



COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

The On Top of the World (Central) Owners Association board met on Friday, April 26, to review multiple matters. A part of that meeting dealt with discussion of and changes to the Second Amended Rules and Regulations regarding lawn ornamentation. The new standards were settled on after getting resident input. There was a report on and discussion surrounding Association efforts to enforce collection of delinquent community services fees. In addition, suggested changes to the Estoppel Certificate policy were enacted.

Approximately 85 residents attended this meeting. Not wishing to miss an opportunity, Lynette Vermillion gave a report on plans to enhance the interior of the Health & Recreation Building. This would be a comprehensive program focusing on the lobby, fitness, and ballroom areas.

An area open for discussion is what to do with the library. Despite the wild rumors and misinformation circulating, the options include:

1. Do nothing;
2. Stay in place and "spruce it up;"
3. Relocate to Circle Square Commons so there would be adequate expansion space.

Currently, the library is constrained for space. When I asked the question, "How many thought it would be a good idea to move?" and "How many thought it was the dumbest idea they heard in a long time?" It was about an even split of how many wanted the library to stay and how many wanted it to be moved. Granted, that was only a quick indicator.

To be sure, this is not a settled matter, despite what rumor central may have been spreading around. We encourage your thoughts on the matter. Undoubtedly, both options, of either moving or staying in place, present their considerable challenges. The Health & Recreation Building could certainly use additional meeting room space. Moving to Circle Square Commons makes the library available to Candler Hills, Indigo, and Stone Creek residents.

So the take-away is this: no final decision has been made with respect to the library. We are however, moving ahead with the interior redesign of the Health & Recreation Building. Follow the discussion on the www.otowinfo.com website.

Census Form

On Top of the World (Central) Owners, please complete and return your census form at your earliest convenience. Thank you for your cooperation.

Master the Possibilities

Master the Possibilities has published its 29th catalog and there's a copy in all the home delivered June issues of the World News. This summer edition features about 300 lectures, classes, presentations and films in June, July and August.

This smaller season fills quickly so we encourage you to register early ... preferably online. As always, about half are brand new and all of them offer opportunities to learn, grow and have fun.

Fourth of July

This year promises to be another action-packed day of fun and excitement. Once again, Circle Square Commons will be closed until 4 p.m. This includes access by foot traffic, golf carts and cars. We appreciate your cooperation on this.

At 4 p.m., parking lots will open. Festivities begin at 5 p.m. on The Town Square with dance music by Second Slice and Sugar and Kane, festival performers and skydivers.

Simultaneously and from 5 to 6:30 p.m., inside the Circle Square Cultural Center, the Ocala Symphony Orchestra will perform patriotic favorites - "Red, White and OSO Blue." This is a general admission ticketed event, for \$17 per ticket. Purchase your tickets at www.CSCulturalCenter.com or at the ticket office from 11 a.m. to 2 p.m., Monday through Saturday. Advance ticket purchase is strongly encouraged as we expect the Circle Square Cultural Center to be completely filled.

Parking at Circle Square Commons will be \$5 per carload for non-residents. Please bring your resident ID or Ocala Symphony Orchestra show tickets for free parking. There is no charge for golf cart parking that will once again be located in front of The Town Square.

The day culminates beginning at 9 p.m. with a spectacular 30-minute firework display. Be prepared for loud booms! Please check for more details on page 26 in this edition of the World News. See you there!

The Candler Hills Restaurant will also be hosting an event. Come enjoy great food and libations with good friends. Read more in Sandy Curtis' column this month.

Landscape Update

June is a great month for growing a garden and planting shrubs. That said; please remember that landscape modifications, just like any modification of the structure, must receive prior approval from the Own-

And the Winner Is ...

By Bob Woods
World News Writer



Photo by Bob Woods

Resident, Robert Batton, was the winner of the "The World Has Talent."

"Just a gigolo everywhere I go people know the part I'm playing"

This was the song that turned the Circle Square Cultural Center into pandemonium when Robert Batton, a resident of our community, sang this song. Women were screaming in the audience and one senior teeny-bopper went up to the stage and presented Robert with a pair of red panties.

Needless to say, Robert Batton was chosen by the panel of judges to be the first place winner of this year's winner of "The World Has Talent" show. Batton received a check for \$500.

Taking second place and receiving a check for \$250 was Floyd Gibson from Ocala. Third place, taking home \$150, was Angie Terrigino from Ocala. Other contestants took home gift cards.

There were 10 acts in all, and those participating in this year's event came from all over the area: Ocala, Sanford, Lady Lake, Dunnellon and Gainesville. The contestants were the top 10 entrants chosen by a panel of judges during auditions in February, and their ages ranged between 58 and 91.

The panel of judges comprised of Bill Barr, a disc-jockey from 92.9Q WMFQ; Mary Britt from the Ocala Civic Theatre; Rosey Moreno-Jones from Kids Central; Dean Blinkhorn from Ocala's Good Life Magazine; Ann Spang, Director of Community Relations for the Florida Institute for Human and Machine Cognition; and Dave Schlenker from the Ocala Star Banner.

The judge's criteria for each contestant's performance were stage presence, communication (connection with the audience), originality, and talent.

Batton's song was made famous by Louis Prima in 1956, when he recorded "Just a Gigolo" paired with "I Ain't Got Nobody."

It's Showtime!

By Bob Woods
World News Writer

June's show is guaranteed to knock your socks off!

Saturday, June 8
Abbamania

Abbamania is a Canadian group singing ABBA* songs which the original Swedish group topped the world charts of English-speaking countries between 1972 and 1982. The Canadian group is comprised of seven fantastic musicians and singers. The singers not only look like the original ABBA group, but they sound, dress and mimic them as well.

ABBA is an acronym comprising the first letters of the band members' first names: Agnetha, Benny, Bjorn and Anni-Frid. It is a registered trademark.

ABBA sold over 370 million albums and singles worldwide and is still selling millions each year. The Canadian group's show will include at least 21 of ABBA's most famous songs, which might include "Dancing Queen," "Fernando," "Gimme! Gimme! Gimme!," "Mamma Mia," "One Man, One Woman," "I Have a Dream," and the song list continues.

Whether you are an ABBA fan or just a lover of old pop music, you will definitely enjoy this performance. The show begins at 7 p.m. and doors open at 6 p.m.

Stop by the ticket office at 8395 SW 80th Street or go online to www.csculturalcenter.com to purchase your tickets.

Let's watch the lights dim as the curtain rises. It's showtime.



Abbamania

World Tai Chi Day

By Ray Cech
World News Writer

The body should be supple like an infant
The movements, flexible as a snake
The feeling, soft as water
The breathing as smooth as a cloud

This Qigong proverb clearly defines what Tai Chi accomplishes for both body and mind. It strengthens the body as it relaxes the mind.

On Saturday, April 27, Tai Chi was recognized around the world with special programs extolling the benefits of this ancient art form. Here at On Top of the World, our very own Tai Chi Certified Instructor Mary Pat Giffin, led a class of more than 50 men and women in a demonstration of the Yang

style of Tai Chi. Yang is the most popular of the movements, meant to be graceful and gentle, and is effective for promoting a healthy body and mind.

While Tai Chi was practiced more than 1,000 years ago in the land that's now more famous for turning out Nikes and iPads, it really didn't take hold in the U.S. until the mid-19th century. It gained widespread appeal around 1939, when Master Choy Hok Pang began spreading its benefits, and again when his son, Master Choy Kam Man, taught it in San Francisco's Chinatown, where he spread the gospel of Tai Chi's benefits from 1949 until 1994.



Photo by Ray Cech

Continued on Page 6 >

Mary Pat Giffin leading Tai Chi exercise on the Heath & Recreation lawn.



ON TOP OF THE WORLD NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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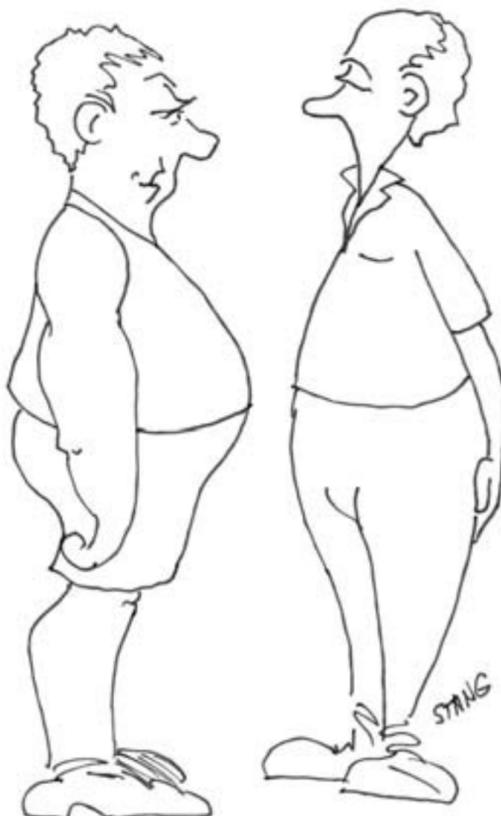
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GOLDEN OLDIES HUMOR

BY STAN GOLDSTEIN



To memorize something, try to forget it.



Is It Legal?

By Gerald Colen

My upcoming lecture schedule for the months of June, July and August is as follows:

- June 18: "End of Life Decision-Making;"
- July 16: "Annuities – a Strictly Legal Discussion;"
- Aug. 6: "Documents Needed for Proper Estate Planning;"

All lectures are at Master the Possibilities Education Building and begin at 3 p.m. They usually last for about 50 minutes, but afterward I stay until all questions have been asked and (hopefully) answered by me. I look forward to seeing you in class.

Q. If I own my home with my wife, what happens if one of us passes away?

A. This depends on a few facts. And I don't have them from you. So I will take two different scenarios and hope I've come up with the right one for you.

1. If the title is held in your and your wife's names as "husband and wife" or as "husband and wife, tenants by the entirety," then when one of you passes, the survivor remains as the sole owner of the property. It is advisable to record a death certificate for the one who passed on in order that the public records show what happened.
2. If you and your spouse were wise enough to have obtained a prenuptial agreement before your marriage, then it is possible – I said possible – that the heirs of the deceased spouse may have an interest in the property. Keep this in mind: The way title to a property is held will probably take precedence over what one's will says.

Q. For getting the \$50,000 homestead exemption and the Save Our Homes cap

protection is there any difference between owning a home under 99-year leasehold and holding it in fee simple?

A. The simple answer is "no." The more complex answer is also "no." In either situation, an owner who resides in his home (Florida home that is) as his/her/their residence is entitled to the complete homestead exemption and the Save Our Homes cap.

Q. A neighbor of mine has told me that I should transfer my assets to my children so that in the event I go into a nursing home the State won't take them.

A. Here's my question for you: What happens if you transfer your assets to your children and then you don't go into a nursing home? Or, suppose you transfer your assets to your children and you don't go into a nursing home and you live in good health for a very long time? Or, suppose you transfer your assets to your children and one or more of your kids are faced with a divorce proceeding filed by his/her spouse? Or, suppose you transfer your assets to your kids and one of them gets into serious financial trouble?

Okay, I could go on and on but I won't. Here's the thing: Simply transferring your assets to your children in order to avoid nursing home expenses is not such a simple thing to do. The very act of the transfer will "trigger" a look-back period, which can result in a Medicaid ineligibility period of a substantial length of time. In my opinion, folks should not – the applicable word here is "not" – transfer assets for long-term nursing care issues without retaining an elder law attorney who is familiar with all aspects of Medicaid eligibility requirements and with the strategies that may be available.

This kind of advice must nowadays be very specific to the person or persons involved. So to my way of thinking, a gener-

alized statement that one should transfer assets to children – without a clear understanding of the particular facts for that person – is, to be polite, silly.

And since I'm on a roll here, let me go on. Your neighbor spoke of the State taking your assets. That's a flat-out misconception about what happens when one applies for Medicaid benefits. The State does not take anything. That's not at all what happens. Rather, one either is or is not eligible for Medicaid benefits. If one is eligible according to existing law, then one obtains those benefits. Otherwise, one is declared not to be eligible for Medicaid benefits and thus doesn't get them.

Q. I live at On Top of the World and I was told that if I pass away my children can not inherit my apartment. Can you explain about this?

A. It is impossible for me to understand how this false – absolutely false – rumor got started. An apartment at On Top of the World or a dwelling unit of any kind at On Top of the World is just like property owned anywhere. It can be inherited and the beneficiaries will own the property. It's just that simple. Period!

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.

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All Around Our World

By Lynette Vermillion

Once again, we are half way through another year. Summer is right around the corner and we are at the point when we all need to start preparing for the upcoming hurricane season, if we haven't already. Mr. Colen's column this month has some great tips for preparing before, during and after a hurricane.

Father's Day is Sunday, June 16, and on June 21, at 1:04 a.m., we officially kick off summer with the longest day of the year. With not much of a winter to speak of and temperatures on the warmer side, it feels like we started summer a while ago.

We hope to see plenty of rain to get us through our hottest months and keep the watering to a minimum. Please make sure you are staying hydrated while you are out and about and don't forget to apply sunscreen.

Community Cleanup Day

Please be on the lookout for more information about our first community-wide cleanup day.

Renovations

The Health & Recreation renovation is moving along. We are working with Building Design Consultants who are finalizing the finishes and updates that are recommended. Our pace is slowed by a few structural challenges that we are working to resolve with a structural engineer. There has been a lot of discussion about moving the library and we appreciate the feedback from the feelings of both sides. Hopefully,

by next writing we will have more information about the changes coming and the time schedule.

The SW 90th Street gate site plan is being permitted. The new gatehouse design is still in progress, however plans are near completion. The gate construction should have minimal impact and closings, and we ask for your patience in entering this way during construction—more to come next month on time frames.

On Top of the World Central Re-Roofing Schedule

The following is a list of the single-family homes that are scheduled to start within the next 90 days: C03, C04, C05, C08, A12, A14, A15, A23 and H01. The following building is also scheduled: 5036. Schedules are based upon several factors: return of all authorization forms for the building, street location of working proximity, and roofs which are showing the most wear will take priority. Due to weather conditions, we are unable to provide exact start dates.

Trash Pick-up

Candler Hills and Indigo East residents, please note that Waste Management trash pick-up days have changed and are now on Tuesday and Friday of each week. Recycling is picked up on Thursday.

Visitors and Guests

We know your visiting family members and guests will enjoy their time at On Top of the World this summer, and we ask that you make sure each guest understands and observes the community rules during their stay. If your guests are arriving by RV, please make reservations at Customer Service prior to their arrival so that we may reserve a guest parking space at the RV Park and have a guest pass ready for them at the gate. Visitor spaces used over 72 hours

do require a fee. Please see the Amended and Restated Rules and Regulations on RV parking for your community at www.otow-info.com. Thank you for being considerate of your neighbors.

Pools

When your grandchildren visit, we want them to have fun and make great memories while here. Taking them up to the Health & Recreation, Candler Hills or Indigo East pools can be loads of fun. As any swimming instructor will tell you, water can be extremely dangerous. So, please, please ... keep the philosophy of "safety first" and make sure that young children are watched at all times around the pool.

A resident must accompany all guests and children must have adult supervision. Children 15 years and under may swim from noon to dusk during the week and with no time restrictions on the weekends at the pools listed in this paragraph. Happy and safe swimming to you and your family.

Power Outages

Please keep in mind that when we have power outages it is a good idea to check your irrigation clock to make sure that it is still on the correct setting. Many times a power surge or outage may cause the clock to revert to its original settings. If the settings are not checked, you may be watering too much or not enough.

BYOB Policy

Just a reminder to our clubs, residents, and guests, any alcohol consumed on premises must be purchased from the license holder, and therefore, BYOB (bring your own "alcoholic" beverage) is not allowed. Violators of the policy will be asked to vacate the premises and future privileges may be revoked.

Customer Service

Customer Service in Friendship Commons is offered for your one stop convenience. They handle all matters related to resident needs regardless of the topic. Customer Service may be reached by phone: 236-OTOW (6869); e-mail: otowservice@otowfl.com; or in person by visiting Suite 200, in Friendship Commons. Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Wednesday, June 19, this month.

Census Form

On Top of the World (Central) Owners, please don't forget to complete your census form and turn it in. Forms may be mailed in the postage paid envelope that was provided or dropped off in ballot boxes located at all postal locations, Health & Recreation Building, or at Customer Service. We've only received about 40 percent back and it is vital that we receive this information.

When filling out your census form, please be sure to include your emergency contacts. It is important for the Association to know who is allowed entry into your home in case of an emergency. We will keep this information on file to use should the need arise.

Minimize the Risk of Becoming a Victim

There are so many ways today that unscrupulous people can take advantage of us if we are not paying attention: creative marketing, e-mail trickery promising great sums of money or asking for our bank information; door-to-door soliciting; and replacing equipment in our homes that is unnecessary. Don't let this happen to you.

The Department of Elder Affairs provides the following data. They have several wonderful tips that are applicable to all of us. When having home repairs done, compare estimates carefully; never be pressured into making hasty decisions; never pay cash; never pay for unfinished work or jobs that have not been inspected; and never fall for phone or door-to-door offers of free estimates, home inspections or "special deals" of any kind.

To avoid financial exploitation, don't sign blank checks; don't leave money or valuables in plain sight; don't sign anything you don't understand; keep in mind that, if it sounds too good to be true, it probably is; never give credit card numbers or personal information out over the phone; don't give out your ATM code; and check your bank statements carefully.

To reduce your chances of becoming a victim of identity theft, never carry a Social Security card or multiple credit cards; never give out personal information over the phone; or never answer unsolicited e-mails that ask for personal information.

Always remove mail promptly from your mailbox; review statements and bills promptly; shred personal mail and information with a shredder or scissors; shop online only with merchants that have secure websites; stop mail while you are on vacation; and make a copy of all items in your wallet and keep it with personal papers in a safe place.

Unfortunately, there are many scams that continue to circulate but, hopefully, by heeding the Department of Elder Affairs recommendations, you can try and prevent identify theft, home repair fraud, and financial exploitation.

Volunteers

I wanted to take a moment and extend a big thank you to all of our residents who volunteer and give back not only to the On Top of the World community but to various organizations in Marion County. Many of you are very involved in making a difference to those in need by donating your time, material goods or funds. Please know that all your hard work and effort are much appreciated.

Neighbor Reminder Requests

- **FLAGS:** When your flag is worn out or otherwise no longer a fitting emblem for display, it should be destroyed in a dignified way, preferably by burning. Flags in need of proper disposal may be dropped off to Theresa Fields at the Health & Recreation Building.
- **DOG PARK:** Please pick up your pets' waste when visiting the dog park.
- **TRAFFIC RULES:** We continue to receive comments from residents that traffic rules are not being obeyed. We cannot stress enough how important it is for you to be safe, so please obey all traffic rules and signs. As you are out driving, whether it is in your car, your golf cart or your bicycle, the rules of the road apply. When you come up to a stop sign, please come to a full stop, which is defined by the sheriff's office as your wheels stop moving. Please be respectful of others on the roads, use your turn signals, check your blind spots when you move out to pass someone and drive defensively. And, please don't speed. We want everyone in our community to be safe.

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Keeping It Green

By Phillip B. Hisey

With summer here and Daylight Saving Time, don't forget you can irrigate twice per week. On May 19, 2009, the Marion County Board of County Commissioners entered into an inter-local agreement with St. Johns River Water Management District and the Southwest Florida Water Management District. This agreement updated the Water Conservation and Landscape Irrigation Ordinance (Ord. 08-09) allowing portions of Marion County to follow the St. Johns River Water Management District watering restrictions.

Appropriate application of water is your

best defense from high water bills. Make sure when you irrigate your lawn you apply a half to three-quarter inch at each application. To check and see how much your irrigation system is applying, use empty tuna cans or a rain gauge placed in your yard at each watering zone.

Allow the system to operate its normal cycle and see how much water is in the cans. This will give you the best results for your lawn and landscape.

Deep, infrequent watering is better for your lawn than frequent, shallow watering. Watering your lawn in short intervals leads to shortened roots, making your lawn more susceptible to drought stress. Look to the May World News column for tips on how to determine your soil type and how to use "cycle and soak" on your irrigation system.

If you are following the Green Industries Best Management Practices and the Home Maintenance Calendar at www.otowinfo.com, you may have fertilized in March. June would be the time for your

next fertilizer application. Remember to use slow-release forms of nitrogen in your fertilizer. Fertilizers with nitrogen, such as sulfur-coated urea nitrogen, are slow release. Using 50% or more is great and adds to the longevity of the fertilizer. Make sure you water your application.

On Top of the World (Central) homeowners do not need to fertilize because Parkway Maintenance and Management Company follows Best Management Practices and has already completed a fertilization application for you.

Chinch bugs should be starting to flare up. We have already seen some in the community in certain areas where the grass is stressed or weak. Make sure you are checking suspect areas before they become problems. Using a large coffee can, remove the bottom of the can and wedge the can in the ground along the rim of suspect areas where chinch bugs may be active or present. Make sure you are working in grass that is still green. Fill the coffee can full of

water and if chinch bugs are present they will float up. Contact your pest control company.

We are seeing take-all root rot again in many lawns. As summer gets further along, we will see more and more yards that go from yellowing patches that you just cannot get to green up to dead patches. The cold weather could have damaged the roots of the turf grass, making the grass less likely to uptake vital nutrients such as nitrogen and potassium.

When the grass is weakened, it is also susceptible to fungal pathogens that can create more issues. Treating the fungus and following up with liquid fertilizer applications are your only hope of correcting this problem. Send a turf sample to the University of Florida Rapid Turf Diagnosis Service. For \$75, this lab will tell you what is going on with your grass and how to treat it in 3 days.

Stay cool this summer.



Food For Thought

By Sandy Curtis

As we enter into the month of June, it brings many opportunities our way. Family vacations, family reunions, weddings and much more. What better way to enjoy this time than with friends and family? We welcome you to join us at Candler Hills Restaurant and The Pub for some delicious, mouthwatering summer dishes.

The Pub will have a kick off on Monday, June 3, at 1 p.m. to start off the summer menu. Join us on the pool patio for some refreshing drinks and selected items from the new summer menu. This event will be à la carte, so you choose what you want to try. It will be a fun time for all!

Have you ever tried a Low Country Boil? Now's the time to see what it's all about. Come out and enjoy a Cajun dinner on the patio at Candler Hills Restaurant on Wednesday, June 5, from 5 to 7 p.m. This crowd-pleasing recipe includes a combination of shrimp, crab, sausage, corn and potatoes. It's a mess you don't want to miss! Pricing is as follows: \$16 for VIP Members and \$17 for non-VIP Members.

Friday, June 14 is known as National

Flag Day of the United States. The entire week is famous as National Flag Week. The National Flag of the United States was adopted on that day, in the year 1777 during the time of resolution taken on by the Second Continental Congress thus it is celebrated as National Flag Day. We would like to honor this day with serving up some red, white and blue drinks and appetizers in both of our locations. Wear your patriotic colors and show your support.

