



COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

Spring is in the air around On Top of the World and as I'm writing this article, the Ocala Open is in progress. This event raised more than \$40,000, which was distributed equally to Interfaith Emergency Services and Hospice of Marion County. We had a playing field of 111 top golfers.

The planning that has gone into this event was nothing short of phenomenal. Most of the effort comes down to the 60-days preceding the event. Matt Hibbs, together with the other pros and golf course staff have worked very hard at getting the word out to potential players and the Florida Professional Golf Tour coordinators.

Golf superintendent, Andy Jorgenson, and his staff did a great job at getting Candler Hills in really terrific condition and able to withstand the rigors of three days of hard play. So far, as the technical aspects of course condition and tournament organization go, we were in great shape.

That said, nothing would work as well as it did without the coordination of resident volunteers. Many thanks to the entire Ocala Open employee committee for the hard work that goes into this tournament; and special thanks to Lisa Lazaro who was in charge of volunteer coordination. We can't say enough about the support we get from our volunteers. They make our tournament a great success!

The amount of work required by our marketing department is extensive and is led by Karen Brothers. The hospitality division, headed by Sandy Curtis, and the Candler Hills staff did a great job on the food and beverage service for the Pro-Am, as well as all three days of tournament play.

We look forward to 2014 and repeating this success. Hopefully, we can expand the field of players and raise even more money for local charities.

Defining Value

One way to define value is "value equals the price paid for goods or services." While accurate from a narrow economic sense, it fails to capture intrinsic benefits. If something gives you a sense of comfort or safety, you may value that much more highly. Consider the community services fee in the On Top of the World Central Owners' Association.

Residents enjoy a very large range of services in this "worry free" community. The community services fee pays for much more than just mowing and landscape maintenance. It also includes scheduled preventative treatment for subterranean termites together with regular exterior repainting and roof repairs. If you break out the budgeted cost of these items, that is approximately \$3.50 per day.

Consider 24-hour gate surveillance; how do you value that? If you break out the budgeted cost, that is only 19-cents per day. By any measure, that is a good value for a sense of privacy and safety.

What's it worth to have the peace of mind to know that if there is a windstorm and the roof is damaged it will be repaired promptly? You are spared the burden of trying to beg a busy roofer to appear, charge you a service call to evaluate the problem, and then have to pay again to fix it on a return visit.

Comprehensive insurance on the homes in the On Top of the World Central Owners' Association works out to \$220 per year. By comparison, a stand-alone comprehensive policy like an HO-3 on a conventional single family home costs around \$705 to \$897 per year.

Within the bundle of services available, you have access to numerous fitness, recreation, entertainment and education programs. All this and it is all just a walk or golf cart ride away. When you really consider the "all-in," a basic community services of about \$9.70 (or less) per day is an outstanding value.

If you think I'm taking this reductionist approach a little too far, my point about the value of the "all-in" and the sense of community we all enjoy. The opportunity to make friends and enjoy living, as well as enjoying the peace of mind of living in a safe and clean community, really is priceless.

Master the Possibilities

April will be another great month at Master the Possibilities. For the fourth consecutive month, Master the Possibilities will offer over 100 programs in April, bringing us all the best in life long learning. April is a special time. The sixth annual Bonsai exhibit will take place April 10-13. The Marion Bonsai Society actually transforms the Education Center into a "Bonsai forest." This unique and ancient art form will captivate you. The artists will be there to explain and answer questions ... There will also be related classes and demonstrations. This has become a "right of spring" at Master the Possibilities and a real jewel in our community.

The Town Square

New entertainment or music hours resumed at the onset of Daylight Saving

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Ocala Open

By Bob Woods
World News Writer

A new record was set at the Candler Hills Golf Club during the Ocala Open Golf Tournament when the winner of the event doubled eagled at the 12th hole. A double eagle is when a golfer gets the ball in the cup in two strokes on a par five hole. Travis Hampshire finished the tournament 15 strokes under par beating his nearest opponent, Eric Cole, by four strokes shooting a record-breaking 61 for the 72 par course.

Hampshire, who resides in Homosassa, Fla., was also the winner of the Ocala Open in 2008 and Cole, from Orlando, placed second in 2011 to Ted Potter during a six-tie shoot off at the 18th hole. Hampshire collected a check for \$12,000 for first place and Cole collected \$7,000 for second.

The first round at the Ocala Open at the Candler Hills Golf Club got off to a windy start. A total of 106 professional golfers played the course in these challenging conditions. Twenty-four golfers finished the par 72 course under par while 16 players broke even.

Kyle Cobb from Tallahassee, Fla. and Ty Harris from Longwood, Fla. tied in the first round with a score of 67, five under par. Eric Cole finished four under par tied with five other players while Hampshire finished with two under par with a score of 70 tied for 12th place.

Although temperatures rose throughout the day for the second round, winds continued to challenge play.

When all was said and done there were 19 players within four strokes vying for the top spot. Eric Cole, Nick Lindhein, from Satellite Beach, Fla., Nick O'Hern, from Windermere, Fla., and Greg O'Mahony, from Tequesta, Fla. - finished eight under par with a two-day score of 136 for a first place tie. The improving weather conditions saw most of the field of players improving their scores from the first round with a few bettering their score in the double digits.

After two rounds of play, the field was cut down to 44 players after the cut with a combined score 145. Hampshire finished the second round four under with a score of 140 tied with nine other players.

The final day started under frosty conditions with no wind during the first tee times ending under warm temperatures with varying winds. A large crowd gathered at the 18th hole watching all the pairings finish.

Word spread like wildfire around the



Photo by Bob Woods

Travis Hampshire won the Ocala Open with a double eagle on the 12th hole.

course concerning Hampshire's double eagle. However, no winner was declared until all the golfers scores were tallied and posted. Hampshire was declared the winner and Cole in second place.

A large \$12,000 check was presented to

Hampshire from Ken Colen, President of On Top of the World Communities along with Lynette Vermillion, General Manager and Matt Hibbs, Director of Golf concluding the 2013 Ocala Open Golf Tournament.

Continued on Pages 10 and 11 >

Change is Good for Your Fitness Routine

By Ray Cech
World News Writer



Photo by Ray Cech

Linda Buschur on the parcours balance beam.

PARCOURSE [pahr-kawrs, -kohrs]; noun: An outdoor exercise track or course, especially for joggers, equipped with a series of stations along the way where one is to stop and perform a specific exercise. (Source: www.dictionary.com)

"There are a number of dimensions of wellness," says Cammy Dennis, fitness director of On Top of the World.

The multi-dimensional approach to wellness (as published by the International Council on Active Aging) encompasses these seven paradigms: physical, social, emotional, spiritual, intellectual, vocational and environmental. When combining all of these in a somewhat structured approach, we're dealing ourselves a hand that best assures us a life that's healthy in both mind and body.

This is a "wellness" menu that goes beyond simple fitness.

When it comes to the environmental paradigm, residents of On Top of the World have the best of all worlds - Shalom Park, field trips with Master the Possibilities, swimming and exercise pools, outdoor sport centers, as well as pathways winding throughout the community. There's something for everyone.

If you are looking to change up your fitness routine, the parcours along some of our footpaths might be a great way to do just that. Each of these jogging/walking fitness courses has nine stations. At one station, you may be guided to do a few stretches. At another, you will be asked to walk the balance bar, and further on to do a few isometrics.

At each stop, there is signage that takes you through a particular exercise. And it doesn't matter whether you start with fitness stop No. 1 or No. 9. What matters is that during your jog or walk you include a brief "exercise" stopover, thereby adding to your healthy-living regimen.

There are three outdoor parcourses in our community. One runs alongside of SW 99th Street just south of the dog park, another along SW 81st Loop, starting just north of the 13th hole, and yet another in Indigo East.

So the next time you're out for a jog or a walk, look for the signs that direct you to add a little bit more exercise to your routine - you'll feel better for it.

To further your focus on the seven dimensions of wellness, check the Master the Possibilities schedule and look for programs hosted by Fitness Director Cammy Dennis.



ON TOP OF THE WORLD NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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GOLDEN OLDIES HUMOR

BY STAN GOLDSTEIN



If only the young knew and the old could.



Is It Legal?

By Gerald Colen

Here is my upcoming lecture schedule at Master the Possibilities. I do hope you can be there for each lecture on Tuesdays from 3 to 4 p.m. Registration is required; please contact 854-3699.

- Tuesday, April 23: "American Civil War Part 1;"
- Tuesday, April 30: "American Civil War Part 2;"
- Tuesday, May 7: "American Civil War Part 3;"
- Tuesday, May 14: "American Civil War Part 4."

I'll have additional legal series lectures coming in the summer and as soon as I have them set, I'll let you know.

Q. I have three children; but I want to have a will that does not leave anything to one of them. I haven't heard from him in over five years and we were estranged long before that. I have been told that I must at least leave him \$10. Is that true?

A. It is not true. Florida does not have what is known as "forced heirship." That is, a person (or persons) are not required to leave anything to anyone except as follows:

- In the absence of a prenuptial agreement or a valid postnuptial agreement, one spouse cannot completely cut out the other and that is true even if the couple does not live together or have not lived together for quite some time. You cannot simply cut out a spouse unless there is a prenuptial or valid postnuptial agreement.
- Minor children cannot be cut out by means of a will or trust. This is a complex area of Florida law and the best thing to do is consult with an estate planning attorney who has experience in this area.

Q. My husband and I were married for 22 years. He had been previously married. While he was working for (a large national and international company) he had a pension plan. He forgot to name me as the beneficiary of that plan. I have been denied the proceeds of that plan and my deceased husband's employer said that since his previous spouse is still alive, she will get the pension benefits. Please mention this in your newspaper column.

A. This points out a very important and complicated problem. In those circum-

stances where there is a second or subsequent marriage, if a spouse wants his/her new spouse to receive pension benefits, it is absolutely necessary to change the name of the plan's beneficiary. If that is not done, then whoever is named will receive the pension benefits and this includes IRA or 401K or 401B benefits.

Further, if the named beneficiary is deceased, it does not follow that the new spouse will receive the pension benefits that might be due. Instead, they will probably pass to the closest blood relative of whoever was named the beneficiary of the pension plan. As with the question above, it is wisest to seek the advice of an estate-planning attorney who has experience in this particular area.

Q. My boyfriend is 75 and I am the same age. We are taking a Caribbean cruise and he will be purchasing an erectile medication in one of the ports we are visiting. Since I doubt that he will use all of it, can he safely bring back a certain amount of it to the U.S., without violating any federal or state of Florida laws?

A. I am not aware of any prohibition against bringing back erectile drugs that have been purchased out of the country. However, I am assuming that he would only bring back medications for his continued personal use. If he were actually attempting to bring in a medication he intends to sell or distribute to others, then I very strongly urge him not to do that.

I have sometimes seen reports of pseudo erectile drugs being sold in foreign countries. So it seems to me that perhaps a better practice would be to get a doctor's prescription from a physician who practices medicine here in the U.S.

Q. In light of what has been happening lately around the U.S., can you tell us what laws are on the books here in Florida that are concerned with gun control?

A. I am not getting into that except to

say that Florida is not a gun control state. Whether it should or should not be is a matter for the citizens of this State to discuss with its legislators.

Q. What are your favorite estate planning documents?

A. I don't have a particular favorite estate planning document because I believe that estate planning, be it for simple or for complex estates, is a matter to be determined on an individual basis. Some folks may be best off with a will, durable power of attorney and advance directive. Other folks may need some kind of revocable trust, along with a will, durable power of attorney and advance directive. Still others may need more sophisticated planning documents including irrevocable trusts, qualified income trusts for Medicaid purposes, Elective Share trusts and even more complex documents.

As a general statement, it seems to me that at the minimum someone should have a will, durable power of attorney and advance directive. However, whatever one has needs to be specific to that person's needs.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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All Around Our World

By Lynette Vermillion

I love this time of year! Spring is in the air, flowers are starting to bloom and the grass is growing. April also brings April Fool's Day, tax day on April 15, Earth Day, Arbor Day and let's hope lots of rain. You know what they say ... April showers bring May flowers and we can all use a little bit of extra color in our life.

Customer Service

Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on April 17 this month. Customer Service may be reached by phone: 236-OTOW (6869); e-mail: otowinfo@otowfl.com; or in person by visiting Suite 200, in Friendship Commons.

Ocala Open

The Candler Hills Golf Course hosted the seventh annual Ocala Open, March 13-15, and it was a huge success.

Many, many thanks to the volunteers, sponsors and employees who helped make this year's Ocala Open yet another success. This type of event couldn't be done without this great support from all! We had 108 players in the field for the first two days of the Open and 43 when the field was narrowed down on the third and final day of play. We are very thankful that the weather for all three days of tournament play was great and added a little wind and challenge to the game. Congratulations to Travis Hampshire who won the first place prize of \$12,000. Travis also won in 2008.

We were able to raise \$45,000 for charity - Hospice of Marion County, Inc., and Interfaith Emergency Services. Each charity received \$22,500 and both entities support such a huge need and provide a ben-

efit to our community. To date, we have raised over \$240,000 for our charities. We sincerely appreciate the continued support from our resident volunteers, sponsors and employees and we look forward to doing it all again next year.

Water Restrictions Change

Now that we are observing Daylight Saving Time, watering may return to twice per week. It is recommended that you check your irrigation system for proper coverage, leaks and head adjustment if you are not already doing so monthly. Your irrigation system should be set to water half to three-quarters of an inch each watering application. Not maintaining the irrigation system may have a negative impact on the lawn and stressed grass attracts weeds, disease, and insects. Please refer to www.otowinfo.com for your specific scheduled days and times.

Sidewalks

Many times when we are walking, such as to the post office or the dumpster, we think it is easiest to take the shortest route, however sometimes the shortest route can cause more harm than good. In the case of sidewalks, please use the sidewalk/path provided versus cutting through the landscaping to reach your destination. Not only do you decrease your risk of falling, you avoid damaging the landscape. It only takes a couple of extra steps to reach your destination when you stay on the right path and the few extra steps add to staying active.

Bright House Offering

For the past couple of weeks, Bright House Networks has been in On Top of the World distributing Digital Adapters (DA) to the residents serviced by Bright House according to the community they live in. A DA increases the number of channels delivered to each home and each resident may receive up to two DA, with remote control(s) for free. The Bright House staff has been available to answer questions and supply instructions so that residents may install the equipment or technicians were

made available to assist with the installation at your home.

Thank you all for your support and patience in the sharing of the Health & Recreation Ballroom as we have tried to accommodate our residents and Bright House.

If you missed your community-scheduled event, you may call 1-855-222-0102 to set up an appointment to have your Digital Adapters installed after April 4.

The remaining schedule is as follows -

- March 28: Friendship Colony - SW 83rd Ave., SW 87th Ave., SW 90th Pl., SW 91st Pl., SW 92nd Pl., and SW 93rd Pl.
- April 2: Friendship Colony - SW 82nd Ter., SW 83rd Ter., SW 84th Ter., SW 85th Ter., SW 89th Ter., SW 83rd Ct., SW 89th Ct. Rd.
- April 3: Friendship Village - SW 94th St., SW 95th St., SW 96th St., SW 97th St.
- April 4: Friendship Village - SW 84th Ter., SW 85th Ter., SW 94th Ln., SW 95th Ln., SW 96th Ln., SW 85th Ave.

Inspecting Your Gutters

If you have gutters, please check them on a regular basis and keep them clean of debris. It is especially important to do so after each leaf season. If you don't, the gutters could become weighted down with leaves, acorns, branches, etc. and clog the downspouts. If we have a heavy rain, this could result in the gutter pulling from the roof and possibly taking the soffit and fascia with it. Clogged gutters can also be a source of a serious roof leak, as the water backs up and penetrates behind shingles. Please take a few minutes to visually inspect them before we begin to see the much needed rain.

Lampposts Bulb Replacement

I have received a number of requests from residents to remind those of you whose lamppost bulb needs replacing to please do so. I thank you in advance for doing so.

24-Hour Gates

A lot of discussion occurred after the annual meeting in February regarding the

gates. We are fortunate to live in a community with gates attended 24 hours a day. We contract with a security company who are trained appropriately for this type work; however, they do not have or provide any policing powers. The gate attendants work to make sure those entering the community have a right to do so and others kept out. Thanks for working with them while they carry out the duties of logging visitors, asking you for a resident ID, or asking you to have your decal replaced if needed.

Rule Reminder

At the request of a number of residents, this month's rule reminder has to do with being a good neighbor.

Offensive or Unlawful Activities. No improper, unsanitary, unsightly, offensive or unlawful use, condition or activity shall be permitted, conducted or maintained in the Community by any Occupant, and all applicable governmental laws and regulations shall be observed. The use, enjoyment and occupancy of the Community shall be carried out in such manner as not to cause or produce any of the following effects discernible outside buildings located thereon or affect the adjoining property or any portion or portions thereof: noise or sound that exceeds the levels permitted under the Marion County Noise Ordinance, as amended from time to time; smoke, noxious, toxic or corrosive fumes or gases; obnoxious odors; dust, dirt or fly ash; unusual fire or explosive hazards; or vibration. No Occupant may use or play, or permit to be used or played anywhere in the Community any mechanical, electrical or other device (including, but not limited to, any musical instrument, stereo, amplifier, radio or television) between the hours of 11:30 p.m. and the following 7 a.m. in a manner that disturbs any other Occupant in the Community. For the purposes of interpreting and implementing this section, the Board shall have exclusive and absolute authority to determine whether or not any existing or proposed activity or condition violates this section.

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Pennsylvania Club

By Pat Utiss

The March meeting of the Pennsylvania Club was a traditional St. Patrick's Day dinner, cooked by Micki Malsch. The menu consisted of corned beef and cabbage, new potatoes, Irish soda bread, cupcakes and

bread pudding. The food was tasty and in an abundance. Also, the friendliness and helpfulness of the Pennsylvania Club members was evident. This is something we have known since the very beginning of the club. These people are great.

The April 10 meeting will be our usual second Wednesday. It will be at 3 p.m. in the Arbor Conference Center, Suites E and F. Our activity for this meeting will be horse racing. If you haven't seen our horse racing, do come and experience it. It is unique and one of the favorite activities of the club members. We hope to see you there.

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2012 Quality Water Report

Bay Laurel
Center Community
Development District
PWS ID #6424619

The Bay Laurel Center Community Development District (BLCCDD) is very pleased to provide you with this year's annual quality water report. We want to keep you informed about the excellent water and services we have delivered to you over the past year. Our goal is and always has been, to provide to you a safe and dependable supply of drinking water.

BLCCDD routinely monitors for contaminants in your drinking water according to Federal and State laws, rules, and regulations. Except where indicated otherwise, this report is based on the results of our monitoring for the period of Jan. 1 to Dec. 31, 2012. Data obtained before Jan. 1, 2012, and presented in this report is from the most recent testing done in accordance with the laws, rules, and regulations.

Our seven groundwater wells draw their water from the pristine Floridan Aquifer. We add chlorine to the water for disinfection purposes. We are pleased to report that our drinking water meets all Federal and State requirements.

In 2011, the Department of Environmental Protection performed a Source Water Assessment on our system and a search of the data sources indicated no potential sources of contamination near our wells. The assessment showed no contamination at this time in the source of the seven wells. The assessment results are available on the FDEP Source Water Assessment and Protection Program website at www.dep.state.fl.us/swapp.

If you have any questions about this report or concerning your water utility, please contact Randy Schommer at (352) 414-5454, Ext. 4110. We encourage our valued customers to be informed about their water utility. If you want to learn more, please contact our business offices during the hours of 7 a.m. to 3:30 p.m., Monday through Friday.

In the table to the right, you will find terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

- **ACTION LEVEL (AL):** The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements, which a water system must follow.
- **CDC:** Center for Disease Control.
- **EPA:** Environmental Protection Agency.
- **MAXIMUM CONTAMINANT LEVEL (MCL):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- **MAXIMUM CONTAMINANT LEVEL GOAL (MCLG):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- **N/A:** Not applicable.
- **ND:** Not detected and indicates that the substance was not found by laboratory analysis.
- **PARTS PER BILLION (PPB) OR MICROGRAMS PER LITER (UG/L):** One part by weight of analyte to one billion parts by weight of the water sample.
- **PARTS PER MILLION (PPM) OR MILLIGRAMS PER LITER (MG/L):** One part by weight of analyte to one million parts by weight of the water sample.
- **PICOCURIE PER LITER (PCI/L):** Measure of the radioactivity in water.
- **INITIAL DISTRIBUTION SYSTEM EVALUATION (IDSE):** An important part of the Stage 2 Disinfection Byproducts Rule (DBPR). The IDSE is a one-time study conducted by water systems to identify distribution system locations with high concentrations of trihalomethanes (THMs) and haloacetic acids (HAA5).

Water systems will use results from the IDSE, in conjunction with their Stage 1 DBPR compliance monitoring data, to select compliance monitoring locations for the Stage 2 DBPR.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. BLCCDD is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components.

When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using water for drinking or cooking. If you are concerned about lead in your water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as

NON-SECONDARY CONTAMINANTS TABLE							
** Results in the Level Detected column for radiological contaminants, inorganic contaminants, synthetic organic contaminants including pesticides and herbicides, and volatile organic contaminants are the highest average at any of the sampling points or the highest detected level at any sampling point, depending on the sampling frequency.							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
Radioactive Contaminants							
Radium 226 or combined radium (pCi/l)	7/08	N	0.9	0.40-0.90	0	5	Erosion of natural deposits.
Inorganic Contaminants							
Arsenic (ppb)	1/11	N	0.50	0.5 - 0.5	N/A	10	Erosion of natural deposits; runoff from orchards, runoff from glass and electronics production wastes.
Nitrate (as Nitrogen) (ppm)	2/12	N	2.27	1.95 - 2.27	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
Sodium (ppm)	1/11	N	6.9	6.4 - 6.9	N/A	160	Salt water intrusion, leaching from soil.
Barium (ppm)	1/11	N	.005	.005 - .0005	2	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
Lead (point of entry) (ppb)	1/11	N	1.5	1.5 - .50	N/A	15	Residue from man-made pollution such as auto emissions and paint, lead pipe, casing, and solder.
STAGE 1 DISINFECTANT AND DISINFECTION BY-PRODUCTS							
For bromate, chloramines, or chlorine, the level detected is the highest running annual average (RAA), computed quarterly, of monthly averages of all samples collected. For haloacetic acids or TTHM, the level detected is the highest RAA, computed quarterly, of quarterly averages of all samples collected if the system is monitoring quarterly or is the average of all samples taken during the year if the system monitors less frequently than quarterly. Range of Results is the range of individual sample results (lowest to highest) for all monitoring locations, including Initial Distribution System Evaluation (IDSE) results as well as Stage 1 compliance results.							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
HAA5 Total Haloacetic Acids (ppb)	08/11	N	4.17	2.96 - 5.37	N/A	60	By-product of drinking water disinfection.
TTHM Total Trihalomethanes (ppb)	08/11	N	12.69	5.58 - 19.80	N/A	80	By-product of drinking water disinfection.
Chlorine (ppm)	1-12/2012	N	2.01	1.0 - 2.01	4	4.0	Water additive used to control microbes.
LEAD AND COPPER							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	AL Violation Y/N	90th Percentile Result	No. of sampling sites exceeding the AL	MCLG	AL	Likely Source of Contamination
Copper (ppm)	7 - 8/2011	N	1.0	1	1.3	1.3	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.
Lead (ppb)	7 - 8/2011	N	7.5	0	0	15	Corrosion of household plumbing systems, erosion of natural deposits.

viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

- Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff, and septic systems.
- Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the EPA prescribes regula-

tions, which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline at 1-800-426-4791.

MCLs are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink two liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people

with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline 1-800-426-4791.

We at BLCCDD would like for you to understand the efforts we make to continually protect our water resources. We are committed to ensuring the quality of your water. If you have any questions or concerns about the information provided, please feel free to call any of the numbers listed.

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Keeping It Green

By Phillip B. Hisey

Sunday, March 10 was the start of Daylight Saving Time, so don't forget to reset your controller to twice per week watering. Odd addresses water Wednesday and Saturday and even addresses water Thursday and Sunday. Please check www.otowinfo.com for your watering times.

Proper watering is crucial for success of your lawn and landscape. Applying water at half to three-quarters of an inch per application is what is recommended by the University of Florida to sustain healthy growth.

The late frost we had on Feb. 25 with 21-degree temperatures and again on March 4 with 27-degree temperatures, really damaged plants. Indian Hawthorn probably shows the worst damage but many other plants show signs of damage as well. Some plants have not shown any effects and may not but other plants will begin to show problems later in the spring with stunted growth or insect and fungal issues as a secondary problem. Don't start trimming your cold damaged plants just yet. I recommend waiting until mid-April to trim off any dead or cold damaged growth.

Lawns will probably show signs of damage as well in the form of "take all root rot." This is going to show itself in the form of yellow grass that can't seem to green up no matter what you treat it with and how much you fertilize. Start treating now with systemic fungicides that are labeled for

control of "take all root rot."

Applications of fertilizer should be done by a liquid application so the blades of grass can absorb the nutrients. Stay away from granular applications for now until you are sure the problem has been resolved. If you are not sure what you have or think there is another problem, the University of Florida has a Rapid Turf Diagnosis department. You can Google Rapid Turf Diagnosis or go to www.turf.ufl.edu/rapiddiag.shtml. The cost is \$75 and is worth the expense for the information you get.

April is also a great time to start pre-emergent applications for weed control in your lawn and it is time to start looking for chinch bugs. If you are considering using pre-emergent control for crab grass or other weeds, multiple applications will be needed during the course of the year to gain control. Chinch bugs will be attracted

to weak, succulent grass. To help with control, avoid over watering your lawn and fertilizer applications using excess nitrogen.

Fertilizer application should follow the Green Industries Best Management Practices for Protection of Water Resources (GI-BMP), as this is a county ordinance. All companies making applications of fertilizer for hire are required to have certified people making applications. Those applying the products must carry their GI-BMP card when making applications. Ask your vendor to provide proof they have the certification.

For further information regarding April lawn and landscape maintenance, please go to www.otowinfo.com, click on your community, and then the Home Maintenance tab on the left-hand side. There you will find the Landscape Maintenance Calendar with monthly tips for irrigation, plants/trees, and turf.



