again.



The Movie Club Presents 'Moneyball'

By Mary Ehle

"Moneyball" starring Brad Pitt will be shown on Sunday, April 15, at 6 p.m., in the Health & Recreation Ballroom.

It is the story of the Oakland A's general manager and how the team rose to fame

even though they had the lowest payroll in major league baseball.

The movie is open to all residents and their overnight guests. The cost for non-members is \$2 payable at the door. Hope to see you there.

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Opera

By Bernie Kelly

On Thursday, March 1, the Opera Appreciation Class enjoyed a Met production of Bellini's "La Sonnambula," which was staged in present time rather than in a 19th century Swiss village. The whole class enjoyed the experience.

On Thursday, April 5, the class will meet for our fifth and last session of the season when we will study and enjoy a 2008 Met production of "Thaïs" by Jules Massenet. We will meet in Meeting Room 3 at 1 p.m.

Massenet was born in Montaud in 1842. His style was quite the vogue, making him very wealthy and influential during most of his career. Lately, "Thaïs," "Don Quixote" and "Esclarmonde" have been brought out of obscurity by the major opera houses.

Massenet was a gifted student of the piano and at the age of 11 he was able to enter the Paris Conservatoire. In order to support himself during his studies, he worked as a timpanist at Theatre Lyrique. In 1862, at the age of 20, he won the Grand Prix de Rome with his cantata David Rizzio. He spent three years in Rome and met his wife who came to him for piano lessons.

His first opera was "La grand'tante" in 1867, but it was his dramatic oratorio Marie-Magdeleine that impressed several composers like Gounod and Thomas who became his mentor. His wife, who was from an aristocratic family, helped him gain commissions and access to important social circles.

Massenet composed 25 operas with Manon in 1874, Werther in 1892 and Thaïs in 1894 being the most successful in their respective times. His notable later operas were "Le Jongleur de Notre Dame" in 1902 and "Don Quixote," produced in 1910, with the legendary Feodor Chaliapin in the title role.

"Thaïs" is one of his operas which is produced today often because a soprano has sufficient clout to get her company to invest the money in the production to keep her happy. Beverly Sills was a soprano who loved to sing the role and had sufficient status to get the opera staged. Massenet originally composed "Thaïs" especially for the great American soprano, Sybil Sanderson.

The production that we will see has Americans, Renée Fleming and Thomas Hampson, in the leading roles. It is the story of the monk, Athanael, who tries to save the Egyptian courtesan, Thaïs, from a life of sin. Thomas is the monk and Renée Fleming is the courtesan. The Metropolitan orchestra, chorus and ballet are directed by Jesús López-Cobos. It's a great way to end our season, which began in December with "Madama Butterfly."



Sewing Bees

By Linda Lohr

Are you missing that hour of sleep after turning the clocks ahead? Our bees are humming along, making wonder wallets, pillowcases, and quilts for the drawing at Rags to Riches coming up very soon! This year, the winner of the quilt drawing will have two quilts to choose from: a youth themed quilt or a butterfly quilt. Be sure to purchase your drawing tickets from LeeAnn.

Our wonder wallets are perfect for your license, resident ID and some mad money—no large purse needed! Rita Miller has made over 100 of them in so many beauti-

ful colors and designs. Be sure to stop at our tables right away for the best selections!

We will also have pillowcases of varying designs that can be "purchased" for \$2 and can be signed by you before being given to a needy child along with a beautiful quilt.

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Room, 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use!

Please contact Marcy at 854-1181, or LeeAnn at 854-7205, for more information. As always, the children and we thank you for all your support.



Art Group

By Anne Merrick

Coffee, iced tea and hors d'oeuvres made for a great morning at our open house. We had many of our artwork on display while some painted and many socialized with each other and our visitors.

There is so much talent within this group and it is a delight to see each other at work in all the different mediums. I have learned a lot about techniques used in the artistic creations generated here although I still struggle with color and application. It is a challenge to start a painting wondering if I have bitten off more than I can chew and then see through the weeks how it grows and changes. I am a very slow painter and that is okay.

There has been a display of our artwork in the Master the Possibilities lobby for the

month of March. It has been exciting to have our work shown in such a public place and hear so many positive comments. Let's hope we can do it again next year. Thank you to Marlene Berrio for coordinating this show.

Being creative in your everyday life is an important thing. There are many avenues that are routine but to choose something that is special to you that you may not have done before and to accept the challenge can be even more rewarding. Many of us don't do this for fear of failing or not being good enough, but don't let it stop you from trying. Drawing and painting are good things to try.

You may seem to be awful at first and some of the work may not please you but it doesn't matter. The process is what is rewarding and you do improve with time. There are a lot of talented artists in this group who will give you some hints and encouragement as you go along and observing their work gives you ideas to try.

Every Thursday and Saturday mornings from 9 a.m. to noon in the Art Room finds someone painting away. For more information, call Anne at 732-0706.



Artistic Crafts & Gifts

By Loretta Troutman

Having sold the last of my cloth books for babies, I was reminded of a sweet story. A woman who had sent one of my books to a friend's child told me she had received a "thank you" and a picture from her friend. The picture showed the little boy holding the book close to his chest. He was sound

asleep. A story like that makes me feel good.

All of our crafters enjoy hearing about how our products have pleased people. I have been surprised when someone told me that they are enjoying the bib I made for them, or how delighted the recipient was when he was given a golf cart steering wheel cover. We crafters take pride in our work and want people to enjoy our products.

As has been our practice, we will close our Tuesday morning shop at the end of May for our summer hiatus. We will return in September.

Come up to the Health & Recreation Ballroom to see us. We have many beautiful items on display for your choosing.



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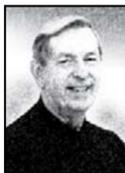


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World Traveler

By Bill Shampine

Voices whispering in my ear told me that my audience is dying to know more about Kazakhstan. Well, hold your breath no longer, here it is!

Kazakhstan is one of the four "stan" countries located in Central Asia, the others being Uzbekistan, Turkmenistan, and Kyrgyzstan. I used to think "Kazakhs" and "Cossacks" were the same thing, with the latter simply being the Americanized spelling. Wrong. Cossacks are Eastern Slavic people who live primarily in what is today called the Ukraine. Live and learn.

Kazakhstan, about twice the size of Alaska, is the ninth largest country in the world. It borders Russia, China, the other three "stan" countries, and the Caspian Sea. The landscape is very diverse, and includes flatlands, steppes (prairie-like grasslands), taigas (boreal forests), deep canyons, hills, deltas, mountains, and deserts.

With a climate and terrain that is ideal for nomadic tribes practicing pastoralism, people have been living in the region for 12,000 years. Although primarily a livestock-based, subsistence economy for centuries, the northern route of the historic Silk Road led through the region so also trading was an important factor.

The region sustained many invaders over the centuries, but the large number of fiercely independent nomadic tribes made the region difficult to govern. It was not until the mid-16th century that a distinctive Kazakh language and cultural identity was established.

The Russian Empire began to expand into Central Asia in the mid-1800s. After Tsarist Russia was overthrown, Kazakhstan became an autonomous republic within the Soviet Union in 1920. Life under the Soviets was hard for the Kazakhs because the Communist system did not fit well with their historic, nomadic culture.

The Kazakhs got really upset, however,

when Lavrentii Beria tested one of the Soviet Union's nuclear bombs in Kazakhstan. This event caused catastrophic environmental effects that still are being dealt with today. Following the dissolution of the Soviet Union, Kazakhstan declared independence in 1991. Nursultan Nazarbayev, who was head of the Communist party when Kazakhstan became independent, was elected as its first president. Actually, he still is president in spite of many allegations of authoritarian malfeasance, not the least of which was his proclamation that made opposition political parties illegal.

Despite his reluctance to leave office, President Nazarbayev has done many positive things for the country. The economy is strong, with huge oil reserves providing the underpinning strength, but also including the mining and exporting of vast mineral resources such as uranium, chromium lead, and zinc. Education is emphasized, with a mandatory secondary school program. Among other things, by the end of high school, students are expected to speak Kazakh, Russian, and English!