Father's Day is an occasion to mark and celebrate the contribution that your own father has made to your life. We observe our fathers on Sunday, June 16. We honor the men in our lives and appreciate all the hard work they do for us. In celebration of this day, we would like each of you to dine with us at Candler Hills Restaurant, from 11 a.m. to 4 p.m. The menu is as follows: Roasted Atlantic Salmon with a Honey Mustard Glaze, Candler Hills Traditional Roasted Prime Rib, Stuffed Shells in a Tomato Cream Sauce, Lemon Herb Breast of Chicken, Rice Pilaf, Seasonal Vegetables,

Au Gratin Potatoes, Cucumber Salad and/or Caesar Salad, Chef's Choice Dessert. The price is \$22 plus tax and gratuity. VIP Dining Program members receive member discount and priority reservations through Saturday, June 8. All other reservations may be made after June 8 at 861-9720.

National Flip Flop Day is Friday, June 21. Wear your craziest pair of flip flops and receive Happy Hour pricing all day. Let's see who has the most unique flip flops! We will offer music, trivia games, and an appetizer buffet will be available for purchase. A great time for all will start at 4 p.m. on the Candler Hills Restaurant patio.

Watch next month's column for more information regarding the Fourth of July celebration on the Candler Hills Restaurant patio. Come enjoy great food and libations as you watch the fireworks from the patio with good friends. The menu for the event will be published in next month's World News or watch for an e-mail blast with all the details. You will not want to miss this show!



Candler Connection

By Janet Wiles

The Candler Hills spring party on Sunday, April 28 was a fabulous evening of food, fun, entertainment, dancing, and socializing with neighbors and friends. The social committee would like feedback on this event to help with the planning of future events. In the near future, look for an electronic survey concerning the spring party and a new event for fall.

The social committee is making plans to have a Candler Hills picnic around Oct. 20 at the pavilion. At this time, options are being evaluated for catering the event. More details will be given over the next couple of months. In the meantime, reserve the date on your calendar.

The next Candler Connection board

meeting will be held on Tuesday, June 4, at 1:30 p.m. in the Candler Hills Community Center. All residents are welcome to attend.

The Candler Connection web site, www.candlerconnection.org, contains a neighborhood directory. If any resident makes a change to a phone number or e-mail address, please notify Marilyn Lube at (352) 895-3954 or marilyn@lube@yahoo.com. If you have any questions or corrections to the resident listing, or if you want to know how to contact your neighborhood coordinator, please contact Marilyn Lube.

In the meantime, continue to enjoy the many and varied amenities in On Top of the World. Many residents enjoy participating in the variety of fitness classes offered at the Health & Recreation Building or at The Ranch Fitness Center & Spa. Of course, the water walking class at the Arbor Club is always popular during the summer. Others enjoy golf, tennis, bicycling, walking, and other physical activities here.

Don't forget about classes at Master the Possibilities. With so much to do, it is no wonder that so many folks wonder what happens to our time in retirement.

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COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

> Continued from page 1

ers' Association. I am mentioning this in my column in the hopes that we can all avoid unnecessary consequences of flaunting the Rules and Regulation and Covenants of what is after all your Association.

The application process is very simple. Just stop by Customer Service to complete a modification form. You will be asked to provide a detailed description of the work requested, a dimensioned drawing of the affected area, the name of the contractor performing the work and proof of your contractor's insurance. A representative of the Association will inspect the area and advise the owner of approval, approval with modification, or denial.

Storm Preparedness

June is the start of the hurricane season and the time to start thinking seriously about dealing with the risk and inconveniences that may be encountered during and immediately after a storm.

Your Association makes every effort to prepare for storm events by securing potential hazards, protecting buildings and Association related assets, and making sure we have an updated recovery plan. Key personnel are on-call before and after a storm. Water and wastewater personnel are moved on-site to make sure that essential utility services are protected and the chance of interruption is minimized. Tarps (in limited supply) are kept on hand to secure homes in the event of roof damage.

Despite all of our efforts, much of your own safety and comfort depends entirely on you. To that end, I am reprinting key points to help you prepare for a storm event:

- Designate as a "post-disaster contact," a relative or friend who lives

outside the danger zone. Make sure each family member has been given this person's address and phone number, and agrees to contact him or her following the hurricane.

- Keep on hand at least one week's supply of bottled water and non-perishable food items. You should also have available a manual can/bottle opener, a flashlight, and a battery-operated radio or television (with an extra set of batteries for each). Make sure these items are readily accessible, so that you can quickly pack and evacuate.
- Maintain an up-to-date inventory of everything in your home. Taking photos and/or making videotapes of these items may help support the value you place on them. Also, consider storing valuable items at a secure location away from the house.
- Remove furniture from porches or patio and secure hoses so that these objects do not become dangerous or lethal projectiles during a storm.
- Stock up on items you may need to protect your home or to prevent it from being further damaged after the storm has passed. These items may include, but are not limited to tarps or plastic, hammers, nails and plywood.
- Make sure your family is trained on how to turn off damaged utilities.
- At least once per year, review your insurance coverage to make sure it is adequate and up-to-date.
- Don't forget about your pet. Some evacuation centers do not allow pets. Making arrangements before a storm reduces the anxiety for both you and your pet.

When a hurricane threatens, immediately take these steps:

- Refill prescriptions.
- Make sure your car has a full tank of gas as power outages may force gas stations to remain closed for several days following a hurricane.
- Store important documents and other valuable items in waterproof

bags.

- Bring inside any loose items that can be found around the home. Firmly tie down loose items that cannot be brought indoors.
- Tape, board or shutter windows.
- Have enough cash on hand to last at least a full week. Banks and ATMs may be closed for several days following the storm.
- Don't forget about your pet. Some evacuation centers do not allow pets. Making arrangements before a storm reduces the anxiety for both you and your pet.

Here are some suggestions on what to do during a hurricane:

- Stay tuned to a battery-operated radio or television for weather bulletins and important information.
- Follow the orders of local authorities.
- Stay indoors in an interior room without windows (Even if you have evacuated, inland locations may still be at risk.). If conditions worsen, take shelter in a closet or bathroom and use mattresses to protect yourself.
- Don't assume the hurricane is over when the wind subsides. The calm may be the eye of the storm, and the worse part may still be on the way.

If the electricity goes out:

- Use a flashlight – not a candle or match. You do not want to take the risk of igniting gas from a broken line.
- Open your refrigerator only when absolutely necessary. This will help keep food fresh for as long as possible.

After the hurricane has passed:

- Don't venture outside until local authorities have issued an "all-clear."
- Continue to check the radio or TV for post hurricane updates.
- If you have evacuated, don't return until authorities re-open your area. Remember, you may need proof of residency to return.
- Use a flashlight to look at damage. Allow only those people who have been trained, to turn off damaged utilities (e.g. gas) and disconnect damaged appliances.
- Beware of downed power lines and other debris.
- Wear sturdy shoes and clothing to protect yourself. People are often times hurt more frequently after the hurricane than during it.
- Use only bottled water. Unless otherwise advised, assume tap water is contaminated and sewer lines are

out of order.

- If electrical power was lost during the hurricane, be extremely careful before consuming food taken from your refrigerator. When in doubt, throw it out.
- Use the phone only for emergencies.
- Conserve water! Do not wash driveways of debris. If the power is out and you still have water pressure, it is only because the water plant is running on auxiliary power.

Proper insurance coverage can help reduce the financial burden you may suffer as a result of a hurricane. Here are some additional tips that will make the claims process easier for you and your claims adjuster.

- Don't alter the condition of the damaged property. Take whatever steps are necessary to protect your property from further damage.
- Contact your insurance agent as soon as possible. Provide your agent or insurance carrier all information pertaining to your claim.
- Make a list of damaged or destroyed property. Your adjuster will be able to work more quickly if he or she has a written list to work from. Photos of damaged property may also be useful.
- Keep records and receipts for all expenses you incur. Supplies purchased to protect damaged property, or the costs incurred while staying at a hotel while your home is being repaired, may be recoverable.
- Try to be patient. Once you report your claim, your claims adjuster will respond as quickly as possible. Delays may be likely, as hurricanes often uproot signs and deposit debris on highways, severely impeding traffic.

Additional resources:

- National Hurricane Center: www.nhc.noaa.gov
- Hurricane and storm tracking: <http://hurricane.terrapin.com>
- The Weather Channel: www.weather.com/index.html
- Progress Energy: www.progress-energy.com/aboutenergy/storm-central/index.asp
- SECO Energy: www.secoenergy.com
- Printable hurricane tracking maps: www.fiu.edu/orgs/w4ehw/tracking-maps.html

For your convenience, a complimentary copy of the Star Banner's Storm Guide is also included with your home delivered issue of the World News this month.

Take the time to prepare and be safe.



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- E. J. The Villages, FL

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- S.M The Villages, FL

"I am so grateful for Dr. Davis! I am now walking upright again - without the use of my cane. My pain has greatly reduced and I am more active than I have been in years. Thank you Dr. Davis!"

- W.C. Leesburg, FL

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Peripheral Neuropathy often causes numbness and pain in your hands and feet. People typically describe the pain of peripheral neuropathy as tingling or burning. Peripheral neuropathy is caused by nerve damage. It can result from such problems as traumatic injuries, infections, metabolic problems and exposure to toxins. One of the most common causes is diabetes.

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Women of the World

By Nancy Grabowski

As we prepare to turn the calendar's page into June, kudos are in order for our fantastic members. Many hands do the work, making it easy for some to be overlooked but not unnoticed!

So, our thanks go to President Carol Emrick who led us with grace and humor through an amazing year; out-going secretary, Sharon Tarolli, who wrote amazing columns for the World News; Judy Singer along with Bev Carver, April Pollard, Carla Magri, Katherine Anshewitz, Melanie Vittitow, Ruth Border and Marge Saredy, who served for five years as the refreshment committee.

Doris Weixlmann and Anita Martinetto who faithfully loaded donations into the carriers of our charities for the past four years; Lorraine Paszek and Barbara Martyn who chair the communications committee; Kathleen Wilson who is responsible for the cards and notes of the sunshine committee; Janet Fragapane, Joy Olsen, Pat Russell, Joureene Pannier, Beth McKeen, Rose McGarry, and Rosemary Walsh, who made everyone welcomed with their ready smiles.

Sandy Chase, Linda Bervinkle, Eileen



Photo by Mike Roppel

Andrea Flannery, April Pollard, Nancy Grabowski, Katherine Anshewitz and Carla Magri line dancing at the May meeting of Women of the World.

Kreps, Marsha Vieu, Melanie Vittitow, who manned the carts to shuttle us up the hill; Mikki Malsch, Barbara Martyn, and Liz Cruz who initiated the bake sale at the spring Rags to Riches; and finally, to each of you who never failed to support our monthly charities.

Did you know that men actually belong to Women of the World? We would be remiss if we didn't thank them, too! Rod Emrick arrived before each meeting to set up the plastic recycling barrels, drove the shuttle, returned after each meeting to whisk away the recyclables and trash, and

was a major force before and after the fashion show.

John Kreps, Henry Vieu, and Mike Roppel also were shuttle drivers and fashion show workers; Ken Stillwagon, John Jamieson, and Roger Laible joined the cleanup crew after the fashion show; Archie Pollard, Jack Singer, and Tony Magri who worked for weeks before and immediately after the fashion show. We would be lost without our guys!

If I missed anyone, please know it was not intentional ... thank you, thank you, thank you!

Our May meeting rocked in so many ways! Carol Emrick, Lois Nix, Sally Herrick, and Rose McGarry manned the refreshment table. This allowed the retiring refreshment crew to go first rather than last, quite a treat! Jim Rich entertained us with music that encouraged us to sing and dance along. Of course, the biggest hit was the arrival of the fire department to secure the donations for Stuff the Bus; only a call prevented them from dancing with us!

Smiles and hugs sent our members on their way for summer adventures while the officers turn their attention to preparing for next year's program. We welcome Pat Betts as our new secretary whose initial news column will appear in the July newspaper. Committee chairwomen are receptive to ideas (and help) throughout the summer, too. Consult the program for names and numbers.

Be safe, stay healthy and in the words of Brian Hyland, "See you in September ..."



Home Maintenance Tips

By Robert Colen

Don't Forget Your Dryer Vent

A few weeks ago, my wife sat me down and said, "We need a new dryer. The clothes are just not getting dry." I took a deep breath and said, "I don't want to buy a new dryer." Her next words were, "Well, you better fix ours then."

Is this happening to you? Well, maybe not the part about the wife, but the part about your clothes dryer taking too long to dry and not drying as it should?

The clothes dryer is probably the easiest appliance in your house to fix. I am not real handy repairing appliances, but I can go onto YouTube.com and find precise step-by-step directions to fix the dryer. I've done it a couple of times already, like when the heating element went bad.

In this case, I didn't have to get instructions. The reason that a dryer gets hot, tumbles properly and still does not dry is because the vent is clogged. The moist air has no escape and the clothes just stay in the humid tumbler.

So, instead of spending a couple hundred dollars on a new dryer, I pulled out the dryer and checked to make sure that the vent line wasn't pinched. Then I got my all trusty shop vacuum out and shoved the corrugated hose into the vent in the wall and sucked out whatever would come out.

For most people, the vent stack pipes through the roof, mine goes under the slab and pops up near my air conditioning condenser. I shoved the vacuum in the pipe and sucked out about one gallon of water. I'm not sure how water got in there, but I do know that my dryer is working just fine.

So here is my advice. It is very important

to keep your dryer vent clean. A clogged dryer vent not only keeps your clothes from drying properly, it may, in an extreme situation, cause a fire. The first thing you can do to keep the vent duct clear is to clean the vent filter on your dryer before or after every drying. This will keep much of the lint from being sucked into the ducts and accumulating inside. If there are still problems drying, you can try doing some limited vacuuming of the vent right behind the dryer.

However, to sufficiently clear the vent duct, we recommend that a professional do the cleaning with a rotating vacuum brush. This will help to remove lint that is sticking to the surface. Your air conditioning contractor can do this for you during your annual air conditioning service. They will need to bring the equipment, so let them know when you schedule your annual service that you want your dryer vent cleaned also.

The contractor that On Top of the World uses for new construction charges \$60 for a dryer vent cleaning when included with the annual service. So be careful that none of the less reputable firms try to overcharge you.

RESIDENT TIP: To avoid splatter when putting the lid back on a paint can, put the lid on but do not press down, then cover

the can with a plastic grocery bag and just bang away until the lid is secure. Remove the plastic bag and discard. *Submitted by Ray Cech*

If you have a cleaning tip or a topic you would like addressed in this home maintenance column, please e-mail them to warranty@otowfl.com.

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SPCA

By Maria Devine

We'd love to see you at our next meeting on Thursday, June 20 at 1 p.m. in the upstairs meeting room at the Bank of the Ozarks. If you're looking for someone new to play with (and volunteer with) now that some of your friends have gone north for the summer, come check us out. We will also be meeting in July and August for the first time this year. Please give us a call at 362-0985 if you would like to know more about our meetings or have any questions.

When you come out to the Farmer's Market at The Town Square on Thursday, June 6, please look for the SPCA table where we will be selling used books for 25-cents to \$1 and all proceeds will go to help the animals.

Tuxedo cats, Panda and Coco, came



January

into foster care as tiny kittens and are now a year old. Coco has adopted Panda as his stepsister since all their siblings have gone to forever homes. Now it's time that they had a forever home of their own, together of course. These elegant beauties are great company for each other, which makes it easier for you to care for them. They won't tire you out like kittens can, yet they're still very young and lively.

If you can only adopt one cat, Arlene has Ebony and Smokey available. These young cats have gone through the trap, neuter, release program since the beginning of the year. They are neutered, have all their shots including rabies and are microchipped. Arlene has socialized them for the past six months so they will make wonderful pets. Please give her a call at 875-9761 to meet one or all of these fantastic felines.

The Marion County Animal Center would like your help in getting a wonderful older dog adopted. January, a smaller black Labrador retriever, was found by a good Samaritan, wandering around as a stray. She has been there since January and that's how she was named, and that's too long for such a sweet, eight-year-old girl to be in the shelter system. They absolutely love her there and want her adopted. She's still active, friendly, and loving. She's housetrained to perfection - she won't even do her business in the kennel like most of the dogs, but waits till she's taken outside for her walk. She also knows how to sit and stay. January is so wonderful that the Animal Center says that she would make a great addition to any family. Now they don't say that everyday about every dog, so it goes to show that she is indeed special. When you call about this sweetheart, please reference ID number A090256. Please don't delay calling 671-8700; she's already been there too long. January is available for an adoption fee of \$40. This fee includes spay/neuter surgeries, county licenses, vaccinations and microchip.



Photo by Janet Wahl

QM Mary Curry, Carol Cecala and Janet Wahl at the International Red Hat Society Convention in Atlanta, Ga.



Red Hat Society

THE GLITZY GALS: The 15th anniversary of the Red Hat Society was celebrated by QM Mary Curry, Carol Cecala and Janet Wahl along with 1500 other Red Hatters attending the International Red Hat Society Convention in Atlanta, Ga. A variety of activities filled our days.

We visited the Georgia Aquarium, which houses 120,000 animals, representing 500 species in 10 million gallons of water. This was an entertaining and educational experience. "Sister Act" at the Fox Theatre was an amazing musical comedy. This version was set in Philadelphia in the 1970s giving it more sparkle with a disco feel. A tour of the city included shopping at Atlantic Station, an outdoor mall.

The opening ceremony and welcome re-

ception recognized all the states and countries that were represented. The Back Porch PJ breakfast included good food, fun and a very interesting speaker, Victoria Wilcox, author of "Southern Son" the Saga of Doc Holliday. A formal banquet with all the glitz and glamour and a farewell breakfast with glitz and grits concluded the fantastic festivities for another year.

Southern HospitalityTEA was a wonderful experience with the meeting of old friends and making new ones. The 2014 convention will be in San Francisco.

The Braised Onion was the luncheon choice of hostesses Carol Cecala and Bea Maxwell. The food was very good. Rochelle Berliner was the prizewinner by having the specially marked goodie bag. After lunch, QM Mary Curry, Janet Becker, Carol Cecala and Janet Wahl traveled to Project Hope to deliver the items collected by our group.

"Picnic in the Park" in Inverness was a beautiful day and another get together with other Red Hatter groups. "Happiness is found along the way - not at the end of the road." QM Mary Curry by Janet Wahl

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100 Grandparents

By Eleonora Buba

The grandparents' visit on Thursday, May 9, was one of mixed emotions - happiness to be with the children again after the April hiatus, but sadness that another year is over. For the fifth grade grandparent readers, it's a melancholy realization that they may never see their students again as they will head off to middle school in the fall.

As is the usual end-of-the-year tradition at Romeo, the grandparents were treated to a buffet breakfast made by the faculty and administration. The tables were decorated with "placemats" made by the children. There was a wide variety of artwork and the message on each was a big "thank you" to the grandparents. After a quick bite, we hurried off to the classrooms with our "escorts."

Some of the end-of-the-year activities at Romeo Elementary were the Science Fair on May 21, classroom parties, outdoor games, and, coming up, fifth grade graduation the first week of June.

For the past several years (four that I know of), Elliott and Marlyn Barbour have collected food items you have generously donated to Romeo and transported them to

the Dunnellon 4 Kids Backpack Program. They were always a familiar sight at the "bus stop" with their trunk open to collect any additional items brought on the day of our Romeo visits. Beginning with the 2013-2014 season, the torch will be passed to Joanne Leigh. We thank the Barbours for their many years of dedicated service to the children of Romeo Elementary!

Joanne will have a plastic tub by her front door to collect any food items. Her address is 1011 SW 92nd Street Road and phone is 237-7637. Joanne will pick up items if you are not able to deliver to her house but be sure to call ahead and make arrangements.

The 100 Grandparents cannot thank the residents of On Top of the World enough for all of the support you provide every

year. From the school bus trip donations, the Backpack Program, Romeo Roundup contributions, aluminum pop-tops to education labels, it all adds up to help the students.

An extra measure of gratitude and thanks go to Barbara Greenwood for her tireless efforts and leadership. Barbara has been leading the 100 Grandparents for almost 10 years and is the very heart of our group, ensuring that every classroom has a reader each month and that our monthly visits go smoothly. Last, but certainly not least, our thanks to all of you who donate your time as monthly or substitute grandparents. Without you, we could not exist!

Have a safe, happy and healthy summer. See you again in August!



Theatre Group

By Anne Merrick

Our end of year party is over and it is time to talk about the fall show and next April's show. We have a lot of planning to do.

"Murder on the Rerun" will take place in November and half of the cast has already been chosen. We still need two women and one man to complete the cast: Betsy, the ingénue; Edwina, the gossip columnist; and Justin, the movie director. All the parts are edgy and a bit confrontational and will be fun to play.

We plan to have auditions on Wednesday, June 26, at 2 p.m., in Suite G of the Arbor Conference Center. Those chosen will

be given the script to read immediately so that they are ready for rehearsal in September.

We have new members on the board and a new job for one of the previous members. Sue Veres is replacing Dick Phillips as president; Bob Cowie is replacing Emery Bjerkmann as vice president; Anne Merrick is replacing Glo Hutchings as recording secretary; and Dottie Berkowitz is replacing Anne Merrick as member at large. Marilyn Bettinger remains member at large; Jim Merrick as treasurer; and Joan Connolly as corresponding secretary.

The storyboard committee will meet during the summer to discuss future direction and shows. We look forward to putting on a great show on Friday, Nov. 22, Saturday, Nov. 23 and Sunday, Nov. 24.

Don't forget the auditions on June 26. You do not need to be a member in order to try out. If you are interested in auditioning, give me, Anne Merrick, director, a call at 732-0706.



View From The Library

By B.J. Leckbee

What would you do if someone tried to steal your means of making a living, the thieves were armed, there was no way to call for help, and the nearest law enforcement officer was hours away?

Welcome to the Wild West of the 19th century.

In "End of the Drive," a collection of

short stories, legendary frontier novelist Louis L'Amour introduces the reader to dangerous situations encountered by early pioneers who dared to risk their lives to improve their futures.

A boy of 17 stands tall against an outlaw and discovers that winning isn't about how fast he can draw a gun. A trail driver brings his cattle to market through desert and Indian country, only to discover that a woman can be as dangerous as the cattle drive. A preacher arrives in a small town and promises a miracle. A clever band of cattle rustlers almost succeeds in bankrupting several ranchers. In one story, the enemy is the desert.

L'Amour mixes a few comic twists with lots of suspense as he shows that self-reli-

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Fee-based class - Your first class is free! - Fitness pass required



#9737 - 06/13



Unique Birders pose for a photo after lunch.



Birders' Beat

By Anne Merrick

This was the first visit to Silver River State Park for many of us. We left On Top of the World at 8:20 a.m. and arrived at the park at 9 a.m. It was \$6 per carload to enter the park.

We collected our trail maps and decided to take the River Trail, a 1.2-mile walk each way to the river and back. It was a pretty trail under the canopy of huge oaks and other native vegetation, giving us dappled shade the whole way. I noticed several tall blueberry bushes in full flower; lucky birds when the berries ripen.

There was blue-eyed grass in flower for the Native Plant Group members among us. It was very quiet as we started out with the birds hanging back.

As we sauntered along with our binoculars scanning the trail and woods, we heard the first birdsong. Cardinal and woodpeck-

er were the first we noticed and then the Carolina wren that makes such a racket. Chickadee and phoebe were also heard but not seen. This was how the morning went.

