



COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

Master the Possibilities

Master the Possibilities has had a very strong opening registration for the fall season that begins this month. There are over 400 offerings during this four-month season from September through December and, as expected, over half are brand new. We urge you to take some time and review these wonderful curricula.

There's a new feature in this season's catalog. They have listed the colleges and universities that the fall faculty and staff attended. This is a most impressive list but not as impressive as the people themselves. Join a staff and faculty who are dedicated to bringing you the absolute best in lifelong learning.

The fall catalog is included with all home delivered issues of the September issue of the World News.

The Town Square

On Saturday, Sept. 21, be entertained by all things Italian, from 5 to 9 p.m. An interesting and diverse line-up of entertainment includes Buona Fortuna, entertainers who create a lively and authentic musical performance; Venetian Opera, an amazing tenor and soprano who perform favorite songs in beautiful costumes; an Italian Pop Singer, featuring the musical stylings of Italian-American pop favorites; and the tarantella dance! Follow the beautiful Cherlina who leads any size crowd in the tarantella dance. Then there are always a variety of food vendors throughout the evening.

Dance the night away on Fridays and Saturdays, weather permitting. For more information about the performers, go to www.circlesquarecommons.com/entertainment.

Circle Square Cultural Center

Experience a variety of entertainment in September with the Florida Stamp Dealers Association Expo, from 10 a.m. to 5 p.m. on Saturday, Sept. 7 and 10 a.m. to 3 p.m. on Sunday, Sept. 8. Then the summer of excellent tribute groups' performances continues with Almost Queen on Saturday, Sept. 14 and on Saturday, Sept. 28, Blue Moon Swamp: A Tribute to Creedence Clearwater Revival and John Fogerty. For more information, go to www.csculturalcenter.com.

SW 90th Street Entrance & Gatehouse Improvements

Construction on the SW 90th Street entrance has begun. This renovation is extensive and will include widening of the road, new landscaping, a resident entrance and a new cart path extending from SW 90th Street north to SW 80th Street. In addition, the existing gatehouse will be completely removed and replaced with a new one. The entire process will take about five months.

The plan is to keep the roadway open during this time, except for a few brief closures, which may be needed from time to time. The gate will be operated 24 hours a day when the new gate is completed. We thank you in advance for your patience during the construction period. Please check www.otowinfo.com for updates on progress.

Returning Home From a Trip?

Remember, if you turned down the temperature on your gas or electric water heater before your extended trip, make sure you turn the temperature selection to the highest temperature for two hours, before you use the hot water. Turn it back to your normal operating temperature and flush out the tank (using the drain cock or through your pipes).

A certain strain of nontuberculous mycobacterium has been known to grow in the lower temperature (warm) range in a dormant water heater. When you first turn on the hot water flow, you may notice a rotten egg odor and the water will be an "off" color. The fix for this problem is to turn up the heat as noted above. Make sure you turn the temperature down before resuming normal usage.

Hurricane Season

September is the time we turn our attention to the tropics and keep one eye on the weather map.

Generally, the management company is able to persevere in its grounds maintenance responsibilities, despite the month of July and August posing challenges with rain. It seems that every time the mowing crews got caught up, a long cycle of showers pushed them further behind. Granted, we need the rain to replenish the groundwater, but it does come with a price.

As we move deeper into storm season, focus may be shifting to storm preparations. This means acting fast on sometimes less than 24 hour notice to secure buildings and equipment from possible wind and rain damage, as well as making sure every-



Photo by Bob Woods

Community Emergency Response Team volunteers along with members of On Top of the World's management disaster team conducted a hurricane drill on Sunday, Aug. 4.

Hurricane Drill

By Bob Woods
World News Writer

Do you realize there are a group of volunteers living in our community who belong to an organization that helps you in case of an emergency? That emergency could be a catastrophic hurricane or tornado striking our community. This group of residents has been trained to help get aid for you whatever the emergency.

These brave volunteers are part of the Community Emergency Response Team (CERT).

The Marion County Sheriff's Office has trained all team members by requiring them to take an eight-class course before becoming a certified CERT member in our community. Besides disaster techniques, members are also trained in CPR along

with emergency first-aid procedures.

If an emergency disaster should arise, all residents of our community should be aware that if services such as medical, fire, etc. are required, then they should call 911 on their home phone, cell phone, or a neighbor's cell phone.

On Sunday, Aug. 4, a CERT hurricane (category 2) drill was conducted between CERT and On Top of the World management's disaster team. Management has a command center and were in radio contact with CERT. Management is responsible for keeping services running, patrolling our streets for obstacles (fallen limbs or trees), damage to buildings and security issues such as closing all gates to our community

to allow access only to emergency vehicles.

For the hurricane (category 2) drill, Disaster Level 1 (full activation) was implemented by the Division of Emergency Management of our local sheriff's office. The On Top of the World disaster team was activated and dispatched from the command center to various problem locations. CERT team leader, Pat Woodbury, emphasized that communication is the most important element in drills and real life scenarios.

CERT is not a club in our community but a service organization manned by volunteer residents with the aid and training from professionals. For more information, CERT will have a table at the annual Club Fair at the Health & Recreation Building on Thursday, Sept. 26.

CERT meets the second Tuesday of each month at 9 a.m. in the Arbor Conference Center. Call Pat at 854-8718 for additional information.



Golf Cart Registration

By Ray Cech
World News Writer

On Top of the World residents are required to obtain a permit to operate their golf carts within the community every other year. The purpose of the permit is to ensure that we're driving safe carts - safe for ourselves and safe for our community in general and understand that the use and operation of the golf carts within the Community are subject to Marion County Ordinance No. 05-27 as well as the community's private golf cart rules. This biennial inspection/permit is for all residents and begins Tuesday, Oct. 1. Please note that the permitting process will not occur during inclement weather and will be rescheduled accordingly. If you are not able to make it on your designated day in October, permitting will continue in November and December. All residents must be permitted by the end of the year.

Here's how it will work. In order to process permitting in an orderly fashion, residents will be asked to bring their golf cart(s) to Customer Service on a designated day. For example: on Oct. 1 those residents whose last name starts with the letter "A" will be permitted; on Oct. 2 all the

"B's" will be permitted, etc. If you have any doubt as to your designated date, the October edition of the World News will contain a schedule with corresponding last name initials.

In order for golf carts to pass inspection and receive a decal good for two years, certain requirements must be met. All residents in the home must be present at the time of permitting. Residents must bring insurance documentation (not just the I.D. card) showing a minimum of \$100,000 to \$300,000 in limited liability coverage.

Additionally, Customer Service will inspect steering, brakes, backup buzzer and rearview mirror. Brake lights, front headlights and turn signals must be in good working order. And last, but not least, the windshield and reflector should be clean and in good shape.

If your golf cart and insurance documents are in order, permitting should take less than 10 minutes at the Customer Service office located in Suite 200 at Friendship Commons. Let's keep in mind that it's for our own safety and for the general good of all residents at On Top of the World.

It's Showtime!

By Bob Woods
World News Writer

The Circle Square Cultural Center will be rockin' with two great shows in September! If you are a rock music fan or just enjoy great music, then you don't want to miss these two tribute groups:

Almost Queen: A Queen Tribute

Saturday, Sept. 14

Almost Queen has been classified as the closest thing to Queen itself. This group has captivated fans and audiences worldwide. Their performance is so energetic and authentic that it is easy to forget you are watching a tribute band.

Almost Queen will perform hits such as "We Will Rock You," "We Are the Champions" and "Another One Bites The Dust." Perhaps "Killer Queen" or "Fat Bottom Girls" will be performed along with "Bohemian Rhapsody." Attend this performance and see for yourself.

Blue Moon Swamp: Tribute to Creedence Clearwater Revival and John Fogerty

Saturday, Sept. 28

Blue Moon Swamp has stated, "Anything worth doing is worth doing well." That's what this tribute band is all about. This group will seamlessly move from songs like 1968's classic "Susie Q" to the mid-80's hit "Centerfield" along with new music from 2007 "Revival."

Many argue that this group is so powerful that they are one of the best singing American rock and roll groups. Some other songs you might hear are "Born on the Bayou," "Rock and Roll Girls," "Proud Mary," "Who'll Stop the Rain," and the list continues.

Upcoming October shows and events include:

- Friday, Oct. 4: Separate Ways: The Tribute to Journey
- Friday, Oct. 11 and Saturday, Oct. 12: Autumn Gift Market by Junior League of Ocala
- Saturday, Oct. 19: 11th Annual Craft Fair

Stop by the ticket office at 8395 SW 80th Street or go online to www.csculturalcenter.com to purchase your tickets.

Let's watch the lights dim as the curtain rises. It's showtime.



ON TOP OF THE WORLD NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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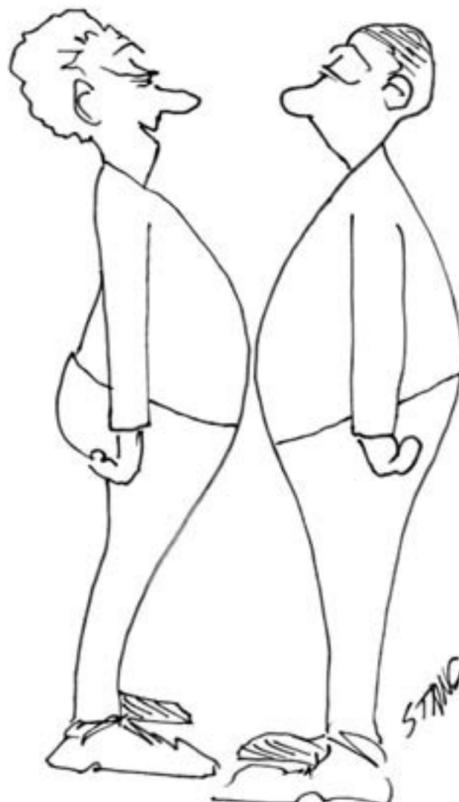
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GOLDEN OLDIES HUMOR

BY STAN GOLDSTEIN



Those in the wrong often shout the loudest.



Is It Legal?

By Gerald Colen

Q. If I send something by fax that I have signed, to my son, is that a legal document that can be accepted in court if necessary?

A. Yes, it certainly is. The only question would be how to prove that you really sent it. And that should not be all that difficult, although you might actually have to testify that you sent it unless it could otherwise be shown that you sent the fax and that you actually did sign the original document. And of course, you could always send the "hard copy" of the signed document to your son.

In fact, I recommend that you do send the original to your son. And while I am at it, you should know that e-mail documents are also permissible in court to establish

a wide variety of different things. Once again, as with the question above, the issue is proving who really sent the e-mail.

And speaking of e-mail, I read something in a recent newspaper article that more and more seniors are buying computers and using e-mail to keep in touch with their children and grandchildren. From what I can gather from the article, most people online are either e-mailing to relatives and friends or are looking up health information, or making travel arrangements or are tracking their investments. I think it's terrific and I urge one and all to "get wired" and start "surfing."

Q. I am an 82-year-old widow who loves living in Florida. My daughter and her husband want me to move back North and live with them in their home and I don't want to but don't know how to refuse them. Can you help?

A. Hmmm. What's wrong with just saying, "Nope, I'm not coming." If that one doesn't work, try telling them that you are fine where you are and they should quit trying to run your life for you, since you feel

capable of taking on that task by yourself.

As we get older, our children sometimes seem to want to control our lives and if it's appropriate for our particular circumstances, we should try to prevent that. Better for us. Better for them. But here's the thing: You have to be the one to say it. You need to be assertive and let your children know what you intend on doing. Of course, they are probably just trying to take care of you so it's best to thank them kindly, courteously, with love and affection ... before you tell them to buzz off.

Q. I am 83-years-old and have been a widow for five years. I've dated a few men now and then. Recently, a man I've dated several times has suggested that we move in together and take care of each other. Is there anything wrong with this?

A. Um ... well ... er ... how should I know? <Sigh>. I suppose though, that you want to know if there are any legal concerns when two adults decide to live together. The answer is a qualified "no." However, if you are going to buy property together or otherwise put assets into joint names, then

you should sit down with your attorney and discuss it.

Keep in mind that if you put assets in a survivorship mode then the survivor will own all of those assets to the exclusion of the children or beneficiaries of the one who passed on first. Also, it's probably a good idea to make sure that there's a clear written understanding of what personal property is yours and what is his. You can easily do that simply by making a list of who owns what and having both of you sign it. That way, there will not be any confusion over who owns what. This will definitely help to reduce friction with each other's families.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.



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All Around Our World

By Lynette Vermillion

It is hard to believe that we are officially heading into fall on Sunday, Sept. 22. I hope everyone has enjoyed their summer and is looking forward to all the fun things that fall brings ... football, festivals, and cooler weather. Please have a safe and enjoyable Labor Day as we celebrate our last summer holiday.

Customer Service

Customer Service will be closed Monday, Sept. 2, in observance of Labor Day. We will reopen for normal business hours on Tuesday.

As a reminder, the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Wednesday, Sept. 18, this month. Customer Service may be reached by phone: 236-OTOW (6869); e-mail: otowservice@otowfl.com; or in person by visiting Suite 200, in Friendship Commons.

Waste Management Labor Day Service

Attention Candler Hills and Indigo East residents, Waste Management will not have scheduled trash pick-up on Labor Day, Monday, Sept. 2. Normal trash pick-up will resume on Thursday, Sept. 5.

CERT Drill

The Community Emergency Response Team (CERT) asked On Top of the World management to join them during their hurricane drill that was conducted on Sunday, August 4. It was the first time that management has participated with CERT during one of their drills and it was a great test of our procedures, with lessons learned by both parties.

I would like to thank all the CERT vol-

unteers who participated in the drill.

Wind Mitigations

One of the greatest concerns that homeowners and insurance companies have about a house is its ability to sustain high winds. The 2009 updates to the Florida Building Code resulted in changes to the reroofing process. The new building code is designed to mitigate future damage caused by sustained hurricane force winds and natural elements. The code also calls upon the additional strengthening of roofs by increasing the nailing pattern of the roof's decking. The new pattern means that any roof replaced or installed since March 2009 will have a nailing pattern that includes the use of 8d ring shanked nails spaced every six inches on center.

This is a significant improvement in the ability of the roof to sustain high winds. Under Florida Statutes, insurance carriers are required to inform their customers that they may qualify for wind mitigation credits. A roof replacement done after March 2009 is one way to potentially qualify for wind mitigation credits for your homeowners insurance. Contact your insurance agent for more information.

On Top of the World has a certified building contractor on staff whom has completed training to do wind mitigation inspections. If you would like to find out more about this service, please contact Customer Service.

Scams

It has come to our attention that several of our residents may have been victim to the "grandparent" scam that has been circulating.

The scammer will call and pose as a grandchild. When the person answers the phone the scammer will say something along the lines of: "Hi Grandma/Grandpa, do you know who this is?" When the unsuspecting grandparent guesses the name of the grandchild the scammer most sounds like, the scammer establishes a fake identity without having done a lick of background research.

Once "in," the fake grandchild will usually ask for money to solve some unexpected financial problem (overdue rent, payment for car repairs, etc.), to be paid via Western Union or MoneyGram, which don't always require identification to collect. At the same time, the scam artist will beg the grandparent, "Please don't tell my parents, they would kill me."

Please be cautious if you receive a phone call like this. If you have been a victim of this scam, please contact the Marion County Sheriff's Office and report the incident.



Community Cleanup Day

The community cleanup day planned for On Top of the World Central will be held on Wednesday, Nov. 6. During this time, residents will be asked to participate by making sure their property is in good order and in compliance with the rules. Our goal is to have residents who have installed items or made changes to the exterior of their home without modification to take this time to voluntarily bring their home into compliance with the current Rules and Regulations. This means that if you have installed a satellite dish, excess lawn ornaments, a flag pole, or landscaping, etc. and haven't received prior approval from the Architectural Review Board (ARB) that you will either need to remove the items or apply for a modification to have them approved.

Staff will be on hand to help with removal of such items, if needed. Lawn furnishings can be disposed of in any compactor located within the community. We will also have an area set up that day to dispose of household furniture, not including appliances. We are also working to bring other vendors such as the shredding truck, electronic recycling and help from Waste Management.

The cleanup day is about all of us taking pride in our community and helping our neighbor. Thank you for your willingness to participate.

More information will be available in my column next month as well as on www.otowinfo.com, flyers posted in the community and on the community channel.

Renovations

Construction on the SW 90th Street entrance has begun. This renovation is extensive and will include widening of the road, new landscaping, a resident entrance and a new cart path extending from SW 90th Street north to SW 80th Street. In addition, the existing gatehouse will be removed and replaced with a new one. The entire process will take about five months.

The plan is to keep the roadway open during this time, except for a few brief closures which may be needed from time to time. When the new entrance is completed the gate will be operational 24 hours a day. We thank you in advance for your patience during the construction period. Please check on www.otowinfo.com for updates on progress.

Golf Cart Permitting

Permitting for the 2014-2015 golf cart decals will begin on Tuesday, Oct. 1. During the month of October, permitting will be organized by the first letter of the resident's last name. A calendar will be published in

the October edition of the World News so that residents may determine which day to attend. Permitting will continue in November and December for those who are unable to attend on their designated day in October. All carts must be permitted by year end.

Residents are asked to bring proof of insurance (\$100,000/\$300,000 bodily injury), golf cart and handicap placard or registration (if applicable) when registering for their golf cart permit. All residents in the household will need to be present at the time of permitting to sign a release prior to receiving a decal to operate the cart within the community.

Residents desiring a handicap sticker for the cart will be required to comply with Section 320.0848, Florida Statutes. You may refer to the following website for more information or drop by Customer Service for a copy of the information: <http://www.hsmv.state.fl.us/handiform.html>.

Please check with your insurance carrier whether your golf cart is covered by your homeowner's policy rather than a separate insurance policy to make sure you have coverage going to and from shopping areas, club meetings and the town square. Some of these policies only provide coverage to and from the golf course.

Resident Customer Club and E-mail List

If you haven't done so already, be sure to sign up for the resident customer club or e-mail list on www.otowinfo.com. Just open your community name, then scroll down to the tab - "resident customer club" or "e-mail list" and fill out the information requested. You will be able to get the latest happenings, event information, discounts, and special offers at On Top of the World Communities.

Candler Hills Restaurant and The Pub Happenings

At Candler Hills Restaurant, you may want to check out the upcoming happenings by going to the events calendar on www.otowinfo.com for special events such as the upcoming Monday night football, ladies' night out, goofy black tie event or Grandparents Day. Be sure to check out the restaurant's ad this month for the coupon celebrating Grandparents Day. There is also a daily luncheon special as well as many other great choices to choose from. In the evening, there is a full dinner menu available for your dining pleasure.

At The Pub, check out the new breakfast menu. Breakfast is served daily from 8 to 11 a.m. And, you will definitely want to try one of Greg's famous homemade soups and the weekly specials.



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Ocala Stamp & Coin Show

By Stan Lander

The Ocala Stamp & Coin Show will be held on Saturday, Sept. 7, from 10 a.m. to 5

p.m., and Sunday, Sept. 8, from 10 a.m. to 3 p.m., at Circle Square Cultural Center.

The General Francis Marion Stamp Club and Florida Stamp Dealers Association sponsor the show.

Free admission, stamps for children and club information will be available as well as door prizes. There will be stamps, covers, postcards, supplies, stamp exhibits, coins and paper money.

For more information, contact Stan Lander at 369-8977 or slander3@otow-homes.com, or Sheldon Rogg at h.rogg@verizon.net.

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Keeping It Green

By Phillip B. Hisey

If you are following along with our homeowner maintenance tab, at www.otowinfo.com, September is the month to apply fertilizer. In accordance with the Marion County Fertilizer Ordinance, if you are using a slow release fertilizer, you may apply no more than one pound of nitrogen per 1000 square feet.

Water soluble or quick release sources are only applied at 0.7 pounds per 1000 square feet. Use a complete acid forming fertilizer with a higher percentage of sulfur to help with soil pH issues. The sulfur content will help lower the pH. This needs to be a continued effort throughout the year to keep the pH at optimal levels in the soil.

I like to use John Deere - LESCO 9-0-24 this time of year. This product has a higher percentage of iron to get a green surge but also a higher percentage of potassium to help with root stimulation and growth just before it goes dormant for the winter. This fertilizer will cover roughly 11,000 square feet of turf. Maybe you can split a bag with your neighbor?

Those of you who have contractors fertilizing your lawn, ensure they have

the Green Industries Best Management Practices (GI-BMP) for the Protection of Water Resources certification. This is a county requirement and it is mandatory that all contractors and all employees have this certification to fertilize lawns in the Marion County area. Please note, I said "all employees" must have the certification, so ask to see their GI-BMP card if you have not done so already. They are required to carry it. Many other counties have adopted similar ordinances, so there is no excuse why the contractors should not obtain this certification.

September is the time you should be applying pesticide for masked chafers grubs, if present. The insects feed on St. Augustine grass roots and many other turf varieties. Inspect your lawn if grubs are present. The grass can be kicked around and will roll up like hay if grubs are present. Treating your lawn may kill the pest but some damage may require sod replacement.

Also, keep in mind as we begin to go into the fall, you should be on the lookout for fungus. Fungus is most prevalent when soil temperatures are between 65-75 degrees. These past few months have been too hot for fungal activity. Fungus is preventable; your contractors should be aware of climatic conditions and should be treating for this pest in a preventative manner.

Keep your crape myrtles blooming; trimming the seed heads after they get done blooming will help regenerate new blooms. Hope you have had a great summer and good luck this fall!

Toilet Rebate Program Winds Down

By Robert Colen

The response to the Toilet Rebate Program has been very positive! As many of you know, Bay Laurel Center CDD, your water provider, along with the Southwest Florida Water Management District, funded a rebate program for On Top of the World residents that allowed for the replacement of their old 3.6 gallon per flush toilets with more efficient 1.28 gallon per flush toilets. The program allowed homeowners in the Friendship and Americana neighborhoods, with houses built prior to 1994, to purchase a new toilet and get up to \$150 back per toilet.

As of this writing, more than 350 toi-

lets have been replaced by our residents. We estimate that this will save over 16,000 gallons of water per day and over 6 million gallons of water per year.

Throughout the course of this rebate program, I have had the wonderful opportunity to visit more than 200 people in their homes ... and see a lot of toilets in the process. We appreciate that so many of you have taken it upon yourself to care about conserving water and protecting the environment.

The rebate program will run until we reach 400 toilets or Dec. 31, 2013; whichever comes first.



Food For Thought

By Sandy Curtis

Where has the time gone? Summer is ending and fall is around the corner. Cooler days will be welcomed. As the nights get longer and the days shorter, fall brings a new meaning for the outdoors and the produce of the season: winter squash, bell peppers and the favorites, pumpkin and sweet potato. As we approach a new season, we bring these items to your table at Candler Hills Restaurant and The Pub.

National Grandparents Day is celebrated on Sunday, Sept. 8. Grandparents Day is a day set aside for your grandparents, who have played a very influential role in your life. It is time when members of your family are present to extend their love and gratitude for the ones they hold dear. Grandparents Day is an opportunity for grandparents to spend time with their children and grandchildren. It is a time to strengthen existing relationships that are almost forgotten in today's busy life. In honor of this day, we would like to offer a complimentary dessert to all grandparents with the purchase of an entrée (coupon must be presented). The treat is on us! Please see the Candler Hills Restaurant ad in this issue of the World News to clip your coupon.

Friendship Catering is filling up the calendar for events of all occasions. If you have an anniversary, birthday, reunion or any other special event coming up, we're here to help. With the holidays approaching, now is the time to begin your planning. Give our coordinator a call at 861-9188. Je-ne-ne will be happy to assist you.

It's a black tie party, but not the usual you would expect. Let's get creative and even a little "goofy." Who has the most unique and goofiest black tie attire? This will all take place at Candler Hills Restaurant on Wednesday, Sept. 25, from 5 to 7 p.m. Judging for the best costume will be held at 6 p.m. The winner will receive a

complimentary dinner for two and a bottle of Red Diamond wine. More details to come through an e-mail blast. Stay tuned.

Are you ready for some football? A Monday night party? It's that time of the year, starting Monday, Sept. 9, when the Philadelphia Eagles play against the Washington Redskins at 7:10 p.m. Join us at Candler Hills Restaurant for drinks and appetizers. Show your team spirit and enjoy the party! Predict the winning score and win a free pitcher of beer.

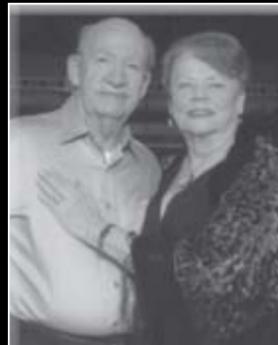
"Girls just wanna have fun" and have a night out of their own. Join in the fun on Tuesday, Sept. 17, at 7 p.m. Specialty drinks, a limited menu and pure fun is what's in store. What happens at Candler, stays at Candler.

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COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

> Continued from page 1

one is clear on their post storm responsibilities for recovery and cleanup.

Residents need to be alert as well and also ready to clean up personal items that may become missiles in high winds. What can't be put in the garage or secured in a closed room needs to be tied down.

I will also remind residents that any addition to the exterior of the home requires prior Association approval. One of the largest factors considered is the wind rating on the addition. Many awning products have no wind rating. Naturally, these will not be approved. There are quality products that do have a wind rating and have been approved by the Association. Check with Customer Service for details.

Finally, don't forget to update your insurance to ensure any additions to the original structure are included in your policy.

Water Conservation

With all the rain in July and August, it seems odd to be thinking about water conservation. Here's the sad fact: more water is withdrawn than can be sustainably replenished, year over year. Yes, we have these cyclical wet years. We can't count on that continuing. Only a very small percentage of rainfall actually filters back into the aquifer. Withdrawal and depletion occurs much faster than replenishment.

To underscore this point, there has been a steady flow of articles in the Ocala Star Banner as well as other publications dealing with either water quality initiatives or conservation initiatives. Interestingly enough, there is an important nexus between the two topics.

In the On Top of the World Communities, including Candler Hills and Indigo East, over 70% of all water usage goes out as irrigation. Generally, the interior water use favors conservation because new homes in On Top of the World were constructed with low-flow showerheads, faucets, and commodes.

However, the efficiency of these fixtures is defeated by allowing water to run for an excessively long time. A simple case in point is allowing the water to run while brushing your teeth or when washing vegetables (two minutes equals approximately 1.5 gallons). I know this never seems like much, but it all adds up surprisingly fast.

Slow drips from a faucet can add up to

an additional 20 gallons per day in wasted water. Toilet leaks can waste as much as 200 gallons per day. The most efficient showerheads use 2.5 gallons per minute. Showers should be kept to five minutes or less. Older heads use approximately 8 gallons per minute. Changing out the older model heads makes good sense.

