

Where the news is always good!

OUR WORLD

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen
Publisher

Managing for Water Conservation

April brought much needed rain to give us a push into what is this part of Florida's dry season of May and into June. We know this puts stress on lawns, but we are allowed twice per week watering via ordinance 08-09, and inter-local agreement with the St. Johns River Water Management District (SJRWMD), the Southwest Florida Water Management District and Marion County.

For those homeowners with SolarSync™ irrigation controllers, there is really nothing to do in terms of resetting your run times. The intelligent program in these devices sets watering times for optimal irrigation efficiency. This saves you money in the long run and benefits your lawn and landscape as well. We have actually tested this product and found that the water savings can be as high as 30%.

The SolarSync™ takes in data collected throughout the day and captures the information to determine an evapotranspiration (Et) value for your local climate. The information is sent to the controller each day at midnight where it has the past three days data collected and determines the proper value to adjust your irrigation timer. The end result is an irrigation run time that is determined on the climatic conditions of your local climate and resulting water savings.

For all other conventional systems, it is a good time to review basic water conservation measures that will save you money and preserve your landscaping:

- Set your irrigation clock to water on the right day, at the right time, and for the time it takes to put out no more than three-quarters inch of water on the lawn. (Watering frequency is determined by the SJRWMD and watering times are determined by the Bay Laurel Center CDD. For more information on the proper watering schedule and home maintenance calendar, please go to www.otowinfo.com.)
- Take advantage of the water audit service provided through the Customer Service department.
- Do not wash down your driveway with a hose.
- Spray heads and rotor heads have different precipitation rates. Rotors have an application rate of about an inch per hour. Compared to sprays, they require more run time to achieve half to three-quarters inch per application but require fewer heads to cover a larger area. Sprays put out about two inches per hour but require many heads to cover a smaller area. Spray heads are typically used in areas smaller than 20 feet in radius where rotors would over spray onto areas that do not need irrigation.

April and May are also the time that the management company fertilizes the common areas of the community as well as the lawn areas of homes under its management. Consistent with recent local ordinances and industry best management standards, the management company applies a slow release fertilizer that carries the turf areas for 100 days or more. The benefit of this practice is a much lower chance of unintended contamination of ground water with nitrates, a component in all fertilizers (and hot dogs), because of a sudden flush of nitrogen release.

Residents of Candler Hills and Indigo East are encouraged to also use slow release fertilizers, as well as follow best management practices for turf care. More specific information can be found online through the Marion County Extension Service at <http://hort.ifas.ufl.edu/yourfloridalawn>.

It is the efforts of many residents acting as good neighbors and taking pride in

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Photo by Ray Cech

The "Jim Thorpers" on the right are Al and Sandy Yeakel who started it all.

Jim Thorpe South

By Ray Cech
World News Writer

Jim Thorpe was an Olympian, a football sensation and a national hero who even had a town named after him. But this story isn't about Mr. Thorpe, it's about a migration.

The town of Jim Thorpe is nestled in the Pocono Mountains in eastern Pennsylvania. It's a town of less than 5,000 people, and before it took the name Jim Thorpe in 1953 it was known as Mauch Chunk (in the language of the Delaware people).

You might think of this Pennsylvania area as coal mining country, but in 2009 "Budget Travel" magazine awarded Jim Thorpe a top-ten spot as one of "America's Coolest Small Towns." It boasts some of the best whitewater rafting, mountain biking, and hiking, as well as nearby ski slopes. Generally, it's a nice place to live and play.

But this "cool" town of Jim Thorpe has

been seeing a steady decline in population since the 1970s. Could On Top of the World have anything to do with this? Well, it does!

In 2001, Sandy and Al Yeakel left Jim Thorpe and settled in Friendship Village. Then one day they spotted a house for sale and called up old friends and neighbors Dennis and Kathleen Gallagher in Jim Thorpe, who bought the house instantly. And, of course, wouldn't you know they invited their friends down, and those friends invited their friends, and before you knew it friends kept coming. And, so the story goes. On Top of the World can now count 32 Jim Thorpers who own homes in our community.

This cross section of folks from Jim Thorpe who now call On Top of the World home is a kaleidoscope of career experiences – there's Mayor Dennis Gal-

agher and his wife, Kathleen, a paralegal; registered nurse Peg Shanfelt; police chief Ron Gallagher; state trooper Tom Romanisko and his wife, Judy, a teacher and cheerleading coach. Ginny Smith has a Ph.D. and was a school principal. Her husband, Jim, is retired from the police force; Carole Watts was a flight attendant and Terry Watts a naval dentist. Rounding out these divergent life experiences from Jim Thorpe is Marie Tumbach, a retired army nurse (who served in the Battle of the Bulge).

What do they love about On Top of the World? Either they've been spending too much time together rehearsing this question, or they all really feel the same way. They'll tell you: "This is like resort living; it's safe and quiet, there are restaurants and shopping nearby, the weather is fantastic, the amenities are spectacular and, of course, everybody is just so darned friendly."

And that's the story of "Jim Thorpe South."

Top 10 to Compete at 'The World Has Talent'

By Bob Woods
World News Writer

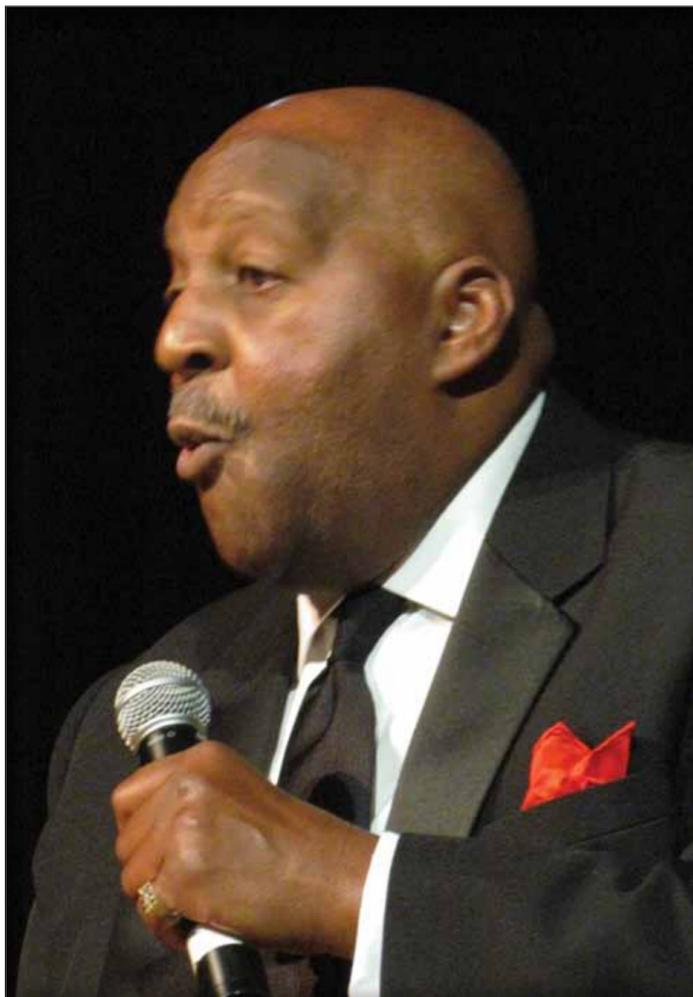


Photo by Bob Woods

Floyd Gibson was the 2014 winner of "The World Has Talent" show.

The auditions for the sixth annual "The World Has Talent" show took place on Tuesday, Feb. 10 at Circle Square Cultural Center with a large group of talented seniors vying for one of the 10 spots to perform at the show on Saturday, May 2. The first place performer will be awarded \$500! Second place will receive \$250 and third place will receive \$150.

The auditions were open to all amateur performers (55 and over) as individuals, duets or groups whose talents ranged from dancing, singing, comedy, storytelling and much more. The auditions were open to residents and people from all over Ocala and surrounding counties.

The panel of judges consisted of Rus Adams, Mid-Florida Physical Therapy; Dean Blinkhorn, Ocala's Good Life Magazine; Mary Britt, Ocala Civic Theatre; Bill Barr, Q92.9 WMFG; Rosey Moreno-Jones, Kids Central; Ann Spang, Florida Institute for Human & Machine Cognition; and Dave Schlenker, Ocala Star-Banner.

Each contestant was judged in four categories: stage presence, communication, originality, and talent. Each contestant was allowed a maximum of five minutes to audition.

Twenty-two seniors auditioned in front of the panel of judges and audience. There were many singers, with and without musical instruments, two large dance groups, a piano player, storyteller, comedian/singer, and a surprise appearance from last year's show winner, Floyd Gibson. Participants came from the local area, The Villages, Leesburg, Clermont, and Gainesville.

The top 10 performers to compete on Saturday, May 2, at 7 p.m., are as follows:

- Anne Cit
- Mike Coker
- Dynamite Stompers
- Gussie Fequiere
- Mike Hill
- Tony Machicote
- Ronald Mezzano
- Mike Mignano
- Sindy O'Brien
- Larry Rivellese

This promises to be a great show. Don't miss it! Buy your tickets now at www.CS-CulturalCenter.com or by calling (352) 387-7584, from 11 a.m. to 2 p.m., Monday through Saturday.

On Top of the World NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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GOLDEN OLDIES HUMOR

By Stan Goldstein



One longs to remember a good deed if he did it.



Is It Legal?

By Gerald Colen

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SCAM ALERT: The certified copy of deed scam is still with us. This is a scam where someone who has just purchased a property receives a letter from some company and the letter basically tries to sell the recipient a certified copy of a deed or maybe just a copy that's not certified.

No one ever needs a certified copy of their deed. No exceptions. You don't even need a copy because you'll have the original. Please pass this on to neighbors especially those who've just purchased a property and since this appears to be a multi-state scam, if you know someone from another place or state that's just purchased a property, tell them to be on the lookout for the certified copy of deed scam.

Q. Do you get a lot of questions that

are just plain weird and do you edit questions before you print them?

A. You don't know the half of it when it comes to weird questions. And as for editing questions before I put them in my column, yes, I do that from time to time. I edit for spelling and for grammar and to make a question "flow" better. However, I try always to maintain the context of the question. I also edit any mention of where someone lives and by that I mean that if someone writes me a question about a child who lives in, say, New Jersey, I'll edit out the name of the state. I do not print any questions that contain cuss words. I do not print any questions that are demeaning to any person or to any particular political, religious or philosophical view.

I get questions for this column in different ways: mail, e-mail, in-person or by coming upon a question that I think will be of interest to my readers. I sincerely welcome your questions. I never keep a question once it is used. If it's by letter, I toss away the letter. If it's by e-mail, I delete the e-mail under the "delete forever" format. It's a simple matter of privacy. I know we don't have very much privacy but what we have I sincerely respect.

Q. I live in Florida and my best friend

lives in (a Midwestern state). We are not married and we are not blood relatives. Can I name my friend as the personal representative on my will even though the friend does not live here?

A. There are certain persons who are qualified to be a personal representative of a will. Basically, these are Florida residents over 18 and not convicted felons; blood relations whether Florida residents or not and certain financial establishments that are authorized to do business in Florida. So if your friend does not fall into one of these categories it is likely that he/she will not qualify to be your personal representative in Florida. Interestingly, though, that person could be named in your durable power of attorney, health care designation and even in a trust should you have one. It's just the way Florida law is designed.

Q. My father has severe Alzheimer's and is in a nursing home. My mother has been visiting him often but not every day. Apparently, she met a man either from the nursing home or from where she lives and they've been "seeing each other." I think this is terribly wrong and would like to see this in your column. I would come to Florida if I could, but I work and have my own family to care for.

A. Here it is but if you think I am going to agree with you, you've got another "think" coming. For one thing, your mother didn't ask me for my opinion so I don't intend to give it out. For another, I know

how devastating life can be for a man or a woman whose spouse can no longer function in any meaningful way and must now reside in a nursing home. Try putting someone you love in a nursing home and see what the emotional strain can do. Having a companionship is necessary just to get through the days and nights. And yes, I do understand that a loving child cannot just pick up and move here from another state and take care of a parent. That, however, does not change my thinking. My motto is "judge not!"

Q. I am a widow and would like to find a male companion but am fearful of going onto the Internet. I understand that it can be very dangerous. Please don't suggest any religious institution, as I am spiritual but do not belong to any established group. What about some of the companies I've seen advertised on TV?

A. I think there are many ways to meet someone that do not require you to go into Internet chat rooms or search online. I understand that the companies that advertise on TV don't really produce good results. You don't need to be a member of a religious institution either. There are clubs or organizations that need volunteers. There are organizations that do not need persons to volunteer or work but are worthwhile places to meet others with similar interests. You can't be lazy and truth be told I have it in mind that going online to find someone is lazy.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Academy of Florida Elder Attorneys. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate and title insurance, asset protection planning, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences; please call (727) 545-8114 or e-mail jerry@gcolen.com.

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Keeping It Green

By Phillip B. Hisey

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Solar Sync™

The Solar Sync™ is a water savings device that has been installed on homes built at On Top of the World since 2009. We have tested this product and found that the water savings can be as high as 30%. Recently, I was questioned about possibly disabling the device. Please read the information below so that you can see why this is not a good idea.

The Solar Sync™ takes in data collected throughout the day and captures the information to determine an evapotranspiration (Et) value for your local climate. The information is sent to the controller each day at midnight where it has the past three days of data collected and determines the proper value to adjust your irrigation timer.

The end result is an irrigation run time that is determined on the climatic conditions of your local climate and resulting water savings. By disabling the Solar Sync™ you will cause the timer to run based on 100% of the runtime in the system therefore receiving none of the water savings benefit.

Florida is one of a few states that has a rain sensor statute. In 2010, Florida Statute 373.62 was amended and states "Any person who operates an automatic landscape irrigation system shall properly install, maintain, and operate technology that inhibits or interrupts operation of the system during periods of sufficient moisture." So, not only are you defeating the purpose of the Solar Sync™ if you disable it, but you are also breaking the law.

Maintaining Your Landscape in the Drier Months

With watering restrictions already in place, residents have an increased concern with maintaining the landscape plants and turf during the drier months. The irrigation system installed with your home

LEAK AUDIT

If you suspect a water leak, contact Customer Service at (352) 236-6869 to schedule a leak audit for \$15.

can be a great tool if used correctly but can also be a detriment to you, your landscape and your wallet if used improperly.

Water restrictions are designed to conserve water during drought conditions while meeting the minimum needs of you and me, our landscapes and other forms of industry.

The landscape plants in On Top of the World Communities, Inc., are irrigated with a low volume or drip irrigation system. Residents have an advantage when irrigating their lawn because of the system's efficiency.

Drip irrigation systems apply the water directly to the root ball of the plants decreasing water loss to evaporation and wind throw. Low volume irrigation applies the water closer to the ground within a smaller diameter than conventional irrigation. Watering times for landscape plants should be no more than one hour but no fewer than 20 minutes. If you have installed plant material that is not drought tolerant, hand watering may be needed. Prioritize your water use and water stressed plants only or areas that are highly visible.

Grass is typically the first thing in your yard to show signs of stress. Train your lawn to grow a deep, extensive root system by deep, infrequent watering. When watering your lawn, apply half to three-quarters of an inch at each application. Water your lawn only when 30% of the lawn is starting to show signs of stress and try to stretch the duration between automatic irrigation cycles.

To determine how much water you put down, use a rain gauge. These are provided at the IFAS Ag. Extension office free of charge or you can use a tuna can and measure the water applied. Put the rain gauge in various areas of the yard to determine what the distribution of the irrigation is. Dry or problem areas should be monitored first to check coverage. If a problem is noticed, contact an irrigation contractor to repair the problem. We have a limited number of rain gauges available at Customer Service on a first-come, first-serve basis.

Mowing height and frequency will also help with drought stress. Maintaining your lawn at a taller height will allow the grass to develop a stronger root system. This is because when you mow you are basically creating an injury that the plant must overcome before it can do anything else. The plant expends valuable energy in restoring the blades rather than producing newer and stronger roots. Sharp mower blades will also help with drought stress by producing cleaner, less ragged cuts. Clean cuts cause less plant stress and water loss. Good luck this summer.

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

Continued from Page 1

their community that make all the communities of On Top of the World a wonderful place to live. Thank you!

Circle Square Cultural Center

On Saturday, May 2, the sixth annual "The World Has Talent" show will once again showcase the talent of contestants from Marion County. It's hard to believe that this will be the sixth year. New this year, we also opened up participation to those talented 55+ individuals from neighboring counties. You won't want to miss this show!

Then on Saturday, May 9, the Rockin' '60s Party with Paul Revere's Raiders featuring Mitch Ryder will take the stage. I can't think of a better way to kick off the summer than with some great rock and roll! For tickets and information, go to www.CSCulturalCenter.com.

The June through December 2015 entertainment line-up is now available (see page 20)! On Top of the World and Stone Creek residents may begin purchasing their tickets at 11 a.m. on Monday, May 4. As always, you may purchase your tickets at the ticket office from 11 a.m. to 2 p.m., Monday through Saturday or online at www.CSCulturalCenter.com.

The Town Square

Thanks for the great show of support by participating in the Spring Band Concert on Saturday, April 4. We plan to do similar events four times per year and really go all out with the entertainment, food and other activities. As a reminder, with the weather warming up, The Town Square's hours are from 7 to 10 p.m. on Friday and Saturday - weather permitting.

Things to Do Before Leaving on an Extended Trip Checklist

The summer season is right around the corner and we know many residents take extended trips around the country. Experience teaches that added steps need to be taken before going on that extended trip. Below is a short list of things to do:

- Leave a contact number with at least two trusted neighbors or friends.
- Update the Association as well with emergency contact information.
- Have the interior of your home checked at least once a week by a

trusted neighbor or friend or arrange for an inspection service.

- Check in with the trusted neighbor or friend while you are gone.
- Turn off the electric to the hot water heater (but not the gas).
- Make sure a professional properly services the air conditioner before departing. This includes a drain line flush. Drain line flushing should be done at least twice a year to prevent condensate flooding your home. Air filters require monthly attention and can be changed by the owner.
- Leave the thermostat set between 78°F to 80°F; this helps regulate humidity in the home and prevent the occurrence of mold or mildew.
- If you plan on being gone for several months, you may wish to consult an air conditioning professional about adding a humidistat to ensure optimal humidity levels in the home.
- Make sure your homeowner's insurance policy is current and covers both damage from wind, water, and mold. In most cases, this is now an added rider on the policy.

If the air conditioning system is not properly maintained by the owner, mold and mildew can result and become a serious problem. Improperly vented dryers (plugged vent duct) may also be a source of both heat and moisture. Water leaks in the home may also be a source of moisture. If you suspect a water leak, contact Customer Service immediately at (352) 236-6869 to arrange for a leak detection. A fast response on leaks can prevent further damage and save you unnecessary expense.

Mold is evidenced by the appearance of a black, sooty substance on furniture or walls. If you suspect you have mold, it is best to contact Customer Service and arrange for a visual inspection. There is no charge for this service.

Rarely does mold or mildew present a health problem. Usually, the main complaint is an odor and its unsightly nature. I mention this because the home repair industry is rife with scare tactics and scams, causing homeowners to spend thousands of dollars on matters that are generally easily resolved. Use common sense and have a great spring and summer!

Nuclear Medicine – The Future of Diagnostic Accuracy, Here Today

Nuclear Medicine refers to a group of exceptionally accurate, next-level diagnostic tests that utilize a tiny amount of radioactive material to produce uniquely detailed images of different internal systems such as the gallbladder, stomach and spleen, and to examine the whole body for the presence of certain diseases. The revolutionary new DaTscan brain imaging test, combined with other evaluations, can help identify Parkinson's disease and tremor disorders in just weeks instead of the years required using less effective testing modalities.

Your own internal processes may seem mysterious, but to our Board Certified Radiologists, they're familiar territory. So rest assured that we'll use our expertise to get to the bottom of any issue and, when needed, work directly with your doctor to help you feel tip-top again.



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We are proudly contracted with a variety of insurances and file all claims with the exception of non-contracted HMO's. Please visit our website for a detailed list of who we are contracted with. Contracted insurances are subject to change.



All Around Our World
By Lynette Vermillion

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We have many reasons to celebrate this month with the Kentucky Derby, the most famous horse race in the United States, which has been referred to as "the run for the roses" and "the greatest two minutes in sports" on Saturday, May 2; Cinco de Mayo on Tuesday, May 5; Mother's Day on Sunday, May 10; and we honor our Armed Forces on Memorial Day, Monday, May 25. We also honor and appreciate those who are serving today.

Be sure to stop by Candler Hills Restaurant in May for the following: Cinco de Mayo specials on the 5th; Mother's Day buffet luncheon from 11 a.m. to 4 p.m. on the 10th; and the Love and Marriage Game on the 19th. Check out Sandy Curtis' column on page 8 for more information on these and other exciting events happening this month.

Customer Service

Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on May 20 this month. Customer Service may be reached by phone: 352-236-OTOW (6869); e-mail: otowservice@otowfl.com; or in person by visiting Suite 200, in Friendship Commons.

Customer Service may be reached by phone Monday – Friday, 7:30 a.m. to 4:30 p.m., and the office is open Monday – Friday from 8 a.m. to 4 p.m.

Customer Service will be closed on Monday, May 25, in observance of Memorial Day.

Telephone Directory

Last month, I mentioned that the new community telephone directory was available at the Arbor Club and that you could dispose of the old one in one of the single stream recycling units located at the waste disposal areas throughout the community. A resident shared another great idea: put the old phone book in your golf cart or car, as you never know when you may need a resident's phone number and/or address while away from home or when you may help a lost visitor with that information. The maps in front of the directory can also be helpful when you are out and about.

Modifications

The Rules and Regulations of each of the Homeowners Associations require that all building and landscape changes made to the exterior of your home shall be approved by the Architectural Review Board (ARB) prior to commencement. We ask that you complete a modification application and submit it to the ARB and receive approval before you begin any work.

Routine modifications normally take seven to 14 business days to be reviewed. Some modifications may take up to 30 days. When applying for a modification, please have the following information available: who will be performing the work, specifications of work being done, site plan if required, etc. Modification requests may be filled out and submitted at the On Top of the World Communities,

Inc., Customer Service office located in Friendship Commons outside of the main gates. We appreciate your cooperation in following the rules.

Community Clean-up Day

Our third community clean-up day is scheduled for Tuesday, May 12. During this time, residents are asked to participate by making sure their property is in good order and in compliance with the rules. The Community Rules and Standards may be viewed online at www.otowinfo.com. Once you choose your community, click on Community Rules and Standards.

Our goal is to have residents, who have installed items or made changes to the exterior of their homes without prior approval, to take this time to voluntarily bring their homes into compliance with the current Community Rules and Standards.

Staff will be available to help residents who are physically unable to trim owner landscape or with removal of items not in compliance. Residents requiring assistance are asked to contact 352-236-OTOW (6869). Lawn furnishings may be disposed of in any compactor, or any open top dumpster suitable for such items, located within the community. Please visit www.otowinfo.com for more information or call 352-236-OTOW (6869).

Watering

May is typically an extremely dry month and, as a result, we might start seeing a lot of stressed grass. Residents need to make sure that they are irrigating properly. Not applying the proper amount of water and not maintaining the irrigation system may have a negative impact, and stressed grass attracts weeds, disease, and insects. It is recommended that the irrigation system be checked monthly for proper coverage, leaks and head adjustment. Your irrigation system should be set to water a half to three-quarters of an inch each watering and for twice per week during daylight-saving time.

Seasonal Residents

During this time of year, many of our seasonal residents are heading back home and will not return until the fall. Our seasonal residents may want to consider having a neighbor periodically check their irrigation system while they are away. Power outages can sometimes cause the system to revert back to a default watering schedule. We also ask that neighbors help so that homes do not appear vacant by picking up any newspapers or flyers that may be left at the residence. It also makes the home and neighborhood look nicer which benefits everyone.



Lifelong Learning
By Margaret Spontak

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Getting Ready for Summer

The George Gershwin's lyrics say it best, "Summertime, and the livin' is easy." But even though you might be winding down from the hectic winter season, please consider enrolling in a few Master the Possibilities classes this May designed to make your summer fun and productive. Here are just a few great selections to help you prepare for the summer ahead.

May Class Offerings

Want to curl up during the heat of the summer to do some creative writing? Attend Master the Possibilities Creative Saturday: Focus on Writing on Saturday, May 16, from 9 a.m. to 4 p.m. This full day immersion workshop has three tracks – Beginning Writer's Workshop, Writing Your Memoir and Finding the Poet Within. The price (\$50 per resident) includes lunch, afternoon snacks and all supplies.

Lucy Beebe Tobias, author of numerous books on travel, gardening and children's literature, leads the track for beginning writers. I will be co-instructing the poetry workshop with Don Lubov. Former sport's writer and author John Preston tackles the session on memoirs.

Are you traveling abroad this summer? If you have learned the basics of Spanish and Italian but need more practice, take advantage of the conversational Spanish and Italian classes beginning on Thursday, May 7. These are the last language offer-

ings until next fall.

If you would like to add some energy efficient or safety improvements while your guest quarters are empty, look into special loans for home improvements through the Property Assessed Clean Energy (PACE) program. Attend a workshop on Thursday, May 14, to learn all the details to find out if this can help with your remodeling needs.

To take advantage of some of the new upcoming summer computer application classes for smartphone and tablets, be sure to take some of the introductory classes in May for androids and smartphones.

Get a jump on a great line-up of summer Learn n Go lectures and trips with two May trips to area businesses – Tuesday, May 19, to Southern Marble and Thursday, May 28, to R & L Carriers.

For details on all of these, call (352) 861-9751 or go to www.masterthepossibilities.com.

Summer Schedule

On Friday, May 15, Master the Possibilities' new summer catalog comes off the press with residents receiving it in the June issue of the World News. Online registration starts on Friday, May 15, with printed copies available at the Education Center. Themed "Discover Florida Like a Native," the new catalog is loaded with courses on Florida food, history, government, science, art and music.

Come to our summer term kick-off on Thursday, May 21, from 1 to 3 p.m., at Master the Possibilities to get the inside scoop on new classes and faculty in the summer catalog and tips for summer learning. Meet some of our faculty and hear former Congressman and Lt. Governor Buddy MacKay share excerpts from his memoir, "How Florida Happened," from 2 to 3 p.m. MacKay is a Florida native with roots in agriculture and citrus and a great storyteller.

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Stamp Club

By Joe Rosinski

The Wednesday, April 1 meeting of the General Francis Marion Stamp Club got off to a quick start when Bob Schlegel presented the front page of a well-known stamp collector's magazine with a headline that read "USPS Stops Sale of Postage Stamps in 2017." Bob had cleverly overprinted the headline that made it look real.