Shadows of birds were flitting through the canopy too fast for us to identify until a swallow-tailed kite flew right overhead uttering its piercing cry. There were many male cardinals giving a glimpse of red as they darted here and there. An unidentified hawk and an American vulture were seen as well as an American crow, tufted titmouse, blackbird, catbird and mourning dove.

At the river, we watched a group of kayakers launch for a guided tour of the river up to the headsprings. We also saw a school of fish, possibly perch but no river birds. A blue-tailed skink was spotted which made a beeline for Anne Merrick, as she sat on a bench, climbing up onto her shirt, much to her delight. We took many photos of trees and skinks but none of birds. After making our way back to the parking lot we went for a fine lunch at Horse and Hounds Restaurant of Ocala.

This was our last walk until October when we will have our planning meeting. If you are interested in joining us, get in touch with Margitta Claterbos at 873-0731.



Citizens Emergency Response Team

By Patricia A. Woodbury

Major Paul Laxton, the new director of emergency management of the Marion County Sheriff's Office addressed the On Top of the World CERT members at their May meeting. Major Laxton has been with the Sheriff's Office for 29 years and brings

years of experience to his new position.

The members were anxious to meet Major Laxton and hear how he sees the function of emergency management in relation to the CERT programs. The members also had many questions for the director regarding CERT activities.

CERT members were invited to participate in the statewide hurricane exercise on Wednesday, May 22, at the emergency management office. This was a good opportunity for CERT members to observe the emergency management office in operation.

A new-member CERT training class is

planned for Sept. 5 at the Division of Emergency Management, Marion County Sheriff's Office, 692 NW 30th Avenue, Ocala. This is an eight-session course and interested persons should contact Bob Conn at 812-0853 for further information. The deadline for applications is Aug. 17.

The next meeting of CERT is scheduled

for Tuesday, June 11, at 9 a.m.

CERT meets every second Tuesday of the month at 9 a.m. in Suites E, F and G of the Arbor Conference Center. Persons interested in learning more about CERT are welcome to attend these meetings or contact Pat at 854-8718.



Photo by Mike Roppel

Drill Coordinator Joe Hilchey describes a drill scenario to CERT teams.

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Photo by Ron Broman

Sand blackberry thriving near the Arbor Conference Center.



Native Plant Group

By Ron Broman

Betty and I have been on a 115-day journey around this precious world, and now we're home. Home! Just what does that word do for you?

So many of us reside here for only a portion of the year. Someplace else, usually "up north," has the benefit of our residence for five, maybe six months. Do we really have two homes?

As I chat with folks in that category, it often is clear that the perception is that "home" is that other place.

I often wonder how long it takes snowbirds to settle in and call this place home.

Some make the leap fairly early. Why is that?

Recently, I've heard the phrase, "Sense of place," as in, "She seems to have a sense of place, that feeling of belonging, that she is where she should be."

Tortoises seem to be like that, carrying their home over top of them. When they feel threatened, sleepy or just want to "hang out," it's just a move under their shell and they're "home."

I wonder how birds migrate so successfully and how they are so able to adapt to the conditions existing where they spend each season. To me, it's miraculous!

Thinking about it though, it seems to boil down to some basics. What is it that they need to not only survive but also

thrive? The same question could be asked of snowbirds and the rest of us "birds." What do we need to not only exist but to enjoy our existence?

Some have said that all we need is "three squares a day and a roof over our heads." I'm not so sure.

Perhaps what we need is the same as what all life needs: adequate and appropriate food, water, and shelter in company with a support team.

When we are preparing for a cruise, we are often asked, "Are you traveling with a group?" Sometimes yes but more often "We're starting out on our own, but we make many friends along the way." Such was the case on this last voyage.

But there's more.

I feel at home in a pine forest. But I also feel at home where I'm birding, in almost any habitat: on board ship, in gardens, on the edges of woods and even in some deserts. There is something special about these places and I think I know what it is.

When there is a variety of native plant species in a habitat, many native bird species are present as well. "Different foods for different folks." When that situation is present, I feel at home.

One day last week, I walked the Longleaf Pine Trail behind the Arbor Club and noticed white blossoms. Closer inspection revealed the native blackberry plants, *Rubus cuneifolius* (Sand blackberry), in flower, but also with beginning berries themselves. I was home!

So how long does it take to have that sense of place, that feeling that here is where I belong? Someone, once said, "Home is where the heart is." I guess it depends on where our heart is.



Veterans Club

By Fred Pulis

The newly formed Veterans Club will hold its quarterly meeting on Thursday, June 20. The hour-long meeting will cover various veteran-related issues and concerns.

The guest speaker will be Community Outreach Coordinator Lisa Varner from Hospice of Marion County. She will explain specifically how Hospice of Marion County affects veterans.

The meeting will start at 2 p.m. in Arbor Conference Center, Suite B. All Armed Service veterans are encouraged to attend. Topics concerning veterans issues will be discussed and various opinions and ideas are encouraged.

For any additional information, please contact Fred Pulis at 854-9976.



Everyone Wins Club

By Sandi Kemp

Our May party was lots of fun! We had several new people join us - Roger, Mike and Deb! Our number is growing and so is the bingo pot!

We took a break and had a delicious

meal as always and then I had a couple of surprise games to play. One was, I read a story and the teams had to count how many times I said a certain word, and at the same time count how many times they heard a bell ring! Everybody loved that and can't wait to do that again! The other surprise game was charades and we had some brave volunteers for that! So, as you can see, we don't just play bingo!

If this sounds like something you would like, please join us for the fun! Our next party will be on Friday, June 14. Call Sandi for details at 237-9073.

Potluck and a Movie

By Mary Ehle

Enjoy potluck and a movie on Sunday, June 9, in the Health & Recreation Ballroom!

"Alex Cross" is an action and suspense movie. It stars Tyler Perry, Ed Burns, and Matthew Fox. It is based on the book by James Patterson.

Cross goes back to his origin in the Detroit police department. It is very new and very different from our usual monthly movie. It is exciting and suspenseful.

In regard to the potluck, the club will furnish hot dogs, sauerkraut, rolls, mustard, relish, etc. Please bring a dish of food to share and also your own dishes, drink, silverware, etc. Please come by 5 p.m. so that we can eat and clean up before the movie.

If you are only attending the movie, it will be shown at 6 p.m. You may call me if you need any more information at 873-7507. Hope to see you there.

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Pool & Spa Rules

Health & Recreation Pool

Hours: 8 a.m. to dusk

- One lane is open for dippers, exercisers until 10 a.m., and other lanes are open for lap swimming only.
- After 10 a.m., pool walkers are allowed to walk in shallow end.
- Aquacise classes meet for one hour per day, please be courteous and please use other end of pool.
- Open swimming is available to all residents from noon to dusk.
- Guests under the age of 15 are permitted in the pool from noon to dusk and must be accompanied by a resident or parent.
- During weekends and holidays, there are no time restrictions for guests under the age of 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 100 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the last Wednesday of the month.

Arbor Club Pools

Hours: 6 a.m. to 8:30 p.m., Sunday 9 a.m. to 7 p.m.

- Lap swimming is Monday through Friday, 6 to 7 a.m.
- Water walking is Monday through Friday, 8 to 9 a.m.
- Pool use is for residents and adult guests only.
- Guest(s) must purchase a pass, \$2.25/day or \$10.75/week per guest.
- Children under the age of 15 are not permitted in pools or on pool deck areas.
- Indoor pool closed for classes as follows: Monday through Friday, 9 to 10 a.m.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Indoor pool bathing load is 75 persons and the outdoor pool bathing load is 37 persons.
- The indoor pool will be closed for cleaning every Wednesday from 10:30 to 11:30 a.m.
- The outdoor pool and spa will be closed the first Wednesday of the month.

Candler Hills Pool

Hours: 9 a.m. to dusk

- Pool is open to all Candler Hills residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- Shower before entering.
- Swim at your own risk; no lifeguard on duty.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- The pool will be closed for cleaning the second Wednesday of the month.

Candler Hills Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- The spa will be closed for cleaning the second Wednesday of the month.

Indigo East Pool

Hours: 9 a.m. to dusk

- Pool is open to all Indigo East residents and their guests.
- Guests under the age of 15 are permitted in the pool from noon to dusk.
- During weekends and holidays, there are no time restrictions for guests under 15.
- The pool will be closed for cleaning the third Wednesday of the month.
- Shower before entering.
- No food, drinks, smoking, glass or animals in pool or on pool deck.
- No diving.
- Bathing load is 55 persons.
- Children in diapers must wear swim diapers or Little Swimmers.
- Swim at your own risk; no lifeguard on duty.

Indigo East Spa

Hours: 10 a.m. to dusk

- Shower before entering.
- No food, drinks, glass or animals in spa or on pool deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- Swim at your own risk; no lifeguard on duty.
- The spa will be closed for cleaning the third Wednesday of the month.

Please exit all pools during thunderstorms!



Larry's Fit Tips

By Larry Robinson

Importance of Stretching for Improved Flexibility

Stretching exercises provide many benefits. In general, stretching enhances relaxation as it improves flexibility. The key to gaining these benefits is to stretch on a regular basis.

Typically, stretching is done before and after a workout. The initial stretch, which should be dynamic (continuous movement), prepares the muscles and tissue for exercise. The post workout stretch, which should be static (you hold the stretch for 15 seconds), soothes the muscles and can provide a more permanent stretch in the muscle fiber.

Over the years, we develop habitual ways of using our muscles to move and position ourselves. Poor posture and a lack of flexibility may be the results of a legitimate medical problem or of limited stretching and improper body alignment.

When muscles get tight and stay tight, they cease to be elastic and they restrict movement. That sense of restriction, or stiffness, often leads to disuse. Disuse causes weakness and tightness, which in turn causes a vicious cycle of more disuse, weakness, and tightness.

Stretching is a form of physical exercise in which a specific skeletal muscle is deliberately elongated, in order to improve the muscle's elasticity and reaffirm comfortable muscle tone. The result is a feeling of increased muscle control, flexibility and range of motion. Stretching is also used therapeutically to alleviate cramps.

You have to "lube your chassis" to ensure a smooth ride. Regular stretching activates fluids in your joints, thereby reducing the wear and tear caused by friction. Increased water intake is also believed to contribute to increased mobility for tissues and joints that have become less supple.

Along with improving and maintaining flexibility it is also extremely important to keep muscles strong. When the body doesn't move, it only gets weaker. Muscles get smaller and even basic movements

can become very challenging. However, stretching will make you feel better, and joint problems will likely improve.

In addition, stretching promotes blood circulation, which enhances heart health. It can also reduce symptoms of diseases and conditions that compromise joint function. Regular stretching is also beneficial for an overall feeling of well being.

Stretching is not difficult or time-consuming; it is relaxing and can play an important role in pain management. It takes just a few minutes a day without having to get into any uncomfortable positions. With time, you can enjoy a more fulfilling life of extended movement.

There are several opportunities at Health & Recreation to improve your flexibility, and promote relaxation:

- **YOGA AND CHAIR-YOGA:** These classes provide both static and dynamic stretches through different yoga postures.
- **TAI CHI AND CHAIR-CHI:** This low-impact exercise is often called "medicine in motion" providing a fluid and continuous stretching movement.
- **STRETCH FOR THE STARS:** Stretching exercises both seated and standing specifically designed to improve flexibility.
- **STRENGTH AND STRETCH:** Divides the class equally with strength exercises and stretching exercises.
- **ARTHRITIS FOUNDATION AQUA CLASSES:** This seasonal aqua class is wonderful for managing arthritis pain and improving mobility (June through August at the Arbor Club outdoor pool, fee-based program but try the first class for free!).

Another option, which is often overlooked is the Precor Stretch Trainer located in the Health & Recreation fitness center. This piece of equipment is unique because you do not have to get on the floor to do stretching exercises. If you are interested in learning more about this piece of equipment or any of our classes, feel free to stop in the fitness center. We would be happy to assist you.

FIT TIP #1: Flexible muscles make everyday tasks easier, such as lifting, bending and reaching.

FIT TIP #2: Stretching improves muscular balance, which in turn keeps your body in balance! This decreases your risk of falls.

FIT TIP #3: Stretching improves circulation and relieves stress.



Avalon Social Group

By Lorraine Rourke

The last potluck prior to summer was a

smaller but cozier group of residents. Now that our snowbirds are gone, our year-rounders are looking toward summer trips they will be taking.

We will discontinue the potluck during the summer months with plans to resume on Monday, Sept. 9. Ed Barnes will be handling the September event, as I will be out of town.

Enjoy your summer, stay hydrated, healthy and travel safely.



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Fitness Happenings

By Cammy Dennis

Foods That Foster Brain Health

After reading a new book, "Power Foods for the Brain" by Dr. Neal D. Barnard, MD, I was impressed with his resounding message that good nutrition is not only important for the body but also for the brain. We need to look at nutrition from a broad perspective, making lifestyle decisions that enhance the health of our bodies and protect the health of our brains.

Dr. Barnard highlights a three-step plan to accomplish this.

- **STEP 1:** using power foods to give your brain the nutrition it needs.
- **STEP 2:** engage in physical and mental exercises.
- **STEP 3:** defeat common physical threats to your brain specifically sleep disruptions, certain medications and medical conditions.

Dr. Barnard notes that foods high in vitamin E, B6, B12 and Folate are important to "build your vitamin shield" and protect the health of your brain. Vitamin E is an antioxidant acting to protect brain cells against free radical damage. The B vitamins also act as protectors, they work as a team to eliminate homocysteine (ho-mo-sis-teen), small destructive molecules that can circulate in your bloodstream.

- **FOODS HIGH IN VITAMIN E:** broccoli, spinach, sweet potatoes, mangoes, avocados, almonds, walnuts, hazelnuts, pine nuts, pecans, pistachios, sunflower seeds, sesame seeds and flaxseed.
- **FOODS HIGH IN B6 VITAMINS:** green vegetables, whole grains, sweet potatoes, bananas and nuts.
- **FOODS HIGH IN B12 VITAMINS:** Fortified breads and cereals, animal proteins (I should point out that Dr. Barnard does not advocate a diet that includes animal protein due to the saturated fats).
- **FOODS HIGH IN FOLATE:** when it comes to Folate think of "foliage" like broccoli, spinach, asparagus and other green leafy vegetables.

Besides the vitamin shield, Dr. Barnard notes that the type of fat you are getting in your diet is also critical to brain health. He says, "Give your brain an oil change" by substituting the unhealthy saturated and trans fats with healthy fats. The typical American diet is high in saturated fats. The largest source of saturated fats in the American diet is from dairy foods and meats are a close second. A four-year study showed that people who got 25 grams of saturated fat a day were at twice the risk for Alzheimer's disease.

Here's how easy it is to get 25 grams of saturated fat in a day: bacon and eggs for breakfast, grilled cheese sandwich for lunch and a portion of meat for dinner. The Alzheimer's Association notes that people who were obese in middle age were twice as likely to develop dementia in later life. It's clear that a diet high in saturated fat is bad for the waistline and the brain. Dr. Barnard sums this up succinctly "bad for the heart, bad for the brain."

FITNESS SCHEDULES

Health & Recreation (effective June 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-8:50 Aerobics Room	Cardio Mix Dara	Strength & Stretch Dara	Cardio-Kick & Tone Jessica	Strength & Stretch Dara	Dance Party Jessica
9:00-9:50 Aerobics Room	Tai Chi Mary Pat	Chair Yoga Mary Pat	Stretch for the Stars Jessica	Chair Yoga Jennifer	Chair Chi Mary Pat
10:00-10:45 Aerobics Room	Balanced Body Marie	'KB' Kick boxing Han	Balanced Body Jessica	'KB' Kick boxing Han	Balanced Body Cammy
10:45-11:30 Aerobics Room	ZWISA Kits	S.O.S. Serious on Strength Larry	ZWISA Kits	S.O.S. Serious on Strength Larry	S.O.S. Serious on Strength Larry
10:45-11:30 H&R Ballroom	Light Aerobics Marie		Light Aerobics Jessica		ZWISA DARA Belly Dancing last Friday of the month
11:45-12:30 Aerobics Room	Get Fit While You Sit Kits	Total Body Training* Larry	Get Fit While You Sit Kits	Total Body Training* Larry	Get Fit While You Sit Cammy
1:00-2:00 Fitness Center		Fitness Center Orientation		Balance Assessments**	

Health & Recreation Hours: Monday-Friday, 6:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m.

Arbor Club (effective June 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barb	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barb	Deep Water Aerobics* Dara
9:30-10:30 Arbor Club Ballroom	Healing Yoga* Stuart		Basic Hatha Yoga* Mary Pat		
1:30-2:15 Outdoor Pool		Water Walking (FREE)		Arthritis Foundation*	

Arbor Club Hours: Monday-Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

*Denotes fee-bases class. Fitness Pass required.

**Balance Assessments are free! Please call for a reservation at 854-8707 Ext. 7534.

ARBOR CLUB INDOOR POOL SCHEDULE

Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.
Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
7:00 - 8:00 AM	Open	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk	Open
9:00 - 10:00 AM	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Open
10:00 - 10:30 AM	Open	Open	Open	Open	Open	Open
10:30 - 11:30 AM	Open	Open	Closed for Cleaning	Open	Open	Open
11:30 - 12:30 PM	Open	Open	Open	Open	Open	Open
12:30 - 1:30 PM	Aqua Belles	Open	Aqua Belles	Open	Aqua Belles	Open

* Fitness Pass required to attend class

Rules for Lap Swimming:

1. Swimmers should swim on the line.
2. If lanes are full, share the lanes.
3. When sharing lanes, swimmers of matched speed should share lane.

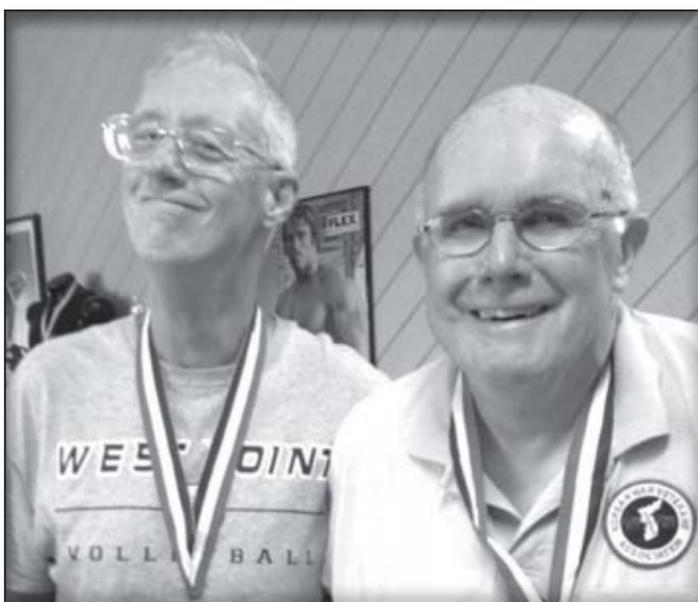
Health and Recreation Pool

Monday through Sunday, 8 a.m. to dusk. Closed for cleaning the last Wednesday of every month.
Children permitted Monday through Friday, noon until dusk, all day Saturday, Sunday and holidays.

Embracing wellness revolves around mindful choices that promote health and ultimately the quality of our lives. Lifestyle

behaviors that include physical activity, intellectual stimulation and good nutrition are critical for a sound mind in a strong body.

www.OnTopoftheWorldInfo.com



Elton Autwell and Frank Trask in New Port Richie at the Florida Regional Qualifier for the US National and US Open Racquetball. Elton and Frank won gold medals in their age division.

Treat Dad to a Great Meal!
Sunday, June 16
Reservations suggested.

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Back at The Ranch

By David Gibas

Are You Trapped in the Same Old Workout?

Take your workouts to the next level ... go from trapped to training! I suggest you stop "exercising" and start "training" for something. By setting a goal, you have something to strive for, there is a specific and measurable purpose behind your exercise. This change in perspective can have a profound impact on your fitness level. Instead of an exercise participant, think of yourself as an athletic competitor.

This training effect was clearly evident on the morning of Saturday, April 27 when several Ranch fitness members took part in "Race to No Place Triathlon." Each participant was required to water walk for a quarter of mile, cycle for 20 minutes and then run or walk a 5K (3.1 miles).

The sense of accomplishment from the triathlon competitors was amazing and the training benefit that some derived translated into weight loss and improved cardiovascular performance. Chris Riopel, Ranch fitness member and On Top of the World resident, noted "Training helped me to focus on something and provided a challenge, a goal to work towards. I had never been in the pool or on a bike; the triathlon inspired me to try something new. The most important thing for me was that the practice and training helped me overcome my fear of not being able to do it, it proved to me that I could do it!"

Linda Denno, Chris' personal trainer, notes "Chris really set herself out from the rest of the pack for the Race to No Place Triathlon. As part of her personal training sessions, we re-created the triathlon course. She completed two run throughs; she im-

THE RANCH FITNESS SCHEDULE

The Ranch (effective June 1)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-8:55 a.m.	Power Cycling Jessica	Tabata Training Jessica	Yoga Sculpt Mary Pat	Tabata Training Carolyn	Power Cycling Carolyn	(8:30 a.m.) Power Cycling Instructor Rotation
9:00-9:55 a.m.	20-20-20 Jessica	ZUMBA Nichole	Power Cycling Carolyn	New Class! Cardio Combat & Core Kitti	20-20-20 Carolyn	(9:30 a.m.) Power Pump Instructor Rotation
10:00-10:55 a.m.	ZUMBA Dara	Chisel Muscle Mix Kitti	Power Pump Carolyn	Chisel Muscle Mix Kitti	Cardio Dance Jessica	(10:30 a.m.-Noon) Yoga Flow
10:30-11:25 a.m.	Water Works Jessica	H2O Fit Barb		H2O Fit Barb	Hydro Yo-Chi Mary Pat	H2O Fit Instructor Rotation
11:00-11:55 a.m.		Restorative Yoga Jennifer		Restorative Yoga Jennifer		Sunday Power Cycle 8:30am Carolyn
6:00-6:55 p.m.	Power Cycling Rene	Tabata Training Carolyn	Power Pump Rene	ZUMBA Heaven	5:00pm Tour de Ranch Cycle in July! Cammy	6/30, 7/7, 7/14, 7/21 Tour de Ranch Challenge starts June 29!
	H2O Fit Linda		H2O Fit Linda			
7:00-7:55 p.m.	ZUMBA Heaven		ZUMBA Nichole			

Schedule subject to change. View class descriptions online at www.TheRanchFitnessSpa.com.
Monday-Thursday, 5:30 a.m. to 9 p.m.; Friday, 5:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 5 p.m.; Sunday, 8 a.m. to 4 p.m.

proved her total time by almost 15 minutes! The pre-training helped prepare her both mentally and physically for the challenge. I remember when she was concerned about even completing it, and she ended up taking home a silver medal!"

Think of yourself as an athlete and start training for something. Why not go for the coveted "Tour de Ranch" yellow jersey? The second annual "Tour de Ranch" starts Saturday, June 29, and runs through Sunday, July 21. Our cycling program mirrors the timing and profiles of real Tour de France.

You can participate in the Tour de Ranch by attending any of our Power Cycling classes, and we are adding classes during these three weeks (check the group fitness schedule).