You might want to consider traveling to Kazakhstan some time. There are beautiful landscape vistas, eco-tours, skiing in the winter, interesting cultural experiences, different architecture, and fascinating archaeological sites to visit. All in all, it could be a very interesting place to visit.

Kazakhstan also is noted for being the home of one of the world's greatest environmental disasters—the desiccation of the Aral Sea—but I'll talk about that next month.



Photo by Jonas Satkauskas

Kaindy Lake is a pristine lake in the mountains in southeast Kazakhstan. The trunks are dead Picea schrenkiana trees.



Favorite Recipes Dinner Club

By Luke Mullen

February brought another fun and entertaining dinner evening to 22 club members.

Hosting our first dinner were Ann and Conrad Massa. The evening started off with two appetizers prepared by Kathy and Luke Mullen: cherry tomatoes stuffed with marinated feta accompanied by Kalamata olive halves and ham rolls.

Following the hors d'oeuvres, Barbara and John Young served a mixed salad of baby greens and romaine with a mild Greek vinaigrette dressing, topped with walnuts, raisins and feta cheese.

Ann and Conrad then served the entree of beef bourguignon, which was prepared from beef cubes marinated overnight with burgundy wine, extra virgin olive oil and lemon served with roasted carrots, roasted baby potatoes, and home-baked caraway wheat bread.

Dessert was prepared by Phyllis and Al Richards and was a mudslide trifle. Major ingredients for this dessert were devil's food cake mix, chocolate pudding, whipped cream topping, crumbled Heath Bars (milk chocolate toffee), and Kahlua mudslide mix (Kahlua, Irish cream, vodka). It was rich!

Our second dinner hosts were Debbie and Dan Partin. Carolle and Tom Carlton prepared hors d'oeuvres for the evening: tartlets made with crescent roll dough in mini muffin tins baked with blueberries, walnuts, and brie and salami roll-ups with salami, cream cheese, and green chilies on flour tortillas.

After the appetizers, Debbie and Dan served the main meal of old-fashioned stuffed peppers with their own twist by adding chopped ham, brown rice, Parmesan cheese, and crushed butter crackers. This was accompanied by a mixed green lettuce and avocado salad along with cauliflower florets and artisan bread.

After the main meal, Gayle Argano and Walter Hickenlooper served a lovely assorted fruit platter with whipped cream.

The third dinner hosts were Suzette and Leo Paquin. Rhea and Jim Russell served two appetizers. The first was Waverly wafer crackers wrapped in bacon, sprinkled with brown sugar, and baked. The second was small kabobs with mini smoked sausages, pineapple, peppers, cherry tomatoes, and snow peas, basted with sweet and sour sauce, and baked.

Gitte and Paul Agarwal then served a salad consisting of arugula, raisins, artichoke hearts, hearts of palm, shaved Parmesan, and glazed pecans mixed with an olive oil/white balsamic vinegar dressing.

Suzette and Leo then served the main meal, which was Thai-style, coconut curry in Flounder packets. These packets consisted of fish, onion, zucchini, and red pepper sliced very thin, plus cilantro, coconut milk, basil leaves, lime, and curry powder, individually wrapped. Everyone had their own packet.

Martha and Dick Riberdy served the dessert which was Mountain Dew cake topped with a lemon dipped glaze, a lemon, a cherry and whipped cream topping.

Our club is currently looking for new couple members. If interested, call Luke at 304-8104 for more information.

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CLUB CARDS & GAMES

BRIDGE

Monday Afternoon

By Joe Zwick

Feb. 6

1: Betty Morris & Fran Griswold; 2: Eleanor Giardina & Mildred Lane; 3: Caryl Rosenberger & Marjorie Benton.

Feb. 13

1: Ida Rosendahl & Mary Carol Geck; 2: Betty Morris & Fran Griswold; 3: Eleanor Giardina & Joan Lord.

Feb. 20

1: Marge Starrett & Joyce Walchak; 2: Esther Lang & Agnes Weber; 3: Eleanor Giardina.

Feb. 27

1: Esther Lang & Jayne Kaske; 2: Ida Rosendahl & Marycarol Geck; 3: Eleanor Giardina & Joan Lord.

Monday Night

By Kathie & Art Dushary

Most of our players are intermediate level and mature beginners. You do not need to sign up ahead of time or have a partner.

Just come to the Card Room in the Health & Recreation Building by 6:20 p.m. as we start at 6:30 p.m. We usually have six to eight tables.

Feb. 6

1: Shirley Stolly; 2: Mary Culberson; 3: Millie Ferrell; 4: Shirley Shellman; 5: Al Kremer.

Feb. 13

1: Irma Slater; 2: Al Kremer; 3: Art Dushary; 4: May Holtz; 5: Jim Mahoney.

Feb. 20

1: Carl Woodbury; 2: Cindy Brown; 3: Carlo Poggi; 4: Bernie Kelly; 5: Gail Tirpak.

Feb. 27

1: Carlo Poggi; 2: Fran Griswold; 3: May Holtz; 4: Bob Durst; 5: Gail Tirpak.

Tuesday Afternoon

By Agnes LaSala

Feb. 7

1: Bernie Kelly & Joe Schwick; 2: Agnes

LaSala & Carl Woodbury; 3: Florence & Norbert Heckler.

Feb. 14

1: Betty Morris & Shirley Stolly; 2: Phyllis Silverman & Mary Rose Janssen; 3: Mazie Millward & Millie Ferrell.

Feb. 21

1: Florence & Norbert Heckler; 2: Mazie Millward & Millie Ferrell; 3: Agnes LaSala & Carl Woodbury.

Feb. 28

1: Betty Morris & Shirley Stolly; 2: Florence & Norbert Heckler; 3: Agnes LaSala & Carl Woodbury.

Tuesday Night Dup

By Marjorie Benton

Feb. 7

1: Katie White & Kathie Dushary; 2/3 (tie): Bill & Ida Carlson and Bruce & Marjorie Benton; 4: Caryl Rosenberger & Ida Rosendahl.

Feb. 14

1: Caryl Rosenberger & Ida Rosendahl; 2: Bill & Ida Carlson; 3: Doris Keathley & Mary Carol Geck.

Feb. 28

1: Rose O'Rourke & Pam Blawie; 2: Doris Keathley & Mary Carol Geck; 3: Betty Kauffman & Rita Smyth; 4: Ernie & Joan Lord; 5: Caryl Rosenberger & Ida Rosendahl.

Wednesday Afternoon

By Fran Griswold

Bridge is picking up at On Top of the World! People have completed a bridge class and are now joining our various groups. Everyone is welcome!

Feb. 15

1: Bernie Kelly (4140); 2: Marlene Floeckher; 3: Diane Robinson; Cons: Bonnie Heinlein.

Feb. 22

1: May Holtz (4550); 2: Helen O'Brien; 3: Kay Boland; Cons: Delores Malberg.

Feb. 29

1: Phyllis Silverman (4120); 2: Fran Griswold; 3: Ida Rosendahl; 4: May Holtz; Cons: Eleanor Giardina.

March 6

1: Ed Mathena (4326); 2: Nancy Dreimiller; 3: Ida Rosendahl; Cons: Mrs. Smith.

www.OnTopoftheWorldInfo.com

Thursday Afternoon

By Alice McDaniel

Feb. 9

1: Marion Turbin; 2: Mazie Millward; 3: Nancy Clarkson; 4: Ed Mathers.

Feb. 16

1: Carl Woodbury; 2: Florence Heckler; 3: Phyllis Silverman; 4: Shirley Ebert.

Feb. 23

1: Mazie Millward; 2: Alice McDaniel; 3: Marge Starrett.

March 1

1: Joanne Jones; 2: Marge Starrett; 3: Mazie Millward.