Additional common sense ways to lower water consumption are: use the dishwasher when fully loaded, adjust the load selector on your washing machine to match the size load, when washing your car use a spray nozzle on your hose instead of allowing the hose to run. A garden hose can waste 600 gallons per hour.

The biggest use of water is in the landscape. Conservation can begin with an audit of your irrigation system by a licensed irrigation contractor. This involves aiming the irrigation heads correctly, checking for leaks, and correctly setting the irrigation clocks for optimal run time and frequency setting.

According to a program begun in Orange County, adjusting irrigation can save up to 22% (Source: Florida Water Resources Journal, August 2007). Saved water equals saved dollars for the homeowner. Having a licensed professional check and adjust your irrigation system once a year is a very good investment that may very well reduce your overall water bill.

Owners may wish to consider reducing the irrigation frequency of outlying areas in larger yards. Watering those outlying zones once every 10 days will save a significant amount of water. Judging by water use patterns, the CDD is aware that many residents have not adjusted their irrigation timers to the irrigation frequency as required by SWFWMD. This is the immediate and most basic place to start water conservation.

Customer Service offers a leak detection service for a nominal \$15. They not only look for leaks but check the irrigation controller for proper setting and ensure your irrigation is providing proper coverage per zone. Some of the findings from previous leak detections include: multiple daily start times on an irrigation timer resulting in tens of thousands of excess water usage in a month, hose bibs left running, toilets leaking water, and broken irrigation lines.



Community Patrol

By Patricia A. Woodbury

Sheriff Chris Blair, Major Don Maines (Training Division, Internal Affairs, Research Analysis and Grants), and Lieutenant Michelle Wissinger of Volunteer Services were guests at our July meeting.

Sheriff Blair spoke to the members about his major concern and priority of providing safety for his first responders/corrections officers and safety to our citizens and the community.

He had an evaluation of his office completed by a diverse cross section of over 70 men and women from the community in order to identify key issues that needed to be addressed. The results indicated that Marion County has fewer corrections officers than other counties for its 1,481 plus daily average of the jail population. The certified patrol staff, which covers 1650 square miles in Marion County, has fewer deputies than other counties. Salaries in Marion County are in the bottom 10 of 67 counties.

The sheriff's goal is to put more deputies on the ground. He has developed a new warrant team to work with probation and the patrol to find people with outstanding warrants. He has created a tactical team to

back up the property teams. He has put his lieutenants on rotating shifts that the deputies would not only have access to them on the day shift but also the later shifts.

He spoke further about the accumulated depreciation of his patrol's equipment such as the 164 patrol cars that have over 100,000 miles on them (88 are over 150,000 miles) and the depreciation of unfunded liabilities, which includes vacation time, compensatory time and sick leave. He is asking the County Commission to re-prioritize their funding toward community protection and the fire department.

Lieutenant Wissinger encouraged the members to attend the Sheriff's Citizen's Academy. This is a free 12-week educational course about the operations of the Sheriff's Office. Applications are being accepted for the course at Master the Possibilities beginning Thursday, Aug. 29 from 9 to 11 a.m. Registration can be made by calling 854-3699 or online at www.masterthepossibilities.com. All students must complete an application form which can be found on the Sheriff's Office website, www.marionso.com.

The next meeting of the Community Patrol is Monday, Sept. 23.

Anyone interested in becoming part of our community patrol should call Richard Enos, patrol trainer, at 304-8477. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center, at 3 p.m. Come and join us, the meeting is open to everyone.



100 Grandparents

By Janet Fragapane

We are still accepting monetary donations for the bus to take us to and from Romeo Elementary. We would appreciate any help you can give us in reaching that goal. You can mail a check, made out to Romeo Elementary School, to Barbara Greenwood, 9240 SW 99th Court Road, Ocala, Florida 34481. We do have enough to pay for the first month.

With that good news, the bus will be in front of the old Porter's store and will leave at 8:30 a.m. on Tuesday, Sept. 24. This is the only time we will meet on a Tuesday due to the countywide reading day, known as Altrusa. We will meet on the second Thursday of the month for the rest of the school year.

We are always looking for substitute grandparents. Please call Barbara Greenwood at 861-2539 and sign up. You will be glad you did. The children look forward to having us come each month. "Grandmas" and "grandpas" are welcome! We read to the children every month but sometimes we also do a "show and tell." We will show and tell them our hobbies, travels, etc.

We are collecting food donations for the Food 4 Kids backpack program. Food can

include: canned meat, canned pasta, shelf-stable milk, soup, juice boxes, macaroni & cheese, peanut butter and jelly, pudding & fruit cups, snack bars, cereal, pop tarts, crackers and non-candy snacks. Items should not weigh more than 15 ounces.

Joanne Leigh has volunteered to place a container outside her home at 10114 SW 92nd Street Road in Avalon. If need be she will pick up your contributions; please call her at 237-7637. If you wish, you can make a monetary donation by writing a check made out to Dunnellon Food 4 Kids Inc. (include "backpack program" on the bottom of your check). Send check to Dunnellon Food-4-Kids Inc., P.O. 262, Dunnellon, Florida 34430.

The students in some instances are in need of dry or clean clothes and shoes. These items need not be new. Gently used items are fine: socks (size 9-12), pants or shorts (size 5-10), coats, sweaters, and jackets. Underwear must be new in package. Clothing donations may be dropped off at my home at 9791 SW 97th Place in Crescent Ridge II. I will get them to the school.

Again, I ask you to think about joining us. Come join the fun in being a grandparent to others in need.

A big thank you for taking the time to collect the pull tabs, the Campbell soup labels, and the Box Tops for Education. They do add up and benefit the school as well as the children. They may be placed in the assigned drawer in the lobby of the Health & Recreation Building. Please keep them coming.



GRANDCHILDREN VISITING?

Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.

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ON TOP OF THE WORLD
NEWS

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POETRY

BY ON TOP OF THE
WORLD RESIDENTS

Dear Reader

By Ron Broman

I feel a call to write a poem
About what's on my mind
A lot of stuff is in there
Please, one thing at a time

We hear our country's polarized
I wonder if that's true
If that means all are freezing
We should be turning blue

It's good to have a laugh sometimes
It gives the heart a rest
So we can find the energy
To do our very best

I'm sad and really sorry
That there's such a great divide
On issues so important
To us all they must decide

Don't let me sound discouraged
Statespersons there are some
Who through it all they function
With such grace and cool aplomb

But some seem so restricted
Like they're stuck in ages old
To think there's just the human race
An idea hard to hold

But legislative action
Depends upon belief
If one doesn't think one's worthy
There's no following the chief

Call it different groupings
With ideas that aren't the same
It's a lack of will to compromise
That changes progress into shame

Some say no to compromise
The word suggests retreat
But wisdom for the greater good
Snatches victory from defeat

'No Labels' Presentation

By Peter Wood and Allie Gore

Are you tired of Washington gridlock? Let us introduce "No Labels", a growing non-partisan citizens' movement of Democrats, Republicans and Independents dedicated to promoting a new politics of problem solving. One of its early efforts that worked well was to have Congressmen of opposite parties sit next to each other in special sessions of Congress, and State of the Nation meetings. Sounds simple and maybe a gimmick? But this simple concept worked, and got Congressmen seriously talking to each other.

So, we are going to do the same thing at On Top of the World, by inviting and bringing together the On Top of the World Republican and Democratic Club members to this presentation, as well as extending invitations to the Marion County Republican

and Democratic Executive Director's organizations.

Let's take a good look at an alternative that is focused on stopping the fighting, and productively fixing our government, one of the world's greatest democracies. Most importantly, let "No Labels" make the case that there are practical and do-able solutions for dysfunction in Washington. We believe you will agree that this is important to all of us.

Whether you are a Republican, Democrat, Independent or just an interested citizen - you are invited to attend "Making Government Work Again," an interesting and informative non-partisan presentation hosted by "No Labels" and the Marion County League of Women Voters, in cooperation with Master the Possibilities.

Until recently, there has been no formal forum and location in Washington which allows Democrats and Republicans to meet together to talk about problem solving - too often our representatives meet only with their own party members. "No Labels" is an organization, which is having success in changing this.

As of mid-July, 81 lawmakers from both sides of the aisle have responded to "No Labels" efforts by committing to meeting regularly to negotiate and forge across-the-aisle solutions.

We also want to encourage local citizens to the join 500,000 "No Labels" members nationwide who are actively supporting the organizations' goals of cooperation and civility in problem solving. There is no creed to sign and there are no dues, and No Label's website has made easy effort of communicating with your Congressmen/women. Come learn more!

"Making Government Work," Sept. 23 at 1:30 p.m. in Live Oak Hall. Please register for the class at www.masterthepossibilities.com. To learn more about "No Labels," please visit www.NoLabels.org.



Republican Club

By Fred Pulis

The August meeting featured guest speaker Wesley Wilcox, Marion County Supervisor of Elections. He provided an extensive informative up-to-date presentation about the recently conducted audit of County voters. In addition, he addressed current and future county election relat-

ed issues and policies that affect Marion County voters. A question and answer period followed with a lively discussion of voting fraud and election irregularities were discussed.

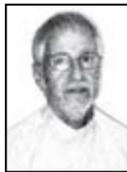
September's scheduled guest speaker is Marion County Personal Property Appraiser Supervisor Villie Smith. His knowledge and experience concerning the appraisal process, policies and procedures for Marion County and the State of Florida will provide invaluable information to residents. The plethora of accurate and current information Smith provides will assist new and current residents make informed decisions about the value of their property and

explain the appeal process.

Tickets will be on sale at the September meeting for the annual Jerry Cauda Holiday Social on Friday, Nov. 8. Tickets must be purchased prior to the event.

For further information concerning the September meeting or any other related Republican issue, contact Fred Pulis at 854-9976.

The next scheduled meeting will be held on Friday, Sept. 13. All regular meetings are scheduled for the second Friday of each month at the Arbor Conference Center, Suites E, F, and G. The meetings start at 7 p.m. and usually last about an hour.



Democratic Club

By Dan Lack

People express surprise when a disc jockey or a comedian announces that dihydrogen monoxide has been detected in their homes and then they laugh when they realize that dihydrogen monoxide is H₂O.

Our September meeting will be devoted to water. Our speaker will be Barbara Schwartz of the Silver Springs Alliance (SSA). The SSA wants to make sure that our aquifers are sustained and Barbara will talk about how you can do your part to achieve this important goal. There will be a petition to sign for the Florida Water and Land Conservation amendment, which will dedicate to conservation one third of stamp tax revenues on real estate sales.

Our club's project, Ocala Ritz Veterans Village, is proceeding nicely. Our members are bringing canned goods, toiletries and

laundry detergent to our meetings in great quantities and the veterans are very appreciative of our efforts.

We continue to have great attendance at our meetings where Democrats and independent voters come to hear our speakers. We meet on the fourth Thursday of every month at 6 p.m. in Suites E and F at the Arbor Conference Center.

For more information, contact Dan Lack at 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!

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#915 - 09/13



Photo (left) by Theresa Fields
In July, residents toured the Florida Thoroughbred Breeders' and Owners' Association building where they toured the trophy room and museum. The tour continued to Journeyman Farm and Journeyman Stud where two of the leading thoroughbred sires in Florida reside. The tour concluded with lunch at the winter headquarters for the United States and Canadian Olympic equestrian teams.



World Traveler

By Bill Shampine

This summer, Margitta Claterbos and I spent six weeks touring Italy from one end to the other. It was a great trip, and I plan on writing a series of columns about many of the places we visited. I will spread these out, however, so you don't get too bored with Italy! I have decided to begin this month with Pisa, a place on the bucket list of most travelers.

Pisa is located in central Italy, along the western edge of the region of Tuscany. When Pisa was first populated, in the Bronze Age, it was located at the confluence of the Arno River and the Ligurian Sea. Under Roman rule, Pisa became a major naval base and maritime power.

Over the following centuries its economic and political power waxed and waned as it fought with Florence, Genoa, Venice, and others for domination of the seas. Mother Nature was not helping the warrior/politicians of Pisa, however, as accumulating silt from the Arno River was continuously being deposited into an alluvial plain at the mouth of the river. The silt made the river increasingly shallow and effectively moved the coast further and further away from the city.

By the 15th century, it was almost impossible for laden galleys to travel up the Arno River to Pisa, so the city-state slowly lost its economic base. After many attempts over the centuries, the city-state of Florence finally conquered Pisa in 1509, and Pisa never recovered its independence after that. Nevertheless, the Arno River has continued to deposit silt, and, today, the city is six miles from the coast.

The very mention of Pisa brings to mind the famous "leaning tower of Pisa." However, Margitta and I were more impressed with the entire suite of buildings in the piazza (public square) than the tower itself. The piazza is known as the Piazza del Duomo (Square of the Cathedral), or sometimes as the Piazza dei Miracoli (Square of Miracles). It is surrounded by a high, defensive wall that was built in 1156, and contains the Duomo (cathedral), the Campanile (the cathedral's freestanding bell tower, which happens to lean), the Baptistry, and the Camposanto (cemetery).

Construction on the Duomo began in 1064, and took many years. It is made of white marble with black marble stripes. A fire in 1595 destroyed much of the building, but it was rebuilt as it stands today. Construction on the Baptistry, dedicated to St. John the Baptist, began in 1153, but was not completed until the 14th century. It also is made of white marble with stripes of black marble.

The Camposanto building was built over the original burial ground. It was started in 1278 and completed in 1464. Among other things it contained lots of sculptures and remarkable frescoes. Most of the frescoes were ruined after incendiary bombs dropped during World War II set the roof on fire. Restoration work since 1945 has been able to recover some of them. The bell tower, begun in 1174, also was not completed until the 14th century. The tower also is round and constructed of white marble, inlaid on the exterior with colored marbles. The white marble on all of these buildings surrounded by the green grass truly is an impressive site.

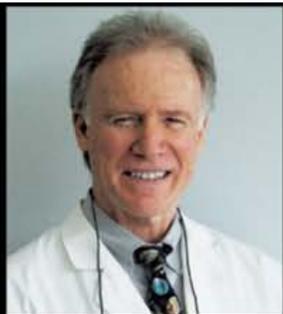
All of the buildings in the piazza lean a little, but the bell tower leans the most. Today, it leans about 17 feet out of perpendicular, with essentially no more sinking taking place. The buildings lean because the sandy soil under the piazza contained a lot of water and simply was not dense enough to support the weight of the buildings. The solution to the problem was to pump out the water in the soil while simultaneously replacing it with cement that would harden and provide a solid base—a delicate balance.

The piazza is very impressive! It was a bit crowded, and hot, the day we visited. However, we had a nice pizza and glass of wine for lunch, so all was not lost.



Photo by Bill Shampine

The Leaning Tower of Pisa, located in the Piazza del Duomo.



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Birders' Beat

By Anne Merrick

I have spent many amusing moments watching the catbirds spar with one another over the fruits of the Podocarpus macrophylla "Maki" in my courtyard. These shrubs are of the Yew Pine family and are very common as hedges around here.

Mine are covered in blue/purple fruits every year at the end of July/beginning of August and are the favorite food of the catbirds. There have been as many as 10 at once in my courtyard, squabbling over the fruits. The fruits consist of a hard blue part and a soft purple fleshy part, which is the delicacy for the bird.

delicacy for the bird.

This eastern, mimic thrush or Dumetella carolinensis commonly known as the gray catbird inhabits ornamental shrubs and hedges in this area. Its name comes from the catlike mewling sounds that interrupt its normal song. It can often be seen dive-bombing hawks or crows that it sees as a threat.

The feathers are gray above and below with a black cap and long tail. There are long white tail feathers that are only seen when the tail is spread.

It is a solitary nester laying two to six dark blue-green eggs, which are incubated by the female for 12 to 13 days. The young stay in the nest for 10 to 11 days before fledging, being fed mostly by the male. There are two broods per year.

If you have any unusual photos and stories about birds in your neighborhood, call Anne at 732-0706.



Photo by Anne Merrick

Catbird with Podocarpus berry.



Photo by Mike Roppel

Joe Hilchey checking the map for his assigned location.



Citizens Emergency Response Team

By Patricia A. Woodbury

Yes, there was another hurricane (drill) in On Top of the World on Sunday, Aug. 4 and the CERT team, along with On Top of the World's disaster team, was out and ready to deal with the results of that event.

Twenty-three CERT members and ham radio operators participated in that drill and dealt with such scenarios as gas leaks, fallen trees, downed wires, car/golf cart accidents and various medical injuries.

During the practice drill, On Top of

the World notified the CERT members of the damages seen around the community and the CERT members were deployed in three to four member teams to search for injuries. The ham radio operators handled communication. At one point during the drill, one scenario was to have an On Top of the World radio go out so that a runner was put in service to communicate between the two command centers.

It was a good first trial of the cooperation of the two teams in which much was learned. We look forward to our next cooperative drill.

The next meeting of CERT is scheduled for Tuesday, Sept. 10. CERT meets every second Tuesday of the month at 9 a.m. in Suites E, F, and G of the Arbor Conference Center. Persons interested in learning more about CERT are welcome to attend these meetings or contact Pat at 854-8718.

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Sail Away Cruise Club

By Fred O'Blenis

Welcome aboard. As the summer is almost coming to an end, we have something to look forward to. In 10 weeks we will be on the high seas aboard the Oasis of the Seas.

Our club meeting will take place on Monday, Oct. 21, at 1 p.m. Here, we will hand out all the documents for the November cruise.

In my August column, I told you about Central Park and things to do onboard the Oasis of the Seas. Here is another feature to look forward to ... the Royal Promenade. This is the most expansive promenade at sea. For the first time, the Royal Promenade will have a mezzanine level that overlooks the space below and adds to the excitement of the promenade. It features Rising Tide, a levitating bar that ascends and descends over three decks, and enough shops and restaurants to entertain even the most traveled travelers. In the evening, the energy rises with parades, nightlife, and entertainment for everyone.

There is even more ... the boardwalk, which contains a one-of-a-kind aqua theater and the first ever carousel at sea. You will find this on deck six at the rear of the ship, along with a coffee and doughnut shop. There are casual restaurants, including Johnny Rockets and the Seafood Shack.

We are packing the suitcases and this is the end of the story about the Oasis of the Seas.

The feedback from my previous column was overwhelmingly in favor of a group cruise on the Explorer of the Seas on Nov. 15, 2014. In fact, we already have deposits on the books even though it is 16 months from sailing. Don't wait; the pricing on this cruise is extremely attractive! Any funds paid to hold a stateroom is refundable until date of final payment in August 2014. Just a \$250 deposit per person will hold your stateroom on this nine-night cruise to the ABC Islands. My next newsletter will contain more information about this cruise.

Come see us at the seventh annual Club Fair on Thursday, Sept. 26 at the Health & Recreation Ballroom, from 10 a.m. to 1 p.m. We can tell you more about our cruises or please call Fred at 237-6367 for more information.



On The Road Again

By Bob Woods

First of all, I would like to take this opportunity to inform all my travelers that on my website, www.bobwoodsontheroadagain.com, you can find most information on upcoming cruises and motor coach trips. Also, if you have been on any of my trips or cruises and would like a copy of the photographs on the website, please call me and we can download whatever pictures you would like. Call me at 854-0702.

There are a few seats remaining on the Dec. 7 cruise onboard Royal Caribbean's Jewel of the Seas departing San Juan heading for St. Croix, Antigua, Martinique, St. Lucia and then back to San Juan for the flight back to Florida. I have only a short period of time remaining to get any more bookings, so if you would like to participate in this seven-night extravaganza, call now. Each cabin will receive a \$50 shipboard credit. A transportation package is included.

The Dec. 4, 2014 cruise departs Port Canaveral and will head for the ABC Islands (Aruba, Bonaire, and Curacao) and then onto Labadee, Haiti before returning to Florida. This is a nine-night/10-day cruise onboard Royal Caribbean's Explorer of the Seas. This ship is just visiting Port Canaveral for a couple of months before moving on. Early December cruises are less expensive and each passenger receives double points for Platinum and above members who are enrolled in the Crown and Anchor Society.

This cruise will have a \$50 shipboard credit per cabin and a free one-hour shared cocktail party. Rates for this cruise start at \$874 per person for inside (Cat N) to \$1,274 per person for balcony (Cat E2). Prices include motor coach to and from Port Canaveral including driver's gratuities, port fees and taxes, porter's tip upon arrival at Port Canaveral.

Passports are required for both cruises and insurance is recommended but not included. Call me for additional information.

As of this writing, I have nothing to report on my upcoming Nashville, Tenn. coach trip in September 2014. As soon as dates and prices are published, I will call everyone on the list in the order I received them.



Travel Toppers

By Jo Swing

There are a few seats left for the Wednesday, Sept. 11, trip to St. Petersburg to see Englebert Humperdinck. The cost is \$76 and covers bus, admission to show (orchestra seats) and tip for driver. Meal is on your own at WestShore Plaza in Tampa, Fla. Call Jo Swing at 237-4564 for reservations.

If you want something different, join us Saturday, Oct. 19, at Oktoberfest in Cape Coral, Fla. This promises to be a day filled with oompah music and delicious German specialties and beers. The \$40 cost covers transportation, admission, and tip for driver. Food is on your own. The coordinator is Inge Gaitch at 237-7428.

Saturday, Oct. 26, Travel Toppers has a trip to see "Hello Dolly" at the Show Palace Dinner Theater. Tickets are \$73, which includes bus, show, buffet and tips for driver and meal. Contact Audrey Mangan at 854-7074 for reservations.

The Rockettes Christmas show on Saturday, Dec. 14, is sold out, but coordinator Linda Hein (861-9880) has a wait list. The cost is \$106 for bus, ticket and tip for driver. Call Linda now for a place on the list.

The days are dwindling and so are the seats for the Wednesday, Dec. 25, Christmas show at the Show Palace Dinner Theater. This year's production is Irving Berlin's, "White Christmas" based on the 1954 Bing Crosby movie. Have a delicious buffet meal before the show and then afterwards enjoy the timeless Irving Berlin songs. Contact Pat Hood at 237-8533 for reservations.

On Monday, Sept. 9, Travel Toppers will start reservations for the Tuesday, Nov. 12, shopping trip to the Premium Outlet Mall in Orlando, Fla. Shop 'til you drop with 180 outlet stores. The cost of this trip is \$22 for bus and tip for driver. Food is on your own at the many venues available. Call Jo Swing at 237-4564 for reservations.

Monday, Sept. 16, is the start for reservations for the Polynesian Luau Dinner Show on Thursday, Nov. 28. This Thanksgiving treat will be at Ohana Luau Supper Club in Daytona Beach, Fla. The buffet feast will feature both tropical dishes and the traditional Thanksgiving favorites. The show will make you feel like you are on an island. The cost of \$69 includes transportation, show, buffet dinner and tips and meal for driver. Call Pat Hood at 237-8533.

Don't miss the boat. Time is running out to sign up for the Jan. 26, 2014, to Feb. 2, 2014, cruise on the new Royal Princess. Sailing from Ft. Lauderdale, ports of call are Princess Cay, Bahamas, St. Thomas, U.S. Virgin Islands and St. Maarten. The cost of this cruise starts at \$914 per person, double occupancy for inside cabin. Rates include port charges and government fee. For further information and reservations, call Inge Gaitch at 237-7428.

For those of you who like to plan in advance, we have a Southern Caribbean cruise Dec. 4, 2014, out of Port Canaveral. We will be on Royal Caribbean's Royal Explorer visiting Aruba, Bonaire, Curacao, and Labadee, Haiti. Price is from \$823.79 per person for inside cabin. All port charges and government fees are included. If interested, call Inge Gaitch, 237-7428, for more information and reservations.

Travel Toppers will resume meetings Wednesday, Sept. 4, in Suite A of the Arbor Conference Center. All residents are welcome to attend. Until then, happy travels to all.



Ocala Clown Express

By Carol & Guy White

Training, training, training! Just a little training by our experienced clown group can turn you into a hospital clown. We still can use more help with this program and we still have time to get you ready. Just give Carol White a call at 873-9223. We do two programs on Thursdays: 10 a.m. and 11 a.m. The program is an hour long. Halfway through the children are given a little snack.

The program has been designed to teach first graders fire safety, bicycle safety, and a "don't talk to strangers" section and taught by clowns and puppets. Being that we are

clowns, we also do a little magic program. The safety program is held at Munroe Regional Medical Center Auxiliary Conference Center and runs from September to April.

You will also be required to go to Munroe Regional Medical Center to sign up as a volunteer. Tell them you want to assist Ocala Clown Express with the safety program. We have an ongoing clown training program and will train you how to be a "clown" and teach makeup and costume.

We will have many charity gigs on our calendar for the remaining part of the year as well as our hospital clowning. If you join our clown group, you will be given help to get started. Even though we take the summer off, our volunteer training program says active all year long. If you are interested, please call our Ocala Clown Express President Carol White (aka Dotsy) at 873-9223 or Secretary Mary Cordasco (Rosy Nosal) at 291-0077.

Submitted by Marge Cordasco

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Are You a Florida History Buff?

By Bob Woods
World News Writer

If so, then the Museum of Florida History in Tallahassee, Fla. is the place for you!

This museum contains many exhibits. Some of them date back to the Paleoindians who lived in the late Pleistocene period (2,588,000 to 11,700 years ago) and also includes a huge mastodon skeleton along with a diorama of what an Indian village looked like around 1450, which included life-like Indians.

Another fascinating exhibit was when Juan Ponce de León became the first documented European in April 1513 to arrive anywhere in the United States. He named the land he discovered, in the vicinity of St. Augustine, La Florida honoring the area's lush plant life and Pascua Florida, which is the Easter time Spanish Feast of Flowers. In 2013, Florida reached a significant milestone, the 500th anniversary of Juan Ponce de León's arrival on Florida's east coast.

The Spanish Shipwrecks exhibit really caught my eye as well. The display cases housed recovered remains from two shipwrecks dating back to around 1700. The displays mostly contained personal effects while some housed gold, silver and other products that were taken back from the New World to Spain.

Other exhibits included British Florida and Seminole Wars with lots of artifacts from the 20 years Florida was under British rule. Florida was also deeply involved in the Civil War where weapons, surgical tools, military equipment, flags and other items were displayed.

The museum also has displays on the state's forestry, agriculture, early transportation and tourism. A couple of very interesting displays were that of our own Silver Springs showing the early years when river steamers would visit the springs bringing tourists and cargo. Another large display was that of dugout canoes found in the springs.

In other transportation areas were different automobiles including a 1923 Ford that was converted into a "tin can camper," the predecessor to today's modern RV motor homes and a recreated steamboat used in the rivers of Florida and those who plied the waters to Silver Springs.

One display that was extremely interesting was titled Florida Remembers World

War II. The exhibit shows how the global struggle impacted Florida along with all kinds of military memorabilia.