All you need to do to win the Tour de Ranch yellow jersey is attend nine Power

Cycling classes between June 29 and July 21. There are a limited number of cycles available; you can arrive an hour prior to the class start time to get a ticket to reserve your spot in class from the attendant at the front desk. We look forward to having you on our cycle team!



Chris Riopel won the silver medal in the "Race to No Place Triathlon."

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Father's Day Menu

Sunday, June 16, 2013
11 a.m. - 4 p.m.

Salads
Cucumber
Caesar

Entrées
Roasted Atlantic Salmon
with a Honey Mustard Glaze
Candler Hills Traditional
Roasted Prime Rib
Stuffed Shells in a
Tomato Cream Sauce
Lemon Herb Breast of Chicken

Sides
Rice Pilaf
Seasonal Vegetables
Au Gratin Potatoes

Dessert
Chef's Choice

\$22 per person
plus tax and gratuity

VIP Dining Program members receive member discount and priority reservations through Saturday, June 8, 2013. All other reservations may be made after June 8th at 861-9720.

VIP dining program.

UPCOMING MEMBER EVENT
Low Country Boil
Wednesday, June 5, 2013
5 p.m. - 7 p.m.

Come out and enjoy a Cajun dinner on the patio at Candler Hills Restaurant. This crowd-pleasing recipe includes a combination of shrimp, crab, sausage, corn and potatoes. It's a mess you don't want to miss!

\$16 per VIP Dining Program member
\$17 per non-VIP Dining Program member

For more information, call 861-9720.

*To participate in the dining program, a membership fee and signed annual agreement are required. Members of the program receive a 5% discount on all food and beverage items and 10% on additional sides, desserts and appetizers purchased.

NATIONAL FLIP FLOPS DAY

Friday, June 21, 2013

Wear your craziest pair of flip flops and receive Happy Hour pricing all day. Let's see who has the most unique flip flops!

EVERY SUNDAY! BREAKFAST BUFFET

Served 9:00 a.m. - 11:30 a.m.

\$9⁹⁹ plus tax and gratuity

Enjoy all of your favorite breakfast items at this popular buffet.

VIP Dining Program members receive member discount.

#9189-06/13



Line Dancing

By George Conklin

It's June and we have just class year. Marilyn McNeal will take July and August off for summer vacation and start again in September.

Janice Meade and Bob Ferguson plan to continue their practice class through the summer, as will most of the other practice groups.

Friday and Saturday night dancing on The Town Square and Happy Hour on Fridays at the Arbor Club will continue through the summer; so make your summer plans with this in mind.

We have added an evening of line dance the second Wednesday of the month, from 6:30 to 8 p.m. in the Arbor Club Ballroom and it is open to all groups. It is air-conditioned with a smooth floor, which will give us a chance to do some of the dances that do not work at The Town Square. If there are any additional schedule changes, we

will let you know.

Combining Janice and Bob's classes with Marilyn's three and the intermediate practice group, we have learned over 60 new dances this year. Did you ever wonder just how many dances there are? Kickit is the website with the largest collection of known line dances currently available and the number of dances is currently 64,758. Approximately 425 new step sheets are added each month. We can never know them all.

We are updating the Friday and Saturday night dance music CD for The Town Square to match the new dances we have learned. There will be a good mix of the new dances with old favorites so everyone will have a chance to dance.

Good weather and warm nights are here and you do not need to dance to enjoy the music, open air and good company. Come dance with us! Just stay in line and step when the drum goes thump.

Class information and registration for our dance instruction is through the Health & Recreation office. Please sign up as early in the month as you can to avoid last minute impact on other office activities.

For more information, please contact Janice Meade at 861-9345, Bob Ferguson at 873-4478 or Marilyn McNeal at 807-1546.



Ballet Club

By Eugenie Martin

It is hard to believe that the Ballet Club is seven years old. It seems as if it were yesterday that we started with four members doing two classes a week without any barres. In the beginning, I taught all the classes. In a few months, however, my co-teacher, Julie, joined our group and soon began sharing the teaching. Today, we have seven ballet barres, and 17 members who take up to four classes a week. I use the expression "up to" because not all our members attend all the classes.

Most of our classes contain 10 to 12

dancers, which is a good number for the size of the studio. When the classes become larger, we need to be more careful at the barre and sometimes need to dance in sub-groups in the center. Often, however, it is more fun dancing closer to others. The look can be wonderful, and it makes us feel as if we are part of a true "corps de ballet."

Our classes are held in the Arbor Club Exercise Studio adjacent to the indoor swimming pool. They will continue throughout the summer on Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2 p.m., and Saturdays from 9 to 10 a.m. Newcomers are welcome. All you need to start are exercise clothes, socks, and a bottle of water. However, if you want to join us please call me in advance. That way, we will be expecting you. For this, or any other information about our group, please feel free to call me at 854-8589. Happy dancing!



Square Dancing

By Walter Lamp

Elections were held on Thursday, April 11. Elected were Bob Lockwood as president, Skip and Carol Spencer as co-vice presidents, Mary Jo and Jim Hammond as treasurers, and Ernie Kelly as secretary. Good luck to one and all. And remember, it takes all members to make a club work.

On Saturday, April 20, on the Ocala Civic Theatre stage, 14 members: Skip and Carol Spencer, Dick and Sandy Jones, Larry and Norma Miles, Bill and JoAnn Stockmaster, Walt and Mary Lamp, Jerry Sager and Fran Bolson, and Bob Lockwood and Ellie Cry, plus six dancers from our neighboring club, the Ocala Twirlers, performed for the audience in attendance.

We were part of the theatre's tribute to all forms of dancing in Marion County. Some other groups included Belleview High School, young girls ballet, Ocala Irish dancers, and many, many more. It makes one appreciate the many art forms that we have here in Marion County.

On Saturday, April 27, Circle Squares Club celebrated our 10th anniversary at the Health & Recreation Ballroom. Besides our club members, we had guests from a few of the local clubs in central Florida.

We started the evening by introducing all of our former presidents, including Joe and Toba Hackett, who were the first. A two-tier anniversary cake, decorated in club colors, was on display. On another table, we had numerous photo albums depicting past dances over the years. All of the dancers sat at round tables decorated

for the occasion. We shared a good time. Our club caller, Don Hanhurst, added a few memories of his own. What a night!

About two years ago, a group called the yahoo committee was formed to make our monthly theme dances and special dances more entertaining and fun. That's what they have done. A special thanks to Don and Dottie Houston, Skip and Carol Spencer, Bob and Janet Frechette, Rita Miller, Bill and JoAnn Stockmaster, and Dick and Sandy Jones. Thanks for all the time you put in to make square dancing much more fun for all.

On Thursday, May 2, we visited our square dancing friends at Celebrity Squares in Anthony. The purpose of this visit was two-fold. First, we took their club banner to hold until they retrieve it in the fall. Second, to see dancers whom we haven't seen for a while for dancing and sharing each others company.

Next month, I'll be writing about our Mother's Day dance. Stay tuned ...



Ballroom Dance Club

By Richard P. Vullo

Summer weather has arrived but it's not too soon to plan your future dance calendar. The "Dancin' On the Top" committee of the Ballroom Dance Club has scheduled the following dates for our dances for the 2013/2014 season: Sept. 21 with Solid Gold, Nov. 16 with Karen Hall, Dec. 31 with Automatic, Feb. 15 with Karen Hall, and April 19 with Automatic.

We continue our ballroom dance lessons with Trish Sands at the Ocala Health Senior Health & Wellness Center, next to Customer Service outside the main gate. For more information, please call Dick Vullo at 854-6772 or Trish Sands at 351-2423.

There are many venues to continue your dancing opportunities throughout the summer months. For more informa-

tion about dance lessons and dance venues throughout Marion County, please check the website for USA Dance at www.usadan-ceocala.com.

On Friday, June 21, Happy Hour will be held at the Health & Recreation Ballroom. This will give everyone the opportunity to dance and socialize with their friends in a much larger facility, with a better sound system for listening and dancing. Let's continue supporting these dances at the Health & Recreation Ballroom.

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#9185 - 03/13



Bingo

By Mort Meretsky

Join us for summer bingo every Wednesday, at 6 p.m., in the Health & Recreation Ballroom. Come to meet your friends, neighbors, and make new friends. We stop selling tickets at 6 p.m. The cost is still \$1 a card, and I recommend no more than six cards.

In April, we had another successful Super Bingo. I think we had one of our biggest turnouts. Nicki once again had her bake sale, making over \$380, all of which went to the March of Dimes. She did a great job and everything was delicious.

A big thanks goes to Darrell of Darrell's Dog Gone Good Diner for donating two gift certificates and also to Sandy Curtis for donating two gift certificates good at either The Pub or Candler Hills Restaurant. We gave those away at intermission to four lucky people.

If you have any questions, feel free to call me at 237-5112 or Lolly at 861-2165.



Original Karaoke Group

By George Quaranta

I would like to thank three very important people in our group. Donnie, who came through and brought in his equipment at a moment's notice, a few times, while ours was being repaired. Jerry who let us use his equipment, and also let us bring it to Daytona Beach; and Richie, who has been assisting me on our karaoke nights. We couldn't do it without you. Like the song, "That's what friends are for, in good times, in bad times." You guys really

stepped up. Thank you so much, from all of us.

In May, we were "on the road again." We went to Daytona Beach with Lolly and the Karaoke Friends group. Rudy, Karen, Bob, Norma, Sindy, Richie, and myself were among the group. We had a great time, and everyone got involved, including the hotel guests. Lolly and a young man did a rendition of, Sonny & Cher's, "I Got You Babe." It was hilarious.

We're going back in October if any one would like to join us. Or if you would like to join us for some karaoke fun locally, we meet every month on the second and fourth Monday, at the Candler Hills Community Center, at 7 p.m. Come on by to sing, or just listen. We love an audience.

For more information, call George at 873-9667.



Karaoke Friends

By Vivian Brown

Our theme this time was sing a song with a name in the title like "Hello Dolly" and "Mame." Everyone did a great job, especially Kathy and Charlie. We had a very good audience: Rita, Rose and her compa-

ny. We love the applause.

Our stars of the month were Tara, Shirley, Vince, Vivian, Karen, Tom, Catherine, Art, Donnie, Rudy, Norma, Bob, Kathy, and Charlie. They did a great job finding good songs to sing.

Remember, we meet the first and third Monday at the Arbor Conference Center, Suites E and F. We meet from 6 to 9:30 p.m. Come join us. A song on your lips puts happiness in your heart.

Until next time, God bless and keep on singing.



Photo by Bob Woods

Butterfly Rainforest at the Florida Museum of Natural History.

All in a Day's Drive

By Bob Woods
World News Writer

Want to get out of the house for a day? Get some of your friends to join you for a day trip. Head north on I-75, pass the entrance to I-10 and keep going to the next exit, which will take you to Stephen Foster Folk Culture State Park in White Springs, Fla. The trip from On Top of the World to this park is just about one hour and 45 minutes, depending on how fast or slow you drive.

Situated on the banks of the Suwannee River, this park honors the memory of American composer Stephen Foster. One can spend hours in the park exploring the museum, which features exhibits about Foster's most famous songs ("Oh Susanna," "Old Folks at Home," "My Old Kentucky Home" and much more) and his music can be heard from the park's 97-bell carillon throughout the day.

Stephen Foster wrote over 200 songs. He is known as the Father of American Music. "My Old Kentucky Home" is the Kentucky state song while "Old Folks at Home" is the Florida state song.

In Craft Square, one can watch demonstrations of quilting, blacksmithing, stained glass making, and other crafts. Hiking, bicycling, canoeing, and wildlife viewing are also popular activities. The park fee is \$5

per carload of up to eight people.

During the month of December, the park is completely decorated with millions of Christmas lights, an event that should be on everyone's bucket list.

On your way home from the park, make it a point to stop at the Florida Museum of Natural History in Gainesville, Fla., which features the Butterfly Rainforest. Heading south on I-75, take the exit for Route 24 and follow the signs. The history portion of the museum is free of charge but the Butterfly Rainforest will cost seniors \$9 per person.

The price of the butterfly portion helps defray costs of maintaining the butterfly collection and population along with the necessary plants and flowers for their survival.

If time permits, walk next door to the Samuel P. Harn Museum of Art to explore more than 8,000 works of art. The museum's various collections include photography and Asian, African, modern and contemporary art. The museum also displays numerous traveling exhibitions throughout the year. Admission is free of charge.

This day trip is just a little over 200 miles round-trip and will be a day to remember.

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Recreation News

By Theresa Fields

June is the start of hurricane season. Be prepared and have your hurricane survival kit ready. To obtain information on what you'll need for your supply kit, go to www.nch.noaa.gov or stop by the Health & Recreation office to receive a list of supplies needed.

Remember, when working or planning activities outdoors, that our temperatures can climb into the 90s with the heat index even higher, which can cause extreme heat exhaustion in a very short time. Drink plenty of fluids and try to plan your outdoor activities during the early part of the day.

Arbor Club

We have a new employee who has joined the On Top of the World team, Deborah Lopez, Arbor Club recreation assistant. Please welcome her on your next visit to the Arbor Club.

Pool Monitoring

Summer is in full force and what better way to cool off by dipping in one of our beautiful pools? This is a busy time of year for families to visit and monitors will be on duty at Health & Recreation checking resident IDs and ensuring all guests are accompanied by a resident.

An adult must accompany children and the swim time for children under 15 is from noon to dusk during the week and no time restrictions on the weekends at Health & Recreation, Indigo East and Candler Hills pools. Please note that coolers and alcohol will not be permitted at any pool area within On Top of the World Communities. Please also note that pool rules are listed on page 12 in this issue of the World News and posted at all pool and spa areas.

Singing River Cruise

On Friday, June 7, join us for a river cruise on the spring fed Rainbow River and the dark, swamp-fed Withlacoochee River. The captain will share his knowledge of Florida's ecology and history through story and song. The cost of the trip is \$21 per person and includes transportation. The tour is about an hour and 40 minutes. Once the cruise is completed, we will dock at the Blue Gator Restaurant for lunch overlooking the river. Please note the restaurant is outdoor seating only and lunch will be on your own. To register, contact the Health & Recreation office.

Baseball Game

Calling all baseball fans! On Tuesday, June 11, watch the Rays vs. the Boston Red Sox, at 7:10 p.m., at Tropicana Field in St. Petersburg, Fla. Baseline seating is \$57 per person and press level seating is \$65 per person. This includes transportation. Limited seating is available. Register at the Health & Recreation office.

Happy Hour

For all you Jimmy Buffet fans, join us for a "Parrot Party" themed Happy Hour on Friday, June 14. Pull out your flip-flops and straw hats as we dance the night away parrot style. Silver Creek will be performing along with drawings for special prizes.

Happy Hour will be held in the Health & Recreation Ballroom on the third Friday of each month with The Pub being open as well. Snacks will not be permitted during this Happy Hour. All birthday celebrations must be pre-approved for Happy Hours by contacting the Health & Recreation office.

- June 7: Sounds of Time
- June 14: Silver Creek (Parrot Party)
- June 21: Automatic
- June 28: The Dukes

Men's Night Out

Who wouldn't enjoy a night out with a lot of comedy? Come join us on Tuesday, June 18 from 4 to 6 p.m. at the Arbor Club Ballroom. This is a perfect night to get with the guys and enjoy a few brews. If your night out includes your other half, well, bring her along too. Enjoy one-man entertainment performer Homer Noodleman. He is well known for writing comedy for such humorists as David Letterman, Bob Hope and Jay Leno.

A cash bar will be available with good old fashioned peanuts. Cheese and crackers will also be provided. Tickets are just \$5 per person and can be purchased at the Health & Recreation office. This guy is crazy and will provide the crowd with a lot of laughs.

Seminole Hard Rock Casino

Join us for an exciting day at the Seminole Hard Rock Casino in Tampa, Fla. on Thursday, June 20. The cost of the trip is \$20 per person for transportation on the Lamers bus line. Please note that effective as of May 1, 2013, the Seminole Hard Rock Casino will no longer provide bonus packages on the bus. All guests will be receiving offers in the mail based on their plays. We will board the Lamers bus at the Health & Recreation parking lot at 7:30 a.m. and return at 5:30 p.m. Register at the Health & Recreation office.

Upcoming Events for July

Contact the Health & Recreation office to receive information on these upcoming trips:

- Tuesday, July 9: Rays vs Minnesota Twins Baseball Game
- Friday, July 5: Patriotic Happy Hour
- Friday, July 12: Horse Farm Tour
- Tuesday, July 16: Seminole Hard Rock Casino
- Friday, July 26: Lazy River Cruise

Community Bus Schedule

An updated community bus schedule will go into effect on Monday, July 1. The new schedule will now have half-day trips covering the east and west side of I-75. Copies can be obtained at the Health & Recreation office and online at www.otow-info.com on Monday, June 3.

Community Information

Club guest notification forms must be submitted to the Health & Recreation office when guests will be attending any event at one of our facilities. The list of names must be typed and in alphabetical order. This form must be submitted two weeks prior to your event. Failure to submit this form

could result in guests being turned away at the gates.

Table set-ups must be submitted to the Health & Recreation office when special set-ups are required for an event. This set-up must be submitted two weeks prior to your event. Moving of table and chairs from any facility is not permitted and could result in loss of privileges.

Room request forms are required to utilize any of the facilities at On Top of the World for events, club meetings, socials, etc. Reoccurring bookings must be submitted yearly and does not guarantee availability. On Top of the World Management reserves the right to cancel any room request due to recreation, golf or manage-

Health & Recreation Office

Monday - Friday
8 a.m. to 4 p.m.
854-8707 x7530 or x7533

ment events.
Please note that alcohol is prohibited at any of the facilities unless purchased from the license holder and the Health & Recreation office must preapprove all caterers. Have a great summer!

EVENTS / ACTIVITIES*

* Schedule and performers subject to change. For the latest information, please visit www.ontopoftheworldinfo.com or see channels 17 / 21 / 703 / 730 or 732 (Bright House).

Saturday, June 1

Sounds of Time
The Town Square
5 to 10 p.m.

Thursday, June 6

Farmer's Market
The Town Square
9 a.m. to 1 p.m.
"Cooking Demo" at 10 a.m.

Friday, June 7

Singing Withlacoochee/Rainbow River Cruise
Dunnellon, Fla.
\$21 per person
To register, call 854-8707 x7533 or 7530.

Happy Hour with Sounds of Time
Arbor Club
4 to 8 p.m.

Snakeyeyes Band
The Town Square
7 to 10 p.m.

Saturday, June 8

Recorded Favorites
The Town Square
7 to 10 p.m.

Abbania: A Tribute to Abba
Circle Square Cultural Center
7 p.m.
\$16-18 per resident
\$17-19 per non-resident
For tickets, call 854-3670.

Tuesday, June 11

Rays vs. Boston Red Sox Baseball Game
Tropicana Field
St. Petersburg, Fla.
\$57-65 per person
To register, call 854-8707 x7533 or 7530.

Thursday, June 13

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, June 14

"Parrot Party" Happy Hour with Silver Creek
Arbor Club
4 to 8 p.m.

All Star Weekend with Norman Lee
The Town Square
7 to 9 p.m.

Saturday, June 15

All Star Weekend with Second Slice
The Town Square
7 to 10 p.m.

REMINDER
Dogs must be on a leash at all times.

Tuesday, June 18

Men's Night Out
Arbor Club Ballroom
4 to 6 p.m.
\$5 per person
To register, call 854-8707 x7533 or 7530.

Thursday, June 20

Seminole Hard Rock Casino
Tampa, Fla.
7:30 a.m. to 5:30 p.m.
\$20 per person
To register, call 854-8707 x7533 or 7530.

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, June 21

Happy Hour with Automatic
Health & Recreation Ballroom
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Tuesday, June 18

Men's Night Out
Arbor Club Ballroom
4 to 6 p.m.
\$5 per person
To register, call 854-8707 x7533 or 7530.

Thursday, June 20

Seminole Hard Rock Casino
Tampa, Fla.
7:30 a.m. to 5:30 p.m.
\$20 per person
To register, call 854-8707 x7533 or 7530.

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, June 21

Happy Hour with Automatic
Health & Recreation Ballroom
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, June 22

Copper Creek
The Town Square
7 to 10 p.m.

Thursday, June 27

Home Delivery of the World News / July Issue

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, June 28

Happy Hour with The Dukes
Arbor Club
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, June 29

PowerPlay Band
The Town Square
7 to 10 p.m.

DIGITAL COMMUNICATION MEDIA (352) 873-4817
DigitalCommunicationMedia.com

On Top of the World Communities BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W. - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Cir. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Cir. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Cir. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day in advance for pick-up
Indigo Community Center Parking Lot

OCALA RUN: MON., TUE., WED. & THUR.	ARRIVE	PICK-UP
Jasmine Square, Dillard's & Kohls (1st & 3rd Thurs) - 1st Run Only	9:50 am	12:10 pm
Lowe's - 1st Run Only	10:05 am	11:35 am
Paddock Mall	10:10 am	11:40 am
Wal-Mart	10:15 am	11:45 am
Target - 1st Run Only	10:20 am	11:50 am
Gateway Plaza	10:25 am	12:00 pm
Wal-Mart	12:05 pm	1:45 pm
Best Buy	12:10 pm	1:50 pm
Gateway Plaza	12:15 pm	1:55 pm
Paddock Mall	12:20 pm	2:00 pm

GROCERY STOP... LAST STOP OF DAY... 30 MIN. STOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)
Grocery Run... Every Monday... (Public)... Start Pick-up Run @ 3:45 pm... Return @ 5:30 pm
Sam's Club... 2nd & 4th Wednesday of the Month... 2:10 pm... 3:30 pm
Beall's & Wal-Mart... 1st & 3rd Thursday of the Month... 1st run Ocala... 2nd run Hwy 200 W.
(1st Run Ocala... 2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart))

For information call Health & Rec. @ 352-854-8707 ext. 7530 or 7533 #7338 - 1/13

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ABBAMANIA: A TRIBUTE TO ABBA
Residents: \$16-18;
Non-residents: \$17-19



JULY 4

**RED, WHITE AND OSO BLUE:
A TRIBUTE TO OUR TROOPS**
Doors open at 4 p.m. Show starts at 5 p.m.
Tickets: \$17 (General admission)



JULY 13

**SOUL HARVEST MINISTRY W.W.P.
PRESENTS: DEITRICK HADDON**
Tickets: \$40-60



JULY 20

**PETTY HEARTS: THE ULTIMATE
TRIBUTE TO TOM PETTY**
Residents: \$11-13;
Non-residents: \$12-14



AUGUST 3

**FLEETWOOD MIX: A TRIBUTE
TO FLEETWOOD MAC**
Residents: \$14-18;
Non-residents: \$16-20



SEPTEMBER 14

ALMOST QUEEN: A QUEEN TRIBUTE
Residents: \$13-15;
Non-residents: \$14-16



SEPTEMBER 28

**BLUE MOON SWAMP: TRIBUTE TO
CREEDANCE CLEARWATER REVIVAL
AND JOHN FOGARTY**
Residents: \$13-15;
Non-residents: \$14-16



OCTOBER 4

**SEPARATE WAYS:
THE TRIBUTE TO JOURNEY**
Residents: \$14-18;
Non-residents: \$16-20



OCTOBER 11 & 12

**AUTUMN GIFT MARKET BY JUNIOR
LEAGUE OF OCALA**
10 a.m. - 6 p.m.
\$5 per day
(Tickets available at the door)



OCTOBER 19

11th ANNUAL CRAFT FAIR
10 a.m. - 3 p.m.
FREE EVENT



NOVEMBER 9

**SIMPLY THE BEST:
TINA TURNER TRIBUTE**
Residents: \$14-18;
Non-residents: \$16-20



NOVEMBER 16

**CHRIS CHAN'S MUSICAL TRIBUTE
TO BARRY MANILOW**
Residents: \$14-18;
Non-residents: \$16-20



NOVEMBER 23

CHRISTMAS WITH THE OPERA TAMPA SINGERS
Residents: FREE (Ticket needed for admission);
Non-residents: \$5 (General admission)

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Day of Show: 11 a.m. - Showtime

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#9182 - 06/13

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Schedule and prices subject to change without notice. Reduced ticket prices are for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.