Thursday Night

By Ida Rosendahl

Feb. 9

1: Myra Butler; 2: Erwin Fluss; 3: Sharon Davis; 4: Shirley Stolly; 5: Mickey Martin.

Feb. 16

1: Ida Rosendahl; 2: Carl Woodbury; 3: Keith Briggs; 4: Agnes Webber; 5: Carlo Poggi.

Feb. 23

1: Shirley Stolly; 2: Ida Rosendahl; 3: Irma Slater; 4: Carrie J.; 5: Myra Butler; 6: Fran Griswold.

March 1

1: Ida Rosendahl; 2: Jim Mahoney; 3: Rick Griswold; 4: Myra Butler; 5: Janet Becker.

Friday Night

By Jayne Kaske & Phyllis Bressler

Bridge is open to all, no partner is needed. We start at 6:30 p.m.

Feb. 3

1: Hazel Merchant; 2: Marie Fiorillo; 3: Marion Turpin; 4: Jayne Kaske.

Feb. 10

1: Hazel Merchant; 2 (tie): Ida Rosendahl & Ed Horner; 3: Eleanor Giardina.

Feb. 17

1: Jayne Kaske; 2: Agnes Weber; 3: Myra Butler.

Feb. 24

1: Mary Culberson; 2: Myra Butler; 3: Ginnie Barrett.

CRIBBAGE

Friday Night

By Rose Marie Postin

Feb. 3

1: Mary Lou Chamberlain; 2: Norma Yonke; 3: Gene Hubbard.

Feb. 10

1: Luke Mullen; 2: Norma Yonke; 3: Poppy Kalen; Cons: Lee Topf.

Feb. 17

1: Poppy Kalen; 2: Gene Hubbard; 3: Sheila Howell/Anne Jaglieski; Cons: Mary Lou Chamberlain.

Feb. 24

1: Frank Chamberlain; 2: Sheila Howell; 3: Alberta Sarris.

EUCHRE

Friday Night 4 Fun

By Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all.

For more information, call Irene at 873-4173.

Feb. 17

1: Bill Eberle (out of 23, perfect game); 2: Bev DeBusschere; 3 (tie): Wendell Kohrs,

Buck Chaillet & Gayle Argano; 4: Marie Marquis; 5: Arlene Luehrs.

Feb. 24

1: Paul Agarwal (out of 23, perfect game); 2: May Holtz; 3: Arlene Luehrs; 4 (tie): Walter Hickenlooper, Richard Bartel, Richard Gillette & Mary Bartel; 5: Betty Legg.

March 2

1: Jean Gillette (out of 26); 2 (tie): Wendell Kohrs & John Wall; 3 (tie): Cleona Redman, Betty Legg & Esther Lang; 4: Jerry Harris; 5 (tie): Walter Hickenlooper & Pat Snable.

March 9

1: Betty Legg (out of 19); 2: Barbara Engleman; 3: Bill Eberle. 4 (tie): John Wall & Wendell Kohrs; 5 (tie): Gayle Argano & Edith Kolb.

Friday Night

By Joe Askenase

Feb. 10

Four Handed Game

1: Bridget Hughes; 2: Sue Maillet; 3: Jeff Hoelzer; 4: Sue Kelly.

Five Handed Game

1: Ernie Kelly; 2: Lou Fisher; 3: Annette Taylor; 4: Virgil Taylor.

Six Handed Game

1: Mike Maillet; 2 (tie): Shirley Coe & Lynn Hoelzer; 3 (tie): Maria France & Doris Mauricio; 4: Norman Lallier.

Feb. 17

Four Handed Game

1: Shirley Coe; 2: Marcy Askenase; 3: Lou Fisher; 4 (tie): Ernie Kelly & Mike Maillet; 5: Bridget Hughes; 6: Maria France.

Five Handed Game

1: Virgil Taylor; 2: Annette Taylor; 3 (tie): Vi Horton & Susan Maillet & Jim Hein.

Feb. 24

Five Handed Game

1: Jim Hein; 2: Mike Maillet; 3: Vi Horton; 4: Virgil Taylor; 5: Annette Taylor.

Six Handed Game

1: Marie France; 2: Lou Fisher; 3: Sue Maillet; 4: Marcy Askenase; 5: Bridget Hughes.

March 2

Five Handed Game

1: Lynn Hoelzer; 2: Bridget Hughes; 3: Annette Taylor; 4: Vi Horton; 5: Susan Maillet.

Six Handed Game

1: Marcy Askenase; 2: Shirley Coe; 3: Mike Maillet; 4: Jeff Hoelzer; 5: Maria France.

PINOCHLE

Tuesday Night

By Alberta Sarris

Arrive at 5:45 p.m.; start time is 6 p.m. For information, call 237-4005.

Feb. 7

Single Deck Winners

1: George Dertinger; 2: Jim Cunningham; 3: Lois Ryder.

Double/Triple Deck Winners

Tables 1: Jimmy Mazzotta & Verna Harsh; 2: Vi Horton & Ilse Kersey; 3: Ann Pelham & Virgil Taylor.

Feb. 14

Single Deck Winners

1: George Dertinger; 2: Jim Cunningham; 3: Edith Kolb.

Double/Triple Deck Winners

Tables 1: Jerry Dean & Verna Harsh; 2: Lee Topf & Norma Yonke; 3: James Hein & Virgil Taylor.

Feb. 21

Single Deck Winners

1: George Dertinger; 2: Gayle Argano; 3: Bernard DiGregorio.

Double/Triple Deck Winners

Tables 1: Jerry Dean & Verna Harsh; 2: Ann Pelham & Lee Topf; 3: Charlie Distler, & Jim Keller.

Feb. 28

Single Deck Winners

1: Betty Legg; 2: Millie Ferrell; 3: Walter Hickenlooper.

Double/Triple Deck Winners

Table 1: Jim Keller, Sue Kelly & Alberta Sarris; 2: Ilse Kersey & Lee Topf; 3: Jim Hein & Joe Sciarino.



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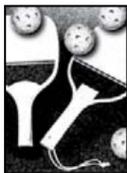
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Pickleball

By Bill Daugherty

February was tournament month for our pickleball players.

On Wednesday, Feb. 8, we held the first ever Single Elimination Tournament followed by pizza for players and friends. Feedback was that folks really enjoyed the tournament and wanted to do another. Also, players wanted more opportunity to play and more toppings on the pizzas.

The medal standings were:
Gold: Brian Mahoney and Danny O'Brien.
Silver: Kim Makay and Aggie Mahoney.
Bronze: Frank Scinlari and Jeff Hoelzer.

None of this would have been possible without the Herculean efforts of Rick and Marge Vogle together with Jim and Ginny Smith. A big thank you for all your hard work and breaking the ice for the rest of us. The next tournament will be in May, date to be announced.

Friday, Feb. 10 found Mike Piccolo in Naples where he won a silver medal and again on Sunday, Feb. 12, Mike Piccolo teamed up with Kim Makay in Naples and

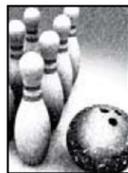
they won a bronze medal. Congratulations and thanks for representing On Top of the World pickleball!

PLAYING TIP: VARIETY ADDS SPICE. Variety players have the advantage. Hitting the ball hard is aggressive and may seem to be the best way to make points. However, slowing a shot down, placing it where the opponent is not expecting it, or lobbing the ball high and to the back of the court will often improve your chances for making a point. Try these options and keep track of the points you make. You will be convinced when you master variety in your shot selection.

If you think you would like to play pickleball or have questions, call Tom Seitz (390-3112). He will give you an overview with actual court play along with safety information.

- Wednesday, April 11, at 2 p.m., basic skills for players who have experience and want to learn more. Taught by Bill Daugherty (854-2751).
- Wednesday, April 18, at 2 p.m., experienced advanced skills class taught by Bill Daugherty (854-2751).

Call the instructor before class and give your name and phone number so a make-up date can be set if the period is canceled.