The museum's collection encompasses more than 45,000 selected items on display. The admission to the museum is free but there are containers for any donations. Parking in a garage next to the museum is also free to museum spectators.

In addition to the Museum of Florida History, Tallahassee is the home to many more museums such as the Knott House Museum, Florida Historic Capital Museum Tallahassee Museum of History and Natural Science and Mission San Luis.

There is so much to do and see in our state's capital. Take a ride and enjoy a few days away!

Photos by Bob Woods

Silver Springs exhibit, at the Museum of Florida History, showing how it looked at the end of the 1800s and early 1900s.

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Larry's Fit Tips

By Larry Robinson

Portion Control and Serving Sizes

When you are trying to eat healthy, it is important to keep track of two things: what you are eating and how much you are eating. It is very easy to misjudge the appropriate portion and serving sizes. According to the Academy of Nutrition and Dietetics, a serving is the amount of food recommended in consumer education materials such as MyPlate. A portion is the amount of food you choose to eat at any one time.

The basic food groups are: grains, vegetables, fruits, dairy (which includes milk, yogurt & cheese), meats & beans (which include fish & eggs) and fats.

At Health & Recreation, we subscribe to the MyPlate recommendation of servings and portions, which is to fill half your plate with vegetables and fruits, adding slightly more vegetables than fruits. This is one of the best things you can do to improve your nutrition!

The other half of your plate should be filled with proteins and whole grains, using slightly more grain than protein. Each of the major food groups: vegetables, fruits, proteins, and grains occupies roughly a quarter of your plate. Dairy is the fifth food group. You can get more information on this at: www.choosemyplate.gov

The recommended daily amounts of each food group are dependent on several variables: age, gender, activity level, as well as other considerations such as pregnancy.

Here are some easy comparisons to help you understand serving sizes:

- 1 cup = baseball
- 1/2 cup = light bulb
- 2 tablespoons (1 ounce) = golf ball
- 1 tablespoon = poker chip
- 1 slice of bread = cassette tape

- 3 ounces of chicken/meat = deck of cards
- 3 ounces of fish = checkbook
- 1 ounce of lunch meat = compact disc
- 3 ounces of muffin or biscuit = hockey puck
- 1-1/2 ounces of cheese = 3 dice

To help control your portion sizes try some of the following ideas:

- Don't eat from the bag; it is so hard to stop once you start.
- Use the serving size on the food label to create individual portions into small snack bags or bowls.
- Buy single serving portions of your favorite snack foods.
- Serve food on smaller plates; eat from a salad plate instead of a dinner plate.
- Keep serving dishes on the kitchen counter so you'll have to get up for seconds.
- Substitute lower-fat varieties of food. Instead of whole-fat cream cheese, sour cream, and milk, buy low-fat or skim instead. Use half the amount you would normally use of these products to save even more calories.
- Eat mindfully. Snacking in front of the television is a mindless behavior; which almost always leads to overeating.
- Eat at the table. Focus your attention on your food so you'll know when you've had enough to eat.
- Eat healthy snacks between meals. A healthy snack that contains protein and/or fiber will help to fill you up so that you don't eat too much at your next meal.

FIT TIP #1: Order the lunch size of a food, rather than the dinner size and order appetizers rather than entrees.

FIT TIP #2: Share your meal with someone or cut your meal in half when it arrives. Put one half in a to-go box before you start eating. You can have the rest of your meal for lunch the next day.

FIT TIP #3: Slow down and enjoy your meal. We have a tendency to eat more than we need, pay attention to feeling "satisfied" when you eat rather than eating until you are "full" or worse "stuffed." Remember it takes approximately 15 to 20 minutes for your brain to get the message from your stomach that you are full.



Genealogical Society

By Peter Paris

Have you been watching the show "Who Do You Think You Are" on TV? Recently, the show traced back the ancestry of movie star, Christina Applegate. Why did his paternal grandparents bring up her father instead of his parents? Finding the truth required quite a bit of research using birth records, Census records, court records and death records. Searching for information on your parents and their ancestors sometimes requires a lot of time and research into many types of records, not all of which can be found online.

While in Rhode Island for the summer, my wife and I went to the Massachusetts State Archives in Dorchester, Mass. to find records on my wife's ancestors who arrived in Boston from Ireland in 1860s. She found a death certificate on her paternal great-grandfather where the place of burial was mentioned. This record was not online with ancestry.com or familysearch.org.

From there, my wife wrote to the cemetery to obtain a copy of the plot records to determine who else was buried in the plot and who owned the plot. Many times, this information will lead you to other ancestors that you have been unable to find.

I also visited the Rhode Island Division of Vital Records and was quite successful in finding some records of my ancestors, which are not available online. If you are

really interested in tracing your ancestors and obtaining more than just their names, you will find that field trips to NARA, the State Archives and Court Records of the state and the City Archives of the city in which they were born, lived and died, and even church and cemetery office records will provide the information which you need to complete the story of your ancestors.

The Genealogical Society holds a business meeting at 10 a.m., the second Monday of every month in Meeting Room 3 of the Craft Building.

If you are a member of the Genealogical Society, you may browse through our library before and after our business meeting. These books and CDs may be signed out by members and brought home to assist you in doing your ancestral research.

At the business meeting, we discuss what members would like to have for upcoming genealogy presentations. We also have educational presentations at 10 a.m., the third Monday of the month from October to May in Suites B and C in the Arbor Conference Center.

During the months of June, July, August and September, we change from a "training" format to an "open discussion format." Those of you, who are new to genealogy and have questions on anything genealogical, are welcome to come to the meetings and ask your questions. Someone will more than likely have the answer to assist you in your research on your ancestors.

We hope to see you at one of our meetings. Remember, our annual dues are only \$10 per person, \$15 per couple, so come to one of our meetings and see what we are all about.



Veterans Club

By Fred Pulis

The Veterans Club will hold its quarterly meeting on Thursday, Sept. 19. The guest speaker will be Justin Grabelle, chief of staff for the Ocala office for House of Representative Rich Nugent. The hour-long meeting will provide an update of all veteran-related

issues before the U.S. Congress.

The meeting will present specific information on various veteran related issues such as VA hotline for women veterans, updates on various legislative issues, status of groundbreaking news concerning 85-bed facility for homeless veterans, and other veteran-related topics.

The club is open to all Armed Service veterans and guests. In upcoming meetings, topics concerning veterans issues will be discussed and various opinions and ideas are encouraged.

For any additional information, please contact Fred Pulis at 854-9976.

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Fitness Happenings

By Cammy Dennis

When Loss Turns Into Gain

There is tremendous reward in bearing witness to the health and wellness improvements of our residents. In most cases, these health improvements come from a commitment to eat nutritiously and get active.

Just this week I learned that one of our residents had their blood sugar medication cut in half due to regular exercise, and a student of the Balance Body class reported, "I'm walking more and better than I have in years!" I share this testimonial because attached to it is a very important message: you can do it too!

I am delighted to congratulate and highlight the weight loss success of resident Ron Niebo. Ron joined our Biggest Loser six-week weight loss program last February and has been losing weight successfully ever since. At the start of 2013, Ron weighed 250 pounds. He began to diet on his own in January, and by the start of the Biggest Loser, he had lost seven pounds. He lost another 13 pounds during the six weeks of the program and when I saw him recently he had lost another 19 pounds. That's a grand total of nearly 40 pounds, way to go Ron! Ron's weight loss has translated into a big health gain.

I was so excited when I saw Ron recently (he looks fantastic!) that I just had to find out how he has sustained his success. He was generous enough to answer some questions and agreed to share his story with you.

Ron told me that there were four areas of interest that drew him to join the Biggest Loser weight loss program: 1. To stay healthy, 2. To continue to lose weight, 3. To get direction and advice from a professional staff, and 4. To participate in a supportive group environment.

Ron admits to having previously fallen victim to "yo-yo" dieting; in the past 44 years he has met and/or exceeded his goal weight several times but unfortunately gained the weight back. This is an experience that many of us can relate to. Ron noted that all his previous efforts worked for a while but he just kept falling back.

Ron attributes his recent weight loss success to some of the things he learned in the Biggest Loser, specifically Ron says, "getting back to basics and avoiding or limiting processed foods was the most important message I learned. It resulted in me eliminating unnecessary salts and additives. Fresh produce was always something I enjoyed. I just learned that by eliminating sauces and toppings I could remove unnecessary salt and calories. Moderate, and I mean moderate, exercise combined with the back to basics food choices resulted in revving up my metabolism." Ron also noted that the love, support and daily guidance from his wife of 44 years was instrumental to his success.

Ron sets a goal to exercise three times a

FITNESS SCHEDULES

Health & Recreation (Effective Sept. 1)					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 Aerobics Rm	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video
8:00-8:50	Cardio Mix	Strength & Stretch	Wednesday Warrior	Strength & Stretch	Dance Party
Aerobics Room	Dara	Barb Anne	Jessica	Barb Anne	Jessica
9:00-9:50	Tai Chi	Chair Yoga	Stretch for the Stars	Chair Yoga	Chair Chi
Aerobics Room	Art	Barb Ann	<i>*Last Wednesday of the month bring a mat</i>	Jennifer	Art
10:00-10:45	Balanced Body	*KB KB Kick boxing	Balanced Body	*KB KB Kick boxing	Balanced Body
Aerobics Room	Marie	Han	Jessica	Han	Marie
10:45-11:30	ZWEA Kitti	S.O.S. Serious on Strength Larry	ZWEA Kitti	S.O.S. Serious on Strength Larry	S.O.S. Serious on Strength Larry
10:45-11:30	Light Cardio Mix		Light Aerobics		ZWEA DARA Belly Dancing last Friday of the month
H&R Ballroom	Becky		Jessica		
11:45-12:30	Get Fit While You Sit		Get Fit While You Sit		Get Fit While You Sit
Aerobics Room	Kitti		Kitti		Marie
1:00-2:00		Fitness Center Orientation		Balance Assessments**	
Fitness Center					

Health & Recreation Hours: Monday-Friday, 6:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m.

Arbor Club (Effective Sept. 1)					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*	Shallow Water Aerobics*	Deep Water Aerobics*
Arbor Club Indoor Pool	Larry	Barb	Larry	Barb	Dara
9:30-10:30	Yoga*		Basic Hatha Yoga*		
Arbor Club Ballroom	Barb Anne		Grace		

Arbor Club Hours: Monday-Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

* Denotes a fee-based class. Fitness Pass required.

ARBOR CLUB INDOOR POOL SCHEDULE

Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
7:00 - 8:00 AM	Open	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk	Open
9:00 - 10:00 AM	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Open
10:00 - 10:30 AM	Open	Open	Open	Open	Open	Open
10:30 - 11:30 AM	Open	Open	Closed for Cleaning	Open	Open	Open
11:30 - 12:30 PM	Open	Open	Open	Open	Open	Open
12:30 - 1:30 PM	Aqua Belles	Open	Aqua Belles	Open	Aqua Belles	Open

* Fitness Pass required to attend class

Rules for Lap Swimming:

- Swimmers should swim on the line.
- If lanes are full, share the lanes.
- When sharing lanes, swimmers of matched speed should share lane.

Health and Recreation Pool

Monday through Sunday, 8 a.m. to dusk. Closed for cleaning the last Wednesday of every month.
Children permitted Monday through Friday, noon until dusk, all day Saturday, Sunday and holidays.

week; although he admits that sometimes his trip to the fitness center is substituted with a golf outing. He also makes it a point to schedule time for relaxation, such as spa treatments or a visit to Shalom Park.

I pressed Ron for any words of wisdom he might have for fellow residents; he said that he only gives advice when asked (es-

pecially regarding weight loss) and here's what he had to say. "Dieting is a very personal subject, however when asked specifically, I tell others to be inspired like the Nike slogan ... Just Do It! Start whatever program seems best to you, but don't do it alone. Find a person who is willing to share the experience with you and support each other in achieving realistic, obtainable weight loss objectives."

You might be surprised to learn that we average between 140 to 180 residents a day in the fitness center (low to high season respectively) and have approximately 100 students in our classes daily. This is great news and demonstrates that our residents understand the importance of staying physically active.

When exercise is complemented by good nutrition the results are even better! Not only will you look better, you will feel better and most likely have a lot less trips

to the doctor.

We are thrilled about Ron Niebo's weight loss success and hope that his story will inspire you to achieve your wellness goal. The next Biggest Loser weight loss program begins on Oct. 4 and will finish on Nov. 15. We meet every Friday at Health & Recreation Building in Meeting Room #2. All are welcome, this is a support group meeting only, and we will not be exercising. The fee is \$10 to join for the entire six weeks; the person who loses the greatest percentage of body weight wins all the money collected! For more information, call Cammy Dennis at 854-8707 ext. 7532.

POETRY

BY ON TOP OF THE WORLD RESIDENTS

Calories

By Annette Sharpe

What do they look like
And where do they go
To make us look fat
And make our hips grow?
They cause consternation
For those that we meet,
And lie forbidden in
Things that we eat.

They must be ugly, deceitful, and mean
To cause so much trouble
Sight unseen.
They bide in our cupboards
And live in each stew,

Unfriendly, unkind,
And well out of view.

The worrisome monster
Lives in cake or pie.
We won't see it coming,
If we turn a blind eye.

Don't eat this and don't eat that,
For calories turn food into body fat.
What's allowed
And what's forbidden.
Beware, those sneaky calories
Stay hidden.

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Back at The Ranch

By David Gibas

Ranch Members Shine with Success!

Are you seeking motivation to lose weight and gain energy? Read on to get all the inspiration you need through two amazing weight loss stories. Elizabeth and Michelle's powerful testimonials will enlighten and uplift you. If these women can do it ... you can too!

Elizabeth Rice is a new Ranch member joining in May of this year. After having won a basket of items from The Ranch Fitness Center and Spa, she discovered a host of spa and salon products along with a free month to the fitness center.

When Elizabeth began to utilize the fitness center, she was already well on her way to her weight loss goal. She was diligently adhering to a nutrition program that had the pounds coming off. Elizabeth notes that when she partnered exercise with her nutrition plan, she experienced a boost in her weight loss success.

When asked about what she attributes her success to, Elizabeth beams with a big smile as if to reveal that she has discovered a secret; and she is quick to share that the "tools" she has adopted have been instrumental in keeping her focused and on track. The most important of those tools being a structured nutrition program and regular physical activity.

Elizabeth says, "The fitness classes are like having a personal trainer for free!" Along with the professional instruction she attends classes for the social camaraderie and positive attitudes of her fellow classmates. Elizabeth's dramatic "before and after" photos are a testament to making healthy lifestyle changes that will help you look and feel like a new person! Way to go Elizabeth, we look forward to seeing you in our group fitness classes.

Michelle Dubissette-Babb will soon be celebrating her one-year anniversary of becoming a Ranch member, but more importantly, she is celebrating a weight loss of 106 pounds! Wow, way to go Michelle! Michelle has experienced a 64-pound weight loss during the nine months she has been working out at The Ranch. This translates into approximately seven pounds a month, which is a very healthy approach for long-term success.

There is a host of studies that demonstrate that there is a correlation between the amount of time it takes to lose weight and the length of time the weight remains off. This supports long-term success and illustrates that healthy lifestyle changes re-

garding nutrition and exercise are likely to become permanent.

Michelle attributes her sustained success to her very supportive husband who helps with meal planning and her participation in the evening H2O Fit classes. Michelle noted that if it was not for the Ranch pool, she would have had to suspend her exercise which could have delayed her weight loss. The warm water pool enabled her to continue her workouts despite a knee injury.

Michelle says, "The walking pool was a huge help in my weight loss and I could not have lost what I did without it. There are many exercises I could not have done on land, but now can do in water." She noted that the staff has been very supportive and always had positive and encouraging words to share.

Michelle admits honestly to hitting weight loss plateaus but adds, "The most important thing to do was push through and realize that weight loss is not a short-term goal, but a lifestyle change."

Michelle makes an important point and notes that you should not focus only on the scale but things like having more energy and noticing that clothes are fitting looser. I love how Michelle calls these "non-scale goals" and made mention that they were important to her overall motivation in the long term.

Her advice is to have a good support system, take one day at a time and to remember that you won't find success if you don't persevere. She notes that there will be good days and bad days but you have to push through. In conclusion, Michelle has some very wise words to share, "No matter what size you are, you are able to achieve whatever you put your mind to, and never say never. I am thankful for The Ranch be-

THE RANCH FITNESS SCHEDULE

The Ranch (Effective Sept. 1)						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-8:55 a.m.	Power Cycling Jessica	Tabata Training Jessica	Yoga Sculpt Barb Anne	Tabata Training Carolyn	Power Cycling Carolyn	(8:30 a.m.) Power Cycling Instructor Rotation
9:00-9:55 a.m.	20-20-20 Jessica	ZUMBA Nichole	Power Cycling Carolyn	Cardio Combat & Core Kitti	20-20-20 Carolyn	(9:30 a.m.) Power Pump Instructor Rotation
10:00-10:55 a.m.	ZUMBA Dara	Chisel Muscle Mix Kitti	Power Pump Carolyn	Chisel Muscle Mix Kitti	Cardio Dance Jessica	(10:30 a.m.-Noon) Yoga Flow
10:30-11:25 a.m.	Water Works Jessica	H2O Fit Barb		H2O Fit Barb	H2O Fit Kelly	H2O Fit Instructor Rotation
11:00-11:55 a.m.		Restorative Yoga Jennifer	(11:30 a.m.) Hydro-Pilates Barb	Restorative Yoga Jennifer		Special Mind-body Class! Serenity
6:00-6:55 p.m.	Power Cycling Rene H2O Fit Linda	Tabata Training Carolyn	Power Pump Rene H2O Fit Linda	ZUMBA Heaven	H2O Fit Linda	Saturday Sept. 28 10:30am - 12:00pm
7:00-7:55 p.m.	ZUMBA Heaven	NEW CLASS! Yoga Fit Grace	ZUMBA Nichole			

Schedule subject to change. View class descriptions online at www.TheRanchFitnessSpa.com.
Monday-Thursday, 5:30 a.m. to 9 p.m.; Friday, 5:30 a.m. to 8 p.m.; Saturday, 7 a.m. to 5 p.m.; Sunday, 8 a.m. to 4 p.m.

cause I have been in many gyms over many years, but this gym has actually changed my life and I could have never done it without them."

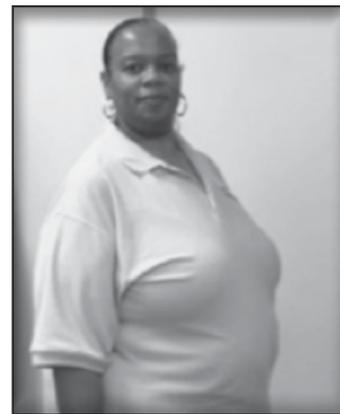
If you are seeking some guidance and support for your personal weight loss goal, The Ranch Fitness Center will soon be launching a six-week "Get Fit Weight Loss Challenge" from Oct. 5 through Nov. 16. This program is based on weekly weigh-ins

and support group meetings led by a personal trainer.

To sign up, stop by the front desk, the cost for the entire six weeks is \$20 and the money collected will be awarded to the winner of the challenge! The winner is the person who loses the greatest percentage of body weight during the six weeks. For more information, call 854-8707 ext. 7532.



Elizabeth Rice before (left) and after (right).



Michelle Dubissette-Babb before (left) and after (right).

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\$20 per person to participate; register at the front desk
Ranch members only

For more information call: 854-8707 ext. 7532
www.TheRanchFitnessSpa.com

Indigo East

By Jean DiPiero

On Sunday, Aug. 11, the Indigo East Community Center was transformed into an old-fashioned, ice cream parlor. Fifty Indigo East friends and neighbors came together to share some laughs, conversation and, of course, yummy ice cream.

Attendees had a wide variety of choices. Items available included all the fixings for banana splits, root beer floats, sundaes, etc. Toppings included hot fudge, caramel, strawberry, pineapple, marshmallow, peanuts, Heath bits, cherries and whipped cream. Um, um, um!

The ice cream was dished out by our

own Indigo East scoopers: Larry Kratz (No-Sugar Daddy), Jim Logue (Vanilla Fella), and Frank DiPiero (Choco Rocko).

Several door prizes were awarded thanks to the generosity of several local vendors. Scoops Ice Cream Parlor donated two gift certificates and Tiki Island Yogurt donated four gift certificates.

A big thank you goes out to the ice cream social committee consisting of Mary Walters, Sarah Logue, Jeanne DiPiero and also to Harold Brouillard who ran the 50/50 raffle.

The next major Indigo East event will be the annual Oktoberfest, which will be held Oct. 13. There will be live German music and traditional Bavarian food. Come join in the fun.



Photo by Frank DiPiero

Ice cream scoopers Jim Logue, Frank DiPiero and Larry Kratz.



American Jewish Club

By Carol Aronoff

How time flies when you're having fun. Here it is September and the summer is almost over. For all of you who have been away and the rest of us who stayed home to play, now is the time to set our sights on a new and fulfilling year.

Our board has been working hard all summer preparing for the season ahead. For starters, we will be serving our annual welcome back pizza party at our first general meeting on Sunday, Sept. 15. That's also a good time to think about paying our annual dues (still only \$10 per person).

Also in September is the annual Club Fair on Thursday, Sept. 26. We will have an interesting table set up and hope to see you

there. Please bring your friends and neighbors. With our club display and so many wonderful other things, there will be something of interest for everybody.

We are trying to plan interesting and innovative entertainment for our meetings this year. It's really quite challenging to come up with new ideas time after time. If anybody has any ideas or thoughts on the subject, please do not hesitate to share them with your board. You can attend a board meeting anytime on the first Thursday of every month at 10 a.m. at the Arbor Conference Center, Suites A and B (far left end of the building). You can also become a committee person for which the board will positively embrace you! We are always looking for new ideas.

Until we see you in September, take care and a very happy New Year to you all.

www.OnTopoftheWorldInfo.com



Avalon Social Group

By Lorraine Rourke

Hello fellow Avalon residents! Fall is here and as a result, folks are returning from their travels and able to join us at the potlucks.

The October potluck is an event not to miss! Bring a dish to share of meat, meat casserole, vegetable, salad, fruit, (no dessert as we assign these at the previous potluck), serving utensil and your own non-alcoholic beverage.

Try out a favorite recipe, a new one or

hit the market for something to bring. We have a wonderful time plus there is a 50/50 raffle. We will provide the paper products. We are sometimes short of meat type dishes so maybe folks could rotate bringing one as a change

At this event, we will have ticket sales for the November hot dog/sausage picnic. We will sell tickets and identify ticket sellers. So if you want a hot dog/sausage be sure to pick one up. If not, come to the picnic anyway as it's a potluck so there is always lots of food. Deadline for tickets is Oct. 31; if you aren't getting meat, you don't need a ticket. We use the picnic pavilion in November with rain location at the Arbor Club Ballroom.

2013 potluck dates are Oct. 7, Nov. 4, and Dec. 2. Contact Lorraine at 390-2120 with any questions.



Candler Connection

By Janet Wiles

The next Candler Connection board meeting will be held on Tuesday, Sept. 3, at 1:30 p.m. in Classroom 4 at Master the Possibilities. All residents are welcome to attend and discuss any issue pertaining to the board.

The communications committee is planning a "New Resident Welcome" session on Thursday, Oct. 10, at 2 p.m. in the Candler Hills Community Center. This is a great way for new residents in both Candler Hills East and West to meet one another while getting some helpful information.

Mark your calendars for the On Top of the World fall picnic sponsored by the Candler Connection social committee on Sunday, Oct. 20, from 3 to 7 p.m. at the pavilion next to the softball field. Enjoy a variety of favorite picnic foods available from 4 to 6 p.m., socialize with your friends and neighbors, and join in some outdoor games.

The menu will consist of hamburgers, hot dogs, potato salad, coleslaw, beans, and dessert. Bring your own refreshments. Games will include beanbag toss, ladder golf, shuffleboard, miniature golf, and horseshoes.

Since seating is limited at the pavilion, residents may wish to bring folding chairs.

Tickets will go on sale on Mondays, Wednesdays, and Fridays from Sept. 30 through Oct. 11, from 10 a.m. to noon at the Candler Hills Community Center.

Tickets will also be sold at the Health & Recreation Building on Wednesday, Oct. 2 and Wednesday, Oct. 9, from 1 to 3 p.m. If you cannot make it to any of these ticket sales, please contact John Bain at (352) 414-5434.

All tickets will be \$5 per person. When purchasing your ticket(s), you will need to choose two hamburgers, two hot dogs, or one of each. There will be no tickets sold on the day of the event. This event will be held rain or shine. If rain occurs, food will be available for pick-up at the pavilion.

Mark your calendar for Tuesday, Oct. 29 for the next potluck dinner. Details about this event will be in the October Candler Connection column in the World News.

In accordance with the Candler Connection Social Club by-laws, the board of directors is looking for three resident volunteers to serve on the nominating committee to seek candidates to fill the three upcoming board vacancies, which will be filled at the annual meeting in January. This will not take a lot of time, and the board will appreciate your volunteering. Those who wish to serve should contact Bob Scherff at 291-1505 or bob.scherff@otowhomes.com.

The Candler Connection website, www.candlerconnection.org, contains a neighborhood directory. If you wish to be added to this directory, to receive e-mail notices, or to make corrections to the current listing, please contact Marilyn Lube at 895-3954 or marilyn.lube@yahoo.com. If leaving a message, please include your name, address, phone number, and e-mail address.

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Photo by Bob Woods

Inside the caverns at Florida Caverns State Park.



Photo by Bob Woods

Entrance to Florida Caverns State Park.

Florida Caverns State Park

By Bob Woods
World News Writer

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What is the difference between a cave and a cavern? A cave is a natural underground cavity that is large enough for humans to enter; however, a cavern is a large cave formed chemically by acid rains or can also be defined as a series of connected underground caves. An interesting fact is all caverns can be classified as caves, but not all caves can be caverns.

Caves and caverns can be either wet or dry. Air-filled caves that are accessible without diving equipment are technically called "dry caves." They may not, in fact, be dry.

Recently, my wife, Bev, and I traveled Interstate 10 westward to Marianna, Fla. to Florida Caverns State Park. The park hosts the only dry cavern accessible by the public via tours in Florida.

Both Bev and I have ventured into the depths of the largest dry cavern in the United States, the Grand Canyon Caverns in Arizona, located 230 feet below ground level. To date, only three percent of the caverns in the world are dry. In this cavern, stalactites and stalagmites are missing; the breathable air comes from many caves

in the walls of the Grand Canyon some 60 miles away.

The caverns at Florida Caverns State Park are cluttered with both of these formations, which descend from the ceiling by slowly dripping drops of water, which carry minerals and deposit the drips on the caverns' floor forming stalagmites. This process takes countless years, numbering into the tens of thousands.