Food For Thought

By Sandy Curtis

Spring is a wonderful time of the year. As we move forward in hospitality, we bring you a little taste of the world at Candler Hills Restaurant. Beginning Monday, April 1, we will feature a "Tour of Italy" week. Every day we will be featuring a different Italian dish from chicken and veal Marsala to homemade lasagna, spaghetti with meatballs and stuffed shells. Enjoy these beautifully prepared dishes with your favorite glass of wine.

The week of April 8, we will head to "South of the Border Mexico" and cook up some beef or chicken chimichangas, siz-

zling fajitas, ceviche, enchiladas and much more. Each dish will be served with black beans and Spanish rice. For dessert, try our delicious fried ice cream topped with honey, chocolate syrup or cinnamon and sugar. Of course, you can't have Mexican without a margarita.

April 15 through 21, we will be going Caribbean style. We will feature coconut shrimp, paella, plantains, citrus slaw, jerk chicken, shrimp skewers and a few more tropical entrees. Drinks during the week will consist of pina colada, bahama mama and a mango daiquiri.

Our final week, we end our tour in Portugal. One of our very own cooks is from Portugal. He brings to the table some exciting dishes consisting of Portuguese pork tenderloin with sautéed potatoes, Bacalhoda cod stew and some delicious desserts and mixed drinks. Don't miss out on this exciting journey we have planned.

Our "Dinner for Two" menu on Monday nights has changed, as we bring to you some of your favorites from the past. Come to Candler Hills Restaurant and let us take care of you for the evening.

The Pub is now offering a signature dish that is simply amazing. Come in and try our New England clam chowder that is homemade and served in a bread bowl. You're going to love it!

Also, if you are looking for a place to have a gathering with a meal, we can offer you The Derby Room that is attached to The Pub. This room can accommodate up to 40 people. So next time you would like to have an event with a meal for a small group,

we would love to help out.

There is more to come during the upcoming months. Keep your eye out for some wonderful events we have planned. If you are not on our mailing list, please leave your e-mail address at the Candler Hills Restaurant or The Pub and we will make sure you are updated on a regular basis.

It is my desire to make On Top of the World your first choice for all of your hospitality needs.

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

> Continued from page 1

Time. Come on out from 7 to 10 p.m. now through the summer months. Check out the line-up at www.circlesquarecommons.com.

Circle Square Cultural Center

Elvis will be "back in the building" on Saturday, April 6, with the 2013 "Fill the Blue Suede Shoes" - Elvis* Tribute Artist Contest. Judges will determine who will be going to Nashville for Elvis* Week to compete for the national title of the best in Elvis* tribute artists.

On Saturday, April 13, the free Hands Across the Highway Art Expo will fill the Circle Square Cultural Center with the works of talented artists from the SR 200 Corridor. Wrapping up the month, Terry Johnson's Flamingos on Saturday, April 27.

The World as It Is

It appears that the regional and State real estate markets are looking brighter as the opportunity to sell your home increases and selling prices climb. It is an axiom that a home must sell for a home to be bought. Villas in the older sections of the community have been rising in resale values lately as in other neighborhoods and communi-

ties.

The interest rate on a 30-year fixed rate mortgage continues near an all-time record low. From January 1978 to September 1991, the average interest rate nationwide on a 30-year fixed rate mortgage never got below 9% (Source: Freddie Mac). The lower rate, cheaper payment - borrowing \$100,000 at 9% over a 30-year period requires an \$805 monthly payment. Borrowing \$100,000 at 3.75% requires a \$463 monthly payment (Source: BTN Research).

The national median existing-home price for all housing types in January 2013 was up 12.3% from January 2012, which was the 11th consecutive month of year-over-year price increases (Source: National Association of Realtors). In Marion County, we saw a positive change in home prices from the third quarter of 2011 through third quarter of 2012 of 3.7%. This is forecasted to change third quarter 2013 through the third quarter of 2014 an additional 2.3% (Source: Home Prices: Your Local Forecast, CNN Money). The good news is that available inventory is down as well. So the trend is solid.

Finally, sales of foreclosed properties continue at a significantly lower percentage of home sales in Marion County over last year. In other words, the backlog of foreclosed properties is decreasing and overall supply is narrowing (finally). So the take-away for residents is that if you currently have your home listed for sale, you may want to hold tight on the price and not be so inclined to negotiate away your value.



Southern Club

By Carol Hobbs

The Southern Club convened for their last meeting on Thursday, March 7. The Health & Recreation Ballroom was decorated in green and white, celebrating St. Patrick's Day. During the social hour, members were treated to lovely Irish music. After a meal of delicious Southern dishes, birthdays and anniversaries were celebrated and visitors introduced.

Club members were reminded that the next meeting in April will include the election of officers and they were encouraged to be thinking of candidates. After a few personal biographies of members, the meeting was adjourned.

The next meeting will be Thursday, April 4, and will feature the Circle Squares.



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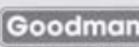
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Home Maintenance Tips

By Robert Colen

Night-lights

A few weeks ago, a homeowner came to Customer Service concerned about a teardrop shaped stain on their wall. The stain was just a few inches above an electric outlet. The homeowner feared that water was intruding into the wall from outside and creating the stain. As is our practice, we visited the home to examine the matter closer.

What we found was not water, but burned dust and contaminants imprinted on the wall. A closer investigation revealed that an old night-light was plugged into the receptacle. We looked at the light and found that the plastic cover on the light was melting due to the bulb touching it.

Many of the older night-lights use incandescent bulbs; meaning they get very hot when left plugged in for any extended time period. Incandescent bulbs create light when the electrical current causes the

filament inside to heat up creating the glow. Touching these bulbs with your finger will cause a burn.

So, it was not a surprise that the plastic cover around the bulb melted where it touched the bulb. Fortunately, the small discoloration of the wall was easily remedied with a paintbrush and some paint.

We have found that LED (light-emitting diode) lights are a much better option for night-lights. They can be found at pretty much any store that sells home goods. The best thing about LED lights is that they are not only cool to the touch, but they also use less electricity. So leaving them plugged in doesn't add to the electric bill as much.

We recommend you retire the old night-lights with incandescent bulbs and replace them with the safer, cooler, energy efficient LED night-lights.

RESIDENT TIP: To reduce the algae buildup in your birdbath, drop in a copper penny. To be sure it's copper and not zinc, check the date. Any penny minted prior to 1983 will be almost 100% copper. Don't have a copper penny? Use vinegar and a scrub brush. *Submitted by Ray Cech*

If you have a cleaning tip or a topic you would like addressed in this home maintenance column, please e-mail them to warranty@otowfl.com.



Republican Club

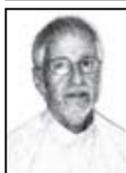
By Fred Pulis

The March meeting featured guest speaker, George Albright. He is the current tax collector for Marion County. He provided timely information about new changing tax policies and issues that affect 2013. His extremely informative presentation

was well received and answered a number of member questions and concerns.

Tickets for the Friday, April 12 Charlie Stone pizza party will be available for purchase. All tickets must be purchased prior to the April event. For more information, contact Walter Lamp at 854-9378 or Fred Pulis at 854-9976.

The next scheduled meeting will be held on Friday, April 12. All regular meetings are scheduled for the second Friday of each month at the Arbor Conference Center, Suites E, F, and G. The meetings start at 7 p.m. and usually last about an hour.



Democratic Club

By Dan Lack

Our next meeting will take place on Thursday, April 25. Vernon Murray, one of our board of directors, will talk about the appointment versus an election of the Marion County School superintendent. Is it better for the community if the elected school superintendent institutes policies that will make re-election more likely but not beneficial in the long term? Is it better for the community to have a direct voice in the selection of the school superintendent rather than allowing the School Board or some other entity to appoint one? This is an interesting topic for discussion that affects every one of us who pays school taxes.

Democratic Party rules call for the recertification of its political clubs every odd

year and your board has been busy with the paperwork to submit to the Marion County Democratic Party.

Secretary Lynn Miller has arranged for our first club luncheon on Thursday, May 16, at 1 p.m., at Logan's Roadhouse. If you would like to join us, you may sign up at our meeting or you may call Lynn at 438-3354, or you may send an e-mail (see below).

We meet on the fourth Thursday of every month, at 6 p.m., in Suites E and F of the Arbor Conference Center. For more information, call Dan Lack at 509-4942 or send an e-mail to otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). All registered Democrats are invited to join the Club. You are not alone!



SPCA

By Maria Devine

Our next meeting will be on Thursday, April 18, at 1 p.m., in the upstairs meeting room at the Bank of the Ozarks. We always have important business to discuss, and we usually have a guest speaker every other month. Dr. Ed from A Family Veterinarian spoke about his new practice at our last meeting. Please give us a call at 362-0985 if you would like to know more about us.

We recently agreed to a couple of procedural changes for our organization. Starting this summer, we will hold meetings in July and August so that from now on we will meet all year round. We also agreed to collect dues in January to coincide with our fiscal accounting year.

When you come out to the Farmer's Market at The Town Square on the first Thursday of each month, please look for the SPCA table where we will be selling used books at bargain prices. Most books will sell for 25-cents to \$1 and all proceeds will go to help the animals. You can stock up on all your favorites while helping a worthy cause.

You can also help us by coming out to Rags to Riches in the Health & Recreation Ballroom on Friday, April 26. We will serve you fresh doughnuts and coffee as you set

up your tables early in the morning, and guests can stop by for some tasty treats while they peruse the merchandise. You can also take some home for a snack later on. Since every penny goes to the needy animals of Marion County, you can feel good about all that imbibing.

Arlene still has numerous cats/kittens ranging in age from six months to nine years that need good homes. While many of her foster kitties have been adopted recently, certain ones that have something in common remain unwanted. What is their common bond? They are all black cats.

According to shelters and fosters around the country, the most difficult animal to place for adoption is a black cat. Reasons abound: many people are fearful or superstitious; the cats don't photograph as well as their more colorful brethren; or because they are more common and everyone wants a distinctive looking pet. What results are the poor black feline is the last to be adopted and the first to be euthanized countrywide.

If you've been thinking about adopting a cat or kitten, please call Arlene at 875-9761 to meet her group to see if one is right for you. Don't let old wives tales keep perfectly lovely and loving cats from having the wonderful home they deserve. Think of them as chic and elegant companions that make you look slim when they sit on your lap or reach up for a kiss.

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Dr. Jason Davis is a contributing author to the book "Neck Pain, Neck Pain... You Don't Want It, You Don't Need It"

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Photo by ShutterBug John Ware

Modified category first place: Bald Eagle and flag.



Photo by ShutterBug Norbert Sachs

Modified category second place: Cabin in the woods.



Photo by ShutterBug Bill Osis

Modified category third place: Roseglow.



ShutterBugs Photography

By Marilynn Cronin

On March 5, Candy Melton, of Murals Xpress, gave a presentation on printing photos on metal, slate, ceramic, glass, tile, modified density hardboard, and fiber-glass-reinforced plastic. She explained the science behind the process and brought samples of all the different media she uses. She also brought key chains with the Shut-

terBugs' logo for the members. Candy is highly skilled in all aspects of computer technology, as well as an exceptional photographer. Her work was impressive and showed the club other ways to use their photos.

Our field trip for March was on Saturday, March 23, to Live Oak Equestrian,

more on this trip next month. Our field trip to Sholom Park last month was rained out but will be rescheduled at a later date.

Our photos this month were winners in the modified category. This category is defined as using techniques that add to, relocate, replace, or remove any element of the original image, except by cropping or HDR.

PHOTO TIP: If you want to become a photographer or become a better one, there are things in your thinking that must be avoided:

- I am not a good photographer, so why try. This thought will paralyze your future photography. Change your thinking. Even if you have not been happy with your pictures, you can get better.
- There is too much to learn about cameras and software. Not true. Yes, there are many types of software and camera equipment available, but you are not required to have it all or learn it all in order to become a great photographer.
- It takes too much time to become a good photographer. Again, not true. You will get better as time goes on, and you become familiar with photography techniques and the use of your camera. If you heed a few basics, it will make a tremendous difference in the quality of your photos.

The ShutterBugs meet the first two Tuesdays of the month in the Arbor Conference Center, Suites B and C; the third Tuesday is usually a field trip, but sometimes this is moved to the weekend or another day, depending on the venue. Our yearly membership fee is only \$12. For more information, contact Sue Goldberg at photo4fun2012@aol.com.

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Photo by Mike Roppel

Phil Glasser, wearing his green top hat, celebrating St. Patrick's Day at the Avalon Social Group potluck.



Avalon Social Group

By Lorraine Rourke

The Monday, March 4 potluck was a huge success with 90 people attending to enjoy the delicious corned beef and assorted dishes the residents brought. We had quite the variety so no one went away hungry. Not to mention the sea of green you saw.

Many thanks to the residents who helped me decorate the tables, set up the food, run the raffle, donate items to the raffle, and assist in clean up. Without those extra helping hands, we wouldn't be able to do this.

Our next potluck is Monday, April 1 at the Arbor Club Ballroom. Set up is at 5:15 p.m., start at 5:30 p.m. and food line at 5:45 p.m. Bring a dish to share of salad, fruit, pasta, meat, casserole, potato, rice, chili, appetizer, soup (no desserts as I assign those), your own non-alcoholic beverage, and a serving utensil. We will have a 50/50 raffle to raise funds for paper products and events where we subsidize the meat.

Our final potluck will be Monday, May 6; we will then break for the summer with plans to resume on Monday, Sept. 9. I do need someone to run the September potluck, if you are willing to take this on, please give me a call.

If you have any questions, contact Lorraine at 390-2120.



100 Grandparents

By Eleonora Buba

The day we visited Romeo in March was quite "un-spring-like" with the cool morning temperature and winds. Yet, the grandparents brought spring warmth with their smiling faces and St. Patrick's Day and Easter treats for the children.

Each month, before the children escort us to their classrooms, the administration informs us of what the children are doing and any special events in the near future. We learned that the FCAT (Florida Comprehensive Assessment Test) Achievement preparation has been ongoing and although

the bulk of the test is administered in April each year, the fourth grade has already taken the writing portion and the fifth grade has taken the math portion. As is the norm, the grandparents will not be able to read to the children in April. Our last visit for the 2012-2013 school year is May 9.

Several grandparents had asked the administration if they would poll the faculty to find out what items they could use to help them meet the needs of their students. The teachers have suggested some items, which are listed below. Some items, such as small prizes, are used as rewards for excellent work or good behavior. Motivating the students is an important part of teaching. The teachers normally buy these items on their own in addition to the traditional school supplies and that can become rather expensive for them. The items on the Romeo Elementary teacher wish list are:

- Small prizes (inexpensive

items sold in sets of six or more at stores like Dollar Tree, Oriental Trading.com, etc.)

- Sanitizing wipes and hand sanitizer
- Baby wipes
- Expo dry erase markers
- Colored marker sets
- Tissues
- Hand held pencil sharpeners
- Pencil grips
- Colored pencils
- Duo-Tang folders with pockets

The health clinic area of the school can use some items as well. Sometimes, there are students who need dry or clean clothing articles. While Romeo does receive donations from people, these items are always in short supply. "New" is not necessary. Consignment or yard sale "gently used" items are just fine as long as they are clean.

- Socks - sizes nine to 12
- Children's shoes - used are fine

- Children's pants or shorts - sizes five to 10 (used are fine)

The teachers and staff of Romeo do so much for their students day after day, year after year. They are a devoted group of educators who really care about the students and their future. If anyone in the community would like to donate some of these items, please contact Barbara Greenwood (861-2539).

A special "thank you" to all of the subs we have had this year. March was no exception. Thank you very much for subbing as the children always know when grandparent day is and they would be very disappointed not to have a grandparent in their class! If you've had any thought about becoming a permanent or substitute grandparent, please contact Barbara Greenwood at 352-861-2539. Remember, no experience necessary - all volunteers are welcomed!



Candler Connection

By Janet Wiles

The spring party sponsored by the Candler Connection Social Club will be held at the Stone Creek Grille on Sunday, April 28, from 6 to 9:30 p.m. This very popular event, which is open to all residents, features a fine dining experience, great en-

tertainment, dancing, and a fun time with friends and neighbors. The theme of the buffet-style dinner is "A Taste of the Mediterranean."

The food stations will have selections that cater to all tastes. The menu includes spicy tomato bisque with baby spinach; tomato and cucumber salad with fresh mint; grilled chicken with spinach, feta, and tzatziki sauce (on the side); broiled tilapia with tomato caper butter sauce; pork scaloppini with red wine mushroom sauce; vegetarian lasagna; garden fresh vegetables; garlic whipped potatoes; warm pita bread; cupcakes; tea and coffee. The popular en-

tertainment and disc jockey, James Vincent Wynn, will provide music.

Tickets covering food, entertainment, and one bar drink will cost \$32 per person. There are only 100 tickets available for this year's spring event. Mark your calendar for ticket sales in the Candler Hills Community Center from 10 a.m. until noon on April 1, April 3, and April 5 (or until 100 tickets are sold). Get your tickets so that you don't miss out on this great evening.

The next Candler Connection board meeting will be held on Tuesday, April 2, at 1:30 p.m. in the Candler Hills Community Center. All residents are welcome to attend and discuss any issue pertaining to the board.

The Candler Connection board has lined up some excellent speakers over the next couple of months. On Thursday, April 11, at 3 p.m., in the Candler Hills Community Center, Phillip Hisey, landscape superintendent, will present "Getting Lawns and Shrubs in Shape for the Summer Heat."

On Thursday, May 16, there will be a repeat tour of the Marion County inmate

farm. Interested participants should meet at 9 a.m. at the Candler Hills Community Center.

The next potluck will be Tuesday, April 30, in the Candler Hills Community Center. This is a wonderful occasion to meet your neighbors. Those residents with last names beginning with A-C and T-Z should bring appetizers or desserts; D-K, main entrees; L-S, salads or vegetables. Label your dish with its name and ingredients, especially nuts, high sugar or salt contents, or even sugar substitutes, to assist people with dietary issues.

Please start arriving at 5:30 p.m. to enjoy appetizers. Make sure you get a number for the table where you will be sitting. The cost of \$1 covers eating utensils, plates, napkins, and decaf coffee.

Volunteers are always needed to help with set up and clean up. If you plan to attend, contact Bev McCarthy by phone at (352) 854-9416 or by e-mail at bjtr6@yahoo.com to let her know how many will be attending, what dish you will be bringing, and if you can help with set up.



Windsor of Windsor

By David & Janis Hannasch

We've only been here a couple of months, but already it feels like home. We are David and Janis Hannasch, and we are from Atlantic, Iowa. That's halfway between Des Moines and Omaha, Nebraska.

Dave is still working part time as an accountant, but plans to completely retire

within the next several months. Janis is a retired elementary teacher, having taught fourth grade for 33 years.

While Dave is still traveling back and forth from Florida to Iowa, Janis has become a somewhat full-time resident. Dave spends most of his Florida time playing golf, golf, and more golf. Janis likes to golf also, but she likes to read, play cards, and explore new places, like all the consignment shops and thrift stores.

We have really enjoyed our Windsor neighbors, and the beautiful Florida weather. We look forward to spending many years at On Top of the World and, of course, Windsor.

Super Bingo

By Lolly Foos

Super Bingo will be held in the Health & Recreation Ballroom on Wednesday, April 17, at 6 p.m.!

Cards will be sold at 5 p.m. (no cards sold after 5:50 p.m.). There will be 17 \$50 games and three \$250 games. The cost is \$5 for three cards (minimum of three cards per person). We always have a big crowd,

so get there early. No guests are permitted. Proper On Top of the World I.D. is required to participate.

Please be courteous and remember to turn off your cell phones or put them on vibrate.

If you have any questions, feel free to call Lolly Foos at 861-2165.

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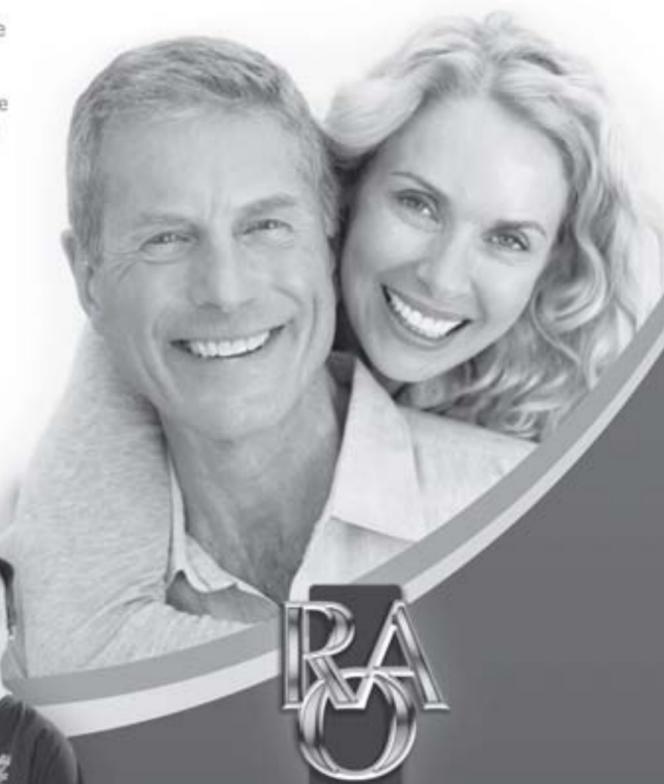
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Ocala Open Volunteers

By Lisa Lazaro

This year's Ocala Open started with the usual challenges for securing and scheduling volunteers, but once again, my core group came through – Andy Bulloch; Andy and Dee Butler; Bill and Linda Blewitt; Caroline and Paul East; Don Huston; Jack Curtain; Marge Fisher; Rollin Schwab; and Ron Cleveringa, along with five wonderful new faces – Dottie Baird; Jim Skerke; Kathy Hall; Sue Layne; and Sue Johnson!

We ended up with 17 resident volunteers, who did a fantastic job as player shuttles, assisting with errand balls on the fairways and hospitality hosts for the players/VIPs. Our first time volunteers had such a positive experience that they told me they can't wait for next year!

Keeping the cars and parking organized was our now seven year veteran Parkway crew – Norma Quintero; Flor Lopez; Aracely Hernandez; Sarah Reilly; and Paul Ovesen, supervised by Bob Haskell. This group was just the best! Arriving before sunrise, braving the freezing temperatures with smiles on their faces, they kept all traffic flowing smoothly and spectator/player cars parked accordingly. It is a real plus that this group has been working the Ocala Open for all these years as they have their assignments down pat!

Lastly, but certainly not least, I would like to thank "my" core group, who without them, our volunteers would not have such a positive experience and I wouldn't be able to do my job. Andy Jorgensen, who never fails to come through, no matter how many

times I call him with some dilemma or another. Boe Stepp and Phillip Hisey who get all the volunteer shuttle carts to our staging area; arrive in the dark morning hours, to make sure all the water is iced, carts are good; see if there's anything else we might need; and check in throughout the day to help with whatever is needed. Cammy Dennis, at the volunteer house with me, did a wonderful job of signing in and out the volunteers and helping with anything that came up. Greg Wise, the official Ocala Open photographer, also works on this end – getting the volunteer house arranged; keeping us updated throughout the day on the players' progress through the course and also checking in to see if there's anything we need.

And Sherrill Slade ... without this powerhouse of a woman, there is no way the volunteer coordination would have gone this smoothly. Starting the day with me at 6:30 a.m., she was the master of the coffee urns (which made our volunteers very happy!); shuttle driver/reliever for our fairway volunteers; lunch deliverer; "dead cart" rescuer ... I could go on and on. Sherrill, I thank you for everything, but mostly, for what is just "understood." This is a two-person job and I wouldn't – couldn't – do it without you.

The 2013 Ocala Open was a great event. I (and Sherrill!) sincerely look forward to next year! Thank you all again – for it was together, that we made this a smooth, positive volunteer experience.



Photo by Greg Wise

Andy Bulloch and Don Huston volunteer at the Ocala Open. Visit www.ocalaopen.com, to view more photos of volunteers.



The New Pretenders

By Bill Shampine

The New Pretenders are continuing to work on our show for next year. We now have selected the music, and I am in the process of getting it gathered and organized for the singers and members of the band. We also have to decide which instruments we need for each song as some have a big band sound and others, such as the country and western songs, are heavy on guitars.

We are planning a few surprises for you, and will have a number of songs that might hurt your sides from laughter [this is a warning announcement in the interest of helping to keep the community safe from harm].

As always, costumes will play an important role for us. Do you remember last year when we had four people dressed as raisins? Let me tell you, that takes creativity and ingenuity! Charley Earl and Mary Ethel Swing are our costume creative gurus, along with Jeanne Wise and Jeanette

Wroblewski, and some others, who help out with the sewing tasks.

Many of our band members already are working to hone their instrument skills, and the singers soon will be rehearsing their songs.

For those of you who are not familiar with the troupe, here is a list of The New Pretender family.

BAND: Janet Becker, Odd Bjerkman, Darlene Clark, Richard Cooperman, Stan Goldstein, Nancy Grabowski, Lois Miller, Rita Miller, Tom Miller, Joe Nuzzi, Herb Schroeder, and Pat Schroeder.

SINGERS: George Brush, Edie Dieckman, Charley Earl, Larry Gering, Shirley Schopf, Bill Shampine, Carol Shisler, A.J. Smallwood, Hal Stanley, Mary Ethel Swing, Joe Wood, Bob Wroblewski.

SUPPORT STAFF: Walt Becker, sound; Butch Davis, props; Margitta Claterbos, announcer; Jeanne Wise and Jeanette Wroblewski, sewers; Ken Stillwagen and John Jamieson, ticket sales; and several of the spouses help out as ushers and other duties as assigned.

Remember, our next series of shows at On Top of the World will be held on Feb. 7, 8, and 9, 2014. Please write yourself a note about this and file it somewhere safe! I'll see you there!

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Ocala Open Pro-Am

By Bob Woods
World News Writer

Eighteen teams formed on the Candler Hills Golf Course to kick off the 2013 Ocala Open Pro-Am Golf Tournament. Each team consisted of four members, three golfers being amateur players along with one professional. The first team teed off around 9:30 a.m.

All teams completed the 18-hole course close to 2:30 p.m. and everyone met in the Candler Hills Community Center for a luncheon and to find out who and which team had the best scores. There were three teams representing the Candler Hills Golf Club and the best of the three finished third. Residents Mia Kolar, Phil Moherek and Gene Francisco were members of team #17.