End result – April fools!

The monthly presentation at the meeting highlighted some covers/postcards concerning the dedications/commemorations of openings and closings of post offices throughout the country with an emphasis on the depression years. During this period, President Franklin D. Roosevelt, a well-known stamp collector, authorized the construction of many new buildings as a way to stir up some jobs, many of which concerned the construction of new post office buildings.

One of the covers shown in the presentation concerned the dedication of a new post office building in Jackson, Mich. on

Nov. 25, 1933. It was addressed to Franklin D. Roosevelt, President of the United States and was stamped on the back with an authentication as being part of FDR's renowned collection at one time.

Another cover was one that advised of the closing of the post office at Kelsey City, Fla. on July 31, 1939 and the opening of the new post office with the name of Lake Park, Fla. on August 1, 1939 due to change in name of the town.

The last day of railway post office service between New York and Washington, D.C. was commemorated on two covers dated June 30, 1977. One cover was from TR 3 (Train 3) from New York to Washington and the other is from TR 4 (Train 4) from Washington to New York.

Back stamps on each cover show the receiving cancellation from the opposite city. A cachet on each one shows a picture of the Empire State Building and the Washington Monument connected by a

railway post office car. One picture is blue and the other is red. Numerous other covers were shown, but space limitations preclude describing them all.

If you have any questions about the club or the hobby, don't hesitate to e-mail me at jrcr8850@embarqmail.com. You can also find the e-mail addresses for other club members at ocalagfmstampclub.com, our club website. Club dues are only \$6 per year.

Our celebration luncheon of the 25th anniversary of the club was held on Wednesday, April 8 at Ocean Buffet. We had a great turnout of members and guests. We're always looking for new members, so come out and join us. During the luncheon we were disappointed to hear that Bill Gardner will be leaving us. We'll miss you. Guests are always welcome at all of our meetings.

Thanks once again for reading this as well as other columns from our club.



Republican Club

By Fred Pulis

Marion County Head of the Bureau of Homeland Security and Professional Compliance, Major Terry Bovaird, was our guest speaker at the April Republican Club meeting. Major Bovaird developed the Marion County Sheriff's Office Terrorist Intelligence and Counter Terrorism Units. These two units are responsible for the analysis of terrorism-related activity and crimes. Also, he developed the Planning Research Unit within the Terrorist Intelligence Unit to deal with acts of terrorism.

He described some of the terrorist related events that have been thwarted in Marion County including an arrest of potential terrorists who had in their posses-

sion several containers of liquid mercury. Major Bovaird described the effective use of communication and resources between county, state and federal agencies.

Florida State Representative Charlie Stone provided the members with an update on administrative action occurring at the state capitol. Florida budget and tax cuts are areas of most concern in trying to reach a compromise of a \$4 billion disagreement between the House and Senate bills.

The next meeting of the Republican Club on Friday, May 8, will feature the annual all-you-can-eat pizza party. The Papa John pizzas, salad, and liquid refreshments for only \$10 can be purchased by calling Fred Pulis at (352) 854-9976 or Opal Stroud at (352) 237-7737.

The meeting will be held at the Arbor Conference Center, Suites E, F, and G starting at 6:30 p.m. For more information about the Republican Club, please contact Fred Pulis at (352) 854-9976.

Indigo East

By Jean DiPiero

All residents are invited to play bunco at the Indigo East Community Center on Tuesday, May 5, at 7 p.m. Please bring a drink of your choice, if you wish, along with a snack to share. It can be cookies,

chips, candy, etc. There is a fee of \$3.

At the end of the game there will be prize money for the most wins, losses, buncos, etc. Even if you don't know how to play there will be someone there who can show you. Come join in the fun and meet new people.

Shirley Hamilton is the coordinator for bunco. If you have any questions, please contact her at kables Shirley@yahoo.com.

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Photo by Mort Meretsky

Happy Hour "Rock Star Party" at the Arbor Club on Friday, April 10!

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Spring Band Concert

By Bob Woods
World News Writer

Spring was certainly in the air on Saturday, April 4 when the Spring Band Concert took place at Circle Square Commons. Three live bands performed that evening with a Corvette show as well.

Members of the Corvette Club of Marion County furnished the Corvettes. The oldest "Vette" was a 1967 turbo-charged four-speed red convertible with a 350 horsepower engine. The newest "Vette" was a current 2015 model.

One "Vette" getting much attention was a 1987 C4 Corvette Roadster convertible painted in a dark copper metallic. There were 87 "Vettes" painted this rare color of which only 35 were convertibles. It was purchased in 2006 for only \$4,000 and was extensively restored in 2007. A 2001 model displayed the original win-

dow sticker containing a price tag of \$54,900. The Corvettes displayed were a special treat to the automobile buffs.

Live entertainment graced the stage from 5 to 9 p.m. with only two 15-minute intermissions. The ever-popular Norman Lee, Kathleen Kane along with Rocky & The Rollers, supplied the music. The dance area at The Town Square was alive with line, pattern, ballroom, and country dancers as all the musical performers played a mix of all types of music.

Food vendors sold all kinds of snack food and sandwiches and a 50/50 raffle was held benefiting Interfaith for Kids. By the size of the crowd and the dance floor, it seems everyone attending this event thoroughly enjoyed the festivities.



Photo by Bob Woods

The Spring Band Concert also included a Corvette show.



Model Railroaders

By Jim Lynam

Whew! The Model Railroaders were very busy in April. The members reserved a suite in the Arbor Conference Center and assembled the Lionel three-rail modules for display and operation. Residents were invited for an open house on the Saturday before Easter and many interested persons came to view the layout. There was sure a lot of reminiscing about "the good ole days" and "when I was a kid ..."

The members are planning an expansion to include up to four more modules, which should be ready for the Christmas season this year. Some of the themes for the new modules would include a suspension bridge over a river; a switching yard; an operating sawmill; and an expansion of the farm area. It will be interesting to see what will be created on down the line!

The members also hosted an open house for the HO layout on the Friday before Easter. The visitors were invited to operate the engines, which included the control of the speed, whistle, bell and direction the trains were to follow. Everyone commented upon the fantastic attention to detail that is evident throughout the layout. The change from daylight running to nighttime operation with the entire layout illuminated was spectacular! The members always explain to the visitors that, "the more you look, the more detail you will see."

In addition the members are installing some operational rolling stock, such as dumping coal cars, ore cars, log cars, and unloading box cars and milk cars. These cars are all operated by remote control and are just plain fun to observe and operate. A new high-lift has been added that will remotely unload pipe culverts onto a loading dock. More "action" cars and in-

dustrial areas are being planned with installation in the near future. If you would like to see these cars "in action" be sure to stop into the layout room on any Friday after 2 p.m.

The club wishes to bid all of the snowbirds a pleasant summer including the hope for a safe return in the fall. Also, Happy Mother's Day to all!

The Model Railroaders Club is always looking for new members, and you are welcome to join us. The layout is located in a room with entry from the Recreation Center fitness center. The club members work on the layout on Tuesdays and Fridays, from 2 to 4 p.m.

Our monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Hobby Building.

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Food For Thought

By Sandy Curtis

(352) 861-9720
sandy_curtis@otowfl.com

We have many things planned during the month of May starting off with Cinco de Mayo on Tuesday, May 5. Many cities celebrate with parades, dancing and festivals. At Candler Hills Restaurant and The Pub, we will serve up some traditional Mexican food that is often served or sold on this day. It's a fun holiday, really more about celebrating the Mexican way of life than about remembering a battle, which happened 150 years ago. Stop in and purchase a refreshing margarita on the rocks to enjoy with one of the following specials: two beef or chicken tacos with rice and beans for \$6.50, along with a basket of chips and salsa for \$4, quesadillas and more.

The second Sunday in May is a special day, Mother's Day, in which we honor those wonderful ladies in our lives. Candler Hills Restaurant will be open from 11 a.m. to 4 p.m. We will offer a buffet for \$21.95 plus tax and gratuity to include the following:

- Hot entrée presentations: Sliced sirloin with mushroom sauce, glazed ham, herb roasted turkey breast, fresh asparagus, roasted vegetable medley, rice pilaf and au gratin potatoes;
- Cold food presentations: House salad, Caesar salad, fresh fruit selection and deviled eggs;
- Dessert: A sweet assortment.

Reservations are recommended; so give us a call at (352) 861-9720 and let us make this day special for you.

Have you ever watched a game show on television and wished you were in the audience? On Tuesday, May 19, from 7 to 9 p.m., come out and let us entertain you with Love & Marriage, our version of "The Newlywed Game." Five resident couples have volunteered to participate

on this night at the Candler Hills Community Center and will be tested on their knowledge of their spouse. Admission is \$10 plus tax and gratuity and includes appetizers. A full bar will be available for everyone. Space is limited so we encourage you to make your reservations today at (352) 861-9720. I guarantee there will be lots of laughs.

Last but not least, we honor those who have served in the Armed Forces. Memorial Day is Monday, May 25. Come out to enjoy a cookout on the patio with friends and family. Who can resist the smell of hot dogs and hamburgers cooking on the grill? If the outdoors is not where you want to be, then we have plenty of seating inside. All items are served with potato salad and coleslaw. Burgers are only \$9 and hot dogs \$6. We will be open from 11 a.m. to 5 p.m. on this day. Don't forget to wear your red, white and blue.

Two for \$20 will continue during the month of May at Candler Hills Restaurant. However, it will be discontinued at The Pub until further notice. Stay tuned for future events to come. As always, we appreciate your business.



View From The Library

By B.J. Leckbee

In the late 1800s, two large cities had a common problem. The streets of Boston and New York were clogged with horse-drawn carts. The stench of horse droppings was overwhelming at times, and traffic jams and accidents were common occurrences. Winter snowstorms stopped traffic completely.

Both city governments struggled to find a solution. Questions needed to be answered. Could an overhead trolley system be built powered by steam or gas? How could it be financed? Tested? Designed? Where should it start and stop? Should multiple short lines be used? Or was there another solution?

When the building of an underground transportation system was suggested, it was soundly rejected. People were afraid of traveling underground. But two wealthy and determined brothers, one living in Boston, the other in New York believed an underground system to be the only solution to the problem. Henry (Boston) and William (New York) Whitney had the money to travel to London to inspect that city's system and to hire engineers to design a similar system for their cities. They also were determined to make the subways happen.

History was not on their side. An earlier effort by Alfred Beach had succeeded in getting New York to pass a subway bill, but five months later the economy collapsed, banks folded, and his investors lost their fortunes and backed out.

The brothers Winston were not deterred. In "The Race Underground" Doug Most describes the many small successes and constant setbacks that resulted in Boston breaking ground on March 28, 1895 for a system that was completed in 1897, and last year averaged 210,000 rides on weekdays.

New York's effort required serious financial backing from August Belmont and finally began on March 4, 1900 and started operation in 1904. In 2013, the system averaged 5.5 million rides on weekdays.

"The Race Underground" provides backstories on the people and the politics involved in making something that seemed impossible happen. It's on the center shelves, section 388.

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100 Grandparents
By Janet Fragapane

Our last trip to read to the children of Romeo Elementary is Thursday, May 14. The bus will be at True Value store (8505 SW Hwy. 200, Ocala, FL 34481) at 9 a.m. Please park near the back of the store, thus leaving the front parking area clear for customers. Thank you.

Did you read the article in the Star Banner on Thursday, April 9, about the Food 4 Kids backpack program? It stated that they are in need of monetary donations. This is

the same program we have been sponsoring at 100 Grandparents for several years. Residents have always been very supportive in helping this wonderful group. Please keep doing that. The article stated that they feed 1,600 children a month; \$25 a month will feed a child.

If you would like to donate single sized food items (no glass), please drop them off at Joanne Leigh's home at 10114 SW 92nd Street Road (Avalon) or call her (352) 237-7637. She will come to you if you cannot get to her home.

Would you rather donate money instead? Mail a check in any amount made out to Dunnellon Food-4-Kids, P.O. Box 262, Dunnellon, Florida 34430. On the memo line write "backpack." School is over the beginning of June. But, these

children need food all summer long. Hunger has no season. Volunteers work year round to feed our neighborhood children.

A bit of history about the 100 Grandparents – the group was started in 1998 by Paul Zamorra. He wrote the column and made the calls, planned the trips to different schools. There were about 13 readers at the time. They car-pooled and traveled to many Marion County schools, finally picking Romeo Elementary as the school that was in need of this loving help. The 100 Grandparents were also supporters of the West Port High School sports program – going to the games and cheering on the teams.

Paul Zamorra stepped down from the group in 2003. By then, Barbara Greenwood had been writing the column and

making the calls. Paul then turned the reins over to Barbara. She held the post of organizer 14 years, making sure that there was a reader in every class every month. Evelyn Sarns Holiday now has the position as organizer.

You may ask if all this trouble each month is of value. A resounding yes! The school will tell you, Romeo Elementary has a great record with how well the children read, behave, show respect, and attend school. All this they attribute to 100 Grandparents.

We still do not have a place to leave the Box Tops for Education, pull tabs, and Campbell's soup labels. Please keep collecting them, or give them to any grandparent. Call me at (352) 861-1575 and I will pick them up.



Community Emergency Response Team
By Beth McKeen

The speaker at our April meeting was Roselle Derequito. Roselle is a Community Service Americorp member. Americorp provides community service wherever there is a critical need, and is considered to be the domestic counterpart of the

Peace Corp. Roselle is currently working an 11-month internship with the local American Red Cross office in Ocala.

The American Red Cross responds annually to approximately 70,000 disasters; the majority of which are house fires. It is mission driven to alleviate human suffering in the face of emergencies. Its purpose is to protect life and health and to ensure respect for the human being. It is non-profit and relies on donations from the general public as well as corporations. They provide immediate assistance to victims by providing food and shelter and

communicate with other first responders to ensure victims' well-being and safety.

There is currently a CERT training class in progress, but these classes fill up quickly and it is not too early to submit your application for the next class. There are two ways to get an application. Contact Beverly Case, Bureau of Emergency Management at (352) 369-8103 or visit <http://marionso.com>, Emergency Management Bureau and click on EM Volunteer Program Application. Fill out and mail in the application.

We are always happy to welcome new

members to our team, so please consider participating in this service organization as a way to contribute and give back to your community.

Our next regular CERT meeting is scheduled for Tuesday, May 12.

CERT meets every second Tuesday of the month at 9 a.m. in the Arbor Conference Center, Suites E and F. Persons interested in learning more about CERT are welcome to attend these meetings or contact Beth McKeen at (352) 237-5079.



Community Patrol
By Patricia A. Woodbury

At the March meeting of the Community Patrol, our guest speaker was Donna Guinn, of the Ocala Police Department (OPD) where she has been an advocate for over 20 years for people needing information and assistance.

Mary Callahan, president of the Mar-

ion County Sheriff's Office Foundation, came to the meeting to present the group with a GPS for the patrol car. The Foundation has been replacing worn out GPS equipment to various volunteer groups. They also provided volunteer shirts for the Crime Watch teams in indigent areas. Mary also had green colored foundation caps for any patrol member who wanted one. She reminded the group of the next Foundation fundraiser, a pasta dinner to be held Friday, May 1, from 4 to 7 p.m. at Marion Landing, located at 8601 SW 65th Avenue Road. Gary Rodoff has tickets for \$7 each and all are encouraged to attend.

The patrol continues to look for new members. New recruits have six months after they enter the patrol to sign up for the 12-week Sheriff's Citizens Academy and Partnership, if they have not already completed that course.

The next meeting of the Community Patrol will be Monday, June 22. There will be no meeting in May due to the Memo-

rial Day holiday.

Anyone interested in becoming part of our Community Patrol should call Richard Enos at (352) 304-8477 or Gary Rodoff at (352) 291-7508. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center, at 3 p.m. Come and join us, the meeting is open to everyone.



OneBlood Bloodmobile
By Sara Sommer

The Big Red Bus came on Monday, April 6. It was a glorious spring day. Here are the names of the heroes who took the time to save a life: George Borgia, Donald

Fischer, Thomas Haynes, Aaron Hertz, Oscar Joseph, David Keitz, Daniel Moore, Kathleen Mullen, John Orend, Debra Lee Pereira, Dale Rubin, Gary Schulte, John Searls, Hedwig Werner, Richard and Sandra Westphal. Thank you for your gift.

The bus will be here next on Monday, June 1 at the Recreation Center parking lot, from 8 a.m. to 3 p.m. Please mark your calendar. See you on the bus.

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Genealogical Society

By Peter Parisi

On Monday, March 16, Jane Duckworth, one of our members, gave a very informative presentation on lineage and heritage societies and how they can possibly help us find our ancestors and other living relatives.

A lineage society is an organization that limits their membership to those who meet group criteria, such as descendants of a particular person or group of people of historical importance. Examples are the Daughters of the American Revolution (DAR), the Mayflower Society descendants or United Daughters of the Confed-

eracy. Many of these organizations have local chapters in Marion County. It does not include general ethnic heritage societies, which is a socially defined category of people who have a common ancestral, social, cultural or national experience. Examples would be the Irish Genealogy Society International, the Polish American Genealogical Society or the Italian Genealogical Society of America, to name a few.

Being a member of a lineage or heritage society allows you to have access to the organization's library and other resources and gives you the ability to connect with other genealogists who share your interests. It may also connect you to relatives you don't even know exist.

In order to join a lineage society, you must carefully document your ancestry back to the person in your family who fits the particular criteria for membership in the society. You will need birth, marriage

and death records on your particular ancestors to prove that you are the child of your parents; they are the children of their parents, etc., going back as far as you can.

Jane was able to join DAR, because she found that an ancestor on her mother's side fought in the American Revolution. She later found out that a female ancestor on her father's side was a Fille de Roi, or king's daughter. Between 1663 and 1673, King Louis XIV sent 768 Filles de Roi to New France to settle Canada. In Canada, being a descendant of one of the Filles de Roi is akin to being a Mayflower descendant in the U.S. Had Jane known that initially, she could have joined the American-French Genealogical Society and saved herself a lot of time doing her research.

The Genealogical Society will hold a board meeting on Monday, May 11, at 9:30 a.m., followed by a business meeting at 10:15 a.m., in Meeting Room #3 of the

Hobby Building, next to the Recreation Center. At the business meeting, we discuss what members would like to have for upcoming genealogy presentations. We also will hold an educational presentation at 10 a.m. on Monday, May 18, in Suites B and C in the Arbor Conference Center. The presentation, titled "How People Keep Their Genealogy Paper Files," will be given by member Pat Bevis.

Our annual dues are only \$10 per person or \$15 per couple. One of the benefits of membership is that we have a large library of genealogical books and CDs, which are available to members to be signed out and used at home for their genealogical research. Check us out on our website, <http://otowgenealogicalsociety.shutterfly.com>.



Lions Club

By Estelle Clark

Our Lions just attended our district advisory meeting, which was held at the Ocala Hilton on Saturday, April 11. We were informed of all the projects that clubs around our district have been doing. The district governor inducted two new members for the Palatka Lions Club. Our incoming governor, first and second vice district governors were introduced.

The month of May will be a very busy one for the Lions. We will be attending our Multi-District (State) Convention at the Ocala Hilton. Our new district governors will be introduced and awards will be given out to district and state Lions.

Our club will also be celebrating our 28th year charter night on Tuesday, May 26. It has been a very busy 28 years. We have had the pleasure of helping so many people with such wonderful support from the residents helping us to serve those in need.

Also in May we will be taking stuffed animals and socks to Munroe Regional Medical Center's Children's Emergency Room. We will also help the children's backpack program and homeless veterans, as well as collecting used eyeglasses that we clean, refract and send with missionaries to third world countries. We also collect ink jet cartridges and cell phones, which we send to a recycle facility so we can send children to diabetes camp. All of these items can be dropped off at our collection box at the Arbor Conference Center or Publix in Canopy Oak.

Please join us for our annual Memorial Day service on Monday, May 25, at the Recreation Center, at 9:30 a.m.

The Lions meet on the second and fourth Tuesday at the Arbor Conference Center, at 7 p.m., in Suite C. We would love to have you come and join our fun and busy family. Contact Lion Estelle Clark at (352) 861-7358 for further information. We serve.

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It's the Law

By Bob Woods

Seat Belts

"Click it or ticket" is a slogan used concerning one of Florida's traffic laws and as an advertising ploy to get motorists and their passengers to wear seat belts while driving.

According to the Florida Department of Motor Vehicles, any car manufactured since 1968, front seat passengers must wear seat belts and all passengers under the age of 18 must wear a seat belt. The State of Florida has very specific laws regarding seat belt usage along with very specific consequences. A new addition to the seat belt law taking effect this year requires all children up to age five to be in a child restraint car seat or booster seat.

Florida Statutes, Chapter 316, Section 614 is Florida Safety Belt Law. Paragraph (c) states, "Restrained by a safety belt means being restricted by an appropriately adjusted safety belt which is properly fastened at all times when a motor vehicle is in motion."

(4) "It is unlawful for any person: (a) To operate a motor vehicle in this state unless each passenger and the operator of the vehicle under the age of 18 years are restrained by a safety belt or by child restraint device ..."

Any person who violates the seat belt law commits a nonmoving violation. Seat belts do save lives ... buckle up!

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Candler Connection

By Janet Wiles

On Tuesday, April 7, a small group of Candler Hills residents attended the backstage presentation and tour of Circle Square Cultural Center. Jo Salyers and her team shared stories about performers, how they are selected, transportation for the performers, hotel arrangements, lighting requirements, sound system information, and a wide variety of other details involved in putting on a single show. Attendees gained much insight and appreciation for all of the hard work that goes on behind the scenes. When this tour is presented again, it will be through Master the Possibilities. This should be a must-see class for anyone who attends shows or other events at Circle Square Cultural Center.

Mark your calendar for the ice cream social in the Candler Hills Community Center on Sunday, June 7, from 3 to 5 p.m. Dates of ticket sales and other details will be included in the June column as well as "The Happenings" for May.

We wish to thank Bev McCarthy and Peggy Janisch for coordinating the potluck dinners. The first four of these events

this year have been well attended. Participants have enjoyed a variety of delicious appetizers, entrees, salads, vegetables, and desserts. What marvelous cooks we have in Candler Hills! Since many of our residents are snowbirds or are traveling during the summer months, the next potluck will not occur until fall. Mark your calendar for the next potluck on Tuesday, Oct. 27. Details for this will be published in a future column.

The Candler Connection website, www.candlerconnection.org, contains a neighborhood directory. If you wish to be added to this, you may now contact one of two board members. You can reach Marilyn Lube at (352) 895-3954 or marilyn.lube@yahoo.com. You can reach Sami Odeh at (352) 229-0214 or sodeh65@gmail.com. If leaving a message with either person, please include your name, address, phone number, and e-mail address. By submitting your e-mail address, you can receive "The Happenings" each month and notifications of any changes made after the submission of this column.

John Bain is still taking orders for nametags for residents of Candler Hills. The cost is \$1. Sign up for a new or replacement nametag at any potluck dinner or whenever tickets are sold for Candler Hills events. Wear your nametag to all Candler Hills functions so that we can get to know one another.

The next Candler Connection board

meeting will be held on Tuesday, May 5, at 2 p.m. in the Candler Hills Community Center. All residents are welcome to come and discuss any issue pertaining to the board.

In the meantime, continue to enjoy the warmer weather and the variety of amenities available throughout our great community.

World News Delivery

Each household in On Top of the World should receive a complimentary copy of the World News along with the Ocala Star-Banner every month.

please e-mail otownews@otowfl.com or call (352) 854-0248. Please include your house number and street address along with your community name.

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GOING OUT OF TOWN?

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Avalon Social Group

By Marie Roppel

Monday, April 6 found 55 people gathered for our monthly potluck. Following our hearty meal, Pat Gabriel, from the SR200 Coalition brought the group up to date concerning future development along the highway. She told us of several medical facilities, shopping malls and housing developments currently in various approval stages. She also told of two nursing homes as well as assisted living, independent living and memory care facilities in the approval stages. Prior to hearing from Pat, Frank Caputo thanked

the group and brought us up to date on various donations after the talk at the March meeting.

Our next meeting will be held on Monday, May 4. It will be the traditional potluck with the theme for the evening being the Kentucky Derby. Appropriate attire is encouraged. Come and meet both familiar and new friends.

A reminder, the fall cookout has been moved from November to October in order to meet before Daylight-saving Time ends.

The meetings for the remainder of the year will be: June 1, Sept. 7, Oct. 5, Nov. 2 and Dec. 7. For questions, call Ed at (352) 304-8206 or Kurt at (352) 237-5747.



Democratic Club

By Dan Lack

An eight-year-old girl came into my office on Veterans Day during my pre-retirement life and I asked her, "What's a veteran?" She answered, "It's somebody who takes care of animals." It was cute that she thought that veterinarians were so important that there was a national holiday for them.

We can all agree that veterans are really important too and the Democratic Club is proud to have supported the Ocala Ritz Veterans Village for almost as long as we have existed. Their new residence manager, Rob Thomas, will be the speaker at our meeting on Thursday, May 28. Rob will bring some residents along to tell us their stories of how the Veterans Village is helping them get back on their feet. Be sure to bring canned and bottled food, coffee, sugar, toiletries or laundry detergent so Rob can fill the trunk of his car for his trip back to the Veterans Village.

This is your final opportunity to reserve your seat for our club luncheon at Olive Garden on Thursday, May 7, at noon. Please call Secretary Lynn Miller at (352) 438-3354 now!

We meet on the fourth Thursday of every month at 6 p.m. in Suites E and F at the Arbor Conference Center. Our meet-

ings are open to registered Democrats and Independent voters although only Democrats can be voting members of the club. For more information, call Dan Lack at (352) 509-4942 or send an e-mail to otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!

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LIFESTYLE

Marion Bonsai Society's Annual Show

By Ray Cech
World News Writer

It is interesting to spend time with Tom Brantley, founder of the Marion Bonsai Society, and Marion-Alice Burke, president. As hobbyists and professional growers of such little plants their enthusiasm is palpable and their knowledge, inexhaustible. They, along with committed volunteers, were showing off some of the best of the best bonsai at Master the Possibilities, Tuesday, April 7 through Friday, April 10.

Tom Brantley, an Ocala native, along with five friends founded the "club" more than 25 years ago. As word spread and enthusiasts found their space, it grew into today's largest and most active Bonsai Society in Northern Florida. When asking Tom about his introduction to the art of bonsai, he says, "It all started more than 40 years ago when my brother brought home a book on bonsai. I couldn't put it down and, as they say, that's all she wrote." Brantley eventually became a professional grower.