According to their website (www.floridastateparks.org/floridacaverns/), the Florida Caverns State Park is the only state park with dry (air-filled) caves and the only cavern offering tours to the public. The caverns display fantastic formations of limestone stalactites, stalagmites, soda straws, flowstones and draperies, all formations created by dripping water containing minerals.

The guided tour costs \$8 per adult and departs every 30 minutes, Thursday through Monday. The tour lasts 35 to 40 minutes but the one Bev and I took lasted one hour and twenty minutes ... and it was fantastic!

These moderately strenuous tours are limited to 25 patrons at a time and are first come, first served. Reservations are not accepted. There are stairs to climb up and down along with some sloping inclines. Several areas within the caverns are as low as four feet and as narrow as two feet.

We were warned not to touch, kick, sit, stand or climb on anything in the caves including the walls as the oils and minerals in our skin will damage or destroy the delicate formations. There are no handrails in the caves. Taking a lot of items into the cave is taboo but photography is welcomed.

The Florida Caverns State Park has not always been accessible by humans. In the early 1930s, an entrepreneur purchased this land after discovering a small cave type entrance that emptied into a larger space called a cavern. It needed a lot of work before this enterprise could be opened for public viewing. It needed easy access points and tunnels connecting each cavern compartment.

The State of Florida purchased the land in the mid-1930s and the Civilian Conservation Corps (CCC) went to work digging what was needed for the general public to enter and explore the caverns. CCC was comprised of a group of men who worked on the project up until the outbreak of World War II utilizing picks, shovels and chisels carving out the necessary renovations, all for \$1 a day wages.

The Florida Caverns State Park is located approximately 60 miles west of Tallahassee in Marianna and the site was officially opened to the public for touring in 1942. The caverns' deepest area is a sinking 55 feet and the temperature averages around 65 degrees, a perfect place to visit during any hot summer day.

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The Ocala Uplift

By Bob Woods
World News Writer

Did you know that there are countless caves and caverns in Marion County? The Ocala Uplift, so this section is called, stretches all along West Central Florida from Brooksville in the south to Live Oak in the north. The route pretty much runs parallel to Interstate 75.

The Ocala Uplift contains numerous dry caves exclusive to this area. Erosion along with weathering over millions of years has removed sand and clay that were imbedded in the limestone bedrock. Along the Ocala Uplift, the limestone is within 0 to 50 feet from the surface. When soil filters down through the existing limestone through cracks entering the caverns caused by seeping water, sooner or later sinkholes appear.

Most Central Florida caves are located in the Western sections of Alachua, Marion, and Citrus Counties.

www.OnTopoftheWorldInfo.com



Recreation News

By Theresa Fields

Our heat index continues to climb over 100 degrees and our afternoon storms have been coming a little earlier in the day this year. The combination of the two will have most residents planning outdoor activities earlier in the day. Please remember to stay hydrated by drinking plenty of water and take cover at the sound of thunder.

Holiday Hours

The Health & Recreation office will be closed in observance of Labor Day on Monday, Sept. 2. The Arbor Club and the Fitness Center will be open from 9 a.m. to 5 p.m. but all classes will be cancelled. Please plan accordingly.

Seasonal Shots

Our first scheduled seasonal flu and pneumonia shots will be administered on Monday, Sept. 16, at the Arbor Conference Center, Suites E and F, from 8 a.m. to 1 p.m. Medicare Part B covers the shots. If you do not have Medicare Part B, the cost of the flu shot is \$30 and \$75 for the pneumonia shot.

Our next scheduled seasonal shot clinic will be held on Monday, Oct. 14. Please sign up at the Health & Recreation office.

Rags to Riches Sale

It's that time of year again to clean out your closets and garages. Our Rags to Riches sale is scheduled for Friday, Oct. 18. Sign-ups will begin on Monday, Sept. 23 at the Health & Recreation office. The cost per table is \$8 (limit two per resident). This event will be held at the Arbor Conference Center, from 9 a.m. to noon.

Community Bus

The new bus schedule has been in place for a couple of months now and it offers half-day runs. Many of our residents are taking advantage of the new schedule and we have seen an increase in riders. We would like to welcome our new bus driver, John Figueroa. He wants to make your day stress free; so don't fight the traffic on State Road 200 or the heat and afternoon storms, sit back and leave the driving to John. Please note all passengers on the bus require resident IDs.

Please note the community bus will not run on Monday, Sept. 2, due to the holiday. The community bus will run as scheduled the rest of the week. Please plan accordingly.

Baseball Game

Come join us as the Red Sox play the Tampa Bay Rays on Thursday, Sept. 12, at Tropicana Field. Game time is 7:10 p.m. Tickets are \$40 for baseline seats and press level is \$52 per person and transportation is included. If baseball is your sport, contact the Health & Recreation office to save your seat.

Happy Hour

On Friday, Aug. 9, the Happy Hour theme was "Senior Prom." The evening was filled with glamour as many attended in their special prom attire. We are proud to announce that Jack and Jean Hester were crowned as king and queen. They are very active in the community and always show their support during themed Happy Hours. Congratulations to the both of them!

A "Roaring '20s" Happy Hour will be held on Friday, Sept. 27. Pull out your finest flapper dresses or gangster suits and join us for a fun-filled evening as the Bontempos entertain us.

Don't forget that Happy Hour will be held at the Health & Recreation Ballroom on the third Friday of each month, with The Pub being open as well. Snacks will not be permitted during this Happy Hour. If you have a birthday celebration, please contact the Health & Recreation office to make arrangements to bring a cake.

- Sept. 6: Ray & Kay
- Sept. 13: Solid Gold
- Sept. 20: One Flite Up
- Sept. 27: Bontempos (Roaring '20s theme)

Remember, resident ID is required for entry to Happy Hour and guest fees apply.

Line Dancing

Line dance lessons are back! Be sure to sign up for your September classes being taught by the professional line dance instructor, Marilyn McNeil. Marilyn will be teaching three different levels of dance: Improver +, Beginners and Introduction to line dance. These classes will run \$10 for each level per month. You may contact the Health & Recreation office for more information or to register for future classes.

Club Fair

It is that time of year for our annual Club Fair, which will be held on Thursday, Sept. 26, in the Health & Recreation Ballroom, from 10 a.m. to 1 p.m.

This is the perfect time to actually see all the different clubs offered here in your community. There are over 60 clubs that will be participating this year. There are also several new clubs forming. What a wonderful way to meet your neighbors and make new friends. Doughnuts and coffee will be available for sale by the S.P.C.A.

If you are thinking of forming a club here at On Top of the World, stop by the Health & Recreation office to receive more information.

New Year's Eve Extravaganza

Celebrate New Year's Eve on Tuesday, Dec. 31, at the Arbor Club Ballroom with dinner, entertainment, dancing and more! Second Slice will provide music. Tickets are \$50 per resident and \$60 per non-resident (non-resident must be accompanied by a resident). Tickets are going fast so don't miss out! Get your tickets from the Health & Recreation office. Residents may purchase up to eight tickets. Resident ID will be required at the time of ticket purchase. The menu for New Year's Eve should be available in my October column.

Seminole Casino Trip

Get ready to roll those dice again on Tuesday, Sept. 10. The cost is \$20 per person and this includes your transportation to and from the casino. Remember the casino now has a non-smoking section for our gamblers. For more information, contact the Health & Recreation office.

Upcoming Events for October

Contact the Health & Recreation office to receive information on these upcoming trips:

- Friday, Oct. 4: Seminole Hard Rock Casino Trip.
- Sunday, Oct. 13: Tampa Bay Buccaneers vs. Philadelphia Eagles football game.
- Monday, Oct. 14: Flu and pneumonia shots.
- Thursday, Oct. 17: Retrocycle event.
- Friday, Oct. 18: Rags to Riches sale.
- Saturday, Oct. 19: Craft Fair.
- Tuesday, Oct. 22: Jungle Garden tour.
- Friday, Oct. 25: "Spook Night" Happy Hour.

EVENTS/ACTIVITIES*

* Schedule and performers subject to change. For the latest information, please visit www.ontopoftheworldinfo.com or see channels 22 or 732.

Thursday, Sept. 5

Farmer's Market

The Town Square
9 a.m. to 1 p.m.
Cooking demo at 10 a.m.

Friday, Sept. 6

Happy Hour with Ray & Kay

Arbor Club
4 to 8 p.m.

Recorded Favorites

The Town Square
7 to 10 p.m.

Saturday, Sept. 7

Copper Creek

The Town Square
7 to 10 p.m.

Monday, Sept. 9

Line Dance Classes

Health & Recreation Ballroom
Improver/Easy Intermediate Level/3 p.m.
Beginner Level/4:15 p.m.
Introduction to Line Dancing/5:30 p.m.
To register, call 854-8707 x7533

Tuesday, Sept. 10

Seminole Hard Rock Casino

Tampa, Fla.
\$20 per person
To register, call 854-8707 x7533 or 7530.

Thursday, Sept. 12

Farmer's Market

The Town Square
9 a.m. to 1 p.m.

Red Sox vs. Tampa Bay Rays

Baseball Game
Tropicana Field
Tampa, Fla.
\$40 baseline per person
\$52 press level per person
To register, call 854-8707 x7533 or 7530.

Friday, Sept. 13

Happy Hour with Solid Gold

Arbor Club
4 to 8 p.m.

Ssnakeyeze

The Town Square
7 to 10 p.m.

Saturday, Sept. 14

Almost Queen: A Queen Tribute

Circle Square Cultural Center
7 p.m.
\$13-15 per resident
\$14-16 per non-resident
For tickets, call 854-3670.

Recorded Favorites

The Town Square
7 to 10 p.m.

Monday, Sept. 16

Seasonal Flu and Pneumonia Vaccines
Arbor Conference Center, Suites E & F
8 a.m. to 1 p.m.
Free with Medicare Part B or \$30 for flu and \$75 for pneumonia
To register, call 854-8707 x7533 or 7530.

Thursday, Sept. 19

Farmer's Market

The Town Square
9 a.m. to 1 p.m.
Vendor demo at 10 a.m.

Friday, Sept. 20

Happy Hour with One Flite Up

Health & Recreation Ballroom
4 to 8 p.m.

Recorded Favorites

The Town Square
7 to 10 p.m.

Saturday, Sept. 21

Italian Festival

The Town Square
5 to 9 p.m.

Thursday, Sept. 26

Home Delivery of the World News / October Issue

Farmer's Market

The Town Square
9 a.m. to 1 p.m.

Club Fair

Health & Recreation Ballroom
10 a.m. to 1 p.m.

Friday, Sept. 27

Roaring 20s Happy Hour with Bontempos

Arbor Club
4 to 8 p.m.

Tomaura

The Town Square
7 to 10 p.m.

Saturday, Sept. 28

Blue Moon Swamp: Tribute to Creedence Clearwater Revival and John Fogerty

Circle Square Cultural Center
7 p.m.
\$13-15 per resident
\$14-16 per non-resident
For tickets, call 854-3670.

Recorded Favorites

The Town Square
7 to 10 p.m.



EMERGENCY AFTER-HOURS PHONE NUMBER
236-OTOW (236-6869)

Health & Recreation Office

Monday - Friday · 8 a.m. to 4 p.m.
854-8707 x7530 or x7533



Photo by Lynette Vermillion

The king and queen of the Prom Night Happy Hour on Friday, Aug. 9 were Jack and Jean Hester.



LOST PET?

If you have a missing pet or have found a dog or cat, please visit Customer Service at Friendship Commons, Suite 200 (8 a.m. to 4 p.m.) or call 236-6869 so that they may notify the S.P.C.A.

On Top of the World Communities BUS SCHEDULE
Monday - Thursday

MORNING ROUTE	PICK-UP LOCATIONS	TIME
Williamsburg	91st Cir.E. - 91st Cir.W - Post Office	8:42 a.m.
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:45 a.m.
Avalon Post Office	Parking Lot	8:49 a.m.
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:53 a.m.
Health & Rec Center	At Bus Stop Sign	8:58 a.m.
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 a.m.
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 a.m.
Friendship Colony	83rd Ter. - 90th Pl. - 87th Ave. - 97th St.	9:10 a.m.
Friendship Park	97th St. - 94th Lane	9:14 a.m.
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 a.m.
Friendship Colony	90th St. - Post Office	9:20 a.m.
Candler Hills Community Center	At Bus Stop Sign	9:25 a.m.
Exit Community		9:30 a.m.

Indigo East Community Center Parking Lot Call one day in advance for pick-up

MORNING DESTINATIONS	ARRIVE	PICK-UP
Jasmine Square	9:45 a.m.	12:35 p.m.
Dillard's/Tallulah's/Kohls	9:55 a.m.	12:25 p.m.
Sam's	10:05 a.m.	11:30 a.m.
Lowe's	10:10 a.m.	11:40 a.m.
Paddock Mall	10:15 a.m.	12:15 p.m.
Wal-Mart/Stein Mart	10:20 a.m.	11:50 a.m.
Target	10:30 a.m.	12:00 p.m.
Hobby Lobby/Shady Oaks	10:40 a.m.	12:05 p.m.
Gaitway Plaza	10:45 a.m.	12:10 p.m.

Return to On Top of the World to begin drop-off/pick-up for the afternoon run.

AFTERNOON ROUTE	PICK-UP LOCATIONS AND TIMES
Candler Hills Community Center	1:45 p.m. - Crescent Ridge Post Office 1:58 p.m.
Friendship Colony Post Office	1:51 p.m. - Health & Rec Building 2:00 p.m.
Williamsburg Post Office	1:53 p.m. - Americana Post Office 2:03 p.m.
Avalon Post Office	1:55 p.m. - Friendship Post Office 2:05 p.m.

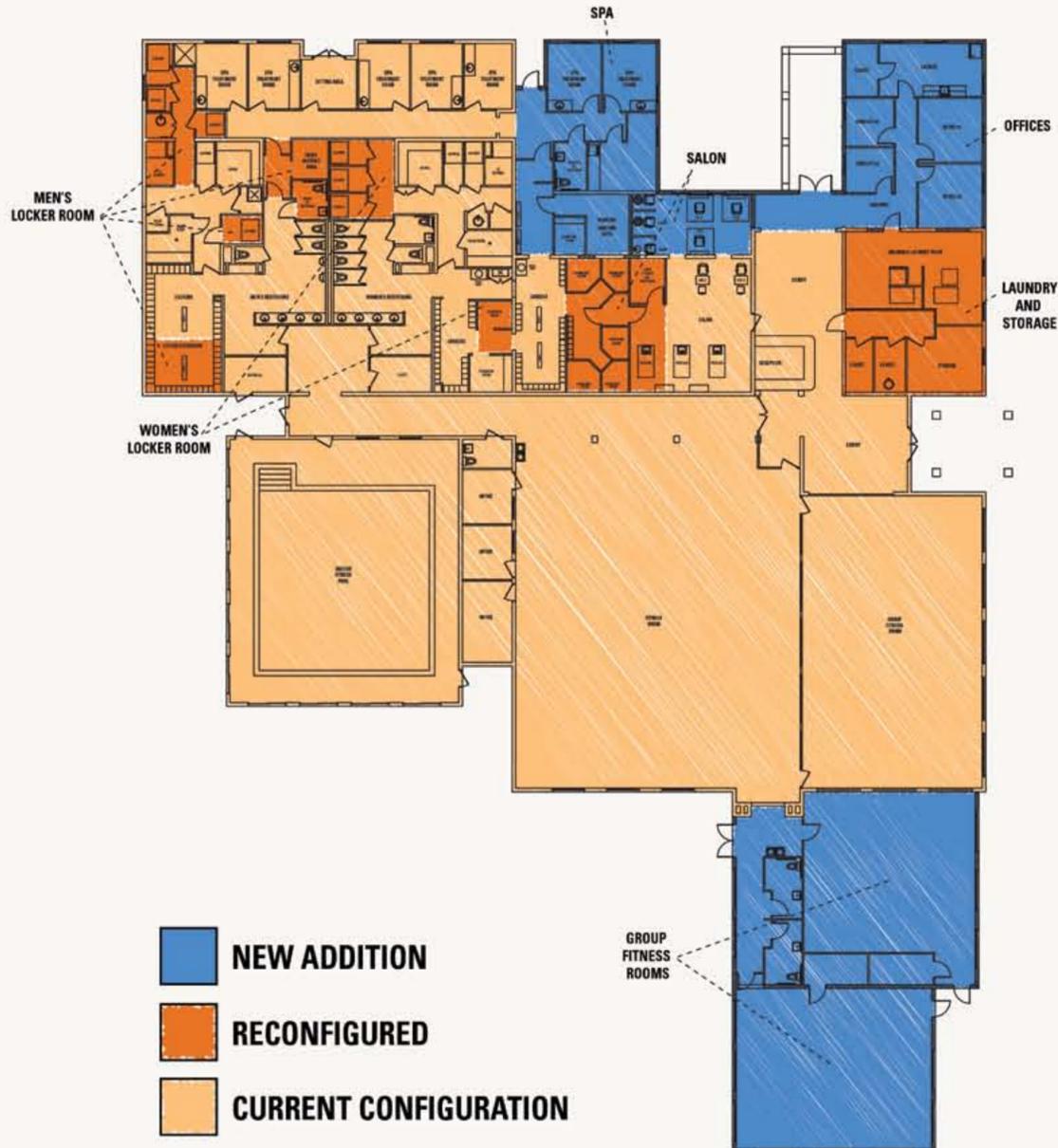
AFTERNOON DESTINATIONS	ARRIVE	PICK-UP
Beall's & Dollar Tree	2:15 p.m.	3:45 p.m.
Wal-mart	2:17 p.m.	3:40 p.m.
Big Lots	2:22 p.m.	3:55 p.m.
Publix Grocery	2:27 p.m.	4:00 p.m.

* All times are approximate
For information call Health & Rec. @ 352-854-8707 ext. 7530 or 7533 #9801 - 8/13

Here We Grow!

UPDATE

Construction Beginning September 2013



You Spoke! We Listened!

The Ranch is undergoing a substantial expansion and renovation project that will last for approximately the next 90 days!

Men's Locker Room: Expanded locker room and more showers.

Women's Locker Room: More changing rooms, more showers and expanded locker room.

Group Fitness Rooms: Addition of 2 more group exercise room with adjoining restrooms.

Salon: Expanded space, additional hair and pedicure stations.

Spa: Addition of 2 treatment rooms.

Laundry Room: Expanded laundry room with addition of laundry equipment.

We appreciate your patience during this time and welcome your comments.

Dave Gibas
Facility Director





Punch, Kick for Fun!

By Bob Woods
World News Writer

Looking for a fantastic, complete body workout that virtually kicks butt while teaching you a few self-defense moves? Then kickboxing is the class for you! KBKB (Kick Butt Kickboxing) classes are free and are held each Tuesday and Thursday at 10 a.m. in the Health & Recreation Fitness Center.

Han Dong, the kickboxing instructor and karate black belt holder, stated, "The key emphasis is to have fun. Taking kickboxing could be very useful in real life." Han has been teaching this art form at On Top of the World for the past three years. Subsequently, the end of July marked his three-year anniversary at On Top of the World and a gang of his students posed for a group photograph commemorating the event.

What is kickboxing? Kickboxing is a self-defense martial art form combining karate and boxing. It is a moderate-intensity, low impact form of exercise. It is a great cardiovascular workout, burning calories but also improving balance, flexibility, and coordination along with endurance. It can also reduce stress.

Han stated that anyone can join his classes at any time. All moves are easy to



Photo by Bob Woods

KBKB class celebrating three years of classes with instructor, Han Dong (far right).

perform and you can exercise at your own pace.

Each KBKB student receives a different colored bracelet for every 35 classes attended demonstrating their commitment to fitness. Barb Roberts has been enrolled since the classes began and recently received a black bracelet, the first one to be so hon-

ored attending 210 classes.

Barb stated that Han starts out with a warm-up period before getting into different kickboxing exercises. "The class is a good workout and it is really fun," Barb stated.

If someone wants to observe a class or two, they are welcome to do so. Resident

and student, Margaret Orlando, recommended going online to www.youtube.com and searching "KBKB For Seniors" to see a video clip of the class that is held right here in our community.

If you would like a total body workout, then KBKB is the class for you! Stop by the Health & Recreation Fitness Center to find out more!

Potato Chip Factory Tour

By Robert Colen

Delicious potato chips and tortilla chips are made right here in Ocala. On Aug. 7, 34 residents participated in a Master the Possibilities tour of the Golden Flake snack foods facility right here in Marion County.

As a safety precaution, we were asked to remove jewelry since it can fall into the

food process. Of course, hairnets were required. Also, everyone was required to wear closed toed shoes with no high heels.

We arrived at the Golden Flake facility at 9:50 a.m. Golden Flake representative Phyllis Maske and her associate immediately greeted us.

For those of you who don't know Golden Flake by name, this is a company with nearly 100 years of history making potato chips and other snack foods. Headquartered in Birmingham, Ala., Golden Flake is the official potato chip of the Southeast Conference (college sports).

The Ocala facility has been in operation since 1984 making many varieties of potato chips and tortillas. Interestingly enough, Golden Flake produces the Publix brand of chips as well.

After a brief introduction to the facility, each of us was given hairnets. We then embarked on our tour. We were taken to

the maintenance area and then into the cold storage location. In the storage area, Golden Flake will store nearly four million pounds of potatoes during the winter. Since potatoes are not grown in the winter, they are kept in cold storage to keep them fresh before the chip creation process begins.

Amazingly enough, the process is very simple. The potatoes are skinned by machine before the first sorter starts cutting off any extraneous material. After that, the potato follows its conveyor belt trip to the automatic slicer. Rotten and small pieces are disposed of at this point. Then the sliced potatoes are fed into a fast frying oven. The oil they use is palm and vegetable oil. Salt is added later.

After a few seconds, the chips roll out of the fryer, roll down the line and are dropped into their bags. If a seasoning, like barbecue flavor is added, an additional step occurs prior to the bag drop. From what we saw, it takes less than five minutes for a potato to become a chip.

We were then treated to a sample of these chips fresh off the line. Any questions we had were also answered, including my question on what happens to all the wasted potatoes and chips. The answer ... the uncooked potatoes end up as pig feed and the chips become dog food filler.

What was truly impressive was the simplicity of the product. Their chips are just potatoes, vegetable oils and salt. In an age where food manufacturers feel the need to add high fructose corn syrup and hydrogenated oils into everything, Golden Flake keeps their product very pure. The result is a delicious and crispy potato chip.

Since the tour had over 60 people on the wait list, we will try to set up another tour of the Golden Flake facility for the spring. For those of you interested in participating in the newly created Economic Development Series through Master the Possibilities, we will be touring other local manufacturers and areas of economic impact in Marion County.

The next major tour will be of the Custom Windows facility in February 2014. All tours will be listed in the Master the Possibilities catalog.

Keep your eyes open and register quickly. These tours will fill up fast.



Photo by Robert Colen

Residents participated in a Master the Possibilities tour of the Golden Flake snack foods facility in Marion County.

Club Fair

By Bob Woods
World News Writer

Mark your calendars for the annual Club Fair on Thursday, Sept. 26, from 10 a.m. to 1 p.m., in the Health & Recreation Ballroom. If you are new to the community, this event is a great way to find the club(s) right for you!

Theresa Fields, activities director, is sponsoring the annual event. The event is free but coffee and doughnuts may be purchased at the S.P.C.A. table; all funds go to helping sheltered animals.

What are your interests? Perhaps you would like to learn more about your computer or have a digital camera that you just don't quite understand. Why not check out the Computer Club or the ShutterBugs photography club?

What about a service-oriented club? The Lions Club is involved in many projects within our community and throughout Marion County. The Community Emergency Response Team (CERT) and Community Patrol will have tables to answer

questions too.

Perhaps your interests lie in crafting, quilting or sewing? Or flying radio control model airplanes or running and building train layouts? Clubs will be representing all these hobbies, even stamp collecting, card and board games, and sports. Bingo is big within our community, as well as The Entertainment Group.

Do you like to perform on stage? Then maybe the Theater Group or the Concert Chorus is something for you.

Perhaps you like to travel? Well, there will be three travel clubs that offer day trips, motor coach trips to various parts of our country and cruises plying the oceans bordering our shores.

The list of clubs goes on and on. There is something for everyone!

All you have to do is attend the Club Fair. It's always fun to meet new people and meet up with some of your neighbors.

See you at the Club Fair!



Photo by Bob Woods

Members of the ShutterBugs at the 2012 Club Fair.



Golf

By Matt Hibbs

September and fall are finally here! This happens to be my favorite time of the year, not only because the temperatures begin to fall but football season swings into full effect. Now I know most of you will be rooting for the Florida Gators to win this year's National Championship but I'm picking Urban Meyer's Ohio State Buckeyes to be crowned National Champions. Go Bucks!

The golf staff would like to congratulate Andy Jorgensen, Josh Carter and Nathan Armstrong for the immaculate conditions of all three of the On Top of the World golf courses. We believe the playing conditions have never been better and credit is due to these three gentlemen. If you haven't had the opportunity to play, please take advantage of the great conditions and come out and see us.

Attention all golf members, please be

sure to read the Golf Membership Handbook to stay abreast of all the rules and regulations pertaining to your golfing membership. We would like to put an emphasis on the Membership Medical Suspension Request Procedure. As stated in the membership handbook, "Should a current annual golf member of one of the On Top of the World golf courses become incapacitated during that year, there are several conditions that must be met before receiving consideration to obtain credit for this time period towards the following year's membership fees:

1. Within two weeks of sustaining an accident or a medical condition, the member must submit paperwork describing the condition, which prohibits golf activity to the Director of Golf.
2. The severity of the accident or medical condition must prohibit play for a minimum period of 90 days.
3. A physician's statement must be submitted stating the nature of the accident or medical condition including when treatment began and when the patient was released.
4. The Director of Golf will notify the

member if the condition warrants a credit of membership fees towards next year's membership dues.

5. No golf may be played during the time of membership suspension.
6. The Director of Golf must be notified before the member returns to any golf participation.

All requests for credit will be reviewed by the golf department and must be approved by this department before any credit for the following year will be issued. No refunds will be issued for a membership suspension, except in the event of death for a current golf member. If there is a couple membership, the remaining member will receive a credit towards the following year's membership fees."

Just like knowing the USGA rules, it can pay to know the policies and procedures in your Golf Membership Handbook.

Upcoming Events

- World Labor Day Event: Sept. 2, Candler Hills Golf Club, 9 a.m. shotgun.
- Aerification: Sept. 9 through Sept. 12, Candler Hills Golf Club. Sept. 16 through Sept. 22, Links. Sept. 23

through Sept. 29, Tortoise & Hare.