Budding Artists

By Ray Cech
World News Writer

From the look of some of the artwork at the fourth annual Marion County student art exhibit, there very well may be a budding Renoir, Monet, or even an Andy Warhol in our midst.

On Saturday, April 27, Master the Possibilities hosted the annual event with the following schools participating: Hammett Bowen, Jr. Elementary School, Madison Street Academy of Visual and Performing Arts and Liberty Middle School. The children were there along with teachers and parents to celebrate the debut of these young prodigies. Visitors were not disappointed as they took in the artwork, everything from watercolor to oils to decoupage.

The efforts on display demonstrated amazing creativity and skill, whether it was a portrait, landscape or an original drawing that was born somewhere on the right side of the young artist's brain.

Meeting the artists was a treat for all the visitors. The children were eager to talk about how they came up with their ideas, explained some of the more abstract pieces and, to a sometimes astonishing degree, discussed their favorite artists. This year's event demonstrated the talent of our youngsters, but it also showed us how a teacher's dedication and encouragement can produce some beautiful results.

Many students who start their art classes under Ms. Pletcher at Hammett Bowen, Jr. Elementary School go on to Liberty Middle School and, eventually, to West Port High School, the only high school in Marion County with an art magnet program (Marion County Center for the Arts).

With continued encouragement and support from our dedicated teachers, we may one day find ourselves strolling the Louvre and stopping short to admire a piece of artwork signed by the artist known as _____.



Photo by Ray Cech

Students from Hammett Bowen, Jr. Elementary School pose in front of their artwork at Master the Possibilities.

A Latin Celebration

By Ray Cech
World News Writer

With Cinco de Mayo just a day away, it was the perfect time for a celebration. So, on Saturday, May 4, at The Town Square, the band played, flags waved, and people danced and celebrated Latin American culture.

The festivities started with the crowd joining in with The Ranch instructors for a real, live Zumba™ demonstration that got everyone warmed up. They danced so hard they caused the clouds to open, sending a cooling shower over the crowd, but for only a minute or two. And then the sun smiled down just in time for the Latin dancers to take the floor. In contrast to the Zumba beat, they moved to a more mesmerizing sound.

As the entertainment moved along, the ubiquitous line dancers eventually took over the patio, dancing to a more rock n' roll sound. Along with the entertainment and music, there was plenty of food, some with a Latin flavor, along with down home hot dogs and hamburgers.

While the event was spurred on by the celebration of Cinco de Mayo because of timing, few on The Town Square could tell this writer what that meant. So here's a

short history lesson. First of all, it's not celebrating Mexico's independence (the most common answer) and it's not the battle of

The Alamo.

Cinco de Mayo celebrates the Battle of Puebla. After the Mexican-American war (1846-1848), the French saw Mexico as a land ready for their taking, but the Mexican people were not quite ready to give up their homeland to the invaders. And so it was on May 5, 1861, that 4,500 poorly equipped Mexicans stood their ground and beat back

8,000 soldiers of Napoleon's army near the town of Puebla.

The battle did not drive the French out, but the amazing win was a symbolic victory that greatly bolstered the resistance movement for the Mexican people, and eventually their deliverance from foreign invaders.



Photo courtesy of On Top of the World Communities, Inc.

Latin American festivities also included aerial acrobats.



Photo by Bob Woods

Charlotte Rother is holding the bone of an ancient peccary found in St. Louis' Cherokee Cave in 1964 and Hubert Rother is holding the book written by Charlotte on the caves.

'Lost Caves of St. Louis'

By Bob Woods
World News Writer

A gentleman from St. Louis, Mo. sent an e-mail to On Top of the World looking for a couple residing in our community who are considered famous authors. The couple, Hubert and Charlotte Rother, wrote a book entitled, "Lost Caves of St. Louis," which is a historical documentation of the cave systems in St. Louis. The e-mail's author classifies the Rothers among one of St. Louis' many historians and cave researchers as well as their book being a historical document.

"On my first trip to the library, I naively asked to see a book about St. Louis caves," Charlotte stated in her book's introduction. "When I was told that no such book existed, the seed was planted." She and Hubert spent years exploring as many caves as possible, hence, the material for her book, "Lost Caves of St. Louis."

The book highlights the city's unseen landscape contributing to the city's rapid growth in the late 1800s. "Caves are the buried treasure of history," stated Charlotte in the introduction of her book. She added that she and her husband, Hubert, were involved in a hunt for the treasure from the mid-1950s up until the mid-1960s.

"No other city on earth has so many caves beneath its streets and buildings," she added.

"Caves function in their own natural state as man's earliest storage cellars and are generally characteristically cool, and this was natural "air-conditioning," added Charlotte in her book's introduction.

"Lager beer was first brewed in this area around 1840 long before the refrigerator was invented. German immigrant brewers were attracted to the St. Louis area specifically because of its caves which allowed them to brew lager beer year-round." Charlotte added that the caves not only attracted

beer brewers but also a number of wineries and mushroom growers.

According to Charlotte, the St. Louis caves attracted their interest as a result of Hubert's interest in the history of old breweries. Hubert worked for a number of breweries. He said he first started working at the Griesedieck Brothers Brewery then moved to the Falstaff Brewery. He later took a job at the Anheuser-Busch brewery.

Hubert has beer brewing in his blood. His father worked as a brewer in many breweries including Anheuser-Bush. His grandfather was a brewmaster in many St. Louis breweries and his great-grandfather owned a brewery in Germany.

"The book is a history of the city's forgotten caves." Charlotte also stated, "People are still interested in finding old caves. There are caves near the river (Mississippi) in the vicinity of Union Station. The station used the cool air of the cave for cooling."

During exploration of the famous Cherokee Cave in 1964, bones from a pre-historic giant peccary were found. The bones were 20,000 to 500,000 years old. Reportedly, the giant peccary was found no further north than Costa Rica. Charlotte is in possession of one bone, which was part of the animal's hind leg. Today's peccary, also called a javelin, is a pig like mammal found in the southern deserts of America and southward in Central and South America.

"Lost Caves of St. Louis" covers a 30-year period of interest and exploration. Their book was first published in 1996 and reprinted in 2004. Today, the publication is no longer in print. To find a copy one might have to check out libraries. There were 4,000 copies printed. The Rothers have been residents of our community for almost 23 years.



Golf

By Matt Hibbs

The PGA Tour is in mid-season with the US Open just days away. While we are all rooting for the hometown boy, Ted Potter, Jr., here are the professional staff picks for this year's event:

- Matt Hibbs: Lee Westwood;
- Denise Mullen: Graeme McDowell;
- Russ Smith: Tiger Woods;
- Logan Stringer: Tiger Woods.

Let's see if we can improve on our Masters picks.

The golf staff would like to congratulate the On Top of the World Men's Golf Association for their 2013 Ryder Cup victory. They prevailed with a 53 - 39 victory capturing the cup for the third time. Congratulations to both teams on three days of great competition and camaraderie.

"Just Us Girls" is back and better than ever. We are going to kick off this year's events with a rock n' roll theme. This event is scheduled for Tuesday, June 11 with a 5 p.m. shotgun start. Remember ladies, these events are nine-hole scrambles and you may create your own foursome. The entry fee will include a tee gift and dinner. Please contact the Candler Hills Golf Shop at 861-9712 for more information.

Upcoming Events

- **CURFEW APPLICATION:** June 9 at noon, June 10, Candler Hills closed. June 23-24, Tortoise & Hare closed.
- **JUST US GIRLS:** June 11, Candler Hills Golf Club.
- **AERIFICATION:** June 17-21, Links closed.
- **MONTHLY EVENT:** June 15, Links.

World Accolades

LINKS: Jack Hegarty, eagle on #11. John



Photo by Bob Woods

On Top of the World Men's Golf Association winners of the 2013 Ryder Cup.

Gayso, shot 5 strokes under his age, 69.

Tortoise & Hare: Steve Becker, shot 76, lowest score ever. Doug Coleman, shot 8 strokes under his age, 79. Bev Ovrebø, eagle on #5. Howard Sale, shot 12 strokes under his age, 81. James Merrick, eagle on #2. Bill Flannery, eagle on #5. Angelita Pena, hole-in-one on #11. Joe Bologna, shot 13 strokes under his age, 67.

CANDLER HILLS: John Smith, eagle on #15. Richie Smith, shot 75. Judie Anderson, shot 69 in first round of LGA Championship. John Redden, eagle on #9. Chris Piotrowski, 8 birdies. Jackie Rickloff, shot 81 from white tees.

Congratulations to all of you for these fine accomplishments!

Golf Tip of the Month

You're facing a tricky six-footer and you can't seem to pull the trigger. You're frozen, which makes executing a smooth stroke

nearly impossible. If this sounds familiar, then I want you to try this routine when putting.

1. Address the ball.
2. Look at your target.
3. Look back at the ball.

4. Pull the trigger.

The less your mind wonders, the better the chance for a smooth stroke. Keep this routine in mind next time you have that downhill six footer to win the match.



Ladies 18-Hole Golf

By Marilyn Rose

The weather has been wonderful and we are so pleased to see the ladies coming out to enjoy this wonderful game. We really had some pleasant happenings this month as we welcomed the Candler Hills ladies to play. Congratulations to Angelita Pena who scored a hole-in-one on the Tortoise & Hare during this time.

Low Gross/Low Net April 16 / Links

Flight 1 Gross: 85-Linda Blewitt; 87-Bev Ovrebø; 88-Iro Lisinski.

Flight 1 Net: 69-Nancy Zielinski; 70-Peggy Borro; 72-Harriet Hawkins.

Flight 2 Gross: 84-Mary Lyon; Tie at 92-Sandy Chase; 95-Ruth Caraway.

Flight 2 Net: 70-Susan Watters; Tie at 72-Rose O'Neil, Lori Anderson, Paulie McCoy.

Flight 3 Gross: 90-Geri Treppa; 96-Linda Bervinkle; 97-Judy Pasch.

Flight 3 Net: 70-Joan Cecchini; Tie at 71-Fumie Veatch, Jo Ann Roney.

Flight 4 Gross: 99-Harriet Brower; 103-Elle Ra-

pacz.
Flight 4 Net: 68-Fran Griswold; Tie at 73-Jo Apperson, Marilyn Rose, Dea Johnson.

Criss-Cross April 23 / Links

Flight 1 Net: 29-Mary Driver; 30-Iro Lisinski; 31-Jan Juhlin; Tie at 33-Bev Ovrebø, Gretchen Normandin, Peggy Borro, Val Smith.

Flight 2 Net: 29-Sandy Chase; 30-Susan Watters; Tie at 31-Mary Lyon, Mary Muller; Tie at 32-Rose O'Neil, Susan Rhodes.

Flight 3 Net: 27-Judy Pasch; Tie at 29-Geri Treppa, Jo Ann Roney; 30-Fumie Veatch.

Flight 4 Net: 27-Velma Rose; 28-Carol Johnson; 30-Joan Cecchini; 31-Jo Apperson; Tie at 32-Dea Johnson, Fran Griswold.

1 Best Ball May 7 / Tortoise & Hare

Flight A/B Net: 56-Chris McIntire, Sandy Chase; Tie at 57-Harriet Hawkins, Susan Rhodes; Bonnie LeClerc, Rose O'Neil; Tie at 57-Linda Zielinski, Paulie McCoy; Linda Blewitt, Susan Watters.

Flight C/D Net: Tie at 56-Angelita Pena, Ellie Rapacz; Patricia Cole, Dea Johnson; Tie at 57-Linda Bervinkle, Fran Griswold; Maggie Hudacik, Ruth Border; Mary Jane McAtee, Harriet Brower.

Let's hope that we have rain in the evenings, so that we can be on the golf course each Tuesday. Don't forget that we decided to play at 9 a.m. throughout the year. See you on the course.

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Maximum of 10 students to each golf professional*

June 7th
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On Top of the World Golf Club

June 21st
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JUNE 11TH

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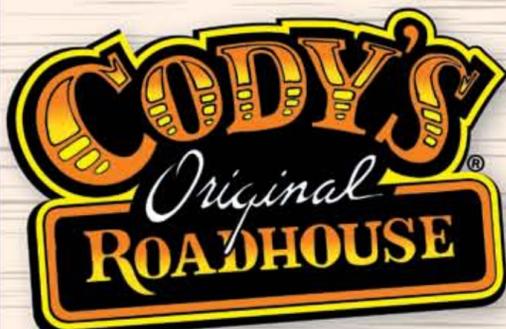
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Candler Hills Ladies 9-Hole

By Judith Parisi

We are pleased to welcome the new board voted in at our annual meeting on April 25. Our members unanimously accepted a slate, which included: Gail Ambrose, Carol Deahl, Ginny Redden and Judy Parisi for a two-year term, and Linda Mandala and Eleonora Buba for a one-year term. By staggering the terms, we hope to ensure each year that we will have a core group to continue on and ensure continuity for our league.

The new board met and from its ranks selected officers. Our new president is Gail Ambrose, vice president is Carol Deahl, secretary is Eleonora Buba, and treasurer is Linda Mandala. Board members at large are Ginny Redden who will oversee invitations and social events, and Judy Parisi who will oversee communications. We are still looking for one additional board member at large.

Special thanks go out to our retiring officer slate of Donna Liphardt and Susy Trembulak and board members at large Cheryl Engeman and Renee Aden. They together with the returning board members are to be thanked for their diligence and efforts over the past year(s).

Donna and her team worked hard to ensure we had a wide variety of events in which to participate. We have enjoyed great social events, invitations, golf and more. It doesn't "just happen," but takes planning and effort to make events come together and we appreciate the work they did.

We also thank our golf professional, Denise Mullen, for all her work in keeping us on track, furthering our golf skills and being there for us.

At our annual meeting, we announced the club champion for 2013 - Lorie Anderson.



Club Championship participants.

This is Lorie's second consecutive year as club champion. Also announced by Denise was our most improved player - Suzy Tremulak. Congratulations to Lorie and Suzy.

We are pleased to welcome new members: Nancy Cofield, Sharon Morse, Jennifer Boyd, Pat DeLuca and Mary Ann Lutz. We are certain you'll enjoy playing with this fun group of ladies who make up the league and social time after play.

League Championship April 11 & 18

Flight 1 Low Gross: 90-Lorie Anderson; 95-Susy Trembulak.

Flight 1 Low Net: 64-Maryann Holmquist; 71-Renee Aden.

Flight 2 Low Gross: Tie at 107-Judy Parisi & Kathy Hall; 116-Carol Deahl.

Flight 2 Low Net: 70-Marguerite Piotrowski; 73-

Pat Gill.

Flight 3 Low Gross: 108-Mary Giannukos; 116-Deb Malo.

Flight 3 Low Net: Tie at 72-Cheryl Engeman & Donna Liphardt. 75-Marcie Hock.

Step Aside Scramble April 25

38-Maryann Holmquist, Ginny Redden, Lois Laine, Ina Menzies. 38-Susy Trembulak, Julie Crudele, Marguerite Piotrowski, Dottie Baird. 42-Kathy Hall, Marianne Ingwersen, Debby Malo, Eleonora Buba.

Red, White and Blue May 9

14-Lorie Anderson, Susan Pleinis and Pat Posony. 15-Pat Gill, Terese Woodard, and Doty Baird.

Chip-Ins: Pat Gill and Olive Curtin.



Ladies 9-Hole Golf

By Lorraine Rourke

The ladies had a wonderful time at the nine-hole end of year banquet held at Bella Cucina. There was a turnout of 30-plus ladies visiting, eating great food, and awarding Ethel the whistle as the new president. The new officers were sworn in for the 2013-14 season. A posting will be in the pro room indicating positions that need volunteers. Remember folks, many hands make little work, and it is those volunteering that keep this club rolling. A big thank you to the outgoing officers.

A vote was taken with a decision made that the nine-hole league will rally at 8:30 a.m. and tee off at 9 a.m. year round. This change starts immediately. Sign up is on the list on our bulletin board in the pro room. Keep in mind that the start time will remain 8:30 a.m. for the rally. It will be warm, so make sure you stay hydrated.

The board updated the constitution and by-laws. A special meeting will be held Tuesday, June 18 right after golf in the Health & Recreation Ballroom to approve the constitution and by-laws. The updates will be posted in the pro room prior to the meeting. Please plan on attending so we can vote on these.

For the summer months, I will not be listing the weekly scores in my column.

Those interested in joining the league, please contact Ethel Miller at 304-8707. We have a fun time all year.

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Candler Hills Ladies 18-Hole

By Pam Monk

As we move forward to the summer months, Candler Hills Ladies Golf Association begins their 2013-2014 season with a new board. On May 2, following a special league golf game, the Candler Hill Ladies 18 Hole League hosted a luncheon for their membership. Denise Mullen, LPGA Head Golf Professional, was also in attendance.

After a lovely lunch in the restaurant, we moved to the Candler Hills Community Center. President Carol Clark presented beautiful trophies to the club champions who are named later in the column. Also, awards were presented to the membership in recognition of eagles, birdies and chip-ins accomplished during the league season.

Many members received markers recognizing their achievements and special mention was given to Deb Martin with 65, yes ladies, I said 65 birdies and four eagles. Marge Cowie posted six chip-ins. Deanne Green was most improved golfer dropping



Club champions.

her handicap by five points. Bravo to all members for their successes. Welcome to our newest member Susane Trembulak!

Your new board members for the 2013-2014 golf season are: President Kate Beaty, Vice President Pam Monk, Secretary Deb Martin, Treasurer Donna Smith, Sunshine Chairperson Heddy Racinowski, Tournament Chairperson Paula Lilly, and Assistant Tournament Chairperson Marge Cowie.

We wish the board wisdom, strength, grace and a sense of humor as they take the helm. There will be some exciting happen-

ings and we look forward to them all.

We want to give our praise and appreciation to the outgoing board members, Carol Clark and Connie Norris, past president and vice president, respectively. We give a special "atta-girl" to Carol for her selfless dedication and leadership for the past two years. Carol is an inspiration to us all.

April was the month we held our club championship. We had over 30 ladies sign up. It was a lot of fun and provided great camaraderie. The club championship was played in flights, with a winner for both low gross and low net in each flight, so every-

one and anyone had an opportunity to win.

Over a three day schedule, Thursday, April 18, Monday, April 22 and ending Thursday, April 25, the club championship was played and decided. Congratulations to Mia Kolar as our overall club champion with a three-day gross score of 227 and Judie Anderson who shot her first under par round ever (69). Kudos to the winners in their flights as indicated below.

Club Championship April 18, 22 & 25

- Flight A Low Gross: 231-Deb Martin.
- Flight A Low Net: 203-Judie Anderson.
- Flight B Low Gross: 261-Lise Jordaan.
- Flight B Low Net: 211-Pam Carpenter.
- Flight C Low Gross: 285-Mary Pat Giffin.
- Flight C Low Net: 208-Vicky Salyers.

Low Gross/Low Net May 9

- Flight 1 Low Gross: 71-Deb Martin.
- Flight 1 Low Net: 68-Judy McGrath.
- Flight 2 Low Gross: 87-Patty Ware.
- Flight 2 Low Net: 67- Kate Beaty.
- Flight 3 Low Gross: 95-Mary Pat Giffin.
- Flight 3 Low Net: 71-Vicky Salyers.
- Flight 4 Low Gross: 95-Carol Clark.
- Flight 4 Low Net: 70-D Ann Jung.



Candler Hills Men's Golf

By Joe Alfano

At our recently concluded May semi-annual meeting, the members were treated to a full plate of culinary delights before being presented with a full slate of issues that needed to be addressed. Let it be said here and now that, despite the temptation to go back for seconds, the issues at hand took precedence for the majority of the membership, save for the few of us who could otherwise afford to miss a meal or two.

First up on the agenda was the membership's approval, based on the scholarship committee's recommendation, to grant two Scholar/Athlete Awards. In addition, due to the success of our fundraising, the committee recommended sponsoring seven youngsters in the First Tee Program of Ocala with the additional funds that were available from our yearlong efforts. That recommendation was also unanimously approved by the membership.

There was also a proposal by the board of directors to amend the membership eligibility by-law to allow any member of the On Top of the World MGA to join the Candler Hills MGA. The proposal was overwhelmingly approved by the membership and we look forward to having our fellow brethren from up on the hill join us

on Tuesdays. Bring all the game you guys have but allow me to suggest you also bring along a good sense of humor.

Tournament Director Dennis Norris informed those in attendance that the next Intra-Club Ryder Cup will coincide with our Independence Day celebration. This event will be played on July 2 with the association providing hot dogs, chili, fries, pop and grog post round for all the competitors.

Speaking of new members, we welcome Don Doenges, Frank Triolo, John Workman and Jerry Cofield to the association and we hope you enjoy the experience. Be forewarned we consider ourselves a dapper and dandy bunch but abhor taking ourselves too seriously. Anyone else interested in playing in such an environment can contact me at tjalf8371@yahoo.com for more information.

Noted golf course architect, Pete Dye, once said, "The ardent golfer would play Mount Everest if somebody would put a flag stick on top." Scaling new heights this past month were Chris Piotrowski (70), Pat Clayton and Dave Martin (72), Walt Pacuk (74), Bruce Venslavsky (75), Tom Garrison (76), Leo McCormick (78) and Steve Thesman (79). Well-done boys "bashin yer featherie."

As always, may I continue to wish everyone a life full of "nothing but fairways and greens my friends, simply fairways and greens."

Four-Man Team Shamble April 16

168-Walt Pacuk, Mike Deahl, Joe Mandala &

Joe Jingco; 169-Joe Alfano, Bruce Venslavsky, Steve Rice & Larry Garvin; 172-Bill Anger, Rean Morse, Ray Deluca & Leo McCormick; 176-Garry Gerlach, Mark Monk, John Menzies & Tim Beaty.

Four-Man Team Stableford April 23

138-Dave Martin, Dave Miller, John Menzies & Don Huston; 134-Tom Garrison, Mike Deahl, Rick Lilly & Joe Jingco; 128-Bill Anger, Tom Racinowski, Tom Martinetto & Ed Vioria; 127-Bryant Giffin, John Redden, Steve Rice & Don Doenges.

Four-Man Two Best Balls April 30

110-Craig Riber, Jim Bennett, Tony Bruno & Leo McCormick; 114-Walt Pacuk, Ken Zweiback, Ray Deluca & Rich Vullo; 117-Bill Anger, Jim McGrath, Rick Lilly & Joe Jingco; 118-Tom Garrison, Ron Fulton, Joe Mandala & Stan Jarmel and Steve Thesman, Mike Deahl, Tom Martinetto & Ed Vioria.