The art of bonsai has come a long way over the centuries when the Chinese first began cultivating the specimens. They would trek through mountain forests col-

lecting disfigured trees that they would then work into different configurations. Then at about the time of the Hang Dy-

nasty, when Chinese monks began migrating to Japan, they spread the bonsai gospel. In the very beginning, they would gather only the most "revered" trees: apricot, plum, cypress and the black and white pine. They eventually realized, however, that growing their trees from seed rather than harvesting from the forest gave them greater capability to control their growth and shape.

It wasn't until 1806 when England's Queen Charlotte was gifted a bonsai that

the art form began to sprout. World civilizations would begin seeing these "little-trees" at exhibitions and fairs, and eventually, the craze for them caught on, until it seemed every household was cultivating them in one form or another.

If you are interested in learning more about the art of bonsai, you can call Susan Moring at (352) 694-5533. The Marion Bonsai Society meets the first Sunday of every month at 2 p.m. at the Discovery Center at Tusawilla Park.



Photo by Ray Cech

Alice Burke, president of Marion Bonsai Society and Tom Brantley, founding member.



Hedy Schamal, Ellen Brecheen, Nancy Dreimiller, Janet Wahl, Carol Cecala, QM Mary Curry and Betty Tesmer at the Circus Circus event at the Red Hat Gala in Tampa.

Red Hat Gala

By Janet Wahl

Seven of us attended the Florida Red Hat Gala hosted by the Florida West Coast Queen's Council in Tampa. A dinner cruise on the Yacht StarShip in Tampa Bay and the Ringling Museum were two of our activities. The Howard Brothers Circus Model, which is the world's largest miniature circus, was very intricate and detailed. We also toured the winter residence of John and Mable Ringling.

The Circus Circus event was a lot of fun and merriment with carnival games and activities. There was even a gypsy fortuneteller.

The Victorian Red Hat Gala had a hat and dress contest judged on the items that had to be included and the authenticity of the period. LaFrance of Ybor City presented a "Journey of Fashions." The Red Hat Boutique with favorite vendors was on site for shopping. QM Mary Curry read the Red Hat Society prayer before the delicious luncheon was served. Raffles

and door prizes concluded the busy day and event.

Easter baskets full of candy and a toy were assembled and delivered to the children at Project Hope.

Our luncheon at the Red Lobster hosted by Nancy Cooperman and Janet Wahl was honored to have the director of Project Hope, Diane Clinton, as our guest. She told us about some of the women who come there and the program that teaches them the skills necessary to be able to manage on their own. Diane also read a letter from one of the ladies who shared what her life had been like before she came to Project Hope.

Diane Clinton was our prize winner by guessing closest to the number of pieces of candy in a jar. QM Mary had a game and Janet Wahl won. "Life may not be the party we hoped for, but while we're here we should dance." QM Mary Curry

Special Olympian

By Marlene Zink

We have bragging rights. Windsor is very proud of one of our own residents: Robert Schaefer. On Saturday, Feb. 28, Robert Schaefer, son of residents Penny and Dave Schaefer, and grandson of residents Judy and Robert Schaefer competed in the Marion County Special Olympics.

The night prior to the competition,

Robert was presented with a special t-shirt with well wishes and signatures from all his friends and neighbors in Windsor. On the day of the event, some of the neighbors showed up to support Robert and cheer him on.

The chilly weather did not seem to affect the participants or the spectators. The event took place at the Forest High School

Sports Complex. It began with the singing of the National Anthem, an inspirational speech, the lighting of the Olympic torch and finally the Special Olympian's oath: "Let me win. But if I cannot win, let me be brave in the attempt."

Robert was entered in the men's softball throw and men's 50-meter dash. Thanks to what was without a doubt the single largest fan base in the stadium and a lot of training, Robert received the blue ribbon in both events. Due to his great performance, Robert was able to continue

on to the Area 4 Competition held at Fort White High School in Columbia County on Saturday, March 14.

At that competition, Robert placed first in the 50-meter dash and second in the softball throw. Now he waits to see if he will be selected to represent Marion County in the Florida State Special Olympics to be held in May at the Wide World of Sports complex in Orlando.

This was Robert's third year competing here in Marion County and 33rd year competing in Special Olympics.



Photo by Marlene Zink

Windsor residents support Robert Schaefer at Marion County Special Olympics.

CLUB MEETINGS

Meeting Location Codes

AC	Arbor Club	CSCC	Circle Square Cultural Center	HBCR	Hobby Building Card Room	RCT	Recreation Center Tennis Courts
ACF	Arbor Club Fitness	FF	Flying Field	HBWW	Hobby Building Woodworking Shop	RCP	Recreation Center Outdoor Pool
ACCT	Arbor Club Tennis Courts	GC	Golf Course	HSC	Horseshoe Courts	RCPL	Recreation Center Parking Lot
ACIP	Arbor Club Indoor Pool	HB	Hobby Building Meeting Room #2	ICC	Indigo East Community Center	RQC	Racquetball Courts
ACOP	Arbor Club Outdoor Pool	HB2	Hobby Building Meeting Room #3	MGC	Miniature Golf Course	SBC	Shuffleboard Courts
AMFW	AMF Galaxy West Lanes	HB3	Hobby Building Meeting Room #3	PAV	Pavilion	SBF	Softball Field
BC	Bocce Courts	HBAS	Hobby Building Art Studio	RC	Recreation Center Ballroom	WD	Winn-Dixie
BO	Bank of the Ozarks	HBRR	Hobby Building Billiards Room	RCB	Recreation Center Ballroom		
CC	Arbor Conference Center			RCF	Recreation Center Fitness		
CCC	Candler Hills Community Center						
CCR	Candler Hills Card Room						

To make changes, call the Recreation Center at (352) 854-8707, Ext. 7530 or 7533

Weekly Monday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Mixed Tennis Doubles	RCT
	Water Walk	ACIP
	R.O.M.E.O. Club	WD
8:30	Men's Softball	SBF
9:00	Woodworking	HBWW
	Deep Water	
	Fitness Class	ACIP
	Ladies Billiards	HBRR
9:30	Shuffleboard	
	(Sept.-April)	SBC
10:00	Tennis Doubles	RCT
	Ceramics (until 2 p.m.)	HBAS
	Ladies Billiards	HBRR
	Open Pool Time	ACIP
10:30	Line Dance	ICC
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Bridge	HBCR
	Aqua Belles	ACIP
12:45	Line Dance	
	(Beginner/Intermediate)	RCB
1:00	Dominoes	CC:G
1:30	Happy Hookers	HBAS
	Ceramics (until 2 p.m.)	HBAS
2:00	Rummicube	CC:E,F
2:45	Bowling League	AMFW
5:00	Mah Jongg	CC:A
6:00	Table Tennis	CC:D
	Dancing Singles	AC
	Men's Poker	HB3
6:30	Mah Jongg	ICC
	Monday Night Bridge	HBCR
6:45	Ballet Club	ACF
7:00	Mexican Train Dominoes	CC:G

First Monday

7:30	One Blood	
	(Even # Months Only)	RCPL
9:00	R/C Flyers Club	CC:B,C
	LifeSouth Blood	
	(Odd # Months Only)	RCPL
3:00	Bocce Meeting	CC:B,C
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
	Sunshine Singers	RCB

Second Monday

10:00	Genealogical Society	
	Business Meeting	HB3
2:00	Bowling League	AMFW
5:00	Metaphysical Club	CC:B
7:00	Original Karaoke Group	CCC
	Theatre Group	CC: E,F

Third Monday

10:00	Genealogical Society	
	Workshop	CC: B,C
6:30	Sunshine Singers	RCB

Fourth Monday

3:00	Community Patrol	CC:B,C
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7:00 Original Karaoke Group CCC

Weekly Tuesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	RCT
	Water Walk	ACIP
	R/C Flyers Club	FF
	Pickleball	RCT
	R.O.M.E.O. Club	WD
	Ladies Golf Assoc.	
	9-Hole (May-Oct.)	GC
8:30	Ladies Golf Assoc. 18-Hole	GC
	Racquetball	RQC
	Ladies Golf Assoc.	
	9-Hole (Nov.-April)	GC
9:00	Computer Club	CC:B,C
	Tai Chi	ACF
	Shallow Water	
	Fitness Class	ACIP
	Hand & Foot Canasta	HBCR
	Woodworking	HBWW
	Horseshoe League	HSC
	Arts & Crafts (Jan-May & Sept-Dec)	HBAS
	Sunshine Quilters	HBAS
	Knit Wits	HB3
9:30	Concert Chorus	
	(Jan-Apr & Sept-Dec)	AC
	Yoga	ICC
10:00	Open Pool Time	ACIP
10:30	Horseshoe League	HSC
	Walleyball	RQC
11:00	Open Pool Time	ACIP
Noon	Cybex Orientation	RCF
	Mah Jongg	CC:A
12:30	Bridge	HBCR
	Crocheting & Knitting	ICC
	Mah Jongg	ICC
	Open Pool Time	ACIP
1:00	Badminton	RQC
	Ballet Club	ACF
	Shuffleboard	
	(Sept.-April)	SBC
	Crochet Club	ICC
2:00	Chess Club	HB2
3:00	ShutterBugs	CC:B,C
5:00	Mah Jongg	CC:B
	Mah Jongg	CC:A
	Table Tennis	CC:D
	Poker	CC:G
5:30	Mah Jongg	CC:B
	Sidekicks Western Dance	RCB
6:00	Pinochle	HB3
	Poker	CC:G
	Poker	CCR
6:30	Duplicate Bridge	HBCR
	Mah Jongg	HB2
	Circle Squares	AC
	Mah Jongg	ICC
	Mixed Poker	CC:H

First Tuesday

8:00	Men's Golf Assoc.	CC:A
10:30	Shuffleboard	
	(Sept.-April)	CC:H
11:30	Ladies Golf Assoc.	
	9-Hole (Oct.-March)	RCB
1:00	Sunshine Quilters	
	Business Mtg.	HBAS
2:30	Italian American Club	CC:E,F
6:00	Pinochle	HB3
6:30	JB Poker Club	CC:E,F
	Lions Club Meeting	CC:C
	Indigo East Girls Bunco	ICC

Second Tuesday

9:00	Citizens Emergency	
	Response Team	CC:E,F
	Sunshine Quilters	HBAS
10:00	Ladies Golf Assoc.	
	18-Hole (Oct.-April)	RCB
3:30	Alpha Investment	HBAS
6:30	Lions Club Meeting	CC:C
6:45	Game Night	ICC

Third Tuesday

10:00	Sunshine Quilters	HBAS
5:00	Caribbean Club	ICC

Fourth Tuesday

8:00	Citizens Emergency	
	Response Team	ICC
10:00	Sunshine Quilters	HBAS
11:30	Ladies Golf Assoc.	
	9-Hole (Oct.-March)	RCB
12:30	Scandinavian Club	CC:E,F
3:30	Alpha Investment	HBAS
6:30	Lions Club Meeting	CC:C

Weekly Wednesday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	RCT
	Water Walk	ACIP
	Pickleball	RCT
	R.O.M.E.O. Club	WD
8:30	Men's Golf 18-Hole	GC
	Men's Softball	SBF
	R/C Flyers Club	FF
9:00	Woodworking	HBWW
	Line Dance	CC:E,F
	Deep Water	
	Fitness Class	ACIP
10:00	Tai Chi	ACF
	Fun with Ceramics	HBAS
	Open Pool Time	ACIP
10:30	Pool Closed for Cleaning	
	(until 11:30 a.m.)	ACIP
Noon	Mah Jongg	CC:A
12:15	Bridge	HBCR
12:30	Japanese Bunka	CC:B
	Aqua Belles	ACIP
	Mah Jongg	ICC
	Practice Bridge	HB2
	Samba	CCC
1:00	Shuffleboard	
1:30	(Sept.-April)	SBC
	Fun with Ceramics	HBAS
2:30	Scrabble Club	CC:H
5:30	Bingo	RCB
6:00	Men's Poker	HB3
	Samba	HBCR
6:30	Mah Jongg	CCC

First Wednesday

8:30	Ladies Golf Assoc.	
	18-Hole	CC:B
9:00	Model Railroaders	HB3
9:30	Travel Toppers	CC:A
1:00	General Francis	
	Stamp Club	BO

Second Wednesday

3:00	Pennsylvania Club	CC:E,F
6:00	Line Dancing	AC

Third Wednesday

12:30	Bunco	CCC
1:00	General Francis	
	Stamp Club	BO

Fourth Wednesday

6:30	Tall Travelers RV Group (No	
	mtgs Dec, June-Sept)	CC:B,C
7:00	Mystery Book Club	CCR
	Bunclicious Chicks	CC:A

Weekly Thursday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Men's Tennis	RCT
	Water Walk	ACIP
	R/C Flyers Club	FF
	Pickleball	RCT
	R.O.M.E.O. Club	WD
8:30	Racquetball	RQC
9:00	Art Group	HBAS
	Tai Chi	ACF
	Shallow Water	
	Fitness Class	ACIP
	Woodworking	HBWW
	Computer Club	CC:B,C
	Candler Hills Ladies	
	Golf Assoc. 9-Hole	GC
	Candler Hills Ladies	
	Golf Assoc. 18-Hole	GC
9:30	Shuffleboard	
	(Sept.-April)	SBC
10:00	Open Pool Time	ACIP
10:30	Walleyball	RQC
12:00	Sewing Bees	HBAS
	Mah Jongg	CC:A
12:30	Bridge	HBCR
1:00	Badminton	RQC
	Ballet Club	ACF
	Table Tennis	CC:D
	Games, Games, Games	ICC
3:00	Western Stars Bowling	AMF
6:00	Men's Poker	HB3

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6:15	Game Night	CC:G
	Poker Night	CC:B
6:30	Mah Jongg	CCR
	Bridge	HBCR
	Mixed Poker	CC:H
7:00	Cards	ICC
	Card/Game Club	CC:G

First Thursday

1:00	Rubber Stamp	
	Greeting Cards	CC:C
	Opera Appreciation	
	(May-Dec)	HB3
5:00	Southern Club	CC:E,F

Second Thursday

2:00	Singles Club	CC:B,C
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Third Thursday

1:00	Rubber Stamp	
	Greeting Cards	CC:C
	New England Club	
	(Oct-May)	AC

Fourth Thursday

6:00	Democratic Club	CC:E,F
6:30	CERT	ICC
6:45	Game Night	ICC

Weekly Friday

6:00	Lap Swimming	ACIP
7:00	Open Pool Time	ACIP
8:00	Ladies Tennis	RCT
	Water Walk	ACIP
	R/C Flyers Club	FF
	Pickleball	RCT
	R.O.M.E.O. Club	WD
9:00	Woodworking	HBWW
	Deep Water	
	Fitness Class	ACIP
9:30	Shuffleboard	
	(Sept.-April)	SBC
10:00	Racquetball	RQC
	Women's Bible Study	
	(Oct-May)	CC:A
	Qi Gong	ICC
	Open Pool Time	ACIP
10:45	Tai Chi	ACF
11:00	Golf Group	PAV
Noon	Mah Jongg	CC:A
12:30	Aqua Belles	ACIP
1:00	Table Tennis	CC:D
	Canasta the Old	
	Fashion Way	CR
1:30	Nickel/Nickel	HB3
5:00	Cribbage	HBAS
6:00	Poker	HB3
	Euchre 4 Fun	CC:A

First Friday

1:00	Women of the World	RCB
4:30	Neighbors of Windsor	CC:G,H

Second Friday

8:30	R/C LadyBirds	CC:B,C
1:00	Mexican Train	CC:H
7:00	Republican Club	CC:E,F,G

Fourth Friday

1:00	Mexican Train	CC:H
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Weekly Saturday

8:00	Mixed Tennis	RCT
	R/C Flyers Club	FF
	Pickleball	RCT
8:30	Men's Softball	SBF
	Shuffleboard	
	(Sept.-April)	SBC
9:00	Computer Club	CC:B,C
	Woodworking	HBWW
	Ballet	ACF
	Art Group	HBAS
9:30	Yoga	ICC
10:00	Mixed Tennis	RCT
	Yoga	ICC
1:00	Table Tennis	CC:D
5:00	Mah Jongg	CC:A
6:00	Friday Night Poker	CC:H

Weekly Sunday

9:00	Racquetball	RQC
	Woodworking	HBWW
9:30	R/C Flyers Club	FF
Noon	Mah Jongg	CC:A
1:00	Table Tennis	CC:D
	Hand & Foot	HBCR
5:00	Sidekicks Western Dance	AC
6:00	Pickleball	RCT
6:30	Mixed Poker	CC:H

Third Sunday

2:00	American Jewish Club	CC:E,F,G
6:00	Everyone Wins Club	CC: B



SPCA

By Maria Devine

Our next meeting will be on Thursday, May 21, at 1 p.m. in the upstairs meeting room at the Bank of the Ozarks. We're starting to plan our second annual bunco fundraiser, so please join us if you want to help out. If you need to get in touch with us for any reason, please call our hotline number at (352) 362-0985.

Lilly, the Japanese Chin, is still available for adoption. Lilly's family can no longer care for her, and now she is seeking a new forever home. Lilly is nine years old, smart, sweet and loves to play. In foster care, she's also learned to love her golf cart rides. She loves cats and dogs as

well as people. The main thing she needs at this point is to lose a little weight. She should eventually whittle down to under 10 pounds from her current 11 pounds. Even a pound means a lot to such a little dog. Lilly also has a heart murmur, a condition that is treated with daily medication. You have to be willing to give her pills twice a day, and for that you'll get lots of love in return. But don't think that she's strictly a couch potato. Lilly loves to run and play and she's lots of fun. Then she'll jump in your lap when she's tucked out for a cuddle. If you're looking for a gentle companion that will show how much she loves you, please call the SPCA at (352) 362-0985 to meet Lilly and see if she's the companion you've always dreamed of.

Have you ever heard about the magic of threes? In her online blog, animal behaviorist Patricia McConnell writes about the patience needed when adopting a new

dog. She explains that many dog trainers and behaviorists believe in the "three days, three weeks, three months" rule for getting dogs accustomed to their new home. For the first three days most new dogs will be disoriented and will probably not show you their true colors until they're more comfortable. After three weeks, dogs will settle in more as if it's also their home, and by three months most dogs will fit in to your routine.

These are general guidelines, and many dogs may take even longer to integrate into family life. But it's an easy thing for new pet owners to remember when they get frustrated over the progress their new pal is making. It takes time to become a family and learn the ropes of the household - three days, three weeks, three months.

In real terms, you can avoid common mistakes when thinking about the magic of threes. For example, let your dog get

used to your home the first few days quietly, without overwhelming experiences. That means few or no visitors, no dog park and no training classes. You may need to revisit housetraining the first few weeks and work on behavioral issues the first few months.



Lilly



LadyBirds

By Caren Kowalsky

Our last meeting took place on Friday, April 10. Caren provided the goodies.

As always, the LadyBirds who worked canteen for the Saturday, March 28, R/C Fly-In outdid themselves. A big "thank you" for all of their time and outstanding work. LadyBirds you rock!

Our current nominating committee, consisting of Linda Ward, Gloria Scicluna and Sandra Ensley, reported the following ladies were nominated: President Caren Kowalsky, Vice President Ruth Kuntar, Secretary Leigh Workman, and Treasurer Linda Lohr.

A vote was taken, and the new board was agreed upon. The installation of of-

ficers will take place at our annual May luncheon. Our current President Cathy Fanelli, in charge of arrangements for this luncheon, informed us that it will be held at Arthur's at the Ocala Hilton on Friday, May 8, at 11:30 a.m.

On Wednesday, April 15, Opal Stroud arranged a tour of the Marion County Sheriff's Office and farm, followed by a luncheon at Cody's Restaurant.

Opal also arranged for our April guest speaker Sheriff Chris Blair. Spouses and significant others were invited to join us to hear this presentation. Sheriff Blair spoke about many new and innovative programs he and his team have put into place since he took office. Among many was the securing of two new police dogs named Chance and Recon. He also informed us that he makes presentations through Master the Possibilities and that he will be standing for reelection. We thanked him for his always interesting and informative

presentations.

As always, we invite spouses and significant others of any R/C Flyer to join us at our meetings, which take place on the second Friday of each month from September to April, at 9 a.m., at the Arbor Conference Center, Suites B and C. Just

bring your favorite beverage. We provide the goodies. We are sure that once you see what we are all about, you will want to become a member of our happy group. Looking forward to seeing you at our meetings.



Singles Club

By Lorraine Serwan

It's May and with it we come to the end of another successful year of interesting speakers and delightful excursions.

On Thursday, May 7, we will have our last meeting before the summer with the installation of officers. An ice cream social will follow. As usual, we will meet in the Arbor Conference Center, Suites B and C,

at 2 p.m.

The following Thursday, May 14, we will be car-pooling to visit EARS in Citra. The group will meet in the Recreation Center parking lot (nearest the street) at 11:15 a.m. to car pool to Citra. Cost is \$15 per person and a gallon of Clorox bleach. Call Lois at (352) 854-0558 for information.

Our next meeting will be on Thursday, Sept. 10, at 2 p.m. in the Arbor Conference Center, Suites B and C. Have a wonderful summer and we will meet again in the fall.



Southern Club

By Jane Krellner

At our April meeting, a blessing preceded dinner, which was followed by the Pledge of Allegiance and recognition of members' birthdays and anniversaries. Thank you to those members who assisted with set up, clean up, and food.

Those willing to serve as officers for next year are desperately needed. Mem-

bers are certainly needed to step forward and lead so that we don't lose this fun social club.

Next month is our pizza social for the last meeting before our summer break. Everything is furnished from your \$3 donation, so come out and enjoy. No food, utensils or plates are required this time. If you are coming and have not yet paid, contact the president or vice president to get added to the pizza and list.

This has been a great year! Thanks to this year's leaders and their spouses. Looking forward to seeing everyone Thursday, May 7.

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World Traveler

By Bill Shampine

I went to a really interesting Master the Possibilities lecture on Scotland in mid-March. Among other things, the speaker talked about some of the many islands that lie off the coast of Scotland. Since we usually do not hear much about these islands, I thought I might enlighten us all a bit this month.

The Orkney Islands is an archipelago of about 70 islands that lie off the northern coast of mainland Scotland. The largest island, known as Mainland, is about 202 square miles. Twenty of the islands are inhabited, some of which had settlers thought to date back as much as 8,500 years. The first known permanent settlement, at Knap of Howar, dates from about 3500 BC. The village of Skara Brae is believed to have been inhabited from around

3100 BC and is Europe's best-preserved Neolithic settlement.

Other tourist attractions of ancient sites include the Standing Stones of Stenness, the Maeshowe passage grave, the Ring of Brodgar, and several other standing stone sites.

Geographically, the islands are mainly low-lying except for some modest hills on some of the islands. Geologically, the islands are composed of red sandstone. Being relatively soft, the sandstone yields a coastline that tends to be very rugged with sharp cliff faces with wild currents and eddies at their foot. Owing to the presence of the Gulf Stream, the climate in the Orkney Islands is surprisingly moderate for its northern location. The average temperature for the winter is about 39 degrees and about 54 degrees for the summer. Rainfall is about 35 inches per year. Wind is the biggest climatic factor, with almost constant breezes that often turn into gale force winds during the winter. One result of the constant wind is the absence of trees. Although the land is very fertile,

there are very few trees on any of the islands. The fertile soils support a large agricultural industry, with much of the land being used to raise sheep and cattle.

Even though the Orkney Islands are part of Scotland, Orcadians usually think of themselves as Orcadians first and Scots second. They do not embrace the typical Scottish traditions such as tartans, clans, bagpipes, and the wearing of kilts.

All in all, I think the islands would be a pleasant place to visit. It is noted for beautiful landscapes, and the rugged coastlines are very photogenic. The people are pleasant, and just listening to their brogue would be fun! It is far enough north that you can get days with essentially no night, or days with very little daylight. With a wind constantly blowing and average summer temperatures about 54 degrees, I would suggest you be sure to pack a heavy sweater.

Mainland Scotland is a gorgeous place to visit and should be on your bucket list. If you do go, a visit to the Orkney Islands probably would be a worthwhile side trip.



Photo by Mikenorton

A natural sea stack formation called the Yesnaby Castle, located near Stromness, Orkney Islands, Scotland.



Women of the World

By Nancy Grabowski

As the pages of the April calendar turn to May and most eyes turn to summer ideas for fun, the hard-working committees of Women of the World turn to creating a program for the 2015-2016 year. Our newly elected first vice-president, Cheryl Fotia, will be contacting speakers and charities; while Cheryl has some very innovative ideas; she is willing to receive input from members. Remember, this part

Photo (left) by Mike Roppel

A Florida Fish and Wildlife Conservation officer with his K-9 partner Officer Moose.

of our work needs to be finished by July allowing time for the programs' printing before our first meeting in early September so contact Cheryl quickly.

One of the most exciting and heartwarming aspects of our meetings comes at the May meeting. This is when the results of our voting are made known and our charitable donations are announced. These donations are in addition to the individual charities we work with each month as well as the on-going support of Operation Shoebox and Marion County Senior Services. It is so fulfilling to know we make a difference in so many lives!

Calling all early birds! You may pay your dues for the 2015-2016 year at the May meeting. Another option will be to mail your check to Terri Molnar, our new treasurer, over the summer. We thank you in advance for helping us prepare for the upcoming activities.

We have a full slate of officers in place to begin our next year. The leading ladies

are April Pollard, president; Cheryl Fotia, first vice president; Nancy Grabowski, second vice president; Billie Sue Giles, secretary; and Terri Molnar, treasurer.

We also welcome these committee chairwomen: Janet Fragapane, hospitality; Beverly Moreau, e-mail communications; Barbara Martyn, telephone communications; Marsha Vieu, 50/50; Lois Nix, Rags to Riches; Lynn Hoelzer, Operation Shoebox; and Andrea Flannery, Marion County Senior Services. What an awesome line-up!

We would be remiss if we didn't take some time to thank those gals who have given so much to Women of the World throughout the past year. Our appreciation for jobs well done is extended to Donna Josephson, Lora Rossi, Pat Betts, Valerie Sanders, Carla Magri, Lois Nix, and Lorraine Paszek. Each of these lasses are passing the mantle of responsibility onto her successor. We also thank Judy Singer, Journeene Pannier, Janet Fragapane, Barbara Martyn, Marsha Vieu, and Bernice Lewis for their hours of commitment and willingness to forge ahead next year.

The worker bees behind the scenes who always lend a helping hand are numerous; just know we are thankful for everything you do!