The biggest winners of the day were Hospice of Marion County and Interfaith Emergency Services. Each charitable orga-

nization received a check for \$22,500 from Ken Colen, President of On Top of the World Communities.

Accepting the checks were Mary Ellen Poe, CEO of Hospice of Marion County and Karla Grimsley, executive director of Interfaith Emergency Services.

The Pro-Am kicked off the 2013 Ocala Open, which has been stated as Ocala's largest professional championship golfing event in the area. Over 100 pro golfers have signed up for the tournament, many from Florida while there are players from almost every state east of the Mississippi River and one from Colorado. There are many from Canada and two players from across the "big pond."

The Pro-Am is a great kick-off to the Ocala Open where amateur golfers get to play along side a touring professional.



Photo by Bob Woods

Karla Grimsley, executive director of Interfaith Emergency Services, accepts the check.



Photo by Bob Woods

Mary Ellen Poe, CEO of Hospice of Marion County, accepts the check from Matt Hibbs, Lynette Vermillion and Ken Colen.

New England Club

By Jeannie Lombardi

The members of the New England Club learned some interesting Mardi Gras facts at the Thursday, Feb. 21, meeting. Jeannie Lombardi presented a program that included the history and the fact that there is a whole season of Mardi Gras in New Orleans. Various throws were displayed and all members received beads.

Our club member, Gates Landry, then serenaded members. Gates sang and played the guitar. His country and rock and roll music was much appreciated by members.

The next meeting is on Thursday, April

18 (the third Thursday of the month), at 1 p.m. in the Arbor Club Ballroom. Our guest speaker will be Lieutenant Jon Turner of the Marion County Sheriff's Office K-9 Unit.

The club will provide coffee; club members provide refreshments. Please bring your own soda or water. Membership fees are \$10 per person per club year (October through May). There will be a 50/50 drawing and many opportunities to win a door prize.

New residents are always welcome; please come join the fun. You do not have to be from New England to join our club, a love of New England is all you need. For more information, contact Donnamarie at (207) 212-6529.

Visually Impaired

By Lee Wagner

The next meeting of the Visually Impaired Support Group will be on Tuesday, April 9, at 1:30 p.m., at the Arbor Conference Center, Suite H.

A police officer from the Miami-Dade Metro Crime Unit will be our speaker. He will tell us about the newest scams being perpetrated against the public as well as instructing us about general awareness in our daily lives. I am sure we are pretty much

aware of our world, but it is always helpful to be made aware of some of the things we have never had to face. Come and learn from a man who faces these challenges daily.

As always, we welcome residents and certainly the caregivers of our members. And for those who come - bring a friend! If you have any questions, call Lee Wagner at 237-4843.



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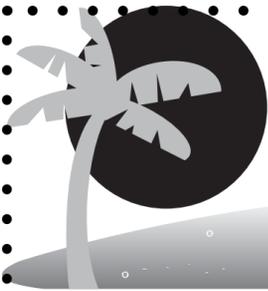
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Pool & Spa Rules

Health & Recreation Pool

Hours: 8 a.m. to dusk

- One lane is open for dippers, exercisers until 10 a.m., and other lanes are open for lap swimming only.
- After 10 a.m., pool walkers are allowed to walk in shallow end.
- Aquacise classes meet for one hour per day, please be courteous and please use other end of pool.
- Open swimming is available to all residents from noon to dusk.
- Guests under the age of 15 are permitted in the pool from noon to dusk and must be accompanied by a resident or parent.
- During weekends and holidays, there are no time restrictions for guests under the age of 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 100 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the last Wednesday of the month.

Arbor Club Pools

Hours: 6 a.m. to 8:30 p.m., Sunday 9 a.m. to 7 p.m.

- Lap swimming is Monday through Friday, 6 to 7 a.m.
- Water walking is Monday through Friday, 8 to 9 a.m.
- Pool use is for residents and adult guests only.
- Guest(s) must purchase a pass, \$2.25/day or \$10.75/week per guest.
- Children under the age of 15 are not permitted in pools or on pool deck areas.
- Indoor pool closed for classes as follows: Monday through Friday, 9 to 10 a.m.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Indoor pool bathing load is 75 persons and the outdoor pool bathing load is 37 persons.
- The indoor pool will be closed for cleaning every Wednesday from 10:30 to 11:30 am.
- The outdoor pool and spa will be closed the first Wednesday of the month.

Candler Hills Pool

Hours: 9 a.m. to dusk

- Pool is open to all Candler Hills residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the second Wednesday of the month.

Candler Hills Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- The spa will be closed for cleaning the second Wednesday of the month.

Indigo East Pool

Hours: 9 a.m. to dusk

- Pool is open to all Indigo East residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- The pool will be closed for cleaning the third Wednesday of the month.
- Shower before entering.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- Swim at your own risk; no lifeguard on duty.

Indigo East Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- Swim at your own risk; no lifeguard on duty.
- The spa will be closed for cleaning the third Wednesday of the month.

Please exit all pools during thunderstorms!



Larry's Fit Tips

By Larry Robinson

Fitness ... Fact or Fiction?

Just when you think you knew the basics about health and fitness, someone comes along and shares the latest trend they recently discovered on Dr. Oz or an infomercial and it challenges your thinking ... is it fitness fact or fiction? I get hit with a lot of these questions in the course of my day here at the Fitness Center. Let me attempt to dispel some of the myths that people have regarding health and fitness.

FICTION: "If I drink more water, it will help me lose weight."

FACT: Many sources tout that drinking lots of water will fill you up and make you less hungry. This is thought to help with curbing your appetite. You may be less hungry because you're so busy trucking back and forth between the bathroom and dinner table, but that's about it.

The "recommended eight glasses a day" has also come under critique. Many experts say that the amount of water a healthy adult needs to replenish loss is more like four to six glasses a day.

It has also been said that drinking water is good for improving skin tone and flushing out toxins from your body. But the fact of the matter is the evidence for such catch-all health benefits is lacking.

FICTION: "Doing crunches is a great way to slim down my midsection."

FACT: Spot reducing is based on the

flawed notion that it's possible to burn off fat from a specific area of the body by selectively exercising that area. Exercising a specific area of your body will build and strengthen the underlying muscle but it will have no direct effect on fat loss in that area.

You can do crunches till you pass out, and you still might not get a six-pack. Why? If you have a high percentage of body fat, your abdominals are covered with ... you guessed it ... fat. And performing abdominal exercises won't necessarily reduce that belly fat, which means you need plenty of cardio, coupled with strength training and a proper diet. After that, the fruits of your labor should start becoming apparent.

FICTION: "Weight lifting won't really help me lose weight."

FACT: Weight lifting actually plays a key role in losing body fat because it builds and maintains lean muscle mass. Lean muscle mass is metabolically active tissue, so the more lean muscle mass you have the higher your metabolism will be. The higher your metabolism, the more calories your body burns to maintain itself.

FICTION: "Stretching is a good way to warm up before exercising."

FACT: It is not a good idea to stretch cold muscles. Stretching cold muscles can cause injury, and several studies have shown that stretching cold muscles slightly decreases muscle strength and power for up to an hour after stretching.

Warm up first by walking, cycling etc. and then perform a dynamic stretch (large rhythmic movements). Conclude your workout with a static stretch (hold the stretch in a stationary position), which helps to promote flexibility.

FICTION: "Since exercise is so good for you, the more you do the better!"

FACT: The truth is that exercise is stress to your body; by placing stress on the heart, lungs and muscles they respond by getting stronger. However, too much exercise (stress) can lead to injury and/or burnout.

When it comes to exercise, you need an appropriate balance of training and rest. The rest is important because it allows your muscle and connective tissue to fully recover from the stress it was put under during the workout.

FIT TIP #1: There is a difference between muscle soreness and muscle damage. Muscle soreness is common after a workout but should dissipate fairly quickly. If the soreness lasts more than 48 hours, you probably over did it. Damage or injury to the muscle or connective tissue is much more serious and can take up to six weeks to heal.

FIT TIP #2: You don't have to be drenched with sweat to get a good workout. There are many factors that affect perspiration. People sweat at different rates.

FIT TIP #3: When it comes to your workouts think quality over quantity. Shorter workouts for a duration of 20 to 30 minutes performed most days a week along with a healthy diet can get you in the best shape of your life!

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Fitness Happenings

By Cammy Dennis

Chair Chi

Chair Chi is a new class soon to launch at Health & Recreation that allows students to practice Tai Chi while seated in a chair. Chair Chi will provide the same valuable health and wellness benefits as our regular Tai Chi class but makes it much easier for those with limited mobility, stability or balance.

Tai Chi is often highlighted as a great way to improve strength and balance as well as manage stress and promote relaxation. If you are hesitant to attend fitness classes because the rigor of standing exercises is too much, or you are looking for a gentler approach to exercise, Chair Chi is a great class for you to try! Chair Chi will begin Friday, May 3, at Health & Recreation.

Our new Chair Chi class embraces the same wellness principles that Tai Chi is so well known for. Harvard Health Publications states that although "Tai Chi is often described as meditation in motion it might well be called medication in motion." The evidence is mounting that this ancient Chinese practice has tremendous value in treating and preventing many health problems.

Now it is possible to get started very easily in our new seated Chair Chi class, all fitness levels and capabilities are welcome. Peter M. Wayne, assistant professor of medicine at Harvard Medical School and director of the Tai Chi and Mind-Body-Research Program at Harvard medical School states, "a growing body of carefully conducted research is building a compelling case for Tai Chi as an adjunct to standard medical treatment for the prevention and rehabilitation of many conditions commonly associated with age."

Health benefits of Tai Chi and Chair Chi include:

- Stress management
- Improved strength, stability and balance
- Reduced Blood Pressure
- Improved oxygen uptake
- Decrease in joint stiffness and pain management
- Mind body integration
- Enhanced mental capacity and concentration

World Tai Chi Day is Saturday, April 27! Be sure to join Mary Pat Giffin, our Tai Chi instructor, for a very special Tai Chi class on the lawn at Health & Recreation on Saturday, April 27, at 10 a.m. This inspired celebration of Tai Chi will honor World Tai Chi Day. Chairs will be provided for those who would prefer to sit, all fitness levels and capabilities welcome.

After practicing Tai Chi or our new Chair Chi class (beginning May 3) you will discover that the slow, flowing movements encourage deep breathing and relaxation. Chair Chi makes an important connection between the mind and the body helping to gain energy and focus. The movements are typically circular and never forced, this allows for decreased tension in the muscles and therefore the mind. This gentle form of exercise supports many aspects of wellness for older adults and just might be the perfect activity for the rest of your life.



Everyone Wins Club

By Sandi Kemp

Our March party was lots of fun with eight new people attending! One of the new people won the big pot at bingo! Another new couple won the marriage game; no wonder, they have been married 55 years! They got all the questions right - they know each other very well!

We had a nice light dinner which, as always, was delicious! Phil will be back with us next month! He always keeps us laughing!

We love having new people join us - all are welcome, couples and singles, we have a great time together! The next party will be Friday, April 12, at 6 p.m. Please call for details and to make your reservation at 237-9073. Hope to see you there!

www.OnTopoftheWorldInfo.com

FITNESS SCHEDULES

Health & Recreation (Effective April 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-9:50 Aerobics Room	Cardio Mix Dara	Strength & Stretch Dara	Cardio-Kick & Tone Jessica	Strength & Stretch Dara	Dance Party Jessica
9:00-9:50 Aerobics Room	Tai Chi Mary Pat	Chair Yoga Mary Pat	Stretch for the Stars Jessica	Chair Yoga Jennifer	Stretch for the Stars Marie
10:00-10:45 Aerobics Room	Balanced Body Marie	'KB KB' Kick boxing Han	Balanced Body Jessica	'KB KB' Kick boxing Han	Balanced Body Marie
10:45-11:30 Aerobics Room	ZWEGA Kitti	S.O.S. Serious on Strength Larry	ZWEGA Kitti	S.O.S. Serious on Strength Larry	S.O.S. Serious on Strength Larry
10:45-11:30 H&R Ballroom	Light Aerobics Marie	Total Body Training* Larry	Light Aerobics Jessica	Total Body Training* Larry	ZWEGA Dara
11:45-12:30 Aerobics Room	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Marie
12:00-1:00 Fitness Center		Fitness Center Orientation		Balance Assessments	

Health & Recreation Hours: Monday-Friday, 6:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m.

Arbor Club (Effective April 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barb	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barb	Deep Water Aerobics* Jessica
9:30-10:30 Arbor Club Ballroom	Healing Yoga* Stuart		Basic Hatha Yoga* Mary Pat		

Arbor Club Hours: Monday-Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

* Denotes a fee-based class, Fitness Pass required.

ARBOR CLUB INDOOR POOL SCHEDULE

Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
7:00 - 8:00 AM	Open	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk	Open
9:00 - 10:00 AM	Deep Water Fitness Class* Class*	Shallow Water Fitness Class* Class*	Deep Water Fitness Class* Class*	Shallow Water Fitness Class* Class*	Deep Water Fitness Class* Class*	Open
10:00 - 10:30 AM	Open	Open	Open	Open	Open	Open
10:30 - 11:30 AM	Open	Open	Closed for Cleaning	Open	Open	Open
11:30 - 12:30 PM	Open	Open	Open	Open	Open	Open
12:30 - 1:30 PM	Aqua Belles	Open	Aqua Belles	Open	Aqua Belles	Open

* Fitness Pass required to attend class

Rules for Lap Swimming:

1. Swimmers should swim on the line.
2. If lanes are full, share the lanes.
3. When sharing lanes, swimmers of matched speed should share lane.

Health and Recreation Pool

Monday through Sunday, 8 a.m. to dusk. Closed for cleaning the last Wednesday of every month.

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Back at The Ranch

By David Gibas

Totally Tabata

What is Tabata training ... and what is all the hype about? Tabata training is a very specific type of high-intensity interval training (sometimes referred to as HIIT training, High Intensity Interval Training).

Tabata gets its name from the exercise research of Dr. Izumi Tabata. His 1996 study was published in the Journal of Medicine & Science in Sports & Exercise. The results of his interval formula we now know as Tabata training demonstrated huge gains in aerobic and muscular endurance.

The thing that sets Tabata training apart from moderate intensity exercise (which is how most of us exercise) is that it also improves anaerobic endurance. Anaerobic endurance influences our cardiovascular health; and is very important when it comes to athletic performance. It also boosts the post-workout metabolic rate and prolongs fatty acid oxidation (fat burning). The most amazing thing of all is that the original Tabata workout was only four minutes! It is important to note that participants in the study demonstrated gains after performing Tabata training five days a week for six weeks.

Here's how the traditional model of Tabata training works:

- 20 seconds of intense training (completely breathless at the end of the 20 seconds).
- 10 seconds of rest.
- Repeat the 20:10 work/rest ratio for eight rounds, for a total of four minutes.

Of course, there are modifications and variations of Tabata training to make it appropriate for a wider group of people (first

developed to improve the performance of highly competitive athletes). Although our Tabata training classes at The Ranch Fitness Center are longer than four minutes, we do utilize the four-minute formula and incorporate exercises that most will find challenging but achievable.

Tabata training offers big results in short time but how do you determine if it is right for you? This type of training does require you to push yourself. The idea is to exhaust your physical output for each 20-second interval. Exercising at an extreme inten-

sity level is not for everyone and participants should be healthy, intermediate to advanced exercisers. With that in mind, if you can't achieve this level of exertion today, perhaps you set that as a goal.

The exciting thing about Tabata train-

ing is that these short, intense intervals are a very efficient way to achieve your fitness goals. As always, it is recommended that you see your health care provider for approval to participate in this or any new exercise program.

THE RANCH FITNESS SCHEDULE

The Ranch (Effective April 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-8:55 a.m.	Power Cycling Jessica	Tabata Training Jessica	Yoga Sculpt Mary Pat	Tabata Training Carolyn	Total Body Cycling Carolyn	(8:30 a.m.) Power Cycling Instructor Rotation
9:00-9:55 a.m.	20-20-20 Jessica	ZIMSA Nichole	Power Cycling Carolyn	ZIMSA Kitti	20-20-20 Carolyn	(9:30 a.m.) Power Pump Instructor Rotation
	H2O Fit Dara				H2O Fit Dara	
10:00-10:55 a.m.	ZIMSA Jessica	Power Pump Kitti	R.I.P.P.E.D. Carolyn	Power Pump Kitti	Cardio Dance Jessica	(10:30 a.m.-Noon) Yoga Flow
10:30-11:25 a.m.		H2O Fit Barb		H2O Fit Barb		H2O Fit Instructor Rotation
11:00-11:55 a.m.	Water Works Jessica	Restorative Yoga Jennifer		Restorative Yoga Jennifer	Gentle Waters Jessica	
6:00-6:55 p.m.	Power Cycling Rene	Tabata Training Carolyn	Power Pump Rene	ZIMSA Heaven	H2O Fit Linda	
	H2O Fit Linda		H2O Fit Linda			
7:00-7:55 p.m.	ZIMSA Heaven		ZIMSA Nichole			

Schedule subject to change. View class descriptions online at www.TheRanchFitnessSpa.com.

Monday-Thursday, 5:30 a.m. to 9 p.m.; Friday, 5:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 5 p.m.; Sunday, 8 a.m. to 4 p.m.

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Citizens Emergency Response Team

By Patricia A. Woodbury

A continued discussion on the light search procedure to be used during a disaster occurred at the March meeting. This time, the group was given a scenario to apply the information they had received at last month's meeting. The scenario was that a category four hurricane moved through Ocala in November and affected the community. The CERT team was advised that there were two homes in Williamsburg that had significant damage. The team was asked to do a light search of these homes and report back the observed damage.

The members worked in groups and reviewed the recommended steps. They gathered the facts, assessed the damage, considered the probabilities, established priorities

and developed a plan of action. Many interesting facts were determined; such as, type of housing in this section, the presence of gas or electric utilities, the probable occupancy at this time of year and the safety of the house with the observed damage.

The purpose of this exercise is to help the members consider the factors and probabilities they might face in a real disaster and utilize an organized approach to promote caution and the ultimate safety of the team.

A new member CERT training class is planned for Sept. 5, at the Division of Emergency Management, Marion County Sheriff's Office, 692 NW 30th Avenue, Ocala. This is an eight-session course and interested persons should contact Bob Conn at 812-0853 for further information.

The next meeting of CERT is scheduled for Tuesday, April 9, at 9 a.m. CERT meets every second Tuesday of the month in Suites E, F, and G of the Arbor Conference Center. Persons interested in learning more about CERT are welcome to attend these meetings or contact Pat at 854-8718.

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Travel Toppers

By Jo Swing

Travel Toppers wants you to "spring" into travel with us!

On Thursday, May 2, we have a trip to Winter Park, Fla., where we will take a scenic boat ride on an 18-passenger pontoon boat on the pristine Winter Park Chain of Lakes. After the boat tour, we will have lunch in the downtown area. After lunch, we will visit the Charles Hosmer Morse Museum of American Art to view the most comprehensive collection of Tiffany stained glass. This trip is only \$40 per person and includes transportation, boat tour, museum admission, and tip for the driver. Lunch will be on your own at Park Avenue restaurants. Call Allen Rickards at 390-3075 for reservations now.

Don't miss out on our Mother's Day, Sunday, May 12, trip to the Show Palace Dinner Theater. In addition to a wonderful meal, enjoy an all new show featuring doo-wop music. You'll be snapping your fingers and tapping your toes to these golden oldies. \$73 covers bus, show, buffet, and tips/meal for the driver. For reservations, call Linda Hein at 861-9880.

For Father's Day, Sunday, June 16, we have a cruise on the St. John's River. We will enjoy a three-hour cruise across Lake Monroe and up the St. John's River. At the same time as we view the wildlife and scenery, we will have our lunch served to us at

our table. Choices are prime rib, chicken cordon bleu, salmon filet, roasted vegetable lasagna, chef's salad, or pasta primavera. All entrees are served with seasoned red-skin potatoes, Riviera-blend vegetables, salad, rolls, and cheesecake for dessert. Hot and iced teas are included. There is a cash bar for other beverages. The cost for this incredible trip is \$55 and covers bus, boat ride with meal of choice, and gratuities. Call Mary Lamp at 854-9378 for reservations.

Reservations start Monday, April 22, for the Monday, June 10, shopping trip to Ikea and Mall at Millenia in Orlando. Visit Ikea in the morning and then have lunch and shop some more at Mall at Millenia. The cost is \$22, which covers bus and tip for the driver. Lunch is at your own expense. Call Jo Swing at 237-4564 for reservations.

Travel Toppers has a great cruise going Sunday, Jan. 26, 2014, to Sunday, Feb. 2, 2014, from Ft. Lauderdale. Ports of call are Princess Cay, Bahamas, St. Thomas, the U.S. Virgin Islands, and St. Maarten. We will be sailing on the new Royal Princess, which features the sea walk and the sea view bar. Both of these venues are cantilevered out over the ocean with spectacular views. There is also a top-deck pool for adults only featuring plush private cabanas. Prices start at \$914 (inside cabin). For more information and reservations, call Inge Gaitch at 237-7428.

Just a reminder, when you see a trip that interests you, be sure to call as soon as the reservations start. If you wait until the last minute, you could miss out.

Our next Travel Toppers meeting will be Wednesday, April 3, at 9:30 a.m., in Suite A of the Arbor Conference Center. Happy travels to all until then.



On The Road Again

By Bob Woods

There is a chance that Royal Caribbean could call back all the cabins I have left for the Dec. 7 cruise from San Juan. My travel agent has a certain amount of cabins set aside for my group. If there are no deposits on them by a certain date, then the cruise line can call them back.

If Royal Caribbean calls the reserved cabins back that does not mean I can't get you on the trip, but you would not be getting the group rate. You would also miss out on the \$50 shipboard credit. This holds true to all my cruises and those by other clubs. This does not mean you can't go on the cruise with us but it would cost you more out of pocket.

The itinerary for the Dec. 7 cruise is packed! The ship will head to St. Thomas and St. Croix in the Virgin Islands. Then the ship will head to the island of Antigua where one of the famous sites on this island is Lord Nelson's Shipyard. Departing Anti-

gua, the cruise takes us to Fort-de-France, Martinique and then onto St. Lucia, both in the Lesser Antilles before heading back to San Juan, Puerto Rico. This is a seven-night/ eight-day cruise on Jewel of the Seas.

Booking now with the required deposit, locks you in on the current quoted fares and as soon as the air prices are available each passenger will be notified immediately and presented the transportation price which will include transportation from Ocala to the airport and return, round trip air to San Juan from Orlando and transfer from the San Juan airport to the ship and back to the airport upon our return trip.

If the transportation price is in excess, then you can cancel up to the final payment for the cruise and get your entire deposit refunded. You have nothing to lose and everything to gain. I still have a few cabins remaining.

I also have started stand-by lists for the September motor coach trip to Washington, D.C. and the coach trip to Charleston, S.C./Savannah, Ga. in October. If you would like to place your name on either or both lists at no obligation, please call me at 854-0702.

Full itineraries and prices can be obtained by calling me or checking my website at www.bobwoodsontheroadagain.com. See you on the road again.

The Movie Club Presents 'Here Comes the Boom'

By Mary Ehle

On April 28, join us in the Health & Recreation Ballroom, at 6 p.m., for "Here Comes the Boom."

The movie stars Kevin James who is a biology teacher and he moonlights as a mixed martial arts fighter in an attempt to save his

school's music program. Henry Winkler is the music teacher and Selma Hayek is the school nurse. It is a great movie and you will be surprised at how Kevin does save his school. Hope to see you there. The club dues are \$6.



Sail Away Cruise Club

By Fred O'Blenis

Welcome aboard! It's springtime! In just a few months we will be on the Oasis of the Seas for our fall cruise. If you have been on Royal Caribbean before and are not a member of Crown and Anchor Society, please let me know. It's free and we want you to get your points for each cruise you take.

For anyone still interested in sailing with us on this cruise, we can still try to find you a cabin but it won't be at our group rate. Call Fred at 237-6367 with any questions.

The Oasis of the Seas was unveiled in 2009, the largest and most revolutionary cruise ship the world had ever seen. With 16 decks and seven themed neighborhoods, I just know you will find something to see or do.

This is the first and only ship to bring

Broadway's biggest names to sea, such as Hairspray, a dazzling full-scale production. You have to see it to believe it. Then there is the show at the Aqua Theater with high diving acts that will take your breath away.

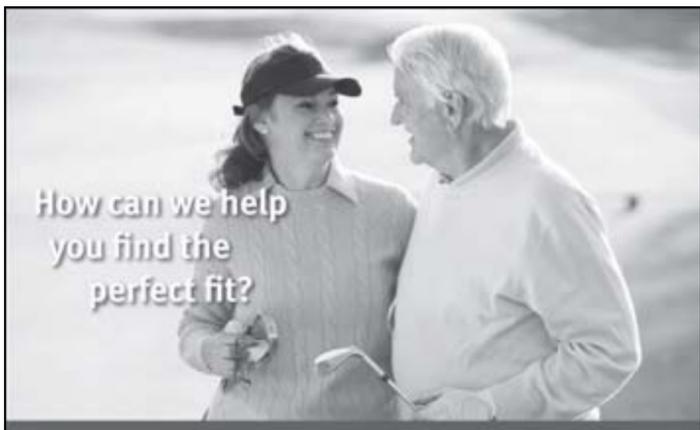
I will have more in the May newsletter on the Oasis, and on other things to see and do. Call so you can enjoy this ship and all there is to do at sea.

Here are some of things we do for the group. We have a meeting about two weeks before we sail. We print out your Set Sail pass and your luggage tags for you. We make your show and dining arrangements for you, and take care of your transportation needs if you like. If you have family or friends from out of town, we can help them also with all their travel needs.

Call Fred at 237-6367 to start your dream vacation. Until we meet again, dream big.

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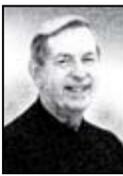
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World Traveler

By Bill Shampine

The classic 1942 movie "Casablanca" starring Humphrey Bogart and Ingrid Bergman indelibly engrained Morocco and the city of Casablanca into the American



Photo by Souriredemonalica

A market in Chaouen, Morocco where powdered dyes are sold to color the houses in this unique mountain village.

psyche. Although we may know little else about the area, who can ever forget Rick's café?