Four-Man Team Scramble May 7

60-Garry Gerlach, Dave Miller, Jack Gustafson & Joe Jingco; 61-Ron Shoner, Craig Riber, Bob Cowie & Tim Beaty; 62-Chris Jett, Roger Whittle, Steve Rice & Stan Jarmel; 63-Bruce Shantfelt, John Redden, Phil Moherek & Fred Hobbins and Chris Piotrowski, Nick Nimerala, Joe Mandala & Rich Vullo.

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Arbor Club Tennis

By Jorge Privat

So far, it's been great spring tennis weather and a lot of you have taken advantage of it. I am always glad to see the players on the courts working on their games, staying healthy and strong, and enjoying the beautiful tennis facility we have.

As expected, we had a great time at the cookout last month with lots of great food and games. I'm sure you have all seen the photos courtesy of Brenda Miller. Thanks to everyone for bringing food and drinks and to those who did all the grilling and serving.

We are now looking forward to our evening tennis social and restaurant outing. No doubt, it will be just as good.

I am planning to have a "demo day" for those of you who might be thinking about acquiring a new racquet. During the Round

Robins, please let me know when would be a good time to have it.

You Won The Toss. What Do You Choose To Do?

I am constantly amazed when I see a player win the pre-match spin and almost reflexively elects to serve. When I ask these players why they make this choice, they think for a moment and then say, "It's an advantage to serve first ... isn't it?"

The pros almost always elect to serve first. The serve is the most important shot in the game and most professionals have a good one, so for them the decision is usually a no brainer. However, if you are like me, you're not receiving a check for your match results on the tennis court, so the subject requires a bit more thought.

Serving first is the right choice because serving first is an advantage, isn't it? Well, theoretically, yes. But realistically, is it the correct decision? At the club level, most of the time, probably not!

Serving at the recreational level is often a disadvantage for the simple fact that many recreational players do not have particularly good serves. To any one slightly offended, I apologize but, hey, we're talking

competitive tennis here and, more often than not, serving first does not provide an advantage.

The pros tend to hold their serve (win their service games) about 85% of the time. At the recreational level, I estimate the percentages to be as follows, according to USTA ratings:

- 1.0 to 2.0 : 20%
- 2.0 to 3.0 : 30%
- 3.0 to 4.0 : 40%
- 4.0 to 4.5 : 50%
- 4.5 to 5.5 : 60%

As you can see, until you reach the 4.5 to 5.0 level, serving tends to be a risky affair at best. That is why I suggest you choose to receive the serve if you win the opening spin of the racquet. Here's why:

1. You will catch your opponent cold. Like most recreational players, they have probably hit two or three serves and boldly proclaim they are ready to go. Believe me, they're not! They undoubtedly will still be a bit stiff as well as suffering from opening game jitters. Plus at the recreational level, there's often the old "first ball in" (FBI) rule in effect. This concept was invented for one

reason, so that players don't have to waste valuable court time on something as insignificant as warming up their serves. Many times in FBI games, the first ball actually does go in and then the server is really in trouble. The server now has to serve the rest of the game with what amounts to only one warm up serve. A quick point here: if you are caught in one of those, be certain to intentionally miss your first 10 to 15 serves so you can loosen up your arm.

2. You will have more time to warm up, relax and get into the match.
3. Again, most players below the 5.0 level simply don't have very good serves. Sorry but, it's true. Many players at the club level find practicing their serve boring, so they let it slide. As a result, they adopt the old "boom and plop" strategy, which is so prevalent today. Of course, there are exceptions to the rule. If you have confidence in your serve, then you should serve first.

See you on the courts!



Men's Golf Association

By Paul East

Happy June to all. Imagine - we are at the mid-point of 2013! Let us move on to a better topic, such as the great golf we have here at On Top of the World.

When we went to press last month, the Ryder Cup had not yet concluded, but as most of you know the On Top of the World MGA won. It was a well-played event by both Candler Hills and On Top of the World. A special thanks to the Candler Hills MGA who hosted the event. It was well done and all participants had a great time. I know both MGAs look forward to next year.

I know it has been operational for a bit, but I would like to thank Matt and his golf staff for the work they did in getting a water and ice machine installed next to the Golf

Shop. It certainly is a nice addition to our courses, and will be even more appreciated over the summer months.

Speaking of our courses, look for some changes as we progress through the summer. Andy and his staff will be redoing several tee boxes on both the Links and the Tortoise & Hare. Some of the gold tees will be moved, there will be new sod placed on some and on a few holes new tee boxes will be built.

Keeping in the improvement vein, the 17th green on the Tortoise & Hare will be rebuilt beginning the end of May. The new green will take approximately 90 to 100 days before it will be ready for play. The new bathroom and shelter slated to be built on the Links course is just awaiting the building permits to be issued by the County. Once those are received construction will begin.

I would like to welcome Henry Sohl to our MGA. Henry joined the MGA in late April. I would also like to welcome Ronnie Smith to our Emeritus ranks. Emeritus members are former MGA members who, for whatever reason, can no longer play

golf. The MGA board votes on each person nominated for Emeritus status.

Two other items, first, there is no Chicken Day during the summer. The next one is scheduled for Wednesday, Sept. 4. The second is the announcement Matt made last month. Candler Hill's MGA has opened membership to their MGA to any member of the On Top of the World MGA. Well done.

Remember, "Since bad shots come in groups of three, a fourth bad shot is actually the beginning of the next group of three."

**Individual Stableford
April 3 / Links**

Flight 1: 46-Tom McHaffie. 45-Jim Weaver. Tied at 43-Dan Carty and Rudy Normandin. 42-Paul Wade.

Flight 2: 47-David Hannasch. 46-Chuck Nicholas. 43-Carl Zeiler. Tied at 41-Charles Casale, James Merrick, and Joseph Bologna.

Flight 3: 45-Ray Messer. 42-Ross MacDonald. Tied at 41-Larry Rourke and Tony Giannattasio.

Flight 4: 46-Peter Peterson. Tied at 44-Alan Mudie and Douglas Coleman. Tied at 43-Bill

Carlson and Jack Martin. Flight 5: 49-Jimmy Johnson. 48-Tony Magri. Tied at 46-Carl Giddings and William Miller.

Men's Ryder Cup

On Top of the World: 53
Candler Hills: 39

**Beat The Pro
April 17 / Tortoise & Hare**

All 80 players beat the pro.

**Team Quota Points
April 24 / Links**

31-Leonard Ruble, Rocky Groomes, Carl Giddings, and Raymond Wilson. Tied at 30-Gary Hassett, Harvey Howd, Bill Carlson, William McGarry; and Ross MacDonald, Joseph Bologna, Jim Borro, Joe Rappa. 28-Ed Klodzen, John Hudacik, Tom Pasch, Ray Messer. 26-Michael Krzeminski, John Langville, Barry Barringer, and Volker Stoldt. Tied at 24-Ron Abramovich, Tom Fragapane, Jack Hegarty, William Miller; and Phil Johnson, Carl Zeiler, Norm Lallier, Richard Enos. 22-Paul Wade, Art Dushary, Alan Mudie, and Robert Moravec.

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Shuffleboard

By Grace Rohde

The signs of summer have come to the shuffleboard courts – some snowbirds have left while others are in the process of leaving, and there are players on vacation. While regular shuffleboard league has ended, summer shuffleboard has taken its place.

Summer shuffleboard began on Tuesday, May 7 at 9 a.m. with 11 players ready to compete with each other: Paul Wagnitz, John Mataya, Rick Vogel, Jack Myers, Jim Smith, Frank Scinlari, Trudy Brobst, Rita and Paul Wiseman, and Armann and Grace Rohde.

Most of us have played shuffleboard for a number of years, but Rita and Paul Wiseman are newcomers to shuffleboard.

Rita and Paul moved to On Top of the World from Long Island, N.Y., where they have family and friends, nearly two years ago. They also have family in Ocala, and after checking out different communities, they selected On Top of the World as their place to settle, and they are happy that they did.

They first learned about shuffleboard from reading a shuffleboard column in the World News. After reading the column, they decided to further check shuffleboard out when they went to the On Top of the World Club Fair. All of this led to their joining the shuffleboard league in September 2012.

Since then, Rita and Paul have become regular players on the Tuesday afternoon team. They enjoy playing shuffleboard and competing with others. Rita and Paul both agree that we have a “great group” of shuffleboard players. They said that shuffleboard is not only to play for competition but to “have fun and mingle” with others who also enjoy playing.

After joining the Tuesday league and having so much fun, Rita and Paul decided to play summer shuffleboard, and they are looking forward to having a good time.

For those of you who would like to play summer shuffleboard, come join us on Tuesdays at 9 a.m. If this time is not convenient for you, another time is now available for playing on Mondays at 9 a.m. Come join us for either or both sessions. This is also a good time to brush up on your skills before the regular season begins. Remember, summer league is more casual, and you can come for as many times as you want to, just show up at the courts at least 15 minutes before the scheduled time.

If any newcomers are interested, come watch us play, and if you would like to learn to play, just check with the captain. We would be happy to have you join us.

A reminder that we also have Ten Pin. If you have played regular shuffleboard, come join us on either Saturdays at 9 a.m. or on Thursdays at 6:30 p.m. You will find that Ten Pin helps you sharpen your skills and aim in regular shuffleboard. Try it and see. You have nothing to lose.



Photo by Armann Rohde

Rita and Paul Wiseman enjoying summer shuffleboard.

The winners in league play for April were as follows:

Men
Monday a.m.: Charlie Lentz.
Tuesday p.m.: Tie between Ernie Kelly and Mario Migliaccio.
Thursday a.m.: Peter Van Arsdale.

Friday a.m.: Tie between Don Rowell and Al Kawalek.

Women
Monday a.m.: Agnes Hickman.
Tuesday p.m.: Tie between Grace Rohde, Ginny Smith, and Margot Thomas.
Thursday a.m.: Helen Monsees.
Friday a.m.: Nancy Kowsky.



Stamp Club

By David Groves

We had a real treat during our May meeting of our On Top of the World General Francis Marion Stamp Club. We always have interesting talks by our members, USPS officials or representatives of other stamp clubs or community organizations.

Generally speaking, these talks, while very informative, don't produce spontaneous laughter from the listeners.

However, Larry Fahy's talk about a British rogue philatelist was an exception – factual, interesting and humorous!

Larry's talk was all about an extremely colorful, controversial and successful English businessman and philatelist, Clive Feigenbaum (1939-2007), who opened his first stamp shop at age 18.

He attended the University of London and graduated as an optometrist in 1967, but instead of examining eyes as his career, the “stamp bug” bit him and he embarked on a very creative and illegal career of producing his own postage stamps as well as

imaginary countries!

He was a member of “The Philatelic Traders Society of the United Kingdom.” However, in 1970, Feigenbaum was expelled from this society when several members discovered he was selling “tourist souvenir labels” as legitimate postage stamps.

During the 1970s, Feigenbaum was believed to be involved in the creation and sale of “gold stamps” issued by the Indian state of Nagaland, the Scottish island of Staffa (having no residents), Eynhallow and Dhufar.

He produced stamps marked Staffa in return for a fee paid to the island's owner, who operated its postal service.

By 1984, Feigenbaum had become chairman of England's leading philatelic firm, Stanley Gibbons.

He then attempted to get the firm on the Unlisted Securities Market but failed due to reams of negative publicity. Result ... he resigned from Stanley Gibbons.

But none of this phased Feigenbaum! He obviously enjoyed his work!

Between 1984 and 2007, he was involved in the creation, production and marketing of “gold stamps,” “postage stamps” and “tax shelter stamps” from the Bernera Islands, Tanzania, Tuvalu and Scotland's Easdale Island, including a popular “stamp” showing Ex-President Clinton and Monica Le-

winski.

When he wasn't creating stamps, Feigenbaum was a “keen rugby and cricket player” and head of an English cricket club.

If you are interested in stamp collecting or postal history, our club meets on the first Wednesday of the month at 1 p.m. and at noon on the third Wednesday in the second floor conference room of the Bank of the Ozarks on SW State Road 200 and the SW 90th Street entrance to On Top of the World.

Visitors are always welcome! A monthly evening meeting is also held on the second Wednesday at 7 p.m. in the Queen of Peace Church library.

For more information about our club, our stamp club brochure and/or a free

“Guide to Stamp Collecting” kit, please contact Club Treasurer, Joe Rosinski at 237-7366 or by e-mail at jrccr8850@embarqmail.com.

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Bocce

By Michelle Malsch

The Bocce Club ended the season with The Best of Bocce Tournament on Tuesday, April 23. On the Edge and The Rookies faced off for the team championship with On the Edge coming out on top with Captain Lou Crudele, Ed Malsch, Vince Minetti and Paul Beyer. The open play championship went to Charlie Fisher, Joanne Oakes and Joe Szabo.

On Friday, April 26, the annual bocce banquet was held in the Arbor Conference Center. Players and their guests dined on a delicious buffet dinner of pot roast, baked chicken, and all the trimmings, as well as apple pie and peach cobbler catered by Gourmet Affair.

Outgoing officers Lou Crudele, head director, and Eileen Kreps, secretary, were applauded for their support and service to

the club over the past seven years. Floyd Scott was recognized for the outstanding job he does in keeping the courts clean. John Kreps was recognized for the wonderful work he does as the league statistician.

New officers and league representatives for the 2013/2014 season were introduced: head director - Donald Oakes; assistant director - Paul Beyer; secretary/news - Michelle Malsch; treasurer - Lois Osis; league representatives Eileen Kreps (Tuesday/9 a.m.), Lois Osis (Tuesday/11 a.m.) and Charlie Fisher and Ray Schultz (Thursday/10 a.m.).

Summer open bocce is held on Monday, Wednesday and Fridays at 9 a.m. at the bocce courts behind the Arbor Club. Everyone is invited to play at this time. Come on over and see what bocce is all about.

We are looking for new team players for the start of our season in October. Please call Donald Oakes for information if you are interested in joining the league.

The next meeting of the Bocce Club will be held on Monday, Aug. 5, at 3 p.m. in the Arbor Conference Center, Suite B. All players are invited to attend.

Until we roll again ...



Paul Beyer, Vince Minetti, Lou Crudele, Ed Malsch won The Best of Bocce Tournament.



Billiards

By Richard Impresa

In last month's column, I gave you the final scores and standings of all four teams representing On Top of the World in both the men's and women's billiard leagues in Marion County. Just to re-cap, On Top of the World has three teams competing in the men's league and one team in the wom-

en's league.

The men's #1 team and the women's team both finished first in their respective leagues. The men's team #2 finished seventh and team #3 finished fifth. The following is a list of players for each team:

- **WOMEN'S TEAM:** Penny Wilson (captain), Irmgard Anger, Florence Binder, Barbara Bonomo, Diane Desrosiers, Polly Farineau, Marie Marquis, and Dottie Metcalf.
- **MEN'S TEAM #1:** Richard (The "Perfesser") Impresa (captain), Fred (The Banking Baker) Adolph, George (The Ocean State Oracle) Deignan, Gene (The Philly Flash) Hueber, Fred (The Predator) Mc-

Glen, Dick (Grumpy) Rumprik, and Ray (The Mayor) Stover.

- **MEN'S TEAM #2:** Fausto Coste (captain), Joe Amigliore, Fred Bakula, Jim Fallon, Tom Lipscomb, Tim Taury, Mike Mailet, and Bob Toye.
- **MEN'S TEAM #3:** Jerry Kamenker (captain), Mike Cruz, Bill Daly, Al Fischler, Fred Kennedy, and Gary Larue.

If you have noticed, we have a total of four "Fred's" on our men's teams. We attempted to arrange the schedules so that all four are not in the same room at one time as, I believe if you check the book of Revelation, that is one of the seven signs of the Apocalypse.

Congratulations go out to all the players for their participation and to Bill Daly for organizing the league. Both the men's and

women's league are always looking for new players and teams. If you're interested, see any one of the captains mentioned above or Bill Daly to join the league.

The 2013-2014 season for the men's league will start in September and run through March 2014. In a community of several thousand, such as ours, there must be more pool players who want to compete in our leagues.

Many of our new residents who visit the pool room for the first time say they haven't played pool since high school. The same can be said for the vast majority of our players, including myself, so don't let that stop you from coming down. With a little practice you will get into the groove again and enjoy the game. Hope to see you soon and until next month, keep stroking and keep your tip dry.

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Photo by Joe Amigliore

Men's championship billiards team.

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- Enjoy food, fun, face painting and festival performers.
- Pay tribute to the Armed Forces as professional skydivers land in Circle Square Commons carrying an American flag.
- Delight in a spectacular 30 minute fireworks display.

PARKING

- FREE for On Top of the World residents (bring resident ID) and Symphony attendees (show event tickets)
- \$5 per car for non-residents
- All parking lots at Circle Square Commons will OPEN promptly at 4 p.m. Lots will be closed prior to that time. Parking will be directed to fill all lots safely and to capacity.
- GOLF CARTS will park in the lot in front of The Town Square beginning at 4 p.m.

SCHEDULE OF EVENTS

- 4 p.m. - Parking lots open
- 5-9 p.m. - Patriotic Celebration on The Town Square
- 5-6:30 p.m. - Ocala Symphony Orchestra at Circle Square Cultural Center* (\$17/ticket)
- 9 p.m. - Fireworks display

Bringing lawn chairs is encouraged. No table saving. Fireworks will be launched from the Candler Hills Golf Course driving range. Be prepared for 30 minutes of loud booms.

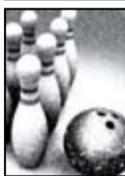
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- Mr. B's Big Scoop
- The Town Square Kiosk
- And more

**Parking fee for Symphony attendees will be waived with show of Symphony tickets.*

CIRCLE SQUARE Commons

#9780 05/13



Bowling League

By Jerry Roney

Cash prizes were awarded for individual achievements (one prize per person except for most improved bowlers). The most improved female bowler was Jeanne Sipin who improved her average by 13 pins over her prior year's average. Bob Redden improved his prior year average by 14 pins. Rick D'Addio achieved high average for the year with an outstanding 181. Linda McIntyre was tops for the women at 158. Lynn Shepherd bowled high single scratch game of 217 for the ladies and Norm Hebert for the men of 242. High scratch series was 544 for Judy Shuster and 678 for Bill Hull.

Team high scratch game was 791 by the Lucky Four High scratch team series was 2,031 by the Strikers.

Congratulations to these bowlers and teams and others who contributed to an enjoyable year of bowling.

Although next year's bowling season will not start until Sept. 9, readers might want to keep in mind the date of Aug. 12. On that day, AMF Galaxy West Lanes will sponsor an open house with two free hours of bowling including shoes at 2:30 p.m. for any resident of On Top of the World or Stone Creek. Reservations will be required by notifying the writer of this column at 873-4327.



Pennsylvania Club

By Pat Utiss

The current club year ended in May with our picnic. The food table was groaning under the weight of the delicious food provided by our members. As usual, there was enough for everyone to go back for seconds and thirds. We have heard of covered-dish dinners where there is not enough food. This has never been a problem with our club. I cannot brag enough about the generous members of the Pennsylvania Club.

Following a short business meeting, we played bingo. Thanks to our caller, Rod Emrick. While some of us had trouble getting any numbers on our card, one table had a lot of winners.

As entertainment chairman, I will be working on the next year's programs during the summer. If anyone has suggestions, I would love to hear them.

I hope everyone has a safe summer, whether you will be traveling or just relaxing in On Top of the World. Look for this column again in August.



Genealogical Society

By Peter Parisi

You may want to mark your calendar now for the following two genealogy computer courses Ron Chard and Dick Belz will be offering next fall in conjunction with Master the Possibilities. Further detail and registration information will be available in the fall edition of the Master the Possibilities catalog, which will be available on Thursday, Aug. 15.

Beginners Family Tree Maker

Nov. 7 & 8, from 9:30 a.m. to noon
Resident fee: \$25; Non-resident fee: \$25

Family Tree Maker is the world's leading genealogy software program. This hands-on class will take you through the basic steps of creating a family tree using Family Tree Maker software. Once you have completed the two-session class, you will have

learned how to enter your ancestor's names and facts about their lives; import and link photos, documents, and add notes to your ancestors; site sources; and print reports and family tree charts using Family Tree Maker. The class covers Family Tree Maker software versions FTM-2008 through FTM-2012. A 15-minute break will be taken at the middle of each session. Time will be allotted for answering questions for those attending. Note: Prerequisite for this class is a basic knowledge of the use of a computer.

Intermediate Family Tree Maker

Nov. 14 & 15, from 9:30 a.m. to noon
Resident fee: \$25; Non-resident fee: \$25

The Intermediate Family Tree Maker class continues on where the Beginners Family Tree Maker class left off. To take the Intermediate Family Tree Maker class, students must have completed the Basic Family Tree Maker class. Once you have completed the intermediate two-session class, you will have learned how to setup preferences, options, and other features for an improved user experience and a more useful family tree; importing, organizing, categorizing, and documenting media files

and attaching them to people and facts; capturing images from Ancestry.com and other websites, importing them into Family Tree Maker, and linking the images to people in your family tree; and creating a genealogy book which can be printed, distributed on a CD or DVD, emailed, or posted on the Internet. The course covers versions of Family Tree Maker releases from 2008 through 2012. A 15-minute break will be taken at the middle of each session. Time will be allotted for answering questions for those attending.

The Genealogical Society holds a business meeting at 10 a.m. the second Monday of every month in Meeting Room 3 of the Craft Building. At the business meeting, we also discuss what members would like to have for upcoming genealogy presentations.

We also have educational presentations at 10 a.m. the third Monday of the month in Suites B and C in the Arbor Conference Center. From June to September, the educational sessions will be group discussions on topics of interest in genealogy. We hope to see you at one of our meetings.

Our annual dues are only \$10 per person or \$15 per couple, so come to one of our meetings to see what we are all about.



Model Railroaders

By Paul Lewandowski

As this is being submitted for publication, several of the members of the On Top of the World Model Railroad Club are wending their way north for the summer months. During the past season, the club has re-done the yard area to the left of the door, laying track, wiring, and putting in scenery. The new section of the layout is wired for modern technology, DCC operation. Using this method of operation, several engines (and trains) may be operated independently, just as in real railroad operations.

Why is this significant to the operation of the layout? The old technology is called DC-operation. In that system, a DC signal is sent from a power pack (transformer) to the rails, and all the engines on the rails respond in the same way at the same time (forward or reverse, stop or run). The operator changes the direction of the train by reversing the signal from the transformer to the rails by flipping a switch on the transformer.

Again, all engines respond the same way at the same time. Anyone who has watched train operations in a yard or on the main line knows that this is not prototypical (real-life looking). The only way to permit engines to respond differently would be to isolate sections of the rail and power them

separately, either by reversing the wiring through electrical switches or by powering them with separate transformers. Either way, the operation becomes significantly more difficult as more engines or sections are added.