Bowling

By Jerry Roney

It has been a good month on the bowling lanes, especially for the Snowbirds. As stated last month, they are a team to watch. They are again in first place. Their standing is a result of good bowling versus their averages – they are not a team of 200 plus average bowlers – they simply bowl well in relation to their averages.

A 120 average bowler who bowls a 160 is

every bit as effective as a 160 average bowler who bowls a 200 – both are 40 pins over their average.

With that in mind, this month, I'll highlight some bowlers who bowled at least one game at least 50 pins over their average in the past month. Among the men, Elliott Wilkins led with 75 pins followed by 68 for Bill Shampine, 66 for Gerry Vayko, 59 for Peter Vanarsdale and 50 for Bob Sippin and Pete Tomaselli. For the women, A.J. Atwood led with a terrific 84 over her average followed by 68 for Helen Smith, 66 for Caroline Caprano, 62 by Georgie Maguire and 56 by Rose Hamel.

The season is nearing an end and our banquet on April 23 is fast approaching with lots of tasty food and cash prizes.



Model Railroaders

By Jim Devine

After seeing the On Top of the World Model Railroaders Club's layout in the Health & Recreation Building, have you ever wondered what a layout would look like if someone had almost unlimited time, space and money? Well, wonder no longer.

The world's largest model railroad is a place called "Miniatur Wunderland" in Hamburg, Germany. It is Hamburg's leading tourist attraction, getting more than a million visitors a year! It can run 900 trains over 42,600 feet of track, and it has over 300,000 lights, 215,000 trees, and 200,000 human figures. Did I mention that it is still under construction?

By the time the model is completed in 2020, it will cover over 25,000 square feet (in a building that's about the size of an average Home Depot). It will be able to run approximately 1,300 trains on 65,000 feet of track. It will have over 500,000 lights, 6,000 buildings and bridges, 330,000 trees, and 400,000 human figures. It's simply amazing. The construction cost is estimated to be just under \$27,000,000.

The numbers are impressive, but what's on the layout is even more impressive. It has an airport, and the planes actually take off and land, complete with full sound effects. A rod attached to the bottom of the planes that lifts and lowers them gives the impression of flight. The layout also has ships sailing on it, including an HO scale model of a modern cruise liner that has to be seen to be believed.

The layout is broken into sections representing various parts of the world. In the American section, they only run trains and cars that we would see here. To represent the United States, "Miniatur Wunderland" has modeled the Grand Canyon, Las Vegas, Cape Canaveral (complete with a space shuttle), Area 51 (did anyone see a flying saucer?), the Everglades, Pueblo villages, and so forth. I should point out that the Las Vegas area alone has more than 30,000 lights.

The layout is controlled by 46 comput-

ers, and eventually, 64 will be needed. There are also 200 places on the layout where visitors can press a button that triggers action on the model.

If you do not plan on going to Hamburg soon (and if you are, please take me), you can see the "Miniatur Wunderland" on YouTube. They have a six-minute video that gives you a great introduction to their incredible layout.

If, after seeing the video of the "Miniatur Wunderland" you get the model railroad bug, the On Top of the World Model Railroaders Club is always looking for new members. You're welcome to join us in our train room on the first floor of the Health & Recreation Building off the Fitness Center. We work on the layout on Tuesdays from 1 to 4 p.m. Feel free to stop by.

Our monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Craft Building.



Stamp Club

By David Groves

During March, the first meeting of our General Francis Marion Stamp Club featured a very interesting talk by Ted Harris, related to Hawaii philatelic history.

He also passed around an unusual display of addressed envelopes that worked their way through the mails without U.S. postage stamps—but all bearing appropriate cancellations!

Most of these items simply bore stickers that appeared where there should be postage stamps. The displayed items are true rarities. Somewhere, sometime, somebody in the U.S.P.S. was asleep at the switch.

After Ted Harris's talk, we had another discussion of when and how members could get a preview of items to be included in our third Wednesday meeting auctions.

We had our informal "show and tell" meeting at Queen of Peace Catholic Church's library meeting room on Wednesday, March 14 and our members stamp auction was held on Wednesday, March 21.

Exciting arrays of stamp displays are in preparation for our 2012 Ocala Stamp Show to be held on Sept. 8-9 at the Circle Square Cultural Center.

We meet the first and third Wednesdays of the month, at 1 p.m., in the second floor conference room of the Bank of the Ozarks on SW State Road 200 and the SW 90th Street entrance to On Top of the World.

Monthly evening meetings are held on the second Wednesday, at 7 p.m., in the Queen of Peace Church Library.

Visitors are always welcome and annual membership dues are only \$6.00.

For our new stamp club brochure and a free "Guide to Stamp Collecting" kit, please contact Joe Rosinski by e-mail at jrcr8850@embarqmail.com or call him at 237-7366

If Joe is not available, feel free to contact Stan Lander by e-mail at Slander3@otowhomes.com or call him at 369-8977. You can also contact Stan for information related to our 2012 Stamp Show.

For additional information about General Francis Marion Stamp Club's Wednesday evening meetings, please contact Dennis Niemira by e-mail at dniemira5@aol.com or by phone 854-0892.

Or you might enjoy visiting our interesting and informative website at <http://ocalagfmstampclub.com> where you will find info on our history, calendar of meetings, officers, photo gallery, philatelic links, disposition of your stamp collection and much more!

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CLUB MEETINGS

To make changes, call the Activities Office at 854-8707, Ext. 7530 or 7533

Monday

6:00	Lap Swimming	AC
8:00	Mixed Tennis D	HRCT
	Water Walk	ACIP
	Men's Softball	SBF
	R.C. Flyers Club	Field
9:00	Woodworking	WW
	Ceramics 9-2 p.m.	Art
	Ladies Billiards	PLR
	Tai Chi	ACF
9:30	Shuffleboard	
	(Sept. - Apr.)	HRCT
10:00	Tennis Doubles	HRCT
	Ladies Billiards	PLR
10:30	Water Walk	ACIP
11:00	Golf Groups	PAV
11:30	Lap Swimming	AC
12:00	Mah Jongg	CC:A
	Beginner II	HR
12:30	Bridge	CR
	Aqua Belles	ACP
12:45	Line Dance (Sept.-Dec.)	AC
1:00	Line Dance	
	Newcomers Class	AC
	Intermediate Line Dance	
	(Sept.-Dec.)	HR
	Dominoes	CC:H
1:30	Shuffleboard	HRCT
	Line Dance	ICC
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
	Line Dance (July- Sept.)	HR
2:30	Line Dance Level II	HR
3:00	Line Dance (Sept.-Dec.)	HR
4:30	Line Dance Level I	
	(Sept.-Dec.)	HR
5:00	Mah Jongg	CC:A
5:30	Beginner Line	
	Dance Level 1	HR
6:00	Table Tennis	CC:D
	Men's Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Mah Jongg	ICC
	Pinochle	MR2

1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
3:30	Handicap Comm.	CC:H
4:00	Billiards	ART
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	HR

2nd Week

2:00	Bowling League	AMFW
7:00	Theatre Group	CC:E,F
	Original Karaoke Group	CCC

3rd Week

10:00	Genealogical Workshop	MR3
1:30	D'Clowns	CC:B,C
5:00	Card Game	CC:C
6:30	Sunshine Singers	HR

4th Week

3:00	Community Patrol	CC:B,C
4:00	Candler Potluck	CCC

Tuesday

6:00	Lap Swimming	AC
8:00	Men's Tennis	HRCT
	Arts & Crafts	HR
	Water Walk	ACIP
	R.C. Flyers Club	Field
	Pickleball	HRCT
8:30	Women's 18-Hole	GC
	Racquetball	HR CTS
9:00	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Tai Chi	ACF
	Woodworking	WW
	Women's 9-Hole	GC
	Horseshoe League	HRCT
	Arts & Crafts	HR
9:30	CSI Bible Study	CC:A
	Concert Chorus	AC
10:00	Yoga	ICC