Morocco, in the northwest corner of Africa, is the most westerly of the North African countries. It has coastlines on both the Atlantic and the Mediterranean Seas. "Ownership" of the Western Sahara desert area, located on the southern part of Morocco and claimed by the government, has been disputed since 1975 when Morocco annexed that territory from Spain.

Geographically, the country consists of plains along the coast, a very rugged, mountainous center, and severe desert in the south. The coastal plains are fertile and support a rich agricultural economy. The mountains tend to be relatively wet, with heavy forests. The desert has lots of sand and hardpan.

Present-day Morocco has been inhabited for about 200,000 years. In the 6th century B.C., the sea-faring Phoenicians were instrumental in helping the natives to begin to connect with their European neighbors. Although the region has been occupied by

many different cultures over the centuries, the Berbers remained relatively isolated in the mountains for centuries. The first Islamic conquest took place in 670 and the region slowly converted to Islam over the next 40 years.

Political control of the region shifted many times over the next 1,000 years, but finally stabilized when the Alaouite Dynasty took over in 1666. Interestingly, Morocco was the first nation to recognize the fledgling United States as an independent nation in 1777.

In the mid- to late-1800s, France and Spain gained footholds in the region. Morocco regained its independence from these two countries in 1957, and Sultan Mohammed became King. Although Morocco is a constitutional monarchy, the King has control over all political issues. However, a constitutional reform in 2011 has begun to limit the King's powers.

The city of Rabat is the political capital, but Casablanca is the largest, and arguably the most popular, city in the country. Morocco has a diverse culture having been

occupied historically by Phoenicians, Carthaginians, Jews, Arabs, Africans, Romans, Vandals, Andalusians, Moors, and others.

With its ancient history, long beaches, fortified fishing ports, and high mountains, Morocco has much to offer the tourist. Fes al Bali, for example, is a nearly intact medieval city. It has a population of about 150,000 and is the largest car-free urban area in the world. High walls surround the city, and transport of all goods is by donkeys, carriages, and motorbikes.

Chaouen is a mountain city noted for its whitewashed homes with distinctive powder-blue accents. A popular shopping destination, it offers many native handicrafts such as wool garments and woven blankets. Volubilis was an important Roman town. Located in fertile lands, it produced commodities such as grain and olive oil.

A popular site near Casablanca is the small island containing the tomb of Sidi Abderrhamane Thaalibi, considered a saint in Morocco. Many people visit his tomb seeking to be cured of various maladies. The island can be reached on foot during low tide.



Birders' Beat

By Anne Merrick

The last outing combined the Native Plant Group and Unique Birders for a trip to Rainbow Springs State Park. This is such a beautiful area with the amazing water, plants and birds. The azaleas were in bloom and more than 30 species of birds were either seen or heard. The group walked past the swimming area to the canoe rental area and back up by the waterfall and to the

native plant and butterfly garden. It was a lovely day. Thanks to Conrad and Ann Massa for arranging this outing

The Anhinga is also known as snakebird for its long neck that sticks up above the water as it swims or water turkey for the soaring flight without flapping its wings as it glides with the thermals. It is a relatively large bird, about three feet long with a wingspan of three and a half feet. The feathers are dark, sometimes green with silvery markings. It has pink eyes and webbed feet.

The Anhinga lives in shallow, slow moving, sheltered waters and uses nearby perches and banks for drying and sunning. It's rarely found out of fresh water except during severe droughts. Breeding is near fresh water, often in association with other water birds such as herons, egrets, ibises, storks, and cormorants.

The male begins nest construction before it has a mate, by placing large sticks and green material in the forks of trees. He collects nearly all the nesting material, and the female then finishes building the nest. It is a bulky platform of sticks, somewhat more compact than heron nests. It is often lined with fresh leaves, green twigs, willow leaves, and catkins. With age, excrement can build up on the outer rim of the nest

giving it a white appearance. The nest is usually in a tree near to water or overhanging it.

They lay up to eight eggs with the young hatching in a month. When they are two weeks old they are able to protect themselves from danger by jumping into the water and submerging. If they are unable to climb back into the nest, they are fed while on a nearby rock until they are six to eight weeks old when they are on their own.

The Anhinga dives from the surface of the water and swims slowly underwater stalking fish around submerged vegetation. The diet consists of many small- to medium-sized fish with small amounts of crustaceans and invertebrates. They typically spear fish through their sides with a rapid thrust of their partially opened bill. The side-spear habit of the Anhinga suggests that the usual hunting method is by stalking rather than pursuit.

The next outing will be to Silver River State Park on April 25. We will meet under the tree in the Health & Recreation parking lot at 8 a.m. to carpool. There is a minimal fee per car to enter the park. Call Anne Merrick for further information at 352-732-0706.

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Spring Dance

By Arlo Janssen

"Dancin' On the Top" will have a spring dance at the Health & Recreation Ballroom on Saturday, April 6. There will be a cash

bar, and the dress is casual.

The spring dance will feature the popular entertainer Karen Hall. There will be complimentary sweet tables and coffee during the dance. Tickets are \$8 per person, and seating is limited.

The next dance is scheduled for Saturday, Sept. 21, with the music provided by Solid Gold.

If you have questions on the dance, please contact Gene Melnick at 304-8293 or Paul McIntyre at 873-2873.

(352) 861-9720
www.CandlerHillsRestaurant.com

Candler Hills Restaurant

New Dinner Menu

New Appetizers:
Fried Mushrooms with Ranch Dipping Sauce
Corn Nuggets
Fried Green Tomatoes

New Entrees:
Fettucini Alfredo
Fire Roasted Salmon
Shrimp Scampi

Preferred & Elite

VIP Membership Program

Upcoming Member Event

Springtime Cookout

Tuesday, April 30, 2013 • 5 p.m.

Enjoy a delicious cookout of grilled steaks, baked potato bar, fresh tossed salad, homemade banana pudding and some refreshing beverages!

For more information, call 854-2765.

*To participate in the member program, a membership fee and signed annual agreement are required. The Pub is private and open to residents who are Gateway of Services pass holders only. Members of the program receive a 5% discount on all food and beverage items and 10% on additional sides, desserts and appetizers purchased at Candler Hills Restaurant and The Pub.

EVERY SUNDAY!

BREAKFAST BUFFET

Served 9:00 - 11:30 a.m.

\$9⁹⁹

plus tax and gratuity

Enjoy all of your favorite breakfast items at this popular buffet.

Preferred/Elite members receive member discount.

Food From Around the World

- WEEKLY SPECIALS -

Tour of Italy
April 1-7

South Of The Border Mexico
April 8-14

Caribbean Cruise Cuisine
April 15-21

Portugal Style
April 22-28

Each week we will be hosting different types of food and beverages these countries offer. Don't miss out on this exciting month of food, drinks and fun!

#9189-04/13



Recreation News

By Theresa Fields

We are fast approaching those warm Florida temperatures. Please remember, if you're soaking up the rays by the poolside or enjoying a game of golf, you'll need to drink plenty of water to prevent heat exhaustion during this time of year.

Bright House DA

Bright House Networks has been on site for those in their service area every Tuesday, Wednesday and Thursday in the Health & Recreation Ballroom from 9 a.m. to 4 p.m. to distribute the Digital Adapters (DA), answer questions, and help you with your entertainment needs. You'll gain access to more channels and be able to view dozens of HD channels that previously weren't available by installing these adapters.

If you have not picked up your DA, you still have time. A representative will be available through April 4. If you miss this scheduled event, you may contact Bright House by calling 1-855-222-0102 to set up an appointment to have your DA installed.

Line Dance Classes

Line dance classes are in full swing! Many residents are learning the latest dance steps to some of the most popular line dances. These classes are taught every Monday in the Health & Recreation Ballroom and cost \$10 per month for each level. Be sure to register early at the Health & Recreation office.

Please note that if you are not currently enrolled in the newcomers class, it is now closed for the remainder of the season. This is due to the level of dances already achieved.

- Improver+ from 3 to 4 p.m. – Combines beginner two with easy intermediate. (Some dance experience required.)
- Beginners from 4:15 to 5:15 p.m. – Basic line dance steps, combinations and easy dance patterns.
- Newcomers – Only open to residents currently enrolled! If you are not currently enrolled, please join us in September when the brand new class starts.

Victory Cruise

Join us for a day at sea as we board the Victory Casino Cruise in Port Canaveral on Tuesday, April 9. The cost of the trip is \$36 per person, which includes transportation, boarding fees, \$20 in free play added to your card and a lunch buffet. Register at the Health & Recreation office.

Hands Across the Highway

Come join us at the annual Hands Across the Highway art expo on Saturday, April 13, from 10 a.m. to 3 p.m. at the Circle Square Cultural Center. This free event will showcase local artists. We will have over 30 artists displaying some of the finest artwork around this area. Please join us and enjoy the entertainment by the Paul De Ritter Duo as you take in the wonderful art show.

Super Bingo

Super bingo will be held on Wednesday, April 17 in the Health & Recreation Ballroom, from 6 to 9 p.m.

Cards will be sold at 5 p.m. (no cards sold after 5:50 p.m.). There will be 17 \$50 games and three \$250 games. The cost is \$5 for three cards (minimum of three cards per person). No guests are permitted. Proper On Top of the World I.D. is required to participate.

Seminole Casino Trip

Our next Seminole Casino trip is scheduled for Thursday, April 18. The cost of this trip is \$20 per person and it includes round trip transportation and \$30 in free play. No refunds will be issued one week prior to the trip. You may register at the Health & Recreation office.

Document Destruction

Enviro-Shred will return on Friday, April 19 in the Health & Recreation parking lot, from 1 to 2:30 p.m. This company will be on-site to shred all your important documents. The cost is \$3 per one-cubic foot (normal storage size box or computer paper box.)

Singing River Cruise

Join us for a tour on the Rainbow River on Friday, April 19. The captain will share his knowledge of Florida's ecology and rich history through story and song as we float down the Rainbow River and Withlacoochee River.

The tour is about an hour and forty minutes on the water. All tours are handicap accessible. Once the tour is complete, we will dock at the Blue Gator Restaurant (outdoor seating only) for lunch, which overlooks the Rainbow River. The cost of the trip is \$21 per person and this includes transportation and the river cruise. Register at the Health & Recreation office.

Happy Hour

Join us for a night of entertainment at our weekly Friday night Happy Hour.

Health & Recreation Office

Monday - Friday
8 a.m. to 4 p.m.

854-8707 x7530 or x7533

There will be plenty of dancing and celebrations throughout these evening events. This event is free to all residents with a minimal fee for all guests. Resident ID is required for entry into Happy Hour. This month's entertainers are as scheduled:

- April 5: Ray & Kay (Hoe Down)
- April 12: Automatic
- April 19: Ricky & Franky (Health & Recreation Ballroom)
- April 26: Fred Campbell

Happy Hour takes place at the Arbor Club except on the third Friday of each month where it takes place at the Health & Recreation Ballroom. The Pub is open for business and snacks will not be permitted during the Happy Hour in the Ballroom. Reminder, for this venue only if you wish to include a cake for a celebration, please obtain approval through the Health & Recreation office one week in advance of April 19.

Rags to Riches

It's that time of year again when we clean out our attics, garages and join our friends for the bi-annual Rags to Riches sale on Friday, April 26, at the Health & Recreation Ballroom, from 9 a.m. to noon. The cost of a table is \$8 and there will be a two-table maximum. The SPCA will have coffee and doughnuts for sale with all proceeds going to help sheltered animals. To reserve a table, please contact the Health & Recreation office.

High Tea

Enjoy a relaxing afternoon while sharing your favorite cup of tea and listening to light entertainment during our ladies High Tea on Thursday, May 9 in the Arbor Club Ballroom. This high tea is dedicated to all the mothers whether they are grandmothers, daughters, step moms or best friends. We all have someone special in our lives who we would like to remember during this special time of year. Bring your favorite teacup and enjoy assorted teas, along with finger sandwiches, desserts and fruit. The cost is \$12 per person and you can register at the Health & Recreation office.

Avenue Q

Do you like the theater? If so, join us for a coming-of-age musical, "Avenue Q," where characters lament that as children, they were assured by their parents, and by certain fuzzy puppets on public television, that they were "special" and "could do anything." But as adults, they have discovered that in the real world their options are limited, and they are no more "special" than anyone else.

This event takes place at the Hippodrome Theatre in Gainesville, Fla. on Sunday, May 19, at 2 p.m. and the cost of the event is \$40, which includes transportation and admission to the show. Register at the Health & Recreation office.

Free Tennis Clinic

During the month of April our tennis pro, Jorge, will be offering a "Free Tennis Clinic" for those who would like to learn the game of tennis. This free clinic will be offered on Thursdays, from 10:30 a.m. to noon at the Arbor Tennis Courts. For more information, contact Jorge at 484-4815.

Pool Monitoring

Pool monitoring begins again as of Saturday, April 30. Please note that the pool rules are posted around the pools, and on page 12 in this issue of the World News. Please have Resident I.D.s available when visiting the pool areas. Rules and procedures are strictly enforced. A resident must accompany guests or have the guests present the I.D. of the resident they are visiting. Please note that children under the age of 15 may not be permitted in the family pools until after noon during the weekdays!

Telephone Directory

The 2013 telephone directories have arrived. Please pick up your copy at the Health & Recreation information desk located downstairs of the Health & Recreation Building. If you have changes for the directory, you will need to make them at that time.

Have a great month!



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**EVENTS/
ACTIVITIES***

* Schedule and performers subject to change. For the latest information, please visit www.ontopoftheworldinfo.com or see channels 17 / 21 / 703 / 730 or 732 (Bright House).

Thursday, April 4

Farmer's Market
The Town Square
9 a.m. to 1 p.m.
"Cooking Demo" from 10 to 10:30 a.m.

Enviro-Shred
Health & Recreation Parking Lot
1 to 2:30 p.m.
\$3 per one-cubic foot

Happy Hour with Ricky & Franky
Health & Recreation Ballroom
4 to 8 p.m.

Friday, April 5

Happy Hour with Ray & Kay
Arbor Club
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, April 6

The King's Classic Cruiser with Norman Lee
The Town Square
3 to 6 p.m.

Saturday, April 20

Copper Creek
The Town Square
7 to 10 p.m.

Tuesday, April 23

Tampa Bay Rays vs. New York Yankees Baseball Game
St. Petersburg, Fla.
\$57-65 per person
To register, call 854-8707 x7533 or 7530.

Thursday, April 25

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, April 26

Rags to Riches
Health & Recreation Ballroom
9 a.m. to noon

Happy Hour with Fred Campbell
Arbor Club
4 to 8 p.m.

Ray & Kay
The Town Square
7 to 10 p.m.

Saturday, April 27

World Tai Chi Day
Health & Recreation Lawn
10 a.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Terry Johnson's Flamingos
Circle Square Cultural Center
7 p.m.
\$11-15 per resident
\$13-17 per non-resident
For tickets, call 854-3670.

Thursday, May 2

Home Delivery of the World News / May Issue

Farmer's Market
The Town Square
9 a.m. to 1 p.m.
"Cooking Demo" from 10 to 10:30 a.m.

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On Top of the World Communities		BUS SCHEDULE	
PICK-UP	ROUTE	TIME	
1st Pickup	90th St. - Post Office	8:42 am	
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W - Post Office	8:45 am	
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am	
Arbor Club	Parking Lot	8:53 am	
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am	
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am	
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am	
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am	
Friendship Park	97th St. - 94th Lane	9:14 am	
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am	
Health & Rec. Center	At Bus Stop Sign	9:20 am	
Exit Community		9:25 am	
Circle Square Cultural Ctr.	At Bus Stop Sign	Call Health & Rec. one day in advance for pick-up	
Indigo Community Center	Parking Lot		
OCALA RUN: MON., TUE., WED. & THUR.		ARRIVE	PICK-UP
1st RUN	Jasmine Square	9:50 am	12:10 pm
	Dillard's & Kohl's (1st & 3rd Thurs) - 1st Run Only	10:05 am	11:35 am
	Lowes	10:10 am	11:40 am
	Paddock Mall	10:15 am	11:45 am
	Wal-Mart	10:20 am	11:50 am
2nd RUN	Target	10:25 am	12:00 pm
	Gateway Plaza	12:05 pm	1:45 pm
	Wal-Mart	12:10 pm	1:50 pm
	Best Buy	12:15 pm	1:55 pm
	Gateway Plaza	12:20 pm	2:00 pm
GROCERY STOP...LAST STOP OF DAY...30 MIN. SHOPPING TIME (No Grocery Stop on SAM'S or BEAL'S Days)			
Grocery Run...Every Monday...(Publix)...Start Pick-up Run @ 3:45 pm...Return @ 5:30 pm			
Sam's Club...2nd & 4th Wednesday of the Month...2:10 pm...3:30 pm			
Beal's & Wal-Mart...1st & 3rd Thursday of the Month...1st run Ocala...2nd run Hwy 200 W. (1st Run Ocala...2nd Run (Big Lots - Beal's - Dollar Tree - Wal-Mart)			
For information call Health & Rec. @ 352-854-8707 ext. 7530 or 7533			

OCALA OPEN

at Candler Hills Golf Club



Travis Hampshire,
2013 Ocala Open Winner

Thank You

On Top of the World.
Communities

Dear Ocala Open Sponsors,

On Top of the World Communities and Candler Hills Golf Club provided the perfect venue for the largest charity golf event in Marion County this year – the 2013 Ocala Open. This three-day competition featured 108 world class professional golfers and was made possible due to area businesses, such as yours, who partnered with us to bring the Ocala Open to Marion County and Candler Hills Golf Club.

While Travis Hampshire took home the 2013 Ocala Open Title and the \$12,000 first place check, the real winners were the benefiting charities, Interfaith Emergency Services and Hospice of Marion County, each receiving \$22,500 as a result of the success of the tournament. Without your contribution, this would not have been possible.

We sincerely appreciate your support and recognize the commitment you made to the Ocala Open.

Sincerely,

Kenneth D. Colen,
President

Lynette W. Vermillion,
General Manager



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Pinestraw of South Florida

Progress Energy
Southern Masonry
Sustainable Landscape Management
Waste Management
World Home Improvements
The Weslinn Corp



Inventor, Entrepreneur

By Ray Cech
World News Writer

How many times have we looked at something and said to ourselves, "Boy there just has to be a better way?" Of course,

some folks will just say that, while others will do something about it. Phil Moherek of Candler Hills does something about it.

Just a few years ago, Phil and, his wife, Rosemarie had a friend fall off his ladder changing the battery in his smoke alarm. Phil said, "There has to be a better way," and followed up that thought with action.

But first, the back-story. Phil developed his skills with machines and tooling from his dad who owned and operated EM Machine and Tool in Garfield, N.J. In 1969, Phil took over the company and before closing it in 1988 he had increased revenue 20 fold and added more than 20 additional employees. "Free trade," said Phil, "had

both positive and negative effects on small businesses. Foreign competition quickly jumped on the tooling industry, and before I knew it, I was shuttering the doors."

But ever the entrepreneur, Phil Moherek, using his computer skills, started Accurate Computer Systems and, as a consultant, set up and trained previous clients on financial software products. After about 10 years, he retired. In 2005, he and Rosemarie began wintering in On Top of the World, and in 2012, they bought a model home and moved into Candler Hills.

Now, back to their friend and his ladder. Following his friend's life altering experience, Phil said, "There has to be a better way, people should not have to be climbing up ladders just to change a simple battery." This was his epiphany that started Phil on his way to inventing a "better mousetrap."

But first his idea needed some patent research and to his disappointment he found another entrepreneur in New Jersey that held 14 patents, one of which coveted Phil's concept for a simpler, safer, smoke alarm. Remember, this is Phil Moherek we're talking about; he bought the patent rights, and as they say, the rest is history.

Phil wanted to develop his idea here in Ocala, so in September 2012, he met with Shawn Woods, curriculum coordinator at Marion Technical Institute (MTI). Woods introduced him to Dale Toney, a lead instructor at MTI, who put together a brilliant team of students to work with Phil on his innovative design and manufacturing of SACOAP™. This new, patented, and safe, electrical connector box attaches to smoke and carbon monoxide detectors without having to use a ladder to change batteries. "These kids," says Phil, "are bright, talented and motivated, and best of all, they got very excited about turning my concept into a workable product. It's an ideal matchup, they know CAD, and I know tooling and manufacturing."

Phil Moherek's patience and drive, taking a product from concept through all the development details, will soon be going to Underwriters Laboratories (UL) for final approvals. If as expected, all goes well, our ladders will be a memory of things past when we change out our alarm batteries.



Photo by Ray Cech

Phil Moherek, with instructor Dale Toney, works with his team at Marion Technical Institute.

Seashell Art

By Bob Woods
World News Writer

Seashell collecting is a dream come true when people, especially children, walk along beaches looking for that "special" shell. Generally, collected shells are brought home and placed in glass jars for decoration or sometimes if they are rare enough can be sold.

There are shell collectors just like there are coin or stamp collectors.

Genevieve Pistori, a resident of On Top of the World, is a shell collector. She does not display her shells like most; rather she creates art with them. Some of her art creations are birds, animals, flowers and much more.

Genevieve displayed some of her creations during the month of March at the Freedom Public Library. Gena, as she likes to be called, had assistance setting up her display in a lighted case just inside the library's entrance. One really has to look

closely at each object to realize that what you are looking at is indeed created out of seashells.

Gena stated, "I started seashell crafting back in 1970." When asked where she gets all her shells from for her crafty art she said, "I get my shells from Naples and Sanibel Island, Fla."

Sanibel Island and neighboring Captiva Island have earned their reputation as being one of the best, if not the best place in the world, to find shells. Shell hunters and collectors reportedly flock to Sanibel from all over the world. Both islands are made from shells. It has also been reported that residents of this area often uncover shells when digging in their gardens.

Looking at many of Gena's shell creations displayed at the library, one can see why all her shells come from the most desirable location of Sanibel Island.



Photo by Bob Woods

Genevieve Pistori with her seashell art at Freedom Public Library.

It's Showtime!

By Bob Woods
World News Writer

The month of April brings a diversity of entertainment and things to see and do at the Circle Square Cultural Center. Unless noted otherwise, all shows begin at 7 p.m. and doors open at 6 p.m.

"Fill the Blue Suede Shoes™" Elvis Tribute Artist Contest™ Saturday, April 6

This event is guaranteed to please all those Elvis Presley fans. Contestants will compete for cash prizes and the winner will receive \$2,000 and a chance to compete in the Ultimate Elvis competition in Memphis, Tenn. during Elvis Week in August.

If you are an Elvis fan, this is a show you don't want to miss. The judging criteria will consist of vocals, appearance, stage presence and overall performance.

Hands Across the Highway Saturday, April 13

The annual art expo will showcase local artists and their work, which might include paintings, stained glass, jewelry and other art forms. Residents from On Top of the World as well as those from neighboring communities will be participating. This is a free event and will take from 10 a.m. to 1 p.m.

Terry Johnson's Flamingos Saturday, April 27

This show will surely entertain you! Terry Johnson's Flamingos have been around for years singing doo-wop and rock & roll hits. Johnson has arranged, written

and performed numerous songs including "Fool Heart," "Are You Sorry," "The Ladder of Love," "Mio Amore," and the list

continues including "I Only Have Eyes for You" and "When I Fall in Love." This show promises to be an unforgettable, eventful evening of musical entertainment.

Stop by the ticket office at 8395 SW 80th Street or go online to www.csculturalcenter.com to purchase your tickets.

Let's watch the lights dim as the curtain rises. It's showtime.



Terry Johnson's Flamingos on Saturday, April 27 at the Circle Square Cultural Center.

Legacies of Love

The Interfaith Foundation will host their first annual "Legacies of Love" event at the Ocala Hilton on Thursday, April 11, from 11 a.m. to 1 p.m.

The event will be the signature fundraising event for the Interfaith Foundation and will honor three individuals for their generous contributions to a number of community organizations.

This year's honorees are Kevin McDonald, Lynette Vermillion, and Dan Hightower.

Kevin McDonald is a long time insurance agent and owner of The McDonald Agency. Lynette Vermillion is the general manager of On Top of the World Communities and Dan Hightower is a local attorney and principal of the Daniel L. Hightower P.A. law firm.

"This event provides us with an opportunity to say thank you and offer a community hug to three individuals who for so many years have unselfishly given of themselves to make Marion County a better place for us all," says Mike Mangan, executive director of the Interfaith Foundation.

The Interfaith Foundation is a 501(c)(3) nonprofit created to provide both immediate and long-term support for the mission of Interfaith Emergency Services. For 30 years, Interfaith has been providing emergency food and shelter to individuals and families in need in Marion County.

For more information about the event, including tickets and sponsorship opportunities, contact Mike Mangan at 352-857-7963 or e-mail Mike@TheIESfoundation.org.



Men's Golf Association

By Paul East

Spring is already here, clocks have been moved ahead, which gives us the extra daylight we need to play more golf. It doesn't get better than this.

I'd first like to recognize our own Jon Hill who won the Around the World golf tournament. That was not an easy tournament to win as the level of competition was pretty intense. One of the perks, he told me that came with this win, was to play in the Pro-Am portion of the recently concluded Ocala Open. That had to have been a neat experience.

During this past month, we had our MGA Championship. The results will be published in the May issue of the World News. But from past years, it is a favorite event for our MGA.

Another favorite event is the Ryder Cup that takes place on April 9, 10, and 12. This year, the Candler Hills MGA is the host, so we will play there on the first and last day of the competition. Again, if past years are any indication, this is an event that all participants enjoy and look forward to playing. As a reminder, the color shirts we will be wearing are: red on April 9, white on

April 10, and blue on April 12. Our shorts or long pants for all three days are khaki. Look for the signs on the bulletin board as a reminder of the clothing requirements.

I would like to thank Matt Hibbs, director of golf, for stopping in at our March board of directors meeting. He went over the rules of the Ryder Cup for the board and answered our questions and concerns. Matt sets the professional tone for the golf staff and that was evident in our meeting with him.

As a reminder, there is no Chicken Day in April because of the Ryder Cup. The next one will be on May 1. The May Chicken Day will be the last one until September, as we take the summer off.

Also, please remember that we changed the payment procedures for Chicken Day, as was approved by the general membership at the March 6 meeting. We will now put \$10 in the envelope vice the \$8; the extra \$2 is for the mulligan's we normally purchase separately. The mulligan money is what we donate to Hospice of Marion County each year.