- Ladies Solheim Cup: Sept. 30 and Oct. 3, Candler Hills. Oct. 4, Links. 8 a.m. tee times.

World Accolades

LINKS: Joe Quaranta, eagle on #2.
TORTOISE & HARE: George Deignan, eagle on #2.

CANDLER HILLS: Norm Giannukos, eagle on #7. John Massari, shot his age of 70 with two chip-ins. Chris Piotrowski, had seven birdies and an eagle in one round. Bruce Shanfelt, hole-in-one on #13. Garry Gerlach, eagle on #6.

Congratulations to all for these fine accomplishments!

Golf Tip of the Month

How many people go to the driving range to practice their golf swing but never set foot on the practice putting green? If you fall under this category, then something needs to change. Putting makes up approximately 50 percent of your golf game. Every time you come out to practice be sure to spend half of your practice session on the putting green. Becoming a better putter will ultimately bring your handicap down.



Arbor Club Tennis

By Jorge Privat

Not only is hydration key during the summer months but also knowing your physical limitations. How long can we stay on the courts without causing any health risks? Be aware of what your body is telling you.

I will be posting a sign-up sheet in the coming days to determine how many players are interested in starting a ladder in the fall. I believe this is a great format to play

tennis in a group where you can remain competitive at your own level.

Remember that playing games and sports say so much about a person's character. On a regular basis, you are playing with your friends and neighbors, therefore maintaining proper decorum, friendliness, courtesy, fairness, consideration, etc. Bring your best attitude and desire to have fun on the courts.

Especially playing doubles, whether you win or lose, is not so important, but give a 100 percent and your partner will appreciate it.

Try not to get frustrated by the way your opponents play or the tactics they use (so long as they are clean). Some of us like to lob, some like to poach, some like to drop shot, some like to put a lot of spin on the

ball and so on ...

We cannot pick and choose what kind of shot we receive only what we return. You simply need to find the best way to counter, neutralize and win the point by communicating with your partner and using your own abilities. Try to keep the game simple, lively and fun and you will feel good in the end.

The Serve

The following guidelines should be helpful to you depending on your own level of play.

BEGINNER: Some players try to hit across right from the start. The important thing at this level is understanding the fundamentals of the serve, such as developing a good throwing motion, and a consistent ball toss. If you don't have experience in a sport that requires throwing, you should learn this.

Also, remember that your serve can only be as good as your toss. If your toss is poor, you will have to bend and swing your racquet awkwardly to hit the ball. A poor toss also makes it virtually impossible to develop a steady and effective service rhythm.

Stand on the baseline, your non-dominant shoulder pointing at the net, one leg forward one leg back. Using your dominant hand, throw the ball into the service box. Rotate your shoulders and allow your back leg to follow through. After 20 repetitions, use the same motion as you serve with the racquet. Only this time, instead of throwing the ball, you will be (like) throwing the racquet to the ball.

THE TOSS: Hold the ball with the tips of your fingers and lift and release the ball, just to the right side of your body and approximately an arm's length ahead of you. The toss should be a little higher than the top of your reach when your arm is fully extended. The higher the contact point, the more leverage you will have, and, as you develop a consistent ball toss, this will enable you to have a more natural and smooth service motion. You also need to develop strength in your arm and shoulder. It will be helpful as well, to practice throwing a ball like a baseball pitcher does, adding a little snap as you release the ball.

Next month I will talk about the serve for intermediate and advanced players.

See you on the courts!

Readers' Choice Winner
2013, 2012, 2011, 2010, 2009, 2008
Citizen

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Women's Bible Study

By Lynne Roder

A women's Bible study will begin Friday, Sept. 27 and continue until May 2014. We will meet in the Arbor Conference Center,

Suite A, every Friday, from 10 to 11:30 a.m.

Lynne Roder, a qualified and experienced Bible teacher, will lead the study. Our focus will be the Gospel of Luke.

A study guide will be available for each participant for \$9. If you have any questions, please call Lynne Roder at 873-2668 or (702) 338-9474.

www.OnTopoftheWorldInfo.com

Candler Hills, Restaurant

(352) 861-9720

www.CandlerHillsRestaurant.com

OPEN TO THE PUBLIC • Open normal business hours on September 2, 2013 (Labor Day)

Dates to Celebrate

Stop by Candler Hills Restaurant on these dates to taste some unique eats!



NATIONAL GRANDPARENTS DAY
Sunday, September 8, 2013
We honor all of our grandparents with a free homemade dessert with each entrée purchased. Coupon must be presented.

NATIONAL CHEESEBURGER DAY
Wednesday, September 18, 2013
Enjoy a juicy 1/2 lb burger cooked to perfection.

FIRST DAY OF FALL
Sunday, September 22, 2013
We will be offering some new menu items this fall. Try butternut squash, acorn squash, turnips, homemade pumpkin and sweet potato pies, just to name a few.

VIP Dining Members receive member discount.

HAPPY HOUR

Monday through Saturday
4 p.m. - 7 p.m.

Sunday
4 p.m. - 5 p.m.

\$2.50 Beer, Wine and mixed drinks.

VIP Dining Members receive member discount.



Happy Grandparents Day

We honor all of our grandparents with a free homemade dessert with each entrée purchased.



FREE Dessert
with each entrée meal.

Valid Sunday, September 8, 2013, from 11 a.m. to 3 p.m. at Candler Hills Restaurant. Must present coupon. Not valid with any other offer. Dine in only.



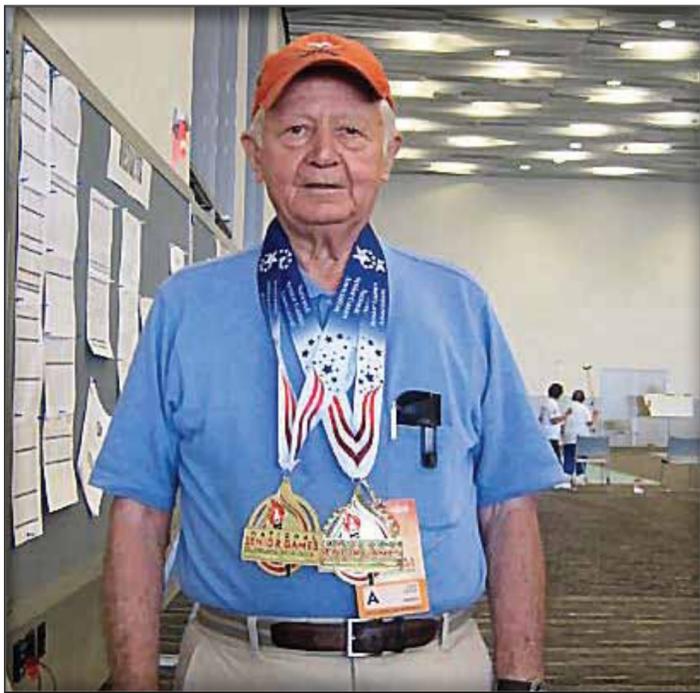


Photo by Rob Robison

Shuffleboard player, John Mataya, winner of two gold medals at the Summer National Senior Games in Cleveland, Ohio.

Shuffleboard

By Grace Rohde

The 2013 Summer National Senior Games, hosted by Cleveland, Ohio, took place from July 21 to Aug. 1. They stated that there were over 10,000 participants, ages 50 and older, from all 50 states to compete in 19 medal sports.

Florida Sports reported that Florida had 568 athletes who participated in the event. Resident John Mataya was a winner of two gold medals in the shuffleboard competition from July 29 to 31.

John won his first gold medal in the singles competition for ages 85 to 89. The second gold medal he won in the doubles competition, also ages 85 to 89, with Jeff Smith from Germantown, N.C.

The shuffleboard competition took place in the Grand Ballroom at the new Cleveland Convention Center. John mentioned that they had nice rolled-out plastic courts taped to the carpet. The courts were then sprayed with beads that made the discs go very fast. He said that this resulted in making it almost impossible to put your opponent's disc in the kitchen.

In addition, the drift on the courts also caused the discs to go off the courts. John found that the "hammer" became his most

important shot.

To become eligible for the Summer National Senior Games, John qualified at the state level in Lakeland, Fla. in December of 2012 by winning a third place bronze medal in both the singles competition, ages 85 to 89, and also in the doubles, by teaming up with Ron Carr from Clermont.

This is John Mataya's third time that he has competed in the Summer National Senior Games. In 2009, he played in California where he won fourth in singles competition and won gold in doubles with resident, Vernon Uzzell. In 2011, Texas hosted the games and John won the silver medal in the singles competition.

The next Summer National Senior Games will be held in Minneapolis, Minn. in 2015 and John is looking forward to competing once again.

If you are interested in preparing yourself to qualify for the next Summer National Senior Games in 2015, you may want to try the county and state level games that will be taking place soon. At the county level, The Villages Senior Games will take place on Oct. 11 to 13. The state games will be held in Lee County, City of Cape Coral, from Dec. 7 to 15.

If you have any questions or are interested in playing in either or both of these games, you can contact John Mataya at 237-9692.

The WOW Factor

By Nancy Grabowski

WOW, you say? Of course, that is Women of the World and we are revving up to begin our 32nd year! It may be hard to imagine but we are the oldest yet biggest organization in On Top of the World, boasting over 300 members.

From the beginning our purpose has been to give and to serve. Our club supports a different charity at each month. Our meetings are held on the first Friday in the Health & Recreation Ballroom. Light refreshments and social interactions precede the meetings.

The welcoming committee greets members and visitors with a warm smile and friendly word. A woman may arrive alone but she will leave with at least a table of new friends.

A portion of each meeting is dedicated to a speaker usually from one of our charities. In September, December, and May the speakers are replaced by entertainment. This month's entertainment is local celebrity Chip Morris. You are guaranteed a laughing good time as he shares some of his funniest moments from radio, the Ocala Civic Theatre, and his gig as emcee at the Circle Square Cultural Center!

Our charity for September is Operation Shoebox, which provides "goodie bags" for military personnel overseas. There are collection spots in the Health & Recreation Building as well as in the Arbor Club. Donations are picked up regularly, stored, and then delivered to Operation Shoebox. Chairwoman of this committee is Marsha Vieu, 237-4164, who can be contacted for more information.

What do we as volunteers receive in return? Here is an excerpt from a February 2013 letter: "Greetings from Qatar. I just wanted to send a "thank you" your way for

thinking of us and taking the time to sew and put together goodie bags for us. My favorite item in the bag was the single star from the American flag along with the saying. I took it out of the little plastic bag and laminated it and I carry it with me every day in my uniform. It's nice to know folks back in the States appreciate what we are doing. Thank you once again. May God bless you and yours as well."

And, yes, there is more to be done! One of the most requested items is the simplest to give: a handwritten thank you note is included in every care package; we are always in need of those. Notes and/or postcards can be dropped off at our collection spots. Also, you can meet and speak to Operation Shoebox personnel at the Sept. 6 Women of the World meeting (12:30 p.m., Health & Recreation Ballroom). Why not come and bring a little something for the troops with you?

Our efforts don't stop there. Each year we hold a fashion show and luncheon to support Hospice of Marion County. The theme remains a secret for this year, which means you must come to be amazed by the talents of our committee, headed by April Pollard. Last year, we raised more than \$5,000. Our goal is to surpass that once again when March rolls around.

Women of the World is youthful and vibrant! It is open to any women in On Top of the World. We are ready to welcome you!

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Candler Hills Men's Golf

By Joe Alfano

Has it gotten to you? The heat that is. It sure as heck has gotten to me. Just the other day on the first tee, I got to thinking (which in itself is dangerous), "My body is here but my mind has already teed off." Not much one can do except to keep hydrating, hydrating and then hydrate some more!

We continue to welcome new members to our merry band of gentlemen golfers, and so to latest member Keith Nesbit; welcome and we hope you enjoy the experience. We may be a mixed bag of personalities and peculiarities, but we hold to the age-old adage that there are three joys of golf: how you play, when you play and who you play with – and the first two are over-rated! Anyone interested in joining such an organization can contact me at tjalf8371@yahoo.com for more information.

Someone was once heard to say, "An interesting thing about golf is that no matter how badly you play, it is always possible to get worse." Not concerned in the least with that occurring this past month was Walt Pacuk (72), Pat Clayton (74), Bill Anger and Tom Garrison (75), Dave Martin (76), RL Moore (77) and Garry Gerlach (79). Well done "whackin' yer featherie" lads!

Members should keep in mind that on league days your association pays out in restaurant credits for gross eagles, shooting your age and hole-in-ones. Please keep that in mind and report those accomplishments to any board member for recognition. Sorry guys but we will not pay out should you

garner the Horton Haberdasher Award on Tuesdays. The recognition should be in and of itself enough of a just reward.

May I also suggest to all those winners that you give credit where credit is due and thank your better half for laying out those outfits the night before! For without their help and expertise, the only award many of us would win is the "Hamper Award."

We are making one small change come our Labor Day celebration on Sept. 3. We will play the Four-Man Quota format that was previously scheduled instead of a Ryder Cup format. Members can take a deep breath as we will still provide food and liquid refreshments after the round to all those who compete that day.

As always, I continue to wish everyone a life full of "nothing but fairways and greens my friends, simply fairways and greens."

Two-Man One Net Stableford July 16

Martin Flight: 59–Walt Pacuk & Stan Jarmel; 61–Dave Miller & Ed Pozsony.
Lewis Flight: 60–Roger Whittle & Ray Deluca; 62–John Menzies & Jim McGrath.

Individual Stableford July 30

Tinker Flight: 42–Walt Pacuk; 41–Larry Rackstraw; 40–Steve Rice & Joe Alfano.
Evers Flight: 42–Tom Martinetto; 40–Mike Romm; 37–John Menzies.
Chance Flight: 44–Ed Vilorio; 37–George Strob & Rich Vullo.

Four-Man Two Best Balls Aug. 6

123–Dave Martin, Dave Miller, Tom Martinetto & Charlie Tichy. 124–Al Wassmer, Dan Gill, Tim Beaty & Bob Cowie and RL Moore, Joe Jingco, Joe Mandala & Joe Alfano.



Candler Hills Ladies 9-Hole

By Judith Parisi

Kudos to all the ladies who braved the elements and played during the summer. As we look to fall, cooler days and the return of our vacationers and snowbirds, we hope to see more of our members at weekly play.

We also hope that those in our community who are not members might consider joining with us. League play is a wonderful way to meet other ladies and enjoy a fun round of golf and good conversation at the "19th hole" as we discuss the agony and ecstasy of our round. For more information on joining, contact our league President Gail Ambrose at gambrose39@aol.com.

Each week, we play a different format, which you can find in the calendar section of our website: www.chlga9-shutterfly.com. We have a games committee chaired by Quinn Clayton and includes Deb Malo and Kathy Hall. They have put together a great assortment of games for the months ahead. Added to the website is a section "The Games We Play" that will explain the different formats.

A thank you to our board and committees that have been working diligently behind the scenes this summer to make arrangements for special events that will be rolling out shortly – from invitationals to holiday gatherings. A special thank you goes out to Eleonora who works on keeping our roster and calendar up to date and communicating that information with the league members.

Ginny Redden has been very active in coordinating invitationals and special events for us. She is coordinating our participation in outside invitationals – to include: Sept. 25 at Hacienda Hills at The Villages (registration deadline – Sept. 5), and

Oct. 31 at Eagle Ridge at Spruce Creek Golf and Country Club in Summerfield (registration deadline – Oct. 3).

Ginny and her committee also announced the CHLGA-9 hosted invitationals on Thursday, Oct. 24 here at Candler Hills. The event titled, "Loudest Colors of Fall," will feature a 1 p.m. registration, 2 p.m. shotgun with a modified (step-aside) scramble followed by dinner. You are being challenged to wear your loudest colors and patterns.

Invitationals are such fun events – we meet ladies from other courses and play interesting formats, enjoy a nice meal, have the opportunity to bid on or take a chance on varied baskets of goodies, and even win gifts.

Let's welcome to our league a new member – Linda Buschur. We are so happy to have you join us.

Scramble July 18

44–Pat Gill, Marcie Hock and Pat DeLuca; 45–Julie Crudele, Debra Massari and Sharon Morse; 45–Marianne Ingwersen, Susan Pleinis, and Eve Harvey.

Three Clubs and a Putter July 25

Flight 1: 36–Marianne Ingwersen.
Flight 2: Tie at 38–Mary Giannukos and Marcie Hock.
Flight 3: 30–Gail Ambrose.

Red/White/Blue Aug. 1

40–Dianne Masterson, Mary Giannukos, Marcie Hock, and Marilyn Mizrachi & Marguerite Piotrowski, Jennifer Boyd, Eleonora Buba and Eve Harvey.

Three Blind Mice Aug. 8

Flight 1: 22–Linda Buschur, 26–Diane O'Brien.
Flight 2: 24–Kathy Hall, 26–Rhonda Brooks and Julie Crudele.
Flight 3: Gail Ambrose, 24–Debby Malo

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Candler Hills Ladies 18-Hole

By Joan Gustafson

The Candler Hills Ladies Golf Association is very excited about our new website, which is up and running as of July 25. All of our events, news, schedules, photos and results of league play will be displayed on this website.

Also, we will be able to sign up for league play on Thursdays, with online sign up. This makes it easier for all members to sign up from home. Online sign up ends every Tuesday at 5 p.m. We encourage all members to go to the website and see how user friendly it is to obtain all this information. Special thanks for setting up this website goes to Sue Watters and her committee.

On Thursday, July 25, the Candler Hills Ladies Golf Association invited the On Top of the World Ladies 18-Hole Golf Association to our course for an invitational golf event. We had a nice group of ladies from On Top of the World Golf Association attend and have a fun day of golf.

The LPGA Girls Golf Club in conjunction with The First Tee of Greater Ocala has been having class sessions here at Candler Hills Golf Club every other Friday under the direction of Denise Mullen, LPGA head golf professional. Kudos go out to our Candler Hills Ladies 18 Hole Association who have provided volunteers to assist these clinics. Denise wanted to express many

thanks to all the support the Candler Hills Ladies Golf Association has given The First Tee Program here in Ocala. It is wonderful to see a flourishing junior golf program! Until next time, "hit them straight."

Low Gross/Low Net July 18

Flight A Gross: 80–Connie Norris.
Flight A Net: 70–Su Freeman.
Flight B Gross: 84–Donna Smith.
Flight B Net: 73–Janet Juhlin.
Flight C Gross: 92–Gail Banavige.
Flight C Net: 67–Vicky Salyers.
Flight D Gross: 97–Carol Venslavsky.
Flight D Net: 67–Gail Schultz.

Shamble Two Best Balls Four July 25

106–Deb Martin, Betty Dong, Gail Banavige, Jo Apperson. 110–Joan Daddio, Christine McIntire, Marge Cowie, Pam Monk. 111–Kate Beaty, Gretchen Normandin, Geri Treppa, Donna Liphardt
116–Bev Ovrebø, Patty Ware, Carol Clark, Fran Griswold. 116–Connie Norris, Susan Rhodes, Mia Kolar, Vicky Salyers.

Stableford Individual Aug. 1

Flight A: 41–Mia Kolar; 40–Deb Martin; 37–Tona Scheibal.
Flight B: 42–Donna Smith; 41–Kate Beaty; 37–Gail Banavige.
Flight C: 37–Angie Jingco; 36–Carol Clark; 34–Joan Gustafson; 34–Olyong Dicus.
Flight D: 45–Carol Venslavsky; 35–Heddy Racinowski; 34–Sandra Noe.

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Ladies 9-Hole Golf

By Lorraine Rourke

We have had a steady group of hardy summer golfers and soon our snowbirds will be returning to join us. Do keep in mind with the heat to take wet towels and drink lots of water.

We have numerous volunteer positions that need to be filled to insure our club runs smoothly. There is a sign up list on our bulletin board, so please check it and sign up to help. It's a great way to meet folks. As the



Ladies 18-Hole Golf

By Marilyn Rose

The summer is winding down and we are ready for the weather to get a bit cooler. I hope that your summer has been a good one. All of us have been busy with travel.

We have new ladies joining us and I will try my best to get all the names in so that you can introduce yourself to all of these wonderful ladies.

Shamble—Two Best Balls of 4 July 23 / Candler Hills

Tee #3A: 106—Deborah Martin, Betty Dong, Gail Banavige, Jo Apperson.
Tee #9: 110—Joan D'Addio, Chris McIntire, Marge Cowie, Pam Monk.
Tee #3B: 111—Kate Beaty, Gretchen Normandin, Geri Treppa, Donna Liphardt.
Tee #4A & #10A: Tie at 116—Bev Ovrebø, Patty Ware, Carol Clark, Fran Griswold and Connie Norris, Mia Kolar, Susan Rhodes, Vicky Salyers.

Visually Impaired

By Lee Wagner

Through the combined efforts of the Foundation Fighting Blindness (supplying money for research) and Second Sight Medical Products (developing the new "bionic retina"), we finally have the okay from the U.S. Food and Drug Administration, which granted the approval of Argus II, the newest retinal prosthesis.

By using this marvelous instrument, patients who are totally blind have been able to distinguish doorways, flatware on a table, sidewalks, city lights, etc. It actually permits only rudimentary vision, but imagine what kind of quality of life this affords to someone who has seen nothing at all.

It will, of course, also help patients who have varying degrees of vision loss to see better.

saying goes, "many hands make little work."

Also it is time to think of renewing your membership with the nine-hole league. If you plan to return, we have a sign up list on the bulletin board, which is then used in our book. Please make sure your name, phone number, and e-mail are on it. Membership is \$1. Please make check payable to On Top of the World Ladies 9 Hole League or cash placed in envelope with your name on it in the box near the bulletin board.

Reminder for those returning, our weekly prize money is now \$2 with the chip-ins 25-cents. Mark your calendars for Oct. 8 - this will be our first meeting right after golf in the Health & Recreation Ballroom. Come meet new members, visit with old and find out what is going on in the coming season.

Low Putts, Gross Scores July 30 / The Links

Flight 1: 27—Gretchen Normandin; 30—Bev Ovrebø; Tie at 32—Deborah Martin; Linda Blewitt.
Flight 2: 27—Peggy Borro; 30—Rosemarie O'Neil; 32—Valerie Smith; Tie at 33—Mary Muller, Sandy Chase.
Flight 3: 33—Mary Jane McAtee; 34—Susan Watters; 35—Mary Lyon.
Flight 4: 30—Rose Hoovler; 33—Velma Rose; Dea Johnson.

Odd Holes / Net Aug. 6 / Tortoise & Hare

Flight 1: 27—Joan D'Addio; 28—Linda Blewitt; 31—Bev Ovrebø; 32—Harriet Hawkins; Tie at 33—Gretchen Normandin, Valerie Smith.
Flight 2: 28—Rosemarie O'Neil; 31—Janet Juhling; Tie at 32—Chris McIntire, Peggy Borro.
Flight 3: 26—Susan Watters; Flo Emanuel; Tie at 33—Harriet Brower, Geri Treppa, Mary Jane McAtee.
Flight 4: 28—Dea Johnson; Tie at 29—Rose Hoovler, Shirley Smagner; 30—Marilyn Rose.

Hope to see you on the course. Be sure you bring a snack, a lot of liquid to drink when you come to join us on Tuesday morning. We'll be looking for you.

There are companies all over the world that are getting into the artificial retina arena. Clinical trials are underway in Germany, Hong Kong and the United Kingdom. They are planning to extend the study to the Wilmer Eye Institute in Philadelphia, Penn. More groups are working in Australia, Israel, and Japan. It seems as though this field has become really busy. There will be more to write about in the next months, so stay tuned.

Patricia Woodbury of the Citizens Emergency Response Team will be the speaker at our September meeting. So come and hear what she has to tell us - should be informative. Also for those of you who know John Calella - John will be visiting us from New Jersey that day. So come and have some time with him.

We will meet the second Tuesday, Sept. 10, at 1:30 p.m., in Suite H at the Arbor Conference Center. If anyone has questions, please call Lee Wagner at 237-4843. Hope to see you there!



Men's Golf Association

By Paul East

Here it is the month of September, in which we celebrate Labor Day and the traditional end of the summer season. It's certainly been a hot and rainy season.

The 17th green on the Tortoise & Hare is looking very good and we should be seeing that opened sometime in early September. It sure will be nice to be able to play that hole as a true par four. Thanks to the maintenance crew for all the work they did in rebuilding that green.

This month is also the time we start to see the migration of the snowbirds. We welcome them back and look forward to them swelling our ranks on Wednesday morning.

We would also like to welcome two new members: Jerry Ashe and Joe Hawkins. Gentlemen you have joined a great organization and we look forward to your participation.

September is also the month we post the sign-up sheet for those interested in serving on the MGA board of directors. As in the past, we have three positions that are up for election. Please remember this organization does not run itself, we need your participation. The sign-up sheet will be posted on the bulletin board where the Wednesday pairings and results are posted. The election for the new board members will take place during October's Chicken Day.

Just another reminder for September's Chicken Day, once you sign-up, you need to put \$10 in the box in the member's lounge. \$8 is for lunch and \$2 is for muligans for Hospice of Marion County.

Also concerning Chicken Day, I would like to thank all the ladies who come and serve lunch. Rose McGarry does the coordination and the phone calls, without the ladies, Chicken Day would not be what it is.

During this month, Director of Golf Matt Hibbs, will be holding a meeting to discuss the various events our golf staff will be offering in the coming year. In my discussions with Matt and Russ, they are excited about the new events they have planned for us. In October's column, I will report on what might be coming our way in 2014.

There may be some new rules of golf for seniors. One being, "A ball hitting a tree shall be deemed not to have hit the tree. This is simply bad luck and luck has no place in a scientific game. The senior player must estimate the distance the ball would have travelled if it had not hit the tree and

play the ball from there." Have a safe and happy Labor Day.

Individual Net July 3 / Links

Flight 1: 64—William Young Jr. Tied at 65—Jim Weaver, Joe Quaranta, and Michael Krzeminski.
Flight 2: 60—Michael Almon. Tied at 67—James Merrick and John Bauer. 68—Ray Hellman.
Flight 3: 59—Paul East. Tied at 65—Art Frescura and James Moran. 66—Mike Driver.
Flight 4: 64—Ray Messer. 65—Jim Borro. 66—Douglas Coleman. 67—Sam Harris.
Flight 5: 56—Dale Budd. 64—Tony Capillo. 68—John Ricciardone. 69—James Delfraisse.

Shamble July 10 / Tortoise & Hare

233—Jon Hill, Phil Johnson, James Moran, and Harry Brower. Tied at 240—Wally Schilf, Michael Krzeminski, Don Noel; and Jim Weaver, John Bauer, Jimmy Johnson, Tony Capillo. 241—John Langville, Armando Pena, Art Frescura, and Carl Larson. Tied at 244—Ross Mac Donald, Tom Fragapane, Art Dushary, Keith Buckhold; and Guy Russell, Mike Driver, William Engels, Dale Budd.