Location Codes

AC	Arbor Club	FF	Flying Field
ACF	Arbor Club Fitness	GC	Golf Course
ACCT	Arbor Tennis Courts	HR	Health & Recreation
ACIP	Arbor Indoor Pool		Exercise Room
ACOP	Arbor Outdoor Pool	HRCT	Tennis Courts
Art	Art Studio	H&R	Health & Recreation
AMFW	AMF Galaxy West Lanes		Building
BCT	Bocce Courts	HRP	Health & Recreation Pool
BO	Bank of the Ozarks	ICC	Indigo East
BR	Health & Rec Ballroom		Community Center
CC	Arbor Conference Center	MGC	Miniature Golf Course
CCC	Candler Hills	MR1	Meeting Room 1
	Community Center	MR3	Meeting Room 3
CCR	Candler Hills Community	PL	Health & Recreation
	Card Room		Parking Lot
CLC	Computer Learning Center	PLR	Poolroom
CSCC	Circle Square	RCT	Racquetball Courts
	Cultural Center	SBF	Softball Field
CR	Card Room	WW	Wood Shop

10:30	Horseshoe League	HRCT
	Walleyball	HRCT
	Water Walk	ACIP
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cyber Orientation	GYM
	Mah Jongg	CC:A
12:30	Bridge	CR
	Tall Tale Travelers	CC:G
1:00	Badminton	RCT
	Ballet Club	ACF
	Shuffleboard	HRCT
	Crochet Club	ICC
2:00	Ballroom Dance	HR
	Lessons (Beginners)	
3:00	Shutterbugs	CC:B,C
	Chess Club	MR3
	Ballroom Dance	HR
	Lessons (Intermediate)	
5:00	Mah Jongg	CC:B
	Table Tennis	CC:D
	Poker	CC:G
5:45	Mah Jongg	ACC:C
	Side Kicks Western Dance	HR
6:00	Pinochle	MR3/Art
	Poker	CCR
6:30	Duplicate Bridge	CR
	Mah Jongg	MR2
	Circle Squares	AC
7:00	Mixed Poker	CC:H

1st Week

8:00	Men's Golf Assoc.	CC:A
8:30	Lions Club	CCC
10:30	Shuffleboard	CC:H
11:30	Ladies 9-Hole	
	Golf (Oct.-March)	HR
1:00	Sunshine Quilters	Art
2:30	Italian American	CC:E,F
6:30	J.B. Poker Club	CC:E,F
	Indigo Girls Bunco	ICC
7:00	Girls Night Out	CC:G

2nd Week

8:00	Citizens Emer.	CC:E,F,G
	Response Team	
10:00	Sunshine Quilters	Art
11:30	Ladies Golf Assoc.	
	18-Hole (Oct.-April)	HR
12:00	Visually Impaired	CC:H
3:00	Knights of Columbus	
	Golf	ICC
3:30	Alpha Investment	Art
6:15	Game Night	ICC
6:30	German American Club	CC:E,F
7:00	Lions Club	CCC

3rd Week

10:00	Sunshine Quilters	Art
2:00	Candler Connection	CCC
5:00	Caribbean Club	ICC

4th Week

8:00	CERT Team	ICC
8:30	Lions Club	CCC
10:00	Sunshine Quilters	Art
11:30	Ladies 9-Hole Golf	HR
12:30	Scandinavian Club	CC:E,F
3:30	Alpha Investment	Art
5:00	Providence II Club	CC:E,F
6:30	Ladies Poker	ICC

7:00	Karaoke	CCC
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5th Week

6:15	Game Night	ICC
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Wednesday

6:00	Lap Swimming	AC
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	Pickleball	HRCT
8:30	Men's 18-Hole	GC
	Men's Softball	SBF
	R.C. Flyers Club	Field
9:00	Woodworking	WW
	Crafty Ladies	CR
	Tai Chi Practice	ACF
	Tip Top Tappers	HR
9:30	Fun w/Ceramics	ART
11:00	Golf Group	PAV
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Bridge	CR
12:15	Japanese Bunka	CC:B
12:30	Lucky Thirteen	
	Mah Jongg	CC:G
	Aqua Belles	ACP
1:00	Mah Jongg	ICC
1:30	Shuffleboard	HRCT
2:30	Scrabble Club	CC:H
3:00	Yoga	ACF
5:30	Bingo	HR
6:00	Men's Poker	MR3
	Line Dancing	AC
	Duplicate Bridge	CR
6:30	Square Dance	CC:E,F

1st Week

8:30	LGA 18-Hole	CC:B
9:00	Model Railroaders	MR3
10:30	Travel Toppers	CC:A
1:00	General Francis	
	Stamp Club	BO
6:00	Democratic Club	CC:G
6:30	Tall Tale Travelers	CC:B,C

2nd Week

1:00	Native Plant Grp	CC:H
3:00	Pennsylvania Club	CC:E,F

3rd Week

11:00	Arbor Tennis Club	CC:E,F
1:00	General Francis	
	Stamp Club	BO
6:40	Bunco Club	CC:G
7:00	Square Dance	CC:E,F

4th Week

1:00	Italian American Club	CC:E,F
6:30	Tall Tale Travelers	CC:B,C
	(No mtgs Dec, June-Sept.)	
7:00	Mystery Book Club	CCR

Thursday

6:00	Lap Swimming	AC
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	Fun Time Cloggers	
	(Sept.-June)	HR
	RC Flyers	Field
	Pickleball	HRCT
8:30	Racquetball	RCT
9:00	Woodcarvers	Art
	Art Group	Art
	Wood Working	WW
	Tai Chi	ACF
	Computer Club	CC:B,C
	Circle Square Dancers	CC:E,F
	Hand & Foot Canasta	CR
10:00	Reflexology	ICC
10:30	Walleyball	HRCT
	Water Walk	ACIP
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Mah Jongg	CC:A
	Aerobics	ICC

12:30	Sewing Bees	Art
	Bridge	CR
1:00	Badminton	RCT
	Ballet Club	ACF
	Table Tennis	CC:D
1:30	Shuffleboard	HRCT
2:00	Swingin Sisters	HR
2:30	Pretenders	ICC
5:30	Card Game	CC:B
6:00	Men's Poker	MR3
	Poker Night	CCC
6:15	Mah Jongg	CCR
6:30	Bridge	CR
7:00	Cards	ICC
	Mixed Poker	CC:H
	Square Dance	CC:E,F
	Card/Game Club	CC:G

1st Week

1:00	Rubber Stamping Cards	CC:G
5:00	Southern Club	HR

2nd Week

6:30	Ballroom Dance CL	HR
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3rd Week

1:00	SPCA	CC:H
	Rubber Stamp Club	CC:G
	New England Club	AC
5:30	Friends Game	CC:E,F

4th Week

9:30	American Jewish Club	CC:G
6:15	Game Night	ICC
6:30	Ballroom Dance Club	HR
7:00	Original Karaoke Group	CCC

Friday

6:00	Lap Swimming	AC
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	RC Flyers	Field
	Pickleball	HRCT
9:00	Woodworking	WW
	Dominoes	MR3
	Tai Chi Practice	ACF
9:30	Shuffleboard	HRCT
10:00	Racquetball	RCT
	Women's Bible Study	CC:A
	Tai Chi	ICC
10:30	Water Walk	ACIP
11:00	Golf Group	PAV
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Circle Square Dancers	HR
	Mah Jongg	CC:A
	Leo's Golf Group	CR
12:30	Aqua Belle	ACP
1:00	Table Tennis	CC:D
	Mah Jongg	CCC
	Mexican Train	CC:H
5:00	Cribbage	Art
6:00	Advanced Bridge	CR
	Euchre 4 Fun	CC:A
	Nickel/Nickel	MR3
6:45	Friday Night Euchre	MR2