Remember, "Every time a golfer makes a birdie, he must subsequently make two triple bogeys to restore the fundamental equilibrium of the universe."

Scramble Feb. 6 / Tortoise & Hare

Tied at 62—Guy Russell, Ed Darichuk, Kas Kaske, Richard Enos; and Joe Furfaro, Ron Abramovich, Larry Rourke, Volker Stoldt. Tied at 63—John

Langville, Phil Johnson, Harvey Howd, Paul Kannapel; and Dennis Brown, Michael Krzeminski, Jim Tate, Mike Flynn. Tied at 65—Steve DiFranco, Wally Schilf, Stanley Caldwell, Tom Cummings; and Paul Wade, Ray Messer, Hira Roy, William Miller.

Scramble Feb. 6 / Links

63—George Blankenship, George Noltensmeyer, Ross MacDonald, Robert Moravec. Tied at 64—Francis Caprez, Tom McHaffie, Jimmy Johnson, Tony Capillo; and Ray Hellman, Jim Weaver, Peter Peterson. 65—Joe Quaranta, Douglas Coleman, Paul East, Harry Brower. Tied at 66—Ralph Solvold, Michael Almon, Jim Harvey, Carl Giddings; and Tony Giannattasio, Mike Mailliet, William Muller.

Individual Stableford Feb. 13 / Links

Flight 1: 46—Steve DiFranco, Tied at 45—Francis Caprez, and Steve Molnar, Tied at 44—Carl Zeiler, James Merrick, and John Bauer.
Flight 2: 47—Steve Becker, 46—Mike Krzeminski, 45—Douglas Coleman, Tied at 44—Don Noel and Ross MacDonald.
Flight 3: 48—Jack Martin, Tied at 47—Bernie James and William McGarry, Tied at 46—Jim Harvey and Joe Dent.
Flight 4: 46—Jim Weaver, 40—Larry Lucieer. Tied at 39—Dennis Brown and Rudy Normandin, Tied at 37—Bill Blewitt and George Blankenship.
Flight 5: 44—Harvey Howd, 43—Joe Polizzotti, Tied at 42—Edward Conaway and Tom Cummings, 38—

Robert Moravec.

Team Quota Points Feb. 20 / Tortoise & Hare

36—Ray Hellman, Vincent Jones, Harvey Howd, Tom Pasch. Tied at 29—Paul Wade, Tom McHaffie, Tom Treppa, Robert Moravec and Guy Russell, Kenneth Cotte, Kas Kaske, Art Frescura. 28—Ross MacDonald, Gene Sohler, Gary Hassett, Dale Budd. 27—Douglas Coleman, Carl Zeiler, Alan Mudie, Richard Enos. 26—Francis Caprez, Phil Johnson, David Miller, Bernie James. 24—Ralph Solvold, Tary Bole, Jerry Chase, Jim Tait.

Individual Quota Points Feb. 27 / Links

Flight 1: 12—Joseph Bologna, 11—Jay Bouton, 10—William Young, Tied at 8—Al Wassmer and George Blankenship, 7—Dennis Brown.
Flight 2: 11—Michael Almon, Tied at 9—James Merrick and Jim Weaver, 8—Rocky Groomes, Tied at 7—Charles Casale, Colin Adamson, and Ed Klodzen.
Flight 3: 8—Kenneth Cotte, Tied at 7—David Hannasch, Jerry Chase, and Paul East, Tied at 6—Tary Bole and Wally McCoy.
Flight 4: 15—David Miller, 11—Freddie Moody, 8—Bob Selmon, 7—Jim Tait, tied at 5—Jimmy Johnson, Joe Dent, Norm Lallier, and Peter Peterson.
Flight 5: 15—Dale Budd, Tied at 12—Bernie James and Tom Cummings, 9—Richard Enos, 8 William McGarry, Tied at 7—Art Frescura and Raymond Wilson.



Candler Hills Men's Golf

By Joe Alfano

The actual number is of little importance. What is significant is the accomplishment. This past month, we had the pleasure of witnessing members Bob Cowie and Roger Whittle shoot their respective ages.

Just recently I heard it said that golf is a game for gentlemen, no disrespect intended ladies. What better example of that than these two respected and well-regarded

members of our association. Within that vein, allow us to offer you both a tip of the trilby and a pat on the rump and the knowledge that the entire membership takes as much pleasure in this achievement as do you two. A game for gentlemen you say? A game for gentlemen indeed!

The field for our Match Play Championship has been whittled down to a final pairing that will pit RL Moore against Nick Nimerala, with Mike Deahl and Dan Gill battling for third and fourth place respectively. The best of luck "golfing your ball" gentlemen and may you continue to play your matches in a spirit of sportsmanship and camaraderie.

Someone was once overheard describing golf as being best defined as an endless series of tragedies obscured by the occa-

sional miracle, followed by a good bottle of beer! Enjoying that cold mug of grog sans the tragedies this past month were Garry Gerlach (74), Bruce Venslavsky (76), Jim McGrath (77), Dave Martin (78) and Walt Pacuk (79). Nice going "smackin yer featherie" gentlemen.

Our fundraising efforts are in full bloom and the membership should continue to take great pride in the success of our worthy endeavors to both our scholar/athletes and our country's troops overseas. On a more personal note, special thanks go out to Tony Mysterly and Garry Gerlach for their unwavering commitment to these causes. No one can refuse my "partner in crime" Anthony when they hear that familiar exhortation, "tickets here, get your 50/50 tickets here!" In Garry's case, he has had the painstaking job of packaging and carting off to the post office the hundreds of boxes sent to the troops these past years.

We welcome back Joe Jingco to the assemblage and we hope you enjoy the ride. In case you're wondering, nothing much has changed with our merry band of characters. We still consider ourselves a convivial bunch with a penchant for not taking all that much too seriously. Anyone interested

in playing in such an environment can contact me at tjalf8371@yahoo.com for more information.

As always, I continue to wish everyone "a life full of nothing but fairways and greens my friends, simply fairways and greens."

Four-Man Team Scramble Feb. 12

64—Dan Gill, JC Van Bloom, Jack Gustafson & Jon Raupach and Phil Bucchi, Jim Bennett, Randy Ford & Gene Francisco and Ron Shoner, Bruce Venslavsky, Dave Green & Archie Graham.

Four-Man Team Stableford Feb. 19

164—Craig Riber, Roger Whittle, Rich Freeman & Leo McCormick; 162—JC Van Bloom, Tom Racinowski, Gene Francisco & Mike Romm; 159—John Podkomorski, Tom Martinetto, Ed Pozsony & Drew Thompson.

Two-Man Team Stableford March 5

Baseball Flight: 80—Tony Mysterly & Bruce Venslavsky; 78—Ron Fulton & Gil Brooks and Bill Anger & John Podkomorski.
Ballantine Flight: 87—Jim McGrath & Stan Jarmel; 79—Steve Rice & Tony Bruno; 78—Bob Cowie & Leo McCormick.

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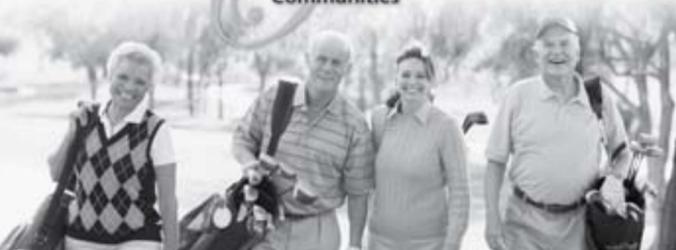





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Photo by Matt Hibbs

World Golf Championship winners Bruce Venslavsky, Jon Hill, Deb Martin and Mia Kolar.



Ladies 18-Hole Golf

By Marilyn Rose

What a February we have had. There has been rain, cold and cancellations for this month. We did complete the "Color Wars," but it took an extra day.

We also held our Member/Member in spite of the weather. Some contestants were not able to finish because of this. Many did continue on in spite of the conditions and finished.

At the meeting, a slate was voted on for new officers. It is posted and will be voted on next time. We also decided that out-of-town visitors can play with us as long as they have a USGA handicap that is current. They will not pay into prize money and will not be able to win prize money.

The committee did a great job of decorating for the "wearing of the green" and the box lunch was very good. All looked spiffy in their hats, socks, headbands, etc. Even the gloomy weather didn't deter the fun.

Color Wars
Feb. 19 & March 5 / Links/Tortoise & Hare

Blue Team: Deb Martin, Bev Ovrebo, Jerry Gill, Peggy Borro, Ruth Caraway, Rosemarie O'Neil, Patricia Cole, Paulie McCoy, Lorie Anderson, Karen Piccolo, Susan Maillet, Pat MacMurray, Angelita Pena, Fumie Veatch, Joan Cecchini, Ruth Border, Jo Apperson, Fran Griswold, Sharon Bartholomew.

Member/Member - Net Score
March 12 / Links

Flight 1: 63-Janet Juhlin, Joan D'Addio; 64-Bev Ovrebo, Iro Lisinski; 68-Pam Carpenter, Gina Bullock.

Flight 2: 60-Geri Treppa, Linda Blewitt; 65-Lori Anderson, Susan Maillet; 66-Rose-marie O'Neil, Betty Gustafson.

Flight 3: 63-Judy Pasch, Maggie Hudacik; 64-Joan Cecchini, Pat Cole.

Flight 4: 57- Fran Griswold, Paulie McCoy; 61-Susan Rhodes, Jo Apperson; 62-Ruth Border, Shirley Smagner

Our snowbirds will soon be departing for their summer places. But, I hope to see each and every one of you who stays on the course in the weeks to come. Happy golfing.

REMINDER
Please put trash in compactor.



Golf

By Matt Hibbs

April has finally arrived, which means it's time for "The Masters." Who will win the year's first major championship? I would like to provide everyone with the On Top of the World golf professional's picks: Matt Hibbs - Matt Kuchar, Denise Mullen - Graeme McDowell, Russ Smith - Tiger Woods, and Logan Stringer - Phil Mickelson. Stop by the Golf Shop and let us know who you think will win this year's Masters.

The 2013 Ocala Open was our best event to date benefitting over \$22,500 each to Hospice of Marion County and Interfaith Emergency Services. Special thanks go out to all of our wonderful sponsors, volunteers and staff for making this a spectacular event.

This month, the Candler Hills Men's Golf Association will host the annual Men's Ryder Cup. The event will be held Tuesday, April 9 on Candler Hills, Wednesday, April 10 on the Links and Friday, April 12 back to Candler Hills. Tee times begin at 8 a.m. each day. Good luck to both teams.

We recently held the annual World Golf Championship, Feb. 18 through 23. We would like to congratulate all of our winners.

Men's Overall Net Winner: 198-Bruce Venslavsky.

Men's Overall Gross Winner: 233-Jon Hill.

Ladies Overall Gross Winner: 223-Deb Martin.

Ladies Overall Net Winner: 208-Mia Kolar.

Upcoming Events

- Men's Ryder Cup - April 9, 10 & 12
- Monthly Event - April 13, Tortoise & Hare
- Ronstar Application - May 1, Candler Hills closed at 1 p.m.
- Ronstar Application - May 2, Links closed until 9 a.m.
- Ronstar Application - May 2, Tortoise & Hare closed at 1 p.m.
- Aerification - May 13-16, Candler Hills closed
- Aerification - May 20-26, Tortoise & Hare closed

World Accolades

CANDLER HILLS: Judie Anderson, Eagle on #6 & #7. Mia Kolar, Eagle on #6. Jim McGrath, Eagle on #3. Steve Rice, hole-in-one on #5.

LINKS: John Gayso, shot his age twice, 73. Bill Young, Eagle on #17.

TORTOISE & HARE: Johnny Gill, hole-in-one on #8. Carl Singleton, hole-in-one on #13. Beale Kinsey, Eagle on #4.

Golf Tip of the Month

Do you ever step up to a shot thinking about all the negative outcomes that can unfold? Then you hit the shot only to dump it in the greenside bunker. This is a big mental problem for a lot of golfers, even the tour players.

The most important thing you can do mentally is give yourself the best chance at success. Instead of thinking about all the negative outcomes, focus your attention on what you want to happen. Think about the positive outcomes of the shot and be confident in your approach.

As quoted by the great Bobby Jones, "Golf is a game that is played on a five-inch course, the distance between your ears."

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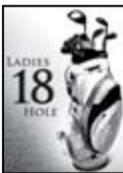
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Candler Hills Ladies 18-Hole

By Pam Monk

Robins are the harbingers of spring. Many of these wonderful birds are seen looking for worms and such on Candler Hills Golf Course. Someone must have forgotten to notify Mother Nature, because our weather has been more winter than spring. Despite some chilly temperatures, our brave golfing ladies, along with the robins, are playing in record numbers each Thursday.

Our league membership has grown to 65. We wish to welcome our newest members Paulie McCoy, Lynne Thesman, Darlene Romani and Judy Tansley.

On Feb. 21, we welcomed Candler Hills 9-Hole League to an invitational round of

18 holes followed by a chili, salad and dessert lunch prepared by Candler Hill ladies 18-hole members and served at the Candler Hills Community Center following the Shamble. Everyone agreed this was a huge success and enjoyed by all.

Eleven different chilis were offered (three white and eight tomato-based). Everyone was given two beans to vote for their favorite chili dish. The winners were Tona Scheibal, Heddy Racinowski, Paula Lilly and Connie Norris. We've come very close to our \$200 goal supporting First Tee by way of a 50/50 raffle won by our own Iro Lisinski.

As of this writing, a Spring Tourney, open to both ladies 18- and 9-hole members is planned for March 28 and results will be reported in our May column. The format is a four person Shamble and should be lots of fun. Spouses, friends, significant others may be invited to join.

Our Club Championship will be held on April 18, 22 and 25. All members are encouraged to participate. Besides being great fun, the championship is flighted

with full handicap in a low gross/low net format. Members must have at least 10 league rounds to qualify. Prize money actually comes from our membership dues so everyone should come out and participate. Try it, you'll like it!

President Carol Clark reminds us that April is nomination month for league officers for 2013 - 2014 term. Mark your calendars to be sure you play on May 2, as a luncheon will be served with awards and nominations on the agenda. The place and menu is still a work in progress.

Low Gross/Low Net Feb. 14

Flight 1 Low Gross: 74-Deborah Martin.
Flight 1 Low Net: 64-Judie Anderson.
Flight 2 Low Gross: 85-Peggy Borro.
Flight 2 Low Net: 62-Lise Jordaan.
Flight 3 Low Gross: 93-Ilyong Dicus.
Flight 3 Low Net: Tied at 70-Carol Clark and Deanne Green.
Flight 4 Low Gross: 92-Piper Thomas.
Flight 4 Low Net: 70-Carol Venslavsky.

Chili Invitational Shamble Feb. 21

89-Toni Stevenson, Gail Ambrose, Darlene Romani, Renee Aden. 96-Betty Dong, Gail Banavige, Pat Gill, Pam Monk. 100-Mia Kolar, Linda Mandala, Kathy Smyth, Dianne Master-son. Tie at 104-Lise Jordaan, Rhonda Brooks, Carol Clark, Linda Buschur, Tona Scheibal, Judy Tansley, Angie Jingco, Susan Pleinis; Connie Norris, Judy Parisi, Andrea Fratrarangelo, Mary Giannukos

Mutt and Jeff Feb. 28

Flight 1: 26-Su Freeman; 28-Ruth Carraway; 30-Connie Norris.
Flight 2: 30-Gail Banavige and Toni Stevenson; Tied at 31-Marie Gillis, Lise Jordaan and Nancy Shoner.
Flight 3: 27-Kathy Smyth; 28-Sandy Noe; Tied at 29-Marge Cowie and Piper Thomas.
Flight 4: 26-Donna Sauer; Tied at 29-Kathy O'Leary, D Ann Jung and Pam Monk.



Photo by Judy Parisi

Chili cook-off hosted by the CHLGA-18.



Candler Hills Ladies 9-Hole

By Judith Parisi

Longer days and wonderful warm sunshine are with us after patches of cold in late winter. This will give us all more opportunities to enjoy our great course.

Our league was able to participate in some outside events including the Cupid Classic at Country Club of Ocala in February, and Queen of the Greens at Citrus Hills in March.

Here, we received two special invitations from the Candler Hills ladies 18-hole league. On Thursday, Feb. 28, the 9-hole league members were invited to join the 18-hole league for a Shamble, followed by a chili cook-off. What a great day! The 18-hole league members were very welcoming and we had a great round of golf with them.

This was capped off by a delicious luncheon prepared by members of their league that featured a chili cook-off. We had the opportunity to sample red and white chili and vote on our favorites. It was difficult to choose because they were all so good. The meal also included salad, bread, dessert, and an assortment of light beverages.

The CHLGA-18 extended a further invitation for us to join them on Thursday,

March 28 at their Couples Spring Eggstravaganza, with a 9 a.m. shotgun start with Shamble format followed by a delicious lunch of carved ham, scalloped potatoes, and all the fixings.

Kudos to the 18-hole ladies for their hospitality and hosting such great events.

Rivaling these events was the Fairways in Bloom Invitational by the On Top of the World ladies 9-hole league on Tuesday, March 26. This was a scramble with a 9 a.m. shotgun preceded by a light breakfast and followed by a wonderful lunch, with awards and prizes.

Knowing the Candler Hills course would be unavailable to our league during the Ocala Open, the On Top of the World ladies also invited us to join them for play on Tuesday, March 12. Thanks to the On Top of the World ladies for their thoughtfulness and cordiality.

It was certainly a month for great hospitality and fun opportunities to play and enjoy the camaraderie of the other lady golfers in our community.

CHLGA 9/18 Shamble Feb. 21

89-Toni Stevenson, Gail Ambrose, Darlene Romani, & Renee Aden. 96-Betty Dong, Gail Banavige, Pam Monk & Pat Gill. 100-Mia Kolar, Linda Mandala, Kathy Smyth & Diane Master-son. 104-Lise Jordaan, Rhonda Brooks, Carol Clark, Linda Buschur. 104-Connie Norris, Judy Parisi, Andrea Fratrarangelo & Mary Giannukos.

Alternate Shot Feb. 28

45-Quinn Clayton & Mary Giannukos. 49-Mari- anne Ingwersen & Deb Malo. 50-Quinn Clayton & Carol Hobbins. 52-Lorie Anderson & Susan Pleinis. Note: Quinn played on two teams due to the absence of a player in the "foursome."

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May Issue: Thursday, May 2

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Arbor Club Tennis

By Jorge Privat

To start with, I would like to commend all participants in the tennis ladder. I can't think of a much better format that allows you to always have a competitive foursome without having to arrange it every time, or having to come very early to make sure you are going to play that day. We can start all over again or we can give it a rest for a while.

In April, there will be a free tennis clinic every week on Thursdays, from 10:30 a.m. to noon. This is the perfect opportunity for all residents who would like to get back into tennis, or to learn how to play this terrific sport. It's never too late! Every week, we will pick one stroke, try to understand what makes it work, and hone your skills until you feel confident you can produce it consistently. I would like to see new faces coming on to the courts; all are welcome!

Also, the tennis committee is working on another social gathering. I am still considering a woody tennis social, we just need to find enough wood racquets to make it possible.

The professional tennis season is now in full swing. If you have the tennis channel, don't forget to watch and get to know the best players in the world. This is a great way to appreciate the way the game is played today and learn something along the way.

I am working on a trip to the Bolletieri Tennis Academy in Bradenton, Fla. to watch how some of the best young players in the world compare to the touring pros.

Customizing Your Racquet

After you found a racquet with the right specs for your game, you may still have some work to do. Fine-tuning your frame may start with placing a vibration dampener right below the bottom cross string to mute string chatter and minimize vibration traveling to your arm on off-center shots.

If you don't like the grip that came with your racquet, you can purchase a new one that fits your needs. You can add lead tape to your racquet's head to increase weight, and therefore power stability and control. Placing a strip at the three and nine o'clock

positions of the head, will help steady the racquet on off-center hits.

When it comes to racquet strings, there are a number of things to consider. Should you use natural gut or synthetics? Mono-filaments or multi-filaments? Maybe polyester-based strings would be better suited for your game? Should you play with thick or thin strings? Are you aware that string tension can make a huge difference in the way your racquet performs?

If you buy a sports car, you need to have the right kind of tires for that car, or it will not feel the best. As they say, "It's where the rubber meets the road." It is the same for tennis players of all skill levels. You can spend pretty good money in a good racquet, but if you don't know or don't care about the type of strings you place on that racquet, I don't think you will play your best.

Strings make a huge difference in how your racquet performs. Bad strings can make a frame perform horribly, or simply not feel right. You may lose power and control and everything can go wrong. On the other hand, if you carefully consider which strings might complement your game, you can take your performance up a notch. It starts with understanding the types of

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strings available and how they match up with various styles of play.

Once you have addressed the issue of the strings, you also have to consider the string tension. Do you want more power or more control? Can you have both? Is your arm strong enough to handle higher tension or would you like more comfort in the way your racquet feels.

Want answers to these questions? Don't hesitate to ask me or someone who knows. See you on the courts!



Billiards

By Richard Impresa

One of the most important aspects of executing a successful pool shot is consistency. Even if you seem to miss certain shots most of the time, if you consistently miss them the same way (e.g. wide left on a cut shot to the right, short of the pocket on cross rail bank shots, etc.) there is hope for you.

Just analyze the manner in which you miss the shot and compensate your aiming point accordingly. For example, if you constantly cut the ball too much, don't aim for the center of the pocket, just aim to hit the ball a little fuller and see what happens.

Once you have determined the re-calculated aiming point, you will have that type of shot conquered. As I have mentioned several times in past columns, if you don't have a consistent stroke, nothing you do will help your game. If you can't consistently hit the cue ball where you want to, you can't possibly advance your skill level.

That's the physical part of consistency, but there is a mental aspect to consider also. This is often referred to as the pre-shot routine. To take it one step further, call it the pre/post shot routine. This involves selecting the shot, aiming point, English (if any), stroke and speed needed to make the shot and position the cue ball for the next shot. You should have all of these items settled in your mind before you get down in your shooting stance.

When all of these steps have been covered in your mind, the only thing left is the execution. If you get into your shooting stance and have any doubts or second thoughts, stop and get up to re-evaluate

your decision. This may be one of the hardest things to do. Your routine is not finished yet; you have to stay down in your stance after you shoot until the ball is pocketed. If you tend to want to jump up right after you shoot, your muscles will anticipate it and start to react while you're still stroking. This action will throw your stroke and aim off, causing you to miss even the easiest of shots.

A good example of the pre-shot routine can be seen in basketball. Basketball, unlike pool, is a pretty dynamic game, with plenty of movement and contact. The one area of similarity is the free throw. It is the only part of the game where a player has the luxury of taking time to think about what he is about to do.

Now stop and think what a vast majority of pro players do when they attempt a foul shot. They step up to the line and go through a routine of some kind. Some swirl the ball, some dribble it a few times, etc. They, and you, won't make every shot but you will definitely improve your odds.

Our next club meeting will be held on Monday, April 1, at 4 p.m., in the Craft Building. Hope to see you there and until then, keep stroking and keep your tip dry.



Ladies 9-Hole Golf

By Lorraine Rourke

It has been a tough winter with a few cancellations due to high winds and cold. With spring now approaching, this is less likely. Remember, if we cancel, an e-mail will go out around 7:45 a.m. If you don't have e-mail, check the Golf Shop if we are having inclement weather.

The ladies have been having a wonderful time with the variety of games selected for Tuesday's play. Some really make you re-think your game and try other clubs. It is surprising what you find works that you haven't been using, now if I could just remember those situations and clubs.

The handicap committee had an update on Rule 16. This rule states that you may not repair scuffmarks from shoes or spike marks prior to your putt. You may fix ball marks. You may remove loose impediments

but you may not press anything down. We do ask you to repair those marks after putting when leaving the green.

Remember to sign up for the Charity Scramble on Tuesday, April 2 where (voluntary) donations will go to the Wounded Warrior Program. Place these donations in the 9-hole box indicating they are for the Charity Scramble (put cash in the envelope provided).

The end of season banquet is Tuesday, April 30 at Bella Cucina in Oak Run. We had a wonderful time last year, so make sure you sign up and get your check in for this event.

Scramble March 5

36-Joyce Jones, Kathleen Dushary, Michael Beyer, 41-Judy Harmon, Kathy Hall, Jane Wilson, Charmaine Hassett, Myra Noel, Joan Rappa, Adele Stelljes, Linda Heenan, Lorraine Rourke, Carol Moravec, Ethel Miller, Patricia Howd, Serine Rossi, Eileen Gustavus, Carolyn Abramovich, Jean Flynn.

CHIP-INS: Feb. 19-Lorraine Rourke, Diane Dzik, Jane Wilson.

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Shuffleboard

By Grace Rohde

On Thursday, March 7, the Shuffleboard Club held their general meeting at the Health & Recreation Building. Officers for the upcoming year were nominated and favorably voted on. The executive board for 2013-2014 is as follows: President Jim Smith, Vice President Joe Veres, Second Vice President Armann Rohde, Secretary Ginny Smith, Treasurer Phil Weiner/Joe Veres, and Past President Richard Enos.

The committee chairpersons are as follows: by-laws, Armann Rohde; equipment/grounds, Lou Fisher; historian/writer, Grace Rohde; social events, Carol Scruggs; tournament director, Peter Van Arsdale; safety/instruction, Joe Veres; and get well/we care, Gitte Agarwal.

Jim Smith, who will be the new Shuffleboard president, will take over his duties beginning June 1. At this time, we would like to extend a thank you to Richard Enos for his two years as president of the club. Richard was always there when you had a question or if you needed a helping hand with something, no matter how busy he was. At the same time, he was also there to thank and praise others who were willing

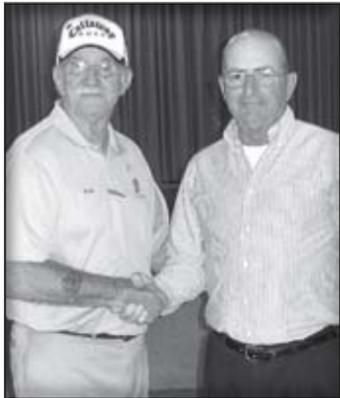


Photo by Armann Rohde

President Richard Enos (left) welcomes Jim Smith (right) who will be the new Shuffleboard president.

to help and do things for the club.