Individual Quota Points July 17 / Links

Flight 1: 9—Joe Quaranta. 7—Al Wassmer. Tied at 5—Charles Casale, Joseph Bologna, and William Young Jr.
Flight 2: 7—Ron Cleveringa. Tied at 4—Steve Molnar and Tary Bole. 3—Michael Almon. Tied at 2—Art Buecher, James Merrick, Jerry Snyder, and Larry Chase.
Flight 3: 7—William Engels. Tied at 6—Mike Driver, Norm Lallier, and Paul East. 3—Phil Johnson.
Flight 4: 9—Jim Borro. 7—Jack Hegarty. Tied at 6—Don Noel and Jimmy Johnson. Tied at 3—Barry Barringer and James Moran.
Flight 5: Tied at 6—Peter Peterson and Robert Moravec. Tied at 5—Bill Walker, Sam Harris, and Tony Capillo.

Individual Stableford July 31 / Links

Flight 1: 46—Joseph Bologna. 44—Dennis Brown. 43—Michael Krzeminski. 42—Joe Quaranta. Tied at 41—Guy Russell, Rudy Normandin, and William Young Jr.
Flight 2: 48—Paul Del Vacchio. 47—Tom McHaffie. 44—Jim Weaver. 42—James Merrick. Tied at 41—Francis Caprez, Ron Cleveringa, and Steve Molnar.
Flight 3: 48—Jim Borro. 43—Ross Mac Donald. 41—John Bauer. Tied at 38—Norm Lallier and Phil Johnson.
Flight 4: 46—Don Noel. Tied at 42—Jack Hegarty and Tony Magri. 39—Art Frescura. 38—Edward Conaway.
Flight 5: Tied at 43—Dale Budd and Hira Roy. Tied at 42—Kas Kaske, Tom Cummings, and William Miller.

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Billiards

By Richard Impresa

The ladies league is under way once again and our team is leading the way this season. The ladies held a nine-ball winner-take-all tournament at the Ocala Palms poolroom last month.

Fifteen players from three different adult communities participated in the competition and our gals came through with flying colors. First place went to Diana Villars and second place went to Penny Wilson. Both ladies dominated the field with a combination of great shots and some very strategic "miscues" resulting in lock up safeties.

Speaking of lady pool players, I attempted to name my choice for all time greatest pool player in a previous column. One of the finalists listed was Allison Fisher. In the column, I mentioned that she was very precise and cautious in her approach to the game and that her male counterparts played a looser, faster game. That column caused me to reexamine my reasons for differentiating the men's and women's game.

So let's begin with personal observation. Several members of the Billiard Club attended a major tournament in Orlando a few years ago in which the top 64 players in the world competed. This was the first time I had seen women competing directly with men.

There were approximately eight women

in competition out of the 64-player field. All but one of the women was eliminated in the first round of play, and the lone survivor lost in the next round. If you conclude from that example that women can't compete with men, you have missed the point.

In my opinion, the pertinent statistic is that there were eight times as many men as women who were considered to be good enough to compete in this field. This is because there are probably 20 or 30 times more young men as women who are exposed to pool at a young enough age to become world class players later in life.

This talent gap has been narrowed in recent years, mostly thanks to a new generation of women players from abroad. Countries like Austria, Korea, Taiwan, China, Philippines, etc. have produced some world-class ladies for our game. Many of these players come from pool player parents and started to hone their skills at an early age. In addition to that, they seem to all have been in competition with men in their home countries.

The key is still practice, practice, practice. There just is no way around this fact. I believe that in the short term, expanded television coverage is the only thing that can salvage the sport. In the long term, it will take a generation of young players to expand the competitive field and make the game more attractive to the general public. Let's hope that more and more ladies learn about and support the growth of this great sport.

Make sure to congratulate Diana and Penny the next time you see them; they're both champs in our eyes. Until next time, keep stroking, and keep your tip dry.



Model Railroaders

By Paul Lewandowski

Summertime at On Top of the World offered many distractions from regular club activities. Many of our members went north and many of the members who remained took trips and/or had family visiting. In either event, activity at the room slowed during this period.

That does not mean that activity ceased, however. Members ran trains at irregular times and days rather than during "scheduled" run times. Also, members took the time to add details to structures and "little people" who populate the layout.

Many people wonder why we still "play" with trains. We do not look at it that way. We enjoy making a miniature world centered around trains. Speaking for myself, I like to make the miniature world look as much like the real world as my talents will allow. That means adding details to the scenery and structures to make it look as real to one of the figures on the layout as the real one would look to us. It also means adding figures and miscellaneous structures to the layout to make it look like real people are living and working in it.

Other members are dedicated to mak-

ing the engines and rolling stock look and work like the real thing. They may have lived near a major rail yard and watched the activities there many years ago, and want to try to make our trains run as realistically as the ones they saw "way back when."

In prototypical operation, railroads organize the cars in a train for easiest drop-off and pick-up at various waypoints on the route. On our layout, challenges can be set up to make up trains to specific manifests where freight cars are added in specific sequences to mimic actual railroad operations.

I know that in my case, I have fond (and some not-so-fond) memories of taking the train when I was young. I made several New Jersey-Florida trips and numerous short- and local (commuter-type) train trips.

Watching the trains work, looking out the window at the ever-changing scenes held a fascination for me that I still look forward to satisfying when I can. I can remember wondering which factories I could see from the train, because the functional, utilitarian, somewhat disheveled rear of the plants (sometimes with, sometimes without the name of the company) did not in any way resemble the neat, fashionable fronts that displayed a corporate logo and pristine image to the public driving by on the highway. I know I still look forward to my next long-distance train trip to relive those memories and see how things have changed (or not) over the years.



Stamp Club

By David Groves

It's almost here! What's almost here? Our annual stamp show!

Yes, the Ocala Stamp & Coin Show, sponsored by our General Francis Marion Stamp Club and the Florida Stamp Dealer's Association, will be held on Sept. 7 (10 a.m. to 5 p.m.) and Sept. 8 (10 a.m. to 3 p.m.).

This year's show will again be held in the Circle Square Cultural Center where 12 stamp dealers and three stamp and coin dealers will not only sell stamps and coins, but will also appraise them.

As always, admission to the show is free and will also feature free door prizes, free stamps for kids, and several very interesting stamp displays, created by our club members.

If you need any additional information, please contact Stan Lander at 369-8977 or slander3@otowhomes.com.

During our Aug. 7 meeting, club member Larry Fahy provided us with an interesting, well-researched topic of the philatelic impact of the World War II Nazi German and Soviet Russian invasions and military occupation of two small Baltic nations—Latvia and Estonia.

Larry's interest in these two nations was sparked by finding a series of Soviet Russian postage stamps—used by Latvian and Estonian postal services during the Soviet occupation in 1940—overprinted with the

words "LATVIJA/1941" when Nazi Germany occupied Latvia.

Larry showed us both the Latvian overprinted stamps and similar overprints that were used in Perna, Estonia.

These overprinted stamps were used until the Nazis were defeated and the two nations were incorporated into the Soviet Union in 1944.

After the fall and breakup of the Soviet Union, both Latvia and Estonia finally gained their independence in August 1991.

Members applauded this presentation of an almost forgotten aspect of World War II. Thank you, Larry Fahy.

If you are interested in the many fascinating aspects of stamp collecting or postal history, our club meets on the first Wednesday of the month at 1 p.m. and at noon on the third Wednesday in the second floor conference room of the Bank of the Ozarks on SW State Road 200 and the SW 90th Street entrance to On Top of the World.

Visitors are always welcome! And our annual membership dues are only \$6.

If you discover a long-forgotten family stamp collection, and are looking for information on either updating or disposing of your collection, please send an email to me at bigpooh@embarqmail.com or contact President Dennis Niemira at 854-0892 or dniemira5@aol.com. We'll do our best to help you.

For our stamp club brochure and/or a free "Guide to Stamp Collecting" kit, please contact Treasurer Joe Rosinski at 237-7366 or jrchr8850@embarqmail.com.

You are also invited to visit our website, <http://ocalagfstampclub.com> where you will find a calendar of meetings, info on selling stamp collections and much more.

CURBSIDE LANDSCAPE DEBRIS PICK-UP SCHEDULE

Monday*	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Americana Village Friendship Village Friendship Park 	<ul style="list-style-type: none"> Friendship Colony Candler Hills** Indigo East** 	<ul style="list-style-type: none"> Avalon Providence 1/2 Williamsburg 	<ul style="list-style-type: none"> Crescent Ridge/Green Renaissance Park Windsor

* Due to volumes, pick-up may extend into Tuesday
** Begins at 7:30 a.m.

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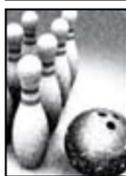
<p>SEPTEMBER 6 OTOW FAVS Recorded Hits</p>	<p>SEPTEMBER 7 COPPER CREEK Variety</p>	<p>SEPTEMBER 13 SSNAKEYEZ BAND Variety</p>
<p>SEPTEMBER 14 OTOW FAVS Recorded Hits</p>	<p>SEPTEMBER 20 OTOW FAVS Recorded Hits</p>	<p>SEPTEMBER 21 5 PM - 9 PM Italian food, music, entertainment and fun for everyone.</p>

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Bowling League

By Jerry Roney

The first bowling day of the 2013/2014 is Monday, Sept. 9. Please arrive by 2 p.m. as we will have our customary pre-season meeting. Subjects will include introduction of officers, new bowlers, review and approval of by-laws, where to hold our April banquet, review and approval of financials and holiday breaks. We will have six new bowlers and a few changes to team members.

Please arrive by 2 p.m. so we can take care of business prior to enjoying our first day of season bowling.

www.OnTopoftheWorldInfo.com



Softball

By Bill Leon

We are now two months into the summer softball league and there hasn't been much of a change in the standings. The Ceberth Wealth and Overholser teams continue to battle for first place.

Ceberth Wealth has moved into first place, but showed some signs of weakness as they lost on Wednesday to the Wise Way team. The Wise Way team has begun to show some spunk winning their last two games against the two top leaders.

We are happy to see that we are beginning to see more players. If interested in playing, call 873-0538 and leave a message if there is no answer.

Team	Won	Lost	Tie
3-Ceberth Wealth (Bill)	10	5	1
2-Overholser (Roger)	9	6	
1-Wise Way (Jimmy)	7	8	1

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Sidekicks Western Dance Club

By Tony & Carla Magri

Anticipation is in the air for the Sidekicks as we look forward to the start of another dance year. We are always happy to welcome new members to our dance family, and Tuesday, Oct. 1 is the date for our newcomers to start to learn the basics of country western partner dancing. We'll meet at the Health & Recreation Ballroom from 6 to 8 p.m. Please join us and see what we're all about. It's fun, and good exercise.

The following week, Tuesday, Oct. 8, will be the official start of our dance year. Beginners will dance from 6 to 7 p.m. and our

more experienced (intermediate) dancers will take the floor from 7 to 8 p.m.

Our beginners will have several new dances this year as well as the old favorites. There will be new dances for our intermediates as well, along with re-teaches of many of our often-performed dances.

We will continue our tradition of Sunday practices and, of course, dance at The Town Square on the weekends.

Please plan on visiting us at the Club Fair on Thursday, Sept. 26, at the Health & Recreation Ballroom. We love meeting prospective new members.

For information, call Carla and Tony at 873-8387. Visit us at <http://patterndancers.wix.com/sidekicks> and watch our instructional videos on www.youtube.com (type ro67ger in search box).

Happy trails ...



Square Dancing

By Walter Lamp

On Tuesday, June 25, we had our annual graduation exercise of all the members of our beginners class. We held a candle lighting ceremony, which symbolizes the four cornerstones of square dancing. Then the diplomas, information packets and club badges were distributed. Members include Rose Rigby and Paula Verenski and a few others who were there for a refresher course, as they have been out of square dancing for a while. A special cake was ordered for the occasion and all the dances that night included the newest members. We look forward to seeing them in the fall on Tuesday nights.

On Tuesday, July 2, we had our last dance for the season. It was our red, white and blue dance, celebrating America's 237th birthday. We had numerous flags, and danced to some great American favorites. We also had a picnic. This was a happy way to close out the season.

And, while we were closed for two

months, some clubs around central Florida remained open. Some of our members took advantage of this and enjoyed dancing with other dancers in Florida.

Our new slate of officers will take over in September. They include: Bob Lockwood, president; Skip and Carol Spencer, vice presidents; Jim and Mary Jo Hammond, treasurers; Ernie Kelly, secretary; and Bill and JoAnn Stockmaster, beginner class coordinators.

Our first dance of the new season is Tuesday, Sept. 3, in the Health & Recreation Ballroom. This is our annual sports t-shirt and pie night. We encourage all members and guests to wear their favorite team shirt. And, of course, the pies are for dessert. Last year, we had a wide assortment of pies. We also are going to host members from four different central Florida square dance clubs. So stop by, have a piece of pie and root for your favorite team.

On Tuesday, Oct. 1, we happily sponsor our annual free fun dance night. This is the annual quest in search for new members. We invite all to come and try their hand at some basic square dance moves. Besides the actual dancing, we invite all newcomers to join in the laughter and fun also. And, if you enjoy what you are doing, you might sign up for our beginners class, starting the following week.



Ballet Club

By Eugenie Martin

This fall, the Ballet Club will be participating in the annual Club Fair in the Health & Recreation Ballroom on Thursday, Sept. 26, from 10 a.m. to 1 p.m. If you drop by our table, you will be able to see photos of us, hear beautiful ballet music and look through some books about ballet. As you talk to our members, you will hear our personal "ballet stories" - how and when we

first got involved with ballet, and what we each believe it has done for us and continues to do. We look forward to seeing you!

Our classes, which are free, are held four times each week in the Arbor Club Exercise Studio adjacent to the indoor swimming pool. Class times are Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2 p.m., and Saturdays from 9 to 10 a.m.

If you want to try a class, you don't need ballet clothes at first. To start, all you need are knit exercise clothes, socks and a bottle of water. Newcomers are always welcome, but it is a good idea to call in advance so that we will be expecting you. If you want to attend a class, or want some information on our classes, please call me at 854-8589. Happy dancing!



Ballroom Dance Club

By Richard P. Vullo

The new dance season is upon us. The Dancin' On the Top committee of the Ballroom Dance Club has scheduled the following dates for dances: Sept. 21 with Solid Gold, Nov. 16 with Karen Hall, Dec. 31 with Automatic, Feb. 15, 2014 with Karen Hall and April 19, 2014 with Automatic.

The theme for our September dance is cruising. The dress is cruise casual and the ticket cost is \$8 per person. Complementary coffee and sweets will be available during the dance. For more information about attending the September dance, please call either Gene Melnick (304-8293) or Paul McIntyre (873-2873).

On Monday, Sept. 9, we are resuming our ballroom dance lessons with Trish Sands at the Ocala Health Senior Health & Wellness Center, next to the Customer Service outside the main gate. For September,

the dance style is fox trot. For more information, please call Dick Vullo at 854-6772 or Trish Sands at 216-1657.

There are many local venues that provide dancing opportunities throughout the year. For more information about dance lessons and dance venues, please check the website for USA Dance at www.usadanceocala.com.

This month on Friday, Sept. 20 Happy Hour will be held at the Health & Recreation Ballroom instead of the Arbor Club Ballroom. This will give everyone the opportunity to dance and socialize with their friends in a much larger facility, with a better sound system for listening and dancing. Let's continue supporting these dances.



Line Dancing

By George Conklin

The new line dance season starts on Monday, Sept. 9 with classes running through June 2014.

Marilyn McNeal (www.rhythm-in-my-soles.com) teaches locally and at major dance events here and internationally. She will teach the following classes every Monday:

- 3 to 4 p.m. - Improver plus "easy intermediate" classes;
- 4:15 to 5:15 p.m. - Level one/beginner;
- 5:30 to 6:30 p.m. - Newcomer/beginner.

You may sign up for Marilyn McNeal's classes in the Health & Recreation office. The cost is \$10 per month. If you have not signed up, it is not too late, so please do.

Intermediate dance instruction is taught on Mondays by Nancy Carmack in the Health & Recreation Fitness Center, from 1 to 2:30 p.m. Nancy's class will be limited in number due to the size of the room we dance in and the dances we will be learning. Please call Nancy if you want to try the intermediate level dances.

Resident-led dancing and instruction is taught by Janice Meade and Bob Ferguson in the Health & Recreation Ballroom on Mondays, from 12:45 to 2:45 p.m. Their class is for level two and easy intermediate dancers.

Which class do I sign up for? If you have never line danced, it's easy, sign up for beginner class. If you have prior experience, try the instructor and level you think is right for you. You can always move up or down if you picked the wrong one.

Last year was very eventful, Marilyn McNeal joined us as On Top of the World's



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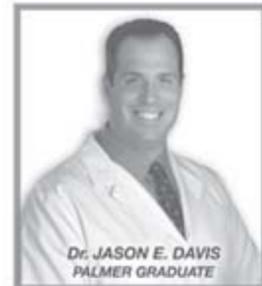
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Art Group

By Anne Merrick

The Art Group is showing the work of newcomer Regina Kyle in the Art Studio through Sept. 10. Regina, who arrived in Ocala in June, is the sister of Betty Kyle, a resident for seven years. She owned an art gallery on Cape Cod for several years and has lived, worked and traveled to many parts of the world.

She has used the arts in teaching both children and adults. As a graduate student, she was lucky to receive a Fulbright Fellowship for study at the Shakespeare Institute in Birmingham, England. The first thing she did on arriving in Birmingham was to purchase an easel, canvas and acrylic paints. She painted and photographed new places extensively during her two years in Europe.

After the floods in Italy in 1966, she

worked with the Red Cross in Florence. She also helped with cleaning some of the damaged artwork in the city.

Throughout her career in higher education and her work as a consultant on education, the arts and economic development, Regina expanded her approach to creating art. From painting in acrylics and photographing landscapes, she moved on to the mixed-media approaches to two- and three-dimensional work.

Her interest in ancient jade in China led her during her years on Cape Cod to the creation of unique necklaces, using vintage and antique jade, fine silver from the Karen tribe in Thailand, and other components from artists across the world. She also developed a line she calls Serenity Beads, similar to prayer beads and worry beads, used by religions in many different cultures. These are made from vintage, antique, and ancient Chinese jade and semi-precious stones with symbolic meanings. Regina also designs Serenity Beads as full necklaces when her clients commission these.

The arts have played an important role in Regina's life. She became convinced several years ago that we do not always realize how important all of the creative arts are to us as individuals and to the communities we live in. She is working on a book entitled, "Transforming Our Lives, Shaping Our Communities," which will focus on both personal development and learning, long-term good health, and the role of the arts in building strong communities through economic development. We welcome her to our group.



Display of Regina Kyle's art.

Photo by Anne Merrick

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Concert Chorus

By Bill Shampine

The science of conducting musical scores has changed a bit over the years. Did you know that the first documented music conductor, Jean-Baptiste Lully (1632-1687) pounded a six-foot long staff on the ground in time with the music? Although Christine Douglas, the conductor of the Concert Chorus occasionally might like to use a six-foot staff to get our attention, she instead successfully engages us through her adroit use of humor, skill, and talent. The chorus is really lucky to have her working with us.

Well, summer break time is over. By the time you read this, rehearsals for the Christmas concert will have started. We began on Tuesday, Aug. 27, and will rehearse every Tuesday morning from 9:30 to 11:30 a.m. in the Arbor Club Ballroom.

This year, the Christmas concert will be in the Health & Recreation Ballroom on Saturday, Dec. 7, at 3 p.m. Please mark your calendars! We have some new music for this year, and I feel safe in guaranteeing that you will enjoy the show. Be there or be square!

As with most groups within our community, we have had a few members drop out for one reason or another, and a few new members have joined our little family of about 40 singers. We always are looking for new folks, so, if you think you might be interested in joining the chorus, we would be happy to tell you all about ourselves. For more information, please call Joan Stenson at 873-0340.

Our featured chorus member this month is Dixie Hogarth. Dixie was born in Ohio, but she moved around a bit while growing up, ending up in Florida in 1954. She graduated from the University of Georgia (go Bulldogs) with a degree in business. She worked for Burger King Corporation for many years, and retired in 1990. After 15 years as a retiree, Dixie got bored and decided to work as a cashier for Wal-Mart. That lasted for five years, when she retired for the second, and presumably the last time.

She moved from Miami, Fla. to On Top of the World in 1990, and soon got into the singing business. Dixie sang a bit while in school, and in some church choirs over the years. At On Top of the World, she joined the Swinging Singing Seniors and later the Concert Chorus. She has a very nice alto voice and is a great addition to the chorus. We are very grateful that she has chosen to sing with our group.



Photo by Bill Shampine

Dixie Hogarth.

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Sewing Bees

By Linda Lohr

The hive is hummin' even though several members are up north on vacation. Several new members have joined and we are thrilled to welcome them.

The Rags to Riches event will be here soon and we will have a biplane quilt for the drawing, which should be of interest to all members of the RC Flyers. We will also have several quilts for sale, such as the one pictured. All proceeds allow us to purchase

batting for the quilts so we may continue our labors of love for the children.

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Room, 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. New members are very welcome.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use!

Please contact Marcy at 854-1181 or LeeAnn at 854-7205 for more information. As always, the children and we thank you for all your support.



Photo by Linda Lohr

Quilt made by the Sewing Bees.



Artistic Crafts & Gifts

By Loretta Troutman

Our crafters will return to their usual schedule starting Tuesday, Sept. 3. Thereafter, we will be in the Health & Recreation

Ballroom every Tuesday from 9 a.m. to noon. Some of us have traveled to visit family and friends this summer but have found time to work on our favorite items and add some new ones.

We are anxious to see all of you again and share our pretty and useful items with you. For those of you, who have to mail packages to family and friends, it is not too early to start your Christmas shopping. Remember we will be in the Health & Recreation Ballroom every Tuesday from 9 a.m. to noon.



Rubber Stamp Greeting Cards

By Linda Lohr

Our presenter for August was Marie Johnson. She demonstrated a great cowgirl card and a thinking of you card. We thank Marie for her time and generosity. The cards will be greatly appreciated by the recipients.

Our group is open to all crafters, beginners or those more experienced. One or two people do a presentation each month. The group usually meets the first and third Thursdays of the month, unless the demonstrator requests other arrangements.

There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, please call Kathy at 237-6439. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!



Photo by Marie Johnson

Cowgirl card.



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Red Hat Society

THE GLITZY GALLS: Our recent luncheon at Pavarotti's Pizza & Restaurant with hostesses QM Mary and Caroline was well attended and a very enjoyable meal. We spent time catching up on summer trips and vacations.

QM Mary thanked all the girls for their generous support in providing eight backpacks and a wide variety of school supplies for the school children at Project Hope. Plans were started for a Christmas party for these children with Carol and Betty in charge of this event.

Some of our upcoming activities to be enjoyed by some of us include the Red Hat Society Straz Experience – a one-time event at the David A. Straz, Jr. Center for the Performing Arts in Tampa, Fla. This event is especially for the Red Hat Society West Coast Queen's Council.

The Crystal Cruisers' 10th anniversary party at Seven Rivers Country Club will be a fun time.

"Laughter is a tranquilizer with no side effects." QM Mary Curry by Janet Wahl



Women of the World

By Pat Betts

I hope you enjoyed your summer and took advantage of all that we have available at On Top of the World.

Come join us on Friday, Sept. 6 when we begin the new season. Operation Shoebox will be our monthly charity and Marsha Vieu is the chairperson.

Some of the items needed are small travel size hygiene products, hard individually wrapped candy and ground coffee. You can find a complete list of items on their website at www.operationshoebox.com.

We also need volunteers to drive our donations to Belleview, please let Marsha know if you can help, she can be reached at 237-4164.

We will have a complete list of the monthly charities at the September meeting. If you already belong to our organization, you will be glad to know that our dues for this 2013-2014 season will remain at \$8 and can be given to Barbara Enos at the first meeting.

To kick off the season, we will be serving pizza and our guest speaker will be our very own Chip Morris in the flesh! With his

enchanting combination of wit and charm and don't forget his incredible good looks, well, I can hardly wait.

As you can see, your officers have been hard at work during the summer. We have so many things planned already and are coordinating this Spring Luncheon and Fashion Show. Your suggestions have been taken into consideration and I am sure you will be pleased with the results.

Last year was my first and I had a great time. We will be announcing the date soon. Be sure to mark it on your calendar.

WOW is committed to making a difference in our community but we can't do it without your help. Please consider volunteering for one of the many positions. There's something for every person no matter what your schedule.

We provide golf cart shuttles to and from the parking lot to the Health & Recreation Building each month. We need drivers willing to do this a few times a year. If you have some time and a golf cart, we desperately need you. We also need greeters at the doors. The greeters are the first impression that new members have of what we are like and as for the rest of us, sometimes we need a little fine tuning on our way in.

So remember to mark your calendar for Sept. 6, bring your items for the troops and don't forget to start collecting for our other charities. Buy one, get one free is my mantra.

Singles Club

By Lorraine Serwan

Welcome to the new season of the Singles Club. New president Cecelia Adams and the executive board have been meeting to plan our meeting activities and the mid-month excursions.

Our annual club birthday luncheon will be in October and our holiday luncheon in December. Entertainment or informational speakers will be at the monthly meetings. Some different activities and lunches at new restaurants are being arranged. If you have any ideas for trips, entertainment and or speakers call Cel Adams at 840-3969.

Come to our meeting on Thursday, Sept. 12, at 2 p.m., in the Arbor Conference Center, Suites B and C and sign up for any outings that interest you. Remember you must be a member of the club in order to participate. Dues are \$10 per year and are due and payable at the Sept. 12 meeting. Please bring a check or exact cash. We do not have change.

In order to have your name included in our member booklet your dues must be paid in September.

Please join us on Thursday, Sept. 12 and bring a friend. We always welcome new members.



LadyBirds

By Caren Kowalsky

A look at a calendar shows that it is almost time for our all-important first meeting on Friday, Sept. 13, at 9 a.m., at the Arbor Conference Center, Suites B and C. We are in need of a volunteer to handle refreshments for this meeting. If interested, please contact me. Don't forget to bring your own beverages. Please be sure to attend, as it is an important first meeting.

The R/C Fly-In is scheduled for Saturday, Oct. 5. We are in need of canteen service volunteers (one hour shifts between 8 a.m. to at least 2 p.m.). Please sign up at the September meeting.

It is time to clean out those closets and cabinets. The Rags to Riches event is scheduled to take place on Friday, Oct. 18, at the Arbor Conference Center. As usual, Cathy Fanelli will be sending an e-mail containing information, instructions, and a request for volunteers as the event date draws near. So please mark your calendars.