Our gratitude is sent out to the guys who work behind the scenes, husbands and best friends who are always there when we need them. Did you know that Jack Singer not only designed and built the supports for the fashion show backdrop but that he also donated his costs to help push our final total to Hospice of Marion County to an all-time high? A round of applause for our shuttle drivers: Bob Vitale, Larry Koch, Jack Singer, Archie Pollard, and Peter Grabowski. Their service inspired Barbara Steinfeldt to volunteer to revive the shuttle committee for next year; thanks, Barb!

We look forward to seeing each of you at the May meeting where refreshments will be provided by the club. Plan to socialize with friends, particularly those who will be traveling for the summer. We are, after all, the group that has a welcome for every woman in On Top of the World!

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Pennsylvania Club

By Pat Utiss

Fun and games! That was the theme for the Pennsylvania Club meeting on Wednesday, April 8. In honor of the upcoming Kentucky Derby, lady members were asked to decorate their best Kentucky Derby hat to be judged by the club. Edie Dieckman was the winner with her beautiful, blue-feathered boa horsetail hat. Special thanks to all the ladies who participated.

Keeping with the theme, a game of chance was played by way of the horse races. Six members were horses, six members were tellers, and one member rolled the dice as the "horses" raced against the call of the dice for their positions around

the track. This game is always a lot of fun as members cheer on their picks and vie for the winning ticket!

As always, a delicious potluck dinner was served up as members provided their favorite dishes and desserts.

A special thanks to Larry Wilver who chaired the meeting for Ray Utiss.

Micki Malsch informed the members that the Wednesday, May 13 meeting will be a potluck farewell picnic. She asked that members please bring a picnic type dish or dessert enough for eight people. Please bring your own eating utensils and plates. Bingo will be played for prizes following dinner and the meeting. This will be the last meeting until the club resumes on Wednesday, Sept. 9.

You don't have to be a member to join in the fun. Guests are always welcome in search of good fun, food and people! Until we meet again ...

Submitted by Michelle Malsch



Photo by Michelle Malsch

Pennsylvania Club contestants in the Kentucky Derby hat contest at the April meeting.

New England Club

By Donnamarie Castellano

Members please join us on Thursday, May 21 at 1 p.m. in the Recreation Center Ballroom. Please note this is a change of venue.

May is our last social of the season and it's also our annual pizza social. I hope everyone who is attending the pizza party had a chance to sign up during April. If not, and you plan to attend, please call me

right away.

It's been a wonderful busy year with lots of great guest speakers and entertainment. Thank you to our board and committee members for their efforts in making sure we had interesting socials each month. And a special thank you to our member Marge Robinson, who has created many beautiful crocheted items for our raffles. And special thanks to all our members who bring delicious refreshments to share and who generously give food and other items to our designated charity each month.

Watch for an e-mail from me on Sunday, May 17 for specifics about our May pizza social. Anyone without an e-mail address will receive a phone call. The club will supply all the pizza, soda and water. Members will supply refreshments.

Last month everyone enjoyed our speaker from the Grand Oaks Resort and Carriage Museum in Weirsdale. Information about the museum, tours and the Bistro, which is located on the premises, was shared with all.

For newcomers interested in joining us next season, please contact Donna-

marie Castellano, president at donnamarie22452@yahoo.com or (207) 212-6529. Our season runs from the October through May each year. Socials are held on the third Thursday during those months. The first social will be Thursday, Oct. 15, at 1 p.m. in the Arbor Club Ballroom.

You do not have to be from New England ... we love to socialize with everyone! We just hope you have a love of New England as we all do.

See you on Thursday, May 21 at 1 p.m. in the Recreation Center Ballroom.



Photo by Ron Broman

Virginia Creeper.



Native Plant Group

By Ron Broman

A weed is a weed is a weed except ... Webster describes a weed as "a plant that is not valued where it is growing and is usually of rank [excessive or vigorous] growth, [enough to choke] out more desirable plants."

Our garden has been affectionately named the Garden of Weedin, I assume that describes my major occupation there, which it doesn't ... usually.

Weeding, therefore, assumes the presence of unwanted and/or aggressive plants. Case in point: I weeded this afternoon by removing Virginia Creeper vine that had begun to overtake our hedge of Walter Viburnum, Wax Myrtle, Simpson Stopper, and Ocala Anise, which we had

planted. The Virginia Creeper seemed to fit the definition of weed there rather well.

However, in another part of the yard the Virginia Creeper has been allowed to flourish, and the grass has been removed, although not particularly aggressive, as the weed.

The part of our garden where Hedge Nettle, Stachys floridana, is now successful, is populated by several species that we have planted. It is doing rather well, as are most of the others. It has, in fact, been described as an aggressive wildflower that spreads rapidly and is often hard to control especially in moist sites.

It is also called rattlesnake weed because its edible white swollen and segmented rhizomes remind one of the snake's rattles.

Now comes the interesting challenge. One source describes it as "somewhat of a weed." So far it has remained in the one area where grass is the weed.

If its rhizomes are edible what or who eats them? Do other parts of the plant

provide food for native species? To what extent does it crowd out other native species?

While we're looking for the answers, it's probably a good idea to initiate some degree of control, namely digging up some of the plants. We're not yet ready to sample the rhizomes however, unless someone convinces us they're particularly delicious or at least palatable.

A weed is a weed is a weed unless ... Do you have any plants that fit that category?

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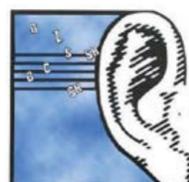
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Travel Toppers

By Cathy Barbero

Many residents have asked for information about the MSC Cruise Line. MSC stands for Mediterranean Shipping Company, which was founded in 1970 and is currently the second largest container shipping line in the world. The wife of one of the owners wanted the company to expand into luxury ships to cruise the Mediterranean. In 1989, the Mediterranean Shipping Company purchased its first passenger ship. Now MSC has 12 state-of-the-art ships with the most ultra-modern and

sophisticated luxuries. In the next four years, MSC will be adding four new ships. It is the third largest cruise operator following Carnival and Royal Caribbean. The majority of their ships travel the Mediterranean. In 2008, the Opra became their first ship to come for the winter to the United States to cruise the Eastern and Western Caribbean. The Divina, one of their newest ships, is a true goddess of the seas divinely inspired by Sophia Loren, the godmother of their fleet. At the end of the winter season in April 2016, this is the ship that Travel Toppers will use on their trip to Bermuda. For this sailing, most passengers are in their 60s or older. Thus there will be few, if any, children on board. The Travel Toppers Club trip in March to see "I Love Lucy" at the Ruth Eckard

Hall in Clearwater was a show to remember. The actress playing Lucy gave an outstanding performance. Call Linda Hein at (352) 861-9880 to book for the "25th Annual Putnam County Spelling Bee" on Saturday, June 6 at the Alhambra Theatre in Jacksonville. Opened in 1967, the Alhambra is the nation's longest continually running professional dinner theatre. There are still three seats available for the Titanic Gala Dinner Event on Saturday, Sept. 26 in Orlando. Linda Hein is also the coordinator. On Monday, June 8, bookings will be open for "Give Our Regards to Broadway" on Thursday, Oct. 15, at the Show Palace in Hudson. Call Beverly Moreau at (352) 854-2498 to reserve your seat for this

outstanding show with a mouth-watering buffet. In addition, the MSC Divina Miami to Bermuda cruise in April 2016 and the Royal Caribbean cruise in December 2015, still have openings. Call Inge Gaitch at (352) 237-7428 to reserve your balcony cabin. Our new spring/summer 2015 Travel Toppers brochure is out, so be sure to get your copy from your local post office buildings, Recreation Center, Arbor Club, and community buildings for Indigo East and Candler Hills. Current information on trips can be found also at www.traveltopperstours.com. Join us as we board the coach and begin another Travel Toppers tours new and exciting adventure. Welcome aboard.



On The Road Again

By Bob Woods

The club has two fantastic trips scheduled for the fall months: a motor coach trip to the "Crescent City" of New Orleans and a cruise to the ever popular island of Bermuda. The New Orleans trip is a seven-day

motor coach adventure departing Sunday, Oct. 4 and is completely sold out. The club is looking for additional names for the stand-by list in case of cancellations. As in the past, all trips booked months in advance do suffer some cancellations for all kinds of reasons and deposits are fully refundable up to final payment. To place your name on the stand-by list, no deposit is required and all it takes is a phone call to John Ware at (352) 873-3516. Please also feel free to check out pricing and a brief itinerary on the club's website at www.bobwoodsontheroadagain.com.

The Bermuda cruise departs On Top of the World on Saturday, Sept. 5 for a five-night, six-day cruise departing from Bayonne, N.J. There will be a short flight to Newark, N.J. that includes transportation to and from port. The ship will visit the island nation for two solid days enabling passengers the opportunity to completely explore the island. Ships staying two days or longer in Bermuda sail from the northeast and not from Florida. Florida cruises, past and present, state they stay in Bermuda for three days. This is incorrect. Generally, the first day, Florida ships

get into port late in the evening. All the stores and attractions close at 5 p.m. Those ships do stay one full day and the third day it leaves by noon. Most attractions, stores and sightseeing venues open between 9:30 and 10 a.m. There is very little time allowed ashore. On the Road Again tries to get the "most for the cheapest" in selecting places of travel including cruises, coach trips and trips overseas. Any questions on the cruise, please call Bob Woods at (352) 854-0702 or check out the club's website at www.bobwoodsontheroadagain.com.



Favorite Recipes Dinner Club

By Luke Mullen

March brought another fun and entertaining evening to our club members. Three dinners were held at club members' homes for 20 diners. Our first dinner hosts were Sue and Bob Wilkes. Two hors d'oeuvres were prepared and brought by Phyllis and Al Richards. The first was Mexican chili cheese dip with scooper chips. The second was

Gorgonzola and cranberry spread served with whole-wheat crackers. Rhea and Jim Russell then served a modified Waldorf salad with a creamy lemon dressing. Sue and Bob then served the main meal. They celebrated the arrival of spring with a cookout at their house. Prepared was charcoal-grilled chicken, served with their favorite potato salad, Texas beans and dinner rolls. Joie and Joel Kurtz then served three different desserts: double chocolate fudge brownies, peanut butter cheesecake, and fresh blueberry glazed lemon pie. They were a hit! Hosting our second dinner were Gail

Rosenzweig and Ed Bodnar. Nancy and John Van Gorden prepared and served two appetizers: crabmeat cream cheese spread and hot cheese crisps on party rye. Following the appetizers, Gail and Ed served their Irish-themed meal of corned beef and cabbage. Accompanying this were carrots and homemade Irish soda bread. After the meal, Annette and Paul Hodges served their dessert. In keeping with the St. Patrick's Day theme, they prepared an Irish teacake topped with fresh strawberries and whipped cream. Pat and Russ McNulty were the hosts for our third dinner. Kathy and Luke

Mullen started things off with two hors d'oeuvres. The first was large mushroom-crab puffs. The second was amazing white trash puff balls. Pat and Russ then served the main meal. They served a seasonal fruit salad. For the main course, they prepared chicken imperial. This was baked chicken breast in a sherry cream sauce over a bed of egg noodles with sautéed mushrooms and steamed broccoli. Carole and Tom Carlton then served the dessert of strawberry shortcake made of angel food pineapple cake, Florida strawberries and whipped cream. Our club is currently looking for new couple members. If interested, call Luke at (352) 304-8104 for more information.

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Change oil and filter, top off all underhood fluids. 27pt visual inspection. Reset all reminder and T.P.M.S systems.

\$ 15.99*

Must present coupon at time of write up. Up to 5 qts of oil. Synthetic oil extra. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.

ACTIVE AND RETIRED MILITARY PERSONNEL UP TO 30% OFF

ANY MAJOR MECHANICAL or BODY SHOP REPAIR

Must present coupon at time of write up. Offer good on labor only. Not valid with any other coupons or discounts see dealer for details. (Most cars and light trucks)

Tire Rotation & Balance

Rotate and Balance Tires, Inspect for Abnormal Wear. Reset all reminder and T.P.M.S systems.

\$29.99*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.

Front End Alignment

Check Front End Components . Adjust Camber/Caster/Toe If Needed. Check Tire Pressures . Reset T.P.M.S systems if Needed.

\$ 34.99*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.

Front Brake Job

Remove and Replace Front Brake Pads , Install Ceramic Pads, Turn Rotors If Needed , Inspect All Hardware and Components:

\$ 139.99*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.

Tire Rotation

Rotate Tires, Inspect for Abnormal Wear, Reset T.P.M.S systems.

\$ 9.99*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.



Active Living
By Theresa Fields

(352) 854-8707 ext. 7530
theresa_fields@otowfl.com

Spring is in the air and summer is now

approaching. The temperatures will start to feel like they are in the triple digits and you will want to make sure you are well hydrated by drinking plenty of water when participating in outdoor activities.

We'd like to thank everyone who participated in the Hands Across the Highway Art Expo this year. This show displayed the fine art from many of our talented residents and folks from the surrounding area.

Community Pools

Warm weather has arrived and what better place to enjoy the outdoors than taking a refreshing dip in one of the community pools? Please remember when utilizing the pool areas that pets, coolers, food and alcohol are prohibited on the pool deck. Plastic water bottles are only allowed in the designated areas. Please note that pool rules are posted around all pools and non-compliance will result in loss of privileges!

We ask that you please have resident I.D. available when visiting the pool areas. Rules and procedures are strictly enforced. A resident must accompany their guest(s). Please note that children under the age of 15 are not permitted in the family pools until after noon during weekdays!

If you have a medical reason that would require a cooler present, you will need to submit a letter to the Homeowners Association requesting "special accommodations" and receive approval.

Pool monitors are now present at the Recreation Center pool.

Please note when using an iPod, radio or cell phone while at the pool, please be courteous to others and keep at a low tone or use ear phones.

Pool Closure

The Recreation Center pool will be closing after the Labor Day holiday for approximately 30 days due to renovations that will be taking place to the outdoor pool and deck areas.

Seminole Hard Rock Casino

Join us for an exciting day at the Seminole Hard Rock Casino in Tampa, Fla., on Tuesday, May 12. The cost of the trip is \$20 per person, which covers transportation. Pre-registration is required.

Social Hour

Join us for a relaxing evening with friends and neighbors on Thursday, May 21, from 4 to 6 p.m. in the Arbor Club Ballroom. The entertainer for the evening will be Tony with Sounds of Time playing soft sounds on the keyboard. A cash bar and hors d'oeuvres will be provided. For more information, contact the Recreation Center Office. This is a free event for all residents.

Memorial Day Service

Join us for a Memorial Day service on Monday, May 25, at 9:30 a.m. in the Recreation Center Ballroom as we remember the men and women of the United States Armed Forces. Honored guests include all active duty and retired military personnel. The invocation and benediction will be by Pastor Michael Sims, with Ocala West United Methodist Church. Other par-

ticipants and events will include the West Port High School R.O.T.C. Honor Guard, musical selections from the Concert Chorus and Sunshine Singers, a retired military guest speaker, Staff Sgt. Irving Locker, U.S. Army and the traditional placing of the memorial wreath. This event is sponsored by the On Top of the World's Lions Club.

Happy Hour

Last month's themed Happy Hour was held on Friday, April 10, and some of our residents were seen dressed like rock stars. We had three winners who walked away with trophies and a free day trip to the Hard Rock Casino in Tampa, Fla. Our next themed Happy Hour will be on Friday, May 1, as we celebrate the Kentucky Derby. So pull out those fancy hats and prepare to dress the part. The entertainment line-up for May is as follows:

- May 1: Kentucky Derby-themed with Solid Gold (Recreation Center Ballroom)
- May 8: Fred Campbell (Arbor Club)
- May 15: Danny & Johnny (Recreation Ballroom)
- May 22: Power Play (Arbor Club)
- May 29: Automatic (Recreation Center Ballroom)

Please note that The Pub is no longer providing food service during Happy Hour at the Recreation Center Ballroom. However, residents are permitted to bring snacks to Happy Hour when they are held at the Recreation Center Ballroom. All drinks and alcoholic beverages must be purchased from the bar and will not be permitted from outside sources.

Resident I.D. is required for entry into Happy Hour and guest fees apply.

Community Information

Wi-fi is available at the following facilities: Hobby Building, Recreation Center (fitness center, library, veranda and lobby) Arbor Club, Arbor Conference Center, and Indigo East and Candler Hills Community Centers.

Upcoming Events in June

- Friday, June 5: Lazy River Cruise
- Friday, June 12: Themed "Luau Party" with Retro Express
- Tuesday, June 16: St. Johns River Cruise
- Thursday, June 18: Seminole Hard Rock Casino
- Friday, June 19: Singing River Cruise

Stay Safe!

GOT TRASH?

Please put all trash in compactor.

EVENTS*

** Schedule and performers subject to change. For the latest information, please visit www.ontopoftheworldinfo.com or tune into Bright House 732.*

Friday, May 1
"Kentucky Derby" Happy Hour with Solid Gold
Recreation Center Ballroom
4 to 8 p.m.

Rudy Turner
The Town Square
7 to 10 p.m.

Saturday, May 2
The World Has Talent
Circle Square Cultural Center
7 p.m.
\$10 per resident
For tickets, call (352) 854-3670.

Recorded Favorites
The Town Square
7 to 10 p.m.

Thursday, May 7
Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, May 8
Happy Hour with Fred Campbell
Arbor Club Ballroom
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, May 9
Rockin' 60s Party - Paul Revere's Raiders featuring Mitch Ryder
Circle Square Cultural Center
7 p.m.
\$23-27 per resident
For tickets, call (352) 854-3670.

Barry & Nancy
The Town Square
7 to 10 p.m.

Tuesday, May 12
Community Clean-up Day
Please visit www.otowinfo.com for more information or call (352) 236-OTOW (6869).

Seminole Hard Rock Casino
Tampa, Fla.
\$20 per person
To pre-register, call (352) 854-8707 x7530 or x7533.

Wednesday, May 15
Master the Possibilities Summer Catalog
Available online at www.masterthe-possibilities.com or at the Education Center.

Thursday, May 14
Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, May 15
Happy Hour with Danny & Johnny
Recreation Center Ballroom
4 to 8 p.m.

Karen Hall
The Town Square
7 to 10 p.m.

Saturday, May 16
Recorded Favorites
The Town Square
7 to 10 p.m.

Thursday, May 21
Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Social Hour
Arbor Club Ballroom
4 to 6 p.m.

Friday, May 22
Happy Hour with Power Play
Arbor Club Ballroom
4 to 8 p.m.

Recorded Favorites
The Town Square
7 to 10 p.m.

Saturday, May 23
Gnarley Charlie
The Town Square
7 to 10 p.m.

Thursday, May 28
Home Delivery of the World News / June Issue and Master the Possibilities Summer Catalog

Farmer's Market
The Town Square
9 a.m. to 1 p.m.

Friday, May 29
Happy Hour with Automatic
Recreation Center Ballroom
4 to 8 p.m.

Silver Creek
The Town Square
7 to 10 p.m.

Saturday, May 30
Recorded Favorites
The Town Square
7 to 10 p.m.

On Top of the World

BUS SCHEDULE
Monday - Thursday

MORNING ROUTE	PICK-UP LOCATIONS	TIME
Williamsburg	91st Cir.E. - 91st Cir.W - Post Office	8:42 a.m.
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:45 a.m.
Avalon Post Office	Parking Lot	8:49 a.m.
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:53 a.m.
Recreation Center	At Bus Stop Sign	8:58 a.m.
Americana Village	86th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 a.m.
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 a.m.
Friendship Colony	83rd Ter. - 90th Pl. - 87th Ave. - 97th St.	9:10 a.m.
Friendship Park	97th St. - 94th Lane	9:14 a.m.
Friendship Village	86th Ct. Rd. - 92nd St.	9:16 a.m.
Friendship Colony	90th St. - Post Office	9:20 a.m.
Candler Hills Community Center	At Bus Stop Sign	9:25 a.m.
Exit Community		9:30 a.m.

Indigo East Community Center Parking Lot Call one day in advance for pick-up

MORNING DESTINATIONS	ARRIVE	PICK-UP
Jasmine Square	9:45 a.m.	12:35 p.m.
Dillard's/Kohl's	9:55 a.m.	12:25 p.m.
Sam's	10:05 a.m.	11:30 a.m.
Lowe's	10:10 a.m.	11:40 a.m.
Paddock Mall	10:15 a.m.	12:15 p.m.
Wal-mart/Stein Mart	10:20 a.m.	11:50 a.m.
Target	10:30 a.m.	12:00 p.m.
Hobby Lobby/Shady Oaks	10:40 a.m.	12:05 p.m.
Gateway Plaza	10:45 a.m.	12:10 p.m.

Return to On Top of the World to begin drop-off/pick-up for the afternoon run.

AFTERNOON ROUTE	PICK-UP LOCATIONS AND TIMES
Candler Hills Community Center	1:00 p.m. Crescent Ridge Post Office 1:17 p.m.
Friendship Colony Post Office	1:05 p.m. Recreation Center 1:21 p.m.
Williamsburg Post Office	1:08 p.m. Americana Post Office 1:23 p.m.
Avalon Post Office	1:13 p.m. Friendship Post Office 1:27 p.m.

AFTERNOON DESTINATIONS	ARRIVE	PICK-UP
Publix Grocery	1:32 p.m.	3:05 p.m.
Big Lots	1:37 p.m.	2:57 p.m.
Beall's & Dollar Tree	1:47 p.m.	2:47 p.m.
Wal-mart	1:49 p.m.	2:42 p.m.

* All times are approximate

For information, call the Recreation Center at 352-854-8707 ext. 7530 or 7533.

Master the Possibilities

A NON-PROFIT EDUCATION CENTER

PRESENTS

SUMMER TERM
June - August 2015
Catalog available May 15

SUMMER TERM KICK-OFF EVENT
Thursday, May 21, 2015 • 1 pm - 3 pm

How Florida Happened
Hear former statesman Buddy MacKay share excerpts from his memoir from 2 pm to 3 pm.

Meet many of our faculty and artists.

Find out more about our Florida-themed visiting authors, movies, art projects, Learn & Go trips, and history, government, science and classes!

FEATURED FREE MAY CLASSES

BUSINESS & INDUSTRY TOURS

Southern Marble Tour
Tuesday, May 19, 2015 • 9 am - 12 pm

R & L Carriers
Thursday, May 28, 2015 • 10 am - 12 pm

FINANCING FOR HOME IMPROVEMENTS THROUGH PROPERTY ASSESSED CLEAN ENERGY

A new program that provides financing for energy efficient home improvements.
Thursday, May 14, 2015 • 10 am - 11 am

FOR INFORMATION GO TO
WWW.MASTERTHEPOSSIBILITIES.COM
OR CALL 352.861.9751


Circle Square Cultural Center
2015 ENTERTAINMENT SERIES

**RESIDENT TICKETS GO ON SALE
MONDAY, MAY 4 AT 11 AM**

Online and at the ticket office



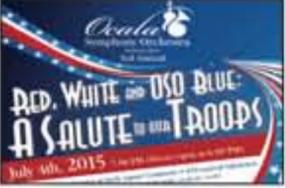
Herman's Hermits

STARRING Peter Noone

OCTOBER 16

GREATEST HITS:
*"I'm Henry VIII, I Am"; "Mrs. Brown You've Got a Lovely Daughter";
 "There's a Kind of a Hush"*

Resident: \$33-37
Non-Resident: \$35-39

- | | | | |
|---|--|---|---|
| <p>JUNE 6</p>  <p>Live Bait: A Tribute to Jimmy Buffett
Resident: \$10-12
Non-Resident: \$14-16</p> | <p>JUNE 13</p>  <p>Dance Party with Dunning Shaw AND The 45's
Resident: \$8
Non-Resident: \$10
(RESERVED TABLE SEATING)</p> | <p>JUNE 20</p>  <p>Motown Magic: A Tribute to Motown
Resident: \$16-18
Non-Resident: \$19-21</p> | <p>JULY 4</p>  <p>Ocala Symphony Orchestra Presents the 3rd Annual Red, White and OSO Blue: A Salute to Our Troops
Tickets: \$19
(GENERAL ADMISSION)</p> |
| <p>JULY 18</p>  <p>Dance Party with Susanne Smith Band
Resident: \$8
Non-Resident: \$10
(RESERVED TABLE SEATING)</p> | <p>AUGUST 22</p>  <p>Dance Party with Mark Raisch
Resident: \$10
Non-Resident: \$12
(RESERVED TABLE SEATING)</p> | <p>SEPTEMBER 25</p>  <p>Martin Preston Presents: A Tribute to Liberace
Resident: \$13-15
Non-Resident: \$14-16</p> | <p>OCTOBER 17</p>  <p>13th Annual Craft Fair
10 am - 3 pm
FREE EVENT</p> |
| <p>OCTOBER 24</p>  <p>The Vogues
<i>Greatest Hit: "You're the One"</i>
Resident: \$18-20
Non-Resident: \$20-22</p> | <p>NOVEMBER 14</p>  <p>Louis Prima, Jr. and The Witnesses
<i>Greatest Hit: "Blow"</i>
Resident: \$18-20
Non-Resident: \$20-22</p> | <p>NOVEMBER 28</p>  <p>Steve Solomon's "My Mother's Italian, My Father's Jewish & I'm in Therapy!"
Resident: \$20-24
Non-Resident: \$21-25</p> | <p>DECEMBER 19</p>  <p>Walt Matzke's Four Pianos Holiday Experience
Resident: \$11
Non-Resident: \$13
(GENERAL ADMISSION)</p> |

TICKET OFFICE HOURS: Mon-Sat: 11 am - 2 pm | Day of Show: 11 am - Showtime
All Shows Begin at 7 pm & Doors Open at 6 pm
 (except as noted)
Gift Certificates Available

Where the fun never ends!

RECREATION

Billiards Team #1 Finishes First

By Richard Impresa

The Marion County Senior Men's Billiard League concluded their 2014-2015 season with our own Team #1 finishing in first place seven years in a row and for the eighth time in the past nine years. The

team posted a 20-0 record to become the only undefeated team in the league's 13-year history.

Joe Amigliore's Team #2 finished in third place with a 13-7 record. Jerry Ka-

menker's Team #3 finished in fourth place at 11-9 and Mike Retter's Team #4 finished in 10th place with a 3-9 record.

The league consists of 12 teams representing adult communities in Marion County including On Top of the World, Oak Run, Palm Cay, Ocala Palms, Fairfield Village, Cheerywood and Stone Creek. The season ran for 20 weeks with 36 games played each week for a total of 720 racks of pool for each six man team, 360 eight-ball and 360 nine-ball.