Modern DCC-operation (Digital Command-Control) makes prototypical operation (different engines going different directions and at different speeds at the same time) simpler. In DCC-operation, a steady power signal is sent from the transformer to the rails. The signal is picked up and read by a digital chip installed in each engine. Each digital chip is programmed to recognize commands sent by a controller that the operator can use to choose which engine to control. Therefore, one or more operators can control multiple engines' speed

and/or direction using hand-held controllers. The effect is just like operations in real-life railroading. Additional benefits of DCC-technology include controlling lights on the engine and sounds that the engine would make while in operation. The newer engines actually make sounds like the rumble of a diesel engine or chuffing of a steam engine, horns or whistles (as appropriate) and even the bell used when operating in areas close to people (as when approaching a train platform).

The club has maintenance sessions in our train room in the Health & Recreation Building first floor on Tuesday afternoons and often has running sessions on Friday afternoons. You are welcome to stop in and look at the layout (please remember to turn the lights off as you leave).

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Sewing Bees

By Linda Lohr

Our latest Rags to Riches event was a fantastic success and we thank everyone who stopped by our tables. The quilts for sale were a big draw and Georgie Maguire won the beautiful quilt from the drawing. Congratulations Georgie!

Although the days are getting very warm, we still have cool nights. And our quilts go a long way to making the evenings cozy for the children of Marion County.

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Room, from 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use!

Please contact Marcy at 854-1181 or LeeAnn at 854-7205 for more information. As always, the children and we thank you for all your support.



Photo by Linda Lohr

Children's quilt created by the Sewing Bees.



Sidekicks Western Dance Club

By Carla & Tony Magri

The Sidekicks celebrated the end of our regular dance year with pizza, salad, fruit, cupcakes and dancing. Our coordinators also presided over our second annual awards ceremony, recognizing the efforts of many of our members, especially our first year dancers. Some serious awards, some silly, but all very heartfelt. Most im-

portantly, we enjoyed the fellowship of our club and had a great time.

We now switch to our summer review mode, re-learning some of our older dances and giving our newer members the opportunity to learn them as well. Our instructors will also be working over the summer getting ready for our new dance year, which will start in September.

The Sidekicks would like to wish everyone a happy, safe and healthy summer and remind you all that dancing is good for both body and mind, and best of all, it's fun!

Visit us at <http://patternancers.wix.com/side-kicks> and on YouTube at ro67ger. Happy trails ...



Rubber Stamp Greeting Cards

By Linda Lohr

Our presenter for Thursday, May 16 was one of our newest members, Patty Hainzl. Patty provided most of the components for the group and both the cat and flower cards were enthusiastically completed. We thank Patty for her generosity and ideas.

Our group is open to all crafters, beginners or those more experienced. One or two people do a presentation each month. The group usually meets the first and third Thursdays of the month, unless the demonstrator requests other arrangements. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock.



Photo by Linda Lohr

Cat card.

Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, please call Kathy at 237-6439. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!

WINDOWS

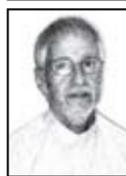
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Democratic Club

By Dan Lack

Our club luncheon at Logan's Roadhouse on Thursday, May 16, was a gastronomical success. About 30 club members

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were there to enjoy fine food and fellowship. Thank you to our club secretary, Lynn Miller, for setting this up. We intend to have another luncheon in the fall after the snowbirds have returned to their southern nests.

Our next meeting will take place on Thursday, June 27. Our speaker will be Preston Davis, a retired 20-year government consultant who is a member of The Villages Democratic Club and will present "Fiscal Policy: What is it and why should you care?" Preston's Powerpoint lecture compares the Democratic and Republican approaches to economic growth. There will be time for questions and discussion after Preston's presentation.

We meet on the fourth Thursday of every month at 6 p.m. in Suites E and F at the Arbor Conference Center. For more information, call Dan Lack at 509-4942 or send an e-mail to otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). All registered Democrats are invited to join the club. You are not alone!



Republican Club

By Fred Pulis

The May meeting featured guest speaker, Marion County Sheriff Chris Blair. He provided an extensive informative presentation about concealed weapon regulations. In addition, he explained tactics and tricks used by con artists. Question and answer period followed where a lively discussion of Marion County police matters were discussed.

This month's scheduled guest speaker is Pat Gabriel. Her knowledge and experience concerning Marion County issues are insurmountable. For further information concerning the June meeting or any other related Republican issue, contact Fred Pulis at 854-9976.

The next scheduled meeting will be held on Friday, June 14 in the Arbor Conference Center, Suites E, F, and G. All regular monthly meetings are scheduled for the second Friday. The meeting starts at 7 p.m. and usually lasts about an hour.

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POETRY

BY ON TOP OF THE WORLD RESIDENTS

Sunset Over the Gulf

By Annette Sharpe

Florida's sunsets are unique,
When nature's painted scene
Unfolds across the heavens
Like an oriental screen.

Against the gold-brushed, coral, sky,
Awesome in its beauty,
Silhouetted palms stand,
Like sentinels on duty,

While, over sparkling water,
Bathed in ruby light,
A giant ball of fire,
Slowly sinks from sight.

Expecting the hissing
Of a cooling molten cast,
Heard only was soft slapping
Of the gulf,
As another day had passed,
With a glimpse of splendor,
Briefly seen,
Before night's shadows intervene.

The Crescent City

By Bob Woods
World News Writer

This is one of two articles written about a group of residents on a motor coach trip to the Crescent City, which is commonly known as New Orleans. The title, Crescent City, comes from how the Mississippi River bends and looks like a crescent moon.

It all started back in the first weeks of April when a motor coach loaded with residents from our community ventured on a week-long excursion to the Crescent City. Upon arrival in New Orleans, the group immediately began their New Orleans experience by spending most of the afternoon touring the famous museum, Blaine Kern's Mardi Gras World, where floats for the Mardi Gras parades and other venues are assembled and stored.

Mardi Gras is French for "Fat Tuesday" and the beginning of what is known today as Mardi Gras or Carnival. It starts the day before Ash Wednesday (Fat Tuesday) and continues through Good Friday. This is an excuse for party revelers to gorge themselves with food and drink before the start of Lent.

In all actuality, Mardi Gras in the United States started in Mobile, Ala., but it wasn't long before New Orleans took over the popular celebration. Carnival is still celebrated in Mobile but not in the grandeur of the celebrations in the Crescent City. In reality, Mardi Gras in New Orleans is one enormous party lasting weeks. The celebration is not contained to the Bourbon Street region of the French Quarter but celebrated in all sections at different times in the entire city, although the celebration in the French Quarter is the most published.

At Mardi Gras World, our tour guide explained that Mardi Gras is a season for romance, madness, along with music, countless parades and parties everywhere. The city actually goes crazy with costumed revelers masquerading in the streets wearing masks and generally having a great time. The guide commented that all the floats are sponsored by individuals or carnival clubs and no float can be sponsored by commercial establishments or corporations.

The Mardi Gras World guide also explained to the group that some of the figurines on floats from past years are remodeled or reshaped, painted, and used again. The storage facility we were touring is just one of the 17 storage facilities for this company. The guide also explained that some of the floats we were seeing range in costs up to and including \$1.5 million.

After dinner on the first night, the group toured some of the French Quarter after dark. Reaching Bourbon Street as the skies darkened and lights were turned on, most were astonished at what they saw. Revelers in the French Quarter party continuously as witnessed by those in the group, especially after dark.

Walking down the street, many of the guys were approached by ladies of the night, bar pimps (trying to get you into their establishment for drinks) or photographers trying to take your picture for \$1. It was an experience! Street bands were playing Dixieland jazz tunes followed by all kinds of partygoers heading out into the night. Bourbon Street, along with most of the French Quarter, is wide open for just about anything and everything. All bars had drinks to go.

By the end of the first partial day in New Orleans, many in the group were worn out. Luckily, our hotel was conveniently located just a few blocks from the waterfront and the French Quarter.

The group stayed four nights in the Ambassador Hotel. The building, built in 1854, was converted from three coffee warehouses into a hotel. Supposedly, on humid days a slight smell of coffee can be smelled in the corridors. The rooms were of various sizes and had a lot of character with brick mortared walls, 14-foot ceilings and large crown molding.

The first full day in the Crescent City saw a step-on-guide board our motor coach for a guided tour of the city. This guide, a native of New Orleans, was extremely knowledgeable and after talking about some of the city's history, the first stop of the coach was a cemetery named St. Lewis #3.

When all on board entered the cemetery on foot, our guide, Anne, explained that the graves are above ground due to the high water table. She also stated that sometimes more than one name may appear be on the same grave.

New Orleans law states that many people can be interred in the same grave but only after each person has been interred for one year and one day, then the grave is opened and the previous bones are pushed to the side or the rear. Then the next deceased person is placed into the grave and then sealed.

Our guided tour took the group all over most of the city ending at the southwestern corner of the French Quarter where free time for exploration and lunch on your own was in the plans before meeting the coach in the early afternoon taking the group to the National World War II Museum.

A three-hour visit was planned for the museum. There was one building where there was so much paraphernalia from both the Pacific and European Theaters and so much to read that this building alone could take up the entire allocated time.

There was a movie scheduled where the documentary production, "Beyond All Boundaries," was shown and it was such a fantastic film members of the group talked about it for hours. It was almost like a 3-D movie where props would pop-up on the stage; lights would flash depicting exploding bombs while at the same time the group's seats would rattle created by the ex-

ploding bombs on the screen. What a film!

After the self-guided tour at the museum, the group headed for a fantastic meal served family style at Buca Di Beppo.

The next morning, the group headed to the Louisiana Bayou for a swamp flat bottom boat tour. Meeting our captain/guide, it wasn't long before we were heading down a man-made canal. The captain pointed out all types of vegetation and wildlife we might encounter. This was a two-hour cruise into the swampy bayou when we ventured upon our first sighting of a small alligator.

It wasn't long when we encountered a small cabin with a short pier on the bank. We were told this was constructed by the swamp boat company depicting the swamp way of life. A short time later, we encoun-

tered another cabin and this wooden structure was constructed by a movie crew for a film starring Burt Reynolds. Both cabins have appeared in Hollywood films.

The captain brought out the head of a large gator so folks on the tour could feel the head. Then the captain let the boat drift while he produced a small live gator around four feet long that he stated was about four years old.

The captain demonstrated how to hold the reptile. He then passed the live gator around the boat so all those who wished could handle the reptile. The mouth of this critter was taped shut preventing anyone from getting hurt.

To be continued in the July issue of the World News ...

Photo (right) by Bob Woods

One of the many parade floats at Blaine Kern's Mardi Gras World.



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CLUB CARDS & GAMES

BRIDGE

Monday Afternoon

By Shirley Stolly & Carol Johnson

April 15

1: Ida Rosendahl & Mary Carol Geck; 2: Walter & Paulie McCoy; 3: John & Marie Fiorillo.

April 22

1: Mary Carol Geck & Ida Rosendahl; 2: Joan Lord & Eleanor Giardina; 3: Carol Johnson & Shirley Stolly.

April 29

1: Phyllis Bressler & Eleanor Giardina; 2: Mary Carol Geck & Ida Rosendahl; 3: Jane Kaske & Esther Lang.

May 6

1: Fran Griswold & Betty Morris; 2: Eleanor Giardina & Joan Lord; 3: Paulie McCoy & Phyllis Bressler.

Monday Night

By Kathie & Art Dushary

Most of our players are seasoned beginners to intermediate level players. You do not need to sign up ahead of time or have a partner. Just come to the Card Room by 6:20 p.m. as we start at 6:30 p.m. We usually have six to eight tables.

April 1

1: Al Kremer (4030); 2: Myra Butler; 3: Gail Tirpak; 4: Cisca Johnson.

April 8

1: Sara Anderson (4880); 2: Mildred Lane; 3: Susan Tarbal; 4: Jan Moon; 5: Kathie Dushary.

April 15

1: Paul Agarwal (4650); 2: Kathie Dushary; 3: Art Dushary; 4: Ron McNeilly; 5: Jan Moon.

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April 22
1: Peggy Borro; 2: Phyllis Bressler; 3: Shirley Stolly; 4: Fran Griswold; 5: Irma Slater.

April 29
1: Paul Agarwal; 2: Susan Pleinis; 3: Myra Butler; 4: Judy Wagnitz; 5: Bob Durst.

Tuesday Afternoon

By Agnes LaSala

April 2

1: Mazie Millward & Millie Farrell; 2: Bernie Kelly & Sharon Davis; 3: John & Marie Fiorello.

April 9

1: Mazie Millward & Millie Farrell; 2: Marie & John Fiorello; 3: Florence & Norbert Heckler.

April 16

1: Marie & John Fiorello; 2: Bernie Kelly & Sharon Davis; 3: Shirley Stolly & Betty Morris.

April 23

1: Mary Rose Janssen & Cleona Redman; 2: Florence & Norbert Heckler; 3: Marie & John Fiorello.

April 30

1: Marie & John Fiorello; 2: Cleona Redman & Mary Rose Janssen; 3: Mazie Millward & Millie Farrell.

Tuesday Night Dup

By Doris Keathley

April 2

1/2 (tie): Ernie & Joan Lord and Doris Keathley & Mary Carol Geck; 3: Caryl Rosenberger & Ida Rosendahl.

April 9

1: Caryl Rosenberger & Ida Rosendahl; 2: Doris Keathley & Mary Carol Geck; 3: Bill & Ida Carlson.

April 16

1: Doris Keathley & Mary Carol Geck; 2/3 (tie): Caryl Rosenberger & Ida Rosendahl and Bruce & Marjorie Benton.

April 23

1: Katie White & Kathy Dushary; 2: Doris Keathley & Mary Carol Geck; 3: Caryl

Rosenberger & Ida Rosendahl.

April 30

1: Caryl Rosenberger & Ida Rosendahl; 2: Doris Keathley & Mary Carol Geck; 3: Bill & Ida Carlson; 4: Ernie & Joan Lord.

Thursday Afternoon

By Marge Starrett

April 4

1: Cleona Redman; 2: Marge Starrett; 3: Sharon Davis.

April 11

1: Mazie Millward; 2: Tina St. Clair; 3: Marge Starrett.

April 18

1: Nancy Clarkson; 2: Mazie Millward; 3: Agnes LaSala.

April 25

1: Serine Rossi; 2: Shirley Ebert; 3: Nancy Clarkson.

Thursday Night

By Jan Moon

April 4

1: Phyllis Bressler; 2: Myra Butler; 3: Jack Martin; 4: Ed Horner.

April 11

1: Fran Griswold; 2: Vern Siber; 3: Sara Anderson.

April 18

1: Ed Horner; 2: Fran Griswold; 3: Shirley Stolly; 4: Janet Becker; 5: Agnes Weber.

April 25

1: Ed Horner; 2: Ida Rosendahl; 3: Mildred Lane; 4: Janet Becker; 5: Howard Sale.

Wednesday Afternoon

By Pat Golgart

April 17

1: Ida Rosendahl; 2: Bernie Kelly; 3: Helen O'Brien; Cons: Vickie Greig.

April 24

1: Serine Rossi; 2: Dot Calbech; 3: Bernie Kelly; Cons: Bonnie Heinlein.

May 1

1: Shirley Stolly; 2: Bernie Kelly; 3: Jean Reis; Cons: Delores Melberg.

May 8

1: Phyllis Bressler; 2: Bernie Kelly; 3: Ida Rosendahl; 4: Mary Culberson; Cons: Marlene Floeckher.

CRIBBAGE

Friday Night

By Rose Marie Postin

April 5

1: Marvin Durham; 2: Luke Mullen; 3: Bob Layne; Cons: Sheila Howell.

April 12

1: Alberta Sarris; 2: Bob Layne; 3: Frank Chamberlain; Cons: Glenda Lins.

April 19

1: Norma Yonke; 2: Alberta Sarris; 3: Anne Jaglieski; Cons: Mary Lou Chamberlain.

April 26

1: Phyllis Wandrey; 2: Anne Jaglieski; 3: Marvin Durham; Cons: Sheila Howell.

EUCHRE

Friday Night 4 Fun

By Irene Pisani

Intermediate and advanced players are

all welcome. Come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all.

For more information, call Irene at 873-4173.

April 19

1: Joan Sigafoos (out of 19); 2: Bob Gorman; 3: Gayle Argano; 4: Phyllis Gorman; 5 (tie): John Wall & Jean Gillette.

April 26

1: Jean Gillette (out of 28); 2 (tie): Jerry Harris & Phyllis Wall; 3: Arlene Luehrs; 4 (tie): Nancy Kowsky & Barbara Engleman; 5 (tie): Cleona Redman & Walter Hickenlooper.

May 3

1: Richard Bartel (out of 18); 2: Beverly DeBusschere; 3: Richard Miles; 4: Joan Sigafoos; 5 (tie): Buck Chaillet, Barbara Engleman & Phyllis Wall.

May 10

1: Joan Sigafoos (perfect game out of 16); 2: Irene Pisani; 3: Jean Sylver; 4: Buck Chaillet; 5: Edith Kolb.

Friday Night

By Joe Askenase

April 12

Four Handed Game

1: Maria France; 2: Lou Fisher; 3 (tie): Marcy Askenase & Shirley Coe; 4 (tie): Ray Decker & Bridget Hughes; 5: Annette Taylor.

April 19

Three Handed Game

1: Virgil Taylor; 2: Lou Fisher.

Four Handed Game

1: Shirley Coe; 2: Bridget Hughes; 3: Marcy Askenase; 4: Annette Taylor.

April 26

Four Handed Game

1: Virgil Taylor; 2: Maria France; 3: Marcy Askenase; 4 (tie): Bridget Hughes & Annette Taylor; 5: Shirley Coe.

May 3

Three Handed Game

1: Virgil Taylor; 2: Ray Decker.

Four Handed Game

1: Bridget Hughes; 2: Maria France; 3: Annette Taylor; 4: Marcy Askenase.

PINOCHLE

Tuesday Night

By Alberta Sarris

April 2

Single Deck

1: Gitte Agarwal; 2: Eva Mazzotta; 3: Jim Cunningham.

Double/Triple Deck

Tables 1: Alberta Sarris; 2: Jerry Dean & Virgil Taylor.

April 9

Single Deck

1: Ruth Buchman; 2: Walter Hickenlooper; 3: Gitte Agarwal.

Double/Triple Deck

Tables 1: Sue Kelly & Alberta Sarris; 2: Joe Scrivo & Virgil Taylor.

April 16

Single Deck

1: Whitney Frye; 2: Helen DeLuca; 3: Ruth Buchman.

Double/Triple Deck

Tables 1: Sue Kelly, Jim Mazzotta & Alberta Sarris; 2: Virgil Taylor & Norma Yonke.

April 23

Single Deck

1: Gayle Argano; 2: Albert Novotny; 3: Helen DeLuca.

Double/Triple Deck

Tables 1: Alberta Sarris & Margaret Sciarrino; 2: Jim Hein & Virgil Taylor.

April 30

Single Deck

1: Gayle Argano; 2: Ruth Buchman; 3: Lois Ryder.

Double/Triple Deck

Table 1: Sue Kelly & Alberta Sarris; 2: Jerry Dean & Norma Yonke.

Thursday Night

By Mildred Ferrell

Please join us each Thursday at 6 p.m. in the Art Room of the Craft Building. It is a great way to make new friends, who enjoy a friendly competitive game of pinochle. Hope to see you there.

April 4

1: Millie Ferrell; 2: Al Novotny; 3: Edna Frye.

April 11

1: Walter Hickenlooper; 2: Millie Ferrell; 3: Helen DeLuca.

April 18

1: Phyllis Jarskey; 2: Whitney Frye; 3: Al Novotny.

April 25

1: Gayle Argano; 2: Walter Hickenlooper; 3: Albert Novotny.

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Sail Away Cruise Club

By Fred O'Blenis

Welcome aboard! It's June and the countdown is on for the Nov. 9 group cruise on the Oasis of the Seas. We always have a no hassle great time with optional private bus transportation, if you do not want to drive to Ft. Lauderdale.

I indicated last month that I would have more about the ship and the ports we will visit. We are sailing the Western Caribbean and our first stop is the private island of Labadee in Haiti. Next port-of-call is Falmouth, Jamaica and then to Cozumel, Mexico. Following departure from Mexico, we will be at sea for our return to Ft. Lauderdale.

As I have indicated in previous columns, the two mega ships are Oasis of the Seas and the Allure. Both are breathtaking inside with more to do, see and enjoy than most land-based destinations. My suggestion, for whatever it is worth, is try the cruise with us on Nov. 9. I'll bet the farm, you'll be very happy you did. You can get information on the upcoming cruise by going to www.RoyalCaribbean.com or calling Fred at 237-6367.

We have blocked a number of cabins for this cruise date. Pricing is held with a \$250 per person deposit, and we also give the cabin a \$50 onboard credit once final payment is made in August. You can use the onboard credit to spend any way you like. Travel interruption and medical insurance is highly recommended on this and any other cruise you may take.

There are over 25 places to eat plus awe-inspiring entertainment, a Vegas-style casino and a little bit of everything for every age passenger. If you would rather avoid the "kids," they have their own areas and the adults have a restricted pool section just for them.

My personal favorite place to relax in the evening is the Viking Crown Lounge on deck 17. After a show, many of us meet there for a cocktail, dancing or just sitting and relaxing. I'll continue with more on this ship in my next column.

Join us for the November cruise on the Oasis of the Seas. You'll have the time of your life.

Those who have signed up for this cruise will be invited to a pre-cruise meeting at the Arbor Conference Center. All documents to board the ship will be handed out including luggage tags, along with show and specialty restaurant reservations.

The club has cabins at a group rate, but there is a deadline before they will be returned to general inventory. Until next month, keep the sun on your face and the wind at your back. Call Fred at 237-6367.



Travel Toppers

By Jo Swing

Don't miss the bus this month. As of print time, there are still seats available for the Monday, June 10 shopping trip to Ikea and Mall at Millenia. We will be visiting Ikea in the morning. This store offers functional but well designed home furnishings at low prices. Lunch will be on your own at one of the restaurants at the mall, such as California Pizza Kitchen, The Cheesecake Factory, and Johnny Rockets. After lunch, shop until you drop at such stores as Neiman Marcus, Bloomingdales, Abercrombie & Fitch, Luis Vuitton, Jimmy Choo, Salvador Ferragamo, Gucci, and more. Enjoy a fun day of shopping for \$22, which covers transportation and tip for driver. Call Jo Swing now at 237-4564 for availability.

Experience 12,000 years of powerful stories on Wednesday, July 17 with a trip to the Tampa Bay History Center. Visit a 1920s era cigar store, ride along on a cattle drive, and learn about the early exploration of Florida. The cost of \$52 includes bus, admission to museum, lunch at the Columbia Cafe and driver's tip and meal. For reservations, call Linda Hein at 861-9880.

Reservations start Monday, June 3 for a very special treat on Wednesday, Sept. 11. We will be going to the Mahaffey Theater in St. Petersburg to see Engelbert Humperdinck in concert. This is a one night only show. Let's go back to our swooning years to remember, "Please Release Me" among other songs. The cost is \$76 for orchestra seats, transportation, and tip for driver. Meal will be on your own. Call Jo Swing at 237-4564 for reservations.