Carol Scruggs did an excellent job of planning and organizing the luncheon and the activities. The meal, catered by Pavarotti's Pizza and Restaurant, featured chicken parmigiana, ziti, and a cannoli for dessert – all Italian specialties. Now we can look forward to next year's luncheon, which again will be planned and organized by Carol.

A 50/50 raffle was held and the winners were Rosemary Borgia and Peter Van Arsdale.

Everyone enjoyed playing bingo, and it was fun to hear the chuckles and comments made as we tried to cover the empty spaces needed to win as the numbers were called. The three winners for this event were Betty Werner, Vi Dubai, and Gitte Agarwal.

A shuffleboard match was played at Oak Run on Feb. 13, which was planned and organized by our tournament director, Peter Van Arsdale with Dick Davis from Oak Run. The score was 17 for Oak Run and seven for On Top of the World.

Those who participated were: Jack Myers, Mario Migliaccio, Jerome Griffin, Charlie Lentz, Vickie Lentz, Vince Minniti, Phil Weiner, Vernon Uzzell, Ginny Smith, Jim Smith, Dottie Migliaccio, Maxine Malone, Margot Thomas, Bill Walker, Greg Rasmussen and Peter Van Arsdale.

The top scorers were Jack Myers, Jerome Griffin, Ginny Smith and Maxine Malone.

Our regular shuffleboard league play will end in April and to take its place, we will have summer shuffleboard on Tuesdays at 9 a.m. Also, Peter Van Arsdale is planning to have a Ten-Pin Tournament around May 1. Check with your captains for details on both of these events.

The top players on each of our five teams for February were:

Men

Monday a.m.: Tie between Vince Minniti and Charlie Lentz.

Tuesday p.m.: Ernie Kelly.

Wednesday p.m.: Tony Manzo.

Thursday a.m.: Phil Weiner.

Friday a.m.: Al Kawalek.

Women

Monday a.m.: Agnes Hickman.

Tuesday p.m.: Tie between Carol Scruggs, Dot Migliaccio, and Maxine Malone.

Wednesday p.m.: Paula Magen.

Thursday a.m.: Vi Dubai.

Friday a.m.: Gina Bulloch.



Model Railroaders

By Jim Lynam

Albert Einstein once said, "Imagination is everything. It is the preview of life's coming attraction." The Model Railroaders Club accepts that position, but also maintains that imagination is also the key to the present as well as to the past.

Many visitors to the train room stop in and relate personal stories relative to their interaction with the railroad where they grew up. Their imagination instantly brings to mind all of their past experiences whether it be watching the trains at a yard or crossing, riding the various trains from one city to another, or even those who actually worked for the railroad in one capacity or another.

Yet other visitors use their imagination to recall their family's model railroad layout and how much fun it was creating the scenes and running the trains. Everyone has a unique memory of a favorite engine or the operating car that remotely, as if by magic, dumped its load into the bin. And of course, the most special of all train related memories is the train traversing around the Christmas tree that added to the magic of

Christmas. Oh yes! Those were the days.

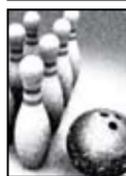
The members of the club continue that imagination into the current time frame. Every time one enters the train room there is the opportunity to use the mind's creative powers to relive those memories. Everyone's favorite, of course, is the engineer – safely and smoothly delivering the load of freight or passengers to their destination on time. One could assume the position of yard master – being in control of the individual cars and their switching maneuvers required to be in just the perfect location for the efficient delivery of the consist. Another position is the dispatcher who organizes and directs the logistics of departure times, crews, and functioning trains.

Yes, your imagination can run wild in the train room. Stop in and use the model train layout to give yourself the opportunity to relive those "exciting days of yesteryear."

The club would like to extend a special invitation to all residents who are interested in railroading to stop in to view the progress of the layout and discuss railroading with the members.

The Model Railroaders Club is always looking for new members, and you are welcome to join us. The layout is located in a room with entry from the Health & Recreation fitness center. The club members work on the layout on Tuesdays, from 1 to 4 p.m.

Our monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room 3 of the Craft Building.



Bowling League

By Jerry Roney

The Pin Poppers have retained their number one spot for four more weeks for a total of 10 consecutive weeks. The Pushovers and Strikers remain their closest contenders. With only six weeks left and a 12-point lead, the Pin Poppers are going to be tough to catch.

High male bowlers have also held their places:

1: 180–Rick D'Addio. 2: 175–Bill Hull. 3: 174–Art Buecher.

High female bowlers remain:

1: 157–Linda McIntyre. 155–Helen Bailey. 3: 150–Hedy Schamal.

Games of 200 or more were bowled by Bob Vitale, Rick D'Addio, Pete Gorczak, Jerry Roney, Joe Jingco, Norm Hebert, Hedy Schamal and Helen Bailey. Bob Vitale bowled a high game of 264 and a 738 series.

Notable games bowled well over an individual's average included Rick D'Addio with a game 79 over average, Pete Gorczok 54, Hedy Schamal 54, Regina Rabut 50, Jerry Roney 63, Joe Jingco 53 and Helen Bailey 59.

I believe the individuals comprising the top team Pin Poppers deserve individual recognition for staying in first place for 10 consecutive weeks. They are: Bob and Barbara Lingis and Nick and Louise Zoccoli.

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Genealogical Society

By Peter Parisi

A big "thanks" to Julia Hendrick and Jane Duckworth for the very informative educational presentation they gave on Feb. 18 on the website, www.learnwebskills.com, to assist beginners in researching their ancestry. It is a free interactive tutorial for beginner genealogists, consisting of six sections, which take you through the steps required to locate family history information and gather documentation to confirm the accuracy of that information. It gives you 26 different online websites to which

you can connect to obtain records on your ancestors.

During the second half of the session, Julia gave a presentation for those new to genealogy on the basic set-up and use of the Family Tree Maker program. As Julia mentioned, the next step is to start working with the Family Tree Maker program on your own and exploring the various free websites listed on learnwebskills.com, such as the Vital Records & Probate Records of many of the states listed. That is how you will learn to obtain the records on your ancestors.

On March 18, she continued showing us further capabilities of both the website, learnwebskills.com, and of the Family Tree Maker program. One of her comments is particularly important to remember. With Family Tree Maker, you want to "Make it your own!" Some of us will want to keep it

simple, others might want to import images and have more detail. Either way is fine because it is a personal preference.

The Genealogical Society now has an online website at the following URL address: www.otowgenealogicalsociety.shutterstock.com. This is a "work in process." There may be a few changes and revisions to it in the future. Check it out. Your feedback is welcome.

The Genealogical Society holds a business meeting at 10 a.m. the second Monday of every month in Meeting Room 3 of the Craft Building.

If you are a member of the Genealogical Society, you may browse through our library before and after our business meeting. These books and CDs may be signed out by members and brought home to assist you in doing your ancestral research. At the business meeting, we discuss what

members would like to have for upcoming genealogy presentations.

We also have educational presentations at 10 a.m. the third Monday of the month, from September to May, in Suites B and C in the Arbor Conference Center. For the next few months, Julia Hendrick, our educational chair, assisted by other members of the Genealogical Society, will be discussing websites for genealogy research along with doing presentations to provide a basic working knowledge for attendees of the "how to" in the use of the Family Tree Maker program.

We hope to see you at one of our meetings. Remember, our annual dues are only \$10 per person, \$15 per couple, so come to one of our meetings and see what we are all about.



Stamp Club

By David Groves

The Wednesday, March 6, meeting of our On Top of the World General Francis Marion Stamp Club featured club member and resident, Joe Rosinski, who gave us a very interesting and informative presentation on America's first post office in Antarctica.

On Oct. 6, 1933, the United States established a post office at the Little America base camp on the Ross Ice Shelf, Antarctica, and was officially closed on May 31, 1935.

Joe noted that behind the creation of this one-man post office was the President of the United States, Franklin D. Roosevelt, an ardent stamp collector.

According to a USPS historian, in a conversation with Admiral Byrd, President Roosevelt mentioned that stamp collectors around the world would really like having a commemorative cancellation from a U.S. post office in Little America and a special postage stamp for use exclusively on Little America mail.

The President also suggested the stamp's design - a navy blue and white stamp that featured a large globe, showing several of Byrd's flights, including those proposed for this expedition.

It was a three-cent stamp, but a 50-cent surcharge was added to the price of the stamp. This added cost didn't discourage

sales and during the brief life of the Little America Post Office, it received an estimated 240,000 letters!

This volume of mail overwhelmed the little post office. So, the U.S. Post Office assigned Charles F. Anderson to hand-cancel all of the covers.

Customers finally received their Little America post-marked covers when Anderson, the Byrd expedition, and all the mail returned to the U.S. in March 1935. Each envelope bears a hand-cancel on its front, which provides the reason for its delay.

Joe added, "Meanwhile, due to public pressure, the three-cent Byrd Antarctic Expedition II was sold to the public for national use without the 50-cent surcharge. Later on, it also was issued as a souvenir sheet."

If you are interested in stamp collecting or postal history, our club meets on the first Wednesday of the month at 1 p.m. and at noon on the third Wednesday in the second floor conference room of the Bank of the Ozarks on SW State Road 200 and the SW 90th Street entrance to On Top of the World.

Visitors are always welcome! Our annual membership dues are only \$6.

A monthly evening meeting is also held on the second Wednesday at 7 p.m. in the Queen of Peace Church Library.

www.OnTopoftheWorldInfo.com



Envelope and stamp sent from Little America, Antarctica.

For more information about our club, our stamp club brochure and/or a free "Guide to Stamp Collecting" kit, please contact club treasurer, Joe Rosinski, at 237-7366 or jrcr8850@embarqmail.com.

For a calendar of meetings, information on selling stamp collections and much more, please visit <http://ocalagfmstampclub.com>.



Original Karaoke Group

By George Quaranta

Yes, there are angels among us and right here at On Top of the World. Our karaoke singers take great pride in sharing their talent, while having loads of fun singing all the songs they've come to love through the years.

We now have a brand new karaoke system that makes us sound like super stars, but we were having a little problem with our speakers. We wanted to sound even better and then walked in our angel, Janet Leonhardt. She and her husband, Kenny, donated two Bose® speakers. Everyone knows the quality of Bose; our prayers were definitely answered. Thank you so much, Janet and Kenny, for the amazing gift, and thank you, Richie, for wiring them up for us.

Everyone is happy now with the way they sound. "America's Got Talent" has nothing on us. We all sound so professional. Bob, Rudy, Richie, and Jerry even auditioned for "The World Has Talent" show. Good luck to all of them!

Come and sound like a star yourself! Try out our new speakers, or just come to listen and join the fun. We meet at 7 p.m. on the second and fourth Monday, at the Candler Hills Community Center. For more information, call George at 873-9667.



Karaoke Friends

By Vivian Brown

Our Karaoke Friends were in great spirits as we sang the night away. Charlie, our super music man, came up with the idea that we all wear hats at our next meeting and sing a song that went with the hat. For instance, if you wore a cowboy hat, you would sing a country western song. We all agreed it might be fun. I will let you know next time how it all worked out.

Our singing stars for the month are Jerry, Kathy, Charlie, Vivian, Donnie, Shirley H., Tom, Shirley, Art, Catherine, Rich, Sindy, Bob, Norma, and Daryl.

If you like to sing or just like to listen, come join us, we love an audience. Until next time, God bless and keep on singing.

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Theatre Group

By Anne Merrick

In spite of having to postpone our original play for April, the Theatre Group Storyboard Committee has produced a new show for your enjoyment entitled, "Good

Good & Plenty

Health & Recreation Ballroom
Friday, April 12 &
Saturday, April 13, 7 p.m.
Sunday, April 14, 3 p.m.
Free

& Plenty." The show will have music and laughter with skits, jokes and songs based on the life of our residents.

Dick Phillips is MC of the show as well as performing in it. Dottie Berkowitz is our director and musical accompanist. The rest of the performers are Marilyn Bettinger, Emery Bjorkmann, Bob Cowie, Anne Merrick, Jim Merrick, Sue Veres and Annette Ware. You will see us on either Friday, April 12, Saturday, April 13, at 7 p.m. or Sunday, April 14, at 3 p.m. when the show is performed in the Health & Recreation Ballroom.

This is a free show with general seating, although a goodwill offering is appreciated to cover our costs and to put toward the scholarship we support at the College of Central Florida.

You will be laughing throughout the performance, so mark your calendars and be sure to come and see it. If you have any questions, contact Anne Merrick at 352-732-0706.



Photos by Mike Roppel

Marie Roppel was one of many raffle winners at the Women of the World Fashion Show and Luncheon.



Women of the World

By Sharon Tarolli

Many thanks to all of our members and guests who made our Fashion Show and Luncheon a huge success on Saturday, March 9. There were 368 ladies in attendance, and they all had an awesome time.

There was a lot of positive energy, laughing, and occasional groaning when the lucky number wasn't theirs. It was an incredible day with a lot of amazing women. All proceeds will go to Hospice of Marion County. President Carol Emrick presented an initial check to Connie Storms from Hospice of Marion County for \$2,000.

Nancy Grabowski, treasurer, announced that the basket raffle ticket sales alone will give an additional \$4,000 to this worthy organization. After all the accounting numbers are crunched, we will announce the final donated amount. We already know that it will be over \$6,000!

So much work was done by our members for this event and it showed. The decorating committee, headed up by April Pollard, made it look like we were at a beach in Hawaii.

Our models were dressed in gorgeous clothing from Belk. Stephanie Perkins, Belk's store manager, was the MC and did a great job with descriptions and cost of the ensembles. Stephanie also provided "goodie" bags from Belk for all in attendance. Our beautiful models did a fantastic job and looked like they were really enjoying themselves.

Our guests ate raspberry glazed chicken,

rosemary infused pork tenderloin, macaroni & cheese, vegetables, salad, and cheesecake prepared by The Gourmet Caterers.

We had over 80 baskets donated to us for the silent auction. The "nest egg" drawing gave one lucky winner a prize of \$450. We also had 31 "second chance" prizes that were donated by local businesses, ranging from food to fitness. There were a lot of happy winners leaving this affair.

We have to especially thank those who helped with set up, ticket sales, clean up, modeling, and our officers for going the extra mile so that everyone gets to enjoy this event. We can't forget our golf cart shuttle drivers: Mike Roppel, Henry Vieu, John Kreps, and Rod Emrick. Thanks to Larry Wilver (Uncle Larry) of the light and sound crew, who did a great job with our music, lights, and sound.

Next year, the fashion show will be held on March 8, 2014, in the Health & Recreation Ballroom. Plans are already in the works for an even better show, so mark your calendars!

The next meeting will be held in the Health & Recreation Ballroom on Friday, April 5. Pre-meeting social is at 12:30 p.m. with refreshments brought by our members, and the meeting will start at 1 p.m. Cammy Dennis, fitness director from On Top of the World, will be our guest speaker. Most of us work very hard to keep our bodies healthy as possible, but we don't think about our heads. She will explain simple and easy ways to keep our brains healthy and active, too.

Our charity for April is Interfaith Emergency Services. Donations of non-perishable food items, as well as hygiene products, are greatly needed. Cash donations will also be accepted.

Thanks again to all of you who make our world a better place. Have a great Easter!

Submitted by Carol Emrick



Cast of "Good & Plenty."

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After the classic cruiser festivities, cruise next door to Circle Square Cultural Center for an Elvis tribute artist competition (ticketed event).

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Red Hat Society

THE GLITZY GALLS: A special thank you to Marlene Kaiser and her helpers for the luncheon and country entertainment at the Red Hat event at the Arbor Club. Vondal Moore and the Crazy Kloggers provided the music and entertainment for all to enjoy. Plantation in Crystal River was the set-

ting for a luncheon and boat tour for Red Hatters. It was a most enjoyable time and many manatees were sighted and watched. The Women of the World Luncheon and Fashion Show was another outing for us. Several of our girls were the lucky winners of a basket and other prizes. The Fashion Show had a variety of spring and summer outfits in bright colors and prints. This month, our Project Hope activity was Easter basket items. As always, numerous items were provided for the children. Red Hat Day in The Villages is an upcoming event some of us will be including on our schedules. "May your spring be painted with colors of joy." *QM Mary Curry by Janet Wahl*

Singles Club

By Lorraine Serwan

After a wonderfully mild winter, the Singles Club is swinging into high gear with lots of activities in April. At our Thursday, April 11 meeting, we'll have a speaker from the Marion Therapeutic Association to inform us about the activities and services of this worthwhile association. Thursday, April 18 will be our delightful river cruise out of Dunnellon. This year, it will be a little different in that it will be

a sunset adventure. We'll have dinner first and then embark on our tour of the river. Cost is \$15 per person. Call Diane at 854-8152 for information or sign up at the April meeting. If you haven't toured the Ocala-Marion County Veterans Memorial Park, take time to go out there. It's a very worthwhile and inspiring experience. The tour guides are very knowledgeable. They even have golf carts for those who have trouble walking. Please join us on Thursday, April 11, at 2 p.m., in Suites B and C of the Arbor Conference Center for our monthly meeting. Bring a friend. We always welcome new members.



Computer Club

By Jeannie Maire

"In God we trust, all others we virus scan." - Author Unknown
Frequent checks of our website calendar are a must these days if you want to keep up with what is going on. If you didn't check the calendar last month, you may have missed two excellent guest speakers. The first, Robert Levin, spoke to us on Saturday, March 9 on where computing is going in the future. Looks like we will be seeing a lot of robots doing some fantastic things. On Friday, March 15, David Robinson, "The Computer Doctor," talked about safe surfing on the web, something every web user should know and practice. This month, on Saturday, April 13, we look forward to Bill Sanchirico's presentation on "Computer Care." It is important to know all the tricks of the trade if we want our computers to give us peak performance. On Saturday, May 4, Karen Fanta will give a presentation on "How to make Windows 8 look and feel like Windows 7." If or when you purchase a new PC, you will get

Windows 8, so Karen's information should be of interest to all current and future Windows users. The club's website provides a wide array of information and help to members. When did you last check out the "Hints and Tips" page, or the "Tech Help" page? Under "Presentations," you will find helpful training aids and how-to information on a variety of computer-related subjects. On our website, you can join or renew your membership, perform a speed test for your computer, see the daily weather for Ocala, find how to contact the club, and get information about our meetings. Here's an interesting note. According to a Softpedia review, Windows 9 is coming. Windows 8 is quite a new operating system that hit the market this past October and Microsoft is already working on two major upgrades. The reviewer says, "The first of them is reportedly called Windows Blue and may arrive as soon as this summer in the form of a Windows 8 upgrade available at absolutely no cost, while the second is the full Windows 8 successor, apparently baptized Windows 9. As usual, Microsoft doesn't talk about its future projects, so there's no confirmation on this, but sources familiar with the matter claim that Windows 9 will most likely see daylight next year." If you've never checked out the Softpedia Reviews website, you might find it interesting. Just type it into Google and see what you get. If you really want to keep up with the computer world, come to our meetings any Tuesday, Thursday, or Saturday, from 9 to 10 a.m. We meet in Suites B and C in the Arbor Conference Center and we welcome new members and guests.



OneBlood Bloodmobile

By Sara Sommer

The Big Red Bus will be in the Health & Recreation parking lot on Monday, April 1 from 7:30 a.m. to 3:00 p.m. As you can see from the date, this could be considered an infamous day. This is no joke. The good way to keep this day from becoming a hoax is to give blood. All donors receive a free t-shirt and will be entered into a drawing for a \$50 gift card. If you are new to donating or afraid, here are some things to consider. You should eat a good meal before you come. Plan to spend about 30 to 45 minutes on the bus. When you come in, you will be asked to sign in. Then you will need to show a photo ID to the registering person. You will be asked to fill out a questionnaire and then be interviewed by a screener. You will be given a mini physical to check pulse, blood pressure, temperature, and hemoglobin level. There is a needle involved, but the stick process is very short. The actual blood draw lasts for about five to 10 minutes. You will be given a snack and drink afterwards. If this does not answer all your questions, the staff is very knowledgeable. They can answer your questions and ease your fears. Just remember you are doing a great thing. This small sacrifice of your time is rewarded by helping at least three people. See you on the bus!



LadyBirds

By Liz Cruce

The LadyBirds met on Friday, Feb. 8 for their regular monthly meeting. We discussed our upcoming Valentine's Day dinner party, which was held on Saturday, Feb. 16. This turned out to be a lovely, delicious catered dinner and included entertainment for dancing with our own RC Flyers. LadyBird Diane Asner hosted the February luncheon at Horse and Hounds Restaurant on Silver Springs Boulevard. Those attending had a good time and the food was marvelous. Our speaker for February was Renee Richmond, manager for medical nursing at Munroe Regional Medical Center. Many of us heard her speak at the Women of the World meeting earlier in the year and each time we hear her speak, we learn so much about improving our health. Nancy Dreimiller arranged an exciting March outing with Captain Mike on the Withlacoochee River. Lunch was at Stumpknockers. We enjoyed seeing the birds, wildlife and learning about the history of the area but most importantly the camaraderie with the LadyBirds and their

RC Flyers. On Tuesday, March 5, at the Hilton Hotel in Ocala, 33 lovely LadyBirds celebrated our 10th anniversary with a luncheon that was mouthwatering. We had such a wonderful time with our fellow LadyBirds reminiscing about the past 10 years and how we have grown to be so close. All you LadyBirds who haven't signed up for this year are going to miss out on a fabulous 10th anniversary celebration the entire year. We have many activities planned. The spring Fly-In was on Saturday, March 23 at the On Top of the World RC Flying Field. The men worked very hard to get this all in order. The LadyBirds ran the canteen serving coffee and doughnuts in the early morning and hot dogs, hamburgers, chips and drinks throughout the event. There were RC Flyers from all over Florida and from Georgia and South Carolina. The men and, yes, some very young men (teens) and women have mastered the art of flying these planes as well as putting in the many hours of building and testing them for their flights. It was amazing to see the skills of all ages as they took off and flew through the sky with the greatest of ease and then if everything went well, they touched down on the landing strip. I will report on this event in the next issue of the World News. This LadyBird is off to the wild blue yonder flying higher and higher until next month.

POETRY
BY ON TOP OF THE WORLD RESIDENTS

Spring Welcome

By Annette Sharpe

Winter seemed so long and dreary,
Making all a bit more weary
Of heavy snow and wintry haze
Longing for bright sunny days.
Fireplace logs are nearly spent,
It's time that nature should relent
And give all some welcome relief,
With sun and rain and trees in leaf.

When the sun warms hills and plains
And earth is blest with welcome rains,
And the air is warm and fresh and clean,
And trees flaunt veils of misty green,
When signs of the season reappear,
With brooks running free and clear,
And crocuses raise their curious heads,
And buds appear in flowerbeds,
And we hear a song rising sweet and clear
From a robin announcing that it's here,
We'll welcome spring, with joy, this year.

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Native Plant Group

By Ron Broman

The picture above shows Joe Hilchey, President of the Woodworking Group, behind the sign he made and installed for the Native Plant Group. Actually, he made two of them. Thank you, Joe.

The sign says, "Arboretum." So what is an arboretum and where are the signs? The Oxford dictionary states that an arboretum is a place where trees are grown for study and display – our exact purpose for creating it. Our arboretum is located behind the Arbor Conference Center. The pictured sign is located behind Suite A and points down the length of the building to the other sign, which is visible from Suite H. The planted trees are designated "native" since they are found naturally and grow well in

certain habitats of Florida. This is not the best time of year to view the trees as they are all bare, but spring is here, and in a few weeks they will be getting their leaves and will be easier to identify. Now you identify some of the trees by their bark or the shape of their limbs.

The trees on either side of the sign are perfect examples. The Winged Elm (*Ulmus alata*), directly behind the sign, has little "wings" growing along its branches. This is a medium-sized tree that grows well in a variety of soils. It is doing very well behind the Arbor Conference Center so it will probably like your yard. It won't do as well in complete shade, but if you have partial or full sun, give it a try.

The River Birch (*Betula nigra*), located to the left of the sign (not pictured), is easily recognized by its peeling bark and several small trunks growing from one root ball. It will grow in well-drained soil as well as along riverbanks. It's also a medium-sized tree that should complement anyone's yard.

Some of the other trees that were planted in the open area and should be recogniz-

able once the leaves come out, are the Florida Maple and the Sweetgum. Down at the other end of the arboretum, near the Native Plant Garden, are a few small Redbud trees. Nearby, under the pines, is an open space where we planted some shade-loving trees, including a Flowering Dogwood, Arrowwood and Pipestem.

When you are at the Arbor Conference Center for a meeting, please take a few minutes to check out our arboretum. Or join us on one of our outings to learn more about Florida native plants. We maintain the Native Plant Garden on the first Wednesday, the Longleaf Pine Trail on the third Wednesday, and the traffic circle on SW 94th Street and 89th Court Road on the fourth Wednesday of the month – all at 8:30 a.m.

Our monthly meeting is on the second Wednesday at 1 p.m. in Suite H of the Arbor Conference Center. This month, we will have a garden tour instead of a meeting. We'll be visiting one or two of our members' home gardens. If you want ideas on using native plants in your yard, you are



Photo by Anne Merrick

Joe Hilchey behind the sign he made and installed for the Native Plant Group.

welcome to join us.

Submitted by Melanie Vittitov



Art Group

By Anne Merrick

We have a huge thank you to give to Norman and Debbie Thompson who have donated a large amount of high quality art materials to our group, from canvases and frames to easels, paints, inks, pens, pencils, and wonderful books. We have shared

this amongst the group and kept some for general use. The books are in our library. Thank you so much for giving us Norman's brother's art supplies. We will think of you as we put them to good use.

Maurits Cornelis Escher, commonly known as M.C. Escher, was a Dutch graphic artist born in Leeuwarden, The Netherlands, in 1898. He was not a good student in school but he knew how to draw so he switched from studying architecture to decorative arts. He is known for his often mathematically inspired woodcuts, lithographs and mezzotints, which feature impossible constructions, explorations of in-

finity, architecture and tessellations.

The lithograph done in 1948 of "Drawing Hands" illustrates the conflict between the flat and the spatial, which he writes about in his book, "The Graphic Works of M.C. Escher." Escher says, "Our three-dimensional space is the only true reality that we know. The two-dimensional is every bit as fictitious as the four-dimensional, for nothing is flat, not even the most highly polished mirror. And yet we stick to the convention that a wall or a piece of paper is flat and, curiously enough, we still go on as we have done since time immemorial, producing illusions of space on just such plane surfaces as those. Surely it is a bit absurd to draw a few lines and then claim, "This is a house.""