Returning members from last year's

championship team include Ray (Banjo Boy) Stover, Gene (The Machine) Hueber, Mike (Young Gun) Carver, George (Rhode Island Red) Deignan, David (Magic) Wright and Richard (The Prince) Impresa. New members include Dapper Dan Newby, Rapid Ronnie Cruce and Phast Phil Panzera.

If I had to credit our success to any one factor, I could say it's our dedication, commitment, determination, etc. but I would be remiss if I didn't mention our unique policy of strict celibacy the day before each match. As former movie heavyweight champion Rocky Balboa's trainer once said, "Women weaken legs." So thanks go out to the spouses of our players for making the ultimate sacrifice.

In the past, we have had to temporarily suspend players for violating this policy; we even had to permanently expel one (I won't mention any names but his initials are Fred Adolph). If one of our players slips up, he (or his spouse) reports to me and I will have someone take his place for that match. That's why we had nine members on the roster instead of just the six needed to play. Several times this year, we have had to play with five players due to this policy but rules are rules and you can't argue with results.

The week of Valentine's Day we were down to four players and had to call on Jim Kraft to be a substitute so we wouldn't forfeit the match. Thanks to Jim for his effort and Jean Kraft for her selflessness.

Bill Daly runs the league and he is contemplating a summer league with two man teams along with individual tournaments to fill out the off-season. Thanks to Bill for his work keeping the league humming.

The captains of the three other teams are invited to submit stories and/or pictures of their team for future columns. Until next month, keep stroking and keep your tip dry.



Photo by Phil Panzera

Billiards Team #1: Gene Hueber, Phil Panzera, George Deignan, Magic Wright, Richard Impresa, Mike Carver, Ray Stover, Ronnie Cruce, and Dan Newby.

Neighborhoods Compete in Golf

By Marge Curran

It began at the dog park, two guys having a conversation while their dogs played. The topic turned, as it often does in On Top of the World, to golf. Where do the better golfers live, Windsor or Candler Hills? Joe Dent insisted it was Windsor and Jim Harvey was confident it was Candler Hills. The gauntlet had been thrown and the first Windsor vs. Candler Hills challenge was born.

The date and time were set, Thursday, April 2, high noon, at The Tortoise & The Hare golf course. Russ Smith, one of our golf pros, helped Jim and Joe with the logistics of the event. Eighteen residents from Windsor (yellow team) paired up to take on 18 pairs from Candler Hills (blue team).

The yellow team members were Joe and Betty Dent, Robert Egger, Pat Maine, Roger Tuttle, Susan Wilkes, Larry Manion, Cathleen Hathaway, R.D. Zink, Pauline Beloin, Dale and M Kay Budd, David and Janis Hannasch, Robert and Chris Garrison, and Henry and Connie Sohl.

The blue team members were Jim and Mary Harvey, John Spielvogel, Michelle Kettlewell, Harold and Diane Barnaby, Ed and Laura Rossi, Jerry and Sheila Ashe, Mike Curran, Laurel Rohrer, Jim and Eunhee Andrews, Randy and Marianne Ford, Dennis Brown, and Sandra DeChambeau.

Thursday, April 2 turned out to be a great day for a game of golf. The Candler Hills group arrived parade style on their

golf carts led by Phil and Helen Markovitz with the American flag flying. There was

a shotgun start and the game was on, utilizing an alternate shot format. When the sand had settled and the numbers were tallied, the Windsor team had the best total low net score beating Candler Hills by eight strokes.

There was a pizza party in the pavilion after the tournament. There was much joking and just a little boasting going on and of course a repeat match was set up for

later on this year. Who couldn't see that coming? Will this become a regular event? Only time will tell.

Bill Henzy, a former Windsor resident now living in Candler Hills, was asked to present the "official" trophy to the Windsor team. This one of a kind trophy was designed and built by Candler Hills resident, Jay List.



Photo by Marge Curran

Residents of Windsor proudly display their golf trophy after a recent victory over Candler Hills.



Photo by Elliott Wilkins

The R/C Model Car Club holds time trials on Sundays at 1 p.m. on the left side of the R/C flying field.

New R/C Model Car Club Forms

By Elliott Wilkins

Welcome radio control (R/C) car enthusiasts to a new club, one that promises to be one of the most exciting and challenging clubs in On Top of the World – the R/C Model Car Club.

Discover the excitement of driving and racing 1/10 scale electric R/C cars, trucks and buggies. Our temporary track is located in the southwest corner of the R/C flying field. You'll see the track in use most afternoons as members practice racing on our 100 foot oval or learn to maneuver cars around the twists and turns of the off road course. Visitors are always welcome!

On Sunday at 1 p.m. the club holds time trials followed by races. Bring your lawn chair to come and watch while our

drivers' skills are put to the test. Most of us are new to this very popular sport so spin-outs and crashes are inevitable, much to the delight of the spectators.

If you have questions or want to join in the fun, please let us know. Our members can help you select the right car or truck, teach you the basics and get you started.

As the membership grows, we hope to build a drivers' stand, erect shade canopies and add hills and jumps to the track.

So come on down – just follow the signs for the R/C flying field past the Arbor Club on SW 94th Street. We're on the left side of the open field.

If you have any questions, contact Charlie Fisher at (352) 304-8730.



Bingo
By Denise Johnson

Bingo has been well attended each Wednesday with at least 200 folks. This number increased dramatically on Wednesday, April 15th! Yep, it was super bingo! I will report on some of our lucky winners in the next column.

Our favorite baker, Micki, had her goodies for us all to try. Money went to March of Dimes. There were also sugar free items.

Jeannette Volk won the big jackpot on Wednesday, April 8! She had her lucky rabbit's foot and it sure paid off. Way to go Jeanette. Our jackpot returned to \$100 after super bingo.

The Pub is open until 6 p.m., for dinner or a snack before Bingo on Wednesday nights. Great way to have a fun evening out.

Come and join us for fun evening.



Mah Jongg
By Mary Ehle

Now with summer coming, pick a cool spot, invite friends and have an afternoon of fun playing Mah Jongg. I am sure you all have your new cards and are enjoying the change. I had hoped that they added back my favorite hand but alas, no such luck. I always liked the all one number with the matching dragons; maybe next year.

If you want to learn this game, there will be new classes in August and October. Give me a call at (352) 873-7507 for more information. It is a very addictive game and you will love it. You will make new friends and have fun. That is one of the first rules, have fun. Hope your summer is filled with fun. Until next time, jokers to you.

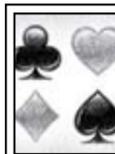
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CARDS & GAMES



Bridge

Monday Afternoon
By Shirley Stolly & Carol Johnson

March 16
1: Kathie Dushary & Doris Keathley; 2: Caryl Rosenberger & Ida Rosendahl; 3: Shirley Stolly & Carol Johnson; 4: Ed Mathena & Mary Walker.

March 23
1: Ida Rosendahl & Carol Rosenberger; 2: Carol Trexler & Carol Johnson; 3: Mary Walker & Ed Mathena; 4: Betty Morris & Fran Griswold.

March 29
1: Fran Griswold & Betty Morris; 2: Caryl Rosenberger & Ida Rosendahl; 3: Joyce Walchak & Marge Starrett; 4: Shirley Stolly & Carol Johnson.

April 6
1: Ida Rosendahl & Carol Johnson; 2: Joan Lord & Doris Keathley; 3: Marge Starrett & Joyce Walchak; 4: Fran Griswold & Betty Morris.

Monday Night
By Kathie & Art Dushary

Most of our players are mature beginners to intermediate level. You do not need to sign up ahead of time or have a partner. Just come to the Card Room by 6:20 p.m. as we start at 6:30 p.m. We usually have six to eight tables.

March 2
1: Al Kremer; 2: Paul Reidinger; 3: Pat Paloncy; 4: Sharon Miller.

March 9
1: Kathie Dushary; 2: Paul Agarwal; 3: Paul Redinger; 4: Fran Griswold; 5: Phil Devito.

March 16
1: Fran Griswold; 2: Marion Hotz; 3: Sharon Miller; 4: Paul Reidinger; 5: Sara Anderson.

March 23
1: Sara Anderson; 2: Judy Wagnitz; 3: Linda Heenan; 4: Shirley Stolly; 5: Al Kremer.

March 30
1: Peggy Borro; 2: Shirley Stolly; 3: Ed Bodnad; 4: Ken Hall.

Tuesday Night Dup
By Doris Keathley

March 24
1: Joan Lord & Colleen Tobino; 2: John & Marie Fiorillo; 3: Dan Lack & Ed Bodner.

March 31
1: Joan Lord & Colleen Tobino; 2: Dan Lack & Ed Bodnar; 3: Katie White & Vernon Siber.

Wednesday Afternoon
By Pat Golgart

March 4
1: Fran Griswold; 2: Rich Fluet; 3: Pat Golgart; Cons: Mary Culberson.

March 11
1: Helen O'Brien; 2: Fran Griswold; Cons: Pat Golgart.

March 18
1: Maureen Meade; 2: Bernie Kelly; Cons: Mary Culberson.

March 25
1: Dianne Robinson; 2: Pat Golgart; 3: Jean Reis; Cons: Helen O'Brien.

Thursday Afternoon
By Marge Starrett

March 5
1: Mary Walker; 2: Serine Rossi; 3: Rich Fluet.

March 12
1: Kay Boland; 2: Marge Starrett; 3: Cleona Redmond.

March 19
1: Mary Rose Janssen; 2: Sharon Davis; 3: Pat Golgart; 4: Bernie Kelly.

March 26
1: Marge Starrett; 2: Cleona Redman; 3: Sharon Davis.

Thursday Night
By Gail Ambrose

March 5
1: Ida Rosendahl; 2: Paul Reidinger; 3: Myra Butler; 4: Ed Horner; 5: Susie Marta.

March 12
1: Ron McNeilly; 2: Howard Sale; 3: Shirley Stolly; 4: Paul Reidinger.

March 19
1: Bob Durst; 2: Sara Anderson; 3: Gail Ambrose.

March 26
1: Tom Marta; 2: Myra Butler; 3: Keith Briggs; 4: Fran Griswold.

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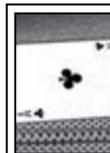
Friday Night
By Rose Marie Postin

March 6
1: RoseMarie Postin; 2: Alberta Sarris; 3: Poppy Kalen; Cons: Phyllis Wandrey.

March 13
1: RoseMarie Postin; 2: Alberta Sarris; 3: Margie Saxon; Cons: Herb Postin.

March 20
1: Herb Postin; 2: Alberta Sarris; 3: Sheila Howell; Cons: Phyllis Wandrey.

March 27
1: Margie Saxon; 2: Glenda Lins; 3: Norma Yonke; Cons: Poppy Kalen.



Pinochle

Tuesday Night/Double
By Alberta Sarris

If you have played before and need a refresher course, we will help you. Please give us a chance and come play with us.

March 3
Table 1: Jim Smith; 2: Ilse Kelsey & Vi Horton; 3: Joe Scervo & Virgil Taylor.

March 10
Table 1: Cathy Buchanan & Ann Pelham; 2: Vi Horton & Norma Yonke; 3: Joe Scervo & Virgil Taylor.

March 17
Table 1: Cathy Buchanan & Verna Harsh; 2: Ilse Kersey & Alberta Sarris.

March 24
Table 1: Jim Smith; 2: Alberta Sarris & Norma Yonke.

March 31
Table 1: Verna Harsh & Alberta Sarris; 2: Jerry Dean & Jim Keller.

Tuesday Night/Single
By Whitney Frye

Come and enjoy an exciting time playing a great card game with great card players. We will all try to help you enjoy a great card game. Call Whitney at (352) 237-0388 for more information. See you on Tuesday at 6 p.m. in the Hobby Building.

March 3
1: Lois Rider; 2: Mildred Lane; 3: Edith Kolb.

March 10
1: Kathlien Pinto; 2: Whitney Frye; 3: Gayle Argano.

March 17
1: Andy Mark; 2: Edith Kolb; 3: Lois Uzzell.

March 24
1: Walter Hickenlooper; 2: Edith Kolb; 3: Edna Frye.

March 31
1: Larry Hartman; 2: Walter Hickenlooper; 3: Edith Kolb.

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Schedule and prices subject to change without notice. Reduced ticket prices are for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.) Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. *Online tickets subject to a convenience fee.

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Golf
By Matt Hibbs
(352) 854-2765
matt_hibbs@otowfl.com

May is officially here and so are the summer temperatures. Here are some tips to beat the summer heat and stay hydrated on the course. Drink plenty of water. Each golf course has a water cooler every four to six holes, so please be sure to use them. Eat a few bananas to keep your potassium levels up to prevent cramping. Also be sure to wear a hat and put on sunscreen. We all know how damaging the sun can really be.

We would like to thank all who participated in the inaugural On Top of the World Club Championship. Congratulations to all the flight winners in both the men and women's divisions. A special congratulation goes out to our men and women's club champions, Ron Madison and Deborah Martin. Great playing!

To wrap up the month of May, Candler Hills will host the annual World Memorial Day Tournament. The event will be held Monday, May 25 and will have a 9 a.m. shotgun start. The format will be two

best balls of four and you can create your own foursome. The cost is \$25 per player, which includes a cookout and awards after play. Please register in your respective Golf Shop.

Upcoming Events

- Saturday, May 2: The Tortoise & The Hare renovation celebration.
- Monday, May 4: The Tortoise & The Hare greens renovation begins.
- Wednesday, May 6: Candler Hills closes at 1 p.m. for Ronstar application.
- Monday, May 11 through Thursday, May 14: Candler Hills closed for aerification.
- Monday, May 18 through Wednesday, May 20: Links closed for aerification.
- Monday, May 25: World Memorial Day Tournament at Candler Hills Golf Club.

World Accolades

CANDLER HILLS: Andy Bulloch, eagle #14. Denny Norris, hole-in-one #13. Mary Giannukos, lowest round ever, 51. Craig Riber, lowest round ever, 73. Dave Miller, lowest round ever 77. Tona Scheibal, eagle #7. Garry Gerlach, hole-in-one #8. Iro Lisinski, hole-in-one #17. Fred Jankowski, hole-in-one #13. Bob Cowie, shot his age, 85. Mike Deahl, lowest round ever, 73. Mark Monk, lowest

round ever, 75. Jerry Dubose, eagle #7. Janet Juhlin, eagle #7.

LINKS: Gretchen Normandin, eagle #17. Mike Maillet, hole-in-one #5. Rudy Normandin, shot 73 two strokes under his age. Bill Young, shot his age, 73.

THE TORTOISE & THE HARE: Mike Krzeminski, eagles #4 and #9. Bruce Shanfelt, hole-in-one #15. Howard Sale, shot 80, 15 strokes under his age. Gail Larrange, eagle #5.

Congratulations to everyone!

Golf Tip of the Month

How do you know what is the best golf ball for you? With over 85 different models of golf balls finding the right one can be challenging. Just because one ball is more expensive than another doesn't mean it's the right fit for your game. There are many determining factors when choosing the right ball.

Most high handicappers need more distance and accuracy. If this fits the bill, then you need a distance ball with low spin. Too much spin will cause your hooks or slices to be more severe.

If you're a low handicapper with a high swing speed, then most likely you will need a softer ball. This will help control the spin around the greens.

Swing speed also determines which ball is best suited for you. If you have a slower swing speed you want a golf ball with less compression. The lower com-



Photo by Matt Hibbs

Men and women's club champions, Ron Madison and Deborah Martin.

pression ball allows slower swing speeds to more easily compress the ball with the club face on the downswing and obtain greater distance. Choosing a ball with too much compression will reduce your distance off the tee because of not being able to fully compress the ball.

Make sure you know your game and choose the right equipment.




Ladies 9-Hole Golf
By Diane Dzik

The charity event was a nice success. We collected \$450 for Sharing Hope Ministries, which supports the homeless. The Men's Golf Association contributed \$112 of this amount on their chicken day and that is very much appreciated. Thanks, guys! Lorraine Rourke planned out a really fun tournament. Members had to try putting through croquet wickets, manually throwing their drive, putting with a paddleball or through other obstacles.

The last meeting of the 2014-2015 season was held on Tuesday, April 7. We are still looking to fill the spot of treasurer. The awards banquet was held Wednesday, April 15. Newly installed officers are pres-

Photo (left) by Diane Dzik

Eve-Lynn Harvey and Carol Bell watch as Connie Deignan tries her putt.

ident, Kay Budd, vice-president, Eileen Gustavus, secretary, Louise Lineman. Congratulations, ladies!

Charity Event (Individual Net) March 17

Flight 1: 45-Caroline East; 47-Myra Noel; 49-Kay Budd, Kathie Dushary, Lorraine Rourke.

Flight 2: 46-Betty Dent; 47-Barbara Cribbs, Joan Rappa; 48-Sheila Ashe.

Flight 3: 38-Judy Parisi; 43-Ethel Miller; 45-Mary Hart; 47-Pat Gill.

Flight 4: 45-Mike Beyer; 46-Carolyn Abramovich; 47-Charlie Hassett; 48-Ann Hetzel.

One Best Ball March 24

26-Caroline East, Eileen Gustavus. 27-Barbara Cribbs. 28-Virginia Bayless, Susane Trembulak.

Scramble April 7

38-Virginia Bayless, Pat Gill, Kathy Hall, Susan Wilkes. 39-Eve Harvey, Serine Rossi, Susane Trembulak. 40-Carolyn Abramovich, Connie Deignan, Eileen Gustavus. 41-Marcie Hock, Louise Lineman, Carol Moravec, Joan Rappa; Mike Beyer, Grace Bock, Donna Liphardt, Linda Mandela; Kay Budd, Jean Flynn, Lora Rossi, Agnes Tetti.

Water Aerobics

By Jo Swing

The Water Lilies water aerobics exercise group will start Monday, May 4 (weather permitting) at 11 a.m. The group meets at the Recreation Center pool.

We will meet Monday, Wednesday, and Friday through September.

Water aerobics is one of the most valuable exercises you can do that does not put strain on your joints and muscles. The group is open to all. Just show up with your noodle. For more information, call Jo Swing at (352) 237-4564.

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Candler Hills Men's Golf

By Joe Alfano

They say that the month of May is when you can expect flowers to bloom in all manner of resplendent colors. Personally, I would like to think that the month of May would also be the time when my golf game finally begins to bloom in all its natural wonder. Alas, I'm beginning to resign myself to the fact the only thing blooming in all its natural wonder in my game is ragweed, dandelions and chickweed.

Congratulations go out to 2015 Champion Dave Martin on his impressive display of golf in our Match Play Championship. Dave outlasted worthy opponent Jon Hill in the finals to garner the trophy and all the trappings that come with it (light-hearted sarcasm, harmless chicanery and the bar bill). A hearty well played also goes out to all the competitors who put their games on display in this tournament.

A tip of the fedora goes out to Tournament Director Dennis Norris and his committee for all the time and effort put into running of this event. Special kudos goes out to Head Pro Denise Mullen for extending us her sage advice and expertise during these past tournament weeks.

Staying within that vein of championship golf, we extend congratulations to the On Top of the World MGA on their retaining of this year's Ryder Cup trophy. Down a substantial amount of points after

the first day's play, the CHMGA staged a valiant second day charge that fell just a few points short of victory. As is the custom, the matches were again played in a spirit of fellowship, integrity and true sportsmanship.

Early May will see our association attempt to capture the "Veterans Cup" as we again challenge members from Stone Creek in yet another Ryder Cup match play type format. Members can inquire within the Golf Shop to sign up.

We welcome newest member Terry Sigler to the cornucopia of diverse personalities that encompass our company of gentlemen golfers. We consider ourselves an eclectic ensemble that enjoys the golf, competition and post-round festivities in no particular order. Anyone else interested in playing in such an environment can contact me at tjalf@otowhomes.com for more information.

Groucho Marx once quipped, "I would never join a club that would have him as a member." Having no such qualms about playing in this association the past month was Mike Deahl, Jay List and Chad Robinson (73), Pat Clayton (74), Dave Berryman (75), Paul Rubly and Tom Garrison (77), Chuck Lafferty, JC VanBloom, Jim Andrews and Larry Joseph (78) and Garry Gerlach and Joe Jingco (79). A robust well-played to this past month's "Wizards of Whack."

As always, may I continue to wish everyone "a life full of nothing but fairways and greens."

Four-Man Three Best Stableford March 17

138-Ron Fulton, Jim Andrews, Tom Dolan & Ed Pozsony; 136-Tom Garrison, Gil Brooks, Chris Lyndrup & Billy Kilmer; 133-Dave Berryman, JC VanBloom, Paul Sepulveda & Stan Jarmel.

Four-Man Modified Scramble March 24

277-Fritz Langville, Ron Thompson, Ralph Solvold & Armando Pena; Tie at 283-Walt Pacuk, Harvey Howd, Pete Peterson & Bobby Grich and Chris Jett, Tim O'Neil, Jim Bernie & Rudy Normandin; 284-Tony Misterly, Jim Andrews, Ed O'Leary & John Spielvogel.

Four-Man Team Quota March 31

+40-Dave Berryman, Jim Andrews,

Joe Jingco & Dave Green; +27-Tom Garrison, Paul Rubly, JC VanBloom & Don Huston; +22-Craig Riber, Mike Deahl, Tony Bruno & Randy Ford; +18-Larry Joseph, Bryant Giffin, Dennis Norris & Bob Cowie; +16-Dave Martin, Ron Shoner, Tom Martinetto & Jim McGrath.

Four-Man Worst Drive Scramble April 7

65-Jim Andrews, Bruce Venslavsky, Jim McGrath & Billy Loes; 68-Pat Clayton, Dan Gill, Ron Thompson & Stan Jarmel; Tie at 71-Tom Garrison, Chuck Lafferty, Dennis Norris & Phil Moherek and Ron Fulton, Tony Misterly, Andy Bulloch & Don Huston.



Men's Golf Association

By Tom Cummings

Ryder Cup fever hit Candler Hills and On Top of the World this month. Each club had 50 members play. First day was played on the Links with On Top of the World leading 31 to 19. Candler Hills came rushing back on their home course on the second day, with On Top of the World hanging on for a 52-1/2 to 47-1/2 final score. Overall, it was both fun and a little nerve racking for most who played.

In other news, Mike Mailet had a hole-in-one on #5 on the Links. Chicken Day was a success with awards presented to all who won their flights in the MGA Championship: Tommy Cummings, Rudy Normandin, Doug Coleman, Joe Bologna, Mike Almon, John Langville, Joe Polizzotti, Paul Wade and Charlie Dove.

Chicken Day Scramble March 4

61-William Miller, Ed Klodzen, Jon Hill. Tie at 63-Henry Sohl, Jim Tait, Dutch Schulze, Norm Lallier and Tom Weiss, Bill Wertz, Dan Carty, Bob Eggar. Tie at 64- Robert Meyer, Jay Bou-

ton, Jim Harvey, James Moran and George Noltensmeyer, George Blankenship, Wally Schiff, Alan Mudd.

Four Man Three Best Balls March 11

173-Ron Abramovich, Paul Wade, Tom Fragapane, Armando Pena. Tie at 174-Joe Bologna, Roger Whittle, Larry Zieser, Tom Pasch and Steve Becker, David Miller, Mike Mailet, Harold Barnaby.

Individual Net March 18

Flight 1: 63-Gary Hasset; Tie at 64-Pete Trgovic, Jon Hill; 66-Charlie Dove. Flight 2: Tie at 67-Ed Duke, Dale Budd; 68-Jay Bouton; 69-Dave Hannasch.

Flight 3: Tie at 63-Francis Caprez, Armando Pena; Tie at 64-Jack Hegarty, Ron Cleveringa; 65-Tary Bole.

Flight 4: 59-Robert Meyer; 61-James Andrews; 62-Norm Lallier; Tie at 63-Joe Bologna, Jerry Chase.

Flight 5: 62-John Ricciardone; Tie at 63-Bob Eggar, Barry Barringer; 64-Roy Hera; 65-Harold Barnaby.

Team Stableford March 25

182-Dave Hannasch, James Andrews, Jack Hegarty, Barry Barringer. Tie at 174-Mike Flynn, Don Noel, Ted Foster, Harvey Howd and John Langville, Joe Jingco, Tary Bole, Bernie James. 172-William Miller, Pete Trgovic, Francis Caprez, John Ricciardone.



Photo by Kay Budd

Awards were presented at Chicken Day to all those who won their flights in the MGA Championship.

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Tennis
By Jorge Privat
(352) 387-7539

I am happy to tell you we have gained some enthusiastic new players who bring with them their own style of play to chal-

lenge our abilities. We welcome them all and wish them a wonderful experience on the courts.

I would also like to congratulate the entire tennis family for following the rules and regulations of the game and for continuing to maintain the traditions of camaraderie and good sportsmanship every time you come to the courts.

It was my intention to write about the "volley" to follow my previous column, however, I think it is important to understand what makes you hit any stroke the

way you do, good or bad.

Groove Theory of Habits

One hears a lot of talk about grooving one's strokes in tennis. The theory is a simple one: every time you swing your racquet in a certain way, you increase the probabilities that you will swing that way again. In this way, patterns called grooves build up, which have a predisposition to be repeated.

Golfers use the same term.

It is as if the nervous system were like a record disk. Every time an action is performed, a slight impression is made in the microscopic cells of the brain, just as a leaf blowing over a fine grain beach of sand will leave its faint trace. When the same action is repeated, the groove is made slightly deeper. After many similar actions there is a more recognizable groove into which the needle of behavior seems to fall automatically. Then, the behavior can be termed grooved.

Because these patterns are serving a function, the behavior is reinforced or rewarded and tends to continue. The deeper the groove in the nervous system, the harder it seems to be to break the habit. We have all had the experience of deciding that we will not hit a tennis ball a certain way again. For example, it would seem to be a simple matter to keep your eye on the ball once you understand the obvious benefits of doing so. But time and time again we take our eyes off it. Often, in fact, the harder we try to break a habit, the harder it becomes.

If you watch a player trying to correct the habit of changing the position of the racquet when contacting the ball, he will usually be seen gritting his teeth and exerting all his will power to get out of his old groove. Watch his racquet. After it hits the ball, it will begin to turn over, following the old pattern; then his muscles will tighten and force it to return to the flat

position.

You can see in the resulting waiver exactly where the old habit was halted and the new willpower took over. Usually the battle is won only after a great deal of struggle and frustration over the course of some time.

It is a painful process to fight one's way out of a deep mental groove. It's like digging yourself out of a trench. But there is a natural and more childlike method. A child doesn't dig his way out of his old grooves; he simply starts new ones! The groove may be there, but you're not in it unless you put yourself there. If you think you are controlled by a bad habit, then you will feel you have to try to break it. A child doesn't have to break the habit of crawling, because he doesn't think he has a habit. He simply leaves it as he finds walking an easier way to get around.