1st Week

10:00	Emb. Chicks	CC:B,C
12:30	Women of the World	CC:HR

2nd Week

8:30	RC Ladybirds	CC:B,C
7:00	Republican Club	CC:E,F,G

4th Week

10:00	Emb. Chicks	CC:B,C
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Saturday

8:00	Mixed Tennis	HRCT
	RC Flyers	Field
	Pickleball	HRCT
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Wood Working	WW
10:00	Mixed Tennis	HRCT
	Swingin Sisters	CC:E,F
	Tip Top Tappers	HR
	Yoga	ICC
1:00	Table Tennis	CC:D
5:30	Saturday Pinochle	CR

2nd Week

6:00	Northern Lights	CC:B,C
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Sunday

9:00	Racquetball	RCT
	Wood Working	WW
9:30	RC Flyers	Field
12:00	Mah Jongg	CC:A
1:00	Hand & Foot Canasta	CR
	Table Tennis	CC:D
5:00	Pattern Dance	AC
6:00	Pickleball	HRCT
7:00	Mixed Poker	CC:H
6:00	Movie of the Month	HR

3rd Week

2:00	American/Jewish	CC:E,F,G
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4th Week

2:00	Line Dancing	HR
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ON TOP OF THE WORLD
NEWS
UPCOMING PUBLICATION
May Issue
Thursday, April 26



Computer Club

By Jeannie Maire

"Back up my hard drive? How do I put it in reverse?"—Author Unknown

Hey, we all know that we can't put a hard drive in reverse, but on March 10, we did learn how to save everything on our hard drive by using a program called Acronis True Image Home 2012. Gene Barlow, who has visited the club on several occasions in the past, explained that this utility is a great tool for backing up your hard drive (operating system, application programs, settings, data files), which makes it possible

to restore your entire hard drive if a crash wipes everything off your computer. The 2012 program has many new features that earlier versions of Acronis did not have.

Gene also told us about the new Acronis Disk Director 11 Home, an excellent tool to help better organize a hard drive by partitioning and resizing partitions. With this program, you can also set up and run multiple operating systems on your hard drive, so that you can try Windows 7 without giving up your XP, or Windows 8 without giving up Windows 7.

On March 24, Jorge Santiago, Manager of Information Technology at On Top of the World, visited us to explain On Top of the World's plans for a community-wide wireless system. He discussed the various aspects of the system and answered questions about how it will work.

On March 31, David Freudenburg, from

Freedom Library, gave us a look at E-books that are available at the library and how to access these books on our computers and other electronic devices.

Our membership grew again this month by eleven. Joining us are Don and Nancy Delp, James McCarty, Beverly Moreau, Albert Briguera, Jack and Jean Hester, Richard Impresa, Beverly Baird, Ruth Whiteley, and Louis Granata. New members are valuable assets to our club because they bring fresh viewpoints, information, and questions for the group's learning process.

Members and guests are welcome to join us on April 28, when Tom Seitz, a member of the club, will give an updated program on the Android tablet.

This month's tip: Keep your Internet browser up-to-date to prevent potential security threats and to get the latest features. With Internet Explorer, the easiest way to

find what version you have is to launch the browser, click the Help menu and then click About Internet Explorer. You can follow this same path for Mozilla Firefox.

For Google Chrome, launch the browser, click on the wrench in the upper right corner and find About Google Chrome in the drop-down list. Click on it and you will get a window showing what version you have and it will automatically up-date to the latest version.

Want to learn more about your computer? Join us any Tuesday, Thursday, or Saturday, from 9 to 10 a.m. in the Arbor Conference Center, Suites B and C. Or you can visit our web site at www.cccocala.org, keeping in mind that some of the information on the web site is protected by a password that only our members have access to.



Candler Connection

By Janet Wiles

We want to thank everyone who took time to respond to our neighborhood survey. We received many valuable comments. The results, which will be very helpful to the Candler Connection social club board in planning future events for our community, will be furnished very shortly to all residents via e-mail.

If you have e-mail capability but are not signed up to receive e-mail from the Candler Connection social club, go to www.candlerconnection.org. At 2.2.1, you will be able to sign up for all of our e-mail notices and our monthly newsletter, The Happenings. There is a lot of good information at our website.

On Sunday, Feb. 19, Candler Hills Restaurant held a Mardi Gras party for all residents. The entertainment included a magician, psychic, and fabulous band. The attendees experienced the most popular of the Cajun foods for Mardi Gras. Restaurant staff, under Don Hall's leadership, worked very hard to make this party a fun-filled event.

The Candler Connection communications committee will be holding a "New Neighbor Welcome" session on Tuesday, April 17, at 3 p.m., in the Candler Hills Community Center. To register for this session, please contact John Podkomorski at 873-3869 or john@podspad.us, or Marilyn Lube at 895-3954 or marilynlube@yahoo.com.

The purpose of this meeting is to acquaint all new Candler Hills residents with valuable information regarding getting to know our community and the Ocala area.

You will find the session to be quite in-

formative as well as give you an opportunity to ask questions about our social club and planned events. If current residents know of anyone new in their neighborhoods, please take the time to inform them of this session.

The next potluck will be Monday, April 30. This is a wonderful occasion to meet your neighbors. Those residents with last names beginning with A-C and T-Z should bring salads, side dishes, or vegetables; D-K, appetizers or desserts; L-S, main entrees. Label your dish with its name and ingredients, especially nuts, high sugar or salt contents, or even sugar substitutes, to assist people with dietary issues. Please start arriving at 5:30 p.m. to enjoy appetizers. Make sure you get a number for the table where you will be sitting.

The cost of \$1 covers eating utensils, plates, napkins, and decaf coffee. Volunteers are always needed to help with set up and clean up. To attend, contact Bev McCarthy by phone at 854-9416 or by e-mail at bjtr6@yahoo.com to let her know how many will be attending, what dish you will be bringing, and if you can help with set up. After the April potluck, the next one will not occur until fall.

Please hold Sunday, June 24, open for a cookout or barbeque with music provided by Fred Campbell. More information will be provided once the details of the event are confirmed.



Avalon Social Group

By Lorraine Rourke

The March St. Patrick's Day potluck had a huge turnout (90+) with loads of green. It was great seeing some old friends we hadn't seen in a while. Everyone was in a festive mood for the corned beef potluck. Beef O'Brady's did an outstanding job with the corned beef; it was lean and yummy. Those who picked up tickets for it had quite the treat. In addition, there was a variety of side and main dishes provided by the residents that were delicious. One neighbor grew his own cabbage and cooked it for his dish—it was so good! Everyone had fun visiting and enjoying the varied food. In addition, we had a lovely pen we raffled off made by Joe along with the 50/50.

Our spring/Easter potluck is scheduled for Monday, April 2, at the Arbor Club

Ballroom. Bring a dish to share (appetizer, salad, fruit, vegetable, casserole, or meat), a serving utensil and your own non-alcoholic beverage (desserts will be assigned). Setup is at 5 p.m.; start is at 5:30 p.m. with the food lines starting at 5:45 p.m.

We'll have another raffle and be announcing information on our May fish fry. Remember, our fish fry in May with a derby day theme is at the picnic pavilion. If you want some of Bert and Georgina's delicious beer-battered fried fish or regular fried fish, you will want to make sure you pick up a ticket for it. These will be available at the April potluck and our ticket handlers will be identified then.

Thank you to all the helping hands who helped put the decorations up, set up tables, and assisted with the cleanup. I was amazed at how efficient and fast you folks were on cleanup.

For questions, contact Lorraine at 390-2120.

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100 Grandparents

By Eleonora Buba

It was "top of the morning to ye" and a wearing of the green when the grandparents visited Romeo Elementary on Thursday, March 8. Janet Fragapane, a third grade reader, illustrates just how far grandparents will go to amuse the children and get them into the holiday spirit. Great outfit Janet!