This man was indeed ahead of his time in the remarkable way he thought and his creativity and precision was and still is unique. His work is some of the earliest I was exposed to and still remains a favorite.

Don't forget to go to the "Hands Across the Highway" art exhibit at the Circle Square Cultural Center on Saturday, April 13. Some of our members will be exhibiting their works.

We meet to paint on Thursday and Saturday mornings in the Art Studio in the Craft Building. For more information, call Anne Merrick at 352-732-0706.



Rubber Stamp Greeting Cards

By Linda Lohr

Our presenter on Thursday, March 7 was Ellie Richards who demonstrated three beautiful cards. She provided the materials for an Easter card, birthday card and sympathy card. Everyone enjoyed her presentation and the great cards. We thank Ellie for her generosity and creativeness.

Our group is open to all crafters, beginners or those more experienced. One or two people do a presentation each month. The group usually meets the first and third Thursdays of the month, unless the demonstrator requests other arrangements. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, please call Kathy at 237-6439. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!

10th Annual

Art Expo

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10 am - 1 pm

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D'Clowns

By Mike Roppel

D'Clowns had a great turnout to help the residents at Quiet Oaks celebrate Mardi Gras on Feb. 12. We met at the Health & Recreation Building at 3 p.m., for the 3:30 p.m. gig. Sunflower had a trunk full of items we use to entertain the residents.

In March, we visited TimberRidge Rehabilitation & Nursing Center to watch and help residents and preschool children do crafts. Juice and cookies were provided just before leaving. We also painted faces at the PAAS Eggstravaganza event at Tusawilla Park and visited Hawthorne Village to walk around the facility in our clown costumes to bring some cheer to the residents.

Contact Sunflower (Paula Magen) for more information about D' Clowns.



Photo by Mike Roppel

Dazy Dew Rite (Janis Brennan) is offering homemade pizza to residents at Quiet Oaks.



Sewing Bees

By Linda Lohr

The cooler weather is still here and we are still "busy little bees" making our comfort kits for local children.

We recently delivered 20 quilt kits to the Homeless Children & Youth Program. The quilts will be distributed to those children who are in school but are homeless at this time.

We welcome several new members: Jackie Tanner, Marlene Zink, Terry Bartel and Barbara Broadbent. Their machines have been very busy!

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Room, 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use!

Please contact Marcy 854-1181 or Lee-Ann 854-7205 for more information. As always, the children and we thank you for all your support.



Artistic Crafts & Gifts

By Loretta Troutman

Spring, beautiful spring. Our thoughts go to all that is new, beautiful and inspiring. I have just learned about a traditional spring custom practiced in the Ukraine.

Easter is the most important holiday of the year there. Decorating eggs is done in celebration of the new beginning going back 2000 years. This is called pysanky. It is believed that the egg possesses great power. The more colors used in the process of decorating the egg, the stronger the power the egg will possess.

With little change over the years, the practice is handed down from mother to daughter. Children are taught to do pysanky at an early age.

Our artist, Shirley Kilpatrick, does pysanky very artistically. She loves doing the exotic designs. I was intrigued by the information about pysanky written by the person who taught Shirley the art. Some of our crafters also expressed an interest in learning the art and hope that Shirley will have time to teach those interested.

The next time I write will be for our May issue. Our regular schedule of setting up our craft displays in the Health & Recreation Ballroom every Tuesday will end Tuesday, May 28, as we will go on our sabbatical at that time. We will return to our regular weekly schedule on Tuesday, Sept. 3 in the Health & Recreation Ballroom from 9 a.m. to noon.



Ocala Clown Express

By Carol & Guy White

April showers bring May flowers! After a very busy and productive year, it's time for Ocala Clown Express to wind things down.

Hospital clowning is in full swing at the moment and will be throughout April and May. We are always in need of hospital clowns. Do you want to learn how to use a puppet? Have you yearned to ride a scooter?

Yes, our clowns do all of that for the Munroe Regional Medical Center/Marion County School System Safety Program. Each week, we help unload the school bus that transports first grade children to the

Munroe Regional Medical Center auxiliary building. The children learn safety tips. For example, do not play with matches, how to ride a bike and scooter safely, don't talk to strangers, and fire safety.

It takes a team to keep this program going. Puppets do a great show! We will teach you how to be a clown volunteer in our safety program and the art of clowning and clown makeup.

We do gigs during the year for the Marion County School System, Marion County Sheriff's Office, Hospice of Marion County, cancer walks and other charitable organizations. We do ballooning, face painting, and tattoos for those gigs.

During the summer months, we can groom you to be ready for our September program. One of our clowns in training just became a regular clown. Congratulations to Ditzzy. Charlotte Erickson did a great job in completing her clown-training program. Sparkles is a clown in training.

We held a balloon training class in Feb-

ruary and a face painting class in March. Training is an on-going program for Ocala Clown Express. If you are interested please call our Ocala Clown Express President Carol White (aka Dotsy) at 873-9223 or Secretary Marge Cordasco (Rosy Nosy) at 291-0077.

We love training new clowns! We will be doing our hospital Safety Program on April 11, April 18, May 2 and May 9. If you are serious about becoming a hospital clown, we would love you to attend and watch us. It starts at 10 a.m. You could see us "in action." Please call and make a reservation at 873-9223 or 291-0077 if you are interested.

Submitted by Marge Cordasco

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BRIDGE

Monday Afternoon

By Shirley Stolly & Carol Johnson

Feb. 11

1: Joan Lord & Eleanor Giardina; 2: Carol Johnson & Bill Walker; 3: John & Marie Fiorillo.

Feb. 18

1: Esther Lang & Phyllis Bressler; 2: Florence & Norbert Heckler; 3: Mary & Bill Walker.

Feb. 25

1: John & Marie Fiorillo; 2: Marge Starrett & Joyce Walchak; 3: Kay Boland & Ed Methena.

March 4

1: Joyce Walchak & Marjorie Starrett; 2: Betty Morris & Fran Griswold; 3: Marjorie Benton & Caryl Rosenberger.

Monday Night

By Kathie & Art Dushary

Most of our players are seasoned beginners to intermediate level players. You do not need to sign up ahead of time or have a partner. Just come to the Card Room by 6:20 p.m. as we start at 6:30 p.m. We usually have six to eight tables.

Feb. 4

1: Miriam McNeilly; 2: Al Kremer; 3: Myra Butler; 4: Phyllis Bressler; 5: Gail Tirpak.

Feb. 11

1: Peggy Borro (4300); 2: Ray Wilson; 3: Bernie Kelly; 4: Fran Griswold; 5: Mildred Lane.

Feb. 18

1: Shirley Stolly (4620); 2: Peggy Borro; 3: Don Sprague; 4: Linda Sprague; 5: Ron McNeilly.

Feb. 25

1: Paul Agawal (4780); 2: Fran Griswold; 3: Gail Tirpak; 4: Shirley Stolly; 5: Myra Butler.

Tuesday Afternoon

By Agnes LaSala

Feb. 5

1: Gloria Richards & Mary Rose Janssen; 2: Linda & Don Sprague; 3: Betty Morris & Shirley Stolly.

Feb. 12

1: Bernie Kelly & Sharon Davis; 2: Florence & Norbert Heckler; 3: Agnes LaSala & Agnes Weber.

Feb. 19

1: Betty Morris & Shirley Stolly; 2: Don & Linda Sprague; 3: Millie Farrell & Mazie Millward.

Feb. 26

1: Norbert & Florence Heckler; 2: Mazie Millward & Millie Farrell; 3: Bernie Kelly & Sharon Davis.

Tuesday Night Dup

By Doris Keathley

Feb. 5

1: Rose O'Rourke & Rita Smyth; 2: Ernie & Joan Lord; 3: Katie White & Dan Lack; 4: Mary Carol Geck & Doris Keathley.

Feb. 12

1/2 (tie): Rose O'Rourke & Rita Smyth and Ernie & Joan Lord; 3/4 (tie): Mary Carol Geck & Doris Keathley and Bill & Ida Carlson.

Feb. 19

1: Bill & Ida Carlson; 2: Carol Rosenberger & Ida Rosendahl; 3: Katie White & Kathie Dushary; 4: Ernie & Joan Lord.

Feb. 26

1: Bruce & Marjorie Benton; 2: Bill & Ida Carlson; 3: Ernie & Joan Lord; 4: Mary Carol Geck & Doris Keathley.

Thursday Afternoon

By Marge Starrett

Feb. 7

1: Sharon Davis; 2: Nancy Clarkson.

Feb. 14

1: Florence Heckler; 2: Mazie Millward; 3: Agnes LaSala.

Feb. 21

1: Joyce Walchak; 2: Marge Starrett; 3: Florence Heckler.

Feb. 28

1: Florence Heckler; 2: Agnes LaSala.

Thursday Night

By Jan Moon

Feb. 7

1: Jack Martin; 2: Joan Sigafoos; 3: Rich Fluet; 4: Marian McNeilly; 5: Fran Griswold.

Feb. 14

1: Bob Durst; 2: Myra Butler; 3: Mary Culberson; 4: Shirley Stolly.

Feb. 21

1: Vern Siben; 2: Dick Griswold; 3: Rich Fluet; 4: Bob Durst; 5: Howard Sale.

Feb. 28

1: John Mitoka; 2: Rich Fluet; 3: Don Sprague; 4: Howard Sale; 5: Mildred Lane.

CRIBBAGE

Friday Night

By Rose Marie Postin

Feb. 1

1: Phyllis Wandery (perfect score); 2: Mary Lou Chamberlain; 3: Frank Chamberlain; Cons: RoseMarie Postin.

Feb. 8

1: Anne Jagielski; 2: Mary Ehle; 3: Norma Yonke; Cons: Herb Postin.

Feb. 15

1: Poppy Kalen; 2: RoseMarie Postin; 3: Marvin Durham; Cons: Margie Saxon.

Feb. 22

1: Norma Yonke; 2: Marvin Durham; 3: Alberta Sarris; Cons: Luke Mullen.

EUCHRE

Friday Night 4 Fun

By Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all. For more information, call Irene at 873-4173.

Feb. 1

1: Pat Snable (out of 19); 2: Walter Hickenlooper; 3 (tie): Barbara Engleman & Phyllis Wall; 4 (tie): John Wall & Edith Kolb; 5: Verna Harsh.

Feb. 8

1: Joan Sigafoos (out of 19); 2: Irene Pisani; 3: Bev DeBusschere; 4 (tie): Bill Eberle; Marie Marquis, Betty Legg & Edith Kolb; 5 (tie): Rich Miles & Verna Harsh.

Feb. 15

1 (tie): Irene Pisani & Rich Miles (out of 20); 2 (tie): Mary Bartel & Walter Hickenlooper; 3: Bill Eberle; 4 (tie): Joan Sigafoos & Gayle Argano; 5: Bev DeBusschere.

Feb. 22

1: Nancy Kowsky (out of 27); 2 (tie): John Wall & Phyllis Wall; 3: Joan Sigafoos; 4: Bob Gorman; 5 (tie): Rich Miles, Walter Hickenlooper & Gayle Argano.

March 1

1: Pat Snable (out of 26); 2: Buck Chaillet; 3: Bill Eberle; 3 (tie): Walter Hickenlooper; Shirley Stolly & Richard Bartel; 4: Bev DeBusschere; 5: Cleona Redman.

March 8

1 (tie): Richard Bartel, Jean Gillette & Shirley Stolly (out of 23); 2: Mary Bartel; 3: Nancy Kowsky; 4 (tie): Gitte Agarwal & Bob Gorman; 5 (tie) Linda Sprague, Larry Bertrand & Jean Silver.

Friday Night

By Joe Askenase

Feb. 15

1: Marcy Askenase; 2: Jean Keegan; 3: Bridget Hughes.

Six Handed Game

1: Maria France; 2: Virgil Taylor; 3 (tie): Shirley & Lou Fisher; 4: Annette Taylor; 5: Viola Horton.

Feb. 22

Four Handed Game

1: Marcy Askenase; 2: Virgil Taylor; 3: Vi Horton; 4: Annette Taylor.

Five Handed Game

1: Lou Fisher; 2: Bridget Hughes; 3: Shirley Coe; 4: Maria France. Mar. 8

Three Handed Game

1: Viola Horton; 2: Annette Taylor; 3: Marcy Askenase.

Four Handed Game

1: Maria France; 2: Lou Fisher; 3: Bridget Hughes.

PINOCHLE

Tuesday Night

By Alberta Sarris

Arrive at 5:45 p.m. to start play at 6 p.m.

Feb. 5

Single Deck Winners

1: Jim Cavanaugh; 2: Gayle Argano; 3: George Dertinger.

Double/Triple Deck Winners

Tables 1: Vera Harsh & Jim Mazzotta; 2: Ilse Kersey & Norma Yonke; 3: Jim Keller & Joe Scrivo.

Feb. 12

Single Deck Winners

1: Audrey Bartolotta; 2: Eva Mazzotta; 3: Walter Hickenlooper.

Double/Triple Deck Winners

Tables 1: Ilse Kersey, & Vi Horton; 2: Jerry Dean & Virgil Taylor.

Feb. 19

Single Deck Winners

1: Gayle Argano; 2: Kathleen Pinto; 3: Betty Legg.

Double/Triple Deck Winners

Tables 1: Verna Harsh & Sue Kelley; 2: Ilse Kersey & Lee Topf; 3: Jim Hein & Virgil Taylor.

Feb. 26

Single Deck Winners

1: Eva Mazzotta; 2 (tie): Walter Hickenlooper & Larry Hartman; 3: Edna Frye.

Double/Triple Deck Winners

Tables 1: Jimmy Mazzotta & Alberta Sarris; 2: Jim Hein & Jim Keller.

Thursday Night

By Mildred Ferrell

Please join us each Thursday at 6 p.m. in the Art Room of the Craft Building. It is a great way to make new friends, who enjoy a friendly competitive game of Pinochle. Hope to see you there.

Jan. 31

1: Al Novotny; 2: Ilse Kersey; 3: Walter Hickenlooper.

Feb. 7

1: Maria Kineberger; 2: Edna Frye; 3: Walter Hickenlooper.

Feb. 14

1: Kathleen Pinto; 2: Walter Hickenlooper; 3: Jim Cavanaugh.

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Opera

By Bernie Kelly

In March, the class had the opportunity to study the opera "Andrea Chénier" by Umberto Giordano. We had a good turn out and everyone is looking forward to "La fille du régiment," which will close our season.

Gaetano Donizetti who composed "La fille du régiment" lived Nov. 29, 1797 to April 8, 1848. He was the youngest of three sons born into a very poor family whose father was the caretaker of the city pawnshop. There was no history of music in the family but Gaetano did get some instruction from a German composer famous in his day. He received a full scholarship at Lezioni Caritatevoli in Bergamo and it was there that he launched his opera-composing career.

After writing nine operas, Donizetti finally made an impression with Zoroid di Granata so that Domenico Barbaia, a prominent theater manager, gave him a contract to compose in Naples.

For the next several years, he continued to compose while living in Naples as well as Rome and Milan. His operas were successful, but his first blockbuster came in 1830 with "Anna Bolena," which was not simply a hit in Italy but went international. Like quite a few of his operas, it has been rediscovered today so that it is out on DVD and in production in some companies around

the world. In 1832, Donizetti composed one of his most popular operas, "L'elisir d'amore," which is a staple in the repertory of The Met and many of the companies throughout the world. It is considered to be a masterpiece in the opera buffa genre. He followed this success with "Lucrezia Borgia," which was another international hit. However, it was only after writing 13 more operas that he wrote his next masterpiece, "Lucia di Lammermoor."

From the age of 19, when he wrote his first opera until 1845, when he was 46, he composed at least 57 operas and 19 quartets, nine concertos, mostly for flute, as well as full orchestra works and several 100 songs. To say that he was a prolific composer is an understatement.

In April, our opera, "La fille du régiment," was written in French and debuted at the Paris Opéra-Comique in 1840 and later in the year it was performed at La Scala. Luciano Pavarotti's fame may have started after his sailing through the famous tenor aria with nine high Cs with no strain. Our tenor is Juan Diego Flórez who was so impressive at La Scala that he broke the 74-year-old embargo when he sang an encore.

We are going to see a performance from Covent Garden recorded in high definition in 2007. Natalie Dessay sings Marie and the Royal Orchestra is conducted by Bruno Campanella.

This is our final meeting of the year and I hope all our members can be there in Meeting Room 3 of Craft Building, at 1 p.m., on April 4. All residents are welcome to come to the class.



Concert Chorus

By Bill Shampine

Today's musical trivia fact is about the length of a song. Did you know that the longest recorded piece of music is by a band called Bull of Heaven? The playtime of the song, The Chosen Priest and Apostle of Infinite Space, is in excess of two months. In addition, a current project called "Long-player" is attempting to create the world's longest song. This song is set to last almost 1,000 years; plans are that it will come to its conclusion just before the year 3000. The Concert Chorus promises you that we will never sing a song that long!

We want to do a great job for you at our Sunday, April 21 "Rhythm in America" show, so we continue to rehearse. However, we do not mind the rehearsal time because we all love to sing. The music for this concert is a bit more difficult than many of the songs we have done in the past, but Christine Douglas, our director, is doing a fantastic job teaching us the subtleties of the music. You need to "Come On Down" and listen to some of your old favorites by Hoagy Carmichael or Cole Porter.

As usual, if you think you might be interested in joining the chorus, we always are looking for new talent, although it is too late to sing in the April concert. Rehearsals are at the Arbor Club every Tuesday, from 9:30 to 11:30 a.m. For more information,



Photo by Bill Shampine

Tina Redman

please call Joan Stenson at 873-0340

Our featured chorus member today is Tina Redman who was born in New York City. After graduating from college, she worked for the New York Telephone Company for 25 years. Retiring in 1985, she moved to Myrtle Beach, S.C. She enjoyed her time there, but finally decided to move to On Top of the World in February 2007. An alto with a lot of singing experience, she is a great addition to the chorus. Tina sang in the Carolina Master Chorale for 20 years, with the Sweet Adeline International group for 20 years, three years with our chorus, a half-year with the Central Florida Master Choir, two years with The Bubbles and the Young At Heart quartet. She is an excellent singer, and we are pleased to have her sing with the troupe.



View From The Library

By B.J. Leckbee

Ah, the romance novel. What a great get-a-way from daily life. The plots tend to follow a pattern: man and woman meet. At first, they might not click, but love slowly blooms. Then, a crisis develops. They break up. Sad times follow. But all is not lost. The truth wins out, as does love.

According to the Romance Writers of America organization, the main plot of a romance novel must revolve around the two people as they develop romantic love for each other and work to build a relationship together. The story must also have an optimistic ending.

Many writers have earned a good living selling romance novels, but no one has been as successful or as enduring as Danielle Steel. She is considered to be the best-selling author alive and the fourth bestselling author of all time, with more than 800

million copies sold in 28 languages. Her first novel, "Going Home," was published in 1972. It became a best seller, and every one of her novels has hit bestseller lists in paperback. Those that have been released in hardcover have also been best sellers.

She has developed the ability to write multiple books at a time and has published as many as four in one year. While raising her children, she wrote primarily at night and sacrificed sleep to do so.

Steel builds her stories around relationships and crises involving serious consequences. Where does she get her ideas? Possibly from her own life experiences.

She married and divorced five times. Her first husband was a banker; her second she met when he was in prison, and he was imprisoned again after they had begun their relationship. They married in the prison canteen. Number three was a drug addict. Her fourth husband, a vintner, fathered five of her seven children. Number five, a financier, remained her husband for only four years.

Many of Steel's romance novels are available in our library. Based on their disappearance and reappearance on the shelves, it seems they are as popular with our residents as they are with the rest of the world.

Rhythm in America
Health & Recreation Ballroom
Sunday, April 21, 3 p.m.
Free



American Jewish Club

By Carol Aronoff

It must be spring. Daylight Saving Time is here, and the days are surely getting longer. It won't be long until summer arrives. Until then, we have some very interesting events coming up.

In March, we welcomed Pat Gabriel of the SR 200 Coalition. Our lunch bunch went to the Braised Onion, which was fun and tasty.

Our meeting on April 21 will start at 12:30 p.m., because we are going to have our first ever free ice cream social with all the trimmings. It should be lots of fun.

On April 24, we will touring the Golden Flake Snack foods factory. Lunch bunch will follow the tour at Horse & Hounds Restaurant on SW 80th Avenue and Highway 27. Sign up list and driving instructions will be available at the meeting. The board is also going to ask for nominees for our 2013 elections. Stand up and be heard. We need new blood for our board and committees.

At our closing meeting on May 19, we will not have a potluck. It's time for a change. Instead of everyone cooking, we will have a surprise for you. It's time to honor the mothers (and fathers) on their day. Plus on May 8, we are going on our last trip of the season to the Marion County inmate farm. The lunch bunch will follow.

Please remember Renee Filzer if you need a card for someone, and please, do not forget to bring a canned food with you for Interfaith Emergency Services. Just drop it by the door.

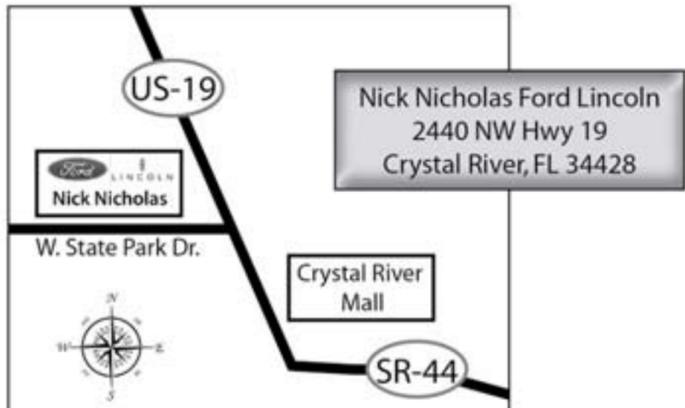



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CLUB MEETINGS

Weekly Monday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Mixed Tennis Doubles	HRCT
	Water Walk	ACIP
	Men's Softball	SBF
	RC Flyers Club	FF
	R.O.M.E.O. Club	WD
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
	Ceramics (until 2 p.m.)	Art
	Ladies Billiards	PLR
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Tennis Doubles	HRCT
	Tai Chi	ACF
	Ladies Billiards	PLR
	Open Pool Time	ACIP
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Bridge	CR
	Aqua Belles	ACIP
12:45	Line Dance (Sept.-Dec.)	HRB
1:00	Dominoes	CC:H
1:30	Line Dance	ICC
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	OTOW League Bowling	AMS
3:00	Improver+ Line Dance	HRB
4:15	Beginners Line Dance	HRB
5:00	Mah Jongg	CC:A
5:30	Newcomers Line Dance	HRB
6:00	Table Tennis	CC:D
	Men's Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Mah Jongg	ICC

First Monday

7:30	One Blood (Even # Months Only)	PL
9:00	LifeSouth Blood (Odd # Months Only)	PL
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
4:00	Billiards	Art
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
	Sunshine Singers	HRB

Second Monday

10:00	Genealogical Society Business Meeting	MR3
2:00	Bowling League	AMFW
5:00	Positive Thinkers Club	CC:B
7:00	Theatre Group	CC:E,F
	Original Karaoke Group	CCC

Third Monday

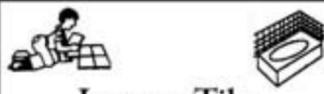
10:00	Genealogical Society Workshop	CC: B&C
1:30	D'Clowns	CC:B,C
	Raw Food Club	CC:B,C
6:30	Sunshine Singers	HRB

Fourth Monday

3:00	Community Patrol	CC:B,C
5:00	Metaphysical Club	CC:B,C
7:00	Original Karaoke Group	CCC

Weekly Tuesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	Arts & Crafts	HRB
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
	Ladies Golf Assoc. 9-Hole	



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Meeting Location Codes

AC	Arbor Club	HRB	Health & Recreation Ballroom
ACF	Arbor Club Fitness	HRCT	Health & Recreation Tennis Courts
ACCT	Arbor Tennis Courts	HRF	Health & Recreation Fitness Center
ACIP	Arbor Indoor Pool	HRP	Health & Recreation Pool
ACOP	Arbor Outdoor Pool	ICC	Indigo East Community Center
Art	Art Studio	MGC	Miniature Golf Course
AMFW	AMF Galaxy West Lanes	MR2	Meeting Room 2
BCT	Bocce Courts	MR3	Meeting Room 3
BO	Bank of the Ozarks	PAV	Pavilion
CC	Arbor Conference Center	PL	Health & Recreation Parking Lot
CCC	Candler Hills Community Center	PLR	Poolroom
CCR	Candler Hills Card Room	RCT	Racquetball Courts
CLC	Computer Learning Center	SBF	Softball Field
CSCC	Circle Square Cultural Center	WD	Winn-Dixie
CR	Card Room	WW	Wood Shop
FF	Flying Field		
GC	Golf Course		
HR	Health & Recreation Building		

To make changes, call the Activities Office at 854-8707, Ext. 7530 or 7533

	(May-Oct.)	GC
8:30	Ladies Golf Assoc. 18-Hole Racquetball	GC
	Ladies Golf Assoc. 9-Hole (Nov.-April)	GC
9:00	Computer Club	CC:B,C
	Shallow Water Fitness Class	ACIP
	Hand & Foot Canasta	CR
	Woodworking	WW
	Horseshoe League	HRCT
	Arts & Crafts	HRB
	Sunshine Quilters	Art
	Knit Wits	MR2
9:30	Concert Chorus	AC
10:00	Yoga	ICC
	Open Pool Time	ACIP
10:30	Horseshoe League	HRCT
	Walleyball	HRCT
11:00	Open Pool Time	ACIP
Noon	Men's Poker	MR3
	Cybex Orientation	HRF
	Mah Jongg	CC:A
12:30	Bridge	CR
	Open Pool Time	ACIP
1:00	Badminton	RCT
	Ballet Club	ACF
	Shuffleboard (Sept.-April)	HRCT
	Crochet Club	ICC
3:00	ShutterBugs	CC:B,C
	Chess Club	MR2
5:00	Mah Jongg	CC:B
	Table Tennis	CC:D
	Poker	CC:G
5:45	Mah Jongg	CC:B
	Sidekicks Western Dance	HRB
6:00	Pinochle	MR3
	Poker	CCR
6:30	Duplicate Bridge	CR
	Mah Jongg	MR2
	Circle Squares	AC
7:00	Mixed Poker	CC:H