Habits are statements about the past, and the past is gone; I am not even sure it exists, since I don't experience it except as a memory or as a concept in the present. There may be a deep groove in the nervous system, which will take your forehead on the rollover trip if you choose to step into that trench; on the other hand, your muscles are as capable as they ever were of swinging your racquet through flat.

There is no need to strain all the muscles in the arm to keep the racquet steady. In fact, it requires fewer muscles to keep it steady than it does to wave it over and under. Fighting the fantasy of old habits is what causes the conscientious tennis player to strain and tighten unnecessarily.

In short, there is no need to fight old habits. Start new ones. It is the resisting of an old habit that puts you in that trench. Starting a new pattern is easy when done with childlike disregard for imagined difficulties. You can prove this to yourself by your own experience. See you on the courts!



Back at The Ranch
By David Gibas
(352) 861-8180
www.theranchfitnessspa.com

Women and Weights

It is extremely typical for personal trainers to assign exercise prescriptions that are vastly different for their male and female clients.

Workouts for male clients typically involve challenging strength-training exercises with heavy loads. The workouts created for female clients more likely revolve around high repetitions, light weights, stability balls, and floor exercises.

These exercises won't get the same results. There is no real reason (except for personal limitation) that gender should dictate different strength training prescriptions. Men and women both build muscle the same way however women have less muscle mass and less of the hormones that drive muscle growth therefore the results are different.

Strength training with higher loads (bringing the muscle to fatigue or failure) is what builds muscle. Both men and women will build muscle with this type of training however the muscle growth is relative to the amount of muscle fiber. That being said, there are many unique issues that separate the genders: woman deal with pregnancy, hormone changes etc. These gender specific issues can interrupt or change your workouts for a time, but overall when it comes to building muscle and reducing fat, woman should train like men.

Ladies ... do you know what it takes to increase muscle size? First let's make sure we understand the difference between increasing strength and increasing muscle size (hypertrophy), which are two different things. It is absolutely possible for you

to increase your strength without increasing your muscle size. This strength gain is due to improving the efficiency of the neuro-muscular system. In simple terms this means that the nerves can "talk" to the muscles more efficiently. This translates into your body being able to recruit more muscle fibers therefore when you can use more of your muscle you are stronger. This does not necessarily increase your muscle size.

To increase your muscle size there is a very specific demand that needs to be put on the muscle. Muscle growth comes from a stress (strength training) that is placed on the muscle fibers. This stress to the muscle needs to be significant enough to cause microscopic damage to the tissue. Your body is a very protective mechanism and will work to repair this microscopic damage; this cellular repair is responsible for the hypertrophy (increase in size) of your muscle. Momentary muscle fatigue (when you feel like you need a break from that exercise) is an appropriate training response to facilitate this type of strength training. Although "no pain, no gain" is certainly not an appropriate measure for all workouts. If you want to increase your muscle size and change your body, you do have to push yourself to a point of fatigue, which might take you out of your comfort zone a bit.

Ladies, The Ranch has a challenge for you! Join us on Friday, May 22 for a ladies workout and night out! We will lead you in an X-Camp workout (designed to build muscle and burn fat) and then we will celebrate at the Candler Hills Restaurant immediately following the workout. Indulge in healthy appetizers and signature "skinny" cocktails. Don't miss this ladies only event (for Ranch members only or with the purchase of a guest pass) ... sorry no guys allowed!

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Horseshoe Club

By Jim Russell

New players continue to join our Tuesday morning play and we hope to see even more new faces in the coming weeks. On Monday, March 16, we had an excellent turn out of volunteers to move some new clay dirt that we mixed into the sand in each of the horseshoe pits. This combi-

nation of ingredients helped to firm up the pits, making for improved playability. Thanks go out to all who helped in this project, including the folks at the Softball League who graciously allowed our use of their spare clay.

On Wednesday, March 25, the backstops on all pits were replaced with new treated lumber. The project was completed a few days later with a fresh coat of paint. We want to thank Theresa Fields for approving this renovation project and having the work completed in a timely manner.

Cumulative results for the last four

weeks of play:

March 17

1: Carl Buchanan (19.5 wins/10.5 losses); 2: Ed Klodzen (16.5 wins/10.5 losses); 3: Ed Lalonde (16 wins/11 losses).

March 24

1: Carl Buchanan (22 wins/11 losses); 2: Ed Lalonde (19 wins/11 losses); 3: Ed Klodzen (16.5 wins/10.5 losses).

March 31

Final Standings for the Winter Season
1: Carl Buchanan (24 wins/12 losses); 2: Ed Lalonde (21 wins/12 losses); 3: Ed Klodzen (18.5 wins/11.5 losses).

Congratulations to our top three finishers in the winter season competition and thanks to all the others who participated: Carrie Beisler, Henry Vieu, Dan Ebbighausen, Jim Russell, Ed Bodnar, Pete Swanson, Dan Moore, Jack Barnes, Don Babcock, Rick French, Paul Pardee, Dave Hannasch, Bob Egger and Art Bartlewski. Hope we can add your name to this list

during our spring season, which began with matches played on Tuesday, April 7 and will conclude on Tuesday, June 30.

Spring season results:
April 7

1: Ed Lalonde (3 wins/0 losses) 2: (three way tie) Henry Vieu, Carl Buchanan and Ed Bodnar (2 wins/1 loss).

Our travel team finished in third place in the Tri-County Horseshoe League. We finished just one game out of second place and only four games out of first place. To give you an idea of just how close the competition was, we lost one game by a margin of less than one point. In reviewing the scores, it was determined that had we scored just four additional ringers at crucial points in the season competition, we might have finished in first place. But that's a case of woulda, coulda, shoulda! There is always next year.



Photo by Ed Bodnar

Members of the Horseshoe travel team for 2015 are Ed Klodzen, team captain Dan Ebbighausen, Carrie Beisler, Ed Lalonde, Jim Russell, Carl Buchanan and Dan Moore.



Candler Hills Ladies 18-Hole

By Pam Monk

Spring has finally sprung and we welcome in the warmer weather so we can consistently come out and play league golf. Also, sadly it is time to say goodbye to our snowbirds. We wish them all a good summer.

Our annual meeting will be held on Thursday, May 7, following golf. Lunch is provided and we will have our election of the 2015-2016 board of directors. Please plan on attending. We will award achievement pins and crown our club champion. The Club Championship will be determined from play on Thursday, April 23 and Thursday, April 30. Results will be published in next month's column so stay tuned.

New golf shirts have been ordered and should be ready soon. We selected a lovely lilac shade, which comes in many sizes and can be paired with many other colors.

Fresh from hosting our awesome Mid State golf event on Thursday, March 19, we are high on a great finish, taking us from last place in the standings to first place with 280 points and only two more tournaments left to play in the season, Seven Rivers and Ocala Palms hosting for Rainbow Springs. Information on Mid State and other invitational events are posted on our website and kept in our member book at the Golf Shop.

Non golfing highlights of the March Mid State event included the largest field

of any Mid State tournament since its inception, a magnificent breakfast buffet arranged and contributed by our members, a lovely lunch prepared and served in house, tireless volunteers who were the backbone of the event, a successful money tree raffle, talk of the town table arrangements and a supportive and hard working Golf Shop.

Golfing highlights start with Iro Lisinski shooting a hole in one on #17; our players collecting 160 points toward the Mid State Cup (20 points for each achievement) reported below; prize money wins by Bev Ovrebo, Iro Lisinski, Judy McGrath, Lynne Thesman, Gail Banavige, Toni Stevenson, Piper Thomas and Gail Schultz; and a lot of fun and good camaraderie.

Upcoming events are the Solheim Cup, an event put on by the Golf Shops between On Top Of the World and Candler Hills golf club members. Although this is not a league event, many of our members participate and we practiced the Best Ball and Alternate Shot formats on Thursday, April 2. As of this writing, one day of the tournament has been contested on Thursday, April 9. The standing after nine-hole best ball and nine-hole alternate shot is On Top of the World 14 and Candler Hills 12.

Mid State Event - Low Gross, Low Net & Low Putts March 19

Flight 1 Low Net: 65-Judie Anderson.
Flight 1 Low Putts: 28-Pam Carpenter.
Flight 2 Low Gross: 82-Donna Smith.
Flight 2 Low Putts: 30-Kathy Smyth.
Flight 4 Low Nets: 66-Vicky Salyers.
Flight 4 Low Putts: 33-Laurel Rohrer.
Flight 5 Low Gross: 91-Pam Monk.
Flight 5 Low Net: 67-Betty Werner.

NATIONAL SENIOR HEALTH & FITNESS DAY

Recreation Center | Wednesday, May 27th

The Recreation Center will be hosting special classes on this day to celebrate older adult wellness.

8:00 am	Warrior Circuit
9:00 am	Super Stretch
10:00 am	The Fab 5 Fight Falls
10:45 am	Move to Improve
10:45 am	Zumba Gold Rockin' Rhythms
11:45 am	Sit Fit Partner Party

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Ladies 18-Hole Golf

By Susan Rhodes

The Solheim Cup topped off a very busy month of golf, and I am happy to report that the Ladies 18-Hole League, winning 28-1/2 to 20-1/2, took the cup back from Candler Hills. "Hear-hear" to all the ladies! After the event, all the ladies enjoyed a good time at The Pub.

Congratulations to Deborah Martin who is both our club and league champion, after scoring low gross for each event.

Our own Iro Lisinski scored a hole-in-one on #17 at Candler Hills on Thursday, March 19 during the Mid-State golf event. She very generously treated us all to a round of drinks at The Pub following the Solheim Cup. Gretchen Normandin eagled #17 on the Links on the last day of the club championship (Tuesday, March 31), and Gail LaGrange followed with an eagle on The Tortoise & The Hare #5 on Tuesday, April 7. Kudos to all!

At our awards banquet, attended by 45 ladies, we honored our most improved player, Joyce Jones, who improved her handicap index five points over the year. Congratulations, Joyce! Also, receiving honors were the winners of the Ringer contest. The ringer score reflects the total of the lowest net score on each hole for each player over the period from the first Tuesday in October to the last day of the league championship.

The awards banquet marks the changing of the guard with new officers and board members. Our 2015-2016 board members are Nancy Zielinski (president), Deborah Martin (vice president), Jo Apperson (treasurer), Carol Johnson (past-president), Marilyn Rose (parliamentarian), Mary Lyon (tournament director), Linda Bervinkle (most improved/ringer), Elly Rapacz (birdies/hole-in-one), Sue Watters and Susan Rhodes (publicity/website), and Connie Sohl and Mary Chin (social).

We thank Harriet Hawkins and Chris McIntire for their service as vice president and birdies/hole-in-one, respectively.

Ringer Tournament 2014-2015

Flight 1: 63-Beverly Ovrebo. 64-Deborah Martin. 71-Gretchen Normandin.
 Flight 2: 74-Janet Juhlin. 78- Chris McIntire. 78-Linda Bervinkle.
 Flight 3: 77-Ruth Caraway. 79-Mary Lyon. 80-Geri Treppa.
 Flight 4: 82-Joyce Jones. Tie at 84-Shirley Smagner, Angelita Pena.

Ts & Fs-Individual Net



Photo by Larry Lucieer

Ladies 18-Hole Golf Solheim participants.

March 17/Links

Flight 1: 30-Beverly Ovrebo. Tie at 34-Peggy Borro, Christine McIntire. Tie at 36-Susan Maillet, Sandra DeChambeau, Connie Sohl, Harriet Hawkins, Rosemarie O'Neil, Deborah Martin.
 Flight 2: 31-Ellie Rapacz. 32-Carole Robinson. 34-Judith Pasch. 35-Mary McAtee. 36-Carol Johnson. Tie at 37-Angelita Pena, Dea Johnson, Yoshiko Young, Dawn Hagberg.

LGA Championship March 24, 26 & 31/Links, The Tortoise & The Hare, Links Overall League Champion (Gross):

241-Deborah Martin.
 Flight 1 Gross: 260-Beverly Ovrebo. 261-Gretchen Normandin.
 Flight 1 Net: 209-Iro Lisinski. 210-Peggy Borro.
 Flight 2 Gross: 269-Janet Juhlin. 287-Connie Sohl.
 Flight 2 Net: 208-Rosemarie O'Neil. 213-Linda Bervinkle.
 Flight 3 Gross: 276-Mary Lyon. 299-Susan Rhodes.
 Flight 3 Net: 214-Susan Maillet. 218-Molly Lucieer.
 Flight 4 Gross: 303-Jo-Ann Roney. 319-Joyce Jones.
 Flight 4 Net: Tie at 220-Carol Johnson, Angelita Pena.

son, Angelita Pena.

Best 9 Flighted (Net) April 7/Tortoise & The Hare

Flight 1: 30-Gail LaGrange. 32-Nancy Zielinski. 33-Linda Blewitt. 34-Gretchen Normandin. Tie at 35-Beverly Ovrebo, Lynne Dickson, Deborah Martin.
 Flight 2: 31-Sandy Chase. Tie at 32-Mary Driver, Mary Muller, Mary Lyon. 33-Rosemarie O'Neill. Tie at 34-Connie Sohl, Margaret Hudacik.
 Flight 3: Tie at 32-Fumie Veatch, Geri Treppa. 33-Susan Maillet. Tie at 34-Carol Johnson, Patricia MacMurray, Susan Rhodes. 35-Molly Lucieer.



Photo by Sandi Kemp

Kathy Petrosky led the Everyone Wins Club in a fun exercise/dance.



Everyone Wins Club

By Sandi Kemp

Every month at the Everyone Wins Club, we do something fun to take a break from bingo and burn a few calories from the great potluck dinner. At our March club night, Kathy Petrosky led us in a fun exercise/dance that had us literally tied up in knots! Why not join in the fun? We meet in Suites B and C in the Arbor Conference Center every third Sunday at 6 p.m. Call Sandi Kemp for details at (352) 237-9073.

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Larry's Fit Tips

By Larry Robinson

(352) 387-3571
larry_robinson@otowfl.com

Losing Big Means Winning Big!

The Biggest Loser weight loss program recently concluded with a record win ... or I should say loss! This February we had 35 residents participate in the six-week weight loss program, the largest group ever. Each Biggest Loser participant paid \$10 at the initial weigh-in. That money went into a 'pot' and was awarded to the person who lost the greatest percentage of body weight at the conclusion of the program.

This year's winner with a record weight loss of 28 pounds (which amounted to 13% of his body weight) was Tom Pinkowski, and that means Tom took home \$350! Way to go Tom! Congratulations to Tom and several of the other participants who had very significant weight losses and were also big losers.

On Top of the World offers two Biggest Loser programs each year. The Biggest Loser is a weight loss support group that meets weekly and runs for six weeks. The weekly meetings address various topics to support weight loss and weight maintenance such as balancing nutrients, reading food labels, exercise for weight loss and

ARBOR CLUB INDOOR POOL

Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
7:00 - 8:00 AM	Open	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk	Open
9:00 - 10:00 AM	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Open
10:00 - 10:30 AM	Open	Open	Open	Open	Open	Open
10:30 - 11:30 AM	Open	Open	Closed for Cleaning	Open	Open	Open
11:30 - 12:30 PM	Open	Open	Open	Open	Open	Open
12:30 - 1:30 PM	Aqua Belles	Open	Aqua Belles	Open	Aqua Belles	Open

* Fitness Pass required to attend class

Rules for Lap Swimming:

1. Swimmers should swim on the line.
2. If lanes are full, share the lanes.
3. When sharing lanes, swimmers of matched speed should share lane.

Recreation Center Pool

Monday through Sunday, 8 a.m. to dusk. Closed for cleaning the last Wednesday of every month.
Children permitted Monday through Friday, noon until dusk, all day Saturday, Sunday and holidays.

lifestyle management. Look for the next Biggest Loser program to begin in October.

Tom Pinkowski our Biggest Loser was kind enough to share some insight on his weight loss success:

Larry: What were your reasons for participating in the Biggest Loser program?

Tom: I had a heart attack in May of 2014 which came as a complete surprise to me. In my entire life I had never spent a night in the hospital, nor had a cold or took flu shots. I just view myself as being in perfect health. I always viewed exercise as being the key to good health but since I was in good health, I never exercised. I was a junk food addict eating chips, pretzels, popcorn and I always had two packages of cookies that I would snack on all the time. I weighed 255 pounds, and with the heart attack I knew I had to do something to change my eating habits.

Larry: What were your expectations in the beginning of the Biggest Loser program?

Tom: We came to On Top of the World in early November; I had already given up the junk food but really hadn't incorporated the idea of eating healthier. I started going to the gym (The Ranch) about once or twice a week, to see if that would help me in any way. I think I started to feel better about myself and I was losing a few pounds. I joined the Biggest Loser group solely to see what a classroom environment might bring to my quest to lose some weight. I had no weight loss goal in mind when I signed up.

Larry: How do you feel now?

Tom: By cutting down on your food intake (the amount of food you put on your plate), you soon realize that your body

really doesn't need all the food you have been giving it. Quality over quantity.

Larry: What have you learned from this?

Tom: The first things I learned and I should have recognized a long time ago is what you eat accounts for 80% of your health and well-being, pay attention to what you place on your plate and how much. Even today I don't eat enough vegetables, but I'm working on it.

Larry: How do you feel now?

Tom: At the initial weigh-in of the Biggest Loser program I weighed 224 pounds, and at the end I weighed 196. I'd still like to lose about 10 more pounds. I still eat some popcorn in moderation but haven't had a store bought cookie since May of 2014. Every day I tell myself feed your muscles not your fat. And I'm at the gym four to five times every week and loving it.

WEIGHT LOSS FIT TIP #1: Keep a food log, write down everything you eat. Food logs are great weight loss tools; they keep you focused on your goal and eating mindfully.

WEIGHT LOSS FIT TIP #2: Eating and exercising go hand in hand. What you eat and when you eat are important to supporting your workouts.

WEIGHT LOSS FIT TIP #3: Staying on track with exercise and nutrition will not only help you whittle your waistline, it will also help you boost your brain!

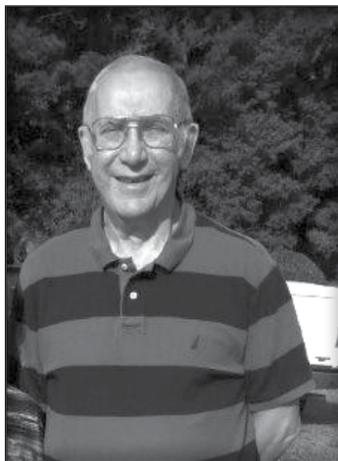


Photo by Jessica Pinkowski

Before (left) and after (right) photos of Tom Pinkowski, winner of the Biggest Loser weight loss program. Tom lost 28 pounds in the six week program!

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Fitness Happenings
By Cammy Dennis

(352) 854-8707 ext.7532
cammy_dennis@otowfl.com

National Senior Health & Fitness Day!

National Senior Health & Fitness Day is Wednesday, May 27! On Top of the World will recognize this very special day at the Recreation Center with a variety of fun filled classes. All of the fitness classes will offer something unique and also provide information highlighting important health and wellness topics for older adults.

The entire fitness team has come together to shape fitness classes designed to improve strength, flexibility, endurance, balance and function. Don't miss out on this special day of programming! Here is the fitness class schedule for National Senior Health & Fitness Day:

**Wednesday, May 27
8 a.m. - Warrior Circuit**

Tap into your inner warrior as you champion these strength and cardio circuits. The exercise design of these circuits will train muscular strength and endurance as well as your cardiovascular system. This class will provide a great full body workout.

9 a.m. - Super Stretch

A surprise is in store for your super stretch! Stretching is vital to keep your joints moving freely and without pain. Discover a whole new way to stretch your muscles, which will be something you can also do at home on your own. Don't miss the surprise, or the stretch!

10 a.m. - The Fab 5 Fight Falls

What are the "Fab 5"? Come to this special class and find out! These five fundamental movements are critical to human movement. Discover how to train these "Fab 5" movements to keep muscles strong and to lower your fall risk.

10:30 a.m. - Zumba® Gold Rockin' Rhythms (Recreation Center Ballroom)

Join in the National Senior Health & Fitness Day fun by celebrating in Zumba Gold's Rockin' Rhythms party. This low-impact, dance style workout is paired with energetic music designed to keep your feet movin', hips grovin' and faces smiling!

10:45 a.m. - Move to Improve

When we "move to improve" we are training our bodies to be more functional. Functional training is highly recommended and for good reason, this is how our

FITNESS SCHEDULE					
Recreation Center Effective: May 2015					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 AM	Oxycise	Oxycise	Oxycise	Oxycise	Oxycise
8:00-8:50	Zumba Mix Madelyne	Strength & Stretch Barb Anne	Wednesday Warrior Becky	Strength & Stretch Barb Anne	Dance Party Jessica
9:00-9:50	Tai Chi Art	A.B.C. Jessica	Stretch For The Stars Becky	KBKB Han	Stretch For The Stars Jessica
10:00-10:45	Balance Body Madelyne	(9:55) Chair Yoga Ashley	Balance Body Becky	(9:55) Chair Yoga Ashley	Balance Body Mary/Jessica
10:30-11:15	ZUMBA gold Kitti		ZUMBA gold Kitti		Light Aerobics Becky
10:45-11:30	S.O.S. Larry	Balance Body Jessica	S.O.S. Larry	Fallproof Function Jessica & Larry	S.O.S. Larry
11:45-12:30	Get Fit While You Sit Kitti	Light Aerobics DVD Class Cammy	Get Fit While You Sit Kitti	Light Aerobics DVD Class Jessica	Get Fit While You Sit TBA
1:00 PM		Fitness Orientations**		Balance Assessments**	

Recreation Center Fitness Center Hours: Monday-Friday 6:30 a.m. - 8 p.m.; Saturday 7 a.m. - 8 p.m.; Sunday 9 a.m. - 5 p.m.
**Fitness center orientations and balance assessments are FREE. Reservation required.

Arbor Club Ballroom/Studio					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45	Deep Water Aerobics* Pat	Shallow Water Aerobics* Barb	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barb	Deep Water Aerobics* Larry
9:15-10:15	Yoga* Barb Anne		Hatha Yoga* Barb Anne		Meditative Yoga* (Fitness Studio) Stuart
11:45-12:45	Adult Karate* Art			(11:00) Tai Chi For Joint Health* Art	

bodies move in real life. Come join this special class, which will focus on building "functional" strength.

11:45 a.m. - Sit-Fit Partner Party

Grab your buddy and join in the "Get Fit While You Sit" partner party! All of the exercises in this class are designed for two people to do together, bring a friend or make one in class! Have fun and share social time as you gain valuable physical activity.



Photo by Art Stalbow

Devoted karate student, Denise Meyer, is awarded her green belt! She is the first recipient of a green belt in the adult karate class at the Arbor Club.



Softball
By Bill Leon

Things are beginning to change within the Softball League. Dr. Dunn is still holding on to first place, but has been struggling and has lost the last two out of three games. Keeping them in first place are losses from the challenging teams.

The Pavarotti's team, which had been on a big losing streak, finally broke out and crushed the first place Dr. Dunn team by an 18-3 route. Despite the win, Pavarotti's team seems to be heading downward instead of up as they are now closer to last place. Richard Karam of Pavarotti's team came up with a shoestring catch while diving to the ground.

The Clock Doc team, which was the place mat for the league, has put a five out of six winning streak together. In one of their games, Santos Cintron made a leaping catch and Mark Reynolds made a back-handed catch on a ball hit over his head. Since making position changes, the Clock Doc team is playing better ball.

The Cebert Wealth and Tee Pee Tire teams keep bouncing back and forth within the standings. The Cebert Wealth team has lost some key players and may just be heading the wrong way if they can't manage to put some wins together.

The one team inching up on the first place team is the Tax Panic team with their steady hitting and clutch defensive

plays. There are still plenty of games to go so things can very easily change as the league runs into its final games in May.

Team	Won	Lost	Tie
4-Dr. Dunn (Paul)	24	16	0
6-Tax Panic (Jimmy)	22	18	1
3-Tee Pee Tire (Ed)	21	19	1
5-Cebert Wealth (Bill)	20	20	0
2-Pavarotti's (Jeff)	19	21	0
1-Clock Doc (Roger)	14	26	0

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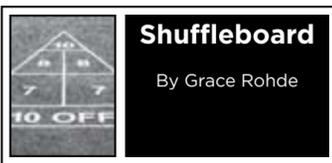
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Photo by Armann Rohde

Rick Vogel, winner, and Phil Crump, runner-up, received checks from President Charlie Lentz and Tournament Director Peter Van Arsdale for the Jack Huard Tournament.



The Jack Huard Tournament took place on Saturday, March 14, and drew 44 shuffleboard players to compete for winner and runner-up. This was our first attempt to have more than the normal cutoff of 32 players, because of the request from shufflers who would not have been able to compete in the tournament otherwise.

To accommodate all of the players, we first had to start the shufflers out by playing them in separate rounds and later combining them.

However, this was just only one of the challenges we had in keeping score. The wind decided to just somehow grow in strength – thus, we not only needed our hands to keep score, but also to hold the scoreboards down.

Nevertheless, our challenge was nothing in comparison with the challenge that the shuffleboard players had before them by competing with the many players that were there. In addition, the strong winds often veer the intended disc off its track, and for this reason the player may want to compensate for the wind with his/her

aim. As the tournament was progressing, the number of players soon began to dwindle. We were down to four players: Rick Vogel, Darryl Kenyon, Kerry Collins and Phil Crump. These players had already played for quite some time, but looking at them you would never have realized it, as they were enthusiastically ready to continue playing some more.

And play they did. Back and forth they went, trying one strategy after another in order to defeat their opponent. At the end of this round, we had the final round yet to play. Rick Vogel and Phil Crump would compete for the championship!

With the final round here, suspense was in the air. Rick and Phil were ready to compete with each other. Who would be the winner? Carefully they played, each weighing which strategy to use. The more the spectators cheered them on, the more Rick and Phil showed us even more of their spectacular skills and techniques. The winner of the 2015 Jack Huard Tournament was Rick Vogel who received a \$50 check, and Phil Crump, the runner-up, who received a \$25 check.

We want to thank everyone for their patience and positive feedback in this learning experience to accommodate more players. We also want to thank Dottie Migliaccio and Maxine Malone, our social events co-chairpersons, for serving refreshments, and a thank you to Beverly Van Arsdale who baked all of those delicious cookies.