Marilyn Buss kindly planned our Wednesday, Aug. 14 luncheon at Stone Creek Grille. What a beautiful restaurant with delicious food, and wonderful companions - what a winning combination.

Once again, we will be planning our fall potluck for Saturday, Oct. 26. So, think of some fun activities for this event, and bring them to our September meeting.

Looking forward to seeing everyone. Have a safe and happy Labor Day.



Theatre Group

By Anne Merrick

My fellow thespians, cast and crew, we are almost ready to start rehearsals for "Murder on the Run." The first rehearsal date will be on Monday, Sept. 9, at 2 p.m., at the Candler Hills Community Center.

The first three rehearsals will be reading the script to make sure we are all on the same page. Once we start rehearsals in the mock-up stage setting, I would like the props people to be there plus anyone who would help us move tables and chairs for setup and takedown.

If you are a member of the Theatre Group, I welcome you to attend rehearsals to see how it all unfolds. The only restriction is no talking. If you would be willing to take care of the props, please call me and let me know. Rehearsals are on Monday, Wednesday and Friday from 2 to 4 p.m. I will have a calendar for each of you with times and places when we start.

The first board meeting of the new season is on Thursday, Sept. 5, at 10 a.m. in the room opposite Theresa's office. The general meeting is on Monday, Sept. 9, at 7 p.m. in Suites E and F at the Arbor Conference Center.

It will be time to pay your dues of \$5 for the 2013/2014 season; so bring your money and a snack to share. This is the bargain of the year since you will be subsidized for two celebratory, fun group dinners, one at Christmas and one at the end of the season in May. Any potential new people may come to this meeting and we look forward to meeting you.

We are looking for people who could do a bit of woodworking for our set. If you are able to do this for us, call me (Anne) at 732-0706.



View From The Library

By B.J. Leckbee

Born in 1874, Lou Hoover, wife of Herbert Hoover and first lady from 1929 to 1933, was the first woman to major in geology at Stanford University. The day after she married Herbert, they caught a ship to China, where he had accepted a job as head of China's mine program.

Within months they found themselves in the midst of the Boxer Rebellion, barricaded in their home. She ventured out at night on her bicycle, dodging bullets

as she rode to a hospital to help tend the wounded. The Hoovers managed to escape to England.

When World War I broke out, Lou worked with a committee to set up canteens, maintain a war hospital, and operate a fleet of Red Cross ambulances. Then, when Herbert entered politics, she retreated from her accomplishments and became, in her words, "a backdrop for Bertie."

By doing this she assumed the role of earlier first ladies who had no job description at all except to serve as hostess for the president.

Things have changed a lot since then, with first ladies now actively participating in their husbands' campaigns and championing their own projects.

In the beginning, when George Washington became our first chief executive, many precedents needed to be set. After much discussion and his refusal to be addressed as "your majesty," he agreed to be addressed as Mr. President.

The use of the title "first lady" took much longer. The role of the president's wife ini-

tially was that of serving tea, greeting visitors and being gracious to other politicians and their wives. Several described their role as "mindless boredom." Some first ladies were called "presidentess" or "Mrs. President."

Most were not known beyond the Capitol. Then along came radio, television and magazines that spoke about our first lady. With this evolution came women who became more politically involved and hired staff to manage the White House social functions.

In "First Ladies," Betty Boyd Caroli walks the reader through the life experiences of the women who occupied the White House. She includes background information and pictures of every First Lady from Martha Washington to Hillary Clinton, and provides insight into the amount of influence each had on her husband's political positions.

This book was an eye-opener for me. I hope many of you are able to enjoy it. Look for it in section 920 on the center aisle.

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Photo by Lennie Rodoff



The New Pretenders

By Bill Shampine

It is almost time for The New Pretenders to start our long grind of rehearsals so we can perfect the shows we will be presenting

to you on Feb. 7, 8, and 9, 2014. Of course, many of us already have been working individually with our instrument or song in order to be better prepared when formal rehearsals begin on Oct. 3.

This is a dedicated group of residents, your friends and neighbors. It is this dedication and their hard work that makes our show the best entertainment value at On Top of the World. As usual, we have some great music in store for you this season. I promise you that it will be an evening to remember.

Tom Miller, Bill Shampine, and Rich Cooperman singing "M.T.A." at The New Pretenders show.

By the way, as a public service announcement, I need to warn you in advance that attending one of our shows may be hazardous to your health. It is possible that you may laugh so hard that you hurt your sides! Be forewarned! Just be prepared, for example, when you hear about the ghost chickens!

Don't forget, our next series of shows at On Top of the World will be held on Feb. 7, 8, and 9 of 2014. Tickets will go on sale in early January. Please write yourself a note about this and file it somewhere safe! I'll see you there!

LifeSouth Bloodmobile

By Sue & Dick Copeland

Many friends, relatives, and acquaintances have needed blood transfusions this summer. We are thankful that both of us are blood donors, and we thank the many of those in our community who also donate. The good feeling of knowing we helped those in need strengthens us. We appreciate even more the many donors from our community who drop by the bloodmobile each month to spend a few minutes rolling up sleeves, smiling at the technicians, and relaxing as the blood flows into those life-extending containers.

Sure, there are drinks and snacks as you donate and small gifts as you leave, but the feelings are more important and more sat-

isfying.

The LifeSouth bloodmobile will be stationed at the Health & Recreation Building front parking lot on Monday, Sept. 2 (Labor Day), from 8 a.m. to 4 p.m. to take your lifesaving gift. Thank you in advance!

The following are the blood contributors from July: Barbara Belz, Catherine Bennett Richard Copeland, Susan Copeland, Robert Cura, Kathleen Dushary, William Engels, Paul Estock, Pat Green, John Hegarty, Doris Holman, John Johnson, Sheryl Johnson, James Kerwick, Andrew Kirk, Nancy Ludvik, Roger McKay, Barbara Nastally, Carol Recknor, Norman Recknor, Arthur Schneider, Susan Seitz, Judith Singer, Donna Spinelli, Debra Strob, Paul Wignitz, Richard Wittman.

www.OnTopoftheWorldInfo.com

CLUB CARDS & GAMES

BRIDGE

Monday Afternoon

By Shirley Stolly & Carol Johnson

July 15

1: Caryl Rosenberger & Ida Rosendahl; 2: Betty Morris & Fran Griswold; 3: Carol Johnson & Shirley Stolly.

July 22

1: Joyce Walchak & Marge Starrett; 2: Shirley Stolly & Caryl Rosenberger; 3: Esther Lang & Marjorie Benton.

July 29

1: Fran Griswold & Betty Morris; 2: Marge Starrett & Joyce Walchak; 3: Marjorie Benton & Caryl Rosenberger.

Aug. 5

1: Betty Morris & Fran Griswold; 2: Joan Lord & Eleanor Giardina; 3: Joyce Walchak & Marge Starrett.

Tuesday Afternoon

By Agnes LaSala

July 2

1: Florence & Norbert Heckler; 2: Mazie Millward & Millie Ferrell; 3: Betty Morris & Shirley Stolley.

July 9

1: Joyce Walchak & Mary Walker; 2: Mazie Millward & Millie Ferrell; 3: Phyllis Zwick & Cleona Redman.

July 23

1: Mazie Millward & Millie Ferrell; 2: Florence & Norbert Heckler; 3: Cleona Redman & Phyllis Zwick.

July 30

1: Mazie Millward & Millie Farrell; 2: Betty Morris & Shirley Stolly.

Thursday Afternoon

By Marge Starrett

July 11

1: Phyllis Zwick; 2: Phyllis Bressler; 3: Mary Walker.

July 18

1: Phyllis Zwick; 2: Ed Mathena; 3: Eleanor Giardina; 4: Phyllis Bressler.

July 25

1: Millie Ferrell; 2: Marge Starrett; 3: Mazie Millward; 4: Shirley Ebert.

Thursday Night

By Jan Moon

July 11

1: Mary Culberson; 2: Ed Horner; 3: Ida Rosendahl; 4: Joan Sigafoos.

July 18

1: Myra Butler; 2: Howard Sale; 3: Ida Rosendahl; 4: Fran Griswold.

July 25

1: Howard Sale; 2: Ida Rosendahl; 3: Myra Butler; Consolation: Eleanor Giardina.

Wednesday Afternoon

By Pat Goltart

July 17

1: Ida Rosendahl; 2: Fran Griswold; Cons: Marlene Floeckher.

July 24

1: Fran Griswold (3140); 2: Marlene Floeckher; 3: Betty Morris; Cons: Dot Calbech.

July 31

1: Phyllis Bressler (4850); 2: Fran Griswold; 3: Jean Reis; Cons: Marlene Floeckher.

Aug. 7

1: Mary Culberson (3820); 2: Mary Walker; 3: Marlene Floeckher; Cons: Pat Goltart.

CRIBBAGE

Friday Night

By Rose Marie Postin

July 5

1: Norma Yonke; 2: Marvin Durham; 3: Alberta Sarris; Cons: Anne Jagielski.

July 12

1: RoseMarie Postin; 2: Anne Jagielski; 3: Marvin Durham; Cons: Herb Postin.

July 19

1: Sheila Howell; 2: Norma Yonke; 3: RoseMarie Postin; Cons: Margie Saxon.

July 26

1: Herb Postin; 2: RoseMarie Postin; 3: Anne Jagielski; Cons: Sheila Howell.

EUCHRE

Friday Night

By Joe Askenase

July 12

Six Handed Game

1: Virgil Taylor; 2: Vi Horton; 3: Marcy Askenase; 4: Annette Taylor; 5: Maria France.

July 19

Six Handed Game

1: Annette Taylor; 2: Maria France; 3: Virgil Taylor; 4: Vi Horton; 5: Macy Askenase.

July 26

Four Handed Game

1: Virgil Taylor; 2: Viola Horton; 3: Annette Taylor.

Five Handed Game

1: Jeff Hoelzer; 2: (tie): Maria France & Shirley Coe; 3: Marcy Askenase; 4: Lynn Hoelzer.

Aug. 2

Six Handed Game

1: Marcy Askenase; 2: Virgil Taylor; 3: Vi Horton; 4: Maria France; 5: Annette Taylor.

Friday Night 4 Fun

By Irene Pisani

Intermediate and advance players are all welcome. Join us on Fridays at 6:15 p.m. at the Arbor Conference Center, Suite A. For more information, call Irene at 873-4173.

June 14

1: Paul Agarwal (perfect game out of 20); 2: Rich Miles; 3: Cleona Redman; 4: Gayle Argano; 5 (tie): Carol Johnson, Edith Kolb, & Gitte Agarwal.

June 21

1: Joan Sigafoos (out of 26); 2: Marie Marquis; 3 (tie): Jean Sylver & Edith Kolb; 4: (tie) Carol Johnson & Buck Chaillet; 5 (tie): John Wall, Cleona Redman, Gayle Argano

& Irene Pisani.

June 28

1: Carol Johnson (out of 17); 2 (tie): Marie Marquis, Jean Silver & Irene Pisani; 3: Pat Savage; 4: Bette Legg; 5: Jan Harris.

July 12

1: Mary Bartel (out of 24); 2: Rich Miles; 3 (tie): Marie Marquis, Richard Gillette & Jean Sylver; 4: Buck Chaillet; 5: Esther Lang.

July 19

1: Marie Marquis (out of 14); 2: Rich Miles; 3: Bev DeBusschere Chaillet; 4 (tie): Jean Gillette, Buck Chaillet, Paul Agarwal & Irene Pisani; 5: Jean Sylver.

July 26

1: Mary Bartel (out 23); 2 (tie): Pat Snable, Jean Gillette & Paul Agarwal; 3: Joan Sigafoos; 4: Jean Sylver; 5: Arlene Luehrs & Nancy Kowsky.

Aug. 2

1: Cleona Redman; 2 (tie): Jerry Harris & Paul Agarwal; 3: John Wall; 4 (tie): Irene Pisani & Joan Sigafoos; 5: Gitte Agarwal.

Aug. 9

1: Buck Chaillet (out of 21); 2: John Wall; 3: Paul Agarwal; 4: Irene Pisani; 5: Barbara Englemam.

PINOCHLE

Tuesday Night

By Alberta Sarris

Arrive at 5:45 p.m. Play begins at 6 p.m.

July 2

Single Deck

1: Edna Frye & Edith Kolb; 2: Al Novotny; 3: Betty Legg.

Double/Triple Deck

Table 1: Virgil Taylor & Norma Yonke.

July 9

Single Deck

1: Edith Kolb; 2: Paul Agarwal; 3: Edna Frye.

Double/Triple Deck

Tables 1: Marge Saxon & Lee Topf; 2: Virgil Taylor & Norma Yonke.

July 16

Single Deck

1: Paul Agarwal; 2: Walter Hickenlooper; 3: Edith Kolb.

Double/Triple Deck

Tables 1: Ernie Kelly & Ilse Kersey; 2: Virgil Taylor & Norma Yonke.

July 23

Single Deck

1: Paul Agarwal; 2: Walter Hickenlooper; 3: Whitney Frye.

Double/Triple Deck

Table 1: Virgil Taylor & Norma Yonke.

July 30

Single Deck

1: Paul Agarwal; 2: Gitte Agarwal; 3: Whitney Frye.

Double Decker or Triple Deck

Tables 1: Verna Harsh; 2: Virgil Taylor & Norma Yonke.

Thursday Night

By Mildred Ferrell

Please join us each Thursday at 6 p.m. in the Art Room of the Craft Building. It is a great way to make new friends who enjoy a friendly competitive game of pinochle. Hope to see you there.

July 11

1: Walter Hickenlooper; 2: Edna Frye; 3: Millie Ferrell.

July 18

1: Joe Aveni; 2: Al Novotny; 3: Mildred Lane.

July 25

1: Walter Hickenlooper; 2: Edna Frye; 3: Edith Kolb.



Everyone Wins Club

By Sandi Kemp

The big news for the Everyone Wins Club is we have changed the time of the month and the day! The new meeting time is the third Sunday of the month at 6 p.m. We believe this new time will be more convenient.

We have lots of fun playing many different games like charades, trivia, musical chairs, bingo, Simon says, hokey pokey and more along with a great potluck dinner! So, think about joining us! Our next meeting is Sunday, Sept. 15! For more information call Sandi at 237-9073.



Mah Jongg

By Mary Ehle

The tournament is near. Please get your reservations in as soon as possible. There are still a few places to fill but they will go fast. Don't miss out on this special day of fun.

Now if you have always wanted to learn the fast and fun game of Mah Jongg, we will be teaching again every Wednesday in October, at 12:30 p.m. The cost is \$10 per person. Call me at 873-7507 for further details. We need you to register so that we can have enough teachers to cover everyone. Hope to see you there. Jokers to you.



Karaoke Friends

By Vivian Brown

Everyone was in good spirits as we gathered for an evening of fun and singing.

Charlie, our music master, makes us all sound good. Donnie was trying some new songs, and they were great. Way to go Donnie!

Our stars of the month are Karen and Tom; Kathy and Charlie; Donnie and Vivian; Rich and Sandy; Bob and Norma; Vince and Shirley; and Tara.

If you want to put a song on your lips and happiness in your heart, come join us on the first and third Monday at the Arbor Conference Center, Suites E and F, from 6 to 9 p.m. Any questions, call me at 291-0246.

Until next time, keep on singing and God bless.



Original Karaoke Group

By George Quaranta

Friends and music always seem to go together. Where you have friends, it's nice to have music, and where there is music, it's nice to have friends.

I have to say I've been lucky to have both in my life. We have an amazing karaoke group, and I'm very blessed to call them my friends. Even more than friends, they are like family to me.

A few months ago we had a problem with our karaoke machine. I sent it out to be repaired. It took a long time but while we were waiting to get our machine back, we used Jerry's machine, and when he was away, Donnie came through with his.

The repair was very expensive. Then the most amazing thing happened! To my surprise, my whole karaoke group presented me with an envelope, with the money to pay for the repair. I never asked them for a penny.

Our group is so special and dear to me. I want to thank them from the bottom of my heart: Richie, Sindy, Rudy, Norma, Bob, Daryl, Vince, Tom, Donnie, Jerry, Tony, Jean, Shirley, Karen, Mike, and Margo.

Like I said, "Friends and music go so well together." I appreciate the times we have together. We have such a good time, people even come just to listen to us sing and join in the fun.

So come join our amazing karaoke family. We meet at 7 p.m. on the second and fourth Monday, at the Candler Hills Community Center. For more information, call George at 873-9667.



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Pennsylvania Club

By Pat Utiss

It is hard to believe summer is over. It seems to me the first sign of approaching autumn is shorter days. Every night, it gets darker at an earlier time.

Besides shorter days, September means the beginning of our new club year. Our first meeting will be Wednesday, Sept. 11. At this meeting, we will have a get-reacquainted party. We hope each family will bring an appetizer to share. As usual, this

meeting will be in the Arbor Conference Center, Suites E and F. The meeting will start at 3 p.m., but come at 2:30 p.m. for food and fellowship.

Also, at this meeting, tickets will be on sale for our second annual Oktoberfest. Once again, Micki Malsh will cook us an amazing dinner. This will be at our Wednesday, Oct. 9 meeting. The tickets will be \$7.50 per person and must be purchased in advance. If you cannot come to the September meeting, to purchase your tickets, please call Micki at 861-8790 to arrange to get your tickets. The deadline for tickets is Monday, Sept. 30. Please be thoughtful and honor this deadline.

So, go right now and mark your calendar for Sept. 11 to get reacquainted and Oct. 9 for Oktoberfest.



Southern Club

By Ida Willink

"I wish I was in the land of cotton, Old times there are not forgotten, Look away! Dixieland."

The Southern Club will have its first meeting of the new season on Thursday, Sept. 5 in the Health & Recreation Ball-

room, at 5 p.m. Greet old friends and get acquainted with new friends. The meal will be served at 5:30 p.m. and will be followed by a short business meeting.

Please bring a dish to pass that will serve 8 to 10 people. Also please bring your own table service. Coffee and iced tea will be provided.

You are eligible for membership in the Southern Club if you or your spouse was born in the South or if you have lived in the South for five or more years. The South is generally considered to be any states, which were part of the Confederacy during the Civil War.
Y'all come!

New England Club

By Donnamarie Castellano Frechette

Greetings New Englanders and everyone who loves New England! Fall is approaching fast and our first social of the season will be held at the Arbor Club Ballroom from 1 to 3 p.m. on Thursday, Oct. 17.

The New England Club was originally founded on March 20, 1987. Our purpose for the renewed New England Club is to provide friendship, a sense of community

and to be a social resource among residents of On Top of the World who are either former natives and/or residents or have an interest in New England.

Annual dues are \$10 per club year (October through May) and are payable at the first meeting in October. While at the meeting, please be sure to pick up our new schedule for 2013/2014, which includes any location and time changes of future meetings. Hope to see you in October!

For more information, please contact club president Donnamarie at 207-212-6529 or donnamarie22452@yahoo.com.



Favorite Recipes Dinner Club

By Luke Mullen

Last month, I provided an overview of what our club's goals are. Simply stated, the idea is for couple club members to take turns entertaining a group of club diners in their homes sharing foods each couple has made to contribute to the meal. When you decide to become a member of our club, a monthly schedule of how many dinners will be held is created, and you will be included in it.

When we know that you are available to attend a dinner, you will be matched with one of the hosts for that month. Because you are a new member, you would be a guest and not a host so that you see how things happen at a dinner. Normally, since each participating couple will be providing some type of prepared dish, activities get underway around 6 p.m. Cocktail hour gets started with appetizers brought by one of the guests.

The whole idea of the club is that no one member couple will have to prepare all components of the meal. Following this, a salad, either prepared by another guest or the host is served. The host will then serve the main meal, with an accompanying side dish. Following the main meal is the dessert, prepared by another guest couple. This always ends up with everyone having a great meal without anyone needing to prepare the entire undertaking.

This past June, our vacation took us to Maine. We visited Bar Harbor, Belfast, Camden, Rockland, and Boothbay Harbor. As a result, we were able to experience

many different versions of Maine lobster rolls. Because of the enjoyment of them, we continued our fun here in Ocala. The recipe below is the one we found easy to make. This recipe calls for the use of two medium size lobster tails versus full lobsters.

A local supermarket periodically offers a buy one medium size lobster tail get one free. We had the store steam two lobster tails for us and they also told us how to steam our frozen ones at home. There are also instructions on the Internet on how to steam them.

Lobster Rolls

Serves 4

- 2 teaspoons olive oil
- 2 teaspoons lemon juice
- 1/4 teaspoon Old Bay Seasoning
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 cups coarsely chopped lobster (two steamed lobster tails)
- 2 tablespoons snipped chives
- Mayonnaise, to taste
- 4 top loading rolls

In a large bowl, whisk together olive oil and lemon juice and Old Bay Seasoning, salt and pepper. Gently fold in chopped lobster and snipped chives. At this point, add the amount of mayonnaise that looks right to you. (The original recipe called for 1/2 cup but I thought it was too much.) Spoon mixture into top loading rolls. Garnish with additional chives.

Our club is looking for new member couples. For more information, call Luke at 304-8104 for more information. Better yet, stop by our table at the annual Club Fair on Thursday, Sept. 26, from 10 a.m. to 1 p.m., at the Health & Recreation Ballroom. Club members will be available to answer your questions!

EMERGENCY AFTER-HOURS PHONE NUMBER
236-OTOW (236-6869)



One Blood Bloodmobile

By Sara Sommer

I would like to thank all the heroes who dodged the thundershowers to stop at the Big Red Bus last month. We had a great turnout. Here are their names: Linda Blewitt, Ronald Bozzonetti, Timothy Burch, Cheryl Fotia, Linda and Thomas Haynes, William Hull, Andrew and Karen Ingras-

sia, Maureen Jezek, Andrew Johnson, David Keitz, Diane Knox, Ronda Leighton, Audrey Mangan, Lydia Martinez, Leo and Leslie McCormick, Daniel Moore, Luke Mullen, John Orend, Noel Perez, Marguerite Piotrowski, Joan Rappa, Arthur Schneider, Geoffrey Smith, Sara Sommer, Hal Stanley, and Emma Wanamaker. Great job!

Here are two dates to put on your calendar: Thursday, Sept. 26, is the annual Club Fair where OneBlood will have a table, and Monday, Oct. 7, is the next time the Big Red Bus will be here. I hope to see you at both events.

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*I'm Dr. John D. Boon
and I'm driven to
discover how to improve
and save lives.*

CLUB MEETINGS

Weekly Monday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Mixed Tennis Doubles	HRCT
	Water Walk	ACIP
	Men's Softball	SBF
	RC Flyers Club	FF
	R.O.M.E.O. Club	WD
9:00	Woodworking	VVV
	Deep Water Fitness Class	ACIP
	Ceramics (until 2 p.m.)	Art
	Ladies Billiards	PLR
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Tennis Doubles	HRCT
	Tai Chi	ACF
	Ladies Billiards	PLR
	Open Pool Time	ACIP
10:30	Line Dance	ICC
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Bridge	CR
	Aqua Belles	ACIP
12:45	Line Dance (Beg/Int)	HRB
1:00	Dominoes	CC:H
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	Bowling League	AMFW
5:00	Mah Jongg	CC:A
6:00	Table Tennis	CC:D
	Men's Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Mah Jongg	ICC

First Monday

7:30	One Blood (Even # Months Only)	PL
9:00	LifeSouth Blood (Odd # Months Only)	PL
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
4:00	Billiards	Art
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
	Sunshine Singers	HRB

Second Monday

10:00	Genealogical Society Business Meeting	MR3
2:00	Bowling League	AMFW
5:00	Positive Thinkers Club	CC:B
7:00	Theatre Group	CC:E,F
	Original Karaoke Group	CCC

Third Monday

10:00	Genealogical Society Workshop	CC: B&C
1:30	D'Clowns	CC:B,C
	Raw Food Club	CC:B,C
6:30	Sunshine Singers	HRB

Fourth Monday

3:00	Community Patrol	CC:B,C
5:00	Metaphysical Club	CC:B,C
7:00	Original Karaoke Group	CCC

Weekly Tuesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	Arts & Crafts	HRB
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
	Ladies Golf Assoc.	GC
8:30	9-Hole (May-Oct.)	GC
	Ladies Golf Assoc. 18-Hole	GC
	Racquetball	RCT
	Ladies Golf Assoc.	GC
	9-Hole (Nov.-April)	GC
9:00	Computer Club	CC:B,C
	Shallow Water Fitness Class	ACIP
	Hand & Foot Canasta	CR
	Woodworking	VVV
	Horseshoe League	HRCT
	Arts & Crafts	HRB
	Sunshine Quilters	Art
	Knit Wits	MR2
9:30	Concert Chorus	AC
	Yoga	ICC
10:00	Open Pool Time	ACIP
10:30	Horseshoe League	HRCT
	Walleyball	HRCT
11:00	Open Pool Time	ACIP

Meeting Location Codes

AC	Arbor Club	HRB	Health & Recreation Ballroom
ACF	Arbor Club Fitness	HRCT	Health & Recreation Tennis Courts
ACCT	Arbor Tennis Courts	HRF	Health & Recreation Fitness Center
ACIP	Arbor Indoor Pool	HRP	Health & Recreation Pool
ACOP	Arbor Outdoor Pool	ICC	Indigo East Community Center
Art	Art Studio	MGC	Miniature Golf Course
AMFW	AMF Galaxy West Lanes	MR2	Meeting Room 2
BCT	Bocce Courts	MR3	Meeting Room 3
BO	Bank of the Ozarks	PAV	Pavilion
CC	Arbor Conference Center	PL	Health & Recreation Parking Lot
CCC	Candler Hills Community Center	PLR	Poolroom
CCR	Candler Hills Card Room	RCT	Racquetball Courts
CLC	Computer Learning Center	SBF	Softball Field
CSCC	Circle Square Cultural Center	WD	Winn-Dixie
CR	Card Room	WW	Wood Shop
FF	Flying Field		
GC	Golf Course		
HR	Health & Recreation Building		

To make changes, call the Activities Office at 854-8707, Ext. 7530 or 7533

Noon	Men's Poker	MR3
	Cyber Orientation	HRF
	Mah Jongg	CC:A
12:30	Bridge	CR
	Open Pool Time	ACIP
1:00	Badminton	RCT
	Ballet Club	ACF
	Shuffleboard (Sept.-April)	HRCT
	Crochet Club	ICC
3:00	ShutterBugs	CC:B,C
	Chess Club	MR2
5:00	Mah Jongg	CC:B
	Table Tennis	CC:D
	Poker	CC:G
5:45	Mah Jongg	CC:B
	Sidekicks Western Dance	HRB
6:00	Pinochle	MR3
	Poker	CCR
6:30	Duplicate Bridge	CR
	Mah Jongg	MR2
	Circle Squares	AC
7:00	Mixed Poker	CC:H