First Tuesday

8:00	Men's Golf Assoc.	CC:A
10:30	Shuffleboard (Sept.-April)	CC:H
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
1:00	Sunshine Quilters Business Meeting	Art
2:30	Italian American Club	CC:E,F
6:30	JB Poker Club	CC:E,F
	Indigo East Girls Bunco	ICC

Second Tuesday

8:00	Citizens Emergency Response Team	CC:E,F,G
10:00	Sunshine Quilters	Art
11:30	Ladies Golf Assoc. 18-Hole (Oct.-April)	HRB
1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
6:45	Game Night	ICC
7:00	Lions Club	CCC

Third Tuesday

10:00	Sunshine Quilters	Art
5:00	Caribbean Club	ICC

Fourth Tuesday

8:00	Citizens Emergency Response Team	ICC
	Sunshine Quilters	Art
10:00	Sunshine Quilters	Art
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
12:30	Scandinavian Club	CC:E,F
3:30	Alpha Investment	Art
	Lions Club	CCC

Weekly Wednesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Men's Golf 18-Hole	GC
	Men's Softball	SBF
	RC Flyers Club	FF
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
	Tip Top Tappers	HRB
9:30	Fun with Ceramics	Art
10:00	Tai Chi	ACF
	Open Pool Time	ACIP
10:30	Pool Closed for Cleaning (until 11:30 a.m.)	ACIP
Noon	Ladies Poker	MR3
	Mah Jongg	CC:A
12:15	Bridge	CR
12:30	Japanese Bunka	CC:B
	Aqua Belles	ACIP
1:00	Mah Jongg	ICC
1:30	Shuffleboard (Sept.-April)	HRCT
2:30	Scrabble Club	CC:H
5:30	Bingo	HRB
6:00	Men's Poker	MR3
6:30	Circle Squares	CC:E,F

First Wednesday

8:30	Ladies Golf Assoc. 18-Hole	CC:B
9:00	Model Railroaders	MR3
9:30	Travel Toppers	CC:A
1:00	General Francis Stamp Club	BO

Second Wednesday

1:00	Native Plant Group (Oct-April)	CC:H
3:00	Pennsylvania Club	CC:E,F

Third Wednesday

12:30	Bunco	CCC
1:00	General Francis Stamp Club	BO
6:40	Bunco Club	CC:G

Fourth Wednesday

6:30	Tall Travelers RV Group (No mtgs Dec, June-Sept)	CC:B,C
7:00	Mystery Book Club	CCR

Weekly Thursday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	Fun Time Cloggers (Sept.-June)	HRB
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Racquetball	RCT
9:00	Art Group	Art
	Shallow Water Fitness Class	ACIP



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	Woodworking	WW
	Computer Club	CC:B,C
	Candler Hills Ladies Golf Assoc. 9-Hole	CG
	Candler Hills Ladies Golf Assoc. 18-Hole	GC
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Open Pool Time	ACIP
10:30	Walleyball	HRCT
	Mah Jongg	CC:A
12:30	Sewing Bees	Art
	Bridge	CR
1:00	Badminton	RCT
	Ballet Club	ACF
	Table Tennis	CC:D
	Games, Games, Games	ICC
3:00	Western Stars Bowling	AMF
5:30	Card Game	CC:B
6:00	Men's Poker	MR3
	Pinochle	ART
	Poker Night	CCC
6:15	Mah Jongg	CCR
6:30	Bridge	CR
7:00	Cards	ICC
	Mixed Poker	CC:H
	Circle Squares	CC:E,F
	Card/Game Club	CC:G

First Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	Opera Appreciation	MR3
5:00	Southern Club	HRB

Third Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	New England Club (Oct-May)	AC

Fourth Thursday

6:00	Democratic Club	CC:E,F
6:45	Game Night	ICC

Weekly Friday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Racquetball	RCT
	Women's Bible Study (Oct-May)	CC:A
	Tai Chi	ACF
	Tai Chi	ICC
	Open Pool Time	ACIP
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Aqua Belles	ACIP
1:00	Table Tennis	CC:D
5:00	Cribbage	Art
6:00	Nickel/Nickel	MR3
	Euchre 4 Fun	CC:A
6:45	Euchre	MR2

First Friday

10:00	Embroidery Chicks	CC:B,C
1:00	Women of the World	HRB

Second Friday

8:30	RC Ladybirds	CC:B,C
1:00	Mexican Train	CC:H
7:00	Republican Club	CC:E,F,G

Fourth Friday

10:00	Embroidery Chicks	CC:B,C
1:00	Mexican Train	CC:H

Weekly Saturday

8:00	Mixed Tennis	HRCT
	RC Flyers Club	FF
	Pickleball	HRCT
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Woodworking	WW
	Art Group	Art
10:00	Mixed Tennis	HRCT
	Tip Top Tappers	HRB
	Yoga	ICC
1:00	Table Tennis	CC:D

Weekly Sunday

9:00	Racquetball	RCT
	Woodworking	WW
9:30	RC Flyers Club	FF
Noon	Mah Jongg	CC:A
1:00	Hand & Foot Canasta	CR
	Table Tennis	CC:D
5:00	Sidekicks Western Dance	AC
6:00	Pickleball	HRCT
7:00	Mixed Poker	CC:H

Second Sunday

6:00	Movie of the Month	HRB
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Third Sunday

2:00	American Jewish Club	CC:E,F,G
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Ballroom Dance Club

By Richard P. Vullo

The "Dancin' On the Top" committee of the Ballroom Dance Club will hold its last dance of the season on Saturday, April 6, at the Health & Recreation Ballroom. It will be a spring dance theme and the entertainer will be Karen Hall. Complementary coffee and sweets will be provided during the dance. Dress is ballroom dance casual. Ticket price is \$8 per person. Seating is limited. For more information, please call Gene Melnick at 304-8293 or Paul McIntyre at 873-2873.

Our schedule of dances for the 2013/2014 season are as follows: Sept. 21 with Solid Gold, Nov. 16 with Karen Hall, Dec. 31 with Automatic, Feb. 15, 2014 with Karen Hall and April 19, 2014 with Automatic.

In April, we continue our ballroom dance lessons with Trish Sands at the Ocala Health Senior Health & Wellness Center, next to the Customer Service Office outside

the main gate. For April, the dance style is tango. For more information, please call Dick Vullo at 854-6772 or Trish Sands at 351-2423.

For more information about dance lessons and dance venues throughout Marion County, please check the website for USA Dance at www.usadanceocala.com.

On Friday, April 19, Happy Hour will be held at the Health & Recreation Ballroom instead of the Arbor Club Ballroom. This will give everyone the opportunity to dance and socialize with their friends in a much larger facility, with a great sound system for listening and dancing. Let's continue supporting these dances.

For the benefit of residents who missed last month's column, I'm repeating the information on this year's charitable donations. For the past four years, your support of our "Dancin' On the Top" dances have not only provided our residents with great dancing opportunities and good times but have also helped us raise significant funds, which we have contributed to several charities. This year, we made donations of \$500 each to Feisty Acres, a cat shelter; Hospice of Marion County; and the Ritz Ocala Veterans Village, a transitional home for homeless veterans. We thank you for your continued support.



Square Dancing

By Walter Lamp

On Tuesday, April 2, as part of our monthly theme night, we are celebrating spring: warmer weather, green grass and bright, happy colors.

On Thursday, April 11, will be our semi-annual club meeting with the election of new officers for the upcoming year, any desired changes to our bylaws and any other business that may come up.

On Saturday, April 27, at the Health & Recreation Ballroom, it's our 10th anniversary dance, as a club. This is the second year that we are doing this dance. Besides the club's anniversary, we celebrate our members' anniversaries and maybe, another special one or two. Memories fill the hall for one and all.

Bill and JoAnn Stockmaster are our class coordinators. As you can imagine, this is a very important task. They help guide the beginners through about 10 months of classes on Wednesdays. They keep them informed, address any concerns they might have and make sure we have enough angels, or helpers, to allow them to dance and learn each step. This is their second year at

doing this task and is what helps provide the club with new dancers.

On Saturday, March 2, we enjoyed the calling of Jack Pladdys from Ohio at our Taste of the Wind dance. It was a cool night outside, with lots of wind. But, Jack kept us moving with the basic plus dancing and a number of new moves that kept us entertained and wondering.

This is why it is so important to dance to as many different callers as possible. Each caller has his/her own way, tempo and set of combinations for similar calls. This way, there is always something new to learn and master. But, the laughing, smiling and friendships remain the same.

We had seven squares for most of the night. And, of course, the decorations were in keeping with the theme of the dance. They included kites, windmills and Mother Nature howling.

Our St. Patrick's Day dance was not only a huge success but was a lot of fun. Wearing green seems to make it one of our more festive theme nights. In addition to that, this year we had visits from two of our central Florida clubs: Recreation Plantation from Fruitland Park and Cloverleaf Leprechauns from Brooksville. They both came to retrieve their banners that night.

On Monday, March 18, we visited our neighbors, friends and some members who belong to both clubs. We retrieved our banner, but before we left, we danced, laughed and renewed friendships with our closest central Florida neighbors.



Ballet Club

By Eugenie Martin

Once again, the Ocala Star-Banner has published an article featuring the importance of dance exercise in overall fitness. In a recent piece, ballet and Zumba® were featured as being very favorable workout regimens: ballet for making a person "lean and lithe" and Zumba for "fun with fitness." The article went on to point out that a successful exercise routine is a matter of fit. Finding a program that suits your needs and "style" may be the key to helping you stick to a routine. I agree completely.

In our group, ballet is one of several forms of exercise that most of us do. Some

of us also take classes, such as yoga, Tai Chi, Pilates, aerobics and Zumba. Others run, swim, play golf or tennis. However, most of us would agree that ballet is (for us) the best workout and the most pleasurable form of exercise.

Each week, we have four ballet classes, all of which are held in the Arbor Club Exercise Studio next to the indoor pool. Julie Sines and I share teaching four classes. They are held Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2 p.m., and Saturdays from 9 to 10 a.m.

Newcomers are always welcome. You may try a class or just sit and observe. To start, you do not need a ballet outfit. Just wear exercise clothes and socks, and be sure to bring water. It is a good idea to call before coming, however. That way, we can make plans for your participation. If you have questions, or would like to attend a class, please call me at 854-8589. Happy dancing!



Sidekicks Western Dance Club

By Carla & Tony Magri

Can you dance a rumba or a swing? How about a cha cha, waltz or polka? The Sidekicks can. Although our club performs western partner or pattern dancing, all of these rhythms and more, are a part of our regular dance routine. Play any danceable song and chances are we'll have a suitable dance for it. You can find a lot of these rhythms in country music, but we dance to other types of music as well.

Since most of our dances progress, you can usually see us going around the outside of the dance floor, as dance floor etiquette dictates, but sometimes we'll be in the center of the floor doing a dance that doesn't travel (as dance floor etiquette also dictates). We'll also break from the group and do freestyle dances such as the two-step, triple two-step, freestyle waltz and polka. We do it all.

To see more of what we're all about, visit our website at

<http://patterndancers.wix.com/sidekicks> and look for our instructional videos on YouTube at ro67ger.

Happy trails...

www.OnTopoftheWorldInfo.com



Mah Jongg

By Mary Ehle

The Mah Jongg spring tournament was a great day with 64 ladies participating. The big prize still eluded everyone so in the fall it will be available.

The high winner at noon was Dot Calbeck. The winners for the day were as follows:

1: Yvonne Scott; 2: Dot Calbeck; 3: Myra Post; 4: Beth Coburn; 5: Jimi Bartolone.

The winner of the drawing for the free tournament in October was Joan Newell.

I want to thank all those who came and I especially want to thank all the helpers. Pat Griffith and Jo Apperson were great on the set up and Nancy, Jean, Cathy, Penny, Shirley, Jo and anyone who I may have missed helped make this a success. Naturally, I couldn't get along without Bill Shampine and his computer. Thank you, Bill. And my husband really out did himself as the stand in for Ray Utiss. Jokers to you all.

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Favorite Recipes Dinner Club

By Luke Mullen

Saturday, Feb. 16 marked the celebration of our first Valentine's Day hors d'oeuvres and dessert party that featured great food and fun entertainment at Rhea and Jim Russell's home. All 20 participants had a wonderful time.

Rhea and Jim graciously volunteered to host this event and open up their home to all members. Historically, each couple planning on attending was requested to prepare either two hors d'oeuvres, two desserts or one of each, after our hosts knew how many couples would be attending. This step provided the opportunity to balance the number of both hors d'oeuvres and desserts.

Participants started off the evening by selecting from the many different types of delicious hors d'oeuvres: beef rollups with cream cheese and horseradish fillings; mini chicken salad sandwiches; deviled eggs;

salami with gold peppers; Edamame soybeans with sesame seed oil; dill shrimp on cucumber and crackers; and polish roses, which were ham slices wrapped around scallion stalks. Also included were pigs in a blanket (little smokies); cranberry turkey rollups; bacon wrapped around club crackers; pizza sticks with mozzarella cheese; basil and grape tomatoes; cream cheese dip including red peppers, olives, chopped chilies and onions with Tostitos scoops; and Italian meatballs. These hors d'oeuvres were able to provide a full meal for our hungry club dinners.

The hors d'oeuvres were followed by a wonderful selection of desserts that included cream cheese brownies; angel food cake with offerings of strawberries with sugar or with balsamic vinegar; cranberry grape fluff; key lime bars; strawberries dipped in chocolate; and red velvet cherry cake. Additionally, there were valentine cookies with chocolate candies and various liquor flavored juices; New Orleans coconut bread pudding with a delightful sauce comprised of the flavors of pralines and coconut along with rum; and walnut chocolate cranberry cookies.

What was also great about our gathering was how Rhea and Jim presented the Valentine's Day theme. They had napkins,



Photo by Luke Mullen

Valentine's Day party hosts Rhea and Jim Russell welcome club members to their home.

glasses, plates and eating utensils with Valentine hearts and colors, which added a nice touch to the party.

The event was full of fun and exciting conversation. This type of activity was nice, as some club members had not met all of the other members. Everyone attending the event had a wonderful fun-filled evening.

The club periodically sponsors all-

member type evenings throughout the year. These events are the result of fellow members volunteering to undertake hosting these events to accomplish the entertaining evening.

Our club is currently looking for new members. If you are a couple who enjoys preparing and cooking food for others and likes entertaining people in your home, call Luke at 304-8104 for more information.

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Residents: \$16-20; Non-residents: \$18-22



APRIL 13

Hands Across the Highway
Art Expo
10 a.m. - 1 p.m.
FREE EVENT



APRIL 27

Terry Johnson's Flamingos
Residents: \$11-15; Non-residents: \$13-17



MAY 11

4th Annual
"The World Has Talent" Show
Residents: \$10; Non-residents: \$12



MAY 18

Hollywood Nights:
A Tribute to Bob Seger
Residents: \$16-18; Non-residents: \$17-19



JUNE 8

Abbania: A Tribute to ABBA
Residents: \$16-18; Non-residents: \$17-19



JULY 13

Soul Harvest Ministry W.W.P. presents:
Dietrick Haddon
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CLASSIFIEDS

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing. Estate or Tag Sales must be registered and approved by Customer Service prior to advertising.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 100, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

For Sale

Air Purifier: New Oreck, never out of box, \$100. 873-1646.

Bicycles (2): 26" men's off-road black racing and 21" woman's Huffy Road blue, \$20 each. 671-1155.

Bicycle: 26" women's Huffy, \$50. 873-4315.

Carpet Cleaner: Bissel, \$50. 509-7622.

Church Sale: Saturday, April 13 (rain date April 20), 8 a.m. at CCOMC. Space available for \$10 (setup by 7:30 a.m.). Church donations accepted. 861-6182.

Coffee Maker: Keurig K-Cup single cup brewing system. New in box with 20 coffee packs. \$100/obo. 509-7622.

Computer: Toshiba laptop with manuals and CDs plus 17" LCD monitor, wireless keyboard and mouse. Windows XP. All \$100. 291-2953.

Dinnerware: Pfaltzgraff Winterberry 12-piece place setting. Includes dinner plates, bowls, lunch plates, mugs, platter, pie plate and two 8-ounce accessory bowls. \$100. 789-9087.

Furniture: Chromcraft kitchen table with leaf (white) with four castor chairs, \$150. 207-5244.

Furniture: Glass top table with aluminum base (2'x4'). Used on a porch. 362-7470.

Furniture: Small curio cabinet, hangs or sits. Hutch for bed or desk with mirror, light and two drawers. Vintage rocking chair for young adult. Vintage Victorian high back chairs (2), solid wood, green. Vintage nightstands/end tables w/marble tops (2). Prices and photos upon request at rtrudo@yahoo.com or 854-4875.

Furniture: Two-Person indoor reclining glider, beige micro-fiber, like new. \$400/obo. 873-8506.

Golf Cart: Club Car, 3 years old. 237-8864.

Golf Cart: Club Car. Batteries only 11 months old. Has blinkers, all accessories. 873-0133 or 209-5138.

Golf Cart: Club Car, 48-volt, high-speed motor, refurbished April 2011. Excellent condition. 239-7185.

Grandfather Clock: Howard Miller, oak, night shut-off, large brass pendulum, like new. 402-0377.

Hair Clipper: Emerson, like new with 8 accessories. \$20. 509-7622.

Misc. Items: 26" La Jolla men's cruiser bike, like new, with helmet, \$75. Honeywell 18" oscillating pedestal fan, \$20. Bissell Spotbot rug cleaner, \$60. Coleman dual action hand pump, \$10. Krups coffee/spice grinder, \$5. Christmas berry tea light centerpiece, \$10. 207-5244.

Misc. Items: Bathroom wall shelf with matching wastebasket, \$10. Bedspreads (2) matching, full, blues/greys geometric pattern, \$25 each. Glass cake plate with dome lid, \$5. Wood coffee table with glass, \$35. Garment bag, \$10. Cream vinyl hassock on casters, \$10. Ironing boards with covers, (1) upright, \$7, (1) over the door, \$7. Oval mirror with decorative etching, 18" w x 39" l, \$40. Shoe racks (2), door or wall mount, \$4 each. Vanity stool, aqua color, wrought iron with padded vinyl seat, \$15. (352) 229-0641 or (352) 509-4221.

Misc. Items: Craftsman 16" variable speed scroll saw with stand, \$60. Eclipse air sleep system (pump for queen size bed) with dual controls. 1.5 yrs. old, \$50/obo. 291-7515.

Organ: Hammond Commadore with Leslie (328322) with bench. Walnut wood in excellent condition, \$450. 362-7470.

Patio Set: Hexagon-etched glass table with 6 chairs, umbrella and stand. \$200 obo. 861-9668.

Plantation Blinds (6): assorted sizes 24-1/2, 35-1/2, 51-1/2, all fit windows in a Wakefield model kitchen, dining room and den. Excellent condition,

white, all hardware included, make offer. 854-2498.

Stretch Machine: Life Span Partner with 18 stretches. Bicycle-like machine with complete manual. Like new, \$100. 229-8674.

Tag Sale: Friday, April 5, 9 a.m. to 3 p.m. 9348-D SW 82nd Terrace (Friendship Colony).

Tag Sale: Friday, April 5 & Saturday, April 6, 9 a.m. to 1 p.m. 9040-C SW 87th Avenue (Friendship Colony).

Tag Sale: Friday, April 5 & Saturday, April 6, 9 a.m. to 2 p.m. 8362-D SW 90th Street (Friendship Colony).

Tag Sale: Saturday, April 6, 8 a.m. to noon. 9391-9389 & 9381-9359 SW 91st Court Road (Renaissance).

Tag Sale: Wednesday, April 10, Thursday, April 11, & Friday, April 12, 9 a.m. to 2 p.m. 9230 SW 93rd Circle (Providence).

Tag Sale: Saturday, April 19, & Sunday, April 20, 9 a.m. to 1 p.m. 8524-E SW 90th Lane (Friendship Colony).

Tag Sale: Saturday, April 27, 8:30 a.m. to 2 p.m. 9726-B SW 94th Terrace (Crescent Ridge).

TV Stand: Silver finish with glass shelf. Excellent condition. 40" w x 20" d x 19" h. \$30. 229-8674.

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Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bathroom Remodeling: specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508.

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Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Bruno's Tree Service: Tree removal, trimming and debris clean up. Lic/ins with 20 years exp. Reliable service, reasonable prices. Several resident references available. Free estimates. Call anytime 445-7916 or 292-5446.

Caretaker: Home health care assistance in your home. Let me make your life at home a little easier. Debby (352) 447-5551. (CNA68800).

Carpet & Tile Cleaning: Countryside Chem-Dry, serving On Top of the World residents for 13 years. 307-4100.

Carpet & Tile Cleaning: Upholstery & floods. Lic. & ins. Free estimates. TD Carpet Cleaning, Terry at 390-4344. 5 rooms & hall - \$89!

Cat Boarding and Sitting: provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

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Cat/Dog/House Sitting: will do overnight sitting. 15 years experience. Honest and dependable. Call Jackie at 425-3508.

Ceramic Tile: all types of installation and repair. 20+ years experience. Lic. & ins. Call Bob Adkins 352-274-8678.

Clock Doc: clock repairs with free estimates. Call Cliff (resident) at (352) 246-2438.

Computer Help: Call Arthur in Friendship. 25 years PC & Internet experience. Courteous, prompt, reliable. House calls in 34481. Q&A, home classes, set-ups, installs, troubleshooting, special projects. \$30 hourly. 875-7878.

Computer help is just around the corner! Call Doorstep Techs at 351-TECH (8324) or visit us on the web at www.doorsteptech.com.

Geller Lawn Maintenance: Time for spring cleaning! Mowing, edging, hedge trimming, mulch, rock, sod, pressure washing and sprinkler systems. (352) 390-7454.

General Maintenance: Trimming, weeding, edging, pressure wash driveways/gutters & wash windows. Free estimates & fair rates. Steve (resident) at 237-5338.

Hair Care: in your home. Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handyman: Electrical, plumbing, carpentry, wheelchair ramps, railings, grab bars, lanai, carpet/flooring, furniture/cabinet refinishing & repairs, screen & dorm doors, dry-wall, interior painting, ceiling fans, closet organizers, sinks, toilets, leaky faucets. Bruce (352) 547-0001.

Handyman: Remodeling, repairs, replacements & much more. Visit us at www.KrumanServices.com for a list of our services. Lic., Ins. & bonded. Dan 361-4055.

Income Tax Service: Professionally done, e-file - fast refunds, federal and all state returns. On Top of the World resident, Salvatore V. Le Donne E.A. Call 291-2413.

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Need A Ride? Door to door service for all your needs. All airports, doctor appointments and errands. References available. Call Sandy at 351-9407.

Painting: 25 years experience, 10% discount, excellent references. Pressure wash house for free with paint job. Call Danny at 547-9588.

Painting by Frank the Painter: 35 years experience, winter specials, free estimates, specializing in colors, quality service, affordable prices, references. 237-5855 (resident).

Pressure Washing: "Don's" free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top

of the World resident. Call Steve at 854-4927.

Transportation: Airports, cruises, doctors, shopping, etc. - best fares in Ocala. Private (24-hour) door-to-door service. Safe, reliable, we cater to seniors in a roomy Chrysler Town & Country Touring Van. Richard (352) 256-9068 (resident).

Transportation: Airports (Tampa, Orlando, Sanford, Gainesville), medical appointments, shopping, etc. Safe & reliable service. Call Phil 509-4417 or 497-7670 (resident).

Transportation by Martin: Doctor appointments, shopping & errands. Call 304-8947 (resident).

Transportation: Doctor appointments, shopping, errands. Call Anna (resident) at 873-4761, leave message.

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Webber Maintenance Team: Interior painting and general repairs. Any task, just ask! Steve and Peggy at (352) 598-4563 (residents).

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Antique Items (especially unusual): I buy art glass, lamps, ink, fountain pens, bronzes, depression & carnival glass, dishes, clocks, etc. I also buy military (Civil War to Vietnam). Top dollar (cash) paid. Call Larry 1-352-697-1778.

Chest Freezer: large, (352) 304-8729.

Guns: Buying guns (new, old, any condition), gold and silver. Estate appraisals. 867-0381 (home) or 266-9781 (cell).

Musical Instruments: Donate to students in need in Marion County. Call Ed (resident) at 304-8206.

Music Teacher for in-home basic lessons on Technics electronic organ. 873-1527.

Personal Hygiene Items for homeless shelters. Call Donna at 237-3062.

Pet Products for animal shelters. Call Donna at 237-3062.

Shoes and Sneakers for the needy. Drop off at Arbor Club office.

Used Cell Phones to send to our troops overseas. Call Donna at 237-3062.

Used Golf Equipment to send to our troops overseas. Call Bob at 854-0702.

Volunteers: Meals On Wheels for two hours once a week every other month. Call Stan at 873-3433.

Yarn: any kind to make lap robes for VA hospitals and newborns. 854-0449.

Lost/Found

Watch: Men's Seiko lost in Health & Recreation vicinity, probably in men's locker room. Gold expansion band. A service retirement award, sentimental value. 873-2670.

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Reflective of the growing and changing needs of the community, Munroe Heart instantly meant that patients and families wouldn't have to travel to a distant city for high-quality heart care. And over the next 25 years, Munroe Heart grew, expanded and evolved into one of the leading heart programs—not only in Florida, but in the nation—with quality and outcomes that rival the best in the country.

And over those first 25 years, Munroe Heart has set new standards in heart care, leading the way in new, innovative surgical techniques and advanced patient care. In fact, many of today's state-of-the-art techniques and protocols for heart care have been defined and developed with the participation of Munroe Heart along the way.

The recognitions and accolades from the experts in healthcare followed—regionally and nationally—consistently year after year. Munroe Heart is also home to the first accredited Chest Pain Center in Marion County, the only Hybrid Operating Suite and the only accredited Heart Failure program in the region—as well as innovative minimally invasive procedures like Transcatheter Aortic Valve Replacement (TAVR) and so many more.

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Six members of the original Munroe Heart team—25 years and counting. (Left to right) Robert Feldman, MD; Mark Randolph, RN; Bonnie Rickel, RN; Carol Floyd, RN; Kathy Reeves, RN and Mike Sistrunk, RN.