The winners in league play were as follows for March:

Men

Monday a.m.: Jim Baker and Henry Vieu.
 Tuesday p.m.: Ernie Kelly.
 Wednesday p.m.: John Badorek.
 Thursday a.m.: Phil Crump, Danny Newby, Dennis Riddleberger, Peter Van Arsdale and Phil Weiner.
 Friday a.m.: Roger Werner.

Women

Monday a.m.: Vickie Lentz.
 Tuesday p.m.: Dottie Migliaccio.
 Wednesday p.m.: Isabel Savage.
 Thursday a.m.: Jane Lipps and Helen Monsees.
 Friday a.m.: Nancy Kowsky.

30 Club Men

Tuesday p.m.: Kerry Collins, Ernie Kelly, and Armann Rohde.
 Thursday a.m.: Phil Crump.
 Friday a.m.: Jim Keller.

Women

Tuesday p.m.: Edith Kolb.

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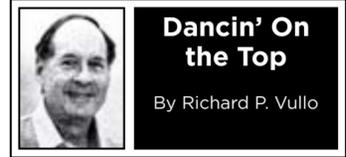
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Dancin' On the Top

By Richard P. Vullo

The Dancin' On the Top committee held its annual "Spring Fling" dance at the newly remodeled Recreation Center on Saturday, April 11. Al Sutphen of Solid Gold entertained 200 members. Everyone enjoyed dancing to his music and the tasty, complementary desserts at intermission.

Our schedule of dances for the remainder of 2015 is: Sept. 19, Nov. 7 and New Year's Eve. In future columns, we will provide the entertainers and dance themes. For information regarding membership in the Dancin' On the Top committee, please call Gene Melnick at (352) 304-8293.

During the summer break, we encourage our members to consider becoming active as a volunteer on our committee. Our dances are funded through our low-ticket prices due to the efforts of our volunteers. Supporting our committee by attending the dances is important, but each of us should also take turns helping preserve continuation of these dances for the benefit of our community.

Whether your interest is in ticket sales or marketing, selecting our musical entertainment, decorating the stage or tables, selecting treats to serve at our dances or handling our finances, your help is deeply appreciated. If you have questions about volunteering your services, please contact any one of the officers: Richard Vullo, chair, (352) 854-6772; Gene Melnick, music and ticket chair, (352) 304-8293; Kathy Younce, treasurer, (352) 566-602; or Grace Raymond, hostess, (352) 873-4454.

There's plenty of opportunity to dance here in On Top of the World starting with the weekly Friday Happy Hour at the Arbor Club Ballroom or Recreation Center (alternating weeks) and on Friday and Saturday night outdoors at The Town Square. The list of performers each week is listed in the World News.

There are many local venues that provide ballroom dancing opportunities throughout the year. For more information about dance lessons and dance venues, please check the website for USA Dance at www.usadanceocala.com.

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Sidekicks Western Dance Club

By Tony & Carla Magri

As the weather warms up and we spend more time dancing at The Town Square, it's time to touch on dance floor etiquette, as it applies not only to country western, but all genres of dancing.

Dances that travel should progress around the outside of the dance floor in a counter clockwise direction. Dances that remain more or less in one place should be performed in the center of the dance floor or in the corners of the floor so as not to block the movement of the dancers traveling around the floor. This would include rumbas, cha chas, swing, freestyle and line dance – anything that does not travel far.

For those who take any kind of dance lessons, it should be incumbent upon the dance instructor to teach dance floor

etiquette. It's the proper way to share the dance floor and add to everyone's dance enjoyment.

The Sidekicks celebrated eight different holidays with an "Everything Counts" party. Each table was appropriately decorated for that holiday and we danced to some holiday coordinated music. The decorations were outstanding and as usual everyone had a great time.

We're approaching the end of our regular dance year and will change over to our summer practice schedule soon. This has been an outstanding dance year with our beginners and experienced dancers both meeting and exceeding the challenges of their new dances. Our coordinators, membership, communications, party planners and decorators, sound engineer and, of course, our webmaster have done a fantastic job. Kudos to them all.

Visit us online at <http://patternancers.wix.com/side-kicks> or at www.youtube.com. Just type ro67ger in the search box. Happy trails ...



Line Dancing

By George Conklin

The evening weather has been great. Our newcomer line dancers and their practice class leaders are coming out to The Town Square at Circle Square Commons on Friday and Saturday nights to dance.

When we are dancing to our favorites, we know what dance to do but when the music is live there is always the question, "How do you know what dance to do when they are not playing the song as we have in class?" Our dance leaders are getting pretty good at picking dances that match the music being played.

What do we hear and how do we pick a dance? First we dance to music because it has rhythm, a beat, the guy with the drum or bass – the thump, thump, thump. The drummer sets the tempo to keep the band together; it is the same for dancers. We step when the drum goes thump. We listen to the speed and the emphasis of the beat. Is it a slow waltz (123, 123), a march beat (1234, 1234), a cha-cha (123 and 4), or a rumba or something else?

We then pick a dance we know that follows that same pattern and speed. At our Thursday night dance in the Recreation Center Ballroom, we have three groups

dancing to the same music. Dances include easy ones for the newcomers and more challenging ones for the more advanced dancers. We are often asked, "How do you remember all those dances?"

No one can remember all the line dances ... there are thousands of them and some songs have several dances choreographed to them. When we were young, we knew the words to all the popular songs, now we can sing along if someone else is leading us. It's the same with line dance; we rely on each other to remember how the dance starts and then easily dance along. Nearly everyone remembers at least one dance. When the music starts, someone will say this dance goes with that music and away we go. If it does not work out, what the heck, it is only a dance; we try again. The larger a group of dancers the more dances we can remember.

Stepping in a set pattern to the beat of the music in a line with your friends is fun. Come dance with us.

For detailed information, please contact Marilyn McNeal (newcomer, beginner and improver plus) at (352) 804-1546; Nancy Carmack (intermediate) at (352) 533-8870; or Janice Meade (level two) at (352) 861-9345.



Square Dancing

By Walter Lamp

We had our annual meeting on Tuesday, March 24. We made some changes to the club format and are still discussing other changes. We elected new officers for the upcoming season. Martha Zimmerman was elected our new president. Ellie Cyr was elected vice president. Jim and Mary Jo Hammond were re-elected treasurers and Mary Lamp as secretary. Gail LaRue was elected class coordinator. We want to thank Bob Lockwood for his two years as president and Louise Green for her one year as vice president.

On Tuesday, March 31, we had an early Easter dance. We had a chicken (not a real one), Easter eggs filled with small chocolates and some holiday tunes to dance to. Ron Libby provided some great songs for this occasion.

On Monday, April 13, we took a quick trip over to the Ocala Twirlers. We went to retrieve our banner for the off-season. With so many friends over there, we enjoyed the music, snacks and get together,

of two local clubs that share a number of members.

We had our beginners dance on Saturday, April 18 in the Recreation Center Ballroom. The beginners danced mainly to the mainstream calls that they learned with a little plus thrown in. The caller was Whit Brown from Orlando. Many regular club members, who serve as angels to guide the beginners along, also were there. Regular club members are more than happy to help the beginners and watch them improve. When my wife and I first learned square dancing, we had angels assist us to improve our dancing. We now return the pleasure.

On Tuesday, April 21, our caller Ron Libby was out of town. Bob Stern agreed to step in and keep us dancing and smiling. He calls down at Recreational Plantation in Fruitland Park.

April was the last month of square dancing, until the new season begins in October. Unless something newsworthy happens before then, this will be the last column for the season.

For those who want to either dance or just see square dancing itself, we have another club here in Ocala. They will be dancing all summer long. Give me a call at (352) 854-9378 for needed information on this dance. Have a great summer.



Ballet Club

By Eugenie Martin

The first dance in which I participated was one done around the Maypole. The dancers picked up long ribbons or streamers, and wove them over and under around the pole by splitting into two groups and dancing in opposite directions. The end result was a beautifully wrapped Maypole – well worth the confusion some of us found trying to remember whether we went over or under to do the proper wrap.

It is not necessary to decorate something to believe that dancing is worthwhile. To many of us, dancing is its own reward. I know that this is true for members of the Ballet Club. We enjoy learning, executing and improving steps done to beautiful music. We feel invigorated by our sense of accomplishment and, of course, by the physical workout. All exercise is good, but dance is extra special, particularly ballet.

Our classes are held in the Arbor Club Exercise Studio next to the indoor swimming pool. The classes are scheduled at varied times throughout the week to fit dancers' busy schedules. We have classes Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2:15 p.m., and Saturdays from 9 to 10:15 a.m.

Newcomers are always welcome, and no previous experience is necessary. Sev-

eral of our members started dancing here for the first time, and some came back to ballet after a long hiatus. You can join us as well. To start, all you need are exercise clothes, socks and a bottle of water. You can get ballet clothes later. We do request that you call before joining us. That way, my co-teacher

Julie and I will be ready to include you in the class. My telephone number is (352) 854-8589. Happy month of May and happy dancing!

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From Saturday, May 2 through Saturday, May 23 stop by to view an exhibit from the graduating seniors at West Port High School. Our spotlight artist is a potter, Zerina Bianchi.

A reception with light refreshments will take place on Saturday, May 2, 2015, from 5:00 - 7:00 pm.

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Candler Hills Ladies 9-Hole

By Judith Parisi

The Candler Hills Ladies 9 Hole League had their annual league championship Thursday, April 9 and 16. We had a great turnout by our league members. Please see our website at chlga9.shutterfly.com for the announcement as to the league champion for 2015 as well as the net flight winners from the tournament.

On Thursday, April 23, we had our annual membership meeting. Members enjoyed boxed lunches prepared by the Candler Hills Restaurant while everyone convened for the meeting events. The members recognized our outgoing board members, Gail Ambrose and Carol Deahl. Gail served as our president for the past two years, and Carol served as vice president. The League thanked them for their commitment and service and presented them a token of our appreciation.

Voted in for a two-year term, as new board members were Eve Harvey and Dotty Baird. They are joining the continuing board members: Pat Gill, Angie Ward, Sue Pleinis, Kathy Hall and Judy Parisi.

The board met following the meeting to select the officers for the 2015-2016 year. The line-up of officers is President Pat Gill, Vice President Eve Harvey, Treasurer Angie Ward, and Secretary Sue Pleinis. Members at large are Kathy Hall - invitational chair, Dotty Baird - handicap chair, and Judy Parisi - communications chair.

Signup sheets were available for members to indicate their interest in serving on special committees to include the holiday party, Valentine's Day event, tournament (weekly games), invitationals, and communication. A description of what is entailed on these committees is outlined on our website. Members who were not able to attend the annual meeting can contact the chairs of the committees to indicate their interest.

Kathy Hall prepared the recognition certificates for those who achieved birdies and chip-ins during our league year, which were accompanied by decorative pins ordered by Carol Deahl.

Denise Mullen presented the award for the most improved player. This designation is determined by a study of the handicaps of the members between the beginning and end of the league year. Members also renewed their membership for the new league year beginning in May and ordered league shirts in the new color - a soft turquoise blue.

We're excited about the upcoming league year. Kathy Hall already began work on the fall invitational, which we anticipate to have record turnout and support. More will follow as the new board formulates plans for the year ahead.

Thanks to all who helped make our 2014-2015 year so successful, especially our LPGA Pro Denise Mullen, the board, committee volunteers and all who participated in league events. You make it happen!

Stand Back Scramble March 19

39-Kathy Hall, Mary Giannukos and Judy Parisi. 40-Linda Mandala, Marcie Hock and Marilyn Mizrahi. 42-Olive Curtin, Pat Gill, Susan Layne and Eve Harvey.

Individual Stableford April 2

Flight 1: Tie at 20-Cathy McKeithan and Judy Parisi.
Flight 2: 22-Deb Malo; 19-Julie Crudele.
Flight 3: 20-Susan Layne; 18-Tina Hauser.



Photo by Judy Parisi

Incoming CHLGA9 board members, Eve Harvey and Dotty Baird.



Monday Bowling League

By Bob Lingis

After 29 weeks of bowling ending Monday, April 6, Team #11, Three Guys and a Doll are in first place with Team #20, the King Pins, in second place and Team #19, the Invalids in third place.

This week:

Women

High Game Scratch

184-Maureen Trgovic, 180-Barbara Lingis, 178-Georgie Maguire.

High Series Scratch

524-Maureen Trgovic, 508-Georgie Maguire, 499-Carol Oman.

Men

High Game Scratch

235-Charles Irvine, 227-Dennis Turnipseed, 224-Billy Boone.

High Series Scratch

664-Charles Irvine, 648-Dennis Turnipseed, 620-Billy Boone.

Season-to-date achievements:

Women

High Average

159.72-Carol Oman, 157.60-Hedy

Schamal, 145.87-Barbara Reynolds.

High Game Scratch

214-Lynn Shepherd, 212-Marianne Ingwersen, 196-Terumi Turnipseed.

High Series Scratch

561-Carol Oman, 537-Hedy Schamal, 511-Barbara Lingis.

High Game Handicap

269-Susan Fogg, 261-Caroline Caprano, 258-Peggy Dengler.

High Series Handicap

695-Maureen Trogovic, 688-Susan Mourar, 685-Barbara Buecher.

Men

High Average

187.82-Bob Vitale, 185.93-Dennis Turnipseed, 183.21-Jim Shepherd.

High Game Scratch

268-Jim Shepherd, 266-Keith Buckhold, 241-Szymon Kuskowski.

High Series Scratch

669-Bob Vitale, 659-Dennis Turnipseed, 608-Art Buecher.

High Game Handicap

299-Mike Asquino, 289-Bill Specht, 282-Elliott Wilkins.

High Series Handicap

724-Charles Irvine, 722-Allen Schneider, 717-Maurice Dubois.

The next column will have the team and individual awards for the year. Thanks for making this a great year of bowling.



R/C Flyers

By Elliott Wilkins

On Saturday, March 28, we had our annual spring Fly-In at the R/C flying field. There were 25 pilots of which 19 were residents and the other six from neighboring clubs. Approximately 400 people attended and had a great time watching the fly-bys and aerobic maneuvers performed by the expert pilots and their beautiful planes.

All enjoyed the food. We had great compliments from everyone who took advantage of the pepper, onion and sausage sandwiches prepared by chefs, Char-

lie and Bill. (They were a sell out!) The weather was a little bit cooler and windier than anticipated but the rain held up and all spectators, staff and volunteers had a good time alike.

Approximately 60 members including two new ones attended our monthly meeting on Monday, April 6, which brings our club membership to 114. President Gale Perry presided over the meeting and we had one show and tell plane presented by Jim Ellis on behalf of his neighbor who built it.

If anyone is interested in joining or just watching some of the best R/C pilots and builders in the area, come down to the R/C flying field any day of the week from 8 a.m. to 3 p.m. (weather permitting). Feel free to ask any questions about the club you may have.

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ARTS & ENTERTAINMENT

Crafts Galore

By Bob Woods
World News Writer

Are you looking for a special gift? One that stands out and will be everlasting? Every Tuesday, from September through May, from 9 a.m. to noon, crafters from our community set up shop in the Recreation Center Ballroom selling their hand-

made crafty originals.

One crafter recycles plastic grocery bags to create handbags. She makes three different sizes. If you want a special one

made, she will be more than happy to accommodate your request. You have to see them!

Another crafter makes all kinds of products out of wood including ballpoint pens. He even makes pens out of 50 caliber shell casings.

Other handmade items by crafters include quilts, placemat sets, coasters, kitchen towels, embroidered dollies,

large totes, handbags, baby blankets with matching caps, eyeglass cases, boot bling, and scarves.

Support your friends and neighbors to give that unique gift to someone special! If you are a crafter and would like to sell your items, please call Rene Beck at (352) 854-4918.



Photo by Bob Woods

Artistic Crafts & Gifts sell their unique handmade items every Tuesday in the Recreation Center Ballroom.

How Curious Are You?

By Anne Merrick

How observant are you? When you are on your way to a specific place do you go straight there with your mind only on your destination? It's pretty easy to forget to look around and notice the world surrounding you.

I'm a curious person. I like to know what, how, where and why of almost everything and I love nature, so looking around at the shapes of trees, plants, even weeds is second nature to me. The shapes of clouds can entertain for hours. I have many photos of cloud formations, but if I spy another interesting one I just have to take some more. Bright white, dark grey and black, some with rays of the sun shining through, and then there are the sunrises and sunsets, every one different and many spectacular.

How about the fog in the morning? At early sunrise there doesn't appear to be any, and then as time passes it rises and obscures the landscape. I watch it across the second fairway of The Tortoise & the Hare golf course as the houses and trees melt away.

Listening to the sounds of life around you is important. The bird songs are wonderful and the flash of color as they dive into the bushes catches your eye. The raucous cry of the crows as they speak to one another can be irritating, and if you answer them, imitating their cry, they stop

and listen and look for you. I have felt I had to be quiet on more than one occasion as their beady eyes looked right at me.

I am not particularly a people watcher but when I do I am amazed at how incredibly different we are from color, shape, size, age and movement. From the point of view of art, drawing, painting, sculpting, the more you observe the better you can apply form and function to your work.

By the Art Studio, there are wonderful shadows cast on the concrete walkway by crepe myrtles. These lilacs of the south have such interesting trunks and branches, which we all appreciate during the winter when the leaves are gone. We walk across the shadows as we go to paint. Most of us will notice them and some of us get carried away with our appreciation by photographing, discussing and looking for all the different effects.

Trees in general are pretty fascinating with new leaves at this time of year. Who knew there were so many different oaks?

So remember what an amazing world we live in and look around you all the time. You never know what you might see and hear. Come and join us on Thursdays and Saturdays from 9 a.m. to noon in the Art Studio at the Hobby Building to do whatever your form of art is. If you need more information, you may call Anne at (352) 732-0706.



By Margaret Edmiston

Shadows of crepe myrtles.



Photo by Lennie Rodoff

Shirley Schopf, backed up by Rich Cooperman, Janet Becker, and Bob Wroblewski sing "Broken Hearted Melody" at the 2015 The New Pretenders show.

Another Season Comes to an End

By Bill Shampine

The 2015 season for The New Pretenders is over. We did three shows at On Top of the World and four shows outside of our community, including Spruce Creek North, Ocala Palms, the Upstate New York Club at Oak Run, and for the Knights of Columbus at the Queen of Peace Catholic Church. All totaled, we entertained about 1,700 people, including 1,154 at On Top of the World. It was a wonderful season, and, we think, a grand show for you – our loyal fans.

As you may remember, we support several charities with the funds we earn from our shows. This year, we presented checks of \$500 to each of six charities: Sewing Bees, Dunnellon Food 4 Kids program, Florida Center for the Blind, Open-Arms Village, Center for Domestic Abuse & Violence, and Combat Boots to Cowboy Boots program. All of these charities are local, so the money stays in Marion County.

It is very gratifying for The New Pretenders to be able to offer this support to the local community. You, in turn, also should be pleased to know that a significant portion of your ticket cost goes to support local charities.

So now what? The music committee has completed their work, and we now have selected the songs for the 2016 season. I think you are going to enjoy the show. We have a lot of work yet to do, but

we have several months in which to do it. The singers have to begin to learn the lyrics to their songs, and the band has to study the scores of 29 or so songs. Individual members of our troupe will do this work over the summer. We will not get back together again as a unit until the first of October.

Last month, I offered you, our audience, the opportunity to make suggestions for songs you would like to see us perform. So far, I only received suggestions from one person. The offer is still good. We won't be using any of your suggestions for 2016 as those songs already have been selected, but 2017 will roll around like clockwork. So, let me hear from you. If you have suggestions for potential songs that we might consider for the 2017 season, please send me an e-mail at fabls62@cfl.rr.com. I will be happy to pass them along to the committee for their consideration.

I will not promise that we will use your suggestion, but I can promise that we will consider it. We may not use your suggestion because we don't have the personnel to do it well, we may have done it in an earlier show, or we may simply feel it is not right for us. We do repeat a song now and then, when it is particularly good, but not too often. Anyway, we would be very happy to hear from you.

Thank you, again. We look forward to seeing you at next year's performance on Feb. 12, 13, or 14, 2016!

Entertainment Group Winds Down Season on Charitable Note

By Ray Cech
World News Writer

This year the Entertainment Group hosted five shows at the Recreation Center, and if audience participation was any indication, they saved the best for last.

On Saturday, March 21, at the all-new and improved Recreation Center, the standing room only crowd was treated to great comedy and song. Glen Anthony led off the venue with some of the best and funniest stories ever told. He bills himself as the cleanest comic on stage and is living proof that you can bring the house down without the use of "bombs" used by so many comedians. And bring the house down he did.

Anthony was followed by the keynote act of the evening, a tribute to Tom Jones, by Jeff Gordon. If you closed your eyes and just listened, you'd swear it was Tom Jones standing there and not Gordon belting out "Delilah," and of course, you just had to sing along. It's amazing how one person can look, act and sound just like someone else. Both Tom Jones, - oops! Jeff Gordon,

and Glen Anthony got standing ovations from the crowd.

The final show of the season by the Entertainment Group is always a time when the board - Ed Morgan, Larry Wilver, Jeannie Nichols and Craig Ehle - give away their profits. This year, four local charities were given \$2,000 each. They were Marion County Senior Services, Interfaith Emergency Services, Volunteers of America who provide shelter for our veterans, and for the very first time, Habitat for Humanity. Larry Wilver was proud to be the presenter.

So far, the Entertainment Group has given away more than \$40,000 to local charities, along with donations to special projects here at On Top of the World.

This was the 20th season that the group staged entertainment at the Recreation Center for residents. Their schedule ran from August 2014 through March of this year, and they are now looking forward to an even more exciting 21st season.



Happy Hookers

By Marge Curran

April signaled spring, Easter, and the beginning of all things blooming. On the first Monday in April, the Happy Hookers put down their needles, hooks and yarns and set aside their various projects to enjoy lunch at Yummy House. It was a first-time experience for many of us and definitely worth the trip. These lunch outings are a regular event for the Happy Hookers on the first Monday of every other month.

If you are a crafter, be it knitting, crocheting, embroidery cross-stitching, etc., the Happy Hookers is the group for you. Our informal gatherings can be just the inspiration and motivation you need to get you through a difficult project or in-

spire you to create something new. We are always open to newcomers, and we meet year round on Mondays from 1:30 to 3 p.m. in the Art Studio of the Hobby Building. Please contact Naomi Berman at (352) 873-4328 if you have any questions.

Many new residents have joined us over the past several months and we encourage you to come and meet us. There's always room at the table for one more chair. To our snowbird friends, we hope you have a safe journey home and we will see you when you return.

Spring is also a time many of us do a little spring cleaning. If you come across extra crafting supplies such as yarn, crochet hooks, knitting needles, pattern books etc., please consider donating them to our group. Your leftovers could make a new hat for a child in need or a granny square for a special blanket. Call Marge Curran at (630) 336-7105 if you have items to be picked up.



Artistic Crafts & Gifts

By Barbara Lingis

This month, we are highlighting our gentlemen crafters, Phillip Lanzone and Joe Hilchey.

Phillip has been a resident for over 10 years and a member of our club for over a year.

Phillip is an expert in the art of quilting. He creates hand-made quilts in many designs and colors. He has quilts for children and adults and each has a solid back that is color coordinated with the design or pattern he uses. All of the quilting designs he uses are done by hand, not machine.

Phillip also has on his table a very large supply of placemats, which he sews. These come in sets of two, four or six. Each set is reversible and measures 18.5" by 14.5". These placemats come in an endless supply of colors and designs.

One of Phillip's signature creations is table runners. These come in sizes from 30" to 67". They have a different pattern on each side but are color coordinated.

Phillip has been quilting for over 30 years and his work is meticulous.

Our next crafter, Joe Hilchey has been a

resident for eight years and a club member for three years.

Joe has the unique talent of woodworking as displayed by the beautiful pens he creates from wood. Joe spends many hours in the wood shop using the lathe to create the tops and bottoms of these pens. He has created a large supply of pens in various sizes and designs. Joe purchases wood from all over the world to create the beautiful pens. Each one is unique and the insides of the pens he purchases from vendors online. He also has refills if needed.

Joe also creates acrylic pens with beautiful patterns and designs for both men and women.

One of Joe's signature items is pillboxes. These are attached to a keychain and unscrew so that pills can be placed in the hollow chamber. He also has money clips that have the same concept.

Joe has other items on his table such as seam rippers, wooden crosses, bookmarks, serving dishes and bowls.

Joe was a cabinetmaker by trade and his ability to take a block of wood and create such beautiful items is amazing.

Remember, you can see Phillip and Joe's crafts along with many other crafters every Tuesday in the Recreation Center Ballroom, from 9 a.m. to noon. Also, our last craft day for this season will be Tuesday, May 19 and our return date will be Tuesday, Sept. 8.

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Concert Chorus

By Patricia A. Woodbury

The Concert Chorus would like to thank all those who came and supported our spring concert, "Give My Regards to Broadway" on Sunday, April 26. We hope you enjoyed the show as much as we did bringing it to you. There is nothing like performing for a large audience! Thank you also for your generous donations. You may not realize, but all the songs we sing have a copyright and we have to purchase the sheet music. The music for any given song is not overly costly, but since we need many copies even a single song is a moderate expense. So your generosity will enable us to sing new songs for your entertainment.

Our thanks also go to our Director Audrey Strong and Joyce Walchak, our pianist, for their artistic talents, great effort and support that helped to make our per-

formance a success. Sadly, Joyce has announced she is retiring, after many years, as the chorus accompanist. We are grateful for these years and we will all miss her dedication and wonderful talent.

In April, the chorus elected a new board. Joan Stenson was thanked for her many years of service as the president of the chorus. David Wesenberg will replace her, the vice president is Emery Bjerkmann, secretary is Carolyn Slovits, treasurer is Linda Hein and member-at-large is Michele Bennett.

This will be the last column for a few months, as the chorus takes a break over the summer. We will re-gather in late August to begin preparing for our annual Christmas concert. The Concert Chorus rehearsals are in the Arbor Club Ballroom every Tuesday, from 9:30 to 11:30 a.m. All are welcome to drop by and hear us in practice. In the meantime, if you think you would be interested in joining the chorus, please contact David Wesenberg, president, at (217) 280-4454. We are always seeking people who like to sing and look forward to you joining our group.



Opera

By Bernie Kelly

This column marks the end of the Opera Appreciation Class for 2014-2015. To recap, we saw Puccini's "Il Trittico," Rossini's "Othello," Verdi's "Falstaff," Donizetti's "Lucia di Lammermoor," and Offenbach's "Tales of Hoffmann."