The end of March brought a welcomed respite for students and faculty: spring break! Hopefully, everyone had a good rest. April not only brings showers but final preparation for the Florida Comprehensive Achievement Test (FCAT) which will take place the week of April 16 - 27. There is tremendous pressure on students, teachers and administration as the results of these tests weigh heavily in terms of funding for the 2012-2013 school year. Grades three and four are tested on reading and mathematics. Grade five is tested on reading, mathematics and science.

Due to FCAT testing, the grandparents cannot visit Romeo in April. Our next visit will be Thursday, May 10.

The backpack program is going strong, thanks to many On Top of the World residents and grandparents who contribute food items. Please keep in mind the guide-

lines for donations:

- Single serving sizes as the backpacks have limited space and the children have to carry them.
- Pop top seals on containers are preferred as many children feed themselves on the weekend and pop tops are easier and safer to handle.

Some suggested food items are:

- Single serving cereal, pudding, fruit cups, apple sauce, and mixed fruit;
- Breakfast or granola bars, and Pop Tarts;
- Peanut butter, jelly, Vienna sausage, tuna fish, Spam, and boxed macaroni & cheese;
- Peanut butter and cheese filled crackers;
- Ramen noodle soup (dry) - chicken, beef, etc.
- Packets of Crystal Light or store brand packets, dried milk (package of 10 is available at Walmart).

Food items may be delivered to Elliott & Marilyn Barbour's home (8680-H SW 94th Street) and placed in a tote located on their front porch. If you prefer to make a monetary donation, please make check payable to "For Purpose of Backpack" and send to Dunnellon For Kids, Inc., P.O. Box 262, Dunnellon, FL 34430-0262. \$25 fills one backpack for a month. \$6 fills one backpack for one weekend.

On Top of The World's donations of aluminum pop tops, education labels and box tops continue to be generous and we thank you! It may not seem like much, but every pop top and education box top/label adds up to help Romeo with needed school supplies. This past month, one of the envelopes with education labels inadvertently contained about ten photo slides. If these are yours, please contact Sue Johnson (237-4353) for their return.

The grandparents thank everyone in the On Top of the World Communities for your continued support!



American Jewish Club

By Carol Aronoff

Winter has come and gone and spring is here! Your club is still going strong with a number of fun and informative events still to come.

By the time you read this, we will have had our first Chinese luncheon to celebrate (belatedly) the Chinese New Year. Afterwards, the Ocala Fire Rescue Squad spoke to us about their duties and our responsibilities in an emergency. Their expertise and bravery in fighting fires for our safety at the risk of their own safety is no small thing.

Next up was our very enjoyable lunch at the Braised Onion.

In April, our lunch bunch is going to the Sunrise Donuts & Coffee on Highway 484 for a private party. How nice of them to close the shop for us! This is the neatest, cleanest, friendliest neighborhood restaurant with the best bagels and lox this side of New York.

At our March meeting, there were final instructions for our trip to Two Tails Farm and lunch at the Green Shutter in Williston, Fla. Also in March, nominations were taken for officers and board members for next year. Elections will be held in April.

Don't forget to call our sunshine lady, Renee Filzer at 861-0047, in case anyone needs the club to send out some good cheer.

Looking forward to seeing everybody at our Sunday, April 15 meeting, at 2 p.m. We will hold elections and have some surprises in store.

Italian American Club

By Carole Dymond

The Italian American Club is happy to announce the addition of five new members since the beginning of the year: John and Nellie Stasiak, Paul Wiseman, Helen DeLuca, and Rudy Dagnello. We welcome them and look forward to a great fellowship with them.

The winners of the "Not So Newlywed Game" in February were Henrietta and Stan Monoco. Hope they enjoyed their dinner at Pavarotti's Pizza & Restaurant.

In March, we played one of the club's favorite games - trivia - and gave out 18 scratch-off lottery tickets to the winners.

A special thanks goes out to Ann Vavaronda for her work in obtaining great entertainment for us. She has scheduled the Ocala Civic Theatre's Golden Troopers for the Tuesday, April 3 meeting. We have enjoyed their comedy skits in the past and look forward to seeing them again.

If anyone has visited Italy lately and would like to share their trip with us, please call Anne at 237-5277.

Did you know the people of Ivrea, Italy, celebrate the beginning of Lent by throwing oranges at one another?

Looking forward to seeing you on the first Tuesday of each month at 2:30 p.m. at the Arbor Conference Center, Suites E and F. Come early and enjoy our coffee and refreshments. Please feel free to offer any suggestions and/or constructive criticism for the benefit of our membership - this is your club and we would be grateful for your input.

If you need any information about the club, please contact our president, Mike DeBari at 861-9484.

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On Top of the World
Communities

Sunshine Quilters

By Tekla Krause



Photo by Tekla Krause

Lana Kuler the new president of the Sunshine Quilters.

We are looking forward to our spring potluck luncheon on Tuesday, April 3 at 11:30 a.m. It is truly a potluck as we can bring anything we want. If the unthinkable happens and we get more desserts than anything else then I am sure we will enjoy it!

In March, we tried a sharing of light, medium and dark fabric strips with Lana leading us with new patterns. These quilts, when finished, will be donated as usual to the homeless and abused children of Marion County.

Our featured member this month is Lana Kuler. Born in Ohio and raised in Florida, she spent much of her adult life in Texas. Lana worked as an office assistant in an aircraft interiors business. We are happy to have her back in Florida to have her guidance and leadership as president this year. She has previously been president of two quilt guilds in Texas. Lana's goals for our club are offering new ideas, experiences, and quilting techniques to our members.

New members are always welcome. We meet Tuesdays in the Art Room.

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Shrimp Fest

Thursday, April 19, 2012
5:00 PM

Includes soup and salad,
your choice of four out of six shrimp
entrée selections and dessert.



\$21.95 per person

+ tax and gratuity

Preferred/Elite Member
\$20.85 per person + tax and gratuity

Reservations are strongly recommended.

2nd Chef's Table Dinner

Thursday, April 26, 2012
6:00 PM



5 course prix fixe meal including wine
with appetizer, entrée and dessert.
Full menu available April 12th.

\$28.95 per person

+ tax and gratuity

Preferred/Elite Member
\$27.50 per person + tax and gratuity

(Seating limited to 20 people)

Preferred & Elite

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*To participate in the member program, a membership fee and an annual agreement signed by the member(s) are required. The Pub is private and open to residents who are Gateway of Services pass holders only.

For more information and
prorated fees call 854-2765.

Easter Brunch Buffet

Sunday, April 8, 2012
Served 10 a.m. - 3 p.m.

Chef Carving Station...

- Bourbon and cherry glazed bone-in ham
- Herb crusted top round of beef
- Whole leg of lamb

And all of the accompaniments...

- Full salad bar
- Homemade cinnamon buns
- Fresh vegetables

Along with...

- Mouthwatering desserts and sweet treats

Full bar service available.

\$24.95 per person
plus tax and gratuity

Preferred/Elite Member
\$23.70 per person + tax and gratuity



Reservations recommended.

CLASSIFIEDS

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing. Estate or Tag Sales must be registered and approved by Customer Service prior to advertising.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 100, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

For Sale

Armchairs (2): Broyhill with matching ottomans. Like new. 861-8142.

Bingo wooden cardholders, \$5. 291-7670.

Blinds: maple wood with hardware. Two at 35" w x 72" l, two at 25" w x 50" l and one at 51.5" w x 50" l. Fits Westross model. \$40 each or all five or \$175. 873-3865.

Cat: Free to a good home! Beautiful eight-year-old Ragdoll with blue eyes. Very talkative, spayed and litter trained. 873-1877.

Church Sale: Saturday, April 14, 8:30 a.m. at CCOMC. Space available for \$10 (setup by 8 a.m.). Church donations accepted. 861-6182.

Dining Room Set: dark mahogany with 4 chairs and breakfast server. 861-7358.

Evening Dress: royal blue sequined, size 10, \$35. 854-7516 or 216-7509.

Fishing Gear: one price for all. 854-9629.

Furniture: Beige reclining loveseat, two years old. Desk. Two end tables. Floor corner cabinet. 873-1235.