First Tuesday

8:00	Men's Golf Assoc.	CC:A
10:30	Shuffleboard (Sept.-April)	CC:H
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
1:00	Sunshine Quilters Business Mtng.	Art
2:30	Italian American Club	CC:E,F
6:30	JB Poker Club	CC:E,F
	Indigo East Girls Bunco	ICC

Second Tuesday

8:00	Citizens Emergency Response Team	CC:E,FG
	Sunshine Quilters	Art
10:00	Ladies Golf Assoc. 18-Hole (Oct.-April)	HRB
1:30	Visually Impaired Support Group	CC:H
3:30	Alpha Investment	Art
6:45	Game Night	ICC
7:00	Lions Club	CCC

Third Tuesday

10:00	Sunshine Quilters	Art
5:00	Caribbean Club	ICC

Fourth Tuesday

8:00	Citizens Emergency Response Team	ICC
10:00	Sunshine Quilters	Art
11:30	Ladies Golf Assoc. 9-Hole (Oct.-March)	HRB
	Scandinavian Club	CC:E,F
12:30	Alpha Investment	Art
3:30	Lions Club	CCC

Weekly Wednesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Men's Golf 18-Hole	GC
	Men's Softball	SBF
	RC Flyers Club	FF
9:00	Woodworking	WW

9:30	Deep Water Fitness Class	ACIP
	Fun with Ceramics	Art
10:00	Tai Chi	ACF
	Open Pool Time	ACIP
10:30	Pool Closed for Cleaning (until 11:30 a.m.)	ACIP
Noon	Ladies Poker	MR3
	Mah Jongg	CC:A
	Bridge	CR
12:15	Japanese Bunka	CC:B
12:30	Aqua Belles	ACIP
1:00	Mah Jongg	ICC
1:30	Shuffleboard (Sept.-April)	HRCT
2:30	Scrabble Club	CC:H
5:30	Bingo	HRB
6:00	Men's Poker	MR3
6:30	Circle Squares	CC:E,F

First Wednesday

8:30	Ladies Golf Assoc. 18-Hole	CC:B
9:00	Model Railroaders	MR3
9:30	Travel Toppers	CC:A
1:00	General Francis Stamp Club	BO

Second Wednesday

1:00	Native Plant Group (Oct-April)	CC:H
3:00	Pennsylvania Club	CC:E,F

Third Wednesday

12:30	Bunco	CCC
1:00	General Francis Stamp Club	BO
6:40	Bunco Club	CC:G

Fourth Wednesday

6:30	Tall Travelers RV Group (No mtgs Dec, June-Sept)	CC:B,C
7:00	Mystery Book Club	CCR

Weekly Thursday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	HRCT
	Water Walk	ACIP
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
8:30	Racquetball	RCT
9:00	Art Group	Art
	Shallow Water Fitness Class	ACIP
	Woodworking	WW
	Computer Club	CC:B,C
	Candler Hills Ladies Golf Assoc. 9-Hole	CG
	Candler Hills Ladies Golf Assoc. 18-Hole	GC
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Open Pool Time	ACIP
10:30	Walleyball	HRCT
	Mah Jongg	CC:A
12:30	Sewing Bees	Art
	Bridge	CR
1:00	Badminton	RCT
	Ballet Club	ACF
	Table Tennis	CC:D
	Games, Games, Games	ICC
3:00	Western Stars Bowling	AMF
5:30	Card Game	CC:B

6:00	Men's Poker	MR3
	Pinochle	ART
	Poker Night	CCC
6:15	Mah Jongg	CCR
6:30	Bridge	CR
7:00	Cards	ICC
	Mixed Poker	CC:H
	Circle Squares	CC:E,F
	Card/Game Club	CC:G

First Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	Opera Appreciation	MR3
5:00	Southern Club	HRB

Third Thursday

1:00	Rubber Stamp Greeting Cards	CC:C
	New England Club (Oct-May)	AC

Fourth Thursday

6:00	Democratic Club	CC:E,F
6:45	Game Night	ICC

Weekly Friday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	HRCT
	Water Walk	ACIP
	RC Flyers Club	FF
	Pickleball	HRCT
	R.O.M.E.O. Club	WD
9:00	Woodworking	WW
	Deep Water Fitness Class	ACIP
9:30	Shuffleboard (Sept.-April)	HRCT
10:00	Racquetball	RCT
	Women's Bible Study (Oct-May)	CC:A
	Tai Chi	ACF
	Tai Chi	ICC
	Open Pool Time	ACIP
	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Aqua Belles	ACIP
1:00	Table Tennis	CC:D
5:00	Cribbage	Art
6:00	Nickel/Nickel	MR3
	Euchre 4 Fun	CC:A
6:45	Euchre	MR2

First Friday

10:00	Embroidery Chicks	CC:B,C
1:00	Women of the World	HRB

Second Friday

8:30	RC Ladybirds	CC:B,C
1:00	Mexican Train	CC:H
7:00	Republican Club	CC:E,FG

Fourth Friday

10:00	Embroidery Chicks	CC:B,C
1:00	Mexican Train	CC:H

Weekly Saturday

8:00	Mixed Tennis	HRCT
	RC Flyers Club	FF
	Pickleball	HRCT
8:30	Men's Softball	SBF
9:00	Computer Club	CC:B,C
	Woodworking	WW
	Art Group	Art
	Yoga	ICC
10:00	Mixed Tennis	HRCT
	Yoga	ICC
1:00	Table Tennis	CC:D

Weekly Sunday

9:00	Racquetball	RCT
	Woodworking	WW
	RC Flyers Club	FF
Noon	Mah Jongg	CC:A
1:00	Hand & Foot Canasta	CR
	Table Tennis	CC:D
5:00	Sidekicks Western Dance	AC
6:00	Pickleball	HRCT
7:00	Mixed Poker	CC:H

Third Sunday

2:00	American Jewish Club	CC:E,FG
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5:00 PM - 7:30 PM

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ALL MEDIA



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SPCA

By Maria Devine

Please join us at our next meeting on Thursday, Sept. 19, at 1 p.m. in the upstairs meeting room at the Bank of the Ozarks. We always welcome new members and guests.

You also have a chance to meet us at the Club Fair the next week on Thursday, Sept. 26. We will be selling our zero calorie doughnuts and delicious coffee at the Health & Recreation Ballroom, from 10 a.m. to 1 p.m.

For those of you who are looking for a meaningful activity or organization to join, the SPCA fits the bill. There's no better feeling than knowing you're helping people and their pets in our community. A sense of purpose is vital to keep us engaged in our retirement years - plus you'll make new friends. I promise we don't bite - or at least our dogs and cats don't.

We are grateful to everyone who has do-

nated dog and cat kibble. At every packing, we use 210 pounds of dog food and 120 pounds of cat food. That's why we're always asking for donations - you can see that's a lot of food. You may drop off unopened bags of kibble and healthy treats in the bin under the bulletin board at Winn Dixie. You can also call us at 362-0985 to arrange an alternate drop-off or pick-up site.

We are happy to announce that the wonderful Daisy and Buddy we had been fostering have both been adopted into wonderful homes. We'd like to thank everyone who inquired about them. The only other animals we are still fostering at this time are young cats Coco and Panda. They are receiving top-notch care in their foster home but there's nothing like having their own forever home. If you're looking for cats to love, please check out Coco and Panda first. You can call Arlene at 875-9761 to meet them.

The cat rescue organization, Sheltering Hands, needs volunteers for their trap, neuter return program. This program reduces the feral cat population in Marion County. This is a worthwhile program to be involved in for those who care about cat welfare. You can call them at 817-0663 or visit their website at shelteringhands.com to find out more. They provide all the nec-



Coco and Panda

essary training. You can be hands on with the cats during surgery or provide administrative support.

You may have noticed an article in the South Marion Citizen recently about the increased presence of coyotes in the surrounding communities. They are also here

in On Top of the World, especially around the Arbor Club. Please be careful when walking your pets or even in your golf cart. Please keep your dogs leashed at all times. The coyotes have been seen going after dogs both large and small and even running after golf carts.



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SEPTEMBER 28

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 Greatest Hit: "Have You Ever Seen the Rain"
 Residents: \$13-15;
 Non-residents: \$14-16



OCTOBER 4

SEPARATE WAYS: THE TRIBUTE TO JOURNEY
 Greatest Hit: "Don't Stop Believin'"
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AUTUMN GIFT MARKET BY JUNIOR LEAGUE OF OCALA
 10 a.m. - 6 p.m.
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OCTOBER 19

11th ANNUAL CRAFT FAIR
 10 a.m. - 3 p.m.
 FREE EVENT



NOVEMBER 9

SIMPLY THE BEST: TINA TURNER TRIBUTE
 Greatest Hit: "What's Love Got to Do With It"
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NOVEMBER 16

CHRIS CHAN'S MUSICAL TRIBUTE TO BARRY MANILOW
 Greatest Hit: "Could It Be Magic"
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Photo by ShutterBug Larry Goldberg

Butterfly.



ShutterBugs Photography

By Gary Uhley

Point and Shoot

Are you one of those people who take the name of the product literally? If you do, you're going to find that a point and shoot camera is anything but!

Congratulations! You've just inherited a new camera from the kids. Looks simple? Wait until you're at your adorable grandchild's first year birthday party. It's as easy as they said. You just point it and click. But when you get home you find that some pictures are blurry, some have sunspots, and you can't see the baby's face. Oh dear, you've messed up all those pictures. Well, have we got the answers for you!

It's time to clear your schedule and come join the ShutterBugs Photography Club. We'll show you how to operate that camera, what those cute little symbols on the dial are, and take that dial off of "A" for automatic and learn what "P" for programable does. You're never too old to learn to

take wonderful pictures, but it takes practice. We'll stir up that old feeling of looking forward to taking beautiful photographs.

If you'd like to meet some new people, visit museums, zoos, horse farms, some of those exciting places you never knew existed here in beautiful Marion County, followed by having lunch out, join us.

You will be amazed at what beautiful Marion County has to offer the budding photographer, from lakes, ponds, and swamps, to stunning sunsets. We've got flowers galore, stunning horses, and prancing colts. Don't forget roses, butterflies, and birds!

Participate in our annual photo contest and you may even be a winner! Would you like to have your own photo exhibit? Well, you could. We have members who will help you fine-tune your photos. Each month, a member of the club can display their pictures at Master the Possibilities. You could be one of them.

The ShutterBugs meet the first two Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. The third Tuesday is usually a field trip. The yearly membership fee is \$12. To learn about the ShutterBugs, contact Sue Goldberg at photo4fun2012@aol.com.



Native Plant Group

By Ron Broman

Where does one begin?

Regardless of where one's genesis, in the case of Crataegus it's truly a thorny issue. As the wizard in the Oz story put it, "Nowhere and nohow" is it possible to pinpoint the exact species of our new arrival to our native plant garden. (It is located next to Arbor Conference Center.)

Our good friend, Helen Ogren, called a few weeks back with a question, "Would the native plant garden welcome a young Hawthorn tree?"

Helen had perceived that her home landscaping needed tweaking. She provided the required tree proposal backup complete with drawings to scale. She even included an aerial view of the property. With the necessary approval, she proceeded to search for a small Florida native tree that would fit her requirements.

As a Master Gardener and native southerner, she knows how Florida soils impact the health of our native plants. She also appreciates the value of research. She reviewed the recommended plant palette for

On Top of the World; then consulted the book by Gil Nelson, "Florida's Best Landscape Plants." She also referenced "Native Florida Plants" by Robert G. Haehle and Joan Brookwell.

Not living in Helen's mind, I'm not privy to all of the reasons for her specific choice. She was searching for a small (20 to 30 foot) tree native to north central Florida. This meant sandy soil, sun to partial shade, and tolerance for hot and dry to occasional freezing conditions.

Somehow the Hawthorns found their way into the focus of her awareness, Summer Haw especially, Crataegus flava. "Florida's Best Native Plants" states, "Dry, well drained, sandy soils. Prefers full sun, but will tolerate light shade. Supplemental irrigation not required after becoming established. Hardiness zone: 6 to 9 (We are in zone 8B to 9). Hardy and at least moderately long lived, likely reaching an age of 50 to 100 years." A bonus!

"Native Florida Plants" adds about Haws or Hawthorns in general, "Attractive flowers, good fruit display, and excellent fall color are among its many attributes."

One disadvantage is pointed out; many

of the Haws have sharp thorns on the branches or trunk. In the case of Helen's plan, thorns are an advantage. Helen is also a birder, one who studies birds, especially as indicator of a healthy environment. Birds gravitate to trees that provide protection from predators.

The tree she was able to find, or that was found for her, met all of her requirements except one. It was too small. Now you know that we are all becoming chronologically gifted; and trees do not come with a guarantee that they will come to fruition before we do, if you get my drift. So Helen, with the full approval and gratitude of the Native Plant Group, donated her Crataegus to the native plant garden. She actually planted it, with her love. (She's now searching for a larger one for her yard.)

Now we can all enjoy watching our new baby mature in the community with other sandhill natives.

By the way, we still don't know its exact species; so we call it Crataegus Spp. A species of Hawthorn.

Stay tuned for news of this year's activities of the Native Plant Group. It's fantastic to grow native!



Photo by Ron Broman

Our new "baby" Hawthorn now thriving in the native plant garden.

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An amazing tenor and soprano perform well-known, favorite songs dressed formally in tux, glamorous gown and gorgeous Venetian masks.

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A special performance featuring the musical stylings of an Italian-American pop favorite.

The Tarantella Dance!
Interactive fun as the lovely Cherlina leads the audience in a simplified version of Italy's Tarantella! Enjoyable for all ages!

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Visit our web site for more events: www.CircleSquareCommons.com

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On The Town Square • Saturday, October 5, 2013

FREE Event! • Open to the public

8 a.m. Wake up with a 2-mile wellness walk	9 a.m. Discover breath and balance with Tai Chi	10 a.m. Get your groove on with a big Zumba Bash
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For information, visit our web site www.CircleSquareCommons.com

CLASSIFIEDS

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing. Estate or Tag Sales must be registered and approved by Customer Service prior to advertising.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownnews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/World News*. Send ad and payment to The World News, 8435 SW 80th Street, Suite 200, Ocala, FL 34481.

OTHER: Ads may be e-mailed to otownnews@otowfl.com.

For Sale

Air Purifier: Honeywell permanent HEPA tower, HHT-080, \$50. 854-8383.

Appliances: Whirlpool microwave oven. Seldom used. \$25. 854-7417.

Appliances: Washer/dryer, white, some cosmetic rust does not affect the working condition. Both work perfect. \$35 each or \$50 for both. 861-9144.

Art Books: Colored pencil, watercolor, drawing, ink, etc. Excellent condition. 873-0543.

Car Radios (3): Original from 1996 Cadillac DeVille, AM/FM/cassette. \$40/obo. Audiovox AM/FM/CD/cassette player, dimensions 3" h x 6" d x 8" w, from older Cadillac, works great. \$59/obo. Original from 1969 VW Bug, 12-volt. \$59/obo. 361-6504.

CB Radio: Cobra Model 148gtl, 40 channel, single sideband. \$50/obo. 361-6504.

Collectibles: Colonial village wooden plaques, manufactured by Cats Meow Company. Set of 10. \$5 each. 873-2670

Computer Equipment: Dell computer system, Desktop monitor, Keyboard, 2 speakers. Complete \$90. 873-2670.

Craft Items: Books, patterns, laces, beads, material, bedazzler and more. 586-419-8594.

Decorative Rugs (3): Excellent condition, contemporary design, 37" x 23", 60" x 23" and 62" x 46". \$85/obo. 362-6504.

DVD Player: Magnavox, good condition, \$45. 873-3433.

Exercise Bicycle: Stamina, great condition, \$125. 237-6062.

Exercise Equipment: Ab lounger, excellent condition. \$25. 873-0133.

Furniture: Antique desk, \$60/obo. 861-9144.

Furniture: Bar cabinet with ice bucket and glass storage bottom, \$35. 34" pub table with glass top, wood and wrought iron base, \$25. 4 dining chairs, matching leather backs and seats, wrought iron frames, \$45 each. Assorted size window blinds. 509-7604.

Furniture: Bookshelf, 7 shelves, 84" h x 36" w x 10" d, \$75/obo. Filing cabinet on wheels, 2 drawers, 27" h x 15" w x 15" d, \$25/obo. Printer stand on wheels, 16" h x 26" w x 16" d, \$20/obo. All items light oak wood and in excellent condition. (601) 814-0424.

Furniture: Breakfast table with four padded chairs (on wheels), \$75. 854-7006.

Furniture: Coffee table, 30" x 50", light wood with glass & carvings, \$45. 873-3433.

Furniture: Desk (29" h x 55" w x 24" d) with hutch (43" h x 55" w x 12" d), light oak wood, \$200/obo. Excellent condition. (601) 814-0424.

Furniture: Entertainment center on wheels, light oak wood, 77" h x 60" w x 20" d, \$100/obo. Excellent condition. (601) 814-0424.

Furniture: Ethan Allen high back sofa, navy country print. Two director-style bar stools with burgundy canvas covers. Make offer. 237-5420.

Furniture: Glass table, 42" x 42", with 2 chairs. Very nice condition. \$125. 873-0133.

Furniture: Hutch, metal frame with glass top and shelves, \$50. 854-7006.

Furniture: Queen size La-Z-Boy sleep on convertible, \$70. Green swivel rocker, \$30. Tan Recliner. \$25. 3-Panel room divider, 70" tall, \$40. Decorator cabinet, 56 x 26 x 16, \$35. Loveseat recliner, like new. \$50. 873-2670.

Furniture: TV folder trays. 4 light oak wood, 19" w x 14" d x 25" h, excellent condition. \$40 obo. 362-6504

Golf Cart: Yamaha, new batteries. 854-7417.

Golf Cart Easy-On Cover: Fits most two person carts. Rear zipper and air vents. New condition. 239-7185.

Keyboard Drawer for computer, \$20. 236-6334.

Keyboard: Electronic, floor model with bench and books, like new, \$300. 854-7006.

Misc. Items: Beach chaise lounge, \$5. Printer cartridges #60 black, 2x1s and 1 reg, all for \$25. Queen size quilt with dust ruffle and four pillow shams, \$35. 861-5569.

Misc. Items: HP all in one printer (C5580), \$25. HP Laserjet printer, \$10. HP Pavilion MX 703 Harman/Kardon, \$15. Easy Rider exerciser, \$50. Bowling ball, ladies with case, \$15. George Foreman Grill, \$10. Dog carrier, Pet Gear Grand, under 10 lbs, new, \$30. Sandwich maker, \$5. Formal linen tablecloths (2) with 8 napkins, 85"x56" and 70"x56"; \$10. 291-0077.

Moviegraph Projector: 16 millimeter, model #E-946, Keystone Mfg. Co., with 5 movies. Make offer. 291-7515.

Office Chair on wheels: Grey and black cloth, excellent condition, multiple position levers for adjustment. \$40/obo. 361-6504.

Organ: Lowery Promenade with stool, easy play teaching books. Excellent condition. 237-8040 or 425-0593.

Palm Tree: 25 ft. tall, healthy. \$125. 873-0133.

Scooter: GoGo Elite Travel Mobility Scooter, 2009, like new. Comes apart to easily store. Fits in car trunk. \$450. 861-8106.

Speakers (2): Pioneer 3-253B-K, 10 x 11 x 20. \$20 each. 873-2670.

Tag Sale: Friday, Sept. 6 & Saturday, Sept. 7, 8:30 a.m. to 12:30 p.m. 8720-E SW 97th Street (Friendship Village).

Tag Sale: Friday, Sept. 6 & Saturday, Sept. 7, 9 a.m. to 2 p.m. 8676-A SW 95th Lane (Friendship Village).

Tools: Bench type drill press, 1/2" chuck, \$60. Chop saw, 10" heavy duty, \$30. Various other assorted tools. 861-0601.

Tools: Craftsman 16" variable speed scroll saw with stand. \$60/obo. 291-7515.

Tools: Craftsman 7-1/2" table saw. \$35/obo. 361-6504.

Tools: Some antique. Work table, screws, nails, bolts and more. Best offer. 586-419-8594.

Vacuum: Dirt Devil, 12 amps with attachments. Perfect working condition, \$30. 861-9144.

Zumba Shoes: Women's 7-1/2 in perfect condition, \$35. 861-9144.

Services

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bathroom Remodeling: Specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508.

Blinds Repaired: In your home. Repairing shades & drapery hardware. Certified & experienced installer. Call Gary or Kathy at 352-344-3805.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Bruno's Tree Service: Tree removal, trimming and debris clean up. Lic/ins with 20 years exp. Reliable service, reasonable prices. Several resident references available. Free estimates. Call anytime 873-6884.

Caretaker: Hourly/weekly/daily (3-hour min.). Experienced home health care, companionship, errands, outings & medical assistance. References available. Debby 352-447-5551. (CNA68800).

Carpet & Tile Cleaning: Countryside Chem-Dry, serving On Top of the World residents for 13 years. 307-4100.

Cat Boarding and Sitting: Provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

Cat, Dog & Bird Sitting: Pampered pet care in your home. Fully insured/bonded. On Top of the World references avail. Pam 577-2877.

Cat/Dog/House Sitting: Will do overnight sitting. 15 years experience. Honest and dependable. Call Jackie at 425-3508.

Ceramic Tile: All types of installation and repair. 20+ years experience. Lic. & ins. References available. Call Bob Adkins 352-274-8678.

Cleaning by Evelyn Lee: Windows, house cleaning, deep cleaning, move outs. Lic. #A27450 & insured. 629-0855 or 286-6055. www.sunshinecleaningocala.com.

Clock Doc: Clock repairs with free estimates. Call Cliff (resident) at (352) 246-2438.

Computer Help: Go to checkwitharthur.com. Operated by Arthur K. Burditt in Friendship, 875-7878, akburditt@earthlink.net. Local 34481 assistance for home PC users; help with online activities; special projects; individual instruction; business, club and church needs.

Computer help is just around the corner! Call Doorstep Techs at 351-TECH (8324) or visit us on the web at www.doorsteptech.com.

Custom Dining Room Table Pads: Variety of color choices. In-home measuring available. 352-795-0107.

General Maintenance: Trimming, weeding, edging, pressure wash driveways/gutters & wash windows. Free estimates & fair rates. Steve (resident) at 237-5338.

Hair Care: In your home. Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handyman: 25 years experience in remodeling & home repair. Kitchens, baths, electric, plumbing & more. Lic. & Ins. Brett's Home Repair LLC (352) 272-0898.

Handyman: Electrical, plumbing, carpentry, wheelchair ramps, railings, grab bars, lanai, carpet/flooring, furniture/cabinet refinishing & repairs, screen & storm doors, drywall, interior painting, ceiling fans, closet organizers, sinks, toilets, leaky faucets. Bruce (352) 547-0001.

Handyman: Remodeling, repairs, replacements & much more. Visit us at www.KrumanServices.com for a list of our services. Lic. Ins. & bonded. Dan 361-4055.

Haul Away: Most unwanted household items for free. Appliances (any size), furniture, tools, yard equipment, dishes, electronics, etc. Richard 352-256-9068 (resident).

Lawn Service/Yard Clean Up: Planting new flowers, bushes, mulch & rock. Trimming & removal of plants, bushes, small trees. Licensed & insured. Call Lisa & David at 425-0109.

Need A Ride? Door to door service for all your needs. All airports, doctor appointments and errands. References available. Call Sandy at 351-9407.

Painting: 25 years experience, 10% discount, excellent references.

Pressure wash house for free with paint job. Call Danny at 547-9588.

Painting: Add a Little Color to your Life! Free estimates, insured, references and photo gallery available at Suespainting.com. 10% off for residents. Sue's Painting 237-0892.

Painting by Frank the Painter: 35 years experience, summer specials, free estimates, specializing in colors, quality service, affordable prices, references. 237-5855 (resident).

Pressure Washing: free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. Gary (resident) 547-9153.

Pressure Cleaning: Specializing in driveways, sidewalks, patios & pool decks. Family owned, 10 years exp., free estimates. Call Doug at 873-9349.

Private Home Care by LPN: Long/short term, respite & weekend care. Two private rooms available. 24 hour care. Affordable. (352) 537-1402. (PN5167909). Patient & family references available.

Sliding Glass Door Rollers & Track Repairs: Repairing doors, locksets, storm doors & seals, cabinetry & shower doors. Installing woodwork, moldings & handicap accessories. And much more! Insured & City Cert Comp OC00961. Call Steve, S&T Quality Services Inc. 207-8682.

Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927.

Transportation: Affordable airports, cruises, doctors, shopping. Door-to-door service. Reliable, roomy Town & Country Touring Van. Richard 352-256-9068 (resident).

Transportation: Airports (Tampa, Orlando, Sanford, Gainesville), medical appointments, shopping, etc. Safe & reliable service. Call Phil 509-4417 or 497-7670 (resident).

Transportation by Martin: Doctor appointments, shopping & errands. Call 304-8947 (resident).

Transportation: Doctor appointments, shopping, errands. Call Anna (resident) at 873-4761, leave message.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163.

Webber Maintenance Team: Interior painting and general repairs. Any task, just ask! Steve and Peggy at (352) 598-4563 (residents).

Wanted

Antiques, Collectibles, unusual items, fishing, hunting, costume jewelry, coins, vintage cameras and stereo equipment. Why consign? I pay cash. Larry 1-352-697-1778.

Beaders: Looking to form an On Top of the World beading society. Do you weave or string beads? Do you have a stash of beads? Grow your knowledge! Call Diane at 873-3917.

Bowlers: Singles and couples (residents only) needed for Mondays at 3 p.m. starting Sept. 9. 873-4327.

Guns: Buying guns (new, old, any condition), gold and silver. Estate appraisals. 867-0381 (home) or 266-9781 (cell).

www.OnTopoftheWorldInfo.com

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9401 S.W. State Road 200
Building 90
Ocala, FL 34480
(352) 237-9298

Dr. Stephanie Silberberg graduated with her medical degree from SUNY Health Science Center in Brooklyn, NY.

She also completed her internship and residency at SUNY Health Science Center and performed her fellowship at Hughston Sports Medicine Foundation in Columbus, GA. A Fellowship-Trained orthopedic surgeon with over 14 years of experience, Dr. Silberberg performs a variety of general orthopedic surgeries including arthroscopic knee surgeries, arthroscopic shoulder surgeries and hand surgeries.

An athlete herself, she has a special interest in athletics and in treating the female athlete—from the weekend warrior to elite athlete. Dr. Silberberg treats sports injuries and fractures, performs athletic clearance physical exams and participates in conditioning programs for adult athletes and children of all ages and skill levels.

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