It is time to look forward to the next season beginning on Thursday, Dec. 3. The season will begin with Puccini's "Tosca." In our production, Eva Marton sings the role of Tosca and Giacomo Aragall is her lover, Cavadarossi. Evil Baron Scarpia sung by Ingvar Wixell lusts for Tosca and is willing to threaten the life of her lover to pressure her to submit to his advances. It is an outdoor staging at the Arena di Verona with its orchestra and chorus directed by Daniel Oren.

In January 2016, we will study Rossini's masterpiece, "The Barber of Seville," which he composed at the age of 24. We are going to see a production from La Scala, which was filmed in 1872 with Hermann Prey as the Barber. The two lovers, Rosina played by Teresa Berganza and Count Almaviva who is sung by Luigi Alva, spend all of their time trying to defeat the plan of Enzo Dara, Rosina's guardian who has decided that he would like to marry Rosina rather than just be her guardian. A good production like this from La Scala makes this two hundred

year old work seem as fresh as the day it premiered in 1816.

February is always Verdi and we are going to continue it next year with possibly the most staged of all operas, "Aida." We will see a Met production with some greats in the cast. Plácido Domingo and Sherrill Milnes are two of the stars along with Aprile Millo and Dolora Zajick. A younger James Levine conducts the Met orchestra.

In March 2016, we will see "The Marriage of Figaro" by Mozart. The music is marvelous and there are plenty of arias that the class will recognize. The only problem is that I will have to edit it to keep it in class time. Suzanna will be sung by Anna Netrebko with her husband to be, Figaro, played by Ildebrando D'Arcangelo. It's a 2006 staging by the Vienna State Opera with Nikolaus Harnoncourt directing the Vienna Philharmonic Orchestra.

We will close in April 2016 with "Carmen," which is the most popular opera composed by Georges Bizet. We are going to have from the early '80s with Plácido Domingo as a young Don José. Julia Migenes who sang more light works on Broadway than opera but in this movie she is a very sexy Carmen and acquires herself well as a singer. Rugero Raimondi sings the role of the bullfighter, Escamillo whose romance with Carmen, leads to her murder by Don José.

I hope the program for next season will encourage some new opera lovers to check us out in Meeting Room #3 in the Hobby Building starting on Thursday, Dec. 3, at 1 p.m.



Theatre Group

By Steve McDonald

Our Monday, April 13 monthly meeting (our final general meeting until September) included nominations and election of new officers and the following entertainment: Emcee Dick Phillips introduced a scene from the play "A Bad Year for Tomatoes" starring Anne as Myra Marlow, star of stage and screen; co-starring Emery as Reba, a neighbor; and also co-starring Marilyn as the off-stage voice of Myra's imaginary mad sister.

In this scene, Myra has rented a cottage in a small New England town under her real name, Myrtle Durdle, in order to write her memoirs incognito and undisturbed. However, a steady stream of visits from well-meaning neighbors, such as "hospitality lady" Reba Harper, has kept Myrtle from her writing. In this scene, Reba returns to revisit Myrtle - this time bringing a homemade gooseberry pie. The scene shows to what length Myrtle will go to discourage her neighbors so she can get on with writing her memoirs. (Anne described the stage setting.)

Additional entertainment included a skit by Gary, Emery and Marilyn entitled "All About Technology;" Marilyn

performed a monologue "Say That We're Sweethearts Again;" Steve joked on "Results from the Doctor's Visit;" Dick joked about "Government Chemistry;" Jim performed a monologue based on a routine by Andy Griffith; and Gary joked about a "First Date."

Our May meeting will be our year-end dinner at a restaurant yet to be determined, and after that, only the storyboard committee meets once a month, or as needed, until the September board meeting and general meetings start again.

Our storyboard committee has been reviewing the writing talents of Dick Phillips in order to finalize our November presentation for residents. Auditions for our November show will start in July and we are looking for new "entertainers."

The September general meeting is when dues are paid for the next season (only \$5 per year). We have a great time and we are certain you will not be disappointed if you choose to become a member. Please call Steve at (812) 344-1936 or Marilyn at (352) 390-3889 for more information and if you would like to be a part of our group.

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Sewing Bees
By Linda Lohr

We are working hard at the hive, getting all the work we can from our snowbirds until they leave for up north!

Many people will be traveling during the coming months, but there is always a core group to keep our supply of quilts ready for delivery.

We thank all those who stopped by our tables at the recent Rags to Riches. As it is our main fundraiser, we thank you for purchasing a quilt drawing ticket, a pillowcase, a quilt or any little trinket that caught your fancy.

We thank The New Pretenders for their

generous donation to our club, which helps us continue our work for the children.

Our mission is to provide comfort for the abused, abandoned and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Studio, from 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. You may find our club is just what you have been looking for to round out your week.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use!

Please contact LeeAnn (352) 854-7205 or Rita Miller (352) 237-6660 for more information. As always, the children and we thank you for all your support.



Photo by Linda Lohr

Some of the Sewing Bees' stuffed animals ready for delivery!

Ceramics
By Marilyn George

This month, we are profiling our ceramics instructor, Wannetta Clouse. Wannetta hails from Columbus, Ohio, where she owned and operated a ceramics store. Wannetta has been delving in ceramics since 1962 and has been teaching the art since 1968. She has been a resident of the

Sunshine State since 1975 and for the last 25 years, a ceramics teacher here at On Top of the World.

In her spare time, Wannetta enjoys knitting, crocheting, and the company of her family.

The Ceramics Club runs all year round, so if you are looking for something new and exciting to do over the summer, why not give ceramics a try? We're in the Art Studio of the Hobby Building every Monday and Wednesday from 10 a.m. to 1:30 p.m. Flexibility is key so you can tailor your attendance to meet your schedule.



Photo by Marilyn George

Ceramics instructor, Wannetta Clouse, working on a project.

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Photo by ShutterBug Connie Filip

Honorable mention novice category:
Ripe abundance.



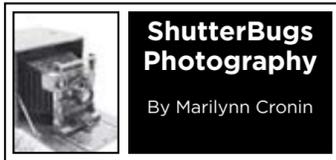
Photo by ShutterBug Paul Rubly

Honorable mention novice category:
Serene sunset.



Photo by ShutterBug Pat Anderlot

Honorable mention novice category:
Horsecart competition.



ShutterBugs Photography

By Marilyn Cronin

In April, 16 of us went to Jacksonville to spend the day at the Jacksonville Zoo. This is a wonderful zoo for photography; lots of room for the animals and therefore, lots of opportunities for great pictures. After a day at the zoo, we all went to BJ's for dinner. We stayed overnight in Jacksonville and then Tuesday travelled on to St. Augustine. Many in the group went to the Alligator Farm for animal and bird photos. Others went touring St. Augustine, and others shopping. No trip is scheduled in May because of our annual picnic.

PHOTO TIPS: By taking a few precautions, you cannot only increase the life span of your photographic equipment, but you can also enhance its functionality and performance. Here are six deadly predators and a few invaluable tips to avoid them:

1. **Moisture:** There are innumerable ways in which moisture can end the life of your camera. Always use a neck or wrist strap to prevent the device from falling into water. To avert damage due to condensation, keep silica gel packs in your camera bag. They will absorb all the moisture that is formed as you move from one temperature zone to another. In humid environments, wipe the equipment often.
2. **Dust:** Dust is another natural enemy of your digital camera. Dust does the greatest damage when it settles on the inner parts of the equipment. The image sensor is one such region that's easily damaged by dust. While traveling, keep your camera in a sealed bag, and from time to time, get it professionally cleaned.
3. **Salt:** Ocean beaches provide a number of excellent photographic opportunities, but they're also dangerous places as far as your camera is concerned. Salt found at beaches gets into your camera and causes problems, including corrosion; frequently wipe the device. When not shooting, keep the camera in your camera bag, and avoid opening it for changing lenses, memory cards, or batteries.

4. **Sand:** Sand is even more dangerous than dust. Coarse and abrasive sand particles can cause extensive damage to the moving parts. Use cleaning brushes to remove the gritty sand particles.
5. **Jerks and Bumps:** Under all circumstances, protect your camera from jerks and bumps, because they have the potential to cause severe damage. When not in use, keep your camera in a protective camera bag.
6. **Creams and Lotions:** Sunscreen, mosquito repellent, anti-allergy ointment, and so forth have chemicals that can harm your camera in many ways. Keep these chemicals away from the equipment.
7. **You have to fervently protect your photographic equipment from thieves.** In risky places, make sure that the bag is zipped up and tightly fastened. Consider getting your camera insured, and also avoid taking it to places where it is not needed.

Please enjoy the photo displays by our members in the Freedom Library and the Master the Possibilities lobby. Feedback is appreciated.

The ShutterBugs meet every Tuesday at 3 p.m. in the Arbor Conference Center, Suites B and C. Annual fee is \$12. For more information, contact Gary Uhley at guhley@cfl.rr.com.



Rubber Stamp Greeting Cards

By Linda Lohr

Our presenter for Friday, April 17 was Ellie Richards. One card featured a cute owl on a card that could be used for many different occasions. The second card featured a stately goose for a handsome masculine card.

We thank Ellie for her presentation and we also thank her for securing our room each year and arranging for a demonstrator each month. Great job, Ellie!

Anyone can be a presenter – and the cards do not have to be fancy or compli-

cated. Our group is based on friendship and socializing, and helping each other play a big part of the club!

Our group is open to all crafters, beginners or those more experienced. One or two people do a presentation each month. The group usually meets the first and third Thursdays of the month, unless the demonstrator requests other arrangements. There are basic supplies that are needed, such as a trimmer, glue, scissors and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, please call at Kathy at (352) 237-6439. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!



Photo by Ellie Richards

Cards presented by Ellie Richards.

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MAY SPECIALS

MONDAY-SATURDAY - HAPPY HOUR 1 PM - 3 PM
\$2.50 DRINKS

We will no longer offer food during Friday night Happy Hour held at the Recreation Center Ballroom. Therefore, you are welcome to bring your own snacks. Please note that drinks will still be available for purchase.

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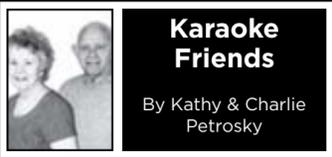
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There were surprises on prop night. We did not know Gary Z played the guitar. He came in his cowboy hat and let us know his heroes have always been cowboys. We had animals too. Gary came with his dog named Boo. Tari had the birds and bees flying around her head. We had a unicorn and learned why we don't see them anymore. Shirley paraded in her Easter bonnet. Since it was the day before St. Patrick's Day, we had several Irish songs as well.

We would like to highlight Bob and Norma Batton this month. They moved to On Top of the World in 2006 from Cleveland, Ohio. Norma began singing with the karaoke groups. It was there that the Singing Singing Seniors discovered Norma and had her join the group.

Bob wasn't sure he wanted to sing in front of an audience even though he was part of a doo-wop group in the U.S. Navy. He soon got the nerve to sing and now doesn't want to stop. He won "The

World Has Talent" show in 2013 and sings monthly at the Oak Run Showcase of Stars.

Norma grew up in a large family and was always asked to sing while her brothers played the guitar. She can be found singing along with Bob at the Oak Run Showcase of Stars and at various venues around town.

Norma and Bob were members of the Theatre Group. They love their life in On Top of the World and keep busy playing cards, bocce and singing with friends and neighbors.

We had two new singers join us this month. They came to listen and caught the "singing bug." To break herself in, Fran sang a duet with Patty. Lora entertained us all. She danced as she sang. Patty and Fred did a duet as well. We are waiting for Fred to get the nerve to solo.

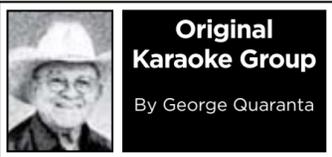
You do not have to sing to come to karaoke. Several come to watch. The Dancing Jewels came and helped John as he sang the blues. They also came in with their guitars and danced to "Jail House Rock."

We welcome new members and observers. We meet on the first and third Mondays in the Arbor Conference Center, Suites E and F, from 6 to 9 p.m. Come join us on Monday, May 4 and Monday, May 18. We'll be looking for you.



Photo by Charlie Petrosky

Norma and Bob Batton.



15 Reasons You Need to Start Singing Every Minute of Every Day

1. Singing releases endorphins, which makes you feel instantly happier.
2. When you sing you also release oxytocin, which is a natural stress reliever and is found to alleviate feelings of depression and loneli-

3. You'll also sleep better, as a result of being less stressed.
4. Tests have shown that singing improves heart rate, which reduces the risk of heart disease.
5. When singing with someone else, your heart rate can even sync together.
6. Your posture will get straighter and you'll gradually look more confident.
7. Your feelings of safety and confidence increase when you sing in a group.
8. It's actually a good workout. You'll work out your lungs, improve circulation, and tone your abdominal muscles.

9. Singing also has been proven to boost your immune system.
10. If you are congested, just hum a little number and you'll open up your sinuses and respiratory tubes.
11. It's really good for your brain and will enhance your mental awareness, concentration, and memory.
12. You'll develop healthier breathing patterns, which can help cope with various lung diseases.
13. It's been used as an all-natural way to help treat dementia, lung cancer, depression, and chronic pain.
14. You'll probably live longer in gen-

15. So raise your voice, because the benefits are endless! Not to mention the friends you'll make when you come to karaoke! It's just out right fun!

We want to welcome back Frank, Ferdie, and Marietta. I hope you continue to join us. Don't forget we meet on the second and fourth Monday at 7 p.m. at Candler Hills Community Center. Come join the fun and stay healthy.

Always remember, words make you think, music makes you feel, and songs make you feel a thought! For more information call George at (352) 873-9667

It's Showtime!

By Bob Woods
World News Writer

There are only a few shows left in the Winter/Spring Entertainment Series at Circle Square Cultural Center! Don't miss out ... buy your tickets today!

**The World Has Talent
Saturday, May 2**

This talent show features amateur performers aged 55-plus from On Top of the World and neighboring areas. Two participants out of the 10 finalists from the auditions held back in February are from our community. All are vocalists except one and all are fantastic! Don't miss this talent show and come support all these amateur

performers.

**Rockin' 60s Party - Paul Revere's Raiders featuring Mitch Ryder
Saturday, May 9**

Paul Revere and the Raiders have been performing rock music since the 1960s. Some of their hits include "Hungry," "Let Me," "Just Like Me," "Baby Please Don't Go," and many, many more. Mitch Ryder's recorded hits go back to 1962 when he recorded "That's the Way It's Gonna Be." Other hits include "Like a Rolling Stone," "You Are My Sunshine," and his list of musical accolades continues.

To purchase tickets, stop by the Circle Square Cultural Center ticket office at 8395 SW 80th Street or go online to www.csculturalcenter.com.

Let's watch the lights dim as the curtain rises. It's showtime!

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Sid's Coffee - Shop & Deli 8415 SW 80th St., Ocala, FL 34481 (352) 236-5447	Monday - Saturday, 7:30 am - 3 pm <i>Serving Breakfast and Lunch!</i>
Visiting Angels 8405 SW 80th Street, Suite 14, Ocala, FL 34481 (352) 620-8484 visitingangels.com	Monday - Friday, 9 am - 5 pm

#10746-05/15



Spring Tribute

Once upon a day in May
When the earth was blest with spring,
A soft rain fell on thirsty fields
Refreshing everything.

New leaves danced on greening trees,
With every drop of rain.
The balmy air was fresh and clean,
For, it was spring again.

Trickling streams went singing on,
Because of running free,
Babbling brooks seemed joyful too,
All rushing to the sea.

Spring's a grand awakening
For every tree and flower.
The scene keeps changing rapidly,
Almost hour by hour.

Warm sun and rain do wonders
To change a winter scene
Into awesome spring beauty,
Draping trees with lacey green.

A robin's first song stirs the heart,
As rainbows paint blue skies,
Then, one feels spring within the soul,
Where love of beauty lies.

CLASSIFIEDS

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing. Estate or Tag Sales must be registered and approved by Customer Service prior to advertising.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$25; four lines (28 words) is \$30 and five lines (35 words) is \$35. A six-month rate is also available; call 854-0248 or e-mail otownnews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to On Top of the World News. Send ad and payment to The World News, 8447 SW 99th Street Road, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownnews@otowfl.com or left in the locked mailbox marked "On Top of the World News" outside left of the Sales Center doors.

For Sale

Appliance: Danby refrigerator (DFF8803), 8.8 c.f. (352) 854-2854.

Bicycle: Women's Trek 7100, silver 14" hybrid, aluminum frame, adjustable suspension seat, \$115 / obo. (352) 414-1969.

Estate Sale: Friday, May 22 & Saturday, May 23, 8:30 a.m. to 1 p.m. 8712-A SW 92nd Street (Friendship).

Exercise Equipment: Bowflex. Folds up and takes little space. \$300. (610) 304-1273.

Furniture: Antique buffet, secretary, fireplace, washstand, small drop-leaf table & mirror. (352) 873-2162.

Furniture: Chair stools (2), counter-height 24", square seat 16"x16". Light wood-blond with cane seats. \$50 for both. (352) 873-1297.

Furniture: Dining room table (54" x 54") with four chairs and 18" leaf insert. \$300 / obo. (352) 414-5448.

Golf Carts: Best prices, reconditioned or prior owned. We also buy & accept consignments of golf carts. (352) 256-9068 (resident).

Golf Cart Tires (5): 18x8.5, \$10 each. (352) 861-2540.

Golf Equipment: Ladies golf bag and Callaway Big Bertha driver, 3, 5, 7 woods; Judy Rankin irons 4-SW; putter, \$35 for all. Men's golf bag and Adams Tight Lies driver, 3, 4 hybrids; Adams Idea 5-SW irons; off-brand 3, 5, 7, 11 woods, putter, \$75 for all. (352) 237-7366.

Golf Equipment: Clubs (5), \$3 each. Balls (60), 50¢ each. (352) 861-2540.

Golf Equipment: Taylormade & Callaway drivers, \$20 & up. Taylormade, Callaway & Cobra fairway woods, \$10 & up. Taylormade & Callaway hybrids, \$15 & up. Ping, Callaway & Taylormade sets of irons, \$60 & up. Taylormade, Odyssey & Ping putters, \$10 & up. Wedges & miscellaneous irons, \$5 & up. (352) 861-1632.

Mattress Overstock Inventory: 50-80% off retail! New in original plastic and under warranty. All sizes and styles available. Pillow-top, plush, firm, memory foam and gel beds. Adjustable beds as well. Please call (352) 484-4772.

Misc. Items: Igloo mini refrigerator, hard plastic case of household tools, 6' pool float, cuff links (7), 10-cup electric coffeemaker, air purifier, 15-piece wok cooking set. (352) 854-5645.

Misc. Items: Noritake china and crystal. (352) 873-2162.

Propane Tank for gas grill, \$20. (352) 414-5448.

Recumbent Bicycle: 2006 Bacchetta Belladaira, red with many extras. (352) 861-0660.

Serger: Janome (1110DX) with carrying case and ruffler attachment, \$300. (352) 304-8636.

Tag Sale: Saturday, May 2, 8 a.m. to 1:30 p.m. 8775-A SW 91st Place (Friendship Colony).

Tag Sale: Saturday, May 2, 8 a.m. to 2 p.m. 8069 SW 78th Terrace Road (Indigo East).

Tag Sale: Saturday, May 2, 8 a.m. to 2 p.m. 8077 SW 78th Terrace Road (Indigo East).

Tag Sale: Saturday, May 2, 8 a.m. to 4:30 p.m. 8874-B SW 95th Street (Friendship Village).

Tag Sale: Friday, May 8 & Saturday, May 9, 8:30 a.m. to noon. 8749-E SW 92nd Lane.

Tag Sale: Friday, May 8 & Saturday, May 9, 9 a.m. to 2 p.m. 8665-E SW 94th Street (Friendship Colony).

Tag Sale: Friday, May 8 & Saturday, May 9, 8 a.m. to 2 p.m. 9392-B SW 97th Place (Crescent Ridge I).

Tag Sale: Friday, May 8 & Saturday, May 9, 8 a.m. to noon. 8647 SW 83rd Loop (Candler Hills).

Tag Sale: Saturday, May 9, 8 a.m.

to 4 p.m. 9200-D SW 83rd Court (Friendship Colony).

Tag Sale: Friday, May 15 & Saturday, May 16, 8:30 a.m. to noon. 8895-C SW 91st Place (Friendship Colony).

Tag Sale: Friday, May 15 & Saturday, May 16, 9 a.m. to 4 p.m. 8719-B SW 92nd Lane (Friendship Colony).

Tag Sale: Friday, May 15 & Saturday, May 16, 8:30 a.m. to noon. 8895-C SW 91st Place (Friendship Colony).

Trike: Sun EZ, blue with basket, speedometer, light. (352) 414-1698.

Yard Equipment: Craftsman electric trimmer (Weedwacker), 12" cutting path includes manual, \$25. Black & Decker cordless garden shear with manual & charger, \$15. (352) 854-8425.

Services

AllThingsPowerWash.com: Pressure & soft washing. House, gutters & driveway specials. Free estimates. Vincent Davino (352) 209-4416.

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at (352) 873-1297.

Auto Wash-N-Wax: \$29.95 most cars, inside and outside. Pick-up, van or SUV add \$10. Leave message or text (352) 445-6678.

Blinds Repaired: In your home. Repairing shades & drapery hardware. Certified & experienced installer. Call Gary or Kathy at (352) 344-3805.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. (352) 586-8459, Bob.

Carpet & Tile Cleaning: Country-side Chem-Dry, serving On Top of the World residents for 15 years. (352) 307-4100.

Cat Boarding and Sitting: Provided by loving experienced Cat Nanny. On Top of the World resident. (352) 854-8589.

Ceramic Tile: All types of installation and repair. 20+ years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.

Cleaning by Evelyn Lee: Windows, house cleaning, deep cleaning, move outs. Lic. #A27450 & insured. (352) 629-0855 or (352) 286-6055. www.sunshinecleaningocala.com.

Clock Doc: Clock repairs with free estimates. Call Cliff (resident) at (352) 246-2438.

Computer Help: House-call technical support for your computer, Internet, software and home office needs. Basic hourly rate \$45. Same-day callback service. Prompt, courteous and reliable. Contact Arthur in Friendship at

(352) 875-7878.

Computer help is just around the corner! Call Doorstep Techs at 351-TECH (8324) or visit us on the web at www.doorstepstech.com.

Custom Computer Instruction: Enrich relationships via computer card and gift giving. I'll teach you how at no charge; and you even get to send your first card for free too. Call Steph (resident) at (352) 873-2100.

D&D Painting of Ocala LLC: Interior/exterior painting and handyman services. Licensed & insured. 35 years experience. 10% discount for seniors & veterans. References available. Doug (352) 512-3852 or Donna (352) 425-3869.

Hair Care: In your home. Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, (352) 237-3347. Service homebound.

Haul Away: Most unwanted household items for free. Appliances, electric tools, yard equipment, dishes, electronics, etc. Richard (352) 256-9068 (resident).

Laminate & Tile Floor Installation: Plumbing, electrical work, general carpentry and painting. Satisfaction guaranteed. Resident for 12 years. Dan (352) 425-1046 or Bill (352) 873-1826.

Massage Therapy: In your home. Swedish, deep tissue, hot stone therapy and stretching. \$50/hour. Stuart Feinman (MA49878) (352) 812-3853. www.healingsprings-massage.com.

Need A Ride? Door-to-door service for all your needs. All airports, doctor appointments and errands. References available. Call Sandy at (352) 351-9407.

Painting: 25 years experience, 10% discount, excellent references. Pressure wash house for free with paint job. Call Danny at (352) 547-9588.

Painting: 35 years experience, spring specials, free estimates, specializing in colors, quality service, affordable prices, references. Frank the Painter (352) 237-5855 (resident).

Painting: Add a Little Color to your Life! Free estimates, insured, references and photo gallery available at Suespainting.com. 10% off for residents. Sue's Painting (352) 237-0892.

Plumbing Pros: Over 20 years experience. Honest, reliable, and affordable plumbing and drain cleaning service. Available 24/7. Call today (865) 203-2045.

Pressure Washing: Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. Gary (352) 547-9153 (resident).

Pressure Washing: Houses, driveways, gutters, porches, wash windows & yard work. Free estimates. 12 years experience. Call Steve (352) 237-5338 (resident).

Sliding Glass Door Rollers & Track Repairs: Repairing sliding garage screen doors, window hardware, doors, locksets, cabinetry, under sink rot & sliding shower doors. Installing woodwork & moldings. Insured. Call Steve, S&T Quality Services LLC (352) 207-8682.

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Steve's Handyman Service: Doors, shelving, general carpentry. On Top of the World resident. Call Steve at (352) 854-4927.

Tax Preparation: Federal and required state returns, notices and audits. IRS licensed enrolled agent and resident. E-mail paula@taxpanicsolutions.com or call Tax Panic Solutions at (352) 861-8095. Proud sponsor of On Top of the World softball.

Transportation: Airports (Tampa, Orlando, Sanford, Gainesville). Safe & reliable service. Call Phil (352) 497-7670 (resident).

Transportation: Doctor appointments, shopping, errands. Call Anna (resident) at (352) 615-0174, leave message.

Transportation: Looking for someone to take you to your doctor's appointment, mall, movie, or outing for the day? Please call (856) 313-4757.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, (352) 861-1163.

Transportation: Roundtrip rates include tip! Non-smoking, new car, personalized. Local starts at \$8, Shands \$45, Tampa \$85. Eve Rose (352) 502-5551.

Windows Replaced & Patio Enclosures: George Watkins (352) 587-2735. Certified residential contractor #1330701.

Wanted

Antiques, Collectibles, clean furniture, household, tools, costume/precious jewelry, military, & U.S. coins. We buy entire estates for cash. Next American Picker new location 8296 SW 103rd Street Road, Ocala. Larry at (352) 400-8397.

Donations: Musical instruments for local students; Ed at (352) 304-8206. Personal hygiene items for homeless shelters, pet food & blankets for animal shelters, shoes for needy & used cell phones for overseas troops; Donna at (352) 237-3062. Shoes and sneakers for the needy; drop off at Arbor Club office. Yarn for lap robes for VA hospitals and newborns; (352) 854-0449.

Guns: Buying guns (new, old, any condition), gold and silver. Estate appraisals. (352) 867-0381 (home) or (352) 266-9781 (cell).

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FLOOR FACTORY OUTLET

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- Your 4th putt is considered your easiest shot
- You've had to get your ball retriever regripped
- You consistently yell 4, score 6 and write down 5



You Might Need New Flooring If ...

- Your carpet is 5 years+ old, matted down with a musty smell
- Your tile and grout are cracking or you hear hollow tile
- Your laminate or hardwood floors are worn or buckling
- Your vinyl is loose or peeling in the corners

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