Garage Sale: Community-wide event on Saturday, May 19 at The Town Square. Registration begins Monday, April 2, Circle Square Cultural Center, 11 a.m. to 2 p.m. \$15 per table (limit 2 tables per household).

Golf Cart: 2003 Club Car with new Trojan 875 batteries. Back up, tail and signal lights. Top cover with zipper, as well as horn and mirrors. 291-2249.

Golf Clubs: old Hickory shaft (2), \$15 each. 854-5885.

Golf Equipment: Woman's Nomad golf clubs with bag, ladies glove, golf balls, tees, instruction & rule-books, \$40. 291-7670.

Grandfather Clock: Howard Miller, medium oak, Westminster chimes, key wind, night quiet, like new. 402-0377.

Grandfather Clock: Ridgeway, triple chime movements, moon dial, silent position available. \$400. 873-2589.

Lounge Chairs (2): folding mesh, sling type, \$15 each. 854-9378.

Misc. items: Dirt Devil vacuum cleaner, \$35. Hanging garment bag, \$8; Cordless phone \$4; 8-quart pressure cooker by J.C. Penney, \$30; Two chrome bathroom vanity lights, \$20 each; one set of chrome track lighting, \$30. 861-9144 or 229-4513.

Popcorn Maker: electric, Cuisinart, \$10. 854-9378.

Rug: 8-feet x 11-feet, \$50. 854-1099.

RV & Trailer Supplies: aluminum folding step, heavy-duty 30-amp STW cord, leveling blocks (eight pack), Camco adjustable stabilizer, ShadeLogic quick clamp canopy. Best offer, call 861-9142.

Scooter/Wheelchair Lift: unit lifts vertically then horizontally into your vehicle. 237-4242.

Shark Steam Cleaner: for tile and carpet with cleaning pad, \$25. 854-7516 or 216-7509.

Shoes: men's size 9B (Rockport, Dockers, etc.). Excellent condition. 854-7516 or 216-7509.

Small Appliances: GE four-slice

toaster, \$5. Mr. Coffee 12-cup coffee-maker, \$5. Presto Cool Daddy deep fryer, \$10. Westinghouse microwave oven, white, \$10. 291-7670.

Sports Equipment: Yoga pad, \$5. Wilson tennis racket with case, \$5. 291-7670.

Table: 42"x42" square glass top with two chairs. \$110. 873-0133.

Table Saw: Craftsman 7-1/2" - only \$35. hradford@aol.com or 361-6504.

Tag Sale: Friday, April 6 & Saturday, April 7, 8 a.m. to 4 p.m. 8555-D SW 93rd Street (Friendship Colony).

Tag Sale: Saturday, April 14, 9 a.m. to 1 p.m. 9028 SW 91st Circle (Williamsburg).

Tag Sale: Saturday, April 14 and Saturday, April 28, 8:30 a.m. to 12:30 p.m. 9273-B SW 97th Place (Crescent Ridge I).

Tag Sale: Friday, April 20 and Saturday, April 21, 9 a.m. to 4 p.m. 9123 SW 93rd Circle (Providence).

Tag Sale: Saturday, April 21, 8 a.m. to 1 p.m. Rain date on Saturday, April 28. 8704-B SW 94th Lane (Friendship Village).

Trundle Bed: Sturdy metal frame with two deluxe twin Enlander mattresses. Includes two sets of sheets for each bed, day bed cover, matching pillows and two synthetic down bed toppers. Used very little, \$495 for all. 291-2353.

Wood: 2x2, 4x4 and 2x6. 854-9629.

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Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bathroom Remodeling: specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508.

Blinds Repaired: in your home. Repairing shades & drapery hardware. Certified & experienced installer. Call Gary or Kathy at 352-344-3805.

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Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for 11 years. Dry in hours, not days. 307-4100.

Cat and/or House Sitting Services: for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

Cat Boarding and Sitting: provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

Ceramic Tile: all types of installation and repair. 20+ years experience. Lic. & ins. Call Bob Adkins 352-274-8678.

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General Maintenance: Trimming, weeding, edging, pressure wash driveways/gutters, and wash windows. Free estimates. Steve (resident) at 237-5338.

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Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Lawn Service/Yard Clean Up: planting new flowers, bushes, mulch & rock. Trimming & removal of plants, bushes, small trees. Licensed & insured. Call Lisa & David at 425-0109.

Painting: 25 years experience, 10% discount, excellent references. Pressure wash house for free with paint job. Call Danny at 547-9588.

Painting by Frank the Painter: Winter specials, 30 years experience, free estimates, specializing in colors, quality service, affordable prices, references. 237-5855 (resident).

Painting by North Central Painting & Home Maintenance: interior and exterior. 427-7725.

Pressure Washing: "Don's" free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

Shower Remodels & Repairs: Quality work at reasonable rates. Free estimates, licensed & insured. Neighborhood references available. All work warrantied! Triple Crown Tile & Floor (352) 427-4825.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927.

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Transportation: affordable, safe & dependable driver. Longtime resident for all your transportation needs (no airports). Excellent references. Call Bonnie at 854-7516 or 216-7509.

Transportation: airports (Tampa, Orlando, Sanford, Gainesville), medical appointments, shopping, etc. Safe & reliable service. Call Phil 509-4417 or 497-7670 (resident).

Transportation by Lin: local appointments, grocery shopping and errands. Light handyman work, etc. Resident with local references. 598-5389.

Transportation by Martin: doctor appointments, shopping & errands. Call 304-8947 (resident).

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

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Dining Room Table with four chairs. No wheels in light oak finish. 854-1099.

Free Limestone Rocks: bowling ball size to transport in golf cart. 291-2139.

Free Piano or Keyboard: 615-4000.

Guns: Buying guns (new, old, any condition), gold and silver. Estate appraisals. 867-0381 (home) or 266-9781 (cell).

Mardi Gras Beads: D'Clowns give to kids & seniors. Will pick up. Call Paula at 873-3433.

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Munroe Regional's Emergency Department is a busy one. Last year alone, we treated close to 100,000 people in our Emergency Department, including some 25,000 children. We provide emergency care to more people than anyone else in Marion County! And with good reason.

Our emergency medicine team of physicians, nurses and support staff, as well as our excellent local emergency services providers (EMS) have partnered and worked hard together to create best practices emergency protocols — providing a very high level of care for the people we both serve.

That's why we're so proud that HealthGrades®, the leading provider of comprehensive information about physicians and hospitals, has named Munroe Regional among the top 5% in the nation for emergency medicine and a recipient of the HealthGrades® *Emergency Medicine Excellence Award™* for the third year in a row (2010 through 2012).

The result: Munroe Regional is one of only 21 hospitals in Florida and 263 hospitals nationwide to receive this prestigious distinction — the only recipient in Marion, Lake, Sumter, Citrus and Alachua counties.

What does that mean to the people in our community?

It means that patients treated at hospitals recognized with the HealthGrades Emergency Medicine Excellence Award — hospitals like Munroe Regional — had, on average, a 41.52% lower risk of death compared to patients treated at non-recipient hospitals. It means that, if all hospitals performed at the level of the Emergency Medicine Excellence hospitals — like Munroe Regional — from 2008 through 2010, an additional 170,856 people could have potentially survived their emergency hospitalization. That's important.

Most of all, it means that, at Munroe Regional, excellence is a way of life. We insist on it. Every day. As a result, when you or your family need medical care — emergency or otherwise — you can count on Munroe Regional. Not because we say so. Because the experts say so.

And as the only community owned hospital in Marion County, we believe that every one of our patients, every citizen of Marion County — anyone who entrusts their care, their family, their children and their life to Munroe Regional — deserves the best. We believe that you deserve a hospital this good.

Learn more about Munroe Regional's recent accolades and awards. Visit www.MunroeRegional.com/accolades.



Find a physician close to home. Call Munroe Regional's Health Resource Line at 352-867-8181.



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