Start planning now for your next winter's cruise. Travel Toppers has a seven-day (Sunday, Jan. 26, 2014 to Sunday, Feb. 2, 2014) cruise to the Eastern Caribbean. We will be sailing on the brand new Royal Princess from Ft. Lauderdale, Fla. Ports of call will be Princess Cays, Bahamas, St. Thomas, U.S. Virgin Islands, and St. Maarten. The Royal Princess features the Sea Walk and Sea View Bar, which are cantilevered over the ocean with stupendous views. There is also a large top-deck adults only pool with plush cabanas. Prices start at \$914 (inside cabin) and are per person, double occupancy with all port charges and government fees included. For more information and/or reservations, call Inge Gaitch at 237-7428.

Travel Toppers' next meeting will be Wednesday, June 5 at 9:30 a.m. in Suite A of the Arbor Conference Center. This will be the last meeting until September. Travel Toppers meetings are open to all residents. Until then, happy travels to all and have a safe summer.



On The Road Again

By Bob Woods

In last month's column, I stated that Bev and I were no longer organizing any motor coach trips unless something great came along. Well, I was wrong! I had so much positive feedback from the New Orleans

trip that I felt guilty. So after a phone call to my travel agent, we are now planning a seven-day trip to Nashville, Tenn. in September 2014. At this time, I have no firm dates or pricing, but if you call me, I will be able to answer both questions and provide an itinerary.

If you think you might like to join the already desirable group that wants to venture on this Nashville trip, please call me and I will place your name on the growing list. There is absolutely no obligation or deposit required, but as soon as I get prices and dates, I will call each one on the list in order of signing up.



Mah Jongg

By Mary Ehle

There is a trend going on in the Mah Jongg world called "winning the big hand." It seems like every time we play, someone

makes the big hand. I think that this time someone will walk away with the jackpot at the fall tournament.

Come on and sign up to play and maybe it will be you. Call me and send me your reservation. The cost is \$22 and the date is Oct. 5. Until then, jokers to you.

REMINDER
Dogs must be on a leash
at all times.



Community Patrol

By Patricia A. Woodbury

Since Memorial Day fell on the fourth Monday, the Patrol did not meet in the month of May but rather took time to celebrate and enjoy the holiday.

For the June meeting, the Patrol invited representatives from the Safe Mobility for Life Program, associated with the Florida

Department of Transportation. This group has developed an Aging Road User Strategic Safety Plan to improve the safety, access, and mobility of Florida's aging population while reducing their crash, injury, and fatality rates.

The next meeting of the Community Patrol is Monday, June 24.

Anyone interested in becoming part of our community patrol should call Gary Rodoff at 291-7508. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center at 3 p.m. Come and join us, the meeting is open to everyone.

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CLUB MEETINGS

Weekly Monday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Mixed Tennis Doubles	HRCT
	Water Walk	ACIP
	Men's Softball	SBF
	RC Flyers Club	FF
	R.O.M.E.O. Club	WD
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
	Ceramics (until 2 p.m.)	Art
	Ladies Billiards	PLR
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Tennis Doubles	HRCT
	Tai Chi	ACF
	Ladies Billiards	PLR
	Open Pool Time	ACIP
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Bridge	CR
	Aqua Belles	ACIP
12:45	Line Dance (Beg/Int)	HRB
1:00	Dominos	CC:H
1:30	Line Dance	ICC
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	OTOW League Bowling	AMS
3:00	Improver+ Line Dance	HRB
4:15	Beginners Line Dance	HRB
5:00	Mah Jongg	CC:A
5:30	Newcomers Line Dance	HRB
6:00	Table Tennis	CC:D
	Men's Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Mah Jongg	ICC

First Monday

7:30	One Blood (Even # Months Only)	PL
9:00	LifeSouth Blood (Odd # Months Only)	PL
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
4:00	Billiards	Art
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
	Sunshine Singers	HRB

Second Monday

10:00	Genealogical Society Business Meeting	MR3
2:00	Bowling League	AMFW
5:00	Positive Thinkers Club	CC:B
7:00	Theatre Group	CC:E,F
	Original Karaoke Group	CCC

Third Monday

10:00	Genealogical Society Workshop	CC: B&C
1:30	D'Clowns	CC:B,C
	Raw Food Club	CC:B,C
6:30	Sunshine Singers	HRB

Fourth Monday

3:00	Community Patrol	CC:B,C
5:00	Metaphysical Club	CC:B,C
7:00	Original Karaoke Group	CCC

Weekly Tuesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	Arts & Crafts	HRB
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
	Ladies Golf Assoc. 9-Hole (May-Oct.)	GC



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Meeting Location Codes

AC	Arbor Club	HRB	Health & Recreation Ballroom
ACF	Arbor Club Fitness		Health & Recreation Tennis Courts
ACCT	Arbor Tennis Courts	HRCT	Health & Recreation Fitness Center
ACIP	Arbor Indoor Pool		Health & Recreation Pool
ACOP	Arbor Outdoor Pool	HRF	Indigo East Community Center
Art	Art Studio		Miniature Golf Course
AMFW	AMF Galaxy West Lanes	HRP	Meeting Room 2
BCT	Bocce Courts	ICC	Meeting Room 3
BO	Bank of the Ozarks		Pavilion
CC	Arbor Conference Center	MGC	Health & Recreation Parking Lot
CCC	Candler Hills Community Center	MR2	Poolroom
	Candler Hills Card Room	MR3	Raquetball Courts
CCR	Computer Learning Center	PAV	Softball Field
CLC	Circle Square Cultural Center	PL	Winn-Dixie Wood Shop
CSCC	Card Room	PLR	
CR	Flying Field	RCT	
FF	Golf Course	SBF	
GC	Health & Recreation Building	WD	
HR		WW	

To make changes, call the Activities Office at 854-8707, Ext. 7530 or 7533

8:30	Ladies Golf Assoc. 18-Hole Racquetball	GC RCT
	Ladies Golf Assoc. 9-Hole (Nov.-April)	GC
9:00	Computer Club	CC:B,C
	Shallow Water Fitness Class	ACIP
	Hand & Foot Canasta	CR
	Woodworking	WW
	Horseshoe League	HRCT
	Arts & Crafts	HRB
	Sunshine Quilters	Art
	Knit Wits	MR2
9:30	Concert Chorus	AC
10:00	Yoga	ICC
	Open Pool Time	ACIP
10:30	Horseshoe League	HRCT
	Walleyball	HRCT
11:00	Open Pool Time	ACIP
Noon	Men's Poker	MR3
	Cyber Orientation	HRF
	Mah Jongg	CC:A
12:30	Bridge	CR
	Open Pool Time	ACIP
1:00	Badminton	RCT
	Ballet Club	ACF
	Shuffleboard (Sept.-April)	HRCT
	Crochet Club	ICC
3:00	ShutterBugs	CC:B,C
	Chess Club	MR2
5:00	Mah Jongg	CC:B
	Table Tennis	CC:D
	Poker	CC:G
5:45	Mah Jongg	CC:B
	Sidekicks Western Dance	HRB
6:00	Pinochle	MR3
	Poker	CCR
6:30	Duplicate Bridge	CR
	Mah Jongg	MR2
	Circle Squares	AC
7:00	Mixed Poker	CC:H

First Tuesday

8:00	Men's Golf Assoc.	CC:A
10:30	Shuffleboard (Sept.-April)	CC:H
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
1:00	Sunshine Quilters Business Mtg.	Art
2:30	Italian American Club	CC:E,F
6:30	JB Poker Club	CC:E,F
	Indigo East Girls Bunco	ICC

Second Tuesday

8:00	Citizens Emergency Response Team	CC:E,F,G
	Sunshine Quilters	Art
10:00	Ladies Golf Assoc. 18-Hole (Oct.-April)	HRB
1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
6:45	Game Night	ICC
7:00	Lions Club	CCC

Third Tuesday

10:00	Sunshine Quilters	Art
5:00	Caribbean Club	ICC

Fourth Tuesday

8:00	Citizens Emergency Response Team	ICC
10:00	Sunshine Quilters	Art
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
12:30	Scandinavian Club	CC:E,F

Weekly Wednesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Men's Golf 18-Hole	GC
	Men's Softball	SBF
	RC Flyers Club	FF
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
9:30	Fun with Ceramics	Art
10:00	Tai Chi	ACF
	Open Pool Time	ACIP
10:30	Pool Closed for Cleaning (until 11:30 a.m.)	ACIP
Noon	Ladies Poker	MR3
	Mah Jongg	CC:A
12:15	Bridge	CR
12:30	Japanese Bunka	CC:B
	Aqua Belles	ACIP
1:00	Mah Jongg	ICC
1:30	Shuffleboard (Sept.-April)	HRCT
2:30	Scrabble Club	CC:H
5:30	Bingo	HRB
6:00	Men's Poker	MR3
6:30	Circle Squares	CC:E,F

First Wednesday

8:30	Ladies Golf Assoc. 18-Hole	CC:B
9:00	Model Railroaders	MR3
9:30	Travel Toppers	CC:A
1:00	General Francis Stamp Club	BO

Second Wednesday

1:00	Native Plant Group (Oct-April)	CC:H
3:00	Pennsylvania Club	CC:E,F

Third Wednesday

12:30	Bunco	CCC
1:00	General Francis Stamp Club	BO
6:40	Bunco Club	CC:G

Fourth Wednesday

6:30	Tall Travelers RV Group (No mtgs Dec, June-Sept)	CC:B,C
7:00	Mystery Book Club	CCR

Weekly Thursday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Racquetball	RCT
9:00	Art Group	Art
	Shallow Water Fitness Class	ACIP
	Woodworking	WW
	Computer Club	CC:B,C
	Candler Hills Ladies Golf Assoc. 9-Hole	CG
	Candler Hills Ladies Golf Assoc. 18-Hole	GC
9:30	Shuffleboard (Sept.-April)	HRCT

10:00	Open Pool Time	ACIP
10:30	Walleyball	HRCT
	Mah Jongg	CC:A
12:30	Sewing Bees	Art
	Bridge	CR
1:00	Badminton	RCT
	Ballet Club	ACF
	Table Tennis	CC:D
	Games, Games, Games	ICC
3:00	Western Stars Bowling	AMFW
5:30	Card Game	CC:B
6:00	Men's Poker	MR3
	Pinochle	ART
	Poker Night	CCC
6:15	Mah Jongg	CCR
6:30	Bridge	CR
7:00	Cards	ICC
	Mixed Poker	CC:H
	Circle Squares	CC:E,F
	Card/Game Club	CC:G

First Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	Opera Appreciation	MR3
5:00	Southern Club	HRB

Third Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	New England Club (Oct-May)	AC

Fourth Thursday

6:00	Democratic Club	CC:E,F
6:45	Game Night	ICC

Weekly Friday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Racquetball	RCT
	Women's Bible Study (Oct-May)	CC:A
	Tai Chi	ACF
	Tai Chi	ICC
	Open Pool Time	ACIP
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Aqua Belles	ACIP
1:00	Table Tennis	CC:D
5:00	Cribbage	Art
6:00	Nickel/Nickel	MR3
	Euchre 4 Fun	CC:A
6:45	Euchre	MR2

First Friday

10:00	Embroidery Chicks (Oct-April)	CC:B,C
1:00	Women of the World	HRB

Second Friday

8:30	RC Ladybirds	CC:B,C
1:00	Mexican Train	CC:H
7:00	Republican Club	CC:E,F,G

Fourth Friday

10:00	Embroidery Chicks	CC:B,C
1:00	Mexican Train	CC:H

Weekly Saturday

8:00	Mixed Tennis	HRCT
	RC Flyers Club	FF
	Pickleball	HRCT
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Woodworking	WW
	Art Group	Art
10:00	Mixed Tennis	HRCT
	Yoga	ICC
1:00	Table Tennis	CC:D

Weekly Sunday

9:00	Racquetball	RCT
	Woodworking	WW
9:30	RC Flyers Club	FF
Noon	Mah Jongg	CC:A
1:00	Hand & Foot Canasta	CR
	Table Tennis	CC:D
5:00	Sidekicks Western Dance	AC
6:00	Pickleball	HRCT
7:00	Mixed Poker	CC:H

Second Sunday

6:00	Movie of the Month	HRB
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Third Sunday

2:00	American Jewish Club	CC:E,F,G
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OneBlood Bloodmobile

By Sara Sommer

Mother's Day has just passed and Father's Day is coming up. What better way to honor them than by giving the gift of life? The Big Red Bus will be at On Top of the World on Monday, June 3, from 7:30 a.m. to 3 p.m. in the Health & Recreation parking lot.

We have some really great gifts for you,

too. Donors will receive a Fandango movie ticket that is good for any movie at any time. Alyx donors (double red cells) also receive a \$10 Darden Restaurants gift card by mail.

Special summer promotion: Donate two times between June 1 and Sept. 30, and receive a free steak dinner, courtesy of Outback Steakhouse! Plus all donors will be entered in a drawing to win "Outback for a year." All donors also receive a \$5 off coupon towards the purchase of two Outback entrees. Doesn't that make you hungry?

Remember to bring your photo ID. Each donation will save up to three lives. There is no replacement for human blood. Only you can make a difference. See you on the bus!



American Jewish Club

By Carol Aronoff

Our last meeting of the season took place on Sunday, May 19. Our new slate was sworn in for the coming year. Most importantly, we thanked Norma Seidman for agreeing to take us on again as president. She has always done an outstanding job.

The following people were sworn in: Lenny Kofsky, vice president; Micki Land-

ers, treasurer; and Sunni Crown, secretary. Good luck to all.

Since last September, our membership has grown and our treasury is healthy. We have had some terrific speakers, entertainment and trips, all of which was due to the hard work of our board. Not to mention the wonderful refreshments provided by Myra Post.

During the summer, the board will be working hard to set up the new 2013-2014 season beginning in September. We hope to have more of the best for you including taking part in the first annual Jewish Festival of Marion County in November.

Until we meet again, have a happy and healthy summer whether you are here or away.



Ocala Clown Express

By Carol & Guy White

Happy summer to all our clowns and helpers. You are very much appreciated with all your hard work and devotion to Ocala Clown Express.

The hospital clowns and helpers volunteer from September to May to bring the safety program to Marion County Public Schools children. All first graders are transported by bus. Without the devotion of the hospital clowns and helpers, this program could not be presented.

Ocala Clown Express has just received a new clown, and she will be in training for the summer. This is an excellent time to join us and get summer training to be ready for our September Munroe Regional Medical Center Safety Program. If interested please call Carol White (Dotsy) at 873-9223 or Marge Cordasco (Rosy Nosy) at 291-0077.

The month of May ended up being a busy month for us. We ended the hospital program on May 2 and May 9. Both were large classes transported by bus, and all first graders. May 8 we entertained at Haw-

thorne Assisted Living with a show of skits and songs. May 17 we were at College Park Elementary School painting faces, applying tattoos and creating balloons for the children. May 18 was the Relay of Life Cancer Walk, and the Ladies Phillies Club sponsored us. Our group made a donation to the cancer fund.

June, July and August were a much needed break for our active clown group. We especially want to thank our helpers, Gwyn, Carmela and Donal, for their assistance in helping serve juice and cookies. And helping us with our program and "kid control" too. Have a great summer!

This is a good time to mention that our president, Carol White, appreciates everyone in our group. A special thank you to Guy White (Patch) as he drives all the "props" back and forth from the hospital. We all depend on each other for success.

Submitted by Marge Cordasco



Bay Laurel Center
CDD

WATER CONSERVATION EXPO
Tuesday, Oct. 15
Circle Square Cultural Center



Favorite Recipes Dinner Club

By Luke Mullen

The month of April provided our club members another fun and entertaining evening. Three dinners, in which 16 diners participated, were held on Saturday, April 20, at club members' homes.

Hosting our first dinner were Jeanne and John Battocletti. Gayle Argano and Walter Hickenlooper prepared and served the appetizers, which were taco chips and crackers with egg salad, humus and cheddar cheese.

Following the appetizers Gitte and Paul Agarwal served the salad. They had prepared a spinach salad, which consisted of chopped apples, chopped kalamata olives, crumbled blue cheese and baby spinach leaves, and served with a bacon dressing.

Jeanne and John then served the main meal. The entrée was chicken cordon bleu, accompanied by a green bean casserole and a rice pilaf dish. Jeanne and John served a pumpkin pie for dessert.

Our second dinner hosts were Phyllis and Al Richards. Rhea and Jim Russell brought hors d'oeuvres for the evening. The first appetizer was chicken kabobs with fruit and vegetables with a sweet and sour sauce. The second was mini potato cakes with cheese, bacon and sour cream. Phyllis and Al then served a Greek salad consisting of salad greens, cucumber, tomatoes, red onions, black olives, pickled banana peppers, feta cheese, oregano and croutons.

After salad, the entrée served was mous-

saka that consisted of cooked eggplants peeled and sliced, tossed with olive oil and salt. Browned ground beef was prepared with minced onion, salt, garlic powder, onion powder, oregano, cumin, cinnamon and black pepper. Wine and tomato sauce were added and then all ingredients were combined and layered in a casserole dish. A Béchamel sauce and shredded cheese were added on top and then baked. Accompanying this dish were grilled asparagus and rice pilaf.

Hosting our third dinner were Chris and Mike Riopel. Carolle and Tom Carlton prepared and served two appetizers. The first one was a cranberry cream cheese spread. It was made with cream cheese, dried cranberries, dried apricots and a little orange zest and was served with crackers. The second was stuffed Asiago cheese and basil mushrooms. Ingredients used were baby Portobello mushrooms, Asiago cheese, basil and mayonnaise. After being baked they were topped with half of a grape tomato and sprinkled with Parmesan cheese.

After the hors d'oeuvres, Chris and Mike served a tossed salad with a balsamic vinaigrette dressing. This was followed by balsamic chicken thighs, accompanied by mashed potatoes and steamed asparagus. The chicken thighs were oven simmered in a sauce made up of onions, tomatoes, an anchovy fillet, chicken broth and red wine. Reduced balsamic vinegar was added at the end.

Following the meal, Ann and Conrad Massa served dessert. It was a lemon meringue angel torte covered with heavy cream mixed with egg, sugar and fresh lemon.

Our club is currently looking for new couple members. If interested, call Luke at 304-8104 for more information.



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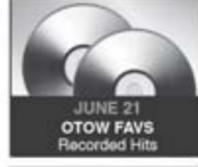
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World Traveler

By Bill Shampine

The Balearic Islands are an archipelago of Spain located in the western Mediterranean Sea about 110 miles south of Barcelona and about 130 miles east of Valencia, Spain. The archipelago contains many islands, but the four major ones are Mallorca, Minorca, Ibiza, and Formentera. In ancient times, the islanders were famous for their skill with the sling, and, as such served as mercenaries for the Carthaginians, Phoenicians, and, later, even the Romans. They carried three slings, each for different sized stones.

Legend has it that they had no gold or silver, and refused to take any. Instead of precious metals, they took their pay in the form of wine and women. I wonder how they handled their daily commerce and made change?

The Romans captured the islands in 123 B.C. and founded the cities of Palma and Pollentia, both on the island of Mallorca. At that time, the economy was mostly olive cultivation, viticulture, salt mining, and soldiering as mercenaries. The Romans loved the islands and ruled for about 600 years.

After the Romans, the Byzantine Empire ruled the islands for about 400 years. Then the Moors from North Africa conquered Mallorca (in 902) and ruled until 1230 when Spain finally took control of the islands. At present, the islands are an autonomous community of Spain.

Today, Mallorca, the largest island in the archipelago, has a population of about 780,000 people, about half of which live in the capital city of Palma. It is a very popular location for tourists looking for lots of



Photo by Philip Colev

Gorg Blau (Blue Gorge) Reservoir, located in the mountains in northwestern Mallorca.

sun, sea, and sand. The growth of tourism has been phenomenal. In 1960, Mallorca received 500,000 visitors and in 1997, there were 6,740,000 visitors. Today, the number of visitors averages about 10 million per year! It must be a nice place to visit.

Mallorca is a beautiful island, with two rugged mountain ranges and lots of sandy beaches. Particularly along the south and northwestern coast, the rugged countryside extends to the water's edge. This creates many lovely, isolated coves and inlets that provide relatively private beaches for

the more adventuresome tourists. The island also is noted for a variety of caves, both above and below sea level. Two of the caves above sea level have underground lakes and are open to tours. The east coast of the island has the best sand beaches.

The two official languages of Mallorca are Mallorcan, the local variety of the Catalan language, and Spanish. Mallorcan students are required to be bilingual in Catalan and Spanish, as well as to have some knowledge of English. In addition,

so many of the tourists are from Germany, that many Mallorcans also speak German.

Visiting the "old city" section of Palma with its historic buildings and wandering alleyways, you also can enjoy meandering through several charming small villages, each with its own special characteristic. Outdoor lovers can enjoy hiking on many rugged mountain trails, or sun bathing on the many white sand beaches. All in all, the scenery is nice, the food is great, and the price is reasonable.



D'Clowns

By Mike Roppel

D'Clowns had their usual fun entertaining residents at Hawthorne Village. It is

always interesting to try to determine who has the most enjoyment when we entertain ... the residents or ourselves? This was our last trip to Hawthorne Village until fall.

We also entertained at the Kids & Cookies program at TimberRidge Rehabilitation & Nursing Center.

At the end of May, D'Clowns gathered for an end of season luncheon and talked about the year's activities. Dee Dee will spend a lot of time over the summer finding us places to clown around.



Photo by Mike Roppel

Dee Dee (Diane Sistrunk) and Ellie (Ellen Richards) are having fun entertaining the residents at Hawthorne Village.

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OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

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Estate Sale: Thursday, June 6, 10 a.m. to 4 p.m. 10045 SW 91st Place (Avalon).

Estate Sale: Friday, June 14 & Saturday, June 15, 8:30 a.m. to 12:30 p.m. 8683-E SW 93rd Lane (Friendship Colony).

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Furniture: Beige couch with matching chair; cherry wood coffee and end tables. Can be sold together or separated. 237-2276.

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Dr. Stephanie Silberberg graduated with her medical degree from SUNY Health Science Center in Brooklyn, NY. She also completed her internship and residency at SUNY Health Science Center and performed her fellowship at Hughston Sports Medicine Foundation in Columbus, GA. A Fellowship-Trained orthopedic surgeon with over 14 years of experience, Dr. Silberberg performs a variety of general orthopedic surgeries including arthroscopic knee surgeries, arthroscopic shoulder surgeries and hand surgeries.

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- ▶ Dedicated orthopedics operating suite, patient floor and care team
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- ▶ Minimally invasive inpatient and outpatient surgery options
- ▶ Consumer Choice "Most Preferred Hospital" ten years in a row!

You love your active life. It's what makes you uniquely you. So don't let an orthopedic problem slow you down. Munroe Orthopedics can help you get back to the active life that you enjoy. With 12 of the most respected, board-certified orthopedic surgeons, a dedicated orthopedics operating suite, patient floor and care team, Munroe Regional is among the most capable and experienced that you'll find anywhere. That's experience you can trust.

From pre-surgery education sessions on total hip and knee replacement surgery, to the surgical care setting itself and post surgery follow-up with a comprehensive rehabilitation program, Munroe Orthopedics will make sure you get the attention you need. Around the clock. Every day of the year. That's a commitment to quality that you can count on.

There is a real quality difference in the care at Munroe Regional. And it matters. Diagnosis to treatment, rehab to wellness, we can help you get back to the life you enjoy.

Learn more at www.MunroeRegional.com/orthopedics.

Life happens every day. Keep it moving.

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